

a

thletics

weekly
INCORPORATING
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

★ Great Britain v. The Rest
—Full Report

★ Spotlight on Youth

★ Special Features on Vince
Matthews & Romuald Klim

★ Olympic Team News

★ American Olympic Trials



1/6

DON THOMPSON,
1960 Olympic
champion, who has
announced his retire-
ment from walking.

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A SPIKY PROBLEM

"THE number of spikes is limited to a maximum of six in the sole proper and two in the heel". So reads IAAF Rule 142, section 4—dealing with athletic footwear. The rule goes on to state that "competitors may not use any appliance either inside or outside the shoe which will have the effect of increasing the thickness of the sole above the permitted maximum of 13mm or which can give the wearer any advantage which he would not obtain from the type of shoe described in the previous paragraph".

It would seem clear, therefore, that the new German shoe—as worn by John Carlos, Lee Evans and Vince Matthews in recent world record efforts—contravenes the rules, for the shoe in question has six rows of tiny spikes (total of 66) set into the sole. Will they be permitted in the Olympics? Hardly, for Rule 13 states clearly: "No alterations or additions to the technical rules passed during the twelve months preceding any Olympic Games shall be effective until after the Games". I think the chances are that the IAAF will eventually sanction their use, as they would seem to represent a step forward just as all-weather tracks (for which the shoe was specifically designed) are an advance on cinder. In the meantime I hear that five or six thousand pairs will be given away to competitors in Mexico City—promotion costs that will inevitably be passed on to the paying customer.

Farewell to a great star

The news of Mary Rand's retirement is sad . . . what a pity that she was unable to round off her brilliant career in style, at what would have been her third Olympics. Still, we must be grateful that her career lasted for as long as it did. After all, she was considering retirement following her traumatic experience at the Rome Olympics eight years ago! I would rate Mary the greatest woman athlete Britain has ever produced . . . and her contribution to the sport, not only as a competitor, but as an example and inspiration is immeasurable. I hope, in the near future, to pay a fuller tribute to Mary within the pages of this magazine. Also, a sincere thank you to another great figure who has recently announced his retirement: Don Thompson. For sheer guts and determination there has never been an athlete to surpass Don; he, too, will be remembered with affection by all in British athletics.

Grisp crackle of £15,783

The Golden Wonder scheme to provide extra money for the preparation of our Olympic team raised no less than £15,783 for the benefit of the BAAB. In all, over NINE MILLION crisp and nut packets were collected in four months! This has been the most successful as well as imaginative of schemes to raise money for athletics, and it is gratifying to learn that Golden Wonder Ltd. are now to donate £1,000 each year to help a specific event that seems to be in need of atten-

tion. The money will go to provide extra coaching facilities, equipment, training or whatever else is particularly required. Incidentally, those who sent their empty packets to the BAAB Offices will, in due course, receive an acknowledgement. The response, says Les Golding, was staggering, but this has posed problems in terms of thank-you notes.

THE EDITOR

FINAL USOC RESULTS

The results of the last two US Olympic Trials, not reported with earlier results on page 30, were as follows: 1500: 1, Jim Ryun 3:49.0; 2, Martin Liquori 3:49.5; 3, Tom von Ruden 3:49.8. HJ: 1, Ed Caruthers 7'3"; 2, Reynaldo Brown 7'3"; 3, Dick Fosbury 7'3".

SOUTHERN ATHLETIC LEAGUES

Entries for the Southern Athletic Leagues 1969, closing date for which is October 1st, are steadily being received. Further details (enclosing s.a.e.) from Roger Buzzard, Phoenix Harriers Club House, Keep Hill Road, High Wycombe, Bucks.

PERSONAL BEST BY BRENDA

Brenda Bedford threw the discus a personal best of 165'11" and also put the shot 49'6½" at Twickenham on August 24th. Janis Quick was 2nd with 42'6½" and 137'11" (pb).

UK 2000 METRES RECORD

Colin Robinson (Rochdale) clipped a second off Chris Chataway's UK 2000 metres record with a time of 5:08.4 at Stretford on September 7th. Further details next week.

PILOTED BY FELLOW ATHLETE

Roughly half of Britain's athletics team flew to Mexico City last Sunday in a chartered BOAC Boeing 707, piloted as far as Bermuda by David Campbell, a member of Ranelagh Harriers.

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ATHLETICS WEEKLY

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THE WEEK AHEAD

Today (September 21st), with half our Olympians already in Mexico, sees the English track season slow up still further. Amongst the few track meets are: City of Stoke Floodlit, Southern Women's Intermediate/Junior Inter-County, Jim Peters Trophy at Barking and Eldridge Trophies at Southampton.

The road men really start to come into their own though with: the Hull "20", Wordsley "15", Southall "10", Bridgend YMCA "7½", Eastleigh Handicap "5" and the inaugural Highgate "Booths" Marathon. Also, the Blackheath (at Hayes), Lutterworth and Corby "Round the Houses" Road Relays. The English Cross Country Union have their AGM in Leicester, while the annual St. Albans Relay heralds the traditional start of the cross-country season.

Tomorrow (Sept. 22nd) the Bernie Hames Half-Marathon starts from Chigwell Row at 3.30, while Newbury hold their Young Athletes C.C. Relay. On Monday the BMC hold a special Boys race at Grays, Thurrock.

Tuesday, September 24th, ISSUE NO. 6 OF "WOMEN'S ATHLETICS" PUBLISHED.

On Wednesday the Southern Counties have another of their increasingly popular Crystal Palace Open meetings and this is also the final date for Olympic entries.

Friday (Sept. 27th) AAA Annual Dance at the Lyceum Ballroom.

ECCU ANNUAL GENERAL MEETING

The AGM of the English Cross Country Union takes place today (September 21st) at the Constance Jackson Social Club, Western Park, Leicester, starting 2 p.m. Among the propositions is one from the Eastern Counties CCA: "that consideration be given to lengthening the Youths' Race to at least 4½ miles but not more than 5".

Mike Bull Surmounts Another Barrier

TWO barriers surmounted, one to go. Having conquered 16 feet, the next logical target for Mike Bull was the round figure of five metres (16'5")—which these days represents the dividing line between the internationally acceptable pole vaulter and the rest. Mike has been knocking on the door all season and, at a special pre-Olympic meet at Crystal Palace on September 12th, he finally gained admittance to the world class vaulters' association. The few hundred faithful spectators on hand raised a din out of all proportions to their number as Mike scraped over 16'6½" (5.03m) at his last attempt . . . and how richly he deserved that ovation. With the bar still shaking frenziedly, Mike leapt out of the pit in ecstasy. "It was a ragged one," he reflected—but I shouldn't think he minded too much. Personal bests don't come easily to pole vaulters or high jumpers and are therefore all the more pleasurable when achieved. Mike, who single-handed and single-mindedly, is in the process of putting UK vaulting on the map for the first time since the pole climbers of the last century (though Dick Webster and Geoff Elliott had their moments), has had to overcome gigantic odds in his bid to take on the world's best, and it says much for his talent and perseverance that the third barrier, 17 feet, is clearly in sight. Mike told me a few weeks ago that if everything clicked on the day it was possible he could take the Olympic bronze with a first time clearance of 5.20m (17'0½"). It could happen, for he has the same sort of uncompromising attitude that John Cooper displayed in Tokyo. If you don't believe in your own capabilities, who else is?

There was another record of sorts at this pleasant get-together when, in what was virtually an exhibition, Rita Lincoln (63.3, 2:09.2), Rosemary Stirling (60.8, 2:08.6) and Joan Page (61.6, 2:09.6) strung together an all-comers 3x880y mark of 6:27.4. Of much more significance, though, was the men's 4x400m which featured some splendid running by all eight participants. Andy Todd led off in 47.7 (his best from blocks) a yard or two ahead of John Wilson (47.9), but on the second leg the increasingly self-assured John Robertson swept past Dave Hemery in the straight to hand over a stride in front, having covered his lap in 45.9 as against Hemery's 46.3. The "B" team's lead was short-lived, though, for Martin Winbolt Lewis took off like a rocket and was past Len Walters on the inside at the first bend. Running with greater *elan* than in some of his recent efforts, Winbolt Lewis opened up four yards with a 45.8 stint; Walters (who had defeated Todd rather easily the previous evening) clocked a creditable 46.5. Colin Campbell anchored in 46.1 for a total time of 3:05.9, equalling the best by a British team this season. John Cooper was timed in 47.5 and thought he might have gone a second faster had he not been on antibiotics all week because of sinus trouble. The British Olym-

pic team (with Howard Davies) could threaten that great 3:01.6 by the Tokyo squad; it will need to for a place in the first six let alone medals.

The men's sprint relay quartet again disappointed timewise—a mere 40.2 while the American coach is thinking (and with good reason) of sub-38 for his dream team of Hines, Greene, Pender and Ronnie Ray Smith. Once again the change between Ron Jones and Dick Steane was particularly hesitant. The girls, without Val Peat (sore throat), were even less proficient technically but their time of 44.8 was satisfactory enough.

Both Barbara Inkpen and Dorothy Shirley were only an inch below their best in a good high jump duel, and there was another close scrap in the high hurdles in which Alan Pascoe only just held off Stu Storey. The headwind spoiled the times also in the 80m hurdles, where Pat Jones might have got close to Pat Pryce had she not been inconveniently delayed by the last hurdle.

Melvyn Watman

110mH: 1, A. Pascoe 14.3; 2, S. Storey 14.3; 3, A. Tymms 15.0; 4, C. Longe 15.5. **3000m Walk:** 1, R. Hughes 13:12.8; 2, S. Lightman 13:18.0; 3, W. Sutherland 13:18.2; 4, A. Thomson 13:47.4. **PV:** 1, M. Bull 16'6½" (Commonwealth and UK national rec); 2, M. Bryant 14'3"; 3, S. Tufton 13'9". **LJ:** 1, A. Lerwill 24'1½"; 2, D. Walker 23'3¼"; 3, P. Hudson 23'1"; 4, D. Kidner 22'3". **4x100m:** 1, Team "A" (J. Speake, R. Jones, R. Steane, B. Kelly) 40.2; 2, Team "B" (M. Reynolds, N. Rice, L. Piggott, D. Dear) 40.8. **4x400m:** 1, Team "A" (A. Todd, D. Hemery, M. Winbolt Lewis, C. Campbell) 3:05.9; 2, Team "B" (J. Wilson, J. Robertson, L. Walters, J. H. Cooper) 3:07.8. **Women's 80mH:** 1, P. Pryce 11.1; 2, P. Jones 11.4; 3, A. Wilson 11.5; 4, M. Botley 11.6; 5, S. Scott 11.7; 6, E. Toulalon 11.9. **HJ:** 1, B. Inkpen 5'8"; 2, D. Shirley 5'7"; 3, Wilson 5'2"; 4, Scott 5'0"; 5, Pryce 4'10". **4x100m:** 1, Team "A" (A. Neil, M. Tranter, J. Simpson, L. Board) 44.8; 2, Team "B" (M. Cobb, D. James, J. Pawsey, M. Barton) 46.1. **3x880y:** 1, Team "A" (R. Lincoln, R. Stirling, J. Page) 6:27.4 (UK a-c rec); 2, Team "B" (M. Moir, F. Turner, J. Green) 6:58.6.

VIC SMALL TROPHY MEETING

At Scunthorpe, September 2nd

1, Hull Spartan 263; 2, Scunthorpe 246; 3, Lincoln C. & C. 207; 4, Grimsby 96; 5, Grantham 20; 6, Barton 17. 100: Plaskitt (B) 10.2. 440: Johnson (S) 50.8. LJ/TJ: P. Knowles (S) 21'5½"/45'11½". JT: Stevenson (HS) 198'6". (Juniors) PV: Skinner (S) 10'3". DT: Walker (S) 131'9". (Youths) 110H: Fielding (S) 14.4. DT: Hewitt (S) 153'7". **Women's Committee Trophy:** 1, Hull Sp. 113; 2, Scunthorpe 80; 3, Grimsby 71; 4, Lincoln C. & C. 58; 5, Grantham 31. HJ/LJ: Walker (Gra-I) 4'10"/17'0". (Juniors) 100/150/LJ: Hartley (Gri) 11.8/17.6/16'8½". 880: Webster (HS) 2:28.0. 80yH: Smith (HS) 12.5. HJ: Bass (HS) 4'9".

Rosemary Stirling, nearest camera, comes in to win the 440 yards in 55.0 at the Birchfield Autumn Sports from Pat Lowe (4), Gloria Dourass (2) and Pat Jones.

Alan Johnson



Welsh Notes

WALES Select 77, West Wales 64, at Carmarthen, August 24th. In near perfect conditions, with just the slightest hint of a breeze, the sprinters had a field day. Both events provided exciting duels with John Williams running another 9.8 100y in just pipping Terry Davies. Over 220, quarter miler Gwynne Griffiths upset the formbook by dealing Williams one of his rare defeats in Wales, although both recorded personal bests of 21.4. 100: 1, J. Williams (WS) 9.8; 2, T. Davies (WW) 9.8; 3, N. Williams (WW) 10.0. 220: 1, G. Griffiths (WW) 21.4; 2, J. Williams 21.4; 3, N. Williams 21.6; 4, E. Saville (Birchg-ns) 22.8. 440: 1, Griffiths 48.6; 2, M. Delaney 50.4. 880: 1, D. Hogg (Sale-ns) 1:52.5; 2, V. James (WW-J) 1:52.8; 3, J. Powell (WS) 1:54.6; 4, J. Ingram (WS) 1:55.2; 5, G. Spencer (Roath-ns) 1:55.9. Mile: 1, J. Bednarski (Swindon-ns) 4:11.6; 2, B. Plain (WC) 4:11.9; 3, R. Maplestone (WS)

4:12.4; 4, K. Wallis (Mitcham-ns) 4:13.8; 5, F. Thomas (WW) 4:14.7. 3M: C. Williams (WS) 14:29.2. 3000mSC: 1, R. Evans (WW) 9:18.6; 2, B. Griffiths (WS) 9:28.8; 3, B. Hayward (WS) 9:42.6; 4, G. Kirby (Ro-ns) 9:54.2. 4x110: West Wales 43.9. HJ: R. Stennett (WS) 5'10". TJ: 1, M. Roberts (WS) 45'7½"; 2, P. Davies (WS) 45'1½". (Youths) 100: 1, A. Thomas (Birchg) 10.2; 2, C. Rees (Carm) 10.3; 3, D. Miles (Carm) 10.4. 220: 1, Thomas 22.9; 2, Miles 23.3; 3, A. Bartlett (Birchg) 23.6. 4x110: Birchgrove 45.5.

Welsh Industries Championships, at Jenner Park, Barry, August 24th. 100: 1, J. Elias 10.1; 2, P. Briggs 10.2. Vets 100: A. Cooke 10.5. 220/LJ: Elias 22.4/22'4½". SP: B. Penny 42'7½". (Juniors) DT: M. Gange 140'10". JT: 1, K. Cooper 179'7"; 2, Gange 168'4". (Women) 100/440: E. Johns 10.8/84.2 (3 finished!). 220: 1, Johns 25.2; 2, S. Powell 26.2. LJ: Powell 18'11". (Intermediates) HJ: 1, J. Hirst 4'11"; 2, S. Hadden 4'9". LJ/SP: Hirst 16'11"/31'11½". Teams: 1, BP Llandarcy 168; 2, S. Wales Elec. 67; 3, British Steel Corp. 65.

At Cardiff, September 3rd. Mile: 1, R. Maplestone (Roath) 4:10.1; 2, B. Plain (Birchg) 4:10.5; 3, J. Williams (Bir) 4:15.1; 4, P. Ingram (Bir) 4:18.5.

Fast times doubted: Regarding the fast times in evidence at the Swansea Open Championships recently (9.6 by J. Williams, 10.6 E. Johns, etc.) apart from the wind about it is well worth noting that there were no graded timekeepers present! ... Latest news from the colleges is that Junior half-miler Vince James (1:52.8 best) is off to Cardiff Training College shortly where he teams up with 1:53.5 man John Powell. These two should make a formidable duo in inter-college competition next year. Meanwhile Aberystwyth, who are reigning Welsh Universities team champions, have attracted 46 foot triple jumper Peter Davies and six foot high jumper Roger Stennett (School International winner).

Ken Bennett

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Gt. Britain v The Rest**At Portsmouth, September 14th****Hemery Would Have Tied World's Best**

FOUR years ago at Portsmouth, just before the Olympic team flew out to Tokyo, Lynn Davies and Mary Rand served notice of even greater deeds to come by jumping (wind assisted) 26'5" and 22'0" respectively. Last Saturday the 1968 version of Great Britain v. The Rest at Alexandra Park featured equally scintillating displays by a pair who just could be heading for a gold medal apiece also.

Dave Hemery, undismayed (encouraged even?) by the news of Geoff Vanderstock's world record of 48.8—he beat him by seven yards in the NCAA Championships in June—showed the sort of form he is currently enjoying by negotiating 325½ yards (sic) and seven 3ft hurdles in the resoundingly good time of 35.2. Had the race been over 330 yards, as arranged prior to the TV men's objections to the race finishing a few yards past the normal post, Hemery would surely have clocked 35.7 to equal the unofficial world's best . . . held by a certain Geoffrey Peter Vanderstock. It was an astonishing performance by Hemery, who won with over ten yards to spare over Andy Todd, considering the soft state of the track following torrential rain in the morning. Many a flat quarter-miler would be proud of such a time.

Lilian Board, who had never previously held so much as a UK national record, struck it rich along with Anita Neil, Maureen Tranter and Janet Simpson. They turned in a fairly routine relay performance of 45.0 but, seeing the distance was 440y and not 400m, each of the girls will be receiving a coveted world record plaque in due course. For Janet and Maureen it was their second world record of the season. More significant, really, was Lillian's 220y victory by the yawning margin of seven yards over Della James and Janet Simpson. That, and the slightly wind-assisted time of 23.6, suggests that Lilian is capable of 23 sec. and perhaps a medal in her second-stride event at Mexico City.

The field event results were, for the most part, extremely pleasing and one is happy to report new UK and Commonwealth records by two of the most dedicated of all athletes, Mike Bull and Howard Payne. Barely had the euphoria of Thursday night's achievement worn off than Mike did it again: this time a clearance of 16'7½" (5.06m)—which, in this fast moving event, would have constituted a world record as recently as 1963. Bob Seagren may have been clearing 17'9" in California the same day but it is a measure of Mike's progress that the difference between the UK and world records (13½") is narrower now than at any time since the demise of pole climbing some 70 years ago.

As for Howard, he reeled off this series: 206'11", 208'2", 212'9", 215'6", 214'9", 210'3". He thus added 16" to the UK record he set from the

same circle in August and also (though he may not have been aware that he had ever lost it) regained the Commonwealth record . . . India's Praveen Kumar had thrown 214'4" last month. Payne was still not happy with his technique and believes he had 220ft in him that day, but he must have been gratified by the applause he received as he walked to the stand. The crowd also appreciated such other field event titbits as Jeff Teale heaving the shot over 61ft, Sue Platt throwing the javelin past 175ft, Sue Scott winning the long jump with 20'4½", and John Watts' discus victory over Bill Tancred. Most thrilling of all, though, was the long jump in which Portsmouth-born Alan Lerwill scraped home by three-quarters of an inch with a windy 25'2½". The man pressing him was Dave Walker, whose legal 25'2" constitutes a Scottish record and raises him to 4th on the UK all-time list behind Davies, Morbey and Alsop.

Back on the track, particularly noteworthy performances came from the superbly consistent Anita Neil (10.6w 100y), John Robertson (47.3 440y) and Peter Gabbett (personal best of 48.3), young Paul Dennis (who covered the second half



Maureen Tranter, here equalling the UK 100y record of 10.6 at Perry Barr, contributed to the world 4x110y record at Portsmouth. Alan Johnson

of the mile in 2:01) and Alan Pascoe (14.1 with the wind just a puff over the limit). Sad to announce, Maurice Herriott ran his final race in Britain—he retires after Mexico. With both his rivals weary from their exertions in the Ben Nevis race, Maurice took it nice and easy but feels he is in as good shape now as he was when he won the silver medal in Tokyo. **M.W.**

RESULTS

100: (+ 1.5m/sec) 1, B. Kelly 9.7; 2, J. Speake 9.8; 3, D. Dear 9.8; 4, L. Piggott 9.9; 5, C. Cheetham 10.0; 6, P. Gabbett 10.0. **220:** (+ 0.2m) 1, R. Steane 21.4; 2, M. Reynolds 21.8; 3, R. Jones 21.8; 4, M. Winbolt Lewis 21.8; 5, C. Campbell 22.4. **440:** 1, J. Robertson 47.3; 2, Gabbett 48.3; 3, L. Walters 48.5; 4, C. Carter 48.6; 5, J. Davies 49.2. **880:** 1, J. Boulter 1:49.3; 2, M. Rothwell 1:51.0; 3, R. Adams 1:51.2; 4, A. Cowen 1:55.6. **Mile:** 1, P. Dennis 4:10.3; 2, R. Roseman 4:10.8; 3, M. Beevor 4:13.0; 4, R. Taylor 4:13.5; 5, D. Bryant 4:20.7. **2M:** 1, A. Blinston 8:41.2; 2, A. Rushmer 8:42.6; 3, I. Stewart 8:45.8; 4, M. Benn 8:48.0; 5, J. Hogan 8:55.2. **3000mSC:** 1, M. Herriott 9:01.2; 2, G. Stevens 9:08.0; 3, R. McAndrew 9:17.2. **120H:** (+ 2.05m) 1, A. Pascoe 14.1; 2, S. Storey 14.3; 3, M. Parker 14.4; 4, Legge 15.2. **325H:** 1, D. Hemery 35.2; 2, A. Todd 36.5; 3, J. Sherwood 36.9; 4, J. Cooper 37.1. **PV:** 1, M. Bull 16'7 $\frac{1}{2}$ " (Commonwealth & UK national rec); 2, M. Bryant 14'6"; 3, eq. D. Lease & S. Tufton 13'6". **LJ:** 1, A. Lerwill 25'2 $\frac{1}{2}$ "w (legal 25'1"); 2, D. Walker 25'2"; 3, P. Reed 23'9 $\frac{1}{2}$ ". **TJ:** 1, D. Boosey 51'8"; 2, G. Hamlyn 51'3 $\frac{1}{2}$ "; 3, F. Alsop 51'1 $\frac{1}{2}$ "; 4, A. Wadhams 49'11"; 5, D. Walker 45'7 $\frac{1}{2}$ ". **SP:** 1, J. Teale 61'3 $\frac{1}{2}$ "; 2, W. Tancred 55'4 $\frac{1}{2}$ "; 3, G. Capes 53'10 $\frac{1}{2}$ "; 4, S. Clark 48'11". **DT:** 1, J. Watts 179'6"; 2, W. Tancred 173'2"; 3, A. McKenzie 170'11"; 4, P. Tancred 150'3". **HT:** 1, H. Payne 215'6" (Commonwealth & UK national rec); 2, B. Fraser 200'5"; 3, B. Williams 184'0"; 4, D. Bayes 176'4". **4x110:** 1, GB (Speake, Jones, Steane, Kelly) 40.5; 2, The Rest (Dear, N. Rice, Piggott, Reynolds) 41.1; 3, Hampshire (Pascoe, C. Laws, C. Campbell, Cheetham) 41.9.

Women

100: (+ 3.1m) 1, A. Neil 10.6; 2, M. Tranter 10.8; 3, M. Cobb 10.8; 4, D. James 10.8; 5, S. Sherwood 11.0. **220:** (+ 2.4m) 1, L. Board 23.6; 2, James 24.4; 3, J. Simpson 24.4; 4, Cobb 24.5; 5, J. Pawsey 25.0. **440:** 1, R. Stirling 55.5; 2, P. Lowe 55.9; 3, S. Taylor 57.6; 4, J. Page 58.2. **80mH:** 1, P. Pryce 11.0; 2, P. Jones 11.2; 3, A. Wilson 11.3; 4, M. Peters 11.6; 5, E. Toulalon 11.9. **HJ:** 1, B. Inkpen 5'6"; 2, D. Shirley 5'4"; 3, Peters 5'3"; 4, L. Esdaile 5'2". **LJ:** 1, S. Scott 20'4 $\frac{1}{2}$ "; 2, Wilson 20'2"; 3, J. Caswell 19'9 $\frac{1}{2}$ "; 4, M. Barton 19'9 $\frac{1}{2}$ ". **TJ:** 1, S. Platt 175'8"; 2, P. French 150'11"; 3, A. Farquhar 150'4"; 4, J. Baker 129'0". **4x110:** 1, GB (Neil, Tranter, Simpson, Board) 45.0 (world rec); 2, The Rest (Cobb, Sherwood, Pawsey, James) 46.5.

Chris White has moved to 88 Keith Road, Talbot Woods, Bournemouth, Hants.



'It's everyday training that counts whatever the sport'

says Len Kilby,
Former British Olympic Masseur

Len Kilby is a man who believes in keeping fit himself as well as the men and women he trains. "If you want to be a successful sportsman—you've got to work at it" said Len. "You've got to be really tough with yourself. Amateur or professional—the same rules apply. Whether you're an athlete, footballer, cyclist, rugby player—you must train all the week!"

"Fighting talk" I said. "Well, it's the only way if you want to be really on form. This means daily strengthening exercises every morning before you start your job and I recommend a 20 minute run at night, too. I still do training most evenings—the only thing that keeps me indoors is fog—no good breathing in that stuff!" "I know it's tempting to lay off training—especially on a cold winter's night, but believe me once you've got going, you'll feel really good. And remember, all the time you're exercising, you're building up stamina, so that when Saturday comes, you're ready for action! One more tip: I'm a great believer in massage. It's especially valuable for the week-end sportsman. Give your muscles a good work-out with Elliman Athletic Rub; I find it the finest thing out for warding off stiffness; keeps your body supple too. What's more if you have any aches, pains or sprains after a big event, rub on Ellimans. I use it myself."

So that's it in a nutshell. Exercise—no slacking—and a nightly massage with Ellimans. Len Kilby should know!

YOU TOO If you're a sportsman of any kind you'll find regular massage with Elliman Athletic Rub ideal for keeping in tip-top form. **ELLIMAN ATHLETIC RUB 3/2d from chemists.**

Write for free booklet: "Advice to Sportsmen in Training" to Dept. AW7, Elliman, Sons & Co. Ltd., 11 Stoke Poges Lane, Slough, Bucks.

Dartford Relay Records Fall to Medway AC

September 14th

THE 9th annual Dartford Road Relay was delayed for 15 mins. because of torrential rain but eventually the race started and a record number of 19 teams set off in pouring rain.

Colin Ridley (Dartford) led the field on lap 1 in 13.36, six seconds outside his own lap record, and was followed by Weston (Camb. H), Woodcock (Blackheath) and Mankelow (Medway). On lap 2 Ken Harland took Cambridge T. into the lead with a run of 13.32, 25 secs. ahead of Haines (Blackheath), Marshall (Dartford) and Davis (Canterbury). On lap 3 Ian Macmillan set a new lap record of 13.14 in taking Canterbury into a 33 sec. lead over Davis of Blackheath, who was followed by Thomson (Dartford) and Edwards (Medway).

The highlight of the afternoon was the storming fourth lap run by Richard Newble for Medway, who shattered the record for the 2.8 miles lap with 12 min. 39 sec. and gave his club a 33 sec. lead over Canterbury (Coe) with Willis (Blackheath) 3rd and Buss (Dartford) 4th. On the fifth lap Townsend (Canterbury) pulled back a little of the deficit but on the final circuit Richard Hayman went right away to bring Medway home in 83min. 1sec. and knock nearly 3 mins. off the previous record of 85min. 58sec.

A non-scoring Medway youth team actually finished in fifth place with a time of 88min. 52sec. The three fastest individuals and first two teams were all inside the old record figures.

1, Medway A.C. (J. Mankelow 14.02, J. Mayatt 14.29, D. Edwards 14.03, R. Newble 12.39, M. Dennett 14.46, R. Hayman 13.02) 83min. 01sec. (rec).

2, Canterbury A.C. (M. Glover 14.06, M. Davis 14.17, I. Macmillan 13.14, W. Coe 14.09, D. Townsend 14.15, M. Templeman 15.46) 85min. 47sec.

3, Blackheath H. (C. Woodcock 14.01, C. Haines 13.46, A. Davis 14.23, M. Willis 14.31, G. Martin 15.10, R. Hawtin 14.22) 86min. 13sec.

4, Dartford H. (C. Ridley 13.36, K. Marshall 14.13, D. Thomson 14.38, P. Buss 14.48, R. Foreman 15.52, B. Golightly 14.55) 88min. 02sec.

5, Cambridge H. 89.25; 6, Medway "B" 91.10; 7, Medway "C" 92.20; 8, Blackheath "B" 94.33; 9, Erith 95.55; 10, Kent A.C. 95.57; 11, Dartford "B" 98.07; 12, Blackheath "C" 99.20; 13, Elliott & Reed A.C. 100.08; 14, Medway "D" 100.39; 15, Thanet 101.26.

Fastest Laps: R. Newble (Medway) 12.39 (rec), R. Hayman (Medway) 13.02, I. Macmillan (Canterbury) 13.14, C. Ridley (Dartford) 13.36, C. Haines (Blackheath) 13.46, A. Weston (Camb. H) 13.50.

Czech Embassy Welcome British Athletes' Petition

Rolf Clayton, co-organiser of the British athletes' petition concerning the safety of Emil and Dana Zatopek, has received the following reply from Milan Glozar, First Secretary at the Czechoslovak Embassy in London:—

"I wish to thank you most warmly for your letter of 4th September, 1968, addressed to my Ambassador and for the expressions of sympathy and understanding for my country generally and Emil and Dana Zatopek particularly. I assure you that I will see to it that the Zatopeks will get the petition in due course. Kindly convey my thanks to all who joined you in the manifestation of those feelings."



The Wolverhampton and Bilston AC relay team which won the AAA 4x110 yards title at Perry Barr, left to right: Roger Walters, Gwynne Griffiths, Ralph Banthorpe and Alan Jones, together with coach Charles Taylor.

G. L. Pike

WALKING

SWEDES AND DANES OUTPACE OUR GIRLS

Sweden 36, Denmark 22, England 21: Women's 5000m Track Walk, at Odense, Denmark, August 31st. The third International 5000m between England and Denmark, this was the first time that Sweden have also joined in. The scoring, as agreed at the Technical Meeting, was 16 points for the winner, 14 for second and so on, with five to walk and three to score. Held over 12½ laps of a good firm 400 metre cinder track, this ensured the exact distance was covered and maintained the discipline of constant supervision.

Mary Nilsson, an outstanding performer at 40 years of age, took the lead from the start and set a fantastic pace which she maintained throughout. She passed the mile in 8:06, followed by Eivor Johansson and Lene Kroon (8:06.2) and Karin Moller (8:13.0). At this stage Judy Farr lay sixth (8:29.0), Beth Jenkins seventh (8:32.0), Doris Froome eighth (8:37.0), Barbara Fisk 12th (8:55.0) and Diane Cotterill 14th (8:59.0). The leading Danes and Swedes hung on to Nilsson's fierce pace which our girls thought would die down but, although some gradually fell behind, a number of the leaders stayed up there to the finish.

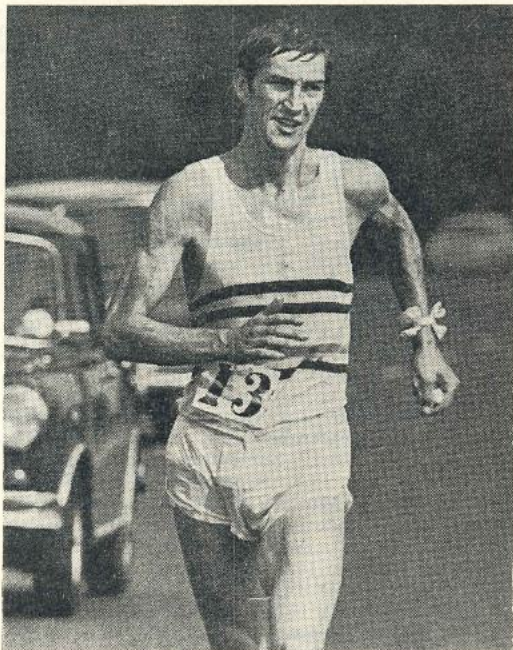
1, M. Nilsson (S) 25:28.2; 2, E. Johansson (S) 26:13.6; 3, L. Kroon (D) 26:31.0; 4, K. Moller (D) 27:13.6; 5, I. Hansson (S) 27:16.4; 6, B. Jenkins (E) 27:26.8; 7, D. Froome 27:27.0; 8, J. Farr (E) 27:27.2; 9, A. Berilsson (S) 27:29.0; 10, M. Gustavsson (S) 27:52.6; 11, B. Fisk (E) 28:11.4; 12, E. Thomson (D) 28:17.0; 13, H. Moller (D) 29:34.4; 14, D. Cotterill (E) 30:08.0; 15, J. Hennecke (D) 30:13.6. D.N.N.

200th Win! In winning the Southern Counties Open 3200m at Crystal Palace on August 20th Paul Nihill recorded the 200th win of his career. Paul now remains unbeaten since the Cambridge Harriers Open "7" last December. Let's hope his next event, the Olympic 50 Kms, maintains his winning sequence.

Junior Internationals: With the "on or after January 1st, 1949" age limit applying to the International match against West Germany recently, the RWA selectors had to cancel their original nominations of Phil Embleton and Phil Bannon as they wrongly assumed that conditions would be the same as for the recent four sided match in Italy. Arising from this, with the increased opportunity of International competition amongst Juniors, it has become imperative that a list of Junior dates of birth be compiled and the Honorary Championships Secretary, Jack Hadley, will insist that all National Junior & Youth Championships entrants clearly state their date of birth so that a central register may be maintained.

Veterans AC 5M. at Tooting, August 13th. 1, D. Vale (Sy WC) 39.15; 2, F. Nickolls (Sy WC) 45.07; 3, R. Rudd (Sy WC) 45.12.

Rome-Castelgandolfo 30 Kms, September 1st. Although rather slower than last year (2:34.22) when he finished fourth to Peter Fullager's record



Bryan Eley during his victorious walk from London to Brighton.

Ed Lacey

2:24.14, the huge German Julius Muller was the decisive winner in the 19th celebration of this historic event. 1, J. Muller (W. Ger) 2:39.05; 2, S. Mancini (I) 2:41.25; 3, P. Andreotti (I) 2:42.29; 4, G. Schuth (WG) 2:43.27; 5, M. Biagioli (I) 2:44.13; 6, G. Sgardello (I) 2:46.32.

Colin Young

WOMEN'S WALK

The International Postal Walk Match over 5000 metres will take place on Sept. 28th, at Tudor Grange Track, Solihull. Entry fee: 2/6. Entries close to Mrs. Nelson Neal, 22 Wrekin Road, Perry Barr, Birmingham, on Sept. 21st. This event will take place on a track for the first time. All the European countries hold their big race walking events on tracks to ensure accuracy of distance and discipline in walking.

LEO SEXTON

The death occurred of a heart attack in Oklahoma on September 5th of Leo Sexton (59), who won the 1932 Olympic shot title with 52'6" and who set a short-lived world record of 53'0½" the same year.

EUROPEAN RESULTS

W.GERMANY: Two over 5000 pts.

August 30th, Langenfeld. 100m: BELL (GB) 10.8; 400m: BELL 49.2, JOHNSON (GB) 49.4. **August 31st, Berlin.** WG Mar Champ: Riesner 2:20:54.6, Sievers 2:21:20; women's 100m: Meyer-Rose 11.5. **August 31st, Friedrichshafen.** 100m: Kone (IC) 10.3, Wucherer 10.3; HJ: Idriss (Chad) 6'10 $\frac{1}{4}$ "/2.09; PV: Anders 16'5"/5.00, Lehnertz 15'9"/4.80; DT: Kragbe (IC) 189'1"/57.65, Niare (Mali) 188'6"/57.45. **August 31st, Kassel.** LJ: Boschert 25'7 $\frac{1}{4}$ "/7.81; TJ: Sauer 53'1 $\frac{1}{2}$ "/16.19; DT: Reimers 190'10"/58.18. **August 31st/September 1st, Hannover.** WG Dec Champ: von Moltke 7768 (15'1 $\frac{1}{4}$ "/4.60 PV), Walde 7654, Bock 7361; WG Women's Pen Champ: Rosendahl 5040 (11.0, 46'4 $\frac{1}{2}$ "/14.13, 5'1"/1.55, 21'3 $\frac{1}{4}$ "/6.48, 24.1), Becker 5015 (11.2, 38'11 $\frac{1}{4}$ "/11.88, 5'5"/1.65, 21'4 $\frac{1}{4}$ "/6.52, 23.7), Voss 4596; Jnr Champ: Bornholdt 4683 (21'0 $\frac{1}{4}$ "/6.42). **September 3rd, Dusseldorf.** DT: Reimers 197'3"/60.12. **September 4th, Leverkusen.** 110mH: Nickel 13.8. **September 5th, Ludwigshafen.** 400m: Muller 46.0, Jellinghaus 46.1, Hennige 46.6, Roderfeld 46.8, Kinder 47.3; 1500m: Norpoth 3:41.2, Arese (Ita) 3:42.4; 5000m: Tummler 13:59.6; 110mH: John 14.0, Nadenicek (Cz) 14.1, Trzmiel 14.2, Maki (IC) 14.2, Nickel 14.2; TJ: Sauer 53'1 $\frac{1}{2}$ "/16.20, Kalocsai (Hun) 53'1 $\frac{1}{2}$ "/16.19; DT: Hennig 194'2"/59.18, Neu 187'6"/57.16, Reimers 185'0"/56.40; JT: Kulcsar (Hun) 272'3"/82.98, Herings 265'10"/81.04, Wolfermann 265'9"/81.00; women's 200m(A): Stock 24.0, Jahn 24.0, Bollig 24.4, DELLA JAMES 25.0; 200m(B): VAL PEAT 24.0; 4x100m: WG 45.0, GB (JAMES, PEAT, ANITA NEIL, JANET SIMPSON) 45.3, Hungary 45.5; LJ: Rosendahl 21'0 $\frac{1}{4}$ "/6.42, Becker 20'6 $\frac{1}{2}$ "/6.26. **September 6th, Duisburg.** 100m(A): Kone (IC) 10.3, Wucherer 10.4, Stockel 10.6, LES

PIGGOTT 10.7, Preatoni (Ita) 10.7; 100m(B): BARRIE KELLY 10.5, J. Hirscht 10.6, Moreno (Chile) 10.6; 200m: Giani (Ita) 21.2, DICK STEANE 21.5, Jegathesan (Mal) 21.5; 800m: Kemper 1:47.7; 10,000m: Mecser (Hun) 29:05.6, Szerenyi (Hun) 29:08.6, BOB HOLT 29:09.2; 400mH: Hennige 50.1, ANDY TODD 50.6, Gordon (Chile) 52.2; 3000mSC: MAURICE HERRIOTT 8:40.8, Burscheid 8:40.8, Willems (Neth) 8:45.4; 4x100m: WG 39.8, Italy 40.1, GB (JOE SPEAKE, RON JONES, STEANE, KELLY) 40.3; LJ: Latzel 25'2"/7.67; PV: Schiprowski 16'8 $\frac{1}{2}$ "/5.10; SP: Birkenbach 62'1 $\frac{1}{4}$ "/18.94, Varju (Hun) 61'1 $\frac{1}{4}$ "/18.63, JEFF TEALE 60'2 $\frac{1}{4}$ "/18.36, Glockler 59'8 $\frac{1}{4}$ "/18.19; HT: Beyer 229'1"/69.82, Fahsl 225'8"/68.80, Caspers 219'11"/67.04, Wolterling 206'1"/62.82, BRUCE FRASER 201'3"/61.34; women's 400m: Henning 54.3, Brehm (Neth) 55.2, Munkacs (Hun) 55.8 . . . 7, PAM PIERCY 57.1; 80mH: PAT PRYCE 10.9, Schuller 11.2; HJ: Gusenbauer (Aus) 5'7 $\frac{3}{4}$ "/1.72, DOROTHY SHIRLEY 5'5 $\frac{1}{4}$ "/1.66; DT: Kleiber (Hun) 184'1"/56.12 . . . 5, BRENDA BEDFORD 151'8"/46.24; JT: Nemeth (Hun) 190'10"/58.18, Koloska 182'7"/55.66. **September 7th, Heidelberg.** SP: Glockler 62'4"/19.00. **September 7th, Kassel.** TJ(A): Sauer 53'7 $\frac{1}{2}$ "/16.35, Kugler 52'10 $\frac{1}{4}$ "/16.12; TJ(B): Kugler 54'0 $\frac{1}{4}$ "/16.47, Sauer 53'1 $\frac{1}{2}$ "/16.19.

USSR: Klim 237'8"

July 14th, Dnyepropetrovsk. PV: Malyutin 16'5 $\frac{1}{2}$ "/5.02. **July 30th, Moscow.** Women's 1500m: Moshchenok 4:28.4 (jnr rec). **August 1st, Tallinn.** Women's DT: Parts 180'7"/55.06. **August 4th, Yerevan.** LJ: 3, Lepik 25'10 $\frac{1}{4}$ "/7.88; women's 400m: Erik 54.1. **August 10th, Yerevan.** Women's DT: Muravyova 191'5"/58.36. **August 11th-18th, Leninakan.** 400m: Bratchikov 46.6 ht; JT: Baluyev 266'1"/81.10 qual; women's 400m: Burda 53.6 ht,

continued on page 27



Ian Stewart, the eventual winner in the European junior record time of 8:01.2, leads from John Bednarski and Klaus Storbeck in the 3000 metres in the GB v. West Germany junior international.

Spotlight on Youth**by John Lusardi****"I'm Not Ready For The Olympics"**

MARILYN FAY NEUFVILLE was featured in this column last winter together with rival Janet Stroud. Currently living in Plumstead (London), she was born in Jamaica on November 16th, 1952 and, following a 23.9 furlong this season, was invited to compete in the Olympics by the country of her birth. Very surprisingly she turned down the honour—an awfully hard decision for anyone to make, let alone a 15-year-old girl. What led her to take this rare step?

"Basically I don't think it would have been in my best interests to compete for Jamaica. I am just not ready for something like the Olympics yet. But by 1972 I hope to be nearing my peak over the distance that best suits me, be it 200, 400 or maybe the 800 since even this is gradually turning into a sprint. I'll be 19 then and should have some international experience behind me, so I should stand a better chance of doing well. Also, if I ran for Jamaica in the Olympics I would be ineligible to compete in the European and the various odd internationals I could get selected for. Whereas with Jamaica I'd only compete in the Olympics and Commonwealth Games. Really, if you put everything into perspective—my age, lack of international experience, relatively slow time compared to other Olympians, the European—you'll see that I've made the obvious choice. If I'm patient enough I shall, I hope, get a lot more opportunities."

Marilyn was also selected to compete in the European Junior Games (obviously, for Britain this time) but fate took a hand in the shape of the Czechoslovakian crisis and the BAAB cancelled the trip along with about eleven other participating countries. What was Marilyn's reaction to this? "I was greatly disappointed but this was made even worse when I read the "AW" preview and saw that I was top of the 200m rankings. I never thought that the 23.9 figured that highly. Politics should not be allowed to interfere with sport but I can see the BAAB's point of not want-

ing to risk our lives. If they had sent us and something had happened there would have been a lot more fuss than there was about our not going!"

Of the other athletes I've asked, both Martin Reynolds and Chris Cheetham think that the Board made the right decision in calling off the trip to Leipzig, while Geoff Capes, in his bluff way, said "Do they really think I'm scared of getting shot? I've nothing planned for the remainder of the season. Just to retire into the swamps of the great City of Holbeach to emerge next year a regular 54-55 footer . . . and hoping to make my first full international." Chris, meanwhile, aims "at being more consistent over the year as a whole in 1969, and I want to do a 9.6 before I am 19. But if you're consistent the rest follows."

Burden's burden

For David Burden 1967 was a glorious year during which he won pretty well everything in sight. He competed in Canada, three times lifted major titles from under the nose of defending champion John Davies (ESAA, Schools International, AAA Junior) and generally gave the impression of being a competitor extraordinary. That was 1967. In 1968, while arch-rival Davies was busy gaining Olympic selection and setting European Junior records, David Burden slipped further and further back. He missed the LAC Schools Mile final, dropped out of the National Schools 880 when leading with 120 yards left and did not even turn up for the AAA Junior after entering for the half-mile. A veritable nightmare of a season.

He comments: "It does appear to have been a rather different sort of year from the previous one! The season never really got under way after I failed to report for the LAC. I deliberately stayed away for most of the day and then got completely tangled up in travelling to the ground."

"After this I gradually got back to form and

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ran a couple of 1:55s, a 1:54 and a 49.9 on grass, all on my own. At this time I thought I could get close to 1:50. Unfortunately Somerset does not afford the best competition and gradually, as exams approached, life became more hectic, running became boring and I got lazy. With the exams past I got into an enthusiastic frame of mind again but was very soon confronted with the All-England, my first big race of the season. Thinking about it I honestly believed I was the best runner in the 880 (hope that's not sounding big-headed) and when I found myself in front in the final, the only possibility I'd not allowed for in planning out the race, I decided to stay there all the way. I just ran as I felt and reached the bell in 53.9 and even at 660 I thought I had it in the bag. Then, 20 yards further on, things suddenly got very difficult and I blew up both mentally and then physically and just walked off the track. This is the first time that things have ever got the better of me and walking off didn't seem to matter and I didn't think I was doing wrong. I really suffered afterwards, mind you.

"Regarding the AAA Junior, I injured my foot just before and didn't think myself fit enough to compete. On the same day as the Junior final, however, Bristol AC persuaded me to run at Bournemouth and I clocked 1:57 without any training behind me. I've done hardly anything since then (no real training since the All-England Schools) and, doing a holiday job, athletics has seemed a long, long way away. I have qualified for Loughborough, however, and so I'll be trying really hard to get back soon."

Helen Campbell (13) runs 2:20.3

On September 7th, Helen Campbell won the Solihull Young Athletes' Meeting Junior 880 in 2:20.3, the fastest ever by a British 13-year-old, clipping 2.2 seconds off the best that Jane Saunders

set earlier this year. A truly superb performance by the young Leamington runner, who took the lead at the start and went through 220 in 33 and the bell in 69, closely followed by Westbury's Jackie Grimes at this point. Running 35 for the third 220 she gradually pulled away from her rival and ended with a 35 for her final clocking. After trying her hand unsuccessfully at sprinting last year Helen ran her first 880 in June and did 2:55.4, improving to 2:36.4 at the year's end. Her first race in 1968 saw her get down to 2:32.9 and she subsequently improved to a 2:24.2 clocking in her National Junior heat, placing seventh in the final with 2:27.4.

For the record, Don Faircloth's 28:41.8 European Junior best 6 miles on August 29th was also the best-ever by a British teenager (not necessarily both the same thing: someone born in, say, November 1948, is obviously still a teenager but is not a European Junior). The time clips exactly two seconds off the best that Faircloth himself set earlier in the year.

Robert Beattie of Edinburgh, writes to point out a blunder (the wretch) made by yours truly. "Even if Sue Scott's 20'9¼" is valid (JL: It was ruled wind-assisted in fact) it is not a UK teenage record and Sheila Parkin's 20'6¼" is no longer a British 18 and 19-year-old best. This is because Ann Wilson jumped 20'8¼" and, subsequently, 20'9¼" to lay claim to the record." The latter performance was achieved in the context of the GB v. West Germany Pentathlon at White City on August 3rd. Thanks go to Robert and apologies to Ann.

Of people and things

Although George Markowski's pro soccer trial with Notts Forest went quite well any chance of his playing for them went up in smoke when the stand burnt down! "But, anyway, I wouldn't



Helmut Schradin leading from Bob Steele (4) and Andy Carter in the 800 metres in the Britain v. West Germany junior match at Crystal Palace. Schradin win in 1:50.0.

Martin Reynolds, on far side, wins the 200 metres from Thomas Jordan (West Germany) and John Harrison in 21.4.



Ed Lacey

really be interested in playing full-time. I want to make the police force my career" . . . After clearing only 13'1½" in the GB Juniors v. West Germany, Gordon Rule was very despondent. "Now I'm going to go on holiday, forget athletics. Then have a really hard winter's training and hope to make the British senior team regularly next year. I felt depressed last year when I ended on 14'1½", and this time I'm a whole foot lower! If I don't clear 15'6" to 16 feet next year I think I'll jack it in" . . . Javelin throwers are possibly the least consistent of all track and field athletes. But an exception to this rule is apparently Adrian Diffey who, although he has a best of less than 220 feet, threw the spear past 212 feet for the 20th time this summer at the West Germany event . . . This is a "moving" time for athletes. Those we have heard about include: Chris Cheetam, John Wilson and Paul Dickenson to Borough Road, Bob Steele to Oxford and, reportedly, Dave Dutton moves to Kansas (Jim look out?). Yvonne Saunders is already on her way to Canada where she joins her father.

Young Athletes' Results

SOLIHULL YOUNG ATHLETES' MEETING At Solihull, September 7th

(Youths) 440: J. Morley (All. Wood) 53.0. Mile: J. Kendrick (S. Hth) 4:22.6. 1000mSC: 1, J. Williams (Fenstanton) 2:47.9; 2, T. Colton (Worksop) 2:49.6; 3, N. Foster (Lutter) 3:01.8. 110H: P. Young (Wednesbury HS) 14.6. 4x110: Solihull 47.5. LJ: 1, R. Piggford (Warley) 21'5½"; 2, P. Dale (A'dale) 21'2½"; 3, I. Orchard (Walsall) 20'10½". TJ: 1, Dale 44'3½"; 2, O. Johnson (Hallam) 43'11"; 3, J. Cave (Cov. G) 42'4". DT: A. Satchwell (Jersey) 167'4". HT: A. Green (Soli) 132'0". (Boys) SP: T. Morphisitis (London) 46'3½". JT: K. Ayres (Grantham) 139'10". (Inter. Girls) 100:

1, L. Barratt (Hick. Main) 11.3; 2, C. Bradley (HM) 11.9. 220: L. Nelson (Dby) 25.7. LJ: G. Bardsley (Cheadle) 16'8". JT: 1, A. King (S. Hth) 121'4"; 2, S. Corbett (Soli) 112'5". (Juniors) 100: 1, S. Lannaman (Soli) 11.2; 2, M. Smith (Roath) 11.5; 3, C. Bickerdike (A'dale) 11.6. 150: 1, V. Webster (Soli) 17.2; 2, H. Gray (Soli) 17.8; 3, G. Reed (Dby) 18.1. 880: 1, H. Campbell (Leam) 2:20.3 (best-ever by British 13-y-o); 2, J. Grimes (West) 2:26.5; 3, J. Holland (Dby) 2:30.0. 80yH: 1, M. Talbot (Soli) 11.8; 2, D. Moseley (Soli) 12.0; 3, L. Chantrey 12.5. 4x110: 1, Solihull 49.8; 2, Solihull "B" 52.2. HJ: C. Bird (West) 4'7". LJ: 1, J. Brown (Soli) 17'2½"; 2, H. Dale (Wolv. & B) 17'1"; 3, E. Saunders (Dby) 16'9". DT: 1, L. Polson (Soli) 103'10"; 2, V. Stevenson (Dby) 92'6". JT: K. Bullock (Loz) 94'0".

JUNIOR/YOUTH INTER-COUNTY At Wimbledon Park, September 8th

ON a pleasant afternoon a sizeable crowd was treated to a good senior three miles in which five men broke 14 minutes. After Dave Holt led through two miles (9:07.6) Dick Newble took over with three laps remaining and, with a 62.3 last quarter, drew away from Dereck Fernee for a personal best. Among the Juniors the powerhouse running of Tony Collins, Mike Boxall, twins Justin and Mark Dennison and Chris Reed caught the eye, as did a surprising pole vault result with English Schools champion John Fenge and 14 foot man John Faircloth able to clear only 10'0". Dave Thomas, unlucky to miss selection for the Junior International at Crystal Palace, turned in a 48.4 relay leg to add to his easy 220/440 double.

Dave Cocksedge

(Juniors) 1, Essex 162; 2, Surrey 142½; 3, Kent 69½. 100: P. Pinnington (E) 10.3. 220: 1, D.

Thomas (E) 22.4; 2, Pinnington 22.7; 3, S. White (S) 22.9. 440: 1, Thomas 51.1; 2, E. Coffey (E) 51.2; 3, N. Bailey (K) 51.9; 4, E. Forman (S) 52.0. 880: (59.2 bell) 1, M. Boxall (E) 1:55.8; 2, J. Dennison (S) 1:56.0; 3, D. McIver (K) 1:57.7; 4, R. Martin (S) 1:58.4. Mile: (62.4, 2:06.2, 3:15.6) 1, M. Dennison (S) 4:17.7; 2, S. Harvey (E) 4:19.6; 3, K. Penny (K) 4:20.0; 4, C. Tilley (E) 4:21.8; 5, H. Fielding (K) 4:23.0. 2M: (4:37.6 at mile) 1, C. Reed (E) 9:17.6; 2, R. Webb (K) 9:19.6; 3, A. Davies (K) 9:25.0; 4, M. Madders (E) 9:30.6; 5, R. Larder (S) 9:32.0; 6, A. Rich (E) 9:32.8. 2000mSC: 1, eq. S. Mitchell & A. Ashbourne (S) 6:29.4. 120H: 1, C. Allabush (E) 15.4; 2, P. Croome (S) 15.6; 3, D. Newberry (E) 15.7. 440H: 1, T. Collins (S) 55.4; 2, Newberry 60.4; 3, D. Gibbons (K) 61.5. 4x110: Essex 44.2. 4x440: 1, Essex 3:25.5; 2, Surrey 3:26.7; 3, Kent 3:31.9. HJ: 1, J. Broughton (E) 6'0"; 2, A. Bentt (S) 5'10". PV: 1, S. Tufton (E) 12'6"; 2, M. Mulrenan (S) 10'6"; 3, eq. J. Faircloth (K) & J. Fenge (S) 10'0"(!). LJ: 1, Pinnington 21'8½"; 2, Broughton 21'8"; 3, Bentt 21'3¼". TJ: 1, S. Wood (S) 44'11". 2, P. Camp (E) 43'6"; 3, P. Cubitt (E) 43'2¼"; 4, A. O'Connor (S) 42'6¼". SP: 1, D. Rough (S) 47'11"; 2, J. Edgecombe (E) 47'1½"; 3, A. Rowlands (S) 44'6¼". DT: 1, Rowlands 146'2"; 2, Edgecombe 142'4"; 3, R. Webster (E) 137'3". JT: 1, A. Harper (S) 208'7"; 2, C. Evans (E) 173'8"; 3, C. Alston (E) 171'9".

(Youths) 1, Essex 116; 2, Surrey 110; 3, Kent 71. 220: J. Gostelow (S) 23.7. 440: 1, P. Martin (S) 52.0; 2, A. Braithwaite (E) 52.4; 3, N. Brown (E) 52.9. 880: (60.2 bell) P. Buckwell (S) 2:02.0. Mile: 1, B. Smith (E) 4:29.7; 2, M. Brameld (K) 4:31.2; 3, T. Crabbe (S) 4:33.6. 2M: B. Ford (S) 9:54.0. 1000mSC: 1, S. Martin (E) 2:53.1; 2, C. Day (S) 2:57.0; 3, S. Mead (E) 2:57.7; 4, R. Sandford (S) 3:03.3. 110H: 1, M. Cotterill (K) 15.2; 2, G. Peckham (S) 15.5. 4x110: 1, Surrey 45.6; 2,

Essex 46.3; 3, Kent 46.3. HJ: P. Whittingham (S) 5'6". LJ: 1, L. Sullivan (S) 20'11¼"; 2, C. Derrick (K) 20'0¼"; 3, C. Griggs (E) 20'0¼". SP: 1, S. Francis (E) 51'0¼"; 2, E. Civil (E) 47'11". DT: 1, P. Stevenson (S) 168'11"; 2, Francis 167'8"; 3, M. Suggett (E) 164'6"; 4, D. Cox (K) 159'8". JT: 1, R. Hare (E) 185'4"; 2, D. Sheppard (S) 176'9". (Seniors) 3M: 1, R. Newble (Medway) 13:36.4; 2, D. Fernie (Poly) 13:41.0; 3, F. Maillardet (Camb. H) 13:42.2; 4, R. Hayman (Med) 13:45.0; 5, D. Holt (Herc-W) 13:52.0; 6, Gerry North (Bel) 14:20.0. Teams: Kent 8, Surrey 13. Surrey 3000mSC Ch: 1, J. Halliday (HW) 9:19.8; 2, W. Dance (Bel) 9:53.6.

US Serviceman Wins Three Events In Viceroy Trophy

At Bournemouth, September 7th

Keith Hall, an American serving with the British Army and stationed at Aldershot, was the meeting's star with an easy 10.2/22.6/49.4 treble.

1, Southampton 136; 2, Bristol 95; 3, Bournemouth 85½; 4, Exeter 82; 5, Aldershot, Farnham & D. 73; 6, Swansea 71½. 100/220: K. Hall (AFD) 10.2/22.6. 440: 1, Hall 49.4; 2, G. Hunt (So-J) 51.4. 880: 1, R. Lavis (Br) 1:55.8; 2, G. Bostock (So) 1:56.6. 2M: 1, D. Robbins (Sw) 9:20.6; 2, M. Hewer (Br) 9:21.4; 3, D. Bowles (So) 9:22.8. 220H: R. Fox (So) 25.9. TJ: R. Davidge (Br) 45'9". SP: 1, R. Kennedy (So) 46'2¼"; 2, P. Kelland (E) 45'7"; 3, R. Born (Bo) 45'0". DT: 1, W. Hobinka (Bo) 136'11"; 2, J. Thomas (So) 135'6"; 3, Kelland 132'1". JT: 1, Born 176'7"; 2, Hall (E) 171'11". Paulding Women's Trophy: 1, Exeter 55; 2, Bristol 39; 3, Swansea 21; 4, Bournemouth 12. HJ: Phil-lips (E) 5'1".



The British junior 4x400 metres team that won against West Germany in 3:13.6. Left to right: David Jenkins, Peter Browne, John Edwards and Jonathan English.

Ed Lacey

Greater London Council Championships

At Hurlingham, Sept. 7th

Personal Best Quarter By John Wilson

SUPERB quarter-miling by John Wilson and some excellent Long Jumping from John Mitchell highlighted the afternoon, though the general standard was down on that of previous years. Wilson, 20 next month, is rounding into his best-ever form after a frustrating season and he looked magnificent as he tore through 220y in 22.4 and powered down the straight to clip his best by half a second in handing Paul Charles a 10 yards defeat in 47.8. Two hours later he utterly outclassed the 220 field to land a worthy double. Mitchell was also in outstanding form. His series read: 22'6½", NJ, 23'0½", 24'1½", 23'7½", NJ. He defeated Peter Hudson and Mexico-bound Alan Lerwill who had run-up trouble and could manage only 23'1½" for 3rd. Back on the track irrepressible Mike Kortenray outwitted Roy Young by bursting away after 2½ laps (bell: 3:07.8) to score in the senior mile, and Michael Boxall looked quite unstrained in breaking Allan Cowen's 12 year-old Championship Best in the junior 880 yards.

Dave Cocksedge

100: 1, I. Matthews (Sutton & C) 10.1; 2, J. Mitchell (Bel) 10.1; 3, M. Brooks (Newham) 10.4.
220: 1, J. Wilson (QPH) 22.2; 2, C. Martin (Bel)

22.9; 3, Matthews 22.9. **440:** 1, Wilson 47.8; 2, P. Charles (Eal) 49.0; 3, M. McFarnell (B'th) 49.7; 3, S. Huard (TVH) 51.0 (50.5 ht). **880:** (60 bell) 1, M. Anderson (Camb. H) 1:56.8; 2, R. Grainger (Hornsey) 1:57.5; 3, J. Greatrex (SLH) 1:59.3. **Mile:** 1, M. Kortenray (Mit) 4:09.0; 2, R. Young (Hav) 4:11.6; 3, S. Badgery (Mit) 4:13.9; 4, R. Simnett (En) 4:15.7; 5, A. Major (Bel) 4:16.5; 6, G. Mountcastle (Mit) 4:18.2. **3M:** 1, M. Absalom (Eton Manor) 13:57.0; 2, A. Jones (KAC) 14:02.2; 3, A. Ashton (CUAC) 14:02.8; 4, T. Bivens (Eal) 14:14.8; 5, L. O'Hara (Bel) 14:17.4. **2000mSC:** 1, P. Griffiths (Hill) 6:04.2; 2, B. Reekie (Poly) 6:09.6; 3, K. Barns (En) 6:14.0; 4, W. Dance (Bel) 6:15.4. **HJ:** 1, A. Kilpatrick (LAC) 6'2"; 2, J. Plowman (Eal) 5'8"; 3, T. White (Ex Bgls) 5'8". **LJ:** 1, J. Mitchell (Bel) 24'1½"; 2, P. Hudson (B'th) 23'10½"; 3, A. Lerwill (QPH) 23'1½"; 4, J. Howell (HHH) 21'10½"; 5, J. Gray (Boreham) 21'4½"; 6, D. Mole (Sy AC) 21'3½". **TJ:** 1, D. Smith (TVH) 46'5½"; 2, K. Kelly (HHH) 44'9½"; 3, R. Power (Ex Bgls) 44'2½"; 4, V. Mitchell (LAC) 43'4½". **SP:** 1, S. Clark (Wd. Gn) 49'4"; 2, A. Kerr (Hill) 49'2½"; 3, M. Ferne (Mit) 45'4½"; 4, M. Bisiker (LAC) 45'1"; 5, B. Tristram (ULAC) 44'10½"; 6, J. Burton (HHH) 44'1". **DT:** 1, Kerr 146'1"; 2, Feldmanis 137'2"; 3, N. Kitchen (Stret) 134'6"; 4, Ferne 130'2". **HT:** 1, C. Melliush (Camb. H) 182'10"; 2, P. Aston (WG) 176'0"; 3, R. Bardelang (Croy) 148'11"; 4, D. Vanhegan (Barnet) 147'1". **JT:** 1, M. Turner (ULAC) 222'3"; 2, Mole 201'8"; 3, W. Bushnell (Ilf) 198'1"; 4, B. Harland (KAC) 191'11"; 5, R. Miller (LAC) 187'5"; 6, M. Schwarz (TVH) 182'10". **2MW:** 1, R. Mills (Ilf) 14:38.0; 2, K. Easlea (En) 14:47.8; 3, P. Marlow (S'end) 14:54.2; 4, C. Williams (Ilf) 15:29.2; 5, C. Robinson (En) 15:38.0. **Team result:** (W. J. Pepper Trophy) 1, QPH 12; 2, eq. Hillingdon & Belgrave 11; 4, Enfield 10; 5, Havering 8; 6, Mitcham 7; 7, eq. Eton Manor, LAC, Blackheath and Cambridge H. 6.

(Juniors) 100: 1, P. Pinnington (En) 10.3; 2, S. White (Bel) 10.4; 3, S. Alagoa (LAC) 10.6. **220:** 1, Pinnington 22.7; 2, White 23.0; 3, A. Goldring (En) 24.0. **440:** 1, J. Sam (HHH) 49.9; 2, A. Page-Wood (LAC) 52.8; 3, N. Hiller (Bore) 53.4 (53.3 ht). **880:** (58.3 bell) 1, M. Boxall (Hav) 1:56.3; 2, R. Sluce (EM) 1:57.5; 3, B. Holland (High) 2:00.4. **Mile:** (61.8, 2:08.2, 3:15.6) 1, C. Tilley (Hav) 4:19.6; 2, J. Collins (Hornsey) 4:20.8; 3, D. McIver (B'th) 4:23.3. **LJ:** 1, S. Matthews (Hornsey) 22'6½"; 2, D. Cole (WPH) 20'5½"; 3, D. Philps (Hill) 20'4½". **TJ:** 1, P. Bing (QPH) 43'3½"; 2, ——— 42'6½"; 3, P. Oddy (EM) 39'3½". **(Youths) 100:** 1, D. Burnett (QPH) 10.6; 2, G. Hitch (TVH) 10.8; 3, R. Kislingbury (Hayes) 10.8. **220:** 1, Kislingbury 23.6; 2, M. Blackman (WG) 23.7; 3, S. Alleyne (QPH) 24.2. **880:** 1, G. Colson (Shaft) 2:03.7; 2, A. Braithwaite (WG) 2:04.5; 3, W. Curtib (Bel) 2:04.7.

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SUE PLATT THROWS 167'1"

At Norbiton, September 7th

MARYHILL, their club spirit insatiable, won the 7th Annual Parents' Trophy Meeting at their first appearance in the Surrey AC event. On paper London Olympiads could not be beaten but, with strength sapped through the loss of their Olympic Relay team, the Scottish invaders gained the verdict.

Individually, the outstanding performers included Barbara Inkpen who rattled up a 5'6"/18' 2½" double, having ten and fifteen inches respectively to spare over her rivals. Not quite the fifty foot lead that Sue Platt had in the javelin but impressive enough! Possibly the very best performance of the day was by Bristol's Pauline Attwood in an easy 57.5 Intermediate quarter, only missing Lynda Hodgetts UK best because of the fickle wind.

1, Maryhill 103; 2, London Olympiads 95½; 3, Birchfield 77½; 4, Bristol 76; 5, Notts AC 68½; 6, Woking 61½; 7, Surrey AC 48; 8, Aldershot, F. & D. 47; 9, Boro' of Enfield 43; 10, Coventry 38; 11, Southampton 31; 12, Brighton & Hove 30. 100: 1, P. Pennycook (M) 11.4; 2, P. McIlroy (Br) 11.6; 3, B. Levy (BE) 11.7. 220: 1, L. Peck (BE) 25.0; 2, R. Rintoul (M) 25.7; 3, McIlroy 26.0; 4, L. Hagen (LO) 26.3; 5, N. Murray (W) 26.6 (26.5 ht). 440: 1, E. McPherson (M) 58.6; 2, M. Vinall (W) 59.4 (59.0 ht); 3, A. Parker (C) 60.4; 4, S. Ball (N) 61.0 (60.6 ht). Heat: S. Wills (Br) 59.5. 880: 1, T. Bateman (C) 2:14.0; 2, S. Fitzmaurice (AFD) 2:16.9; 3, B. Bush (BH) 2:22.3; 4, S. Arnold (Br) 2:24.5. 80mH: 1, C. Taylor (Br) 11.8; 2, J. Unsted (BH) 11.9; 3, J. Beddoes (C) 12.0; 4, S. Hopper (LO) 12.3; 5, V. Knowles (N) 12.3. 4x110: Maryhill 50.0. HJ: B. Inkpen (AFD) 5'6". LJ: 1, Inkpen 18'2½"; 2, Hopper 16'11". SP: 1, H. Stuart (M) 39'7¼"; 2, M. Pulman (LO) 39' 1¼"; 3, A. Littlewood (N) 38'¾"; 4, S. Havard (AFD) 34'¾"; 5, J. Wray (Br) 33'¾"; 6, J. Fielding (BE) 32'9¼". DT: 1, Fielding 132'2"; 2, Pulman 128'4"; 3, P. Carder (Bi) 127'10"; 4, M. Burtenshaw (BH) 113'5"; 5, W. Blackwood (M) 112'11". JT: 1, S. Platt (LO) 167'1"; 2, C. Morris (Bi) 112'10"; 3, J. O'Kelly (BH) 105'10".

(Intermediates) 100: (A) 1, M. Ballantyne (M) 11.8; 2, M. Dowsett (N) 11.9; 3, J. Cummings (S) 11.9; 4, M. Pearce (Br) 12.0; 5, G. Rogers (BH) 12.0. (B) L. Coy (N) 11.9. 220: 1, Dowsett 26.2 (26.1 ht); 2, A. Broad (Br) 26.8; 3, Cummings 26.8; 4, L. Ford (S) 26.8 (26.6 ht). 440: 1, P. Attwood (Br) 57.5; 2, M. Hunt (LO) 60.8; 3, J. Collins (Bi) 61.2; 4, C. McLellan (Sy) 61.6. 880: 1, McLellan 2:22.1; 2, V. Booth (C) 2:22.3; 3, F. Bevan (Br) 2:23.8; 4, C. Emmerson (LO) 2:27.7; 5, S. Kazi (AFD) 2:29.8. 80mH: 1, S. Turpin (BE) 11.8; 2, J. Howard (Sy) 12.3; 3, J. Evans (LO) 12.3; 4, J. Eastman (Br) 12.4; 5, S. Oldall (W) 12.5. 4x110: 1, Coventry 50.1; 2, Bristol 50.2; 3, LOAC 51.0. HJ: 1, H. Brown (N) 5'0"; 2, R. Edwards (AFD) 5'0". LJ: 1, S. Oldall 16'10¼"; 2, C. Timms (Sy) 16'10". SP: 1, W. Blackwood (M) 33'¾"; 2, D. Keable (BE) 30'8".

(Juniors) 100: 1, H. Carleton Br 11.8; 2, C. Sprigg (M) 12.0; 3, S. Flynn (LO) 12.1; 4, G. Blythe (Bi) 12.1. 150: 1, J. Jay (Br) 17.4; 2, Sprigg 18.0 (17.9 ht); 3, J. Honick (Bi) 18.1; 4, J. Lenz (LO) 18.1. 880: 1, M. Conway (Bi) 2:23.7; 2, A. Roberts (Sy) 2:35.4; 3, W. Kiener (W) 2:36.8; 4, L. Cockayne (N) 2:37.9. 80yH: 1, C. Smart (M) 12.0; 2, J. Honick (Bi) 12.6. 4x110: 1, Birchfield 52.9; 2, Maryhill 53.5. LJ: Jay 16'8¼". SP: 1, W. Crompton (AFD) 32'¾"; 2, F. Fraser (M) 30'5¼". DT: 1, J. Thompson (W) 109'7"; 2, S. MacDonald (M) 95'10"; 3, S. Allen (N) 85'0". JT: D. Hall (W) 81'11".

ILLUMINATIONS TROPHY MEETING

At Blackpool, September 7th

1, Stoke 141; 2, Blackburn 105; 3, Westbury 63; 4, Blackpool & Fylde 51; 5, Preston 43. 100: 1, M. Yardley (B'burn) 10.4; 2, M. Chaplin (W-J) 10.5. 220: (A) 1, Yardley 22.4; 2, P. Condliffe (S) 22.7; 3, Chaplin 23.1. (B) C. O'Neill (W) 22.5. 440: 1, O'Neill 49.4; 2, Condliffe 49.8; 3, J. McConville (BF) 50.6. Mile: 1, A. Birks (S) 4:15.2; J. Calvert (B'burn) 4:16.1. 2M: D. Jones (B'burn) 9:04.8. 2000mS: E. Johnstone (S) 6:17.8. 4x110: Blackburn 44.3. HJ: 1, Travis 5'10"; 2, R. Tingay (BF) 5'10". PV: R. Berry (W) 11'0". LJ: 1, O'Neill 22'1"; 2, B. Sanderson (B'burn) 21'9¼". SP: A. Drzewiecki (S) 46'7¼". DT: 1, Drzewiecki 161'1"; 2, Sanderson 129'8". (Juniors) 440: 1, D. Price (BF-Y) 50.3; 2, R. Blaney (S-Y) 51.5. (Youths) 220: (A) 1, Blaney 23.1; 2, Price 23.1. (B) R. Hill (S) 23.5. 880: D. Coneys (B'burn) 2:01.5. Mile: K. Baddley (S) 4:36.0.

Corporation (Women's) Trophy: 1, Maryhill 71; 2, Blackpool & F. 44; 3, Stoke 42. 100: 1, A. Brook (BF) 11.4; 2, A. Beattie (M) 11.7. 220: 1, Beattie 25.2; 2, Brook 25.9; 3, K. Kelsall (S) 26.2. 440: 1, L. Carruthers (M) 59.6; 2, M. Speedman (M) 59.9. 4x110: 1, Blackpool 49.3; 2, Maryhill 50.0; 3, Stoke 50.7. HJ: 1, B. Armstrong (M) 5'2"; 2, L. Curwen (S) 5'0"; 3, P. Maylor (BF) 5'0"; 4, J. Morrow (M) 4'10". LJ: 1, J. Ashworth (BF) 18'8¼"; 2, Curwen 17'8¼"; 3, M. Nichol (M) 17'3"; 4, Maylor 16'11". SP/DT: M. Kerr (M) 41'0"/120'9". JT: S. Gregson (BF) 117'9". (Intermediates) 100: 1, J. Smith (M) 11.7; 2, R. Livingstone (S) 12.0; 3, M. Nicholl (M) 12.0. 150: 1, Smith 17.4; 2, Livingstone 17.9. 880: 1, J. Carlile (BF) 2:24.9; 2, J. Cameron (M) 2:25.5; 3, K. Waller (S) 2:28.0. 4x110: 1, Stoke 51.6; 2, Maryhill 51.8.

WOODFORD TO SOUTHEND RACE OFF

Owing to lack of support—only eleven entries were received—the Woodford to Southend Road Race has been cancelled for this year. It is hoped to stage the race next year and a change of date is being considered.

FLOODS CAUSED CANCELLATION

The Hayes & Harlington meeting last weekend was cancelled because of floods, and it is intended to hold the meeting on Wednesday evening, September 25th. Clubs will be notified.

Athens Tour, 1969

THE number of those interested in going with our party to the European Championships next year has now risen to 240 and requests for booking forms are coming in daily. Early application will assist our agents in booking accommodation and keeping the party together. There are two tours, one by air to Rimini, then coach to Brindisi, and from Brindisi to Patras by a single class luxury boat of the Adriatica Line, stopping at the island of Corfu and Igoumenitsa. From Patras we go by coach to our Athens hotel. The latter part of the 17 days will be spent at Glyfada on the coast, one of the most popular holiday resorts in Greece. Cost 79 gns. including all meals except midday lunch. An alternative tour by air direct to Athens, followed by holiday at Glyfada, is 82 gns.

If thinking of going, write now to "Athens Tour," Athletics Weekly, 344 High Street, Rochester, Kent, for booking forms and details.

Mike Davies Conquers Ben Nevis At Last

September 7th

HILL-RUNNING specialist Mike Davies finally won the Ben Nevis Race after striving in vain for the previous three years. Mike, a winner of most of the top mountain running events including the Three Peaks Race, finished second in the 1965 Ben Nevis, fourth in 1966 and then second again last year. This time there was no stopping him however, as he came in well over five minutes ahead of second-placing Bob Lewney who finished third last year. Bob Shields, last year's winner in 1:41.11, this time was over 23½ minutes slower in 36th place.

1. M. Davies (Reading) 1:39.29
2. R. Lewney (Barrow) 1:45.17
3. G. Stevens (Reading) 1:45.36
4. D. Francis (Westbury) 1:45.51; 5. J. Brennan (Mary) 1:47.53; 6. D. Fraser (Lochaber) 1:48.40; 7. M. Pakey (Vauxhall Mtrs) 1:48.50; 8. J. Naylor (Barrow) 1:49.22; 9. P. Watson (Bram) 1:49.47; 10. W. Pennington (Willow. Temp., NI) 1:50.31; 11. W. Tinlin (Newcastle (Un)) 1:50.41; 12. T. Davis (7th Para) 1:51.32; 13. I. Donald (Clyde) 1:51.47; 14. R. Jackson (Salf) 1:51.57; 15. R. McAndrew (Read) 1:52.12; 16. J. Marstrand (Loch) 1:53.27; 17. G. Garnett (Bing) 1:54.41; 18. P. Duffy (Aber) 1:54.56; 19. A. McRae (Loch) 1:56.47; 20. I. Harris (7th) 1:57.05; 21. G. Blackburn (West) 1:57.18; 22. P. Vidler (Aber) 1:57.38; 23. E. Campbell (Loch) 1:57.39; 24. H. Soper (Vauxhall) 1:58.06; 25. A. Heaton (Clay) 1:59.03.
26. I. Macmillan (C'bury) 1:59.17; 27. J. Sloss (Beith) 2:00.33; 28. W. Gauld (Edin. Sth. OC) 2:00.45; 29. C. O'Carroll (29th Regt) 2:01.30; 30. J. Holmes (Bing) 2:02.27; 31. I. MacFarlane (Ealing) 2:02.28; 32. C. Jarvey (Cambuslang) 2:03.09; 33. P. Lightfoot (Read) 2:03.22; 34. M. Walford (L'pool) 2:03.34; 35. J. Smith (Bury) 2:04.26; 36. R. Shields (Clydes) 2:04.47; 37. B. Covell (Edin. Un) 2:05.18; 38. R. Nile (Birm. Un) 2:05.34; 39. G. Eadie (Cambus) 2:06.12; 40. M. Ebbage (Bing) 2:06.17; 41. B. Jameson (Edin. Un) 2:06.31; 42. I. Watson (Salf) 2:06.52; 43. M. Mitchinson (Wirr) 2:06.57; 44. P. Longfield (Bram) 2:08.02; 45. C. Henderson (Read) 2:08.28; 46. J. Olnier (Kendal) 2:09.34; 47. A. Cocking (Bram) 2:09.50; 48. I. Clarkson (Ariel) 2:10.18; 49. G. Colman (Vauxhall) 2:11.07; 50. J. Smith (Clydes) 2:12.03. 139 finished.

Teams: 1, Reading (1,3,15) 19; 2, Lochaber (6,16,19) 41; 3, Barrow (2,8,57) 67; 4, Vauxhall Motors 80; 5, Bingley 87; 65, Clydesdale 99; 7, Bramley 100; 8, Aberdeen 105; 9, Westbury 111; 10, 7th Para. Regt 125; 11, Clayton-le-Moors 128; 12, Salford 128.

Best Veteran: 16, Marstrand.

Best Newcomer: 4, Francis.

Best by athlete U/21: 6, Fraser.



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—by Alexei Srebnitsky

ROMUALD KLIM is 35 years old. At such an age great sportsmen most frequently live with their memories but Klim, the hero of Tokyo and champion of Europe, is preparing for the Mexico Olympics. This alone is worthy of admiration, yet the experts prophesy another Olympic gold medal for the Byelorussian hammer thrower.

Different people know a different kind of Klim. "You won't have an easy time talking to him," I was warned by my old friend Igor Ter-Ovanesyan. "Romuald doesn't usually like journalists."

"Romka? A splendid chap! A jolly old soul with an open heart!" exclaimed Gennadi Sapunov, world wrestling champion who hails from the same parts as Klim.

Later I had a chance to become convinced that each was right in his own way. And it seems to me that I've finally understood why Klim sometimes smiles when it looks like he should be angry, and becomes ungracious when smiles are expected of him. Life did not pamper this naturally jolly and sociable man. "I didn't have much luck," Klim admitted. "I was dogged by failures right after leaving school."

He was born (25.5.33) and spent his childhood in the village of Khvoyevy, not far from Minsk—capital of Byelorussia. His parents worked on a collective farm. Like many other youngsters, he dreamt of the sea, of distant lands and ocean liners. On finishing high school, he set off for a marine school in Riga.

"Do you understand my situation?" was Klim's rhetorical question. "What did I ever see before that? I had spent all my life in a village, and there I was in a city, a big city, and with a bit of money in my pocket. I had never tasted ice cream. That's where I decided to make up for lost time; I gobbled up no less than a kilogramme. Of course I fell ill. And farewell to the sea! The medical commission rejected me. Funny? It didn't seem so to me at the time."

Klim could have tried again a year later. But by that time he was already a student of the physical culture institute, and sport does not easily let out whoever falls into its net.

Not impressive looking

There wasn't a single man in the institute who recognised at once that a future champion was right there before him. Even now, Klim doesn't look as impressive as most of the hammer men, though since the Tokyo Olympics he has gained over 40lb in weight (now totalling 247). But at that time, in 1953, he weighed perhaps slightly more than 175lb, being 6'1½" tall.

Yevgeni Shukevich, trainer of the famed Mikhail Krivonosov at the time, was the first to notice latent power and the ability to explode that is so necessary for throwers in the sparse-looking young man. Klim went over to Shukevich's group,

but not at once did he give preference to the hammer: he liked the discus no less.

"But why then did you pick the hammer after all?" I asked him now. "To be frank about it?" and he screwed up his eyes. "In 1955 I showed 49 metres (160ft.) in the hammer and 43 (141ft.) in the discus. In both I didn't have much to go to get the master's title, but that could be done faster in the hammer. And I was very anxious to get that title."

Three children

He achieved his aim. The hammer flew ever farther, but he himself remained only a local champion. At that time there were more powerful throwers on the national squad. Klim was annoyed about it. The years were going by, he had already graduated from the institute and was a physical culture instructor at the Agricultural Academy. Then he got married: and there were children. At first there was Innesa, who is now 11, and later—in 1960—the twins, Arthur and Romuald.

"As you see, I became the head of a big family. The twins would get sick sometimes and, though my wife did give up her job (she is a specialist in curative physical culture), there were enough chores in the house for me too," Klim recalled. "Nevertheless, I continued training, making progress and felt that I could add distance to my throws and smash records."

In the sixties Klim was already showing high-class results. He could have been on the national squad, but he was not invited to it. To some extent the heads of the Light Athletics Federation could be understood if not excused: the man was almost 30, so how much longer could he still hang on—a year or two? He would hardly make progress, while there were on the team younger and more promising throwers.

A whole and almost uninterrupted series of brilliant achievements in 1963, and especially in 1964, was needed to breach the wall of prejudice. Romuald Klim made his Olympic debut at the age of 31 . . . and he became champion.

I have mentioned this with no intention at all of reproaching the people who, whether they wished it or not, lengthened Romuald Klim's road to the Olympic pedestal. His case is unquestionably exceptional. In general, sports talents extremely rarely reveal the stuff they're made of so late as in the case of Klim. In writing this something else bothers me: actually very little has been written, and we indeed know very little, about this now popular sportsman. The harder the road to victory, the more honour to it.

Here is a small table that will tell a lot to true connoisseurs of track and field. Here is how Klim's personal record has progressed:

1954	142'7"/43.47	1962	217'0"/66.14
1955	179'8"/54.76	1963	222'9"/67.91
1956	185'3"/56.46	1964	228'9"/69.74
1957	197'11"/60.33	1965	233'0"/71.02
1958	199'3"/60.74	1966	234'5"/71.46
1959	204'6"/62.33	1967	232'7"/70.90
1960	210'6"/64.16	1968	240'1"/73.18
1961	206'3"/62.88		

We chatted with Klim about sport, his friends, rivals and the Olympics. We had just read the report that West German athlete Uwe Beyer had thrown 237'9"/72.46.

"I know Beyer well," Romuald said. "He was third in Tokyo. But then he was only 19. A nice chap, taller than me and powerful. But I don't know how he threw—with three turns as we all do, or with four. If with four, this is both good and bad for him. Good because this means that he can still add something to it. And bad because with four turns it is hard to retain stability; the circle is too small for that."

Klim believes it is Beyer who's going to be his chief rival at the Olympics. "How about Zsivotzky?" I asked. "After all, he is the holder of the world record."

"Gyula may, of course, show a champion's result. But somehow I fear him less," Klim admitted. "I have met the Hungarian seven times and he lost on all these occasions. Besides, Zsivotzky is psychologically unstable, I would say. I remember how well he was prepared for the 1966 European championship. When I arrived in Gedell, a little town near Budapest where we stayed, everyone began to frighten me with the assertion that all of Gyula's attempts during training were beyond the 70-metre mark, not a single one less. Well, I also went out for some workouts. I hurled the hammer once or twice. Somebody measured the distance: 71.50 (234'7"). Next

day Zsivotzky did not put up a fight at the encounter in Nepstadion.

"The title of world record holder may have a morally depressive effect on some people," Romuald added. "But, anyway it isn't known whether the record will last until the Olympics. I am pretty well convinced that it will be improved, while throws of 74-75 metres (242'9"-246'1") will become an ordinary thing for a group of the leading hammer men. Zsivotzky is one of this group."

"What sort of throw will be needed to win the Olympic title?" was my next question. "About 75 metres. Hardly more."

Trained by Krivonosov

Klim is now being trained by Mikhail Krivonosov, former European hammer champion and world record holder. In his time hammer men spent almost no time on weight training, in any case not in such doses as today. Some of the hammer throwers have become absorbed with the barbell to such an extent that they were almost ready to play false to their former sports speciality: the 1960 Olympic champion Vasiliy Rudenkov, for instance, after working out with weights, later became a sports master in weightlifting—capturing the Moscow title. I asked Klim about the role the barbell plays in his training.

"I spend as much time in the weightlifting hall as all my colleagues," Klim said. "But I lag behind my team mates. Volodya Tribunsky, for instance, squats with 240-kilo weights, and, I only with 220. In the snatch Tolya Shchuplyakov lifts 120, and I 115 at the most. But my trainer and I believe that I possess quite sufficient physical strength. In this respect I have already become fully prepared for the coming Olympics in Mexico. Now I am working on technique and stability."

Romuald Klim seen in action at the White City in 1966. He threw 228'5"/69.62 in the match against Britain.



Fionnbar Callanan

VINCE MATTHEWS—*interviewed by Alastair Aitken*



When did you first start out running?

I was seven years old and in the cub scouts at the time. When I used to go on picnics I did 50 yard dashes and potato races too. It was at Edward Jackson's High School in New York City that I started the quarter mile. My coach first ran me in a quarter-mile in my second year at that school and I did 57.4. At that time I didn't think it was good for a quarter but now I think it wasn't too bad for my first quarter ever. But I did feel bad that I didn't make the quarter team for my school. It was not till I was 16 or 17 that I was inspired by anyone else's running but then when I practised seriously at the time of the Tokyo Olympics under my coach Milton Blatt, I saw Henry Carr run—and I still have a picture of Henry Carr's relay leg. I never thought at the time I would ever be as close to his times as I am now.

Your coach has helped you along a lot then?

Milton has helped a great deal as he is a very good coach and he has turned out a lot of New York City boys like Julio Meade. At the age of 16 I was running 49's, at 17 I ran 48 flat. My coach did not run me to death, just developing me gradually by running relays and the odd 220 to begin with; at 16 I was doing around 22.8 to 22.9 for 220.

Your times have come down a lot in 1967 (46.2 440y to 45.0 400m); you must be encouraged by that.

If I come down a few tenths next year (1968) I will be O.K.! I think I can credit it to more competition and my physical development. I have a few more inches on the chest now.

In the Europe v. America match at Montreal, when you did 45.0, did you think you would win the race?

It was on a rubberised asphalt track and I drew lane 3. I was not too sure of winning because Lee Evans was in the race but I went out nonchalantly because I have never before beaten Lee. I somehow did not care and that helped during the race. I thought I would go out as fast as I could and I felt good that day.

How did the race at the White City (1st in 45.7) go for you?

It went O.K. for me because I won, but the time would have been better if Lee Evans had not caught cramp. It was the normal race; I took out fast and coming round the last turn I saw Lee on my left hand side although I had two yards on him. I then heard Lee breathe fast and groan—I knew something was up and I eased for the last few yards before the tape. If Lee had run all the way out of trouble we would probably have dipped for the tape and probably got down to 45.3.

Is your ambition directed towards the Olympic Games in Mexico?

Yes, I could make three Olympics! If I don't make it in Mexico, I will stay around for '72—then see how things go.

Do you do the same type of work-out throughout the year?

Speed work gets kind of monotonous after a while. My starts are pretty good but my finish is pretty bad. Next year I will have to concentrate more on cross-country work. This year I concentrated on running the first 300 fast. I mostly go out and do 300's and 350's, just trying to build up speed and also try to do 500's and 600's to build up the endurance. Next year maybe I will come out with a slow start and a fast finish.

What has been your training for big races this year?

First three days of the week I kill myself. My hardest work-out is wind sprints. I run the straights and jog the turns until I have done a mile or 2 miles and that really hurts after a while because you are not really stopping but building up endurance and speed. Another is to run a 100, jog back, and run it again. The day before the race itself I sleep-walk around but don't go near the track. Two days before the race I work pretty hard though.

Do you train with anyone else?

No, I like to work out by myself. If I was training with someone I might ask "Are you getting tired", and he would say yes, so we would stop right there, but if I am working by myself I can keep pushing.

Who coaches you now?

Kenneth Powell.

What are your interests?

Popular music in different styles—for instance a particular number like "The Shadow of your Smile" sung by Johnny Mathis and also played by the Tijuana Brass, etc. I also like to play chess.

Will you ever run the half-mile?

I would like to try it and might just for fun, but the half-mile is a mankiller.

Editor's note: This interview was taped after last summer's Britain v. USA match. Vince Matthews recently set a world 400m record of 44.4; he was born in Queens, New York, on December 16th, 1947, stands 6'1½" and weighs 175lb.

[photo by Ed Lacey]

GIBSON (Women's) TROPHY

At Ilford, September 7th

1, Cambridge H. 306; 2, Ilford 291; 3, Essex L. 245; 4, Middlesex L. 224; 5, Mitcham 174; 6, Havering 104. 100: (A) 1, J. Pawsey (Mi) 11.2; 2, V. Surety (I) 11.4. (B) 1, P. Turner (I) 11.5; 2, P. Boorman (CH) 11.6; 3, S. Smyth (Mit) 11.7. 220: (A) 1, Pawsey 24.6; 2, M. Hadler (CH) 25.2; 3, J. Pettitt (I) 25.8. (B) 1, P. Stocking (CH) 24.8; 2, Surety 26.2. 440: 1, J. Page (CH) 58.3; 2, Pettitt 60.6. 880: 1, M. MacSherry (CH) 2:22.3; 2, G. Goodburn (CH) 2:23.8; 3, P. Jones (I) 2:24.4. 4x110: 1, Camb. H. 49.9; 2, Mitcham 50.5. HJ: 1, S. Hayward (Mx) 4'11"; 2, K. Lane (H) 4'11"; 3, S. Rampton (Mx) 4'11". LJ: 1, J. Harrison (Ex) 17'8½"; 2, J. Summerhayes (Mx) 17'8½". SP: S. Hayward (Mx) 35'7". DT: G. Smith (Ex) 125'8". JT: 1, P. French (H) 150'4"; 2, M. Garner (CH-I) 141'6". (Intermediates) 100: 1, M. Neufville (CH) 11.4; 2, S. Knight (Mi) 11.5; 3, P. Shiels (H) 11.6. 220: 1, Neufville 25.4; 2, Knight 25.7; 3, Shiels 26.3. 440: 1, M. Oldall (H) 62.7; 2, S. Mackay (CH) 63.5. 880: 1, B. Key (I) 2:26.1; 2, J. Friend (I) 2:35.2. 4x110: 1, Camb. H. 52.1; 2, Mitcham 52.3. (Juniors) 100: 1, S. King (Ex) 11.6; 2, S. Richardson (H) 11.8; 3, S. Holmes (CH) 12.1. 150: 1, Richardson 16.9; 2, King 16.9; 3, M. Martin (Ex) 18.0. 880: 1, E. Thomas (I) 2:31.3; 2, A. Experkin (I) 2:35.0; 3, G. Phillips (H) 2:35.8. 4x110: Essex L. 53.0. LJ: 16'9¼".

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OLYMPIC TEAM NEWS

THE USSR will be represented in every event bar one at the Olympics, the exception being the men's discus. Presumably, the 200'8" throw by Vladimir Lyakhov was considered sub-standard. The selectors of the 74-strong team have been severe; for example, Aleksandr Sinitin (13.7), a potential high hurdles finalist, has not been picked. Sentimentalists will be disappointed that places have not been found for Galina Zybina and Galina Bystrova, although there are vacancies in their events.

Except for triple jumper Michael Sauer, there are no surprise omissions from the West German party. The busiest athlete will be Ingrid Becker: 100m, long jump, pentathlon and possibly a relay leg. The French are sending a relatively small squad—but why is Monique Bantegny picked for the pentathlon and not her conqueror in the recent national championship, Denise Guenard? Gaston Roelants, currently recovering from injury, will go for the 10,000m, marathon and steeplechase; while another arduous treble is being sought by Kip Keino (1500m, 5000m, 10,000m). Although he is nominated only for the long relay, one hopes that Bill Crothers will also represent Canada in the vacant 800m spot. Teams:—

USSR

100m: Sapeya, Sinyayev, Ivanov; 200m: Ivanov, Sapeya, Maslakov; 400m: Savchuk, Konikov; 800m: Arzhanov; 1500m: Zhelobovskiy, Raiko; 5000m: Sharafutdinov; 10,000m: Sviridov, Mikityenko, Alanov; Mar: Volkov, Sukharkov, Shakirov; 3000mSC: Kudinskiy, Naroditskiy, Morozov; 110mH: Balikhin; 400mH: Skomorokhov; 4x100m: Sapeya, Sinyayev, Ivanov, Khlopotov; 4x400m: Savchuk, Konikov, Bratchikov, Borisenko; HJ: Skvortsov, Gavrilov, Bolshov; PV: Bliznyetsov, Malyutin; LJ: Ter-Ovanesyan, Bor-

kovskiy, Lepik; TJ: Saneyev, Zolotaryev, Dudkin; SP: Gushchin; DT: none; HT: Klim, Kondrashov, Shuplyakov; JT: Lusia, Paama; Dec: Aun, Lanka, Avilov; 20kmW: Golubnichiy, Agapov, Smaga; 50kmW: Grigoryev, Della-Rossa, Barch. Women's 100m: Samotysova, Tkachenko, Golomazova; 200m: Samotysova, Popkova, Golomazova; 400m: Burda, Verbele; 800m: Eerik, Zimina; 80mH: Korsakova, Iyevlyeva, Talyshcheva; 4x100m: Tkachenko, Golomazova, Bukharina, Popkova, Samotysova; HJ: Okorokova, Kozyr, Grushkina; LJ: Talyshcheva, Ringa; SP: Chizhova, Solontsova; DT: Muravyeva, Popova; JT: Tsymosh, Evert; Pen: Sofina, Tikhomirova.

WEST GERMANY

100m: Metz, Wucherer, Schmidtke; 200m: Eigenherr, Jellinghaus; 400m: Jellinghaus, Muller; 800m: Adams, Kemper; 1500m: Adams, Tummier, Kruger; 5000m: Norpoth, Girke; 10,000m: Letzerich, Philipp; Mar: Riessner, Sievers; 3000mSC: Wagner, Brosius, Molders; 110mH: John, Trzmiel; 400mH: Schubert, Hennige; 4x100m: Metz, Wucherer, Schmidtke, A. N. Other; 4x400m: Jellinghaus, Muller, Kinder, Konig, Roderfeld, Hennige; HJ: Zacharias, Spielvogel, Sieghart; PV: Lehnertz, Schiprowski, Engel; LJ: Boschert; TJ: none; SP: Birlenbach, Glockler; DT: Neu, Reimers; HT: Beyer, Fahsl, Caspers; JT: Salomon, Wolfermann, Herings; Dec: Bendlin, von Moltke, Walde; 20kmW: Muller, Nermerich, Weidner; 50kmW: Nermerich, Magnor, Weidner. Women's 100m: Becker, A. N. Other; 200m: Jahn; 400m: Henning; 800m: none; 80mH: Schell, Rosendahl; 4x100m: to be nominated; HJ: none; LJ: Becker, Rosendahl, Bornholdt; SP: Fuchs, Schafer; DT: Westermann, Berendonk; JT: Koloska; Pen: Rosendahl, Becker, Bornholdt.

FRANCE

100m: Bambuck, Delecour, Fenouil; 200m: Bambuck, Fenouil; 400m: Nallet, Nicolau,



George Puce, who ranks second in the world this year with 211'3", will represent Canada in the discus (and possibly the shot also) in Mexico City.

Ed Lacey

Bertould; 800m: Dufresne, Sibon; 1500m: Nicolas, Boxberger; 5000m: Wadoux; 10,000m: none; Mar: Combes; 3000mSC: Texereau, Villain; 110mH: Duriez, Schoebel; 400mH: Poirier; 4x100m: Bambuck, Delecour, Fenouil, Bourbeillon, Piquemal; 4x400m: Nallet, Nicolau, Bertould, Boccardo, Carette; HJ: Sainte-Rose, Elliott; PV: D'Encausse; LJ: Pani, Cochard, Ugolini; TJ: none; SP: Colnard, Beer; DT/HT/JT: none; Dec: Anyamah; Walks: Delerue. Women's 100m/200m/4x100m: Telliez, Montandon, Meyer, Alayrange; 400m: Noiro, Besson; 800m: Dupureur; HJ: Barnay, Denise; Pen: Bantegny.

KENYA

100m/200m: Asati, J. Sang; 400m: Nyamau, Bon, Rudisha; 800m: Kiprugut, Saisi, Ouko; 1500m: Keino, Jipcho; 5000m: Keino; 10,000m: Keino, Temu; Mar: Moses; 3000mSC: Kogo, Biwott; 400mH: Songok; 4x400m: Nyamau, Bon, Rudisha, Kiprugut; women's 100m/200m: Stevens; 400m: Chemabwai; 800m: Cheshire.

MEXICO

100m: Gonzales, Becquer; 200m: Gonzalez; 800m: Pina; 1500m: Neri; 5000m/10,000m: Martinez; Mar: Garrido, Gaspar, Penazola; LJ: Flores; 20kmW: Pedraza, Campos, Oliveros; women's 100m/200m: Giron; 800m/80mH: Basilio; LJ: Roldan.

CANADA

100m/200m: Jerome; 400m: Domansky, McKenzie, Brian McLaren; 1500m: Trerise, Bailey; 5000m: Finlay, Ellis; Mar: Boychuk; 400mH: Brooker; 4x400m: Crothers, McKenzie, Domansky, Brian McLaren, Bob McLaren; HJ: Wedmann; LJ: Charland; DT: Puce; JT: Heikkila; 50kmW: Capella, Merschenz; women's 100m: Miller, Piotrowski, Berto; 200m: Piotrowski; 400m: Covell, Fisher; 800m: Hoffman; JT: Dahlgren; 4x100m: Hendry, Miller, Piotrowski, Miller, Berto.

SPAIN

100m: Paraiso; 400m: Magarinos; 1500m: Gonzales-Amo, Esteban; Mar: Perez; 3000mSC: Salgado, Haro; HJ: Garriga; PV: Sola; TJ: Areta; HT: Martinez.

ITALY

200m: Berruti; 1500m: Ares, Finelli, Del Buono; 110mH: Ottoz; 400mH: Frinolli; Mar: Ambu, De Palma; 4x100m: Preatoni, Laverda, Giani, Sguazzero, Giannattasio; 4x400m: Bello, Ottolina, Fusi, Puosi, Bianchi; PV: Dionisi; LJ/TJ: Gentile; DT: Simeon; 20kmW: Busca; 50kmW: Pamich, Visini; women's 400m: Govoni; 800m: Pigni; 80mH: Panerai; LJ/Pen: Trio.

DENMARK

800m: Larsen; 1500m: Hansen; Mar: Olsen; Dec: Smidt-Jensen; women's Pen: Hansen.

FINLAND

3000mSC: Kuha; 400mH: Tuominen; PV: Alarotu, Mustakari; LJ/TJ: Pousi; JT: Nevala, Kinnunen.

CZECHOSLOVAKIA

800m: Plachy, Jungwirth; 1500m: Odlozil; 110mH: Nadenicek; HJ: Alexa, Hubner; DT: Danek; women's 100m: Gleskova; 400m: Chmelkova; 800m: Jehlickova; HJ: Rezkova, Valentova, Faithova.

BELGIUM

1500m: de Hertoghe, Simon; 10,000m: Roelants, Polleunis; Mar: Roelants, Peiren; 3000mSC: Roelants, van Butsele; 110mH/400mH: Geeroms; Dec: Lespagnard, Herbrand.

NETHERLANDS

Mar: Steylen; Dec: de Noorlander; women's 100m/200m/4x100m: v.d. Berg, Hennipman, Sterk, Gankema, Bakker; 400m: v.d. Hoeven, Louer; 800m: Keizer, Gommers, v.d. Made; LJ: Bakker; SP: Van Noordduyn; Pen: Ackermans, Janssen.

TUNISIA

5000m/10,000m: Gammoudi, Zammel; 3000mSC: Ayachi.

LIECHTENSTEIN

800m/1500m: Frick; Dec: Biederman.

ICELAND

400m/800m: Thorsteinsson; HJ: Olafsson; SP: Hermansson; DT: Valdemarsson; Dec: Thorlaks-son.



Lillian Board wins the 400m against Poland in 53.0.
Ed Lacey

RESULTS IN BRIEF

July 8th

Liverpool H. Championships. 100: 1, J. Speake 9.8. Mile: F. Davies 4:17.5. (Juniors) Mile: A. Collingwood 4:26.4.

July 15th

Liverpool H. Championships. HJ: J. Harrison 6'1".

August 21st

Hillingdon 22, QPH 22, TVH 16, Shaftesbury 11, at Ruislip. 4x440: QPH 3:31.2.

August 22nd

At Blackburn. 440: J. Gerrard (Leigh) 48.9.

August 24th

Leigh Open Sports. Mile: W. Robinson (Saltwell) 4:15.9. Women's 150: 1, J. Wilcock (DHTC) 17.2; 2, J. Champion (Sale) 17.2.

Liverpool 136, Warrington 85, Manchester & DLC 75, Southport 34, MAC 23, Altrincham 18, Manx 17. 100: 1, D. Pell (MAC) 10.1; 2, M. Massey (W) 10.1. 220: 1, Massey 22.1; 2, N. Mayfield (Wirral) 22.4; 3, Pell 22.5. 2M: R. Gregory (MD) 9:12.0. DT: G. Dirkin (MD-Y) 119'0". (Youths) DT: Dirkin 152'8". (Women) **Warrington 120, Liverpool 78, Southport 15, Sale 8.** SP/JT: D. Pendlebury (Wigan-I) 30'2"/112'1". (Intermediates) 1MW: J. Hill (Warr) 9:59.2. (Jnrs) 100: 1, S. Hodgson (L) 12.2; 2, L. Hampson (Warr) 12.3.

Southern Counties Mile Medley Relay Championship, at Hayes. 1, Surrey AC 3:31.8 (1:54.0 880 stage by M. Geraghty); 2, Reading 3:35.2.

"Welwyn Times" Women's Trophy Meeting: 1, Southend 104; 2, Medway 83; 3, Verleia 72, at Welwyn. 220: B. Herbit (S) 26.5. LJ: C. Persighe (S) 17'9". DT: A. Daniels (V) 115'10".

Herald Trophy Meeting: 1, Southampton 364; 2, Surrey Beagles 265; 3, Twickenham 177, at Twickenham. 100: C. Robinson (Eal) 10.1. 440: M. Smith (S) 50.9. 2M: M. Barratt (Eal) 9:22.6. 120H: R. Fox (S) 14.9. HJ: M. Vale (SB) 6'3". SP: R. Kennedy (S-J) 41'7". JT: R. Chandler (T) 198'3" (only results received).

Lincolnshire Field Events Championships, at Lincoln. HJ: B. Pugh (Lincs C. & C.) 6'0". PV: R. Hearfield (LCC) 11'0". LJ: D. Wistow (LCC) 21'4". TJ: S. Manson 46'3". SP/DT: B. McEwan (Holbeach) 39'2"/136'9". JT: P. Rawson (LCC) 139'8". (Juniors) HJ: T. Wray (Hol) 5'6". PV: M. Skinner (Scun) 10'0". LJ: 1, B. Scutt (Scun) 21'10"; 2, N. Greenberry (LCC-Y) 21'0". TJ: 1, J. Thompson (LCC) 48'8" (best-ever by UK 18-year-old); 2, Scutt 46'6"; 3, D. Bunn (LCC) 43'2". SP: K. Bates (Hol-Y) 47'6". DT: S. Walker (Scun) 129'8". JT: Bunn 139'2". (Women) HJ/LJ: S. Guymer (Scun) 4'7"/16'5". SP: 1, S. Tait (Grimsby) 35'10"; 2, B. Clay (Hol) 32'7". DT: L. King (Lysachs) 106'5". JT: M. Fitzgibbon (LCC) 101'5". (Intermediates) HJ/LJ/SP: C. Walker (Lincoln W) 4'6"/16'7"/28'11". DT: C. King (Ly) 73'7". JT: J. Lambert (LW) 87'3". (Juniors) HJ/LJ: J. Hartley (Grimsby) 4'3"/16'2". SP: 1, G. Fielding (Scun) 32'6"; 2, L. Redmile (LCC) 31'8"; 3, H. Garner (LCC) 30'10". DT: Garner 93'6". JT: V. Love (Hol) 62'0".

August 25th

Cambridge & Col. 517, Boro' of Enfield 472, Chelmsford 399, Basildon 246, Harlow 210, Ipswich 209, VPH 134, Verleia 100, Hemel Hempstead 92, at Harlow. 100: L. Payne (VPH) 10.2. 220: R. Summerfield (CC) 22.5. 2000mSC: Graham Tuck (CC-Y) 6:06.6. 4x110: 1, Enfield 44.4; 2, Camb. & C. 44.5. LJ: A. Percival (CC) 22'3". SP: A. Elvin (CC) 49'6". DT: (A) 1, Ward (CC) 154'2"; 2, G. Tyler (Ch) 135'1". (B) Elvin 152'0". JT: 1, R. Taylor (BE) 207'1"; 2, C. Alston (Ch) 177'1". 2MW: Robinson (BE) 15:39.0. (Juniors) 100/TJ/SP: J. Blackwell (CC) 10.5/41'11"/44'8". (Youths) 4x110: 1, Basildon 46.2; 2, Enfield 47.4. LJ: A. Harrison (Bas) 20'4". TJ: 1, Spillane (BE) 42'7"; 2, Cockell (Bas) 41'7". (Women) **Boro' of Enfield 413, Chelmsford 297, Camb. & C. 232, Harlow 202, Hemel H. 153, Basildon 76, Ipswich 26.** 100: (A) 1, L. Peck (BE) 11.0; 2, I. Gould (Ch) 11.3. (B) J. Philp (Ch) 11.4. 220: 1, Peck 24.3; 2, Gould 25.0. 4x110: 1, Chelmsford 49.9; 2, Enfield 50.5. LJ: (A) 1, F. Young (HH-I) 18'1"; 2, Philp 17'10"; 3, Mallory (BE) 17'3". (B) Rider (BE) 16'10". DT: (A) 1, J. Fielding (BE) 139'11"; 2, C. Richardson (CC-I) 112'4". (B) M. Ward (CC) 110'6". (Intermediates) 100: (A) 1, Pearson (I) 11.4; 2, McFarlane (Ch) 11.6; 3, Gordon (BE) 11.8; 4, Young 11.9. (B) Aldridge (BE) 11.8. 150: 1, Pearson 17.0; 2, McFarlane 17.4; 3, Aldridge 17.4. 4x110: Enfield 51.6. (Juniors) 880: 3, A. Williams (BE) 2:37.2. DT: Carr (Har) 81'5".

Surrey Beagles AC Pentathlon Championship, at Caterham. 1, M. Vale 2503; 2, A. Rickard 2355.

At Tynemouth. DT: 1, A. McKenzie (NSP) 181'2"; 2, I. Briggs (NSP-Y) 118'0" (1½ kilo). HT: 1, B. Fraser (NSP) 201'3" (206'1" foul); 2, C. Davison (NSP) 171'2". (Juniors) HT: D. Rogers (NSP-Y) 184'6" (also 143'3" post-competition throw with 16-pounder). (Youths) HT: 1, Rogers 197'4"; 2, R. Rutherford (NSP-B) 157'2".

August 26th

Liverpool H. Championships. 880: 1, C. Howlett 1:54.5; 2, A. Farrell 1:55.3; 3, eq. A. Gerrard & P. Byrne 1:56.1.

August 28th

At Ruislip. 1½M: 1, R. Pinkerton (Poly) 6:53.2; 2, A. Harding (Hill) 6:55.6; 3, D. Morgan (TVH) 6:58.8. DT: A. Kerr (Hill) 144'9". (Boys) DT: P. Sharman (TVH) 140'4". (Jnr. Girls) SP: J. Keeble (Hill) 33'14".

Open Meeting at Wimbledon Park. 6M: 1, J. Roberts (SLH) 29:32.0; 2, J. Halliday (Herc-W) 29:53.4; 3, G. Gough (HW) 30:08.0; 4, J. Fletcher (HW) 30:24.0; 5, P. Mulholland (HW) 30:25.8; 6, M. Goerke (Rane) 30:31.4; 7, A. Avila (SLH) 30:48.0. (Youths) 1000mSC: R. Day (Croy) 2:57.5.

August 31st

Gloucester 63½, Bromsgrove & R. 49½, at RAF Innsworth. 100: T. Rodwell (G-J) 10.1. 880: 1, R. Adams (BR) 1:51.8. . . . 3, S. McHale (G-J) 1:59.0. SP: P. Moss (BR-J) 41'3". DT: 1, R. Webb (G) 140'5"; 2, N. King (Westbury-ns) 133'9"; 3, Moss 127'7". (Juniors) 100: 1, M. Williams (G) 10.3; 2, C. Kleinman (G) 10.3; 3, G. Watson (BR) 10.4. (Youths/Boys) **Glos 56, Bromsgrove &**

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R. 40. 100: 1, R. Saunders (BR) 10.6 . . . 3, P. Parry (G-B) 10.8. **(Women) Gloucester 78, Bromsgrove & R. 16.** 100/220: D. Nasralla (G-J) 11.9/27.2. 880: S. Swift (G-J) 2:26.0.

Bexley "10". 1, F. Maillardet (Camb. H) 49.39; 2, G. Taylor (CH) 51.24; 3, D. Dellar (CH) 52.52. Team: Cambridge H. 6.

"Wigman" Women's Trophy Meeting, at Woking. Teams: 1, Woking 159; 2, Croydon 151; 3, Hayes & Harlington 102; 4, Epsom & Ewell 92; 5, Guildford & G. 56; 6, Bognor Regis 31. 100: H. Davies (EE) 11.6. SP: S. Spragg (Chelt-guest) 33'4". JT: L. Mountford (Croy) 129'5". **(Intermediates)** 880: C. Osborne (Wok) 2:32.3. JT: J. Champion (Wok) 99'7". **(Juniors)** 100/150: S. Biggs (Croy) 11.8/17.9. DT: J. Thompson (Wok) 100'6".

Woking 216, Guildford 122, Hayes & H. 97, Bognor Regis 67, Epsom & Ewell 65, at Woking. PV: P. Lyons (Sy AC-ns) 13'0". **(Youths)** PV: B. Hooper (Wok) 10'6". TJ: J. Kislbury (HH) 41'6½".

September 1st

Staffordshire AAA Track League, at Aldersley. 4x110: Wolverhampton & B. 42.3. **(Juniors)** LJ: C. Hart (W'ton-15 yrs) 19'7" (legal 22'7" in training minutes after: verified by Kendrick Jackson and Gwynne Griffiths). **(Youths)** LJ: 1, G. Dench (W'ton) 20'8"; 2, R. Piggford (War) 20'0".

Vale of Aylesbury 4 Man-10M. Paarlaf, at Aylesbury (very wet grass track) 1, TVH 40.36; 2, Bow Brickhill Strollers 41.08; 3, Northampton 41:18.6.

September 2nd

Wolvercote Show 3M. Road Race. (Hailstorm for first 2M) 1, H. Chadwick (Thames H. & H.) 31.40; 2, F. Martin (Oxford City) 31.42; 3, G. Taylor (S. Hth) 31.43; 4, J. Rowe (SH) 32.10; 5, P. Milroy (Salford) 33.06; 6, B. Joines (OC) 33.23.

Hereford City Annual Sports. 100: 1, G. Griffiths (W'ton & B) 10.1; 2, T. Rodwell (Glos-J); 3, R. Walters (WB). 220 H'cap: 1, Rodwell 18½y, 20.8; 2, Walters; 3, Griffiths. 3M: D. Francis (Westbury) 14:10.2. PV: I. Reed (Hemel Hempstead) 2'0", 13'6". JT: K. Holmes (Here) 202'6". **(Women)** 100: D. Slater (Birchf) 11.2. 4x110: Stoke 49.6. **(Juniors)** 150: D. Nasralla (Glos) 12, 16.8. 4x110: Gloucester 53.0.

Lincs County Women's Championships, at Scunthorpe. 220: K. Widdison (Scun) 26.3. 880: S. Smith (Linc. W) 2:29.7.

September 4th

Joe Horn "2", at Black Bridge. S. McHale (Glos-J) 9:37.4.

Hillingdon AC Championships. 6M: 1, S. Buchanan 29:30.2; 2, A. Harding 29:39.0.

Business Houses 4x2M. Road Relay, at Beckenham. 1, North Thames Gas 36.33; 2, National Provincial Bank 37.01; 3, London Transport 37.52; 4, Westminster Bank 38.03; 5, Elliot Automation 38.57; 6, Morgan Guar. 40.28.

September 5th

Longnor Wakes Races. Mile: J. Simmons (Dby) 4:40.6. 3M: R. Grove (LCAT) 15:13.0.

September 7th

Sussex County Championships, at Brighton. 6M: 1, W. Mullett (B'ton) 29:36.6; 2, P. Standing (B'ton) 29:50.6.

Redhill & Reigate Pentathlon, at Redhill. 1, J. Draper (Red) 2873 (129'2" DT); 2, J. Chappell (Epsom) 2758; 3, E. Von Tersch (Croydon) 2663. **(Juniors)** G. Page (Epsom) 2302. **(Youths)** C. Goscomb (Sy Bgls) 1952. **(Women)** 1, B. Gill (Swin-don) 4062 (16'6", 28.1, 40'5", 12.0, 5'0"); 2, J. Hindle (Epsom) 3382. **(Intermediates)** 1, B. Corbett (Epsom) 3611 (27.0, 11.7, 4'10"); 2, C. Radway (Swin) 3186; 3, C. Childs (Red) 3112 (12.7); 4, L. Watson (En) 3084. **(Juniors)** S. Harris (Hayes) 3035.

BMC Women's Invitation Mile, at Feltham. (70.5, 73.5, 73.2, 69.6) 1, R. Lincoln (Ex. L) 4:46.8; 2, M. Moir (Barnet) 4:53.7; 3, A. Yeoman (Feltham-I) 5:14.5 (16 yrs); 4, B. Grinney (Thur) 5:20.8; 5, J. Freeman (Barnet) 5:36.4.

September 8th

Ealing & Southall Championships, at Southall. Pen: J. Francis 2458. **(Youths)** Pen: 1, P. Jones 2956 (150'3" DT); 2, W. Eglinton 2469; 3, M. Collins 2391 (133'11" DT).

Aldershot, Farnham & D. Championship, at Aldershot. 1 Hr. Run: 1, R. Stonehouse 11m 29.1y; 2, M. Woods 10m 132.5y; 3, B. Greig 10m 106.1y; 4, P. Fitzgerald 10m 104.7y.

September 10th

Insurance AA Road Relay Championship, at New Beckenham. 1, Temple Bar 48.52 (A. Codd 11.53, M. Payne 12.28, M. Burton 12.13, R. Hawtin 12.18); 2, CUACO 50.23 (J. Hanscomb 12.58, A. Lewis 12.57, D. Faircloth 11.19, D. Thompson 13.09); 3, Sun Life 53.46 (J. Tyler 14.06, I. Richards 13.28, G. Churchill 13.09, T. Nilchard 13.03); 4, Phoenix 55.34; 5, Norwich Union 55.44; 6, Pearl 57.46. Fastest times: Faircloth 11.19, J. Rowe 11.32, Codd 11.53, Burton 12.13.

Southern Counties Open Meeting, at Crystal Palace. 100m: 1, J. Wilson (QPH) 11.2; 2, M. Forrest (B'mena) 11.2; 3, G. Carson (Alb. Fndry) 11.3; 4, D. Thomas (Ilf-J) 11.3; 5, J. Sam (HHH-J) 11.4. 200: (A) 1, K. Hall (Aldershot) 22.2; 2, Carson 22.3; 3, I. Matthews (Sutton) 22.4. (B) 1, Forrest 22.3 . . . 4, C. Carter (B'ton) 22.9. 400: 1, L. Walters (TVH) 47.8; 2, Carter 48.2; 3, S. Huard (TVH) 49.3; 4, Thomas 49.5; 5, J. Isaac (Croy) 49.7; 6, A. Cowen (TVH) 50.7. 800m: 1, P. Browne (QPH) 1:51.7 (19 yrs); 2, J. Paterson (B'ton) 1:52.1; 3, M. Anderson (Camb. H) 1:52.7; 4, C. Stewart (B'mth) 1:53.3; 5, R. Grainger (Hornsey) 1:54.0. 1500: 1, Roseman (SLH) 3:48.6; 2, V. Smith (Medway) 3:51.5; 3, W. Mullett (B'ton) 3:56.0. 5000: 1, R. Newble (Med) 14:03.6; 2, B. Watson (B'mth) 14:13.6; 3, A. Jones (KAC) 14:28.2; 4, F. Whitley (TVH) 14:40.6; 5, J. Boggis (HHH-J) 14:49.2; 6, L. Mann (Bel) 14:54.6. PV: 1, M. Bryant (Thur) 13'6"; 2, L. Jones (B'th) 12'6"; 3, J. Fenge (Army) 12'0". HJ: 1, M. Veale (Sy Bgls) 6'2"; 2, eq. R. Morris (Walton) & P. Gates (Epsom) 6'0". LJ: G. Palmer (Sy Bgls) 21'6 1/4".

Austin Wins Bebington '15'

August 31st

ERIC AUSTIN started piling on the pace almost from the start and by the five mile marker (24.27) had opened up a small gap on Peter Calladine (24.32) and Stan Clegg (24.37). Laying joint fourth at this point were Martin Craven and Ron Barlow (24.46).

At ten miles Austin (48.55) was going from strength to strength and still pulling away. Similarly Calladine (49.25) had opened up on the promising 21-year-old Clegg (49.49). Now in fourth place were Jenkins of Worcester and McLoughlin of Sutton (50.33) with Craven sixth (50.34). At the finish the first three maintained their positions while Craven came through strongly to gain fourth.

1. E. Austin (Worcester YMCA)	74.57
2. P. Calladine (Derby & Cty)	75.55
3. S. Clegg (Salford)	76.48
4. M. Craven (Kendal) 78.01; 5, A. Jenkins (Worc) 78.11; 6, J. McLoughlin (Sutt) 78.17; 7, D. Hopkinson (Clay) 78.46; 8, R. Cooper (Worc) 78.53; 9, A. Burkitt (Tip) 79.16 10, J. Norman (Alt) 79.18; 11, P. Roberts (Sutt) 79.28; 12, H. Leeming (Dby) 79.37; 13, B. Woolford (Sutt) 79.52; 14, R. Barlow (Sutt) 80.50; 15, J. Egerton (Alt) 81.24. 16, M. Stam (W'loo) 81.31; 17, J. McAllister (Wirr) 81.33; 18, C. Johnson (Sutt) 81.59; 19, M. Nunn (Long) 82.07; 20, J. Bradshaw (Pemb) 82.26; 21, T. Proctor (Roch) 82.43; 22, J. Balmer (Seft) 82.54; 23, G. Taylor (S. Hth) 84.55; 24, A. Reavley (Barnet) 85.12; 25, G. Baldwin (Wrexham) 85.25; 26, R. Griffin (Tip) 86.10; 27, D. Rhodes (Dby) 86.31; 28, N. Jones (Warr) 87.00; 29, D. Weir (MAC) 87.07; 30, L. Peter (VPH) 87.33.	

Easy Win for Derby In Leicester-Northampton Relay

September 7th

WITH Coventry Godiva fielding only a weakened team it proved a benefit day for Derby who went to the front by virtue of Harry Leeming's effort on stage one and stayed there for the remainder of the distance, winning for the third consecutive year. Leicester moved behind them on the third leg and by the half-distance the first three were decided. Derby's winning time cannot be compared to last year's record as the final leg was rather shorter on this occasion. When John Simmons took over after seven stages however, the overall time was two minutes down on the 1967 clocking. Only one stage record fell, Dave Rhodes taking four seconds off the previous best for the fifth leg.

1, Derby & Cty. (H. Leeming 18.54, T. Guilford 17.42, P. Calladine 25.03, G. Lawrence 16.18, D. Rhodes 17.51, D. Eccles 19.22, T. Slack 14.30, J. Simmons 23.56) 2:33.35.

2, Leicester CAT (R. Child 19.48, J. Mulligan 17.29, D. Lem 24.27, K. Bray 16.36, P. Lem 18.42,

continued at foot of next page

EUROPEAN RESULTS continued from page 10

Verbele 53.8 semi; Pen: Tikhomirova's marks were 11.2, 46'8 $\frac{1}{4}$ "/14.23, 5'4"/1.63, 20'3"/6.17, 24.5; Bystrova clocked 10.7 hurdles. **August 20th, Tsakhkadzor.** DT: 2, Gudashvili 197'10"/60.30; 3, Jaras 196'8"/59.96. **August 21st, Tsakhkadzor.** USSR 10,000m champ: Mikityenko 29:58.6, Sviridov 30:02.6, Yefimov 30:06.2, Alanov 30:13.0, Dutov 30:27.2, Baidyuk 30:29.2. **August 20th/21st, Volgograd.** Women's 80mH: Sizyakova 10.7, Iyevlyeva 10.8; SP: Chizhova 59'7 $\frac{1}{2}$ "/18.18. **August 21st, Tallinn.** LJ: Lepik 25'11 $\frac{1}{2}$ "/7.92, Pousi (Fin) 25'11"/7.90; JT: Paama 266'10"/81.34. **September 7th/8th, Moscow.** PV: Fyeld 16'5"/5.00; SP: Gushchin 62'9 $\frac{1}{2}$ "/19.14; HT: Klim 237'8"/72.44 (5 over 233ft); JT: Lusi 290'10"/88.64; women's 100m: Zharkova (16) 11.3 (only 2 watches); Samotyosova 11.5; 200m: Samotyosova 23.7; DT: Popova 181'5"/55.30; JT: Evert 181'1"/55.20. **Later results:** 400mH: Skomorokhov 50.3; LJ: Ter-Ovanesyan 26'7"/8.10; DT: Gudashvili 203'10"/62.14 (rec); women's 80mH: Zarubina 10.4.

E.GERMANY: Matuschewski 1:46.4

August 28th, Berlin. 100m: Lewandowski 10.3; PV: Milack 16'7 $\frac{1}{4}$ "/5.06, Bar 16'1"/4.90. **August 30th, Cottbus.** PV: Bar 16'6"/5.03 . . . 4, Milack 15'1 $\frac{1}{4}$ "/4.60; women's JT: Schulze 186'4"/56.80. **September 2nd, Berlin.** HJ: Koppen 6'11 $\frac{1}{2}$ "/2.13; PV: Prygiel 16'3"/4.95. **September 3rd, Leipzig.** SP: Rothenburg 63'4 $\frac{1}{2}$ "/19.31; DT: Schaumburg 197'9"/60.28; HT: Losch 226'8"/69.10; women's SP: Gummel 60'5 $\frac{1}{2}$ "/18.43 (rec; also 59'9"/18.21), Lange 58'4 $\frac{1}{2}$ "/17.79, Boy-Garisch 57'5 $\frac{1}{2}$ "/17.51; DT: Illgen 195'5"/59.58; JT: Schulze 186'10"/56.96. **September 7th, Frankfurt.** Women's SP: Friedel 53'3"/16.23. **September 7th, Leipzig.** 800m: Matuschewski 1:48.4; 110mH: Melykuti (Hun) 14.1 (rec); PV: Nordwig 16'5"/5.00; women's 80mH: Balzer 10.9; Pen: Bauer-Exner 4901 (11.3, 42'11 $\frac{1}{2}$ "/13.09, 5'4 $\frac{1}{2}$ "/1.64, 20'2 $\frac{1}{2}$ "/6.16, 24.6). **September 8th, Halle.** PV: Nordwig 17'0 $\frac{1}{2}$ "/5.20, Milack 16'5"/5.00; SP: Rothenburg 62'9 $\frac{1}{2}$ "/19.14; women's 80mH: Balzer 10.8; SP: Lange 57'5"/17.50; DT: Illgen 197'7"/60.24. **September 10th, Erfurt.** 800m: Matuschewski 1:46.4.

SWEDEN: Garderud 3:38.7

August 7th, Varnamo. 3000m: 1, BILL EWING 8:22.8 . . . 3, JOHN BICOURT 8:24.4 . . . 5, KEITH ANGUS 8:25.6. **August 11th, Vaxjo.** 200m: Karttunen (Fin) 21.2 (rec). **August 11th, Vasteras.** 2M: 7, RICHARD NEWBLE 8:47.4 . . . 10, ANGUS 9:07.6; PV: Blomquist 16'6 $\frac{1}{2}$ "/5.05. **August 18th, Stockholm.** DT: Haglund 191'10"/58.48. **August 23rd, Karlskoga.** 1500m: GWYNN DAVIS 3:45.2, Gonzales-Amo (Spa) 3:46.1, FRED BELL 3:46.3. **August 24th, Sandviken.** 800m: DAVIS 1:52.6; 1500m: RICKY WILDE 3:52.4. **August 24th, Vaxjo.** Women's 100m: Wallgren 11.8; 400m: Wallgren 53.6, Ericson 54.6; Pen: Cederstrom 4708 (rec). **August 26th, Gothenburg.** 800m: Bondia (Spa) 1:49.6 . . . 3, DAVIS 1:51.0;

1500m: Tumbler (WG) 3:38.1, Garderud 3:38.7 (not 3:38.8), Gonzales-Amo (Spa) 3:40.0 (rec), Morera (Spa) 3:46.2, BELL 3:48.0; women's 400m: Wallgren 54.9, Ericson 55.0. **August 27th, Stockholm.** 10,000m: CHRIS WADE 30:30.2. **August 27th, Sundsvall.** Women's HJ: LINDA KNOWLES 5'3 $\frac{1}{4}$ "/1.61. **September 3rd, Lidingsö.** 800m: 2, CHRIS HUDSON 1:52.2; 3000m: 1, NEWBLE 8:12.4 . . . 3, ANGUS 8:30.8.

FINLAND

August 20th, Aankoski. JT: Kinnunen 266'5"/81.22, Nevala 261'0"/79.56. **August 21st, Kaipola.** 400m: Tuominen 48.0 . . . 5, HUDSON 50.5; 1500m: Nyman 3:46.4, NEWBLE 3:46.6; 5000m: 6, ANGUS 14:53.4. **August 22nd, Lahti.** 1500m: 3, HUDSON 3:58.0; 4, ANGUS 4:00.0; 5000m: NEWBLE 14:29.0. **August 22nd, Oulu.** Mile: Tuura 4:07.4 . . . 4, RAY ROSEMAN 4:12.0. **August 23rd, Karhula.** 800m: HUDSON 1:53.0; 3000m: NEWBLE 8:10.2, ROSEMAN 8:10.4 . . . 6, ANGUS 8:15.8; PV: Mustakari 16'8 $\frac{1}{2}$ "/5.10, Kaireno 16'1"/4.90; JT: Nevala 276'5"/84.26, Kinnunen 263'1"/80.19. **August 25th, Kuopio.** 800m: 2, ROSEMAN 1:54.2; 3, HUDSON 1:54.9; 5000m: NEWBLE 14:10.4, ANGUS 14:18.8; 3000mSC: Kuha 8:51.6. **August 25th, Lohja.** SP: Yrjola 61'5"/18.72; JT: Nevala 278'7"/84.92. **August 25th, Heinola.** 110mH: Salin 14.2 (rec).

NORWAY

August 21st, Bergen. JT: Rasmussen 266'6"/81.24. **August 28th, Oslo.** Women's 800m: Olsen (Den) 2:07.1 (rec), Krogh Sorensen 2:08.5, RITA LINCOLN (not Iris) 2:09.0. **August 31st, Florø.** HT: Beyer (WG) 231'7"/70.60. **August 31st/September 1st, Drammen.** Women's Pen: Berthelsen 4635 (20'10 $\frac{1}{2}$ "/6.36 LJ). **September 3rd, Bergen.** HT: Beyer (WG) 233'0"/71.02; women's LJ: Berthelsen 20'8 $\frac{1}{2}$ "/6.31.

ITALY

August 11th, Riva del Garda. PV: Dionisi 16'10 $\frac{1}{2}$ "/5.15 (rec). **Later result:** 3000m: Ardizzone 7:59.6 (rec).

BULGARIA

August 2nd-4th, Sofia. HJ: Bakumenko (USSR) Todosijevic (Yug) 6'11 $\frac{1}{2}$ "/2.13, women's JT: Jaworska (Pol) 196'8"/59.94 (rec).

LEICESTER-NORTHAMPTON RELAYS continued

P. Leake 19.55, J. Henderson 14.35, W. Bent 23.38) 2:35.00.

3, Tipton (K. Rollason 19.18, R. Bentley 17.44, J. Wright 25.47, G. Wood 17.13, R. Griffin 18.45, M. Orton 20.16, D. Fownes 14.05, A. Richards 24.05) 2:37.13.

4, Halesowen 2:43.50; 5, Notts AC 2:44.08; 6, Coventry Godiva 2:44.16; 7, AEI Rugby 2:47.46; 8, Tipton "B" 2:50.51; 9, Corby Town 2:51.37; 10, Grimsby 2:52.20; 11, Nuneaton 2:53.02; 12, Kettering 2:55.35; 13, Peterborough 2:56.17; 14, Northampton 2:56.46.

Fastest times: (1) Leeming, (2) J. Taylor (CG) 17.00, (3) D. Lem, (4) R. Taylor (CG) 16.17, (5) Rhodes, (6) Eccles, (7) A. Gribbon (Hales) 13.18, (8) Bent.

LETTERS

NATIONAL TEAM UNIFORM

Dear Sir,

Recent visits to important athletic meetings and also the transmissions on television have served to highlight one aspect of the sport which has angered me considerably for many seasons. Now, in Olympic Year, I dread the possibility that it may be allowed to persist, unless strong and positive action and decisions are taken by the team managers.

This is the matter of a full team uniform (for want of a better noun).

Outdated though it may be, I still feel that the members of any international team have been selected as representatives of a nation, and as such should be glad to wear the full colours or uniform supplied. Unfortunately it is too often seen for athletes to wear something other than official colours while competing for Great Britain or England, etc. Sadly it is most associated with those Universities and "seats" of learning where one might have assumed such attachment to a vest or pair of shorts would be considered a little childish.

As far as I know, full kit of vest and shorts is supplied or available to every International competitor along with track suits. I wonder often if such equipment is refused when offered—certainly I doubt it, but in comparison with foreign

visitors our teams usually include a motley selection of shorts and other gear that look anything but neat or proud. This is quite apart from the confusion often caused by the use of non-national colours, and this situation has spread far into club athletics.

I had the impression that there was an AAA ruling on the use of club colours at meetings under their rules, but either a blind eye is turned or strong judges prepared to disqualify athletes who do not wear appropriate club colours are significant by their paucity.

I do hope that our Olympic team will be a credit to Great Britain in every facet of the sport; we must recall that they go as agents for an entire nation, which same nation has contributed not a little from private pocket to send them to Mexico.

Anthony M. Lockwood,

West Drayton

Arthur Gold, BAAB Secretary, endorses all that Mr. Lockwood writes. He considers that every athlete representing Great Britain should feel proud to wear his GB vest and track suit and if any athlete does not feel this way he would prefer him (or her) to refuse the invitation in the first place. Several athletes at the recent match with Poland were sent back to get their GB uniform before mounting the rostrum to receive their awards, and Mr. Gold states that he feels so strongly about this that he is prepared to order an athlete from the arena if not properly attired at the Olympics or other international meeting where the athlete is representing his country.

SOUTHERN COUNTIES AMATEUR ATHLETIC ASSOCIATION

DISTANCE RUNNING CAMP

MERTHYR MAWR

(OGMORE-BY-SEA)

October 4th-6th, 1968

Cost £3 (inclusive of accommodation). Coach from London £1/10/0 extra

CHIEF COACH: HARRY WILSON

ADMINISTRATION: A. H. THOMPSON

Only 72 places available—allocation strictly in order of application.

Further details from the Hon. Sec., S.C.A.A.A., 26 Park Crescent, W.1.

THE CASE FOR MADELEINE

Dear Sir,

I was very interested to read John Woodward's letter concerning the omission of Madeleine Cobb from the sprint relay squad in Mexico City.

I would like to add the following facts:—

1. Madeleine is the co-holder of two world record sprint relays, thus eliminating any controversy about her being too small at 5'2" for relay running — a view held by at least one National Coach.

2. Madeleine has been ranked in the UK best performers by this magazine in the 220, thus eliminating a further view held by the same National coach that one must be able to run a good 220 in order to maintain a fast speed in the closing yards of a sprint relay. She has achieved this end.

3. She has also been ranked equal second in the 100 yard UK rankings with the Olympic qualifying standard of 10.7.

4. She has been ranked equal fifth in the 100 metres rankings with 11.7.

5. She was placed fourth in the WAAA 100 metres final in 11.7.

6. She was the fourth British woman home in the WAAA 200 metres final in 24.3.

Now to give an idea of the international competitions Madeleine has been offered this season:—

Before the WAAA Championships	— NIL
After the WAAA Championships	— NIL
Before the Olympic Selections	— NIL
After the Olympic Selections	— NIL
Total to date	— NIL

Yet Madeleine has run faster than all but two of our top relay runners at some time during the season.

She is a seasoned relay runner and has beaten over the short sprints those persons now selected to represent Great Britain in the sprint relays, despite the fact that these relays have, up to now, comprised 100, 200 and 400 metre runners.

My own view is that if we want to win a medal at Mexico City in the sprint relay, then it would be a good foundation to start with our four fastest short sprinters and not to expect 200 and 400 metre runners to compete in a sprint relay, always assuming that they make the final and have therefore to compete in up to six races prior to the relay.

Dave Cobb,
Ruislip

CUT OUT THE NATIONALISM

Dear Sir,

Once again the Olympic Games are about to commence, and as usual there is much talk (from The Marquis of Exeter and Avery Brundage among others) about the Olympics being the greatest force for peace in the world today. If this be the case, would it be asking too much for the BBC to cut all forms of nationalism out of their television and radio broadcasts of the Games.

We know practically everything there is to

know about David Hemery and Lillian Board, but virtually nothing about Jean Louis Ravelomanantsoa or Alvaro Mejia. It would do much to improve our athletics knowledge if the interviews were concentrated on such people and not those we already know (interpreters should prove no problem).

When the athletic events are staged I suggest TV coverage (at least BBC 2) should stay on these even if in the meantime a Britisher does win a gold for Yachting or Fencing. I believe the commentator is there solely to give information and should not indulge in pseudo-dramatics.

I do however realise that I am baying to the moon, for the vast TV public will only watch sports at which "we" are doing well, and in consequence there are lots of victory ceremonies with "God save the Queen" being played and Union Jacks flying around. For the sake of international goodwill, please Mr. Coleman (or whoever is responsible) do not pander to the lowest common denominator.

Michael Leahy,
London, N.20

OLYMPIC OBSERVERS NEEDED

Dear Sir,

On October 11th I go to Mexico City with a party of five National Coaches. One of our main tasks is to subject the Games to close technical scrutiny and to provide a post-Games technical report which will be of value to coaches and athletes throughout the country. To do this, each National Coach is covering a pre-arranged technical area and his report, together with edited versions of daily post-Games tape-seminars, will provide the basis of the Report. In order to make our technical report as comprehensive as possible it is essential that we use as many "eyes" as possible. To this end, I would like to invite any coaches or officials attending the Games to share in our observation work. I must note that such work may to some extent mar the observer's enjoyment of the Games but that this would be more than balanced by the knowledge of the service which he would provide for athletes and coaches.

Any coaches or officials who wish to help in our work should contact me at my home address.

Tom McNab,
23 Crossway, Welwyn Garden City,
Hertfordshire

UNSATISFACTORY BADGE

Dear Sir,

After striving hard to gain an AAA Grade I Standard in the Steeplechase, I proudly purchased, for 3/6, the badge and sewed it onto my new white sweat top. To my dismay the first time the jumper was washed orange dye was deposited all over it. Surely the AAA could produce a badge with a fast dye without too much trouble.

R. Day,
Wallington

continued on page 32

World Records and Shocks In US Olympic Trials

THE Mexico City Games themselves might prove to be anti-climactic in several of the "explosive" events after the excitement engendered at the final USA Olympic Trials at South Lake Tahoe (September 6th-16th). World records were posted in the 200, 400, 400 hurdles and pole vault, with the listed mark tied in the 100 and bettered (with the wind over the limit) in the long jump, and the overall standard was unprecedented.

Consider the 400m hurdles, where Andy Bell found 49.6 insufficient even to make the FINAL let alone a place on the team. Or the flat 400: a time of 45.5 (faster than by any non-American this year) by Henry Smothers failed to gain admission into the semi-finals. As for the final of that event, Vince Matthews—world record holder for a fortnight—ran 44.8 for a place merely in the relay squad while sixth and last position went in 45.2! Six men clocked 20.3 or better in the 200 final.

The world record breakers were John Carlos (19.7 200m), Lee Evans (44.0 400m), Geoff Vanderstock (48.8 400mH) and Bob Seagren (17'9"/5.41 PV). However, Carlos and Evans might not in fact have their marks ratified, for they were wearing the multi-mini-spiked shoes that have yet to receive the IAAF's blessing. Should the international governing body refuse to sanction the use of such footwear the records would pass instead to Larry Questad (3rd in 20.0, equalling the listed mark) and Larry James (2nd in 44.1).

There was no shortage of shock results at this momentous meeting held 7377 feet up in the California mountains. Jim Ryun didn't make it in the 800m; reigning Olympic champions Bob Schul and Billy Mills lost their chance to defend; Gerry

Lindgren, Richmond Flowers and Russ Hodge were among other notable casualties; while highly favoured Ron Whitney and Randy Matson qualified in third place.

Three Olympic winners who will be making the trip are Al Oerter (who thus kept alive his hopes of an incredible fourth gold medal), Hal Connolly (another champion of 1956 vintage) and Ralph Boston. As we go to press, results of the 1500m and high jump are still awaited. We hope to present a detailed report in next week's issue; meanwhile here are some quotes from athletes in the news at South Lake Tahoe:—

Bill Toomey (decathlon winner at 8222): "I'm not in very good shape. To be honest, I wasn't looking for a world record. All I wanted to do was make the team."

Billy Mills (4th in 10,000m): "I got a knot in the middle of my chest above the diaphragm and my breathing was in gasps. I came here in the best condition of my life—even better than when I set the Olympic record in Tokyo—but I didn't have it."

Tracy Smith (10,000m winner): "I've been up and down from my father's fishing lodge (8000ft. up in the High Sierra) for the last four years and I'm convinced the training up there helped me a lot. I don't think you can become accustomed to the altitude in six weeks."

Geoff Vanderstock (400mH winner in world record 48.8): "I was scared, weak and nervous before the race. I think my improvement this year has been due to determination, more confidence and the fact that I haven't been hampered



Frank Covelli, the American javelin record holder, has been unusually consistent this season over 270ft, but was beaten by Mark Murro in the Olympic Trials.

Ed Lacey

by injuries like in the last two years. The way we ran up here I think we'll sweep the event in the Olympics."

Jim Hines (100m winner in 10.0): "I got a great start and took the lead from Pender at 60 metres. When I get a good start I know I can win because I have the best kick of anybody."

George Woods (shot winner at 68'04"): "Randy, Dave and I will be even better in Mexico City. I want to do about 70 feet there."

George Young (steeplechase and marathon winner): "It will take a 9 min. performance in Mexico City just to qualify for the finals and at least 8:45 to win. I don't consider the steeplechase-marathon double too difficult."

John Carlos (200m winner in world record 19.7): "I ran 20.1 with the other (conventional) shoes yesterday. The way I felt today I could have broken the record barefooted."

Bob Seagren (PV winner at world record 17'9"): "A week ago, after I got out of hospital (he has been suffering from a back injury for 18 months), I didn't figure I had a chance. Today I couldn't find my step at the start as I missed once at 16'6" and again at 17ft. Then I got going. Somebody's going to hit 18 feet soon, probably at Mexico City."

Al Oerter (3rd in discus): "I think I can obtain my fourth Olympic title. I shall be more in form than I was here; besides, I know that under pressure Jay loses some of his power."

Lee Evans (400m winner in world record 44.0): "I'm disappointed, as I thought I would be under 44 seconds. That's what will be needed to win in Mexico."

Bob Schul (6th in 5000m): "I'm too old; one should never try to come back after such a long absence. Now it's all over, I shall never set foot on a track again."

100m: (1st round) Ht 1: R. R. Smith 10.2, Pender 10.2, Questad 10.3, Bright 10.4, Randolph 10.4, Clayton 10.5. Ht 2: Greene 10.1, Hines 10.1, Hurd 10.2, Glosson 10.2, Turner 10.4. (2nd round) Ht 1: Greene 10.0, Smith 10.0, Turner 10.1, Hurd 10.1, Randolph 10.3. Ht 2: Hines 10.0, Glosson & Pender 10.1, Bright 10.3, Questad 10.3, Clayton 10.3. (Semis) Ht 1: Greene 10.1, Smith 10.1, Pender 10.2, Randolph 10.4, Questad. Ht 2: Hines 10.1, Hurd 10.1, Glosson 10.2, Clayton 10.2, Turner dnf. (Final) JIM HINES 10.0, CHARLIE GREENE 10.1, MEL PENDER 10.2, RONNIE RAY SMITH 10.2 (selected for 4x100m relay), Glosson 10.2, Hurd 10.2, Clayton 10.3, Randolph 10.4.

200m: (1st round) Ht 1: Carlos 20.1, Hines 20.5, Bright 20.5, Miller 20.6, Questad 20.6. Ht 2: Hurd 20.6, T. Smith 20.7, Randolph 20.8, Bruckel 21.0, Turner 21.2. (2nd round) Ht 1: (windy) Smith 20.0, Bright 20.3, Randolph 20.5, Hurd dnf. Ht 2: (windy) Carlos 20.1, Questad 21.4, Bruckel 21.9, Miller 22.8. (Semis) Ht 1: Smith 20.2, Randolph 20.5, Questad 20.5. Ht 2: (windy) Carlos 20.3, Bright 20.6, Bruckel 20.6, Miller 20.6. (Final) JOHN CARLOS 19.7 (world rec), TOMMIE SMITH 19.9, LARRY QUESTAD 20.0, Bright 20.1, Randolph 20.1, Bruckel 20.3.

400m: (1st round) Ht 1: Taylor 45.3, Collett

45.6, Freeman 45.9, Mondane 46.0, Burnett 46.1, Smothers 46.1. Ht 2: Evans 46.1, Kemp 46.3, James 46.8, Francis 47.0, Matthews 47.1. (2nd round) Ht 1: Evans 44.9, Mondane 45.2, James 45.3, Kemp 45.3, Taylor 49.9. Ht 2: Collett 44.9, Matthews 45.1, Freeman 45.2, Francis 45.2, Smothers 45.5, Burnett 45.6. (Semis) Ht 1: Evans 45.4, James 45.7, Francis 46.1, Mondane 46.1. Ht 2: Freeman 45.6, Kemp 45.6, Matthews 48.7, Collett dnf. (Final) LEE EVANS 44.0 (world rec), LARRY JAMES 44.1, RON FREEMAN 44.6, VINCE MATTHEWS 44.8 (selected for 4x400m relay), Kemp 45.2, Francis 45.2.

800m: (Heats) Ht 1: Arrington 1:49.7, J. Perry 1:50.0, Kutichinski 1:50.0, Ryun 1:50.0, Zieminski 1:51.6, Schultz 1:52.3. Ht 2: Bell 1:48.6, Farrell 1:48.8, Johnson 1:48.8, Winzenried 1:49.2, Hunt 1:49.4, Sandison 1:49.6. (Semis) Ht 1: Farrell 1:49.6, Johnson 1:49.6, Perry 1:49.9, Zieminski 1:50.1, Arrington 1:50.6. Ht 2: Bell 1:48.0, Winzenried 1:48.1, Ryun 1:48.2, Kutichinski 1:48.4, Hunt 1:50.0. (Final) TOM FARRELL 1:46.5, WADE BELL 1:47.1, RON KUTICHINSKI 1:47.8, Winzenried 1:47.9, Perry 1:49.0, Hunt 1:51.8, Ryun 2:02.6, Johnson dnf.

1500m: (Heats) Ht 1: Divine 3:58.3, Ryun 3:58.3, Richey 3:59.4, Kivlan 4:00.5, Wilborn 4:01.4, Crawford 4:03.4. Ht 2: Liquori 4:00.9, Mason 4:01.4, Von Ruden 4:01.4, Patrick 4:01.6, Bair 4:02.0, Davis 4:03.4. (Semis) Ht 1: Patrick 3:48.8, Liquori 3:48.8, Divine 3:49.3, Wilborn 3:50.0, Kivlan 3:55.2. Ht 2: Ryun 3:53.0, Von Ruden 3:53.4, Bair 3:53.8, Mason 3:54.1, Richey 3:54.7.

5000m: BOB DAY 14:37.4, JACK BACHELOR 14:37.4, LOU SCOTT 14:53.4, Lindgren 14:53.6, Stageberg 15:33.0 (15:06.0 ht), Schul 15:44.6 (15:10.8 ht).

10,000m: TRACY SMITH 30:00.4, VAN NELSON 30:04.0, TOM LARIS 30:09.8, Mills 30:32.2, Lindgren 30:44.2, Murphy 30:53.2, K. Moore 31:18.2, Clark 32:05.8, Harrison 32:58.0.

3000mSC: GEORGE YOUNG 8:58.0, BILL REILLY 8:58.4, CONRAD NIGHTINGALE 9:04.4, Price 9:07.6, Williams 9:17.2, Brown 9:24.6 (9:12.6 ht), Traynor 9:26.6 (9:19.8 ht), McCubbins 9:37.4 (9:17.2 ht), Manley 10:04.8 (9:17.2 ht).

110mH: (1st round) Ht 1: Pomphrey 13.5, Hall 13.6, Carty 13.7, Howser 13.9, Polkinghorne 14.0. Ht 2: Coleman 13.5, Flowers 13.6, Davenport 13.7, White 13.9, Livers 14.0. (2nd round) Ht 1: Davenport 13.3, Pomphrey 13.4, Hall 13.4, Howser 13.7, Polkinghorne 13.9. Ht 2: Carty 13.5, Coleman 13.6, Flowers 13.6, Livers 13.6, White 13.8. (Semis) Ht 1: Davenport 13.5, Coleman 13.6, Carty 13.8, White 13.9, Howser 13.9. Ht 2: Hall 13.7, Flowers 13.8, Pomphrey 13.9, Livers 14.0, Polkinghorne 14.1. (Final) WILLIE DAVENPORT 13.4, LEON COLEMAN 13.5, ERV HALL 13.5, Pomphrey 13.6, Flowers 13.7, White 13.7.

400mH: (Heats) Ht 1: Wyatt 49.6, Whitney 50.0, McCrary 50.3, Bell 50.4, Rogers 50.5. Ht 2: Vanderstock 49.8, Gittins 50.1, Lee 50.2, Hardwick 50.8, Bornkessel 53.6 (fell). (Semis) Ht 1: Vanderstock 49.2, Whitney 49.3, McCrary 49.5, Bell 49.6. Ht 2: Wyatt 49.3, Gittins 49.5, Hardwick

continued on page 34

**WALTON ATHLETIC CLUB
HEWITT-JONES OPEN ROAD RELAY**
6 x 3 Miles 500 Yards

OCTOBER 5th, 1968, at 3 p.m.

AWARDS—Prizes to first 3 teams and first "B" team, also 3 fastest individuals.

Entries—15/- first team, 10/- second and succeeding teams, on A.A.A. forms to R. Lewis, 25 Beta Road, Cove, Farnborough, Hants., not later than Monday, 23rd September, 1968.

**CAMBRIDGE & COLERIDGE A.C.
AUTUMN ROAD RELAYS**

(Under A.A.A. Laws)

SATURDAY, 5th OCTOBER, 1968

At COLERIDGE SCHOOL, RADEGUND RD.

SENIOR 4 x 3.6 MILES AT 3 p.m.

YOUTHS 3 x 2.9 MILES AT 4.15 p.m.

TROPHIES AND MEDALS

Entries to R. O. Hunneybell, Meadow Cottage, Lotfield Street, Orwell, Royston, Herts. **Fees:** 7/6 Senior, 5/- Youth Teams.

ENTRIES CLOSE SATURDAY, 28th SEPT.

**ERITH & DISTRICT A.C.
6 MILES OPEN ROAD RACE**

From Erith Stadium

SATURDAY, 5th OCTOBER, at 3.30 p.m.

Team (6 run, 4 score) and Ind. awards

Entries (2/6 per individual) to Dennis Ricketts, 70 Merewood Road, Barnehurst, Kent, by Tuesday, 24th September. Block team entries accepted.

**FOURTH ANNUAL
HARLOW MARATHON**

Inc. Essex County Marathon Championship
26 miles 385 yards

(Under A.A.A. Laws)

Sponsored by Rayments Brewery Ltd.

FROM HARLOW SPORTCENTRE

SATURDAY, 26th OCTOBER, 1.30 p.m.

Prizes for first six individuals, 1st newcomer, 1st man who has completed all previous Harlow Marathons, 1st veteran over 40, 1st veteran over 48. First 3 teams (3 scorers) County race, Medals 3 individuals and 3 teams (give county qualification). Time certificates to all finishers.

Entries: Individual 5/- (all runners must pay this fee); Team 5/- (4 to run, 3 to score), on AAA forms. Full details from Tom Dradey, 112, Barn Mead, Harlow, Essex.

CLOSING DATE 14th OCT. S.A.E. please.

LETTERS continued from page 29

AAA ROAD "10"

Dear Sir,

I was amused to read the report on the Inaugural AAA 10 Miles Road Race. An entry fee of 10/- had an inevitable effect on the size of the field. Still it was just as well, since the start involved sprinting 50 yards for a 10ft gateway out onto a busy main road.

Perhaps with a £1 entry fee next year, the AAA could afford to pay for some markers so that the runners don't have to memorise the course.

John R. Newcombe,
Stafford A.C.

PIT TOO SHORT

Dear Sir,

At the Crystal Palace recently, Lynn Davies made another attack on 27ft. He failed, because the pit was too short for such a jump to be made with impunity; much as a 100 yards track might be considered too short which ended in a brick wall five yards beyond the tape.

He had several jumps of 26ft., which ended with his springing side-ways out of the sand, to avoid the end of the pit. The remedy? To move the take-off board six feet back. It seems so unfair to have to attack a world record with fetters on.

Henry J. Roche,
London, S.W.19

CONCENTRATION DISTURBED

Dear Sir,

I feel I must disagree with Christopher Allan whose letter appeared in the August 31st issue regarding the time allowance in connection with Sheila Sherwood's long jumping at Crystal Palace.

Whilst I see his point, has he forgotten that at least three times during her run-up un-thinking officials, photographers and others passed very near the long jump pit. It was a wonder she had any concentration left and if anyone deserved to win a competition it was certainly Mrs. Sherwood on that day!

A. R. Greetham,
London, S.W.17

"OGDEN" TROPHY

At Feltham, September 7th

1, Feltham 716; 2, Slough 339; 3 eq, Camberley & Verle 307; 5, Watford 266; 6, Hercules-Wimb. 176; 7, Highgate 157. 100: M. Elvy (S) 10.1. LJ: 1, Elvy 22'5"; 2, R. Gilfrin (C) 21'9"; 3, D. Knight (C) 21'7". DT: N. Griffin (S) 132'8". (Juniors) SP: T. Bryanton (C) 42'9½". (Youths) 440: P. Young (F) 53.5. DT: 1, J. Follett (F) 181'6"; 2, M. Burford (C) 144'10". (Boys) 880: D. Miller (F) 2:06.1. (Women) 100/220: J. Stroud (F-I) 11.4/25.6. 4x110: Feltham 51.4. (Jnrs) SP: A. Potter (C) 30'11".

The Midland Girls Walking League is open to any young athlete of 12 years and under 15 at midnight on September 1st/2nd, 1968.

SCOTLAND

Commonwealth Games Stadium on Schedule

Commonwealth Games News, Edinburgh. The Stadium to be used for the 1970 Commonwealth Games in Edinburgh, currently being built, is now well advanced and proceeding to schedule, the 440y Tartan track now nearing completion. The whole project is being built in three sections. The first comprises the main arena, stands and terracing, stage two includes the social area and sports halls, while the third section is made up of practice and warm-up areas, tennis courts and soccer and rugby pitches. A tunnel is to be built from the main arena to provide a passage to the social area which will include changing rooms, cafeteria and lecture theatre.

Edinburgh—Glasgow Relay: Teams competing in the 1968 "News of the World" Edinburgh-Glasgow Relay are as follows: Edinburgh University, Aberdeen AC, Shettleston, ESH, Victoria Park, Edinburgh AC, Springburn, Hawkhill, Bellahouston, Aberdeen Univ., Strathclyde Univ., Dumbarton, Glenpark, Teviotdale, Motherwell YMCA, Clydesdale, Wellpark, Glasgow Un., Garscube and Maryhill. The latter two replace 9th Old Boys (NI) and Paisley who contested the event last year.

Scottish WAAA Relays, at Pitreavie, August 31st. (Contd.) 2M: 1, G. Craig (Western) 11:13.0 (Scottish rec); 2, M. MacSherry (Camb. H) 11:15.2; 3, D. Greig (Tanna) 12:11.6. 80mH: (— 2.4m/s) 1, E. Toulalan (ESH) 11.6; 2, S. Brown (ESH) 12.3. 100mH: (— 0.9) 1, L. Ware-Grosvenor (M'bro-I) 15.8; 2, M. Walls (Western-I) 16.4; 3, E. McGregor (Dumfries) 16.6. HJ: 1, Walls 5'1"; 2, E. Armstrong (Mary) 5'0". LJ: 1, Walls 18'5"; 2, M. Niccol (Mary-I) 16'10". SP: 1, H. Stuart (Mary) 39'4"; 2, W. Blackwood (Mary) 37'0"; 3, S. Brown (ESH) 34'8½". DT: 1, Blackwood 109'1"; 2, M. Forsyth (ESH) 107'5". (Intermediates) 80mH: (— 5.6) 1, Ware-Grosvenor 12.5; 2, Niccol 12.6; 3, Walls 12.7. (Juniors) 150: (— 4.0) 1, C. Sprigg (Mary) 18.0; 2, F. Strong (ESH) 18.3. 80yH: (— 2.3) 1, C. Smart (Mary) 11.9; 2, Sprigg 12.8.

Shotts Highland Games, September 7th. 100: C. Lamb (Jarrow) 7, 9.7. 220: A. Wood (VP) scr, 22.7. 880: M. McKenna (Gates) 38, 1:54.1. 2M: 1, I. McCafferty (Law) 9:02.2; 2, R. Wedlock (Shett) 9:08.2; 3, E. Knox (Spring) 9:12.2. 14 Miles Road Race: 1, L. Stewart (V/Leven) 68.43; 2, J. Linaker (Pit) 68.49; 3, P. MacLagan (VP) 69.10; 4, A. Wood (Aber) 69.57 (first four beat Lachie Stewart's 71.20 course record); 5, A. P. Brown (Law) 72.37; 6, W. Stoddart (Glen) 75.16. Scottish Mile Medley Ch: 1, Bellahouston (M. McLean, H. Baillie, J. Williams, B. Wallace) 3:37.8; 2, Bell'n "B" 3:38.4; 3, Octavians 3:42.9; 4, Edinburgh AC 3:47.3. HJ: D. Cunningham (H. Watt) 4", 6'3¼". LJ: D. Hay (VP) 2', 23'3¼". SP: D. Edmunds (Strath. Un) 50'11½". (Juniors) 880: J. Cherry (Spring) scr, 1:55.5. (Women) 880: G. Cherry (West) scr, 2:21.4.

Dunblane Highland Games, September 14th.

The main feature of the Games was the 14½ miles road race. Lachie Stewart took the lead early on and, although challenged by Pat MacLagan, he proved too strong for his Victoria Park rival, winning by 25 yards. 14½M. Road Race: 1, L. Stewart (V/Leven) 75.48; 2, P. MacLagan (VP) 75.50; 3, D. Macgregor (ESH) 77.30; 4, K. Grant (Hawk) 77.47; 5, J. Fairgrieve (EAC) 81.07; 6, W. Stoddart (Glen) 81.07. HJ: G. Hamilton (Gars) 8", 6'6". SP: D. Edmunds (Strath. Un) scr, 51'0¼". Scots HT: L. Bryce (Strath) 5', 121'9". (Women) 100/220: M. Walls (Western) 5½/11, 11.2/26.4.

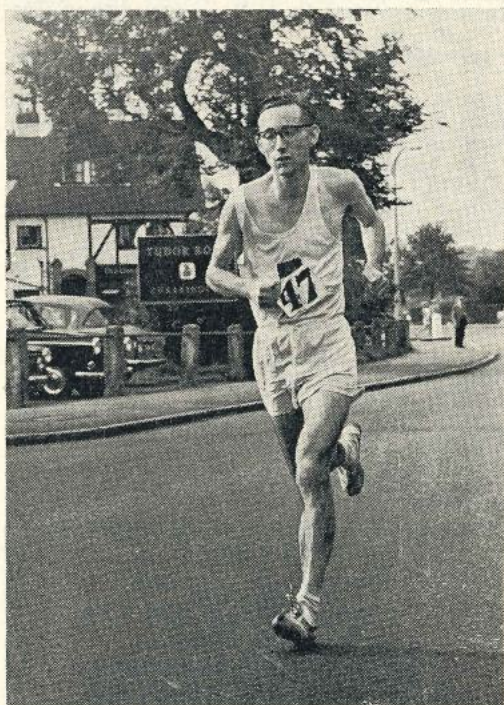
Willie Diverty

CHANGE OF ADDRESS

The address of A. T. Neuff, hon. secretary of the Pole Vaulters Association, is now 27 Grove Park Road, London, S.E.9.

CRYSTAL PALACE TRAINING TIMES

The Crystal Palace all-weather track will be available for training on Tuesdays, Wednesdays and Thursdays from 7 to 9 p.m. as from the first Tuesday in October.



John Newsome (Wakefield), winner of the SLH "30" in the record time of 2:50:59.

Fred Popplewell

USA OLYMPIC TRIALS continued from page 31

49.6, Lee 49.7. (Final) GEOFF VANDERSTOCK 48.8 (world rec), BOYD GITTINS 49.1, RON WHITNEY 49.2, Wyatt 49.6, McCrary 50.0, Hardwick 50.8.

HJ: (Qualifiers at 6'8½"/2.05) R. Brown, Caruthers, Radetich, Hanks, Burrell, Fosbury, Hartfield, Downing, Bowers, Rambo.

PV: BOB SEAGREN 17'9"/5.41 (world rec), JOHN PENNEL 17'0"/5.18, CASEY CARRIGAN 17'0"/5.18, Railsback 17'0"/5.18, Chase & Smith 16'6½"/5.03.

LJ: (windy) BOB BEAMON 27'6½"/8.39, RALPH BOSTON 27'1"/8.25, CHARLIE MAYS 26'9¼"/8.16, Shinnick 26'6½"/8.09, Proctor 26'2½"/7.99, Hopkins 26'2¼"/7.98, Chilton 25'5½"/7.76, Whitley 25'4"/7.72.

TJ: ART WALKER 54'6½"/16.62, DAVE SMITH 52'11½"/16.15, NORM TATE 52'6¼"/16.01, Horn 52'0¼"/15.87, Klein 50'8"/15.44, Ford 49'10½"/15.20 (50'3¼"/15.32 qual). Craig 47'7¼"/14.52 dnq.

SP: GEORGE WOODS 68'0¼"/20.73, DAVE MAGGARD 67'4¼"/20.53, RANDY MATSON 67'1¼"/20.45, Salb 65'7¼"/19.99, Steinhauer 64'8"/19.71, Patera 64'2½"/19.57, Wallin 58'5½"/17.82.

DT: JAY SILVESTER 207'6"/63.25, GARY CARLSEN 205'2"/62.54, AL OERTER 204'8"/62.38, Neville 192'3"/58.60, Babka 189'3"/57.68, Kennedy 183'8"/55.98, Vollmer 174'6"/53.19 (185'4"/56.49 qual).

HT: ED BURKE 226'3"/68.96, AL HALL 220'5"/67.18, HAL CONNOLLY 213'8"/65.13 (214'5"/65.35 qual), Frenn 210'1"/64.03 (210'6"/64.16 qual), Narcessian 207'6"/63.25 (208'3"/63.48 qual), Pangburn 199'2"/60.71 (203'0"/61.88 qual).

JT: MARK MURRO 263'9"/80.39, FRANK COVELLI 259'0"/78.94, GARY STENLUND 254'9"/77.65, Vander Griend 239'11"/73.13, Burns 236'1"/71.96, Lambert 219'4"/66.85.

Dec: BILL TOOMEY 8222 (10.5, 25'6½"/7.79, 45'7½"/13.90, 6'6½"/1.99, 46.4, 14.7, 146'2"/44.55, 13'1½"/4.00, 210'7"/64.19, 4:47.2), RICK SLOAN 7800 (6'11¼"/2.11, 16'1"/4.90), TOM WADDELL 7706, Bannister 7650, Bennett 7468, Buck 7417 (46.3, 4:10.3), Johnston 7317, Emberger 7233, Melquiond 7187, Hodge 7186 (58'1"/17.70), Thoreson 7122, Warkentin 5904.

20km Walk: RON LAIRD 1:37:45, RUDY HALUZA 1:38:14, LARRY YOUNG 1:38:40, Dooley 1:41:03, De Noon disq (1:42:06).

50km Walk: LARRY YOUNG 4:34:18, GOETZ KLOPFER 4:44:02, DAVE RAMONSKY 4:47:23.

Northern Ireland AAA Winter Fixture List

(September) 28th, Smyth Memorial Trophy 4x2½M. Road Relay & Boys 1M. at Belfast. (October) 12th, Larne (Co. Antrim) Senior & Novice Road Relays; 19th, Queens Univ. v. Glasgow Un. v. Strathclyde Un. at Belfast; 26th, Lisanagarvey Senior & Youths Road Relays; 26th, Strathclyde v. Queens in Scotland. (November) 2nd, William Horner Memorial 6x3M. Road Relay at Belfast; 16th, McConnell Shield Junior C.C. & Open Senior 4M. at Ballyclare; 30th, Malcolm Cup Junior C.C. & Open Senior 5M. at Belfast. (December) 7th, Queens v. Aberdeen Un. at Belfast; 14th, West Down Cup Junior C.C. (January) 4th, Miskimmin Cup Open 6M. C.C. at Ballyclare; 11th, Queens v. Edinburgh at Belfast; 18th, NIAAA "Junior" & Boys C.C. Championships and Open Senior 7M. at Belfast; 25th, Trinity, Dublin v. Queens v. Dublin Un. (February) 8th, Crawford Cup Open 6M. C.C. & Youths Race, at Belfast; 22nd, Wilkinson Memorial Cup Race. (March) 1st, Irish Universities C.C. Championships; 8th, NIAAA Senior 8M. and Youths C.C. Championships at Belfast; 22nd, International C.C. Championships, Clydebank, Glasgow; 29th, Ballyclare 10M. Road Race. (April) 7th, Whitehead Road Race, Co. Antrim; 19th, North Belfast Harriers Road Relays (S. & Y.).

LADY MILES THOMAS (WOMEN'S) TROPHY At Oxford, September 7th

1, Leicester CAT 175; 2, Oxford L. 159; 3, Portsmouth Atal. 147; 4, Gloucester 122; 5, Spartan 90. HJ: 1, L. Lee (S) 5'0"; 2, L. Bainbridge (PA) 4'11". (Jnrs) 1, Oxford L. 150; 2, Glos 148½; 3, Ports. Atal. 134; 4, LCAT 125½; 5, Spartan 100. 1, D. Nasralla (G) 11.9; 2, C. Hardcastle (PA) 12.1. 880: 1, S. Swift (G) 2:24.8; 2, C. Hever (PA) 2:33.8. 4x110: 1, Glos 53.3; 2, Oxford L. 53.3. DT: 1, J. King (S) 87'4"; 2, L. King (G) 80'4". JT: 1, B. Withers (LC) 94'4"; 2, J. King (S) 86'10".

The Chelmsford meeting was rained off last week-end and the Essex Women's Relays which were included in the programme are now to be held on October 6th.

BRIGHTON & HOVE A.C. BOYS AND YOUTHS 4 x 2 MILES ROAD RELAYS (Under A.A.A. Laws)

ON BRIGHTON SEA-FRONT
SATURDAY, 5th OCTOBER, 1968

Entry Fees: 5s. each team.

Entries (close 23rd September) to M. J. Langmaid, 40 Applesham Way, Portslade, Brighton, BN4 2LP.

HADLEIGH OLYMPIADS A.C. 5 x 3¼ MILES ROAD RELAY (Under A.A.A. Laws)

SATURDAY, OCTOBER 19th

Entries (10/- "A" teams, 5/- "B" teams) to D. A. Evans, 4 Bowers Road, Benfleet, Essex, by Tuesday, 8th October.

Dennis Superb in Allsop Floodlit

At Walton, September 11th

Although the clerk of the weather smiled on Walton's third annual "Allsop" Floodlit meeting a continuous downpour the previous evening had left the track very heavy and this probably accounted for the slow sprint times. Voted by many to be Walton's best effort yet, the meeting produced some first class results and surprises. The evening's highspot came in the mile where 17-year-old AAA Junior Champion Paul Dennis once again judged his fearsome kick to perfection and sprinted past Geoff Biscoe, Mike Kortenaar, Dereck Fernee and Mike Beevor in the last 20 yards. Apart from being a personal best, Dennis' 4:07.4 is the fastest ever by a British 17-year-old and clips 1.7 from his own (NUTS) Youths record.

Unexpected wins came from both Len Walters and Ray Roseman. Walters, returning to form after injuring himself rock-climbing at Font Romeu, proved too strong for Andy Todd in the closing stages of the 440, while Roseman played a waiting game at Jim Hogan's shoulder in the "3" and kicked past with a furlong remaining. Just 3½ seconds back in third place came an amazing Mike Barratt, a month from his 36th birthday, only ten seconds off the personal best he set when a stripling of 31.

Barry Tilbury

1, Thames Valley H. 93; 2, Brighton & Hove 78; 3, Walton 66; 4, Polytechnic 65; 5, Croydon 47; 6, Windsor & Eton 20. 100: 1, R. Frith (P) 10.1; 2, M. Reynolds (TVH) 10.3; 3, J. Knowles (BH) 10.3. 220: (A) Reynolds 21.9; 2, C. Campbell (P) 22.4; 3, Knowles 22.7. (B) 1, L. Walters (TVH) 22.7; 2, Frith 23.0. 440: (A) 1, Walters 48.1; 2, A. Todd (BH) 48.9; 3, Sulzer (P) 50.0. (B) 1, C. Carter (BH) 49.7; 2, P. Condliffe (TVH) 50.1. 880: 1, Carter 1:56.1; 2, K. Bromley (W) 1:56.7; 3, G. Power (TVH) 1:56.9. Mile: 1, P. O'Meara (BH-J) 4:20.9. 3M: 1, R. Roseman (BH) 13:45.4; 2, J. Hogan (W) 13:47.6; 3, M. Barratt (W) 13:49.2; 4, G. Goodman (TVH) 13:50.4; 5, J. O'Keefe (P) 13:51.8; 6, F. Stebbings (C) 13:52.2; 7, P. Standing (BH-J) 13:59.8. 8x220: Brighton 3:05.6. HJ: R. Morris (W) 6'2". PV: D. Kidner (TVH) 10'9". LJ: 1, Kidner 22'9½"; 2, E. Von Tersch (C) 21'7½". TJ: D. Smith (TVH) 45'9½". SP: M. Winch (BH) 45'1½". JT: 1, N. Hancock (C) 219'11"; 2, K. Sheppard (W) 201'8"; 3, M. Schwarz (TVH) 184'0". (Non-scoring) Mile: 1, P. Dennis (Nor. Gaz-J) 4:07.4; 2, G. Biscoe (Mit) 4:07.5; 3, M. Kortenaar (Mit) 4:08.2; 4, D. Fernee (Poly) 4:08.2; 5, M. Beevor (Herc-W) 4:08.5; 6, M. Davies (TVH) 4:11.8. Mile Walk: 1, A. Jones (BH) 6:31.0; 2, A. Buchanan (BH) 7:00.3; 3, B. Hawkins (Met. WC) 7:06.6; 4, D. Saunders (BH-J) 7:20.0.

CHALLENGE ACCEPTED

Following the challenge printed in our May 11th issue, Michelin AC (Stoke-on-Trent) face eight other works teams in a road relay at Battersea Park today (September 21st) at 3 p.m.

SOUTHERN COUNTIES 127, SOUTH WESTERN COUNTIES 72

At Exeter, September 14th

100: 1, R. McStocker (SC) 10.2; 2, I. Green (SC) 10.4; 3, T. Crocker (SW) 10.4; 4, R. Lee (SW) 10.5. 220: 1, J. Wilson (SC) 21.8; 2, D. Thomas (SC-J) 22.6. 440: 1, P. Browne (SC) 49.4; 2, J. Edwards (SC) 49.9. 880: 1, M. Geraghty (SC) 1:54.4; 2, A. Carter (SW) 1:54.5; 3, N. Grist (SW) 1:56.5. Mile: F. Martin (SC) 4:21.4. 3M: 1, D. Faircloth (SC) 14:20.6; 2, D. Bedford (SC) 14:20.6; 3, D. Crook (SW) 14:26.2. 3000mSC: 1, P. Lightfoot (SW) 9:10.8; 2, W. Mullett (SC) 9:16.2; 3, W. Venus (SC) 9:41.2. 120H: C. Allabush (SC-J) 16.1. 440H: A. Watson (SC) 56.3. 4x110: 1, SC (Green, Thomas, Wilson, McStocker) 43.1; 2, SW 44.4. HJ: 1, M. Campbell (SC) 6'4"; 2, R. Morris (SC) 6'2"; 3, A. Kilpatrick (SW) 6'0". LJ: 1, D. Knight (SC) 21'3½"; 2, P. Drew (SC) 21'0½". TJ: 1, Drew 47'2½"; 2, J. Bucknall (SW) 46'0½"; 3, P. Barrett (SC) 46'0½". SP: 1, R. Kennedy (SC-J) 46'8½"; 2, R. Preston (SW) 43'3½"; 3, E. Kelland (SW) 43'2". DT: 1, P. Ribbins (SW) 141'0"; 2, J. Weightman (SC) 138'3"; 3, E. Kelland (SW) 134'10". JT: 1, N. Sherlock (SC) 223'6"; 2, N. Hart-Ives (SC) 214'10"; 3, B. Roberts (SW) 214'8"; 4, B. Barfoot (SW) 196'2". 2MW: 1, R. Mills (SC) 14:35.8; 2, A. Thomson (SC) 14:48.2; 3, P. Thorn (SW) 14:56.4.

NEW POSTAL RATES

The new two-tier postal rates came into force as from last Monday and subscribers should have their copy Friday morning. The abnormal weather conditions might affect deliveries in a few areas this week, but after that there should be a regular Friday delivery. Any readers who do not receive their "A.W." within 24 hours (check postmark) are requested to forward the envelope with date of delivery written beside postmark. We will then take the matter up with the Chief Postmaster.

Secretaries are also asked to note that results and reports of important events, likely to be included in the next Saturday's issue, should ensure that a 5d. stamp is used for 24 hours delivery. Delivery on Tuesday will be too late for the next issue.

WALTON ATHLETIC CLUB BOYS' OPEN TWO MILES ROAD RACE

(Over 14 and under 16 on 1st Sept., 1968)

Individual and Team Race

SATURDAY, OCTOBER 12th, at 3 p.m.

From Stompond Lane, Walton-on-Thames

Awards 1st, 2nd, 3rd teams (3 to score) and 1st, 2nd, 3rd individuals.

Entries to B. Judd, 42 Long Gore, Farncombe, Godalming, Surrey. Entrance fee: 2/6.

CLOSING DATE OCTOBER 5th.

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries.
20s. per s.c. inch, per insertion. 25% series discount to clubs on four or more insertions.

CLUB SECRETARIES, DON'T FORGET! EASTER ATHLETIC FESTIVAL, 1969

DOUGLAS, ISLE OF MAN, APRIL 4th-7th
ROAD RACES • FELL RACES
RELAY RACES

Make it a holiday and enjoy Dancing,
Swimming, Coach Tours, etc. Package
Tours from £7. Assisted passages. Cheap
accommodation.

PRIZES VALUED £100

Write: B. Whitehead, 2 Marine View Close,
Onchan, Isle of Man.

HERCULES WIMBLEDON A.C. ANNUAL ROAD RACES

(Under A.A.A. Laws)

SATURDAY, 12th OCTOBER, 1968

Starting at 2.15 p.m.

At the Wimbledon Park Track

SENIOR "10"—YOUTHS "3½"

Team Trophies

4 to run, 3 to score

1st, 2nd, 3rd Individual Prizes

Team and 1st Veteran Prizes

Entry fee—3/- Ind. Entries on A.A.A. Forms
to:—H. L. Shaughnessy, Stable Cottage, 77
Hanger Hill, Weybridge, Surrey, by 5th October
(latest).

SOUTHERN COUNTIES A.A.A. FLOODLIT OPEN MEETING

(In conjunction with Woodford Green A.C.)

At the Terence McMillan Stadium,
Prince Regent Lane, London, E.13.

TUESDAY, 8th OCTOBER, at 6.30 p.m.

(Under A.A.A. Laws)

EVENTS

100 Metres—Sen/Jun/Yth/Boys

200 Metres—Sen/Jun/Yth/Boys

800 Metres—Sen/Jun/Yth/Boys

3000 Metres—Senior

3200 M. Walk—Senior

2000M. S'chase—Senior/Junior

Shot—Sen/Jun/Yth/Boys

Pole Vault—Senior/Junior

Triple Jump—Sen/Jun/Yth/Boys

4x100M. Relay—Sen/Jun/Yth

Entry Fee 1/- per event. Forms from SCAA
Office—s.a.e. please.

Entries close 30th September to S.C.A.A.A.,
26 Park Crescent, London, W.1. WIN-4BQ.

FAVERSHAM C. & A.C. 5 MILES ROAD RACE

(Under A.A.A. Laws)

SATURDAY, OCTOBER 26th, 1968

Prize values: 1st £5, 2nd £2, 3rd £1. Team: 3
at £1. Veterans' H'cap 1st £2, 2nd £1.

Entry Fee: 3/- per competitor. **Entries close**
14th October to G. C. Ely, 19 Court Street,
Faversham, Kent.

ROATH (CARDIFF) HARRIERS

10th Annual

16½ MILES ROAD RACE

FROM MAINDY STADIUM, CARDIFF

SATURDAY, OCTOBER 12th, 3 p.m.

Prizes 1st, 2nd, 3rd ind. and teams, 1st New-
comer, 1st Veteran. **Entries** to M. F. Beames,
12 Pen-y-Bryn Road, Gabalfa, Cardiff, by Oct.
9th. Fees: 2/6 ind., 7/6 team.

NEWPORT HARRIERS

5x4 MILES ROAD RELAY

SATURDAY, OCTOBER 5th, 1968

Trophy (Holders: Westbury Harriers), Team
and Fastest Leg Awards.

ENTRIES: 5/- per team to G. Boardman, 3
Thornhill Road, Upper Cwmbran, Mon., by
Sept. 28th.

SURREY ATHLETIC CLUB

16th Annual

CROSS-COUNTRY RELAY

(Under A.A.A. Laws & E.C.C.U. Rules)

6 Laps of approx. 2½ Miles each

SATURDAY, 19th OCTOBER, at 2.30 p.m.
From Rivermead School, Richmond Road,
Kingston-on-Thames, Surrey

AWARDS—First 3 teams; first unplaced team
(other than "A" team, providing team does
not finish before club's "A" team); first club
outside first three, not previously competed in
this race; three fastest individual laps.

Entry fees: 7/6 first team, 5/- subsequent teams.
Teams of 12 may enter.

Entries close Monday, 14th October, to E.
Thompson, 6 Albemarle Gdns., New Malden,
Surrey.

CAMBERLEY AND DISTRICT A.C.

ANNUAL ROAD RELAYS

SUNDAY, 6th OCTOBER, 1968

At 1.30 p.m.

SENIOR MEN 4 x 3 Miles

YOUTHS 4 x 1½ Miles

BOYS 3 x 1½ Miles

SENIOR LADIES 3 x 1½ Miles

INTER. LADIES 3 x 1½ Miles

JUNIOR LADIES 3 x 1½ Miles

Trophies for Senior Men, Senior Ladies and
Youths. Medals for first three teams in each
event.

Entries (7/6 per team) to Mrs. D. M. Tarbox,
3, Lea Rd., Camberley, Surrey, not later than
Saturday, 28th September.