

Athletics

WEEKLY

Vol 17 No. 48
November 30th, 1963

THE ATHLETE'S MAGAZINE



**INCORPORATING
WORLD ATHLETICS**

INSIDE

Inauguration of Sam
Ferris Appeal Fund



London C.C.
Championships



Southern Women's
"Junior" C.C.
Championship



British Women's
Top "20" (cont.)



International
Fixture List



Cover photo by J. J. Millar:

John Linaker has just passed Alastair Wood (Aberdeen) to give the eventual winners, Motherwell Y.M.C.A., the lead on the sixth stage of the Edinburgh-Glasgow Relay.

Letters to the Editor

SPEED AND TRIPLE JUMP

Dear Sir,

Concerning the controversy regarding age, speed and jumping, I should like to say that ability to cope with speed depends upon the jumper's technique and experience, which necessarily involves age.

According to data published by the Polish coach Tadeusz Starzynski, a number of top class triple jumpers improved their speed on the runway over the years but not necessarily their sprint times. At the Rome Olympics highest speeds on the runway were not always achieved by the fastest sprinters. Vilhjalmur Einarsson, a notoriously slow man (11.5secs. for 100 metres), was only slightly slower than Josef Schmidt (10.5secs.—the fastest jumper on the runway at Rome) while Richard Malcherczyk, another 11.5secs. man, was also proportionately fast, as was Kari Rahkamo of Finland (11.2secs.).

The average peak ages of the world's top jumpers, excluding those who are reckoned not to have reached their peaks, is about 24.5 years for the pre-war period and 25 years for the 1950-1960 period. This shows a small trend towards a later peak, which is likely to continue with so many top class jumpers competing into their late twenties and early thirties.

The tendency for speed to be a less dominant factor with the athlete's age was also confirmed by Russian researcher M. Lukin of Leningrad who examined 1856 long jumps and found the correlation between sprint speed and distance achieved to be as high as 0.6 for younger athletes but as low as 0.4 for those of international class.

Yours in athletics,
Dave Terry.
Southall A.C.

EDINBURGH HIGHLAND GAMES

Dear Sir,

I have just finished reading in "A.W." of the decision which may have to be taken regarding the Edinburgh Highland Games.

Are the officials who made the decision to hold an international meeting on the same date as this old established meeting so blind that they do not see this as doing not the slightest bit of good for athletics in general, and Scottish Athletics in particular.

I feel that every possible protest should be made to the B.A.A.B. by the S.A.A.A. to have this stupid decision put right.

Yours sincerely,
(Name and address supplied)
Glasgow.

SOUTHERN CHAMPIONSHIPS

The Southern Cross-Country Championships will be held at Parliament Hill Fields, London, on February 15th. (Youths 2.20 p.m., Seniors 2.50 p.m., and Juniors 3.55 p.m.). Entries close Monday, January 20th, 1964. Forms from Les Cohen, 34 Lower Kenwood Avenue, Enfield, Middx. Please state whether team or individual required.

POLY H. SOCIAL AND DANCE

Polytechnic Harriers are holding a Social and Dance at the Poly Stadium Pavilion on December 21st, following a match in the afternoon. Members of other clubs are invited to the Social and Dance, and any clubs wishing to take part in the cross-country run should write to Bill Coyne, 23 Stanley Gardens, Brondesbury, London N.W.2.

FIXTURES

As we were going to press we were advised that the indoor meeting at R.A.F. Leeming on Dec. 7th, will not now be taking place. Other amendments have come in too late for this issue, and these will be included next week.

TRAIN TO THE "NATIONAL"

A special train is being run from London to Leicester for the National C.C. Championships on February 29th. Return fare 20/-, Children under 12, half price. Times: Leave St. Pancras 9.45 a.m. Arrive Leicester 12.01 p.m. Leave Leicester 6.10 p.m. Arrive St. Pancras 8.12 p.m.

Tickets from Les Cohen, 34 Lower Kenwood Avenue, Enfield, Middx.

FOUND

After Bristol-Westbury Relay, one shirt which has been washed and ironed, and fits the Hon. Secretary perfectly. Owner please claim quickly—write to M. J. Parks, 31, Clyde Road, Frampton Cotterell, Nr. Bristol.

REG RANGER SCHOLARSHIP

The 1963 winner of the Reg Ranger Scholarship is 18 year old Essex sprint champion Margaret Giles and will attend a residential course under the auspices of the C.C.P.R.

TODAY'S EVENTS

Events today include the Indoor Meeting at Thorney Island; Faversham 5 Miles Road Race; Birmingham League, Div. 1 at AEI Rugby, Div. 2 at Leamington, Div. 3 at Harborne; Chiltern League, Div. 1 at Ealing, Div. 2 at Maidenhead; the City of Rochester Road Relays for Women (14 teams) and Girls (16 teams 14-15 years old and 11 teams 12-13 years old), Open Youths' and Invitation Schools C.C. Races, all at Hoo near Rochester; and Cross-Country Relays for three age groups organised by Dr. Morgan's G.S.,

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CONTENTS

SAM FERRIS APPEAL FUND	4
CRAWLEY BOYS' RELAY	6
LEAGUE RACES	7
WITH THE LADIES	8
LONDON CHAMPIONSHIPS	9
WORLD ATHLETICS SECTION—	
Includes: International Fix- ture List—Tokyo Medal Prospects (contd.)—Who's who in British Athletics— World Record Evolution— Women's British Best Per- formers 1963	11-18
EASTERN COUNTIES A.A.A.	
INDOOR MEETING	19
RACE WALKING	21
MIDLANDS BEAT R.A.F.	23
WELSH NOTES	24
SCOTTISH NEWS	25
OTHER RESULTS	26

EVERY SATURDAY — ONE SHILLING

SAM FERRIS FUND

ON another page will be found details of the Sam Ferris Appeal Fund, together with the story of this great athlete. Sam needs no introduction to the road runners of Britain and I am quite sure that so far as they are concerned I shall not ask in vain for their support.

I have known Sam for something like 35 years or more. We were colleagues in R.A.F. cross-country and track teams, both in this country and in Iraq, where we used to meet for a 10 mile jaunt at 4.30 in the morning to enable us to get back before "sun up." I don't think I have ever heard a real grumble or grouse from Sam, not even when he told me of the affliction which he knew was to be with him permanently. Always keen to help another athlete, Sam is now in need of help himself and I know his many friends and colleagues will want to show that they have not forgotten a great sportsman and a great athlete who has done so much for his country and his sport.

A letter from Mr. G. K. Parker, Hon. Secretary of the Sheffield Sports which are held every Whit-Tuesday at Hillsborough Park, poses a question for athletes, particularly those in the North of England. Times have changed since this meeting was inaugurated and Mr. Parker and his Committee wonder whether they should continue. They wish to promote this first class scratch meeting but they also have to consider the question of attendance, both by the athletes, and also by the public to offset certain expenses. Do the athletes want this meeting and if so, do they want it on Whit-Tuesday? Write to Mr. Parker, c/o W. A. Tyzack & Co., Ltd., Horseman Works, Alms Street, Sheffield, 3.

Mr. M. J. Parks gives me some further details of the Bristol-Weston Relay. Bristol have now been disqualified, R. Norton not having served the necessary 14 months qualifying period, which puts Derby 2nd., Portsmouth 3rd, N. Staffs 4th and gives Coventry Godiva the "Halfway Cup." Six teams in all were disqualified and Mr. Parks states that a little thought in most cases could have avoided this. He writes "If this sort of thing is going undetected all the time then secretaries should be made aware of their duty to their teams. To send in a 'phoney' individual entry is one thing, but to make a false team declaration is nothing less than criminal!"

Belgravian Malcolm Robinson writes from Lafayette, where he is a student at the University of Southwestern Louisiana, and mentions that John Wenk, formerly of Welwyn, who is also at the University, is in hospital with a fractured vertebra in his neck and a displacement of the right cheek bone, following a car accident. Though he is making progress and hopes to be running again next summer, it may prevent him coming home in an attempt to make the British team. Good luck and best wishes, John, from everyone on this side of the Atlantic.

THE EDITOR

THE SAM FERRIS APPEAL FUND

*We are proud to inaugurate
this Fund to help one of the
greatest athletes of our time.*

THE STORY OF SAM FERRIS

THE name of Sam Ferris is a by-word where road runners are concerned. Sam, who was born in Northern Ireland in 1900, was educated in Glasgow and his first connection with athletics was when he joined Shettleston Harriers at the age of 16, though he did not compete in open competition.

He joined the R.A.F. in 1918 on his eighteenth birthday, served on the North West Frontier, India, where he was a footballer more than a runner. In 1923 Sam started running seriously and had considerable success at middle distance events before he met Bill Thomas, the famed R.A.F. Coach whose guidance helped Sam to rapid progress and fitness with the result that he finished 2nd in the Poly Marathon and 5th in the Olympic Marathon in 1924.

From 1924 until 1928 Sam was undefeated in long distance events but in winning the Poly Marathon for the fourth consecutive year in 1928 he met with an injury which severely curtailed his running. Despite lack of training he still managed to finish 8th in the Olympic Marathon of that year.

He won the Poly race again in 1929 but the following year he developed a hernia when winning the R.A.F. Cross-Country Championship and the subsequent operation prevented him competing in the Poly Marathon and achieving an uninterrupted run of successes from 1925 to 1933, for this was the only year he failed to win this classic. Even so, Sam did get fit enough to run in the A.A.A. Marathon, finishing third, was selected to run in the Empire Games Marathon and gained the silver medal.

Then came more successes in the Poly race in 1931 and 1932, and in the latter year he achieved his greatest performance, second place in the Olympic Marathon, finishing comparatively fresh only 19 secs. behind an exhausted winner who had built up a long lead



Sam Ferris being chaired by two R.A.F. colleagues after winning the Poly Marathon for the seventh time.

which Sam just failed to pull back before the finish. His time bettered the previous Olympic record.

After another success in the Poly Marathon in 1933, Sam was drafted to Iraq. Still superbly fit and despite the humidity which meant morning training at 4.30 a.m., Sam competed in numerous events abroad and returned to England unbeaten during his overseas tour. From 1936 to 1939 he was in Karachi and when he returned in 1939 further competition was curtailed by the second World War, when he went to France with the first B.E.F. contingent.

His competitive days coming to an end, Sam turned his attention to coaching, gaining the Senior Hon. Coach award and helping many athletes to international status. In 1950 he left the R.A.F. with the rank of Warrant Officer.

Since then Sam has made a great contribution to athletics generally and road running in particular. Wherever there was an important road event, there would be Sam, helping, advising, officiating, and of course, taking times and details meticulously so that he could write the story of the race for A.W. in that inimitable way which has helped to endear him to road runners throughout the country.

He is a Past President and a member of the

Council of the Road Runners Club, President of Uxbridge Athletic Club, Vice-President of the Polytechnic Harriers and a member of the A.A.A. Southern Committee.

TRAGEDY

Two years ago tragedy struck the Ferris family. Sam noticed a tremor in his hand and arm whilst shaving and a short time later Parkinson's Disease, an incurable form of gradually increasing paralysis, was diagnosed. To the ordinary individual such a diagnosis would be a shock. To an athlete who had known superb fitness and the acclaim of the crowds at the Olympic Games, this was stark tragedy.

Sam was breadwinner for five, his wife, formerly Marjorie Alderman of Middlesex Ladies and two teen-age daughters. It was typical of Sam that after the first shock and realisation of what this was going to mean to him in the future, he made up his mind that it was something he had to live with and make the best of in the time he had left. He learned all he could about the illness and accepted it philosophically and stoically, as only Sam would.

Some months ago the firm employing Sam decided to dispense with his services in his own interests. They have been very good to him since the development of the paralysis but now Marjorie is the breadwinner and must remain so, helped by Sam's small pension, until their daughters, aged 17 and 15, are earning. Both are gifted girls and Rosemary, the elder, is due to enter college shortly. Their careers could be seriously prejudiced if they, through no fault of their own, or their parents, have to assist in providing part of the family income all too soon. There are other circumstances too, which need not be gone into here, but which I know are causing Sam considerable anxiety.

I am sure that all those who have known Sam and the great work he has done for athletics and road running would not want to see that happen and would wish to ensure that he is relieved of any worries of this nature and any emotional strain, which can only hasten the onset of this insidious disease.

To this end *Athletics Weekly* has decided to inaugurate a Sam Ferris Appeal Fund to help to alleviate any distress or anxiety Sam may feel for his family in the years ahead. We feel that the many friends he has made over the years, many of whom he has helped personally, those who remember his great running on the road which has never been equalled before or since, and the many friends he has made through *Athletics Weekly* who have enjoyed his authoritative accounts of races and inimitable humour, will wish to make some contribution to the Fund.

It was with some reluctance that Sam considered my suggestion of this Fund, but after

counsel with his wife, realised that his first duty was to his family and agreed to its inauguration. We all hope that Sam will be spared to write his accounts of road events for our pleasure for some years yet, and several of his friends and colleagues have offered to help with lifts in their cars, particularly that great "old soldier", Joe Cotterell, whose national and international deeds over the country compare with Sam's own exploits on the road. Sam tells me that even his one-finger typing is now becoming affected but that he hopes to continue his writing for a while longer.

Something which is not generally known is that about the time Sam started his illness a burglary at home meant the loss of his most prized possession, the 18 carat gold Omega watch which he received for winning the International Marathon in Turin. Then on Guy Fawkes night two years ago a delayed action squib set the house alight at 4 a.m. in the morning and he lost what was left of his trophies—he had given most of the large ones away to clubs for presentation.

All who would like to be associated with this Fund are asked to send their contributions to *Athletics Weekly*, 344 High Street, Rochester Kent. Cheques and Postal Orders should be crossed and made payable to "The Sam Ferris Appeal Fund". All contributions will be acknowledged in *Athletics Weekly*.

HOME FIXTURES 1964

Amendments: The R.R.C. Marathon will be held at Hayes (Kent) on July 25th, not 18th, the London-Brighton Relay on April 4th, not 11th, the English Schools C.C. Championship will be held at Leicester on March 21st, not 14th and printers errors were responsible for the inclusion of G.B. v. France on Sept. 1 (see Sept. 11/12), and G.B. "A" v. Benelux, the venue of which should be Ghent.

Additions: May 18, Aldershot Trophies Meeting; May 23, Southampton Trophies (Women); May 23, Portsmouth Olympiades Trophies Meeting, Victory Stadium June 20, Portsmouth Atlanta Trophies Meeting, Alexandra Park; July 18, Belgrave "20".

LONDON A.C. v. NEW YORK A.C.

Since our inclusion last week of "London v. New York" in the list of fixtures for next year, we have learned that this is a provisional fixture only between the London A.C. and New York A.C. Further details will be given later if this is confirmed.

Hadleigh Olympiads elected the following: President, J. V. Bardell; Chairman, A. J. Evans, M.B.E., M.A.; Secretary, J. T. Pannett, 48 Avenue Road, Westcliff-on-Sea; Track Sec., D. A. Evans, 206 Benfleet Road, Hadleigh, Ex.; C.C. Sec., W. Langlois, 14, Homefield Avenue, Gt. Tarpots, Ex.

DR. CHALLONER'S G.S. WIN CRAWLEY BOYS' RELAY

November 23rd

THIRTY boys lined up for the start of the 3rd annual Crawley Boys' Open Road Relay over a 1.8 miles course. The much travelled Dr. Challoner's School "A" team led from the start and were only headed once, on the third lap when Cairns of Brighton gave the seiders a momentary advantage.

Murray (Dr. Challoner's) led on lap 1 in 8.45 from Fulcher (Chelmsford) 8.52, Curwell (Aldershot) 8.53, Welch (Brighton) 8.53 and Rowlands (Brighton "B") 9.01. On lap 2 White took Dr. Challoner's away to a 16 sec. lead over Brighton with Chelmsford 3rd, Hove 4th and Mitcham 5th.

Lap 3 saw Cairns (Brighton) run a good lap of 8.38 to get just in front of Rogers for the School, with Simmons, who ran the fastest lap of the day in bringing Luton from 8th to 3rd, and Davis of Chelmsford together, well clear of Mitcham.

On lap 4 Melvern went right away to give Dr. Challoner's a comfortable win in 35.07, with Stephenson holding on to give Brighton second place from Chelmsford.

1, Dr. Challoner's G.S. (Murray 8.45, White 9.01, Rogers 8.54, Melvern 8.27) 35.07.

2, Brighton A.C. (Welch 8.53, Carr 9.08, Cairns 8.38, Stephenson 8.52) 35.31.

3, Chelmsford A.C. (Fulcher 8.52, Robbins 9.11, Davis 8.49, Frith 8.49) 35.41.

4, Luton Utd. (Smith 9.14, Hills 9.5, Simmons 8.23, Lay 9.15) 36.07.

5, Guildford & G. (Jones 9.11, Hill 9.25, Worsfold 9.22, Bradbrook 8.25) 36.23.

6, Aldershot & Dist. (Curwell 8.53, Edwards 9.45, Green 9.09, Wooderson 8.49) 36.38.

*Crown & Manor B.C. 36.46; 7, Southampton 36.50; 8, Mitcham 36.54; 9, Dr. Challoner's "B" 37.21; 10, Brighton "B" 37.28; 11, Redhill

& R. 37.29; 12, Hazelwick S. 38.46; *City of Rochester 39.02; 13, Hove 39.25; 14, Southfields S. 39.39; 15, Redhill "B" 40.06; 16, Surrey Beagles 40.17; 17, Guildford "B" 41.56; *Fleet & Crookham 42.18; 18, Dr. Challoner's "C" 42.44; 19, Crown & M. "B" 42.51; 20, Southfields "B" 43.04.

* non-scoring team

Fastest Laps: A. Simmons (Luton) 8.23, E. Bradbrook (Guildford) 8.25, R. Melvern (Dr. C) 8.27, D. Bowles (So'ton) 8.30, R. Cairns (Brighton) 8.38, C. Murray (Dr. C) 8.45.

SOUTHEND PAARLAUF RACES

At Southchurch Park, Nov. 12th.

3M. Youths: 1, Harrison/Humphreys (Hornchurch) 13:09.8; 2, Linge/Jones (Southend) 14:48.5; 3, Saunders/Maddocks (Southend) 15:08.0. **6M. Seniors:** 1, Young/Robinson (Hornchurch) 27:53.2; 2, McCalla/Crabb (Southend) 28:30.0; 3, D. Lowes/Carter (Hadleigh) 29:00.4.

* * *

Ian Syred of 13 Fryern Close, Storrington, Sussex, is anxious to obtain a copy, or if necessary a loan of a copy, of any of Arthur Newton's books. Can any reader help?

* * *

Sutton and Cheam H. elected the following: President, R. Page; Secretary, G. Boyer, 172 Tudor Drive, Morden, Surrey; Treasurer, A. Woodland, 53 Forest Road, Sutton, Surrey; Ladies' Sec., G. Buchanan, 13 Glebe Road, Cheam, Surrey; Track Capt., J. Muller; C.C. Capt., J. McQuillan.



First three home in the Aaron Memorial Boys' Race. L. to R.—M. Cox (Leeds A.C.) 2nd, D. Brennan (Warrington) 1st, and R. Heathcote (Hallamshire) 3rd.

Eric North

League Races

S.E. LANCASHIRE LEAGUE

November 16th

1, C. Robinson (Rochdale)	43.30
2, R. Carter (Rochdale)	43.33
3, C. Fay (Clayton-le-Moors)	43.42
4, G. Fisher (Roch) 43.45; 5, D. Hopkinson (Clay) 43.58; 6, J. McKenna (Roch) 43.59; 7, E. Hargreaves (Oldham) 44.05; 8, D. Burgh (Clay) 44.13; 9, J. Salt (Roch) 44.21; 10, A. Hughes (Roch) 44.47; 11, P. Livsey (Clay) 45.47; 12, G. Smith (Roch) 45.54; 13, T. Taylor (Roch) 45.59; 14, L. Wilkinson (Bury) 46.15; 15, B. Williams (Roch) 46.25; 16, R. Hindle (Clay) 46.30; 17, J. North (Bury) 46.50; 18, K. Wall (Roch) 47.02.	

Teams:

1, Rochdale (1, 2, 4, 6, 9, 10)	32
2, Clayton-le-Moor (3, 5, 8, 11, 16, 19)	62
3, Bury & Radcliffe (14, 17, 22, 26, 33, 34)	146
4, Oldham & Royton 223; 5, Blackley 297.	

Youths

1, D. Worden (Blackburn)	19.26
2, J. Calvert (Clayton)	19.29
3, A. Read (Oldham)	19.42
4, J. Hampson (Bury) 20.09; 5, M. Knowles (Bury) 20.22; 6, S. Houghton (B'burn) 20.31; 7, B. Rome (B'burn) 20.35; 8, S. Johnson (Clay) 20.38; 9, M. Yates (Bury) 20.43; 10, A. Collier (Bury) 20.56.	

Teams:

1, Blackburn (1, 6, 7)	14
2, Bury & Radcliffe (4, 5, 9)	18

NORTH WALES LEAGUE

At Rhyl, November 16th

1, J. Godding (Aberystwyth Univ) 26.24	
2, T. Collins (Aberystwyth Univ) 26.24	
3, C. Loosley (Aberystwyth AC) 26.42	
4, D. Lea (Shrewsbury) 27.34; 5, R. Jones (Rhyl) 27.40; 6, A. Hodges (Aber. U) 27.49; 7, T. Beese (Bangor U) 29.04; 8, T. James (Aber. AC) 28.10; 9, J. Berry (Rhyl) 29.17; 10, W. Drake (Ban. U) 28.40; 11, S. Oultram (Ban. U) 28.40; 12, J. Archer (Aber. U) 29.00; 13, T. Reid (Ban. U) 29.11; 14, R. Parry (Rhyl) 29.13; 15, D. Thomas (Shrews) 29.21; 16, D. Hughes (Rhyl) 29.24; 17, R. Poole (Ban. U) 29.35; 18, P. Williams (Aber. U) 29.39; 19, R. Young (Rhyl) 29.41; 20, T. Evans (Aber. AC) 29.45.	

Teams:

1, Aberystwyth Univ. (1, 2, 6, 12, 18, 28)	67
2, Bangor Univ. (7, 10, 11, 14, 17, 24)	83
3, Rhyl A.C. (5, 9, 13, 16, 19, 22)	84
4, Shrewsbury 129; 5, Aberystwyth A.C. 146; 6, Wrexham 227; 7, Bangor U. 'B' 251; 8, Aber. U. 'B' 278.	

LEEDS & DIST. LEAGUE

At Pudsey, November 16th

1, A. Cocking (Bramley)	35.37
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2, S. Dobson (Harehills)	35.50
3, P. Watson (Bramley)	35.50
4, J. McHale (Bram) 36.01; 5, K. Brierley (Leeds AC) 36.06; 6, R. Moore (Univ) 36.13; 7, R. Pannell (H'hills) 36.55; 8, J. Lunn (Leeds AC) 36.56; 9, J. Sugden (H'hills) 36.57; 10, T. Carr (Leeds AC) 36.58; 11, P. Wrigley (H'hills) 37.02; 12, G. Hall (Univ) 37.20; 13, T. Kil-martin (Rowntrees) 37.38; 14, P. Longfield (Bram) 37.42; 15, W. Wilkinson (Rown) 37.57; 16, R. Tristram (Bram) 38.02; 17, D. Brown (Rown) 38.15; 18, D. Horwell (Leeds AC) 38.20; 19, M. McGuire (Univ) 38.24; 20, C. Claff (Univ) 38.34.	

Teams:

1, Bramley H.	(1,3, 4,14) 22
2, Harehills	(2,7, 9,11) 29
3, Leeds A.C.	(5,8,10,18) 41
4, University 57; 5, Rowntrees 84; 6, Wake-field 133; 7, St. Johns Coll 155; 8, St. Marks 163.	

EAST SURREY LEAGUE

At Warmingham, November 23rd

1, F. Stebbings (Croydon)	
2, J. Page (Croydon)	
3, Lovegrove (Wimbledon)	
4, Cock (Epsom); 5, Tunks (Redhill); 6, Proctor (Croy); 7, Kearns (Epsom); 8, Goode (Epsom); 9, Mellowdew (Redhill); 10, Rathbone (Surrey Beagles); 11, Churcher (Wimb); 12, Caudwell (Croy).	

Teams:

1, Croydon	(1, 2, 6,12) 21
2, Epsom & Ewell	(4, 7, 8,16) 35
3, Wimbledon	(3,11,15,18) 45
4, Redhill & Reigate 62; 5, Sutton & Cheam 88.	

Youths

1, P. Lill (Croydon)	14.06
2, M. Ballard (Croydon)	14.19
3, K. Mildren (Epsom)	14.32
4, Batchelor (Epsom) 14.37; 5, Stanmers (Sy. B) 14.48; 6, Davenport (Croy) 14.55; 7, Wilkins (Epsom) 15.03.	

Teams:

1, Croydon	(1,2,6) 9
2, Epsom & Ewell	(3,4,7) 14

NORTH MIDLANDS C.C. LEAGUE

At Holwell, Melton, November 23rd.

1, R. Grove (Holwell)	31.27
2, P. Wilkinson (Derby)	31.56
3, P. Leake (LCAT)	32.14
4, M. Deakin (Dby) 32.23; 5, M. Bullivant (Dby) 32.25; 6, M. Lynn (Notts) 32.30; 7, N. Clarke (Lincoln) 32.35; 8, J. Simmons (Dby) 32.43; 9, H. Pymm (LCAT) 32.47; 10, G. Cooper (Dby) 31.50; 11, J. Owen (LCAT) 32.53; 12, P. Calladine (Dby) 32.54; 13, J. Caswell (Kettering) 32.55; 14, R. Hemmings (P'boro) 32.57; 15, R. Osborn (Notts. Un.) 33.12; 16, W. Goddard (Hol) 33.15; 17, E.	

continued on page 10

With The Ladies

SOUTHERN COUNTIES W.A.A. JUNIOR C.C. CHAMPIONSHIPS.

At Brighton, November 23rd

1, S. Tulloh (London Olympiades) ...	16.14
2, J. Hale (Portsmouth)	16.23
3, J. Entwistle (Aldershot)	16.45
4, M. Conlan (Dartford) 16.59; 5, P. Kippax (Cambridge) 17.03; 6, B. Davies (Selsonia) 17.03; 7, J. Green (City of Rochester) 17.31; 8, S. Pettit (LO) 17.34; 9, A. Geatches (Ruislip) 17.37; 10, S. Futter (LO) 17.59; 11, M. Sargent (Guildford) 18.01; 12, C. Gunter (Highgate) 18.03; 13, J. Smart (Spartan) 18.09; 14, M. Brown (H'gate) 18.10; 15, M. Cobb (Sel) 18.16; 16, B. Benney (Crawley) 18.17; 17, V. Spindler (Sel) 18.20; 18, B. Hockley (Spar) 18.21 19, V. Morgan (Sel) 18.24; 20, A. Preston (Brighton) 18.28; 21, N. Davies (Surrey) 18.36; 22, E. Sissons (Epsom) 18.36; 23, S. Thompson (Sy) 18.41; 24, M. Tenneta (H'gate) 18.45; 25, J. Jones (Ald) 18.46; 26, S. Bradbrook (Guild) 18.57; 27, J. Page (Camb) 19.01; 28, C. Biggs (Sy) 19.04; 29, J. Clayter (Ilf) 19.07; 30, V. Surety (Ilf) 19.09; 31, M. Prior (Spar) 19.10; 32, S. Whittington (Ports) 19.12; 33, M. Hadler (Camb) 19.17; 34, A. Steel (H'gate) 19.24; 35, D. Fix (Guild) 19.27; 36, J. Wilby (H'gate) 19.38; 37, D. Moss (Mit) 19.38; 38, P. Acton (LO) 19.39; 39, J. King (Epsom) 19.47; 40, V. Houlton (B'ton) 19.57.	

Teams:	Pts.
1, Selsonia	(6,15,17,19) 57
2, London Olym.	(1, 8,10,38) 57
3, Highgate	(12,13,24,34) 84
4, Spartan 103; 5, Cambridge 115; 6, Surrey 126; 7, Aldershot 127; 8, Portsmouth Atalanta 151; 9, Epsom & Ewell 168.	

Senior Road Walk Championship.

1, J. Farr (Trowbridge)	35.58
-------------------------------	-------

2, S. Jennings (London Olympiades)	37.15
3, P. Perkins (Ilford)	40.01
4, J. Keen (Croydon) 40.18; 5, S. Dyer (Crawley) 40.24.	

L.O.A.C. CORLING TROPHY

At Perivale, Nov. 16th.

With Sue Tulloh taking first place, well backed up by S. Pettett 3rd, J. M. Simpson 8th and P. Acton 10th, London Olympiades won their own promotion with 22 pts., followed by Spartan 29 and Wigmore 45. Mrs. Vera Searle presented the trophy and medals donated by Mrs. C. Pantling who travelled from Sevenoaks to be present. First three: 1, S. Tulloh (LO) 10.47; 2, S. Stubbs (Wigmore) 11.09; 3, S. Pettett (LO) 11.21.

A race for girls under 15 resulted: 1, J. Lane (LO) 5.11; 2, H. Pearson (LO) 5.14; 3, M. Fribbence (LO) 5.31; 4, M. Hunt (Ealing) 5.55; 5, L. Fribbence (LO) 5.55; 6, L. Hamilton (Ealing) 6.00; 7, C. King (Ealing) 6.00: **G.B.**

November 9th.

Surrey A.C. Championships. 1, N. Davies 16.26; 2, S. Fuller 16.53; 3, M. Barton 20.10. **(Girls 14-15)** 1, P. Tye 11.17; 2, S. Carpenter 11.45; 3, S. Trotter 12.11. **(Girls 12-13)** 1, P. Purdue 9.41; 2, P. Bound 10.16; 3, S. Finch 10.40.

November 16th

Southend-on-Sea A.C. Champs. (Girls) 1, D. Churchill 10.49; 2, V. Thurgood 10.49; 3, H. Grinbridge 10.50; 4, A. Wilson 13.36.

Hampshire County Women's A.A.A. elected the following: President, Mr. F. R. Byerley, J.P.; Chairman, Miss B. Burbidge; Secretary, Mrs. V. Tubb, 46 Oliver Road, Southsea; Treasurer, Mr. A. Turnbull; Team Manager, Mrs. A. Lillywhite. The County C.C. Championships will be held at Aldershot on Dec. 7; the Track and Field Championships at Southampton on July 11, 1964.



First three home in the Women's National Junior 5Km. Road Walk Championship at Huyton. L. to R.—P. Hunter (Harborne) 2nd, M. Deeley (Harborne) 1st, and N. Opieler (Birchfield) 3rd.

Eric North

The field in the Women's National Road Relay Championship at Huyton, Nr. Liverpool, soon after the start. L. to R.—No. 91, C. Mitchell (Mitcham); No. 83, B. Wilson (Highgate); No. 281, B. Bailey (Bury) and No. 57, P. Hanson (Birchfield).



Eric North

JIM HOGAN TAKES LONDON C.C. TITLE

JIM HOGAN (Poly), last year's runner-up, made no mistake in last Saturday's London County cross-country championship over 6 miles at Parliament Hill. He pulled right away from the 130-strong field to win by over half a minute from John Snowden, one of four individual entrants to place in the first five. Last year's champion, Bill Card (TVH), finished 43rd. The team race was closely contested by three clubs, with Belgrave taking top honours.

1, J. Hogan (Poly)	29.43
2, J. P. Snowden (indiv.)	30.16
3, J. H. Roberts (indiv)	30.28
4, E. W. Watt (indiv) 30.53; P. J. Mellor (indiv)	31.07; 6, A. Fairclough (Belgrave) 31.15; 7, C. Dabbs (Bel) 31.23; 8, R. E. Holt (Hercules) 31.25; 9, G. E. Brown (indiv) 31.32; 10, P. A. Duggan (Herc) 31.34; 11, G. Harrison (Highgate) 31.38; 12, M. Beard (Herc) 31.47; 13, J. Moore (Bel) 31.50; 14, B. O'Gorman (Poly) 31.54; 15, P. McMahan (Poly) 31.59; 16, W. Kerr (Bel) 32.11; 17, J. Thresher (Bel) 32.14; 18, J. Oliver (Kent) 32.15; 19, J. Cleator (Poly) 32.16; 20, J. Derham (HHH) 32.27; 21, K. Harland (Cambridge H) 32.29; 22, R. G. Symons (Herc) 32.31; 23, B. Boulton (Camb) 32.48; 24, C. Steer (Bel "B") 32.50; 25, M. Gowan (HHH) 32.53; 26, A. Black (Bel) 32.57; 27, B. I. Middleton (TVH) 33.00; 28, R. Marven (Hamp) 33.02; 29, B. G. P. Saunders (TVH) 33.04; 30, A. Sawyer (Bel) 33.09; 31, B. Reekie (Poly) 33.12; 32, J. Hampshire (Bel "B") 33.15; 33, A. Turner (LCC Staff) 33.19; 34, P. Vaughan (Wigmore) 33.27; 35, J. H. Halliday (Herc) 33.38; 36, A. Willmott (Hampstead) 33.40; 37, A. Jones (Kent) 33.42; 38, J. Bayliss (H'gate)

33.43; 39, D. Dellar (Camb) 33.48; 40, D. Todd (Deptford Pk) 33.49; 41, R. Slowe (H'gate) 33.50; 42, J. Atkinson (Hamp) 33.52; 43, W. L. J. Card (TVH) 34.03; 44, M. D. Shingles (indiv.) 34.05; 45, R. Holland (QPH) 34.09; 46, P. Beard (Herc "B") 34.12; 47, F. Paget (Bel "B") 34.17; 48, R. Maynard (Wig) 34.18; 49, C. Prior (M Div, M.P.) 34.23; 50, D. Maynard (Camb) 34.25.

Teams:

	Pts.
1, Belgrave H.	(2, 3, 8, 11) 24
2, Hercules A.C.	(4, 5, 7, 17) 33
3, Polytechnic H.	(1, 9, 10, 14) 34
4, Cambridge H.	111; 5, Highgate 119; 6, TVH 136; 7, Hampstead 138; 8, Belgrave "B" 140; 9, Kent 169; 10, Wigmore 175; 11, HHH 189; 12, Hercules "B" 197; 13, QPH 221; 14, Highgate "B" 279; 15, Shaftesbury 283; 16, LCC Staff Club 290; 17, Hercules "C" 297; 18, QPH "B" 356.

GUERNSEY INDOOR MEETING

October 31st.

50: 1, J. Peaty (Bognor) 6.0; 2, R. Jegou 6.0; 3, R. Hollis (Walton) 6.0. (U/17) 1, M. Sebire 6.2; 2, D. Martin 6.6. (U/15) 1, Sebire 6.2; 2, G. Mann 7.1. **880** (7 laps—U/17): 1, D. Williams 2:20.1; 2, K. Falla 2:24.8; (U/15). (U/12) 1, M. Bougourd 2:44.8. **45H**: 1, D. Bourgaize 6.7 (rec.); 2, V. Collonette 7.0; (2) 1, R. Jegou 6.8; 2, R. Hollis (Walton) 6.9; (U/17) 1, Bourgaize 6.7 (rec.); 2, D. Martin 7.3. **Mile Walk**: 1, O. Naftel 8:43.0; 2, L. Duquemin 9:03.8; (U/17) D. Queripel 9:26.0. **Medicine Ball Putt**: J. Wilson 51'0". **Standing LJ**: V. Collonette 8'2"; (U/17) D. Queripel 8'0"; (U/15) M. Sebire 7'8½". **Relay**: Vauvert O.B. 24.9. **Hurdle Relay**: Guernsey 24.9.

LEAGUE RACES continued

Guildford (Dby) 32.20; 18, M. Crolla (Grimsby) 33.23; 19, J. Mays (R. Royce) 32.25; 20, P. Grove (Hol) 33.26.

Teams:	Pts.
1, Derby	(2, 4, 5, 8,10) 29
2, L.C.A.T.	(3, 9,11,22,26) 71
3, Nottingham	135
4, Holwell 139; 5, Derby 'B' 163; 6, Grimsby 166; 7, Kettering H. 169; 8, Notts. Univ. 181; 9, Lincoln W. 225; 10, Notts 'B' 293.	

Youths.

1, P. Romaine (Spalding)	16.33
2, J. Norman (Sutton)	17.17
3, N. Tatham (Notts)	17.24
4, J. Offord (LCAT) 17.28; 5, A. Bland (Grimsby) 17.54; 6, D. Dilnut (Nott) 18.03; 7, R. Newman (LCAT) 18.11; 8, H. Leeming (R. Royce) 18.14; 9, J. Parry (Linc) 18.17; 10, R. Perry (Spald) 18.20; 11, J. Eley (R. Royce) 18.22; 12, K. Hinton (R. Royce) 18.27; 13, D. Perry (Nott) 18.33; 14, A. Edwards (Nott) 18.38; 15, J. Flindell (Dby) 18.41.	

Teams:	Pts.
1, Nottingham A.C.	(3, 6,13) 22
2, L.C.A.T.	(4, 7,16) 27
3, Spalding A.C.	(1,10,19) 30
4, Rolls Royce 31; 5, Grimsby 48; 6, Derby 56; 7, Notts City 63; 8, Derby 'B' 94; 9, Sutton in Ash 99; 10, Lincoln 114.	

SOUTH WALES C.C. LEAGUE

At Swansea, November 23rd.

1, J. O'Brien (Port Talbot)	33.36
2, F. Bell (Carmarthen)	34.18
3, W. Hancock (Neath)	34.43
4, M. Walsh (Swansea U) 35.08; 5, J. Evans (Neath) 35.09; 6, D. Hughes (P. Tal) 35.14; 7, D. Robbins (P. Tal) 35.29; 8, G. Evans (Carm) 35.38; 9, L. Hughes (Bridgend) 35.40; 10, L. Tew (P. Tal) 36.02; 11, J. Williams (Swan) 36.03; 12, G. Jones (Neath) 36.23; 13, J. Griffiths (Swan) 36.41; 14, R. Hancock (Swan) 36.46; 15, M. Smith (Neath) 36.54; 16, R. Evans (Carm) 37.52; 17, C. Knibb (Swan) 38.04; 18, R. Anthony (Brid) 38.24; 19, A. Ling (Swan) 38.40; 20, E. Batt (BP) 38.53.	

Teams:	Pts.
1, Port Talbot	(1, 6, 7,10) 24
2, Neath H.	(3, 5,12,15) 35
3, Swansea Univ.	(4,11,14,17) 46
4, Carmarthen H. 52; 5, B.P. A.C. 107.	

CHINGFORD & DIST. LEAGUE

At Chingford, November 23rd

1, T. Briault (Ponders End)	27.20
2, B. Buxton (Grafton)	28.23
3, R. Howe (Walthamstow)	28.23
4, D. Day (P. End) 28.28; 5, B. Kennedy (Grafton) 28.33; 6, A. Bennett (Hornsey) 28.39; 7, R. Adams (Walt) 28.46; 8, B. Stephenson (P. End)	

28.48; 9, P. Field (Southgate) 28.53; 10, M. Keough (Eton Manor) 28.55; 11, J. Baldwin (Walt) 29.58; 12, G. Harrold (Enfield) 29.09; 13, R. Middleditch (S'gate) 29.10; 14, J. Sullivan (Hornsey) 29.12; 15, G. Olding (Horn) 29.12; 16, L. Gaskin (S'gate) 29.15; 17, D. Peggs (Enfield) 29.24; 18, B. Hercock (P. End) 29.27; 19, D. Desborough (Horn) 29.29; 20, M. Totten (P. End) 29.31.

Teams:	Pts.
1, Ponders End A.C.	(1, 4, 8,18,20,21) 72
2, Walthamstow A.C.	(3, 7,11,23,28,37) 109
3, Hornsey St. M.	(6,14,15,19,22,35) 111
4, Southgate 149; 5, Grafton 168; 6, V.P.H. 210; 7, Eton Manor 211; 8, Enfield 211.	

Youths

1, M. Absolom (Eton Manor)	18.59
2, G. Kicks (VPH)	19.06
3, R. Reed (P. End)	19.07
4, M. Frisby (P. End) 19.10; 5, R. Joiner (P. End) 19.27; 6, D. Tipper (P. End) 19.40; 7, K. Barns (P. End) 19.45; 8, P. Hatto (Walt) 19.49.	

Boys

1, M. Spencer (Eton)	17.39
2, A. Peck (Eton Manor)	17.41
3, R. Sluce (Eton Manor)	17.42
4, Wilkinson (S'gate) 17.45; 5, T. McInerney (Enfield) 17.50; 6, E. Sluce (E. Manor) 17.53; 7, C. Mattingley (Enfield) 17.59; 8, Chapman (S'gate) 18.12; 9, P. Everitt (E. Manor) 18.18.	

CHILTERN LEAGUE

Div. I. At Watford, November 23rd

Senior/Junior

1, M. Barratt (Ealing)	27.39
2, J. Merrimen (Watford)	28.10
3, M. Hobbs (Ealing)	28.17
4, M. Dixon (Wat) 28.29; 5, T. Bivens (Eal) 28.40; 6, R. Beecroft (Ruislip) 28.54; 7, T. Homes (Wat) 28.59; 8, J. Lusty (Eal) 29.05; 9, B. Currell (Wyc) 29.21; 10, E. Casey (Eal) 29.39; 11, R. Cressey (RN) 29.43; 12, D. Slatter (Wyc) 29.47; 13, C. Canton (Eal) 30.01; 14, K. Dearing (Wat) 30.16; 15, A. Watters (Wyc) 30.29.	

(Team results incorrect, awaiting amendments)

Youths/Boys

1, G. King (Windsor)	17.32
2, M. Gillett (Watford)	17.45
3, B. Allen (Windsor)	18.05
4, P. Watts (Ruis) 18.17; 5, Whittaker (Ruis) 18.34; 6, P. Putnam (Wyc) 18.38; 7, Wands (Ruis) 18.55; 8, Rouse (Windsor) 18.56; 9, Haines (Wat) 19.04; 10, Aldridge (Windsor) 19.13.	

Teams:	Pts.
1, Windsor & E.	(1,3, 8,10) 22
2, Ruislip & N.	(4,5, 7,12) 28
3, Watford	(2,9,11,14) 36
4, Wycombe Pnx. 66.	

WORLD Athletics

edited by Melvyn Watman

INTERNATIONAL FIXTURE LIST 1964

Indoor Fixtures

January

- 11 Knights of Columbus, Boston.
- 18 Los Angeles Invitational.
- 24 Maple Leaf, Toronto.
- 25 International Kiel.
- Albuquerque Invitational.
- 30 Millrose, New York.

February

- 1 Boston A.A.
- W. German Champs., Kiel.
- 7 Philadelphia Inquirer.
- 8 Los Angeles Times.
- 9 International, Berlin.
- 13 New York A.C.
- 14 W. Germany v. France, Stuttgart.
- 15 Mason Dixon, Louisville, Ky.
- Golden Gate San Francisco.
- International, Madrid.
- 16 International, Berlin.
- 22 A.A.U. New York.
- 23 International, Warsaw.
- 27 Knights of Columbus, New York.
- 29 All-Eastern, Baltimore.
- International, Lyon.

March

- 6 Chicago Daily News.
- 7 I.C.A.A.A., New York.
- 7-9 U.S.T.F.F., Milwaukee
- 14 International, Lyon.
- Knights of Columbus, Cleveland.
- 17 International, Prague.
- 22/23 Finnish Champs., Helsinki.
- 28/30 A.A.A./W.A.A.A. Champs., Wembley.

April

- 17/18 G.B. v. Finland (men), Wembley.

National Championships

March

- 28 A.A.A. 7M Walk, Hurlingham.

April

- 11 A.A.A. 10M, Hurlingham.

June

- 18-20 N.C.A.A., Eugene, Ore.
- 26/27 A.A.U.

July

- 3-5 Hungary, Budapest.
- 4 W. A. A. A., White City.

- 4/5 U.S.A. Preliminary Olympic Trials, New York.

- 10/11 A.A.A., White City.
- 10-12 E. Germany, Jena.
- 17-19 Poland, Warsaw.
- 24-26 Yugoslavia,
- 25/26 Czechoslovakia, Prague.
- France, Paris.
- 31-Aug. 2 Austria, Kapfenberg.

August

- 1/2 Belgium, Brussels.
- 7/8 A.A.A. Decathlon, Loughborough.
- 7-9 W. Germany, Berlin.
- 14-17 Iceland, Reykjavik.
- 15/16 Sweden, Malmo.
- Finland, Oulu.
- Denmark.
- 21-23 Norway, Oslo.
- Rumania, Bucharest.
- 22 A.A.A. Marathon, Coventry.
- 22/23 Netherlands.
- 28-30 Greece, Athens.
- 29/30 Turkey, Ankara.

September

- 12/13 U.S.A. Final Olympic Trials, Los Angeles.
- Switzerland, Lausanne.

International Matches

June

- 2 Italy v. France v. U.S.S.R. (students), Turin.
- 6/7 Benelux v. G.B., Ghent.
- 13/14 U.A.R. v. Greece, Egypt.
- 17 London A.C. v. New York A.C., Crystal Palace.
- 17/18 Netherlands v. Austria, The Hague.
- 20/21 W. Germany v. Italy.
- Bulgaria v. E. Germany, Sofia.
- Belgium v. Netherlands v. G.B. Decathlon/Pentathlon, Brussels.
- 21 Italy v. Rumania (women)

July

- 1/2 Norway v. Benelux, Oslo.
- 5/6 Turkey v. Israel, Ankara.
- 8/9 Sweden v. Finland v. Norway, Stockholm.
- 11/12 Switzerland v. Belgium.
- Greece v. Denmark, Athens.
- Spain v. Rep. of Ireland, Barcelona.
- 17/18 Bulgaria v. Denmark, Sofia.

- 18 Austria v. France (women), Leoben.
 18/19 C.S.R. v. E. Germany, Prague.
 Spain v. France, Bilbao.
 France v. Italy.
 Portugal v. France, Lisbon.
 19 France v. Belgium v. Switzerland
 (women).
 Denmark v. Finland v. Sweden
 (women), Copenhagen.
 21/22 Turkey v. Denmark, Istanbul.
 22/23 Finland v. G.B. (men), Helsinki.
 25/26 U.S.A. v. U.S.S.R., Los Angeles.
 Greece v. Israel, Athens.
 28/29 Iceland v. Norway, Reykjavik.
August.
 1/2 Yugoslavia v. Bulgaria.
 1/3 G.B. v. Hungary, White City.
 8/9 Iran v. Turkey, Teheran.
 9 Netherlands v. Poland (women).
 14/15 G.B. v. Poland, White City.
 15/16 France v. Switzerland.
 22/23 France v. Austria.
 Israel v. Greece, Tel Aviv.
 29 Southern England v. Lower Rhineland
 (juniors), Southend.
 29/30 Sweden v. C.S.R., Stockholm.
 Benelux v. France, Brussels.
 Italy v. Switzerland v. Yugoslavia.

September

- 5 Belgium v. Ireland v. Scotland,
 Brussels.
 6 Netherlands v. G.B. (women).
 France v. Denmark (women).
 11/12 G.B. v. France (men), White City.
 12/13 Portugal v. Spain, Lisbon.
 Finland v. Sweden, Helsinki.
 W. Germany v. Poland (men).
 13 Poland v. W. Germany (women).
 19/20 Italy v. Norway v. Sweden.
 Netherlands v. Denmark.
 C.S.R. v. Hungary, Hradec Kralove.
 20 E. Germany v. Netherlands (women),
 Berlin.
 Yugoslavia v. France v. Italy (women).
 24/25 E. Germany v. Norway, Halle.
 26/27 Greece v. Spain, Athens.
 France v. Hungary, Paris.
 Poland v. Finland.
 W. Germany v. Switzerland.

Major International Meets

May

- 16/18 British Games, White City.
 26/27 Athens.

June

- 3 Saint-Maur.
 6/7 Sofia & Budapest.
 12 Paris.
 13/14 Berlin.
 16/17 Reykjavik
 17/18 Copenhagen.
 20/21 Budapest.
 26/27 Rosicky Memorial, Prague.

July

- 1/2 Helsinki.
 4/5 Znamenskiy Memorial, Moscow.
 11/12 Tampere.
 15/16 Oslo.
 18/19 Budapest & Leoben.
 25 Welsh Games, Cardiff.
 25/26 Siena.
 29/30 Oslo.

August

- 3/4 Oslo.
 6-9 C.I.S.M. Champs., La Coruna.
 9 Kosice Marathon.
 10/11 Oslo.
 15/16 Istanbul.
 18/19 Aarhus.
 22/23 Kusocinski Memorial, Warsaw.
 25 Zurich.

September

- 11-13 Balkan Games, Bucharest.
 26/27 Paris.

October

- 14-21 Olympic Games, Tokyo.

November

- 1 Trento.

SOUTH AFRICA: ANOTHER RECORD FALLS TO OLIVIER

Willie Olivier became the first athlete to beat 9 minutes for 2 miles in South Africa when, on October 30th, he clocked 8:53.0 to beat the S.A. domestic record by 9.5 seconds. He ran the first mile in 4:28.5, the second in 4:24.5. John Van Reenen (16), 6'6"/1.98 and 245lb/111kg, put the 12lb shot 58'3"/17.75 at Pretoria on November 9th to better the S.A. under-17 record by 5 feet. Surely a future champion!

November 9th, Pretoria. PV: Burger (Rhod) 14'0"/4.27; DT: Malan 170'3"/51.89.

November 13th, Cape Town. 1M/6M: Olivier 4:10.4/29:27.6 (¼ hour interval between).

November 16th, Pretoria. 220y: Jeffreys 21.4; PV: Burger 14'0"/4.27; SP: Botha 57'3"/17.45; DT: Malan 174'0¼"/53.04.

Doug Coghlan

INDIAN NEWS

The first major meet of the new season was held at Patiala on October 26th/27th. Leading results: 400m: Makhani Singh 48.6; 800m: Daljit Singh 1:53.8; 1,500m: Sequeira 3:53.4; 3,000mST: Pan Singh 9:01.6; 110mH: Gurba-
 chan Singh 14.7; 400mH: Amrit Pal 53.5; HJ: Ajit Singh 6'2"/1.88; PV: Lakhbir Singh 13'0"/3.96; TJ: Mohinder Singh 48'0"/14.63; SP: Joginder Singh 50'1¼"/15.27; DT: Balkar Singh 146'2"/44.55; HT: Balbir Singh 172'2½"/52.49; Mar: Balakrishna 2:35:11.6.

Ranjit Bhatia

TOKYO MEDAL PROSPECTS

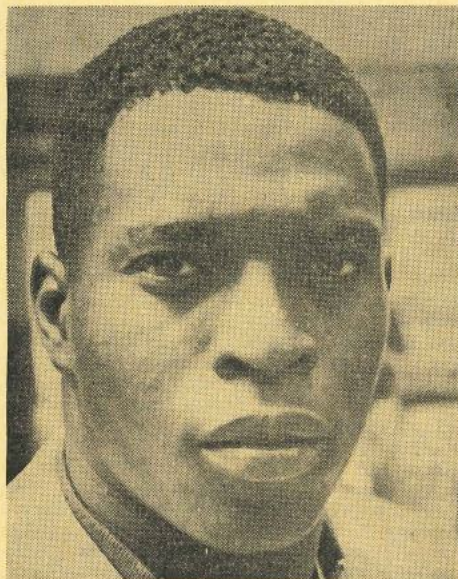
9



JOHN PENNEL

WHATEVER one's views on the "fibre-glass revolution" in pole vaulting there can be no denying the outstanding talent of John Pennel. His mastery of the new pole has enabled him to widen the horizons of all vaulters by pushing the world record beyond 17 feet, but in the final analysis it is the man—not the pole—who makes a champion. Pennel first showed his potential at an indoor meet in March 1960 when, riding an aluminium pole, he slipped over 15'0 $\frac{1}{4}$ "/4.58 for a national freshmen's record. He dipped to 14'8"/4.47 in 1961 but the following year, by now a convert to glass, he made 15'4"/4.67 indoors. This year he raised the world record seven times, starting with 16'3"/4.95 and ending up at a breathtaking 17'0 $\frac{3}{4}$ "/5.20. Proof of his own public appeal, and the great attraction of space-age vaulting, is that in London of all places he diverted attention from Bruce Tulloh and co. A shaky competitor early in the season, he is now an ice-cool performer. He aims for 17'6"/5.33 plus in 1964. Born at Memphis, Tennessee, on July 25th 1940, he is 5'10"/1.78 tall and weighs 168lb/76kg.

10



BOB HAYES

AESTHETICS and athletics are often closely allied, but not in the case of Bob Hayes—the fastest man who ever lived. There is about as much poetry in his running, and almost as much power, as in the average bulldozer. But what does that matter? This burly young man (5'11"/1.80 and 186lb/85kg), who was born in Alabama on December 20th 1942, began sprinting in 1959—"because I knew I could run faster than the guys on the team." He was right and only two years later he shook the track world with sprint times of 9.3 (becoming the 13th man to tie Mel Patton's world record) and 20.1. In 1962 he matched Frank Budd's record of 9.2 and this year he made the world mark his own by covering 100 yards of the St. Louis asphalt-rubber track in 9.1, with the wind-gauge registering only 0.8/sec. Earlier in the season he had equalled the world records for 200m and 220y (turn) with 20.5 His greatest performance was reserved for Germany when, with the most devastating burst of speed ever witnessed, he came from behind to snatch victory in the relay. He must have touched 26 m.p.h.

Photos by Fionnbar Callanan

Who's Who in British Athletics

Ron Jones

Born Aberdare, 19.8.34; 5'9½"/1.77, 152lb./69 kg; 36" chest; 86 pulse at rest; work study engineer; Woodford Green A.C.; self-coached at present; married; lives at Ilford (Essex).

Started sprinting at age of 13 but not seriously until 1956. Favourite events are 100y and 4 x 110y relay. Best marks: 100y-9.5 (1963), 100m-10.4 (1959, 1963) 200m-21.3 (1963), 440y-49.6 (1960, 1961), 440y (relay)-48.2 Annual progress at 100y and 100m: 1955-10.4; 1956-10.1; 1957-10.0; 1958-9.8; 1959-9.7, 10.4; 1960-9.8; 1961-9.9, 10.8; 1962-9.6, 10.5; 1963-9.5, 10.4.

1958—4th A.A.A. (1st U.K. finisher) 100y; eliminated 2nd round 100y at Empire Games (for Wales). 1959—first full international. 1962—3rd European 4x100m, semi-finalist 100y and 3rd 4 x 110y in Empire Games. 1963—member of world record 4 x 110y relay team. Competed in 6 GB international match races, winning 1, scoring 17 out of possible 30 points.

Race that gave most pleasure was "my peak performance in 100m v. Italy in 1963" (10.4 on slow track). Greatest disappointment: "The injury, after this meeting, when things looked promising." Will compete "as long as I'm physically and mentally able". Targets are to reach the Olympic 100m final and to clock 10.2. Most likes "the thrill of competition (and winning!)" ; dislikes "training and warm-up". View of administration: "It needs considerable modification."

Frances Slaap

Full name: Frances Mary Slaap. Born Perivale (Middx.), 25.6.41; 5'9"/1.75, 140lb./64 kg; 36-24½-36; 75 pulse at rest; school teacher; Ruislip-Northwood A.C.; coached by Fred Housden; unmarried; lives at Ruislip (Middx.).

Began high jumping in 1956, and this is her favourite event. Best marks: HJ-5' 7"/1.70 (1962), 5'9"/1.75 indoors (1962), 80mH-11.9 (1962), LJ-17'7"/5.36 (1960), SP-34'4"/10.46 (1963), Pen-4.020 (1960), 100y-11.6. Annual HJ progress: 1956-4'9"/1.45, 1957-4'11"/1.50, 1958-5'5"/1.65, 1959-5'5"/1.65, 1960-5'5½"/1.67 (5'6"/1.68 i), 1961-5'4"/1.63 (5'5"/1.65 i), 1962-5'7"/1.70 (5'9"/1.75 i), 1963-5'6½"/1.70.

1958—W.A.A.A. intermediate champion. 1960—English Schools champion, 6th equal Olympics (1st international). 1962—W.A.A.A. indoor champion, 2nd (1st U.K. placer) W.A.A.A., 9th European Championships, 5th Empire Games. Holder U.K. indoor record. Competed in 7 internationals for GB, winning 3, scoring 25½ out of possible 35 points.

Most pleasing performance was 5'9" clearance indoors. Greatest disappointment: "Breaking a

leg in 1961 and illness before European Games in 1962." Intends to compete for "possibly three years" more. Target is "to perfect a style which will give me my personal maximum height." Most likes "meeting new friends and trips abroad." Dislikes "continually losing money, and people running athletes down before finding out possible circumstances which might affect performances—e.g. poor take off and illness."

Colin Smith

Full name: Colin George Smith. Born Harlesden (London), 2.8.35; 5'11"/1.80, 212lb./96 kg; 45" chest; 72 pulse at rest; student at teachers training college; Shoreditch Training College A.C. & Thames Valley Harriers; coached by Bill Plumridge and himself, with advice from Wg. Cdr. P. R. Travers; married to Phil Gale's daughter, Brenda, one daughter (14 months); lives at North Wembley (Middx.).

Started seriously at shot, discus and javelin in 1949. Favourite event is javelin. Best marks: JT-255'8½"/77.94 (1962), SP-44'0"/13.41 (1954), DT-128'1"/39.04 (1957). Annual progress at JT: 1952-174'9"/53.26 (700gr), 1953-209'6"/63.85, 1954-190'6"/58.06, 1955-212'6"/64.77, 1956-207'0"/63.09, 1957-246'7"/75.16, 1958-234'4"/71.42, 1959-236'3"/72.01, 1960-234'6½"/71.49, 1961-241'10"/73.71, 1962-255'8½"/77.94, 1963-237'9"/72.46.

1953—A.A.A. junior champion. 1955—first international. 1958—A.A.A. champion, Empire champion, non-qualifier at European Championships. 1959—A.A.A. champion. 1962—non-qualifier at European, 2nd Empire Games. 1963—A.A.A. champion. Ex- U.K. record holder. Competed in 21 international matches for GB, winning 2, scoring 48 out of 106 points.

Most pleasing performance was his 255'8½" throw at the 1962 Empire Games. Greatest disappointment was "being injured in 1956 and unable to try for Olympics." Will continue "as long as I feel I can enjoy throwing." 1964 target is 260ft. (79.25); all-time aim is to throw further. Most likes meeting people; dislikes "politics and A.A.A. Championships in July." View of administration: "I'd like to see those who criticise take off their coats and do something about it!"

Madeleine Cobb

Maiden name: Madeleine Weston. Born London, 3.7.40; 5'2"/1.57, 110lb./50kg; 34-24-34; 68 pulse at rest; photo-copier; Selsonia L.A.C.; Coached by Reg Bale and Jim Alford; married to David Cobb (Hercules); lives at Ruislip (Middx.).

Started at school in 1954 at sprints from 60y

to 150y. Favourite events are 60y, 100y and 220y. Best marks: 100y-10.7 (1958), 10.6y (1958, 1963), 100m-11.7 (1957, 1958, 1963), 220y-24.6 (1963). Annual progress at 100y and 100m: 1955-11.2; 1956-11.0, 11.8; 1957-10.9, 11.7; 1958-10.7, 11.7; 1959-11.0; 1960 (injured)-11.3, 12.0; 1961-10.8, 12.0; 1962-10.8, 12.0; 1963-10.8, 11.7.

1955—W.A.A.A. junior 60y and 100y champion, English Schools junior 100y champion. 1956—W.A.A.A. intermediate and English Schools intermediate 100y champion, first international. 1958—W.A.A.A. 100y champion, 3rd 100y and 1st 4 x 110y (in world record time) at Empire Games. 4th 100m and 2nd 4 x 100m at European Championships. 1962—eliminated heat 100m at European. 1963—member of world record 4 x 110y team. Competed in 8 match races for GB, winning 3, scoring 28 out of possible 40 points.

Her times this year have given most pleasure, "as I retired after last year's European Championships and didn't start training again until March." Greatest disappointment was her performance at the 1962 European. Will compete one more season, her target being to run in the 100m and relay in Tokyo. Most likes about athletics "the competition and meeting people."

Pat Mackenzie

Full name: Patrick Stuart Mackenzie. Born Bearsden (Dunbartonshire), 22.5.39; 5'10½"/1.78, 164lb./74kg; pulse varies between 50 and 70; R.A.F. officer; Brighton A.C.; coached by A. R. Malcolm and Wg. Cdr. P. R. Travers; unmarried; stationed at Sheffield.

Began with high jump and long jump, athletics being his main sport since May 1955. Favourite events are high jump, shot and indoor 60y hurdles. Best marks: HJ 6'6"/1.98 (1961), 6'7"/2.01 indoors (1963); LJ—20'5½"/6.24 (1962), TJ—41'1½"/12.53 (1963), SP—41'2"/12.55 (1962), DT—115'2½"/35.11 (1962), Dec-3, 656 (1962). Annual progress at HJ: 1955—5'3½"/1.61, 1956—5'7"/1.70, 1957—5'10"/1.78, 1958—6'0¼"/1.83, 1959—6'3¼"/1.92, 1960—6'4"/1.93, 1961—6'6"/1.98, 1962—6'4"/1.93 (6'5"/1.96 i), 1963—6'5½"/1.97 (6'7"/2.01 i).

1959—First "B" international. 1961—first full international. Competed in 2 GB internationals, scoring 2 out of 10 points.

Performance that gave most pleasure was his 6'7" at Stanmore—"only my 5th time out with a new, longer, faster run-up"; followed by his 6'6" for 3rd in the 1961 AAA. Greatest disappointment was clearing only 6'0¼"/1.85 for 4th v. Italy in 1963 after clearing 6'3½"/1.92 warming up. Will continue competing "until I see no further improvement possible." Targets for 1964 are 6'9"/2.06 indoors by April and Olympic Standard-plus outdoors; no definite alltime goal.

Likes athletics because "it is a sport in which direct comparisons of performances are

possible, and probably because I am reasonably proficient at it". Dislikes "bad officiating" View of administration: "No time for splinter groups such as BAU. They tend to cause a lowering of morale among athletes, and bring disrepute to the sport in the eyes of the public. As for the AAA and the AAAB, I am glad to see the appointment of ex-athletes in administrative positions, but I feel that team selection, men and women, in several events, is still somewhat questionable." Member of NUTS, and chief compiler of the booklet "U.K. Best Performers of All Time".

CHINESE SHINE

SIN KIM DAN'S times of 51.4 for 400m and 1:59.1 for 800m, reported last week, are unlikely to be officially ratified, as the GANEFO meeting in Djakarta was unsanctioned by the I.A.A.F. Chinese athletes won 20 of the 34 events, a particularly impressive winner being Cheng Feng-Yung, the former high jump world record holder, who added 57 points to her national pentathlon mark.

Results of the last two days, supplied by Stan Greenberg.

November 13th

400m: Liang Shih-Chiang (Ch) 49.5, T. Salminen (Fin) 49.8, Aminuddin (Indo) 50.3; 1,500m: Nabil Hassan Ahmad (UAR) 4:00.8, Kang Hyun Man (NK) 4:00.9, Yin Feng Wu (Ch) 4:02.9; Mar: Chun Man Heung (NK) 2:49:50.5, Hwang Kwang Duk (NK) 2:49:51.9, Ismail Abidin (Indo) 3:01:40.9; 110mH: Kao Chi-chiao (Ch) 14.3, Sarengat (Indo) 14.6, Abdel Moneim (UAR) 14.8; HJ: Ni Chih-chin (Ch) 6'7½"/2.01, Kang Chu-pei (Ch) 6'6¼"/1.99, C. Baronda (Phil) 6'2¾"/1.90; JT: Ma Chang-lu (Ch) 218'10¼"/66.71, I. Vuesti Ngurah Manik (Indo) 215'0"/65.53, Ma Fa-cheng (Ch) 205'3¼"/62.57; 4x400m: Indonesia 3:20.6, Philippines 3:21.3, Cambodia 3:27.3; women's 400m: Sin Kim Dan (NK) 51.4, Chiang Yu-min (Ch) 57.7, Soeratmi (Indo) 58.8, Wang Hsiu-fen (Ch) 59.6.

November 14th

200m: J. Oroh (Indo) 21.8 (21.6 s-f), Shen Hsiao-chih (Ch) 21.9 (21.7 s-f), Khum Khen (Camb) 21.9; 800m: Nabil Hassan Ahmad (UAR) 1:52.3, Cho Hoon Hi (NK) 1:54.5, K. Ceder (Fin) 1:55.9; 3,000mST: L. Honkanen (Fin) 9:17.1, N. Pattiasina (Indo) 9:28.9, Albai (Mor) 9:36.9; TJ: Tien Chau-chung (Ch) 52'7¼"/16.04, Ku Ke-yen (Ch) 52'0¼"/15.87, Teymour Lenk (UAR) 48'4"/14.73; HT: Li Yun-piao (Ch) 204'6"/62.33, Marouan Bitar (Syria) 167'4¼"/51.02, Ho Yung-hsien (Ch) 166'9¼"/50.84; 4x100m: Indonesia 41.8, China 41.9, Cambodia 43.4; Dec (Nov 13/14): Mohd Abdullah (Iraq) 5,900, Abdul Rab Khan (Indo)

continued on page 18

HERB ELLIOTT TO BEAT SNELL

FURTHER to Christopher Sykes' letter in last week's issue (page 4), a leading authority on miling has stated that in a hypothetical race over 1,500m featuring Peter Snell, Herb Elliott and Michel Jazy at their best he would expect the result to be: 1, Elliott 3:34, 2, Jazy; 3, Snell. The expert in question, replying to a reader's query in *L'Equipe*, is none other than Jazy himself. He believes his superior stamina would outweigh Snell's extra turn of speed, but Elliott's powers of resistance would be greater than his.

Elliott, now on his way home to Australia with his wife and three young children, takes a different view. Asked to name his likely successor as Olympic 1,500m champion, he plumped for the New Zealander. "I estimate that Peter Snell is stronger than Michel Jazy," he remarked.

Jazy, however, has confirmed his intention to go for the 5,000 metres in Tokyo, although he might just agree to run also in the 1,500m—the heats of which take place only 19 hours after the 5,000m final. His training programme for that 5,000m final began on November 15th and his winter plans include a few indoor races in Germany and France and cross-country racing until February. Outdoors he will start at 1,500m and intends to compete in four or five 5,000m events before the Games. He believes himself capable of breaking Kuts' world record of 13:35 but thinks the Tokyo final will be won in around 13:50.

Michel Bernard has also made his final plans known. He will aim for the 1,500m unless he manages to break 13:40 for 5,000m—"which is very improbable."

LATE EUROPEAN RESULTS

October 26th/27th, Budapest. Dec: Bakai 7,041 (rec).

October 28th, Prague. 800m: Trousil (CSR) 1:50.0.

October 28th, Nove Zamsky. SP: Skobla (CSR) 59'8½"/18.19, Nagy (Hun) 59'1½"/18.02.

October 31st, Jena. PV: Nordwig (EG) 15'33"/4.67.

October 31st, Menteroda. Women's SP: Hubner (EG) 55'11¼"/17.05.

HIGH JUMP RECORDS

Mahamat Idriss, the French record holder from Tchad, equalled his best high jump mark of 6'11½"/2.11 at Fort-Archambault last month, while Roberto Abugattas (Peru) raised the South American record to 6'9½"/2.07 in Lima.



HERB ELLIOTT

More About Ryun

The 16-year-old American schoolboy Jim Ryun (see November 16th issue, page 12) proves to be even more amazing than we first thought. Dick Drake managing editor of *Track and Field News*, informs us that Ryun's mile time at the U.S.T.F.F. meet was incorrectly transmitted by the news agencies. It was not 4:08.8—but 4:07.8! Earlier this month Jim clocked 9:11.5 for 2 miles in a postal competition organised by the American magazine.

Ryun's only try at 3M resulted in a 14:53.2 clocking on July 21st. His improvement this year has been fantastic, his personal best marks a year ago standing at 5:38 for the mile (7. 9. 62) and 11.51 for 2M (17. 9 62)!

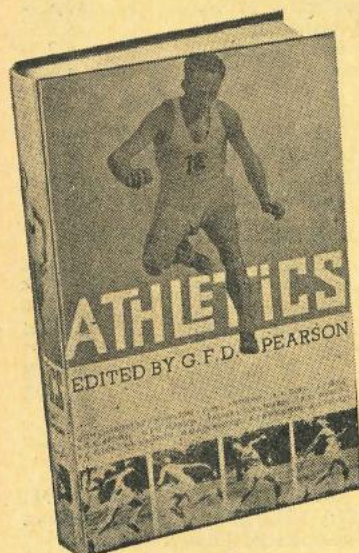
TOP 50 LISTS

We shall begin publishing the annual U.K. Top 50 lists (men) next issue.

BRITISH BEST PERFORMERS (Women) 1963

—Compiled for and on behalf of the N.U.T.S. by Martin James, 161 Robin Hood Way, S.W.15, who will gratefully receive any additions or amendments (please state venue).

LONG JUMP								
21'13"	M. Rand	5.8	38'9"	S. Platt	28.8	158'24"	R. Morgan	3.8
20'2"	S. Parkin	24.8	38'53"	J. Linsell	18.5	156'2"	B. Nicholls	15.6
19'5"	A. M. Wilson	25.8	38'13"	S. Sandiford	18.5	143'9"	A. Williams	1.3
19'23"	L. Winfield	29.5	38'13"	J. Mehew	20.7	138'2"	S. Paul	8.5
19'23"	M. Tranter	17.8	37'6"	M. Arnold	20.7	137'11"	P. Bennett	21.7
19'13"	B. Jessop	22.6	37'3"	J. Quick	4.6	133'8"	S. Tadd	6.7
19'03"	M. Zeraschi	22.6	37'23"	A. Stapleton	15.6	132'1"	M. Brown	25.5
18'111"	M. Gouldsmith	5.8	37'2"	J. Bowley	27.10	131'61"	C. Patrick	3.6
18'93"	A. Savory	25.5	37'03"	G. Wheatley	15.6	130'1"	M. Whitbread	10.8
18'83"	M. Peters	24.8	36'1"	A. Cole	22.5	129'10"	D. Given	19.7
18'83"	A. Jamieson	8.6	DISCUS					
18'63"	M. Jones	7.9	153'9"	S. Allday	24.8	127'61"	S. Hubbard	3.7
18'53"	A. Packer	25.5	146'53"	R. Payne	23.6	127'4"	L. Harman	22.6
18'43"	B. Jones	10.8	146'1"	B. Bedford	23.6	126'113"	E. Harrison	1.6
18'31"	C. Persighetti	25.5	142'03"	G. Smith	3.6	124'10"	B. Gill	28.5
18'33"	P. Wilson	11.6	141'43"	W. Thomas	7.9	124'9"	P. Mason	10.8
18'3"	J. Holroyd	25.5	140'23"	M. Arnold	20.7	124'0"	M. Adams	17.7
18'23"	D. Warnock	25.5	136'81"	B. Everitt	30.6	122'41"	L. Armstrong	6
18'03"	J. Catt	22.6	133'11"	K. Duckett	10.6	121'10"	J. Linsell	15.5
18'0"	S. Bevan	16.7	130'8"	J. Mehew	3.8	119'81"	K. Newton	22.5
Wind-assisted			130'0"	H. Horsburgh	13.7	PENTATHLON		
19'23"	A. Jamieson	11.5	129'10"	B. Harding	29.6	4726	M. Rand	23/24.8
SHOT			128'11"	C. Mitchell	29.6	4527	M. Peters	22/23.6
48'7"	S. Allday	6.7	128'7"	J. Tweedy	18.5	4297	B. Gill	22/23.6
45'83"	M. Peters	6.7	128'41"	S. Gallimore	5.5	4294	A. Packer	13.7
45'1"	B. Gill	31.8	127'103"	M. Wilson	8.6	4253	P. Nutting	22/23.6
44'23"	B. Bedford	28.9	127'3"	P. Mason	20.7	3920	A. Jamieson	11.5
41'93"	R. Payne	22.6	127'2"	F. Vittles	17.7	3817	J. White	13.7
41'73"	V. Woods	6.7	126'41"	P. Welsh	17.7	3804	C. Persighetti	14.9
41'23"	P. Young	4.5	125'9"	J. Heath	4.6	3761	F. Slaap	5.10
41'13"	M. Kerr	6.7	124'73"	M. Watson	22.6	3752	P. Holden	10/11.5
40'113"	K. Duckett	8.5	JAVELIN					
39'43"	W. Thomas	25.5	172'6"	S. Platt	27.7	3716	S. Mills	31.8
						3706	G. Matthews	5.10



Athletics

Edited by G. F. D. PEARSON

'The book is a compendium of essays by A.A.A. Honorary Senior Coaches, all of whom have either personal experience of international competition or a long record of coaching international athletes. As such it is packed with practical information on Track and Field and will undoubtedly prove an invaluable source of reference for coach and athlete alike. Good books repay careful study; this one, thanks to an enlightened and liberal editorial policy, offers stimulating controversy as well as the host of tips pointers, and good, plain, incontrovertible common-sense from men who have thought deeply about their respective events.'

Pole Vaulters Association: Hon. Sec.

Line drawings, diagrams, 44 plates

42s.

NELSON

World Record Evolution

Compiled by Peter Lovesey, Bob Sparks
and Melvyn Watman

120 YARDS/110 METRES HURDLES

16.0	Clement Jackson (GB)	14.11.65
16.0	A. B. Loder (GB)	7.4.76
16.0	S. Palmer (GB)	15.4.78
16.0	C. F. Daft (GB)	3.7.86
16.0	Henry Williams (USA)	17.5.90
16.0*	Alf Copland (USA)	27.9.90
16.0	Fred Ducharme (USA)	11.10.90
15.8	Henry Williams (USA)	30.5.91
15.8	Walter Henry (USA)	30.5.92
15.8	H. H. Morrell (Can)	24.9.92*
15.6	Stephen Chase (USA)	15.9.94
15.4	Stephen Chase (USA)	21.9.95
15.4	Stephen Chase (USA)	28.9.95
15.2	Alvin Kraenzlein (USA)	18.6.98
15.2	George Smith (NZ)	8.3.02
15.2	J. B. Garrels (USA)	1.6.07
15.2	Arthur Shaw (USA)	08
15.0m	Forrest Smithson (USA)	25.7.08
15.0	Fred Kelly (USA)	13
15.0	Fred Kelly (USA)	14
14.6	Robert Simpson (USA)	27.5.16
14.6	Robert Simpson (USA)	3.6.16
14.4	Earl Thomson (Can)	29.5.20
14.4	George Guthrie (USA)	5.6.26
14.4	Steve Anderson (USA)	2.6.28
14.4m	Erik Wennstrom (Swe)	25.8.29
14.4m	Steve Anderson (USA)	2.7.30
14.4	Steve Anderson (USA)	23.8.30
14.4	Lee Sentman (USA)	23.5.31
14.2	Percy Beard (USA)	4.7.31
14.1	George Saling (USA)	11.6.32
14.1	Jack Keller (USA)	20.5.33
14.1	Roy Staley (USA)	13.6.36
14.1m	Forrest Towns (USA)	19.6.36
14.1m	Forrest Towns (USA)	6.8.36
13.7m	Forrest Towns (USA)	27.8.36
13.7	Fred Wolcott (USA)	3.5.40
13.7m	Fred Wolcott (USA)	29.6.41
13.6	Harrison Dillard (USA)	17.4.48
13.5	Dick Attlesley (USA)	13.5.50
13.5m	Dick Attlesley (USA)	10.7.50
13.5	Jack Davis (USA)	9.6.56
13.4m	Jack Davis (USA)	22.6.56
13.4	Milton Campbell (USA)	31.5.57
13.4	Elias Gilbert (USA)	31.5.57
13.2m	Martin Lauer (W.Ger)	7.7.59
13.2m	Lee Calhoun (USA)	21.8.60

* 121 yards
m 110 metres

220 YARDS HURDLES (STRAIGHT)

27.2	Charles Weigand (USA)	10.7.86
27.0	Alf Copland (USA)	87
26.8	C. S. Mandel (USA)	5.88
26.8	Alf Copland (USA)	88
26.6	Alf Copland (USA)	19.9.88
25.0	J. Mooney (Ire)	13.10.88
24.8	James Lee (USA)	22.5.91
24.6	John Bremer (USA)	25.5.95
23.6	Alvin Kraenzlein (USA)	28.5.98
23.6	James Wendell (USA)	31.5.13
23.6	Robert Simpson (USA)	27.5.16
23.2	Charles Brookins (USA)	2.6.23
23.0	Charles Brookins (USA)	17.5.24
22.8	Richard Rockaway (USA)	25.5.29
22.7	Jack Keller (USA)	11.6.32
22.7	Glenn Hardin (USA)	23.6.34
22.6	Jesse Owens (USA)	25.5.35
22.5	Fred Wolcott (USA)	8.6.40
22.5	Harrison Dillard (USA)	8.6.46
22.5	Harrison Dillard (USA)	20.5.47
22.3	Harrison Dillard (USA)	21.6.47
22.2	Dave Sime (USA)	5.5.56
22.2	Ancel Robinson (USA)	15.6.57
22.1	Elias Gilbert (USA)	17.5.58
21.9	Don Styron (USA)	2.4.60

200 METRES HURDLES (STRAIGHT)

Identical as above, except for:—

23.0	Charles Brookins (USA)	16.8.23
22.3	Fred Wolcott (USA)	8.6.40

(delete Dillard's two 22.5's)

200 METRES HURDLES (TURN)

23.4y	Heye Lambertus (USA)	19.5.34
23.3	Allan Tolmich (USA)	3.7.37
22.9	Fred Wolcott (USA)	4.7.39
22.8y	Elias Gilbert (USA)	8.6.57
22.7y	Charles Tidwell (USA)	14.6.58
22.7y	Charles Tidwell (USA)	16.5.59
22.6	Charles Tidwell (USA)	20.6.59
22.5	Martin Lauer (W.Ger)	7.7.59
22.5	Glenn Davis (USA)	20.8.60

y 220 yards time

220 YARDS HURDLES (TURN)

23.8	Charles Brookins (USA)	7.6.24
23.4	Heye Lambertus (USA)	19.5.34
23.1	Fred Wolcott (USA)	22.6.40
23.0	Harrison Dillard (USA)	22.6.46
22.8	Elias Gilbert (USA)	8.6.57
22.7	Charles Tidwell (USA)	14.6.58
22.7	Charles Tidwell (USA)	16.5.59

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GANEF0 continued.

5,807, Norial Roa (Phil) 4,954; women's DT: Chao Yung (Ch) 154'9"/47.17, Wang Shih-yu (Ch) 150'11"/46.00, Li Ki Choon (NK) 144'9 1/4"/44.13; 4x100m: China 48.2, Indonesia 50.5, Cambodia 52.6; Pen (Nov. 13/14): Cheng Feng-yung (Ch) 4, 525 (11.6, 37'3 1/2"/11.37, 5'7 3/4"/1.72, 18'8 1/2"/5.70, 26.8), Wu Yun-hsin (Ch) 3,616, Nu Lih Armoni Widari (Indo) 3,407.

EASTERN COUNTIES A.A.A. INDOOR MEET

What promised to be an interesting competition between Britain's second and third ranked pole vaulters failed to materialise with the non-appearance of Trevor Burton. After clearing 13'0" first time, Rex Porter went straight to a U.K. indoor 'record' height (irrespective of runway surface) of 14'1", which he managed on his second attempt: this represented a 1" improvement on the mark set by Martin Higdon earlier this year at Wembley. Porter then attempted 14'3", but without success.

A quite astonishing achievement was the 5'1" clearance by Heather Larrington, who had celebrated her 13th birthday only two days before. It is to be hoped that her enthusiasm is not dampened by lack of adequate training facilities and competition.

Other excellent performances came from Jill Lindsay (U.K. best of 38.4 for 300y), Sallie Newell also showing a mastery of control in cornering on this flat 200y. track, Fred Maillardet with a sound 1M/2M double, and Pat Mackenzie with a 6'4½" high jump.

60(A): D. Everett (Gt. Yarm.) 7.1. (B): C. J. Keeley (Chich'r) 7.0. (C): D. Bailey (Camb. H.) 7.1 (7.0 ht). (D): A. J. Sibley (St. Luke's) 6.9, J. L. Henson (Roth'm) 7.0 (6.9 ht). (E): J. K. Bullock (Derby) 6.8 (6.7 ht), D. Harding (Birch'd) 6.9 (6.8 ht). (F): A. Yiannakis (Shaft) 6.9, J. A. Endean (Walton) 6.9. (G): P. S. Mackenzie (Brighton/RAF) 7.2. 300(A): A. W. Gibbons (Camb.H) 33.9. (B): J. L. Henson 33.6, A. J. Sibley 34.1. (C): D. J. Hadler (Camb. H) 34.6. (D): J. K. Bullock 33.6, R. W. Summerfield (Camb. & C) 33.7. 600(A): R. I. Allen (Harrogate) 1:19.0, N. Honeyman (ULAC) 1:19.0. (B): R. W. Summerfield 1:17.5, R. J. Skinner (Sparkhill) 1:19.0. Mile: F. J. Maillardet (Camb. H) 4:20.2, J. S. Hocknell (Welsh CAT) 4:35.6. 2M: F. J. Maillardet 9:16.2, R. C. Townsend (P'boro) 9:40.0. 2,000m SC: J. Stark (Boro. Rd.C) 6:16.6, B. Longden (Hornchurch) 6:19.3. Mile Walk: M. Tolley (Sheffield) 7:05.4, W. K. Newhill (Cov.) 7:25.4. 60H: J. A. Endean 8.3, C. G. Brand (LCAT) 8.3. 4x110: Cambridge H. 49.2, Welsh CAT 51.6. HJ: P. S. Mackenzie 6'4½", C. G. Brand 5'8". PV: S. R. Porter (Welwyn) 14'½", P. Garner

At Feltwell, November 23rd

(Stoke) 11'0". LJ: A. W. Gibbons 22'1½", J. A. Endean 22'0½", K. Jackson (Stoke) 21'10½", R. B. Adkins (Maid'd) 21'3½". TJ: P. Walker (Welsh CAT) 45'7½", R. B. Adkins 44'9½", K. Jackson 43'3". SP: D. R. Harrison (Ach) 49'1½", C. P. Ellerbroek (N & N) 45'11½", A. Elvin (N & N) 44'9½", M. Draycott (Donc PW) 43'10½", F. A. Simons (Ealing) 42'5½". 28lb SP: A. Elvin 31'0½". 56lb WT for height: A. H. Payne (Birch) 12'6". 28lb WT: (outdoors) A. H. Payne 90'7". 56lb HT: A. H. Payne 33'3½".

Juniors

300(A): N. Palmer (W'boro) 33.8. (B): D. Bailey (Camb.H) 36.5. 600: J. K. Johnson (LAC) 1:19.0, G. Hill (Linc. TC) 1:21.0, K. Simpson (Harrogate) 1:21.2. Mile: A. I. Miller (Grafton) 5:00.6. LJ: K. L. Jackson (Stoke) 21'11". TJ: K. L. Jackson 44'2½". SP: G. T. Willett (Camb. & C) 49'1", D. Stears (Ruis-N'd) 44'10½", R. Fenn (Donc. PW) 44'10½".

Youths

60(A): R. Mynott (Steve) 7.2. (B): J. Bratt (Stoke) 7.2. (C): P. J. Kempshall 7.1, F. Wiseman (Spald) 7.1. (D): I. S. Farrington (Stoke) 6.9, M. Burke (Becket S) 7.0 (6.9 ht), M. Plaskett (Linc. TC) 7.1 (7.0 ht), M. J. Daly (Br Timk) 7.1. 300(A): B. A. Parker (Wisbech GS) 36.8, M. Burke 37.5. (B): M. Plaskett 36.9, A. Winterburn (Br. Timk) 37.2. 600: B. A. Parker 1:22.7, H. Spaan (Camb. & C) 1:23.0. Mile: C. R. Whitty (Farnham) 4:39.8, H. Spaan 4:40.3. HJ: E. Andreassen (Spald) 5'5". LJ: I. S. Farrington 19'10". TJ: R. S. Pettit (Becket S) 38'5½". SP: G. T. Willett (Camb. & C) 54'6½", R. Fenn (Donc. PW) 48'2½".

Women

60(A): B. J. Newell (Sheff. Utd) 8.3 (7.9 ht). (B): H. Podlesny (Norwich O) 7.7. (C): S. Taylor (Spald) 8.1. (D): M. Scotchbrook (Holbeach) 7.8. (E): P. E. Gaze (Shaft) 7.4, A. Johnson (Stoke) 7.4, J. L. Lindsay (Middx) 7.5, T. Appleby (Cov. G) 7.5. (F): M. M. Farnden (Middx) 7.4.

Continued on page 23

WEYMOUTH ST. PAUL'S HARRIERS

Preliminary Notice of
3rd Annual

10 MILE OPEN ROAD RACE

and Inaugural

3 MILE OPEN YOUNG ATHLETES RACE (Under A.A.A. Laws)

To be held in Weymouth on

Saturday, Feb. 22nd, 1964

USUAL AWARDS

Watch for further details

WALTON ATHLETIC CLUB'S SPRING ROAD RELAY

(8 x 3¼ Miles)

March 7th 1964, at 3 p.m.

Changing accommodation at Stompond Lane, Walton. Course approx. 1 mile from H.Q.

Prizes—1st, 2nd, 3rd, 4th. Teams. 1st "B" Team. Also three fastest individuals (Lap Record 14.53 by Gerry North).

Entries: 10/- for 1st team, 5/- second and succeeding teams, on A.A.A. forms to: T. Dooris, 29 Masonic Hall Road, Chertsey, Surrey, on or before Saturday, 29th February, 1964.

EASTLEIGH A.C. INTER-CLUB INVITATION C.C. TROPHY CONTESTS

November 16th

1, J. Cooke (Portsmouth AC)	34.56
2, J. Lindsell (Portsmouth AC)	35.14
3, R. Shergold (Portsmouth AC)	35.36
4, M. Hyman (Ports) 35.46; 5, D. Stevens (Reading) 35.56; 6, R. Matthews (Bournemouth) 35.56; 7, D. Fudge (Ports) 36.33; 8, D. Cooke (Ports) 36.35; 9, C. Fry (Weymouth) 36.54; 10, G. Stevens (Read) 37.02; 11, A. Wicks (Read) 37.09; 12, D. Inns (Ports) 37.14; 13, B. Vanderplank (E'leigh) 37.31; 14, C. Plumpton (Ports) 37.38.	

Teams :

1, Portsmouth A.C. (1, 2, 3, 4, 7, 8)	Pts. 25
2, Reading A.C. (5, 9, 10, 12, 22, 36)	94
3, Bournemouth A.C. (6, 17, 18, 19, 25, 33)	118
4, Portsmouth 'B' ... (11, 13, 15, 16, 20, 43)	118
5, Salisbury 150; 6, Eastleigh 198; 7, King Alfreds Coll. 294; 8, Reading 'B' 308.	

Young Athletes

1, C. Church (Walton AC)	25.05
2, A. McReath (Eastleigh AC)	25.06
3, R. Fox (Southampton AC)	26.17
4, W. Hughes (Wal) 26.29; 5, P. Gittens (E'leigh) 26.42; 6, D. Bowles (So'ton) 26.54; 7, R. Dipper (Read) 27.06; 8, H. Robinson (So'ton) 27.15; 9, G. Richardson (E'leigh) 27.19; 10, D. Dipper (Read) 27.38; 11, R. Booth (Para.Regd) 27.50; 12, G. Galvin (Para.Regd) 27.51.	

Teams :

1, Southampton A.C. (2, 4, 6, 11)	Pts. 23
2, Eastleigh A.C. (1, 3, 7, 19)	30
3, Reading A.C. (5, 8, 9, 12)	34
4, Bournemouth 71; 5, Parachute Regt. 74; Reading 'B' 91.	

Boys

1, G. Lucas (Eastleigh A.C.)	15.10
2, A. Beanly (Eastleigh A.C.)	16.11
3, D. Betteridge (Eastleigh)	16.48
4, A. Meredith (Ports) 17.17; 5, K. Stringer (Ports) 17.22; 6, Minchin (Ports) 17.56.	

Teams :

1, Eastleigh A.C. (1, 2, 3)	Pts. 6
2, Portsmouth A.C. (4, 5, 6)	16

Watford Schools' Relay

4x2 Miles (U/16) November 16th.

THIRTY-SEVEN teams from schools in four counties lined up for the start. The holders, Dr. Challoner's G.S., and Luton Technical H.S. had established a lead of 20 secs. by halfway but then went off course. A 12 year old took Clarendon from 6th to 2nd on the third lap and all his team will be eligible to compete for the trophy again next year.

1, Clarendon Sch. (Collyer, Barber, McIntosh, Hambleton) 44.36.

2, Hemel Hempstead GS (Quaine, Parkins, Birchmore, Wallace) 44.47.

3, Watford GS (Spooner, Bennett, Ford, Rosebade) 45.17.
4, Ravenscroft 45.23; 5, Dr. Challoner's GS "B" 45.29; 6, Francis Combe 45.36; 7, Dr. Challoner's "A" 45.37; 8, Harrow County 45.44; 9, Luton Tech. 46.04; 10, Dr. Challoner's "C" 46.11; 11, Luton Tech. "B" 46.14; 12, Emanuel 46.15; 13, Brewers Hill 46.39; 14, Clarendon "B" 47.12; 15, Wembley County 47.19; 16, Sloane GS 47.34; 17, Bushey Meads 47.41; 18, Langleybury 47.57; 19, Leggatt's Way 48.21; 20, St. Albans GS 48.37.

Teams:

Murray (Dr. C) 10.23; Garrett (Luton) 10.34; Parkins (H.H.) 10.38; Heppel (Dr. C) 10.39; Roseblade (Wat) 10.44; Thacker (Raven) 10.46.

Winter Christie Meeting

At Liverpool, November 6th

1, Manchester Univ. 98 pts; 2, Leeds Univ. 96; 3, Liverpool Univ. 91.

120: 1, Smith (Li) 11.9; 2, Jackson (M) 12.2; 3, George (M) 12.3. 330: 1, Murfin (M) 36.3; 2, Smith 36.6; 3, Headley (Le) 37.2. 660: 1, Murfin 1:24.5; 2, Apronti (Le) 1:26.5; 3, Cox (Li). 1,320: 1, Jackson 3:07.1; 2, Chatterton (M) 3:13.3; 3, Jenkins (M) 3:15.5. 120H: 1, Aderle (Le) 16.6; 2, Kirtley (M) 16.7; 3, Brown (Le) 17.4. Mile Med. R: 1, Manchester 3:43.2; 2, Leeds 3:46.2; 3, Liverpool 3:46.5. 2M: D. Quinlan (Le) 9:30.0. Teams: 1, Liverpool 10pts. 2, Leeds 11; 3, Manchester 24. HJ: 1, Kirtley 5'10½"; 2, Purvie (Li) 5'8½"; 3, Roberts (Le) 5'7¼". PV: 1, Hancock (M) 10'6"; 2, Richards (Li) 9'0". LJ: 1, Aderle 21'4"; 2, Castle (M) 20'9½"; 3, Cox 20'9½". TJ: 1, Aderle 45'1½"; 2, Noble (M) 42'0½"; 3, Williamson (Li) 38'10". SP: 1, Irani (Le) 50'6"; 2, Harris (Li) 40'2"; 3, Pearse (M) 38'9". DT: 1, Irani 143'6"; 2, Dawson (Li) 121'9½"; 3, Pearse 113'7". JT: 1, O'Malley (Li) 162'4½"; 2, Baxter (M) 160'7"; 3, Blain (Le) 145'11½".

KANGAROO CLUB MEETING

Solihull, November 10th

Terrible conditions—the water having to be removed from run-ups. Men's LJ: G. P. Read (Sparkhill) 21' 1". Junior LJ/TJ: G. I. Turner (Wolv'n H) 21'2"/41'10". Youths LJ: 1, D. Laurence (S. Hth) 20'4½"; 2, P. L. Drew (Godiva) 20'1". Youths TJ: 1, Drew 43'5½"; 2, R. Power (Essex B) 42'11"; 3, R. Brewster (Godiva) 42'0½". Boys LJ/TJ: K. Forster (Bromsgrove) 17'4½"/36'5½". Women's LJ: A. Fathers (Leamington) 17'5".

Woking A.C. elected the following: President, H. P. Nind; Chairman, G. R. Daborn; Secretary, F. C. Vinall, 10a Loder Close, Sheerwater, Woking (Byfleet 46990); Fixtures Sec., J. H. F. Cooke, 43 Common Close, Woking (Woking 2747); Treasurer, K. Speller, 8 Rectory Close, Byfleet.

Race Walking

A CORRECTION: Last week I reported that Maurice Horton was the Organiser of the recent London to Brighton Walk for Civil Service Teams. It has been brought to my notice that he acted as the Adviser to the War Dept. & Ministry of Aviation Recreational Clubs who were the Organisers. The success of this event is likely to lead to it becoming an annual one.

News from New Zealand: The Melbourne Olympic 50 Kms. Gold Medallist, Norman Read, has just sold his grocery business in Auckland and has joined the staff of a well known cigarette firm as a traveller. This firm also has on their staff other top sportsmen in Peter Snell, Arthur Lydiard and Don Clark (now touring in this country with the All Blacks Rugby Team). Norman's idea is to get fit and represent New Zealand at the Tokyo Olympics 50 Kms. and possibly in the 20 Kms, too. Norman Read competed in this country as a member of Steyning A.C. before making his home in New Zealand and was the R.W.A. National Junior Champion in 1951.

Young Athletes' Course: The Annual Southern Counties Young Athletes' Course at the end of the year at Motspur Park will, for the first time, include Walkers. The Southern Area R.W.A. are offering up to six Scholarships and have invited nominations from Southern Clubs.

Belgrave Open "7": Paul Nihill (Surrey WC) dominated the 44th annual Belgrave Open "7", when he recorded his second successive win. His winning time of 51m. 08s. has only been beaten by Ken Matthews. International John Edgington (Coventry Godiva) was always in second place but was unable to keep with Nihill. There was a most interesting battle for third place between Internationals Eric Hall, Ray Middleton (both Belgrave), Bob Clark (Poly) and Australian Peter McCullagh (Met WC). The latter, who is an Australian Olympic Possible for Tokyo, proved the stronger over the last two miles on this occasion and drew away to finish a minute ahead of Clark and Middleton, who were both given the same time. Belgrave Harriers, with some good team packing by Middleton, Hall and John Knifton, and supported by Dave King, took the scratch Team race from Surrey W.C. and Poly Harriers. The Individual Handicap winner was A. J. Jones (Brighton), off 10m. 30s., and Surrey Walking Club took the Team Handicap—it is interesting to record that their team included the THREE Fullager brothers.

Trowbridge 6M. Inter-Club, Chippenham. 1, D. Levy (Trow) 47.44; 2, N. Munro (Trow) 48.26; 3, N. Thompson (Met) 49.05; 4, B.

by L. W. Woodcock

Swallow (Trow) 49.53; 5, N. Deek (Met) 50.18; 6, J. Woodsford (Trow) 51.03. Teams: 1, Trowbridge 7 pts.; 2, Metro WC 15; 3, Trowbridge "B" 33; 4, Newport 49.

RWA Midland Area 2nd Winter League 6M., Salford Pk. 1, J. Edgington (Cov) 44.40; 2, K. Harding (R. Sutton) 45.11; 3, G. Chaplin (Cov) 46.47; 4, P. Stapleford (Leics) 47.12; 5, P. Markham (Leics) 47.48; 6, M. Blyth (Leics) 47.54. Teams: 1, Cov. Godiva 21; 2, Leicester 24; 3, R. Sutton Coldfield 48. H'cp: 1, K. Westley (Smethwick) of 16.00; 2, R. Muston (Leics) 9.30; 3, A. Gilmour (Loz) 12.00. **Junior 3M.** 1, G. Toone (Leics) 23.26; 2, B. Norton (Leics) 24.30; 3, R. Hughes (Smethwick) 25.09; 4, P. Lockley (Birm) 25.19; 5, J. Burdett (Birm) 25.19; 6, R. Care (Smeth) 26.04. Teams: Leicester 13; 2, Birmingham 16; 3, Smethwick 22. H'cp: 1, J. Norman (Leics) off 6.00; 2, S. Randall (Leics) 4.00; 3, R. Holding (Birm) 3.40.

November 23rd

Belgrave H. Open 7M., Wimbledon. 1, P. Nihill (Surrey WC) 51.08; 2, J. Edgington (Cov) 52.38; 3, P. McCullagh (Met) 53.48; 4, R. Clark (Poly) 54.33; 5, R. Middleton (Belg) 54.33; 6, E. Hall (Bel) 54.40; 7, J. Knifton (Bel) 54.47; 8, M. Fullager (Sy. WC) 54.49; 9, P. Selby (Sy. WC) 55.13; 10, D. Levy (Trow) 55.20; 11, A. Thomson (Met) 55.33; 12, C. Young (Ex. B) 55.39; 13, K. Eastlea (Enfield) 55.44; 14, A. Macfarlane (Poly) 55.47; 15, D. King (Bel) 56.07; 16, S. Percy (Camb. H) 56.11; 17, D. Wallace (Camb. H) 56.22; 18, F. Butler (Poly) 56.31; 19, D. Vale (Sy. WC) 56.32; 20, D. Read (Steyning) 56.34. 174 started, 11 disq., 162 finished. Teams: 1, Belgrave 23; 2, Surrey WC 29; 3, Poly 47. Ind.H'cp: 1, A. Jones (Brighton) off 10.30; 2, B. Pickett (Trow) 11.30; 3, B. Maddick (Millfield) 11.30. H'cp Team: 1, Surrey WC "A" 201m.45s.; 2, Belgrave "A" 201.56; 3, Poly 202.38.

SELWYN TROPHIES FOR SCHOOLS

At Epsom (2nd. Leg) Nov. 9th.

U/17: 1, Selhurst 70; 2, Tulse Hill 149; 3, Allyn's 177. U/15: 1, Sheerwater 96; 2, Tulse Hill 108; 3, Selhurst 133. U/13: 1, Sheerwater 28; 2, Tiffin 178; 3, Surbiton 196.

Somerset County A.A.A. elected the following: Chairman, N. L. Barry-Tait; Secretary, D. M. M. Shorrocks, The White House, 222 Staplegrove Road, Taunton; Treasurer, A. E. Henley; WAAA Sec., Miss M. Passmore, The Secondary School, Alcombe Rd., Minehead; C.C. Sec., B. P. Durman, 40 Maple Gdns., Bath; Track Champs Sec., M. M. Kemp, 9 Galmington Lane, Taunton. C. C. Champs. were fixed for Jan. 4(S), Feb. 15 (J.Y.B.).

NORWICH OLYMPIADES' WINTER MEETING, Lakenham,

Seniors

November 16th

(Eastern Counties 6M. Championship) 1. T. Smith (Ipswich) 30:03.0; 2. A. Butcher (Ips) 31:03.0; 3. P. Chillingworth (Colchester) 31:04.0; 4. A. Phillips (N. & N.) 31:09.0; 3. E. Butcher (Col) 31:12.0; 6. J. Daniels (Lowestoft) 31:24.0. **LJ:** 1, M. Varney (Gt. Yarm) 21'5". **TJ:** M. Varney 43'3½". **S.P:** 1, A. Elvin (N. & N.) 45'0½"; 2, C. Ellerbroek (N. & N.) 43'7¼". **DT:** 1, A. Elvin 129'8"; 2, H. Payne (Birchfield) 129'4". **HT:** 1, H. Payne 203'0½"; 2, D. Brands (R.A.F.) 154'8". **Scots Hammer:** (16lb) 1, H. Payne 108'5"; 2, D. Brands 102'4".

Juniors

3M. (U/19) 1, M. Tagg (Gt. Yarm) 14:36.6; 2, B. Dunnett (Ips) 15:35.4; 3, S. Jones (Camb. & C.) 16:21.4; 4, L. Aldridge (Norwich Sch) 16:54; 5, J. Dickerson (Paston Sch.) 17:21; 6,

M. Owen (Gt. Yar) 17:35. **LJ:** G. Long (Norwich Olym) 21'5". **TJ:** G. Long 41'11". **DT:** A. Cousens (Nor. O.) 130'1". **SP:** G. Willett (Cam. & C) 47'6¼". **HT:** A. Cousens 150'2".

Youths.

SP: G. Willett (C&C) 50'11¼". **HT:** J. Sivak (Ips) 143'9¼".

Women.

LJ: H. Poolesney (Nor. O) 16'5". **SP:** R. Payne (Birchfield) 39'0¼". **DT:** R. Payne 141'3"; 2, S. Pearce (Nor. O) 96'2".

Juniors.

LJ: E. Hubbard (Nor. O) 15'3". **SP:** C. Fisher (N&N) 35'9¼". **DT:** A. Hooks (N&N) 100'8½".

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Similar shoe in black chrome, white trim, 11mm. hard wearing sole 55/-

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Bri-nylon, royal £5/12/6. Gordon Pirie, red, from 72/11. Cortina from 64/9. Criterium from 46/-. Apollo from 32/-. Toni from 27/6.

Millington (not tapered leg) from 39/6.

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White from 6/6, coloured from 7/6. Top quality Litesome vests in club colours 12/6 (minimum 1 dozen). Women's square neck vests from 7/-.

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THE SPORTS CENTRE, 8 MEDWAY ST., CHATHAM, Kent

S. Moore hands over to M. Mills for Borough Road College at the end of the first stage in the Norwich Union Ring Road Relay.



R. A. Coe

MIDLANDS BEAT R.A.F. 83-59 at Cosford

THE first Midland indoor meeting at RAF Cosford for 18 months produced a number of outstanding performances including best U.K. indoor times for the one-mile walk and the improvised version of the 2,000 metres steeplechase.

Ken Matthews, competing indoors for the first time, won the mile walk in 6min. 29.4secs., comparable with anything he has done outdoors, and only 3.4sec. outside the R.W.A. listed record set by Lamer at Brighton in 1904.

Mauricer Herriott improved on his best time, outdoors, for the 2,000 metres 'chase with a time of 5min. 42.1sec. An additional hurdle was included to compensate for the absence of the water jump.

John Whetton's 4min. 12.8sec. mile was a track record, and in events held at Cosford for the first time, John Jackson clocked a fast 8:59.1 two miles and Peter Radford, after a track best 9.9, "100", came up with 32.6sec. for 300 yards.

Peter Beacham, the young Midland junior half-mile champion, missed most of the summer season through illness, but he made a fighting return at Cosford to win the 600 yards in 1min. 14.1sec.

All these performers were members of a Midland team who scored 83 points to beat the RAF (59) in a match held on Nov. 23rd.

100: 1, P. Radford (M) 9.9; 2, D. England (M) 10.4; 3, G. Richards (RAF) 10.7. **300:** 1, Radford 32.6; 2, England 35, 3, I. Dalton (RAF) 35.3. **600:** 1, P. Beacham (M) 1:14.1; 2, F. Martin (RAF) 1:14.3; 3, E. Elgie (RAF) 1:16.4. **1,000y:** 1, A. Dean (M) 2:18.7; 2, N.

Duggan (M) 2:18.8; 3, J. Jones (RAF) 2:27.7. **1M:** 1, J. Whetton (M) 4:12.8; W. Bennett (RAF) 4:18.0; 3, G. Horne (M) 4:19.0. **2M:** 1, J. Jackson (M) 8:59.1; 2, T. Pugh (RAF) 9:13.0; 3, J. Mills (M) 9:23.8. **2,000m. SC:** 1, M. Herriott (M) 5:42.1; 2, D. Davies (guest) 5:45; 3, B. Lee (M) 5:55.4. **Mile Walk:** 1, K. Matthews (M) 6:29.4; 2, D. Rice (RAF) 7:42.4. **60yH:** 1, G. Morris (RAF) 8.5; 2, D. Clarke (RAF) 8.5; 3, J. Montgomery (M) 8.6. **4 x 125:** Mid. 53.7; RAF 55.2. **HJ:** 1, T. Hill (RAF) 5'8"; 2, C. Tranter (M) 5'8"; 3, C. Longe (RAF) 5'5". **PV:** 1, J. Marlow (M) 11'6"; 2, R. Brown (M) 11'6"; 3, B. Saunders (RAF) 11'. **LJ:** 1, D. Cakebread (M) 21'2"; 2, C. Cimey (M) 20'5 1/4"; 3, C. Marshall (RAF) 19'4 1/4". **HSJ:** 1, D. Boosey (RAF) 46'9 1/4"; 2, J. Vernon (M) 44'7"; 3, C. Cimey (M) 43'3". **SP:** 1, P. Fitzpatrick (M) 46'9"; 2, C. Longe (RAF) 45'4 3/4"; 3, L. Walker (RAF) 43'0 1/4". **J.S.**

FELTWELL INDOOR MEETING Continued

P. Y. A. Wilson (Middx) 7.4. (G): S. Beldham (Middx) 7.7. **300(A):** I. D. Gould (Chelm) 39.0, S. Newell (Sale) 39.1. (B): J. L. Lindsay 38.4. (C): M. M. Farnden 40.4. **600:** S. Newell 1:29.5, M. D. Corker (Sheff. Utd) 1:31.0, C. J. Oxtan (Colch) 1:31.3. **60(A):** M. Y. Botley (Rainham) 8.3, T. Appleby 8.4, S. Webb (Cov. G) 8.4 (8.3 ht). (B): P. E. Gaze 8.5. **4x110:** Middx Ladies 52.2. **HJ:** H. Larrington (Spald) 5'1", C. Drewry (Herc) 4'8". **LJ:** P. Y. A. Wilson 17'6 1/4", C. M. Persighetti (Southend) 17'5", G. M. Matthews (Ruis-N'd) 16'9 3/4". **SP:** B. R. Bedford (Herc) 40'6 1/4", C. R. Payne (Loz) 37'9 1/2", M. Spode (Stoke) 33'1 1/2".

A. Huxtable

NORWICH OLYMPIAN

Seniors

(Eastern Counties 6M)

T. Smith (Ipswich) 31:03.0; 3, P. Butcher (Colchester) 31:04.0; 4, A. P. Williams (N. Hants) 31:24.0. **TJ:** M. Williams (N. Hants) 48; 3, J. Haywood (Can. HS) 31; 2, J. Howardian (Can. HS) 1, Lady Mary SM 64.

On the same day, John Boulter took part in an inter-club run at Swansea. 1, Jim O'Brien (Pt. Table) 34.12; 2, D. Hughes (PT) 34.12; 3, S. Hocknell (Swan) 36.04; 4, L. Tew (PT) 36.30; 5, D. Robbins (PT) 36.30; 6, B. Evans (St. Davids) 37.00. Teams: 1, Port Talbot 12; 2, Swansea H 43; 3, Bridgend YMCA 44; 4, Lampeter Coll. 56; 5, B. P. Llandarcy 67.

John Boulter, running for Bristol University,

DISCUS WEEK-END, BISHAM ABBEY

Thanks to the Courage Award scheme, 18 discus throwers (including 6 internationals) and 5 coaches were able to spend the weekend of October 25/27 at the C.C.P.R. centre at Bisham Abbey, near Marlow.

Most of the throwing (not to mention impromptu high jump and standing triple jump competitions) took place at the new track at Bracknell, and thanks are due to the groundsmen there who did all he could to accommodate us at very short notice. All athletes were filmed while throwing by John Le Masurier, and will shortly each receive shots of themselves in action together with written coaching comments.

During the weekend we saw loops of the great American throwers and other films which included one of Glen Passey (175 lbs.—190 ft.!) sent over by Discus Circle member Ralph Maughan (Coach at Utah State University).

Much of the value of this get-together stemmed from the opportunity for up-and-coming throwers—and for the coaches too—to sit at the feet of someone as experienced as Mike Lindsay and hear his opinions and answers to questions on weight training, preparation for the coming Olympic season, acclimatization after a flight to the other side of the world, etc. All present enjoyed the weekend immensely. To throwers such as Bill Tancred and Heather Horsburgh who have moved suddenly into the limelight this year, and to internationals Maur-

beat John Godding of Aberystwyth very narrowly in an inter-college match at Llanrunney on Nov. 9th. Apparently Godding was stuck to some barbed wire not far from home and lost ground. 66 took part. 1, J. Boulter (Bristol Un.) 34.26; 2, J. Godding (Aberyst. Un.) 34.27; 3, C. Looseley (Aber) 34.50; 4, D. Collins (Aber) 34.54; 5, M. Waldron (Bris) 35.30; 6, A. Hodges (Aber) 35.36. Teams: 1, Aberystwyth Un. 45; 2, Bristol Un. 46; 3, Swansea 122; 4, Cardiff 128; 5, Bristol "B" 141; 6, Cardiff TC 222.

TROEDYRHIW OPEN ROAD RACES

October 28th.

100: 1, D. Marshall (TBC); 2, D. Devereaux (TBC); 10.9. Jnr. Mile (U/15): 1, R. Charleston (TBC); 2, K. Edwards (TBC); 6.02. 3, Miles: 1, T. Edmunds (Gilwern) 14.26; 2, L. Bevan (Newport) 14.45; 3 eq, A. Aylett (Gil) and G. Matthuidis (New) 14.55; 5, E. Davies (New); 6, L. Hughes (Bridgend). Teams: 1, Newport 10½pts.; 2, Gilwern 19½; 3, Pontypool 43; 4, Bridgend 50; 5, 1 JLB82; 6, Quakers Yd. GS 89.

Roath H. 5M. Cross-Country, Nov. 9.

1, B. Griffiths 32.43; 2, J. Kirby 33.08; 3, B. Lee 33.57; 4, Walsh 34.05; 5, D. Mends 34.57; 6, T. Lane 34.58. Novice: Kirby. H'cp: Kirby.

een Arnold and Arthur Mackenzie who live out in the backwoods athletically speaking, the opportunity to attend must have been particularly welcome.

Our discus throwers have had a fairly encouraging season where the international matches were concerned. Roy Hollingsworth threw over 180 ft. regularly and split the Americans; against the Russians both our men were in front with but one (fatal) round to go and our ladies produced 145 ft. despite the absence of Mrs. Allday. But they realise fully the gap that separates them from the world's best and are determined to close it. This course will surely help them achieve this aim.

B.E.W.

100 MILE RELAY

Welwyn A.C. organised a 100 miles relay trial run recently over an accurately measured course around Welwyn Garden City, ten men to form the team (no reserves), each running ten legs of one mile. It is proposed to organise a race on March 8th, 1964. Would anyone interested please write to P. A. MacKenzie Dyer, 66 Hazelmere Road, St. Albans Herts.

Feltham A.C. elected the following:—President, E. J. Pauling, J.P.; Chairman, P. H. Hitchcox; Secretary, C. H. J. Bennett, 162 Clare Road, Stanwell, Staines, Mx.; Treasurer, D. C. J. Bennett; Fixture Sec. (Track) J. A. Hare, (C.C.) C. Kinghorn; Capt., M. Hamlin.

Welsh Notes

By Bernard Baldwin

OVER 300 boys ran in the Cardiff Schools' Cross-Country Championships at Llanrumney Cardiff, on Nov. 9th. The first ten in each race will represent Cardiff against the rest of Glamorgan in a match next January. (**Seniors.**) 1, N. Anderson (Whit. GS); 2, D. Williams (Caerp. GS); 3, H. Davies (CGS). Teams: 1, Caerphilly GS 17; 2, Howardian HS 48; 3, Cardiff HS 63. (**Middle**) 1, D. Gurney (Can. HS); 2, R. Evans (Llan. SM); 3, D. Hayward (Lady M). Teams: 1, Llanrumney SM 31; 2, Cybtwell SM 40; 3, Cardiff HS 80. (**Junior**) 1, R. Fowles (Lady M); 2, B. Taylor (Can. HS); 3, A. Hooke (Howard). Teams: 1, Howardian HS 22; 2, Cyntwell SM 50; 3, Lady Mary SM 64.

On the same day five teams took part in an inter-club run at Penlan, Swansea. 1, Jim O'Brien (Pt. Table) 33.47; 2, D. Hughes (PT) 34.12; 3, S. Hocknell (Swan) 36.04; 4, L. Tew (PT) 36.30; 5, D. Robbins (PT) 36.30; 6, B. Evans (St. Davids) 37.00. Teams: 1, Port Talbot 12; 2, Swansea H 43; 3, Bridgend YMCA 44; 4, Lampeter Coll. 56; 5, B. P. Llandarcy 67.

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Scottish News

by W. DIVERTY

GLASGOW UNIVERSITY'S DOUBLE

At Garscadden November 9th.

Glasgow's first team won the Inter-Varsity match with 6 in the first 8 home. Mel Edwards (Aberdeen) ran a grand race to beat Scottish Universities champion, Calum Laing. (Glasgow) by 150 yards. Peter Knott of Portsmouth A.C., running as a guest, did well to finish 10th.

In the other race Glasgow's second team were clear winners, with Royal College just beating Maryhill by one point for second place. Aberdeen had the individual winner here too, D. G. Reid winning by 25 yards from Glasgow's R. C. Shepherd.

1, M. Edwards (A) 37.12; 2, C. Laing (G) 37.59; 3, A. Faulds (G) 38.48; 4, W. Ewing (A) 39.21; 5, R. G. Hartley (G) 39.27; 6, J. Bogan (G) 39.39; 7, T. Kerwin (G) 39.39; 8, R. Hodelet (G) 39.50; 9, R. Jenner (A) 40.09; 10, D. Sagar (St. A); 11, D. Clarke (A); 12, G. Howard (A). **Teams:** 1, Glasgow (2,3,5,6,7,8) 31 pts.; 2, Aberdeen (1,4,9,11,12,15) 52; 3, St. Andrews (10,14,18,19,20,21) 102.

Second Team Race: 1, D. G. Reid (A) 41.08; 2, R. Shepherd (G) 41.13; 3, A. Morrison (M) 41.25; 4, Maycock (A) 41.31; 5, R. D. Baillie (G) 42.02; 6, N. Rogers (G) 42.07; 7, A. Johnston (RCST); 8, D. McDougall (G); 9, D. Yuille (M); 10, K. Kjemhus (RCST); 11, A. Kennedy (G); 12, W. Rutherford (G). **Teams:** 1, Glasgow (2,5,6,8,11,12) 44 pts.; 2, R. College of S. & T. (7,10,13,15,16,19) 80; 3, Maryhill H. (3,9,14,17,18,20) 81; 4, Aberdeen Un. 116; 5, R. C. of S. & T. "B" 162.

AYRSHIRE 12 MILE RELAY Nov. 9th.

Ayr Seaforth retained the Ayrshire 12 Miles Relay Championships, beating Beith H. by 200yds. 1, Ayr Seaforth (A. Strang 17.02, W. Strickland 16.15, J. Wilson 15.55, J. C. Davidson 15.34) 64.46; 2, Beith H. (J. Millar 16.04, W. Parker 17.07, J. Sless 16.31, T. Cochrane 15.05) 65.26; 3, Kilmarnock H. (H. Rankin 15.53, J. Young 17.01, J. McPhee 17.07, J. Hamilton 18.24) 67.25. **Fastest Laps:** T. Cochrane (Beith) 15.05, J. C. Davidson (Ayr) 15.34, H. Rankin (Kil) 15.53.

Boys 1½ M. 1, T. Findlay (Beith) 11.50; 2, D. Andrews (Ayr) 12.37; 3, J. Thew (Ayr) 12.37.

LEWISVALE SPARTANS OPEN RACES

November 9th.

Youths (3x1½ M. Relay). 1, Teviotdale H. (R. Nicol 9.24, D. Hendry 9.09, J. Raeburn 9.06) 27.39; 2, Springburn H. 27.42; 3, Edinburgh A.C. 28.10. **Fastest Laps:** E. Knox (Spr) 8.52, D. Middleton (Spr) 8.55, J. Raeburn (Tev) 9.06. Knox's time beat Hugh Barrow's record by 1 sec.

Senior Boys' (3x1½ M. Relay). 1, Edinburgh

A.C. (G. Hay 6.14, E. Somerville 6.25, W. G. Kerr 6.04) 18.43; 2, Edinburgh S.H. 18.56; 3, Springburn H. 19.21. **Fastest Laps:** W. G. Kerr (Ed) 6.06, J. Worrell (ES) 6.11, G. Hay (Ed) 6.14.

Junior Boys' 1½ M. 1, N. Soutar (Springburn) 6.59; 2, D. Gibson (Edin) 7.00; 3, D. Varndell (St. David's Sch.) 7.03.

(Women) Senior: 1, G. Buchanan (Western) 11.00; 2, I. Inwood (M'hill) 11.12; 3, D. Greig (Tanahill) 11.14. **Inter:** 1, E. Renwick (Fauld) 8.32; 2, A. Hamilton (Western) 8.34; 3, L. Dovey (Western) 8.45. **Junior:** 1, E. Brown (Fauld) 7.47; 2, L. Carruthers (M'hill) 7.49; 3, E. Paton (Teviot) 8.01.

Oxford Win

OXFORD well beat Cambridge in the annual freshmen's match at Iffley Road on November 12th but victory was marred somewhat by the injury to double sprint winner Archer who was struck by a flying discus.

100: 1, J. Archer (O) 10.0; 2, J. Scarr (C) 10.1; 3, M. Powell (O) 10.5. **220:** 1, Archer 23.7; 2, R. Jolliffe (C) 23.7; 3, E. Bobb (C) 24.0. **440:** 1, K. Willing (O) 51.2; 2, D. Wiseman (C) 51.6; 3, D. McCloskey (O) 52.0. **880:** 1, R. Dollimore (C) 1:57.3; 2, A. Lloyd (O) 1:59.8; 3, P. Mills (O) 2:02.7. **1M:** 1, B. Stacey (O) 4:30.6; 2, A. Ashton (C) 4:31.6; 3, M. Sudlow (O) 4:37.3. **2M:** 1, Stacey 9:38.3; 2, K. Mitchell (C) 9:39.0; 3, J. Roberts (C) 9:50.1. **120H:** 1, B. Rotich (O) 15.4; 2, J. Onimo (C) 15.8; 3, R. Allen (O) 16.1. **220H:** (straight) 1, Rotich 24.8; 2, Allen 25.4; 3, Onimo 28.7. **HJ:** 1, M. Saravanamuthu (O) 5'6"; 2, J. Fitzpatrick-Nash (C) 5'6"; 3, J. Daniell (O) 5'4". **PV:** 1, N. Newton (C) 11'6"; 2, J. Moore (C) 11'0"; 3, A. Sinclair (O) 10'0". **LJ:** 1, Bobb 21'9½"; 2, P. Battey (C) 21'1¼"; 3, M. Chapman (O) 21'0¼". **TJ:** 1, H. Fairweather (O) 44'0½"; 2, A. Snaith (O) 41'0½"; 3, Jolliffe 40'11½". **SP:** 1, D. Roscoe (O) 43'7"; 2, S. Young (O) 40'8"; 3, H. Bryce (C) 38'2". **DT:** 1, S. Sanders (O) 153'9" (freshmen's record); 2, Roscoe 139'8"; 3, T. Apherghis (C) 121'9". **JT:** 1, J. Simmons (C) 164'6"; 2, J. Eley (O) 162'0½"; 3, F. Brown (O) 154'8½". **Match Result:** Oxford beat Cambridge 82-53.

Ruislip-Northwood A.C. elected the following: President, V. C. Sealy; Chairman, G. Hines; Secretary, Mrs. A. Watson, 127 Mount Park Road, Eastcote, Mx.; Treasurer, C. W. J. Young, 87 Eastcote Road, Ruislip, Mx.; Capt., I. Binks; Ladies' Capt., Jennifer Thomson; C.C. Capt., R. Cressy, (J. & Y.) P. Higgins; Ladies' C.C. Capt., Anne Geatches; Fixtures Secs. (Summer) W. H. Skinner, 30 Wingfield Way, S. Ruislip; (Winter) G. Hines, 2 Whitby Road, Ruislip; Chief Coach, V. C. Sealy.

Other Results

October 19th

Belgrave H. beat Westminster Bank 72-160.
1, Fairclough (B) 32.23; 2, Thomas (B) 32.53;
3, Nott (WB) 33.07; 4, Cocks (B) 33.23; 5,
Hampshire (B) 33.42; 6, Sadler (B) 33.49.

October 26th

Shaftesbury beat Southgate 48-90. 1, D. Hoxley 27.01; 2, A. Sunderland 27.11; 3, D. Howe 27.20; 4, W. Steven 27.24; 5, P. Richardson 27.29 (All Shaftesbury) 6, A. Gaskin (S'gate) 27.32.

October 30th

London Telecommunications C.C. Champs.
1, W. Kerr 23.05; 2, A. Patten 23.20; 3, P. Ray 25.35; 4, J. Vickers 26.52; 5, J. Pettitt 27.10; 6, R. Eve 27.33.

November 2nd

Orange Hill GS 11pts beat Eton Manor 17, Haberdashers' Aske's Sch. 47, Finchley GS 55. (Youths). 1, M. Absalom (EM) 16.29; 2, M. Cooke (OH) 17.12; 3, D. Whithill (Shaftes) 17.56; 4, D. Appl (OH) 17.57; 5, R. Blackburn (OH) 18.07; 6, G. Fife (Christ's) 18.09. **(Boys) Orange Hill 22 pts beat Shaftesbury 23; Eton Manor 46, Finchley GS 52.** 1, J. Roberts (OH) 12.29; 2, R. Abrehart (S) 12.44; 3, R. de Sylva (S) 12.45; 4, F. Roberts (OH) 13.04; 5, A. Peck (EM) 13.26; 6, R. Lake (OH) 13.30.

Luton Utd. 11pts beat RAF College, Cranwell 45, Cambridge & Coleridge 60, Spalding & Dist. 82, Lincoln T.C. 102. 1, B. Crummie (LU); 2, D. Hyde (LU); 3, G. White (LU); 4, A. Robertshaw (Sale); 5, P. Coleman (LU); 6, R. Brewitt (S). **(Youths) Sale H. 20pts beat Spalding 32; Luton 40, Lincoln 85.** 1, P. Romaine (Sp); 2, M. Goodson (Sp); 3, P. Abell (Sa); 4, P. Glazier (Sa); 5, A. Cox (LU); 6, T. Faisley (Sa). **Boys Lincoln 23pts beat Spalding**

NORTHERN ATHLETES PLEASE NOTE

Inaugural

4½ Miles Road Race

AT KESWICK

A "Round the Houses" Road Race under A.A.A. Laws, organised by a local Committee with the assistance of West Cumberland A.C.

Tuesday, December 31st., at 11 p.m.

AWARDS—The John Peel Cup, given by Workington Brewery Ltd., for the first individual to finish. The Cumberland News Cup for the first team to finish (6 to run, 3 to score).

Entries, on A.A.A. forms, and enquiries Entry fee: Teams 5/-; Individuals 1/6. to J. D. Oliver, 8 The Crescent, Keswick, Cumberland (Phone: Keswick 613).

Entries close 17th December

30, Luton 41. 1, Simmonds (LU); 2, Exton (S); 3, Kennedy (LTC) 41.

November 6th

Nottingham Univ. 31pts beat Leicester Univ. 81; Sheffield Univ. 95. II Team Match. Notts 99pts beat Leics 180, Sheff 205. 1, eq. Wilson, Osborne (N) 30.00 (Univ rec); 3, Angus (S) 30.57; 4, Richardson (N) 30.59; 5, Blackmore (S) 31.03; 6, Billington (L) 31.08.

New Coll. 57pts beat St. Edmund Hall 62, Christ Church 103. 1, K. Johnson (Trinity) 30.33; 2, M. Statham (St.E) 31.00; 3, G. Tunnell (Brasenose) 31.04.

November 9th

Polytechnic beat Ilford 58-78 scoring 8 a side, scoring 14 a side Poly beat Ilford 189-217. 1, Hogan (P) 23.58 (course rec); 2, Perkins (I) 25.13; 3, Matthews (P) 25.21; 4, Reeki (P) 25.25; 5, O'Gorman (P) 25.31; 6, Powell (I) 25.34.

Leicester Univ. beat Univ. Coll. London 27-55. 1, Kingman (L) 29.45 (Univ. & course rec); 2, Austin (UC) 30.26; 3, Billington (L) 30.30; 4, Tester (L) 31.20; 5, Niass (L) 31.53; 6, Alcock (L) 31.58.

Tipton 31pts. beat Halesowen 97½; Tipton 'B' 105½; Birmingham Univ. 106. 1, D. Davies (BU) 29.04 (rec); 2, D. Fownes (T) 29.37; 3, J. Wright (T) 29.38; 4, B. Smith (H) 30.12; 5, A. Davies (T) 30.13; 6, G. Wood (T) 30.18.

Cambridge Univ. 31 pts beat Cambridge Univ. 'B' 77; St. Albans 95. 1, R. Walsh (C) 34.39; 2, D. Ross (C) 35.02; 3, K. Mitchell (C) 35.32.

Bromsgrove & Redditch 37 pts beat Birchfield H. 41, Bromsgrove 'B' 97, Birchfield 'B' 127. 1, B. Browning (B&R) 27.17; 2, E. Nicholls (B&R) 27.35; 3, K. Lane (B) 27.36; 4, P. Morris (B) 27.55; 5, K. Deathridge (B&R) 28.32; 6, D. Brearley (B&R) 29.00.

Bromsgrove & Redditch Schools League. Colmers Farm 38pts beat Studley High 48, Walkwood 83, Ridgeway 100, Alcester G.S. 102, Waseley Hill 106. 1, K. Forster (A) 15.41; 2, G. Blunt (WH) 15.46; 3, J. Bradley (CF) 16.02; 4, R. Turner (S) 16.12; 5, P. Crisp (WH) 16.15; 6, M. Harvey (CF) 16.26.

November 12th

Leeds Univ. beat Sheffield Univ. 37-52. 1, eq. D. Quinlan, R. Moore (L) 29.41; 3, eq. Angus, Blackmore (S) 29.50; 5, G. Claff (L); 6, Sutton (S); 7, M. Wrenn (L); 8, M. McGuire (L).

NOVEMBER 16th

Birchfield H. Members League Race. 1, D. Davies 31.52; 2, K. Lane 32.43; 3, R. Gibbs 33.07; 4, W. Feast 34.50.

Roath H. beat Barry H. 33-56. 1, B. Griffiths (R) 27.15; 2, J. Kirby (R) 28.10; 3, P. Morgan (B) 28.33; 4, A. Cook (B) 28.43; 5, B. Lee (R) 28.44; 6, J. Walsh (B) 28.51.

Surrey A.C. Champs. 1, J. Snowden 26.31; 2, B. Collins 26.35; 3, A. Sawyer 27.41. (H'cp) 1, C. Rumsey (4.00) 25.31; 2, M. Parsons (4.35)

BATTY THIRD IN BELGIUM

HENRI CLERCKX (Belgium) was the winner of the first major international cross-country race of the season, a 9,000m event in Brussels on November 24th. The Belgian broke away shortly after the halfway mark and he held on to win by 25y from Buddy Edelen. Mel Batty led the E.C.C.U. contingent in 3rd place.

1, Clerckx (Bel) 32.59; 2, Edelen (USA) 33.03; 3, Batty (Eng) 33.14; 4, Texereau (Fr) 33.34; 5, Leenaert (Bel) 33.35; 6, Vandewattynne (Bel) 33.42; 7, D. Keily (Eng) 33.47; 8, Bernard (Fr) 33.50; 9, Martinage (Fr) 33.56; 10, Allonius (Bel); 11, Farrington (Eng) 34.09 . . . 18, Strong 34.49 . . . 27, Eldon (Eng).

In another race at the same venue, Windsor & Eton A.C. won the team award. Placings: 4, Yates; 19, Graham; 27, Eldon; 54, D. Big-

SELWYN ROAD RELAY

At Cambridge, November 19th.

1, Trinity Coll., Cambridge (A. F. Heath 11.58, S. J. Larkin 12.13, D. J. Ross 12.09, T. F. K. Johnston 11.55) 48.15.

2, Queens College, Cambridge 48.49.

3, Clare College, Cambridge 49.42.

Fastest Laps: D. M. Turner (Queens) 11.22, A. I. Heron (Sidney Sussex) 11.31, R. Walsh (Christ's) 11.45, T. F. K. Johnston (Trin) 11.55, A. F. Heath (Trin) 11.58, K. W. Johnson (Trinity, Oxford) 12.00.

WOLVERHAMPTON G.S. INVITATION RELAY

TEAMS from as far apart as Bolton and Amersham were among the 36 who took part in this now established annual fixture. At the end of lap 1 Peck (KES, Five Ways) led in 15.05 from Maybury (G. Dixon) 15.09 and Gulson (Dr. Challoner's) 15.10. On the second lap George Dixon's took a lead they never relinquished and were followed by King Henry VIII, Coventry. Fastest times: Davies (KES, Stafford) 15.00, Simmonds (KES, Lichfield) 15.17, Warn (RAF Cosford) 15.17.

On lap 3 G. Dixon's held a lead of more than half a minute, King Henry VIII still in second place and third place shared by Moseley G.S. and Dr. Challoner's. Fastest times: Stagg (Dr. C) 15.04, Petteley (KES Stafford) and Collins (G. Dixon's) 15.08.

A fine run by Ken Rasmussen saw G. Dixon's safely home, but in an amazing run which knocked 26 sec. off the lap record, Sturman pulled Bablake up to second place. Fastest times: Sturman (Bablake) 14.05 (rec), Rasmussen (G. Dixon's) 14.56, Melvern (Dr. C) 15.08.

1, George Dixon's G.S. 60.56; 2, Bablake 61.13; 3, King Henry VIII, Coventry 61.47; 4, Dr. Challoner's G.S., Amersham 61.55; 5, Moseley G.S. 62.45; 6, Wulfrun Coll 62.55; 7, Newcastle H.S. 63.02; 8, Denstone Coll. 63.23; 9, KES Stafford 63.29; 10, KES, Stourbridge

63.33; 11, Central G.S., Birm. 63.48; 12, KES, Lichfield 64.08; 13, Wolverhampton G.S. 64.09; 14, KES, Five Ways 64.28; 15, Bishop Vesey's G.S. 64.40.

JUNIOR DECATHLON COURSE

Nine athletes attended the Junior Decathlon Course at Welwyn on Nov. 16-17th. The accent was on training for this demanding event but despite atrocious weather conditions some excellent performances were achieved, particularly by J. Francis from Middlesex who at the end of the second day, in pouring rain and on a flooded track, succeeded in knocking 8 sec. off his time for the 1500m. with 4m. 28s. D. McBeth (Bucks) came out with the top marks in an 8 event competition, but was really too old for a junior contest, which was won by J. R. Smith (Beds). Their performances: McBeth 100m. 11.7, 400m. 54.8, 1500m. 4.51, HJ 5'9", LJ 21'6", SP 26'7", DT 80'6", JT 72'6", total 3542 pts. Smith 11.8, 56.4, 5.02, 5'2", 19'6", 31'3", 109'9", 107'4", total 3469 pts.

TEAM FOR LYON

J. Hammond (Coventry Godiva), Ron Hill (Bolton) and Gerry North (Belgrave) have been selected to represent the E.C.C.U. at Lyon on December 8th.

OTHER RESULTS continued

25.59; 3, P. Carr-10ck (1.35) 26.15. (**Juniors**) 1, P. Maile 30.32; 2, J. Joyce 31.51; 3, M. Deacon 31.55. (**Youths**) 1, D. Piercy 15.57; 2, R. Taylor 17.56. (**Boys**) 1, E. Staines 16.58; 2, D. Finch 18.37; 3, A. Gilbey 18.41. (**Snr/Jnr Match. Surrey 32pts beat Croydon 91; Guildford 97; Lensbury 159; (Youths) Croydon 21pts beat Surrey 43; Southfield Sch. 58. (Boys) Southfield Sch beat Surrey 35-43.**)

Crown and Manor Y.C. 6 pts beat Shaftesbury 15; William Collins Sch 33 (15-17). 1, A. Alderson (CM) 17.19; 2, A. James (CM) 17.49; 3, R. Taylor (CM) 17.57; 4, F. McGough (S) 18.12; 5, J. Parker (S) 18.55; 6, N. Hawkins (S) 19.36. (**U/15 Crown and Manor beat W. Collins Sch. 10-32.** 1, R. Smith (CM) 12.24; 2, D. Jones (CM) 13.11; 3, P. Cummins (CM) 13.23; 4, T. Jackson (CM) 13.40; 5, L. Allen (CM) 14.36; 6, D. Askidowicz (WC) 14.42.

Cambridge H. C.C. Champs. 1, F. Maillardet 31.02; 2, K. Harland 31.30; 3, G. Taylor 32.13; 4, B. Boulton 32.33; 5, D. Dellar 32.40; 6, P. Millard 33.26. (**H'cp**) G. Cranmore (15.00) 29.24; K. Harland (0.40) 30.50; K. Clowry (5.30) 31.00.

Ranelagh H. beat Orion H. 776-1067 (Mob Match). 1, W. Bird (R) 41.15; 2, I. McIntosh (R) 41.32; 3, C. Wade (R) 41.42. In conjunction **Ranelagh H. Champs. for "Frank Wynne" Cup:** W. Bird. H'cp. D. Hunt.

Advertise **YOUR** event and increase your entries

CANTERBURY ATHLETIC CLUB 2nd Annual Open **CROSS-COUNTRY RACES** DECEMBER 14th, 1963

Wemyss Barracks, Military Road,
Canterbury

YOUTHS—Approx. 3 Miles. Start 3 p.m.
SENIORS AND JUNIORS—Approx. 5
Miles (2 laps of circuit). Start
3.20 p.m.

INDIVIDUAL AND TEAM AWARDS
Teams (6 run, 4 score)
to be declared on day.

ENTRIES (2/- each competitor, on A.A.A.
forms) to H. Malloy, 63c, Tenterden
Drive, Canterbury, not later than
December 7th, 1963.

The first 50 in the

NOS GALAN 4 MILES

at Midnight on New Year's Eve

and the first 12 in the mile at 4 p.m.
on the same day will receive a NOS
GALAN vest, as supplied by Stan
Eldon Sports Ltd.

Individual entries should be sent early
this year, on A.A.A. forms with 2/-
entry fee, to Bernard Baldwin, Picton
Villa, Mountain Ash, Glam. Teams (3
to count) may be assembled on the
day.

Start the New Year Well

by competing in the . . .

MORPETH TO NEWCASTLE OPEN 13½ MILE ROAD RACE

(Under A.A.A. Laws)

Promoted by Newcastle-upon-Tyne
Athletic Clubs (Associated) and
Sponsored by "Newcastle Chronicle and
Journal Ltd."

Wednesday, 1st January, 1964—1.45 p.m.

AWARDS—Trophies valued : £200
Prizes valued over : £60

Scratch Race — Prizes for First Five
7, 4, 3, 2 and 1 Guineas
Sealed Handicap—Prizes for First Five
5, 3, 2, 1 and 1 Guineas
Team Race — Five Sets of Prizes
3, 2, 1, 1 and 1 Guineas each

Other Miscellaneous Awards, Time
Standard Medals, and Certificates for all
who complete the course in 1 hr. 35 min.

Particulars and Entry Forms from A.
Parnley, 21 Ronald Drive, Newcastle-
upon-Tyne 5. Tel: Newcastle 3-8189.

ENTRIES CLOSE WEDNESDAY
18th DECEMBER : 1963

SHREWSBURY AMATEUR ATHLETIC CLUB

5th Annual

ROUND THE HOUSES RACE

Under A.A.A. Laws and sponsored by
Arthur Guinness Son & Co., (Park
Royal) Ltd.

Tuesday, Dec. 31st, 1963,
At 11.30 p.m.

Improved conditions for changing, better
prizes and plenty of fun. Athletes,
wives, girl friends and supporters
made welcome.

Come and race for the exclusive
Guinness Race Tie (1st 12 home are
each awarded one tie).

Entries on A.A.A. Forms and enquiries
to:—

G. R. Davies, 11. Eastway, Flixton,
Urmston, Lancs.

POOLE ATHLETIC CLUB

2nd Annual

ROUND THE HOUSES RACE

(Under A.A.A. Laws)

Boxing Day, Dec. 26th. at 11 a.m.

Prizes for the first three Seniors,
Juniors & Youths. Team prizes for
first Senior, Junior & Youth teams,
also Challenge Shield for first Senior
team.

Entries to D. Long, 22 Oakdale Road,
Poole, Dorset. Entry fees: Individual
2/6; Teams (of 6, 4 to count) 10/-.

Entries close December 19th.



ROAD RUNNERS' CLUB

An Association of
Amateur Road Run-
ners affiliated to the
Amateur Athletic
Association, N.C.A.A.,
M.C.A.A.A., S.C.A.A.A.,
W.A.A.A., Sy.C.A.A.A.
& R.W.A.

Sixth

MARATHON CHAMPIONSHIP

Under A.A.A. Laws

Promoted in conjunction with
Blackheath Harriers

SATURDAY, 25th JULY, 1964

Bourne Way, Hayes, Kent.

Race Hon. Secretary:

L. E. Hammill, I.P.P., Blackheath H. &
R.R.C. 107 Langton Way, London,
S.E.3.

The Belgrave "20" will be held
on 18th July, 1964

Ernest Neville, Hon. Secretary, R.R.C.
Stanton House, Surbiton Hill, Surrey.