

October 25th 1975 Vol. 29 No. 43

athletics weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

* David and Roger
Jenkins Featured

* Lugano Cup Final
—by Colin Young

* UK Intermediate
Top 25 Lists

* AAA Six Stage
Road Relay



15p

MARION
FAWKES (21) and
JUDY FARR (20)
competing in an
international
5000m walk at
Rouen.

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BRAZILIAN BOMBSHELL IN TRIPLE JUMP

Joao Carlos Oliveira smashes world record in Pan-Am Games

THE 1975 international season came to an end with the Pan-American Games in Mexico City last week, and it went out with an almighty bang. The world triple jump record, the property of Viktor Sanyeyev at 17.44/57'2½" and considered one of the finest in the book, was simply pulverised on October 15th by a young Brazilian, Joao Carlos Oliveira. Producing a performance that can only be compared with Bob Beamon's definitive long jump in the same stadium seven years ago, Oliveira bounded to the incredible distance of 17.89/58'8½"! In a remarkable competition his more famous countryman Nelson Prudencio jumped 16.85/55'3½" to finish only fourth as Americans Tommy Haynes and Abdul Rahman (Milan Tiff) registered 17.20/56'5¼" (US record) and 16.98/55'8½" respectively.

Once again, the altitude of Mexico City had created a jumper's wonderland. In all, the world triple jump record has been broken there seven times! Adhemar Ferreira da Silva, the first of the great Brazilian jumpers, created a sensation at the 1955 Pan-American Games when he improved the record from 16.23/53'3" to 16.56/54'4"; while at the 1968 Olympics the previous global mark of 17.03/55'10½" was obliterated by Giuseppe Gentile (Ita) with 17.10/56'1¼" in the qualifying round, followed by Gentile at 17.22/56'6", Sanyeyev at 17.23/56'6¼", Prudencio at 17.27/56'8" and finally Sanyeyev again with 17.39/57'0¼" in that fantastic final.

The rise of Joao Carlos Oliveira has been extraordinarily swift. A native of Sao Paulo, he is 21, a corporal in the army and has been a serious athlete for only two years! A soccer fanatic, even now his greatest sporting pleasure is to cheer on the Sao Paulo Corinthians.

He began to make a name for himself in 1974 by setting a Brazilian long jump record of 7.88/25'10¼" and triple jumping 16.34/53'7¼". Earlier this year he reached world class in both events: he long jumped a South American record of 8.13/26'8¼" in May and tripled 16.74/54'11¼" (behind Prudencio's 16.93/55'6¼") in September, as well as improving his long jump mark to 8.20/26'11". Prior to his triple jump bombshell, he had already won the Pan-American Games long jump title with 8.19/26'10¼" well ahead of Americans Arnie Robinson (7.94/26'0¼") and Al Lanier (7.91/25'11¼").

What are his special qualities as an athlete? Regis Prost, French national coach for triple jump, watched Oliveira in Rio last month, and was quoted by 'L'Equipe' as saying the 1.89/6'2", 75kg/165lb Brazilian is extremely fast, relaxed and agile. He was not surprised by the new record, for he had seen Oliveira register 16.74/54'11¼" despite a very poor step phase which, combined with his hop, brought him down only

at around the 10.20m (33½ft) mark. He realised then that Oliveira could, with a more satisfactory step, improve by the best part of a metre—and the altitude at Mexico City would also help boost his distance.

The Over-Seventeens

17.89/58'8½"	Joao Carlos Oliveira (Brazil)	1975
17.44/57'2½"	Viktor Sanyeyev (USSR)	1972
17.40/57'1"	Pedro Perez (Cuba)	1971
17.31/56'9¼"	Jorg Drehmel (GDR)	1972
17.27/56'8"	Nelson Prudencio (Brazil)	1968
17.22/56'6"	Giuseppe Gentile (Italy)	1968
17.20/56'5¼"	Mikhail Bariban (USSR)	1973
17.20/56'5¼"	Tommy Haynes (USA)	1975
17.12/56'2"	Carol Corbu (Rumania)	1971
17.07/56'0"	Dave Smith (USA)	1972
17.06/55'11¼"	Michal Joachimowski (Poland)	1973
17.03/55'10¼"	Josef Szmidi (Poland)	1960
17.02/55'10"	Phil May (Australia)	1968
17.01/55'9¼"	Nikolay Dudkin (USSR)	1970
17.00/55'9¼"	Pertti Pousi (Finland)	1968
17.00/55'9¼"	Gustavo Platt (Cuba)	1973

Other Pan-Am winners included—100: Leonard (Cub) 10.15; 200: Gilkes (Guy) 20:43; 400: Ray (US) 44.45 (fastest in world for 1975); 110H: Casanas (Cub) 13.44; 400H: King (US) 49.90; HJ: Woods (US) 2.25/7'4¼" women's 100: Jiles (US) 11.33; 200: Cheeseborough (US) 22.77; 400: Yakubowich (Can) 51.62; LJ: Alexander (Cub) 6.63/21'9"; Pent: Jones (Can) 4673.

WOMAN MARATHONER UNDER 2:40!

Jackie Hansen (USA) became the first female marathon runner to break 2:40 for the distance when she clocked 2:38:19 at Eugene, Oregon on October 11th.

The AGM of the Northern WAAA will be held at the Marsh Liberal Club, New Hey Road, Huddersfield on December 6th at 1.30 pm. Nominations for officers and club delegates, and any propositions or alterations to rules must be made in writing and reach Mrs M. Oakley, 10 Byemore Close, Great Ayton, Middlesbrough, Cleveland TS9 6LY by November 8th. Every club or association affiliated to the NCWAAA shall be entitled to representation of one delegate at the AGM with power to vote. Visitors are allowed.

ATHLETICS WEEKLY

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THE WEEK AHEAD

Saturday, October 25th: RRC/Tipton 'Accolade' 100 Mile Track Race, Tipton; Unigate Marathon (Inc Southern Championship), Harlow; Metropolitan CC League, Parliament Hill; Surrey CC League, Wimbledon; Chiltern CC League (Div 1, Wycombe/Div 2, Watford); Hampshire CC League, Bournemouth; Manchester CC League, Heaton Park; Southern Women's Road Relay Champs, Bracknell; Midland Women's Road Relay Champs, Coventry; Chelmsford AC Sidney Taylor 5 x 5000m CC Relay; Solihull AC CC Relays; Biggleswade CC Races.

Sunday, October 26th: Batley Sports Development Council Road Races; Gale Fell Race (Cat: C); Kent Women's CC League, Tonbridge; Invitation Track Races, Haringey.

Wednesday, October 29th: BRC v RAF, RAF Halton; West Midlands Wednesday CC League, Birmingham.

ANNUAL GENERAL MEETINGS

The 95th Annual General Meeting of the AAA will be held at the Grand Hotel, Colmore Row, Birmingham, on Saturday, November 1st (12 noon).

The first Annual General Meeting of the UK Women's Athletic League will be held at the Norfolk Hotel, Hagley Road, Birmingham, on Sunday, October 26th (1.15 pm).

Entries for the Mike Sully Races will be accepted up to Monday, November 3rd (not November 1st) as in the advertisement. This is in response to requests from Northern and London area teams who must ensure full coaches for economic reasons.

FEATURED THIS WEEK

★ Brazilian Smashes World Triple Jump Record	2
★ Lugano Cup Final—By Colin Young ...	6
★ Scottish News—by Colin Shields ...	8
★ UK Intermediate Women's Top 25 Lists	16
★ AAA National Six-Stage Road Relay ...	22
★ Who's Who in British Athletics (David Jenkins and Roger Jenkins)	24
★ European Results Round-Up	28
★ Readers' Letters	33

Cover photo by Mike Street

Celebration Run For Sally Ludlam

SALLY LUDLAM of Portsmouth Atalanta AC celebrated her election as UK Junior Athlete of the Year (by the British Athletics Writers' Association) by winning the Junior 2000m event for the second successive year at the Haywards Heath Harriers International Cross-Country meeting on October 4th. Leading most of the way, the tall 14-year-old was nevertheless pushed hard by Epsom's Elaine Harding, who was only one second down at the finish.

The Portsmouth club went one better in the Intermediate 3000m event, where Mary Gallo-way was a clear winner, ahead of club-mate Val Whitfield. But the most exciting of the women's races was the senior 4000 metres where pace-maker Caroline Simpson (Bournemouth) came into the slightly uphill home straight of about 150m with a seemingly unbeatable lead over Annette Roberts. But Annette turned on a tremendous burst of speed and just edged ahead at the line, as both girls shared the winning time of 14.05. In the Girls' 2000m event, Nechama DeJesus of Essex LAC impressed me a great deal as she put as much as 19 seconds between herself and 140 pursuers in such a relatively short distance.

Busiest athlete in the men's events was former Kent cross-country champion Ian Macmillan. After having covered ten training miles in the morning, he won the 5000m (32-40 age group) event from a 40-strong field quite comfortably, then turned out again in the open senior race, coming in 17th.

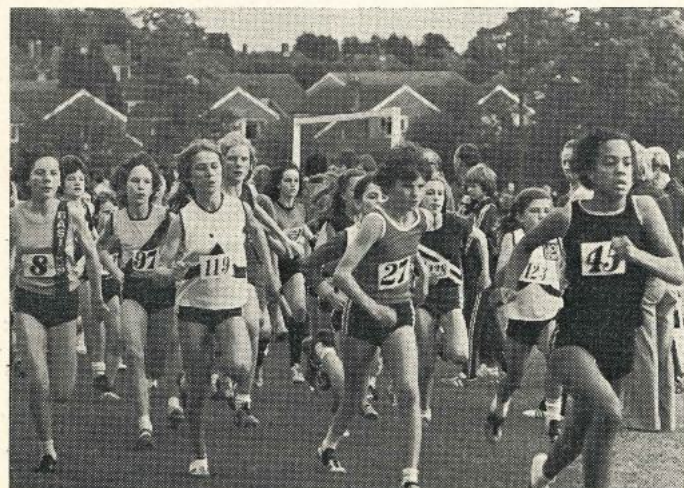
John Luxford won the Veterans 5000m, almost his own property now, from Horsham Blue Star team-mate Maurice Baker, while Brian Dawkins was an outstanding winner of the Junior 5000m.

Only two runners in the senior race, held in conjunction, finished ahead of him.

With over 1400 entries in all, the meeting gets more hectic every year. Among those competing in the Boys under-11 1000 metres was Steve Ovett's young brother, who was 55th, and with 105 finishers in this race and 165 in the Colts event, there was a solid demonstration of the need for more competition for the sub-teens!

Cliff Temple

1, G. Styan (Horsham Blue Star) 14:29
 2, R. Simnett (Borough of Enfield) 14:40
 3, M. Gratton (Brighton & Hove) 14:44
 4, P. Clayman (Hay H) 14:49; 5, P. Bidmead (B&H) 15:00; 6, D. Peel (Hay H) 15:01; 7, R. Harding (Inv) 15:03; 8, J. Smith (Hay H) 15:04; 9, A. Sharp (Ton) 15:12; 10, S. Holland (Hast) 15:19; 11, D. O'Donnell (W&DH) 15:23; 12, B. Collyer (W&DH) 15:25; 13, D. Stevens (Bex) 15:26; 14, P. Colwyn (AF&D) 15:33; 15, A. Wilson (Bex) 15:35, **(32-40 5000m)**: 1, I. Macmillan (Inv) 14:38; 2, D. Horsup (Thurr) 14:50; 3, J. Awcock (HBS) 14:55; 4, G. North (Bel) 15:01; 5, G. Blackburn (West) 15:12; 6, J. Flatters (West) 15:45; 7, M. Curthoys (S&E) 15:46; 8, D. Staines (Thurr) 15:50; 9, D. Howe (B&H) 15:55; 10, R. Parker (W&DH) 15:58. **(Veterans 5000m)**: 1, J. Luxford (HBS) 15:43; 2, M. Baker (HBS) 16:09; 3, P. Buss (Dart) 16:25; 4, H. Downer (And) 16:35; 5, R. Curtis (Ton) 16:37; 6, B. Jackson (Port) 16:51; 7, K. Humphrey (E&E) 16:55; 8, J. Pennington (N Canberra/Aus) 16:58; 9, L. Gaskin (H&S) 16:59; 10, G. Wooton (Bex) 17:16. **(Junior Men 5000m)**: 1, B. Dawkins (S&E) 14:35; 2, P. Bettridge (Hav) 15:00; 3, E. Brown (Bas) 15:02; 4, S. Hayter (Ryde) 15:04; 5, J. Pickford (West) 15:10; 6, P. Sharland (G&G) 15:37.



The start of the Girls race at Haywards Heath with Nechama DeJesus (45) setting the pace. Nechama set a UK age-11 best of 4:19.1 for 1500m this year.

Youths 4000m

1, E. Martin (Bas) 12:19; 2, S. Purser (Port) 12:24; 3, J. Bristow (B&H) 12:34; 4, R. Nash (West) 12:41; 5, P. Osbourne (Worc) 12:48; 6, G. Heathers (F&C) 12:49; 7, R. Brookes (Bex) 12:50; 8, T. Newton (S&E) 12:51; 9, D. Hansford (S&E) 12:53; 10, M. Cowman (West) 12:55. (Boys 3000m): 1, P. Rolland (HBS) 8:38; 2, S. Jones (Nor) 8:50; 3, A. Bristow (B&H) 8:51; 4, C. Hemsby (Wok) 8:58; 5, K. Kiddle (Ind) 8:59; 6, G. Figg (G&G) 9:00; 7, S. Kirk (Ton) 9:01; 8, D. Eglen (AF&D) 9:02; 9, M. Hillier (Port) 9:04; 10, R. Sweatman (Coll) 9:06. (Colts 2000m): 1, J. Myall (E&E) 6:49; 2, R. Heasman (Hay H) 6:52; 3, M. Scullion (Hav) 6:54; 4, D. Walland (AF&D) 6:55; 5, G. Thompson (Pres) 6:57; 6, R. Swift (S&E) 6:58; 7, P. Bristow (B&H) 6:59; 8, G. Boatwright (E&E) 7:05; 9, P. Brown (B&H) 7:05; 10, C. Hines (Thurr) 7:06. (U/11 1000m): 1, K. Berrett (Hav) 3:04; 2, C. Knife (Coll) 3:05; 3, S. Smith (Yeo) 3:09; 4, M. Simmons (Sutt) 3:11; 5, S. Staniforth (Sutt) 3:13; 6, P. Barr (Bas) 3:13.

Senior Women's 4000m

1, A. Roberts (Surrey) 14:05
2, C. Simpson (Bournemouth-Ind) 14:05
3, S. Hines (Thurrock) 14:17
4, P. Fowler (B&H) 14:17; 5, H. Fielon (Port) 14:24; 6, C. Rogers (High) 14:30; 7, K. Fielon (Port) 15:00; 8, S. McDiarmid (S&E) 15:06; 9, L. Abraham (Wyc) 15:22; 10, A. Clark (High) 15:38; 11, C. Coleman (High) 15:43; 12, S. Smith (High) 15:56; 13, K. Tabor (S&E) 15:57; 14, M. Stroud (E&E) 16:00; 15, B. Norrish (B&H) 16:11. (Inters 3000m): 1, M. Galloway (Port) 9:48; 2, V. Whitfield (Port) 10:00; 3, J. Dawkins (S&E) 10:07; 4, K. Simms (G&G) 10:30; 5, B. Frank (Mit) 10:37; 6, J. Burchett (Croy) 10:38; 7, K. Lyon (Ton) 10:40; 8, L. Mosen (High) 10:41; 9, A. Dauntton (Port) 10:47; 10, G. Chell (Sy) 10:48. (Juniors 2000m): 1, S. Ludlam (Port) 6:49; 2, E. Harding (E&E) 6:50; 3, D. Miles (Trow) 6:51; 4, S. Frost (Yeo) 6:55; 5, S. Curtis (Ind) 7:06; 6, K. Whippy (Thurr) 7:07; 7, C. Trotter (Hay H) 7:08; 8, J. Cullen (E&E) 7:11; 9, C. Woodage (S&E) 7:12; 10, C. Sutton (S&E) 7:14. (Girls 2000m): 1, N. De Jesus (Ex) 6:49; 2, K. Timpson (Thurr) 7:08; 3, W. Purser (Port)



Will he follow in his big brother's footsteps? Nicky Ovett is his name.

Sportsview

7:15; 4, K. Brown (Croy) 7:25; 5, D. Buckle (Thurr) 7:27; 6, S. Poulter (E&E) 7:27; 7, S. Lambourn (Mit) 7:34; 8, K. Amey (Mit) 7:35; 9, K. Nicholson (G&G) 7:37; 10, S. Merchant (Thurr) 7:38.

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Lugano Cup FinalColin Young reporting

SOVIET VETERANS CLINCH TROPHY

John Warhurst, Brian Adams, Olly Flynn show world-class form

ARTIC-LIKE cold at Grand Quevilly (France) on October 11th/12th made conditions unpleasant for competitors, officials and spectators at the seventh edition of the Lugano Cup Final. Despite this, many tremendous performances were achieved; these together with the sensational happenings in the 50km made it a memorable occasion. Like vintage wine the great walkers seem to improve with age and though Golubnichiy and Pamich were absentees the over 35's were well represented by Lyungin, Weidner, Frenkel and Ivchenko. With both the USSR and GDR losing men in the 50km, the battle for the final team placings became very intense with West Germany making a fine showing on the second day and Britain and Italy having a battle royal throughout the contest. The British team and their enthusiastic bunch of supporters were delighted with the equal third place and certainly John Warhurst, Brian Adams and Olly Flynn showed world class form. The Soviet veterans finally overcame the very talented East German newcomers but not before a desperately close duel.

As a dedicated observer and performer of the sport for the past three decades, one thing troubles me at this present time when races are held at the highest level. It would now appear that several of the judges' panel seem intent on making their presence felt by ensuring that there are a list of warnings on their cards every time the chief judge passes to collect their decisions. In my opinion the general standard of walking was better than at any other previous final, only one man in each event flaunting the definition. Yet there were three disqualifications in the 20km and, almost unbelievably, five were 'chopped' in the 50km. Like all walkers who were in favour of the straight leg rule I was keen to punish the bent legged 'shufflers', but it is now clear that some judges are interpreting the definition to ridiculous lengths and, by their very approach to the task, are literally intimidating the competitors. It will be a great pity indeed if the sport suffers from these methods. Judging from talk in the dressing rooms there is now very little criticism of the walking by the top performers—in stark contrast to the fifties and sixties when many a famous name got away with murder.

20km (October 11th, 3.15 pm)

Bitterly cold, windy conditions on a seven lap course which was far from being a 'billiard table' affair kept the leading men bunched for the majority of the distance. Brian Adams and

Olly Flynn forced the pace early on but at 5km (21:55) there were no less than 14 grouped together. Rather significantly, however, Stadtmuller, Kannenberg and Bartch were 12sec back. By 10km (43:42) the group was now 11-strong with men such as Lelievre and Mills dropped. Flynn made a short-lived solo break but was soon back in the pack. At 15km (65:25) the bunch had broken up, the eventual first three now having an 8sec lead over Bartch, Visini and Adams with Flynn now a solo fourth 5sec down on the leading trio. The three remaining Russians were now together as Reimann and Zambaldo found the pace too much. So on to the hard fought finish with Stadtmuller just having the edge on Kannenberg with the ever popular Peter Frenkel, back to his Olympic winning form and looking happy and confident but not able to hold the flying duo over the last 3km.

Brian Adams and Olly Flynn walked their best international yet—always in the action and never fading even in the closing stages. Very solid stuff from the Russians while Visini's speed and sharpness was quite an eye opener. Judged by their past deeds Reimann, Zambaldo and Lelievre had disappointing races but there is all to play for at Montreal with now at least 15 men having real medal chances. Others to catch the eye were the comethrough efforts of Stankovics and young Simonsen and the fighting performance of 50km specialist, Carpentieri. Our third counter, Amos Seddon, put his usual dependable, solid effort and could well recapture that little extra he showed at Rome last year when next season comes around. Roger Mills had a race he will quickly want to forget; after 7km he was in trouble and it took a big effort for him to get round the last 5km. One can only hope that he is both mentally and physically at his best early next year because with his fearsome basic speed and determination he can trouble them all. The Americans had an unhappy race with Wayne Glusker starting late and both Jerry Brown and John Knifton being disqualified although looking no worse than many others. In view of the prevailing conditions the times look too good to be true, particularly the last 5km split for the leaders, but be that as it may the race was a great one and an ideal preview of the Montreal Olympics.

Result: 1, K-H Stadtmuller (GDR) 1:26:12; 2, B. Kannenberg (WG) 1:26:20; 3, P. Frenkel (GDR) 1:26:54; 4, O. Bartch (USSR) 1:27:35; 5, V. Visini (Ita) 1:27:38; 6, BRIAN ADAMS 1:27:46; 7, A. Troitski (USSR) 1:27:59; 8, OLLY FLYNN 1:28:08; 9, E. Ivchenko (USSR) 1:28:39;

10, M. Alekseyev (USSR) 1:28:58; 11, H-G. Reimann (GDR) 1:29:03; 12, A. Zambaldo (Ita) 1:29:29; 13, I. Stankovics (Hun) 1:29:55; 14, G. Lelievre (Fra) 1:30:18; 15, D. Carpentieri (Ita) 1:30:25; 16, H. Gauder (GDR) 1:30:37; 17, AMOS SEDDON 1:30:42; 18, J. Tabori (Hun) 1:30:53; 19, B. Simonsen (Swe) 1:31:13; 20, G. Aneheim (Swe) 1:31:57; 21, S. Bellucci (Ita) 1:33:03; 22, A. Moulinet (Fra) 1:33:17; 23, D. Bjorkgren (Swe) 1:33:27; 24, H. Mayr (WG) 1:33:40; 25, O. Hemmingsson (Swe) 1:33:49; 26, R. Kitchen (USA) 1:34:15; 27, L. Sabor (Hun) 1:34:48; 28, ROGER MILLS 1:35:23; 29, D. Guebey (Fra) 1:35:42; 30, B. Schmidt (WG) 1:37:26; 31, W. Glusker (USA) 1:38:07; 32, H. Stolte (WG) 1:39:15; 33, H. Leveque (Fra) 1:42:41. S. Forian (Hun), J. Brown (USA) & J. Knifton (USA) disq. **Teams:** 1, GDR 71; 2, USSR 64; 3, UK 55; 4, Italy 54; 5, West Germany 36; 6, Hungary 33; 7, Sweden 29; 8, France 28; 9, USA 8.

50km (October 12th, 12.30 pm)

The wind had dropped but the bitter cold remained, although it did warm a little later on thus making conditions bearable. Weidner and the three Russians (they were not allowed to bring a fourth counter in view of the fact that the event is now not in the Olympic programme!), were soon out in front followed by the East German foursome and Schubert—then the Sheffield pair of John Warhurst and Roy Thorpe. It was with some surprise that one noted the sudden acceleration by the remarkable Olaf Pilarski (born

7.12.56!), second in the recent European Junior 10km at Athens, that took him rapidly up to the leaders and soon had the effect of dropping first Svechnikov and then Weidner. At this time the battle for the trophy between the GDR and the USSR was on a knife's edge but soon it swung the latter's way as Kroel was disqualified and young Pilarski dramatically cracked.

Vecchio, going extremely well, passed our leading pair while further back the Hungarian duo of Danovszky and the experienced Dalmati were making rapid progress. As Pilarski faded another East German prodigy, virtually unknown Ralf Knuttel (born 6.4.55), caught alight, blazed past Svechnikov and Weidner and sensationally started to make inroads into the large gap that the impressive Lyungin and Soldatenko had set up. Eventually the tall, powerful Lyungin left 'Solda' as the East German approached. Then suddenly, another sensation . . . Soldatenko is disqualified! The trophy now seemed to be going back with the holders but next lap Knuttel had also disappeared, suffering the same fate as the Russian. I must state that in my opinion both were walking splendidly; however, obviously some judges were not so impressed.

Spectators were now in a high state of excitement as Italy, Britain and West Germany, whose four some were now making their presence felt, were all coming into the picture regarding the issue of the destination of the trophy. As Lyungin stormed

Continued on page 14

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Blisteze protects lips from cold and wind; and contains active ingredients that quickly help damaged tissues heal.

It works just as well for cracked or chapped lips too.



Blisteze

Gentle treatment for sore lips.

Scottish News

By Colin Shields

EDINBURGH CLUBS IN LIVELY SCRAP

A STRUGGLE for supremacy between the two Edinburgh clubs, who despite fielding under strength teams, confirmed that their dominance could be as strong this coming winter as it was in the summer track season, characterised the McAndrew 4 x 3M Road Relay at Scotstoun, Glasgow on October 4th. Gale force winds and heavy rain—unlike the fine sunny weather which usually marks the traditional opening event of the Scottish cross-country season—slowed runners but did not deter a large entry of 74 teams competing.

The pattern of the race was quickly formulated on the first lap as the leading bunch of three—Ian Elliott (ESH), John Graham (Clyde V) and Ronnie Knowles (EAC)—established a lead of 30y in the first half mile with Dick Hodelet (GGH), Bill Yate (Mary) and Jim McGarva (Falk V) in close pursuit. Graham was forcing the pace for most of the lap but, with just one mile to go, Elliott broke clear to finish in 14:08 over 30y clear of Graham (14:14) with Knowles (14:25) another 60y behind.

Colin Youngson started fast, and with Bert McKay (Clyde V—just a few months from Veteran status) dropping from contention soon after the start, it was up to Doug Gunstone,

Scottish 10,000m and 10 miles track champion, to endeavour to put EAC in a challenging position. Gunstone moved into second place with a powerful spell of mid-lap running, clearly pulling Youngson in, but he faded after this effort and had to let Youngson get away in the closing stages. Bill Day had pulled Falkirk Victoria to third (14:10) with Alastair Johnston lifting Victoria Park from eight to fourth and Clyde Valley back in fifth place.

The third lap was decisive, as both the leading clubs put out their 'big guns' to try and establish a winning lead. EAC fielded Andy McKean, who had not raced since the Tom Scott 10 mile in early April (but has maintained a steady training schedule of just under 70 miles per week throughout the summer). He faced the prospect of catching Dave Logue (ESH) who had started with a 16sec lead. Well though McKean ran he was not yet at peak racing fitness, and in recording the third fastest time of the day, 13:47, he could only pick up 40y on Logue (13:53). Lawrie Spence (13:45) caught the eye as he raced through the field to bring Strathclyde University from seventh to third and Lachie Stewart, who still runs to and from work each day, clocked 14:30 to bring Shettleston 'B' from 36th to 23rd.

MEDWAY ATHLETIC CLUB

52nd ROCHESTER "5"

SUNDAY, NOVEMBER 16th, 1975

Start 3 p.m.

ROCHESTER ESPLANADE

AWARDS

Willis Cup: 1st Individual

Simmons Cup: 1st Team

Charlie Pay Trophy: 1st Kent Runner

GREATLY INCREASED PRIZE VALUES

Value of Prizes £150 for: First 10 Individuals, First Three Teams, First 'B' Team, First Two Veterans. Additional prizes up to first 20, according to entry.

Changing Accommodation: Mathematical School, Maidstone Road, Rochester.

Entries: 6 run, 4 to score

Fees: All to enter as individuals

at 20p each. NO TEAM FEES.

Race Secretary:

L. Smith, 5 The Shades, Knights Place, Strood, Rochester, Kent (Medway 70224)

CLOSING DATE: November 5th, 1975

Does Your Club need new ideas?

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NATIONAL CLUB CONFERENCE

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ON SUNDAY, NOVEMBER 16th

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- Coaching and competition for all ages and abilities.
- The huge cost of running an athletic club.

This could give you the lead you are looking for.

Details from and applications to:

David Couling,
82A Birstall Road,
Birstall,
Leicester,

enclosing fee of £1 which includes a buffet lunch (S.A.E. please).

Southern looked clear winners as Gareth Bryan-Jones took over a 10sec lead for the final stage, and though in returning 14:10 he was the slowest of Southern's first team he increased the winning margin to 21sec over last year's winners and close rivals EAC.

With only two of their recognised first team squad competing (they can also call on Jim Brown and Ian Gilmour), Clyde Valley did well to finish third. This final position was due mainly to Ron MacDonald who made light of the opposing elements when he strode through from seventh to third with the fastest lap of the day (17:45).

1, Edinburgh Southern H (I. Elliott 14:08, C. Youngson 14:01, D. Logue 13:53, G. Bryan-Jones 14:10) 56:12;

2, Edinburgh AC (R. Knowles 14:25, D. Gunstone 14:00; 3, A. McKean 13:47, D. Knowles 14:21) 56:33;

3, Clyde Valley (J. Graham 14:14, R. McKay 14:57, J. Small 14:55, R. MacDonald 13:39) 57:45;

4, Shettleston (A. Marshall 15:09, D. Lang 14:26, N. Muir 14:16, J. Burns 14:15) 58:06;

5, Victoria Park (F. Brown 14:34, A. Johnston 14:15, H. Barrow 14:53, J. Gunstone 14:58) 58:40;

6, Strathclyde University (J. McLean 14:48, S. Snakkvik 15:07, L. Spence 13:45, D. Leitch 15:24) 59:04;

7, ESH 'B' 59:14; 8, Falkirk Victoria 59:37; 9, East Kilbride 59:45; 10, Bellahouston 59:56; 11, Springburn 60:21; 12, Cambuslang 60:29; 13, Clydesdale 60:33; 14, Teviotdale 61:05; 15, Victoria Park 'B' 61:20; 16, Dumbarton 61:21; 17, Law 61:36; 18, Bellahouston 'B' 61:57; 19, Greenock Glenpark 62:08; 20, Paisley 62:09. 62 teams finished.

Fastest: MacDonald 13:39, Spence 13:45; McKean 13:47, Logue 13:53, Gunstone 14:00, Youngson 14:01, Elliott 14:08, Bryan-Jones & W. Day (Falk V) 14:10, Johnstone & Burns 14:15, Muir 14:16, C. Spence (Spang) 14:18.

RENFREWSHIRE CC RELAY CHAMPS

At Greenock, October 11th

Bellahouston Harriers dominated the Senior 4 x 2½ miles race in the Renfrewshire Cross-Country Relay Championships held for the first time ever at Spango Valley, Greenock. They easily retained their title over a true, well marked cross-country course and placed their 'B' team third behind Greenock Wellpark H.

Bellahouston led from the start with Roy McCrone returning the second fastest lap of 12:12 to establish a 100y lead from Paisley's Eric Angellier, a former French Junior 3000m steeplechase international, now teaching French for one year in Paisley. Frank Clement, British 1500m and one mile record holder, established a winning lead on stage three with an easy, relaxed 12:29 and Bellahouston came home over 400y clear of Greenock Wellpark. Local runner Cameron Spence returned the fastest time of the day on

the third lap when he lifted his club from 10th to 4th with 11:54, the only sub-12:00 time of the day. Eastwood AC won the Youths title, coming from behind on the final lap to overtake Greenock Glenpark who had led from the start. William Toole (Paisley) ran a courageous race to record the fastest lap of 10:56 with no one in sight on the last lap.

Kilbarchan AC, a newly revived club in their first full season, won the Junior Boys title and have an enthusiastic bunch of youngsters (but still managed to field a Senior team of "dads").

At the prize-giving Duncan McSwein, OBE, former President of the BAAB and Past President of the SCCU and SAAA, was honoured for his outstanding service to the Renfrewshire AAA when he was presented with an award by Colin Shields, President of the Renfrewshire AAA. Mr McSwein, who acted as Chief Timekeeper as usual at the Relay Championships, has been a timekeeper and official of Renfrewshire county and track promotions for the last 40 years and is followed by his sons, Duncan and Robert, who both hold prominent positions in the sport.

1, Bellahouston (R. McCrone 12:12, M. Piddgett 12:59, F. Clement 12:29, N. Scott 12:57) 50:36;

2, Greenock Wellpark (T. Anderson 13:27, A. Coutts 12:28, W. Stoddart 13:13, G. Gaffney 12:41) 51:49;

3, Bellahouston 'B' (W. Lowe 13:05, C. Joss 12:47, H. Scott 13:24, M. Black 12:50) 52:06;

4, West of Scotland 52:25; 5, Spango Valley 52:53; 6, Bellahouston 'C' 53:29; 7, Greenock Glenpark 53:48; 8, Greenock Wellpark 'B' 55:22; 9, Kilbarchan 56:05; 10, Bellahouston 'D' 58:02.

Fastest: C. Spence (Span) 11:54, McCrone 12:12, Coutts 12:28, Clement 12:29, E. Angellier (Pais) 12:33, I. Shaw (WoS) & Gaffney 12:41.

Youths 3 x 2M

1, Eastwood (G. Harvey 12:00, R. Bruce 11:22, J. Renfrew 10:57) 34:19; 2, Greenock Glenpark 34:31; 3, Bellahouston 36:15; 4, West of Scotland 36:30; 5, Paisley 36:33; 6, Eastwood 'B' 41:15. **Fastest:** W. Toole (Pais) 10:56, Renfrew 10:57, G. Rodgers (GGH) 11:17. (**Senior Boys 3 x 1½M:**) 1, Paisley (D. Smith 8:22, G. Gibson 8:48, W. Smith 8:41) 25:51; 2, Eastwood 28:20; 3, Spango Valley 28:32; 4, Bellahouston 28:52; 5, Kilbarchan 29:05; 6, Greenock Glenpark 30:50. **Fastest:** D. Smith 8:22, W. Smith 8:41, Gibson 8:48. (**Junior Boys 3 x 1½M:**) 1, Kilbarchan (G. Gibson 10:27, I. Rees 10:35, S. Blair 10:17) 31:19; 2, Bellahouston 31:22; 3, Spango Valley 36:26. **Fastest:** A. Thompson (Bell) 9:22, A. Robertson (Bell) 10:01, Blair 10:17.

LANARKSHIRE ROAD RELAY CHAMPS

At Coatbridge, October 11th

On their home ground at Drumpellier Park, Coatbridge, Clyde Valley won the Lanarkshire Road Relay title thanks to a last lap from Ron MacDonald who took the lead in the last mile from Shettleston H. Springburn H were the

leaders for the first two laps with Shettleston leading Clyde Valley by just 4sec in third place. A resurgent Lachie Stewart took Shettleston into a 14sec lead on the third lap and Ron MacDonald eagerly set off after first year Junior, Nat Muir, the youngest ever athlete to represent Scotland in the International Junior CC Champs. Well though Muir ran, MacDonald was in top class form and ran home a clear winner with 11:08, the fastest lap of the day, 4sec ahead of Lawrie Spence of Strathclyde University (11:12) who jumped from sixth to second on the second lap.

A victory from Clyde Valley in the Youths relay race stopped a clean sweep of the younger age group races by Springburn H who nevertheless provided the fastest individual in the three races. Springburn, always famed for the strength of their teams in Youths and Boys age groups thanks to sterling work by coach Eddie Sinclair, must now start favourites for the inaugural National Young Athletes Relay title at Edinburgh next month.

1, Clyde Valley (E. Davlin 11:57, J. Graham 11:34, J. Small 12:00, R. MacDonald 11:08) 46:39;

2, Shettleston (J. Burns 11:34, D. Laing 11:53, L. Stewart 11:50, N. Muir 11:32) 46:49;

3, Strathclyde University (D. Leitch 12:11, L. Spence 11:12, S. Snekkvik 12:30, J. McLean 12:18) 48:11;

4, Springburn 48:27; 5, Law 49:06; 6, East Kilbride 49:21; 7, Cambuslang 50:10; 8, Shettleston 'B' 50:18; 9, Cambuslang 'B' 50:18; 10, Law 'B' 50:23.

Fastest: MacDonald 11:08, Spence 11:12, T. Paterson (Spring) 11:30, Muir 11:32, Burns 11:34, Graham 11:34.

Youths 3 x 2½M

1, Clyde Valley (G. Patterson 12:10, A. Smith 13:48, B. McSloy 12:31) 38:29; 2, Springburn (D. McLeod 12:45, I. Murray 12:08, J. Ross 14:14) 39:07; 3, Shettleston (T. Shields 13:28, A. Smith 12:14, S. Summers 14:22) 40:04; 4, East Kilbride 40:44; 5, Larkhall YMCA 41:03; 6, Clyde Valley 'B' 42:40. **Fastest:** Murray 12:08, Patterson 12:10, Smith 12:14. (**Senior Boys 3 x 1½M:** 1, Spring-

burn (G. Sinclair 8:51, G. Williamson 8:15, M. Graham 9:01) 26:07; 2, Clyde Valley 26:40; 3, East Kilbride 27:12; 4, Cambuslang 28:02; 5, Clyde Valley 'B' 28:28; 6, Larkhall YMCA 28:31. **Fastest:** Williamson 8:15, D. Marshall (Clyde V) 8:40, G. Barry (Clyde V) 8:46. (**Junior Boys 3 x 1½M:** 1, Springburn (A. Callan 8:58, R. Barr 9:06, B. McIntyre 9:05) 27:09; 2, Shettleston 29:16; 3, East Kilbride 29:26; 4, Springburn 'B' 29:29; 5, Clyde Valley 30:09; 6, Larkhall YMCA 'B' 30:17. **Fastest:** Callan 8:58, G. Boyer (Shett) 9:00, McIntyre 9:05.

COATBRIDGE '5'

October 12th

1, R. MacDonald (Clyde Valley) 29:21
2, J. Dingwall (Falkirk Victoria) 29:33
3, L. Spence (Strathclyde University) ... 29:34
4, D. Gunstone (EAC) 29:49; 5, C. Youngson (ESH) 30:10; 6, M. Craven (ESH) 30:20; 7, J. Graham (Clyde V-J) 30:32; 8, A. Johnstone (Vic P) 30:33; 9, W. Yate (Mary) 30:50; 10, W. Day (Falk) 30:55; 11, A. McFarlane (Spring) 30:56; 12, G. Laing (Aber-J) 30:57; 13, T. Patterson (Spring-J) 31:25; 14, R. McKay (Clyde V) 31:30; 15, K. McCartney (Law-J) 31:32; 16, J. Small (Clyde V) 31:33; 17, E. Knox (Spring) 31:33; 18, T. McGarva (Falk V-J) 31:34; 19, C. Martin (Dumb) 31:49; 20, G. Milne (Aber) 31:50; 21, R. McCrone (Bella) 31:50; 22, I. Johnstone (Inver) 31:52; 23, H. Barrow (Vic P) 31:53; 24, E. Devlin (Clyde V) 31:59; 25, M. Fidgett (Bella) 32:05; 26, C. McAlinden (Pais-V) 32:08; 27, G. Eadie (Cambus-V) 32:10; 28, J. Evans (Shett) 32:31; 29, J. Leggate (Clyde) 32:45; 30, C. Joss (Bella) 32:48; 31, H. Summerhill (Shett) 32:49; 32, R. Inglis (Cambus) 32:50; 33, P. McGregor (Vic P) 32:50; 34, M. Black (Bella) 32:53; 35, H. Scott (Bella) 32:54; 36, M. Louge (Vic P) 32:56; 37, B. Morton (Falk V) 32:59; 38, E. Angelier (Pais) 33:04; 39, R. Anderson (Camb) 33:15; 40, N. Scott (Bella) 33:25. **Teams:** 1, Clyde Valley 24; 2, Falkirk Victoria 30; 3, Springburn 41; 4, Victoria Park 64; 5, Bellahouston 76; 6, ESH 83; 7, Cambuslang 98; 8, Shettleston 100; 9, Bellahouston 'B' 109; 10, Clyde Valley 'B' 109.

Bedfordshire will hold all their CC Championships from Colts to Seniors on one day for the first time this winter, on January 17th at Amphil Park. Sec: K. Abbott, 77 Westmorland Avenue, Luton.

MEDWAY ATHLETIC CLUB

Annual Cross-Country Races

for Schools and Clubs Over 3 Miles

SATURDAY, 15th NOVEMBER, 1975

For Teams & Inds. Under A.A.A. Laws

SCHOOLS RACE 2.30 p.m. 1st Team Chal. Cup; Medals first 3 Teams (6 run, 4 score) and first 3 Individuals.

YOUTHS RACE. 1st Team Trophy; Medals first 3 Teams (4 run, 3 score) and first 3 Individuals.

Ages: 14-16 yrs (Schools) and 16-18 (Youths) on 1st September, 1975. Date of birth must be stated.

Fees: 50p per team (any number), 15p per Ind. **Entries close 5th November** to C. F. Newman, 42 May Road, Rochester, Kent ME1 2HY.

Belgrave Harriers officers: President, W. E. Couzens; general secretary, R. C. Hall, 9 Drayton Close, Fetcham, Leatherhead, Surrey KT22 9E2 (Tel: 53-76264); treasurer, J. Baker; CC & road running sec, G. Biscoe, 34 Pams Way, Ewell, Surrey (Tel: 01-393 4433); junior & coaching sec, C. Shippen, 24 Fryston Avenue, Coulsdon, Surrey; fixture sec, J. Martin, Flat 4, 25 Thornton Hill, SW19; field events sec, W. E. Couzens, 13 Alverstoke Avenue, SW19 (Tel: 01-946 7490); walking sec, C. Lawton, 146 Revelstoke Road, SW18.

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There has been a revolution in studs. No longer need they get wet and heavy and mud laden. No longer need they feel a size larger at the end of a wet run. No longer need they be stiff as a board when you put them on.

Now they are made of weatherproof modern materials and we have the best selection in Britain. Write (sending us your foot outline), phone or come and see us. We are open six days a week from 9 to 5.30 and until 7pm on Fridays.

NOKIA HERMES: A strong studded shoe from Finland with a green rubberised nylon upper. Fabulous value at **£3.85** (Continental sizes 34-39) and **£4.60** (sizes 40-48).

COMPASSROSEN STANDARD: The lightest stud on the market. Made in Sweden from a blue polyurethane upper and a light studded sole. **£6.20** (sizes 34-39) and **£6.75** (sizes 40-48).

COMPASSROSEN WEDGE: As above but with a slightly built up wedge heel to make it easy on your Achilles tendons. **£6.50** (sizes 34-39) and **£6.95** (40-48).

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RESULTS IN BRIEF

September 17th

Civil Service Road Champs at Crystal Palace. 1, London Tel Region (S. Graham 9:31, P. Chimes 9:34, C. Moxsom 9:18, P. Horwood 9:33, G. Smart 9:30) 47:26; 2, Min of Defence 47:48; 3, Inland Revenue 48:30; 4, DHSS 48:45; 5, Customs & Excise 51:47; 6, London Postal Region 55:06. **Fastest:** R. Lunnon (MoD) 9:09, D. Gallo-way (DHSS) 9:14, Moxsom 9:18.

September 27th

Knockfarrel Hill Race at Strathpeffer (Cat: C). 1, M. Edwards (Aber) 36:14; 2, I. Johnston (Inver) 36:21; 3, D. McLean (Forr) 37:09; 4, D. Ritchie (Aber) 38:45; 5, D. Buchan (Aber) 39:14; 6, M. Scott (Forr) 39:27. **Teams:** 1, Aberdeen 27; 2, Forres 39; 3, RAF Lossiemouth 44.

October 4th

Thames H&H 5M Challenge Race at Wimbeldon Common. 1, J. Bryant 25:59; 2, J. Hazelden 26:07; 3, J. Valentine 27:07; 4, M. Wells-Cole 27:28; 5, H. Altmann 28:52; 6, D. Wade 28:57.

October 8th

Rhine Area RAF CC League at Wulfen. 1, Robertson (21 S) 44:15; 2, Hegarty (21 S) 44:20; 3, Harrison (Wild) 45:45; 4, Frith (Laar) 46:57; 5, Bain (Wild) 47:00; 6, Hurt (Laar) 47:30. **Teams:** 1, 21st Sig 848; 2, Wildenrath 798; 3, Laarbruch 744.

October 11th

Vets AC 5M CC. 1, H. Martin (12:40) 23:58; 2, J. Plummer (10:00) 24:15; 3, E. Stroud (6:40) 24:26. **Fastest:** A. Izzard 28:59.

SLH Cyclists v Harriers at Coulsdon. 1, M. McEvilly (Shaft) 30:30; 2, H. Richards (Shaft) 30:50; 3, B. Attwell (R&R) 31:38; 4, R. Lines (SLH) 31:55; 5, I. Lymath (SLH) 32:49; 6, P. Lill (Croy) 32:58. **Overall result:** Cyclists 86; Harriers 146. **LOST:** One red shoulder bag containing a complete set of kit and a pair of yellow nylon spikes were taken in error at the end of the event. If you know the whereabouts of these, please contact John Haigh, 25 Burgh Heath Road, Epsom, Surrey (Tel: Epsom 25514).

Millfield Schools Road Relay: 1, Marlborough College (J. Wallace 10:02, E. Scott 10:23, G. Russell 10:14, N. Dorey 10:01) 40:39; 2, Sir Thomas Rich's (Glos) 40:52; 3, King Henry VIII (cov) 40:59. **Fastest:** S. Kendall (Wed) 9:19, T. Milosorov (Copp) 9:21, Hingley (Abin) 9:42.

Amendment to UK top ten high jump lists: Chris Patching (WSE-Jnr) cleared 2.03/6'8" at TVH Open Meeting on September 3rd.

SCAAA OPEN MEETING**At Crystal Palace, October 8th**

400: J. Gostelow (HW) 49.5. BMC 800: 1, C. Van Rees (Ox) 1:52.6; 2, G. Grant (Camb H) 1:52.6; 3, W. Tarquini (HHH) 1:53.1; 4, N. Leach (Craw) 1:53.7; 5, M. Jackson (HBS) 1:56.4; 6, P. Hammond (C&C) 1:56.5. 1500: A. Falconer (Camb H) 3:58.5. HJ: G. Patching (WS&E) 2.00/6'6½". PV: 1, Jeff Fenge (HW) 4.40/14'5½"; 2, W. Best (BoE) 4.40; 3, T. Gardner (Hill) 4.20/13'9½"; 4, G. Patel (WG) 3.90/12'9½"; 5, John Fenge (HW) 3.50/11'5½". A. Williams (Camb H) withdrew injured (gashed his left knee badly attempting 4.60). SP/DT: B. Lynn (MP) 13.94/45'9" & 47.98/157'5". (Juniors) SP: P. Lees (BRC) 13.23/43'5". DT: E. Rodgers (H&S) 40.74/133'8". (Boys) 400: 1, A. Miller (Craw) 54.4; 2, M. Penn (H&S) 54.5; 3, R. Jerett (Med) 54.9. (B): A. Oakes (H&S) 54.8. (Inter Women) HJ: W. Azzario (Tonb) 1.55/5'1".

TVH OPEN GRADED MEETING**At West London, October 1st**

300: 1, M. Clark (G&G) 35.0; 2, J. Day (TVH) 35.5; 3, C. Youngs (W&DH) 35.8. 1000: F. Pidgeon (S&E) 2:31.9. 5000: M. Puddifoot (TVH) 14:44.8. 200H: C. Peters (Ox) 26.8. HT: K. Prior (E&E) 45.78/150'2". (Boys) BMC 1500: K. Roberts 4:10.5. (Senior Women) 300: 1, S. Longden (Ex) 39.5; 2, A. Sutton (Ox) 41.3. 1000: 1, L. Harvey (LOAC) 2:51.9; 2, B. Price (Ux) 2:53.9; 3, V. Rowe (LOAC) 2:54.4; 4, S. Ludlam (Port) 2:55.9; 5, J. Kimber (Med) 2:56.4.

WOLVERHAMPTON & BILSTON 178
WEST MIDLAND TRACK LEAGUE 177
At Aldersley, September 9th

In the men's match the track league were leading by five points with only the senior 4 x 100 relay left but were disqualified, leaving W&B the winners by one point.

100: 1, R. Walters (W&B) 10.7; 2, J. Aukett (W&B) 10.8; 3, M. Robertson (WM) 10.8. 200: 1, Walters 22.1; 2, Aukett 22.1. 800: 1, Aukett 1:54.8; 2, K. O'Meally (WM) 1:54.9. 1500: 1, B. Cole (WM) 3:59.3; 2, G. Cook (W&B) 3:59.7. 3000: 1, A. Holden (WM) 8:23.2; 2, H. Elliott (W&B) 8:26.8; 3, M. Edwards (W&B) 8:32.4; 4, M. Cadwallader (W&B) 8:34.4. 4 x 100: W&B 44.0. (Youths) 100: P. Garner (W&B) 11.3. 200: M. Robertson (WM) 23.1. 800: 1, Milosorov (WM) 2:04.5. (Boys) 800: A. Newton (WM) 2:09.6. (Senior Women) 100: 1, G. Spurgin (W&B) 11.9; 2, T. Sanderson (W&B) 12.6. 200: Spurgin 25.6. 800: 1, R. Wright (W&B) 2:11.2; 2, Spurgin 2:14.0; 3, J. Smith (WM) 2:20.0. LJ: M. Tranter (W&B) 5.61/18'5". SP: 1, Sanderson 10.79/35'4½"; 2, S. Cook (W&B) 10.28/33'8½". 4 x 100: W&B 50.0. (Inters) 100: J. Adams (W&B) 12.5. (Juniors) 100: W. Miles (W&B) 13.1. 200: R. Heathcock (WM) 27.1. 800: J. Braznell (WM) 2:24.6. 4 x 100: W&B 53.4.

BORDER HARRIERS & A.C.
BRAMPTON TO CARLISLE
ROAD RACE

(Under A.A.A. Laws)

SATURDAY, NOVEMBER 22nd, at 3 pm**Holders:** Ind—R. Hill; Team—Morpeth AC

Usual entry conditions. Fee: 50p, no team fee

PRIZES VALUED £100: 1st, 2nd, 3rd, 4th, 5th, 6th. 1st, 2nd, 3rd teams. 1st, 2nd, 3rd H'cap. 1st, 2nd, 3rd Veterans, 1st Veterans team. All team races 4 run, 3 score. Medals for teams, Cup 1st Cumbrian. All entries on AAA forms. Send s.a.e. for forms and/or details.

YOUTHS 3 MILES RACE, 2 pm

(For Clubs and Schools)

Entry 25p per athlete, no team fee. 1st, 2nd, 3rd awards, team awards dependent on entry. **Correspondence/entries** to P. A. Nash, 87 Petteril St, Carlisle CA1 2AW. (0228 26795).

On the same day at 1 pm**THOMPSON CUP RACE FOR SCHOOLS**

Athletes U/15 on 1.9.75. Entries 20p per athlete. **Awards:** 1st, 2nd, 3rd and first 3 teams, 1st "B" team if entries warrant. **Correspondence/entries** to E. Thomas, 78 Croft Road, Carlisle (0228 24982).

CLOSING DATE ABOVE EVENTS NOV. 3rd**THE NEW CUMBRIA RELAYS**

The North's Top Relay Event, Start 12.30

Bitts Park, Carlisle, Sunday, December 7th**O/11 & U/13 Boys & Girls****O/13 & U/15 3 x 1.2M Relays****O/15 & U/17 Ages as at 1.9.75**

Cups & Medals all races. Awards 1st, 2nd, 3rd teams, 1st "B" team each race. Entry Fees: "A" teams 60p per team, "B" teams & others 50p. Enter on AAA forms. SAE for further details.

Entries to Mrs M. Faulder, Linton House, Cummersdale, Carlisle (Tel: 0228-25969).

Refreshments available all afternoon.**CLOSING DATE NOVEMBER 24th**

LEAGUE RACES

CHINGFORD & DISTRICT LEAGUE

(3 Miles Road Race)

At Loughton, October 7th

1, J. Odlin (North London)	15:49
2, M. Broyd (Borough of Enfield)	16:10
3, G. Pringuer (Haringey & Southgate) ...	16:13
4, J. Goldring (W'stow) 16:20; 5, P. Purcell (N Lon) 16:25; 6, M. Madders (W'stow) 16:29; 7, C. Ridley (W'stow) 16:32; 8, G. Harrold (BoE) 16:35; 9, A. Rich (W'stow) 16:39; 10, R. Howe (W'stow) 16:42; 11, M. Heath (H&S) 16:43; 12, P. Gregory (N Lon) 16:44; 13, J. Anstey (Vic P) 16:49; 14, R. Button (BoE) 16:49; 15, L. Coleman (Har) 16:50; 16, J. Arger (BoE) 16:51; 17, C. Cloke (BoE) 17:00; 18, D. Hardstaff (N Lon) 17:07; 19, C. Jones (Vic P) 17:09; 20, A. Bridge (Har) 17:11; 21, D. Reed (Barn) 17:13; 22, K. Lowe (Vic P) 17:18; 23, B. Concannon (Har) 17:29; 24, P. Hatta (W'stow) 17:30; 25, B. Hercocock (BoE) 17:31; 26, I. Nuckey (Barn) 17:35; 27, G. Smith (Eton M) 17:37; 28, J. Madden (Lough) 17:38; 29, D. Dabrowski (Barn) 17:43; 30, A. Barber (Vic P) 17:48. Teams: 1, Walthamstow 60; 2, Borough of Enfield 82; 3, North London 121; 4, Victoria Park 167; 5, Barnet 184; 6, Haringey & Southgate 236; 7, Harlow 271; 8, Loughton 281; 9, Eton Manor 308.	

Boys 1½M Road Race

1, S. Lamb (W'stow) 8:31; 2, — (Vic P) 8:34; 3, L. Smith (W'stow) 8:37; 4, A. Best (W'stow) 8:38; 5, E. Emms (W'stow) 8:40; 6, S. Surridge (W'stow) 8:53; 7, M. Smith (Barn) 9:01; 8, J. Kearsey (Eton M) 9:03; 9, N. Obridg (Barn) 9:06; 10, A. Hagger (Har) 9:21; 11, K. McGrath (Barn) 9:24; 12, P. Meer (W'stow) 9:28; 13, M. Westcott (Eton M) 9:30; 14, P. Gates (Eton M) 9:32; 15, R. Mallett (Eton M) 9:34. Teams: 1, Walthamstow 13; 2, Barnet 49; 3, Eton Manor 50; 4, Harlow 68; 5, Victoria Park 117; 6, Loughton 122.

CHILTERN CC LEAGUE

(Division One)

At Oxford, October 11th

1, P. Flavel (Oxford City)	25:06
2, P. Griffey (Feltham)	25:51
3, A. Ashton (Reading)	26:32
4, G. Dwelly (Brack) 26:33; 5, B. Copps (Felt) 26:50; 6, J. Wise (Brack) 26:59; 7, C. Sly (Felt) 27:06; 8, P. Chimes (Felt) 27:10; 9, W. Whiting (Brack) 27:12; 10, J. Convery (Brack) 27:15; 11, G. Stevens (Read) 27:18; 12, D. Latter (Brack) 27:20; 13, N. Pritchard (Ox) 27:22; 14, M. Green (Old G) 27:28; 15, J. Dobson (Ox) 27:50; 16, D. Wheeler (Ox) 27:55; 17, A. Kelly (Ox) 27:58; 18, G. Anderson (Brack) 28:11; 19, R. Hingley (Ox) 28:16; 20, P. O'Brien (Old G) 28:25. Teams: 1, Bracknell 59; 2, Feltham 76; 3, Oxford 81; 4, Reading 119; 5, Old Gaytonians 187; 6, Wycombe Phoenix 230.	

Youths/Boys

1, N. Martin (Brack) 15:32; 2, A. Harvey (Wyc P) 16:15; 3, D. Thompson (Wyc) 16:17; 4, C. Goddard (Brack) 16:21; 5, J. Hoy (Wyc) 16:23; 6, N. Moss (Felt) 16:37; 7, H. Wells (Ox) 16:41; 8, I. Cullen (Ox) 16:49; 9, P. Hammond (Brack) 16:50; 10, T. Mellows (Felt) 16:55. Teams: 1, Wycombe Phoenix 21; 2, Bracknell 29; 3, Oxford 48; 4, Feltham 60; 5, Old Gaytonians 88; 6, Reading 154.
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KENT CC LEAGUE

At Tonbridge, October 11th

1, I. MacMillan (Invicta)	33:44
2, V. Smith (Medway)	34:12
3, N. Brawn (Invicta)	34:45
4, M. Martin (Med) 34:58; 5, T. Harding (Inv)	35:03; 6, N. Fairbrass (Kt) 35:12; 7, A. Sharp
(Ton) 35:25; 8, R. Hayman (Med) 35:45; 9, P.	Lee (Inv) 35:55; 10, P. Mullervy (ER) 36:00; 11,
C. Morrish (Inv) 36:06; 12, G. Risley (Camb H)	36:07; 13, E. Pepper (B'heath) 36:20; 14, P.
Younger (Nonn) 36:23; 15, J. Oliver (Kt) 36:26;	16, T. Wilkins (ER) 36:33; 17, S. Russell (Med)
36:44; 18, P. Hills (Dart) 36:47; 19, M. Field	(Tonb) 36:50; 20, C. Craven (Tonb) 36:51. Teams:
1, Invicta 18; 2, Medway 31; 3, Tonbridge 68;	4, Elliott Reed 87; 5, Kent 105; 6, Cambridge
H 115; 7, Invicta 'B' 118; 8, Dartford 141; 9,	Blackheath 142; 10, Kent 'B' 160.

Youths

1, N. Snowdon (Inv) 19:16; 2, N. Young (Ton) 19:19; 3, J. Adams (Folk) 19:21; 4, B. Flannery (Folk) 19:28; 5, M. Blackley (Kt) 19:35; 6, S. Rebbeck (Tonb) 19:50; 7, S. Grooms (Med) 19:56; 8, I. Hendry (B'heath) 19:57; 9, M. Roffey (B'heath) 20:03; 10, A. McNeil (B'heath) 20:04. Teams: 1, Folkestone 43; 2, Blackheath 45; 3, Medway 76.
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SE LANCS CC LEAGUE

At Royton, October 4th

1, J. Prescott (Leigh)	35:48
2, J. Cooke (Leigh)	36:12
3, L. Horlock (Oldham & Royton)	36:46
4, A. Taylor (Leigh) 36:58; 5, R. Crossland (Old) 37:24; 6, J. McFarlane (Leigh) 37:25; 7, A. Soothill (Old) 38:45; 8, J. Cheetham (Old) 38:59; 9, T. Knight (Old) 39:28; 10, J. Leah (Old) 40:10.	
Teams: 1, Leigh 13; 2, Oldham & Royton 23.	
(Junior/Youth): 1, A. Harratt (Old) 23:18; 2, J. Jinks (Old) 24:02; 3, E. Williams (Farn) 24:30; 4, M. Dunkelley (Farn) 24:32; 5, S. Crimes (Horw) 24:37; 6, A. Sunter (Horw) 24:41; 7, A. Jackson (Farn) 24:52; 8, A. Cawadine (Farn) 26:03; 9, R. Heathcote (Farn) 26:07; 10, L. Thornes (Old) 26:39.	
Teams: 1, Oldham & Royton 13; 2, Farnworth 14.	
(Boys/Colts): 1, B. Bateson (Farn) 11:45; 2, M. Bullock (Farn) 11:47; 3, S. Barlow (Horw) 11:55; 4, P. Harrington (Old) 13:47; 5, G. Eccles (Farn) 13:50; 6, P. Garside (Farn) 13:51.	
Teams: 1, Farnworth 8; 2, Oldham & Royton 20; 3, Leigh 39.	

LUGANO CUP Cont. from page 7

well clear it was Svechnikov, with a heavy responsibility now on him (remembering that the USSR only started three), who made a great effort to pass the ever reliable Weidner. Further back, as Pilarski kept plodding, the tall blond Galina, again virtually unknown but a beautiful technician, held fourth. Vecchio was holding off the surprising Danovszky and Warhurst, having left Thorpe, was starting to put in what was to be his finest finishing effort yet.

No more sensations in the closing stages, Lyungin winning in great style to confirm the opinion I have held for some years: that he is the best 'all-rounder' (10-100km) in the world, and yet he was no youngster when he competed in the 1964 Olympic 50km. Weidner got by Svechnikov again but the latter, obviously benefitting from his Tour of Romandy ordeal, made certain of team victory for the Soviet side with a splendid display which made light of the pressure put on him. To the delight of himself, friends and British supporters, John Warhurst stormed through—gaining four places to finish fourth. Who said our 50km men were second rate? Given enough international competition, the likes of John, Bob Dobson and Roy Thorpe can, on their day, be amongst the elite just as our shorter distance men have proved.

Galina tired in the last kilometres and dropped to eighth as Vecchio (a real storming performance) got the better of Danovszky and held off

the wily Schubert. Looking rather like the massive 'King-Kong' Muller, Hans Binder ploughed his way through the field in the second half to enable his team to snatch the third spot on the basis that they had the first counter home in the 50km. Jean-Paul Garcia had an excellent race, confirming the promise he showed earlier in the year when he set a world's 100km track best. Making sure East Germany held on to second place, Pilarski gallantly found some extra pace in the last 10km and, together with Knutel and Galina, will obviously be a man to beat at both 20 and 50km in future years.

Roy Thorpe and our other men, Alec Banyard and Charley Fogg, all put in solid performances. Though both are now in the Veteran ranks, Roy and Charley have both had a great season, putting in five 50km in just over six months. Tired over the last 10km they both battled through while Alec, going through a sticky period around 30km, rallied well in the closing stages to collar Charley with 2½km remaining. Young Augie Hirt had a fine race, finishing strongly, but his remaining American team-mates were completely outclassed. It was a pity that they lost Ron Laird and Tom Dooley through injury and Larry Young and Todd Scully were obliged to compete in the Pan-Am Games.

So the 50km men, with no Olympics to look forward to (though men such as Bartch, Visini, Weidner and Carpentieri are sharpening up for the 20km) now turn their objectives towards the first World Championship 50km due to be held at Malmo next September. An excellent weekend for the fraternity of international race walkers though it would seem the organisers did try and accomplish too much in the way of supporting features. The cold, way-out-of-town accommodation for the male walkers was certainly not appreciated and one can only hope that at future finals, the important people, the competitors, are given first priority.

Result: 1, E. Lyungin (USSR) 4:03:42; 2, G. Weidner (WG) 4:09:58; 3, V. Svechnikov (USSR) 4:11:31; 4, JOHN WARHURST 4:14:35; 5, F. Vecchio (Ita) 4:15:33; 6, F. Danovszky (Hun) 4:15:59; 7, H. Schubert (WG) 4:16:11; 8, H. Galina (GDR) 4:16:30; 9, H. Binder (WG) 4:18:08; 10, J-P. Garcia (Fra) 4:19:35; 11, M. Sjöholm (Swe) 4:21:10; 12, J. Dalmati (Hun) 4:21:48; 13, P. Gregucci (Ita) 4:23:55; 14, O. Pilarski (GDR) 4:24:59; 15, ROY THORPE 4:26:48; 16, H. Michalski (WG) 4:27:31; 17, S-O. Eloffson (Swe) 4:29:03; 18, L. Lundgren (Swe) 4:30:05; 19, ALEC BANYARD 4:30:25; 20, CHARLEY FOGG 4:31:15; 21, A. Hirt (USA) 4:31:19; 22, F. Scussel (Ita) 4:36:11; 23, J. Gautier (Fra) 4:39:48; 24, C. Sauriat (Fra) 4:47:05; 25, K. Orban (Hun) 4:55:37; 26, T. Knatt (USA) 5:01:10; 27, P. Edig (USA) 5:15:08. R. Valore (Ita), R. Somers (USA) & L. Lanyl (Hun) rtd. V. Soldatenko (USSR), M. Kroel (GDR), R. Knüttel (GDR), K. Moen (Swe) & D. David (Fra) disq. **Teams:** 1, West Germany 66; 2, USSR 53; 3, UK 47; 4, Italy 46; 5, Hungary

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THE POTTERIES RACE

9 Miles

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SUNDAY 16th NOVEMBER, at 12 noon

A unique cross country race running the length of the City along the Potteries Walkway Trail which will be opened by the event. Organised in conjunction with the City's Environmental Services Department.

Events: Senior Men only; Individuals, Teams (4 run, 3 count) and Veterans.

Prizes: donated by firms on the route—first 5 Individuals; first 3 Teams; Veterans: first 2 over 40, first over 50.

Entries: Richard Barrington, 3a The Green, Barton-under-Needwood, Staffs, DE1 8JB. On A.A.A. forms by Friday, 7th November. Fees: Individuals 20p, Teams 25p.

Start: Longton Town Hall. Change in the historic Gladstone Pottery Museum.

Finish: at the new Burslem Leisure & Urban Studies Centre (the Old Town Hall). Change in the Leisure Centre or Port Vale Ground.

Make it a family outing to the Potteries. Visit the Gladstone Pottery Museum before the race (open 10 a.m. onwards specially for the event). See the exhibition mounted in the Urban Studies Centre after the race. Be the first to follow sections of the Potteries Walkway and Six Towns Bus Trail.

43; 6, Sweden 40; 7, GDR 34; 8, France 31; 9, USA 16.

Final classification: 1, USSR 117; 2, GDR 105; 3, West Germany 102; 4, UK 102; 5, Italy 100; 6, Hungary 76; 7, Sweden 69; 8, France 59; 9, USA 24.

Margaret Simu supreme in International 5km (at Lugano Cup Final) as Sweden take first three places. The bitterly cold and windy conditions most certainly took their toll on the majority of competitors but hardly seemed to affect the very experienced Swedish girls who dominated the final placings. However, it was only in the closing stages that the Swedes took command. The American girls were prominent early on with Sue Brodock, Cindy Johnson and Lisa Metheny but the latter two were rather unlucky to be disqualified while Brodock tired after a fine display. Locked together in second and third positions for most of the way were veteran campaigners Judy Farr and Jacqueline Delassaux, both having the races of their long careers. There was not, unfortunately, a happy ending as tragedy struck when both were disqualified in the closing stages. Thus the strong finishing Gustavsson (a former child prodigy) and Holmqvist moved into the next spots behind the superb Simu who took the field apart in splendid style. Norway's Thorill Gylder actually finished fourth (25:06) but was disqualified; thus Marion Fawkes moved up to fifth after a gallant effort, leading the UK to a second team place ably backed up by Virginia Lovell and young Sylvia Saunders. Certainly with girls like Farr, Fawkes, Lovell and Coleman we can certainly edge everyone bar the Swedes and even they are by no means out of reach.

1, M. Simu (Swe) 23:40.6; 2, S. Gustavsson (Swe) 24:32; 3, B. Holmqvist (Swe) 24:45; 4, S. Brodock (USA) 25:12; 5, MARION FAWKES 25:14; 6, E. Olsson (Swe) 25:14; 7, M. Karlsson (Swe) 26:00; 8, K. Moller (Den) 26:05; 9, VIRGINIA LOVELL 26:16; 10, R. Glocker (WG) 26:17; 11, N. Mogis (Fra) 26:21; 12, Pirioux (Fra) 26:21; 13, Terraz (Fra) 26:34; 14, Kjolberg (Nor) 26:45; 15, Vetterli (Swi) 26:53; 16, Zethof (Neth) 27:05; 17, SYLVIA SAUNDERS 27:05; 18, Penneer (WG) 27:12; 19, Nielsen (Den) 27:32; 20, Jylder (Nor) 27:35; 21, Villaivazo (USA) 27:38; 22, Thomsen (Den) 27:44; 23, Broders (WG) 27:50; 24, Smith (USA) 27:59; 25, Christiansen (Den) 28:14; 26, Briscoe (USA) 28:17; 27, Hilsen (Nor) 28:35; 28, Hept (Swi) 29:12; 29, Froberg (Fin) 29:18; 30, Lorenz (WG) 30:09; 31, Dirven (Neth) 32:50. Johnson (USA), Metheny (USA), Delassaux (Fra), Gylder (Nor) & JUDY FARR disq. **Teams:** 1, Sweden 70; 2, UK 49; 3, France 42.

Surrey County Women's AAA would like to thank KLG and Vets AC for the sponsorship and help they have given to the Association for their forthcoming County Cross-Country Meeting on December 6th.

100 Miles Track Race Could Be An Epic

The 'Accolade 100 miler' organised by the RRC and Tipton Harriers at Tipton today (October 25th) may well prove to be one of the greatest ultra-distance track races ever seen given favourable weather conditions.

Ron Bentley (holder of the world best for the 24 hours run) defends his 100 miles Percy Cerutti Cup against Cavin Woodward, world 30 miles record holder and this year's London to Brighton winner, and Siegfried Bauer of New Zealand—who has produced several amazing ultra-distance records.

Other competitors invited by the RRC Council are Gordon Bentley, Ron Jeans, Don Turner, Ken Shaw, Darryl McWhirter, Fred Howell, Bob Meadowcroft, Derek Funnell, Bill Carr, Mick Orton, Colin Hunt, Gerry Archer, John Berry, Martin Thompson (Aus), Alan Richards, Alan Herrett and Tom O'Reilly.

The race will be held at the Tipton Sports Union Trust Ltd Stadium, Wednesbury Oak Road, Tipton, starting at 6 am and such is the interest that a Midlands evening newspaper will be printing up-to-date race information from the trackside—an athletics first.

The world best time for the distance is 11hr 56min 56sec by Derek Kay of South Africa.

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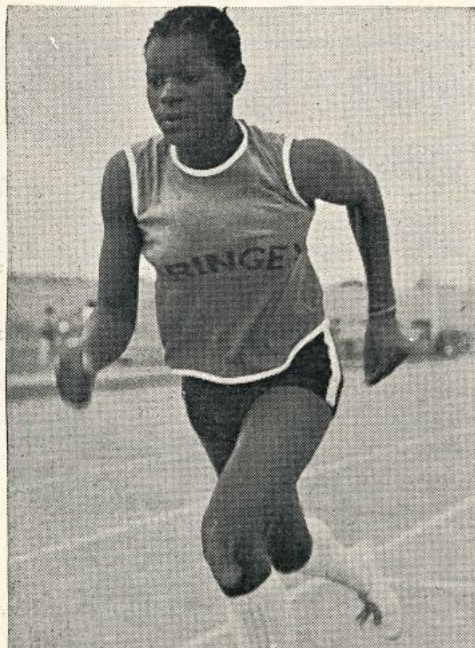
U.K. Intermediate Women's "Top 25" 1975

Compiled on behalf of the NUTS by Tony Miller

Amendments and additions should be sent to Tony Miller, 6 Beachy Road, Broadfield, Crawley, W Sussex. The compiler wishes to thank everybody who has sent in information this year, and would particularly welcome any further club lists of members achieving NUTS standards (in brackets) that can be supplied.

100 METRES (12.5)

- 11.7w Heather Hunte (Haringey & S) (11.8)
- 11.8 Janine MacGregor (Burn Road)
- 11.9 Eleanor Thomas (Selsonia)
- 11.9w Ann Dalton (Law) (12.0)
- 12.0 Kathryn Smallwood (Reading)
- 12.0w Anne Palmer (W&B)
- 12.0w Alison Lyne (Feltham) (12.3)
- 12.1 Joanne Butler (Southend)
- 12.1 Susan Howells (Lozells)
- 12.1 Janis Walsh (Mitcham)
- 12.1w Karen Duncan (Houghton) (12.2)
- 12.1w Valerie Smith (Maryhill) (12.2)
- 12.2 Michelle Probert (Warrington)
- 12.2 Brenda Gauntlett (Enfield)
- 12.2 Sylvia Walter (Notts)
- 12.2 Elizabeth Beton (Sale)
- 12.2 Caroline Mooney (Norfolk O)
- 12.2 Fiona Paterson (Derby)
- 12.2 Elaine Douglas (ESH)



Heather Hunte of Haringey & Southgate who tops the 100m rankings for 1975.

North London Photo Service

- 12.2w Irene Anderson (Maryhill)
- 12.2w Roberta McFetridge (Ballymena) (12.4)
- 12.3 14 girls

200 METRES (26.0)

- 24.3w Alison Lyne (Feltham) (24.99)
- 24.46 Kathryn Smallwood (Reading)
- 24.5 Janine MacGregor (Burn Road)
- 24.6 Karen Williams (Pitreavie)
- 24.8 Elaine Douglas (ESH)
- 24.8 Ann Foster (Spenborough)
- 24.8 Michelle Probert (Warrington)
- 24.8w Valerie Smith (Maryhill) (25.0)
- 24.9 Brenda Gauntlett (Enfield)
- 25.0 Susan Howells (Lozells)
- 25.0 Janis Jacques (Middlesex)
- 25.0 Eleanor Thomas (Selsonia)
- 25.0 Ann Dalton (Law)
- 25.0 Carmen Smart (Barry)
- 25.0 Carol Purcell (Hull Spartan)
- 25.0 Sylvia Walter (Notts)
- 25.0w Gillian McBryde (Western)
- 25.1 Anne Baldock (Dartford)
- 25.1w Irene Anderson (Maryhill) (25.2)
- 25.2 Hilary Gray (Cheltenham)
- 25.2w Carol Croal (Exeter)
- 25.2w Maxine Ross (Birchfield)
- 25.2w Joanna Rout (Feltham)
- 25.28 Debbie Bain (Worthing)
- 25.3 Heather Hunte (Haringey & S)
- 25.3 Janis Walsh (Mitcham)
- 25.3 Julie-May Adams (W&B)
- 25.3 Ann Woodall (Middlesbrough)
- 25.3 Karen Duncan (Houghton)
- 25.3w Sharon Clark (Portsmouth)

400 METRES (60.0)

- 55.0 Anne Clarkson (ESH)
- 55.17 Karen Williams (Pitreavie)
- 55.98 Anne Baldock (Dartford)
- 56.0 Elaine Douglas (ESH)
- 56.2 Lesley Collier (Reading)
- 56.4 Joanna Rout (Feltham)
- 56.8 Sylvia Walter (Notts)
- 56.8 Debbie Bain (Worthing)
- 56.9 Ann Woodall (Middlesbrough)
- 57.1 Carol Carlile (Stretford)
- 57.5 Carol Purcell (Hull Spartan)
- 57.6 Ama Aig-Ojehomon (Victoria Park)
- 57.6 Jane Matthews (Plymouth)
- 57.6 Sally Young (Leicester)
- 57.6 Irene Anderson (Maryhill)
- 57.72 Lorraine Houghton (Gt Yarmouth)
- 57.9 Anne Palmer (W&B)
- 58.0 Michelle Cotton (Bromsgrove)
- 58.1 Shelley Ratcliffe (Kent)
- 58.12 Sandra Charman (Crawley)
- 58.2 Susan Howells (Lozells)
- 58.2 Helen Potter (Wirral)
- 58.2 Janet Lawrence (Pilkington)

58.3 Helen Grogan (Bromsgrove)
 58.3 Beverly Rollison (Reading)
 58.4 Susan Parker (Warrington)

800 METRES (2:20.9)

2:07.9 Janet Lawrence (Pilkington)
 2:09.2 Anne Clarkson (ESH)
 2:09.6 Lesley Pammment (Cambridge H)
 2:10.7 Angela Mason (Exeter)
 2:10.7 Paula Newnham (Oxford)
 2:11.2 Vivienne Weston (Lincoln Well)
 2:11.3 Susan Parker (Warrington)
 2:11.6 Karen Williams (Pitreevie)
 2:12.5 Gillian Dainty (Birchfield)
 2:13.3 Kim Lock (Hereford)
 2:13.6 Kerry Robinson (Pitreevie)
 2:13.9 Angela Hartley (Barry)
 2:14.0 Belinda Clement (Southend)
 2:14.1 Helen Grogan (Bromsgrove)
 2:14.5 Wendy Smith (Feltham)
 2:14.6 Joanna Rout (Feltham)
 2:14.9 Michelle Cobden (Selsonia)
 2:15.2 Julia Armstrong (Haslemere)
 2:15.3 Christine Brace (Verlea)
 2:15.5 Debbie Bain (Worthing)
 2:15.7 Lesley Collier (Reading)
 2:16.0 Clare Monaghan (Norfolk O)
 2:16.1 Carol Avery (Derby)
 2:16.2 Val Whitfield (Portsmouth)
 2:16.2 Janet Manson (Ballymena)

1500 METRES (5:00)

4:26.3 Angela Mason (Exeter)
 4:27.6 Paula Newnham (Oxford)
 4:31.8 Gillian Dainty (Birchfield)
 4:31.9 Janet Lawrence (Pilkington)
 4:32.9 Anne Tunnicliffe (Stoke)
 4:35.5 Kim Trunley (Ilford)
 4:37.0 Valerie Stammers (Hull Spartan)
 4:37.6 Christine Brace (Verlea)
 4:37.6 Kerry Robinson (Pitreevie)
 4:39.7 Yvonne Rowe (Derby)
 4:40.2 Ruth Smeeth (Aldershot FD)
 4:40.7 Bernadette Madigan (Bracknell)
 4:41.2 Gillian Emerson (Trowbridge)
 4:42.1 Sally Avis (Bristol)
 4:42.5 Mary Galloway (Portsmouth)
 4:42.9 Helen Hill (Cannock)
 4:43.1 Claire Mullender (Chelmsford)
 4:43.1 Fiona Oldershaw (Derby)
 4:43.4 Jane Brown (Guildford)
 4:43.5 Josephine Harris (W&B)
 4:45.0 Helen Grogan (Bromsgrove)
 4:45.3 Julie Whiteley (Leeds City)
 4:45.3 Jacqueline Ledger (Aldershot)
 4:45.5 Linda Fletcher (Bromsgrove)
 4:46.8 Angela Hartley (Barry)
 4:46.8 Siobahn Taylor (Cardiff)

3000 METRES (11:00)

9:55.8 Angela Mason (Exeter)
 10:07.0 Paula Newnham (Oxford)
 10:10.0 Jacqueline Ledger (Aldershot)
 10:14.6 Fiona Oldershaw (Derby)
 10:15.0 Bernadette Madigan (Bracknell)

10:25.2 Anne Tunnicliffe (Stoke)
 10:28.6 Sally Avis (Bristol)
 10:31.0 Joyce Duncan (Greenock PR)
 10:37.0 Gillian Emerson (Trowbridge)
 10:39.0 Karen Lyon (Tonbridge)

80 METRES HURDLES (12.5)

11.3 Shirley Strong (Stretford)
 11.4 Yvette Wray (Shrewsbury)
 11.4 Jill Duffield (Enfield)
 11.5 Maxine Ross (Birchfield)
 11.5 Tina O'Nions (Avon Schools)
 11.5w Denise Cooper (Bristol) (12.0)
 11.6 Kathryn Warren (Derby)
 11.6 Yvonne Ritchie (Sale)
 11.7 Maureen Prendergast (Middlesex)
 11.7 Fayne Robertson (ESH)
 11.7 Jane Attrill (Plymouth)
 11.8 Theresa Chipp (Lincoln C&C)
 11.8 Fiona McKnight (Sale)
 11.8 Amanda Drakes (Notts)
 11.8w Gillian McBryde (Western)
 11.9 Beverly Jane Inman (Hull Spartan)
 11.9 Roberta McFetridge (Ballymena)
 11.9w Alison Bonser (Leicester) (12.0)
 11.9w Annette Bailey (Bristol) (12.0)
 12.0 Rachel Waller (Medway)
 12.0 Karen Evans (Lancaster & M)
 12.0 Frances Sluman (Middlesex)
 12.0 Iola Pritchard (Welsh Schools)
 12.0 Julie Himsworth (Middlesbrough)
 12.0 Susan Stevens (Leicester)
 11.95w Sue Dalgoutte (Mincham) (12.09)

100 METRES HURDLES (16.9)

14.7 Shirley Strong (Stretford)
 14.9w Yvette Wray (Shrewsbury) (15.4)
 15.0w Roberta McFetridge (Ballymena) (15.1)
 15.3 Jane Attrill (Plymouth)
 15.4 Carol Lowman (Chelmsford)
 15.7 Judith Hunt (Bracknell)
 15.9 Sandra Livingstone (Pitreevie)
 15.9 Janice Bird (West Suffolk)
 15.9 Karen Brimacombe (Plymouth)
 15.9 Jane Myers (Cambridge & C)

400 METRES HURDLES (70.0)

61.7 Sandra Livingstone (Pitreevie)
 63.7 Roberta McFetridge (Ballymena)
 64.5 Gillian Dainty (Birchfield)
 65.1 Janet Manson (Ballymena)
 65.2 Judith Hunt (Bracknell)
 65.6 Karen Brimacombe (Plymouth)
 65.7 Sue Dalgoutte (Mincham)
 65.8 Michelle Cobden (Selsonia)
 66.4 Frances Fehily (Sale)
 67.3 Lucy Andrews (Reading)

200 METRES HURDLES

28.6 Yvette Wray (Shrewsbury)
 28.7 Sandra Livingstone (Pitreevie)
 28.8w Faye Robertson (ESH) (29.5)
 29.2 Carol Lowman (Chelmsford)
 29.2 Shirley Strong (Stretford)
 29.3 Fiona McKnight (Sale)

- 29.3 Maxine Ross (Birchfield)
 29.4 Karen Evans (Lancaster & M)
 29.7 Gail Stew (Coventry Godiva)
 29.7 Catherine Hardaker (Liverpool H)
 29.9 Jill Duffield (Enfield)
 29.9 Fiona Paterson (Derby)
 30.0 Sue Dalgoutte (Mitcham)
 30.0w Charlotte Armstrong (EAC) (30.5)
 30.1 Christine Stone (Enfield)
 30.2 Denise Cooper (Bristol)
 30.3 Alison Bonser (Leicester)
 30.3 Gillian McBryde (Western)
 30.4 Amanda Drakes (Notts)
 30.4 Frances Sluman (Middlesex)
 30.5 Elizabeth Garvock (South Shields)
 30.6 Fiona Fyfe (ESH)
 30.7 Fiona Meachin (Sale)
 30.8 Carol Carlile (Stretford)
 30.8 Caroline Silk (Birchfield)

2500 METRES WALK (15:30)

- 13:07.2 Beverley Francis (Brighton)
 13:12.8* Yvonne Rowe (Derby)
 13:14.6 Maureen De Giovanni (Croydon)
 13:58.0 Jacqueline Williams (Worcester)
 13:59.4 Karen Hill (Solihull)
 * during 3000m event

3000 METRES WALK (19:00)

- 15:47.6 Yvonne Rowe (Derby)
 15:54.0 Beverley Francis (Brighton)
 15:57.2 Maureen De Giovanni (Croydon)
 16:45.4 Sandra Smith (Harborne)
 16:54.8 Karen Hill (Solihull)
 16:57.4 Dorothy Ilderton (Stoke)
 16:58.2 Finnuala Swannell (Uxbridge)
 17:11.0 Susan Martin (Brighton)
 17:14.0 Debra Newby (Solihull)
 17:37.6 Karen Boote (Stoke)

HIGH JUMP (1.52)

- 1.78/5'10" Denise Cooper (Bristol)
 1.77/5'9 3/4" Gillian Hitchen (Wigan)
 1.75/5'8 1/2" Tonia Phillpotts (Leeds City)
 1.75/5'8 1/4" Karen Chaytors (Durham City)
 1.72/5'7 1/2" Ann Marie Devally (Bedford)
 1.72/5'7 1/4" Valerie Kelly (Stoke)
 1.71/5'7 1/4" Alyson Thompson (Wycombe Ph)
 1.71/5'7 1/4" Jane Attrill (Plymouth)
 1.71/5'7 1/4" Kathryn Warren (Derby)
 1.70/5'7" Jane Sulik (Oxford)
 1.70/5'7" Julie Smith (Warley)
 1.69/5'6 1/2" Deborah Grant (Leicester)
 1.68/5'6" Vivienne Rothera (Swansea)
 1.68/5'6" Karen Brimacombe (Plymouth)
 1.68/5'6" Josie Burdon (Cambridge H)
 1.67/5'5 1/2" Sarah Vose (Surrey Beagles)
 1.67/5'5 1/2" Wendy Palmer (Dartford)
 1.66/5'5 1/4" Janet Thomas (Sale)
 1.66/5'5 1/4" Janet Sykes (DHTC)
 1.66/5'5 1/4" Lesley Bell (ESH)
 1.65/5'5" Judy Boreham (Bournemouth)
 1.65/5'5" Shirley Dewhurst (Rowntrees)
 1.64/5'4 1/2" Susan Hesp (Warrington)
 1.64/5'4 1/2" Janice Minnott (Selsonia)
 1.63/5'4 1/4" 5 girls

LONG JUMP (5.20)

- 5.86/19'2 1/2" w Glenys Morton (Leic C) (5.57)
 5.84/19'2" Maria Bellamy (Daventry)
 5.80/19'0 1/2" w Karen Murray (Epsom & E) (5.73)
 5.76/18'10 1/2" Janet Frank-Lynch (Mitcham)
 5.75/18'10 1/2" w Jane Attrill (Plymouth) (5.62)
 5.70/18'8 1/2" Christine Stone (Enfield)
 5.70/18'8 1/2" Karen Evans (Lancaster & M)
 5.67/18'7 1/4" Susan Hay (St Andrews)
 5.64/18'6" Kathryn Warren (Derby)
 5.60/18'4 1/2" Linda McNulty (Longwood)
 5.60/18'4 1/2" w Kelly Donovan (Feltham) (5.45)
 5.59/18'4 1/2" Ceri Jenkins (Cleddau)
 5.56/18'3" Linda Pears (NS Poly)
 5.56/18'3" Diane Fenn (Daventry)
 5.50/18'0 1/2" Denise Littlewood (Sale)
 5.49/18'0 1/2" Wendy Palmer (Dartford)
 5.48/17'11 1/4" Susan Buck (Notts)
 5.45/17'10 1/2" Veronica Langley (Hallamshire)
 5.45/17'10 1/2" Julie Oldbury (Southampton)
 5.45/17'10 1/2" w Maxine Ross (Birchfield) (5.42)
 5.44/17'10 1/4" Janet Manson (Ballymena)
 5.44/17'10 1/4" w Susan Attew (West Norfolk)
 5.43/17'9 1/2" Joanne Chick (Middlesex)
 5.43/17'9 1/2" Sally Franklin (Chelmsford)
 5.42/17'9 1/2" Janice Arscott (Bromsgrove)

SHOT (9.30)

- 13.49/44'3 1/2" Lana Newton (Reading)
 12.20/40'0 1/2" Janet Cox (Cannock)
 11.84/38'10 1/4" Jackie Jackson (Mitcham)
 11.65/38'2 1/4" Yvonne Stewart (Warley)



Denise Cooper, seen jumping in this year's WAAA Championships.

George Herringshaw

11.61/38'14" Yvonne Ritchie (Sale)
 11.19/36'8½" Karen Liisberg (Woking)
 10.79/35'4½" Ionie Samuels (Airedale SV)
 10.85/35'7¼" Helen Thomson (Central Region)
 (10.72)

10.56/34'7¾" Gillian Hitchen (Wigan)
 10.55/34'7½" Geraldine Gray (Thurrock)
 10.50/34'5½" Mary Rowe (Oxford)
 10.46/34'4" Roselyn Semper (Enfield)
 10.40/34'1½" Susan Tudor (Hillingdon)
 10.39/34'1½" Jillian Grey (Cannock)
 10.36/34'0" Deborah Pyne (Bracknell)
 10.35/33'11½" Valerie Watson (Sale)
 10.32/33'10½" Cheryl Whitham (Blackpool)
 10.31/33'10" Sian Bowley (Brecon)
 10.28/33'8½" Jacqueline Hardie (Central Region)
 10.26/33'8" Susan Bloss (Haringey & S)
 10.25/33'7½" Caroline Dyer (Aldershot FD)
 10.22/33'6½" Maxine Knott (Woking)
 10.15/33'3½" Melanie Hancock (Hertford)
 10.14/33'3¼" Ann Storrs (Rockingham)
 10.08/33'1" Gail Hocking (Northumberland
 Schools)

DISCUS (30.00)

45.50/149'3" Valerie Watson (Sale)
 37.44/122'10" Susan Boll (Pitreavie)
 37.40/122'8" Denise Sturman (Chelmsford)
 37.00/121'5" Helen Thomson (Central Region)
 36.98/121'4" Diane English (Sutton in Ashfield)
 36.26/118'11" Vanessa Challis (Leicester)
 35.88/117'8" Susan Tudor (Hillingdon)
 35.64/116'11" Susan Bloss (Haringey & S)
 35.32/115'10" Philippa Rawsthorne (Cumbria
 Schools)
 34.80/114'2" Karen Goulding (Wycombe Ph)
 34.74/114'0" Kim Sproul (Newham)
 34.74/114'0" Katrina Beedles (Cardiff)
 34.24/112'4" Anne Robinson (Cockermouth)
 33.90/111'3" Eirian Owen (Gwynedd Schools)
 33.64/110'4" Deborah Pyne (Bracknell)
 33.62/110'4" Janette Kelly (Essex Ladies)
 33.62/110'4" Yvonne Stewart (Warley)
 33.52/110'0" Jackie Jackson (Mitcham)
 33.20/108'11" Hilary Flood (Essex Ladies)
 33.20/108'11" Tracey Hancock (Exeter)
 32.96/108'2" Gillian Skilton (Uxbridge)
 32.94/108'1" Catherine Vincent (Derby Ladies)
 32.78/107'6" Karen Herdman (City of Hull)
 32.44/106'5" Jane Stokes (Worcester)
 32.30/106'0" Lorraine Hudson (Essex Schools)

JAVELIN (30.50)

44.76/146'10" Yvonne Gregory (Lozells)
 43.12/141'6" Diane Williams (Stretford)
 42.56/139'7" Pamela Brindle (Rossendale)
 41.70/136'10" Christine Whitmore (Ilford)
 41.58/136'5" Jillian Grey (Cannock)
 40.90/134'2" Julie Walker (Grantham Schools)
 39.50/129'7" Sally Perkins (Solihull)
 39.08/128'2" Judith Morris (Hull Spartan)
 38.28/125'7" Yvonne Ritchie (Sale)
 38.20/125'4" Lynn Crawford (Halesowen)
 36.64/120'2" Jeanette Rose (Selsonia)
 36.20/118'9" Susan Metcalf (Durham Schools)

36.10/118'5" Sally Hunt (Thurrock)
 35.90/117'9" Jacqueline Hardie (Central Region)
 35.52/116'6" Jackie Hartshorn (Havering)
 35.18/115'5" Lisa Vandy (Bognor Regis)
 35.14/115'4" Helen Kneath (Swansea)
 35.02/114'11" Marita Silcock (Clwyd Schools)
 35.02/114'11" June Skinner (Birchfield)
 35.00/114'10" Susan Walsh (Bury)
 34.96/114'8" Susan Knutton (Wigmore)
 34.64/113'8" Yvonne Norton (Welsh Schools)
 34.52/113'3" Jackie Cross (Derby Ladies)
 34.50/113'2" Trudi Kimish (Croydon)
 34.42/112'11" Susan Luck (Cambridge H)

PENTATHLON (2800)

3790 Kathryn Warren (Derby Ladies)
 3673 Jane Attrill (Plymouth)
 3614 Yvette Wray (Shrewsbury)
 3591 Geraldine Gray (Thurrock)
 3570 Mandy Laing (Liverpool H)
 3485 Karen Evans (Lancaster & M)
 3456 Shirley Dewhirst (Rowntrees)
 3433 Brenda Gauntlett (Enfield)
 3384 Christine Stone (Enfield)
 3376 Fiona Meachin (Sale)
 3355 Elizabeth Wren (Hertford)
 3345 Yvonne Ritchie (Sale)
 3284 Karen Brimacombe (Plymouth)
 3267 Janet Manson (Ballymena)
 3245 Sonia Linsley (Middlesbrough)
 3235 Gail Stew (Coventry Godiva)
 3234 Wendy Palmer (Dartford)
 3231 Vivienne Weston (Lincoln Well)
 3226 Susan Hay (St Andrews)
 3217 Maxine Ross (Birchfield)
 3193 Jane Sulik (Oxford Ladies)
 3160 Anne Fraser (Fife IAU)
 3143 Veronica Langley (Hallamshire)
 3135 Frances Bartley (Liverpool Pembroke)
 3117 Ceri Jenkins (Cleddau)

CLUB 4 x 100 METRES RELAY (52.0)

47.8 Borough of Enfield H
 49.7 Liverpool H
 49.7 Sale H
 49.9 Middlesex Ladies
 50.0 Chelmsford AC
 50.0 Reading AC
 50.1 Birchfield HLS
 50.1 Edinburgh Southern H
 50.3 Houghton H
 50.3 Wolverhampton & Bilston
 50.4 Notts ACLS
 50.5 Bromsgrove & Redditch
 50.5 Southampton & Eastleigh
 50.8 City of Plymouth AC
 50.8 Hull Spartan AC
 50.8 Daventry AC
 50.9 Derby Ladies
 50.9 Leicester Coritanian
 51.0 Maryhill AC
 51.0 Western AAC
 51.1 Portsmouth Atalanta
 51.1 Selsonia LAC
 51.1 Southend

The Bromsgrove & Redditch team which tops the 1975 rankings for 4 x 800m relay:—(l-r) J. Bennett, M. Colter, M. Fletcher and H. Grogan. At the rear is Brian Grogan.



Jim Regan

- 51.2 Haringey & Southgate
51.2 Hallamshire H
51.2 Stretford AC

CLUB 4 x 200 METRES RELAY (1:55)

- 1:43.2 Borough of Enfield H
1:46.6 Medway AC
1:47.3 Leicester Coritanian
1:47.8 Wolverhampton & Bilston
1:47.9 Derby Ladies
1:48.0 Chelmsford AC
1:48.1 Bromsgrove & Redditch
1:48.5 Hillingdon AC
1:49.5 Middlesex Ladies
1:51.2 Luton

CLUB 4 x 400 METRES RELAY (4:20)

- 3:57.5 Pitreavie AAC
3:58.7 Bromsgrove & Redditch
4:07.4 Chelmsford AC
4:07.5 Oxford Ladies
4:09.1 Middlesex Ladies

CLUB 4 x 800 METRES RELAY (11:00)

- 9:17.4 Bromsgrove & Redditch
9:20.4 Pitreavie AAC
9:32.4 Bracknell AC
9:35.0 Derby Ladies
10:08.4 Havering AC

Obituary

JIMMY MAGEE

It is with deep regret that I record the death of Jimmy Magee, the reigning President of the Hull & District Cross-Country Association.

Jimmy started running at an early age with Hull Harriers during the 1908/09 cross-country season. He served his club well, holding many offices and graduating to Life Vice-President, a position he held until the club adopted City of Hull AC as its new title in 1970. He fitted well into the new club, being elected to serve as Vice-President.

It is hard to imagine local cross-country events without Jimmy. His warm and friendly personality will be sorely missed, and his sad death will leave a vacuum which will be hard to fill.

Grahame Brummitt,

Hon Secretary, Kingston Upon Hull
& District AC

MAURICE SMITH

The death has occurred of Maurice Smith (64), sports columnist of the 'Sunday People'.

SOUTHERN LEAGUE

(Division 2)

At Twickenham, August 16th

Harlow 114; Eastbourne 113; Twickenham 112; Old Gaytonians 103; London AC 94.

3000SC: M. Knapp (East) 9:40.4. 400H: P. Keen (Twick) 58.0. LJ: G. Watson (Twick-J) 6.67/21'10½". DT: 1, D. Maloney (Twick) 47.26/155'0"; 2, A. Elvin (Har) 40.94/134'4". HT: Elvin 45.18/148'3".

Mr P. Tipler would like to thank the many readers who responded to the appeal in 'AW' for a copy of the August 9th issue. He describes the response as "amazing" and has forwarded us the extra copies which we have passed on to readers who we know were unable to obtain a copy.

Vets AC 3½ miles CC. J. Flowers (2:50) 15:25. Fastest: E. Flowers 18:00.

Vets AC 3 miles CC. 1, W. Symes (8:30) 10:05; 2, C. Gittins (10:15) 10:10; 3, C. Knowles (10:00) 10:12. Fastest: C. Kimber 15:09.

KENT WOMEN'S ROAD RELAY CHAMPIONSHIPS

At Hythe, October 11th

DESPITE torrential rain throughout the afternoon, the Kent WAAA Relays were well organised by Folkestone AC and provided excellent competition. Cambridge H won both the Girls and Junior events from Medway, with the positions reversed in the Intermediate race, but for some reasons best known to themselves, all the top Cambridge H seniors failed to turn up. With the last girl of Medway, who led by more than 3min at the last changeover, unable to run through illness, medals went to teams and girls who do not often figure in the awards.

Seniors: 1, Ashford (L. Hall 12:17, L. Hyder 14:57, K. Franks 12:06) 39:40; 2, Folkestone (M. Ottaway 13:52, J. Seeley 14:02, C. Whatford 12:30) 40:24; 3, E. Kent (J. Bourne 13:55, C. Stewart 18:22, S. Rowlands 16:52) 49:09. **Fastest:** J. Kimber (Med) 11:40, H. Rider (Camb) 11:56, S. Blackwell (Med) 12:19.

Inters: 1, Medway (S. Channon 7:58, C. Searsoar 8:04, K. Hughes 7:47) 23:49; 2, Cambridge H (C. Turvey 8:53, L. Byrne 7:58, L. Pamment 7:24) 24:15; 3, Ashford (L. Hall 8:08, D. Colman 9:10, S. Holt 8:12) 25:30; 4, Tonbridge 25:58; 5, Medway "B" 28:26; 6, Wigmore 29:11. **Fastest:** L. Pamment 7:24, J. Oliver (Kent) 7:32, K. Lyon (Ton) 7:43.

Juniors: 1, Cambridge H (S. Clayton 5:24, K. Barsley 5:26, M. Cleaver 5:31) 16:21; 2, Medway (J. Rossiter 5:26, J. Borman 5:49, J. Howell 5:21) 16:36; 3, Cambridge "B" (C. Powell 5:31, B. Totman 5:39, G. Pamment 5:40) 16:50; 4, Ashford 17:15; 5, E. Kent 17:22; 6, Medway "B" 17:54. **Fastest:** J. Howell 5:21, S. Clayton 5:24, K. Barsley 5:26, J. Rossiter 5:26.

Girls: 1, Cambridge H (C. Loring 5:55, D. Russell 5:30, F. Ridler 5:36) 17:01; 2, Medway (J. Askew 5:59, A. White 6:05, C. Walsh 5:58) 18:02; 3, Cambridge "B" (S. Dorton 6:08, A. Chattaway 6:33, S. Vaughan 6:27) 19:08; 4, Tonbridge 19:24; 5, Ashford 19:36; 6, Wigmore 19:58. **Fastest:** D. Russell 5:30, F. Rider 5:36, J. Johnson (Ton) 5:54.

ESSEX WOMEN'S ROAD RELAY CHAMPIONSHIPS

At Basildon, October 11th

Senior 3 x 3200m

1, Thurrock 36:34; 2, Ilford 37:11; 3, Havering 39:33; 4, Harlow 40:44; 5, Basildon 41:44; 6, Southend 41:46. **Fastest:** S. Hines (Thurr) 11:39, B. Stone (Thurr) 11:56, M. Taylor (Ilf) 12:02, R. Ennis (Ilf) 12:18, P. Broughton (Har) 12:27, K. Knopp (Hav) 12:35. **(Inters 3 x 2350m):** 1, Harlow 25:11; 2, Ilford 26:04; 3, Chelmsford 26:37; 4, Havering 26:41; 5, Thurrock 26:52; 6, Havering 'B' 27:06; 7, Havering 'C' 27:31; 8, Basildon 27:42; 9, Essex LAC 28:12; 10, Chelmsford 'B' 29:25. **Fastest:** K. Trunley (Ilf) 8:07, A.

Bettinson (Thurr) 8:08, C. Mullender (Chelm) 8:15, A. Tamplin (Har) 8:18, S. Noble (Har) 8:26, T. Lattimore (Har) 8:27, L. Stephenson (Ex) 8:38, H. Jamieson (Chelm) 8:39, A. Owens (Hav) 8:45, B. Clement (S'end) 8:48.

Junior 3 x 2000m

1, Thurrock 21:38; 2, Havering 21:41; 3, Chelmsford 22:34; 4, Havering 'B' 23:07; 5, Basildon 'B' 23:31; 6, Chelmsford 'B' 23:40; 7, Havering 'C' 24:03; 8, Harlow 24:10; 9, Essex LAC 24:45; 10, Thurrock 'B' 24:56. **Fastest:** D. Kiernan (Hav) 6:54, K. Whippet (Thurr) 7:04, D. Crudgington (Thurr) 7:06, R. Lawless (Hav) 7:08, D. Allinson (Thurr) & Y. Wilcox (Chelm) 7:28, J. Stephenson (Hav) & J. Dawson (Chelm) 7:29, A. Rothwell (Chelm) 7:32, K. Grieson (Bas) & S. Collingwood (Chelm) 7:34. **(Girls 3 x 1550m):** 1, Thurrock 17:16; 2, Harlow 18:00; 3, Havering 18:03; 4, Thurrock 'B' 18:16; 5, Havering 'B' 18:36; 6, Ilford 18:42; 7, Chelmsford 18:48; 8, Essex LAC 18:49; 9, Havering 'B' 19:18; 10, Havering 'C' 19:25. **Fastest:** N. De Jesus (Ex) 5:29, K. Timpson (Thurr) 5:38, D. Buckle (Thurr) 5:43; 4, H. Smith (Thurr) 5:49; 5, C. Eyre (Har) 5:50; 6, S. Merchant (Thurr) 5:55; K. Morris (Hav) 5:59, C. Wells (Hav) & D. Bush (Hav) 6:00, I. Morris (Hav) & S. Noble (Har) 6:04.

HAMPSHIRE WAAA ROAD RELAY CHAMPIONSHIPS

At Southampton, October 11th

1, Aldershot, Farnham & Dist (A. Barrass 14:54, D. Webster 14:54, J. Barrass 14:50) 44:38; 2, Portsmouth Atlanta (K. Fielon 14:25, H. Fielon 14:15, R. Jackson 16:08) 44:48; 3, Southampton & Eastleigh (S. MacDiarmid 15:21, S. Mitchell 15:46, K. Tabor 16:40) 47:47; 4, S&E 'B' 61:19; 5, Ryde 61:57.

Fastest: H. Fielon 14:15, K. Fielon 14:25, J. Barrass 14:50.

Intermediates

1, Portsmouth Atlanta (M. Gallaway 15:02, A. Daunton 16:45, V. Whitfield 15:19) 47:06; 2, Southampton & Eastleigh (J. Dawkins 15:30, H. Lindford 20:28, J. Barnett 15:39) 51:37; 3, Aldershot, Farnham & Dist (E. Gould 20:33, E. Collins 17:07, R. Smeeth 14:49) 52:29. **Fastest:** Smeeth 14:49, Gallaway 15:02, Whitfield 15:19. **(Juniors):** 1, Portsmouth Atlanta (C. Trott 7:16, S. Sadler 7:26, S. Ludlam 6:52) 21:34; 2, Aldershot, Farnham & Dist (A. Beattie 7:22, A. Edwards 7:04, S. Curtis 7:16) 21:42; 3, Southampton & Eastleigh (C. Sutton 7:28, C. Woodage 7:32, S. Lewis 7:31) 22:31; 4, Andover 23:51; 5, S&E 'B' 23:55; 6, Portsmouth Atlanta 'B' 24:20. **Fastest:** Ludlam 6:52, Edwards 7:04, Trott & Curtis 7:16. **(Girls):** 1, Portsmouth Atlanta (W. Sait 7:47, P. Russell 8:06, W. Purser 7:12) 23:05; 2, Aldershot, Farnham & Dist (W. Lodge 7:42, A. How 8:06, M. Tinsley 7:35) 23:23; 3, AF&D 'B' (J. Poulter 7:59, N. Ratcliffe 8:06, S. Hoyle 8:26) 24:31; 4, Basingstoke 24:36; 5, AF&D 'C' 25:45; 6, Andover 26:05. **Fastest:** Purser 7:12, Tinsley 7:35, Lodge 7:42.

AAA National Six-Stage Relay**Dave Cocksedge reports**

Consistent Liverpool Retain Title

WITH the expected challenge from Bolton United failing to materialise, Liverpool Harriers retained their National 6-stage road relay title with just over half a minute to spare, at Wimbledon last Saturday. Consistency was their key note—the Northern club was never lower than fourth throughout the race, and all six men ran between 16:58 and 17:38 for this tough 3M 1000y course. Shaftesbury surprised by netting second place thanks largely to good legs by Julian Goater and Hugh Starkey whilst Cardiff recovered from a disastrous fourth stage to grab third from Invicta, who were second last year. Bolton, without Steve Kenyon and Ron Hill, entered but did not start. Fastest men on display was Aldershot's Bernie Ford, who clocked an outstanding 1:46 on stage 4, just two seconds faster than Goater on the same stage, and five seconds inside David Black's fastest time of 1974. Conditions were ideal—sunny and dry.

As this event grows in popularity with clubs (31 toed the line here) surely it deserves more pre-race publicity than it still continues to get? And it would be a big help to spectators and athletes if a map of the course could be included in the programme as well as an indication of the lap record—assuming of course, that Wimbledon is to be a permanent venue for this event.

Stage 1: Barry Watson (Cambridge H) enjoyed a fine run, breaking away decisively from a cluster of runners in the last 1½ miles and handing veteran Ken Harland a 6sec edge over Shaftesbury (Hugh Starkey) with Aldershot, Liverpool, Cambridge & Coleridge and Tipton all close behind.

Stage 2: Liverpool hit the front through Bob Harrison whilst Dennis Quinlan shot Bingley through from 12th to second place, 15sec adrift, just ahead of Cardiff (Mike Critchley) who had been 11th at the hand-over. Former leaders Cambridge H were now seventh, but only 28sec covered Liverpool, Bingley, Cardiff, Shaftesbury, SLH, Tipton and Cambridge. Merv Brameld churned out a fine 17:09 in moving Invicta up from 20th to ninth.

Stage 3: Once more the lead changed hands. Gritty Dic Evans (17:15) put Cardiff in front after a furious tussle with Pete Waddington (Liverpool) as Jon Wigley (17:05), in the red vest of Invicta, closed relentlessly on both of them. Fastest up, however, was Grenville Tuck, who burned around in 16:56, a good tune-up for today's Unigate Marathon at Harlow. Forty seconds now covered the first six at halfway.

Stage 4: No less than five men dipped below 17 minutes on this go-around, which saw Keith Penny put Cambridge ahead after outkicking Richard Newble (Invicta) and Frank Davies

(Liverpool). Goater moved Shaftesbury into battle contention with a superb 16:48, picking up 14sec on the leaders, but Bernie Ford (16:46) was faster still in taking Aldershot up from 16th to seventh.

Stage 5: Liverpool took the initiative for good now when Mike Turner set out after Cambridge H (John Wilkins) and Invicta (Ian Macmillan). He came back 19sec up on the latter and it was as good as over. Shaftesbury improved to a solid third and Bernie Plain took Cardiff up to fourth as poor Wilkins died a thousand deaths. The gaps were lengthening out now.

Stage 6: Paul Carey cemented Liverpool's advantage by another 18sec whilst Richard Steven (Shaftesbury) and Pete Ratcliffe (Cardiff) overtook Invicta's D. Fleming. Graham Tuck brought Cambridge & Coleridge in sixth after taking off in 11th spot but David Moorcroft's flying 17:01 could only improve Loughborough Colleges five places to 13th.

Stage 1

1, Cambridge H (B. Watson 17:04); 2, Shaftesbury (H. Starkey 17:10); 3, Aldershot, F&D (L. Presland 17:13); 4, Liverpool H (D. Evans 17:16); 5, Cambridge & C (K. Clifford 17:18); 6, Tipton (K. Rollason 17:19); 7, Portsmouth (J. Cain 17:23); 8, Stoke (A. Adams 17:25); 9, London Irish (P. Coyle 17:27); 10, Derby (H. Leeming 17:31); 11, Cardiff (A. Leek 17:32); 12, Bingley (J. Waterhouse 17:33); 13, SLH (P. Williams 17:34); 14, Sheffield (D. Pratt 17:37); 15, Reading (M. Duff 17:38); 16, Southampton & E (R. Kocher 17:43); 17, TVH (B. Standen 17:49); 18, Basingstoke (R. Swann 18:00); 19, Airedale & SV (D. Mayho 18:01); 20, Invicta (D. Austin 18:03); 21, Birchfield (R. Davies 19:12); 22, Loughborough C (K. Dumbleton 18:23); 23, Hercules W (K. Hylands 18:26); 24, Kent (J. Oliver 18:31); 25, Croydon (K. Rock 18:36); 26, Bracknell (W. Whiting 18:44); 27, Belgrave (C. Pearson 18:45); 28, Chelmsford (R. Charleston 18:51); 29, Feltham (P. Chimes 18:52); 30, Rugby (N. Ainsworth 18:56); 31, Brighton & H (M. Knapp 19:39).

Stage 2

1, Liverpool 34:36 (R. Harrison 17:20); 2, Bingley 34:51 (D. Quinlan 17:18); 3, Cardiff 34:54 (M. Critchley 17:22); 4, Shaftesbury 34:55 (H. Richards 17:45); 5, SLH 34:56 (R. Gevers 17:22); 6, Tipton 34:57 (A. Holden 17:38); 7, Cambridge H 35:04 (K. Harland 18:00); 8, Derby 35:10 (K. Hinton 17:39); 9, Invicta 35:12 (M. Brameld 17:09); 10, S&E 35:14 (N. Jeffery 17:31); 11, Stoke 35:22 (R. Harris 17:57); 12, Reading 35:26 (R. Piotrowski 17:48); 13, AF&D 35:29 (S. Harrison 18:16); 14, L. Irish 35:31 (J. Doherty 18:04);

15, Sheffield 35:36 (G. Tebbutt 17:59); 16, Portsmouth 35:45 (G. Edgington 18:22); 17, A&SV 35:52 (K. May 17:51); 18, C&C 36:07 (A. Boast 18:49); 19, Croydon 36:25 (M. Russell 17:49); 20, Belgrave 36:30; (J. Stow 17:45); 21, Loughborough 36:32 (A. Armitage 18:09); 22, Hercules W 36:41 (D. Beard 18:15); 23, Brighton 36:55 (W. Mullett 17:16); 24, TVH 37:07 (G. Smart 19:18); 25, Chelmsford 37:24 (M. Fletcher 18:33); 26, Bracknell 37:38 (D. Latter 18:54); 27, Feltham 38:03 (C. Sly 19:11); 28, Birchfield 38:22 (D. Train 20:10); 29, Kent 38:30 (D. Ricketts 19:59); 30, Rugby 38:52 (P. Aughton 19:56); 31, Basingstoke 39:23 (B. Bolt 21:23).

Stage 3

1, Cardiff 52:09 (D. Evans 17:15); 2, Liverpool 52:14 (P. Waddington 17:38); 3, Invicta 52:17 (J. Wigley 17:05); 4, Cambridge H 52:19 (G. Grant 17:15); 5, SLH 52:44 (M. Newport 17:48); 6, Shaftesbury 52:49 (R. Samuel 17:54); 7, Bingley 52:50 (M. Weeks 17:59); 8, C&C (**Gren Tuck 16:56**); 9, Derby 53:07 (J. Henshall 17:57); 10, Reading 53:09 (D. Dipper 17:43); 11, A&SV 53:10 (J. Temperton 17:18); 12, L. Irish 53:11 (N. King 17:40); 13, Stoke 53:18 (A. Ashe 17:56); 14, Sheffield 53:29 (K. Newton 17:53); 15, S&E 53:35 (A. Shrimpton 18:21); 16, AF&D 53:49 (M. Barton 18:20); 17, Hercules 53:53 (R. Holt 17:12); 18, Portsmouth 53:57 (A. Cass 18:12); 19, Tipton 54:12 (A. Rushmer 19:15); 20, Loughborough 54:45 (P. Williams 18:13); 21, Brighton 55:06 (M. Patterson 18:11); 22, Croydon 55:12 (R. Dickson 18:47); 23, TVH 55:43 (J. Sheridan

18:36); 24, Belgrave 55:56 (A. Black 19:26); 25, Bracknell 56:11 (J. Convery 18:33); 26, Birchfield 56:36 (M. Pickering 18:14); 27, Feltham 56:52 (B. Copp 18:49); 28, Chelmsford 57:25 (P. Fulcher 20:01); 29, Kent 59:06 (R. Butler 20:36); 30, Rugby 59:17 (R. Bridges 20:25); 31, Basingstoke 60:15 (P. Leitch 20:52).

Stage 4

1, Cambridge H 69:11 (K. Penny 16:52); 2, Invicta 69:12 (R. Newble 16:55); 3, Liverpool 69:13; (F. Davies 16:59); 4, Shaftesbury 69:37 (J. Goater 16:48); 5, Cardiff 70:02 (B. Donovan 17:53); 6, L. Irish 70:30 (G. Staunton 17:19); 7, AF&D 70:35 (**B. Ford 16:46**); 8, SLH 70:36 (J. Roberts 17:52); 9, Derby 70:39 (J. Eley 17:32); 10, Sheffield 70:52 (K. Angus 17:23); 11, A&SV 70:53 (A. Dewhurst 17:43); 12, Stoke 70:54 (A. Birks 17:36); 13, C&C 70:59 (L. Irvine 17:56); 14, Bingley 71:08 (W. Padgett 18:18); 15, S&E 71:19 (N. Coupland 17:44); 16, Reading 71:33 (G. Biscoe 18:24); 17, Tipton 71:50 (D. Fownes 17:38); 18, Hercules 72:08 (S. Lippell 18:15); 19, Portsmouth 72:21 (P. Corney 18:24); 20, Loughborough 72:27 (D. Driver 17:42); 21, Croydon 72:55 (D. Faircloth 17:43); 22, Brighton 73:70 (P. Whitcomb 18:24); 23, TVH 73:32 (M. Puddifoot 17:49); 24, Belgrave 73:56 (P. O'Connor 18:00); 25, Bracknell 74:48 (D. Arnold 18:37); 26, Birchfield 74:50 (J. Patton 18:14); 27, Feltham 75:19 (N. Carter 75:19); 28, Chelmsford 76:53 (P. Fletcher 19:28); 29, Kent 78:37 (N. Fairbrass

continued on page 30

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Who's Who In British Athletics

DAVID JENKINS

Full name: David Andrew Jenkins. Born at Pointe-à-Pierre (Trinidad), 25.5.1952; Height: 1.92/6'3½"; Weight: 82-84kg/182-185lb; Pulse rate at rest: 54 when fit. Club: Gateshead Harriers. Occupation: Sports Development Officer. Single. Lives at Birtley (Tyne & Wear). Hobbies and interests: Music, literature ("across the board") and food. Advisor: David Hemery, since September 1973.

Became interested in athletics in 1968 "from competing in Youth competitions and watching the Olympic Games". Began at high jump and sprints. Joined Gateshead Harriers in 1975. Won the Scottish Schools Under-15 and Under-17 400m titles. Respects "any athlete no matter what his status but any Olympic finalist or winner tends to be accorded a little extra respect". Realised he could make international level in 1969. Favourite events now are 200 and 400.

Personal bests: 100m—10.1 (1972), 200—20.3 (1972), 300—32.44 (1975), 400—44.93 (1975), 600—75.6 (1974), 400H—53.0 (1973). UK international since 1969. Holder UK records at 200 & 400; unofficial UK bests at 300 & 600 (100

time equals UK record but not ratified). European 400 champion 1971; Olympic 4 x 400 silver medallist 1972; 4th 1974 Commonwealth 400; European gold (4 x 400) & silver (400) medallist 1974; European Cup Final winner (400 & 4 x 400) 1975; American 400 champion 1975; AAA champion 1971-75. Annual progression at 200 and 400:

1967	—	53.4
1968	22.4	48.7
1969	22.1	46.5
1970	21.1	46.9
1971	20.6	45.5
1972	20.3	45.3
1973	20.7	45.2
1974	20.5	45.18
1975	20.95	44.93

Most pleasing performance was winning the AAU 400 title in 1975. Greatest disappointment: "Not acquitting myself at the 1974 Commonwealth Games". The target for 1976 is to be "well prepared for the Olympic 400m final". Does not intend competing very much longer "unless the track and field set-up within this country is drastically altered for top athletes". Will remain in athletics after retirement "with the above proviso and only in some loose-linked

BARNSELY ROAD RUNNERS CLUB PRESENT THE 2nd

BARNSELY MARATHON

(INCORPORATING SOUTH YORKSHIRE CHAMPIONSHIPS)

& SPONSORED BY THE 'BARNSELY CHRONICLE' NEWSPAPER

Sunday, November 30th, at 12 noon (Under AAA Laws)

★ **FIRST PRIZE — PORTABLE T.V. SET** ★

Last year's race attracted 112 starters and was won by Yorkshire's John Newsome in 2:24:25. The people of Barnsley, great fans of road running, turned out in large numbers to watch the race. Every runner was photographed as he crossed the finishing line outside Barnsley Town Hall, and the same thing will happen this year. **DON'T MISS THIS GREAT RACE!** A well organised marathon in a friendly Yorkshire town.

Individual Prizes ● Spot Prizes ● 1st 3 Teams ● Vets O/40/50/60 & Ladies' Prizes
Certificates to all finishers

LADIES: We made you welcome at the 'Barnsley 6'—here's your chance to run a marathon!

ENTRIES: (closing date Nov. 17th) Individuals 25p; Team 30p to DAVE BENNETT, 10 EDMUND ST., WORSBOROUGH BRIDGE, BARNSELY. South Yorkshire runners must enclose an extra 10p to qualify for the South Yorkshire Championships.

LIMITED AMOUNT OF FREE OVERNIGHT ACCOMMODATION AVAILABLE



David Jenkins gets under way at this year's AAA Championships, in which he won the 400 metres title for the fifth year running.

Fionnbar Callanan

advisory capacity to 400m runners (with any luck)". What he likes most about athletics is "winning". Dislikes "people seeking autographs".

Advice to youngster taking up athletics: "Enjoy everything you go in for—by giving everything for that moment". Brother, Roger, is a UK international at 400 with a personal best of 46.49.

Comment: "I see little or no point in commenting much on any of these matters (administration, amateur rules, selection, etc) as whatever analysis is made or solution is offered, it will have small effect on what happens in any future administration of track and field in this country. Suffice it to say that unless rapid changes are affected for the international athletes in this country we will continue to rely on individuals working *in vacuo* rather than on a team effort for any team competitions. To take stock of our situation—how many technical event winners or first three placings did we have in the European Cup Final? This gives us an idea of how effective our technical coaching system is".

Training

Trains six days a week in winter, 4-5-6 days a week in summer, during the lunchtime and in the evening. Training takes between 1 and 2½ hours. Trains on country, hills, dunes, parkland and Tartan. Travels 1½ miles to Tartan track (Gateshead). Sees David Hemery "from time to time". Dislikes "Long repetitions and steady runs alone"; likes "all other track work whether alone or otherwise".

Training cycle ("roughly speaking"): October-December: cross-country and strength. December-March: transition to track. March-July: track (400 breakdown specific training). July: competitions.

Typical week's training in winter: Sunday—8 x 300 (39.0), 300 walk recovery. Monday—Rest. Tuesday—45 minutes steady running and weights session (cleans 4 x 6 x 175lb plus push-ups, pull-ups and sit-ups). Wednesday—Bounding—20 x

50m on incline: 5 x 100m striding uphill). Thursday—45 minutes steady running and weights session (lighter and faster repetitions). Friday—30 minutes fartlek. Saturday—8 x 600 (1:50), 200 walk recovery.

Typical week's training in summer: Sunday—500—400—300; (pm) jog. Monday—Weights session. Tuesday—5 x 75m or 2 x 120m. Wednesday—Fartlek or 10 x 100m and weights session. Thursday—2 x 3 x 200. Friday—Rest or jog. Saturday—(am) 3 x 300; (pm) 2 x 4 x 100m, few light weights and swim.

Present training has changed from last year and plans major changes for the future. Likes 3-5 days rest before a major competition and likes to compete "as necessary for the big competition".

ROGER JENKINS

Full name: Roger Allan Jenkins. Born in Liverpool, 30.9.1955, Height: 1.88/6'2"; Weight: 77kg/170lb; Pulse rate at rest 52. Clubs: Heriot-Watt University AC and Edinburgh AC. Occupation: Student. Single. Lives in Edinburgh. Hobbies and interests outside of athletics: Reading, ballet, squash and the collection of antiques. Coaches: Jake Young at school and John Anderson 1972/73. Has been advised by Stuart Bell "at most times during my athletic career and by David J most recently".

Became interested in athletics "when I realised that cricket was going to take up the whole of my Saturdays". Began at 100m and joined Heriot-Watt UAC in 1973/74 and Edinburgh AC in 1974. Finished 7th in the semi-final of the Scottish Schools Intermediate 200m in 1970. The athlete he most admires today is Brendan Foster, "because of the way he manages to excite and involve the crowd which is great for us all". Realised he could make international level in February 1974. Favourite event now is 400m.

Personal bests: 100—10.5 (1974), 200—21.5 (1974) & 21.3w (1973), 400—46.49 (1975). UK senior international since 1974; 5th 1973 European Junior 400 & 3rd in 4 x 400; semi-finalist 1974 European 400. Annual progression at 400:

1971	53.3	1974	46.7
1972	— (22.1 200)	1975	46.49
1973	47.1		

Most pleasing performance: "running 300m (35.0) and 600m (80.9) within one afternoon after heats for each in the Scottish Universities Indoor 1975". No great disappointments. The target for 1976 is to gain Olympic selection and will "see what happens" in terms of all-time targets. Intends competing "as long as I enjoy it and can find time to train". After retirement will stay in athletics—but "only jogging". What he most likes about athletics is "the competitiveness". Dislikes "winter weights and that ache in the chest!"

Advice to a youngster taking up athletics: "Don't train too hard too soon—keep your athletics in balance". Comment: "I'd like to see a move towards 'open' track; that way there would be no dispute over who's the best—a problem especially relevant to Scotland. I'd like to see greater co-ordination between athlete and selection board".

Training

Trains five to six days a week in winter and five in summer. Usually trains "evenings in winter, for 1½ hours and in the summer when I feel like it—mostly at lunchtime". Lives only two miles away from "excellent facilities" at Meadowbank. Importance of coaching: "John Anderson was very good at motivating me when I was 16/17, but now I'm rather alone and left to get on with it. However I'd like to thank Bill Walker for all his help. David J now helps me with ideas and I see him about once a month, other than

that it's up to me to work hard". Enjoys "race related training—like practising".

Training cycle: Four phases:—(1) Cross-country and general conditioning; (2) Moving onto the track; (3) Practise/speed; (4) Compete.

Typical week's training in winter: (December 13th—21st, 1974 in Spain). **13th**—40 minutes jog, **14th**—40 minutes jog, **15th**—Rest, **16th**—Technique work for one hour—4 x 4 x 60m back to back—finish with weight training. **17th**—Four miles jog, **18th**—Light technique work followed by routine as on 16th. **19th**—4 x 700m with David Jenkins, walk back recovery (on the promenade). **20th**—40 minutes jog, **21st**—Fly home.

Typical week's training in summer: **Sunday**—Rest. **Monday**—Jogging and strides. **Tuesday**—1 x 330 yards (out of blocks 110—jog 110—run 110); 2 x 110 yards. **Wednesday**—3 x 150m (build for 50m—fast 50m—hold 50m). **Thursday**—Rest. **Friday**—Rest. **Saturday**—400m v Sweden (Meadowbank) 1st in 46.70.

Plans to run more cross-country this winter but has no plans for major changes in the future. Likes to race once a week early season than as required with two to three days rest before major competition depending on the race.

HAMPSHIRE WAAA CHAMPS (PART)

At Portsmouth, September 21st

800: 1, K. Fielon (Port) 2:19.0; 2, H. Fielon (Port) 2:19.4. **Pentathlon:** J. Longhurst (Port) 3028 (27.1, 16.2, 7.56, 1.40, 5.10). **(Inters)** 1500: 1, R. Smeeth (AF&D) 4:52.0; 2, M. Gallaway (Port) —; 3, J. Dawkins (S&E) 5:01.9. **(Juniors)** 1500: 1, N. De Jesus (Ex) 4:49.3; 2, S. Curtis (S&E) 5:03.6; 3, C. Woodage (S&E) 5:07.3. **Pentathlon:** 1, S. Grady (Port) 2691 (29.9, 13.2, 4.62, 1.45, 7.38); 2, J. Curtis (S&E) 2662; 3, S. Biggs (F&C) 2618; 4, J. Asprey (AF&D) 2525; 5, A. Giddings (Port) 2481.



Roger Jenkins (left) competing in the 400 metres against Sweden at Meadowbank, a race he won in 46.70.

John Inglis

SOUTHERN WOMEN'S LEAGUE

At Enfield, October 18th

1, T. Bateman (Coventry Godiva-Guest)	15:21
2, A. Roberts (Surrey AC)	15:32
3, B. Price (Uxbridge)	15:37
4, V. Rowe (LOAC) 15:39; 5, C. Gould (Barn)	15:40; 6, S. Somervell (Camb H) 15:46; 7, H. Fielon (Port) 15:50; 8, A. Parker (AF&D) 15:54; 9, C. Simpson (B'mouth) 16:03; 10, S. Harvey (LOAC) 16:07; 11, C. Boxer (AF&D) 16:08; 12, G. Adams (Kt) 16:09; 13, C. Boshier (Felt) 16:11; 14, J. Caffall (Hill) 16:18; 15, C. Rodgers (High) 16:20; 16, D. Webster (AF&D) 16:25; 17, C. Falla (B'mouth) 16:28; 18, K. Fielon (Port) 16:30; 19, D. Taylor (Barn) 16:34; 20, A. Clarke (High) 16:40; 21, A. Barns (Barn) 16:41; 22, L. Abraham (Wyc) 16:43; 23, C. Glitter (LOAC) 16:44; 24, P. Broughton (Har) 16:44; 25, A. Disley (Ind) 16:45; 26, R. Messmer (Croy) 16:46; 27, M. Watson (Barn) 16:50; 28, L. Watson (LOAC) 16:51; 29, P. Winter (Ver) 17:02; 30, J. Mitchell (S&E) 17:04; 31, R. Ennis (Ilf) 17:08; 32, J. Day (Kt) 17:09; 33, J. Barrass (AF&D) 17:13; 34, G. Geller (Har) 17:15; 35, C. Ward (LOAC) 17:17; 36, B. Cushen (HW) 17:21; 37, J. Burrell (Ux) 17:23; 38, J. McFarlane (Ex) 17:28; 39, J. Kimber (Med) 17:29; 40, P. Davis (Sel) 17:31; 41, K. Tabor (S&E) 17:34; 42, F. Baldwick (Read) 17:36; 43, F. McCall (B'mouth) 17:44; 44, I. Wojciechowska (Ind) 17:45; 45, S. Marquis (Wat) 17:51; 46, P. Jones (Ilf) 17:53; 47, A. James (LOAC) 17:54; 48, E. Sissons (E&E) 17:55; 49, V. Priest (Wyc) 17:57; 50, M. Tannetta (High) 17:58.

Teams: 1, LOAC 65; 2, AF&D 68; 3, Barnet 72; 4, Highgate 149; 5, Bournemouth 167; 6, Portsmouth 170; 7, Wycombe 209; 8, Cambridge H 219; 9, Southampton & E 224; 10, Hillingdon 226; 11, Uxbridge 236; 12, Kent 240; 13, Harlow 254; 14, Medway 261; 15, Epsom & Ewell 267; 16, Ilford 271; 17, Verlea 285; 18, Surrey 296; 19, Croydon 297; 20, Feltham 307; 21, Brighton & H 310; 22, Essex 318; 23, Selsonia 330; 24, Hercules Wimbledon 330; 25, Woking 331; 26, Reading 336; 27, Watford 339; 28, Parkside 344; 29, Havering 351; 30, Ryde 356; 31, Middlesex 357; 32, Haywards Heath 359.

Intermediates

1, C. Brace (Individual)	9:38
2, M. Galloway (Portsmouth)	9:52
3, B. Samms (Uxbridge)	9:56

**Eleventh North Bucks
WOLVERTON "5" MILES
OPEN ROAD RACE**

(Under A.A.A. Laws)

SATURDAY, NOVEMBER 29th at 3 p.m.

Ind & Team Prizes (4 run, 3 score). Entries: (20p Ind) by Nov. 18th to M. Callow, 12 Mansel Close, Cosgrove, Milton Keynes. S.A.E. for acknowledgement, please.

4, J. Dawkins (S&E) 9:58; 5, B. Madigan (Brack) 10:00; 6, R. Smeeth (AF&D) 10:01; 7, W. Whitfield (Port) 10:04; 8, J. Ledger (AF&D) 10:06; 9, T. Lattimore (Har) 10:10; 10, J. Brown (G&G) 10:11; 11, L. Day (Ver) 10:14; 12, K. Trunley (Ilf) 10:15; 13, B. Frank (Mit) 10:16; 14, A. Tamplin (Har) 10:19; 15, J. Eyles (Ver) 10:20; 16, C. Goodman (B'mouth) 10:24; 17, V. Cullen (Har) 10:36; 18, J. Oliver (Kt) 10:40; 19, L. Byrne (Camb H) 10:43; 20, K. Hughes (Med) 10:45; 21, K. Sims (G&G) 10:47; 22, S. Noble (Har) 10:48; 23, G. Chels (Ind) 10:49; 24, J. Burchett (Croy) 10:50; 25, L. Stephenson (Ex) 10:51; 26, M. Cobden (Sel) 10:52; 27, D. Phillips (Croy) 10:53; 28, A. Owen (Hav) 10:53; 29, S. Nockall (Ver) 10:54; 30, J. Williamson (E&E) 10:57; 31, M. Kirkwood (Brack) 10:58; 32, D. Phillips (Brack) 10:59; 33, B. Burns (Hill) 11:00; 34, J. Jackson (Hav) 11:01; 35, H. Martin (Ilf) 11:02; 36, A. Bettinson (Thurr) 11:03; 37, A. Dauntton (Port) 11:04; 38, J. Bennett (WS&E) 11:05; 39, S. Sanders (Hav) 11:06; 40, S. Channon (Med) 11:06; 41, G. Reader (Hav) 11:08; 42, L. Wilkinson (BoE) 11:09; 43, J. Hill (Read) 11:11; 44, S. Bennett (Ind) 11:11; 45, S. Cunningham (Brack) 11:12; 46, J. Barnett (S&E) 11:13; 47, K. Shwyer (B'mouth) 11:13; 48, S. Miller (B'mouth) 11:14; 49, N. Hill (Read) 11:15; 50, C. Thixton (Mit) 11:16.

Teams: 1, Harlow 62; 2, Bracknell 113; 3, Havering 142; 4, Guildford & G 143; 5, Portsmouth 160; 6, Verlea 169; 7, Ilford 175; 8, AF&D 189; 9, Epsom & E 197; 10, Medway 214; 11, Bournemouth 225; 12, Croydon 238; 13, Reading 240; 14, Mitcham 252; 15, Southampton & E 256; 16, Wycombe 267; 17, Uxbridge 281; 18, Essex 290; 19, Hillingdon 330; 20, Thurrock 331; 21, Cambridge H 336; 22, Windsor, S&E 343; 23, Selsonia 348; 24, Crawley 351; 25, Kent 360; 26, Enfield 384; 27, Haywards Heath 390; 28, Peterborough 399; 29, Park 411; 30, Woking 417; 31, Ryde 421; 32, Brighton & H 432; 33, Surrey 433.

(Continued next week)

SHOT WASN'T LIGHT

Keith Burchell, field referee for the Carshalton Trophies on August 23rd, points out that the shot used in the senior women's event was checked by himself before the competition and found to be the correct weight. We apologise for the error in our results (September 20th issue).

The road running secretary of Oxford City AC is now Peter Flavel, 4 Talbot Road, Oxford (Tel: 0865-58054) to whom all correspondence concerning road running events should be sent.

Late amendments to UK Intermediate lists—100: 11.7w MacGregor; LJ: Morton's 5.86 legal.

EUROPEAN RESULTS

AUSTRIA

13.9. Vienna. Women's 200/400: Schinzel 23.32 (rec)/53.13. **20/21.9. Vienna.** Women's Pent: Prokop 4579. **27.9. Innsbruck.** Women's SP: Wilms (WG) 18.89/61'11½" (rec).

BELGIUM

6.9. Brussels. Women's 400H: Alaerts 59.7 (rec). **11.9. Brussels.** 3000SC: Thys 8:26.0 (broke Roelants' Belgian rec). **12.9. Berchem.** Mar: McDaid (RoI) 2:20:52.

BULGARIA

30.8. Sofia. Women's DT: Vergova 65.80/215'10". **6/7.9. Varna.** Women's LJ: Nygrynova (Cze) 6.48/21'3½"; SP: Stoyanova 19.46/63'10½"; JT: Peces (Rum) 60.62/198'11"; 880y: Shtereva 2:02.7 (European rec); Pent: Sokolova 4501.

CZECHOSLOVAKIA

27.8. Prague. DT: Danek 64.72/212'4". **6.9. Podivin.** 20kmW: Vala: 1:26:50.8. **12.9. Prague.** SP: Brabec 20.13/66'0½"; DT: Silhavy 62.68/205'8". **13.9. Brno.** Women's SP: Fibingerova 21.19/69'6½". **20.9. Prague.** DT: Danek 64.16/210'6". **20/21.9. Steti.** (Lugano Cup Eliminator) 20kmW: Sztankovics (Hun) 1:29:23.4 . . . 16. Kannenburg (WG; injured) 1:41:24.4; 50kmW: Weidner (WG) 4:09:28.2. Schubert (WG) 4:13:20.4. Jorba (Spa) 4:14:45.8. Teams: Hungary 65; WG 53, Czechoslovakia 49; Rumania 43, Spain 32. **21.9. Susice.** SP: Brabec 20.45/67'1½"; women's SP: Fibingerova 20.66/67'9½". **23.9. Jablonec.** Women's 1000: Waitz-Andersen (Nor) 2:39.8 (rec). Burki (Swi) 2:40.2 (rec). **24/25.9. Prague.** JT: Boros (Hun) 84.70/277'11"; women's 800: Katolik 2:01.5; 110H: Sokolova (Bul) 13.30. Rabsztyn (Pol) 13.33; HJ: Oskolok (USSR) 1.84/6'0½"; LJ: Nygrynova (Cze) 6.45/21'2"; SP: Krachevskaya (USSR) 19.78/64'10½"; Stoyanova (Bul) 19.20/63'0"; DT: Menis (Rum) 62.34/204'6"; JT: Blodniece (USSR—age 16) 61.14/200'7"; Babich (USSR) 59.22/194'3". **28.9. Gottwaldov.** Women's SP: Fibingerova 20.85/68'5".

DENMARK

6.9. Aarhus. 110H/LJ: Torring 14.0 & 7.85/25'9½"w.

FINLAND

30/31.8. Helsinki. (Finland v USSR) 1500: (guests) Sellik (USSR) 3:40.4 (55.0 last lap), Ulymov (USSR) 3:40.9 . . . Paunonen (Fin; b. 1958) 3:42.8 (Jnr rec); 5000; 2, Ulymov 13:53.2 . . . Paivarinta (13:53.2) ran last 800 in 1:54.8, last 200 in 25.6; JT: 3, Aho 81.58/267'8"; 4, Lusi (USSR) 78.20/256'7"; 5, Kinnunen (guest) 77.26/253'6"; women's 400: 2, Haggman (née Wilmi) 52.86; 3, Ivanova (USSR) 52.91; 800: Safina (USSR) won in 2:03.6 (not 2:00.6); 1500:

Morgunova (USSR) 4:13.4 (not 4:13.1), Holmen 4:15.0; 110H: Kononova (USSR) 13.46 (not 13.56). **2.9. Lappeenranta.** 5000: Sellik (USSR) 13:40.6, Viren 13:52.2; PV: Isakov (USSR) 5.35/17'6½"; JT: Hovinen 88.42/290'1", Grebnyev (USSR) 85.74/281'3"; women's 200: Salin 23.1, Maslakova (USSR) 23.1. **5.9. Pihtipudas.** JT: Kinnunen 85.48/280'5", Aho 83.00/272'4". **6.9. Nokia.** JT: Hovinen 87.38/286'8". **14.9. Pihtipudas.** JT: Hovinen 85.86/281'8", Kinnunen 84.76/278'1", Aho 83.10/272'8". **20.9. Aankoski.** JT: Kinnunen 85.68/281'1", Hovinen 83.80/274'11", Aho 82.42/270'5". **21.9. Kankaanpaa.** JT: Hovinen 87.10/285'9"; women's 5000: Holmen 16:55.6 (rec). **21.9. Turku.** Mar: Ristimäki 2:16:29 . . . Paivarinta dnf.

FRANCE

7.9. St-Maur. 30km: Kolbeck 1:33:37.0 (rec). **10.9. St-Maur.** 3000SC: Malinowski (Pol) 8:16.4, JOHN BICOURT 8:43.6. **14.9. Viry-Chatillon.** Indoor PV: Tracanelli 5.35/17'6½". **20.9. Sallamaines.** DT: Piette 60.96/200'0" (rec). **20.9. Dunquerque.** Mar: (Champ) Fosse 2:19:43.

GDR

23.8. Erfurt. HJ: Beilschmidt 2.21/7'3"; 20kmW: Gauder 1:26:28.2, Frenkel 1:27:09.0. **27.8. Leipzig.** SP: Jahl 20.13/66'0½"; women's DT: Droese 61.80/202'9". **30.8. Dresden.** (Champs) Mar: Truppel 2:18:50.2, Arnholt 2:18:57; 50kmW: Pilarski (18!) 4:13:13.6.

HUNGARY

2.8. Budapest. JT: Erdelyi 83.28/273'3", Nemeth 83.06/272'6". **18.8. Veszprem.** JT: Boros 85.40/280'2". **23.8. Budapest.** JT: Boros 86.60/284'1", Nemeth 82.82/271'9". **29-31.8. Budapest.** (Champs) JT: Paragi 85.74/281'3", Boros 85.56/280'8", Erdelyi 83.38/273'7", Nemeth 83.34/273'5", Csik 83.12/272'8"; women's 400: Toth 52.9; LJ: Szabo 6.42/21'0½", Milassin 6.42. **6/7.9. Budapest.** 100/200: Nowosz (Pol) 10.2/20.8w; 800: Ponomaryov (USSR) 1:47.0; 10,000: Parlay (USSR) 28:19.2; 3000SC: Tomaszewicz (Pol) 8:25.2, Lisovskiy (USSR) 8:26.6; 110H: L. Wodzinski (Pol) 13.5w; LJ: Cybulski (Pol) 7.93/26'0½"; JT: Biskupski (Pol) 16.60/54'5½", Corbu (Rum) 16.53/54'2½"; DT: Fejer 63.24/207'6", Vikhor (USSR) 62.84/206'2"; HT: Dmitrenko (USSR) 73.88/242'5"; JT: Feldmanis (USSR) 82.86/271'10".

ICELAND

6/7.9. Reykjavik. Dec: Hallgrímsson 7740 (rec).

ITALY

10.8. Riccione. 100/200: Mennea 10.2/20.3. **3.9. Lignano Sabbiadoro.** 100: Mennea 10.2. **6.9. Rome.** PV: Fraquelli 5.30/17'4½". **9/10.9. Palermo.** (Finland 109, Italy 102) 100: Mennea 10.0 (eq European rec); 200: Mennea 20.3; 10,000: Viren (F) 28:49.4, Fava 28:49.6; 3000SC: Kantanen (F) 8:34.2, Fava 8:36.2; PV: Kalliomäki (F) 5.30/17'4½"; DT: Tuokko (F) 62.56/205'3",

De Vicentis 62.14/203'10"; JT: Hovinen (F) 82.22/269'9". **20.9. Fabriano.** DT: De Vicentis 63.90/209'8" (rec). **20.9. Rome.** (International Students Meet) 200: ROGER JENKINS 3rd ht (21.79); 800: PETER LEWIS 5th ht (1:51.8); 4 x 400: UK 5th ht (3:23.5); women's HJ: 11, DENISE BROWN (injured) 1.73/5'8". **25.9. Cagliari.** 100: Mennea 10.1, Kolesnikov (USSR) 10.3, Silovs (USSR) 10.3; 5000: Viren (Fin) 13:42.8, Koussis (Gre) 13:42.8, Fava 13:44.0; 110H: Foster (USA) 13.4, Pereverzev (USSR) 13.5; HJ: Moreau (Bel) 2.20/7'2½", Brokken (Bel) 2.18/7'1¼"; DT: Simeon 62.56/205'3", De Vicentis 62.38/204'8", Tuokko (Fin) 62.22/204'1"; JT: Meghele (Rum) 82.76/271'6"; women's 100: Maslakova (USSR) 11.33.

NETHERLANDS

20.7. Papendal. Women's 400: Commandeur 53.3 (Jnr rec). **17.8. Utrecht.** HJ: Wielart 2.17/7'1½" (rec); women's HJ: Van Doorn 1.88/6'2" (rec). **7.9. The Hague.** Women's LJ: Janssen 6.43/21'1¼". **20/21.9. Amsterdam.** Dec: Schutter 7651 (rec); women's Pent: Wissen 4401. **28.9. Papendal.** 20km/Hour: Hermens 57:31.8 & 20,907m (world records), Tebroke 59:31.0 & 20,177m.

NORWAY

8-10.8. Fana. (Champs) 5000: Boro 13:34.2, K. Kvalheim 13:43.8; women's 800/1500: Waitz-Andersen 2:05.4/4:11.4.

POLAND

9.8. Zielona Gora. Women's 100H: Nowakowska 12.89. **23/24.8. Warsaw.** 100: Nowosz 10.35; SP: Komar 20.44/67'0¼"; HT: Malyukov (USSR) 72.78/238'9"; women's 800: Katolik 2:00.7, Voleva-Zlateva (Bul) 2:01.7, Styrkina (USSR) 2:02.2; 400H: Zwolinska 58.59; SP: Stoyanova (Bul) 19.37/63'6¼". **30/31.8. Warsaw.** 3000SC: Zielinski 8:24.6, Tomaszewicz 8:24.6; 110H: M. Wodzinski 13.72, Pusty 13.75, L. Wodzinski 13.81; HJ: Wszola 2.20/7'2¼"; PV: Kozakiewicz 5.45/17'10¼" (cleared 5.50/18'0¼" and attempted world record 5.66/18'7" in Tokyo on September 23rd), Slusarski 5.35/17'6¼"; LJ: Cybulski 8.02/26'3¼"; TJ: Joachimowski 16.66/54'8", Biskupski 16.44/53'11¼"; 20kmW: Ornoch 1:26:32.6; women's 200: Szewinska 23.03; Pent: Rabsztyń 4169 (her first since 1971). **31.8. Bialystok.** Women's 800: Katolik 2:00.8. **7.9. Bydgoszcz.** 1500: Malinowski 3:38.6 (pb), Wasilewski 3:38.7. **7.9. Warsaw.** 100: Licznarski 10.2; PV: Slusarski 5.32/17'5¼"; JT: Nemeth (Hun) 85.16/279'5"; women's 100: Szewinska 11.2 (11.1 ht). **7.9. Lublin.** HJ: Wszola 2.20/7'2¼". **14.9. Bialograd.** HT: Rys 72.38/237'5" (rec). **20.9. Bydgoszcz.** HT: Lubiejewski 73.98/242'8" (rec).

ROMANIA

17.8. Predeal. DT: Naghi 62.90/206'4" (rec). **6/7.9. Poiana Brasov.** Women's 200/400: Sinzel (GDR-Jnr) 23.1/52.9. **13/14.9. Bucharest.** 100/200: Suselescu 10.2 (eq rec)/20.6; women's 100/100H: Enescu 11.4 (eq rec) & 13.3; DT: Menis 63.08/206'11".

SPAIN

3.8. San Sebastian. 10,000: Haro 28:55.6, Silva (Braz) 29:04.2 (rec). **17.8. San Sebastian.** 5000: Cerrada 13:41.4.

SWITZERLAND

14.9. Zurich. 200: Muster 20.74.

USSR

8.8. Lvov. JT: Yerebtov 86.92/285'2". **20.8. Podolsk.** 800: Solonezki 1:46.9; 3000: Zatonitskiy 7:52.6; 3000SC: Lisovskiy 8:25.2; women's 400: Aksyonova 52.1. **20.8. Stavropol.** HT: Valentyuk 76.60/251'4"; women's DT: Sivoplyassova 62.00/203'5"; JT: Kuryan 61.12/200'6". **29.8. Gommel.** HT: Chumak 74.06/243'0". **August.** HJ: Zhelnov 2.22/7'3¼"; HT: Sedykh 75.00/246'1". **6.9. Nikolayev.** Women's HJ: Oskolok (floppe); 19) 1.89/6'2¼" (rec); JT: Yakubovich 60.86/199'8". **6.9. Moscow.** Women's 1500: Morgunova 4:06.0; 3000: Katukova 8:51.8 (rec); SP: Krachevskaya 19.89/65'3¼"; DT: Andrianova 63.70/209'0". **6.9. Leningrad.** PV: Trofimenko 5.46/17'11" (rec).

WEST GERMANY

24.8. Frankenthal. DT: GUY DIRKIN 53.10/174'2". **24.8. Cuxhaven.** 50kmW: Weidner 4:08:09. **2.9. Berlin.** (RAF team) 100/200: 3. DON HALLIDAY 10.7/21.8; 5000: 2, JOHN WILD 14:21.4; 3, RAY CRABB 14:26.0; 6, MIKE HURD 14:38.0; HJ: 2, MIKE BUTTERFIELD 1.95/6'4¼"; JT: 1, ROBERT MAWSON 61.20/200'9". **2.9. Neuaubing.** DT: Wilkins (USA) 64.36/211'2". **5.9. Frankfurt.** HT: Schmidt 74.56/244'7". **7.9. Nieder-Olm.** PV: Carrigan (USA) 5.35/17'6¼"; HT: Riehm 74.78/245'4", Schmidt 72.88/239'1", Huning 72.68/238'5"; women's 100: Richter 11.1. **9.9. Neuaubing.** DT: Wilkins (USA) 64.62/212'0". **13.9. Rheydt.** Women's 25km (road) Vahlensieck 1:31:00.4 (world best; 5km—17:52, 10km—36:05, 15km—55:02, 20km—1:13:45). **13/14.9. Hannover.** Women's Pent: Holzapfel (Jnr) 4327. **14.9. Konz.** HT: Huning 74.58/244'8", Riehm 73.48/241'1". **14.9. Dortmund.** PV: Mohr 5.31/17'5". **20.9. Wolfsburg.** 800: Wellmann 1:46.8. **20.9. Bremerhaven.** DT: Neu 65.40/214'7". **20.9. Munich.** DT: Wilkins (USA) 64.44/211'5". **27.9. Dulmen.** Mar: (Champ) Mielke 2:18:36 . . . 7, Philipp 2:24:14. **28.9. Dusseldorf.** DT: ALLAN SEATORY 54.28/178'1"; women's 100: ELLIS 12.2.

YUGOSLAVIA

21/22.8. Belgrade. Women's Pent: Focic 4470.

SOUTH PACIFIC GAMES

The fifth South Pacific Games held at the John F. Kennedy track, Tumon, Guam from August 4th to 9th saw a rare gathering of athletes from the Pacific island territories. The Games were held in wet conditions throughout but this failed to dampen enthusiasm and there was some really good competition.

Paul Poaniewa (New Caledonia), 1975 French high jump champion with 2.26/7'5", was surprisingly beaten by his younger brother Clement Poaniewa who cleared 2.10/6'10½" to Paul's 2.08/6'10". Sanitesi Latu (Tonga), fifth in the 1974 Commonwealth Games decathlon, won both the 110m hurdles (15.40) and the decathlon (6169) with his brother Alipeti Latu second in the latter event. The former French champion, Lolesio Tuita (Wallis & Futuna) won the javelin with 73.20/240'2" with a second athlete from the tiny Wallis colony, Penitio Lutui, also over 70m with 70.28/230'7". Arnliot Beer (New Caledonia) took the shot and discus with 18.07/59'3½" and 48.30/158'5" and another good performance was the winning long jump of 7.60/24'11½" by Tony Moore (Fiji). However, the real star of the men's events was John Kokina (Papua New Guinea) who won the 5000m (15:01.2), 10,000m (32:01.0) and steeplechase (9:29.4) and then took second place in the marathon (2:37:24.0).

The women's events were dominated by two athletes, Miriama Chambault (Fiji) and Daniele Guyonnet (French Polynesia), who both won three events. Chambault won the 100m (12.63), 200m (25.74) and the long jump (5.67/18'7½") and Guyonnet the 100m hurdles (14.96), high jump (1.78/5'10") and the pentathlon (3703). Given regular top-class competition, we should hear more of these two athletes in the future, particularly the statuesque Tahitian whose 1.78 high jump in very wet conditions can be considered the only world-class performance in the women's events at these Games.

Other winners:—100: Marau (Solomon Is) 11:05; 200: Wejieme (N Cal) 21.70 400: Kali (Papua NG) 48.91; 800: Kermode (Fiji) 1:57.3; 1500: Sotutu (Fiji) 4:04.4; Mar: Lazare (N Cal) 2:36.35; 400H: Roden (Fiji) 54.70; PV: Larue (N Cal) 4.00/13'1½"; TJ: Talon (N Cal) 15.42/50'7"; HT: Bone (N Cal) 46.70/153'2"; Relays: New Caledonia 42.09/3:23.6 Women's 400: Hardel (N Cal) 58.51; 800: Make (Fiji) 2:20.9; 1500: Radinibega (Fiji) 4:57.0; SP: Paouro (N Cal) 10.82/35'6½"; DT: Bola (Fiji) 34.02/111'7"; JT: Vibose (Fiji) 44.32/145'5"; 4 x 100: French Polynesia 49.50.

Tony Isaacs

★ Copies of a duplicated 30 page Information Sheet, "South Pacific Athletics 1974", containing Top-Ten lists for 1974, results of the region's national championships 1974, and Top-Five 1974 lists for Fiji, French Polynesia, New Caledonia, and Papua New Guinea can be obtained from the compiler, Tony Isaacs, 68 Kennedy Avenue, Macclesfield, Cheshire, SK10 3HQ. Price 35p (including postage); limited stocks only.

A 25-strong party of high standard Polish athletes from Skra club of Warsaw will be competing at New River Stadium, Haringey on Sunday, October 26th (2 pm). Events are 400, 800, 4 x 400 and Swedish Relay for men; 200, 800 and Swedish Relay for women. Athletes interested in racing should phone Sandy Grey on 01-366 6054 (evening).

AAA RELAY continued from page 23

19:31); 30, Rugby 79:35 (M. Charles 20:18); 31, Basingstoke —.

Stage 5

1, Liverpool 86:35 (M. Turner 17:22); 2, Invicta 86:54 (I. Macmillan 17:42); 3, Shaftesbury 87:15 (C. Barber 17:38); 4, Cardiff 87:50 (B. Plain 17:48); 5, Cambridge H 88:17 (J. Wilkins 19:06); 6, Stoke 88:18 (R. Fowler 17:24); 7, Derby 88:19 (N. Lees 17:40); 8, A&SV 88:37 (J. Fox 17:44); 9, AF&D 88:41 (D. Curwell 18:06); 10, SLH 88:51 (J. Rix 18:15); 11, C&C 88:52 (R. Bean 17:53); 12, Sheffield 59:06 (R. Heathcote 18:14); 13, Tipton 89:10 (B. Cole 17:20); 14, L. Irish 89:30 (J. Hunston 19:00); 15, Bingley 89:34 (D. Anderson 18:26); 16, Reading 89:40 (G. Stevens 18:07); 17, S&E 89:44 (B. Dawkins 18:25); 18, Loughborough 90:06 (P. Lee 17:39); 19, Portsmouth 90:29 (R. Ingleton 18:08); 20, Hercules 90:44 (A. Trowell 18:36); 21, TVH 91:25 (G. Dugdale 17:53); 22, Croydon 91:50 (R. Wilson 18:55); 23, Brighton 92:32 (P. Rockwood 19:02); 24, Birchfield 93:00 (R. Tilling 18:10); 25, Belgrave 93:06 (L. Coy 19:10); 26, Bracknell 94:04 (G. Anderson 19:16); 27, Feltham 94:33 (J. Mescall 19:14); 28, Chelmsford 97:14 (C. Turner 20:21); 29, Kent 98:45 (K. Daniel 20:08); 30, Rugby 98:59 (B. Forey 19:24); 31, Basingstoke 103:36 (L. Henderson —).

Stage 6

1, Liverpool H 104:10 (P. Carey 17:35); 2, Shaftesbury 104:47 (R. Steven 17:32); 3, Cardiff 105:11 (P. Ratcliffe 17:21); 4, Invicta 105:34 (D. Fleming 18:40); 5, Cambridge H 106:05 (A. Falconer 17:48); 6, Cambridge & C 106:15 (Grah Tuck 17:23); 7, Derby 106:16 (R. Bradbury 17:57); 8, Airedale & SV 106:19 (A. Bird 17:42); 9, Stoke 106:20 (G. Harvey 18:02); 10, SLH 106:30 (W. Upcott 17:39); 11, Tipton 106:33 (P. Griffiths 17:23); 12, Aldershot, F&D 106:45 (T. Davies 18:04); 13, Loughborough C 107:07 (D. Moorcroft 17:01); 14, Sheffield 107:13 (P. Rawnsley 18:07); 15, Southampton & E 107:48 (L. Burgess 18:04); 16, Reading 108:26 (R. Stevens 18:46); 17, Bingley 108:36 (R. Somers 19:02); 18, Portsmouth 108:46 (R. Hind 18:19); 19, London Irish 108:50 (A. McEvoy 19:20); 20, TVH 109:40 (D. Patterson 18:15); 21, Croydon 109:46 (C. Stebbings 17:56); 22, Hercules Wimbledon 111:25 (J. Phelan 20:41); 23, Brighton & Hove 111:31 (P. Bidmead 18:59); 24, Belgrave 111:35 (W. Weller 18:29); 25, Birchfield 111:56 (R. Panter 18:56); 26, Feltham 112:27 (P. Griffey 17:54); 27, Bracknell 114:23 (M. Shaw 20:19); 28, Chelmsford 117:27 (T. Farrow 20:13); 29, Kent 119:07 (D. Baldwin 20:22); 30, Rugby 121:47 (R. Forster 22:48); 31, Basingstoke (D. Daysh —).

RON COPELAND

The death occurred earlier this year of Ron Copeland, American collegiate high hurdles champion in 1966.

TOP GEAR

FROM THE TOP SHOP

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NORTH MIDLANDS CC LEAGUE

At Kettering, October 11th

1, P. Gilsenan (Kettering Town)	34:06
2, J. Eley (Derby)	34:07
3, J. Norman (Notts)	34:37
4, R. Brewitt (S Holl) 34:38; 5, M. Exton (S Holl) 34:39; 6, N. Lees (Dby) 34:42; 7, P. Romaine (S Holl) 34:46; 8, N. Morrison (Sheff Univ) 35:04; 9, R. Milne (Notts) 35:10; 10, J. Henshall (Dby) 35:11; 11, H. Leeming (Dby) 35:30; 12, K. Hinton (Dby) 35:41; 13, N. Lightfoot (Sheff (Un) 35:55; 14, R. Church (P'boro) 35:58; 15, P. Holland (Trent P) 36:06. Teams: 1, Derby 41; 2, Notts 109; 3, South Holland 125; 4, Grimsby 132; 5, Charnwood 152; 6, Leicester Coritanian 167.	

Youths/Boys 3M

1, C. Smith (Leic C) 23:31; 2, K. Thompson (Leic C) 23:31; 3, C. Howe (Notts) 23:39; 4, G. Nurse (Leic C) 23:56; 5, M. Anthony (Sutt) 23:59; 6, M. McGrade (Kett) 24:12. Teams: 1, Leicester Coritanian 7; 2, Derby 30; 3, Sutton-in-Ashfield 34.
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RHINE/RAF CC LEAGUE

At 21st SR, October 1st

1, Venus (21 S) 30:58; 2, McCay (Weg) 31:31; 3, Dring (21 S) 31:42; 4, Robertson (21 S) 31:50; 5, Hegarty (21 S) 31:59; 6, Frith (Laar) 32:49; 7, Hurt (Laar) 32:50; 8, Harrison (Wild) 32:52; 9, Bain (Wild) 33:34; 10, Stocks (21 S) 33:36; 11, Turvey (21 S) 33:43; 12, Taylor (21 S) 33:58; 13, Eaton (21 S) 34:02; 14, Law (16 S) 34:04; 15, Simms (Brugg) 34:08. Teams: 1, 21 SR 872; 2, 21 SR 'B' 752; 3, Wildenrath 744; 4, AFCENT 700; 5, Laarbruch 688; 6, Bruggen 663.
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BIG ENTRY FOR UNIGATE MARATHON

Trevor Wright, Alan Domleo, Grenville and Graham Tuck, Sandy Keith, Derek Pratt, Malcolm Mountford and Colin Moxsom are among the 234 runners entered for the Unigate Marathon today (October 25th). Of that number 135 are entered for the Southern championship being held in conjunction. The race starts (1.30 pm) and finishes at Harlow Sportcentre.

Ron Hill, Harry Leeming, Keith Angus and John Temperton are among the entries for the inaugural Grantham '5' on November 2nd. The organisers are extending the closing date for entries until October 28th (see ad in last week's issue).

Bob Sparks informs us that the times for the last three runners in heats 1 and 2 of the AAA 1500m were transposed on the result sheets. The correct results were thus: Amos 3:47.4, Williams 3:48.9, Theophilus 3:51.0; Winiger 3:50.3, Greatrex 3:55.5, Lawther 3:57.2. He also points out that Britt Holmstrom's 3000m walk in 14:09 at Meadowbank was not a European record, as her Swedish compatriot Margareta Simu set a world best of 13:55 in July.

Young Athletes' Results

SUTTON COLDFIELD SCHOOLS RELAYS

At Rectory Park, October 4th

(U/16) 1, King Henry VIII (Shakeshaft 8:04, Huddleston 8:28, Phillipson 8:06, Cowie 8:20) 32:58; 2, Perry Common (Ashford 8:00, Beirns 8:30, Kearney 8:45, Gilligan 8:16) 33:31; 3, Bishop Vesey's GS (Cotterill 8:18, Harrison 8:52, Brittan 8:36, Ellis 8:18) 34:04; 4, Arthur Terry 34:08; 5, Streetly 34:41; 6, Wednesfield HS 34:46; 7, Bishop Vesey's 'B' 35:37; 8, Newbold Grange 36:04; 9, Woodlands 36:20; 10, John Willmott 37:07. **Fastest:** Bailey (AT) 7:47, Ashford 8:00, Shakeshaft 8:04. (U/14): 1, King Henry VIII (Lovick 8:51, Griffiths 8:33, West 9:05, Horton 8:33) 35:02; 2, Whitesmore (Saxman 8:39, Bunn 9:03, Grew 8:43, Hickin 9:10) 35:35; 3, Wednesfield HS (Turner 8:23, Harvey 8:59, Kirby 8:51, Tew 9:40) 35:53; 4, Queen Marys 36:05; 5, Alumwell 36:32; 6, Newbold Grange 36:55; 7, John Willmott 37:12; 8, Bishop Vesey's 37:12; 9, Bishop Vesey's 'B' 37:21; 10, Brandwood 37:22. **Fastest:** Reed (AT) 8:19, Turner (S) 8:23, Horton 8:33.

SUTTON COLDFIELD SCHOOLS SPORTS ASSN MIDDLE SCHOOLS CC LEAGUE

At Rectory Park, October 4th

1, D. Butler (St J) 8:53; 2, S. Doe (New O) 9:05; 3, T. Parton (Wh C) 9:17; 4, I. Thompson (Spring) 9:25; 5, D. Clissold (New O) 9:30; 6, M. Hicken (Walm) 9:31. **Team:** Springfield 118. (Girls): 1, E. Allen (Wh C) 8:24; 2, J. Lewis (Falc L) 8:38; 3, A. Onyett (New O) 8:41; 4, S. Millward (LS) 8:42; 5, C. Stocks (Bold) 9:05; 6, S. Ellison (Bold) 9:07. **Team:** Boldmere 30.

NORTH WEST LONDON YOUNG ATHLETES LEAGUE

At Whetstone, October 4th

(Youths) 1, M. Roberts (Shaft) 16:09; 2, D. Hylton (N Lon) 16:23; 3, P. Reilly (H&S) 16:28; 4, B. Budd (Ver) 16:44; 5, A. Lee (H&S) 16:47; 6, D. Tallon (H&S) 16:51. **Teams:** 1, Haringey & Southgate 14; 2, Shaftesbury 17; 3, Verlea 27. (Boys): 1, H. Oakes (H&S) 11:49; 2, C. Pierson (H&S) 11:52; 3, P. Llewellyn (Shaft) 11:54; 4, J. Brench (Ver) 11:59; 5, A. Hughes (Shaft) 12:02; 6, D. Sweeney (Lon I) 12:03. **Teams:** 1, Shaftesbury 16; 2, Haringey 19; 3, Verlea 28. (Colts): 1, A. Smith (Shaft) 13:00; 2, P. Cunningham (Shaft) 13:02; 3, M. Forde (Lon I) 13:09. **Team:** Shaftesbury 10. (U/11): J. Stredwick (Shaft) 10:18. **Team:** Barnet 13.

HOLMFIRTH H YOUNG ATHLETES RACES

At Holmfirth, October 5th

Youths

1, K. Capper (Lancaster & Morecambe) 15:59
2, D. Sykes (Holmfirth) 16:05
3, K. Bell (Airedale & Spenn Valley) 16:19

4, I. McEvoy (Liv H) 16:23; 5, S. May (Rown) 16:26; 6, D. Kenyon (Stret) 16:27; 7, D. Calvert (Liv P) 16:27; 8, R. Rogers (Spenn) 16:31; 9, B. Robinson (Kend) 16:33; 10, M. Upton (Rown) 16:34; 11, P. Aldred (Stret) 16:35; 12, P. Elliottson (E Hull) 16:36; 13, Cole (Bury) 16:39; 14, M. Haywood (Liv H) 16:42; 15, M. Flynn (Stret) 16:43; 16, S. Kennerley (Liv H) 16:44; 17, S. Matthews (Holm) 16:45; 18, J. Whiteley (Holm) 16:45; 19, K. Vose (B&F) 16:46; 20, T. Warrenner (E Hull) 16:48; 21, P. Stenulis (Holm) 16:50; 22, P. Livesey (Ross) 16:55; 23, Mace (Roth) 16:58; 24, S. Roland (L&M) 17:01; 25, S. Wolstenholme (A&SV) 17:01. **Teams:** 1, Stretford 32; 2, Liverpool H 34; 3, Holmfirth 37.

Boys

1, D. Lewis (Ross) 12:38; 2, I. Rawlinson (B&F) 13:05; 3, P. Dickinson (Ross) 13:10; 4, P. Dwyer (Liv P) 13:17; 5, T. Hobson (Long) 13:18; 6, D. Clarkson (Marple H) 13:19; 7, D. Jackson (Pres) 13:19; 8, P. Powell (Ross) 13:19; 9, S. White (Leeds) 13:29; 10, P. Robinson (Kend) 13:29; 11, P. Mangan (Kend) 13:31; 12, T. Williamson (MAC) 13:32; 13, M. Roberts (Kend) 13:32; 14, M. Ware (MAC) 13:35; 15, A. Dearden (Bolt) 13:35. **Teams:** 1, Rossendale 12; 2, Kendal 34; 3, Marple Hall 47. (Colts): 1, A. Richardson (Durh) 13:56; 2, G. Wilkinson (Stret) 14:05; 3, W. Dixon (Ross) 14:10; 4, S. Parr (Liv H) 14:11. **Team:** Liverpool H 17.

WEST MIDLANDS CC LEAGUE

At RAF Cosford, October 1st

1, Edgington (Staff) 34:17; 2, Fleming (Cos) 34:59; 3, O'Hara (St P) 35:06; 4, Lees (WMP) 35:29; 5, Kinsella (WMP) 36:00; 6, Holden (Cos) 36:11; 7, Barnes (Wks P) 36:44; 8, Law (Cos) 36:56; 9, Steven (WMP) 37:10; 10, Michael (Cos) 37:29. **Teams:** 1, RAF Cosford 535; 2, West Midland Police 518; 3, Prince of Wales (Sen) 413; 4, Warwicks Police 376; 5, Staffs Police 373; 6, RAF Stafford 345.

Aylesbury AC officers: President, M. Good; chairman, K. Fiddler; secretary, R. Lloyd-Hart, Manor Farm, Soulbury, Leighton Buzzard, Beds LU7 0BS (Tel: Soulbury 224); treasurer, C. Knowles.

UNIVERSITY OF LONDON C.C.C.

UNIV. OF LONDON PAST

v

UNIV. OF LONDON PRESENT

SATURDAY, 6th DECEMBER

PARLIAMENT HILL FIELDS

Will any past runner from U.L.C.C.C. interested in running contact Rolf Clayton, 40A Birkbeck Road, London, N.W.7. (Tel: 01-959 7376).

LETTERS

ELECTRIC TIMING

Dear Sir,

I have several points to make concerning automatic timing. Firstly, in reply to Richard Matthews's question, a manually-timed performance slower than the "fully-automatic" record is not recognised by the IAAF. Thus there are no "manual" records for 200m, 400m, etc. Secondly, I agree with Chris Bennett regarding the variation between manual and automatic timing in events beyond 400m. It has been too readily assumed that such differences as are found in the sprints disappear in longer distance events; evidence from a large number of countries besides East Germany shows that this is not the case. Of course, the longer the distance the less significant the deviation becomes, but where records are concerned such lack of consistency is unsatisfactory.

I must protest, however, at Mr Bennett's suggestion that Harold Abrahams and Alan Tomkins are opposed to automatic timing. Harold is in fact the most ardent advocate of the use of photo-finish equipment, and has been for the many years that I have known him. Alan Tomkins, like other leading timekeepers in Britain, has been working with the results of the camera since the first one was installed at White City nearly 20 years ago, and it is this association that has helped to produce the high standards of manual timekeeping justly praised by Harold.

On the other hand I disagree with both Harold and Alan over the question of recognising sprint records in hundredths. Of course, weather and track conditions affect times, but in what event is this not true? A javelin thrower capable of 90m in favourable conditions might be hard-put to reach 85m in less helpful weather or even 80m in very adverse circumstances, yet nobody suggests that this makes it unrealistic to record measurements in units of less than a metre (The winning margin in the 1972 Olympic javelin event was 2cm, roughly equivalent to 2/1000ths in a 100m). Nowadays we have the technical means to distinguish clearly differences as large as one-hundredth of a second (the margin between Borzov and Mennea at Nice was no more than two-thousandths, but it was discernable), so why conceal the facts?

The rounding of times to the nearest tenth does not cancel out differences in ambient conditions, but merely succeeds in obfuscating the one factor that we are now able to measure with reasonable accuracy. Several performances would be eligible for consideration as world records at 10.0 (rounded)—namely by Hayes (10.00, 14/10/1964), Hines (10.02, 20/6/1968), Greene (10.02, 13/10/1968), Hines (9.95, 14/10/1968) and Miller (10.04, 14/10/1968). The latter two were achieved in the same race, of course, and in the most helpful possible conditions. On this basis,

Steve Riddick would have missed the world record by just one-hundredth when credited with 10.05 at Zurich in August. The difference between Miller's 10.04 and Riddick's 10.05 is 0.01sec in real terms, not the 0.1 implied if these times are rounded off; no amount of adjusting can alter this fact nor counteract the more favourable conditions of Mexico City. It may be hard luck for somebody to miss a world record by only one-hundredth, but it will happen no matter what rules for rounding are devised—and a javelin throw of 94.07m would miss Wolfermann's record by a margin 10 times smaller.

Nor does it help for Harold to throw doubts on the efficiency of the starting impulse. In order to obtain a time in tenths, a reading must first be made in hundredths and then rounded off. If it is suggested that the hundredths figure is unreliable, then the tenths cannot be guaranteed, nor indeed the second, and so on. I cannot see the point of firms like Omega, Longines, Jungmans and Seiko spending umpteen millions on the development of electronic timing devices accurate to a millionth of a second if they were unable to perfect a starting mechanism of sufficient accuracy to make the readings meaningful. After all, there were pre-war cameras (used at the Los Angeles and Berlin Olympics) which incorporated electro-mechanical timers capable of giving readings in thousandths of a second, and in this field at least I think modern technology is no worse than it was 40 years ago.

On the matter of the AAA Junior 100m, the photo ('AW' October 11th) reveals a typical problem of judging—in a close finish involving athletes on either side of the track, the judges's eye is invariably caught by the runner furthest away. No criticism of the efficiency of our judges is intended by this comment; it is simply a basic fact of the workings of the human perceptive faculties. I have long felt that the usual distribution of judges and timekeepers could be altered to counteract this—ie by having them equally divided on either side of the track. I am sure these two groups are not mutually antipathetic, so why should they not work harmoniously side-by-side?

Of course, this is not the only answer. In a meeting as important as the AAA Junior Championships (and I assume the selection of Cecil Moven for the Junior International was not entirely unconnected with the official result at Kirkby), the use of a photo-finish camera is surely a necessity. The Omega Ops-2 owned by the Sports Council is not an immovable fixture at Crystal Palace. I for one would be willing to help in installing and operating it at Warley for use at next year's Championships, if the necessary arrangements can be made.

Bob Sparks,
Worcester Park

CORRECTION TO A CORRECTION

Dear Sir,

Correction: Steve Overt's 200 time earlier this season was 21.7 not 22.7.

After being told the official time at the end

of the race, there was no more sceptical person than myself. So I queried the time. 'Your time is 21.7'. Again I queried it. 'Your time is 21.7!'

So you see my time is 21.7 and what you or anyone else says two months later doesn't mean a thing to me, as I fail to see how seconds can be added to people's times after the event has happened.

If this is normal practice, however, then I shall have to run most of my races earlier in the season next year, in order to give you, or whoever it is, more time to adjust them.

Steve Overt

The correction, printed in good faith, came from a usually well informed source who understood that the figure of 22.7 was inadvertently misread and recorded as 21.7—M.W.

VIOLATION OF RULES

Dear Sir,

I have hitherto suppressed the temptation to comment on some of the extraordinary statements that spasmodically come from some of our so called "star" athletes, not forgetting the publicity and support so gleefully given by some equally "star" journalists.

I certainly think it is time it was made plain to these athletes that, journalistic opinions apart, they are not competing to oblige anybody and certainly not any governing body or individual official.

Our governing bodies are democratically elected each year to develop the sport and arrange appropriate competition for the athletes. If what is democratically arranged does not suit any particular athletes they have some quite obvious options. They can refrain from taking part, they can take steps to have the competition changed to suit their desires, or they can take steps to have only those members who suit their ideas of how things should be done elected to the governing bodies. One of the options they do not have is to violate the rules.

It is therefore all the more astonishing to read your own contribution in your issue of September 27th in which you hope for a show of solidarity in support of doing just that. What a wonderful time will be had by all when the participants in all our sports make up their own rules. Or do you mean they should only violate the particular rules they don't like?

Really, Mr Editor, you owe it to your readers to explain where you stand on this question and what you mean by "win for the athletes some basic freedoms". Is this also freedom to violate inconvenient rules?

Those of us who have been concerned with grass roots development as well as the summit are thrilled to be advised that more money will only be available and development made less difficult if certain prominent athletes are allowed to take a substantial cut of the proceeds. This is really original thinking.

**D. McSwein,
Greenock**

Mel Watman replies: I am certainly not against rules, providing those rules are framed for the benefit and protection of those practising the sport, rather than merely perpetuating some out-moded Victorian ideal. The concept of amateurism was not handed from Mount Olympus as a holy writ to be observed for ever more; it was a convenience manufactured by the sport's rule-makers over a century ago to protect 'gentlemen' from having to mix with fellow athletes who actually had to work for a living. As Professor H. A. Harris states in his new book ("Sport in Britain: Its Origins and Development"; published by Stanley Paul), "the distinction between professional and amateur had been purely one of social class".

Montague Shearman, in his classic work on athletics first published in 1887, betrays the mentality which produced the amateur code:

"The athletic movement which commenced with the 'classes', and first drew its strength from the Universities and public schools, has finally, like most other movements and fashions, good or bad, spread downwards to the 'masses'. The encouragement and interest given to the amateur contests by the non-athletic public caused the popularisation of the sport to be very rapid, and when the taste caught the 'masses', it became easier for them to take part in amateur sports than in professional pedestrianism. Without casting any reflection upon the conduct of the masses as a whole, it is obviously impossible to expect that with many of them the money to be gained by betting or 'squaring' races will not offer irresistible temptations. Nor, again, is it to be expected that the 'mechanic, artisan and labourer' ranks will always have, when a valuable prize is at stake, as much sportsmanlike feeling and nice sense of fair play as one could rely upon finding in the much ridiculed 'gentleman amateur' of past days. As soon as any sport has become so popular that money is to be made out of it, and men engage in it upon whom the loss of reputation has little effect, it may be prophesied with certainty that abuses will arise".

Hopefully, the world has moved on since the hypocrisies of the Victorian era.

By and large, the rules governing athletics are sensible, necessary and respected by the athletes. I take strong exception only to the situation relating to amateurism, even though only one athlete in a thousand ever reaches the level where this might become a problem. The vast majority of athletes take part in the sport for the fun and satisfaction of it, and as with any hobby they will gladly pay for the pleasure. Athletics could not exist as a mass participation sport in any other way. But, at the very highest level of achievement, an athlete becomes in effect a public entertainer and the circumstances change. It is time the legislators came to terms with the situation as it exists and end the official pretence that athletics is a totally amateur sport. It never has been—and never will be.

MALCOLM ARNOLD'S LAST WORD

Dear Sir,

My letter which appeared in your magazine on October 4th was meant to be, as you so aptly put it, "In defence of Triple Jumpers". However it seems to have been construed as an attack on Tony Ward in particular and on Middle Distance running in general. Indeed, it is the first time I have ever been addressed by an advertisement and I am only sorry that the advertisement has cost the British Milers Club some £26 for a full page in your magazine.

Perhaps my command of the English language is failing me, so may I re-iterate the main points of contention in my recent letter.

(1) Tony Ward has become a terrible cynic and in my book cynicism is a worthless and unconstructive art. This view does not negate all the good things that Tony has done for our sport. As a friend of his for the past ten years I fully applaud his virtues but I cannot excuse his cynicism.

(2) For Tony Ward to say that Fred Alsop wearing army boots could have accounted for the present crop of triple jumpers was wrong factually, and also unkind and unfeeling to a specific group of athletes. As a person who loves his sport from top to bottom, I feel that remarks of this nature are uncalled for and certainly will not help the development of an event, or the sport in general. However, I certainly do not deny Tony Ward's right to say this or any other thing about athletics. To deny a person freedom of speech is close to criminal and I don't put myself in that class.

Finally, let it be known that my main comments were on the above points only, nothing more. To discuss the state of British athletics, vis-à-vis the Europa Cup is another subject worthy of discussion. To make divisive comments regarding first, fifth and last places in that competition is pointless, because at the end of the day, in a highly individualised sport, it was the total team score

that counted. Every athlete in that team scored points.

This is undoubtedly my last word on the subject. Certainly let us wish longevity to the Tony Wards in athletics, but more importantly, long live athletes—in all categories.

Malcolm Arnold,
BAAB National Coach, Wales

We have been requested by BMC Chairman Harry Wilson to state that the advertisement published last week under the heading of British Milers Club and signed by Frank Horwill was not authorised by the BMC and was a personal statement by Frank Horwill—M.W.

BRITISH RANKING LISTS

The NUTS are putting the finishing touches to the 1975 British rankings. Accordingly they would be most grateful if club secretaries/statisticians could send details of their members' best performances to the NUTS, either on the forms being sent out by Tony Miller and Leo Coy or by sending ranking lists direct to Peter Matthews at 2 Grange Fields, Chalfont St Peter, Gerrards Cross, Bucks SL9 9AG. The latter would also welcome significant results from any fixtures that have not appeared in 'AW'—two in particular from which results are required are the City Charities Meeting and the Pye Women's Cup Semi-Final at Gateshead.

Victoria Park H (Ladies section) would welcome away fixtures for the 1976 season—all age groups—in the Greater London area. Please contact: Club secretary, Victoria Park H, St Augustines Hall, Cadogan Terrace, London, E9.

The Aldershot, Farnham & District Women's Road Relays have been cancelled this year, mainly due to re-building in the area.

CLASSIFIED ADVERTISEMENTS

5p per word. Box No 20p extra. Trade 10p per word, 6 insertions of same copy 9p per word, 13 insertions 8p per word, 26 insertions 7p per word—prepaid.

ADIDAS SPRINT SPIKES, worn once indoors, size 11, £9 (list price £15.80). **Meredith**, 19 Vaughan Road, New Brighton, Merseyside.

STOPWATCHES. Latest electronic & mechanical models. Accusplit III, Cronus I & II. Omega, Heuer etc—Splits & Basics. Details from **Dept. A.W. AUTOCHRON 70**, 15 Westow St, Crystal Palace, SE19 3RY. Tel: 01-653 8214. Open 9-5.30 Mon-Sat (closed Weds). Callers welcome.

ACTION COLOUR POSTER (folded), 33" x 16" of Bayi, Keino, Akii-Bua and Annum, only 99p. **Runner's World**, Box 247, Croydon, Surrey CR9 8AQ.

CUPS, MEDALS, PLAQUES. Send for Brochure. Save engraving costs. **Brunwin**, 1 The Avenue, Brentwood CM13 2DA.

SHEFFIELD ATHLETIC CLUB**HARRY WHITEHURST MEMORIAL****10,000m CROSS COUNTRY RACE****GRAVES PARK, DECEMBER 6th, 3 p.m.**

Entries and details by **November 29th** to R. P. Duerden, 283 Greystones Road, Sheffield S11 7BX (0742 664012). Ind 25p. Team 50p.

SALFORD HARRIERS**'HAROLD DOGGETT'****5 MILE HANDICAP CHASE**

(Under A.A.A. Rules)

SATURDAY, NOVEMBER 22nd, 3 p.m.

From Boggart Hole, Clough, Manchester

Changing Rooms at Moston Youth Centre,

Hough Hall Road—Off Moston Lane.

Prizes to first 10, fastest lap, first Vet. One prize per runner—No Team race.

Entries: 25p to Mike Sinkinson, 17 Marston Close, Whitefield, Manchester M25 6JR.

Closing Date 11th November. No Late Entries

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. £1 per centimetre, per insertion, prepaid (minimum 2cms). Quarter-page £9; Half-page £15; Page £26, per insertion, 25 per cent discount to clubs on four or more insertions of same copy. Cheques or Postal Orders to be crossed and made payable to "Athletics Weekly". Copy date—10 days before publication.

LUTON UNITED A.C.

14th ANNUAL BOYS' RELAY—4x2 Miles

(O/13, U/15 on 1.9.75)
for the Wild Cup

9th ANNUAL COLTS' C.C.

RACE—2 Miles

(O/11, U/13 on 1.9.75)
for the Wilsher Trophy

3rd YOUNG BOYS' C.C. RACE—2 Miles

(O/9, U/11 on 1.9.75)
for the White Trophy

AT STOPSLEY SPORTS CENTRE, LUTON

SATURDAY, 8th NOVEMBER, at 2 p.m.

Entry Fees: Boys' Relay 50p, 25p subsequent teams. Other races 15p per individual.

Entries to J. Dyer, 6 Rogate Road, Luton LU2 8HR. (Under A.A.A. Laws)

CLOSING DATE 1st NOVEMBER

CAMBERLEY & DISTRICT LADIES ANNUAL CROSS COUNTRY TROPHY MEETING

(Under WAAA & SCWCC & RWA Rules)

SUNDAY, DECEMBER 7th, first race 1 pm

Colingwood School, Old Dean, Camberley

Girls — 1½ Miles approx.

Juniors — 1½ Miles approx.

Inters — 2 Miles approx.

Seniors — 3 Miles approx.

Trophy and medals for first 3 Individuals, and first 3 Teams (3 score).

Fees: 50p per Team, 20p per Individual.

Entries to M. Goodway, 30 Connopway, Frimley, Camberley, Surrey. Tel: 24708 (Camberley).

ENTRIES CLOSE 4th DECEMBER—SAE

BRISTOL ATHLETIC CLUB

16th MIKE SULLY MEMORIAL CROSS-COUNTRY RACES

(Under E.C.C.U. and W.C.C. & R.W.A. Rules)

FRY'S SPORTS GROUND, KEYNSHAM, BRISTOL—SUNDAY, 9th NOVEMBER 1.15 p.m.

A "NATIONAL" class meeting for both sexes and all age groups—1400 entries in 1974. Spectator course, full commentary. At the cross-roads of the M4 & M5.

5M Senior Men 1974 Winner J. Bednarski

5M Junior Men New Event This Year

3 Mile Youths 1974 Winner K. Harrison

2½ Mile Boys 1974 Winner J. Lothian

1½ Mile Colts 1974 Winner G. Redhead

1½ Mile Jr. Colts 1974 Winner I. Pring

2½M Snr. Ladies 1974 Winner C. Tranter

2½M Inter. Ladies 1974 Winner L. Ward

1½M Jr. Ladies 1974 Winner K. White

1½ Girls 1974 Winner S. Williams

Entries close Nov. 3rd. No late entries

BOROUGH ROAD COLLEGE C.C. CLUB

16th OSTERLEY PARK RELAY

4 x 3 Miles

Under AAA Laws

WEDNESDAY, DECEMBER 3rd

Entry Forms: Dennis Kell, c/o Students Union, Borough Rd College, Isleworth, Mx TW7 5DU.

THAMES VALLEY HARRIERS

FLOODLIT OPEN

GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

at West London Stadium

WEDNESDAY, NOVEMBER 5th

7.00 p.m. 400m Hurdles; Shot

7.15 p.m. 600 Metres—SENIOR LADIES

7.30 p.m. 600 Metres

7.50 p.m. 200 Metres; Discus

8.15 p.m. 3000 Metres—SENIOR LADIES

8.25 p.m. 3000 Metres

Entries: Vets, Senior, Senior Ladies 20p per event, others 15p per event, to J. R. Sexton, 21 Surrey Lodge, Queens Road, Hersham, Surrey, stating name, age, address, club, event and best recent performance.

Entries NOT accepted on the night

CLOSING DATE NOVEMBER 1st

BATH & PERCY A.C.

VICTORIA PARK ROAD RACES

SATURDAY, 22nd NOVEMBER, 1975

(Under A.A.A. and W.A.A.A. Laws)

1.45 pm Colts (U/13) 1.6 miles

2.05 pm Girls (U/13) 1.6 miles

2.30 pm Boys (U/15) 2.4 miles

3.00 pm Girls (U/17) 2.4 miles

3.30 pm Youths (U/17) 3.2 miles

4.00 pm Senior Men 4.0 miles

Lap = 0.8M. Changing: Percy Boys Club
Awards: Inscribed souvenirs first 50. Cups, medals, plaques 1st, 2nd, 3rd teams. 1st Vet.
Fees: Senior 35p, others 20p. Teams (3 score) free. No entries on day. Entries with fees to Race Sec., Percy Boys Club, New King St., Bath (Tel: 22200). Closing date 15th November.

65 WOODBURN DRIVE