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athletics weekly

36
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THE WEEK AHEAD

Saturday, October 6th: Northern Road Relay Champs, Liverpool; Kent WAAA Road Relay, Hythe; Wimbledon '10'; Jurd Road Races, Southampton; Swindon YA Road Relays; Ealing & Southall CC Relay; 'Sports & Leather' Schools CC Meeting, Uppingham; Haywards Heath CC Meeting, Ardingly; Page Cup 5M Handicap, Petersham; Gwent League, Swansea; Northern Women's League, Blaydon; Leicester Open 7M Walk; Surrey Invitation 4M Walk, South Croydon; Steyning Open 10km Walk.

Sunday, October 7th: York '10'; Newbury '9'; Notts '10'; Holmfirth YA Road Race; Vauxhall Road Relay, Luton; Sheffield Univ. Cutlers Relay; Strathclyde CC Meeting, Dumbarton; Moffat Chase.

Wednesday, October 10th: SCAAA Open Meeting, Crystal Palace; RAF Wyton Road Relay.

Saturday, October 13th: Welsh Women's Road Relay, Bridgend; Hastings 1066 Road Races; Kent League, Tonbridge; Metropolitan League, Hainault; Chiltern League, Banbury; Manchester

Univ. CC Relay; 'SGB' Medley CC Relays, Morden Park; Surrey AC CC Relay, Richmond Park; Midlands WAAA CC Relays, Birmingham; Chippenham to Calne 6M Walk; Essex League 7M Walk, Woodford Green.

If anybody knows the present whereabouts of Brenda McMasters, one time athlete and P.E. teacher, would they please contact Dorothy Tyler, 86 Ballards Road, S. Croydon, Surrey, CR2 7LA. (Tel: 01-657 6212).

Peter Graham of 17 Aldrin Road, Pennsylvania, Exeter, EX4 5DN (Exeter 38648) is keen to extract statistical details from ATFS annuals of 1973-76 and would appreciate the loan of these books or would purchase. Postages refunded.

COVER PHOTO

(By Mark Shearman)

National 100 hurdles champion Shirley Strong

ROBSON & MOTTERSHEAD IN CONTROVERSIAL FINISH

SCOTLAND's elite squad 1500m member John Robson was saved from another controversial defeat by his bogey athlete Alan Mottershead (Stretford) by a benevolent official at his own Edinburgh Southern Harriers "Milk in Sport" Classic at Meadowbank on September 16th. Mottershead, who had already won the 1000m, turned out again in the 2000 which had been billed as an attempt on the world record by Robson. A record was obviously out in the strong wind, but Mottershead, coming from behind with his sprint finish, took Robson on the inside to take the tape only to be disqualified after a furious protest from Robson who appeared to lunge at his opponent when he saw that he was being overtaken. Mottershead's comment was only "It doesn't matter — I know I beat him". But Willie Polleunis, the Belgian who was third and who was spiked apparently by Mottershead, took Robson's side.

Moir Maguire was the only record-breaker in the meeting, high jumping 1.86 for a Scottish national record and failing only narrowly at the UK record 1.88m. Allan Wells, complaining of a hamstring strain ran only the 100m, for which Houston McTear failed to turn up, and won comfortably in a wind-assisted 10.33 sec. Cameron Sharp, second in a 10.47 took the 200 in 21.10, also his best.

Sandy Sutherland reports

Milk in Sport 100: (+2.8m) 1, A. Wells 10.33; 2, C. Sharp 10.47; 3, R. Luxenburger 10.57; 4, D. Thompson 10.60; 5, T. Hoyte 10.79; 6, D. Baptiste 10.92. **Carnies 200:** 1, Sharp 21.10; 2, Hoyte 21.13; 3, A. Brydenbach 21.40; 4, Luxenburger 21.60; 5, J. King 21.63; 6, I. Cuthbertson 21.94; 7, Baptiste 22.16. **Milk in Sport 1000:** A. Mottershead 2:30.0. **Milk in Sport 2000:** 1, J. Robson 5:21.3; 2, W. Polleunis 5:22.6. **Carnies 3000:** 1, N. Muir 8:18.7; 2, K. McDonald 8:19.4; 3, B. Downie 8:19.5; 4, G. Kerran 8:20.8; 5, B. McSloy 8:21.4. **Milk in Sport 200H:** (+2.4m) 1, M. Holtom 23.67; 2, A. Mackenzie 23.68; 3, King 23.94; 4, W. Greaves 24.04; 5, M. Whittingham 24.40; 6, W. Ashland 24.80. **Edinburgh Woollen Mill PV:** 1, P. Desruelles 5.40; 2, R. Pullard 4.90; 3, J. Johnstone 4.20. **Pinta Power SP:** 1, A. Feuerbach 19.03; 2, G. Capes 18.57; 3, G. Brocklebank 14.07. **Pinta Power HT:** 1, C. Black 67.82; 2, J. Whitehead 63.88; 3, J. Accambray 63.70. **Pinta Power 56lb Wt. for Height:** 1, Whitehead 15'0"; 2, Capes 15'0"; 3, Accambray 15'0"; 4, Feuerbach 13'0"; 5, Black 13'0"; 6, Brocklebank 11'0". **Pinta Power Caber:** 1,

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Alan Mottershead (17) won this earlier clash with John Robson, the UK 1500m champion at Birmingham, with Mike Downes (7) third.

George Herringshaw

Capes; 2, Black; 3, Whitehead. (Youths): Milk in Sport 800: 1, D. Archibald 1:55.9; 2, T. Miller 1:57.0; 3, A. Callan 1:57.0; 4, S. McPherson 1:57.9; 5, R. Johnstone 1:59.3; 6, A. McKay 1:59.4. (Women): Scotsman 100: (+2.8m) 1, H. Barnett 11.59; 2, L. MacDonald 11.78; 3, M. Ascroft 11.82. Scotsman 200: (+3.2m) 1, J. Smith 23.48; 2, MacDonald 23.53; 3, Barnett 23.68; 4, K. Williams 24.75. Edinburgh Crystal 1000: 1, A-M. Van Nuffel 2:51.6; 2, E. McMeekin 2:53.3; 3, A. Wright 2:54.7. Carnies HJ: 1, M. Maguire 1.86; 2, A-M. Devally 1.80; 3, J. Crouchley 1.75; 4, J. Livermore 1.70; 5, S. Brown 1.65; 6, V. Kosubek 1.65. (Inters): Milk in Sport 800: 1, C. Neville 2:15.9; 2, K. Grealley 2:17.5; 3, A. Gordon 2:17.8; 4, S. Urquhart 2:17.8; 5, L. Thompson 2:20.6.

PERTH TO DUNDEE 23M ROAD RACE

July 1st

1, A. Keith (EAC) 2:04:38; 2, I. Graves (Fife) 2:07:39; 3, D. Francis (Fife) 2:13:17; 4, E. Cameron (ESH) 2:17:05; 5, H. Mitchell (Shett-V) 2:17:57; 6, G. Armstrong (Loth) 2:26:33; 7, H. Scott (Per-V) 2:33:15.

GLASGOW WIN WOMEN'S LEAGUE TITLE

Glasgow AC won the 1979 Scottish Women's League Championship, making certain of the title by winning the final meeting at Pitreavie, from their nearest challengers Edinburgh Southern. It was Glasgow's first championship success, wresting the trophy from Edinburgh Southern who had been holders since the league's inauguration in 1973.

Final Meeting, September 2nd.

Glasgow 533; Edinburgh SH 517; Shettleston 510; Pitreavie 406; Central Region 298; Clyde Valley 251.

100: A. Dalton (Shett) 12.3. 200: K. Williams (Pit) 24.7. 400: (A): 1, E. Douglas (ESH) 56.0; 2, A. Bridgeman (Glas-1) 56.5; 3, A. Harley (Cen. R) 57.2. (B): L. Waitt (ESH) 58.0. 800: (A): 1, E. McMeekin (Glas) 2:09.0; 2, C. Lightfoot (Shett) 2:11.0. (B): F. McQueen (Glas) 2:15.7. 1500: B. Harvie (Glas) 4:42.0. 3000: J. Shepherd (Glas) 9:52.3. 100H: (A): 1, L. Scott (ESH) 14.9; 2, L. Stephen (Shett) 14.9; 3, J. Lindsay (Glas) 14.9. (B): L. Brady (ESH) 15.4. 400H: (A): 1, F. Macaulay (ESH) 60.9; 2, I. Anderson (Glas) 63.9; 3, C. Hogg (Pit) 64.5. (B): 1, Brady 63.5; 2, E. Brown (Glas) 65.2. HJ: (A): R. Pinkerton (Glas) 1.70. (B): J. Pinkerton (Glas) 1.70. LJ: 1, Stephen 5.55; 2, B. Hart (Glas) 5.52. SP: 1, M. Ritchie (ESH) 13.20; 2, S. McDonald (Pit) 11.91; 3, C. Chalk (Glas) 11.65. DT: (A): 1, Ritchie 51.80; 2, McDonald 38.20; 3, Chalk 37.72. (B): L. Robertson (ESH) 36.90. JT: V. Price (ESH) 43.64. 4x100: 1, ESH 48.3; 2, Glasgow 49.8. 4x400: 1, ESH 3:50.9; 2, Glasgow 3:55.5; 3, Pitreavie 3:57.3. (Inters): 100: L. MacDonald (Pit) 12.5. 200: (A): 1, MacDonald 24.7; Bridgeman 25.2. (B): S. Whittaker (Glas) 25.7. 800: 1, A. Gordon (Glas) 2:16.1; 2, A. Everett (Shett) 2:17.0; 3, S. Tait (ESH) 2:18.9. SP: 1, Y. Christie (Shett) 10.81; 2, K. Donald (Cen. R) 10.02; 3, L. Marshall (Glas) 9.96. 4x100: 1, ESH 49.3; 2, Glasgow 49.6; 3, Pitreavie 50.9. (Juniors): 100: Y. Anderson (Glas) 12.7. 200: 1, Anderson 25.9; 2, C. Candlish (Pit) 26.1. 1500:

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S. Morris (Shett) 4:46.8. HJ: 1, J. McEwan (Cen. R) 1.56; 2, J. Donald (ESH) 1.54. LJ: 1, Anderson 5.28; 2, L. Graham (ESH) 5.27; 3, K. Murdoch (Shett) 5.10. SP: 1, J. Kellock (Pit) 10.22; 2, D. Lewthwaite (Shett) 10.16. DT: A. McDonald (ESH) 30.36. JT: J. Barclay (Clyde V) 28.12. 4x100: Glasgow 50.6.

Final positions. 1, Glasgow 17; 2, ESH 15; 3, Shettleston 13; 4, Pitreavie 8; 5, Central Region 7; 6, Clyde Valley 3.

LARGO LAW HILL RACE

August 18th

1, C. Donnelly (Cam) 30:08; 2, M. Edwards (A'deen) 32:11; 3, A. Lightfoot (Fife) 32:28; 4, A. Adams (Dumb) 32:44; 5, G. Carlin (C'dale) 32:48; 6, B. Kirkwood (Lochaber) 32:49; 7, C. Ross (Fife) 33:17; 8, L. Robertson (EAC) 33:21; 9, R. Morris (EAC) 33:30; 10, N. Jones (EAC) 33:56; 11, S. Darling (C'dale) 34:10; 12, M. Curtis (Fife) 34:13; 13, A. Stapley (Fife) 34:25; 14, J. Sands (Ayr S) 34:40; 15, J. Rowley (Law) 34:41. (Vets): 1, G. Armstrong (Loth) 35:52; 2, J. Black (Liv) 37:29; 3, F. Bias (E. Kil) 39:08. (Women): 1, I. McDougall 38:16; 2, R. Melville (Fife) 39:20; 3, D. Donald (Fife) 39:54.

GLENURQUHART HIGHLAND GAMES

At Drumnadrochit, August 25th

4M Hill Race: 1, D. Smith (Shett) 21:41; 2, M. Edwards (A'deen) 21:47; 3, R. Campbell (Lochaber) 21:57; 4, F. Clyne (A'deen) 22:01. 15M Road Race: 1, E. Cameron (ESH) 1:24:16; 2, S. Taylor (A'deen) 1:25:16; 3, J. Lamont (A'deen) 1:26:20. Scottish National Heavy Events Champs. SP: 1, G. Patience (EAC) 14.26; 2, D. Clark (Elgin) 12.82; 3, A. McDonald (Elgin) 12.62. Scots HT: 1, Patience 35.50; 2, G. Shanks (Coat) 33.96; 3, Clark 32.44. Caber: 1, Shanks; 2, Clark; 3, Patience. 28lb Wt. for Distance: 1, Patience 20.58; 2, G. Cameron (Bad) 18.20. 56lb Wt. over Bar: 1, A. Cameron (Bed) 13'0"; 2, Patience 13'0"; 3, Shanks 12'6". Overall: 1, Patience 20; 2, Clark 11; 3, Shanks 10. (Women): N. of Scotland 100m Champs: M. Wallace (Per) 12.3.

BOOT TROPHY MEETING

At Leicester, September 2nd

100/200: C. Monk (Leic) 10.7/22.3. 800: 1, M. Wilson (Ex. B) 1:53.6; 2, D. Barlow (Newc) 1:54.0. 400H: 1, M. Whittingham (HHH) 53.0; 2, D. Hall (Leic) 53.9; 3, A. Greaves (Lut) 56.2. HJ: 1, R. Pyatt (Leic) 2.00; 2, S. Metcalfe (Scun) 1.95. SP: D. Roscoe (Stret) 15.38. DT: 1, Roscoe 53.92; 2, R. Burdell (Charn) 41.08; 3, W. Renshaw (Der) 40.32. JT: 1, G. Brooks (Car) 70.60; 2, A. Dinsdale (Low) 56.42. (Vets): 100: R. Taylor (W&B) 11.4. (Youths): 100: 1, S. Venus (Cov) 11.0; 2, L. Rotherforth (Wake) 11.0; 3, R. Wilson (Sol) 11.0. DT: 1, M. Higgins (Sol) 46.68; 2, T. Izatt (Holb) 40.94. (Boys): 100: 1, R. Brown (Ips) 11.5; 2, L. Rutt (Holb) 11.6; 3, M. Williams (Leic) 11.6; 4, C. Mayes (Charn) 11.8. 400: 1, D. Hillery (North) 54.1; 2, A. Green (Tip) 54.2; 3, I. Silvester (Charn) 54.2. HJ: 1, M. Powell (W&B) 1.75; 2, N. York (W&B) 1.75. LJ: 1, P. Brice (Shaft) 6.20; 2, D. Gorman (Chest) 6.01; 3, A. Williams (W&B) 5.79. (Women): 100: 1, R. Waterman (Unatt) 12.1; 2, S. Guise (W&B) 12.2; 3, K. Warren (Der) 12.2. 400H: 1, S. Morley (Hick. M) 61.1; 2, T. Colebrook (Cann) 62.5; 3, S. Frisby (Leic) 62.9. HJ: 1, B. Gibbs (Leic) 1.73; 2, D. Elliott (Leic) 1.65; 3, Warren 1.65; 4, A. Scott (Leic) 1.65. SP: 1, S. Goddard (Ver) 11.24; 2, D. Sturman (Chelm) 11.00; 3, Warren 10.90. DT: 1, Sturman 45.44; 2, Goddard 36.48. JT: 1, C. Brooke (Sol) 37.80; 2, E. Tinkler (Enf-I) 37.44. (Inters): 100: M. O'Brien (Sol) 12.5. SP: 1, Tinkler 12.20; 2, S. Parker (Brack) 11.65; 3, G. Farmer (Low) 10.86. (Juniors): 100: 1, L. Parry (Der) 12.6; 2, N. Parsons (Sol) 12.7. 800: 1, P. Maylia (Gos) 2:19.3; 2, B. Sanderson (Cor) 2:20.8; 3, S. Withers (B&R) 2:22.6. HJ: 1, C. Summerfield 1.66; 2, J. Arnold (Leic) 1.58. LJ: 1, Parry 5.17; 2, S. Hook 5.16. (Girls): 100: C. Tamblyn (Cov) 12.9. 800: A. D'Arcy (Mel) 2:29.0.

BELTON CHASE

At Grantham, September 2nd

1eq, G. Rimmer (RAF) & S. Rimmer (RAF) 13:38; 3, J. Temperton (A&SV) 13:40; 4, J. Mitcham (Grant) 14:02; 5, I. Robertson (Pless) 14:35; 6, M. Whatmough (Lin. W) 14:59; 7, J. Holmes (Lin. W) 15:01; 8, K. Duckworth (A&SV) 15:14; 9, P. Hall (Grant) 15:31; 10, A. Tonge (Lin. W-Y) 15:42. Teams: 1, RAF 17; 2, Airedale & SV 22; 3, Lincoln W 23; 4, Grantham 29.

G. Johnson, of 56 Huntspill Street, Tooting, London, S.W. 17 would very much like to obtain copies of AW: Vol. 7, No. 11; Vol. 16, No. 16 and Vol. 23, No. 32; and of 'Women's Athletics', Vol. 1, No 1. Can anybody help?

Ninth in the Swanage '12' on August 4th was A. Keenan, and not as stated.

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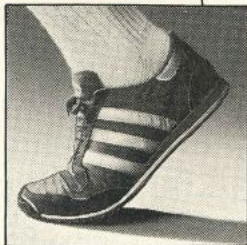
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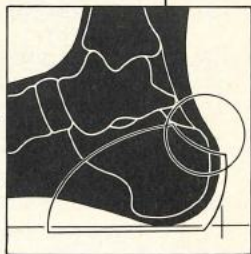
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LONDON CHAMPIONSHIPS

A West London, September 1st

400: 1, P. Key (Poly) 48.5; 2, S. Murphy (Lut) 48.6; 3, K. Bentham (Newh) 49.0. 800: 1, M. Carruthers (Ex. B) 1:54.0; 2, M. Woods (Houn) 1:54.2; 3, E. Bovell (High) 1:54.2. 1500: 1, B. Smyth (Lon. I) 3:52.1; 2, S. Lowe (C&C) 3:52.4. 5000: 1, P. Rowland (Hor) 14:23.6; 2, R. Holt (HW) 14:25.4. 2000SC: 1, A. Sharp (Ton) 5:52.8; 2, J. Storey (High) 5:53.3; 3, P. Baker (TVH) 5:53.4. HJ: T. Whittle (Poly) 1.95. TJ: 1, A. Lees (Ton) 15.05; 2, R. Philips (Old G) 14.91; 3, A. Oyediran (HHH) 14.43. SP: 1, M. Winch (B'heath) 16.20; 2, S. Clark (W. Gn) 15.21. DT: 1, Winch 49.96; 2, B. Lynn (Met. P) 40.34. HT: 1, M. Mason (Enf) 55.10; 2, A. Slaney (Ex. B) 49.22; 3, G. Curtis (Ex. B) 48.64. JT: 1, E. Devido (N. Lon) 60.02; 2, S. Jalowiecki (Ilf) 57.80. 3000 Walk: 1, C. Lawton (Bel) 13:02.4; 2, J. Hall (Bel) 13:10.0; 3, R. Dorman (Bel) 13:23.9. (Juniors): 100: M. Balson (N. Lon) 11.1. 200: A. Corbett (Har) 22.1. 400: S. Harper (Lon. I) 50.5. 1500: D. Swain (Coll) 3:56.8. TJ: R. McKenzie (Har) 14.33. (Youths): 100: C. Levy (Lon) 11.0. 200: 1, Levy 22.3; 2, O. Parker (HHH) 22.4; 3, L. Mars (Har) 22.4. 800: J. Gladwin (Bel) 1:55.6.

SOUTHERN COUNTIES OPEN MEETING

At Crystal Palace, September 12th

BMC 800: 1, G. Jackson 1:53.1; 2, S. Lowe 1:53.1; 3, T. Browne 1:53.3; 4, G. Long 1:53.7; 5, D. Black (J) 1:54.2. 800: 1, N. Allison (Ips) 1:52.8; 2, D. Swain (Coll-J) 1:54.1; 3, M. Smith (N. Lon) 1:54.2; 4, N. Dorey (Newh) 1:54.3. 5000: 1, P. Banks (Cov) 14:11.4; 2, M. Bramell (Inv) 14:12.2; 3, P. Rowland (Hor) 14:13.2; 4, B. Smyth (Lon. I) 14:15.2; 5, R. Holt (HW) 14:16.0; 6, C. Stebbings (Lut) 14:20.8; 7, P. Bennett (AF&D) 14:21.0; 8, J. Goldring (Walt) 14:22.4; 9, A. Douglas (Craw-J) 14:25.2; 10, G. Whiteman (Dart) 14:26.6; 11, J. Davies (N. Lon) 14:26.8; 12, D. Crowe (B&H) 14:28.3; 13, J. Wise (Brack) 14:29.3; 14, R. Treadwell (Sy. B) 14:30.8; 15, D. Sweeney (Shaft) 14:31.4. Inv. 400H (A): 1, M. Whittingham 51.9; 2, D. West 52.8; 3, R. Jerrott 55.7. (B): 1, R. Weedon 55.3; 2, S. Munday 56.6; 3, D. Harper 57.0. HJ: 1, T. Whittle (Poly) 1.95; 2, R. Willsmer (Houn) 1.90; 3, P. Minshull (E. Kent-J) 1.90; 4, B. Jewers (Y) 1.90. PV: 1, R. Hooper (Wok) 4.00; 2, H. Thorne (High) 3.80. LJ: W. Hinds (Har) 6.87. JT: D. Travis (Sy) 68.20. (Juniors): PV: 1, T. Anstiss (Houn) 4.60; 2, A. Holloway (E'bourne) 4.00. JT: 1, Holloway 69.36; 2, K. Beard (Worth) 67.70. (Youths): 800: 1, S. Paton (Coll) 1:58.3; 2, I. Bishop (Dart) 1:58.6; 3, M. Clark (Craw) 1:59.3. (Boys): 800: R. Olliffe (Craw) 2:07.0. PV: 1, J. Lewis (Coll) 3.80; 2, R. Andrews (E&E) 3.20. (Women): Inv. 200H: 1, S. Trickett 28.7; 2, M. Chung 30.0. Inv. 400H: (A): 1, S. Dalgoutte 60.0; 2, D. Sherriitt 60.7; 3, W. Griffiths 61.0; 4, S. Reed 62.5; 5, S. Coulson 64.7. (B): 1, S. Powell 63.7; 2, P. Bryant 66.9.

SOUTHERN WOMEN'S LEAGUE**(Division 1)****At Oxford, August 1st**

Radley 171; Chelmsford 155; Exeter 150; Croydon 130; Middlesex 101.

200: K. Rist (Rad) 25.4. 100H: 1, H. Selway (Exe) 14.9; 2, L. Brown (Rad) 15.6; 3, J. Marsh (Chelm) 15.6. 400H: E. Hickey (Rad) 67.5. SP: (A): 1, H. Clarke (Chelm) 12.75; 2, B. Wright (Croy) 12.07; 3, A. Franks (Rad) 11.21. (B): D. Sturman (Chelm) 11.08. DT: 1, Sturman 44.58; 2, Franks 38.08. JT: M. Greenslade (Exe) 36.46. 4x100: Radley 49.5. (Juniors): DT: R. McMillan (Rad) 27.70. JT: L. Addicott (Exe) 29.28.

At Bedford, September 1st

Southampton & E 172; Bedford 161; Borough of Enfield 159; Oxford City 139; Wycombe Ph. 96.

400: A. Clifford (Bed) 57.1. 800: S. Alt (Ox. C) 2:13.3. 100H: (A): 1, V. Lemoignan (S&E) 15.0; 2, K. Yell (Enf) 15.2 (B): E. Wren (S&E) 15.1. 400H: (A): Lemoignan 64.9. (B): 1, L. Lewis (S&E) 67.6; 2, J. Knight (Wyc) 68.0. HJ: (A): 1, A-M. Devally (Bed) 1.82; 2, C. Saunders (Enf) 1.70; 3, Wren 1.65. (B): D. Wilkinson (Enf) 1.65. SP: E. Tinkler (Enf) 11.87. DT: 1, L. Whiteley (Enf) 42.28; 2, J. Curtis (S&E) 41.88. (Juniors): SP: G. Quailey (Bed) 10.71. JT: 1, L. Grantham (Bed) 29.84; 2, S. Hill (Wyc) 29.40.

(Division 2)**At Wimbledon, September 1st**

Mitcham 175; Worthing 164; Surrey Beagles 132; Ashford 127; Stevenage & NH 124.

400: D. Lucy (Mit) 57.9. 1500: J. White (Mit) 4:37.6. 100H: (A): 1, J. Vernon (Mit) 14.4; 2, L. Thompson (Sy. B) 15.5. (B): M. Chung (Mit) 15.5. 400H: 1, J. Lindsey (S&NH) 61.5; 2, D. Bain (Worth) 66.4; 3, Thompson 67.7. (B): 1, C. Plummer (Mit) 67.4; 2, N. Swann (Ash) 67.7. HJ: J. Seaman (Ash) 1.65. 4x400: Mitcham 4:00.2. (Juniors): 800: 1, P. Francis (Mit) 2:20.3; 2, L. Wight (S&NH) 2:20.4. HJ: A. Tingay (Sy. B) 1.55. SP/DT: D. Woolgar (Worth) 10.24/30.54.

At Basildon, September 1st

Harlow 158; Borough of Hounslow 156; Bristol 150; Basildon 139; Ilford 118.

100H: W. McDonnell (Harl) 15.6. 400H: (A): W. Griffiths (Ilf) 64.6. (B): D. Church (Ilf) 67.2. LJ: S. Green (Harl) 6.02. SP: S. Mapstone (Harl) 10.90. JT: 1, R. Smith (Harl) 40.50; 2, C. Whitford (Ilf) 38.84. (Juniors): 1500: L. Smith (Houn) 4:55.9. 75H: 1, S. White (Bris) 12.0; 2, J. Gibson (Bas) 12.1; 3, T. North (Houn) 12.1. LJ: K. Leece (Bris) 5.21. DT: J. Dengel (Bas) 29.52. JT: S. Steeden (Houn) 28.56.

(Division 3)**At Guildford, August 1st**

Guildford & G 214½; E. Kent 149; Newbury 148½; Huntingdon 105; Vale of Aylesbury 65.

SP: A. Dann (G&G) 11.51.

At Hayes, September 1st

Hillingdon 177; Sutton & C 164; Trowbridge 138; Yeovil Olym. 121; Highgate 112.

(Juniors): 75H: G. Piper (Yeo) 12.0. HJ: S. Hallam (S&C) 1.53. JT: 1, J. Able (Yeo) 35.34; 2, N. Sutherland (S&C) 29.62.

At Battersea Park, September 1st

Ipswich 187½; Herne Hill 170; Swindon 147; Woking 142; Fleet & C 65½.

100H: 1, J. Honour (Wok) 15.6; 2, S. Yates (Swin) 15.6. 400H: V. Lee (Wok) 67.4. LJ: Honour 5.60. (Juniors): 1500: T. Long (F&C) 4:59.3. LJ: P. Wellington (Swin) 5.30. SP/DT: S. King (Ips) 14.14/28.12. JT: A. Smith (HHH) 28.98.

At Eltham, September 1st

Wigmore 193; W. Cornwall 168; Braintree & W 129; Cambridge & C 119; Eastbourne 59.

800: K. Tuffnell (C&C) 2:16.1. 100H/400H: V. Douglas (Wig) 15.6/66.6. HJ: S. Taylor (C&C) 1.63. SP: M. Pearson (W. Corn) 11.04. (Juniors): SP: T. Chittock (W. Corn) 10.24.

At Aldershot, September 1st

Peterborough 151; Aldershot F&D 149; Hastings 146½; Tonbridge 143½; Hertford & W 103.

LJ: T. Emerson (Ton) 5.49. (Juniors): 800: 1, W. Hoskins (Peter) 2:20.6; 2, C. Brownhill (Hast) 2:21.7. JT: T. Darlington (AF&D) 29:20.

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Victory For British Girls

BRITAIN'S women walkers outshone their male team-mates in the Lugano Cup Final at Eschborn (Ger) last weekend. With Marion Fawkes and Carol Tyson finishing first and second, and with Irene Bateman sixth, Britain defeated Sweden and Norway for team honours. Mexico retained the men's cup, but were pressed hard by the USSR. Despite a number of fast times — by British standards — the UK could finish only 12th of the 14 teams. Roger Mills and Olly Flynn recorded 1:27:25 in the 20km, for second place on the UK all-time list behind Paul Nihill... yet were placed 26th and 27th respectively! Daniel Bautista won in the incredible time of 1:18:49 — which represents 11:45.3 3000m speed, well inside the UK record for that 'sprint' distance, all the way! Boris Yakovlyev (USSR) was second in a European best of 1:19:46, and European champion Roland Wieser wound up ninth with 1:22:32 and European junior champion Jozef Pribilinec tenth at 1:22:44. The 50km times were equally amazing, with Martin Bermudez winning in 3:43:36 from fellow Mexican Enrique Vera (3:43:59) with the favourite Raul Gonzales finishing 4th after setting a fierce pace (1:25:03 at 20km). Adrian James was first Briton home in 31st place.

20km: 1, Bautista (Mex) 1:18:49 (world best); 2, Yakovlyev (USSR) 1:19:46 (Eur best); 3, Vinnichenko (USSR) 1:20:05; 4, Solomin (USSR) 1:20:13; 5, Potschenchuk (USSR) 1:20:28; 6, Canto (Mex) 1:21:12; 7, Gauder (GDR) 1:21:50; 8, Gomez (Mex) 1:22:09; 9, Wieser (GDR) 1:22:32; 10, Pribilinec (Cze) 1:22:44 (world jnr best)... 26, R. MILLS 1:27:25; 27, O. FLYNN 1:27:25; 29, C. HARVEY 1:28:26; 32, A. SEDDON 1:28:56. **50km:** 1, Bermudez (Mex) 3:43:36; 2, Vera (Mex) 3:43:59; 3, Dorovskiy (USSR) 3:45:51; 4, Gonzales (Mex) 3:46:36; 5, Fursov (USSR) 3:46:55; 6, Melnik (USSR) 3:49:31; 7, Marin (Spa) 3:49:46; 8, Meisch (GDR) 3:50:02; 9, Gregucci (Ita) 3:50:51; 10, Sawall (Aus) 3:51:08 (Commonwealth best)... 31, A. JAMES 4:09:52; 37, I. RICHARDS 4:14:47; 39, G. NIBRE 4:18:19; 43, C. MADDOCKS 4:27:03. **Teams:** 1, Mexico 240; 2, USSR 235; 3, GDR 201; 4, Italy 152; 5, Czechoslovakia 142; 6, Poland 127; 7, Hungary 112; 8, Germany 108; 9, Australia 103; 10, Sweden 101; 11, Spain 94; 12, UK 89; 13, USA 67; 14, NZ 25.

Women's 5km: 1, M. FAWKES 22:51; 2, C. TYSON 22:59; 3, Gylder (Nor) 23:08; 4, Olsson (Swe) 23:10; 5, Orr (Aus) 23:10; 6, I. BATEMAN 23:25; 7, Carlsson (Swe) 23:30; 8, Simu (Swe) 23:48; 9, Kjolberg (Nor) 23:50; 10, Liers (US) 24:02. **Teams:** 1, UK 85; 2, Sweden 74; 3, Norway 69; 4, Australia 64; 5, USA 48; 6, Germany 38; 7, France 36; 8, Italy 26; 9, Switzerland 14; 10, Denmark 12.

OBIKWU WINS INTERNATIONAL DECATHLON

Fidelis Obikwu was the individual winner with 7198 pts in a junior decathlon match at Mulhouse on September 15th/16th. Eugene Gilkes placed 6th (6698) and Leon Shakes 10th (6534). Poland won the team event with 20,752 pts followed by Britain (20,430), France (19,962) and Switzerland (19,776). In the pentathlon contest, Britain were 2nd (11,133) to France (11,440) with Switzerland 3rd (10,549). Kim Hagger finished 3rd (3812), Sarah Rowe 4th (3738) and Carmen Pryce 6th (3583).

STANDING SMASHES MOUNTAIN RACE RECORD

Peter Standing broke Barry Watson's record by some 2¼ minutes in winning the prestigious Geneva-Saleve 18.5km mountain race (890m climb) in Switzerland on September 16th. There were about 800 runners, 1, P. Standing (Brighton Concord) 1:06:45; 2, D. Clarke (B'ton C) 1:09:02; 3, L. Adams (Spiridon GB) 1:09:48; 4, S. Suler (Swi) 1:10:41; 5, D. Faircloth (B'ton C) 1:10:59; 6, L. Presland (Spiridon GB-Vet) 1:11:16; 7, J. Mouat (Spiridon GB) 1:11:25.

BRITISH RUNNERS ABROAD

11.8. Rimou (Fra). 8km road: 1, D. Evans (Card) 23:50... 4, N. Deakin (Newc) 24:43; 6, J. Stow (W. Gn) 25:03; 12, G. Butler (W. Gn) 26:00; 18, K. White (Jersey) 26:25. Vets 5km: 1, J. Flatters (Westbury) 16:05... 10, D. Jones (W. Gn) 17:49. **12.8. Rimou.** Half-marathon: 1, Evans 1:11:20; 2, Saleh (Djibouti) 1:12:37; 3, Deakin 1:13:50... 9, Stow 1:16:00; 18, S. Orrells (N. Powys) 1:17:58; 20, B. Rees (N. Powys) 1:18:27; 23, Butler 1:19:05; 24, Flatters (2nd Vet home) 1:20:06; 34, P. Orrells (N. Powys) 1:21:43; 37, D. Prior (W. Gn) 1:22:16. 226 finished. **8.9. Tongeren (Hol).** Half-marathon: 1, Maesschalck 1:05:03; AFCENT Striders placings — 8, G. Campbell 1:11:02; 12, B. Howe 1:12:07; 16, D. Baikie 1:13:09; 18, L. Wood 1:13:37; 26, R. Kent 1:16:28.

WORLD JUNIOR RECORD

Thierry Vigneron (19) of France reclaimed the world junior pole vault record from Konstantin Volkov (USSR) when he cleared 5.61m at Longwy on September 30th.

Jeff Gutteridge misplaced his red BAAB bag at the reception after the Coca Cola meeting at Crystal Palace. It contained two new pairs of blue and white Nike shoes as well as his boss's binoculars and other effects. If anybody has the bag would they please ring Jeff on Slough 25887.

John Doherty's 14:04.5 in the Northern Junior 5000 was a UK age 17 best.

Ninth in Swanage '12' on August 4th was A. Keenan, and not as stated.

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American Wins At Enschede

THE organising committee of the Enschede marathon staged the 17th international race on August 25th in their now widely accustomed immaculate manner. As a result they and the enthusiastic spectators were justly rewarded with a world class performance from the California-born winner Kirk Pfeffer, a former junior marathon prodigy. Running his twelfth race over the distance, Pfeffer recorded a winning time of 2:11:50 — well inside both his own (2:16:05) and the course (2:15:14) records. Japanese star Yutaka Taketomi, second at Beppu in February with 2:13:29.4 (losing by 0.3 sec), was a well beaten runner-up in 2:15:19, whilst consistent Colin Kirkham was over a minute faster than when he was second two years ago in third position with 2:16:10.

The course, well known to the many British runners who biennially make the pilgrimage to Holland, is flat, well-paved and sheltered by trees for long stretches, and with enough turns and variety of scenery not to make it too boring for the athletes who have the luxury of traffic-free roads.

As the starting gun was fired so the sun broke through the clouds to add to a rather humid day. At 10km (31:50) the main group numbered 14 and had a lead of some 100m. Of the British

MARATHON COVERAGE

runners Colin Kirkham, John Cain and Mike Hurd were all comfortably placed in the group. Just before 15km Bob Lunnon fell back and although losing contact maintained a steady pace. The two Americans, Pfeffer and Bob Varsha, remained in control of the situation through 15km but by 20km (1:04:20) Varsha had dropped to the back of the 11-strong group, whilst Pfeffer, Kirkham, Hurd and the Japanese made the running.

At half-way (1:07:30) it was Pfeffer's turn to increase the pace and only Taketomi went with him. They soon opened a lead of some 100m on Kirkham, Richard Umberg (Swi), Hatsuo Okubo (Jap) and Hurd. Varsha had cramp and had slowed considerably, being passed by several runners in the process. Pfeffer, taking advantage of a now favourable breeze and intermittent showers, went through 25km (1:19:32) with Taketomi at his shoulder. Kirkham was some 25 sec behind but still looked quite comfortable. Umberg, Hurd, Okubo, Gerrit Nijboer (Hol), Cor Vriend (Hol) and Cain followed in that order. The American now decided to test the Japanese, and left Taketomi well behind with a sustained burst of speed. Revelling in the rain the fair haired Pfeffer continued to pull away and was timed in 1:34:32 at 30km, virtually tying up



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the race by virtue of a 15:00 split which left Taketomi for dead. Kirkham was safe in third, but the battle for the remaining places was still on.

The clock showed 1:49:40 at 35km which meant that Pfeffer had barely slowed and was en route for a world class time, although by now he was only running against the clock. Taketomi was some 300m adrift, with Kirkham another 200m behind the Japanese. Hurd and Okubo were running side by side, as were Cain and Nijboer, close behind and destined to overtake the preceding duo before the finish. On sped Pfeffer to break the tape in 2:11:50. John Cain was a well deserved 4th in a fine 2:16:41, 7 sec ahead of the surprising Nijboer who became Dutch champion on his debut. Okubo's 6th place in 2:16:59 meant that Japan took the team title ahead of Britain by 33 sec.

1, Pfeffer (US) 2:11:50; 2, Taketomi (Jap) 2:15:19; 3, KIRKHAM 2:16:10; 4, CAIN 2:16:41; 5, Nijboer (Hol) 2:16:48; 6, Okubo (Jap) 2:16:59; 7, HURD 2:17:15; 8, Vriend (Hol) 2:18:43; 9, Wollek (Ger) 2:19:06; 10, Umberg (Swi) 2:19:36; 11, Mentink (Hol) 2:20:26; 12, A. Kearns (RoI) 2:20:38. Other British placings — 19, T. McBrien 2:23:27; 22, R. Lunnon 2:24:19; 32, N. Fox 2:27:40; 39, M. Woods 2:29:03; 47, P. Wright 2:32:28; 52, A. Laker 2:33:31; 53, A. Law 2:34:04; 58, D. De Savigny 2:34:58; 61, B. Cain 2:35:33; 66, M. Horkan 2:36:21; 68, K. Barber 2:36:42; 91, R. Franklin 2:40:30; 95, B. Copps 2:41:12; 96, D. Markwick 2:41:16; 100, D. Cowie 2:42:50.

Roger Gynn

Britain Second To GDR

The Great Britain team in the Karl-Marx-Stadt Marathon on September 1st not only had to face a very strong East German team but also extreme temperatures (30°C with 25°C in the shade) and low humidity. Waldemar Cierpinski, running his first marathon of the year, showed that he has every intention of retaining his Olympic title in Moscow as he and fellow countryman Truppel ran away from the rest of the field after 15km. Looking extremely fit, Cierpinski ran as though he was on a training stint and even Truppel (best time of 2:12:53) had no answer when the Olympic champion put on the pressure over the last 5km.

Dave Clark ran a well judged race, staying with the main field until 25km and then breaking away with a sustained effort over the next 10km. Although his final time was only 2:18:22 Dave had the consolation of defeating five runners who have personal best times under 2:15. The other British runners performed well below form, with Greg Hannon (who was sick before the race) being especially disappointed as he struggled virtually from the start. Sandy Keith ran well up to half way and then he too lost form. Paul Eales

suffered from severe cramp for most of the way and Bernie Plain became lame with the return of an old injury.

In the team race the British contingent had the consolation of defeating both Poland and the USSR, and have now finished 2nd in the two major European marathon team races held this year. It is hoped that in future years these two races may lead to an official European Cup and even possibly a World Cup as in race walking.

It is interesting to note that the East Germans will be holding their Olympic trial marathon at Karl-Marx-Stadt on May 3rd when the first three to finish will be selected for Moscow.

1, Cierpinski (GDR) 2:15:50; 2, Truppel (GDR) 2:16:16; 3, CLARK 2:18:22; 4, Eberding (GDR) 2:20:19; 5, Marszak (Pol) 2:21:09; 6, Runge (GDR) 2:22:26 . . . 8, HANNON 2:22:54; 10, KEITH 2:24:16; 13, EALES 2:37:37; 14, PLAIN 2:39:07. Teams: 1, GDR 53; 2, UK 37; 3, USSR 20; 4, Poland 19 (scoring: 1st-16, 2nd-15, etc).

Don Shelley

O'Reilly Is Midland Champion

Conditions for this year's Rugby Open and Midland Counties AAA Marathon on September 2nd were made more difficult with a strong wind into the faces of the athletes for a three mile stretch of the course on each of the three laps. From the start a group of six athletes broke away; last year's winner Dave Francis, former winner Tom O'Reilly, Edwards, Pickersgill, Gillies and Mountford. They continued together until the 10M point (53:48).

By 15M Mountford had lost contact and Gillies was just losing contact. The leading group of four were clocked at 1:21:21 with Edwards making the pace. At the end of the second lap Francis suddenly retired whilst with the leading group, complaining of leg trouble, which left three in with a chance. The strong headwind then took its toll on Pickersgill, and he became detached from Edwards and O'Reilly who carried on running together to pass 20M in 1:49:30. It was at this stage that O'Reilly realised for the first time that he had a chance of winning and by 25M he had made the decisive break. Times generally were slow due almost entirely to the headwind, and only the first three broke 2.30. Harrold had the

BRIDGEND ROAD RACE

7½ Miles

SUNDAY, OCTOBER 14th, 1979

Race at 2.30 p.m.

Trophies to first 4 Individuals, Veterans and teams

Entry Fee: 50p. No team fees.

Changing at Bridgend Recreation Centre.

Entries to: Mrs Pat Williamson, 56 Longfellow Drive, Bridgend, Mid Glamorgan. (Tel. 0656 4690).

satisfaction of being the first veteran to finish in the high position of 6th in an excellent 2:34:13. The team event was won convincingly by Leicester Coritanian, who placed three athletes in the first 10.

The Women's event saw only four start. There was a surprise defeat for Leslie Watson, with Lydia Kirk finishing in 3:09:19, with Leslie clocking 3:15:42.

R. B. Humphries

1, T. O'Reilly (Small Heath) 2:25:34
2, R. Edwards (Leicester) 2:26:02
3, B. Pickersgill (Holmfirth) 2:27:51
4, F. Gillies (Banb) 2:30:46; 5, R. Harrison (A&SV) 2:32:22; 6, G. Harrold (Enf-V) 2:34:13;
7, S. Holdsworth (Rug) 2:35:46; 8, R. Stowell (Charn-V) 2:36:24; 9, R. King (Leic) 2:37:57; 10, J. Alcock (Leic) 2:38:50; 11, W. McKim (North)

2:39:11; 12, D. Smith (Charn) 2:39:34; 13, B. Cooke (Dud) 2:39:40; 14, A. Smith (Burt) 2:40:19; 15, G. Astill (Notts) 2:40:48; 16, C. Woodward (Leam) 2:41:25 (**his 99th marathon!**); 17, K. Heathcock (Rug) 2:41:46; 18, C. Hunt (Staff-V) 2:42:02; 19, P. Leach (Leic) 2:43:08; 20, G. Kay (Staff-V) 2:43:27; 21, G. Lathbury (Burt) 2:43:49; 22, R. Hepworth (Long) 2:44:19; 23, D. Davies (Here-V) 2:45:51; 24, V. Holman (North) 2:46:11; 25, P. Upton (Notts) 2:46:28; 26, G. Doyly (Banb) 2:46:37; 27, M. Hager (Kett) 2:46:53; 28, P. Richardson (Ver) 2:47:42; 29, I. Trapp (EAC) 2:48:10; 30, P. Grant (Charn) 2:48:41; 31, P. Powdrill (Charn) 2:49:16; 32, G. Phipps (Leam-V) 2:49:20; 33, J. Murphy (Here-V) 2:49:56. **Teams:** 1, Leicester; 2, Charnwood; 3, Banbury; 4, Rugby; 5, Northampton Ph; 6, Leamington. **Midlands:** 1, O'Reilly; 2, Edwards; 3, Holdsworth. **(Women):** 1, L. Kirk (Unatt) 3:09:19; 2, L. Watson (LOAC) 3:15:42.

Italian Impresses In Milton Keynes Marathon

The "New City" of Milton Keynes changes every year, and so does the marathon course, as new roads and paths are opened and old ones close. With the fullest police co-operation for the Milton Keynes International Marathon on September 22nd even the first 2km on roads were traffic free, and the three laps mainly on the Redway paths which are closed to motor traffic gave a quiet and well surfaced course for the rest. The day was cool, with a fair breeze that was screened by the trees when it would have been contrary.

Gian-Paolo Messina, a 22-year-old newcomer from Italy, led from the start and for most of the first lap. The Italian manager was heard muttering "Troppo Vito!", and so it seemed when he was merged with a big fast-moving bunch at about 16km. Among these were Don Faircloth, Barry Watson and John McLaughlin. Other members of Duncairn Harriers were moving well in a pack not far behind.

Messina's fitness began to show later in the second lap, and he never lost the lead again, finishing in beautiful style and apparently with lots of running left. His 2:15:21 was not only easily his personal best but also the fastest time for any Milton Keynes course, and he looks set for a brilliant future. Jim Dingwall finished 24 sec later, with Barry Watson only 12 sec behind.

The first seven home were inside 2:20 and 42 were inside the RRC's first class standard for the race — 2:37, which allowed two minutes for the hills.

Duncairn Harriers, from Belfast, gave a most impressive performance, winning the open team race by 4 minutes. Had any two of their third, fourth and fifth men dropped out, they would still have won! TVH won the RRC Championship and South Yorks the Police Championship, the standard of which was remarkably high.

Joyce Smith and others were away in the Women's Marathon at Waldniel, so Leslie Watson — showing her usual delightful and highly competent form — had no trouble winning the women's race inside 2:58, followed in by Lydia Kirk, who just missed her target of 3 hours.

Don Macgregor ran almost as well as ever to win the over-40's in 2:18:30, and Ron Franklin — over-50's winner — seemed as young as ever in 2:41:31.

Conditions were so favourable that no fewer than 232 of the 265 starters finished. The Rotherham Marathon on the following day must have been a major counter-attraction, but if Milton Keynes continues to provide such a delightful traffic-free course it ought to bring the first class field it deserves.

Harold Lee

1, G. Messina (Italy) 2:15:21
2, J. Dingwall (Falkirk Victoria) 2:15:45
3, B. Watson (Cambridge H) 2:16:57
4, G. Dugdale (TVH) 2:17:40; 5, J. McLaughlin (Dunc) 2:18:10; 6, D. MacGregor (Fife-V) 2:18:30; 7, D. Faircloth (Croy) 2:18:49; 8, P. Blakeney (SYP) 2:20:52; 9, A. Robertson (Harr) 2:21:51; 10, G. Gritti (Italy) 2:22:59; 11, S. McHale (Glouc) 2:24:46; 12, C. Haynes (WYP) 2:24:54; 13, A. Lambourne (B&H) 2:24:58; 14, N. Thomas (Glouc) 2:25:32; 15, Franchi (Italy)

WORCESTER ATHLETIC CLUB

WORCESTERSHIRE BEACON RACE

SATURDAY, 13th OCTOBER, 1979, at 3 pm

6½ M Road and Country over Malvern Hills

Prizes valued over £250 — 1st 10 finishers, 1st 3 Teams,

1st 2 Vets O/40 & O/50, 1st Lady finisher.

Fees: 40p Inds., 75p Teams (all enter as Inds.).

Entries to: P. Haywood, 4 Athelstan House, Hill Ave.,

Worcester. Tel: 352335. S.A.E. for details.

ENTRIES CLOSE TUESDAY, 9th OCTOBER



Provincial Life

INTERNATIONAL ROAD RACES

ORGANISED BY GATESHEAD HARRIERS AND A.C.
(UNDER AAA AND WAAA LAWS)

TO BE HELD ON SATURDAY, 27th OCTOBER, 1979.

1. 1.00 pm Girls 1½ mile individual race (11 on the day of the race, and under 13). Prizes for the first 10 to finish.	5. 2.10 pm Senior and Intermediate Ladies 2 miles individual race. (At least 15 years old on 31st August, 1979). Prizes for the first 10 to finish.
2. 1.20 pm Colts 2 miles individual race (ages 12 and 13). Prizes for the first 20 to finish.	6. 2.25 pm Senior Mens 6 miles individual race. Prizes for the first 30 to finish, also 3 prizes for veterans over 40, 2 prizes for veterans over 45 and one prize for the first veteran over 50.
3. 1.40 pm Junior Ladies 1½ miles individual race (13 and under 15 on 1.9.79). Prizes for the first 10 to finish.	The Club which has the lowest aggregate points for its first 6 first claim members to finish will hold the Provincial Life Assurance Trophy for one year.
4. 1.55 pm Boys 2 miles individual race (ages 14 and 15). Prizes for the first 20 to finish.	7. 3.15 pm Youths 4 miles individual race (ages 16 and 17). Prizes for the first 15 to finish).

All races will start and finish in the Gateshead Stadium.
All entries must be on official AAA, SAAA, WAAA, or SWAAA entry forms.

ENTRY FEES

Races 1, 2, 3, 4 and 7—20p per
individual; races 5 and 6—25p per
individual. No entry will be accepted
without a fee.

Entries must be sent to:-

G.W. SIVELL,
581 WESTGATE ROAD,
NEWCASTLE-UPON-TYNE.
NE4 9PR.

CLOSING DATE FOR ENTRIES
WEDNESDAY
10th OCTOBER, 1979



SPONSORED BY PROVINCIAL LIFE ASSURANCE



BOURNEMOUTH BOROUGH COUNCIL

In association with
BOURNEMOUTH A.C.

present under ECCU and WCC & RWA Rules

THE 5th LOVEGROVE AND JUKES

CROSS-COUNTRY MEETING

KING'S PARK, BOURNEMOUTH
SUNDAY, OCTOBER 28th

Spectator Course • Full Commentary
Coach & Car Park • Refreshments • Good Prizes

1.00 pm "Priory Sports" Colts Open 2375m.
Medals to 1st, 2nd, 3rd Ind; 1st, 2nd, 3rd Teams (3 to score). Winners 1978: Ind. N. Pattison, Team: Bournemouth A.C.

1.25 pm "Thunder & Clayden" Junior Girls Open 2375m. Prizes to 1st, 2nd, 3rd Inds. & 1st, 2nd, 3rd Teams (3 to score).

1.30 pm "Stateside Center" Senior Ladies Open 4750m. Prizes to 1st to 5th Ind. and 1st, 2nd, 3rd Teams (3 to score). Winners 1978: Ind. J. Dawkins, Team: Southampton & Eastleigh A.C.

2.00 pm "Thunder & Clayden" Boys Open 4750m. Prizes to 1st, 2nd, 3rd Inds. & 1st, 2nd, 3rd Teams (3 to score).

2.40 pm "Jukes" Junior Men's Open 7100m. Sweat Shop Vouchers to 1st-6th Inds. Prizes to 1st, 2nd & 3rd Teams. Winners 1978: ind. J. Espir, Team: Woking A.C.

3.20 pm "Lovegrove" Senior Men's Open 9500m. Sweat Shop Vouchers to 1st-15th Inds. & 1st, 2nd, 3rd Veterans O/40. Prizes to 1st, 2nd, 3rd & 1st 'B' Teams (4 to score). Winners 1978: Ind. J. Goater, Team: Shaftesbury Harriers.

Entry Fees: Colts, Boys & Junior Girls 10p per Individual. Junior & Senior Men's, Senior Ladies 20p per Individual. No Team fees or nominations. Cheques/P.O.'s payable to Bournemouth Borough Council.

Entries: Please include Christian names and, for Senior Men's race, state if Veteran. Send to Roger Brown, Parks Dept., Town Hall, Bournemouth, (Tel. 0202 22066 ext. 576).
Closing date Wednesday, 17th October — No late entries acceptable.

2:26:47; 16, J. Wagstaff (Tip) 2:27:02; 17, C. Hallimond (Gat) 2:27:20; 18, P. Rafferty (Harr) 2:27:22; 19, W. McKim (North) 2:27:31; 20, D. Lang (Fife) 2:27:57; 21, T. Annett (Dunc) 2:28:09; 22, R. Campbell (Ex. B-V) 2:28:49; 23, W. Weller (Glouc) 2:28:50; 24, A. Donaldson (Dunc) 2:29:00; 25, M. Murdoch (Dunc) 2:29:21; 26, J. White (Dunc) 2:30:47; 27, G. Berkhout (Neth) 2:31:37; 28, C. Whitty (AF&D) 2:31:56; 29, R. Atkinson (Car) 2:32:03; 30, D. Blyth (C&C) 2:32:04;

31, G. Grant (Camb. H) 2:32:19; 32, I. Burgess (S&E) 2:32:48; 33, R. Wadeley (Bigg) 2:33:05; 34, S. McGuinness (Salis) 2:33:11; 35, M. Pickard (E&E) 2:33:15; 36, R. Aconley (SYP) 2:34:15; 37, S. O'Callaghan (WYP) 2:34:30; 38, M. Baggs (Wey. St. P) 2:35:41; 39, D. Patterson (TVH) 2:35:57; 40, A. Richards (Tip) 2:36:12; 41, D. March (Mil. K) 2:36:24; 42, S. Smythe (Camb. H) 2:36:32; 43, I. McKenzie (Met. P-V) 2:37:18; 44, A. Page (North) 2:37:28; 45, C. Pooley (L&M) 2:38:09; 46, C. Woodcock (B'heath) 2:38:13; 47, S. Hampson (Read) 2:39:20; 48, A. Newman (TVP) 2:39:23; 49, A. Fidele (2 Para. Reg) 2:39:25; 50, G. Hiermer (Germany) 2:40:07; 51, G. Nettleford (A&SC) 2:40:09; 52, R. Crosbie (TVH) 2:40:28; 53, T. Dorsett (Wyc) 2:40:52; 54, R. Franklin (TVH-V) 2:41:31; 55, K. Hesketh (Ox. C) 2:41:33; 56, B. Clifton (Tip) 2:42:18; 57, D. Bradley (Camb. H) 2:42:42; 58, R. Taylor (Newb) 2:42:54; 59, S. Instone (Rane) 2:43:00; 60, M. Turner (Th. H&H) 2:43:12.

Teams: 1, Duncarn 7:15:19; 2, Gloucester 7:19:09; 3, Cambridge H 7:25:48; 4, Thames Valley 7:34:05; 5, Tipton 7:47:46; 6, Northampton Ph. 7:55:52; 7, Newbury 8:12:28; 8, Milton Keynes 8:14:58; 9, Vale of Aylesbury 8:22:42; 10, Brighton & H 8:22:42. **RRC Champs:** 1, Thames Valley 7:39:39; 2, Cambridge H 7:59:54; 3, Tipton 8:00:57; 4, Milton Keynes 8:14:58. **Police Champs:** 1, S. Yorkshire 7:42:01; 2, W. Yorkshire 7:45:53; 3, Metropolitan 8:15:00. **(Vets):** 1, MacGregor; 2, Campbell; 3, McKenzie. **(O/50):** 1, Franklin; 2, D. Ball (Bigg) 2:54:44; 3, P. Pringle (Bel) 2:56:57. **(Women):** 1, L. Watson (LOAC) 2:57:37; 2, L. Kirk (Unatt) 3:00:31.

PENNINE WAY RECORD BROKEN

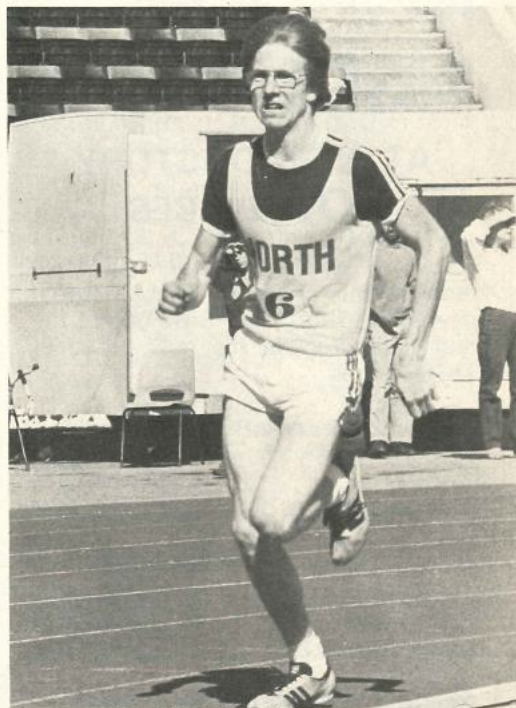
Brian Harney, (34), Rotherham Harrier/Dark Peak Fell Runners, knocked 1:06:00 off the previous record held by Pete Dawes of Kendal AC. Starting at Kirk Yetholm at 09.00 on August 9th Brian clocked 3 days 42 mins, taking only 2½ hours sleep during the 270 mile effort. Among his pacers were last year's Karrimor Elite Class winners Martin Hudson and Roger Baumeister, and Alan Heaton of Clayton-le-Moors who is a previous record holder. Although favoured by fine weather for most of the way there was mist on the night sections and the ground was very wet. He covered 113 miles the first day, 81 on the second and 74 on the third.

Paul Elliott Runs 1:50.7 For 800 At Age 16

PLEASANT weather saw three meeting records fall in the Junior inter-area match at Crystal Palace on September 16th. Paul Elliott was one of the heroes of the 800 even though he didn't win the race. Launched on a fast pace (26.3, 54.6 and 82.0), the first five were all closely bunched coming off the final turn. Ron Weedon kicked hard to score in a personal best of 1:50.2 and Elliott trimmed 0.3 off the UK age-16 best (and AAA Youth 'Record') set last year by Chris McGeorge with a fine 1:50.7, in chasing him home. The Youths invitation 800 saw a great scrap between Garry Taylor and Chris Bigg as they toured the distance with laps of 57.0 and 55.6 and finished locked together.

Martin Girvan upped the hammer meeting record to 65.22m and Chris Dinsdale reached 50.58m in the discus. The other record fell in the 1500, where John Adams gunned a 58.3 last lap in leading four others under the previous best (3:54.2). Busy Roy Dickens won the 400 as he pleased in 48.6 and anchored the victorious Southern 4x400 squad in 48.0. He plans to move up to 800 next year and will be worth watching. In the Boys 1500 David Hoinville was fresh from his mile success in the 'Coke' meeting, but could do nothing about the inspiration that took hold of Bob Farish on the final turn. The Blackheath Harrier turned on an amazing kick to win easily in 4:07.7, leaving a shocked Hoinville 3 seconds back. We certainly have talent in all age groups at this event.

Dave Cocksedge



Paul Elliott during his 1:50.7 800 metres.

Anthony Taylor

100: (—1.2m) 1, M. Powell (S) 10.9; 2, D. Bills (M) 11.0; 3, C. Callender (S) 11.1. **200:** (—0.5m) 1, Bills 21.9; 2, C. Moseley (S) 22.4; 3, S. Lawrenson (N) 22.5. **400:** 1, R. Dickens (S) 48.6; 2, C. Walker (N) 49.8; 3, W. Yeates (N) 49.9; 4, M. Penn (S) 50.2; 4, J-P. Fernee (S) 50.6. **800:** 1, R. Weedon (S) 1:50.2; 2, P. Elliott (N) 1:50.7 (UK age-16 best); 3, M. Christy (S) 1:51.8; 4, J. Blackledge (N) 1:52.3; 5, S. Bennett (M) 1:52.8; 6, S. Glayshear (M) 1:53.2. **1500:** 1, J. Adams (N) 3:51.8; 2, P. Black (M) 3:52.3; 3, T. Redman (M) 3:53.0; 4, D. Black (S) 3:53.1; 5, W. Dee (S) 3:53.8; 6, A. Douglas (Gst) 3:54.2; 7, P. Livesey (M) 3:55.1; 8, S. Crossman (S) 3:55.8; 9, D. Swain (S) 3:55.9; 10, D. Pemberton (M) 3:56.8. **3000:** 1, A. Salter (M) 8:17.2; 2, D. Lewis (N) 8:19.4; 3, C. Moule (N) 8:20.2; 4, P. Davies-Hale (M) 8:20.4; 5, A. Guilder (S) 8:34.6. **2000SC:** 1, E. Weatherburn (M) 5:43.6; 2, S. Willimott (M) 5:58.2; 3, J. Storey (S) 5:59.4; 4, P. Barratt (S) 5:59.9; 5, N. Cowie (M) 6:02.4; 6, A. Green (N) 6:04.1; 7, M. Newby (N) 6:04.4; 8, R. Wright (S) 6:06.0. **110H:** (—1.8m) 1, R. Willard (N) 14.9; 2, A. Drysdale (M) 15.0; 3, J. Hipplewith (S) 15.0; 4, T. Carrington (N) 15.1; 5, A. Fennemore (S)

15.2; 6, P. Allen (S) 15.5; 7, M. Millward (M) 15.6. **400H:** 1, Carrington 53.5; 2, P. Goacher (M) 53.9; 3, Millward 55.2; 4, I. McDonnell (N) 55.4; 5, R. Jerrett (S) 55.8; 6, S. Hobson (S) 57.3. **4x100:** 1, Southern 'A' (R. Key, J. Salmon, Powell, L. Christie) 41.9; 2, Southern 'B' 42.1; 3, Midlands 42.7; 4, North 42.8. **4x400:** 1, Southern 'A' (Weedon, R. Jerrett, M. Oakes, Dickens) 3:19.2; 2, Midlands 3:19.6; 3, North 3:20.3; 4, Southern 'B' 3:23.0.

HJ: 1, O. Cham (S) 2.05; 2, L. Thompson (S) 2.05; 3, F. Reddley (M) 2.00; 4, T. Whittle (S) 2.00; 5, E. Moore (S) 2.00; 6, R. Charles (Gst) 2.00; 7, P. McDonnell (N) 1.95. **PV:** 1, T. Anstiss (S) 4.40; 2, A. Leiper (S) 4.40; 3, A. Gayle (M) 3.60; 4, J. Andrews (S) 3.60. **LJ:** 1, R. McKenzie (S) 6.96; 2, T. Sinclair (S) 6.81. **TJ:** 1, J. Herbert (S) 15.06; 2, D. Perkins (M) 15.05; 3, M. Brown (S) 14.77; 4, R. Cameron (S) 14.39; 5, S. Metcalfe (N) 14.38; 6, J. Browne (N) 14.25. **SP:** (16lb) 1, P. Milbourn (S) 15.36; 2, A. Zaidman (S) 14.77; 3, P. Davies (N) 14.08; 4, L. Roveda (S) 13.87; 5, E. Phillips (S) 13.49; 6, R. Weir (M) 13.26. **DT:** 1, C. Dinsdale (S) 50.58; 2, N. Woolcott (S) 50.02; 3, Weir 49.94; 4, A. Garforth (S) 43.08; 5,

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POST FREE

CHEQUE, P.O., CREDIT CARD NO. WITH ORDER

M. Middleton (S) 42.48. **HT:** 1, M. Girvan (S) 65.22; 2, Weir 63.92; 3, R. Earle (S) 54.30; 4, A. Kenneally (S) 53.36; 5, D. Smith (N) 53.24; 6, N. Carruthers (S) 53.04; 7, S. Rogerson (N) 50.24; 8, M. Roberts (M) 49.60. **JT:** 1, C. McKenzie (S) 69.00; 2, I. Marsh (S) 66.88; 3, M. Williams (M) 63.44; 4, A. Bradstock (S) 61.60; 5, T. Newenham (S) 61.58; 6, C. Glossop (N) 57.76. **3000 Walk:** 1, G. Vale (S) 13:26.0; 2, N. Welsh (M) 13:46.4; 3, S. Marshall (S) 13:54.8; 4, G. Mendham (S) 14:00.0. **Match Result:** South 222, Midlands 181, North 158, South 'B' 141.

Invitation Events: (Youths): 800: 1, G. Taylor (Houn) 1:52.6; 2, C. Bigg (B&H) 1:52.6; 3, P. Potter 1:53.3; 4, J. Gladwin (Bel) 1:54.3; 5, D. Constable (Bir) 1:56.2; 6, R. Lynch (N. Lon) 1:56.8; 7, P. Simms 1:57.6. **3000:** 1, G. Staines (Ver) 8:34.6; 2, M. Lassetter (B&H) 8:50.6; 3, R. Baker (Cann) 8:54.4. **(Boys):** 1500: 1, R. Farish (B'heath) 4:07.7; 2, D. Hoinville (High) 4:10.7; 3, D. Clarke 4:19.8.

MIDLAND COUNTIES JUNIORS 120; WALES JUNIORS 89

At Wolverhampton, September 5th
100: D. Bills (M) 10.7; 2, D. Morgan (W) 11.1; 3, C. Moxham (M) 11.1. 200: 1, Bills 21.7; 2, S. Thomas (W) 22.2; 3, Morgan 22.2. 400: K. Bennett (M) 50.4. 800: 1, S. Bennett (M) 1:53.5; 2, A. Salter (Bir-Gst) 1:53.8; 3, M. Jones (W) 1:55.4; 4, P. Potter (M-Y) 1:55.8. 1500: 1, T. Redman (M) 3:52.2; 2, P. Black (M) 3:52.7; 3, D. Constable (Bir-Gst Y) 3:58.0. 3000: 1, S. Blackmore (W-Gst) 8:28.4; 2, C. Buckley (W) 8:30.4. 2000SC: 1, E. Webberburn (M) 5:49.6; 2, S. Willmott (Cann-Gst) 5:58.0; 3, N. Cowie (M) 6:02.4; 4, P. Miller (W-Gst) 6:05.4; 5, J. Messum (W) 6:08.8; 6, M. Dunnally (W) 6:09.4. 110H: 1, A. Drysdale (M) 14.7; 2, N. Alexander (W) 15.0; 3, T. Lewis (W) 15.0; 4, D. Christie (M) 15.6. 400H: 1, P. Goacher (M) 53.6; 2, M. Millward (M) 54.4; 3, D. Jones (W) 55.7; 4, C. Ewart (W) 56.2. HJ: F. Redley (M) 1.90. PV: A. Gayle (M) 3.80. TJ: 1, D. Wood (W) 14.47; 2, I. Worrell (M) 13.88. SP: G. Pugh (W) 14.11. DT: R. Weir (M) 50.28. HT: 1, Weir 60.72; 2, M. Roberts (M) 49.08. JT: 1, M. Williams (M) 60.68; 2, G. Hadley (M) 56.42. 4x100: 1, Wales 42.8; 2, Midlands 42.9. 4x400: 1, Midlands 3:22.3; 2, Wales 3:23.0.

Senior events. 100: M. Holtom (W&B) 11.0. 200: 1, Holtom 21.8; 2, C. Monk (Leic) 22.4. 400: 1, S. Lane (B&R) 49.4; 2, I. Lindsay (Warl) 50.1. 800: A. Tait (Charn) 1:54.3. 1500: 1, J. Graham (Bir) 3:46.6; 2, J. Clark (Roth) 3:48.6; 3, S. Atkins (Worc) 3:52.2; 4, P. Hoddy (Glouc) 3:53.2; 5, R. Weaver (Bir) 3:53.8; 6, J. Potts (Bir) 3:54.2; 7, L. Duffy (Bir) 3:54.9.

The secretary of March AC has recently resigned and all correspondence should now be sent to the chairman: Peter Jackman, 12 Kingsley Street, March, Cumbs.

Blackheath & Aldershot Qualify For British League

At Haringey, September 8th

Blackheath 346; Aldershot F&D 333; Sparkhill 317; Ilford 295; Chelmsford 276; Leicester 251; Derby 180; Bridgend YMCA 161.

200: 1, T. Whitehead (Chelm) 22.0; 2, N. Richens (AF&D) 22.1; 3, C. Monk (Leic) 22.2. 400: (A): 1, Whitehead 49.0; 2, J. Coe (AF&D) 50.3; 3, K. Hunter (Spark) 50.3. (B): R. Weedon (Chelm) 49.8. 800: 1, Weedon 1:52.0; 2, D. Eglan (AF&D) 1:54.4. 1500: (A): 1, N. Lees (Der) 3:47.6; 2, C. Shields (AF&D) 3:53.5; 3, A. Catton (Ilf) 3:53.9. (B): 1, R. Hackney (AF&D) 3:51.5; 2, C. Woodhouse (Der) 3:52.0; 3, A. Nixon (Ilf) 3:54.8. 5000: B. Ford (AF&D) 14:10.5. 3000SC: (A): 1, I. Logan (AF&D) 9:09.6; 2, D. Coates (Ilf) 9:16.0; 3, D. Daly (Spark) 9:30.0. (B): C. Campbell (AF&D) 9:28.1. 110H: (A): 1, D. Hall (Leic) 15.4; 2, A. Drysdale (Spark) 15.6; 3, G. Hood (Ilf) 15.9. (B): 1, S. Flint (Ilf) 15.6; 2, M. Carroll (B'heath) 15.7. 400H: (A): 1, J. McGing (Der) 53.8; 2, Hall 53.9; 3, Carroll 55.9; 4, I. Harper (AF&D) 57.0. (B): 1, J. Wilkinson (B'heath) 56.3; 2, J. Gillespie (Leic) 56.4.

HJ: (A): 1, T. Foulger (B'heath) 2.08; 2, F. Redley (Spark) 2.08; 3, F. Manderson (AF&D) 2.00; 4, R. Pyatt (Leic) 1.95; 5, S. Faint (Ilf) 1.95. (B): 1, T. Llewelyn (B'heath) 2.00; 2, G. Flood (Ilf) 1.95. LJ: R. Weaver (B'heath) 7.00. TJ: (A): 1, A. Earle (Spark) 15.14; 2, M. Clarke (Ilf)

14.82; 3, Timbers (AF&D) 14.42. (B): I. Worrell (Spark) 14.02. SP: (A): 1, M. Winch (B'heath) 16.44; 2, G. Savory (AF&D) 14.77; 3, A. Vince (Chelm) 14.71. (B): T. Walhen (B'heath) 13.15. DT: (A): 1, Winch 49.40; 2, Vince 44.84; 3, Savory 43.02; 4, W. Renshaw (Der) 42.32. (B): Walhen 40.06. HT: 1, P. Stark (Bridge) 55.44; 2, R. Earle (Chelm) 50.88; 3, Winch 44.66. JT: 1, J. Ferrary (Leic) 59.68; 2, M. Williams (Spark) 57.04; 3, W. Bushnell (Ilf) 56.16. 4x100: 1, Leicester 43.3; 2, Aldershot F&D 43.4; 3, Sparkhill 43.8; 4, Chelmsford 43.8. 4x400: 1, Blackheath 3:23.0; 2, Sparkhill 3:23.3.

MIDLAND COUNTIES 68; RAF 35

At Birmingham, September 19th

100: 1, C. Moven (M) 10.8; 2, D. Bills (Gst) 10.8; 3, I. Larrard (M) 10.9. 200: 1, Moven 22.3; 2, Larrard 22.4. 400: 1, P. Goacher (M) 49.6; 2, M. Ducasse (RAF) 49.8; 3, A. Williams (RAF) 50.1. 800: M. Downes (M) 1:53.6. 1500: 1, S. Emson (M) 3:48.8; 2, R. Hackney (RAF) 3:49.1; 3, S. Jones (RAF) 3:50.3; 4, P. Black (Gst) 3:51.3; 5, G. Harvey (M) 3:52.0; 6, J. Clarke (Gst) 3:53.6. 110H: 1, D. Hall (M) 15.2; 2, I. Willoughby (M) 15.3; 3, T. Wells (Gst) 15.6. LJ: A. Earle (M) 6.98. SP: G. Blyton (M) 13.84. Non-Scoring: 3000: 1, J. Graham (Bir) 8:08.0; 2, A. Armitage (A&SV) 8:22.8. HT: 1, R. Weir (Bir) 55.54; 2, A. Woods (Bir) 49.74.



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Results In Brief

Essex WAAA Pentathlon & Subsidiary Champs. 3000: 1, B. Stone (Thur) 9:57.0; 2, M. Witts (Ex. L) 10:04.4; 3, K. Trunley (Ilf) 10:04.6; 4, B. Locke (S'end) 10:33.5. Pent: 1, A. Rothwell (Chelm) 3,354; 2, H. Dyble (Ex. L) 3,239 (15.7); 3, V. Ellis (Bas) 3,158. (Inters): Pent: 1, T. Askins (Harl) 3,042; 2, J. Scholfield (Chelm) 3,034; 3, J. Taylor (Ex. L) 3,028; 4, L. Feary (Col) 3,001; 5, M. Owers (Chelm) 2,919; 6, S. Dennis (Thur) 2,909. (Juniors): 1500: K. Hughes (Thur) 4:41.4. Pent: 1, H. Cushen (Thur) 3,039 (1.53, 5.43); 2, S. Hay (Col) 2,740; 3, J. Oliver (Ex. L) 2,704 (1.56, 2:21.2).

Essex Relay Champs. (Women): 4×400: 1, Essex Ladies 3:47.7; 2, Southend-on-Sea 3:50.9; 3, Havering 3:55.9; 4, Ilford 3:59.6.

July 21st

Trophy Meeting, at Southampton. (Women): DT: J. Curtis (S&E) 43.36.

September 8th

Illumination Trophy Meeting, at Blackpool. (Women): LJ: B. Hart (Glas) 5.55. DT: C. Cameron (Glas) 34.70.

Lily B League, At Ewell. (Junior Ladies):

The Unigate Marathon

A British Road Runners
Championship Event

FROM HARLOW SPORTSCENTRE

SATURDAY, 27th OCTOBER, at 1.30 p.m.

MEN'S RACE (Under AAA Laws)

Incorporating Essex, Herts., Kent and Southern Veterans Championships. Prizes first 20 individuals, first local man, first 3 Vets O/40, first O/50, 3 team prizes.

LADIES RACE (Under WCC & RWA Rules)

Prizes first 3 — more if entry warrants.

Time Certificates to all finishers

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Entries to Tom Dradey, 78 The Maples, Harlow, Essex CM19 4RA. Tel. Harlow (0279) 33554. SAE please!

CLOSING DATE OCTOBER 16th CERTAIN

SP/JT: D. Bayley (Brack) 10.74/31.10. DT: J. Stanton (Brack) 32.00. (Girls): 1000W: A. Streeter (R&R) 6:12.4.

Young Athletes Meeting, at Solihull. (Youths):

TJ: A. Williams (W&B-B) 12.44. DT: M. Higgins (Sol) 46.60. 4×100: Solihull 44.9. (Boys): 100: R. Hunter (Spark) 11.9. HJ: D. Glover (Spark) 1.70. LJ: 1, A. Williams (W&B) 5.85; 2, C. Bloomfield (Spark) 5.76. (Inters): 800: L. Baker (Cov) 2:17.5. 1500: N. Carmody (Cov) 4:53.7. 80H: 1, L. Roper (Hallam) 11.9; 2, B. Malpass (Cov) 12.4. SP: 1, C. Gregory (Bir) 12.39; 2, P. Webber (Bir) 11.07. DT: J. Salten (Bir) 34.72. 3000W: 1, K. Eden (Sol) 15:07; 2, C. Nichol (Sol) 16:58. (Juniors): 100: 1, D. Dallow (Spark) 12.6; 2, A. Turner (Bir) 12.7. 200: Turner 25.9. 75H: L. Parry (Cov) 11.7. LJ: S. Hook (Abert) 5.13. SP: D. Campbell (Spark) 10.24. DT: 1, K. Pugh (Nun) 31.06; 2, N. Marston (Bir) 28.46. 4×100: 1, Sparkhill 51.1; 2, Coventry 51.4; 3, Birchfield 51.8. 2000W: 1, K. Bowers (B&R) 10:59; 2, L. Smith (Sol) 11:12; 3, C. Fierek (Worc) 11:16.

September 8th & 9th

Middlesex Decathlon Champs, at West London. 1, P. Edwards (Walton-Gst) 6,353 (40.00 DT); 2, H. Thorne (High) 5,614; 3, P. Johnson (Enf) 5,540; 4, A. Taylor (Har) 5,359; 5, R. Willsmer (Houn) 5,355 (1.96); 6, K. Seldon (Hill) 5,001; 7, P. Hunter (Houn) 4,888; 8, S. Smith (Enf) 4,676. (Juniors): 1, T. Anstiss (Houn) 6,018 (12.0, 6.07, 10.59, 1.75, 54.3; 16.4, 30.34, 4.40, 39.34, 4:49.4); 2, S. Poole (Har) 5,056; 3, D. Villaruel (E&S) 4,686.

Kent Decathlon Champs, at Erith. 1, R. Searing (Med-J) 5,315; 2, F. Farley (Camb H-J) 5,132; 3, S. Munday (Dart-J) 5,014; 4, N. Argent (Med-J) 4,893 (3.70); 5, W. Edwards (Ash) 4,695. (Youths): Octathlon: 1, K. Hayford (Bex) 4,625 (55.36 DT); 2, J. King (Med) 4,115.

Verlea AC Decathlon Meeting, at St. Albans.

1, G. Richards (Ver) 6419 (11.4, 7.10, 12.69, 1.85, 53.8; 16.0, 38.52, 3.15, 41.62, 5:09.1); 2, K. Flunder (Ver-J) 4706.

September 9th

Relay Meeting, at Rotherham. (Youths):

3×800: Rotherham 6:09.9. (Boys): 1600 Medley: Stainforth 4:09.0.

W. Yorkshire T & F League Champs, at

Cleckheaton. 100: S. Harrison (Leeds C) 11.0. 400: K. Walton (Leeds C) 49.3. HJ: A. Oversby (Spn) 1.91. (Youths): 100: 1, P. Graydon (Hal) 11.1; 2, L. Rotherforth (Wake) 11.2. 200: 1, Rotherforth 22.4; 2, Graydon 22.9. DT: 1, A. Martin (Leeds C) 43.08; 2, P. Foster (Spn) 40.90. (Boys): 100: J. Humberstone (Spn) 11.8. (Women): 400: 1, C. Wood (Leeds C) 57.8; 2, L. Riley (A&SV) 58.6. 1500: 1, Wood 4:44.1; 2, W.



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E. Langsley

Proctor (A&SV) 4:44.7. SP: 1, J. Attack (Wake) 11.78; 2, I. Samuels (A&SV) 11.23. (Inters): 100: K. Barraclough (Rown) 12.3. 1500: 1, B. Noble (Bing) 4:42.6; 2, T. Davison (Hal) 4:46.1; 3, D. Burton (Leeds C) 4:50.9. (Juniors): 100: M. Newton (A&SV) 12.7. 800: S. Ramsdale (Leeds C) 2:22.7. 1500: 1, A. Crewe (Bing) 4:49.5; 2, J. Midgley (Leeds C) 4:49.9; 3, L. Robinson (Spen) 4:51.3; 4, A. Gibson (Long) 4:59.0; 5, C. Lord (Hal) 4:59.3. HJ: C. Sugden (Spen) 1.54. (Girls): 80: S. Briggs (Spen) 10.4. 800: 1, H. Kelly (Wake) 2:27.4; 2, N. Parish (Riccall) 2:28.0.

September 15th

Ranelagh CC, at Richmond Park. Fastest: 1, K. Harrison 20:13; 2, G. Thomas 20:34; 3, J. Forrest 20:56.

Open Meeting, at Thurrock. (Youths): HJ: H. Pierre (Tow. H) 1.90. (Boys): 100: S. O'Sullivan (Newh) 11.9. 200: 1, O'Sullivan 23.7; 2, A. Goodwin (Col) 23.9. 800: A. Reader (Mit) 2:07.0. HJ: F. Abegide 1.80. PV: R. Andrews (E&E) 2.90. LJ: P. Brice (Shaft) 6.04. SP: W. Cole (Thur) 15.37. JT: 1, Brice 57.90; 2, M. Shean (Bas) 49.72. (Inters): 100: J. Scholfield (Chelm) 12.6 (12.5 ht). 200: 1, Scholfield 25.1; 2, L. Evans (Chelm) 25.9. 400: D. Lambert (Thur) 60.2.

1500: 1, C. Jarman (Thur) 4:47.5; 2, L. Ealham (Ver) 4:51.6. 80H: 1, L. Playel (Ver) 12.0; 2, C. Venner (Wig) 12.3; 3, M. Lewis (Bas) 12.4. SP: S. Bracey (Chelm) 11.69. (Juniors): 800: 1, N. Hughes (Inv) 2:22.1; 2, D. Andrews (Bas) 2:22.9. 1500: 1, A. Nagle 4:56.6; 2, M. Lyons 4:56.8. 75H: 1, J. Gibson (Bas) 11.9; 2, H. Cushen (Thur) 12.0; 3, K. Studzinski (Dor. St. P) 12.3 (12.1 ht). LJ: 1, Cushen 5.40; 2, Studzinski 5.16. SP: 1, S. King (Ips) 13.42; 2, R. Driver (Thur) 9.96.

"Stars of Tomorrow" Meeting, at Bromsgrove. (Inters): 100: 1, D. Warner (Rad) 12.2; 2, K. Rist (Rad) 12.3. 200: Warner 25.7. 400: 1, Rist 58.0; 2, M. Wiltshire (West) 59.5; 3, N. Salisbury (Bir) 59.7; 4, Paisley (Swan) 60.2. LJ: L. Blurton (Cov) 5.25. 4x100: Radley 49.4. (Juniors): 100/200: L. Parry (Der) 12.7/26.4. 800: 1, B. Sanderson (Cor) 2:18.0; 2, S. Withers (B&R) 2:19.1; 3, W. Harvey (Ply) 2:22.5. 1500: 1, A. Cardus (B&R) 4:54.7; 2, J. Platt (Cann) 4:56.8. 75H: 1, Parry (Der) 11.7; 2, L. Parry (Cov) 11.9 (11.8 ht). HJ: 1, C. Summerfield (W&B) 1.62; 2, J. Neal (Der) 1.56; 3, K. Weston (Der) 1.53. SP: 1, C. Reid (Cov) 10.21; 2, D. White (Tam) 10.19. DT: 1, K. Pugh (Nun) 31.66; 2, A. Local (P'lee) 31.62; 3, R. McMillan (Rad) 29.86. (Girls): 800: K. Tranter (Dud) 2:28.0. 1500: T. Craik (Rad) 5:08.9. 70H: 1, S. Morris (Rad) 12.1; 2, K. Dooley (Cann) 12.2. (U/11): 100: S. Frisby (Nun) 14.2.

HORSHAM PARKLAND RACES

September 8th

1, P. Rowland (Hor) 14:50; 2, P. Marten (Hor) 14:58; 3, P. Bidmead (B&H) 15:03; 4, J. Stephenson (B&H) 15:12; 5, P. Fagan (Lon. I) 15:13; 6, M. Paterson (B&H) 15:21; 7, P. Crowhurst (B&H) 15:27; 8, A. Lambourne (B&H) 15:33; 9, M. Laflin (B&H) 15:37; 10, K. Taylor (Unatt) 15:38; 11, S. Williams (Hor) 15:43; 12, C. Malsbury (Hor) 15:45. (Vets): 1, B. Bartholomew (B&H) 15:51; 2, D. Case (E&S) 15:58; 3, J. Luxford (Hor) 16:09. (Youths): 1, M. Clark (Craw) 10:04; 2, W. Poplewell (Havant) 10:06; 3, G. Couch (Bas) 10:10; 4, K. Newton (Craw) 10:24; 5, P. Gale (Havant) 10:27; 6, M. Wheeler (E. Grin) 10:27. (Boys): 1, K. Hutchings (Sy. B) 8:15; 2, A. Rowe (Hay. H) 8:24; 3, R. Lillie (Ton) 8:25; 4, P. Barr (Bas) 8:28. (Colts): 1, S. Newport (Ton) 8:49; 2, A. Hollens (Ton) 8:51. (Women): 1, R. Joyce (Craw) 10:57; 2, E. Harding (E&E) 11:22; 3, J. Van Cuylenburg (Craw) 11:32; 4, M. Griffith (E&E) 12:29; 5, C. Stroud (E&E) 12:55; 6, F. Head (Craw) 12:56. (Inters): 1, R. Griffith (Havant) 11:57; 2, C. Thompson (Ports) 12:07; 3, B. Cantle (Fare) 12:11; 4, V. Strickland (Havant) 12:24. (Juniors): 1, N. Brown (Ton) 9:11; 2, D. Campbell (Craw) 9:15; 3, D. Thomas (BR&C) 9:22. (Girls): 1, S. Sisley (E. Grin) 6:01.

Decathletes Encounter Terrible Weather In Iceland

ICELAND lived up to its name over the weekend of September 8th/9th, during the Decathlon International with Great Britain in Reykjavik. The weather conditions throughout were appalling: bitterly cold winds on the first day, and driving rains adding to the gale force winds on the second day, with temperatures dropping rapidly (down to 6°C at times). However, the performances were of a good standard and as team manager it was a pleasure to work with a group with such team spirit.

Elias Sveinsson won the individual contest, taking over the lead in the discus event. His score (7420) was only 20 points short of his best. Pan Zeniou, who has been the most consistent British athlete this year, was 2nd, scoring 3735 points on the second day, with a decathlon best in hurdles at 15.3w (+ 3.1m), and the best pole vault of the competition (4.30m). The winds in the javelin were of such force that a completely new run-up had to be marked out, so that the athletes threw diagonally across the centre, towards the home straight, to obtain the best wind. Pan's best throw of 62.98m landed just short of the track!

Alan Lindop reporting from Reykjavik

The temperature had dropped so much by the 1500m that some athletes ran in their track suit bottoms, and Hafsteinsson, who is a 4:15 man, won the race in 4:36.9 ahead of Pan at 4:38.5. To show how bad the conditions were: Pan's best in a decathlon is 4:15.1 and usually he runs about 4:20. Mike Corden finished 1 point short of the 7200 mark, having good marks in the shot (13.91m) and 400 (50.6). He started the second day with 15.3w, despite the partly flooded track. The discus was moved to an adjoining track, and by then the rains were lashing down, but his series of 43.74, 45.08, 46.28 (decathlon best) was meritorious. His final total of 7199 was a season's best in this his 37th decathlon. John Howell finished 4th with 6883 with a good shot mark of 14.04m (best in the competition) and discus of 44.18m.

Gus McKenzie was overnight leader with 3897. His marks were excellent on the first day: 10.8 100, 7.11m long jump (two no jumps around 7.40 — 7.50), and a high jump of 2.01m. He started the second day with a 14.4w hurdles win, but his discus and javelin let him down. Peter Brugnani (20), competing in his first senior international, acquitted himself admirably, with an 11.0 100 as well as a personal best (albeit windy) hurdles of 15.3, and he equalled his best of 3.90m in the pole vault.

Special mention must go to Valbjorn Thorklasson (7354 in 1967), who was competing for Iceland at the age of 45! He had won the Vets Championships in Hannover in the pentathlon and hurdles, and showed his class with a 15.1w hurdles time (3'6" hurdles remember), and a 4.20m vault (his best was 4.50m some years ago off a metal pole). By the time he had taken his first throw in the javelin he had already broken the World Vets record of 5678 and he finished with a magnificent 6140.

1, E. Sveinsson 7420 (11.2, 6.32, 13.81, 1.90, 51.3, — 3665 —, 15.2w, 45.26, 4.20, 61.94, 4:44.4); 2, PAN ZENIOU 7299 (11.4, 6.71, 13.69, 1.75, 51.2 — 3564 — 15.3w, 40.90, 4.30, 62.98, 4:38.5); 3, MIKE CORDEN 7199 (11.4, 6.52, 13.91, 1.81, 50.6 — 3691 — 15.3w, 46.28, 3.80, 59.68, 4:52.8); 4, JOHN HOWELL 6883 (11.2, 6.52, 14.04, 1.81, 50.7; 15.9w, 44.18, 3.70, 47.90, 5:09.5); 5, GUS MCKENZIE 6798 (10.8, 7.11, 11.26, 2.01, 50.4; 14.4w, 29.34; 3.80, 38.44, 5:19.8); 6, T. Hafsteinsson 6692; 7, PETER BRUGNANI 6601 (11.0, 6.86, 11.22, 1.87, 50.9, 15.3w, 32.30, 3.90, 41.66, 5:18.8); 8, V. Thorklasson 6140; 9, H. Johansesson 5958; D. Dorsson retired. Team: UK.

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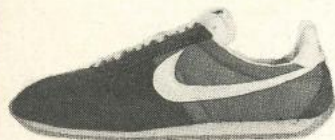
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SOUTHERN COUNTIES (UK) COACHING COMMITTEE

HURDLES (TRAINING) COMPETITIONS

A series of eight Indoor (Training) Competition Sessions commencing at 9.30 a.m., have been arranged for Intermediate & Senior Women Hurdles and Junior & Senior Men Hurdles to take place at **Crystal Palace National Sports Centre**.

These sessions should be valuable to hurdlers competing at R.A.F. Cosford.

Graded Track Judges, Timekeepers and Starter will be in attendance, and competitors' coaches will be very welcome.

There will be three races per group at 60 metres, over 5 flights of hurdles.

Fee: 30p per session. All 8 sessions: £2.00 (If paid in advance).

DATES

Saturday, 13th October, 1979
Saturday, 10th November, 1979
Saturday, 15th December, 1979
Saturday, 5th January, 1980
Saturday, 2nd February, 1980
Saturday, 23rd February, 1980
Saturday, 1st March, 1980
Saturday, 29th March, 1980

In addition to 2 Trophies for the Women's Events, K.G. SPORTS Limited, have once again agreed to present a £5.00 voucher to be spent at their Catford Branch to the member of each age group who has made the most improved progress after attending **four sessions**.

Please send entries for all or any one session with fee and **STAMPED ADDRESSED ENVELOPE** to: George Stratford, Southern Counties BAAB Staff Coach, 'Lynwood', 2 Austin Avenue, Bickley, Kent BR2 8AJ. Tel. 01-467 2960.

Cheques made payable to: Southern Counties (UK) Coaching.

Entries will be accepted on the day of any session, but **BEFORE THE FIRST RACE**.

VANCOUVER TROPHY MEETING

At Haringey, September 9th

Essex Beagles 129; Haringey 91; Woodford Green & Borough of Enfield 88; Ilford 83; Luton 70; Thames Valley 66; Polytechnic 21; N. London 18; Chelmsford 12.

100: 1, A. St. Louis (TVH) 10.9; 2, K. Adedeg (Enf) 10.9; 3, C. Callender (Har) 10.9; 4, I. Lothman (W. Gn) 11.0; 5, J. Blake (Enf) 11.0. 200: 1, St. Louis 21.9; 2, Callender 22.1; 3, P. Nelson (Lut) 22.4. 400: 1, J. Davis (Ex. B) 48.2; 2, B. Bailey (TVH) 49.0; 3, K. Raymond (Poly) 49.8; 4, S. McGilchrist (Enf) 50.1 (50.0 ht); 5, G. Waterman (Ex. B) 50.4 (50.0 ht). Woodford 800: (A): 1, P. Williams 1:51.2; 2, W. Wilkinson 1:51.5; 3, G. Long 1:51.6; 4, M. Christy 1:52.5; 5, M. Wilson 1:52.5; 6, C. Van Rees 1:53.4. (B): 1, S. Fox 1:53.9; 2, M. Knowland 1:54.5. 5000: 1, Thompson (Lut) 14:38.2. 3000SC: 1, P. Baker (TVH) 9:16.4; 2, D. Milner (Har) 9:23.0. 110H: 1, T. Clifton (W. Gn) 15.3; 2, R. Honey (Ex. B) 15.4; 3, G. Flood (Ilf) 15.5. 400H: 1, A. Shiret (Ex. B) 54.2; 2, C. Richardson (Har) 54.3; 3, A. Greaves (Lut) 55.6; 4, B. Thorne (Lut) 56.5; 5, A. Bird (W. Gn) 59.7 (56.8 ht).

HJ: 1, L. Thompson (Har) 1.95; 2, L. Shakes (Ex. B) 1.95; 3, T. Whittle (Poly) 1.95; 4, R. Atun (W. Gn) 1.95; 5, J. Wilkinson (W. Gn) 1.95; 6, G. Flood (Ilf) 1.95. PV: 1, G. Eggleton (Chelm) 4.30; 2, A. Jackson (Lut) 4.20; 3, P. Brooking (Ex. B) 3.90. LJ: 1, T. Wade (TVH) 7.19; 2, W. Hinds (Har) 7.01. TJ: 1, A. Wadhams (Ex. B) 15.11; 2, A. Shoebridge (Poly) 14.71; 3, J. Harmon (W. Gn) 13.99. SP: 1, S. Clark (W. Gn) 15.15; 2, G. Whaley (Ex. B) 13.34. HT: 1, M. Girvan (W. Gn) 61.56; 2, Whaley 55.04; 3, M. Mason (Enf) 52.96; 4, G. Curtis (Ex. B) 49.20. JT: 1, R. Bradstock (Enf) 64.96; 2, D. Heath (W. Gn) 62.34. 4x100: 1, TVH 43.3; 2, Haringey 43.3; 3, Woodford Green 43.4. 3000 Walk: B. Armstrong (Ilf) 13:50.0.

RIDGEWAY RELAY

September 8th

1, Swansea (S. Seaman 23:32, C. Hill 17:29, H. Parsell 27:33, B. Davies 26:25, C. Clarkson 25:13, P. Williams 28:51, A. Smith 21:34, S. Axton 25:51) 3:16:28
 2, Portsmouth (S. Speller 23:23, M. Ball 18:41, P. Corney 27:55, A. Hind 28:21, D. Fudge 24:45, S. Ottaway 28:53, M. Harris 22:25, T. Kazik 26:49) 3:21:12
 3, Reading (P. Lanfear 22:59, D. Peaples 17:55, R. Tyler 28:06, R. Stevens 27:59, G. Youngs 26:35, R. Allden 28:48, D. Harper 21:30, S. Hampson 27:40) 3:21:32
 4, Hastings 3:23:51; 5, Vale of Aylesbury 3:29:35; 6, Swansea 'B' 3:31:58; 7, Bath & P 3:33:03; 8, Portsmouth 'B' 3:33:38; 9, Trowbridge 3:34:31; 10, Swindon 3:36:43. **Fastest:** Stage 1: Lanfear; 2: Hill; 3: Parsell; 4: Davies; 5: Fudge; 6: R. Brooks (Hast) 28:35; 7: M. Roberts (Hast) 20:53; 8: Axton.

Northern League Summary

Division 1

At Nottingham, July 28th. 200: A. Bell (Wake) 22.1. 400: I. Bell 49.0; 2, S. Houlton (Hull S) 49.1. 3000SC: 1, D. Reeves (Der) 9:25.4; 2, M. Upton (Rown) 9:27.0. 110H: 1, R. Bell (Wake) 15.6; 2, A. Shaw (Long) 15.8. 400H: 1, R. Bell 53.3; 2, J. McGing (Der) 54.2; 3, R. Tolson (Hull S) 55.4. HT: D. Smith (Der) 47.70. 4x100: Hull Spartans 43.4.

Final Positions: 1, Derby 19½; 2, Longwood 15; 3, Hull Spartans 14½; 4, Wakefield 14; 5, Middlesbrough & C 13; 6, Rowntrees 8.

Division 2

At Cleckheaton, May 26th. 3000SC: P. Moon (Bing) 9:20.0. HJ: S. Gill (NSP) 1.93. SP/DT: H. Staeheli (NSP) 15.49/47.00. HT: 1, S. Sandhu (Mor) 51.74; 2, S. Watson (NSP) 48.44; 3, M. Fox (Sale) 43.68.

At Whitley Bay, June 9th. SP: Staeheli 15.77. DT: (A): Staeheli 45.72. (B): I. Chipchase (NSP) 41.98. HT: (A): 1, Chipchase 51.24; 2, S. Rogerson (Sale) 48.76. (B): Watson 48.76.

At Gateshead, July 28th. 400: P. Atherton (S'port W) 49.4. 3000SC: 1, Moon 9:20.9; 2, D. Camp (Mor) 9:27.2. HJ: Gill 1.97. PV: P. Wolland (NSP) 3.85. LJ: B. Williams (Sheff) 7.00. DT: Chipchase 40.46.

At Stretford, August 25th. 100: Williams 10.7. 5000: C. Moore (Bing) 14:24.1. 3000SC: Moon 9:11.7. 400H: 1, McDonnell (S'port W) 56.2. HJ: P. McDonnell (Sale) 2.05. HT: 1, S. McElroy (Sale) 48.38; 2, F. McKenzie (Bing) 42.14.

Final Positions: 1, Sheffield 17; 2, Sale 16; 3, Morpeth 14; 4, Southport W 10 (61½); 5, Bingley 10 (56½); 6, N. Shields Poly. 6 (551); 7, Liverpool 6 (386½); 8, Stretford 4.

Division 3

At Stretford, May 27th. 800: A. Royle (Man) 1:53.9. 1500: 1, P. Shaw (Man) 3:50.9; 2, R. May (A&SV) 3:52.3. 5000: S. Kenyon (Bol) 13:45.6. 3000SC: D. Blakeley (Man) 9:28.8. 110H: R. Willard (Stock) 15.8.

At Bolton, July 26th. 200: 1, B. Jones (Liv. P) 22.0; 2, B. Harding (Warr) 22.0. 400: Jones 49.4. 110H: 1, G. McDonald (Bol) 15.4; 2, Willard 15.6. HT: J. Borszcz (Bol) 43.46.

At Warrington, August 25th. 3000SC: A. Parkinson (A&SV) 9:28.9.

Final Positions: 1, Bolton 18; 2, Liverpool Pem. 14; 3, Warrington 13 (683); 4, Wirral 13 (674); 5, Stockport 10; 6, Manchester 7; 7, Lakeland 5; 8, Airedale & SV 4.

Division 4

At Blackpool, May 25th. DT: A. Bradley (Wig) 40.56. HT: P. McCarthy (B&F) 44.26.

At Blackburn, June 10th. SP/DT: I. Washington (Roth) 13.51/43.68. HT: McCarthy 43.16.

At Rotherham, August 25th. 800: P. Elliott (Roth-Y) 1:55.5.

Final Positions: 1, Wigan 16; 2, Sutton (St. H) 15; 3, Rotherham 12 (641½); 4, Blackpool & F. 12 (632); 5, Bury 10; 6, E. Cheshire 8; 7, Houghton 7; 8, Blackburn 4.

Division 5

At Hull, May 26th. 100: (A): P. Cooke (CoH) 10.6. (B): D. Myers (CoH) 10.9. 200: Cooke 21.8. HT: C. Preston (Wall) 43.58.

At Birkenhead, July 28th. HT: Preston 44.58.

At Stretford, August 26th. 400: Cooke 49.4. 800: 1, R. Woods (Dur. C) 1:52.8; 2, M. Prince (CoH) 1:53.7. 110H/DT: L. Tissiman (CoH) 15.4/40.22. HT: Preston 43.84.

Final Positions: 1, City of Hull 18; 2, Sale 12; 3, Durham City 12; 4, Wallasey 11; 5, Rockingham 7; 6, Gosforth 1.

Division 6

East

At Hull, July 28th. LJ: H. Evans (Lin. C&C) 6.81. HT: E. Greenwood (O&R) 43.62.

North

At Cleckheaton, May 27th. JT: D. Abernethy (Furn) 56.74.

At Carlisle, June 10th. JT: Abernethy 56.20.

Final Positions: 1, Harrogate 17; 2, Leeds City 14; 3, Mandale 13; 4, Border 10; 5, Spennborough 4; 6, Furness 2.

West

At St. Helens, May 26th. 100: S. Ahamed (Pres) 10.8. 2, G. Pye (Pilk) 10.9.

At St. Helens, June 10th. 100/200: S. Wilson (Pilk) 10.8/22.1.

At Blackburn, July 28th. 110H: E. Forshaw (Pres) 15.3.

Final Positions: 1, Manx 18; 2, Leigh 14; 3, Preston 11; 4, Chester 9; 5, Pilkington 7; 6, Lancaster & M 4.

FLEET & CROOKHAM ATHLETIC CLUB

GRADED OPEN

6 MILES TRACK RACES

WEDNESDAY, OCTOBER 24th, 7.30 pm
ALDERSHOT MILITARY STADIUM

Commemorating the 25th Anniversary of Peter Driver's victory in the 1954 Commonwealth Games at Vancouver. **Awards:** Fastest 3 finishers, and fastest 2 Veterans. Certificates to all finishers. **Entries:** 50p, to: Dr D Fearn, 23 Bowenhurst Road, Church Crookham, Aldershot, Hants. **not later than 18th October. No entries accepted on the night.** Please state best 2 recent times over 5,000/10,000 metres.

John Henderson Is New RWA President

Mr. 'Steyning AC', former Sussex long distance stalwart, John Henderson, has been elected President of the RWA for the 1979/80 season. Peter Marlow continues as Hon.Gen.Sec, but with Alec Banyard standing down Peter Worth comes in as treasurer. Tom Reynolds was elected as a life member of the RWA for his outstanding service as timekeeper to the sport as well as having been a long standing member of Surrey WC.

The International system of judging was voted in 21 to 13, and will be used in all National and Area championships as from 1980. It was decided that from June 1st 1980, subject to approval from the WAAA and AAA, the administration of all race walking under the jurisdiction of those bodies will be delegated to the RWA.

Leicester WC won the McSweeney Trophy for scoring most points in the RWA Championships held during the past year, and Dave Boxall won the Edgar Horton Trophy for the outstanding long distance performance during the past 12 months with his Surrey WC 100M victory.

Phil Embleton Memorial Sponsored Walk. The Dulwich & District Branch of the Leukaemia Research Fund are holding their annual sponsored walk around Peckham Rye Park on Sunday, October 14th at 10.00 am. Organiser, Phil Collins, would like to hear from all walkers and sponsors who wish to help this worthy cause and pay their homage to a truly great walker who, at the age of 24, was so tragically cut down by this disease.

Welsh Team for Home International. John Eddershaw will captain the Welsh team against Scotland and Eire over 20km at Cardiff on October 21st. Other members are Steve Barry, John Evans, Reg Gardner, Mike Marsden and

John Thomas, with Dave Ainsworth as travelling reserve.

Reg Wells new President of Southern RWA. Taking over from Doug Fotheringham, the current British team manager heads an unchanged set of officials: Len Mitchell — secretary, Carl Lawton — asst. secretary and Peter Worth — treasurer. In view of the lack of entries, the Southern RWA may combine the 'Garnet' together with the Southern 10M championships at Battersea Park.

Southend AC 3km Champs (July 11th). 1, R. Pearce 14:49.2; 2, A. Sullens (Y) 15:52.4.

Amos Seddon sets Championship best in National Police 3km, at Cwmbran (August 4th). Enjoying his best season since 1974, Amos Seddon put in another excellent short distance effort as he clocked 12:47.4, with George Nibre and Mike Dunion also setting seasonal pb's. 1, A. Seddon (Enf) 12:47.4; 2, G. Nibre (Ilf) 12:59.8; 3, M. Dunion (Ang) 13:06.2; 4, D. Cotton (Holl) 13:34.6.

Lucien Faber out on his own in Ivo Van Damme Memorial 20km, at Brussels (September 4th). The inconsistent Luxembourg confirmed that when on top form he is his country's best athlete with an outstanding win which should ensure his Olympic selection. The British trio had excellent races, all clocking season's bests. 1, L. Faber (Lux) 88:34.5; 2, G. Gouton (Bel) 94:38.1; 3, C. Halloy (Bel) 96:17.9; 4, J. Hall (UK) 96:45.1; 5, R. Lancefield (UK) 96:48.2; 6, S. Marclay (Switz) 97:12.5; 7, D. Stevens (UK) 98:05.4.

Mike Holmes leads all the way in over-distance 20km, at Morecambe (September 8th). Mike Holmes, now coping very well with his diabetic condition, led from start to finish with Tony Malone outsprinting Barry Graham for second. A good effort by young Graham Pilmour while his mum won the 5km. 1, M. Holmes (Yk.P) 99:42; 2, A. Malone (Stock) 103:25; 3, B. Graham (Yk.P) 103:28; 4, S. Graves (Lake) 106:51; 5, S. Tyas (Yk. RWC) 109:16; 6, A. Brooks (Yk.RWC) 110:49; 7, W. Johnson (Yk.P) 112:19; 8, D. Withers (RSC) 114:02; 9, E. Thomas (RSC) 116:08; 10, G. Pilmour (Yk.P) 116:24. Teams: 1, York Postal 17; 2, Yorkshire RWC 33; 3, Stockport 50. (Women 5km): 1, J. Pilmour (Yk.P); 2, T. Smith (Stoke); 3, C. Price (Stock).

Colin Young

Can anybody help four young ladies who are seeking a 4 x 400 and/or 4 x 200 race so that they can make an attempt on their club record? Please contact K. E. Wilcox, 148 Chelmer Road, Chelmsford, Essex (Tel: 0245 64432).

LUTON UNITED ATHLETIC CLUB

18th Annual

Cross Country Races

MINOR BOYS RACE (2 MILES)

(O/9, U/11 on 1st Sept. 79) for the White Trophy.

COLTS RACE (2 Miles)

(O/11, U/13 on 1st Sept. 79) for the Wilsher Trophy.

BOYS RACE (4 Miles) No relay this year.

(O/13, U/15 on 1st Sept. 79) for the Wild Cup.

YOUTHS RACE (4 Miles)

(O/15, U/17 on 1st Sept. 79) for the Woodham Cup.

REGIONAL SPORTS CENTRE, LUTON

SATURDAY, 10th NOVEMBER, 1.45 p.m.

(Under AAA & ECCU Rules)

Entry Fees: 30p per Individual, 60p on day.

Entries (with d.o.b.) to J. Dyer, 6 Rogate Road, Luton.

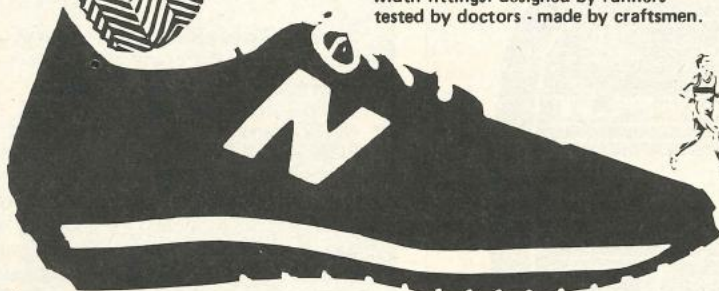
CLOSING DATE 3rd NOVEMBER



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320



Now we have two

This year, we brought you from America the new Balance 320 - the Runners World 5 Star shoe which comes in width fittings. Its success among joggers and top class athletes alike had led us to introduce into Britain the new Balance 375. Superbly designed and manufactured like the 320 but with a tough carbon rubber sole for added durability on roads as well as cross country terrain. It, too, is a Runners World 5 Star shoe.

WHAT MAKES NEW BALANCE SHOES UNIQUE?

Firstly, they are the only Training Shoes which are available in 4 width fittings - **B (Slim), D (Med), 2E (Wide), 4E (Extra Wide)**.

Secondly, their superb design is based on sound medical fact and intensive field trials. Points such as seamless uppers for comfort, a special flare to help reduce stress, distribute load and provide lateral support.

Thirdly, thick mid sole and heel wedge for maximum shock absorption to help prevent foot and leg injuries (remember that when you are running, your foot comes down with 3 to 5 times your body weight).

RECOMMENDED BY THE MEDICAL PROFESSION

A leading British Specialist in Physical Medicine, who has severely criticised the design of many training shoes - recommends New Balance 320 and 375 to all his patients.

New Balance 320 and 375 the only training shoes in width fittings: designed by runners - tested by doctors - made by craftsmen.

Fleetfoot

Retailers wanting to stock the best shoe should contact the sole UK distributors of New Balance shoes:

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Sheffield 11, 0742-663825

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Glebe Street, Stoke-on-Trent,
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**Christopher Brasher's Sporting
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The Guardian Centre, Rotherham
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BATTLE OF BRITAIN TROPHY MEETING**At Leicester, September 1st**

Warwicks 270; Notts 223; Leicester 207; Worcester 201; Staffs 194; Herts 182; Northants 124; Bucks 105.

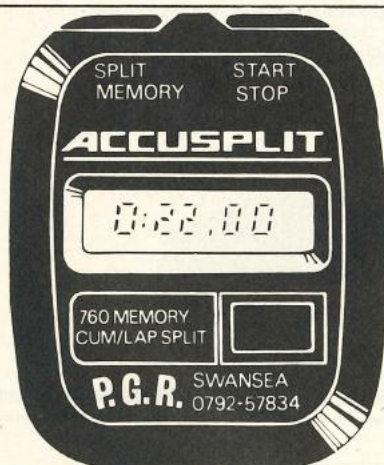
100: 1, B. Hughes (Leics) 10.9; 2, N. Schoolcraft (Worcs) 11.0. 200: 1, Schoolcraft 22.3; 2, Hughes 22.3. 400: 1, I. Lindsay (Worcs) 49.3; 2, S. Ward (Leics) 50.3; 3, G. Houghton (Warks) 50.3. 800: 1, S. Lane (Worcs) 1:51.7; 2, A. Tait (Leics) 1:53.2; 3, D. Barlow (Staffs) 1:54.0. 1500: 1, J. Clarke (Notts) 3:52.4; 2, A. Stewart (Herts) 3:52.8. 3000SC: 1, P. Davies-Hale (Staffs) 9:01.8; 2, I. Atkins (Worcs) 9:11.0. 110H: 1, D. Hall (Leics) 15.2; 2, A. Wells (Warks) 15.5; 3, P. Harris (Herts) 15.9. HJ: 1, F. Redley (Warks) 2.00; 2, B. Ashpole (Notts) 1.95; 3, G. Richards (Herts) 1.95. TJ: 1, Richards 14.62; 2, J. Church (Worcs) 14.12; 3, I. Worrell (Warks) 14.02. SP: 1, G. Blyton (Notts) 14.10; 2, T. Canham (Herts) 13.00. DT: 1, R. Burdell (Leics) 42.88; 2, Canham 41.02; 3, Blyton 40.32. HT: 1, G. Middleton 46.52; 2, M. Roberts 43.16. JT: 1, J. Ferrary (Leics) 63.26; 2, M. Williams (Warks) 61.80. 4x100: Worcester 43.1. (Juniors): 400: P. Goacher (Staffs) 50.4. 2000SC: 1, E. Wedderburn (Staffs) 5:53.0; 2, N. Boyle (North) 6:09.6. 110H: A. Drysdal (Warks) 15.3. HJ: 1, Redley 2.05; 2, R. Pyatt (Leics) 2.00; 3, A. Rose (Worcs) 1.90. PV: A. Gayle (Warks) 3.70. DT: 1, N. Woolcott (Herts) 47.26; 2, I. Jackson (Warks) 43.28. 4x100: 1, Leicester 43.2; 2,

Warwicks 44.2. (Youths): 100: 1, R. Haycock (North) 11.1; 2, S. Venus (Warks) 11.1; 3, S. Foxall (Notts) 11.2. 200: 1, M. Grzesiak (Staffs) 22.9; 2, Venus 22.9. 400: G. Powell (Warks) 51.5. 1500: 1, G. Staines (Herts) 4:03.4; 2, G. Corbett (Worcs) 4:04.8. 3000: R. Ellerton (Staffs) 8:50.0. 1500SC: 1, M. Smith (Notts) 4:28.9; 2, K. Baker (Staffs) 4:33.0. 100H: 1, G. Heyles (Staffs) 13.8; 2, A. Adams (Bucks) 13.9; 3, M. Stainford (Warks) 14.0. DT: M. Higgins (Warks) 45.15. 4x100: 1, Warwicks 44.6; 2, Leicester 44.8; 3, Staffs 45.0.

GOODRICH VILLAGE FELL RACE**September 1st**

1, D. Francis (West) 17:15; 2, H. Richards (Shaft) 18:05; 3, A. Holden (Tip) 18:11; 4, G. Blackburn (West-V) 18:17; 5, K. West (W&B) 18:29; 6, R. Cooper (Wor-V) 18:51; 7, G. Stamp (Glouc) 18:58; 8, M. Lane (Newp) 19:03; 9, J. Smith (West) 19:08; 10, N. Jinks (Wor-V) 19:20; 11, D. Price (Glouc-J) 19:29; 12, D. McNamee (Chelt) 19:37; 13, D. Higgins (Chelt) 19:43; 14, B. Ward (Chelt-J) 19:49; 15, M. Salter (Glouc) 19:57.

The winner of the 200 in the SCAA v Combined Services etc match at Crystal Palace (Aug. 1st) was Peter Key, and not as printed. Also, in the London Fire Brigade meeting (Aug. 8th) Steve Rimmer, not Gordon was 7th in the 3000m.

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Frodsham Hill Races

September 2nd

1, D. Brennan (Warrington) 24:23
 2, N. Brawn (Invicta) 25:07
 3, A. Dewhurst (Holmfirth) 25:11
 4, J. Norman (Alt) 25:15; 5, P. Raval (Horw) 25:33; 6, E. Adams (Staffs M) 25:38; 7, C. Robinson (Roch) 25:48; 8, A. Taylor (Ken-J) 25:49; 9, R. Morris (Alt) 25:49; 10, P. Cowell (Ross) 26:03; 11, M. J. Bishop (Staffs M) 26:08; 12, C. Smith (Leic-J) 26:12; 13, M. A. Bishop (Staffs M) 26:14; 14, K. Jacques (Sutt) 26:23; 15, J. Masterson (Leic-J) 26:35; 16, A. Law (Bol) 26:52; 17, P. Standring (Bol) 27:04; 18, J. Ritson (Derw) 27:12; 19, A. Marsh (Holm) 27:15; 20, I. Crilly (Bol) 27:16; 21, G. Heslop (Leic-J) 27:16; 22, A. Rogerson (Leic-J) 27:21; 23, G. Ellis (Holm) 27:28; 24, I. Moore (Holm) 27:32; 25, P. Sanderson (Tel) 27:36. Team: Staffs Moorlands. (Vets): 1, E. Isaacs (Wirr) 27:50; 2, V. Duff (B'burn) 27:54; 3, N. Jones (Warr) 29:33. (O/50): E. Kirkup (Roth) 29:55. (Youths): 1, D. Lewis (Ross) 20:29; 2, A. Leonard (Bol) 20:41; 3, N. Rimmer (Warr) 20:57; 4, C. Dagnall (Liv) 21:00; 5, A. Barlow (Stret) 21:18; 6, T. Walker (Leic) 21:19; 7, A. Green (Warr) 21:22; 8, P. Hicken

(Warr) 21:27; 9, C. Mochrie (Leic) 21:27; 10, E. Arrowsmith (Liv) 21:33. Team: Warrington. (Boys): 1, A. Holloway (EP) 16:04; 2, A. Utley (Bol) 16:09; 3, P. Makepeace (Leic) 16:28; 4, G. Green (Warr) 16:44; 5, H. Wyre (Man) 16:49; 6, J. Robinson (Bing) 16:53. Team: Leicester. (Colts): 1, K. Smith (Hal) 17:11; 2, G. Jones (C&EP) 17:17; 3, B. Murphy (Liv. P) 17:27. Team: Liverpool Pem. (Women): 1, K. Binns (Sale) 17:08; 2, J. Smith (Barn-V) 17:40; 3, S. Lonsdale (Sale) 18:34; 4, M. Lowe (Mit) 18:51; 5, C. Ready (Stoke) 18:54; 6, P. Matherson (Sale) 19:11; 7, G. Rhodes (Stoke) 19:24; 8, E. Young (Man) 19:25; 9, P. Robinson (Bury-V) 19:31; 10, J. Newton (Stock) 19:33. Team: Sale.

LIDDLESDALE FELL RACE

At Newcastleton, August 25th

1, I. Elliott (ESH) 47:30; 2, A. Tait (Cumb) 47:40; 3, C. Donnelly (Cam) 50:41; 4, M. Armitage 51:06; 5, P. Duffy 52:26; 6, J. Rowley 53:56; 7, M. Anderson 53:59; 8, B. Corrigan 54:00; 9, T. Davis 55:44; 10, M. Calvert 55:52. (Youths): C. Swailes (Tev) 21:30. (Young Athletes): 1, P. Robley (Carl) 11:32; 2, G. Robley (Carl) 11:35; 3, A. Dalgleish (Bord) 11:43; 4, R. Bulman 11:43; 5, A. Hall 11:50.

ESTON NAB FELL RACE

August 26th

1, G. Foster (Sun) 43:20; 2, J. Williams (Mand) 44:16; 3, D. Dixon (Sun) 44:23; 4, M. Bishop (Staffs M) 45:12; 5, D. Welch (Harr-V) 45:37; 6, T. Flory (M&C-V) 45:50; 7, M. Garrett (Mand) 46:19; 8, S. Raine (Sun) 46:28; 9, B. Dale (M&C) 46:31; 10, D. Smith (Hal) 47:12; 11, M. Frostick (M&C) 47:23; 12, F. Reddington (A&SV) 48:18. Teams: 1, Sunderland 12; 2, Mandale 22; 3, Middlesbrough & C 26. (Juniors): 1, T. Franks (Gat) 35:28; 2, C. Walker (Mand) 36:03; 3, C. Donald (Darl) 36:24; 4, I. Bardon (T&S) 36:47; 5, T. Howard (Sun) 37:02; 6, S. Robinson (Mand) 38:01. (Women): 1, M. Levy (Cleve. P) 42:03; 2, B. Yule (Unatt) 44:25.

Would David Bayes, or anybody knowing of his present whereabouts, please contact David Barrington, 1 Fairburn Court, St. John's Avenue, S.W.15 (Tel: 01-788 2632).

A DATE FOR YOUR DIARY

MILTON KEYNES A.C.

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WOLVERTON '5'

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SATURDAY, NOVEMBER 24th
 Prizes in excess of £500 + spot prizes etc.



Kath Binns wins inaugural Frodsham women's hill race.

Nick Brawn

Overseas News and Results

USA: Viren wins half-marathon

5.7. Los Gatos. DT: Plucknett 64.74. **12.7. Los Gatos.** DT: Burns 64.44, Plucknett 64.16. **26.7. Los Gatos.** SP: (demonstration) Oldfield 19.94 (20.65 earlier in season); DT: Burns 64.44, Plucknett 64.06. **4.8. Eugene.** DT: Wilkins 65.00. **25.8. San Diego.** Women's half-marathon (actually 13M 194y): Kathy Mintie (19) 1:14:51 (US best; passed 10M in 55.30 & 20km in 1:10.40). **9.9 Eugene.** (Nike Marathon) Wells & Sandoval (deliberate dead-heat) 2:10:20, Lodwick 2:10:54, Quax (NZ) 2:11:13 (fastest ever debut: previously Ian Thompson's 2:12:40), Atkins 2:11:52, Durden 2:13:47, Segura (20; debut) 2:13:59, Ballenger (NZ) 2:14:08, Cloeter 2:14:23, Layman 2:14:47, Rose (S. Afr) 2:15:04, McCarey 2:15:07, Greig (NZ) 2:15.14 ... 69, Foster (NZ; 47) 2:24:27; women — Benoit 2:35:41, GILL ADAMS 2:41:03 (UK best), Dalrymple (37) 2:43:38, Binder 2:43:43, Robinson 2:43:51, Slater 2:44:33, Eide 2:46:13, Belwood 2:46:50, Berry 2:47:21, Petersen 2:47:49 ... 14, LYN BILLINGTON 2:56:33. **16.9. Philadelphia.** Half-marathon: Viren (Fin) 1:04:48, Allamand 1:05:09, Fultz 1:05:27.

CANADA: Smirnova scores 4834

11/12.8. Quebec City. (America team trials) 100: Leonard (Cub) 10.20, Lara (Cub) 10.33, dos Santos (Bra) 10.37, Crawford (Tri) 10.42; 200: Leonard 20.54, Araujo (Bra) 20.66, Gilkes (Guy) 21.15; 400: Bradford (Jam) 46.03; 800: Guimaraes (Bra) 1:48.6; 1500: P. Craig 3:41.1; 5000: Gomez (Mex) 13:47.8; 10,000: Butler 28:57.5; 3000SC: Laheurte 8:40.4; 110H: Casanas (Cub) 13.65; 400H: Ferreira (Bra) 51.46; HJ: Ottey 2.13; PV: Heer 5.10; LJ: Giralte 8.32w, Honey (Aus-gst) 8.09w; TJ: de Oliveira (Bra) 16.73; Campbell (Aus-gst) 16.34; SP: Dolegiewicz 20.75; DT: Delis (Cub) 63.04; HT:

Orozco (Cub) 68.32; JT: Gonzales (Cub) 85.28; women's 100: Taylor 11.20, Chivas (Cub) 11.33; 200: Taylor 23.04, Pusey (Jam) 23.20; 400: Griffith (Guy) 51.84; 800: Campbell 2:05.6; 1500: McRoberts 4:16.0; 3000: Miller 9:21.8; 100H: Lane 13.97; 400H: Young (Aus-gst) 58.38, Gendron 58.85; HJ: Brill 1.94 (Commonwealth rec); LJ: Echavarria (Cub) 6.29; SP: Sarria (Cub) 18.66; DT: Betancourt (Cub) 63.74; JT: Colon (Cub) 64.32 (rec), Schmidt (US-gst) 63.58. **11/12.8. Quebec City.** (Canada v USSR v USA Dec/Pen) Dec: Coffman (US) 8274 (10.71, 7.37, 15.92, 1.90, 48.85, 13.91, 49.50, 4.50, 56.36, 4:36.5), Akhapkin (USSR) 8141, Nevskiy (USSR) 8057, Buryakov (USSR) 8005, Gruzenkin (USSR) 7998, Crist (US) 7921; women's Pent: Smirnova (USSR) 4834 (2nd on world all-time list) (12.95, 14.36, 1.80, 6.78, 2:14.4), Karyakina (USSR) 4497, Shlapakova (USSR) 4481.

EUROPE: Jose Marajo runs 1:43.9

28/29.7. Lisbon (Por). 1500: Campos 3:39.2; 10,000: Lopes 28:44.3. **3.8. Oslo (Nor).** 10,000: track walk: Erling Andersen (18) 40:50.0 (rec); women's 5000W: Gylder 23:31.6. **3.8. Akureyri (Ice).** SP: Halldorsson 20.50 (20.49 at Reykjavik on 8.8). **4.8. Donetsk (USSR).** HJ: Demyanuk 2.24; LJ: Belskiy 8.00; women's HJ: Serbina 1.94 (rec); LJ: Skatchko 6.63, Kolpakova 6.55. **4.8. Lisbon.** 3000: Memede 7:46.0 (rec). **11.8. Reykjavik HT:** Urlando (Ita) 73.76. **11/12.8. Kaunas (USSR)** (Znamenskiy Memorial) 110H: Korostylov 13.6, E. Pereverzev 13.6; HJ: Belkov 2.24, Andreyev 2.24, Demyanuk 2.22, Shevchenko 2.20, Yashchenko 2.20 (failed 2.24); TJ: Uudmae 16.58, Sanyeyev 16.55; DT: Mikhailov 63.70; HT: Malyukov 73.64, Sedykh 73.40; women's 800: Muchta-Olizarenko 1:57.5, Styrkina 1:58.0, Mineyeva 1:58.2, Poryvkina 1:58.3, Vesselkova 1:59.2; 1500: Dvirna 4:00.8, Ilynykh 4:01.4, Guskova 4:02.5; 3000: Smolka 8:41.3, Krasnova 8:41.6, Chernyshova 8:44.1, Belousova 8:44.7, Smechnova 8:46.2, Sytschova 8:46.5, Zuchlo 8:48.8; 100H: Litovchenko 13.15; 400H: Storozheva 55.52 (55.38 ht), Barkane 56.20 (55.84 ht), Zelentsova 56.85; LJ: Skatchko 6.57; SP: Krachevskaya 20.76; DT: Issayeva 66.30, Veleva 65.78, Yerocha 64.88. **25.8. Dormagen (Ger).** 400: Skamrahl 45.91; PV: Desruelles (Bel) 5.45; 4x400: Belgium 3:05.8. **26.8. Schwetzingen (Ger).** JT: Schreiber 86.14.

1/2.9. Saarbrücken (Ger). 400: Skamrahl 45.84; HJ: Schneider 2.24. **1/2.9. Nevers (Fra).** PV: Bellot 5.50; TJ: Lamitie 16.61; JT: Paragi (Hun) 87.26, Nemeth (Hun) 81.98. **1/2.9. Stockholm (Swe).** 100: Garpenborg 10.33w; 10,000: Vainio (Fin) 28:39.4, Viren (Fin) 28:49.2;

AMESBURY SPORTS COUNCIL

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SALISBURY ATHLETIC CLUB

present the third annual

SALISBURY PLAIN 15½ MILE ROAD RACE

(Under A.A.A. Laws)

ON SUNDAY, 4th NOVEMBER, 1979

Starting at 1.30 p.m.

Prizes to: 1st, 2nd & 3rd Ind., 1st, 2nd & 3rd Vets. O/40, 1st, 2nd & 3rd Vets O/50, 1st, 2nd & 3rd Teams, (3 to score), 1st, 2nd & 3rd Local Runners.

Entry Fee: 40p (no team fee), 50p on the day. Further details (SAE please) and entries to: Mr Jim Pycroft, 25 The Drove, Amesbury, Wilts. SP4 7AG.

400H: Gullstrand 49.8. 1/2.9. **Prague (Cze).**
3000SC: Lafranchi (Swi) 8:26.3; JT: Utriainen
(Fin) 89.86; women's SP: Fibingerova 20.37. **6.9.**
Koblenz (Ger). 100: (—1.02m) McTeart (US)
10.27, Gilkes (Guy) 10.57, Woronin (Pol) 10.59:
200: Gilkes 20.89, Washington (US) 21.01
Licznarski (Pol) 21.05, Quarrie (Jam) 21.54; 400:
Rodgers (US) 46.09, Atuti (Ken) 46.11,
Brydenbach (Bel) 46.19, STEVE SCUTT 46.39,
Rabstein 46.83; 1000: STEVE OVETT 2:16.0
(2:15.91) (**UK rec**), Boit (Ken) 2:16.2, Maina
(Ken) 2:16.3, Wessinghage 2:16.9, Robinson (US)
2:17.9, Savic (Yug) 2:18.6, Gysin (Swi) 2:19.5;
1500: Straub (GDR) 3:35.3, Wulbeck 3:36.1,
Loikkanen (Fin) 3:37.9, Masback (US) 3:38.6,
von Papen 3:39.8; (B) 5, GRAHAM JACKSON
3:48.9; 8, NEIL LEACH 3:49.6; 5000: Polleunis
(Bel) 13:31.6, Peter (GDR) 13:32.7, K. Rono
(Ken) 13:35.4, Viren (Fin) 13:37.1; 400H: King
(US) 50.02, Wheeler (US) 50.03; HJ: Mogenburg
2.28, Wielart (Hol) 2.21 (2.28 in earlier meet),
Schneider 2.21; PV: Bellot (Fra) 5.55, Kalliomaki
(Fin) 5.40, Haynie 5.40, Slusarski (Pol) 5.40; LJ:
Myricks (US) 8.04; JT: Paragi (Hun) 92.14,
Sinersaari (Fin) 85.88, Tafelmeier 83.26, Nemeth
(Hun) 77.98; women's 100: Richter 11.34; 400:
Kotte (GDR) 52.32, VERONA ELDER 52.52,
Toth (Hun) 53.40; 1500: Kraus 4:06.1 . . . 3,
Wright (NZ) 4.14.3; JT: Fuchs (GDR) 63.56.

8.9. **Cassino (Ita).** 400H: Weber (Ger-J) 49.94.
8.9. **Leuven (Bel).** 5000: Polleunis 13:23.2,
Puttemans 13:23.3, Glans (Swe) 13:24.2, Viren

(Fin) 13:32.2; HJ: Mogenburg (Ger) 2.23. **8.9. Prague.** 400H: Moses (US) 48.91, King (US) 49.00; JT: Utraiinen (Fin) 85.70, Nemeth (Hun) 85.54. **10.9. Tbilisi (USSR)** HJ: Demyanuk 2.28; PV: Krupskiy (19) 5.50, Selivanov 5.50; JT: Kolozov 86.36; Dec: Katchanov 8151, Chablenko 8107; women's HJ: Goloborodko 1.90. **12.9. Saint-Maur (Fra).** 800: Marajo 1:43.9 (rec); 25.0, 50.8, 76.3). **15.9. Donetsk.** Women's HJ: Goloborodko 1.95 (rec). **16.9. Rovereto (Ita).** 800: Maina (Ken) 1:46.5, Boit (Ken) 1:47.1; 5000: Bayi (Tan) 13:49.9; HJ: Mogenburg (Ger) 2.22; LJ: Stekic (Yug) 8.27 (8.07, 8.25, 8.04, 8.22, 8.21, 8.27), Robinson (US) 7.65; TJ: Valetudie (Fra) 16.80, Srejavic (Yug) 16.43; women's HJ: Simeoni 1.90. **16.9. Berchem (Bel).** Mar: Smet 2:10:00 (rec), Reveyn 2:13:36, Ancion 2:14:14, COLIN TAYLOR 2:15:15, Van Duyse 2:15:49. **16.9. Prague.** (Rude Pravo road races) 11.4km: Lopes (Por) 32:52.2 (rec), Glans (Swe) 33:02.6; women's 2.66km: Smolkova (USSR) 8:45.0. **19.9. Bologna (Ita).** 100: (nil) Mennea 10.18, Caravani 10.55; HJ: Raise 2.27 (rec), DiGiorgio 2.27, Bruni 2.27; PV: Abada (Fra) 5.45, Vignerou (Fra) 5.45; LJ: Stekic (Yug) 7.85; women's HJ: Simeoni 1.90.

ALGERIA: 17.12m triple jump

4-8.7. Algiers. (International Military Champs)
100: Caravani (Ita) 10.37; 200: Washington (US)
20.58; Caravani 20.59; 110H/400H: Shine (US)
13.83/50.05; HJ: DiGiorgio (Ita) 2.23; TJ:
Haynes (US) 17.12; JT: Lutui (Fra) 82.22.

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Die folgenden Aussagen sind wahr oder falsch?
 (a) Die Aussage "Es regnet" ist wahr.
 (b) Die Aussage "Es regnet und es ist kalt" ist wahr.
 (c) Die Aussage "Es regnet oder es ist kalt" ist wahr.
 (d) Die Aussage "Es regnet und es ist nicht kalt" ist wahr.
 (e) Die Aussage "Es regnet oder es ist nicht kalt" ist wahr.
 (f) Die Aussage "Es regnet und es ist kalt oder es regnet oder es ist kalt" ist wahr.
 (g) Die Aussage "Es regnet und es ist kalt oder es regnet oder es ist kalt" ist wahr.
 (h) Die Aussage "Es regnet und es ist kalt oder es regnet oder es ist kalt" ist wahr.
 (i) Die Aussage "Es regnet und es ist kalt oder es regnet oder es ist kalt" ist wahr.
 (j) Die Aussage "Es regnet und es ist kalt oder es regnet oder es ist kalt" ist wahr.

BEDFORD AND COUNTY ATHLETIC CLUB**6th Annual**

AMPTHILL TROPHY CROSS-COUNTRY MEETING

(Under E.C.C.U. & W.A.A.A. Laws)

AMPTHILL PARK, AMPTHILL, BEDS**SUNDAY, NOVEMBER 4th, at 12.30 p.m.**

**A QUALITY CLASS MEETING FOR BOTH SEXES AND ALL AGE GROUPS
RUN OVER A GENUINE CROSS-COUNTRY COURSE**

2679 ENTRY LAST YEAR**PROGRAMME****EVENT**

1. MINOR GIRLS	U/11 years	1 MILE	1978 TEAM PRIZE
2. MINOR BOYS	U/11 years	1 MILE	Thurrock A.C.
3. GIRLS	U/13 years	1½ MILES	Sussex Road School
4. COLTS	U/13 years	1½ MILES	Thetford A.C.
5. JUNIOR LADIES	U/15 years	1½ MILES	Shaftesbury Harriers
6. BOYS	U/15 years	2½ MILES	Basingstoke A.C.
7. INTER LADIES	U/17 years	2½ MILES	Wolverhampton & Bilston A.C.
8. YOUTHS	U/17 years	3½ MILES	Epsom & Ewell A.C.
9. SENIOR LADIES		2½ MILES	Highgate Harriers
10. VETERANS		5 MILES	Barnet A.C.
11. SENIOR MEN		5 MILES	Havering A.C.
			Havering A.C.

All ages as at 1st September, 1979

PRIZES

Events 1 to 8 — Trophies first three Individuals and first three Teams (3 to score).
 Events 9 and 10 — 1st £50, 2nd £30, 3rd £15, 4th £5. Teams 3 × £8, 3 × £6, 3 × £4.
 Event 11 — 1st T.V., 2nd £40, 3rd £25, 4th £15, 5th £5. Team 3 × £8, 3 × £6, 3 × £4.

Entry Fees: Senior Men, Senior Ladies and Veterans 40p, rest 30p. No team fees.

Entries to: D. Spring, 28 Wedgwood Road, Bedford. Tel. 0234 64737, with d.o.b., club and S.A.E.

CLOSING DATE 23rd OCTOBER, 1979 — NO LATE ENTRIES

Book Review

"Olympic Track & Field", by the editors of 'Track & Field News'; obtainable from the Book Dept., Athletics Weekly, 344 High Street, Rochester, Kent ME1 1DT. Price £3.50.

Question: Is the 12-year-old spread (1956-68) of medals won by Al Oerter the record for longevity in the Olympics! Answer: No, as Matt McGrath won the silver medal in the hammer in 1908 and 1924. This statistic is one of thousands in the new book published by 'Track & Field News'.

The bulk of the 192-page book is devoted to the results from 1896 (women from 1928) to 1976, together with a short narrative on each event. An addition to previous books on Olympic athletics is the presence of automatic times in events up to 400m from Helsinki, Melbourne and Rome, thanks to research by Bob Sparks. Readers will find that Remigino's 10.4 100m in the 1952 Games was 0.17 sec slower than Morrow's 10.5 in Melbourne! The book also contains compilations of national and individual medal winners in almost every imaginable category.

Two small criticisms can be levelled. The first is that much of the narrative in the men's events appeared in the 1968 Olympic Handbook. Secondly, errors in a work containing so much data are bound to occur, but it is unfortunate that Lasse Viren is listed as a two-time winner in the 5000 but on the following page Paavo Nurmi is shown to have the best record (over 5000) in an event not won twice by the same person. However, the few errors cannot seriously mar what is probably the best single volume yet produced on Olympic athletics, and an essential guide for any athletics fan.

Richard Hymans

OTHER NEW AMERICAN BOOKS

Masters Age Records 1979, compiled by Peter Mundle & Kathy Brieger. Men's world & US best in all events for ages 35 & above as at Dec. 1978, plus women's US age best from 35. Price: £1.50.

The Hurdler's Bible, by Wilbur Ross. Third edition (1978) of book for coaches and athletes, invaluable for teaching, learning and refining hurdling skills. Price: £4.50.

A Scientific Approach to Distance Running, by David Costill (1979). Easy-to-understand guide to modern training based on latest research findings. Price: £2.50.

Sprints & Relays: Contemporary Theory, Technique & Training, edited by Jess Jarver. Latest information on all aspects of sprinting with articles by international authorities. Published 1978. Price: £3.75.

Triple Jump Encyclopaedia, by Ernie Bullard & Larry Knuth. A 312-page opus on triple jumping (published 1977), excellently illustrated.

Coaching, mechanics, technique improvement, drills for beginners etc. Price: £4.25.

On The Run, by Marty Liquori. The American star talks about his running career, his opponents, his opinions etc. Hard cover. Published 1979. Price: £6.00.

Guide to Track & Field Injuries, by Arnd Kruger & H. Oberdieck. Concise, practical guide for the coach and athlete to the prevention and care of common injuries. Published 1978. Price: £2.50.

PRICES SLASHED!

We are pleased to announce that prices of most of the books we import from 'Track & Field News' have been reduced due to the current rate of exchange . . . in the case of 'Track & Field Omnibook' by as much as £1.40!

Ron Clarke Talks Track. The great Australian runner reflects on his career. Price: £1.00

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The Jumps: as above. Price: £3.75.

Corbitt, by John Chodes. Biography of great US distance runner. Price £2.25.

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* * *

Orders, please, to Book Dept, Athletics Weekly, 344 High Street, Rochester, Kent ME1 1DT, enclosing cheque or postal order payable to Athletics Weekly. Please allow at least 15 days for delivery.

Joyce Smith Triumphs In Avon International Marathon

THE great progress made by Britain's female marathon runners this year reached new heights in Waldniel, near Dusseldorf, on September 22nd when Joyce Smith captured the Avon International Marathon in a Commonwealth best of 2:36:27 to move to sixth place on the world all-time list, and simultaneously regain the British record she had lost a fortnight earlier.

With Carol Gould finishing a splendid third in 2:40:37, despite two pit-stops, and Sue Hassan making an excellent debut at the distance in 15th place at 2:49:02, Britain actually won the unofficial "team" event in the race which is the nearest thing the women have to a world championship. Although the British "team" was not an official representative squad, the success still surprised the Americans, who had more than 70 runners in the race. Yet our trio of Joyce, Carol and Sue could point to a grand total experience of just two marathons among them before Waldniel!

For over half the race, held on four circuits of 10.1km after a small 1km loop to start, Joyce and Carol ran together, allowing Karen Doppes (USA) to stage an initial breakaway before hauling her in and leading past 20km in 1:13:56 and the half-distance (21.1km) in 1:18:08. Shortly afterwards, Carol had to leave the road twice because of an old bugbear, stomach trouble, and dropped back to fourth place.

The top American, in the absence of Boston winner and US record holder at 2:35:15 Joan Benoit, was Kim Merritt (best of 2:37:57), and she moved steadily through the field after a slow start to second place by 30km. She had gambled on everyone coming back to her, but she had underestimated Joyce, whose 17:52 5km section between 25 and 30km took her into a long lead which Merritt did not come close to shortening.

Cliff Temple reporting

Eventually Joyce crossed the line in 2:36:27, compared to her former British record of 2:41:37 and Gillian Adams' recent 2:41:03, and bettering New Zealander Lorraine Moller's Commonwealth mark of 2:37:37. Carol Gould rallied in the latter stages of the race to clock 2:40:37 after her earlier misfortune, and is obviously capable of breaking 2:40.

A special word for 23-year-old Sue Hassan of Birchfield, who was in the race with a specific burden on her shoulders. She had won an all-expenses paid trip to Waldniel on the strength of an Avon-sponsored 3 miles cross-country race at Corby on New Year's Day, although she had never raced the marathon distance. Plans to build up to it were hindered by injury, and before the Waldniel event she had not been able to race even a half-marathon, although she had covered the full distance in training.

Yet she ran like an experienced marathoner, starting steadily and placing 35th after 10km, 24th at the half-distance, and ending up a splendid 15th in 2:49:02, which would have been



Carol Gould (16) and Joyce Smith, Barnet clubmates, running together in the Sandbach Marathon.

KENT ATHLETIC CLUB

presents

ARTHUR TWINN MEMORIAL

SCHOOLS'

CROSS COUNTRY RACES

Footscray Meadows, Albany Pk, Nr Sidcup, Kent

Saturday, 20th October, comm. 2.30 pm

Age groups: Boys U/12 on 1.9.79, Juniors U/14 on 1.9.79, Intermediates U/16 on 1.9.79.

Trophies to winning teams. Also medals to first 3 teams and individuals.

Entry fee: 80p per team (4 to run, 3 to score).

Entries including d.o.b. to R. Martin, 19 Ormanton Road, Sydenham, London S.E. 26.

Changing accommodation at the Royal Park Youth Club, Pembury Crescent, Albany Park, Sidcup.

ENTRIES CLOSE TUESDAY, 16th OCTOBER

NOTE: 19th January — Jubilee C.C. Races

30th March — '10' Mile Road Race

a British record by over a minute before mid-June.

Britain, where marathons for women were not even permitted by the rules little more than four years ago, has really closed the gap this year in an event which, it is hoped, may yet be included in the inaugural World Athletics Championships of 1983, even if inclusion in the Olympic Games still seems some way off.

Meanwhile, the Avon International Marathon, which attracted over 200 runners from 24 countries, is a solid substitute, and there is a good chance that next year's race may be held in England.

(A fuller account of the 1979 Avon International Marathon by Cliff Temple will appear shortly in the US magazine *The Runner*).

1, Joyce Smith (UK/1937) 2:36:27; 2, Kim Merritt (US/1955) 2:39:43; 3, Carol Gould (UK/1944) 2:40:37; 4, Elizabeth Hassall (Aus/1944) 2:42:04; 5, Beth Guerin (US/1959) 2:42:44; 6, Gayle Olinek (Can/1953) 2:44:04; 7,

Gillian File (NZ/1955) 2:45:21; 8, Heide Brenner (Ger/1956) 2:45:36; 9, Vreni Forster (Swi/1956) 2:46:17; 10, Karen Doppes (US/1956) 2:46:38; 11, Magda Ilands (Bel/1950) 2:47:06; 12, Lori Jorgensen (US/1959) 2:47:33; 13, Janice Arenz (US/1950) 2:47:38; 14, Sue Krenn (US/1950) 2:48:18; 15, Suzan Hassan (UK/1956) 2:49:02; 16, Odile Leveque (Fra) 2:49:15; 17, Gail Volk (US/1960) 2:50:49; 18, Lauri McBride (US/1952) 2:51:03; 19, Susan Hill (Aus/1942) 2:52:01; 20, Gail MacKean (Can/1958) 2:52:25; 21, Kiki Sweigart (US/1951) 2:53:43; 22, Sue Petersen (US/1944) 2:53:56; 23, Monika Greschner (Ger/1955) 2:54:22; 24, Liane Winter (Ger/1942) 2:54:49; 25, Joan Ulyot (US/1940) 2:54:50 . . . 27, Sandra Kiddy (US/1936) 2:56:14; 32, Miki Gorman (US/1935) 2:56:55; 35, Lyn Billington (UK/1945) 2:57:51; 91, Lydia Backes (Ger/1926) 3:30:24. 188 finished. **Teams:** 1, UK 8:06:06; 2, USA 8:09:05; 3, Australia 8:31:25; 4, Germany 8:34:47; 5, Canada 8:50:24; 6, Belgium 9:08:08; 7, France 9:37:15; 8, Netherlands 9:55:33.

UK All-Time Top Six (as at June 15th)

2:50:54 Rosemary Cox	1978
2:50:55 Christine Readdy	1976
2:50:58 Margaret Lockley	1978
2:53:35 Glynis Penny	1978
2:54:11 Gillian Adams	1978
2:57:13 Lyn Billington	1976

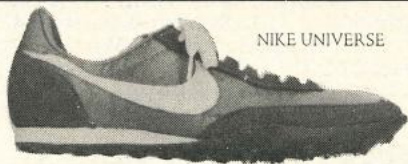
UK All-Time Top Six (as at October 1st)

2:36:27 Joyce Smith	1979
2:40:37 Carol Gould	1979
2:41:03 Gillian Adams	1979
2:47:57 Kath Binns	1979
2:49:02 Suzan Hassan	1979
2:50:54 Rosemary Cox	1978

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Chelsea. Telephone: 01-352 3995.

ROAD RACES

WITNEY '12' September 1st

1, I. Ray (Salisbury) 61:48
 2, B. Domoney (Sheffield) 62:40
 3, C. Bunyan (Southampton & E) 63:52
 4, D. Pattison (TVH) 64:10; 5, S. McHale (Glouc) 64:30; 6, D. Fudge (Ports) 64:44; 7, N. Thomas (Glouc) 64:55; 8, D. Golding (Ox. C) 65:07; 9, W. Weller (Glouc) 65:56; 10, H. Chadwick (B'mouth) 66:06; 11, D. Wheeler (Ox. C) 66:18; 12, J. Hurt (B'mouth-V) 66:40; 13, P. Francis (Walton) 66:55; 14, J. Altmann (Th. H&H) 67:06; 15, T. Hassall (Unatt) 67:12; 16, P. Corney (Ports) 67:20; 17, M. Moody (Maid-V) 67:33; 18, I. Emery (WS&E) 67:51; 19, K. Nelson (WS&E) 68:03; 20, A. Watts (TVH) 68:27; 21, D. Parsons (Ox. C) 68:28; 22, D. Case (E&S-V) 68:38; 23, D. Hiller (Med) 68:48; 24, A. Ive (WS&E) 68:52; 25, C. March (Hor) 68:55.
Teams: 1, Gloucester 21; 2, Oxford City 40; 3, Portsmouth 58; 4, Windsor S&E 61; 5, Thames Valley 71; 6, Bournemouth 95. **(Women):** 1, G. Adams (AF&D) 74:13; 2, L. Billington (Houn) 79:21; 3, J. Banzhaf (US) 82:00. **Blenheim Junior Road Race:** 1, G. Barber (S&E) 21:37; 2, A. Smith (Shaft) 21:42; 3, N. Stops (Shaft) 21:58; 4, N. Popplewell (Havant) 22:06. **Team:** Shaftesbury.

CORNWALL '10'

At Penryn, September 2nd

1, G. Taylor (Camb. H) 51:11; 2, T. Collins (Tor) 51:40; 3, A. Keenan (Ov) 51:50; 4, G. Plant (Man) 52:00; 5, C. Abrahams (Tor) 52:12; 6, T. Meredith (W. Corn) 52:38; 7, D. Collins (Ply) 52:43; 8, C. Davies (W. Corn) 53:07; 9, B. Dale (M&C) 54:24; 10, M. Summers (Ply) 55:00. **Teams:** 1, City of Plymouth; 2, W. Cornwall. **(Vets):** 1, D. McFadzean (RNAS Cul) 55:31; 2, C. Mills (Tor) 58:26; 3, J. Robson (Unatt) 58:42. (O/45): J. Perry (Australia) 59:26. **(Women):** A. Blake (AF&D) 60:43.

SUTTON & CHEAM HARRIERS

CROSS COUNTRY RACES

(Under A.A.A. & W.A.A.A. Laws)

AT CARSHALTON PARK,

SAT., 17th NOVEMBER, 12 noon

Colts & Boys 4 x 1 Mile Relay (2 Boys, 2 Colts).
 Junior & Minor Girls 4 x 1 Mile Relay (2 Juniors, 2 Minors).
 Youths 4 x 1 Mile Relay.
 Trophies for winning teams; awards first 3 teams, first 'B' & 'C' teams, and fastest lap winners. **Entry fee:** £1.20 per team.

U/11 1 Mile Race for Boys

Medals first 3 runners. **Entry Fee:** 20p.

Entries, with dates of birth, to: A. Brennan, 74 The Crescent, Belmont, Sutton, Surrey SM2 7BS.

CLOSING DATE WED., 7th NOVEMBER

SUN LIFE '5'

At Bristol, September 4th

1, N. Rose 24:40; 2, C. Brown 25:23; 3, D. Francis 25:33; 4, G. Davis 25:43; 5, C. Bunyan 25:54; 6, D. Cowells 26:06; 7, H. Richards 26:20; 8, R. Partridge 26:38; 9, T. Jones 26:46; 10, J. Smith 27:05; 11, D. Sherman 27:11; 12, S. Ottaway 27:16; 13, A. Wright 27:21; 14, P. Craig 27:23; 15, R. Pannell (V) 27:28.

NUNEATON '10'

September 15th

1, J. Graham (Bir) 47:52; 2, C. Kirkham (Cov) 49:52; 3, M. Exton (Holb) 50:05; 4, A. Kean (Der) 50:13; 5, K. Jacques (Sutt) 51:15; 6, A. Mills (Newc) 51:24; 7, R. Harrison (A&SV) 51:34; 8, H. Leeming (RR) 51:56; 9, A. Smith (Unatt) 52:15; 10, M. Dewsley (Bir) 52:20; 11, D. Ellis (Bir) 52:24; 12, M. Ede (B&R) 52:25. **(Vets):** 1, E. Williams (Shrew) 53:16; 2, L. Cook (Staff) 53:31; 3, A. Hughes (Newk) 55:03. **(Women):** 1, C. Ready (Stoke) 65:41; 2, B. Cook (Staff) 65:53.

READING POLICE '10'

September 15th

1, B. Watson (Cambridge H) 48:36
 2, P. Eales (Windsor S&E) 48:41
 3, I. Beauchamp (Horsham BS) 48:44
 4, R. Green (Harl) 49:21; 5, B. Mullett (B&H) 49:28; 6, B. Thompson (Hast) 49:30; 7, S. Harrison (AF&D) 50:08; 8, B. Glad (US) 50:18; 9, M. McGeogh (Barry) 50:23; 10, L. Benjamin (HHH) 50:26; 11, E. Hanahoe (HHH) 50:37; 12, R. Tyler (Read) 50:42; 13, G. Taylor (Camb. H) 50:47; 14, C. Abrahams (Tor) 50:56; 15, A. Keenan (Ov) 51:02; 16, R. Campbell (Ex. B-V) 51:04; 17, T. Watkins (Read) 51:07; 18, G. Reynolds (Sheff) 51:09; 19, C. Haynes (WYP) 51:10; 20, P. Gallagher (Craw) 51:11; 21, D. Hawkins (S&C) 51:14; 22, M. Woods (AF&D) 51:17; 23, J. Mescall (Houn) 51:18; 24, J. Avis (Camb. H) 51:20; 25, G. Bath (Salis) 51:26; 26, B. Lambkin (WS&E) 51:29; 27, R. Atkinson (Car) 51:37; 28, P. Barnes (Leam) 51:38; 29, R.

MELTHAM SPORTS COUNCIL

presents under A.A.A. & W.A.A.A. Laws

COP HILL RACE

From Meltham Cricket Field
 SUNDAY, OCTOBER 21st, 1979

Under the Auspices of Holmfirth Harriers A.C.

11.00 am Young Athletes (O/14-U/17)
 approx. 3½ miles

11.30 am Senior Athletes incl. Ladies (O/17)
 approx. 7 miles

Age as on day of race

Prize value £100 Individual/Team/Vet.

Entry Fee: All Individuals 40p (on the day 60p), by 14th October, 1979. To: Mr E. Gibson, 10 Blackmoorfoot, Linthwaite, Huddersfield HD7 5TR.

Cheques/P.O. payable to Meltham Sports Council.

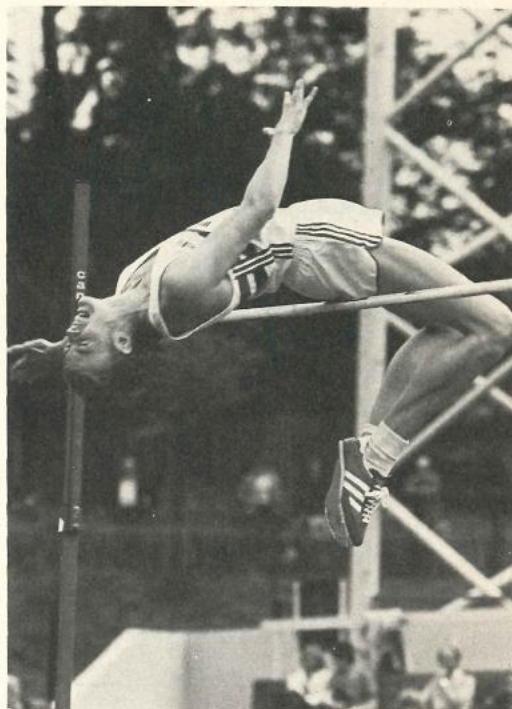
Smith (WS&E) 51:43; 30, P. Barnett (AF&D) 51:48; 31, K. Nelson (WS&E) 51:51; 32, T. Davies (AF&D-V) 51:57; 33, I. Burgess (S&E) 51:59; 34, R. Roath (Walton) 52:09; 35, T. Hassall (AF&D) 52:15; 36, M. Moody (Maid-V) 52:19; 37, M. Newport (SLH) 52:28; 38, M. Lane (Newp) 52:34; 39, D. Wheeler (Ox. C) 52:38; 40, M. Pickard (E&E) 52:39. **Teams:** 1, Cambridge H 81; 2, Windsor S&E 88; 3, Aldershot F&D 91. **(Women):** 1, D. Taylor (Barn) 65:45; 2, L. Tonner (RAF Bz. N) 66:42; 3, W. Crowe (Harl) 67:26.

STOCKPORT 2-4-6 ROAD RACES

September 16th

1, J. Norman (Altrincham)..... 29:41
2, M. Deegan (Oldham & R)..... 29:48
3, A. Sladen (Salford)..... 30:05
4, R. Wilde (Man) 30:23; 5, F. Pendlebury (Man-V) 30:31; 6, R. Morris (Alt) 30:40; 7, G. Plant (Man) 30:48; 8, R. Harbshire (Long) 30:50; 9, D. Gee (Man) 30:56; 10, P. Shaw (Man) 31:00; 11, G. Williams (Long) 31:00; 12, H. Kelly (E. Ches-V) 31:12; 13, M. Oldham (Man) 31:23; 14, W. Johnson (Gat) 31:29; 15, E. Day (E. Ches) 31:40; 16, J. Cread (Sutt-V) 31:44; 17, T. Hopkins (Charn) 31:51; 18, P. Lomas (Stock) 32:08; 19, M. Burgess (E. Ches) 32:09; 20, M. Donnellan (Sal. M) 32:10; 21, A. Taylor (Man) 32:23; 22, A. Malone (Stock) 32:26; 23, M. McGann (E. Ches) 32:30; 24, J. Holden (Stock) 32:34; 25, F. Rimmer (Sutt) 32:57. **Teams:** 1, Manchester 16; 2, E. Cheshire 46; 3, Stockport 64; 4, Sutton (St. H) 67. **(Vets):** 1, Pendlebury; 2, Kelly; 3, Cread. (O/50): 1, C. Betts (Sal) 36:03; 2, P. Brook (Holm) 36:03; 3, B. Blow (Alt) 36:49. (O/60): J. Snelson (Macc) 40:38. **(Youths 4M):** 1, M. Bullock (Sale) 20:14; 2, T. Franks (Gat) 20:19; 3, M. Wright (Gat) 20:24; 4, P. Tootell (Stret) 20:37; 5, D. Ambrose (Warr) 20:41; 6, G. Bracken (Gat) 20:46; 7, D. McTavish (Stret) 21:00; 8, J. Keyworth (Unatt) 21:15; 9, M. Owen (Man) 21:20; 10, S. Plant (Liv. P) 21:26; 11, B. Deakin (Stock) 21:28; 12, S. Crompton (Bol) 21:31. **Teams:** 1, Gateshead 11; 2, Stretford 28; 3, Warrington 47; 4, Manchester 63. **(Boys 2M):** 1, P. Bradley (Gat) 9:39; 2, A. Holloway (EP) 9:42; 3, D. Burchall (Stret) 9:59; 4, K. Smith (Sale) 10:03; 5, G. Green (Warr) 10:05; 6, G. Crowther (Sal) 10:06; 7, M. Ediker (Sal) 10:07; 8, R. Waltier (Stret) 10:09; 9, D. Robinson (E. Ches) 10:10; 10, D. Thomason (EP) 10:11. **Teams:** 1, Stretford 27; 2, Salford 35; 3, Manchester 40. **(Colts 2M):** 1, P. Martin (Stock) 10:30; 2, S. Pratt (Charn) 10:33; 3, J. Evans (Liv. P) 10:34; 4, M. King (Stret) 10:36; 5, G. Wright (Gat) 10:42; 6, P. Wright (Sutt) 10:44. **Teams:** 1, Stretford 20; 2, Liverpool Pem. 37; 3, Manchester 49.

Don Shelley announces that the British Road Runners Championship has had to be abandoned because he is unable to obtain certain race results.



Tim Foulger in action in the UK v Russia match where he won with a personal best leap of 2.18m.

E. Langsley

PRESTON CAPES VILLAGE RACES

September 2nd

1, M. Deegan (O&R) 23:13; 2, T. Hawes (North) 23:28; 3, P. Varney (Banb) 24:15; 4, D. March (Mil. K) 24:36; 5, H. Leeming (RR) 24:39; 6, M. Holt (Nene V) 24:49; 7, R. Church (Nene V) 24:53; 8, C. Rutland (Banb) 25:04; 9, T. Thomas (Rug) 25:09; 10, J. Zemper (North) 25:11; 11, P. James (North) 25:29; 12, M. Mangan (Nene V) 25:38; 13, K. MacLaren (Dav-J) 25:38; 14, A. Page (North) 25:51; 15, K. Meardon (North-J) 26:10; 16, M. Prosser (Holb-V) 26:18. **Teams:** 1, Northampton Ph. 37; 2, Nene Valley 50. **(Youths):** 1, K. Lamb (Der) 12:24; 2, R. Wakefield (Lut) 12:52; 3, G. Quick (North) 13:25; 4, R. Taylor (Unatt) 13:31. **(Women):** 1, A. Turland (Dav) 13:52; 2, A. McKim (North) 14:06; 3, S. Bradley (North) 14:18.

IAN MACMILLAN IN HOSPITAL

Ian Macmillan (Invicta) was involved in a serious road accident on the evening of the Brussels 10,000 metres and is expected to be in hospital for at least another month. He is in Ward 2 of the Kent & Sussex Hospital, Tunbridge Wells.

**FIFTH ANNUAL
FIREWORKS**

GRANTHAM 'FIVE' RACES

Still Cross Country

**ON SUNDAY,
NOVEMBER 4th, 1979
IN BELTON PARK**

**Sponsored by Local Firms
PRIZES TO £200 VALUE**

12 Noon
 **'FUN RUN'**
Certificates to all

1.00 p.m.

UNDER 11 RELAYS

3 x 1,000 metres Boys
3 x 1,000 metres Girls

1.30 p.m.

BOYS MEDLEY RELAY

1 Colt (1,000m), 1 Boy (2,000m),
& 1 Youth (3,000m) in each team.

1.55 p.m.

GIRLS MEDLEY RELAY

1 Minor, 1 Junior & 1 other girl
(11 to 14), each 1,000 metres.

All ages as at 1.9.79

Holders of all the above races are
Hallamshire A.C.

Awards to first 3 teams in each race.

2.10 p.m.

3rd Annual

LADIES 3,000m

Holder: Angela Creamer (Roth)

2.30 p.m.

5th Annual

'FIVE MILES'

for Senior, Junior & Vets Men

Holder: Ken Newton (Sheffield A.C.)

Prizes to first 20 in Mens, 10 in Womens.
First Vets, first Junior Man, first Inter Lady. First 3
teams and first 'B' team.

Entries: 30p Ind. and 50p Team in Mens and Ladies,
20p per runner in Relays, all names must be paid for,
but no Relay Team fees.

To: R. Tristram, 19 Rushcliffe Road, Grantham, Lincs.
(Tel. 3905) **by Wednesday, 24th October, 1979.**

HASTINGS AC RESOLUTION: REVISE AMATEUR RULES

General Committee of the AAA invited Hastings AC to consider a revision of their original resolution, to be presented at the Association's AGM, declaring the Amateur Rules to be unenforceable.

Some members of General Committee were very concerned that the whole voluntary structure of athletics might be threatened and the Hastings Club agrees that any revision of the Rules must take into account this vast voluntary effort which provides so wide a base for athletics.

The club has therefore agreed to substitute the following resolution: "That this meeting urges General Committee to make an urgent revision of the Amateur Rules."

Derek J. Cole,
Hastings AC delegate
to AAA AGM.

*The 99th AGM of the AAA will be held on Saturday, November 3rd (11.30 am) at the Basil Street Hotel, Basil Street, Knightsbridge.

UK RESULTS ROUND-UP

8.9. Madeley. HT: J. Whitehead 68.92, P. Dickenson 64.24, B. Williams 63.24. **9.9. Madeley.** HT: Whitehead 68.08; Jnr 6.25kg: R. Weir 62.52. **15.9. Melton Mowbray.** Pace/Midland Road Relay: Bristol 1:45:30 (Nick Rose 16:33 — broke Ian Stewart's 3 1/4M lap record of 16:51). **15.9. Luton.** Inter Women 3 x 800: Haslemere Border 6:46.5 (UK best). **16.9. Aberdeen.** Mar: G. Laing 2:21:40, J. Brown 2:22:22, C. Youngson 2:27:44... Leslie Watson 3:01:06 (ran 2:57:37 at Milton Keynes on Sept. 22nd and 3:18:43 at Rotherham on 23rd!). **16.9. Fleetwood.** 7M road: D. Black 32:41, S. Kenyon 32:42, B. Smith 33:07. **16.9. Lincoln.** Women's 1500: Jane Finch (née Colebrook) 4:20.0; LJ: S. Hearnshaw 6.27. **23.9. Rotherham.** Mar: D. Slater 2:19:35 (debut), D. Wilson 2:24:12, W. Padgett 2:25:51. **29.9. Crystal Palace.** Southern Road Relay: Cambridge & C 2:01:05. **29.9. Sutton Coldfield.** National 100km Walk Champs: P. Hodgkinson 9:46:36. **30.9. London-Brighton.** A. Kirik (US) 5:32:37, M. Daykin 5:45:06.

The Veterans AC would like to see more of its younger members attending the club's AGM on October 10th at Golden Square, London W1, to take the pressure away from long-standing committee members and to assist in the development of a more colourful and professional programme of events as the club approaches its 50th anniversary. The Arthur Welling Memorial Trophy fund stands at £138.50 and will be closing at the AGM.

ADIDAS SL 80

Top model of the great Adidas SL series of road shoes. Navy nylon uppers, velour reinforcement, gold trim and special long-lasting sole. Light in weight and a superb racing or training shoe. £19.50 (£21.75).

ADIDAS TRX COMPETITION. The super new Adidas road shoe with white nylon uppers and velour reinforcement. Blue trim, rubber sole and shock absorbing wedge heel. Extremely light in weight, ideal for racing on the roads. Sizes 7, 7½, 8, 8½, 9, 9½, 10, 10½, 11 £17.95 (£20.95).

ADIDAS ORION. Very light road shoe in blue nylon with velour reinforcement and white trim. Heel wedge and rubber sole with trefoil tread. Sizes 4½, 5 £14.95, 6, 6½, 7, 7½, 8, 8½, 9½, 10, 10½, 11 and 12 £15.95 (£17.50).

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