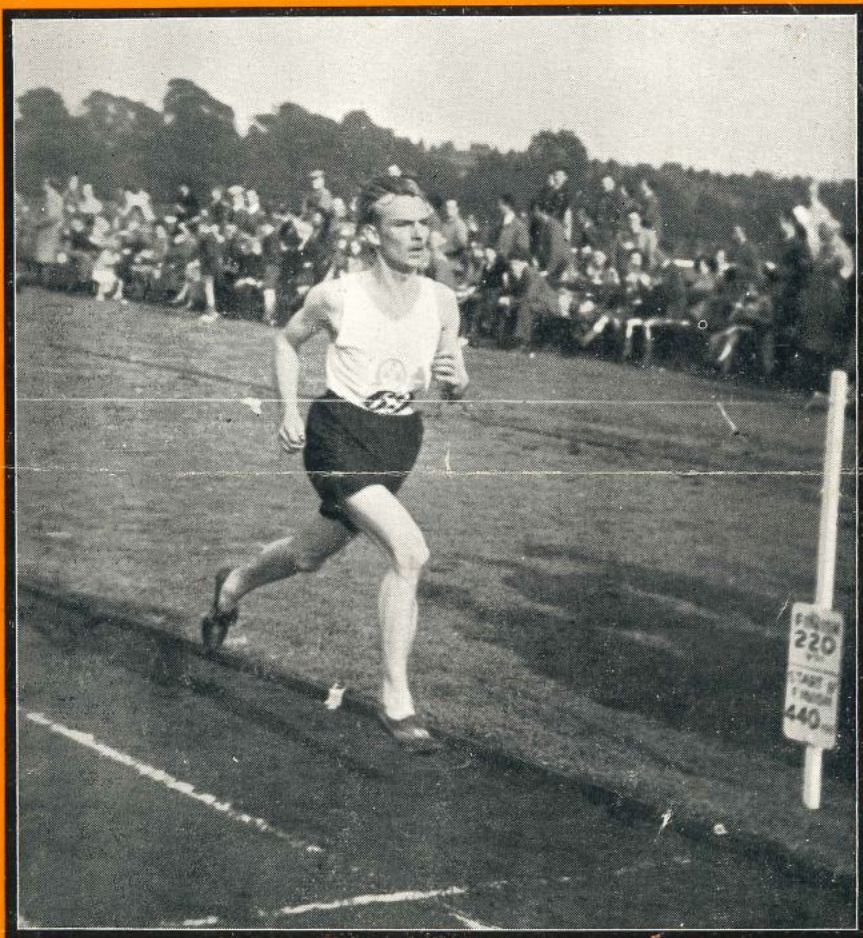


Athletics

1/-

1948

THE NATIONAL PUBLICATION FOR GREAT BRITAIN
INCLUDES THE OFFICIAL NOTICES OF THE B.A.A.B., A.A.A., W.A.A.A. & E.C.C.U.



TOMMY ROWE (Herne Hill H.) WINNING THE LONDON A.A. 3 MILES

OLYMPIC GAMES PICTORIAL SOUVENIR

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ATHLETICS IN EIRE

By W. MORTON

With memories of what was probably the greatest season ever, now behind us, we are now in the opening days of the Cross Country Season '48/'49. However, one has to comment on the past Track Season, and thanks are due to everyone who contributed to make it the wonderful success that it was. Athletic fans in Dublin proved by their attendances at all the big Meetings held at Lansdowne Road, that there is definitely a following for first-class athletics here in Ireland.

At the memorable Clonliffe July Meeting, Wednesday evening, July 14th, what must have been the largest crowd ever to attend an Athletic Meeting in Dublin, streamed into Lansdowne Road. At least 16,000 people attended this grand meeting, and nobody went away disappointed. Both the Australian and British teams—I feel sure—carried back pleasant memories of a grand evening's sport, and the performances that evening were outstanding, particularly the High Jump, in which John Winter cleared 6' 6" to equal Alan Paterson's Irish Record, and Alan himself cleared 6' 4". As is now history, Winter went on to win the Games at the same height.

In the Sprint, McDonald Bailey equalled the Irish record—recording 9.8, and then the British Olympic representative, Bill Nankeville beat John Joe Barry and Doug. Wilson, recording 4:17.2 on a 5 lap grass track, in the mile. In the 300 yards scratch race, Maurice Curotta, Australia, beat our own Jimmy Reardon, to establish a new Irish record for the distance, and then in the final of the Hurdles, we had the four Australians, who gave us the greatest exhibition of hurdling ever witnessed in Ireland before. And, of course, not to be out-done, our own Irishman, Paddy Fahy, beat the British Olympic representative, Cox, in the 3 miles, from scratch, to the resounding cheers of everybody.

On August 17th, an American team, straight from Paris, competed, as also did the Australians, paying their second visit to Dublin inside 6 weeks. Here again we had another great Meeting, in which a new Irish record was put up in the 16lb. shot by Wilbur Thompson, American Olympic Champion. Here a crowd of over 12,000 people turned up.

And then, later on—on August 26th, the Clonliffe Club promoted their second great meeting in which none other than the great Fanny Blankers-Koen herself competed before a crowd of over 9,000 people, along with other members of the Dutch Team.

Fanny duly obliged by equaling her own world record for the 100 yards., recording 10.8 secs. She likewise went on to win the 220 yards scr. invitation from the two British girls, Dorothy Manley and Audrey Williamson.

This concluded the Summer season, except for the Finglas Sports, on Sunday, September 19th. A feature of this meeting was the great Hammer-Throwing of D. McD. Clarke, British Olympic representative, who recorded over 173' in the hammer, under very adverse conditions.

The Cross Country Season is expected to be a great success this year, and one of the largest crowds to travel to the International is expected at the Baldoyle Race Course—just outside Dublin, this year. The Irish Amateur Athletic Board have already plans in hand to make this event an unqualified success.

So all those who will travel to Dublin for that week-end can feel assured that they will be very welcome, and should have a most enjoyable trip.

Bexhill Amateur Athletic Club
(Affiliated to A.A.A.)

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(6 x 2½ miles)

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ATHLETICS

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OCTOBER, 1948

CONGRATULATIONS to Maureen Gardner and Geoff Dyson, who were married on September 11th, and our best wishes for their future happiness. May this combination be a happy and successful one, on the track and off. Maureen's glorious failure at Wembley was the very next best thing to the victory we all hoped to see, and I am sure we all wish to see her emulating Fanny Blankers-Koen with a victory at Helsinki in 1952.

"The Glory of Sport."

The film of the XIVth Olympiad has been received with mixed feelings and much comparison with its Berlin counterpart. Produced in a fraction of the time which was taken over the German film, it is much shorter and covers far less of the actual competition. Its greatest sins are the many omissions, some of which are difficult to understand. The women's high jump, the 800 and 1500 metres, boxing and wrestling, are but a few of them.

The photography is good and technicolour helps to make many of the shots really great, but little has been done to capture the drama and excitement which characterises so many of the Olympic events.

The battle between the British and American girls in the women's high jump which nearly all the packed stadium waited over an hour to see, the breakdown of the Jamaican, Arthur Wint, in the 1600 metres relay, and the great 800 metres final were omitted altogether, while the greatest thrill of all—Zatopek's glorious but vain attempt to catch Reiff in the 5000 metres final—was almost completely missed.

The best and most striking part of the entire film was, to my mind, that which covered the winter sports. Some of these shots were superb and one could not fail to be impressed with the beauty of it and the thrills which were so realistically caught by the camera.

I think I quote the general view when I say that the film was enjoyable, but that there was much that was missing and so much more which could have been done to perpetuate the Games of 1948.

Cross-Country.

I think this is the most eagerly awaited season since that of 1938-9. Last year we knew that several of our best men would not be taking part owing to the Olympics. This time most of them will be there, and so will

those who showed promise of making the top grade last year. All of which combines to make the coming season a most attractive prospect.

Individuals apart, the team competition looks like being another Belgrave year. Great admiration though I have for the "Bels," it would be all for the good of the sport if several clubs could come along and challenge their supremacy. This view is often taken by the "Bels" to mean antagonism, but nothing could be further from the truth. Monopoly is seldom to the general good, and some really close competition from other clubs would add to the interest and excitement of the team races. Who will provide it?

Apart from such stalwarts as Sutton, Blackheath, Birchfield and Aylesford Paper Mills, the most likely to enter the fray appear to be Reading, South London and perhaps Westbury.

The Summer School 1948.

It was encouraging to see the good work being carried on at Loughborough during the 1948 Summer School. This year only coaches, or would-be coaches, were catered for, but the enthusiasm was there and the benefit of all this spreading of the right knowledge throughout the country should be apparent in the next few years.

It is in the schools where so much can be done and the standard of coaching there cannot be too high. Now that D. C. V. Watts, the well-known international jumper, has joined the list of national coaches, the work of Geoff Dyson and the Coaching Committee should be simplified enormously. With one of the national coaches to cover each area, and Geoff Dyson to co-ordinate their efforts, the work of providing proper coaching facilities throughout the country should now go along more harmonious lines. In the future, also, we are likely to see the coaches doing more actual coaching than has been possible in the past, a good thing for them and for our athletes too.

What is needed now is for all clubs to give their wholehearted co-operation to the A.A.A. in their efforts to encourage and develop athletes and athletic coaching. It may not be generally realised, but in the past this co-operation has not always been forthcoming. It is up to clubs to see that it is not lacking in the future.

THE EDITOR.

THE HOP, STEP AND JUMP

By

D. C. V. WATTS

A.A.A. Coach

This event, although not as yet very popular either in this country or America, is, however, thriving in many other countries, headed by Japan and Scandinavia. In Japan, it is almost as much a national institution as kicking a football about is in this country.

World dominance in this event passed from the Irish, who held it for many years, to the Scandinavians and then to the Japanese, whose brilliant athlete, Tajima, won the Olympic title in 1936 and set a new world's and Olympic record at the same time of 52ft. 5½ins. Since World War II, the Scandinavians have once more come into the limelight with the Australians following very close behind.

The relative unpopularity of this event in this country is probably due to lack of encouragement to specialists in it, there being very few meetings where a hop, step and jump is included in the programme. There is, however, a big revival taking place and we are at this moment better off for hop, step and jump exponents than we have been for many years.

Before deciding to take up this event, the young athlete must bear in mind that it imposes a great strain on the legs. He must be sure to build himself up properly before competing in open competition, paying very special attention to the legs and abdomen. If he does not, he is quite liable to overdo things at an early stage.

The ideal build for this event is that of a man about 5ft. 8ins. to 5ft. 10ins., with a light, strong body and exceptionally strong legs. However, the build of the world's best performers has varied considerably. The Irish were tall, and the Japanese Oda and Nambu short and stocky with terrific speed.

TECHNIQUE

The fundamentals of the approach and take-off are the same as in the long jump. There is, however, some dissension as to whether the jumper should take-off for the hop from his strongest leg, thereby having the advantage of using it twice in the hop and the step, or reserving it for a big effort in the jump by using the weaker leg first. For the long jumper taking up the hop, step and jump there is an obvious advantage in the former method. He will not have to alter his approach and will maintain an unbroken rhythm throughout—starting the approach, hitting his check marks, the board and taking off for the hop and step all with the strongest leg. However, for the hop, step and jump specialist it is a matter for individual preference; but the advantage of using the strongest leg twice must be given serious consideration.

THE HOP

The following description assumes that the jumper is taking off for the hop and step with

the left foot and for the jump with the right foot. For the jumper starting with his right foot, the feet must be reversed throughout.

As the jumper takes off from his left foot, the right knee is brought up hard to hip level, thigh parallel to the ground. The centre of gravity should by now have come over and be in front of the take-off foot. As the body leaves the ground the left leg comes forward ready for the landing and the right leg is allowed to trail behind ready to be whipped through quickly into the step. The body must be kept upright throughout, head in line with the shoulders. If the head is allowed to drop forward, the athlete, by the time he reaches the jump, will be off balance and probably find himself pitching forward on to his face.

As the left foot comes to the ground in the landing, the knee should be slightly flexed; body relaxed ready for the next take-off which must be from the same foot. Relaxation at this stage is important; muscles come into play quicker and more effectively from a relaxed position. As the action of landing and taking off merge one into the other a considerable strain is placed on the leg; it is obvious that the muscles concerned with the landing must relax, before the muscles concerned with the vigorous upward drive at the take-off can come effectively into play. The hop should not be too long, otherwise the step and the jump will suffer accordingly. It should, however, be fairly high although not too high, otherwise speed will be lost and too much strain will be put on the left leg when landing from the hop and taking off at the beginning of the step.

The beginner must experiment carefully with the length of his hop until he discovers what distance suits him best. This is quite easily done by putting marks down on a brushed cinder path, thus finding out where the feet land in the step and the jump in relation to any particular length of hop. In this manner a happy medium will in time be found. Perhaps a better method than working to any fixed ratio of hop, step and jump is to concentrate on obtaining an even rhythm throughout the entire sequence. As a general rule with the beginner, to obtain this one should decrease the hop and increase the step. The step is the part where the champions generally obtain their winning distances and the others fail. The arms should be synchronised throughout with the leg action to assist in the take-off and maintain balance.

It is very important that speed should be maintained throughout the first two phases, otherwise the jumper will have too little forward impetus when he comes to the jump. On landing from the hop the body weight should be over the left foot. This is important otherwise speed will be lost, so care must be taken to bring the landing foot down to the ground in time. Do not stretch out too far with it in order to gain extra distance. As the left foot drives from the ground at the beginning of the step, the body weight should come forward to approximately six inches in front of the foot.

THE STEP

As the step begins, the right leg, which up to now has been trailing, is whipped through quickly, the left arm swinging upward to synchronise with the take-off and to help maintain speed. The right knee is again brought up to hip level, thigh parallel to the ground. The hips are lifted as high as is possible with a vigorous straightening of the take-off leg. The body is again kept upright throughout, head in line with the shoulders.

When the right foot comes to the ground at the completion of the step, it is put down flat, heel and ball simultaneously. The body weight must again be over the foot, the knee slightly flexed and body relaxed ready for the take-off for the jump. Here again this relaxation is important. The left leg is trailing behind ready to be swung through to help in obtaining lift in the jump. The arms again play their natural part in synchronising with the legs. The step must be a definite bound, it is not merely a means of transition from hop to jump. This is the most difficult part of the sequence and failure in this department is the main reason why we in this country have not yet come up to world class in this event.

THE JUMP

Having landed on the right foot, the leg is straightened vigorously and the left leg and right arm are swung through and up, the jumper putting all his remaining strength into obtaining height. At the high point of the flight through the air, the arms are swung back; besides preparing for the landing this will also help to check the natural tendency of the trunk to come forward too soon.

The landing is made as in the long jump, the legs are straightened before the heels cut the sand, the body should be upright, arms back. As the heels cut the sand, the arms are swung forward and upward vigorously and the knees are flexed to bring the body over the fulcrum of the feet. It is not advisable for the novice to attempt a running-in-air action in the jump until he has completely mastered the whole sequence. Even then it is of problematical value. The side swing landing as used by some jumpers can be used. It is even more difficult in the hop, step and jump than in the long jump, due mainly to lack of

speed. However, if perfected a few inches could be gained by this method.

(G. H. G. Dyson's previous article on long jumping should be referred to).

FAULTS TO WATCH FOR

- (1). **In the approach.**
 - (a). Inconsistency of stride length, chopping or overstriding.
 - (b). Leaning back at the take-off board.
 - (c). Foot not coming down at right angles to the take-off board.
 - (d). Too little speed at the board.
 - (e). Uncontrolled speed in the run-up.
- (2). **In the hop.**
 - (a). Too long a hop.
 - (b). Trunk not upright during the flight through the air.
 - (c). Body weight not over the landing foot.
 - (d). Dropping the head forward or backward in the flight.
- (3). **In the step.**
 - (a). Too short a step.
 - (b). Body not upright.
 - (c). Unsynchronised arm action.
 - (d). Overreaching with the landing leg.
- (4). **In the jump.**
 - (a). Lack of speed after completing the step.
 - (b). Being off balance during the flight.
 - (c). Body twist, shoulders not being square to the front.
 - (d). Failure to obtain a leg-shoot landing.

It must be pointed out that these are not all the faults in the hop, step and jump, but merely a few major ones that may be noticed easily.

TRAINING

There is not the space in this article to go into training thoroughly. Very briefly it should follow closely that of the long jumper. Out of season training should consist mainly of games and body building exercises in the gymnasium. These should include plenty of skipping, bounding and abdominal exercises, also exercises for general strength, stamina and fitness.

From six to eight weeks before the first competition the jumper should swing into a full training programme. This will include nearly all his jumping for form and distance, sprinting and low hurdling off alternate legs. The use of alternate legs will develop both limbs equally. Two weeks before the first competition all jumping for distance should cease and continue only at half effort for form into a soft pit, and this very sparingly indeed.

During the season include plenty of work with the sprinters with at least two mid-week 220 yard dashes at full effort. Continue with low hurdling over worsted tape and a little jumping, but only for correction of faults, not at full effort. Full effort jumping should from now on be done *only* in competition.

Home Made Starting Block for Indoor and Outdoor Use

By

ROBERT L. HODGSON, D.L.C., B.A.

(Lecturer in Physical Education, Hickleton Training College)

A photograph in a well-known illustrated weekly, last Spring, showed MacDonald Bailey practising starting from the edge of an ordinary gymnasium coconut mat. It occurred to me at the time that these were poor conditions under which to train in order to meet the World's best—especially the Americans, with their plentiful equipment, their indoor meetings, and the sunshine of California.

I had also had difficulties with my own lads, in that the ground in my own part of Lancashire is so often sodden, that sprinters find it hard to get in any useful practice and are frequently driven indoors. Moreover, I have always believed that the winter time is one in which sprinters and field events men should be endeavouring to polish up their technique, and to overcome whatever mistakes in style were preventing top-class performances in the previous season. The following apparatus, therefore, is an attempt to solve some of these problems in a simple and inexpensive manner.

Since starting blocks have definitely come to stay, I have designed and used the apparatus shown in Fig. 1 and Fig. 2. In principle, it is only two sets of starting blocks fixed in a wooden frame, the rear block of each pair being adjustable.

"A" is a piece of hardwood, measuring about 6 inches by 4 inches and is the front block, against which the ball of the fore foot is placed. As this takes the greater part of the strain, it is screwed on to the main part of the frame. "B," the rear block, sawn out of a firewood log and faced similarly to "A," is adjustable, being attached to the main frame by one large bolt with a spring washer and a wing nut. A length of about 8-9 inches is sufficient for the body of the rear block. The frame at present in use measures 2ft. 6in. by 3ft. and is made out of 2½ inch square timber. Half a dozen holes in the frame, drilled at 2in. intervals afford ample range of movement for "long" "medium" or "bullet" starts for all sizes of athlete. The frame rests on the floor, with the rear against a wall, and is quite stable, so much so that one athlete at a time can use it, if this is desired. Old pieces of lino, tacked on to the faces of the blocks, face downward, make a slight improvement and prevent slipping.

As our own gym is a small one, the apparatus is sometimes taken out into a long corridor, in order to allow more advanced athletes to have more scope, or to allow hurdlers to make a start, and to clear one obstacle.

For outdoor use, we have two basic patterns. The first, for those not too skilful at woodwork, (and who don't mind carrying a

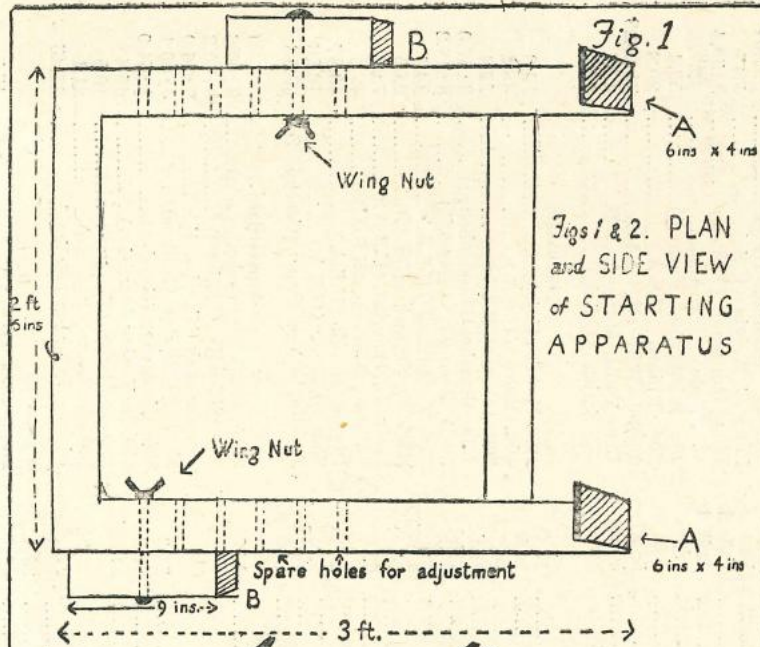
bit of weight) is made out of firewood logs, squared roughly, and sawn at an angle at the end (Fig. 3)—say 85° for the rear block, and 45° for the front block. A piece of hardwood is then screwed to the front. Four holes, drilled at each corner, and four 6in. nails, will hold the blocks securely on any surface. Lino facing is essential. For those more skilful at handwork, a light folding set can be made, as shown in Fig. 4. The hinges must be strong ones, and must be well screwed on, whilst 4in. nails are quite sufficient to secure the blocks to any surface, grass or cinder.

One further factor in starting is the difficulty in obtaining ammunition for starting pistols and the undesirability of handing such things out indiscriminately. For practice purposes, this can be circumvented by the simple expedient of hinging together two pieces of wood at one end (Fig. 5). The resultant sound, from snapping the two pieces of wood together is just as good as the sound of a light pistol—say one using No. 1 blanks—especially if the wood has been well smoothed, and the hinge fitted carefully, so that the two pieces come flush together.

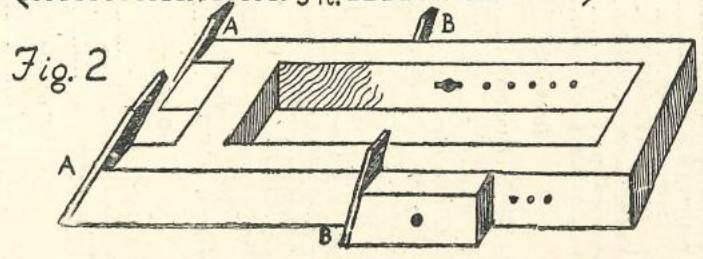
I am confident that clubs will find that some apparatus of this nature will enable training and improvement in technique to go on into the winter, and will be of assistance in keeping the younger lads together, ready for another season, in which, instead of starting all over again, better results should come from improved style and greater knowledge of method.

EDITOR'S NOTE: The photograph of McDonald Bailey was probably a posed one, but this article should prove of interest to those who have inquired recently for some design for home-made starting blocks—and others. The design is one which can easily be adapted to suit one's own requirements, or modified to provide a single instead of a double set.

The starting device shown on page 9, is something similar to that in use throughout Germany at the present time. Over there, an ingenious design brings two pieces of wood together to show a red "ball" on a white background, the timekeepers taking their time from the appearance of this "ball." In practice it is quite reliable.



Figs 1 & 2. PLAN and SIDE VIEW of STARTING APPARATUS



FIRST-PATTERN of STARTING BLOCK for OUTDOOR USE

Fig. 3.

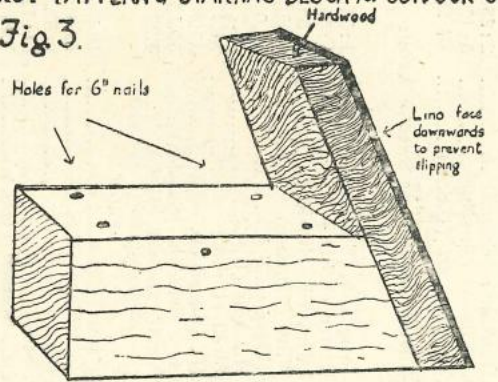
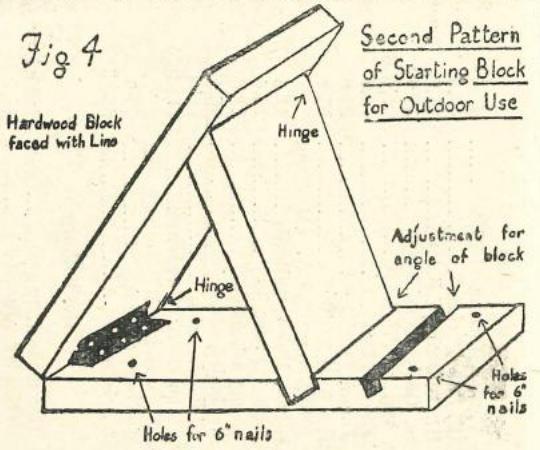


Fig. 4



Results of International Meetings

Oslo

Pole Vault, Morcom (U.S.A.)	4.36
400 M., Bolen (U.S.A.)	47.6
110 H., Dillard (U.S.A.)	14.2
Discus, Gordien (U.S.A.)	52.99
1500, Barten (U.S.A.)	3:57.6
100, Ewell (U.S.A.)	10.7
200, Dixon (U.S.A.)	21.9
400 H., Ault (U.S.A.)	51.8
4 x 100 Relay, U.S.A. (Morcom, Dixon, Ewell, Dillard)	41.8
100, Laing (Jamaica)	10.6
200, Laing (Jamaica)	21.6
400, McKenley (Jamaica)	46.1
800, Wint (Jamaica)	1:54.3
5000, Albertsson (Sweden)	14:36.6
High J., Gunderson (Norway and McGrew (U.S.A.)	1.90
Javelin, Seymour	68.15

Gothenburg

1000, Hansenne (France)	2:21.4
400, McKenley (Jamaica)	46.7
100, Ewell (U.S.A.)	10.6
200, La Beach (Panama)	21.1
400 H., Ault (U.S.A.)	52.4
800, Barten (U.S.A.)	1:52.3
1500 Vernier (France)	4:00.4
110 H., Dillard (U.S.A.)	13.9
Pole Vault, Morcom (U.S.A.)	4.23
Discus, Gordien (U.S.A.)	53.41
Hammer, Eriksson (Sweden)	55.36

Stockholm

100, LaBeach (Panama)	10.4
Ewell (U.S.A.)	10.5
400, Mc Kenley (Jamaica)	46.1
Wint (Jamaica)	46.6
1500, Hansenne (France)	3:50.8
Eriksson (Sweden)	3:53.4
5000, Albertsson (Sweden)	14:35.8
400 H., Larsson (Sweden)	52.2
Ault, U.S.A.	52.6
3000 S'chase, Sjoestrand (Sweden)	9.09
Discus, Gordien (U.S.A.)	53.09
Hammer, Eriksson (Sweden)	55.12
Pole Vault, Lundberg (Sweden) ...	4.30
(New Swedish Record)	
Morcom (U.S.A.)	4.30

Oerebro

200, LaBeach (Panama)	21.3
400, McKenley (Jamaica)	46.6
800, Wint (Jamaica)	1:53.5

Gaevle

100, Ewell (U.S.A.)	10.8
200, Ewell (U.S.A.)	22.4
400, Bolen (U.S.A.)	48.1
1000, Bengtsson (Sweden)	2:22.2
Lindgard (Sweden)	2:23.2

Hansenne (France)	2:23.7
2000, Eriksson (Sweden)	5:15.8
Javelin, Seymour (U.S.A.)	64.11

Another meeting in Sweden, venue not known

800, Bengtsson (Sweden)	1:51.1
Barten (U.S.A.)	1:55.2
Liljekvist (Sweden)	1:55.4
Wint (Jamaica)	1:56.0
100, Dillard (U.S.A.)	14.0
400, H., Ault (U.S.A.)	51.7
200, Ewell (U.S.A.)	21.4
110, H., Dillard (U.S.A.)	13.9
Hammer, Eriksson (Sweden)	55.75
Pole Vault, Morcom (U.S.A.)	4.23

Paris

100, Ewell (U.S.A.)	10.5
110 H., Dillard (U.S.A.)	13.9
800, Barten (U.S.A.)	1:51.8
5000, Stone (U.S.A.)	14:42.4
High J., Stanich (U.S.A.)	1.95
Javelin, Seymour (U.S.A.)	70.75
Hammer, Bennett (U.S.A.)	52.82
Discus, Consolini (Italy)	52.50
Long J., Wright (U.S.A.)	7.47
1500, Hansenne (France)	3:50.4
400, Bolen (U.S.A.)	46.7
400 H., Arifon (France)	52.4
200, Dillard (U.S.A.)	20.8
10,000, Wilt (U.S.A.)	31:34.8
Pole Vault, Moreom (U.S.A.)	4.37
Smith (U.S.A.)	4.27

Brussels

100, Ewell (U.S.A.)	10.8
400, Bolen (U.S.A.)	48.2
200, Linssen (Belgium)	22.4
1500, Barthel (Luxembourg)	3:57.0
3000, Zatopek (Czecho.S.)	8:18.2
110 H., Dillard (U.S.A.)	14.7
High J., Stanich (U.S.A.)	2.00
Long J., Douglas (U.S.A.)	7.22
Pole V., Morcom (U.S.A.)	4.30
Discus, Frank (U.S.A.)	48.87
Shot, Delaney (U.S.A.)	16.26
Javelin, Kiesewetter (Czecho. S.)	60.18

Amsterdam

3000, Ahlden (Sweden)	8:09.6
Slijkhuis (Holland)	8:10.2
Zatopek (Czecho. S.)	8:16.0
1500, de Ruyter (Holland)	4:00.1
800, Ljunggren (Sweden)	1:54.0
400, McKenley (Jamaica)	46.4
100, LaBeach (Panama)	10.5
200, LaBeach (Panama)	21.1
Discus, de Bruyn (Holland)	42.45

Prague

400, Guida (U.S.A.)	47.5
800, Barten (U.S.A.)	1:54.3
110 H., Dillard (U.S.A.)	14.2

Shot, Fuchs (U.S.A.)	16.14
Javelin, Seymour (U.S.A.)	70.96
Pole V., Smith (U.S.A.)	4.25
200, Ewell (U.S.A.)	21.9
1500, Cevona (Czecho. S.)	3:54.6
5000 Zatopek (Czecho. S.)	14.44.2
400 H., Ault (Sweden)	52.6
High J., Stanich (U.S.A.)	2.04
Discus, Fuchs (U.S.A.)	46.96
Hammer, Felton (U.S.A.)	53.25

Italy beat Argentine 62-52

200, Siddi (I)	21.9
400, Peterlini (I)	48.5
800, Fracassi (I)	1:53.8
5000 Noceo (I)	15:08.7
Relay, Italy	41.1
Shot, Kahnert (A)	14.60
Discus, Tosi (I)	54.80
(New Italian record)	
Hammer, Taddia (I)	53.91

German Championships

100 M., Fischer	10.7
200 M., Likes	22.2
400 M., Audorf	49.5
800 M., Ulzheimer	1:51.8
1500 M., Westerteicher	4:01.4
5000 M., Warnemunde	15:04.4
10,000 M., Eitel	31:49.0
3000 M.	

'Chase, Seidenschnur	9.44.4
110 Hdls., Becker	15.0
400 Hdls., Hidas	55.6
H. Jump, Koppenwallner	1.90
L. Jump, Luther	7.32
H.S. & J., Vogt	14.34
Pole Vault, Dr. Glotzner	3.80
Weight, Jansen	14.80
Discus, Rosendahl	46.00
Javelin, Will	60.50
Hamer, Storeh	55.22

Women

100 M., Petersen	12.3
80 Hdls., Sander-Domagalla	11.9
L. Jump, Jahn	5.60
H. Jump, Pagalies	1.53
Weight, Schlutter	13.12

Discus, Humer	40.26
Javelin, Wiif-Plank	45.69

Dutch Championships

100 M., Zwaan	10.6
200 M., Lamers	22.3
400 M., De Kroon	49.6
800 M., Kist	1:54.7
1500 M., De Ruyter	3:55.2
5000 M., Slijkhuis	14:58.2
10,000 M., Lataster	31:30.8
110 Hdles., Zwaan	14.9
400 Hdles., Woldendorp	57.0
L. Jump, Leeuwenhoek	6.84
H. Jump, Keyzer	1.85
H., S. & J., Van Egmond	13.74
P. Vault, Lamoree	3.80
Weight, De Bruyn	14.52
Discus, De Bruyn	43.89
Javelin, Lutkeveld	65.00
Hammer, Houtzager	50.72

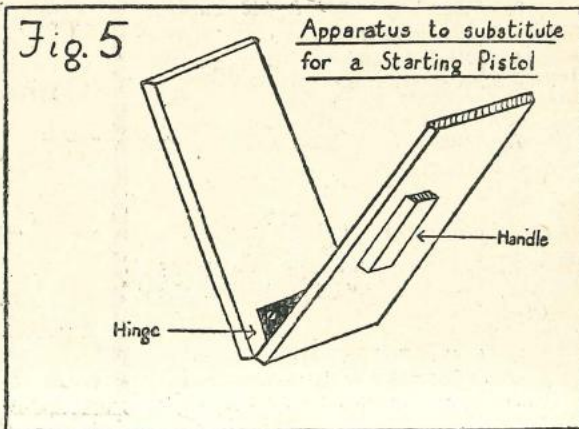
Women

100 M., Blankers-Koen	11.7
200 M., Blankers-Koen	24.2
80 Hdls., Blankers-Koen	11.5
L. Jump, Blankers-Koen	5.66
H. Jump, Blankers-Koen	1.58
Weight, Pan-Niesink	11.83
Discus, Pan-Niesink	39.74
Javelin, T Waalboer	41.95

AUSTRALIAN C.C. CHAMPIONSHIP

The Australian Cross-Country Championship was won over 10,000 metres at Melbourne on August 28 by Allan Merrett (W.A.). Merrett, a slightly-built lad of 24, has been running for only two years, has won five W.A. state championships over the past twelve months, but this is his first national success. First six: 1, A. Merrett (W.A.) 34.21; 2, M. Shilston (Vic.) 34.47; 3, K. Miller (N.S.W.) 34.49; 4, D. Campbell (N.S.W.) 34.50; 5, J. Schwede (N.S.W.) 34.53; 6, G. Morley (W.A.) 34.56. N.S.W. won the team title with 12 pts., but the small W.A. team won most plaudits for a valiant effort in defeating Victoria for second place by 29 pts. to 30.

DEVICE TO TAKE THE PLACE OF THE STARTING PISTOL



List of 16mm. Films on Athletics for 1948/49

By GUY BUTLER,

Official Photographer to the A.A.A.

- (1) "ATHLETICS IN BRITAIN, 1948"—2 reels of 400 feet. £7/10/0 each. These consist of photos taken at all the chief Championship and International meetings, including the Open Championships, the Triangular International and the British Empire-U.S.A. match, but NOT the Olympic Games. Reel I covers the Track Events, including Hurdles. Reel II deals with the Field Events, i.e. Jumps and Throws.
- (2) "BRITISH EMPIRE versus U.S.A."—1 reel of 400 feet, £7/10/0. A thousand feet of film was taken at this meeting with three cameras, one with a long-focus lens looking down from above the Grand Stand. This footage has been condensed to one reel of 400 feet, which contains slow-motion 'shots' of the best American hurdlers, jumpers and throwers, besides the most interesting of the track events.
- (3) Besides the above, Mr. Butler, in collaboration with Mr. Geoffrey Dyson, Chief Coach to the A.A.A., is building up from photos taken during the past two seasons a series of 200 foot reels covering most of the events. These contain many Olympic Champions and Medallists and are almost entirely in slow-motion. The following will become available as from early October:
1. "Starting and Sprinting."
 2. "Middle-Distance — Quarter to One Mile."
 3. "Hurdling"—120 & 440 Yards; also 80 Metres.
 4. "High Jump."
 5. "Pole Vault."
 6. "Shot."
 7. "Discus."
 8. "Hammer."
 9. "Javelin."
- Cost of each reel, with notes, £4.
- (4) Two short reels, between 50 and 100 feet, taken in training before the Olympic Games:—
1. A. CONSOLINI (Italy), Olympic Discus Champion. This shows his warming-up throws working up to all-

out efforts, taken in slow-motion from side, back and also a close-up of his foot-work.

2. A. U. TRIULZI (Argentine), 4th Olympic Hurdles. His training outing is shown in detail, including numerous suppling exercises, working up to three fast runs over the hurdles. Each of these was followed with a long-focus lens showing three clearances from various viewpoints.

Cost of each reel with notes, £2/2/0. The above films are all "Silent." Commentary is provided in the form of Notes written by Messrs. Dyson and Butler. It is hoped that these should make it possible for a lecturer to talk to any audience, whether knowing much or little about athletics.

ENLARGED PRINTS from the above films, size 4" x 3", series of 2—price 10/6. The following Olympic Champions—High Jump, J. L. WINTER (Australia); Pole Vault, O. G. SMITH (America); Shot, W. M. THOMPSON (America); Discus, A. CONSOLINI (Italy); Hammer, NEMETH (Hungary); also Javelin, S. A. SEYMOUR (America); 2nd, O. Games and 110 Metre Hurdles, A. U. TRIULZI (Argentine) 4th O. Games.

All orders to GUY BUTLER, "Harbledown," Little Hadham, Herts.

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118, Chancery Lane,

Hon. Treasurer : W. C. Jewell.

London, W.C.2.

Association Notes

A.A.A. NOTES

The following dates have been notified, for the Championship and other major features in 1949:—

- | | |
|-----------------------|---|
| June 4th | Counties Championships. |
| June 6th | News of the World "British Games" Meeting at White City. |
| June 18th | Poly Harriers Kinnaird Meeting and Marathon Race. |
| June 25th | Area (North, Midlands, Southern and Welsh) Championships. |
| July 2nd | Inter-Counties Championships. (Provisional). |
| July 9th | Area Junior Championships. |
| July 15th
and 16th | A.A.A. Championships. |
| July 23rd | Birchfield Harriers Waddilove Meeting. |
| July 30th | A.A.A. Junior Championships. |
| Aug. 1st | Great Britain v. France at White City. (Provisional). |
| Aug. 13th | Triangular Match (Provisional). |

Open Meetings.

In order to avoid clashing of dates, Secretaries of Clubs and organisations are advised to notify the A.A.A. Offices of the proposed dates for Open Meetings to be held in 1949, immediately such dates are fixed.

Book Tokens.

General Committee has decided that a Book Token duly inscribed to indicate the Sports Meeting and event for which it is awarded is **NOT** regarded as a "Voucher" under the meaning of the A.A.A. Competition Rule 44.

Provision of Tracks.

It is hoped that affiliated organisations in towns where facilities for athletics are inadequate will take the initiative in convincing their local Councils of the need for permanent running tracks. The A.A.A. can give advice regarding the steps to be taken and also how to obtain grants and technical advice. The A.A.A. should be advised immediately it is known that projects approved by Local Authorities or other organisations are unable to obtain the necessary permits.

Handbooks.

Copies of the A.A.A. Handbook, including detailed advice regarding the "Organisation of a Sports Meeting"—invaluable to the Organising Secretary of an Open Meeting—are still available, price 5s. 3d. post free.

H. A. L. Chapman's Tour of the South

5-8 October. At Bisham Abbey, Maidenhead, to test C.C.P.R. and other applicants, and to organise a short course on the theory and practice of coaching.

Week beginning 11 October. Attending Chief Coach's conference in London.

19-22 October. At Police H.Q., Sutton Road, Maidstone.

25 October-5 November. Oxford University and Oxford City A.C.

8-12 November. At Aldershot, Army School of Physical Training.

Lectures

Lectures will be given in the Large Hall of Barclay's Bank at 54 Lombard Street, E.C.3. as under:—

19 November. "Wembley—and after" by H. M. Abrahams and J. C. G. Crump.

Chairman—The Lord Burghley, K.C.M.G.

21 January. "Technique in Modern Athletics" by G. H. G. Dyson.

18 February. "Training for Track and Field" by A. E. Porritt, C.B.E., F.R.C.S.

18 March. "Distance Running" by S. Yarrow.

City of London School Course

There are still vacancies on the course that began on 30 September. Forms on application from A.A.A. 118 Chancery Lane, W.C.2.

FILMS

At 6.30 p.m. on Friday, 15th October, in the theatre of the British Council, Hanover Street (off Regent Street, near Oxford Circus) there will be a showing of films taken during the 1948 season by Guy Butler, Official Photographer to the A.A.A. Any Club Secretaries or Hon. A.A.A. Coaches will be welcomed.

* * *

Would secretaries of clubs sponsoring schools' cross-country events, please send details to Mr. H. J. Fitzgerald, Salesian College, Battersea, London, S.W.11?

* * *

Thames Valley H. announce that W. F. Wall, 122, Ellerman Avenue, Twickenham, Middlesex, has succeeded W. B. Kuy, as Road Relay Secretary and Track Captain.

BELIEVE IT OR NOT

By SYDNEY SKILTON

The standard in English field events is going up. That is not just an idle statement but a fact. I must confess that I was very surprised to find it out, but some research I have done recently has proved it to me and I therefore apologise to those to whom I have said "Boloney," or words to that effect, when they have suggested that the general standard of field events in England has risen since the war.

What started my research was the glib way a well-known official of the Amateur Athletic Association spoke when we were discussing the failure of the English field events exponents at the Olympic Games. He said: "Ah, yes, but the standard is going up, you know." Well, I didn't know. And I wanted some convincing, especially as at club matches this summer time and time again I saw an unwilling track man enticed into heaving a weight or throwing a javelin just to score a couple of points for his club. But the A.A.A. official could give me no positive facts and figures. So I set out to find my own.

Now, to find out if there is any general improvement in the country's strength it is necessary not to study the national team but to explore the supply roots of the team. These, obviously, are the counties. So I took hold of my county record books and studied the situation as it was in the years 1937 and 1938. I noted down the winning performances of the eight main field events in the county championships of those years, paying particular attention to the metropolitan counties, Surrey, Middlesex, Kent and Essex. I then struck an average winning performance for the two years. After which

I turned to the post-war period and, ignoring 1946 when many athletes were unable to compete, obtained an average for the years 1947 and 1948, again with special reference to the aforementioned metropolitan counties. And this is what I had:

	1937/38	1947/48
High jump	5 7½	5 9
Long jump	22 0	21 10½
Hop, step and jump	42 2	42 4
Pole vault	10 8	9 11
Weight putt	40 10	43 4
Discus throw	119 8	125 4
Hammer throw	126 4	115 10
Javelin throw	155 4	157 6

It will be seen that in five events the average is higher. Not by very much, it is true, but still UP. In three it is down. In two of these, the hammer throw and pole vault, it is not surprising because of the increasing difficulties in finding somewhere to train for such highly technical events. Even if there is somewhere to train the attendance of a qualified coach is unlikely. Added to which there is the deterrent of being obliged to transport poles and hammers from meeting to meeting. For the decline in the long jump I can offer no explanation.

It was as far back as 1911 that the A.A.A. first discussed and admitted that England was lagging behind in field events and that something should be done about it. Down through the years there have been many attempts to tackle the problem, but always the enthusiasts have found the job too big for them. It is a big job. Field events are not popular and, to my mind, never will be with the Englishman. But if we are to continue to participate in international competition we must have field events men. Therefore let us give encouragement to the post-war enthusiasts and admit that the standard in English field events is at last going up.

The Women's Amateur Athletic Association

Hon. Secretary: MRS. W. E. HUGHES, 13, Selcroft Road, Purley, Surrey (Uplands 1566).

In response to many requests, I am very pleased to pass on our very best wishes and congratulations to Maureen Gardner on her marriage to Geoff Dyson. Among others, Mrs. Blankers-Koen and Mrs. Tyler have proved the fallacy of the old idea that women athletes must retire from active athletics on marriage, and we all hope to see Maureen with us for many years to come.

The Olympic Film.

By comparison with the German film after the Berlin Games, the recent one "The Glory of Sport" is a disappointment. In particular, the duel between Mrs. Tyler and Miss Coachman in the high jump—a worthy climax to the Games—was not even mentioned. The

German epic will be shown again and again, but it is very doubtful if the one of Wembley will. Incidentally, we are all very proud of Mrs. Tyler and I am pleased to mention that she tells me she is not finishing with athletics, as some appear to think, but will carry on with her jumping.

Prejudice against the Women.

I was pleased to see in Mr. Jack Crump's article in World Sports that he agrees that there are still some of the older officials who are against women's athletics. We know this only too well. If it were not for the help of some of our friends who are also members of the A.A.A., we should not be in the position we are today, but there are still a few who are

Photo by J. C. Howell



M. WALKER handing over to
M. GARDNER in the second
heat of the 400 metres relay at
Wembley.



living in the past and doing much harm with their prejudice. Unfortunately, these few will not come out and state their case against women's athletics, but they do much harm from within.

Championship Meetings.

In the past we have encouraged everyone to enter for the championships and "have a go" but I am convinced, after studying the question carefully throughout this year, that we shall soon have to make a change. Championships should set a standard, a high standard, and we could make them so if only the best took part. In other words, competitors should have reached a certain standard before entering for championships and there is no reason why the Senior, Intermediate and Junior Championships should not be held at the same meeting, with great advantage to women's athletics generally.

Random Notes.

Southern clubs should note that their A.G.M. will be held shortly and now is the time to send in matter for the agenda to the Hon. Secretary.

Walking seems to be slow in coming back to the South and it is hoped that all clubs will give all the encouragement and assistance they can. Road walking is about to commence and, being slower than track walking, is ideal for newcomers, who will be welcomed.

I shall be pleased to hear of any clubs near London who are interested in Brains Trusts. Perhaps they would write to me and I will see what can be arranged.

Great interest seems to be taken in the International Amateur Rules and, while nothing could be done about Miss Lasbrey's case because of time, the matter is not finished and a statement will be made after the next National meeting.

Alexander Cup Contest at the Waddilove meeting, Birmingham, July 24th.—**100:** J. Royse (Bolton U.H.) 11.4 (Midland record); **880:** N. Batson (Small Heath H.) 2:22.2; **Relay:** Birchfield H.L.S. 51.6 (Midland record); **Long Jump:** R. Hurley (Birchfield

H.L.S.) 16ft. 2in.; **Javelin:** M. Beaman (Birmingham Atalanta) 94ft. 6in., **Result:** 1, Birchfield 18 pts.; 2, Bolton U.H. 13 pts.; 3, St. Gregory's (Cheltenham) 8 pts.

Midland Counties W.A.A.A. beat **W.A.A.F.** by 35 pts. to 18 pts., at Edgbaston, Sept. 18th.—**100:** M. Penn (M) 12.1; **880:** M. Heath (M) 2:30.1; **Long Jump:** R. Hurley (M) 15ft. 6½in.; **Javelin:** G. Clarke (M) 103ft.; **High Jump:** M. Ring (W.A.A.F.) 4ft. 8in.; **660 Relay:** Midland Counties 1:22.4.

Southern Inter-Counties Championships, Wimbledon, Sept. 18th. (First string winners shown first, second string winners second.)—**Shot:** K. Dyer (Surrey) 31ft. 8in.; G. Buddle (Surrey) 29ft.; **100:** D. Manley (Essex) 11.6, J. Desforges (Essex) 11.6; **440:** P. Gunn (Surrey) 66.8, P. Germain (Surrey) 66.8; **Discus:** P. Evans (Essex) 101ft. 5½in., G. Buddle (Surrey) 109ft.; **High Jump:** D. Tyler (Surrey) 5ft. 4in., J. Hesselwood (Essex) 4ft. 9in.; **220:** J. Bond (Kent) 29.1, E. McFall (Kent) 28.8; **Javelin:** V. Wheeler (Surrey) 101ft. 7in., P. Reaby (Surrey) 94ft. 6in.; **880:** M. Day (Surrey) 2:34.6, P. Simmonds (Surrey) 2:38.1; **80 M. Hdis.:** J. Desforges (Essex) 12.2, C. Wheeler (Essex) 13.3; **Long Jump:** K. Duffy (Surrey) 16ft. 4in., V. Webster (Surrey) 17ft. 6in.; **1 Mile Walk:** W. Sheppard (Surrey) 10:3.0, M. Mahoney (Kent) 10:42.0; **4 x 110 Relay:** Kent 52.1; **Final placings:** 1, Surrey 78 pts.; 2, Essex 61 pts.; 3, Kent 51 pts.; 4, Sussex 33 pts. **Surrey 880 Yds. Championship:** M. Day (Mitcham) 2:34.6; **Surrey Relay Championship:** Mitcham A.C. "A" 53.2.

* * *

The cross-country section of Oxford University Athletic Club, re-organised last December, now forms a separate branch under the name of The Tortoise Club. Teams to be met this year include Thames H. & H., Blackheath H., Orion H., Finchley H., Surrey A.C., R.M.C. (Sandhurst) and London University. The Inter-Varsity match takes place at Roehampton on December 11th. J. F. Pollard is this year's Captain, and J. D. Bates, Hon. Secretary.

U.S.A. VERSION

The following appeared in the U.S.A. "Track & Field News":—
400 Metres Relay incident—(quoting Roy Cochran). "We never did find out exactly what happened. The best information we could get was that he was a rather confused and inexperienced little man from Scotland who had been a minor athletics official of some sort. After the race, other British officials overheard him remark that he thought the Americans had passed their baton outside their restraining zone. Immediately, he was hauled up to the huddle of officials, protesting that he was not sure but that maybe the Americans had committed a foul. Under the insistence of the officials, he was prevailed upon to enter an official statement that there had been a foul."

5000 Metres final—"At the finish, runners were all over the track, and officials became confused, making many mistakes in awarding places. It took a week to straighten out the mess."

RACE WALKING

The Definition

Walking for ordinary purposes is, of course, a simple, natural movement, understood by all, the co-ordination of the limbs being taken entirely for granted. But this common grasp of a natural function, and its execution, all too often takes wings when it comes to walking at speed, i.e., **Race Walking**.

Expert athletics exponents, and equally knowledgeable followers of all other branches of athletics—no less than the man in the street—"give it up" when it comes to speed Walking. Yet it is really nothing more than that: **Walking** at speed, with the same co-ordination, even if some features of the action appear to be more pronounced.

Vague references to "heel and toe," pre-occupation with the sometimes high-g geared arm action of a particular competitor, serve only to complicate a very simple issue. Observation of a man in a hurry to get to the station will serve to demonstrate the quickened and more pronounced action which comes into use in Race Walking. It is as simple as that.

Naturally, for the purposes of governing competition and controlling the tendency to break into a run which the man in a hurry to get to the station himself experiences, a dividing line is laid down: A Definition of Walking by which competitors are judged to determine if and when a "break" occurs.

Since 1928, the British and International Definition has been: "Walking is progression by steps so taken that unbroken contact with the ground is maintained."

This Definition has not passed uncriticised, both on the grounds that it was "insufficient," not defining the actual process, and that it was not to be clearly understood—especially when translated into other languages. From time to time, proposals have been put forward for new Definitions, or for considerable amplifications of the existing one. Many of these proposals have been more concerned with walking "style," than with the issue of

by

F. W. Blackmore

contact with the ground, which is the fundamental difference between walking and running, in which **both** feet are sometimes clear of the ground at the same moment. Many of these proposals have appeared on the Agenda at I.A.A.F. Congress Meetings from time to time for final ratification, only to be withdrawn or referred back.

At its Meeting in Stockholm last year, the Walking Commission of the I.A.A.F. again reviewed the whole subject, and drew up certain tentative proposals which, although they had to be forwarded for inclusion on the Agenda of this year's Congress following the Olympic Games, were none the less subject to further review by the Walking Commission before Congress was held.

In the event, the final proposals of the Walking Commission were submitted to Congress in substitution for those appearing on the Agenda, and these final proposals were duly confirmed and adopted to go into practice forthwith.

The result is that the 1928 Definition is now amplified to read: "Walking is progression by steps so taken that unbroken contact with the ground is maintained; i.e., **the advancing foot must make contact with the ground before the rear foot leaves the ground.**"

This is obviously only an interpretation of the former Definition, which from sheer familiarity was clearly understood in British Walking circles. It does, however, serve to explain the Definition in clear terms to other nationalities, and focus concentration on the essential of **contact with the ground**.

Warning! Judges at Work

One other clause of I.A.A.F. Rule 51, Definition and Rules of Walking, has been altered.

Since 1928, para. 4 has provided that "Judges may advise a competitor upon his mode of progression if it should appear that the competitor be in danger of ceasing to comply with the definition of Walking."

This has always caused difficulties.

There are many, and obvious, dangers in Judges giving advice to competitors during the course of a race—especially of an International character. "Advice" might take various forms, and embrace many things; whilst a second Judge might advise a competitor, for safety's sake, to alter his mode of progression to such a method as a former Judge had previously "advised" him against. After all, views vary and there is no rule of thumb about these things: so much must be taken into consideration. Confusion would abound to the disadvantage of the competitor.

In practice, from time to time this clause has been adapted to provide that in certain circumstances a competitor might receive a "caution," warning him to amend his mode of progression if he wished to retain contact with the ground, and avoid disqualification. It is this practice which has been confirmed and regularised in the new paragraph 4, which now reads: 'A competitor may be cautioned **once only** during a race when by his mode of progression he is **in danger of ceasing to comply** with the Definition of Walking.'

It was this system which was used during the Olympic Walks this year, in adaptation of the old para. 4, which was then still in being, Congress not having been held. Now that it is actually incorporated in Rule 51, it determines both the number of cautions, and the circumstances in which they may be given—on both of which points there has been controversy. **One caution when in danger of ceasing to comply** with the Definition . . .

There is no doubt that some long-standing disagreements have now been cleared up, and clear procedure established with regard to the essentials. This should be of great assistance in countries in which hitherto the essentials have either not been clear, or have not been clearly understood.

Walking "Style."

It may be that differences of opinion remain with regard to what constitutes good "style" in Walking, but here there is the danger of exalting this in importance above the requirements of the Definition, and indeed of making it the dividing line itself—which would clearly be absurd, and unjust. Control of Walking as a sport would become a mockery; neither competitors nor spectators—who already all too often "judge" by style—would understand what Walking is. It is of paramount importance that the Definition should be grasped, and acknowledged as the fundamental.

You have only to go out into the street to observe that people have different "styles" when walking in the ordinary way. And goodness knows that runners and other



Photo by J. C. Howell

G. B. R. WHITLOCK (Metropolitan W.C.)
winning the London-Brighton Walk.

athletes differ greatly when it comes to "style"—yet, of course, they are not judged by this. It may affect their performances, but if so it is up to them to make such amendments as are possible to them—and on exactly the same basis, the same applies to the Walker. His first essential, however, is to comply with the Definition!

Unfortunately, the press in several parts of the world seems to have become "style-conscious" since the Olympic Games, rating this factor above the fundamental Definition, and seeking to establish it as the dividing line. Critics have all too eagerly followed the line of argument that because a style was in their opinion "bad," the competitor could not possibly be walking. Or that because the style of a disqualified competitor was no worse—or even better—than some others **not** disqualified, he **must** have been walking. I know many will join with me in saying that more than one seemingly-stylish "walker" has in fact been well and truly off the ground. . . No one rates style in Walking more highly than I do—but it is **not** the Definition by which the sport is, and must, be governed if we are not to fall into great confusion.

To say, as has been published in this country since the Olympic Games, that "we

must severely discourage all styles which will not meet with approval abroad" is to imply that foreign Judges generally are stricter than our own—which I have not found to be so; and equally that it is style, **not** compliance with the Definition, on which approval or otherwise is given. Support is given to this by the added comment: "If it means altering our own definition, then alter it."

I hope very much that we shall not do so for those reasons alone. I hope that the Definition which has served us so well, and should do so still more in its interpreted form, will remain the fundamental issue on which Walking is judged.

The Definition should be left alone. Guidance as to good style, for International use, is another matter altogether—and is indeed being considered in the highest quarters. Yet even so it could only be guidance, not a hard-and-fast set of rules—for the simple reason that Nature has not fashioned us all to an exactly similar pattern of physical perfection.

Road Walking Association A.G.M.

Jim Hackwood, Sheffield United Hs., stalwart of Walking in the North, is the new R.W.A. President, with Harold Whitlock taking over as Honorary Secretary. The acquisition of so distinguished a walker in this office is some compensation for the loss of Eric Kennell, of Coventry Godiva, regrettably unable to continue owing to business commitments. A. A. Harley, Belgrave Harriers, continues as Honorary Treasurer.

R.W.A. Championship Dates

10 Miles "Junior," February 5th, in the South.

10 Miles "Senior," March 19th, in the Midlands.

20 Miles ("The Senior") May 14th, in the North.

50 Kilometres, June 18th, in the South.

Results in Brief:—

21st August, Hastings-Brighton, 37 Miles: 1, J. F. L. Henderson, Sussex W. & A.C., 6 hrs. 3 min. 7 secs.; 2, W. C. Merrett, Polytechnic Hs., 6:7.44; 3, C. E. Wingate, Brighton & County Hs., 6:10.1. Teams: 1, Highgate Hs.; 2, Sussex W. & A.C.; 3, Brighton & C.H.

28th August, Liverpool-Manchester, 36½ Miles: 1, C. Megnin, Highgate Hs., 5:51.45; 2, A. D. McSweeney, Highgate Hs., 5:56.25; 3, N. Hopkinson, Sheffield Utd. Hs., 6:0.42. Teams: 1, Lancs. W.C.; 2, Leicester W.C.; 3, Highgate Hs.

11th September, London to Brighton, 52 Miles: 1, G. B. R. Whitlock, Metropolitan W.C., 8:14.29; 2, H. A. Martineau, Surrey W.C., 8:34.56; 3, M. Y. Horton, Surrey W.C., 8:35.18; 4, J. F. L. Henderson, Sussex W. & A.C., 8:42.31; 5, C. Megnin, Highgate Hs., 8:46.12; 6, T. W. Richardson, Woodford Green A.C., 8:47.59. 17 beat 1st class standard, 9 hrs. 15 mins.; 35 beat 2nd class, 10 hrs. Teams: 1, Surrey W.C.; 2, Polytechnic Hs.; 3, Highgate Hs. 1st Veteran (over 45), A. D. McSweeney, Highgate Hs.

25th September. St. Dunstan's One Hour Walks. Section A. (Fast)—1, R. West (Cambridge H.) 7 miles 767 yards; 2, E. A. Staker (Highgate H.) 7m. 650 yards; 3, C. Megnin (Highgate H.) 7m. 588 yards. Section B. (Medium)—1, R. S. Kemp (Eastleigh A.C.) 7m. 36 yards; 2, D. Tunbridge (Highgate H.) 6m. 1722 yards; 3, L. Smith (Surrey A.C.) 6m. 1631 yards. Section C. (Medium-Slow)—1, W. Smith (Highgate H.) 6m. 1147 yards; 2, J. Kimber (Highgate H.) 6m. 1007 yards; 3, W. Brown (Met. Police) 6m. 932 yards. Section D. (Slow)—1, B. Brown (Worcester H.) 6m. 1193 yards; 2, G. Coleman (Unatt.) 6m. 1046 yards; 3, A/A Johnson (R.A.F. Halton) 6m. 771 yds. Mile Juniors—1, N. Read (Sussex W. & A.C.) 7m. 28s.; 2, H. T. Whitlock (Met. W.C.) 7m. 29s.; 3, T. R. Turney (Cov. Godiva) 7m. 38s. Inter-Team: 1, Cambridge H. 45 pts.; 2, Highgate H., 47 pts.; 3, Belgrave H., 59 pts.

C.S.R. 50 Km. WALKING CHAMPIONSHIP Prague—Spa Podebrady

1, Otto Buhl (C.S.R.) 4:36.35; 2, A. Lavanchy (Switzerland) 4:40.49; 3, E. Paraschivescu (Rumania) 4:42.27; 4, J. Baboe (Rumania) 4:44.59; 5, J. Kuceja (C.S.R.) 4:57.22.

D. McD. CLARK (R.U.C.) busy signing autographs.





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OLYMPIC HONOUR ROLL

(Compiled by R. L. Quereetani)

Here is a list of the twenty-five best performances made in the Olympic Games of 1948, according to the ratings of the International Scoring Table, adopted by the I.A.A.F. Congress in Stockholm, 1934:—

* Olympic Champions

			Pts.
1.	*W. Thompson (U.S.A.)	1st. Shot Put, 56ft. 2in.	1,168
2.	*W. Porter (U.S.A.)	1st. 110 M.H., 13.9.	1,142
3.	*A. Consolini (Italy)	1st. Discus, 173ft. 2in.	1,135
4.	*A. Wint (Jamaica)	1st. 400 M., 46.2	1,131
5.	H. McKenley (Jamaica)	2nd. 400 M., 46.4	1,115
	J. Delaney (U.S.A.)	2nd. Shot Put, 54ft. 8½in.	1,115
7.	*R. Cochran (U.S.A.)	1st. 400 M.H., 51.1	1,104
8.	*G. Reiff (Belgium)	1st. 5,000 M., 14:17.6	1,103
9.	*E. Zatopek (Czechoslovakia)	2nd. 5,000 M., 14:17.8	1,102
10.	C. Scott (U.S.A.)	2nd. 110 M.H., 14.1	1,099
	C. Dixon (U.S.A.)	3rd. 110 M.H., 14.1	1,099
	G. Tosi (Italy)	2nd. Discus, 169ft. 10½in.	1,099
13.	*M. Whitfield (U.S.A.)	1st. 800 M., 1:49.2	1,084
	J. Fuchs (U.S.A.)	3rd. Shot Put, 53ft. 10½in.	1,084
15.	*E. Zatopek (Czechoslovakia)	1st. 10,000 M., 29:59.6	1,081
16.	M. Whitfield (U.S.A.)	3rd. 400 M., 46.9	1,078
17.	*A. Wint (Jamaica)	2nd. 800 M., 1:49.5	1,074
18.	*H. Dillard (U.S.A.)	1st. 100 M., 10.3	1,071
19.	W. Slykhuis (Holland)	3rd. 5,000 M., 14:26.8	1,067
20.	M. Hansenne (France)	3rd. 800 M., 1:49.8	1,065
21.	D. White (Ceylon)	2nd. 400 M.H., 51.8	1,064
22.	F. Gordien (U.S.A.)	3rd. Discus, 166ft. 7in.	1,062
23.	E. Ahlden (Sweden)	4th. 5,000 M., 14:28.6	1,060
24.	R. Larsson (Sweden)	1st. 400 M.H. (Semi-Final) 51.9	1,059
25.	*H. Eriksson (Sweden)	1st. 1,500 M., 3:49.8	1,058

THE OLYMPIC DECATHLON

Individual performances of the first six in the Olympic Decathlon were as follows:—

	Mathias U.S.A.	Heinrich France	Simmons U.S.A.	Kistenmacher Argentina	Andersson Sweden	Mullins Australia
100 M.	11.2	11.3	11.2	10.9	11.6	11.2
400 M.	51.7	51.6	51.9	50.5	52.0	53.2
1500 M.	5:11.0	4:43.8	4:58.0	4:49.6	4:34.0	5:17.6
L. Jump	21ft. 8½in.	22ft. 7½in.	22ft. 0½in.	23ft. 2½in.	21ft. 7½in.	21ft. 9½in.
H. Jump	6ft. 1½in.	6ft. 1½in.	6ft 1½in.	5ft. 7in.	5ft. 9in.	6ft. 0in.
110 Hds.	15.7	15.6	15.2	16.3	15.9	15.2
Pole V.	11ft. 5½in.	10ft. 6in.	11ft. 2in.	10ft. 6in.	11ft. 9½in.	11ft. 2in.
Shot	42ft. 9½in.	42ft. 2½in.	42ft. 0in.	41ft. 6½in.	41ft. 6½in.	41ft. 9½in.
Discus	144ft. 4in.	134ft. 3½in.	107ft. 4½in.	134ft. 10½in.	118ft. 6in.	111ft. 4in.
Javelin	165ft. lin.	134ft. 5in.	170ft. 7in.	147ft. 10in.	167ft. 6½in.	168ft. 4½in.

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D. H. BAREFORD winning the London A.A. 220 Yds.

ACTION PHOTOS

By H. W. NEALE

32, CRESSY ROAD, LONDON N.W.3

Latest Events Covered:

24 hours walk, Motpur Park,
B.W.S.A. Champs., Brighton, Mitcham
A.C. Champs., S.L.H. "30."

*Photos supplied at reasonable rates.
Indoor functions photographed.*

ODDS AND ENDS

A.G.M. of the Northern Counties Cross Country Association was held in Leeds on Sept. 4th, under the Chairmanship of Mr. S. Howard (Sheffield U.H.), when it was proposed to hold the Annual Championships in February next at York. The Hon. Secretary reported a membership of 91 clubs and associations and a profit was reported on last season's working. It was decided that a radius of 10 miles should apply for first claim membership of any Northern club.

A.G.M. of Cambridge H. was held on Sept. 3rd, when all the principal officers of the club were re-elected.

P. Heath, the Australian sprinter, who has been credited with 9.8 for the 100 yards, has joined Airedale Harriers, the Bradford club. Heath is staying in England for a period of 18 months, studying the wool trade.

Watford H. notify change of address of their Hon. Secretary, Mr. G. Norman, of 85 Kingsfield Avenue, Oxhey, Watford.

Longwood Harriers held their A.G.M. on Sept. 2nd, when it was reported that over 30 new members had joined the club during the past season and that a profit of over £250 was shown on the past year's working. Mr. A. Fearnley was re-elected President. Club

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Hon. Secretary is Mr. W. Quarmby, 46 Chapel Terrace, Crosland Moor, Huddersfield.

North of the Thames C.C.A. held their A.G.M., when Mr. D. L. Berry (Shaftesbury H.) was elected President. A tribute was paid to Mr. E. A. Reavell (Shaftesbury H.), who, through ill-health, had to give up the secretaryship of the Association, a post he has held for many years. The new Hon. Secretary is Mr. A. L. McDonald of Hornsey (St. Mary's Harriers, whose address is 148 North Circular Road, Palmers Green, N.13. Tel. PAL 8192.

At the A.G.M. of the St. Mary's (Hornsey) Harriers on Sept. 8th, the name of the club was changed to Hornsey (St. Mary's) Harriers. Mr. F. Gordon Brown was re-elected President. Cross-country quarters for this season have been arranged at "The Old Forge" Tea Rooms, Mill Hill Village, N.W.7. Hon. Secretary is Mr. A. L. McDonald, 148 North Circular Road, N.13.

Belgrave Harriers, the National cross-country champions are looking forward to another successful season and in order to encourage new members are looking for "B" team matches, either home or away on the following dates—January 8th, January 22nd and February 19th. Write to their Running Hon. Sec. 57, Harcourt Road, Thornton Heath, Surrey.



Central Press

A record crowd of 50,000 spectators attended the Prague International Meeting at Strahov Stadium. BARTEN (U.S.A.) is seen here leading in the 800 metres, which he won in 1:54.6

On opp. page—MAL WHITFIELD, Olympic ⁸⁰⁰ 200 Metres winner.

British Amateur Athletic Board

Hon. Secretary:
J. C. G. Crump

Hon. Treasurer:
H. M. Abrahams

At the post Olympic Athletics match between the British Empire and the United States of America, the British Board and the competitors were honoured by the presence of His Royal Highness The Duke of Edinburgh.

Prince Philip spent most of his time at the White City Stadium in the actual arena, and not only took a very keen and most knowledgeable interest in the events themselves, but gave especial delight to the competitors by presenting to them after each event, the souvenir plaques.

The British Board has now received from Lord Burghley, the following message from Lt. Gen. Sir Frederick Browning, K.B.E., C.B., and draws attention of all who competed or officiated at the meeting to the gracious expressions of Prince Phillip.

Buckingham Palace.
14th August, 1948.

Dear Lord Burghley,

I am desired by His Royal Highness The Duke of Edinburgh to write and thank you,

as President of the Team and Relay Match between the U.S.A. and the British Empire, for the very excellent and interesting afternoon he spent at the White City on Thursday, August 12th.

His Royal Highness thoroughly enjoyed his day and was so pleased to have the opportunity of meeting so many of your Committee, Officials and Competitors.

His Royal Highness would be most grateful if you would inform all concerned, how very grateful he is for his kind reception.

Yours ever,

(Signed), F. A. M. Browning.

The Board has asked Sir Frederick Browning if he would convey to the Duke of Edinburgh the deep satisfaction felt by competitors and officials, at the honour and privilege they received in being able to welcome His Royal Highness to this meeting. The Board has also conveyed Prince Phillip's message to the U.S.A. competitors and officials.

INTER-ALLIES CHAMPIONSHIPS, Brussels, September 4th		
100 M.		2. Nissen (Denmark) 5 11
1. Lammers (Holland) 10.6		3. Quindou (France) 5 9
2. Valle (Gt. Brit.) 10.8	Long Jump	
3. Stefan (France) 10.9	1. Libert (Belgium) 22 4 $\frac{3}{4}$	
200 M.	2. Evaraere (France) 22 2 $\frac{1}{4}$	
1. Lammers (Holland) 21.6	3. Hammer (Luxembourg) ... 21 11 $\frac{3}{4}$	
2. Valle (Gt. Brit.) 21.6	Discus	
3. Litaudon (France) 22.7	1. Kintziger (Belgium) 141 11 $\frac{1}{4}$	
400 M.	2. Margot (France) 138 1	
1. Higgins (Gt. Brit.) 48.6	3. Douglas (Gt. Brit.) 130 11	
2. Dupoux (France) 50.2	Javelin	
3. Leys (Holland) 50.3	1. Chote (Gt. Brit.) 200 2	
800 M.	2. Van d. Poll (Holland) 190 2	
1. Barthel (Luxembourg) 1:54.1	3. Kempinsky (France) 186 5 $\frac{3}{4}$	
2. Scott (Gt. Brit.) 1:55.3	Shot	
3. Tudal (France) 1:55.7	1. Kempinsky (France) 45 9 $\frac{3}{4}$	
1500 M.	2. Kintziger (Belgium) 43 11	
1. Barthel (Luxembourg) 3:55.4	3. Hodkinson (Gt. Brit.) 42 4 $\frac{1}{2}$	
2. Morris (Gt. Brit.) 3:55.6	Pole Vault	
3. Seznec (France) 3:59.0	1. Saintjours (France) 12 1 $\frac{3}{4}$	
5000 M.	2. Redpath (Gt. Brit.) 11 10	
1. Labidi (France) 15:04.2	3. Devis (Belgium) 10 10	
2. Gailly (Belgium) 15:09.8	Hop, Step & Jump	
3. Wright (Gt. Brit.) 15:37.6	1. Van Egmond (Holland) ... 45 0 $\frac{3}{4}$	
110 M. Hurdles	2. Harrison (Gt. Brit.) 43 11	
1. Finlay (Gt. Brit.) 14.7	3. Olsen (Denmark) 43 9 $\frac{1}{4}$	
2. Van der Hoeven (Holland) 15.3	4 x 100 Relay	
3. Bresciani (France) 15.6	1. Gt. Britain 42.3	
400 M. Hurdles	2. France 42.6	
1. Andre (France) 54.9	3. Holland 42.7	
2. Handenhove (Belgium) 57.7	4 x 400 Relay	
3. Buxcey (Gt. Brit.) 58.8	1. France 3:19.6	
High Jump	2. Gt. Britain 3:23.6	
1. Paterson (Gt. Brit.) 5 11	3. Holland 3:26.0	

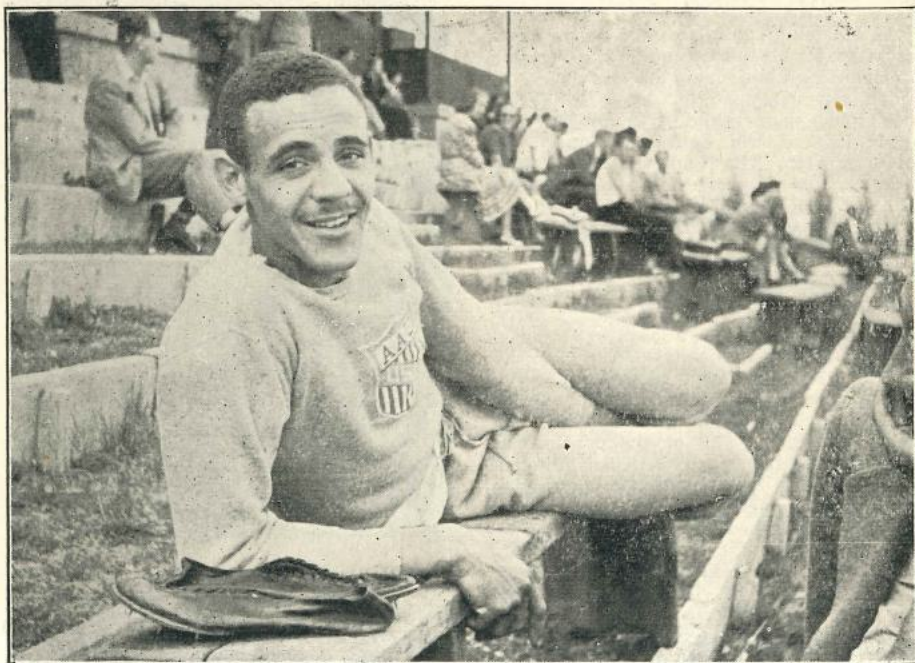




Photo by H. W. Neale
JACK HOLDEN (Tipton H.) won the S.L.H. 30 Miles Road Race at Coulsdon and is seen here at 22½ miles.

THE S.L.H. "30"

J. T. Holden (Tipton Harriers) gained some consolation for his misfortunes in the Olympic Marathon when, once again, he won the South London Harriers open 30 miles road race, which took place round a course of four 7½-mile laps at Old Coulsdon, Surrey, on September 11th. The result was never really in doubt, for Holden, joint leader with L. H. Griffiths (Reading A.C.) at the end of the first lap, was a clear four minutes ahead at the half distance, and had ten minutes to spare when he started the last lap. He eventually won by just over twenty minutes—a winning margin of not far short of three miles. His time of 3 hours 3 minutes 9 seconds was 3 minutes 26 seconds slower than he recorded in the same race a year ago.

Conditions were perfect, the day being warm, but with a slight breeze, which the runners welcomed. 59 of the original 68 entries started, and exactly half this number finished—the last of them over an hour and a quarter after Holden. This time it was Tom Richards (South London Harriers) turn to experience bad luck, and a strained tendon caused his retirement in the third lap, when he was lying fourth. S. F. Jones (Poly), who ran with Holden and Richards in the Olympic Marathon, also had to retire, as did H. S. Oliver (Reading A.C.). Both these actually

started the final lap before giving up, Jones being in second place and Oliver eighth.

F. Gratton (Macclesfield Harriers), who finished second to Holden, ran a courageous and well-judged race throughout. Seventh at the half distance, and fourth at the start of the last lap, he overtook Stan Belton (Surrey A.C.) about two miles from home, and finished 400 yards ahead of him. Belton also ran steadily and well, as did H. B. Lapworth (Coventry Godiva), fourth, and S. E. Howsham (St. Mary's Hornsey), seventh. J. G. Stubbs, fifth, J. Lawrence, ninth, and R. Sweet, tenth, ran consistently to retain the team championship for South London Harriers; and J. Legg, of the same club, finished sixth, but did not count for the team prize as he is not a first-claim member.

A special word of praise is due to A. E. Cooper (North Staffs Harriers). He started travelling at seven in the morning, and arrived late, without having had time for a meal. He started twenty-five minutes after the others, but had pulled up to 27th by the end of the third lap. He finished sixteenth in a time—3 hours 31 minutes 47 seconds—that would have gained him sixth place.

R. Bailey (North London Harriers), the 64-year-old veteran, again took part, and he completed three laps before retiring.

JAMES AUDSLEY.



Photo by H. W. Neale
F. GRATTON (Macclesfield H.) has been very successful in recent long distance races in the South. He ran a well-judged race in the "30" to finish second.

RESULT

Hrs. min. sec.

1.	J. T. Holden (Tipton H.)	3	3	9
2.	F. Graddon (Macclesfield Harriers) ...	3	23	51
3.	S. C. Belton (Surrey A.C.)	3	24	48
4.	H. B. Lapworth (Coventry Godiva) ...	3	29	29
5.	J. C. Stubbs (S.L.H.) ...	3	31	2
6.	J. Legg (S.L.H.) ...	3	35	55
7.	S. E. Howsham (St. Mary's Hornsey) ...	3	36	26
8.	H. B. Lee (Orion) ...	3	38	2
9.	J. Lawrence (S.L.H.) ...	3	39	15
10.	R. Sweet (S.L.H.) ...	3	43	20
11.	W. Carson (Thames Valley Harriers) ...	3	47	24
12.	W. L. Potts (Crowland A.C.) ...	3	51	12
13.	J. K. Turner (Victoria Park Harriers) ...	3	51	37
14.	F. H. Perkin (Finchley Harriers) ...	3	51	57
15.	C. Busby (Blackheath Harriers) ...	3	53	41
16.	A. E. Cooper (North Staffs Harriers) ...	3	56	47
17.	N. V. Page (Walton A.C.)	3	58	54
18.	R. J. Turner (Walton A.C.)	3	58	54
19.	E. C. Thomas (Queen's Park Harriers) ...	3	59	33
20.	A. S. Pirie (S.L.H.) ...	4	0	46
21.	J. C. Jewell (S.L.H.) ...	4	4	28
22.	D. C. Whelan (Ranelagh)	4	4	44
23.	P. W. Johnson (Blackheath Harriers) ...	4	6	37
24.	A. E. Baldwin (S.L.H.) ...	4	6	45
25.	J. W. Hunt (Surrey A.C.)	4	8	4
26.	J. Paterson (Poly) ...	4	8	26
27.	L. W. L. Hallett (Thames Valley Harriers) ...	4	8	43
28.	A. W. Middleton (Ealing			



Photo by H. W. Neale

STAN BELTON (Surrey A.C.) put up his best performance since turning to the longer distances by finishing third at Coulsden.

Harriers) ... 4 14 31
 29. G. F. Stewart (Liverpool Pembroke) ... 4 20 18
 59 started. The first eleven finished inside standard time, 3 hours 50 minutes.
 Team Result.

1. South London Harriers (5, 9, 10) 24 points
 Reading A.C., Polytechnic, Surrey A.C. and Thames Valley Harriers failed to close in.

RESULTS

July 24th

Waddilove Meeting, Birmingham.—100 Yds.: A. Grieve (S.L.H.) 9.9; **440 Yds.:** C. T. White (Lincoln W.) 50.9; **880 Yds.:** A. W. Scott (Achilles) 1:56.9; **Two Miles Team:** Birchfield H.; Ind. F. Green (Birchfield) 9:22.2; **Relay:** Achilles 3:35.3 (meeting record); **Long Jump:** H. K. Lister (Salford A.C.) 21ft. 11½in.; **Javelin:** J. Stendzenieks (Lincoln W.) 218ft. 5in.; **Discus:** A. Jankovski (Lincoln W.) 132ft. 11in.; **Hop, Step & Jump:** J. H. Williams (Achilles) 42ft. 3½in.; **Waddilove Trophy:** 1, Achilles 22 pts.; 2, Lincoln Wellington 14; 3, Poly H. 12; **Grenville Cup:** (Juniors) **80 Yds.:** N. Lindsay (Poly) 8.3; **880 Yds.:** A. Parry (Poly) 2:0.9; **Mile Team:** Manchester A.C.; Ind. E. Ellis (T.V.H.) 4:29; **Relay:** Blackheath H. 45.2; **Javelin:** D. Scott (Poly) 148ft. 8in.; **Grenville Ch. Cup:** 1, Poly H. 14 pts.; 2, Manchester A.C. 12; 3, Blackheath H. and Salford A.C. 6.

Civil Service Championships, Chiswick.—100 Yds.: D. Bareford (L.T.R.), 10.2; **220 Yds.:** D. Bareford (L.T.R.), 23.0; **440 Yds.:** E. Golding (L.T.R.), 53.4; **880 Yds.:** L. Hatt (L.T.R.), 2:1.0; **Mile:** L. Eyre (P.O. Harrogate) 4:26.2; **3 Miles:** J. H. Barry (C. & E.) 14:55.8; **2 Miles Walk:** J. Johnson (M.O.S.); **High Jump:** W. Humphries (E.C.) 5ft. 8in.; **Long Jump:** G. Pallett (H.O.) 21ft. 5in.; **120 Hurdles:** J. Summers (M. of W.) 16.2; **Hop, Step & Jump:** J. Bheneny (P.O. Belfast) 41ft. 3½in.; **Javelin:** T. Barratt (N.G.T.E.) 153ft. 9in.; **Discus:** T. Barratt, 127ft. 9in.; **Shot:** T. Barratt, 43ft. 2½in.; **Relay:** P.O.S. Bank, 3:42.2; **3 Miles Team:** Lond. Tel. G.P.O. **Ladies: 100 Yds.:** J. Upton (M. of L.) 11.8; **High Jump:** B. Lovell (R.A.E.) 4ft. 9in.; **Relay:** R.A.E. Farnborough, 54.6.

British Police Championships, Hampden Park, Glasgow.—100 Yds.: K. Anderson (Liverpool) 10.1; **220 Yds.:** J. McKenzie



Photo by J. C. Howell

A. H. CHIVERS (Reading A.C.) leading the field in the two miles team race at the Blackheath H. meeting at Motspur Park. Belgrave H. and Poly. H. tied for first place and the individual winner was D. G. Wilson in 9:12.6.

(Edinburgh) 22.8; **440 Yds.:** J. Pilkington (Kent) 52.5; **880 Yds.:** J. Kierans (Kent) 1:57.3; **Mile:** A. Pettett (Met.) 4:23.5 (record); **Relay:** R.U.C., 3:46.9; **120 Hurdles:** G. Malkin (Met.) 20.7; **High Jump:** E. Button (Met.) 5ft. 8in.; **Long Jump:** S. Clarke (Met.) 20ft. 8½in.; **Pole Vault:** J. McElinden (R.U.C.) and E. Togue (Met.) 10ft. 6in.; **Weight:** D. McD. Clark (R.U.C.) 42ft. 2½in.; **Hammer:** D. McD. Clark (R.U.C.) 165ft. 7½in.; **Javelin:** D. Jacobs (Met.) 184ft. 8½in.; **Discus:** J. Nesbitt (R.U.C.) 149ft. 4in. (record); **Tug-of-War (Catchweight):** Met. Police; **Tug-of-War (104 st.):** Met. Police. **Women's 80 Yds.:** B. Harris (Met.) 10.7; **Women's Relay:** Met. Police.

Highgate H. Lotinga Challenge Cup Meeting (Juniors), Parliament Hill.—440 Relay: Camb. H. 45.3; **440 Youths Relay:** Highgate H. 47.3; **880 Relay:** Camb. H. 1:38.6; **1½ Miles Relay:** St. Albans, 7:1.2; **Mile Medley Relay:** Highgate H., 3:51.2; **220 Low Hurdles:** R. Hales (Poly) 29.2; **Mile Team Walk:** Highgate H., R. Richards (Camb. H.) 7:25.2; **High Jump:** Poly H., A. Mitchell (Poly) 5ft. 4in.; **Javelin:** Poly H., B. Dodd (St. Albans) 175ft. 9in.; **Pole Vault:** Highgate H., L. East (Highgate) 9ft.; **Discus:** Poly H., A. Hill (Poly) 124ft. 7½in.; **Long Jump:** S.L.H., H. Walter (S.L.H.) 19ft. 9in.; **Shot:** Poly H., A. Davies (Poly) 41ft. 4in. **Lotinga Ch. Cup:** Poly H., 33 pts.

July 28th

Norbury Police Open Meeting.—100 Yds.: R. Dowling (Highgate H.) 8, 9.8; **Mile:** E. Sears (Essex B.) 105, 4:12.8; **440 Junior Relay:** Highgate H., 46.0; **880 Yds. Team Race:** S.L.H.

August 2nd

Dorset County Championships, Fleet Bridge.—220 Yds.: 1, S. Richards (Blandford A.C.); 2, K. Harwood (Poole W.); 3, W. Small (Poole W.) 24.6; **Mile:** 1, S. Bryant (Army); 2, C. Drewett (Poole W.); 3, S. Hargreaves (Poole W.) 4:44.4.

Hazells Club Sports, Aylesbury.—Opens: **100:** J. Turney (Bedford & C.) 8, 10.2; **440 Junior Scratch:** R. Chapman (V. of Aylesbury) 54.6; **880:** G. Lomax (Walton A.C.) 65, 1:53.8; **880 Junior Scratch:** E. Grogan (Mitcham) 2:14.8; **Mile:** C. Bedford (Belgrave) 116, 4:19.4; **Mile Relay:** Finchley H. **Match Events:** **100:** P.C. Nottage (Met. Police) 10.4; **220:** J. Cockle (Finchley) 23.4; **440:** J. Jones (Q.P.H.) 54.5; **880:** J. Hovell (Finchley) (Finchley) 1:59.8; **Mile:** V. May (Northampton & C.) 4:25.1; **Two Miles Team:** C. of Oxford A.C., 10:4.0; **Hazells Trophy:** Finchley H.

August 14th

Central Ordnance Sports, Didecot.—Berks, Bucks & Oxon 1000 Yds. Champ.: 1, K. Kirkpatrick (Oxford C.); 2, F. Lawrence-Corke (Maidenhead); 3, W. Nicholls (Reading A.C.) 2:20.4; **Mile Scratch:** S. Wilkins (Oxford) 4:35.0; **100 H'cp:** Pte. James (R.A.O.C.) 8, 9.5; **880 H'cp:** B. Reeve (Oxford) 76, 1:53.0.

Inter-Counties Match, Ipswich.—100 Yds.: J. Havard (S) 10.6; **220 Yds.:** M. Robinson (S) 24.0; **440 Yds.:** K. Gillingham (S) 53.3; **880 Yds.:** A. Vincent (N) 2:3.5; **Mile:** H. Bennett (S) 4:33.9; **3 Miles:** T. Dent (S) 15:51.9; **2 Miles Walk:** H. Mudge (C) 16:14.6; **Long Jump:** R. Elliott (N) 19ft. 9in.; **High Jump:** P. Stockbridge (C) 5ft. 8in.; **Shot:** R. Howland (C) 41ft. 7in.; **Discus:** G. Smith (C) 112ft. 5in.; **Javelin:** M. Dalrymple (C) 192ft. 4in.; **Result:** Suffolk 55½ pts., Norfolk 43 pts., Cambridgeshire 33½ pts.

Swindon Open Meeting.—100 H'cp: M. Lindsay (Poly) 8, 9.6; **220 H'cp:** M. Lindsay (Poly) 17½, 21.6; **880 H'cp:** G. Pearson (Cov. Godiva) 60, 1:51.6; **3 Miles Team:** Cheltenham St. Gregory's; **100 Women's H'cp:** E. Foster (Lond. Olymp.) 6½, 11; **220 Women's H'cp:** M. Hillier (Lond. Olymp) 21, 25.4; **Relay:** Bromsgrove A. & C.C., 3:34.8; **Women's Relay:** Bristol A.C. 52.2; **2 Miles Walk H'cp:** J. Johnson (Enfield) 290, 14:2.5.

August 21st

Askern (Doncaster) Open Meeting.—100: E. Cooper (Hallamshire) 6, 10.0; **220:** J. Witherington (Doncaster Rly) 16½, 22.8; **880:** L. Daniel (Rowntree's) 79, 1:56.4; **880 Youths:** E. Wood (Rotherham) 19, 2:9.8; **Mile:** F. Bottomley (Harehills) 174, 4:10.1; **2 Miles Walk:** H. Taylor (Sheffield U.) 324, 14:18.8.

British Workers Championships, Hove.—100 Yds.: D. Lane 10.1; **220 Yds.:** D. Milton 24.0; **440 Yds.:** R. Hopkins 54.0; **880 Yds.:** L. Marchant 1:59.4; **Mile:** T. Hosking 4:45.6; **3 Miles:** T. Hosking 15:14.0; **Relay:** Portsmouth & Dist. A.E.U., 3:56.4; **Long Jump:** L. White 17ft. 10in.; **High Jump:** L. Radice

5ft. 3½ in.; **Shot:** T. Thompson 35ft. 5in.; **2 Miles Walk:** A. Staker 14:58.0; **100 Yds. Ladies:** J. Glover 11.9; **220 Yds. Ladies:** J. Glover 28.1.

Ruston-Bucyrus Sports, Lincoln.—100: M. T. Wright (Appleby Frod.) 8½, 9.8; **100 Youths:** G. D. Borrill (Lincoln W.) 9, 10.1; **Lincolnshire Mile Championship:** 1, P. Wray (Lincoln W.); 2, R. Williams (Lincoln W.); 3, G. Wright (Grimsby H.) 4:49.0; **220:** J. Murray (Lincoln W.) 21.1; **880:** E. Murray (Lincoln W.) 77, 1:53.0; **Mile:** F. Bauckham (Lincoln W.) 118, 4:10.0.

August 26th

Walton A.C. beat Nijmegen (Holland) at Nijmegen by 59½ pts. to 54½ pts.—**100 Metres:** L. Lewis (W) 11.3; **200 Metres:** L. Lewis (W) 23.6; **800 Metres:** L. Lewis (W) 2:8.2; **1500 Metres:** J. Moore (W) 4:17.6; **5000 Metres:** P. Goodsell (W) 4:17.6; **Relay:** Walton A.C. 2:2.9; **Long Jump:** Paymans (N) 6.22m.; **High Jump:** Klassen (N) 1.60m.; **Shot:** Meester (N) 11.55m.; **Discus:** Meester (N) 34.18m.; **Javelin:** Esser (N) 37.38m.

British Railways Championships, York.—Two Miles Walk: B. Easton (L.N.E.R.) 15:31.0; **Three Miles:** L. Bettis (G.E.R.) Team, G.E. (Loughton); **Mile:** W. Hebb (L.N.E.R.) 4:33.0; **Relay:** L.N.E. Doncaster 3:47.0; **Tug-of-War:** Wolverton; Held at Swindon 14/8/48; **880 Yds.:** W. Newbitt (Doncaster) 2:3.7; **440 Yds.:** M. Ellis (Doncaster) 54.6.

August 28th

Little Common (Bexhill) 16 Miles Road Race: 1, T. Richards (S.L.H.) 1:33.30; 2, F. Grattan (Macclesfield H.) 1:35.20; 3, L. H. Griffiths (Reading A.C.) 1:37.31; 4, C. H. Ballard (Surrey A.C.) 1:38.06; 5, G. Gosling (Dartford H.); 6, A. A. Robertson (Reading A.C.).

Achilles Club were the first holders of one of two new trophies presented by Hants County A.A.A. when they were competed for at Southampton. Portsmouth Atalanta were winners of the ladies' trophy. **Results.—**

High Jump: J. Rymer (Achilles) 5ft. 9½ in.; **100 Yds.:** J. Fairgrieve (Achilles) 10.2; (2nd Strings): N. McWhirter (Achilles) 10.5; **Discus:** J. D. Lambert (R.M.A.) 114ft. 3½ in.; **880 Yds.:** K. Fraser (Achilles) 2:1.5 sec.; **Javelin:** J. Peel (R.M.A.) 165ft. 3in.; **Three Miles:** G. Wright (Eastleigh) 14:58.2 sec.; **120 Hurdles:** D. O. Finlay (Milocarian) 14.9; **Long Jump:** I. G. Harrison (Milocarian) 20ft. 10½ in.; **440 Yds.:** A. Scott (Achilles) 50.8; (2nd Strings): J. Withers (R.M.A.) 50.3; **Weight:** J. Gilder (Achilles) 40ft. 11½ in.; **220 Yds.:** J. Fairgrieve (Achilles) 23.1; (2nd Strings): N. McWhirter (Achilles) 22.8; **Mile:** T. P. E. Curry (Achilles) 4: 31.8 sec.; **Relay:** Achilles, 3:41.8; **Trophy:** 1, Achilles 131 pts., 2, Royal Military Academy 109 pts.; 3, Milocarian A.C. 82 pts.; 4, Portsmouth A.C. 74 pts.; 5, Southampton A.C. 55 pts.; 6, Eastleigh A.C. 30 pts.; 7, Channel Islands 29 pts. **Women.—100 Yds.:** P. N. Norris

(Salisbury) 12.1; (2nd Strings): D. Ware (Portsmouth) 12.2; **Long Jump:** B. Thomas (WRNS) 15ft. 3in.; **220 Yds.:** L. Chalmers (Portsmouth A.) 26.4; (2nd Strings): D. Engelbreten (Salisbury) 27.9; **High Jump:** M. D. Ring (WAAF) 5ft.; **Relay:** Portsmouth Atalanta 51.7 sec. **Trophy:** 1, Portsmouth Atalanta 54 pts.; 2, Salisbury and District A.C. 52 pts.; 3, W.R.N.S. 30 pts.; 4, W.A.A.F. 27 pts.; 5, Gosport Borough 19 pts.; 6, Eastleigh A.C. 15 pts.

Blackheath H. Open Meeting, Motpur Park.—100: E. Baillie (V.P.H.) 6, 9.8; **High Jump:** E. Achille (Shaftesbury H.) 11in., 6ft. 6in.; **100 Junior:** R. A. Sleigh (Sutton & C.) 6, 10.4; **880:** E. W. Mead (Herne H.H.) 42, 1:52.0; **Weight:** P. Greig (Southall) 10ft., 46ft. 2½ in.; **2 Miles Team:** Poly H. and Belgrave H. ties with 14 pts. each. **Ind.:** D. G. Wilson (Poly) 9:12.6; **880 Junior:** J. J. White (Q.P.H.) 40, 1:57.6; **3 Miles:** W. Spencer (Blackheath H.) 330, 13:59.8; **High Jump Junior:** J. Petters (Unat.) 3in., 5ft. 6in.; **Long Jump:** E. Braithwaite (Essex Beagles) 3ft. 9in., 2ft. 4in.; **2 Miles Walk:** J. Copperwheat (Highgate H.) 180, 13:47.4; **300 Yds.:** P. Robinson (S.L.H.) 22, 29.9; **Mile:** W. Beckett (Hythe S.C.) 4:4.0; **4 x 110 Relay:** Enfield A.C. 44.9.

Stocksbridge Sports.—100 Short Limit: B. Shenton (Doncaster Rly) 1¼, 9.6; **100:** R. Young (Hull H.) 8, 9.8; **220:** L. Bohn (Lincoln W.) 12, 23.0; **880:** F. Evans (Manchester A.C.) 44, 1:55.0; **880 Youths:** G. Kitson (Halifax H.) 70, 2:2.4; **Mile:** J. Morris (Manchester A.C.) 163, 4:13.2; **2 Miles Junior:** R. Wood (Rotherham H.) 130, 9:57.0; **2 Miles Walk:** J. Proctor (Sheffield U.H.) 235, 14:1.8; **3½ Miles Steeplechase:** T. Harrison (Salford H.) 2.50, 19:26.0; **High Jump:** K. Lockwood (Doncaster Rly) 8in., 6ft. 2in.; **2 Miles Team:** Harehills H. 7 pts., **Ind.:** L. Eyre (Harehills) 9:54.0; **100 Women:** E. Platts (Thurnscoe) 9, 11.0; **880 Women:** M. Warburton (Sheffield U.) 69, 2:20.2.

Sept. 4th

London A.A. Championships, Parliament Hill.—Seniors: 100 D. Bareford (N.E.) 10.3; **880:** L. Marchant (S.E.) 1:57.2; **Weight:** B. Collins (S.E.) 38ft. 11½ in.; **2 Miles Walk:** E. Staker (N.W.) 14:56.0; **440:** G. Duffy (N.W.) 50.8; **Long Jump:** L. Wills (N.E.) 20ft. 10½ in.; **120 Hurdles:** J. Summers (S.E.) 16.3; **3 Miles:** T. Rowe (N.E.) 15:7.4; **220:** D. Bareford (N.E.) 22.9; **High Jump:** S. Freeman (N.W.) 5ft. 9in.; **Mile:** E. Sears (S.E.) 4:23.8; **Tug-of-War:** Catford Police. **Juniors:** 100: C. Gibson (S.E.) 10.7; **High Jump:** P. Bernard (N.W.) 5ft. 7in.; **Mile:** R. Coman (S.W.) 4:38.2; **120 Hurdles:** J. Cave (S.W.) 15.8; **440:** A. Mills (S.E.) 54.2; **Long Jump:** P. Bernard (N.W.) 21ft. 3in.; **880:** P. Wood (N.W.) 2:5.5; **Women:** 100: M. Walker (N.W.) 11.6; **Long Jump:** J. Desforges (N.W.) 16ft. 1in.; **High Jump:** S. Alexander (S.W.) 5ft. 2in.; **220:** M. Walker (N.W.) 26.2; **80 M. Hurdles:** J. Upton (N.W.) 12.2.

Edinburgh Highland Games

100 Yds.: 1, R. Kirkwood (Edin. Northern) 10; 2, W. Clouston (Edin. Northern) 10½; 3, I. Ferguson (Edin. Northern) 10; 9.9 secs. **880 Yds.:** 1, J. S. Petty (St. Modans A.A.C.) 26; 2, R. Pearson (Edin. S.H.) 33; 3, J. Hamilton (Edinburgh) 33; 1 min. 55.8sec.

80 M. Hurdles: 1, M. Gardner (Oxford L.A.C.); 2, Q. Shivas (Aberdeen Univ.); 3, S. Linham (Ardeer Rec. Club). **International Relay:** 1, A.A.A. (Lewis, Roberts, Anderson, Parlett); 2, Sotish A.A.A. (B. McKenzie, D. McKenzie, G. McDonald, J. Smart); 3, A.A.U. of E. and N.C.A.A.A. **High Jump:** 1, Prince Adedoyin (Queens U.) 1, 6ft. 3in.; 2, D. T. McNeil (Muss. R.C.). **Shot:** 1, T. P. McGlashen (Royal H.S.) 8' 3", 48ft. 5½in.; 2, D. McD. Clark (R.U.C.) 5' 3", 47ft. 6½in.; 3, J. Giles (A.A.A.) 6", 46ft. 9½in. **5000 Metres Scratch:** 1, A. Forbes (Vic. Pk.) 15 min. 39 sec.; 2, A. McLean (Vic. Pk.) 15 min. 39 sec.; 2, A. McLean (Vic. Pk.) 15 min. 39 sec.; 2, A. McLean (Vic. Pk.) 15 min. 39 sec. **Mile:** J. J. Barry, Scr.

Surrey County Youths Championships, Tooting.—100: A Gronow (Dorking St. P.) 11.0; 220: D. Marshall (Whitgift) 25.0; 880: L. Laws (Epsom H.) 2:15.2; **Mile:** M. Spearman (Belgrave H.) 4:43.6; **Mile Walk:** B. Shepherd (Walton) 8:14.0; **110 Hurdles:** T. Clarke (St. John Fisher's) 15.0; **Long Jump:** G. Broad (Herne H.H.) 19ft. 7½in.; **High Jump:** G. Broad (H.H.H.) 5ft. 5in.; **Pole Vault:** G. Broad (H.H.H.) 10ft.; **Weight:** T. Gathercole (Mitcham) 42ft. 10½in.; **Discus:** T. Gathercole (Mitcham) 127ft. 2in.; **Javelin:** R. Freeman (Herne H.H.) 147ft. 2in.

Gloucester Constabulary Sports.—100: G. Whitson (Newport H.) 9, 9.7; **100 Women:** A. Williamson (St. Gregory's) 6, 11.4; **100 Junior:** G. Whitson (Newport H.) 4, 10.3; **880:** J. Woodman (Swindon) 60, 1:54.0; **High Jump:** K. Hipwood (Bristol A.C.) 10in., 6ft. 0½in.; **440 Women:** P. Lawrence (Westbury) 28, 58.6; **220:** E. Taylor (Bristol Aero) 20, 22.5; **Mile:** E. Woodman (Swindon) 150, 4:13.0.

Sept. 4th

London Federation of Deaf Clubs Championships, Drayton Green.—**Pole V.:** F. Gardner (Clapham) 10ft.; **Javelin:** J. Clarke (W. London) 129ft. 6in.; **880:** G. Jones (Croydon) 2:16.0; **220 Women:** C. Godfrey; **High Jump:** F. Gardner (Clapham) 5ft. 2½in.; **100 Women:** C. Bicknell; **Mile:** G. Jones (Croydon) 5:9.3; **High Jump Women:** C. Bicknell; **Discus:** R. Heather (W. London) 99ft. 5½in.; **440:** R. Heather (W. London) 63.7; **100:** T. Kisby (Clapham) 11.0; **Tug-of-War:** Deptford beat Clapham 2-0; **4 x 110 Relay:** Clapham 50.9; **Long Jump:** F. Gardner (Clapham) 18ft. 4½in.; **Long Jump Women:** E. Cheriton; **Medley Race:** W. London 4:24.2.

Long Eaton Carnival Sports.—100: F. Evans (Mansfield H.) 9½, 9.8; **100 Youths:** M. Wright (Appleby F.) 6½, 10.0; **100**

Women: J. Fielding (Sheffield U.H.) 8½, 11.5; **440:** G. Thirby (Leicester H.) 33, 48.2; **220 Women:** M. Warburton (Sheffield U.H.) 15, 24.7; **Mile:** R. Wilby (Derby C.A.C.) 143, 4:9.3; **Mile Youths:** P. Hutchinson (Newark) 41.0; **4:23.4;** **2 Miles Team:** Birchfield H. Ind.: M. White (Birchfield H.) 9:47.4.

Sept. 11th

Veterans A.C. Championships.—100 (40-55): G. Pallett 10.7; **100 (over 55):** S. Robertson 12.8; **2 Miles:** C. T. Carter 10:15.0; **10 Miles Road:** H. Footer 59:0.0; **5 Miles Road Walk:** A. East 40:2.0; **2 Miles Walk:** A. East 15:59.0; **High Jump:** G. Pallett 5ft. 3in.; **Long Jump:** G. Pallett 20ft.

Sept. 18th

Midland Counties beat R.A.F. by 69 pts. to 55 pts. at Edgbaston. High Jump: R. Collett (Leicester C.A.T.) 5ft. 10in.; **Discus:** T. Barratt (Power Jets) 127ft. 5in.; **100:** S. Laing (R.A.F.) 10.1; **Javelin:** A/C Swaisland (R.A.F.) 176ft. 1in.; **880:** E. C. Nicholls (Bromsgrove A.C.) 2:1.5; **Pole Vault:** F/O Redpath (R.A.F.) 11ft. 6in.; **3 Miles:** F. Green (Birchfield H.) 15:18.6; **220:** S. Laing (R.A.F.) 22.5; **Long Jump:** J. Wright (Birchfield H.) 21ft. 4½in.; **120 Hurdles:** L.A.C. Jarvis 16.7; **Mile:** W. T. Hawkey (Bromsgrove A.C.) 4:32.8; **440:** A/C T. L. Higgins (R.A.F.) 50.4; **Weight:** T. Barratt (Power Jets) 41ft. 9½in.; **Medley Relay (4 laps):** Midland Counties beat R.A.F. in 2:49.8.

Britannia Shield 4½ miles cross-country race at Halton.—1, Ben Ahmed Labadi (France) 26:0.0; 2, Lt. Gailly (Belgium) 26:6.0; 3, Capt. Ben Said Abdallah (France) 26:20.0; **Teams:** 1, France 17 pts.; 2, Belgium 33 pts.; 3, Norway 42 pts.; 4, R.A.F. 45 pts.; 5, Netherlands 99 pts.

Sept. 11th

Scottish Marathon Championship, Perth.—1, C. D. Robertson (Dundee Thistle) 2:45.12; 2, J. E. Farrell (Maryhill H.) 2:48.34; 3, R. Syme (Edinburgh Southern) 2:48.54; 4, G. Taylor (Maryhill H.) 2:51.13; 5, G. Porteous (Maryhill H.) 2:54.11; 6, E. Farrell (Garscube H.) 2:55.03.

North beat South of the Thames at Parliament Hill, by 57 pts. to 46.—100 J. Wilkinson (S) 10.4; **220:** N. McWhirter (N) 22.8; **440:** R. Morley (N) 53.8; **880:** G. Nankeville (S) 1:56.5; **Mile:** L. Marchant (S) 4:23.8; **Relay:** North 3:45.02; **Long Jump:** L. Wise (N) 20ft. 7in.; **High Jump:** P. Wells (N) 5ft. 10in.; **Weight:** S. Jones (S) 37ft. 1in.; **Discus:** D. Grigg (S) 127ft. 1in.; **Javelin:** W. Wall (N) 168ft. 10in.

Army Cadet Force Championships, Aldershot.—100: B. Boundy (Devon) 10.9; **220:** A. Derry (E. Riding) 23.9; **440:** P. Supple (C. of London) 53.5 (record); **880:** D. Honey (Devon) 2:9.3 (record); **Mile:** W. Hesketh (E. Lancs.) 4:35.6 (record); **120 Hurdles:** D. Byron (C. of London) 17.0; **¾ Mile Relay:** County of London 2:39.9 (record); **High Jump:** J. Bellenger (Surrey) 5ft. 4in.; **Long Jump:** B. Levy (C. of London) 20ft. 4in.; **Championship:** County of London 34 pts.

ENGLISH CROSS-COUNTRY UNION A.G.M.

It was agreed at the annual general meeting of the English Cross Country Union, which was held at Manchester on Saturday, Sept. 18th, that the English cross-country championships, senior, junior and youths, should be decided at Bromford Bridge Racecourse, Birmingham, on Saturday, March 12th, 1949. It was also announced that the International cross-country championship will be held on Dublin racecourse, Eire, on Saturday, March 26th, 1949.

Officials of the Union elected at the meeting included Mr. H. Phipps (Rugby) as President and Hon. Treasurer, and Mr. L. N. Richardson, who was re-elected as Hon. Secretary.

A trophy was presented to the Union by the Sheffield Association to be awarded annually for the Youths' Championship.

Tommy Richards will not now be going to Helsinki. His many friends will be sorry to learn that he is ill with suspected pleurisy.

G. Tosi set up a new Italian record for the discus at Perugia with 179ft. 8½in., beating Consolini's record of 177ft. 11in., made in 1946.



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BOOKS RECEIVED

Play the Game No. 2.—"Athletics" by **Jack Crump**, with a foreword by H. M. Abrahams, one of the Sporting Record series published at one shilling (1/3 post free from 184, Fleet St., E.C.4). The main criticism of Jack Crump as an athletics adviser is that he had no lengthy career as an active athlete. Nevertheless, he has, through his close association with the sport over the past 20 years, gained an extensive knowledge of the many aspects of the sport and the various problems which confront the athlete, particularly during the initial stages of his career. The purpose of this book is "to interest the younger generation in athletics," and I am sure that it will not fail in its purpose. It goes beyond this, however, and contains so much valuable information for the beginner that I recommend everyone thinking of taking up any branch of athletics to get this little booklet and study it. They will avoid many of the pitfalls which beset the uninitiated and it will help to set them on the right road to enjoy many happy years in the sport.

Photo Guide No. 24.—"Sport & Games," published by The Focal Press, 31 Fitzroy Square, London, W. at 1/6. This little book by Lancelot Vining is an invaluable text-book for the amateur, and even the professional, sports photographer. Well illustrated with photographs from various sports.

Fixture List**October**

23 Thames H. & H. v. Oxford U., Roehampton.

November

6 S. of the Thames Jn. Team Race, Farningham.

6 Sidney Taylor Memorial Rd. Relay, Chelmsford.

6 Q.P.H. Liddiard Mem. Trophy Race, Eastcott.

20 Midland Counties Everill Cup Race.

20 N. of the Thames Jun. Team Race.

27 Midland Counties v. Universities A.U.

December

4 Shaftesbury H. Fraternity Cup Race, Finchley.

11 Mid. Youths' Champ. & Invitation Coun. Race.

11 Oxford Univ. v. Camb. Univ., Roehampton.

11 Bexhill A.C. Open Road Relay.

11 British Workers' S.A. Championship, Kingston.

January

1 County Championships.

15 Inter-Counties Championship.

22 Thames H. & H. v. Camb. Un., Roehampton.

29 Sussex v. Hants, Brighton.

February

5 Midland Counties 7 Miles Championship.

12 S. of the Thames Championship, Horsham.

12 N. of the Thames Championship.

12 N.E. Counties Championship.

12 E. Lanes., Championship.

12 W. Lanes., Championship.

26 Southern Counties Championship, Sandhurst.

26 Midland Counties Championship.

26 Northern Counties Championship, York.

March

5 N. London C.C.A. 5 Miles Team Race.

12 English C.C.U. Champs., West Bromwich.

19 Ilford Road Relay.

26 International C.C. Championship, Dublin.

26 Thames Valley H. Road Relay, Cranford.

April

2 Brighton Road Relay.

2 Ilford Ladies' Road Relay.

9 Watford H. Road Relay.

16 Worthing & D.H. Road Relay.

July

15-16 A.A.A. Championships.

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