

a **thletics** **weekly**

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

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Paul Nihill

★ Hurdling Prospects
—by John Le Masurier

★ Barbara Inkpen answers
the Questionnaire

★ Mary Rand's Book
—by Cliff Temple

★ UK Indoor All-Time List



1/6

The three fastest
female 1500 metre
runners of all-time:
JAROSLAVA
JEHLICKOVA leads
from PAOLA PIGNI &
MARIA GOMMERS.

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TRIUMPHANT RETURN BY DICK TAYLOR

SEEMINGLY none the worse for his misfortune in Athens, Dick Taylor opened his winter season with a crushing victory over Gaston Roelants in an 8,300m cross-country race at Meudon, near Paris, last Sunday. *George Dunn reports:*

The usual creepy start saw our lads beating the Continentals at their own game and the 280-strong field pounded up the sharp rise from the start to the course proper which consisted of four laps of 2000m through the woods. John Caine led for a while during the first lap, followed by Taylor and Roelants, and at the end of the first circuit it was Roelants who led narrowly from Taylor, Caine, Bob Holt, de Hertoghe, Le Flohic, Gerry Stevens and Lurot. The order at the end of the second lap was Holt, Taylor, Caine, Roelants, Stevens, Le Flohic, Van Holsbeek, de Hertoghe and Lurot.

Taylor succeeded in breaking away on an uphill stretch on the third lap and at the completion of that circuit held a lead of some 50 yards over Roelants, closely shadowed by Holt. Caine was a few yards down on Holt, with Stevens maintaining contact. The large crowd of 8,000 gave Taylor a rousing cheer as he emerged from the woods for the last time, ran down the hill and turned into the funnel about 100 yards ahead of the International cross-country champion. Holt finished an isolated third with Caine just pipping Stevens for fourth. Caine had to succumb to the calls of nature during the last lap, and disappeared into the woods—no wonder Stevens was surprised when he came past him! With all four runners in the first five, England easily won the team race.

Result: 1, Taylor (Eng) 26.59; 2, Roelants (Bel) 27.16; 3, R. Holt (Eng) 27.27; 4, Caine (Eng) 27.52; 5, Stevens (Eng) 27.52; 6, Van Holsbeek (Bel) 27.57; 7, Le Flohic (Fra) 28.02; 8, Bossy (Fra) 28.27; 9, Sidler (Swi) 28.29; 10, Lurot (Fra) 28.36; 11, de Hertoghe (Bel) 28.39; 12, Martinage (Fra) 28.40.

Bournemouth AC won the team race in another French cross-country event, at Angers, the same day. Individual winner was French champion Noel Tijou in 22.15 with Roger Matthews 2nd in 22.27, Chris Stewart 3rd in 22.51, Gordon McBride (2nd claim) 7th and Colin Fry 15th. In the women's 2km event, Catherine Michaud beat Colette Besson by 8.6 sec. in 8:08.2.

Yeovil Olympiads will be holding Cross-Country races for under 12's, under 13's, under 14's, under 16's, Youth and Senior Men on December 20th at Yeovil. Further details from J. Flatters, 24 Eliots Drive, Yeovil.

Cover photo by Fionnbar Callanan

STATEMENT FROM THE NORTHERN IRELAND WOMEN'S AAA

Dear Sir,

With reference to your article published in *Athletics Weekly*, November 15th, 1969, under the heading "Trackwise," the Committee of the Northern Ireland Women's AAA have asked me to write as follows:—

The Association feels that your action in going into print without first verifying the facts of the situation with the Association is deserving of the strictest censure.

We would make the following points about your article:—

1. Mary Peters has not been in contact with the NIWAAA since 1968.
2. She has not belonged to a club in Northern Ireland since 1962, and therefore has not been eligible to compete in our series of Inter-Club meetings. This year this comprised nine meetings, which extended from April until August, and was the basis of our competitive season.
3. Mary Peters did not at any time apply to compete in any competition run by the Association this year; it seems strange that the Association should be criticised for not granting her permission to compete.
4. The new 3/6d. fee method mentioned in the article is we presume our scheme of registration, which was introduced in 1964, and under which all athletes who compete in meetings run by the Association must be registered as members of their club and pay a 3/- registration fee. Mary Peters has paid this fee in previous seasons up to and including 1967.
5. Mary Peters has competed in the following meetings here since 1966:—

Season 1966/67 (March)	2
1967/68	1
1968/69	0

To conclude our letter we would point out that the main responsibility of our Association is to the clubs who comprise it and to their member athletes. We are surprised at Miss Dowey's knowledge of the so-called "situation," seeing that she is not a registered athlete and has no known contact with Northern Ireland athletics.

We would hope, indeed request, that an apology be printed in your next magazine, as we feel that your article was highly disparaging if not defamatory of our Association.

Pauline P. Holbrook,
Hon. Secretary, NIWAAA.

As Mary Peters and her coach "Buster" McShane stand by the remarks made in the "Trackwise" feature referred to, I am hardly in a position to apologise, though I am happy to print the views of the Northern Ireland WAAA on this matter. A reply from Miss Peters and Mr. McShane will appear in next week's issue—Ed.

ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

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THE WEEK AHEAD

Saturday, November 22nd: Midland Counties AAA Indoor Meeting at Cosford; Medway AC Women's Road Relays at Gillingham, which has 28 Senior teams from 26 clubs, 34 Intermediate teams, and 54 Junior teams entered (start 2.15); Medway AC Schools Races at Rochester; Epsom '10'; GLC Cross-Country Championships at Parliament Hill; Valley League at Brecon; Manchester League at Heaton Park; Chiltern League at Oxford (Div. 1) and Hayes (Div. 2); OUAC v Reading and Bristol at Oxford; Crawley Boys Road Relay and Colts Race; Ranelagh v RAF v CUAC at Halton; Boys Road Race at Tiverton; Scally Memorial Road Relay at Ballieston; North Midlands league at Lincoln; North Staffs league at Keele Univ.; Northumberland and Durham league at Gateshead; Westward league at Wembury.

Sunday, November 23rd: Avalon League at Yeovil; ECCU, Bournemouth, Stoke and Portsmouth teams at Pontivy (France).

Monday, November 24th: USA Collegiate (NCAA) Cross-Country Championships at New York.

MIKE SULLY MEMORIAL RACES

The "Mike Sully" Memorial Cross-Country races, promoted by Bristol AC and due to be held on November 29th, will now be held at Bristol Aero Playing Fields, Southmead Road, Filton (first event, Boys' race 2.15) instead of Ashton Court as advertised. Any further details can be obtained from Mr. S. A. Upsher, 18 Dormer Road, Eastville, Bristol.

Countess Howe Trophy**At Tonbridge, November 15th****Pauline Moul's Convincing Victory**

PAULINE MOULT, 20-year-old Verlea AC runner from Welwyn Garden City, raced to a comfortable victory in the Southern Counties' Countess Howe Trophy event at Tonbridge last Saturday.

Pauline, who has been coached by Harry Wilson for the past four years, started cautiously, but by the end of the first of two laps around the course, which consisted of steep ascents and descents over rough grass fields, was among a group of five runners who had detached themselves from the rest. During the long uphill climb which started the second lap she put in a strong effort to which only Watford's Jean Tye could respond, and opened up a gap of some 40 yards. On the downhill run into the finish Pauline stretched this to 70 yards and thus gained the most important victory of her cross-country career so far.

CLIFF TEMPLE REPORTING

The course originally included the crossing of a stream, but was altered when the water level rose by a foot as a result of heavy rain during the preceding week. However, the grassland was still remarkably firm, with the major problem provided by clumps of long grass, and the uneven ground.

The Southern Junior championship was really a foregone conclusion for Selsonia's Lesley Cobden, the in-form girl in the South. Lesley's long legs and short-cropped blonde hair could be seen forcing the pace after only a few hundred yards, as she led the colourful winding procession of runners up the first hill. At $\frac{1}{4}$ mile, she had an eight yard lead which she stretched considerably while negotiating the hill for the second time. Lesley came home an easy winner, with well over 100 yards in hand over L. Kiernan (Haverling), who had pulled up from fifth to second in the closing stages of the race.

The Southern Girls Championship held over the same 3,000m course was the most exciting race of the afternoon. After $\frac{1}{4}$ mile Watford's Margaret Sonner, 12-year-old sister of Mary, had opened up a 15-yard lead over Nina Silburn of Tonbridge, with the rest of the field well strung out behind them. By $\frac{1}{2}$ mile, approaching the hill for the second time, Margaret seemed to be struggling and, urged on by the home supporters, Nina closed the gap drastically. However, during the ascent the little Watford girl pulled away again slightly, until at its crest, as they turned to begin a 600 yards downhill run to the finish, Nina caught her suddenly and the pair ran stride for stride until the Tonbridge girl pulled ahead for the first time. Taking advantage of the downhill momentum, she opened a gap of some 70

yards at the finish. Local officials, including meeting referee Mrs. Vera Searle, were justly proud of a victory for Tonbridge, not noted in the past for its female cross-country runners. Watford can also be proud of their third active Sonner, Margaret, who has already been covering up to five miles in training. With Anna Sonner finishing 13th in the Junior race, National Intermediate Champion Mary Sonner must be feeling quite a veteran these days! Incidentally, the girls' team race could hardly have been closer.

COUNTRESS HOWE TROPHY

1. P. Moul (Verlea)	11.30
2. J. Tye (Watford)	11.39
3. C. Roy (Hillingdon)	11.40
4. P. Fowler (Hay. Hth)	11.48; 5. C. Brennon (Haver) 11.49; 6. L. Boshier (Ald) 11.53; 7. M. Townsend (Ports) 12.02; 8. M. Vinall (Wok) 12.04; 9. A. Dunn (Camb) 12.09; 10. S. Kazi (Ald) 12.24; 11. J. Stebbings (Croy) 12.28; 12. J. Gibb (Ilf) 12.34; 13. C. Coleman (Thur) 12.35; 14. D. Churchill (S'end) 12.35; 15. J. Blackwell (Ilf) 12.37; 16. J. Taylor (Ex) 12.40; 17. C. Emerson (LOAC) 12.42; 18. S. Boylan (Hill) 12.44; 19. S. Bieron (Wat) 12.45; 20. F. Turner (Med) 12.47; 21. M. Vinall (Ports) 12.48; 22. B. Pantan (Kt) 12.49; 23. J. Farr (Trow) 12.52; 24. E. Sissons (Epsom) 12.54; 25. B. Brown (Croy) 12.54.
26. M. Spain (H'gate)	12.56; 27. B. Nelson (Barn) 12.57; 28. L. Hammond (Barn) 12.58; 29. J. Cork (S'end) 13.04; 30. S. Cartwright (Croy) 13.09; 31. M. Hodgson (Sels) 13.12; 32. R. Pavitt (Hayes) 13.13; 33. G. Bailey (LOAC) 13.16; 34. A. Bowring (Kt) 13.17; 35. C. Timms (Sy) 13.20; 36. C. Newman (H'gate) 13.20; 37. M. Russell (Camb) 13.23; 38. C. Brown (Croy) 13.23; 39. L. Frid (Sels) 13.24; 40. C. Bedford (Hill) 13.24; 41. B. Rowe (LOAC) 13.26; 42. A. Luckman (Epsom) 13.26; 43. J. Sterne (Hay. Hth) 13.27; 44. S. Mackay (Camb) 13.28; 45. J. Green (Med) 13.29; 46. S. Glenn-Bott (Epsom) 13.29; 47. D. Lawler (Ald) 13.32; 48. R. Alford (Sels) 13.46; 49. J. Webster (Ald) 13.51; 50. P. Godsmark (Hay. Hth) 13.57. 77 finished.

Teams:

1. Croydon	(11,25,30,38)	104
2. Aldershot	(6,10,47,49)	112
3. Hillingdon	(3,18,40,64)	125
4, London Olympiades 150; 5, Ilford 156; 6, Cambridge H. 162; 7, Epsom & Ewell 163; 8, Highgate 178; 9, Selsonia 195; 10. Trowbridge 211.		

SOUTHERN CHAMPIONSHIPS**Juniors (3,000m approx.)**

1. L. Cobden (Selsonia)	10.08
2. L. Kiernan (Haverling)	10.28
3. J. van Cuylenberg (Croydon)	10.30
4. S. Hines (Thur) 10.32; 5. L. Smith (Thur)	10.45;
6. C. Boxer (Ald) 10.48; 7. K. Marsh (Mit)	10.49;

8, A. Ellis (Wat) 10.50; 9, P. Naylor (Haver) 10.56; 10, Ekperigan (Ilf) 10.59; 11, L. Heskins (Wok) 11.02; 12, K. Kosbab (Felt) 11.01; 13, A. Sonner (Wat) 11.11; 14, L. Salmon (Ryde) 11.15; 15, G. Scrivens (Ton) 11.17; 16, Y. Devries (Chelm) 11.19; 17, J. Attree (Wat) 11.20; 18, L. Martin (Bas) 11.32; 19, A. Nichols (S'end) 11.37; 20, J. Went (Hay. Hth) 11.38; 21, P. Johnson (Sels) 11.40; 22, E. Cox (Thur) 11.40; 23, M. Sadler (Bas) 11.41; 24, E. Cosser (Ald) 11.45; 25, A. Batt (Harlow) 11.49.

26, M. Nicholson (Harlow) 11.50; 27, V. Watts (Hay. Hth) 11.50; 28, J. Farr (Dart) 11.53; 29, S. Barrass (Ald) 11.55; 30, J. Kelly (Camb) 11.56; 31, T. Sparkes (Felt) 11.57; 32, A. Phillips (Sels) 11.58; 33, J. Gothard (Haver) 11.59; 34, D. Price (Ux) 12.00; 35, A. Coxon (Hill) 12.01; 36, S. Rooston (Camb) 12.02; 37, T. Meeson (Ux) 12.02; 38, M. Hodge (Ilf) 12.04; 39, J. Brothers (Felt) 12.04; 40, C. Green (Thur) 12.05; 41, G. Wilkinson (Ux) 12.05; 42, J. Farley (Thur) 12.06; 43, R. Chettleburgh (Haver) 12.07; 44, T. Allen (Ryde) 12.08; 45, P. Ward (Wat) 12.09; 46, A. Hart (Harlow) 12.11; 47, J. Norris (Ilf) 12.15; 48, T. Barr (Thur) 12.16; 49, P. Durling (Med) 12.17; 50, L. Hall (S'end) 12.18.

51, J. Bice (Bas) 12.19; 52, S. Greenhill (Ilf) 12.20; 53, E. Fairman (Sels) 12.21; 54, M. Stroud (Epsom) 12.22; 55, A. Webster (Ald) 12.23; 56, E. Kerins (Ald) 12.23; 57, C. Wadhams (Med) 12.25; 58, K. Dean (Bas) 12.27; 59, J. Elcome (Epsom) 12.28; 60, K. Thomas (Ilf) 12.28; 61, P. Sears (Wat) 12.29; 62, A. Ellaway (Felt) 12.29; 63, M. Harris (Camb) 12.30; 64, D. Cox (Harlow) 12.30; 65, E. Luddington (Hill) 12.32; 66, C. Ives (Camb) 12.32; 67, S. Blackwell (Med) 12.39; 68, A. Sutherland (Hayes) 12.40; 69, J. Clayton (Thur) 12.43; 70, L. Rice (Epsom) 12.43; 71, C. Dixon (Ryde) 12.44; 72, F. Needham (Bas) 12.44; 73, K. Marshall (S'end) 12.47; 74, J. Wraith (Ports) 12.48; 75, M. Cornish (Bas) 12.50. 141 finished.

Teams:

1. Thurrock	(4, 5,22,40)	71
2. Watford	(8,13,17,45)	83
3. Havering	(2, 9,33,43)	87
4. Selsonia 107; 5, Aldershot 114; 6, Feltham 144; 7, Ilford 147; 8, Basildon 150; 9, Harlow 161; 10, Cambridge H. 195; 11, Uxbridge 212; 12, Ryde 230; 13, Southend 239; 14, Haywards Heath 240; 15, Medway 249; 16, Croydon 282; 17, Epsom		

309; 18, Hillingdon 312; 19, Dartford 369; 20, Rainham 480.

Girls (3,000m approx.)

1. N. Silburn (Tonbridge)	11.08
2. M. Sonner (Watford)	11.23
3. M. Stewart (Ilford)	11.50
4. K. Higgins (Ver) 11.51; 5, F. Spencer (Camb) 12.13; 6, K. Creasy (Ilf) 12.14; 7, D. Webster (Ald) 12.18; 8, M. Tierman (Sels) 12.29; 9, S. Matykiewicz (Chelm) 12.36; 10, C. Daniell 12.43; 11, L. Critchell (Epsom) 12.45; 12, F. Williams (Sy) 13.00; 13, L. Howell (Sels) 13.01; 14, D. Priestley (Ald) 13.04; 15, J. Adams (Ver) 13.09; 16, S. Hickson (Ald) 13.12; 17, S. Greenhill (Ilf) 13.16; 18, L. Simmons (Croy) 13.19; 19, S. Rogers (Med) 13.35; 20, Y. McRuvie (Sy) 13.30; 21, T. Elkerton (Ald) 13.33; 22, S. Holmes (Camb) 13.34; 23, L. Goodson (Mit) 13.47; 24, S. Fossey (Mit) 13.47; 25, D. Leeson (Ux) 13.48. 40 finished.	

Teams:

1. Verlea	(4,10,15,26)	55
2. Ilford	(3, 6,17,29)	55
3. Aldershot	(7,14,16,21)	58
4. Uxbridge 114.		

CHINGFORD & DISTRICT LEAGUE

3M Road Race, at Enfield, November 5th

1. K. Hutchin (Eton Manor)	13.54
2. M. Madders (Walthamstow)	13.54
3. G. Pringuer (Southgate)	14.03
4. A. Campbell (BoE) 14.06; 5, J. Street (Barnet) 14.10; 6, R. Grainger (Horn) 14.11; 7, G. Sayer (Eton Man) 14.14; 8, R. Sluce (Eton M) 14.14; 9, D. Peggs (BoE) 14.21; 10, G. Harrold (BoE) 14.22; 11, T. Thacker (Barnet) 14.23; 12, R. Bennett (Horn) 14.24; 13, P. Gregory (Horn) 14.25; 14, I. Lymath (Eton Man) 14.25; 15, R. Howe (Wistow) 14.26; 16, C. Ridley (Wistow) 14.27; 17, T. Crabb (Eton M) 14.28; 18, E. Barnard (S'gate) 14.30; 19, A. Proberts (Camden) 14.39; 20, M. Pringuer (S'gate) 14.41; 21, I. Wiggitt (Horn) 14.43; 22, C. Jones (VPH) 14.44; 23, A. Rich (Walth) 14.44; 24, B. Hercok (BoE) 14.45; 25, J. Mercer (BoE) 14.48; 26, G. Bennison (Bar) 14.51; 27, I. Nuckey (Bar) 14.55; 28, W. Gilby (Horn) 14.57; 29, J. Anstey (VPH) 14.59; 30, L. Timbrell (Bar) 15.01.	

Teams: 1, Eton Manor 84; 2, Borough of Enfield 104; 3, Hornsey 111; 4, Walthamstow 143; 5, Barnet 149; 6, Southgate 176; 7, Camden 240; 8, VPH 305; 9, Loughton 435.

AMATEUR ATHLETIC ASSOCIATION NATIONAL COACH

The Amateur Athletic Association invite applications for appointment to the position of a NATIONAL COACH in Track & Field Athletics. The successful applicant will be expected in the first instance to reside and work in the North of England. The appointment is pensionable under the Teachers (Superannuation) Act. Salary similar to Pelham Scale. Travel and subsistence allowances are additional. Commencing salary according to qualifications and experience. Applicants should have considerable coaching experience and preferably hold a Diploma in Physical Education.

Applications stating age, qualifications and experience together with the names of two referees should be received not later than 8th December, 1969, by the Honorary Coaching Secretary, Amateur Athletic Association, 26 Park Crescent, London W1N 4BQ, from whom application forms and further detailed particulars may be obtained.

Liddiard Trophy

At Eastcote, November 1st

1. P. Fagan (Ealing & Southend) 24.36
2. D. Bedford (Shaftesbury) 24.37
3. M. Barratt (Ealing & Southall) 25.02
4. H. Altmann (Verlea) 23.06; 5. T. Bivens (E&S) 25.12; 6. M. Mills (Ver) 25.15; 7. J. Street (Barnet) 25.25; 8. H. Richards (Shaft) 25.39; 9. J. Mouat (Hill) 26.02; 10. A. Simmons (Luton) 26.02; 11. M. Brooks (Ver) 26.07; 12. G. White (Luton) 26.12; 13. M. Dixon (Ver) 26.16; 14. G. Howard (Watford) 26.23; 15. J. Donovan (Shaft) 26.23; 16. A. Warren (E&S) 26.28; 17. R. Cressey (Hill) 26.33; 18. D. Hutton (Luton) 26.43; 19. G. Hallett (Hill) 26.49; 20. R. Churn (Luton) 26.54; 21. T. Phipps (Ver) 26.55; 22. J. Hyatt (E&S) 26.58; 23. R. Newman (E&S) 27.07; 24. D. Bailey (QPH) 27.08; 25. A. Layton (Luton) 27.09; 26. A. Alderson (H'gate) 27.11; 27. A. Kennedy (Shaft) 27.13; 28. A. Sowden (H'gate) 27.16; 29. C. Canton (E&S) 27.21; 30. H. Nile (Hill) 27.26. 109 finished.

Teams: 1, Ealing & Southall 131; 2, Verlea 201; 3, Luton 212; 4, Shaftesbury 226; 5, Hillingdon 250; 6, QPH 409; 7, Highgate 437; 8, Watford 570; 9, Wycombe Phoenix 658; 10, Barnet & Dist.



Peter Fagan (left) and Dave Bedford battle out the Liddiard Trophy race.

Peter Tempest

WAAA Rule Changes

VARIOUS WAAA rules have been amended to take effect on January 1st, 1970:—

* Suggested date for the territorial (area) championships is now the third, and not the first, Saturday in June.

* First claim qualification now reduced to 9 months.

* Wind speed recording for 100m hurdles is over a period of 13 sec.

* UK national record definition now clarified to permit performances anywhere in the world by girls eligible to represent the UK in **international competition**.

* The senior track walk confirmed as 3000m, intermediate as 2000m.

* Juniors will compete over **75 metres hurdles** (2'6" high); 11 metres run-up, 7 x 7.5m spacing, 11.5m run-in.

* Junior shots will be increased to **3.25 kilos** and all existing 7lb shots should have the extra 2½ ounces of weight added.

* Junior pentathlon will comprise long jump, 100m, 75m hurdles, 3.25 kg shot and high jump. Scores will be per current international scoring tables except for adding 5 seconds to the 75mH time and reading off the score from the 100mH table.

* Intermediate pentathlon will comprise long jump, 200m, 80mH, 4kg shot and high jump as at present, but 4 seconds will be added to the 80mH time before reading off the score from the 100mH table.

* WAAA Championship events: (Seniors) 100m, 200, 400, 800, 1500, 100mH, 200mH, 3000m Walk, 4x100m, 4x200m, 4x400m, 4x800m, 1600m medley (200, 200, 400, 800), HJ, LJ, SP, DT, JT, Pen: (Intermediates) 100m, 200, 400, 800, 80mH, 2000m Walk, 4x100m, HJ, LJ, SP, DT, JT, Pen: (Juniors) 100m, 200, 800, 75mH, 4x100m, 4x800m, HJ, LJ, SP, DT, JT, Pen.

Hadleigh Olympiads officers: president, J. V. Bardell; chairman, J. G. Jones; secretary, D. A. Evans, 4 Bowers Road, Benfleet, Essex (Sth Benfleet 3988); treasurer, A. J. Evans; track fixture sec., B. Judd, 22 Boyce View Drive, Benfleet; C.C. fixture sec., D. Taylor, 64 Chalkwell Park Drive, Leigh.

Cardiff AAC officers: President, J. D. B. Williams, MBE; chairman, E. Hopkins; gen. sec., N. P. John, 15 Heol Glyn, Energlyn Court Road, Caerphilly; treasurer & captain, J. Lister; fixtures sec., D. Walsh; women's fixtures sec., J. Walsh; C.C. sec., N. John; road running sec., M. Beames.

Camden AC will be holding their annual Boxing Day Relay from their H.Q. at the Freemasons Arms, Hampstead.

North of Thames Inter-Team

At Oxley, November 15th

Tuck Twins First and Second

THE North of the Thames 5 miles inter-team race ventured into Hertfordshire for the first time since 1956 for this year's fixture. The 128 strong field was led by Little, of Watford and Stowe of Havering with the Tuck twins, both first-year Juniors on the country, right behind. A circuit of the disused golf course found Grenville 20 yards clear of his brother Graham, in turn well clear of the pack. On the second large lap the field closed on the two leaders but they managed to hold their advantage, with ten seconds up in second place at the finish. Their club consolidated their lead in the team race to such good effect that they not only took the "Tomlinson" Trophy for the first team of four, but also the "Sammy Lambert" Cup for the first team to finish eight. But spare a thought for Ealing and Southall, who finished four in thirteen only to find themselves five points behind the winners, but 43 clear of the third team, Eton Manor.

P. Saw.

1. Grenville Tuck (Camb. & Coleridge) 25.14
2. Graham Tuck (Cambridge & Coleridge) 25.20
3. J. Comber (Ealing & Southall) 25.30
4. B. Balls (C&C) 26.06; 5. A. Warren (E&S) 26.12; 6. P. Horland (E&S) 26.15; 7. C. Rawlings (Chelm) 26.18; 8. I. Nuckey (Barn) 26.18; 9. R. Sluce (EM) 26.19; 10. A. Campbell (BoE) 26.19; 11. T. Pailthorpe (Hav) 26.20; 12. R. Little (Watf) 26.24; 13. R. Newman (E&S) 26.28; 14. T. Phipps (Ver) 26.29; 15. C. Lee (C&C) 26.35; 16. R. Auckett (TVH) 26.41; 17. G. Sayer (EM) 26.43; 18. E. Williams (C&C) 26.49; 19. C. Kitto (EM) 26.49; 20. R. Grainger (Horn) 26.49; 21. D. Fairweather (TVH) 26.55; 22. I. Wiggott (Horn) 26.58; 23. H. Artiss (Ver) 27.01; 24. S. Williams (QPH) 27.03; 25. I. Lymath (EM) 27.04; 26. J. Maynard (Horn) 27.05; 27. R. Johns (Shaft) 27.07; 28. N. Angus (Ver) 27.10; 29. P. Browne (QPH) 27.12; 30. D. Aitken (QPH) 27.15; 31. P. White (H'gate) 27.17; 32. M. McDonagh (Camd) 27.19; 33. J. Green (Wyc) 27.22; 34. D. Nightingale (Watf) 27.23; 35. T. Ryan (Camd) 27.26.
36. I. McFarlane (E&S) 27.27; 37. G. Whitney (Ver) 27.29; 38. L. Peter (BoE) 27.30; 39. M. Hegarty (Horn) 27.31; 40. A. Hamilton (Barn) 27.32; 41. A. Ree (C&C) 27.33; 42. J. Steed (Ver) 27.36; 43. D. Clack (H'gate) 27.38; 44. K. Vivash (EM) 27.38; 45. K. Burgess (Chelm) 27.42; 46. C. Norton (Watf) 27.45; 47. L. Gravinghoff (H'gate) 27.50; 48. P. Wilks (Poly) 27.54; 49. D. Thompson (TVH) 27.55; 50. P. Bryan (Hav) 28.03; 51. W. Stowe (Hav) 28.04; 52. D. Blackmore (Camd) 28.07; 53. M. McDonnell (H'gate) 28.08; 54. B. Holland (H'gate) 28.09; 55. C. Nolan (Shaft) 28.10; 56. A. Cox (EM) 28.12; 57. R. Bunnage (Ver) 28.13; 58. W. Gilby (Horn) 28.14; 59. J. Abberton (Poly) 28.19; 60. R. Cox (EM) 28.23; 61. R. Budd (Hav) 28.24; 62. D. Hebbes (E&S) 28.45; 63. J. Torr (Watf) 28.26; 64. J. Moreney (C&C) 28.26;

65. I. Dawe (S'gate) 28.30; 66. B. Kemp (E & S) 28.36; 67. K. Peasnell (Shaft) 28.35; 68. D. Leeson (Wye) 28.37; 69. M. Powley (QPH) 28.37; 70. I. King (Horn) 28.42; 71. D. Todd (Hav) 28.42; 72. K. Faherty (QPH) 28.49; 73. H. Robinson (Hav) 28.54; 74. R. Corbett (H'gate) 28.57; 75. N. Williams (E&S) 29.00. 120 finished.

Teams: 1, Cambridge & Coleridge (1,2,4,15) 22; 2, Ealing & Southall (3,5,6,13) 27; 3, Eton Manor (9,17,19,25) 70; 4, Verlea 102; 5, Hornsey 107; 6, QPH 152. **Scoring:** 8: 1, Cambridge & Coleridge 231; 2, Ealing & Southall 266; 3, Verlea 372; 4, Highgate 443; 5, Havering 484; 6, Southgate 797.

GEOFF WATT

Geoff Watt (36), one of Australia's best known distance runners, has died in tragic circumstances. He met his death when he collapsed from exhaustion and cold whilst attempting to run up and down Victoria's 5000ft. Mount Erica. He was wearing only a singlet, shorts and shoes, and his body was found in a snow drift.

He was an inveterate globe-trotter and among his finest achievements were placing third in the Comrades' Marathon, fourth in the London to Brighton and tenth in the Boston Marathon. He once ran up and down the slopes of Mount Kilimanjaro and, in all, he started in 42 races of marathon distance or longer.

He was a close friend of Percy Cerutti, who said of him: "He ran often against insuperable odds, because he loved to run." His widow is expecting her fourth child in January.

Death of Jack Torrance: see page 25.

The proposed Gower 11M road race has been postponed until March 21st. The indoor meeting scheduled for St. Athan on December 7th has been cancelled.



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Rochester "5"

November 15th

Mal Absolom Always In Command

MALCOLM ABSOLOM (Borough Road College) was always in command of the Medway Athletic Club's "Rochester Five" which he won by 13 secs. from the local club's Tim Briault with Sid Purkis a close up third.

At Cookham Hill a bunch of eight were together in front, with Briault and Absolom forcing the pace. Going through the Borstal Institution grounds Absolom opened up a gap and as they came out onto the main road, approx halfway, he had 30 yards to spare from Mel Batty, past winner of the event who always had a liking for this course. Tim Briault was right on his heels and soon went past, but Ken Harland, Sid Purkis and Maurice Benn were never far behind and kept the pressure up to the end.

A close team race resulted in a narrow win for Thurrock from Cambridge H., and Borough Road College, who had 9 in the first 35, pipped the promoting club, minus Newble and Smith, for third place. Ron Franklin (TVH) was first veteran in 19th place, and Medway "B" took first "B" team award. 152 finished and 21 teams closed in.

P.W.G.

1. M. Absolom (Borough Rd. Coll.) ... 24.36
2. T. Briault (Medway) ... 24.49
3. S. Purkis (Thurrock) ... 24.52
4. K. Harland (Camb. H.) 24.57; 5. M. Benn (Unat) 25.00; 6. M. Batty (Thurrock) 25.05; 7. L. Presland (Surrey AC) 25.12; 8. I. Macmillan (Invicta) 25.20; 9. F. Maillardet (Camb H) 25.27; 10. I. Forster (BRC) 25.33; 11. K. Penny (Camb) 25.36; 12. D. Horsup (Thurr) 25.39; 13. M. Gowan (HHH) 25.43; 14. A. Fairclough (Bel) 25.47; 15. R. Hayman (Med) 25.53; 16. J. Awcock (Horsham) 25.56; 17. L. Mann (Bel) 25.59; 18. J. Brown (Hill) 26.00; 19. R. Franklin (TVH) 26.03; 20. S. Walker (Thurr) 26.06; 21. S. Farley (Med) 26.07; 22. P. Millard (Camb) 26.09; 23. T. Slack (BRC) 26.16; 24. R. Grice (BRC) 26.25; 25. D. Mitchell (BRC) 26.30; 26. C. Ward (Thurr) 26.33; 27. R. Fisher (BRC) 26.40; 28. J. Wigley (Med) 26.47; 29. P. Whitcombe (B&H) 27.00; 30. D. Townsend (Inv) 27.01; 31. D. Pellett (B&H) 27.06; 32. D. Staines (Thurr) 27.07; 33. R. Castle (Inv) 27.08; 34. N. Prosser (Ilf) 27.10; 35. P. Beale (BRC) 27.16; 36. A. Lovatt (Ilf) 27.18; 37. A. Whiting (Med) 27.20; 38. J. Huntingford (Camb) 27.22; 39. M. Hanahoe (HHH) 27.24; 40. G. Ashdown (B&H) 27.25; 41. L. Sykes (HHH) 27.28; 42. G. Gaskell (Hors) 27.29; 43. J. Makelow (Med) 27.31; 44. H. Green (Med) 27.34; 45. D. Edwards (Med) 27.35; 46. D. Dellar (Camb) 27.37; 47. W. Coe (Inv) 27.43; 48. P. Derlacki (BRC) 27.44; 49. B. Middleton (Camb) 28.05; 50. G. Standen (Med) 28.06; 51. J. Brown (Bel) 28.07; 52. D. Maynard (Camb) 28.08; 53. M. Glover (Inv) 28.51; 54. C. Storey (Erith) 28.52; 55. E. Broad (Med) 28.57; 56. A. Spratt (Ilf) 28.58; 57. D. Evans (Camb) 28.59; 58. A. Sutton (BRC) 29.01; 59. N. Sturges (Med) 29.02; 60. A. Leggett (Camb) 29.06; 61. J. Pouncey

(Woking) 29.11; 62. J. McCormack (Basildon) 29.14; 63. J. Gowan (HHH) 29.15; 64. M. Tyler (Camb) 29.16; 65. C. Yeomans (BRC) 29.18; 66. M. Brown (Camb) 29.19; 67. P. Cawson (Tonb) 29.20; 68. D. Wigley (Med) 29.22; 69. H. Neeson (Thurr) 29.24; 70. M. Templeman (Inv) 29.26; 71. C. Newman (Med) 29.28; 72. D. Foxley (Med) 29.32; 73. D. Jones (Ilf) 29.37; 74. B. Lester (Bas) 29.39; 75. A. Minns (Bas) 29.39.

Teams:

Pts.
1. Thurrock H. (3, 6, 12, 20) 41
2. Cambridge H. (4, 9, 11, 22) 46
3. Borough Rd. Coll. (1, 10, 23, 24) 58
4. Medway (2, 15, 21, 37) 75
5. Invicta (8, 30, 33, 47) 118
6. Herne Hill (13, 39, 41, 63) 156
7. Belgrave 173; 8. Medway "B" 190; 9. Camb. H. "B" 196; 10. Ilford 199; 11. Borough Rd. "B" 206; 12. Medway "C" 231; 13. Camb. H. "C" 298; 14. Basildon 323; 15. Erith 339; 16. Tonbridge 346; 17. Dartford 424; 18. Elliott-Reed 428; 19. Invicta "B" 445; 20. Q.P.H. 460; 21. Folkestone 496. First "B" team: Medway.

NORTH LONDON CROSS COUNTRY CHAMPIONSHIP

At Parliament Hill, November 8th

1. H. Richards (Shaftesbury) 26.05
2. D. Bedford (Shaftesbury) 26.06
3. J. Street (Barnet) 26.15
4. R. Gomez (Southgate) 26.28; 5. Oxlade (Hill) 26.55; 6. J. Donovan (Shaft) 26.59; 7. R. Middle-ditch (S'gate) 27.04; 8. K. Hutching (Eton Manor) 27.13; 9. D. Bailey (QPH) 27.24; 10. I. Lymouth (Eton Man) 27.29; 11. G. Sayer (Eton Man) 27.32; 12. M. Keough (Eton M) 27.38; 13. G. Pringuer (S'gate) 27.43; 14. R. Grainger (Horn) 27.49; 15. D. Green (Shaft) 27.56; 16. I. Nuckey (Bar) 27.59; 17. A. Patten (Shaft) 28.02; 18. A. Proberts (Camden) 28.03; 19. M. Pringuer (S'gate) 28.19; 20. D. Clack (H'gate) 28.23; 21. J. Maynard (Horn) 28.24; 22. S. Williams (QPH) 28.27; 23. A. Hamilton (Bar) 28.29; 24. C. Kitto (Eton M) 28.30; 25. P. Browne (QPH) 28.36; 26. T. Ryan (Cam) 28.38; 27. A. Cox (Eton M) 28.44; 28. P. McIlwain (S'gate) 28.50; 29. E. Nolan (Shaft) 28.51; 30. R. Steven (Shaft) 28.54. 103 started, 97 finished.
Teams: 1. Shaftesbury 70; 2. Eton Manor 92; 3. Southgate 111; 4. QPH 182; 5. Hornsey 209; 6. Highgate 234.

Wallasey AC officers: Gen. Sec., Douglas Hanna, 9 St. Elmo Road, Wallasey, Cheshire; C.C. Sec., Keith Watkin; track sec., David Lockley; women's sec., Miss Margaret Ashcroft, 31 Strathcona Road, Wallasey.

Leicester Coritanian's Winter Track & Field meeting is at Saffron Lane track on **Sunday**, December 7th, not Saturday.

WALES

COMMONWEALTH GAMES TRIAL IN MAY

THE Championships Committee of the Welsh AAA decided last week that the Commonwealth Games Trial would be on May 9th. Many athletes, Welsh and Anglo-Welsh, have been wondering how selection will be made for the Games. This trial, which will be held at a venue to be decided (probably Cardiff or Cwmbran), will guide the selectors on early season form as entries for the Games close very early. Welsh counties will be invited to submit entries which will be scrutinised by the committee, and Anglo-Welsh athletes will be specially invited. The trial will include a 10,000 metres event which will be judged as the Welsh Championship, but there will be no 5,000 metres.

Team Manager Ted Hopkins has said that he hopes all marathon runners who hope to make the Welsh team at the Games will enter the AAA marathon. This will be held in conjunction with the Poly marathon on June 13th.

The Welsh marathon will be held at the Carmarthen Open Meeting at Ystrad Tywi Track, Carmarthen on August 8th (tentatively). The Welsh senior relays will be held at Jenner Park, Barry, on June 27th, the occasion of the junior championships at this venue.

David Lease (Cardiff AAC) has recovered from his back injury and won the pole vault at 4.44/14'7"—a new Welsh Indoor record—at St. Athan on November 6th. The occasion was the first of this season's indoor meetings at St. Athan.

John Merriman, 1958 Commonwealth Games silver medallist at 6 miles, has now turned to marathon running and hopes to be selected for Edinburgh.

Welsh clubs have recently been circulated with particulars of the Three-Year Bursary Scheme of the CCPR. Peter Ratcliffe of Gilwern Harriers has already been recommended by the Welsh AAA and others will doubtless follow.

The Indoor Track Committee and League Committee of the Welsh AAA have been given official status as sub-committees of the Association. Indoor Secretary is Peter Morris, Athletics Secretary, Students' Union, Dumfries Place, Cardiff; and League Secretary is John Collins, 43 Derlwyn, Dunsant, Swansea.

In future in Wales the selection of representative teams will be made by the Championships Committee, with National Coach and Records Officer in attendance.

The Coaching Course at Aberystwyth in January will cover hammer and pole vault for men and "Teaching Athletics" for women.

Monmouthshire AAA announce that Coaching/Training sessions will be held at Cwmbran Stadium every Monday evening throughout the winter for county athletes.

The Tredegar Christmas Week road races will be held this year as usual: Newport to Tredegar 22 miles on December 20th; Open 5 miles "Clock Chase" and open 100 yards on December 22nd.

Mike Rowland of Newport Harriers, an un-

heralded artist of some talent, will have an exhibition of his work at the Nos Galan Reception Centre in Mountain Ash on New Year's Eve.

Copies of the regulations concerning change of club and "Hardship" have recently been circulated to all clubs. This should assist athletes to adopt the correct procedure when making applications to the Welsh AAA Assistant Secretary, Roy Price, 16 Sunnybank, Brecon, deals with such matters.

The Welsh Schools' AAA have decided to hold inaugural championships for girls next year. They will be held on an inter-county basis.

New secretary of the Glamorgan Schools' Cross-Country Association is David Jones, 325 Cyncoed Road, Cyncoed, Cardiff (Tel: Cardiff 755029). The Association's championships are at Swansea on November 29th. The junior race is at Penlan School, the middle and senior at Bishop Gore School.

The Nos Galan Committee recently selected Mrs. Sue Marshall to be Nos Galan Hostess this year. Her husband Alan, well known Team Manager of those globetrotters Troedyrhiw Boys Club, will carry the message from the Lord Mayor of Cardiff on Nos Galan Day to open the proceedings.

Cardiff AAC's new fixtures secretary for men is David Walsh, 39 St. Ambrose Close, Dinas Powis, Glam. David's brother John is Women's fixture sec. John lives at 58 St. Christopher's Drive, St. Martin's Estate, Caerphilly.

Cardiff Schools' Championships, November 8th: (Snr) 1, B. Donovan (Cathays); 2, S. Rees (Caerphilly); 3, R. Yarrow (Whitchurch). Team: Whitchurch. (Middle) 1, W. Snowdon (Cantonian); 2, J. North (Cant); 3, K. Lake (Llanrumney). Team: Cantonian. (Jnr) 1, K. Wheeler (Llan); 2, G. Nunnerley (Cant); 3, P. Murphy (St. Illtyd's). Team: St. Illtyd's.

Today's fixtures: (Nov. 22nd). The second of the season's Valley League fixtures takes place at Brecon; Cardiff AAC entertain Southampton, Leeds and Birmingham Universities at Cardiff.

Bernard Baldwin

"AW" FILM SHOW

"AW" Club members wishing to attend the "AW" Club Film Show at Bowaters private cinema, Bowater House, Knightsbridge, London, S.W., on Friday evening, December 12th, should send a stamped addressed envelope for their ticket to: Film Show, "Athletics Weekly," 344 High Street, Rochester, Kent. Only one ticket can be allowed per member, but if numbers permit, one extra ticket will be sent if asked for. Those asking for an extra ticket will have their application dealt with on the Monday prior to the show when the number of seats still available will be known—but one ticket will be reserved on receipt of application. Tea and biscuits will be served at 7 p.m. and the Film Show will start at 7.30 prompt.

POSTAL BOOK SALES DEPT.

Send to Book Dept., "Athletics Weekly," 344 High Street, Rochester, Kent. Prices include postage.

BIOGRAPHICAL

- "Champion in Revolt" by Arthur Rowe, 19s.
- "Golden Girl" by Betty Cuthbert and Jim Webster, 26s.
- "Champion of Nothing" by Norman Harris, 18s.
- "Running Round the World" by Jack Crump, 26s.
- "High Above the Olympians" by Bud Spencer (Dink Templeton story) 52s.
- "A Clean Pair of Heels" by Murray Halberg and Garth Gilmour, 25s.
- "The Legend of Lovelock" by Norman Harris, 13s. 6d.
- "The Jim Ryun Story" by Corder Nelson, 31s. 6d.
- "Run to the Top" by Garth Gilmour and Arthur Lydiard, 31s. 6d.
- "Sprint to Fame" by Dorothy Hyman, 19s.
- "Mary, Mary" by Mary Rand, 31s.

TRAINING/TECHNIQUE

- "Sprints, Middle Distance & Relay Running" by Ann and Robbie Brightwell, 17s.
- "Modern Weight Training" by Al Murray, 26s.
- "Athletics" by G. F. D. Pearson, 46s. 6d.
- "Athletics for Student and Coach" by Ian Ward and Denis Watts, 31s.
- "Tackle Athletics This Way" by Denis Watts, 18s. 6d. (8s. paperback).
- "Improve Your Athletics—Field Events" by John Le Masurier (paperback), 6s. 9d.
- "Schoolgirl Athletics" by Peggy Woodeson and Denis Watts, 22s.
- "Tulloch on Running" by Bruce Tulloh, 31s.
- "Illustrated Guide to Olympic Track & Field Techniques", edited by Tom Ecker & Fred Wilt, 37s.
- "Run for Your Life"—jogging with Arthur Lydiard—by Garth Gilmour, 25s.
- "Champions In The Making" by Payton Jordan and Bud Spencer, 36s.

STATISTICAL/MISCELLANEOUS

- "Kings of Distance" by Peter Lovesey, 31s. 6d.
- "The Lonely Breed" by Norman Harris and Ron Clarke, 31s.
- "History of British Athletics" by Melvyn Watman, 26s.
- "The Encyclopaedia of Athletics" by Melvyn Watman (1967 edition), 22s.
- "Modern Athletics" by the Achilles Club (1964 edition), 26s.
- "Problem Athletes and How to Handle Them" by Bruce Ogilvie and Thomas Tutko, 31s. 6d.
- "Great Moments in Track and Field," 18s.
- "The Games" by Hugh Atkinson, 32s.
- "Mexico 1968" by Christopher Brasher, 26s.

- "Olympic Report 1968" by James Coote, 26s.
- "Out In Front" by George Gretton, 31s.
- "Success In Sport and Life" by Percy Cerutti, 31s.
- "Women's Athletics in Italy and the World," by Salvatore Massara, 18s.
- "How they Train" by Fred Wilt, 18s.
- "Run, Run, Run" by Fred Wilt, 26s.
- "Back Track" by Max Stiles (1959), 9s.
- "The Longest Dash" by John Telford, 9s.
- "Silver Fern at Tokyo" by Norman Harris, 5s. 6d.
- ATFS Metric Conversion Tables, 18s.
- "British Athletics" 1961, 5s. each. 1963, 1964, 1965, 1966, 6s. 6d. each. 1967, 1968, 8s. each. 1969, 11s.
- 1969, USA High School Annual, 9s.

MAGAZINES

- "Track and Field News" 50s. yearly. (Send 6d stamp for sample issue).
- "Track Technique" (quarterly), 25s. 6d. yearly.
- "Track Newsletter" (24 times a year), 50s.
- "Long Distance Log" (monthly), 25s. 6d. yearly.
- Bound volumes of "Track and Field News" (1957, 1958, 1959, 1960, 1963, 1965), 35s. each.
- Bound volumes of "Track Technique" 1-10, 50s.
- Best of "Track Newsletter" (1962/3, 1963/4, 1964/5), 9s. each.
- Olympic issues of "Track and Field News" (1956, 1960, 1964, 1968), 18s. each.
- "Women's Track & Field World", 42s. yearly.

Note: We regret book tokens are not acceptable.

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Applicants wishing to sponsor races at meetings are reminded of the following A.A.A. Rules:—

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- (2) The Area A.A.A. Secretary from whose area the athlete travels must give a permit for the runner to compete outside the area and the amount of expenses to be paid must be notified in ADVANCE to the Area Secretary.
- (3) Expenses must not exceed second class train fare. Other payable expenses must conform to A.A.A. regulations, a copy of which Area A.A.A. Secretaries will supply on request.
- (4) A.A.A. expense forms must be used.

N.B.—The B.M.C. charges a fee of 30/- for organising any sponsored race, in order to cover postage and stationery costs.

Britain's Hurdling Prospects

A Survey by AAA Senior National Coach John Le Masurier

ONE of the changes which is gradually taking place in our Coaching Scheme concerns event specialisation by the National Coaches. Without going into all the details at this stage, it is true to say that for the past few months the lights have been at amber and we have been working towards an event responsibility in addition to our normal work as area coaches. This means that we are 'overseeing' events or groups of events in an attempt to ensure an all-round improvement in standard. My particular responsibility is men's hurdling and I have been taking stock of these events since the end of the track season.

400 metre hurdles

In the 400 metre hurdles the situation is quite good and the future appears to be full of promise. Silver and bronze medals by John Sherwood and Andrew Todd at Athens, a fine 51.3 by David Scharer at the end of the season as well as noteworthy runs by Tony Collins, Bob Roberts, John Cooper and Bill Hartley, give depth to the Senior ranks. Ricky Taylor from Scotland, the AAA Junior Champion, is breathing down the seniors' necks at 52.9. In the two Junior International matches Bill Hartley finished first and Ricky 3rd in the three-a-side against France, whilst against West Germany Ricky won and Bill was second.

High hurdles

In the high hurdles the situation is far from bright. Silver and bronze medals by David Hemery and Alan Pascoe in Athens climaxed a wonderful season by these men, with more sub-14 second runs than I can remember. However, beneath them the depth of performance is very limited, so we must endeavour to improve the standard of this event.

In the two Junior International matches our boys finished 4th, 5th and 6th against France and 3rd and 4th against West Germany. These facts speak for themselves with the fastest British time recorded in these matches being 15.4 by Berwyn Price against West Germany at Herford. One of the problems is that in the Junior Internationals the race is over 3'6" hurdles (for a slightly older age range) whilst we retain the 3'3" barrier for our under 19's (AAA Juniors). Even so, at 3'3" the standard is not as high as it should be, with Colin Allabush, David Wilson and Ken Fielding being the only British athletes in the under 19 age group to beat 15 seconds. So the field is wide open for aspiring young men who are really keen to make a name for themselves over the high barriers.

Raise the barriers

In the development of high hurdlers, I have always recommended that the height of the hurdle should be raised just as soon as possible, bearing in mind the height and suppleness of the athlete.

As a general rule it is wise for juniors in their second year to spend 95% of their skill-training time over 3'6" hurdles, rather than to perfect a slightly different skill at 3'3" which will be of use for only one year. I would go even further than this; if I were coaching a youth whose physique enabled him to cross a high hurdle with reasonable form, I would give him a great deal of work over the 3'6" barriers.

The youths of 1969 showed some excellent performances with Lindsay Smith being quite outstanding. Some of the longer legged lads in this age group should start tackling 3'6" hurdles very soon, even if it is only in the form of hurdle-stepping over one or two hurdles in a gymnasium.



RICKY TAYLOR

W. Wiebold

This must be combined with an increased range of movement in the limbs and suppleness in the joints obtained through regular suppling and stretching exercises.

Liaison

To return for a moment to the problem of event specialisation, there must be liaison with a great number of people, particularly the coaches and teachers responsible for advising our promising hurdlers. I always welcome correspondence with anyone who wishes to discuss these two events. Some of my colleagues in making a start at event specialisation have the advantage of being able to liaise with an active Specialist Club; regretfully the Specialist Club for hurdlers seems no longer to exist.

One of the most welcome and valuable liaisons which we now have is with the BAAB's recently formed Junior Sub-Section which was set up under the guidance of Mike Farrell and Bill Sykes, to deal with Junior International matches. Mike and Bill, with assistance from the NUTS, have produced a most comprehensive survey of what they call British International "Aspirants". This work gives much detail about the athletes who will, in the not too distant future, form the hard core of the British International Team.



BILL HARTLEY

W. Wiebold

SPOTLIGHT ON TWO YOUNG HURDLERS

THE draw in the GB v West Germany Junior international match 400 metres hurdles is: Lane 1, Ricky Taylor (GB); Lane 2, Hubert Schwan (WG); Lane 3, Bill Hartley (GB); Lane 4, Helmut Jaekel (WG). From the crack of the starter's gun the four figures poised in their blocks rise and race for the first hurdle in perfect unison. Out of the first turn and they are still moving in perfect echelon, striding out strongly and majestically. By the fifth flight, however, it can be seen that Taylor is moving the fastest and is the first to rise; both Germans are dropping behind, and Bill Hartley is clearly second as they turn for the straight. Ricky clears the ninth flight comfortably ahead, and looks destined for a time around 52.5 until he mistimes his last hurdle and is forced to jump it in a most ungainly fashion. Bill Hartley, taller by 4", closes right up at the finish line, but it is the Scots lad who flings up his arms to the crowd's applause. Times: 52.9 for the winner and 53.0 for the runner up. Great Britain has scored a most morale-boosting one-two in the first running event during the Junior international at Herford, West Germany, on September 14th, 1969.

by Dave Cocksedge

Says Ricky: "During my warm-up I felt really good but when we were told to report to a certain point and the officials did not turn up, while the German lads were out running over hurdles to finish their warm-up, Bill and I felt this was the last straw. However over the first five flights I felt great and it was my fastest time to date in a race (23.8). By hurdle seven I was still moving very well, and I passed Bill between the eighth and ninth, with the Germans having already fallen behind. Going into hurdle ten I misjudged my strides and literally had to jump it, but still managed to hang on and win". His time equalled the AAA Under-19 record shared by Tony Collins and Bill Hartley but it was outside the UK and was therefore not eligible for ratification.

William Richard Taylor was born in Ayr, Scotland, on November 8th 1950; stands 1.78/5'10", weighs 62kg/138lb, is a member of Ayr-Seaforth AC and at present is an apprentice joiner. He is coached by Sandy Ewen of Monkton and has run 100m in 11.1, 200 in 22.0, 400 in 48.7 (48.2 relay leg), long jumped 6.58/21'7" and high jumped 1.70/5'7" (Fosbury flop). William John Hartley was born in Liverpool on June 27th 1950, stands 1.88/6'2", weighs 77kg/171lb, is a member of Liverpool Harriers & AC, coached by Denis Watts and employed as a market gardener. His personal bests include 100m in 10.8w, 200 in 21.9, 400 in 49.4 and 110mH in 15.9.

Together with such promising youngsters as Tony Collins and Eric Frost around, Bill and Ricky seem likely to maintain Britain's sudden strength in intermediate hurdling. With such acknowledged experts as David Hemery, Andy Todd and John Sherwood to admire, they certainly have a lot to live up to. Not that they intend shirking this duty. "In 1970 I'd like mainly to keep improving", says Bill, "and eventually I'd like to win in the Olympics à la Hemery". Ricky is slightly more specific: "I am to make the Scottish Commonwealth Games team in 1970 and gain a British Senior vest. My all-time aim is an Olympic medal of any colour and to be as good a hurdler, technically, as Dave Hemery".

Bill's breakthrough

Bill's most memorable race so far was "the Inter-Counties final in May. I had been waiting for a breakthrough and then suddenly it all came at once. Before this my times had been getting worse at 54.3, 54.7 and 55.2. Then I made the final at Crystal Palace (beating AAA Junior Champion Tony Collins) and everything clicked at the White City, when I ran 52.9 for 5th place. Also I found winning the GB v France Junior 400mH race very enjoyable, and ran first leg in the winning 4 x 400 relay team. With Dave (Jenkins), Derek (Price) and Joe (Kirwan) we just couldn't lose".

Ricky's training is "mainly over hurdles with the occasional sprint session during the summer. In winter only two sessions per week are over hurdles, with the other three made up by running and weights. A winter week is made up of technique work over 5 to 7 flights on a Sunday, followed by 10 x 100m. On a Tuesday I do weights and 'up the clock' runs; say 16 runs between 120 and 240m. On a Wednesday I do 15x200m and a circuit type session using weights. On Thursday I indulge in weights again and run 4x600m. On a Friday I relax with basketball and badminton at the local youth club and on a Saturday I do fartlek work in the woods including 3x500m over an uphill circuit. In the summer Sunday is made up with recreational work including hurdles, sprints, high jumping, etc. On a Monday I do 8x300 fast; on Tuesday 2x3x200m over 5 hurdles, followed by 10x100m. On a Wednesday 4x500m 'ins and outs'; on a Thursday, 2x300 over 7 hurdles followed by 2x150m full out. I rest on a Friday, and compete on the Saturday. This meant usually running 200m and 400mH during the 1969 season."

Bill's summer sessions are composed mainly of 3x7 hurdles on the bend timed from blocks. "Most sessions during the summer are over hurdles at racing speed. I do very little hurdling during the winter, usually because of bad weather conditions. So I do interval sessions such as 5x300m (sub 40) and fartlek along with weight training."

Both feel that they gained much from their Junior international selections. Bill says: "I have gained a great deal, especially competing in a

foreign country. The extreme heat in France was unsettling, but I came through all right. Just the thought of being sent all that way to run for your country and letting everyone at home down puts me on edge all the more. I found the fantastic team spirit very uplifting on both trips". Ricky agrees: "Yes I learnt the feeling of team spirit and comradeship. The German trip was of more benefit team-wise because we had more time to relax before the match, whereas in France I thought it was a bit soon to run the day after we arrived before we had recovered from a tiring journey. I think Mike Farrell and Bill Sykes are doing a great job as Junior team managers: they put a great deal of work into it, and keep us well informed".

Bill: "I enjoyed running and jumping at school and high jumped 1.52/5'0" at the age of 12. My father took me along to Waterloo Harriers when I was 13. I commenced seriously from the age of 15-16. This silver pin in my hip does not have any long-term effects (at least I hope not!) and I can still clear 1.73/5'8" (he cleared 1.78/5'10" in 1967). Seriously it's not quite as mobile as my left hip but has very little effect apart from this".

Ricky: "My grandfather first took me to our local club. He was a professional runner in his day and I suppose his enthusiasm rubbed off on me. The first big race I won was the Scottish Schools' 440y in the 13-15 age group in 1965 and I have never looked back since then".

Bill feels that Denis Watts has contributed "a great deal" to his success. "Denis is a great inspiration for training and gives me the necessary confidence for competition." Ricky states: "I would say coaching is about 80% responsible for my success. I am quite lucky in having a very dedicated coach who works hard. Without him I would not be where I am just now regarding British class."

Ricky's disappointment

Bill has no great disappointments in athletics so far, and hopes to try the dreaded 800m at least once next summer. Ricky counts not winning the Scottish 400mH title in 1969 as his biggest disappointment. ("I didn't run the first 200 fast enough, and had too much left at the finish") Bill's interests outside athletics include table tennis. "I play in the Liverpool League and used to play football until injuries and my parents stopped me." Ricky has a steady girlfriend at Stirling University and enjoys folk music. "My favourite group is the Seekers, although they have disbanded".

Ricky has something interesting to add about the "big event" in Edinburgh next year: "Scotland now athletically is not thought of as that piece of land North of England any more. We are going to surprise a few people next year in Edinburgh. John Anderson has done a great job in creating renewed interest in the past few years and results are starting to show now. This is just the beginning of things to come".

Young Athletes' Results

LIVERPOOL H. SCHOOLS C.C. RACES

at Chidwall College, November 1st

(15-18) 1, B. Lyonette 15.44; 2, K. Carroll 16.23; 3, S. Deegan 16.28; 4, D. Evans 16.50; 5, W. Bradwell 16.55; 6, Kelly 16.58; 7, C. Starr 17.03; 8, M. Lawson 17.08; 9, A. Ellis 17.13; 10, M. Kelly 17.13. Teams 1, St. Mary's College 61; 2, Junior Leaders Batt. 71; 3, St. Edward's Coll. 71.

(13-15) 1, W. Howes 11.30; 2, D. Webster 11.40; 3, G. Kinnear 11.41; 4, P. Tyndall 11.46; 5, G. Fennell 11.48; 6, M. Williams 11.50. Teams: 1, Anfield Comp. 38; 2, Cardinal Allen 51; 3, St. Edward's Coll. 71.

(Under 12) 1, C. Fennell 8.18; 2, P. Redmond 8.19; 3, Norman 8.25; 4, K. Ackerley 8.26; 5, H. McAllister 8.27; 6, P. Beach 8.28. Teams: 1, St. Edward's Coll. 12; 2, St. Joseph's 48; 3, St. Mary's 60.

LUTON BOYS & COLTS RACES

November 8th

IN the Boys cross-country relay Hillingdon (Galvin) were the early leaders, before Sale (Jackson) showed in front on stage two. This leg saw the fastest times of the day, as Miller brought Feltham from 29th to 8th and Side took Southgate from 11th to 4th. Durkin kept Sale in front on stage three, but Southgate crept nearer through Barraclough. A fast run of 10.33 from Saunders on the last leg gave Southgate the honours.

1, Southgate (B. Nethercott 11.21, G. Side 10.32, J. Barraclough 10.46, N. Saunders 10.33) 43.12.

2, Sale (I. Barnett 11.06, P. Jackson 10.39, K. Durkin 10.51, T. Settle 10.54) 43.18.

3, Andover & Dist. (M. Harrop 11.06, C. McLeod 11.06, K. Brown 10.55, A. Barnett 10.33) 43.40.

4, Christ Church YAC, Banbury 44.06; 5, Hillingdon 44.27; 6, Sale "B" 44.42; 7, Luton UH 44.45; 8, Worksop 44.48; 9, Shaftesbury 46.06; 10, Kettering Town 46.28; 11, TVH 46.29; 12, St. Marks S. 46.42; 13, Watford H. 46.47; 14, Camb. & Col. 47.11; 15, Stevenage & NH 47.30.

Colts 2M: 1, S. Shaw (Sale) 11.03; 2, I. Davidson (Thurrock) 11.24; 3, I. Felce (Luton) 11.27; 4, P. Adams (Wycombe) 11.33; 5, R. Harnaman (Luton) 11.36; 6, M. Haldon (Work) 11.38; 7, S. Lawrence (C & C) 11.39; 8, L. White (Sale) 11.40; 9, M. O'Grady (Sale) 11.41; 10, G. Barr (Thurr) 11.43; 11, M. Afgan (Sale) 11.44; 12, A. Hewitt (And) 11.49; 13, J. Hewitt (Worksop) 11.54; 14, W. Jordan (Sale) 11.55; 15, D. Harrison (Sale) 11.59. Teams: 1, Sale 18; 2, Luton UH 33; 3, Worksop 51; 4, Andover & Dist. 63; 5, Feltham 94; 6, St. Mark's S. 101. 112 finished.

AARON MEMORIAL RACES

At Leeds, November 8th

Youths

1. S. Kenyon (Bolton)	17.21
2. B. Lyonette (Pembroke)	17.28
3. B. Baggaley (Gateshead)	17.29
4. D. Lowes (Gates) 17.33; 5, A. Dewhirst (A & SV) 17.38; 6, A. Sladen (Salford) 17.43; 7, G. Kenyon (Wigan) 17.45; 8, J. Fretwell (Holme V) 17.49; 9, A. Dell (Leeds GS) 17.52; 10, S. Deegan	

CROESO 69



Welcome to Wales in Investiture Year

NOS GALAN

The Twelfth Annual Road Races through the streets of
PENRHIWCEIBER and MOUNTAIN ASH, GLAMORGAN

are on NEW YEAR'S EVE, 31st DECEMBER, 1969

(Under A.A.A. Laws)

All events are open. Entry fee 3/- per event

4.00 p.m.—Men's Mile

8.00 p.m.—Women's Mile

9.00 p.m.—Men's 100 yards.

11.46 p.m.—Men's 4 Miles

Prizes valued £7, £4, £3, to first three in each event. Nos Galan vests to first 20 home in the mile events, and to first 100 in the 4 miles. Nos Galan engraved trophies to first three teams and first three Welsh teams (3 to score) in 4 miles.

ENTRIES CLOSE FINALLY on MONDAY, 15th DECEMBER, to Bernard Baldwin, Picton Villa, 13 Campbell Terrace, Mountain Ash, Glam.

(Pem) 17.53; 11, P. Carroll (Pem) 17.54; 12, D. Connolly (Pem) 18.00; 13, R. Firth (Holme V) 18.01; 14, P. Pape (A & SV) 18.05; 15, R. Sterling (Gates) 18.15; 16, A. Black (Leeds C) 18.22; 17, M. Seddon (Holme V) 18.27; 18, P. Lynch (B'burn) 18.28; 19, P. Blakeney (Salf) 18.29; 20, N. Jackson (W'fld) 18.30; 21, R. Curwen (Pres) 18.31; 22, K. Midgley (Hal) 18.32; 23, S. Bullen (Salf) 18.33; 24, C. Gilligan (Pem) 18.34; 25, S. Richardson (Leeds GS) 18.35; 26, D. Gaskell (QE GS) 18.38; 27, D. Crossley (Roth) 18.42; 28, D. Pearson (Bing) 18.43; 29, D. Coneys (B'burn) 18.43; 30, B. Monaghan (Bing) 18.44.

Teams: 1, Gateshead 22; 2, Pembroke 23; 3, Holme Valley 38; 4, Salford 48; 5, Airedale & Spen Valley 57; 6, Leeds GS 87; 7, Blackburn 88; 8, Bingley 97; 9, Wakefield 102; 10, Manchester & Dist. 120.

Boys 2M

1. F. Kelley (Bingley) 11.57
2. M. Chambers (Skyrac) 12.03
3. B. Hinton (Bradford GS) 12.04
4. R. Kelly (Pem) 12.05; 5, R. Cocks (Hull) 12.21; 6, G. Sellers (L'wood) 12.24; 7, D. Hopton (Chest) 12.28; 8, D. Brewster (Leeds GS) 12.28; 9, S. Lawrence (Pilk) 12.31; 10, G. Johnson (Hull) 12.31; 11, D. Ferguson (Roth) 12.34; 12, A. Bigg (C'fld) 12.35; 13, G. Perkins (C'fld) 12.35; 14, A. Wilkinson (Bing) 12.37; 15, R. Walker (Pem) 12.38. **Teams:** 1, Chesterfield 32; 2, Pembroke 37;

3, Hull 37; 4, Bingley 21; 5, Pilkington 22; 6, Bradford GS 23.

Sutton School's Junior CC Relays at Sutton Coldfield, October 11th. (U/16) 1, Bishop Vesey's GS 32.45; 2, Bishop Vesey's "B" 34.24; 3, John Willmott GS 34.44. Fastest: Macartney (BVGS) 8.02. (U/14) 1, Fairfax HS 34.46; 2, Boldmore HS 35.19; 3, Bishop Vesey's 36.09. Fastest: Melton (BVGS) 8.18. (U/12) 1, Hawskworth (BHS) 9.35; 2, Leng (Ar. Terry S) 9.48; 3, Bird (B. Walsh) 9.52.

Medway AC Albert Cook Memorial Relay, at Maidstone, October 25th. 1, Thurrock 34.58; 2, Judd School, Ton. 36.34; 3, Invicta 36.47; 4, Chislehurst & Sidcup GS 36.59; 5, Blackheath 37.05; 6, Medway 37.07; 7, Thurrock "B" 37.30; 8, St. Joseph's School, Orp 38.00; 9, Ryde H. (IoW) 38.46; 10, Erith 38.55. 19 teams finished. Fastest: S. Barr (Thurr) 8.14, D. Marrs (Med) 8.29, K. Nice (Thurr) 8.46, I. Wilson (Judd) 8.51, J. Green (Thurr) 8.58, D. Sales (Thurr) 9.00.

Lewisvale Spartans Schools' Races, at Musselburgh, November 1st. (Youths) 1, I. Stewart 15.50; 2, D. Neill 16.01; 3, L. Mitchell 16.02. Team: West Calder. (Boys) 1, B. Johnson 13.29; 2, P. Wynne 13.41; 3, J. Hunter 13.49. Team: Preston Lodge. (Colts) 1, A. Henderson 8.34; 2, J. Stewart 8.57; 3, J. Hislop 8.58. Team: Preston Lodge. (Junior Girls) 1, A. Gibson 11.03; 2, J. Redden 11.17; 3, J. Aitken 11.24. Team: Newbattle HS.



S. Lawrence (36) and S. Lightfoot (38) of Pilkington lead from eventual winner F. Kelley (70) of Bingley in the Aaron Memorial Boys' Race.

Eric North



Leaders in the Skyrac AC Open Junior Race: D. Slater (89) of Skyrac, the winner, and R. Belk (106) of Airedale & Spen Valley, who was third.

Eric North

Biggleswade C.C. Races

November 1st

Seniors

1. R. Brewitt (South Holland H.) 28.50
2. H. Quince (Bedford & Cty) 30.25
3. D. Gartside (Huntingdon) 30.32
4. W. Whiting (Bracknell) 30.50; 5. W. Barratt (Ilford) 31.20; 6. J. Jenkins (Hunt) 31.40; 7. H. Anderson (Ilford) 32.00; 8. B. Keith (Hunt) 32.15; 9. K. Phillips (Ilf) 32.30; 10. R. Brandon (TVH) 33.07. **Teams:** 1, Huntingdon 17; 2, Ilford 21; 3, Bracknell 27; 4, Bedford & Cty. 37; 5, Feltham 47.

Youths

1. I. Whittle (Luton) 14.08
2. S. Sharratt (Luton) 14.23
3. R. Weatherley (Bracknell) 14.27
4. K. Brothers (Felt) 14.35; 5. I. Kilpatrick (Brack) 14.41; 6. I. Graham (Bed & Cty) 14.50; 7. M. Webb (Harlow) 14.51; 8. P. Churchward (Wycombe Ph) 14.58; 9. P. Varney (Banbury) 15.00; 10. L. Coleman (Harlow) 15.01. **Teams:** 1, Luton 16; 2, Harlow 28; 3, Bracknell 29.

Boys

1. D. Miller (Feltham) 14.48; 2. J. Davidson (Corby) 15.17; 3. D. Driver (Br. Timken) 15.19; 4. A. Arnell (Watford) 15.27; 5. N. Bishop (Banbury) 15.30; 6. T. Butt (Stev) 15.33; 7. T. Marsden (Mit) 15.44; 8. D. Campbell (Brack) 15.48; 9. P. Bursey (BoE) 15.48; 10. P. Upton (Mit) 15.55. **Teams:** 1, Christ Church, Banbury 31; 2, Mitcham 33; 3, Bracknell 65; 4, Castle Caudon Cov. 69.

Colts

1. R. Green (Harlow) 11.34
2. J. Wise (Bracknell) 11.43
3. T. Hallett (Luton) 12.04
4. P. Adams (Wycombe) 12.16; 5. J. Lennon (Cauldon) 12.24; 6. G. Dwelly (Brack) 12.25; 7. I. Felce (Luton) 12.29; 8. P. Buttress (Caul) 12.38; 9. R. Harnaman (Luton) 12.42; 10. M. Bainbridge (BoE) 12.43. 72 finished. **Teams:** 1, Luton 19; 2, Bracknell 23; 3, Cauldon Castle, Coventry 27.

(Young Boys 10-11): 1, T. Silvery (Ilford) 12.45; 2, S. Welland (Cauldon C) 13.20; 3, P. Hutchinson (Hunt) 13.25; 4, G. Fordham (Luton) 13.33; 5, M. Allen (Cauldon) 13.35; 6, K. Hatt (Cauldon) 13.45. 67 finished. **Teams:** 1, Cauldon Castle 13; 2, Ilford 23; 3, Huntingdon 25.

(Under 10): 1, D. Simkin (Mitcham); 2, G. Greasley (Sherradsworth); 3, T. Cole (Hunt). 25 finished.

Thames Valley H. Schools' C.C. Race, at Cranford, November 1st. 1, J. Goater (Hab) 14.32; 2, J. Davies (Cran) 14.47; 3, Brown (Hab) 15.16; 4, Dell (Leeds) 15.17; 5, Angus (Alley) 15.57; 6, Tanswell (Hab) 16.40; 7, Holmes (All) 16.44; 8, Newman (Bishop) 16.48; 9, Sanderson (Leeds) 16.50; 10, Rhodes (Leeds) 16.58. **Teams:** 1, Haberdashers Aske's 10; 2, Leeds GS 23; 3, Alleyne's S. 35; 4, Leeds GS "B" 41; 5, Bishopsalt S. 45; 6, Cranford 53.

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Which distance will you go for in the 1972 Olympics?

The 20 and 50 kilos, and I want that to be known as widely as possible beforehand.

Are your recovery powers sufficient to tackle this?

I've heard the two events are six days apart. This year I won a race in Paris over 20 kilos when the temperature was 80°F. That was on a Thursday evening. The next day I travelled home. On the Saturday afternoon I successfully defended my National 20 miles title. The course was fairly tough and it was a hot day.

Christoph Hohne will be your biggest danger in the 50 kilos. He appears almost unbeatable.

He has been beaten twice in the last two years. It shows he is only human. I admire him though; in both races he kept going where many champions of his calibre would have dropped out. I get on quite well with him; we communicate with signs. We are hoping to arrange a challenge race next year over 35 kilos (midway between the distance we won our European titles over). It will probably be held in Germany in May. That race will decide who is "World Champion". The big difference between us is the fact that he only races about 14 times a year to my 40.

In Mexico you collapsed in the heat. Even in England you have suffered badly in hot or humid conditions. Are you taking measures to counteract this apparent weakness?

I learned a lot in Mexico. I now use a different warm-up. On a hot day I warm up very steadily a long time before the race. Then I have a cold shower or a wash to reduce my body temperature. After that I lay down and rest before the start.

Does your daily training ever make you depressed or irritable?

If I go excessively slowly in training it makes me edgy and I worry. I don't get periods like this very often. They put me in a bad mood. I

INTERVIEW WITH PAUL NIHILL

—By Ron Linstead

get bad tempered, but only with myself. I don't beat the wife or anything like that!

Once I heard a rival say, after you had won a 20 miles race in 2:36 by about 8 minutes, that you were mad to go so fast in an unimportant event. Often I have noticed that in minor events you have chased after course records with a determination that one feels could be reserved for more important occasions.

A lot of people think that way but in many races I do go steadily. I use them as training sessions, and it's nice to have company. If I am due for a hard training session I push it in the race; if not I go easy.

As a walker you must surely attract many comments whilst training on the road. Does this worry you?

It really depresses me and gets me down sometimes. You just have to learn to live with it. That's life I suppose.

Walking events are often put on at the beginning of the programme. In some International matches they are dropped altogether. This must annoy you.

It does. I don't care where we race as long as we get a race. I don't care even if they put it on five miles away from the main stadium. It doesn't worry me though, if they put on a walk at the beginning of any meeting; at least we get a walk.

Walkers are sometimes regarded by runners as



The climax to date of Paul Nihill's brilliant career. Here he approaches the finishing line to win the European 20 kilometres walk championship.

Fionnbar Callanan

Caine Wins Heaton Memorial Road Race

November 8th

1. J. Caine (Gateshead) 28.17
2. J. Alder (Morpeth) 28.32
3. J. Milton (Saltwell) 28.37
4. M. Benn (Heaton) 28.41; 5. W. Robinson (Salt) 28.43; 6. J. Temperton (A&SV) 29.02; 7. N. Rackham (Heat) 29.10; 8. B. Foster (G'head) 29.17; 9. J. Kelly (S'well) 29.18; 10. J. Hillen (S'well) 29.24; 11. R. Bell (Morpeth) 29.54; 12. J. Dixon-Dawson (H'ton) 29.55; 13. P. Veitch (M&C) 29.58; 14. D. Gray (Mor) 30.00; 15. P. Barker (M&C) 30.05; 16. C. Vaux (M&C) 30.06; 17. E. Hudspeth (Mor) 30.39; 18. R. Checkley (H'ton) 30.14; 19. A. Matheson (M'peth) 30.16; 20. E. Pomfret (H'ton) 30.24.

Teams: 1, Morpeth 92; 2, Heaton 97; 3, Saltwell 99; 4, Middlesbrough & Cleveland 117; 5, Gosforth 241.

Youths

1. M. McLeod (Elswick) 14.14; 2. C. Spedding (Gateshead) 14.21; 3. D. Coates (M&C) 14.32; 4. S. Markley (M&C) 14.42; 5. B. Drine (Burn Rd) 15.06; 6. A. Anderson (Sund) 15.09; 7. S. Walker (M&C) 15.32; 8. D. Gibbon (Els) 15.35; 9. D. Ligo (Gates) 15.36; 10. D. Quinn (S'well) 15.46; 11. G. Gilchrist (Heat) 15.53; 12. C. Hedley (Gates) 16.01.
- Teams:** 1, Middlesbrough & C 14; 2, Gateshead 23; 3, Elswick 29.

Boys

1. R. Cartwright (Burn Rd) 12.17; 2. P. Dunn (Bill) 12.36; 3. W. Watson (S'well) 12.40; 4. P. Taylor (Sund) 12.43; 5. J. Barker (Sund) 12.52; 6. B. Old (Gates) 13.03; 7. A. Clarke (M&C) 13.05; 8. J. Lawther (NSP) 13.13; 9. K. Willis (Burn Rd) 13.16; 10. R. Ashburn (NSP) 13.21; 11. P. Winnard (M&C) 13.21; 12. P. McDaid (Salt) 13.21.
- Teams:** 1, Sunderland 24; 2, Burn Road 27; 3, Saltwell 29; 4, Middlesbrough & C 34; 5, Gateshead 45; 6, North Shields Poly 47.

Camberley & District officers: President, Mr. A. E. Forster; Chairman, D. Kellett, Hon. Gen. Sec., G. Tarrant, 78, Burleigh Road, Frimley, Surrey; Treasurer, K. England.

* * *

Hayes & Harlington AC elected: President, Don Taylor; Chairman, Gordon Robertson Snr.; Hon. Gen. Sec. Don Taylor, 42, Drayton Gardens, West Drayton, Middx.; Treasurer, Peter Burgess; Fixtures sec., Keith Wainer; Track Captain, Tony Smith; Ladies' Captain, Christina Hillier; Cross Country Captain, Colin Furlong.

* * *

Bromsgrove & Redditch AC officers: chairman & acting sec., J. Robinson, "Chiersee", 17 Hensals Avenue, Webleath, Redditch, Worcs; treasurer, S. Compton; ladies sec., Miss J. Adams, 5 Willow Way, Redditch; walking sec., T. Simons; track sec., J. Andrews; Youths & Boys sec., H. Share.



Paul pictured at home with some of his trophies and awards. Ron Linstead

being a breed apart. Do you mix with many athletes other than walkers?

On international trips the walkers and distance runners do mix. We are in the same "club", we speak the same language.

Do you enjoy overseas trips or do pending races make them a strain?

I love travel and I always get excited. When I went to Los Angeles I got very, very excited, almost like a kid going on his first seaside outing.

What are your hobbies?

Record collecting. When I go abroad I always bring some back. I brought ten long players back from Los Angeles. I like rock and roll. I reckon I've got just about every rock record ever made.

What other sports have you taken part in?

Football and boxing. I represented Surrey at both these sports in boys clubs events.

If you weren't a walker which sport would you like to reach the top at?

Boxing. I boxed from 1952 to 1961 but with only fair success. I buy many boxing magazines and go to boxing shows.

What will you do when you retire from walking?

I will coach. I would like to train champions of my own. It has always been my ambition to get an athlete to the top from being nothing. I'd like to go along to a meeting, pick out someone from the back of the field and train him to be a champion.

"MARY, MARY"

*Cliff Temple
reviews Mary
Rand's new book*

Mary Rand and Ann Packer show off their Olympic gold medals. (Ed Lacey photo).



HINDSIGHT is probably the most frustrating and helpless form of human opinion. With its aid, it is easy to read this eagerly awaited autobiography of Britain's greatest ever female athlete and say bluntly: Mary Rand should have retired after the Tokyo Olympics. It was equally easy, I recall, to say in 1964: With four more years of training behind her, Mary Rand will be unbeatable in the pentathlon at the Mexico Olympics. Fate, alas, had other plans.

Now, in 1969, with her athletics career having ended disastrously last season, and with a broken marriage behind her, Mary bravely and candidly tries to piece together the story of what went wrong in *Mary, Mary*, published earlier this week.

Initially, the story has almost fairytale qualities: the Somerset schoolgirl who is offered a scholarship at Millfield, becomes an international athlete at 17, an ill-fated Olympic favourite at 20, marries a successful businessman, gives birth to a baby daughter, and then makes a dramatic comeback to athletics, winning an Olympic long jump gold medal with a world record performance. Had it ended there, Hollywood might have filmed it. Unfortunately, it did not.

Yet who could blame Mary for continuing her athletics career while still on the crest of the wave? Also Mary, being an extrovert, was probably more susceptible to public opinion than she realised at the time, and public opinion wanted her to continue and win more gold for Britain.

The effect that Mary's continued participation in athletics after her Tokyo triumph in 1964 had on her marriage can best be summed up by her own words:

"During the week Sid and I were both working. At the weekend, if I wasn't competing somewhere, and I wanted to do something, Sid would be busy working on the new house. The other person doesn't change, the situation changes. We should have forgotten about the house, and my going to

"Mary, Mary" is published by Hodder and Stoughton Ltd., and is obtainable from the "AW" Book Department, 31s. post paid.



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athletics meetings, we should have been together, doing things together, the three of us. I should have been able to see what was happening and had the courage to say, 'Athletics isn't important any more, to hell with the job, I don't want a fine house, I just want to be with Sid and Alison.' But I didn't."

Mary's subsequent meeting with Bill Toomey, and the break-up of her marriage to Sidney Rand are dealt with frankly, and will inevitably, for better or worse, attract a great deal of interest. There can be few sportsmen and women whose personal lives have on occasions received as much publicity as their sporting achievements, but then Mary Rand was, and is, unique as an athlete and a personality.

However, it would be wrong to suppose that the entire book, or even the larger part of it, is concerned with unhappy times. All Mary's successes on the athletics tracks of the world are re-lived, and one approaches the chapter dealing with her Tokyo long jump victory actually wondering if she will win, having been taken step by step through her training build-up.

Vivid writing

Norman Harris, the New Zealand journalist, who had a hand in the writing of the book, really comes into his own in this chapter. It is pure vivid Harris, transcribing Mary's thoughts and feelings during that epic competition.

Mary's reactions the day after her gold medal victory are interesting, and similar to those mentioned by other champion athletes after specific performances requiring long and intense preparations.

"The next day when I woke up I was depressed, really down in the dumps. It wasn't the way I thought anyone would feel after winning a gold medal. Obviously it was an anti-climax reaction. It takes that to make you realise just how badly you had been wanting to do well, how much you had put into it emotionally. All day long people were coming up with congratulations, and saying 'What about the pentathlon then? You could get another gold.' I just felt like curling up."

Mary, of course, won a silver medal in the pentathlon (and a bronze in the relay) at those Games and until her retirement from the sport was dubbed the Golden Girl, though the final four years of her career were sad days for her. Lacking incentive, troubled by injury and emotionally upset, it was on the eve of the Mexico Olympics that a severe Achilles tendon injury forced Mary to finally call it a day.

This story is—without sounding too corny—one that had to be told, and there's a lesson that can be learned from it: namely, that success, unless carefully handled, does not necessarily bring personal happiness. The real tragedy is that when Mary retired from athletics, the sport to which she had given so much, it had paid her back in such an ungrateful way.

UK INDOOR ALL-TIME LIST

THE first major indoor meeting of the winter will be staged at RAF Cosford this week-end. In order to place performances in perspective here is a list of the best UK indoor performers of all time in what may be termed the "standard" events.

60m: 6.6 Barrie Kelly 1966; 6.7 Jim Raiton 1955, Bob Frith 1968; 6.8 Dave Jones 1963, Peter Radford 1963, Joe Speake 1968, Tony Tymms 1968, Les Piggott 1968, Ed Pavitt 1968, Stuart Bell 1969, Don Halliday 1969, Paul Pinnington 1969, Ford Dennis 1969, Derek Boosey 1969.

200m (* 220y time less 0.1) 22.1* Ralph Banthorpe 1966; 22.3 Roger Walters 1969; 22.5 Dave Dear 1968; 22.6 Clay Gibbs 1954, Eric Pape 1968, Peter Wiltshire 1969; 22.6* Terry Smith; 22.7* Dave Segal 1961, David England 1965.

400m: (* 440y time less 0.3) 47.4 Colin Campbell 1969; 47.6 Richard Green 1968; 48.2* Nick Overhead 1966; 48.5 John Robertson 1968, Ralph Banthorpe 1968; 48.7* Peter McMahon 1966; 48.8 Brian Morris 1963, Martin Bilham 1968.

800m: (* 880y time less 0.7) 1:49.2 Bob Adams 1969; 1:49.7 John Whetton 1965; 1:50.2 Bob Roberts 1969; 1:50.2* Bill Cornell 1968; 1:50.7 Peter Beacham 1965, John Greatrex 1969; 1:50.8* Duncan Middleton 1967; 1:50.9* John Gingell 1967.

1500m: 3:43.0 John Whetton 1967; 3:44.8 Walter Wilkinson 1967; 3:45.8 Neill Duggan 1963; 3:46.3 Stan Taylor 1963; 3:46.7 Bill McKim 1968; 3:48.1 John Davies 1968; 3:48.6 Peter Stewart 1969.

3000m: 7:55.4 Ian Stewart 1969; 7:56.2 Ian McCafferty 1967; 8:00.8 Ricky Wilde 1968; 8:02.8 Peter Stewart 1968; 8:03.6 Andy Holden 1968; 8:05.0 Chris Perry 1967; 8:06.6 Alan Simpson 1966; 8:08.0 John Bednarski 1968; 8:08.8 Ray Roseman 1968.

2000mSC: 5:33.2 Chris Perry 1968; 5:34.0 Bill Ewing 1968, Mike Dixon 1968; 5:35.0 Pete Morris 1968; 5:36.0 Ron McAndrew 1968; 5:36.5 Gerry Stevens 1968; 5:36.6 Derek Blakeley 1969; 5:38.4 John Offord 1969.

60mH: 7.8 Laurie Taitt 1963, Mike Parker 1966, Alan Pascoe 1969; 7.9 Dave Hemery 1969; 8.0 Stu Storey 1969; 8.1 Rod Morrod 1968; 8.2 Rupert Legge 1968.

HJ: 2.08/6'10" Gordon Miller 1965; 2.05/6'9" Crawford Fairbrother 1961; 2.03/6'8" Mike Campbell 1969; 2.00/6'7" Patrick Mackenzie 1963; 1.98/6'6" Mike Leary 1960; 1.95/6'5" David Wilson 1959.

PV: 5.03/16'6" Mike Bull 1969; 4.59/15'1" Martin Higdon 1968; 4.57/15'0" Dave Stevenson 1964; 4.44/14'7" Dave Lease 1969; 4.42/14'6" Trevor Burton 1965; 4.39/14'5" Mike Bryant 1968; 4.33/14'2½" Rex Porter 1964; 4.27/14'0" Neal Willson 1966, Gordon Rule 1968, Jeff Fenge 1968.

LJ: 7.97/26'2" Lynn Davies 1966; 7.73/25'4½" John Morbey 1964; 7.60/24'11½" Fred Alsop 1965; 7.41/24'4" Peter Reed 1966; 7.38/24'2½" Peter Templeton 1968; 7.37/24'2½" Dave Walker 1968;

7.34/24'1½" Gwyn Williams 1968; 7.29/23'11½" Tony Tymms 1968.

TJ: 15.99/52'5½" Derek Boosey 1969; 15.54/51'0" John Vernon 1968; 15.51/50'10½" Fred Alsop 1965; 15.36/50'4½" Tony Wadhams 1968; 15.29/50'2" Mike Ralph 1963; 15.16/49'8½" Sean Power 1969; 15.05/49'4½" Peter Walker 1967; 14.91/48'11" Gerald Evans 1967.

SP: 19.19/62'11½" Arthur Rowe 1962; 18.59/61'0" Alan Carter 1965 18.13/59'6" Jeff Teale 1969; 17.94/58'10½" Mike Lindsay 1961; 17.88/58'8" Martyn Lucking 1962; 17.41/57'1½" Bill Tancred 1969; 17.26/56'7½" Geoff Capes 1968; 17.15/56'3½" Barry King 1965; 16.56/54'4½" Tony Elvin 1967.

Women

60m: 7.4 Daphne Slater 1963, Mary Rand 1966, Madeleine Cobb 1969; 7.5 Janet Simpson 1963, Della James 1967, Jenny Pawsey 1967, Sheila Cooper 1968, Jean O'Neill 1968, Maureen Tranter 1969.

200m: (* 220y time less 0.1) 24.7* Maureen Tranter 1966; 25.1 Della James 1969; 25.1* Jenny Pawsey 1967; 25.3 Jannette Champion 1969; 25.4* Margaret Critchley 1966, Shena Willshire 1967; 25.5 Jean O'Neill 1968; 25.7 Sandra Dyson 1969.

400m: (* 440y time less 0.3) 54.8 Rosemary Stirling 1969; 56.4 Maeve Kyle 1966; 56.6* Maureen Tranter 1965; 56.9 Pauline Attwood 1969; 57.2 Pat Lowe 1969; 57.6 Christine Howell 1969; 57.7* Anne Smith 1966, Gloria Dourass 1966, Jean Dicker 1966.

800m: (* 880y time less 0.8) 2:09.7 Sheila Carey 1969, Rosemary Stirling 1969; 2:09.7* Anne Smith 1966; 2:11.0 Mary Speedman 1969; 2:11.3 Norine Braithwaite 1968; 2:13.2 Madeline Ibbotson 1963; 2:13.5* Pat Lowe 1965.

1500m: 4:42.4 Carol Gould 1969; 4:42.6 Phyllis Lewis 1969.

60mH: 8.6 Chris Perera 1969; 8.7 Sue Scott 1969; 8.9 Liz Toulalan (now Mrs. Sutherland)

1969, Mary Peters 1969, Anne Edwards 1969; 9.0 Chris Taylor 1968, Sandra Brown 1968, Linda Curwen 1968.

HJ: 1.76/5'9½" Barbara Inkpen 1969; 1.74/5'8½" Linda Hedmark 1969; 1.75/5'9" Frances Slaap 1962; 1.70/5'7" Gwenda Hurst 1964; 1.67/5'6" Pat Veals 1961, Dorothy Shirley 1962, Yvonne Saunders 1968; 1.65/5'5" seven girls.

LJ: 6.53/21'5" Mary Rand 1966; 6.18/20'3½" Sue Scott 1969; 6.07/19'11½" Alix Stevenson 1964; 6.03/19'9½" Sheila Sherwood 1966; 5.97/19'7" Maureen Barton 1969; 5.91/19'4½" Barbara Inkpen 1967; 5.89/19'4" Jackie Caswell 1969; 5.88/19'3½" Shirley Clelland 1969.

SP: 15.29/50'2½" Mary Peters 1966; 14.88/48'10" Brenda Bedford 1969; 14.55/47'9" Sue Allday 1964; 13.29/43'7½" Gay Porter 1969; 13.01/42'8½" Kathy Duckett 1966; 12.96/42'6½" Val Woods 1962; 12.95/42'6" Janis Quick 1969.

HARDING MEMORIAL ROAD RACES

(Women)

At Hayes, Middx., November 9th

Seniors 3x3000m

1, Hillingdon 39.41; 2, London Olympiades 41.07; 3, Barnet 41.58; 4, Hayes & Harlington 42.12; 5, Aldershot, Farnham & Dist. 42.48. **Fastest:** C. Roy (Hill) 9.11, D. Elliott (Barnet) 9.24, S. Kazi (Ald) 9.25.

Intermediates 3x3000m

1, Aldershot, F. & D. 30.03; 2, Barnet 31.00; 3, Aldershot "B" 31.32; 4, Crawley 31.41; 5, Windsor, Slough & Eton 31.50; 6, Uxbridge 32.07. **Fastest:** B. Price (Uxbridge) 9.29, K. Barnett (Windsor) 9.36, H. Powell (Barnet) 9.38.

Juniors 3x2000m

1, Aldershot, F. & D. 27.34; 2, Crawley 28.43; 3, Aldershot "B" 28.49; 4, Wycombe 29.17; 5, Windsor, S. & E. 29.25; 6, Uxbridge 29.36. **Fastest:** P. Attwater (Craw) 8.43, C. Boxer (Aldershot) 8.54, R. Parker (Wind) 9.05.



The art of levitation as demonstrated by Dave Hemery as he clears 2.39/7'10" in the pole vault at the Oxford v. Cambridge Freshmen's match.

Ed Lacey

C. Tranter (Farnworth), the eventual winner, leads in the Skyrac AC intermediate girls' cross-country race at Guiseley. She is followed by Anne Williams (40) and Helen Gleeson, both of Spenborough.



Eric North

BOROUGH ROAD CAPTURE WOODBURY ROAD RELAY

At St. Luke's College, November 8th.

MAKING their debut in this 12th annual event, Borough Road College ran out comfortable winners, defeating holders Westbury. Dave Collins put Plymouth into a sizeable lead at the end of the first stage, only for Grey to take Westbury out in front on the second. Eddie Strong then took Bristol clear on lap three and Lonnen held on for them on the fourth stage. Meanwhile, Ian Forster and Richard Fisher closed the gap for Borough Road College and Malcolm Absolom fully exploited his position on the fifth stage, handing over well in front. In a barnstorming finish Dai Francis overhauled Bristol for second after Grice had run in almost a minute clear.

D.K.B.

1, Borough Road College (T. Slack 17.44, D. Michael 17.54, I. Forster 17.09, R. Fisher 17.46, M. Absolom 16.37, R. Grice 17.33) 104.43

2, Westbury (B. Popel 17.32, E. Grey 17.36, P. Whittle 18.26, G. Blackburn 17.49, C. Ridley 17.30, D. Francis 16.47) 105.40

3, Bristol (I. Edmonds 17.49, Clayton 17.44, Strong 17.00, Lonnen 17.25, Benn 18.09, Mattock 17.55) 106.02

4, Cardiff Un. 108.53; 5, Exeter H 110.51; 6, Bristol Un. 111.00; 7, City of Plymouth 111.14; 8, Paignton 111.53; 9, Cardiff Coll. 113.41; 10, St. Luke's 115.32; 11, Univ. Coll. Swansea 115.34; 12, Borough Rd. 'B' 115.56; 13, Exeter Un. 116.08; 14, Weymouth St. Paul's 116.54; 15, Bristol 'B' 118.19. 26 teams finished. **Fastest:** Absolom 16.37, Francis 16.47, M. Rowland (Newport) 16.59, D. Collins (Plymouth) 17.00, Strong 17.00.

Young Athletes Road Race: 1, N Rose (Bris) 18.02; 2, A. Staynings (W'bury) 18.30; 3, F. Elford (Ply) 18.55. 52 finished.

BLACKHEATH C.C. SECRETARY

The Blackheath Harriers new cross country secretary is Chris. Haines, of 30, Swievelands Road, Biggin Hill, Westerham, Kent.

CAMBERLEY & DISTRICT A.C.
4th ANNUAL LADIES'
CROSS-COUNTRY RACES
SATURDAY, 6th DECEMBER, at 2 p.m.
Over Old Dean Common, Camberley
YOUNG GIRLS—1 MILE
(Over 11 and under 12 on 1.9.69)
JUNIOR LADIES—1 MILE
(Over 12 and under 14 on 1.9.69)
INTERMEDIATE LADIES—1½ MILES
(Over 14 and under 16 on 1.9.69)
SENIOR LADIES—2½ MILES

Trophy for all events. Medals first 3 teams and first 3 individuals in each event.

Entries (7/6 per team (4 to run, 3 to score), 2/6 individuals) to Miss S. Sandford, 3 Moor Road, Manor Farm Estate, Frimley, Surrey, not later than Wednesday, 26th November, 1969.

GUILDFORD & GODALMING A.C.

12th Annual

"HOG'S BACK" OPEN ROAD RACE

9½ Miles Under A.A.A. Laws
SATURDAY, 20th DECEMBER, 1969
Start 2.50 p.m.

Awards: Team Trophy, prizes to first four teams, first six indiv. (£7-£1), and first Veteran (indicate on form if Vet.).

Entries (3/6 each entrant on A.A.A. form—no team fee) to A. W. Blatchford, 20 Caxton Gardens, Guildford, Surrey. **Closing date 10th December.**

BARBARA INKPEN

answers the
Questionnaire

Full name:

Barbara Jean Inkpen.

Birthplace and date:

Farnham (Surrey), 28.10.49.

Height and weight:

1.81/5'11½", 67kg/148lb.

Club:

Aldershot, Farnham & District AC.

Occupation:

Clerk.

Personal best marks:

HJ—1.78/5'10", LJ—6.16/20'2½" (6.19/20'3¼"w).

Which performance has given you most pleasure?

My second 5'10" jump (Crystal Palace, 30.8.69) as it proved that my first wasn't a fluke.

How many days a week do you train and at what time of day?

I train four days a week throughout the year, three days at 7-8.30 p.m., the other (Sunday) at 11 a.m. to 1 p.m. and 2 to 4 p.m.

Please describe your warm-up:

Half-mile jogging, stretching exercises, then a couple of strides around a bend.

Please give details of a typical week's training in winter:

Monday: Gym session (circuits, suppling exercises).

Tuesday: Weights.

Wednesday: Rest.

Thursday: Weights.

Friday: Rest.

Saturday: Fitness work or a high jump session.

Sunday: (a.m.) Stand work, technique training: (p.m.) weights, volleyball.

I have not as yet got a schedule for weights as I have only just begun them.

Please give details of a typical week's training in summer:

Monday: Warmup, strides, 220y build-ups.

Tuesday: Warmup, strides, up-the-clock or fast 60's.

Wednesday: High jump session.

Thursday: Rest.

Friday: Rest.

Saturday: Competition.

Sunday: (am) Technique training; (p.m.) weights, volleyball.

Coach:

Ronald J. Murray.

How much of your success is due to coaching?

All of it. If Ron hadn't taught me the straddle I don't suppose I would have ever got any higher with the scissors than my best of 1.66/5'5½".

How many days rest do you like before competition?

Two.

How often do you like to compete?

At least once a week, but not necessarily in the high jump.

What is your target?

To be a consistent 6ft (1.83) jumper.

Two of Britain's Leading Middle Distance Coaches

Senior A.A.A. Coach Tony Elder (Coach to Rita Ridley)

and Senior A.A.A. Coach Frank Horwill (Adviser to Jim Douglas)

will lecture on their methods at the **Grange Youth Centre, Lansbury Drive, Hayes, Middx., Friday, 28th November, 1969, at 7.30 p.m.**

Subjects covered will include:—

1. Five methods of obtaining stamina.
2. Physiological findings on quantity and quality.
3. How diet can affect performance.
4. The stress theory.
5. When things go wrong (Checking the facts.)
6. B.M.C. Statistics aiding performances.

For details of venue, write to **PETER BURGESS, 11 Hughes Road, Hayes, Middx.**



Peter Tempest photo

What advice would you offer the young athlete or novice?

My advice to youngsters taking up the sport is that at first it feels very hard and you feel very put out when your mates are going out to dances and the pictures, but keep at it. It is well worth it in the end. You make some very good friends,

UK ALL-TIME LIST

1.79/5'10½"	Linda Hedmark	18.6.69
1.78/5'10"	Barbara Inkpen	7.6.69
1.78/5'10"	Barbara Inkpen	30.8.69
1.77/5'9½"	Barbara Inkpen	18.9.69
1.76/5'9½"	Barbara Inkpen	19.4.69
1.76/5'9½"	Barbara Inkpen	24.7.69
1.76/5'9½"	Barbara Inkpen	12.8.69
1.76/5'9½"	Frances Slaap	26.9.64
1.76/5'9½"	Barbara Inkpen	23.2.69
1.76/5'9½"	Linda Hedmark	24.5.69
1.75/5'9"	Frances Slaap	3.11.62
1.75/5'9"	Frances Slaap	15.8.64
1.75/5'9"	Barbara Inkpen	2.9.68
1.75/5'9"	Barbara Inkpen	22.6.69
1.75/5'9"	Barbara Inkpen	9.8.69
1.74/5'8½"	Thelma Hopkins	5.5.56
1.74/5'8½"	Barbara Inkpen	16.10.68
1.74/5'8½"	Dorothy Shirley	16.8.69
1.74/5'8½"	Barbara Inkpen	16.9.69
1.74/5'8½"	Dorothy Shirley	16.9.69
1.74/5'8½"	Dorothy Shirley	18.9.69
i—indoors		

JACK TORRANCE

JACK TORRANCE, one of the great figures in shot-putting history, died at Baton Rouge, Louisiana, last Saturday, at the age of 57.

Born at Weathersby, Mississippi, on June 20th, 1912, Torrance grew to gigantic proportions and took up shot-putting during his freshman year (1931) at Louisiana State University. His results hardly indicated what was to come: a best of 12.62/41'5". After that inauspicious start progress was swift. He reached 14.40/47'3" in 1932 and the following season headed the world rankings with 16.10/52'10".

His big year was 1934. Standing 1.90/6'2½" and weighing 138kg/304lb no less, the "elephant baby"—as he was dubbed—smashed the world record on four occasions. He began with 16.30/53'6" on April 6th, a mark that was bettered 15 days later by John Lyman, and continued with 16.80/55'1½" on April 27th, 16.89/55'5½" in the AAU Championships on June 30th (with Lyman an excellent second at 16.70/54'9½") . . . and, for those days, an almost unbelievable 17.40/57'1" in Oslo on August 5th. This performance survived as the world record until Chuck Fonville attained just over 58ft in 1948, and no British athlete surpassed it until Arthur Rowe in 1958.

Torrance was never to approach his record figures. He neglected his training and grew flabbier, and his best marks in subsequent years were 16.98/55'8½" in 1935 and 16.61/54'6" in 1936. He showed poor form at the Berlin Olympics, placing only fifth with 15.38/50'5½" as the title was won by Germany's Hans Wollke with 16.20/53'1½".

Torrance was a great favourite with the fans, whom he delighted by jogging around the track while tossing the 16lb ball up and down. He forfeited his amateur status soon after the Olympics, boxing professionally (with disastrous results) and playing football for the Chicago Bears. His world records look paltry now in these days of intensive weight training (not to mention the unmentionable), but Jack Torrance will always be esteemed as one of the trail-blazers of track and field athletics. **M.W.**

and many foreign ones, and you get to see a good part of the world if you make the international team. Otherwise you get to travel quite a bit around England and still make many friends.

Annual progression:

Year	HJ	LJ
1964	1.55/5'1"	5.17/16'11½"
1965	1.62/5'4"	5.64/18'6"
1966	1.66/5'5½"	5.52/18'1½"
1967	1.69/5'6½"	5.71/18'9"
1968	1.75/5'9"	6.07/19'11"
1969	1.78/5'10"	6.16/20'2½"

RESULTS IN BRIEF

October 11th

Leeds Univ. 23, British Irwin Club 102, St. John's College, York 124, Sheffield TC 183. 1 eq. F. Briscoe, F. Tittley, P. Rawnsley, J. Fox & I. Barnard (All Leeds U) 33.23; 6, J. McGrow (Sheff) 33.30.

October 18th

Leeds Univ. 43, Durham Un. 92, Edinburgh 109, at Newcastle. 1, F. Briscoe (L) 28.41; 2, A. Blamire (E) 29.07; 3, P. Rawnsley (L) 29.32; 4, D. Logue (E) 29.43; 5, eq. I. Barnard & J. Fox (both L) 30.14; 7, D. Barker (Brad) 30.18; 8, M. Bateman (D) 30.24; 9, A. Pretty (D) 30.31; 10, G. Smith (L) 30.46.

October 25th

Corlin Trophy (Women) Cross-Country, at Enfield. 1, D. Elliott (Barnet) 14.38; 2, J. Freeman (Barnet) 15.15; 3, L. Elmore (Barnet) 15.30. Teams: 1, Barnet & Dist. 10; 2, LOAC 30; 3, Highgate 52. (Juniors) K. Kosbab (Feltham) 10.29. Team: Feltham. (Only results available.)

November 1st

Birmingham League (Div. 2) at Redditch (Seniors) 1, G. Taylor (Sm. Hth) 28.11; 2, B. Baldaro (Warley) 28.16; 3, J. Harvey (War) 28.25; 4, T. O'Reilly (Sm. Hth) 28.48; 5, A. Rowling (Leam) 28.52; 6, M. Rollason (Sm. Hth) 28.55. Teams: 1, Small Heath 62; 2, Warley 123; 3, Bromsgrove & Redditch 152; 4, Coventry Godiva 181; 5, Nuneaton 196; 6, Shrewsbury 209. (Youths) 1, V. Rollason (Sm. Hth) 13.32; 2, D. Black (Sm. Hth) 13.32; 3, D. Moorcroft (Cov. God) 13.44. Teams: 1, Small Heath 7; 2, Leamington 41; 3, Bromsgrove & Redditch 42.

Birmingham League (Div. 3) at Solihull. (Seniors) 1, P. Butcher (Dudley & Stour) 37.10; 2, S. McHale (Glos) 37.40; 3, J. Pope (Glos) 38.23; 4, R. Smedley (Lozells) 38.40; 5, M. Cotterill (Spark) 38.54; 6, J. Mills (Spark) 39.35; 7, M. Herriott (Spark) 39.50. Teams: 1, Spark-hill 45; 2, Gloucester 100; 3, Dudley & Stour-bridge 135; 4, Stafford 174; 5, Lozells 188; 6, Harborne 286. (Youths) 1, R. Harris (Burton) 15.43; 2, C. Cytlau (Glos) 15.48; 3, M. Downes (Staffs) 16.16. Teams: 1, Gloucester 12; 2, Burton 26; 3, Solihull 19.

Indoor athletics, at Madeley College. 60m: 1, D. Boosey 6.8; 2, K. Jackson 6.9. LJ: 1, Jackson 6.91/22'8"; 2, J. Crotty 6.69/21'11".

Leeds Univ. 45, Manchester Un. 85, Liverpool Un. 141, at Leeds. 1, eq. F. Briscoe & P. Rawnsley (L) 32.09; 3, J. Temperton (Guest) 32.35; 4, eq. F. Tittley & I. Barnard (L) 33.02; 6, I. Angus (Man) 33.07; 7, G. Smith (L) 33.10; 8, J. Pearson (Man) 33.14; 9, J. Lunn (Guest) 33.24; 10, M. Bateman (D) 33.28.

West Cornwall Road Relay, at Camborne. 1, West Cornwall; 2, Basement YC; 3, Basement YC 'B'. Fastest: E. Phillips (West Cornwall) 17.22. Youths 2½M: N. Keate (Andover) 14.42.

Manchester AC 46, Oldham & Royton 52, Bury

& Radcliffe 90, at Oldham. 1, D. Swinbank (Preston) 36.38; 2, P. Whittaker (O & R) 37.10; 3, M. Brennan (Pres) 37.23; 4, G. Plant (MAC) 37.39; 5, M. Martin (MAC) 37.39; 6, G. Jordan (F'wth) 38.07. (Youths) 1, J. Reade (O & R) 25.15; 2, J. Warburton (Wall) 25.55; 3, S. Leslie (O & R) 26.04. Teams: Wallasey. (Boys) 1, J. Martin (Wall) 12.45; 2, D. Fletcher (Lan & Mor) 12.48; 3, H. Timmins (F'wth) 12.56. Team: Wallasey. (Colts) 1, R. Davies (MAC) 13.17; 2, D. Chesworth (Pres) 13.35; 3, H. Buckley (O & R) 13.37. Team: Oldham & Royton.

November 5th

Lincolnshire Services League, at Coningsby. 1, Eke (Con) 27.20; 2, Rudman (Scam) 27.53; 3, Morton (Chil) 27.53; 4, Vooght (Witt) 28.07; 5, Mainwaring (Wadd) 28.38; 6, McKenzie (Cran) 28.45. Teams: 1, Newton 178; 2, Waddington 169; 3, Swinderby 149.

November 8th

Leeds Un. 53, Notts AC 130, Durham Un. 139, at Nottingham. 1, eq. F. Briscoe, F. Tittley & P. Rawnsley (Leeds) 30.30; 4, K. Lee (Notts) 30.42; 5, J. Kirkbride (L'boro) 30.47; 6, M. Bateman (Dur) 30.49; 7, C. Barber (L'boro) 30.51; 8, I. Barnard (Leeds) 30.53; 9, R. Baldaro (L'boro C) 30.54; 10, J. Richardson (Notts) 30.57. 129 finished.

Ranelagh H. Junior Cross-Country, at Richmond Park. 1, J. Watts 23.54; 2, T. Canadine-Bate 24.01.

Gloucester AC 36, Cheltenham & County 74, at Gloucester. 1, S. McHale (Glos-J) 24.26; 2, J. Pope (Glos) 25.07; 3, R. Cytlau (Glos-Y) 25.13; 4, R. Samuel (Glos-Y) 25.17; 5, R. Mann (Here & Cty) 25.51; 6, K. Taylor (Glos) 26.02. (Boys & Colts) 1, I. Firth (H & C) 10.32; 2, D. Irvine (Glos) 10.40; 3, T. Eaton (Glos) 11.03. Team: Gloucester. (Women) 1, S. Priest (Strat) 9.35; 2, S. Swift (Glos-I) 9.38; 3, E. Joyce (C & C) 9.58; 4, E. Oliver (H & C-I) 10.09; 5, K. Sheldrick (H & C-J) 10.12; 6, F. Forde (C & C-J) 10.34. Teams: 1, Gloucester 17; 2, Stratford 20; 3, Cheltenham 20.

Cyclists v. Harriers, at Coulsdon. 1, Bartlett (Cyclists) 27.30 . . . 8, D. Faircloth (Croy) 29.54 . . . 14, S. Badgery (Mit) 30.54 . . . 16, C. France (B & H) 32.04 . . . 20, C. Harvey (SLH) 33.21; 21, A. Black (Bel) 33.34 . . . 27, R. Gregory (Walton) 35.07. Cyclists 58, Harriers 221 (First win for cyclists since 1962). Harriers Team: SLH.

Cambridge Un. 30, Blackheath 48, at Hayes. 1, Simmons (CU) 41.53; 2, J. Rix (CU) 42.06; 3, Wilson (B'ht) 42.18; 4, Hirst (CU) 42.18; 5, Dunnett (B-Y) 42.29; 6, A. Domleo (B) 42.31; 7, Irvin (CU) 42.39; 8, A. Weeks-Pearson (B) 42.43; 9, Shields (CU) 42.55; 10, Hardin (CU) 43.04; 11, Harwood (B) 43.06; 12, Morris (B) 43.27. (Hardin & Harwood went off course 1½M from finish when in the lead by a minute.) Second Teams: Blackheath 34, Cambridge Un. 44. 3rd Teams: Blackheath 33, Cambridge Un. 45.

GE/C&E Rugby 41, Bromsgrove & Redditch 60, Sparkhill 104, Solihull 149, at Shirley. 1, M. Childs (Rug) 23.08; 2, P. Lynch (Rug) 23.12; 3, R. Edwards (Broms) 23.29; 4, J. Mills (Spark)

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Close Relays Match

OXFORD beat Cambridge by four events to three in an exciting relays match at Milton Road, Cambridge, on November 13th—the last such match to be decided over English distances.

The finest performance came in the 4x880y where, although Oxford were favourites, an inspired Cambridge team won in the match record time of 7:37.6 (1:54.4 average). Moughtin (1:54.1) and Harris (1:56.7) built up a good lead for Cambridge on the first two stages but although Oxford secretary Bob Steele (1:52.3) closed on Wilkinson (1:53.9), Cambridge anchor-man Richard Green (1:52.9) still managed to hold off the challenge of Phil Lewis (1:51.5).

Cambridge opened up another long lead in the 4x1 mile and when Steele took over on the third stage his light blue opponent Phil Thomas, a 3:45.0 1500m performer this year, was some 60-70 yards ahead. Steele, however, ran a gritty race in 4:13.1 to hand over to Paul Dennis only a few yards down. Young Dennis did the rest, outkicking Doug Hardin with a 58.8 last lap for a 4:09.6 stage. Another good "split" was Green's unpressed 440y anchor in 49.1.

4x110y: 1, Oxford (A. Shoebridge, P. de Villiers, E. Osborn, D. Martin) 42.8; 2, Cambridge (A. Conteh, M. Dale, B. Bolton-Maggs, J. Jamie) 43.2. **4x220:** 1, Cambridge (Dale, Conteh, Bolton-Maggs, Jamie) 1:29.8; 2, Oxford (Osborn, S. Nussey, Martin, D. Clementi) 1:29.8. **4x440:** 1, Cambridge (D. Wilkinson, R. Moughtin, D. Knight, R. Green) 3:20.3; 2, Oxford (L. Godfrey, Nussey, P. Lewis, Clementi) 3:23.0. **4x880:** 1, Cambridge (Moughtin, M. Harris, Wilkinson, Green) 7:37.6; 2, Oxford (R. Brown, P. Dennis, R. Steele, Lewis) 7:39.1. **4x1 Mile:** 1, Oxford (A. Moore, H. Rhys, Steele, Dennis) 17:12.0; 2, Cambridge (C. Cusick, J. Rix, P. Thomas, D. Hardin) 17:17.2. **4x120H:** 1, Oxford (Shoebridge, P. Aylward, C. Brownlees, de Villiers) 62.7; 2, Cambridge (E. Njoku, A. Roulstone, R. Young, P. Thompson) 65.6. **4x220H:** 1, Oxford (Shoebridge, Clementi, Brownlees, de Villiers) 1:43.0; 2, Cambridge (R. Clements, D. Howells, Knight, Thompson) 1:45.0.

BEST EVER COSFORD SEASON?

THERE is every indication of the 1969/70 Indoor Season at Cosford being the best on record. Entries for the first meeting today have topped the thousand mark and the programme for men and women in most age groups will take more than seven hours to complete. Several internationals are among the 200 sprinters, 400 middle-distance athletes, and 100 long jumpers who have entered, including Derek Boosey, Don Halliday, Roger Walters, Andy Wood, Jim Aukett, Colin Campbell, Phil Scott, Sue Scott, Shirley Clelland, Gloria Dourass and Mary Peters. This is an Open Meeting aimed at giving athletes of all grades a chance to make use of the Cosford facilities and there will be a further Open Meeting on December 20th.

An outstanding feature of the coming season will be the match against East Germany on

February 21st with the likelihood of many of the athletes who won gold medals at the recent European Championships taking part.

Improvements to the track and field event areas and better spectator facilities have been brought in for the new season. The facilities have been improved with the addition of a new type of rubber surface for the long jump runway, and banking lowered to prevent some of the bad bumping and boring on the bends. The high jump and pole vault landing areas have been reversed in order to give the high jumpers a better approach.

The full Cosford programme is as follows:— November 22nd, Open Meeting; Dec. 20th, Open Meeting; Jan. 9th/10th, 1970, Cosford Games, including the AAA Junior and Youths' Championships and the WAAA Intermediate Championships; Jan. 30th/31st, National Indoor Championships (Men and Women); Feb. 21st, Great Britain v East Germany; March 4th, Wednesday Night Open Meeting; March 21st, England v The Rest, including the AAA Senior Relay Championships.

Scottish News

Shettleston win Midland District Relay, Bells-hill, November 1st. Shettleston, as expected, ran out the winners by 52 sec, but for three stages Law & District were in the lead. By the final leg, however, Davie Simpson for Law was only 14 sec. clear of Lachie Stewart at the changeover. Stewart bounded off in pursuit of his quarry and was soon pushing into a long lead. Fastest lap award went to Ian McCafferty who wiped out an 18 sec. deficit on the second stage for Law. Results in last week's issue.

Wellpark win South Western District Relay, November 1st. Greenock Wellpark H. registered their ninth victory in this 10 miles relay championship, beating the holders, Beith Harriers, by 400y. On the last stage Bill Stoddart, Scottish Marathon Champion, pulled right away for a comfortable victory. 1, Wellpark (A. Gerrard 14.12, J. Stevenson 13.43, M. Pollard 13.09, W. Stoddart 13.00) 54.04; 2, Beith H. (W. Parker 14.09, T. Cochrane 13.10, K. Phillips 14.16, J. Sloss 13.43) 55.18; 3, Glenpark (J. Smith 14.07, J. Spence 14.36, R. Sinclair 14.28, T. Devlin 14.31) 57.02. **Fastest:** B. Morrison (Irvine YMCA) 12.56, J. Ferguson (Ayr) 12.59, Stoddart 13.00.

Eastern District Relay, November 1st. Edinburgh Southern won this region after Fergus Murray scorched around the third stage in 13.04 to hand over to Craig Douglas in a winning position. Edinburgh AC had led up until then. 1, Edinburgh SH (W. Murray 13.49, K. Ballantyne 13.27, F. Murray 13.04, C. Douglas 13.22) 53.42; 2, Edinburgh AC 53.50; 3, Edinburgh Univ. 54.52. **Fastest:** A. Blamire (Edin Un) 13.01, Murray 13.04, G. Wight (Edin. AC) 13.10.

Scottish Women's AAA officers: The following were elected—President, Lady Mercer; Hon. Gen. Sec., Mrs. J. D. Young; Treasurer, Mrs. C. Douglas; Eastern Dist. Sec., Mrs. I. M. Lang-Brown; Coaching Sec., Mrs. M. A. Carruthers.

Overseas News and Results

AUSTRALIA: Storming Start To Season By Pam Kilborn

AUSTRALIA'S pin-up athlete of recent weeks has been the evergreen sprinter-hurdler Pam Kilborn. On November 1st she ran a wind-assisted 12.8 for the 100m hurdles and the same day clocked 11.2w in the flat 100m behind Raelene Boyle's 11.1. At Brisbane on November 9th Pam reduced the 200m hurdles world record to 26.0 (not 25.5 as previously reported) under legitimate conditions and scored a runaway, though windy, 13.1 victory over Maureen Caird in the 100m hurdles. She also teamed with Marion Hoffman, Jennifer Lamy and Raelene Boyle to set a 4x220y relay mark of 1:35.8, clipping 0.2 off East Germany's 11-year-old world record. Britain's metric record of 1:33.8 is, however, considerably superior. Raelene, on the same occasion, ran 10.5 for 100y and 23.2 for 220y.

Kerry O'Brien defeated Ron Clarke, 13:42.6 to 13:46.8 in gusty conditions in a 5000m race at Melbourne on November 6th. Three days later, on a hot and humid day at Brisbane, Clarke clocked 13:21.4 for 3 miles. The proposed visit by Mohamed Gammoudi fell through because of the flood disaster in Tunisia just before he was due to leave.

John Farrington (ex-Blackheath) won the Australian marathon title at Brisbane on October 11th in 2:21:28, with Bernie Vine (ex-Blackpool) 4th in 2:26:23. Neil Ryan was 2nd in 2:24:08.6 and Terry Manners 3rd in 2:25:22.

We are pleased here about the relatively good showing of the Australian team at Tokyo's Pan-Pacific Meet. No doubt the Americans were past their peak; on the other hand the Australians competed out of season, too. Phil May, incidentally, triple jumped 17.28/56'8 1/4" in Tokyo but it was called a no jump owing to a suspect trailing foot.

Athletics is becoming more popular here. In Victoria alone the various "little athletics" schemes have attracted more than 30,000 boys and girls and the future looks bright although official help and finance is required badly by our leading athletes to compete abroad.

17.8. Sydney. JT: Sigismund Kosciak 79.15/259' 8". **11.10. Melbourne.** HJ: Bernie Somerville (16) 1.98/6'6". **25.10. Melbourne.** HJ: Peter O'Connor (18) 2.03/6'8"; women's JT: Chris Thompson 51.92/170'4". **25.10. Sydney.** 400m: Gary Knoke & Boris Stcherbina 48.0; 3000mSC: Tony Manning 8:43.8; women's 100m: Maureen Caird & Monica Pegg 11.8; 100mH: Caird and Penelope McCallum 13.8. **25.10. Adelaide.** 3000m: Kerry O'Brien 8:08.2; LJ: Peter Reece 7.43/24'4 1/2"; DT: Merv Kemp 48.78/160'0". **1.11. Melbourne.** HJ: Mal MacFarlane 2.05/6'9"; women's DT: Jean Roberts 52.40/171'11", Anna Karner 45.24/148'5". **1.11. Sydney.** 200m: Bruce Weatherlake 21.1, Tony

Turnbull (ex-TVH) 21.5; LJ: Les Walkley 7.40/24'3 1/2"; DT: John Pohl 49.99/164'0"; women's 200mH: (A) Caird 27.5, Dianne Pease 27.8; (B) McCallum 27.6; JT: Diane White 48.79/160'1", Mary Thomas 47.30/155'2". **1.11. Brisbane.** 100m: Eddie Rutledge 10.5, Ross Wilson & Stuart Laing 10.6; 200m: Wilson 21.0. **1.11. Adelaide.** SP: Kemp 16.63/54'6 1/2". **1.11. Perth.** LJ: Phil May 7.83/25' 8 1/4" w.

6.11. Melbourne. 220y: Peter Norman 21.8, Gary Eddy 22.0; 880y: Ralph Doubell 1:49.0, Keith Wheeler 1:49.2; 5000m: 3, Ian Blackwood 13:59.6 (2 weeks earlier, at start of comeback, ran 4:06.3 mile); HJ: Lawrie Peckham 2.13/7'0", Brian Burgess & Tony Sneazwell 2.03/6'8"; TJ: Mike McGrath 16.15/53'0", Don Commons 15.29/50'2" (15.52/50'11 on Nov. 1st); SP: Ray Rigby 16.75/54'11 1/2". **8.11. Perth.** 400m: May 48.0. **8.11. Melbourne.** 100y/120yH: Vince Plant 9.8/14.4; Mile: Keith Wheeler 4:04.6; HJ: (A) Peckham 2.08/6'10"; (B) Burgess 2.05/6'9"; PV: Ray Boyd 4.81/15'9 1/2" (jnr rec); women's 1500m: Adrienne Beames 4:38.5. **8.11. Sydney.** 800m: Gary Knoke 1:52.1; DT: Warwick Selvey 51.69/169'7" (54.94/180'3" in late May); women's 100m: (headwind) Jennifer Lamy 11.6, Alison Ross-Edwards 11.8; 200mH: (A) Caird 27.3; (B) Pease 27.4; 400m: Sandra Brown 55.7. **8.11. Adelaide.** Women's JT: Jenny Symon (15) 43.66/143'3". **9.11. Brisbane.** 100y: Wilson 9.8; 220y: Wilson 20.9w, Norman 21.1; 880y: Doubell 1:48.5; HJ: Peckham 2.08/6'10"; women's 100y: 2, Hoffman 10.7; 220y: 2, Hoffman 23.7.

Bernie Cecins

EUROPE

4.10 Sollentuna (Swe). DT: Bruch 60.13/197'3". **5.10. Ostrowiec (Pol).** Women's Pen: Sarna 4733 (rec: 15.0, 24.7, 6.35/20'10", 1.71/5'7 1/4", 10.39/34'1"). **5.10. Tatabanya (Hun).** 20kmW: A. Kiss 87:31 (rec). **9.10. Budapest (Hun).** HJ: Major 2.12/6'11 1/2". **12.10. Salgotarjan (Hun).** Women's HJ: Csabi 1.75/5'8 1/2". **12.10. Mielec (Pol).** Women's HJ: Konowska 1.74/5'8 1/2". **12.10. St. Gallen (Swi).** Women's 200m: Waldburger 24.2 (rec). **12.10. Mjølby (Swe).** DT: Bruch 63.28/207'7". **12.10. Jonköping (Swe).** DT: Bruch 61.90/203'1". **12.10. Lidingsjö (Swe).** 30 km (road/CC): CHRIS WADE 1:41:58 . . . 12, Garderud 1:47:39 (1293 runners). **16.10. Karlstad (Swe).** DT: Bruch 63.28/207'7". **18.10. Stockholm (Swe).** DT: Bruch 62.62/205'5"; HT: Harlos (Fin) 65.38/214'6". **18.10. Ushgorod (Hun).** Women's 100mH: M. Kiss 13.6 (rec). **18/19.10. Budapest.** DT: Fejer 58.22/191'0"; JT: Kulcsar 83.26/273'2". **19.10. Mariestad (Swe).** DT: Bruch 61.66/202'3" . . . 3, Hans-Olof Gustafsson (b. 1954) 41.30/135'6" (!) **19.10. Szeged (Hun).** DT: Tegla 60.98/200'1". **23.10. Arlov (Swe).** DT: Bruch 64.69/212'3" **25/26.10. Halle (EG).** Dec: Nordwig 7331 (10.9, 6.99/22'

continued on page 35

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WALKING

Impressive Display By Mexicans

ARRIVING last Friday without their coach, the four-man Mexican squad put on an impressive display the next day in an inter-club event at Enfield. On a short, out and back 7 miles course only veteran Ken Easlea could split the visitors, pegging back Pablo Colin in the middle stages. The Mexicans, who have quickly adapted to our climate (all have raced here previously), started fast and at the halfway mark the positions were: 1, Oliveros 24.55; 2, Campios 25.10; 3, Ramirez 25.20. The latter came back strongly and split his Olympian colleagues and nearly caught the winner. During their two week stay here the Mexicans hope to race at Wimbledon (22nd) and Pensey (29th) as well as at mid-week events at Crystal Palace and Hayes with Leicester a possibility. 1, J. Oliveros (Mex) 49.28; 3, E. Campios (Mex) 49.46; 4, K. Easlea (Enf) 51.14; 5, P. Colin (Mex) 52.16; 6, L. Evans (H'gate) 54.22; 7, C. Weston (H'gate) 54.28; 8, G. Robinson (Enf) 55.09; 9, K. Livermore (Woodford Grn) 55.37. Teams: 1, Mexico 11; 2, Enfield 37; 3, Highgate 41; 4, Woodford Grn. 48.

Favourites triumph in Surrey WC Open Junior, Youths & Boys, at South Croydon, November 15th. Pre-race favourites Lawrence Dordoy and national junior champion Brian Adams were comfortable winners on an undulating course which suited them both. Dordoy's usual close pursuer, Dave Maynard, had the satisfaction of leading his team to victory. Les Goodwin walked well for third, Dennis Holly, late of Thurrock, confirmed his recent improvement in form by finishing a clear second while there was a long gap between Kevin Emsley and the fourth man. Steyning easily won the team race. **Junior/Youths 3½M:** 1, B. Adams (Leicester WC) 28.40; 2, D. Holly (B & H) 28.55; 3, K. Emsley (Steyn) 29.29; 4, G. Huns- wicke (Ilf) 30.33; 5, R. Browring (Ex. B) 30.45; 6, R. Emsley (Steyn) 31.05; 7, J. Jones (New- ham) 31.11; 8, J. Brooker (Newham) 31.21; 9, M. Neale (Steyn) 32.11; 10, N. Groom (Croydon) 32.21. **Teams:** 1, Steyning 11; 2, Newham 19; 3, Leicester 21. **Boys 2M:** 1, L. Dordoy (Ilford) 16.33; 2, D. Maynard (Newham) 16.57; 3, L. Goodwin (Basildon) 17.04; 4, G. Bush (B & H) 17.20; 5, J. Singh (Leics) 17.24; 6, R. Ayers (Ex. B) 17.25; 7, S. Fluin (Ex. B) 17.26; 8, J. Melia (Sy) 17.28; 9, J. Lord (H'gate) 17.38; 10, D. Lee (Steyn) 17.52. **Teams:** 1, Newham 14; 2, Essex Beagles 19; 3, Leicester WC 20.

Ron Wallwork first home at Burnley. Defying the strong wind and pouring rain, Ron Wallwork had a good win in the Lancs WC 5½ miles on November 8th with Tony Taylor, back after several weeks out due to injury, showing excellent form to take second. Interesting to note Joe Barraclough (47), former National star of the mid-fifties, back in competition having lost much weight while on a strict diet. 1, R. Wallwork 40.38; 2, A. Taylor 41.08; 3, J. Hopkins 41.26; 4, M. Entwistle 42.15; 5, P. Duckett (Belgrave-Guest) 43.21; 6, J. Barraclough 43.22.

Congratulations to Bob and Shaun. Both Bob Hughes and Shaun Lightman were married last Saturday, so the two bachelors of our Mexico walking squad have now joined their four other companions in the marriage stakes. I know everybody in the sport will join me in wishing these two very fine walkers and their good ladies every fortune in the future.

Coaching conference a great success. Meeting at Lilleshall from November 7th to 9th, the first ever walking coaches' conference was attended by 20 (the maximum that could be accommodated); ardent enthusiasts whose combined aim is to raise the quality and enlarge the quantity in race walking in this country. The complete spectrum of coaching was covered: mechanics, definition, training methods, physiology, psychology and international aspects were discussed with talks given by Lloyd Johnson, Alf Cotton, Stan Mantur, Tom Richardson, Albert Johnson, Harold Whitlock and Colin Young. It was agreed that proposals be put forward to the RWA that the International definition be adopted and implemented in this country, and that a coach, also acting as team manager when necessary, accompanies all teams racing abroad. It can only be hoped that the proposed coaching clinics to cater for the established walker (of all grades), novices and schoolboys, materialise and are enthusiastically received and attended by the walkers themselves. Providing some money is forthcoming for our branch of athletics, walkers can be assured that the coaches have plenty of ideas, involving work here and in Europe, that will ensure we will once again rival any other country in top quality depth as well as considerably increase the number of participants.

Today's Events. The "big one" of the day is the Belgrave "7" at Wimbledon. The promoting club's squad should figure very prominently in the leading positions and seem invincible in the team race. Most of the Southern stars are competing and their clash with the Mexicans will be very interesting, though Paul Nihill and Phil Embleton are still resting. The two lap course now has an adjustment on the tough climb of Copse Hill and certainly appears to be in excess of the stipulated distance judging by last year's times. Up North, the Winter League 7 miles is being held at Holloway, near Matlock, over an extremely arduous course. Ron Wallwork, Roy Thorpe, John Warhurst and Tony Taylor should lead the way with Lancashire WC having the edge over Sheffield in the team battle. At Henlow, the RAF Training and Maintenance Command 10M championship takes place.

Met. Police v. LTPR at Battersea Park, November 12th. 1, A. Seddon (MP) 48.49; 2, D. Vale (LPR) 49.13; 3, G. Robinson (LPR) 49.22; 4, J. Clifton (MP) 50.28; 5, D. Fotheringham (MP) 50.54; 6, B. Ward (MP) 51.34. **Teams:** 1, Met. Police 82; 2, LPR 13.

Yorkshire Coaching Course. Wakefield are

holding a coaching course for Yorkshire walkers on Sunday, December 7th, commencing at 10.0 a.m. Venue is the Thames House School, Wakefield. Full details from Guy Goodair, 7 Raynes Street, Horbury, Wakefield. The club's new walking secretary is Eric Lee, 7 The Close, Durrar, Wakefield.

Met. WC Inter-club. A 7 miles event being held from the Alperston track on December 6th is being promoted by Met. WC. There will be medals for the winning team (four to score) and no entry fee. Details from Phil Embleton, 38 Hurst Road, London, E17.

Manx Results, Douglas to Baldwin & back 7 miles, October 24th. 1, A. Callow 54.34; 2, K. Madigan 59.31; 3, D. Allan 60.03; 4, I. Hodgkinson 60.06. Youths 3½M: P. Lace 35.50. Girls 3½M: D. Hall 35.47. **10km at Douglas, November 9th:** 1, A. Callow 47.01; 2, G. Young 47.54; 3, D. Allam 51.56; 4, I. Hodgkinson 54.18. Youths 3km: P. Lace 19.12. Girls 3km: L. Greives 20.42.

Colin Young
"Hinckley Times" 6M. Road Walk. 1, G. Toone (Leics WC) 44.04; 2, B. Adams (Leics) 44.32; 3, R. Lodge (Broms & Redd) 44.56; 4, R. Wallwork (Lancs) 45.08; 5, E. Taylor (Hinck C) 45.33; 6, M. Holmes (Yorks) 45.41; 7, D. Rosser (S'end) 46.07; 8, R. Turney (Cov. God) 46.41; 9, M. Lees (Leics WC) 46.56; 10, P. Markham (Leics WC) 47.00; 11, B. Butler (Broms & Redd) 47.08; 12, R. Gardner (Broms & Redd) 47.24. **Teams:** 1, Yorkshire WC 9; 2, Bromsgrove & Redditch 12. 53 finished. **(Youths)** 1, P. Sturdy (Broms & Redd) 23.55; 2, S. Eddy (Bromsgrove and Redditch) 24.58; 3, S. Smith (Leics WC) 25.44; 4, J. Crangle (Worcs) 26.39; 5, C. Lowe (Leics) 28.12; 6, P. Singh (Moat Boys, Leic) 28.12. **Team:** Leicester WC. **(Boys)** 1, W. Sowney (Nunnery Wd) 8.27; 2, N. Wainwright (Woodway Pk) 8.33; 3, I. Wainwright (Wyken Croft) 8.36; 4, S. Blyth (Rushey Mead) 8.43; 5, I. Green (Colmers Farm) 8.53; 6, D. Cotten (Selly Oak) 9.16. 62 finished.

Midland Area Schoolboys 2½M. 1, P. Dallow (Colmers Fm) 20.16; 2, S. Hartley (Bridley) 21.04; 3, J. Baldwin (Nunnery Wd) 21.18; 4, K. Sturdy (County High) 21.29; 5, M. Bhawars (Moat Boys) 21.48; 6, A. Patel (Moat BS) 22.08. 57 finished. **Teams:** 1, Moat School, Leicester 17; 2, Oakley Road, Birm. 26; 3, Colmers Farm, Rubery 34.

7 miles inter-club at Steyning, November 15th. 1, A. Buchanan (B & H) 55.35; 2, D. Stevens (Steyn) 56.27; 3, D. Boxall (B & H) 57.13; 4, R. Penfold (Steyn) 58.00; 5, J. Nichols (Steyn) 58.07; 6, R. Hutchison (Steyn) 58.17. **Teams:** Steyning 25, Brighton & Hove 30.

INDOOR AGE GROUPS

The correct age groups for 1969/70 indoor competition is as follows: a Youth is one who was born after 1.9.1953 and before 2.9.1955; a Junior is one who was born after 1.9.1951 and before 2.9.1953.

Hastings AC officers: * chairman, W. Alexander; secretary, B. Griffin, 22 Githa Road, Hastings; treasurer, A. Barker.

Simmons First Home In Kettering Charity Cup Race

At Wicksteeds Park, November 15th

1. A. Simmons (Luton UH) 34.37
2. K. Hinton (Derby & Cty) 35.04
3. R. Brewitt (South Holland) 35.14
4. H. Leeming (Dby) 35.32; 5, M. Peake (Dby) 35.43; 6, A. Joseland (Kett) 35.44; 7, C. White (Luton) 35.46; 8, E. Guilford (Dby) 35.50; 9, M. Bullivant (Dby) 35.55; 10, K. Daykin (Dby) 35.57; 11, M. Philiter (Notts) 35.58; 12, C. Neville (AEI Rugby) 36.02; 13, P. Bourne (Notts) 36.06; 14, A. Walsh (Dby) 36.09; 15, M. Holt (P'boro) 36.10; 16, M. Knowles (Leics. Cor) 36.11; 17, M. Patterson (Leics. Cor) 36.20; 18, P. Leake (Leics. Cor) 36.22; 19, B. Hutton (Luton) 36.25; 20, K. Northard (Dby) 36.30; 21, D. Blount (Kett) 36.36; 22, W. Jeffs (Hunt) 36.38; 23, J. Montgomery (Corby) 36.48; 24, B. Lee (Notts) 36.49; 25, R. Churm (Luton) 36.50; 26, S. Lynch (AEI Rugby) 37.00; 27, E. Caswell (Kett) 37.10; 28, M. Childs (AEI Rugby) 37.12; 29, G. Astill (Notts) 37.15; 30, R. Hazard (Leics C) 37.23. 94 finished.

Teams: 1, Derby & County 38; 2, Luton 126; 3, Notts 157; 4, Leicester Coritanian 160; 5, Kettering Town 188; 6, AEI Rugby 212; 7, Huntingdon 296; 8, Northampton & C. 321; 9, Peterborough 352.

Youths

1. I. Whittle (Luton UH) 18.02
2. S. Sharratt (Luton) 18.21
3. P. Armstrong (Derby & Cty) 18.30
4. J. Davidson (Corby) 18.58; 5, P. Buckley (Dby) 19.06; 6, D. Moss (Notts) 19.21; 7, H. Strickland (Kett) 19.23; 8, M. Morrison (Leics Cor) 19.30; 9, J. Daniels (Dby) 19.37; 10, N. Lambert (Notts) 19.48; 11, J. Baker (Notts) 19.50; 12, C. Thomas (Luton) 19.58; 13, I. Garner (Leics) 20.01; 14, Burrows (N'ton) 20.09; 15, J. Bailey (Dby) 20.11; 16, J. Chester (S. Holland) 20.20; 17, J. Bland (Kett) 20.24; 18, D. Keenhan (Corby) 20.26; 19, Peck (N'ton GS) 20.39; 20, J. Armstrong (Dby) 20.41.

Teams: 1, Derby 32; 2, Notts 48; 3, Northampton GS 80; 4, Kettering 81; 5, Corby 83; 6, Leicester Cor. 99.

Women

- 1, B. Smith (Kettering) 12.30; 2, L. Garton (Kett) 12.59; 3, S. Russell (Notts) 13.22; 4, H. Brown (Notts) 13.34; 5, M. Carsons (P'boro) 14.52; 6, C. Abbs (P'boro) 15.18.

41st in the Harlow Marathon was M. Beames (Cardiff AAC) in 2:42.03 and not Pryce as printed.

Notts AC officers: president, R. W. Shelton; chairman, W. J. Ferguson; gen. sec., G. S. Allen, 1 Orchard Close, Clifton Village, Nottingham (phone 212536); treasurer, J. Burney; T. & F. sec., R. W. Faulkes, 155 Foxhill Road, Carlton, Nottingham; C.C. sec., W. Haynes, New Farm, New Farm Lane, Watnall, Nottingham; jnr section sec., Mrs. D. Mellors, 63 Orton St., Nottingham.

Tarrant—RRC Secretary Explains

Dear Sir,

"I certainly have nothing to thank these people for" writes John Tarrant in his letter to you last week, meaning among others the General Council of the Road Runners' Club. Yet on the same page was a photograph of him receiving the trophy at the end of the 100 miles race in which he set up a new World's Record. A record which he could not have achieved without the RRC because no other organisation recognises or authenticates records in races of this length.

I have before me, as I write, a card from John Tarrant on which he says, "Please thank all concerned with the organising of the 100 miler. I really am most grateful, also I am fully aware of the tremendous task involved in organising an event like this." These were also the sentiments expressed by John and his brother Vic immediately after the event. If he is so grateful to the RRC in private and so scathing in his public utterances, I feel that in all fairness your readers should be aware of both sides of the coin.

LETTERS

Regarding John Tarrant's main complaint, that the Council refused to use members' money to transport him back to this country, let me point out that if the Council had been asked, which they were not, John Tarrant would have been advised most strongly not to go to South Africa to compete in the Comrades' Marathon and other races as a 'ghost' runner. It was agreed unanimously that to use RRC funds for such a purpose would constitute misappropriation of money which is held in trust by the Council to be used for the furtherance of distance running and for the benefit of distance runners as a whole.

Present annual income of the RRC is about £1,000. Just over half of this comes from members' subscriptions and the rest from the very hard work of members who sell tickets in an annual sweepstake. Every penny of this meagre income goes back to the members in the form of Newsletters, insurance, the organisation of races, such as the 100 miles, fixture lists and in many other ways which I am sure I need not mention here. If the RRC cut down on any of these services because £250 (25 per cent of annual income) had been used to bring back a runner from an athletically illegal escapade, then members would have every right to feel that their money had been misused.

On only three occasions in the past 17 years has the RRC financed runners on trips abroad. On none of these was any money used which came from general funds. Each time clubs, firms and individuals were invited to contribute for a specific enterprise and everyone knew for what purpose their money was being used.

As for the business of John Tarrant's "professionalism" to reiterate what has been said and

written so many times before, while sympathising with him in his predicament it is difficult to see what he expects the BAAB or the RRC to do. On many occasions in the past the RRC has approached the Board on his behalf and in the same way the Board has raised the matter with the IAAF. The result, as everyone knows, is that he may compete at home but not abroad. If the RRC had, at any time, defied the BAAB and sent him abroad, the position would have been the same, for no Governing Body could have allowed him to run officially in view of the IAAF ruling and if the Board had similarly defied the IAAF, this might have had a detrimental effect on the chances of many athletes from Britain running in events abroad. Further to this, in fairness to the BAAB, one wonders if John Tarrant was, at any given time, a good enough marathon runner to have represented his country, this being the longest distance at which full international honours may be attained.

In conclusion, I note that John Tarrant wonders if the decision of the RRC Council is the general feeling of its 3,000 (actually slightly less than 2,000) members. I for one would be overjoyed if any of our members felt that they would like to help him. If any wish to do so, or indeed any others of your readers, his address is: Room 170, E.R. Carney Hostel, Clairwood, Durban, South Africa.

Peter Goodsell,
Hon. General Secretary, RRC.

PROBLEMS OF PUBLICITY AND PRESENTATION

Dear Sir,

Once again your correspondence columns are back on the subject of publicity, presentation and how to get the crowds back into the stadia. One point is abundantly clear: presentation means many different things in as many minds. What would be wonderful to the casual visitor would be anathema to the "nut" who wants every scrap of information he can get.

Without electronic scoreboards, the voice of the announcer could go on the whole afternoon with pre-event and post-event information and even now the announcer has to be quick if he is not to hold up the next event or, equally important, interrupt the concentration of a field event competitor.

I believe the announcer must match his material to the state of the programme. At hectic moments it must be clearly (and without a lot of ballyhoo) the event, who is competing and, where necessary, the draw. After the event: the winner (with time or distance) followed by the placings and a recapitulation of the first three. If there is time in hand and the announcer's voice will not interfere then there is every reason to go into depth—but I am convinced you will never please all of the people all of the time.

Publicity and promotion are equally thorny problems and in nearly every case leads back to cash. Reading some of your recent letters I wonder if some of the writers have ever worked out the costs of a meeting. Take as an example the inter-area match. Consider the number in each team, move them to the venue on the Friday night, house and feed them until Sunday morning, plus stadium costs, and it becomes a little frightening. With luck the cost of the programme will be covered by the advertising, but few promoters are going to lay out large sums on display advertisements in the national and local press (just have a look at the cost of a four-inch double column 'ad' in your own local paper).

"Bring in the stars and the public will follow." Will they? I can well remember not so long ago a floodlit meeting at Birchfield's Alexander Stadium when about 80 per cent of the country's top track men and women were on view. The meeting had been trailed for the previous fortnight with a running story in both the *Birmingham Post* and *Evening Mail*: indeed the papers were helping Birchfield promote the meeting. The competition and atmosphere were wonderful, but the crowd was almost entirely those people whom you will see at every big athletic event in the area and if the club had its costs covered that night it was lucky indeed.

How do you ensure the presence of the "stars"? An invitation is no guarantee. Earlier this year, before a Cosford international, I was asked if a certain European lady might be available (she and her husband being personal friends of mine of several years standing). A telephone call at my expense showed that not only she but two others of similar calibre would welcome an invitation, so an official letter from the BAAB was sent to her national body. After several weeks of letters and telephone calls by the BAAB the invitation was declined "for reasons of policy." None of the named athletes had been consulted. The result in this case was that, because this sort of thing happened several times in organising this one meeting, the MCAAA had to put out a statement explaining exactly why the programme lacked many of the expected stars.

Really it all comes back to cash and the best way of ensuring a good attendance is to involve the paying public in the promotion. How? Well, for many years now I have had season tickets for the international matches at Twickenham. The price has now reached 30s per match per seat which means that I had to pay out £4.10.0 per ticket at the end of September for three matches, the last of which is in February.

Why not a system of season tickets which admit to all, say, area promotions, or all the home internationals plus AAA Championships? And let's be equally realistic about costs. If we want quality we must expect to pay for it and not have it provided for us by a sponsor (in effect he is paying us to come in). Most athletic meetings last at least two hours and on present costs I would think that the best seats at the top grade meet-

ings would be worth 10s an hour, or say 20s to 25s each. The man who pays in advance will normally turn up and with advance income much more pre-planning could be done by promoters. Season tickets are available in so many other sports so surely this would be worth investigating.

Finally, I would add that these views are entirely my own and are not inspired by any official body or organisation.

Michael W. Long,
Stratford-upon-Avon

A PARTICIPANT'S SPORT

Dear Sir,

As the volume of your correspondence concerning the need to make athletics into a spectator sport grows may I offer the contrary point of view.

Athletics is a participant's sport. International success and the promotion of clashes between the giants of the sport are irrelevant to the sport's true needs. It does not matter if attendances at international matches are small. What does matter is whether those who attend are interested in athletics for its own sake or whether they attend to watch a spectacle or to associate themselves with a winner as football crowds do. Crowds composed of the latter sort of spectator are worthless.

What we still need in athletics are more facilities so that more people can practise athletics. If all the time, effort and money which has been expended in the past on producing representative teams had been directed towards the production of athletic facilities the sport would have far many more participants now than its present meagre numbers.

There is also a need to question whether it is desirable to attract the support of the national newspapers and their reporters. Even the most reputable of these fall victim to the demands of their profession and try to turn our sport's best performers into a 'pop' star. This has resulted in unbearable and unjustifiable pressure being brought to bear on certain athletes to the detriment of them and the sport.

Terry Haines
Gloucester

ENCOURAGING YOUNG WALKERS

Dear Sir,

I would like to add comment to Terry Simons' letter "Encourage Young Walkers". It might be advantageous for a table to be included in the AAA Five Star Award Scheme for a 1 mile walk. This would possibly encourage race walking at school level. As Terry says: "Race walking in schools is virtually non-existent".

More races could, I'm sure, be easily included in athletic meetings. This aspect of athletics seems to be kept apart from 'track & field' for some reason—so organisers, why not include a walk in your next meeting.

Dennis Bruton,
Hon. Secretary,
Dursley & Dist. A.C.

DAVID PRIOR

Dear Sir,

David Prior was, since a young schoolboy, one of the most courageous and nicest of athletes it has been my privilege to know. I could not help cheering him on in a race even when he was dusting up my own lads—which he mostly did.

On behalf of all at Mitcham who knew David we send our heartfelt condolences and sympathy to his widow and family.

Tom Mitchell,
Mitcham AC.

JOHN OULTRAM MEMORIAL RACE

Dear Sir,

All athletes in the Midland area in particular were deeply shocked to hear of the tragic death of the well known and promising Stoke-on-Trent runner, John Oultram, who was a member of the Michelin Athletic Club.

With the blessing of John's parents and some excellent support from the Michelin Athletic Club through their Secretary, Mr. Donald Shelley, a fund has been brought into being, with the result that other organisations and local people are supporting the matter. It has now been decided to stage an annual open 10 miles road race, the first being held on Saturday, March 7th, 1970, and a trophy will be presented, to be known as the John Oultram Memorial Trophy. The North Staffs Amateur Cross-Country League officials are undertaking responsibility for the organising of the event, and this appears most fitting because John commenced his running career with this League.

Details of the event are being advertised in your paper and I shall be pleased to hear from any interested clubs or runners.

G. Silvester,
Hon. Secretary,
North Staffordshire A.C.C. League,
Police Station, Madeley,
Nr. Crewe, Cheshire.

CANAL TOWPATHS

Dear Sir,

Recently, I received a letter from the Birmingham Area Engineer of the British Waterways Board complaining that part of an athletic event (in fact the local Cyclists v. Harriers race which has gone on for numerous years) took place on a canal towpath, the result of which was a collision between a participant and a stray horse.

The gentleman informs me that to venture on to canal towpaths is to trespass on B.W.B. property (n.b. I wonder if the horse will be accused of such trespass?). However, most runners who live in the vicinity of canals know how easy it is to get on to the towpaths and, more important, how safe and traffic free they are.

After a telephone conversation with the B.W.B. in Birmingham I was told that the Board have no objections to the use of the towpaths by runners either in training or racing, SO LONG AS THEY (the Board) KNOW.

Might I suggest the following action:—

(1) All race promoters, who wish to use tow-

paths as part of a course for cross-country or road races, should write to the Area Engineer of the B.W.B. informing him of the date and time of the race together with the length and position of towpath to be used.

(2) Clubs and individuals who use the towpaths for training should write and ask permission to use them for a twelve month period at a time.

I am assured that there will be no objection and all that will be asked of in return will be a signature over a 6d. stamp indemnifying the B.W.B. against accident claims.

Lastly, by knowing the numbers of athletes using the towpaths (and there must be an awful lot) it will provide the B.W.B. with ammunition to persuade Local Authorities to spend some money on restoration and repair of towpaths, thus making them even safer.

D. R. Denton,
Hon. Sec., Midland Counties
Cross-Country Association

MICHELIN AC CROSS-COUNTRY RELAY
At Stoke, November 15th

LEADING from start to finish, City of Stoke AC were easy winners of this third annual promotion. Heavy rain left the 2½ miles circuit very heavy but the weather was fine when 24 teams faced the starter. As is becoming his habit, Sid Hope led on the first lap with a record-equalling 13.57 and was chased home by a close group consisting of Mike Vernon (Alsager), Keith Rollason (Tipton), Jim Harvey (Warley) and Peter Birks (Stoke 'B'). Tony Birks increased Stoke's lead to 30 sec. over Alsager with Tipton A and B teams now running third and fourth. Bill McKim had a fine run to lift Stoke 'B' into fifth. Alan Dean turned in the fastest time of the day on the third stage when he scorched around in 13.44 to put Stoke in an unbeatable position, 79 sec. in front of their 'B' team, who had moved through to second thanks to Welsh International John Godding. On the final lap Norman Deakin saw Stoke home while John King, of Alsager, and Keith Boyden of Tipton fought out second place, with King just gaining the verdict. Stoke 'B' in fourth place easily gained the 'B' team award, and Fred Wrigley of the promoting club took the veteran's award with his run of 15.20.

D. Shelley.

1, City of Stoke (S. Hope 13.57, A. Birks 14.11, A. Dean 13.44, N. Deakin 14.28) 56.20.

2, Alsager College (M. Vernon 14.10, C. Burt 14.28, F. McGuire 14.50, J. King 13.51) 57.19.

3, Tipton (K. Rollason 14.11, M. Evans 14.44, P. Reeveley 14.42, K. Boyden 13.50) 57.27.

4, City of Stoke 'B' 58.23; 5, Tipton 'B' 59.04; 6, Warley 60.39; 7, Stoke 'C' 61.38; 8, Alsager Coll. 61.56; 9, Allestree Woodlands 62.05; 10, Stafford 62.08; 11, Tipton 'C' 62.20; 12, Mid-Cheshire 62.54; 13, Alsager Coll 'C' 64.35; 14, Shrewsbury 65.17; 15, Michelin 66.27. **Fastest:** Dean 13.44, Boyden 13.50, King 13.51, Hope 13.57, J. Godding (Stoke 'B') 14.06, M. Vernon (Alsager) 14.10.

RESULTS IN BRIEF continued from page 26

23.38; 5, F. Powers (Rug) 23.40; 6, A. Shutt (Broms) 23.46. (Youths) J. Willoughby (Sol) 8.17. (Boys) 1, Ralph (Broms) 8.32; 2, Lane (Broms) 8.47; 3, Thurgood (Broms) 8.53. Team: Broms-grove & Redditch.

Halesowen AC Club Relay. A. Gibbon & R. Guest 29.03.

British Rail Championships, at Warley. 1, R. McAndrew 27.02; 2, A. Jones 27.38; 3, C. Leigh 27.40. Team: Derby.

CAMBERLEY & DISTRICT A.C.**SIXTH YOUNG
ATHLETES' MEETING**

SATURDAY, 23rd MAY, 1970

BRACKNELL STADIUM

at 10.30 a.m.

Details available from Mr. R. Gilfrin, 40
Star Post Road, Camberley, Surrey.

ENTRIES CLOSE 9th MAY, 1970

NO LATE ENTRIES ACCEPTED

THE TWENTY SECOND

Annual Boxing Day

**St. Neots to Bedford
ROAD RELAY RACE**

(Open Team Competition—Senior, Youths &
Boys—organised by Bedford & County Athletic
Club.)

Entry Fee 15/- per team

(A.A.A. Rules apply)

To be held in conjunction with

**THE FOURTEENTH OPEN 12 MILE
INDIVIDUAL ROAD RACE**

incorporating special Veteran's Race

(Under A.A.A. Rules)

Winner will hold the "David Huckle" Challenge
Trophy for one year—Medals for first three in
each race—"F. G. Stocker Cup" for veterans—
Time Certificates for all who finish.

START 10.30 a.m. at

**THE MARKET SQ., ST. NEOTS, HUNTS.
BOXING DAY, FRIDAY,
26th DECEMBER, 1969**

Entries to A. Maddy (Hon. Team Secretary),
"Watendlath," Little Paxton, St. Neots—Tel:
3459, with 3/- entry fee and A.A.A. Form.
Competitors must be over 21 years of age as
per Rules. Veterans over 40. Particulars of
rendezvous, etc., with acknowledgment of entry.
CLOSING DATE—SATURDAY, 13th DEC.

November 9th

**Leicester Corintian Winter Track Meeting, at
Leicester.** 100m: 1, C. Monk (Leic) 11.0; 2, C.
Robinson (Leic) 11.0; 3, P. Walsh (Leic-J) 11.2.
(B) N. Loughton (Nun) 11.2. 200: 1, Monk 22.3;
2, Walsh 22.7; 3, J. Gray (Leic) 22.8. LJ: M.
James (Windsor) 6.79/22'33". SP: G. Capes (Birch-
field) 14.12/46'4" (only two puts-injured back).
DT: 1, Capes 43.36/142'3"; 2, B. McEwan (Hol-
beach) 40.92/134'3". Junior DT: G. Dirkin (M &
DLCH) 51.74/169'9". (Women) 100m: L. Hamp-
son (Warr-I) 12.8. 1500: 1, G. Butter (Leic) 5:21.6;
2, P. Tarry (Leic) 5:22.8. Junior 800: L. Hone
(Leic. C) 2:37.2. (Intermediates) SP: E. Curtis
(Brack) 11.36/37'33"; 2, J. Elsmore (Brack) 10.13/
33'23". DT: 1, Elsmore 37.56/123'3"; 2, Curtis
35.82/117'6". (Juniors) SP: 1, J. Burgess (Brack)
11.00/36'1"; 2, E. Birks (Dby) 9.17/30'1". DT:
Burgess 25.56/83'10".

OVERSEAS NEWS continued from page 28

11.1", 10.86/35'73", 1.85/6'03", 49.8, 15.5, 36.20/
118'9", 5.00/16'5", 50.25/164'10", 4:43.3). 26.10.
Gothenburg (Swe). 12km CC Champ: WADE
36:20. 26.10. Eger (Hun). DT: Tegla 61.10/200'
5". 26.10. Kaposvar (Hun). Women's HJ:
Erika Rudolf (15 "Fosbury") 1.68/5'6". 30.10.
Budapest. DT: Fejer 59.60/195'6". 2.11. Szeged.
DT: Tegla 61.40/201'5". 2.11. Stockholm. Mar:
WADE 2:27.05.

MOUNTAIN MARATHON

Ted Dance and Bob Astles were again success-
ful in the Mountain Marathon staged in the Lake
District on October 4th/5th. The race proved to
be a demanding test of mountain navigation and
physical fitness. Some competitors carried as little
as 8lb each and most were able to keep their
packs down below 14/15lb. Chris Brasher, the
1956 Olympic steeplechase champion, and his
partner finished 5th while another well-known
trackman, Ricky Wilde, was 14th.

1, Ted Dance & Bob Astles 12hr. 32m. 05s.
(total time recorded between controls); 2, Ted
Norrish & Howard Smith 13:04:46; 3, Harold
Harung & Tony Byrne 13:10:43; 4, Donald Talbot
& Alistair Patten 13:32:34; 5, Chris Brasher &
Mike Wells-Cole 13:38:22; 6, Neil Mather & Jack
Bloor 13:48:09. 19 teams completed the course.

MIDLAND CAAA MEETING, DEC. 20th

Entries for the Midland Indoor Meeting at Cos-
ford on December 20th close November 29th to
MCAAA Offices, Rooms 30 and 32, Queens Col-
lege Chambers, 38a Paradise Street, Birmingham,
1.

Mike Freary, Ron Grove and Dave Atkin will
represent the ECCU at Bolbec (France) this Sun-
day, November 23rd.

CLASSIFIED ADVERTISEMENT

6d. per word. Trade 1s. per word.

Fly National X-country Champs. Blackpool,
February 28th, £8 per head return from Gatwick.
Interested write C. Hayes, 68 Merryhill Road,
Bracknell, Berks., before 29th November.

ATHLETIC EVENTS

An advertisement can increase YOUR entries.
30s. per s.c. inch, per insertion, 33 1/3% series discount to clubs on three or more insertions.

HIGHGATE HARRIERS SCHOOLS CROSS-COUNTRY RACES

15-19 Yrs. on Sept. 1st, 1969—3 Miles
12-15 Yrs. on Sept. 1st, 1969—2 Miles
SATURDAY, DECEMBER 6th, 11.30 Start
AT PARLIAMENT HILL FIELDS

Entry forms from G. Harrison, 62 The Crescent, Abbots Langley, Herts. (Tel: Abbots Langley 63317).

HARLOW ATHLETIC CLUB WINTER TRACK MEET DECEMBER 7th, 11 a.m. SPORTSCENTRE (Under A.A.A. & W.A.A.A. Laws)

NO ENTRY FEES • NO PRIZES
Boys, Youths, Juniors—100, 200, 300, 600,
1000 and 2000 metres.
Girls Under 13, Juniors, Intermediates—100,
150, 300, 600 metres.

Entries by Nov. 28th, to L. Mayea, 279 Moorfield, Harlow, Essex.

CATHOLIC STUDENT SPORTS FEDERATION CALLING CATHOLIC GIRL STUDENT ATHLETES!

It is intended to send a team to the Annual Catholic Student International to be held in Dublin in Easter Week, 1970.

Age groups: born 1951, '52 or '53 (Junior)
born 1954, '55 or '56 (Cadet)

Events (both age groups): Sprints, Middle Distance, Hurdles, Shot, Discus, Javelin (probably), High Jump, Long Jump and Relay.
Girls interested, please send best 1969 marks and date of birth to J. Deady, 20 Chorley Road, Standish, Wigan, Lancs.

PORTSMOUTH ATHLETIC CLUB 'BRICKWOOD FIVE' "Round the Houses Open Road Race"

(Under A.A.A. Laws)

SATURDAY, 13th DECEMBER, at 3 p.m.
From ALEXANDRA PARK, PORTSMOUTH
Awards: 1st, 2nd, 3rd, Scratch Race, 1st, 2nd, 3rd H'cap Race. Perpetual Challenge Cup & Prizes first 3 teams (3 to score), first 2 "B" or other teams not in first 3. Consolation Prizes gaining no other awards. Vets' Prizes if warranted by entry.

Entries: Fee 4/- per individual (no team fee), under the name of entrant's first claim club, to A. Gibb, 8 Magdalen Court, 355 London Road, Portsmouth, PO2 9HH, by 29th November.

Also Young Athletes (U/18 1.9.69) 2 1/2 Miles at 2.30 p.m. Awards depending on number of entries. Fee: 1/-.

QUEEN MARY COLLEGE C.C.C. 7 1/2 M. CROSS-COUNTRY RACE

Saturday, January 17th, at 3 p.m.
From Coxite Green, Essex

Teams: 8 to run, 6 to score, for the Q.M.C. Challenge Trophy. Entries: 17/6 per team (inc. tea) to Cross-Country Sec., Queen Mary College, Mile End Road, London, E.1.

JOHN OULTRAM MEMORIAL OPEN 10 MILES ROAD RACE

(Under A.A.A. Laws)

SATURDAY, MARCH 7th, 1970

Preliminary Notice

This new race is organised by the North Staffs. Amateur Cross Country League.

Trophy to winner and winning team. Prizes: First 3 individuals, first 3 teams, first "B" team, first Veteran.

FULL DETAILS LATER

BASINGSTOKE ATHLETIC CLUB ANNUAL ROAD RACES SUNDAY, DECEMBER 7th 6 MILES SENIOR (Ind. 2/6) 3M. YOUNG ATHLETES (Ind. 2/-)

Teams (4 run, 3 count) fee 7/6

Prizes: Trophy and prizes to first 3 teams and first 3 individuals both races, also 1st Veteran.
Entries by November 28th, to I. S. Byett, 21 Bardwell Close, Basingstoke, Hants.

THURROCK HARRIERS 2nd Annual FESTIVAL OF CROSS-COUNTRY

(Under AAA & WAAA Laws)

On Saturday, 6th December, 1969

Races for Colts/Boys/Youths
Junior/Inter./Senior Ladies.

All races 6 to run, 3 to score. Awards 3 Ind., 3 Teams in each race. Full details from and entries with fees (1/6 per person) to Mr. R. A. Sales, 78 Orchard Road, South Ockenden, Essex, RM15-6HH by 26th Nov.

EPSOM & EWELL HARRIERS Annual OPEN RACE FOR COLTS, BOYS & YOUTHS

AT EWELL COURT

SATURDAY, JANUARY 24th, at 2.15 p.m.

Awards: First 3 teams and individuals.

Entry Fees: Colts 2/- ind. (no team race), Boys 2/- ind., 5/- per team, Youths 3/- per ind., 7/6 per team. Teams 8 to run, 4 to score.
Entries to K. Vaughan, 51 Sunnymede Avenue, West Ewell, Surrey (Tel: 01-393-5519) on AAA forms by Monday, 12th January, 1970.

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