

September 14th 1974 Vol. 28 No. 37

a

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

athletics

**EUROPEAN CHAMPIONSHIPS
RESULTS EDITION**

All the news and details from Rome



12p

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versus

FINLAND

(under IAAF Rules)

Organised by the British Amateur Athletic Board
in association with
Kraft Foods Limited

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at 6.30 p.m. on both days

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ATHLETICS WEEKLY

INCORPORATING WOMAN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

Vol 28 No 37

September 14th, 1974

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THE WEEK AHEAD

Friday, September 13th. Coca-Cola Inter-
national Floodlit Meeting at Crystal Palace (7.45
pm).**Saturday, September 14th.** UK Juniors v West
Germany Juniors (Men and Women) at Hadley
Stadium, Warley (12.45 pm); Northern Junior
Decathlon Championships at Kirkby (1st day);
Southern Inter-Counties Championships at
Chelmsford; Devon WAAA Pentathlon Cham-
pionships; Hardaker/King Trophy Meeting; Car-
shalton Trophies Meeting; Grazier Trophy
Meeting at Woking; 'Fleetwith' Meeting; Soli-
hull YA Meeting; Highgate London Marathon;
Greenwich '11'; Worthing Downs '11'; Coat-
bridge '5'; Harold Doggett 6 Miles Chase;
Knockfarrel Road and Hill Race (Cat: C); Dart-
ford Road Relay; Leicester Corintian Road
Relay; Young Athletes League Finals at New
River Sports Centre and West London Stadium.**Sunday, September 15th.** Northern Junior De-
cathlon Champs (2nd day); Yorkshire WAAA
Champs (part); Birmingham Games at Salford
Stadium, Aston; Scottish League v Achilles v
RAF at Meadowbank; Scottish Women's League;
Welsh Marathon Championships at Cwmbran;
Salisbury 'Round the Houses'; Swinton '10'; East
Hull Half Marathon; Basildon '10'; Rossendale
Fells Race (Cat: B) at Rawtenstall; Vaux Mount-
ain Trial (Cat: A).**Tuesday, September 17th:** Midland Counties
AAA v RAF v Northern Counties AA at
Derby.**Wednesday, September 18th.** SCAAA Open
Meeting at Crystal Palace.**Friday, September 20th:** Pye Gold Cup Final
at Crystal Palace (1st day).**Found**—in men's changing room after Parks
Trophy Meeting on August 24th: pair orange
Gola spikes. Contact Neil Swindlehurst, 38 Glen-
dale Crescent, Lostock Hall, Preston, Lancs PR5
5YA.Mark Bateman's winning time in the AAA
Youth 1500 Championship was 3:53.2 (champ
rec) and not 3:56.2 as published.Confirmed dates for Men's 1975 Southern
League are: May 10th, May 31st, June 21st, July
5th, July 26th and August 16th.

Cover photo by Mike Street

EUROPEAN CHAMPIONSHIPS IN ROME

Report by Mel Watman; results compiled by Jon Wigley

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200 Metres	Hts 16	Semis 23	Final 25
400 Metres	Hts 6	Semis 15	Final 19
800 Metres	Hts 8	Semis 14	Final 19
1500 Metres	Hts 24		Final 31
5000 Metres	Hts 25		Final 33
10,000 Metres			Final 9
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Pole Vault			Final 21
Long Jump	Qualifying 10		Final 15
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Shot	Qualifying 15		Final 23
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Javelin	Qualifying 26		Final 31
Decathlon	1st Day 26	2nd Day 29	
20km Walk			13
50km Walk			29

Women's Events

100 Metres	Hts 8	Semis 13	Final 14
200 Metres	Hts 18	Semis 23	Final 25
400 Metres	Hts 6	Semis 14	Final 17
800 Metres	Hts 6	Semis 13	Final 19
1500 Metres	Hts 24		Final 31
3000 Metres			Final 8
100m Hurdles	Hts 21	Semis 24	Final 27
4 x 100m Relay			Final 33
4 x 400m Relay			Final 34
High Jump	Qualifying 21		Final 37
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Javelin	Qualifying 5		Final 11
Pentathlon			20

Further Coverage from Rome Next Week

Featuring action photos and
quotes from medallists

BRITAIN'S ROLL OF HONOUR

Gold Medals

ALAN PASCOE (400 Hurdles); BRENDAN FOSTER (5000); IAN THOMPSON (Marathon); GLEN COHEN, BILL HARTLEY, ALAN PASCOE, DAVID JENKINS (4 x 400 Relay).

Silver Medals

TONY SIMMONS (10,000); DAVID JENKINS (400); STEVE OVETT (800).

Bronze Medals

JOYCE SMITH (3000); ANDREA LYNCH (1000); GEOFF CAPES (Shot).

Other Placings in First Eight

4th—Roger Mills (20km Walk); Bernie Plain (Marathon); Linda Barratt, Denise Ramsden, Helen Golden, Andrea Lynch (4 x 100 Relay). 5th—Helen Golden (200). 6th—Ruth Kennedy, Jannette Roscoe, Verona Bernard, Donna Murray (4 x 400 Relay). 7th—Ann Yeoman (3000); Amos Seddon (20km Walk); Verona Bernard (400); Ainsley Bennett (200); Berwyn Price (110 Hurdles). 8th—Joyce Smith (1500).

Personal Bests

Steve Ovett, 1:45.8 800; Alan Pascoe, 48.82 400 Hurdles; Jannette Roscoe, 52.85 400; Lesley Kiernan, 2:02.8 800; Ann Yeoman, 9:07.0 3000; Ruth Watt, 1.80/5'10½" High Jump.

MEDALS TABLE

	G	S	B	Total
East Germany	10	12	5	27
USSR	9	3	6	18
United Kingdom	4	3	3	10
Poland	4	2	4	10
Finland	4	1	5	10
France	2	2	0	4
West Germany	1	5	6	12
Italy	1	2	2	5
Yugoslavia	1	1	1	3
Denmark	1	1	0	2
Bulgaria	1	1	0	2
Hungary	1	0	0	1
Czechoslovakia	0	3	2	5
Rumania	0	2	1	3
Sweden	0	1	1	2
Norway	0	0	2	2
Belgium	0	0	1	1

FIRST DAY: Monday, September 2nd

400 METRES HURDLES: Heats

(1st 3 & 4 fastest losers to semis)

All the top rated men advanced, including Alan Pascoe who in his first hurdles race since breaking down in the British International Games pulled up from 4th to 3rd in the straight. Bill Hartley got through but Steve Black missed his chance by a tenth of a second.

Heat 1: 1. M. Kodejs (Cz) 50.31; 2. V. Savchenko (USSR) 50.36; 3. W. HARTLEY (UK) 50.42; 4. F. Aumas (Swi) 50.50; 5. Y. Bratanov (Bul) 51.02; 6. G. Parris (Gre) 51.44. S. Hallgrímsson (Ice) scr.

Heat 2: 1. D. Stukalov (USSR) 50.48; 2. J. Hewelt (Pol) 50.54; 3. K. Schonberger (E Ger) 50.60; 4. F. Nusse (Neth) 50.73; 5. J. Carvalho (Por) 51.32; 6. G. Ballati (Ita) 51.47.

Heat 3: 1. J.-C. Nallet (Fra) 50.16; 2. J. Mayer (E Ger) 50.88; 3. L. Danis (Cz) 51.09; 4. W. Reibert (W Ger) 51.18; 5. Y. Yordanov (Bul) 52.05; 6. G. Mueller (Swe) 52.72.

Heat 4: 1. Y. Gavrilenko (USSR) 50.28; 2. R. Ziegler (W Ger) 50.35; 3. A. PASCOE (UK) 50.54; 4. S. Tziortzis (Gre) 50.65; 5. J. Struyk (Neth) 51.83. I. Arva (Hun) scr.

WOMEN'S JAVELIN: Qualifying

Eleven girls met the 54m standard and another was added to make up a round dozen for the final. Unfortunately, Tessa Sanderson placed 13th but that was a fine achievement for a youngster in her first taste of such competition. Her opening throw landed at 53.28/174'10", the second best of her career, and she finished ahead of Svetlana Babich (best ever of 62.00/203'5" and injured Maria Kucserka (61.14/200'7").

Qualifiers: J. Todten (E Ger) 60.78/199'5"; R. Fuchs (E Ger) 59.88/196'5"; N. Urbancic (Yug) 59.72/195'11"; L. Mollova (Bul) 53.56, 57.70/189'4"; D. Jaworska (Pol) 56.26/184'7"; F. Kinder (Pol) 56.10/184'11"; L. Peccec (Rum)

EALING AND SOUTHALL A.C.

24th Annual Open Team

CROSS-COUNTRY RELAY RACE

(Under A.A.A. and E.C.C.U. Rules)

6 x 2½ Miles for the Horsenden Trophy
SATURDAY, OCTOBER 5th, at 2.45 p.m.

Medals for first three teams, and trophy and medals for first unplaced 'B' team. Plaques for three fastest laps.

Entry Fee: 75p per team for first teams, 60p per team for others.

Entries on A.A.A. forms (all runners must be named on programme) to J. Arnold, 18 Uxbridge Road, London W7 3PP, by Monday, September 23rd.

55.44/181'11"; T. Zhigalova (USSR) 55.32/181'6"; E. Janko (Aut) 48.40, 55.10/180'9"; A. Koloska (W Ger) 54.62/179'2"; S. Kargel (E Ger) 54.02/177'3"; E. Zorgo (Rum) 53.98/177'1", 50.64, 52.38.

Non-Qualifiers: T. SANDERSON (UK) 53.28/174'10"; 47.10, 49.66; S. Babich (USSR) 51.78/169'10"; 46.56, 51.62; L. Kuys (Neth) 49.42/162'2"; 46.04, —; G. Amici (Ita) 46.50, 48.72/159'10"; M. Kucserka (Hun) 43.38, 47.12/154'7"; 44.20; L. Wuyts (Bel) 39.38, 45.54/149'5"; —; E. Van Beuzekom (Neth) —, —, 39.44/129'5". J. Jelyazkova (Bul) scr.

100 METRES: Heats

(1st 3 & 4 fastest losers to semis)

Heat 1: (— 1.20m) 1. V. Borzov (USSR) 10.49; 2. D. Chauvelot (Fra) 10.56; 3. Z. Nowosz (Pol) 10.64; 4. M. Droese (E Ger) 10.65; 5. L. Micha (Bel) 10.67; 6. J. Demec (Cz) 10.80; 7. L. Malin (Fin) 10.85.

Heat 2: (— 2.5m) 1. P. Mennea (Ita) 10.46; 2. K. Ehl (W Ger) 10.54; 3. A. Kornelyuk (USSR) 10.63; 4. A. Swierczynski (Pol) 10.73; 5. H.-J. Zenk (E Ger) 10.82; 6. E. Lepold (Hun) 10.97. M. Kralik (Cz) and J. Arame (Fra) scr.

Heat 3: (— 0.66m) 1. C. Garpenborg (Swe) 10.53; 2. K.-D. Bieler (W Ger) 10.54; 3. R. Vilen (Fin) 10.57; 4. Y. Silov (USSR) 10.62; 5. J. Martinez (Spa) 10.82; 6. D. HALLIDAY (UK) 10.86; 7. L. Korona (Hun) 10.95. Guerini (Ita) scr.

Heat 4: (— 1.0m) 1. A. Rajamaki (Fin) 10.58; 2. V. Papageorgopoulos (Gre) 10.59; 3. M. Ommer (W Ger) 10.59; 4. S. Schenke (E Ger) 10.70; 5. L. Gresa (Hun) 10.74; 6. M. Woronin (Pol) 10.77; 7. H. Trulsson (Swe) 10.78; 8. L. Bohman (Cz) 10.92.

WOMEN'S LONG JUMP: Qualifying

Qualifiers: (Pool A) P. Helenius (Fin) 6.57/

HERCULES WIMBLEDON A.C.

WIMBLEDON '10'

15th Annual Road Races

(Under A.A.A. Laws)

Sponsored by the London and Provincial
Paper Group

SATURDAY, OCTOBER 5th

AT WIMBLEDON PARK TRACK

Colts 2.00 p.m.

Boys 2.20 p.m.

Youths 2.45 p.m.

Seniors 3.15 p.m.

Prizes first 25 Senior Race; first 3 and Team Medals other races (6 run, 3 score). Enter as individuals.

Fees: Seniors 20p, others 10p.

Entries close October 1st to Geoff Moulden, 59 Lambton Road, London, S.W.20.

21'6½"; L. Alfeyeva (USSR) —, 6.36/20'10½"; A. Schmalfeld (E Ger) 6.05, 6.35/20'10" w; I. Szabo (Hun) 6.35; E. Suranova (Cz) 6.33/20'9½"; K. Lotova (USSR) 6.28, 6.10, 6.32/20'9"; T. Timockova (USSR) 6.32. (Pool B): I. Bruzsenyak (Hun) 5.93, 6.26, 6.51/21'4½"; V. Stefanescu (Rum) 6.28, 6.49/21'3½"; C. Janssen (Neth) 6.47/21'2½"; M. Voelzke (E Ger) 6.17, 6.40/21'0"; J. Nygrynova (Cz) 6.37/20'10½"; M. Antenen (Swi) 6.17, 6.24, 6.30/20'8" w.

Non-Qualifiers: M. Lambrou (Gre) 5.96, 6.02, 6.23/20'5½"; I. Lusti (Swi) 5.98, 6.13/20'1½"; 5.95; B. Wilkes (W Ger) —, 6.20, 6.27/20'7"; T. Rautanen (Fin) 6.27, —, 6.16 w; D. Cantineanu (Rum) 6.02, 6.18/20'3½"; 6.04. U. Meyer (Swi) & N. Cetin (Tur) scr.

WOMEN'S 400 METRES: Heats

(1st 3 & 4 fastest losers to semis)

As in the WAAA preliminaries, Donna Murray struck a bad patch—but this time there was no reprieve. Even though the top seed in her heat, Mariana Suman (51.2 this year), scratched in favour of the 800, Donna finished only fourth. She ran listlessly to clock 53.49 and, after a suspenseful wait, this was found to be insufficient to qualify her as a fastest loser (she needed to be two-tenths quicker). Donna has enjoyed an exceptional first season of serious 400m racing (the initial goal was merely to make the relay squad) and her turn will come. She has lost a battle, not the war. The standard was very high: in 1971 the 16 qualifiers for the semis clocked between 52.7 and 54.5; this time they ranged between 51.8 and 53.3. Verona Bernard ran confidently to qualify in 52.5, while Jannette Roscoe progressed as third fastest loser.

Heat 1: 1, N. Sokolova (USSR) 53.21; 2, J. Cerchlanova (Cz) 53.23; 3, D. Piecyk (Pol) 53.30; 4, D. MURRAY (UK) 53.49; 5, D. Forest (Fra) 55.35. M. Suman (Rum) Scr.

Heat 2: 1, R. Salin (Fin) 51.88; 2, A. Handt (E Ger) 52.21; 3, K. Kacperczyk (Pol) 52.76; 4, J. ROSCOE (UK) 53.28; 5, T. Wunderink (Neth) 53.30; 6, C. Walsh (RoI) 54.15.

Heat 3: 1, E. Streidt (E Ger) 51.79; 2, R. Wilden (W Ger) 51.91; 3, K. Kafer (Aut) 52.20; 4, R. Wallez (Bel) 52.82; 5, I. Barkane (USSR) 53.01; 6, G. Nowaczyk (Pol) 53.34.

Heat 4: 1, N. Ilyina (USSR) 52.30; 2, V. BERNARD (UK) 52.46; 3, J. Pavlicic (Yug) 53.11; 4, P. Wilmi (Fin) 53.43; 5, K. Claus (W Ger) 54.26; 6, I. Arva (Hun) 54.90. L. Diaconic (Rum) scr.

WOMEN'S 800 METRES: Heats

(1st 4 & 4 fastest losers to semis)

The progress here since Helsinki was even more marked. Then, no one ran faster than 2:04.8 in the heats; this time Rosemary Wright qualified as fourth fastest loser (16th overall) in her season's best time of 2:03.9 after being pulled through to a bell time of 58.4. Lesley

Kiernan (17) also fully justified her selection by reducing the UK junior record to 2:02.8, passing halfway in 59.5. Another fastest loser was Mary Purcell, who trimmed her Irish record to 2:02.8.

Heat 1: (57.5) 1, M-F. Dubois (Fra) 2:01.2; 2, E. Katolik (Pol) 2:01.4; 3, M. Suman (Rum) 2:01.5; 4, N. Morgunova (USSR) 2:01.7; 5, M. Purcell (RoI) 2:02.8; 6, B. Jennes (Den) 2:09.2. U. Meyer (Swi) scr.

Heat 2: (58.0) 1, G. Hoffmeister (E Ger) 2:02.6; 2, G. Klein (W Ger) 2:02.7; 3, N. Sabaite (USSR) 2:02.9; 4, N. Schtereva (Bul) 2:03.2; 5, A-M. Van Nuffel (Bel) 2:03.6; 6, R. WRIGHT (UK) 2:03.9. N. Cetin (Tur) scr.

Heat 3: (59.3) 1, L. Tomova (Bul) 2:02.1; 2, V. Gerasimova (USSR) 2:02.2; 3, W. Pohland (E Ger) 2:02.3; 4, G. Lindh (Swe) 2:02.3; 5, L. KIERNAN (UK) 2:02.8; 6, J. Januchta (Pol) 2:04.7. G. Dorio (Ita) scr.

400 METRES: Heats

(1st 4 & 4 fastest losers to semis)

Heat 1: 1, H-R. Schloske (W Ger) 45.92; 2, A. Brijdenbach (Bel) 46.00; 3, F. Demarthon (Fra) 46.11; 4, A. Scheibe (E Ger) 46.38; 5, P-O. Sjöberg (Swe) 46.63; 6, R. JENKINS (UK) 46.78; 7, R. Siedlecki (Pol) 47.35. J. Carvalho (Por) scr.

Heat 2: 1, B. Herrmann (W Ger) 46.30; 2, M. Kukkoaho (Fin) 46.38; 3, J. Utikal (E Ger) 46.44; 4, T. v. d. Goolberg (Neth) 46.46; 5, M. Cikir (Yug) 46.68; 6, M. Fredriksson (Swe) 47.01; 7, S. MARLOW (UK) 48.71. M. Tulis (Cz) scr.

Heat 3: 1, O. Karttunen (Fin) 46.50; 2, D. JENKINS (UK) 46.60; 3, E. Carlgren (Swe) 46.97; 4, K. Honz (W Ger) 46.98; 5, J. Alebic (Yug) 47.41; 6, P. Abetti (Ita) 47.80. K. Onisiforou (Gre) scr.

WOMEN'S SHOT: Final

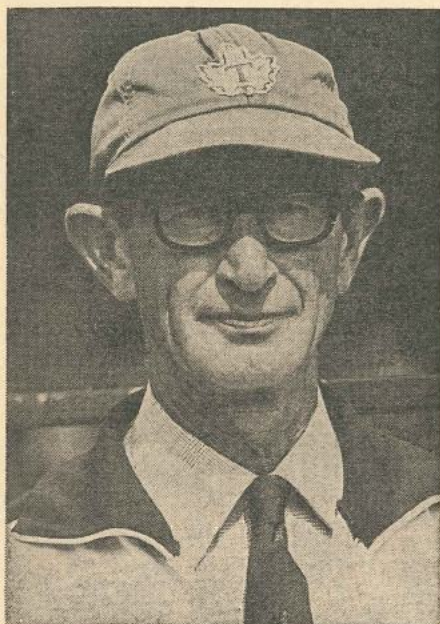
"No two ways about it: it has to be Chizhova v Fibingerova for the gold and silver". Trouble was I didn't consult Marianne Adam! The East German six-footer, a promising high jumper until she contracted a knee injury, opened up with 20.43/67'0½" and it was not until the 3rd round that Nadyezhda Chizhova overtook her with what proved to be the winning distance of 20.78/68'2½". It was her fourth successive European title, a feat previously accomplished only by Janis Lusis. Helena Fibingerova, expected to give the world record holder a hard fight, had to settle for the bronze instead. The gap between the Amazonian East Europeans and the rest grows ever wider. The only Western European to bother competing was Cinzia Petrucci, and she was unable to reach 15m.

1, NADYEZHDA CHIZHOVA (USSR) 20.78/68'2½" (Champ rec) (20.30, —, 20.78, 19.71, 20.19, —).

2, MARIANNE ADAM (E. Ger) 20.43/67'0½" (20.43, 20.18, 19.86, —, 20.09, 20.42).

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Ron Murray—Professional Athletics & Olympic High Jump Coach



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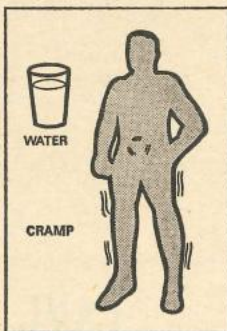
Many leading professional players and coaches believe that Accolade is vital to their match and training routines. Ron Murray says "The replacement of mineral salts lost in sweat, rather than just thirst-quenching, is most important to competitive performance".

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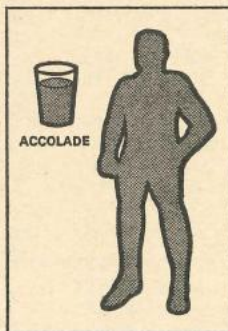
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3, HELENA FIBINGEROVA (Cz) 20.33/66'8½"
(20.14, 20.16, —, —, 19.79, 20.33).

4, IVANKA KHRISTOVA (Bul) 19.17/62'10¼"
(19.17, 19.04, —, —, 19.02, —).

5, LUDWIKA CHEWINSKA (Pol) 18.98/
62'3¼" (18.62, 18.76, 18.98, 18.57, 18.62, —).

6, MARITA LANGE (E Ger) 18.60/61'0¼"
(18.31, 18.53, 18.60, —, 18.50, 18.43).

7, ELENA STOYANOVA (Bul) 18.48/60'7¼"
(—, 18.39, 18.26, 18.08, —, 18.48).

8, ESFIR KRACHEVSKAYA (USSR) 18.27/
59'11¼" (17.39, 18.23, 18.19, —, 18.27, 18.05).

9, Y. Korablyeva (USSR) 18.17/59'7¼" (18.17,
17.75, —); 10, R. Bakhtschevanova (Bul) 17.97/
58'11¼" (16.36, 17.97, —); 11, C. Petrucci (Ita)
14.97/49'1¼" (14.97, —, —).

800 METRES: Heats

(1st 3 & 4 fastest losers to semis)

A bitter blow was the withdrawal through injury of Andy Carter, a strong medal contender had he been fit. Dave McMeekin found his way blocked in a desperate mêlée at the end of his heat (in which local hero Marcello Fiasconaro gave his fans some anxious moments before narrowly qualifying), and thus Britain's only semi-finalist was Steve Ovett who ran comfortably for second in 1:47.0 to fellow European junior champion Gheorghe Ghipu. Ovett was 6th at the bell, some 10m down on the leader (Ake Svensson 51.7), but moved up along the backstraight.

Heat 1: (51.9) 1, J. Van Wezer (Bel) 1:47.7; 2, G. Stolle (E Ger) 1:47.7; 3, M. Fiasconaro (Ita) 1:47.8; 4, H. Langenbach (W Ger) 1:47.9; 5, D. McMEEKIN (UK) 1:48.1; 6, A. Ballbe (Spa) 1:48.2; 7, G. Hasler (Lie) 1:50.2.

Heat 2: (51.7) 1, G. Ghipu (Rum) 1:46.9; 2, S. OVETT (UK) 1:47.0; 3, J. Plachy (Cz) 1:47.1; 4, V. Ponomarev (USSR) 1:47.1; 5, F. Mamede (Por) 1:47.5; 6, A. Svensson (Swe) 1:47.5; 7, W. Wulbeck (W Ger) 1:47.6.

Heat 3: (53.3) 1, L. Susanj (Yug) 1:48.4; 2, D. Fromm (E Ger) 1:48.6; 3, M. Taskinen (Fin) 1:48.7; 4, S-E. Nielsen (Den) 1:48.9; 5, J. Sisovsky (Cz) 1:48.9; 6, S. Mermingis (Gre) 1:49.8; 7, S-J. Svendsen (Nor) 1:50.9. S-T. Urlenk (Tur) scr.

Heat 4: (53.8) 1, H-H Ohlert (E Ger) 1:49.7;

2, M. Philippe (Fra) 1:49.8; 3, J. Schmid (W Ger) 1:49.9; 4, P. Litovchenko (USSR) 1:50.0; 5, N. Onescu (Rum) 1:50.1; 6, J. Kayser (Lux) 1:54.2. A. CARTER (UK) scr.

WOMEN'S 100 METRES: Heats

(1st 3 & 4 fastest losers to semis)

Heat 1: (— 0.99m) 1, R. Stecher (E Ger) 11.54; 2, S. LANNAMAN (UK) 11.76; 3, L. Haglund (Swe) 11.81; 4, W. van Gool (Neth) 11.95; 5, C. Molinari (Ita) 11.95; 6, B. Haest (Aut) 12.03.

Heat 2: (+ 0.40m) 1, I. Szwinska (Pol) 11.39; 2, L. Maslakova (USSR) 11.54; 3, B. Eckert (E Ger) 11.63; 4, Schittenhelm (W Ger) 11.75; 5, R. Bottiglieri (Ita) 12.08; 6, J. Szabo (Hun) 12.40. M. Lambrou (Gre) scr.

Heat 3: (+ 0.75m) 1, M-L. Pursiainen (Fin) 11.31 (eq Champ rec); 2, I. Helten (W Ger) 11.56; 3, H. GOLDEN (UK) 11.67; 4, Z. Karoly (Hun) 12.22; 5, S. Telliez (Fra) 12.98. M. Sidorova (USSR) scr.

Heat 4: (— 0.87m) 1, A. LYNCH (UK) 11.39; 2, A. Richter (W Ger) 11.41; 3, C. Heinrich (E Ger) 11.58; 4, T. Tchernikova (USSR) 11.79; 5, D. Jedrejek (Pol) 11.92; 6, L. Nappi (Ita) 12.01.

WOMEN'S 3000 METRES

When Joyce Smith narrowly failed to make the 1960 Olympic team as an 800m runner it would have seemed a far fetched notion to suggest that 14 years later she would, after all, get her chance of running in a major championship in Rome . . . and be a medal contender at that! In 1965 she stated that she would compete for "at the most two more track seasons" and it looked as though a useful but internationally undistinguished career was nearing its end. As is a woman's prerogative she changed her mind and British athletics has been much the richer for that decision. Joyce came back a much improved runner after the birth of her baby in 1968 and her career took on a firmer resolve when the 3000m event, for which Joyce was ideally suited, became an accepted event. She held the unofficial world's best for a while and earlier this summer became the fourth

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Entry Fees: Lake '15': Indiv. 20p. Relays: Team 20p.

Note: Newport H. Cross Country Relay will now be held on September 28th.

LAKE '15'

SATURDAY, OCTOBER 5th.

Entries and details from

MIKE CRITCHLEY,
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woman to better nine minutes. With husband Bryan and daughter Lisa in the crowd to lend support, Joyce knew that a medal was possible—although her whole world came close to being shattered just before the start when an official disallowed her racing shoes. A desperate rush to find a suitable pair was hardly the ideal warming-up situation.

The early pace was very slow, the first lap taking 72.7. Lyudmila Bragina went ahead just before 400 and the speed picked up, the world record holder passing 1000 in 2:57.4. Joyce, Nina Holmen, Paola Cacchi-Pigni, Natalia Andrei and Tamara Pangelova followed closely. Bragina reached 1500 in 4:29.9 and yielded soon afterwards to the Italian, struggling to find her best form after injury earlier this year. The second kilometre took 3:05.8 and the position at 2000 was that Cacchi-Pigni (6:03.2) led from Holmen (6:03.4), Smith (6:03.6) and Bragina, with Ann Yeoman—regaining contact as the mid-race pace slowed—in 8th place only 10m behind the leader.

The first four positions remained unchanged until Holmen pounced just before the bell. Joyce was the first to set off in pursuit but, urged on by the conspicuous Finnish supporters along the backstraight, Holmen was pulling away. There was to be no stopping her: a whole new tradition of Finnish distance running success was founded. Previously, no Finnish female had ever placed higher than 6th in a European track final. Nina Holmen, who had run 8:59.0 earlier this year, won this inaugural title in 8:55.2 for second place on the all-time list behind Bragina (8:52.8). Her last lap took 62.2, the final kilometre 2:51.8. Aged 22, Nina is 1.66/5'5½" tall, weighs a mere 50kg/110lb and began running 3000 in 1972 (9:29.2). Her best last year was 9:00.6 and she has clocked 4:11.6 for 1500.

Meanwhile, back at the race, Joyce held on to 2nd position until Bragina swept by early in the finishing straight but retained the bronze medal place in fine style ahead of Andrei, who improved from 9:16.0 to 8:59.0. Ann Yeoman was quite magnificent, finishing 7th in a personal best. Immediately behind her came Bragina's two compatriots, one of whom—Irine Bondarchuk—appears not to have reached the European qualifying standard of 9:10. She didn't do it in the race either. The temperature was 24°C (75°F) with the humidity figure released as 96 per cent.

1, NINA HOLMEN (Fin) 8:55.2 (Inaugural champ rec).

2, LYUDMILA BRAGINA (USSR) 8:56.2.

3, JOYCE SMITH (UK) 8:57.4.

4, NATALIA ANDREI (Rum) 8:59.0.

5, PAOLA CACCHI-PIGNI (Ita) 9:01.4.

6, BRONISLAWA LUDWICHOWSKA (Pol) 9:05.2.

7, ANN YEOMAN (UK) 9:07.0.

8, TAMARA PANGELOVA (USSR) 9:10.6.

9, I. Bondarchuk (USSR) 9:16.6; 10, R. Pentlinowska (Pol) 9:22.8; 11, E. Gustafsson (Swe) 9:24.2; 12, R. Tschavdarova (Bul) 9:31.0; 13, S. Castelein (Bel) 9:31.2; 14, M. Moser (Swi) 9:32.8; 15, C. Valero (Spa) 9:35.4; 16, U. Prasek

(Pol) 9:48.4. G. Hodey (W Ger) dnf. U. Kutlu (Tur) scr.

10,000 METRES

A British runner has yet to win an Olympic or European 10,000 title—but how agonisingly, wonderfully close Tony Simmons came. Full marks to Manfred Kuschmann, the new champion, for striking so decisively at just the right moment but he must share the honours with Tony who produced the finest and most gutsy run of his career. When Kuschmann made his move at the bell Tony alone attempted to go after him; with 200 remaining it looked as though nothing could stop the East German and Tony was mentally settling for the silver medal, but as they entered the final straight Tony realised that Kuschmann was weakening. The Luton runner pulled back almost the entire five-metre deficit before the tape stopped the fight in Kuschmann's favour. It was a nerve tingling sight, a thrilling finale to an intriguing race.

There was no collusion, but Tony Simmons and Bernie Ford shared much of the pacemaking. Simmons was ahead at 3000 (8:32.6), Ford at 4000 (11:25.4), Simmons at 5000 (14:16.6) and Ford again at 6000 (17:07.6). Both made the odd breakaway only to ease and be caught up. It was one of those races where a large pack is thinned out only slowly. Of the 31 starters (seven of whom failed to finish), 15 were still in contention at 7km, reached in 20:02.2 by Lasse Viren and Mariano Haro. Viren and Ford shared the lead at 8km (22:59.2) with another 12 men within a few metres of them. Following a brief spell out front by Dave Black, it was Haro and Viren who led the way past 9km in 25:51.8—and still there were twelve men, good and true, with a chance of winning.

The suspense was building up as the finish drew nearer. Viren moved ahead with 700 to go and one wondered whether the old magic had returned, but such thoughts were quickly scotched when Simmons went in front around the next bend. Coming up to the bell (27:30.4) it was Viren's turn again. Memories of Munich flooded back, again only for an instant. Before Viren, or anyone else, knew quite what was happening Manfred Kuschmann was legging it hard for home. The man who had impressed so much in the GDR v UK match and had recently re-emerged with a 7:48 3000 had stolen the race. Simmons hared off in pursuit, followed in turn by steeplechase ace Bronislaw Malinowski, but it looked like a lost cause. Kuschmann was 6m clear of Simmons with 200 to run and the Anglo-Welshman could make no impression . . . that is until the final straight was reached. Then came that prolonged lung-bursting challenge from Simmons that so nearly succeeded. It will be talked about for a long time to come. The speed of the last lap might not have been of Helsinki '71 vintage but was, in all conscience, fast enough. Kuschmann covered it in 55.4, Simmons

in under 55. Having the previous week run a 4:02 mile in training (his previous fastest was 4:03.1 way back in 1967 when he was 18), Tony knew his finish would not be bettered by many in the race and that silver medal made up for his disappointments in his two previous important international occasions: the European Cup Final and the Commonwealth Games.

A late run by Giuseppe Cindolo enabled Italy's marathon hope to win an unexpected bronze medal, and Viren finished up 7th although little more than 20m behind the winner. Britain would have won the team race! Kuschmann (24), who like Simmons has a good range of marks between 1500 and the marathon, began running 10,000 in 1969 (31:01.0) and has progressed to 29:04.2 (1970), 28:50.0 (1971), 28:28.2 (1972) and 28:09.6 (1974).

- 1, MANFRED KUSCHMANN (E Ger) 28:25.8.
- 2, TONY SIMMONS (UK) 28:25.8.
- 3, GIUSEPPE CINDOLO (Ita) 28:27.2.
- 4, BRONISLAW MALINOWSKI (Pol) 28:28.0.

- 5, NIKOLAY PUKLAKOV (USSR) 28:29.2.
- 6, KNUST BORO (Norway) 28:29.2.
- 7, LASSE VIREN (Fin) 28:29.2.
- 8, MARIANO HARO (Spain) 28:36.0.
- 9, D. BLACK (UK) 28:36.6; 10, B. FORD (UK) 28:37.4; 11, K. Lismont (Bel) 28:41.2; 12, P. Liardet (Fra) 28:42.8; 13, S. Hoffman (Cz) 28:44.4; 14, L. Floroiu (Rum) 28:51.8; 15, H. Nogala (Pol) 29:04.8; 16, P. Suchan (Cz) 29:06.0; 17, A. Risa (Nor) 29:07.4; 18, P. Svet (Yug) 29:08.4; 19, P. Paivarinta (Fin) 29:21.6; 20, J. Jansky (Cz) 29:23.2; 21, K-H. Leiteritz (E Ger) 29:32.6; 22, J. Hermens (Neth) 29:41.0; 23, E. Legowski (Pol) 29:49.6; 24, M. Koussis (Gre) 29:54.6. F. Fava (Ita), M. Smet (Bel), D. Uhlemann (W Ger), C. Lopes (Por), P. Halle (Nor), V. Zotov (USSR) & W. Polleunis (Bel) dnf. M. Kalemoglu (Tur) & A. Simoes (Por) scr. Kilometre times: 2:44.6, 5:39.0 (2:54.4), 8:32.6 (2:53.6), 11:52.4 (2:52.8), 14:16.6 (2:51.2), 17:07.6 (2:51.0), 20:02.2 (2:54.6), 22:59.2 (2:57.0), 25:51.8 (2:52.6), 28:25.8 (2:34.0).

SECOND DAY: Tuesday, September 3rd

DISCUS: Qualifying

Bill Tancred at his best capable of placing in the first eight, failed to reach the requisite 58m, as did John Hillier. Bitterly disappointed for the second time this year (losing to Robin Tait in Christchurch was the first blow), Bill said he may be retiring.

Qualifiers: L. Danek (Cz) 61.60/202'1"; P. Kahma (Fin) 61.06/200'4"; G. Fejer (Hun) —, 60.08/197'1"; V. Velev (Bul) —, 59.50/195'2"; V. Penzikov (USSR) —, 59.50; G. Muller (E Ger) 59.46/195'1"; L. Gajdzinski (Pol) 59.42/194'11"; A. De Vincentis (Ita) 57.88, 57.90, 59.04/193'8"; W. Schmidt (E Ger) 58.90/193'3"; H-D. Neu (W Ger) 55.24, —, 58.80/192'11"; R. Bruch (Swe) 58.40/191'7"; S. Pachale (E Ger) 58.28/191'2"; S. Simeon (Ita) 57.84, —, 58.22/191'0"; F. Tegla (Hun) 56.92, —, 58.16/190'10"; J. Tuomola (Fin) 58.00/190'3".

Non-Qualifiers: M. Tuokko (Fin) —, 52.92, 57.82/189'8"; V. Zhurba (USSR) 54.84, 56.98, 57.62/189'0"; W. TANCRED (UK) 52.38, 57.36/188'2"; 56.48; J. Muranyi (Hun) —, —, 57.36/188'2"; S. Wolodko (Pol) 57.24/187'9"; 56.62, 56.98; J. Silhavy (Cz) 54.76, 57.04/187'2"; 56.88; J. HILLIER (UK) —, —, 55.58/182'4"; N. Tsiaras (Gre) —, —, 55.58.

LONG JUMP: Qualifying

Pool 1: J. Rousseau (Fra) 7.65, 7.83/25'8½"; M. Klauss (E Ger) —, 7.67/25'2"; 7.60; N. Stekic (Yug) 7.04, 6.57, 7.67/25'2"; R. Blanquer (Spa) 7.66/25'1½", —, 7.02; F. Wartenberg (E Ger) 7.35, 7.62/25'0", 7.52. **Non-Qualifiers:** G. Zante (Fra) 7.17, —, 7.51/24'7½"; G. Cybulski (Pol) 7.30, 7.17, 7.50/24'7½"; S. Szudrowicz (Pol) 7.48/24'6½", —, —; Z. Beta (Pol) 7.13, —,

7.47/24'6½"; J-F. Bonheme (Fra) 6.98, —, 7.43/24'4½"; U. Jarfeldt (Swe) —, 7.41/24'3½", —, K. Floegstad (Nor) scr.

Pool 2: V. Podluzhnyi (USSR) 7.52, 7.48, 7.91/25'11½"; R. Bernhard (Swi) 7.49, 7.05, 7.77/25'6"; H. Baumgartner (W Ger) 7.73/25'4½"; T. Lepik (USSR) 7.57, 7.72/25'4"; E. Schubert (USSR) 7.72; W. Lauterbach (E Ger) 7.40, 7.52, 7.68/25'2½"; A. LERWILL (UK) 7.42, —, 7.67/25'2". **Non-Qualifiers:** D. Iordache (Rum) 7.58/24'10½", 7.33, 7.55; P-C. Molinaris (Ita) —, 7.32, 7.53/24'8½"; J. Busse (W Ger) 7.30; 7.49/24'7", —; U. Kowring (W Ger) —, —, 7.37/24'2½". A. Kathiniotis (Gre) scr.

HIGH JUMP: Qualifying

Qualifiers: R. Sainte-Rose (Fra), G. Moreau (Bel), I. Major (Hun), J. Toerring (Den), R. Bergamo (Ita), V. Maly (Cz), D. Patronis (Gre), G. Ferrari (Ita), K. Sapka (USSR), V. Abramov (USSR), A. Pesonen (Fin), J. Wszola (Pol), L-R. Falkum (Nor), B. Brokken (Bel) all cleared 2.14/7'0½".

Non-Qualifiers: E. Kelemen (Hun), R. Moravec (Cz), W. Boller (W Ger), L. Nyman (Swe), F. Bonnet (Fra), P. Szorad (Hun), V. Papadimitriou (Gre), S. Molotilov (USSR), P. De Preter (Bel) & G. Marqueta (Spa) 2.11/6'11"; E. Del Forno (Ita), R. Almen (Swe), M. Perarnau (Spa) & P. Poaniewa (Fra) 2.08/6'9½"; D. Temin (Yug) & J. Wrzosek (Pol) 2.05/6'8½". P. Maerchi (Swi) and S. Ioan (Rum) scr.

100 METRES: Semis

(1st 4 to final)

Heat 1: (+ 2.0m) 1, V. Borzov (USSR) 10.39; 2, M. Ommer (W Ger) 10.42; 3, C. Garpenborg

(Swe) 10.42; 4, A. Kornelyuk (USSR) 10.45; 5, K. Ehl (W Ger) 10.50; 6, R. Vilen (Fin) 10.52; 7, L. Micha (Bel) 10.55; 8, M. Droese (E Ger) 10.59.

Heat 2: (+ 1.43m) 1, D. Chauvelot (Fra) 10.28 (Champ rec); 2, P. Mennea (Ita) 10.29; 3, Y. Silov (USSR) 10.36; 4, K-D. Bieler (W Ger) 10.44; 5, V. Papageorgopoulos (Gre) 10.44; 6, A. Rajamaki (Fin) 10.46; 7, Z. Nowosz (Pol) 10.61; 8, S. Schenke (E Ger) 10.69.

WOMEN'S LONG JUMP: Final

Ilona Bruzsenyak had trouble with her run-up in the qualifying round (she only made it to the final on her last jump), and again in the final. For four rounds she was well out of it: Pirkko Helenius, another Finnish revelation, led for two rounds with her 6.59/21'7½" opener (+ 1.43m/sec wind) and Eva Suranova took up the running in the 3rd round with 6.60/21'8" (+ 0.7m). After four rounds the Hungarian all-rounder was languishing in 6th place with a wind-aided 6.43/21'1½". At last, in the 5th, she hit the board properly and leapt out to 6.65/21'10" (+ 1.43m), her best ever distance legally although it may be recalled that she registered a windy 6.83/22'5" last year during a pentathlon. Angela Schmalfeld the favourite, never clicked in the manner expected and her 6.56/21'6½" (+ 3.64m) sufficed only for 4th, the same distance being jumped, but with only an 0.4m wind in her favour, by 17-year-old Marianne Voelzke, the world junior record holder.

1, ILONA BRUZSENYAK (Hun) 6.65/21'10" (6.26w, 6.25, 6.37, 6.43w, 6.65, 6.41).

2, EVA SURANOVA (Cz) 6.60/21'8" (6.57, —, 6.60, 6.57, 6.50, —).

3, PIRKKO HELENIUS (Fin) 6.59/21'7½" (6.59, —, —, 6.48, —, 6.49).

4, ANGELA SCHMALFELD (E Ger) 6.56/21'6½" (—, 6.32w, 6.44, —, 6.56w, —).

5, MARIANNE VOELZKE (E Ger) 6.56 (—, 6.42, 6.56, —, —, 6.31).

6, LIDIA ALFEYEVA (USSR) 6.54/21'5½" (6.43w, 6.24, 6.36w, 6.37, 6.54w, 6.44).

7, TATYANA TIMOCKOVA (USSR) 6.50/21'4" (5.69, 6.19, 6.50w, —, 6.13, 6.37).

8, META ANTENEN (Swi) 6.33/20'9¼" (6.33, 6.32, 6.17, 6.03, 5.96, 6.08).

9, I. Szabo (Hun) 6.32/20'9" (6.29, 6.32, 6.23); 10, K. Lotova (USSR) 6.29/20'7½" (6.21, —, 6.29); 11, J. Nygrynova (Cz) 6.28/20'7¼" (6.28, 6.11, 5.99); 12, V. Stefanescu (Rum) 6.25/20'6¼" (6.18, —, 6.25). C. Janssen (Neth) scr.

WOMEN'S JAVELIN: Final

When it comes to an important occasion few athletes respond quite so emphatically as Ruth Fuchs. She won the Olympic title in Munich, broke the world record on her first throw in the European Cup Final, and here in Rome she destroyed any illusions (born of two defeats this season) that the magic has gone. Ruth really excelled herself this time—her second throw sailed out way beyond the furthest line marked, that of 60m. Her Meadowbank world record stood at 66.10/216'10", itself considered a phenomenal throw, and yet that distance was obliterated . . . 67.22/220'6" no less! After 14 seasons of throwing Ruth has perfected a superb technique, allied to strength and athleticism, and she is convinced that further improvement will come. She reached 40m for the first time in 1963, aged 16, 50m in 1965, 60m in 1970 and 65m in 1972. Her 1974 target stands at 68m (223'1") and feels she must throw 70m (229'8") for victory in Montreal.

The battle for the remaining medals was interesting. Natasa Bezjak-Urbancic looked to have the silver medal sewn up with her 5th round 61.66/202'3" but Olympic runner-up Jacqueline Todten improved from 4th to 2nd with her final attempt of 62.10/203'9".

1, RUTH FUCHS (E Ger) 67.22/220'6" (World record) (62.36, 67.22, 60.20, —, 49.98, —).

2, JACQUELINE TODTEN (E Ger) 62.10/203'9" (58.50, 54.38, 56.96, 59.14, 55.92, 62.10).

3, NATASA URBANCIC (Yug) 61.66/202'3" (—, 59.26, 59.58, 58.12, 61.66, —).

4, LUTVJAN MOLLOVA (Bul) 60.80/199'6" (57.82, 58.00, 55.84, 60.06, —, 60.80).

FRODSHAM LADIES RACES

(Under N.C.W.C.C. and R.W.A. Rules)

SUNDAY, OCTOBER 6th, 1974

3000m Ladies Race £10, £5, £3, £1. Ind. Entry fee 20p. Age 16 and over 1/9/74. Trophy for First Team of Three.

3000m Intermediates Race £5, £3, £2, £1. Ind. Entry fee 20p. Age 15 and 16 on 1.9.74. Foundation Trophy for First Team of Three—holders: Warrington A.C.

3 x 1200m Junior Girls Relay 3 x £3, 3 x £2, 3 x £1. Team Entry fee 50p. Age 13 and 14 on 1/9/74. Beswick Trophy—holders: Warrington A.C.

3 x 1200m Minor Girls Relay 3 x £3, 3 x £2, 3 x £1. Team Entry fee 50p. Age 11 and 12 on 1/9/74. Frodsham Plaque—holders: Bromsgrove and Reddich A.C.

3 x 600m 'Mini-Minor' Relay Awards for first 3 teams. Team Entry fee 40p. Age 9 and 10 on 1/9/74. Arena Sports Trophy.

(On grass—spike course.)

Enquiries and Entries to K. A. Riddoch, 32 Grasmere Road, Frodsham, via Warrington WA6 7LG.

ENTRIES CLOSE SEPTEMBER 23rd, 1974

(Advertisement)

SOUTHERN COUNTIES (U.K.) JOINT COACHING COMMITTEE**National Coaches:** T. McNab, 287 Camp Road, St. Albans, Herts.

D. Kay, 'Walnut House', The Street, Ubley, Bristol BS18 6PA.

Staff Coaches: R. Holman (Middle Distance), 94 The Drive, Bexley, Kent DA5 3BL.

C. Milton (Long Distance), 20 Seaton Drive, Ashford, Middlesex.

D. Davies (Steeplechase), 10 Beacon Close, Uxbridge, Middlesex.

G. Tymms (Hurdles—Men), 121 Friarswood, Pixton Way, Croydon, Surrey.

G. Stratford (Hurdles—Women), 2 Austin Avenue, Bickley, Kent.

R. Murray (High Jump), 11 New Farm Avenue, Bromley, Kent.

B. Persighetti (Long Jump—Men), 46 Tunbridge Road, Southend-on-Sea, Essex.

K. Woolcott (Long Jump—Women), 24 Pasture Road, Wembley, Middlesex.

L. Hooper (Pole Vault), 62 Albert Drive, Sheerwater, Woking, Surrey.

G. Adams (Triple Jump), 19 Wrenwood, Welwyn Garden City, Herts.

B. Longden (Decathlon), 14 Cobner Close, Gossops Green, Crawley, Sussex.

R. Snow (Pentathlon), 24 Orchard Close, Great Oakley, Harwich, Essex.

O. Feldmanis (Discus), 11 Eatonville Road, Tooting, London, S.W.17.

Mrs. M. Whitbread (Javelin), 116 Godman Road, Chadwell St. Mary, Grays, Essex.

R. Bowden (Hammer), 70 Grove Hill, London, E.18.

NATIONAL COACHES CLINICS

Tom McNab and Dave Kay will make themselves available at Crystal Palace on two days each month, commencing October 1974 for coaches and their athletes to attend for advice.

For further details, please contact either T. McNab or D. Kay.

CHRISTMAS YOUNG ATHLETES COURSE

(Restricted to athletes from Southern Area.)

December 28th/31st, 1974, at Crystal Palace.

Technical Directors: D. Kay, T. McNab.

Course Fee: £7.00.

Applications to Course Director,

D. Patey, Esq., 5 High Street, Stanstead Abbots, Herts. Tel.: Ware 870858.

WINTER TRAINING CAMPS

Six camps will be held at Crystal Palace on the following dates:

Participants will be selected by the Staff Coaches.

November 22nd/24th, 1974.

December 6th/8th, 1974.

January 24th/26th, 1975.

February 14th/16th, 1975.

March 21st/23rd, 1975.

April 11th/13th, 1975.

Admin. Director: A. J. Norman, Esq., 141 Clareville Road, Orpington, Kent.

CLUB TEACH-INS AND COACHES COURSES

Each club is responsible for its own coaching system but Tom McNab and Dave Kay assisted by Staff Coaches are available to visit your club.

For further details contact either T. McNab or D. Kay.

- 5, SABINE KARGEL (E Ger) 57.10/187'4"
(57.10, 55.90, 53.86, —, —, 51.82).
6, FELICJA KINDER (Pol) 57.02/187'1"
(57.02, 54.26, 55.18, 54.20, 56.16, 53.88).
7, TATYANA ZHIGALOVA (USSR) 56.64/
185'10" (—, 56.64, —, 55.08, —, 50.80).
8, AMELI KOLOSKA (W Ger) 56.36/184'11"
(55.02, 53.86, 56.36, 53.72, —, 53.42).
9, E. Janko (Aut) 55.16/181'0" (55.16, —,
—); 10, E. Zorgo (Rum) 54.44/178'7" (54.44,
54.38, —); 11, D. Jaworska (Pol) 54.02/177'3"
(54.02, —, 53.26); 12, I. Pecec (Rum) 52.18/
171'2" (49.48, 52.18, 52.16).

WOMEN'S 100 METRES: Semis

(1st 4 to final)

Andrea Lynch had an indifferent run by her standards and must have been relieved to reach the final with such a performance.

Heat 1: (— 0.8m) 1, M-L. Pursiainen (Fin) 11.34; 2, A. Richter (W Ger) 11.34; 3, R. Stecher (E Ger) 11.38; 4, C. Heinich (E Ger) 11.48; 5, S. LANNAMAN (UK) 11.53; 6, H. GOLDEN (UK) 11.59; 7, T. Tchernikova (USSR) 11.75; 8, D. Jedrejek (Pol) 11.90.

Heat 2: (— 1.37m) 1, I. Szwinska 11.15 (Champ rec); 2, L. Maslakova (USSR) 11.35; 3, B. Eckert (E Ger) 11.43; 4, A. LYNCH (UK) 11.4; 5, E. Schittenhelm (W Ger) 11.49; 6, I. Helten (W Ger) 11.65; 7, W. van Gool (Neth) 11.70; 8, L. Haglund (Swe) 11.72.

400 METRES HURDLES: Semis

(1st 4 to final)

Alan Pascoe dispelled any lingering doubts as to his ability—with regard to his recent injuries—to reach the final. He clocked his fastest time of the summer and helped eliminate one of the favourites, Miroslav Kodejs.

Heat 1: 1, D. Stukalov (USSR) 49.67; 2, A. PASCOE (UK) 49.77; 3, S. Tziortzis (Gre) 49.79; 4, R. Ziegler (W Ger) 49.87; 5, M. Kodejs (Cz) 49.93; 6, F. Aumas (Swi) 50.46; 7, Y. Bratanov (Bul) 50.66; 8, J. Mayer (E Ger) 50.71.

Heat 2: 1, Y. Gavrilenko (USSR) 49.63; 2, J. Hewelt (Pol) 49.79; 3, J-C. Nallet (Fra) 49.79; 4, V. Savchenko (USSR) 49.88; 5, K. Schonberger (E Ger) 50.04; 6, W. HARTLEY (UK) 50.55; 7, F. Nüsse (Neth) 51.14; 8, I. Danis (Cz) 53.28.

20 KILOMETRES WALK

A reconstruction of Dorando Pietri's Olympic marathon tragedy was among the items featured at the Opening Ceremony. A similar drama, but played for real, occurred at the finish of the 20km road walk conducted in a temperature of 25/26°C with humidity at 95 per cent. Walking the race of his life, Roger Mills entered the stadium in fourth place but in such a state of heat exhaustion that he hardly knew where he was. It was reminiscent of Ken Matthews' Rome experience at the 1960 Olympics, only whereas

Ken collapsed out on the road in Roger's case he managed to keep going until the finish. Weaving alarmingly all over the track in the final straight (he was out in the 5th lane at one point) his instinct kept him going until within a stride or two of the line. For an instant one feared he was going to topple over backwards but he recovered sufficiently to cross the finish. He collapsed, and was rushed out of the arena. What a gritty performance this was from Mills, a man who gives his all for walking.

The winner, gaining his first European title (he was injured in 1969 and 1971), was none other than Vladimir Golubnichiy, Olympic champion in 1960 and 1968, bronze medallist in 1964, silver medallist in 1972. Now 38, he set his first world track record half a lifetime ago, in 1955, and yet he is the king again. Leading throughout, he passed 10km in 45:04.0, built up a 24sec advantage over Bernd Kannenberg by 15km (1:06:54 to 1:07:18) and held on to enough of it to win by some 30m in 1:29:30.0. This pair of all-time greats finished over two minutes clear of the next man, while Mills moved up from 9th at 10km to 6th at 15km and finally 4th in 1:32:33.8. Amos Seddon excelled also, picking up several places during the last 5km to finish 7th. Casualties were high: the entire GDR trio was laid low (Stadtmuller disqualified, Zschiegner 12th, Olympic champion Frenkel retired soon after halfway) and three others failed to finish.

Positions at 10km: Golubnichiy, Lelievre 45:04.0; Kannenberg, Stadtmuller 45:04.2; Frenkel 45:04.4; Zhaloshik 45:17.0, Ivchenko 45:17.2, Zambaldo 45:37.0, Mills 45:49.4, Semerdjoev 46:01.2.

Positions at 15km: Golubnichiy 1:06:54, Stadtmuller 1:07:06, Lelievre 1:07:15, Kannenberg 1:07:18, Zhaloshik 1:08:12, Mills 1:08:28, Ivchenko 1:09:02, Zambaldo 1:09:11, Ornoch 1:09:40, Bellucci 1:10:29.

1, VLADIMIR GOLUBNICHY (USSR) 1:29:30.0.

2, BERND KANNENBERG (W Ger) 1:29:38.2.

3, VLADMIR ZHALOSHNIK (USSR) 1:31:48.0.

4, ROGER MILLS (UK) 1:32:33.8.

5, ARMANDO ZAMBALDO (Italy) 1:33:04.8.

6, JAN ORNOCH (Poland) 1:33:19.6.

7, AMOS SEDDON (UK) 1:34:17.6.

8, SANDRO BELLUCCI (Italy) 1:34:52.4.

9, H. Tenggren (Swe) 1:35:47.0; 10, V. Galusic (Yug) 1:36:32.2; 11, O. Hemmingsson (Swe) 1:37:07.6; 12, S. Zschiegner (E Ger) 1:37:45.0; 13, E. Semerdjoev (Bul) 1:39:42.4; 14, M. Vala (Cz) 1:39:50.8; 15, J-C. Decasse (Fra) 1:39:54.8; 16, Y. Ivchenko (USSR) 1:39:56.0. V. Visini (Ita), C. Karagiorgos (Gre), G. Lelievre (Fra) and P. Frenkel (E Ger) dnf; K-H. Stadtmuller (E Ger) disq.

WOMEN'S 800 METRES: Semis

(1st 4 to final)

Marie-Francoise Dubois, a natural successor to

Maryvonne Dupureur (whose French record she broke in the heats), set a blistering pace of 56.7 at 400 and 87.2 at 600. Mariana Suman gathered her in along the straight as both ran very close to 2min. Rosemary Wright, trailing by some 15m at the bell, still clocked 58.8 for the first lap. She is thinking of moving up to 1500 next year. Lesley Kiernan was eliminated also, losing contact in the final straight after a 60.2 first lap.

Heat 1: (56.7) 1, M. Suman (Rum) 2:00.2; 2, M-F. Dubois (Fra) 2:00.3; 3, V. Gerasimova (USSR) 2:00.8; 4, G. Klein (W Ger) 2:01.5; 5, W. Pohland (E Ger) 2:01.9; 6, M. Purcell (RoI) 2:04.0; 7, N. Schtereva (Bul) 2:04.1; 8, R. WRIGHT (UK) 2:04.9.

Heat 2: (59.8) 1, G. Hoffmeister (E Ger) 2:03.0; 2, E. Katolik (Pol) 2:03.1; 3, L. Tomova (Bul) 2:03.3; 4, N. Morgunova (USSR) 2:03.6; 5, A-M. Van Nuffel (Bel) 2:04.1; 6, L. KIERNAN (UK) 2:05.4. N. Sabaite (USSR) and G. Lindh (Swe) scr.

800 METRES: Semis

(1st 4 to final)

Another self-assured run from Steve Ovett, who moved up from fourth to first on the inside coming up to 600m. Later he tucked in behind Luciano Susanj and pipped him involuntarily as the Yugoslav eased.

Heat 1: (52.2) 1, S. OVETT (UK) 1:47.1; 2, L. Susanj (Yug) 1:47.2; 3, G. Stolle (E Ger) 1:47.4; 4, W. Wulbeck (W Ger) 1:47.4; 5, M. Philippe (Fra) 1:47.5; 6, A. Svensson (Swe) 1:47.7; 7, J. Plachy (Cz) 1:47.9; 8, H-H. Ohlert (E Ger) 1:48.6.

Heat 2: (52.4) 1, V. Ponomarev (USSR) 1:47.6; 2, M. Fiasconaro (Ita) 1:47.7; 3, D. Fromm (E Ger) 1:47.7; 4, M. Taskinen (Fin) 1:47.7; 5, G. Ghipu (Rum) 1:47.8; 6, J. Van Wezer (Bel) 1:48.0; 7, F. Mamede (Por) 1:48.5; 8, J. Schmid (W Ger) 1:48.6.

100 METRES: Final

No athlete in these Championships was the subject of so many rumours as Valeriy Borzov. Depending on the source, he was: (a) in fantastic form, as good as ever he was; (b) fit to run but not at his best; (c) totally out of form and uncertain even to start. Version (b) proved to be closest to the mark. Borzov showed that he is still the undisputed champion of Europe, retaining the title he won in Athens and defended in Helsinki, but is not the great sprinter we saw in Munich. His performance was adequate in all departments but the verve and exhilaration were lacking as he finished less than a metre ahead of an average bunch of sprinters. Just two-hundredths of a second (about 8") separated second from sixth!

1, VALERIY BORZOV (USSR) 10.27 (Champ rec).

2, PIETRO MENNEA (Italy) 10.34.

3, KLAUS-DIETER BIELER (W Ger) 10.35.

4, YURIY SILOV (USSR) 10.35.

5, DOMINIQUE CHAUVELOT (Fra) 10.35.

6, MANFRED OMMER (W Ger) 10.36.

7, CHRISTER GARPENBORG (Swe) 10.39.

8, ALEKSANDR KORNELIYUK (USSR) 10.43.

Wind: — 1.0m/sec.

WOMEN'S 100 METRES: Final

Renate Stecher had her chance—she was away and into her running in smart style—but Irena Szewinska simply gobbled her up once she reached full stride. Stecher, slimmer since we last saw her, stayed ahead for 60-70m but such was Szewinska's rush of speed that by the finish she was a full metre ahead. This has to be rated among the great sprints of all time: 11.13 on fully automatic timing (which would probably have been 10.9 at worst by East European hand timing) and into a breeze of 1.2m/sec! Irena thus won her first European 100m crown, for she was second to Ewa Klobukowska in 1966, was pregnant in 1969 and only sixth in 1971. The world's best time, electrically, is 11.07 by Wyomia Tyus and Stecher.

The other success story of the race was Andrea Lynch, who ran a brilliant race to snatch the bronze medal which looked to be hers before the Championships started but which seemed less likely in view of her disappointing semi-final and the fine form being shown by Mona-Lisa Pursiainen. "I was very low after the semi-final", said Andrea. "I barely qualified and felt lifeless. Then I had a long chat with Tom McNab and he got me feeling more confident about the final. He told me we had worked too hard to blow it with a similar run in the final. Raelene (Boyle) lent me the spikes she wore in the Christchurch final and they felt really light and comfortable and I went up to my blocks feeling much better. My start was not my best but it was pretty well one of my best starts ever, and I was able to come out with Stecher and then only Szewinska got past me. My finish was strong." It was indeed the best Andrea has shown, and it was good enough to pull her comfortably clear of the rest, Andrea finished only 5/100sec down on Stecher to cap a remarkable season.

1, IRENA SZEWINSKA (Pol) 11.13 (Champ rec).

2, RENATE STECHER (E Ger) 11.23.

3, ANDREA LYNCH (UK) 11.28.

4, LUDMILA MASLAKOVA (USSR) 11.36.

5, ANNEGRET RICHTER (W Ger) 11.36.

6, MONA-LISA PURSIAINEN (Fin) 11.42.

7, BARBEL ECKERT (E Ger) 11.46.

8, CHRISTINA HEINICH (E Ger) 11.63.

Wind: — 1.2m/sec.

WOMEN'S 400 METRES: Semis

(1st 4 to final)

Verona Bernard was not troubled unduly in

qualifying; while Jannette Roscoe did all that could be asked of her by breaking 53sec for the first time.

Heat 1: 1, E. Streidt (E Ger) 51.40 (Champ rec); 2, R. Wilden (W Ger) 51.46; 3, N. Ilyina (USSR) 51.65; 4, J. Pavlicic (Yug) 51.87; 5, K. Kacperczyk (Pol) 52.07; 6, J. ROSCOE (UK) 52.85; 7, R. Wallez (Bel) 53.02; 8, T. Wunderink (Neth) 53.46.

Heat 2: 1, R. Salin (Fin) 51.46; 2, A. Handt (E Ger) 51.67; 3, K. Kafer (Aut) 52.14; 4, V. BERNARD (UK) 52.18; 5, I. Barkane (USSR) 52.52; 6, D. Piecyk (Pol) 52.92; 7, J. Cerchlanova (Cz) 53.77; 8, N. Sokolova (USSR) 53.82.

400 METRES: Semis

(1st 4 to final)

Poor Alfons Brijdenbach. The European junior

champion, co-favourite for this title, learned the hard way that it is foolish to be too casual in championship semi-finals. While ambling along, supposedly safe in fourth place, he was overtaken in a blaze of speed by Mikael Fredriksson . . . and the Belgian 45.0 performer was out, a bonus for David Jenkins, who won in a controlled 45.93.

Heat 1: 1, K. Honz (W Ger) 46.24; 2, F. Demarthon (Fra) 46.28; 3, M. Kukkoaho (Fin) 46.29; 4, E. Carligen (Swe) 46.51; 5, J. Utikal (E Ger) 46.62; 6, H-R. Schloske (W Ger) 46.64; 7, P-O. Sjoberg (Swe) 46.68; 8, R. JENKINS (UK) 47.30.

Heat 2: 1, D. JENKINS (UK) 45.93; 2, O. Karttunen (Fin) 46.36; 3, M. Fredriksson (Swe) 46.39; 4, B. Herrmann (W Ger) 46.40; 5, A. Brijdenbach (Bel) 46.43; 6, M. Cikir (Yug) 47.04; 7, A. Scheibe (E Ger) 47.24; 8, T. v. d. Goolberg (Neth) 47.40.

THIRD DAY: Wednesday, September 4th

SHOT: Qualifying

Qualifiers: (Pool 1) R. Stahlberg (Fin) 19.48/63'11"; H. Briesenick (E Ger) 18.13, 19.37/63'6"; O. Lindskold (Den) 19.30/63'4"; V. Stoev (Bul) 18.62, 19.29/63'3"; A. Baryshnikov (USSR) 19.10/62'8"; J. Vlk (Cz) 18.24, 19.09/62'7". (Pool 2): W. Komar (Pol) 20.00/65'7"; R. Rei-

chenbach (W Ger) 19.61/64'4"; U. Beyer (E Ger) 19.57/64'2"; G. CAPES (UK) 19.37/63'6"; M. WINCH (UK) 18.25, 19.29/63'3"; J. Brabec (Cz) 19.21/63'0"; V. Voikin (USSR) 19.16/62'10".

Non-qualifiers: N. Khristov (Bul) 18.37, 18.59/61'0"; —; M. Janousek (Cz) 18.56/60'10"; —; —; H. Haldorsson (Ice) 18.04, —, 18.28/59'11"; A. Gropelli (Ita) —, 18.06/59'3"; —; H. Hoglund (Swe) 17.47, 17.45, 17.99/59'0"; J. Forst (W Ger) 17.40, 17.74/58'2"; 17.48; M. Breczewski (Pol) 17.22, 17.49/57'4"; 17.04.

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LONG JUMP: Final

The competition was settled in the first round: Valeriy Podluzhnyi, the man nominated by Igor Ter-Ovanesyan two years ago as his successor ('a fast jumper with good run-up speed who is still not stretched to the limit and has great prospects'), leapt a windy 8.12/26'7" (+ 2.8m) and nobody else, until the final round, reached 8 metres. Podluzhnyi, a Ukrainian who was European junior long and triple jump champion in 1970, found that his strongest opposition came not from Olympic silver medallist Hans Baumgartner or defending champion Max Klauss, but from his internationally unknown team-mate Yevgeniy Shubin (7.62/25'0" last year) who set a personal best of 7.98/26'2" in the first round and from Nenad Stekic, who opened with a windy 7.94/26'0" and challenged hard with 7.96/26'1" in the fifth and 8.05/26'5" in the final round. Podluzhnyi, a 10.4 sprinter, himself finished strongly with 8.04/26'4" and 8.10/26'7". Baumgartner had a number of very long fouls and in the event was hard pressed to hold fourth place ahead of Rolf Bernhard, who set a Swiss record of 7.91/25'11". Alan Lerwill fell 5cm short of qualifying for three extra jumps, and was placed ninth.

- 1, VALERIY PODLUZHNIY (USSR) 8.12/26'7 $\frac{1}{2}$ "w (8.12w, 7.94, 7.88w, —, 8.04, 8.10).
- 2, NENAD STEKIC (Yug) 8.05/26'5" (7.94w, 7.03w, 7.70, 7.70, 7.96, 8.05).
- 3, YEVGENIY SHUBIN (USSR) 7.98/26'2 $\frac{1}{2}$ " (7.98, —, 7.89w, —, 7.85w, —).
- 4, HANS BAUMGARTNER (W Ger) 7.93/26'0 $\frac{1}{4}$ " (—, —, 7.91w, —, 7.93, —).
- 5, ROLF BERNHARD (Swi) 7.91/25'11 $\frac{1}{2}$ " (7.80w, 7.48, —, 7.91, 6.37, 7.17w).
- 6, WOLFRAM LAUTERBACH (E Ger) 7.87/25'10" (7.78, 7.72, 5.88, —, —, 7.87).
- 7, MAX KLAUSS (E Ger) 7.73/25'4 $\frac{1}{2}$ " (—, 7.73, 7.67, —, 7.73, P).
- 8, TONU LEPIK (USSR) 7.73/25'4 $\frac{1}{2}$ " (7.36, 7.57, 7.73, —, 7.67, —).
- 9, A. LERWILL (UK) 7.68/25'2 $\frac{1}{2}$ "w (7.68w, 7.60, —); 10, J. Rousseau (Fra) 7.58/24'10 $\frac{1}{4}$ "w (—, 7.47, 7.58w); 11, R. Blanquer (Spa) 7.38/24'2 $\frac{1}{2}$ " (7.38, ret); 12, F. Wartenberg (E Ger) 7.25/23'9 $\frac{1}{4}$ " (7.25, 6.99, —).

HIGH JUMP: Final

Dr Jesper Torring doubled the number of Danish European champions (his predecessor was Nils Holst Sorensen, 400m winner in 1946) by winning on the countback against defending titlist Kestutis Sapka. Both men flopped successfully over 2.25/7'4 $\frac{1}{2}$ ", a personal best for each, and made good attempts at 2.27/7'5 $\frac{1}{4}$ "—Sapka coming particularly near with his third try, dislodging the bar with the back of his knees. The contest was very even, as both Torring and Sapka jumped 2.21/7'3" and 2.23/7'3 $\frac{1}{4}$ " without problems and both made 2.25 on their second try. The gold medal went to the 26-year-old Dane because he had no earlier failures (2.10, 2.16, 2.19), whereas his Lithuanian opponent needed two attempts at 2.16 and 2.19 in addition to starting at a lower height. Dr Torring, 1.86/6'1 $\frac{1}{2}$ " tall, is a most talented all-rounder with such diverse marks as 47.6 for 400, 13.7 for 110 hurdles, 52.9 for 400 hurdles, 4.80/15'9" pole vault, 7.80/25'7 $\frac{1}{4}$ " long jump and 7304 decathlon to his name. He set his first national high jump record, of 2.11/6'11", only two years ago and this season—his first of serious specialisation—he has shot up from 2.15/7'0 $\frac{1}{4}$ ". He was astonished by his success for he had only just recovered from an injury which had stopped him training during August.

- 1, JESPER TORRING (Den) 2.25/7'4 $\frac{1}{2}$ " (Champ rec) (2.10 1st, 2.16 1st, 2.19 1st, 2.21 1st, 2.23 1st, 2.25 2nd, 2.27 fail).
- 2, KESTUTIS SAPKA (USSR) 2.25 (2.00 1st, 2.05 1st, 2.10 1st, 2.13 1st, 2.16 2nd, 2.19 2nd, 2.21 1st, 2.23 1st, 2.25 2nd, 2.27 fail).
- 3, VLADIMIR MALY (Cz) 2.19/7'2 $\frac{1}{4}$ " (2.05 1st, 2.10 2nd, 2.13 1st, 2.16 2nd, 2.19 1st, 2.21 fail).
- 4, ISTVAN MAJOR (Hun) 2.19 (2.05 1st, 2.10 2nd, 2.13 2nd, 2.16 2nd, 2.19 2nd, 2.21 fail).
- 5, JACEK WSZOLA (Pol) 2.19 (2.05 1st, 2.10 2nd, 2.13 1st, 2.16 3rd, 2.19 3rd, 2.21 fail).

- 6, LEIF ROAR FALKUM (Nor) 2.16/7'1" (2.05 1st, 2.10 1st, 2.13 1st, 2.16 1st, 2.19 fail).
- 7, RODOLFO BERGAMO (Ita) 2.16 (2.05 1st, 2.10 1st, 2.13 2nd, 2.16 1st, 2.19 fail).
- 8, BRUNO BROKKEN (Bel) 2.13/6'11 $\frac{1}{4}$ " (2.00 1st, 2.05 3rd, 2.10 1st, 2.13 1st, 2.16 fail).
- 9, D. Patronis (Gre) 2.13 (2.05 2nd, 2.10 1st, 2.13 2nd, 2.16 fail); 10 eq, A. Pesonen (Fin) 2.10/6'10 $\frac{1}{4}$ " (2.05 1st, 2.10 1st, 2.13 fail) and G. Ferrari (Ita) 2.10 (2.00 1st, 2.10 1st, 2.16 fail); 12, V. Abramov (USSR) 2.10 (2.00 1st, 2.05 1st, 2.10 1st, 2.13 fail); 13, R. Sainte-Rose (Fra) 2.10 (2.00 1st, 2.05 1st, 2.10 3rd, 2.13 fail); 14, G. Moreau (Bel) 2.00/6'6 $\frac{1}{4}$ " (2.00 1st, 2.05 fail).

200 METRES: Heats

(1st 3 and fastest loser to semis)

Valeriy Borzov, in the draw for heat 2, did not defended his title as he feels he is currently worth no faster than 20.5. Chris Monk went through as fastest loser.

Heat 1: (— 0.10m) 1, B. Cherrier (Fra) 20.96; 2, L. Benedetti (Ita) 21.11; 3, R. Heerenveen (Neth) 21.24; 4, C. MONK (UK) 21.25; 5, J. Matousek (Cz) 21.36; 6, R. Tempel (W Ger) 21.51; 7, M. Bedynski (Pol) 21.53.

Heat 2: (— 2.40m) 1, H-J. Bombach (E Ger) 21.04; 2, J. Arame (Fra) 21.09; 3, A. BENNETT (UK) 21.13; 4, M. Woronin (Pol) 21.60. V. Borzov (USSR) and M. Kukkoaho (Fin) scr.

Heat 3: (+ 0.25m) 1, M. Ommer (W Ger) 21.23; 2, P. Mennea (Ita) 21.24; 3, P. Muster (Swi) 21.41; 4, P. Petrov (Bul) 21.49; 5, I. Farkas (Hun) 22.06. O. Karttunen (Fin) and V. Stefek (Cz) scr.

Heat 4: (+ 1.43m) 1, H-J. Zenk (E Ger) 21.30; 2, P. Leroux (Fra) 21.40; 3, S. GREEN (UK) 21.54; 4, L. Sarria (Spa) 21.54; 5, Z. Nowosz (Pol) 21.67; 6, M. Kralik (Cz) 21.67. L. Micha (Bel) scr.

Heat 5: (+ 1.37m) 1, F-P. Hofmeister (W Ger) 21.03; 2, T. Johansson (Swe) 21.34; 3, A. Rajamaki (Fin) 21.48; 4, N. Oliosi (Ita) 21.54; 5, M. Arnau (Spa) 21.72; 6, J. Kynos (Cz) 22.38.

DISCUS: Final

The old master, Ludvik Danek, nearly did it again. The 37-year-old Czech, holder of the title and competing in his fifth European Championships, took the lead in the third round with 62.00/203'5", lost it to Pentti Kahma a few minutes later (62.28/204'4") and struck back again in the fifth round with 62.76/205'11". But Kahma, a 30-year-old farmer from Finland, countered with a final throw of 63.62/208'9" and when Ricky Bruch, holding down third place, fouled his last attempt the Finnish fans had cause to renew their cheering. Kahma is a former decathlete (6551), as befits the younger brother of Markus Kahma (fourth in 1958 European decathlon), and as recently as 1969 was long jumping 7.21/23'8".

- 1, PENTTI KAHMA (Fin) 63.62/208'9" (58.50, —, 62.28, 59.70, 61.72, 63.62).
 2, LUDVIK DANÉK (Cz) 62.76/205'11" (60.40, 60.24, 62.00, 61.14, 62.76, 62.60).
 3, RICKY BRUCH (Swe) 62.00/203'5" (58.62, 50.50, —, 62.00, —, —).
 4, SIEGFRIED PACHALE (E Ger) 61.20/200'9" (59.94, 60.24, 61.20, —, 59.20, —).
 5, VELKO VELEV (Bul) 61.00/200'1" (61.00, —, —, 59.72, —, 60.42).
 6, VIKTOR PENZIKOV (USSR) 60.86/199'8" (57.40, 59.68, 60.86, 59.66, 60.66, 59.62).
 7, ARMANDO DE VINCENTIS (Ita) 59.68/195'9" (—, 57.78, 59.68, 57.50, 58.70, 58.68).
 8, WOLFGANG SCHMIDT (E Ger) 59.56/195'5" (59.56, —, 57.44, 59.06, 58.88, 58.52).
 9, G. Fejer (Hun) 59.46/195'1" (56.90, —, 59.46); 10, F. Tegla (Hun) 59.46/195'1" (58.54, —, 58.92); 11, L. Gajdzinski (Pol) 58.88/193'2" (58.88, —, 56.50); 12, H-D. Neu (W Ger) 58.80/192'11" (58.74, 58.80, 58.14); 13, G. Muller (E Ger) 58.32/191'4" (56.70, 58.28, 58.32); 14, S. Simeon (Ita) 56.14/184'2" (56.14, 54.38, —); 15, J. Tuomola (Fin) 55.58/182'4" (55.58, 53.50, 55.14).

WOMEN'S 400 METRES: Final

When Irena Szewinska slashed 1.1sec from the world record with 49.9 in June the feeling was that here was a performance which would remain unchallenged for some years. However, in Hel-

sinki last month notice was served that the Pole's figures were not sacrosanct after all, when Riita Salin sped past 200 in 23.5 and 300 in 36.2 to clock 50.5. Riita, 22-year-old wife of Finland's 400H record holder (49.5) Ari Salin, went to Rome as favourite and impressed mightily in both her qualifying races. In the final she ran with impeccable judgment. Drawn in lane 7 with only Rita Wilden outside her, she eased through the first 200 in 24.3 (as against 23.8 by Jelica Pavlicic and Ellen Streidt), ran a forceful third 100 to draw on level terms with the leader, Streidt, entering the finishing straight, and then drew away steadily to win by a clear four metres. The time was sensational: at 50.14 is was easily the fastest ever electrically recorded, and allowing for a 0.2 advantage enjoyed by hand timing in a place like Warsaw the run can be rated the equal of Szewinska's. Riita's progress this year has been amazing (53.9 to 50.1, 24.3 to 22.8 at 200) and is due to her knuckling down to really serious training for the first time after previously being preoccupied by studies.

Great place times, too, with both Streidt (in her first season at 400 if one discounts a 56.3 in 1968 at the age of 16) and Wilden finishing inside the 50.97 by Marilyn Neufville which constituted the world's fastest until recently. National records for the first three, and also by Ilyina and Kafer. Verona Bernard finished a distant seventh after passing Pavlicic, who blew up spectacularly in the closing stages.

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- 1, RIITTA SALIN (Finland) 50.14 (Champ rec).
- 2, ELLEN STREIDT (E Germany) 50.69.
- 3, RITA WILDEN (W Germany) 50.88.
- 4, NADYEZHDA ILYINA (USSR) 51.22.
- 5, ANGELIKA HANFT (E Germany) 51.24.
- 6, KAROLINE KADEF (Austria) 51.77.
- 7, VERONA BERNARD (UK) 52.61.
- 8, JELICA PAVLICIC (Yug) 53.01.

WOMEN'S 200 METRES: Heats

(1st 3 and 4 fastest losers to semis)

Heat 1: (+ 1.00m) 1, M-L. Pursiainen (Fin) 23.13; 2, P. Kandarr (E Ger) 23.44; 3, C. Krause (W Ger) 23.51; 4, B. Bakulin (Pol) 23.56; 5, I. Szabo (Hun) 23.78. L. Haglund (Swe) scr.

Heat 2: (- 1.20m) 1, R. Stecher (E Ger) 23.35; 2, M. Sidorova (USSR) 23.55; 3, A. Kroniger (W Ger) 23.55; 4, H. GOLDEN (UK) 24.02; 5, L. Nappi (Ita) 24.22. J. Cerchlanova (Cz) scr.

Heat 3: (nil) 1, L. Maslakova (USSR) 23.45; 2, I. Szewinska (Pol) 23.87; 3, E. Possek (W Ger) 24.08; 4, S. COLYEAR (UK) 24.14. A. Orselli (Ita) and J. Pavlicic (Yug) scr.

Heat 4: (- 1.50m) 1, D. Maletzki (E Ger) 23.77; 2, W. Van Gool (Neth) 23.84; 3, R. Wal-
lez (Bel) 24.00; 4, A. LYNCH (UK) 24.22. R. Salin (Fin) and K. Kafer (Aut) scr.

400 METRES HURDLES: Final

That Alan Pascoe is one of the supreme competitors in the sport no one could deny, but all the same his achievement in adding the European title to his Commonwealth crown is truly remarkable, miraculous even. The trials and tribulations Alan has had to suffer and over-

come this summer would have finished off many a lesser man but Alan has triumphed over everything and emerged as an even greater athlete than we suspected.

Little went right for him after his splendid win in 48.83 at the Commonwealth Games. Between mid-May and mid-July he was unable to train due to bursitis and after making a good recovery to clock 50.2 in Stockholm and Gateshead he suffered another setback at Crystal Palace on August 10th when he dropped out against Jim Bolding with hamstring trouble. He went on, as planned, to the Italian National Sports Centre at Formia and the BAAB took the unprecedented step of allowing the athlete himself to determine whether he was fit to compete. Alan encountered further physical problems (vitamin deficiency) while preparing in Italy but gradually his form returned; it seemed, though, that he could not possibly be back to his fittest in time.

Pascoe (lane 2) using the same stride pattern as in Christchurch, and defending champion Jean-Claude Nallet (lane 1) waged a close duel throughout, with Yevgeniy Gavrilenko (lane 6) in contention for a long while too. Nallet reached the fifth hurdle in 21.2, just ahead of Gavrilenko (21.3) and Pascoe (21.4) but the Briton gained on the Frenchman (who made a mess of his change-down) rounding the final turn. Pascoe took the eighth hurdle in front and grittily preserved a slight advantage all the way. His time of 48.82, a personal best, was fantastic considering all the circumstances, and he can legitimately seek David Hemery's European record of 48.1 next season. Nallet was equally admirable in defeat, breaking 49sec for the first time since 1970 and winning a medal for the fourth successive European Championships.

COLINGWOOD A.C.**CROSS-COUNTRY RACES
FOR CLUBS AND SCHOOLS****Sunday, October 20th, 10.45 a.m.**

At Beddington Park, Wallington, Surrey

Age Groups (as at 1.9.74) U/10, U/12 approx. 2 miles, U/13 approx. 3 miles parkland. Teams 4 run, 3 score. **Entry fee:** 15p per ind. **Entries** to J. Richardson, 12 Maldon Road, Wallington, Surrey.

CLOSING DATE OCTOBER 5th**BOURNEMOUTH A.C.****11th Annual****'STEWART' C.C. RELAYS**

(Under A.A.A. Laws)

SUNDAY, OCTOBER 6th, at 3 p.m.

4 x 3 Miles of pinewoods and fairways around Meyrick Park Golf Course.

Prizes: Fastest laps, 'B' teams, etc.

Entries by September 30th to B. James, 45 Ashton Road, Moordown, Bournemouth (Tel.: 59118). £1 per club includes any number of teams. **Also Y.A. and Boys races** (3M and 1½M) at 2.20 p.m. **Entries** (team & indiv.) on the day.

CAMBRIDGE HARRIERS**VETS OPEN ROAD RELAY**

Inc. S.C.V.A.A. Road Relay Champs.

(3 x 3¼ MILES) AT OLD BEXLEY

(Under A.A.A. Rules)

SATURDAY, OCTOBER 5th, at 3 p.m.

Entry Fees: Open 50p per team, and 25p additional teams, SCVAA: 25p per runner. **Groups:** 40-50, awards first 3 teams plus fastest runner. Over 50, award to first team plus fastest runner.

Entries to L. Blackeby, 8 Horn Park Lane, Lee, S.E. 12. 01-852 3122.

WYCOMBE ANNUAL**CROSS COUNTRY RACES**

(Under N.W.C.C. and A.A.A. Laws)

SATURDAY, OCTOBER 19th, 1974**Ladies: All age groups,****Boys/Colts, Junior/Senior Men**

Entry Fees: Ladies—all ages—10p per entrant. Awards to first 3 in each race and first 3 teams. **Aggregate Trophy.** Men—no entry fees—no awards. **Entries** to Mr E. Abraham, 58 Bookerhill Road, High Wycombe, Bucks HP12 4EZ.

ENTRIES CLOSE OCTOBER 9th, 1974

- 1, ALAN PASCOE (UK) 48.82 (Champ rec),
- 2, JEAN-CLAUDE NALLET (France) 48.94.
- 3, YEVGENIY GAVRILENKO (USSR) 49.32.
- 4, STAVROS TZIORTZIS (Greece) 49.71.
- 5, DMITRIY STUKALOV (USSR) 49.98.
- 6, VIKTOR SAVCHENKO (USSR) 50.01.
- 7, JERZY HEWELT (Poland) 50.26.
- 8, ROLF ZIEGLER (W Germany) 50.49.

WOMEN'S 800 METRES: Final

It was a great night for recent casualties . . . Topping, Pascoe, and Lilyana Tomova, whose real name apparently is Todorova, but is "better known as Tomova" according to a Bulgarian press release. Lilyana, second to Monika Zehrt in last year's European Cup 400 final (she has run 51.99), suffered a bad injury in the European Indoor Championships and had to lay off training for two months. She did not resume racing until July but showed that any speed she might have lost was being compensated for by improved stamina when she ran 4:11.5 in her first serious 1500. She lost to Mariana Suman, 1:58.6 to 1:59.1, in the Balkan Games but was superbly ready in Rome a month later. A few days short of her 28th birthday, Tomova has been racing on and off at 800 since 1963 (2:20.1) but her best time before last year was merely 2:10.3. She improved sensationally to 1:59.5 in 1973, and here in Rome she progressed to 1:58.1. Only her pregnant compatriot, Svetla Zlateva (1:57.5) has ever run faster.

The excellent times—four under 2min—were thanks to Marie-Francoise Dubois, who led through 400 in 57.25 ahead of Gunhild Hoffmeister, Suman and Tomova. Dubois and Hoffmeister were together at 600 (87.8) with Tomova third. Hoffmeister, still seeking her first major title (she tripped over in the Helsinki final), took over soon afterwards but although she ran her fastest time she had no answer when the Bulgarian turned on the power early in the finishing straight. Dubois just missed a medal but was well pleased to break 2min for the first time.

- 1, LILYANA TOMOVA (Bul) 1:58.1 (Champ rec).
- 2, GUNHILD HOFFMEISTER (E Ger) 1:58.8.
- 3, MARIANA SUMAN (Rum) 1:59.8.
- 4, MARIE-FRANCOISE DUBOIS (Fra) 1:59.9.
- 5, VALENTINA GERASIMOVA (USSR) 2:00.1.
- 6, NINA MORGUNOVA (USSR) 2:00.8.
- 7, ELZBIETA KATOLIK (Pol) 2:01.4.
- 8, GISELA KLEIN (W Ger) 2:01.5.

400 METRES: Final

David Jenkins was ready to defend his title. He had never been so well prepared, physically and mentally, to run the race of his life. Both he and his adviser David Hemery expected a time of under 45sec and with Brijdenbach out of

it there was only one man to fear: European record holder (at 44.7) Karl Honz, a man who—like Jenkins—badly needed to make up for his humiliation in Munich.

Jenkins was well drawn in lane 3, with Honz in lane 4, but two incidents conspired to impair his sense of well-being. He was stung by a wasp shortly before the race and a false start by Kukkoaho probably affected his nerves to a greater degree than the very calm Honz. Both men went out fast and there was little in it at 200, reached in 21.3-21.5. The third 100 was the crucial test and it was here that Honz projected his dominance. He held a 4m lead into the finishing straight and his immense strength enabled him to stretch that advantage a little more. He crossed the line in 45.04, with Jenkins second on 45.67. Not a bad result for Jenkins—it was his best showing in a major race since he was an uninhibited 19-year-old—but it was a disappointment to him. When one has revelled in the title of European champion for three years it is difficult to accept being 'merely' European silver medallist for the next four.

- 1, KARL HONZ (W Ger) 45.04 (Champs rec).
- 2, DAVID JENKINS (UK) 45.67.
- 3, BERND HERRMANN (W Ger) 45.78.
- 4, MARKKU KUKKOAHONEN (Fin) 45.84.
- 5, OSSI KARTTUNEN (Fin) 45.87.
- 6, MIKAEL FREDRIKSSON (Swe) 46.12.
- 7, ERIC CARLGREN (Swe) 46.15.
- 8, FRANCIS DEMARTHON (Fra) 46.90.

3000 METRES STEEPLECHASE: Heats

(1st 3 & 3 fastest losers to final)

A tale of woe for the British trio: John Bicourt fell at a hurdle just before halfway, while both John Davies and Dave Camp lost contact when it mattered.

Heat 1: (2:46.8, 5:35.4) 1, F. Fava (Ita) 8:25.2; 2, M. Karst (W Ger) 8:26.4; 3, D. Glans (Swe) 8:28.0; 4, P. Thys (Bel) 8:34.2; 5, J-P. Villain (Fra) 8:45.0; 6, J. BICOURT (UK) 8:52.4; 7, A. Risa (Nor) 8:58.8. K-A. Soeltoft (Den) dnf.

Heat 2: (2:47.8, 5:37.8) 1, B. Malinowski (Pol) 8:23.6 (Champ rec); 2, T. Kantanen (Fin) 8:23.6; 3, F. Bartos (Cz) 8:32.0; 4, J. DAVIES (UK) 8:36.0; 5, S. Soernes (Nor) 8:44.2; 6, H. Leyens (Bel) 8:45.4; 7, P. Martin (Fra) 8:46.8; 8, E. Leddy (Irl) 9:04.6.

Heat 3: (2:48.2, 5:36.2) 1, A. Garderud (Swe) 8:23.6 (eq Champ rec); 2, G. Cefan (Rum) 8:25.8; 3, H. Wehrli (Swi) 8:26.0; 4, G. Frahmcke (W Ger) 8:26.8; 5, D. Moravcik (Cz) 8:28.0; 6, G. Buchheit (Fra) 8:31.0; 7, A. Campos (Spa) 8:38.2; 8, D. CAMP (UK) 8:44.4. J. Voje (Nor) scr.

800 METRES: Final

Was there ever an 800m runner possessed of such devastating acceleration as Luciano Susanj? Was there ever such a brilliant 800m competitor, at the age of 18, as Steve Ovett? And was there ever an 800m star so hero-worshipped as Marcello

Fiasconaro? The combined efforts of these three remarkable runners made this a race to remember.

Fiasconaro, a South African whose father was Italian, is such a cult figure (akin to George Best during his halcyon days) that one trembled for him, knowing that the Italian fans would expect him as world record holder to deliver the goods regardless of his only being 90 per cent fit following injury. The fans, many of whose ancestors one could visualise lapping up the gladiatorial combat at the Colosseum, demanded something spectacular—and Fiasco gave it to them. He ran the race the only way he could, given the bizarre circumstances—a do or die effort from the front. With the crowd roaring its appreciation, Fiasconaro whizzed through the first 200 in 24.5, broke from lanes well clear and strode past 400 in an extravagant 50.1! At that stage he was some 8m ahead of the East German pair, with Ovett 5th in a time of around 51.5. Fiasconaro was still ahead at 600 (77.6), now 4m in front of Fromm and Stolle, with Ovett 4th, but within a few seconds the race was transformed.

Susanj, inconspicuous until then, unleashed the most awesome kick, rushing through from 4th to 1st and winging his way around the bend into a long lead. The speed of the Yugoslav's attack stunned everybody and Ovett, in particular, was powerless to respond quickly since he was boxed in at that moment. Into the straight and Susanj held an unbeatable lead over Fiasconaro, who was steadily losing speed anyway, and the challenge from afar came from Ovett who sprinted from 5th to 2nd, reaching the silver medal position some 25m from the finish. Susanj, who covered the last 200 in under 26sec, had a winning margin of nearly 15m which is remarkable at this level. Ovett was phenomenal, too, clocking 1:45.8 for a European junior record. What will he be achieving next year, hopefully with a full winter's training behind him? He is the greatest young middle-distance talent I have laid eyes on since the Jim Ryun of a decade ago. As for the Italian fans, they are now claiming Susanj as one of their own. He was born, you see, at Rijeka—which was once the Italian seaport of Fiume and the birthplace of Abdon Pamich!

- 1, LUCIANO SUSANJ (Yug) 1:44.1 (Champ rec).
- 2, STEVE OVETT (UK) 1:45.8.
- 3, MARKKU TASKINEN (Fin) 1:45.9.
- 4, VLADIMIR PONOMARYEV (USSR) 1:46.0.
- 5, GERHARD STOLLE (E Ger) 1:46.2.
- 6, MARCELLO FIASCONARO (Ita) 1:46.3.
- 7, DIETER FROMM (E Ger) 1:46.3.
- 8, WILLI WULBECK (W Ger) 1:46.3.

WOMEN'S PENTATHLON

Held on one day, the event (which from 1976 is to feature an 800 instead of the traditional 200) produced a major shock with the defeat of world record holder Burglinde Pollak who has

therefore yet to win a major title: she was 8th in Athens, 2nd in Helsinki, 3rd in Munich. She scored 4676, 8 points less than her best for the season, but lost by a full 100 points to Nadyezhda Tkachenko who moved into 4th on the world all-time list with 4776. Like Pollak, she has no weaknesses and it is difficult to say which are her strongest specialities. Her marks of 13.39 for the hurdles, 16.07/52'8½" shot (excellent for a woman of 1.66/5'5½" and 57kg/126lb), 1.74/5'8½" high jump, 6.36/20'10½" long jump and 24.20 for 200 are astonishingly uniform in standard. The only time Pollak showed ahead of her challenger was in the first event when she clocked 13.36 to beat Tkachenko by three-hundredths—or four points. The 25-year-old Ukrainian, whose previous best score was 4711 as against Pollak's 4932, was 10 pts ahead after the shot, 39 after the high jump and 76 following the long jump. Only an inspired 200m could win the day for Pollak, but Tkachenko beat her in that event too for a crushing victory overall. Ann Wilson had a bad day except for a fine high jump of 1.76/5'9½".

- 1, NADYEZHDA TKACHENKO (USSR) 4776 (100mH—13.39, SP—16.07/52'8½", HJ—1.74/5'8½", LJ—6.36/20'10½", 200—24.20).
- 2, BURGLINDE POLLAK (E Ger) 4676 (13.36, 15.80/51'10", 1.71/5'7½", 6.19/20'3½", 24.46).
- 3, ZOIA SPASOVKHOVSKAYA (USSR) 4550 (13.27, 14.48/47'6½", 1.65/5'5", 6.37/20'10½", 24.96).
- 4, SIEGRUN THON (E Ger) 4548 (13.58, 12.68/41'7½", 1.71/5'7½", 6.35/20'10", 23.97).
- 5, LYUDMILA POPOVSKAYA (USSR) 4548 (13.89, 14.87/48'9½", 1.74/5'8½", 6.08/19'11½", 24.60).
- 6, ILONA BRUZZENYAK (Hun) 4399 (13.63, 11.52/37'9½", 1.71/5'7½", 6.45/21'2", 24.98).
- 7, MARGRIT OLFERT (E Ger) 4391 (13.57, 14.35/47'1", 1.60/5'3", 6.06/19'10½", 24.87).
- 8, CHRISTEL VOSS (W Ger) 4384 (14.06, 13.76/45'1½", 1.80/5'10½", 5.85/19'2½", 25.58).
- 9, P. Sokolova (Bul) 4323 (13.42, 13.40/43'11½", 1.68/5'6", 5.86/19'2½", 25.70); 10, D. Focic (Yug) 4289 (14.13, 11.44/37'6½", 1.74/5'8½", 5.95/19'6½", 24.55); 11, U. Jacob (W Ger) 4247 (14.34, 10.82/35'6", 1.74/5'8½", 6.29/20'7½", 25.12); 12, M. Papp (Hun) 4207 (14.54, 13.64/44'9", 1.74/5'8½", 5.91/19'4½", 26.42); 13, A. WILSON (UK) 4152 (14.17, 10.67/35'0½", 1.76/5'9½", 6.05/19'10½", 25.62); 14, C. Janssen (Neth) 4151 (14.69, 11.95/39'2½", 1.68/5'6", 5.94/19'6", 25.03); 15, F. Picaut (Fra) 3375 (13.97, 12.11/39'8½", 1.74/5'8½", 5.55/18'2½", retd); 16, S. Yurukova (Bul) 2561 (13.83, 12.63/41'5½", 1.68/5'6", retd).

NEWBURY ATHLETIC CLUB

ANNUAL 9 MILE ROAD RACE

For the Hutchins Trophy (Under A.A.A. Laws)

SUNDAY, OCTOBER 6th, at 3 p.m.

Team, Individual and 1st Veteran Prizes. Team (4 run, 3 score) 60p, Ind. 20p, to A. Killbery, 8 Beverley Close, Thatcham, Newbury, Berks. RG13 4AB.

FOURTH DAY: Friday, September 6th

HAMMER: Qualifying

What a sad ending to a brilliant international career: Anatoliy Bondarchuk, the greatest name in hammer throwing, made three poor throws and was eliminated—as was that other marvellous veteran, Howard Payne. Chris Black and Ian Chipchase were among the 13 to qualify; Ian's first hit the cage and the second (over 68m) was greeted by a red flag, but he kept calm and safely made it on the third.

Qualifiers: A. Spiridonov (USSR) 72.36/237'5"; J. Sachse (E Ger) 72.32/237'3"; H. Kangas (Fin) 67.82, —, 70.84/232'5"; R. Theimer (E Ger) 70.64/231'9"; M. Huning (W Ger) 62.34, 70.10/230'0"; V. Dmitryenko (USSR) 69.76/228'10"; E. Klein (W Ger) 67.90, 69.38/227'7"; I. CHIPCHASE (UK) 59.52, —, 69.28/227'3"; K.-H. Beilig (E Ger) 67.96, 69.14/226'10"; I. Encsi (Hun) 66.50, —, 69.06/226'7"; C. BLACK (UK) 69.04/226'6"; U. Beyer (W Ger) 68.48/224'8"; S. Jaglinski (Pol) 68.46/224'7".

Non-qualifiers: P. Stiefenhofer (Swi) 63.40, 67.76/222'4"; 67.06; H. PAYNE (UK) —, 66.78, 67.44/221'3"; A. Bondarchuk (USSR) 66.62/218'7", —, 64.34; P. Sternad (Aut) 66.44/218'0", 65.58, 65.10; J. Charvat (Cz) 64.42, 65.54/215'0", 64.86; F. De Boni (Ita) —, 65.12/213'8", 64.28; J. Accambray (Fra) 64.98/213'2", 64.74, 64.96; J. Hajek (Cz) 64.80/212'7", 64.64, 63.42; D. Mikolajczyk (Fra) 62.12/203'10", —, —. G. Babaniotis (Gre) scr.

WOMEN'S HIGH JUMP: Qualifying

Barbara Lawton and Ruth Watt (equalling her personal best) were among 15 to clear the 1.80m qualifying; alas, Val Harrison suffered an offday and, after making 1.78/5'10" only on the final attempt, she found the extra 2cm beyond her.

Qualifiers (at 1.80/5'10½"): M. Hubnerova (Cz); R. Witschas (E Ger); G. Filatova (USSR); U. Meyfarth (W Ger); M. Karbanova (Cz); A. Bouma (Neth); S. Simeoni (Ita); R. Kirst (E Ger); V. Ioan (Rum); M. Mracnova (Cz); B. LAWTON (UK); K. Wagner (W Ger); M.-C. Debourse (Fra); T. Galka (USSR); R. Watt (UK).

Non-qualifiers: A. Tveit (Nor) 1.78/5'10"; V. HARRISON (UK) 1.78; G. Ejstrup (Den) 1.75/5'8½"; S. Valkanova (Bul) 1.75; A.-E. Karlsson (Swe) 1.70/5'7". H. Teodorescu (Rum) scr.

WOMEN'S 100 METRES HURDLES: Heats

(1st 4 & 4 fastest losers to semis)

Heat 1: (+ 1.25m) 1, A. Ehrhardt (E Ger) 13.32; 2, J. VERNON (UK) 13.74; 3, M. Koschinski (W Ger) 13.84; 4, M. Hansen (Den) 14.12; 5, B. Nowakowska (Pol) 14.23; 6, A. Battaglia (Ita) 14.36. M. Antenen (Swi) scr.

Heat 2: (— 0.50m) 1, A. Fiedler (E Ger) 13.48; 2, T. Anisimova (USSR) 13.54; 3, G. Rabsztyan

(Pol) 13.71; 4, V. Stefanescu (Rum) 13.83; 5, L. DRYSDALE (UK) 13.97. I. Bruzsenyak (Hun) scr.

Heat 3: (— 1.60m) 1, T. Nowak (Pol) 13.20; 2, N. Lebedyeva (USSR) 13.52; 3, P. Sokolova (Bul) 13.65; 4, G. Berend (E Ger) 13.66; 5, C. Rega (Fra) 13.72; 6, B. THOMPSON (UK) 13.76.

POLE VAULT: Final

Vladimir Kishkun (22) emerged the winner of this six hour, 15 man contest and became one of the least heralded titlists at these Championships, reports Dave Cockledge. The Soviet athlete, competing internationally for the first time, pulled himself out of a tight situation when he needed all three jumps at 5.20/17'0½"; then went on to make 5.30/17'4½" (1st) and 5.35/17'6½" at his second attempt—the same as Wladyslaw Kozakiewicz. Antti Kalliomaki, sporting a bandage on his right thigh, gambled here in passing up 5.35, and when all three remaining men failed at 5.40/17'8½" he lost out on a medal. Kishkun's first time clearance at 5.30 won him the title, as he ended up with fewer total misses than Kozakiewicz. Yuriy Isakov, who had looked impressive at earlier heights, surprisingly went out at 5.35 after enjoying the lead for some time. European record holder Kjell Isaksson had two unlucky jumps when the bar followed him down, but was only a shadow of the man who jumped a fantastic 5.72/18'9" in training in 1972.

Brian Hooper was likewise unlucky to lose a clearance at 5.20 in three very good attempts—a trailing arm brushing the bar off each time. Mike Bull, handicapped by a sprained thumb, was never a factor, failing at his opening 5.00/16'4½".

1, VLADIMIR KISHKUN (USSR) 5.35/17'6½" (eq Champ rec) (5.00 1st, 5.20 3rd, 5.35 2nd, 5.40 fail).

2, WLADYSLAW KOZAKIEWICZ (Pol) 5.35 (5.00 2nd, 5.20 2nd, 5.30 2nd, 5.35 2nd, 5.40 fail).

3, YURIY ISAKOV (USSR) 5.30/17'4½" (5.00 1st, 5.20 1st, 5.30 1st, 5.35 fail).

4 eq, ANTTI KALLIOMAKI (Fin) 5.30 (5.00 1st, 5.20 2nd, 5.30 1st, 5.40 fail).

4 eq, WOJCIECH BUCIARSKI (Pol) 5.30 (5.00 1st, 5.20 2nd, 5.30 1st, 5.35 fail).

6, KJELL ISAKSSON (Swe) 5.30 (5.00 1st, 5.20 1st, 5.30 3rd, 5.35 fail).

7 eq, TADEUSZ SLUSARSKI (Pol) 5.20/17'0½" (5.00 1st, 5.20 1st, 5.30 fail).

7 eq, JANIS LAURIS (USSR) 5.20 (5.00 1st, 5.20 1st, 5.30 fail).

9, P. Abada (Fra) 5.10/16'8½" (4.90 2nd, 5.10 1st, 5.20 fail); 10, B. HOOPER (UK) 5.10 (4.80 1st, 4.90 1st, 5.00 2nd, 5.10 2nd, 5.20 fail); 11, F. Tracanelli (Fra) 5.00/16'4½" (5.00 2nd, 5.20 fail); 12, H. Busche (W Ger) 5.00 (4.80 1st, 5.00 2nd, 5.10 fail); 13, T. Tongas (Gre) 4.80/15'9"

SOUTHERN COUNTIES (U.K.) COACHING COMMITTEE COURSE FOR MIDDLE AND LONG DISTANCE COACHES

to be held on

SUNDAY, OCTOBER 27th

from 10.00 a.m. to 4.30 p.m.

at

NATIONAL SPORTS CENTRE, CRYSTAL PALACE

(Lecture Room G.55)

STAFF:

Principal National Coach: Denis Watts

National Event Coach: Harry Wilson

Southern Staff Coaches: Ron Holman and Conrad Milton

Senior Coach: Brian Smith

PROVISIONAL PROGRAMME

Introduction (including BAAB coaching scheme and four-year plan).

Basic Physiology revisited.

Practical session with a pulse monitor.

Questions.

Lunch (not provided).

Review of European Championships.

Importance of testing.

The skill of running.

Coach/Athlete relationship—including questioning of successful coaching partnerships.

Final questions.

• • •

The course is intended for Club Coaches, Assistant Club Coaches and those interested in becoming qualified. Applications (first 70 served) together with questions that you would like answered to:

C. L. MILTON, 20 SEATON DRIVE, ASHFORD, MIDDLESEX,
together with cheque or postal order for 75p and a stamped addressed envelope.

(4.80 1st, 5.00 fail); 14, S. Fraquelli (Ita) 4.80 (4.80 3rd, 5.00 fail). M. BULL (UK) 5.00 fail.

WOMEN'S DISCUS: Final

Faina Melnik followed in the footsteps of Ruth Fuchs: she routed the opposition, which on paper appeared to be drawing closer, with a brilliant throw early in the proceedings. Melnik chose the first round for her bombshell, the discus landing at 69.00/226'4", and followed up with two other throws which were far beyond what anyone else achieved. The appropriately named Argentina (silver) Menis held second place from the second round onwards—to add to the silver medals she won at the 1972 Olympics and 1973 World University Games and European Cup Final. The Eastern Europeans have a stranglehold on this event, with former world record holder Liesel Westermann (and my apologies to her for an unfortunate slip in the preview issue) only 7th. It was an unhappy day for the Paynes in their major championship farewell, with Rosemary failing to reach even 50m.

1, FAINA MELNIK (USSR) 69.00/226'4" (Champ rec) (69.00, 67.12, 68.18, 64.42, —, —).

2, ARGENTINA MENIS (Rum) 64.62/212'0" (59.24; 62.86, 60.46, 63.26, 64.62, 61.90).

3, GABRIELE HINZMANN (E Ger) 62.50/205'1" (61.30, 60.48, 59.88, —, 62.50 —).

4, MARIA VERGOVA (Bul) 61.92/203'2" (54.86, 60.98, 61.92, —, 61.20, 59.98).

5, KARIN HOLDKE (E Ger) 58.92/193'4" (58.92, 55.88, 57.02, —, —, —).

6, OLIMPIA CATARAMA (Rum) 58.30/191'3" (56.68, 58.02, 58.30, 58.12, 55.14, 57.02).

7, LIESEL WESTERMANN (W Ger) 57.40/188'4" (53.74, 57.40, 57.36, —, 56.20, —).

8, VASSILKA STOEVA (Bul) 57.12/187'5" (55.56, —, 57.12, 53.84, 55.72, 53.24).

9, H. Vyhnalova (Cz) 55.24/181'3" (52.06, 54.54, 55.24); 10, S. Bojkova (Bul) 54.28/178'1" (54.28, 53.98, —); 11, R. PAYNE (UK) 49.16/161'3" (48.38, 48.10, 49.16).

200 METRES: Semis

(1st 4 to final)

Ainsley Bennett, only a 21.6 performer this time last year, did well to reach the final. Chris Monk bore little resemblance to the smooth speedster of last season, and Steve Green was also out of form.

Heat 1: (— 1.60m) 1, H-J. Bombach 20.81; 2, M. Ommer (W Ger) 20.92; 3, B. Cherrier (Fra) 20.94; 4, A. Rajamaki (Fin) 20.97; 5, L. Benedetti (Ita) 21.11; 6, P. Leroux (Fra) 21.22; 7, T. Johansson (Swe) 21.26; 8, C. MONK (UK) 21.32.

Heat 2: (+ 0.50m) 1, P. Mennea (Ita) 20.83; 2, F-P. Hofmeister (W Ger) 21.09; 3, J. Arame (Fra) 21.16; 4, A. BENNETT (UK) 21.23; 5, R. Heerenveen (Neth) 21.44; 6, H-J. Zenk (E Ger) 21.46; 7, S. GREEN (UK) 21.52; 8, P. Muster (Swi) 1:17.41 (walked straight).

WOMEN'S 200 METRES: Semis

(1st 4 to final)

Heat 1: (— 0.20m) 1, R. Stecher (E Ger) 23.01; 2, L. Maslakova (USSR) 23.35; 3, C. Krause (W Ger) 23.49; 4, H. GOLDEN (UK) 23.54; 5, B. Bakulin (Pol) 23.81; 6, W. Van Gool (Neth) 23.86; 7, D. Maletzki (E Ger) 24.07; 8, E. Possekell (W Ger) 24.29.

Heat 2: (nil) 1, I. Szewinska (Pol) 22.88; 2, M-L. Pursiainen (Fin) 23.17; 3, A. Kroniger (W Ger) 23.29; 4, P. Kandarr (E Ger) 23.50; 5, I. Szabo (Hun) 23.97; 6, S. COLYEAR (UK) 23.98; 7, R. Wallez (Bel) 24.03; 8, M. Sidorova (USSR) 24.66 (injured).

SHOT: Final

It was a curiously low-key affair, this event which had been one of the most keenly awaited of the Championships. The prospect of Geoff Capes against defending champion Hartmut Briesenick, Olympic champion Wladyslaw Komar, the brand new European record holder Aleksandr Baryshnikov with his spiral technique, and Reijo Stahlberg who had competed so well against Al Feuerbach, shaped up as a thriller, but it failed to live up to expectations. Not only were the distances below par—one could expect that for the big men suffer most in Rome's high humidity—but the competitive drive was not so apparent as for instance in Capes' earlier encounters with the Americans and East Germans. Ralf Reichenbach's fine opener of 20.38/66'10½" seemed to deflate rather than inspire the opposition and it was not until the fifth round that anyone went further; it was Briesenick, and his 20.50/67'3¼" effort retained him the title.

Briesenick had moved into 2nd place behind the West German in the 2nd round 20.26/66'5¼", with Baryshnikov 3rd at 20.13/66'0¼" and Capes 4th with 20.08/65'10¼". Capes improved to 20.13 with his next put, which placed him 3rd as Baryshnikov had no supporting distance to be taken into account. Mike Winch never got going and was eliminated after three rounds, as was Stahlberg who couldn't get within two metres of his best. Nothing changed up front until Briesenick popped his 20.50 in the penultimate round; while Capes was dislodged briefly from a medal position when Baryshnikov finished up with 20.12/66'0¼" as against Capes' second best until then of 20.08/65'10¼". It all depended on Geoff's last put and it thudded down at 20.21/66'3¼", good enough to reclaim bronze medal but disappointing for a man who must have bettered the winning performance at least a dozen times this season. Komar, who had impressed in the qualifying competition, was extremely subdued in 6th place.

Everyone in the field was well down on his previous best for the season, only Briesenick (27cm down) and Reichenbach (42cm) coming within 50cm. At the other extreme, Stahlberg fell 2.01m short, Baryshnikov 1.57m, Winch 1.54m,

Komar 1.37m, Lindskjold 1.18m and Capes 1.16m.
 1, HARTMUT BRIESENICK (E Ger) 20.50/67'34" (18.50, 20.26, 20.06, 19.92, 20.50, —).
 2, RALF REICHENBACH (W Ger) 20.38/66'10 1/2" (20.38, 19.27, 19.91, 19.39, 20.05, 19.80).
 3, GEOFF CAPE (UK) 20.21/66'34" (19.62, 20.08, 20.31, 20.04, —, 20.21).
 4, ALEKSANDR BARYSHNIKOV (USSR) 20.13/66'04 1/2" (—, 20.13, —, 20.01, —, 20.12).
 5, VALERIY VOIKIN (USSR) 20.07/65'10 1/4" (20.05, —, 19.55, 20.07, —, —).
 6, WLADYSLAW KOMAR (Pol) 19.82/65'04 1/2" (—, 19.73, 19.82, —, —, —).
 7, JAROSLAV BRABEC (Cz) 19.73/64'8 3/4" (19.73, —, —, —, 19.38, —).
 8, UDO BEYER (E Ger) 19.63/64'5" (19.44, —, 19.63, —, —, —).
 9, V. Stoev (Bul) 19.62/64'4 1/2" (—, —, 19.62, —, —, —).
 10, J. Vlk (Cz) 19.42/63'8 3/4" (19.08, 19.42, 19.37); 11, R. Stahlberg (Fin) 19.25/63'2" (19.25, —, 19.20); 12, M. WINCH (UK) 18.89/61'11 1/4" (18.49, 18.85, 18.89); 13, O. Lindskjold (Den) 18.84/61'9 3/4" (18.84, 18.67, —).

WOMEN'S 100 METRES HURDLES: Semis

(1st 4 to final)

The three British girls all ran 13.7, confirming how little there is to choose between them, and all were eliminated.

Heat 1: (— 1.37m) 1, A. Ehrhardt (E Ger) 13.03; 2, V. Stefanescu (Rum) 13.26; 3, N. Lebedyeva (USSR) 13.34; 4, G. Rabsztyń (Pol) 13.48; 5, P. Sokolova (Bul) 13.60; 6, L. DRYSDALE (UK) 13.68; 7, C. Rega (Fra) 13.78; 8, B. Nowakowska (Pol) 13.95.

Heat 2: (— 1.60m) 1, T. Nowak (Pol) 13.18; 2, A. Fiedler (E Ger) 13.28; 3, T. Anisimova (USSR) 13.35; 4, G. Berend (E Ger) 13.51; 5, J. VERNON (UK) 13.65; 6, B. THOMPSON (UK) 13.72; 7, M. Koschinski (W Ger) 13.90; 8, M. Hansen (Den) 14.11.

1500 METRES: Heats

(1st 3 and 3 fastest losers to final)

A sad day for British 1500m running, with neither representative making the final. Frank Clement dropped from third to fifth along the finishing straight and, although he ran into further trouble when Gunnar Ekman swung out in front of him some 50m from the end (causing Clement to lose his stride and finish seventh), it did not look as though the Scot was going to qualify anyway. The last lap in that heat was run in 54.3. Ray Smedley tried another tactic; he opened up a big lead with a 56.6 third lap only to be caught and passed by six men in the closing stages.

Heat 1: (60.2, 2:04.5, 3:00.9) 1, U. Hogberg (Swe) 3:42.0; 2, H. Scharn (Neth) 3:42.5; 3, R. Gysin (Swi) 3:42.6; 4, K-P. Justus (E Ger) 3:42.8; 5, H. Szordykowski (Pol) 3:43.7; 6, I. Kovac (Cz) 3:44.7; 7, J. Hartnett (RoI) 3:46.6;

8, F. Mamede (Por) 3:47.1; 9, G. Larsen (Den) 3:47.7.

Heat 2: (61.0, 2:04.5, 3:02.4) 1, H. Wasilewski (Pol) 3:43.0; 2, T. Wessinghage (W Ger) 3:43.1; 3, G. Ekman (Swe) 3:43.2; 4, G. Ghipe (Rum) 3:43.4; 5, L. Zarcione (Ita) 3:44.4; 6, P. Anisim (USSR) 3:44.7; 7, F. CLEMENT (UK) 3:45.0; 8, L-M. Kaupang (Nor) 3:47.0. G. Hasler (Lie) dnf. W. Meier (Swi) scr.

Heat 3: (63.0, 2:04.4, 3:01.0) 1, P-H. Wellmann (W Ger) 3:42.4; 2, V. Pantelei (USSR) 3:42.6; 3, M. Philippe (Fra) 3:42.7; 4, T. Hansen (Den) 3:43.1; 5, P. Vasala (Fin) 3:43.3; 6, G. Riga (Ita) 3:43.5; 7, R. SMEDLEY (UK) 3:43.6; 8, D. Janczuk (Pol) 3:45.2; 9, N. Onescu (Rum) 3:46.7; 10, J. Charvetto (Gib) 3:55.4.

110 METRES HURDLES: Heats

(1st 4 and 4 fastest losers to semis)

Heat 1: (— 0.99m) 1, G. Drut (Fra) 13.82; 2, F. Siebeck (E Ger) 13.93; 3, P. Sicinski (Pol) 13.99; 4, E. Sebestien (Rum) 14.14; 5, V. Hoferek (Cz) 14.25; 6, B. PRICE (UK) 14.28; 7, S. Catasta (Ita) 14.40; 8, G. Calleja (Spa) 14.54.

Heat 2: (+ 2.50m) 1, V. Myasnikov (USSR) 14.08; 2, L. Wodzinski (Pol) 14.13; 3, K. Fiedler (E Ger) 14.19; 4, M. Schumann (W Ger) 14.31; 5, L. Nadenicek (Cz) 14.34; 6, S. Liani (Ita) 14.43; 7, J. Lloveras (Spa) 14.60; 8, Y. Kirpach (Lux) 14.63.

Heat 3: (— 1.20m) 1, M. Wodzinski (Pol) 13.84; 2, T. Munkelt (E Ger) 13.92; 3, E. Perezverzev (USSR) 13.96; 4, G. Buttari (Ita) 13.98; 5, P. Cech (Cz) 14.06; 6, E. Vassiliou (Gre) 14.37; 7, C. Clerselius (Swe) 14.98.

WOMEN'S 1500 METRES: Heats

(1st 3 and 3 fastest losers to final)

Joyce Smith produced her fastest time for two years, 4:12.0, to qualify without trouble—eliminating Lyudmila Bragina and Mary Purcell (her second Irish record in Rome) among others. The second heat brought together two newly crowned champions in Tomova and Holmen, but the Finn couldn't hold on to a 62.9 last lap and finished last.

Heat 1: (69.2, 2:16.8, 3:23.6) 1, G. Hoffmeister (E Ger) 4:11.7; 2, G. Dorio (Ita) 4:12.1; 3, T. Pangelova (USSR) 4:12.8; 4, N. Andrei (Rum) 4:14.1; 5, R. Tschavdarova (Bul) 4:15.1; 6, C. Surdel (Pol) 4:18.7; 7, W. Soerum (Nor) 4:19.3; 8, L. Olafsson (Den) 4:28.0; 9, S. Schenk (W Ger) 4:30.1.

Heat 2: (68.8, 2:17.2, 3:24.8) 1, T. Kazankina (USSR) 4:11.4; 2, L. Tomova (Bul) 4:11.5; 3, E. Wellmann (W Ger) 4:11.5; 4, G. Lindh (Swe) 4:11.5; 5, U. Klapezinski (E Ger) 4:11.7; 6, C. Valero (Spa) 4:13.0; 7, S. Castelein (Bel) 4:13.2; 8, N. Holmen (Fin) 4:14.6. P. Cacchi-Pigni (Ita) scr.

Heat 3: (67.5, 2:15.1, 3:23.0) 1, G. Andersen (Nor) 4:11.5; 2, J. SMITH (UK) 4:12.0; 3, K. Krebs (E Ger) 4:13.2; 4, N. Schtereva (Bul)

4:14.7; 5, M. Purcell (RoI) 4:15.1; 6, L. Bragina (USSR) 4:17.8; 7, S. Cruciata (Ita) 4:22.6. M-F. Dubois (Fra) and I. Silai (Rum) scr.

200 METRES: Final

Fourteen years after the unforgettable Livio Berruti, Rome's Stadio Olimpico became the scene of another Italian sprint triumph. Pietro Mennea had to be satisfied with the silver in the 100, but even the most chauvinistic home-town fans could appreciate it was no disgrace to lose to Borzov. But there was no Borzov in the 200 and therefore it was unthinkable that their hero could lose this time. Mennea was of the same opinion and amid great scenes of rejoicing he pulled ahead of Manfred Ommmer after 150m to win convincingly. The time, held down by a headwind of 0.68m/sec, was 20.60—a tenth slower than Berruti's. Hans-Jürgen Bombach, beaten by Steve Green in the early season UK v GDR match, closed up on Ommmer for the bronze. Ainsley Bennett was not at his best and could not get away from last place.

- 1, PIETRO MENNEA (Italy) 20.60.
 - 2, MANFRED OMMER (W Ger) 20.76.
 - 3, HANS-JURGEN BOMBACH (E Ger) 20.83.
 - 4, JOSEPH ARAME (France) 20.87.
 - 5, FRANZ-PETER HOFMEISTER (W Ger) 20.93.
 - 6, BRUNO CHERRIER (France) 21.02.
 - 7, AINSLEY BENNETT (UK) 21.29.
- A. Rajamaki (Fin) scr.

WOMEN'S 200 METRES: Final

Having beaten Renate Stecher over 100m, a distance to which the German is better suited, there seemed no way that Irena Szewinska could be deprived of the double. Stecher was

into her running much faster than her taller opponent and ran a superb turn to enter the straight some three metres ahead, but she couldn't hold the pace into a 2.75m headwind and Szewinska pulled clear over the final 50m. The times of 22.51 and 22.68 were exceptional in the conditions. Even Mona-Lisa Pursiainen, who herself ran 22.39 last year, was unable to finish closer than six metres to the winner. Helen Golden performed admirably to place fifth in 23.38, a finer achievement than her hand-timed UK record of 23.0 in Warsaw.

Following this race, the medal tally of the first two stood thus: Szewinska—two Olympic and five European golds, two Olympic and one European silvers, two Olympic and one European bronzes (total: 13); Stecher—three Olympic and three European golds, one Olympic and four European silvers (total: 11).

- 1, IRENA SZEWINSKA (Pol) 22.51 (Champ rec).
- 2, RENATE STECHER (E Ger) 22.68.
- 3, MONA-LISA PURSIAINEN (Fin) 23.17.
- 4, LYUDMILA MASLAKOVA (USSR) 23.31.
- 5, HELEN GOLDEN (UK) 23.38.
- 6, ANNEGRET KRONIGER (W Ger) 23.38.
- 7, CHRISTIANE KRAUSE (W Ger) 23.78.
- 8, PETRA KANDARR (E Ger) 23.99.

5000 METRES: Heats

(1st 4 and 3 fastest losers to final)

Brendan Foster led the runners in his heat a merry dance, breaking away with a 59.1 lap half-way through the race, opening up a 40m lead and eventually trotting down the finishing straight just fast enough to stay ahead. Dave Black looked safe enough in his heat: at the bell he was among the leading four with Willy Polleunis a distant fifth. The Belgian, however, burst into life along the back straight, to the extent of taking the lead, and Black found himself fifth, and out of the final. Chris Stewart dropped nearly 150m behind the leaders in the final kilometre of his race. Foster's greatest rival, Emiel Puttemans, was not entered, having dropped out of the Belgian team because of his poor form.

Heat 1: (2:44.1, 5:27.4, 8:14.4, 10:59.6) 1, W. Polleunis (Bel) 13:38.6; 2, K. Boro (Nor) 13:38.6; 3, P. Penkava (Cz) 13:38.8; 4, M. Kuschmann (E Ger) 13:39.2; 5, D. BLACK (UK) 13:41.8; 6, F. Cerrada (Spa) 13:56.8; 7, W. Meier (Swi) 14:05.4; 8, M. Koussis (Gre) 14:07.0. A. Simoes (Por) dnf.

Heat 2: (2:52.4, 5:45.8, 8:43.0, 11:22.2) 1, P. Paivarinta (Fin) 13:56.6; 2, A. Kvalheim (Nor) 13:56.8; 3, S. Hoffman (Cz) 13:59.4; 4, V. Zaton-ski (USSR) 14:01.4; 5, H. Nogala (Pol) 14:07.0; 6, C. STEWART (UK) 14:17.2; 7, E. Coghlan (RoI) 14:29.6. L. Schots (Bel) dnf. A. Garderud (Swe) and C. Lopes (Por) scr.

Heat 3: (2:44.2, 5:30.2, 8:09.4, 10:53.2) 1, B. FOSTER (UK) 13:37.0; 2, J. Hermens (Neth) 13:37.4; 3, K. Kvalheim (Nor) 13:37.8; 4, L.

MAIDENHEAD ATHLETIC CLUB

SATURDAY, SEPTEMBER 28th, 1974

30th Annual

6 x 4½ MILE OPEN ROAD RELAY

also 7th Annual

YOUTHS OPEN 2½ MILE ROAD RACE
and BOYS OPEN 2½ MILE ROAD RACE

(All under A.A.A. Laws)

Start from Kidwells Park, Maidenhead

Youth 2.20 p.m., Boy 2.40 p.m., Relay 3 p.m.

Changing accommodation at Swimming Pool.

Awards: Relay—"Dudley Sims Challenge Cup"

plus plaques 1st team, medals 2nd and 3rd

Teams, also 3 fastest laps. Special medals 1st

'B' or 'C' etc. team outside first 3 teams,

providing 'A' team has completed the course.

Youths and Boys Road Races—Challenge Cups

1st teams, plaques first 3 inds, medals first 3

teams (4 run, 3 score both races).

Entry Fees: Relay 60p per team, Road Races

50p per team (all must be first claim).

Entries to Bob Stevenson, 8 Gage Close, Mai-

denhead, Berks. (Maid. 24528), by Sept. 19th.

Viren (Fin) 13:38.2; 5, I. Floroiu (Rum) 13:39.0; 6, P. Svet (Yug) 13:40.8; 7, K-P. Hildenbrand (W Ger) 13:41.4; 8, C. Cairoche (Fra) 13:59.6. E. Van Mullem (Bel) dnf. D. Glans (Swe) scr.

DECATHLON: First Day

Kurt Bendlin is still out of luck; after making a fine comeback this year after two seasons out with injury, he hurt himself in long jump training and had to withdraw. Another outstanding contender, Lennart Hedmark, pulled out after three events. Guido Kratschmer, with personal bests in the long jump, high jump and 400, was the overnight leader, 42 points ahead of Yves Le Roy and 109 in front of Ryszard Skowronek.

Scores after five events: 1, G. Kratschmer (W Ger) 4227 (10.83, 7.60/24'11½", 13.56/44'6", 2.01/6'7", 48.44); 2, Y. Le Roy (Fra) 4185 (10.95, 7.72/25'4" w, 13.37/43'10½", 1.98/6'6", 48.41); 3, R. Skowronek (Pol) 4118 (10.97, 7.49/24'7", 13.10/42'11½", 1.95/6'4½", 47.90); 4, J. Zeilbauer (Aut) 4105 (11.19, 7.11/23'4" w, 14.32/46'11½", 2.04/6'8½", 48.66); 5, R. Katus (Pol) 4032 (11.14, 7.38/24'2½" w, 14.47/47'5½", 1.92/6'3½", 49.62); 6, R. Pihl (Swe) 4006 (11.01, 7.15/23'5½", 14.85/48'8½", 1.89/6'2½", 49.75); 7, E. Stroot (W Ger)

4002 (11.12, 7.19/23'7½", 13.12/43'0½", 1.92/6'3½", 47.46); 8, L. Litvinenko (USSR) 3979 (11.14, 7.01/23'0" w, 14.60/47'10½", 1.89/6'2½", 48.76); 9, P. Andres (Swi) 3960 (11.08, 7.08/23'2½" w, 11.98/39'3½", 1.95/6'4½", 47.37); 10, A. Blinyayev (USSR) 3920 (11.46, 7.52/24'8½", 14.36/47'1½", 1.95/6'4½", 51.55);

11, V. Bogdan (Rum) 3861 (11.27, 7.10/23'3½", 13.92/45'8", 1.86/6'1½", 49.58); 12, H. Kyosola (Fin) 3837 (11.17, 7.09/23'3½" w, 12.13/39'9½", 1.86/6'1½", 49.58); 13, R. Ghesquiere (Bel) 3828 (11.68, 7.21/23'8", 13.79/45'3", 1.92/6'3½", 49.79); 14, R. Lespagnard (Bel) 3828 (11.14, 7.12/23'4½", 12.78/41'11½", 1.86/6'1½", 49.43); 15, L. Pernica (Cz) 3755 (11.45, 6.81/22'4½" w, 13.30/43'7½", 1.95/6'4½", 50.53); 16, E. Kozakiewicz (Pol) 3752 (11.35, 7.11/23'4", 12.24/40'2", 1.89/6'2½", 49.75); 17, J-P. Schoebel (Fra) 3738 (11.26, 6.90/22'7½", 13.42/44'0½", 1.83/6'0", 50.20); 18, R. Cano (Spa) 3623 (11.38, 6.79/22'3½", 11.24/36'10½", 1.89/6'2½", 49.57); 19, S. Hallgrímsson (Ice) 3605 (11.64, 6.59/21'7½", 13.65/44'9½", 1.83/6'0", 50.09).

Retired: H. Born (Swi) 11.29, 7.31w, 12.92, 1.98; R. Backman (Swe) 10.96, 7.16w, 13.14, 1.86; L. Hedmark (Swe) 11.41, 7.13, 15.30; R. Zigert (USSR) 11.17, 7.02, 16.14; M. Bettella (Ita) dnf 100. Scratched: K. Bendlin (W Ger).

FIFTH DAY: Saturday, September 7th

JAVELIN: Qualifying

Dave Travis has not enjoyed the happiest of seasons; losing his Commonwealth title and UK record to Charlie Clover was a blow and he had recently been troubled with a back injury, using the Norway v UK match as a fitness test. He had problems, too, in the qualifying round for after two throws he had attained only 76.96/252'6" and the standard required was 78m. But all worries were cast aside when, at his final attempt, he connected to a degree he has not enjoyed since his memorable 1970 season. The spear flew out to 82.38/270'3", the second best throw of his life and good for second place in the qualifying competition. Brian Roberts had two throws ruled flat, at around 76m, and deliberately fouled his last when it landed very short.

Qualifiers: (Pool 1) K. Wolfermann (W Ger) 82.64/271'1"; D. TRAVIS (UK) 72.54, 76.96, 82.38/270'3"; W. Hanisch (E Ger) 77.32, 82.08/269'3"; T. Thorslund (Nor) 77.74, —, 80.10/262'9"; G. Erdelyi (Hun) 69.26, 73.72, 79.10/259'6"; J. Lusiš (USSR) 78.44/257'4"; J. Jaakola (Fin) 78.40/257'3". (Pool 2): L. Koski-Vahala (Swe) 81.80/268'4"; S. Leroy (Fra) 73.38, 76.90, 80.90/265'5"; M. Nemeth (Hun) 73.62, 80.86/265'3"; M. Wessing (W Ger) 74.50, 80.56/264'4"; H. Siitonen (Fin) 79.70/261'6"; N. Grebnyev (USSR) 74.80, 75.02, 79.48/260'9"; A. Aho (Fin) 78.38/257'2".

Non-qualifiers: A. Makarov (USSR) 73.20, —,

77.92/255'8"; M. Milenski (Bul) 75.04, —, 77.10/252'11"; R. Cramerotti (Ita) 73.24, 73.54/241'3", —; L. Tuita (Fra) 68.86/225'11", —, —. B. ROBERTS (UK) 3 fouls. V. Djoven (Bul) and R. Pihl (Swe) scr.

HAMMER: Final

We may not see Anatoliy Bondarchuk at another major championship but his successor is

NEWCASTLE HIGH SCHOOL

CENTENARY 1974

Third Annual Inter-Schools CROSS-COUNTRY RELAYS MEETING (Under A.A.A. Laws)

AT KEELE UNIVERSITY

SATURDAY, SEPTEMBER 28th

Under 12 Years	4x1½ Miles
12-14 Years	4x1½ Miles
14-16 Years	4x2 Miles
16-19 Years	4x2 Miles

Cup for the Team with the best score in all four 'A' Team races. Cup for the winning Team; Cup for the Most Improved Team; Medals for the first 3 Teams; the first 'B' Team; and Fastest Lap in each Race.

Further details and entry forms may be obtained from Master i/c Cross-Country, Newcastle High School, Newcastle, Staffs.

already apparent. His name is Aleksey Spiridonov. Only 22, the 1.92/6'3½", 103kg/227lb Soviet athlete assumed control from his first throw (74.14/243'3") onwards. He climaxed a fine series with a throw measuring 74.20/243'5" and only Olympic silver medallist Jochen Sachse, second all the way and finishing with a 74.00/242'9" toss, offered any resistance. Reinhard Theimer, who broke the world record in July with 76.60/251'4", was almost 5m down on that and collected the bronze to add to the one he gained in 1969 and the silver he claimed in 1971. Ian Chipchase failed by only 6cm (3") to qualify for three more throws.

Spiridonov, runner-up both in the 1970 European Junior and last year's World University Games, emerged as a major talent in 1970 when, at 18, he threw 68.14/223'7". He levelled off to 68.28/224'0" in 1971, surged forward to 74.54/244'7" in 1972 and has consolidated that level ever since: 74.08/243'0" in 1973 and 74.66/244'11" this season. He could be the next world record holder.

- 1, ALEKSEY SPIRIDONOV (USSR) 74.20/243'5" (74.14, 73.54, 69.52, —, 72.88, 74.20).
- 2, JOCHEN SACHSE (E Ger) 74.00/242'9" (71.44, 70.42, 72.26, 73.28, 73.08, 74.00).
- 3, REINHARD THEIMER (E Ger) 71.62/235'0" (70.18, 70.36, —, 71.62, 71.42, —).
- 4, VALENTIN DMITRYENKO (USSR) 71.18/233'6" (70.16, —, 71.18, —, 70.50, —).
- 5, UWE BEYER (W Ger) 71.04/233'1" (69.76, 67.62, —, 68.26, 67.14, 71.04).

MEDWAY ATHLETIC CLUB

51st ROCHESTER "5"

SUNDAY, NOVEMBER 17th, 1974

Start 3 p.m.

ROCHESTER ESPLANADE

AWARDS

Willis Cup: 1st Individual

Simmons Cup: 1st Team

Charlie Pay Trophy: 1st Kent Runner

GREATLY INCREASED PRIZE VALUES

Value of Prizes £100 for: First 10 Individuals, First Three Teams, First 'B' Team, First Veteran.

Changing Accommodation: Mathematical School, Maidstone Road, Rochester. (Transport provided to and from the start.)

Entries: 6 to run, 4 to score

Fees: 50p Teams and 20p Individuals

Race Secretary:

L. Smith, 5 The Shades, Knights Place, Strood, Rochester, Kent (Medway 70224)

CLOSING DATE: November 5th, 1974

- 6, MANFRED HUNING (W Ger) 70.58/231'7" (—, 68.66, 70.58, 68.88, —, —).
- 7, HEIKKI KANGAS (Fin) 70.04/229'9" (67.26, 68.50, 70.04, 69.28, 66.54, 67.68).
- 8, ISTVAN ENCSI (Hun) 68.50/224'9" (67.04, 68.50, 68.34, 68.50, 67.02, —).
- 9, E. Klein (W Ger) 68.48/224'8" (68.48, 66.96, 67.94); 10, I. CHIPCHASE (UK) 68.44/224'6" (68.44, 65.82, 65.92); 11, K.-H. Beilig (E Ger) 67.82/222'6" (67.82, —, 67.62); 12, C. BLACK (UK) 65.54/215'0" (65.54, —, —); 13, S. Jaglinski (Pol) 65.52/214'11" (65.52, 63.62, —).

WOMEN'S 100 METRES HURDLES: Final

She was away well, she built up a comfortable lead and hurdling with her customary precision she encountered no problems, winning by two metres. She was Annelie Ehrhardt, who else? Olympic champion and world record holder, her dominance of women's sprint hurdling has been absolute since she finished second in the 1971 European to the equally legendary Karin Balzer. She has not lost a significant race for three seasons and shows no signs of doing so, unless she should trip over a hurdle. The time of 12.66, with a negligible following wind of 0.20m/sec, was only 0.07 slower than her world's best on electrical timing at the Munich Olympics. Annerose Fiedler, the European indoor champion and wife of Klaus Fiedler (who reached the 110mH final half an hour later), finished spiritedly to pip Teresa Nowak for the silver in 12.89, her best run to date.

- 1, ANNELIE EHRHARDT (E Ger) 12.66 (Champ rec).
- 2, ANNEROSE FIEDLER (E Ger) 12.89.
- 3, TERESA NOWAK (Pol) 12.91.
- 4, VALERIA STEFANESCU (Rum) 13.04.
- 5, GUDRUN BEREND (E Ger) 13.14.
- 6, TATYANA ANISIMOVA (USSR) 13.16.
- 7, NATALYA LEBEDYEVA (USSR) 13.19.
- 8, GRAZYNA RABSTYN (Pol) 13.53.

110 METRES HURDLES: Semis

(1st 4 to final)

Heat 1: (+ 2.50m) 1, M. Wodzinski (Pol) 13.59; 2, G. Buttari (Ita) 13.64; 3, B. PRICE (UK) 13.78; 4, T. Munkelt (E Ger) 13.83; 5, E. Sebestyen (Rum) 13.91; 6, P. Cech (Cz) 14.07; 7, V. Myasnikov (USSR) 14.19; 8, L. Nadenicek (Cz) 14.38.

Heat 2: (+ 2.38m) 1, G. Drut (Fra) 13.46 (eq Champ rec); 2, F. Siebeck (E Ger) 13.46; 3, L. Wodzinski (Pol) 13.61; 4, K. Fiedler (E Ger) 13.64; 5, P. Sicinski (Pol) 13.77; 6, V. Hoferek (Cz) 13.89; 7, M. Schumann (W Ger) 14.04; 8, E. Pereverzev (USSR) 14.21.

3000 METRES STEEPLECHASE: Final

Anders Garderud was expecting to run 8:10 in Rome and put paid to his reputation as a man who chokes under pressure on the big occasion.

A brilliant runner whose personal bests include 1:47.2 (800), 3:36.7 (1500), 13:25.2 (5000) and 8:14.2 (the European steeplechase record), Garderud was European Junior 1500 steeplechase champion in 1964 but has built up a dismal record since. He was eliminated in the heats (on the flat) in the 1966 European and 1968 Olympics, slumped to 11th in the 1971 European final after setting a Swedish record in his heat, and cracked in the final 50m of his Munich Olympic heat to be eliminated once more.

Rome was to be his great chance, but unfortunately a severe case of 'Rome tummy' left him in a weakened state and so the fact that he again lost a race most thought he would win should not be weighed too heavily against him. All things considered, he did extremely well to record 8:15.4—only 1.4sec outside Ben Jipcho's world record—and lose by only a couple of metres to tough Bronislaw Malinowski. The finishing times proved what we all know already: that the current world record is a relatively 'soft' one. But for a slow start (2:49.7 for 1000m, which is only 8:29 pace) the record surely would have been smashed by several seconds.

Still, in a championship the times are largely immaterial and this race was packed with drama. Franco Fava was the early leader, which cheered up the crowd no end, and at 1000 he led from Malinowski (2:50.0) and Garderud (2:50.2). It was on the next lap that misfortune struck twice for Tapio Kantanen, the Olympic bronze medalist. First he fell into the water jump, recovering smartly to stay with the pack, and then barely 150m later he slipped over. By the time he picked himself up the field was far away and it says much for his dogged character that he continued for the remaining four laps, even picking off one tail-end.

Meanwhile, up front, Malinowski had taken over the lead and passed 2000 in 5:36.0, with Garderud on 5:36.2 and Fava on 5:36.6. Michael Karst was a further 5m down. From here on the pace was vicious, the final kilometre taking merely 2:39.0—which is 7:57 speed! Garderud moved ahead with a lap and a half to run but he couldn't shake off the Pole. At the bell, Garderud was 3m in front of Malinowski; Fava followed at a distance of 10m and he was 5m ahead of Karst. Malinowski swept past Garderud with 300 to go (Karst moving into third) and held a 2m lead at the final water jump. He was less than a stride in front at the last hurdle and it was either man's race, but Malinowski took the barrier more crisply and held on to his precious lead over the run-in. Malinowski had covered the last 2000 in a searing 5:25.0 (around 4:02 for the second 1500) and the era of sub-8:10 'chasing must surely dawn next season if not before. Karst held on for third in his best time too, so Fava's national record of 8:19.0 went unrewarded.

The 23-year-old winner, whose previous best was 8:19.2, brought himself to a peak at just the right time following a season of high endeavour in flat races, which have included 3:39.3 for

STEVENAGE AND NORTH HERTS A.C.

FAIRLANDS CROSS-COUNTRY TROPHY MEETING

(Under A.A.A. and W.A.A.A. Laws)

**Fairlands Valley
Stevenage**

Saturday, October 19th

First Event 1.30 p.m.

Sponsored by Dixons Photographic Ltd.

EVENTS FOR GIRLS U/13 APPROX.
2100m, U/15 2900m, U/17 3700m, and
BOYS U/12 2900m, U/14 3700m, U/16
4500m, U/18 5100m.

Fairlands Trophy to overall winning club.

'Comet Cup' to best combined Boys team.

'New Borough' Cup to best combined Girls team.

'Lakes' Cup to first Youth team.

'Isles' Cup to first Senior Girls team.

Medals to first three, first three teams, in each event.

Teams of three, any number to run.

Entry Fee 10p per individual.

Entries close October 5th to B. Hill, 37
Walden End, Stevenage, Herts.

Course mainly grass, some short hills. Excellent parking and refreshments. 80 per cent of race visible from the start.

1500, 8:17.8 for 2M, 13:33.8 for 5000 and 28:25.2 for 10,000 (he was fourth earlier in the week). Seeing that the Italians have claimed Fiasconaro and would like to claim Susanj, perhaps the Scots should embrace Malinowski as one of their own. His mother comes from Edinburgh.

- 1, BRONISLAW MALINOWSKI (Pol) 8:15.0 (Champ rec).
- 2, ANDERS GARDERUD (Swe) 8:15.4.
- 3, MICHAEL KARST (W Ger) 8:18.0.
- 4, FRANCO FAVA (Italy) 8:19.0.
- 5, HANS-PETER WEHRLI (Swi) 8:26.2.
- 6, GHEORGHE CEFAN (Rum) 8:26.2.
- 7, GERD FRAHMCKE (W Ger) 8:26.0.
- 8, GERARD BUCHHEIT (Fra) 8:30.2.
- 9, D. Glans (Swe) 8:31.4; 10, D. Moravcik (Cz) 8:34.4; 11, T. Kantanen (Fin) 8:43.2; 12, F. Bartos (Cz) 8:49.6.

4 x 100 METRES: Heats

(1st 4 to final)

Alan Lerwill substituted at the last moment for injured Ainsley Bennett but any remote chance Britain had of qualifying was removed by a very poor change between Lerwill and Chris Monk. West Germany, who had medal prospects, were disqualified.

Heat 1: 1, Italy (G. Vincenzo, N. Oliosi, L. Benedetti, P. Mennea) 39.27; 2, E Germany (M. Kokot, M. Droese, H.-J. Bombach, S. Schenke) 39.33; 3, Poland (A. Swierczynski, M. Bedynski, R. Madry, Z. Nowosz) 39.78; 4, Spain (L. Sarria, J. Sarraqueta, M. Arnau, J.-L. Paraiso) 40.01; 5, Sweden (H. Trulsson, P.-O. Sjöberg, D. Gramma, C. Garpenborg) 40.11; 6, Finland (O. Karttunen, R. Vilen, L. Malin, M. Juhola) 40.20; 7, Hungary (L. Gresa, E. Lepold, L. Korona, T. Farkas) 40.36.

Heat 2: 1, France (L. Sainte-Rose, J. Arame, B. Cherrier, D. Chauvelot) 39.24; 2, USSR (A. Kornev, A. Aksinin, Y. Silov, V. Borzov) 39.55; 3, Bulgaria (L. Zapryanov, P. Petrov, G. Gantchev, M. Doychev) 39.95; 4, Czechoslovakia (M. Kralik, J. Matousek, J. Demec, L. Bohman) 40.00; 5, UK (D. ROBERTS, A. LERWILL, C. MONK, D. HALLIDAY) 40.33; W Germany (K. Ehl, K.-D. Bieler, M. Ommer, F.-P. Hofmeister) disq.

4 x 400 METRES: Heats

(1st 3 & 2 fastest losers to final)

Approximate splits for the UK team were: Glen Cohen 47.8 (21.8 first 200), Bill Hartley 45.6, Alan Pascoe 46.6 and David Jenkins 44.6. The Dutch team was disqualified at first after the anchorman had brought down Luciano Susanj from behind, but the appeal jury reinstated the team. Their time (3:06.28) was fractionally faster than the Czechs and they made the final as fastest losers along with West Germany, whose anchorman Bernd Herrmann appeared to be suffering from a touch of cramp.

Heat 1: 1, Finland (S. Lonnqvist, O. Karttunen, M. Taskinen, M. Kukkoaho) 3:04.6; 2, UK (G. COHEN, W. HARTLEY, A. PASCOE, D. JENKINS) 3:04.7; 3, France (J.-C. Nallet, R. Velasquez,

J. Carrette, F. Demarthon) 3:05.3; 4, Netherlands (R. Heerenveen, R. v.d. Heuvel, F. Nusse, T. v.d. Goolberg) 3:06.3; 5, Italy (F. Borghi, A. Di Guida, G.-L. Cellerino, M. Fiasconaro) 3:08.5; 6, Yugoslavia (T. Tivcak, M. Cikic, J. Alebic, L. Susanj) 3:37.8.

Heat 2: 1, USSR (V. Yurchenko, V. Nosenko, Y. Gavrilenko, S. Kocher) 3:05.3; 2, Sweden (P.-O. Sjöberg, D. Grama, E. Carligen, M. Fredriksson) 3:05.5; 3, E Germany (R. Kokot, B. Stops, J. Utikal, A. Schiebe) 3:05.8; 4, W Germany (H. Kohler, H.-R. Schloske, K. Honz, B. Herrmann) 3:05.8; 5, Czechoslovakia (I. Danis, F. Stross, M. Tulis, M. Kodejs) 3:06.3.

50 KILOMETRES WALK

Bernd Kannenberg will be back, but for the moment Christoph Hohne is on top of the pile again. The man who won the 1968 Olympic and 1969 European titles had already this year, his 19th season in athletics, clocked his fastest ever time of 3:52:52.8, and in Rome he added to his long catalogue of successes. Kannenberg lost contact with the leaders after halfway and faded to 9th, fully 22 minutes behind Hohne whose 10km splits were 49:04.0, 48:24.6, 47:24.8, 46:39.6 and 47:32.6. Bob Dobson, well placed for 20km, finished 14th—three places behind John Warhurst. Average temperature during the race was 23°C, humidity 77%. Intermediate timings:—

10km: Kannenberg, Bartsch, Soldatenko 49:00.0, Hohne, Selzer, Weidner, Skotnicki, Dobson, Bondarenko 49:04.0. **20km:** Kannenberg, Bartsch 1:37:28.4, Hohne 1:37:28.6, Soldatenko 1:37:28.8, Selzer 1:37:31.6, Skotnicki 1:38:18.2, Dobson 1:38:18.4, Weidner 1:38:22.0, Visini 1:38:50.6. **30km:** Bartsch 2:24:53.0, Hohne 2:24:53.4, Selzer 2:26:18.2, Soldatenko 2:26:44.0, Visini 2:26:59.6, Kannenberg 2:28:09.2, Skotnicki 2:28:33.4, Weidner 2:29:05.0, Schubert 2:31:05.2. **40km:** Hohne 3:11:33.0, Bartsch 3:12:09.2, Visini 3:15:51.4, Selzer 3:16:06.0, Soldatenko 3:18:12.2, Skotnicki 3:19:15.6.

1, CHRISTOPH HOHNE (E Ger) 3:59:05.6 (Champ rec).

2, OTTO BARTSCH (USSR) 4:02:38.8.

3, PETER SELZER (E Ger) 4:04:28.4.

4, VITTORIO VISINI (Ita) 4:05:43.6.

5, VINYAMIN SOLDATENKO (E Ger) 4:09:31.6.

6, WINFRIED SKOTNICKI (E Ger) 4:10:19.0.

7, GERHARD WEIDNER (W Ger) 4:10:52.4.

8, HEINRICH SCHUBERT (W Ger) 4:16:05.0.

9, B. Kannenberg (W Ger) 4:21:47.0; 10, D. Carpentieri (Ita) 4:22:42.6; 11, J. WARHURST (UK) 4:26:34.6; 12, R. Valore (Ita) 4:30:22.8; 13, D. Björkegren (Swe) 4:31:08.8; 14, R. DOBSON (UK) 4:35:26.4; 15, S. Ingvarsson (Swe) 4:36:18.2.

S. Bondarenko (USSR) & O. Andersson (Swe) disq. Y. Kamenov (Bul) & M. Bartos (Cz) dnf.

DECATHLON: Second Day

Guido Kratschmer, the overnight leader, moved further ahead after a windy 14.29 hurdles but lost

some ground in the discus. Revelation in the pole vault was Ryszard Skowronek, who improved his best from 4.90/16'0 $\frac{1}{2}$ " to 5.10/16'8 $\frac{1}{2}$ ", which earned him 1075 pts, the highest single score of the contest. Yves Le Roy, whose speciality is the vault—he has cleared 5.20/17'0 $\frac{1}{2}$ "—failed at 4.80/15'9" and after eight events the Frenchman led by just 2 pts from the Pole (6815-6813) with Kratschmer on 6745, Ryszard Katus 6590 and Leonid Litvinenko 6561.

Skowronek moved into the lead after the javelin (7624), followed by Le Roy (7593), Kratschmer (7549), Katus (7402) and Litvinenko (7384) and the stage was set for a dramatic 1500 finale. Skowronek finished a tenth ahead of Kratschmer and 4.6 sec in front of Le Roy to win with the grand total of 8207, one point below his best. Le Roy set a national record and Kratschmer (six personal bests in all) went over 8000 for the first time. Poor Litvinenko, the Olympic second placer, ran his heart out to clock an outstanding 4:09.7 but still finished outside the medals despite scoring 8122.

1, RYSZARD SKOWRONEK (Pol) 8207 (Champ rec) (14.79, 43.26/141'11", 5.10/16'8 $\frac{1}{2}$ ", 64.14/210'5", 4:30.90).

2, YVES LE ROY (Fra) 8146 (15.04 W, 46.66/153'1", 4.65/15'3", 61.42/201'6", 4:35.50).

3, GUIDO KRATSCHEMER (W Ger) 8132

(14.29 W, 42.10/138'1", 4.20/13'9 $\frac{1}{2}$ ", 63.58/208'7", 4:31.00).

4, LEONID LITVINENKO (USSR) 8122 (14.64, 45.20/148'3", 4.40/14'5 $\frac{1}{2}$ ", 65.10/213'7", 4:09.70).

5, RYSZARD KATUS (Pol) 7920 (14.54, 43.06/141'3", 4.40/14'5 $\frac{1}{2}$ ", 64.22/210'8", 4:41.00).

6, PHILLIP ANDRES (Swi) 7836 (15.30, 38.34/125'9", 4.60/15'1", 60.52/198'7", 4:13.20).

7, JOSEF ZEILBAUER (Aut) 7792 (14.82 W, 41.74/136'11", 4.20/13'9 $\frac{1}{2}$ ", 53.78/176'5", 4:34.80).

8, ALEKSANDR BLINYAYEV (USSR) 7742 (15.63, 47.94/157'3", 4.50/14'9", 61.12/200'6", 4:44.80).

9, E. Stroot (W Ger) 7704 (15.10, 40.50/132'10", 4.10/13'5 $\frac{1}{2}$ ", 58.42/191'8", 4:29.20); 10, R. Ghesquiere (Bel) 7591 (15.08, 40.52/132'11", 4.10/13'5 $\frac{1}{2}$ ", 61.16/200'8", 4:25.60); 11, E. Kozakiewicz (Pol) 7522 (15.86, 37.68/123'7", 5.00/16'4 $\frac{1}{2}$ ", 56.98/186'11", 4:29.50); 12, J-P. Schoebel (Fra) 7486 (15.44, 38.96/127'10", 4.40/14'5 $\frac{1}{2}$ ", 62.82/206'1", 4:32.00); 13, L. Pernica (Cz) 7456 (15.26, 38.06/124'10", 4.50/14'9", 53.86/176'8", 4:26.60); 14, H. Kyosola (Fin) 7384 (16.46, 36.20/118'9", 4.10/13'5 $\frac{1}{2}$ ", 64.84/212'9", 4:31.40); 15, R. Cano (Spa) 15.49 W, 33.58/110'2", 4.20/13'9 $\frac{1}{2}$ ", 54.34/178'3", 4:43.80); 16, R. Lospagnard (Bel) 6937 (16.17, 37.66/123'7", 3.80/12'5 $\frac{1}{2}$ ", 44.18/144'11", 4:56.60); R. Phil (Swe) 16.12, 42.22, ret; S. Hallgrímsson (Ice) 22.28, ret; V. Bogdan (Rum) 28.90, ret.

SIXTH DAY: Sunday, September 8th

110 METRES HURDLES: Final

Guy Drut confirmed beyond any doubt that he is Europe's finest high hurdler. Making up for his disaster in Helsinki three years ago, the Olympic silver medallist ran a faultless race. He was out ahead by halfway and, with defending champion Frank Siebeck running into terrible trouble at the 5th and 6th hurdles, the Frenchman romped to a handsome victory by over 2m. His time of 13.40, with only a light assisting breeze of 0.50m/sec, was the third fastest electrical mark on the record behind Rod Milburn's 13.24 and his own 13.34 in Munich. The Wodzinski brothers shared the remaining spoils. Mirosław, the taller, heavier and younger (by five years) of the two, filled second place and Leszek third. Berwyn Price was too far down by halfway to salvage anything in this race.

- 1, GUY DRUT (Fra) 13.40 (Champ rec).
- 2, MIROSLAW WODZYNSKI (Pol) 13.67.
- 3, LESZEK WODZYNSKI (Pol) 13.71.
- 4, THOMAS MUNKELT (E Ger) 13.72.
- 5, GIUSEPPE BUTTARI (Ita) 13.85.
- 6, KLAUS FIEDLER (E Ger) 13.96.
- 7, BERWYN PRICE (UK) 14.05.
- 8, FRANK SIEBECK (E Ger) 14.79.

TRIPLE JUMP: Final

Saneyev continues to live up to his first name of Viktor. Olympic champion in 1968 and 1972, European champion in 1969, three times European

indoor champion . . . and now European champion again in 1974, regaining the title he lost in Helsinki to Jorg Drehmel. Saneyev has the knack of being able to reserve his finest performances for the greatest occasions and this time he bounded to a glorious 17.23/56'6 $\frac{1}{2}$ " (+1.20m/sec wind) which is well beyond anything he had previously achieved this season. And as for his winning margin, that was quite extraordinary: 55cm (1'9 $\frac{1}{2}$ ") no less, and it would have been over 2ft had not Carol Corbu moved from 6th to 2nd with his final trial of 16.68/54'8 $\frac{1}{2}$ " (-0.46m/sec). Saneyev's two other valid jumps were 16.86/55'3 $\frac{1}{2}$ " (-0.25m) and 16.83/55'2 $\frac{1}{2}$ " (-0.40m).

- 1, VIKTOR SANAYEV (USSR) 17.23/56'6 $\frac{1}{2}$ " (-, 17.23, —, 16.86, 16.83, —).
- 2, CAROL CORBU (Rum) 16.68/54'8 $\frac{1}{2}$ " (16.44, 16.32, —, 16.40, —, 16.68).
- 3, ANDRZEJ SONTAG (Pol) 16.61/54'6" (16.13, 16.61, —, 16.32, 16.37, 16.30).
- 4, JORG DREHMEI (E Ger) 16.54/54'3 $\frac{1}{2}$ " (16.54, 15.75, 16.23, 16.33, —, 16.05).
- 5, MICHAŁ JOACHIMOWSKI (Pol) 16.53/54'2 $\frac{1}{2}$ " (16.53, 13.88, 16.03, 16.43, 14.16, —).
- 6, LOTHAR GORA (E Ger) 16.42/53'10 $\frac{1}{2}$ " (—, 16.42, —, —, —, —).
- 7, JIRI VYCHLO (Cz) 16.37/53'8 $\frac{1}{2}$ " (16.17, —, 16.37, 16.18, —, —).
- 8, NIKOLAY SINICHKIN (USSR) 16.17/53'0 $\frac{1}{2}$ " (15.69, 15.47, 16.17, 16.17, 15.95, 15.78).
- 9, P. Kuukasjarvi (Fin) 16.12/52'10 $\frac{1}{2}$ " (15.86, 16.12, 15.95); 10, A. Kathiniotis (Gre) 15.99/

52'5½" (—, —, 15.99); 11, R. Garnys (Pol) 15.97/52'4½" (—, 15.85, 15.97); 12, M. Segal (USSR) 15.89/52'1½" (15.89, 15.73, —); 13, B. Lamitie (Fra) 15.83/51'11½" (16.68, 15.83, 15.67); 14, K. Floegstad (Nor) 15.07/49'5½" (13.87, 15.07, 14.41); 15, E. Buzzelli (Ita) 12.84/42'1½" (—, 12.84, —).

JAVELIN: Final

With Janis Lusis and Klaus Wolfermann well below their usual championship form, it was left to the other member of the 'Big Three'—Hannu Siitonen—to produce a throw worthy of the circumstances. A personal best of 85.46/280'8" in the opening round by Wolfgang Hanisch, the 1971 bronze medallist, was something of a shocker and that held up easily for second place, but the ultra-consistent Finn settled the issue with his second throw of 89.58/293'11", longest throw in the world this year. Siitonen flighted the spear to perfection—how it lingered high in the air—and the 1200 strong Finnish contingent of fans went wild. And so, after an unprecedented reign by Lusis of 12 years, a new king of European javelin throwers has been crowned. For Lusis it was the first time in eight Olympic and European appearances that he has failed to win a medal, and even then the old master did go reasonably close to a bronze with his final fling of 83.06/272'6". Dave Travis's qualifying throw would have placed him 7th in the final.

- 1, HANNU SIITONEN (Fin) 89.58/293'11" (84.72, 89.58, 82.48, —, —, P).
- 2, WOLFGANG HANISCH (E Ger) 85.46/280'8" (85.46, —, 81.22, —, —, P).
- 3, TERJE THORSLUND (Nor) 83.68/274'6" (77.42, 75.76, 83.68, —, —, —).
- 4, NIKOLAY GREBNEYEV (USSR) 83.66/274'6" (83.66, 82.26, 76.52, —, 78.38, —).
- 5, KLAUS WOLFERMANN (W Ger) 83.36/273'6" (83.36, 77.62, —, 78.02, —, —).
- 6, JANIS LUSIS (USSR) 83.06/272'6" (79.28, —, 80.94, 81.64, 80.84, 83.06).
- 7, MIKLOS NEMETH (Hun) 81.06/265'11" (70.82, 70.32, 81.06, 76.72, —, 67.04).
- 8, LAURI KOSKI-VAHALA (Swe) 79.92/262'2" (76.80, 79.92, 74.70, 75.48, 77.00, 70.64).
- 9, A. Aho (Fin) 79.38/260'5" (79.38, 75.48, —, —); 10, G. Erdelyi (Hun) 78.06/256'1" (78.06, 73.90, 75.50); 11, D. TRAVIS (UK) 75.42/247'5" (75.38, 71.98, 75.42); 12, S. Leroy (Fra) 74.62/244'10" (74.62, —, 70.70); 13, J. Jaakola (Fin) 73.32/240'7" (—, 73.32, —); 14, M. Wessing (W Ger) 71.68/235'2" (68.58, —, 71.68).

1500 METRES: Final

An instantly forgettable race, notable only for the fact that winner Klaus-Peter Justus was in 10th place at the bell and 9th with 200 to go. He steamed past everyone, in the fourth lane, to take the lead in the final 10m of the race. Pekka Vasala ran the first 400 in 58.4, Ulf Hogberg led past 800 in 2:00.7 and 1200 in

3:00.4. Last lap by Justus, the 1970 European Junior champion, was 53.2. Tom Hansen, a Lydiard disciple who has run 2:46 for the marathon, finished a metre down after emerging as leader 50m from the tape. The medals were presented by three previous European champions at the distance—Luigi Beccali (1934), Roger Bannister (1954) and Franco Arese (1971); a nice touch.

- 1, KLAUS-PETER JUSTUS (E Ger) 3:40.6.
- 2, TOM HANSEN (Den) 3:40.8.
- 3, THOMAS WESSINGHAGE (W Ger) 3:41.1.
- 4, HAICO SCHARN (Neth) 3:41.3.
- 5, VLADIMIR PANTELEI (USSR) 3:41.4.
- 6, PEKKA VASALA (Fin) 3:41.5.
- 7, PAUL-HEINZ WELLMANN (W Ger) 3:41.6.
- 8, ROLF GYSIN (Swi) 3:41.8.
- 9, U. Hogberg (Swe) 3:42.3; 10, G. Ekman (Swe) 3:42.5; 11, H. Wasilewski (Pol) 3:42.7; 12, M. Philippe (Fra) 3:46.0.

WOMEN'S 1500 METRES: Final

The eternal bridesmaid has, at last, made it to the altar as the bride. Gunhild Hoffmeister, one of the greatest women athletes never to win a major title, succeeded in going one better than her second place finishes in Helsinki and Munich and won her championship in superb fashion. Only Lyudmila Bragina, with her world record 4:01.4 in Munich, has ever run faster than Hoffmeister's 4:02.3. Unlike the men's event this was a race of full-blooded effort, the first four all running faster than they had ever done before. This was largely due to the fast early pace cut out by Ulrike Klapezynski: 62.6 at 400, 2:10.0 at 800. Hoffmeister was 2nd at that point, with Joyce Smith 6th in a courageous 2:10.4. Hoffmeister, such an elegant mover, forged ahead after 900 and was a good 10m clear at the bell over Tatyana Kazankina, with Grete Andersen (the WAAA champion from Norway) a similar distance behind in 3rd. The East German star passed 1200 in 3:15.0 (Joyce was 7th in 3:18) and entered the finishing straight 20m ahead. She was never in danger as she completed her final lap in 62.8. The 800 champion Lilyana Tomova, in her first season at the event, finished remarkably: in 4th place and 30m down on Hoff-

WALTON ATHLETIC CLUB 29th Annual

10 MILE ROAD RACE

Sponsored by CREST HOMES
(Under A.A.A. Laws)

SATURDAY, OCTOBER 12th, 3 p.m.

Stompond Lane, Walton-on-Thames

Prizes: 1st, 2nd, 3rd teams, 1st Vet. team (4 score). First 3 Indiv., first 3 Vets., first 30 finishers gaining no other award.

Entries to B. Judd, 10 Orchard Gardens, Cranleigh, Surrey.

CLOSING DATE OCTOBER 5th

BRITISH MILERS' CLUB
ANNUAL RESIDENTIAL INSTRUCTIONAL TRAINING
WEEK-END, GRANGE FARM, CHIGWELL

Friday 7 p.m. October 11th to Sunday 4 p.m. October 13th, 1974
 BRITAIN'S MOST FAMOUS MIDDLE DISTANCE WEEKEND OPEN TO
 ALL ATHLETES

Course Directors: Ron Holman, Staff Coach Southern Area, Frank Horwill, National BMC Secretary.

Coaches attending include: Tony Saunders, Staff Coach Midlands. Conrad Milton, Staff Coach, South.

Guests of honour: Harry Wilson, National Long Distance Coach. Stan Long, Staff Coach, North.

Friday, October 11th

- 7.00 p.m. Supper.
- 8.00 p.m. Welcome Talk and introductions.
- 8.15 p.m. Lecturette—Sprinting—A Must for Middle-Distance by Frank Horwill. Ideas for the Winter by Conrad Milton. Indoor Racing—Its Place? by Tony Saunders, British Milers' Club A.G.M. Meritorious Awards for outstanding performances.
- 9.15 p.m. Middle Distance Discussion among coaches. Papers will be read and queries discussed. **Only specially invited athletes can attend this discussion.**
- 10.00 p.m.

Saturday, October 12th

- 7.00 a.m. Morning run—**compulsory**—Distance left to the discretion of the coach in charge of the group.
- 8.00 a.m. Breakfast.
- 9.00 a.m. Lecture by Harry Wilson, National Event Coach for Long Distance.
- 10.00 a.m. Coffee.
- 10.15 a.m. Limber up (jogging, suppling, stretching, and strengthening exercises) with full explanation from group coach. Two man paarlaufs.
- 11.30 a.m. Volley ball, table tennis (bring your own bat and ball).
- 12.00 noon Lunch.
- 1.00 p.m. Interview with a female and male international athlete by Harry Wilson.
- 2.00 p.m. Questions to the athletes through the Chair.
- 2.30 p.m. Fartlek, session to be clearly stated by coach, e.g. Gerschler, Saltin, Watson, Astrand or Purist.
- 3.30 p.m. Volleyball, football.
- 4.00 p.m. Tea.
- 4.15 p.m. Lecturette—The Business of Coaching by Ron Holman. This Racing Problem by Harry Wilson.
- 5.00 p.m. Shower for supper.
- 6.00 p.m. Supper.
- 7.00 p.m. Free Time.
- 11.00 p.m. Lights out—please refrain from waking up other residents.

Sunday, October 13th

- 7.00 a.m. Morning run (**compulsory**).
- 8.00 a.m. Breakfast.
- 9.00 a.m. Quiz—bring notebook and pen.
- 10.00 a.m. Exercise to music and circuit training.
- 11.00 a.m. Coffee.
- 11.15 a.m. Track/three man paarlaufs.
- 12.00 noon Lunch.
- 1.00 p.m. Interview with two leading coaches, Bryan Smith and Stan Long, by Frank Horwill.
- 2.00 p.m. Questions from floor through Chair.
- 2.15 p.m. Final training session four man paarlaufs.
- 3.00 p.m. Volley ball (knock-out competition).
- 3.30 p.m. Résumé of Information.
- 4.00 p.m. Vote of thanks to coaches—Tea.

Cost of Course £5.50 for B.M.C. Members, **£6.50 for non members**. Payable to Frank Horwill, not the B.M.C. Applicants should state age, best times and full name and address together with a **STAMPED ADDRESSED ENVELOPE**. Entries close September 23rd, 1974. Apply Frank Horwill, 201 Sumatra Road, N.W.6. Apply now if you wish to secure a place. Part-time attendance not permitted.

meister with 200 to go, she ended up 2nd in 4:05.0. Will she be the first woman to break 4 minutes? Karin Krebs (the 1971 champion) withdrew from the final; she had set a world's best of 2:35.0 for 1000m shortly before the Championships.

- 1, GUNHILD HOFFMEISTER (E Ger) 4:02.3 (Champ rec).
- 2, LILYANA TOMOVA (Bul) 4:05.0.
- 3, GRETE ANDERSEN (Nor) 4:05.2.
- 4, TATYANA KAZANKINA (USSR) 4:05.9.
- 5, TAMARA PANGELOVA (USSR) 4:08.9.
- 6, ULRIKE KLAPEZYNSKI (E Ger) 4:10.5.
- 7, CARMEN VALERO (Spa) 4:11.6.
- 8, JOYCE SMITH (UK) 4:12.3.
- 9, G. Dorio (Ita) 4:12.7; 10, E. Wellmann (W Ger) 4:16.3; 11, G. Lindh (Swe) 4:17.5. K. Krebs (E Ger) scr.

WOMEN'S 4 x 100 METRES: Final

The East Germans have been waiting for the opportunity to reverse the Munich Olympic result when, to everyone's surprise, West Germany beat them in a world record of 42.81. The chance was seized avidly, and the GDR team (of whom Renate Stecher and Christina Heinich were in the Olympic squad) came home 2m to the good in a world record 42.51, which is very close to winning time in the men's 4 x 100 at the 1912 (UK 42.4) and 1920 (USA 42.2) Olympics. Stecher, of course, played a major role in the proceedings but it was the brilliant last leg of Barbel Eckert the European Junior 200 champion, which clinched the race. The British girls performed admirably to fill 4th place (Andrea Lynch passed Sylvie Telliez on the anchor) and their time of 43.94 has only ever been bettered by the 43.7 clockings of the 1968 and 1972 Olympic teams.

- 1, EAST GERMANY (Doris Maletzki, Renate Stecher, Christina Heinich, Barbel Eckert) 42.51 (World rec).
- 2, WEST GERMANY (Elfgard Schittenhelm, Annegret Kroniger, Annegret Richter, Inge Helten) 42.75.
- 3, POLAND (Ewa Dlugolecka, Danuta Jedrejek, Barbara Bakulin, Irena Szewinska) 43.48.
- 4, UK (LINDA BARRATT, DENISE RAMSDEN, HELEN GOLDEN, ANDREA LYNCH) 43.94.
- 5, FRANCE (Nadine Goletto, Catherine Delachanal, Nicole Pani, Sylvie Telliez) 44.18.
- 6, HUNGARY (Judit Szabo, Ildiko Szabo, Zsuzsa Karoly, Iren Arva) 44.51.
- 7, ITALY (Maura Gnechi, Adriana Carli, Laura Nappi, Cecilia Molinari) 44.56.
- USSR (Marina Sidorova, Lyudmila Maslakova, Tatyana Tchernikova, Nadyezhda Besfamilnaya) scr.

4 x 100 METRES: Final

French sprint relay teams can usually be relied upon to give a good account and the present

combination proved to be one of the best yet. To the home supporters' chagrin, Dominique Chauvelot, who must be among the most ragged sprinters of his speed ever seen, finished a clear 2m ahead of Pietro Mennea, while the GDR anchorman just managed to prevent fast closing Valeriy Borzov gaining medals for the USSR. The Czechs fielded three quarters of their 1971 winning team, but this time came last. The basically unsporting nature of the home crowd manifested itself during the victory ceremony when the French national anthem was drowned in a cascade of whistles.

- 1, FRANCE (Lucien Sainte-Rose, Joseph Arame, Bruno Cherrier, Dominique Chauvelot) 38.69 (Champ rec).
- 2, ITALY (Vincenzo Guerini, Norberto Oliosi, Luigi Benedetti, Pietro Mennea) 38.88.
- 3, EAST GERMANY (Manfred Kokot, Michael Droese, Hans-Jurgen Bombach, Siegfried Schenke) 38.99.
- 4, USSR (Aleksandr Kornelyuk, Yuri Silov, Aleksandr Aksinin, Valeriy Borzov) 39.03.
- 5, POLAND (Andrzej Swierczynski, Marek Bedynski, Ryszard Madry, Zenon Nowosz) 39.35.
- 6, SPAIN (Luis Sarria, Juan Sarrasqueta, Miguel Arnau, Jose Paraiso) 39.87.
- 7, BULGARIA (Lyoubomir Zapryanov, Petar Petrov, Gueorgui Gantchev, Mirolyoub Doytchev) 39.91.
- 8, CZECHOSLOVAKIA (Jiri Kynos, Jaroslav Matousek, Juraj Demec, Ludvik Bohman) 39.92.

5000 METRES: Final

As Brendan Foster said beforehand, it wasn't so much that he wanted to win as that he wanted to win memorably. He did precisely that. Short of breaking the world record (and but for the sticky conditions he might well have run inside Puttemans' 13:13.0) it is difficult to perceive how he could have dominated the race to a greater degree. He won a major distance championship like Zatopek and Kuts used to, like Clarke wanted to, and like Bedford may now feel encouraged to emulate. It was probably the greatest victory ever achieved by a British distance runner at this level of competition, for he made runners of the calibre of Lasse Viren, Manfred Kuschmann and half a dozen others who have broken 13½min this season look practically second rate.

There was much conjecture as to how Brendan would run the race, most expecting him to throw in a sub-60 lap at the start of his break-away attempt. But when? 'Howay Big Bren' urged one prominent sign in the stadium, and Big Bren took the advice. He darted to the front from the gun and at no time was he headed! It was front running at its best: positive, unflinching, challenging. The unspoken message to his opponents was — 'Who's going to try and stay with me at world record pace, and in weather like this?' The temperature was 25°C (77°F) with an 85 per cent humidity reading.

For seven laps, run between 63.3 and 66.0, Brendan toiled away to no obvious effect but it was all part of a softening up process by a tactical master. Brendan felt he was capable of 13:12 and although the pace was quite fast enough for his rivals only he knew that he hadn't really started moving yet! It was at 2900m that Brendan changed into top gear, and only Viren attempted to match strides. Foster's thrilling burst carried him to 3000 in 8:01.2; Viren was breathing down his neck in 8:01.4... and Kuschmann led the pack 20m behind in 8:04.4. Within another half lap it was all over bar the shouting—and there was plenty of that from delighted British fans, including more than 200 with the 'AW' Tour.

That 8th lap took 60.2, the next took 62.8 (Viren was left 30m down) and the 10th was covered in 63.8, which brought Brendan past 4000 in 10:38.4 no less than 70m ahead of Viren (10:49.2), Kuschmann (10:49.3) and the others. Not since Kuts in Berne 20 years ago had a European 5000 championship field been humiliated in this manner. And still Gateshead's pride and joy was pulling away: 12sec up at 4400m, 13sec clear at the bell reached in 12:15.0. Bren's last circuit was in the nature of a premature lap of honour and he covered it in 62.2. Far behind a lively scrap was going on to decide the fate of the other medals. Kuschmann (56.0 last lap) safely installed himself in 2nd place, and Viren (56.8 lap) passed Jos Hermens in the straight for the bronze.

What an inspiration Brendan Foster is. This is no godlike figure in the manner of Viren at Munich, who looked so perfectly moulded a runner that it was difficult for an awkward young hopeful to identify. Bren is an ordinary looking runner who through much hard work and intelligent application has become extraordinary. There's more to it than that, though; the character and temperament which are uniquely his have played a vital part in the making of Brendan Foster, champion.

Lap times: 63.3, 2:07.4 (64.1), 3:10.8 (63.4), 4:15.3 (64.5), 5:20.2 (64.9), 6:25.6 (65.4), 7:31.6 (66.0), 8:31.8 (60.2), 9:34.6 (62.8), 10:38.2 (63.6), 11:42.6 (64.4), 12:46.0 (63.4), 13:17.2 (31.2). Kilometre splits: 2:39.2, 2:41.0, 2:41.0, 2:37.2, 2:38.8.

1, BRENDAN FOSTER (UK) 13:17.2 (Champ rec).

2, MANFRED KUSCHMANN (E Ger) 13:24.0.

3, LASSE VIREN (Fin) 13:24.6.

4, JOS HERMENS (Neth) 13:25.6.

5, ILIE FLOROIU (Rum) 13:27.2.

6, ARNE KVALHEIM (Nor) 13:27.2.

7, STANISLAV HOFFMAN (Cz) 13:29.0.

8, KLAUS-PETER HILDENBRAND (W Ger) 13:32.0.

9, V. Zatonskiy (USSR) 13:39.6; 10, P. Svet (Yug) 13:41.6; 11, K. Boro (Nor) 13:45.8; 12, P. Penkava (Cz) 14:00.6; 13, P. Paivarinta (Fin) 14:14.2; 14, K. Kvalheim (Nor) 14:19.0; 15, W. Polleunis (Bel) 14:23.2.

WOMEN'S 4 x 400 METRES: Final

Such is the GDR's strength in this department that although lacking the services this year of Monika Zehrt and Rita Kuhne they were still able to field a team which could run 3:25.2 (51.3 average) for victory. But standards are soaring all over Europe and this was no runaway success as in Helsinki and Munich. The issue was in question right to the end. Brigitte Rohde gave East Germany a good start, and Waltraud Dietsch led at halfway by 3m from the USSR and Finland, for whom Mona-Lisa Pursiainen ran 51.2. Angelika Handt opened up an 8m lead on the 3rd stage over the USSR, with Finland another 2m back. Poland were a distant 5th, nearly 30m behind the leader, and seemingly right out of it.

Riita Salin, anchoring for Finland, went out very fast, closed the gap and rushed past Ellen Streidt before the 200 mark. Riita built up a 5m lead around the turn but she had over-reached herself and Ellen came back at her in the straight, going ahead in the last 40m. Streidt's time was 50.5, Salin's 49.7. Nadyezhda Ilyina anchored well for the USSR, too, running around 50.5. Meanwhile, Irena Szewinska was putting together the most fantastic run in all history by a woman athlete. From nowhere, and racing against the most formidable opposition, she brought the Polish team very close to a medal position. From a very slow rolling start she flashed through 200 in 22.9 and completed her stint in an almost unbelievable 48.5!

The UK team would have smashed the national record of 3:28.7 but for a below-par opening leg from Ruth Kennedy who, being unwell, was far away from the form she displayed in winning a selection race a few days earlier in 53.1 ahead of Liz Barnes (53.6) and Christine Warden (54.6). Ruth was timed at 55.4 in 7th place. Jannette Roscoe moved up to 6th, Verona to 5th and Donna Murray (51.1) finished in 6th place.

1, EAST GERMANY (Brigitte Rohde, Waltraud Dietsch, Angelika Handt, Ellen Streidt) 3:25.2 (Champ rec).

2, FINLAND (Marika Eklund, Mona-Lisa Pursiainen, Pirjo Wilmi, Riitta Salin) 3:25.7.

3, USSR (Inta Klimovicha, Inga Barkane, Natalya Sokolova, Nadyezhda Ilyina) 3:26.1.

4, POLAND (Genowefa Nowaczyk, Krystyna Kacperczyk, Danuta Piecyk, Irena Szewinska) 3:26.4.

5, WEST GERMANY (Dagmar Jost, Elke Barth, Hildegard Falck, Rita Wilden) 3:27.9.

6, UK (RUTH KENNEDY, JANNETTE ROSCOE, VERONA BERNARD, DONNA MURRAY) 3:29.6.

7, RUMANIA (Iboia Slavic, Alexandra Badescu, Lacamioara Diaconiu, Mariana Suman) 3:30.8.

8, CZECHOSLOVAKIA (Eva Stefkova, Jindriska Hermanska, Eva Kovalcikova, Jozefina Cerchlanova) 3:36.3.

4 x 400 METRES: Final

Although the British were rated as likely medallists, few seriously expected them to win. However, the absence through injury of West Germany's 45.1 performer Bernd Herrmann made the race more open, and our lads seized their opportunity. David Jenkins ran the fastest and most spectacular leg but his successfully accomplished task was only made possible by the good running beforehand.

It was a fairly bizarre race. Soviet and Swedish runners fell over in separate incidents, while contact between Markku Kukkoaho and Francis Demarthon while out in the lead on the last leg resulted in Finland's disqualification and later reinstatement.

Glen Cohen gave Britain a sound start. After misjudging his heat and blowing up after too fast a start here he ran through in 22.1 and held on stoutly for a 46.6 clocking, his fastest yet. Bill Hartley broke from lanes in 5th place and with runners all round him charged through to hand over 3rd, having run a gritty 45.7. Alan Pascoe was not at his best after a stomach upset but managed to keep the team in 3rd spot with 46.7. At the final change it was Finland and France the best part of 10m ahead of the UK, with West Germany (Karl Honz) a stride behind. While the French and Finnish runners were battling it out, all too literally, around the first bend Jenkins made inroads on their lead and caught Demarthon after 200. He closed up on Kukkoaho and passed him with 50m remaining. It was a tremendous effort on his behalf and one watched anxiously as Honz started to move through. It was all right; with a baton grasped in his hand Jenkins always appears to be more in control of the situation and he held his form well to finish one stride ahead. His split was 44.3 the same for Honz.

1, UK (GLEN COHEN, BILL HARTLEY, ALAN PASCOE, DAVID JENKINS) 3:03.3.

2, WEST GERMANY (Rolf Ziegler, Horst Kohler, Horst-Rüdiger Schloske, Karl Honz) 3:03.5.

3, FINLAND (Stig Lonnquist, Osso Karttunen, Markku Taskinen, Markku Kukkoaho) 3:03.6.

4, FRANCE (Jean-Claude Nallet, Roger Velasquez, Jacques Carrette, Francis Demarthon) 3:04.6.

5, EAST GERMANY (Reinhard Kokot, Benno Stops, Jurgen Utikal, Andreas Scheibe) 3:05.0.

6, NETHERLANDS (Raymond Heerenveen, Rein v. d. Heuvel, Frank Nusse, Toine v. d. Goolberg) 3:06.3.

7, SWEDEN (Per-Olof Sjöberg, Dimitrie Grama, Eric Carlgren, Mikael Fredriksson) 3:12.6.

USSR (Valeriy Yurchenko, Vladimir Nosenko, Yevgeniy Gavrilenko, Semen Kocher) dnf.

(Further individual splits will be published if and when received.)

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MARATHON

Ian Thompson finally proved himself the man for all seasons **reports Jon Wigley**. The last vestiges of doubt fell away as Ian totally dominated the field and the conditions. The course was basically flat, winding through the streets of ancient Rome and the shaded banks of the Tiber out into the dry, brown countryside and back.

Strelez (USSR) headed the field as they left the sports complex after a mile and swung out into the warm sun, along the Tiber. Bob Sercombe was already having problems as a playful young Alsatian swept across his path several times. The field shunted and Thompson found himself in front without any effort . . . and, always an opportunist, led the pack into the shade of the tree-lined embankment. The road was steeply cambered, the alternative being to run between the tram lines in the centre of the cobbled road. Bernie Plain and Sercombe were well placed in the leading group, now surrounded by a flotilla of police motor-bikes, cars and press buses.

The field swung left across St Peter's Square (5km) led by Thompson with Karel Lismont (defending champion), Eckhard Lesse, Gaston Roelants and Neil Cusack tucked in behind. The sun was falling rapidly, creating welcome stretches of cool, but the runners' biggest problem was choosing the safest path over the difficult cobbles and tram lines. At 7km the field swung back onto the shaded embankment. Lismont looked pale in contrast to the rest of the leading group and appeared preoccupied with deciding whether or not to keep his sun hat on. Thompson continued to lead the group, looking relaxed with his swaying style, and appeared to be taking in a few en-route sights while the pack remained anxiously looking at each other.

At 5 miles Ian was waved across to the left, and cutting the line finely opened a 5m gap without intention—the first of many such 'blows' that continually forced the rest out of their momentum in order to scurry back into contact. Approaching 10km (32:44) the course crossed the Tiber and headed out towards the suburbs. Thompson later complained that the time boards here and at 20km were so placed that he couldn't see them and thus had no definite idea of the pace, but it was taking effect as the field strung out behind the leading group. The order was Thompson, Lismont, Roelants, Lesse and Jose Reveyn all within a stride. Ten metres back came Plain, who was losing ground. Ferenc Szekeres followed 30m behind, 50m up on Cusack and Italian favourite Cindolo.

The course was bathed in warm sun as the field headed down a 'soul destroying straight dual-carriageway. Plain was going through a bad patch and had lost 100m on the leaders at 12km. By 15km Plain appeared to have recovered and now dominated a trio with Szekeres and Cindolo for company. All the runners were now

sweating heavily out in the open countryside and carefully taking good quantities of drink. Thompson continued to sting his opponents with short, testing breaks, always careful not to overstep his own limits in these crucial stages. At 22km Lismont pulled out and was whisked away in a police car, leaving Lesse and Roelants to try and hold contact, but finally at 25km Thompson broke hard and nobody could respond.

The course swung back towards Rome and although demanding undulating, the road was set deep between high walls and banks which gave maximum shade. The initial break complete, Thompson eased back into a rhythm and was concentrating hard as he ran through cobbled village streets where the locals clapped with wide-eyed wonder as this phenomenal marathon runner padded quietly by between an escort of flashing police lights and frantic officials attempting to keep the road as clear as possible. Lesse's legs now looked heavy and his stride was reduced; in contrast Thompson still moved with his natural rhythmic sway and his stride was good. The gap widened to 200m by 30km and Roelants was losing ground on Lesse but the gap behind to a now fast-moving Plain was enormous. At 20 miles the field turned into the city and the side of the road was packed with spectators. Stretches of flat-square cobbles reappeared and the course again started taking right angle turns. The sun was setting as Thompson rounded the Colosseum; by 38km Lesse had accepted the silver and Roelants was using all he knew to hold the bronze.

As Thompson entered the stadium the whole crowd were spontaneous in their unusually generous applause for a foreign athlete. For the first time one realised that not only had Thompson defeated the cream of Europe and the trying conditions but once again the time was fast—a mere 9.8sec away from Karel Lismont's winning time in 1971. The weary Thompson could not sprint as he had done in Christchurch; this one—his fourth victory in four marathons—hurt like never before. The elation of Harlow and Christchurch had deserted him under the pressure of having to justify 'non-trial selection'; it hadn't been "so much fun".

Ian must now take a rest and not allow others to pressure him into a Shorter v Thompson showdown in the near future. The Olympics is the time and place. At the Press Conference after the race, a foreign journalist asked: "Frank Shorter said that there is no way you could win this race in the heat—what have you got to say to that?" Ian quietly held up the gold medal and said nothing.

Intermediate positions (approx distances only):
(10km) Thompson, Lismont, Reveyn, Plain, Lesse, Szekeres, Roelants 32:44. **(15km)** Thompson 47:49.0, Roelants & Reveyn 47:49.2, Lismont 47:49.4, Lesse 47:49.6, Cusack 48:08.2, Plain 48:08.4. **(20km)** Thompson 1:02:12.0, Roelants 1:02:12.2, Lesse 1:02:12.6, Lismont 1:02:22.0, Reveyn 1:03:03.4, Plain 1:03:13.2, Szekeres 1:03:13.4, Cusack 1:03:23.2. **(25km)** Thompson

1:18:59, Lesse 1:19:15.2, Roelants 1:20:35, Plain 1:21:05.2, Reveyn 1:21:05.4, Szekeres 1:21:05.8, Cindolo 1:21:16.0, Cusack 1:22:02.4. (35km) Thompson 1:47:38, Lesse 1:48:18.2, Roelants 1:50:01, Plain 1:51:24.4.

1. IAN THOMPSON (UK) 2:13:18.8.
2. ECKHARD LESSE (E Ger) 2:14:57.4.
3. GASTON ROELANTS (Bel) 2:16:29.6.
4. BERNARD PLAIN (UK) 2:18:02.2.
5. JOSE REVEYN (Bel) 2:19:36.4.
6. FERENC SZEKERES (Hun) 2:20:12.8.
7. GIUSEPPE CINDOLO (Ita) 2:20:28.2.
8. NEIL CUSACK (RoI) 2:22:05.0.
9. P. Leiviska (Fin) 2:22:45.6; 10. Y. Laptev (USSR) 2:23:15.6; 11. P. Accaputo (Ita) 2:24:06.0; 12. D. McDaid (RoI) 2:25:07.8; 13. J. Jensen (Den) 2:26:54.2; 14. R. SERCOMBE (UK) 2:27:13.0; 15. J. Jansky (Cz) 2:27:40.4; 16. E. Legowski (Pol) 2:27:45.8; 17. V. Mladek (Cz) 2:30:16.8; 18. P. Suchan (Cz) 2:30:42.6; 19. R. Paukkonen (Fin) 2:31:11.2; 20. G. Mielke (W Ger) 2:32:21.6; 21. R. Chudecki (Pol) 2:34:15.0; 22. A. Strelez (USSR) 2:34:55.2.

Non-finishers: Y. Velikorodnikh (USSR), K. Lismont (Bel), A. Fernandez (Spa), P. Helmer (Den), A. Galabov (Bul), T. Tsimingatos (Gre), F. Kolbeck (Fra), A. Mangano (Ita), J. Schirmer (W Ger) scr.

WOMEN'S HIGH JUMP: Final

The record books will state blandly that in Rome on September 8th Rosemarie Witschas (GDR) broke the world mark with a leap of 1.95/6'4 $\frac{1}{2}$ ". They will not mention the extremely trying circumstances which led up to that splendid achievement. Certain Italian supporters, congregated mainly on the South Curve (the opposite end from the high jump) had already disgraced themselves during the playing of the French national anthem, but their behaviour during the vital stages of the high jump was not just discourteous but downright scandalous. Their total lack of sportsmanship and fair play might be accepted in soccer but there is no place for it in athletics and the IAAF should make it clear that no further major promotion of theirs will be awarded to Italy. Of course it was natural for the local fans to want Sara Simeoni to win a medal after setting a magnificent Italian record of 1.89/6'2 $\frac{1}{2}$ " but nothing can excuse the barrage of whistling designed to destroy the concentration of her opponents and the raucous cheering that greeted any jumper other than their own who failed. Rita Kirst, Simeoni's main rival for the bronze, was particularly unnerved and refused for several minutes to take her final, unsuccessful attempt at the decisive height of 1.91/6'3 $\frac{1}{4}$ ".

Happily, both Rosi Witschas and Milada Karbanova managed to overcome the atmosphere of hostility. Rosi made 1.91 first time, and her Czech rival cleared at the second try for a personal best. Milada found 1.93/6'4" beyond her, but Rosi succeeded at the second attempt and then—

with the crowd cheering her on now—straddled over 1.95 at the third time of asking. It was a jump that no British male bettered in this year's AAA Championships! She shared the previous record of 1.94/6'4 $\frac{1}{4}$ " with Yordanka Blagoyeva, and by jumping 20cm above her own height of 1.75/5'8 $\frac{1}{2}$ " she tied Blagoyeva's "differential" record. She ended the competition, and the 11th European Championships, with three unsuccessful attempts at 1.97/6'5 $\frac{1}{4}$ ".

1. ROSEMARIE WITSCHAS (E Ger) 1.95/6'4 $\frac{1}{2}$ " (World record) (1.70 1st, 1.75 1st, 1.80 1st, 1.83 1st, 1.86 1st, 1.89 1st, 1.91 1st, 1.93 2nd, 1.95 3rd, 1.97 fail).
2. MILADA KARBANOVA (Cz) 1.91/6'3 $\frac{1}{4}$ " (1.75 1st, 1.80 1st, 1.83 1st, 1.86 1st, 1.89 1st, 1.91 2nd, 1.93 fail).
3. SARA SIMEONI (Ita) 1.89/6'2 $\frac{1}{2}$ " (1.70 1st, 1.75 1st, 1.80 1st, 1.83 1st, 1.86 1st, 1.89 1st, 1.91 fail).
4. RITA KIRST (E Ger) 1.89 (1.70 1st, 1.75 1st, 1.80 1st, 1.83 1st, 1.86 2nd, 1.89 2nd, 1.91 fail).
5. MILOSLAVA HUBNEROVA (Cz) 1.86/6'1 $\frac{1}{4}$ " (1.70 1st, 1.75 1st, 1.80 2nd, 1.83 1st, 1.86 2nd, 1.89 fail).
6. GALINA FILATOVA (USSR) 1.86 (1.65 1st, 1.70 1st, 1.75 1st, 1.80 1st, 1.83 1st, 1.86 3rd, 1.89 fail).
7. ULRIKE MEYFARTH (W Ger) 1.83/6'0" (1.70 1st, 1.75 1st, 1.80 1st, 1.83 1st, 1.86 fail).
8. MARIA MRACNOVA (Cz) 1.83 (1.70 1st, 1.75 1st, 1.80 1st, 1.83 2nd, 1.86 fail).
9. M-C. Debourse (Fra) 1.83 (1.70 1st, 1.75 1st, 1.80 2nd, 1.83 3rd, 1.86 fail); 10. A. Bouma (Neth) 1.83 (1.65 1st, 1.70 1st, 1.75 2nd, 1.80 1st, 1.83 3rd, 1.86 fail); 11. K. Wagner (W Ger) 1.83 (1.70 2nd, 1.75 2nd, 1.80 1st, 1.83 3rd, 1.86 fail); 12. V. Ioan (Rum) 1.80/5'10 $\frac{1}{4}$ " (1.70 1st, 1.75 1st, 1.80 1st, 1.83 fail); 13. T. Galka (USSR) 1.75/5'8 $\frac{1}{4}$ " (1.65 1st, 1.70 1st, 1.75 1st, 1.80 fail); 14. R. WATT (UK) 1.70/5'7" (1.65 1st, 1.70 1st, 1.75 fail); 15. B. LAWTON (UK) 1.70 (1.65 1st, 1.70 1st, 1.75 fail).

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Inter Ladies 3 x $\frac{1}{2}$ Miles

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Boys 3 x $\frac{1}{2}$ Miles

Colts 3 x $\frac{1}{2}$ Miles

Senior Men 4 x 3 Miles

Entries: 50p first team, 40p each additional team. Entries to W. O. Hatte, 57 Watchetts Drive, Camberley, Surrey.

ENTRIES CLOSE SEPTEMBER 28th

THE ROME WALKS

—by Colin Young

THE many fans of Bernd Kannenberg must have been shocked that the West German only has a silver medal to show for his efforts in Rome and not two golds as was expected after his sensational early season records. It is good to know that the Munich 50km winner is beatable as an almost cult-like following was developing as he proceeded from one faultless victory to another. As it was the two Rome champions were all-time 'greats' who have experienced major championship triumphs on several occasions.

Vladimir Golubnichiy just about put the final touch to a fantastic career lasting 20 years at the very top of 20km walking. His tenacity, experience and sheer consistency cannot be rivalled—an example for all to follow in our sport. The complete failure of the East German trio as well as Lelievre, Visini and Ivchenko, was sensational and not many would have had the confidence in Roger Mills and Amos Seddon leaving these names in their wake. Roger, with the bitterness of his non-selection for Munich still very much in mind, peaked all year for this race, going into all his previous races (including the important Trial) just below his best. He worked very hard in training in these past weeks on developing his stamina and pace for the last all-important 5km and it paid off. He hit the line, as he intended, absolutely walked out. Amos Seddon, the most improved top class walker in this country this year, has gained in confidence and pace as the months passed by and his usual level-headed approach and judgment of pace put

him into a placing that one would not have thought possible a year ago.

Both made a mockery of the ranking lists—and those people who rarely watch our boys competing yet pass judgment on selections for internationals and such please note: lists do not tell all. Ornoch may have lapped Mills three times in Warsaw some weeks ago but when it came to the 'big one' it was Mills who was minutes ahead. If the form is maintained by our leading men surely it is a certainty that we will send a full complement of three to the Montreal 20km which could be the last walk event in the Olympics.

As Golubnichiy is 'Mr 20km' so now Christoph Hohne has taken over Abdon Pamich's role as 'Mr 50km'. After a disastrous Munich, the Mexico City gold medallist showed at Lugano late last year and at Naumburg in May that he was back at his best. Only Otto Bartsch, who has improved consistently since Mexico, could keep near the East German but no doubt Soldatenko, Weidner and Kannenberg will be back anxious to change the placings in next year's Lugano Cup Final. Both John Warhurst and Bob Dobson guttily stuck to their task, the Sheffielder putting in his usual consistent performance. Bob had a bad day but has already shown by his recent track record that it is now only a question of time before he starts getting amongst the Russians and Germans as Mills and Seddon have now done. Our 50km men, with no international competition since last October, need more real top class opposition at the distance. Unlike the marathoners, the great 50km performers like to have four or five hard races per year at the distance.

WAAA Intermediate and Junior Pentathlons

THE WAAA Intermediate and Junior Pentathlon Championships at Hendon on August 24th proved to be two extremely close-fought competitions, and in both the result was in doubt right to the end.

In the Intermediate event, Southern champion Joy Bowerman, who won this event last year with a UK 14-year-old best of 3848, went ahead after the hurdles, but by the shot had been joined in the lead by Northern champion Val Mullin. Mullin, the WAAA and ESAA Intermediate high jump champion, was then expected to go well clear in her speciality but in fact only went 6cm higher than Bowerman and with just two event remaining, the gap was 61 points. Jane Sulik netted 915 points with her personal best equalling 1.68 high jump, best of the day. When Bowerman won the WAAA Intermediate long jump title, Mullin was only just behind and it was no different here. Therefore Joy had to leave Val about 0.6 behind in the 200 to retain her title, and although the Liverpool girl fought hard, Bowerman's 25.3 into a headwind proved more than sufficient. Behind them, Kathryn

Warren finished well to pip Jane Sulik for the third place award.

The Junior event was even closer. Before the competition started, I calculated that Yvonne Ritchie's personal best would give her a score some 200 points in excess of Lesley Bell's UK Junior best of 3477.

Ritchie started off badly in the long jump with only 4.82 which left her 120 behind the leaders, Brenda Gauntlett and Hilary Brown. Gauntlett, one of the top Junior sprinters in the country, stretched even further away after the 200 and had a 249 point advantage over the Sale girl in sixth place. Christine Stone was going well, long jumping 5.25 from well behind the board, and her 12.2 in the hurdles took her to within just 2 points of her Enfield team-mate. Ritchie made up a little ground here but was still 0.8 outside her best time. A slight stumble at the first hurdle didn't help. Now if she was to have a chance of victory, Ritchie, Junior record holder at 12.26, had to do something special in the shot. Her put of 11.20 took her into a 5 point lead over Gauntlett, so again we

had a battle between the Northern and Southern champions. Brenda is the better high jumper but Yvonne showed what a great competitor she is before finally bowing out with a personal best 1.52. Gauntlett, accompanied by Elizabeth Wren continued to go higher, and Wren's 1.62 left her just 2 points short of Christine Stone in third place. Brenda kept going and we began to realise that the UK Junior best was in danger. 1.64 followed, then 1.66, but that was it. If only she hadn't adopted a standing start in the hurdles, and if only the wind had been behind her in the 200. You could go on, but it was a marvellous performance by a girl not 100 per cent certain beforehand even to compete.

The turnout for the National Relay events was frankly pathetic. To think that we were amongst the favourites in Rome for the 4 x 400m, yet here we can only muster three teams for our National final. With a total of only seven teams in three races in the older age groups, some serious re-thinking will have to be done before next year's championships are held. The exception was the Junior 4 x 800. Pitreavie led throughout and needing 2:22.8 average to beat the UK Junior best of 9:31.4, which they have been threatening for sometime, they managed it in style and without anybody to push them. One bright spot in the Senior relays was the form of Lesley Kiernan, getting in some useful speed work before Rome.

Tony Miller

(Intermediates) Pentathlon: 1, J. Bowerman (Mit) 3772 (12.0, 8.46, 1.60, 5.70, 25.3) 2, V. Mullin (Liv H) 3728 (12.2, 8.81, 1.66, 5.63, 26.4); 3, K. Warren (Dby) 3447 (12.1, 7.38, 1.40, 5.65, 26.5); 4, J. Sulik (Ox) 3343; 5, G. Gray (Thurr) 3305; 6, G. Stew (Cov G) 3251; 7, J. Eliot (Hert) 3095; 8, Y. Wray (Shrew) 3070.

(Junior) Pentathlon: 1, B. Gauntlett (Enf) 3453 (5.31, 26.4, 12.7, 8.44, 1.66); 2, Y. Ritchie (Sale) 3322 (4.82, 28.2, 12.1, 11.20, 1.53); 3, C. Stone (Enf) 3173 (5.27, 27.0, 12.2, 7.45, 1.47); 4, E. Wren 3171; 5, M. Laing (Liv H) 3101; 6, H. Brown (Cann) 2877; 7, G. Waller (Wok) 2777; 8, A. Stacy (LOAC) 2776.

Senior Women's Relays Championships. 4 x 400: 1, LOAC 3:52.9; 2, Havering 3:56.6; 3, Wigmore 4:05.0. 4 x 800: Derby 9:45.0 (Inters) 4 x 800: 1, Havering 9:47.3; 2, Thurrock 9:57.8; 3, Verlea 10:32.0 (Juniors) 4 x 800: 1, Pitreavie 9:28.2; 2, Mitcham 9:40.6; 3, Bracknell 9:41.4; 4, Derby 9:44.2; 5, Harlow 9:46.4; 6, Enfield 9:50.8.

Senior Women's Open 400H: 1, L. Boothe (Mit) 62.2; 2, J. Farry (AF&D) 62.9; 3, A. Sutton (Ox) 66.8; 4, S. Hester (S&E-I) 66.8.

PEN FRIEND REQUIRED

A 19-year-old male reader from South Africa would be interested in corresponding with a British athletics fan. His main interest is in marathon running. Write to J. J. Alberts, PO Box 136, Parow 7500, Cape Province, South Africa.

WEST MIDLAND TRACK LEAGUE

At Warley, August 13th

W&B 103; Tipton 108; Dudley & Stourbridge 21; Halesowen 56; Warley 18.

100: R. Walters (W&B) 11.0; (B): S. Atkins (W&B) 11.0. 200: Atkins 22.3. 800: G. Cohen (W&B) 1:55.8. 1500: P. Lewis (W&B) 3:58.0. (B): M. Edwards (W&B) 3:58.6. 3000: A. Holden (Tip) 8:34.8. (B): D. Fownes (Tip) 8:35.0. HJ: M. Nangrave (Hal) 1.81/5'11¼". (Youths) 200: G. Cooke (W&B) 23.5. (Boys) 800: F. Williams (Tip) 2:07.8. (Senior Women): W&B 97; Halesowen 89; Tipton 66; Dudley & Stourbridge 11; Warley 31. 800: E. Spurgin (W&B) 2:15.5. (Minors) 800: R. Heathcock (D&S) 2:29.0. (B): C. Turner (D&S) 2:29.7.

Final positions: (Senior Men): Tipton 565; W&B 490; Dudley & Stourbridge 212; Halesowen 214; Warley 127. (Senior Women): W&B 656½; Halesowen 526; Tipton 323; Dudley & Stourbridge 220½; Warley 157.

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SHEFFIELD UNIVERSITY C.C.C.

4th Annual

CUTLERS RELAY (5 x 2 MILES)

In Graves Park under A.A.A. Laws

SUNDAY, OCTOBER 6th, at 3 p.m.

Sponsored by W. Whiteley & Sons Co., Ltd.

PRIZES VALUED OVER £100

Entries: £1 per team by September 30th, to G. Whittleston, 58 Sandford Grove Road, Sheffield, 7.

N.B. Senior event only. Limited to first 80 teams.

NORWICH UNION ROAD RELAY

(Under A.A.A. Laws)

SUNDAY, OCT. 13th., 1974, at 3.15 p.m.

Seniors 4 x 2.8 miles : Youths 3 x 2.8 miles Team Trophy and Prizes (total value £80) to first 3 teams and fastest individual lap in each Section. Fees: Seniors 'A' team 75p, others 40p; Youths 'A' 40p, others 20p. (Please note First Claim rule will be strictly enforced.) Details from and entries to: D. K. Johnson, Investment Dept., Norwich Union Insurance Group, Surrey Street, Norwich NOR 89A.

CLOSING DATE OCTOBER 4th, 1974

ESSEX BEAGLES A.C.

BERNIE HAMES HALF-MARATHON

(Under A.A.A. Laws)

From Essex Beagles H.Q.

Near 'The Retreat'

CHIGWELL ROW, ESSEX

SATURDAY, SEPTEMBER 28th, at 3 p.m.

Entries with fee 20p to S. C. Robins, 97 Queenswood Gardens, Wanstead E11 3SF (01-530 4793).

CLOSING DATE SEPTEMBER 18th

THE RIDGEWAY RELAY

(Under A.A.A. Laws)

SWINDON TO READING

SATURDAY, OCTOBER 12th, at 1 p.m.

Dorcan School, St. Pauls Drive, Swindon

6 Seniors, 2 Youths

5 Cross-Country, 3 Road stages

Full details sent on receipt of entry.

Prizes: 1st 3 Teams, also Plaques fastest laps.

Entry Fees: £1 first Team, 50p others.

Entries to W. A. Townsend, 280 Cricklade Road, Swindon, Wilts. SN2 6AY.

ENTRIES CLOSE SEPTEMBER 30th

THE NUNEATON '10'

SATURDAY, SEPTEMBER 21st, at 3 p.m.

Incorporating the Warwickshire 10 Mile Road Championship

Prizes for first 20, and first 3 Veterans not in first 20. Medals first 3 in Warwickshire Championship Race. No Team Race.

Entry Fee: 20p.

Entries to E. Rowland, 85 Watling Street, Nuneaton, Warwickshire CV11 6JJ.

Please state whether County qualification by Birth/Residence/Service with H.M. Forces.

ENTRIES CLOSE SEPTEMBER 18th

WALTON ATHLETIC CLUB

HEWITT-JONES

OPEN ROAD RELAY

6 x 3¼ Miles (Under A.A.A. Laws)

SATURDAY, SEPTEMBER 28th, at 3 p.m.

Awards: Prizes to first 3 Teams, first 'B' Team. Also three fastest individuals.

Entries: 80p first team, 50p second and succeeding teams, on A.A.A. forms to B. Judd, 10 Orchard Gardens, Cranleigh, Surrey, not later than Monday, Sept. 23rd.

HOLMFIRTH HARRIERS A.C.

COLTS', BOYS' AND YOUTHS' ROAD RACES

(Sponsored by James Watkinson & Son, Ltd)

COLTS 2½M, BOYS 2½M, YOUTHS 3M

(Under A.A.A. Laws)

SUNDAY, OCTOBER 6th, at 2.30 p.m.

FROM CIVIC HALL, HOLMFIRTH

Prizes: Ind. 1st £4, 2nd £3, 3rd £2, 4th £1 in all races. Team: 3 at £2, 3 at £1.50, 3 at £1.

ENTRIES CLOSE SEPTEMBER 23rd

Entry Fees: 10p Ind., 20p Team. All to enter as individuals. Entries to Mrs E. Bailey, 4 Oakes Lane, Brockholes, Huddersfield HD7 7AR (Tel.: 62398).

STRATHCLYDE L.A.C.

The Royal Bank of Scotland Quaich

CROSS-COUNTRY MEETING

(Under S.A.A.A. and S.C.C.U. Rules)

IN LOCH LOMOND PARK, BALLOCH

SUNDAY, OCTOBER 6th, 12.00 Noon

Races for all age groups for males and females from 9-11 to Veterans.

INDIVIDUAL AND TEAM AWARDS

Entry Fees: 15p under-15; 20p over-15 years of age. Entry forms form Mr James Munro, 3 Eastfield Place, Dumbarton G82 1EB.

Club entries close September 28th. Individual entries accepted on day of meeting.