

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

athletics

weekly

OCTOBER 31st 1981 33p

Inside —
UK Men's
'Top Fifty'



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COVER PHOTO (By Allsport/Steve Powell)
 European Cup 5000m winner — Dave Moorcroft.

THE WEEK AHEAD

Saturday, October 31st: Provincial Road Races, Gateshead; Southern Women's League, Morden Park; Essex League, Chelmsford; Camborne Festival '15'; Herne Hill Inter-Club CC, Brockwell Park; Vets AC CC, Watford.

Sunday, November 1st: Mike Sully CC Races, Bristol; Southampton & E 'Continental' CC Races; Amphill Trophy CC Races, Bedford; Stamford 'Fireworks' '5', Great Casterton; Salisbury Plain '15'; Black Lane Ends Fell Race; Duchess Marathon, Leeds; Midland Women's League, Nottingham; Vets AC CC, Putney Vale; Haringey 6x1M Relays, Alexandra Palace; Winter Warm-Up Meeting, Leicester; London BH Road Relay, New Beckenham; Dawlish Walks League.

Tuesday, November 3rd: Chingford League, Eastway Cycle Circuit.

Wednesday, November 4th: TVH Open Meeting, West London; London Services League, Stanbridge.

Thursday, November 5th: London RRC Guy Fawkes '5', Battersea Park.

Saturday, November 7th: Heaton Memorial Road Races, Newcastle; Bracknell '10';

Holmfirth Kiwi '15'; Red Rose League, Bolton; Westward League, Exeter; Essex Beagles '10', North Weald; RAF v Cambridge Univ. v E. Counties, RAF Halton; Priory Relays, Reigate; Vets AC CC, Ruislip; Ronson CC Relays, Ewell; Univ. of York CC Relay; Southend YA Road Relays; Glasgow Univ. '5'; Welsh 10km & Vets CC Champs, Newport.

Sunday, November 8th: Wessex League, Swindon; Riddings Open CC Meeting, Scunthorpe; Kent Women's League, West Wickham; Derwentwater '10', Keswick; Open Indoor Meeting, RAF St. Athan; Catholic Women Students CC Champs, Lloyd Park, Croydon.

LORD BURGHLEY

The death occurred last Thursday (Oct. 22nd) of former Olympic gold medallist, the Marquess of Exeter, aged 76. As Lord Burghley he competed in three Olympic Games and went on to act as Chief Organiser for the 1948, London, Games. Tributes will appear in next week's issue.

National Six Stage Road Relay

At Crystal Palace, October 24th

Bernie Ford sets up win for Aldershot

NO DOUBT each and every club involved had a good and valid reason for not competing, but the National Six Stage Road Relay, at Crystal Palace on October 24th, was left a little thin on the ground with only Tipton, Charnwood and Derby (who also contested the Northern championship) representing the Midlands in a field of 18 teams. Only Stretford were missing from the top nine Northern teams and from the leading eight in the Southern's, Ilford and Herne Hill were the lone absentees. At the 12 stage in Sutton Park, Midlands clubs invariably fare well and make their presence felt both on and off the course — it's a pity they couldn't travel down the M1 this time for an 'away game'.

As it turned out they weren't greatly missed as the small crowd was treated to an impressive series of runs from the Aldershot sextet — led most convincingly by a very determined Bernie Ford on stage three, who at this early stage of the winter programme looks the man most likely to dethrone 'National' champion Julian Goater at Leeds next spring. Bernie clocked a superb 19:04 for the 3.9M three lap course, lifted Aldershot from third to first place, which they were never to lose, and handed over a 45 second lead to Martin Caldwell, Roger Hackney and Neil Blayney.

Charnwood, through Andy Armitage (19:17) and St. Helen's (Gerry Helme, 19:18) were the surprise leaders at the end of the first stage, some ten seconds clear of Elliott (Alan Guilder, 19:29) and 20 ahead of Aldershot (Bob Lunnon, 19:37), and the Merseyside team stayed at the front on the second leg as Kevin Jacques (19:59) just held off the challenges from Merv Brameld (Invicta, 19:29) and Eddie Herridge (Aldershot, 19:46). Tipton moved up two places, to fourth, through John O'Meara (19:53), with Bolton on their heels from Dave Singleton's 19:45.

With Nick Brawn running the New York Marathon, Invicta chose to use John Wilkins to complete their team and although he ran his hardest (urged on all the way by Martin Knapp and Mike Gratton) he slipped back to sixth place by the end of leg three. Behind Bernie Ford, St. Helen's were using their last well established runner (Steve Anders, 19:55) and held on to

second place. They reached halfway 12 seconds clear of Derby, for whom Chris Woodhouse produced a speedy 19:18, and 14 clear of Tipton. Bob Westwood ran 19:45 for the 1980 winners, but in the 'pits' some anxiety was creeping in as Bob Cytla had still not arrived — but more of that later.

Barry Trowbridge reports

At halfway the positions were 1, Aldershot F&D 58:27; 2, St. Helen's 59:12; 3, Derby 59:24; 4, Tipton 59:26; 5, Elliott 59:55; 6, Invicta 60:21.

Martin Caldwell (19:42) took over for the Southern champions on leg four and produced another pressure run to extend their lead to a minute and a half. As the St. Helen's challenge faded, Mike Gratton (19:17) moved Invicta back up to second, three seconds clear of Tipton (Bob Westwood, 19:45), and with the fifth and sixth stage runners declared these three looked good bets for the medals.

Tipton's problem, though, was that Tony Milovsorov was now forced to move up from anchor to fifth, in the hope that some 19 or so minutes later he would finish and find Bob Cytla waiting for him. It was the CND march in Central London that caused the problem, as the car bringing both Bob and Mike Kearns to Crystal Palace got caught up in a traffic delay in Park Lane. They abandoned their chauffeur somewhere near Hyde Park Corner and with BR being their usual helpful, weekend, selves, were forced to use four trains before reaching the Palace — well after the car and somewhere in the middle of stage five — Bob having changed *en route*.

Roger Hackney (19:25) was running in a vacuum for Aldershot, but behind him Ian Stewart, Tony Milovsorov and Nicky Lees engaged in a good battle for the places. Economically, Nick closed the gap on Tony, but Ian was having none of this, and by the last change had a ten second lead over Derby. Nick's 19:11 was the second fastest run of the day and it

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gave Derby a three second lead on Tipton, but Bob Cytla always looked capable of closing that gap.

Aldershot's anchor run was entrusted to Neil Blayney (20:02), who had little trouble in doing the necessary. Martin Knapp (19:50) extended Invicta's advantage in second place and, as expected, Bob Cytla (20:28) pulled Tipton back to third. Behind Derby, Liverpool, Bolton and Manchester were locked in their own North-West battle. Liverpool started the final stage in fifth place, 34 and 36 seconds, respectively, clear of Manchester and Bolton. Gradually, though, the battle between Ricky Wilde and Kirk Lazarides increased in pace and the gap to Liverpool dwindled away. By the finish, Kirk had taken three seconds out of Ricky, which was enough, just, to give Bolton fifth; but it was a good tussle.

Finally, a thought from Cliff Temple, coach and fellow reporter. Also on Saturday, at Aldershot, the SCWCCA were holding their Road Relay Championships. Some of Cliff's girls were running in that meeting, and he obviously had a dilemma as to where to go. With a little more planning perhaps the two meetings could have been combined. Mixed matches on the track are a success and seem to be growing in popularity, and it happens on the country as well. A day of mixed road relays wouldn't come amiss; particularly at the level such a meeting would have offered last Saturday.

1, Aldershot F&D (R. Lunnon 19:37, E. Herridge 19:46, B. Ford 19:04, M. Cauldwell 19:42, R. Hackney 19:25, N. Blayney 20:02) 1:57:36;

2, Invicta (J. Wigley 19:50, M. Brameld 19:29, J. Wilkins 21:02, M. Gratton 19:17, I. Stewart 19:18, M. Knapp 19:50) 1:58:46;

3, Tipton (J. Earlston 19:48, J. O'Meara 19:53, R. Westwood 19:45, B. Cole 20:15, T. Milovsorov 19:28, R. Cytla 20:28) 1:59:37;

4, Derby (C. Robison 19:42, K. Lamb 20:24, C. Woodhouse 19:18, I. Robertson 20:31, N. Lees 19:11, L. Pearson 20:43) 1:59:49;

5, Bolton (P. Campbell 19:59, D. Singleton 19:45, J. Patel 21:02, M. Freary 20:22, E. Ranicar 20:38, K. Lazarides 19:38) 2:01:24;

6, Manchester (D. Allen 20:18, D. Austin 20:13, M. Plant 20:27, D. Gee 20:08, P. Morris 20:38, R. Wilde 19:41) 2:01:25;

7, Liverpool (P. Kennedy 20:23, S. Hollewell 20:14, E. White 19:45, E. Arrowsmith 20:30, C. Dagnall 20:18, F. Davies 20:22) 2:01:32;

8, Elliott (A. Guilder 19:29, K. Hayes 20:41, G. Clark 19:45, D. Black 20:27, C. Sellars 21:07; D. Coney 20:57) 2:02:26;

9, Thames Valley (Phil. Gayter 20:15, N. Wilson 20:18, P. Gore 20:30, D. Reeves 20:41, M. Coxam 20:47, J. Sheridan 20:41) 2:03:12;

10, Bingley (P. Moon 20:31, P. Crowe 22:06, W. Padgett 20:30, C. Moore 20:08, S. Dry 20:41, D. Slater 19:31) 2:03:27;

11, St. Helen's (G. Helme 19:18, K. Jacques 19:59, S. Anders 19:55, G. Birkett 21:34, S. Lawrence 21:13, A. McDonald 21:44) 2:03:43;

12, Liverpool Pem. (J. Kelly 20:11, M. Flynn 20:49, M. McLoughlin 19:59, D. Williams 20:43, D. Gaynor 20:54, K. Rice 21:14) 2:03:50;

13, Charnwood (A. Armitage 19:17, O. Khalifa 21:13, P. Clarke 21:03, N. Leach 20:15, R. Gibbard 20:44, A. Reynolds 21:34) 2:04:06;

14, Airedale & SV (D. Mayho 20:22, J. Atkin 20:21, D. Dalby 20:59, A. Parkinson 21:17, J. McCarthy 21:19, B. Parkinson 23:08) 2:07:26;

15, Cambridge H (J. Huntingford 20:53, P. Williams 20:22, D. Roberts 20:55, R. Carter 21:59, A. Weston 21:54, P. Pape 21:28) 2:07:31;

16, Shaftesbury (P. Collins 21:25, A. Lunnon 20:15, D. Thomson 20:16, P. Ogalbe 21:32, T. King 22:26, S. Moore 21:14) 2:08:48;

17, Blackheath & (R. Cliff 21:37, R. Coles 20:41, I. Wilson 21:20, M. Athawes 21:42, J. Baldwin 21:19, I. Young 23:06) 2:08:48.;

18, Bedford (M. Hunter 22:20, A. Bichener 23:19, M. Shotbolt 19:53, M. Goodwin 21:18, P. Odell 22:03, P. Coyne 21:40) 2:10:33.

Fastest legs: Ford 19:04; Lees 19:11; Armitage & Gratton 19:17; Helme, Woodhouse & Stewart 19:18; Hackney 19:25; Milovsorov 19:28; Guilder & Brameld 19:29.

BOYS UK RANKING LISTS 1981

These lists will be based on international age groups, and a Boy, therefore, must have been born during 1966 or later. Athletes who have achieved the standards set out below should send details including christian and surname, date of birth, club and date of venue of performance to (track) Robert Ballantyne, 'Cawburnrigg', Haltwhistle, Northumberland, NE49 9PT or (field) David Lynch, 'Shandems', Rowhill Road, Hextable, nr. Swanley, Kent, BR8 7RL.

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HAYWARDS HEATH OPEN CC RACES**At Ardingly, October 3rd**

1, P. Rowland (Horsham BS) 16:20
 2, F. Tota (Crawley) 16:36
 3, S. Crossman (Woking) 16:50
 4, C. Hensby (Wok) 16:54; 5, J. Flanagan (Craw) 16:59; 6, M. Porteous (B&H) 17:05; 7, A. Douglas (Craw) 17:07; 8, P. Leitch (Hors) 17:18; 9, S. Almond (Ash) 17:20; 10, P. Baker (Craw) 17:25; 11, C. Hall (Wok) 17:26; 12, A. Newham (Ox. C) 17:28; 13, S. Torrance (S&E) 17:30; 14, M. Laflin (B&H) 17:32; 15, S. Morley (B&H) 17:32; 16, D. Peel (Hay. H) 17:35; 17, D. Eglan (AF&D) 17:37; 18, S. Scott (Hay. H) 17:38; 19, C. Comber (Hay. H) 17:44; 20, K. McLellan (H&W) 18:02. **(B Race):** 1, M. Paterson (Phoe) 16:43; 2, C. Beauvais (Walton) 17:12; 3, A. Lambourn (B&H) 17:17; 4, S. Colledge (S&E) 17:22; 5, P. Witcomb (B&H) 17:43; 6, A. Linfield (Mit) 17:46; 7, P. Marten (Hors) 17:49; 8, G. Ashdown (B&H) 17:52; 9, J. Stevenson (B&H) 17:57; 10, P. Gallagher (Craw) 17:59; 11, A. Mapson (Craw) 18:01; 12, C. Hickman (Craw) 18:06. **(Vets):** 1, C. Plumpton (Ports) 18:05; 2, B. Bartholomew (B&H) 18:13; 3, J. Froud (Wok) 18:19; 4, J. Simmonds (Craw) 18:36; 5, T. Tunley (Croy) 18:42; 6, J. Luxford (Hors) 18:56; 7, H. Scott (Hors) 18:59; 8, R. Palmer (B'ht) 19:08. **(Juniors):** 1, M. Gregory (S&E) 16:22; 2, M. Lassetter (Phoe) 16:34; 3, M. Wheeler (E. Grin) 16:46; 4, G. Barber (S&E) 17:13; 5, C. Plumpton (Ports) 17:22; 6, J. Mallett (Wok) 17:39; 7, D. Whiteman (Dart) 17:59; 8, D. Epps (Ash) 18:02. **(Youths):** 1, R. Carter (B&H) 13:07; 2, R. Farish

13:30; 3, M. Slowikowski (HW) 13:31; 4, D. Bean (Folk) 13:35; 5, W. Germill (S&E) 13:40; 6, A. Rowe (Hay. H) 13:50. **(Boys):** 1, S. Powell (Wok) 10:21; 2, M. Jones (AF&D) 10:35; 3, A. Davies (Havant) 10:39; 4, P. Jenkins (Hay. H) 10:43. **(Colts):** 1, N. Watkins (Camb. H) 7:16; 2, G. Gratton (Havant) 7:43; 3, L. Cowyon (Havant) 7:44. **(U/11):** P. Brewster (Craw) 4:01.

(Women): 1, D. Peel (Craw) 15:22; 2, L. King (B'stoke) 15:50; 3, A. Tindall (AF&D) 16:02; 4, M. Pratt (BR&C) 16:09; 5, T. Howard (Worth) 16:16; 6, J. Wingrove (Mit) 16:20; 7, M. Cox (B&H) 16:45; 8, R. Phipps (E. Grin) 16:59; 9, A. Wytte (S&E) 17:06; 10, L. Funicane (Ash) 17:13; 11, H. Tandy (Ash) 17:19; 12, J. Dicker (B&H) 17:23; 13, M. Gibbs (G&G) 17:27; 14, S. Quenby (Camb. H) 17:47; 15, L. Dally (Sy. B) 17:50. **(Inters):** 1, S. Vinall (B&H) 11:04; 2, J. Rose (Ash) 11:09; 3, R. Gamble (E. Grin) 11:32; 4, A. Wittekind (Dart) 11:39; 5, M. Riley (B'stoke) 11:46; 6, D. Thomas (BR&C) 11:53; 7, D. Hillyer (Havant) 12:01; 8, D. White (S&E) 12:11; 9, S. Skinner (Croy) 12:12; 10, P. Weaver-Smith (Ash) 12:13. **(Juniors):** 1, S. Rogers (B'stoke) 7:43; 2, N. Way (Ton) 7:50; 3, M. O'Shea (B'stoke) 7:53; 4, V. Wallington (AF&D) 7:58; 5, A. Denny (S&E) 8:08; 6, J. Oram (B&H) 8:10. **(Girls):** 1, E. Smith (Havant) 7:57; 2, C. Buck (AF&D) 8:09; 3, R. Fairchild (Croy) 8:11.

SPORTS & LEATHER SCHOOLS CC RACES**At Uppingham, October 3rd**

(Boys U/15): 1, S. Burton (Creigh) 14:43; 2, M. Byrne (MB) 14:51; 3, M. Thompson (Holy F) 14:53; 4, A. Martin (Deep) 15:35; 5, M. Peters (MB) 15:46; 6, M. Hawkins (Leic) 15:47; 7, D. Carrigan (Creigh) 15:49; 8, M. Warner (Bowl. G) 15:50; 9, S. Tinsley (MB) 15:52; 10, N. Leverton (Deep) 15:55. **Teams:** 1, Moston Brook 38; 2, Creighton 43; 3, Deeping 51; 4, Bowling Gn. 94. **(U/13):** 1, D. Byrne (MB) 9:41; 2, J. Kimber (Hump. P) 9:46; 3, J. Monk (B'vale) 9:48; 4, D. Moran (MB) 9:53; 5, R. Gardner (Deep) 9:54; 6, N. Clarke (Hump. P) 9:58. **Teams:** 1, Moston Brook 30; 2, Humphrey Perkins 57; 3, Brookvale 65. **(U/11):** 1, G. Miller (Hunt) 5:48; 2, I. Turnbull (Warms) 5:53; 3, M. Smithurst (Cop) 5:55. **Team:** Huntingdon. **(Girls U/15):** 1, J. Shepherd (JCC) 11:53; 2, M. Hall (Hast) 12:04; 3, N. Curtis (Lat) 12:10; 4, M. Harris (Wins) 12:21; 5, J. Hall (Card. W) 12:21; 6, C. Johnson (Hump. P) 12:32. **Teams:** 1, Cardinal Wiseman 25; 2, Dunsmore 31; 3, Brookvale 38. **(U/13):** 1, L. York (S. Wig) 5:54; 2, A. Allen (S. Wig) 5:55; 3, J. Bradley (Deep) 5:56; 4, C. Beasley (Holy F) 6:07; 5, R. Adams (Deep) 6:07; 7, S. Fiddes (Deep) 6:07. **Teams:** 1, Deeping 14; 2, Holy Family 37; 3, Winstanley 44. **(U/11):** 1, S. Williams (Bowl. G) 4:25; 2, M. Masterson (St. Pat) 4:28; 3, R. Nicholson (K. Muxloe) 4:29. **Team:** Bowling Gn.

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24 Hour Track Race**Andy Milroy reports****Mark Pickard goes on, and on, and . . .**

AT 9 am on October 10th a strong field lined up for the RRC 24 hours race at Copthall Stadium. The favourites were probably Mark Pickard, following his SLH '30' win and second place in the Rugby marathon in successive days, Mike Newton with 156 miles already this year, Martin Daykin who had had a very successful season over the 100km distance in Europe, and Don Ritchie the ultra-distance multi-record holder.

The race started amid apprehension about the weather following the storms of the previous night. (We were, however, to be fairly fortunate — there were only a couple of showers, the worst problem being a strong wind that sprang up just before dawn). Daykin and Ritchie set off in the lead with the former seeming to set the pace for Ritchie didn't look his powerful best. The pair of them reached the marathon in 2:51:29 before Daykin finally broke away. Ritchie retired shortly afterwards at 68.8km. From 50M onwards Daykin himself began to have leg trouble from the continual turning round and round the track, and after several attempts to alleviate the problem he was forced to retire after covering 82M.

Meanwhile, behind this struggle, Mike Baggs

was running well, and Mark Pickard was loping along in an easy, fluid style. Pickard took the lead shortly before Daykin retired, a lead that increased still further as Baggs too had leg problems. The leader moved easily to the 100M in 13:03:51, where he took a break of a mere three and a half minutes. At this point John Watkins, who had been moving steadily through the field, began to look menacing, passing the 100M in 13:23:37, only to fall victim to tendon trouble. Mike Newton, as expected, now emerged as Pickard's main opponent, as he went through in 13:56:55.

Pickard continued to press on, well on schedule for Ron Bentley's UK best of 161M 545y, and perhaps even Jean Boussiquet's world best of 169M. He still looked strong at 200km in 17:01:47 but between 130 and 140 miles suffered a bad patch. At this stage the race began to look like a handicap event with Mike Newton gaining on the leader, the third place man, Dave Goodwin, running in his first 24 hours race, gaining on Newton, and the fourth placed man, Dave Cooper, moving better than anyone else. Despite a groin strain Pickard rallied after covering 140M, and at the finish was moving

THE BRITISH AMATEUR ATHLETIC BOARD**seeks applications for the post of****GENERAL
SECRETARY****(Salary range: £11,372-£15,010
plus London Weighting)**

To commence on 1st February, 1982 or as soon as possible thereafter. It is expected that the successful applicant will be in age range 35-50 years. Closing date for applications is 20th November, 1981.

Further information and application forms are obtainable from The Clerk to the Board, British Amateur Athletic Board, Francis House, Francis Street, London SW1P 1DL.



Two weeks before the 24 hour race, Mark (16) ran second to Bruce Fordyce (68) in the London to Brighton. Number 35 is previous 'Brighton' winner, Cavin Woodward.

Fred Poplewell

further and further away from the rest of the field.

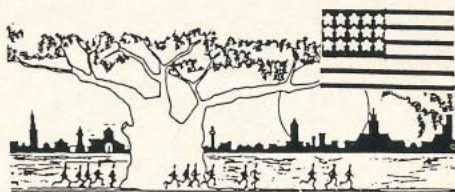
In an event which is usually dominated by mature and even Veteran athletes, the 21-year-old Epsom and Ewell runner showed remarkable judgement and strength to win what at the gun proved to be one of the best 24 hour races yet. He finished with a fine 163M 1249yd/263,466m for a new UK National Record for 24 hours, and second place on the world all-time list. Only the remarkable Frenchman, Jean Boussiquet, has run further, twice.

Behind him Mike Newton produced his best performance yet after a slow start, and Dave Goodwin, belting out two minute laps at the end, had a great debut. Charlie Hunn, at 41, also had a good first 24 hours race, while Ken Mackay, at 58, improved on his Blackburn mark in covering over 131M. Bruce Slade, in seventh place, also set a pb, while Malcolm Campbell successfully completed his fourth 24 hour race of the season (and the eighth of his career)!

1981 will perhaps be remembered as the year that the 24 hours stopped being a purely endurance contest and became a race. At Lausanne in May and now at Copthall, three men in the same race went over 150M, and seven men over 125M. It is notable from a British point of view that in the Lausanne race those seven men came from three different countries, at Copthall they were all UK athletes.

1, M. Pickard (E&E) 263,466m/163M 1249yd (UK rec); 2, M. Newton (SLH) 255,760/158 1622; 3, D. Goodwin (Thet) 249,060/154 1335; 4, D. Cooper (Camb. H) 235,600/146 695; 5, C. Hunn (SLH) 224,478/139 852; 6, K. Mackay (Pres) 211,356/131 581; 7, B. Slade (Exe) 202,961/126 200; 8, M. Campbell (Notts) 199,279/123 1454; 9, M. Baggs (Wey)

193,600/120 523; 10, V. Gutteridge (Hill) 180,601/112 387; 11, J. Record (Aus) 174,237/108 467; 12, J. Watkins (SLH) 164,800/102 707; 13, E. Gutteridge (Hill) 163,627/101 1184; 14, D. Attwell (Alt) 144,800/89 1715; 15, M. Daykin (Glouc) 132,000/82 36; 16, D. Weir (Sale) 125,200/76 245; 17, A. Bray (B&H) 119,200/74 118; 18, D. Ritchie (Forres) 68,800/42 1320.



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RUN-INN SPORTS,
Wigan. 0942 47093.

Mark Pickard

Mark (aged 21½, 1.93m/6'4", 73kg/161 lbs), is a student who started running at school with "a bit of cross country". In 1976 he was involved in long distance walking and in 1978 turned his attentions to running. He does not adopt any special diets for his 'marathons' and reckons that within 48 hours of a race his training is back to normal.

He trains about 19 miles per day, in two sessions, at about 5½ minute pace and has been lucky with injuries in that he has been able to continue his training through them, at a decreased pace. His ambitions are a sub-50 ten miles, 2:20 for the marathon and an improvement on his 24-hour distance.

1981 has been a remarkable year for Mark, and his major races (excluding some short road and track races) are listed below:

Jan. 10th: Mitcham 25km — 46th 1:27:40; Mar. 8th: London RRC 10km — 9th, 31:52; Mar. 14th: Tonbridge '10' — 31st, 51:51; Mar. 29th: 'Duchy' Marathon — 3rd, 2:32:32; Apr. 4th: Worthing '10' — 5th, 51:27; Apr. 11th: Gloucester '100' — 4th, 14:13:50; Apr. 12th: Finchley '20' — 50th, 2:04:27; Apr. 17th: Maidenhead '10' — 10th, 54:02; May 3rd: Metro Marathon — 2nd, 2:32:39; May 9th: Ranelagh Half Marathon — 18th, 71:08; May 10th: AAA Marathon — 23rd, 2:32:46; May 16th: Isle of Wight Marathon — 2nd, 2:27:49; June 13th: Poly. Marathon — 3rd, 2:25:58; June 14th: Welwyn Half Marathon — 8th, 73:13; June 21st: Sandbach Marathon — 12th, 2:21:24 (pb); July 4th: RRC Marathon — 3rd, 2:29:19; One hour track race — 1st, 11M 1618yd; July 12th: TSB Marathon — 6th, 2:27:56; July 18th: Belgrave '20' — 3rd, 1:46:00; July 25th: Woodford to Southend — 3rd, 3:59:50; Aug. 1st: Dartford Half Marathon — 12th, 69:08; Aug. 8th: Shaftesbury '10' — 11th, 50:31; Aug. 22nd: Newport Marathon — 5th, 2:24:27; Aug. 29th: Two Bridges '36' — 1st, 3:26:01; Sept. 5th: SLH '30' — 1st, 2:49:07; Sept. 6th: Rugby Marathon — 2nd, 2:33:18; Sept. 12th: Greenwich '11' — 1st, 54:29; Sept. 19th: Nuneaton '10' — 10th, 51:45; Sept. 20th: Birmingham Marathon — 5th, 2:23:00; Sept. 26th: Reading '10' — 12th, 50:03; Sept. 27th: London to Brighton — 2nd, 5:24:55; Oct. 3rd: Wimbledon '10' — 4th, 51:29; Oct. 4th: Kent '20' — 1st, 1:46:50; Oct. 10th/11th: 24 hour track race — 1st, 163M 1249yd.

(Information supplied by Chris Houghton)



Less than an hour to go at Copthall, Mark presses on relentlessly.

Fred Poplewell

HISTORIC PROGRAMMES

Through 'AW' I should like to make a request for information as to the whereabouts of three historic programmes I lent to the AAA for their Centenary Celebrations in 1980. It appears that these have gone astray, and I am eager to recover them as soon as possible. The programmes are as follows:—

- i) AAA Championship programme 1889,
- ii) programme of Alf Shrubbs' attempt on the World 10M record at Glasgow, November 1904 (with timekeepers' certificates), and
- iii) programme of the first Triangular International Match held in Glasgow in 1914.

All the above should have my name on them. Any information should be sent to me at 5 Frogmore Close, North Cheam, Surrey, SM3 9SB.

J. Keddie

The Birchfield '10' will be held on December 20th, starting at noon from the Alexander Stadium, Birmingham.

World Bests in New York

STEVE OVETT, Bernie Ford, even Grete Waitz herself, have been referred to over the years as 'consistent' performers, but can anybody in the sport really claim better returns than Mel Watman?

It seems, down here in darkest Rochester, that whenever Mel embarks on one of his reporting missions, he leaves us with a prediction of the outcome, and last week, when he previewed the New York Marathon, was no exception. His words? "The Cuban-born graduate of the University of Oregon is currently in cracking form and if conditions are favourable then Derek Clayton's long standing world best of 2:08:34 could be in danger".

That Alberto Salazar did eclipse Clayton's time with 2:08:13 is common knowledge now to all enthusiasts, but I wonder if he knew that the outcome had certain inevitability about it. Behind the 1980 winner there was a string of fine times, with Hugh Jones (third in 2:11:00) and Nick Brawn (fourth in 2:11:10) leading the British challenge. Malcolm East, Terry Colton, Chris Stewart, Glen Forster, John Graham and Chris Hallimond also clocked sub-2:20 and featured in the top 50.

And it wasn't only Salazar that re-wrote the 'record' books. After three consecutive wins in the race, Grete Waitz, apparently suffering from shin splints caused in a cross country in early

October, saw both her title and her world best time fall to New Zealand's Allison Roe who ran 2:25:29, 13 seconds better than Grete's 1980 clocking.

It sounds quite an occasion. Mel was there, and his report (no doubt accompanied by a few more predictions) will appear in next week's 'AW'.

B.T.

BRITISH MILERS' CLUB

At the AGM of the BMC, held on October 18th, the following officers were elected: president — Seb Coe; chairman — Frank Horwill; membership sec. — Philip Llewellyn, 44 Cranborne Road, Potters Bar, Herts, EN6 3AH; acting treasurer — Tim Hutchings, Stonelands West Lodge, West Hoathly, Sussex; Southern sec. — Gregory Moon, 9 McDonough Close, Hook Road, Chessington, Surrey; Midlands committee — John Whetton, Dave Sunderland, Christine Readdy & Marion Hepworth; NW sec. — Gerry Barnes, 2 Dean Cottages, Back O' Bowley, Great Harwood, Blackburn; NE sec. — Stan Markley, 53 Topcliffe Road, Stainsby Hill, Thornaby, Cleveland; Eastern Counties sec. — Robert Sexton, 1 Pintail Drive, Mill Park, Bradwell, Norfolk; Welsh sec. — Ann Hill, 8 Turberville Road, Cwmbran, Gwent; Scottish sec's — Brian McCausland, 17 Craigen Bay Crescent, Lanzie, Glasgow, G66 5JW & John Tonner, 28 Kirkwood Avenue, Clydebank, Strathclyde.

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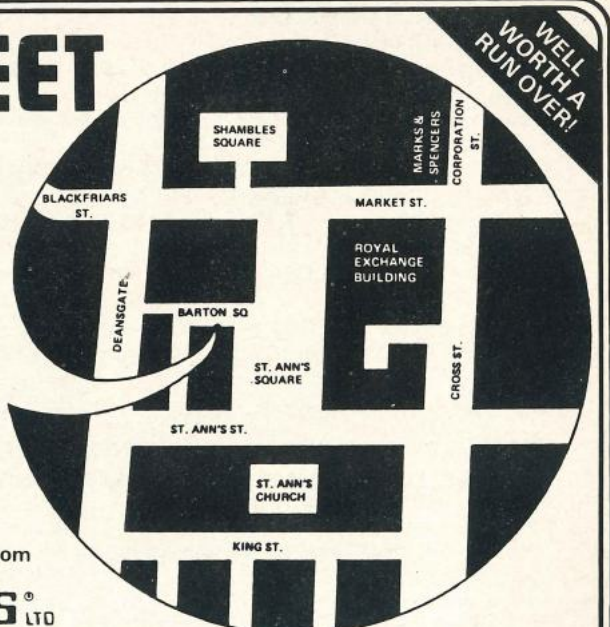
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Southern Women's League**At Stevenage, October 17th****Another Crawley Belle Emerges**

THE SOUTHERN Women's League got off to a miserable start at Stevenage on October 17th as non-stop, penetrating drizzle dampened enthusiasm from the off.

The races themselves were interesting contests, and although three of the four winners were girls well known to country enthusiasts, Crawley AC seems to have done it again with Debbie Peel making a tremendous breakthrough at Senior

level. Admittedly, many of the better known names were missing, but she coped quite comfortably with the challenge from Carol Bradford, who placed 12th at Colchester last February. Carol led, in fact, for most of the race, but Debbie was under instructions to get in front by the time they entered the woods in the last 800m — a stretch in which overtaking was difficult — which she did to good effect.

**SOUTHERN COUNTIES (UK) COACHING COMM.
NORTH OF THAMES**

**COACH EDUCATION
COURSES 1981-82**

GENERAL DIRECTOR — GORDON ADAMS

ASSISTANT CLUB COACH COURSE

READING

Saturday, 27th and Sunday, 28th February, 1982.

Details from: R. Simmons, 113 Grovelands Road, Reading RG3 2PB.

CLUB COACH COURSES

LONDON — Crystal Palace (Combined course with SOUTH OF THAMES)

Saturday/Sunday, 28th/29th November, 1981 — 9.30 am-5.00 pm.

Events: Pole Vault/Hammer/Triple Jump/Discus/Javelin/Combined Events.

Entries with fee: £30 Resident/£12 Non Resident to Ray Hall, 9 Drayton Close, Fetcham, Leatherhead, Surrey KT22 9EZ.

CLOSING DATE 22nd NOVEMBER, 1981

HENDON — Copthall Stadium

Sunday, 6th December (THEORY) and 13th December (PRACTICAL).

Events: Sprints/Middle Distance/Long Jump/Hurdles/Shot/High Jump.

Details from: M. Tollitt, 'Haresfoot', Berkhamstead, Herts. HP4 7SZ.

ESSEX

February, 1982 (Dates to be decided).

Details from: C. Mustoo, 10 Dee Close, Upminster, Essex.

READING

Details from: R. Simmons, 113 Grovelands Road, Reading RG3 2PB.

SENIOR CLUB COACHES EDUCATION COURSE

LONDON — Fawcett College (Uplands Hall), Streatham Hill, SW.

(A joint course with SOUTH OF THAMES).

Saturday/Sunday, 2nd/3rd January, 1982 — 9.30 am-4.00 p.m.

(This two day course will provide the Coaching Theory Unit for all Potential Senior Coaches after which they progress to the event theory held nationally).

Entries with fee: £25 Resident (not including Saturday Dinner), £12 Non Resident (Friday night accommodation can be provided at £8.50 extra), to Ray Hall, 9 Drayton Close, Fetcham, Leatherhead, Surrey KT22 9EZ.

CLOSING DATE 24th DECEMBER, 1981

Linda Stannard was never out of third place, and behind her 34-year-old Joan Allison ran a perfectly timed race to just hold off Senior debutante, Katie Fairbrass, in fifth.

As a Junior last season, Elise Lyon was pretty untouchable, and she will obviously feel a lot better about facing her elders this winter after eventually running the legs off her Intermediate opponents. Julie Rose made the early running with Elise, Tracy Long and Wendy Norman well in touch, but as the race progressed a gap appeared with Elise and Julie battling for the honours. Entering the woods Elise was two metres up with Sonia Vinall now challenging hard for third. Like Debbie, Elise used the track well and pulled herself clear, and in an 'eyeballs-out' finish Sonia also got up to pip Julie.

Helen Appleby ran out a good winner of the Junior race, seeming to be a lot stronger than her rivals on the gradual slopes. Stella Rogers battled hard in second place all the way, but after a similarly gallant attempt for all but the last half mile, Dionne Brill suffered badly and slipped from third to 13th in very short time. It was left to Liz Monks and Lucia Sisley to fight for third, with Liz — at present doing 'hardship', though she'll be eligible to boost Andover by the 'National' — just prevailing.

Helen's winning time was 8:52, and over the

same course Rachel Hughes destroyed the Girls' field in a very sharp 8:56. With Susan Jordan absent, Rachel's task was that much easier, but her margin of victory, 23 seconds, indicates that she will again take a lot of stopping this term. Nicola Dilley and Emma Smith had a race-long dual for second, but second was all that Nicola was ever going to get.

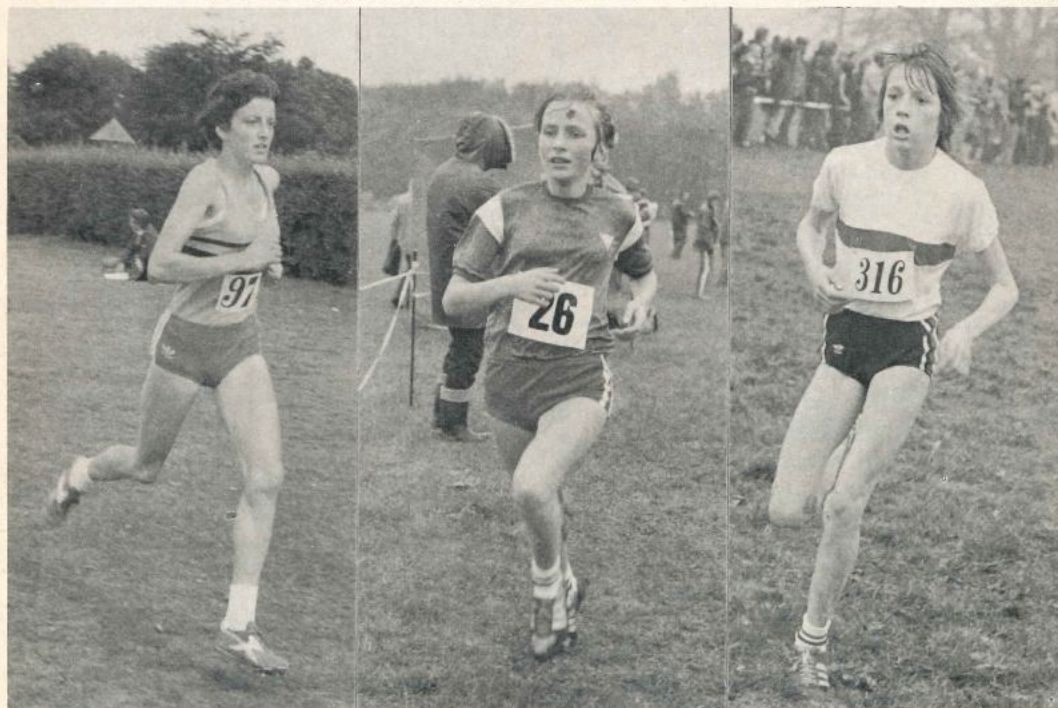
Barry Trowbridge

Seniors

1, D. Peel (Crawley) 16:22
 2, C. Bradford (Clevedon-Gst) 16:29
 3, L. Stannard (Crawley) 16:35
 4, J. Allison (Camb. H) 16:38; 5, K. Fairbrass (Read) 16:39; 6, S. Samy (Brack) 16:44; 7, L. King (B'stoke) 16:54; 8, K. Whapshott (Brack) 16:55; 9, J. Bennett (High) 16:59; 10, L. Adams (Folk) 17:05; 11, T. Purton (Camb. H) 17:06; 12, S. Alt (Ox. C) 17:07; 13, W. Lodge (AF&D) 17:09; 14, K. Lock (Car-Gst) 17:14; 15, A. Tindall (AF&D) 17:18; 16, A. Tamplin (Harl) 17:20; 17, K. Webb (Ilf) 17:28; 18, J. Standerwick (WS&E) 17:36; 19, L. Gibson (Cle-Gst) 17:41; 20, K. Harvey (B'mth) 17:43; 21, C. Mole (Med) 17:44; 22, C. Hughes (Read) 17:49; 23, R. Beachley (B&H) 17:50; 24, J. Heywood (Wyc) 17:53; 25, S. Aldred (Bed) 17:54; 26, T. Neale (Dart) 17:55; 27, B. Tomkins (Wyc) 17:58;

Winners at Stevenage: (from left) Debbie Peel, Helen Appleby and Rachel Hughes.

Peter Williams



28, L. Richardson (LOAC) 18:00; 29, S. Walters (Ox. C) 18:01; 30, K. Bonney (LOAC) 18:04.

Teams:

1, **Cambridge H 119** (Allison, Purton; 32, A. Chattaway; 72, C. Jewett); 2, **Crawley 133** (Peel, Stannard; 56, F. Harris-Ross; 73, S. Parker); 3, **Aldershot F&D 161** (Lodge, Tindall; 58, A. Webster; 75, S. Fitzmaurice); 4, **Oxford City 191** (Alt, Walters; 51, J. Bird; 99, L. Porter); 5, **Highgate 195** (Bennett; 38, J. Williamson; 71, T. Higgins; 77, J. Armstrong); 6, **Bournemouth 195** (Harvey; 45, D. Howarth; 50, C. Horne; 80, L. Davenport); 7, **Dartford 196** (Neale; 36, H. Godden; 42, L. Jemmett; 92, M. Evans); 8, **Barnet 200** (44, B. Nelson; 47, J. Adams; 52, A. Morris; 57, L. Pfeiffer); 9, **Wycombe Ph. 206** (Heywood, Tomkins; 55, L. Swann; 100, M. Southerden); 10, **London Olympiades 209** (Richardson, Bonney; 37, V. Tilbury; 114, S. Rowland; 11, Ilford 227; 12, Reading 227; 13, Basingstoke 275 (King; 49, D. Wildash); 14, Bedford 306; 15, Verlea 325 (33, L. Ealham); 16, Ashford 360 (40, H. Tandy; 41, L. Finucane); 17, Brighton & H 366; 18, Essex Ladies 396 (46, M. Wits); 19, Harlow 400; 20, Medway 414; 21, Norfolk Olym. 426; 22, Southampton & E 444; (43, A. Wyeth); 23, Borough of Enfield 503 (39, R. Harrold); 24, Fleet & C 506; 25, Luton 517; 26, Trowbridge 530; 27, Maidenhead 571; 28, Horsham BS 627; 29, Hillingdon 695. Also: 31, A. Graham (Mel); 34, S. Shields (E&E); 35, M. Braines (Peter); 48, C. Hall (S'end).

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**MONDAY EVENING
TRACK MEETINGS**

AT ALDERSHOT

Details from: Mr Keith Monks, 4 Coxheath Road, Church Crookham, Aldershot, Hants. (S.A.E. please).

Intermediates

1, E. Lyon (Wycombe Ph.) 11:01
2, S. Vinall (Brighton & H) 11:06
3, J. Rose (Ashford) 11:06
4, K. Petford (And) 11:18; 5, W. Norman (AF&D-n/s) 11:24; 6, R. Gamble (E. Grin) 11:31;
7, M. Reilly (B'stoke) 11:32; 8, J. Cooper (Newb) 11:33; 9, J. Hickson (Bed) 11:34; 10, K. Blount (Dart) 11:35; 11, T. Long (F&C) 11:36; 12, A. Wittekind (Dart) 11:40; 13, H. Churn (AF&D) 11:41; 14, H. Conti (Med) 11:48; 15, D. White (S&E) 11:50; 16, T. Sampson (Thet) 11:53; 17, P. Weaver-Smith (Ash) 11:54; 18, A. Brown (B'mth) 11:55; 19, K. Dyett (Dart) 11:57; 20, S. Covington (Med) 11:58; 21, G. Fearnley (AF&D) 12:04; 22, A. Willis (And) 12:07; 23, C. Lillie (AF&D) 12:08; 24, D. Jones (B'stoke) 12:09; 25, S. Hague (Wyc) 12:10; 26, L. Bignell (Norf) 12:11; 27, N. Brown (Ton) 12:12; 28, J. Eldred (Dart) 12:13; 29, J. Holder (AF&D) 12:14; 30, C. Bourke (Ox. C) 12:15.

Teams:

1, **Dartford 69** (Blount, Wittekind, Dyett, Eldred); 2, **Aldershot F&D 86** (Churn, Fearnley, Lillie, Holder); 3, **Medway 129** (Conti, Covington; 45, R. Mattocks; 50, H. Dawton); 4, **Wycombe Ph. 145** (Lyon, Hague; 33, S. Knight; 86, H. Maine); 5, **Andover 165** (Petford, Willis; 39, K. Smith; 100, A. Hill); 6, **Basingstoke 193** (Reilly, Jones; 47, J. Rich; 115, J. Keough); 7, **Borough of Hounslow 206** (32, S. Tierney; 54, G. Tunesi; 55, D. Stazicker; 65, E. Chatfield); 8, **Ashford 219** (Rose, Weaver-Smith; 42, C. Rigby); 9, **Thurrock 230** (31, K. Hughes; 35, R. Newman; 59, A. Cushen; 105, J. Pyle); 10, **Brighton & H 266** (Vinall; 40, H. Bravery; 75, J. Ellis; 149, S. Noakes); 11, Fleet & C 268 (Long; 37, A. Neal); 12, Mitcham 273; 13, Barnet 295 (38, K. Walters); 14, E. Grinstead 303 (Gamble; 49, L. Naylor); 15, Bedford 315; 16, Bracknell 316; 17, Norfolk Olym. 328; 18, Southampton & E 330; 19, Newbury 333; 20, Verlea 351; 21, Highgate 410 (36, L. Webb); 22, Peterborough 412 (41, S. Cox); 23, Southend-on-Sea 428; 24, Surrey AC 433; 25, Portsmouth 446; 26, Ipswich 452; 27, Borough of Enfield 460; 28, Hillingdon 530; 29, Radley 541; 30, Middlesex 598. Also: 34, L. Silva (Mel); 43, J. Arman (Folk); 44, J. Thomas (Car-Gst); 46, A. Pearson (Ilf); 48, S. Anderson (S&C).

Juniors

1, H. Appleby (Andover) 8:52
2, S. Rogers (Basingstoke) 8:57
3, E. Monks (Andover-n/s) 9:03
4, L. Sisley (E. Grin) 9:04; 5, C. Rowe (Wyc) 9:05; 6, M. Lavercombe (Exe) 9:06; 7, V. Wallington (AF&D) 9:08; 8, M. O'Shea (B'stoke) 9:08; 9, M. Brown (Bed) 9:09; 10, H. Prior (Houn) 9:09; 11, N. Way (Ton) 9:12; 12, Y. Hague (Wyc) 9:14; 13, D. Brill (B'stoke) 9:14; 14, A. Hunt (Wyc) 9:15; 15, S. York (S&NH) 9:15;

16, S. Fenn (S'end) 9:16; 17, S. Davis (Mil. K) 9:16; 18, M. Shaw (Barn) 9:17; 19, L. Pigrome (And) 9:18; 20, T. Glead (Houn-n/s) 9:19; 21, K. Oates (AF&D) 9:20; 22, A. Penfold (Thur) 9:21; 23, A. Connachie (Thet) 9:22; 24, L. Griffin (Read) 9:25; 25, S. Maguire (Barn) 9:26; 26, A. Perren (And) 9:27; 27, A. Bradbury (Norf) 9:28; 28, K. Myers (Camb. H) 9:29; 29, J. Dennis (Med) 9:31; 30, H. Street (S&E) 9:31.

Teams:

1, **Andover 108** (Appleby, Pigrome, Perren; 62, H. Wallace); 2, **Basingstoke 109** (Rodgers, O'Shea, Brill; 86, D. Jeffs); 3, **Wycombe Ph. 111** (Rowe, Hague, Hunt; 80, K. Dix); 4, **Aldershot F&D 143** (Wallington, Oates; 42, J. Fitzmaurice; 73, A. Rose); 5, **Barnet 149** (Shaw, Maguire; 45, A. Brown; 61, S. Wright); 6, **Brighton & H 234** (47, T. Oram; 59, J. Hilton; 63, A. Beard; 65, J. Munro); 7, **Reading 236** (Griffin; 56, L. Westlake; 58, A. Shave; 98, J. Eeles); 8, **Bedford 250** (Brown; 37, B. Richmond; 60, C. Gordon; 144, T. Harvey); 9, **Fleet & C 277** (39, D. Henson; 71, J. Smith; 74, E. Makinon; 93, R. Cassidy); 10, **Milton Keynes 312** (Davis; 43, R. Quill; 102, P. Pearce; 150, L. Cronin); 11, **Cambridge H 336**; 12, **Southampton & E 337** (Street; 40, C. Taylor); 13, **Crawley 345**; 14, **Medway 360**; 15, **Stevenage & NH 379** (York; 44, C. Mahoney); 16, **Portsmouth 405** (50, H. Jenner); 17, **Ashford 412** (32, K. Jendrick; 38, P. Coultysh); 18, **Dartford 419**; 19, **Mitcham 426**; 20, **Thurrock 427** (Penfold; 35, A. Hughes); 21, **Borough of Hounslow 431** (Prior; 41, S. Smith); 22, **Hillingdon 434** (31, W. Winter); 23, **Borough of Enfield 491** (34, S. Milton); 24, **Norfolk Olym. 498** (Bradbury; 33, J. Brown); 25, **Thetford 507**; 26, **Epsom & E 524**; 27, **Southend-on-Sea 531** (Fenn; 46, C. Williams); 28, **Bracknell 540**; 29, **Peterborough 544** (49, J. Bradley); 30, **Essex Ladies 563**; 31, **Oxford City 583**; 32, **Verlea 613**; 33, **Bromley 620**; 34, **Radley 638** (36, S. Gaymer); 35, **Luton 650**; 36, **Bournemouth 660**; 37, **Ilford 664** (48, C. Cable); 38, **Havant 668**; 39, **Haywards Heath 712**; 40, **Windsor S&E 724**; 41, **Newbury 804**; 42, **Middlesex 864**; 43, **Surrey AC 997**.

Girls

1, R. Hughes (Fleet & C) 8:56
2, N. Dilley (Bedford) 9:19
3, E. Smith (Havant) 9:22
4, T. Vincent (WS&E) 9:25; 5, C. Johnson (Bed) 9:27; 6, C. Garrod (S&NH) 9:36; 7, P. Higgs (S&NH) 9:38; 8, D. Odell (Dart) 9:38; 9, C. Buck (AF&D) 9:43; 10, J. Eady (Bed) 9:44; 11, L. Lewin (Craw) 9:45; 12, J. McLintock (Havant) 9:46; 13, K. Newman (S&NH) 9:46; 14, V. Holmes (S&E) 9:47; 15, F. Wiseman (Med) 9:47; 16, S. Grayson (S&NH) 9:48; 17, T. Bryant (Mit) 9:51; 18, G. Masterson (Thur) 9:52; 19, J. Healey (AF&D) 9:53; 20, J. Talbot (Thur) 9:56; 21, L. Deakin (Havant) 9:57; 22, L. Glossop (Craw)

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OPEN MEETING

(Under A.A.A. Laws)

at

**NEW RIVER SPORTS CENTRE,
WHITE HART LANE, WOOD GREEN, N.22**
(nearest underground station — Wood Green)

on

**WEDNESDAY,
11th NOVEMBER, 1981**

FIELD EVENTS

- 6.30 p.m.** POLE VAULT — Boys, Youths, Juniors, Seniors.
7.00 p.m. HIGH JUMP — Youths, Juniors, Seniors.
7.00 p.m. JAVELIN — Youths, Juniors, Seniors.
7.00 p.m. LONG JUMP — Youths, Juniors, Seniors.

TRACK EVENTS

- 6.30 p.m.** 110m Hurdles — Seniors, Juniors.
6.40 p.m. 200m — Youths, Juniors, Seniors.
7.00 p.m. 800m — Colts, Boys, Youths, Juniors, Seniors.
7.30 p.m. 400m — Youths, Juniors, Seniors.
8.00 p.m. 3000m — Juniors, Seniors.

ENTRY FEES: Open Events — 50p each event (all age groups).

Entries to: — Hon Sec. Southern Counties, A.A.A., Francis House, Francis Street, (Victoria), London SW1P 1DL.

NAME:

ADDRESS:

.....

.....

Event:

Age Group:

Club:

Best Performance:

I enclose entry fee of:

Date of birth must be quoted

ENTRIES CLOSE FRIDAY, 6th NOVEMBER, 1981

9:59; 23, J. Buckley (Thet) 9:59; 24, J. Gardener (Craw) 10:00; 25, S. Desborough (Bed) 10:00; 26, E. Murray (Mit) 10:02; 27, A. Hewitt (Read) 10:03; 28, M. Hare (Bed) 10:04; 29, L. Parry (WS&E) 10:05; 30, N. Day (Ports) 10:07.

Teams:

1, Stevenage & NH 42; 2, Bedford 42; 3, Havant 93; 4, Fleet & C 109; 5, Aldershot F&D 121; 6, Mitcham 136; 7, Reading 161; 8, Crawley 176; 9, Thurrock 218; 10, Windsor S&E 221; 11, Brighton & H 230; 12, Portsmouth 250; 13, Southampton & E 254; 14, Medway 258; 15, Barnet 295; 16, Dartford 310; 17, Hillingdon 316; 18, Basingstoke 332; 19, Epsom & E 351; 20, Andover 507; 21, Verlea 527; 22, Essex Ladies 538; 23, Peterborough 554; 24, Luton 612; 25, Borough of Enfield 638; 26, Southend-on-Sea 682; 27, Cambridge H 1022.

INTERNATIONAL COACHES' CONVENTION

The three main speakers at the Convention in Edinburgh next weekend will be Professor Miroslav Vanek, the Czech President of the International Federation of Sports Psychologists, Penny Bales (formerly Werthner, Commonwealth 1500m bronze medallist from Edmonton) who is a researcher in sports psychology, and Erwin Hahn, a principal lecturer on sports psychology at the Cologne Sports Institute.

HORSENDEN RELAY

At Ealing, October 3rd

1, Borough Road Col. (N. Reeves 12:20, D. Slipper 12:35, K. Capper 12:18, S. Harris 11:53, P. Philips 12:54, D. Minter 12:32) 1:14:32;

2, Reading (D. Ramsay 12:27, R. Tyler 12:12, D. Cowie 12:43, P. Lanfear 11:58, S. Woods 12:30, R. Stevens 12:52) 1:14:42;

3, Hillingdon (P. Raven 13:14, M. Philpott 12:26, J. Mouat 12:07, L. Benjamin 12:30, R. Lettin 13:07, G. Galvin 12:50) 1:16:14;

4, Old Gaytonians (M. Green 12:13, M. Lepps 12:10, R. Heath 12:44, D. Orme 12:54, C. Finill 12:53, R. Kraushaar 13:44) 1:16:38;

5, Windsor S&E 1:16:44; 6, Shaftesbury 1:16:47; 7, Ranelagh 1:16:52; 8, Borough of Hounslow 1:18:11; 9, Bracknell 1:18:19; 10, Medway 1:18:38; 11, Haringey 1:19:43; 12, Borough Green Col. 'B' 1:19:58; 13, Ealing & S 1:20:01; 14, Watford 1:20:07; 15, Windsor S&E 'B' 1:20:11; 16, Thames Valley 1:20:21; 17, Barnet 1:20:23; 18, Victoria Park 1:20:40; 19, Highgate 1:21:55; 20, Polytechnic 1:22:28.

Fastest: Harris 11:53; Lanfear 11:58; Mouat 12:07; Lepps & M. Duff (WS&E) 12:10; Tyler 12:12; Green 12:13; G. Staunton (Lon. I) 12:16; Capper 12:18; Reeves 12:20.

MIDLAND WOMEN'S CC LEAGUE

At Stourport, October 17th

1, A. Turland (Bromsgrove & R)..... 20:16
2, C. Mijovic (Birmingham Univ.) 20:21
3, R. Duddle (Charnwood) 20:32
4, B. Smith (B&R) 20:47; 5, G. Dainty (Bir)
21:00; 6, M. Boddy (Leic) 21:01; 7, K. Butters
(Leic) 21:07; 8, J. Burtonwood (Leic) 21:21; 9, S.
Kerambrum 21:43; 10, K. Quinn (Birm. U) 22:01;
11, C. Clarke (Cov) 22:04; 12, S. Simpson
(Glouc) 22:13; 13, A. Gilling (Warl) 22:15; 14, H.
Easter (North) 22:23; 15, W. Binfield (Notts)
22:24; 16, D. Fellow (Cann) 22:30; 17, G. Baltons
(Charn) 22:31; 18, W. Read (Warl) 22:34; 19, A.
Disley (B&R) 22:38; 20, A. Soar (Notts) 22:41;
21, A. Edwards (Notts) 22:46; 22, G. Perry
(W&B) 22:52; 23, H. Allan (Charn) 23:11; 24, P.
Slyde (W&B) 23:15; 25, H. Hopkins (Cov) 23:29;
26, E. Levitt (Hales) 23:33; 27, P. Cooke (Warl)
23:36; 28, J. Cooke (Cov) 23:37; 29, P. Wylde
(Warl) 23:54; 30, R. Brownlee (B&R) 24:00.
Teams: 1, Leicester 21; 2, Bromsgrove & R 24; 3,
Charnwood 43; 4, Birmingham Univ. 48; 5,
Notts 56; 6, Warley 58.

Intermediates

1, S. Batsone (Coventry)..... 12:00
2, E. Jones (Coventry) 12:09
3, J. Presley (Bristol) 12:11
4, S. Hale (West) 12:18; 5, N. Fletcher (Tip)
12:41; 6, R. Green (Bris) 12:43; 7, T. Hooper
(Tip) 12:50; 8, T. Martin (Tam) 12:51; 9, T.
Johnson (B&R) 12:55; 10, S. Cooke (Ald. C)
12:59; 11, K. Bishop (Chelt) 13:00; 12, H. Gould
(Bris) 13:04; 13, G. Brown (Leic) 13:05; 14, J.
Andrews (Cov) 13:09; 15, S. Teague (Glouc)
13:11; 16, J. Rollins (B&R) 13:12; 17, S. Lovett
(Tip) 13:13; 18, D. Casey (S&SH) 13:14; 19, D.
Buckley (Notts) 13:15; 20, S. Maybury (Tip)
13:16; 21, S. Murray (Droit) 13:19; 22, L.
Wainwright (Bir) 13:19; 23, S. Kendall (Tam)
13:20; 24, A. Wood (Glouc) 13:21; 25, S. Cole
(Cov) 13:24; 26, H. Answer (Notts) 13:26; 27, L.
Bate (B&R) 13:27; 28, J. Davis (S&SH) 13:28; 29,
J. Pearson (S&SH) 13:29; 30, S. Rylatt (Notts)
13:30. **Teams:** 1, Coventry 17; 2, Bristol 21; 3,
Tipton 29; 4, Bromsgrove & R 52; 5, Solihull &
SH 6, Notts 75.

The new secretary of Corby AC is P. Oram, 12
Harrington Road, Gretton, Northants (Tel:
Rockingham 770535).

Juniors

1, J. Beasley (Berry Hill & M)..... 10:14
2, S. Davis (Bromsgrove & R) 10:20
3, J. Shepherd (Leicester) 10:27
4, N. Curtis (Kett) 10:29; 5, D. Deasy (Cov)
10:38; 6, S. Hall (Leic) 10:41; 7, K. Growcock
(S&SH) 10:42; 8, K. Booker (Notts) 10:43; 9, A.
Garry (B&R) 10:44; 10, K. McQueen (Notts)
10:52; 11, L. Growcock (S&SH) 10:56; 12, J.
Parsons (Bir) 10:58; 13, J. Wormington (B&R)
10:59; 14, C. Mercer (Ald. C) 11:02; 15, J.
Wright (Leic) 11:04; 16, J. Rae (Leic) 11:05; 17,
J. Hall (Card. W) 11:06; 18, J. Hurley (S&SH)
11:07; 19, J. Jones (D&S) 11:08; 20, M. Betts
(B&R) 11:10; 21, A. Farrell (Card. W) 11:13; 22,
J. Davies (Glouc-n/s) 11:14; 23, C. Foster (Notts)
11:16; 24, J. Duckett (Cov) 11:17; 25, M. Harris
(Leic) 11:19; 26, D. Challenor (Tip) 11:20; 27, C.
Anthony (Notts) 11:22; 28, J. Woodward (Tip)
11:23; 29, D. McKenzie (Notts) 11:24; 30, R.
Connors (Card. W) 11:25. **Teams:** 1, Leicester
40; 2, Bromsgrove & R 44; 3, Notts 68; 4, Solihull
& SH 73; 5, Birchfield 150; 6, Cannock Chase
164.

Girls

1, P. Harvey (Bromsgrove & R) 10:51
2, L. York (Leicester) 10:58
3, F. Trueman (Notts) 11:04
4, V. Quinn (S&SH) 11:10; 5, J. Smith (Notts)
11:12; 6, S. Bate (B&R) 11:14; 7, L. Austin
(Cann) 11:15; 8, A. Barber (Tel) 11:18; 9, S.
Jakeman (S&SH) 11:19; 10, L. Robinson (Cov)
11:24; 11, L. Siviter (S&SH) 11:25; 12, C.
Simmonds (Bir) 11:29; 13, I. Costello (Tel) 11:32;
14, M. Williams (Notts) 11:33; 15, S. Bishop
(S&SH) 11:34; 16, J. Steele (S&SH) 11:36; 17, A.
Allen (Leic) 11:38; 18, L. Cox (Stour) 11:39; 19,
D. Cooper (Bir) 11:41; 20, R. Latham (B&R)
11:42; 21, S. Hockin (Leic) 11:43; 22, H. Bailey
(Cov) 11:48; 23, L. Platt (Bir) 11:49; 24, A.
Trevis (Bir) 11:50; 25, N. Griffiths (Droit) 11:51;
26, P. Mannion (S&SH) 11:52; 27, J. Peters
(D&S) 11:53; 28, J. Foster (Notts) 11:53; 29, T.
Swift (S&SH) 11:56; 30, A. Stanton (Warl) 11:57.
Teams: 1, Solihull & SH 39; 2, Notts 50; 3,
Leicester 71; 4, Bromsgrove & R 76; 5, Birchfield
78; 6, Telford 89.

In the October 17th issue of 'AW', Deborah
Marti was credited with 12.2 for 100m (pg. 45).
She actually recorded the clocking for 80m
hurdles.

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PART I: Nearly to the Top

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ROAD RACING

BANBURY ROAD RACES

September 20th

1, M. McCarthy (Ox. C) 24:09; 2, N. Thomas (Glouc) 24:43; 3, D. Prince (Glouc) 24:58; 4, F. Gillies (Banb) 25:04; 5, D. Wheeler (Ox. C) 25:09; 6, D. Parsons (Ox. C) 25:13; 7, C. Rutland (Banb) 25:25; 8, D. Eglen (AF&D) 26:03; 9, C. Morris (Strat) 26:03; 10, D. March (Mil. K) 26:14; 11, T. Laybourne (Mil. K-V) 26:15; 12, N. Moores (Banb) 26:20. **Teams:** 1, Oxford City 33; 2, Banbury 37. **(Vets):** 1, Laybourne; 2, C. Harvey 26:58; 3, G. Sullivan (Banb) 28:45. **(Women):** 1, S. Bradley (High) 30:56; 2, S. Walters (Ox. C) 31:00; 3, L. Fletcher 31:22; 4, C. Bassett (Norf) 33:43; 5, L. Porter (Ox. C) 34:49; 6, S. Calloway (Ox. C) 35:27. **(Youths):** 1, D. Ramsday (Cov) 16:39; 2, M. Smith (Cov) 16:46; 3, B. Patterson (Ox. C) 16:55. **Team:** Camberley. **(Boys):** 1, R. Old (Leam) 17:06; 2, M. Everett (Mil. K) 17:20; 3, M. Chatfield (Banb) 17:29. **Team:** Banbury. **(Colts):** 1, N. Watkins (C'ley) 8:49. **Team:** Stamford. **(Inters):** 1, C. Bourke (Ox. C) 20:09; 2, D. Johnson (Banb) 21:07; 3, S. Berrill (Ox. C) 21:31. **Team:** 1, Oxford City. **(Juniors):** 1, T. Andrews (Banb) 9:30; 2, M. Hawtin (Ox. C) 9:50; 3, L. Sawyer (Ox. C) 9:59. **Team:** Oxford City. **(Girls):** S. Ives (Banb) 10:06. **Team:** Banbury.

LEICESTER CHARITIES' MARATHON

September 20th

1, A. Kearns (Kett) 2:30:52; 2, S. Needs (B'mth) 2:31:33; 3, R. Edwards (Leic) 2:33:56; 4, P. Leach (Leic) 2:34:49; 5, J. Offord (Leic) 2:35:56; 6, R. Oliver (Leic) 2:36:37; 7, D. Lem (Leic) 2:37:24; 8, D. Goodwin (Thet) 2:41:16; 9, C. Howles (Cumb) 2:42:39; 10, M. Titcomb 2:46:28; 11, C. Smith (Leic) 2:47:15; 12, H. Pymm (Leic. P) 2:47:18; 13, J. Alcock (Leic) 2:47:37; 14, R. Hodges 2:49:09; 15, M. Carter (GEC) 2:49:21; 16, S. Boulter 2:49:50; 17, R. Hazard (Fis-V) 2:51:20; 18, P. Sander (Leic. U) 2:51:39; 19, W. Jordan (Bigg) 2:53:17; 20, A. Brown 2:54:04; 21, P. Morrison 2:54:31; 22, A. Irwin 2:54:41; 23, M. Ricketts (Charn) 2:55:40; 24, D. Wheeler 2:56:16; 25, A. Onions 2:56:36. **(Vets):** 1, Hazard; 2, R. Mawer 2:58:32; 3, R. Williams 2:59:38. **(O/45):** 1, P. Holland (Ips) 3:04:56; 2, D. McMuldach (North) 3:08:29; 3, M. Ward 3:08:57. **(O/50):** K. Fotherby (Lon. RRC) 3:17:25. **(Women):** 1, P. Tarry 3:15:06; 2, M. Boddy (Leic) 3:17:52; 3, C. Hargrave 3:19:19.

WIMBLEDON '10'

October 3rd

1, D. Beaver (Poly) 49:27; 2, C. Ross (High) 50:11; 3, P. Banks (Cov) 51:01; 4, M. Pickard

(E&E) 51:29; 5, M. Kortenray (HW) 52:36; 6, S. Warzee (G&G) 53:01; 7, R. Stephens (RNS) 53:04; 8, D. Beard (HW) 53:06; 9, S. Crawte (AF&D) 53:09; 10, N. Leech (Camb. U) 53:20; 11, J. Doyle (Bol) 53:30; 12, M. Botterill (Leam) 53:37; 13, K. Ward (Lough) 53:41; 14, A. Figine (High) 53:44; 15, P. Crowhurst (B&H) 53:53; 16, C. Morris (Leam) 53:57; 17, P. Sullivan (Houn) 53:59; 18, G. Gough (Ports) 54:09; 19, D. Anderson (Sy) 54:13; 20, R. Little (Shaft) 54:15; 21, D. Williams (HW) 54:19; 22, P. Lewis (S&E) 54:20; 23, T. Ryan (N. Lon) 54:20; 24, C. Donovan (Leam) 54:25; 25, J. Walsh (Kent) 54:29. **Teams:** 1, Hercules Wimbledon 34; 2, Leamington 52; 3, Loughton 94; 4, Epsom & E 107; 5, Highgate 107. **(Women):** 1, R. Taylor (HW) 68:52; 2, S. Malt 71:38.

SUNDERLAND ROAD RACES

October 3rd

1, A. Robinson (Blay) 31:00; 2, C. Bark (Sun) 31:13; 3, S. Markley (M&C) 31:41; 4, G. Potts (M&C) 31:55; 5, I. Brown (Mor) 31:56; 6, G. Forster (Sun) 31:58; 7, C. Hallimond (Sun) 32:01; 8, R. Donkin (Sun) 32:02; 9, T. Thompson (Sun) 32:04; 10, P. Whittle (Els) 32:10; 11, J. Colquhoun (Blay) 32:34; 12, H. Matthews (Els) 32:37; 13, S. Bushell (Salt) 32:43; 14, D. Hill (Sun) 32:57; 15, A. Clifton (Gate) 32:59. **Teams:** 1, Sunderland 23; 2, Blaydon 65; 3, Elswick 73. **(Youths):** 1, P. Tanner (Blay) 20:57; 2, S. Bird (Sun) 21:40; 3, J. Surtees (Gos) 21:44; 4, B. Wallace (Els) 22:19; 5, K. Tolchard (Blay) 22:35; 6, D. Nelson (Darl) 22:41; 7, T. Field (Hough) 22:44; 8, K. Cooper (Blay) 22:49. **Teams:** 1, Blaydon 16; 2, Sunderland 22; 3, Houghton 36. **(Boys):** 1, J. Yeats (M&C) 10:46; 2, M. Peavor (M&C) 10:56; 3, B. Bewick (Sun) 11:00; 4, D. Allen (M&C) 11:02; 5, A. James (Mor) 11:05; 6, A. McAuliffe (M&C) 11:05. **Teams:** 1, Middlesbrough & C 7; 2, Middlesbrough & C 'B' 28; 3, Sunderland 31. **(Colts):** 1, L. Coulson (Darl) 11:39; 2, G. Bird (Sun) 11:39; 3, P. Smiles (M&C) 12:01. **Teams:** 1, Sunderland 19; 2, Darlington 25. **(U/11):** G. Bowes (Burn R) 5:42.

WIRRAL CHARITIES' MARATHON

October 4th

1, D. Watson (Wirr-V) 2:30:57; 2, F. McCormick 2:35:06; 3, P. Kilgallon (Wirr) 2:38:01; 4, J. Cooper (Wirr) 2:38:36; 5, T. Reilly (Liv) 2:38:55; 6, E. Isaacs (Wirr-V) 2:39:39; 7, D. Fish 2:44:17; 8, M. Morrell (Wirr-V O/45) 2:44:24; 9, G. McGregor 2:44:26; 10, R. Fellows (Wirr-O/45) 2:44:39; 11, F. Eccleston 2:44:52; 12, W. Sutherland 2:46:03; 13, J. Pollard 2:46:58; 14, B. Lyonnelle (Liv) 2:47:06; 15, D. Biddle 2:47:20; 16, W. Bowers 2:47:51; 17, M. McDevitt 2:51:22; 18, W. Rolfe 2:54:21; 19, R. Phillips (Wirr-V) 2:54:54; 20, P. Walsh 2:56:17. **(O/50):** M. Bancroft (Wirr) 3:07:07. **(Women):** S. Hales (Wirr) 2:57:15.

GATESHEAD INTERNATIONAL CROSS COUNTRY RACES

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(Under E.C.C.U. & W.C.C. Rules)

RIVERSIDE BOWL, GATESHEAD
SATURDAY, 21st NOVEMBER, 1981

1981 PROGRAMME

1.	11.45 a.m.	GIRLS	Approx. 1 ½ miles
2.	12.00	COLTS	1 ½ miles
3.	12.15 p.m.	JUNIOR LADIES	1 ½ miles
4.	12.35 p.m.	BOYS	2 ¼ miles
5.	12.50 p.m.	VETS	3 miles
6.	1.15 p.m.	SENIOR & INTER WOMEN	2 ¼ miles
7.	1.35 p.m.	SENIOR MEN OPEN RACE	4 ½ miles
8.	2.10 p.m.	MIDDLE DISTANCE RACE (For 800m & 1500m specialists)	2 ¼ miles
9.	2.20 p.m.	YOUTHS	3 miles
10.	2.50 p.m.	INTERNATIONAL INVITATION TEAM RACE	4 ½ miles

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ENTRIES: 35p per person. Please specify D of B of every entrant, which race, and club. If pre-race details are required then a S.A.E. should be enclosed with entry.

CLOSING DATE 1st POST MONDAY 9th NOVEMBER, 1981

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Terry Lonergan

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Readers' Letters

WHY AREN'T THERE ENGLISH RECORDS?

Dear Sir,

I would like to raise a small matter which I doubt is even thought of by many people — the fact that there are no English athletics records. In contrast, Wales, Scotland and N. Ireland have their own national records. The AAA National records (which are open to Welsh as well as English athletes) are no substitute for proper English records. I feel that those athletes who record English best performances abroad, but do not break the UK records, should be given more recognition than just a creditable place on UK all-time lists, which are unofficial anyway.

English athletes are almost always termed British and the fact that they are English first is not usually recognised. English athletes have a right to their own national records and to have some parity with the other home countries. It only seems right that English athletes get a fair deal.

For example, Ainsley Bennett did not get any official recognition from the AAA for his sprint times at the World Student Games in 1979. He is the fastest English sprinter ever and his times would have been English records if there were such things. I hope this letter will enlighten people to the situation as it now stands.

Howard Tuffrey,
 Portishead, Bristol.

English 'records', where they differ from UK records, are: — 100: 10.21 Ainsley Bennett 1979; 200: 20.42 Bennett 1979; 400: 45.49 Glen Cohen 1978; 110H: 13.71 Mark Holtom 1980; LJ: 8.08 Roy Mitchell 1980; HT: 73.86 Barry Williams 1976; women's SP: 17.53 Angela Littlewood 1980; DT: 55.42 Lesley Bryant 1980 — Ed.

NO RUGBY MARATHON IN 1982

Dear Sir,

There has been much correspondence in your columns recently relating to the 'boom' in marathon running in this country. In Rugby we have been organising marathons since 1945, and have organised the Midland Championship consistently for the last 15 years. This year's race held on September 6th was in complete contrast to the 'boom' experienced by other promoters this year, and our entry was in fact down on last year's total. The fact that the Pony Marathon was two weeks previous to our date and the Brum Run two weeks after our date must have had a lot to do with this.

In addition the so called adverse publicity associated with Carthorse Hill on the course may have contributed to the athletes advising us with their feet that Rugby is not the course they wish to run on these days. As organisers we are

naturally very disappointed, as we pride ourselves on our excellent organisation both on and off the course, but tradition is not sufficient reason for continuing with our promotion next year. The course has held two AAA Marathon Championships on it in the last four years, where excellent times have been recorded, as well as briefly being the course on which the UK women's record was created in 1978, so my view is that fears of slow times by quality athletes are unfounded.

We do not however plan to fight the tide of opinion that appears to be against us. Therefore we have no plans to stage a marathon race in Rugby in 1982, but propose instead to replace it with a shorter road race of distance still to be determined. Details will be advertised as soon as possible.

May I through your columns express my club's sincere thanks to the Midland Counties AAA, the Midland Veterans AC, and all marathoners who have loyally supported us in the past, with an assurance that when the 'boom' has gone we will be back providing a service to all club athletes who like a challenging marathon course.

Roy Humphries,

Race Secretary & Chairman,
Rugby & District AC.

SOUTHERN LEAGUE VENUES

Dear Sir,

What system is used to decide venues for the Southern League that demands Exeter having to visit Harlow, second most distant club from their own? Southend and Thurrock have to visit Exeter, they being two of the four most distant from that venue. Medway are expected to visit Exeter, Ipswich and Portsmouth, while Reading not only have all their fixtures on all-weather tracks but three of them at home. Hasn't anyone heard of extremes meeting in the middle? With the Reading track being used on four of the six dates, is it too much to expect that these be used to bring together the more distant clubs? Apparently so, when West Cornwall visited only Newham from the east attended. When Exeter were there no club from the east visited. When Harlow attended the western clubs did not.

Why compound the problem by giving clubs on the fringe two home meetings, i.e. Harlow, Fareham and RNAC(S), when it is obviously easier to reduce travelling for the majority by having the extra venues in a more central position.

How much longer can clubs go on paying £300 a time for coaches? Is it any wonder that clubs are arriving with nine or ten athletes when they are expected to leave home at six or seven in the morning to return after midnight. All too often promotion is decided not by who has the better athletes, but by who has the most advantageous draw. A strong team's chances can be ruined by

such a journey, while weaker clubs suffer relegation in consequence.

Why not divide the South into Div. 1, 2 and 3 West and East? That way clubs would avoid unnecessary expense, more athletes would attend and performances should improve. After all, who is at their best after a six or seven hour journey?

While on the subject of organisation, isn't it time the present farcical experiment with the September Shield was ended? Who wants a meeting lasting all day? What chance do the western clubs stand with such an early start? After all the present arrangement is only a lottery. You may be the seventh best in the South and only get one point because you happen to meet the other six in your heat. Yet you can be the also-ran and get seven points if your opponents fail to contest your heat. Let's get back to the old system. At least that way there was less travelling and meetings were decided on direct competition between clubs, not on chance as at present.

R. A. Sales,

South Ockendon, Essex

NEW ROAD RELAY

Dear Sir,

I wonder if the Buckinghamshire AAA could use your columns to explain to the road racing community the reasons behind the demise of the Newlands Park road relay?

Newlands Park College used to be a PE



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College, in which the students largely organised and promoted the relay. It has now become part of the South Bucks College of Further Education, concentrating on management studies. In spite of strenuous attempts of the Bucks AAA, the College felt unable to organise the 1981 event.

Therefore, Milton Keynes AC, in association with the Bucks AAA, will promote a road relay in 1982 on February 6th, the traditional Newland Park date. The format will be the same a 6 x 2 1/2 miles road relay event. A preliminary advert has appeared in 'AW' and a more detailed one will appear in December.

We, in Buckinghamshire, sincerely hope that road runners will be able to support this new venture as they did so admirably at Newlands Park.

M. Shrive,

Bucks AAA Hon. Champs. Sec.

STOKE MANDEVILLE GAMES

Dear Sir,

Several years ago, the AAA Administrator John Martell placed an appeal in 'AW' for athletics officials to offer to help at the International Stoke Mandeville Games, to which he received a favourable response. Unfortunately the organiser at Stoke Mandeville did not bother to follow up this appeal properly when the details of the officials were passed on to him. Consequently the meeting has continued to run with insufficient officials. It culminated this

year in my being the only qualified official present for a week's programme of athletics involving some 800 athletes. Needless to say this presented problems as I had to instruct new volunteers in all areas of officiating every day.

The Games in 1982 are to be held from July 25th to 31st and following the resignation of the previous organiser I have been asked by the track and field sub-committee of the ISMG to invite officials for this meeting.

I would be grateful if officials, of any grade, who think they may be able to help at any time in that week would contact me in the near future so that they can be personally invited. Accommodation can be provided for officials who do not live locally but at this stage no money is available to offer travelling expenses.

I know that over the years a lot of the goodwill of officials has been lost because they have been treated with extreme discourtesy by the meeting organiser but hope that they will volunteer once more and assist me in making this meeting a success, which is what the top class athletes who compete there deserve.

Several other major meetings will also be held at Stoke Mandeville in 1982 (volunteers also required), as follows:— July 3rd — Junior National Multidisabled Games (12-16 years); September 11th — Senior National Multidisabled Games; June 7th-12th — National Paraplegic Games; July 25th-31st — International Paraplegic Games. Invitations will be sent out during January/February 1982.

Moirá Gallagher,

26 Barfield Crescent, High Ash, Leeds,
LS17 8RU.

(AAA/WAAA Track Referee,
Chairman, Yorkshire Association of the
British Sports Association for the Disabled).

BLenheim ROAD RACES

Dear Sir,

I would like to thank the organisers and officials of the Blenheim Road Races held on September 5th for the excellent organisation in the circumstances.

The chief organiser was sadly involved in a car accident while travelling to the event. Fortunately he was not seriously injured and managed to get there and see the senior race get under way. We all look forward to running this event again next year.

Leigh Sola,

(on behalf of Bromsgrove & Redditch AC).

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(Under A.A.A. Laws)

**SATURDAY,
12th DECEMBER, 1981**

Organised by
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Colts Race (U/13 on 1.9.81) 1,800m 12.15 pm
Boys Race (U/15 on 1.9.81) 3,400m 12.45 pm

MEDALS TO FIRST 6 IN EACH RACE

Entry Fee: 30p. All Cheques/P.O.'s payable to International Athletes Club (please enclose SAE). A separate entry is required for each race.

Entries to: Mrs S. Herring, 6 Overhill Way, Beckenham, Kent BR3 2SW. No late entries will be accepted.

CLOSING DATE 1st DECEMBER, 1981

We apologise to customers who have ordered copies of the 1982 Runners Calendar or Mel Watman's Encyclopaedia of Athletics, and have not yet received them. There has been a delay in delivery from the publishers, but they will be despatched as soon as they reach us.

INTER-AREA U/20 MATCH**At Enfield, September 20th****South 223; Midlands 183; Welsh AAA 125; North 106.**

100: 1, G. Wilson (S) 10.9; 2, T. Henry (M) 11.0. **200:** 1, R. Hunter (M) 22.0; 2, Henry (M) 22.2. **800:** 1, J. Gladwin (S) 1:53.6; 2, P. Larkins (S) 1:53.7. **1500:** 1, J. Keyworth (N) 3:51.6; 2, G. Staines (S) 3:51.9; 3, I. Mills (M) 3:53.3; 4, D. Constable (M) 3:54.3; 5, P. Chester (S) 3:54.6. **3000:** 1, C. Mochrie (M) 8:24.5; 2, G. Butcher (S) 8:25.4; 3, N. Rimmer (N) 8:29.5. **2000SC:** 1, K. Baker (M) 5:51.4; 2, M. Roberts (N) 5:58.9; 3, M. Smith (M) 6:00.3; 4, S. Goodwin (S) 6:02.1; 5, M. Parker (S) 6:02.8. **110H:** 1, H. Teape (S) 14.2; 2, G. Myles (M) 14.5; 3, N. Walker (W) 14.6; 4, D. Wilkinson (S) 14.6; 5, M. Johnson (N) 14.6; 6, I. Welch (N) 15.3; 7, A. Tapp (W) 15.5. **400H:** 1, M. Robertson (S) 54.1; 2, Welch 55.5; 3, J. Gillespie (M) 55.8; 4, M. Evans (S) 56.1. **HJ:** 1, D. Watson (M) 2.05; 2, P. McDonnell (N) 2.05; 3, G. Parsons (S) 2.05; 4, A. Kruger (N) 2.00. **PV:** 1, W. Davey (S) 4.81; 2, A. Ashurst (N) 4.05. **LJ:** 1, D. Burgess (S) 7.24; 2, G. Pullen (S) 7.20; 3, T. Pilling (N) 6.96. **TJ:** 1, V. Samuels (M) 15.07; 2, M. Brown (S) 15.05; 3, Burgess 14.06; 4, P. Morris (M) 13.99. **SP:** 1, P. Weir (M) 15.51; 2, M. Hewer (W) 15.22. **DT:** 1, A. Ward (S) 47.86; 2, Weir 46.72; 3, C. D'Arcy (S) 44.36; 4, J. Collins (W) 43.20; 5, B. Collins (W) 41.56; 6, D. Smith (N) 41.22; 7, K. Homer (M) 40.26. **HT:** 1, Smith 61.74; 2, M. Jones (S) 60.86; 3, S. Rogerson (N) 60.64; 4, Weir (M) 52.70; 5, M. Hajipanayi (S) 49.40; 6, J. Tucker (W) 48.86; 7, L. Phillips (W) 48.36. **JT:** 1, C. MacKenzie (S) 76.36; 2, G. Pommell (M) 60.40; 3, M. Hill (N) 58.06. **3000W:** 1, R. Bestley (S) 13:08.3; 2, A. Trigg (M) 13:37.1; 3, N. Kavanagh (W-B) 14:03.5; 4, C. Goodfellow (S) 14:06.0. **4x100:** 1, SCAAA 42.7; 2, MCAAA 43.3; 3, Welsh AAA 43.5. **4x400:** 1, SCAAA 3:21.2; 2, MCAAA 3:21.7. **(Boys):** 1500: J. Clarke (High) 4:17.6.

The new secretary of Gateshead H & AC women's section is Mrs. V. Robson, 20 Hillydyke, Eighton Banks, Gateshead, Tyne & Wear, NE9 7HQ (Tel: 0632 823424).

DAVID LITTLE

David Little was tragically killed along with his wife in a car crash on July 31st. As a member of Saltwell Harriers he was a prominent runner in the North East through all age groups, from winning the North Eastern Cross Country Championships as a Boy to representing Northumberland and Durham as a Junior and Senior. David retired from serious athletics in 1970.

M. Armitage

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RUNNING REVIEW

The Running Wild Newsletter has been renamed "RUNNING REVIEW". Issue No. 5 is the best yet but still only 25p or £1.50 for six issues. Includes articles by Ron Hill, Phil Thomas, Chris O'Carroll and Steve Hughes.

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455	5½	£25.15
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Interview with Cliff Wiley

— by Jon Hendershott

KANSAS COACH Bob Timmons still maintains, "I felt for a long time that Clifford ran the wrong event. He has beautiful arm drive and high knee lift. And all his indoor running on small tracks has made him a special runner on curves. You can just see him carry the curves out and not be hindered by them at all".

But what is the "right" event for a sprinter as versatile as Cliff Wiley, who made at least one NCAA sprint final in each of his college seasons? A sprinter who handled a leg on a World Record 4 x 100 team? A sprinter who ran only one open 400 in college, but who regularly ran outstanding relay laps? How do you get that versatile a sprinter to run the 400 seriously?

A variety of circumstances in 1981 did the trick — and now Wiley is the leading 400 runner in the world, front-runner for No. 1 World Ranking. That is no mean feat: the last American to top the global 400 rating was Vince Matthews in 1972, the year he won the Olympic gold.

For his part, Wiley steadfastly maintains he isn't a confirmed 400 man — but his running may be going a long way toward changing his mind.

A jolly, talkative man, Wiley is expansive when he speaks, recalling in detail the incidents of his

life and career. And now that he is finally in the "right" race, he has much to talk about:

Coach Timmons has felt for a long time that the 400 is your best event. Considering your achievements this year, might he be correct?

Well, I feel you have to look at it in historical perspective. At the time I came to Kansas, I felt I had proven myself in all three sprints. I had won the Golden West 440 — basically because they wouldn't take me in the 220.

I felt at the time — and I still feel it was the correct outlook — that the sprints were my better shot. In some ways, I have felt that this year I have had to defend my sprint career.

My thing has always been to run my best in the top meets. There are lots of guys who might have faster sprint times than my 10.21 and 20.39, but many times those guys get to the major meets and they don't produce. But I feel my record in the important meets is a solid one.

I was 5th in the NCAA 100y in '75 as a freshman. I was only 8th as a sophomore, but I had had only two meets prior to the NCAA because I had been declared ineligible (*a court order permitted Wiley to run*). I was 6th and 3rd in the NCAA sprints in '77, and 7th and 4th in the AAU.

I was injured for most of '78, but still placed 5th in the NCAA (*he broke a wrist in a fall at the end of the Big 8 indoor 300*). I was 3rd in the AAU in '79 and in '80 I was 2nd in the Trials.

So I may not have been one of those sprinters who ran the big flashy times, but I competed well. I can certainly look back on my sprint career and be proud of it. I have never felt, "You wasted your time; the coach was right about the 400". And I still feel I haven't done my best in the sprints.

So I feel it all has to be kept in perspective: where was I then and where am I now? Coach Timmons may have a point, but I was never afraid to run the 400. I always felt I could run 45, but I just didn't feel at that time that the 400 was the place where I wanted to be.

What was the chain of events this past spring then, that brought you seriously into the 400?

I feel you're dealing with desire here, the desire to do something, the setting of goals. Of course, law school was the biggest factor. First year takes so much time and I couldn't train with the team every day.

So I would go down to the stadium late, after it was locked up, and jump the fence. I might want to do eight 200s, but I would get only six done before the cops came and kicked me out. They

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had no idea who I was and I would like to have told them, "Hey, I still hold the mortgage on this place".

I definitely wanted to run this year, but I didn't start training until late last December. I just couldn't get myself up even to jog. Even then, as the pressure of final exams built up, I would just go work out to relieve some of the pressure of school. By indoor season, I knew I wanted to compete, but I wasn't thinking about the 400, or even mile relays.

Outdoors came around and I was training pretty well. I went down to Texas Southern and ran a 46.4 from lane 1, plus a 10.2. I felt that 400 time was good; I was rounding myself into shape at my own rate.

Then I ran 10.37 and 45.47 at the Kansas Relays and I felt very good about how I was coming along. I just had to get through final exams, which held up the sharpening work for sprinting.

But then, here came the rain. It seemed like it rained for 30 days and 30 nights. I really couldn't get in the type of speedwork that I needed to run a good 100.

I ran at the Tom Black Classic and I won the 400 in 45.31, but they had brought me back there for the Grand Prix 100. I qualified for the final, but the 400 final was run just before the 100 final, so I ended up watching the battle between Carl Lewis and Jeff Phillips after about 40m.

So I knew then I couldn't run both the 100 and the 400 effectively, especially if the races were close together. But the deciding factor was when I ran a 200 in London in the US-England-Belgium-Ethiopia meet.

I felt I was ready to really run, but things just didn't turn over. I ran only 21.35 and I knew I didn't have the time left to do the training to bring my stride cadence into order so that I could run the 100 and 200 at the TAC meet.

So I felt I could do best by running only the 400. A year ago, I couldn't have made that decision, especially considering the amount of work I put in during '79 and '80. I went into a lot of debt — monetarily, physically and emotionally — in preparing for the 200 in the Olympics. I was just burnt out on the 200.

Plus I hadn't been able to get the coaching on those very minute, very technical points that you need to work on. But in the 400, I had developed some ideas of my own on how to train, what works best for me. I mean there are times I'm prone to laziness, but when I set out to do eight 200s and The Man throws me out after six, hey, what can I do?

I did some training this year that people might consider unorthodox. I never trained on the watch; I just went on feeling. So when people ask me what I went through the 200 mark or the 300 in a particular race, I can't tell them. Working with Clyde Duncan at Houston in preparation for the Olympics is where I got into training like this,

Clifford A. Wiley was born on May 21st 1955 in Baltimore, Maryland. He now measures 1.73/5'8" and 61kg/135lb and is a second-year law student at University of Kansas. His annual progression at 100, 200 and 400:

1973	—	20.9y(s)	47.5y
1974	—	20.9yw	47.8y
1975	9.55y	20.93y	—
1976	10.2	20.48	—
1977	10.2	20.41	—
1978	10.44	20.70	47.2
1979	10.29	20.39	—
1980	10.43	20.49	46.10
1981	10.37	21.02	44.70

(s) = straight track

because feeling is very personal while the watch can be very impersonal.

In fact, one day I was in a jewelry store and I saw a stopwatch. I thought very seriously about buying it — but then I went out and bought myself some lunch.

You say you run on feeling, how you feel on a particular day. Is that how the World Cup race went?

The race in Rome was unusual for me because I ran it thinking of what I didn't want to do, rather than what I wanted to do. I had made some mistakes in races leading up to Rome, basically because I feel I got overconfident after the World University Games in Bucharest.

In that race, Walter McCoy was leading me at the 200, but I was able to reel everybody in to win. So I thought, "Hey, it doesn't matter how I go out. I can beat these guys. It's my race to run". So I got a little overconfident.

Plus, I was getting sick. I have asthma and all the travelling, and all the different climates and all that, was wearing down my resistance. I was pushing it.

I came home after Bucharest and trained, lifted some weights, put in my training routine. I went back to Europe just the day before Zurich and all of a sudden I look up and there's Willie Smith hitting all kinds of gears. I'm trying to haul him back in, but he isn't coming.

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"Winning the World Cup was the culmination of a complete season" — and that's exactly what Cliff is doing here as he comes off the bend ahead of Bert Cameron (9) and Hassan El Kashief.

Mark Shearman

That was your first loss ever in the 400, wasn't it?

Yes, it was. I just never gave it any thought; other people did but I never worried about it. Two days later in Berlin, I was 2nd to McCoy. In both of those races, I didn't feel as peppy as I like; those were the first races in which I ever actually tied up. I would get tired, but never tie up and lose form.

I wanted to do well in Rome, so I knew I just had to get out a little faster at the start and stay relaxed, not try to force a kick or anything like that. I was a little afraid of tying up.

But I wasn't that worried because I knew that I cannot run like a Willie Smith or Walter McCoy or Tony Darden. I can't run a bunch of top-class races one after another. I mean they were running Zurich, Berlin, Cologne, Koblenz, Brussels.

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2.10 p.m. U/15 Junior Ladies	3400m
2.40 p.m. U/15 Boys	4500m
3.10 p.m. U/17 Inter Ladies	3600m
3.30 p.m. U/17 Youths	5500m

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"Some guys need to race; I need to rest"

There's no way in the world I can get my body up to run like that. Most of the year, I had a couple of weeks of rest between big 400 efforts.

My best race is wrapped up in me being rested, so I can't race like those guys do. Some guys need to race; I need to rest.

After the Berlin race, Walter McCoy said to me, "You can win the World Cup. But racing against all of us every day isn't going to help you win that race. You can't fight a war every day."

I knew that, so I decided to go down to a small meet in Italy to get away from those guys. If I had tried to race them in all those races, I wouldn't have had anything left. I won that race in Italy and even though it wasn't fast, it was a win and it restored my confidence for Rome.

What was your reaction to winning, especially after you had enjoyed the success of being part of the 4 x 100 World Record in Dusseldorf in 1977?

I was in a different position in Rome than I was in Dusseldorf, in '77, there was a lot of uncertainty about the relay spot. Several guys were running really well in Europe, especially Clancy Edwards, who was beating everybody in the 100 and the 200.

I think I came very close to being put off the relay. It was my first major international experience, but Steve Simmons must have felt I could do the job. I think I reacted more to the pressure than to anything else.

I don't think I was less confident in the relay race than in the 400 in Rome; I was just reacting to the pressure of the relay. I knew that in order for me to win the 400, I just had to get out and run like I knew I could run. In Dusseldorf, I certainly might have run over my head.

But in Rome, I knew I had the ability to win the race and run however fast I needed in order to win. Nobody made any decisions for me; it was all me.

Winning the World Cup was the culmination of a complete season. I wanted to win all the big ones, a grand slam of the TAC, USSR dual, World University Games and the World Cup. Those were the meets I considered most important, the ones I wanted most to win.

Have you ever considered why you are so good in the 400? What do you do differently from other 400 runners?

I think it's perception of the event. With my sprint background, going through the 200 under 22 doesn't faze me. And there are certain places in the race that I feel should be emphasized.

Would it be correct to assume you will continue running the 400?

For the most part I think I'll run the 400 in the big meets. Most likely, they will be the meets I ran in this past season.

400 METRES ALL-TIME LIST

43.86	Lee Evans (USA)	1968
43.97	Larry James (USA)	1968
44.26	Alberto Juantorena (Cuba)	1976
44.40	Fred Newhouse (USA)	1976
44.41	Ron Freeman (USA)	1968
44.45	Ronald Ray (USA)	1975
44.58	Bert Cameron (Jam)	1981
44.60	John Smith (USA)	1971
44.60	Viktor Markin (USSR)	1980
44.66	Vince Matthews (USA)	1972
44.70	Karl Honz (Ger)	1972
44.70	Cliff Wiley (USA)	1981
44.73	Willie Smith (USA)	1978
44.80	Wayne Collett (USA)	1972
44.82	Maxie Parks (USA)	1976

But I also feel that my performance is wrapped up in my background and I'm not going to divorce myself from what I feel got me to where I am now — in other words, the 100 and 200. I'm not going to stop running the sprints just because I had a good year this year in the 400. I still feel I can run a pretty fair 200.

What was the prime motivational force behind your 400 running this year?

I really didn't have any goal other than to just get out and run the best I could and test myself. Maybe I also wanted to get away from some of the pressure of the sprints, because they are very pressure-packed. I really didn't feel any pressure in the 400 until after the TAC.

There was an element of curiosity in the whole thing, too. I was running against the good competition, I wanted to win because I enjoy winning and I think there was a lot of self-motivation involved. I wanted to see how I could do.

There must be a streak, a trait, in Cliff Wiley that drives him to excel — whether in a tough academic challenge like law school, or a tough athletic challenge like the 400. Can you describe at all what that drive is like?

One thing about this year was that I felt I had freedom. There wasn't anything anyone could force me to do. There weren't a lot of responsibilities to meet this year. My running became purely recreational, just for my own achievement. Before, I felt a lot of people had invested in me.

This year, I felt I could run only because I like to run. It was total freedom. But I also realised there are many other things in my life which are more important than running. Track became fun; my attitude toward it became very loose.

I don't know about the drive. The 400 came much easier this year than I ever thought it would. Actually, I'm just as surprised as everybody else at how things turned out.

(Reprinted courtesy of "Track & Field News")

UK BEST PERFORMERS (MEN) 1982

Compiled by the NUTS

These lists have been compiled by the NUTS. Additions and amendments would be welcomed by list co-ordinator Peter Matthews, 6 Broadfields, Goffs Oak, Waltham Cross, Herts EN7 5JU. The full top 100-plus, with details, will be published in the UK Athletics Annual 1982, due out next April.

100 METRES

Fully Automatic Timing

10.15w	Allan Wells (10.17)
10.21	Ernest Obeng (Gha)
10.30w	Drew McMaster (10.38)
10.31w	Jim Evans (10.55)
10.32w	Daley Thompson (10.47)
10.32w	Harry King (10.50)
10.36	Mike McFarlane
10.37w	Earl Tulloch (10.78)
10.40w	Gus McKenzie (10.73)
10.42w	Steve Green (10.48)
10.42w	Cameron Sharp (10.50)
10.42w	Lincoln Asquith (10.55)
10.44w	Claude Moseley (10.4)
10.44w	Peter Little (10.69)
10.48	Mike Powell
10.53w	Andrew Pitts (10.74)
10.54w	Donovan Reid (10.73)
10.58w	Trevor Hoyte (10.73)
10.59?	Tim Bonsor
10.60w	Vaughan Esprey (10.70)
10.62	David Roberts
10.62w	Ainsley Bennett
10.63	Eugene Gilkes
10.66w	David Crosby (10.7)
10.67	Selwyn Clarke
10.67w	Les Hoyte (10.82)
10.68	Phil Brown
10.70	Jonathan Stark
10.70	Edwin Cutting (10.68?)
10.70w	Ivan Loftman
10.72w	Paul Ashen (10.76)
10.72	Darren Bills
10.73w	Nigel Richens
10.76w	Peter Burn

10.76w	Postal Nelson
10.78	Mark Learmonth
10.78w	Kwadwo Ansah (10.86)
10.79w	Steve Graham
10.79w	Ray McComb

Additional Hand Times (where faster than above)

10.3	Micky Morris
10.3	Trevor Hoyte
10.3	Mike McFarlane
10.4w?	Vaughan Esprey
10.4w	Cameron Sharp
10.5	Jim Evans
10.5	Gus McKenzie
10.5	Edwin Cutting
10.5	Donovan Reid (dh?)
10.5w	Huw Thomas
10.5w	Todd Bennett (10.8)
10.5w	Simon Norton
10.6	Andrew Pitts
10.6	Nigel Richens
10.6	Gary Wilson (10.87)
10.6	Selwyn Clarke
10.6w	David Harding
10.6w	Luke Watson
10.6w	Fenton Campbell
10.7	Earl Tulloch
10.7	Les Hoyte
10.7	Jack Morgan
10.7	Dexter Landell
10.7	Mark Towers (10.84)
10.7	Roy Mitchell
10.7	David Marrs
10.7	Paul Lavender
10.7	Adrian Parker

10.7	Roger Hunter (10.80)
10.7	David Young
10.7	Steve Scutt
10.7	Lynford Christie
10.7	Stephen Graham
10.7	Clarence Callender

200 METRES

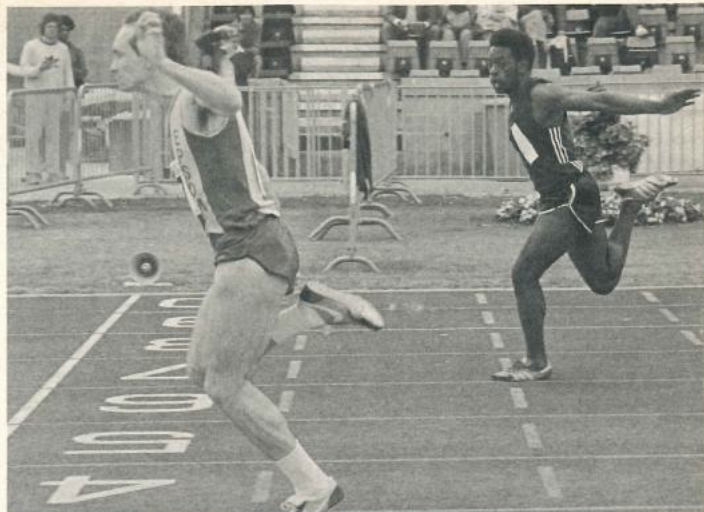
Fully Automatic Timing

20.15w	Allan Wells (20.26)
20.76w	Drew McMaster (21.15)
20.83	Claude Moseley
20.84	Earl Tulloch
20.92	Mike McFarlane
21.01	Ernest Obeng (Gha)
21.08w	Cameron Sharp (21.19)
21.10	Donovan Reid
21.17	Phil Brown
21.23	Vaughan Esprey
21.23	David Jenkins
21.24	Micky Morris
21.30	Gus McKenzie
21.33	Lincoln Asquith
21.36	Phil Brown
21.37	Mike Powell
21.40	Trevor Carrington
21.40	Peter Burn
21.41w	Roger Hunter (21.44)
21.42	Postal Nelson
21.43	Paul Dunn
21.47	Andrew Pitts
21.53	Angus McCuaig
21.53	Steve Eden
21.53	Ainslie Bennett
21.54	Jim Evans
21.54w	Mark Towers (21.73)



Carl Hamilton (7), Steve Scutt (11) and Eugene Gilkes (3) clash in a GRE British League 400m.

Epsom and Ewell's Jim Evans, at 27, has made a late breakthrough onto the international scene. Seen here beating Lincoln Asquith at Alexander Stadium.



Tim Pike

21.58	Harry King
21.60	Jonathan Stark
21.67	Glen Cohen
21.68	Trevor Henry
21.68	Kwadwo Ansah
21.69	Jonathan Marsden
21.69w	Mike Williams
21.70i	Lynford Christie (21.6)
21.73	Darren Bills
21.73	Eugene Gilkes
21.74	Nick Pyle

21.76	Tim Bonsor
21.77w	Graham Malcolm
21.78	Gary Wilson
21.78?	Tim Jones
21.79	Nigel Richens
21.81i	Peter Little
21.82	Adrian Parker

Additional Hand Times
(where faster than above)
20.7 Claude Moseley

21.0	Vaughan Esprey
21.1	Cameron Sharp
21.2	Gus McKenzie
21.2w	Jim Evans (21.4)
21.3?	Phil Harvey
21.3w	Todd Bennett (21.4)
21.4	Gary Oakes
21.4	Mel Fowell
21.4	Postal Nelson
21.4	Angus McCuaig
21.4	John Weston

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21.4w	Peter Little (21.6)
21.4w	Paul Dunn
21.4w	Luke Watson
21.4w	Glen Cohen
21.4w	Tim Bonsor
21.5	Steve Green
21.5	Maurice Ducasse
21.5	Trevor Hoyte
21.5w	Nigel Richens (21.7)
21.6	Mark Towers
21.6	Steve Scutt
21.6	Graham Malcolm
21.6	Lynford Christie
21.6w	Terry Whitehead (21.7)
21.6w	David Harding
21.7	Selwyn Clarke
21.7	Roy Mitchell
21.7	Gary Cook
21.7	Tokunbo Olabinri
21.7	Alan Bell
21.7	Steve Harrison
(Unconfirmed, 21.6 Graham Mahoney).	

400 METRES

45.86	David Jenkins
46.0	Garry Cook
46.25	Roy Dickens
46.28	Steve Scutt
46.6	Todd Bennett
46.83	Mel Fowell
46.9	Seb Coe
46.92	Eugene Gilkes
46.93	Alan Bell
47.03	Carl Hamilton
47.03	Claude Moseley
47.05	Glen Cohen
47.1	Ainsley Bennett (47.29)
47.2	John Weston

47.2	Phil Brown
47.24	Kerry Blackburn
47.29	Nigel Kitchen
47.3	Terry Whitehead
47.3	Maurice Ducasse
47.3	Paul Dunn
47.3	Steve Heard
47.5	Ulrich Karck (Ger)
47.6	Gary Oakes
47.6	Roger Bell
47.64	Daley Thompson
47.69	Paul Forbes
47.8	Steve Sole
47.8	John Probert
47.8	Paul Batten (47.94)
47.84	Bill Hartley
47.9	Steve McGilchrist
47.91	John Blackledge
47.99	Brian Jones
48.0	Danny Laing
48.02	Steve Wymark
48.03	Colin Walker
48.08	Keith Van Vollenhoven
48.08	Kim Raymond
48.11	Earl Tulloch
48.11	Richard Ashton
48.2	Clive Beattie
48.2	Mark Holtom
48.2	Trevor Carrington
48.2	Philip Bray
48.26	David Cocks
48.3	Andrew Medley
48.3	John Goodacre
48.3	Derek Spencer
48.32	Jeff Griffiths
48.4	James Moseley
48.4	Chris Thompson
48.45	Colin Boreham
48.5	Chris McGeorge

48.5	Keith Grant (48.52)
48.5	Ian Bishop
48.5	Phil Beattie (48.68)
48.5	Kris Akabusi
48.5	Paul Harmsworth (48.54)
48.5	Lloyd Cowan
48.5	Anthony Bozie

800 METRES

1:41.72	Seb Coe
1:45.30	Omer Khalifa (Sudan)
1:45.42	Garry Cook
1:46.29	Steve Cram
1:46.40	Steve Ovett
1:46.89	David Warren
1:47.02	Chris McGeorge
1:47.20	Robert Harrison
1:47.35	Peter Elliott
1:47.8	Julian Spooner
1:48.00	Paul Forbes
1:48.66	Ulrich Karck (Ger)
1:48.89	John Goodacre
1:48.90	Ken Glass
1:48.91	John Robson
1:49.04	Geoff Cooper
1:49.5	Philip Norgate
1:49.5	Alan Mottershead
1:49.5	James Moseley
1:49.5	Bob Benn
1:49.51	Dave Moorcroft
1:49.51i	Mike Whittingham (1:51.0)
1:49.53	Andrew Morrell
1:49.60	Roland Weedon
1:49.67	Gary Taylor
1:49.72	Martin Wilson
1:49.76	John Gladwin
1:49.8	Jack Buckner
1:49.9	Roy Dickens
1:49.96	Simon Larder

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AW9



Steve Cram (1), Mike McLeod and Barry Smith (2).

John Burles



Paul Davies-Hale (2) and Colin Reitz (1) battling out the Amoco Games steeplechase.

Mark Shearman

1:50.00 Ron Woods
1:50.10 John Blackledge
1:50.1 Colin Hume
1:50.1 Chris Sly
1:50.14 Jeff Kaye
1:50.19 Dane Joseph
1:50.22 Ray Ridley
1:50.4 Stefan Glaysher
1:50.42 Gareth Brown
1:50.5 Ian Stewart
1:50.60 Peter Lewis
1:50.6 Steve Caldwell
1:50.6 Simon Lane
1:50.65 Andrew Laurence
1:50.7 Michael Downes
1:50.7 Malcolm Edwards
1:50.8 Graham Jackson
1:50.9 D. Harrison
1:50.92 Peter Browne
1:51.0 Andrew Myatt
1:51.0 Steve Anders
1:51.0 Sean Cahill
1:51.0 David Glassborow
1:51.0 John Keyworth
1:51.0 Geoffrey Turnbull

1500 METRES

3:31.57 Steve Ovett
3:31.95 Seb Coe
3:34.81 Steve Cram
3:34.96 Omer Khalifa (Sudan)
3:36.18 John Robson
3:38.65 Ian Stewart

3:38.99 Jim Espir
3:39.00 Sean Cahill
3:40.38 Tim Hutchings
3:40.72 Gary Taylor
3:40.79 David Glassborow
3:40.97 Alan Salter
3:41.74 Jack Buckner
3:41.75 Nat Muir
3:41.92 Frank Clement
3:42.3 William Dee
3:42.58 Colin Reitz
3:42.6 Geoff Smith
3:43.0 Graham Jackson
3:43.02 Geoff Cooper
3:43.41 Ken Newton (3:44.3)
3:43.5 Dave Clarke
3:43.6 Barry Smith
3:43.6 Adrian Royle
3:43.9 Graeme Fell
3:44.4 Roger Hackney (3:46.6)
3:44.5 Cliff Robison
3:44.60 Phil Dixon
3:44.6 Steve Jones
3:44.7 David Rafferty
3:44.8 Eddie Wedderburn
3:45.1 Julian Spooner
3:45.20 Paul Black
3:45.2 Paul Williams
3:45.31 Tim Redman (3:46.5)
3:45.34 Paul Davies-Hale
3:45.60 Mike McLeod
3:45.81 Gordon Rimmer
3:45.9 Martin Wilson

3:45.9 David Swain
3:45.9 David Crowe
3:46.1 Tony Blackwell
3:46.18 Michael Downes
3:46.2 Nigel Jones
3:46.2 Guy McCallum
3:46.3 Julian Goater
3:46.37 Steve Martin
3:46.4 Chris McGeorge
3:46.48 Nick Dorey
3:46.5 Glen Grant
3:46.53 Keith Rothwell
3:46.66 Colin Hume
3:46.7 Glyn Harvey
3:46.7 Ivor Mills

1 MILE

3:47.33 Seb Coe
3:48.40 Steve Ovett
3:49.95 Steve Cram
3:52.44 John Robson
3:54.37 Dave Moorcroft
3:55.8 Geoff Smith
3:56.7 Jim Espir
3:57.10 Ian Stewart
3:58.0 Sean Cahill
3:58.18 Omer Khalifa (Sudan)
3:58.20 Tim Hutchings
3:58.62 Barry Smith
4:00.24 Richard Callan
4:00.30 Chris Sly
4:00.3 Adrian Royle
4:00.38 Frank Clement



Steve Jones leads Geoff and Barry Smith in the AAA 10,000m. It was Barry's debut at the distance on the track, and he went on to win in 28:06.13.

Peter Tempest

4:00.83	David Crowe
4:01.09	Graeme Fell
4:01.4	Alan Mottershead
4:01.41	Colin Reitz
4:01.5	Jack Buckner
4:02.3	Steve Flint
4:02.5	Michael Downes
4:02.7	Dave Clarke
4:02.80	David Glassborow
4:03.24	Nat Muir
4:03.8	Steve Jones
4:03.8	Alan Salter
4:04.0	Ron Woods
4:04.14	Roger Hackney
4:04.36	Eamonn Martin
4:04.53	Malcolm Plant
4:05.00	Steve Martin
4:05.4	Phil Banning
4:05.6	Cliff Robison

3000 METRES

7:47.82	Steve Cram
7:49.64	Barry Smith
7:51.08	John Robson
7:51.5	Dave Moorcroft
7:52.2i	Nick Rose (7:55.17)
7:52.68	Geoff Smith
7:52.77	Mike McLeod
7:52.9	Steve Binns
7:53.98	Nat Muir
7:54.1	Steve Emson
7:54.11	Steve Ovett
7:55.0	Julian Goater
7:55.0	Steve Jones
7:55.2i	Seb Coe
7:55.39	Dave Clarke
7:55.80	Richard Callan
7:55.8i	Ken Newton (8:06.4)
7:56.4	Andy Armitage
7:56.74	David Murphy
7:56.78	Allister Hutton
7:57.3	Glyn Harvey
7:57.89	Roger Hackney
7:58.50	Tony Milovsorov
7:59.22	Jim Espir
7:59.55	Paul Davies-Hale
7:59.6	John Woods (Irl)
8:00.31	Tony Backwell

8:00.5	David Cowles
8:00.91	John Doherty
8:03.0	Frank Clement
8:03.30	Ray Smedley
8:03.7	David James
8:04.3	Tim Hutchings
8:04.44	Guy McCallum
8:05.2	Kevin Forster
8:06.9	Alan Salter
8:07.0	Yasunori Hamada (Jap)
8:07.2	Phil Ledger
8:07.35	Phil Dixon
8:07.5i	Terry Colton
8:08.1	Phil Banning
8:08.1	Cliff Robison
8:08.54	Malcolm Prince

2 MILES

8:25.52	Steve Ovett
8:27.41	Richard Callan
8:29.05i	Nick Rose
8:33.71	Steve Cram
8:35.15	Colin Reitz
8:36.9i	Tony Staynings
8:37.02	Tim Hutchings
8:38.4i	David Murphy
8:39.7i	Adrian Leek (8:35.46i-short)
8:40.57i	Geoff Smith
8:41.3i	Mark Scrutton
8:43.6	Roger Hackney

5000 METRES

13:15.59	Julian Goater
13:20.51	Dave Moorcroft
13:21.14	Barry Smith
13:25.73	Nick Rose
13:26.1i	Geoff Smith (13:26.33)
13:30.31	Steve Jones
13:31.77	Nat Muir
13:34.02	John Robson
13:34.27	David Murphy
13:34.70	Mike McLeod
13:35.41	Dave Clarke
13:35.76	Andy Armitage
13:35.95	Paul Davies-Hale
13:36.05	Tony Milovsorov
13:38.3i	Tony Staynings

13:38.4	Steve Binns
13:42.3i	Charlie Spedding (13:57.0)
13:44.15	Steve Emson
13:46.70	Mark Scrutton
13:47.0	Ray Smedley
13:47.25	Guy McCallum
13:47.52	John Doherty
13:48.8	Dave Black
13:49.58	Steve Kenyon
13:49.89	Allister Hutton
13:51.14i	Adrian Leek (13:54.83)
13:51.73	Richard Callan
13:51.9	David Crowe
13:52.6	Malcolm Prince
13:53.48	Jim Espir
13:53.5	Graham Smith
13:53.55	Nick Lees
13:54.49	Eddie Wedderburn
13:54.78	David James
13:56.6	Karl Harrison
13:56.96	Tony Blackwell
13:57.36	Peter Standing
13:57.94	Keith Penny
13:58.27	Dave Chettle (Aus)
13:58.4	Denis Fowles
13:58.9	John Woods (Irl)
13:59.11	Kevin Forster
13:59.66	Jon Richards
13:59.72	Gary Ribbons
13:59.8	Adrian Royle
14:01.17	Andy Catton
14:01.34	Barry Knight
14:02.11	Phil Ledger
14:02.47	Terry Colton
14:03.9	Malcolm Plant
14:06.3	Richard May
14:06.8	Bernie Ford

10,000 METRES

27:43.76	Geoff Smith
27:47.54	Julian Goater
27:59.42	Mike McLeod
27:59.68	Nick Rose
28:00.58	Steve Jones
28:05.0	David Murphy
28:06.13	Barry Smith
28:20.29	Steve Kenyon
28:35.41	Dave Black

28:38.35 Allister Hutton
 28:41.68 Keith Penny
 28:43.67 Adrian Leek
 28:47.3 Tony Staynings
 28:48.30 John Woods (Irl)
 28:49.85 Charlie Spedding
 28:54.84 Dennis Fowles
 29:00.9 David Long
 29:01.78 Chris Bunyan
 29:08.85 Peter Standing
 29:12.71 Merv Brameld
 29:13.08 Simon Cahill
 29:14.21 Glyn Harvey
 29:14.8 Jerry Odlin
 29:15.11 Gerry Helme
 29:15.44 Ray Smedley
 29:15.50 Lawrie Spence
 29:16.09 Dave Cannon
 29:17.60 Jon Wigley
 29:20.04 Robert Westwood
 29:21.3 Richard May
 29:22.72 John Robertshaw
 29:23.7 John McLaughlin
 29:24.80 Andy Armitage
 29:24.99 Malcolm Prince
 29:26.0 Dave Chettle (Aus)
 29:31.67 Terry Colton
 29:33.9 Richard Green
 29:37.0 Karl Harrison
 29:40.54 Jim Brown
 29:41.8 Andy Catton
 29:41.86 Glenn Forster
 29:42.40 Max Coleby
 29:43.6 Alun Cole
 29:44.98 Mark Scrutton

29:45.25 Brian Cole
 29:49.6 John Wild
 29:50.11 Paul Baker
 29:50.8 Bob Lunnion
 29:53.4 Ian Thompson
 29:54.7 Andy Holden
 29:55.92 Jim Dingwall
 29:58.0 Paul Craig
 29:59.6 Gordon Seward

3000 METRES STEEPLECHASE

8:29.31 Colin Reitz
 8:29.71 Roger Hackney
 8:29.85 Paul Davies-Hale
 8:31.80 Graeme Fell
 8:32.77 Eddie Wedderburn
 8:38.2 Tony Staynings
 8:38.29 Dennis Coates
 8:38.3 David Lewis
 8:40.82 John Wilson
 8:41.33 Kevin Capper
 8:43.87 Martin Couldwell (NZ)
 8:45.7 John Wheway
 8:46.10 Paul Bettridge
 8:46.15 Trevor Fieldsend
 8:47.07 Tom Conlon (Irl)
 8:47.5 Nigel Jones
 8:47.70 Andrew Taylor
 8:47.9 Tony Milovsorov
 8:49.03 Peter Barratt
 8:49.4 Ian Logan
 8:49.41 Ron Harris
 8:49.6 Tony Blackwell
 8:50.20 Ian Gilmour
 8:52.83 Adrian Philpott

8:53.2 Maurice Cowman (Irl)
 8:54.58 Robert McKim
 8:54.70 Richard Charleston
 8:56.3 John Wild
 8:58.3 Ian Atkins
 8:59.86 Barrie Moss
 9:00.09 Derek Coates
 9:00.58 Stephen Willmott
 9:00.6 Richard Samuel
 9:01.1 Chris Bunyan
 9:02.59 John Bicourt
 9:02.7 Richard Hezlett
 9:03.4 Ken Baker
 9:03.5 Paul Taylor
 9:03.6 Roger Hillier
 9:05.0 Neil Saunders
 9:06.9 James Evans
 9:07.6 Lloyd Roberts
 9:07.6 David Parish
 9:07.7 Ken Irvine
 9:08.4 Nick Brown
 9:08.6 Robert Shorrocks
 9:08.8 Marcus Thomas
 9:08.9 Adam Bridge
 9:09.11 Peter Banks
 9:09.5 Stuart Kirk
 9:09.6 Peter Griffiths
 9:09.9 Richard Bridgeman
 9:10.2 Paul Campbell
 9:10.8 Gordon Russell
 9:11.04 Dave Messum

**Next week: Hurdles,
jumps and throws**

Don Shelley has informed us that he has resigned from the position of BAAB Event Coach for Marathon, and, in passing, would like it

known that he was not involved in the selection of June 27th as the date for the trial for next year's European Marathon.

FEET FIRST.



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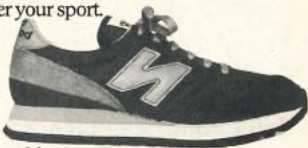
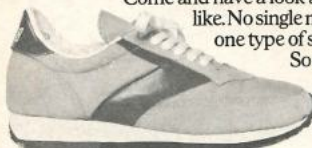
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"THE LARGE MARATHON WITH THE PERSONAL TOUCH"**CENTURION JOGGERS in conjunction with RUNNING MAGAZINE****Proudly Announce The****3rd ANNUAL & ORIGINAL****PEOPLE'S
MARATHON****(26 miles, 385 yards)****SUNDAY, 2nd MAY, 1982****SPONSORED BY NIKE****(Covered by the Birmingham Evening Mail)**

All proceeds on the day & sponsorship in aid of Stoke Mandeville, local hospitals & medical units.

Entries open to all Ladies, Veterans, Novices & all Men U/40 who have not bettered 2 hours 28 mins. since 1st January, 1981. (Times recorded after acceptance do not disqualify).

Due to public demand & last year's success, entry limit has been increased to 4,000 on first come, first served basis.

Revised course will be virtually traffic-free thanks to excellent local police & council co-operation.

Drink stations every 2 miles from 4 miles & sponge stations every 2 miles from 3 miles.

Times given at 1, 2 & 3 miles & digital clocks at 5, 10, ½-Marathon, 15, 20 & Finish, plus lead car.

Start & Finish together — Large mile markers.

Full medical support & on-route toilets.

Ample parking, changing & shower facilities.

No individual prizes but all starters receive commemorative vest, programme, time or distance certificate, food parcel & other items. All finishers receive a commemorative medallion.

Entry Forms can be obtained in November/December edition of Running Magazine or send S.A.E. to Marathon Director, John Walker, III Crooks Lane, Kingshurst, Birmingham B37 6NU.

Entries close at 4,000 limit.

Many varied demonstrations & side shows, and swimming pool will be open all day for spectators & runners.

THE ORIGINAL PEOPLE'S MARATHON

First started on May 11th, 1980 with an entry limit of 750 runners & at least the same number of entries unfortunately refused entry (over £6,000 raised for charity).

Then on May 10th, 1981, the 2nd People's Marathon took place with over 2,000 runners including 6 wheelchair participants. Entries for the event numbered 2,500 with over 3,000 regrettably being refused entry (£76,000 + raised for the International Year of the Disabled).

It was our intention in 1982 to run from the N.E.C. but due to the introduction of the 'Brum Run' at the N.E.C. we have decided to remain at our present site, increasing our facilities & revising the route to cut out unused motorway section, (now 1 large lap, followed by 1 small lap).

Our date in 1982 has been changed to one week earlier because the London Marathon, due to understandable reasons, has moved from March to May. We would like to offer our apologies to those runners who would like to run in both, but unfortunately we cannot obtain our facilities other than on these two weekends. We do, however, hope that from 1983 a larger gap between the two events can be arranged.

After the successes of the last two years, we have lowered our entry qualifying time and opened up our entry to the first 4,000 applications.

MAIN AIMS OF THE PEOPLE'S MARATHON

1. Runners, irrespective of their ability, to be treated to the best possible facilities, to be catered for in the best possible way & for all finishers to get the same awards.
2. To involve the whole of the community, both from the point of view of assisting in the marathon, to cheering & helping the runners on their way.
3. To become a method of raising money to help various charitable organisations, thus assisting those less fortunate people in our society, and at the same time enjoy ourselves.

Our marathon tries to give the personal touch, making ALL runners important, so why not enter next year's event & bring along your family & friends so that you can have an enjoyable day out & help produce a great social occasion.

We would like to thank those who have already come forward to sponsor us for this year's event:

NIKE — RUNNING MAGAZINE — BIRMINGHAM EVENING MAIL — T.S.B. — ROBINSON'S BARLEY WATER — M & B — KALAMAZOO — VITAFOAM — HERTZ — UNIVAC COMPUTERS — TOM CURRIGAN (LOCAL BOOKMAKERS).

Wishing you all the best on behalf of the People's Marathon organisers.

John Walker, Marathon Director

Race Walking News

Gordon Vale pushed to win Southern U/20 10km

UK JUNIOR record holder, Gordon Vale, almost received a surprise defeat in the Junior 10km at Steyning on October 3rd. At half distance round a twisting, undulating circuit, he was some 50m down, in third place and looking beaten. However, he rallied, and although I thought his style deteriorated, he pulled through on the uphill stretches to defeat an impressive Russell Bestley.

The Intermediates' race saw an equally enthralling battle, with Sarah Brown regaining some of the form missing in recent weeks to defeat clubmate, Helen Ringshaw. Sarah's brother, Gareth, beat Helen's brother, Grant, in the Boys' 3km, but fluent and stylish Martin Hesketh was too strong for both with a comfortable win.

Steyning dominated proceedings, taking five of the seven titles. Generally, the standard was good, but numerically poor. Most noticeable was the absence of the leading London clubs, who seem oblivious to the necessity to find new young talent.

(Junior 10km): 1, G. Vale (Sy) 46:08; 2, R. Bestley (Ton) 46:19; 3, J. Ball (S&E) 46:50; 4, S. Philips (Hav) 48:40; 5, M. Easton (Sy) 49:16; 6, C. Goodfellow (Ton) 50:43. Team: Steyning. **(Youths 5km):** 1, T. Berrett (Ton); 2, D. Hucks (Camb. H); 3, C. Dark (Ton); 4, B. Williams (B'stoke); 5, D. Bearman (Stey); 6, K. Zuber (Hav). Teams: 1, Tonbridge 11; 2, Basingstoke 18; 3, Steyning 20. **(Boys 3km):** 1, M. Hesketh (Stey) 14:26; 2, G. Brown (Stey) 14:32; 3, G. Ringshaw (Stey) 14:41; 4, J. Vivian (B&H) 15:09; 5, D. Stone (Stey) 15:11; 6, P. Nunn (Stey) 15:46; 7, R. Kemp (Stey) 15:50; 8, M. George (B&H) 16:13. Teams: 1, Steyning 6; 2, Brighton & H 23; 3, Southend-on-Sea 31. **(Colts 3km):** 1, A. Ransome (S'end) 17:22; 2, D. Thompson (B&H) 17:29; 3, M. Costin (S'end) 17:59; 4, M. Steele (Stey) 18:20; 5, D. Grettton (Stey) 18:29; 6, J. Hawkins (Wey) 18:39. Team: Southend-on-Sea. **(Inters 5km):** 1, S. Brown (Stey) 26:19; 2, H. Ringshaw (Stey) 26:49; 3, E. O'Rawe (S'end) 29:45; 4, L. Urquhart (E&E) 30:41; 5, M. Porter (Sy) 31:39; 6, S. Matthews (Stey) 32:03. **(Junior 3km):** 1, H. Lawley (Wey) 16:23; 2, T. McClenn (AF&D) 16:39; 3, E. Ryan (E&E) 16:47; 4, M. O'Rawe (S'end) 17:20; 5, N. Friedrich (Ton) 17:28; 6, S. Bearman (Stey) 17:48. Team: Steyning. **(Girls 2½km):** 1, H. Amos (Stey); 2, J. Savage (Stey); 3, A. Stevens (Stey). Team: Steyning.

Brighton & Hove AC 3km track champs, at Withdean (September 27th). National 10M and 20km champion, Mike Parker, who hopes to compete for Britain next year, made a return to

racing in his first outing since July, with a fast, unpressed victory. The former New Zealander intends doing the major 'opens' this winter and this race was a time trial before the 'Chippenham to Calne'. Junior international, Russell Bestley, had his best race since his early summer injury.

1, M. Parker (B&H) 12:28.0; 2, R. Bestley (Ton-J) 12:58.6; 3, T. Berrett (Ton-Y) 13:42.6; 4, D. Buchanan (B&H) 13:43.6; 5, N. Posener (B&H) 13:49.0; 6, C. Dark (Ton-Y) 13:49.6; 7, A. Buchanan (B&H) 13:50.0; 8, D. O'Shea (B&H) 14:06.0; 9, S. Tidey (B&H) 14:24.6; 10, A. Cracknell (Ton-Y) 14:52.0. **(Boys):** 1, J. Vivian (B&H) 16:25.0; 2, M. George (B&H) 16:47.0; 3, D. Thompson (B&H-C) 17:46.0. **(Women):** V. Birch (B&H) 16:01.0. **(Juniors):** M. Northeast (B&H) 18:21.0.

Chippenham to Calne 6M (October 10th). On the final hill, through the crowd-lined streets of Calne, Phil Vesty gained his biggest scalp to date in defeating Mike Parker to take the Chippenham to Calne title. Closing a 35m deficit at one stage on this tough, hilly course, the Leicester Junior international forced a rare defeat on Parker.

Times were fast in the damp, mild weather, with only last year's winner, Steve Barry, a spectator this time, having been faster. Two of last year's 50km internationals who failed to hold their places this year, Adrian James and Chris Maddocks, were next, after another of last year's internationals, George Nibre, had been disqualified. Another Junior, Andy Trigg, was a fine fifth, but AAA and RWA Junior champion, Gordon Vale, was a below-par seventh.

Belgrave, boosted by the much improved John Newnham, won the team race, and Bromsgrove's highly promising Neil Corbett won the handicap and Youths' prize.

The women's race was a triumph for Brenda Lupton and the far-travelled Sheffield team. Women's walking in Sheffield has only happened in the last couple of years, and they are certainly reaping the rewards as they travel far and wide for competition.

1, P. Vesty (Leic) 42:14; 2, M. Parker (B&H) 42:32; 3, A. James (Enf) 43:39; 4, C. Maddocks (Dawl) 44:14; 5, A. Trigg (Leic) 44:20; 6, C. Lawton (Bel) 44:39; 7, G. Vale (Sy) 44:49; 8, G. Morris (Stey) 45:10; 9, R. Dorman (Bel) 45:34; 10, I. Richards (Cov) 45:38; 11, D. Hay (Hav) 45:47; 12, S. Lightman (Sy) 45:52; 13, D. Stevens (Stey) 45:56; 14, J. Newnham (Bel) 46:00; 15, J. Ball (S&E) 46:09; 16, J. Hall (Bel) 46:12; 17, M. Easton (Sy) 46:16; 18, N. Corbett (B&R) 46:38; 19, M. Smith (Cov) 46:42; 20, A. Worth (Leic)

47:18; 21, C. Bradley (Med) 47:23; 22, S. Maidment (Stey) 47:31; 23, A. Buchanan (B&H) 47:39; 24, C. Chaplin (Cov) 47:53; 25, K. Baker (Wey) 47:53; 26, G. Saxty (Trow) 48:05; 27, K. Halstead (Cov) 48:12; 28, G. Hunwicks (Wey) 48:18; 29, D. Buchanan (B&H) 48:20; 30, P. Markham (Leic) 48:21; 31, D. O'Shea (B&H) 48:28; 32, E. Crossingham (Bel) 48:35; 33, P. Spencer (Dawl) 49:00; 34, T. Morris (Grey) 49:19; 35, M. Scamell (Bel) 49:32; 36, S. Moore (Cov) 49:36; 37, R. Rawlings (Harb) 49:39; 38, T. Needham (Leic) 50:09; 39, J. Turner (Trow) 50:13; 40, C. Dunn (Wey) 50:14; 41, I. Harvey (Grey) 50:35; 42, M. Angove (Grey) 50:42; 43, K. Polley (Cov) 50:43; 44, L. Scrivens (Worc) 50:45; 45, I. Harry (Spott) 50:54; 46, S. Mendham (Hav) 51:01; 47, P. Smillie (Leic) 51:14; 48, D. Rowland (Stey) 51:30; 49, S. Holliday (Med) 51:38; 50, W. Wright (Cov) 51:41. Teams: 1, Belgrave 37; 2, Leicester 48; 3, Coventry 69; 4, Brighton & H 76; 5, Steyning 79. (Women): 1, B. Lupton (Sheff) 52:46; 2, E. Gaffer (Leic) 53:05; 3, V. Birch (B&H) 54:42; 4, H. Ringshaw (Stey) 56:30; 5, S. Till (B&H) 56:30; 6, P. Willis (B'stoke) 57:08; 7, D. Wood (Sheff) 57:14; 8, P. Blaymire (Sheff) 59:01. Teams: 1, Sheffield 8; 2, Steyning 13.

Alan Buchanan

Halesowen Road Meeting (August 8th). (Senior 8½M): 1, R. Gardner (Hales) 69:11; 2, A. Smallwood (Hales) 69:49; 3, D. Thorn (Grey-J)

71:53; 4, M. Angove (Grey) 72:38; 5, T. Morris (Grey) 73:13; 6, P. Nicholet (Fra-J) 73:29; 7, K. Smith (Cov-V) 73:58; 8, C. Thomas (RSC) 74:06; 9, A. Collins (Poly) 74:25; 10, R. Rawlings (Harb) 74:36. (Women 3km): 1, E. Worth (Bole) 16:01; 2, C. Nardin (Fra) 16:19; 3, D. Naylor (Harb) 16:21. (Junior 1500m): J. Croot (Bole) 7:53.5.

Captain Barclay Stakes 10km, at Moulton (September 13th). 1, R. Mills (Ilf) 43:58; 2, G. Nibre (Ilf) 45:26; 3, R. Sheppard (Ang) 46:06; 4, P. Ryan (Sheff) 47:07; 5, K. Carter (Ang) 47:38; 6, R. Wallwork (Ang) 49:04; 7, S. Bennett (Ilf) 49:32; 8, J. Evans (Ilf) 49:38; 9, J. Robinson (Ang) 50:28; 10, E. Hall (Bel) 50:45.

'Church to Church' 19M 680yd, in Guernsey (September 13th). Paul Nihill's 13-year-old record for the annual Church Walk was at last beaten, when Robert Elliott walked the course in 2:43:02, clipping 17 seconds off Nihill's time, and almost four minutes off his own pb.

The tough course winds its way around the island, passing all the Parish Churches, and is more of a traditional walk of achievement (dating back to at least 1899) than a race.

The field of 93 men and 32 women was a record for the event, and from the off Robert was on his own, walking at a steady pace, reaching 10M in 80:04 and 15M in 2:02:20. The record was in sight, but after 16½M it started slipping away as Elliott hit trouble and slowed right down.

He only had to walk at this pace to win, but with encouragement from brother Mark,

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shouting out time left, Elliott picked up over the last 1½M to get within sight of the finish and the time countdown from the loudspeaker van, to snatch the record.

1, R. Elliott 2:43:02; 2, D. Dorey 2:55:10; 3, D. Chalker 3:11:21; 4, K. Le Noury 3:16:24; 5, O. Naftel 3:18:38; 6, M. Le Sauvage 3:19:34. (Women): P. Rondel 4:01:04.

Roger Mills beats an excellent Adrian James in course record time in the Southend '5' (September 27th). In the last warm-up race prior to the Lugano Cup final, Roger Mills soon dropped Roy Sheppard but was hard pressed by a resurgent Adrian James, having one of the finest short distance races of his career. Both men comfortably beat Amos Seddon's course record. Showing his best form for some time, Sheppard hung on well for third, easily beating Graham Morris, with Peter Ryan having a good race a close up fifth. Dave Hay looked very good, leading home Ken Carter and veteran Dave Stevens. Not unnaturally, Carl Lawton was down on usual form, having raced in the National 100km the previous day.

1, R. Mills (Ilf) 35:15.1; 2, A. James (Enf) 35:24.4; 3, R. Sheppard (Ang) 36:36.6; 4, G. Morris (Stey) 37:03.5; 5, P. Ryan (Sheff) 37:15.7; 6, D. Hay (Hav) 37:44.2; 7, K. Carter (Ang) 37:53; 8, D. Stevens (Stey) 38:09; 9, J. Newnham (Bel) 38:19; 10, C. Lawton (Bel) 39:13; 11, J. Evans (Ilf) 39:30; 12, J. Robinson (Ang) 39:40;

13, M. Easton (Sy) 39:44; 14, R. Wallwork (Ang) 40:24; 15, K. Zuber (Hav) 40:43; 16, E. Hall (Bel) 40:56; 17, S. Bennett (Ilf) 41:11; 18, A. Ellam (Med) 41:13; 19, S. Mendham (Hav) 41:38; 20, D. Sheppard (Ang) 42:46. Teams: 1, Anglia 38; 2, Belgrave 43; 3, Steyning 46; 4, Ilford 48.

Southend-on-Sea AC age-group track races (September 27th). (Boys/Colts 2km): 1, M. Hesketh (Stey) 9:33.3; 2, G. Brown (Stey) 9:38.6; 3, G. Ringshaw (Stey) 9:55.9. (Inters 3km): 1, S. Brown (Stey) 15:08.9; 2, H. Ringshaw (Stey) 15:16.4; 3, E. O'Rawe (S'end) 17:22.6. (Junior 2km): 1, S. Clark (Stey) 10:54.6; 2, M. O'Rawe (S'end) 11:17.3; 3, S. Bearman (Stey) 11:40.6. (Girls 1km): 1, T. O'Reilly (S'end) 5:34.6; 2, J. McGroder (Hav) 5:35.6; 3, I. Savage (Stey) 5:38.8.

24 hour track race for runners and walkers. A 'combined' race is due to be held at Altrincham on June 19th/20th next year. The organisers are restricting the field to 12 runners and five walkers, and are hoping to get the likes of Geoff Tranter, John Eddershaw, Ed Shillabeer, Peter Worth and Dave Boxall to compete. Further details can be obtained from Dave Attrell, 57 Harcourt Road, Altrincham, Cheshire (Tel: 061-928 2124).

Colin Young

Colin Boreham would like it to be known that he is no longer a member of Bournemouth AC.

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Cross Country Leagues

LONDON SERVICES LEAGUE

At West Drayton, September 30th

1, Flanagan (W. Dray) 27:39; 2, Shields (Irish G) 27:59; 3, Scott (PCD) 28:10; 4, Pickford (PCD) 28:55; 5, Smith (Met. P) 29:03; 6, Lewins (W. Dray) 29:16. **Teams:** 1, PCD RE 26; 2, W. Drayton 42; 3, Met. Police 48.

SCOTTISH SERVICES LEAGUE

At Buchan, September 30th

1, Reynolds (Kin) 30:11; 2, Bowman (45 Comm) 31:40; 3, Ley (Nep) 32:12; 4, Johnston (45 Comm) 32:21; 5, Hart (Kin) 32:51; 6, Francis (Kin) 33:12. **Teams:** 1, Kinloss 380; 2, 45 Commando 366; 3, Glencorse 356.

NW LONDON YA LEAGUE

At Brook Farm, October 3rd

(**Youths:**) 1, D. Baptiste (TVH) 16:54; 2, B. Kavanagh (Barn) 17:14; 3, G. Athian (Har) 17:15; 4, G. Watts (TVH) 17:22; 5, I. Beales (Har) 17:27; 6, G. Harmer (Shaft) 17:38. **Teams:** 1, Thames Valley 24; 2, Haringey 39; 3, Shaftesbury 43. (**Boys:**) 1, R. Bailey (Barn) 14:48; 2, A. Laing (TVH) 15:09; 3, M. Tallon (Slough) 15:11; 4, M. Nyrenda (TVH) 15:13. **Teams:** 1, Slough 33; 2, Shaftesbury 36; 3, Thames Valley 46. (**Colts:**) 1, P. Daley (Slough) 13:31; 2, M. Dicesare (Shaft) 13:35; 3, M. Kane 13:37. **Teams:** 1, Shaftesbury 18; 2, Haringey 45. (**U/11:**) C. Godfrey (Shaft) 10:01. **Teams:** Shaftesbury.

GWENT LEAGUE

At Barry, October 3rd

1, D. James (Cardiff) 32:46
2, M. Cowman (Westbury) 32:55
3, P. Williams (Swansea) 33:12
4, I. Ellis (Newp) 33:23; 5, K. Davies (Newp) 33:26; 6, P. Ratcliffe (Car) 34:06; 7, S. Smith (Swan) 34:07; 8, D. Roberts (Car) 34:14; 9, K. Parker (West) 34:25; 10, M. Walker (West) 34:27; 11, M. McGeoch (Les C) 34:28; 12, C. McIntyre (West) 34:37; 13, G. Blackburn (West-V) 34:43; 14, A. Nolder (Durs) 34:47; 15, G. Morgan (Durs) 34:54; 16, J. O'Brien (Bridge-V) 34:59; 17, — 35:02; 18, M. Green (Ply) 35:03; 19, B. Griffiths (Swan-V) 35:08; 20, J. Zapple (Exe) 35:10. **Teams:** 1, Cardiff 1188; 2, Westbury 1171; 3, Swansea 1169; 4, Newport 1114; 5, Westbury 'B' 1084; 6, Les Croupiers 1050. (**Juniors:**) 1, N. Adams (Swan) 26:08; 2, A. Hope (West) 26:21; 3, D. Thomas (Swan) 26:22; 4, N. Boughey (Swan) 26:25; 5, G. Hill (Swan) 26:26; 6, W. Buxton (Bris) 26:35; 7, K. Miles (West) 26:40; 7, J. Pimley (Torf) 26:08; 9, R. Clements (Ply) 27:13; 10, P. Knight (Bris) 27:30; 11, M. Wassell (West) 27:32; 12, A. Frapwell (Glouc) 27:34. **Teams:** 1,

Swansea 214; 2, City of Plymouth 135; 3, Westbury 133; 4, Bristol 131. (**Youths:**) 1, B. Matthews (B&V) 23:30; 2, A. Crane (Cle) 23:56; 3, M. Vile (West) 24:10; 4, M. Keene (Bris) 24:18; 5, N. Gooch (Bedd) 24:22; 6, A. Ormond (Torf) 24:31; 7, P. Rae-Howard (Bris) 24:32; 8, D. Jenkins (Bedd) 24:37; 9, N. Young (West) 24:40; 10, R. Evans (Mon) 24:47. **Teams:** 1, Westbury 490; 2, Beddau 450; 3, Barry & V 389; 4, Bristol 363. (**Boys:**) 1, P. Williams (B&V) 19:33; 2, S. Cowley (West) 19:47; 3, D. Morgan (Rhym) 19:51; 4, A. Phillips (Car) 19:52; 5, B. Gilbert (Durs) 20:06; 6, P. Bridger (Car) 20:12; 7, S. Godwin (Bris) 20:13; 8, J. List (Bris) 20:22. **Teams:** 1, Cardiff 676; 2, Bristol 613; 3, Barry & V 604; 4, Westbury 588. (**Colts:**) 1, P. Hogan (West) 13:15; 2, A. Jones (A'dare) 13:28; 3, D. Gough (Bedd) 13:29; 4, M. Sanders (Bris) 13:35. **Teams:** 1, Westbury 413; 2, Torfaen 387; 3, Bristol 379. (**U/11:**) 1, S. Lomas (Exe) 8:17; 2, G. Alford (West) 8:32. **Team:** Ferndale LCS. (**U/10:**) P. Miller (Bris) 4:15. **Team:** Dursley.

(**Women:**) 1, K. Lock (Car) 20:38; 2, C. Bradford (Cle) 20:49; 2, L. Gibson (Durs) 21:55; 4, A. Tooby (UCA) 22:02; 5, M. Palmer (West) 22:10; 6, L. Copp (P. Tal) 22:15; 7, J. Miller (West) 22:39; 8, B. Thomas (Car) 22:52; 9, E. Bartlett (Ply-V) 22:55; 10, J. Armstrong (West) 23:02. **Teams:** 1, Cardiff 290; 2, Westbury 280; 3, City of Plymouth 246; 4, Clevedon 180. (**Inters:**) 1, M. McKie (Exe) 13:47; 2, J. Presley (Bris) 14:10; 3, F. Harwood (Car) 14:16; 4, J. Thomas (Carm) 14:24; 5, S. Hale (West) 14:30; 6, S. Parker (West) 14:31; 7, D. Matthews (Swan) 14:33; 8, F. Hawley (Durs) 14:35. **Teams:** 1, Bristol 240; 2, Westbury 222; 3, Bridgend YMCA 217; 4, Cardiff 200. (**Juniors:**) 1, D. Crowley (P. Tal) 8:14; 2, S. Hawkey (Ply) 8:21; 3, M. Davies (Car) 8:31; 4, J. Thompson (Bedd) 8:34; 5, S. Daniels (West) 8:38; 6, N. Mounty (Bris) 8:43. **Teams:** 1, City of Plymouth 544; 2, Bristol 538; 3, Cardiff 508. (**Girls:**) 1, C. Pugh (Newp) 5:08; 2, W. Everitt (Bris) 5:12; 3, S. Fowler (West) 5:14; 4, N. Wood (B&V) 5:15. **Teams:** 1, Bristol 632; 2, Barry & V 625. (**U/11:**) S. Bennett (Bris) 4:41. **Team:** Aberdare.

HERNE HILL YA LEAGUE

At Brockwell Park, October 3rd

(**Youths:**) 1, D. Middleton (HHH) 23:14; 2, J. Grix (Dart) 23:19; 3, K. Tucker (Med) 23:27; 4, S. Mitchell (Ell) 23:34; 5, R. Young (Ell) 23:41; 6, A. Moss (HHH) 24:01; 7, M. Bangle (Walton) 24:09; 8, J. Roots (Ell) 24:12; 9, S. Butling-Smith (Ell) 24:31; 10, P. Tinker (Dart) 24:21. **Teams:** 1, Herne Hill 53; 2, Elliott 62; 3, Dartford 79; 4, Walton 115. (**Boys:**) 1, P. Hennessey (Med) 17:36; 2, I. Langley (Ell) 18:01; 3, J. Adams (B'ht) 18:07; 4, G. Adams (Mit) 18:10; 5, A. Budd (Ell) 18:13; 6, T. Day (Ash) 18:16; 7, A. Brennan (Mit) 18:17; 8, P. Gray (Ell) 18:17. **Teams:** 1, Elliott 52; 2, Mitcham 87; 3, Medway 98. (**Colts:**) 1, C. Lucas (Dart) 12:46; 2, P. Barry

(Mit) 12:48; 3, J. Barry (Mit) 12:50; 4, A. Owens (Mit) 12:51. **Teams:** 1, Mitcham 29; 2, Dartford 49.

BERLIN (BRITISH) SECTOR LEAGUE

At RAF Gatow, October 6th

1, Shew (Gat) 30:00; 2, Waterfield (Gat) 30:18; 3, Ellis (247 PC) 30:50; 4, Quantock (Gat) 31:37; 5, Wilson (38 FS) 32:10; 6, Turner (38 FS) 32:20. **Teams:** 1, RAF Gatow 14; 2, 247 Pro. Coy 40; 3, 38 Fd. Sqn. 50.

CHILTERN LEAGUE

(Division One)

At Milton Keynes, October 10th

1, R. Harris (Ox. C) 24:12; 2, C. Stebbings (Lut) 24:15; 3, P. Lanfear (Read) 24:27; 4, N. Sirs (WS&E) 24:57; 5, M. Duff (WS&E) 25:05; 6, R. Tyler (Read) 25:19; 7, B. Copps (Houn) 25:21; 8, D. Parsons (Ox. C) 25:28; 9, N. Pacey (Lut) 25:36; 10, S. Rayner (Mil. K) 25:37; 11, R. Hill (Lut) 25:38; 12, R. Smith (WS&E) 25:40; 13, P. Flavel (Ox. C) 25:43; 14, G. Copps (Mil. K) 25:47; 15, I. Thompson (Lut) 25:49; 16, G. Taylor (Houn) 25:50; 17, D. Cowie (Read) 25:51; 18, S. Cackett (Wyc) 25:54; 19, D. Ramsay (Read) 25:56; 20, D. Wheeler (Ox. C) 26:04; 21, K. Nelson (WS&E) 26:07; 22, N. McLoughlin (Read) 26:09; 23, S. Woods (Read) 26:11; 24, G. Thomas (Lut) 26:12; 25, R. Goldby (WS&E) 26:14. **Teams:** 1, Reading 957; 2, Luton 943; 3,

Windsor S&E 920; 4, Oxford City 909; 5, Milton Keynes 754; 6, Borough of Hounslow 641. **(Youths/Boys):** 1, S. Male (Ox. C) 16:20; 2, D. Cooper (Ox. C) 16:34; 3, P. Frank (Houn) 16:37; 4, — (Wyc) 16:38; 5, D. Compton (Wyc) 16:39; 6, R. Scott (Ox. C) 16:44; 7, P. Bloom (Houn) 16:47; 8, C. Walters (Ox. C) 16:53. **Teams:** 1, Oxford City 288; 2, Borough of Hounslow 264; 3, Wycombe Ph. 261. **(Colts):** 1, A. Laybourn (Mil. K) 9:30; 2, H. Vermeer (Lut) 9:31; 3, L. Hughes (Read) 9:40; 4, G. Coffey (Houn) 9:41. **Teams:** 1, Luton 59; 2, Oxford City 49.

ESSEX LEAGUE

At Chigwell Row, October 10th

1, M. Rolfe (Essex Beagles) 27:53
2, E. Martin (Basildon) 27:59
3, M. Fletcher (Chelm) 28:15
4, L. Gough (Ex. B) 28:17; 5, G. Couch (Bas) 28:18; 6, D. Balthasar (S'end) 28:47; 7, R. Wooley (Chelm) 28:59; 8, S. Bishop (Chelm) 28:59; 9, P. Cheatle (Ex. B) 29:03; 10, J. Clarke (Ex. B) 29:06; 11, C. Stringer (Ex. B) 29:07; 12, D. Horton (Harl) 29:09; 13, Turner (Ex. P) 29:14; 14, N. Allison (Ips) 29:20; 15, S. Malone (Norf) 29:26; 16, A. Croxford (Chelm) 29:31; 17, S. Burr (Ex. B) 29:38; 18, I. Chalk (Bas) 29:41; 19, T. Roper (W. Suff) 29:46; 20, N. Tyler (Hav) 29:51. **Teams:** 1, Essex Beagles 52; 2, Chelmsford 91; 3, Basildon 152; 4, Harlow 228; 5, Havering 311; 6, Southend-on-Sea 339. **(Youths):** 1, S. Hilditch (Thur) 21:52; 2, A. Kyriakides (S'end) 21:55; 3, P. Barr (Bas) 22:04; 4, K. Berrett (Hav) 22:17; 5, A. Buckingham (Chelm) 22:25; 6, A. Rosbrook (Bas) 22:39; 7, P. Speight (Ex. B) 22:42; 8, — 22:46; 9, L. Bright (Col) 22:51; 10, K. Masterson (Thur) 23:01. **Teams:** 1, Southend-on-Sea 48; 2, Basildon 56; 3, Thurrock 61; 4, Essex Beagles 66. **(Boys):** 1, D. Laughlin (Chelm) 14:38; 2, S. Debenham (Ex. B) 14:41; 3, M. Ash (Norf) 15:12; 4, C. Newman (Ips) 15:24; 5, G. Engwell (Chelm) 15:31; 6, M. Crodington (Thur) 15:35. **Teams:** 1, Chelmsford 37; 2, Essex Beagles 41; 3, Basildon 66. **(Colts):** 1, J. Gerrard (Thur) 9:09; 2, D. Russell (Norf) 9:47; 3, R. Bunton (Norf) 10:00. **Teams:** 1, Basildon 38; 2, Norfolk Olym. 39. **(Women):** 1, K. Webb (Ilf) 16:15; 2, G. Settle (Norf) 16:20; 3, A. Tamplin (Harl) 16:27; 4, G. Dawson (Bas) 16:40; 5, L. Bignell (Norf) 16:45; 6, K. Griffiths (Bas) 17:05; 7, E. Challen (Chelm) 17:11; 8, A. Pearson (Ilf) 17:17; 9, C. Brown (Hav) 17:18; 10, W. Lamb (Chelm) 17:19. **Teams:** 1, Norfolk Olym. 33; 2, Basildon 41; 3, Ilford 72. **(Juniors):** 1, D. Beer (S'end) 10:00; 2, E. Haley (Hav) 10:03; 3, S. Dryden (W. Suff) 10:09; 4, L. Cue (Harl) 10:11; 5, C. Weatherell (Chelm) 10:12; 6, K. McCusker (Chelm) 10:18. **Teams:** 1, Chelmsford 30; 2, Havering 37; 3, Essex Beagles 59. **(Girls):** 1, S. Mann (W. Suff) 8:32; 2, D. Laughlin (Chelm) 8:34; 3, M. Sunshine (Harl) 8:35. **Teams:** 1, Chelmsford 28; 2, Thurrock 33.

MEDWAY ATHLETIC CLUB

Present the

58th Rochester '5' & 4th Ladies '5'

(Under A.A.A. & W.A.A.A. Laws)

SUN., 22nd NOVEMBER, 1981

Start at 3 pm from Rochester Esplanade

Awards: Willis Cup 1st Individual, Simmons Cup 1st Team, Charlie Pay Trophy 1st Kent Runner.

TOTAL PRIZE VALUE OVER £250:

First 10 Individuals, first 3 teams, first 'B' Team, 10 Spot Prizes, first 3 Vets O/40 & first 3 O/50. Ladies Ind. & Team Prizes subject to number of entries.

Entries: Men's — Team £2 (6 run, 4 score), Ind. 50p. Ladies — Team £1.50 (4 run, 3 score), Ind. 50p.

Entries (enclosing SAE) to: Mrs V. Tree, 27 Brook Road, Larkfield, Kent ME20 6JD.

CLOSING DATE 10th NOV., 1981

No late entries accepted

ENTRIES LIMITED TO FIRST 800 ENTRIES RECEIVED ON A.A.A. FORMS TOGETHER WITH THE ENTRY FEE.

Clubs support Open Athletics and a single UK governing body

OVER 80% of athletics clubs replying to a BAL questionnaire have supported the concept of open athletics, given appropriate safeguards, and a similar number felt strongly that the formation of a single UK governing body for men's and women's athletics was necessary.

The British Athletics League commissioned a questionnaire from its members as well as from clubs which had entered its Cup competitions. The replies of 69 clubs, including 24 of the 30 BAL divisional clubs, have been analysed.

While supporting open athletics in principle the clubs are very concerned about the capability of the existing organisation structure to control open athletics (72% said it could not) and 52% felt that the UK should "go open" only with full IAAF approval.

Large majorities were in favour of prize money, advertising by athletes and personal sponsorship, but 52% were against appearance money. Virtually every club considered that a proportion of the income generated by open athletics should be returned to the sport but there was a wide spread of opinion as to what that proportion should be.

There was strong feeling that the club structure should be protected, to prevent "poaching" and to ensure appropriate club loyalty by the elite athletes.

Many clubs made the point that open athletics would be largely academic as far as the huge majority of British athletes were concerned, but nevertheless felt that strict control would be essential. Concern was also expressed that decisions should be made urgently if the sport was not to be "taken over" by the promoters.

As well as the strong support for a UK athletics association there was a large majority in favour of a registration scheme for athletes.

Issued on behalf of the BAL by Peter Matthews, from whom copies of the detailed analysis of the questionnaire can be obtained. Peter's address is on page 30.

Sussex County AAA officers: secretary — W. Robertson, 111 Orchard Road, Burgess Hill, Sussex, RH15 9PH (Tel: 04446 5118); championship sec. — W. Rex, 137 Nevill Road, Hove, Sussex, BN3 7QE (Tel: Brighton 556892).

In the international against France and Switzerland on September 18th/19th ('AW' Oct. 3rd), Paul Dickenson placed sixth in the shot with a 'token' 6.74m, and not Peter Gordon as stated.

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THE FOURTH BRITISH-AMERICAN MARATHON

(Under A.A.A. & W.A.A.A. Laws)

ON SUN., 14th MARCH, 1982, Start 12.30 pm
At Kings Holiday Park, Newlands, Canvey Island, Essex

Course: Flatest in Britain. Entire race at, or below sea-level.

Previous winners: 1979 Barry Heath — Lesley Watson, 1980 Chris Whitty — Lesley Watson, 1981 Dave Francis — Kim Davies.

WIN A TRIP TO TENNESSEE

The winning man in this years race will be invited to join Barry Heath, Chris Witty and Dave Francis to represent us in the September, 1982 edition of the B.A.M. scheduled to be held in Tennessee.

Prizes: 1st Man — Trip to Tennessee + Trophy + Prize.

2nd Man — Trophy + Prize. 3rd Man Trophy + Prize. 4th-10th Man — Prizes.

1st-3rd Lady — Trophy + Prize. 4th-6th Lady — Prizes.

Three International Team Awards and three Club Team Awards.

FAMILY PRIZES (only one award each family) 1st husband & wife team, 1st parent & child team).

Vet Awards: Men — 1st six O/40, 1st six O/50, 1st six O/60.

Ladies — 1st three O/35, 1st three O/50, 1st O/60.

Commemorative T-Shirts all who enter plus a medal for all who finish.

In 1980 we had 132 starters in our marathon on Canvey. In 1981 we had 666 many of whom posted personal best times including the winner, Tony Roper, 2 hrs 24 mins 32 secs. Why not join us this year when we hope to see 2,000 runners having a go?

Nationality (a runner may adopt his parents nationality) **Indicate Scottish ...**

Welsh ... English ... Irish ...

Name

Address

Age on Day of Race **Predicted time**

Athletic Club **T-Shirt chest size**

Are you entering the Family category — YES/NO.

If YES which category — HUSBAND/WIFE or PARENT/CHILD.

Do you require details of accommodation — YES/NO.

Entry Fee: £3.25 (no team fee), made payable to British American Marathon.

Last date for entries is 5th March, 1982.

ALL LATE ENTRIES WILL BE CHARGED: £5.00.

A 10" x 8" S.A.E. MUST BE ENCLOSED FOR DETAILS.

Entries to: 129 Thisselt Road, Canvey Island, SS8 9BL, Essex.

Results In Brief

July 18th/19th

Woking Heptathlon. S. Oram (Brack) 4312 (18.5, 11.54, 1.58, 28.1; 5.00, 28.04; 2:44.8).

August 1st

20km Forest Race, at Forestiere de L'Arijona Nedde (Fra). 1, J. Thornbury (Spark) 68:13; 2, D. Clark (Ver) 1:08:18; 3, A. Harding (Spark) 1:08:43. Team: Sparkhill.

August 9th

Indoor Meeting, at Antrim. SP: N. Montgomery (B&A) 13.39. (Women): HJ: S. McPeake (B&A) 1.75. SP: W. Phillips (Bel) 10.82.

August 29th

Redhill Pentathlon. S. Anderson (HHH) 3415 (15.7, 7.97, 1.60, 5.24, 2:25.0).

August 30th

Cornwall '10'. 1, L. Roberts (B'ht) 51:13; 2, D. Buzza (DoC) 51:34; 3, G. Taylor (Camb. H) 52:24; 4, M. Green (Ply) 53:04; 5, N. Jinks (Worc) 53:24; 6, V. Webster (DoC) 53:43; 7, M. Plint (Sheff) 53:51; 8, C. Ware (B'ht) 54:08; 9, T. Collins (Tor) 54:26; 10, R. Brownsey (West) 54:44. (Vets): 1, C. Mills (Tor) 55:08; 2, J. Robson (W. Corn) 55:23; 3, R. Little (Shaft) 56:17.

September 6th

Sunday League, at Bedford. HT: P. Dalrymple (Bed) 49.78. JT: N. Pattison (Bed) 58.00.

September 10th

Caernarfon Half Marathon. 1, J. Wagstaffe (Tip) 1:07:57; 2, J. Cooper (Wirr) 1:09:10; 3, F. Thomas (Aberys) 1:09:19; 4, M. Dooling (Eryri) 1:09:44; 5, T. Roberts (Eryri) 1:10:55; 6, J. Jones (Wrex) 1:10:59; 7, M. Jones (Eryri) 1:11:34; 8, R. Woodward (RAF) 1:12:23; 9, D. McEwan (Wrex) 1:12:29; 10, D. Davies (Carm) 1:13:17. Teams: 1, Eryri 16; 2, Wrexham 32. (Women): P. Smyth (Bel) 1:36:25.

September 12th

September Shield Qualifying Round, at Bedford. HJ: (A): D. Costello (Norf) 2.05. (B): A. Williams (Norf) 1.95. PV: P. Goulding (Shaft) 3.80. LJ: Costello 6.89. DT: J. Szablewski (Hill) 40.86. HT: M. Weiner (Shaft) 44.04. JT: 1, T. Newenham (Norf) 64.38; 2, P. De Kremer (Hill) 64.04; 3, J. Mottram (C&C) 62.96. Teams: 1, Norfolk Olym. 139; 2, Hillingdon 126; 3, Verlea 125½.

September 18th

Gateshead Open Meeting. 300: M. McMahon (Hough) 35.3. 800: S. Cram (J&H) 1:50.7. SP: P.

Reed (Mor) 13.37. DT: 1, Reed 42.72; 2, A. McKenzie (NSP) 41.74. (Women): 300: 1, A. Mius (NSP) 41.3; 2, S. Robinson (Bord) 41.3; 3, A. Piggford (Gate) 41.5. HJ: T. Murray (Gate) 1.70. (Juniors): 80H: 1, L. Hannam (Gos) 13.0 (12.9 ht); 2, K. Summers (Mor) 13.0 (12.8 ht).

September 19th

Police AA '10', at Dunsford. 1, E. MacKenzie (S. Yk) 49:23; 2, M. Peel (Met) 49:59; 3, S. O'Callaghan (W. Yk) 50:15; 4, P. Bidmead (Sx) 50:34; 5, G. Martin (W. Yk) 50:41; 6, S. Anning (A&S) 50:48; 7, R. Blair (Strath) 50:52; 8, C. Turner (Ex) 50:56; 9, A. Down (Ex) 51:21; 10, A. Bamber (Met) 51:32; 11, J. Pollock (Strath) 51:42; 12, R. Alconley (S. Yk) 51:54; 13, J. Walker (W. Yk) 51:59; 14, C. Comber (Sx) 52:17; 15, G. Bellord (Cleve) 52:24. Teams: 1, W. Yorkshire 46; 2, Strathclyde 52; 3, Metropolitan 71; 4, S. Yorkshire 74.

Bromsgrove & R 'Stars of Tomorrow' Meeting, at Redditch. (Junior Women): SP: 1, T. Salt (Stoke) 12.67; 2, M. Hampton (Bir) 12.48. (Girls): 800: N. Dilley (Bed) 2:24.1.

St. Albans CC Relay. 1, Shaftesbury 1:23:30; 2, Verlea 1:24:16; 3, Luton 1:24:37; 4, Highgate 1:25:51; 5, Shaftesbury 'B' 1:26:07; 6, Reading 1:26:27; 7, Bedford 1:26:52; 8, Old Gaytonians 1:27:02. Fastest: R. McDonald (Shaft) 13:20; M. Shotbolt (Bed) 13:28; S. Lowe (Shaft) 13:29; A. Simmons (Lut) 13:33; P. Lanfear (Read) 13:34; C. Stebbings (Lut) 13:41.

September 20th

Eastern YA League Final, at Harlow. (Youths): 400: D. Oliver (S&NH) 50.5. 1500: 1, Webster (Peter) 4:01.8. HJ: 1, R. Foulse (S'end) 1.95; 2, S. Dearn (S&NH) 1.90. DT: K. Bramble (S'end) 40.00. (Boys): SP: M. Smith (S'end) 13.88. (Inters): 200: S. Leigh (S&NH) 25.8. HJ: T. Reeson (Peter) 1.65. SP: G. Quailley (Bed) 10.56. (Juniors): 1500: 1, S. Jordan (Lut) 4:44.9; 2, D. Beer (S'end) 4:51.4; 3, S. York (S&NH) 4:54.1. 80H: (A): 1, M. Stone (S'end) 12.6; 2, M. Berry (S&NH) 12.9. (B): K. Johnson (S'end) 12.8. HJ: Johnson 1.65. LJ: 1, Stone 5.44; 2, J. Price (Bed) 5.20.

Eastern YA League, Plate Trophy, at Bedford. (Inters): SP: (A): S. King (Ips) 12.98. (B): S. Browne (Ips) 10.44. DT: L. Coombes (Ver) 33.22. JT: Browne 41.78. Teams: 1, Huntingdon

RUNNING AND MEDITATION

A talk by author Alan Spence

TUESDAY, 3rd NOVEMBER

7.30 pm

Saltire House, 13 Atholl Crescent
EDINBURGH

ADMISSION FREE

445 ½; 2, Colchester 432 ½; 3, W. Suffolk 407 ½.

September 30th

IPC Business Press Road Race, at Sutton. 1, S. Littlewood (HW) 14:00; 2, K. Nelson (WS&E) 14:10; 3, S. Allen (HHH-V) 16:02; 4, P. Mulholland (HW-V) 16:21.

October 3rd

Northern Youths Road Relay, at Wakefield. 1, Derby (P. Davis 9:46, K. Lamb 9:36, S. Wright 9:57, R. Jackson 10:05) 39:20; 2, Bolton (C. Bates 9:41, R. Chadbond 9:55, M. Pritchard 10:20, J. Patel 9:46) 39:32; 3, Morpeth (G. Grozier 9:59, J. Whitfield 9:48, G. Woods 10:05, S. Robson 9:44) 39:34; 4, Leeds City 39:44; 5, Salford 40:23; 6, Rotherham 40:26; 7, Sale 40:27;

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8, Middlesbrough & C 40:27; 9, Hallamshire 40:53; 10, Chesterfield 41:37; 11, Gateshead 41:54. Fastest: Lamb 9:36; A. Rodgers (Leeds) & Bates 9:41; Robson 9:44.

October 4th

North Wales Coast Charity Marathon (Queensferry to Prestatyn). 1, B. Grant (C&N) 2:24:01; 2, P. Milroy (Sal) 2:26:05; 3, M. Dooling (Liv) 2:29:15. (Vets): J. McGuinness (Liv) 2:39:34. (Women): S. Megson 2:57:20.

West London Hammer School Champs, at Windsor. 1, R. James 63.86; 2, M. Jones (J) 56.62; 3, M. Zaidman 53.28. (Juniors): Jones 62.92. (Youths): 1, K. Power 55.38; 2, D. Sole 53.34; 3, R. Tolputt 50.24. (Boys): 1, A. Tolputt 57.24; 2, M. Griffiths 56.34.

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Midland Area Joint Coaching Committee

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13th-15th November, 1981

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15th-17th January, 1982

For Sprinters wishing to improve their performances

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present the 3rd annual

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Details/Entry (SAE) to: J. Padbury, 60 Wards Crescent, Bodicote, Oxon.

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WAGLANDS COLI., TEDDINGTON

1 o'clock to 5 o'clock

22nd NOVEMBER

Free to members, £1 to non members (payable on the day).

Details: (SAE) Terry Lewins,
13 Albany Road,
Old Windsor,
Berk.,
after 30th October.

PETERSFIELD ATHLETIC CLUB

Annual

CROSS COUNTRY RACES

Open to Minor Boys/ Girls plus all AAA categories

to be held at Penns Place, Petersfield, Hants.

ON DECEMBER 6th, 1981

commencing at 10.30 a.m.

Entry Fees: 40p, to: Male — Richard Noble, Stonerwood Park, Steep, Petersfield, Hampshire.

Female — Carole Perryman, 237 The Causeway, Petersfield, Hants. Telephone 0730 67472.

ENTRIES CLOSE NOVEMBER 21st, 1981

CAMBERLEY & DISTRICT A.C.

The Annual

LADIES CROSS COUNTRY

(Under WAAA & SCWCC & RWA Rules)

SUNDAY, 6th DECEMBER, 1981, 12.30 pm

Tomlinscote School, Frimley

U/11 Girls	1½ Miles approx.
Girls	1½ Miles approx.
Juniors	1½ Miles approx.
Inters	2 Miles approx.
Seniors	3 Miles approx.

Trophy & Medals: 1st 3 Teams, Medals 1st 3 Inds.

Fees: 40p per Individual.

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CLOSING DATE 27th NOVEMBER

LUTON UNITED ATHLETIC CLUB

20th annual

CROSS-COUNTRY RACES

(Under A.A.A. & W.A.A.A. Laws)

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Regional Sports Centre,

Stopsley, Luton

SAT., NOVEMBER 14th, 1981

1 p.m.

1.00 p.m. Minor Boys	2 miles
1.20 p.m. Minor Girls	1½ miles
1.40 p.m. Colts	2 miles
2.00 p.m. Junior Ladies	2 miles
2.20 p.m. Boys	3 miles
2.40 p.m. Intermediate Ladies	3 miles
3.00 p.m. Youths	4 miles

(All ages as at 31st August, 1981)

Presentations as soon as possible after each race.

Entry fees: 30p per individual to Mrs A. Croft, The Hall, Hockliffe, Leighton Buzzard, Beds. LU7 9NA.

CLOSING DATE 6th NOVEMBER, 1981

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