

September 29th 1973 Vol. 27 No. 39

a

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

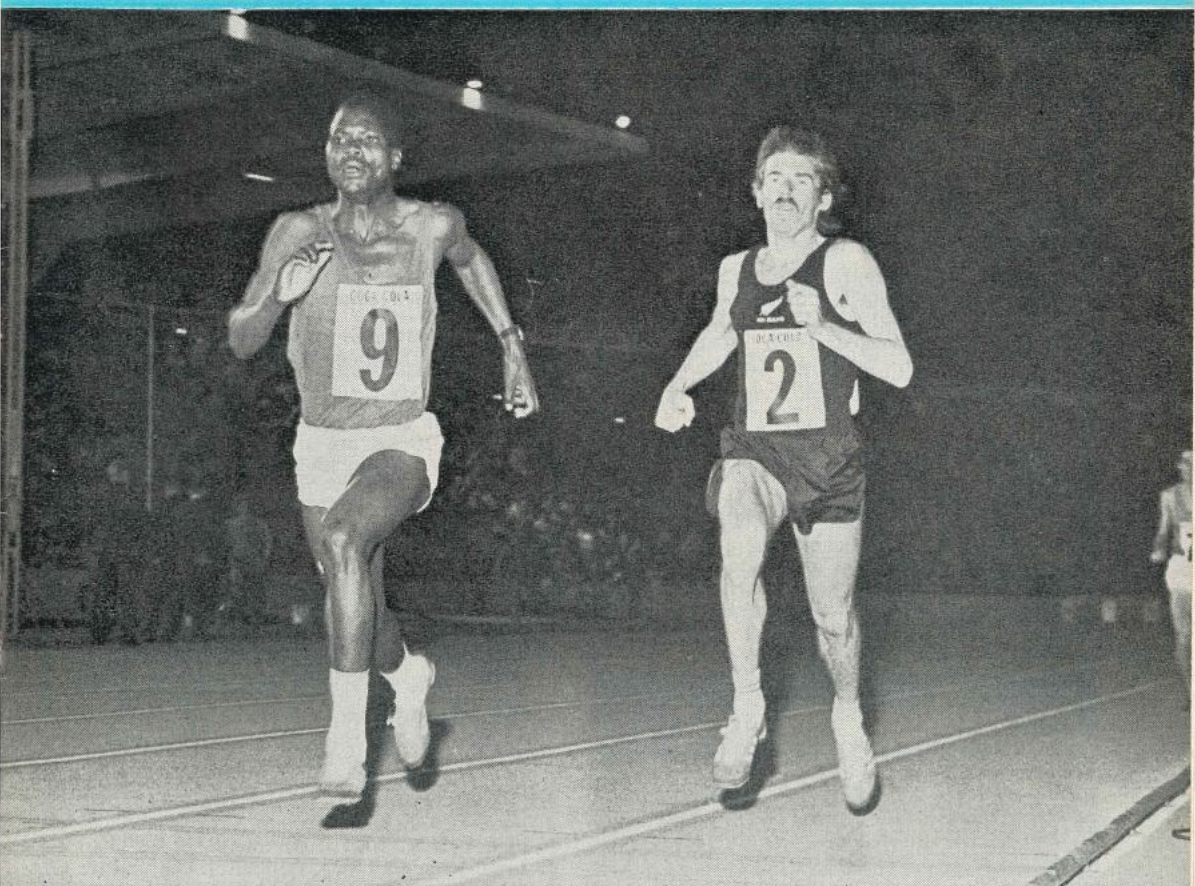
athletics

INSIDE

UK v SWEDEN MATCH REPORT

★ Commonwealth Games
Trials Preview

★ Interview with
Guy Drut (France)



10p

BEN JIPCHO
(Kenya) wins
'World of Sport'
Mile in 3:56.2
from DICK
QUAX (New
Zealand).

Bukta

STYLED FOR ACTION!

SHORTS, VESTS AND TRACK SUITS
As supplied to the Commonwealth and
Olympic Games

All popular colour combinations, a wide range
of fabrics. Get your free copy of the Games
and Athletics brochure in full colour from your
local outfitter or from Bukta, Brinksway, Stock-
port, enclosing 2½p stamp to cover postage.

Burglinde Pollak Smashes World Pentathlon Record

BURGLINDE POLLAK, the statuesque East German who finished third to Mary Peters (4801 points) and Heide Rosendahl in Munich, broke the world pentathlon record with 4831 in the European Cup qualifying competition in August . . . and smashed it in the final in Bonn last Saturday. She scored the incredible total of 4932 points! Displaying no weaknesses at all, she clocked 13.21 for 100m hurdles, put the shot 15.85/52'0", high jumped 1.78/5'10", long jumped 6.47/21'2" and ran 200m in 23.35. The last three marks were personal bests. With Margit Olfert finishing 3rd and Angela Schmalfeld 4th, the GDR girls easily won this inaugural cup competition.

The decathlon tournament was won by Poland, whose three scorers all topped 7800. Lennart Hedmark (Sweden) compensated for his country's heavy defeat at Crystal Palace by taking the individual honours with 8120, made up of 11.47, 7.21, 15.36, 1.92, 48.8, 14.58, 47.67, 4.30, 81.14/266'2" (a world decathlon record) and 4:45.0. Yves Le Roy (France), who will probably be competing at Crystal Palace on October 6th/7th, was 2nd with 7942. Olympic champion and world record holder Nikolay Avilov, not yet fully recovered from injury, placed 8th with 7677.

Decathlon: 1, Hedmark (Swe) 8120; 2, Le Roy (Fra) 7942; 3, Skowronek (Pol) 7936; 4, Berendsen (USSR) 7891; 5, Suurvali (USSR) 7866; 6, Katus (Pol) 7836; 7, Janczenko (Pol) 7806; 8, Avilov (USSR) 7677; 9, Schreyer (EG) 7670; 10, Kozakiewicz (Pol) 7599. Teams: 1, Poland 23,584; 2, USSR 23,434; 3, E. Germany 22,723; 4, France 22,574; 5, W. Germany 22,221; 6, Sweden 22,125; 7, Switzerland 22,078; 8, Czechoslovakia 22,024; 9, Bulgaria 21,016; 10, Austria 19,859.

Women's Pentathlon: 1, Pollak (EG) 4932 (world rec); 2, N. Tkachenko (USSR) 4695; 3, Olfert (EG) 4517; 4, Schmalfeld (EG) 4475; 5, Vorochobko (USSR) 4447; 6, Voss (WG) 4439; 7, Prokop (Aut) 4419; 8, Angelova (Bul) 4348; 9, Wartel (Fra) 4346; 10, Bruzsenyak (Hun) 4335. Teams: 1, E. Germany 13,924; 2, USSR 13,351; 3, Bulgaria 12,882; 4, W. Germany 12,823; 5, Hungary 12,612; 6, France 12,559; 7, Austria 12,285; 8, Yugoslavia 11,560.

★ Mary Peters, Ann Wilson, Sue Mapstone, Gladys Taylor, Janet Honour, Shirley Clelland, Theresa Sanderson and Sue Reeve (who last contested a pentathlon in 1970) are among the possible competitors in the North v. South v. Midlands pentathlon, incorporating England's Commonwealth Games trial, at Crystal Palace today (Sept. 29th). Timetable: 11.00—100H, 11.30—SP, 13.00—HJ, 15.10—LJ, 16.30—200.

★ The AAA decathlon championship, incorporating matches between UK and France for seniors (6 a side) and juniors (4 a side) and serving also as England's Commonwealth Games Trial,

ROME 1974

European Championships, September 1st/8th

Some slight amendments have been made to the arrangements already published owing to the fact that it has been found impracticable to operate a one-week tour because of the length of the Championships.

Our tour operators, 4S Sports, therefore offer the following tours:—

1. A 10-day tour departing 31st August and returning 9th September. Accommodation in good class hotels in Rome on half-board basis. Also included in the price are coach transfers to and from the Olympic Stadium, and to and from the Airport to the hotel. **£83.**
2. A 15-day tour departing 30th or 31st August and returning on 14th or 15th September, with 10 days in Rome and 5 days in the lovely coastal resort of Sorrento. The price includes all coach transfers as above, plus transfer to and from Sorrento. Accommodation in good class hotels in Rome on half-board basis, and full board in Sorrento. **£120.**

A limited number of single rooms at a special supplement will be available. Stadium tickets will be obtained for all members when available, cost to be notified later.

Places may be reserved on payment of £5 deposit. Full descriptive literature together with official booking form would then be sent within two months of receipt.

Write to David Dryer, 4S Sports, Africa House, 64 Kingsway, London, WC2.

NB: Our information is that the last day is the 8th, but the organisers' letter to our agents states 9th. If we are right, it may be possible to operate a Sunday to Sunday tour at **£78.**

will be staged at Crystal Palace on October 6th/7th.

★ The UK beat Spain in a recent decathlon match. Dave Kidner scored 7289 and Ray Knox 7041.

UK RESULTS ROUND-UP

15.9. Meadowbank. TJ: W. Clark 15.68/51'5½" (Scottish rec); women's 400: E. McMeekin (inter) 54.6 (Scottish native rec).

22.9. Hendon. 1 Hour Walk: O. Flynn 13,084m/8M 209m (45:35 at 10km), E. Taylor 12,996, C. Lawton 12,827, S. Lightman 12,815.

23.9. Bristol. 100: I. Matthews 10.5w; 400: C. O'Neill 48.0; 800: C. Campbell 1:49.8; 110H: G. Gower 14.1w, D. Wilson 14.3; Mile: J. Douglas 4:05.0; PV: K. Stock 4.45/14'7¼"; women's 100: E. Sutherland 11.4w; 800: C. Tranter 2:10.1.

Cover photo by Charles Sharon

ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

Vol. 27 No. 39

September 29th, 1973

Business Manager: P. W. GREEN

Editor: MEL WATMAN

Editorial Assistant: JON WIGLEY

Subscription Dept. and Distribution:

Miss Y. R. NASH and Miss J. R. KIFF

Advertisement Director: P. W. GREEN

Assistant Business and Advertisement

Manager: TIM GREEN

Special Contributors: CLIFF TEMPLE
& DAVE COCKSEGE

REGIONAL CORRESPONDENTS:

Wales — Bernard Baldwin. Ireland — Neill
Morton and Nick Davis. Scotland — James
Logan.

OVERSEAS CORRESPONDENTS:

Australia—Bernie Cecins. Brazil—Derrick Mar-
cus. Canada—Lloyd Swindells & Cecil Smith.
Greece — Antonios Dracos. Czechoslovakia
—Jan Popper. India—Ranjit Bhatia. Italy—
Luigi Mengoni & Elio Trifari. Jamaica—Richard
Ashenheim. Japan—Atsushi Hoshino. Kenya
—Cliff Roffey. New Zealand—Vic Matthews.
Poland — J. Kulczycki. Rhodesia — Philip
Kennedy. South Africa—Doug Coghlan. USA
—Dick Bank, Elliott Denman, Vince Reel,
Stan Eales, Garry Hill. USSR—Anatoliy Kash-
cheyev. E. Europe—Vladimir Visek. Sweden
—Rooney Magnusson.

Published by

WORLD ATHLETICS AND
SPORTING PUBLICATIONS LTD.

At their Editorial Offices

344 HIGH STREET,
ROCHESTER, KENT.
(Medway 44644.)

Advertisement Department

All communications to:
The Advertising Director,
World Athletics and Sporting Publications
Ltd., 344 High Street, Rochester, Kent.

Printed by

THE KENT ART PRINTERS, LTD.,
NEW ROAD, ROCHESTER, KENT, ME1 1DT.

Registered as a newspaper at the Post Office.

SUBSCRIPTION RATES

Direct subscribers in the U.K. and H.M. Forces.

12 Months (52 issues) £6.00.

6 Months (25 issues) £3.13.

3 Months (13 issues) £1.66.

All other subscriptions:

(Home) 12 Months £6.76.

Overseas Surface Mail 12 Months £6.50.

Air Mail (Europe) £7.80.

Air Mail (Outside Europe) Rates on application.

THE WEEK AHEAD

Saturday, September 29th: England Common-
wealth Games Trials at Crystal Palace; Bernie
Hames Half Marathon; Norfolk '15'; Bromsgrove
& Redditch Open Meeting; Highgate H Veterans
CC Relay; North London YA Road Relays; Chris
Vose '7; Maidenhead Road Relay; Hewitt Jones
(Walton) Road Relay; Cardiff AAC Lake '15';
The Action Fifteen Open Road Races at Tam-
worth.

Sunday, September 30th: London to Brighton
Run; Enfield Road Relay at Clayton-le-Moors;
Vets AC Cross Country League at Putney Vale.

Wednesday, October 3rd: Birchfield Floodlit
Meeting at Warley.

Saturday, October 6th: BAAB International
meeting at Crystal Palace including England
Women's Commonwealth Games Trials and AAA/
UK v. France Decathlon (1st Day); Cambridge
& Coleridge Autumn Relays; Haywards Heath
'International' Cross Country Races; Romford
'5'; Crawley '10'; Hercules Wimbledon '10'; Ealing
& Southall Cross Country Relays; Vets Road
Relay at Bexley; Worcestershire Beacon Race;
Northern 6-Stage Road Relay at Bolton.

POSTAL RATES & SUBSCRIPTIONS

When the postal charges were increased on
September 10th, subscription rates were increased
slightly by the same amount or just under. The
increased charges will be paid by A.W. on
current subscriptions until date of renewal. Any-
one sending in the old rate will be credited with
less than the full number of copies to allow for
the difference.

**Lots of you are
going to want to be
in our shoes.**

Onitsuka
Tiger

Sole U.K. Distributors

Starcraft Sports Co. Ltd.

40 Dane Rd, London, SW19 2NB

Tel: 01-542 2446/7. Available
through all leading Sports Shops

UK v Sweden**At Crystal Palace, September 21st/22nd**

Lawton and Bull Reach the Heights

NO athletes experience greater elation and satisfaction than jumpers who leap higher than they have ever gone before. They, alone among athletes, have not just space or time to conquer but an actual physical barrier—the crossbar. There is, too, a strong psychological element involved in attacking a personal best height; it's a journey into uncharted regions of the mind as well as the body.

Mel Watman reports

An inch can make all the difference. "Six-one looks possible, six-two out of this world at the moment", remarked Barbara Lawton last Saturday after she had cleared the Commonwealth, UK all-comers and UK national record height of 1.87/6'1½" but had failed completely at 1.89/6'2¼". "It's the first time I've ever looked at 1.89—and it's terrifying." After the excitement of her unexpected record the inspiration had drained away, but on another occasion 1.89 might not look quite so forbidding. Barbara is physically capable of such a height, no question about that, but her mind has first to accept that it's possible.

Both Barbara and Mike Bull, winner of the pole vault with a UK record of 5.25/17'2¼", were in experimental mood. Both, too, were relaxed as they had already won their events before going for the record heights.

Having studied the technique of Canada's Commonwealth record holder (at 2.24/7'4¼") John Beers, Barbara was using a new run-up. It's the

same length as before but now she runs straight at the bar ("eight strides, I think") before curving round on the last two strides. "I didn't have to think about it this time", said Barbara, who made the change a fortnight earlier, and the result was a delightful exhibition of high-class jumping. Apart from one failure at 1.79/5'10¼" she was faultless as she progressed from 1.65/5'5" to 1.83/6'0" and then the record 1.87.

"It was a gamble", said Mike Bull of his decision to use—for the first time ever—his heaviest pole yet, a green Catapole 200, 16'6" in length. "A real monster" is how he described the pole, which weighs about 41b and is bigger than that used by anyone he knows. Mike thinks that the next largest is a 16-195 Catapole used by Yuriy Issakov (USSR). "I've never felt confident enough to try it out before", he remarked, but as this was his last scheduled competition of the year he felt it was worth taking the sort of chance that he would not have risked at the European Cup Final. The pole is so tricky to use that he might not have registered a height but in the event he quickly adapted to its demands. An opening clearance at 4.80/15'9" was followed by a most spectacular one at 5.00/16'4¼" (a height which eluded former world record holder Kjell Isaksson, who thus fouled out for the umpteenth time this season). Mike made 5.20/17'0¼" without trouble to win the competition, for John-Erk Blomqvist (5.28/17'3¼" this year) went out at 5.10 and Brian Hooper, narrowly, at 5.20.

The bar went up to 5.25, the sort of height which could retain the Commonwealth title for Mike in Christchurch. With his hand grip up



Ricky Bruch (Sweden) World Discus record holder competing for the second consecutive weekend at Crystal Palace.

Ed Lacey

six inches to 15'6", Mike's first attempt was too slow. He attained the height but came down. The second try was too fast and he crashed into the bar on the way up. "The third attempt was a compromise. I got good drive and vertical height. Perfect. I thought I had three to four inches there." He brushed the bar on the way down and it was still quivering as he put on his track-suit trousers. Finally he went out with the bar set at 5.35/17'6½" but by then, explained Mike, the temperature had dropped drastically and the pole became too stiff and cold to handle well. Altogether a remarkable demonstration by a man who has not been able to vault in training in Belfast since February because there are not any facilities and who, since the tragic death of Buster McShane, has been without anyone to observe him in action. Mike will go for the decathlon as well as the pole vault in Christchurch (his training this year has been geared to decathlon) and he is hoping that he and Mary Peters will be able to visit California for training on the way to New Zealand.

Mary was one of three athletes who were competing for the full UK team for the last time. . . Pat and Dave Cropper, who also intend retiring after the Commonwealth Games, were the others. Mary scored six points for her two second places, in the shot and hurdles, but she was well below top form in both events. The hurdles had a most distressing outcome, for Judy Vernon—who was way ahead—tripped over the last barrier and went sprawling across the track. Her outstretched fingers were over the line but that was all, and so she was a non-finisher. Judy later ran a good leg for Britain's successful sprint relay team (and the previous day had won the 200m in her international debut at the event) but more severe injuries were sustained by the Swedish second-string Eva Johansson, who was wheeled off by the St. John Ambulance men after falling over Judy's displaced hurdle.

The Croppers bowed out in style; for the third time in their careers they scored an 800m double for Britain—the previous occasions were the 1969 UK v. USA match at the White City and the West Germany v. UK match in Hamburg the same year. Pat was a comfortable second to Gunilla Lindh (60.6) at the bell, shadowed her around the final turn and pressed ahead in the last 50m to score in 2:04.0, her fastest time since Munich. Hers was a typical fighting effort; she will be missed in future internationals. Dave only received his invitation to deputise for Andy Carter three days before the race and he celebrated by producing one of his most authoritative runs. He led at the 300m break from lanes, past the bell in 54.1 and along the second backstraight. Ake Svensson, co-holder with Anders Garderud of the Swedish record with 1:47.2, went ahead with 150m remaining but Cropper stayed close and powered past in the straight with Pete Browne following through to secure maximum points. Dave was back on the track an hour later to run the 1500m as replacement for a flu-stricken John Kirkbride. With a time just outside 4min he

BARBARA'S 9th UK RECORD

1.76/5'9½"	Ewell	19.4.1969
1.78/5'10"	Crystal Palace	7.6.1969
1.79/5'10½"	White City	11.7.1970
1.80/5'10½"	Ewell	31.7.1971
1.85/6'0½"	Helsinki	12.8.1971
1.85/6'0½"	Munich	4.9.1971
1.85/6'0½"	Munich	4.9.1972
1.86/6'1½"	Crystal Palace	15.9.1972
1.87/6'1½"	Crystal Palace	22.7.1973

MIKE'S 11th UK RECORD

4.72/15'6"	Kingston, Jam	13.8.1966
4.80/15'9"	Tokyo	2.9.1967
4.94/16'2½"	Belfast	28.6.1968
5.03/16'6½"	Crystal Palace	12.9.1968
5.06/16'7½"	Portsmouth	14.9.1968
5.10/16'8½"	Edinburgh	23.7.1970
5.11/16'9½"	Crystal Palace	4.6.1972
5.20/17'0½"	Karlstad	21.6.1972
5.20/17'0½"	Nykoping	3.7.1972
5.21/17'1"	Crystal Palace	15.7.1972
5.25/17'2½"	Crystal Palace	22.7.1973

picked up a point as Phil Banning raced to a decisive victory.

There was an even odder reserve running in the 5000. The Swedes found themselves with only one able-bodied distance runner available, and so there was a ballot to decide who would tour the 12½ laps for a point. Gert Moller, a 400m hurdler, lost out and he gamely plodded around for over 17 minutes even though his team was already in a hopeless position. Moller still had two laps to cover when Dave Black crossed the finish line in 13:43.4, 20sec ahead of Bernie Plain, from whom he had pulled away four laps from home. In the 10,000 all four runners were bunched at the bell (28:25.0) and it was Norman Morrison who possessed the best finish—27sec for the last 200.

Two of Sweden's four track successes in the men's match were expected. Christer Garpenborg, a student in the USA who is unbeaten in Europe this summer, took the 100 and European record

INVEST NOW—BUY LATER

No doubt you are aware of the difficulties in obtaining a Mortgage at the present time.

The normal is now 2½ x Income, but my clients are still obtaining 3½ x Income. I opened a Building Society Account for them 6 months ago.

A Unique HOUSE PURCHASE PLAN is now available to athletes, buying in at least 12 months time. Save £50 per month and after 1 year you receive £686, or after 2 years £1422 towards your deposit. This is equivalent to a NET return of over 26 per cent p.a.

For further details apply to:—

ROBERT W. SLY, F.P.C.S.

(Mortgage and Life Assurance Consultant)
4, Hoylake Gardens, Eastcote, Ruislip,
Middx. Tel: 01-866 8431

holder Anders Garderud showed his class in the steeplechase by racing away over the last 250m to win by over 3 sec in 8:29.6 (61.6 last lap), with early pacemaker John Davies outsprinting John Bicourt over the run-in. Less predictable was Erik Carlgren's 400 victory over David Jenkins. The latter, having placed a fast-closing 3rd in the 100, was not planning to race the 400 but came in with five minutes preparation when Joe Chivers strained a leg warming up. "I did my best", remarked Jenkins, and so he did as he fought Carlgren (best of 46.1) around the last bend, but there was nothing he could do but strain unavailingly as the Swede pulled clear in the straight.

Jenkins, scheduled for the 200 and 4x400 next day, did not run again and in his absence Sweden were able to win the relay. Following legs of 48.2 by Ray Hearn, 46.5 by Glen Cohen and 46.3 by Bill Hartley, Alan Pascoe took over behind Carlgren. He pulled out all the stops to get on terms but fell a metre short with his 45.9 timing. Pascoe, as resolute a competitor as we have in British athletics, had a fine meeting. He won the 400m hurdles in Friday evening's cold conditions and soulless atmosphere (estimated attendance was 400!) in a crisp 50.1 and next day (watched by all of 1500 paying spectators) he took the high hurdles against a 1.6m/sec wind in 14.2—the first such international double by a Briton since Peter Hildreth in 1956. "I was shattered by the time I got into my blocks", he said—no wonder, considering that morning he had taught two periods of geography, one of swimming and one of gym at Dulwich College! He left school at 12.50, and his race was at 2.20.

Chris Monk was involved in two victories, running second leg for the team which clocked a sharp 39.9 and totally outclassing his 200m opposition as he won by 6m in 21.1 against a 2.2m/sec wind in the straight.

Britain scored maximum points in two of the throws. Barry Williams came close to his pending Commonwealth record with 71.06/233'2", all six of his throws landing beyond 68m, with Howard Payne also beyond that mark; while in the javelin Dave Travis added two more 80m throws to his collection and Charles Clover raised his UK junior record to 77.68/254'10", defeating two opponents with far longer throws to their credit.

Geoff Capes, who will shortly have an operation on his wrist, put together one of his most consistent series (all over 19.60m) topped by a formidable 20.14/66'1". Hans Almstrom, who has reached 20.35/66'9½", was a metre below that and had to struggle to stay ahead of Mike Winch. The discus went of course, to world record holder Ricky Bruch but Bill Tancred did well enough to throw over 60m three times and defeat Kennet Akesson, who shares with Bill a personal best of 62.92/206'5".

Rune Almen and Alan Lerwill were unpressed winners of the high and long jumps respectively; more exciting, although the performances were extremely poor for an international match, was the triple jump. Here we had Tony Wadhams

leading until the 5th round—and then finishing last even though his final jump was his best!

The British men's team won by a big margin (29 points); the girls built up an even more overwhelming score to win by 34 points. However, the two finest track runs came from Swedish girls, both of them juniors. Ann Larsson, runner-up in Duisburg, produced a sparkling last 100m in the Monika Zehrt style to win the 400 in 53.1, 0.7 outside her fastest, as Verona Bernard tightened up and finished a full second behind. The splendid Inger Knutsson ran the 1500 in her favourite manner, destroying the field from the front. Stepping through 400 in 64.4, 800 in 2:13.3 and 1200 in 3:21.9 (some 20m clear of Sheila Carey), Inger came home unpressed in 4:12.9. Joan Allison closed up along the finishing straight but she ran too conservative a race.

Apart from the javelin and that unfortunate hurdles race, it was otherwise all Britain in the women's match. In the 100 Andrea Lynch ran a great first 50 and Sonia Lannaman a scorching second half; a composite of these two would threaten even Renate Stecher. Judy Vernon just held off Donna Murray's closing rush in the 200 and Britain won both relays, the British girls' splits in the 4x400 being 56.8 for Dawn Webster, 54.1 for Ruth Kennedy, 53.6 for Jannette Roscoe and 54.2 for Verona Bernard. Ruth Martin-Jones was a class apart in the long jump and shaping up well for the Commonwealth Games challenge; Brenda Bedford's opening put stood up throughout the competition; and Rosemary Payne produced one of her best series this year—four over 54m.

There were two non-scoring events, in which Roger Mills scored a convincing 10km walk victory over John Warhurst in fast time and Ann Yeoman, going for a fast time in the 3000 (6:11.6 at 2000), was reduced to an 81 sec last lap but still won in under 9½min. An invitation women's 800 saw Shirley Somervell successful in 2:05.2, her tenth personal best in the event this season! Her fastest time before this year was a mere 2:14.3. Shirley, although identified as a New Zealander, was in fact born in Shrewsbury (she was 2½ when she went to NZ) and could therefore qualify for the English team for Christchurch. Shadowing Norine Braithwaite through a 60.6 first lap, Shirley took the lead around the last turn and was never in danger.

MEN'S RESULTS

(A) September 21st

(B) September 22nd

100: (A) (—1.2m) 1, C. Garpenborg (S) 10.7; 2, DON HALLIDAY 10.7; 3, DAVID JENKINS 10.8; 4, A. Faager (S) 11.0.

200: (B) (—2.2) 1, CHRIS MONK 21.1; 2, A. Faager (S) 21.7; 3, IAN MATTHEWS 21.8; 4, T. Johansson (S) 22.1.

400: (A) 1, E. Carlgren (S) 46.5; 2, DAVID

continued on page 10



In any field of sport, there has to be a champion.

Whatever you play, you want the best
that's available.

Choose Metric track suits.

They're tailored from quality Nylon and
lined throughout with cotton, to give you hard
wear with light weight and superb comfort.

And they're styled by professionals to combine
utility with good looks.

Available from leading Sports Dealers.

Metric tracksuits.

Distributed by Gerry North Co. Ltd., 40 Dane Road, London, SW19 2NB (Tel: 01-542 2446/7)

INTERVIEW WITH GUY DRUT

When did you start doing athletics?

Guy Drut: When I was 12 or 13. At first I played football and was a goalkeeper; then, in the Summer after the soccer season I began to do athletics. My first events were the discus and the high jump; no hurdles.

What made you take up the hurdles?

I came to be a hurdler because I just thought I would like to do that, despite the fact that my trainer said I was a bit tall for hurdling and advised me against it. I started hurdling when I was 14 or 15 years old.

When did your breakthrough occur as a hurdler?

In 1968, when I was 17 years old. That year I beat the French record with 14.1. It came very suddenly, as I had been running 15.1—15.2 and then I did 14.3 and after that 14.1. Then, continuing with my progress, I did 13.7 in 1969 and finally to 13.3.

Have you had a special coach at any time?

No, it's me; I am my coach! There is just a man who writes to me, the Italian, Calvesi; (he trained Eddy Ottoz and Salvatore Morale), but I am not coached in France.

Have all your ambitions been as a hurdler?

No, never, because I always wanted to do the pole vault as well. I knew that I wanted to do the hurdles in Munich after I beat Hemery in the semi-finals of the European Cup in Zurich in 1970; it was the first time I did 13.3 so I said to myself 'you must do that for the Olympic Games.' My club in the city of Oignies was a very bad place for pole vaulting as there is no synthetic track and not a good landing area. At that time (1970) I was doing 5.50m (16'6½") for the pole vault.

—By Alastair Aitken

You have continued to combine vaulting and hurdling?

This year I tried to do that, and I have vaulted 5.20m (17'0½"). It is very difficult because in club meetings I have to run, jump and vault. Next year I will do the 110 hurdles and the pole vault only.

You were fourth behind Eddy Ottoz, David Hemery and Alan Pascoe in the 1969 European Championships. How did that race go for you?

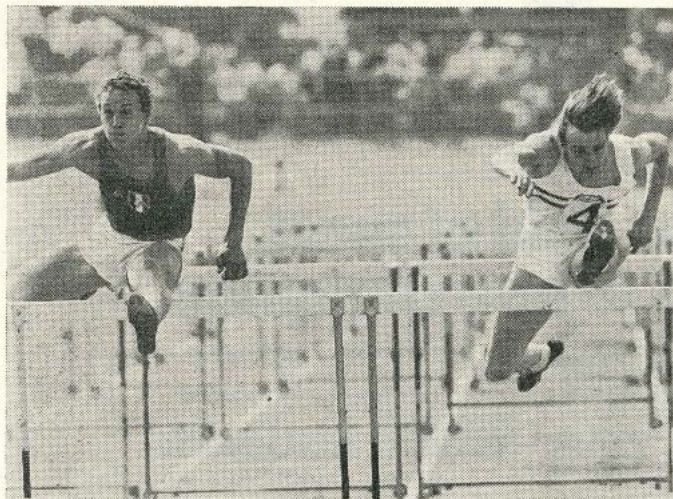
I thought I would come third behind Ottoz and Hemery but I clapped the first four hurdles. I was too young there and I think I was afraid.

What about the 1971 European Championships?

That was not a good year for me because I studied for my examinations as a PE teacher. It was in the European Championships in Helsinki that I fell down at the fourth hurdle. It was the East German, Siebeck, who won the final.

What was your training preparation for the 1972 Olympics?

I trained well in the winter: sometimes for 2 hours at a stretch, sometimes 1 hour. I train about 4 or 5 days a week. I do muscle training and very many starts because that was the weak point about my hurdling. I won the European indoor title, and later in 1972 I went to the United States and fell, dislocating my toe. So I had to stop for a month in June and afterwards I came on slowly. Then, three weeks before the Games, I had a pulled muscle and I had to



Guy Drut (left) won this close duel with Alan Pascoe in the Britain v. France match at Portsmouth in 1971. Drut clocked 13.9, Pascoe 14.0.

Ed Lacey



A low point in Guy Drut's career as he walks off the track in Helsinki after falling in his heat at the European Championships. Tony Duffy

stop another week, but I came back and achieved second place in the Games.

How did you assess your opposition in the Olympic final?

I looked at the three Americans and Siebeck, because he was the European Champion and I wanted to beat him because in Helsinki he clapped his hands when he saw me fall down, and I never forgot that. Hill was good and Milburn would win. I had beaten Davenport three months before in Italy but I had never beaten Hill so it was between Hill and me for second or third place.

How about the race itself?

Hill was near me, on my left, and at the fifth hurdle I saw him falter and all of a sudden I was a metre in front of him—and then I said to myself you can be second.

Why do you think Milburn is the best?

Because he is a very good athlete, he trains very well and he is very strong in the head.

What do you fear most in competition?

Nobody but Milburn.

Do you think you will run a long time at top level?

Till after Montreal. I may turn professional if the system is working, for two or three years. Mike O'Hara has talked to me but I prefer to stay in France and to run in Montreal.

What do you think is most helpful to you in hurdling?

I think it is in the head. You must have a

GUY DRUT

Born at Oignies (Pas-de-Calais)—Michel Jazy's birthplace—on December 6th 1950; his mother's family (name of Wigley) came from England. Height: 1.89/6'2½". Weight: 82kg/181lb. PE teacher; married since September 1st.

Placed 4th in 1969 European Championships, won 1972 European indoor title, 2nd in 1972 Olympics. Best marks include 10.6 100m, 13.3 110m hurdles (13.34 in Olympic final—Fastest by European on electrical timing), 2.01/6'7" high jump, 5.20/17'0¼" pole vault, 7565 decathlon.

Annual progress at high hurdles:

1967	15.4	1971	13.5
1968	14.1	1972	13.3
1969	13.7	1973	13.3w/13.5
1970	13.3		

Believes he may eventually run 13.0 for the hurdles, vault 5.70/18'8¼" and score over 8100 in the decathlon.

strong mind and then after that strong legs. When you have good legs and at the same time a good head you are very strong; but if you have good legs and a bad head it's very bad.

YOUNG ATHLETES' MEETING

At Welwyn Garden City, August 26th

1, Feltham 634; 2, Verlea 608; 3, Watford 559; 4, Harlow 480; 5, Luton 359. (15-17) 100: 1, N. Town (Lut) 11.2; 2, R. Brown (Felt) 11.5. 200: Rhodes-Brown (Felt) 23.4. (B) Town 23.8. 400: R. Mallows (Wat) 53.5. 800: 1, N. Hedderley (Ver) 2:01.8; 2, Carter (Felt) 2:02.2. HJ: M. Jones (Ver) 1.75/5'8¾". LJ: D. Christie (Lut) 6.45/21'2". 4x100: Verlea 47.1. (13-15) 200: Tagg (Felt) 24.2. 80H: K. Oliviant (Wat) 12.3. HJ: D. Hazell (Har) 1.65/5'5". 4x100: Feltham 49.8. (Women) (15-17) 400: 1, J. Edlin (Ver) 60.1; 2, K. Burrige (Felt) 60.6. (B) V. Cullen (Har) 61.8. HJ: C. Stammers (Ver) 1.54/5'0¾". LJ: J. Burrige (Felt) 5.00/16'5". JT: D. Day (Wat) 32.70/107'3". (13-15) 100: A. Lyne (Felt) 12.9. (B) L. Allen (Felt) 13.1. 200: Lyne 26.4. 800: C. Brace (Ver) 2:24.5. 75H: C. Miller (Wat) 12.9. HJ: S. Jackson (Ver) 1.48/4'10¼". LJ: (B) B. Gower (Ver) 5.02/16'5¾". SP/DT: J. Bonney (Har) 8.96/29'4¼", 33.72/110'7". 4x100: Feltham 53.3.

SOUTHERN LEAGUE

(Division 2)

At Redhill, September 15th

1, Kent AC 129; 2, London AC 122; 3, Redhill & Reigate 109; 4, Guildford & Godalming 97; 5, Norfolk Gazelles.

100/200: J. Gangadeen (Lon) 11.2/22.5. TJ: 1, Nwajioji (Kent) 13.85/45'5¼"; 2, Mackin (Lon) 13.81/45'3¼". DT: R. Ball (R&R) 40.94/134'3". JT: 1, Ball 59.12/193'11"; 2, Deans (Lon) 56.88/186'7".

UK v SWEDEN from page 6

JENKINS 46.9; 3, M. Fredriksson (S) 47.3; 4, RAY HEARN 48.3.

800: (B) 1, DAVE CROPPER 1:50.2; 2, PETE BROWNE 1:50.6; 3, A. Svensson (S) 1:50.6; 4, B. Johansson (S) 1:51.4.

1500: (B) 1, PHIL BANNING 3:45.6; 2, S. Svensson (S) 3:47.0; 3, G. Ekman (S) 3:55.8; 4, DAVE CROPPER 4:02.7.

5000: (B) 1, DAVID BLACK 13:43.4; 2, BERNIE PLAIN 14:03.4; 3, J.-O. Nilsson (S) 14:11.0; 4, G. Moller (S) 17:10.6.

10,000: (A) 1, NORMAN MORRISON 29:23.6; 2, G. Hogberg (S) 29:24.2; 3, LACHIE STEWART 29:30.8; 4, P. Fredriksson (S) 29:36.0.

3000SC: (B) 1, A. Garderud (S) 8:29.6; 2, JOHN DAVIES 8:32.8; 3, JOHN BICOURT 8:33.2; 4, H. Partanen (S) 9:07.8.

110H: (B) (—1.6m) ALAN PASCOE 14.2; 2, K. Clerselius (S) 14.4; 3, C.-J. KIRKPATRICK 14.6; 4, K. Olsson (S) 14.7.

400H: (A) 1, ALAN PASCOE 50.1; 2, BILL HARTLEY 51.3; 3, K. Olsson (S) 52.1; 4, K. Ohman (S) 52.2.

HJ: (A) 1, R. Almen (S) 2.17/7'11"; 2, T. Larsson (S) 2.11/6'11"; 3, MIKE CAMPBELL 2.00/6'6"; 4, MICHAEL BUTTERFIELD 1.95/6'4".

PV: (B) 1, MIKE BULL 5.25/17'24" (UK rec) (4.80, 5.00, 5.20, 5.25); 2, BRIAN HOOPER 5.10/16'84" (4.70, 4.90, 5.00, 5.10); 3, J.-E. Blomqvist (S) 5.00/16'44" (4.90, 5.00); K. Isaksson (S) failed at opening height.

LJ: (A) 1, ALAN LERWILL 7.64/25'04" (7.51, 7.64, 7.42, —, —, 7.54); 2, U. Jarfelt (S) 7.31/23'11" (—, 7.21, 7.31, —, 7.17, —); 3, B. Rune (S) 7.21/23'8" (7.14, 6.98, 6.97, —, 6.90, 7.21); 4, DEREK COLE 7.11/23'4" (7.05, 6.99, 7.11, 7.07, 6.73, 7.08).

TJ: (A) 1, P.-O. Smiding (S) 15.43/50'74" (14.78, —, 15.01, —, 15.43, —); 2, CHRIS COLMAN 15.37/50'54" (14.77, —, 15.23, —, 15.11, 15.37); 3, M. Bernhardt (S) 15.33/50'34" (14.80, 15.00, 14.91, 15.18, 15.33, —); 4, TONY WADHAMS 15.31/50'24" (15.20, 15.09, 15.30, 14.69, 14.87, 15.31).

SP: (B) 1, GEOFF CAPES 20.14/66'1" (19.82, 19.73, 20.14, 19.61, 19.93, 19.79); 2, H. Almstrom (S) 19.30/63'4" (—, 19.09, —, 19.30, —, —); 3, MIKE WINCH 19.12/62'84" (18.60, 18.67, 19.12, 18.61, 18.89, 19.11); 4, T. Carlsson (S) 17.65/57'11" (—, 17.60, 17.53, 17.29, 17.65, —).

DT: (A) 1, R. Bruch (S) 64.06/210'2" (61.02, 61.64, —, 64.06, —, 62.64); 2, BILL TANCRED 60.82/199'6" (59.04, 60.40, 60.20, 60.82, 59.78, —); 3, K. Akesson (S) 59.72/195'11" (—, 57.42, —, 58.48, 59.72, 59.24); 4, JOHN HILLIER 57.88/189'11" (57.88, 57.66, 54.08, —, 56.92, 55.70).

HT: (A) 1, BARRY WILLIAMS 71.06/233'2" (69.30, 68.16, 69.78, 71.06, 68.52, 68.86); 2, HOWARD PAYNE 68.54/224'10" (65.28, 66.44, 67.30, 68.54, —, 64.68); 3, S. Blomqvist (S) 64.50/211'7" (—, 62.48, 60.36, 61.62, 61.82, 64.10); 4, B. Holmstrom (S) 62.98/206'7" (61.78, 62.58, 62.98, 60.42, —, —).

JT: (B) 1, DAVE TRAVIS 80.20/263'1" (80.10, 80.20, —, 76.00, —, passed); 2, CHARLES

CLOVER 77.68/254'10" (UK Jnr rec) (69.16, 76.42, —, 77.68, 71.66, —); 3, P.-E. Smiding (S) 77.64/254'9" (71.18, 77.64, 74.16, 70.32, 71.62, —); 4, L. Koski-Vahala (S) 77.20/253'3" (75.10, 74.74, —, 72.30, 76.66, 77.20).

4x100: (A) 1, GREAT BRITAIN 39.9 (BRIAN GREEN, CHRIS MONK, IAN MATTHEWS, DON HALLIDAY); 2, Sweden 40.4 (R. Trulsson, T. Johansson, C. Garpenborg, A. Faager).

4x400: (B) 1, Sweden 3:06.8 (H. Andersson 48.9, D. Grama 45.8, M. Fredriksson 46.1, E. Carlgren 46.0); 2, GB 3:06.9 (RAY HEARN 48.2; 2, GLEN COHEN 46.5; 3, BILL HARTLEY 46.3; ALAN PASCOE 45.9).

Invitation events. 10,000 Track Walk (B): 1, ROGER MILLS 43:51.2; 2, JOHN WARHURST 44:33.8; 3, H. Tanggren (S) 44:48.8; 4, ROY THORPE 45:13.4; 5, A. Nilsson (S) 45:20.0; 6, B.-O. Gustafsson 46:53.8.

WOMEN'S RESULTS

100: (B) (—2.5m) 1, ANDREA LYNCH 11.8; 2, SONIA LANNAMAN 11.9; 3, I. Nilsson (S) 12.3; 4, E. Fredriksson (S) 12.3.

200: (A) 1, JUDY VERNON 24.1; 2, DONNA MURRAY 24.1; 3, E. Fredriksson (S) 24.6; 4, A. Larsson (S) 24.7.

400: (B) 1, A. Larsson (S) 53.1; 2, VERONA BERNARD 54.1; 3, JANNETTE ROSCOE 54.6; 4, E. Fredriksson (S) 55.3.

800: (B) 1, PAT CROPPER 2:04.0; 2, G. Lindh (S) 2:04.3; 3, MARGARET COOMBER 2:06.0; 4, A.-M. Nenzell (S) 2:11.7.

1500: (A) 1, I. Knutsson (S) 4:12.9; 2, JOAN ALLISON 4:14.2; 3, SHEILA CAREY 4:19.9; 4, G. Lindh (S) 4:16.2.

100H: 1, G. Olsson (S) 14.2; 2, MARY PETERS 14.5; JUDY VERNON & E. Johansson (S) both fell.

HJ: (B) 1, BARBARA LAWTON 1.87/6'11" (UK A-c & Commonwealth rec) (1.65, 1.70, 1.73, 1.76, 1.79, 1.83, 1.87); 2, VALERIE HARRISON 1.76/5'94" (1.65, 1.70, 1.73, 1.76); 3, A. Tannander (S) 1.73/5'8" (1.60, 1.65, 1.70, 1.73); 4, A.-E. Karlsson (S) 1.70/5'7" (1.65, 1.70).

LJ: (B) 1, RUTH MARTIN-JONES 6.30/20'8" (6.30, 6.16, —, 6.15, —, 6.10); 2, MAUREEN CHITTY 5.96/19'64" (5.86, 5.79, 5.90, 5.84, —, 5.96); 3, T. Puskas (S) 5.92/19'54" (5.52, 5.92, 5.85, —, 5.79, 5.52); 4, C. Egebo (S) 5.78/18'114" (5.78, 5.78, 5.72, 5.76, 5.62, —).

SP: (A) 1, BRENDA BEDFORD 15.02/49'34" (15.02, 14.52, 14.76, 14.33, 14.72, 14.80); 2, MARY PETERS 14.96/49'1" (14.72, —, 14.96, —, 14.80, —); 3, I. Wehmonen (S) 14.62/47'114" (14.28, 14.62, 14.05, 14.04, 13.88, 14.12); 4, G. Johansson (S) 12.67/41'7" (12.07, 12.10, 12.66, 11.74, —, 12.67).

DT: (B) 1, ROSEMARY PAYNE 55.60/182'5" (54.98, 51.38, 55.60, 52.18, 54.44, 54.02); 2, DOROTHY SWINYARD 48.96/160'7" (46.96, 45.02, 45.68, 48.96, —, 45.60); 3, U. Buuts (S) 47.08/154'5" (41.48, 47.06, 45.28, 47.08, 44.18, 46.12); 4, G. Johansson (S) 45.12/148'0" (29.28, 45.12, 35.40, —, 45.02, 44.10).

JT: (A) 1, A. Westman (S) 53.22/174'7" (51.18,

47.46, 48.68, 48.36, 53.22, 50.74); 2, SHARON CORBETT 51.02/165'7" (43.66, —, 45.82, 51.02, 44.02, 46.30); 3, PRU FRENCH 48.58/159'4" (—, 44.62, 48.58, 47.36, —, 45.60); 4, M. Carell (S) 47.02/154'3" (45.38, 43.84, —, 44.50, 47.02, 44.66).

4x100: (B) 1, GREAT BRITAIN 45.2 (LIZ SUTHERLAND, ANDREA LYNCH, JUDY VERNON, BARBARA MARTIN); 2, Sweden 46.5 (I. Nilsson, G. Olsson, E. Fredriksson, A.-M. Utterberg).

4x400: (A) 1, GREAT BRITAIN 3:38.7 (DAWN WEBSTER 56.8, RUTH KENNEDY 54.1, JANNETTE ROSCOE 53.6, VERONA BERNARD 54.2); 2, Sweden 3:42.0 (A. Brolin 57.2, E.-C. Malmstrom 54.6, A.-C. Hesse 54.8, E. Fredriksson 55.5).

Invitation events. 800: 1, S. Somervell 2:05.1; 2, N. Braithwaite 2:05.5; 3, G. Dourass 2:06.5; 4, M. Munro 2:07.0; 5, G. O'Leary 2:07.5; 6, C. Tranter 2:16.3. 3000: 1, A. Yeoman 9:29.4; 2, P. Yule 9:40.6; 3, E. Gustavsson (S) 9:47.6; 4, L. Engstrom (S) 10:07.4.

Any Berkshire schools with unanswered correspondence regarding the Five Star Award Scheme are requested to contact F. A. Keen, the Southern Counties Organiser, at 11 Selby Road, Ashford Common, Middx. TW15 1JG (Tel: Ashford 54835).

Arthur McKenzie threw the discus 54.62/179'2" at Newcastle upon Tyne on September 11th.

HUNTS

No price increase at present!

All other imported shoes have been increased in price but we are doing our best to hold prices down. Buy now and save money!

ROM—Strong shoe in suede leather. Hard wearing gristle sole. Ideal for the mileage man. Today's value at least £7.95, offered at the low price of only **£6.95**. (8-10 inclusive).

SAPPORO—Another string shoe but with super goat skin upper. Normal price £8, offered at **£6.95** (6, 6½ only).

HUNT SWEDEN—Suede screw-in spike with built-up heel for Achilles protection. Ideal for cross-country (6-9 only at present) **£8.00**.

HUNT USA—Attractive mustard coloured spike with suede uppers, contrast black stripe. Well padded. Superb value (5-11) **£7.50**.

HUNT STOCKHOLM (5-5½) **£5.46**; (6-11) **£5.85**. Light but strong suede, racing/training shoe.

Cash with order post free

Cheques & Postal to

K. G. SPORTS

312 SANGLEY ROAD, CATFORD, S.E.6

Tel. 01 698 5334

KANGAROO CLUB COMPETITION

Results of the Kangaroo Club Schools postal competition (July). **Juniors** (13-15) LJ: 1, J. Walsh (St Cuth) 5.65/18'6½"; 2, W. Patterson (Kelly Coll) 5.45/17'10¼"; 3, D. Ainge (John Smeaton) 5.33/17'6". TJ: 1, Patterson 11.67/38'3¼"; 2, J. Sahig (Hen High) 11.58/38'0"; 3, D. Shielver (John Smeaton) 11.25/36'11". **Teams:** (Agg of 2) (LJ): 1, St. Cuthberts 10.75; 2, Kelly College 10.50; 3, John Smeaton 10.50. (TJ): 1, Hendon High 22.43; 2, John Smeaton 22.37; 3, Dr Challoners 22.17. **Inters** (15-17) LJ: 1, J. Metcalfe (KC) 6.20/20'4¼"; 2, K. Taylor (Dr C) 6.06/19'10¼"; 3, G. Stevens (JS) 5.86/19'2¼". TJ: 1, J. Metcalfe 13.06/42'10¼"; 2, Taylor 12.62/41'5"; 3, K. Lythe (John Smeaton) 12.25/40'2¼". **Teams:** (LJ): 1, Kelly Coll 11.98; 2, Dr Challoners 11.60; 3, John Smeaton 11.47. (TJ): 1, Kelly Coll 25.02; Dr Challoners 24.86; 3, John Smeaton 24.07. **Seniors** (17-19) LJ: 1, C. Stedman (KC) 6.60/21'8"; 2, F. Attoh (Hen High) 6.44/21'1¼"; 3, M. Howard (KC) 6.24/20'5¼". TJ: 1, Attoh 14.75/48'4¼"; 2, Howard 12.73/41'9¼"; 3, A. Conway 12.30/40'4¼". **Teams:** (LJ): 1, Kelly Coll 12.84; 2, Hendon High 12.33. (TJ): 1, Hendon High 27.05; Kelly Coll 24.13. **Final team placings:** (Seniors) 1, Hendon High 32; 2, Kelly Coll 27; 3, Kings, Rochester 11. (Inters) 1, Dr Challoners 34; 2, Kelly Coll 30; 3, John Smeaton 22. (Juniors) 1, John Smeaton 28; 2, St Cuthberts 26; 3, Dr Challoners 19.

Middlesex County AAA are holding a Practical Test for Timekeepers at Feltham Arena, Shakespeare Road, Feltham, at 10 a.m. on Sunday 14th October.

MEDWAY ATHLETIC CLUB

JUBILEE CELEBRATION

50th ROCHESTER "5"

SPONSORED BY THE EVENING POST
SUNDAY, NOVEMBER 18th, 1973

Start 3 p.m.

ROCHESTER ESPLANADE

AWARDS

Willis Cup: 1st Individual

Simmons Cup: 1st Team

Charlie Pay Trophy: 1st Kent Runner

GREATLY INCREASED PRIZE VALUES
Value of Prizes £150 for: First 20 Individuals, First Three Teams, First "B" Team, First Veteran.

Changing Accommodation: 10 minutes from Start at T.A. Centre, Fort Clarence, St. Margaret's Street, Rochester.

Entries: 6 to run, 4 to score

Fees: 50p Teams and 15p Individuals

Race Secretary:

S. Fry, 5 The Shades, Knights Place, Strood, Rochester, Kent (Medway 7022).

CLOSING DATE—4th November, 1973

RESULTS IN BRIEF

August 25th

Uxbridge & Dist. Ladies Open Meeting: 800: B. Price (Ux) 2:19.2. (Inters) 400: W. Riley (Had) 61.8. HJ: J. Harrison (Leic) 1.59/5'2½". (Juniors) 800: K. Wragg (Ux) 2:23.6. 75H: 1. B. McKenzie (Vic) 12.8; 2. J. Crook (Unatt) 12.8. LJ: V. Baracks (Eal) 4.77/15'7½". DT: S. Condon (Brack) 28.60/93'10".

September 1st

Open Pentathlon meeting at Redhill. R. Snow (Harlow) 3,063. (Juniors) D. Glover (Harlow) 2,509. (Youths) M. Gascoine-Pees (R&R) 2,434. (Women) J. Bowden (R&R) 2,764. (Inters) K. Moore (E&E) 2,870. (Juniors) J. Buss (Craw) 2,881.

September 2nd

Herts WAAA Pentathlon Champs: 1. J. Saunders (Steve) 2836; 2. C. Stammers (Ver) 2724; 3. S. Goddard (Ver) 2510. (Inters) 1. J. Eliot (Hert) 2926 (4 76; 30.0; 13.8; 8.27; 1.54); 2. T. Legate (Steve) 2660; 3. D. Desmond (Ver) 2604. (Juniors) 1. E. Wren (Hert) 2853 (4.40; 28.2; 12.7; 7.02; 1.53); 2. H. Bray (Wat) 2823; 3. J. Matthews (Ver) 2751. **1500 champs:** 1. M. Sonner (LOAC) 4:40.5; 2. P. Winter (Ver) 4:44.0 (Inters) M. Barrett (Ver) 4:58.4. (Juniors) C. Brace (Enf) 4:53.2. **4x200 Relay championship:** Watford 1:55.4. (Inters) Verlea 1:52.9. (Juniors) Verlea 1:53.1. **4x400 Relay championship:** Stevenage 4:19.0. (Inters) Verlea 4:40.5.

September 8th

'Tom Hampson' Trophy 800: 1. K. Taylor (Glouc) 1:51.1; 2. R. Weatherburn (ESH) 1:51.7; 3. J. McCarthy (Gos) 1:52.1; 4. P. Dunn (Bill) 1:52.4; 5. M. Bissell (Cov) 1:52.7.

Dartford Road Relay: 1. London Irish 56:11; 2. Brighton & Hove 57:15; 3. Invicta 57:37. **Fastest lap:** J. Simmons (Medway).

Inter-club meeting, at Southall. 1. Highgate 149½; 2. Cambridge H 137; 3. Ealing & Southall 128; 4. Queens Park H 86; 5. Aylesbury 26½. **Youth SP:** Smith (QPH) 13 64/44'9". JT: T. Smith (QPH) 55.56/182'3". (B) A. Taylor (High) 45.64/149'9". 4x100: Cambridge H 47.5.

September 9th

Open events, at Ladywell Park: 3000: 1. J. Willshire (Waterloo) 8:27.2; 2. V. Smith (Medway) 8:40.2; 3. P. Lee (Invicta-Y) 8:43.0. (Women) 800: 1. S. Somervell (Cam H) 2:07.8; 2. M. Sonner (LOAC) 2:10.3; 3. H. Tanner (Kent) 2:14.0; 4. P. Reece (Bally) 2:14.2; 5. G. Allnutt (Surrey-Int) 2:16.5.

Wakefield Harriers Championships, at Castleford. 100: K. Addinell 11.2. SP: A. Gummerson 14.76/48'5". (Youths) 100/400: M. Skells 11.4/52.5. (Women) 100: C. Bosah 12.5. (Juniors) 100: L. Dews 13.1. SP: C. Sharpe 10.51/34'6".

SOUTHERN COUNTIES A.A.A.

Open Meeting

At CRYSTAL PALACE

WEDNESDAY, 17th October, 1973

(Under A.A.A. Laws)

6.45 p.m. **800 Metres (Veterans, Seniors, Juniors, Youths, Boys).**

7.35 p.m. **5000 Metres Walk (Seniors and Juniors).**

8.00 p.m. **400 Metres (Veterans, Seniors, Juniors, Youths).**

8.40 p.m. **5000 Metres (Seniors and Juniors).**

Entry Fee: 20p Veterans and Seniors, 15p Juniors, Youths and Boys.

Closing Date: 12th October, 1973.

To: A. Norman, S.C.A.A.A., 26 Park Crescent, London, W1N 4BQ.

I am an Amateur in accordance with A.A.A. Rules.

EVENT:

AGE GROUP:

NAME:

ADDRESS:

CLUB:

BEST PERFORMANCE:

I enclose entry fee of:

17th October, 1973.

September 15th

Rotherham Festival meeting, at Rotherham.
(Women) JT: 1, S. Corbett 50.08/164'4"; 2, A. Goodlad 48.12/157'10"; 3, P. French 43.96/144'3".

Manchester Schools Cross-country competition, at Gatley. (U/12) 1, I. Fox (Broad) 9:08; 2, R. Price (Hough) 9:36; 3, R. Talbot (C Hul) 9:39. Team: C. Moseley 19. (U/13) 1, M. Ware (Marple) 11:41; 2, P. Llewellyn (Poy) 11:49; 3, A. Whitaker (Pol). Team: Stockport 18. (U/14) 1, P. Northrop (Hough) 10:48; 2, A. Taylor (Mos) 11:13; 3, J. Holden (Dial) 11:18. Team: Stockport 21. (U/16) 1, A. Potter (Mar H) 15:30; 2, C. Burnett (C Hul) 15:30; 3, N. Singleton (C Hul) 15:50. Team: C. Hulme 11. (U/18) **Road Race** 1, M. Plant (R Vale) 23:06; 2, I. Greaterex (MAC) 23:35; 3, N. Jepson (Mos) 23:40 Team: C. Hulme 28.

City of Stoke Floodlit meeting: (Women) DT: 1, E. Robottom (Stoke) 35.30/115'10"; 2, V. Hindley (Cann) 33.86/111'1"; 3, J. Pickering (Stret) 33.14/108'9". Electric storm caused cancellation of meeting after 15 events.

Border Harriers Open Meeting. Invitation 3000: R. Weatherburn (ESH) 8:20.2. 3000SC: R. Caruthers (Gos) 9:43.4. (Youths) HJ: S. Gill (NSP) 1.73/5'8". SP: 1, S. Hughes (Hall) 13.01/42'8½"; 2, W. Newby (Fur) 12.23/40'1½". 4x100: Cocker-mouth 47.4. (Junior-women) 200: A. Hodgson (Bor) 26.4. LJ: L. Scott (Gos) 4.80/15'9".

IRISH NEWS

THE Crusaders Open Meeting at Santry on August 25th, which incorporated a match between the Belfast club, Shorts, and the promoting club, was an entertaining affair. For Shorts it was an eventful return to a venue at which they had not competed in recent times as they were successful in both men's and women's competitions—being supplemented in the latter match by the Belfast Ladies Club. Linda McCurry (18) powered around the bend in the 200m and had eight tenths to spare when she recorded 24.0, a new Northern Ireland record. The Irish Schools champion had earlier won the 100m in 12.0 and certainly looked a much improved athlete from her previous outing in Santry at the Irish Schools events in June. On the men's side John McMillen of Shorts, the NIAAA champion, had a mighty battle with Dennis O'Connell of UCD, the BLE champion, in the 400m.

Shorts 86; Crusaders 60. 100: G. Carson (S) 11.0. 200:1, Carson 22.4; 2, D. McBride (S) 22.7. (200 non-match): 1, J. Ross (UCD) 22.6; 2, D. Kennedy (Clon) 22.9. 400: 1, J. McMillen (S) 48.6; 2, D. O'Connell (UCD) 48.7; 3, G. Murray (Crus) 50.5. 800: 1, J. Clover (S) 1:52.4; 2, K. Humphries (DCH) 1:52.9; 3, B. Murphy (CSH) 1:53.7; 4, A. Moore (C) 1:55.1. 1500: 1, B. Hill (9th) 3:56.4; 2, D. Smith (W'field) 4:00.0. 4x100: 1, Shorts 43.0; 2, UCD 43.2. HJ: J. Fanning (Don) 1.88/6'2". TJ: J. McLister (Ach) 13.59/44'7". (Women) Belfast Ladies 59½; Crusaders 47½. 100: 1, L. McCurry (Short) 12.0; 2, D. McClelland (B'mena) 12.6; 3, J. Spence (C) 12.7. 200: McCurry 24.0; 2, A. Morrison (C) 24.8; 3, McClelland 25.9. 400: 1, Morrison 55.8; 2, A. Kirkpatrick (B'mena) 58.9. 800: 1, D. Foreman (Guin) 2:13.0; 2, J. Manson (B'mena) 2:16.1. 1500 (non-match) 1, P. Reese (B'mena) 4:41.0; 2, J. Appleby (Clon) 4:41.0. 4x100: 1, Crusaders 49.9; 2, Shorts 50.2. HJ: 1, C. Bruce (Bel L) 1.57/5'2"; 2, W. Phillips (Bel L) 1.52/5'0"; 3, C. Flatman (C) 1.52; 4, L. Moore (C) 1.52. SP: 1, V. Mitchell (Bel L) 10.54/34'7"; 2, R. Murphy (C) 10.44/34'3". DT: 1, Murphy 35.10/115'2"; 2, Mitchell 34.54/113'4"; 3, M. Dunne (C) 32.42/106'4".

Donore Harriers Relay (1x3x2x1x3x2M) September 1st

Donore Harriers may only have just avoided relegation in the Dublin Track and Field League but when they return to more familiar terrain the National Cross-Country Champions are seen to better effect. After Jim McNamara had taken them into a lead on the three—lap leg with a 14.41 contribution they were not headed again until the second last leg when Des McGann had his usual scintillating leg for Civil Service to give them a 12 sec advantage on the promoting club. But Donore's anchor man, Tony Murphy, regained the lead with ¼M to go and took his squad to victory to retain their trophy.

1, Donore 50.46; 2, Civil Service 60.12; 3, Tullamore 61.32; 4, Donore 'A' 61.48; 5, Raheny 64.02; 6, Avondale 65.33.

Nick Davis



Willie Clark (Edinburgh Southern) seen here in action during the European Cup triple jump.

Ed Lacey

Double Victory for British Juniors

THE UK Junior (Boys) team maintained their unbeaten record over the Swedish Junior Team when they finished 36 points ahead of their rivals at Hadley Playing Fields, Warley, on September 19th. Despite a cloudy start to the day, the sun shone throughout the meeting, well supported by the crowd, which included about 3000 schoolchildren.

Jack Lord opened the proceedings on the track in the 10km walk, and had an exciting duel with Arne Nilsson throughout the race, with Jacky coming home first in the second best ever time over this distance by a Junior of 46:06.0 (his UK record stands at 45:39.6). Even if the first event had not brought the crowd to their feet, the second event would have done, as 0.2sec separated the 400m hurdlers. Mats Svensson grabbed the verdict over Steve James in 54.6, with Mike Whittingham, in his first international, taking third over the winner's twin brother Alf.

European Junior 400 finalists Glen Cohen and Roger Jenkins moved down a distance to the 200, but still collected maximum points, both athletes clocking personal bests, although Roger has clocked a 21.3w this year. Bob Benn and Chris Van Rees, who completed the bronze medal quartet in Duisburg, had no trouble in the 400, beating 48.2 man Hakan Ahberg in the process.

The best performance award on the British team went to Gus McKenzie, who without much opposition clocked 14.6 over the 3'6" barriers, only a tenth outside his best set in Duisburg. European 800 gold medallist Steve Ovett also changed distance and took on Magus Tellander (European bronze medallist at the Steeplechase), who boasted a personal best of 3:45.5 against Steve's 3:44.8 (set during his 4 minute mile). With the wind hindering times, points were more valuable, and Steve came through to victory in 3:54.9. Torben Engstrom just pipped Paul Lawther (who moved down from the 1500 in place of the injured Tony Dyke) in the 800, and Jan Hagelbrandt took the 2000m Steeplechase in a personal best of 5:45.8. Both the 3000 and 5000 races produced slowish times, but gained maximum points for the UK athletes (and that is what counts), and no doubt the long season is now telling. Team captain Steve Green edged Gareth Edwards out by a nose in the short sprint, both equalling their legal bests.

In the field events Charles Clover recorded a good fifth round javelin effort of 75.08/246'4".

A number of complaints were made about the circle from which the discus and hammer throwers were competing, as sand had to be brushed off the surface of the circle on a number of occasions before throwing. The sector had also been slightly turned around, and hammer winner Eric Berry and a number of other throwers fouled by throwing outside the sector, one throw smashing a 50m marker. This did not deter Phil Scott, who upped his best to 53.92/176'11" in grabbing second place.

The Swedish best performance award went rightly to Roger Thorstenson, who vaulted 4.75/15'7" despite unhelpful winds, which was one of the reasons Keith Stock was unable to clear a height. Thorstenson had two good attempts at 4.91/16'11". In the other jumps Colin Boreham cleared 1.96/6'5" on his first attempt to the Swede's third attempt to gain his first Junior international win, while Richard Maull had only two efforts in the triple jump before retiring, but his first round leap of 14.61/47'11" was good enough to win. Trevor Paice recorded his best ever legal mark in the long jump with 7.09/23'3" behind Ake Fransson (7.41/24'3" this year) in his one and only legal jump.

Alan Lindop

100: (+ 1.3m) 1, S. Green 10.6; 2, G. Edwards 10.6; 3, M. Orbe (S) 10.9; 4, L. Hammar (S) 11.0. **200:** (nil) 1, G. Cohen 21.8; 2, R. Jenkins 22.0; 3, M. Orbe (S) 22.2; 4, H. Ahberg (S) 22.2. **400:** 1, R. Benn 48.6; 2, C. Van Rees 49.0; 3, H. Ahberg (S) 49.5; 4, B.-A. Persson (S) 49.6. **800:** 1, T. Engstrom (S) 1:52.3; 2, P. Lawther 1:52.4; 3, K. Widjeskog (S) 1:54.0; 4, A. Hunter 1:57.1. **1500:** 1, S. Ovett 3:54.9; 2, M. Tellander (S) 3:56.1; 3, R. Callan 4:01.3; 4, C. Lagerchantz (S) 4:02.8. **3000:** 1, M. Kearns 8:20.0; 2, K. Steere 8:31.0; 3, C. Eriksson (S) 8:37.8; 4, T. Lundquist (S) 8:47.0. **5000:** 1, L. Reilly 14:29.2; 2, S. Lawrence 14:56.0; 3, A. Gardeborn (S) 15:07.4; 4, H. Svens (S) 15:40.0. **2000SC:** 1, J. Hagelbrandt (S) 5:45.8; 2, J. Tierney 5:46.0; 3, D. Long 5:46.4; 4, K.-H. Beimer (S) 5:53.2. **110H:** 1, A. McKenzie 14.6; 2, R. Palmer 15.1; 3, L. Soderling (S) 15.4; 4, L. Nilsson (S) 15.8. **400H:** 1, M. Svensson (S) 54.6; 2, S. James 54.6; 3, M. Whittingham 54.8; 4, A. Svensson (S) 54.8.

HJ: 1, C. Boreham 1.96/6'5"; 2, C. Wahlstrom (S) 1.96; 3, eq. M. Peterson (S) & C. Wilson 1.93/6'4". **PV:** 1, R. Thorstenson (S) 4.75/15'7"; 2, G. Patel 4.40/14'5"; 3, J. Rask (S) 4.30/14'5".

A.A.A. MARATHON CHAMPIONSHIP

to be held under A.A.A. Laws

AT HARLOW, ESSEX

SATURDAY, OCTOBER 27th

Entries close Monday, October 8th (fee 50p) to The Championship Secretary, A.A.A., 26 Park Crescent, London, W1N 4BQ.

A.A.A. NATIONAL ROAD RELAY (SIX STAGE) CHAMPIONSHIP

To be held under A.A.A. Laws

AT KEELE, STAFFORDSHIRE

ON SATURDAY, OCTOBER 20th

Entries close Monday, 8th October (fee £2 per team) to The Championship Secretary, A.A.A., 26 Park Crescent, London, W1N 4BQ.

BRITISH MILERS' CLUB

TENTH ANNIVERSARY BUFFET DINNER

Ye Olde King's Head Hotel,
Chigwell Road, Chigwell,
Essex.

SATURDAY, OCTOBER 20th, 1973
at 8 p.m.

Tickets £2.50
(including wine)

obtainable from Frank Horwill 201
Sumatra Road, London, N.W.6.

Cheques should be made out to Frank
Horwill and NOT the British Milers'
Club (this is for convenience).

Only 100 tickets available—apply AT
ONCE.

Easily reached by Central Line Tube

14'11". K. Stock failed at opening height—4.30.
LJ: 1, A. Fransson (S) 7.24/23'9"; 2, T. Paice
7.09/23'31"; 3, S. Wright 6.99/22'111"; 4, G.
Mossberg (S) 6.98/22'101". **TJ:** 1, R. Maull 14.61/
47'111"; 2, B-G. Klaar (S) 14.51/47'71"; 3, W.
Nowak 14.44/47'41"; 4, E. Carlsson (S) 14.20/
46'71". **SP:** 1, G. Nyberg (S) 14.66/48'111"; 2,
J. Liebel (S) 14.50/47'7"; 3, H. Davidson 14.33/
47'01"; 4, I. Lindley 13.64/44'9". **DT:** 1, P. Troell
(S) 44.38/145'7"; 2, J. Howell 43.72/143'5"; 3, P.
Sharman 43.14/141'6"; 4, L. Flyman (S) 43.04/
141'2". **HT:** 1, E. Berry 56.80/186'4"; 2, P. Scott
53.92/176'11"; 3, T. Sjöholm (S) 51.52/169'0";
4, J. Jonsson (S) 51.40/168'8". **JT:** 1, C. Clover
75.08/246'4"; 2, M. Christiansson (S) 64.88/
212'10"; 3, D. Ottley 60.80/199'6"; 4, S. Nilsson
(S) 56.62/185'9". **10,000W:** 1, J. Lord 46:06.0;
2, A. Neilsson (S) 46:07.8; 3, B. Gustafsson (S)
48:07.4; 4, R. Chaplain 49:48.6. **4x100:** 1, UK
(Edwards, Bonsor, Bennett, Green) 41.5; 2,
Sweden (Hammar, Orbe, Nilsson, Eriksson) 43.0.
4x400: 1, UK (Van Rees, Benn, Jenkins, Cohen)
3:13.6; 2, Sweden (Orbe, Svesson, Persson, Ahberg)
3:13.8. **Result:** UK 128½, Sweden 92½.



**Ann Larsson, winner of the 400 in the girls'
match in 53.4. For results, please turn to page 31.
Three days later, in the senior match at Crystal
Palace, Ann easily beat Verona Bernard in 53.1.**

Mike Street

Halliday Ties Match on Final Relay Leg

NCAA 78, RAF 78, MCAA 71

At Derby, September 4th

100: 1, D. Halliday (RAF) 10.9; 2, G. Vince (RAF) 10.9; 3, R. Kennedy (M) 11.0; 4, T. Hadley (M) 11.1; 5, B. Kelly (M) 11.1. 200: 1, G. Armstrong (N) 21.9; 2, Hadley (M) 22.0; 3, Vince 22.1; 4, R. Walters (M) 22.2; 5, Halliday 22.4. 800: 1, M. Knowles (M) 1:54.5; 2, J. Carroll (N) 1:54.7; 3, C. Hudson (N) 1:55.8. 1500: 1, D. Gibbon (N) 3:50.5; 2, D. Cropper (M) 3:51.3; 3, R. Smedley (M) 3:52.8; 4, J. McCarthy (N) 3:53.8; 5, D. Nichol (N) 3:53.6; 6, R. Harris (M) 3:53.7; 7, J. Wild (RAF) 3:55.9; 8, G. Plant (N) 3:58.9. 5000: 1, M. Baxter (N) 14:07.8; 2, A. Birks (M) 14:08.8; 3, D. Slater (N) 14:09.2; 4, L. Reilly (N) 14:10.2; 5, B. Cole (M) 14:13.0. HJ: M. Butterfield (RAF) 1.90/6'23". SP: 1, J. Alderson (N) 16.77/55'04"; 2, E. Palsey (RAF) 15.52/50'11"; 3, R. Dale (M) 15.09/49'64"; 4, Lindley (N) 13.97/45'10". HT: 1, B. Fraser (RAF) 61.52/201'10"; 2, E. Johnston (RAF) 54.84/179'11"; 3, Davison (RAF) 54.06/177'4"; 4, J. Newett (N) 46.74/153'4"; 5, Holmes (N) 45.04/147'9"; 6, P. Andrews (M) 41.16/135'0". JT: 1, P. Ostapowycz (N) 60.32/197'11"; 2, R. Mawson (RAF) 60.28/197'9"; 3, K. Taylor (N) 60.26/197'8"; 4, J. Ferrary (M) 58.20/190'11". 4x100: 1, RAF 42.4; 2, MCAA 42.8; 3, NCAA 44.3.

HARDAKER/KING TROPHY MEETING

At Keighley, September 8th

1, Leeds City 95; 2, Hull Spartan 47; 3, Airedale & Spen Valley 35; 4, Bingley 26; 5, Wakefield 22. 100/200: D. Artley (Hull S) 11.1/22.4. 800: 1, S. Markley (M&C) 1:52.6; 2, C. Hudson (Leeds) 1:54.4. 1500: 1, D. Nichol (Leeds) 3:51.3; 2, D. Slater (Skirac) 3:53.1; 3, D. Blakeley (Man & D) 3:56.5; 4, A. Reade (Wake) 3:56.8. 5000: Slater 14:46.6. SP: A. Gummerson (Leeds) 13.10/43'0". DT: 1, Gummerson 42.86/140'7"; 2, A. Malloy (Bing) 40.46/132'9". (Youths) 200: A. Staniland (Leeds) 22.9. 800: 1, J. Ashton (Wake) 1:57.0; 2, D. O'Brien (Hull S) 1:58.3; 3, A. Rawson (ASV) 1:59.2. SP: P. Armstrong (Leeds) 12.80/42'0". (Boys) 100: M. Walsh (A&SV) 11.8. 400: S. Wymark (Hull S) 54.4. 800: S. Wolstenholme (A&SV) 2:06.5.

(Women)

Margaret Leighton Trophy: 1, City of Hull 40; 2, Hull Spartan 29; 3, Airedale & Spen Valley 19. 100: 1, L. Barratt (Wake) 12.0; 2, K. Walker (Hull S) 12.4. 200: 1, Barratt 24.6; 2, G. Williams (A&SV) 25.8. 400: 1, C. Howell (Cty Hull) 57.9; 2, Williams 58.9. 800: M. Hepworth (A&SV) 2:14.2. HJ: Howell 1.54/5'0½". (Juniors) 100: 1, A. Leathers (Rock) 13.1; 2, C. Hawkins (Hull S) 13.1. 200: Leathers 26.5. 800: R. Hamlet (Rown) 2:17.7. 4x100: 1, Hull Spartan 52.5; 2, City of Hull 53.2; 3, A&SV 53.4.

HOLMFIRTH HARRIERS AC

present their third annual

"K & M 15"

Sponsored by

Kiwi Products (UK) Limited

Candles Division

(Under A.A.A. Laws)

**SATURDAY, NOVEMBER 3rd
1973**

at 2.30 p.m.

**At Holmfirth Secondary
School, Heys Road,
Thongsbridge**

Prize: 1st Individual valued at £15 plus Can-delabra, 2nd £8, 3rd £5, 4th £2, 5th £1; 1st Veteran O/40 £2.50, 1st Veteran O/50 £2.50; 1st Team 3 at £5 plus K & M Shield (Holders: Holmfirth H.A.C.), 2nd Team 3 at £2, 3rd Team 3 at £1. Certificates to all finishers.

Entry Fees: 20p Ind., 25p Team (inc. tea). All enter as individuals. State if Vet. O/40 or O/50.

Entries to Mrs. L. Bailey, 4 Oakes Lane, Brockholes, Huddersfield, HD7 7AR. Tel: Huddersfield 62398.

Accurately measured fast course, every mile marked. Course Record 74min 25sec 1971.

CLOSING DATE OCTOBER 20th

Overseas Results

BELGIUM

12.8. Landen. 2000: Puttemans 4:59.8 (rec; 3:43.5 at 1500), Schots 5:02.4 (not 5:02.2). **14.8. Brussels.** JT: Wyns 79.04/259'4" (rec). **18/19.8. Brussels.** (Champs) 400: Brydenbach 46.9; 5000: Puttemans 13:52.0; 10,000: Lismont 28:55.4, Polleunis 28:55.4, Roelants 28:59.0; 3000SC: Thys 8:36.0, Roelants (!) 8:40.2; women's 100/400: Alaerts 11.7 (eq. rec)/53.8 (rec); 3000: Mols 9:48.0 (rec).

CZECHOSLOVAKIA

12.8. Prague. 200: Johansson (Swe) 20.8; SP: Brabec 20.08/65'10½"; women's HJ: Karbanova 1.88/6'2" (rec). **25/26.8. Prague.** (France 209, Czech 200; women—France 71, Czech 63) 3000SC: Moravcik 8:30.6, Buchheit (F) 8:36.4; 400H: Kodejs 49.4 (rec); HJ: Maly 2.19/7'2½", Alexa, Palkovsky & Moravec (guest) 2.16/7'1"; PV: Tracanelli (F) 5.25/17'2½"; LJ: Rousseau (F) 8.09/26'6½" w (legal 7.98/26'2½"), Broz 7.89/25'10½", Bonheme (F) 7.85/25'9½"; SP: Brabec 20.50/67'3½", Brouzet (F) 19.60/64'3½"; DT: Danek 62.06/203'7"; HT: Charvat 70.08/229'11" (rec), Accambray (F) 69.76/228'10"; Relays: France 39.6; 3:08.7; women's 100/200: Telliez (F) 11.4/23.1; 400: Duclos (F) 54.3; SP: Fibingerova 20.26/66'5½" (rec; & 20.22 and foul of 21.04/69'0½"); Relays: France 44.8/3:37.0. **1/2.9. Banska Bystrica.** (Champs) 110H: Nadenicek 13.6; 400H: Kodejs 50.2; HJ: Palkovsky 2.16/7'1"; LJ: Broz 8.04/26'4½"; SP: Brabec 21.04/69'0½" (rec) (twice), Vlk 19.85/65'1½", Janousek 19.82/65'0½"; DT: Danek 60.94/199'11"; women's SP: Fibingerova 20.80/68'3" (rec).

DENMARK

28/29.7. Aarhus. HJ: Torring 2.15/7'0½" (rec); SP: Lindsjold 18.37/60'3½" (rec). **14.8. Copenhagen.** 800: Boit (Ken) 1:49.2, Walker (NZ) 1:49.5, Dyce (Jam) 1:49.5, Hooker (Aus) 1:49.5; 1500: Dixon (NZ) 3:38.5, LaBenz (US) 3:41.6. **15.8. Lyngby.** 1000: Boit 2:16.4 (Commonwealth rec) (52.5, 1:49.4), Dyce 2:17.0 (rec), Winzenried (US) 2:18.3, Nielsen 2:18.5 (rec); 3000: Quax (NZ) 7:46.2 (rec), Karlin 7:52.4 (rec), Scharn (Neth) 7:52.8; Crouch (Aus) 7:55.8, Hansen 7:57.6, Polhill (NZ) 7:59.6, Walker (NZ) 7:59.8; HJ: Heikkila (US) 2.15/7'0½", Stones (US) 2.15.

FINLAND

5.8. Kauhava. DT: Kauko Jouppila (52) 54.26/178'0" (!). **6.8. Kouvola.** 800: Wohlhuter (US) 1:50.0, Walker (NZ) 1:50.7, Dixon (NZ) 1:51.5. **6.8. Tampere.** DT: Tuokko 62.24/204'2"; JT: Hovinen 88.52/290'5". **10-12.8. Hyvinkaa.** (Champs; amendments) 200: (— 1.0m) Karttunen 20.5; 400: Taskinen 47.9; 1500: Niskanen 3:48.0; 10,000: 3, Viren 28:31.6; 4, Nikkari 28:32.6; 5, Ristimäki 28:33.6; SP: 2, Yrjola 19.60/64'3½";

DT: 2, Tuokko 60.98/200'1"; JT: Hovinen 5th with 81.32/266'9"; women's 100: Pursiainen 11.4; 200/LJ: Rautanen 23.6 & 6.28/20'7½"; 3000: Vihonen 9:16.6 (rec), Holmen 9:24.4; HJ: Sundqvist 1.72/5'7½" (jnr rec). **15.8. Nokia.** JT: Siitonen 89.10/292'4", Hovinen 84.40/276'11". **15.8. Vaaksy.** PV: Kalliomäki 5.30/17'4½". **15.8. Aaneoski.** JT: Kinnunen 83.54/274'1", Aho 83.20/272'11". **19.8. Turku.** Women's SP: Fibingerova (Cz) 19.97/65'6½". **19.8. Lohja.** PV: Kalliomäki 5.30/17'4½"; SP: Yrjola 20.49/67'2½" (rec); JT: Siitonen 90.08/295'6". **19.8. Nilsia.** JT: Kinnunen 84.00/275'7". **19.8. Heinola.** 1500: Viren 3:48.2; 5000: Ala-Korpi 13:43.8, Shaugnessy (Can) 13:47.2. **21.8. Alavus.** DT: Antti Jouppila 60.52/198'7". **22.8. Kakkola.** 1500: Vasala 3:51.9 (first race of year); 5000: Ala-Korpi 13:46.4, Garderud (Swe) 13:46.8, Paivarinta 13:47.2; SP: Stahlberg 20.23/66'4½"; DT: Bruch (Swe) 64.94/213'1"; Kahma 64.32/211'0"; women's 100: Pursiainen 11.3. **22.8. Imatra.** JT: Siitonen 85.48/280'5". **29.8. Helsinki.** Women's 100: Pursiainen 11.0 (rec; eq. 2nd on all-time list).

25.8. Turku. JT: Hovinen 81.62/267'9". **25.8. Otanmäki.** JT: Jaakola 81.44/267'2". **29.8. Loimaa.** PV: Ivanoff 5.21/17'1". **29.8. Helsinki.** Women's 100: (40.8m) Pursiainen 11.0 (rec), Rautanen 11.7. **4.9. Jyväskylä.** Mile: Ala-Leppilampi 4:05.2, Paivarinta 4:06.2... 6, Vasala 4:08.2 (3:51.3 1500); JT: Siitonen 84.36/276'9", Kinnunen 84.26/276'5", Toivonen 81.86/268'7", Hovinen 81.54/267'6".

FRANCE

1.9. Bonnetable. French Mar Champ: Kolbeck 2:18:19.

NETHERLANDS

8.8. Papendal. 3000: Hermens 7:49.2 (rec), Krogman (SA) 7:53.4 (rec). **11.8. Papendal.** 10,000: Hermens 28:15.6 (rec), Krogman 28:27.2 (rec); women's 1500: de Lange 4:15.6.

SPAIN

13-15.7. Barcelona. (Champs) 800: Solorzano 1:47.5; 5000: Alvarez Salgado 13:36.4; 10,000: Haro 28:40.2; 400H: Soriano 50.5; HJ: Perarnau 2.15/7'0½" (rec); LJ: Blanquer 7.87/25'10" (eq. rec); women's 400: Salgado 54.1 (rec).

USSR

5.7. Moscow. Mar Champ: Krause 2:17:14.6, Velikodnykh 2:17:14.6, Matveyev 2:17:37, Shcherbatych 2:17:56, Muchamedsyanov 2:17:57, Kopanyov 2:17:58. **28.7. Tallinn.** HJ: Lumi 2.16/7'1" (Estonian rec). **30.7. Tallinn.** HJ: Elerand 18; 1.74/5'8½" tall) 2.08/6'0½". **1.8. Gulbene.** JT: Sirnis 85.56/280'8". **5.8. Leningrad.** 1500: 2, Anissim 3:40.1; 3, Kuznyetsov 3:40.4; TJ: Besonov 16.41/53'10½", Segal 16.40/53'9½"; women's SP: 2, Dolzhenko 18.80/61'8½". **28.8. Lvov.** Women's SP: Chizhova 21.20/69'6½" (world rec).

WEST GERMANY

1.8. Neuss. (Dusseldorf/Neuss 214, Reading 153) Reading placings—800: 2, Nixon-Smith 1:54.8;

continued on page 20

LEADING UK PERFORMERS 1973

100 METRES

10.3	Don Halliday
10.3w	Ian Green
10.4	Brian Green
10.4	Chris Monk
10.4	David Jenkins
10.4w	Ian Matthews (10.5)
10.4w	Gary Vince
10.4w	Steve Green
10.4?	Roger Walters
10.5	Derek Cole
10.5	Les Piggott
10.5	Drew Hislop
?—wind reading unknown	

200 METRES

20.7	Chris Monk
20.7	David Jenkins
21.0w	Steve Green
21.1	Ian Matthews
21.3	Alan Pascoe
21.3w	Roger Jenkins
21.4	John Wilson
21.4w	Ian Green
21.4w	Don Halliday (21.5)
21.5	Gary Vince
21.5	Terry Collins

400 METRES

45.2	David Jenkins
46.3	John Wilson
46.7	Jim Aukett
46.8	Alan Pascoe
47.0	Glen Cohen
47.1	Ray Hearn
47.1	Roger Jenkins
47.1	Bill Hartley
47.3	Terence James
47.4	Joe Chivers

800 METRES

1:45.1	Andy Carter
1:46.0	Frank Clement
1:46.2	Peter Browne
1:46.8	David Cropper
1:46.8	Colin Campbell
1:47.3	Steve Overt
1:47.4	David McMeekin
1:47.6	Phil Lewis
1:48.9	John Kirkbride
1:49.0	Keith Falla

1500 METRES

3:38.5	Frank Clement
3:38.5	Brendan Foster
3:39.9	Phil Banning
3:40.4*	Nick Rose
3:40.5*	Bob Maplestone
3:40.5	Jim McGuinness
3:40.5*	John Kirkbride
3:41.0	Walter Wilkinson
3:42.0*	Steve Overt
3:42.1	John Cadman
(* mile less 18.0)	

5000 METRES

13:23.8	Brendan Foster
13:24.6	David Black
13:30.8	Ian Stewart

13:37.8	Roger Clark
13:38.6	Bernie Plain
13:38.8	Julian Goater
13:38.8*	Gordon Minty
13:39.4	David Bedford
13:41.6	Tony Simmons
13:42.0*	Ron Martin
(* 3M time plus 28 sec)	

10,000 METRES

27:30.8	David Bedford
28:19.2	Tony Simmons
28:19.8	Lachie Stewart
28:20.6	Bernie Plain
28:20.8*	Gordon Minty
28:41.2	John Caine
28:43.4	Grenville Tuck
28:43.6	Bernie Ford
28:48.0	Henk Altmann
28:49.0	Norman Morrison
(* 6M time plus 60 sec)	

3000 METRES STEEPLECHASE

8:26.6	John Bicourt
8:27.8	Steve Hollings
8:28.0	John Davies
8:33.8	Peter Morris
8:35.4	Gerry Stevens
8:40.2	Bernard Hayward
8:41.0	Dennis Coates
8:43.2	David Camp
8:43.8	John Offord
8:43.8	Alastair Blamire

110 METRES HURDLES

13.5	Berwyn Price
13.8	Alan Pascoe
14.1	C. J. Kirkpatrick
14.1w	Graham Gower (14.3)
14.3	Peter Kelly
14.3w	David Wilson (14.7)
14.5	Angus McKenzie
14.7?	Howard Rooks
14.7w	Stewart McCallum
14.7w	Bob Davidson
14.7w	Ian English
14.7w	Bob Parker
14.7w	Richard Palmer

400 METRES HURDLES

49.5	Alan Pascoe
50.5	Bill Hartley
50.6	John Sherwood
50.9	Steve Black
51.7	Colin O'Neill
52.1	Wynford Leyshon
52.1	Peter Kelly
52.1	Steve James
52.6	Bob Roberts
52.7	Alan James

HIGH JUMP

2.10	Alan Lerwill
2.10i	Tony Sneazwell* (Aus) (2.03)
2.03	Colin Boreham
2.03	Mike Campbell
2.01	Michael Butterfield
2.00	Chris Wilson
2.00	Peter Lance
2.00	Brian Burgess

1.99	Jim Reilly
1.98	Garry Vose
1.96	4 men
i indoor mark	

POLE VAULT

5.25	Mike Bull
5.16	Brian Hooper
4.75	Allan Williams
4.70	Stuart Tufton
4.62	David Lease
4.60	Jeff Fenge
4.53	Keith Stock
4.50	Girish Patel
4.40	Steve Chappell
4.35	Phil Goulding

LONG JUMP

7.95w	Alan Lerwill (7.93)
7.74i	Phil Scott (7.68)
7.71w	Geoff Hignett (7.69)
7.65w	Calvin Greenaway
7.58	Stewart Atkins
7.49	Jerry Gangadeen
7.46	Derek Cole
7.44	Peter Blackburn
7.41w	Patrick Bevan
7.40	Ken Brown

TRIPLE JUMP

16.06	Tony Wadhams
15.83	Alan Lerwill
15.77	Peter Blackburn
15.77	Chris Colman
15.68	Willie Clark
15.66	Rodney Heward-Mills
15.32w	John Crotty
15.28w	Andrew Vincent (15.24)
15.27	David Johnson
15.24	John Vernon

SHOT

20.47	Geoff Capes
19.65	Mike Winch
18.41	Bill Tancred
18.08	Jeff Teale
17.12	Peter Tancred
16.83	Bill Fuller
16.77	Jon Alderson
16.68	Andy Kerr
16.61	Allen Seatory
16:49	John Hillier

DISCUS

62.92	Bill Tancred
58.76	John Hillier
58.72	Allen Seatory
58.04	Peter Tancred
57.42	Mike Winch
55.80	Geoff Capes
55.10	Mike Cushion
54.62	Arthur McKenzie
54.58	Dennis Roscoe
53.02	John Watts

HAMMER

71.26	Barry Williams
70.28	Ian Chipchase
69.42	Howard Payne
64.80	Chris Black

64.32 Bruce Fraser
61.58 Murray Cheater (NZ)
60.42 Paul Dickenson
60.04 Eric Berry
59.42 Lawrie Bryce

JAVELIN

81.06 David Travis
77.68 Charles Clover
76.58 Brian Roberts
74.96 Mladen Gavrilovic
74.30 Kevin Sheppard
74.08 Ron Silvester
72.74 Keith Turnbull
68.92 Ken Holmes
68.64 David Sorrell
68.40 Ken Taylor

Women**100 METRES**

11.2 Andrea Lynch
11.4 Sonia Lannaman
11.4 Liz Sutherland
11.5w Helen Golden (11.7)
11.6 Chris Salmond
11.7 Verona Bernard
11.7 Barbara Martin
11.7 Alison MacRitchie
11.7 Wendy Hill
11.7w Sharon Colyear
11.7w Anita Neil

200 METRES

23.1 Helen Golden
23.5 Verona Bernard
23.6 Judy Vernon
23.7 Donna Murray
23.8 Jannette Roscoe
23.8 Andrea Lynch
23.9w Wendy Hill
24.0 Gladys Taylor
24.0 Liz Sutherland
24.0 Linda McCurry

400 METRES

52.1 Verona Bernard
53.8 Jannette Roscoe
54.3 Dawn Webster
54.4 Sue Pettett
54.6 Evelyn McMeeken
54.6 Ruth Kennedy
55.2 Liz Sutherland
55.2 Paula Lloyd
55.2 Rosemary Wright
55.3 Linda Taylor

800 METRES

2:01.2 Joan Allison
2:02.0 Margaret Coomber
2:03.7 Lesley Kiernan
2:03.9 Rosemary Wright
2:04.0 Pat Cropper
2:05.1 Shirley Somervell
2:05.3 Norine Braithwaite
2:05.6 Gloria O'Leary
2:06.5 Gloria Dourass
2:06.8 Mary Speedman

1500 METRES

4:12.2 Joan Allison
4:14.3 Sheila Carey
4:15.1 Joyce Smith
4:15.8 Norine Braithwaite
4:18.5 Mary Stewart
4:19.1 Rita Ridley
4:20.7 Thelwyn Bateman
4:21.0 Jean Lochhead
4:21.7 Christine Curthoys
4:22.5 Penny Yule

100 METRES HURDLES

13.3 Judy Vernon
13.5 Mary Peters
14.0 Ann Wilson
14.0 Myra Nimmo
14.0w Lorna Drysdale (14.2)
14.0w Blondelle Thompson
14.1 Janet Honour
14.1w Sue Mapstone (14.3)
14.3 Barbara Corbett
14.3 Gladys Taylor
14.3 Sue Reeve

HIGH JUMP

1.87 Barbara Lawton
1.80 Carol Mathers
1.78 Sue Vickers
1.78 Valerie Harrison
1.77 Ann Wilson
1.77 Ruth Watt
1.76 Denise Brown
1.76 Sue Wright
1.75 Mary Peters
1.75 Penny Dimmock
1.75 Anne Gilson
1.75 Sue Hutchinson

LONG JUMP

6.43 Myra Nimmo
6.38? Ruth Martin-Jones (6.30)

6.31 Maureen Chitty
6.23w Barbara Barrett (6.17)
6.15 Sue Reeve
6.08w Tina Greisen
6.07w Mary Peters
6.05dh Julie Roberts
6.03w Sheila Sherwood
6.02 Janet Honour
dh—downhill

SHOT

16.15 Brenda Bedford
15.88 Mary Peters
14.16i Heather Stuart (13.57)
14.32 Janis Kerr
13.56 Rosemary Payne
13.43 Dorothy Howarth
13.38 Dorothy Swinyard
13.31 Vanessa Redford
13.26 Judith Potts
13.04 Margaret Ritchie

DISCUS

56.40 Rosemary Payne
51.60 Dorothy Swinyard
50.54 Margaret Ritchie
48.28 Janet Thompson
48.20 Jackie Elsmore
47.34 Brenda Bedford
46.10 Jose Frampton
46.02 Jean Fielding
45.46 Heather Stuart
44.34 Lesley Mallin

JAVELIN

53.88 Sharon Corbett
51.12 Pru French
50.10 Anne Goodlad
49.98 Jean Randall
49.18 Angela King
48.46 Theresa Sanderson
46.70 Susan James
45.82 Yvonne Fountain
44.66 Shara Spragg
44.04 Sylvia Brodie

PENTATHLON

4429 Mary Peters
4105 Sue Mapstone
4088 Gladys Taylor
3995 Janet Honour
3775 Moira Niccol
3721 Shirley Clelland

BARNET (LONDON BOROUGH)

ORANGE HILL SENIOR HIGH SCHOOL, Abbots Road, Edgware, Middx., HA8 0QR

560 Boys and Girls aged 14-19 on roll. 180 in the sixth form

Required for January 1974 **HEAD OF PHYSICAL EDUCATION AND GAMES** (Scale 4, possibility of 5). The School is the senior of two Schools formed by the amalgamation of the former Orange Hill Boys' and Girls' Grammar Schools, and in the recent past has had an outstanding reputation for proficiency in Soccer, Cricket, Athletics and Cross-Country.

The man appointed would be expected to maintain existing traditions and to co-ordinate the wide variety of physical recreational activities it is hoped to provide in the future. He will have the backing and help of experienced and enthusiastic members of the academic staff who willingly give their time out of school hours. Assistance with approved removal expenses.

Application forms may be obtained from the Headmaster at the School.

J. Dawkins,

Director of Educational Services

OVERSEAS RESULTS continued from page 17

1500/3000SC: 1, Stevens 3:54.1/9:15.8; 5000: 1, Dipper & Lindsell 14:50.4; SP: 1, Richetts 15.36/50'4". Juniors—100: 1, Gama 10.9; 2, Noll 11.2; 200: 1, Noll 22.9; 2, Gama 22.9; 400: 1, Fraud 51.2; HJ: 3, Cuff 1.80/5'10". Women—100: 1, Goddard 12.2; 1500: 1, Kilpatrick 4:40.1. **8.8. Munich.** JT: Wolfermann 86.58/284'1". **15.8. Essen.** 20km/Ihr: Mora (Col) 59:40.4/20,129m (American recs). **18.8. Aarau.** JT: Wolfermann 85.12/279'3". **18.8. Leverkusen.** Women's 100: Richter 11.2, Helten 11.3; 200: Helten 23.3; 400: Frese 52.6, Weinstein 52.6; 3000: JOYCE SMITH 9:21.8, Weiland 9:39.4, YEOMAN 9:39.6; 4x100: WG 43.9; DT: Westermann 59.38/194'10".

18/19.8. Warendorf. Dec: Schulze 7799, Linkman 7744, Warkentin (US) 7605. **22/23.8. Leverkusen.** 100/200: Ommer 10.2/20.6. **25/26.8. Bonn.** Dec: Stroot 7842. **26.8. Dusseldorf.** PV: Baird (Australia, but taking German citizenship—unlikely to compete in Commonwealth Games) 5.26/17'3" (rec); DT: Neu 62.54/205'2". (B) ALLEN SEATORY 56.58/185'7". **26.8. Berlin.** 3000: GRAHAM TAYLOR 8:30.0; women's 400/1500: MARGARET COOMBER 58.4/4:39.3. **28.8. Darmstadt.** HT: Beyer 73.10/239'10". **29.8. Leverkusen.** 800: Schmid 1:46.4, Burmester 1:46.6, Soyka 1:46.6, Wessinghage 1:46.8, Kemper 1:46.9; women's 300: Wilden 37.6; 800: de Lange (Neth) 2:04.2, Tittel 2:04.5, Weinstein 2:05.0 (debut). **1.9. Kassel.** 3000SC: Mora (Col) 8:47.0 (rec). **1/2.9. Leverkusen.** 110H: (+ 3.1m) Nickel 13.5, Berkes 13.7; women's Pen: Voss 45.17. **2.9. Sindelfingen.** Women's 100: Richter 11.3; 200: Kroniger 23.3, Richter 23.5. **2.9. Cologne.** 100: Leibner (jnr) 10.3. **5.9. Frankfurt.** 3000: Mora (Col) 7:55.6 (rec).

SENEGAL

28/29.7. Dakar. 100: Meite (Iv C) 10.4, Mwebi (Ken) 10.4; 800: Kipkurgat (Ken) 1:50.0, Silei (Ken) 1:50.9, Omwanya (Ken) 1:52.4; 110H: Sarr 14.1 (rec); SP: Semkiw (US) 19.55/64'1". women's 100: Assiedua (Gha) 11.6; SP: Okeke (Nig) 13.95/45'9" (rec); DT: Hart (Gha) 46.94/154'0" (rec).

TUNISIA

19-21.7. Tunis. 400: Kamanya (Tanz) 46.5; 1500: Bayi (Tanz) 3:45.3; SP: Assad (Egy) 19.76/64'10".

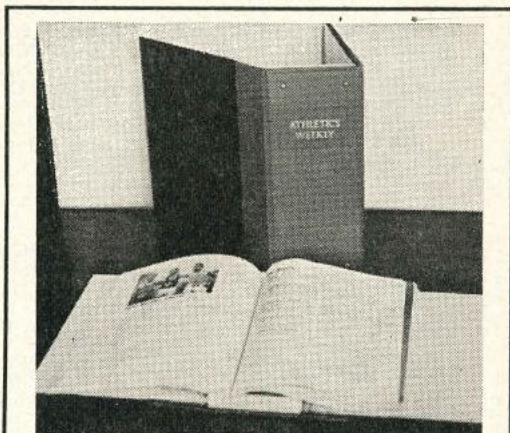
CENTRAL AMERICAN & CARIBBEAN CHAMPIONSHIPS

At Maracaibo. (Venezuela), July 26th-29th

100: Quarrie (Jam) 10.2, Matamoros (Cuba) 10.2, Lawson (Jam) 10.2, Rico (Ven) 10.4, Dill (Ber) 10.4, Ramirez (Cu) 10.4 (10.3 sf); 200: (+ 4.05m) Quarrie 20.1, Leonard (Cu—age 17) 20.3, Bandomo (Cu) 20.4, Gonzalez (PR) 20.5, Dill 20.7, Phillips (Ven) 20.8, Hardware (Jam) 20.9; 400: Juantorena (Cu) 46.4 (45.8 sf), Ferrer (PR) 46.6 . . . 5, Rowe (Jam) 47.5 (46.7 sf); 800: Civil (Cu) 1:49.8; 1500: Colon (PR) 3:45.9;

5000/10,000: Mora (Col) 14:04.2/29:56.4; ½ Mar: Cuevas (Mex) 65:07; 3000SC: Villaneuva (Mex) 8:49.4; 110H: Morales (Cu) 13.7w, Nunez (Cu) 13.8; 400H: Ferrer (PR) 51.9; HJ: Spencer (Cu) 2.06/6'9"; PV: Palacios (Cu) 4.85/15'11"; LJ: Matos (Cu) 7.68/25'2"; TJ: Perez (Cu) 15.79/51'9"; SP: Carreno (Ven) 15.94/52'3" (rec); DT: Morrison (Cu) 57.58/188'11"; HT: Suarez (Cu) 62.50/205'1"; JT: Fernandez (Cu) 74.90/245'9"; Dec: Mirabel (Cu) 7315; Relays: Jamaica 39.9/3:09.4.

Women's 100: Chivas (Cu) 11.4; 200: Chivas 23.5w, Acosta (Cu) 23.9, Williams (Jam) 23.9, Forde (Barb) 24.1; 400: Penton (Cu) 53.5, Acosta 53.7, Forde 54.9; 800: Bradley (Mex) 2:05.8 (rec), de la Cruz (Dom Rep) 2:06.9 (rec); 1500: Nava (Mex) 4:26.3; 100H/200H: Elejalde (Cu) 13.9/28.0; HJ: Bruce (Jam) 1.71/5'7"½; LJ: Garbey (Cu) 6.04/19'9"½; SP: Ramirez (Cu) 14.28/46'10"½; JT: Nunez (Cu) 51.62/169'4"; Pen: Duquet (Cu) 3807; Relays: Cuba 45.9/3:42.1.

**Bind Your Own Copies of "Athletics Weekly"**

with the specially designed Easibinder. Each copy can be inserted quickly and simply.

Strongly made with stiff covers and attractively bound in green leathercloth and milskin, the title "ATHLETICS WEEKLY" is gold blocked on the spine and there is a space for a Self-Seal or similar adhesive label to be inserted giving the year.

Each Easibinder specially packed in box and sent carriage paid for £1.18. The increase in price is due to the new postal charges and V.A.T.

Send you remittance with order to:—

ATHLETICS WEEKLY

344 High Street, Rochester, Kent

JIM LEWIS AND OGDEN TROPHY MEETING

At Feltham, September 2nd

1, Southampton & Eastleigh 216; 2, Windsor, Slough & Eton 166; 3, Feltham 154; 4, Hillingdon 144; 5, Crawley 101; 6, Reading 34. HJ: A. Drayton (S&E) 1.88/6'2". SP: 1, N. Griffin (WS&E) 13.71/44'11½"; 2, Rodhouse (S&E) 13.04/42'9½"; 3, N. Tabor (S&E) 13.02/42'8½". DT: 1, Griffin 43.74/143'6"; 2, Tabor 41.36/135'8"; 3, R. Slaney (Craw) 40.24/132'0".

Youth: 1, Feltham 156; 2, Hillingdon 154; 3, Windsor, Slough & Eton 141; 4, Southampton & Eastleigh 97; 5, Crawley 80; 6, Reading 78. 100: 1, N. Philp (W&SE) 11.4; 2, J. Rhodes-Brown (Felt) 11.6. 200: Philp 23.9. 1500SC: 1, C. Sly (Felt) 4:41.6; 2, G. Hardwick (Craw) 4:55.4; 3, P. Lewis (Hill) 4:58.6; 4, P. Chamberlin (WS&E) 5:04.2. 4x100: Feltham 47.2.

Boys: 1, Feltham 86; 2, Crawley 68; 3, Windsor, Slough & Eton 57; 4, Southampton & Eastleigh 56; 5, Hillingdon 53; 6, Reading 49. 100: J. Gama (Read) 12.0.

Women: 1, Feltham 141; 2, Southampton & Eastleigh 138; 3, Hillingdon 115; 4, Woking 96; 5, Windsor, Slough & Eton 76; 6, Crawley 76; 7, Reading 59. 400: 1, D. Boxall 59.4; 2, S. Brooks (Felt) 59.8. 1500: 1, A. Yeoman (Felt) 4:38.3; 2, T. Turner (Hill) 4:39.7. 100H: D. Stewart (Felt) 14.8. HJ: 1, Stewart 1.58/5'2¼"; 2, eq. G. Arlow (S&E) & H. Scott (Felt) 1.56/5'1¼". LJ: Stewart 5.22/17'1½". DT: 1, J. Elsmore (Read) 40.52/132'11"; 2, A. Hildersley (Craw) 32.50/106'7".

Junior: 1, Feltham 127; 2, Southampton & Eastleigh 107; 3, Hillingdon 106; 4, Crawley 93; 5, Reading 81; 6, Windsor, Slough & Eton 65; 7, Woking 63. 100: 1, J. Way (S&E) 13.0; 2, A. Lyne (Felt) 13.0; 3, J. Kingam (Hill) 13.2. 200: 1, Way 26.9; 2, Lyne 27.2. 1500: J. Rout (Felt) 5:06.3. 75H: 1, Way 11.9; 2, P. Harris (Hill) 12.1; 3, J. Buss (Craw) 12.6; 4, C. Haywood (Felt) 12.6. (B) E. Oakes (Hill) 12.8. 4x100: 1, Feltham 52.4; 2, Hillingdon 53.5. HJ: Buss 1.50/4'11". SP: Newton (Read) 11.30/37'1".

VETS CORNER

Vets AC 100 handicap: 1, N. Martin (22m) 12.5; 2, A. Dunn (5½m) 12.6; 3, A. Welling (34m) 13.3. 100 handicap: 1, S. Stein (11½m) 11.9; 2, K. Scott (Scr) 11.9; 3, A. Dunn (7m) 12.5. 100 handicap: 1, S. Stein (10m) 11.9; 2, K. Scott (½m) 12.0; 3, J. Searle (19m) 12.4. 1500 handicap: 1, J. Signouray (350m) 3:44.6; 2, L. Davis (525m) 3:51.1; 3, K. Bray (250m) 3:53.4.

McCAFFERTY SIGNS WITH ITA

Ian McCafferty, already a professional, is the first European to sign up with the American ITA group. He is on a 3-year contract, and the 1974 season starts in January.

* * *

Paul Varney, ex-member of Thames Valley Harriers, wishes to make it clear that he is now a first claim member of Leamington C&AC.

THAMES VALLEY HARRIERS

are pleased to announce

the first of a series of

WINTER OPEN MEETINGS

at

WEST LONDON STADIUM

WEDNESDAY, 3rd OCTOBER

110m Hds	7.00 p.m.
Discus	7.15 p.m.
High Jump	7.15 p.m.
300 metres	7.20 p.m.
1500 metres	8.00 p.m.

WEDNESDAY, 7th NOVEMBER

(closing date 2nd Nov.)

400m Hds	7.00 p.m.
Long Jump	7.15 p.m.
Hammer	7.15 p.m.
600 metres	7.20 p.m.
3000 metres	8.00 p.m.

Meetings to be arranged for following months—the first Wednesday in every month.

ENTRY FORM

Name Age

Address

Event 20p per event

Best approx. performance 1973

Send to Mr. J. Sexton, 21 Surrey Lodge,
Queens Road, Hersham, Surrey.

ENTRIES BY POST ONLY**—NOT ON THE DAY**

LAST CHANCE TO IMPRESS SELECTORS

NEXT Tuesday, England's Commonwealth Games men's team, with the exception of the 10,000, marathon, decathlon and walking competitors, will be announced. All but a handful of those ultimately chosen will be going through their paces at the England Commonwealth Games Trials at Crystal Palace today (Sept. 29th)—the last chance to impress the selectors.

The three biggest names in British athletics this season—Andy Carter, Brendan Foster and Dave Bedford—will not be competing. All three, recovering from physical setbacks, are automatic choices and the selectors, wisely, have not demanded that they run on this occasion although they will be required to demonstrate their racing fitness at some time during the next three months. The team leaves for New Zealand on January 10th.

Many others—one thinks of men like Chris Monk, Dave Black, Alan Pascoe, Brian Hooper, Alan Lerwill, Geoff Capes, Bill Tancred, Barry Williams and Dave Travis—are down to compete even though they cannot have any worries about selection. The real excitement of these trials (which, the selectors insist, are not of the "sudden death" variety) will be generated in those events where form is by no means clearcut and where a really good performance on the day could bring

to reality what has only been a dream thus far: a trip to Christchurch.

The race of the day could well be the 800. There are only two places left open . . . with Pete Browne, Colin Campbell, Dave Cropper, John Davies, Steve Ovett, Tony Settle and Mike Froment vying for them! An added complication is that Browne, who has the fastest time (1:46.2) and probably the best competitive record behind Carter this season, has been suffering from a virus (which affected his running against Sweden) and is not a certain starter.

The English men's team is likely to be 40-strong, with a strong bias towards the track and road events. It's possible, with the numbers involved that only two jumpers will be taken: Alan Lerwill and Brian Hooper. The team personnel could follow these lines:—

100—3 men; 200—3 men (Monk for 100 & 200?); 400—3 men; 800—3 men; 1500—3 men; 5000—3 men (Foster for 1500 & 5000?); 10,000—3 men (Bedford and/or Black for 5000 & 10,000?); Mar—3 men; 3000SC—3 men; 110H—2 men; 400H—3 men (Pascoe for 110H & 400H?); HJ/LJ/TJ—1 man; PV—1 man; SP—3 men; DT—3 men (W. Tancred and Capes or Winch for SP & DT?); HT—3 men; JT—2 men; Dec—2 men; 20M Walk—3 men; Relays—from athletes nominated for individual events. That totals 43 or 44, which gives an idea of how sparse the representation may be in some events. It's going to be tough making that team.

Invited Athletes

100: Pat Barrett, Ainsley Bennett, Terry Collins, Derek Cole, David Dear, Brian Green, Ian Green, Steve Green, Barrie Kelly, Richard Kennedy, Robert Kislingbury, Ian Matthews, Chris Monk, Roger Walters, Steve White.

200: Bennett, Cole, Collins, Dear, B. Green, I. Green, S. Green, Kislingbury, Matthews, Monk, Alan Pascoe, Walters, White.

400: Gary Armstrong, Glen Cohen, Ray Hearn, Steve Marlow, Andy Williams. Doubtful starters: Jim Aukett, Ian Saunders, John Wilson. Possible addition: Roger Jenkins (born in Liverpool and thus eligible although selectors "consider him Scottish").

800: Pete Browne, Colin Campbell, Dave Cropper, John Davies, Mike Froment, Steve Ovett, Tony Settle. Non-starter: Andy Carter.

1500: Phil Banning, John Cadman, Jim Douglas, John Kirkbride, Dave Moorcroft, Ray Smedley, Walter Wilkinson. Non-starter: Brendan Foster.

5000: Henk Altmann, Mike Baxter, Mick Beevor, Dave Black, Roger Clark, Julian Goater, Bob Holt, Jack Lane, Dick Newble, Keith Penny, Allan Rushmer, Tony Simmons, David Slater, Charles Spedding, Kevin Steere, Chris Stewart, Grenville Tuck.

3000SC: John Bicourt, David Camp, Dennis Coates, Andy Holden, Steve Hollings, Colin Moxsom, John Offord, Gerry Stevens.

HARRY PARKES

THE MIDLANDS LEADING SPORTS OUTFITTERS

BE READY FOR WINTER TRAINING

'ADIDAS' RAIN SUITS

Tops £5.13 Trousers £5.13

Please state second colour choice.

'SAXONCLAD' RAIN SUITS

Few only S. M. L. Red only £5 complete

— while stocks last.

Huge Selection in All Sizes

TRAINING SHOES and SPIKES

ADIDAS and SAXONCLAD

TRACK SUITS

STRING VESTS — Excellent Thermal underwear under track suits.

HARRY PARKES

159 CORPORATION STREET, BIRMINGHAM 4
(Near Law Courts) Tel. 021-236 5476

110H: Bob Davidson, Graham Gower, Peter Kelly, Richard Palmer, Bob Parker, Alan Pascoe.

400H: Steve Black, Bill Hartley, Steve James, Kelly, John Sherwood, Paul Young. Doubtful starter: Pascoe.

High Jump: Colin Boreham, Mike Butterfield, Mike Campbell, Alan Lerwill, Eric Shirley, Garry Vose, Chris Wilson.

Pole Vault: Steve Chappell, Jeff Fenge, Brian Hooper, Keith Stock, Stuart Tufton, Allan Williams.

Long Jump: Pat Bevan, Derek Cole, Jerry Gangadeen, Geoff Hignett, Lerwill, Trevor Paice, Phil Scott, Steve Wright.

Triple Jump: Peter Blackburn, Chris Colman, John Crotty, Rodney Heward-Mills, David Johnson, Richard Maull, John Vernon, Andy Vincent, Tony Wadhams.

Shot: Geoff Capes, Bill Fuller, Bill Tancred, Jeff Teale, Mike Winch.

Discus: Capes, John Hillier, Peter Tancred, Bill Tancred, John Watts, Winch.

Hammer: Eric Berry, Ian Chipchase, Paul Dickenson, Chris Melluish, Howard Payne, Jim Whitehead, Barry Williams.

Javelin: Charles Clover, Brian Roberts, Kevin Sheppard, Ron Silvester, Dave Travis.

Also on the programme of the meeting sponsored by VG Food stores on behalf of the World Wildlife Fund, is the England women's 800m trial (which could involve Joan Allison, Norine Braithwaite, Sheila Carey, Pat Cropper, Lesley Kiernan, Gloria O'Leary and Shirley Somervell) and an inter-area pentathlon which will also serve as a selection trial.

Timetable

11.00—Pentathlon 100H; 11.30—Pentathlon SP; 12.00—Women's Inter 4x100 hts; 12.20—Women's Jnr 4x100 hts; 12.40—Women's Medley hts; 13.00—Pentathlon HJ, WAAA 4x400 hts; 14.00—PV, TJ, SP, HT, Inter 4x100 final; 14.10—Jnr 4x100 final; 14.20—100 hts; 14.35—WAAA 4x400 final; 14.45—110H; 14.55—100; 15.00—JT; 15.05—Medley final; 15.10—Pentathlon LJ; 15.15—1500; 15.25—400; 15.30—5000; 15.45—HJ; 15.50—200 hts; 16.00—DT, 800; 16.10—Women's 800; 16.15—LJ; 16.20—400H; 16.30—Pentathlon 200; 16.40—200 final; 16.50—3000SC.

Latest Top 10 List: see page 18

JOHN BERRY 3rd in 100km

John Berry of Wakefield Harriers, recent winner of the Isle of Man '40', finished third in the EVG-Europa 100km Championship in Unna (West Germany) on September 8th/9th. Of the 2197 starters from 20 countries Berry and his teammate Fred Howell finished high up in a very strong field of international runners. 1, A. Bremm (W. Ger) 6:59:14; 2, J. Bergmann (W. Ger) 7:36:15; 3, J. Berry (Wakefield) 7:37:11 . . . 15, F. Howell (Wakefield) 8:57:33.

BROMSGROVE & REDDITCH AC YOUNG ATHLETES ROAD RELAYS

September 8th

(Under 18 Youths race—4x2½M) 1, Manchester (N. Hepson 11.45; I. Greaterex 11.31; J. O'Brien 12.21; M. Plant 11.23) 47:00; 2, Coventry Godiva (P. Buttriss 11.43; S. Leckie 11.46; E. Kelly 13.11; D. Lavelle 12.03) 48:43; 3, North London (M. English 11.30; E. Anthony 13.53; I. Smith 13.04; P. Holland 13.02) 51:29. Fastest lap: M. Plant (Manchester) 11:23.

(Under 16 Boys race—4x2½M) 1, Coventry Godiva (N. Rose 12.11; C. Shaughnessy 12.26; M. Boulton 12.21; C. Siwed 13.18) 50:16; 2, Manchester (B. Eden 12.27; G. Broster 12.43; N. Singleton 12.39; D. Smith 12.34) 50:23; 3, Birchfield (B. White 12.52; T. Sandford 12.44; S. Singh 12.29; M. Leeson 12.32) 50:37. Fastest lap: Edwards (W&B) 12:05.

(Under 12 Colts race—4x2½M) 1, Manchester P. Murray 12:53; A. Taylor 13:32; G. McKenzie 13:05; P. Northrop 13:01) 52:37; 2, Liverpool Pembroke (M. Brady 13:24; S. Kernighan 13:45; P. Dwyer 14:22; N. Malone 13:58) 55:30; 3, Cheltenham (D. Collett 14:18; M. Silvey 14:26; T. Beckett 13:24; D. Love 13:35) 55:43. Fastest lap: C. Perkins (BRAC) 12:35.

WELSH NOTES

Today (Sept. 29th) the "run" from Llanwonno to Mountain Ash Town Hall starts at 11 a.m. Proceeds of street collection and entry fees go to the Commonwealth Games Fund. The "Lake 15" road race starts from Maindy Stadium, Cardiff at 2.30 p.m., promoted by Cardiff AAC. Next Monday evening, October 1st, the final race in the present autumn series of evening road races organised by RRC Wales is at Caerphilly, starting from the YMCA at 7 p.m. The AGM of the Welsh AAA is at Denbigh, N. Wales, on October 6th. Newport Harriers promote their annual road races from Glebelands track at 2.30 p.m.

Starter Ron Evans of Carmarthen, who has attended or officiated at each Commonwealth Games since Cardiff in 1958, has been invited by the promoting body in New Zealand to officiate at Christchurch.

Bill Allen has resigned as secretary of Port Talbot Harriers due to other pressures. His successor is Jim O'Brien, 12 Greig Close, Sandfields, Port Talbot, Glam.

WORLD RECORD ATTEMPT

Bernie Plain, in conjunction with the RRC (Wales), is assembling a top class field to join him in an attack on the world 20 miles track record on the new Tartan track at Bristol on Saturday, December 1st. He would be pleased to hear from anyone interested in running. His address: 16 Inglefield Avenue, Heath, Cardiff.

The new General Secretary of Dudley and Stourbridge Harriers is R. G. Mulgrue, B/82 Ingoldsby Road, Birmingham B31 2HH.

WORTHING DOWNS '11'

(Actual distance 10.8 miles)

At Sompting, September 8th

- 1, M. Hurd (RAF Abingdon) 56:25
 2, W. Weller (Belgrave) 56:56
 3, P. Gallagher (Crawley) 58:05
 4, I. Burgess (S&E) 59:53; 5, M. Baggs (Univ Coll) 59:59; 6, T. Brackstone (Walt) 61:03; 7, B. Collins (HW) 61:35; 8, W. Beauvais (Walt) 64:55; 9, C. Beauvais (Walt) 65:56; 10, J. Doggett (S&E) 66:00.
Teams: 1, Walton 23; 2, Southampton & Eastleigh 25; 3, Crawley 45.

VAUX MOUNTAIN TRIAL**At Grasmere, September 9th**

- 1, J. Naylor (Kendal) 4:50.35
 2, P. Walkington (Individual) 4:59.19
 3, A. Churchill (Clayton-le-Moors) 5:10.18
 4, H. Blenkinsop (Sale) 5:31.54; 5, M. Davies (Read) 5:34.40; 6, P. Bland (Kend) 5:38.05; 7, A. Heaton (Clay) 5:40.40; 8, H. Walker (B'burn) 5:53.55; 9, M. Wells-Cole (OK Nuts) 6:10.25; 10, J. Smith (B&R) 6:16.30; 11, D. Weir (Sale) 6:17.30; 12, R. Mitchell (Lake) 6:19.40; 13, R. Futrell (Colne) 6:20.05; 14, N. Carrington (Sale) 6:25.00; 15, E. Roberts (Ken) 6:28.31; 16, W. Smith (Clay) 6:28.50; 17, M. Hayes (Com Harvesters) 6:31.30; 18, A. Evans (Ken) 6:32.29; 19, D. Hartley (ESH) 6:35.43; 20, D. Howard (Shaft) 6:35.50; 21, W. Millen (Ken) 6:38.02; 22, eq. M. Walford & P. Bathgate (Kn) 6:38.20; 24, G. Brass (Clay) 6:38.55; 25, N. Heaton (Bolt) 6:44.40; 26, M. Hyman (Occ Orient) 6:48.40; 27, J. Booth (TH&H) 6:51.50; 28, R. Astles (Ruck) 6:52.10; 29, P. Thompson (Warr) 6:52.11; 30, P. Hartley (Ross) 6:54.30.
Teams: 1, Kendal 'A' 16:57.11; 2, Clayton-le-Moors 17:19.48; 3, Sale 18:14.24; 4, Kendal 'B' 19:48.51; 5, Kendal 'C' 20:43.40; 6, Bolton 21:28.59; 7, Clayton-le-Moors 'B' 21:44.03; 8, Eskerdale 23:19.12; 9, Thames H&H 24:16.50; 10, Ulswater 25:30.10.

SEASIDE ROAD RELAY**At Cleethorpes, September 9th**

- 1, Bolton (A. Byrne 19.05; N. Ward 19.43; K. Darlow 19.37; M. Freary 18.40; G. Entwistle 20.42; S. Kenyon 19.43) 1:57.30;
 2, Airedale, Spen Valley (A. Dewhurst 20.06; J. Temperton 19.41; R. May 19.31; D. Mayho 20.13; J. Todd 20.27; R. Harrison 19.17) 1:59.15;
 3, Leeds (W. Ward 20.36; B. Hilton 20.00; M. Dell 19.21; J. Lunn 20.20; M. Brown 20.43; L. Lanson 21.31) 2:02.22;
 4, Holmfirth (E. Crossland 19.40; C. Hollingworth 20.43; S. Beardsell 20.40; G. Ellis 20.42; M. Armitage 20.44; T. Ramsden 20.46) 2:03.15;
 5, Sheffield United (N. Spiers 21.05; D. Pratt 19.23; A. Baggett 20.58; K. Angus 20.14; R. Turner 22.43; P. Rawnsley 19.47) 2:04.10;
 6, Holbeach (R. Perry 20.57; M. Prosser 20.34; R. Brewitt 20.04; R. Thornton 24.21; M. Exton 20.23; P. Romaine 19.41) 2:26.00;
 7, Grimsby 2:09.17; 8, Lincoln C&C 2:12.56;
 9, A&SV 'B' 2:15.55; 10, Sheffield 'B' 2:18.01;
 11, Grimsby 'B' 2:19.48; 12, Holmfirth 'B' 2:23.16;
 13, Grimsby 'C' 2:36.10.

Fastest: Freary 18:40; Byrne 19:05; Dell 19:12.**GREENWICH '11'****September 8th**

- 1, D. Faircloth (Croydon) 55:11
 2, R. Richardson (Blackheath) 55:12
 3, B. Watson (Cambridge H) 55.14
 4, G. Taylor (Camb H) 59.24; 5, A. Jones (Camb H) 1:00.33; 6, J. Wilkins (Camb H) 1:00.38; 7, L. Mann (Bels) 1:00.45; 8, P. Yarlett (Croy) 1:00.47; 9, R. Dickson (Croy) 1:00.58; 10, I. McKenzie (Met P) 1:03.04; 11, S. Izzard (Hermes) 1:03.50; 12, D. Dellar (Camb H) 1:04.33; 13, A. Lennox (Croy) 1:04.50; 14, D. Chaplin (Hermes) 1:05.34; 15, J. Phelan (Hermes) 1:05.58.
Teams: 1, Cambridge H 9; 2, Croydon 14; 3, Cambridge H 'B' 26.

INTER-BOROUGH MATCH**At Ladywell, September 9th**

- Borough of Croydon 259; Borough of Lewisham 227; Borough of Greenwich 127.** 200: S. Green (Lew) 22.3; 2, R. Benn (Croy) 22.3; 3, J. Morgan (Lew) 23.5. 1500: 1, P. Williams (Green) 3:57.0; 2, F. Stebbings (Croy) 3:57.0. 5000: D. Faircloth (Croy) 14:48.3. DT: P. Broos (Croy) 40.20/131'11". JT: G. Keen (Lew-J) 59.54/195'4". 4x100: Lewisham 44.1. (**Youths**) HJ: S. Parsons (Croy) 1.76/5'9". (**Women**) 100: 1, H. Barnett (Lew-Inter) 12.3; 2, S. Biggs (Croy) 12.4. 200: 1, Barnett 25.6; 2, S. Howard (Croy) 26.0. 1500: S. Somervell (Green) 4:38.7. HJ: 1, A. Manley (Croy) 1.71/5'14". 2 eq. D. Brown & S. Vickers (Lew) 1.71. DT: 1, I. Kirsten (Lew) 39.06/128'2". 2, M. Bothamley (Croy) 34.34/112'8". 3, Y. Marson (Lew) 31.00/101'8". 4x100: Croydon 50.3. (**Junior**) 100: S. Ratcliffe (Lew) 13.1. 800: 1, C. Simmonds (Croy) 2:25.6; 2, D. Goode (Lew) 2:27.3; 3, J. Oliver (Lew) 2:28.5.

**WOLVERHAMPTON & BILSTON 228
WEST MIDLANDS TRACK LEAGUE 118****At Wolverhampton, September 5th**

- 100: G. Cohen (W&B) 11.2. 200: 1, R. Walters (W&B) 21.9; 2, P. Kelly (W&B) 22.6. 800: 1, C. Bode (W&B) 1:55.5; 2, D. Eades (W&B) 1:55.6; 3, K. Hall (TL-J) 1:55.6; 4, G. Page (W&B) 1:56.5. 3000: P. Gowans (W&B-Y) 8:36.0. 4x100: W&B 43.1. (**Vets**) 1500: C. Kemball (W&B) 4:29.9. (**Juniors**) 100: 1, D. Price (W&B) 11.3; 2, A. James (W&B) 11.4. (**Youths**) 200: 1, M. Robertson (TL) 23.6; 2, C. Bearley (TL) 23.7; 3, J. Tellwright (W&B-B) 23.7. 800: 1, G. Cook (W&B) 1:57.6; 2, L. Peck (W&B) 1:58.1; 3, A. Nock (TL) 2:01.8; 4, Bearley 2:01.8. 1500: 1, M. Edwards (W&B) 4:03.2; 2, S. Kendall (TL) 4:08.1. 4x100: W&B 46.6. (**Boys**) 100: J. Tellwright (W&B) 11.8. 800: A. Hupperdine (W) 2:10.0. (**Women**) **Wolverhampton & Bilston 135; West Midlands Track League 126.** 100: 1, M. Tranter (W&B) 12.2; 2, T. Sanderson (W&B) 12.6. 200: Tranter 24.5. 800: 1, J. Smith (TL-I) 2:21.0; 2, P. Byrne (W&B-I) 2:21.4. 4x100: W&B 50.0. LJ: Sanderson 5.49/18'0". (**Juniors**) 200: E. Spurgin (W&B) 27.1. 800: 1, E. Aldridge (W&B) 2:24.5; 2, S. Brown (TL) 2:25.6; 3, J. Harris (W&B) 2:25.8. 4x100: W&B 53.6. SP: Y. Stewart (TL) 9.70/31'10".

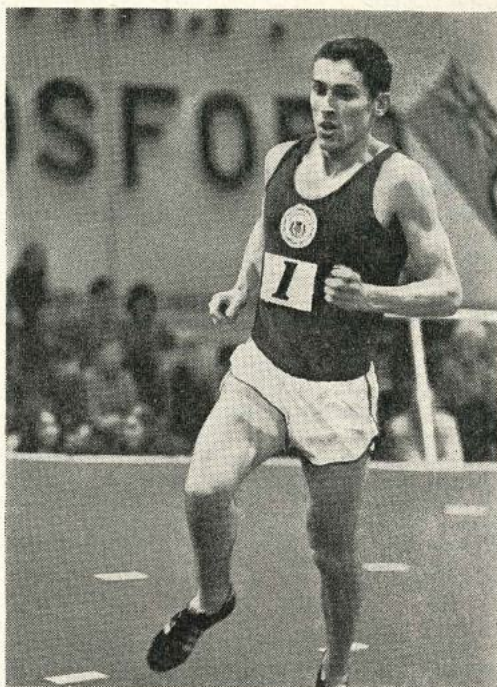
SUCCESSFUL RETURN OF IAN STEWART

COATBRIDGE '5'

At Coatbridge, September 15th

- 1, I. Stewart (Birchfield) 24:32
 - 2, A. McKean (Edinburgh Un) 25:03
 - 3, J. Brown (Monkland) 25:24
 - 4, L. Stewart (Shett) 25:28; 5, F. Murray (ESH) 25:33; 6, J. Dingwall (Edin Un) 25:36; 7, D. Macgregor (ESH) 25:39; 8, D. Gunstone (EAC) 25:45; 9, F. Davis (Liv H) 25:52; 10, W. Day (Falk) 25:55; 11, P. Carey (Liv H) 25:58; 12, R. Harrison (Liv H) 26:18; 13, M. Craven (ESH) 26:25; 14, R. Tilling (B'field) 26:27; 15, C. Martin (Dumb) 26:30; 16, C. Spence (Shett) 26:33; 17, D. Cannon (Ken) 26:35; 18, D. Lang (Glas P) 26:40; 19, C. Milne (Aber) 26:42; 20, J. Walker (Edin Un) 26:43; 21, W. Stoddart (Green) 26:49; 22, G. Eadie (Cambus) 27:03; 23, P. Dolan (Clyde) 27:04; 24, E. Knox (Spring) 27:06; 25, J. Gunstone (Glas Un) 27:09; 26, D. Ritchie (B'field) 27:09; 27, W. Lowe (Glas P) 27:12; 28, D. Gemmell (Clyde) 27:13; 29, W. Yate (Mary) 27:16; 30, C. Jackson (B'field) 27:22.
- Teams:** 1, Edinburgh Southern 25; 2, Edinburgh University 28; 3, Liverpool H. 32; 4, Birchfield 41; 5, Monkland 90; 6, Falkirk 92.

Readers are reminded that anonymous letters cannot be printed. If, for any reason, the writer does not wish his actual name to appear, he must still include these details, though not for publication, for the letter to be included!



IAN STEWART

Ed Lacey

FOURTH ANNUAL MEADOWBANK CONVENTION FOR ATHLETICS COACHES

2nd—4th NOVEMBER, 1973

KING JAMES HOTEL, EDINBURGH

Arranged jointly by the

Scottish Amateur Athletic Joint
Coaching Committee

Scottish National Coach—F. D. Dick
Meadowbank Sports Centre

Lecture topics include—

Current thought on Adaptation Physiology
Coach and Athlete
Does Science have anything to offer
The Biomechanics of the High Jump
Conditioning the Throws/Jumps Athlete
What's in it for me/Sponsorship
Technical trends in 1973

For further information and application form
contact:—

Meadowbank Sports Centre
139 London Road,
Edinburgh EH7 6AE

APPLICATIONS CLOSE 15th OCTOBER

BATLEY SPORTS DEVELOPMENT COUNCIL

(In conjunction with Airedale and
Spenn Valley A.C.)

ANNUAL ROAD RACES

(A.A.A., W.C.C. and R.W.A. Rules)

Sponsored by Home Charm Paints (SPL) Ltd.

SUNDAY, 28th OCTOBER, at 2 p.m.

LADIES' COMPOSITE RELAY

Juniors 1½ Miles, Intermediates 1 Mile,
Seniors 1 Mile—30p per team.

YOUNG ATHLETES COMPOSITE RELAY

Boys 2 Miles, Colts 1 Mile, Youths
3 Miles—30p per team.

SENIOR 6 MILES OPEN RACE

Individual and Team Awards (4 to count),
Veteran Prizes—15p per entry.

TOTAL PRIZE MONEY—£130

Entries to K. Duckworth, 70 Marsh Street,
Bradford. Cheques and P.O.s payable to "Bat-
ley Sports Development Council".

CLOSING DATE 17th OCTOBER

SOUTHERN LEAGUE (Div. 1)**September 15th**

At Hendon: 1, Ilford 131; 2, Highgate 124; 3, Wycombe Phoenix 115; 4, Crawley 94; 5, Walton 75. **At Bournemouth:** 1, Windsor, Slough & Eton 143; 2, Epsom & Ewell 123; 3, Blackheath 97; 4, Bournemouth 89; 5, Exeter 77. **At Met Police HQ, Hendon:** 1, Met Police 134; 2, Feltham 110; 3, Portsmouth 108; 4, Surrey Beagles 105; 5, Cambridge & Coleridge 77. **At Sutcliffe Park:** 1, Oxford City 142; 2, Aldershot, Farnham & Dist 116; 3, Cambridge H. 113; 4, Mitcham 106; 5, Worthing 58. **At Wimbledon:** 1, Belgrave 139; 2, Herne Hill 116; 3, Medway 105½; 4, Harlow 99; 5, Queens Park 73½.

Final positions: 1, Oxford City 29; 2, Windsor, S&E 28; 3, Met Police 27; 4, Belgrave 27; 5, Aldershot, F&D 26; 6, Mitcham 25; 7, Cambridge H 23; 8, Feltham 20; 9, Ilford 20; 10, Epsom & E 19; 11, Surrey Beagles 17½; 12, Highgate 17; 13, Bournemouth 15½; 14, Herne Hill 15; 15, Medway 15; 16, Blackheath 14½; 17, Portsmouth 14½; 18, Exeter 14½; 19, Crawley 14; 20, Walton 14; 21, Wycombe Ph 13½; 22, Harlow 13; 23, Queens Park 12; 24, Cambridge & C 9; 25, Worthing 7.

All Southern Athletic League clubs are reminded that any proposals to change the league rules for 1974 must be sent to the Secretary, Roger Buzzard, by October 1st for inclusion in the agenda of the league AGM.

EUROPEAN CATHOLIC STUDENTS CHAMPIONSHIPS**At Vittel (France), August 6th-11th**

(Boys, born 1955-57). 100: Marco (Spa) 11.0 . . . 3, Reidy (RoI) 11.1. 400: Allemeers (Bel) 48.3 . . . 3, Jordan (RoI) 50.0. 800: O'Shaughnessy (RoI) 1:51.8 . . . 3, Aspel (RoI) 1:54.2. 1500: Aspel 3:52.8 . . . 7, Nash (UK) 4:02.0; 8, Carroll (RoI) 4:02.8. 3000: Schoofs (Bel) 8:26.4 . . . 3, Nash (UK) 8:29.8; 4, Redmond (RoI) 8:33.8; 7, Carroll 8:38.8. 1500SC: Vanleirsberghe (Bel) 4:13.9; 2, Cosgrave (UK) 4:18.3; 3, Campbell (RoI) 4:22.0. 4x400: Belgium 3:21.1 . . . 3, RoI 3:24.5; 5, UK 3:27.4. PV: Ceresuela (Spa) 4:10/13'5¼" . . . 3, Berkeley (RoI) 3:50/11'5¼"; 4, Brooking (UK) 3:50. LJ: 1, Rodriguez (Spa) 6.79/22'3¼"; 2, Cronin (RoI) 6.75/22'1¼". TJ: 1, Cronin 14.58/47'10"; 2, Jordan (RoI) 14.16/46'5¼". SP (6 kg): 1, Rodhouse (GB) 15.35/50'4¼"; 2, Monaghan (UK) 15.05/49'4¼". DT: Pineiro (Spa) 41.92/137'6" . . . 3, Monaghan 40.96/134'4". HT: Gayoso (Spa) 49.64/162'10"; 2, Campbell (RoI) 49.12/161'2".

(Boys, born 1958/59). 80: 1, Demouy (Fra) 9.3. 2, Wright (RoI) 9.4; 3, Nelson (UK) 9.4. 300: Dewulf (Bel) 37.0 . . . 3, Costelloe (RoI) 40.1. 1000: Butler (UK) 2:38.4 . . . 3, O'Shaughnessy (RoI) 2:41.3. 4x80: Belgium 36.4 . . . 3, UK 37.7. HJ: Paillason (Fra) 1.81/5'11¼" . . . 4, Brookes (UK) 1.65/5'5". LJ: 1, Sinatra (Ita) 6.43/21'1¼"; 2, Nelson (UK) 6.42/21'0¼". SP (4kg): Lakiere (Bel) 16.28/53'5" . . . 3, Mazzon (UK) 13.74/45'1".

Yves Pinaud

Sportsworld

EUROPA CUP: Read Neil Allen's summary.**STEVE OVETT:** Penetrating interview by Neil Wilson.

**The magazine for sport
and
those who play it.**

OUT NOW,

20p from your newsagent, or write for subscription details to:

SPORTSWORLD, WATLING STREET, BLETCHLEY, BUCKS.

NORTHERN WOMEN'S LEAGUE

(Division 1)

At Warrington, September 9th

1, Stretford 317½; 2, Sale 299½; 3, Hull Spartan 240; 4, Warrington 236; 5, City of Hull 222; 6, Bury and Radcliffe 152.

100: 1, S. Colyear (Stret) 11.9; 2, W. Hill (B&R) 12.0; 3, K. Walker (Hull S) 12.3; 4, D. Collis (Sale) 12.6; 5, L. Hampson (Warr) 12.6; 6, C. Howell (Cty Hull) 12.6. (B) A. McClelland (Stret) 12.5. 200: 1, Colyear 24.8; 2, Walker 25.7. (B) 1, Howell 25.5; 2, M. Collinson (Hull S) 25.9. 400: 1, C. Howell (Cty Hull) 57.4; 2, Hill 58.2; 3, A. Colley (Stret) 59.6. (B) 1, C. Tranter (Stret) 58.5; 2, S. Howell (Cty Hull) 58.9. 800: 1, J. Williamson (Sale) 2:13.5; 2, C. Haskett (Stret) 2:16.0. 3000: 1, A. Robinson (Sale) 10:15.8; 2, S. Holmes (Warr) 10:16.8; 3, C. Haskett 10:22.6. 100H: 1, Colyear 15.0; 2, B. Vining (Hull S) 15.8; 3, J. Rainford (B&R) 16.2. (B) B. Davidson (Hull S) 16.0. 200H: Howell 28.7; 2, L. Davies (Stret) 29.8; 3, Rainford 31.2. HJ: C. Allinson (Stret) 1.68/5'6". LJ: G. Howell (Cty Hull) 5.20/17'0½". SP: 1, D. Howarth (B&R) 12.60/41'4½"; 2, A. Jackson (Stret) 10.22/33'6½". DT: J. Pickering (Stret) 32.58/106'11". (B) J. Giblin (Warr) 33.18/108'10". 4x100: 1, Stretford 49.9; 2, Bury & Radcliffe 50.2; 3, Hull Spartan 50.5. 4x400: Stretford 4:06.0.

(Inters) 200: 1, A. McClelland (Stret) 26.1; 2, M. Hudson (Sale) 26.7; 3, Z. Campbell (B&R) 26.8. (B) K. Inman (Hull S) 26.8. 800: 1, P. Barnett (Sale) 2:20.0; 2, J. Arnold (Warr) 2:20.4. HJ: 1, J. Crouchley (Stret) 1.65/5'5"; 2, G. Howell (Cty Hull) 1.55/5'1". (Juniors) 100: 1, K. Sykes (Warr) 12.9; 2, C. Hawkins (Hull S) 13.2; 3, D. Littlewood (Sale) 13.2. (B) 1, S. Back (Sale) 13.0; 2, C. Purcell (Hull S) 13.2. 200: 1, K. Ripley (Hull S) 26.8; 2, Sykes 27.3; 3, Y. Ritchie (Sale) 27.3. (B) 1, Back 27.2; 2, Ripley 27.3. 800: 1, S. Parker (Warr) 2:22.0; 2, V. Stammers (Hull S) 2:24.0; 3, S. Williamson (Sale) 2:25.1; 4, J. Moody (Cty Hull) 2:26.2. (B) D. Briggs (Hull S) 2:27.0. 75H: 1, S. Strong (Stret) 11.9; 2, F. McKnight (Sale) 12.0; 3, B. Inman (Hull S) 12.2; 4, F. Meachin (Warr) 12.4. (B) 1, D. McNulty (Warr) 12.2; 2, N. Seddon (Sale) 12.3; 3, C. Moody (Stret) 12.6; 4, S. Brown (Cty Hull) 12.8. HJ: 1, J. Thomas (Warr) 1.55/5'1"; 2, N. Seddon (Sale) 1.45/4'9"; 3, C. Seaman (Stret) 1.45. (B) S. Hesp (Warr) 1.45. LJ: 1, S. Strong (Stret) 4.91/16'1½"; 2, Purcell (Hull S) 4.87/15'11½"; 3, Seddon 4.82/15'9½"; 4, V. Roach (Cty Hull) 4.80/15'9". SP: Y. Ritchie (Sale) 9.83/32'3". (B) A. Mullin (Sale) 9.48/31'1½". JT: (B) J. Morris (Hull S) 30.84/101'2".

14th, 20th and 22nd in the Mecca '10' were A. Brackstone, M. Hoffman and C. Beauvais respectively, all of Walton and not Walthamstow as printed.

Victoria Park Harriers hold their AGM on October 24th.

DOUG BUSST

Doug Busst, the Five Star Agent for Berkshire, died peacefully in hospital on September 8th following a brain haemorrhage. He had been a Five Star Agent since the inception of the scheme in 1968 and continued this work right up until he was taken into hospital on the evening of September 7th.

He had also been a valued member of the NUTS since 1967, dealing with Pentathlon and Decathlon statistics, and his familiar bearded figure will be sadly missed by us all. He was 54. **F.A.K.**

BOROUGH OF HAMMERSMITH OPEN MEETING

At Hurlingham, September 8th

100: R. Kislbury (Hill) 11.1. 400: 1 H. Davies (W. Corn) 49.8; 2, S. Oke (Poly) 50.2. 1500: M. Fromant (Mit) 3:59.6. PV: 1, E. Mustafa (N. Lon) 3.60/11'9½"; 2, H. Davis (N. Lon) 3.40/11'1½". DT: 1, A. Kerr (Hill) 46.56/152'9"; 2, R. Manager (Barn) 41.18/135'1". (Juniors) 400: G. Doerr (Bas) 51.9. PV: 1, Mustafa 3.66/12'0"; 2, Davis 3.50/11'5½". LJ: T. Paica 6.78/22'3". (Youths) 100: A. Gillies (Hill) 11.4. 400: D. King (Vic P) 51.6. LJ: M. Grant (Enf) 6.02/19'9". (Women) 400/800: B. McMaster (If) 59.5/2:17.8. LJ: L. Booth 5.27/17'3½". SP/DT: J. Kerr (Mit) 14.05/46'1½" & 42.18/138'5". (Inters) 100: 1, J. Bowerman (Mit) 12.8; 2, W. Grant (Vic P) 12.8; 3, J. Merry (Mit) 12.9. 400: M. Barrett (Ver) 61.5. 800: 1, S. Hines (Thurr) 2:17.6; 2, Barrett 2:21.0. LJ: Bowerman 5.38/17'8". (Juniors) 100: J. Walsh (Mit) 12.3.

GRANGEMOUTH HIGHLAND GATHERING

At Grangemouth, September 15th

200: 1, A. Wood (Vic P) 22.4; 2, R. Potts (Pais) 22.8; 3, G. Muir (Vic P) 22.8. (Youths) 800: 1, R. McKim (E. Kilb) 2:02.2; 2, H. Forgie (Law) 2:02.2. (Women) 200: A. Robertson (Grange O) 26.1. (Juniors) 100: 1, E. Douglas (ESH) 13.1; 2, F. Robertson (ESH) 13.2. SP: H. Thompson (Grange O) 10.21/33'6". 4x100: 1, Edinburgh Southern H 50.4; 2, Law & Dist 53.2.

The women's match at Enfield on August 25th was for the 'Enfield Borough' Trophy and not the 'Rodney' Trophy as the results inferred. Results: 1, Birchfield 407; 2, Enfield 397½; 3, Essex Ladies 350; 4, Swansea 236½; 5, Cambridge H 231; 6, Chelmsford 50. Enfield won the Junior competition and Birchfield the Intermediate. Best performance awards were made to V. Rothera (Swansea) HJ; P. Ronan (Swansea) LJ; B. Thompson (Birchfield) 100H—Junior, Intermediate and Senior respectively.

Edinburgh AC officers: Hon. President, A. Falconer; president, J. Mitchell; secretary, R. Sinclair; treasurer, W. Orr.

LETTERS

CITY OF LONDON ROAD RACE MEETING 1974

Dear Sir,

On behalf of the committee for the above meeting, I would very much like to draw your attention to the make up and intention of this great event to be.

Three specialist clubs—the British Milers Club, the British Sprint Club and the Road Runners Club—are combining to stage this spectacle. Permission has been obtained by me, as the Meeting General Secretary, from the City of London Corporation and the City Police, to hold three events in the afternoon of the first Sunday after New Year's Day. The date for this inaugural meeting is January 6th, 1974.

The events will take place from London Wall, on its northern section, the longer events extending into the surrounding historic streets of this famous area. We intend to hold three main events, a sprint of either 100 or 200 metres, a mile race and a longer road race—if possible a ten mile dependent upon course measurement. The meeting will commence sharp at 12.30 and will end at approximately 4.15 p.m.

This meeting is not intended as an alternative to the famous Nos Galan meeting and has been specially staged later to avoid clashing with our Welsh friends who have done such a splendid job over the years. We hope that the meeting will do three things. Firstly, to put athletics in the eye of the general public, who think we all hibernate during winter: to stage a spectacle which will be worthy of public interest in these well known London bye ways and highways. Secondly, to give those runners who are—through no fault of their own—unable to travel to Nos Galan a chance to compete in a meeting near to their own area. Thirdly and finally, to stage a meeting which will bring together runners of all types and thus foster friendship between clubs and individuals. *We* feel that we will achieve all three aims.

This first meeting, in 1974, will of necessity be in the nature of a trial meeting, with a view to really going to town in 1975, but we still intend to pull out all the stops for this inaugural event. By the very nature of the meeting we must make the 1974 meeting by invitation only, in order to give the Police some idea of numbers for future years and requirements for controlling same etc. We intend therefore to send out invitations during early October. The Sprinters and Milers clubs will be making their own selections for invitations and

will notify runners accordingly; the Road Runners Club will most probably take an average sprinkling from its 2500 members in order to get fairly representative fields from the South Eastern counties. In future years, however, it will probably be possible to make the long distance race an open one.

We are sure that many runners will wish to participate in this first "one off the stocks" so interested parties should contact their specialist bodies, myself being the one acting for the RRC, Frank Horwill for the Milers and Dave Paty for the sprint. Helpers are wanted to give a hand at various jobs connected with the meeting. My own telephone number is 0277 73320 (evenings and week ends) and offers would be appreciated.

Reg Jacobs

JANIS KERR PROTESTS

Dear Sir,

In the following letter, that I hope you will publish, I have purely put down the facts as I came across them. I am not 'getting' at any particular person, but only generalising and hope to show how frustrating field events can be:—

Recently I travelled to Rotherham for the Surrey v Warwickshire v Yorkshire Women's match in high hopes of producing a personal best as my training had gone so well the preceding week. When I arrived at the track I found the shot sector was still marked out at the obsolete 65 degrees. The shots themselves were completely unsuitable. Two were grossly mis-shapen; one felt decidedly over-weight and the other had been made in two halves, which had been mis-aligned. The third was spherical and stamped '10lbs'.

On approaching the Field Referee I was told that the 10lb shot had been hollowed out to 4 kilos. There were of course no scales with which to check any of the implements used; unnecessary in the case of the shots, which failed to meet the other specifications, i.e. two not being spherical and the third over-size.

My next event was the discus. Here I was confronted with a sector approximately that of the javelin (29 deg) and certainly nowhere near 45 deg. The rim of the circle was hardly visible through overgrowing grass. Thus I forfeited a whole week-end for two invalid performances. This was a major meeting between County teams, to which I had gone under the misapprehension that it was to be held under WAAA laws.

I train five days a week in the Summer and six in the Winter throughout the year and my reward is these sort of conditions. How much disincentive can you get? With regards to the paucity of women's shot putting in Britain the wonder is that we have any putters at all!

SOUTH LONDON HARRIERS CYCLISTS v. HARRIERS

5 Miles at Coulsdon, Surrey
Saturday, 27th October, 3 p.m.
HAVE A GO!

Entries 25p (30p on day) to J. Brazier, 68 Alexandra Rd., Addiscombe, Surrey by Oct. 15th.

SURREY ATHLETIC CLUB 21st SENIOR (6 x 2½ MILES) CROSS-COUNTRY RELAY SATURDAY, OCTOBER 13th, 1973 2.30 p.m. in Richmond Park

Entries (50p per team) to G. R. V. Davis, 135 Thetford Road, New Malden, Surrey (01-949 4684). Closing date 8th October.

I was under the impression that it was the Field Referee's duty to inspect circles, sectors and implements before the meeting started. If these sort of major infractions of the rules cannot be obviated, the events should not be held as it is merely a waste of time and money for all concerned.

One final point. Field event competitors (throws) are subjected to these farces at various meetings during the season, sometimes at County and Area championships level, so what hope or encouragement to persist has an aspiring shot-putter, whose only solution seems to be if you cannot run, find another sport.

(Mrs) Janis Kerr,
Mitcham AC

SPORT FOR ALL?

Dear Sir,

Some time ago one of your correspondents wrote complaining of the lack of road races in the Midlands, even though two hours travel from Birmingham brings most of the races in the North and Southern areas within reach. Compared with other Midland athletes, middle distance runners are at an advantage. Taking the Men's Midland League as an example, races have two per event; however throwers are one per event. The Midland Women's League is better with a full range of events and two competitors, but restricted to four trials. Who cuts down a 3000 race to 2000, which is a fair comparison? To take a further example, under the heading of 'Sport For All', a well known Midlands club presented a full range of track events but not one field event. Sport for all be damned.

John C Moore
Rugby

GENEROUS AID FOR POLE VAULTERS

Dear Sir,

We feel that some sort of public appreciation should be made on behalf of British pole vaulters to Mr. George Moore, President of Pacer American Inc. for the extremely generous way he has donated free Cata-Poles to several of us. UK vaulters have a tough enough time, both in tracking down poles of the correct body-weight and flex number, and in meeting the cost of these expensive items of equipment, quite without having to pay extortionate import duty rates and waiting long periods for them to arrive from overseas.

Mr. Moore has eased the situation greatly by showing genuine interest in our struggles to better ourselves as vaulters, and by his generosity in providing poles speedily and free of charge (except for freight and duty costs). It's quite a chilling reflection on the British athletics equipment industry when one realises that the only firm able to help better class pole vaulters is some 6,000 miles away! However, Pacer American Inc. have enabled us to overcome one of our biggest headaches. Thanks, George; thanks a million.

Allan Williams and Keith Stock

LAKE DISTRICT 24 HOUR FELL RECORD

Dear Sir,

May I be permitted space to say something about the above endurance test as a follow up to Denis Watts' letter published on August 18th.

This 'event' goes back almost 100 years and ample literature is at hand if people wish to read about it. The present record number of mountain tops crossed *inside* 24 hours is 63 and was achieved by Joss Naylor in 1972 (in pouring rain and high winds). Other well known fell runners who have set up records are the Heaton brothers—Ken (51 tops) and Alan (54 and 60 tops), and the late Eric Beard (57 tops). All were set during the 1960's.

Prior to these records the greatest number of mountains crossed in a day was 42 by the late Robert (Bob) Graham of Keswick back in 1932. It was this record that Mr. Watts was referring to because an 'exclusive' Bob Graham Club has been formed to cater for those who want to tackle this Mammoth fell run. Those successful receive a certificate for their efforts and that most 'prized' possession: personal satisfaction.

Desmond Oliver,
Keswick.

LIST OF CLUBS

Dear Sir,

Would the BAAB or AAA please make themselves responsible for publishing an up to date list of all affiliated clubs with the addresses of the club general secretary and where necessary those of the cross country, road race and track secretaries. As one who often circularises many clubs with details of events which my club are promoting, I have keenly felt the loss of that section of the AAA Handbook which used to list them. I appreciate that lists are available from various Area bodies but they are no substitute for one central list in a National publication.

Terry Haines,
Gloucester.

COMPETITION FOR YOUNGSTERS

Dear Sir,

I was very heartened to read Peter Cowlyn's letter about the shortage of summer competition for youngsters, a problem made all the more difficult since the Southern League increased its number of fixtures from 4 to 6. Besides the clubs he mentions as tackling this problem, Maidenhead, Twickenham and ourselves have promoted 'youngsters only' meetings to coincide with League fixtures, and since over 300 took part in our fixture this season the demand certainly seems to be there. We definitely intend to repeat the venture, and I should be glad to hear from any clubs who would like invitations, or from clubs interested in organising similar events.

A problem not mentioned, however, is that of the seniors unable to make the club's league team. For members of the Southern League a solution is to enter a 'B' team in their League, and in Wales, Midlands and the North, clubs in the British League can also enter their regional leagues, but Southern clubs in the British League are barred from doing this. Could the Southern League clubs have a change of heart before the 1974 season? Alternatively, perhaps the 'youngsters only' meetings could be converted to open graded meetings, to include the seniors as well.

Leslie Masters,
Hon. Sec, Reading AC.

British League Qualifying**At Warley, September 22nd****STRETFORD SUCCEED AT LAST**

AFTER missing out by one position for the last three seasons, Stretford made no mistake in the British League qualifying competition at Warley on September 22nd. Even with Andy Carter and Geoff Hignett side-lined, Stretford qualified by a handsome margin. Barry Williams took only one throw in the hammer, and then concentrated on the shot and discus. Coventry Godiva took the second vacant league place with a good all-round team, particularly strong in the middle distance events. Possibly the strongest events in depth at the meeting were the steeplechase, where eight 'non-league' men finished under 9:35 behind Dic Evans, who has not made the Cardiff Division 1 team in 1973, and the long jump, where six men exceeded 6.70/22'0".

Mike Baxter scored an overwhelming win in 13:53.8 over Bob Holt in the 5000; Leeds City, however, were well below full strength and were never in contention. Southern League champions, Oxford City, had a day when everything seemed to go wrong, and lost out to their Southern League runners-up, Windsor, Slough & Eton. Hercules Wimbledon narrowly beat Leicester Coritanian for third place, but had Chris Monk been available those positions would probably have been reversed.

1, Stretford 362; 2, Coventry Godiva 334; 3, Hercules Wimbledon 277; 4, Leicester Coritanian 267; 5, Windsor, Slough & Eton 265; 6, Oxford City 245; 7, Leeds City 241; 8, Cardiff 'B' 212.

100: 1, T. Bonsor (Cov G) 11.1; 2, P. Walsh (Leic) 11.2; 3, J. Gostelow (HW) 11.3. **200:** 1, Walsh 22.5; 2, J. Kirwan (Stret) 22.7; 3, Gostelow 22.8. (B) P. Hambley (Stret) 22.8. **400:** 1, P. Harris (Cov G) 50.0; 2, M. Francis (Stret) 50.4; 3, P. Bygate (L) 50.5. **800:** 1, D. Moorcroft (Cov G) 1:51.7; 2, M. Knowles (Leic) 1:54.0; 3, C. Hudson (L) 1:55.0; 4, M. Beevor (HW) 1:55.4. (B) 1, M. Bissell (Cov) 1:52.9; 2, B. Potter (Ox) 1:53.7; 3, G. Morgan (Card) 1:53.9; 4, K. Hyland (HW) 1:55.8. **1500:** 1, J. Cadman (Cov G) 3:47.5; 2, D. Nicholl (L) 3:49.2; 3, F. Briscoe (HW) 3:57.0; 4, M. Knowles (Leic) 3:58.2. (B) 1, M. Beevor (HW) 3:53.3; 2, P. Miller (Cov) 3:57.6; 3, W. Ward (L) 3:59.6. **5000:** 1, M. Baxter (L) 13:53.8; 2, R. Holt (HW) 14:16.4; 3, M. Critchley (Card) 14:17.4; 4, B. Lamkin (WSE) 14:21.2; 5, G. Balfour (Leic) 14:31.4; 6, P. Flavel (Ox) 14:40.0; 7, Cadman 14:40.6. (B) 1, M. Fuller (HW) 14:38.2; 2, B. Hilton (L) 14:39.8; 3, B. Allen (WSE) 14:54.0. **3000SC:** 1, R. Evans (Card) 8:58.6; 2, J. Offord (Leic) 8:59.4; 3, S. Badgery (HW) 9:18.6; 4, S. Richardson (L) 9:21.2; 5, J. Wheway (Cov) 9:21.2; 6, J. Jones (WSE) 9:26.4; 7, D. Telford (Stret) 9:34.2. (B) 1, M. Bromilow (Leic) 9:28.4; 2, M. Dell (L) 9:33.4; 3, R. O'Brien (Cov) 9:41.8. **110H:** 1, A. Wells (Cov) 15.6; 2, A. James (Stret) 15.6; 3, J. Fenge (HW) 15.7.

(B) 1, P. Hambley (Stret) 15.4; 2, A. Davies (Cov) 15.6. **400H:** 1, A. James (Stret) 53.4; 2, C. Mainwaring (Leic) 56.8; 3, R. Green (Ox) 56.8.

HJ: 1, P. Lance (Cov) 1.80/5'10½"; 2, M. Briggs (Ox) 1.75/5'8½". (B) C. Nimmo (Cov) 1.75. **PV:** 1, Jeff Fenge (HW) 3.95/12'11½"; 2, R. Murphy (Ox) 3.80/12'5½"; 3, E. Woloszyn (WSE) 3.80; 4, C. Parr (Card) 3.50/11'5½"; 5, D. Kemp (Cov) 3.35/10'11½". (B) 1, D. Hamilton (Ox) 3.65/11'11½"; 2, J. Gutteridge (WSE) 3.65; 3, John Fenge (HW) 3.50/11'5½". **LJ:** 1, P. Blackburn (Leic) 7.14/23'5½"; 2, G. Bergier (Stret) 6.79/22'3½"; 3, M. James (WSE) 6.78/22'3"; 4, N. Houghton (Cov) 6.74/22'1½". (B) 1, S. Wood (Stret) 6.75/22'1½"; 2, T. Davies (WSE) 6.71/22'0½". **TJ:** 1, A. Vincent (Cov) 14.75/48'4½"; 2, Blackburn 14.72/48'3½"; 3, Hambley 14.03/46'0½"; 4, C. Gumbs (WSE) 13.57/44'6½". (B) 1, R. Langley (Cov) 13.95/45'9½"; 2, P. Matthews (Leic) 13.53/44'4½". **SP:** 1, B. Williams (Stret) 14.75/48'4½"; 2, I. Mowatt (L) 14.46/47'5½"; 3, N. Griffin (WSE) 13.88/45'6½". (B) 1, J. Corbett (Stret) 14.62/47'11½"; 2, A. Gummerson (L) 13.44/44'1½". **DT:** 1, G. Dirkin (Stret) 47.66/156'4"; 2, Griffin 47.50/155'10"; 3, A. Gummerson (L) 44.36/145'6". (B) 1, Williams 45.52/149'4"; 2, I. Mowatt (L) 42.80/140'5". **HT:** 1, Williams 56.40/185'0"; 2, G. Window (Card) 45.52/149'4". (B) 1, Dirkin 44.26/145'2"; 2, P. Jensen (Card) 39.44/129'5". **JT:** 1, P. Ostapowycz (Stret) 62.98/206'7"; 2, J. Webster (HW) 56.58/185'7"; 3, C. Butterworth (Ox) 55.78/183'0"; 4, N. Griffin (WSE) 55.06/180'8". (B) H. Sellars (Stret) 54.50/178'10". **4x100:** 1, Coventry Godiva 43.1; 2, Stretford 43.6; 3, Windsor, Slough & Eton 43.7. **4x400:** 1, Oxford 3:24.6; 2, Coventry Godiva 3:24.7; 3, Stretford 3:24.7; 4, Leeds 3:25.5; 5, Cardiff 'B' 3:26.6.

ROSSENDALE FELS RACE**At Rawtenstall, September 16th**

1, R. Wilde (Manchester & Dist) 60:16
2, R. Harrison (Airedale & Spen Valley) 60:23
3, J. Norman (Altrincham & Dist) 61:29
4, R. Ashworth (Ross) 62:27; 5, A. Spence (Bing) 62:34; 6, J. Temperton (A&SV) 62:50; 7, M. Weeks (Bing) 62:23; 8, M. Short (Hor) 63:32; 9, D. Blakeley (M&D) 63:47; 10, C. Robinson (Roch) 63:52. Continued next week.

EPSOM "II"**The Whitehouse, Tattenham Corner****Saturday, 17th November, at 2.30 p.m.**

Teams and Vets. Teams, 4 run 3 score. Vets. give age. S.A.E. with entry and S.A.E. results.
Fees: Ind. 20p, plus 30p Team, to J. Dixon, 9, Lyncroft Gdns, Ewell, Surrey, by 14th Nov.
Late entries no prizes.

ROAD/TRAINING SHOES

many at old prices (current prices in brackets)

Adidas "Gazelle". Sizes 5, 5½ £6.95 (£7.64), 6, 7½, 8, 9, 9½, 10½ £7.65 (£8.40).

Adidas "SL 72". Sizes 7½, 10, 11 only £7.90 (£8.70).

Adidas "Athen". Sizes 5½ £5.40 (£5.95), 6, 6½, 7½, 10, 10½, 11 £5.95 (£6.55).

Tiger "Jogger". Sizes 6½, 7, 7½, 8½, 9, 10, 10½, 11 £5.67.

AND SPECIAL OFFERS

(Deduct £1 off stated prices)

Adidas "Sierra", white with tan trim. Sizes 7, 7½, 11 £4.60.

Lawrence "Meteor", White with red trim. Sizes 6, 6½, 8½, 10, 10½, 11 £4.60.

Power "T6", Maroon with white trim. Sizes 6½, 7, 7½, 10 £4.40.

Power "Ripples". Sizes 6, 6½, 12 £4.05.

Starsport. Orange with brown trim. Sizes 4, 4½, £3.50, 9½, 10½ £4.08.

Simlam, maroon with light brown trim. Unusually good leather uppers with hard-wearing gristle sole. Very fine shoe. Sizes 5, 5½ £3.50, 6, 6½, 7, 10, 11 £3.95. Special purchase—even at these prices a bargain buy.

ADIDAS CROSS COUNTRY STUDS

(Seconds but indistinguishable from perfect)
Sizes 4, 4½, 5, 5½, 6. Special price £2.99.

GOLA "FIREBRAND" SPIKES

Sizes 6½, 8, 8½, 9, 12 £6.20.

WOMEN'S NYLON STRETCH SHORTS

With trim down side: White trimmed with Red, Royal and White trim, and Black with White trim. Sizes 22in. or 24in. £1.12, 26 or 28in. £1.18.

Without contrast trim: Black, white, royal, emerald, scarlet 22 or 24in. £1.04, 26 or 28in. £1.12. Also bottle green, 22, 24, 26in. only.

WARM-UP TOPS

"Aussie" warm-up top by Admiral. In machine-dry washable stretch terry material (70 per cent cotton, 30 per cent nylon). Can be worn with hood up or down. White with red and blue trim to waist and cuffs. Youths £3.40, Small £4.55, Medium £4.61. Large £4.75.

NOTE: Will customers please write name and address in block letters when ordering and remember to state size required.

Any goods exchanged or money refunded if returned in new condition within 7 days.

Please enclose part postage, i.e. 12p for track-suits, 10p shoes, 3p shorts, vests, etc.

THE SPORTS CENTRE

8 Medway Street Chatham Kent ME4 4HD
Telephone: Medway 47055

Ann and Inger Supreme But British Girls Win

ANN LARSSON, the Duisburg silver medallist, and Inger Knutsson, the European junior champion—both of whom went on to win their events in the senior match against the UK at Crystal Palace a few days later—were the stand-out performers in the junior girls' match at Warley. Larsson won the award for the top athlete of the meeting with her 53.4 400 (she has run a second faster), and in so doing she pulled Ruth Kennedy to a personal best of 54.6. Knutsson beat Mary Stewart in the 1500 by 10sec, drawing away relentlessly after the first two laps. The 800, however, brought maximum points for Britain as Lesley Kiernan won in 2:06.7, her best non-Duisburg time, with Christine McMeekin clocking the fastest time of her life (2:07.8).

Sonia Lannaman and Donna Murray shared the sprinting honours and Sue Mapstone was a double winner, in the hurdles and long jump. All the field events went to the British girls, for Sue Vickers (HJ), Dorothy Howarth (SP), Lesley Mallin (DT personal best) and Anne Goodlad (JT) were successful too. A fine showing all round.

Results

100: (+ 0.8m) 1, S. Lannaman 11.7; 2, M. Mickaelsson (S) 11.9; 3, B. Martin 12.2; 4, L. Wallin (S) 12.2. **200:** (+ 0.5m) 1, D. Murray 24.2; 2, L. McCurry 25.4; 3, A. Andersson (S) 25.4; 4, C. Palmer (S) 25.7. **400:** 1, A. Larsson (S) 53.4; 2, R. Kennedy 54.6; 3, S. Pettett 55.0; 4, L. Bergstrom (S) 57.2. **800:** 1, L. Kiernan 2:06.7; 2, C. McMeekin 2:07.8; 3, M. Simobsson (S) 2:11.0; 4, H. Sellergren (S) 2:13.3. **1500:** 1, I. Knutsson (S) 4:15.4; 2, M. Stewart 4:25.5; 3, C. Tranter 4:37.0; 4, H. Helgersen (S) 4:42.1. **100H:** (+ 0.6m) 1, S. Mapstone 14.4; 2, B. Rutledge 14.6; 3, K. Tannander (S) 14.9; 4, L. Johansson (S) 15.5.

HJ: 1, S. Vickers 1.74/5'8½"; 2, C. Andersson (S) 1.72/5'7¼"; 3, C. Mathers 1.66/5'5¼"; 4, C. Nicklasson (S) 1.63/5'4¼". **LJ:** 1, S. Mapstone 5.79/19'0"; 2, K. Olsson (S) 5.65/18'6¼"; 3, T. Greisen 5.62/18'5¼"; 4, L. Wallin (S) 5.50/18'4¼". **SP:** 1, D. Howarth 13.01/42'8½"; 2, J. Potts 12.48/40'11½"; 3, P. Hakansson (S) 11.55/37'10¼"; 4, S. Roks (S) 11.20/36'9". **DT:** 1, L. Mallin 44.34/145'6"; 2, L. King 38.70/127'0"; 3, A. Fivel (S) 37.72/123'9"; 4, I. Andersson (S) 37.60/123'4". **JT:** 1, A. Goodlad 48.80/160'1"; 2, T. Sanderson 48.46/159'0"; 3, C. Gustafsson (S) 40.74/133'8"; 4, A-S. Larsson (S) 38.10/125'0".

4x100: 1, UK (Martin, Hill, Murray, Lannaman) 45.8; 2, Sweden (Palmer, Rynvall, Wallin, Mickaelsson) 47.9. **4x400:** 1, UK (Ravenscroft, McMeekin, Kennedy, Pettett) 3:44.4; 2, Sweden (Orbe, Svesson, Persson, Ahberg) 3:48.6. **Result:** UK 90, Sweden 45.

SOUTHERN WOMEN'S LEAGUE**(Division 1)****At St. Albans, September 15th****1, Verlea 178; 2, Chelmsford 138½; 3, Selsonia 135; 4, Epsom & Ewell 131½; 5, Harlow 119.**

100: P. Beauchamp (E&E) 12.6. 3000: P. Winter (Ver) 10:23.0. HJ: C. Stammers (Ver) 1.52/4'11½". LJ: K. Moore (E&E) 5.20/17'0¼". DT: S. Wood (Chelm) 33.76/110'9". 4x100: Epsom & Ewell 50.5. (Juniors) 100: 1, A. Green (Chelm) 12.6; 2, J. Rose (Sel) 13.2. 200: 1, E. Thomas (Sel) 26.7; 2, J. Mixture (Chelm) 27.6. 800: 1, V. Cullen (Har) 2:25.5; 2, M. Cobden (Sel) 2:27.4. 1500: Cobden 5:02.2. 75H: 1, C. Lowman (Chelm) 12.4; 2, C. Harding (E&E) 12.6; 3, J. Matthews (Ver) 12.6. (B) 1, M. Reid (Ver) 12.2; 2, D. Matthews (E&E) 12.4. HJ: Matthews 1.44/4'8½". LJ: 1, E. Thomas 4.75/15'7"; 2, Matthews 4.72/15'6"; 3, Mixture 4.70/15'5". 4x100: 1, Chelmsford 52.4; 2, Selsonia 52.8.

At Carshalton, September 15th**1, Mitcham 190; 2, Cambridge H 162; 3, Southend 126; 4, Exeter 122½; 5, Ilford 94½.**

100: 1, L. Taylor (Ex) 12.4; 2, R. Leech (Mit) 12.7. (B) J. Pawsey (Mit) 12.2. 200: 1, J. Vernon (Mit) 24.6; 2, L. Taylor 26.0; 3, E. Barnes (Camb H) 26.3. 400: 1, M. Coomber (Cam H) 56.9; 2, G. Pettit (Ilf) 58.0. (B) J. Davies (Ilf) 59.6. 800: G. Goodburn (Cam H) 2:16.3. 3000: Goodburn 10:47.0. (B) L. Taylor (Camb H) 10:47.0. 100H: Vernon 14.1. HJ: 1, J. Phillips (Ex) 1.55/5'1"; 2, J. Bowerman (Mit) 1.52/4'11½"; 3, L. Cakebread (Cam H) 1.52. LJ: L. Boothe (Mit) 5.52/18'1¼". (B) Bowerman 5.28/17'4". SP: 1, B. Bedford (Mit) 13.72/45'0¼"; 2, V. Redford (Cam H) 12.27/40'3¼"; 3, Y. Fountain (S'end) 11.11/36'5½". (B) J. Kerr (Mit) 13.09/42'11½". DT: 1, Bedford 47.06/154'5"; 2, P. Best (Ex) 38.46/126'2"; 3, Fountain 35.92/117'10". (B) Kerr 44.00/144'4". JT: 1, Fountain 39.88/130'10"; 2, M. Greenshaw (Ex) 33.02/108'4". (B) L. Martin (Ex) 31.58/103'7". 4x100: 1, Mitcham 47.9; 2, Exeter 50.7. 4x400: Ilford 3:57.7. (Juniors) 100: 1, J. Walsh (Mit) 12.4; 2, J. Butler (S'end)

13.2. 200: Walsh 25.6. 800: 1, D. Byfield (S'end) 2:27.1; 2, A. Mason (Ex) 2:27.9. 1500: B. Franks (Mit) 5:03.2. (B) S. Tedder (Mit) 5:10.2. HJ: C. Hawkins (Mit) 1.45/4'9". LJ: C. Clark (S'end) 4.74/15'6¼". SP: J. Jackson (Mit) 9.58/31'5¼". DT: G. Leigh (Mit) 28.94/94'1". (B) N. Christofi (Mit) 28.58/93'9". 4x100: 1, Mitcham 51.7; 2, Southend 52.9.

MIDLAND WOMEN'S LEAGUE**(Division 2)****1, Swansea 351; 2, Cheltenham 300; 3, Bromsgrove & Redditch 279; 4, Solihull 274; 5, Cannock 271; 6, Lzells 191. Final positions: 1, Solihull; 2, Swansea; 3, B&R; 4, Cheltenham; 5, Cannock; 6, Lzells.**

100/200: S. Lannaman (Sol) 12.3/24.6. 3000: B. Cardy (B&R) 10:53.8. Walk: S. Wish (Sol) 13:37.4. LJ: G. Sperrin (Sol) 5.21/17'1¼". SP: S. Spragg (Chelt) 10.99/36'0¼". DT: 1, E. Bali (Cann) 38.44/126'1"; 2, Spragg 31.92/104'9". (B) V. Hindley (Cann) 32.40/106'3". JT: 1, S. Corbett (Sol) 47.52/155'11"; 2, Spragg 43.42/142'5". (Inters) 80H: 1, J. Stewart (Chelt) 12.2; 2, C. Petitjean (B&R) 12.8. (Juniors) 200: 1, S. Howells (Loz) 26.6; 2, S. Simmonds (Cann) 27.3; 3, M. Boyden (B&R) 27.4. 800: 1, J. Dainty (Sol) 2:19.3; 2, H. Grogan (B&R) 2:27.1. 1500: J. Hulbert (Swan) 5:01.4. 75H: 1, J. Clifford (Chelt) 12.0; 2, D. Smith (Sol) 12.8. (B) Dainty 12.9. Walk: K. Hill (Sol) 10:46.4. HJ: 1, V. Rothera (Swan) 1.55/5'1"; 2, S. Bolshaw (Sol) 1.45/4'9". (B) J. Worrall (Swan) 1.50/4'11". SP: G. Grey (Cann) 9.98/32'9". DT: J. Cameron (Loz) 28.34/93'0". JT: Grey 31.30/102'8". 4x100: 1, Swansea 53.3; 2, Bromsgrove & R 53.3; 3, Solihull 53.3.

Tom McNab will be lecturing on various athletic subjects, with films, on November 12th 7.30 p.m.) at the John Barker Youth Centre, Cricklefields High Road, Ilford, Essex.



Danuta Piecyk of Poland, holder of the world's fastest 400m hurdles time by a woman of 56.7, scored an easy victory in 58.0 at the Coca Cola Meeting.

Tony Duffy

McCARTHY & HURLEY TROPHIES (WOMEN)

At Bristol, September 8th

Hurley Trophy: 1, Bristol 206; 2, Southampton & Eastleigh 164; 3, Swansea 160; 4, Bury & Radcliffe 132; 5, London Olympiads 127; 6, Exeter 88. **McCarthy Trophy:** 1, London Olympiads 193; 2, Bury & Radcliffe 172; 3, Bristol 162; 4, Southampton & Eastleigh 122; 5, Swansea 117; 6, Exeter 102.

100: 1, A. Neil (Lon O) 11.9; 2, W. Hill (B&R) 12.2; 3, D. Murray (S&E) 12.3; 4, J. Jay (Bris) 12.3; 5, L. Taylor (Ex) 12.5. 200: (w -3.3) 1, D. Murray 24.3; 2, C. Webb (B&R) 25.2; 3, Taylor 25.3; 4, Jay 26.0; 5, A. Halliday (Lon O) 26.1. (B) (w -2.3) D. Scholes (S&E) 26.2. 400: 1, Halliday 56.2; 2, D. Boxall (S&E) 57.5; 3, C. Stenhouse (Bris) 58.8. (B) Scholes 58.6. 800: 1, L. Harvey (Lon O) 2:17.5; 2, S. Smith (Bris) 2:17.6. 100H: (w -3.1) 1, L. Cooke (Lon O) 15.6; 2, J. Hirst (Swan) 15.9. HJ: J. Phillips (Ex) 1.55/51". LJ: 1, Jay 5.91/19'4½"; 2, A. Neil 5.77/18'11¼" -w; 3, C. Webb (B&R) 5.27/17'3½" -w. SP: D. Howarth (B&R) 13.11/43'0¼". DT: P. Best (Ex) 38.14/125'1". JT: 1, C. Waxler (Lon O) 40.56/133'1"; 2, S. Holden (Bris) 37.22/122'1"; 3, D. Howarth (B&R) 34.58/113'5". 4x100: 1, London Olympiads 49.0; 2, Bury & Radcliffe 50.0; 3, Southampton & Eastleigh 50.1. (Inter) 100: D. Fitzgerald (Lon O) 12.6. 200: (w -1.6) 1, Fitzgerald 25.8; 2, L. Campbell (B&R) 26.7; 3, J. Evans (Bris) 26.9. 80H: (-1.9) 1, S. Eastman (Bris) 12.3; 2, S. Hester (S&E) 12.4. (Junior) 200: 1, J. Way (S&E) 26.7; 2, D. Cooper (Bris) 27.5. 800: 1, J. Hulbert (Swan) 2:25.4; 2, M. Giles (Bris) 2:26.9. 1500: S. Avis (Bris) 4:56.6. (B) J. Ryan (Bris) 5:02.0. 75H: (-1.2) 1, B. O'Reilly (Bris) 12.3; 2, C. Armstrong (Swan) 12.5; 3, J. Coldbury (S&E) 12.9. (B) (w -2.8) D. Cooper (Bris) 12.6. HJ: 1, V. Rothera (Swan) 1.55/5'1"; 2, D. Cooper (Bris) 1.50/4'11". SP: J. Phillips (Swan) 9.20/30'2¼". 4x100: 1, Southampton & Eastleigh 52.4; 2, Swansea 53.1; 3, Bristol 55.3.

PARENTS TROPHY MEETING (WOMEN)

At Norbiton, September 1st

1, Mitcham 128; 2, LOAC 112; 3, Havering 95; 4, Woking 88; 5, Bracknell 82½; 6, Croydon 80½; 7, Surrey 71½; 8, Aldershot, F&D 60; 9, Wycombe Phoenix 38; 10, Brighton & Hove 17½.

100: 1, A. McRitchie (LOAC) 12.3; 2, J. Pawsey (Mit) 12.4. 400: 1, M. Speedman (LOAC) 58.8; 2, S. Nester (Brack) 59.3. 800: A. Roberts (Surr) 2:17.4. 100H: 1, J. Vernon (Mit) 14.1; 2, L. Ilott (Hav) 14.2; 3, J. Honour (Wok) 14.6. LJ: M. Chitty (Surr) 5.85/19'2¼". SP: 1, B. Bedford (Mit) 16.01/52'6½"; 2, J. Honour (Wok) 11.18/36'8¼"; 3, G. Price (LOAC) 10.20/33'5½". DT: 1, Bedford 46.08/151'2"; 2, N. Harris (Brack) 34.14/112'0". 4x100: 1, Mitcham 48.9; 2, LOAC 50.6. (Inter) 100: 1, D. Showler (Hav) 12.8; 2, D. Fitzgerald (LOAC) 12.9. 200: 1, Fitzgerald 25.3; 2, Showler 25.8; 3, J. Merry (Mit) 26.2; 4, J. Staines (Brack) 26.3. 400: 1, R. Chettleborough (Hav) 59.8; 2, R. Webb (Croy) 60.3; 3, F. Harvey (LOAC) 61.2. 800: L. Harvey (LOAC) 2:18.8. HJ: 1, K. McDermot (AFD) 1.65/5'5"; 2, Haysman (LOAC) 1.50/4'11". LJ: J. Selby (Hav) 5.21/17'1¼". DT: 1, L. Newell (Croy) 34.00/111'6"; 2, A. Johnson (Brack) 32.08/105'3"; 3, S. Freeman (Surr) 30.82/101'1". (Juniors) 100: J. Walsh (Mit) 12.5. 200: Walsh 25.3. 1500: 1, J. Priest (Wy P) 5:00.2; 2, M. Kirkwood (Brack) 5:04.6; 3, R. Sneath (AFD) 5:05.2. 75H: K. Horstead (Brack) 12.5. HJ: 1, N. Bonner (AFD) 1.53/5'0¼"; 2, C. Hawkins (Mit) 1.45/4'9". SP: 1, C. Dyer (AFD) 9.86/32'4¼"; 2, J. Hartshorn (Hav) 9.50/31'2"; 3, K. Lisburg (Wok) 9.12/29'11¼". DT: F. Condon (Brack) 29.58/97'0". JT: 1, J. Peckham (Wy P) 31.02/101'9"; 2, N. Christofi (Mit) 29.98/98'4". 4x100: Mitcham 52.1.

Ilford AC officers: General Secretary, A. P. Tiffin, 287 Hornchurch Rd., Romford, Essex; track sec., R. Gill, 3 Thorogood Way, Rainham, Essex; Women's track sec., Mrs. Gilham, 13 Tillotson Road, Ilford, Essex; Women's CC sec., Mrs. J. Clarke, 7 Allen Rd., Dowsettes Lane, Ramsden Heath, Essex.

MEDWAY A.C. WOMEN'S OPEN C.C. RELAYS

In conjunction with Upbury Manor SMSAC
(Under W.A.A.A. Laws)

SATURDAY, 1st DECEMBER, 1973

All Relays 3 x 2000 metres approx.

GIRLS (11 and 12) Ind. Race	2.00 p.m.
JUNIORS (13 or 14) Ind. Race (for members of incomplete teams only)	2.15 p.m.
JUNIOR RELAY (13 or 14)	2.30 p.m.
INTERMEDIATE RELAY (15 or 16)	2.55 p.m.
SENIOR RELAY (17 and over)	3.20 p.m.

Ages as on September 1st, 1973

Changing at Upbury Manor School

PRIZES FOR FIRST THREE TEAMS. ALSO FASTEST LAP, IN EACH RACE. FIRST THREE INDIVIDUAL RACES

Entry Fees: 30p each team in Junior and Inter. races, 40p Senior race, 10p Girls Ind.

Entries to P. W. Green, 40 Woodleys Road, Rainham, Kent, by Tuesday, November 20th. No late entries accepted.

The book every girl cross-country runner or walker, teacher, coach, etc., should have . . .

CROSS-COUNTRY RUNNING & RACE WALKING FOR GIRLS

edited by Cliff Temple

Including:

A Guide to Training Techniques ● Getting the Right Kit ● Coaching the Young Athlete ● Are you getting the Right Food? ● Personal Problems of the Teenage Athlete ● First Steps in Race Walking ● The Story of Race Walking etc. etc.

Contributors include famous athletes, Senior Coaches and top officials. Illustrated.

Price 35p

Published by the Women's C.C. & R.W.A.
Obtainable from the Book Dept., Athletics Weekly, 344 High Street, Rochester, Kent.

Tipton Win Own Relay

September 16th

THE annual 10 stage road relay from Tipton to Bridgnorth and back is in danger of being removed from the road racing calendar. This is one of the few point to point relays still in existence and one had hoped that this race could replace the very popular Bristol to Weston. However on September 16th an already low initial entry diminished further by the non-appearance of such strong teams as Stoke (for the second year in succession), Coventry Godiva and Notts. In the event Tipton, the host club, proved too strong for their opponents and were never headed after Stage 3.

In fine conditions Small Heath carved out an early lead and at the end of **Stage 1** Roy Calvert (21.05) was a clear leader from K. Rollason (Tip) 21:11 and R. Davis (B'field) 21:27. Mike Tierney improved Small Heath's lead on **Stage 2** at the expense of Tipton and Liverpool Pembroke. Fastest: Tierney 16:20; Reegan (Liv P) 16:31; Edwards (Tip) 17:08. Brian Cole (Tip) celebrated his honeymoon by bringing his club into a useful lead on **Stage 3**, well clear of Small Heath. Derby and Co now moved into third spot after a good effort by Lees. Fastest: Cole 15:09; Lees 16:03; McCool (B'field) 16:31.

Tipton were now establishing control of the race and Alan Richards on **Stage 4** proceeded to consolidate their advantage in fine style. He returned a fast time which was almost matched by G. Davies (S Heath). Fastest: Richards 22:04; Davies 22:07; Hinton (Derby) 22:47. Tipton now had a commanding lead and marathon expert Eric Austin (**Stage 5**) was in no mood to surrender the initiative. He was presented at Bridgnorth with the Decca Trophy which is awarded to the first team into Bridgnorth. Fastest: Eley (Derby) 21:37; Austin 21:47; Dwyer (Liv P) 22:43.

Stage 6 is the longest and toughest in this relay and Tipton were admirably served by club captain Doug Fownes who was the fastest man of the afternoon. On this stage Small Heath and Derby also had a battle royal and only a few seconds separated the two teams at the change-over. Fastest: Fownes 27:40; Domleo (Derby) 28:01; Carroll (Liv P) 28:25. On **Stage 7** Nash of Small Heath improved his club's position by passing the Derby runner Fairhurst and in so doing was rewarded with the fastest time. Fastest: Nash 19:23; Heywood (N'castle) 19:47; Reauley (Tip) 19:59. Tipton were now well clear of the field and on **Stage 8** Allan Rushmer ran over a minute faster than his opponents to give his club an invincible lead. By this point Small Heath were clear of Derby whose position was being threatened by Liverpool Pembroke. Fastest: Rushmer 17:48; Scott (S Heath) 19:15; Gaynor (Liv P) 19:17. Liverpool Pembroke were now coming into their own and on **Stage 9** Browne was the fastest man. He moved his club into third place at the expense of Derby. Fastest: Browne 27:14;

Wright (Tip) 27:16; O'Reilly (S Heath) 28:01. Boyden had the glory leg **Stage 10** for Tipton and after a solid effort had the satisfaction of crossing the finishing line over 6½ minutes clear of Small Heath, runners-up. Fastest: Boyden 23:54; Makinson (Liv P) 25:20; Evans (Tip 'B') 25:21.

Result

1, Tipton (K. Rollason 21:11; J. Edwards 17:08; B. Cole 15:09; A. Richards 22:04; E. Austin 21:47; D. Fownes 27:40; A. Reavley 19:59; A. Rushmer 17:48; J. Wright 27:16; K. Boyden 23:54) 3:33.56;

2, Small Heath (R. Calvert 21:05; M. Tierney 16:20; R. Melton 17:04; G. Davies 22:07; C. Simpson 22:52; M. Rollason 28:47; P. Nash 19:23; K. Scott 19:15; T. O'Reilly 28:01; J. Rowe 25:44) 3:40.38;

3, Liverpool Pembroke (K. O'Toole 22:30; S. Reegan 16:31; M. Knowles 17:12; B. Renshall 23:17; T. Dwyer 22:43; K. Carroll 28:25; J. Salmer 20:54; D. Gaynor 19:17; R. Browne 27:14; Makinson 25:20) 3:42.21;

4, Tipton 'B' (B. Clifton 22:34; J. Malpass 18:06; D. Waymen 18:24; G. Roberts 25:14; S. Walton 23:12; G. Wood 30:33; K. Rock 23:03; B. Boyce 20:44; R. Griffin 29:14; M. Evans 25:21) 3:56.25;

5, Birchfield (R. Davies 21:27; J. Potts 17:47; T. McCook 16:35; J. Dagnen 24:23; N. Baldwin 22:46; R. Bartlett 30:32; N. Bardsley 20:50; P. Reeve 21:29; J. Wells 33:13; N. Kirby 31:16) 4:00.08;

6, Newcastle (N. Jackson 23:07; J. Davies 17:38; M. Davies 18:25; J. McKay 25:13; P. Berisford 26:02; C. Taylor 32:55; P. Heywood 19:47; K. Bowen 21:54; P. Parkin 30:28; N. Thompson 26:33) 4:02.02;

7, Halesowen 4:09.14; 8, Bromsgrove & Red-ditch 4:18.19; 9,

ROTHERHAM MUNICIPAL SPORTS

At Rotherham, September 15th

100: 1, B. Kelly (Bury) 11.1; 2, D. Chapman (York Un) 11.1; 3, D. Artley (Hull S) 11.2. 200: 1, Artley 22.1; 2, Kelly 22.7; 3, Chapman 22.7. 800: W. Winter (Hick) 1:56.4. Mile: 1, D. Nichol (Leeds) 4:11.0; 2, D. Slater (Skycac) 4:12.6; 3, S. Markley (M&C) 4:14.4. 3000SC: 1, D. Coates (M&C) 9:04.6; 2, P. Moon (Hull S) 9:33.6. HJ: K. Whittingham (Roth) 1.86/6'1½". TJ: D. Johnson (Hallam) 14.70/48'3". (Youths) 100: C. Beswick (Work) 11.6. 1500: 1, S. Coe (Hallam) 3:58.0; 2, M. Price (Cty Hull) 3:58.6. (Boys) 100: M. Walsh (A&SV) 12.0. 4x100: West Cumberland 48.0. (Women) 100: 1, W. Hill (Bury) 12.4; 2, J. Hoyte (D. Hyman TC) 12.4; 3, J. Goldthorpe (D. Hyman TC) 12.6. 200: 1, Hill 24.5; 2, Hoyte 25.0; 3, Goldthorpe 25.3. 600: 1, T. Colebrook (Scun) 1:34.4; 2, A. Creamer (Roth) 1:34.5. SP: 1, D. Howarth (Bury) 12.40/40'8½"; 2, J. Attack (Wake) 11.76/38'7½"; 3, A. Goodlad (Roth) 11.30/37'1". JT: 1, S. Corbett (Sol) 50.06/164'3"; 2, Goodlad 48.12/157'10"; 3, P. French (Hav) 43.94/144'2".

WALKING

THIRD PLACES POSSIBLE IN LUGANO CUP

BEING held on the sites of the inaugural competition (1961), at Lugano (20km) and Ran-cate (50km), the sixth Lugano Cup Final looks likely to be a very close contest between the USSR and East Germany. For third spot, Italy, West Germany (probably minus Kannenberg) and the UK appear to be fairly evenly matched. **20km:** Smaga, Ivchenko, Yakovlyev and Rezayev matched against Reimann, Frenkel, Stadtmüller and Sperling is worth the visit to Lugano alone. With our own quartet of Roger Mills, John Warhurst, Roy Thorpe and Amos Seddon plus Zambaldo and Busca (It), Ron Laird and Bill Ranney (USA) and Hans Tenggren (Swe) the pace looks likely to be white-hot. I understand Bernd Kannenberg has been in hospital recently and is almost certain to be a non-starter. Certainly in this event our quartet could pave the way to a final third place by packing in immediately behind the Russians and East Germans, a feat they are all capable of achieving. **50km:** The Russians look to have the whip hand with Soldatenko, Bartsch, Bondarenko and Sveshnikov looking more solid than Selzer, Skotnicki, Kroel and Zschiegner. Italy have Visini and Pamich, Sweden can call upon Ingvarsson, Andersson and Bjongren, while West Germany have track record holder Gerd Weidner. However, both the UK and the USA should place handily with Shaun Lightman and Bob Dobson backed by Ray Middleton and Mick Holmes ranged alongside Bill Weigle, John Knifton and Bob Kitchen. It will be a great boost for British walking if we can obtain third place, and if each member plans his race with this in mind I feel certain this can be achieved. The danger obviously is mixing with members of the 'BIG TWO' in the early stages and paying for the effort in the latter stages in either race.

Airolo-Chiasso Relay. This now well established classic takes place on October 14th, with the majority of the Lugano Cup finalists represented generally by their 20km squad. Other countries represented are Rumania, Greece and Switzerland. As many as six British teams are likely to enter and at least two squads are of full international standard.

Fast 20 Miles by Dave Rosser. In quest of a Commonwealth Games place in the Welsh team, Dave Rosser had an excellent win in the Guernsey Churches 20M over John Moullin on a course where Paul Nihill holds the record at 2:43.18. 1, D. Rosser (S'end) 2:45.06; 2, J. Moullin (Bel) 2:48.45; 3, R. Waterman (Sar) 2:51.27; 4, D. Durey (Sar) 2:53.58.

Abdon Pamich chalks up 10th win in Rome-Castelgandolfo as Steve Gower places 5th and Ken Harding 11th, September 16th. Just about to enter the veteran stage, Abdon Pamich showed he is still far from being a back number by beating his previous course best by 64 seconds and outdistancing his 21 rivals, all of whom finished. Armando Zambaldo led early on but Pamich was in control by 5km. British Race Walkers Club

representatives Steve Gower and Ken Harding both walked well, the former holding third for a long period, while Harding lost a couple of places very close to the finish. Busca put in a strong finish to pip Carpentieri, after the latter had battled with Gower from 15 to 20km. 1, A. Pamich 2:23.10; 2, A. Zambaldo 2:26.15; 3, P. Busca 2:28.58; 4, D. Carpentieri 2:29.20; 5, S. Gower (GB) 2:34.02; 6, V. Pastorini 2:37.17; 7, M. Pipini 2:38.39; 8, M. Taddeo 2:40.18; 9, W. Sgardello 2:41.11; 10, P.-G. Andreotti 2:41.32; 11, K. Harding (GB) 2:41.55.

Colin Young

COACHING MANPOWER CONFERENCE

National Coaches Tom McNab and Dave Kay recently met with Southern Staff Coaches to discuss Southern coaching policies. At this meeting it became clear that many of the problems centred on lack of coaching manpower. It was therefore decided to hold a Manpower Conference in the Lower Common Room at Crystal Palace on October 12th at 7 p.m. All coaches and club officials who can make a contribution are invited to attend. Those who are unable to come but wish to make a written submission should send it direct to Tom McNab, 23 Crossway, Welwyn Garden City, Herts.

The Williams & Glyn's Bank have donated a silver trophy, designed by a craftsman to Royalty, for the winners of the Southern Women's League Division One. The trophy will be presented to this year's winners, Mitcham AC, at the English Commonwealth Games Trials today (Sept. 29th) at Crystal Palace.

CLASSIFIED ADVERTISEMENTS

4p. per word. Trade 8p. per word, 6 insertions of same copy 7p. per word, 13 insertions 6p. per word, 26 insertions 5p. per word—prepaid.

.450 REVOLVER black powder blanks. £75 per 1,000, £8 per 100, carriage paid. **Fred Carr & Son, Chapletown, Pudsey. Tel: Pudsey 5167, Mr. Longstaff.**

CLUBS, INDIVIDUALS for strains, stiffness, muscle toning etc., new type thermal vibro plus massage and infra red/ultra violet. £1.50. 01-348-3774.

TOP GEAR . . . Adidas SL72 £7.80, Gazelle £7.55, Rom £5.10, Tiger Cub £3.40, Marathon £4.90, Road Runner £6.70, Freedom shorts £1.05 (all including postage). Lots more good things, send s.a.e. for list. Come for personal service Tuesday or Thursday up to 7.30. **THE SWEAT SHOP, 76 Broad Street, Teddington, Middlesex TW11 8QT.**

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. £2 per s.c. inch, per insertion **prepaid**. Quarter-page £7; Half-page £12; Page £20, per insertion. **25 per cent discount to clubs on four or more insertions** of same copy. Cheques or Postal Orders should be crossed and made payable to *Athletics Weekly*. Copy date—10 days before publication.

REDHILL & REIGATE A.C.
17th Annual (Under A.A.A. Laws)

PRIORY RELAY, 1973
Senior 6x2½ Miles, 1.45 p.m.

YOUTHS 2½ MILES
One lap of Senior Course
(6 to run, 3 to score)

SATURDAY, 3rd NOVEMBER

IN THE REIGATE PRIORY GROUNDS

Fees: Seniors 50p per team; Youths 30p per team, 10p per ind. **Entries** to Mrs. L. D. Christmas, 48 Atherfield Road, Woodhatch, Reigate, Surrey, RH2 7PS by 21st October.

NEWBURY ATHLETIC CLUB
NINE MILE ROAD RACE

For the Hutchins Trophy

(holders: Windsor, Slough & Eton)
ON SUNDAY, 7th OCTOBER, 1973
at 3 p.m.

Team: 6 to run, 4 to score—60p; Individual 15p.
Further details from A. T. Killbery, 8 Beverley Close, Thatcham, Newbury, Berks., RG13 4AB.

Team, Individual and 1st Vet. Prizes.

HERCULES WIMBLEDON A.C.
WIMBLEDON "10"

SATURDAY, 6th OCTOBER, at 3 p.m.
FROM WIMBLEDON PARK TRACK

Prizes first 25, Team Race.

COLTS RACE 2 p.m.

BOYS RACE 2.30 p.m.

Prizes first six.

Entries: Seniors 20p, others 10p, to Geoff Moulden, 59 Lambton Road, London, S.W.20.
BY TUESDAY, 2nd OCTOBER.

WORCESTERSHIRE NOMADS A.C.

present the

WORCESTERSHIRE
BEACON RACE

6½ Miles over road and country

Saturday, October 6th, 3 p.m.

Start Malvern Winter Gardens, Grange Road
PRIZES first 6 Ind., first 3 Teams (4 run, 3 count). **Fees:** Ind. 15p, Team 15p.
Entries to R. Hinds, 3 Farley Street, Worcester.
Under A.A.A. Laws.

CLOSING DATE OCTOBER 1st.

Ninth North Bucks
WOLVERTON "5" MILES
OPEN ROAD RACE

Saturday, 24th November, at 3 p.m.

Ind. & Team Prizes (4 run, 3 score). **Entries** (20p ind.) by **Nov. 13th** to M. Callow, 11 Longville, Old Wolverton, Milton Keynes, Bucks. MK12 5PH. (Tel: Wol. 313315). AAA Laws.

Advance Notice

PEDRO DOMEQ

Road Relay (8 stages only) and **Colts and Junior Ladies Road Races** will be held at **Crystal Palace on Sunday 24th March, 1974.** Details from John Hills, 34 Links View Road, Croydon, Surrey. CR0 8NA. (01-777-6723).

THE RIDGEWAY RELAY

(Under A.A.A. Laws)

SWINDON TO READING

SATURDAY, OCTOBER 13th, at 1 p.m.

Dorcan School, St. Paul's Drive, Swindon

(6 Seniors, 2 Youths—5 Cross-Country, 3 Road Stages)

Prizes: First 3 Teams, 1st "B" Team, 1st Berks. Bucks, Oxon and Wilts team outside first three. Also Plaques fastest laps.

Entry Fees: £1 first team, 50p others.

Entries by 1st October to W. A. Townsend, 280 Cricklade Road, Swindon, Wilts, SN2 6AY.

WALTON ATHLETIC CLUB

HEWITT-JONES

OPEN ROAD RELAY

6x3 Miles, 500 Yards Under AAA Laws

SATURDAY, 29th SEPTEMBER, at 3 p.m.

Awards: Prizes to first 3 teams, first "B" team, also three fastest individuals.

Entries: 75p first team, 50p second and succeeding teams, on AAA forms to B. Judd, 10 Orchard Gardens, Cranleigh, Surrey.

NOT LATER THAN MONDAY, 24th SEPT.

ERITH & DISTRICT A.C.

ERITH 6 MILES ROAD RACE

Also first running of Boys/Youths

ERITH 3 MILES ROAD RACE

SUNDAY, 7th OCTOBER, 1973

Entry Fees: 50p Team (6 run, 4 score), 15p Individual.

Prizes: 6M 1st, 2nd, 3rd Teams and first 3 Individuals, 1st Veteran.

Medals: 3M 1st, 2nd, 3rd Teams and first 3 Individuals.

Entries to R. J. Stevens, 4 St. Mary's Villas, Willow Grove, Chislehurst, Kent.

CLOSING DATE 3rd OCTOBER.