

a **weekly**

athletics

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

★ Britain v. Finland (Men)
and Rumania (Women)

★ A Memorable Trip
—by Bob Adams

★ Adapting to Difficulties
by Denis Watts

★ Greater London Women's
C.C. League



1/6

BOB HOLT takes
over from MIKE
BEEVOR for
Hercules-Wimbledon
on the last leg of the
Walton Road Relay.

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SCOTTISH NEWS

LAW WIN McANDREW TROPHY ROAD RELAY

October 4th

LAW & DISTRICT won this promotion organised by Victoria AAC, from an entry of 74 teams and 33 clubs. Andy Brown finished close up with the leaders on the first stage, and Ian McCafferty took them out in front with a 13.39 stint, though Lachie Stewart was faster still (13.27) in moving Shettleston up from sixth to second some 100y behind. Alex Brown kept Law out of danger and David Simpson was little troubled on the final stage. Two unfortunate incidents concerned Colin Falconer (Forth) who finished the first leg in 13.57 but found no one to take over and Eddie Knox of Springburn, who missed the start by two minutes and put his club completely out of the running.

Willie Diverty.

1, Law AC (A. Brown 14.14, I. McCafferty 13.39, A. Brown 13.59, D. Simpson 14.47) 56.39.

2, Shettleston H (J. Broly 14.46, L. Stewart 13.27, H. Summerhill 14.44, W. Scally 14.22) 57.19.

3, Victoria Park AAC (J. Reilly 15.01, J. Crawford 14.33, P. MacLagan 14.07, A. Johnstone 13.51) 57.31.

4, Edinburgh Southern 57.55; 5, Edinburgh AC 58.04; 6, Clydesdale 59.08; 7, Strathclyde Un. 59.15; 8, Garscube 59.40; 9, Edinburgh SH 'B' 59.49; 10, Cambuslang 60.08. **Fastest:** L. Stewart 13.27, McCafferty 13.39, Johnstone 13.51, J. Wight (Edin) 13.52.

Results Round-up

University College Cross Country Relay at Parliament Hill, Oct. 11th: 1, Birmingham Univ. 47.17; 2, Borough Road College 48.15; 3, Loughborough Colleges 48.42. **Fastest:** M. Thomas (Birm) 7.41, A. Holden (Birm) 7.43, J. Lane (S'ton Un) 7.45.

Eastern Counties 28, Cambridge Un. 58 at Cambridge; Oct. 11th: 1eq, Gra. & Gren. Tuck (EC) 34.43; 3, R. Brewitt (EC) 35.00.

South East Essex League, at Colchester, Oct. 11th: 1, M. Batty (Thurr) 25.01; 2, D. Horsup (Thurr) 25.21; 3, M. Hobbs (Bas) 25.24. **Teams:** 1, Hadleigh Oly. 60; 2, Thurrock 95; 3, Colchester 98.

* * *

It is with regret that Bexley AC announce that this year's Bexley road relay, scheduled for December, has had to be cancelled due to lack of support.

WARLEY BOROUGH LEAGUE

At Oldbury, October 8th

1. Kinsella (Birmingham Cty Police) 18.31
2. Mills (Wanderers) 18.46
3. Denton (Wanderers) 18.48
- 4, Barnes (Cov. Pol) 19.03; 5, McClellan (RAF Staff) 19.20; 6, McWhirter (Wan) 20.02; 7, Brothers (RAF St) 20.06; 8, Robinson (Hal C) 20.10; 9, Scrivener (BCP) 2.17; 10, Brown (West Mid Pol) 20.35; 11, Yates (Merc) 20.36; 12, Matthews (Merc) 20.37; 13, Snelgrove 20.40; 14, Hughes (Merc) 20.42; 15, Estick (Cov. P) 20.44; 16, Elwell (W.Mid Pol) 20.45; 17, Kendall (W.MP) 20.47; 18, Ahearne (RAF) 20.50; 19, Boyce (Wan) 2.55; 20, Harris (Cov.P) 20.58; 21, Moore (RAF) 21.01; 22, Pickering (Merc) 21.02; 23, Boswell (WMP) 21.03; 24, Day (Hal Col) 21.10; 25, Hunter (Merc) 21.11. **Teams:** 1, RAF Stafford 93; 2, Mercian Depot 120; 3, West Midland Police 146; 4, Coventry/Warks. Police 152; 5, Wanderers 165; 6, Birmingham City Pol. 178.

The Borough of Warley Parks Department is experimenting with providing floodlit training facilities on Monday evenings at Oldbury Sports Centre, Newbury Lane, Oldbury, for an initial period of six weeks when the situation will be reviewed by the Council. All athletes are welcome.

OFFICERS ELECTED

Elected at the AGM of the Welsh AAA at Carmarthen on October 4th: President, Arthur Williams, MBE; Secretary, Bernard Baldwin, Picton Villa, Mountain Ash, Glam.; Treasurer, Alan Radford; Ass. Secretary, Roy Price; Delegate to the BAAB, Ted Hopkins. The association decided to add a chairman to its list of officers and to elect a Team Selection Committee.

Elected at the AGM of the Welsh Cross Country Association at Port Talbot on October 10th: President, Ted Hopkins; Secretary, G. Fraser, 89, Court Road, Barry, Glam.; Treasurer, D. Lakin. At this meeting it was decided that this year's Welsh 6M cross country championship, to be held on November 29th, will not be open.

The new secretary of Norfolk Gazelles is B. R. Boardley of 191 St. Peters Street, Lowestoft, Suffolk.

KETTERING TOWN HARRIERS ANNUAL CHARITY CUP RACE

7 Miles at Wicksteed Park, Kettering

NOVEMBER 15th, 1969, at 3 p.m.

Trophy and medals to winning team. Prizes 1st, 2nd, 3rd individuals. One team per club, 12 to run, 6 to score.

YOUTHS 3 MILES AT 2.30 p.m.

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Cover photo by Ron Linstead

ATHLETICS WEEKLY

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January 1st—December 31st, 1968

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THE WEEK AHEAD

Saturday, October 18th: Surrey AC Open Cross Country Relay at Kingston; Belgrave H. Youths Road Relay at Wimbledon; Dudley to Bridgnorth & Back Road Relay from Warley; Hadleigh Olympiads Senior Road Relay at Hadleigh; Walton "10"; Southend AC Youths and Boys Road Relays; Southern Women's Road Relay at Barnet; London Colleges League Cross Country at Parliament Hill; Ranelagh v. Oxford University v. SLH v. Ealing & Southall v. Epsom & Ewell v. Hillingdon at Petersham.

Sunday, October 19th: Swindon AC Ridgeway Relay; BMC Mass Training Rally at Basildon (10.00 a.m. start, bring 2/6 entrance fee).

MEDWAY A.C. WOMEN'S

OPEN ROAD RELAYS

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Wooldeys Road, Rainham, Kent, by Monday,
November 10th.**

Great Season By Our Women

Great Britain v. Finland v. Rumania

WHAT a memorable season this has been for British women's athletics. By defeating Rumania 71-62 at Crystal Palace last week, the British girls' team scored its fifth win in five matches this year—the earlier victims having been Czechoslovakia, the USA, France and West Germany. It was the team's sixth consecutive victory, and one has to go back to the mid-fifties for a similar run of success. In a men's match held simultaneously Britain beat Finland 118-93, the visitors supplying only one track winner but taking six of the eight field events. Conditions were good, both nights being windless and pleasantly cool, but the attendance was scandalously low: just 880 paying customers on the Wednesday and 1181 on the Thursday plus a few hundred school-children let in free each night.

Mel Watman Reporting

The two most meritorious performances in the women's match came from British girls in events where Rumanians started favourites: Moira Walls outjumped Olympic champion and world record holder Viorica Viscopoleanu, and Pat Lowe drew well away in the 800m from Olympic silver medalist Ileana Silai.

Moira Walls, a 17-year-old schoolgirl from Glasgow, completed a momentous season during which she has been transformed from a promising intermediate (best of 5.68/18'7½" last year) to a jumper of world class. Her record in previous international match appearances had been outstanding—second against the USA and France,

At Crystal Palace, October 8th/9th

first against West Germany—but never in her wildest dreams did she think she could topple the great Rumanian. Indeed, she only came into the team as a replacement for Sheila Sherwood a few days before the meeting.

The loose limbed Scots girl, a 1.72/5'8" high jumper as well as being a hurdler and pentathlete of note, opened with 6.09/19'11½", a centimetre behind Maureen Barton, but exploded into a long lead with a second round leap of 6.33/20'9½". While Viscopoleanu was unable to better 6.21/20'4½" Moira stretched out to a windless personal best of 6.36/20'10½" in the fourth round and 6.30/20'8" in the last; in all, five of her jumps were at least as good as the Olympic champion's best of the evening. The memory of such an outstanding victory should help sustain Moira through the months of winter training that lie ahead, preparations that might well lead to success before her home crowd in Edinburgh next summer.

Pat Lowe, too, has enjoyed a marvellous season, losing at 800m only to Maryvonne Dupureur apart from her sixth place in Athens—and who can quibble when a girl runs within a few tenths of her best with 2:03.4—not to mention her superlative relay contributions. On this occasion she was faced by Silai, who had beaten her both in Mexico and Athens and whose fastest time of 2:02.8 has been bettered by only three Europeans ever: Vera Nikolic, Ann Packer and Lillian Board.

Silai's tactics were to run the legs off Pat but they misfired to the extent that Silai herself became the victim of the extraordinary early pace. She ticked off the first 200m in 28.2 and reached



Into the last bend in the European women's 800m final go Vera Nikolic (313), Ileana Silai (248), Lillian Board (98), Pat Lowe (hidden) and Barbara Wieck.

Peter Tempest

400m in a daring 57.7, with Pat a couple of yards behind and Joan Page, though a dozen yards adrift, also under the minute. Offhand, the only faster first laps I can recall are a 57.1 by Doris Brown in the 1967 USA v. Commonwealth match (with Madeline Manning showing 57.2, Jarvis Scott and Judy Pollock 57.3 in a race won by Manning in 2:01.6) and a reputed sub-57 effort by Sin Kim Dan in a 2:04.6 race in Moscow the same year.

Pat Lowe was on Silai's heels as 600m was passed in 89.8 and went by 80m from the finish. Silai stumbled at that precise moment but it was an accident: there was no deliberate contact between the two girls. Anyway, Pat raced away to a handsome victory in 2:03.2, her best of the year. Good running also by an isolated Joan Page.

The previous night Pat had shared in a UK all-comers record in the 4x400m relay. Although there was no opposition the girls averaged only a shade over 54 sec per leg: Rosemary Stirling 54.5, Jenny Pawsey 54.8, Pat 53.8 and Janet Simpson 53.1. In the individual 400m Marilyn Neufville, making her international debut at this distance at the age of 16, loped around the first 200m before breaking loose over the second half of the race for a profoundly impressive win in 54.2, a personal best. What a future could be in store for her. Jenny Pawsey, in what she says is the last race of her career, placed third.

Val Peat and Anita Neil shone in the sprint department, though Val's 100m win was somewhat controversial as a consequence of what was probably a flier. Certainly it was a ragged start and one doesn't normally expect to see Anita well down on Val in the early stages. Unhappily, Val started off prematurely on the final leg in the relay and by the time Sheila Cooper had transmitted the baton she was beyond the zone and Britain forfeited five points. For a while it looked as though this lapse from grace might cost the team dearly but the high jumpers came through with a maximum to restore the situation. This partnership between Barbara Inkpen and Dorothy Shirley has been one of the successes of the year: their tally, 32 points out of 32.

Chris Perera and Sue Hayward finished one-two in the hurdles but Rumania countered in the discus (where Rosemary Payne was only four inches

below her UK record) and javelin, and also won top honours in the shot and 1500m. In the latter event Viorica Gabor set a personal best of 4:25.9 (67.8 400m, 2:24.0 800m, 3:35.6 1200m) ahead of Jane Perry, whose 4:27.2 in her international debut was only 2 sec. outside her fastest.

The two most stirring British performances in the men's encounter came from Andy Todd and Walter Wilkinson, both of whom ran faster than ever before. Todd had not anticipated anything extra special since he had trained only three times during the previous ten days and had been busy flat hunting at the start of college term. He had wanted to try striding 13's to the fourth hurdle and 14's to the sixth but as he felt while warming up that he was not going too well he opted instead for his usual pattern of 14's to the fifth. Running at full throttle along the back straight he touched down from the 5th hurdle in 21.7—six tenths faster than his previous best—and showing no obvious strain finished in a superb 49.9 for equal third (with John Sherwood) on the European list this year. It was a perfect ending to a season which has surpassed even the most optimistic expectations. Heroic running (but rather ragged hurdling) also from Todd's clubmate Dave Scharer, an athlete of Peter Warden dimensions and tenacity. He hacked no less than six-tenths from his personal record with 51.3 for second place in the race and third on the UK year list.

Wilkinson, a runner of proven ability who has been consistently unlucky over the past seasons in missing out on the major occasions, ran the race of his life. The full extent of his talent, only glimpsed in the past, was revealed at last as he struck out alone over the final two and a half laps. Following Ray Roseman's opening 400m in 59.0, Wilkinson covered the second lap in 58.6 and the third in 59.0. Over 40 metres clear, he ran the final 300m in 44.6 for a total time of 3:41.2. It has been a long time since I saw a British miler run from the front with such verve. Roseman, recalled to international duty after a gap of six years, held on grimly for second place.

Twenty-four hours later Wilkinson showed his paces again, with equally splendid results. True, he lost to Francesco Arese, but that is no disgrace because the Italian—in spite of his lapse in Athens when nerves destroyed his chances—must be ranked among the leading half dozen 1500m runners in the world. Wilkinson, however, finished an excellent second ahead of 3:56 performer Andre de Hertoghe in a lifetime best of 3:58.3. "Wilky" repeated his new tactics, moving ahead on the second lap and forcing the pace until overtaken by Arese 60y out. Quarter times: 60.4, 60.4, 60.0, 57.0.

In most of the track events the British athletes were in a class above their rivals and maximum points were achieved in all except the 200m and steeplechase. Of particular note were the victories of clubmates Roger Walters and Phil Lewis. Walters followed up his 200m success (in his international debut) in Hamburg with another scintillating dash along the straight—beating 20.9 performer Ossi Karttunen; while Lewis (19) opened his international match career with a fine victory

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Blackheath's Tony Wadhams (25) won the triple jump against Finland with 15.78/51'9¼". In Athens Tony leapt a windy 16.49/54'1¼" during the qualifying rounds.

Tony Duffy/All-Sport-Foto

over John Boulter after leading throughout the last 500m. Trevor Wright, in the 10,000m, notched his third international win of the season with a cracking run. Alone, he clocked 4:19.2 over the last 1600m and only just missed his personal best.

One of the most exciting races was the high hurdles where the Hemery/Pascoe rivalry, which has been such a notable feature of the British athletics scene, concluded for the season with the same result as in all previous clashes . . . but Dave was pushed harder than ever before by Alan. Hemery knocked down one hurdle and touched another but narrowly prevailed in 14.2 against a 2m/sec wind.

More thrilling still was the battle for third place in the steeplechase. With ex-world record holder (at 8.24.2) Jouko Kuha outsprinting a weary but game Gerry Stevens attention switched to the battle between the other two runners. Andy Holden who had fallen in the water jump with some 950m to go, was some 15 yards down on Hannu Partanen (best time of 8:46.4) at the bell but with a display of sheer determination that underlines once again the exceptional competitive qualities of this young man Holden just got the better of his staunch rival after a neck and neck struggle along the entire finishing straight. It was Holden's first defeat in three international match races but what an heroic way to lose.

The other side of the coin was seen in the field events: only two British winners in Alan Lerwill and Tony Wadhams. Lerwill added quarter of an inch to his best legal jump with 7.65/25'1¼" and fouled one of several inches farther, while Wadhams brought his season's points total to 26 points out of 30. Bill Tancred did well in the discus to place second ahead of 58.73/192'8" performer Risto Myyra. Bang up to form too were Nigel Sherlock (what an international competitor he is!) and Barry Williams, much closer than usual to a slightly below par Howard Payne. Highlight in the field: world record holder Jorma

Kinnunen's javelin throw of 84.42/277'0", less than a metre below Janis Lusi's all-comers record.

FIRST DAY, OCTOBER 8th

100m: (— 1.2m) 1, Ron Jones 10.8; 2, Barrie Kelly 10.8; 3, Ossi Karttunen 10.9; 4, Jarkko Tapola 11.3.

400m: 1, John Robertson 46.8; 2, Ralph Bantorpe 47.2; 3, Markku Kukkoaho 48.3; 4, Juhani Kotikoski 50.0.

800m: (55.0) 1, Philip Lewis 1:50.3; 2, John Boulter 1:50.8; 3, Raimo Karsikas 1:52.3; 4, Aimo Mehtonen 1:55.3.

1500m: (59.0, 1:57.6, 2:56.6) 1, Walter Wilkinson 3:41.2; 2, Rayfel Roseman 3:47.4; 3, Matti Tuura 3:47.7; 4, Juha Vaatainen 3:54.0.

5000m: (2:50.0, 5:40.6, 8:32.4, 11:20.0) 1, Alan Blinston 14:09.8; 2, Michael Baxter 14:09.8; 3, Lasse Viren 14:10.8; 4, Reino Ahvenainen 14:42.8.

110mH: (— 2.0m) 1, David Hemery 14.2; 2, Alan Pascoe 14.2; 3, Matti Harri 14.8; 4, Antti Lanamarki 15.6.

4x100m: 1, Great Britain (Ian Green, Ron Jones, David Dear, Barrie Kelly) 40.6; 2, Finland (Jorma Ehtstrom, Raimo Vilen, Jarkko Tapola, Ossi Karttunen) 42.0.

High Jump: 1, Reijo Vahala 2.03/6'8" (1.95, 2.03 first, failed 2.07); 2, Arro Alarotu 2.03 (1.99 first, 2.03 second, failed 2.07); 3, Mike Campbell 1.99/6'6¼" (1.85 first, 1.95 second, 1.99 third, failed 2.03); 4, Crawford Fairbrother 1.95/6'5" (1.85, 1.90, 1.95 first, failed 1.99).

Long Jump: Alan Lerwill 7.65/25'1¼" (7.65, 7.53, 7.51, 7.46, NJ, NJ); 2, Antti Murtolahti 7.50/24'7¼" (7.36, 7.30, 7.33, 7.38, 7.50, 7.46); 3, Hannu Kyosola 7.08/23'2¼" (7.08, NJ, 6.75, 6.94, NJ, NJ); 4, Peter Hudson 6.97/22'10¼" (6.76, 6.97, 6.79, 6.95, 6.96, 6.79).

Discus: 1, Pentti Kahma 55.60/182'8" (53.38, 54.56, NT, 53.72, 55.68, NT); 2, Bill Tancred 54.32/178'2" (52.24, 54.32, 51.12, 51.94, NT, 50.90); 3, Myrra Risto 54.26/178'0" (NT, 51.32, 53.22, NT,

53.96, 54.26); 4, Mike Cushion 50.02/164'1" (49.04, 48.86, 49.26, 48.88, 50.02, NT).

Hammer: 1, Kauko Harlos 65.24/214'0" (NT, 62.98, 65.24, NT, 63.18, 63.10); 2, Howard Payne 64.80/212'7" (NT, 64.80, 62.66, NT, 63.62, 63.24); 3, Barry Williams 63.56/208'6" (NT, 63.56, NT, 62.68, NT, NT); 4, Raimo Savinainen 63.26/207'6" (62.10, 63.26, 61.88, 62.28, 61.26, 62.64).

Great Britain 71, Finland 46

WOMEN

200m: (Nil) 1, Valerie Peat 24.0; 2, Marianna Goth 24.3; 3, Sheila Cooper 25.1; 4, Iora Petrescu 25.7.

1500m: (67.8, 2:24.0, 3:35.6) 1, Viorica Gabor 4:25.9; 2, Jane Perry 4:27.2; 3, Maria Linca 4:34.2; 4, Marie Herron 4:42.2.

100mH: (—1.1m): 1, Christine Perera 14.3; 2, Susan Hayward 14.4; 3, Alexandra Anghelescu 14.6; 4, Viorica Enescu 15.5.

4x400m: 1, Great Britain (Rosemary Stirling 54.5, Jenny Pawsey 54.8, Pat Lowe 53.8, Janet Simpson 53.1) 3:36.2 (UK All-Comers' rec); 2, Rumania (R. Fita, Ann-Maria Iakab, Marianna Filip, Ileana Silai) 3:45.0.

Long Jump: 1, Moira Walls 6.36/20'10½" (6.09, 6.33, 6.21, 6.36, 6.24, 6.30); 2, Viorica Viscopoleanu 6.21/20'4½" (5.99, 6.13, 6.21, 6.21, NJ, 6.14); 3, Maureen Barton 6.10/20'0½" (6.10, 6.08, 6.09, 6.07, 5.92, 5.84); 4, Elena Vintila 5.96/19'6½" (5.88, 5.96, 5.86, 5.96, NJ, 5.96).

Shot: 1, Ana Salagean 15.04/49'4½" (14.93, 14.93, 15.04, 14.88, 14.96, 14.99); 2, Brenda Bedford 14.81/48'7" (13.81, 14.81, 14.27, 14.24, 14.33, 14.76); 3, Lia Manoliu 14.42/47'7½" (13.94, 14.15, 14.42, 13.89, 14.09, NP); 4, Gay Porter 12.69/41'7½" (12.69, 12.18, 12.17, NP, 12.32, 12.23).

Javelin: 1, Serafina Moritz 50.52/165'9" (48.24, 48.06, 48.54, 45.32, 47.24, 50.52); 2, Elisabeth Prodan 45.98/150'10" (43.68, NT, NT, NT, NT, 45.98); 3, Averil Williams 42.64/139'11" (42.64, 41.22, 40.56, 39.38, NT, 36.80); 4, Prudence French 37.92/124'5" (37.92, 33.30, 37.44, 35.62, DNT, DNT).

Great Britain 48, Rumania 35

SECOND DAY (October 9th)

200m: (nil) 1, Roger Walters 21.3; 2, Ossi Karttunen 21.4; 3, David Dear 21.5; 4, Markku Kukkoaho 22.1.

10,000m: (5:41.6, 8:34.2, 14:21.8) 1, Trevor Wright 28:37.8 (27:45.0 at 6M); 2, Bob Richardson 29:02.4; 3, Rauno Mattila 29:27.8; 4, Seppo Tuominen 29:59.6.

3000mSC: 1, Juoko Kuha 8:37.2; 2, Gerry Stevens 8:40.0; 3, Andy Holden 8:53.2; 4, Hannu Partanen 8:53.2.

400mH: 1, Andy Todd 49.9; 2, David Scherer 51.3; 3, Pauli Haapasalo 52.5; 4, Reijo Koivu 53.2.

4x400m: 1, Great Britain 3:08.2 (Derek Price 48.8, Len Walters 46.7, Ralph Banthorpe 46.2, Martin Winbolt Lewis 46.5); 2, Finland 3:14.0 (Markku Kukkoaho 49.5, Ossi Karttunen 46.8, Aimo Mahtonen 49.5, Juhani Kotikoski 47.1).

Pole Vault: 1, Auvo Pehkoranta 4.80/15'9" (4.40

2nd, 4.60, 4.80 3rd); 2, Risto Ivanoff 4.70/15'5½" (4.40, 4.60, 4.70 3rd, failed 4.80); 3, Mike Bull 4.60/15'1½" (4.60 2nd, failed 4.80); Mike Bryant failed at 4.30/14'1½".

Triple Jump: 1, Tony Wadhams 15.78/51'9½" (15.78, NJ, NJ, 15.57, NJ, NJ); 2, Jorma Grohn 15.72/51'6½" (NJ, 15.53, 15.55, NJ, 15.61, 15.72); 3, Hekki Kyosola 15.57/51'1" (15.44, NJ, NJ, 15.57, NJ, NJ); 4, Graham Hamlyn 15.00/49'2½" (NJ, 14.44, 14.48, 14.89, 15.00, 14.41).

Shot: 1, Matti Yrjola 18.55/60'10½" (17.84, 18.49, 18.24, 18.45, NP); 2, Seppo Simola 18.30/60'0½" (17.65, 17.97, 18.30, 17.55, NP, 18.10); 3, Jeff Teale 17.75/58'3" (16.21, NP, 17.10, 17.27, 17.75, NP); 4, Bill Tancred 16.42/53'10½" (15.74, 16.34, 16.22, 16.34, 16.33, 16.42).

Javelin: 1, Jorma Kinnunen 84.42/277'0" (79.78, 77.40, NT, 84.42, NT, NT); 2, Esa Alander 79.48/260'9" (79.48, 77.02, 79.08, NT, NT, 76.42); 3, Nigel Sherlock 74.94/245'10" (NT, 70.94, 65.60, 72.16, NT, 74.94); 4, Neville Hart-Ives 67.28/220'9" (55.38, 67.28, NT, NT, NT, NT).

"Emsley Carr" Mile: (60.4, 2:00.8, 3:00.8) 1, Francesco Ares (Italy) 3:57.8 (Italian rec); 2, Walter Wilkinson 3:58.3; 3, Andre De Hertoghe (Belgium) 3:58.6 (Belgium rec); 4, Ian McCafferty 4:04.0; 5, Rayfel Roseman 4:06.3; 6, Paul Dennis 4:06.5; 7, Mike Beevor 4:14.8; 8, Steve Badgery 4:25.8.

Score: Great Britain 118, Finland 93

WOMEN

100m: (nil) 1, Valerie Peat 11.7; 2, Anita Neil 11.7; 3, Marianna Goth 12.1; 4, Alexandra Anghelescu 12.7.

400m: 1, Marilyn Neufville 54.2; 2, Marianna Filip 54.8; 3, Jenny Pawsey 55.5; 4, Ana-Maria Iakab 56.6.

800m: (57.7!) 1, Pat Lowe 2:03.2; 2, Ileana Silai 2:05.1; 3, Joan Page 2:06.6; 4, Rafira Fita 2:11.5.

4x100m: 1, Rumania (Ioana Petrescu, Marianna Goth, Alexandra Anghelescu, Viorica Enescu) 47.1; GB (Anita Neil, Denise Ramsden, Sheila Cooper, Val Peat) disq.

High Jump: 1, Barbara Inkpen 1.73/5'8" (1.60, 1.65, 1.70, 1.73 2nd, failed 1.75/5'9"); 2, Dorothy Shirley 1.70/5'7" (1.60, 1.65, 1.70 3rd, failed 1.73); 3, Marghiolita Matei 1.70 (1.55, 1.65, 1.70 3rd, failed 1.73); 4, Virginia Bonci 1.65/5'5" (1.55, 1.60, failed 1.70).

Discus: 1, Lia Manoliu 57.10/187'4" (56.12, 55.22, 57.10, NT, 53.16, NT); 2, Olimpia Cataroma 56.00/183'9" (54.10, 54.04, 56.00, 56.00, 52.92, NT, 55.16); 3, Rosemary Payne 52.12/171'0" (46.22, 50.18, 50.74, 47.62, 52.12, 49.66); 4, Brenda Bedford 44.56/146'2" (44.56, 43.12, 42.04, 39.06, 42.28, 42.50).

Score: Great Britain 71, Rumania 62

St. Mary's College, Twickenham will be holding the fifth annual Past v. Present students Cross Country Race on February 21st over the usual course, and all past students interested in competing should contact Tom O'Reilly at 104 Marsh Lane, Erdington, Birmingham 23.

WALKING

By Colin Young

PAMICH HITS TOP FORM

SCORING his seventh win in the 20th Rome-Castelgandolfo Italian classic, on Sept. 28th Abdon Pamich had his finest road win of the year and clocked an extremely fast time. Dropping Julius Muller after 7km, the "campionissimo" gradually drew away and did not falter in the tough closing stages that he knows so well. Muller in turn held on well to stave off the challenge of Pamich's clubmates, Nigro and Biagoli, the latter particularly putting up an outstanding performance. Gerd Schuth was an isolated fifth, having passed fast-starting Pfister and not being able to hold the fine climbing of Biagoli. Also Banyard in the middle stages looked as though he would come through to finish in the first six, but found the heat and early pace a little too much. Colin Young came through strongly from 17th at 12 km and was fast closing at the finish on the four men immediately ahead.

Despite the early starting time of 6.30 a.m. from St. Peter's Square, traffic congestion had to be seen to be believed and was at least two or three times as bad as that encountered by the writer on any "Brighton." The morning was also extremely hot, Pamich stating that it was one of the warmest days he had experienced for this event. One of the two retirements was, surprisingly enough, Tony De Gaetano, an old campaigner on this course, who dropped out after 20km.

Home competitors may like to know that toilet and dressing facilities at start and finish were non-existent; the start was given by a race follower on a trumpet; there were two official feeding stations (12 and 24 km); and Pfister received no less than five (!) official warnings.

1, A. Pamich 2:27.41; 2, J. Muller (W.Ger) 2:30.45; 3, G. Nigro 2:31.24; 4, M. Biagoli 2:31.56; 5, G. Schuth (W.Ger) 2:33.10; 6, W. Sgardello 2:37.04; 7, D. Carpentieri 2:37.21; 8, R. Pfister (Switz) 2:37.58; 9, F. D'Ipolliti 2:39.06; 10, C. Young (GB) 2:39.45; 11, P. G. Andreotti 2:42.01; 12, M. Taddeo 2:42.42; 13, A. Banyard (GB) 2:43.12; 14, R. Schoukens (Belg) 2:43.56; 15, B. Sacchi 2:44.26. 23 started and 21 finished.

Nigro Runaway Winner at Tivoli. Producing the speed he showed late last year when he clocked a 44.49 track 10km, Gabrielle Nigro had an unusually large margin over Julius Muller when winning the Tivoli 16 km on Sept. 25th. The Italian used the last 7 km, nearly all downhill, to stretch his lead over Muller, who himself is well known for stretching the judges' tolerance on descents. Former outstanding junior Edouardo Quirino walked a well judged, stylish race, overhauling the well known internationals Rene Pfister and Gard Schuth, who both faded after a fast start on the tough uphill. Young and Biagoli went through steadily on the climb and were just behind Quirino and closing on Muller at the 9km turn. On the return, however, Young had a rough time and was pipped by 18-year-old Antonio

Neri, while Alec Banyard finished strongly only to be passed near the line by Pfister, who was ruled out with a kilometre to go, but finished and was classified officially. Some 35 started, representing five countries, and though the start was put back hour to 5 p.m., it was still very hot on a course that was extremely testing.

1, G. Nigro 73.55; 2, J. Muller (W. Ger) 77.35; 3, E. Quirino 78.05; 4, G. Carpentieri 78.24; 5, M. Biagoli 79.39; 6, A. Neri 80.33; 7, C. Young (GB) 80.39; 8, M. Pipini 80.44; 9, R. Pfister (Switz) 80.45; 10, A. Banyard (GB) 80.49; 11, G. Schuth (W.Ger) 81.00; 12, B. Schoukens (Belg) 81.09; 13, F. D'Ipolliti 84.05.

Guernsey Church to Church Walk (19.4 Miles), Sept. 11th. 1, J. Moullin (Belg) 2:48.40; 2, D. Dorey (Sarnia) 2:52.48; 3, R. Waterman (Sar) 3:05.58. Ladies: N. Honey 4:32.38. Veteran (O/40): C. Robins 3:55.22. 83 entries, 10 of them women.

Northern Counties 3Km Champ., Cleckheaton, Sept. 13th. 1, R. Wallwork (Lancs WC) 13.24; 2, J. Warhurst (SUH) 13.35; 3, A. Taylor (Lancs) 13.36.

50km Champs., Sept. 21st. 1, J. Moullin 4:34.26; 2, D. Dorey 4:42.46; 3, R. Waterman 5:05.37.

10 Km at Rome, Sept. 25th. 1, P. Busca 45:38.6; 2, A. Zambaldo 47:01.6; 3, V. Visini 47:13.0.

Midland Area 5M. Junior Champ., Coventry, Sept. 27th. 1, B. Adams (Leics) 38.05; 2, M. Lees (Leics) 38.25; 3, R. Gardner (Broms) 40.06; 4, J. Mullen (Cov) 41.47; 5, D. Berry (R.Sut) 42.01; 6, A. Hunt (Cov) 42.22. Teams: 1, Leics. 15; 2, Bromsgrove 20; 3, Cov. G. 21. **Youths 3M. Champ.** 1, P. Dallow (Broms) 23.49; 2, S. Eddy (Broms) 24.00; 3, S. Smith (Leics) 25.15; 4, B. Stanford (Broms) 25.31; 5, J. Baldwin (Worcs) 25.47; 6, M. Davis (Worcs). Teams: 1, Bromsgrove 11; 3, Worcs. 20; 3, R. Sutton C. 26.

George Hewitt Trophy 5M. Road Walk, Brighton, October 4th. 1, A. Buchanan (B'ton) 38.54; 2, B. Hawkins (Met) 39.29; 3, B. Boxall (B'ton) 40.39; 4, K. Emsley (Steyning-Jnr) 41.09; 5, D. Holly (Thurrock-Jnr) 41.18; 6, D. Saunders (B'ton-Jnr) 41.43.

Midland Women's Blaine Trophy Walk (4000m) at Perry Barr, October 4th. Betty Jenkins of Birchfield took the lead from the start and was never challenged. It was rewarding to find athletes from the Isle of Man and Bolton United travelling for much needed competition. **Open Senior Walk:** 1, B. Jenkins (Birch) 21.08; 2, M. Lewis (Birch) 21.35; 3, M. Hindley (Birch) 22.22; 4, A. Hackett (Har) 23.00; 5, J. Wallis (Har) 23.35; 6, R. Horwill (Dud & Stour) 23.45; 7, M. Brown (Dun) 24.01; 8, D. Hall (Bound) 24.06; 9, J. Cook (Dud & Stour) 24.25; 10, R. Scott (Bolt) 24.35. **Open Girls Walking League (3000m):** 1, E. Taylor (Harborne) 19.58; 2, J. McPherson (Birch) 20.03; 3, L. O'Connor (Birch) 20.43; 4, L. Fowler (Worcs) 21.09; 5, L. Barrett (Dud & Stour) 21.33; 6, K. Bullock (Lazells) 21.40; 7, D. Walter (Dud & Stour) 21.43; 8, J. Moore (Har) 21.43; 9, L. Martin (Dud & Stour) 21.43; 10, J. Price (Birch) 22.26.

The next open walks for Senior & Junior girls will be at Erdington, Birmingham on October 25th.

London Vidarians Club Championship, October 4th. 7M: 1, P. Maidment 57.57; 2, D. Gulliver 57.58; 3, R. Miles 63.27. Handicap: G. Grosse.

Inter-club at Wimbledon, October 4th, 5M: 1, W. Wesch (Belgrave) 36.26; 2, K. Easlea (BoE) 36.50; 3, L. Duquemin (Bel) 37.11. Teams: 1, Belgrave 150; 2, Met. Police 207.

Middleton Wins Postmen's Walk, October 4th. Walking in uniform with an empty post bag on his back as a handicap, Ray Middleton took three minutes off his record in winning this annual fixture through the City of London. 1, R. Middleton (Hendon) 48.40; 2, A. Wright (Barnet) 53.46; 3, R. Charles (Croydon) 56.22.

Gazette Cup 4M, at Croydon, October 4th, 1. M. Fullager (Sy WC) 31.28; 2, K. Read (Sy WC) 31.28; 2, K. Read (Sy WC) 32.23; 3, D. Vale (Sy WC) 33.13.

Lugano Cup Final. The venue next year will be in West Germany. An innovation is that in both events four competitors will start with three scoring. It was hoped to get the 1970 final here in London but this was not possible as this country is outside the zone previously agreed for holding the final of this virtual World Walking team championship.



Ed Michael (South Africa) finishes second (8:18.19) in London to Brighton Walk.

J. R. Coomber

ANOTHER victory for Paul Nihill in Calne "6", October 11th. The European Champion was content to stay with Roy Lodge, Roger Mills and Bill Sutherland until half a mile before the halfway turn. Pouring on the pace on the return journey, Nihill was 2.03 inside Peter Fullager's winning time of last year. Roy Lodge made an effort to follow Paul and clinched second place after holding off a fast finish from Roger Mills, who had made an early break to separate the leading quartet from the rest. Bill Sutherland was just behind Mills with a mile to go but had to let the Junior Road Champion go near home.

Bryan Eley, his bitter Athens disappointment behind him, was a comfortable fifth with both George Chaplin and Phil Thorn putting in sterling performances. Eric Taylor was disqualified nearing the finish when lying 8th. The young promising Bromsgrove team just lost the top honours to Coventry Godiva by the narrowest of margins with Highgate a good third. Bristol had three men well placed but sadly lacked the services of the indisposed Dave Smyth. The standard was very high with nine men inside 46.00 min. as compared with four last year. Phil Thorn was 8 sec. faster than last year, when he finished second! Judging from the way he "stepped on the gas" in the last three miles, most onlookers were quite convinced that Nihill would have been inside Ken Matthews' record if the race had been held on the old Chippenham to Calne route. 1, P. Nihill (Surrey WC) 42.09; 2, R. Lodge (Bromsgrove) 43.12; 3, R. Mills (Ilford) 43.16; 4, W. Sutherland (H'gate) 43.40; 5, B. Eley (Bristol) 44.13; 6, G. Chaplin (Cov. God) 44.45; 7, P. Thorn (Trow) 45.00; 8, J. Kirk (Trow) 45.46; 9, A. Buchanan (B & H) 45.53; 10, M. Harcombe (Bris) 47.02; 11, D. Watson (S'ton) 47.10; 12, R. Turney (Cov. God) 47.26; 13, A. Smallwood (Harbourne) 47.29; 14, T. Moore (Bris) 47.35; 15, B. Butler (Broms) 47.38; 16, L. Evans (H'gate) 47.39; 17, R. Gardner (Broms) 47.44; 18, C. Weston (H'gate) 47.52; 19, W. Wright (Cov. God) 48.01; 20, K. Emsley (Steyn) 48.02. Teams: 1, Cov. God. 53; 2, Bromsgrove & Redditch 53; 3, Highgate 61. Indiv. h/c: D. Withers (Hor) 38.47; N. Knott (B & H) 40.34; T. Moore (Bris) 40.39. Team: Bristol 165.58.

National Juniors and Youths at Bromsgrove Today. With Phil Embleton competing in Switzerland the Junior 5M should see a battle royal between the Leicester Duo of Brian Adams and Mike Lees with Mick Holmes, Steve Crow and Richard Evans other likely contestants for medal placings. The team title looks likely to be fought out between Leicester, Lancashire and Yorkshire walking Clubs. The Youths 3M over an out and back course, should see the holder Olly Caviglioli, retaining his title with Terry Simons' local lads providing the main opposition and likely to gain the team prize. . . . **Late News:** Brighton & Hove entry, including Evans, received too late.

Very strong opposition for London Team in Airclo-Chiasso Relay. Tomorrow (Sunday), the Internationally famous five man relay totalling 117kms takes place featuring the strongest field

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MacSherry, Sonner & Cobden Triumph

GREATER LONDON WOMEN'S CROSS COUNTRY LEAGUE

Uxbridge, October 11th, 1969

THE first of this season's League fixtures was held at Uxbridge on a fast grassland course in warm sunshine.

The junior race was over a distance of approx. 2000 metres and Lesley Cobden of Selsonia was always in command of the race and came away in the latter stages to be a clear winner. Aldershot, Farnham and District A.C. with four in the first sixteen won the team race from Watford and Thurrock.

In the intermediate race Watford Harriers carried on from where they left off last year and completely dominated this race. Mary Sonner led her team home confidently and only Betty Price, of the host club, could split Watford's first five girls.

Bridget Cushen was up with the leaders from the start and after the field had settled down she had Margaret MacSherry and Joyce Smith as company. Bridget tried to make her break with about a mile to go and succeeded in dropping Joyce Smith. However, Margaret MacSherry hung on determinedly and came through in the last 200 metres to win. The team race was a closely fought battle between Aldershot, Barnet and Cambridge with Aldershot just having the advantage.

Seniors

1. M. MacSherry (Cambridge H.)	15.16
2. B. Cushen (Hercules-Wimb)	15.19
3. J. Smith (Barnet)	15.51
4. S. Forster (AFD) 15.55; 5. E. Parncutt (Inv)	16.01;
6. M. Beacham (Barn) 16.11; 7. G. Goodburn (Cam) 16.14; 8. B. Bush (B'ton & H)	16.16;
9. P. Yeoman (Felt) 16.20; 10. C. Roy (Hil)	16.21;
11. S. Fitzmaurice (AFD) 16.23; 12. P. Moulton (Ver) 16.39; 13. A. Yeoman (Felt) 16.43; 14. C. Osborne (Wok) 16.44; 15. L. Barlow (Ex) 16.45;	
16. S. Kazi (AFD) 16.54; 17. M. Townsend (Port) 16.57; 18. P. Yule (B'ton) 17.04; 19. S. Fidler (Croy) 17.06; 20. A. Barras (AFD) 17.09; 21. I. Le Corre (Mit) 17.11; 22. P. Winter (Ver) 17.17;	
23. J. Freeman (Barn) 17.21; 24. P. Fowler (Hay. H) 17.23; 25. L. Cosstick (B'ton) 17.23; 26. M. Caffall (Mx) 17.30; 27. M. Vinall (Port) 17.34;	
28. L. Coshall (Cam) 17.37; 29. J. Stebbings (Croy) 17.38; 30. B. Nelson (Bar) 17.41; 31. B. Grinney (Thur) 17.46; 32. A. Dunn (Cam) 17.48; 33. J. Tye (Wat) 17.53; 34. L. Ellmore (Bar) 17.54; 35. L. Wicken (Felt) 18.04; 36. L. Bogher (AFD) 18.07; 37. E. Sissons (Epsom) 18.12; 38. J. Blackwell (Ilf) 18.13; 39. R. Smith (Hayes) 18.16; 40. J. Taylor (Ex) 18.27; 41. F. Parker (Hil) 18.30; 42. G. O'Leary (Barn) 18.30; 43. S. Glen-Bott (Epsom) 18.37; 44. J. Gibb (Ilf) 18.39; 45. M. Hoptrough (Hil) 19.43; 46. B. Brown (Croy) 18.46; 47. T. Marshall (Port) 18.58; 48. N. Foster (Uxb) 19.00; 49. L. Hammond (Bar) 19.01; 50. L. Marsden (Mit) 19.14.	102 closed in.

102 closed in.

Teams:

1. Aldershot, Farnham & D.	(4,11,16,20,36)	87
2. Barnet A.C.	(3, 6,23,30,34)	96
3. Cambridge H.	(1, 7,28,32,52)	120
4. Hillingdon 215; 5. Brighton & Hove 231; 6. Croydon 233; 7. Feltham 263; 8. Portsmouth 291; 9. Ilford 297; 10. Highgate 301; 11. Verlea 343; 12. Essex Ladies 351; 13. Epsom 353; 14. Hayes & Harlington 369; 15. Mitcham 380; 16. Camberley 388; 17. Watford 399; 18. Hercules/Wimbledon 400; 19. Kent AC 417; 20. Invicta 417; 21. Woking 426; 22. Middlesex L. 428; 23. Haywards Heath 436; 24. Selsonia 437; 25. Thurrock 439; 26. Medway 441; 27. Uxbridge 460; 28. Surrey AC 490; 29. Ryde 490.		

Intermediates

1. M. Sonner (Watford)	12.00
2. R. Cullen (Watford)	12.06
3. S. Marquis (Watford)	12.12
4, J. Dunt (Wat) 12.29; 5, B. Price (Uxb)	12.31;
6, M. Nochan (Wat) 12.44; 7, K. Barnett (Wind)	12.49;
8, M. Crates (Thur) 12.53; 9, L. Marlton (Camber)	12.55; 10, C. Hever (Ind) 12.58; 11, J. Church (Thur) 13.02; 12, J. Clark (AFD) 13.05;
13, A. Coleman (Thur) 13.05; 14, T. O'Brien (Hays. H) 13.09; 15, H. Dunston (Felt) 13.13; 16, G. Atkinson (Thur) 13.14; 17, H. Powell (Bar) 13.15; 18, J. Leach (Ryde) 13.19; 19, H. Tabor (AFD) 13.22; 20, D. Verbeeren (Sel) 13.23; 21, L. Norgett (Hays. H-n.s.) 18.23; 22, M. Taylor (Ilf) 18.24; 23, J. Dudley (Camber) 13.26; 24, H. Penfold (Mit) 13.28; 25, W. Rainer (Wok) 13.30; 26, L. Williams (Ilf) 13.31; 27, C. Fidler (Croy) 13.32; 28, J. Nesbitt (Felt) 13.32; 29, A. Tarrant (Cam. H) 13.34; 30, A. Marcantonio (Mx) 13.35; 31, P. Patrick (Camber) 13.36; 32, S. Russell (Hays. H) 13.37; 33, M. Paris (Sels) 13.37; 34, A. Rumbold (AFD) 13.39; 35, D. Garrod (Hays. H) 13.45; 36, G. Thornhill (Croy) 13.46; 37, J. Ellis (Wat) 13.51; 38, L. Hutton (AFD) 13.52; 39, S. Freeman (AFD) 13.52; 40, L. Collinge (Camber) 13.55; 41, J. Parry (Barn) 14.02; 42, G. Coles (AFD) 14.03; 43, J. Rowley (Mx) 14.05; 44, J. Griffin (Hays. H) 14.05; 45, S. Freeman (AFD) 14.08; 46, P. Bagley (Cam) 14.12; 47, A. Roberts (Sy) 14.14; 48, P. Wallace (Barn) 14.15; 49, J. Lynch (Sel) 14.15; 50, V. Low (Uxb) 14.25.	
112 closed in.	

Teams:

1. Watford H.	(1, 2, 3, 4)	10
2. Thurrock H.	(8,11,13,16)	48
3. Aldershot	(12,19,34,38)	103
4. Camberley	(9,23,31,40)	103
5, Haywards Heath 125; 6, Selsonia 162; 7, Barnet 183; 8, Middlesex L. 206; 9, Ilford 215; 10, Cambridge H. 221; 11, Croydon 227; 12, Ryde 257; 13, Hillingdon 268; 14, Feltham 269; 15, Uxbridge 281; 16, Essex L. 307; 17, Woking 307; 18, Surrey AC 312; 19, Medway 332; 20, Windsor 346; 21, Mitcham 354; 22, Portsmouth 363; 23, Verlea 368; 24, Hayes & Harlington 422; 25, Epsom 430; 26, Hercules/Wimbledon 446.		

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Holts Fastest Up

At Walton, October 4th

ONCE again Hercules Wimbledon's Holt twins won through for their club. In anchoring them to victory in the "Hewitt-Jones" Road Relay with the fastest time of the day Bob Holt was a second outside his own stage record but brought his club in 43 sec. inside last year's course record. It was brother Dave who took Hercules-Wimbledon into the lead on stage 3 with a storming run of 14.44, and from then on they never looked back, winning from Belgrave (Johnston Relay winners of the week before) by 57 secs.

1, Hercules-Wimbledon (B. Collins 15.29, J. Sullivan 15.14, D. Holt 14.44, M. Fuller 15.12, M. Beevor 15.09, R. Holt 14.42) 90.30 (rec).

2, Belgrave (L. Mann 15.02, J. Thresher 15.25, P. Morris 15.14, R. Piotrowski 15.35, Geoff North 15.09, Gerry North 15.02) 91.27.

3, Portsmouth (C. Plumpton 15.03, A. Cass 15.41, C. Gough 15.55, P. Baker 15.35, M. Hyman 15.14, R. Ingleton 15.14) 92.42.

4, Blackheath 93.36; 5, Westbury 93.53; 6, Belgrave "B" 94.32; 7, Croydon 94.58; 8, Brighton & Hove 95.34; 9, Hercules-Wimbledon "B" 96.06; 10, Mitcham 96.31; 11, Blackheath "B" 96.53; 12, Walton 97.16; 13, Horsham BS 97.49; 14, Portsmouth "B" 98.15; 15, Epsom & Ewell 100.32. **Fastest:** R. Holt 14.42, D. Holt 14.44, D. Faircloth (Croy) 14.53, R. Richardson (B'lyth) 14.57, Mann & Gerry North 15.02.

ERITH "6"

October 4th

1. M. Absalom (Borough Rd. Coll) 31.09
2. F. Maillardet (Cambridge H.) 31.29
3. W. Weller (Walton) 31.41
4. K. Penny (Camb-J) 32.17; 5, I. Forster (BRC) 32.47; 6, J. Oliver (Kt) 32.59; 7, T. Slack (BRC) 33.10; 8, D. Fisher (BRC) 33.20; 9, D. Michael (BRC) 33.32; 10, D. Dellar (Camb) 33.36; 11, A. Leggatt (Camb) 34.10; 12, A. Sandom (Camb) 34.39; 13, T. Marcellin (Kt) 34.46; 14, D. Maynard (Camb) 34.53; 15, P. Beale (BRC) 34.54; 16, C. Newman (Medway) 34.59; 17, D. Mullen (B'mth) 35.03; 18, M. Fielding (Camb-J) 35.07; 19, N. Sturges (Med) 35.14; 20, B. Golightley (Dart) 35.25; 21, B. Mahon (Camb) 35.42; 22, P. Cawson (Ton) 35.47; 23, C. Storey (Erith) 35.48; 24, R. Schooling (Ton) 35.49; 25, M. Paul (Camb) 35.53; 26, R. Hale (Kt) 35.57; 27, J. Cassell (Dart) 36.00; 28, T. Joyce (Elliott Reed) 36.07; 29, K. Macken (Poly) 36.09; 30, C. Yeomans (BRC) 36.28. **Teams:** 1, Borough Road College 21; 2, Cambridge H. 27; 3, Kent AC 80; 4, Cambridge H. "B"; 5, Borough Rd. Coll "B"; 6, Erith & Dist.

Camden AC officers: president, J. Acott; secretary, L. J. Redwood, 5 Highmead Court, Sawyers Hall Lane, Brentwood, Essex (Brentwood 7355); C.C. sec., G. Acott, 30 Arandora Crescent, Romford, Essex (Seven Kings 6228); track sec., E. Devido, 61 Agar Grove, London, N.W.1; treasurer, F. Carter.

CROESO 169



Welcome to Wales in Investiture Year

NOS GALAN

The Twelfth Annual Road Races through the streets of
PENRHIWCEIBER and MOUNTAIN ASH, GLAMORGAN

are on **NEW YEAR'S EVE, 31st DECEMBER, 1969**

(Under A.A.A. Laws)

All events are open. Entry fee 3/- per event

4.00 p.m.—Men's Mile

8.00 p.m.—Women's Mile

9.00 p.m.—Men's 100 yards.

11.46 p.m.—Men's 4 Miles

Prizes valued £7, £4, £3, to first three in each event. Nos Galan vests to first 20 home in the mile events, and to first 100 in the 4 miles. Nos Galan engraved trophies to first three teams and first three Welsh teams (3 to score) in 4 miles.

ENTRIES CLOSE FINALLY on MONDAY, 15th DECEMBER, to Bernard Baldwin, Picton Villa, 13 Campbell Terrace, Mountain Ash, Glam.

Spotlight on Youth**By Dave Cocksedge****Barry Smith Chases Jim Ryun Record**

OUT of the final turn come the jostling runners in the English Schools' intermediate 1500 metres final at Motspur Park, all sprinting desperately for the tape. Terry Colton of Notts and Workop, the boy whose training sessions startled his rivals during the winter, is making his bid for victory. Age record-holder Ian Whittle of Bucks and Luton UH is also out there, forcing the pace on the last backstraight; Northumberland's David Gibbon, destined to take the AAA Youth title a month later, is charging neck and neck with Southern Youth Champion David Miller of Middlesex (Feltham), while Bracknell's Bob Weatherley (Berks) is also in there with a chance . . . but leading them all and gaining on everyone with a sudden dramatic burst with 150y remaining is Thurrock's Barry Smith, a sturdy 16-year-old in the colours of Essex, who kicks away in nonchalant fashion to reach the tape first in 3:55.9.

"Surprisingly," recalls Barry, "I had not become nervous before the start of the final, and this gave me confidence. I also realised I had probably the fastest finish of everyone there, given a chance, and so you can imagine how happy I felt as we went through 800 in about 2:10. I must have covered the last half in around 1:59, and felt so pleased and surprised to be in front coming into the straight that I just had to keep looking around to make sure!"

Later holiday next year

Barry David Smith was born in Hammersmith, London on April 16th, 1953; stands 1.70/5'7" and weighs 58kg/129lb. A trainee accountant in Basildon, his home town, he is a member of Thurrock Harriers, whose secretary Peter Orpin ("If it hadn't been for Peter I would probably not be running now; I think he is one of the best in the country") coaches him. Barry's best marks range through 400m in 53.0, 800 in 1:54.3, 1500 in 3:55.9, 1 mile in 4:16.7 and 3000 (at 15) in 8:54.6. At the age of 15 last year he ran 1500m in 4:02.0 and a mile in 4:21.6. His preparation for the ESAA Championships was perfect, with a swashbuckling win in the Southern Youth 800 over Worthing's David O'Donnell and Ian Whittle a week earlier, but perhaps unwisely Barry decided to run that event also in the AAA Youths Championships at Crystal Palace on August 8/9th. The result is history, for Whittle ran away with an exciting race, as Barry, just back from a holiday in Switzerland, tied up in the stretch and faded to third. "I'll take my holiday later next year," he told me afterwards, rather ruefully.

For some reason, Barry is singularly reluctant to release much information on his training. "In the summer I do mostly interval training, with perhaps one distance run a week. During the winter my training consists of mainly distance

work with perhaps one speed session a week." That is all I can get out of him on that subject, although one hears stories of some fearsome interval sessions being performed by him during organised coaching courses.

Barry took up athletics "after my third year at secondary school, when I found this sport came easiest to me. That year I managed fifth in the English Schools. I then went on for one more football season before taking athletics seriously". Asked if he was satisfied with last summer's exploits, he counters: "Yet, I was pleased overall, but an ankle injury prevented me from running in a BMC race on September 6th against Paul Dennis and Ray Smedley amongst others, where I was hoping for a good time. That was very disappointing."

I have rarely seen aggression and relaxation so well combined as in Barry Smith, a fair-haired bundle of muscle, whose ability to control a race from the front or back makes him an exciting and unpredictable competitor. But Barry decries tactics: "To me tactics play a minor part before a race. By this I mean I don't plan very much, but try to apply intelligence during the actual run-



Barry Smith winning the LAC Schools junior 1500 metres at Crystal Palace.

G. L. Pike

ning of it. Peter helps me a lot beforehand, but he leaves my plan up to me, mainly." To the question as to whether he considers fast times or titles more important, he says: "At the moment I enjoy winning the big races, but as I get older this will change, I'm sure, because it will be the fast times then that will get me places." His aims for next year and all time are simply: "To do as well as I can, and perhaps get close to four minutes and Ryun's age-17 record (3:59.0). My all-time aim must be what every athlete tries for: an Olympic Gold and World Record."

Barry considers himself dedicated to these goals but—"by this I don't mean that I eat, breathe and sleep athletics. I believe that one must mix with people and enjoy life generally to get the most out of your sport". He therefore professes an interest in girls, all types of sport and his work, which he started this autumn. His pet gripe is: "The lack of indoor tracks in the London area; the shortage is staring us right in the face. I also think athletics could do with a little extra support, and that new methods of raising this should be explored." Then he muses for a moment. "I also reckon that athletics is on the turn in this country. Within five or ten years we will be back up chasing Russia, Germany and the USA." He says it with conviction.

Young Athletes' Results

At Houghton, August 25th. Junior Girls' SP: J. Potts (H'ton) 11.25/36'11".

Kangaroo Clubs Schools Postal Competition. (Seniors) 1, Denstone C. 31; 2, Dr. Challoners 25½; 3, Chigwell 18; 4, Kings, Rochester 17½; 5, Nettleswell 11½; 6, Retford 9. Individuals: **LJ:** N. Grafton (Cha) 6.60/21'8"; N. Bryston (Den) 6.54/21'5½"; P. Johnson (Chi) 6.50/21'4"; Orchard (Wal) 6.41/21'0½". **TJ:** A. Blake (Den) 13.73/45'0½"; P. Johnson (Chi) 13.71/45'0"; Bryston (Den) 13.70/44'11½". (Intermediates) 1, Kings, Rochester 33; 2, Fryerns 29; 3, Denstone 18; 4, Chigwell 12; 5, King Ed., Retford 11; 6, Radcliffe 7. Individuals: **LJ:** D. Pattison (Den) 6.25/20'6"; T. Hawkes (Roch) 6.24/20'5½"; A. Cockell (Fry) 6.21/20'4½"; B. Auld (Roc) 6.14/20'2"; A. Windsor (Den) 6.11/20'0½". **TJ:** Cockell 13.33/43'9"; Windsor 13.24/43'4"; P. Heath (Ret) 13.17/43'2½". (Juniors) 1, St. Cuthberts 29; 2, Kings, Rochester 28; 3, Dr. Challoners 13; 4, Radcliffe 10; 5, Fryerns 9; 6, Nettleswell 6. Individuals: **LJ:** M. Smith (Roc) 6.18/20'3½". **TJ:** Smith 11.88/38'11".

Young Athletes' Meeting at Solihull, September 13th. (Youths) 100m: 1, R. Munns (Br. Tim) 11.2; 2, C. Nimmo (W & B) 11.3 (11.1 ht); 3, J. Tomkinson (Mid Ch) 11.4; 4, M. Jones (Bick. Main) 11.4. 1000m SC: 1, J. Fox (Scun) 2:52.0; 2, R. Waters (Stret) 2:58.8; 3, C. Land (Sol) 3:06.8. 400: 1, Munns 52.4; 2, P. Harris (Cov. God) 52.5. 1500: P. Meeking (Leam) 4:14.4. 4x100: Wolverhampton & B. 45.4. **LJ:** 1, J. Bone (W & B) 6.29/20'7¾"; 2, D. Johnson (Hallam) 6.22/20'5". **TJ:** 1, Johnson 13.64/44'9"; 2, R. Phillips (Hill) 13.58/44'6¾"; 3, J. Slanye (Alles) 13.31/43'8"; 4, M. Cannavan

(W & B) 13.23/43'5"; 5, Davey 13.22/43'4¼". **JT:** W. Bullock (Cov. G) 49.78/163'4". (Boys) 800: A. Barnett (And) 2:02.9. (Intermediate Girls) 100m: 1, G. Blackwell (Pt. Tal) 12.7; 2, D. Webb (And) 12.8. 200: 1, A. Milner (M & C) 25.7; 2, C. Chesser (M & C) 26.5. 400: 1, J. Kaye (Hick) 61.7; 2, D. Page (Dun) 62.2 (61.8ht); 3, D. Mulgani (W & B) 63.7. 800m: 1, C. Palmer (Leics C) 11.7; 2, Blackwell 11.9; 3, B. Boettmer (M & C) 11.9. 4x100: Middlesbrough & C. 50.7. **DT:** 1, J. Elsmore (Brack) 37.42/122'9"; 2, V. Miles (W'mr Sp) 35.28/115'9"; 3, E. Curtis (Brack) 34.36/112'9"; 4, M. Whitear (Brack) 31.86/104'6". (Junior Girls) 100m: J. Webster (Spn) 12.5. 200: 1, S. Lannaman (Sol) 25.4; 2, Webster 26.9; 3, K. Bottomley (Lysaghts) 27.0; 4, C. Shepherd (Sol) 27.4. 800: 1, C. Tranter (W'with) 2:23.5; 2, C. Hever (Ports) 2:25.8; 3, H. Campbell (Leam) 2:26.7; 4, D. Riley (Chelms) 2:29.7; 5, C. Reeves (And) 2:33.9; 6, A. Watson (W & B) 2:34.2. 800yH: 1, J. Leeson (Leam) 11.5; 2, S. Whittingham (Ports) 11.8; 3, A. Allen (Brack) 11.8. 4x100: Solihull 51.0. **DT:** 1, L. Harding (Ply) 32.68/107'2"; 2, A. Weatherall (F'with) 30.44/99'10"; 3, E. Shipston (Chelms) 29.80/97'9"; 4, C. Cornbill (W & B) 29.54/96'11". **JT:** 1, A. Goodlad (Sheff) 35.22/115'6"; 2, Harding 30.54/100'2"; 3, H. Young (NSP) 30.32/99'6".

Halifax Young Athletes' Road Races, September 20th. A record total of 297 entries were received for the three races, with the Colts event proving the most popular by netting 118 youngsters. Sale H showed that they are still very much on top in this department by making a clean sweep of team awards in all three races. (Youths) 1, S. Kenyon (Bolton) 17.34; 2, A. Sladden (Salford) 17.48; 3, R. Firth (L'wood) 18.04; 4, A. Cowley (Sale) 18.16; 5, A. Pape (Aire) 18.23; 6, K. Midgley (Halifax) 18.28; 7, A. Black (Leeds) 18.31; 8, R. Wilkinson (Lancs) 18.38; 9, J. Fretwell (Holm) 18.43; 10, R. Curwen (Pres) 18.49. **Teams:** 1, Sale 31; 2, Salford 36; 3, Holmfirth 37; 4, Longwood 50; 5, Bolton UH 53; 6, Wakefield 65. (Boys) 1, A. Settle (Sale) 10.11; 2, N. Tillotson (Bingley) 10.19; 3, P. Jackson (Sale) 10.26; 4, G. Sellars (L'wood) 10.30; 5, A. Royle (Sale) 10.31; 6, D. Hopton (Chest'fld) 10.32; 7, G. Perkins (Chest'fld) 10.33; 8, A. Bigg (Chest'fld) 10.49; 9, C. Chesters (Hal) 10.50; 10, K. Hoosman (Hull) 10.57. **Teams:** 1, Sale 9; 2, Chesterfield 21; 3, Bingley 36; 4, Longwood 39; 5, Lanc. & Morecambe 71; 6, Hull 76. (Colts) 1, G. Johnston (Sale) 11.00; 2, B. Moxon (Wake) 11.05; 3, S. Redman (Bing) 11.10; 4, R. Hardan (Leeds) 11.10; 5, P. Ward (Leeds) 11.17; 6, A. Hitchen (Wake) 11.19; 7, S. Reynell (Brad) 11.19; 8, D. Nervins (Sale) 11.20; 9, J. Santer (Brad) 11.23; 10, L. Couplan (Brad) 11.34. **Teams:** 1, Sale 20; 2, Leeds City 22; 3, Bradford GS 26; 4, Wakefield 38; 5, Rochdale 64; 6, Bolton UH 66.

Bathgate AC Championships, September 21st. Girls' Mile: 1, R. Murphy (15) 5:25.0; 2, A. Stafford (15) 5:32.0; 3, E. Radka (13) 5:35.0.

Coventry Godiva Boys and Youths Road Relays, September 27th. (Youths) 1, Small Heath (D. Tierney 14.43, I. White 14.39, J. Kendrick 14.38,

continued on page 15

Famous Names At Haywards Heath

Senior 5000m

1, I. Macmillan (Invicta) 14.14; 2, Lewis (Southampton) 14.41; 3, K. Whyte (Redhill) 15.11; 4, B. Collyer (Worthing) 15.22; 5, J. Rix (SLH) 15.25; 6, I. Curthoys (—) 15.27; 7, G. Schleif (Huchem) 15.33; 8, D. Townsend (Inv) 15.37; 9, J. Pouch (Wok) 15.45; 10, R. Parker (Worth) 15.59.

32-40 5000m

1, D. Taylor (Hayes & Harlington) 15.17; 2, J. Green (Wycombe) 15.43; 3, A. Tunks (Redhill/Reigate) 15.54; 4, P. Driver (Fleet & Cr) 15.55; 5, L. Gaskin (S'gate) 16.16; 6, J. Taylor (Red/Rei) 16.18; 7, P. Turner (B & H) 16.33; 8, B. Apps (R/R) 16.36; 9, H. Lightfoot (R/R) 16.38; 10, R. Allen (Wok) 16.42.

Veterans 5000m

1, H. Foord (Brighton & Hove) 15.45; 2, R. Belmore (Guildford & God) 16.12; 3, D. Vinall (B & H) 17.11; 4, J. Downs (Vet) 17.15; 5, J. Hay (B & H) 17.33; 6, G. Storey (Vets) 19.05; 7, J. Batchelor (Newham) 19.33; 8, J. Entwistle (Brack) 19.37; 9, D. Allen (Barnet) 20.00; 10, D. Paye (Vets) 20.06.

Junior 5000m

1, A. Carlick (Troedyrhiw) 15.15; 2, C. Rawling (Chelms) 15.37; 3, M. Weeks (Chelms) 17.09; 4,

October 4th

P. Burgess (Hayes) 17.43; 5, W. Coe (Inv) 18.05; 6, E. Davies (Tored) 18.30.

Youths 4000m

1, K. Kitson (B & H) 12.10; 2, G. Stevan (Horsham BS) 12.48; 3, M. Harrison (Horsham BS) 12.49; 4, D. Fleming (Horsham) 12.52; 5, D. O'Donnell (Worth) 13.02; 6, D. Powell (H. Hth) 13.02; 7, R. Prior (West) 13.25; 8, R. Maude (Worth) 13.38; 9, H. Brownson (Ryde) 13.45; 10, D. Peel (H. Hth) 13.50.

Boys 3000m

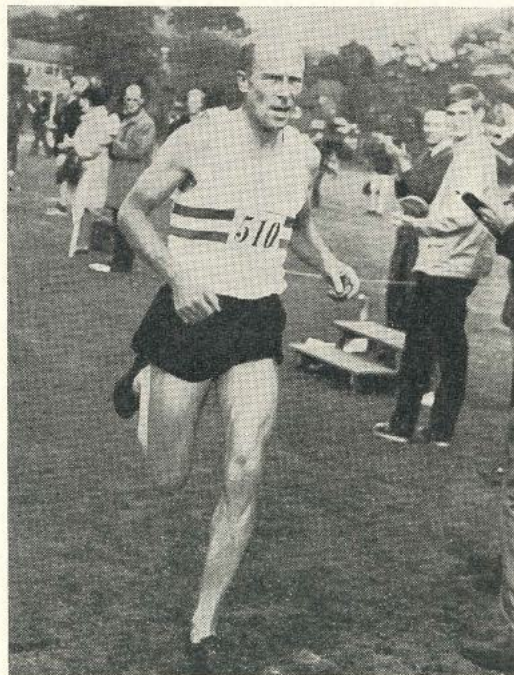
1, P. Francis (Walton) 8.53; 2, D. Oliver (Redhill/Rei) 9.08; 3, R. Pateman (Craw) 9.09; 4, D. O'Sullivan (Croydon) 9.10; 5, K. Nice (Thurr) 9.11; 6, S. Phelan (Christ) 9.17; 7, B. Hull (Chelms) 9.18; 8, T. Green (Thurr) 9.19; 9, D. Sales (Thurr) 9.22; 10, D. Clark (Christ) 9.24.

Colts 2000m

1, S. Tamplin (Thurrock) 6.33; 2, P. Lee (Invicta) 6.34; 3, Naughton (Salis) 6.35; 4, M. Prior (Westcliff) 6.39; 5, J. Wise (Brack) 6.40; 6, G. Barr (Thurr) 6.48; 7, J. Barrett (Walt) 6.49; 8, K. Chimes (Walt) 6.51; 9, B. Chimes (Walt) 6.55; 10, J. Smith (Woodhatch) 6.57.

Under 11 1000m

1, P. Benton (Thurrock) 5.25; 2, G. Hynard



Two celebrated figures in British distance running were successful at Haywards Heath Hugh Foord (left) an international of more than a decade ago, and Don Taylor, former holder of the UK 10,000 metres record.

Sportsvievw

(F & C) 5.26; 3, J. Thompson (Troed) 5.30; 4, M. Thompson (Troed) 5.33; 5, N. Flory (Mx) 5.34; 6, M. Hay (Manor H) 5.39; 7, A. Winstone (Troed) 5.40; 8, M. Stocker (Bigg) 5.41; 9, T. Salmon (Ryde) 5.42; 10, G. Jones (Troed) 5.44.

Women 5000m

1, E. Parncutt (Invicta) 18.03; 2, C. Brannon (Havering) 18.47; 3, M. Townsend (Portsmouth) 19.00; 4, S. Fidler (Croy) 19.13; 5, G. Coleman (Thurr) 19.19; 6, P. Fowler (H. Hth) 20.07; 7, L. Hammond (Barnet) 21.11; 8, C. Brown (Croy) 21.21.

Intermediates 3000m

1, T. Dobbs (Invicta) 10.31; 2, M. Crates (Thurrock) 10.36; 3, L. Norgett (Worthing) 10.39; 4, J. Church (Thurr) 10.44; 5, T. O'Brien (H. Hth) 10.45; 6, G. Atkinson (Thurr) 10.52; 7, C. Hever (Ports) 10.55; 8, D. Garrard (H. Hth) 11.00; 9, J. Bateman (Ton) 11.11; 10, C. Fidler (Croy) 11.14.

Juniors 2000m

1, J. Van Cuylenburg (Croydon) 7.16; 2, S. Hines (Thurrock) 7.18; 3, N. Silburn (Tonbridge) 7.22; 4, V. De Vries (Chelms) 7.25; 5, L. Smith (Thurr) 7.26; 6, L. Kiernan (Hav) 7.27; 7, P. Naylor (Hav) 7.29; 8, J. Marr (Dart) 7.36; 9, G. Scrivens (Ton) 7.37; 10, L. Frost (Wycombe) 7.47.

CARDIFF LAKE "15"

At Cardiff, October 4th

1. E. Austin (Worcester YMCA) 1:18.19
2. P. Lonnen (Bristol) 1:19.26
3. M. Rowland (Newport) 1:20.11
4. A. Bradley (Halesowen) 1:20.55; 5, J. O'Brien (Pt. Talbot) 1:21.01; 6, A. White (L'wood) 1:21.08; 7, R. Franklin (TVH) 1:21.20; 8, D. Hope (Worcester) 1:21.34; 10, W. Pryce (Cardiff) 1:22.39; 11, R. Calvert (Sm. Hth) 1:23.18; 12, I. Edmonds (Bris) 1:25.47; 13, M. Kidd (TVH) 1:25.48; 14, M. Beames (Card) 1:25.56; 15, K. Brown (Pt. Tal) 1:26.07; 16, R. Essery (Ply) 1:26.56; 17, R. Jeans (Salis) 1:27.17; 18, J. Flanagan (Ply) 1:27.27; 19, C. Williams (Card "B") 1:27.34; 20, A. Benn (Bris) 1:27.43; 21, D. Morgan (Pt. Tal) 1:28.13; 22, D. Morgan (Card "B") 1:29.20; 23, M. Chandler (West) 1:29.33; 24, A. Harmer (Swan) 1:30.12; 25, P. Vidler (Card "B") 1:30.34. **Teams:** 1, Worcester YMCA 14; 2, Bristol 25; 3, Port Talbot 31; 4, TVH 33; 5, Newport 46; 6, Cardiff AAC "B" 48.

YOUNG ATHLETES' RESULTS continued from page 13

D. Black 14.139) 58.13; 2, Leicester Coritanian (P. Kindred 14.29, I. Garner 14.50, Redman 15.23, N. Foster 16.18) 60.20; 3, Coventry Godiva (M. Jones 14.16, R. Riley 15.21, D. Moorcroft 15.02, J. Rattigan 16.11) 60.50. **Fastest:** Black 14.13, Jones 14.16, Kendrick 14.38. **(Boys)** 1, Small Heath (J. Tierney 9.32, M. Rollason 9.13, P. Nash 9.37, A. D'Cruz 9.35) 37.57; 2, Ullathorne School 39.49; 3, Bablake School 40.48; 4, Coventry Godiva 41.09; 5, Corby Town 41.47. **Fastest:** C. Cosgrave (Ulla) 8.54, N. Clarke (God) 9.12, Rollason 9.13.

RESULTS IN BRIEF

September 1st

Guernsey IAAC v. Jersey AC, at Guernsey. 100m: J. Allen (G) 11.0. DT: A. Satchwell (J) 40.60/133'2". JT: A. Harper (J) 59.24/194'4".

September 3rd

Hillingdon 6 Miles Club Championship, at Ruislip. 1, S. Buchanan 30:22.2; 2, R. Cressy 31:07.4; 3, A. Harding 31:34.6.

Warrington AC Club Championships. 100m: 1, J. Harrison 11.2; 2, P. Cornes 11.2. 800: 1, M. Warburton 1:55.7; 2, P. Cornes 1:56.5.

September 4th

Insurance "10": 1, eq. R. Gevers (Temple B) & A. Codd (Temple B) 55.54; 3, C. Robinson (Gaffac) 56.28; 4, B. Middleton (Phoenix) 56.34; 5, D. Thompson & D. Jones (Cuaco) 58.06. **Teams:** 1, Temple Bar 11; 2, Cuaco 15; 3, Sun Life 28. **Road Relay:** 1, Temple Bar (R. Hawtin 11.52, A. Codd 11.58, M. Payne 12.43, R. Gevers 11.05) 47.38; 2, Pearl 50.46; 3, Sun Life 52.25. **Fastest laps:** Gevers 11.05, L. Dunn (Eagle) 11.17, Hawtin 11.52.

Shore AC (USA) 77, Troedyrhiw 52, at Troedyrhiw. 100m: 1, J. Ferreira (Sh) 10.8; 2, R. Rudrow (Sh) 11.1; 3, D. Marshall (T) 11.3. 200: 1, Ferreira 22.1; 2, L. Kreider (S) 22.8. 400: 1, Kreider 48.6. 1500/3000: T. McLoone (S) 4:01.4/9:01.0. 3000mW: T. Scully (S) 13:18.6. 4x100: Shore 44.4. HJ: 1, eq. G. Hulton & Rudrow (S) 1.83/6'0".

September 7th

Vale of Aylesbury 10M Track Paarlauf. 1, Wolverton 38.05; 2, Hayes 38.45; 3, Luton 39.17; 4, Wycombe 40.41; 5, Wolverton "B" 41.14; 6, Camberley 41.17.

Bristol Ladies Pentathlon Championship. 1, B. Gill (16.6, 12.70, 1.50, 4.99, 29.0) 3846; 2, S. Wills 3681; 3, C. Taylor 3454. **(Intermediates)** 1, J. Eastman (12.2, 7.90, 1.39, 5.13, 27.0) 3666; 2, J. Jay 3368; 3, S. Purnell 3081; 4, A. Broad 2996. **(Juniors)** B. Rutledge (13.0, 6.40, 1.24, 4.41, 14.4) 2685.

Derby 121½, Stretford 90½, at Derby. 100m: 1, C. Robinson (D) 10.7; 2, K. Bullock (D) 11.0; 3, J. Kirwan (S) 11.1. 200: 1, Robinson 22.1; 2, Kirwan 22.6; 3, Bullock 22.8. 400: 1, J. English (D) 49.9; 2, Allen (S) 50.7. 3000mSC: 1, A. Domleo (D) 9:15.2; 2, T. Slack (D) 9:59.6. 110H/400H: Newton (S) 15.7/58.6. 4x100: 1, Stretford 43.8; 2, Derby 43.8. 4x400: Derby 3:26.0. HJ: K. Moore (D) 1.73/5'8". TJ: 1, Moore 13.90/45'7½"; 2, E. Njoku (S) 13.89/45'7". SP: J. Corbett (S) 14.43/47'4". DT: 1, P. Singh (D) 39.98/131'2"; 2, Corbett 39.90/130'11". JT: 1, A. Simons (D) 53.20/174'6"; 2, Jones 52.70/172'11".

Open Women's Pentathlon, at Lincoln. 1, S. Clelland (Leics. Cor) 4207 (5.82, 27.0, 14.9, 9.52, 1.55); 2, E. Wordsworth (Leics C) 3474. **(Intermediates)** 1, R. Thompson (Linc C & C) 2915; 2, Cobley 2856. **(Juniors)** 1, G. Lansdowne (Leics Cor) 3260 (4.37, 13.9, 12.9, 7.95, 1.54); 2, J. Thompson (Lin C & C) 3162; 3, J. Battison (Leics C) 2878; 4, K. Orton (Leics C) 2841; 5, R. Percival (Leics C) 2729.

Beds, Hunts & Northants League at Bedford. 1, Huntingdon 194; 2, Bedford 190½; 3, B. Timken 162; 4, Kettering 149; 5, Peterborough 104. 5000m: 1, P. Francis (Bed) 14:47.2; 2, H. Quince (Bed) 14:53.4; 3, D. Gartside (Hunt) 14:59.0. TJ: Spinks (BT) 13.73/45'0½". **(Women)** 1, Peterborough 77; 2, Bedford 72½; 3, Huntingdon 64½; 4, Kettering 66. HJ: K. Whiteman (BT) 1:52/5'0".

September 10th

Bournemouth AC 10,000m Championship, at Bournemouth. 1, R. Matthews 32:09.0; 2, R. Holman 32:17.0.

September 11th

Troedyrhiw BC Road Races. 1, A. Carlick (Troed) 20.20; 2, P. Ratcliffe (Gil) 20.24; 3, J. O'Brien (Pt Tal) 20.30; 4, A. Aylett (Gil) 20.40; 5, M. Hoffman (Gil) 20.42; 6, R. Pullen (Neath) 20.52.

September 13th

Ranelagh H. 3½M Cross-Country Handicap (Thomas Cup). 1, S. Rowland (5.30) 17.33; 2, J. Davis (4.00) 17.49; 3, P. Creedon (3.00) 17.56. Fastest: L. Duke 19.53.

Kent League, at Ladywell. 1, Ashford 54; 2, Cambridge 42; 3, Elliott Reed 38; 4, Medway 15; 5, Blackheath 7. **Final result:** 1, Ashford 22; 2, Cambridge 18½; 3, Medway 14½; 4, Elliott Reed 14; 5, Blackheath 10; 6, Dartford 5.

Dartford Road Relay. 1, Invicta 47.21; 2, Cambridge 47.45; 3, Medway 48.01; 4, Blackheath 48.50; 5, Invicta "B" 50.08; 6, Cambridge "B" 50.51. **Fastest times:** I. Macmillan (Inv) 11.15, K. Harland (Camb) 11.20, T. Briault (Med) 11.24, K. Penny (Camb) 11.32, S. Farley (Med) 11.48.

Bideford Regatta & Sports. 100m: I. Matthews (S & C) 11.1. 600: W. Wilkinson (Longwood) 1:21.0. "Bideford" Mile: Wilkinson 4:08.6, 5000: L. Dunn (Gates) 14:52.2. **(Youths)** 1500: S. Mann (Ply) 4:17.9. **(Women)** 100/300m: L. Taylor (Ex) 12.8/43.6. 1500: S. Foster (Ply) 4:47.0.

September 14th

Yorkshire WAAA Pentathlon Championships, at Castleford. 1, A. D'Arcy (Wake) 4048 (4.91, 26.2, 15.1, 10.23, 1.52); 2, S. Dorman (M & C) 3046. **(Intermediates)** 1, L. Richmond (Rown) 3382 (5.21, 27.5, 12.7, 8.12, 1.27); 2, B. Boettcher (M & C) 3247; 3, S. Howell (Hull Ach) 3185; 4, L. Clarke (Rown) 2999. **(Juniors)** 1, B. Adkin (Wake) 3091 (4.58, 13.0, 13.1, 7.09, 1.32); 2, J. Wood (Wake) 3050; 3, C. Foster (Wake) 2941.

Lancashire WAAA Pentathlon Championships, at Bolton. S. Gregson (B'pool) 2993. **(Intermediates)** 1, J. Murray (Stret) 3774 (5.62, 26.8, 12.5, 8.54, 1.36); 2, J. Roberts (Pilk) 3613 (4.89, 28.1, 12.3, 8.72, 1.42); 3, J. Rainford (Bury & Rad) 3540 (4.99, 27.6, 12.2, 7.82, 1.36); 4, J. Williams (Bury) 3400; 5, S. Finerty (St. Ger) 3079; 6, L. Speakman (St. August) 2946. **(Juniors)** 1, N. Njoku (Stret) 3749 (4.69, 13.1, 11.0(!), 11.27, 1.35); 2, S. Colyear (Stret) 3480 (5.18, 7.96, 12.4, 11.1(!), 6.88, 1.35); 3, A. Weatherall (F'worth) 3474 (4.47, 13.9, 12.5, 10.36, 1.50); 4, R. Demming (S'lands) 3143; 5, C. Webb (Bury & Rad) 3131; 6, G. Byrom (Stret) 3009; 7, A. Firman (Pem) 2947; 8, D. Blackwell (Lan & Mor) 2790. **Invitation events:** 3000m: 1, S. Carnegie (Preston) 10:12.2; 2, B. Banks (Wallasey) 10:14.8; 3, P. Lowis (Bury & Rad) 10:26.6. Intermediate 1500: 1, K. Holden (Preston) 5:05.2; 2, B. Bridge (Pilk) 5:07.4; 3, M. Grainger (B & F) 5:13.8. Junior 1500mW: 1, C. Daniels (Warr) 8:28.2; 2, A. Gibson (Warr) 8:44.9; 3, V. Charlesworth (Warr) 9:08.3.

Essex Women's Pentathlon Championships, at Southend. 1, E. Butter (S'end) 3994 (5.23, 26.5, 15.1, 9.22, 1.47); 2, C. Persighetti (S'end) 3602; 3, R. Palmer (Col) 3340. **(Intermediates)** 1, G. Taylor (Essex LAC) 3851 (5.04, 25.6, 12.6, 7.98, 1.51); 2, C. Reddings (S'end) 3251; 3, N. Sherran (Col) 2943. **(Juniors)** 1, S. King (Ex) 3531 (4.80, 12.7, 12.4, 8.10, 1.43); 2, D. Liston (S'end) 3359; 3, D. Fitch (S'end) 3209; 4, H. Alderton (Ex L) 2899; 5, J. French (S'end) 2856; 6, T. Pendle (S'end) 2812.

Gloucester AC Club Match, at Black Bridge. Youths' HT: R. Howkins (Gloucs) 44.20/145'0".

1 Hour Track Race, at Guildford. 1, D. Mullen (B'mth) 10M 1463y; 2, B. Peto (G & G) 10M 1121y; 3, P. Leitch (Dorking SP) 10M 808y. Veteran: R. Belmore (G & G) 10M 280y. **(Under 18 30 min.)** J. Yates (Guild & G) 5M 247y.

Northern Veterans AC 7M Road Race at Stretford. 1, S. Hardicker (Man AC) 38.52; 2, F. Wrigley (Leeds) 39.23; 3, J. Haslam (Bolton) 39.51; 4, K. Hall (Wirral) 40.14; 5, W. Ashby (Dby & C) 40.25; 6, L. Nicholson (Pem) 41.16; 7, J. Lawton (Leeds) 41.24; 8, G. Eden (Roth) 41.31; 9, D. Wood (Leeds) 41.46; 10, R. Hazel (Hallam) 41.55. 36 finished. Over 50: 1, H. Smith (YMCA) 44.17; 2, Ashcroft; 3, Lee. Over 60: B. Doughty (MAC) 50.55.

THE CITY OF STOKE-ON-TRENT OPEN CROSS-COUNTRY TEAM RACE

This event is open to all Senior Teams affiliated to the Amateur Athletic Association in Great Britain. The race will be run on—

Saturday, 13th December, 1969, over a course of five miles, starting at 2 p.m. Venue—Fenton Park, Victoria Road, Stoke-on-Trent

Teams to consist of ten runners, six to count.

Closing date for Entries—Monday, 1st December, 1969.

Entrance fee—7/6 per team, 2/6 for individual runners.

Prizes—Trophies to the winning team, plaques to the six members of the winning team and runners-up. In addition, plaques to the first three runners home.

Entry forms available from—The Chief Parks Superintendent, Parks Department (Cross Country), Hanley Park, Cleveland Road, Hanley, Stoke-on-Trent. ST1 4DY.

September 16th

Cardiff AAC Championships, at Maindy, 200m: 1, G. Vince 21.8; 2, E. Savill 22.7. 2000mSC: 1, R. Mapstone 6:00.6; 2, B. Hayward 6:00.8; 3, M. Rowland (Newport) 6:08.6. Youths' 1000mSC: 1, K. Powell (Bar) 2:53.0; 2, W. Snowdon 2:57.2; 3, V. Sheahy 3:07.4. (Women) 200: M. Smith 26.0.

September 20th

Bournemouth Festival of Sport, SP: 1, P. Rees 14.18/46'6½"; J. Rumbold 13.64/44'9". HT: 1, M. Holmes 45.82/150'4"; 2, Rees 42.80/140'5".

September 20th/21st

Kent CAAA Decathlon Championship, at Erith. 1, A. Toms (Royal Marines, Deal) 5037; 2, M. McFarnell (B'fth) 4890. Guest Competition: 1, J. Smith (Sy AC) 5792; 2, J. Walhen (B'fth) 5348; 3, C. Brooks (Royal Navy) 5171. 4x110y: Medway 43.9. 4x440: Cambridge H. 3:30.7. 1M Medley: Cambridge H. 3:34.6. (Juniors) 2M: 1, C. Morrish (Med) 9:28.8; 2, M. Brameld (Med); 3, A. Davies (Med). Team: Medway. 4x110: Cambridge 47.2. (Youths) 4x110: Cambridge 47.3.

St. Albans Open 15M Cross Country Relay. 1, Tipton 68.12; 2, Cambridge & Coleridge 69.56; 3, Luton Utd. 70.07. Fastest laps: A. Simmons (Luton) 11.02, G. Tuck (C & C) 11.11, A. Rushmer (Tip) 11.12. (Only result available.)

Belgrave 5½M Championship, at Wimbledon. 1, Geoff North 27.26; 2, Gerry North 27.53; 3, L. Mann 28.00. Handicap: J. Stow.

September 21st

Borough of Enfield 173½, Southend-on-Sea 153½, Essex Ladies 98, Chelmsford 91, Ilford 66½, Verlea 61, at Chelmsford, Women's 100y: 1, I. Gould (Chelm) 11.2; 2, P. Turner (Ilf) 11.3; 3, L. Peck (BoE) 11.3. 220: 1, Gould 25.4; 2, Peck 25.9. 440: 1, D. Churchill (S'end) 60.8; 2, J. Peacock (Ilf) 61.8. 880: L. Barlow (Ex. L) 2:20.9. 100H: 1, S. Turpin (BoE) 15.1; 2, L. Butler (S'end) 15.1. 4x110: Enfield 51.2. SP: 1, A. Daniels (Ver) 11.31/37'1½"; 2, Y. Fountain (S'end) 10.67/35'0". DT: 1, Daniels 38.62/126'8"; 2, Fountain 33.48/109'10". JT: 1, Fountain 37.60/123'4"; 2, H. Bushnell (Chelm) 31.28/102'7". (Intermediates) 100y: G. Taylor (Ex) 11.5. 220: 1, M. Martin (Ex) 26.7; 2, D. Rayner (BoE) 26.9. 880: 1, C. Brannon (Hav) 2:26.3; 2, M. Taylor (Ilf) 2:27.0. 80mH: 1, Taylor 12.4 (12.3 ht); 2, C. Reddings (S'end) 12.4 (12.3 ht). 4x110: Essex LAC 52.0. HJ: 1, Taylor 1.50/4'11"; 2, Reddings 1.50; 3, L. White (Basildon) 1.47/4'10". JT: 1, L. Watson (BoE) 31.24/102'6"; 2, S. Davies (Had) 29.88/98'0". (Juniors) 100y: S. Rothan (Ilf) 12.0. 220: P. French (S'end) 27.9. 880: 1, B. Watts (S'end) 2:28.6; 2, V. Day (S'end) 2:29.3; 3, Y. Devries (Chelm) 2:33.3. 80yH: 1, Pendle (S'end) 12.0; 2, P. Stockley (Chelm) 12.0; 3, H. Alderton (Ex) 12.3. LJ: D. Liston (S'end) 4.85/15'11". SP: 1, E. Shipton (Chelm) 10.31/33'10"; 2, J. Pridmore (BoE) 9.97/32'8½"; 3, E. Johnson (BoE) 9.35/30'8". DT: 1, Shipton 28.24/92'8"; 2, Johnson 28.00/91'10". JT: 1, Pridmore 30.76/100'11"; 2, A. White (Ver) 26.28/87'6".

Ealing & Southall Pentathlon, at Southall. 1, J. Francis 2477; 2, J. Rayner 2394; 3, D. Terry 2293. (Juniors) 1, P. Jones 2966 (6.62, 42.92, 24.4,



Steve Kenyon (Bolton United), 230, and A. Sladden (Salford), first and second in the Halifax Harriers Youths Race. Eric North

41.40, 5:07.0); 2, D. Bennington 2140; 3, R. Bensley 2118.

September 23rd

Cardiff AAC Championships, at Maindy. 5000m: 1, B. Hayward 14:45.6; 2, M. Rowland (New) 14:50.0; 3, C. Williams 14:55.8. (Women) 400: D. Davies 59.9.

September 27th

Bridgend YMCA 7½M Road Race. 1, D. Francis (West) 36.45; 2, J. O'Brien (Pt. Tal) 37.24; 3, P. Darney (Card) 37.56. Teams: 1, Westbury 12; 2, Cardiff 22; 3, Port Talbot 33.

Veterans AC 3M Cross-Country. 1, A. Welling (12.00) 14.43; 2, T. Mitchell (7.15) 14.54; 3, J. Walker (5.00) 15.04. Fastest: C. Walker 17.26.

Herne Hill H. 4M Road Race, at Tooting. 1, M. Gowan 18.26; 2, K. Hylands 18.55; 3, S. Allen 19.16; 4, D. Evans 19.19; 5, M. Hannahoe 19.21; 6, D. Card 19.22. Handicap: Allen.

September 27th/28th

Herne Hill H. Decathlon Championship, at Tooting Bec. 1, R. Fisher 5840 (11.8, 6.13, 10.61, 1.72, 53.4, 16.4, 31.18, 2.74, 47.53, 4:37.0); 2, M. Ferne (Ex-Mitcham AC) 5027; 3, J. Sam 4666 (49.2 400m). Juniors: G. Duffy (Yth) 5050.

September 28th

Crawley AC Club Championships. 10,000m: 1, P. Moore 32:22.8; 2, A. Weeks-Pearson 32:33.6; 3, A. Hayes 33:13.4. Youths 5000: R. Pateman 16:52.0. Boys 5000: P. Stannard 18:50.0. Junior Girls 1500: 1, J. Piper 5:05.8; 2, D. Attwater 5:13.0; 3, J. Spiers 5:24.5.

ADAPTING TO DIFFICULTIES

The Horizontal Jumps & Pole Vault — By Denis Watts

WITH Tartan tracks and runways being laid all over Europe it is time to re-assess our methods of establishing long jump, triple jump and pole vault approach runs. The experience of the British team in Verona, and again in Hamburg, showed that where a common pit is used for long and triple jump with approach runs from either direction, as often as not the long jump approach is not long enough and the triple jumper is left in a hopeless position with a very short run indeed. In Verona a new Tartan surface had been laid without reversible take-off boards, which made approaches confusing, as well as the run-ups being too short. Hamburg was not a Tartan approach but laid with rolls of composition rubber; these would have been quite good for triple jump if the distance of the run could have been lengthened.

In the late 1940's and early 1950's it was an absolute necessity for every long jumper to have two approach runs, one short and one long. Cinder approaches were nearly always too short and some were hopelessly inadequate. The writer had two approach runs for long jump, one of 109ft and the other 123ft. Strangely enough, the triple jump approach didn't really matter because, in Britain, there were only three competitions available in any one season apart from the occasional international match. We had the County Championships, Inter-County Championships and AAA Championships. The last two were held at White City, where the triple jump approach was unlimited in that it took place off the grass in the centre into the high jump pit! Sometimes the grass was mown to form a lane for the approach which allowed competitors to see the hoofmarks made by the horses that had taken part in the Horse Show which often took place the previous week.

We now appear to be faced with the same type of problem, that in trying to find room to establish satisfactory approaches from two directions and lay Tartan surfaces for both long and triple jumps, we are losing out on essential distance. It is essential that every horizontal jumper and pole vaulter establishes two approach runs which can be used with equal facility.

Don Bragg, when due to appear at White City, Manchester, after his 1960 Olympic win in Rome with 15'5", was asked how far he required for his approach. His reply was "146ft." When told he could only get 120ft, he replied laconically "O.K." That afternoon he was vaulting at 15ft. under generally adverse conditions, a dangerous pit by modern standards and an approach 26ft. short of normal. Although he failed to clear 15ft. he got very close to it.

The idea behind any competition is to win and although one can never achieve one's best distance

or height off a short approach, one can certainly win by adapting oneself to adverse conditions better than the rest of the competitors.

The following has been extracted from an article in "Women's Athletics" under the heading of "Another Look at the Long Jump Approach", published April 1969.

Establishment of the Approach run

(a) Before this can be done the athlete must have an adequate background of running (to include sprinting) in order to ensure an even stride length.

(b) **On the track** (100 yards straight):

From a standing start position, repetition 50 yard sprints should be carried out in order to establish a set pattern for the approach run. Once the length of the run has been decided a mark should be placed on the track to simulate the take-off board and suitable check marks inserted. This approach should now be practised in training until it is consolidated. Only then should it be transferred to the runway. Now final adjustments can be made for the jump or vault.

(c) The athlete must be made to appreciate the importance of accurate measurement of approach runs and should use a tape measure. In the jumps the measurement should be made from the front of the board.

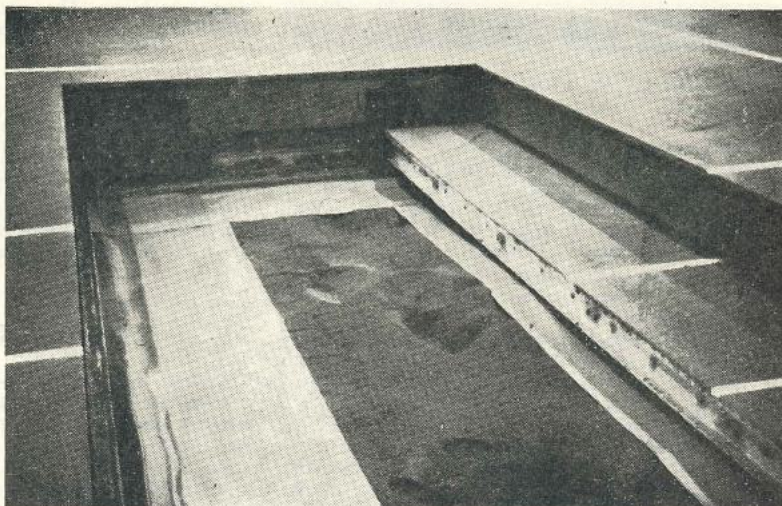
(d) The athlete must be aware of the necessity of adjustment in the light of varying conditions. With a fast track and a following breeze the length of the approach run would be increased. In adverse conditions the length of the run would be decreased.

Much good work has been done by the Kangaroo Club and others timing over the last 20 metres of the approach run. This is an excellent practice and invaluable to coach and athlete in the establishment of a correct take-off pattern.

(1) The jumper should be asked to sprint over the length of his approach on the flat. The last 20 metres is timed on 100th-sec. watch until he has learned to cover these last vital strides at the greatest possible speed. The start may be varied to see if walking or trotting on to the mark gives more relaxation and, therefore, better results at the end of the run. The length of the approach may also be varied with better results; this is a matter for experiment.

(2) The athlete now transfers the run to the jumping pit and the coach places two flags, on 20 metres back from the board and one at the board. The times are now taken again by the same coach, on the same watch and in the same manner. It will now be seen how much time is lost when the athlete is required to jump. The distance of each jump should be recorded as well as the time.

The hydraulically operated long and triple jump pit in Stuttgart, described below.



The times in the table below were recorded at the Courage Award Long Jump Course held at Solihull on the Tartan approach, January 26th-28th, 1968.

The first three times shown are for 20 metres without a jump on the end; the figures after these are for 20 metres with a full effort jump, both time and distance being recorded. Notice the jumps by Peter Reed and David Walker, where very little time was lost and excellent distances achieved. In some other cases, although excellent times were recorded in relation to their fastest 20 metres, poor distances resulted because of inability to achieve lift with the increase in speed. Some of the girls lost far too much speed, although Ann Wilson losing .21 still managed a good 19ft. 4in.

Stuttgart

The Field House used for warming up in the Europe v. Western Hemisphere match in Stuttgart has ideal facilities for long jump and triple jump. The hall itself is approximately 90yds x 40yds of Tartan surface. The long and triple jump pit (as illustrated) is hydraulically operated by one switch. The pit has been lowered and the Tartan top surface is now sliding out into position from right to left of the picture. When in the correct position it comes up flush with the floor. Note that the pit has rubber flaps in order to keep the sand in position. The whole operation from pressing the switch to completion takes 2-3 minutes. All the take-off boards for long and triple jump are reversible.

TIMES AND JUMPS RECORDED AT 1968 "COURAGE AWARD" COURSE

	20m	20m	20m	Last 20m and Jump	Last 20m and Jump					
Gwyn Williams	1.98	1.98	1.98	23'11"	23'0"	23'5"	23'6½"	23'0"		
				2.04	2.08	2.07	2.04	2.12		
Peter Reed	2.01	2.03	2.00	23'4"			24'6"	24'8½"	23'3"	23'3"
				2.08			2.01	2.04	2.09	2.1
David Walker	2.01	1.98	2.00	23'0"	22'9"		24'2"			
				2.05	2.00		2.01			
Alan Lerwill	2.03	2.00	2.10	NJ			21'7"			
				2.05			2.16			
John Howell	2.04	2.08	2.09							
Anita Neil	2.20	2.19	2.14	18'11"	19'3"		19'0"	19'1½"	18'7"	
				2.35				2.13		
Maureen Barton	2.19	2.29	2.30	18'2"			18'6"	18'0"	17'4"	
				2.28			2.31	2.38		
Ann Wilson	2.22	2.34	2.20	19'8"			18'11"	19'4"	19'1"	18'8"
				2.37	2.32		2.42	2.41	2.44	2.44

LETTERS

IAAF'S SHOE RULING WAS NECESSARY

Dear Sir,

I was sorry to see the article "Whiter than White" by Brian Mitchell which appeared in your issue of September 13th, in connection with the recent IAAF decision to ban track shoes with distinctive colours or markings at International Athletics Meetings. Although the article is humorous, the underlying intention was to ridicule what I believe to be an entirely equitable and necessary ruling.

With due respect, I consider this is the only possible action the IAAF can take to protect both the athletes and the sport from the intrusion of commercial interference.

We are aware that certain manufacturers of track shoes are in the habit of giving away these shoes to any athlete who achieves a fair measure of success, and is therefore likely to be in the public eye—particularly the television eye. This also applies to coaches, and I personally have had shoes given to me by one well known German manufacturer within a few weeks of being invited to take part in a Coaching Clinic in Canada. These manufacturers do not organise this free distribution for altruistic reasons—they do so because they know that if international athletes are seen wearing a particular brand of shoe in which they have achieved success, the rank and file of the sport will follow suit and buy the same brand.

These are the facts, and I am not going to suggest that a limited and controlled distribution of shoes is necessarily against the interests of the sport. There may well be some amateur athletes who find it difficult to afford the cost of two or three pairs of top quality track shoes each year. What has worried the legislators of the sport at international level have been the strong rumours that financial inducements have been offered to the world's top athletes to wear particular brands of easily recognisable shoes. Reports were received from Mexico that the size of these inducements during the Olympic Games was quite formidable, and clearly such a procedure is in direct contravention, not only of the rules, but also of the spirit of amateur sport.

The IAAF were faced with a difficult problem here, because they had to institute some method of controlling the abuse without being accused of dictation by a governing body. Their solution seems to me to be an entirely practicable and effective one. If they make sure that no shoes are worn by athletes which are identifiable by their external markings, then no advertising value can result, and the need for financial or other inducement is removed. This does not prevent the manufacturers from continuing their sales promotion, perhaps in future by rather more orthodox methods than in the past, nor does it in any way limit the choice of the athlete in the brand of shoe he will wear. In my humble opinion, this is an extremely equitable solution to a rather tire-

some problem. The only ones who lose out are those who want to break the rules!

D. N. J. Cullum;

Exeter

Dear Sir,

I have just forced myself to finish reading the rather foolish article by Mr. Mitchell.

It may be true that the recent IAAF ruling on shoes may be hasty and ill-judged but the blame for this lies entirely with the two German shoe makers, who have no interest in our sport apart from the money they can make.

W. Stevens,

Shaftesbury Harriers

JANIS LUSIS

Dear Sir,

I read with interest your synopsis of Lusia's victory at Athens, and agree with you concerning his complete domination of his event both there and at Mexico, despite the different methods he used. You speak of his "hitting top form at the right moment" as being uncanny. I saw his winning Mexico throw on television and to me he did not appear to be trying on that final all-important effort. I am led to believe he is capable of far more than 305ft. but unwilling to throw further than necessary for fear of spoiling the closeness of world competition.

Henry J. Roche,

Ilkley, Yorks.

Janis Lusia has stated he has one more ambition: to throw the javelin 100 metres (328'1")!
—Ed.

NO EXCUSES NEEDED

Dear Sir,

I feel I must take issue with Mel Watman on his report from Athens (Part 2) concerning the 3000m steeplechase heats.

The major casualty he so describes, whilst not disagreeing with the disappointment of John Jackson failing to qualify, was grossly exaggerated. It was in fact, as seen through my "glasses", a mere *mêlée* as so often seen in these events. An athlete of John's outstanding ability does not, I am sure, need excuses to be made for him.

Come, come Mr. Watman, give praise where it is due and no exaggerated excuses for a disappointment, please. You have spoilt what I otherwise considered an interesting and un-biased report.

G. H. Burchell,

Reading

UNFAIR ON THE SPECIALISTS

Dear Sir,

A fashionable idea in our sport, found especially in inter-club meetings, is that "Track Events take precedence over Field Events". That such a principle ever gained credence can only be ascribed to the prevalence of the attitude that Track Events are superior in some way to Field Events.

So often Field Event competitions are spoilt by competitors who are competing in other events at the same time. Judges are too often prepared

to let them take their trials out of their proper turn, or even on occasions before or after the competition has finished. This does tend to make the competition "pseudo", and is unfair on competitors who complete solely in one event as a specialist event.

The chief fault of this occurring lies with clubs who pick competitors for events whose starting times clash. May I make a plea that clubs avoid picking competitors for events in which it will be impossible to double, unless the competitor is prepared to make rather quick dashes between events so that neither suffers?

Terry Haines,
Gloucester

INJUSTICE TO GWYN WILLIAMS

Dear Sir,

I feel a great injustice has been done to Welsh long jumper Gwyn Williams in excluding him from the British team to compete against Finland. Williams has competed 13 times this year and been beaten only twice—once in Brno and once at the AAA Championships when he lost 3rd place to Phil Scott on a countback. Yet having beaten Peter Hudson of Blackheath on five occasions out of five this year, Hudson has been chosen.

With wins in two AAA meetings, three wins in National League Division One matches and many others, Williams has again been snubbed. Wake up you selectors and do your homework!

Bryn Jones,
Cardiff



Gwyn Williams—unfairly left out?

Sportsvie

LOW SPRINTING STANDARD

Dear Sir,

I feel I must congratulate you on your excellent reporting and results by Stan Greenberg of the European Championships. While congratulating also, our athletes on their "above expected" performances, one thing (if not already known) has really come home: the low European standard of our men sprinters—Barrie Kelly excepted.

Our lowly field event athletes have now definitely overtaken them. This in my opinion is now a much more serious problem than field event standards.

T. E. Merriman,
Harrow

A JUNIOR INTERNATIONAL SAYS "THANK YOU"

Dear Sir,

Although the last Junior International finished some time ago, it is probably only now, as the participants sift through their souvenirs, that they realise how much they enjoyed themselves.

On both the French and German trips the team was treated by eager-to-please, helpful, friendly hosts, who one would have to go very long way to see bettered. Within the team there was an *esprit de corps* which, escalating during the French trip, reached a high on the German trip. It was shared by all, including the team officials. They integrated with the athletes and were always ready to help or advise in any way that would benefit the team.

By now the knockers and sceptics will be repeating with increasing monotony:—"They seem to have had two very nice week-ends, but what's the point when they lose both times?" But they are surely missing the point.

Part of the answer of course lies in the words of the Olympic creed ("... the important thing ..."). But if the Junior Internationals continue and become (as they are in France and Germany) as important as Senior Internationals, then winning will become more likely. I hope that the sort of encouragement we have received this year will be extended to the Juniors of future years both at home and abroad.

Every member of the team will have gained some experience, the kind of which he could only gain in this type of match. How to cope with heat, the nerves encountered at international level, or if not, something as ordinary as differing techniques. All these points will be invaluable if Senior selection should come their way, as some of our members have discovered already.

This year is the first that the Junior Internationals have come under a separate organising body and I cannot imagine anybody thinking that this is a dispensable luxury.

Finally, I would like to thank those who made the trips possible and enjoyable. The team has already done this privately, but it is thanks that suffer naught from being aired, and we are indeed most grateful.

A member of the British Junior team
(on behalf of all the team members)

A TRIP TO REMEMBER?

So you think international athletes lead glamorous lives. Read on

AS the majority of the British Team left Athens for home the remainder faced a relaxing day on the beach, a short flight to Sicily, a day of leisure in Syracuse, mild competition on the Wednesday and time to recover before flying to Hamburg to compete against West Germany. That events did not bear out this forecast can be said to be a considerable understatement.

The Athens-Sicily flight time altered so frequently that take-off was greeted with multi-lingual cries of disbelief. Maximum joke rating was instantly awarded to the aircraft, with the service running a close second.

The tumble dryer effect heralded the planes' arrival in the mammoth electrical storm that had broken the five-month drought in Sicily. The Anglo-Spanish poker game had to be abandoned as chips, cards and then players started to fly about the fuselage. The weather it seemed was determined to make up for lost time.

By Bob Adams

Catania airport was under water; no real hard-ship except that no transport ferried between plane and building. However shoes and socks had time to dry as customs took two hours to clear the one plane-load. With malice aforethought baggage issued forth into the open air and socks and shoes were re-soaked as these were collected and stacked aboard two Sicilian coaches (no comment).

At 3.30 a.m. two coach-loads of jaded athletes disembarked at the Hotel Agip, Syracuse. At 3.45 a.m. rooms had been allocated. At 3.55 a.m. the first Sicilian power failure occurred.

At 10 a.m. the British Team Manager emerged and took the lift (all power restored) towards the ground floor. The second Sicilian power cut was held responsible for a new Scottish National Expensive Record being set up between ground and first floors. This was broken several more times as the Team Manager (having been liberated) made his way, ankle deep, two miles to change thousands of drachmae into millions of lira.

He was informed, on his return, that the International Athletics Meeting, thought to have been scheduled for Wednesday was in fact to start in five hours time. The reception he gave to this news, though vigorous, had nothing on the reaction of the athletes.

Without much enthusiasm the athletes endured a lunch of macaroni, and then ventured outside to inspect the track. This was found to be under water and buffeted by gale force winds. So this was what the waterproof track suits were for!

Nothing daunted, the meeting started at 5.30. The first heat of the 100m got away at the sixth attempt. Don Halliday fought his way against the wind to win in 11.1. Nowosz of Poland took the second heat in 10.8 with Roger Walters, right with his, recording 10.9 to join Halliday in the final.

Silai of Rumania shot into the lead as the gun went for the start of the women's 800m. Hot on her heels was a Norwegian girl, and Jane Perry. Silai splashed her way round the first lap, gradually increasing her lead; the Norwegian dropped back at 550m and Jane continued in pursuit. These positions were maintained to the tape with Jane recording 2:08.5 in second place.

The men's 800m followed. As the field broke from lanes the floodlights went out and only instinct kept the runners on the track. Approaching the bell Bob Adams was found to be in the lead as the lights resumed. The race then began in earnest as Bob with a following gale, blasted the third 200. Wardak of Poland and Brustad of Norway fell back but Ouko of Kenya proved the stronger swimmer in the final straight to end up six yards clear in 1:50.4.

The 400m proved to be a complete reversal of the 800. The lights failed just before the start and re-appeared at the 200m mark. Colin Campbell and Asati of Kenya had rocketed away, and with the following wind must have reached half way in record time. The wily Badenski was completely outmanoeuvred by this performance and trailed in third behind Asati and Colin, who fought a dogged battle to the finish. Asati's time was an astounding 46.2 and Colin's a season's best of 46.6. Colin reckoned that in the face of such diabolical conditions and after suffering all the disturbances and upsets that Sicily could provide, nervous tension just didn't exist—one just got out and ran. However this sort of build-up to a race is not recommended!

The final of the 100m was, sadly for Don and Roger, cancelled when the lights failed during another violent cloudburst. This was the official explanation—rumours had it that piranha fish had been glimpsed in the water covering the track. The Great Britain waterproofs had been tested and found to be totally impermeable and the British team (except Don and Roger) all came away with silver medals.

The Sicilians could not get rid of the visiting athletes fast enough (some having to leave at 5 next morning). The British, not wishing to curtail their beauty sleep, took their time, missed the Hamburg plane (Sicilian error of timing!), and were forced to alter destination to London (via Rome and Pisa). Never was the sight of Heathrow more welcome.

INTER-LEAGUE MATCH

At Hull, September 27th

(Men) 1, Hull 269; 2, West Yorkshire 165; 3, South Yorkshire 115. (Women) 1, Hull 204; 2, West Yorkshire 143½; 3, South Yorkshire 86½.

100m: S. Bell (Guest) 11.1. 3000: 1, R. Hollings (WY) 8:42.2; 2, C. Garforth (CUAC/Guest-J) 8:50.2. 4x200: Hull 1:31.7. TJ: 1, P. Knowles (SY) 14.32/47'0; 2, D. Johnson (SY) 13.63/44'8½. JT: A. Stevenson (Hull) 62.84/206'2". (Juniors) 100m: J. Law (Hull) 11.3. 400: G. Whittleston (Hull) 51.7. 1500: Garforth (Hull) 4:05.5. (Youths) 800: R. Firth (WY) 2:02.4. 4x200: Hull 1:37.5. TJ: D. Johnson (SY) 13.66/44'10". DT: K. King (Hull) 47.14/154'8". (Boys) 100m: D. Artley (Hull) 11.6. 1500: N. Tillotson (WY) 4:22.5. 4x200: Hull 1:38.1. SP: T. Hay (Hull) 13.64/44'9¼". (Women) 400: P. Stanley (Hull) 57.0. 800: 1, Stanley 2:15.4; 2, C. Howell (Hull) 2:22.2. 100H: A. D'Arcy (WY) 15.0; 2, S. Anderson (Hull) 15.5. HJ: D'Arcy 1.52/5'0". SP: D'Arcy 10.67/35'0"; 2, S. Anderson (Hull) 9.89/32'5½". (Intermediates) 100m: L. Wilkinson (Hull) 12.8. 400: 1, D. Webster (Hull) 57.3; 2, Wilkinson 58.8; 3, S. Sugden (WY) 61.0; 4, D. Page (SY) 62.5. 800: 1, Sugden 2:23.2; 2, S. Howell (Hull) 2:26.4. 80mH: 1, J. Plews (SY) 12.4; 2, A. Smith (Hull) 12.9. 4x200: Hull 1:49.3. LJ: 1, Plews 5.10/16'9"; 2, Wilkinson 5.05/16'7". JT: J. Spruce (SY) 28.40/93'2". (Juniors) 100m: J. Webster (WY) 12.9. 200: 1, J. Mason (Hull) 27.5; 2, L. Dalton (SY) 27.8. 800: 1, J. Wood (WY) 2:29.9; 2, D. Hutchinson (Hull) 2:30.0; 3, S. Harrison (Hull) 2:30.5; 4, E. Clark (Hull) 2:31.2. 80yH: 1, Wood 11.9; 2, B. Vinning (Hull) 12.2; 3, J.

Freeston (SY) 12.4. 4x100: 1, Hull 51.7; 2, West Yorkshire 52.6. HJ: L. Atkin (Hull) 1.42/4'8". SP: 1, E. Marshall (Hul) 11.63/38'2"; 2, S. Kay (—) 11.22/36'10".

THIEVELEY PIKE FELL RACE

September 27th

1. P. Watson (Pudsey & Bramley) 21.20
2. M. Davies (Reading) 21.23
3. H. Walker (Blackburn) 21.27
4. D. Cannon (Kendal) 21.36; 5. J. Waterhouse (Bingley) 22.02; 6. T. Proctor (Roch) 22.06; 7. D. Hodgson (Leeds Cty) 22.38; 8. A. Ladro (Kendal) 22.43; 9. C. Fitt (Kendal) 22.52; 10. D. Ashworth (Ross) 23.40; 11. R. Jackson (Salford) 23.44; 12. C. Towers (Leeds) 23.57; 13. G. Garnett (Bing) 24.02; 14. J. Smith (Bury) 24.04; 15. J. Salt (Roch) 24.08; 16. H. Turner (Ross) 24.08; 17. T. Taylor (Roch) 24.10; 18. R. Curwen (Pres) 24.15; 19. A. Harmer (Lanc) 24.16; 20. A. Spence (Bing) 24.19; 21. F. Booth (Bury) 24.22; 22. E. Roberts (Ross) 24.50; 23. P. Whittaker (Oldham) 24.50; 24. K. Smith (Clayton-I-M) 24.54; 25. D. Mitchell (Bing) 24.54. 53 finished. Under-18: Ashworth, Veteran: Mitchell.

Third in the 400mH in the National League qualifying match was Richard, and not David, Barrington.

* * *

Any Business Houses and Old Boys' Clubs wishing to compete in next year's London Transport Relay should contact I. K. George, 54 Rothschild Street, London, S.E.27 (01-670-3991).

AIREDALE SPEN VALLEY A.C.

THE THIRD BATLEY ROAD RACE FESTIVAL

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, OCTOBER 26th, 1969, 2.0 p.m.

FROM TOWN HALL SQUARE,
BATLEY : YORKSHIRE

2 p.m. Girls & Ladies 3x1 Mile Medley Road Relay (1 Jnr, 1 Inter., 1 Senior).

Entry: 7/6 per team (inc. tea). Good prizes.

2.30 p.m. Young Athletes' Medley Road Relay.

1 Colt (Under 14) one 1 Mile Lap.

1 Boy (14-16) one 2 Mile Lap.

1 Youth (16-18) one 3 Mile Lap.

Per team

Entry: 7/6 per team (inc. tea). Ages as on Sept. 1st, 1969. Good prizes (Schools & Clubs).

3.30 p.m. Senior Men's Six Miles (over 18) Road Race—three 2 Mile laps.

Entry: 3/- per ind. (inc. tea). No team fee.

Prizes for Seniors, Juniors, Veterans and teams in leading positions. Four to count.

Course record: 25.51 by Alan Blinston 1967.

All entries with fees to R. Tristram, Park House, Low Moor, Bradford, by Monday, October 20th

Something for every age, so why not come along? Only 4 miles from M.1 Motorway.

MEDWAY ATHLETIC CLUB**46th ROCHESTER "5"**

NOVEMBER 15th, 1969

Start: 3 p.m.

ROCHESTER ESPLANADE**AWARDS :**

Willis Cup: 1st Individual

Simmons Cup: 1st Team

Charlie Pay Trophy: 1st Kent runner

Prizes kindly donated by "Athletics Weekly" first six individuals, first three teams, first "B" team, first Veteran.

Changing accommodation: 10 minutes from start at T.A. Centre, Fort Clarence, St. Margaret's Street, Rochester.

Entries: 6 to run, 4 to score

Fees: 10/- Teams and 2/6 Individuals

Race Sec: F. Sando, 186 Woodlands Road, Aylesford, nr. Maidstone, Kent (Medway 70933) S.A.E. please.

CLOSING DATE: 3rd NOVEMBER, 1969

Australians Do Well In Pacific Games

AUSTRALIA won paramount honours in the first Pacific Conference Games among five nations by winning 15 gold medals in the two-day competition in fine autumn weather conditions at the National Stadium, Tokyo, on September 27th/28th. A relatively second-rate USA team followed with 11 gold medals; Canada won three gold medals, New Zealand two and Japan one.

Kyoichiro Inoue (24) won the only gold medal for Japan by winning the pole vault with a height of 5.10/16'8 $\frac{1}{2}$ ". He cleared this height on his first try. Bob Seagren, the Olympic champion, who arrived from Los Angeles only 11 hours before the competition, was second with 4.90/16'1", his opening height. He passed 5.00/16'5" and failed to clear the bar at 5.10 metres.

Kerry O'Brien of Australia won the 3000m steeplechase, which was the most thrilling race, in 8:35.4. O'Brien was in the lead with one lap to go, with team-mate Tony Manning and Taketsugu Saruwatari of Japan close behind in a field of seven runners. O'Brien running strongly, held the lead all the rest of the way to win by just a one-metre margin. Saruwatari spurred hard with 200m remaining in a desperate effort to win the gold medal for Japan. He overtook Manning, but the Australian came from behind to beat him by a stride at the tape for the silver medal. Manning clocked 8:35.6 and Saruwatari set a new national record of 8:35.8.



REX MADDAFORD (NZ)

Placed 2nd in the Tokyo 5000m

Ken Moore (25) of the US Army won the 10,000m. At the bell Australian David Lott was in the lead by a stride. Japan's Tsugumichi Suzuki spurred and held the lead until the final straight. Moore then started sprinting, ran neck-and-neck with Suzuki and won by a stride in 29:01.2.

Kathy Hammond (17) of the USA won the women's 400m in 53.4 but placed only fourth in the 200m in which pony-tailed Raelene Boyle (18) of Australia led all the way in 23.9.

The next Pacific Conference Games will be held in Toronto, Canada, in July 1973.

Atsushi Hoshino

(a) Sept. 27th, (b) Sept. 28th

100m: (b) (— 0.1m/s) 1, Ivory Crockett (USA) 10.4; 2, Greg Lewis (Aus) 10.6; 3, Masahide Jinno (Jap) 10.6; 4, Peter Norman (Aus) 10.8; 5, Frank Crocker (NZ) 10.9.

200m: (a) (— 0.1m/s) 1, Norman 21.0; 2, Lewis 21.0; 3, Crockett 21.3; 4, Bill McKinnon (Can) 21.7; 5, Charles Francis (Can) 21.8.

400m: (a) 1, Len van Hofwegen (USA) 46.6; 2, Jay Elbel (USA) 47.6; 3, Tony Powell (Can) 48.1; 4, Craig Blackman (Can) 48.5; 5, Philip Kear (NZ) 48.6; 6, Yoshiharu Tomonaga (Jap) 48.6.

800m: (b) 1, Ralph Doubell (Aus) 1:48.0; 2, Keith Wheeler (Aus) 1:48.9; 3, Lowell Paul (USA) 1:48.9; 4, Thoru Ohta (Jap) 1:49.0; 5, Kevin Ross (NZ) 1:49.6; 6, Ergas Leps (Can) 1:50.5.

1500m: (a) 1, Tony Benson (Aus) 3:43.8; 2, John Taylor (NZ) 3:44.7; 3, Norm Trerise (Can) 3:45.4; 4, Lenardus Quax (NZ) 3:46.4; 5, Bob Day (USA) 3:47.4; 6, Graham Crouch (Aus) 3:48.2.

5000m: (a) 1, Tracy Smith (USA) 13:40.2; 2, Rex Maddaford (NZ) 13:45.8; 3, John Coyle (Aus) 13:48.0; 4, Keisuke Sawaki (Jap) 13:52.0; 5, Bob Finlay (Can) 13:58.8; 6, Katsuaki Isohata (Jap) 14:11.0; 7, John Le Grice (NZ) 14:17.0; 8, Gerry Tighe (Can) 14:23.6.

10,000m: (b) 1, Ken Moore (USA) 29:01.2; 2, Tsugumichi Suzuki (Jap) 29:01.4; 3, David Lott (Aus) 29:02.4; 4, Kenichi Ohtsuki (Jap) 29:06.4; 5, Mike Ryan (NZ) 29:06.8; 6, Jerome Drayton (Can) 29:08.0; 7, Tighe 29:16.8; 8, Coyle 29:54.8.

3000mSC: (b) 1, Kerry O'Brien (Aus) 8:35.4; 2, Tony Manning (Aus) 8:35.6; 3, Taketsugu Saruwatari (Jap) 8:35.8 (rec); 4, Barry Brown (USA) 8:45.2; 5, Nobuoshi Miura (Jap) 8:45.6; 6, Ray Varey (Can) 8:50.2; 7, Edward Wyatt (NZ) 8:55.8.

110mH: (a) (— 0.2m/s) 1, Gary Power (USA) 14.1; 2, Mal Baird (Aus) 14.4; 3, Dale Frederick (USA) 14.5; 4, Gary Knoke (Aus) 14.6; 5, Brian Donnelly (Can) 14.7; 6, Chikashi Watanabe (Jap) 14.7.

400mH: (b) 1, Knoke 51.0; 2, Bill Hooker (Aus) 52.7; 3, Donnelly 52.9; 4, Eiichi Ikuta (Jap) 53.5.

4x100m: (a) 1, Australia (Lewis, Tolbert, May, Norman) 40.8; 2, Japan (Suzuki, Jinno, Shimada, Murata) 40.9; 3, USA (Power, Shinnick, Frey, Crockett) 41.2; 4, Canada (McKinnon, Powell,

Blackman, Francis) 41.5; 5, NZ (Crocker, Pownall, D'Arcy, Smith) 41.5.

4x400m: (b) 1, USA (Frey, Johnson, Elbel, van Hofwegen) 3:07.4; 2, Canada (Francis, Donnelly, Blackman, Powell) 3:12.7; 3, Australia (Knoke, King, Hooker, Doubell) 3:13.3; 4, NZ (Kear, Ross, Atchison, Norris) 3:14.2; Japan disqualified.

HT: (a) 1, Laurie Peckham (Aus) 2:14/7'0 1/2"; 2, Phil Shinnick (USA) 2:06/6'9"; 3, Hidehiko Tomizawa (Jap) 2:06; 4, Kuniyoshi Sugioka (Jap) 2:03/6'8"; 5, Tony Sneazwell (Aus) 2:03; 6, Robert Spiers (Aus) 2:03.

PV: (b) 1, Kyoichiro Inoue (Jap) 5.10/16'8 1/4"; 2, Bob Seagren (USA) 4.90/16'1"; 3, Kiyoshi Niwa (Jap) 4.90; 4, Bob Raftis (Can) 4.90; 5, Ray Boyd (Aus) 4.70/15'5"; 6, Larry Wolfe (Can) 4.50/14'9 1/4".

LJ: (b) 1, Phil May (Aus) 7.74/25'4 1/4"; 2, Shinji Ogura (Jap) 7.58/24'10 1/4"; 3, Hirooomi Yamada (Jap) 7.56/24'9 1/4"; 4, Phil Shinnick (USA) 7.48/24'6 1/4"; 5, Michael Charland (Can) 7.39/24'3"; 6, Murray Tolbert (Aus) 7.34/24'1"; 7, David Norris (NZ) 7.16/23'6"; 8, Henry Jackson (USA) 7.14/23'5 1/4".

TJ: (a) 1, May 16.53/54'2 1/2"; 2, Masato Muraki (Jap) 16.36/53'8"; 3, Toshiaki Inoue (Jap) 15.88/52'1 1/4"; 4, Gerard McGrath (Aus) 15.75/51'8"; 5, Norris 15.46/50'8 1/4"; 6, Jackson 14.96/49'1".

SP: (a) 1, Les Mills (NZ) 18.90/62'0"; 2, Brian Oldfield (USA) 18.85/61'10 1/4"; 3, David Steen (Can) 18.54/60'10 1/4"; 4, Stu Hunnings (Can) 16.52/54'2 1/2"; 5, Ray Rigby (Aus) 16.39/53'9".

DT: (a) 1, George Puce (Can) 56.00/183'9"; 2, Tim Vollmer (USA) 54.96/180'4"; 3, Steen 54.94/180'3"; 4, Dick Drescher (USA) 53.82/176'7"; 5, Mills 53.14/174'4".

HT: (b) 1, George Frenn (USA) 65.00/213'3"; 2, Yoshihisa Ishida (Jap) 64.74/212'5"; 3, Sigenobu Murofushi (Jap) 63.32/207'9"; 4, Gary Salmond (Can) 57.24/187'9"; 5, Richard Leffler (Aus) 56.72/186'1".

JT: (a) 1, Milt Sonsky (USA) 80.36/263'8"; 2, Hisao Yamamoto (Jap) 75.34/247'2"; 3, Sigmund Kosick (Aus) 73.84/242'3"; 4, Stu Hunnings (Can) 71.66/235'1".

WOMEN'S EVENTS

100m: (a) (nil) 1, Marion Hoffman (Aus) 11.7; 2, Penny Haworth (NZ) 11.9; 3, Stephanie Berto (Can) 11.9; 4, Jennifer Lamy (Aus) 12.0; 5, Irene Piotrowski (Can) 12.0; 6, Barbara Ferrell (USA) 12.1.

200m: (b) — 0.45m/s 1, Raelene Boyle (Aus) 23.9; 2, Hoffman 24.1; 3, Haworth 24.3; 4, Kathy Hammon (USA) 24.4; 5, Berto 24.6; 6, Joan Hendry (Can) 24.7.

400m: (b) 1, Hammond 53.4; 2, Lorraine Wilson (NZ) 54.5; 3, Nancy Shafer (USA) 54.6 (54.3 ht); 4, Cheryl Peasley (Aus) 55.; 5, Sylvia Potts (NZ) 56.0; 6, Gayle Olinek (Can) 56.2; 7, Piotrowski 56.3; Boyle disq. (55.8 ht); Yasuyo Mishima (Jap) 56.5 in heat.

800m: (a) 1, Peasey 2:04.7; 2, Doris Brown (USA) 2:05.4; 3, Shafer 2:06.5; 4, Potts 2:08.6; 5, Thelma Fynn (Can) 2:10.6; 6, Chiyoko Okamoto (Jap) 2:10.7; 7, Noreen Liepins (Can) 2:10.8; 8, Jean Thomson (NZ) 2:11.6.

1500m: (b) 1, Brown 4:19.9; 2, Jean Robinson (NZ) 4:23.0; 3, Fran Larrieu (USA) 4:28.5; 4, Liepins 4:28.6; 5, Thomson 4:35.8; 6, Fynn 4:37.0.

100mH: (a) (nil) 1, Pam Kilborn (Aus) 13.3; 2, Penny McCallum (USA) 14.0; 3, Mamie Rallins (USA) 14.2; 4, Jan Gotzer (USA) 14.3; 5, Haruyo Wukui (Jap) 14.4; 6, Barbara Poulsen (NZ) 14.6.

4x100m: (b) 1, Australia (Hoffman, Pease, Boyle, Lamy) 45.1; 2, Canada (Berto, May, Piotrowski, Hendry) 46.0; 3, NZ (Snow, Haworth, Wilson, Wiegel) 46.4; 4, USA (White, Grotzer, Rallins, Ferrell) 46.8; 5, Japan (Satho, Imaibumi, Fukui, Sukegawa) 47.4.

HJ: (b) 1, Debbie Brill (Can) 1.71/5'7 1/4"; 2, Carolyn Wright (Aus) 1.71; 3, Diane Jones (Can) & Ann Baster (NZ) 1.60/5'3"; 5, Joyce Kenny (NZ) 1.60.

LJ: (a) 1, Willye White (USA) 6.26/20'6 1/2" w (legal 6.22/20'5"); 2, Hiroko Yamashita (Jap) 6.11/20'0 1/4"; 3, Brenda Eisler (Can) 5.98/19'7 1/2"; 4, Diane Pease (Aus) 5.96/19'6 1/2"; 5, Hendry 5.88/19'3 1/2"; 6, Lynda Snow (NZ) 5.77/18'11 1/4"; 7, Pamela Wiegel (NZ) 5.74/18'10"; 8, Lamy 5.69/18'8".

SP: (b) 1, Poulsen 14.90/48'10 1/4"; 2, Lynn Graham (USA) 14.84/48'8 1/4"; 3, Diane Charteris (NZ) 14.48/47'6"; 4, Jean Roberts (Aus) 13.99/45'10 1/4"; 5, Joan Pavelich (Can) 13.35/43'9 1/4"; 6, Jay Dahlgren (Can) 13.04/42'9 1/4".

DT: (a) 1, Roberts 51.14/167'9"; 2, Carol Martin (Can) 45.72/150'0"; 3, Charteris 45.28/148'6"; 4, Teruko Yagishita (Jap) 45.14/148'1".

JT: (b) 1, Dahlgren 54.40/178'6"; 2, Petra Rivers (Aus) 52.58/172'6"; 3, Chris Thompson (Aus) 50.76/166'6"; 4, Kyoko Kyono (Jap) 49.04/160'10".

Other Overseas Results

JAPANESE CHAMPIONSHIPS

At Ageo, September 19th-21st

100m: Jinno 10.7; 200m: K. Suzuki 21.8; 400m: Tomonaga (19) 47.7; 800m/1500m: Ohta 1:52.7; 3:51.0; 5000m: T. Suzuki 14:13.6 (28:42.8 10,000m this year), Isohata 14:14.2, Takano 14:15.0 ... 5, Sawaki 14:16.4; 10,000m: Ohtsuki 29:46.0, Usami 29:46.0, Joneshige 29:46.6; 3000mSC: Saruwatari 8:50.0, Miura 8:51.4, Kanbara 8:53.0; 110mH: Watanabe 14.5, Nakayama 14.5; 400mH: Ikuta 53.5; HJ: Sugioka 2.12/6'11 1/2" (1.81/5'11 1/2" tall; has jumped 2.14/7'0 1/4" this year); PV: Niwa 4.90/16'1" (5.10/16'8 1/4" this year), K. Inoue 4.80/15'9" (5.10 this year); LJ: Ogura 7.90/25'11", Yamada 7.66/25'1 1/2" (7.77/25'6" this year); TJ: Muraki 16.16/53'0 1/4" (16.58/54'4 1/2" this year), T. Inoue (18) 15.82/51'10 1/4" Hamamoto 15.78/51'9 1/4"; SP: Aoki 15.58/51'1 1/2"; T: Hayashi 48.70/159'9"; HT: Ishida 64.50/211'7" (68.44/224'6" this year), Murofushi 63.18/207'3" (67.11/220'2" this year); JT: Yamamoto 74.64/244'10" (79.52/260'10" this year), Satho 71.28/233'10".

Women's 100m: Sukegawa 12.1; 200m: Satho 25.4; 400m: Mishima 57.1; 800m: Okamoto 2:11.2, Mishima 2:11.4; 100mH: Fukui 14.2, Natsume 14.2; HJ: Sone (16) 1.60/5'3"; LJ: Yamashita (18) 6.25/20'6" (6.26/20'6 1/2" this year); SP: Saito 14.64/48'0 1/4"; T: Yagishita 44.78/146'11"; JT: Morita 49.50/162'5".

CANADA

HARRY JEROME, making his first track appearance of the year and with only two weeks training behind him, won the Canadian 100m title in 10.5. Weighing in at around 185lb, Jerome still retains his old-time speed for the first 60 yards and at that stage he was some three yards clear. At the tape he had inches to spare. Other outstanding veterans who competed in the championships included Ergas Leps, Bill Crothers (in the 400m hurdles!), Bruce Kidd, Dave Steen and George Puce. Among the national records set: a 4:29.4 1500m by Mrs. Noreen Liepens, a mother of two, with 15-year-old Doreen Martens 5th in 4:33.0. A few days earlier, at Halifax, a 13-year-old named Town ran 4:48.8 for the distance! Wilf Wedmann jumped 7ft. (2.13) with an extra trial.

Canadian Champs. (at Victoria, B.C., August 30th/31st):—100m: Jerome 10.5, Francis 10.6; 200m: Powell 21.4, Mackinnon 21.4; 400m: Powell 47.2, Blackman (18) 47.4; 800m: Leps 1:49.7, Smart 1:50.1; 1500m: Trerise 3:43.8, Smart 3:44.8; 5000m: Finlay 14:08.2, Tighe 14:26.2; 10,000m: Drayton (née Buniak) 30:04.6, Atkinson 30:15.4, Bob Moore 30:20.4, Kidd 30:32.8; 3000mSC: Valey 9:05.4, McLaren 8:12.6; 110mH: Neeland 14.2 (rec), Donnelly 14.2; 400mH: Donnelly 52.8, Crothers 53.6; HJ: Wedmann 2.11/6'11 $\frac{1}{4}$ " (rec), Cuttall 2.01/6'7 $\frac{1}{4}$ "; PV: Raftis 4.89/16'0 $\frac{1}{4}$ ", Wolfe 4.74/15'6 $\frac{1}{4}$ "; LJ: Charland 7.40/24'3 $\frac{1}{4}$ ", Mason 7.29/23'11"; TJ: Johnson 14.90/48'10 $\frac{3}{4}$ ", Konihowski 14.81/48'7"; SP: Steen 17.59/57'8 $\frac{1}{2}$ ", Pirnie 17.21/56'5 $\frac{1}{2}$ "; DT: Puce 57.79/189'7", Roos 52.81/173'3"; HT: Salmond 59.08/193'10", Cairns 57.00/187'0"; JT: Hunnings 77.20/253'3", Heikkila 74.44/244'2"; Dec: (Toronto, Aug. 2/3) Spencer 6676, Stewart 6512. Women's 100m: Piotrowski 11.6, Berto 11.6; 200m: Piotrowski 24.1, Berto 24.4; 400m: Olinek 55.5, Covell 56.7 . . . 4, Yvonne Saunders (ex-Stretford) 58.4; 800m: Hoffman 2:09.0, Fynn 2:09.8; 1500m: Liepens 4:29.4 (rec), Werthner 4:32.3; 100mH: May 14.3 (eq. rec),

Taylor 14.4; 200mH: Busch 27.9 (rec), May 27.9; HJ: Brill 1.70/5'7", Vankiebeet 1.67/5'6"; LJ: Eisler 5.88/19'3 $\frac{1}{2}$ ", Hendry 5.77/18'11 $\frac{1}{4}$ "; SP: Pavelich (16) 13.60/44'7 $\frac{1}{2}$ ", Jones 13.01/42'8 $\frac{1}{4}$ "; DT: Martin 44.54/146'1". Haist 43.41/142'5"; JT: Dahlgren 48.64/159'7", Martin 48.23/158'3"; Pen: (Toronto, Aug. 2/3) Jones 4366, Saunders 4173.

Earlier Canadian results—**1.7. Toronto.** Women's 880y: Joan Dyke (16) 2:11.5; DT: Joan Pavelich (16) 48.24/158'3" (world age best). **2.7. Toronto.** PV: Simpson 4.88/16'0 $\frac{1}{4}$ ". **12.7. Toronto.** Women's 400m: Saunders 56.2 (29.0 200mH on 1.7; 1.62/5'4" HJ on 9.8; 5.62/18'5 $\frac{1}{2}$ " LJ on 29.6). HT: Cairns 62.48/205'0" (rec). **9/10.8. Toronto.** 100m: John Swainson (17) 10.4w; 10,000m: Drayton 29:41.2, Moore 29:49.2; 3000mSC: Valey 8:43.8 (rec), McLaren 8:46.2; 110mH: Neeland 14.1w, Donnelly 14.2; PV: Raftis 5.01/16'1 $\frac{1}{4}$ ", Wolfe 4.87/16'0", Morris 4.72/15'6"; LJ: Mason 7.70/25'3 $\frac{1}{4}$ ". **21-24.8. Halifax.** Women's 100m: Hendry 11.6; HJ: Brill 1.72/5'8".

MEXICO

Melesio Pina set a Mexican 400m record of 46.1, ahead of Javier Sardo (46.3), in the national championships at the Olympic Stadium. Torch-bearer Enriqueta Basilio won the 100m hurdles in 14.1.

BRAZIL

National championship results (Sao Paulo, September 12th-14th) included—100m/LJ: Bosco 10.6 & 7.24/23'9"; 200m: Alcantara 21.6; 400m: Rabaca 48.0; 800m: Pereira 1:51.9; 110mH: Mossa 14.7; 400mH: Costa 54.4; TJ: Prudencio 15.40/50'6 $\frac{1}{4}$ "; SP/DT: Jacques 16.68/54'8 $\frac{1}{2}$ " & 49.56/162'7"; HT: Morais 57.20/187'8"; JT: Faria 68.30/224'1"; Dec: Barbanic 6901 (rec); Mar: Filho 2:17:34, Pereira 2:18:23.5 (very doubtful times); women's 100m/LJ: Pereira 11.9 & 5.89/19'4"; 200m/800m: Rodrigues 25.0/2:13.3; 100mH/Pen: Aida dos Santos 14.8/44.09; HJ: Cipriano 1.60/5'3"; DT: Domingos 45.08/147'11" (rec).



Dieter Fromm (313) kicks from the front with 200m left in the European 800m final. Following are Josef Plachy, Manfred Matuschewski (329) and Yevgeniy Arzhanov. They finished in that order.

Peter Tempest

GREATER LONDON LEAGUE continued from page 10

Juniors

1. L. Cobden (Selsonia)	7.45
2. C. Boxer (Aldershot, Farnham)	7.54
3. J. Van Cuylenburg (Croydon)	8.07
4. S. Hines (Thur) 8.09; 5. K. Kosab (Felt) 8.11;	
6. A. Ellis (Wat) 8.16; 7. L. Salmon (Ryde) 8.22;	
8. E. Cosser (AFD) 8.23; 9. J. Attree (Wat) 8.27;	
10. L. Smith (Thur) 8.29; 11. R. Parker (Win) 8.29;	
12. A. Sonner (Wat) 8.33; 13. A. Fennell (Camber) 8.36;	
14. E. Kerins (AFD) 8.39; 15. K. Marsh (Mit) 8.42;	
16. A. Webster (AFD) 8.47; 17. C. Reeves (Andover) 8.47;	
18. J. Burchett (Hill) 8.47; 19. T. Sparks (Felt) 8.48; 20. P. Carter (Sel) 8.50;	
21. K. Roberts (AFD) 8.54; 22. A. Batt (Harlow) 8.54;	
23. S. Warke (Ver) 8.54; 24. E. Cox (Thur) 8.56;	
25. M. Sonner (Wat) 8.56; 26. J. Morris (And) 8.59;	
27. T. Ban (Thur) 9.01; 28. J. Went (Hays. H) 9.02;	
29. D. Price (Uxb) 9.03; 30. T. Neeson (Uxb) 9.05;	
31. B. Stevenson (Mx) 9.06; 32. S. Ginn (Harlow) 9.07;	
33. A. Ellerway (Felt) 9.07; 34. A. Philips (Sel) 9.08;	
35. D. Webster (AFD) 9.10; 36. J. Kelly (Cam) 9.10;	
37. J. Brothers (Felt) 9.10; 38. M. Hodge (Ilf) 9.13;	
39. H. Davis (Croy) 9.13; 40. J. Kiff (Med) 9.13;	
41. S. Blackwell (Med) 9.15; 42. E. Fariman (Sel) 9.15;	
43. L. Dale (Sel) 9.15; 44. V. Nuttall (Uxb) 9.15;	
45. D. Wheeler (Mx) 9.17; 46. N. Shaw (Felt) 9.17;	
47. K. Higgins (Ver) 9.17; 48. C. Ives (Cam) 9.17;	
49. C. Green (Thur) 9.17; 50. P. Durling (Med) 9.22.	208 closed in.

Teams:

Pts.

1. Aldershot, Farnham	(2, 8.14.16)	40
2. Watford	(6, 9.12.25)	52
3. Thurrock	(4.10.24.27)	65
4. Feltham 95; 5. Selsonia 97; 6. Croydon 159;		
7. Harlow 165; 8. Uxbridge 173; 9. Verlea 200;		
10. Medway 201; 11. Middlesex 205; 12. Cam-		
bridge 240; 13. Epsom 295; 14. Hillingdon 295;		
15. Windsor 311; 16. Ilford 312; 17. Camberley		
329; 18. Woking 380; 19. Haywards Heath 414;		

20, Ealing 476; 21, Hayes & Harlington 550; 22, Mitcham 550; 23, Highgate 616; 24, Ryde 634; 25, Surrey AC 674; 26, Portsmouth 696; 27, Essex L. 700; 28, Hercules/Wimbledon 713; 29, Kent AC 763.

LETTER TO THE EDITOR

ATHLETICS ATTENDANCES

Dear Sir,

The success of the British team in Athens was followed by miserably small crowds for the recent International matches which Britain won at Crystal Palace. Surely it is high time that the matter of dwindling attendances for the sport in this country was ventilated at length in your correspondence columns.

Most of my colleagues in the Press feel extremely depressed after a summer of trying to publicise the sport, and I know that you yourself have often come away from press conferences shaking your head in despair. I hope that, like me, you believe that it is possible to build up a minimum core of 5,000 faithful supporters at Crystal Palace with an aim of 10,000 for this stadium and some arenas outside London.

This can only be done with the right amount of publicity. I ask, therefore, that as many as possible of your 30,000 readership send you their views on the problem. I do not mind if many of them blame the Press but you know full well that the fault does not lie principally with us. It is, after all, in our professional interest that athletics should attract large crowds.

Neil Allen,

Athletics Correspondent
The Times



Dave Scharer (Brighton & Hove) No. 5, here beating John Cooper (Birchfield) in the final National League match, reduced his 400mH best to 51.3 in the match against Finland.

Gordon Roberts

Hercules-Wimbledon "10"**October 11th****Four Seconds Separate First Three**

IN a desperate fight with the Holt brothers, European silver medallist Mike Tagg just got home by a bare two seconds after an exciting sprint finish on the Wimbledon track. Dave Holt finished second this time, and Bob third as four seconds covered the first three. Tagg's 48.11 sliced more than a minute off the course record! Gerry North set the early pace and was 60y up at the end of the first 3½M lap followed by Tagg, the Hols and Bob Richardson. This four were running together in a tight bunch at the end of the second lap (6½M) before both Hols and Tagg broke clear with just 2½M remaining. Into the final 380y on the track Tagg waited his chance before kicking past the two Hercules-Wimbledon brothers. Gerry North came again for fourth.

1. M. Tagg (Norfolk Olympiads) 48.11
2. D. Holt (Hercules-Wimbledon) 48.13
3. R. Holt (Hercules-Wimbledon) 48.15
4. G. North (Bel) 48.54; 5. R. Richardson (B'ht)

WALKING continued from page 9

yet. Full National teams from Italy, Rumania, Czechoslovakia, Switzerland and even the USA will be out to stop the "London" squad gaining its third successive victory. The Rumanians and Italians look particularly troublesome but the London "A" team of Paul Nihill, Bill Sutherland, Eric Taylor, Alec Banyard, and Colin Young, plus the "B" team of Phil Embleton, Roger Mills, John Warhurst, Peter Marlow and Wilf Wesch know the route well and will be aiming to find their very best form. Two other English formations, Wakefield H. and the Stock Exchange, are also competing.

Easy for Ray Middleton in Postmen's Walk, City of London 6M, October 12th. 1. R. Middleton (Hendon/Bels) 48.40; 2. A. Wright (Barnet) 53.46; 3. R. Charles (Croy) 56.22.

Get Back Soon Dave! Everyone interested in the sport I know will join with me in wishing a speedy recovery to that very popular Bristol walker, Dave Smyth, who was recently involved in a car accident. Many in the walking fraternity will be surprised to learn that Dave, who hopes to represent his native Northern Ireland in next year's Commonwealth Games walk, was one of Britain's leading Marathon runners only a few years ago.

Northern Area 3000m track Championship, at Cleckheaton, September 20th. 1. R. Wallwork (Lancs) 13:24.6; 2. J. Warhurst (Sheff) 13:30.6; 3. T. Taylor (Lancs) 13.46; 4. M. Holmes (Yorks-J) 13.54; 5. S. Crow (Lancs) 14.09; 6. G. Goodair (Wake) 14.18; 7. J. Ford (Sheff) 14.19; 8. D. Ward (Lancs) 14.49.

Yorkshire 20M Championship, at Bradford, September 27th. 1. M. Holmes (Yorks-J) 2:53.8; 2. H. Holmes 2:57.27; 3. G. Dowling 3:13.53; 4. F. Wheeler 3:14.36.

50.02; 6. L. Mann (Bel) 50.10; 7. R. Piotrowski (Bel) 50.13; 8. J. Comber (Eal & Sou) 50.17; 9. M. Fuller (Her-Wim) 50.40; 10. D. Davies (TVH) 50.51; 11. P. O'Connor (Bel) 50.54; 12. D. Pellett (B & H) 51.02; 13. I. Wainwright (Sheff) 51.03; 14. J. Sullivan (Her-Wim) 51.04; 15. G. Comroe (Ports) 51.21; 16. M. Buckham (A, F & D) 51.52; 17. W. Hill (B'ht) 52.10; 18. R. Franklin (TVH) 52.22; 19. B. Oulds (Her-Wim) 52.59; 20. M. Gillett (Mit) 53.00; 21. M. Porteous (A, F & D) 53.15; 22. P. Mulholland (H-W) 53.23; 23. D. Case (E & S) 53.30; 24. M. Moody (Unatt) 53.33; 25. A. Codd (SLH) 53.43; 26. J. Fletcher (A, F & D) 53.45; 27. G. Sly (A, F & D) 53.50; 28. M. Kidd (TVH) 54.11; 29. M. Pringer (S'gate) 54.16; 30. K. Ryan (Mit) 54.37. **Teams:** 1, Hercules-Wimbledon 10; 2, Belgrave 14; 3, Thames Valley 38; 4, Hercules-Wimbledon "B" 39; 5, Aldershot, Farnham & Dist. 43; 6, Blackheath 51; 7, Mitcham 54; 8, Brighton & Hove 57. 102 started, 92 finished.

Highgate Hour corrected "B" race result: 1. R. Coates (Bel) 12,589m; 2. C. Lawton (Bel) 12,542m; 3. J. Honkins (Lancs) 12,206m; 4. S. Crow (Lancs-J) 11,869m; 5. D. Stevens (Steyn) 11,821m; 6. G. Hunwicks (Ilf) 11,783m.

John Powell

1970 fixture list. Peter Markham (Leicester WC) wishes to formulate a fixture list for next season as soon as possible. Would club officials please send dates (provisional if necessary) of their promotions to Peter at 7 St. Swithins Road, Leicester.

4H 56m wins USA National 50km! September 14th at South Lake Tahoe. The field, including Olympians Ron Laird and John Kelley plus Bob Bowman, fell apart in the high altitude (7,500ft) conditions, leaving unknown Brian Overton to triumph in 4.56. Laird was out as early as 20km, Bowman lasted 40km, while Kelley went back from first to eighth in the last 10km! The second man home was a local, used to hiking in the woods, who entered the event for fun.

Another National win for Laird. Winning the 25km in 2:02.32 at Long Island, on September 28th, Ron Laird had a comfortable victory over ex-Belgravian John Knifton (2.05) with the Canadian Joblin, third. The previous week, Laird had won a short course 5M in San Francisco with a time of 33.58, 12 sec up on Tom Dooley.

The lap times in Paul Nihill's recent 6:06 mile walk were in fact 1:32, 1:34, 1:29 and 1:31.

Colin Young

The British Milers Club point out that their mass training rally at Basildon Ministry of Defence ground is **not** at a track. Those interested in attending this Sunday (October 19th) need not apply, but should bring their 2/6 fee. The ground is at Brickfield Road, Basildon, and the course begins at 10 a.m.

MacGregor Second In Kosice Marathon

THE British team in Czechoslovakia was Peter Powell (team manager), two steeplechasers (Ernie Pomfret and John Bicourt), and one marathon runner (Don MacGregor). The marathon is the main attraction at this meeting, but one or two track events are held between the start and finish. Pomfret was narrowly beaten by Istvan Joni in a tactical race—9:02.6 to 9:04.4 with Bicourt a way behind fourth; and in the 1000m Josef Plachy beat the National Junior (Under 21) record with his 2:18.9 win over Sweden's Nummen-thaler (2:20.8).

The marathon attracted competitors from 13 European countries plus Ethiopia who sent Tadesse Medhin (33) and Demissie Wolde (33). Other notable starters among the 104 were Ismail Akcay of Turkey, fourth in Mexico, Hubert Riessner (West Germany), Paul Krebo (East Germany) and Gyula Toth (Hungary). The route is easy to follow: out along the main road almost to the Hungarian border, then back again. At every village and farmhouse there were supporters, and in the town, for the last and first few miles, the streets were four or five deep in spectators. The course is flat but monotonous, and Buddy Edelen's 1963 mark of 2:15:09.6 is still the course record. Somehow, only three races have ever been won in less than 2:20.0, despite regularly good fields. Only UK winner has been Sam Hardicker in 1960.

Weather conditions this year were perfect: 18°F at the start, with rain and then sun throughout the race. Temperature at the finish was 13°C. The start was fairly steady, and by 5km Toth was leading a bunch of 15 by a few yards in 15.36.

October 5th

By the 10km mark (31.14) the group had shrunk to ten, and another 5km later (47.44) the leaders were Toth, Akcay, MacGregor, Simon (Hun), Chris Wade, Riessner (WG), Ihaksi (Fin), Krebs (EG), Kakkareinen (Fin) and Wolde. The pace remained steady till just after 20km (1:03.55), but by 25km, repeated long accelerations by Wolde and Medhin (Eth) reduced the pack to Medhin, Wade, MacGregor, Hakkareinen, Krebs, Simon and Riessner. The tiny Ethiopian continued to force the pace with Medhin following, while Wade and MacGregor, running together decided to hold back and run as a team for a while. At 35km, Wolde was ahead in 1:51.27, with Medhin a minute adrift. With a mere 2km to go, MacGregor moved up to pass Medhin, followed 10 sec later by Chris Wade. Wolde finished well clear in 2:15.37, while MacGregor had 17 sec in hand over Wade at the finish line. Quite a satisfactory result from a UK point of view.

D. MacGregor

1. D. Wolde (Ethiopia) 2:15:37.0
2. D. Macgregor (UK) 2:17:33.2
3. C. Wade (Sweden) 2:17:52.0
4. T. Medhin (Eth) 2:18:34.4; 5. K. Hakkareinen (Fin) 2:20:34.4; 6. H. Riessner (WG) 2:21:49.4; 7. P. Krebs (EG) 2:22:43.4; 8. D. Simon (Hun) 2:24:07.0; 9. K. Ihaksi (Fin) 2:24:22; 10. G. Toth (Hun) 2:28:33; 11. V. Chudomel (Cz) 2:29:08; 12. H. Kunisch (Swede) 2:29:28; 13. W. Hol (Holl) 2:29:32; 14. A. Sucharkov (USSR) 2:30:00; 15. A. Gwerder (Swede) 2:30:51. 98 finished. Akcay dnf.

CAMBRIDGE AUTUMN RELAYS

At Cambridge, October 4th

1, Cambridge & Coleridge (C. Lee 17.44, Graham Tuck 16.50, Grenville Tuck 17.03, J. Roberts 17.09) 68.46.

2, Huntingdon 70.53; 3, Norfolk Gazelles 72.02; 4, Bedford 72.40; 5, Corby 73.06; 6, Essex Beagles 73.10; 7, Hornsey 73.24; 8, Kettering 74.10; 9, Peterborough 74.35; 10, Hornsey "B" 74.46. **Fastest Laps:** Graham Tuck 16.50, Grenville Tuck 17.03 (both Juniors), P. Gilsenan (Corby-J) 17.05, Roberts 17.09, Quince (Bed) 17.17, Knight (Ex Bgls) 17.17.

Youths

1, Hornsey (Ellingham 15.33, T. Gregory 14.19, P. Bennett 14.24) 44.16; 2, Norfolk Gazelles 44.54; 3, Norfolk Gazelles "B" 45.20; 4, Essex Beagles 45.26; 5, Hornsey "B" 50.28; 6, Huntingdon 50.29. **Fastest:** Gregory 14.19, K. Steere (Nor Gaz) 14.22, Bennett 14.24.

* * *

We are advised that it has been confirmed that Jim Douglas apparently ran in Athens and West Germany with a fractured fibula and has been ordered to rest for a month.

LUTON TO BEDFORD 20M ROAD RELAY

October 5th

1. Liverpool H. 98.12
2. Tipton 99.12
3. AEI Rugby 99.53
4. Airedale & Spen Valley 99.59; 5. Eton Manor 100.52; 6. Warley 102.00; 7. Shaftesbury 102.10; 8. Luton UH 102.49; 9. Verlea 104.05; 10. Gilwern 104.23. 27 teams finished. **Fastest (Stage 1)** 4M 300y: J. Temperton (A & SV) 19.55, M. Childs (AEI Rug) 20.20, J. Harvey (War-J) 20.28. **(Stage 2)** 3M 690y: A. Gerrard (L'pool) 15.59, C. Neville (AEI Rug) 16.04, I. Graham (Bed) 16.20. **(Stage 3)** 4M 720y: K. Boyden (Tip) 22.09, R. Davies (Ver) 22.09, S. Lynch (AEI Rug) 22.23. **(Stage 4)** 5M 1118y: M. Turner (L'pool) 26.05 (rec), D. Fownes (Tip) 26.53, M. Absolom (EM) 27.02. **(Stage 5)** 2M 692y: A. Farrell (L'pool) 12.02, R. Harrison (A & SV) 12.07, M. Brooks (Ver) 12.07.

* * *

The Waterloo H. Mammoth Road Race will be held on Saturday, November 8th, and not the 9th as previously advised by the club and included in our issue of September 20th.

Long Sleeved Vests from For Winter Wear 10/6

In Royal, Scarlet, Amber, Sky, Green, Tangerine and White. Sizes: 26/28in. 10/6, 30/32in. 12/6, 34/36in. 16/6, 38in. 19/6, 40/42in. 21/6.

Part post and packing 9d.

Please give second choice of colour.

CROSS COUNTRY SHOES

Reebok "Fab" Studs. Natural chrome suede in light grey with blue trim. Very comfortable light shoe. Sizes 3, 4, 5 42/8, 6 to 11 in half sizes 48/3.

Reebok "Panther" Studs. Blue with white trim, good, sound, reasonably priced shoe at 58/9.

Lawrence "Ripples". Excellent strong shoe with original ripple sole at 73/6.

Reebok "Gazelle" Studs. White kangaroo with red trim. A few only of this popular shoe, greatly reduced to 57/6. Sizes: 7, 9½, 10, 10½ and 11 only.

Reebok "Ripples". Blue suede with white trim. A few only at the greatly reduced price of 57/6. Sizes 5½, 6, 6½ and 11 only.

ROAD/TRAINING SHOES

Tiger "Cubs". Super lightweight racing shoes. Sizes 3, 4, 5, 6 only. Still at the same price of 37/6. Postage 1/6, two pairs 2/6.

Reebok "Fab"-RT 300. Lightweight racing/training shoe in soft natural chrome suede. New wave patterned micro-cushion sole. Light grey trimmed red. Sizes 6 to 11 in half sizes. 46/9.

Reebok R400. All purpose training shoe with wave patterned micro-sole. White, trimmed red. Strong, hard wearing shoe. Sizes 2-5 46/6, 6-11 53/8.

Lawrence Training Shoe in blue with white trim. Strong all-purpose shoe. Sizes 6 to 10 in half sizes. (Regret no 7½, 8 or 10) 49/9.

Adidas "Gym". Improved model. White/black trim. Wedge heel. White micro. sole. 3 to 5 48/6, 5½ to 11 53/9.

Tiger "Marup". Lightweight racing shoe with blue nylon upper and white trim. Sizes 6, 7, 7½, 9 only in stock. Super Shoe at 65/-. Postage 1/6, two pairs 2/6.

Lawrence "Meteor". An all-white shoe with semi-ripple sole but centre of sole having small section cups for extra grip. Superb light shoe. Sizes 6½, 8½, 9 only at present 62/6.

Czech "Botas". Made in the famous Botana factory in Czechoslovakia and a best-seller over here with reputation of being a very strong, hard wearing shoe. White supple leather uppers with red trim and blue toeguard. Flexible. very hard wearing gristle sole. Sizes 6 to 11, no half sizes. Free duffle bag with every pair. 65/-.

Gola "Race". Green suede racing shoe, white kid stretch prevention straps. Padded collar, tongue and insole. gristle sole. Combines long wear, strength and lightness. Sizes 6 to 11 in half sizes. (Regret no 7½). 85/-

Please enclose part postage, i.e. 2/6 for track-suits or shoes, 6d. for shorts, vests, etc.

THE SPORTS CENTRE
8 MEDWAY ST., CHATHAM, KENT
Telephone: Medway 47055

Ealing C.C. Relays

At Perivale, October 4th

PERFECT conditions saw 50 of the 57 entered teams start and Medway, only 15th at the end of the first lap, came through the field to snatch a five sec. win due to excellent runs by Tim Briault (10th to 4th on the third stage) and Vic Smith (4th to first on leg 4). Hillingdon, too, came through to take second place from Poly just 50y from home. Shatfesbury's Southern 5000 and 10,000m champion Dave Bedford recorded the day's fastest in taking his club from 15th to third on the second lap.

1, Medway (R. Hayman 12.14, J. Mankelow 12.12, T. Briault 11.23, V. Smith 11.28, S. Farley 11.56, J. Pettitt 11.53) 71.06.

2, Hillingdon (M. Wands 12.04, J. Mouat 11.42, R. Cressey 12.08, S. Buchanan 11.42, E. Oxlade 12.05, R. Griffith 11.30) 71.11.

3, Polytechnic (P. Beacham 11.40, R. Barrett 11.48, B. Jones 11.41, M. Waldron 12.14, J. Mac-Namara 11.51, J. O'Keefe 12.00) 71.14.

4, Ealing & Southall 71.50; 5, Thames Valley 72.29; 6, Verlea 73.54; 7, TVH "B" 74.27; 8, Southgate 74.50; 9, Ealing & Southall "B" 75.16; 10, Shaftesbury 75.36; 11, Windsor & Eton 75.58; 12, Medway "B" 76.05; 13, Highgate 76.27; 14, Hillingdon "B" 76.50; 15, Camden 77.58; 16, Ealing & S'all "C" 78.00; 17, QPH 78.19; 18, TVH "C" 78.29; 19, Reading 79.39; 20, Hillingdon "C" 79.47. **Fastest Laps:** D. Bedford (Shaft) 11.22, P. Fagan (E & S) 11.23, Briault 11.23, Smith 11.28, Griffith 11.30, J. Jones (W, S & E) 11.32, M. Barratt (E & S) 11.38, Beacham 11.40, Jones 11.41, R. Gormez (S'gate) 11.42, Mouat 11.42, Buchanan 11.42.

STEWART CROSS-COUNTRY RELAY

At Bournemouth, October 5th

1, Westbury (Popel 13.56, Ridley 14.17, Gray 14.09, Francis 13.41) 56.02 (rec).

2, Bournemouth (Crawshaw 14.47, Matthews 13.52, Stewart 14.11, Holman 14.26) 57.16.

3, Southampton (Beavis 14.38, Burgess 14.29, Woodford 14.18, Vanderplank 15.12) 58.34.

4, Westbury "B" 59.02; 5, Southampton Univ. 59.56; 6, Bournemouth "B" 60.14; 7, Eastleigh 61.40; 8, Salisbury 62.09; 9, Bournemouth "C" 63.50; 10, Weymouth 64.46. **Fastest laps:** Francis 13.41, Matthews 13.52, Popel 13.56, Hart (B'mth "C") 14.07, Gray 14.09, Stewart 14.11.

YOUNG ATHLETES 2½M.

1, A. Staynings (Westbury) 14.16
2, I. Gilmour (Salisbury) 14.28
3, A. James (Westbury) 14.33
4, B. Pearce (Millfield) 14.37; 5, C. Ridler (West) 14.41; 6, R. Coupland (S'ton) 14.43; 7, P. Blake (Yeovil) 14.50; 8, P. Holland (B'mth) 14.53; 9, Griffey (Salis) 14.55; 10, T. Salmon (M'fd) 15.04; 11, J. Mack (B'mth) 15.05; 12, J. Ault (E'leigh) 15.12. **Teams:** 1, Westbury 9; 2, Millfield 29; 3, Bournemouth 33; 4, Southampton 36; 5, Yeovil 46; 6, Bournemouth "B" 65.

Iris Lincoln Bound For Australia

A FAMILIAR figure will be missing from cross country fields this winter — that of Essex Ladies' international representative **Iris Lincoln**. While her friends and rivals plough through the English mud, Iris will be enjoying the sun of an Australian summer. She leaves shortly for a six months stay with her brother, who got married earlier this year and emigrated to the land of kangaroos.

It has been a year of intense disappointment for Iris, although it began so promisingly with a win in the Nos Galan mile on New Year's Eve, and a series of great cross country performances, culminating in her best ever placing—third—in the "National" at Aldershot in February, which was won by her twin sister, Rita. Both turned down the invitation to represent England in the International championship on March 22nd as Rita was getting married on that day. Afterwards, little seemed to go right for Iris (whose 4:45.7 mile in 1968 remains the third fastest ever by a Briton): with the 1500m becoming a recognised

international event in 1969, it seemed that she would at last be rewarded for having excelled at the four-lap event for so long. However, a series of persistent injuries ruined her season, and she was never able to reach top form. Rita, of course, has had a tremendous year as Britain's number one at 1500m, and broke Anne Smith's UK record for the distance in Athens.

Cliff Temple's CLIFFHANGERS

Now Iris is going in search of a complete break from athletics, and hoping that the rest may cure her injuries, including recurrent back trouble which physiotherapy has failed to clear.

★ ★ ★

If the sudden emergence of Scotland's **Moir Walls** and **Helen Golden** to international status came as something of a shock to some Southerners, one person who was not in the least surprised was Scotland's National Coach, **John Anderson**. "This year has been just the beginning for Moira and Helen," he told me during a coaching course at Crystal Palace recently. "They've both worked tremendously hard for their success, and the experience they have gained is a great foundation for the future. What with the success of the girls, as well as high jumper **Dave Wilson** and 400m runner **Dave Jenkins**, I think it's fair to say that Scotland will have the best possible team for the Commonwealth Games in Edinburgh next July. That's not to say necessarily that we'll sweep up all the medals, but we'll be well represented. There are three or four other athletes in Scotland who could be in the full British team next year, if they continue working as hard as they have this summer. No, I won't mention any names. Ask me again around Christmas time!"

It was only last May that I was writing in "A.W." that it seemed unlikely that any girls from Scotland would be involved in selection for Athens. The fact that the two shy Scots lasses proved me completely wrong, just shows that negative statements are highly dangerous things to make in such an unpredictable sport.

The coaching course, incidentally, was organised by the rapidly-expanding High Jumpers Club of Great Britain, and John Anderson was elected their first President at the Club's AGM.

Someone else who has done much to get the Club, as well as the jumpers, off the ground is former international **Gwenda Hurst**. Gwenda, who has been living in Northants for some time, expects to move back to her home town of Ruislip, Middlesex, after Christmas when her husband changes his job. After a season of indifferent competition "for fun", Gwenda's connection with the



European Women's Javelin champion, **Angela Ranky** (Hungary). She won with a throw of 59.76/196'0".

Club has got her thinking in terms of a comeback—she represented Britain in the 1964 Tokyo Olympics, but was eliminated in the qualifying round.

"I've been talking to Tom (National Coach Tom McNab), and with the Commonwealth Games coming up, we feel it might be worth having a go again. But this time I want to really do it properly, not just qualify and then make a hash of it, like before. I want to do something positive, or not bother at all. The targets will probably be around 1.73/5'8", and 6.25/20'6" in the long jump—yes, I'll start long jumping again, too. I did a 5.87/19'3" at Crystal Palace, having not long jumped for years, so there must be something there. Mind you, I was amazed!"

Although she denies it, I have a feeling we shall be seeing Gwendolyn back in pentathlon competitions next year, especially if Tom McNab has anything to do with it. Tom, incidentally, is currently in Washington studying American coaching techniques, and returns in November.

IN BRIEF: Linda (Knowles) Hedmark, who holds the current UK high jump record at 1.79/5'10½", has been in hospital in Sweden undergoing treatment for stomach trouble. She hopes to visit England next Spring . . . Olympic 400m semi-finalist Mary Green and her international miler husband Andy have named their baby son David Jason . . . Olympic breast-stroke swimmer Di Harris is being coached as a discus thrower by John Hillier at Crystal Palace . . . new Welsh high jump record holder Christine Craig from Wrexham was presented with 4 cwt of rubber foam by a local company who heard about her training difficulties . . .

CAMBERLEY ROAD RELAYS

October 5th

Seniors

1, Reading AC (R. Allden 14.21, B. Bacon 14.29, D. Dipper 14.23, G. Stevens 14.08) 57.21; 2, Surrey AC (J. Griffiths 15.42, A. Sawyer 15.16, L. Presland 14.17, P. Freeman 14.05) 59.22; 3, Worcester YMCA (D. Hope 14.49, E. Austin 14.20, R. Cooper 14.48, C. Brooks 16.06) NT. Fastest lap: J. Lane (Feltham) 14.02.

Youths

1, Aldershot, Farnham & Dist. (S. Crawie 7.09, P. Adams 6.48, N. Jerome 7.20, B. Ford 6.39) 27.56; 2, Bracknell (D. Campbell 7.22, R. Weatherley 6.50, I. Kilpatrick 6.50, K. Daniels 7.18) 28.20; 3, Feltham (F. Kimber 7.04, D. Butler 7.11, B. Colis 7.29, K. Brothers 6.51) 28.35. Fastest: Ford.

Boys

1, Walton (P. Kitchenside 5.53, S. Jenkins 6.36, P. Francis 6.03) 18.32; 2, Andover & District (M. Harrod 6.22, K. Brown 6.19, A. Barnett 5.57) 18.38; 3, Watford (P. Clarke 6.13, C. Wright 6.29, G. Arrell 6.38) 19.20. Fastest: Kitchenside.

Women

1, Feltham (L. Wicken 7.18, P. Yeoman 6.53, A. Yeoman 6.54) 21.05; 2, Aldershot, Farnham &

Dist. (S. Foster 6.43, A. Barras 7.45, S. Fitzmaurice 7.06) 21.14; 3, Brighton & Hove (L. Costick 7.14, P. Yule 7.20, B. Bush 6.56) 21.30. Fastest: Foster.

Intermediates

1, Watford (S. Marquis 7.06, R. Cullen 7.07, M. Sonner 7.13) 21.26; 2, Watford "B" (J. Ellis 7.45, M. Noorian 7.28, J. Dunt 7.16) 22.29; 3, Ryde (A. Salmon 7.38, J. Salmon 7.19, J. Leach 7.47) 22.44; 4, Camberley 22.46; 5, Swindon 22.51; 6, Aldershot 22.51; 7, Mitcham 23.11. Fastest: Marquis.

Juniors

1, Aldershot, Farnham & Dist. (E. Cosser 7.09, A. Webster 7.24, C. Boyer 7.11) 21.44; 2, Watford (E. Ellis 7.23, A. Sonner 7.40, J. Attree 7.41) 22.44; 3, Andover (J. Morris 7.24, S. Trubridge 8.02, C. Reeves 7.42) 23.08; 4, Feltham 23.31; 5, Croydon 23.39; 6, Ryde 23.51; 7, Crawley 24.07; 8, Bristol 24.08. Fastest: Cosser.

(We regret that these were the only results sent in by the organisers.)

COURAGES LEAGUE CROSS COUNTRY

At Shoreditch, October 8th

ON this very fast two lap course it was Jack Lane, Britain's new European Junior record holder for 10,000m, now at Southampton University, who pulled away steadily to win. His team mates filled five of the next six places to give Southampton a clear lead in the League.

1. J. Lane (Southampton)	27.15
2. Green (Southampton)	27.44
3. T. Beagent (Southampton)	27.55
4. Morris (S'ton)	28.00; 5. J. Needham (W'minster)
28.14; 6. Wainer (S'ton)	28.26; 7. Bleasdale (S'ton)
29.04; 8. P. Martin (Read)	29.18; 9. M. Dennitt (Read)
29.30; 10. Fraizer (S'ton)	29.46; 11. Melvern (S'ton)
30.05; 12. Weatherburn (Ports Poly)	30.10; 13. R. Mills (Read)
30.16; 14. Furill (S'ton)	30.20; 15. J. Brownhill (Read)
30.48; 16. Russell (S'ton)	31.00; 17. A. Dyer (Read)
31.06; 18. Nicholls (Por)	31.25; 19. Harmer (S'ton)
31.30; 20. T. Chapman (Read)	32.05; 21. Leatherland (S'ton)
32.10; 22. R. Fields (Read)	32.59; 23. Perks (S'ton)
33.02; 24. Rawlinson (S'ton)	33.40; 25. McKea (West)
33.55. Teams: 1, Southampton Univ.	23; 2, Reading
82; 3, Westminster	153; 4, Portsmouth Poly.

CHRIST CHURCH YOUTH A.C. (Banbury)

OPEN CROSS-COUNTRY RACES

FOR YOUTHS AND BOYS

(Under E.C.C.U. Rules)

SATURDAY, 6th December — 2.30 p.m.

Youths U/18 1.9.69, Boys U/16 1.9.69

First three ind. and team prizes.

Entries—1/6 ind., 5/- team (4 to run). Further details and entries to J. Mangan, 17 Fairview Road, Banbury, Oxfordshire (Ban. 3351).

Entries close 27th November.

NORTHUMBERLAND & DURHAM LEAGUE At South Shields, October 4th (Graded Races)

Senior

1. W. Robinson (Salt) 34.22 (30.22)
2. J. Stirling (Gateshead) 34.30 (32.30)
3. R. Bell (Morpeth) 34.35 (30.35)
4. C. Murley (Gos) 34.39 (34.59); 5. J. Milton (Salt) 34.46 (30.46); 6. W. Wardle (Jarr) 34.50 (32.05); 7. D. Cox (Salt) 35.00 (31.00); 8. G. Freeman (Sund) 35.10 (33.11); 9. N. Rackham (Heat) 35.13 (31.13); 10. M. Newell (Mor) 35.17 (35.17); 11. G. Dugdale (NSP) 35.35 (35.35); 12. R. Checkley (Heat) 35.44 (33.04); 13. A. Waters (Mor) 35.45 (33.04); 14. J. Pratt (Sund) 35.50 (33.05); 15. J. Kelly (Salt) 35.51 (31.05). **Teams:** 1, Morpeth 93; 2, Saltwell 105; 3, Gateshead 129; 4, Heaton 164.

Youths

1. D. Gibbon (Elswick) 17.22
2. D. Jameson (S. Shields) 17.29
3. D. Alderson (Gates) 17.41
4. D. Quinn (Salt) 17.57; 5. A. Robertson (Mor) 18.22; 6. M. McLeod (Elswick) 18.43 (16.43); 7. M. Frazer (S. Sh) 19.17; 8. J. Ogilvey (S. Sh) 19.28; 9. R. Alderson (NSP) 19.47; 10. J. Cassap (Sund) 19.54 (17.54). **Teams:** 1, South Shields 17; 2, Elswick 20; 3, Gateshead 32.

Boys

1. W. Watson (Saltwell) 8.47
2. J. Barker (Sunderland) 8.52
3. V. Rumis (Jarrow) 8.58
4. P. Taylor (Sund) 9.02; 5. S. Irvine (Gates) 9.14; 6. S. Maddison (Mor) 9.16; 7. A. Cawley (S. Sh) 9.22; 8. M. Coombes (Sund) 9.24 (8.24); 9. P. Robinson (Gos) 9.25; 10. G. Lavery (Heat) 9.30. **Fastest:** Coombes 8.24, M. Goddard (NSP) 8.34, B. Old (Gates) 8.46. **Teams:** 1, Sunderland 14; 2, Saltwell 24; 3, Heaton 38; 4, Gateshead 46.

Colts

1. D. Roberts (Jarrow) 9.18
2. J. Chapman (Jarrow) 9.23
3. L. Curry (Gateshead) 9.25
4. M. Burn (NSP) 9.36; 5. A. Richardson (S. Sh) 9.42; 6. G. Forster (Sund) 9.49; 7. J. Henderson (Els) 9.52; 8. B. Courtney (Salt) 9.54; 9. J. Henderson (Gos) 9.57; 10. P. Long (Jarrow) 9.59. **Teams:** 1, Jarrow & Hebburn 13; 2, Gateshead 28; 3, Saltwell 33.

Women

1. P. Cross (Gosforth) 10.38
2. E. Peverly (Houghton) 10.41
3. K. Barker (Blaydon) 10.46
4. C. Graves (Mor) 11.07; 5. A. Cook (Mor) 11.24; 6. M. Armstrong (NSP) 11.31; 7. V. Anderson (H'ton) 11.32; 8. P. Gilchrist (NSP) 11.33; 9. H. Barker (Blay) 11.39; 10. G. Grand (Mor) 11.50; 11. E. Turner (Gos) 11.51; 12. M. Larkin (Gos) 11.52 (10.22); 3. E. Chapp (NSP) 11.55; 14. B. Robinson (NSP) 11.56; 15. C. Grand (Mor) 12.04.

Tim Lane of 22 Wilding Road, Wallingford, Berks., would like to obtain a copy of the Fifth Day's programme of the European Championships to complete his collection.

PORTSMOUTH WIN INAUGURAL HAMPSHIRE CROSS COUNTRY RELAY At Southampton, October 11th

Leading throughout, Portsmouth AC were clear winners of the inaugural Hampshire County Cross Country Relay Championship last Saturday, after Dave Fudge had gained a hundred yards lead for Pompey on the initial leg. His colleagues stretched this to one of over a quarter of a mile at the finish, with particular credit due to Clive Plumptre, whose 11.39 solo run was the fastest of the day. Jeremy Lewis also had a good run, moving Southampton from fifth to second on the second lap. Bournemouth, without Roger Matthews or Chris Stewart, were never in the picture.

In a Young Athletes Open relay, held in conjunction over the fast, dry course within the boundaries of the picturesque Southampton Sports Centre, Andover had no difficulty in obtaining their expected success and also led throughout.

Cliff Temple

Seniors

(5 x 2½ miles)

1, Portsmouth "A" (Fudge 11.47, Cass 12.05, Townsend 12.16, Gough 11.56, Plumptre 11.39) 59.43.

2, Southampton "A" (Burgess 12.20, Lewis 11.42, Tudor 12.26, Woodford 12.03, Bulpitt 12.36) 61.07.

3, Aldershot (Curwell 11.59, Woods 12.20, Fitzgerald 12.48, Barton 12.36, Davis 11.46) 61.31.

4, Eastleigh "A" 63.08; 5, Bournemouth 64.48; 6, Portsmouth "B" 65.34; 7, Southampton "B" 66.31; 8, Eastleigh "B" 72.04; 9, Portsmouth "C" 72.54.

Fastest laps: Plumptre 11.39, Lewis 11.42, Davis 11.46, Fudge 11.47, Gough 11.56.

Young Athletes Open Relay

(3 x 2½ miles)

1, Andover "A" (Gough 12.31, C. Barnett 13.05, A. Barnett 12.37) 38.13.

2, Southampton "A" (Jeffery 13.25, Waite 12.58, Coupland 12.52) 39.15.

3, Portsmouth (Sykes 13.38, Coltman 13.32, Galloway 12.53) 40.03.

4, Southampton "B" 40.23; 5, Andover "B" 40.57; 6, Eastleigh 44.18; 7, Aldershot 41.50; 8, Southampton "C" 42.34; 9, Southampton "D" 43.09; 10, King Edward School 43.38; 11, Andover "C" 45.58.

Fastest laps: Gough 12.31, A. Barnett 12.37, Coupland 12.52, Galloway 12.53, Oult (E'leigh) 12.56.

THE U.C.N.W. HARRIERS

present their 9th Annual Beaumaris-Bangor

5½ Miles Open Road Race

SATURDAY, November 15th, 1969—3.0 p.m.

Under AAA Laws — 6 to run, 4 to score

Prizes: Ind. £5, £3, £2. Team £5, £3, £2. Prof. Charles Evans Trophy for winning team.

Entries (2/6 ind., no team fee) to Road Race Sec., U.C.N.W., Bangor, Caerns., by 10th Nov.

League Races

CHINGFORD & DISTRICT LEAGUE (ROAD)

At Loughton, October 7th

1. G. Pringuer (Southgate)	16.10
2. J. Street (Barnet)	16.18
3. M. Madders (Walthamstow)	16.22
4. T. Crabb (Eton Manor) 16.24; 5. R. Howe (Walt)	16.27; 6. P. Bennett (Horn) 16.32; 7. G. Harrold (BoE) 16.35; 8. P. Gregory (Horn) 16.36; 9. R. Sluce (Eton M) 16.38; 10. J. Lymath (Eton M) 16.40; 11. M. Keough (Eton M) 16.43; 12. R. Bennett (Horn) 16.47; 13. K. Hutchin (Eton M) 16.49; 14. A. Proberts (Cam) 16.49; 15. A. Rich (Walt) 16.51; 16. M. Pringuer (S'gate) 16.52; 17. E. Barnard (S'gate) 16.55; 18. D. Hercock (BoE) 16.56; 19. C. Ridley (Walt) 16.57; 20. G. Sayer (Eton M) 16.57. Teams: 1, Eton Manor 67; 2, Hornsey 100; 3, Walthamstow 115; 4, Borough of Enfield 147; 5, Southgate 173; 6, Barnet & Dist. 259; 7, Camden 321; 8, Loughton 365; 9, Victoria Park H. 380; 10, London Fire Brigade 457.

KENT LEAGUE

At Bexley, October 11th

1. I. Macmillan (Invicta)	24.27
2. T. Briault (Medway)	24.49
3. K. Penny (Cambridge)	24.51
4. K. Harland (Camb) 25.22; 5. V. Smith (Med) 25.40; 6. S. Farley (Med) 25.45; 7. J. Pettit (Med) 25.51; 8. R. Hayman (Med "B") 25.59; 9. R. Barker (B'hth) 26.06; 10. C. Taylor (Med) 26.12; 11. J. Oliver (Kt) 26.25; 12. P. Sheppheard (B'hth) 26.31; 13. A. Davis (B'hth) 26.45; 14. D. Townsend (Inv) 26.45; 15. R. Holman (Cam) 26.59; 16. B. Middleton (Cam) 27.04; 17. A. Whiting (Med "B") 27.04; 18. M. Hoare (B'hth) 27.08; 19. E. Broad (Med "B") 27.14; 20. J. Huntingford (Cam "B") 27.19. Teams: 1, Medway 20; 2, Cambridge 38; 3, Blackheath 52; 4, Medway "B" 66; 5, Invicta 75; 6, Cambridge "B" 109; 7, Kent AC 119; 8, Erith & Dist. 155. 108 finished.	
support.	

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CHILTERN LEAGUE

At Maidenhead, October 11th

1. J. Jones (Windsor, S&E)	27.57
2. R. McAndrew (Reading)	28.22
3. D. Dipper (Reading)	28.29
4. R. Allden (Read) 28.43; 5. G. Stevens (Read) 28.57; 6. J. Ayles (Win) 29.41; 7. R. Dipper (Read) 29.49; 8. T. Goodwin (M'head) 29.56; 9. W. Whiting (Brack) 29.58; 10. G. Groenendaal (Brack) 30.09; 11. K. Riley (Ox. Cty) 30.32; 12. M. Duff (Read) 30.38; 13. D. Heaslewood (Win) 30.47; 14. H. Hawkey (Ox) 30.49; 15. K. Scudamore (M'head) 30.51; 16. J. Green (Wyc) 30.59; N. Pritchard (Ox) 31.15; 18. J. Currell (Wyc) 31.23; 19. B. Joines (Orp) 31.25; 20. M. Davies (Read) 31.33; 21. P. Clegg (Ox) 31.36; 22. R. Webb (Win) 31.37; 23. G. Towlin (Read) 31.38; 24. R. Tuttle (Ox) 31.48; 25. C. Chater (Read) 31.54; 26. A. Collins (Win) 31.57; 27. A. Leeson (Wyc) 32.07; 28. A. Kelley (Ox) 32.11; 29. D. Slatter (Wyc) 32.25; 30.	

D. Blyth (Wyc) 32.38. Teams: 1, Reading 33; 2, Oxford 106; 3, Windsor, Slough & Eton 121; 4, Wycombe Ph. 156; 5, Bracknell 171; 6, Maidenhead 215.

Youths

1. R. Weatherley (Bracknell)	14.16
2. P. Churchward (Wycombe)	14.22
3. J. Carty (Windsor)	14.26
4. P. Flavell (Ox) 14.32; 5. B. Stevenson (M'head)	
14.32; 6. C. Heath (Wyc) 14.43; 7. P. Campbell	
(Read) 15.00; 8. M. Evans (M'head) 15.08; 9. K.	
Clifford (Wyc) 15.10; 10. J. Harris (Ox) 15.12; 11.	
K. Daniels (Brack) 15.12; 12. J. Wise (Brack) 15.20;	
13. D. Kitty (M'head) 15.32; 14. P. Campbell (Ox)	
15.36; 15. R. Wood (Ox) 15.37; 16. P. Hawkey	
(Ox) 15.44; 17. A. Barker (M'head) 15.46; 18. S.	
Eshelly (Wyc) 15.52; 19. G. Dwelly (Brack) 15.54;	
20. A. Banks (Win) 15.58. Teams: 1, Bracknell 31;	
2, Wycombe Ph. 35; 3, Oxford 43; 4, Maidenhead	
43; 5, Windsor, Slough & Eton 89.	

NORTH WALES LEAGUE

At Bangor University, October 11th

1. E. Williams (Shrewsbury)	28.30
2. Wood (Aberystwyth)	29.18
3. P. Fairbrother (Shrews)	30.12
4. D. Hughes (Wrexham) 30.24; 5. Williams (Shrews) 30.33; 6. Evans (Aber) 30.37; 7. T. Miles (Wrex) 30.40; 8. R. Harrison (Aber) 30.58; 9. R. Williams (Wrex) 31.17; 10. D. Thomas (Shrews) 31.37; 11. C. Toolan (Shrews) 31.42; 12. R. Arden (Shrews) 31.59; 13. A. Anderson (Aber) 32.15; 14. P. Jagan (Bangor) 32.35; 15. Phillips (Ban) 32.50.	
Teams: 1, Shrewsbury AC 42; 2, Aberystwyth Univ. 73; 3, Wrexham 81; 4, Bangor Un. 110; 5, Bangor Coll. 193; 6, Aber. Un 'B' 202; 7, Bangor Un. 'B' 263.	

NORTH YORKSHIRE & SOUTH DURHAM LEAGUE

At Darlington, October 11th

1. L. Dunn (Darlington)	35.46
2. M. Colby (Darlington)	35.53
3. M. Hall (Midd & Cleve)	37.00
4. P. Puckrin (M & C) 37.30; 5. D. Barker (M & C) 37.45; 6. P. Vitch (M & C) 38.01; 7. G. Bel-	
lord (M & C) 38.14; 8. G. Hulley (Bill Sy) 38.18;	
9. N. Smith (Darl) 38.30; 10. C. Janx (M & C)	
38.34; 11. R. Tribick (M & C) 38.52; 12. M.	
Wetherall (Bill Sy) 39.03; 13. D. Hewison (Darl)	
39.34; 14. T. Rooke (M & C) 40.23; 15. B. Hilton	
(Darl) 40.25; 16. R. Gamble (Bill Sy) 41.48; 17. G.	
Chaplin (Darl) 41.56; 18. K. Fielding (Bill) 42.02;	
19. R. Veitch (Bill Sy) 42.16; 20. J. Dawson (Bill	
Sy) 42.16. Teams: 1, Middlesbrough & Cleveland	
18: 2, Darlington 25; 3, Billingham Synthonia 55.	

Youths

1. D. Coates (M & C)	22.12
2. B. Dring (Burn Rd)	22.42
3. S. Walker (M & C)	23.21
4. D. Wilson (Darl) 24.01; 5. K. Austin (M & C) 24.04; 6. S. Carter (Darl) 24.25; 7. D. Parker (Bill Sy) 26.02; 8. M. Cairn (M & C) 25.44; 9. D. Powell (Darl) 26.33; 10. Tinklor (Darl) 26.44.	26.44.
Teams: 1. Middlesbrough & Cleveland 9; 2. Dar-	

lington 19; 3, Burn Road H. 26; 4, Billingham Synthonia 32.

Boys

1, R. Cartwright (Burn Rd) 15.09; 2, J. Houchen (M & C) 15.49; 3, R. Willis (Burn Rd) 16.29; 4, L. Maddison (Burn Rd) 16.33; 5, R. Dunn (M & C) 17.45; 6, S. Box (M & C) 18.17. **Teams:** 1, Burn Road 8; 2, Middlesbrough & Cleveland 13.

Colts

1, J. Clover (Aycliffe) 7.43; 2, D. Took (M & C) 7.43; 3, D. Matthews (Aycliffe) 8.14; 4, G. Cook (Ayc) 8.20; 5, B. Gamble (Bill Sy) 8.34; 6, K. Frost (Ayc) 8.39; 7, S. Beaumont (Bill Sy) 8.42; 8, S. Lamb (Darl) 8.45; 9, T. Sunley (Ayc) 8.48; 10, A. Nichols (Ayc) 8.50. **Teams:** 1, Aycliffe 8; 2, Billingham Synthonia 33; 3, Middlesbrough & Cleveland 36; 4, Darlington 49; 5, Burn Road 54.

EAST SURREY LEAGUE

At West Ewell, October 11th

4M Road Race

1, D. Faircloth (Croydon) 21.36
2, W. Weller (Redhill/Reigate) 22.03
3, W. Allan (Epsom & Ewell) 22.20
4, H. Richards (E&E) 22.23; 5, P. Balchin (Dork SP) 6, K. White (R/R) 22.56; 7, D. Goode (E&E) 23.12; 8, Leitch (Dork SP) 23.31; 9, G. Gaskell (E&E) 23.35; 10, G. McIntyre (E&E) 23.49. **Teams:** 1, Epsom & Ewell 46; 2, Redhill/Reigate 64; 3, Croydon 93; 4, Dorking SP 116; 5, Oxted 158; 6, Surrey Beagles 174.

Youths 2½M

1, J. Lee (Croydon) 11.30; 2, B. Treadwell (Sy Bgls) 11.36; 3, D. Oliver (R/R) 11.59; 4, P. Yarllett (Croy) 12.17; 5, M. Sueas (E & E) 13.33; 6, G. Goscomb (Sy. Bgls) 12.41; 7, A. Dole (R/R) 12.47; 8, T. Harper (Croy) 12.53. **Teams:** 1, Croydon 22; 2, Redhill/Reigate 39; 3, Surrey Beagles 46; 4, Epsom & Ewell 47.

LEICESTER CORITANIAN A.C.

present a

WINTER TRACK & FIELD MEETING

On the all-weather track, at Saffron Lane, Leics.
Sunday, November 9th First event 11 a.m.
Details from D. Couling, 24A Loughborough Road, Shephed, Leicester.

THAMES VALLEY HARRIERS SCHOOLS CROSS-COUNTRY RACE

SATURDAY, 1st NOVEMBER, 1969

AT CRANFORD, MIDDLESEX

Four to run, three to score
Medals for first three home and first three teams.

Entries close 27th October, to G. Beckley, 8 Cheyne Court, Bushey Hall Road, Watford, Herts.

NEWPORT ROAD RELAY

At Newport, October 11th

A STORMING run by Dave Francis, which broke Keith Angus's lap record, gave Westbury the lead for the first time on the fourth stage after Cardiff had led from the gun. Westbury (Blackburn) went on to beat Worcester's course record by 16 seconds. Cardiff University just got home from Bristol for third place after a desperate scrap.

G. Boardman

1, Westbury (B. Popel, P. Chivers, C. Ridley, D. Francis, G. Blackburn) 105.21.

2, Cardiff (B. Hayward, J. Kirby, M. Critchley, B. Griffiths, P. Darney) 105.49.

3, Cardiff University (T. Hughes, R. Corny, D. Mayo, J. Robertshaw, D. Cliff) 108.10.

4, Bristol 108.17; 5, Gilwern 110.08; 6, Gloucester 111.13; 7, Cardiff "B" 111.23; 8, Westbury "B" 111.24; 9, Swindon 114.10; 10, Bristol "B" 115.16; 11, Newport 118.31; 12, Cardiff Un. "B" 119.19. **Fastest:** Francis 20.15, Hayward 20.28, M. Rowland (N'port) 20.34, P. Lonnen (Bris) 20.45, Hughes 20.50, M. Hewer (Bris) 20.53.

Young Athletes 4M Road Race

1, N. Rose (Bristol) 21.35
2, C. Ridler (Westbury) 21.40
3, R. Cytla (Gloucester) 21.52
4, A. Staynings (West) 22.24; 5, D. Sherron (Bris) 22.40; 6, R. Samuel (Gloucs) 22.47; 7, S. Ottoway (Swin) 22.51; 8, K. Cross (Swin) 23.20; 9, C. Hicks (Swin) 23.32; 10, V. Phillips (Swin) 23.35; 11, P. Graham (Bris) 23.39; 12, M. Hill (Gloucs) 23.50; 13, C. White (Swin) 23.55; 14, P. Irvine (Gloucs) 23.56; 15, P. Montague (Swin) 24.00; 16, T. Kazik (Swin) 24.31; 17, B. West (Gloucs) 24.36; 18, A. White (West) 24.42; 19, C. Casling (West) 25.08; 20, T. Hottford (Gloucs) 25.09. 33 finished. **Teams:** 1, Bristol 17; 2, Gloucester 21; 3, Swindon 24; 4, Westbury 26; 5, Cwmbran 81; 6, Newport 91.

LANCASHIRE ROAD RELAY

October 11th

1, Bolton UH (K. Baum 15.09, W. Yale 14.45, V. Regan 15.24, R. Hill 14.25, M. Chapman 15.12, S. Kenyon 14.44, M. Freary 13.42, E. Haslam 14.38) 117.59.

2, Manchester & Dist. (W. Cooper 15.34, D. Hogg 15.39, D. Blakeley 14.30, P. Morris 14.38, G. Brockbank 14.32, R. Wilde 14.12, G. Lawson 15.03, P. Ravald 14.31) 118.39.

3, Blackpool (T. Parker 15.43, J. Fewrey 14.46, A. Hudson 15.26, F. McQuire 14.42, P. Morris 14.21, A. Byrne 14.47, D. Jones 14.58, P. Knott 16.03) 120.46.

4, Liverpool 121.11; 5, Salford 121.43; 6, Pembroke 122.53; 7, Sutton 124.19; 8, Waterloo 127.25; 9, Manchester AC 127.37; 10, Blackburn 128.26; 11, Barrow 128.35; 12, Preston 131.40; 13, Leigh 137.26; 14, Bury 138.03. **Fastest laps:** Freary 13.42, M. Turner (L'pool) 13.48, Wilde 14.12, P. Morris (B'pool) 14.21, C. Robinson (R'dale) 14.23, Hill 14.25.

ATHLETIC EVENTS

An advertisement can increase YOUR entries. 30s. per s.c. inch, per insertion, 33½% series discount to clubs on three or more insertions.

LEEDS CITY A.C.

22nd AARON MEMORIAL RACES

(Under AAA Laws)

SATURDAY, NOVEMBER 8th, 1969, at 3 p.m.

Boys 2 Miles Youths 3 Miles

Entry fee: 5/- per team (6 to run, 3 to score). To be sent with A.A.A. Entry Form to D. M. Stark, 28 Baronscourt, Leeds 15, by Oct. 25th.

HOLMFIRTH HARRIERS A.C.

"SUNCHARM" 15 MILES ROAD RACE

Sponsored by Ben Shaws

And Boys' and Youths' 2½ Miles Road Race 2.30 p.m., Saturday, 1st November, 1969

From Brockholes, Huddersfield

PRIZES :: CERTIFICATES :: MEDALS

Entry Fees: "15" 3/6. Team 5/-; "2½" 2/6 Team 2/6; close 20th Oct. to L. Bailey, 4 Oakes Lane, Brockholes, Huddersfield, HD-7AR (Huddersfield 62398).

HAYES & HARLINGTON A.C.

HARDING MEMORIAL ROAD RELAYS

FOR LADIES (Under W.A.A.A. Laws)

SUNDAY, NOVEMBER 9th, 1969

Junior Ladies 3x1½ Miles (approx.)

Inter. Ladies 3x1½ Miles (approx.)

Senior Ladies 4x1½ Miles (approx.)

Fee: 5/- per team to H. E. Cannell, 27 Gledwood Crescent, Hayes, Middx., not later than Sat., November 1st.

Trophies and Medals to winning teams

MICHELIN ATHLETIC CLUB

2nd Annual

4x2½ MILES CROSS-COUNTRY

RELAY (Under A.A.A. Laws)

SATURDAY, 15th NOVEMBER, at 3 p.m.

Awards: Perpetual Trophy, first team. Prizes first 3 teams, first "B" team, three fastest laps, fastest Veteran (O/40).

Entries: 10/- first team, 5/- each additional team. Closing date Monday, 3rd November, to D. Shelley, Michelin Athletic Club, Campbell Road, Stoke-on-Trent. Phone: Stoke (0782) 48211, Ext. 121.

BRACKNELL ATHLETIC CLUB

8th Annual

10 MILE ROAD RACE

(Under A.A.A. Laws)

SATURDAY, NOVEMBER 8th, at 2.45 p.m. FROM SPORTS CENTRE, BAGSHOT RD.

Prizes: First 6 individuals; 1st Veteran; first 3 teams; 1st "B" team providing "A" team has finished.

Entries: 3/- per ind. No team fee. (4 run, 3 score). Entries to Mrs. J. Entwistle, 34 Shepherd's Lane, Bracknell, Berks.

ENTRIES CLOSE NOVEMBER 1st

WALTON ATHLETIC CLUB SCHOOLS 4x2M. ROAD RELAY

SATURDAY, OCTOBER 25th, 1969

AT STOMPOND LANE,
WALTON-ON-THAMES

Open to all Schools, up to 18 years. 10/- per School, any number of teams.

Entries to B. Judd, 10 Orchard Gardens, Cranleigh, Surrey.

SMALL HEATH HARRIERS

YOUNG ATHLETES C.C. RACES

Saturday, 15th November, 1969.

COLTS 2M. Team and Ind.

BOYS 4 x 2M Relay

YOUTHS 4 x 2M Relay

Entries by 1st November

Full details from: K. G. Dare, 106, Bryn Arden Rd., Birmingham 26. (Tel: 021-706-5245).

LUTON UNITED A.C.

SATURDAY, 8th NOVEMBER, 2.30 p.m.

BOYS' 4x2M. CROSS-COUNTRY RELAY

Trophy, medals first 3 teams, first "B" team and fastest lap. Entries 5/- one team, 2/6 others.

Boys 14-16 on 1.9.69

COLTS' 2M. CROSS-COUNTRY RACE

Any number to run, 3 to score. Trophy, medals first 3 teams and 1st 3 inds. Entries 1/6 per ind.

Boys 12-14 on 1.9.69

Entries close October 28th, to B. Duffy, 63 Austin Road, Luton, Beds. (Luton 52683).

MIDLAND COUNTIES A.A.A.

1969 INDOOR MEETING

R.A.F. Cosford, Wolverhampton

22nd NOVEMBER

OPEN MEETING

Seniors: 60m, 1500m, Steeplechase, 300m, 600m, 60m Hurdles, Pole Vault, Long Jump, High Jump, Shot.

Juniors: 60m, 300m, 600m, 1500m, Shot.

Youths: 60m, 300m, 600m, 1500m, Long Jump, Shot.

Ladies: 60m, 60m Hurdles, 600m, 1500m, Long Jump, High Jump, Shot.

Entry Fee: 2/- per event.

Closing date 25th October, 1969

Entry forms and Prospectus are obtainable from the M.C.A.A.A. Offices, Rooms 30 & 32, Queen's College Chambers, 38a Paradise Street, Birmingham, 1. Tel: 021-643-6916.