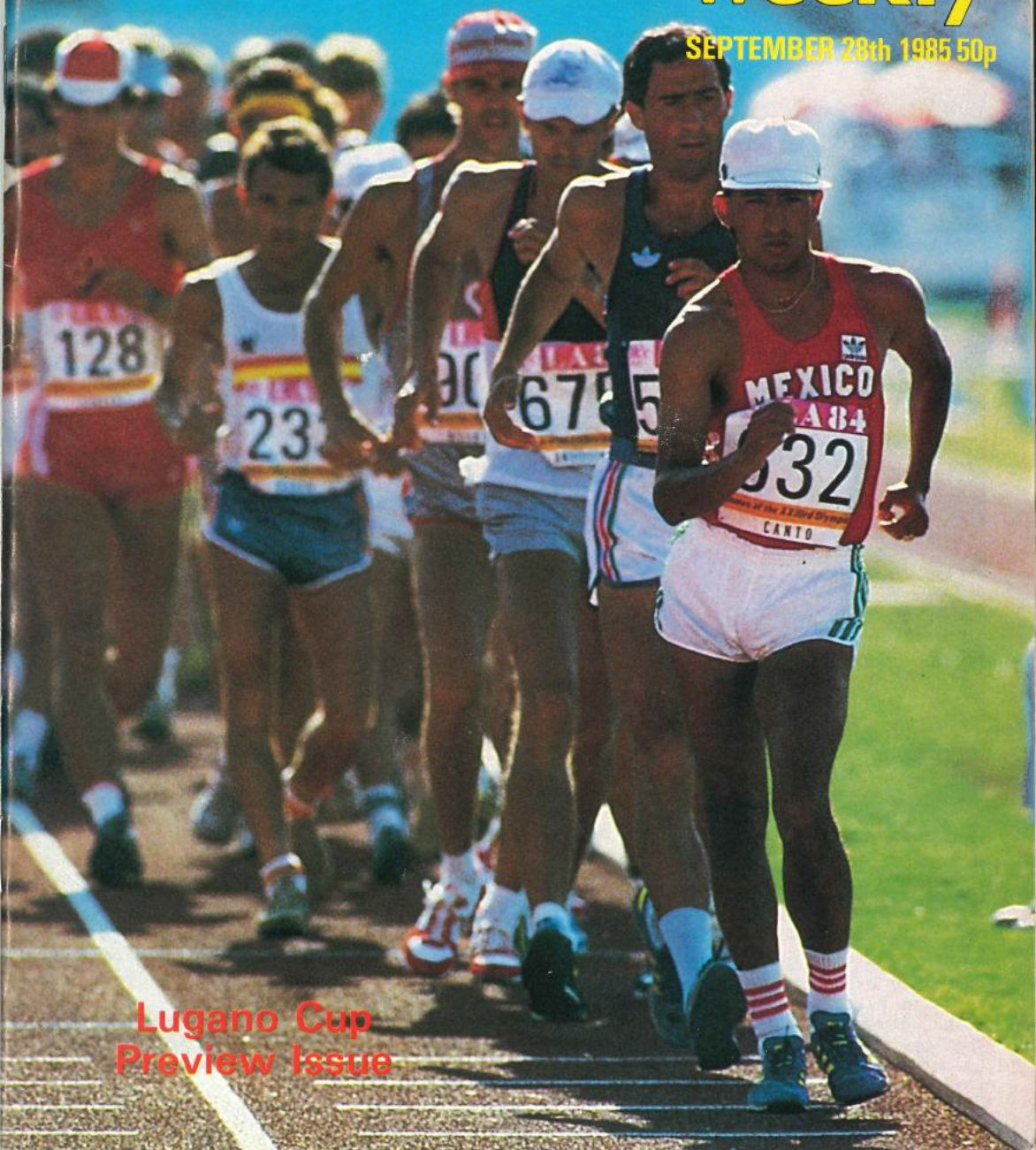


INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

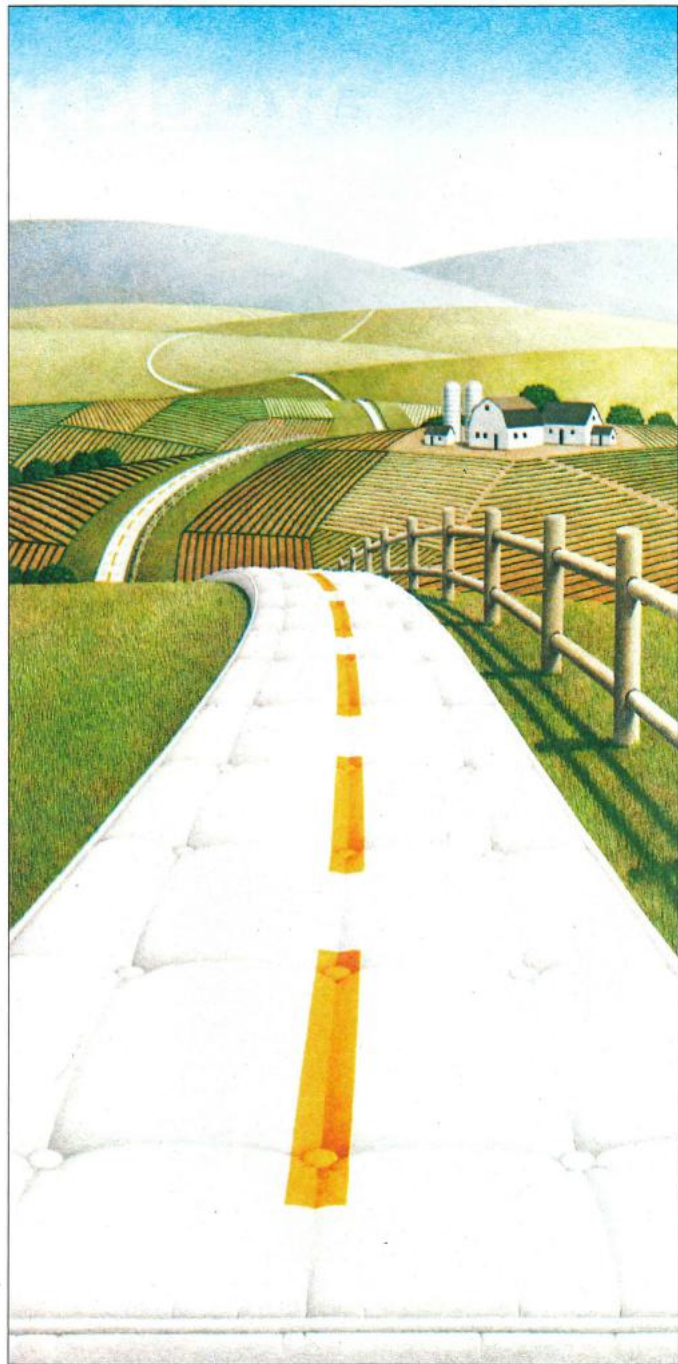
athletics weekly

SEPTEMBER 28th 1985 50p



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Preview Issue

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THE WEEK AHEAD

Saturday, September 28th: IAAF Race Walking (Lugano Cup) Final — 50km, Douglas (Isle of Man); London Inter-Borough Champs, Crystal Palace; Bournemouth Open Meeting, Kings Park; LRRG Grand Prix '5'; Polytechnic Marathon, Windsor; Burtonwood Road Relay; Cyril Comber Norfolk '15'; Diss; Cockermouth 'Run in the Lakes '10'; Hewitt & Jones Road Relay, Walton; Mitcham Prestige Women's CC Races, Morden Park; Sports & Leather Schools CC Races, Uppingham; Waverley CC Races, Tilford; Two Breweries Fell Race, Broughton.

Sunday, September 29th: IAAF Race Walking (Lugano Cup & Eschborn Trophy) Final — 20km & Women's 10km, Douglas (Isle of Man); Grimsby Open Trophy Meeting; Lil Stockdale '6'; Sale; Brighton '6'; Milton Keynes Mayor's Marathon; Blackpool Illuminations Half Marathon; Barry Patmore Memorial '15'; Shropshire Half Marathon, Shrewsbury; Charlwood '10'; Chippenham '10'; Friary Meux Guildford Marathon; Kodak Classic Barnsley '10K'; Trent Park '10'; Robin Hood Marathon, Nottingham; Thanet Half Marathon; Rochester Marathon; Hi-Tec Norfolk '10'; Yarmouth Race Course; Running Racquet Women's '5';

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

athletics weekly

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Coventry; Tiverton '10'; Black Meldon Hill Race, Peebles; Cockleroi Hill Race, Linlithgow; Frodsham Women's Races, Castle Park; Newport Dewar Shield CC Relays; *Sunday Times* National Fun Run, Hyde Park; Essex Walking League, Southend.

Wednesday, October 2nd: Thames Valley Open Graded Meeting, West London.

Continued on page 61

NEXT WEEK'S ISSUE

As you will see, we have been unable to devote space in this issue to the recent World Student Games or Peugeot Talbot Westminster Mile (as promised last week); but they, a feature on Steve Cram and the return of 'Trackwise', will lead the way in next week's copy of 'AW'.

COVER PHOTO — BY ALLSPORT

Some of the world's leading race walkers in the Los Angeles Coliseum before going out onto the roads for the 1984 Olympic 20km: Ernesto Canto (632), Erling Andersen (675), Guillaume Leblanc (128) and Jose Marin (233).

IAAF Mobil Grand Prix

Mel Watman reporting

Slaney Magnificent In Rome 3000m

But Grand Prix Final proves to be an anti-climax

THE FINAL of the IAAF/Mobil Grand Prix, watched by 58,000 spectators in Rome's Stadio Olimpico on September 7th, featured an attempt on his world pole vault record by Sergey Bubka and a great women's 3000 in which Mary Slaney clocked the second fastest ever time to outrun Maricica Puica and Zola Budd, both of whom went under 8½ minutes for the first time. Nevertheless, the absence, through injury or other reasons, of so many of the great stars who had participated in earlier rounds of the Grand Prix — among them Steve Cram, Said Aouita, Seb Coe, Joaquim Cruz, Alberto Cova, Carl Lewis, Uwe Hohn, Valerie Brisco-Hooks and Marlies Gohr — rendered the meeting something of an anti-climax. What should have been the Everest of the season, following earlier peaks scaled at Bislett and Zurich, turned out merely to be a foot hill.

Points mean money in the Grand Prix, and with double points on offer in Rome certain athletes stood to gain or lose substantial amounts. This emphasis on money prizes for results in an IAAF promotion shows just how much the sport has changed in the last year or two, and although the discussion of athletes' financial affairs is viewed

with distaste by some 'AW' readers, it has nevertheless become an integral part of the reporting of today's international athletics scene.

The situation was that the athlete with the highest accumulation of points in his or her individual event won \$10,000; the second placed athlete won \$7000, third \$4000, fourth \$3000, fifth \$2000 and sixth \$1000. Additionally, the overall Grand Prix winners (men and women) were awarded \$25,000 with \$15,000 for second, \$10,000 for third and \$5000 for fourth. That's a grand total of \$542,000 in prize money, distributed in accordance with IAAF rules via athletes' national governing bodies.

Prior to Rome, the leader in the men's Grand Prix was Said Aouita with 55 points, made up at 1500 and 5000m of four victories at nine points each, one second place (to Steve Cram in Nice) with seven points, and two world record bonuses at six points a time. However, a hamstring injury sustained three days before the Final when winning a 2000m race in Rieti in 4:54.02 cost the Moroccan dearly . . . \$34,500 in prize money to be precise. He was unable to participate in the 1500 as planned and Doug Padilla, who had

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occupied second place overall with 45 points (five victories at 3000 or 5000), snapped up \$35,000 in all by winning the 5000 in Rome for a grand total of 63 points. Aouita's Grand Prix winnings came to a mere \$500, although his appearance money and bonuses in earlier GP races must have run comfortably to six figures.

If Rome worked out well for Padilla it certainly didn't for long-time Grand Prix leader Einar Vilhjalmsón. The Icelandic javelin thrower was third on 43 points before the final competition (four wins and a second from his five best contests), but by managing only eighth place in Rome he wound up fourth in the javelin classification and nowhere overall for winnings of \$3000 instead of the \$10-20,000 he may have anticipated. Padilla apart, the big money winners on the men's side were Mike Franks (\$25,000), Sergey Bubka (\$20,000) and Calvin Smith (\$15,000).

Britons who boosted their trust funds were Dave Ottley (\$4000 for placing third in the javelin classification), Todd Bennett (\$3000 for fourth in the 400), Ade Mafe (\$2000 for fifth in the 200), Roald Bradstock (\$2000 for fifth in the javelin) and Paul Davies-Hale (\$1000 for sixth in the 5000 despite being unable to compete in Rome due to illness). Ironically, Steve Cram — who set all three of his world records in Grand Prix races (although the 2000m didn't yield any points as there weren't sufficient qualified runners in the race) — won nothing in Grand Prix prize money.

The big prize winner in the women's events, and deservedly so, was Mary Slaney. She won all her races, and together with bonus points for her world mile record in Zurich she totalled 69 points for a reward of \$35,000 (\$25,000 as overall GP winner and \$10,000 for heading the 3000m classification). High jumper Stefka Kostadinova and 400m hurdler Judi Brown-King also gained the maximum score — without world record bonuses — of 63 points, with the Bulgarian taking second place (worth \$25,000 all told) over the American's third (\$20,000) because she won a total of eight Grand Prix events as against Brown-King's six. Jarmila Kratochvilova finished fourth for \$15,000. Britain's prize winners were Kirsty McDermott (fourth in the 800 classification) and Zola Budd (fourth at 3000) with \$3000 apiece, and Judy Oakes, who picked up \$1000 for sixth position in the shot.

The men's middle-distance events having been emasculated through the withdrawal of so many injured stars, the big race of the meeting was the women's 3000. This, except for the absence of Wendy Sly, brought together the principals of last year's Olympic final. What happened in Los Angeles is now history and it remains pure conjecture as to what might have happened had Mary Slaney stayed on her feet. What the Rome race underlined is that Mary is back to her World Championship form of 1983 and simply unbeatable. The race also demonstrated that

Olympic champion Maricica Puica (now, turned 35, officially a Veteran!) is running faster than ever before in her long career, but is still not fast enough, strong enough or resolute enough to get the better of her brilliant American rival . . . and that Zola Budd is continuing to confound the sceptics by developing into a tough, fearless opponent, who is now able to mix it with anyone in the world at this distance. These three super athletes put on a marvellous show in warm (24°C), humid (97%) conditions, all of them breaking the formidable 8½ minutes mark and running the fastest times of their lives.

Slaney ran the race as she loves to: dictating the pace from the front and daring the others to stay with her. It was very fast from the outset, as is always the case when Mary is involved, and that long elegant stride carried her around the first lap in 64.45 — a time which wouldn't have disgraced a high class men's race as it represents 8:03.4 3000 pace! Budd followed a stride back in 64.7, but Chris Boxer (starting cautiously on what was to prove an offday for her) was left 30m behind. The second lap took 67.37 (2:11.82) with Budd passing 800 in 2:12.1 a stride ahead of Puica, and the kilometre mark was reached by Slaney in 2:46.00 with Budd on 2:46.2. They, together with Puica and Olympic bronze medallist Lynn Williams, were all inside world record pace at this point as Tatyana Kazankina's figures of 8:22.62 average out at 2:47.54 per kilometre.

The third lap took 68.52 (3:20.34 at 1200) with Budd making the first of a number of bold if unsuccessful challenges for the leadership, and the hot pace continued as Slaney covered the fourth lap in 68.60 to reach 1600 in 4:28.94, closely pursued by Budd (4:29.1) and Puica (4:29.3) with Williams now some 15m behind the leader. Up to this point (the 1500m time was 4:12) a world record was still a possibility, but the tempo proceeded to slow as Slaney started to harbour her resources for what was likely to be a competitive last lap.

The 2000 mark was reached in 5:39.05 (70.11), 2400 in 6:49.42 (70.37). With Budd and Puica in her slipstream, Slaney began the wind-up approaching the bell (7:23.88 after a 34.46 200) and accelerated gradually but excruciatingly, *à la*

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The Sub-8:30 Brigade

8:22.62	Tatyana Kazankina (USSR)	1984
8:25.83	Mary Slaney (USA)	1985
8:26.78	Svetlana Ulmasova (USSR)	1982
8:27.12	Lyudmila Bragina (USSR)	1976
8:27.83	Maricica Puica (Rom)	1985
8:28.83	Zola Budd (UK)	1985
8:29.36	Svetlana Guskova (USSR)	1982
8:29.59	Guskova	1984
8:29.69	Slaney	1985
8:29.71	Slaney	1982

Viren, throughout the last lap. Puica passed Budd for second and challenged Slaney for the lead with 250 to go, but the American was having none of it. She just put her head down and went faster still. The penultimate 200 took 32.36, and Slaney completed the job with a tremendous final half lap of 29.59! She entered the finishing straight with a 3m advantage and ended the race a dozen metres be the good in 8:25.83, the second fastest time on record. Her previous US record stood at 8:29.69, which she set in Cologne 13 days earlier when disposing of Puica (8:30.32). The Romanian improved to 8:27.83 and Zola Budd — taking 64.8 for the last lap as compared to 61.95 by Slaney and 63.7 by Puica — smashed her Commonwealth record of 8:35.32 with a scintillating 8:28.83. How well Zola has peaked this year: she was in fantastic shape for the World Cross Country Championship, and although her early season form was indifferent she smashed one personal best after another during the important phase of the track campaign.

Romania's other Olympic track champion, Doina Melinte, has had some grand scraps over 800 with Jarmila Kratochvilova this summer, but on this occasion she was no match. Indeed, while the Czech world champion steamed to another triumph, Melinte had to settle for fourth place behind Milena Strnadova and Kirsty McDermott. The UK record holder failed to break two minutes for one of the few times this year, but this race must count as one of her best yet. It was slowish right from the start (even so Fita Lovin, a possible winner, lagged well behind and dropped out injured after 130m), and Kratochvilova led practically the whole way, past 400 in 60.34 and

600 in 90.78. The first four were clustered together until Kratochvilova took off in the finishing straight for a 7m winning margin in 1:59.09. The battle among the other three was intense, less than three metres covering them at the end, and Kirsty excelled herself by finishing third. She ran the first lap in around 60.8, the second in 59.4.

Another Briton to shine in the women's events was Judy Oakes, who not only came up with her best outdoor shot mark of the season (18.02m), but by placing fifth, ahead of Bulgaria's 19m-plus performer Svetla Mitkova, literally finished in the money. The two top performers of the season, world record holder Natalya Lisovskaya and world champion Helena Fibingerova, were soundly beaten by Mihaela Loghin, who was close to her best ever with 20.82.

The most pleausurably anticipated women's field event, the high jump, proved just a little disappointing even if six competitors did clear 1.90m or higher. Three of them — Sara Simeoni (who came so very close to clearing her best of the year), Debbie Brill and Susanne Lorentzon — went out with the bar at 1.95, leaving the field to unbeaten Svetla Kostadinova, Louise Ritter and Tamara Bykova, all of whom cleared without trouble. Bykova, the former world record holder, found 1.98 beyond her, but Kostadinova (first attempt) and Ritter (second) stayed in. The American was eliminated at 2.00, and for a while it looked as though the Bulgarian would be too, but on her final attempt she came through to clinch her 23rd consecutive victory of the season. Having cleared the second best ever height of 2.06 earlier in the summer and with 2.04 to her credit in Brussels and Rieti (three days before Rome), there had been hopes of a new world record from Kostadinova, but fatigue caught up with her and she failed to clear 2.05.

Elsewhere in the women's events it was America's night. Florence Griffith overhauled Alice Brown in a fast 100 (11.00 to 11.04) and the abundantly talented Jackie Joyner produced three long jumps superior to Galina Chistyakova's best of 6.83m. In the 400 hurdles Olympic silver medallist Judi Brown-King powered to a US record of 54.38, fastest ever by a Westerner, while in a close battle for second place Australian Debbie Flintoff got the better of Tonja Brown in 54.80 to shave 7/100ths off her Commonwealth record.

Americans won four of the seven women's events, and the success rate was even higher among the men: six out of nine. From a Grand Prix point of view the most significant victory was Doug Padilla's in the 5000 as it assured him of the overall title. The 28-year-old Mormon may have disappointed his supporters in the 1983 World Championships and 1984 Olympics, but on his day, and particularly in races which have been slow up to the bell, he is a very tough man to outkick. So it proved in Rome as he led

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throughout a 55.70 last lap, the final half of which he covered in a mere 25.64. Sydney Maree, the third fastest ever at this distance, found all his attempts to draw level were in vain as Padilla held on grimly for a 2m win in 13:27.79. Steve Harris finished seventh in 13:33.73, just outside his best for the season.

There were other American one-twins in the 200 (Calvin Smith over Kirk Baptiste), 400 (Mike Franks ahead of Ray Armstead), long jump (Mike Conley beating Larry Myricks on countback) and javelin (with Tom Petranoff and Duncan Atwood both over 90m).

Ade Mafe, the newly crowned European Junior champion, placed fifth in the 200 in 20.90, while Todd Bennett did well to finish third among a phalanx of five world class American 400 runners in 45.56. The sub-45 anticipated after his marvellous indoor season may not have materialised this summer, but Bennett, although overshadowed by the remarkably improved Derek Redmond, has been unobtrusively consistent at the 45½ seconds level and perhaps next year — without the distraction of an indoor campaign — he will make the big breakthrough. Britain were also well represented in the javelin, where Dave Ottley showed glimpses of his earlier outstanding form by throwing 84.92m for third and Roald Bradstock wasn't that far behind with 83.20 in sixth place — both contributing to Vilhjalmsson's demise.

The Americans did better still in the 110

hurdles, even though Greg Foster, a heat winner in 13.29, fell just short of the line. They still supplied the first three finishers, through a delighted Tonie Campbell, Andre Phillips and Sam Turner, although Canada's Mark McKoy, in fourth place, still had the last laugh as he finished ahead of Phillips and Campbell in the final GP standings.

The remaining three men's events went to representatives of Spain (Jose Abascal), USSR (Sergey Bubka) and Czechoslovakia (Imrich Buga). It was good to see Abascal win the 1500, for Spanish athletes have tended to be overlooked in that event despite their considerable achievements. After all, but for the inconsiderate presence of certain British runners, Abascal would be Olympic champion and Jose-Luis Gonzalez would have captured Oslo's Dream Mile in near world record time. In fact the Rome 1500 turned out to be a fairly routine race with Abascal's 52.7 last lap taking him to an assured victory in 3:36.21 over Omer Khalifa, Steve Scott (the overall 1500 GP winner despite only one individual success), Pierre Deleze and Ray Flynn. No, the Rome 1500 remains the one in which Herb Elliott scored a runaway Olympic victory in a world record 3:35.6 . . . 25 years and one day before. Nothing achieved by Seb Coe, Steve Cram or Said Aouita has diminished the memory of that towering exploit.

The most notable of the men's events was the pole vault in which Sergey Bubka and Thierry

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Saturday, 7th December, 1985

Saturday, 4th January, 1986

Saturday, 1st February, 1986

Saturday, 1st March, 1986

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Vigneron played another of their cat and mouse games. There was the customary end result . . . although the Frenchman this time came so very close to pulling off a shock win. Bubka's first time clearance at his cheeky opening height of 5.70m gave him an immediate advantage as Vigneron needed two tries, and the latter's elation at clearing 5.80 at the first attempt wasn't allowed to last long. Bubka, having elected to pass that height, returned to make 5.85 without problem — a height which saw the elimination of Olympic champion Pierre Quinon. The bar went up to 5.95 and Vigneron could count himself desperately unlucky not to have chalked up a magnificent new French record and a possible victory. He thought he was clear as he landed, but as his arms started to rise in triumph so the bar belatedly began its downward journey. Bubka reserved himself for a world record attempt at 6.01, but didn't come anywhere as close as Vigneron had to 5.95.

Rome Results & Final Classifications

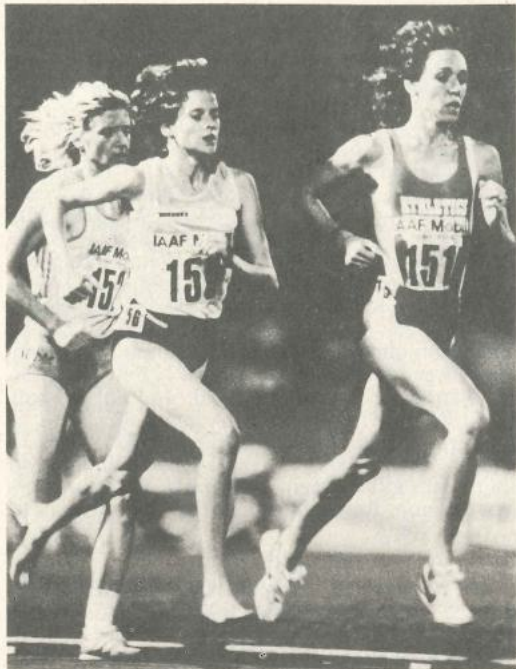
200: (+0.01m) 1, Calvin Smith (US) 20.54; 2, Kirk Baptiste (US) 20.57; 3, Desai Williams (Can) 20.76; 4, James Butler (US) 20.85; 5, ADE MAFE (UK) 20.90; 6, Carlo Simionato (Ita) 20.95; 7, Henry James (US) 20.97. **Final standings:** 1, Smith 59 pts (\$10,000); 2, Baptiste 48 (\$7000); 3, Williams 35½ (\$4000); 4, Butler 33 (\$3000); 5, MAFE 30 (\$2000); 6, Thomas 22 (\$1000).

400: 1, Mike Franks (US) 44.87; 2, Ray Armstead (US) 45.24; 3, TODD BENNETT (UK) 45.56; 4, Darrell Robinson (US) 45.73; 5, Walter McCoy (US) 46.02; 6, Mark Rowe (US) 46.10; 7, Pierfrancesco Pavoni (Ita) 46.29; 8, Aldo Canti (Fra) 46.35. **Final standings:** 1, Franks 60; 2, Armstead 47; 3, Rowe 44; 4, BENNETT 39; 5, Robinson 36; 6, Canti 25½.

1500: 1, Jose Abascal (Spa) 3:36.21; 2, Omer Khalifa (Sud) 3:36.45; 3, Steve Scott (US) 3:36.88; 4, Pierre Deleze (Swi) 3:37.08; 5, Ray Flynn (Irl) 3:37.44; 6, Stefano Mei (Ita) 3:38.21; 7, Mike Boit (Ken) 3:38.40; 8, Pascal Thiebaut (Fra) 3:44.61. **Final standings:** 1, Scott 46; 2, Deleze 44; 3, Abascal 40; 4, Khalifa 39; 5, Flynn 37; 6, Said Aouita (Mor) 31.

5000: 1, Doug Padilla (US) 13:27.79; 2, Sydney Maree (US) 13:28.04; 3, Thomas Wessinghage (FRG) 13:29.01; 4, Mauricio Gonzales (Mex) 13:29.33; 5, Dietmar Millonig (Aut) 13:29.48; 6, Markus Ryffel (Swi) 13:30.88; 7, STEVE HARRIS (UK) 13:33.73; 8, Mark Nenow (US) 13:38.09; 9, Evgeni Ignatov (Bul) 13:42.86; 10, John Treacy (Irl) 14:02.95; Paul Williams (Can) dnf. **Final standings:** 1, Padilla 63; 2, Maree 47; 3, Wessinghage 42; 4, Millonig 32; 5, Gonzales 29; 6, PAUL DAVIES-HALE (UK) 28.

110H: Heat 1: (+1.1m) 1, Greg Foster (US) 13.28; 2, Sam Turner (US) 13.34; 3, Mark McKoy (Can) 13.49; 4, Carlos Sala (Spa) 13.73; 5, Stephane Caristan (Fra) 13.87; 6, Igor Kazanov (USSR) 13.94; 7, Al Joyner (US) 14.34. **Heat 2:** (nil) 1, Andre Phillips (US) 13.36; 2, Tonie



Mary Slaney leads Zola Budd and Maricica Puica on her way to 3000m victory in Rome.

Mark Shearman

Campbell (US) 13.49; 3, Henry Andrade (US) 13.58; 4, Daniele Fontecchio (Ita) 13.78; 5, Gyorgy Bakos (Hun) 13.83; 6, WILBERT GREAVES (UK) 14.06; 7, Javier Moracho (Spa) 14.15. **Final:** (+0.01m) 1, Campbell 13.27; 2, Phillips 13.29; 3, Turner 13.44; 4, McKoy 13.48; 5, Andrade 13.61; 6, Fontecchio 13.79; 7, Sala 13.87; Foster dnf. **Final standings:** 1, McKoy 52; 2, Phillips 41; 3, Campbell 37; 4, Bakos 34; 5, Turner 31; 6, Andrade 29.

PV: 1, Sergey Bubka (USSR) 5.85 (5.70 — 1, 5.85 — 1, 6.01 — fail); 2, Thierry Vigneron (Fra) 5.80 (5.60 — 1, 5.70 — 2, 5.80 — 1, 5.95 — fail); 3eq, Pierre Quinon (Fra) & Aleksandr Krupskiy (USSR) 5.70; 5eq, Marian Kolasa (Pol) & Earl Bell (US) 5.60; 7, Atanas Tarev (Bul) 5.60; 8, Tom Hintnaus (Bra) 5.40; 9, Brad Pursley (US) 5.40; 10, Mauro Barella (Ita) 5.20; Mike Tully (US) no ht (5.60). **Final standings:** 1, Bubka 59; 2, Quinon 52; 3, Vigneron 49; 4, Krupskiy 47; 5, Kolasa 38; 6, Tully 35.

LJ: 1, Mike Conley (US) 8.22; 2, Larry Myricks (US) 8.22; 3, Laszlo Szalma (Hun) 8.11; 4, Mike Powell (US) 8.04; 5, Sergey Layevskiy (USSR) 7.82; 6, Jan Leitner (Cze) 7.71; 7, Wlodymierz Wlodarczyk (Pol) 7.69; 8, Antonio Corgos (Spa) 7.65; 9, Gyula Palocz (Hun) 7.51; 10, Giancarlo Biscarini (Ita) 7.28. **Final standings:** 1, Conley 49; 2, Myricks 37; 3, Layevskiy 34; 4, Szalma 30; 5, Leitner 26; 6, Powell 22.

DT: 1, Imrich Bugar (Cze) 66.26; 2, Knut Hjeltnes (Nor) 64.60; 3, Gezja Valent (Cze) 63.44; 4, Rolf Danneberg (FRG) 61.20; 5, Alois Hannecker (FRG) 60.26; 6, Georgi Taushanski (Bul) 56.54. **Final standings:** 1, Bugar 52; 2, Hjeltnes 41; 3, Valent 41; 4, Danneberg 16; 5, Hannecker 16; 6, Alwin Wagner (FRG) 10.

JT: 1, Tom Petranoff (US) 90.80 (77.60, 85.18, 89.18, 87.52, 90.80, 87.30); 2, Duncan Atwood (US) 90.30 (—, 86.82, 87.42, 84.44, 90.30, 85.36); 3, DAVE OTTLEY (UK) 84.92 (78.86, 78.30, 83.84, 84.92, —, 84.78); 4, Dag Wennlund (Swe) 84.90; 5, Zdenek Adamec (Cze) 83.94; 6, ROALD BRADSTOCK (UK) 83.20 (72.04, 81.88, 81.60, 80.52, 83.20, —); 7, Iyrki Blom (Fin) 80.86; 8, Einar Vilhjalmsson (Ice) 80.48; Raimo Manninen (Fin) three fouls. **Final standings:** 1, Petranoff 55; 2, Atwood 51; 3, OTTLEY 50; 4, Vilhjalmsson 45; 5, BRADSTOCK 38; 6, Adamec 30.

Overall standings: 1, Padilla 63 (\$25,000); 2, Franks 60 (\$15,000); 3, Bubka 59 (\$10,000); 4, Smith 59 (\$5,000); 5eq, Petranoff & Aouita 55; 7eq, Quinon, Bugar & McKoy 52; 10, Atwood 51.

Women's Events

100: (+0.44m) 1, Florence Griffith (US) 11.00; 2, Alice Brown (US) 11.04; 3, Merlene Ottey-Page (Jam) 11.09; 4, Marina Zhironova (USSR) 11.10; 5, Ewa Kasprzyk (Pol) 11.45; 6, Angela Bailey (Can) 11.48; 7, Nelli Cooman (Neth) 11.50; 8, Marisa Masullo (Ita) 11.70; 9, Elzbieta Tomczak (Pol) 11.70. **Final standings:** 1, Brown 46; 2, Ottey-Page 45; 3, Griffith 39; 4, Zhironova 29; 5, Valerie Brisco-Hooks (US) 24; 6, Kasprzyk 24.

800: 1, Jarmila Kratochvilova (Cze) 1:59.09; 2, Milena Strnadova (Cze) 2:00.09; 3, KIRSTY McDERMOTT (UK) 2:00.23; 4, Doina Melinte (Rom) 2:00.48; 5, Zuzana Moravcikova (Cze) 2:04.42; 6, Erica Rossi (Ita) 2:04.53; Fita Lovin (Rom) dnf. **Final standings:** 1, Kratochvilova 59; 2, Melinte 53; 3, Strnadova 43; 4, McDERMOTT 39; 5, Lovin 34; 6, Ella Kovacs (Rom) 33.

3000: 1, Mary Slaney (US) 8:25.83 (rec); 2, Marica Puica (Rom) 8:27.83 (rec); 3, ZOLA BUDD (UK) 8:28.83 (Commonwealth rec); 4, Lynn Williams (Can) 8:40.27; 5, Cindy Bremser (US) 8:57.40; 6, Aurora Cunha (Por) 9:08.00; 7, CHRIS BOXER (UK) 9:13.00. **Final standings:** 1, Slaney 69; 2, Puica 53; 3, Williams 37; 4, BUDD 32; 5, Ingrid Kristiansen (Nor) 32; 6, Cornelia Burki (Swi) 30.

400H: 1, Judi Brown-King (US) 54.38 (rec); 2, Debbie Flintoff (Aus) 54.80 (Commonwealth rec); 3, Tonja Brown (US) 54.86; 4, Genowefa Blaszk (Pol) 55.03; 5, Tuija Helander (Fin) 55.37; 6, Giuseppina Cirulli (Ita) 58.33. **Final standings:** 1, Brown-King 63; 2, Blaszk 53; 3, Flintoff 46; 4, Brown 41; 5, Helander 39; 6, Nawal El Moutawakil (Mor) 20.

HJ: 1, Stefka Kostadinova (Bul) 2.00; 2, Louise Ritter (US) 1.98; 3, Tamara Bykova (USSR) 1.95; 4, Sara Simeoni (Ita) 1.90; 5, Debbie Brill (Can) 1.90; 6, Susanne Lorentzon (Swe) 1.90; 7eq, Joni

Huntley (US) & Lidja Lapajne (Yug) 1.80; 9, Maryse Ewanje-Epee (Fra) 1.80. **Final standings:** 1, Kostadinova 63; 2, Ritter 53; 3, Bykova 43½; 4, Brill 41; 5, Lorentzon 29; 6, Ewanje-Epee 28½.

LJ: 1, Jackie Joyner (US) 6.91; 2, Galina Chistyakova (USSR) 6.83; 3, Carol Lewis (US) 6.73; 4, Tatyana Rodionova (USSR) 6.57; 5, Jarmila Strejckova (Cze) 6.52; 6, Ana Buballa (FRG) 6.18; 7, Antonella Capriotti (Ita) 6.11; Eva Murkova (Cze) six fouls. **Final standings:** 1, Chistyakova 36; 2, Rodionova 30; 3, Joyner 25; 4, Strejckova 19; 5, Lewis 16; 6, Yelena Ivanova (USSR) 10.

SP: 1, Mihaela Loghin (Rom) 20.82; 2, Helena Fibingerova (Cze) 20.32; 3, Natalya Lisovskaya (USSR) 19.86; 4, Sona Vasickova (Cze) 18.61; 5, JUDY OAKES (UK) 18.02 (17.62, 17.50, 17.65, 17.60, 17.84, 18.02); 6, Svetla Mitkova (Bul) 17.79; 7, Viktoria Horvath (Hun) 16.96. **Final standings:** 1, Fibingerova 30; 2, Lisovskaya 30; 3, Loghin 24; 4, Vasickova 21; 5, Mitkova 13; 6, OAKES 12.

Overall standings: 1, Slaney 69; 2, Kostadinova 63; 3, Brown-King 63; 4, Kratochvilova 59; 5eq, Melinte, Puica, Blaszk & Ritter 53; 9eq, A. Brown & Flintoff 46.

FURTHER RESULTS FROM ZURICH

August 21st

200 (B): Simionato (Ita) 20.77. **5000:** 10, Mamede (Por) 13:26.98; 11, Schildhauer (GDR) 13:27.34; 12, Bickford (US) 13:27.49; 13, Ryffel (Swi) 13:27.86. **HJ:** 5, Thranhardt (FRG) 2.26; 6, Ottey (Can) 2.26; 7, Balkin (US) 2.22; 8eq, Annys (Bel) & Sjoberg (Swe) 2.18; Mogenburg (FRG) no ht (2.18). **PV:** 5, Bell (US) 5.55; 6, Houvion (Fra) 5.55; 7, Pursley (US) 5.50. **(Women):** **100:** (hts) Gaugel (FRG) 11.23, Cazier (Fra) 11.26, Griffith (US) 11.28, Marshall (US) 11.29, Bailey (Can) 11.32. . . . **HEATHER OAKES** (6th) 11.55. **200 (B):** KATHY COOK 22.88, Dixon (US) 22.93, Cuthbert (Jam) 23.09, Masullo (Ita) 23.32, JOAN BAPTISTE 23.33. **Mile:** 1500m times — Slaney (US) 4:00.51, Puica (Rom) 4:00.55, ZOLA BUDD 4:00.79, Bruns (GDR) 4:01.95, CHRIS BOXER 4:05.75, Burki (Swi) 4:07.17, Kraus (FRG) 4:08.09. **LJ:** Drechsler (GDR) 7.39 (7.17, 7.39, 7.28, 7.27, 7.32, —), Joyner (US) 7.24 (6.97, —, —, 7.00, 6.92, 7.24), Chistyakova (USSR) 7.20 (6.71, 7.07, 7.20, 7.05, 7.19, 7.12), Radtke (GDR) 7.19 (6.70, 7.10, 6.33, 6.90, 6.93, 7.19), Lewis (US) 7.04 (7.01, 6.97, 7.04, —, 6.71, 6.91).

ELLIOTT RETURNS

Peter Elliott returned to racing, after a few months absence with a stress fracture, in a 1000m race in Spain on September 13th, in which he finished second to Omer Khalifa of Sudan. He went on to win the 800m at the Rotherham Borough Sports on September 15th.

Earlier Grand Prix Meetings

Edited by Mel Watman

Maree And Slaney Set US Records In Cologne

WHILST the IAAF/Mobil Grand Prix meeting in Cologne on August 25th may have lacked the world records of Zurich and Berlin, it was still an outstanding occasion, particularly for the Americans, Sydney Maree and Mary Slaney.

Maree, who made no secret of his intention to repeat his world record at 1500m set in the same stadium two years ago, almost brought off the impossible. West Germany's Werner Busschhof set off at a ridiculous pace (52.61) and the main contenders sensibly stayed 15m behind. Busschhof's brother, Wolfgang, took over for the second lap, going through 800 in 1:50.35. With 700 to go Adbi Bile of Somalia went to the front, and with Maree the only real contender pushed the pace past the bell in 2:33.30. Accelerating even faster, he led Maree through 1200 in 2:47.43 before dropping out. The American drove himself relentlessly forward along the back straight and final bend, but it was apparent as he came into the final straight that his stamina was wilting. With leaden legs he crossed the finishing line only 0.32 behind Said Aouita's mark set two nights previously in Berlin. His only reward was an American record, but he can also pride himself on the fact that he is that nation's first man under 3:30.

In the women's 3000, Mary Slaney showed all

of the brilliance which she displayed when winning at the World Championships in Helsinki two years ago. That she meant business was apparent by the way she strode to the front and covered the initial 200 in 32 seconds, immediately being tracked by Maricica Puica and Lynn Williams. No change in position found the first kilometre covered in 2:50:46, just over a second outside world record pace. Mary continued to stride confidently around the track and although all hopes of a world record diminished at 2000m (5:43.52), she was involved in a classic confrontation with Puica, who looked remarkably fresh behind her, and Williams, whose performance was earning the admiration of the 45,000 crowd. Mary led through the bell in 7:28.5, but coming into the final bend the Romanian reminded Slaney that she was still there although she reserved her attack until 60m from the line. The American's response was quite ruthless: she simply changed gear and sped to the finishing line. Her last lap of 61.2 was too much for Puica who despite defeat ran a national record. Mary broke the US record, whilst Williams broke the Canadian record and will pose a threat at next year's Commonwealth Games.

Seb Coe's lack of success continued in the 800

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'A' race, but Joaquim Cruz had to run a 1985 world best to keep the world record holder at bay. Kenya's Juma Ndiwa led through the first lap (48.42) with Cruz, Coe and Johnny Gray 10m down, but with 300 to go the Olympic champion struck for home. Seb, running quite confidently, tracked the Brazilian all the way, but try as he might he just couldn't find those extra few inches of pace. He could feel proud of his third best ever time of 1:43.07 compared to Cruz's 1:42.54. Tom McKean won the 'B' race. Running well within himself he established himself in third position in the first 300 and sat there until releasing a deadly finish only 50m from the line to leave Edwin Koech and Jose-Luis Barbosa struggling. Obviously his confidence after his eighth placing in Berlin had not been dented, and coach Tommy Boyle, who had deliberately flown in from Scotland to reassure Tom the night before, was more than happy with his protégé's run.

After an atrocious start, Carl Lewis lost the 100m to Marian Woronin whose joy at victory was evident to all. Calvin Smith dominated the 200 whilst Mike Franks won a close 400 from the tiring Ray Armstead and Bert Cameron. Greg Foster moved closer to Roger Kingdom's 1985 world best with a time of 13.25 in the 'highs', but teammate Danny Harris succumbed to Harald Schmid in the 400 hurdles. The West German ran a storming last 50m to pass the American on the line to the great delight of the crowd.

Sergey Bubka suffered a rare defeat; after

entering the contest at 5.65m he passed until 5.85, but then failed all three attempts. This gave Pierre Quinon victory with 5.80, but surely the time has come to reduce the size of the pole vault field. Bubka arrived at the stadium at 13.45 hours, sat around until taking his first vault at 19.00 hours and then waited patiently for another two hours before failing 5.85. As in Berlin, the event long over-ran the timetable and although once again the crowd stayed to watch, stricter entry standards must be applied.

Dave Martin

100: (nil) Woronin (Pol) 10.19, Lewis (US) 10.27, Johnson (Can) 10.29, Butler (US) 10.38, Williams (Can) 10.40, Haas (FRG) 10.44, Gance (US) 10.45, Baptiste (US) 10.84; (B) Sharpe (Can) 10.43. **200:** (nil) Smith (US) 20.50, Yevgenyev (USSR) 20.68, Thomas (US) 20.69, Butler 20.75, Williams 20.80, Lubke (FRG) 20.88. **400:** Franks (US) 44.98, Armstead (US) 45.07, Cameron (Jam) 45.13, Krylov (USSR) 45.34, W. Smith (US) 45.65; (B) Tiachov (Iv. C) 45.42, D. Robinson (US) 45.53, Morris (Jam) 45.56, McCoy (US) 45.86, Rowe (US) 45.89. **800:** Cruz (Bra) 1:42.54, SEB COE 1:43.07, Gray (US) 1:43.33, Druppers (Neth) 1:43.56, Guimaraes (Bra) & Koskei (Ken) 1:43.78, Mack (US) 1:44.49, Braun (FRG) 1:44.78, Ferner (FRG) 1:45.17; (B): TOM McKEAN 1:47.13, Koech (Ken) 1:47.30, Barbosa (Bra) 1:47.56. **1000:** Konchellah (Ken) 2:17.78, Thau (FRG) 2:19.10. **1500:** Maree (US) 3:29.77

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Aouita Foiled in World Record Bid

TAKING AIM at Henry Rono's 1978 world 3000 record of 7:32.1, Said Aouita fell just short with 7:32.94 at the Van Damme Memorial in Brussels on August 30th — the last Grand Prix meeting prior to the final in Rome. It was the third fastest ever time, Dave Moorcroft having clocked 7:32.79 in 1982. Aouita was taken through the first kilometre in 2:32.09, the second in 2:33.86 ... the third he covered alone in 2:26.99 with the last lap taking 55.61. The Moroccan expressed disappointment that the three pacemakers involved had not managed to keep to the required schedule. "Up to 2000m I really had the impression I was jogging", he said. "Truly, today I was capable of running under 7:30". In an attack on Steve Cram's world mile record of 3:46.31 Sydney Maree reached the ¾ mile mark in 2:50.35, but was reduced to a last quarter of almost exactly a minute to finish well outside with 3:50.34.

With Steve Cram and Seb Coe ruled out by injury, and Steve Ovett taking part in the 1500 against his better judgement (he placed 9th in 3:39.01), it was left to Zola Budd to uphold British middle distance prestige at this meeting. That she did with a Commonwealth 1500 record of 3:59.96 behind Mary Slaney (3:57.24) and Maricica Puica (3:57.73), with Canada's Lynn Williams also finishing inside Chris Boxer's old figures of 4:00.57 with 4:00.27. There was a personal best for Max Robertson with 49.75 in the

hurdles, while Ade Mafe (20.59 200) produced one of the most notable runs of his electrifying career.

100: (—1.05m) Lewis (US) 10.24, Baptiste (US) 10.30, Cook (US) 10.31, Glance (US) 10.35, Williams (Can) 10.50, Desruelles (Bel) 10.56, DONOVAN REID 10.56. **200:** (—0.48m) Baptiste 20.38, Smith (US) 20.41, ADE MAFE 20.59, Butler (US) 20.62, Williams 20.73, Thomas (US) 20.77, Sangouma (Fra) 20.85, Desruelles 20.94. **400:** Franks (US) 45.22, McCoy (US) 45.55, TODD BENNETT 45.68, D. Robinson (US) 45.95, Morris (Jam) 46.22, Canti (Fra) 46.73. **800:** Gray (US) 1:44.78, Barbosa (Bra) 1:45.12, Fall (Sen) 1:45.20, Koech (Ken) 1:45.31, Guimaraes (Bra) 1:45.92. **1000:** Koskei (Ken) 2:14.95, Druppers (Neth) 2:15.33, Ndiwa (Ken) 2:15.89, Konchellah (Ken) 2:16.71. **1500:** Abascal (Spa) 3:32.86, O'Mara (Irl) 3:34.02, Khalifa (Sud) 3:34.07, Lotoryev (USSR) 3:34.49, Flynn (Irl) 3:34.65, Deleze (Swi) 3:34.91, Boit (Ken) 3:36.01, Levant (Fra) 3:38.38, STEVE OVETT 3:39.01, Scott (US) 3:42.22. **Mile:** Maree (US) 3:50.34, Yakovlyev (USSR) 3:57.14, O'Sullivan (Irl) 3:59.26. **3000:** Aouita (Mor) 7:32.94, Wessinghage (FRG) 7:42.61, Padilla (US) 7:48.14, PAUL DAVIES-HALE 7:48.45, Ignatov (Bul) 7:48.50, Millonig (Aut) 7:48.66. **5000:** Rousseau (Bel) 13:26.30, Fell (Can) 13:39.38, de Pauw (Bel) 13:43.06, Waigwa (Ken) 13:43.41,

COLOGNE RESULTS cont.

(rec), Abascal (Spa) 3:32.73, Khalifa (Sud) 3:35.67, Rousseau (Bel) 3:36.38, Boit (Ken) 3:36.55, Hillardt (Aus) 3:36.93, Deleze (Swi) 3:37.46, Wirz (Swi) 3:37.83, Scammell (Aus) 3:37.96. **5000:** Wessinghage (FRG) 13:29.14, Ignatov (Bul) 13:30.09, Waigwa (Ken) 13:30.26, Gonzales (Mex) 13:20.28, Crowe (NZ) 13:32.04. **3000SC:** Mahmoud (Fra) 8:17.89, Wesolowski (Pol) 8:18.39, Sanchez (Spa) 8:22.53, Van Dijk (Bel) 8:26.10. **110H:** (+1.1m) Foster (US) 13.25, Phillips (US) 13.35, Campbell (US) 13.43, McKoy (Can) 13.37, Andrade (US) 13.62, Turner (US) 13.67, Moracho (Spa) 13.68. **400H:** Schmid (FRG) 48.17, Harris (US) 48.19, Vasilyev (USSR) 48.57, Dia Ba (Sen) 49.51, Hawkins (US) 49.60. **HJ:** Howard (US) 2.26, Ottey (Can) 2.22, Wszola (Pol) 2.22, Avdeyenko (USSR) 2.22. **PV:** Quinon (Fra) 5.80, Tully (US) 5.75, Hintnaus (Bra) 5.70, Bubka (USSR) 5.65, Winker (FRG) 5.60, M. Kolasa (Pol) & Tarev (Bul) 5.50, Dial (US) 5.50. **LJ:** Myricks (US) 8.18, Conley (US) 8.10, Layevskiy (USSR) 8.04, Leitner (Cze) 7.96. **TJ:** Banks (US) 17.07, Zinser (FRG) 16.93, Hoffman (Pol) 16.82, Taiwo (Nig) 16.51, Jaros (FRG) 16.29. **DT:** Bugar (Cze) 67.10, Hjeltne (Nor)

65.38, Valent (Cze) 64.34. **JT:** Petranoff (US) 88.12, Vilhjalmsson (Ice) 86.84, Gambke (FRG) 84.48, Atwood (US) 84.24. **HT:** Schaefer (FRG) 77.90, Ploghaus (FRG) 76.94, Sahner (FRG) 75.72.

Women's 100: (nil) Griffith (US) 11.13, Ottey-Page (Jam) 11.20, Brisco-Hooks (US) 11.21, Brown (US) 11.23, Nuneva (Bul) 11.24, Bolden (US) 11.28, Bailey (Can) 11.29. **200:** (nil) Griffith 22.46, Brisco-Hooks 22.49, Jackson (Jam) 22.58, Brown 22.65. **400:** Dixon (US) 51.07, Kinzel (FRG) 52.04. **800:** Kratochvilova (Cze) 1:57.83, Melinte (Rom) 1:57.90, Lovin (Rom) 1:58.21, Strnadova (Cze) 1:58.94, Klinger (FRG) 1:59.11, Richburg (US) 1:59.91. **3000:** Slaney (US) 8:29.69 (rec), Puica (Rom) 8:30.32 (rec), Williams (Can) 8:37.38 (rec), Bremser (US) 8:52.46, Wysocki (US) 8:57.15. **100H:** (nil) Zagorcheva (Bul) 12.76, Denk (FRG) 12.90, Young (US) 13.06, Blanford (US) 13.13, Elloy (Fra) 13.16, Fitzgerald-Brown (US) 13.19. **400H:** Flintoff (Aus) 55.20, Brown-King (US) 55.38, Blaszk (Pol) 55.65, Helander (Fin) 55.66 (rec), T. Brown (US) 55.84, Usha (Ind) 57.27. **HJ:** Kostadinova (Bul) 2.00, Bykova (USSR) 1.91, Ewanje-Epee (Fra) 1.88. **LJ:** Joyner (US) 7.00, Lewis (US) 6.57.

JON RICHARDS 13:46.58. **10,000:** (13:50.33 at 5000) Cova (Ita) 28:03.93, Williams (Can) 28:04.80, Treacy (Irl) 28:04.92, Nenow (US) 28:05.92, Herle (FRG) 28:12.46, STEVE JONES 28:12.78, Ryffel (Swi) 28:40.92, STEVE BINNS 28:41.80, Hurst (Swi) 28:49.02, Lambregts (Hol) 28:49.08, CARL THACKERY 29:06.79. **3000SC:** Wesolowski (Pol) 8:11.04, Mahmoud (Fra) 8:11.07, Sanchez (Spa) 8:18.87, Van Dijk (Bel) 8:21.20, COLIN REITZ 8:22.26, Quinn (Irl) 8:24.09, Schwarz (FRG) 8:29.77, ROGER HACKNEY 8:30.37, Marko (Hun) 8:37.95, Pannier (Fra) 8:40.04, KEVIN CAPPER 8:40.96. **400H:** Phillips (US) 47.80, Harris (US) 49.09, Dia Ba (Sen) 49.29, Tommelein (Bel) 49.64, Zimmermann (Bel) 49.71, MAX ROBERTSON 49.75, Page (US) 50.14. **HJ:** Howard (US) 2.31, Zvara (Cze) 2.28, Carter (US) 2.28, Annys (Bel) & Wszola (Pol) 2.25. **PV:** Kolasa (Pol) 5.75, Dial (US) 5.70, Tully (US) 5.60, Bell (US) 5.50, Vigneron (Fra) 5.50, Kenworthy (US) & Pursley (US) 5.50. **LJ:** Lewis (US) 8.62 (—, 8.26, 8.25, 8.62, 8.29, 8.10), Myricks (US) 8.44 (7.91, —, 8.17, 8.44, —, —), Conley (US) 8.24, Leitner (Cze) 7.96. **TJ:** Banks (US) 17.58, Conley 17.11, Pastusinski (Pol) 16.32 ... 6, Hoffman (Pol) 15.46. **JT:** Atwood (US) 87.14, Petranoff (US) 85.68, Vilhjalmsson (Ice) 85.60, ROALD BRADSTOCK 81.98.

Women's 100: (+0.28m) Ottey-Page (Jam) 11.07, Griffith (US) 11.14, Brown (US) 11.18, Bailey (Can) 11.36. **800:** Melinte (Rom) 1:58.27, Lovin (Rom) 1:58.37, Kratochvilova (Cze) 1:58.50, Strnadova (Cze) 2:00.23, Berg (Bel) 2:00.74, Gallagher (US) 2:01.50, Walton-Floyd (US) 2:01.56, Groenendaal (US) 2:02.47, SHIREEN BAILEY 2:03.66. **1500:** Slaney (US) 3:57.24, Puica (Rom) 3:57.73, ZOLA BUDD 3:59.96 (**Commonwealth rec**), Williams (Can) 4:00.27 (rec), CHRIS BOXER 4:03.84, Bremser (US) 4:04.09 ... 9, Moller (NZ) 4:10.35; 13, Wysocki (US) 4:17.39. **400H:** Brown-King (US) 54.66 (eq. rec), T. Brown (US) 54.91, Blaszk (Pol) 54.99, Joyner (US) 55.05, Flintoff (Aus) 55.33. **HJ:** Kostadinova (Bul) 2.04, Ritter (US) 1.91, Brill (Can) 1.88.

Another Great 800m by Joaquim Cruz

JOAQUIM Cruz ran the fourth fastest 800 of his career (and the seventh quickest in history) when clocking 1:42.49 in the non-Grand Prix meeting in Koblenz on August 28th — but he had less than a metre to spare at the finish over Johnny Gray, who set an American record of 1:42.60. A swift pace was laid on by local runner Wolfgang Busshoff (23.53 at 200, 49.42 at 400) with Cruz passing in 24.12 and 49.78. Taking the lead at 500, the Olympic champion reached 600 in 75.54 and had visions of taking Seb Coe's world record down to 1:41.50, but he weakened in the finishing straight and was nearly caught by Gray. Such was the standard of this race that Peter Braun recorded the second fastest time ever by a West German — 1:44.15 — and yet came last of the seven finishers! Another American record to fall was that for the steeplechase when Henry Marsh improved from 8:12.37 to 8:09.17 after the early pace had been cut out by Gabor Marko (Hun) with 2:43.50 at 1000 and Krzysztof Wesolowski (Pol) with 5:28.90 at 2000 — both of whom failed to finish. Canada's Graeme Fell made his bid with 600 to go and went on to register the fastest ever time (8:12.58) by a British-born athlete, but Marsh uncharacteristically led for the whole of the last lap to win by nearly 20m from Rainer Schwarz who set a West German record of 8:11.93.

100: (+0.5m) Baptiste (US) 10.30, Smith (US) 10.32, Glance (US) 10.43, Cook (US) 10.46, Butler (US) 10.50, Obeng (Gha) 10.52; Woronin (Pol) dnf; (B) (+0.3m) G. Foster (US) 10.45 ... 6, MIKE McFARLANE 10.79. **400:** Cameron

(Jam) 45.43, Armstead (US) 45.51, Thomas (US) 45.72, Rowe (US) 45.81; (B): McCoy (US) 45.80, Morris (Jam) 45.85, Just (FRG) 45.86. **800:** Cruz (Bra) 1:42.49, Gray (US) 1:42.60 (rec), Mack (US) 1:43.35, Konchellah (Ken) 1:43.72, Koskei (Ken) 1:43.80, Guimaraes (Bra) 1:43.87, Braun (FRG) 1:44.15; (B) Barbosa (Bra) 1:45.18, Ndiwa (Ken) 1:45.31, Breigan (Nor) 1:46.08, Ferner (FRG) 1:46.13, Koech (Ken) 1:46.85. **1500:** Abascal (Spa) 3:32.17, Bile (Som) 3:34.24, Becker (FRG) 3:36.37, Khalifa (Sud) 3:36.97, Wessinghage

Other Overseas News

(FRG) 3:37.56, Thau (FRG) 3:37.83, Scammell (Aus) 3:38.72; STEVE OVETT, Padilla (US) & Wirz (Swi) dnf; (B) Trines (FRG) 3:42.87 ... 8, JOHAN BOAKES 3:44.42. **1 mile:** Hillardt (Aus) 3:51.82 (rec) (3:38.76 at 1500), Boit (Ken) 3:53.28, Mayr (Swi) 3:58.02, Masback (US) 3:58.27. **5000:** STEVE HARRIS 13:32.13, Szabo (Hun) 13:33.07, Hartmann (Aut) 13:34.20. **3000SC:** Marsh (US) 8:09.17 (rec), Schwarz (FRG) 8:11.93 (rec), Fell (Can) 8:12.58 (rec), Jensen (Den) 8:33.72 ... Wesolowski (Pol) dnf. **400H:** Harris (US) 48.16, Schmid (FRG) 48.25, Hawkins (US) 49.46, Rambo (US) 50.40, GARY OAKES 50.55; (B) Dresen (FRG) 49.98, Page (US) 50.16. **HJ:** Wszola (Pol) 2.24, Ottey (Can) 2.24; Thranhardt (FRG) 2.24, Balkin (US) 2.24 ... 8eq, Mogenburg (FRG) & Stones (US) 2.15. **PV:** M. Kolasa (Pol) 5.65, Tarev (Bul) & Winkler (FRG) 5.55. **LJ:** Myricks (US) 8.03. **TJ:** Conley (US) 16.94, Zinser (FRG) 16.47, Jaros (FRG) 16.44.

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JT: Atwood (US) 88.58, Petranoff (US) 87.58, Vilhjalmsson (Ice) 82.32.

Women's 100: (nil) Brown (US) 11.02, Bolden (US) 11.17, Griffith (US) 11.18, Brisco-Hooks (US) 11.22, Bailey (Can) 11.35; (B) (nil) Marshall (US) 11.50 . . . 4, HEATHER OAKES 11.75. **400:** Dixon (US) 51.78. **800:** Klinger (FRG) 1:59.43, Kraus (FRG) 2:00.85, Richburg (US) 2:01.56, LORRAINE BAKER 2:01.81, SHIREEN BAILEY 2:02.19, Gallagher (US) 2:03.34. **3000:** Schmidt (FRG) 8:52.39, Teske (FRG) 8:58.30 . . . 5, DEBBIE PEEL 9:08.21. **100H:** (nil) Young (US) 12.93, T. Brown (US) 12.94, Denk (FRG) 12.97; (B) (+0.3m) Joyner (US) 13.07. **LJ:** Joyner 6.86, Lewis (US) 6.73.

USA: Jackie Joyner scores 6718

2.6. Middletown. 10km road: Nzau (Ken) 28:50, STEVE JONES 29:38, MARTYN BREWER 30:10; women — Schilly 34:37, JANE SHIELDS 34:59. **15.6. Duluth.** Mar: 9, Cusack (Irl) 2:16:50, DEREK STEVENS 2:17:20; women — 4, ANGELLA HEARN 2:45:32. **28.6. Eugene.** PV: Tully 5:79; DT: RICHARD SLANEY 63.60. **10.7. Lexington.** DT: Buncic 64.14. **14.7. San Francisco.** Mar: Sayre 2:15:08, Cummings 2:16:34, Hawthorne 2:18:40, Ngatia (Ken) 2:19:17, Shahanga (Tan) 2:20:20; women — Jacobsen (Den) 2:38:03, Dunn 2:39:18, Binder 2:40:15, Gilbert 2:42:38, Catalano 2:43:37. **20/21.7. Pullman.** (Junior match) 200: Daniel 20.61w, Heard 20.66; 110H: Purvis 13.74; HJ:

Edwards 2.30 (US Jnr rec); 4×100: (20th) USA (Heard, Burrell, Mitchell, Simpson) 39.00 (eq world junior rec). **26.7. Eugene.** DT: M. Crouser 64.36; JT: Atwood 94.06 (& 93.30), B. Crouser 89.44.

27.7. Baton Rouge. (National Sports Festival; Day 1) 200: (—1.7m) Evans 20.44, C. Smith 20.64, Martin 20.87, Quow 20.90, Jefferson 20.91; 400: Haley 45.32, Rowe 45.69, Armstead 45.91; 1500: Spivey 3:42.13; 3000SC: Marsh 8:34.49; PV: Volz 5.50, Tarpenning 5.50 LJ: Conley 8.10; HT: Logan 73.90; 15kmW: Lewis 1:05.45; 4×100: Northern States 39.39; women's 200: (+0.1m) Brisco-Hooks 22.57, Dixon 23.31; 400: Leatherwood 51.73; 800: Richburg 2:01.78 (55.7 at 400); 3000: Branta 9:07.01, Knisely 9:07.26; 100H: (—1.6m) Blanford 13.30, Martin 13.35, Young 13.38, Fitzgerald-Brown 13.39; DT: Cady 60.88; 10kmW: Torrellas 49:13; 4×100: West 43.29. **28.7. Baton Rouge.** (Day 2) 100: (+1.4m) Baptiste 10.20, Morris 10.24, McNeil 10.26, McRae 10.27; 800: Gray 1:44.66, Sanders 1:45.25, Clark 1:45.29, Jones 1:45.82, Wilson 1:45.85, Moore 1:45.96; 5000: Padilla 13:54.71, Centrowitz 13:55.42; 110H: (+0.1m) Phillips 13.25, Pierce 13.36, Clark 13.38, Andrade 13.64, Talley 13.65, Campbell 13.70; 400H: Phillips 48.03, Page 49.47, Laverty 49.73; HJ: Whitehead 2.32; TJ: Simpkins 17.35, Banks 17.11, Joyner 16.97; SP: Akins 21.49, Tafrales 20.54; DT: Buncic 65.28, Swarts 61.92; 4×400: North 3:00.04, South 3:00.42, West 3:01.88, East



ELEMETA/BUILDING HALF MARATHON WELWYN GARDEN CITY

Building and Elemeta are hoping to break records at Welwyn Garden City on Sunday 20 October.

We've found out some of Britain's top men and women marathon and half-marathon runners. But we want to make this the biggest half-marathon in South England, with a target of 5000 runners.

The half-marathon kicks off from the Gosling Stadium, Welwyn Garden City at 10.30 am. The cost of entry is £3.00 (AAA affiliated) and £3.50 (non-affiliated). Travel by train to Welwyn Garden City is easy, only 20 minutes from London. Parking at the Gosling Stadium is plentiful and the facilities are excellent.

The half-marathon is backed by a weekend of sporting events, with lectures and a veterans' 24-hour race planned. A large entry from the building industry is expected, with teams from architectural, contracting and surveying companies taking part.

Runners are being asked to raise sponsorships for the Welwyn Garden City Stadium, which needs to upgrade its track to international standards. The other benefiting charities are The Lighthouse Club, RICS Benevolent Fund and The Architects Benevolent Society. Special commemorative T-shirts are also on sale at £4.50 (inc P&P).

Whether you are a top class club runner or a Sunday morning jogger there will be prize categories for all. There are 1st, 2nd and 3rd prizes in the Non-veterans (men and women), the Veterans (men and women) and Super-Veterans (men over 60, women over 55). There are special awards for entries from the construction industry. Team entries will be accepted (enter 6, 4 to score).

Fill in the form, and send it with your fee of £3.00/£3.50 and an s.a.e. (12×8) to: Elemeta/Building Half-Marathon organiser, Gosling Stadium, Stanborough Road, Welwyn Garden City, Herts AL8 6XE. Entries close 4 October.

Digital computerised results

Surname

Forename

Address

Town County Post Code

Sex (M or F) ☐ Date of Birth

Day Month Year

Estimated running time Previous best time

H M H M

Occupation

Employer

T-shirt ☐ AAA Affiliated ☐ Construction Industry ☐

S ☐ M ☐ L ☐ XL ☐ Yes No ☐ Yes No ☐

Daytime Tel Number

Code

Number

For official use only

Please enter me for the Elemeta/Building Half-Marathon. I declare that I will abide by the rules of the AAA and WCCA, that I am medically fit to run and understand that I enter at my own risk, and that the organisers shall not be held responsible for any injury, loss or damage as a consequence of my participation.

☐ Cheque or postal order for £3.50/£3.00 made payable to Elemeta/Building Half-Marathon.

☐ If purchasing T-shirt, cheque or postal order for £4.50 made payable to Elemeta/Building Half-Marathon.

Signature

Date

Dunlop YA League Results

NORTHERN PROMOTION MATCH

At Cleckheaton, July 21st

City of Hull 365½; Stretford 302; Durham City 297; Border 282; Halifax 127½.

(Youths): 400H: A. Gill (CoH) 58.6. HJ: Turner (CoH) 1.95. (Boys): 800: 1, D. Tune (CoH) 2:05.1*; 2, P. Gaines (Bord) 2:05.9. HT: A. Haugh (Bord) 40.14.

SOUTH EAST

At Walsley, July 28th

Walthamstow 231½; Verlea 166½; Barnet 155; Watford 90.

(Boys): TJ: J. Lee (Walt) 12.76*. Norfolk Olym. 280; Dacorum 133; Victoria Park 98; Loughton 9.

(Youths): 200: A. Keeler (Norf) 22.9. (Boys): 800: D. Gregory (Norf) 2:03.3. 3000: (A): 1, N. Allison (Norf) 9:23.7; 2, S. McHugh (Dac) 9:30.7. (B): K. Ulyatt (Norf) 9:33.8. LJ: D. Kinchin (Dac) 5.78. (Colts): 800: D. Black (Norf) 2:23.0.

SOUTH WEST

At High Wycombe, July 28th

Reading 249; Highgate 152; N. London 125; Fleet & C 95.

(Youths): 200: A. Fugallo (High) 22.9. HJ: E. Gittens (F&C) 1.95. SP: N. Spratley (Read) 14.19*.

Wycombe Ph. 183; Slough 113; Tring 71.

SOUTHERN PROMOTION MATCH

At Thurrock, September 1st

Reading 339½; Medway 266½; Worthing 264; Fareham 262½; Southend-on-Sea 244½; Brentwood 180.

(Youths): PV: Oliver (Worth) 3.50. JT: K. Rehill (Med) 56.70*. (Boys): HJ: 1, C. Trimby (Read) 1.75; 2, J. Boomsma (Brent) 1.70. PV:

3:02.40; women's 100: (+0.9m) Brown 11.07, Sowell 11.20; 400H: Davis-Knowles 56.16, Epps 56.17, Sheffield 56.28; HJ: Clough 1.91; LJ: Williams 6.55w; Hept: (27th/28th) Joyner 6718 (13.32, 1.82, 14.72, 23.59 — 3942 — 6.69, 45.04, 2:11.46); 4×400: East 3:29.64. 2.8. Eugene. DT: M. Crouser 67.08; JT: D. Crouser 89.92. 5.8. Eugene. PV: Tully 5.64; DT: M. Crouser 67.22 JT: B. Crouser 95.10. 10.8. Minneapolis. Mile: Flynn (Irl) 3:55.52, Spivey 3:55.73, Walker (NZ) 3:55.84.

AUSTRALIA: Hugh Jones victory

Britain's Hugh Jones has become the first non-Australian to win the Sydney to Surf (Bondi) 14km road race since Kenny Moore (US) won the inaugural event in 1971. Jones continued his comeback following injury setbacks by storming to victory on August 4th in 41:48 well clear of Japan's Masami Otsuka (42:02) and Australian

Richards (Worth) 3.40. TJ: R. Sartain (Fare) 12.10.

MIDLAND PREMIER

At Nottingham, July 28th

Birchfield 220; Wolverhampton & B 207; Notts 166; Chace 166.

(Youths): 100/200: I. Kenton (W&B) 11.3/22.6. 1500SC: R. Schlanker (Bir) 4:30.8. 100H: A. Squires (Cann) 14.0. SP: D. Williams (Bir) 14.15. DT: 1, P. Roper (Notts) 45.04; 2, F. Richards (Bir) 44.68. HT: P. Murden (Notts) 60.38*. 4×100: 1, Birchfield 44.6; 2, Wolverhampton & B 44.7. 4×400: 1, Birchfield 3:36.9; 2, Wolverhampton & B 3:39.3. (Boys): 200: M. White (Notts) 24.0. 400: 1, I. Whitehouse (Cann) 54.0; 2, S. Glover (W&B) 54.2. 800: Glover 2:07.5. HJ: D. Harrison (Bir) 1.73. HT: J. Dibble (Cann) 42.12. JT: M. Goslin (Cann) 47.34. 4×100: Notts 48.5. 4×400: 1, Wolverhampton & B 3:45.8; 2, Birchfield 3:48.9.

At Redditch, July 28th

Cardiff 237; Coventry 193; Leicester 183; Tipton 156.

(Youths): HT: P. Rushin (Leic) 60.78. JT: C. Miller (Car) 51.76. 4×100: Cardiff 46.0. (Boys): 3000: N. Allen (Leic) 9:22.5. HJ: Jackman (Leic) 1.70. TJ: M. Brown (Cov) 12.23.

MIDLAND CENTRAL

At Redditch, July 28th

Leamington 240; Dudley & S 151; Bromsgrove & R 123; Kettering Town 92.

(Youths): 1500SC: S. Langley (Kett) 4:33.4. (Boys): HJ: T. Blakeway (D&S) 1.75. LJ: S. Vaughan (Leam) 6.08. SP: 1, S. Kilby (Kett) 13.88; 2, T. Morton (Leam) 12.81.

At Daventry, July 28th

Rugby 197; Northampton Ph. 161; Solihull & SH 143; Worcester 126.

(Youths): HJ: P. Beard (S&SH) 1.90. (Boys): 80H: A. Gravesonog (North) 11.9. SP: N.

Steve Austin (42:13). Nancy Ditz (US) was first woman home in 48:17. It is estimated that up to 35,000 runners took part!

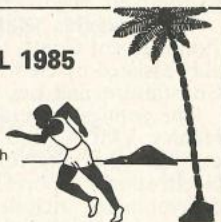
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11 Manton Close, Trowbridge
Wiltshire, BA14 0RZ England.



Mitchell (S&SH) 13.66. JT: S. Smith (North) 47.48*.

Hereford 226; Corby 175½; Daventry 138½; Dursley 36.

(Boys): HT: P. Binley (Cor) 58.70.

At Wyndley, July 28th

Banbury 221; Gloucester 186; Stourport 102; Royal Sutton Coldfield 97.

(Youths): 200: A. Day (Glouc) 22.9*. 1500SC: S. Duval (RSC) 4:28.8.

MIDLAND NORTH

At Wyndley, July 28th

City of Stoke 252; Shrewsbury 162; Newcastle 139.

(Youths): 100H: G. Davies (Stoke) 13.9. PV: P. Beswick (Stoke) 3.80. LJ: C. Harvey (Stoke) 6.33. (Boys): 100/200: A. Cairns (Newc) 11.8/23.9. 80H: (A): R. Howes (Stoke) 11.9. (B): D. Spencer (Stoke) 12.0.

At Nottingham, July 28th

Charnwood 227; Burton-on-Trent 177; Stafford 146; Halesowen 118.

(Youths): 1500SC: M. Wortley (Burt) 4:25.6*. PV: Hillman (Staff) 3.60. SP/DT: G. Litherland (Burt) 14.17/52.94. 4x400: Burton-on-Trent

3:39.1. (Boys): 80H: D. Dennis (Charn) 12.0. (Colts): 200: S. Wilson (Staff) 26.9.

MIDLAND PROMOTION MATCH

At Coventry, September 1st

Cornwall 412½; City of Stoke 403½; Charnwood 384; Torbay 367½; Leamington 335; Hereford 289½; Torfaen 286; Banbury 266.

(Youths): 100: (A): 1, Sharp (Charn) 11.2; 2, Davies (Stoke) 11.2; 3, Matthews (Torb) 11.3. (B): Farnell (Stoke) 11.3. 100H: Davies 13.8. PV/SP: Gould (Torb) 3.86/14.00. TJ: C. Case (Stoke) 14.22*. JT: Stringer (Leam) 51.50. 4x400: City of Stoke 3:36.9. (Boys): 100: Vaughan 11.6. 80H: (A): P. Howes (Stoke) 11.5. (B): D. Spence (Stoke) 11.7. LJ: 1, Vaughan 6.26; 2, Hodge (Torb) 5.80. TJ: S. Law (Corn) 12.53. SP: A. Morton (Torb) 13.74. DT: Moody (Corn) 37.86. (Colts): 100: Powell (Leam) 12.9.

(*indicates winner of best performance of meeting award)

RESULT CORRECTION

With reference to the Southern Premier meeting at Hornchurch on June 30th (Aug. 31st issue, pg. 50), the **Youths 400H** was won by **Nick Woodward** (Enf) in 57.7 and the **Boys 3000** by **Lewis Jackson** (Enf) in 9:21.9, and not as stated.

NATIONAL POLE VAULT SCHOOL

THE FIRST National Pole Vault School was held at the Northwood Sports Centre, Stoke-on-Trent, between August 27th to 30th. The course was organised by the Northwood Sports Centre on behalf of the British Amateur Athletic Board and attracted 44 youngsters from all corners of England, with two enthusiasts from Northern Ireland.

The idea for such a school originated at the National Pole Vault Conference at Aldershot last February, when delegates expressed concern at the small number of vaulters in the younger age-groups. The Stoke course was restricted to youngsters in the 12 to 15 age-group, and many of those who attended were novices, with a dozen or so complete beginners.

The coaching staff was headed by BAAB Junior Event Coach Colin Parr, and he was most ably assisted by Geoff Mitchell, Joe Wake, Roger Constantine and Les Hooper.

The youngsters and staff stayed at the excellent Hanley YMCA, and practical work was carried out at the Staffordshire County Council's Northwood Sports Centre, where recent developments include an eight lanes Athlaprene track with three pole vault areas, all equipped with landing beds. The centre also boasts a very large sports hall (48m x 33m), where indoor vaulting facilities are currently being developed.

The weather was extremely kind, being warm, dry and sunny throughout, and this enabled

course members to have two full days vaulting, culminating in three competitions on the final afternoon in which 60% either equalled or bettered their previous best, and this despite the fact that many of the youngsters were very tired after working so hard for a day and a half.

The evenings' programme included a visit to Bourne Sports, who had provided all the staff and youngsters with National Pole Vault School t-shirts, and a fascinating session on diet and sport from Sportif Perform, whose presentation was followed by a most lively 40 minutes question session from the youngsters.

Les Hooper, who had first mooted the idea of a National Pole Vault School, said that the course far exceeded his expectations. All the staff now look forward to a whole series of courses which, hopefully, will eventually lead to an upturn in Britain's fortunes internationally. What this course proved is that we have the talent, enthusiasm, coaching expertise and facilities to make Britain into a leading pole vaulting nation.

David Young

WORCESTER RACE CANCELLED

Due to unforeseen circumstances, this Sunday's scheduled North Worcestershire Hill Race has been cancelled.

We have been asked to point out that it is **Newham & Essex Beagles** who are the promoting athletics club of the Essex Straight Mile races on October 13th ('AW', Sept. 15th, pg. 40).

Track & Field Round-Up

Brian Smyth reporting

Hectic Days Return To Tooting Bec

A HECTIC day of athletic activity and reminiscences at Tooting Bec Common in Wandsworth was highlighted by a top class Invitation Meeting on August 24th, which marked the re-opening of the once renowned venue, with its superb new eight lanes synthetic surface. The London Borough of Wandsworth can now boast two top class facilities, in Tooting and Battersea Park, both providing facilities of the highest standard for the local clubs.

Performances on the day couldn't have been much better without reaching international level, and the men's 200m came closest to that, the star event of the day, which featured a clash between Australia's Darren Clark and Todd Bennett. Drawn outside the Australian, Bennett fairly flashed round the half lap and never let Clark get near, while the latter had his work cut out staying ahead of Mike St. Louis. The highlight of the distance events was easily the 1500, where Gary Taylor had a great last lap battle with Gary Staines which pulled them both well clear of Adrian Iszatt, and to some pretty nippy times into the bargain. Paul Brice and Tony Finnemore led a very close finish to the high hurdles, although Winston Spencer had a slightly easier passage in the one lap event.

Herne Hill's Leroy Haughton came perilously close to being the first seven foot high jumper in the long history of competition at the track, just failing at 2.15, while a slightly higher class pole vault christened that facility with three jumpers over five metres. All told, the field events may have had the upper hand as far as standard went, with South London's Joe Allison handing Femi Abejide a defeat in the triple jump, bounding out to a personal best of 15.86m. Billy Cole's 18.00m shot and Paul Mardle's 58.32 discus vying with Dave Messom's 72.78 javelin for the best throw.

Not to be outdone, the women rose to the occasion too, with Heather Ross providing the track event of the day with her 13.5 100 hurdles. Carol Dawkins scored a 400/400H double, just holding off Asian international Gowry Varadakumar as she went under 60 seconds for the first time in what is her first season at one lap hurdling, while Judy Oakes provided the field double with throws of 17.74 and 47.26 in the shot and discus. Some fine competition abounded throughout the afternoon, while halfway through the programme the sizeable crowd was treated to a parade of international and ex-international athletes, some of whom had competed regularly at Tooting while in their athletic prime, years ago.

4th MANCHESTER CITY 10K

(Under A.A.A. and W.C.C.A. Laws)

& FUN RUN

SUNDAY, 6th OCTOBER

at Maine Road Manchester — 12 Noon Start

*Huge selection of Prizes

*Medals to all finishers

*Results List available

*Photographers at Finish

Previous Race Winners M. Chorlton 28.8s, J. Asgill 33.3s.

Fee: £2.50 Club and A.A.A. Reg. £3.00 Unat.

APPLICATION FORM

Name.....

Address.....

Age..... (Runners U/17 will be entered for FUN RUN)

A.A.A. Club or Reg. No.....

Expected Finish Time.....

I declare I am an amateur as defined by A.A.A. and W.C.C.A. Laws. I accept that the organisers shall not be liable for any accident, injury or loss as a consequence of my participation. I agree to abide by the Rules of the Race and understand that entry fees are non-refundable.

Send completed form, a s.a.e. (10" x 8") and cheque or P.O. payable to Manchester City 10K to: Manchester City 10K and Fun Run, Maine Road, Moss Side, Manchester M14 7WN.

Event sponsored by
SAAB (MANCHESTER)

STRATFORD-UPON-AVON
BRANCH ROYAL BRITISH LEGION

In conjunction with

STRATFORD-UPON-AVON A.C.

POPPY
CROSS COUNTRY
7½ MILE RUN

(Under AAA & WAAA Laws)

SUNDAY,
3rd NOVEMBER, 1985

Start 11.00 a.m.

Fee: £1.50 (£2 Unattached)

Medals and Trophies

Entry Forms From: E. A. Jeary, 87 Shottory Road, Stratford-Upon-Avon, CV37 9QQ. Tel: 0789, 294 384.

Closing Date 26th October

An interesting, mainly flat course, along the banks of the Avon.

Proceeds to the Poppy Appeal

Tooting Bec Results

100: 1, F. Campbell (Bir) 10.9; 2, M. St. Louis (HHH) 10.9; 3, P. Davies (B'ht) 10.9; 4, P. Miller (HW) 10.9. **200:** (A): 1, T. Bennett (S&E) 20.7; 2, D. Clark (Aus) 21.0; 3, St. Louis 21.1; 4, Davies 21.9; 5, R. Haizelden (S&C) 22.3. (B): 1, J. Weston (Enf) 22.1; 2, L. Cowan (N. Lon) 22.1; 3, T. Kane (E&E) 22.3. **400:** (A): 1, Weston 47.8; 2, K. Bentham (TVH) 48.2; 3, D. Lake (N. Lon) 48.4; 4, P. Sanders (S&E) 48.6; 5, T. Burton (Leeds) 48.9. (B): 1, M. Cowling (TVH) 48.0; 2, M. Fuller (Craw) 49.0; 3, M. Alleyne (Bel) 49.2. **800:** 1, N. Ovington (TVH) 1:51.1; 2, C. Walker (Frod) 1:51.3; 3, G. Marlow (Brack) 1:51.5; 4, A. Medley (Spn) 1:52.1; 5, S. Paton (Bel) 1:52.1; 6, D. Perry (B'mth) 1:52.2; 7, R. Weedon (W&B) 1:53.5; 8, N. Hand (B&H) 1:53.5. **1500:** 1, G. Staines (Bel) 3:42.7; 2, G. Taylor (Houn) 3:43.8; 3, A. Iszatt (SLH) 3:49.6; 4, T. Brennan (S&C) 3:49.8; 5, W. Speake (W&B) 3:51.0; 6, E. Barbour (Brack) 3:51.4; 7, L. Marsh (SLH) 3:52.1; 8, I. Chalk (S&E) 3:52.9; 9, P. Tranter (Tip) 3:52.9. **Mile:** 1, D. Hayes (HHH) 4:07.0; 2, I. Archibald (Worc) 4:07.8; 3, C. Ogle (HHH) 4:08.5; 4, M. Quinn (Warr) 4:09.9; 5, P. Clark (HW) 4:11.7; 6, D. Glassborow (HHH) 4:12.1. **3000:** 1, S. Lamb (Bas) 8:10.4; 2, G. Couch (Bas) 8:11.7; 3, O. Foote (Bel) 8:17.4; 4, J. Starling (S&E) 8:26.8. **3000SC:** 1, P. Barratt (Wok) 9:06.9; 2, C. Lines (W&B) 9:13.6; 3, M. Hayes (Bel) 9:17.4. **110H:** 1, P. Brice (Shaft) 14.8; 2, A. Finnemore (B&H) 14.8; 3, C. Hamplett (B'ht)

14.9; 4, M. Erysthee (Met.P) 15.0; 5, J. Hislop (Croy) 15.2; 6, A. Palk (S&E) 15.5; 7, M. Lindsey-Bayley (Bel) 15.6; 8, K. Cheong (HHH) 15.8. **400H:** 1, W. Spencer (S&E) 53.2; 2, Palk 53.8; 3, S. Frederick (TVH) 54.0; 4, P. Dunston (Har) 54.7; 5, M. Coker (S&E) 55.0; 6, J. Hogan (N. Lon) 55.1; 7, M. Davis (B&H) 55.1; 8, J. Docherty (ESH) 55.3.

HJ: 1, L. Houghton (HHH) 2.10; 2eq, H. Lindo (Croy) & F. Ahmed (S&E) 2.05; 4, A. Hutchinson (HW) 2.05; 5, G. Blandford (S&E) 2.05; 6, T. Whittle (Poly) 2.00; 7, J. Holman (Craw) 2.00. **PV:** 1, K. Stock (Har) 5.20; 2, J. Gutteridge (WS&E) 5.10; 3, W. Davey (Shaft) 5.00; 4, R. Gammage (W&B) 4.90. **LJ:** 1, J. Shepherd (Enf) 7.30; 2, K. Fleming (WS&E) 7.14; 3, M. James (WS&E) 7.06; 4, T. Wade (TVH) 6.94. **TJ:** 1, J. Allison (SLH) 15.86; 2, F. Abejide (Har) 15.57; 3, F. Agyepong (Shaft) 15.33; 4, A. Oyediran (HHH) 15.24; 5, M. McDonald (SLH) 15.23; 6, J. Sweeney (WS&E) 14.83; 7, A. Laifa (Croy) 14.08; 8, I. Winter (Enf) 13.88. **SP:** 1, W. Cole (Thur) 18.00; 2, M. Winch (B'ht) 16.49; 3, S. Pickering (Har) 15.69; 4, G. Savory (B'ht) 15.69; 5, N. Gray (Fare) 15.17; 6, K. Onuaguluchi (Bel) 14.97; 7, M. Smith (S'end-J) 14.43; 8, G. Perryman (B&H) 13.58; 9, M. Small (Bel) 13.01. **DT:** 1, P. Mardle (W&B) 58.32; 2, Onuaguluchi 56.08; 3, Pickering 50.38; 4, N. Thompson (Shaft) 45.26; 5, N. Boyton (Shaft) 45.26; 6, G. Power (HHH) 45.26; 7, M. Symonds (Ox. C-J) 43.66; 8, P. Todd (Sy. B) 41.80; 9, P. Sutton (E&E) 41.00;

HARLOW ATHLETIC CLUB GRADED OPEN MEETING

(Under AAA & WAAA Laws)

At Harlow Sports Centre

(All weather track — maximum spike length 6mm)

WEDNESDAY, 9th OCTOBER, 1985

TRACK:

7.15 pm 100m (All groups men and women)

7.40 pm 800m (All groups men and women)

8.15 pm 200m (All groups men and women)

8.40 pm 3000m (All groups men, IL and SL).

We regret that no field events can be held at this meeting.

Entry Fee: 60p (£1 on the day per event — entries closed 30 minutes before programme times).

To: Mr. R. Parsons, Laylands, Tye Green Village, Harlow, Essex CM18 6QZ, stating name, age group, club and best performance. Cheques payable to Harlow Athletic Club.

Closing Date Monday, 7th October

For your Diary, the next meetings will be:

WEDNESDAY, 13th NOVEMBER, 1985

WEDNESDAY, 12th FEBRUARY, 1986

WEDNESDAY, 12th MARCH, 1986

DAVID LYNES INSURANCE

CITY CENTRE ROAD RACES

5K EVENTS

**For Senior Men, Senior Women
and Vets**

Organised by Invicta East Kent A.C.

(Under A.A.A. Rules)

Canterbury City Centre

Start 2.00 p.m.

10th NOVEMBER

Applications are invited from men who have bettered 14m. 50s. Vets 17m. 00s & Women (Open).

Races Limited to 100 runners

Entry Fee: £2.00 per person.

Entries, with s.a.e. to: B. Todd, 46 Church Street, Whitstable, Kent.

10, A. Featherstone (Bel) 40.70; 11, Small 40.32. **JT:** 1, D. Messom (Old G) 72.78; 2, D. Brand (B'ht) 67.32; 3, P. Morgan (Shaft) 67.08; 4, P. Parry (Old G) 59.42. **4x200:** Southampton & E 1:27.2. (**Vets:** 100: 1, B. Gray (HHH) 12.2; 2, A. Blackman (Barn) 12.2; 3, R. Wright (Wok) 12.3. **1500:** 1, V. Smith (Med) 4:13.9; 2, M. Dixon (Ver) 4:15.4; 3, R. Dickson (Croy) 4:19.7. . . 6, M. Firth (SLH-O/50) 4:40.1; 7, B. Shave (HHH-O/50) 4:43.6. (**Youths:** 100: 1, R. Burke (Croy) 11.1; 2, J. Minetti (Bel) 11.4; 3, R. Jerrin (S&E) 11.4. **1500:** G. Tiernan (Bel) 4:06.7. **PV:** 1, A. Moore (Wok) 4.00; 2, S. Lee (HHH) 3.80. (**Boys:** 100: 1, S. Fuller (HW) 11.6; 2, R. Parara (HW) 11.8; 3, G. Jackson (S&E) 11.8. (**Colts:** 100: C. Harrington (Croy) 12.4.

(**Women:** 100/200: A. Campbell (HHH) 12.1/25.1. **400:** C. Dawkins (S&E) 55.7. **1500:** 1, A. Jenkins (Wore) 4:21.9; 2, A. Bott (Wok) 4:27.0; 3, L. Webb (High) 4:27.5; 4, S. Samy (Brack) 4:30.5; 5, Z. Hyde (S&E) 4:32.5. **100H:** 1, H. Ross (Bris) 13.5; 2, E. Wren (Brom) 14.1; 3, G. Varadakumar (HHH) 14.3; 4, M. Berkeley (Croy) 14.3; 5, E. Westlake (Inv-I) 14.6. **400H:** 1, Dawkins 59.5; 2, Varadakumar 59.9; 3, J. Kay (Brom) 65.0. **HJ:** 1, C. Bessant (Kings) 1.70; 2, J. Day (R&R) 1.65. **LJ:** Berkeley 6.30. **SP:** 1, J. Oakes (Croy) 17.74; 2, M. Augue 16.97; 3, S. Smith (Ex) 14.49; 4, M. Lynes (Croy) 13.78; 5, J. Buttle (Green-I) 13.25; 6, I. Duffin (Mit) 12.93; 7, V. Thompson (SLH) 11.22. **DT:** 1, Oakes 47.26; 2, J. Hilliard (Bel) 42.38; 3, Duffin 41.82. **JT:** 1, L. Flitney (Barn) 47.56; 2, K. Miller (Craw) 45.80; 3, Lynes 44.64; 4, L. Hamilton (HW) 41.10. (**Juniors:** 100: A. Soper (Croy) 12.6. **800:** E. Berry (E&E) 2:18.6.

SURREY (141) v ARMY (131) v HANTS (108)

At Aldershot, July 3rd

100: 1, P. Miller (Sy) 10.4; 2, P. Creeden (H) 10.7; 3, B. Clasby (Sy) 10.9; 4, C. Callender (A) 10.9. **200:** 1, R. Haizelden (Sy) 21.6; 2, J. Hallifax (Sy) 21.8; 3, Creeden 22.1; 4, D. Lake (A) 22.1. **400:** 2, P. Sanders (H) 47.9; 2, P. Harmsworth (Sy) 48.7; 3, Benn (H) 48.8; 4, Maynard (A) 48.9; 5, Kane (Sy) 49.3. **800:** 1, T. Buckner (H) 1:51.2; 2, C. Ogle (Sy) 1:51.7. **1500:** 1, G. Wade (A) 3:47.9; 2, Elton (H) 3:48.8; 3, G. Ribbons (Sy) 3:49.1; 4, P. Magner (Sy) 3:50.9; 5, Wilson (A) 3:52.5. **5000:** 1, Stock (Sy) 14:12.8; 2, R. Keeney (A) 14:36.2. **3000SC:** 1, J. Watson (Sy) 8:58.1; 2, Johnson (A) 9:00.3; 3, Hart (A) 9:16.7; 4, Kendall (H) 9:20.0; 5, K. Sinclair (Sy) 9:24.0. **110H:** 1, K. Pascoe (H) 14.6; 2, J. Hislop (Sy) 14.9; 3, J. Taylor (A) 15.3; 4, McKie (H) 15.3; 5, Bailey (Sy) 15.4. **400H:** 1, A. Coker (H) 54.3; 2, Andrews (Sy) 55.5; 3, Owen (Sy) 55.7. **HJ:** 1, F. Ahmed (H) 2.06; 2, Lewis 2.00; 3, A. Hutchinson (Sy) 2.00; 4, E. Gittens (H) 1.95; 5, Coker 1.95. **PV:** 1, P. Lovell (Sy) 4.60; 2, Jones (H) 4.45; 3, S. Lyons (A) 4.10; 4, Griffiths (A) 4.10. **LJ:** J. Taylor 6.99. **TJ:** A. Amadi (Sy) 14.42. **SP:** 1, Hislop 14.45; 2,

S. Wilson (H) 14.33; 3, D. Dawson (A) 14.18; 4, P. McKay (A) 14.15; 5, Smith (H) 13.86; 6, Lanning (Sy) 13.02. **DT:** 1, G. Savory (H) 54.34; 2, C. Smale (Sy) 44.16; 3, Wilson 43.30; 4, Johnson (A) 43.06. **HT:** 1, M. Sterling (A) 56.66; 2, K. Bodger (A) 48.54. **JT:** 1, I. Peddie (Sy) 60.74; 2, Stewart (A) 60.24; 3, P. Hurst (A) 56.46. **4x100:** 1, Surrey 42.0; 2, Army 42.5. **4x400:** 1, Army 3:17.8; 2, Hants 3:18.4; 3, Surrey 3:18.5.

Two titles for Steve Jones

INTER-SERVICES CHAMPS

At Aldershot, July 10th

100: 1, C. Callender (A) 10.6; 2, E. Cutting (RAF) 10.8; 3, R. William (RN) 10.8; 4, Paul (A) 10.9. **200:** 1, K. Akabusi (A) 21.7; 2, William 21.8; 3, Paul 21.8; 4, G. Robertson (RAF) 22.2. **400:** 1, Akabusi 47.5; 2, D. Lake (A) 48.5; 3, M. Ducasse (RAF) 48.7; 4, E. Johnson (RN) 49.3. **800:** 1, M. Edwards (A) 1:50.6; 2, R. McTaggart (RAF) 1:52.5; 3, S. Allen (RAF) 1:52.8. **1500:** 1, G. Grant (A) 3:46.9; 2, S. Jones (RAF) 3:49.7. **5000:** 1, Jones 14:01.7; 2, G. Wade (A) 14:03.6; 3, M. Flint (RAF) 14:11.2. **3000SC:** 1, S. Marzillius (RAF) 8:54.9; 2, J. Wild (RAF) 8:58.5; 3, B. Johnson (A) 9:04.4; 4, M. Lassetter (A) 9:11.6; 5, J. Price (RN) 9:18.9. **110H:** 1, G. Dunson (RAF) 14.5; 2, J. Morgan (RAF) 14.5; 3, J. Morgan (A) 14.7; 4, N. Killen (A) 15.1; 5, W. Spencer (RN) 15.2; 6, T. Price (RN) 15.3. **400H:** 1, Spencer 52.6; 2, Dunson 53.0; 3, Price 53.4; 4, Killen 54.1; 5, Poulson (A) 54.3; 6, E. Martin (RAF) 54.3. **HJ:** 1, A. Edgar (RAF) 2.11; 2, Dunson 2.05; 3, M. Norford (RN) 2.00; 4, Lewis (A) 2.00; 5, A. Coker (A) 1.95; 6, P. Mackintosh (RN) 1.95. **PV:** 1, A. Pithers (RAF) 4.20; 2, S. Lyons (A) 4.00; 3, G. Russell (RN) 4.00; 4, T. Lewis (RN) 3.80. **LJ:** 1, A. Leonce (RAF) 7.22; 2, J. Taylor (A) 7.14; 3, T. Braithwaite (RAF) 6.78. **TJ:** 1, R. Farquharson (RAF) 15.48; 2, L. Brown (RAF) 14.83; 3, Samerson (A) 14.72. **SP:** 1, McKay (A) 14.59; 2, D. Dawson (A) 14.56; 3, M. Proctor (RAF) 14.39; 4, G. Wilson (RAF) 13.81; 5, G. Penhall (RN) 13.34. **DT:** 1, Proctor 45.76; 2, M. Johnson (A) 43.56; 3, Dawson 41.70. **HT:** 1, M. Sterling (A) 57.98; 2, K. Bodger (A) 53.94; 3, P. Stark (RAF) 50.18; 4, B. Frazer (RAF) 49.42. **JT:** 1, S. Maxwell (RAF) 67.90; 2, Mullen (A) 66.14; 3, Stewart (A) 60.28. **4x100:** 1, Army 41.4; 2, RAF 41.7. **4x400:** 1, Army 3:11.3; 2, Royal Navy 3:13.0. **Teams:** 1, Army 157; 2, RAF 148; 3, Royal Navy 83.

(**Women:** 100/200: J. Baptiste (RAF) 12.1/24.4. **400:** S. Parker (A) 57.8. **800:** 1, Parker 2:12.6; 2, S. Freeman (WRNS) 2:13.6. **100H:** C. Castle (A) 14.8. **SP:** 1, E. Elliott (A) 12.70; 2, Leonard (A) 11.31; 3, Thompson (WRAF) 10.96. **DT:** 1, N. Farley (WRAF) 34.96; 2, Goskirk (WRNS) 34.22. **JT:** 1, K. Malvern (WRAF) 39.76; 2, Jenkins (A) 39.50; 3, W. Broderick (A) 38.28. **4x100:** WRAF 48.6. **Teams:** 1, WRAF 99; 2, WRAF 93; 3, WRNS 57.

GLC LONDON CHAMPS**At West London Stadium, August 31st**

400: 1, K. Bentham (TVH) 47.8; 2, M. Cowing (Hav) 48.1; 3, S. Garrett (Bex) 48.5. 1500: 1, G. Marlow (Brack) 3:50.4; 2, A. Parr (N&EB) 3:50.6; 3, D. Hayes (HHH) 3:51.6. 5000: 1, S. Lamb (Bas) 14:13.0; 2, G. Couch (Bas) 14:17.2; 3, K. Penny (Camb. H) 14:21.4. HJ: 1, L. Haughton (HHH) 2.00; 2, M. Roach (WS&E) 1.95; 3, A. Breden (Met. P) 1.95. LJ: 1, J. Shepherd (Enf) 7.47; 2, T. Hoyte (Lon. I) 7.15; 3, M. Mather (Wok) 6.88. TJ: 1, J. Allison (SLH) 15.44; 2, M. McDonald (SLH) 15.14. SP: 1, P. Head (N&EB) 14.33; 2, J. Hillier (Hill) 13.26; 3, A. Kruszewski (Camb. H) 13.19. DT: 1, G. Tyler (Sale) 46.30; 2, Hillier 46.20; 3, C. Ellis (B'mth) 45.36. HT: 1, Head 67.18; 2, D. Valentine (Houn) 52.50; 3, A. Woods (Bir) 50.96. JT: 1, D. Messom (Old G) 66.78; 2, L. Houslin (TVH) 63.28; 3, P. Parry (Old G) 60.12. 3kmW: 1, J. Hall (Bel) 13:09.2; 2, P. Hannell (Sy) 13:21.8; 3, N. Carmody (Camb. H) 14:09.2. (Juniors): TJ: G. McCullough (OPH) 14.03. (Youths): 200: A. Fugallo (High) 22.7. 800: 1, Mitchell (W. Gn) 1:57.7. (Women): 800: A. Reason (Hav) 2:13.9. LJ: 1, E. Finikin (Mx) 5.68; 2, H. Cushen (Har) 5.64.

**GRE BRITISH LEAGUE
QUALIFYING MATCH****At Luton, September 7th**

Croydon 397; Old Gaytonians 359; GEC Avionics 293; Swansea 283; Liverpool Pem. 272; Bristol 221; Gloucester 221; Shettleston 153.

100: G. Sarkodie (Croy) 11.1. 200: (A): 1, Sarkodie 21.9; 2, J. Hamilton (Glouc) 21.9; 3, S. Baggaley (GEC) 22.0. (B): D. Wright (Croy) 22.2. 400: (A): 1, D. Laifa (Croy) 47.8; 2, Baggaley 48.5; 3, R. Blackwell (Glouc) 49.2; 4, M. Tully (Shett) 49.6. (B): 1, D. Cocks (Croy) 49.1; 2, R. Duncan (Glouc) 49.5. 800: 1, R. Benn (Croy) 1:51.8; 2, D. Slipper (GEC) 1:53.2. 1500: 1, N. Vengdasalam (Liv. P) 3:55.7; 2, I. Wright (Croy) 3:55.8. 5000: 1, M. McLoughlin (Liv. P) 14:19.8; 2, M. Stock (Croy) 14:31.6. 3000SC: 1, K. Penney (Croy) 9:05.7; 2, K. Hayes (GEC) 9:10.9; 3, S. Smith (Swan) 9:25.1; 4, M. Green (Old G) 9:28.9. 110H: 1, B. Price (Swan) 14.7; 2, J. Hislop (Croy) 15.2; 3, M. Partridge (GEC) 15.6. 400H: 1, W. Robins (Glouc) 53.1; 2, M. Littlejohn (Old G) 53.8; 3, Price 55.4; 4, G. Saker (GEC) 56.1. HJ: 1, A. Kruger (Liv. P) 2.06; 2, H. Lindo (Croy) 2.00. PV: 1, D. McComb (Liv. P) 4.10; 2, A. Burland (Old G) 3.80. LJ: A. Laifa (Croy) 6.71. TJ: (A): 1, G. Gallagher (GEC) 14.74; 2, B. Hull (Old G) 14.43; 3, L. Adams (Swan) 14.43; 4, A. Laifa 14.21. (B): 1, S. McKenzie (Swan) 14.30; 2, P. Ralph (GEC) 13.84. SP: (A): 1, Hislop 13.65; 2, J. Scott (Shett) 13.01. (B): M. Joseph (Croy) 13.11. DT: Hislop 39.74. HT: 1, J. Owen (Swan) 50.70; 2, A. Vermes (Croy) 43.40. JT: (A): 1, D. Messom (Old G) 73.54; 2, G. Rowlands (Swan) 60.60; 3, W. Angelo-Sparling (Bris) 56.16; 4, Hislop 56.14. (B): P. Parry (Old G) 67.32.

4x100: 1, Croydon 42.6; 2, Old Gaytonians 43.4; 3, Gloucester 43.4. 4x400: 1, Croydon 3:15.6; 2, Gloucester 3:20.1; 3, Old Gaytonians 3:21.0.

**ACCESS UK WOMEN'S LEAGUE
QUALIFYING MATCH****At Warley, September 14th**

Chelmsford 357; Bournemouth 356½; Cardiff 331; Croydon 325; Haringey 298; Central Region 262½; Sutton (St.H) 251; Swansea 236.

100/200: S. Burke (Croy) 12.8/25.5. 400: S. Porter (Car) 58.1. 800/1500: S. Crehan (Sutt) 2:13.7/4:42.8. 3000: 1, Crehan 9:42.2; 2, A. Fox (Swan) 10:03.0. 100H: A. Evans (Car) 15.6. 400H: (A): 1, Evans 61.3; 2, A. Rothwell (Chelm) 64.5; 3, S. Booth (Cen. R) 66.0. (B): T. Allen (Har) 63.0. HJ: 1, V. Adams (Swan) 1.70; 2, K. Gomes (Croy) 1.65. LJ: Booth 5.54. SP: (A): 1, V. Head (Car) 15.13; 2, D. Bushnell (Chelm) 12.40; 3, G. Achille (Har) 12.27; 4, C. Smillie (Cen. R) 11.14. (B): S. Bracey (Chelm) 12.13. DT: (A): 1, Head 49.26; 2, Bushnell 44.42; 3, L. Smith (B'mth) 38.12. (B): A. Hourihan (Car) 36.02. JT: 1, Bushnell 37.32; 2, S. Evelyn (Car) 37.14. 4x100: Chelmsford 50.5. 4x400: 1, Chelmsford 3:57.2; 2, Central Region 3:58.6; Bournemouth



Despite winning the 100m and 200m for Croydon, Sharron Burke couldn't help to squeeze her club into next year's Access UK Women's League at the Qualifying Match.

Charles Nightingale

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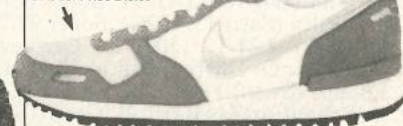
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David Sharpe Storms Home In 1:48.83

A BRIGHT but chilly afternoon yielded some good performances in the annual U/20 Inter-Area Match, held at Crystal Palace on September 15th and, this year, sponsored by Dairy Crest. Best result on the track came courtesy of David Sharpe, who stormed away from Neil Horsfield with a last 200m in 26.1 to win the 800m in 1:48.83. Jason Lobo produced the age record of

the day when he clocked 3:54.92 for 1500m to lower the UK age-15 best in a splendid race won by Adrian Iszatt in a pb of 3:47.24 from Jimmy Piper and pacesetter Paul Taylor, neither of whom could handle Iszatt's 57.3 last lap. Equally gripping was the 3000m, won by David Blount from Steve Halliday with a second half covered in 4:01.9 and last kilometre in 2:38.8. Nick Hopkins (8:11.98) in third collected the Southern Junior title to add to his 800m crown of last June.

European Junior silver medallists Richard Ashby (200m) and Colin Jackson (110mH) both duly won their specialities, and Jackson's 14.22 was indeed impressive. Andy Tolputt was over 60m with the Senior hammer, and Simon Williams reached 15.60m with the 7.26kg shot. Steve Arnold kicked down Rob Denmark with a 59.4 last lap to take the Southern Youths 3000m title in a fine 8:30.66, and Dale Smith crept below nine minutes in winning the Boys division from Nick Anderson.

David Cocksedge

3:59.3. (Inters): 100/200: J. Booth (Cen. R) 12.8/26.4. 800: I. Morgan (B'mth) 2:20.3. 80H: S. Farquharson (Croy) 12.3. 200H: 1, Farquharson 30.2; 2, M. Edwards (Har) 30.9. LJ: N. Barr (Cen. R) 5.50. SP: T. Lee (Har) 10.13. JT: J. Cotton (Sutt) 33.52. 4x100: Haringey 51.2. (Juniors): 100: (A): A. Soper (Croy) 13.4. (B): J. Riley (Sutt) 13.4. 200: Soper 27.2. 800: K. Ross (Har) 2:21.1. 1500: L. Carthew (Swan) 4:57.1. 75H: G. Duffin (B'mth) 12.2. HJ: (A): 1, S. Phillips (Swan) 1.45; 2, K. Stoker (Croy) 1.45; 3, J. Webb (Car) 1.45. (B): B. Green (Swan) 1.45. LJ: G. Duffin (B'mth) 5.28. SP: L. Maxwell (Har) 9.74. DT: 1, J. Pearce (Croy) 30.30; 2, Jayne Fisher (Swan) 28.76; 3, E. Bradbeer (Car) 28.32. JT: 1, S. Bidgood (Croy) 33.24; 2, S. Phillips (Swan) 31.94; 3, Z. Williams (Car) 31.16. 4x100: Croydon 51.2.

100: (-0.15m) 1, P. Goedluck (S) 11.03; 2, C. Jackson (W) 11.09. 200: (-0.5m) 1, R. Ashby (S) 21.48; 2, A. Carrott (M) 21.66; 3, N. Will (S) 22.36. 400: 1, P. Herbert (S) 48.16; 2, T. Kane (S) 48.90; 3, A. Abrahams (N) 48.97; 4, G. Bakewell (N) 49.43. 800: 1, D. Sharpe (W) 1:48.83; 2, N.

HEATON HARRIERS ANNUAL MEMORIAL OPEN ROAD RACES

(Under A.A.A. & W.C.C.A. Laws)

Assisted by NIKE

SAT., 9th NOVEMBER, 1985

Commencing at 1.15 p.m.

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RACES: Girls 1.7 Miles. Junior Ladies 2 Miles. Colts 2 Miles. Boys 2 Miles. Inter/Senior Ladies 2.85 Miles. Youths 2.85 Miles. Veterans (Separate race) 5.7 Miles. Seniors 5.7 Miles.

ENTRY FEE: Girls, Junior Ladies, Colts, Boys and Youths: 25p per individual (3 to count in Team Race). Inter/Senior Ladies 40p per individual (3 to count in Team Race). Veterans 70p per individual. (4 to count in Team Race). Seniors: 70p per individual (6 to count in Team Race). (Unattached Seniors Vets £1.20 per individual). **No Team Entry Fees.**

DETAILS FROM & ENTRIES TO:-

Mr. L. Venmore, 13 Mitcham Crescent, High Heaton, Newcastle upon Tyne. NE7 7QU. (Tel: 2663047). Please send s.a.e. if acknowledgement of entry required. No late entries accepted.

Entries close Wednesday, 16th October

BRITISH MILERS CLUB

ELITE COUNTY CHAMPIONS MIDDLE DISTANCE WEEKEND

**19/20 OCTOBER 1985
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with S.A.E. by Wed. 9th October 1985



Running for the Southern Counties, Philip Goedluck (2) just pips Colin Jackson in the 100m at Crystal Palace in the U/20 Inter-Area Match, sponsored by Dairy Crest, a fortnight ago.

Tony Henshaw

Horsfield (W) 1:49.76; 3, P. Rowbotham (S) 1:50.42; 4, M. Barnes (S) 1:51.70; 5, J. Rigg (N) 1:52.45; 6, R. Harley (M) 1:52.98. **1500:** 1, A. Iszatt (S) 3:47.24; 2, J. Piper (S) 3:47.63; 3, P. Taylor (N) 3:48.75; 4, J. Lobo (N) 3:54.92 (**UK age-15 best**). **3000:** (incl. SCAA Champs) 1, D. Blount (M) 8:08.19; 2, S. Halliday (N) 8:08.64; 3, N. Hopkins (Reig. P/S) 8:11.98; 4, J. Starling (S&E/S) 8:14.99; 5, S. Newport (Ton) 8:21.54; 6, D. Smith (Ton) 8:26.20; 7, T. Hewson (Ply) 8:27.23; 8, C. Payne (AF&D) 8:27.47; 9, S. Cundy (N) 8:28.16; 10, M. Jones (AF&D) 8:29.11; 11, D. Rixon (W) 8:30.59. **2000SC:** 1, G. Horne (N) 5:54.82; 2, I. Howie (N) 5:56.88; 3, D. Cowan (S) 6:02.62; 4, K. Howard (S) 6:04.13; 5, R. Deakin (M) 6:05.29; 6, H. Piotrowski (M) 6:05.47. **110H:** (nil) 1, Jackson 14.22; 2, D. Nelson (M) 14.42; 3, A. Tulloch (M) 14.44; 4, E. Harrison (S) 14.74. **400H:** 1, M. Fulton (N) 54.41; 2, N. Keogh (S) 55.45; 3, D. Thomas (W) 56.20; P. Parkinson (N) 53.70 (disq).

HJ: 1, P. Jeffs (M) 2.11; 2, J. Appleby (N) 2.00; 3, D. Baker (S) 2.00; 4eq, J. Hopper (M) & C. Trotman (W) 1.95; 6, C. Grant (W) 1.95. **PV:** 1eq, G. Jackson (N), P. Phelps (N) & H. Gooderham (S) 4.20; 4, D. Wright (M) 4.00. **LJ:** , B. Nevison (S) 7.23; 2, P. Shearman (N) 6.84; 3, N. Belben (N) 6.75; 4, D. Nicholson (S) 6.74. **TJ:** 1, D. Emmanuel (M) 15.26; 2, P. Johnson (N) 14.51; 3, L. Pryce (M) 14.43; 4, M. Whitehead (N) 14.35; 5, R. Edwards (S) 14.13. **SP:** 1, S. Williams (S) 15.60; 2, S. Ayre (N) 13.53. **DT:** 1, C. Bastien (S) 45.66; 2, G. Litherland (M) 45.18; 3, Ayre 43.84; 4, R. Joseph (S) 41.44. **HT:** 1, A. Tolputt (S) 60.04; 2, G. Callow (S) 52.90; 3, S. Dixon (N) 51.58; 4, P. Bufton (W) 49.06; 5, P. Murden (W) 48.94; 6, M. Gray (N) 45.08. **JT:** 1, M. Roberson (S) 65.60; 2, N. Bevan (S) 59.90; 3, R. Laing (N) 59.54; 4, M. Lawrence (M) 57.34; 5,

J. Hallam (W) 57.22; 6, P. Muspratt (M) 55.90. **3kmW:** 1, I. Ashforth (N) 12:49.13; 2, A. Penn (M) 12:52.26; 3, P. Chichester (W) 12:54.58; 4, K. Taylor (W) 12:57.92; 5, D. Stone (S) 13:04.38; 6, S. Taylor (N) 13:27.87; 7, G. Brown (S) 13:36.79. **4x100:** 1, SCAA (Ashby, Will, Creeden, Goedluck) 41.53; 2, MCAA 42.17; 3, Welsh AAA 42.96; 4, NCAA 43.11. **4x400:** 1, SCAA (Kane, Rowbotham, R. Haizelden, Herbert) 3:16.61; 2, NCAA 3:17.08; 3, MCAA 'B' 3:21.24; 4, MCAA 3:22.52; 5, Welsh AAA 3:27.88. **Teams:** 1, SCAA 229½; 2, NCAA 198½; 3, MCAA 128½; 4, Welsh AAA 121½.

(Youths): Inv. 800: A. Standen (AF&D) 1:56.34. **SCAA 3000 Champs:** 1, S. Arnold (Ports) 8:30.66; 2, R. Denmark (Bas) 8:37.25; 3, L. Smith (Ton) 8:42.45; 4, N. Flint (Old G) 8:45.21; 5, J. Dennis (C'ley) 8:45.90; 6, B. Brackstone (Brack) 8:46.11; 7, J. Kendall (AF&D) 8:46.22; 8, D. Gerard (Thur) 8:52.49. **(Boys): Inv. 800:** 1, D. Frostick (AF&D) 2:01.62; 2, G. McPherson (S&E) 2:02.63; 3, P. Nicol (Har) 2:03.99; 4, H. Gordon (Hast) 2:05.40. **SCAA 3000 Champs:** 1, D. Smith (Ton) 8:59.04; 2, N. Anderson (Win) 9:09.80; 3, M. Campbell (Win) 9:13.30; 4, S. Harris (Worth) 9:16.47; 5, R. Kettle (Dart) 9:19.87; 6, 6, D. Andrews (Ply) 9:22.27; 7, A. Cusack (Ply) 9:26.48; 8, P. Brewster (Craw) 9:27.81; 9, N. Allison (Norf) 9:28.19.

HERCULES WIMBLEDON YA MEETING

In spite of protests from his psychiatrist, Pete Mulholland will once again be responsible for organising next year's Hercules Wimbledon AC Young Athletes Meeting, at Crystal Palace on May 13th. If any advance details are required, please contact Pete at 24 Chesterfield Grove, East Dulwich, London, SE22 8RW (tel: 01-693 9706). Look out for ad's in 'AW' nearer the date.

Evolution Of The New Javelin Specifications

Dear Sir,

Wilf Paish has raised a number of hares in his article about the new javelin specifications. Since some of them are very important for the development of javelin coaching in this country, I would like to put others which are 'march hares' to rest, lest they cloud the issue.

All the IAAF officials concerned with the javelin rule have had two objectives in studying any possible change in the rule:

a. Reduction in the distances being thrown at world record level by men.

b. Reduction in the number of flat landings in both men's and women's javelin throwing; thus easing the problem of judging and improving the satisfaction of athletes.

Letters to the Editor

In which order they are considered is immaterial: they are both important.

The specifications for the women's javelin have not, in effect, been changed at the same time for four reasons:

i) There is only half the justification for a change since there is no question of a reduction in the distance thrown.

ii) Unlike the men's, no experimental trials have been carried out with any women's javelins to a modified specification.

iii) Any change in the specification of a javelin has elements of risk involved, either by the manufacturers developing new super models or the sport being plunged into banality. It therefore seems wiser to carry out any changes in a series of steps, thus limiting the risk.

iv) Owing to the fact that not only is the 600gm model the only common women's javelin, but it is also used by many boys throughout the world, many more 600gm javelins are sold compared with the 800gm model. Hence, changing the 800gm model is much less expensive for the sport.

Inevitably there will be some confusion among athletes and coaches concerning how the changes will affect throwing technique. Unfortunately the science of javelin throwing and especially javelin flight is not sufficiently advanced so as to be able to predict exactly the flight pattern of a new javelin. However, all the major manufacturers of javelins were kept fully informed throughout the evolution of the new specification. In fact, several of them were involved in the production of experimental prototype javelins.

The ethics of the change are very simple. The IAAF lays down the rules for international competition, but nothing else. Hence, the AAA or its member clubs or, possibly the ESAA for

school children, are perfectly entitled to continue using the old models for as long as they are available.

Lastly, any idea that the IAAF and its Technical Committee have taken a hasty decision without very careful consideration of all the possibilities is completely untrue. Looking back through my files, the following extracts certainly bear this out:

1. I find the first reference to the revision of the rules in order to reduce the distance thrown is in an article in *Track & Field News* dated October 8th, 1955.

2. There are also references to the reduction in the frequency of flat landings of the javelin shortly afterwards.

3. The question of revising the specification for the 800gm javelin was first reported to the Technical Committee in 1976, specifically proposing to move the centre of gravity towards the front.

4. A meeting was held between representatives of the major manufacturers of javelins throughout the world and members of the IAAF Technical Committee in September 1979, when the whole subject of revision of the rules was discussed.

5. A review of this meeting was presented to the Technical Committee in February 1980. As a result, a working group was set up to study the problem of the javelin rules and, if possible, arrange some experimental development.

6. Test throwing using experimental modified javelins was carried out in Finland, the only country volunteering to do the work, in 1981, 1982 and 1983.

7. As a result of all their experimental work, the Finnish working group, who had organised all the test throwing, put forward a revised javelin specification. This was considered by the Technical Committee in March 1984 and accepted with minor amendments for submission to Congress in Los Angeles.

8. The proposals were circulated to all members of the IAAF in April 1984 and accepted by Congress in July 1984.

I would like to point out these views are entirely my own and not the considered verdict of the Federation.

P. A. Rottenburg,
Hon. technical consultant,
IAAF Bureau

Dear Sir,

Congratulations to Wilf Paish on raising the issue in *Coaching Comment*, August 24th. This proposal has slipped through with very little public discussion. The issues **ought** to be widely discussed. New implications are becoming apparent all the time; for example, will the new

decathlon tables be biased against javelin throwers?

Our sport derives much from its history and its future. We are captivated by links with the past, great athletes of the past, and great feats of the past. We are also motivated by the possibilities of advancement; of pushing back the barriers of performance. The innovator needs to be given the climate within which to innovate, and these possibilities excite us. In my humble opinion, we must think very long, and very hard, before we initiate changes which both wipe out the past, and curtail the future, particularly those which do so at a stroke. This decision is the first time, to my knowledge, that such has ever happened in any event. It is indeed a very sad day.

One must assume that the major reason for change was that of safety, since it followed close upon the first 100m throw. The solution is one which was proffered by a successful javelin manufacturer. Two other opportunities were available which would have produced the required safety adjustments, and which have not yet been considered by anyone, as far as I am aware. Neither would have necessitated tampering with the javelin.

The first was simply to reduce the maximum length of the approach. Few throwers use all of it, and by doing so the point of release can be removed back from the point of landing by whatever distance is chosen.

The second is even simpler. Don't change the rules at all. The dangerous distances are thrown by very few, known, individuals. These people perform almost exclusively at a small number of major meetings. For many years now the position of the javelin event in the arena is prescribed weeks, even months, ahead at these meetings and CANNOT be changed. All one has to do to ensure safety then is to ensure that another event is not also programmed for the distant end of the arena when the men's javelin is in progress. Safety is ensured and the event remains intact.

Why could not these solutions at least have been tried first? The IAAF appears to have jumped the gun in this instance. Less haste and more open discussion could have led to a better solution.

Carl Johnson,
Tynemouth

IAAF'S VIEW ON ROTTERDAM MARATHON COURSE

Dear Sir,

Mr. Milroy's fears ('AW' August 31st) are shared by all who regard it as vital that all road race courses should be accurately measured.

To be fair to the Dutch Athletic Federation (and with their approval), I quote from their official answer to the IAAF, after a guarantee had been asked for that the road course over which Carlos Lopes set his world marathon best was accurately measured, following the latest IAAF

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and AIMS guidelines.

The key section is as follows — "As far as the members of the race committee and the organisers are concerned, a full re-measurement of the course does not come into discussion. The course has been surveyed by objective persons, there is an official certificate from the municipality of Rotterdam, and all recent IAAF regulations were observed during measurement.

The technical delegate of the KNAU was Mr. Hans van Kuyen, who has since March 1985 been one of the IAAF road race course surveyors, and for him also there is no reason for any doubts about the length of the course.

I think that the KNAU has done everything that the IAAF and AIMS may expect from Rotterdam. Nevertheless there are no secrets, and we are willing to answer all questions about the working methods of our measuring".

Signed: Bart Kappenburg. General secretary, KNAU.

Until the IAAF accepts official world records for the marathon distance, and this should surely involve official certification of the course by a qualified surveyor from another country, this is the extent to which our jurisdiction goes in the Rotterdam record. It is a quite separate issue that AIMS, with whom the IAAF is in constant contact, already requires all their members to acquire such objective certification as a condition for AIMS membership.

The IAAF fully supports the long term purpose behind this AIMS procedure, which is to dispel all doubts about the course accuracy of the world's major marathon courses.

John Holt,
General secretary, IAAF

MIXED VIEWS ON WAAA CHAMPIONSHIPS

Dear Sir,

As a coach who was denied access to the back straight at the WAAA Championships at Birmingham five times for five athletes, may I try to balance the complaints in recent issues. Was the situation really that much different from the normal restrictions at the English Schools, for example?

I think the complainers have missed the point. The security was not just about one athlete; it was about you and me and our young girl athletes being able to take part in events of OUR choice, in safety, without being harassed or threatened.

After Birkenhead, Brussels, Edinburgh, etc., etc., it should be obvious. Complaints should be directed to those who threaten trouble and those who support them, not to those who protect us against them. Unfortunately the traditional British way of sport is under attack from the brutish fist of modern extremist pressure groups of many sorts, not just in athletics.

Thankfully, two aspects remain. The British sense of fair play showed in the considerable sympathetic applause Zola Budd received — the

British way of compensating the persecuted.

The other tradition is British courtesy. After many chats with at least six different sorts of security people from the manager down, I would like to use 'AW' to pass on to them publicly my thanks and congratulations for their unfailing courtesy, efficiency and patience the whole of both days. Not a pleasant job, security, but they did it superbly, to help me and those who complained.

As a coach, I would like to include the WAAA officials, several of whom went out of their way to be especially friendly towards several of my girl athletes, who were nervous first-timers.

Let's use this column to put more smiles back into athletics. Let's be fair.

J. B. Howcroft,
Manchester

Dear Sir,

It is always reassuring to know that something can be learned by attending the WAAA Championships. For instance, I always thought that if an athlete was not listed in the programme for a particular event, then she could not enter on the day — how wrong can you be! Similarly, I assumed that once a timetable was published then the organisers had to stick to it — wrong again!

To prevent the reoccurrence of such indiscretions, surely it would not be asking too much for the individual concerned to enter several races, and decide near the time which distances to run. Or would the additional entry fees place too much strain on the trust fund? Alternatively, the WAAA could stage a special championship for the 'sensitive' events, with a few selected athletes and a large number of gentlemen in grey suits to prop up the railings. Then the rest of us could revert to the normal arrangements, and enjoy ourselves as we used to in the good old days.

Finally, I had not previously realised that it is essential for a long jump coach to possess a pair of high powered field glasses. Hopefully, the WAAA will spend some of the money they extracted from me and from many other dissatisfied customers to rectify the situation in time for next year's meeting.

Dan Gilroy,
Tarvin, Cheshire

MORE THAN JUST RECORDS

Dear Sir,

After attending the McVitie's Challenge at Crystal Palace on Bank Holiday Monday and reading the account of a certain two miles race the next day, I felt I must put another point forward. Why is it that every time athletes run they are expected to break records?

I was one of the thousands who cheered Steve Ovett to victory in the two miles. Maybe it was slow, maybe he did run against the other competitors (instead of today's solo runs), but I am sure the crowd who gave him a standing

ovation enjoyed every minute. At least he turned up on the day, which is more than can be said for most these days.

I am sure most people must know he is in no shape to break world records after so many problems. So why do the media (and John Walker) expect so much. I watched Steve sign so many autographs afterwards, he must have had writers' cramp.

M. Cousens,
Tring, Herts

COACHING COURSE FOR PACEMAKERS?

Dear Sir,

To give a different slant to the observations in 'AW' of August 3rd concerning the competitive dodginess of the "Two 'Cs'" and others. We have all noticed over the past decade the arrival of a new athletic event, the 'pacemaker' (will there be a BAAB coaching course for this next winter?), where middle distance running has become little more than a publicity stunt. Due to this, I wonder how many of the general public realise that there are other events in athletics.

I feel sure that sprinters especially in this country would like as much help to improve their times, taking into account weather conditions, timekeepers, etc. It seems to me that only Haringey AC have the presence of mind to give sprinters and hurdles alike a fair chance by having two properly measured 100m straights, and are willing to use them. Unfortunately, the one lap brigade and their hurdling counterparts would always be losers.

I wonder if James Mays, weather permitting, would act as a hare for Ade Mafe in his next 200m race, or could Mike McFarlane run a 100m with the help of Hurricane Betsy behind him and not into his face.

Soon we may well have to go to Crystal Palace, in a £50 seat, and watch a mile race for pacemakers, where everyone drops out before the finish!

Lawrence Taylor,
BAAB Club Coach (Sprints)

ARE PACEMAKERS ALLOWED?

Dear Sir,

Like most keen athletics fans, I watch with every opportunity any athletic competition that happens to be televised, and like many have been thrilled by the record breaking exploits of Messrs Coe, Ovett and Cram, etc., and have nothing but admiration for their athletic ability. However, one thing keeps puzzling me every time I watch these record breaking attempts. I was brought up to believe that pacemaking was not allowed. Perhaps I have got it wrong.

Every middle distance record breaking attempt as billed by the media includes one or two athletes acting as 'official' pacemakers, supplied by the promoters. These athletes are normally

accustomed to running shorter events, who after they have set the necessary pace to ensure a record attempt, drop out. Obviously these athletes have been paid for their services or why should they want to start a race only to drop out after two laps? There is no competitive satisfaction in that.

AAA Rule 111 (16) refers to pacemaking, and I quote "In deciding whether the competition was a bonafide one, the AAA, in the case of the AAA and England records, and the BAAB, in the case of United Kingdom records, will consider whether the claimant was unfairly assisted towards the time accomplished by pacing from another competitor apparently designed to assist him achieve a record".

And Rule 111 (17) states that the AAA and the BAAB "has the unfettered discretion in deciding whether to accept or refuse to recognise a record. Provided the essential rules for competition have been observed it is a matter for the AAA or BAAB to decide whether the omission of any technicality can be ignored".

If one goes back to Roger Bannister's first four minutes mile, one could argue that he used Chattaway and Brasher as pacemakers, and many of the records achieved since included pacemakers in the field. One could speculate that pacemakers had little or no effect on the athlete achieving the record and it seems that the officials who ratified these records must have decided thus.

It seems odd to me that if meeting referees and records officials are prepared to turn a blind eye to the presence of pacemakers in practically every modern top class middle distance event, that AAA Rule 111 (16) referring to assistance from pacing should still be included in the rules governing records. Better to scrap the rule. Surely, as it seems that athletic officialdom throughout the world considers that pacemaking does not assist the record breaker, then why do promoters bother to provide them and why do athletes openly complain when they miss a record that the pacemaking was not correct?

Perhaps being only a field judge I have misinterpreted this part of Rule 111 (16). If so, I would be grateful if any reader who is a track judge could enlighten me, for I feel that I may not be alone in my puzzlement.

Mike Burrell,
Caterham, Surrey

TIMEKEEPERS TEST

Berkshire AAA has organised a practical test for timekeepers on Sunday, October 20th at Bracknell Stadium, from 10.00 am. Cost will be £1 per person. Anybody is welcome, but please contact Mr. F. Allen on Bracknell 54886 if you are interested.

Welsh correspondent/statistician Clive Williams has moved to 9 Ash Tree Close, Radyr, Cardiff, CF4 8RS (tel: 843492 — unchanged).

European Cup For Combined Events

Voss Wins As Kratschmer And Hingsen 'DNF'

WEATHER conditions for the Seventh European Cup For Combined Events in Bayer-Stadion, Krefeld, on September 7th/8th, were undoubtedly the worst since the series started in 1973. A cold, gusty cross-wind on the first day gave way to almost continuous rain on the second; in these circumstances, the winning scores by Torsten Voss and Sabine Paetz were excellent. In the decathlon team competition, the USSR came through strongly to overhaul the GDR, in the process setting a new series record. The FRG challenge collapsed after three events through the withdrawal of Guido Kratschmer; Jurgen Hingsen having pulled out after only the 100m. The GDR notched up their third straight heptathlon win, whilst the UK made their best showing in the series since 1977, when they placed fourth in the pentathlon.

Judy Simpson joined the team on Friday, directly from Kobe, where she had repeated her 1983 bronze medal position in the World Student Games with 6046 (13.41, 1.89, 13.21, 25.15; 6.10, 36.76, 2:22.38) — her first heptathlon of 1985. After an excellent start in 100m hurdles with 13.22 (wind +2.2m/s), she consolidated her position with a season's best in the shot; and on the second day she started with a fine long jump of 6.21 (wind -0.5m/s) in the first round. After a cautious 400m split (69.0), she picked off all but Emilia Dimitrova and Ivanka Todorova in the last event, exceeding her week-old score by 36 points. Kim Hagger was, as usual, extremely consistent, whilst Joanne Mulliner, in only her second season of heptathlon, moved through after an uncertain start in 100m hurdles and high jump with personal bests in the shot and 200m. Val Walsh put together her third best score, and travelling reserve Debbie Marti gave valuable practical support to the team. The DLV organisation was up to the excellent standard one expects, and particular thanks go to press director, Lutz Nebenthal, for his fine work.

Andrew Huxtable

Decathlon

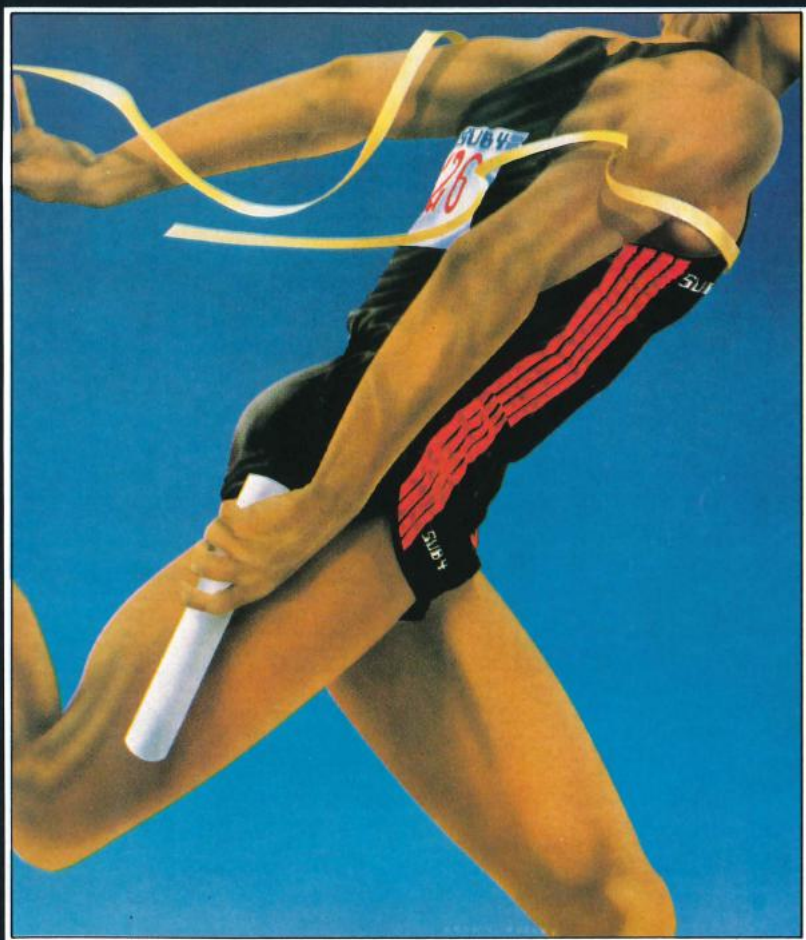
1, T. Voss (GDR).....	8352
(10.73, 7.55, 14.86, 1.98, 48.18; 14.33, 42.36, 5.10, 57.66, 4:32.9)	
2, A. Nevskiy (USSR).....	8321
(11.05, 7.32, 15.40, 2.01, 49.03; 14.75, 45.38, 4.60, 67.78, 4:22.90)	
3, G. Degtyarov (USSR).....	8206
(11.01, 7.38, 14.98, 2.01, 51.02; 14.74, 50.66, 4.70, 59.54, 4:27.88)	
4, C. Schenk (GDR).....	8141
(11.30, 7.57, 14.27, 2.16, 48.93; 15.04, 40.02, 4.20, 67.14, 4:21.38)	

5, S. Wentz (FRG).....	8118
(10.89, 7.63, 16.07, 2.04, 48.69; 14.06, 43.02, 4.30, 58.82, 4:56.76)	
6, A. Apaychev (USSR).....	8112
(11.08, 7.24, 15.75, 1.92, 49.14; 14.16, 42.10, 4.40, 64.10, 4:24.13)	
7, U. Freimuth (GDR) 8057 (11.19, 7.49, 15.96, 1.95, 49.11, 14.73, 45.32, 4.20, 63.90, 4:34.10); 8, T. Rizzi (FRG) 7606 (10.67, 7.16, 14.30, 1.95, 47.58; 15.90, 43.90, 4.30, 48.38, 4:48.25); 9, H-U. Riecke (GDR) 7581 (10.68, 7.51, 14.78, 1.83, 49.88; 15.11, 41.18, 4.20, 51.26, 4:43.67); 10, M. Jedral (Pol) 7555 (11.15, 7.38, 13.76, 1.98, 50.06; 15.48, 39.14, 4.30, 62.20, 4:53.07); 11, M. Kubiszewski (Pol) 7536 (11.16, 6.81, 14.42, 1.95, 49.93; 14.69, 41.74, 4.40, 56.92, 4:52.77); 12, S. Popov (USSR) 7485 (11.37, 7.01, 14.04, 1.95, 50.65; 15.63, 47.64, 4.50, 54.30, 4:51.92); 13, C. Gugler (Swi) 7478 (11.63, 6.80, 13.93, 2.01, 51.20; 15.29, 41.74, 4.60, 55.46, 4:34.76); 14, A. Langowski (Pol) 7473 (11.17, 6.97, 14.35, 1.95, 51.23; 15.25, 43.10, 4.70, 56.54, 5:06.44); 15, B. Gaehwiler (Swi) 7441 (11.29, 7.03, 13.22, 1.92, 50.57; 15.68, 38.56, 4.50, 60.36, 4:34.50); 16, T. Mitrakiev (Bul) 7392 (11.36, 7.14, 14.77, 1.95, 50.16; 15.13, 42.00, 3.80, 51.02, 4:34.24); 17, A. Wyzykowski (Pol) 7334 (11.08, 6.67, 14.05, 1.89, 49.18; 14.91, 41.50, 4.00, 59.16, 4:58.44); 18, R. Huchthausen (Swi) 7270 (10.92, 7.06, 12.68, 1.89, 49.09; 14.64, 35.88, 4.20, 48.80, 4:47.31); 19, A. Andonov (Bul) 7140 (11.47, 6.98, 15.77, 1.83, 52.03; 15.44, 46.04, 4.00, 52.40, 5:04.74); 20, I. Krastev (Bul) 7097 (11.26, 6.93, 14.37, 1.95, 50.58; 15.89, 41.36, 4.00, 52.86, 5:08.02); 21, F. Haas (Swi) 7079 (11.24, 6.51, 13.30, 1.83, 49.29; 14.87, 36.54, 3.90, 54.80, 4:41.07); 22, D. Slavov (Bul) 5768 (11.51, 6.75, 14.10, 1.80, 52.59; 15.19, 42.76, no height, 54.48, dnf); G. Kratschmer (FRG) 2300 (10.96, 7.28, 11.05); J. Hingsen (FRG) 830 (11.14).	

Teams: 1, USSR 24,639; 2, GDR 24,550; 3, Poland 22,564; 4, Switzerland 22,189; 5, Bulgaria 21,629; FRG dnf.

Heptathlon

1, S. Paetz (GDR).....	6595
(12.78w, 1.75, 15.45, 23.94; 6.64, 41.78, 2:15.18)	
2, N. Shubenkova (USSR).....	6481
(13.25w, 1.81, 13.51, 24.26; 6.30, 42.70, 2:05.99)	
3, S. Thiele (GDR).....	6460
(13.68, 1.78, 15.71, 24.74; 6.54, 43.98, 2:14.57)	
4, S. Braun (FRG).....	6323
(13.34, 1.81, 11.71, 23.95; 6.40, 43.34, 2:12.80)	
5, M. Maslennikova (USSR).....	6260
(13.37, 1.81, 12.76, 24.09; 6.14, 35.86, 2:05.22)	



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JUDY SIMPSON

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6, S. Everts (FRG).....6243

(13.30w, 1.81, 12.13, 24.13; 6.28, 36.16, 2:07.40)

7, S. Filatieva (USSR) 6100 (13.83, 1.78, 13.36, 24.86; 5.99, 42.68, 2:12.52); 8, H. Nusko (FRG) 6096 (13.88, 1.78, 14.80, 25.20; 5.85, 46.40, 2:19.00); 9, Judy Simpson (UK) 6082 (13.22w, 1.81, 14.05, 25.59; 6.21, 34.80, 2:15.41); 10, H. Tischler (GDR) 6053 (14.28, 1.81, 14.27, 24.48; 6.19, 37.92, 2:18.69); 11, Kim Hagger (UK) 5968 (13.38, 1.81, 11.88, 24.59; 6.31, 36.74, 2:23.22); 12, J. Sobotka (GDR) 5950 (14.12, 1.63, 14.70, 24.52; 6.01, 39.10, 2:11.50); 13, B. Dressel (FRG) 5744 (14.19, 1.78, 12.06, 25.99; 5.95, 42.64, 2:19.98); 14, E. Dimitrova (Bul) 5710 (14.12, 1.69, 12.72, 24.43; 5.76, 35.36, 2:14.35); 15, Joanne Mulliner (UK) 5623 (14.15, 1.66, 12.76, 24.57; 5.92, 37.66, 2:23.65); 16, M. Goedhard (Neth) 5408 (14.33, 1.69, 10.50, 26.07; 5.92, 36.58, 2:17.77); 17, I. Todorova (Bul) 5262 (14.36w, 1.66, 9.67, 25.02; 5.85, 27.98, 2:15.01); 18, Val Walsh (UK) 5180 (14.49, 1.66, 10.77, 25.70; 5.41, 37.80, 2:24.71); 19, L. Gijzen (Neth) 5179 (14.80, 1.63, 10.11, 25.41; 5.51, 36.60, 2:18.20); 20, E. Schouten (Neth) 5141 (14.62, 1.63, 10.22, 26.06; 5.53, 36.00, 2:18.63); 21, E. Stolk (Neth) 5118 (14.35w, 1.66, 11.74, 26.79; 5.69, 26.88, 2:19.08); 22, I. Valkova (Bul) 5113 (13.99, 1.66, 9.90, 25.72; 5.71, 28.92, 2:24.48); 23, V. Vassileva (Bul) 4932 (13.62, 1.69, 13.61, 25.33; 6.03, 35.06, disq.).

Teams 1, GDR 19,108; 2, USSR 18,841; 2, FRG 18,662; 4, UK 17,673; 5, Bulgaria 16,085; 6, Netherlands 15,728.

'B' Final

Alan Lindop reporting

British Decathletes Power To Victory

BRITAIN'S athletes have certainly had a successful year in 1985, with third (women) and fourth places (men) in the European Cup Finals in Moscow, followed by the best ever team performance at the European Junior Championships in Cottbus. To end the year on a high note, the combined events athletes also achieved excellent performances, with the men's team winning the 'B' group of the European Cup For Combined Events in Arles on September 7th/8th, to add to the fourth place achieved by the women in the 'A' final in Krefeld over the same weekend.

More remarkable in the men's group, where last year's Olympians, Daley Thompson, Colin Boreham and Brad McStravick, were not in the team, although Daley was there supporting the rest of the lads in France. Britain's fine victory in this group gives them a place in the 'A' final in two years time, and taking into consideration all the groups taking part over the weekend (there were 'A', 'B' and two 'C' groups), Britain had the third highest score, although admittedly

conditions in the top group were not as favourable as in Arles.

Although it is primarily a team competition, to assist the decathletes to obtain better performances the organisers allowed them to compete in groups of their own calibre, instead of the usual one athlete per country per heat, which enabled all the top men to run together. The top 100m heat had Eugene Gilkes and Tom Leeson in, and the wind gauge was nearly blowing over with the gust of 6.80m/s, which helped Eugene to achieve the magnificent time of 10.41 for 991 points, only his 10.2w having been faster. Leeson also took advantage of the wind, reducing his best from 11.00 to 10.79, as did Greg Richards with 11.19, although the wind in his heat was below the permitted limit in decathlons of 4.0m/s. French record holder William Motti, fifth behind Daley Thompson at the Olympics, also went under 11 seconds with 10.96.

The winds remained for the long jump, although at times they were unhelpful for athletes hitting the board. Motti opened with 7.52m

(+3.4m/s), followed by a 7.42m jump, which was certainly over 7.70m from take off. Although he was in two minds whether to take his third attempt, as he had a slight strain, he took it, and probably regretted it, as this was the last time he took part in the competition, having to withdraw before his home crowd. Tom Leeson finished with a superb 7.43w, whilst Gilkes opened with 7.32w (17cm ahead of his best ever mark), with Richards achieving his best jump for some time with 7.23w, to head the second group, and Fidelis Obikwu reaching 6.88w. These performances secured Britain's lead after the first two events, and throughout the two days of competition the team were never thereafter headed; a remarkable result in itself.

The French did in fact pull back some of the leeway with Frederic Sacco's remarkable shot of 16.20, backed up by the eventual winner, Christian Plaziat, at 15.02m, whilst Obikwu (14.47) and Gilkes (14.42) kept the British team ahead. Plaziat then gave a fine display of high jumping in the hot temperatures with a beautiful 2.16m clearance, a pb, with Obikwu next best at 2.04m. Any chance of France taking the team result went when Alain Blondel (winner of the recent France v UK match), failed his opening height. Leeson was not far off his best at 1.95m, with Gilkes and Richards a little below par.

The winds that had helped during the 100m were detrimental for the one lap event. Eugene, however, still came out tops with 47.99, with only Guy Namuroise (48.89) also under 50 seconds. Solid performances by Richards (50.11), Leeson (50.07) and Obikwu (50.69) gave Britain a lead of 623 points after the first day — 12,234 to Belgium's 11,611 — with France in third place.

The sun was still shining for the second day's events, although the winds had reduced in strength, though only slightly. Obikwu (15.86) and Gilkes (15.45) ran in the first two 110m hurdles heats, whilst Richards won the third only 0.02 outside his best windy mark with a 14.82 clocking. Tom Leeson (14.75) had the distinction of running in the top heat with some good athletes. Robert Ekpote (Nor), based in the States at the moment, shared the same time as Roland Marloye, who was having a good decathlon, with 14.14, with Tom dipping for the line in a very fast 14.53 (wind +3.40m/s). The team was still over 600 points ahead.

Greg Richards produced the best discus result with a first round effort of 46.96m (a decathlon best), with Obikwu also over 40m, and Leeson over 38m on all three throws, very close to his best set one week earlier. Normally the French close the gap during the pole vault, but on this occasion it was not to be. With Blondel, normally a 4.90m vaulter, taking only a token jump at 3.20m, the French lost ground, although Plaziat, the overall leader, cleared a pb of 4.80m. Richards vaulted superbly with a 4.70 personal best-equaling performance, with Obikwu at 4.40m. Leeson, also

clearing that height, headed the second pool, but more promising was the fact that he was 20cm above his best ever, with Gilkes going over 4.10m.

The winds were unhelpful in the javelin, but Leeson was the best British performer with 61.88m, not far from his best of 62.64m. By the end of the javelin, victory for the team was a foregone conclusion, although Gilkes starred in the 1500m with a run of 4:18.93. Obikwu, who had been sporting a heavy cold throughout the weekend, took Richards through the paces before dropping out.

The Frenchman, Plaziat, was a deserved winner with a personal best of 8211w, ahead of teammate Sacco with 7857, but as their third man scored only 6130, they had no chance of team victory.

Richards, having a decathlon of his lifetime at 29, improved yet again, from 7527 to 7679 for third place, ahead of Gilkes on 7664w. Leeson, having a bad 1500m, dropped from third to sixth, but finished with an inspiring 7643w (previous best 7565). The British team won the match by 779 points with Norway edging the French out of second spot by just nine.

An excellent team victory, with the promise of more to come.

The French women dominated the heptathlon, providing the individual winner and runner-up, as well as the team victory. Chantal Beaugeant, in winning, well within the wind limits, increased her French record from 6153, set at her national championships, with Nadine Debois also over the previous record. Surprisingly, Beaugeant did not 'win' a single event, even her personal best in the javelin (48.24m) was exceeded by Aniko Domonkos (Hun) with 52.84m, whilst other good individual performances came from Zsuzsa Vanyek (third overall) with a 6.76w long jump, and a 6.70w and 2:03.93 (!) 800m from Debois and a 13.14w hurdles run from Hungary's Margit Palombi.

Decathlon

1, C. Plaziat (France).....	8211w
(16.78w, 7.17w, 15.02, 2.16, 50.95; 15.03w, 46.88, 4.80, 59.90, 4:37.71)	
2, F. Sacco (France).....	7857
(11.01w, 7.21, 16.20, 1.95, 50.90; 14.95w, 45.68, 4.60, 52.04, 4:37.95)	
3, Greg Richards (UK).....	7679
(11.19w, 7.23w, 13.25, 1.86, 50.11; 14.82w, 46.96, 4.70, 54.82, 4:42.78)	
4, Eugene Gilkes (UK).....	7664w
(10.41w, 7.32w, 14.42, 1.89, 47.99; 15.45w, 37.48, 4.10, 46.30, 4:18.93)	
5, R. Marloye (Belgium).....	7645w
(10.81w, 7.42w, 13.87, 1.95, 51.01; 14.14w, 43.08, 4.10, 55.20, 4:55.72)	
6, Tom Leeson (UK).....	7643w
(10.79w, 7.43w, 12.89, 1.95, 50.07; 14.53w, 38.40, 4.40, 61.88, 5:01.51)	
7, T. Skramstad (Nor) 7619w (11.19w, 7.17w, 13.39, 1.95, 51.40; 14.95w, 39.72, 4.50, 61.34,	

4:34.80); 8, M. Machura (Cze) 7481w (10.95w, 6.95w, 14.74, 1.98, 51.02; 16.40w, 44.64, 4.60, 53.20, 4:51.86); 9, E. Van Nieuwenhove (Bel) 7361w (10.96w, 6.85w, 12.88, 1.92, 50.58; 14.95w, 38.48, 4.10, 63.22, 4:50.98); 10, R. Ekpete (Nor) 7333 (11.51w, 6.77w, 13.41, 1.92, 51.69; 14.14w, 41.18, 4.60, 49.50, 4:45.66); 11, H. Broman (Fin) 7269w; 12, K-H. Gundersen (Nor) 7255w; 13, J. Nakki (Fin) 7186w; 14, J. Fric (Cze) 7061w; 15, J. Bostrom (Fin) 6881w; 16, **Fidelis Obikwu (UK)** 6724w (11.48w, 6.88w, 14.47, 2.04, 50.69; 15.86w, 40.42, 4.40, 54.08, dnf); 17, G. Namurois (Bel) 6714; 18, E. Gjoen (Nor) 6586; 19, A. Blondel (Fra) 6130w; 20, F. Zmoray (Cze) 5043.

Teams: 1, UK 22,986; 2, Norway 22,207; 3, France 22,198; 4, Belgium 21,720; 5, Finland 21,336; 6, Czechoslovakia 19,585.

Heptathlon

1, C. Beaugeant (France).....6304 (13.42w, 1.75, 12.12, 24.54w; 6.27w, 48.24, 2:09.76)
2, N. Debois (France).....6242 (13.62w, 1.75, 12.43, 23.88w; 6.70w, 30.38, 2:03.93)
3, Z. Vanyek (Hungary).....5969 (13.98w, 1.72, 12.61, 25.00w; 6.76w, 38.54, 2:22.55)
4, Z. Lajbnerova (Cze) 5863w (14.14w, 1.75, 14.19, 25.48w; 6.09w, 39.56, 2:21.57); 5, V. Novakova (Cze) 5863w (13.64w, 1.81, 12.90, 25.34w; 6.08, 38.42, 2:25.23); 6, M. Palombi (Hun) 5826 (13.14w, 1.60, 11.89, 24.76w; 6.11w, 38.52, 2:14.32); 7, H. Otahalova (Cze) 5815

MASSEY FERGUSON RUNNERS CLUB Present the 3rd Annual

MF Massey Ferguson
POWERPART
'10'

(Under AAA & WAAA Laws)

SUN., 27th OCTOBER, 1985
at 10.30 a.m.

Venue: For both Male & Female
Woodlands School, Broad Lane, Coventry

PRIZES: (To the value of): — 1st Male £65, 2nd £40, 3rd £25, 4th to 10th £12 each. 1st & 2nd Vet O/40 £12 each, 1st O/50 £12. 1st, 2nd & 3rd Ladies £12 each. 3 Male Teams — 6 to count — will receive trophies.

MEDALS TO ALL FINISHERS

Entry Fee: £1.50 affil. £2.00 unattached. Cheques payable to Massey Ferguson Runners Club. Please enclose a 9" x 6" s.a.e with entry.

Closing date: 18th October, 1985

Course record: D. Driver (Charn.) 49.11.1983

Entries to: T. Brown, 164 Stonebury Ave., Eastern Green, Coventry CV5 7FE. Tel: Coventry 468425, with name, address, age group and club.

(13.77w, 1.75, 13.27, 24.77w; 5.72, 40.72, 2:22.60); 8, S. Levecq (Fra) 5763w (14.13w, 1.78, 11.97, 24.76w; 6.36, 29.98, 2:18.49); 9, K. Taanander (Swe) 5706w (13.94w, 1.72, 12.70, 25.12w; 5.74w, 38.48, 2:18.21); 10, R. Backman (Fin) 5635w (14.45w, 1.72, 11.94, 25.29w; 6.04w, 38.86, 2:20.54); 11, M. Koblasova (Cze) 5617w; 12, E. Karlblom (Swe) 5601w; 13, T. Rattya (Fin) 5577w; 14, S. Ruotsalainen (Fin) 5528w; 15, A. Domonkos (Hun) 5476w; 16, A. Taanander (Swe) 5438w; 17, M-P. Geldhof (Bel) 5241w; 18, M. Westen (Swe) 5216; 19, C. Kjellman (Fin) 5176w; 20, H. Vervaet (Bel) 5043w; 21, M-C. Caron (Bel) 4963w; 22, L. Menissier (Fra) 4884.

Teams: 1, France 18,309; 2, Czechoslovakia 17,541; 3, Hungary 17,271; 4, Sweden 16,745; 5, Finland 16,740; 6, Belgium 15,247.

Senior Coach Moorcroft



David Moorcroft receives his Senior Coaching Award from National Coach Max Jones. Dave attended the two BAAB Senior weekend courses in 1983 and successfully passed the written papers in October of the same year. The silver lining to his injury problems of 1984/85 was that it gave him time to complete the practical coaching element of the award.

Should Women Athletes Compete In The Hammer, Triple Jump And Pole Vault?

A two part article summarising the original data collected in the dissertation entitled 'An Investigation into the Participation of Women in the Non-Recognised Field Events of Hammer Throwing, Triple Jumping and Pole Vaulting', by Jackie Daley, as partial fulfilment of a BA (Hons) degree in Human Movement Studies, at Carnegie School of Physical Education and Human Movement, Leeds Polytechnic.

Part One will look at whether women have the necessary physiological requirements to participate in the hammer, triple jump and pole vault successfully. Part Two (in next week's 'AW') will show the findings from questionnaires which looked at the demand of a sample of female athletes to participate in these events, and which also investigated the attitudes of coaches and female PE teachers towards the respective events.

THE AIM of the physiological investigation was to determine whether male athletes were significantly better than female athletes in certain parameters that are required for successful performance in the hammer, triple jump and pole vault, and what implications the findings of the study have on the participation of women in these events.

Ten male and ten female 'power event' athletes

of county standard and above were tested on the following:

a. **Strength** — Grip, leg and back static strength were measured using dynamometers.

b. **Strength/weight ratio** — This was measured by dividing the subject's total strength (i.e. right grip strength + left grip strength + leg strength + back strength) by his/her weight (kg). It was also measured by using the subject's broad jump

Table One

The following results were obtained:

Mean Values in the Tests for Male and Female Athletes

Parameter	Mean Values		Female Performance as % of Male Performance
	Female	Male	
Grip strength — Right	40.56kg	55.95kg	72.39
— Left	37.0kg	52.75kg	70.14
Back strength	93.9kg	151.9kg	61.82
Leg strength	123.2kg	199.2kg	61.85
Total strength	294.15kg	459.8kg	63.97
T.S.I. = Total strength/Bodyweight	4.623	5.917	78.13
Standing broad jump differential	0.517m	0.755m	68.48
Speed — 30m	4.378	3.98	90.91
— 50yd	6.808	6.058	88.98
Vertical jump (force platform)	2507.4w	3565.2w	70.32
Magaria Kalamen	130.4w	175.1w	74.47
Sargent jump	21.3"	27.25"	78.17
Lewis nomogram	103.5w	144.2w	71.78
Flexibility (total)	143.72°	122°	117.81
Shoulder Extension — Right	243.4°	222.2°	109.54
and Flexion — Left	234.4°	216.6°	108.22
Shoulder Rotation — Right	223.1°	205.9°	108.35
— Left	220.4°	205.3°	107.36
Hip extension and flexion	141.1°	110.1°	128.16
Hip Rotation — Right	134.3°	91.2°	147.26
— Left	133.3°	88.2°	151.13
Ankle Flexion and — Right	75.9°	64.8°	117.13
Extension — Left	74.2°	66.2°	112.01
Trunk Extension and Flexion	216.1°	177.4°	121.82
Straight leg Extension — Right	157.6°	147.5°	106.85
and Bent leg Flexion — Left	153.8°	147.3°	104.41
Back Hyperextension	51.35cm	38.55cm	133.20

differential (i.e. the subject's standing broad jump in metres minus the subject's height in metres).

c. **Speed** — This was measured by timing the subjects over 30m and 50 yards.

d. **Power** — This is the major factor contributing to success in the named events. It was measured by the following three tests: vertical jump on a force platform, Magaria-Kalamen Power test, and Lewis Nomogram (jump and reach test which is subsequently converted to power).

e. **Flexibility** — A variety of ranges of movements relating to the requirements of the events were measured using a Leighton flexometer.

It was found (by carrying out a t-test for independent samples — separate variance) that the male athletes were significantly better than the female athletes in all the tests apart from flexibility, where the female athletes were significantly better. This is in agreement with past and present literature.

What implication does this have on the performance of women in the hammer, triple jump and pole vault? Does it mean that women do not have the necessary physical requirements to compete in the events successfully?

The differences between the male and female athletes can be seen as a matter of degree when the mean values of each test are compared in Table One. From the tests it cannot be said that the differences are so great (even though there is a 'statistical' significant difference) that women are not capable of doing the events. Women have already done the events quite successfully, especially the triple jump in the USA.

Female athletes may encounter problems with certain aspects of the events, especially the pole vault, which is quite unlike any other athletic event in its gymnastic requirements.

For example, if the female athlete's grip strength is inadequate, she may have difficulties controlling the tremendous shock and then stress which occurs when 'planting' the pole, and the additional forces exerted throughout the subsequent phases. A high strength level in the arms, shoulder and trunk are vital for success in the pole vault, so the vaulter feels that he/she is controlling the pole as opposed to the pole controlling him/her. Also a high strength level in relation to body weight is required to correct faults. Thus, in short, the pole vault may not be suitable for the average athlete. However, the larger gymnast may be very successful in the pole vault and the event could give them a chance to succeed in athletics.

The results of the tests showed the female athletes to be significantly more flexible than male athletes, which will be to their advantage in all three events, increasing their range of motion. For example, more efficient turns and release in the hammer, the 'splitting' of the thighs in the hop

and step phases of the triple jump. As flexibility plays a major role in the success of the vault, and because of the positions the vaulters find themselves in, the female athletes' greater flexibility may enhance their chance of completing the vault. With careful nurturing of the 'right' athletes, females have the potential to perform at a high level as long as they have the necessary power and strength levels to prevent injury.

The hammer, triple jump and pole vault are very physically demanding events, and one of the major arguments against women doing the events in the past was that the events and the training they require would harm the female athlete. Briefly, the medical and anatomical evidence suggests that the events would be safe for the female athlete as long as the training is gradually increased to allow the athlete to adapt to the stress and grow stronger. This obviously applies to other athletic events and male athletes. It is only with inadequate conditioning, overuse and increasing the training load and intensity too quickly, without allowing the body time to recover and adapt to the new levels of stress, which will lead to breakdown and injury. Perhaps initially there should be a minimum age of 15 to participate in the events, when the female athlete is approaching full physical growth and will be more able to cope with the demands of the events.

The events can be adapted to suit the female athletes' lower levels of strength, strength/weight ratio, speed and power, and also increase the safety of the events. A 4kg hammer could be thrown (to be in line with the weight of the shot) and even perhaps at the top level a 5kg hammer could be thrown. The triple jump boards will obviously need to be nearer to the pit. Many facilities already cater for 11m and 9m boards, with younger girls needing 7m or 8m boards. In the pole vault, as with the male vaulter, the female vaulter needs to use a suitable fibreglass pole to match her speed, weight and thus momentum and strength. In the early learning stages, the female vaulter can use light metal alloy poles that are also used by the male beginners.

From the results of this study it is possible to obtain an approximate idea of the performances that women should be capable of, by estimating the contribution of the parameters tested to the events. Taking the men's world records (January '85) as 100%, the following performance have been predicted:

a. Hammer — 75.69% of 86.34m (men's world record) = 65.35m. Women's world best = 57.50m by Cady (US) 1984. However, this does not account for women throwing a lighter hammer. If women become established in this event, distances over 70m and approaching those of the men may be possible.

b. Triple Jump — 82.8% of 17.89m = 14.81m. Women's world best = 13.51m by Garcia (Brazil) 1985.

c. Pole Vault — 84.43% of 5.94m = 4.95m.

Women's world best = 3.53m by Edwards (US) 1984.

The current world best performances as a percentage of the men's world records are: hammer — 66.6%; triple jump — 75.52%; pole vault — 59.43%.

These differences may be attributed to women's lack of tradition in the events. If the events are introduced officially into women's athletics, their progress should follow the pattern of other field events. If we assume the performances of the triple jump will reach the same standard as the long jump, where the world record (women's) is 83.48% of the men's record, the triple jump performance could reach 14.93m, which is close to the performance predicted from the results of this study. If the same is done for the pole vault, but relating it to women's high jump performances, which is 86.61% of the men's world record, the female athlete could reach a height of 5.14m.

There are a great many assumptions in these calculations, but they do show that women have the necessary physical requirements to reach standards of performance comparable to other field events, *if they are given the chance!*

However, is the addition of the hammer, triple jump and pole vault into women's athletics viable in today's track and field? . . . and is there a demand from the female athletes to compete in the events?

© Jackie Daley, 1985

FRENCH RACE WARNING!

Some difficulties are being seen in respect of races taking place in France, and athletes are advised to exercise extreme caution before entering into arrangements to run there, both in respect of travelling expenses and any other race-related monies. Part of the problem is due to the fact that stringent Exchange Control regulations are in force in France, and certainly no athletes should accept a cheque drawn in French Francs on a French Bank unless it has been certified on the rear as being issued in accordance with Exchange Control approval. Naturally, cheques drawn on the London office of a French Bank do not fall in this category.

C. L. Milton

Ilford AC officers: hon. general secretary — Mrs. M. Gilham, 13 Tillotson Road, Ilford, Essex (tel: 01-554 8038); men's track & field sec. — A. Catton, 14 Bede Road, Chadwell Heath, Romford, Essex (tel: 01-597 3002); women's track & field sec. — Miss H. Honey, 55 Whitehorse Road, London, E.6 (tel: 01-472 2043); men's CC sec. — H. Williams, 84 Tyelands, Billericay, Essex (tel: 25294); women's CC sec. — Mrs. K. Webb, 28 Amberley Way, Romford, Essex (tel: Romford 25780); walking sec. — A. Perkins, 63 Barwell Way, The Grove, Witham, Essex (tel: 514795).

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Irish News

Yoplait Trophy Goes To Burgerland Limerick

BURGERLAND Limerick regained the Irish National Track and Field title — the Yoplait Trophy — with a fine all round display some 19 points ahead of the defending champions, Dublin City, at Morton Stadium on August 25th. Four individual track wins plus the 4x400m relay provided a good foundation for one of the most convincing wins in the 11 years of this competition.

Frank O'Mara displayed admirable commitment to his club by returning from the European circuit to compete. Opting for Dublin instead of travelling to Cologne from Berlin, where he had helped Said Aouita to a world 1500m record on the previous Friday, he made the journey well worthwhile as he contributed two fine wins. Beginning with the 1500m, where he had far too much pace for the remainder of the field when he moved ahead with 300 to go. Indeed, David Taylor, who followed O'Mara home in second place, found himself disqualified for barging with 300 to go. Many observers found this a little difficult to agree with, since it appeared that the rangy Taylor had little option but to move through as he did. O'Mara's 800m win was also convincing, as he won in 1:53.61 ahead of Brian McManus, who was having one of

his better runs of the season.

Limerick's captain, Kieran Finn, won the 400m in 47.78 just ahead of Gerry Delaney, who closed down the gap as the line approached; but a recent injury has left him short of racing sharpness. Finn had a relatively busy afternoon, contributing to two relays and taking third spot in the 200m. Neil Cusack also provided some valuable points to the Limerick total with one of his best 5000m runs as he clocked 14:04.71, which represents some fine running in the windy conditions. Cusack, who has been campaigning on the roads, seems to have rediscovered some of the bounce that was indicative of his track racing some years ago, and if he can transfer this to the road, those with aspirations for the October Dublin City Marathon will need to take note of this kind of form.

Barry Walsh, John Battles and Pat Hartigan all contributed valuable points in the field to the Limerick total, but it was Northern Irish athletes who dominated this aspect of the competition. Ballymena's Mark Forsythe and Mark McDonald won the long and triple jumps. Floyd Manderson's 2.05m was sufficient to gain maximum points for Annadale in the high jump, whose total was also aided by a shot and discus double from John Reynolds. Terry McHugh

NIDD VALLEY ROAD RUNNERS



GUY FAWKES 10

(Under AAA's Laws
Permit 858)

**SUN NOV 10th
at 1 p.m.**

*An accurately measured 10 mile race
around the beautiful towns of Harrogate
and Knaresborough*

- Commemorative mug to all finishers
- Over £1,000 worth of prizes
- Car parking ● Changing
- Refreshments
- **FREE** entry to Elite runners
(sub 50 men, sub 58 ladies)
- Qualifies for R.R.C. standards.

AAA Runners £2.50
Unattached £3.00

**CLOSING DATE
SAT 26 OCT**

Entry Forms from:
G. Newby
17 Wentworth Dr.
Harrogate
(Send SAE)

BURROWS GARAGE 10 MILES

Presented by EXMOUTH HARR.

(Under AAA/WAAA Laws)

Single lap course

**SUNDAY 3rd NOVEMBER 1985,
11.15 a.m.**

Registration 10.00 am

Entry Fee: £2.00 for club and AAA aff.

£2.50 unattached.

Venue: Exmouth. Warren View Sports Ground,
Halsdon Avenue.

Facilities: Changing, Male-Female Showers (Separate)
Parking, Refreshments.

Medals: 1st 3 men. 1st 3 ladies, 1st 3 male vets. 1st 3
lady vets.

Teams: Mens trophy. 1st 4 to count. Ladies 1st 3 to
count.

Entries to: Mr Dave Moulton, 1 Trefusis Place,
Exmouth, with name, address, D.O.B., best or
predicted time and entry fee.

Closing date: 20th October 1985

No late entries. No telephone entries.

Any defacing of sponsors numbers by cutting or other,
will result in immediate disqualification.

continued his dominance of the javelin with 72.56m, and Sean Egan was well ahead of the opposition in the hammer with a 65.84m effort. Clonliffe Harriers are better known for their cross country exploits than track, so they surprised many observers as they clocked 41.92 for the 4x100m relay to set a new Irish national club record.

Nick Davis

Burgerland Limerick 126; Dublin City 107; Anndale 101; Ballymena & A 96; Clonliffe 90; Donore 83; Raheny 64; Dundrum 62.

100/200: S. Baird (B&A) 10.86/21.56. 400: 1, K. Finn (Lim) 47.78; 2, G. Delaney (Dub) 47.80; 3, C. McDunphy (Rah) 48.58; 4, W. Thompson (B&A) 48.63. 800: F. O'Mara (Lim) 1:53.61. 1500: 1, O'Mara 3:48.99; 2, M. Kirk (B&A) 3:49.21; 3, E. Fitzpatrick (Dub) 3:50.01; 4, M. Kelly (Dund) 3:50.61. 5000: 1, N. Cusack (Lim) 14:04.71; 2, E. Tierney (Clon) 14:08.26; 3, R. Dooney (Dub) 14:17.00. 3000SC: 1, N. Harvey (Clon) 9:08.70; 2, N. Byrne (Don) 9:23.72; 3, N. O'Brien (Dund) 9:28.72. 110H: 1, S. Pollock (Anna) 15.74; 2, B. Mullin (Don) 15.75. 400H: 1, T. Kearns (Dub) 54.19; 2, D. Conway (Rah) 54.75; 3, L. Looney (Lim) 55.02. HJ: 1, F. Manderson (Anna) 2.05; 2, R. Garvey (Dub) 2.05; 3, B. Walsh (Lim) 1.95; 4, D. O'Mahony (Clon) 1.95. PV: 1, J. Alexander (Anna) 3.70; 2, E. Galvin (Don) 3.70. LJ: 1, M. Forsythe (B&A) 7.35; 2, J. Battles (Lim) 6.93. TJ: 1, M. McDonald (B&A) 14.10; 2, A. Leckey (Anna) 14.09; 3, Battles 14.08. SP: 1, J. Reynolds (Anna) 15.81; 2, M. Nutty (Clon) 14.72; 3, P. Hartigan (Lim) 14.60; 4, S. Whitney (Dub) 13.28. DT: 1, Reynolds 44.78; 2, D. Sweeney (Dub) 41.68. HT: 1, S. Egan (Don) 65.84; 2, K. Cardiff (Clon) 51.00; 3, G. Ryan (Dub) 48.22; 4, R. Hanley (Anna) 47.64. JT: 1, T. McHugh (Dub) 72.56; 2, J. Sheehan (Lim) 56.44. 5kmW: F. Tansey (Don) 25:40.9. 4x100: 1, Clonliffe 41.92; 2, Dublin City 42.61; 3, Ballymena & A 42.82; 4, Donore 43.27; 5, Raheny 43.37. 4x400: 1, Burgerland Limerick 3:15.28; 2, Dublin City 3:19.23; 3, Ballymena & A 3:19.29.

Irish Women's 10,000 Champs. 1, A. Hilliard (Dub) 35:10.45; 2, C. Kennedy (Gal) 35:34.19; 3, T. Kidd (B'screen) 36:19.98.

Dublin snatch women's prize

THIS HAS been the best year ever in the history of Dublin City Harriers women's athletic team, and the girls easily retained the Silhouette Trophy at Santry on August 24th. Chief opposition to the Dublin girls was provided by Burgerland Limerick, led by Olive Burke, who won both the 100m and 100m hurdles, but despite a gallant effort by the photogenic science student and her colleagues, the overall strength of Dublin City proved too much. National 400m champion Patricia Amond took both the 200m and 400m, Mary McKenna took both 800m and 1500m and

Anne Hilliard, who the following day became Irish 10,000m champion, won the 3000m.

Jim Dowling

Dublin City 105; Burgerland Limerick 83; Raheny 74; Ferrybank 73½; Finn Valley 73; W. Dublin 73; N. Cork 61½; St. L. O'Toole 48.

100: O. Burke (Lim) 12.21. 200: 1, P. Amond (Dub) 24.48; 2, J. Stokes (Ferry) 24.95; 3, G. Dillane (W. Dub) 25.12. 400: 1, Amond 56.05; 2, C. Lynch (Finn) 56.66; 3, E. Kavanagh (St. L.) 57.42. 800: 1, M. McKenna (Dub) 2:11.54; 2, Kavanagh 2:13.04. 1500: 1, McKenna 4:31.0; 2, A. Brown (Rah) 4:35.5. 3000: A. Hilliard (Dub) 9:43.3. 100H: 1, Burke 13.98; 2, P. Cash (W. Dub) 14.87; 3, B. Hallissey (Ferry) 14.93. 400H: O. Clinton (Dub) 64.5. HJ: E. Comerford (W. Dub) 1.72. LJ: J. Stokes (Ferry) 5.64. SP: D. Tobin (Lim) 12.58. DT: E. Roche (N. Cork) 36.30. JT: M. Crosse (Lim) 37.76. 3kmW: S. McGranaghan (Finn) 17:54. 4x100: W. Dublin 50.06. 4x400: Raheny 4:00.18.

O'Mara wins Morton Mile

SANTRY STADIUM in Dublin saw some great mile races in the late fifties, but little of note has transpired there in recent years, despite a new tartan surface. The Morton Mile was run there on July 28th, and provided Frank O'Mara with an easy victory. Angry at not being given permission to run abroad a couple of days later, O'Mara vented his rage on a fine field of home based milers. His clubmate, Liam Looney, set up the early pace for him, running 56.4 for the first lap and taking them through 800m in 1:57.8. O'Mara then took over and never faced a challenge for the remainder of the race to win in 3:58.6, with Gerry O'Reilly taking second and Paul O'Donovan just outpacing Eugene Curran for third.

The Morton Mile was run during the Irish Junior Championships, and the highlight of the day's sport was the 5000m, which saw Irish CC champion, Tom O'Gara make the running in his usual forthright style. He was still well clear with 400m left, but Anthony Spelman produced an incredible run from third place at the bell and, collaring O'Gara with 50m to go, just wrested first place on the line. Two other prospective champions of the future are Gary Halpin, who set a new record of 63.98m in the hammer, and Seamus McCann, who justified favouritism in the 1500m. Star of the women's events was Anita Philpott, who had a double in the 1500m and 3000m, while 800m winner Hazel Hughes is also a girl to watch.

Jim Dowling

Morton Mile: 1, F. O'Mara 3:58.6; 2, G. O'Reilly 4:02.8; 3, P. O'Donovan 4:03.8.

Irish Junior Champs. 1500: S. McCann 3:55.99. 5000: A. Spelman 14:44.5. 2000SC: G.

Sheehan 6:01.83. 110H: T. Kearns 15.30. 400H: J. Kearns 56.4. SP: S. Kennedy 13.38. HT: G. Halpin 63.98. (Women): 200: P. Carty 25.15. 400: C. Williams 57.58. 800: H. Hughes 2:18.03. 1500/3000: A. Philpott 4:44.25/10:02.5. 100H: P. Cash 15.29. 400H: S. Kenny 65.10. HJ: H. Comerford 1.67. LJ: T. Horgan 5.61. DT: A. O'Brien 39.78. JT: A. Kane 34.88. 5kmW: J. Quinlan 27:54.

World relay record falls

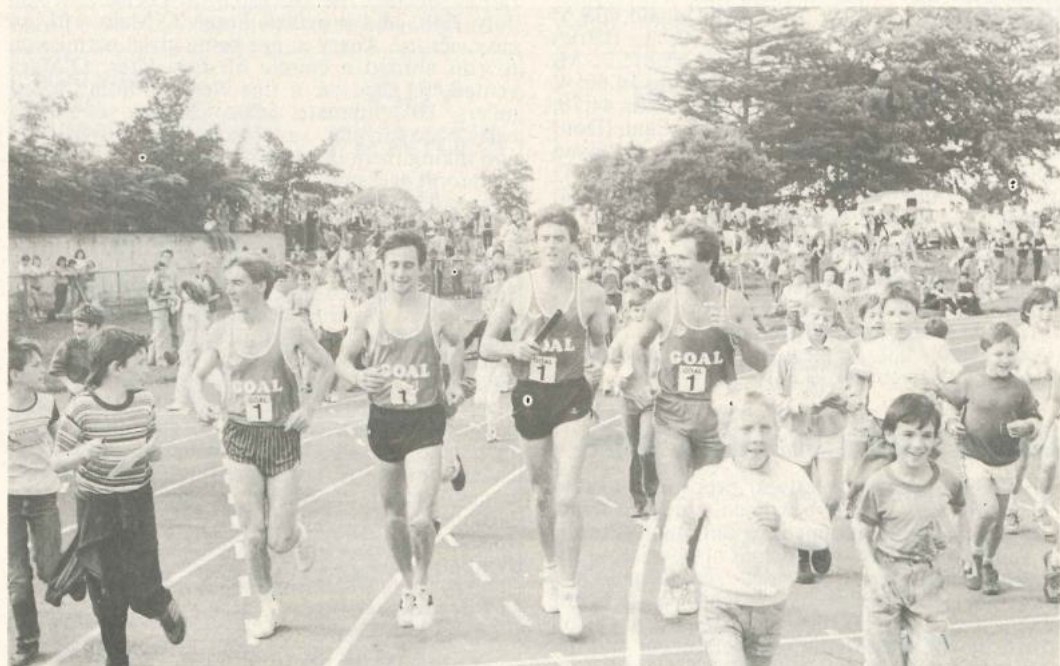
ON AUGUST 17th, at Belfield Campus, Dublin, four of Ireland's leading middle distance runners combined to set a new world record for the 4x1M relay of 15:49.08. This beat by over nine seconds the previous record set by New Zealand over two years ago. The four in question were, in order of running, Eamonn Coghlan, Marcus O'Sullivan, Frank O'Mara and Ray Flynn. The record was set at a meeting organised by Irish Press Group journalist, John O'Shea, on behalf of the GOAL organisation — a body that raises money for relief in third world countries. The record was set against opposition from an English selection and two other Irish teams.

The day before the race, Coghlan, who has raced little these last few months, suggested that he should run for the Ireland 'B' team as he felt unsure of his fitness. He was dissuaded and ran

the first leg for the 'A' team. His uncertainty proved justified. After Seamus Lea of Ireland 'C' had led to halfway, Coghlan took over. However, he was immediately joined by John Treacy, running for Ireland 'B'. Treacy looked to have Coghlan's measure, but refused to go past and the two finished the first leg level in 4:00.2. Coghlan sent Marcus O'Sullivan away with Tommy Maloney of Ireland 'B' right on his shoulder, and they raced that way for two laps, where Marcus stretched clear to finish in 3:55.3. Frank O'Mara went out on the third leg well clear, and halfway he had caught Liam O'Brien of Ireland 'C', who had fallen nearly a lap behind. Helped greatly by Liam's company, Frank clocked 3:56.6. This left Ireland 'A' seven seconds under schedule to break the record. Ray Flynn made no mistake on the last leg, clocking 3:56.98 to clearly establish a new mark. Ireland 'B' (Treacy, Moloney, Enda Fitzpatrick, Dave Taylor) beat England (Pat Chester, Ashworth Laukam, Alan Salter and Gary Couch) by five seconds for the runner-up spot.

The crowd of over 5000 gave the lads a tremendous ovation. Everyone knew that there are other national teams capable of breaking the new record, but were equally elated that the 'Belfield Four', who have given Irish sportsmen so much to be proud of, should now be in the record books.

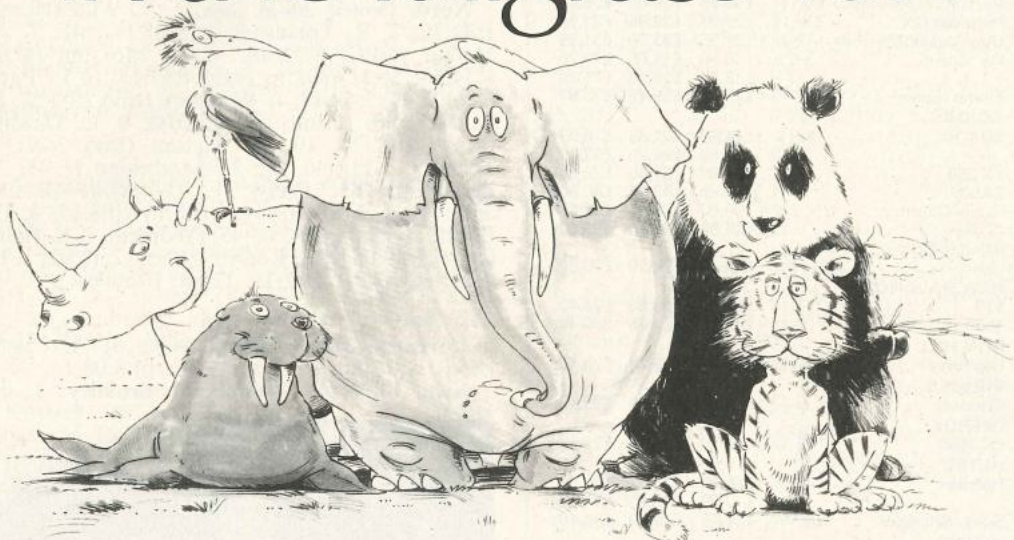
Jim Dowling



The Irish team that set a world record of 15:49.08 for the 4x1M relay share their victory lap with the children of Dublin. From left: Frank O'Mara, Marcus O'Sullivan, Ray Flynn and Eamonn Coghlan.

Jim Dowling

Run for their lives in the Tallgrass 10K



*I*t is rare to find a high technology company committed to helping the plight of endangered species and here is a chance to join Tallgrass Technologies, one of the world's leading manufacturers of computer mass storage systems, in their fund raising activities on behalf of the World Wildlife Fund.

Join the Tallgrass 10K Road Race and enjoy the challenge of a fast 10 kilometre course or the 3 kilometre Fun Run for beginners and children.

The Tallgrass 10K also incorporates a Company Team event – a team of 5 (3 to score)

from any company qualifies. There will also be spot prizes and others for males, females and veterans.

Organised by London Road Runners Club, both races will be held in Battersea Park on Sunday, November 24th – The 3K event starting at 10.00 am followed by the main event at 10.30 am.

Entry fees are £2 for the 10K event and £1 for the 3K. Every penny received in entry fees will be matched by Tallgrass Technologies and donated to the World Wildlife Fund.



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Entry forms can be obtained from the following sports shops: Cobra, Run & Become, The Sweat Shop, Runners Need, Running Inn and Sport Today, or by post, WITH AN SAE, from LRRRC (Tallgrass), Alexandra Gate Lodge, Hyde Park, SW7 1QH.

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Results In Brief

May 27th

Kent AC Parkland Race, at Beckenham. 1, P. Williams 37:23; 2, P. Johnson 37:56; 3, D. Fairbrass 38:04; 4, R. Maxwell 38:31; 5, C. Roberts 39:01. (Vets): 1, K. Sinclair 40:21; 2, J. Johnson 40:44; 3, J. Kelly 40:45. (Women): 1, G. Drake 44:17; 2, C. Andrew 45:04.

June 30th

North Downs 30km Run. 1, J. Wild (Newp) 1:42:30; 2, R. Treadwell (Sy. B) 1:42:41; 3, A. McGee (GEC) 1:51:48; 4, C. Moxsom (Har) 1:54:58; 5, J. Wilkins (Inv) 1:57:17; 6, P. Pape (Camb. H) 1:59:17; 7, W. Stock (Inv) 2:00:58; 8, G. Meredith (Camb. H) 2:02:06; 9, C. Dewing (Wav) 2:02:24; 10, A. Mytum (Inv) 2:02:37. Teams: 1, Invicta 47; 2, Cambridge H 48; 3, Blackheath 83. (Vets): 1, D. White (B'ht) 2:02:44; 2, B. O'Gorman (B'ht) 2:03:15; 3, D. Bradley (Camb. H) 2:03:45. (Women): 1, S. Hales (Dart) 2:09:06; 2, S. Rodwell (Phoe) 2:13:02; 3, L. Jemmett (Dart) 2:17:31. Team: Bromley.

July 3rd

Coventry Open Meeting. 3000: 1, A. Passey (B&R) 8:07.4; 2, R. Callan (Harb) 8:08.1.

Kent 10,000m Champs, at Bromley. 1, K.



SALLY ANN HALES

Mike Nicholson

Steele (Ilf) 29:45.6; P. Jones (Camb. H) 30:52.3.
BMC 800m Races, at Bristol. 1, W. Speake 1:52.9; 2, J. Kilkelly 1:53.5. **(Women):** 1, J. Prictoe (B&P) 2:08.9; 2, E. Lyon (Mill. S) 2:09.2; 3, S. Smith (Bris) 2:10.1; 4, M. Watson (Swin) 2:10.9; 5, C. Bradford (Cle) 2:11.5; 6, C. Powell 2:11.7; 7, J. Gates (B&P) 2:12.0; 8, V. Graham 2:12.0; 9, B. Lock (Corn) 2:14.0; 10, K. Stirland (Bris) 2:14.1; 11, W. Jones (Swin-I) 2:15.7.

Drakes '6', at Stockport. 1, M. Plant (Man) 29:05; 2, A. Mottershead (Stret) 29:31; 3, M. Frith (Man) 29:39; 4, D. Turnbull (Stret) 30:15; 5, M. Scruton (Sale) 30:27; 6, M. Gilmartin (Sale) 30:48; 7, P. Shaw (Man) 30:49; 8, A. Heathcote (Macc) 30:51. **(Vets):** 1, A. Keller (Man) 31:02; 2, P. Lomas (Alt) 32:01; 3, R. Hill (Clay-O/45) 33:16. **(O/50):** C. Lawton (E. Ches) 35:13. **(Women):** F. Poland (Alt) 37:37.

July 4th

Assembly League Road Race, at Beckenham. 1, J. Goldring (SE) 14:07; 2, P. Williams (Camb. H) 14:18; 3, C. Turner (Camb. H) 14:25; 4, D. Crane (Kt) 14:31; 5, A. Thomas (BTP) 14:41; 6, D. Powell (Dart-gst) 14:43; 7, D. O'Donnell (VPH) 14:44; 8, D. Fairbrass (Kt) 14:45. Teams: 1, Kent 31; 2, Cambridge H 32. **(Vets):** P. Ould (SE) 15:35. **(O/50):** T. Everitt (BTP) 16:02.

July 6th

Synwell '10', at Gloucester. 1, R. Samuel (Shaft) 51:34; 2, L. Davis (Glouc-V) 53:11; 3, N. Thomas (Glouc) 53:38; 4, D. Price (Glouc) 54:22; 5, G. Morgan (Did) 54:38; 6, D. Ide (Glouc) 54:49. Team: Gloucester. **(Vets):** 1, Davis; 2, N. Long (Stroud) 55:05. **(O/50):** M. Prynn (Chelt) 60:01.

July 7th

Joy Jordan Women's Trophy Meeting, at Guildford. SP: D. Killeen (G&G) 10.85. **(Juniors):** DT: K. Martin (Read) 29.18.

Thames Valley '10K', at West London. 1, J. Willoughby (QPH) 30:36; 2, W. Snelgrove (Th. H&H) 30:38; 3, G. Staunton (Lon. I) 30:42; 4, O. Arif (N.Lon) 31:04; 5, M. Duff (WS&E-V) 31:11; 6, G. Ward (Bel) 31:18; 7, G. Dugdale (TVH) 31:25; 8, Phil Gayter (TVH) 31:35. Teams: 1, Thames Valley 41; 2, Ealing & S 103. **(Vets O/50):** L. O'Hara (Bel) 33:04. **(Women):** 1, L. Harvey (LOAC) 35:04; 2, S. Kerambrum (W&B) 35:44; 3, L. Watson (LOAC) 37:28.

Orion '10', at Chingford. 1, J. Kilsby (Har) 51:50; 2, R. Clark (Milo-V) 52:34; 3, P. Williams (SLH) 52:53; 4, D. Cox (W. Gn) 52:58; 5, C. Moxsom (Har) 53:37; 6, V. Monk (Thur) 54:22. Team: Haringey.

Baron Meats '10', at March. 1, H. Jones (Rane) 48:48; 2, M. Russell (W. Norf) 49:40; 3, M. Strange (O&W) 50:59; 4, G. Williams (C&C) 51:28; 5, A. Kean (Der) 51:31; 6, K. Meardon (Thet) 51:40; 7, P. Challoner (Vau) 51:50; 8, L. Gough (N&EB) 52:00; 9, S. Faulkner (High)

52:17; 10, S. Plews (Bed) 52:24; 11, R. Grove (Stil-V) 52:29; 12, D. March (Mil. K) 52:41; 13, M. Ede (Ips) 52:49; 14, D. Hunter 52:55; 15, C. Sandford (W. Suf) 53:05. Teams: 1, Cambridge & C 42; 2, Nene Valley 65; 3, Vauxhall Motors 70. **(Vets):** 1, Grove; 2, H. Pymm (Coal) 54:34; 3, G. Ayre (Bed) 54:44. **(O/50):** 1, D. Clark (C&C) 59:06; 2, R. Steward (Mus. H) 59:10. **(Women):** 1, K. Holdsworth (Bed) 55:58; 2, J. Deighton (March) 60:43; 3, M. Brown (Bed) 63:57. Team: March.

Pennine Marathon, at Huddersfield. 1, T. Hawes (Swan) 2:32:12; 2, M. Mountford (Staff) 2:36:15; 3, M. Day 2:38:28; 4, P. Crookhall (E. Ches) 2:39:24; 5, T. Longman (Hunc) 2:40:23. Team: Longwood.

Kirk Deighton '10', at Wetherby. 1, H. Burdett (Mand) 52:23; 2, B. Grant (Harr) 52:39; 3, T. Morris (Army) 53:24; 4, C. Norris (Bing) 53:43; 5, J. Nettleton (Tad-V) 53:57; 6, G. Hutton (Harr) 54:09. Team: Harrogate. **(Women):** L. Everington (Harr) 56:30.

Pordic '21K' (France). 1, B. Jones (B'mth) 73:12; 2, R. Castiaux (Bel) 74:05 . . . 4, S. Brace (Gwent C) 75:40; 6, C. Maddocks (Sheff) 76:18; 7, K. Maclaren (Gwent C) 76:32; 8, M. Rowlands (Gwent C-V) 76:44; 9, M. Martin (Sheff-V) 77:19. **(Women):** V. Tilbury 90:17.

Torridge '6', 1, R. Butler (N. Dev) 30:50; 2, W. Venus (Exe-V) 31:59; 3, S. Anderson (Marjon) 32:09; 4, J. Knowles (RAF) 32:50; 5, T. Collins (Torb) 33:10. **(Vets O/50): G. Winzer (Torb) 38:41. **(Women):** 1, M. Lavercombe (Exe) 17:31; 2, J. Wilkinson (Torr) 18:17; 3, P. Hunt (D&C Con) 19:03.**

Basingstoke Carnival '10', 1, M. McCarthy (Ox. C) 50:31; 2, C. Tall (B'stoke) 51:02; 3, B. Dawkins (S&E) 52:30; 4, G. Barber (S&E) 52:54; 5, P. Wheeler (Ov) 53:56. Team: Southampton & E. **(Women): 1, D. Wildash (B'stoke) 58:02; 2, V. Howe (Brack) 63:06.**

Coventry Half Marathon. 1, N. Appleby (Bir) 66:21; 2, C. Brown (Cov) 67:06; 3, R. Maule (Cov) 67:48; 4, A. Ward (Mass. F) 67:59; 5, D. Long (Mass. F) 69:36; 6, M. Tolkien (Rut-V) 70:15; 7, N. Smith (Cov) 70:40; 8, P. Banks (Cov) 71:30; 9, P. Miller (Cov) 71:38; 10, G. Patton (Mass. F-V) 71:53. **(Vets O/45):** 1, S. Kelly (Cov) 75:10; 2, D. Smith (HE) 75:27. **(Women):** 1, S. Carey (Nun) 84:34; 2, B. Smith (B&R) 87:34; 3, D. Wilson 90:27.

Alnwick Fair '5', 1, B. Bushworth (Sun) 25:57; 2, J. Harper (Mor) 26:02; 3, D. Speight (Mor) 26:10; 4, G. Forster (Sun) 26:20; 5, D. Hill (Sun) 26:22; 6, K. French (Mor) 26:28; 7, R. Smedley (Bir) 26:38; 8, A. Jenkins (Mor) 26:43; 9, C. Bark (Sun) 26:52; 10, P. Brannigan (M&C) 27:10; 11, S. Beattie (Mor) 27:16; 12, I. Cook (Burn R) 27:19; 13, R. Woods (Dur. C) 27:28; 14, P. Irwin (C. le S) 27:34; 15, A. Catley (NSP) 27:39. Teams: 1, Sunderland 10; 2, Morpeth 11. **(Women): 1, E. Turner (Glas) 31:01; 2, P. McFarland (Clare) 33:23.**

CALLING ALL ATHLETES

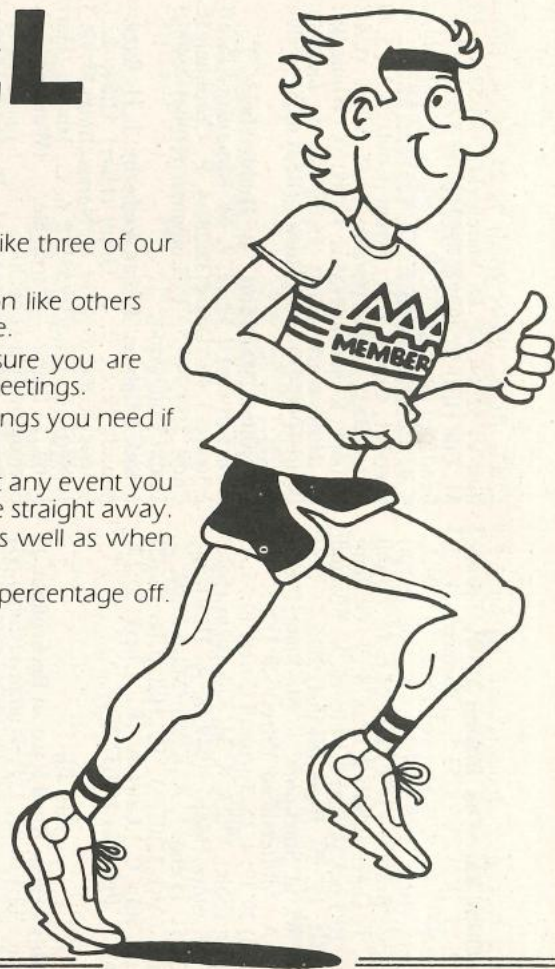
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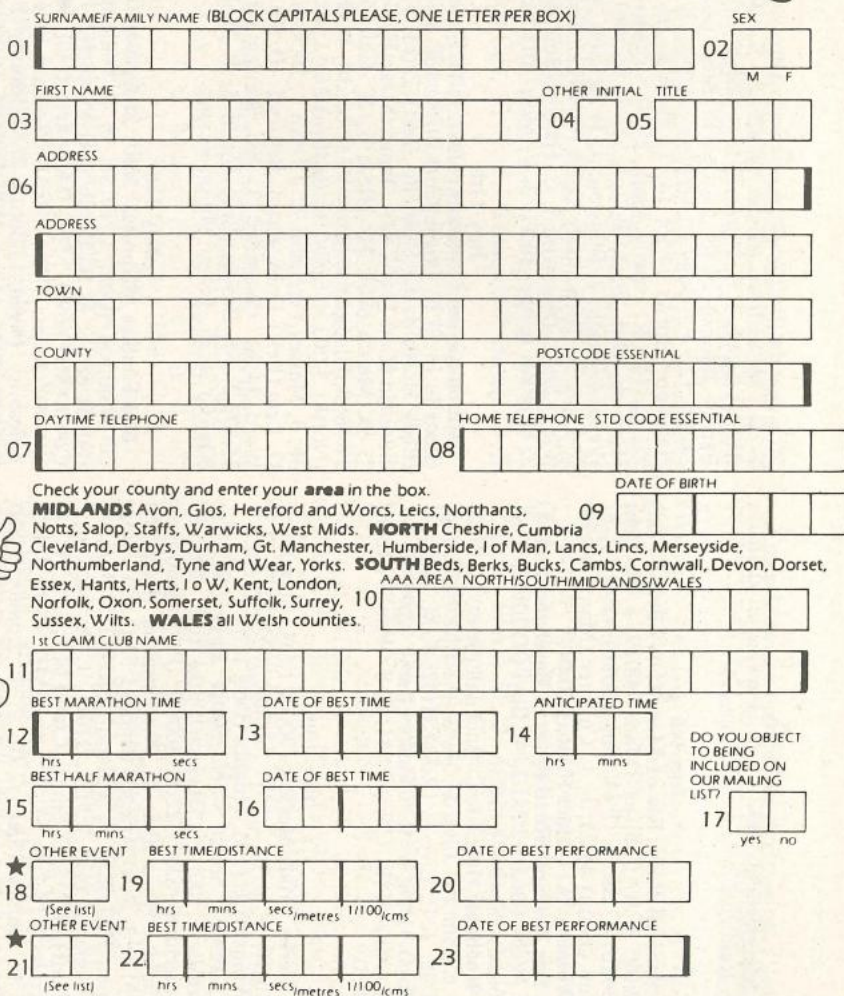
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21. 10,000 TRACK WALK
22. 20 k ROAD WALK
23. 50 k ROAD WALK
24. Road running
25. 5 miles
26. 10 miles
27. 10 k



July 8th

Macclesfield '10K'. 1, B. Parkinson 32:10; 2, D. Reid 33:27; 3, J. Kershaw 33:33.

July 9th

Snaefell Race, Isle of Man. 1, W. Bedell (Tel) 42:09; 2, K. Callister (Manx) 43:29; 3, P. Cain (Boun) 43:38; 4, T. Varley (Boun) 43:42; 5, S. Hull (Boun) 46:23; 6, I. Callister (Manx) 46:39. **(Women):** A. Gomer (Manx) 60:04.

Fire Research Road Race, at Borehamwood. 1, B. Webb (Bed) 12:32; 2, A. Boyt (V) 13:01; 3, K. Tollady (Shaft-V) 13:23.

Rochdale '10K'. 1, C. Bucknall (Stret) 31:15; 2, I. Corrin (S. Liv) 31:37; 3, P. Pickup (Long) 31:48; 4, P. Livesey (Ross) 31:52; 5, M. Aspinall (Ross) 31:58; 6, R. Chaisty (Bury) 32:08; 7, M. Cruikshank (E. Ches) 32:11; 8, S. Woods (Roch) 32:30.

July 10th

Derby Trials Meeting. 3000: 1, M. Thompson (Sheff) 8:21.1; 2, W. Speake (W&B) 8:23.7. **(Women):** H.J. M. Hughes (Der) 1.76.

Crawley Select v N. Shore Bays (NZ), at Crawley. 100: P. Davies (B'rhth) 10.8. 200: R. Haizelden (S&C) 22.1. 800: 1, P. Rowbotham (Camb. H) 1:50.8; 2, N. Hopkins (Reig. P) 1:51.5; 3, R. D'Arienzo (Phoe) 1:52.0; 4, P. Jeffs (Met. P) 1:52.3; 5, A. Iszatt (SLH) 1:52.8; 6, A. Douglas (Craw) 1:52.8. 110H: 1, A. McKenzie (Shaft) 14.7; 2, C. Smith (Craw) 14.7; 3, J. Mason (Craw-J) 15.2; 4, M. Erysthee (Met. P) 15.7. HJ: 1, F. Ahmed (S&E) 2.10; 2, T. Lomax (NSB) 2.05; 3, J. Holman (Craw) 2.00. TJ: J. Sweeney (WS&E) 14.62. SP: 1, W. Gill (NSB) 16.04; 2, A. Ward (Craw) 13.34. DT: 1, G. Power (HHH) 47.20; 2, Ward 46.98. HT: 1, M. Jones (Shaft) 66.96; 2, P. Spivey (Aus) 62.24; 3, A. Cooper (NSB) 56.96; 4, N. Winchcombe (Brack) 56.92; 5, K. Lasis (Craw) 46.14; 6, D. Sole (Craw) 45.66. **(Women):** 100: L. Draper (R&R) 12.0. 200: 1, Draper 24.6; 2, J. Stoute (Brom) 24.6. 800: (A): 1, S. Morley (B&H) 2:04.0; 2, J. Compton (Brack) 2:07.5; 3, S. Forrestal (Craw) 2:08.3; 4, A. Bott (Wok) 2:09.4; 5, M. Rooney (Phoe-I) 2:09.9. (B): L. Glossop (Craw-I) 2:14.9. LJ: 1, M. Berkeley (Croy) 6.14; 2, D. Marti (R&R) 6.06. JT: 1, K. Miller (Craw) 44.00; 2, T. Neal (Craw) 38.46.

Rosenheim League, at Croydon. TJ: M. McDonald (SLH) 14.06. DT: P. Todd (Sy. B) 40.08.

Brooks Forbanks '5'. 1, N. Brawn (Inv) 24:12; 2, B. Reynolds (Ton) 24:24; 3, R. Gevers (SLH) 24:26; 4, W. Snelgrove (Forb) 24:39. Team: Tonbridge. **(Vets):** B. Buonvino (Dart) 26:14. **(O/50):** J. Jewell (Camb. H) 29:36. **(Women):** 1, A. Hollington (Thur) 26:36; 2, L. Hall (Ash) 29:14; 3, J. Wilson (Brom) 30:29; 4, A. Whiteman (Camb. H-V) 30:41. Team: Cambridge H.

Horwich Jubilee Series '5'. 1, E. Williams (Sale) 23:46; 2, R. Owen (Horw) 23:58; 3, A. Keene (Chor) 24:20; 4, C. Leigh (Wig-V) 24:29; 5,

D. Singleton (Bol) 24:30; 6, A. Selby (Bol) 24:32; 7, R. McAndrew (Chor) 24:42; 8, S. Baker (Horw) 24:46; 9, S. Hunter (Horw) 24:47; 10, N. Barlow (Horw) 24:48; 11, A. Blinston (Alt-V) 24:50; 12, P. Dugdale (Horw) 24:55; 13, M. Harrison (Horw) 24:56; 14, T. Hesketh (Horw) 25:16; 15, R. Gwilt (Sal) 25:17. Teams: 1, Horwich RMI 29; 2, Bolton 51; 3, Salford 96. **(Vets):** 1, Leigh; 2, Blinston; 3, J. Jackson (Wig) 25:22; 4, A. Byrne (Sal) 25:58. **(O/50):** J. Betney (Clay) 29:21. **(Women):** 1, C. Harkin (Bol) 29:17; 2, M. Platt (Chor) 30:11; 3, P. Mee (Alt) 30:30.

July 11th

Milton Keynes Centenary '10K'. 1, M. Shotbolt (Bed) 30:18; 2, H. Boyle (Cor) 30:44; 3, P. O'Dell (Bed) 31:18; 4, R. Dennehy (Bed) 31:23; 5, P. Gilsenan (Cor) 31:28; 6, A. Ward (Mass. F) 31:42; 7, D. March (Mil. K) 31:53; 8, R. Hall (Bed) 31:56; 9, R. Dickson (Croy-V) 32:01; 10, T. Haley (North) 32:03. Teams: 1, Bedford 16; 2, Corby 36; 3, Massey Ferguson 72. **(Vets):** 1, Dickson; 2, D. Lem (Leic) 31:16. Team: Bedford. **(O/50):** M. Ward 34:32. **(Women):** 1, M. Brayley (High) 35:57; 2, M. Brown (Bed) 36:35; 3, S. Walters (Ox. C) 38:35. Team: Milton Keynes.

July 13th

Rex Foulkes Memorial '20K', at Aylesbury. 1, G. Staunton (Lon. I) 65:38; 2, J. Willoughby (QPH) 68:16; 3, B. Booth (Ver-V) 68:56; 4, D. Cowie (RAF) 69:41; 5, G. McFadyen (Hill) 69:54; 6, M. Jones (Ver) 70:51. Team: Vale of Aylesbury. **(Vets):** 1, Booth; 2, M. Moody (Burn. J) 71:05; 3, M. Miller (Hill) 71:51; 4, P. Williams (Hill) 73:05. **(O/50):** S. Izzard (Wat) 79:59. **(Women):** 1, K. Holdsworth (RAF) 74:25; 2, L. Watson (LOAC) 82:08.

Cheltenham Festival Road Race. 1, M. Sprason (Bir) 36:00; 2, R. Copestake (Bir) 36:29; 3, S. Bradstock (Chelt) 36:31; 4, H. Dixon (Glouc) 36:34; 5, S. McDonald (Swin) 36:44; 6, A. Robertson (Glouc) 36:52; 7, S. Male (Ox. C) 37:06; 8, D. Catlow (Chelt) 37:11; 9, R. Harris (Ox. C) 37:12; 10, S. Brown (Chelt) 37:26; 11, P. Mayo (Glouc) 37:28; 12, G. Hannon (Swin) 37:33; 13, M. Bowering (Swin) 37:54; 14, L. Davies (Glouc-V) 37:57; 15, P. McGouran (Ox. C) 37:59. Teams: 1, Birchfield 19; 2, Cheltenham 21; 3, Gloucester 21; 4, Swindon 30. **(Vets):** 1, Davies; 2, C. O'Carroll (Glouc) 39:44; 3, D. Spackman (Glouc) 40:13.

Thurlstone Chase Races. 1, A. Buckley (Holm) 21:13; 2, W. Domoney (Sheff) 21:35; 3, P. Mirlees (Roth) 21:45; 4, J. Hinchey (Barns) 22:03; 5, A. Jones (Roth) 22:05; 6, S. Curran (Sal) 22:06; 7, R. Hepworth (Long) 22:11; 8, A. Moffat (Dark. P) 22:20. Teams: 1, Salford 29; 2, Holmfirth 42. **(Vets):** 1, R. Asquith (Holm) 22:31; 2, G. Claff (Sal) 23:15; 3, D. Cartwright (P'stone) 23:35; 4, W. Wilson (Hallam-O/45) 23:40. **(Women):** 1, C. Haigh (Holm) 22:40; 2, J. Lochhead (Holm-V) 25:44. Team: Holmfirth.

(Youths): 1, M. Senior (P'stone) 17:25; 2, S. Timmins (Barns) 17:48. (Boys): 1, D. Hardy (Long) 12:15; 2, M. Laurence (Long) 12:16. (Colts): 1, A. Renshaw (Leds) 10:28; 2, D. Bradshaw (Long) 10:31. (U/11): S. Brophy (Holm) 5:59.

Thomas Cook Southport '10'. 1, P. Campbell (Bol) 52:38; 2, R. Shorrocks (B'burn) 53:10; 3, H. Clague (St. H) 53:33; 4, R. Gwilt (Sal) 53:58; 5, S. Connolly (Spring) 54:00. Team: Bolton. (Vets): 1, B. Little (Bol) 56:37; 2, D. Tomlinson (Bol-O/45) 58:34; 3, J. Blackburn (O/45) 58:58. (O/50): F. Wilson (Liv. P) 60:52. (Women): C. Harkin (Bol) 63:23.

John Oultram Memorial '10', at Stoke. 1, R. O'Hara (Spark) 52:05 (disq); 2, M. J. Bishop (Staffs M) 52:38; 3, A. Heathcote (Macc) 53:55; 4, L. Gowland (Staffs M) 54:00; 5, M. Wraith (Shrew) 54:29; 6, M. Mountford (Staff) 54:34; 7, J. Davies (Newc-V) 54:39; 8, G. Bagnall (Newc-V) 54:57; 9, N. Boyle (Shrew-V) 55:16.

July 14th

Croydon International Open Meeting, at Bromley. 800: T. Brennan (S&C) 1:52.8. 3000: 1, M. Stock (Croy) 8:16.1; 2, G. Huckwell (Shaft) 8:16.9. TJ: S. Balment (Exe) 15.01. SP: 1, M. Smith (S'end) 15.23; 2, J. Hillier (Hill) 14.92; 3, K. Onuaguluchi (Bel) 14.57. DT: 1, Onuaguluchi 52.04; 2, Hillier 49.50; 3, M. Winch (B'ht) 46.88; 4, J. Moreland (High) 42.98. JT: P. Muspratt (Nun) 65.18. (Youths): 400: D. Swanborough (Bas) 51.8. (Colts): 100: Newbound (Whitgift) 12.6. (Women): 100: L. Draper (R&R) 12.3. 400: 1, S. Bailey (Bram) 55.1; 2, C. Dillimore (NZ) 55.6; 3, D. Warner (Rad) 57.2. 800: A. Bott (Wok) 2:11.7. 1500: 1, Z. Budd (AF&D) 4:10.0; 2, A. Hollington (Thur) 4:24.9; 3, E. Sloan (Hast-V) 4:48.4. 100H: 1, H. Ross (Bris) 14.0; 2, J. Brett (Ply) 14.3; 3, J. Vernon (Mit-V) 14.6; 4, J. Foster (Ply) 15.4. HJ: 1, L. Manning (S&C) 1.80; 2, L. Chilton (S'end) 1.65; 3, J. Harle (Ox. C) 1.65; 4, R. McCullough (NZ) 1.65; 5, J. Brown (Ash) 1.65. LJ: G. Regan (Car) 5.95. SP: 1, M. Lynes (Croy) 14.66; 2, I. Duffin 13.65; 3, J. Hilliard (Bel) 10.97. DT: 1, Hilliard 47.30; 2, S. Browne (Houn) 44.66; 3, Duffin 42.70. JT: Lynes 43.32. 4x100: Sutton & C 48.9.

Spennorth Open Meeting, at Cleckheaton. 100: J. Higgins (Man) 10.9. 400: 1, A. Medley (Spenn) 48.5; 2, M. Steele (Long) 49.2. HJ: R. Hope (Sale) 1.95. DT: 1, N. Crimmin (Spenn) 43.72; 2, W. Renshaw (Sheff) 43.72. JT: C. Johnson (Sale) 56.88. (Youths): PV: 1, D. Chalkley (Norm) 3.80; 2, A. Wake (Mor) 3.80; 3, R. Leonard (Mor) 3.50. (Boys): DT: L. Coolican (Leeds) 38.22. (Colts): 800: 1, D. Beach (Hynd) 2:13.3; 2, M. Sesay (Leeds) 2:14.4; 3, M. Walker (Ridd) 2:15.1. (Women): 100: D. Glazebrook (Wake) 21.1. 400: 1, A. Williams (Sale) 56.1; 2, L. Stirling (Stret) 56.3; 3, J. Wyard (Wake) 56.5. (Inters): DT: 1, J. Thornton (Long) 39.04; 2, J. Kellett (Spenn) 34:38.

Ellick Trophies Meeting, at Porstmouth. LJ: K. Oldham (Ports) 7.08. SP: (A): N. Gray (Fare) 15.13. (B): S. Wilson (Fare) 14.10. DT: Wilson 43.48. (Youths): LJ: P. Mayhead (Ports) 6.55. (Women): 100: (A): S. Larwood (Ports. A) 12.2. (B): A. Fudge (Ports. A) 12.1. 200: (A): Fudge 24.9. (B): Larwood 25.2. SP: B. Carter (Ports. A) 13.35. DT: 1, J. Curtis (S&E) 42.82; 2, Carter 40.20.

Northern Rock '10', at Morpeth. 1, R. Smedley (Bir) 49:06; 2, P. Campbell (Sun) 50:02; 3, A. Jenkins (Mor) 50:10; 4, C. Lees (Els) 51:29; 5, I. Haggan (Wash) 51:49; 6, H. Matthews (Els-V) 52:35. (Women): 1, P. McFarland (Clare) 61:56; 2, L. Malcolm 64:01; 3, J. Doyle (Clare) 65:19; 4, R. Stafford (Wash) 65:42.

Elmbridge '10K', at Walton-on-Thames. 1, M. Duff (WS&E-V) 31:38; 2, W. Foster (B'ht) 32:11; 3, K. Ainsworth (Liv) 32:22; 4, M. Harwood (AF&D) 33:10; 5, T. Watkins (Wok) 33:12; 6, E. Barbour (Brack) 33:15. (Vets): 1, Duff; 2, J. Froud (Wok) 34:44. (Women): 1eq, M & S. Samy (both Brack) 35:24.

Mitel Bristol Marathon. 1, M. Cowman (West) 2:24:26; 2, L. Davis (Glouc-V) 2:28:46; 3, R. Cornish (West) 2:31:21; 4, G. Gilbert (RN) 2:32:09; 5, R. Pannell (Bris-V) 2:32:43; 6, G. Patton (Mass. F-V) 2:34:23; 7, T. Leech (Win) 2:37:16; 8, T. Coleman (Win) 2:37:27; 9, D. Hart (Bris) 2:37:44; 10, G. Backhouse (Warm. S) 2:38:31; 11, M. Pickard (E&E) 2:39:40; 12, P. Neighbour (Swin) 2:40:58. (Vets O/50): 1, J. Dixon (Bris) 2:42:01; 2, T. Alpin (Ply) 2:44:26; 3, D. Davies 2:50:49; 4, J. Norton 2:57:57. (Women): 1, S. Rodwell (Phoe) 2:51:41; 2, A. Fletcher (Here) 2:57:31.

Mansfield Stars & Stripes Half Marathon. 1, A. Robertson (Glouc) 68:51; 2, P. Hall (Grant) 69:08; 3, D. Trickett (Hallam-V) 69:25; 4, N. Pedge (Army) 69:39; 5, M. Palmer (Notts-V) 69:41; 6, R. Leaf (Hallam) 69:48; 7, K. Angus (Sheff-V) 71:05; 8, J. Lake (C'field) 71:21; 9, G. Astill (Notts-V) 71:38; 10, J. Cook (Stain) 71:41; 11, P. Matchett (Long) 71:51; 12, A. Hawkins (S. in A-V) 71:59; 13, J. Wilcockson 72:01; 14, P. May (Stil) 72:16; 15, P. Wilkinson (Notts) 72:40.

New Forest '10'. 1, M. Gregory 50:20; 2, B. Dawkins 51:58; 3, J. Andrews 52:48; 4, T. Smith 52:50; 5, L. Slater 53:27; 6, A. Ewing 53:39. (Women): 1, S. Collier (Soton U) 58:49; 2, A. Gooderham (B'ht) 61:20.

Cliffe Woods '10', at Cliffe. 1, A. Irwin (Shep) 56:32; 2, R. Friend (Dart) 57:47. (Vets): A. Stratford (GEC) 61:43.

Southport Beach '10'. 1, P. Campbell (Bol) 52:38; 2, R. Shorrocks (B'burn) 53:10; 3, H. Clague (St. H) 53:33; 4, R. Gwilt (Sal) 53:58; 5, S. Connolly (Spring) 54:00.

Bradda Fell Race, Isle of Man. 1, D. Woodhead (Horw) 2:13:50; 2, A. Varley (Boun) 2:15:57; 3, S. Hull (Boun) 2:25:08; 4, K. Callister (Manx) 2:26:26. (Vets): M. Joughin (Boun) 2:44:35. (Women): S. Quirk (Manx) 2:53:51.

England v Romania Women's International

Brian Smyth reporting

Not A Match To Inspire The Public

HAVE YOU ever watched a jelly set? Well, with one or two individual exceptions, that is what the England versus Romania Women's International at Crystal Palace on September 14th could be likened to. It wasn't so much that the spectator attendance was poor, and I've been to worse, and it wasn't that the levels of performance were low, there were certainly some good showings, it was more to do with the structure of the meeting which was a far cry from the action-packed spectacles we are now becoming used to. A meeting in which there are long periods of nothing happening on the track is one which won't exactly set the senses tingling, but there were a number of occasions at Crystal Palace where this happened, with gaps of 15, 20, even 25 minutes between some events. It all added up to a meeting which failed to sparkle and one which could easily have been fitted into a lesser timespan.

This meeting also marked the end of WAAA fixtures at Crystal Palace. Honorary secretary Marea Hartman said during the afternoon that the venue was simply too big. The fixture was to be held in Birmingham, but with the track under repair that was out of the question, although in future the WAAA will be basing themselves at Birmingham for championships and internationals following the success there this year.

Some months ago this international had looked as though it might be a minor jewel in the crown of women's athletics this year, when it was announced that there *could* be a clash between Mary Slaney, Zola Budd, Marica Puica and Wendy Sly. This all fizzled out though with injury to Wendy, Mary having proved a number of times that she had the beating of them all and Zola deciding to end her season a week earlier. Puica was the only one on show at Crystal Palace and it brought comment from Miss Hartman that Zola now had a British passport and "wherever she may be, it's sad she didn't turn out to run here where she would have had good competition".

However, it must be remembered that Zola has run in most of the important fixtures this year, cross country and track, and had certainly had her fill of good competition in 1985. The net result was that Marica Puica, on the day, trotted round the 3000 in a solo, untroubled, 8:55.05, with kilometre splits of 2:55.52 and 3:00.29 (5:55.81). Carol Bradford and Jill Clarke, who led the following pack for much of the way, also found Elena Fidatov just too much for them at the finish. Romania performed well in the distance events with a one-two in the 1500 also, but England ran out winners in the final points stakes, being much stronger in the sprints, and to a certain extent holding their own well in the field.

That 1500 is worthy of a mention, not for the fact that it was a good win for Doina Melinte, but for the split times that were recorded — 77.50 (400), 2:32.13 (800) and 3:25.43 at the bell! It all played into Melinte's hands, who kicked at 300 to go for a 59.5 last lap and an easy win. Bridget Smyth finished fast too, and just failed to get second at the line.

There were clean sweeps for England in the 200 and 400, neither Georgina Oladapo (great bend running) or Kathy Cook looking like having any problems. Sybil Joseph ran well throughout that one lap and was rewarded with a pb of 52.52 in second. This is only her first serious season at the event having begun back in May with 55 seconds performances.

The best effort by a British field athlete was Joyce Oladapo's 6.75 winning long jump, proving that her 6.80 earlier in the season wasn't a fluke. Admittedly the Romanians do have better jumpers than those that were on show, but it was a good win all the same, and Mary Berkeley came close to making it a one-two with her lifetime best of 6.58. Romania got their own back to some extent with super 'packing' in the discus; 68 metres thrower Florenta Craciunescu leading that clean sweep with 64.40, although Judy Oakes led as good a showing as we could have expected with a pb of 52.96. Fatima Whitbread towered over an average javelin contest — and a tactical piece of planning, in switching the two relays around in the timetable, allowed England to finish the day with a win in the 4x100.

One of the most interesting events of the afternoon was the Apollo Javelin Challenge, a men's invitation event. It was an exercise involving the new range of javelins which is being introduced at the top level and the results were quite interesting. Apart from the distances being down on normal with Klaus Tafelmeier throwing 78.42 and Peter Yates 72.86, not to mention 86 metres man Matti Kiilunen's 71.74, it was noticeable that the flight of the implement has changed dramatically with many instances of the javelin plummeting downwards after reaching its maximum height. It did make for a greater percentage of valid throws with many actually 'sticking in', something which has been a rare sight in the past.

100: (—0.1m) 1, J. Andrews (E) 11.96; 2, S. Dolby (E) 12.11; 3, C. Rosioru (R) 12.13; 4, L. Stuart (E) 12.14; 5, D. Voinca (R) 12.31; 6, L. Militaru (R) 12.41. **200:** (—0.7m) 1, G. Oladapo (E) 23.88; 2, P. Beckford (E) 24.05; 3, L. Keough (E) 24.22; 4, Rosioru 24.28; 5, Militaru 24.99; 6,

BARNLEY ROAD RUNNERS present

BARNLEY MARATHON

SOUTH YORKSHIRE CHAMPIONSHIP

(Under AAA & WCC and RRA Laws)

SUNDAY, 24th NOVEMBER, 1985**START 11.30 a.m. — BARNLEY TOWN HALL**

Sponsored by: South Yorkshire County Council, Barnley Metropolitan Borough Council, The Barnley Chronicle, Royal Hotel.

Assisted by National Travelworld & Ron Hill Sports.

PRIZES MEN: 1 - 20 IND; VET O/40, 1 - 3; VET O/45, 1st, 2nd; VET O/50, 1st, 2nd; VET O/55, 1st; VET O/60, 1st; TEAMS, 1 - 3 (3 to score); S.Y.A.A. CHAMPIONSHIP 1 - 3, 1st SOUTH YORKSHIRE TEAM; S.Y.A.A. VETS CHAMPIONSHIP 1 - 3 LADIES: 1-6 IND; O/35, 1st, 2nd; O/40, 1st S.Y.A.A. CHAMPIONSHIP 1-3; 1st TEAM of 3 MEDALS TO ALL FINISHERS	CLOSING DATE 1st November ENTRY FEE £2 or £2.50 UNATTACHED INCLUDING TEAM ENTRY — CHEQUES/POs PAYABLE TO BARNLEY MARATHON COURSE Out and back, undulating to Bolton-on-Dearne. Accurately measured to RRC standards. Mile markers - split times. CHANGING Barnley College of Technology, Church Street, Barnley 200 yds from Start TRAVEL DIRECTIONS Leave M1 at Junction 37 and follow the signs for Barnley Town Centre
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All runners must enter individually. All entries must be on either official race or AAA forms. No entry will be accepted unless accompanied by the entry fee. No entry will be accepted after the closing date.

There will be a cut-off time at 20 miles of 3 hours. Anyone not reaching 20 miles in 3 hours or under will be asked to drop out and get on the back-up bus. Time limit on the race will be 4 hours 15 minutes. **ENTRIES LIMITED TO 1,000.**

First Male: 2 trips to Rotterdam Marathon
First Female: 1 trip to Rotterdam Marathon

National Travelworld

ENTRIES TO: P. GLEDHILL, 9 RICHARD ROAD, DARTON, BARNLEY, SOUTH YORKSHIRE ENCLOSING S.A.E. 10" x 8" FOR RETURN OF NUMBER AND DETAILS (WHICH WILL BE DESPATCHED AFTER CLOSING DATE).

SURNAME/FAMILY NAME (BLOCK CAPITALS PLEASE)

FIRST NAME (in full) DATE OF BIRTH

ADDRESS

TOWN

COUNTY POSTCODE

DAYTIME TELEPHONE HOME TELEPHONE



British Association of Road Races

CLUB/A.A. REGISTRATION NO.:

VETERANS (delete as appropriate)

MEN: O/40 O/45 O/50 O/55 O/60 WOMEN O/35 O/40

I declare that I am an amateur as stated in the A.A.A. and W.C.C.A. laws and will abide by their rules and any other conditions set by the organisers, and certify that I am medically fit to run a marathon. Furthermore, I agree that the organisers will not be held liable for any injury, illness, or loss, however occasioned, resulting from the event.

SIGNATURE _____ DATE _____

ATTENTION BARNLEY ROAD RUNNERS MEMBERS! IF YOU ARE RUNNING WOULD YOU PLEASE NOMINATE SOMEONE TO HELP IN YOUR PLACE. ENTER NAME AND ADDRESS BELOW:

NAME _____ ADDRESS _____



Jayne Andrews (1) and Sharon Dolby (2) lead home Corina Rosioru and Louise Stuart (far side) in the 100m. As is characteristic of proud Yorkshire folk, Louise — the British Junior athlete of 1985 — would like it known that although she is a member of Middlesbrough & Cleveland Harriers, she was born, and has lived all her life, in Stokesley, in the north of the white rose county.

Mark Shearman

Voinea 25.44. B Race: (—1.90m) 1, Stuart 24.43; 2, H. Clements 24.75; 3, C. Dawkins 25.31. **400:** 1, K. Cook (E) 51.91; 2, S. Joseph (E) 52.52; 3, A. Piggford (E) 53.56; 4, M. Rachieru (R) 53.85; 5, E. Lina (R) 53.86; 6, M. Samungi (R) 54.39. **800:** 1, C. Boxer (E) 2:00.80; 2, M. Junghiatu (R) 2:01.59; 3, D. Edwards (E) 2:02.00; 4, A. Padurean (R) 2:05.68; 5, H. Thorpe (E) 2:05.68; 6, V. Beclea (R) 2:05.97. **1500:** 1, D. Melinte (R) 4:24.91; 2, M. Keseg (R) 4:26.27; 3, B. Smyth (E) 4:26.31; 4, M. Ghile (R) 4:26.98; 5, J. Loughton (E) 4:28.18; 6, G. Settle (E) 4:28.39. **3000:** 1, M. Puica (R) 8:55.05; 2, E. Fidatov (R) 9:04.37; 3, D. Peel (E) 9:05.32; 4, C. Bradford (E) 9:06.64; 5, I. Besliu (R) 9:11.27; 6, J. Clarke (E) 9:16.84. **100H:** (—1.6m) 1, M. Pogacean (R) 13.54; 2, L. Nastase (R) 13.71; 3, J. Simpson (E) 13.80; 4, K. Hagger (E) 13.92; 5, W. Jeal (E) 13.93; 6, F. Neder (R) 14.70. **400H:** 1, C. Cojocaru (R) 56.22; 2, N. Vornicu (R) 57.40; 3, S. Chick (E) 58.15; 4, C. Dawkins (E) 58.28; 5, A. Mills (E) 58.48; 6, A. Draghia (R) 60.24.

HJ: 1, A. Cording (E) 1.83; 2, G. Astafei (R) 1.83; 3, J. Jennings (E) 1.80; 4, G. Mihalcea (R) 1.80; 5, G. Evans (E) 1.80; 6, L. Nastase (R) 1.60. **LJ:** 1, J. Oladapo (E) 6.75; 2, Nastase 6.58; 3, M. Berkeley (E) 6.58; 4, M. Ilcu (R) 6.52; 5, S. Bowie

(E) 6.22; 6, G. Ghiroaie (R) 6.05. **SP:** 1, M. Loghini (R) 19.99; 2, J. Oakes (E) 17.42; 3, L. Simon (R) 17.17; 4, M. Auger (E) 16.49; 5, M. Lengyel (R) 16.06; 6, Y. Hanson-Nortey (E) 15.42. **DT:** 1, F. Craciunescu (R) 64.40; 2, D. Costian (R) 62.74; 3, Lengyel 62.44; 4, Oakes 52.96; 5, J. Avis (E) 52.56; 6, K. Pugh (E) 50.38. **JT:** 1, F. Whitbread (E) 68.94; 2, E. Raduly-Zorgo (R) 55.48; 3, S. Gibson (E) 55.20; 4, A. Lockton (E) 53.28; 5, C. Ivan (R) 52.04; 6, Mihalcea 45.24. **4x100:** 1, England 44.84; 2, England 'B' 45.88; Romania (46.02) disq. **4x400:** 1, Romania 3:31.93; 2, England (Piggford, Edwards, Cook, Keough) 3:33.23; 3, UK Juniors (G. Honley, L. Robinson, M. Cooney, L. Hall) 3:42.53.

Team scores: England 153½; Romania 145½.

Euro Junior 800: 1, B. Nicholson 2:08.56; 2, P. Mason 2:09.24; 3, S. Davenport 2:12.10; 4, M. Faherty 2:12.39; 5, A. Reason 2:12.53; 6, S. Cundy 2:14.15.

Men's Invitation Javelin. 1, K. Tafelmeier (FRG) 78.42; 2, P. Yates 72.86; 3, M. Kiilunen (Fin) 71.74; 4, C. MacKenzie 68.48; 5, D. Messom 66.40; 6, M. Humphries 65.86; 7, C. Crutchley 65.58.

NOTTS A.C. NOTTS 10

(Under A.A.A. and W.C.C.A. rules)

Inc. Notts A.A.A. & Notts W.A.A.A.
10M Champs

Assisted by



SUNDAY 27th OCTOBER 2.00 pm

Harvey Hadden Stadium, Bilboro, Nott'm.

Entry Fee: 50p — £1 Unattached.

To: M. Robinson, 156 Polperro Way, Hucknall, Notts
NG15 6JW. by 13th Oct. S.A.E. for directions.

REDHILL & REIGATE A.C.

PRIORY RELAYS

SATURDAY, 2nd NOVEMBER, 1985

(Under AAA & WAAA Laws)

1.00 pm — Sen Ladies 3x2½ miles.

2.00 pm — Sen Men 6x2½ miles

Entry Fees: Ladies — £3.00 per team

Men — £4.00 per team.

Entries to: Mr. I. Trevett, 44 Sandcross Lane,
Woodhatch, Reigate, Surrey. (Rei. 44993) by 19th
October, 1985. S.A.E. for ack. Team declaration
required.

17,000 Women In Nike Charity Runs

IT HAS been apparent for some time that a great number of 'non-elite' female runners and even female non-runners(!) were not catered for specifically in the manner that the male running population has been during the running boom.

Last year, Nike, in conjunction with *Woman's Own*, launched by far the biggest women-only running series in Britain. Over 30 venues produced more than 17,000 entrants, raising in the process £180,000 for Save The Children Fund. Such was the success of the series, both Nike and *Woman's Own* felt obliged to repeat the exercise, and on September 8th, at 32 venues (the Northern Ireland event was held the day before), the 1985 Nike/*Woman's Own* series took place.

A staggering 28,000-plus entries were received this year, from mainly non-racing women. The whole philosophy of the event, which is to cater for those women who wish to run for fitness and health rather than competition, was borne out by the friendly atmosphere and general good time enjoyed by the participants.

Inevitably, there will be a good number of these fun runners who will progress very quickly in more competitive events. The number of new recruits to clubs from last year's series ran into hundreds. There were, of course, a lot of club runners taking part, but they entered into the spirit of the events and were extremely supportive of the less experienced women.

Based on the £180,000 which was raised for Save The Children Fund from the 17,000 entrants last year, the organisers are expecting a figure in

excess of £300,000 from the 28,000 entrants for the same charity this year.

A great number of the venues had local and national stars lending their support. Chris Benning at Winchester, the Toobys at Newport, Lawrie Spence at Greenock, Julie Barleycorn at Horsham and many others.

Charlie Spedding was the star attraction at Darlington and rather foolishly offered to 'sell' his autograph at 10p a go; the money of course going to the charity. Latest bulletins are that he should regain use of his hand by the time he runs in the Commonwealth Games!

Many venues made it a family day out by having mini events for kids; one even had a barbecue. John Walker at Birmingham had the full set — Women's 10km, Men's 10km (won by Bob O'Hara in 30:20) and a 2½ miles run for kids.

The biggest event was of course in London, organised by the London Road Runners Club, where over 4000 entries were received. The smallest was at Anglesey, but in terms of the percentage of the female population running, it was probably the biggest.

It is fairly certain that this series is now the biggest running event for women-only in the world. In view of the money raised for charity, one can only hope it goes from strength to strength. One comment made was that the charitable aspect of the series together with the fun and family element made it a great showcase for the absolute grass roots of the sport.



Quite what Charlie Spedding is going to do with the gun isn't clear; but if your name is Treacy or Jones I'd watch out. Seriously, though, the Olympic bronze medallist lent his popular support wholeheartedly to the Nike/*Woman's Own* '10K' at Darlington, in a venture which could raise half a million pounds for Save The Children Fund in two years.

'Ultra' News

From Andy Milroy

Fordyce Makes It Five 'Comrades' In A Row

THE 60th **Comrades Marathon** from **Durban to Pietermaritzburg** was won, as expected, by Bruce Fordyce in 5:37:01 for the fifth time. His win wasn't as easy as expected, however, and he had to have medical attention afterwards. Hoseah Tjale, fourth last year, was in the leading group for much of the race, and led until 17 miles from the finish. He finished second in 5:42:40. Derek Tivers was third (5:53:53). The first woman was Helen Lucre in 6:53:24. Bruce found that the race took quite a lot out of him and that he took longer than normal to recover, physically and mentally. For this reason he has decided to take a break from racing for some months and has dropped plans to run in the Chicago 50M/100km in October.

Recently I mentioned that Biel in Switzerland is the largest 100km race in the world with 3892 entrants. This year over twice that number completed the 88.6km/55.1M of the Comrades — 8197. This was over a thousand up on last year's figure. 1980 was the first year that over 3000 runners tackled the event, and since 1982 each year has brought considerable increase.

Ultramarathons in Asia are few and far between, apart from those held in Hong Kong. Nearly 30 years ago Bob Pape set a world best for 30 miles there. More recently, an annual 33M/53km has been held, between **Stanley and Shau Tau Kok** over a hilly course. The tenth edition of this race was held in April and was won by Alastair McManus in 3:43:57, a course record.

Last year, at the **Apeldoorn 24 Hours Road Race** in Holland, Wolfgang Schwerk set a West German best of over 157 miles. This year, on May 17th & 18th, it was the women's turn. Waltraud Reisert set a West German best of 202.511km/125M 1468yd. The race was won by Dutchman Bernhard Schoneck with 236.001km/146M 1133yd.

Two of the most famous (or notorious) trail races in the United States are 100 milers — the **Old Dominion Endurance Run** in the east, and the **Western States** in the west. The Old Dominion is held near **Front Royal, Virginia**, and goes through the Shenandoah National Park and the George Washington National Forest. This year's race was held on **June 8th**, and was won in a new course record of 17:11:46 by Steve Warshawer. Second placed Ed Foley also broke the old course record.

A month later, on the other side of the continent, Warshawer lined up for the **Western States** — from **Squaw Valley to Auburn, California**. This year the course had been lengthened to make it 100 miles — a fanatical course measurer on a trail bike had proved the previous course short! The holder of the old

course record, Jim King, was equal to the longer version, and won by 46 minutes. His time was 16:02:44, with Jim Pellon second in 16:48:31 and Warshawer third in 16:51:36. First lady was Teri Gerber in 20:30:03. Three Britons tackled the race — Martyn Greaves, winner of last year's Burroughs '80', finished 30th in 21:34:36, Richard Crane 65th in 23:16:07, with Bob Hamilton close behind (68th) in 23:19:20.

The oldest Six Days race in the world — **Pennsauken, New Jersey** — took place from **June 23rd-29th**. Stu Mittleman and Trischul Cherns entered the race but were to withdraw within the first two days. The race was eventually won by Bill Schultz with 404 miles. The only woman was Myra Linden, who set a new O/50 world best with 332.5 miles.

At the end of June, 500 miles north of the Arctic Circle, the most northerly 'ultra' in the world, the **Midnight Sun Ultramarathon**, is held at **Nanisivik, Baffin Island, Canada**. The course of 52.4 miles, involving 6000 feet of climb on a smooth, crushed rock road, goes from Nanisivik to Arctic Bay and back. All the competitors flew



ELEANOR ADAMS

Richard Kemp

into Nanisivik on one plane, having met up at Toronto Airport, and this year's winner was Bob McGee of Ontario in 7:31:57.

The first **24 Hours Race** to be held in Norway took place at **Honefoss** on **July 20/21st**. Experienced ultra distance runner Bertil Jarlaker won with 217.900km/135M 698yd, a Swedish best, with Thorleif Rekkebo of Norway setting a national best of 205.200km/127M 889yd.

The **Nottingham Six Days Race** at the **Harvey Hadden Stadium** got off to a good start when Eleanor Adams won the 24 hours race held at the same time in a new world best of 223.2km/138M 1214yd (subject to the usual checks of course). Eleanor's run took place on **August 4th/5th**. In the longer event Alan Fairbrother went to the front and stayed there, accumulating a reported 475M 1097yd. The first lady was the 61-year-old Frenchwoman Francoise Lamothe, who produced the best performance ever by any woman over 60 (and over 50 for that matter), when she covered 402M 1582yd.

Woodford to Southend '40' (July 27th). 1, C. Woodward (Leam) 4:14:17; 2, M. Pickard (E&E) 4:19:19; 3, T. Glare (W'stock) 4:24:20 (approx.); 4, L. Taylor (Camb. H) 4:31:13; 5, P. Taylor (W'stock) 4:32:59. (Women): H. Walker (Serp) 5:36:09.

JUDITH GOODSSELL

I was very saddened to read of the untimely death of Judith Goodsell and my heart goes out to Peter in losing the wife who has been his inseparable companion for such a long time. They have been my friends for many years, since Peter and I both ran for Walton AC in the early 1950s. It is now just 30 years since I cycled as Peter's attendant in the London to Brighton road race and then in 1963, when I tried my hand at one of the mass 50 miles walks, Peter cycled as my attendant in the Dover to Maidstone walk. In 1964 this was changed to the Margate to Maidstone walk and both Judith and Peter came by car for the next three years encouraging me to finish comfortably on each occasion. When one was depressed at 4 or 5am on a cold morning (the walks started at midnight), their experience in keeping me going was invaluable.

Judith's work for the Road Runners Club as their registrar has been outstanding and she will be hard to replace.

Terry Dooris

We have been requested to point out that entry forms for the Victory '5' at Portsmouth on December 14th ('AW', Sept. 21st, pg. 48) must be obtained from Gerry North before entering and the unattained entry fee is **£1.50** and not as stated.

AUTUMN BEST BUYS

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	7-12	£32.95	£31.50
ADIDAS WEB	6-11	£34.99	£32.50
ADIDAS LADY OREGON	4 1/2-7	£33.99	£31.50
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	6-6 1/2	£32.95	£28.95
REEBOK LEATHER CLASSIC	7-10 1/2	£39.95	£35.95
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NEW REEBOK WILD COUNTRY			
Spike	5-5 1/2	£25.95	£24.95
	6-12	£29.95	£28.50
NEW REEBOK WILD COUNTRY			
Shoes	5-5 1/2	£25.95	£24.95
	6-12	£29.95	£28.50
ADIDAS X COUNTRY Spike	6-11	£29.99	£26.99
VICTORY GT1 Goretex Lined	7-10	£44.95	£39.95
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Bottoms (Black or Navy)			
NIKE WINDRUNNER Jackets		S.M.L.	£19.50
(Navy) silver or Charcoal/silver)			
Trousers (Grey, Royal, Navy)		S.M.L.XL.	£11.25
NIKE LOGO Crew Tops		MB.LB.	£10.50
(Royal, Navy)		XS.S.M.L.XL.	£14.25
Trousers (Royal, Navy)		XS.S.M.L.XL.	£14.99

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NIKE ODYSSEY	8 1/2	£59.95	£42.95
NIKE PEGASUS	3 1/2-4 1/2	£30.50	£24.95
NIKE TERRA TRAINER	9 1/2	£44.95	£37.95
BROOKS X COUNTRY	6 1/2, 7	£29.95	£19.95
HI-TEC INVADER	7, 10, 10 1/2	£28.99	£23.99
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Results From Scotland

SWAAA AGE-GROUP CHAMPIONSHIPS

At Grangemouth, July 13th/14th

Euro Juniors — 100: (—1.26m) A. Currie (Stew) 12.6. 200: (+3.75m) 1, P. Clark (EAC) 24.8; 2, A. Thomson (Fife S) 25.0; 3, Currie 25.3; 4, H. Aird 25.4. 400: 1, Clark 55.5; 2, J. Duffin (Dund) 57.2; 3, L. Purdie (EAC) 57.3; 4, J. Ridley (Glas) 57.3; 5, Thomson 58.1; 6, Aird 59.2 (58.1 ht). 800: 1, Purdie 2:13.0; 2, G. Macdonald (Glas) 2:13.2. 1500: Macdonald 4:32.8. 3000: C. Devlin (VP) 10:49.4. 100H: (—2.63m) 1, A. Brown (Nith) 15.3; 2, E. Gordon (Ayr S) 15.6. 400H: 1, A. Brown 62.8; 2, A. McDiarmid (Glas) 67.4; 3, P. Cooper (Leigh) 67.9. HJ: 1, J. Barnetson (I'ness) 1.80; 2, T. Brown (Pit) 1.65. LJ: 1, Barnetson 5.56; 2, J. Ainslie (ESH) 5.55; 3, V. Andrews (ESH) 5.35. SP: 1, M. Anderson (EAC) 14.40; 2, A. Kane (N. Down) 11.96; 3, C. Smillie (Cen. R) 11.12. DT: 1, Kane 42.72; 2, Anderson 40.80. JT: 1, Anderson 45.90; 2, Kane 38.24; 3, J. Currie (Shett) 37.44; 4, N. Bruce (Pit) 33.70.

Inters — 100: (—1.94m) 1, J. Booth (Cen. R) 12.5; 2, J. More (ESH) 12.7 (12.6 ht); 3, R. Fleck (Glas) 12.7. 200: (+4.22m) 1, Booth 25.1; 2, More 25.2; 3, A. McGillivray (Shett) 25.4; 4, Fleck 25.4. 400: L. Rankin (VP) 57.3. 800: H. McHenry (VP) 2:16.7. 1500: 1, F. Hillan (L&L) 4:41.7; 2, L. Craigs (ESH) 4:43.2. 80H: (—2.77m) 1, A. Glasgow (ESH) 12.0; 2, E. Dempsey (Colz) 12.0. 100H: (—2.34m) S. McKinlay (Pit) 15.7. 200H: (+3.58m) 1, Glasgow 28.6; 2, J. Douglas (ESH) 28.9; 3, McKinlay 29.0; 4, S. Oxley (Pit) 30.2; 5, Y. Liddle (EAC) 30.8. 400H: Douglas 66.3. HJ: 1, C. Henderson (Arb) 1.75; 2, N. Murray (Glas) 1.65. LJ: 1, N. Barr (Cen. R) 5.62; 3, H. Wills (Cen. R) 5.37; 3, Murray 5.34. SP: 1, A. Morris (Pit) 12.12; 2, A. Sinclair (Shett) 11.34; 3, A. Moffitt (N. Down) 10.76. DT: 1, S. McIntosh (ESH) 35.32; 2, Moffitt 35.14; 3, Morris 33.30. JT: 1, Moffitt 39.98; 2, D. Sutherland (ESH) 35.50.

Sutton and Cheam Harriers CROSS-COUNTRY RELAY MEETING

(Under ECCU & WCCA Laws)

SAT., 16th NOVEMBER, 1985, 11.00 a.m.

Carshalton Park, Sutton, Sy.

Vets, Snr & Jnr Men 3 laps of relay course (3 miles)

U/11 Girls Race over relay course (1 mile)

U/11 Boys Race over relay course (1 mile)

Young Athletes Relay 4 x 1 miles

(Boy/Colt/Colt/Boy)

Jnr & Minor Girls Relay 4 x 1 mile

(Jnr/Minor/Minor/Jnr)

Youths Relay 4 x 1 mile

Inter & Snr Ladies Relay 4 x 1 mile

Entries to: Mrs. P. Brennan, 74 The Crescent, Belmont, Sutton, Sy SM2 7BS (Tel 01-642-6280) with SAE. Entry fees £1.50 per team in relays, 30p for ind races. Closing date 2nd Nov.



PAT CLARK

John Scott

Juniors — 100: (—2.76m) R. Stevenson (Glas) 12.9 (12.8 ht). 200: (+5.24m) 1, Stevenson 25.4; 2, E. Lindsay (Lochaber) 25.4; 3, L. Herrington (Banch) 26.1; 4, D. Knox (M&C) 26.2. 800: H. Haining (Nith) 2:19.8. 1500: V. Husband (ESH) 4:44.0. 75H: (—2.70m) 1, E. Johnson (I'ness) 11.5; 2, C. Mackintosh (Glas) 11.7; 3, M. McGuinness (Colz) 11.8; 4, A. McGregor (Shett) 12.1; L. McCulloch (Pit) 12.1 in hts. HJ: Lindsay 1.64. LJ: 1, McGregor 5.20; 2, M. Tullin (Dumb) 5.19; 3, F. Silver (Dund) 5.18. SP: 1, L. Kane (N. Down) 11.54; 2, A. Rhodie (Shett) 11.34; 3, L. Aitchison (ESH) 10.26. DT: 1, Kane 33.78; 2, L. Burt (Shett) 29.06. JT: 1, N. Emblem (EAC) 39.48; 2, Kane 33.16; 3, Burt 31.42. **Girls** — 100: (—2.02m) A. Edmonds (I'ness) 13.4 (13.3 ht). 200: (+6.50m) V. Friel (Colz) 27.4. 800: D. Simpson (A'deen) 2:27.9. 70H: (—3.16m) S. Glass (ESH) 12.6 (12.5 ht). LJ: L. Dodd (Shett) 4.53. SP: 1, A. Grey (EAC) 9.88; 2, L. Dobie (ESH) 9.24. DT/JT: Grey 26.06/23.14.

SCOTTISH WOMEN'S LEAGUE

September 1st

Division One, at Grangemouth

Edinburgh Woollen Mill Southern 583½;
McLaren Glasgow 540; Monklands Shettleston
519; Aberdeen 330; Pitreavie 330; Central Region
318½.

100: (+5.13m) 1, K. Jeffrey (ESH) 11.9; 2, C.

Boyle (Shett) 11.9; 3, L. Gray (Cen. R) 12.3. 200: (+2.74m) Jeffrey 24.7. 400: A. Reid (ESH) 57.3. 800: G. Macdonald (Glas) 2:11.9. 3000: 1, M. Robertson (ESH) 9:51.6; 2, E. Turner (Glas) 10:00.2. 100H: A — (+1.89m) 1, Boyle 14.4; 2, C. Reid (ESH) 14.6; 3, R. McLeod (Glas) 15.3; B — (+3.26m) J. Ainslie (ESH) 14.9. 400H: A — 1, C. Smith (Pit) 63.0; 2, J. Douglas (ESH) 63.0; B — A. Hodgson (ESH) 64.1. HJ: A — 1, R. Pinkerton (Glas) 1.73; 2, Ainslie 1.70; 3, T. Brown (Pit) 1.65; B — N. Murray (Glas) 1.65. LJ: McLeod 5.85. SP: A — 1, L. Marshall (Glas) 12.97; 2, K. Lynch (ESH) 10.78; 3, C. Smillie (Cen. R) 10.78; B — M. Murphy (Glas) 11.20. DT: A — 1, C. Cameron (Glas) 42.82; 2, Lynch 39.28; 3, D. Lewthwaite (Shett) 35.78; 4, A. Morris (Pit) 35.62; B — 1, C. Shaw (Pit) 35.28; 2, A. Hammerton (Shett) 35.06. 4×100: Edinburgh Woollen Mill Southern 48.7. 4×400: McLaren Glasgow 3:59.4.

Inters — 100: A — (+5.56m) 1, K. Hogg (ESH) 12.0; 2, A. McGillivray (Shett) 12.1; 3, L. Fleck (Glas) 12.2; 4, K. Madigan (A'deen) 12.4; 5, N. Barr (Cen. R) 12.5; B — (+2.92m) J. More (ESH) 12.4. 200: A — (+2.72m) 1, McGillivray 24.8; 2, J. Douglas (ESH) 24.9; 3, Fleck 25.5; 4, Madigan 25.6; B — (+4.20m) More 25.5. 80H: (+1.79m) A. Glasgow (ESH) 11.7. LJ: Barr 5.35. SP: A — 1, A. Morris (Pit) 11.71; 2, A. Sinclair (Shett) 11.20; B — A. Shepherd (Pit) 10.59. 4×100: 1, Edinburgh Woollen Mill Southern 48.4; 2, Monklands Shettleston 50.5.

Juniors — 100: (+4.02m) 1, R. Stevenson (Glas) 12.6; 2, S. McParland (Shett) 12.6; 3, S. Crawford (Cen. R) 12.7. 200: (+2.24m) Stevenson 25.8. 75H/LJ: A. McGregor (Shett) 11.9 (+4.50m)/5.15. SP: 1, A. Rhodie (Shett) 11.67; 2, L. Winter (Pit) 10.66. DT: Winter 30.12. 4×100: 1, Edinburgh Woollen Mill Southern 51.9; 2, McLaren Glasgow 52.0. **Girls** — 70H: A — (+4.75m) 1, A. Black (Shett) 11.8; 2, S. Glass (ESH) 11.8; B — J. Sharp (ESH) 12.0. 4×100: 1, McLaren Glasgow 54.6; 2, Monklands Shettleston 54.9.

Division Two, at Inverness

Edinburgh AC 548; Colzium 499; Inverness 465; Victoria Park 409; Ayr Seaforth 372; Perth Strathay 296.

3000: K. McLeod (EAC) 9:56.0. DT: S. Freebairn (Colz) 36.42. JT: I. Donaldson (Colz) 41.78. **Inters** — 100: L. Wilson (I'ness) 12.5. 80H: E. Dempsey (Colz) 12.0. **Juniors** — 75H: 1, E. Johnson (I'ness) 11.6; 2, M. McGuinness (Colz) 11.8. JT: N. Emblem (EAC) 34.40. **Girls** — 100/200: A. Edmonds (I'ness) 12.9/27.1. 70H/SP: A. Grey (EAC) 12.1/10.30.

MONKLANDS SCOTTISH WOMEN'S CUP FINAL

At Coatbridge, September 8th

Edinburgh Woollen Mill Southern 29; Monklands Shettleston 26; McLaren Glasgow 22;

Scottish correspondent **David Cooney** has asked us to re-iterate the fact that his address and telephone numbers are 15 Dunure Drive, Earnock, Hamilton and Blantyre 827908. Race secretaries are urged to contact David directly with their results.

Colzium 19; Edinburgh AC 16; Central Region 13; Pitreavie 10½; Tayside 3½; Kilbarchan 1; Arbroath 1; Falkirk Victoria 1.

Seniors — 3000: 1, J. Lorden (ESH) 9:48.9; 2, P. Rother (EAC) 9:49.9. 100H: (—2.56m) C. Reid (ESH) 15.0. 400H: E. McLaughlin (ESH) 60.2. HJ: J. Ainslie (ESH) 1.65. LJ: 1, Ainslie 5.56; 2, G. Provan (Glas) 5.52. SP: 1, M. Murphy (Glas) 11.55; 2, C. Smillie (Cen. R) 11.21; 3, S. Freebairn (Colz) 11.01; 4, A. Shepherd (Pit) 10.90; 5, K. Lynch (ESH) 10.81. DT: 1, Lynch 40.72; 2, Freebairn 37.64; 3, M. Ingram (Glas) 35.34; 4, D. Lewthwaite (Shett) 34.12. JT: 1, I. Donaldson (Colz) 41.26; 2, D. Bennett (Shett) 40.16. 4×400: Edinburgh Woollen Mill Southern 3:47.8. **Teams:** 1, Edinburgh Woollen Mill Southern 119; 2, McLaren Glasgow 94; 3, Central Region 70.

Inters — 200H: (—0.87m) A. Glasgow (ESH) 30.3. LJ: 1, N. Barr (Cen. R) 5.43; 2, N. Murray (Glas) 5.39. SP: 1, A. Sinclair (Shett) 11.29; 2, S. McIntosh (ESH) 10.28. DT: 1, A. Hammerton (Shett) 33.56; 2, McIntosh 32.88. 4×100: 1, Monklands Shettleston 50.1; 2, McLaren Glasgow 50.3. **Teams:** 1, Edinburgh Woollen Mill Southern 93; 2, Monklands Shettleston 89; 3, McLaren Glasgow 85.

Juniors — 75H: (—1.09m) 1, A. McGregor (Shett) 11.9; 2, M. McGuinness (Colz) 11.9. LJ: McGregor 5.26. SP: 1, L. Winter (Pit) 11.39; 2, A. Rhodie (Shett) 11.06. JT: 1, N. Emblem (EAC) 36.10; 2, L. Burt (Shett) 34.38. 4×100: 1, McLaren Glasgow 51.5; 2, Colzium 51.9; 3, Edinburgh Woollen Mill Southern 51.9. **Teams:** 1, McLaren Glasgow 67; 2, Monklands Shettleston 58; 3, Colzium 56. **Girls** — 70H: (—1.69m) 1, S. Glass (ESH) 12.2; 2, A. Black (Shett) 12.2. SP/DT: A. Grey (EAC) 10.03/24.00. **Teams:** 1, Monklands Shettleston 57½; 2, Edinburgh Woollen Mill Southern 56½; 3, Colzium 55.

Road Race Results

Monklands Half Marathon (August 18th). 1, J. Brown (Moth) 69:16; 2, N. Agnew (Monk) 72:36; 3, J. Robertson (Cam) 73:11; 4, T. Walker 73:32; 5, D. Fairweather (Law-V) 73:45; 6, P. Taylor 74:13; 7, I. Loudon 74:33; 8, T. Moore (Monk) 75:06.

Marymass '6', at Irvine (August 21st). 1, E. Stewart (Cam) 30:40; 2, P. Fleming (Bella) 30:43; 3, J. Thomson (Ayr S) 32:19; 4, G. Wight (Ayr S) 32:38; 5, G. Tenney (Linwood) 32:45. **Vets** — F. Bryson (Bella) 34:32. **O/50** — W. Marshall (Moth) 35:53. **Women** — S. Branney (VP).

Lugano Cup/Eschborn Trophy Preview

By Colin Young

The World's Best Flock To Douglas

THE CURRENT Olympic and world champion, Ernesto Canto, and the 1983 Lugano winner, Josef Pribilinec, will again be in the forefront of things over 20km, but will have plenty of opposition from Moscow Olympic champion Maurizio Damilano, current European title holder Jose Marin, and the new sensation Quiberon Moreno. Home fans will be hoping Ian McCombie will be making his presence felt with men such as the Soviets, Victor Mostovik, recent winner of the World Student Games and current USSR champion, plus Anatoly Gorskov and Sergei Protisin, and the GDR trio of Roland Wieser, Ralf Kowalsky, and Werner Heyer. The Commonwealth should be well represented by Dave Smith and Guillaume Leblanc, while surprises could come from men such as Jan Klos, Carlo Mattioli, Pavol Blazek, Roman Mrazek, Francisco Vargas and Marcellino Colin.

At 50km, the battle between 1984 Olympic and current Lugano champion Raul Gonzalez and the GDR duo of Ron Weigel, reigning world champion, and Hartwig Gauder, Moscow Olympic champion, should be a fascinating one. However, the surprise of the race could be Andrei Perlov, the 24-year-old who is improving rapidly and won the USSR title so impressively. A

IAN McCOMBIE'S UK
20KM TRACK RECORD

With scant regard to the warm conditions that blessed the Southwark track on Sunday, July 7th, Ian McCombie stormed round the 50 laps to take exactly two minutes off the Steve Barry record set at Brighton four years ago. The Cambridge Harrier put together 5km splits of 20:45, 20:56, 21:14 and 21:27, finishing off in grand style with a 96 seconds final 400m, during which he lapped third placed Martin Rush for the second time. Ian also beat the fine track record of 84:40 set by Jose Marin in the Lugano Cup Semi-Final two years ago.

Certainly based on his form shown on this particular day and his impressive racing at various distances this year, the current British 10 miles and 20km champion looks capable of being with the world's very best when he faces his biggest test of the year in Douglas this weekend. All his fans will hope the popular Cambridge Harrier will surpass his previous efforts on the Isle of Man and recall the glory days of Vickers, Matthews and Nihill.

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favourite with British fans, Jordi Llopart, and fellow countryman and stylist Manuel Alcalde, should show well, together with Pavol Sykora, Bo Gustavsson, Dietmar Meisch and the American pair, Marco Evoniuk and Carl Scheuler. Italy will be relying on the experience of Sandro Bellucci and the exciting and very popular Raffaello Ducceschi, while Evgeniy Yevsyukov, better known at 20km, could use his outstanding speed to good advantage. Mexicans Martin Bermudez and Pedro Aroche will be hoping that on this occasion they will not trouble the judges and put their Bergen misfortune behind them.

The Chinese versus USSR confrontation should be the highlight of the women's 10km with Xu Yong Jiu, Ping Quan, and Wang Yu against Vera Osipova, Olga Kristop and Grigoryeva. Those with the best chance of preventing a two nation domination are Ann Jansson, Monica Gunnarsson, Ann Peel, Sue Cook, Italians Giuliana Salce, Maria Cogoli, and Antonella Marangoni, Maryanne Torrelas, and rapidly improving Dana Vavracova. The brilliant young Spaniards, Maria Cruz Diaz and Reyes Sobrino, joint winners in the European Junior Championships, should handle the longer distance and perform very honourably.

[Colin Young will be in Douglas and his report should appear in our October 12th issue]

World Cup Preview

Whitbread v Felke Could Be The Highlight

ONLY two Britons — Fatima Whitbread and late choice Dave Ottley — will be making the long journey to Canberra for the fourth edition of the IAAF's World Cup in Canberra from October 4th to 6th. Derek Redmond (400), Seb Coe (800), Steve Cram (1500) and Kathy Cook (4x400) turned down their invitations to compete for the Europe team, as did such other standouts as Alberto Cova, who was named for both 5000 and 10,000, and Ingrid Kristiansen (10,000) — both of whom will be marathon racing in the USA later in October. The much weakened Europe team will be hard pressed to emulate the men's victory and women's runner-up position at the previous World Cup in Rome four years ago.

The indifference shown by so many of the world's greatest athletes is symptomatic of the World Cup's devaluation. On the three previous occasions it has represented a natural peak to the season, but this year, with the emphasis on another IAAF initiative, the Grand Prix, the World Cup has come much too late in the season to be anything other than a postscript to the track and field campaign of 1985. Of course there will be some stimulating competition and the event provides a rare chance of top level exposure for many Third World athletes, but the World Cup is becoming more and more of an anomaly in the present international fixture list. It served its purpose in paving the way for full-scale World Championships, and serious thought should be given as to whether it merits continuation. The prospect of World Championships every two years instead of every four would be much more inviting for the athletes, public and media.

Fatima Whitbread should be involved in one of the highlights of the entire competition. She recently raised her personal best to 72.98m to move into fifth place on the world all-time list, and she will have two targets in Canberra: to defeat Petra Felke (GDR), the unbeaten world record holder (75.40), and to eclipse Tessa Sanderson's UK record of 73.58. There will be two other formidable opponents: Ivonne Leal Bravo of Cuba, winner of the World Student Games title with 71.82, will probably represent the Americas team, and the likely Soviet competitor is Olga Gavrilova, winner in last weekend's international in Tokyo with 65.96. Dave Ottley, who replaces out of form Einar Vilhjalmsón, faces world record breakers Uwe Hohn (GDR) and Tom Petranoff (USA) in what is likely to be the last world class competition using the present javelins. The controversial new specifications come into force on April 1st 1986.

Other choice clashes could include Carl Lewis or Kirk Baptiste against Marian Woronin (100); Thomas Schonlebe v Innocent Egbunike v Darren

Clark (400); Johnny Gray v Rob Druppers v Joaquim Cruz (if fit again) in the 800; Andre Phillips v Harald Schmid v Amadou Dia Ba (400H); Igor Paklin and Patrik Sjöberg (HJ); Sergey Bubka and Philippe Collet (PV); Willie Banks v Khristo Markov v Oleg Protchenko (TJ); Ulf Timmermann v Sergey Smirnov v Alessandro Andrei (SP); Imrich Bugár and Luis Delis (DT); Merlene Ottey-Page against Marlies Gohr and Marita Koch in the sprints; a 400 hurdles involving Sabine Busch, Genowefa Blaszak, Marina Stepanova, Judi Brown-King, Debbie Flintoff and Nawal El Moutawakil; and Stefka Kostadinova against Tamara Bykova, Silvia Costa, and Louise Ritter in the high jump.

The Europe team, subject to further changes, is: 100/200 — Woronin (Pol), 400 — to be announced, 800 — Druppers (Neth), 1500 — Abascal (Spa), 5000/10,000 — to be announced, but possibly Wessinghage (FRG) & Treacy (Irl), 3000SC — Ilg (FRG) or Mahmoud (Fra), 110H — Bakos (Hun), 400H — Schmid (FRG), HJ — Sjöberg (Swe), PV — Collet (Fra), LJ — Szalma (Hun), TJ — Markov (Bul), SP — Andrei (Ita), DT — Bugár (Cze), HT — Vrbka (Cze), JT — Ottley (UK); women's 100 — Nuneva (Bul), 200 — Kasprzyk (Pol), 400 — to be announced, 800 — Kratochvilova (Cze), 1500 — Melinte (Rom), 3000 — Puica (Rom), 10,000 — Cunha (Port), 100H — Zagorcheva (Bul), 400H — Blaszak (Pol), HJ — Kostadinova (Bul), LJ — Braun (FRG), SP — Fibingerova (Cze), DT — Khristova (Bul), JT — Whitbread (UK).

The provisional USA team: 100/200 — Lewis or Baptiste, 400 — Rowe, 800 — Gray, 1500 — Myers, 5000 — Centrowitz, 10,000 — Nenow, 3000SC — Marsh, 110H — Kingdom, 400H — Phillips, HJ — Stanton, PV — Dial, LJ — Conley or Lewis, TJ — Banks, SP — Laut, DT — Powell, HT — Logan, JT — Petranoff; women's 100 — Williams, 200 — Marshall, 400 — Leatherwood, 800 — Groenendaal, 1500 — Richburg, 3000 — Branta or Bremser, 10,000 — Larrieu Smith, 100H — Blanford, 400H — Brown-King, HJ — Ritter, LJ — Lewis, SP — Pagel, DT — Cady or Neer, JT — Sulinski. The African team includes Imoh (100), Egbunike (400), Koskei (800), Khalifa (1500), Bulti (5000/10,000), Kariuki (3000SC), Dia Ba (400H), Emordi (TJ) and El Moutawakil (400H). Among the Oceania team are Clark (400), Hillardt (1500), Honey (LJ), Lorraway (TJ), Flintoff (400/400H), Stanton (HJ) and Howland (JT). The GDR and USSR teams are expected to be similar to those which competed in the European Cup, while yet to be selected at the time of writing are those representing Asia and the Americas.

M. W.

WORCESTER A.C. **WORCESTERSHIRE BEACON RACE**

OCTOBER 12th, 1985

6¼m Approx. Start 3.00 pm.

Over 17 years.

Entries to: Jim Tingle, Greenhill Cottage, 114 Newtown Road, Malvern, Worcs., WR14 1PF. Tel: 068 45 3617.

Fee: £1 Club & A.A.A. £1.50 Unatt. £2.00 On Day.

VETERANS ATHLETIC CLUB **4Km Cross-Country Race**

Lady Vets.

(Under AAA Rules)

**At William Wilberforce School, Camp View,
 Wimbledon Common, West Side.**

SAT. 19th OCTOBER at 2.30 pm

Entries: 50p by Oct. 12th, to: A. Sheperd, 38 Bromley Road, Beckenham, Kent, BR3 2JD. Prizes according to entries.

SRI CHINMOY MARATHON TEAM **U.N. DAY ONE MILE ROAD RACE**

SATURDAY, 26th OCTOBER

Battersea Park, 10 am

A one mile road race to celebrate the 40th Anniversary of the United Nations.

Awards to top 7 men and women under 50 and top 3 men and women over 50.

Entry Fee: 75p.

Full details and application forms from: Sri Chinmoy Marathon Team, 17 Cardigan Road, Barnes, London, SW13 or Run and Become.

THE RUNNING WILD **SPRINGFIELD PARK** **LADIES ROAD RACE**

Sunday, 20th October, 1985

(Promoted by Rochdale Harriers & A.C.)

Start and finish Springfield Park, Bolton Road, Rochdale. 5 mile course. Start 11 am. Ladies (17&O).

PRIZES ● 1st 3 Ladies ● 1st Team (3 to count) ● 1st Lady O/35 ● 1st Vets Team (any age). All prizes **RUNNING WILD** vouchers.

Entry Fees: £1.00 by Friday Oct 18th 1985. £1.50 on the day. Please send entry and cheque (payable to Rochdale Harriers & A.C.) to: Mrs. A. M. Tomkinson, 18 Norwich Ave., Rochdale OL11 5JZ. Tel: Roch 524304.

TELFORD ATHLETIC CLUB **Presents The 1985**

WREKIN '10' MILE ROAD RACE

SUNDAY, 13th OCTOBER, 3.00 pm

(Under AAA & WAAA Laws)

*A scenic and undulating route round
 Shropshire most famous landmark.*

(Course record Sub 50 mins) M. Flint, Telford A.C.

Entry Fees: £1.00, £1.50 unattached.

Entries to: Trevor Tanner, 43 Reynolds House, Ketley, Telford. (S.A.E. for details).

THREE GDR WORLD RECORDS

A meeting in East Berlin last weekend yielded no fewer than three world records: Ulf Timmermann put the shot 22.62m, Sabine Busch ran 53.56 for 400 hurdles (in her first season at the event) and Heike Drechsler long jumped 7.44m.

The USA men's team beat the USSR 114-104 in Tokyo last weekend, with the Soviet women winning 117-50. **Winners** — 100/LJ: Lewis (US) 10.12/8.28; 200: Baptiste (US) 20.34; 400: Franks (US) 45.06; 800: Kalinkin (USSR) 1:47.17; 1500: Lotarev (USSR) 3:41.83; 5000: Padilla (US) 15:15.93 (!); 10,000: Yonesshige (Jap) 28:41.83; 3000SC: March (US) 8:30.75; 110H: Campbell (US) 13.47; 400H: Vasilyev (USSR) 49.67; HJ: Paklin (USSR) 2.30; PV: S. Bubka (USSR) 5.70; TJ: Banks (US) 17.10; SP: Smirnov (USSR) 20.01; DT: Kolnootchenko (USSR) 68.98; HT: Tamm (USSR) 83.66; JT: Puuste (USSR) 85.08; **Relays:** USA 38.28/3:02.04. **Women** — 100: Zhironova (USSR) 11.14; 200/400: Vladykina (USSR) 22.52/49.18; 800: Olizarenko (USSR) 1:58.07; 1500: Agletdinova (USSR) 4:06.08; 3000: Knisley (US) 8:49.97; 10,000: Bondarenko (USSR) 32:53.26; 100H: Gusarova (USSR) 12.76; 400H: Ponomarova (USSR) 55.83; HJ: Bykova (USSR) 2.00; LJ: Kokonova (USSR) 7.04 (7.31 recently); SP: Lisovskaya (USSR) 20.73; JT: Gavrilova (USSR) 65.96; **Relays:** USSR 42.37/3:26.86.

BRITISH ATHLETES ABROAD

7.8. Stockholm. 3000: J. Richards 7:54.66. **17.8. Stavanger.** 2000: S. Overt 5:04.26, M. Rowland 5:08.07 (3, Maree 5:09.65). **18.8. Falmouth (US).** 7.1M road: D. Murphy 32:02, S. Jones 32:06 . . . 5, B. Smith 32:33; 8, A. Leek 32:43; 14, D. Clarke 32:58; 16, Richards 33:09; 18, B. Ford 33:13; 20, J. Goater 33:22; **women** — Benoit (US) 36:18 . . . 9, A. Ford 38:27; 12, P. Fudge 38:49. **31.8. Tel Aviv.** 100: C. Sharp 10.38; (B) E. Bunney 10.46; HJ: G. Parsons 2.25; LJ: 4, K. McKay 7.63; 4x100: Scotland 39.79. **1.9. Oslo.** Half Mar: Persson (Swe) 64:10, M. Gratton 64:25; **women** — Cunha (Port) 71:28; . . . 4, Ford 73:39. **3.9. Ingelheim.** 800: 5, P. Elliott 1:50.01. **4.9. Rieti.** 5000: 5, S. Harris 13:46.19. **8.9. Floro (Nor).** 400: M. McMahon 46.92; **women's** 200: S. Whittaker 23.95; 400: F. Hargreaves 53.55; 1500: 2, Y. Murray 4:12.85; HJ: R. Pinkerton 1.81. **11.9. Nanking.** 100: L. Asquith 10.45; 200: M. St Louis 21.03; 400: D. Redmond 45.88; 800: J. Gladwin 1:46.42; 110H: J. Ridgeon 13.88; JT: M. Hill 79.72.

The Workshop TSB Young Athletes' Indoor Trophy Meeting ('AW', Sept. 21st, pg. 37) will be held on Sunday October 13th and not as stated.

The John O'Connor Memorial CC races ('AW', Aug. 3rd, pg. 40) will be held on October 20th and not as published.

IAC STATEMENT IAC City Centre Road Race Cardiff, June 2nd

BECAUSE OF the exceptionally fast times recorded in the men's 10,000m race in our City Centre Series, the IAC arranged for the Cardiff course to be re-measured by John Disley, one of the foremost authorities on road course measuring in the world. Regretfully his findings, using a calibrated bicycle with a Jones Counter, showed that each lap was short by 12.66m, making a total discrepancy of 126.6m over the ten laps course.

The course was originally measured in good faith by our representatives in Cardiff, using a surveyor's wheel. The circuit was measured a number of times beforehand, and with different wheels. There was no significant difference between readings and the average of the three shortest readings was taken.

We learn now from John Disley that surveyors' wheels are regarded as unreliable by the handful of road race measurers that are accepted by AIMS for top class races, and that view has unfortunately been confirmed by our own experience.

COACHING CLINIC

Frank Dick, the BAAB Director of Coaching, has asked us to point out that there is no intention that the National Coaches should in any way usurp the excellent work being done by other coaches. The idea behind the project is that coaches or athletes without the help of a coach should have access to the knowledge and experience of a National Coach. This should be particularly valuable to Club and Assistant Club Coaches, who encounter any problems or require any help in their coaching.

WORLD WALK BEST

Jozef Pribilinec (Cze) smashed the world best for the 10,000m track walk, held by Roland Wieser (GDR) with 38:54.3, when he covered the distance in 38:02.60 at Banska Bystrica on September 1st.

On behalf of the IAC, therefore, I wish to apologise to the athletes and clubs who took part, and to all other interested parties, for this incorrect measurement and to report some of the measures that are being taken to ensure accurate distances for road race courses in future.

Firstly, the AAA Advisory Committee on Road Running has recommended the setting up of a programme of instruction and classification for road race measurers, which will lead to the establishment of properly graded officials. This programme is expected to start in the last quarter of the year. As a member of this committee and of the Development Committee of the Southern Counties AAA, I look forward to helping improve the quality of both road race measurement and management. Secondly, I am delighted to report that John Disley, chairman of the AAA Working Party on Measurement, as well as being one of the founder members of the IAC, has agreed to supervise all aspects of course layout and measurement of IAC road running events in 1986, including the important post-race validation.

Derek Johnson,
President, IAC

WIMBLEDON '10'

Geoff Moulden, organiser of the 25th annual Wimbledon Open '10', would like to remind would-be participants that this year's race is on **Sunday, October 6th** and not as originally planned, on the Saturday. He has been receiving numerous entries from runners who still think the event is being held on October 5th. There is still time to enter as entries close on September 30th. Send £1.50 to Geoff Moulden, 59 Lambton Road, London S.W. 20. Full details appeared in 'AW' on August 17th and 24th.

THE WEEK AHEAD, cont. from page 3

Friday, October 4th: IAAF World Cup (until 6th), Canberra.

Saturday, October 5th: Northern Six-Stage Road Relay, Southport; Southern Six-Stage Road Relay, Thamesmead; Haywards Heath 'International' CC Races; Fairlands Trophy CC Races; Rectory Park Schools Relays & Races.

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Ashton Track, Chigwell Road (A113)

Woodford Bridge, adjacent M11.

WEDNESDAY, 16th OCTOBER, 1985

6.40 pm 3KM Walk

7.00 pm 200m. Shot and T.J.

7.20 pm 1500m. Steeplechase.

7.35 pm 800m.

8.10 pm 3000m.

Fee: 50p per event. 30p second event and U/20's. Entry on night — close 20 mins before event.

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Bob Pye, Secretary, Thurrock Sports Council,
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KESWICK ATHLETIC CLUB

20th DERWENTWATER '10' ROAD RACE

(Under AAA & WAAA Rules RRC Standards)

SUNDAY, NOVEMBER 3rd, 13.30 hrs.

From Lairthwaite Site, Keswick School.

PRIZES: At least first 10 ind, 30/40, 20/50, 3 Ladies, 1st 3 teams (3 to count). Certificates to all finishers. Entries Limited to 450.

Entry Fee: £1.50 (£2.00 unatt.) payable to Keswick A.C. plus S.A.E. for details, numbers and results, (incl. name, D.O.B., club, M or F) to: Frank Rush, 26 Mayo St., Cockermouth, Cumbria CA13 0BY by 24 Oct.

BELGRAVE HARRIERS

32nd Annual

CROSS-COUNTRY RELAY 6 x 2¼ MILES

(BACK ON THE OLD COURSE!)

Kingston Gate, Richmond Park

SATURDAY, 26th OCTOBER,

START 2.30 p.m.

Prizes: First 3 teams, first B team,
Three fastest laps

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Entries to: Don Anderson, 23 Montem Road, New Malden, Surrey, KT3 3QW. Tel: 01-942-0662.

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AND WREXHAM A.A.C.

(Under AAA/WCCA Rules)

SATURDAY, 16th NOVEMBER, 1985

2 pm START

Changing rooms at Berwyn School, Bala

PLAQUES: 1st 10 Individuals. 1st, 2nd, 3rd Ladies. 1st, 2nd, 3rd Teams (Open) 3 to count. 1st, 2nd, 3rd North Wales League Teams 4 to count. 1st, 2nd, 3rd Veterans O/40. 1st, 2nd Veterans O/45. 1st Vet O/50, 1st Vet O/60, 1st Lady O/35, O/40, O/45. 1st Junior U/20 Male/Female.

Also Spot Prizes

Entry Fees: AAA affiliated club members £1.50.
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No late entries — Closing Date 4th November

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