

53 PRESTON

September 26th 1970 Vol. 24 No. 39

a

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

athletics

INSIDE

- ★ United Kingdom Coaching Scheme
- ★ Women's Hurdling —by Wilf Paish
- ★ National League—Final Round
- ★ European Junior Championship Photos



2/-

HELEN GOLDEN
wins the European
Junior 200 metres
title in Paris.

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TONBRIDGE ATHLETIC CLUB**COLTS 4x1 MILE ROAD RELAY****SATURDAY, OCTOBER 31st, 1970, at 3 p.m.**

(From the Judd School, Tonbridge)

Age: Under 14 on 1.9.70. Fees 10/- "A" team 5/- "B" (limit 2 teams from any club/school). Details (s.a.e. please) from Brian Mitchell, "Orcombe," Peckham Bush, Tonbridge, Kent. Entries close Monday, Oct. 19th.

CARDIFF AMATEUR ATHLETIC CLUB

present the first

LAKE 15 MILE ROAD RACE

From Maindy Stadium on Saturday, Oct. 3rd
3.00 p.m. start

Prizes: 1st, 2nd, 3rd Ind., 1st, 2nd, 3rd teams,
1st Newcomer, 1st N/C Welshman, 1st Vet.

Entry Fees: 3/- Ind. (all enter), 7/6 teams.
Entries to M. F. Beames, 12 Pen-y-bryn Road,
Gabalfa, Cardiff, by September 29th.

WALTON ATHLETIC CLUB

25th Annual

WALTON 10 MILE ROAD RACE**SATURDAY, OCTOBER 17th, 1970**

Awards: First 6 Individuals; first 3 teams; First
Newcomer; First 3 Individual Veterans to
finish; and other prizes.

Starting from Stompond Lane,
Walton-on-Thames, at 3 p.m.

Entries (3/-) to B. Judd, 10 Orchard Gardens,
Cranleigh, Surrey. Closing date 10th October.

HERCULES WIMBLEDON ATHLETIC CLUB**"WIMBLEDON 10"**

(Under A.A.A. Laws)

SATURDAY, 10th OCTOBER, 1970

From Wimbledon Park Track, 3.0 p.m.

Prizes for first 25. Team Trophy. Holders:
Mike Tagg; Team—Hercules Wimbledon.

YOUTHS 3½ MILES

2.15 p.m. start. Prizes for first 6.

Entries to Geoff Moulden, 59 Lambton Road,
London, S.W.20. Fee: 3/6 per ind.

Closing date: Tuesday, October 6th.

ANDOVER & DISTRICT A.A.C.

hold their 5th Annual

CROSS-COUNTRY RELAYS**FOR BOYS & YOUTHS**

4x1½ Miles Under AAA Laws

SATURDAY, 17th OCTOBER, 1970, at 2 p.m.

Also

1½ MILES C.C. RACE FOR COLTS**1½ MILES C.C. RACE FOR JNR. GIRLS**

(any number to run, 3 to count)

Entry Fees: First Team 7/6, others 2/6.

Trophies to winning teams, medals to first
3 teams all races, and fastest lap.

ENTRIES CLOSE 3rd OCTOBER

To W. Barnett, 21 Cherry Tree Road, Andover,
Hants.

DARTFORD ROAD RELAY**September 12th**

1, Thurrock (M. Batty 11.35, S. Purkis 11.26,
D. Horsup 11.39, S. Walker 11.26) 46.06.

2, Cambridge H. (J. Huntingford 12.11, K.
Penny 11.14, A. Leggatt 12.11, K. Harland 11.23)
46.59.

3, Invicta (R. Reeves 12.10, R. Harding 11.52,
I. Macmillan 11.23, R. Castle 11.42) 47.07.

4, Medway 47.52; 5, Cambridge 49.29; 6, In-
victa "B" 50.19; 7, London Irish 51.04; 8, Cam-
den 51.41; 9, Blackheath 52.42; 10, Dartford 52.47;
11, Medway "B" 53.53; 12, Medway "C" 55.26;
13, Dartford "B" 56.15; 14, Erith 57.57.

Fastest laps: (2.3m) 11.14 Penny (rec); 11.23
Macmillan, Harland.

CORNWALL "10"**At Penryn, September 6th**

1. C. Roberts (Stoke) 49.53

2. D. Collins (Plymouth) 50.35

3. M. Hamlin (Forbay) 53.02

4. A. Rowlands (Leam) 53.55; 5, J. Bartley (RNAS)

54.09; 6, C. Slack (Ver) 54.39; 7, W. Valentine

(Torbay) 54.59; 8, R. Essery (Ply) 55.47; 9, C.

Mills (Forbay) 56.14; 10, G. Chase (Forbay) 56.37.

Teams: 1, Torbay 19; 2, Plymouth 21; 3, RNAS
Culdrose 37; 4, W. Cornwall 45.

MIDLAND LEAGUE**Final Scores**

(Division 1) 1, Birchfield 21; 2, Bristol 20; 3,
Coventry Godiva 16; 4, Stoke-on-Trent 14; 5,
Wolverhampton & Bilston 8; 6, Small Heath 5.

(Division 2) 1, Notts 21; 2, Leicester Coritanian
18 (567 total); 3, Bromsgrove & Redditch 18
(529½); 4, Westbury 13; 5, Leamington 7 (334
total); 6, Sparkhill 7 (283½).

(Division 3) 1, Kettering TH 24; 2, Burton 19;
3, Tipton 14; 4, Allestree Woodlands 12; 5, North-
ampton Phoenix 8; 6, Warley 6.

(Division 4) 1, Sutton 23; 2, Solihull 19; 3,
Lozells 16; 4, Corby 14; 5, Stafford 8; 6, Harborne
4.

(Division 5) 1, Worksop 20½; 2, Newcastle 19;
3, Rugby 14½; 4, Berry Hill 14; 5, Nuneaton 7
(217); 6, Halesowen 7 (187).

4th in the 3000m walk at the London v.
Southern Area Junior walk at Crystal Palace on
August 23rd was M. Oliver in 14:53.0 and not
T. Glover, as on the programme and subsequently
printed in "AW".

Janet Blackwell informs us that it was she and
not J. Clark, as printed, who ran 2:18.9 in the
City Charities Meeting at Motpur Park on July
8th.

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Cover photo by Tony Duffy

ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

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January 1st—December 31st, 1969

CONTENTS

IAAF Scrap White Shoe Rule	4
National League, Division 1	5
National League, Division 2	6
National League, Division 3	8
National League Qualifying Match	9
National League—Final Positions	10
Junior International Preview	11
Spotlight on Youth	13
Why Not 400 Hurdles for Women? —by Wilf Paish	16
The UK Coaching Scheme	18
European Junior Championships—photos	20/21
The Junior "Set-Up"	23
Overseas News and Results	24
Walking Notes	33
Scottish News	36
British Girls Win in Rumania	37
Welsh News	39

THE WEEK AHEAD

Saturday, September 26th: Great Britain v. West Germany Junior Match (Men and Women) at Leicester Sports Centre, Saffron Lane (pre-viewed on page 11), including Invitation 2000 Metres, Women's International 4x800m Relay (Rosemary Stirling, Sheila Carey, Pat Lowe, Rita Ridley v. West German team) and AAA 4 x 1500m Relay Championship; Southern Counties AAA Decathlon Championship at Crystal Palace (1st day); Chris Vose Memorial Road Race; Bridgend YMCA "7½"; Norfolk "15" at Diss; Maidstone Road Races at South Park; Hereford Road Relay & Youths Race; Coventry Godiva Young Athletes Road Relays; Maidenhead Open Road Relay and Boys & Youths Road Races at Kidwells Park; Short Trophy (Women) at South-end;

Sunday, September 27th: RRC London to Brighton Run; SCAA Decathlon at Crystal Palace (2nd Day) & SCAAA Open Middle Distance Races; Swinton "10"; Rotherham Harriers Marathon from All Saints Square (12.15); Haver-ing AC Graded Meeting at Hornchurch Stadium (12.15).

Thursday, October 1st: Troedyriw Boys Club Road Races.

NEW RAF SECRETARY

The address of the new RAF Cross-Country Hon. Secretary and Team Manager is: Flying Officer Alan Warner, Engineering Wing, Royal Air Force, West Raynham, Nr. Fakenham, Norfolk.

THE IAAF SCRAP "WHITE SHOE" RULE

THE IAAF has decided not to proceed with the "white shoe" rule, due to have been enforced as from October 1st. Instead, there will be more stringent control of supplies of free shoes to athletes.

The IAAF's Advertising and Sponsorship Sub-Committee, appointed last May to "examine the general question of commercial advertising and sponsorship in relation to amateur athletics" and in particular "to consider the problems associated with alleged acts of bribery by shoe manufacturers, and possible alternatives to the white shoe rule" reported to Congress in Stockholm last month that "there are clearly many obstacles to the enforcement of the white shoe rule". A majority of the Sub-Committee was "opposed to the use of such devices as the obligatory spraying of shoes to obliterate distinctive markings, which they feel would bring disrespect upon the IAAF".

By The Editor

Evidence was given that in some Eastern European countries there were contracts for the supply of shoes and other equipment between National Olympic Committees and manufacturers, some free and some at reduced prices. In France, commercial firms made arrangements with the French Athletics Federation for the bulk supply of free shoes for the season, and the donation was publicly acknowledged.

Representatives of two major shoe firms were invited to the Sub-Committee's meeting in London in July to help investigations into the question of such contracts.

The Sub-Committee's recommendations, approved by the IAAF, are that National Governing Bodies (e.g. the BAAB) set up a system for controlling—as distinct from arranging—the donation of shoes or other equipment by manufacturers or other commercial undertakings; that a specimen contract between a National Governing Body and a manufacturer be produced; and that National Governing Bodies should incorporate in their own rules a prohibition on athletes or clubs accepting gifts of athletic equipment from manufacturers without prior approval.

On sponsorship, the report stated it was "necessary to seek ways in which commercial sponsors may be encouraged to give their support, without corrupting the individual athlete or offending his human dignity".

A strong line is maintained with regard to advertising. If cases come to the attention of a National Governing Body of the apparent violation of an IAAF rule—say, by the use of the name or photograph of an athlete to advertise a commercial product—that Body must immediately demand an explanation from the firm and

also enquire of the athlete whether permission was first sought by the advertiser. If necessary, legal action should be taken against the offending firm.

This is an attempt to stamp out the type of advertising by the two leading shoe firms, in German and French publications in particular, which blatantly depict well known athletes wearing their products.

Better news for the manufacturers is that the IAAF has moved closer to permitting the use of multi-spiked ("brush") shoes. The Technical Committee reported that it "was generally of the opinion that restrictions as to the number of spikes should be eliminated, subject to more conclusive evidence about the effect of multi-spike shoes on the surface of synthetic tracks to come from experiments now being conducted by manufacturers of such tracks". If the reports prove favourable, the limit on the number of spikes will be abolished as from May 1st 1971.

An important item of legislation, which particularly concerns Britain, is the addition to Rule 12, Para 9, relating to the international eligibility of athletes who wish to compete for another country.

Now an athlete "may compete for a Member after residence in its territory for at least three years from the date on which he last represented another Member, if there is no legal provision for acquiring citizenship, or, with the consent of the Council (of the IAAF) and the agreement of the two Members concerned, after one year".

Thanks to amicable discussions between the Jamaican and British athletic authorities, in which both sides placed the best interests of the athlete concerned above all other considerations, the international future of Marilyn Neufville is no longer compromised. She is free to represent Jamaica as from May 18th 1971—a year after she last raced for Britain, against the Netherlands.

National League

The second season of the National League has just finished, and there can be no doubt that this form of competition is here to stay. The athletes revel in the friendly yet tense atmosphere of matches in which each and every competitor plays an important part. Athletics is essentially an individual's sport but there is room for team work and loyalty, and the National and Area Leagues ideally serve this aspect of our sport.

What is badly needed, though, is a sponsor so that clubs can be assisted with the heavy travel costs involved and—through local advertising—more spectators may be attracted to the meetings. They certainly deserve more support than has so far been forthcoming.

Further information about the various decisions taken at last month's IAAF meeting in Stockholm will appear next week.

National League, Division I

At Warley, September 19th

Thames Valley—The New Champions

IN spite of amassing a record number of 286 points in the fourth and final match, at Warley last Saturday, Birchfield Harriers' reign as National League champions has come to an end. Their successors are Thames Valley Harriers, who placed 2nd, 1st, 1st and 2nd in the four stages of the competition. The London club was third last year.

Doomed to relegation are Surrey AC but it is not yet clear who will join them next season in the second division. It depends upon the outcome of a protest alleging that Hillingdon used an ineligible athlete in the second round match at Brighton. If the protest is upheld, Hillingdon will be relegated; if dismissed that will be Brighton and Hove's fate.

What is certain is that Edinburgh Southern and Sale will be appearing in the first division next year, which will make it truly a national league as there will then be representatives of Scotland, Wales, the North, Midlands and South battling for honours.

Howard Payne was easily the outstanding performer at Warley. Britain's hammer twirling virtuoso was at his very best regardless of the lack of opposition and his series average was a glorious 67.34/220'11", made up thus: 67.24/220'7", 68.32/224'2", 66.42/217'11", 67.00/219'10", 68.20/223'9" and 66.88/219'5".

Howard's problem now is to find top-flight competition while he can hold such form and one hopes the BAAB will see its way to sending him to the Continent before the season ends. Howard dearly wants to reach those twin landmarks of 70 metres and 230 feet, and he fears that with greater work commitments in the year ahead he may not reach such a peak in 1971.

Dennis Roscoe, in the discus, became the only man to win his event in all four meetings but he had to overcome a stern challenge from John Walters. The Welshman's opening throw of 49.78/163'4" held the lead until Roscoe reached 50.34/165'2" in the fourth round. Mike Winch was a good third with a personal best. Geoff Capes was an easy winner of the shot but was disappointed at being unable to reproduce a warm-up effort of 17.93/58'10".

In his final track appearance of the season, Peter Stewart produced yet another personal best, this time 5000m in 14:03.6 compared to a previous fastest of 14:22.4.

One of the best races came in the 800m between Chris Carter and Dave Cropper. Carter took the first 350m and Cropper led past the bell in 56.5. Cropper remained just ahead all along the back straight and around the final turn but Carter, looking more and more like his old self, stayed with his man and powered past in the final straight to win in 1:51.5. Carter later ran 49.9 in the 400m and capped a splendid day by registering 48.3 for his leg in the relay. He plans to continue racing

during the autumn and winter at the Crystal Palace meetings and we might even see him on the boards again, after an absence of some seven or eight years. Still only 27, Chris will be making a serious bid for selection in next year's European Championships and will be around until Munich when, as he points out, he will be younger than Mike Larrabee was in Tokyo.

Len Walters ran a forceful 47.9 400m, followed by a 46.9 relay stint, and there was some fine running too by junior Joe Caines who clocked not only a personal best of 48.7 in the individual event but recorded a dazzling 47.3 on the relay anchor to give Birchfield victory over TVH. Equally remarkable was his clubmate Ron Taylor, who will turn 37 in December. Taylor, a Jamaican who ranked 8th in Britain back in 1963 with 48.0 for 440y, won the 400m "B" race in 49.2 and ran a 49.0 relay stage. Other relay splits included 48.4 for Cropper (against Walters).

Mel Watman

1, Birchfield 286; 2, Thames Valley 241½; 3, Brighton & Hove 222; 4, Cardiff 208; 5, Hillingdon 177½; 6, Surrey AC 121.

100m: 1, I. Matthews (TVH) 10.9; 2, K. Snelgrove (H) 11.0; 3, G. Vince (C) 11.0; 4, A. Hadley (B) 11.1; 5, J. Knowles (B&H) 11.3. (B) 1, B. Griffiths (TVH) 11.1; 2, T. Smith (B) 11.2; 3, G. Silman (S) 11.4; 4, A. Thomas (C) 11.4.

200m: 1, Matthews 21.9; 2, Vince 22.4; 3, Hadley 22.7. (B) 1, Smith 22.5; 2, Griffiths 22.9; 3, Silman 22.9.

400m: 1, L. Walters (TVH) 47.9; 2, D. Schärer (B&H) 48.4; 3, D. Le Masurier (C) 48.7; 4, J. Caines (B) 48.7. (B) 1, R. Taylor (B) 49.2; 2, S. Huard (TVH) 49.4; 3, C. Carter (B&H) 49.9.

800m: 1, Carter 1:51.5; 2, D. Cropper (B) 1:51.7; 3, K. Jones (C) 1:52.3; 4, P. Francis (H) 1:53.2; 5, D. Huffer (TVH) 1:55.3. (B) 1, J. Paterson (B&H) 1:54.4; 2, J. Dagnam (B) 1:55.2; 3, R. Yarrow (C) 1:56.0; 4, P. Steyne (TVH) 1:57.0.

1500m: 1, C. Thomas (TVH) 3:52.8; 2, J. Boggis (B) 3:53.9; 3, M. Wands (H) 3:54.3; 4, G. Spencer (C) 3:54.5; 5, P. Standen (B&H) 3:54.7. (B) 1, M. Davis (TVH) 3:53.2; 2, R. Davies (B) 3:54.6; 3, J. O'Meara (B&H) 3:57.5; 4, S. Buchanan (H) 4:00.5.

5000m: 1, P. Stewart (B) 14:03.6; 2, P. Standing (B&H) 14:29.0; 3, J. Mouat (H) 14:34.6; B. Hayward (C) 14:42.8; 5, P. Freeman (S) 14:49.6. (B) 1, P. Bennett (B&H) 14:31.8; 2, A. Moore (H) 14:45.6; 3, M. Critchley (C) 14:52.0.

3000mSC: 1, C. Perry (B) 9:02.8; 2, D. Evans (C) 9:07.2; 3, D. Davies (TVH) 9:21.4; 4, P. Rockwood (B&H) 9:52.6. (B) 1, R. Panter (B) 9:26.4; 2, J. Kirby (C) 9:35.4; 3, A. Pretty (TVH) 9:46.4; 4, P. Witcomb (B&H) 9:56.8.

110mH: 1, B. Price (C) 14.7; 2, M. Haggerty (B&H) 16.5; 3, C. Swann (B) 16.5. (B) 1, J. Lister (C) 15.8; 2, K. Hofmeyr (H) 15.9; 3, M. Eastwood

(S) 15.9; 4, D. Kidner (TVH) 16.3; 5, A. Mollett (B) 16.5.

400mH: 1, Scharer 53.0; 2, R. Richardson (B) 55.7; 3, H. Allen (H) 55.9. (B) 1, J. Harmes (B&H) 55.0; 2, Hofmeyr 55.4; 3, Lister 56.9; 4, D. Hoare (B) 57.3; 5, P. Ley (S) 57.3.

4x100m: 1, Birchfield 42.6; 2, TVH 42.6; 3, Brighton 44.1; 4, Hillingdon 44.6; 5, Surrey 45.5; Cardiff disq.

4x400m: 1, Birchfield 3:15.5; 2, TVH 3:16.9; 3, Brighton 3:20.8; 4, Cardiff 3:22.6; 5, Hillingdon 3:30.8; 6, Surrey 3:36.9.

HJ: 1, G. Hill (B) 1.85/6'1"; 2, D. Rhodes (B&H) 1.83/6'0"; 3, S. Hughes (C) 1.80/5'11"; 4, R. Batterley (H) 1.80; 5, B. Russell (TVH) 1.80. (B) Lister 1.80.

PV: 1, S. Chappell (TVH) 3.81/12'6"; 2, C. Cumbers (B) 3.66/12'0"; 3, R. Morris (C) 3.50/11'6"; 4, I. Pierce (B&H) 3.50; 5, R. Perez (H) 3.35/11'0"; 6, J. Smith (S) 3.35. (B) Haggerty 3.50.

LJ: 1, S. Atkins (B) 7.11/23'4"; 2, K. Snelgrove (H) 6.90/22'7"; 3, Kidner 6.86/22'6"; 4, Lister 6.48/21'3"; (B) 1, K. Reeve (B) 6.72/22'0"; 2, L. Collins (H) 6.30/20'8"; 3, B. Galliers (TVH) 6.30.

TJ: 1, D. Lawrence (B) 14.21/46'7"; 2, G.

Webb (C) 14.11/46'3"; 3, B. Hull (B&H) 13.99/45'10"; 4, P. Davis (TVH) 13.83/45'4"; (B) 1, H. Sewell (B) 14.15/46'5"; 2, P. Davis (C) 13.82/45'4"; 3, Galliers 13.08/42'11".

SP: 1, G. Capes (B) 16.85/55'3"; 2, J. Walters (C) 15.91/52'2"; 3, M. Winch (B&H) 14.93/48'11"; 4, A. Kerr (H) 14.56/47'9"; 5, D. Roscoe (TVH) 14.49/47'6"; 6, D. Travis (S) 13.67/44'10". (B) 1, H. Payne (B) 14.06/46'1"; 2, P. Sutton (C) 13.94/45'8"; 3, F. Franks (TVH) 13.55/44'5"; 4, W. Bartholomew (B&H) 13.40/43'11".

DT: 1, Roscoe 50.34/165'2"; 2, Walters 49.78/163'4"; 3, Winch 48.06/157'8"; 4, Kerr 47.34/155'4"; 5, Capes 46.30/151'11"; 6, Travis 40.68/133'5". (B) 1, Franks 42.88/140'8"; 2, Payne 40.66/133'5".

HT: 1, Payne 68.32/224'2"; 2, W. Trehanne (S) 49.50/162'5"; 3, L. Hall (TVH) 46.40/152'3"; 4, B. Keeble (H) 44.36/145'6"; 5, P. Jensen (C) 37.88/124'3". (B) 1, N. McDonald (B) 55.62/182'6"; 2, B. Lewis (H) 41.70/136'10"; 3, Travis 37.26/122'3".

JT: 1, J. McSorley (TVH) 72.08/236'6"; 2, A. Diffey (B&H) 60.48/198'5"; 3, D. Mole (S) 57.00/187'0"; 4, B. Hanna (B) 54.72/179'6". (B) 1, C. Smith (TVH) 59.38/194'10"; 2, G. Jolley (B&H) 56.94/186'10".

National League, Division 2

At Southampton, September 19th

Edinburgh and Sale Win Promotion

FROM the outset, with Edinburgh Southern needing only one point to ensure promotion, the match revolved round the struggles of Sale and Woodford Green to join them in Division 1 next season, with Southampton and Poly fighting to avoid the drop into Division 3. Edinburgh arrived with a very depleted team, and apart from an early success in the hammer were never in contention—despite the exhausting efforts of Gareth Bryan-Jones (400mH, 3000mSC and 5000m), Craig Douglas (800m, 400m and 1500m), Chris Black (4 field events) and Sandy Sutherland (4 field events plus the 110mH!).

As usual in these meetings, fortunes swayed between the clubs throughout the afternoon, but Sale with a well-balanced team held the edge for most of the time. A clean sweep in both 800m and 1500m through John Davies and Mal Rothwell proved particularly valuable, but Woodford Green, for whom Calvin Greenaway managed five events, closed to within 2 points at the finish. In the excitement of Sale's victory, it was generally not noticed that John Broughton failed to score in the high jump. Normally he would have been good for at least 1.80, so Woodford can count themselves unlucky not to have won.

The struggle between Southampton and Poly to avoid fifth place was a real nail-biter. The locals gained a promising maximum in the first event decided, the 400m hurdles, but towards the end of the day the two clubs were closely locked, and things looked bleak for Southampton when they dropped the baton in the sprint relay. In the field, however, they were piling up points and they

eventually finished well clear. As usual, Roy Fox was in action all over the arena; it seems that no complete team in this sort of competition can do without a decathlete.

Poly completed a most unfortunate season on another disastrous note, and must hope for improved fortunes next year. It will be remembered that they had several athletes declared ineligible after the first match, then a plane breakdown caused them to arrive late for the second match. The mishaps continued in this final fixture: Dave Bayes and John Greasley, who normally provide valuable points in the field events, failed to arrive; Colin Campbell had still not recovered from injury; while Alan Pascoe had a domestic emergency at the last minute.

Best individual performances of the match came in the field events, with Division 2 records in the pole vault, triple jump, shot and hammer. Altogether, this was an extremely enjoyable afternoon, made all the more agreeable by the brilliant weather and the excellent organisation controlled by Mike Smith.

Bob Sparks

1, Sale 232; 2, Woodford Green 230; 3, Southampton 227; 4, Polytechnic 204; 5, Edinburgh SH 188; 6, Blackheath 175.

100m: 1, D. Dear (So) 11.0; 2, R. Frith (P) 11.1; 3, I. Thomas (Sa) 11.2; 4, T. Newman (WG) 11.4. (B) 1, B. Mayo (Sa) 11.2; 2, A. Ronay (P) 11.4. **200m:** 1, Dear 22.0; 2, Frith 22.7; 3, Mayo 22.7; 4, M. Blackman (WG) 23.0. (B) Newman 22.6. **400m:** 1, Thomas 49.7; 2, P. White (P) 49.9; 3,

G. Hunt (So) 50.4; 4, D. Jackson (WG) 50.9. (B) 1, A. Braithwaite (WG) 50.1; 2, R. Adams (P) 50.2.

800m: 1, Rothwell (Sa) 1:54.0; 2, C. Douglas (E) 1:54.9; 3, A. Weatherhead (P) 1:55.4; 4, C. Burden (So) 1:56.6. (B) 1, J. Davies (Sa) 1:53.6; 2, G. Bostock (So) 1:56.9.

1500m: 1, Davies 3:55.7; 2, P. Beacham (P) 3:55.9; 3, M. Woodford (So) 3:58.5. (B) 1, Rothwell 3:58.0; 2, A. Joslyn (P) 3:58.8.

5000m: 1, Weatherhead 14:31.4; 2, S. Edmunds (Sa) 14:39.0; 3, G. Bryan-Jones (E) 14:49.4; 4, I. Wilson (B) 14:54.4. (B) 1, Joslyn 14:43.2; 2, D. Farmer (S.) 14:54.2.

3000mSC: 1, Bryan-Jones 9:17.4; 2, D. Chapman (WG) 9:27.2; 3, C. Haines (B) 9:43.8; 4, M. Delaney (Sa) 9:47.4. (B) J. Raeburn (E) 9:23.0.

110mH: 1, G. Gower (B) 15.3; 2, G. Davies (P) 15.7; 3, B. Parker (So) 15.7. (B) 1, R. Fox (So) 15.8; 2, Barrington (P) 16.3; 3, J. Broughton (WG) 16.3; 4, B. Zentar (Sa) 16.3.

400mH: 1, Fox 54.1; 2, Zentar 54.9; 3, Barrington 55.8; 4, M. McFarnell (B) 55.8; 5, F. Ballantyne (E) 56.8. (B) 1, G. Hunt (So) 56.6; 2, C. Clarke (B) 57.2.

4x100m: 1, Woodford Gn 43.4; 2, Sale 44.0; 3, Poly 44.4; 4, Blackheath 44.5; 5, Edinburgh 47.6; Southampton dnf.

4x400m: 1, Woodford Gn 3:21.6; 2, Sale 3:23.6; 3, Blackheath 3:26.5; 4, Southampton 3:30.7; 5, Poly 3:33.3; 6, Edinburgh 4:08.4.

HJ: 1, C. Greenaway (WG) 1.83/6'0"; 2, C. Julien (P) 1.72/5'8"; 3, Fox 1.72. (B) P. Omole (P) 1.72.

PV: 1, J. Parkinson (Sa) 4.11/13'6"; 2, Greenaway 3.35/11'3"; 3, R. Griffiths (So) 3.35. (B) 1, P. Challiner (Sa) 3.66/12'0"; 2, Fox 3.20/10'6".

LJ: 1, B. Hay-Cooper (So) 7.04/23'11"; 2, Greenaway 6.86/22'6"; 3, J. Kinsey (Sa) 6.65/21'9"; 4, A. Wadhams (B) 6.54/21'5"; 5, A. Wells (E) 6.49/21'3"; 6, R. Lewis (P) 6.47/21'2". (B) C. Woolgrove (So) 6.31/20'8".

TJ: 1, Wadhams 15.19/49'10"; 2, Omole 14.38/47'2"; 3, G. Evans (Sa) 13.23/43'5". (B) Lewis 13.13/43'1".

SP: 1, R. Kennedy (So) 15.37/50'5"; 2, S. Clark (WG) 14.93/49'0"; 3, A. Sutherland (E) 13.78/45'2". (B) 1, M. Cushion (WG) 13.90/45'7"; 2, P. Rees (So) 13.71/45'0"; 3, C. Black (E) 13.21/43'4".

DT: 1, Cushion 44.72/146'8"; 2, C. Black 43.06/141'3"; 3, Kennedy 40.20/131'10". (B) 1, Sutherland 40.46/132'9"; 2, Clark 39.18/128'6".

HT: 1, C. Black 57.36/188'2"; 2, P. Aston (WG) 53.56/175'8"; 3, M. Pearce (So) 41.14/134'11". (B) 1, M. Cheater (WG) 50.80/166'8"; 2, Sutherland 43.32/142'1".

JT: 1, C. Harrison (So) 64.38/211'2"; 2, M. Turner (B) 62.16/202'11"; 3, P. Blyth (E) 50.72/166'5"; 4, Greenaway 48.52/159'2". (B) B. Plaxton (WG) 48.10/157'9".

POLISH GIRL TIES RECORD

Teresa Sukniewicz, of Poland, equalled Karin Balzer's pending world record mark of 12.7 for 100m hurdles in Warsaw last week-end.

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National League, Division 3**At Croydon, September 19th****Liverpool Crush The Opposition**

PERFECT weather provided the setting for the deciding fixture of the National League Division 3, and as a result there were several outstanding performances. With Wolverhampton and Bilston fielding a weakened team, many of their field event stars being absent but their promotion virtually certain, Liverpool took complete command from the outset, and crushed the opposition remorselessly.

Typical of their superiority was the manner in which Mike Turner outclassed the rest of the field, firstly in the steeplechase, and then, less than an hour later, in the 5000 metres, defeating convincingly Commonwealth Games marathon bronze medallist Don Faircloth with a powerful surge just before the end of the penultimate lap. This was possibly the farewell appearance of the English Cross-Country captain on a track in this country, as he leaves for Ghana next week to take up a lectureship there.

The field events produced some excellent performances, particularly in the pole vault where Chris Kidd (Achilles) created a new ground record of 4.25/13'11½", his seasonal best. Despite maximum points in this event, the Oxbridge club failed to gain sufficient ground on the other clubs to avoid relegation into the new Division 4. Accompanying them will be London AC, whilst at the other end of the scale the League's two newcomers, Liverpool and Wolverhampton & Bilston continue their meritorious ascendancy, this time into Division 2, and Croydon remain in the same division for the third year running.

David Turner

1, Liverpool 267; 2, Croydon 233; 3, Notts 208; 4, Wolverhampton & Bilston 188; 5, LAC 184; 6, Achilles 137.

100m: 1, D. Roberts (A) 11.1; 2, T. Rodwell (W) 11.1; 3, D. Williams (N) 11.1; 4, N. Winter (Liv) 11.2; 5, Q. Keeling (C) 11.3. (B) 1, R. Walters (W) 11.1; 2, A. Shoebridge (A) 11.3; 3, J. Isaac (Liv) 11.3.

200m: 1, Williams 22.3; 2, Roberts 22.5; 3, Walters 22.8. (B) N. Roberts-Powis (W) 23.1.

400m: 1, T. Rodwell (W) 49.0; 2, B. Harrison (N) 49.0; 3, M. Fleet (C) 49.8; 4, M. Gilbert (Liv) 49.9. (B) 1, G. Griffiths (W) 49.4; 2, D. O'Hara (Liv) 50.7.

800m: 1, Fleet 1:53.6; 2, D. Milne (N) 1:54.1; 3, A. Gerrard (Liv) 1:54.1; 4, C. Bode (W) 1:55.4. (B) 1, A. Farrell (Liv) 1:55.4; 2, T. Owers (C) 1:56.5.

1500m: 1, K. Falla (C) 3:53.0; 2, F. Davies (Liv) 3:53.3; 3, D. Guest (W) 3:56.0; 4, J. Richardson (N) 3:57.7. (B) Gerrard 3:57.1.

5000m: 1, M. Turner (Liv) 14:25.0; 2, D. Faircloth (C) 14:31.4; 3, K. Lee (N) 14:49.2. (B) P. Honniball (C) 15:11.0.

3000mSC: 1, Turner 8:58.0; 2, P. Braithwaite

(A) 9:11.8; 3, Richardson 9:19.6; 4, C. Pennington (LAC) 9:33.8; 5, F. Stebbings (C) 9:45.6. (B) A. Ascott (Liv) 9:59.4.

110mH: 1, K. Purves (Liv) 15.1; 2, P. Kelly (W) 15.6; 3, D. Harnden (LAC) 15.7. (B) 1, Winter 15.5; 2, R. Taylor (N) 16.2.

400mH: 1, R. Pettit (W) 58.2; 2, Taylor 58.6. (B) D. Wallington (C) 58.9.

4x100m: 1, Wolverhampton 43.9; 2, Liverpool 44.0; 3, Croydon 44.4; 4, Achilles 44.7; 5, LAC 46.2; Notts disq.

4x400m: 1, Liverpool 3:22.5; 2, Notts 3:22.8; 3, Croydon 3:24.3; 4, Wolverhampton 3:27.2; 5, LAC 3:41.9.

HJ: 1, R. Bruynooghe (Liv) 1.85/6'1"; 2, R. Potts (N) 1.83/6'0"; 3, I. Champkins (LAC) 1.77/5'10". (B) M. Selby (LAC) 1.72/5'8".

PV: 1, C. Kidd (A) 4.25/13'11½"; 2, R. Ball (C) 3.50/11'5½"; 3, R. Brown (N) 3.50. (B) L. Abrahams (A) 4.10/13'5½"; 5, Selby 1.60/5'3" (!)

LJ: 1, Shoebridge 6.89/22'7¼"; 2, G. Donaldson (LAC) 6.68/21'11"; 3, G. Turner (W) 6.44/21'1½". (B) D. Knight (A) 6.58/21'7".

TJ: 1, Kidd 14.39/47'2½"; 2, C. Allan (Liv) 14.12/46'4"; 3, E. Von Tersch (C) 13.14/43'1¼"; 4, Donaldson 12.62/41'5". (B) E. Andrews (C) 12.53/41'1¼".

SP: 1, G. Davis (LAC) 14.42/47'3¾"; 2, Bruynooghe 13.51/44'4"; 3, Ball 13.01/42'8¼". (B) M. Bisiker (LAC) 12.85/42'2".

DT: 1, Bruynooghe 41.96/137'8"; 2, Ball 41.46/136'0"; 3, Davis 41.10/134'10"; 4, N. Wilson (N) 39.60/129'11". (B) M. Holmes (Liv) 38.20/125'4".

HT: 1, B. Marden (LAC) 49.80/163'4"; 2, Holmes 45.54/149'5"; 3, D. Birch (C) 41.82/137'2". (B) 1, J. Robb (Liv) 43.12/141'5"; 2, Davis 40.58/133'1".

JT: 1, R. Perkins (N) 64.74/212'5"; 2, V. Mitchell (LAC) 61.80/202'9"; 3, R. Lane (C) 57.22/187'9". (B) 1, Ball 52.80/173'3"; 2, R. Miller (LAC) 50.18/164'7".

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(St. George's Field—10.30 to 4.00)

Hurdles and Javelin**ON OCTOBER 18th, at CROYDON ARENA**

(10.30 to 4.00)

Long Jump, Triple Jump, Sprints,**Race Walking**

Full details from J. Tomczak, 68 Waldron Hyrst, South Croydon (01-688-4228).

NO FEES

National League Qualifying Competition

AFTER a very good afternoon's athletics Reading AC, who were third in last year's qualifying match, and Bristol AC, who were relegated from Division 3 last year, duly gained promotion into the third division for next season. The next four clubs will all go into the new fourth division, together with LAC and Achilles.

On the track, Malcolm Yardley had a good sprint double and his protégé, European junior champion Peter Beaven won the 400m in the good time of 48.1. Hamish Robertson scored a long-triple jump double.

Both Reading and Bristol should do well next season and one can only wonder if they will be able to emulate the winners in last year's meeting, Liverpool and Wolverhampton—both of whom have now won promotion into Division 2.

One admires the mammoth announcing effort by Tony Ward and also the officials worked extremely hard to ensure the meeting's success. It was certainly a great pleasure to hear both athletes and team managers come up afterwards to thank the people concerned.

Peter Lenton

1, Reading 347; 2, Bristol 309; 3, Swansea 290; 4, City of Stoke 269; 5, Bellahouston 258; 6, Blackburn 255; 7, Stretford 251; 8, Belgrave 225.

100m: 1, M. Yardley (Black) 10.9; 2, H. Robertson (Bella) 10.9; 3, J. Williams (Swan) 11.0; 4, J. Edwards (Read) 11.1. (B) 1, T. Griffiths (Swan) 10.8; 2, D. Butcher (Stret) 11.2.

200m: 1, Yardley 21.6; 2, Williams 22.1; 3, M. Chaplin (Bris) 22.4; 4, J. Kirwan (Stret) 22.6; 5, R. Legge (Read) 22.6. (B) 1, A. Hill (Swan) 22.5; 2, Butcher 22.6; 3, R. Demming (Black) 22.7.

400m: 1, P. Beaven (Black) 48.1; 2, J. Edwards (Read) 49.2; 3, R. Roberts (Bris) 49.3; 4, R. Wallace (Bella) 50.4; 5, K. Lancey (Swan) 50.4; 6, A. Heath (Stoke) 50.5; 7, M. Ford (Bel) 50.7. (B) 1, D. Price (Black) 49.0; 2, T. Allen (Read) 50.3; 3, R. Barrington (Stoke) 50.4; 4, A. Roper (Swan) 50.6.

800m: 1, M. Maclean (Bella) 1:54.2; 2, J. Gingell (Bris) 1:54.9; 3, D. Vaughan (Swan) 1:55.4; 4, T. Birks (Stoke) 1:55.7; 5, S. Dodwell (Stret) 1:56.4. (B) 1, F. Clement (Bella) 1:55.5; 2, Roper 1:55.9; 3, R. Lavis (Bris) 1:56.4.

1500m: 1, A. Ashton (Read) 3:48.0; 2, N. Rose (Bris) 3:50.8; 3, J. Jackson (Stoke) 3:52.6; 4, G. Peel (Black) 3:55.2; 5, Maclean 3:56.3; 6, Vaughan 3:59.2; 7, J. Thresher (Bel) 4:00.6. (B) 1, T. Birks 3:52.5; 2, R. Clark (Bris) 3:53.1; 3, M. Duff (Read) 3:54.5; 4, W. Kerr (Bel) 4:00.0.

5000m: 1, G. Stevens (Read) 14:16.2; 2, R. Fowler (Stoke) 14:16.8; 3, M. Swinbank (Bris) 14:17.6; 4, Gerry North (Bel) 14:18.6; 5, C. Fay (Black) 14:34.8. (B) 1, K. Darlow (Read) 14:16.8; 2, P. Birks (Stoke) 14:33.8; 3, P. Lynch (Black) 14:51.0; 4, Rose 14:54.2; 5, A. Fairclough (Bel) 14:56.6.

3000mSC: 1, R. McAndrew (Read) 8:51.6; 2, Jackson 8:59.4; 3, J. Bicourt (Bel) 9:13.8; 4, J. Theophilus (Swan) 9:34.2; 5, A. Benn (Bris) 9:49.2; 6, I. Kerr (Bella) 9:50.2; 7, S. Breckell

At Leicester, September 19th

(Black) 9:50.4. (B) 1, R. Piotrowski (Read) 9:33.2; 2, A. Adams (Stoke) 9:34.2; 3, M. McNair (Bel) 9:52.4; 4, H. Walker (Black) 9:52.6.

110mH: 1, Legge 14.7; 2, Chaplin 15.2; 3, G. Newton (Stret) 15.4; 4, G. Brown (Bella) 15.6; 5, T. Griffiths 15.8. (B) 1, P. Thompson (Read) 15.9; 2, L. Pennycook (Bella) 15.9.

400mH: 1, Roberts 53.6; 2, R. Allen (Stret) 54.9; 3, Ford 54.9; 4, Lancey 55.3; 5, Barrington 56.5. (B) 1, M. Strange (Bris) 55.9; 2, B. Williams (Swan) 56.6; 3, E. Frost (Stoke) 57.6; 4, J. Kidd (Stret) 58.1; 5, G. Stevens (Read) 59.4 (!)

4x100m: 1, Stretford 42.8; 2, Swansea 43.0; 3, Reading 43.7; 4, Blackburn 43.9; 5, Bellahouston 44.0; 6, Belgrave 44.6; 7, Bristol 44.8; 8, Stoke 46.4.

4x400m: 1, Blackburn 3:17.8; 2, Bellahouston 3:17.9; 3, Bristol 3:18.2; 4, Swansea 3:18.8; 5, Reading 3:20.7; 6, Stretford 3:20.7; 7, Stoke 3:25.9; 8, Belgrave 3:27.0.

HJ: 1, D. Guild (Bella) 1.85/6'1"; 2, P. Hambley (Stret) 1.85; 3, Legge 1.75/5'9"; 4, C. Brooks (Bel) 1.70/5'7". (B) 1, G. Witherington (Read) 1.70; 2, A. Dougal (Bella) 1.70.

PV: 1, H. Pfenninger (Bel) 4.20/13'9½"; 2, F. Wilson (Black) 3.66/12'0"; 3, J. Jebb (Read) 3.66; 4, J. White (Bris) 3.50/11'6"; 5, D. Thomas (Swan) 3.50. (B) P. Thompson (Read) 3.35/11'0".

LJ: 1, Robertson 7.02/23'0½"; 2, P. Scott (Bris) 6.89/22'7½"; 3, J. Crotty (Stoke) 6.72/22'0½"; 4, L. Sullivan (Bel) 6.62/21'8½". (B) 1, Dougal 6.74/22'1½"; 2, P. Templeton (Bris) 6.64/21'9½".

TJ: 1, Robertson 15.00/49'2½"; 2, D. Glendinning (Bel) 14.44/47'4½"; 3, Crotty 14.44; 4, R. Davidge (Bris) 14.28/46'10½"; 5, Hambley 13.50/44'3½"; 6, G. Riley (Black) 13.24/43'5½"; 7, N. Phillips (Swan) 13.02/42'8½". (B) Kirwan 12.96/42'6½".

SP: 1, E. Ricketts (Read) 15.20/49'10½"; 2, A. Drzewiecki (Stoke) 14.53/47'8"; 3, J. Corbett (Stret) 14.43/47'4½"; 4, B. Penny (Swan) 14.30/46'11"; 5, B. Sanderson (Black) 13.09/42'11½". (B) Gillo (Read) 13.39/43'11½".

DT: 1, Drzewiecki 49.34/161'10"; 2, Gillo 45.00/147'8"; 3, J. Harris (Bris) 43.94/144'2"; 4, Sanderson 38.98/127'10". (B) 1, J. Turton (Read) 44.10/144'8"; 2, A. O'Neill (Bris) 41.60/136'6".

HT: 1, O'Neill 47.58/156'1"; 2, S. George (Read) 43.26/141'11". (B) Ricketts 41.18/135'1".

JT: 1, G. Robinson (Swan) 62.78/205'11"; 2, Sanderson 61.86/202'11"; 3, G. Hawkes (Bris) 57.06/187'2"; 4, P. Ostapowycz (Stret) 56.60/185'8"; 5, P. Sherlock (Stoke) 55.24/181'3"; 6, N. Schofield (Read) 54.52/178'10". (B) A. Jones (Stoke) 55.00/180'5".

OPEN STEEPLECHASE RACES

An open 3000mSC will be held at Crystal Palace on October 14th at 7 p.m. and an open 2000mSC will be staged at Crystal Palace on November 18th at 7 p.m. Entries (4s.) to SCAA Office, 26 Park Crescent, London, W1N 4BQ.

NATIONAL LEAGUE —FINAL POSITIONS

Division 1

1. Thames Valley Harriers	22
2. Birchfield Harriers	19
3. Cardiff AAC	16
4. Hillingdon AC	12
5. Brighton & Hove AC	11
6. Surrey AC	4

Relegated: (subject to confirmation) Brighton & Hove, Surrey.

Division 2

1. Edinburgh Southern H.	18
2. Sale Harriers	17½
3. Woodford Green AC	16½
4. Southampton AAC	13
5. Polytechnic Harriers	12
6. Blackheath Harriers	7

Promoted: Edinburgh SH, Sale.

Relegated: Poly, Blackheath.

Division 3

1. Wolverhampton & Bilston	19
2. Liverpool Harriers	18½
3. Notts AC	14
4. Croydon Harriers	13
5. London AC	12
6. Achilles Club	7½

Promoted: Wolverhampton, Liverpool.

Relegated: LAC, Achilles.

Qualifying Match

To Div. 3: Reading, Bristol.

To Div. 4: Swansea, Stoke, Bellahouston, Blackburn.

BERNIE HAMES HALF-MARATHON

At Chigwell Row, September 19th

1. F. Maillardet (Cambridge H.)	70.26
2. D. Staines (Thurrock H)	71.07
3. T. Burgess (Southampton AAC)	72.11
4. B. Collins (Herc. W) 72.47; 5. L. Parrot (Haver- ing) 72.54; 6. T. Pailthorpe (Hav) 73.03; 7. D. Watts (Ex. B) 73.08; 8. R. Budd (Hav) 73.43; 9. M. Prosser (Ilf) 75.09; 10. G. Newton (Ex. B) 75.47; 11. G. Knox (Hill'n) 75.59; 12. B. Oulds (Thur) 76.45; 13. B. Hercock (Enf) 77.10; 14. R. Coxon (W. Gn) 77.30; 15. P. Filler (Orion) 77.41; 16. D. Cooper (Hav) 78.10; 17. E. Barrett (Ilf) 78.30; 18. B. Hicks (Met. P) 78.46; 19. E. Andrews (Hav) 79.09; 20. J. Butcher (Orion) 79.44; 21. R. Blois (Bas) 79.48; 22. A. Vanderplank (So'ton) 80.14; 23. P. Vickery (Orion) 80.23; 24. G. Sarge- ant (Ex. B) 81.32; 25. K. Burgess (Chelms) 82.05; 26. B. Hill (S'end) 82.24; 27. D. Prior (W. Gn) 83.01; 28. J. Mountain (Chelms) 83.16; 29. J. Ficken (Ex. B) 34.12; 30. P. Gaston (B'ton) 84.57.	

Teams: 1, Haverling (2,3,5) 10; 2, Essex Bgls. (4,7,16) 27; 3, Orion (10,14,15) 39; 4, Ilford 40; 5, Woodford Gn. 45.

Veterans: 1, R. Blois (Bas) 21st; 2, G. Sargeant (Ex. B) 24th.

(Course measured at 13M 96y)



The Blackheath Harriers Centenary Trophy, which Thames Valley Harriers have won by topping the National League. The sculptor used the 3 A's as a theme.

Barry Shapcott

HARDAKER/KING CUP

At Keighley, September 12th

1eq, Leeds City & Bingley 36; 3, City of Hull 33; 4, Sheffield UH. 29; 5, Wakefield 27; 6, Hull Spartan 23; 7, Airedale & Spen V. 15; 8, Skyrac 13; 9, Spenborough 12; 10, Rowntrees 11. 100m: 1, J. Bagley (Wake) 10.9; 2, A. Flynn (ASV) 11.0; 3, D. Artley (Hull Sp-Y) 11.3; 4, S. Cullington (Hull Sp) 11.3. **200:** Flynn 22.5. **400:** 1, A. Wallace (Darl) 50.3; 2, R. Crosby (Rown) 50.8. **800:** 1, C. Hudson (Leeds C) 1:54.2; 2, P. Burgin (Bing) 1:54.3; 3, D. Mayho (ASV) 1:55.9. **1,500:** 1, C. Garforth (Hull) 14:36.6; 2, M. Baxter (Leeds C) 14:37.6; 3, C. Taylor (ASV) 14:39.6; 4, I. Wainwright (Sheff. UH) 14:50.2. **Mile Medley:** 1, Leeds City. 3:43.4; 2, Cty of Hull 3:46.5. **SP:** R. Fenn (SUH) 13.71/45'0". **DT:** H. Eberlein (Bing) 43.06/141'3". **(Juniors) 100m:** 1, I. Anderson (Spen) 11.1; 2, J. Law (Rown) 11.2; 3, A. Pybus (Hull) 11.3; 4, T. Cleveland (Hull) 11.3. **800:** B. Jones (Hull) 2:00.1. **Mile Medley:** Leeds City 3:51.9. **JT:** H. Frobrisher (Bing) 51.56/169'2". **(Youths) 200:** Artley 23.1. **800:** 1, R. Ryan (Sheff. UH) 1:56.9; 2, M. Chambers (Skyrac) 2:02.0. **880y Medley R:** 1, Hull Sp. 1:41.6; 2, Wakefield 1:45.0; 3, Sheffield UH 1:45.6. **SP:** A. Malloy (Bing) 13.12/43'0½".

Classic 400m. In Junior International?

FROM domestic standpoint, the most interesting clash in today's Junior International against West Germany at Leicester should occur in the Boys' 400m where the newly crowned European Junior Champion, Peter Beaven, meets up with David Jenkins, the European Youth record holder, with 46.5 last year. Also in the fray is Ulrich Reich of West Germany, who took the silver medal in Paris. With that sort of line-up, only a metre or two should cover all three, whatever the outcome. The German second string is likely to be decathlete Eberhard Stroot, who ran 47.5 in Paris.

West Germany are favourites to win the match, even on foreign ground. They collected 3 gold, 8 silver and 4 bronze medals in Paris and include such class performers in their line-up as Franz-Peter Hofmeister, European double sprint winner, and Wolfgang Barthel, shot winner with 18.10/59'4½". Wolfgang Rieslinger, who runs in the 3000m against John Boggis, is the boy who actually broke the tape in the 3000m final in Paris but was then disqualified for boring the Belgian, Herman Mignon, across into the sixth lane.

The boys have clashed with West Germany twice so far; the scores were WG 107, GB 105 in 1968 and WG 122, GB 90 in 1969. Original team members who took part in the first match two years ago are Paul Dennis, John Wheway, David Jenkins and David Wilson. The girls' match, first ever involving a British team, should be close.

(Boys) 100m: Chris Monk (Leicester Cor);

Roberts Munns (Northampton Ph); 200: Monk, Joe Chivers (Ballymena); 400: Peter Beaven (Blackburn), David Jenkins (Edinburgh Acad); 800: Mike Fromant (Mitcham), David McMeekin (Victoria Park); 1500: Paul Dennis (Oxford Un), Nick Rose (Bristol); 3000: John Boggis (Birchfield), David Black (Small Heath); 2000mSC: John Wheway (Cov. God), Martin Jones (Cov. God); 110mH: Berwyn Price (Cardiff), Peter Kelly (W&B); 400mH: John Allen (Bracknell), Paul Young (Feltham). 4x100: Chivers, Tony Hadley (Birchfield) Monk, Munns. 4x400: Beaven, Jenkins, Derek Price (Blackburn), Trevor Rodwell (W&B); HJ: David Livesey (Newham), David Wilson (Heriot Watt Un); LJ: Stewart Atkins (Birchfield), Norman Loughton (Nuneaton); TJ: Chris Colman (Cambridge), Rodney Heward-Mills (Queens' Coll Taunton); PV: Steve Chappell (TVH), Brian Hooper (Woking); SP: John Corbett (Stretford), Jon Wood (Exeter); DT: Guy Dirkin (Stretford), John Turton (Reading); JT: Tony Harper (Millfield S), Nick Schofield (Reading); HT: Thomas Campbell (Bellahouston), Ian Chipchase (NSP). Captain: Price.

(Girls) 100m: Helen Golden (Edinburgh SH), Andrea Lynch (Selsonia). 200: Golden, Sonia Lannaman (Solihull); 400: Liz Saunders (Derby), Dawn Webster (Hull Sp); 800: Mary Sonner (Watford), Sandra Sutherland (Edinburgh SH); 1500: Christine Haskett (Dundee Hawk), Angela Lovell (Solihull); 100mH: Barbara Corbett (Epsom & Ewell), Blondelle Thompson (Birchfield); 4x100: Lynch, Linda Barratt (DHTC), Golden, Lannaman; 4x400: Jenny Honick (Birchfield), Saunders, Sonner, Webster. HJ: Gillian Lansdowne (Leicester Cor), Moira Walls (Western); LJ: Walls, Shirley Biggs (Croydon); SP: Deborah Kerr (Cambridge), Wendy Blackwood (Maryhill); DT: Christine Chalk (Maryhill), Jackie Elsmore (Bracknell); JT: Sharon Corbett (Solihull), Barbara Johnson (Verlea). D.C.

MARGARET LEIGHTON TROPHY (Women)

At Keighley, September 12th

1, Bury & Radcliffe 48; 2, Hull Sp. 33; 3, City of Hull 31; 4eq Darlington & Skyrac 8; 6, Longwood 5; 7eq Airedale & SV and Bingley 2. 100m: 1, G. Hamer (Bury) 12.4; 2, C. Smith (Darl) 12.5. 200: 1, Hamer 25.9; 2, L. Wilkinson (Hull) 26.2. 400: 1, S. Dyson (Bury) 57.4; 2, C. Howell (Hull) 57.6; 3, P. Stanley (Hull) 57.8; 4, J. Farnorth (Bury) 61.7. 800: Stanley 2:22.2. HJ: M. Brooke (L'wood) 1.52/5'0". (Juniors) 100m: 1, M. Collinson (Hull Sp) 12.8; 2, Y. Lowe (Sky) 13.0; 3, W. Hill (Bury) 13.1; 4, P. Horsman (Hull) 13.1. 200: 1, Collinson 27.2; 2, Hill 27.8. 800: 1, M. Graby (Hull Sp) 2:22.9; 2, S. Stabler (Darl) 2:24.0 4x100: Hull Sp. 52.4. HJ: M. Forry (Bury) 1.47/4'10"

CHRIS CARTER LOSES RECORD

Chris Carter's European 880y record of 1:47.2 set in 1968 was bettered by Josef Plachy (Czechoslovakia) with a time of 1:46.7 in Prague last Saturday. He passed 800m in 1:45.9.

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BROMSGROVE AND REDDITCH RELAYS

September 12th

Youths

1, Pembroke (S. Deegan 8.25, B. Lyonette 8.35, Carroll 8.29, Carroll 8.29) 33.58.

2, Coventry Godiva (D. Glassborow 8.33, Eales 8.55, Maule 8.59, Moorcroft 8.32) 34.59.

3, Worksop (Andrews 9.02, Fox 9.07, Bell 9.27, T. Colton 8.25) 36.01.

4, Leicester Coritanian 36.28; 5, Derby 37.05; 6, Allestree Woodlands 37.15; 7, Tipton 37.23; 8, Bromsgrove & Redditch 38.07; 9, Gloucester 38.18; 10, Small Heath 38.56; 11, Coventry Godiva "B" 39.39; 12, Northampton GS 40.00. **Fastest:** 8.25 Deegan, Colton, 8.29 Brice (Tipton), 8.29 Carroll, 8.32 Moorcroft.

Boys

1, City of Hull (Scargill 9.12, Devaney 9.18, Hodsman 9.22, Cocks 8.40) 36.32.

2, Worksop (Fisher 8.36, Hewitt 9.36, Platford 9.23, Platford 9.18) 36.53.

3, Coventry Godiva (Lucas 9.22, Gair 9.24, Clark 9.26, Brown 8.55) 37.07.

4, Ullathorne RC 37.16; 5, Small Heath 37.27; 6, Allestree Woodlands 38.07; 7, Bromsgrove & Redditch 38.11; 8, Pembroke 39.17; 9, Coventry "B" 39.26; 10, Halesowen 39.50; 11, Pembroke "B" 39.58; 12, Tipton 40.13. **Fastest:** 8.35 Perry (Halesowen), 8.36 Fisher, 8.40 Cocks, 9.00 Rollason (Sm. Hth) 9.03 Cosgrave (Ullathorne), 9.06 Bailey (Derby).

Colts

1, Worksop (Holden 9.31, Robinson 10.02, Scime 10.27, Bell 9.59) 39.59.

2, Coventry Godiva (Lavelle 9.46, Bevis 10.29, Rose 10.39, Bittriss 9.32) 40.26.

3, Bromsgrove & Redditch (Woodford 10.26, Trowell 10.16, Sword 10.11, Griffiths 9.53) 40.46.

4, Pembroke 41.29; 5, Watford 41.51; 6, Coventry Godiva "B" 42.22; 7, Small Hth. 42.38; 8, Worksop "B" 43.17; 9, Whitefriars 43.46; 10, Halesowen 44.02; 11, Allestree W. 44.06; 12, Pembroke "B" 44.38. **Fastest:** 9.01 Quinn (Pembroke), 9.31 Holden, 9.32 Bittriss, 9.46 Lavelle, 9.51 Lowe (Watford), 9.53 Griffiths.

NEWBURY ATHLETIC CLUB

SUNDAY, 11th OCTOBER, 1970

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LINCS. CHAMPIONSHIPS

At Cranwell, August 16th

100m: K. Fielding (Scun) 11.5. 200: T. Ashley (Linc) 23.0. 400: R. Hill (Linc) 56.0. 800: L. Bland (Gy) 2:05.7. 1500: Bland 4:08.3. 10,000: 1, M. Exton (Holbeach) 32:31.8; 2, W. Eldridge (Scun-J) 32:42.4. 3000SC: D. Eke (Linc) 10:18.6. 110H: P. Rawson (Lin) 18.9. HJ: M. Hardy (Gy) 1.65/5'5". PV: Cancelled. LJ: N. Smith (Linc) 6.59/21'7½". SP: J. Watts (Hol) 11.65/38'3". DT: E. Johnston (Linc) 43.06/141'3". HT: Johnston 57.32/188'1". JT: G. Sadler (Linc) 56.12/184'1". 4x100: Lincoln C&C 48.6.

Juniors

100/200: R. Heaton (Linc) 12.0/23.9. 400: I. Ward (Linc) 55.4. 800: J. Chester (Boston) 2:10.2. 1500: D. Butts (Gy) 4:28.6. 2000SC: R. Fox (Scun) 6:56.2. 400H: I. Ward 63.4. LJ: N. Greenberry (Linc) 6.46/21'2½". TJ: N. Clay (Holb) 12.15/39'10½". DT: R. Wright (LW) 35.64/116'11".

Youths

100: G. Gibbon (Hol) 11.9. 200: D. Briggs (Linc) 24.0. 400: P. Till (Linc) 58.8. 800: M. Watson (Holb) 2:23.8. 1500: M. Watson (Hol) 4:50.0. 3000: Watson 10:27.6. 100H: P. Till (Linc) 15.5. HJ: D. Maddock (Hol) 1.50/4'11". LJ: Maddock 5.90/19'4½". TJ: Maddock 11.86/38'11". SP: E. Gehlhaar (NK) 12.38/40'7½". DT: A. Smith (Scun) 37.34/122'6". HT: I. Wilcox (Hol) 26.94/88'5". JT: K. Seaman (Linc. Well) 41.70/136'10". 4x100: Holbeach 51.2.

Boys

100/200: T. Price (Linc. C) 12.5/24.6. 400: A. Bates (Bost) 61.6. 800: R. Motley (Bos) 2:23.6. 1500: J. Mason (Linc. C) 5:00.5. 80mH: G. Parrott (Lys) 12.9. HJ: A. Bates (Bos) 1.40/4'7". LJ: A. Bainbridge (Bost) 5.09/16'8½". TJ: A. Woodin (Linc. C) 10.63/34'10½". SP: T. Minns (Holb) 10.49/34'5". DT: Motley 39.28/128'10". HT: T. Minns (Hol) 35.60/116'9". JT: A. Bainbridge 40.26/132'1". 4x100: Linc. C&C 53.1.

BRITISH SPRINT CLUB 2nd ANNUAL CONFERENCE AND A.G.M.

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Applications close 12th October, 1970

Spotlight on Youth**By Dave Cocksedge****Field Events Still The Problem**

AFTER all the accolades on our success in Paris, it's time to take stock on our overall showing. Though we did so well in most of the track events our athletes were selected for, we took a terrible hammering on the field, Moira Walls apart. Thus we should not get too excited about our invitation to the proposed experimental European Junior Cup, to be held in Warsaw next year. Consider: Among the boys, we collected a last place in the high jump, last in the pole vault, second to last and last in the shot, last in the triple jump, and an eighth in the hammer. Bear in mind that these boys are the best Juniors we have in their respective events in the UK, and it's not very encouraging, is it? Among the girls, Moira came up with a silver in the long jump of course, but Jackie Elsmore was unable to throw further than 38.26/125'6" in the discus for last place. Perhaps Guy Dirkin was unlucky not to be selected, for he threw the 2 kilo discus 48.72/159'10" at Warrington while the Championships were taking place; and now stands an even chance of splitting the West German pair in Leicester.

Those of us who were rather pleased to note that the French only took one gold medal, should note that they collected overall many more medals than we did. It's easy to say that of course they had a bigger team: what should be pointed out is the fact that they have far more potential finalists than we could hope to select. It's overall strength that wins European Cup competitions; as our seniors have found out to their cost. All this adds up to the realisation that unless we can drastically improve our field events standards, both among the boys and girls, we are going to get slaughtered in any European Junior Cup Competition.

As Jim Coote pointed out recently in the *Daily Telegraph*, more money is needed to continue the good work that has already been put in to our Junior teams. Training alone cost the Board £2,500 last winter; though in most cases it has paid off handsomely. The sterling efforts of Dorette Nelson Neal, Mike Farrell and Bill Sykes and their helpers is in danger of floundering due to lack of funds, and lack of general interest. Paris proved that we have on the whole a good team—they could become a great one, with time, effort and money. Spare a thought for the Juniors, they're the seniors of tomorrow, after all.

Mike Straub of Bristol AC writes: "Your column seems to lack any mention of the recent performances of Nick Rose. This is particularly distressing in view of the dismal performances of the two lads representing us in the European Junior . . ." Were they dismal performances? I didn't think so. To reach the final of this competition is no mean feat, and I thought Paul Dennis and Ron Macdonald did pretty well—especially as the latter was racing as an international for the

first time. I know Nick Rose has been turning in some classy performances lately, but is there any reason to believe he could have done any better than our two selected boys? His personal best of 3:50.0 does not guarantee anything—Paul had to run 3:47.8 to qualify; and Ron had a slow race resulting in a scramble finish to contend with. Times in these big meetings mean very little: note that Klaus-Peter Justus was 10 sec outside his best when winning the final in 3:51.6. Who's to say for certain that Nick Rose would not have been cut down without mercy in that sort of race?

The non-appearance of Erwin Hartel remains something of a mystery. Why did he not inform anyone that he would be unavailable for the European Junior Championships as he would be attending Villanova University? Someone else could have been selected in his place—Jan Graham, for instance; or maybe Martin Mills. Similarly, Sandra Sutherland's injury made her unavailable. Was there not enough time to put Pat Bagley in her place? The Cambridge girl has been so consistent this season around 2:11-2:13 and must have been very disappointed. Full marks to Julian Goater for having the good grace to stand down for David Black in the 3000m. Why couldn't others do the same?

Latest Age Records

AGE records have tumbled with their usual rapidity recently, and here is a list of the most recent ones: At Leicester on August 29th, Sonia Lannaman finished just a tenth behind Jannette Roscoe over 200m in a dazzling 24.1, cutting 0.5 sec off her own UK age 14 best. Only Claudie Van Straaten (S. Africa) has run faster at that tender age; and Sonia's reward has been an International vest against West Germany this week-end—making her the youngest ever athlete to carry British colours. At Cambridge the same day, Southgate's Graham Side (15) was exploring his unbounded potential over 1 mile when he convincingly won the BMC Youth Championship in 4:15.6, clipping a tenth off American John Drew's World age best. The previous UK best stood at 4:18.5 by John Hiron in 1968. A week later at Crystal Palace, Phil Banning (Andover) took the UK age 19 best down to 4:00.4 when finishing second to John Whetton's 3:59.9 in the Coca-Cola meeting. The previous holder had been Paul Dennis, at 4:02.2, though Paul's time survives as a UK Junior record, for Banning turns 20 next month, and Paul will still be 19 at the end of this year. In Paris during the European Junior Championships, Berwyn Price with 14.1 recorded a UK Junior best over the 3'6" flights, and beat his own Welsh National Record. In the Girls' 800m Mary Sonner improved



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to 2:07.4 in placing 4th in the final, a new UK 16-year-old's best.

At Portsmouth on August 19th David Livesey of Newham AC upped David Wilson's UK best by a 19-year-old in the high jump to 2.05/6'9" and took a couple of close tries at 2.09/6'10½" which would have been a new UK National Record. Alas, David was unable to reproduce that sort of form in Paris. Guy Dirkin (17) now of Stretford AC, hurled the senior discus 48.72/159'10" at Warrington on September 12th to add 5'1" to his own UK age best; and aims to better 160'0" (48.78) before the season is out.

Finally, at Edinburgh on September 14th, Nigel Hamilton-Jones of Edinburgh AC, aged 10, ran a mile in 5:34.8 . . . another World Best. Nigel's progress has been pretty relentless. His father writes: "He has run since he was 5 years old and had best times of 6:00.0 for the mile at the age of eight, 5:56.6 at nine, and has also run 1500m in 5.13 and 5000m in 19.49."

SOLIHULL YOUNG ATHLETES MEETING

September 12th

(Youths) 100m: 1, M. Jones (Hickleton Main) 11.2; 2, P. Fleetwood (Mid-Ches) 11.5; 3, T. Jackson (Huntingdon) 11.6. 400: 1, Ferguson (Roth) 53.7. 1500: 1, A. Barnett (Andover) 4:04.7; 2, D. Driver (N'ton) 4:07.4; 3, P. Childs (AEI Rugby) 4:10.8. 1000mSC: 1, R. Harrad (E & E) 3:02.8; 2, R. White (Kettering) 3:05.1. 100H: 1, S. James



Trevor Rodwell, 200m semi-finalist at the European Junior Championships. G. L. Pike

(N'ton) 14.1; 2, S. Gregory (Bris) 14.3; 3, R. Roberts (Bangor) 14.6. HJ: K. Fletcher (Cannock S) 1.69/5'6½". TJ: R. Philps (Hillingdon) 13.52/44'4½". DT: 1, M. Orrell (M & C) 54.12/177'7"; 2, P. Andrews (Solihull) 44.02/144'5"; 3, J. Gooderidge (Solihull) 43.24/141'10". 4x100: Hickleton Main YC 46.7. JT: M. Withers (Cannock S) 46.84/153'8". (Boys) 800: P. Thomas (Andover) 2:03.8. 4x100: Epsom & Ewell 48.3. (Intermediate Girls) 100m: 1, D. Webb (Andover) 12.6; 2, S. Mills (M & C) 12.7. 200: 1, S. Ghent (Roth) 27.3; 2, A. Woodall (Hickleton M) 27.4. 400: 1, H. Williams (Linc) 60.2; 2, C. Hever (AFD) 61.4; 3, B. Price (Uxbridge) 61.8. LJ: 1, J. Brown (Sol) 5.22/17'1½"; 2, S. Mills 5.15/16'10½". DT: 1, C. Cornbill (Cannock S) 34.58/113'5"; 2, J. Donkin (Solihull) 31.34/102'10"; 3, L. Harding (Plymouth) 30.94/101'6". JT: 1, A. Goodlad (Sheffield) 37.30/122'4"; 2, K. Bullock (Lozells) 34.42/112'11"; 3, L. Harding (Plymouth) 32.56/106'10". 4x100: 1, Solihull 52.3; 2, Rotherham 53.8. (Junior Girls) 100m: 1, S. Lannaman (Sol) 12.1; 2, G. Spurgin (W & B) 12.8. 200: 1, K. Bottomley (Lysaghts) 27.0; 2, A. Webber (Ply) 27.8 (27.3 ht); 3, A. Creamer (Roth) 28.1 (27.7 ht). 800: 1, L. Shaw (Ply) 2:26.7 (2:25.3 ht); 2, J. Lessiter (Ux) 2:28.6; 3, T. Meeson (Uxb) 2:29.3. 75mH: 1, G. Riley (Sol) 11.9; 2, H. Pearce (Ply) 12.1; 3, S. Bailey (Warley) 12.6. LJ: 1, J. Nellist (M & C) 4.93/16'2¼"; 2, Spurgin 4.78/15'8½". DT: J. Pickering (Stret) 27.96/91'9"; 2, L. Mallin (Ply) 26.56/87'2". JT: 1, S. James (Afon Taf) 37.58/123'3"; 2, H. Young (NSP) 33.88/111'2"; 3, J. Williams (Cannock S) 28.66/94'0". 4x100: 1, Solihull 51.9; 2, Hickleton MYC 53.5.

At Brighton on September 5th Reading's John Turton (17) threw the 2 kilo discus 46.12/151'4" and sent the Junior 1.5 kilo implement 56.22/184'5".

BRENNAN TROPHY

At Warrington, September 12th

1, Sale 326; 2, Warrington 180; 3, Stretford 130; 4, Wallasey 72; 5, Pilkington 58. 100m: 1, I. Thomas (Sale) 11.0; 2, J. Harrison (Warr) 11.1. 200: Harrison 22.4. 800: M. Rothwell (Sale) 1:57.6. 1500: D. Lockley (Wall) 3:58.8. 3000: D. Farmer (Sale) 8:41.6. Team: Sale 8. DT: G. Dirkin (Stret) 48.72/159'10" (UK best by 17-y-o). (Youths) 400: 800: A. Settle (Sale) 52.5/1:59.1.

FENNEY TROPHY (WOMEN)

1, Derby L. 208½; 2, Notts 191; 3, Stretford 161; 4, Warrington 120½; 5, Pilkington 84. 100/200: S. Colyear (St-Int) 12.5/25.7. 2000mW: C. Daniels (Warr) 11:25.0. HJ/LJ: Colyear 1.50/4'11" & 5.14/16'10½". SP: 1, S. Campbell (Dby) 12.47/40'11"; 2, J. Frampton (Notts) 11.73/38'6"; 3, N. Njoku (St) 11.36/37'3½". DT: 1, Campbell 41.86/137'4"; 2, Frampton 40.98/134'5". (Intermediates) 100m: R. Morris (St) 12.6. 400: S. Russell (Notts) 64.9. 800mH: Morris 12.1. 4x100: Stretford 50.4. (Junior) 200: C. Bradbury (Dby) 27.9. (B) S. Hodgetts (Pilk) 27.9. 1500: S. Hodgetts (Pilk) 5:20.8. 4x100: 1, Derby 52.9; 2, Stretford 53.2. LJ: J. Bramley (Dby) 4.75/15'7".

AAA National Coach Wilf Paish poses the question:

Why Not 400 Hurdles For Women?

THE 200 metres hurdles event for women came under fire from active hurdlers and coaches very soon after its introduction. By the same token the old 80 metres hurdles provoked similar discussions as soon as quality hurdlers started to train for the event. I emphasise "quality hurdler" because the naturally endowed sprinter does not seem to experience the same problems with stride pattern as does the more rangy hurdler when trying to run fast over obstacles that are too low and too close together.

The approach to the first hurdle is never really a problem as reversal of foot positions at the start, and by adopting a slightly different starting technique, can soon accommodate the free running distance. But between the hurdles the talented performer needed something less than three good strides. As the distance did not altogether encourage an alternate leg action it left no alternative other than to "chop" the stride length in order to fit in the natural three stride rhythm. Most coaches were happy when the 100 metres event was introduced.

Not enough of a challenge

However, I still felt that it did not cater for the true hurdler as the 83.7 cms (2'9") hurdle did not offer enough of a challenge and still favoured the fast, yet technically less able, hurdlers. So true hurdlers can only hope that the height of the hurdle might be increased in the near future. I see nothing wrong in keeping the race as it is for pentathletes and less able performers but the truth is that Olympic-class hurdlers need more of a hurdling event.

Now the 200 metres hurdles, very much in its infancy, is under the same sort of fire as the 80 metres. Thus history is repeating itself and to avoid changing the distances every other year some careful research work must go into selecting a really suitable combination of distances. As it stands at the moment the 19 metres interval is far from the correct one for good hurdlers. It is a little too far for a seven stride rhythm, and much too short for a nine stride rhythm. With this in mind I decided to experiment with Christine Perera, who is a world class hurdler, so at least one aspect of the experiment was valid.

1. Keeping the hurdles at 19 metres apart, Christine could just manage a seven stride rhythm, for the first three hurdles only, and this was with tremendous encouragement from both myself and her husband. A much stronger hurdler could probably hold the seven stride rhythm for longer but it would certainly mean changing down to nine, or an alternate leg action, for at least half of the race. But even a very tired hurdler has a problem to fit in nine strides with very short interval.

2. From the above experiment I reasoned that Chris had something slightly less than two stride lengths available so I decided systematically to increase the interval by half a metre for a number of trial runs. When the distance was at 20 metres and 20.5 metres considerable stride chopping had to take place. A spacing of 21.0 metres produced the best stride pattern and the fastest time and a distance of 21.5 metres could be achieved without undue stretching. I am the first to admit that the method I used has a considerable weakness in that I only used the first three hurdles, hence the fatigue factor is not very apparent. But to



Sandra Dyson (centre) leads in a 200 metres hurdles race at Crystal Palace. She holds the UK best performance for the event with 27.1 sec. The world record stands at 25.8.

G. L. Pike

offer some support for the method, the trials were performed after a strenuous 100 metres hurdles training session and there was a maximum of two minutes recovery between trials.

History illustrates that the distances chosen for women's hurdles events become obsolete as soon as the physically gifted train for the event. This makes one wonder how much research work, if any, is done before a distance is introduced as a race. It would appear that research is carried out with lower class performers, hence the conclusions drawn are not applicable to the athletic elite. Such experiments must be carried out with international class athletes from all the competing countries of the world.

Should we abandon 200?

But the 200 metres event itself presents problems. One might ask what is the purpose of the event? Surely it is to make the athletic spectrum wider. I am confident that if the event is introduced in any of its possible forms it will still attract the sprint hurdlers and not increase the athletic population at all. This is certainly the case as it stands at the moment. There is evidence to support that athletics for women is following an identical evolutionary pattern to that of the men. (The technique used by women field events performers is now identical to that used by their

male counterparts). Because this pattern is apparent might it not be wise to abandon all thoughts of a 200 metres event (now almost a thing of the past with the men) and consider a modified 400 metres hurdles event for the ladies.

I am convinced that they could do it and this would certainly widen the athletic spectrum for women. The thought of a 400 metres for women might horrify many officials but so did the thought of a 1,500 metres event not quite so long ago. But now it is common and they are even considering longer track races. In fact in the year 2,000 we might even see our ladies turning with hammers, with events like the steeplechase, pole vault and triple jump having been introduced considerably earlier. I am sure the passing of time will prove me correct, at least in part.

But returning to the present, the idea behind this article is to encourage all those coaches, all over the world, who have TOP CLASS hurdlers to experiment with the various combinations of distances etc., likely to make up a longer hurdles race for women so that past mistakes can be avoided.

Looking back at a report of the 1908 Olympic Games it would appear that both the 110 metres hurdles and the 400 metres for men have changed little in over sixty years. It would be nice to think that our ladies could hit on a combination of distances that might last for a similar period!

Alan Blinston Sets Pace In Linotype "5"

September 9th

ON a cool windy night, a group of a dozen kept closely together for the first couple of miles, before Alan Blinston went away on the downhill section. Alan piled it on in the third mile, and maintained his lead to the finish despite Ron Hill's belated attempts to close the gap—the Bolton man was racing only four days after his 30km exertions at Crystal Palace. Another who gave himself no rest was Arthur Walsham, who took the veterans award despite having won the SLH "30" on the previous Saturday.

1. A. Blinston (Altrincham)	23.10
2. R. Hill (Bolton)	23.17
3. A. Dean (Stoke)	23.21
4. S. Clegg (Salford) 23.24; 5. B. Allen (Windsor) 23.27; 6. S. Hope (Stoke) 23.33; 7. C. Leigh (Salford) 23.44; 8. D. Fownes (Tipton) 23.47; 9. K. Boyden (Tipton) 23.48; 10. J. King (Alsager) 23.59; 11. C. Robinson (Rochdale) 24.01; 12. N. Deakin (Stoke) 24.05; 13. F. McGuire (Alsager) 24.10; 14. R. Wood (Warr) 24.11; 15. E. Haslam (Bolton) 24.13; 16. P. Braithwaite (Bingley) 24.17; 17. J. Norman (Alt) 24.20; 18. S. Edmunds (Sale) 24.30; 19. A. Adams (Stoke) 24.33; 20. G. Entwistle (M & D) 24.34; 21. M. Orton (Tipton) 24.37; 22. A. Walsham (Salf) 24.37; 23. I. Fox (E. Ches) 24.44; 24. B. Boxen (M & D) 24.45; 25. C. Roberts	

(Leigh) 24.54; 26. M. Thacker (Stoke) 24.54; 27. M. Chapman (Bolton) 24.57; 28. D. Shelley (Stoke) 24.58; 29. P. Shaw (MAC) 24.59; 30. K. Baum (Bolton) 25.01; 31. D. Jeffs (Wirral) 25.02; 32. G. Lawson (M & D) 25.03; 33. J. Bradshaw (Warr) 25.06; 34. M. Firth (MAC) 25.13; 35. J. Watson (Wirr) 25.19; 36. P. Egerton (Stoke) 25.30; 37. P. Goodfellow (Stoke) 25.35; 38. M. Cranny (Wirr) 25.41; 39. J. Bygott (Tipton) 25.47; 40. J. Davies (Sale) 25.52. 97 finished.

Teams: 1, Stoke (3, 6, 12) 21; 2, Salford (4, 7, 22) 33; 3, Tipton (8, 9, 21) 38; 4, Bolton UH 44; 5, Altrincham 62; 6, Manchester & Dist 76; 7, Alsager 87; 8, Warrington 94; 9, Sale 99; 10, Wirral 121.

GREENWICH "11"

September 12th

1. L. Mann (Belgrave)	54.59
2. R. Richardson (Blackheath)	54.59
3. F. Maillardet (Cambridge)	55.04
4. G. Taylor (Camb) 55.22; 5. H. Starkey (Shaftes) 56.33; 6. W. Allen (E & E) 57.08; 7. A. Jones (Camb) 57.20; 8. G. Elmore (Shaftes) 57.27; 9. H. Richards (Shaft) 58.10; 10. J. Abberton (Poly) 58.48; 11. M. Paul (Camb) 59.57; 12. F. Rogers (B'ht) 60.22; 13. D. Dellar (Camb) 60.37; 14. V. Hicks (Met. P) 61.10; 15. M. Capewell (Sm. Hth) 61.13; 16. R. Curtis (Tilton) 61.53; 17. A. Davies (B'ht) 62.15; 19. P. Wilks (Poly) 62.28; 19. D. Maynard (Camb) 62.43; 20. B. Mahon (Camb) 63.46. 46 finished. Teams: 1, Cambridge 13; 2, Shaftesbury 20; 3, Blackheath 24. Veteran: Dellar, Handicap: M. Capewell (Sm. Hth) (16.30) 44.43.	

UNITED KINGDOM COACHING SCHEME

Squadron Leader C. N. Cobb, MBE, RAF (Retd.), Hon. Secretary of the Interim UK Coaching Committee explains an important development.

IT all began with a resolution passed by the British Amateur Athletic Board at its first Annual General Meeting in Birmingham on October 28th, 1967. "That the British Amateur Athletic Board, in conjunction with the constituent bodies, form a Coaching Committee to be responsible for the international team".

There followed a period which might best be described as 'diplomatic exchanges of view', during which many informal discussions took place before, on January 25th, 1969, a meeting of all interested parties was held to formally discuss the proposal with a view to the setting up of suitable 'machinery' and its implementation.

This meeting resulted in the setting up of a special Steering Committee to be entrusted with the task of preparing a scheme for the administration of coaching throughout the United Kingdom.

As a result of the Steering Committee's deliberations, a firm proposal was submitted to the BAAB on May 22nd, 1969, and it is this proposal, with certain modifications, which has now been accepted as the basis for a UK Coaching Scheme, an outline of which follows.

The aims of the scheme are assessed under four major headings, viz:—

(a) The improvement of standards in track and field athletics at every level.

(b) The training and testing of suitable persons to become qualified coaches.

(c) The teaching of basic athletics skills.

(d) The development of athletics within schools, universities, colleges of education, technical colleges or any other establishment of further education.

The constitution of the committee entrusted with achieving these aims is shown separately as Appendix 'A', and it will be seen that it is widely representative of all interested bodies.

The organisation is based upon a three-tier system consisting of:—

(a) **First Tier.** Two principal National Coaches and the Coaching Administrator.

Broadly speaking the two Principal National Coaches will be responsible for all technical development including the organisation of coaching for the national track and field teams and the overseeing of all groups of event specialisation. The Administrator will have overall responsibility for the efficient administration of the whole scheme.

(b) **Second Tier.** All National Coaches together with other nominated Senior Coaches specifically for event responsibility.

Their duties will be concerned with event specialisation and responsibility at national level and also with the development of selected top class athletes in the events for which they are responsible.

National Coaches will continue to have area and regional responsibilities as before.

(c) **Third Tier.** All Senior Coaches, Club Coaches, Assistant Club Coaches and Teachers holding the appropriate qualification. Their duties will include coaching or assisting with coaching at Area/Region, County, Club and School level.

Within the Senior Coach structure appointments will be made to Staff Coach. Such appointments will be made by areas/regions in consultation with the national and event coaches. Staff coaches will have an important role in the event responsibility aspect of the scheme.

So much for the broad outline, and now to look at some of the detail.

First Tier

The duties of the two principal National Coaches will include the assumption of overall responsibility for the preparation and coaching of international teams. The overseeing of groups of events as listed in Appendix 'B', or such other groupings as may from time to time be determined. It is they who will determine the appointments of event coaches and they will liaise closely with the BAAB regarding team building, selection and "get-togethers". Their liaison will also extend to the Coaching Administrator and the UK Coaching Committee and Coaching Committees at area/regional level. Insofar as technical developments are concerned it will be their duty to keep abreast of current developments, and to ensure that this information is made available to all coaches through the medium of the Second Tier organisation.

Second Tier

The duties of event coaches will include working under their respective overseeing principal National Coach and being directly responsible to him. They will liaise with the six areas/regions in the appointment of staff coaches for their respective events, and submit outline plans for the coaching and training of athletes selected to take part in the scheme, i.e. of international or potential international standard, and for the future development of the events. They will be expected to conduct courses for the selected athletes and their coaches from all areas/regions in order to improve the overall standard of the event.

It is envisaged that there will be a number of week-end "get-togethers" of the selected athletes and their coaches at UK level, and a series of day courses at area/regional level.

In the first instance, event coaches will be invited to undertake the work of event respon-

sibility up to the Munich Olympics, thereafter appointments will be made by Olympiads:

It is the intention that full use should be made of the Specialist Clubs where they are active, particularly in regard to event specialisation, and that Event Coaches will liaise with the relevant Specialist Club and encourage its activities in the development of its particular event.

Within the second tier organisation the role and work of the National Coaches has been much more clearly defined, *vis-à-vis* their current specialisation responsibilities and their area/regional work. In particular is this so with regard to the nature and the amount of time to be spent on the various facets of their work.

In broad terms it may be considered that the role of the National Coach is:—

(a) To aid athletes, coaches and teachers to understand the techniques involved in the preparation for and the acquisition of athletic skills.

(b) To act as an athletic propagandist.

The type of work will include coaching courses for coaches, teachers and specialists. Visits to clubs where specialist coaching is required on an organised basis. Courses for athletes, visits to schools, but limited to coaching on a selective basis or for general lectures. The writing of instructional booklets, articles for technical publications, athletics magazines, etc. Time for preparation and administration, and time also for keeping up to date with modern techniques and teaching. They will also be allowed time for individual coaching of top class athletes.

The scale of fees to be charged for the services of National Coaches has been reviewed and with effect from April 1st, 1971, will be:—

Affiliated Clubs . . . £1.00 per hourly session.

Local Authority and other Organisations . . . £3.50 per hourly session plus a request for travelling and subsistence expenses.

Third Tier

In order to achieve uniformity it is proposed to introduce the following grades of coach:—

(a) Assistant Club Coach.

This award will be designed to cater for persons who wish to help clubs in basic coaching and competition. It will be broken up into four categories:— (i) Runs; (ii) Jumps; (iii) Throws; (iv) Hurdles and Steeplechase.

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(b) Club Coach.

This grade of coach will approximate to the present AAA Coaching Award, the standard required being the ability to coach an athlete or a group of athletes up to area/regional standard.

(c) Senior Coach.

This grade of coach will approximate to the present AAA/WAAA Senior Coach Award.

In all the above awards some modification will be needed to accommodate persons coaching women's events, e.g. hurdles group would take into account the differences between men's and women's events.

The staff coach system which has been gradually developing will be accepted as a development within the UK Coaching Scheme on the understanding that this is not the coaching grade as such, but an appointment to be made at area/regional level from within the Senior Coach structure.

(d) Teachers Award.

It has been agreed in principle to establish a Teachers Award, the details of which have yet to be finalised.

Joint Coaching Sub-Committees.

It is the intention to form joint Coaching Sub-Committees at area/regional level to be equally representative of both men's and women's coaching interests.

Examinations.

It is the intention to standardise examinations in respect of the new awards, and minor modifications will be necessary on such matters as eligibility, age, method of examination, badges, etc. to meet the revised grading. A standard fee of 10/- (50 n.p.) will be made for all examinations.

It will be necessary to carry out a review of all existing qualified coaches so as to fit them into the new structure and bring the list of active coaches up-to-date.

Implementation.

It must not be imagined that all these things will happen at once. It will take time to assimilate all aspects of the scheme on a UK basis. Despite the progress that has been made there are still a number of items to be settled.

It will, for example, be necessary to revise the geographical areas for which National Coaches are now responsible, since the duties of the two principal National Coaches will take them out of their previous regional work. It is hoped in this connection, and indeed the scheme provides for it, to appoint a Coach/Administrator for Northern Ireland.

Much still requires to be done before the scheme becomes fully viable. It is important to remember that it is still in its interim stage, and its full viability will depend to a large extent on finance (a major item still to be settled) and eventual Federation.

APPENDIX 'A'

CONSTITUTION OF THE INTERIM UNITED KINGDOM COACHING COMMITTEE

Chairman; Honorary Secretary; Members: One

continued on page 22

European Junior Championships

At Stade Colombes, Paris, September 11th-13th



Waltraud Pohland (193), of East Germany, resisted the challenge of Sylvia Schenk (W. Germany) to win the 800m in 2:05.2.



Winner of the girls discus was the Hungarian, Klara Pogyor, with a throw of 48.26/158'4".



The extraordinary finish of the 3000 metres: out in the sixth lane Wolfgang Riesinger (West Germany) blocks Herman Mignon (Belgium) . . . and was disqualified for his tactics. Silver medallist John Boggis is out of camera range.

**Photos by
Tony Duffy**



Berwyn Price, winner of the high hurdles, acknowledges the crowd's applause.

Left: Francois Tracanelli safely over 5.20/17'0 $\frac{3}{4}$ " for victory in the pole vault.

Drama at the end of the 400 metres final: Pete Beaven, far left, snatches the gold medal in 47.0 as the Russian, Kocher, falls just a couple of strides from the finish.



UK COACHING SCHEME continued from page 19

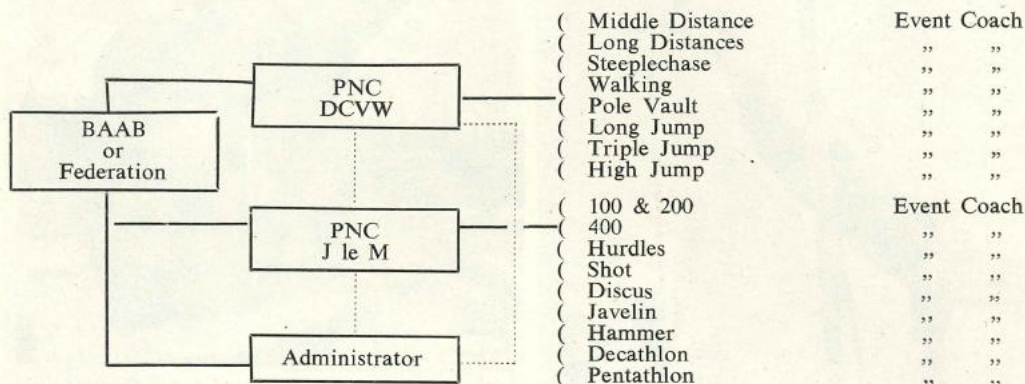
representative from each of the following bodies:—AAA, Scottish AAA, Northern Ireland AAA, Welsh AAA, Women's AAA, Scottish Women's AAA, Northern Ireland Women's AAA, Schools, Department of Housing and Local Government, Scottish Education Department, Northern Ireland Ministry of Education, Central Council of Physical Recreation, Scottish Council of Physical Recreation, British Association of Lecturers in Physical Education; Two Senior

National Coaches. **Ex-officio Members:** Chairman of the BAAB, Hon. Secretary of the BAAB, Hon. Treasurer of the BAAB, Asst. Hon. Treasurer of the BAAB. **Co-opted Member:** Representative of the Race Walking Association.

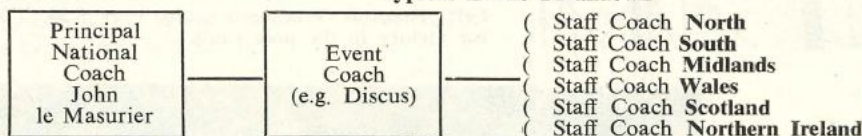
Note:—The Committee shall have power to co-opt as necessary and this would particularly apply to representatives of individual Schools Association when matters directly affecting schools were being dealt with.

APPENDIX 'B'

**EVENT SPECIALISATION AND RESPONSIBILITY
ORGANISATIONAL CHART**



NOTE: The two Principal National Coaches would oversee the National Relay Squads in conjunction with the two Event Coaches.

Typical Event Breakdown

NOTE: It may not be possible to appoint all the Staff Coaches until the scheme has been in operation for some months.

SCAITHWAITE FELL RACE**September 12th**

1. D. Cannon (Kendal) 35.11
2. J. Norman (Altrincham) 36.07
3. M. Sams (Bingley) 37.30
4. M. Seddon (Holm) 37.45; 5. W. Lambert (L'wood) 38.07; 6. E. Crosland (Holm) 38.43; 7. M. Davies (Reading) 38.45; 8. T. Ramsden (Holm) 38.59; 9. B. Stacey (Holm) 40.19; 10. D. Griggs (C&C) 40.31; 11. L. Bailey (Holm) 40.33; 12. R. Bradley (Holm) 40.47; 13. M. Armitage (Holm) 43.08; 14. B. Heywood (Holm) 44.00; 15. D. Butterworth (Holm) 48.40. (No team race).

Youths & Boys 2½M

1. G. Ellis (Holmfirth) 14.32

2. D. Murdoch (Holmfirth) 14.49
3. G. Sellens (Longwood) 15.29
4. J. Kenny (Clayton-I-Moors) 15.34; 5. H. Symonds (Alt) 15.37; 6. J. McGuire (Clayton) 15.43; 7. B. Johnson (ASV) 15.50; 8. J. Smith (L'wood) 16.06; 9. P. Hanson (L'wood) 16.35; 10. C. Davies (Alt) 16.36.

MIDLAND LEAGUE AGM

The AGM of the Midland Track & Field League will be held on October 13th, at Birchfield Stadium, Perry Barr, Birmingham and all members of the League are strongly urged to attend this meeting as some very important items will be on the Agenda and possible changes also discussed.

THE JUNIOR "SET-UP"

Mike Farrell, Hon. Secretary and Bill Sykes, Hon. Assistant Secretary write about the functions of the BAAB Junior Commission

WE were both jointly appointed by the BAAB in March 1969, "to deal with matters concerning the development and preparation of Junior International teams and to provide information for the Full Team Management and Selection Sub-Committee" and we have had much encouragement from the Board Officers. Peter Martin and Alan Lindop, of the NUTS, were invited to act as Statistical Advisers for Junior Athletes and Bill Eves, with his special knowledge of Schools Athletics, was called in to join in our initial deliberations. Since then we have prevailed upon the Areas to nominate representatives whose main function is to act as "scouts" for athletes who look like reaching the high minimum standards we set for inclusion in our National list of Potential Internationals.

There are now well over 300 Junior men and women on our National List and we have so far circulated seven Bulletins containing news and items concerning Fixtures, Selection dates, Winter Courses and general advice on what we expected from our future Internationals. This "paper traffic" is two-way in that athletes provide us with monthly returns of performances and we let our Statisticians see these to make sure nobody has been missed—we then put them in personal dossiers which can eventually be handed over to the Senior records at the Board Offices. We have both travelled thousands of miles to see athletes competing and to get to know them. We invited them to send in their suggestions and criticisms at the end of 1969 and the ready response yielded ideas that we have been pleased to carry out.

Last Winter we put on a full programme of courses for our top rankers and this winter our Juniors will be merged with Seniors in the com-

prehensive programme of courses being planned by the Coaching Committee and the National Coaches under the UK Coaching Scheme. We have a splendid tie-up with the National Coaches and we have been able to help them by providing them with a "Junior Survey for 1969". This survey was not just a ranking list but gave such details as height, weight, name of coach, area, year of birth and marks in other events. An even fuller survey is in the course of production for 1970 and is intended to provide part of the basis on which the details of the UK Coaching Scheme can be planned. And we have not forgotten those Juniors last year who are now over-age. They get our Bulletins and continue to send in performance returns. They were included in the winter courses and many of them have been found places in AAA and Area matches this year. Many of them represented home countries in Edinburgh and two of them very recently did well for England against Benelux.

The IAC has encouraged us by including 20 or more Juniors in special events at the last two Coca-Cola Meetings and welcomed another 12 to the IAC week-end at Loughborough in April.

Our Selection Meetings are attended by the Statisticians and National Coaches and we have details of "through performances" so that consistency can be measured alongside best marks. The Paris team was chosen from those who had qualified and stood a chance of reaching the final of their events. Twelve of the men were Junior Internationals in 1969 and we were delighted to have with us Mrs. Nelson Neal, Team Manager, and a splendid team of Junior Ladies. Although money is still in short supply the Board enabled us to take a much larger team to Paris than we had expected and we are more than grateful.

Mike Winch In Form At Allsop Trophy

At Walton, September 9th

THE undisputed star of the meeting was the resplendently moustached Mike Winch of Brighton & Hove, who shattered the 12-year-old ground record in the shot, and set a personal best in the process. Starting with a warm-up toss of 14.47/47'6", he followed through with putts of 15.69/51'5½", 15.72/51'7", 15.72, and then sent the ball out to 15.90/52'2" on his fifth effort. The blustery conditions made fast times difficult on the track, but there were plenty of exciting finishes. Peter Standing, now back in full training after an enforced 4 month lay off due to Achilles tendon trouble, scored a runaway win in the 5000m, and

looks a force to be reckoned with this coming winter.

Barry Tilbury

1, TVH 74; 2, Walton 67; 3, Aldershot, Farnham & D. 63½; 4, Epsom & Ewell 53; 5, Brighton & Hove 51; 6, Windsor, Slough & Eton 25, 100m: 1, I. Matthews (TVH) 10.9; 2, G. Garland (Walt) 11.1; 3, Dix (AFD) 11.2. (B) Griffiths (TVH) 11.1. 400: 1, Hobson (TVH) 50.3; 2, D. Ives (AFD) 50.5. 800: 1, R. Smith (TVH) 1:55.3; 2, Ives 1:56.2. 1500: 1, C. Carter (B & H) 3:57.1; 2, D. Curwell (AFD) 3:57.4. (B) B. Ford (AFD-J) 4:00.8. 5000: 1, P. Standing (B & H) 14:32.4; 2, J. Jones (Wind) 14:56.6. Team: Walton 13p. 8x200: 1, TVH 3:10.0; 2, Epsom & Ewell 3:17.7; 3, AFD 3:18.3. HJ: 1, R. Morris (Wal) 1.90/6'3". SP: 1, M. Winch (B & H) 15.90/52'2"; 2, N. Griffin (Wind) 13.98/45'10½". JT: 1, Griffin 56.20/184'4"; 2, D. Sheppard (Walt) 51.94/170'5".

Overseas News and Results

HEIDE FALLS JUST SHORT OF PENTATHLON RECORD

TOP action in Europe the past weeks has been centred upon the pentathlon. As earlier reported, Burglinde Pollak has broken Liesel Prokop's world record of 5352 points; she totalled 5406 to win the East German title at Erfurt on September 5th/6th. This 19-year-old, 1.79/5'10½" tall and weighing 67kg/148lb, displayed no weaknesses at all as she clocked 13.3 for the hurdles, put the shot 15.57/51'1", Fosbury-flopped 1.75/5'8½", long jumped 6.20/20'4" and ran 200m into the wind in 23.8—four new personal bests and one, the hurdles, equalled! Margit Herbst was in inspired form, too, as she placed second with 5215.

Heide Rosendahl set about attacking these startling new figures in the West German championship at Stuttgart the very next week-end. She began brilliantly with a new national hurdles record of 13.1 but lost ground in relation to Pollak with a shot put of 13.31/43'8" and high jump of 1.70/5'7", the latter a personal best. Unfortunately, in the long jump where she holds the pending world record of 6.84/22'5¼", 23-year-old Heide was held down by the adverse wind to a relatively moderate 6.56/21'6¼". She finished in style, with a great 23.1 200m—0.6 inside her previous fastest—but fell short of Pollak's score by just eight points with 5398. Olympic champion Ingrid Mickler was 2nd with her biggest ever score of 5282.

Here is how the world all-time list looks at the moment:—

5406	Burglinde Pollak (E. Germany)	1970
5398	Heide Rosendahl (W. Germany)	1970
5352	Liesel Prokop (Austria)	1969
5282	Ingrid Mickler (W. Germany)	1970
5246*	Irina Press (USSR)	1964
5215	Margit Herbst (E. Germany)	1970
5148	Mary Peters (UK)	1970
5121	Valentina Tikhomirova (USSR)	1970
5046	Meta Antenen (Switzerland)	1969
5038*	Galina Sofina (USSR)	1968
5037	Ann Wilson (UK)	1970
5035*	Mary Rand (UK)	1964

* with 80 metres hurdles

The European 100m record was equalled under mysterious circumstances at Burg Gretesch, near Osnabruck, on September 7th. Gert Metz (28), beaten by Roger Bambuck in 10.6 the previous week, won the race in 10.0 with three other West Germans credited with 10.1! The wind reading was an acceptable 1.8m/sec but Franz-Peter Hofmeister (born 5.8.1951), second in a European junior record of 10.1, says the wind was much stronger than that and refuses to take the time

seriously. That attitude would appear to be the correct one, for 10.1 was also awarded to Manfred Knickenberg, who at 33 is several seasons past his best, and Manfred Letzelter (30).

Karin Illgen (E. Germany) came up with a tremendous series in Berlin on August 31st, approaching Liesel Westermann's world discus record of 63.96/209'10". All six of her throws were over 200 feet: 61.26, 62.52, 61.78, 63.54/208'5", 62.08 and 61.64. A momentous performance also by Olympic champion Lia Manoliu; at the age of 38 she increased her national record to 59.48/195'2" at the Rumanian Championships.

RESULTS FROM EUROPE

ALBANIA

Marjeta Pronjari (19) raised the national women's high jump record from 1.65/5'5" to 1.72/5'7¼" at Tirana on May 15th, a mark she improved at the Universiade in Turin when she jumped 1.73/5'8" during a 4345 pentathlon.

AUSTRIA

15.8. Klagenfurt. DT: Reinitzer 60.40/198'2" (rec). 15/16.8. Lustenau. Women's Pen: Sykora 4570. 22.8. Schielleiten. HT: Potsch (37) 67.04/219'11".

BELGIUM

14.8. Blankenberg. 100m: Vaughan (US) 10.2, Roberts (Trin) 10.4, Kone (IC) 10.5; 200m: Vaughan 20.8, Roberts 21.1; 800m: Reygaert 1:48.5, Van Manshoven 1:48.7, Dyce (Jam) 1:49.0, Mumenthaler (Swi) 1:49.5, Cayenne (Trin) 1:50.0; 1500m: de Hertoghe 3:38.9, Kemper (WG) 3:41.7; 5000m: Puttemans 13:47.0; 110mH: Davenport (US) 13.9; PV: Engel (WG) 5.00/16'5", Seagren (US) 4.80/15'9".

15/16.8. Ghent. Dec: Herbrandt 7630; women's Pen: Emonts-Gast 4399 (rec). 16.8. Duffel. Women's 800m: Peykens 2:08.7 (rec), O'Neill (RoI) 2:09.9.

CZECHOSLOVAKIA

25/26.7. Banská Bystrica. SP: Nagy (Hun) 18.64/61'2"; DT: Fejer (Hun) 61.96/203'3"; HT: Encsi (Hun) 66.58/218'5"; JT: Csik (Hun) 80.58/264'4"; women's LJ: Devinska 6.34/20'9¼". 27.7. Trinec. SP: Janousek 18.86/61'10¼", Smid 18.74/61'5¼"; DT: Danek 64.10/210'3"; women's SP: Fibingerova 16.77/55'0¼" (rec). 2.8. Prague-Podebrady. 50kmW: Hohne (EG) 4:06:10.8, Soldatenko (SU) 4:09:59.6, Selzer (EG) 4:10:51, Lyungin (SU) 4:17:37.4, Leuschke (EG) 4:20:40.6. 8/9.8. Prague. 110mH: Nadenicek 13.8; SP: Brabec 18.84/61'9¼", Smid 18.82/61'9". 9.8. Prostějov. Women's HJ: Karbanova 1.78/5'10". 11.8. 110mH: Nadenicek 13.7; SP: Janousek 19.12/62'8¼". 15/16.8. Prague. HJ: Palkovsky 2.15/7'0¼"; LJ: Broz 7.73/25'4¼" (rec), Broda 7.68/25'2¼"; TJ: Fiser 16.10/52'10"; SP: Brabec 18.56/60'10¼", Janousek 18.50/60'8¼" ... 5, Skobla 17.63/57'10".

6.9. Otrokovice. Women's 200mH: Birnbaumova 27.3 (rec).

DENMARK

8.7. Skive. 100m: Quarrie (Jam) 10.5; 400m: Forbes (Jam) 47.2; 800m: Dyce (Jam) 1:48.8; Myton (Jam) 1:49.6; 3000m: O'Brien (Aus) 8:00.6; Clarke (Aus) 8:03.2; women's 400m: MARILYN NEUFVILLE 55.1, Damm Olesen 55.2. **15/16.8. Copenhagen.** (Danish Champs) 1500m: Hansen 3:42.5; 110mH: Smidt-Jensen 14.2 (eq. rec); women's 400m/800m: Jennes (16) 54.8/2:09.8. **15/16.8. Odense.** (Lugano Cup semi: W. Germany 98, Sweden 87, France 69, Norway 38, Denmark 29, Belgium 20) 20kmW: Wesch (WG) 1:31:32.6; Ingvarsson (Swe) 1:31:38.4; 50kmW: Nermerich (WG) 4:18:54; Weidner (WG) 4:22:58.2, Andersson (Swe) 4:24:09.2.

EAST GERMANY

29.7. Berlin. Women's DT: Illgen 63.18/207'3". Spielberg 60.56/198'8". **5.8. Berlin.** DT: Thorith 61.04/200'3"; women's SP: Friedrich 17.62/57'9". **9.8. Potsdam.** DT: Thorith 59.52/195'3". **16.8. Jena.** 10,000m: Lesse 28:57.8.

16.8. Jena. HT: Sachse 70.34/230'9"; women's DT: Mickler 55.88/183'4". **29.8. Leegebruch.** (EG Champs) Mar: Truppel 2:20:15.4; 50km Walk: Hohne 4:06:00; Leuschke 4:07:48.4; Selzer 4:10:00.6; Skotnicki 4:10:54.4; Sperling 4:17:33; Sakowski 4:23:19.8. **30.8. Erfurt.** 800m: Fromm (back after injury) 1:49.1; 1500m: Seyffahrt 3:40.7; Exner 3:40.9. **30.8. Magdeburg.** HJ: Huttel 2.15/7'0". **31.8. Berlin.** Women's DT: Illgen 63.54/208'5" (rec). **2.9. Erfurt.** 800m: Fromm 1:47.0; Seyffahrt 1:48.9; Exner 1:49.1. **2.9. Potsdam.** HJ: Kirst 2.05/6'8". HT: Madler 67.06/220'0"; JT: Hinzmann 80.12/262'10". **5.9. Dresden.** SP: Prollius 18.99/62'3". **5.9. Berlin.** 10,000m: Busch 28:51.8; PV: Prygiel 5.00/16'5"; LJ: Auerswald 7.74/25'4". ... Kirst 7.35/24'1". DT: Thorith 62.48/205'0"; HT: Theimer 70.64/231'9"; women's 400m: Zehrt 53.8, Rhode 54.4; SP: Kolev 16.59/54'5". Meintz 16.42/53'10". **5/6.9. Erfurt** (EG Champs) Dec: Demmig 8130 (10.5, 7.29, 14.21, 1.92, 47.9, 14.1, 42.13, 4.50, 57.88, 4:35.5), Wessel 7988 (10.7, 7.41, 14.39, 2.01, 49.0, 14.9, 43.80, 4.70, 55.94, 4:56.4), Michalak 7893. Theimig 7624, Richter 7610; women's Pen: Pollak 5406 (world record; 13.3, 15.57, 1.75, 6.20, 23.8), Herbst 5215 (13.4, 14.02, 1.68, 6.42, 24.4), Kasling 4765, Bodner 4702.

FINLAND

We omitted two of Mikko Ala-Leppilampi's marks in last week's list; in fact he ran 13:48.6, 8:43.2, 13:40.2, 13:57.4, 13:54.8, 14:06.8, 14:09.2, 13:43.0, 28:55.2 and 8:45.0 between August 20th and September 6th!

28.8. Hameenlinna. 400m: Kukkoaho 46.6; 5000m: Ala-Leppilampi 14:06.8; DT: Drescher (US) 61.20/200'9". Rinne 59.20/194'2". Myyra 58.54/192'1"; JT: Nevala 87.54/287'2". Skinner (US) 82.64/271'1". **30.8. Pieksamaki.** 5000m: Ala-Leppilampi 14:09.2, Shorter (US) 14:12.8; LJ: Coleman (US) 7.73/25'4". DT: Drescher (US) 59.08/193'10". Myyra 58.18/190'10". **31.8. Vuosaari.** 100m: Tapola 10.4 (eq. rec); women's 400m: Eklund 54.9.

FRANCE

7.8. Vittel. DT: Niare (Mali) 59.86/196'4" (rec). **5.9. Herouville.** 100m: (+ 0.3m) Bambuck 10.2; SP: Colnard 19.12/62'8". **5.9. La Faisanderie.** DT: Niare 58.54/192'1"; HT: Prikhodko 66.62/218'7". **9.9. Viry-Chatillon.** DT: Niare 60.62/198'10" (rec).

HUNGARY

25/26.7. Debrecen. SP: Farago 18.40/60'4". DT: Tegla 60.16/197'4". **2.8. Budapest.** Women's DT: Kleiber 60.00/196'10" (rec). **6-9.8. Budapest** (Hungarian Champs; amendments, etc) 5000m/10,000m: Mecser 14:04.4/29:14.8; HJ: 6, Major 2.08/6'9". PV: Kalmar 4.70/15'5"; SP: 3, Nagy 18.89/61'11". DT: Tegla 62.30/204'5" qual; HT: Zsivotzky 70.88/232'6" & Encsi 68.06/223'3" qual; women's 100m: Szabo 11.5; 100mH: Kiss 13.8 ht. **16.8. Budapest.** DT: Fejer 63.14/207'2" (rec). **22.8. Budapest.** (Women's Cup Final) 100m: VAL PEAT 6th in 11.7. **23.8. Budapest.** HJ: Tihanyi 2.13/6'11". DT: Fejer 60.96/200'0"; JT: Csik 81.86/268'7", Nemeth 80.08/262'9"; women's 200m: Szabo 23.8, Nikiforova (SU) 23.9; 100mH: Bach (WG) 13.4, Straszynska (Pol) 13.6; SP: Fuchs (WG) 16.98/55'8", Chewinska (Pol) 16.41/53'10"; JT: Jaworska (Pol) 60.36/198'0".

15/16.8. Dunaujvaros. (Lugano Cup semi) Italy 44, Hungary 40, Czechoslovakia 39, Switzerland 19. 20kmW: Pasquale (Ita) 1:36:02.4; 50kmW: Visini (Ita) 4:21:22.8, Dalmati 4:24:10.4.

ITALY

20.8. Schio. HT: Vecchiato 67.56/221'8". **20.8. Viareggio.** 110mH: Liani 13.9. **21.8. Schio.** DT: Simeon 58.98/193'6".

NETHERLANDS

22.7. Maastricht. 100m: Greene (US) 10.2. **25/26.7. Haarlem.** (Dutch Champs) Women's 100m/200m: W. v.d. Berg 11.7/24.6; 400m: Brehm 55.8; 800m/1500m: Keizer 2:06.7/4:24.6; 100mH: Sterk 14.3; HJ/LJ: Van Beek 1.66/5'5" & 5.95/19'6"; SP: Van Noorduyt 16.84/55'3"; DT: De Bruin 51.52/169'0"; JT: Luyer 46.22/151'7". **12.8. Papendal.** Women's 400m: Brehm 54.7; 1500m: Bosman 4:22.2, Grimbergen (jnr) 4:23.6. **19.8. Papendal.** 800m: Wassenaar 1:48.0 (rec); women's 1500m: Keizer 4:15.0, de Lange 4:19.6, Lenferink 4:21.3, E. Gommers 4:21.3. **22.8. Groningen.** (Netherlands 105, Denmark 95) 400mH: Jarlnas (Den) 51.8 (rec); PV: Krijnen 4.50/14'9" (rec); JT: Jochumsn (Den) 74.77/245'3" (rec). **23.8. Grinigen.** Women's Pen: Van Beek 4925 (13.8, 12.28, 1.68, 5.97, 24.6), Bakker 4682. **26.8. Sittard.** Women's 100m: R. v.d. Berg 11.7 ... 5, Szewinska (Pol) 12.1; 200m: Ruth 23.9; 1500m: Keizer 4:20.3.

At Willemstadt (Curacao) in August, Hugo Fernandes Mendes, a junior from Surinam, was credited with sprint times of 10.0 (+ 5m) and 21.0 (+ 3.5m), and Riet v.d. Berg ran 100m in 11.4. At Paris, representing the Netherlands, Fernandes Mendes finished last in his 100m heat in 11.1.

NORWAY

5/6.8. Oslo. 800m: 6, Smart (Can) 1:51.9; 1500m: 5, Hansen (Den) 3:41.8; 6, Van Dyk (US) 3:42.0; 7, K. Kvalheim 3:42.4 . . . Doubell (Aus) dnf (led in 57.3, 1:58.2); 3000m: 3, Reilly (US) 7:56.4. **14-16.8. Kristianstad.** (Norwegian Champs) 100m/200m/400m: RICHARD SIMONSEN 10.8/21.7/47.8; 1500m/5000m: A. Kvalheim 3:41.9/14:13.6; 3000mSC: Engen 8:39.4; SP: Bang Andersen 18.26/59'11"; JT: Olsson 78.02/255'11"; women's 800m/1500m: Sorum 2:08.4/4:24.6. **26/27.8. Oslo & Moss.** (Czechoslovakia 117, Norway 95) 400m: SIMONSEN 47.6 (2nd 200m, 21.6); 1500m: A. Kvalheim 3:39.6, K. Kvalheim 3:41.0 (jnr rec), Blaha (C) 3:41.4; 110mH: Nadenicek (C) 13.9; LJ: Haugland 7.68/25'23".

POLAND

3.9. Warsaw. 400m: Korycki (not Gredzinski) 4th in 46.8; 800m: Radomski (not Maluski) 5th in 1:47.6; 5000m: 4, Shorter (US) 14:01.0; DT: 4, Drescher (US) 57.90/189'11"; SP: 2, Prolius (EG) 18.72/61'5".

ROMANIA

5/6.8. Bucharest. 100m: Zamfirescu 10.3; women's 200m: Greene (US) 23.5; 400m: Fitzgerald (US) 54.4; 800m: Hull (US) 2:05.1. **29/30.8. Bucharest.** (Rumanian Champs) 100m: Darvas 10.6; 200m: Zamfirescu 21.2; 400m: Puiu 47.0; 800m: Damaschin 1:50.7; 1500m: Lupu 3:43.8; 5000/10,000m: Mustata 14:07.6/29:46.6; 3000mSC: Cefan 8:50.0; 110mH: Perteau 14.1; 400mH: Ratoi 51.2; HJ: Serban 2.14/7'04"; PV: Pistolau 5.07/16'73" (rec); LJ: Jurca 7.65/25'14"; TJ: Cobian 16.68/54'83"; Ciocina 16.40/53'94"; SP: Gagea 16.23/53'3"; DT: Naghi 55.16/180'11"; HT: Costache 61.70/202'5"; JT: Petrea 70.16/230'2"; 50km Walk: Caraiosifoglu 4:13:24.8; Women's 100m: Bufanu 11.8, Angelescu 11.9; 200m: Angelescu 24.3, Filip 24.3; 400m: Filip 53.7, Badescu 54.6; 800m: Silai 2:04.6, Iacob 2:10.2; 1500m: Andrei 4:27.1, Baci 4:27.6; 100mH: Bufanu 13.9, Angelescu 14.0; HJ: Popescu 1.78/5'10"; Bonci 1.74/5'83"; LJ: Viscopoleanu 6.38/20'114", Vintila 6.07/19'11"; SP: Salagean 15.98/52'54", Manoliu 14.94/49'04"; DT: Manoliu 59.48/195'2" (rec), Catarama 56.42/185'1", Menis 54.56/179'0"; JT: Prodan 50.26/164'11", Moritz 50.16/164'7". **12.9. Bucharest.** 100m: (nil) Montez (Cuba) 10.1, Barбора (Cuba) 10.1, Triana (Cuba) 10.2, Sarteur (Fra) 10.2; 110mH: Morales (Cuba) 13.7 (rec), Berkes (WG) 13.8; HJ: Zacharias (WG) 2.12/6'114", Serban 2.12, Elliott (Fra) 2.08/6'94"; TJ: Corbu 16.46/54'0"; JT: Wolfermann (WG) 85.72/281'3" (rec); women's 100m: Cobian (Cuba) 11.6; 800m: Silai 2:03.6; 100mH: Bufanu 13.4 (rec); LJ: Viscopoleanu 6.45/21'2"; DT: Manoliu 58.44/191'9".

SWITZERLAND

8/9.8. Berne. (Swiss Champs; amendments, etc.) 1500m: Lang 3:56.8; 5000m: Zimmermann 14:17.6; HJ: Portmann 2.10/6'104"; JT: Von Wartburg 72.26/237'1"; women's 400m: Meyer 54.7; 100mH: Antenen's 13.6 windy; SP: Anders 13.62/44'84";

DT: Pfister 45.80/150'3"; JT: Ulrich 41.90/137'5". **15/16.8. Wallisellen.** 100m/200m/400m: Clerc 10.5/21.0/47.3; women's 100m: Antenen 11.5 (rec); 200m: Meyer 23.7 (rec); 1500m: Hess 4:26.7 (rec).

WEST GERMANY

9. **Rosenheim.** JT: Wolfermann 85.36/280'0" (rec). **5.9. Hamburg.** DT: Reinitzer (Austria) 58.71/192'7". **6.9. Hohn-Grenzhausen.** Women's LJ: Zabinski 6.27/20'7". **7.9. Burg Gretesch.** 100m: (+ 1.8m) Metz 10.0 (eq. European rec), Hofmeister 10.1 (European jnr rec), Knickenberg 10.1, Letzelter 10.1, Ehl 10.3; 200m: Kruger 20.8. **12/13.9. Stuttgart.** (WG Champs) Dec: H. Beyer 7894 (10.9, 7.20, 14.41, 1.96, 50.0, 14.6, 46.51, 4.20, 53.52, 4:23.5); women's Pen: Rosendahl 5398 (rec); 13.1—rec, 13.31, 1.70, 6.56, 23.1, Mickler 5282.

YUGOSLAVIA

9.8. **Sabac.** 2000m: Korica 5:09.2 (rec). **9.8. Sarajevo.** 100m: Lendel (jnr) 10.4; 200m: Kocuvan 20.9 (eq. rec).

CANADA: Three Personal Bests By Yvonne Saunders

Former Stretford star, Yvonne Saunders, displayed exceptional form at the Eastern Canada Championships in Halifax, Nova Scotia, on August 15th/16th. The Jamaican Commonwealth Games representative set personal bests in winning the 400m in 54.4, the high jump with 1.72/5'8" and the long jump with 6.23/20'54". She improved her 400m time to 54.3 the following week. Allan Kane, Mike Bull's runner-up in Edinburgh, vaulted 5.03/16'64" in Vancouver and had a narrow miss at a Commonwealth record of 5.20/17'1".

8/9.8. **Vancouver** (British Columbia Champs) 100m: Jerome 10.6; HJ: Cuttall 2.08/6'10", Hawkins 2.02/6'74"; PV: Kane 5.03/16'64"; HT: Salmund 61.21/200'10"; JT: Luke (US) 80.51/264'1"; women's 100m/200m: Berto 11.6/24.1; 800m: Liepins 2:09.3; 1500m: Liepins 4:29.6 (won 400m in 57.5 12 min later), Foltz (US) 4:32.5; HJ: Brill 1.72/5'8", Steffanson 1.67/5'6" (converted to Brill Bend 10 days earlier; best with straddle was 1.57/5'2"). **15/16.8. Halifax.** (E. Canada Champs) 100m/200m: Francis 10.3w/20.8; 5000m/10,000m: BOB MOORE 14:43.4/30:48.6; TJ: Cloutier 15.42/50'74"; women's 100m: Hendry 11.5w; 400m/HJ: Saunders 54.4 & 1.72/5'8"; LJ: Saunders 6.23/20'54", Hendry 6.02/19'94". **15/16.8. Saskatoon.** (W. Canada Champs) (winds of up to 50 mph!) HJ: Cuttall 2.03/6'8", Beers 2.03; PV: Kane 4.90/16'1"; women's 100m/200m: Lovercock 11.8/24.5; 400m/800m: Liepins 57.4 (at height of storm), 2:09.9; HJ: D. Brill 1.72/5'8", C. Brill 1.62/5'4". **22/23.8. Abbotsford, BC.** (Junior Champs) 1500m: Hill (17) 3:50.0; HJ: Cuttall 2.07/6'94"; Beers 2.08/6'10" in juvenile division; women's 100m/200m: Lovercock 11.5/24.0; 400m: Saunders 54.9. **29/30.8. Winnipeg.** (Canadian Champs) 100m/200m: Francis 10.4/21.4; 400m: Powell 47.8; 800m/1500m: Leps 1:51.3/3:48.2; 5000m/10,000m: Dray-



Chris Garforth (14:36.6) wins the 5000m at the Hardaker-King Trophy Meeting at Keighley from Mike Baxter (14:37.6) and Colin Taylor (14:39.6).

Eric North

ton 14:14.0/29:37.0; 3000mSC: Varey 9:07.8; 110mH: Nelson 14.4; 400mH: Smith 52.9; HJ: Portmann (Swi) 2.03/6'8"; PV: Simpson 4.87/16'0"; LJ: Mason 7.26/23'9½"; TJ: Konihowski 14.97/49'1½"; SP: Pirnie 17.31/56'9½"; DT: Harrington 52.32/171'8"; HT: Salmond 58.18/190'10"; JT: Heikkila 74.38/244'0"; women's 100m/200m: Loverock 11.6/24.0w; 400m: Saunders 54.3; Liepens 55.7; 800m/1500m: Werthner 2:09.7/4:30.4; 100mH: Dammann 14.4; 200mH: Pelland 27.8; HJ: Brill 1.80/5'11"; Saunders 1.72/5'8"; LJ: Saunders 5.96/19'6½"w; SP/DT: Kurt 13.80/45'3½" & 41.92/137'6"; JT: Peterson 45.50/149'3".

KENYA: Championship Double For Jipcho

22/23.8. Kisumu, (Kenya Champs) 100m: Asati 10.6, Njoroge 10.6, Musundu 10.6; 200m: Sang 20.7; 400m: Asati 46.6, Sang 47.1, Murei 47.7; 800m: Ouko 1:48.5, Bon 1:49.4, Saisi; 1500m: Jipcho 3:45.5; 5000m: Mayaka 14:24.0, Ndo 14:26.0; 10,000m: Ndo 29:43.4; 3000mSC: Jipcho 8:41.8, Biwott 8:50.4; 110mH: Ngeno 14.5; 400mH: Kipkemboi 50.6, Murei 51.5; TJ: Onyango 16.06/52'8½"; DT: Ruto 51.51/169'0" (rec), Otieno 51.49/168'11".

UGANDA: Koskei Equals East African Hurdles Mark

15.8. Kampala, 4x400m: Prisons 3:12.6 (Okichi 47.1, Koskei 47.6—hip still painful after Edinburgh 400mH fall), Army 3:14.5 (Dralu 47.1), Police 3:15.5 (Akii-Bua 48.0 lead-off); women's 4x400m: Prisons 4:03.5 (rec; Ayaa 55.5). 21-23.8. Kampala, (Uganda Champs) 100m: Dralu 10.4; 200m: Dralu 21.2, Obilu 21.6; 400m: Okaba 47.9, Okidi 48.1; 800m: Oboth 1:50.1 (rec), Okwai 1:52.0; 1500m/5000m/10,000m: Musa 3:54.7; 15:01.4/30:28.6; 3000mSC: Byingingo (19) 9:06.2; 110mH: Akii-Bua 14.4 (eq. rec); 400mH: Koskei 50.1 (eq. E. African rec), Akii-Bua 52.0, Abbas 52.4; 4x100m: Army 42.7; 4x400m: Prisons 3:11.4, Army 3:12.7; HJ: Akena 1.88/6'2"; PV: Oriana 3.81/12'6"; LJ: Ndyabage 6.89/22'7½"; TJ: Buga 14.75/48'4½"; SP: Yovan 13.78/45'2½"; DT: Okot 40.96/134'4"; HT: Ochola 46.92/153'11"; JT: Odoch 60.40/198'2". Women's 100m/200m/400m: Ayaa 11.8 (eq. E. African rec)/25.0/54.9; 800m: Nyakabandwa (14) 2:21.7, Olweny 2:21.7, Acendruru (14) 2:23.1; 1500m: Asenduru 4:52.1 (rec), Nyakabandwa 4:52.3, Yecho 4:52.5; 100mH: Nyakecho 15.1 (E. African rec); HJ: Nyankori 1:57/5'2"; LJ: Nalwonga 5.20/17'0½" . . . 3, Ayaa 5.05/16'6½"; SP/DT: Mudondo 11.25/36'11" & 32.45/106'5"; JT: Acheng 29.88/98'0½".

(East African Championships: see page 30)

USA

30.6-4.7. West Los Angeles, (AAU Women's Champs; see July 25th issue and add) 100y: in heats—Chi Cheng 10.3 (+ 1.4m); Ferrell 10.4 (+ 1.8m); nil wind in final (Chi Cheng 10.2); 220y: in heats—Chi Cheng 22.6 (+ 1.9m—world record), Lawson 23.9; Ferrell 23.5 (+ 2.0m); 880y: Toussaint won in 2:05.1 (not 2:04.1); LJ: White's 6.42/21'1" was windy (6.28/20'7½" qual); 3000m (non championship): Bonner 9:48.2. (Girls Champs) 100y: (+ 3.5m) W. Ferguson 10.6, Greene 10.6; 220y: (+ 2.1m) Laing 23.6, Ferguson 23.7; 440y: Toussaint 54.4; 880y: Larrieu 2:08.0; Mile: Heald 4:51.8 (12/13 Age Group) 100y: Benson 11.1; 220y/440y: Ingram 25.0/56.7; 880y: Paul 2:16.8; Mile: Johnson 5:04.8; (10/11) 440y: Bryant 59.7; 880y: Jordan 2:23.1. 26.7. Baltimore, 100y: Meriwether 9.4, Ravelomanantsoa (Madag) 9.5. 27.7. Long Beach, JT: Covelli 81.46/267'3". 1.8. San Diego, 100y: J. Green 9.4; 120yH: Carty 13.7. 1.8. Eugene, Mile: McClendon (18; previous best of 4:11.2) & D. Savage 4:00.7, S. Savage 4:05.3; 4x880y: (Philippe 1:49.1, Bjerke 1:50.4, Schultz 1:48.9, Paul 1:47.8) 7:16.2. 2.8. Pullman, Mar: Vic Nelson 2:23:38 . . . 25, Joe Bowman (13) 3:33:48; 26, Steve Bowman (11) 3:34:14(1). 9.8. Long Branch, AAU 40km Walk: Romansky 3:32:29, Ladany (Israel) 3:34:45. 14/15.8. Santa Maria, Dec: Thoreson 7501. 15.8. Mill Valley, 1 hr: Scobey 12M 184y. 23.8. Long Beach, JT: Covelli 82.27/269'11", Red 78/84/258'8".

The next International Veterans 25km Championship Race will be held in Czechoslovakia on July 11th, 1971.

RESULTS IN BRIEF

July 5th

HT at Plymouth. 1, A. O'Neill (Somerset) 49.16/161'3"; 2, T. Harry (Devon) 47.68/156'5".

August 1st

BMC Women's 800m at Paddington (Full result). 1, M. Beacham (Barnet) 2:08.9; 2, G. Tivey (Derby) 2:09.3; 3, J. Perry (Wirral) 2:10.4; 4, B. Bush (B & H) 2:11.3; 5, G. O'Leary (Barnet) 2:14.3.

August 16th

HT at Clifton Hill. (16lb) E. Berry (Yeovil Oly-Yth) 46.58/152'10".

August 23rd

Inter-League Meeting, at Hillsborough, Sheffield. 100m 1, J. Henson (S) 11.1; 2, J. Bagley (W) 11.2. 400: 1, Henson 49.8; 2, R. Crosby (H) 50.2; 3, A. Flynn (W) 50.3. 800: 1, P. Burgin (W) 1:56.2; 2, A. Gibson (W) 1:56.6. 1500: 1, T. Wright (S) 3:51.4; 2, D. Nichol (W) 3:54.1; 3, D. Slater (W) 3:55.2. 3000: 1, J. Temperton (W) 8:31.4; 2, T. Pugh (S) 8:32.6; 3, A. Greenwood (S) 8:33.8; 4, P. Moon (H) 8:36.6; 5, H. Broadbent (W) 8:39.2. 400H: 1, Thompson (W) 56.0; 2, Geldar (W) 57.0. TJ: D. Johnson (S) 13.99/45'11". JT: A. Stevenson (H) 56.18/184'4". (Juniors) 100: J. Law (H) 11.2. 400H: S. May (S) 58.8. HJ: 1, Maynard (W) 1.73/5'8"; 2, S. Slinn (S) 1.67/5'6". (Youths) 100m: 1, S. Cullington (H) 11.5; 2, D. Artley (H) 11.6. 400: 1, Artley 51.6; 2, B. Woolard (W) 52.9. 800: R. Ryan (S) 1:57.9. 1500: R. Cocks (H) 4:13.4. DT: K. King (H) 48.50/159'1". (Boys) 100/400: P. McMullen (H) 12.2/54.5. 800: B. Moxon (W) 2:05.4. 1500: Hitchen (W) 4:16.7. (Women) 100: 1, A. Holmes (H) 12.3; 2, W. Faben (S) 12.4; 3, L. Wilkinson (H) 12.6. 400: 1, Faben 59.0; 2, Wilkinson 59.4. 800: 1, P. Stanley (H) 2:12.2; 2, M. Hudson (W) 2:17.8; 3, C. Howell (H) 2:19.9. 100H: A. D'Arcy (W) 15.3. SP: 1, J. Atack (W) 11.67/38'3½"; 2, A. Goodlad (S-Int) 10.66/34'11½". HJ: 1, D'Arcy 1.55/5'1"; 2, M. Brooke (W) 1.52/5'0". (Intermediates) 100m: Adkin (W) 12.9. 400/800/LJ: S. Howell (H) 59.6/2:27.7 & 4.79/15'8½". 80mH: B. Vining (H) 12.7. JT: Goodlad 38.34/125'9". (Juniors) 100m: A. Creamer (S) 12.9. 200: M. Collinson (H) 26.7. 75mH: L. Cooper (H) 12.5.

August 29th

QPH 91, Cambridge & Coleridge 81, Holbeach 48, Southgate 36, Harlow 16, at Cambridge 200: 1, Rose (QPH) 22.8; 2, Blackman (S'gate) 22.9. 1500: B. Balls (C&C) 4:01.5. 5000: Grenville Tuck (C&C) 14:26.4. (B) Graham Tuck (C&C) 14:32.6. (M. Turner, L'pool, ran 14:11.4). 110H: 1, King (C&C) 16.0; 2, J. Margree (S'gate) 16.0. JT: B. Kawalko (C&C-Jnr) 64.30/210'11". (Youths) 1500: 1, N. Saunders (S'gate) 4:13.4; 2, Elliott (Harlow) 4:14.9. HJ: 1, Edwards (QPH) 1.73/5'8"; 2, Hagan (S'gate) 1.67/5'6". DT: Croxon (C&C) 53.26/174'9". (Women) 1, C&C 96, Harlow 90, Stevenage & NH 56, QPH 45, Holbeach 39. DT: Richardson (CC) 35.38/116'1".

Lumb's Sports at Castleford. NWAAA 4x100: D. Hyman TC 48.3. Yorkshire WAAA Intermediate 200: D. Webster (Hull Sp) 23.6. (Yorks Youths Championships) 100m: 1, D. Artley (Hull Sp) 10.7. 200: Artley 22.8. 800: D. Ferguson (Rotherham) 2:01.0. 1500: R. Ryan (Sheffield UH) 4:10.3. Handicap events: 100m: G. Lambert (Normanton GS) (8m) 10.0. 200: J. Bagley (Wake) (13m) 21.0. 800: P. Burgin (Bing) (62m) 1:44.8. 1500: D. Slater (Skirac) (135m) 3:34.8. (Women) 100m: J. Webster (Spn) (13m) 10.9. 200: C. Howell (Hull Ac) (20m) 23.4. (Track is being rechecked by surveyors in view of the very fast sprint times set up by David Artley and Dawn Webster).

Wigman Trophy (Women), at Woking. 1, Woking 153; 2, Bracknell 128; 3, Kent AC 113; 4, Windsor, S & E 112; 5, Guildford & Godalming 69. HJ: S. Oldall (Wok) 1.52/5'0". LJ: J. Oldall (Wok) 5.38/17'8". (Only results received.)

August 30th

Crawley 240, Swansea 236, Surrey Beagles 184, Twickenham 123, Eastbourne 84, Ryde 47, Hastings 39, at Crawley. 200: 1, H. Griffith (Swan) 22.6. 800: 1, P. Standen (B&H-Guest) 1:56.0; 2, A. Hare (Craw) 1:56.1. 400H: P. Keen (Twick) 57.9. 4x200: 1, Crawley 1:34.7; 2, Swansea 1:37.7; 3, Sy. Bgls 1:38.0. DT: D. Maloney (Tw-Jnr) 39.76/130'5". JT: 1, J. James (Craw) 57.32/



Not the smoothest of relay exchanges between Dennis Manning and Mick Murray in the Surrey Senior Road Relay, but their club, Mitcham, won.
Ron Linstead

188'1"; 2, C. Byerley (East) 54.92/180'2". (Youths) HJ: Vose (Sy. B) 1.67/5'6". (Boys) 100/200: R. Machell (Sy. B) 12.3/24.7. 800: A. Dyke (Swan) 2:06.5. 4x200: 1, Swansea 1:43.4; 2, Crawley 1:44.9. (Women) Crawley 237, Swansea 172, Ryde 96, Surrey Bgls. 80, Eastbourne 44, Hastings 12. 200: C. Hall (Swan) 26.5. SP: 1, M. Bothomley (Sy. B) 10.16/33'4"; 2, A. Hildersley (Craw) 10.11/33'2". DT: Hildersley 35.26/115'8"; 2, Bothomley 34.20/112'2". JT: J. Randall (Craw) 38.36/125'10". (Intermediates) 400: 1, J. Leach (Ryde) 61.0; 2, J. Spiers (Craw) 63.7. 4x200: Crawley 1:54.6. (Juniors) J. Deeks (Craw) 13.2. 1500: 1, L. Salmon (Ryde) 4:44.6; 2, D. Attwater (Craw) 5:05.7; 3, R. Joyce (Craw) 5:09.3; 4, M. Joyce (Craw) 5:28.3; 5, S. Hayler (Swan) 5:37.0. 4x200: 1, Crawley 1:54.3; 2, Swansea 2:00.3. 4x200: Swansea 1:52.6.

August 31st

Spalding Relays. (Guest Shield) 1, Wolv. & Bils. 50; 2, Lincs. C&C 40; 3, Holbeach 38. (Women) (Rothorne Cup) 1, Lincs. CC and Holbeach 90; 3, W&B 84; 4, Essex L. 56; 5, Burton 46. Inter. 4x100: Essex L. 51.4. 4x200: 1, Essex L. 1:48.1; 2, Lincs. C&C 1:52.1. Junior Girls 4x100: 1, Derby L. 51.9; 2, Essex L. 53.4. 4x200: 1, Derby 1:52.7; 2, Essex L. 1:54.4. 3x800: 1, Essex L. 8:14.8; 2, Lincs. C&C 8:21.3.

September 5th

Redhill Open Pentathlon. 1, P. Emmert (Woodford Grn) 2,900 (5.92/19'5", 45.72/150'0", 23.1, 31.10/102'0", 4:42.1); 2, T. Walhen (R. Navy) 2,850 (5.60/18'4", 46.32/152'0", 24.0, 39.16/128'6", 4:54.0); 3, P. Roach (Walton) 2,702 (6.09/19'11", 42.92/140'10", 24.5, 30.80/101'0", 4:52.0); 4, C. Brooks (R. Navy) 2,661; 5, D. Turner (S'end) 2,619; 6, B. Everett (Kent AC) 2,249; 7, M. Smith (Oxted) 2,249. (Juniors) 1, C. Goscomb (S. Beagles) 2,246 (5.06/16'7", 27.30/89'6", 23.9, 24.34/79'10", 4:30.4); 2, C. Thomas (E&E) 2,139; 3, R. Pretty (E&E) 1,981; 4, A. Stewart (Redhill/Reigate) 1,767. (Youths) 1, S. Caley (Croydon) 2,523 (5.34/17'6", 38.84/127'5", 12.5 (100m), 44.82/147'0", 5:13.6); 2, R. Burgess (Oxted) 1,954; 3, D. Mephram (—) 1,706. (Women) 1, J. Hindle (E&E) 3,166; 2, H. Marett (S. Bgls) 3,089; 3, D. Maxted (S. Bgls) 2,944. (Intermediates) 1, D. Mason (Feltham) 3,298 (4.61/15'1", 27.8, 12.3, 8.60/28'2", 1.22/4'0"); 2, S. Hayes (Harlow) 3,127 (4.39/14'4", 28.3, 12.6, 7.31/23'11", 1.27/4'2"); 3, S. Rosbotham (E&E) 2,880; 4, J. Torpey (E&E) 2,458. (Juniors) 1, S. Mapstone (Harlow) 3,243 (4.42/14'6", 13.2, 12.4, 7.11/23'4", 1.46/4'9"); 2, L. Rice (E&E) 3,237 (4.49/14'8", 13.9, 12.9, 10.19/33'5", 1.37/4'6"); 3, J. Bowden (Redhill/Rei) 2,983; 4, J. Williams (Feltham) 2,979; 5, N. Smith (E&E) 2,773; 6, A. Manley (Croy) 2,502. **East Surrey League Pen:** 1, Redhill/Reigate (T. Curson 2,216 & B. Coker 2,036); 2, Surrey Beagles (D. Clay 2,240 & B. Parkinson 1,916); 3, Oxted (M. Smith 2,249 & J. Rosier 1,625).

Veterans AC 100m Handicap. 1, A. Welling (31m) 11.9; 2, N. Martin (20m) 12.0; 3, J. Searle (18m) 12.1.

Ogden Trophy, at Feltham. 1, Hillingdon 531; 2, Feltham 452; 3, Cambridge & Coleridge 352.

100/200: K. Snelgrove (Hill) 10.9/22.6. (Only results available.)

GLC Championships, at West London. 100/200: 1, Matthews (TVH) 11.3/22.4. 400: J. Wilson (OPH) 48.8. 800: R. Smith (TVH) 1:55.0. 1500: K. Penny (Cambridge) 4:00.7. 2000mSC: E. Shaffner (OPH) 6:13.2. HJ: M. Selby (LAC) 1:79/5'10". LJ: G. Donaldson (LAC) 6.99/22'11". TJ: T. Ababio (H'gate) 14.42/47'3". SP: S. Clark (W. Grn) 15.08/49'5". DT: M. Cushion (W. Grn) 49.64/162'10". HT: C. Melliush (Camb) 53.16/174'5". JT: M. Turner (B'ht) 64.40/211'3". 3000mW: K. Easlea (BoE) 13:48.8. Junior 400: P. Johnson (HHH-Yth) 50.0. (Only results available.)

September 6th

BMC Mile at Harlow: 1, G. Side (Southgate-Yth) 4:17.7 (60, 2:06, 3:14); 2, A. Rich 4:20.2.

Youths Invitation 3000m at Carshalton. 1, J. Keeble (Hill) 9:04.4; 2, J. Lee (Croydon) 9:08.4; 3, P. Francis (Walton) 9:10.8; 4, S. Barr (Thurrock) 9:11.2; 5, T. Marsden (Mitcham) 9:30.6; 6, D. O'Sullivan (Mitcham) 9:36.8. Junior Girls 800: K. Marsh (Mit) 2:32.1.

September 7th

Reading AC 10M Road Championship. 1, R. McAndrew 47.37; 2, B. Bacon 49.04; 3, G. Stevens 49.36; 4, D. Piotrowski 50.21; 5, K. White 50.28; 6, R. Alden 51.50; 7, C. Chater 54.07; 8, D. Stevens 57.15.

September 12th

Ben Chase Women's Trophy at Eltham. (Meeting abandoned after 3 events due to floods) 400: M. MacSherry (Camb) 58.6. LJ: L. Boothe (Mit-Y) 5.42/17'9".

Woodford to Southend 37½M. 1, E. Nolan (Shaftesbury) 4:07.21; 2, G. Bentley (Tipton) 4:14.00; 3, J. Offley (TVH) 4:20.21. **Teams:** 1, Cambridge 14; 2, Tipton 15; 3, Cambridge "B" 21.

Erith & Dist. 3M Yacht Handicap: 1, G. Wilkins 20.28 (20.28); 2, D. Ricketts 20.56 (16.26); 3, R. Handy 21.03 (17.13). Fastest: S. Alexander 16.16.

Surrey CAAA Road Relays at Woking. 1, Mitcham 1:23.51; 2, Belgrave 1:24.09; 3, Aldershot, Farnham & Dist. 1:24.37. Fastest lap (3M): 13.19 B. Ford (AFD-J) & R. Holt (Hercules/Wimbledon). (Youth) Belgrave 38.58 (rec). Fastest (2M) J. Stow (Bel) 9.37.

September 12th/13th

Kent Open and AAA Decathlon, at Erith. (Open) 1, T. Walhen (RNAC/B'ht) 5,657; 2, C. Brooks (RNAC) 5,253; 3, Hogg (RNAC) 5,130; 4, J. Saunders (Leeds Cty) 5,119; 5, M. Henson (Ilford) 5,111; 6, A. Gummerson (Wakefield) 4,926; 7, G. Tyler (Chelms) 4,920; 8, H. Eggman (Switzerland) 4,694. (Kent Championship) 1, K. Turnbull (Kent AC) 4,996; 2, M. McFarnell (B'ht) 4,723; 3, R. Everett (Kent AC) 4,691; 4, J. Donaghey (Cambridge) 4,257. (Relays—13th) 4x100: Blackheath 44.9. 4x400: Cambridge 3:33.9. Mile Medley: Cambridge 3:39.2. Junior 4x100: Cambridge 48.6. Youths 4x100: Cambridge 50.4. Junior 2M: 1, M. Brameld (Medway) 9:30.0; 2, C. Morrish (Medway) 9:46.6; 3, J. Barnes (Camb) 9:50.0. **Team:** Cambridge.

continued on page 35

Great Hurdles Clash In East African Championships

STAR event of the East African Championships, held at high altitude Nairobi on August 28th/29th, was the 400m hurdles which featured another memorable clash between Edinburgh medallists Bill Koskei (Uganda) and Charles Kipkemboi Yego (Kenya). This time Yego got the better of his rival in the East African record time of 50.0, with Koskei only a tenth outside his best with 50.2. The overall standard was magnificent as schoolboy Mike Murei of Kenya ran 50.9 and John Akii-Bua of Uganda (4th in Edinburgh) clocked 51.0 in spite of running a bad race. He, perhaps, is the man to watch in future—suggests Uganda national coach Malcolm Arnold.

Kenyan athletes broke two other East African records in the men's events: John Kiplagat, another schoolboy, ran 14.2 for the high hurdles in only his fourth race at the event! Akii finished well behind but he lost a shoe early in the race. In the discus, Philip Otieno—beaten in the Kenya Championships—set record figures of 53.17/174'5".

Kip Keino was in superb form, running 1500m in 3:39.2 and 5000m in 14:05.0 (his fastest in Kenya) on the same day. Other outstanding Kenyan successes came from Julius Sang (45.6 400m), with Commonwealth 800m champion Robert Ouko a fine second in 46.2; from Naftali Bon in the 800m (1:47.4); and from Ben Jipcho, who led all the way in the steeplechase to defeat Amos Biwott yet again in 8:48.8.

Uganda did not win any men's titles but gained several successes in the women's events, notably by Judith Ayaa who ran seven times in 24 hours and produced such marks as 11.8 for 100m, 24.1 for 200m twice and 54.0 for 400m. Malcolm Arnold believes she could cut seven or eight tenths from her 200m time under pressure. In the 1500m, two 15-year-old Kenyan girls, Elizabeth Chelimo and S. Cheptum, clocked the highly promising times of 4:33.6 and 4:37.6. Is either of them a female Keino in the making?

Unhappily, the Championships were marred by the tragic death of Uganda's 2:39 marathon runner, John Mwanika. He was struck by a car at around 22 miles. Ethiopians gained first four places, with Y. Belte winning in the brilliant time of 2:18:48.4.

100m: Chihota (T) 10.4, Dralu (U) 10.8 (10.5 ht), Njeroge (K) 10.9 (10.5 ht); 200m: Sang (K) 21.0, Kamanya (T) 21.6, Dralu 21.6; 400m: Sang 45.6, Ouko (K) 46.2, Worku (E) 47.6, Okaba (U) 47.7; 800m: Bon (K) 1:47.4, Saisi (K) 1:47.6, Oboth (U) 1:51.6; 1500m: Keino (K) 3:39.2, Regesa (E) 3:44.0, Cherop (K) 3:44.6, Mohammed (E) 3:48.6; 5000m: Keino 14:05.0, Fentsa (E) 14:08.2, Merus (E) 14:25.8, Ndoos (K) 14:35.0; 10,000m: Masresha (E) 29:45.6, Degefu (E) 29:47.0, Ndoos 29:51.0, Mayaka (K) 29:56.6; Mar: Belte (E) 2:18:48.4, Endashow (E) 2:20:47, Lencho (E) 2:22:49.4, Geda (E) 2:26:08, Makume (K) 2:27:09.4, Wahome (K) 2:28:49.8; 3000mSC: Jipcho (K) 8:48.8, Biwott (K) 8:49.8, Kebbe (E) 9:15.2; 110mH: Kiplagat (K) 14.2 (E. African rec), Akii-Bua (U) 14.8, Kiptoo (K) 14.9; 400mH: Kipkemboi Yego (K) 50.0 (E.

African rec), Koskei (U) 50.2, Murei (K) 50.9, Akii-Bua 51.0; 4x100m: Tanzania 41.0, Kenya 41.5, Uganda 42.3; 4x400m: Kenya 3:08.5, Uganda 3:10.7 (Koskei 46.9 anchor), Ethiopia 3:12.0; HJ: Wasugea (Somalia) 1.91/6'3½", M. Sang (K) 1.91, Chamweno (K) 1.89/6'2½", PV: Koech (K) 4.04/13'3", Oriana (U) 3.96/13'0", Kachiwile (T) 3.81/12'6", Chepkwony (K) 3.81; LJ: Rono (K) 7.14/23'5½", Okuthe (K) 7.11/23'4", Mlewa (T) 7.10/23'3½", TJ: Buga (U) 14.95/49'0½", Okuthe 14.84/48'8½", Mlewa 14.60/47'10½", SP: Yovan (U) 13.90/45'7½", Ocen (U) 13.75/45'1½", Kesie (E) 13.33/43'8½", DT: Otieno (K) 53.17/174'5" (E. African rec), Ruto (K) 51.07/167'6", Okot (U) 47.93/157'3"; HT: Kipruto (K) 49.17/161'4", Yovan 48.02/157'6", Luzira (U) 44.97/147'6" . . . 5, Goliath (K) 39.68/130'2"; JT: Mayaka (K) 68.14/223'6", Kiptalam (K) 65.91/216'3", Adoch (U) 61.89/203'0", Teams: Kenya 187, Uganda 111, Ethiopia 63, Tanzania 48, Somalia & Zambia 15.

(Women) 100m: Ayaa (U) 11.8 (eq. E. African rec), Adala (K) 12.5; 200m: Ayaa 24.1 (24.1 ht; E. African rec), Mbulwa (K) 25.5; 400m: Ayaa 54.0, Njeri (K) 58.0, Koskei (K) 58.3; 800m: Cherop (K) 2:12.6, Titus (K) 2:13.1, Olweny (U) 2:20.8 (rec); 1500m: Chelimo (K) 4:33.6 (E. African rec), Cheptum (K) 4:37.6, Yecheo (U) 4:54.1; 100mH: Nyakecho (U) 15.3, Chiayi (K) 15.4; 4x100m: Kenya 49.8, Uganda 50.6; 4x400m: Kenya 3:56.3 (E. African rec), Uganda 4:03.0 (rec); HJ: Nyaguthii (K) 1.57/5'2½", Nyankori (U) 1.57; LJ: Chiayi (K) 5.52/18'1½", Mbulwa (K) 5.50/18'0½"; SP: Mudondo (U) 10.72/35'2½"; DT: Mudondo 35.15/115'4½"; JT: Sigara (K) 42.04/137'11" (rec), Rwabiriyaye (U) 40.00/131'3". Teams: Kenya 114, Uganda 93, Tanzania 36, Zambia 30, Ethiopia 3.

COCKERMOUTH A.S.A.

(Athletic Club)

MEN'S AND BOYS' CROSS COUNTRY MEET

Saturday, 7th November, 2 p.m.

5 EVENTS—Team and Individual for under 12 years, 14 years, 16 years, 18 years and Men.

ANNUAL CHALLENGE SHIELDS

Also Events for under 9 years and 11 years
Details from A. S. Miller, 32 St. Helens Street, Cockermouth, Cumb.

Entries close 27th October.

LETTERS

BRITAIN'S PLACE IN EUROPE

Dear Sir,

Now that the finals of the European Cup have been held without notable British successes, it was only to be expected that two unhelpful groups should give voice.

One group, the optimists, assert that we only failed to reach our full potential because of bad luck (the closeness of the Commonwealth Games, injuries, poor starters). To these people such misfortunes naturally only happen to the British. Everybody else competed to their optimum level (in their opinion) and if the bad luck had been eradicated we would have done much better.

The other group comprises the pessimists as represented by your correspondent, K. C. Humphrey. To the pessimists we are incapable of winning now and no improvement can be envisaged for the foreseeable future, therefore we should not take part. So much for the Olympic motto!

I suggest that the first step towards rectifying our deficiencies is to see how strong or weak we really are. To this end I would suggest that the 3rd and 4th teams and the 5th and 6th teams in the European Cup semi-finals also take part in their own finals. In this way a ranking of all 18 teams could be established. The teams eliminated in the preliminary round could do likewise. We would then have an alternative; either a league of 4 divisions with 3 matches per division on the lines of our National League; or to maintain the existing format and to use the "league" positions from one competition to decide the draw for the next one.

I would estimate that we would eventually find our level at about 10th for men and 5th for women. If it is suggested that this is solely due to the one competitor per event rule by all means extend it to include "B" races and field events. I doubt if this would significantly alter the position. At the present moment our much-vaunted track strength is a myth, there being scarcely ten men and women who are consistently competing at the very top European level.

Having established and recognised our true level it might then be possible to plan objectively how to build real teams. It's simply not true that we are only being held back by lack of field event facilities and performers.

Keith Morbey,
Billericay, Essex

I would certainly challenge Keith Morbey's estimate that the men rank only about 10th in Europe. I cannot see how they can be considered anything lower than 7th, no matter what system of scoring—Ed.

INTERNATIONALS FOR WALKERS

Dear Sir,

In reply to Philip Embleton's letter on international competition for walkers, lack of finance can hardly be to blame for the fact that there

have been fewer international matches for walkers than other athletes this year. The matches with East Germany, Poland and Benelux did not include a walk though I note that the East German walkers preferred to meet the Soviet walkers on the day of the British match.

If, as I believe has often happened, foreign countries will not agree to the inclusion of a walk on the programme, separate walking Internationals should be arranged so that walkers have the same chance of an International vest as others. I have not forgotten the Commonwealth Games, Lugano Cup, the French "B" match (which did not count in the full match incidentally) or the 24 hours but walking is omitted from the European Cup.

In addition, walkers are excluded from the National League, do not have the services of a full time paid National Coach and our International races and AAA 10,000m Championship are usually banished to the relative obscurity of Battersea Park. After all, walkers pay as much or little—in subscriptions, affiliation fees etc. as other athletes. In short, we have remained the second class citizens of British Athletics for far too long.

John Powell,
Highgate Harriers

FRENCH v. BRITISH ATHLETICS

Dear Sir,

Stan Greenberg, in his letter of September 12th, is of course quite right in his analysis of French athletes and French athletic results. However, he has missed the real point of comparisons to be made with France.

Having spent two months in France last year studying every aspect of their athletic system I came to the conclusion that the best potential athletes were in the UK. Man for man, our athletes are infinitely superior to the French when it comes to "the moment of truth". The thing that never ceases to amaze me is that they ever get there at all.

The French have an athletic structure which ought in fact to produce results much better than they in fact do. Put M. Bobin (and make no mistake, the successes achieved in France are very much the result of this man's efforts) and his athletic structure to work in the UK and within a short space of time it would not be East Germany at the top of the European league, but Britain.

Give our athletes the leadership, the tools and furthermore the financial support of the State and then we would have a shop window for our sport second to none.

John B. Herring,
Beckenham, Kent

A REFRESHING EXPERIENCE

Dear Sir,

Following David Wilson's letter in the September 12th issue it may further interest readers to know that a crowd of at least 1000 paid 3/6 to see the start and finish of the Ben Nevis race

and, admittedly, be entertained in other ways at Fort William.

Almost all the people of Fort William are interested in the race and seem to understand the challenge and, dare I say it, even admire the athletes. After years of public indifference and ridicule in the south the experience is refreshing.

The contrast between the public's attitude to the Canterbury "6" could not be more marked. The race has been won by athletes such as Batty, Caine and Richardson and yet I doubt if more than a dozen Canterbury people outside the club know of its existence. Expecting interest in athletics in the south is like expecting illiterates to use a public library.

Ian Macmillan,
Invicta AC & Edinburgh AC

TALL DISTANCE RUNNERS

Dear Sir,

It was with great personal interest that I read the letter from Kevin McBrearty in the September 5th issue. I have never run a marathon as I am only 20 but it is one of my aims in athletics to do so. However, I have never come across a taller long distance or cross-country runner in this country. I am 6'4½" tall and weigh 158lb; my best 10M is 57:16. I am amazed to learn that there is someone who is 3" taller than me.

Like Kevin McBrearty, I would like to know if there is any reason why distance running seems to be dominated by small men. The reason that tall men do not do well in shorter distances is that they often lack speed because of their ungainly style. However, looking at it from a purely mechanical point of view, I would have thought that tall men had the advantage in distance events simply because they need fewer strides to cover a given distance than a shorter man. A greyhound can run faster than a whippet; a 1500cc car will go faster than a 1000cc car; so why should tall men not run faster than short men? I would be most interested to hear any medical or biological views on this subject. Can you also trace any tall men in the past who have done particularly well in distance running?

Peter R. Smith
Southampton AAC & Aston University

One of the world's finest distance runners, Jack Bacher of the USA (8:31.8 2M, 13:13.4 3M, 27:24.0 6M), is 6'6" tall; while Derek Clayton—holder of the world's fastest marathon time—stands 6'2"—Ed.

ATHLETICS ON TELEVISION

Dear Sir,

Congratulations as I am sure due to London ITV for the showing of the recent European Junior Championships on September 16th last between 3 and 4 p.m. Can one imagine the outcry that would ensue if Sunday's Sports Special (Jimmy Hill) were switched to 2.45 a.m. on Mondays or if test matches were switched to 10 p.m. to 6.30 a.m.

Come on ITV, I am sure that you can manage to transmit such a programme at a time when you would have a wider reception by the viewing

public. Further, why was there no TV coverage of the recent World Student Games at Turin?

Thank goodness that athletics has a voice in the wilderness by the contributions of yourselves, the Telegraph, the Times and the Guardian.

Patrick McCarthy
North Wembley, Middx.

Dear Sir,

Readers may be interested in watching the BBC-2 T.V. documentary "Look Stranger" on October 1st. The film gives a brief (20 minutes) account of the work and play (fell running) of Jos Naylor—long distance fell running champion of the Lake District.

Jos is a farmer by profession and viewers will see him rounding up sheep, sheep shearing and other aspects of his work. They will also see him training and taking part in this year's "Vaux Mountain Trial" fell race, in which he finished a very close second to Mike Davies of Reading AC.

D. Oliver
Kendal AC

DAWN WEBSTER'S 23.6

With reference to the 23.6 timing attributed to Dawn Webster in the Yorks WAAA Intermediate 200m Championship at Castleford on August 29th (see page 28), NUTS member Geoff Clarke reports that there were two timekeepers on Dawn (one grade 2) and both agreed at 23.6 and that the lane used by Dawn was measured and found to be 199 metres. The race was not downhill (though the 100m on this track is) or wind assisted, so on the basis of this information Dawn Webster's time is equivalent to about 23.8 for a full 200m.

AMALGAMATION

Hull Achilles AC and Hull Harriers AC have amalgamated to form City of Hull AC. Secretary is G. Norman, 5 Spinney Walk, Anlaby Park, Hull; women's secretary is Mrs. M. Todd, 236 Boothferry Road, Hessle, HU13 9AU, E. Yorkshire.

HERNE HILL HARRIERS

Mr. B. E. Reeves of Brixham, South Devon, informs us that an important omission from the recent article on Herne Hill Harriers (September 5th issue) was any mention of Dennis Pell, whose duels with Sydney Wooderson in the 1937-39 AAA mile finals will long be remembered. Dennis was killed in a flying accident during the War. Mr. Reeves also points out the massive contribution made by HHH in the administrative field.

PREVIOUS GB v. POLAND RESULTS

Men

1957—Poland won 111-101; 1959—Poland won 106-99; 1961—Poland won 106-105; 1962—Poland won 108-104; 1964—match tied 106-106; 1965—Poland won 118-93; 1967—Poland won 113-99; 1958—Poland won 109-91.

Women

1957—GB won 57-49; 1959—Poland won 54-50; 1961—Poland won 60-46; 1962—GB won 54-52; 1964—Poland won 60-57; 1965—Poland won 59-58; 1967—Poland won 62-55; 1968—GB won 64-46.

WALKING

WALLWORK BEATS WESCH AT LAST

RON WALLWORK at last beat his "bogy" man, Wilf Wesch, at Enfield last Saturday. However, what was frustrating to all the competitors was that the stipulated distance of 20km was not exact; in fact the field twice went off course.

From the gun, Wesch made the pace from Shaun Lightman, Wallwork, John Webb and Phil Embleton. By 5km Embleton had been dropped and Webb had surprisingly retired whilst in front of a group consisting of Ray Middleton, Bob Dobson and Ian Brooks.

At the front, Wallwork proved the stronger in the hot conditions, winning by about 100 yards from Wesch with a faltering Lightman third. Embleton came back strongly, as did Middleton. Brooks had a fine race, getting the better of a giddy Dobson towards the end.

1, R. Wallwork (Lancs WC) 88:57.0; 2, W. Wesch (Bel) 89:19.0; 3, S. Lightman (Met. WC) 91:01.4; 4, P. Embleton (Met) 92:03.8; 5, R. Middleton (Bel) 92:56.2; 6, I. Brooks (Surrey WC) 94:21.8; 7, R. Dobson (Basil) 95:21.8; 8, C. Lawton (Bel) 99:32; 9, A. Seddon (Enf) 99:40.

Oliver Caviglioli

Nihill wins in Germany. Paul Nihill won an international 10.7km race by nearly two minutes from Abdon Pamich at Nordenham (West Germany) on September 13th. He reports: "The course was held over the toughest surface I've yet to tackle in a race; i.e. a flooded slippery track and a 500-yard stretch of muddy lane outside the track at start and finish, 1½ miles of tiled and very bumpy road and later on a section of uneven paving stones, then back on the tiles for half a mile. It was at times very difficult and if this wasn't enough handicap it was very windy and showery!" Nihill, who led by 200y from Pamich at 5km, eventually finished 400m ahead. He estimates his time is worth 44:30 for 10km. Result: 1, P. Nihill (GB) 47:45.4; 2, A. Pamich (Ita) 49:35; 3, C. Sowa (Lux) 50:31; 4, R. Pfister (Swi) 51:45.3; 5, H. Mayr (WG) 53:55.6; 6, T. Ras (Neth) 54:19.7.

... And declared fit. Paul informs us: "On September 10th I was at last passed A1 fit by the hospital, which is indeed a relief though I will not be 100% fit until next year. My speed is good but I'm not as strong as last year, hence my fatigue at Enfield."

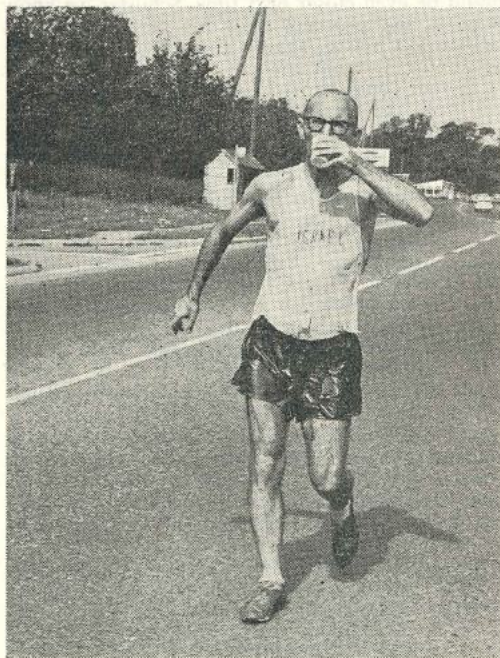
Middleton wins International Postmen's walk, at Crystal Palace, September 15th. The course (3 laps) was by far the toughest ever used with two long climbs of nearly a mile, and three laps of the undulating motor circuit. Ray Middleton showed grim determination in shrugging off the repeated challenges of Karl-Heinz Pape, twice winner of this title, and kept a promise made to his 6-year-old daughter Lesley that he would win this one on her birthday. Ray later presented his team medal to Barry Williams, the British Posts Office team manager who was due to retire soon

after this race. Unfortunately for the publicity this race receives, but fortunately for the athletes, this was the last time in which all competitors wore the Post Office uniforms of their respective countries.

1, R. Middleton (GB) 73.03; 2, K. Pape (W. Ger) 74.28; 3, H. Paul (W. Ger) 74.57; 4, A. Daske (W. Ger) 75.11; 5, E. Havasi (Hun) 75.17; 6, M. Vanliedekerke (Bel) 76.26; 7, Schreiber (W. Ger) 76.47; 8, J. Stangl (W. Ger) 77.26; 9, T. Volker (W. Ger) 77.59; 10, C. Robinson (GB) 78.15; 11, P. Bellenger (Bel) 80.02; 12, G. Young (GB) 80.38; 13, T. Moore (GB) 81.06; 14, S. Spriet (Bel) 81.35; 15, R. Birelli (It) 81.39; 16, J. Van der Couter (Bel) 81.54; 17, F. Calderari (Swit) 81.59; 18, D. Vale (GB) 82.05; 19, G. Honore (Bel) 82.15; 20, A. De Coppet (Swit) 82.18. **Teams:** 1, W. Germany 9; 2, GB 23; 3, Belgium 31; 4, Hungary 48; 5, Switzerland 60; 6, Italy 87.

D. Wale

British walkers in Italy. In the absence of Pamich, racing against Paul Nihill in Germany, the promising Gabriele Nigro scored his first victory in the Rome-Castelgandolfo classic on September 13th—though only narrowly from his club-



Much-travelled Brighton winner. Shaul Ladany (34) who walked so magnificently to win the "Brighton" has already raced in Italy; Switzerland and the USA (where he clocked a 4:21:00 50km in June). A doctor in languages, he speaks nine of them! J. R. Coomber

mate Mario Biagioli. Pre-race favourite Julius Muller (WG), second to Pamich last year, was fading rapidly when he retired before the long climb at 24km. Alec Banyard and Colin Young moved through gradually from the very back of the field to dispute the honour of being the first non-Italian home. Times for everybody were slower than last year, probably due to the high humidity and the scorching heat which was encountered in the last hour. 1, G. Nigro 2:34:06; 2, M. Biagioli 2:35:00; 3, N. De Vito 2:39:03; 4, G. Battistini 2:40:49; 5, B. Secchi 2:44:25; 6, R. De Nicola 2:45:17; 7, A. Banyard (GB) 2:45:26; 8, C. Young (GB) 2:45:40; 9, M. Taddeo 2:47:36; 10, L. Giannuzzi 2:48:32.

Rumanian 50km Championship, August 30th. 1, L. Caraiosifoglu 4:13:24.8; 2, M. Persinarli 4:23:41; 3, C. Sunderlich 4:26:18.

East German 50km Championship, at Leegebruch, August 29th. 1, C. Hohne 4:06:00; 2, B. Leuschke 4:07:48.4; 3, P. Selzer 4:10:00.6; 4, W. Skotnicki 4:10:53.4; 5, G. Sperling 4:17:33.

Fantastic times in European Junior 10km. Very few would have believed that five boys, all born later than 1950, would better 45 min but this was achieved on the Colombes Tartan track in Paris. Our "own" Olly Caviglioli surpassed himself to finish 5th in a time that, according to pre-race predictions, would have secured him a medal. However, Olly has another year in hand and should be even closer next time. Schuster we know to be a fine prospect after his performances in the Airolo-Chiasso, against the Americans, and in the Junior International at Battersea Park, but his former compatriots Lipkowski and Stadtmuller also look like following in the footsteps of Frenkel, Lindner, Sperling, etc. The Russians have able substitutes in Aleiev and Solomin when Golubnichy and Smaga start to wane.

Several over 8 miles in Highgate Hour? Though Paul Nihill is a non-starter, the standard of the "A" section is probably the highest yet. Men such as John Webb, Bill Sutherland, Roger Mills, Phil Embleton, Olly Caviglioli, Shaun Lightman and Abdon Pamich can all be expected to go over 8 miles given a reasonable day.

Balkan Games, at Bucharest, July 25th. 20km: 1, N. Caraiosifoglu (Rum) 94:15.8; 2, N. Maxim (Rum) 96:02.2. Junior 10km: 1, A. Dumitru (Rum) 46:32.6; 2, J. Stanev (Bul) 47:24.6.

Italy and Hungary qualify for Lugano Final, at Budapest, August 17th. Both races were held in extreme heat which accounted for several retirements. Italy won despite the fact that they finished only 4 men, one retiring in the 50km and Mancini being disqualified with some 200m left, when he was lying 11th. **20km:** 1, Busca (It) 96:02.4; 2, Antal (Hun) 96:52.6; 3, Bencik (Cz) 97:10.8; 4, Nigro (It) 97:23.6. **50kms:** 1, Visini (It) 4:21:02.8; 2, Dalmati (Hun) 4:24:10.4; 3, Macek (Cz) 4:29:31.2; 4, Carpentieri (It) 4:31:16.6. **Teams:** 1, Italy 44; 2, Hungary 40; 3, Czechoslovakia 39; 4, Switzerland 19.

Italian 50km Championship, at Cassino, Turin. 1, V. Visini 4:30:54.2; 2, D. Carpentieri 4:35:13.6; 3, P. Busca 4:42:18.4; 4, M. Pipini 4:43:36.2; 5, S. Mancini 4:49:31.6; 6, N. De Nicola 4:49:53.2.

Bryan Hawkins has fast 3km at Brighton, September 5th. 1, B. Hawkins (Met. WC) 13:33.2; 2, R. Browning (Ex. Bgls) 14:29.4; 3, B. Laver (Ex. B) 14:31.4; 4, D. Hopkins (Medway) 15:03.4.

Hohne wins Prague-Podebrady, August 8th. Right back to his very best form, the Olympic champion won this classic in fast time and must be firm favourite for the Lugano Cup 50km. Soldatenko surprisingly beat Selzer, thus reversing their Athens placings. 1, C. Hohne (E. Ger) 4:06.10; 2, V. Soldatenko (USSR) 4:09.59; 3, P. Selzer (E. Ger) 4:10.51; 4, E. Lyungin (USSR) 4:17.37; 5, B. Teuschke (E. Ger) 4:20.40; 6, S. Giorgoriev (USSR) 4:27.55; 7, J. Bencik (Cz) 4:31.19; 8, J. Macek (Cz) 4:34.17; 9, I. Gasute (Rum) 4:38.00; 10, M. Aeberhard (Swit) 4:38.47.

Colin Young

5 Miles at Steyning, September 19th. This was the first race round the new course laid out for the National Junior 5M championship in October. Brighton and Hove's junior, Denis Holly, was an impressive winner passing veteran Bryan Hawkins on the long hill into Steyning. Times were slow probably due to the very warm sun and too fast an early pace set by Alan Buchanan although this is the type of course where it is all too easy to start too fast and suffer on the last 1½ miles. 1, D. Holly (B & H-Jnr) 39.11; 2, B. Hawkins (Met. WC) 39.22; 3, A. Buchanan (B & H) 41.07; 4, D. Stevens (Stey) 41.58; 5, J. Birks (B & H) 42.14; 6, P. Le Bas (Ston-Jnr) 42.47; 7, S. Fish (Stey-Jnr) 42.58; 8, K. Emsley (Stey) 44.02; 9, K. Harrington (Ports-Jnr) 44.19; 10, M. Neale (Stey-Jnr) 44.32; 11, R. Penfold (Stey) 44.42; 12, M. Mason (Ports) 44.45. 19 finished.

A.B.

Women's Walking

ENGLISH GIRLS IN SWEDEN

At short notice and with arrangements hastily made, five English girls took part in an international 5km match at Boras (Sweden) on September 5th. The pace was extremely fast at the start, and only Margaret Lewis of the English walkers attempted to follow the leaders. Although falling back in the latter stages, she was the first English girl to finish. Jennifer Peck set a personal best.

1, Eivor Johansson (Swe) 24.40; 2, Torhild Sarpebakken (Nor) 25.58; 3, Elisabeth Olsson (Swe) 26.05; 4, Margareta Simu (Swe) 26.27; 5, Karin Moller (Den) 26.40; 6, Laila Jensen (Nor) 26.54. . . . 12, Margaret Lewis 27.54; 13, Barbara Cook 28.12; 14, Jennifer Peck 28.18; 17, Joan Wallis 28.50; 19, Barbara Brown 29.15. **Teams:** 1, Sweden 70; 2, Norway 58; 3, Denmark 41; 4, England 32; 5, France 10.

Pamela D. Horwill

GRAHAM SIDE IMPROVES AGAIN

Graham Side (Southgate), who turned 16 last week, improved his best mile to 4:14.1 at Harlow last Sunday in a BMC Young Athletes race. His lap times were 61, 64, 68 and 61.1.

ROAD RACING and TRAINING SHOES

Tiger "Cubs". Super lightweight racing shoes. Sizes 3, 4, 5, and 6 to 11 in half sizes, but no 7½ available. Still at the same price of 37/6. Postage 1/6, two pairs 2/6.

Tiger "Speed" (formerly "Marup"). Lightweight racing shoe with blue nylon upper and white trim. Sizes 6 to 11 in half sizes. Superb shoe at 65/-. Post 1/6 one, 2/6 two pairs. Regret no 6½ or 8½ available.

Reebok "Fab"-RT 300. Lightweight racing/training shoe in soft natural chrome suede. New wave patterned micro-cushion sole. Light grey trimmed red. Sizes 6 to 11 in half sizes. 52/-.

Reebok "Jog". All purpose training shoe with wave patterned micro-sole. White, trimmed red. Strong, hard wearing shoe. Sizes 2-5 49/-, 6-11 55/6.

Puma "Top Fit". A very comfortable and hard wearing racing or training shoe. White with black trim. Sizes 3, 4, 5 56/-, 6 to 11 in half sizes 61/-. Regret 8½, 9½, 10½ not available at present.

Gola "Trainer". Superb new racing shoe in orange suede with white trim. Gristle sole with small ripple. Sizes 4 to 5½ 71/6, 6 to 11 in half sizes 85/-. Very comfortable, long wearing shoe.

Cross-Country Shoes

Reebok "Fab" Studs. Natural chrome suede in light grey with blue trim. Very comfortable light shoe. Sizes 3, 4, 5 at 45/6, 6 to 11 in half sizes 51/6.

Reebok "Panther" Studs. Blue with white trim, good, sound, reasonably priced shoe. Sizes 3, 4, 5 54/6, 6 to 11 in half sizes 61/-.

Lawrence "Ripples". Excellent strong shoe with original ripple sole. White with blue trim. Sizes 3, 4, 5 and 6 to 11 in half sizes 76/-.

SAFETY IN THE DARK

The Pakamac fluorescent waistcoats which make it easier to be seen in bad lighting conditions. It is unlikely that they can be repeated at the price of 9/11 when present stocks are exhausted. Adjustable for size.

Litesome Supports: Standard 8/6, Nylon 11/3, Lightweight Swim 7/6. Athletic Slips 7/6. Knee or Ankle Supports 4/3.

Any goods exchanged or money refunded if returned in new condition within 7 days.

Please enclose part postage, i.e. 2/6 for track-suits or shoes, 6d. for shorts, vests, etc

THE SPORTS CENTRE
8 MEDWAY ST., CHATHAM, KENT
Telephone: Medway 47055

RESULTS IN BRIEF continued from page 29

September 13th

Northern CWAAA Pentathlon, at Kirkby: 1, N. Njoku (Stretford-Int) 4,071 (5.79/19'0", 26.8, 15.4, 10.49/34'5", 1.41/4'7½"); 2, A. D'Arcy (Wakefield) 4,005 (5.12/16'9½", 27.4, 15.4, 10.56/34'7½", 1.53/5'0¼"); 3, S. Colyear (Stretford-Int) 3,827 (5.27/17'3½", 15.5, 15.3, 8.31/27'3½", 1.35/4'5"); 4, J. Roberts (Pilk) 3,411; 5, C. Walker (Lincoln) 3,398; 6, J. Wood (Stret) 2,756. **3000m:** 1, B. Banks (Wallasey) 10:02.4; 2, J. Lockhead (Airedale) 10:38.2; 3, M. Ashcroft (Wallasey) 10:45.8; 4, P. Lewis (Bury) 10:55.0; 5, S. Thompson (B'burn) 11:56.4; 6, H. Matthews (B'burn) 12:12.6. **(Intermediates) Pentathlon:** 1, R. Morris (Stratford) 3,521 (5.17/16'11½", 26.1, 12.2, 7.17/23'6¼", 1.26/4'1½"); 2, A. Wetherall (Farnworth) 3,502 (4.74/15'6¼", 29.7, 13.0, 9.19/30'2", 1.50/4'11"); 3, J. Rainford (Bury) 3,468 (4.87/15'11½", 27.4, 12.1, 7.12/23'4½", 1.35/4'5"); 4, S. Howell (Hull Ach) 3,457 (4.99/16'4½", 26.8, 12.8, 6.00/19'8¼", 1.44/4'8½"); 5, K. Davenport (Chester) 3,447; 6, S. Hodgson (Liverpool) 3,303; 7, L. Mutch (Wall) 2,317; 8, R. Thompson (Lincoln T) 3,200; 9, G. Byron (Stret) 3,155; 10, J. Wood (Spenn) 3,092. **1500:** 1, C. Horsley (Houghton) 4:47.0; 2, C. Tranter (F'worth) 4:51.1; 3, C. Helsby (Stretford) 4:57.6; 4, E. Connors (Preston) 4:59.2; 5, K. Holden (Pres) 5:00.0. **(Juniors) Pentathlon:** 1, A. Firman (Pembroke) 3,298 (4.80/15'9", 13.6, 12.0, 8.98/29'5½", 1.28/4'2¼"); 2, J. Bramley (Derby) 3,141 (4.88/16'0", 13.8, 12.6, 8.05/26'5", 1.28/4'2¼"); 3, C. Mullock 3,135; 4, M. Forry (Bury) 3,116; 5, C. Foster (Wake) 3,083; 6, Y. Hoyland (Wake) 2,879; 7, L. Harding (Dby) 2,792; 8, G. Howell (Hull A) 2,710.

Northern Veterans' 10,000m Track Race, at Bolton. 1, A. Walsham (Salford) 31.52; 2, K. Hall (Wirral) 34.19; 3, D. Wood (Leeds) 35.21; 4, H. Smith (YMCA) 35.26; 5, F. Wrigley (Leeds) 35.49; 6, L. Nicholson (Pembroke) 35.52; 7, B. Crook (Bury) 35.56; 8, J. Dawson (Clayton-L-M) 36.14.

NORTH STAFFS CROSS-COUNTRY LEAGUE RELAY

September 12th

1, Stoke (R. Fowler 10.15, P. Egerton 11.12, K. Baddeley 11.40, C. Roberts 10.26) 43.33.

2, Alsager TC (C. Burt 10.38, M. Buckley 11.54, T. Pennell 11.26, M. Gould 12.03) 46.01.

3, Clough Hall YC (T. Litherland 10.45, P. Goodfellow 11.00, M. Sutton 11.54, R. Bowler 12.42) 46.21.

4, Michelin 48.44; 5, Burton 49.07; 6, Alsager 'B' 49.12; 7, Stafford 49.42; 8, Newcastle 51.17; 9, Stafford 'C' 52.55; 10, Stafford 'B' 56.11. **Fastest:** 10.15 Fowler.

DISCUS RECORD BY GAY PORTER

Gay Porter broke her own Northern Ireland discus record with a throw of 49.66/162'11" on August 22nd. Among British women, only Rosemary Payne and Brenda Bedford have ever thrown farther.

SCOTLAND

Edinburgh Southern Win League

IN spite of being understrength in some of the track events, Edinburgh Southern H regained their dominant role in club athletics north of the border when they recaptured the Scottish Athletics League title at Grangemouth on September 6th. They won all five matches in this fourth and final meeting and overall totalled 34 points. Victoria Park AAC, the holders, took second place with 30 points and Bellahouston finished third on 26.

In the windless conditions Victoria Park's Andy Wood and Gordon Muir recorded fast times in sharing the sprint honours, while Edinburgh SH's junior recruit Fred Ballantyne revealed abundant promise by covering 400mH in 57.3. Chris Black recovered some of his lost form in reaching a personal best in the hammer and shot. Sandy Sutherland proved once again a stalwart in the field events for the Fernieside club, and showed continued improvement in the hammer with a personal best heave. Southern, who have lost the services of Ray Gordon, have made some useful acquisitions to their ranks which augurs well for the appearance in next season's British National League, Division 1.

While the Scottish League organisers deserve a great deal of credit for their labours, a less complicated and better method of scoring could be adopted to the benefit of all concerned.

David Keddie

100m: 1, A. Wood (VP) 10.8; 2, H. Robertson (Bell) 10.9; 3, D. Combe (Edin. SH) 11.0; 4, C. Smith (Shett) 11.2. (B) 1, G. Muir (VP) 10.9; 2, P. Burgess (Oct) 11.2; 3, G. Johnstone (Bell) 11.2. **200:** 1, Muir 22.4; 2, Johnstone 22.5; 3, Combe 22.6. (B) 1, Wood 22.0; 3, F. Ballantyne (ESH-J) 22.3; 3, W. Robertson (Bell) 22.9. **400:** 1, R. Wallace (Bell) 50.4. **800:** 1, F. Clement (Bell-J) 1:56.0; 2, W. Wilson (ESH) 1:57.0. **1500:** 1, J. Lees (EAC-J) 3:56.9; 2, D. McMeekin (VP-J) 3:57.2; 3, J. Raeburn (ESH) 3:59.0; 4, J. Adair (Bell) 4:00.3. **5000:** 1, D. Macgregor (ESH) 14:30.2; 2, W. Barrow (VP) 14:42.0; 3, W. Scally (Shett) 15:00.2. (B) P. MacLagan (VP) 14:33.6. **3000mSC:** 1, Raeburn 9:25.0; 2, A. Johnstone (VP) 9:25.6; 3, J. McMillan (Bell) 9:52.6. **110H:** 1, A. Murray (ESH) 15.3; 2, G. Brown (Bell) 16.1; 3, S. Scott (Oct) 16.6. (B) 1, A. Robertson (ESH-J) 15.8; 2, L. Pennycook (Bell) 16.3. **400H:** 1, Murray 57.3; 2, R. Williamson (EAC) 58.3; 3, C. Pennycook (Bell-J) 59.6. (B) Ballantyne 57.5. **4x100:** 1, Victoria Park 43.5; 2, Edinburgh SH 43.7; 3, Bellahouston 44.2. **4x400:** 1, Bellahouston 3:26.0; 2, VPH 3:26.4. **HJ:** 1, C. Fairbrother (VP) 1.97/6' 5½"; 2, D. Guild (Bell) 1.78/5'10"; 3, I. Grant (Oct) 1.75/5'9"; 4, D. Flett (EAC) 1.70/5'7". (B) A. Houston (VP) 1.72/5'8". **PV:** 1, G. Rule (Oct) 4.27/14'0"; 2, S. Seale (Oct) 3.50/11'6"; 3, W. Swann (ESH) 3.35/11'0". **LJ:** 1, H. Robertson (Bell) 6.93/22'9"; 2, A. Wells (ESH-J) 6.65/21'10". (B) I. A. Dougall (Bell-J) 6.80/22'4"; 2, A. Robertson (ESH-J) 6.61/21'8½". **TJ:** 1, H. Robertson (Bell) 14.40/47'3"; 2, D. Hay (VP) 13.63/44'8½";

3, A. Robertson (ESH) 13.10/43'0". **SP:** 1, A. Sutherland (ESH) 13.99/45'11"; 2, J. Scott (SH) 13.70/44'11½". **DT:** Sutherland 41.86/137'4". **HT:** 1, C. Black 56.12/184'1"; 2, T. Campbell (Bell) 47.28/155'1"; 3, J. Scott (Shett) 42.70/140'1". (B) Sutherland 41.44/135'11". **JT:** D. Flett (EAC) 58.16/190'10".

The Dumbarton AAC club marathon championship, probably the only such club event in Scotland, was held in Dumbarton during the Civic week on September 12th and there were 10 starters, three of whom finished the course. 1, E. Lawson 2:43.34; 2, C. Martin 2:48.55; 3, H. Elder 2:49.21.

Women's 6½M relay: 6 stages Balloch to Dumbarton. 1, Victoria Pk. (A. McKenna, E. Christie, G. Cummings, A. McCaffie, E. Kearney, J. Higgins) 38.40; 2, Glasgow Cty. 38.45; 3, Falkirk Victoria 40.05; 4, Glasgow "B" 43.05.

Edinburgh SH Throws meeting, at Fernieside, September 13th. **SP:** 1, A. Sutherland (ESH) 14.46/47'5"; 2, C. Black (ESH) 14.02/46'0"; 3, G. Davidson (EAC) 13.42/44'0½". **DT:** 1, C. Black 41.08/134'9"; 2, Sutherland 40.22/131'11". **HT:** C. Black 53.26/174'9"; 2, W. Robertson (EAC) 46.64/153'0"; 3, G. Davidson (EAC) 42.26/138'8"; 4, Sutherland 38.38/125'11". **JT:** 1, D. Flett (EAC) 55.78/183'0"; 2, A. Black (ESH) 52.72/173'0". **September 1st:** **DT:** 1, C. Black 44.10/144'8"; 2, Sutherland 41.64/136'7".

MEDWAY ATHLETIC CLUB

47th ROCHESTER "5"

NOVEMBER 21st, 1970

Start : 3 p.m.

ROCHESTER ESPLANADE

AWARDS :

Willis Cup: 1st Individual

Simmons Cup: 1st Team

Charlie Pay Trophy: 1st Kent runner

Value of Prizes increased for:—first six individuals, first three teams, first "B" team, first Veteran.

Changing accommodation: 10 minutes from start at T.A. Centre, Fort Clarence, St. Margaret's Street, Rochester.

Entries: 6 to run, 4 to score

Fees: 10/- Teams and 3/- Individuals

Race Sec.: S. Fry, 12 Banks Road, Strood, Rochester, Kent (Medway 77052).

Closing Date—11th November, 1970

GIRLS END SEASON IN TRIUMPH

Victories gained over Rumania and Hungary in Bucharest

THE British women's team ended their season on a high note by defeating not only Rumania, but Hungary too, in a match in Bucharest last weekend. Britain were given notice that the Hungarians would also be competing only about a week in advance and it is not clear whether this match will count officially. The scores were 70-65 against Rumania (last year, in London, Britain won 71-62) and 69-6 against Hungary, with Hungary defeating Rumania 68-67. On European Cup scoring, Britain would have totalled 89 points, Hungary 87, Rumania 85.

Britain's outstanding performer once again was Rosemary Stirling, who for the second week running came up with a personal best and a vital relay contribution. This time she went for the 800m—her outdoor debut at this distance in a match, surprisingly enough—and her main rival was Ileana Silai, the Olympic silver medallist and owner of a best time of 2:01.8 as against Rosemary's 2:04.6 (converted). Silai, followed by Magdolna Kulcsar, set the pace, passing 400m in 60.4. Rosemary tucked in behind and kicked off the final bend to win by a metre in 2:04.2. Rita Ridley, deputising for Pat Lowe, finished last but was only half a second outside her best time.

Rita, teamed with Sheila Carey, gave Britain maximum points in the 1500m. They made all the running: Rita led at 400m in 68.5, Sheila at 800m in 2:20.5 ("too slow", she remarked later, "I still haven't got used to judging pace in the longer race") and Rita at 1200m in 3:31.5. Sheila went ahead with about 200m remaining and pulled away to win by nearly ten metres in 4:20.8, the second best time of her career, while Rita held second place in a photo finish. Sheila's last lap: 67.6.

Britain's other maximum came in the 400m in which Avril Bowring crowned a splendidly consistent season with her first international victory in 54.3—just three-tenths outside her best—with Barbara Lyall only a stride behind. In the long relay, later the same day, Barbara led off in 55.0, Jannette Roscoe clocked 54.5, Avril 55.6 and Rosemary Stirling—taking over behind—came through with another glorious run, in 53.1.

Anita Neil was in magnificent form, too. She won the 100m (with 17-year-old Andrea Lynch equalling her best of 11.8 in a fine senior international debut) and was only narrowly beaten in the 200m. Not surprisingly for one who has raced the distance only three times, the time of 23.6 (with the wind just over the limit) delighted Anita. Helen Golden, suffering from travel fatigue and a surfeit of competition, finished a jaded 4th.

Moir Walls was unable to repeat her famous victory of last year over Olympic champion Viorica Viscopoleanu but she came mighty close, falling only 7cm short with 6.43/21'11". Ann Wilson was her usual consistent self, with four jumps in the 6.35-6.39 range. Barbara Inkpen, who had been ill after returning from Warsaw,

acquitted herself well; she cleared 1.59, 1.63, 1.67 and 1.71 first time and made 1.74/5'8½" at the third attempt before failing at 1.77/5'9½". The two girls who beat her have both cleared over 6 feet this year.

The discus competition brought together four of the world's dozen or so leading exponents, but Rosemary Payne finished only inches down on Judit Abahazi (née Stugner). Her series: 48.88, 49.24, 50.62, 53.04/174'0", 51.36, 49.58.

(a) September 18th, (b) September 19th

100m: (b) (+ 0.9m) 1, A. Neil (GB) 11.6; 2, V. Bufanu (R) 11.6; 3, J. Szabo (H) 11.8; 4, A. Lynch (GB) 11.8; 5, G. Balogh (H) 11.9; 6, A. Angelescu (R) 12.3.

200m: (a) (+ 2.4m) 1, Balogh 23.6; 2, Neil 23.6; 3, Szabo 23.7; 4, H. Golden (GB) 24.3; 5, Angelescu 24.4; 6, M. Filip (R) 24.6.

400m: (b) 1, A. Bowring (GB) 54.3; 2, B. Lyall (GB) 54.5; 3, R. Sefer (H) 54.6; 4, Filip 55.0; 5, A. Badescu (R) 55.4; 6, E. Pusztai (H) 55.5.

800m: (a) 1, R. Stirling (GB) 2:04.2; 2, I. Silai (R) 2:04.4; 3, M. Kulcsar (H) 2:04.7; 4, A. Ligetkuti (H) 2:07.5; 5, R. Fita (R) 2:08.2; 6, R. Ridley (GB) 2:08.7.

1500m: (b) 1, S. Carey (GB) 4:20.8; 2, Ridley 4:22.1; 3, Ligetkuti 4:22.1; 4, M. Budavari (H) 4:26.8; 5, N. Andrei (R) 4:31.3; 6, E. Baci (R) 4:33.2.

100mH: (a) (+ 1.5m) 1, Bufanu 13.5; 2, A. Wilson (GB) 13.8; 3, S. Scott (GB) 13.9; 4, K. Balogh (H) 14.4; 5, Vintila (R) 14.6; 6, I. Wieland (H) 15.5.

4x100m: (a) 1, Hungary 44.7; 2, GB (Neil, S. Cooper, M. Tranter, Golden) 45.0; 3, Rumania 45.8.

4x400m: (b) 1, GB (Lyall, J. Roscoe, Bowring, Stirling) 3:38.2; 2, Rumania 3:39.1; 3, Hungary 3:39.2.

HJ: (b) 1, C. Popescu (R) 1.80/5'10½"; 2, M. Komka (H) 1.77/5'9½"; 3, B. Inkpen (GB) 1.74/5'8½"; 4, T. Zink (H) 1.67/5'5½"; 5, V. Bonci (R) 1.67; 6, M. Walls (GB) 1.67.

LJ: (a) 1, V. Viscopoleanu (R) 6.50/21'4"; 2, Walls 6.43/21'11"; 3, Wilson 6.39/20'11½"; 4, Vintila 6.29/20'7½"; 5, E. Forisek (H) 6.02/19'9"; 6, V. Toth (H) 6.01/19'8½".

SP: (a) 1, J. Bogner (H) 15.93/52'3½"; 2, A. Salagean (R) 15.83/51'11½"; 3, L. Manoliu (R) 15.55/51'0½"; 4, E. Veres (H) 15.34/50'4"; 5, B. Bedford (GB) 14.23/46'8½"; 6, R. Payne (GB) 12.18/39'11½".

DT: (b) 1, Manoliu 58.42/191'8"; 2, O. Catarama (R) 58.26/191'1"; 3, J. Kleiber (H) 55.46/181'11"; 4, J. Abahazi (H) 53.28/174'9"; 5, Payne 53.04/174'0"; 6, Bedford 46.12/151'4".

JT: (a) 1, M. Rudas (H) 53.90/176'10"; 2, I. Vidos (H) 53.40/175'2"; 3, E. Prodan (R) 50.64/166'1"; 4, I. Stancu (R) 49.18/161'4"; 5, A. King

Glorious Start To The C.C. Season

WITH the mercury showing 75°F the cross-country season got off to a glorious start with the traditional opener—the St. Albans 6x2½ miles relay. The final National League and Southern League knockout matches reduced the entry to 47 teams from 19 clubs and of these 36 teams started.

The pattern for the race was set on stage one when Tipton teams filled the first two places—but it was the B team in the shape of National Junior Champion Keith Rollason who showed up front in 11:29, seven seconds ahead of his A string runner, J. Edwards, with Lester of Basildon third in 11:37. Cambridge and Coleridge were fourth and Barnet fifth.

A fine 11:13 by Mick Mills brought host club, Verlea, up to third from 10th on the second circuit. Graham Tuck with 11:22 took Cambridge into the lead and Tipton A were second (M. Orton), Mike Dixon with 11:36 took Verlea into a 26 second lead at the end of stage three, Bert Harbach maintained second spot for Tipton and K. Wayne took what Reading called a scratch team into third place. Cambridge dropped to fourth with Edric Williams.

Another change on lap four saw Brian Bacon take Reading into a 17 sec lead from Tipton. Verlea were now third with Dave Bryant and Tipton B fourth, Keith Boyden gave Tipton the lead on the penultimate stage with C. Chater maintaining second spot for Reading with Verlea third and Tipton B still fourth.

Jim Wright had no difficulty in steering Tipton home on the final stage in 11:19, but the scintillating performance on this lap and indeed of the whole race came from Cambridge's Gren. Tuck. Taking over from John Roberts in sixth place he moved around the 2½ miles circuit in 11:08 to record the fastest time of the day, and move his club into third place. David Dipper had meanwhile kept Reading second and Tipton B were a magnificent fourth, Verlea slipped to fifth with Terry Slack and Lamkin brought Windsor, Slough and Eton in sixth place.

Peter Hopkins

1. Tipton (J. Edwards 11:36, M. Orton 11:28, B. Harbach 12:02, A. Bradley 11:37, K. Boyden 11:24, J. Wright 11:19) 69:26.

2. Reading (R. Dipper 11:47, R. Allden 11:40,

(GB) 42.74/140'2"; 6. A. Williams (GB) 42.72/140'2".

Result: GB 70, Rumania 65. (Unofficial match) GB 69, Hungary 66.

Invitation Races

100m: (+ 1.4m) 1, S. Cooper (GB) 11.8; 2, A. Papp (Hun) 12.1; 3, L. Bartos (Hun) 12.1; 4, M. Nemeshazi (Hun) 12.2. **200m:** (+ 3.6m) 1, M. Tranter (GB) 24.8; 2, Papp 25.0; 3, Bartos 25.1; 4, E. Sutherland (GB) 25.2.

(With acknowledgments to Denis Watts and Cliff Temple)

At St. Albans, September 19th

K. Whyte 11:46, B. Bacon 11:20, C. Chater 12:12, D. Dipper 11:46) 70:31.

3. Cambridge and Coleridge (A. Butcher 11:38, Graham Tuck 11:22, E. Williams 12:19, M. Ryall 13:11, J. Roberts 12:17, Grenville Tuck 11:08) 71:55.

4. Tipton "B" (K. Rollason 11:29, R. Griffin 12:07, A. Grice 11:52, J. Bygott 12:19, P. Allen 11:58, G. Wood 12:19) 72:04.

5. Verlea (J. Berton 12:03, M. Mills 11:13, M. Dixon 11:36, D. Bryant 12:26, P. Green 12:22, T. Slack 12:36) 72:16.

6. Windsor, Slough and Eton (R. Collins 11:54, J. Ayres 12:10, D. Heaslewood 11:55, R. Webb 12:10, R. Randell 12:06, B. Lamkin 12:02) 72:17.

7. Shaftesbury 73:37; 8. Southgate 74:48; 9. Leamington 74:50; 10. Hillingdon 75:14; 11. Reading "B" 76:57; 12. Luton 77:04; 13. Basildon 77:14; 14. QPH 77:35; 15. Wycombe Phoenix 77:51; 16. Barnet 77:53; 17. Hornsey 79:25; 18. Hillingdon "B" 79:36; 19. Verlea "B" 79:39; 20. Watford 79:39; 21. Woodford Green 82:49; 22. Verlea "D" 83:15; 23. Cambridge "B" 83:25; 24. Shaftesbury "B" 83:32; 25. Southgate "B" 83:44; 26. Watford "B" 83:50; 27. Verlea "C" 84:05; 28. Reading "C" 84:29; 29. Barnet "B" 87:03; 30. Watford "C" 90:16; 31. Wolverton 90:17.

Fastest laps: Grenville Tuck (C & C) 11:08; Mick Mills (Ver) 11:13; Jim Wright (Tip) 11:19; Brian Bacon (Read) 11:20; Graham Tuck (C & C) 11:22; Keith Boyden (Tip) 11:24.

RESULTS ROUND-UP

12.9. Hollingworth Lake Relay. 1, Bolton 80.40; 2, Manchester & Dist. 85.07; 3, Stoke 85.19. Fastest: Freary 20.33, Wilde 20.41, Clegg 20.51.

19.9. Blackheath Road Relay. 1, Cambridge H. 87.26; 2, Hercules Wimbledon 88.58; 3, Medway 90.23. Fastest: R. Holt 14.07, Penney 14.20, Watson & Beevor 14.21.

19.9. Longendale Road Relay. 1, Bolton 68.19; 2, Manchester & Dist. 69.20; 3, Sheffield 69.30. Fastest: T. Wright 16.27, Freary 16.36, Wilde 16.39.

19.9. Highgate Marathon. Allen 2:25:51.
19.9. Scotstoun. 100m: Piggott 10.6; HJ: Fairbrother 2.05/6'8½" (narrow miss at 2.08/6'10").

19.9. Nunaton "10". Grove 49.09.
19.9. Southall "10". Barratt 50.18.

STOLEN GOODS

The AAA & BAAB offices have been broken into on more than one occasion recently and amongst the goods stolen were a number of Great Britain waterproof tracksuits, some Southern Counties pale blue vests, and several of the latest javelins with the new cord markings (black 80m, pink 60m.) Anyone being offered any of these at a lower than usual price should notify the AAA immediately (01-580-3498).

WELSH NOTES

TODAY, September 26th, the annual Bridgend YMCA 7½M road race takes place at Bridgend at 2.30 p.m. In the morning the Welsh League holds its annual meeting at Bridgend YMCA. On Monday (28th), the fourth in the present series of evening road races organised by RRC Wales goes on at Abercynon. Report to Abercynon Rugby Club in time for a 7 p.m. start.

Such has been the demand for the loan of the Nos Galan film that a rota has been arranged. Clubs still wishing to borrow the film, a 16mm sound film which runs for about 25 mins, should write early stating the date they require it, to the Nos Galan Organiser, 13 Campbell Terrace, Mountain Ash, Glamorgan. The only charge is for outward postage from Mountain Ash.

Dave Morgan, formerly of TVH, now of Cardiff AAC, applied for admission to a college at Lake Tahoe, California, after seeing an advertisement in a sports magazine. He sent details of his middle-distance performances, was accepted and resigned from his job as Deputy Warden in a Cardiff hostel for drug addicts and alcoholics. He then received a wire stating: "Letter arriving. Don't plan on coming. Terrible financial problems. Feel terrible." It was signed by the track coach of the college. This put Dave in a spot. He had to re-apply for his job, and is now working at the hostel on a temporary basis. He has promised to let me know of any developments.

Phil Thomas of Herne Hill Harriers, seventh in the Commonwealth 1500m final in 3:42.6,

REDHILL & REIGATE ATHLETIC CLUB 14th ANNUAL PRIORY RELAYS SATURDAY, 7th NOVEMBER, 1970 IN THE REIGATE PRIORY GROUNDS

Senior Race—6 x 2½ Miles

Youths Race—Straight race over one lap of the Senior course (6 run, 3 score).

Entry Fees: Senior 7/6, Youths 3/6 per team, Ind. 1/-. **Entries** to Mrs. L. D. Christmas, 48 Atherfield Road, Woodhatch, Reigate, Surrey (Tel: Reigate 46766) by **Wed., 21st October**. Please submit names of all competitors with entry fees on entry form.

EPSOM & EWELL HARRIERS EPSOM "10"

**SATURDAY, 21st NOVEMBER, 1970
FROM THE WHITEHOUSE,
TATTENHAM CORNER**

Entries: 3/6 ind., plus 6/- per team (4 run, 3 score). Team members must pay ind. fee, s.a.e. with all entries for details.

Awards: Perpetual Trophy, prizes first six and three teams. Vets. awards, please state if over 40 or 50.

Entries to J. Dixon, 9 Lyncourt Gardens, Ewell, Surrey.

leaves for Uganda at the end of September, where he will be spending a year teaching and lecturing. He hopes to benefit from competition against the nearby Kenyans, and plans to return to the UK in 1972 fit enough to crack 3:40.0.

The AGM and Dinner of the Welsh AAA will be at Caerleon College on October 3rd. The AGM will start at 2 p.m., an hour earlier than usual. The Dinner is at 6.30 for 7 p.m. Tickets for the Dinner are 25/- each, obtainable from the Secretary, Welsh AAA, Picton Villa, Mountain Ash, Glamorgan, by October 1st.

Bernard Plain will not resume training until late October. He is suffering from a serious eye infection that could have caused total blindness if he had continued his rigorous training schedule. He is much better now, after a few weeks of nerve racking and considerable pain. He thinks he will make his comeback in the Nos Galan Mile on New Year's eve.

Welsh AAA Records Officer Clive Williams now has a new address. It is "Fairfield," Mill Road, Energlyn, Caerphilly, Glamorgan. New Secretary of the Monmouthshire AAA is R. Townsend, High Mass, Five Lanes, Caerwent, Mon. Tel: Caldicot 598.

Eighty-one runners took part in the annual Hopkinstown, Pontypridd road races on September 15th, the second in the present series of events organised by RRC (W). There was the usual congestion of traffic, learner drivers, etc., everywhere, in addition to children on bicycles, but the events went off well.

Peter Ratcliffe of Gilwern, who is not 18 until the end of the year, won for the second week the 3 miles race. Dick Evans of Aberystwyth, who was second the previous week was second again, though much closer on this occasion. Robert Locke of Gilwern was third, and looks good. Ken Flowers, who won the Hopkinstown event when it was a 4 miles race, on three occasions in the past 9 years, was 8th. His son Leslie was 12th, and both were warmly congratulated after in being the first father and son to compete in a RRC (Wales) event. Tom Wood, who was 18th, was tempted to enter his son, Colin, but Colin is still only 13. The Woods will obviously soon emulate the achievement of the Flowers. The men's 100 yards was an excellent race. Paul Briggs of Gilwern showed well in front in 10.0, with Simon Larard of Cardiff edging out his clubmate Greg Ashcroft for second place.

100y: 1, P. Briggs (Gil) 10.0; 2, S. Larard (Card) 10.2; 3, G. Ashcroft (Card) 10.3; 4, A. Jewell (Rhondda) 10.4. **3M:** 1, P. Ratcliffe (Gilwern) 14.15; 2, D. Evans (Aber) 14.21; 3, R. Locke (Gil) 15.06; 4, G. Morgan (Lewis S) 15.10; 5, M. Hoffman (Gil) 15.11; 6, K. Brown (Pt. Tal) 15.13; 7, L. Hughes (TVH) 15.15; 8, K. Flowers (Gil) 15.23; 9, D. Morgan (Pt. Tal) 15.40; 10, S. Rees (Card) 15.46; 11, P. Jagan (Here) 15.55; 12, L. Flowers (Gil) 16.00; 13, D. Reynolds (Bargoed) 16.04; 14, J. Smith (Aber'tilly) 16.10; 15, R. Hole (Gil) 16.12. **Boys' 100y:** 1, P. Evans (Card) 10.8; 2, G. Edwards (Aber) 10.8; 3, G. Cole (Aber) 11.0.

Bernard Baldwin

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries, 30s. per s.c. inch, per insertion, 33 $\frac{1}{3}$ % discount to clubs on three or more insertions of same copy.

U.C.N.W. HARRIERS & A.C.

present the 10th Annual

BEAUMARIS TO BANGOR

5 $\frac{1}{2}$ MILE ROAD RACE

(Under A.A.A. Laws)

ON SATURDAY, NOVEMBER 21st

All enquiries to the Road Race Secretary,
U.C.N.W., Bangor, Caerns.

LUTON UNITED A.C.

SATURDAY, 14th NOVEMBER, 2.30 p.m.

BOYS' 4x2M. CROSS-COUNTRY RELAY

Trophy, medals first 3 teams, first "B" team and fastest lap. Boys 14-U/16 on 1.9.70. Entries: 5/- one team, 2/6 others.

COLTS 2M. CROSS-COUNTRY RACE

Any number to run, 3 to score. Trophy, medals first 3 teams and first 3 inds. Colts 12-U/14 on 1.9.70. Entries: 1/6 per ind.

Entries close November 3rd, to B. Duffy, 63 Austin Road, Luton, Beds. LU3 1TY. (Luton 52683).

AIREDALE SPEN VALLEY A.C.

THE FOURTH

BATLEY ROAD RACE FESTIVAL

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, OCTOBER 25th, 1970, 2 p.m.

FROM TOWN HALL SQUARE

BATLEY :: YORKSHIRE

2 p.m. Girls/Ladies 3x1 Mile Medley Road Relay (Winners 1969: Derby & County Ladies) 1 Jnr., 1 Inter., 1 Snr. per team. Entry: 6/- per team, ages as on 1.9.70.

2.30 p.m. Young Athletes Medley (2x1x3 Miles) Running order of 1 Boy (U/16), 1 Colt (U/14), 1 Youth (U/18) per team. Ages as on 1.9.70. 6/- per team. Winners 1969: St. Bedes, Bradford, and Sale Harriers.

Good Prizes for Schools and Clubs in both the above. Any number of teams may be entered.

3.30 p.m. The Big-Dipper Six Miles (3x2 Miles hilly lap) for Senior and Junior Men over 18 on 1.9.70. Past Winners: 1969 Trophy holders, Leeds University; Ind. 1967, A. Blinston 25.52, 1968 F. Briscoe 25.59, 1969 (and record holder) T. Wright 25.02.

Entry Fee: 2/- per ind. (no team fee). Prizes for Seniors, Juniors, Veterans, Newcomers and Teams (4 to count), A & B team awards and several other ind. awards.

All Entries (with fees) to R. Tristram, Park House, Low Moor, Bradford, Yorks. (Tel: Bradford 677967) by Wednesday, Oct. 14th.

Something for every age, only 4 miles off the M.1 Motorway. Why not join in these exciting races.

THE RIDGEWAY RELAY

(Under A.A.A. Laws)

SWINDON TO READING

Saturday, 24th October, at 12.30 p.m.

8 Seniors, 2 Youths (6 Cross-Country, 4 Road Stages). Entry Fees: 30/- per team by 12th October, to Mr. W. A. Townsend, 280 Crick-lade Road, Swindon, Wilts.

Sixth North Bucks.

WOLVERTON "5" MILES

OPEN ROAD RACE

(Under A.A.A. Laws)

SATURDAY, NOVEMBER 28th, at 3 p.m.

Ind. & Team Prizes (4 run, 3 score)

Fee: 3/- ind. by Nov. 17th, to M. Callow, 11 Longville, Wolverton, Bucks. (Tel: 3315).

Challenge to every Club and School

THURROCK HARRIERS

Presents

at London's Crystal Palace Motor Circuit

YOUNG ATHLETES

(Under 18 and over 15 on 1.1.71)

8 x 2.8 MILES ROAD RELAY

and

COLTS 4 x 1.4 ROAD RELAY

(inc. School race for Mel Batty Trophy)

ON SATURDAY, 13th MARCH, 1971

Full details from Mr. R. A. Sales, 78 Orchard Road, South Ockenden, Essex, RM15 6HH.

BELGRAVE HARRIERS

14th Annual

OPEN YOUTHS' ROAD RELAY RACE

(Under A.A.A. Laws)

4 x 2 Miles, 125 Yards

SATURDAY, 17th OCTOBER, 1970

3 p.m. Start

THE CAUSEWAY,

WIMBLEDON COMMON, LONDON

Awards: Plaques for first 3 Teams. Medals for first College or School Team not otherwise placed.

Entries: On A.A.A. forms to Reg Hopkins, 10 Brunswick Court, Bermondsey, London, S.E.1. By October 9th.

List first claim members aged 16 and 17 on 1st September, 1969. Teams of 4 to be nominated before the race and fees of 7s. 6d. per team paid.

ALSO

BOYS' 3x1 $\frac{1}{2}$ M. ROAD RELAY

at 2 p.m. Fee 5/- per team.