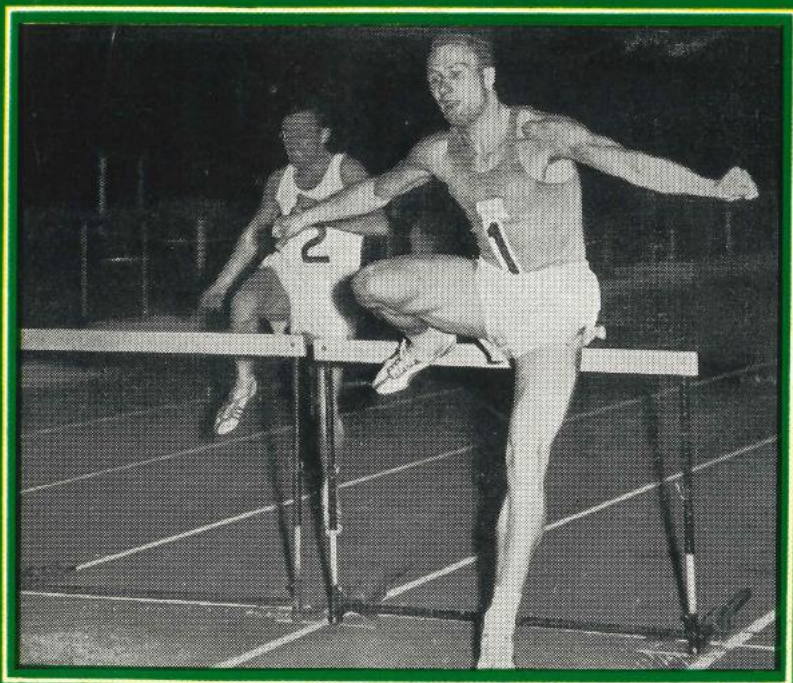


Athletics WEEKLY

OCT. 11th, 1958

9^D

Vol. 12. No. 41



MILDH (Finland) wins from FARRELL (England)

**BIRCHFIELD H.
FLOODLIT
MEETING**

**ROAD AND
CROSS-COUNTRY
RELAYS**

DAVE SEGAL answers the Questionnaire

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

WALKING

By A. D. McSWEENEY

STAN VICKERS and Ken Matthews continued their double act in the Leicester W.C. Open 7 miles and both carved a large slice off Roland Hardy's course record of 51m. 21s. Vickers gained the upper hand in the second half and won in 49.36—1m. 45s. inside Hardy's time, with Matthews clocking 50.05—1m. 16s. better than the previous best. Only four years or so ago these performances by Hardy looked invincible, now they are being beaten by a quarter of a mile.

Albert Johnson, the Leicester W.C. Race Hon. Sec. sends this report:

"Vickers and Matthews led the field and at 1½ miles they were 100 yards ahead of Johnson (Sheffield), who was just in front of the main group. At three miles Vickers had drawn away by ten yards and Johnson was 200 yards behind. Vickers continued to force the pace and by five miles had opened the gap to 80 yards. Pressing on relentlessly in faultless style he finished 120 yards ahead of Matthews, beating the previous course record."

Sheffield won the team race very easily, although not at full strength, from Leicester W.C., while Belgrave, third, did not have a representative side.

Eight-Miles-in-Hour Plaques. The Race Walking Association have confirmed their practice of presenting these plaques for performances in approved events and made in a standard track. Road performances are not entertained. The 6 and 7 miles Badges can still be gained in both road and track events.

Quite rightly it is pointed out that in a road race a competitor can, at some point, steal a yard on a bend or corner, an impossibility on a track, and with the Eight miles being the ultimate award it is very necessary to be rigid as to the distance covered.

World Records. The Congress decision to withdraw recognition of all past performances at distances under 20 kilometres is somewhat surprising. There is no indication that fresh performances under more stringent conditions will be entertained. During the war years records were being made in countries not at war and judged solely by their own standards. 12m. 45s. for two miles by Hardmo in Sweden is an example. Clearly in the absence of greater vigilance, wartime performances should not have been accepted by the I.A.A.F. But

this latest decision doesn't remedy the situation.

What is needed is a clause to the effect that claims for World records can only be considered if the events are of International calibre, in which competitors of three or more nations are competing, and in which Judges of three or more nations are officiating. Countries can accept what they like for their own domestic record.

Distances at which World records could be made should be pruned right down to 10, 20, 50 and 100 kilometres, and 20 and 50 miles, and all to be track performances, of course.

A Licking for Read and Thompson. The Dominican Republic have issued a 7-correos value postage stamp depicting three of the Melbourne Olympic 50km. walkers: Norman Read, Don Thompson and Smith (Australia). Stan Vickers may yet get his face caught up in a franking machine.

Convert? It is interesting to note that the Cambridge Harriers' Novice race on Saturday was won by their Cross-Country International D. Holden, but he had only a foot to spare in a close finish.

Another Record? The big event of the West Country, the *Chippenham to Calne* 6 miles, promoted by the Trowbridge A.C., takes pride of place today. The entry is over 170 and includes Stan Vickers and Ken Matthews. Either or both may beat Hardy's course record of 44.09.

September 27th

Lancashire W.C. 4 Miles Handicap. 1, D. Ellison (10.00) 28.11; 2, J. Sankey (2.55) 29.34; 3, V. Murray (7.00) 29.52.

October 4th

Leicester W.C. Open 7 Miles. 1, S. F. Vickers (Belgrave) 49.36 (rec.); 2, K. J. Matthews (R. Sutton) 50.05; 3, A. Johnson (Sheffield) 53.18; 4, F. Winter (Sheffield) 54.16; 5, A. Poole (Worcester) 54.32; 6, G. Chaplin (Godiva) 55.01.

Teams: 1, Sheffield U.H. 24; 2, Leicester W.C. 52½; 3, Belgrave H. 65. Team Handicap: Belgrave.

Yorkshire W.C. 12 Miles: 1, S. Holmes 1:52.28 (rec.); 2, H. Holmes 1:53.21; 3, J. Whitley 1:55.21. Handicap: Whitley. Veteran: H. Holmes (Senior) 2:9.10.

Cambridge H. Novice 3½ Miles, Bexley. 1, D. Holden 33.02; 2, A. Joy 33.03; 3, D. Rice 33.10; 4, B. Unford 33.10.

L. Vidarians W.C. 7 Miles, Mitcham. 1, W. Garratt 59.07; 2, R. McMullen 61.37; 3, D. B. Hopkins 61.44. Club Championship: Hopkins; Handicap: Garratt. Match: L. Vidarians 10, Veterans A.C. 26.

Editor : P. W. GREEN

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EVERY SATURDAY—NINEPENCE

THIS WEEK-END

THE London to Brighton Relay for Southern clubs is the main event in the country this week-end and with S.L.H. not competing, and T.V.H. hit by injuries and absentees, we should see the most open race for many years.

Woodford, Walton, Belgrave and Portsmouth look the likeliest of the teams to fight out the issue for leading places. The first two mentioned should provide the winners, and I have a fancy for Walton, though I know many expect Woodford to win. Portsmouth, with Hyman and Tulloh in great form, will be stronger, and Belgrave, though not the force they were at one time, can seldom be taken lightly on the Brighton Road. The open nature of the race should add to its attractiveness.

Another prominent fixture, this time in the North, is the Lancs. County Road Relay at Southport. There is also the Burn Road H. Road Race at West Hartlepool.

A small but select team of nine will be competing in Rome on Sunday, and on the same day we have two representatives, Kemball and Kirkup, running in the Kosice Marathon.

MR. McCracken, of Aylesford Paper Mills, denies entirely the statement made by a Thanet A.C. representative last week that his three teams—well on the way to half the entry—left them in the lurch by a last minute withdrawal from the Thanet "10." Bob McCracken tells me it was clearly stated at the time of entry that, owing to other commitments, the A.P.M. teams might not attend.

JUST as we are going to press I have been informed by the organisers of Bounty Pools, who are promoting the new national competition for the benefit of athletics, that in response to many requests from clubs and agents, they are postponing the starting week of the competition a fortnight until October 18th. It is now realised that it was rather optimistic trying to get the whole thing in operation in so short a time. I understand that this will ensure a first dividend that week of at least £25, which is pretty good for the first week. Incidentally, their local competition in Kent has a first dividend each week of well in excess of £200, and if support is forthcoming from clubs it could make this new competition snowball to a similar figure, or even higher.

THE EDITOR.

Cover photo by H. W. Neale

IS THIS ATHLETICS?

ARTHUR WHITEHEAD *poses this question in raising an interesting point which affects many of our race organisers.*

FOR many years I have been puzzled to know why so large a number of slow Runners and slow Walkers turn out in the races which are held annually from London to Brighton and in a number of other long distance road races.

The last man to finish in this year's 53 mile run took rather more than nine hours, and six men in front of him were three hours behind the Winner who recorded the excellent, though not record, time of 5 hours 47 minutes. Moreover, one or two entrants have in recent years been rejected as being too much below the standard of performance one expects from a properly trained athlete and nobody has been timed in officially after 8½ hours.

Agreed, nobody should be barred from enjoying our wonderful sport of long distance running, but one wonders just why these runners turn out in RACES to record performances which would place them miles behind a well trained Walker.

Do they train? If so, what is their average weekly mileage? One competitor remarked gaily just before the race that he had done no training for several months and many others were clearly unequal to a 30 mile run, let alone 53. For example, we find one runner covering the first 10 miles in 63 minutes (not in itself a very remarkable achievement) and then taking no less than 2 hours for the next ten miles after which he dropped out. As early as 20 to 25 miles a number of competitors were running at only 5 m.p.h. and 4 m.p.h. was not uncommon in the last stages. Is it reasonable to expect Officials to put a lot of work into a race when Competitors in many cases are clearly not doing their share.

It is not a question of age. The Winner this year was 22 and his runner-up 44 whilst Ernie Simmons, although losing a little ground in the later stages of the race, ran very well indeed for a Veteran of 62. The tail-enders this year were comparatively young men and one

must question whether, apart from their lack of training, they have sufficient basic ability to be accepted in Open Competition. True there are "rabbits" in every sport and often they are the most stalwart supporters. But in no other sport would they be accepted in Open competition.

Everyone of us can enjoy a stroll to Brighton any day or night of the year and it is not rare for small parties to set out, but this is very different to Racing.

Why then do they do it? One hardly dares to hint that it may be exhibitionism—but what an "Exhibition" some of them make to a wondering public!

In my opinion the time has come, indeed is long overdue, when a reasonable standard of fitness, ability and training should be insisted on so that our great sport may continue to the admiration of all.

N. YORKS. & S. DURHAM HARRIER LEAGUE

Winter League Cross Country Programme,
1958-59

1958

(All Saturdays)

October

18 Acklam Hall Sch., Middlesbrough & C.H.
25 Catterick Camp. R.Sigs. & R.A.C.

November

1 West Hartlepool, Burn Road H.
29 Wilton, Wilton Works

December

13 Gladstone Street Sch., Darlington H.

1959

January

10 Stockton (Oxbridge Lane), Ashmore,
Benson, Pease & Co.

17 Stockton (Norton), Norton & Stockton
24 Billingham, Synthonia Rec. Club.

February

7 Newton Aycliffe, Newton Aycliffe
21 Horden, Horden Welfare

(All runs to commence at 3 p.m. prompt)
League President, 1958-59 : J. C. Hamilton,
Esq., Horden C.W.A.A.

FALLOWFIELD RELAYS

September 27th

Manchester A. and C.C. held their annual Relays from the Harris Stadium, Fallowfield, over a circuit of 1½ miles.

Juniors (17-19):

1. M.A.C. (P. Nolan 6.55, J. Vear 6.46, T. Roberts 6.49, P. Finnigan 6.47) 27.17.0.
2. Rochdale (A. Evans 6.52, A. Dewhurst 6.43, T. Winterbottom 7.19, C. Robinson 6.30) 27.24.0.
3. Man'r D.L.C. (D. Craig 7.10, A. Brown 6.56, G. Lawson 6.58, P. Montague 6.32) 27.36.0.

Fastest Laps:

1. C. Robinson (Rochdale) 6.30 (rec.); 2. P. Montague (M. and DLC) 6.32; 3. P. Warren (Salford) and A. Dewhurst (Rochdale) 6.43.

Youths (15-17):

1. Sale (M. Sudlow 7.04, R. Johnson 7.01, M. Struggles 7.47, M. Brooks 7.11) 29.03.0.
2. Man'r G.S. (Etchells 7.03, Goodey 7.15, Brookes 7.25, Pritchard 7.32) 29.15.0.
3. Man'r D.L.C. (K. Hallam 7.27, K. Kewley 6.58, D. Lawson 7.40, A. Beesley 7.53) 29.58.0.

Fastest laps:

1. A. Green (Salford) 6.46; 2. R. Carter (Middleton) 6.57; 3. L. Kewley (M. and DLC) 6.58.

Boys (13-15):

1. Sale (M. Taylor 7.13, D. Eyre 7.36, D. Hogg 7.40, G. Brown 7.01) 29.30.0.
2. Bolton 30.22.0.
3. M.A.C. (W. White 7.14, B. Simmens 8.07, M. Wilcox 7.57, T. Whitwam 7.31) 30.49.0.

Fastest laps:

1. G. Brown (Sale) 7.01; 2. M. Taylor (Sale) 7.13; 3. W. White (M.A.C.) 7.14.

Boys (under 13) Team Race:

1. M.A.C. (K. Jones 3, B. Turnbull 5, B. Finch 11, C. Green (15) 34pts.
 2. Sale (J. Grace 2, H. Vyse 4, A. Locke 13, F. Atkinson 27) 46pts.
 3. Chorlton G.S. (G. Cowan 6, D. Roxburgh 9, G. Rosenthal 10, G. Porter 25) 50pts.
- First home: R. Cunliffe (Salford) 7.39.0.

NEW CLUB

At a meeting held in Shrewsbury last week, an athletic club was formed to run under the name of Shrewsbury Amateur Athletic Club. The club hopes to be functioning within the next month. Hon. Sec. is G. R. Davies, Greenways, 11a Longden Road, Shrewsbury, Salop.

HEREFORD RELAY

September 27th

On the first lap of the Hereford Road Relay, Birchfield took the lead through Orton, and the order of the first three teams remained unchanged throughout the race. Orton's time of 11.01 remained unbeaten until the last lap, when McDonald, of Westbury, clocked the fastest time of the day with 10.51.

There was a close struggle for fourth place between Hereford L.I. (TA), Worcester H. and Oldbury. The former, handicapped by the absence of their best runner, Flowers, held out for a praiseworthy fifth place three minutes better than last year's winning time. The other local club, Pontrilas, also not at full strength, took 8th place thanks to a good run by John Middleton on the second leg, when he moved up three places with a time of 11.50, the fastest lap by a Herefordshire runner.

4 x 2½ Miles Road Relay

1. Birchfield (J. Orton 11.01, P. R. Thompson 11.15, R. R. Hatton 11.27, B. Browning 11.02) 44.45.0.
2. Westbury (J. E. Gamlin 11.13, T. N. Spokes 11.30, W. P. Smallwood 11.32, J. J. McDonald 10.51) 45.06.0.
3. Birchfield "B" (G. Nicklin 11.30, A. D. Mann 11.30, W. E. Butcher 11.48, A. P. Wigley 11.18) 46.06.0.
4. Worcester 48.03; 5. 1st Hereford LI (TA) 48.38; 6. Oldbury 49.48; 7. Worcester "B" 50.07; 8. Pontrilas 52.45; 9. Worcester "C" 52.46; 10. Gilwern 52.50; 11. Worcester "D" 56.06.

Fastest Laps:

1. J. J. McDonald (Westbury) 10.51; 2. J. Orton (Birchfield) 11.01; 3. B. Browning (Birchfield) 11.02; 4. J. E. Gamlin (Westbury) 11.13; 5. P. R. Thompson (Birchfield) 11.15; 6. A. P. Wigley (Birchfield "B") 11.18.

YOUTHS' 2½ MILES ROAD RACE

1. K. Dobb (Birchfield) (rec.) 11.22
2. A. Batstone (Worcester) 11.26
3. M. G. Down (Westbury) 11.31
4. R. Jackson (Birchfield) 11.34; 5. P. L. Davis (Newport) 11.46; 6. G. Tranter (Birchfield) 11.51; 7. R. G. Turner (Westbury) 11.54; 8. T. Wigley (Birchfield) 11.57; 9. McKeown (R.A.F. Hereford) 12.02; 10. D. Pyant (RAF Hereford) 12.06.

Teams:

- | | Pts. |
|------------------------|-----------------------------|
| 1. Birchfield H. | (1. 3. 4) 8 |
| 2. RAF Hereford | (6. 7.12) 25 |
| 3. Worcester H. | (2.10.24) 36 |
| 4. Gilwern A.C. | 39; 5. RAF Hereford "B" 42; |
| 6. Oldbury A. and C.C. | 53. |

SCOTTISH NEWS

By W. DIVERTY

Scottish Women's A.A.A. Pentathlon at Ardeer, 27/9/58

Alix Jamieson, Maryhill H., was the winner of the S.W.A.A.A. first ever Pentathlon with a total of 3591 pts. Alix, who was one of Scotland's team at the Empire Games, is a 16 year-old pupil of Hutcheson's Grammar School, Glasgow, and is one of Scotland's finest athletic prospects for the future. Her best performances in the Pentathlon were in the Long Jump, where she led with 17'7½", which is only 3 inches short of the Native Record, and in the 200m. where she had the fastest time of 26.3s. Ina M. Mooney, Jordanhill T.C., was runner up with 3328pts., and had the best time in the 80m.H. of 13.0s. and was a joint leader in the H.J. at 4'8".

The S.W.A.A.A. intend to make this an annual event and hope to have more competitors, particularly from the East of Scotland. I would suggest that the venue should be Glasgow and Edinburgh in alternate years.

1, A. Jamieson, Maryhill H. (80m.H. 13.5; 200m. 26.3; H.J. 4'8"; L.J. 17'7½"; S.P. 23'7") 3591pts.

2, I. Mooney, Jordanhill T.C. (80m.H. 13.0; 200m. 27.2; H.J. 4'8"; L.J. 14'2½"; S.P. 23'11") 3328pts.

3, G. Stead, Jordanhill T.C. (80m.H. 14.3; 200m. 29.3; H.J. 4'1"; L.J. 14'9"; S.P. 28'1") 2958pts.

4, A. Freebairn (Maryhill) 2729; 5, M. Craig (Ardeer Rec.) 2607; 6, I. Thomson (Bellahouston) 2583; 7, P. Prentice (Bellahouston) 2507; 8, D. Booth (Maryhill) 2310; 9, A. Reilly (Ardeer Rec.) 2295; 10, D. Dow (Bellahouston) 2146; 11, M. Brown (Ardeer Rec.) 1996.

Shettleston H. A.G.M.

Mr. A. S. Stevenson, a former S.A.A.A. President, was elected the Hon. President. Mr. W. Sinclair, a former Club Secretary, was appointed President. Mr. J. S. Smart, formerly of Edinburgh South H., is the new Secretary, and his address is 116 Bairdhill, East Kilbride. The Club's delegates to the Midland District of the N.C.C.U. and S.A.A.A. are A. S. Stevenson and D. Ferguson respectively.

Maryhill H. 70th Birthday

Maryhill H. will celebrate their 70th anniversary with a dinner on November 7th, 1958. Old members wishing to attend are asked to contact the Secretary, Mr. T. Ruth, 43 Mingu-lay Street, Glasgow, N.W.

FIELD EVENTS CLUB CHAMPIONSHIPS

Craiglockhart, Sept. 20th

1, J. Drummond 48 pts.; 2, I. Drummond and L. Nisbet eq. Best performance: J. Malcolm with 165ft. hammer throw. Handicap winner: J. Stirling, 17 year old, with 22pts.

COACHING COURSE

West Riding, No. 11 Dist., Coaching and Development Committee hold a course for those who wish to qualify as A.A.A. Hon. Coaches or Senior Coaches, at Leeds, on Nov. 7th, 8th and 9th. The main purpose of the Course is to improve the standard of the three jumping events in the North by increasing the number of Senior Coaches. The staff will include G. H. G. Dyson, D. C. V. Watts and L. Pugh. Further details from W. J. Lewis, "Lynton," 45 Mount St., Cleckheaton, Yorks.

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at reasonable prices

Beautifully supple black leather uppers with white strip facings. Very comfortable but hardwearing microcellular sole. Extremely light in weight. Half-sizes. These are really superior shoes and one well known road runner writes: "They are the best shoes I've ever had and I have just completed over 2,000 miles in them without a blister."

Uppers now made of finest kangaroo—at no extra cost

Price 55/4

Postage 1/6

THE SPORTS CENTRE

:

8 Medway Street, Chatham

Soon after the start of the Surrey A.C. Cross Country Relay race in Richmond Park, with P. Shirley (Farnham) in the lead.

E. D. Lacey



WELSH NOTES

By Bernard Baldwin

AT last the "Nos Galan" New Year's Eve midnight road race has materialised. It will take place in Mountain Ash for the first time, this year. Full particulars will appear shortly in "Athletics Weekly" and clubs are asked to note particulars. The race, over 4 miles, will be "Through the Streets," and has come about through some perseverance with the idea by R.R.C. (Glamorgan).

At the A.G.M. of the Welsh Cross Country Association recently Mr. Frank Duggan was elected President for the forthcoming season, with all other officers re-elected.

A tremendous task confronts the Association in finding the funds to send a team to Lisbon for the 1959 International, but they intend tackling the problem. First step on the road is a Flag Day in Mountain Ash on 11th October, supported by a road relay race in the town for 16 to 20 year-olds. Entry is open, and the course is 4 x 2 miles.

In Brief: Many seem to have overlooked Tony Pumphrey's brilliant mile in 4m. 4 secs. recently. Congrats. Tony. The Welsh team for Lisbon next March promises to be the best for many years; Chris Suddaby returns from overseas shortly and should be in it, in company with many of our 1958 team. Six weeks in plaster seems the only remedy for John Disley's injured ankle. He tells me he thinks this means a lay-off until Christmas. We wish a speedy recovery to faithful follower George

Stone who has been removed to hospital in Cardiff. He has never been absent from any cross country meeting in the last 40 years in Wales, I understand.

1958/9 Championship dates and venues:

29th Nov: Glam. Sec. Schools' Junior and Senior 2 and 3 miles at Merthyr.

6th December: Welsh Novice 5 mls. at Cardiff University.

24th Jan: Boys' and Youths' 2 and 3 miles from Maindy Stadium (Roath H.)

7th Feb: Welsh 7 mls. at Port Talbot.

28th Feb: Senior 9 miles at Pencoedtre Fields, Barry.

21st March: International at Lisbon, Portugal.

* * *

RACE OFF

Owing to the lack of form of the athletes who intended to run in the one hour race proposed for 18th October, at the Walton track, the race has been indefinitely postponed.

ROAD RUNNERS' CLUB (Glamorgan)

announce the First

NOS GALAN

New Year's Eve 4 Miles Road Race

Starting at 10 mins. to midnight, from

The Town Hall, Mountain Ash

(Under A.A.A. Laws)

Full details of prizes, etc., will be announced in "A.W." later.

Entry fees: Teams 5/-; Individuals 2/-.

Entries (teams of 6, 3 to score) on A.A.A. forms to Bernard Baldwin, Picton Villa, Mountain Ash, Glamorgan, by Christmas Day.

NORTH & CRAIG

Still lead for A.W. 10-Mile—Two-Man Relay Awards

BEST 1958 PERFORMANCES

1, G. A. North and B. B. Craig (Blackpool and Fylde), 42min. 23.5sec., at Witton Park, Blackburn, on Sept. 9th.

2, H. V. Foord and P. Abrahams (Brighton A.C.) 43min. 10sec., at Brighton Sports Arena, on Sept. 9th.

3, M. Hyman and M. B. S. Tulloh (Portsmouth A.C.) 43min. 20.6sec., at Southampton Univ. Sports Ground, Swaythling, on Sept. 6th.

Closing date December 31st, 1958

"ATHLETICS WEEKLY" offers a special perpetual trophy to be held for 12 months by the team (Club, University, College, Service Unit, etc.) having the best performance each year for a two-man ten-mile relay.

In addition, "Athletics Weekly" offers the following awards for the best performances at this event in 1958:—

Best Performance—Two high grade, fly back, 1/10th second stop watches.

Second Best Performance—Two track suits of highest quality.

Third Best Performance—Two 12 months' subscriptions to "Athletics Weekly."



Gerry North and Brian Craig (Blackpool and Fylde), leaders in the Ten Mile—Two Man Relay with a time of 42min. 23.5sec.

I. A. B. McLaren

APPLICATION FOR CONSIDERATION OF "TWO-MAN, TEN MILE RELAY" PERFORMANCE

I certify that the following performance was witnessed by me, that the full distance was covered, the timing performed by qualified timekeepers, and that the rules as published were adhered to in every particular.

(Runners) and

of (club, etc.) Time.....mins.....secs.

Name of track Cinders or grass.....

Date of performance.....

(Signed)..... Date.....

Official capacity or qualification.....

WITH THE LADIES

September 13th

"GIBSON TROPHY" MEETING

Ilford 194pts. beat Spartan 187, Essex 127, Selsonia 109, Middlesex 107.

Senior—100(1): S. Hoskin (S) 11.1; 2, S. Gould (S) 11.2; **220:** 1, S. Gould (S) 25.4; 2, D. Wood (S) 25.9; **440:** 1, J. Jordan (S) 57.4; 2, J. Bruty (I) 61.9; **880:** 1, J. Jordan (S) 2.17.0; 2, P. Smith (I) 2.21.3; **Mile:** 1, Y. Mattok; 2, P. Perkins; 3, M. Westney (all I) 5.47.4; **80 m.H:** 1, S. Gould (S) 11.4; 2, A. Smith (S) 12.0; **LJ:** 1, S. Hoskin (S) 19'6"; 2, M. Hamby (S) 18'0½"; **HJ:** 1, D. Cooper (S) 4'10"; 2, C. Russell (S) 4'8"; **SP:** 1, J. Linsell (E) 36'10"; 2, J. Tweedy (I) 34'7"; **DT:** J. Tweedy (I) 120'1"; 2, D. Shelly (I) 105'10½"; **JT:** 1, R. Morgan (M) 134'1½"; 2, M. Callender (I) 123'9"; **4 x 110:** 1, Spartan 49.8; 2, Ilford 50.6; 3, Essex 50.6; **3 x 440:** 1, Spartan 3.03.0; 2, Ilford 3.03.9; Middlesex 3.10.5. **Intermediate—100:** 1, Smart (S) 11.3; 2, J. Topping (S) 11.7; **150:** 1, J. Smart (S) 16.6; 2, J. Topping (S) 17.6; **4 x 110:** 1, Spartan 52.6; 2, Ilford 52.6. **Junior—100:** 1, A. Barrett (Sel.) 11.4; 2, M. Thurlow (M) 12.1; **150:** 1, A. Barrett (Sel.) 17.8; 2, G. Whiley (M) 17.9; **LJ:** 1, A. Sales (I) 15'6½"; 2, P. Allen (I) 15'7½"; **4 x 110:** 1, Middlesex 51.9; 2, Ilford 52.5; 3, Essex 53.5.

September 20th

ESSEX L. WIN INTER-CLUB at Southend

Senior: Essex L.A.C. 102pts. beat **Selsonia** 100, **Middlesex L.A.C.** 66, **Southend** 53, **Colchester** 26, **Hornchurch** 19pts. **100(1):** M. Weston (Sel.) 11.5; **100(2):** R. Jaynes (E) 12.4; **220(1):** M. Dew (Sel.) 25.6; **220(2):** I. Clancy (E) 27.5; **440(1):** P. Bentley 60.1; **440(2):** P. Belton (E) 63.2; **80mH:** P. Morant (Sel.) 12.4; **LJ:** S. Brown (C) 16'6½"; **HJ:** Farley (E) 4'8"; **SP:** Gower (Sel.) 34'9½"; **DT:** Coombes (E) 124'10"; **JT:** J. Ogden (E) 103'4"; **4 x 110:** Selsonia 49.8. **Intermediate 100(1):** D. Turner (Sel.) 11.7; **100(2):** J. Welch 12.7; **150(1):** D. Turner (Sel.) 17.9; **150(2):** C. Bailey (E) 19.6; **80mH(1):** P. Young (E) 12.5; **80mH(2):** S. Cullet (E) 13.3; **4 x 110:** Essex L.A.C. 52.6.

In a junior match **Southend A.C.** 104pts. beat **Essex L.A.C.** 85, **Middlesex L.A.C.** 60, **Hornchurch** 48pts. **100(1):** S. Webb (M) 12.1; **100(2):** D. Thatcher (E) 12.7; **150(1):** D. Bentley (E) 18.6; **150(2):** G. Whiteley 18.7; **70H(1):** M.

Thurbon (M) 10.5; **70H(2):** C. Jarvis (S) 11.4; **LJ:** Tie C. Jarvis and M. Blatcher (S) 15'2½"; **HJ:** K. Hughes (E) 4'8"; **SP:** P. Woodman (S) 30'5½"; **DT:** R. Sherriff (S) 78'3"; **JT:** S. Manning (S) 79'9"; **4 x 110:** Middlesex L.A.C. 52.7.

Ilford A.C. Championships—(Senior) 440: R. Pettit 60.4; **Mile:** P. Fry 5.26.4; **LJ:** J. Bruty 15'10½"; **DT:** R. Morgan 111'11". **(Intermediate) 150:** B. Fletcher 17.8.

ESSEX WOMEN'S PENTATHLON CHAMPIONSHIP

At Southchurch Park, Southend-on-Sea

1, S. M. Brown, Colchester Garrison. (200m: 29.0; **80mH:** 12.8; **LJ:** 16'6½"; **HJ:** 5'1½"; **SP:** 26'5") **3629pts.**
2, J. Ogden (Essex L.A.C.) (28.3; 13.8; 15'1½"; 4'9½"; 33'3½") **3510pts.**
3, B. Hamilton, Southend A.C. (28.5; 12.8; 15'8½"; 4'5"; 32'10") **3495pts.**
4, J. Bruty (Ilford) 3385pts.; 5, B. Bentall (Romford) 3336pts.; 6, D. J. Sparrow (Ilford) 3238pts.; 7, M. Parks (Southend) 3082pts.; 8, M. Rawlings (Romford) 2890pts.; 9, J. Lawlor (Southend) 2797pts.

September 24th

NORTHERN IRELAND WOMEN'S PENTATHLON CHAMP at Ormeau Park Belfast

1, M. Peters, B'mena (200m: 29.2; **80mH:** 12.7; **LJ:** 16'6"; **HJ:** 4'9"; **SP:** 36'6½") **3720pts.**
2, M. Kyle, B'mena (26.2; 13.0; 15'9½"; 4'8½"; 26'2½") **3604pts.**
3, C. McCurdy, B'mena. (28.0; 16.4; 13'8"; 4'4"; 23'3½") **2757pts.**
4, B. Robinson, B'fast. (29.5; 14.7; 13'0½"; 4'0"; 29'5") **2751pts.**
5, M. Coates, Albert Fdy. (30.3; 16.2; 13'11" 4'0"; 19'8") **2391pts.**
6, M. Bell, B'mena (31.0; 16.7; 12'10½"; 4'2"; 19'8½") **2306pts.**

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DAVE SEGAL

(THAMES VALLEY HARRIERS)

answers the A. W. Questionnaire

Right:

MIKE RAWSON takes over from **DAVE SEGAL** in the 4 x 400m. Relay for England against Finland.

E. D. Lacey



Name (Surname first):	Segal, David Hugh
Birthplace and date:	London, 20.3.37
Height:	5'10½"
Weight:	148 lbs.
Occupation:	Sales representative
Club:	Thames Valley Harriers
When did you first commence athletics?	1952
What were your first events?	100yds. 220yds.
What are your favourite events now?	Anything up to 440 yds.
What are your best marks at these events?	100yds. 9.8 (9.6w), 100m. 10.6, 220yds. 21.2, 200m. 21.0, 300 yds. 30.3.
Give brief details of your athletic career, championships won, dates and performances:	1953 1st All England Schools 220yds. 1954 Middlesex 100 and 220 champion and record holder. 1955 Southern junior 220yds. champ. and record holder (22 secs.), Middlesex Senior 220yds. Champ. (whilst still a junior).

- 1956** Olympic representative and member of 4x100m. finalist relay team. R.A.F. 100 and 220 champ. 2nd Inter-Counties 220yds.
- 1957** 1st A.A.A. 220yds. 1st Inter-Services 220yds. (21.7 rec.). 1st R.A.F. 100 and 220 (21.8 rec.)
- 1958** 1st Inter-County 220yds. 21.7; 1st Middx. 220yds. 22.5; 1st Southern 100 and 220yds. 9.9 and 21.9; 1st AAA 220yds. 21.4 (21.2 heat), 1st G.B. v. B.E. 220yds. 21.4; 2nd European Ch. 200m. 21.3 (heat 21.0). 1st London v. Warsaw 220yds. 21.3; 2nd G. B. v. France 200m. 21.0; 1st Brighton Floodlit Meeting 220yds. 21.3; 1st England v. Finland 200m. 21.5; 400m. leg in 47.5 Eng. v. Finland. Also 21.2 for 220 straight at Oxford.

Which performance gave you most personal satisfaction and why?

My run in the Polish Meeting in Warsaw when I beat Swatoski, the Polish 200m. record holder and the fastest European 400m. runner during 1957, after I was nearly 2 yds. down with 70 yds. to go.

How many days a week do you train in (a) Summer and (b) Winter?

(a) 3 times if competing twice a week. 4 if only competing once. (b) 6

At what time of the day do you normally do your training?

In the evening.

How long do you spend on each training session?

About one to one and a half hours each day.

Give a brief outline of your training in the Summer season, with a typical week's work?

Monday: Weight training
 Tuesday: 8 x 150 (220yds. jog) concentrating on speed.
 Wednesday: Competition, if not, then 10 x 80 sprint up, sprint back.
 Thursday: 8 x 150 (15 secs.)
 Friday: Rest.
 Saturday: Competition.
 Sunday: Starts. 8 x 60 dash, 3 x 220 (22 secs.) 5 mins. recovery.

Give a brief outline of your training in the Winter season, with a typical week's work?

Monday: Weights.
 Tuesday: 2 x 220 (23s.), 220 jog, 3 x 110 (110 jog), 1 x 220 (22s.) or 7 x 220 (27s.), 110 jog.
 Thursday: 2 x 330 (39s.) 110 jog, 2 x 220 (23-24), 110 jog 2 x 110 (50 jog).
 Friday: Rest.
 Saturday: 4-5 x 300 (33s.) 580yds. recovery jog, 3 x 150, circuit training.
 Sunday: Starts, 1 fast 440 (48-49) and 4 x 150.

How often do you compete in the competitive season(s)?

As often as possible each week.

Describe briefly the warming-up you do before competition and time taken?

3 laps jog to warm-up then exercises and some strides in slippers, then spikes, followed by some block starts and patters. Time taken about 35 mins.

How many days rest do you prefer before competition?

One Day.

Name the coaches who have coached you?

Arthur Filkins (Thames Valley H.) and John Le Masurier.

Have you any suggestions for improvements in competition or athletics generally?

Could we please have some indoor competition.

What advice would you offer to the young athlete or novice?

Join a good club, train conscientiously and always keep your ears open to be ready to learn about your event, and remember that sprinters must run fast in the winter to run even faster in the summer.

Do you include any weight or Circuit training in your programme? If so, what work of this nature do you do and what benefits have you noted?

Since 1955 I have included both weight and circuit training as part of my winter build up. During which time my times have improved from 22.4 to 21.4

BRISTOL'S RECORD IN NEWPORT ROAD RELAY

On October 4th (6 x 4½ miles)

TEN teams faced the starter for the first stage of this out and home course from Kimberley Park, when Newport H. held their Road Relay over six laps of 4½ miles. Heavy rain throughout most of the race did not dampen the enthusiasm of the competing teams and their supporters. Bristol A.C., fresh from their record breaking run at Maidenhead the previous Saturday, were keen to win the new trophy which had been presented to Newport Harriers for this race.

Norman Horrell, Roath's well known Welsh International, and Mick Price (Bristol) had a fine duel on the first leg which resulted in Price doing a fabulous record breaking run to send Bristol away with a 43sec. advantage.

The second stage brought together H. Tawton, Welsh Junior champion, and John Gingell, Midlands 880 Junior record holder, together, but this proved disappointing when Gingell had severe stomach cramp and only just managed to struggle home before collapsing.

Tawton had put Roath into a lead of 1 min. 35sec. Derek Smith (Bristol) set about reducing this and at the end of the third stage, with sixth fastest time of the day, had reduced the deficit to a mere 5 sec.

"Mike" Sully soon put Bristol in front to hand over to Eddie Strong with a 1min.40sec. lead. Meanwhile, Newport H., who had a bad start and were 9th on stage 1, were creeping up and a good run by Ken Flowers brought them into 5th place.

Eddie Strong had built up an unassailable lead and handed over to Ken Smith for the last leg. Smith, who had run the fastest leg

at Maidenhead the week before, came home to complete a new course record, while a great



J. VALKAMA won the long jump for Finland against England with a leap of 24ft. 7½in.

E. D. Lacey



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run by Ron Franklin carried Newport into second place, followed by Bristol "B", whose last two legs by Roger Bates and David Hambly were just too much for Roath, who took 4th place.

1, Bristol A.C. (M. Price 22.20, J. Gingell 26.23; D. Smith 23.27, M. Sully 23.51, E. Strong 23.52; K. Smith 23.25) 2:23.18 (rec.).

2, Newport H. (J. Flook 25.58, T. Woods 24.22, G. Methudis 25.25, K. Flowers 24.22, I. Adams 25.25, R. Franklin 23.03) 2:28.39.

3, Bristol A.C. "B" (A. Upsher 24.35, A. Townsend 25.19, E. Nash 24.46, R. Bates 24.36, P. Slavin 25.13, D. Hambly 25.03) 2:29.39.

4, Roath 2:31.14; 5, Birchgrove 2:31.22; 6, Bristol "C" 2:33.37; 7, Roath "B" 2:40.29; 8, Barry 2:44.32; 9, Bristol "D" incomplete teams; 10, Newport "B" incomplete teams.

Fastest laps:

1, M. J. Price (Bristol) 22.20 (rec.); 2, N. Horrell (Roath) 23.03; 3, R. Franklin (Newport) 23.03; 4, J. Edwards (Bristol) 23.08; 5, K. Smith (Bristol) 23.25; 6, D. Smith (Bristol) 23.27.

BEDLINGTON HARRIERS 10 MILES ROAD RACE

October 4th

A field of 53 contested the Bedlington H. 10 Miles Road Race, and of these 48 finished the course. T. Anderson, of N. Shields Poly was a good winner from Jones, of Bedlington, who led his team to a narrow victory over Gosforth in the team race. Sunderland placed 3rd and 4th, but had to wait until 33rd for their last scorer.

1. T. Anderson (N. Shields P.)	53.56
2. J. Jones (Bedlington H.)	54.14
3. G. Freeman (Sunderland H.)	54.19
4. K. Boyle (Sunderland)	55.13; 5, T. Laybourn (Jarrow) 55.30; 6, J. Hawes (Heaton) 55.47; 7, K. Neilson (Gosforth) 56.04; 8, J. Smith (S. Shields) 56.18; 9, G. Dance (Benwell) 56.41; 10, D. Hush (Gosforth) 57.02; 11, A. Byers (Border) 57.38; 12, O. Hindhaugh (Bedlington) 57.45; 13, R. Fail (Bedlington) 58.00; 14, A. Lawton (Leeds Harehills) 58.13; 15, P. Pattison (Gosforth) 58.15; 16, C. Waudby (Haltemprice) 58.17; 17, E. Slaughter (Morpeth) 58.22; 18, E. Holmes (Billingham Syn.) 58.26; 19, R. Gowdy (Gateshead Congers) 58.41; 20, A. Prouse (Gosforth) 58.44.

Teams:

	Pts.
1. Bedlington H.	(2.12.13) 27
2. Gosforth H.	(7.10.15) 32
3. Sunderland H.	(3. 4.33) 40
4, Burri Road 76; 5, N. Shields 77; 6, Morpeth 85; 7, Gateshead 93; 8, Heaton 96.	

Northumberland and Durham Champ.

1, J. Anderson. 2, J. Jones. 3, G. Freeman.



The English team which set a new world record of 16min.30.6sec. for the 4 x 1 mile relay. L. to R. — Mike Blagrove (Ealing) Peter Clark (T.V.H.), Derek Ibbotson (S.L.H.) Brian Hewson (Mitcham).

H. W. Neale

T.V.H. WIN EALING CROSS-COUNTRY RELAY

ON this the opening day of the cross-country season, foreboding rain clouds greeted the record field of 53 teams out of the 61 entries, for the Ealing Harriers' Cross Country Relay Race for the "Horsenden Trophy." This year's generous rainfall made sure no record would be possible, for this moody, undulating 2½ mile country course at Perivale can be one of the heaviest and most difficult in the South. It would be hard to imagine running under worse conditions, for as the afternoon wore on, nature seemed determined to overshadow the performances of the runners.

At the end of the six laps B. Coding, of Wycombe Phoenix H., ran in first with a lap of 14.21, closely followed by J. Ellam (Rochester), A. Porter, of Finchley, and R. Daniell, of St. Albans City, but the time told us of pretty rough conditions for it was the worst time for many years.

In the second lap A. J. Redrup ran a grand leg of 14.16 to put Wycombe half a minute ahead of the City of Rochester. In the same lap Harry Hicks brought Hampstead up from 10th to 3rd with a lap of 14.33, but the most outstanding lap was by Frank Seal, who brought Ponders End from 38th to 14th with the second fastest lap of the day of 14.09.

The third circuit saw Frank Salvat run the lap of the day, a sparkling effort that brought Finchley from 6th to 1st, and just behind him Eddie Ellis brought "The Valley" into second place with a lap of 14.27. P. Mellor, of Enfield, had a good run here to bring his club up from 20th to 8th. It was in the 3rd lap that the rain started and the course started to break up badly. In spite of this the times continued to

be pretty good, and P. J. Linford of "The Valley," after a fight with H. Wild, of Finchley, brought his club in the front, and B. Parkes had a grand lap of 14.13 to bring Hampstead into third place. In the fifth lap with the heavy rain falling and the course becoming very muddy, the battle was on between T.V.H., Hampstead, Finchley and Rochester for the "Horsenden Trophy."

In spite of the appalling conditions, J. Mayatt, bringing Aylesford from 18th to 11th, ran a splendid leg, M. Smith of Finchley "B" had a good run too, getting his club up from 28th to 19th. As the race started its last lap, the weather did so too, for the runners set off in a deluge, the course a quagmire, in places under water. Hail lashed the runners, and it was like this with a background of vivid fork lightning and thunder that T. E. Stacey, wearing the colours of the Thames Valley Harriers, passed the finishing line, thus bringing this coveted trophy to his club. A. Shrimpton, of Hampstead H., ran in 51 seconds behind, while G. Batty brought the City of Rochester in 3rd, so after running in this race every year since it started, "The City" gained their first place.

It was hard to dare to think of lap times under such conditions, but in spite of it all, M. L. Barrett, of Ealing, decided to have a go for the fastest lap. Bringing his club up to 7th, he clocked an incredible 14.11, so remarkable that no-one in his lap could get within 46 seconds of him.

It was a fantastic finish to this great Cross Country Race and it said a lot for the runners that as many as 43 teams finished, and there are no words adequate to describe the wonder-

ful way the officials, soaked to the skin, had everything under control, and managed in such circumstances.
C.B.

1, Thames Valley H. "A" (J. R. Cameron 15.17, R. A. Newman 14.30, E. G. Ellis 14.27, P. J. Linford 14.33, C. E. Haslam 14.40, T. E. E. Stacey 15.18) 88.45.

2, Hampstead H. "A" (R. Marven 15.00, H. Hicks 14.33, W. Morgan 15.30, B. Parkes 14.13, A. Willmott 15.05, A. Shrimpton 15.15) 89.36.

3, City of Rochester A.C. "A" (J. Ellam 14.23, B. Hawkes 14.39, K. Child 15.31, D. Foxley 14.55, B. Clark 15.11, G. Batty 15.04), 89.43.

4, Thames Valley "B" (M. J. Moody 15.10, A. E. Ingles 14.31, B. G. P. Saunders 15.11, P. J. Vivian 14.47, E. Elderfield 15.11, W. L. J. Card 14.57), 89.47.

5, St. Albans City A.C. "A" (R. Daniell 14.30, R. M. Macey 15.28, G. V. Allen 15.30, P. D. Palmer 14.30, P. Smith 15.22, J. Thorpe 14.35) 89.55.

6, Finchley Harriers "A" (A. Porter 14.25, J. Boutle 15.17, F. Salvat 14.02, H. Wild 15.26, D. Raven 15.24, H. Trudgett 15.36) 90.10.

7, Ealing H. "A" 90.37; 8, Enfield "A" 91.19; 9, Ponders End "A" 91.28; 10, Poly "A" 91.43; 11, Welwyn "A" 92.18; 12, T.V.H. "C" 92.23; 13, Wycombe Phoenix H. 92.45; 14, Aylesford P.M.A.C. 92.51; 15, North London H. 93.21; 16, Barnet "A" 93.33; 17, Hampstead H. "B" 93.53; 18, Shaftesbury H. 94.05; 19, Reading "A" 94.25; 20, Ruislip and Northwood 94.30; 21, Finchley H. "B" 94.33; 22, Wigmore H. 95.03; 23, Highgate H. "A" 95.13; 24, Southall A.C. "A" 95.21; 25, T.V.H. "D" 95.30; 26, Poly "B" 95.46; 27, Ponders End "B" 96.27; 28, Windsor and Eton 96.35; 29, Reading "B" 97.38; 30, Bracknell 98.42; 31, T.V.H. "E" 98.55; 32, Uxbridge A.C. 99.38; 33, Aylesford "B" 99.56; 34, Poly "C" 100.30; 35, Ealing "B" 100.56; 36, Barnet "B" 101.10; 37, Enfield "B" 101.35; 38, Wycombe "B" 103.15; 39, Welwyn "B" 104.17; 40, Finchley "D" 105.15; 41, Ponders End "C" 106.00; 42, Aylesford "C" 106.00; 43, St. Albans "B" 106.11.

Fastest Laps:

1, F. Salvat (Finchley) 14.02; 2, F. Seal (Ponders End) 14.09; 3, M. L. Barratt (Ealing) 14.11; 4, B. Parkes (Hampstead) 14.13; 5, J. Mayatt (Aylesford) 14.15; 6, A. J. Redrup (Wycombe) 14.16; 7, B. Coding (Wycombe) 14.21; 8, J. Ellam (Rochester) 14.23; 9, A. Porter (Finchley) 14.25; 10, E. G. Ellis (T.V.H.) 14.27; 11, R. Daniell (St. Albans) 14.30; 12, R. A. Newman (T.V.H.) 14.30.

"Horsenden Trophy"—T.V.H. "A."
"Cyril Box Cup" for the first "B" Team—T.V.H.

Cup for the fastest lap—F. Salvat (Finchley).

SUPPORT FOR THE NEW COMPETITION TO AID ATHLETICS IS ENCOURAGING

At the request of Clubs wishing for more time to organise the scheme the opening date has been postponed to October 18th.

Good Commission for Collectors and a Scheme for all Clubs to benefit individually.

SEND FOR DETAILS — TO-DAY!

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(Under A.A.A. Laws)

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BY MONDAY, 20th OCTOBER, 1958

COURSE

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The Athletic Club Sports Ground is situated on the main London-Cheltenham road (A.40) approx. 1½ miles west of Witney town.

Previous Individual Winner—Jack Haslam, T.V.H., in 1hr. 3mins. 3secs.

Previous Team Winners—Belgrave Harriers.

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

STAGGERED STARTS IN THE 880 YARDS

Dear Sir,

I read with interest the letter from Stan Greenberg in your issue of September 27th.

The experiment (for such it was) of running the first part of the 880 yards in lanes at the London-Warsaw match was put on by request of higher authority so that the result could be examined. The experiment and the various proposals put forward from time to time to run the race in this way are presumably an attempt to avoid the bumping and boring which so often occurs in the early part of the race (although experience shows that accidents do happen at a far later stage!)

The Warsaw team manager was in favour of the experiment, and I also agreed, as the best way to test the soundness of a theory is surely practice and, in this case, in a field which is much of a standard. The runners loyally co-operated. Mike Rawson disliked it intensely, before and after the race, and I understand that others involved felt the same. Rawson co-operated, despite being drawn on the outside, and despite not being aware of the experiment until he arrived at White City. His forecast of what would happen was ful-

filled. I admired his decision to compete, although he did not like it, felt it was foredoomed to failure, and that it would dispense to a considerable extent with the exercise of intelligence and tactics.

I am sure that if this method were adopted we should have these races developing into the caricature exemplified in cycle racing in which competitors spend the best part of the race dawdling and jockeying and waiting for opponents. The conditions which give rise to what the theorists are trying to prevent would merely be delayed to a later stage in the race.

It seems to me that the runner who cannot take the hurly-burly of middle distance running should retire to the safer pastime of baby-sitting. Nobody will support vicious tactics, but how often is jostling vicious? It is a pity we have not available films of Jack Lovelock, a comparatively light-weight runner, who was an object lesson in track tactics and the ability to avoid trouble in a bunched field.

Officials have ample powers to deal with deliberately unfair or even foul tactics. I believe few middle distance runners would object to leaving things as they are, provided officials adopt a firm and commonsense approach to incidents and remain unmoved by

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political considerations and the pressure of power groups. Jostling is one of the occupational hazards of the middle distance runner, and most are content to take the rough with the smooth. I wish the runners themselves, for whom after all the sport is organised, were more articulate on these matters. Their views would be helpful. Are the theorists again trying to legislate for something that the athletes would prefer to leave alone for the sake of their own enjoyment of the sport?

The views expressed in this letter are, of course, my own, and do not necessarily represent the views of any body with which I may be connected.

Yours sincerely,
George Pallett.

RECORDS

Dear Sir,

In the report of the England v. Finland match it is stated that Peter Milner's 4:14.5 is a new British Junior best. This, however, remains at 4:12.8 by Roger Dunklev. The confusion was caused probably by the inclusion of the A.A.A. Junior Championship best in the programme.

I feel not enough publicity has been given to the English Native record in the decathlon by Colin Andrews. While not spectacular even by European standards, his 5,619 has only been exceeded among Britons by Geoff Elliott

(6,044) and will, I hope, stimulate interest in this sadly neglected event.

The number of pentathlons held this year indicates increasing interest on the distaff side, which has been reflected in a British best by Mary Bignal. Her 4,466 is good enough, I think, for 13th on the all-time list.

Yours sincerely,
A. Huxtable.

A.A.A. 1958 AWARDS

"C. N. Jackson" Memorial Trophy for the outstanding U.K. athlete of the year—A. Rowe (Doncaster P.W.A.C.).

"George Hogsflesh" Memorial Trophy for the outstanding junior athlete of the year—P. Radford (Birchfield H.).

"Harvey" Memorial Trophy for the best performance in the A.A.A. Championships—S. Eldon (Windsor and Eton A.C.).

"John Thornton" Memorial Trophy for the best high hurdles performance in the United Kingdom—K. Gardner (Jamaica).

"W. J. Pepper" Memorial Trophy for the best field events performance by a United Kingdom athlete in the A.A.A. Championships—M. J. Ellis (Thames Valley H.).

"Joe Turner" Memorial Trophy for the best junior champion of the year — M. Herriott (Sparkhill H.).



J O H N W R I G H T O N
winning the 400m. for
England against Finland
in 46.4 sec. from V. Hell-
sten (Finland) No. 1, E.
Sampson (England) No.
6, and P. Rekola (Finland)
No. 3.

H. W. Neale

RADFORD SETS NEW 220 NATIVE RECORD

At Birchfield Harriers' Floodlit Meeting

PETER RADFORD, 19-year-old sprint star of Birchfield H., wound up a great year by breaking the 44-year-old English Native 220 yards record of 21.2sec., at his club's Floodlit Meeting at Perry Barr, Birmingham, on Oct. 4th.

In the last race of the night, Radford beat an all-star field to win by a clear yard in 21sec.

Radford was the outstanding figure in a meeting spoilt somewhat by heavy rain showers which left the track considerably slow.

Coming through with his usual powerful finish, Radford won the 100 yards in 9.4, but there was a following wind of 8.69 m.p.h. At the tape he was well ahead of Jimmy Omagbemi (9.5) and Mike Agostini (9.6).

Earlier, Radford and Agostini had won their heats in 9.5 with following winds over the permitted strength.

Radford's best performance overshadowed the rest of the results but fine hurdling by Peter Hildreth, a surprise but well taken victory by Brian Craig in the three miles, and an exciting finish to the two miles, provided plenty of interest.

Wrighton beat John Salisbury and John McIsaac to win the "A" grade quarter in 48.1, while the second string event was won by Birchfield prodigy Malcolm Yardley in 49.7.

Brian Kent-Smith's Midland track record of 4min. 4.4sec. for the mile remains intact. Graham Everett came away very fast about 180 yards from home, but his winning time was only 4:9.8. Mike Berisford finished second in 4:11.3 and Derek Ibbotson third in 4:12.

A late entry for the 3 miles, Craig was always well up with the leaders. The lead constantly changed hands with North, Heatley, Eldon and Hyman doing most of the early forcing. The mile was reached in 4:31.6 and two miles in 9:16.2. Craig produced an amazing burst some 300 yards out on the final lap and won most convincingly from Eldon and Hyman. It was only Craig's second 3 miles.

Ibbotson, Reed and Harbach soon became the men to watch in the 2 miles. Harbach cut loose half-way down the back straight on the final lap but Reed stayed with him to win an exciting race.

Record note: Radford, in his first international year, has recorded the following times—100 yards 9.4 and 9.6 (English native record); 100 metres—10.3; 200 metres—20.8; 220 yards—21.00.

100: 1, P. F. Radford (Birchfield) 9.4 (W); 2, J. S. Omagbemi (T.V.H.) 9.5; 3, M. Agostini (Canada) 9.6.

220: 1, P. F. Radford 21.0; 2, D. H. Segal (T.V.H.) 21.2; 3, J. Wrighton (Southgate H.) 21.6.

440(A): 1, J. Wrighton 48.1; 2, J. Salisbury (Birchfield) 48.3; 3, J. McIsaac (Victoria Pk. A.A.C.) 49.6.

440(B): 1, M. Yardley (Birchfield) 49.7; 2, B. Jackson (Lozells) 49.9; 3, J. Hodson (Birchfield) 50.3.

880: 1, D. I. B. Smith (Achilles) 1:53.5; 2, E. D. C. Buswell (Gt. Yarmouth) 1:55.2; 3, J. R. Boyd (R.A.F.) 1:55.6.

Mile: G. Everett (Shettleston) 4:9.8; 2, M. Berisford (Sale) 4:11.3; 3, G. D. Ibbotson (S.L.H.) 4:12.0.

2 Miles: 1, L. Reed (S.L.H.) 9:08.2; 2, B. Harbach (Tipton) 9:09.2; 3, D. G. Ibbotson 9:18.0.

3 Miles Team: 1, B. Craig (Blackpool and Fylde) 13:47.4; 2, S. E. Eldon (Windsor and Eton) 13:49.8; 3, M. Hyman (Portsmouth) 13:50.2. Teams: 1, England 37pts.; 2, The Rest 43.

120 Hurdles: 1, P. Hildreth (Poly) 14.4; 2, V. C. Matthews (LAC) 14.4; 3, P. R. Brunyee (Workshop) 14.6.

440 Hurdles (A): 1, J. Metcalf (Achilles) 54.9; 2, C. W. Surety (Ilford) 55.4; 3, R. Frampton (South London) 58.7.

440 Hurdles (B): 1, R. D. Shaw (Achilles) 55.4; 2, P. Hildreth (Poly) 56.5; 3, E. Shirley (Finchley) 58.5.

4 x 110 Relay: 1, AAA (Radford, Salisbury, Segal, Breacker) 41.2; 2, Rest "A" (Dunbar, Omagbemi, R. Jones, Agostini) 42.3; Rest "B" (O. G. Young, Meakin, Metcalf, Wrighton) 42.7.

Women's 80m. Hurdles: 1, C. L. Quinton (Birchfield) 10.9 (w); 2, K. Degg (Stoke) 11.2; 3, J. Newman (St. Gregory's) 11.2.

Works. Junior Mile Medley Race: 1, Sparkhill H.; 2, Birchfield; 3, Coventry Godiva; 3:40.6.

Works. Senior Mile Medley Relay: 1, Birchfield; 2, Lozells; 3, Coventry Godiva; 3:36.00.

H. Seager

The Ilford Ladies' Road Relay will be held on March 21st, 1959, at Chigwell Row, Essex. Inquiries welcomed. Write to Miss S. Jay, 121 Campden Crescent, Dagenham, Essex.

CLUB RESULTS

September 20th

Redhill and Reigate 6 Miles Champ. 1, D. I. Stubbings 31.47 (rec.); 2, M. J. Parsons 32.55; 3, W. J. Taylor 33.02; 4, B. A. Apps 33.03.

Ruislip-Northwood Championships. Senior
100: Smith 10.4; **220:** M. Fitch 23.2; **440:** M. Fitch 52.8; **880:** G. Archer 2.02.7; **Mile:** T. Stryker 4:32.0; **3M:** D. Brennan 15.42.4; **LJ:** B. Bell 19'0"; **HJ:** B. Bell 5'9"; **SP:** K. Leitch 39'8"; **Discus Throw:** K. Leitch 128'0"; **JT:** G. Coulter 152'7". **Junior 100:** P. Lintern 10.3; **880:** B. Martin 2.11.0; **Mile:** D. Wiggins 4.32.0; **SP:** R. Harrison 44'4"; **DT:** R. Hayes 125'9"; **JT:** T. Caulkett 152'2". **Youths 100 yards:** L. Carter 10.3; **220 yards:** L. Carter 24.0; **440 yards:** D. Berne 58.0; **880 yards:** P. Brennan 2.12.0; **Mile:** P. Brennan 4.51.0; **HJ:** R. Barson 5'4"; **SP:** R. Hayes 31'7"; **DT:** R. Hayes 154'2". **Boys 220:** B. Hiscoke 25.5; **440:** B. Hiscoke 60.0; **HJ:** B. Hiscoke 5'4"; **DT:** T. Howe 98'3".

Thames Valley H. beat Shaftesbury H. by 200pts. to 235 in a 15 a-side 5 Miles road race at Alperston.

1, R. Collins (SH) 24.45; 2, C. E. Haslam (TVH) 25.21; 3, T. E. E. Stacey (TVH) 25.21; 4, M. J. Moody (TVH) 25.27; 5, R. Bateman (SH) 25.41; 6, P. J. Linford (TVH) 25.45; 7, J. Cunningham (SH) 25.48; 8, A. D. Sunderland

SHEFFIELD UNITED HARRIERS AND A.C.

OPEN 7½ MILES CROSS-COUNTRY RACE

November 29th — Graves Pk., Sheffield
Plenty of Good Prizes

Entry Fee :: 1/-

H. G. Whitehurst,

52 Woodstock Road :: Sheffield.

GUILDFORD & GODALMING A.C.

1st HOG'S BACK ROAD RACE

Farnham to Guildford 9½ Miles

Saturday :: December 20th, 1958

Individual and Team Race for the "Surrey Times Cup" 4 to run, 3 to score

Entry fees—3/- per man inclusive of transport to the start.

Entries to P. A. Nash, 47 Woodbridge Road, Guildford, Surrey.

Closing date, Monday, December 7th

(SH) 25.51; 9, D. Bridge (SH) 25.56; 10, G. E. Hopcroft (TVH) 25.58.

Handicap (TVH only): 1, D. L. Lowe 23.03; 2, G. Hicks 23.32; 3, R. Reynolds 23.55.

Cambridge City A.C. 4 Miles Road Race. Seniors:

1, R. J. Smith 19.53.0; 2, A. Hine 20.45.0; 3, W. Powell 21.10.0; 4, W. A. Spratt 21.17.0; 5, G. A. Phipps 21.26.0; 6, G. Ganney 21.35.0.

Juniors:

1, R. Laffling 21.33.0; 2, G. Storey 22.41.0; 3, B. Frost 23.51.0; 4, C. Hills 24.45.0.

September 27th

Ilford A.C. Championships. (Senior). 220: C. Surety 23.4; **880:** D. Owers 1.59.6; **3M:** D. Owers 14.49.4; **6M:** A. Perkins 29.40.6 (BCP); **3000m S/C:** R. Shuttleworth 9.50.2 (BP); **HSJ:** R. Bugden 38'8"; **Pentathlon:** C. Surety (100: 10.4; **880:** 1.57.6; **HJ:** 5'4"; **SP:** 29' 7"; **JT:** 135'9") **3007pts. (Junior) 100:** N. Godfrey 10.5; **220:** K. Evans 24.2; **880:** P. Medcraft 2.05.4; **HSJ:** J. Aldrich 39'3".

(Continued next week)

Owing to a printer's error T. Baker (Southgate) was given as 4th in the Youths' Mile at the Leyton Junior Floodlit Meeting promoted by Eton Manor A.C. This should have been T. Snazel (Uxbridge). Baker's correct placing (6th), and the times, were correct.

More National Championships

EAST GERMANY

(Jena, July 18-20)

100m: Riede 10.7; **200m:** Kostulski 21.2, Riede 21.3, Grogorenz 21.5; **400m:** Kliemt 47.9; **800m:** Reinnagel 1:47.7, Fuhrmann 1:51.1; **1500m:** Richtzenhain 3:42.6, Herrmann 3:42.7, Valentin 3:42.9, Stamer 3:45.3; **5000m:** Honicke 14:22.0, Grodotzki 14:23.4; **10,000m:** Honicke 29:50.8; **3000mST:** Buhl 8:48.2, Doring 8:52.2, Porbadnik 9:04.4; **110mH:** Reimers 14.8; **400 mH:** Dittner 52.5; **Erdmann** 52.6; **HJ:** Pfeil 6' 6½", Lein 6'6"; **PV:** Preussger 14'1¼"; **LJ:** Auga 24'4¼" (25'0" qual.), Muller 24'0", Ihlenfeld 24'2" qual.; **HSJ:** Kleinert 50'10¼", Thierfelder 50'3"; **SP:** Kuhl 53'9¼"; **DT:** Kuhl 172'9¼"; **HT:** Niebisch 201'4¼"; **JT:** Frost 237'6Z". **20 km. Walk:** Weber 1:39:02.6, Lindner 1:40:58.8.

Women. 100m: Birkemeyer 11.7, Stubnick 11.8, Mayer 11.8, Sadau 11.9; **200m:** Stubnick 23.7, Birkemeyer 24.0, Sadau 24.1; **400m:** Mayer 55.7; **800m:** Juttner 2:14.1; **80mH:** Birkemeyer 11.0, Richert 11.1; **4 x 100m:** SC Dynamo Berlin 46.1; **HJ:** Riebow 5'2¼"; **LJ:** Claus 19' 3¼"; **SP:** Luttge 50'7¼", Buchwald 46'1"; **DT:** Muller 167'6¼", Schuch 167'3¼", Tews 159'0¼"; **JT:** Gunther 146'9¼". (Continued on back page)

NATIONAL CHAMPIONSHIPS (contd.)

FRANCE

(Paris, July 26th/27th)

100m: Delecour 10.5, Lissenko 10.8, Caprice 10.9 (10.7 ht); **200m:** Delecour 20.9, Seye 21.5, Thiam 21.7; **400m:** Dibonda 47.6, Degats 48.3, Sable 48.6; **800m:** Vervoort 1:52.4, Djian 1:52.6, Le Bihan 1:54.0; **1500m:** Jazy 3:48.5, Mispion 3:50.1, Giulhaumon 3:50.9; **5000m:** Bernard 14:34.0, Vaillant 14:52.0, Bediaf 15:37.0; **10,000m:** Mimoun 30:17.2, Chiclet 30:24.4, Rhadi 30:26.2; **3000mST:** Ameur 9:10.0, Soucours 9:19.0, Bailly 9:25.8; **110mH:** Dohen 15.0 (14.7 ht), Raynaud 15.1, Durez 15.1; **400mH:** Yankoff 53.5, Basset 53.8, Haennig 54.5; **HJ:** Herrmann 6'5", Lo Ousmane 6'5", Grue 6'2½"; **PV:** Sillon 13'9¼", Balastre 13'9¼", Roland Gras 13'7¼"; **LJ:** Diack Lamine 250'¼", Amane 23'7¼", Brakchi 23'6¼"; **HSJ:** Battista 52'0¼", William 50'3¼", Rabemila 48'7¼"; **SP:** Sabourin 52'6¼", Thomas 50'7¼", Palezinski 48'11¼"; **DT:** Grisoni 163'10¼", Palezinski 162'4¼", Alard 159'7¼"; **HT:** Husson 196'3¼", Legrain 174'7¼", Kasperski 174'4", JT: Macquet 250'4¼", Aleg Syrovatski 220'7¼", Sevestre 206'9¼"; **20km. walk:** Attane 1:42:55.2, Dufrenne 1:48:01.1, Lecoeur 1:53:20.2; **(Women)** **100m:** Capdevielle 11.9 (11.8 ht); **200m:** Fluchot 25.0, Henry 25.0 (24.9ht); **400m:** Beaujard 57.9; **800m:** Goulieux 2:13.5; **80mH:** Djian 11.4; **HJ:** Parenty 5'1¼"; **LJ:** Djian 19'1¼"; **SP:** Lariviere 42'2¼"; **DT:** Boutin 137'7½"; **JT:** Cathiard 124'0¼".

POLAND

(Bydgoszcz, July 18th-20th)

100m: Foik 10.5, E. Schmidt 10.6, Baranowski 10.7; **200m:** Foik 21.3, E. Schmidt; Swatowski 21.7; **400m:** Mach 47.5, Makomaski 47.7, Swatowski 47.9; **800m:** Kazmierski 1:49.2, Jakubowski 1:50.6, Stoklosa 1:51.2; **1500m:** Orywal 3:50.0, Jochman 3:50.2, Lewandowski 3:50.5; **5000m:** Krzyszkowiak 13:53.4, Ozog 13:59.6, Kierlewicz 14:39.6; **10,000m:** Czech 31:00.4, Mazur 31:11.4, Mierzejewski 31:13.6; **3000mST:** Zbikowski 9:04.4, Ziolkowski 9:09.6, Graj 9:14.2; **Marathon:** Rusek 2:37:27.6, Fert 2:44:14.0, Witkowski 2:44:52.6; **110mH:** Bugala 14.6, Niernsyzk 14.7, Murczyk 14.8; **200mH:** Kotkinski 23.9, Bugala 24.0, Stradowski 24.4 (23.8 ht); **400mH:** Kotlinski 53.0, Dudziak 54.0, Tarsiewicz 54.1; **HJ:** Fabrykowski 6'4¼", Skupny 6'4¼", Checinski 6'4¼"; **PV:** Wazny 14'1½", Krzesinski 14'1½", Janiszewski 14'1½"; **LJ:** Grabowski 25'7½", Kropidowski 25'2¼", J. Schmidt 24'5¼"; **HSJ:** J. Schmidt 52'4¼", Kowol 49'9¼", Przychodny 49'7¼"; **SP:** Sosgornik 54'11¼", Aukstulewicz 54'10¼", Lomowski 48'11¼"; **DT:** Piatkowski 174'2", Wachowski 162'4¼", Snieczynski 160'2¼"; **HT:** Rut 210'4¼", Cieply 208'4", Kwiatkowski 189'5¼"; **JT:** Sidlo 253'1¼", Radziwonowicz 242'6¼", Kopyto 236'

5"; **20km walk:** Szyska 1:34:49.0, Hausleber 1:34:49.0, Sarnecki 1:39:45.0; **Dec:** Kstentewicz (6219). **(Women)** **100m:** Janiszewska 11.6, Jesionowska 11.8, Chojnacka 11.8; **200m:** Janiszewska 23.9, Jesionowska 24.4; **400m:** Zbikowska 58.3; **800m:** Nowakowska 2:14.8; **80mH:** Slockins 11.4; **HJ:** Ronczewska 5'1¼"; **LJ:** Chojnacka 19'8¼", Wieczorek 19'5"; **SP:** Klimaj 46'3"; **DT:** Dmowska 157'0¼"; **Pent:** Szponar 3299.

FINLAND

(Kouvola, August 2nd/3rd)

100m: Rekola 10.8, Makila 10.8, Ketola 10.9; **200m:** Strand 21.8, Rekola 22.2, Hellsten 22.3; **400m:** Hellsten 48.1, Rintamaki 48.5, Backmark 49.4; **800m:** Salonen 1:51.2, Vesaja 1:52.8, Ali-Tolppa 1:53.1; **1500m:** Vuorisalo 3:46.0, Salonen 3:46.4, Salsola 3:47.6; **5000m:** Kakko 14:31.8, Hankia 14:31.8, R. Hoykinpuro 14:32.6; **10,000m:** Tuomaala 29:48.4, Jaatinen 30:12.2, Pystynen 30:19.6; **3000mST:** Rinteenpaa 8:55.2, Laine 8:56.6, Mattsson 9:00.4; **110mH:** Siukola 14.8, Tammenpaa 15.2, Koivu 15.2; **400mH:** Mildh 52.1, Koskelainen 53.0, Lindberg 54.0; **HJ:** Salminen 6'9¼", Ahonen 6'7", Tuomi 6'4¼"; **PV:** Landstrom 14'5¼", Sutinen 14'1¼", Askolin 13'11¼"; **LJ:** Valkama 24'10", Ylinen 24'2½", Porrassalmi 24'2"; **HSJ:** Rahkamo 51'10", Rantala 50'11¼", Tamminen 50'3¼"; **SP:** Koivisto 53'4", Yrjola 53'2", Leino 52'6¼"; **DT:** Lindroos 175'4", Repo 170'5¼", Envik 165'1½"; **HT:** Horppu 183'10¼", Hoffren 183'2¼", Miettinen 180'1¼"; **JT:** Kuisma 251'10¼", Laine 240'7¼", Nikkinen 238'2¼". **(Women)—At Kauniainen, August 3rd:** **100m:** Vahtera 12.4; **200m:** Lehmijoki 26.2; **400m:** Lehmijoki 59.9; **800m:** Helin 2:16.8; **80mH:** Mikkola 12.3; **HJ:** Lahdensuo 4'11¼"; **LJ:** Sarahete 17'10"; **SP:** Ronkonen 41'6¼"; **DT:** Talvensaari 142'11¼"; **JT:** Backus (wife of U.S. hammer thrower) 149'3¼".

RUMANIA

(Bucharest, July 8th-13th)

100m: Prisceanu 11.0; **200m:** Wiesenmayer 22.3; **400m:** Sudrigean 47.5; **800m:** Mihaly 1:53.5; **1500m:** Bardau 3:55.6; **5000m:** Grecescu 14:32.2; **10,000m:** Weiss 31:07.8; **Marathon:** Dinu 2:41:07.0; **3000mST:** Aioanei 9:00.2; **110mH:** Ardeleanu 14.9; **400mH:** Savel 52.4; **HJ:** Knaller 6'4"; **PV:** Szabo 14'3¼"; **LJ:** Licker 23'5¼"; **HSJ:** Stein 50'0"; **SP:** Raica 53'8"; **DT:** Manolescu 162'5¼"; **HT:** Rascanescu 198'0¼" (200'11¼" qual.); **JT:** Popescu 232'6¼"; **20km. walk:** Baboie 1:39:25.4; **50km. walk:** Baboie 4:53:02.0. **(Women)** **100m:** Luza 12.1; **200m:** Luza 25.2; **400m:** Sicoe 57.5; **800m:** Dumitrescu 2:13.5; **80mH:** Szabo 11.7; **HJ:** Balas 5'9¼"; **LJ:** Szabo 18'4¼"; **SP:** Coman 46'4¼"; **DT:** Simionescu 154'4¼"; **JT:** Reimesch 149'10¼".