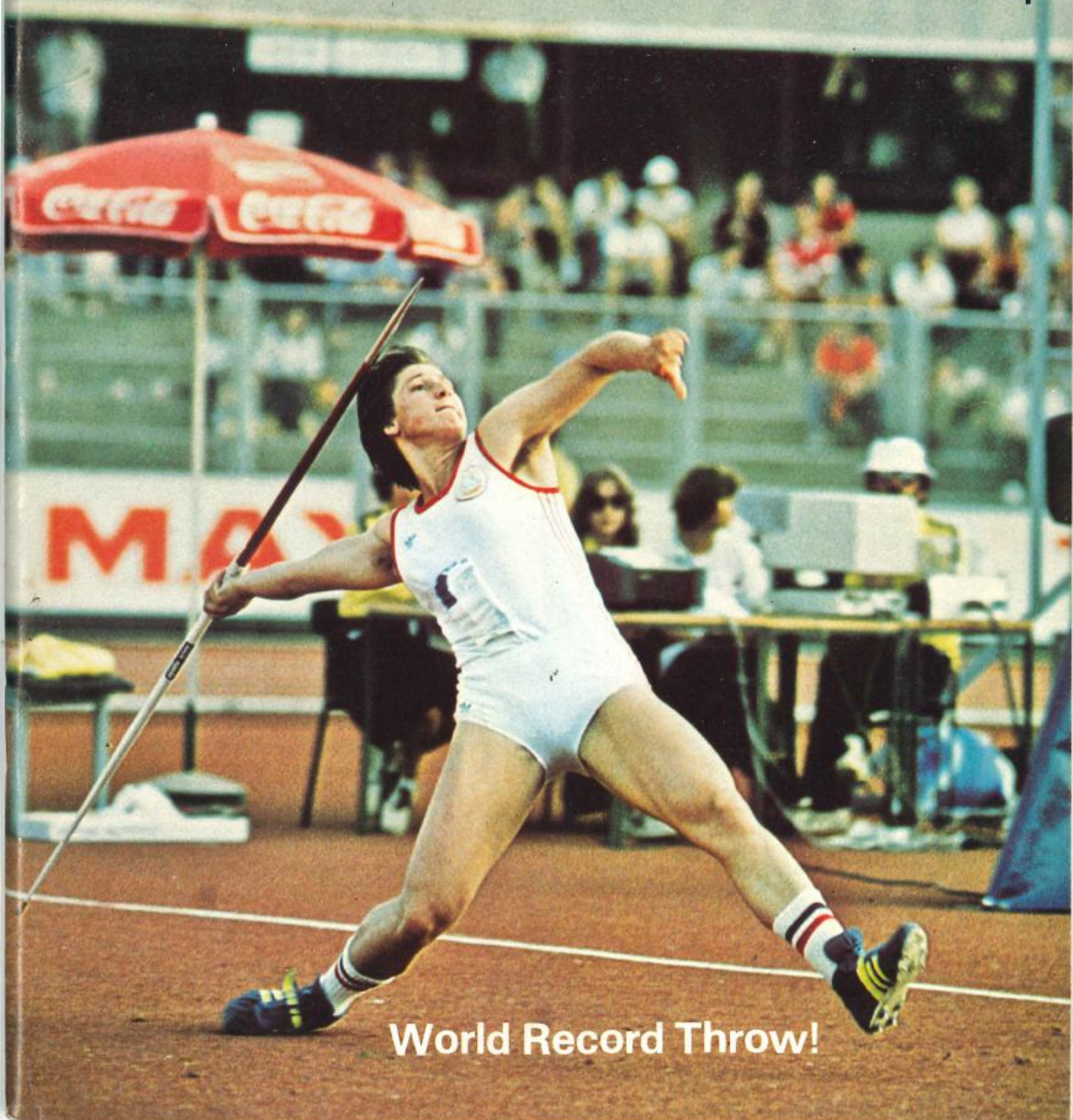


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 Subscriptions & Books: JACKIE PENNEY
 Subscriptions & Circulation: DOREEN BOURNE

Published by:

World Athletics & Sporting Publications Ltd,
 344 High Street,
 Rochester, Kent ME1 1DT.
 Telephone: Medway (0634) 409260
 Medway (0634) 409269

Printed by:

Kent Art Printers Ltd,
 344 High Street,
 Rochester, Kent ME1 1DT.

Annual Subscription (including postage):

Direct subscribers in UK & HM Forces: £21.00
 Through an agency: £25.22
 Overseas Surface Mail: £26.00
 Air Mail Europe: £30.68
 Other Air Mail rates on application.
 USA Surface: \$62. Air Mail: \$87.
 Minimum subscription period 6 months.

Registered at the Post Office as a newspaper.

Overseas subscriptions (including Eire) should be
 paid by cheque in sterling on a London bank, or
 by International Money Order.

Audited Circulation: July-December 1980 20,396.

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INCORPORATING: WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

athletics

weekly

Vol. 35 No. 46

NOVEMBER 14th 1981

CONTENTS

* Road Race Coverage	4
* Vets Corner — by Alastair Aitken	9
* Profile of Allison Roe — by Mel Watman	14
* Southern Women's CC League	16
* UK Intermediate Women's Lists (Part I) — by Tony Miller	18
* Marathon Topics: Your Letters	24
* Personal View — by Cliff Temple	29
* N. Irish Notes — by Brian Rowan	32
* Overseas News	34
* Race Walking News	37

THE WEEK AHEAD

Saturday, November 14th: South of the Thames 'Junior' CC, Basingstoke; National Women's Road Relays, Leicester; Surrey Vets Champs, Brockwell Park; Luton CC Races, Stopsley; Cardiff CC Relays, Heath; Essex League, Canvey Island; Bala Lake '11'; Blisco Fell Race.

Sunday, November 15th: Tipton '10'; AP '20', Banbury; Rhymney Valley Half Marathon, New Tredegar; Edinburgh to Glasgow Relay; International Festival of Road Races, Tullamore; Cambridge & Col. '5', Lamas Land; Hants Women's League, Fareham; Wollaton Park CC Races; West Cornwall Races, Redruth; Copeland Fell Race; Dawlish Walks League & SCAA 10km Champs, Dawlish.

Wednesday, November 18th: Henlow '10', RAF Henlow; BPSA v UAU v Army.

Saturday, November 21st: Welsh Inter-County Champs (except Senior Men), Barry; Presto International CC, Gateshead; Cheshire Women's Champs, Warrington; Southern Women's League, Fleet; Midland Women's League, RAF Stafford; Westward League, Plymouth; Reebok League, Bristol; Bellahouston Open CC Races,

Glasgow; Kettering Charity Cup Races; Sri Chinmoy '5', Ipswich; Bampton to Carlisle '10'; Sutton Park Road Relay; Sutton & Cheam YA CC Races; Cosford Open Meeting.

Sunday, November 22nd: Havering Winter Warm-Up Meeting, Hornchurch; Rochester '5'; Vale of Neath '10'; Epsom '10'; John O'Connor Memorial Races, Warley; Rumbolds Moor Fell Race.

Re. H. C. (BERT) ROGERS

In answer to many enquiries, I confirm that Cambridge Harriers will, most certainly, be instituting a memorial to the late Bert Rogers, who served them so faithfully for over 50 years.

Exactly what form this will take has not yet been finally decided, but, should any reader wish to contribute, Mrs. Hazel Rider of 1 Malthouse Lane, Shorne, Kent, will be pleased to accept donations.

Eric Nash

COVER PHOTO

(By Allsport/Steve Powell)

Antoaneta Todorova (Bulgaria) in the process of setting a world record of 71.88m in Zagreb.

Road Races

Bernie Ford Takes Honours At Oxford

CHANGING COURSE at Oxford cost Hugh Jones a certain first on August 30th, and top honours went, instead, to beaten Bernie Ford.

The Oxford City Road Day '5', the climax to the morning's racing, was an important race for both men; for Ford to test out the hamstring injury affecting his foot which has troubled him all summer, for Jones to sharpen him up for the European Cup marathon.

Hugh's training in Hungary, where he had been on a language course, had consisted of just steady runs twice a day in hot weather, and as he limbered up he was a bit sceptical about his chances, what with Pete Standing, Ford, Ken Newton, Nick Brawn and Andy Catton all running. From the start, though, Britain's past and present top-flight marathon men were up at the front, pushing the pace on a course that included several sharp twists and many obstructions.

"I was leading for a lot of the way", said Hugh afterwards, "but Bernie kept putting in bursts and going away, and I kept on catching him".

By the third lap the two were well clear, with both Robert McDonald and Newton isolated in third. Then, with 100 metres to go, the absence of a marshal to remind the leaders not to go on for a further lap led to a tragedy for Hugh. More used nowadays to longer stuff than 'fives', he said he thought they still had some way to go. Instead of turning left into the finishing straight he veered right as if to carry on for another mile.

"We were neck and neck, and I was on the outside. When I realised my mistake, I found a car in the way on the inside, and when I'd got round that I bumped into someone. Coming down the last part there was no one to reassure you or say how far there was to go", said a somewhat disgruntled Hugh afterwards.

But Ford, with an orthotic device in his shoe, on 70 miles a week and forgoing cross country this autumn, said he was pleased with his run, though he agreed that there had been too many twists and turns and too many straggling pedestrians.

As Bernie went to receive his first prize of a TV in the Randolph Hotel, where the Amateur Athletics Association was founded, from former

champion Ian Stewart, there was at least some consolation for Hugh for his disastrous finish. At least he had not suffered the fate of the three Bishops, Hugh Latimer, Thomas Cranmer and Nicholas Ridley who, in 1555, were horribly martyred at the stake at the very point where the race ended.

Stephen Instone

1, B. Ford (Aldershot F&D) 22:57
 2, H. Jones (Ranelagh) 22:59
 3, R. McDonald (Australia) 23:10
 4, K. Newton (Sheff) 23:27; 5, A. Catton (Ilf) 23:30; 6, R. Swann (B'stoke) 23:33; 7, N. Brawn (Inv) 23:38; 8, J. Cain (Ports) 23:39; 9, P. Standing (WS&E) 23:40; 10, I. Gilmour (W&B) 23:41; 11, M. McCarthy (Ox. C) 23:43; 12, R. Harris (Ox. C) 23:50; 13, K. Steere (Ilf) 23:59; 14, K. Clifford (Ilf) 24:00; 15, A. Simmons (Vaux) 24:08; 16, R. Lunnon (AF&D) 24:22; 17, R. Morris (Leam) 24:29; 18, P. Banks (Cov) 24:31; 19, M. Shotbolt (Bed) 24:32; 20, D. Cornelius (V) 24:40; 21, M. Ridout (Worc) 24:44; 22, A. Gilham (Ilf) 24:47; 23, D. Brown (VoA) 24:48; 24, D. Parsons (Ox. C) 24:49; 25, P. O'Dell (Bed) 24:50; 26, —; 27, D. Wheeler (Ox. C) 24:55; 28, H. Starkey (Shaft) 25:04; 29, J. Ovendon (Brack) 25:08; 30, P. Muddeman (Leam) 25:11; 31, R. Dennehey (Bed) 25:15; 32, W. Buxton (Bris-J) 25:16; 33, D. Wright (Rane) 25:18; 34, G. Webb (Ilf) 25:20; 35, J. Batchelor (Ilf-V) 25:24; 36, A. Watt (TVH) 25:26; 37, P. Baker (TVH) 25:27; 38, J. Wilkins (Inv) 25:28; 39, J. Polgreen (Ox. C-V) 25:29; 40, —; 41, S. Pautard (Rane); 42, G. Jones (Rane); 43, F. Gillies (Banb); 44, R. Dixon (Croy); 45, R. Maule (Cov); 46, G. Lawrence (S&SH); 47, D. March (Mil. K); 48, T. Soutar (B'ht); 49, P. Stockford (Ox. C); 50, R. Cloughton (Maid).

(Results only just received)

HASTINGS '1066' ROAD RACES

At Hastings, October 17th

1, Invicta (J. Wigley 13:50, M. Brameld 13:56, M. Gratton 13:29, I. Stewart 13:40, M. Knapp 14:10) 1:09:05;

2, Hastings (R. King 14:40, P. Millard 14:16, D. Stevens 13:37, P. Martin 14:16, R. Beaney 14:48) 1:11:37;

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3, Brighton & H (P. Crowhurst 14:38, P. Witcomb 14:16, M. Porteous 14:31, G. Ashdown 14:56, S. Lambourne 13:59) 1:12:20;

4, Elliott 1:12:33; 5, Tonbridge 1:12:42; 6, Chelsea Col. 1:16:24; 7, Crawley 1:17:19; 8, Tonbridge 'B' 1:18:01. **Fastest:** Gratton 13:29; Stevens 13:37; Stewart 13:40; G. Clark (Ell) 13:43; Wigley 13:50; Brameld 13:56. **(Youths):** 1, R. Carter (B&H) 14:34; 2, P. Barr (Bas) 14:36; 3, W. Addison (Dart) 14:38; 4, J. Lasseter 14:43; 5, D. Bean (Folk) 14:49; 6, M. Moughton (Craw) 15:00. **Teams:** 1, Crawley 30; 2, Folkestone 31; 3, Dartford 32. **(Boys):** 1, J. Dickson (B&H) 11:46; 2, P. Hennessey (Med) 11:47; 3, M. Turpie (Craw) 11:55; 4, K. Smith (Dart) 12:02. **Teams:** 1, Crawley 27; 2, Dartford 36. **(Colts):** 1, M. Stickles (Ell) 8:52; 2, L. Rooney 9:03; 3, S. McCrory (E. Grin) 9:07. **Team:** Elliott. **(Women):** 1, B. Murray (Glas) 12:32; 2, T. Howard (Worth) 12:45; 3, E. Sloan (Hast) 13:07; 4, S. Rowell (Chelm) 13:08; 5, J. Mullett (B&H) 13:12; 6, T. Astley (Hast-I) 13:19; 7, S. Brownhill (Hast-I) 14:09; 8, S. Burchill (I) 14:09. **Teams:** 1, Hastings 16; 2, Chelsea Col. 31; 3, Worthing 38. **(Juniors):** 1, S. Seymour (Hast) 9:47; 2, J. Edwards (Croy) 10:00; 3, N. Cramp (Hast) 10:04. **Team:** Hastings. **(Girls):** 1, M. Rooney 9:10; 2, R. Fairchild (Croy) 9:31; 3, N. Thoms (S&C) 10:16. **Team:** Hastings.

NOTTS '10' October 24th

1, K. Angus (Sheffield) 50:35
2, P. Upton (Notts) 50:45
3, D. Lem (Leicester) 50:51
4, A. Robertson (S. in A) 51:19; 5, N. Spiers (Sheff) 51:27; 6, D. Pratt (Sheff) 51:37; 7, S. Elliott (Notts) 51:41; 8, C. Singleton (Notts) 51:46; 9, D. Beeson (Leeds U) 51:54; 10, R. Statham (Cov) 52:10; 11, J. Fisher (Der) 52:20; 12, A. Boast (C&C) 52:31; 13, M. Dooling (Liv) 52:40; 14, R. Oliver (Leic) 52:48; 15, J. Ray (Der) 52:57; 16, A. Lamb (NSP) 53:02; 17, I. Mills (Notts) 53:08; 18, S. Haylock (Leic. P) 53:18; 19, B. Moss (Notts) 53:22; 20, G. Astill (Notts) 53:29; 21, L. Travers (Der) 53:31; 22, G. Lathbury (Burt) 53:34; 23, N. Tatham (Mat) 53:47; 24, G. Dugdale (TVH) 53:54; 25, A. Hughes (Newk-V O/50) 53:56. **Teams:** 1, Sheffield 12; 2, Notts 17; 3, Derby 47; 4, Notts 'B' 55; 5, Leicester 88; 6, Charnwood 94. **(Vets):** 1, Hughes; 2, G. Thomas (GEC) 54:03; 3, R. Grubb (C&C) 54:53; 4, A. Penn (GEC) 54:55; 5, R. Dimpleby (Lin. W) 55:30; 6, K. Picklesley (Notts) 55:42. **(O/50):** 1, Hughes; 2, L. Willmott (Mid. V) 56:44; 3, T. Challis (RAF) 59:14. **(Women):** E. Adams (S. in A) 62:04; 2, M. Boddy (Leic) 63:17; 3, K. Butters (Leic) 64:35; 4, V. Boddy (Leic) 66:36; 5, J. Smith (Burt) 66:48; 6, W. Benfield (Notts) 66:52; 7, M. Braines (Peter) 68:19; 8, S. Eastall (Nott. U) 68:40. **Team:** Leicester.

H. W. SHIELDS

Some years ago Harry Shields, past President of Belgrave Harriers, was in hospital for a long period with a stubborn illness. On coming out, he fought his way back to health and became a keen bowls player and took up painting. He also came along to athletic meetings and wouldn't be satisfied until he was given a job, which he would do with exemplary thoroughness. In January of this year he was back in hospital for major surgery, yet once again came back for recovery. But, alas, it was soon back to hospital where his condition deteriorated, and he died on October 25th; cancer had taken its toll.

Born in 1913, he had a very active life. He worked hard, studied hard and trained and raced hard. He was Belgrave Junior CC champion and was soon a member of their successful teams of the 30's which scored two wins in the ECCU Senior '10' (the 'National' of those days). He also represented Middlesex on a number of occasions. On the track he was track captain, and, of course, was in the road relay team.

After the War he took to race walking. In fact, strolling always played a large part in his training — he would have a daily walk from his home in Fulham to his workplace with London Transport on the Embankment. His forte was the longer distances including the 'London to Brighton' and in 1955 he did a fine walk over the double journey to become Centurion No. 235. In gaining a winning team medal in the RWA 50km he became the unique holder of winners' medals (Senior) of the ECCU and RWA, a feat probably unequalled. For good measure he also had winning medals in the old London to Brighton Relay and the London to Brighton Walk.

On the official side he was well known in National and Southern CC circles, and later on with the Race Walking Association. He was, above all, a great club man and had held numerous posts in Belgrave. A hearty and friendly character; we shall miss him.

Gordon Doubleday

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At King's Park, October 25th

1, B. Knight (Westbury)	29:14
2, R. Swann (Basingstoke)	29:28
3, S. Barnshaw (Aldershot F&D)	29:50
4, S. Crossman (Wok) 29:58; 5, C. Hensby (Wok)	30:03; 6, J. Boyes (B'mth) 30:07; 7, I. Logan
(AF&D) 30:17; 8, K. Kiddle (Ports) 30:26; 9, R.	Morgan (B'mth) 30:35; 10, M. Cross (B'mth)
30:44; 11, B. Gardner (Newb) 30:49; 12, T.	Crossman (Wok) 30:53; 13, B. Smith (B'mth)
31:02; 14, P. Lewis (S&E) 31:03; 15, M. Wilson	(Ex. B) 31:05. Teams: 1, Bournemouth 38; 2,
Woking 40; 3, Aldershot F&D 44. (Vets): 1, G.	North (Ports) 31:52; 2, D. Marsh (Worth) 32:26.
(Juniors): 1, P. Ledger (AF&D) 22:06; 2, N.	Gemmil (S&E) 22:52; 3, P. Gale (Havant) 22:54;
4, D. Perry (B'mth) 23:00; 5, J. Mallett (Wok)	23:24; 6, G. Barber (S&E) 23:41; 7, P. Squires
(Swin) 23:48; 8, R. Colley (D&S) 23:52. Teams:	1, Southampton & E 25; 2, Fareham 32; 3,
Aldershot F&D 34. (Youths): 1, A. Wheatley	(F&C) 20:04; 2, W. Gemmil (S&E) 20:17; 3, M.
Moughton (Craw) 20:24; 4, P. Donaldson (S&E)	20:31; 5, R. Milles (S&E) 20:38; 6, R.
Gooderham (Brack) 20:46; 7, S. Atkins (Mill. S)	20:47; 8, C. Hobday (Mill. S) 20:56. Teams: 1,
Southampton & E 11; 2, Millfield Sch. 27; 3,	Bournemouth 45. (Boys): 1, M. Adlem (B'mth S)
16:01; 2, R. Simmons (B'mth) 16:04; 3, A.	Davies (Havant) 16:26; 4, S. Hudson (Brack)
16:31; 5, G. Norridge (And) 16:35; 6, G. Wilson	(And) 16:38. Teams: 1, Bournemouth 23; 2,
Bracknell 38; 3, Fareham 45. (Colts): 1, P.	Burnett (F&C) 8:33; 2, S. Wells (Havant) 8:39; 3,
I. Jones (F&C) 8:40. Teams: 1, Fleet & C 25; 2,	Havant 29. (Women): 1, K. Harvey (B'mth)
13:24; 2, C. Horne (B'mth) 13:45; 3, S. Hassan	(D'land) 13:56; 4, A. Lewis (S&E) 13:58; 5, A.
Brown (QES) 14:01; 6, D. Howarth (B'mth)	14:03; 7, A. Wyeth (S&E) 14:20; 8, A. Bott
(Wok) 14:29. Teams: 1, Bournemouth 9; 2,	Southampton & E 24; 3, Downland 35. (Juniors):
1, D. Critchlow (Wey) 8:52; 2, S. Wheeler	(B'mth) 8:59; 3, H. White (S&E) 9:06; 4, C.
Darke (Torb) 9:10; 5, C. Taylor (S&E) 9:12; 6, S.	Cooke (B'mth) 9:16. Teams: 1, Bournemouth 15;
2, Southampton & E 29; 3, Winchester 33.	(Girls): 1, T. Giddings (And) 5:43; 2, V. Holmes
(S&E) 5:44; 3, A. Batchelor (Salis) 5:53. Teams:	1, Southampton & E 27; 2, Bournemouth 29.

Jitendra Patel (Bol) ran 9:36 in the Northern Youths Road Relay ('AW', Oct. 31st) and not 9:46 as stated. His time was equal fastest of the day. At the Reebok Three Towers race he left a pair of blue Adidas wetsuit trousers in the changing rooms and would appreciate their return to 112 Weston Street, Bolton, BL3 2AW.

Vets Corner

By Alastair Aitken

First Vets Title For Dartford Harriers

WITH a last lap flourish by Brian Buonvino, Dartford Harriers won their first ever veteran team title as they took the Southern Veterans 3x5000m Road Relay over a hilly course at Bexley on October 10th.

John Bowles of Eton Manor was the leader on the first lap (16:23) with Dartford's Dave Nash, a racing cyclist from 1954 to 1976, fifth in 17:18. On lap 2 Tom Everett (47) kept Eton Manor ahead, with John Geoghegan (Camb. H) closing and Dartford's Arthur Kimber (44) moving up to third as a follow-up to his personal best 3000m of 8:50.5 at Havering on September 16th. On the final lap Buonvino went into second after a mile and then took the lead with ¾ mile to go, overtaking the fastest over-50, George Smith (E. Man), to record the fastest lap of the day — 15:42. Buonvino (41), who ran 1:49:03 as first vet in the Kent '20' recently, remarked: "I took up running some five years ago, when at the time I was 12 stone. Now I am down to 9 stone. I try and tell people how wonderful it is to feel really fit".

The over-50 team winners were Thames Valley, for the fourth year in succession — a feat achieved also by Bob Johnson, Ron Franklin and Steve Charlton in the Southern Vets CC Relay a fortnight earlier. The prizes were presented by Ken Harland, whose many admirers will be pleased to here is jogging a little again after his serious accident on the Bexley course 2½ years ago.

Southern Vets Road Relay: 1, Dartford 49:53; 2, Eton Manor 50:30; 3, Cambridge H 50:49; 4, Mitcham 51:48; 5, Blackheath 53:38; 6, Thames Valley O/50 54:22. Fastest (40-44) Buonvino 15:42; (45-49) Geoghegan 16:13; (50-54) G. Smith 17:18; (55-59) S. Charlton 17:38; (O/60) L. Burnett (W. Gn) 21:37.

Southern Vets CC Relay, at Woodford Bridge (Sept. 26th): (40-49; 4x2½ M): 1, Cambridge H 42:49 (E. Jones 11:03, J. Geoghegan 10:25, J. Oliver 10:52, A. Jones 10:29); 2, Verlea 44:05 (W. Lane 10:57, J. Steed 10:56, P. Smith 10:47, A. Kindley 11:25); 3, Oxford City 44:24 (R. Collins 11:00, B. Joines 11:07, R. Clanfield 11:37, J. Polgreen 10:40); 4, Mitcham 46:02; 5, Composite Team 46:22; 6, Woodford Green

47:19. Fastest: (40-44) A. Jones 10:29, J. Bowles (E. Manor) 10:37, Polgreen 10:40; (45-49) Geoghegan 10:25, Oliver 10:52, Steed 10:56. (50-plus; 3x2½ M): 1, Thames Valley 35:44 (R. Franklin 11:38, R. Johnson 12:09, S. Charlton 11:57); 2, Cambridge H 36:12 (J. Brown 12:09, D. Thomas 11:47, D. Dellar 12:16); 3, Eton Manor 36:20 (S. Toms 12:19, N. Booth 12:44, G. Smith 11:17); 4, Woodford Gn 39:05; 5, Mitcham 41:28. Fastest: (50-54) G. Smith 11:17, Franklin 11:38, Thomas 11:47; (55-59) Brown 12:09, G. Meech (Ver) 12:43; (60-plus) L. Burnett (W. Gn) 14:28.

SOUTHERN DECATHLON & 10,000's

Despite unfavourable weather conditions at Norman Park, Bromley, on October 18th/19th the first Southern Veterans Decathlon Championships — organised by Jim Day and his band of helpers — were a success. One hero, at the ripe age of 65, was Tony Rawlinson who produced marks of 15.2, 3.80m, 8.16m, 1.20m, 73.7; 27.2, 24.18m, 2.20m, 24.34m and 6:06.9 for a total of 5104 pts. "Veteran athletics has put new life into me", he proclaims. "At first, three years ago, I was worried about the effect of competition on the health but nature more or less shows you how far you can push yourself."

Tony Mackay, who won the National Vets title at Sheffield, came unstuck in the 40-44 championship when he pulled a back muscle while warming up for the javelin. Victory went to John McNamee, Ilford's Southern League 'B' team captain who is used to doing many events when people drop out of his team. He scored 4884 with marks of 12.2, 1.40, 8.88, 5.31, 56.3; 20.1, 22.72, 2.00 (his first ever vault), 30.50 and 4:48.1. Mick Clarke (who clocked 18.1 for the hurdles) was 2nd with 4399. Other results: (45-49) F. C. Brown 3716; 2, K. St. J. Robinson 3243 (2:56 marathon recently); 3, J. Day 2512; (50-54) 1, C. Knowles 4926 (13.6, 4.95, 8.02, 1.52, 71.9; 18.5, 23.6, 2.40, 23.84, 6:02); 2, B. Thomas 3519; (55-59) J. Swinton 2008; (60-64) B. Metcalfe 3875.

While the decathlon was going on, the Southern Vets 10,000m Championships for 40-44 and 45-49 were taking place on the same track.

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Laurie O'Hara wins Southern Vets (45-49) 10,000 in 32:34.5.

Fred Poplewell

The first race was reminiscent of the runaway win by John Batchelor in the National Vets 10,000 (31:55.5); this time Batchelor led all the way to clock 31:45.9. Runner-up was John Froude, who took 1½ min off his previous best. Now 42, he took up athletics properly only two years ago after having been an international racing cyclist (4th in the Tour of Britain in 1964). Leading results (40-44): 1, J. Batchelor (Ilf) 31:45.9; 2, J. Froude (Wok) 33:14.5; 3, D. Marsh (Worth) 33:23.1; 4, J. Bowles (E. Manor) 33:23.1; 5, C. Lambert (E&E) 33:40.6; 6, P. Elliott (Mit) 34:19.0.

The 45-49 race was an exciting one from the word go. National champion Johnny Oliver (who had run a 2:48 marathon in gale force winds the week before) felt he had to push the pace to have a chance of beating Laurie O'Hara. On the seventh lap these two and John Geoghegan broke free from the others, but with two laps to go O'Hara made for home, passing Oliver with a 78 and then clocking a final lap of 72 for victory in 32:34.5. O'Hara's performance showed what a terrific force he will be in the 50-54 group when he turns 50 on June 18th next year! In fourth place, running as a guest, Derek Wood broke Hugh Foord's UK age 50-54 best of 33:25.3 with

a time of 33:24.3, but commented: "I consider my run in the British Vets marathon at Stone on October 4th a better performance because, when I did 2:34 there, I felt so strong over the last 10 miles". Leading results: 1, L. O'Hara (Bel) 32:34.5; 2, J. Oliver (Camb. H) 32:52.5; 3, J. Geoghegan (Camb. H) 32:59.4; 4, D. Wood (Barn-Gst) 33:24.3; 5, J. Heywood (HHH) 34:02.5; 6, L. Parrott (Hav) 34:16.4; 7, M. Luxford (Hors) 34:16.8.

* Gordon Hickey (Blackheath) equalled John Darlington's UK high jump best of 1.75m at Bromley on August 15th.

* Don Vanhegan (Barn), the former World Vets hammer (50-54) champion who last year set a UK 55-59 shot best of 13.64m, recently suffered a thrombosis in his leg but hopes to be back in action before too long.

* Several new or inaugural world bests were recorded at the Vets AC 10×1M Relay at Polytechnic Stadium, Chiswick, on September 27th. (40-49, 10×1M) R. Gill 4:44, A. Kimber 4:48, L. O'Hara 4:42, R. Gomez 4:43, D. Barrington 4:50, A. Mineyko 4:53, A. Pawsey 5:04, B. Reekie 4:54, P. Wilks 4:57, J. D. Wood 5:03, total 48:38; (50-59, 10×1M) J. D. Wood 4:55, R. Harrington 4:55, C. Walker 5:44, D. Dellar 5:44, R. Franklin 5:24, R. Johnston 5:31, J. Brown 5:29, N. Booth 5:41, D. Thomas 5:11, S. Charlton 5:21; total 53:52; (50-59, 4×1M) Cambridge H 21:02.2; (60-69) J. Downes 6:20, E. Obree 5:33, E. Flowers 5:42, J. Flowers 6:04, H. Taylor 5:47, G. Betts 6:13, R. Hopcroft 6:09, W. Symes 7:22; (70-plus) L. Rolls 6:13, E. Sears 8:01, T. Wood 7:41, G. Hallifax 8:36, T. Hines 9:01, W. Smith 11:28, J. Harris 7:22.

* Bridget Cushen (41) recently ran her first marathon international for Britain, clocking 3:14.23 in Berlin after having suffered serious achilles problems until three or four months ago.

* Rochdale's Alan Hughes continues to show why he is the country's outstanding over-50 on the road this year. In the York '10' on October 11th he finished 35th (third vet) in 54:24 — 20 sec ahead of former UK 1500 and mile record holder Alan Simpson, who placed third in the O/40 group. In the Notts '10' on October 24th Hughes was first vet and 25th overall in 53:56.

* World Vets marathon champion Renato de Palmas of Italy finished 7th (5:15:18) in the 5-stage Tour of Umbria between September 21st and 26th. European Marathon Cup winner Massimo Magnani was first in 5:03:41 with Ian Thompson second in 5:05:56.

* Bill Harvey of Ranelagh, who ran 2:28:32 in the Harlow Marathon, is one to watch as a veteran. He turns 40 this month.

* In the Nike Marathon in Oregon on September 13th, where Mexico's Antonio Villaneuva ran 2:17:16, Dutchman Piet Van Alphen was close to his world O/50 best with 2:24:18.

* Terry Manners (NZ) cut 37 sec off the course record with 28:35 in the Springbank 6M Classic for Masters in London, Ontario on September 27th. Dereck Fernee was 2nd in 29:59 and Ron Hill 5th in 30:38.

* At the first San Juan Masters (site of the World Vets T & F Championships in Puerto Rico in

1983) on September 19th, Bert Lancaster (53) of the USA set a 50-54 world best of 23.5 for 200.

* Jim Catton (Ilf), who is in his sixties and is the father of Andy Catton, reduced his personal best for the marathon by 4 min to 3:05 in the Canvey Island event. He won the 60-64 division in the National Vets Championship in 3:08:52.

Brian Little Carries Off Vets Marathon Title

Syd Hope (Crewe & N) opened up a large lead in the British Veterans Marathon Championship at Stone (Staffs) on October 4th but tired badly in the last four miles to finish third. The race went to Brian Little (40) of Bolton in 2:26:10, with Eric Austin of Worcester storming through to second (and victory in the 45-49 group) in 2:26:35. Anne Bland of Kendal (2:59:21) won the women's race for the second time. Conditions on the day were perfect and the course, with few inclines, was fast.

The race, incorporating the Flying Fox Marathon, was organised by Stone Master Marathoners and jointly sponsored by Research Associates and Berkshire China. The event will now be held permanently in Stone.

Top finishers: (40-44) 1, B. Little (Bol) 2:26:10; 2, S. Hope (C&N) 2:28:50; 3, G. Bagnall (Newc) 2:31:12. (45-49) 1, E. Austin (Worc) 2:26:35; 2, G. Thomas (GEC) 2:30:42; 3, E. Williams

(Shrew) 2:32:41. (50-54) 1, D. Wood (Barn) 2:34:10; 2, H. Gamble-Thompson (M&C) 2:36:27; 3, R. Franklin (TVH) 2:46:58. (55-59) 1, T. Smith (E. Ches) 2:50:03; 2, J. Caddy (M&C) 2:59:47; 3, W. Hazle (W. Gn) 3:02:44. (60-64) 1, J. Catton (Ilf) 3:08:52; 2, J. Harding (Stone MM) 3:30:42; 3, J. Brennan (Mid. V) 3:55:32. (65-69) E. Warwick (Mid. V) 3:35:24. (70-plus) S. Tugwood (Wyc) 3:55:02. Teams: 1, Bolton (Little, B. Court 2:37:25, P. Dolan 2:38:27) 7:42:02; 2, Stockport 8:11:03; 3, Stafford 8:12:28. (Women) (35-39) 1, A. Bland (Ken) 2:59:21; 2, D. Fellows (Cann) 3:12:05. (40-44) 1, P. Day (Stone MM) 3:08:31; 2, Y. Miles (B'mth) 3:12:31; 3, J. Bromhead (Carlton FJ) 4:13:43. (45-49) 1, B. Cook (Staff) 3:15:25; 2, M. Bray (Stone MM) 3:43:16; 3, M. Smith (Stoke) 4:01:40. (50-plus) K. Wartnaby (Craw) 3:39:01.

(We shall print deeper results of this event if forwarded)

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STANLEY PAUL

Northern Women's Road Relays**At St. Helens, November 1st****Surprise Victory for Leeds City Trio****Storming leg from Julie Laughton**

SANDRA ARTHURTON showed all her old form and determination to anchor Leeds to a surprise victory in the Northern Women's Road Relays over a tough and exacting course at Sherdley Park, St. Helens on November 1st. With Jane Furniss hard on her heels and Kath Pilling running the anchor for Sale ahead there was little margin for error and the popular Leeds athlete ("I've only trained twice this week") came home with a dozen seconds to spare over Jane with Sale holding off a non-counting Stretford team for third position. Yet even Sandra would acknowledge the debt she owed to Chris Wood who brought Leeds through to second place in the dwindling light. Neither girl, however, could match the road racing skill of former colleague, Julie Laughton, who carved the field up on the second leg with an outstanding fastest lap.

Melissa Smith must wonder why it has to happen to her. Last year she missed the medals by a whisker, and this year she again took fourth by just failing to catch Julie Holland (Manchester) who, as last year, was one second ahead at the

finish of the Intermediate race. Up at the front City of Hull (with two of last year's successful Junior team) finished well clear of Sale with Manchester keeping out a host of Yorkshire teams. Individually, Angela Crewe (Bingley) was well clear of the field.

A fascinating battle in the Junior race saw Leeds finally master a useful looking Crewe & Nantwich team with Derby's Wendy Wright making a great bid for third place with the fastest lap of the day, only to find that Longwood's anchor (H. Wilkinson) was responding with the second fastest lap and had two seconds too much advantage at the finish.

Sale's success came in the first race where Helen Saunders was their trump card on the last lap after Clare Keller had given Manchester a large but not decisive lead. Derby finished strongly to take second ahead of Bolton and Leeds while the fastest three from the host club, Sutton (St. H) would have taken third had they all been running in the same team. Who'd be a team manager!

Phil Thomas

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An array of Northern Intermediate talent contesting the Bingley Young Athletes Road Races. From the left: Angela Crewe (6), Angela Gibson (38), Sally Ramsdale and Christine Lord (19).

Eric North

Seniors

- 1, Leeds City (N. Porter 18:32, C. Wood 18:03, S. Arthurton 17:47) 54:22;
- 2, Sheffield (J. Pearson 18:04, S. Brown 18:45, J. Furniss 17:45) 54:34;
- 3, Sale (B. Abbott 17:40, S. Simpkin 18:11, K. Pilling 18:50) 54:41;
- 4, Bolton (C. Price 18:00, C. Harkin 18:59, S. Little 18:09) 55:08;
- 5, Airedale & SV (W. Proctor 19:11, A. James 19:24, J. Lochhead 18:00) 56:35;
- 6, City of Hull (D. Baker 18:53, C. Allanson 20:24, D. Stephenson 19:38) 58:55;
- 7, Derby 59:33; 8, Leeds City 'B' 60:59; 9, Halifax 62:06; 10, Liverpool 62:48; 11, Longwood 62:53; 12, Airedale & SV 'B' 64:00; 13, Sutton (St. H) 64:31; 14, E. Cheshire 64:54; 15, Wirral 65:09. **Fastest:** J. Laughton (Der) 17:08; Abbott 17:40; Furniss 17:45.

Intermediates

- 1, City of Hull (V. Dawes 11:45, J. Millership 12:01, J. Howes 11:24) 35:10;
- 2, Sale (D. Edwards 11:33, P. Pearce 12:34, B. Brown 11:43) 35:50;

- 3, Manchester (M. McPhee 11:52, K. Wilkinson 12:27, J. Holland 11:43) 36:02;
- 4, Halifax (C. Lord 11:57, G. Smith 12:38, M. Smith 11:28) 36:03;
- 5, Leeds City (J. Southwell 12:09, S. Foxcroft 12:46, S. Ramsdale 11:14) 36:09;
- 6, City of Hull 36:26; 7, Sutton (St. H) 36:43; 8, E. Cheshire 36:45; 9, Rossendale 37:00; 10, Sale 'B' 37:20; 11, E. Cheshire 'B' 38:19; 12, Longwood 38:27; 13, Derby 38:31; 14, City of Hull 'B' 38:38; 15, Wirral 38:53. **Fastest:** A. Crewe (Bing) 11:06; Ramsdale 11:14; Howes 11:24.

Juniors

- 1, Leeds City (K. Scobie 8:58, K. Horncastle 9:15, F. Southwell 9:04) 27:17;
- 2, Crewe & N (S. Twelves 9:07, B. Nicholson 9:00, J. Walton 9:19) 27:26;
- 3, Longwood (S. Thomas 9:23, D. Fisher 9:23, H. Wilkinson 8:47) 27:33;
- 4, Derby (L. Winfield 9:15, R. Collinson 9:39, W. Wright 8:41) 27:35;
- 5, Sale 27:46; 6, Morpeth 27:50; 7, Liverpool 28:33; 8, Chester le Street 28:40; 9, Bingley 28:43; 10, Rossendale 28:47; 11, Sutton (St. H) 29:03; 12, Bury 29:11; 13, City of Hull 29:17; 14, Airedale & SV 29:19; 15, Salford Met. 29:32. **Fastest:** Wright 8:41; Wilkinson 8:47; D. Alexis (Hal) 8:57.

Girls

- 1, Sale (C. Gilmartin 9:34, C. Harrison 9:34, H. Saunders 9:10) 28:18;
- 2, Derby (G. Knight 9:49, S. Borrett 9:33, S. Riley 9:07) 28:29;
- 3, Bolton (W. Hays 9:22, S. Boyle 9:53, H. Johnson 9:26) 28:41;
- 4, Leeds City 28:46; 5, Manchester 28:54; 6, Sutton (St. H) 28:55; 7, Pilkington 29:04; 8, City of Hull 29:05; 9, Liverpool 29:25; 10, E. Cheshire 29:35; 11, Spenborough 29:39; 12, Sale 'B' 29:45; 13, Sutton (St. H) 'B' 29:49; 14, Rossendale 30:09; 15, Rossendale 'B' 20:18. **Fastest:** C. Keller (Man) 8:58; Riley 9:07; Saunders 9:10.

Would Olympic relay bronze medallists Michael Wheeler (1956, 4x400m) and David Segal (1960, 4x100m) please contact 'AW'.

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IT never ceases to amaze that a country with such a tiny population (3 million) as New Zealand should produce a seemingly endless line of great runners: Jack Lovelock . . . Murray Halberg . . . Peter Snell . . . Bill Baillie . . . Marise Chamberlain . . . John Walker . . . Rod Dixon . . . Dick Quax. Those are just a few of the most successful, and the latest Kiwi to reach the heights is Allison Roe who became last month the fastest woman marathoner in history when winning in New York in 2:25:29 — a time that would have won her a medal in any Olympic marathon prior to 1960.

Profile by Mel Watman

At 25 (she was born Allison Deed on May 30th 1956), the 1.74/5'8½", 59kg/130lb Mrs Roe is no latecomer to athletics even if she was practically unknown outside her own country until just over a year ago. Her first successes came in the high jump — she was junior and intermediate schools champion of New Zealand's North Island — and at 18 she was the youngest ever New Zealand senior cross-country champion. She ran in the 1975 World CC Championships in Morocco and collected a silver medal in the team event. She placed 29th of the 71 finishers as fourth scorer for NZ, the team being led in by Lorraine Moller (5th). Lorraine, then a first-rate 800m runner (she was 5th in the 1974 Commonwealth Games in 2:03.6), was herself of course to blossom into a formidable marathon runner years later, and it is interesting to note that the winner in Rabat was Julie Brown, the American who was to set such a scorching pace in the 1981 New York Marathon.

Allison, who was coached at around this time by Britain's former world record breaker and long-time NZ resident Gordon Pirie, competed again — but with less distinction — in the World CC Championships of 1977 at Dusseldorf. Her best track times of around 2:10 for 800, 4:20 for 1500 and 9:20 for 3000, weren't bad domestically but fell short of international class and it wasn't until the women's road running boom hit NZ that Allison really found herself as an athlete.

It all began to happen for her when she took part in her first marathon, the Choysa event in Auckland in February 1980. Until then her longest ever run had been a one-off 18 mile training spin. As Tim Chamberlain reported in *New Zealand Runner*: "The women's section of the race produced an exciting new marathon talent in Auckland's Allison Deed, multiple national titleholder over cross-country, road and track. Her time of 2:51:45, although ranking her



Allison in action during the Boston Marathon.

Paul J. Sutton/Duomo

4th on this country's all-time list, really gives an inaccurate indication of her capabilities over the distance. The invitation to run at Choysa arrived in plenty of time to allow for an adjustment in her training programme, but somehow the track season got in the way. Knowing she was badly short of mileage, Deed started with the intention of running only 12 to 15 miles, to get the feel of the event. She describes what happened next:

"I made an attempt to pull out, but the crowd shouted to me 'keep going, keep going'. I had to walk at certain times, because I was so untrained for it. I'd hate to run another marathon on so little preparation. At the finish it was a completely different feeling from a track race . . . I wasn't anaerobically tired. I was just amazed I'd actually managed to cover the distance."

As first NZ woman home in the race (the American, Joan Benoit, won in 2:31:23) Allison won herself a trip to the Nike-OTC Marathon in

Continued on page 42

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Southern Women's League**Barry Trowbridge reports****Rachel Hughes dominating Girls' races**

OF THE four winners at Stevenage, only Rachel Hughes repeated her victory at Morden on October 31st, and again it was the most emphatic win of the day.

Not only did she blitz away from the gun, but she won the Girls' race by 24 seconds in a time three seconds **superior** to the Junior winner, Stella Rogers, who for the most part was battling it out with Liz Monks and Helen Appleby. For the record, in the last four weeks, Rachel (born 19.9.68 and holder of the UK age-12 best for 1500m — 4:36.9) has won her two Southern League races, by 23 and 24 seconds respectively, and run the fastest legs in both the Hampshire and Southern Road Relays, each time being within a whisker of bettering the time of the leading Junior.

Behind Rachel, Nicola Dillely eventually opened a gap of seven seconds on Emma Smith, to repeat the 1-2-3 from the first meeting, although Emma looked the better prospect until the long shallow climb leading up to the finish.

The day started with what seemed a very short Intermediate race. After the long, mainly downhill stretch covering the first kilometre, it

was encouraging to see Karen Hughes back disputing the lead, but, within, the next half mile, the Thurrock girl, who admitted before the race that she hasn't had any specific injury this autumn — "I've just been a bit under the weather", was out of contention and the familiar figures of Elise Lyon, Wendy Norman, Sonia Vinall, Julie Rose and Tracy Long, as well as Tonbridge's Nicola Brown, were to the fore.

As the pace quickened Elise, Sonia and Julie opened a gap and as Elise stretched up the last climb it looked like a repeat win for her, but as she showed at Stevenage, Sonia can finish fast and she closed the eight metres gap very quickly on the flat to clinch a good win. Julie again took third and the final meeting, at Fleet, should be quite a battle. Special mention should be made of Nicola, who improved from 27th, two weeks previous, to fourth.

The prize for the most popular man at Morden would most certainly not have gone to the Wycombe Junior team manager. At Stevenage his quartette took third place, with three girls possibly in line for League selection come December. Unfortunately (although that's not what I heard on the course) he told his team that

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**ON SUNDAY, 22nd NOVEMBER
AT WARLEY WOODS, WARLEY, W. MIDLANDS**

1.00 p.m. Colts (U/13 at 1.9.81)	1¾ miles
1.20 p.m. Minor Girls (U/13 at 1.9.81)	1¼ miles
1.50 p.m. Boys (U/15 at 1.9.81)	2¾ miles
2.20 p.m. Junior Girls (U/15 at 1.9.81)	1¾ miles
2.50 p.m. Youths (U/17 at 1.9.81)	3½ miles
3.20 p.m. Inter Ladies (U/17 at 1.9.81)	2½ miles

Awards: 1st 5 Individuals, 1st 3 teams, 1st School team (4 to score in all age groups).

Entries: 35p per Individual. S.A.E. for travel/changing directions to: Bud Baldaro, 26 Beechwood Road, Smethwick, Warley, W. Midlands, by **Tuesday, 17th November.**

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they were third on at Morden, it was a pity that 268 other Juniors went off second!

Stella Rogers was content to let the Andover pair make the running for most of the race, with Liz Monks doing the majority of the work, but like Elise in the Inters' race, she made her effort on the last climb, got clear, and this time hung on. Helen Appleby suffered badly on the hill and was almost caught by fast-finishing Joanne Dennis, who couldn't remember how many people she passed on the final climb. It was a lot. Joanne improved from 29th at Stevenage.

As in the Intermediates, Stella, Liz and Helen go into the last meeting with everything at stake.

The final race of the day was that of the Seniors, and like Rachel's effort produced a virtual 'gun to tape' winner, although with 200m to go you wouldn't have got very long odds on a win for Ann Ford.

As the field sorted itself out, Gillian Drake took up the running and gradually stretched out a 15m lead. Ann, Glynis Penny, Katie Fairbrass, Debbie Peel and Shireen Samy were in the following bunch, just ahead of Joanne Bennett and Karen Whapshott. Gillian held her lead round the wet, bottom of the course, but as the girls re-crossed the bridge to enter the last kilometre, Ann was in clear second and chasing hard — her pit-a-pat stride a marked contrast to the New Zealander's. Glynis was beginning to look a good third with Debbie, Katie and Shireen fighting it out clear of Joanne.

As Glynis's gap opened, so Ann's closed, and stride by stride she pegged back the difference. With 100m to go she was within three metres of Gillian and looking good, but the strong marathon runner had enough left to hold on for a narrow win. Nonetheless, a fine race. Katie used the hill to get away to take fourth, and goes into the last race just two points behind Debbie, with Shireen another two points away in third.

Seniors

1, G. Drake (Croydon) 15:43
2, A. Ford (Borough of Hounslow) 15:45
3, G. Penny (Cambridge H) 15:52
4, K. Fairbrass (Read) 15:55; 5, S. Samy (Brack) 16:00; 6, D. Peel (Craw) 16:04; 7, J. Bennett (High) 16:10; 8, T. Purton (Camb. H) 16:12; 9, H. Hollick (Sale-Gst) 16:15; 10, J. Allison (Camb. H) 16:17; 11, K. Whapshott (Brack) 16:22; 12, J. Barleycorn (Craw) 16:26; 13, B. Murray (B&H) 16:27; 14, K. Webb (Ilford) 16:40; 15, L. King (B'stoke) 16:44; 16, A. Blake (AF&D) 16:45; 17, J. Cole (High) 16:48; 18, A. Tindall (AF&D) 16:49; 19, A. Tamplin (Harl) 16:52; 20, S. Alt (Ox. C) 16:57; 21, T. Neale (Dart) 16:59; 22, S. Morley (B&H) 17:01; 23, L. Richardson (LOAC) 17:03; 24, C. Hughes (Read) 17:05; 25, J. Standing (Craw) 17:09; 26, C. Mole (Med) 17:15; 27, M. Beacham (Barn) 17:18; 28, V. Strickland (Havant) 17:20; 29, J. Mullett (B&H) 17:23; 30, L. Adams (Folk) 17:24.

Teams:

1, Cambridge H 66 (Penny, Purton, Allison; 45, A. Chattaway); 2, Brighton & H 103 (Murray, Morley, Mullett; 39, R. Beachley); 3, Crawley 107 (Peel, Barleycorn, Standing; 64, F. Harris-Ross); 4, Bracknell 143 (Samy, Whapshott; 41, S. Coulson; 86, J. Compton); 5, Highgate 152 (Bennett, Cole; 44, T. Williamson; 84, G. Baasner); 6, Aldershot F&D 179 (Blake, Tindall; 65, A. Webster; 80, A. Howard); 7, Reading 181 (Fairbrass, Hughes; 50, D. Love; 103, L. Thomas); 8, Barnet 209 (Beacham; 36, J. Adams; 70, L. Gilzene; 76, L. Pfeiffer); 9, Oxford City 214 (Alt; 31, S. Walters; 42, J. Bird; 121, A. Howkin); 10, Ilford 215 (Webb; 59, T. Trunley; 69, S. Honey; 73, P. Jones); 11, Dartford (Neale; 37, H. Godden); 12, Croydon 296; 13, Bedford 312 (34, S. Aldred); 14, Epsom & E 314; 15, Ashford 318 (48, H. Tandy); 16, Wycombe Ph. 318 (32, B. Tomkins; 40, J. Heywood); 17, Basingstoke 321; 18, Verlea 342 (46, J. Barrett); 19, London Olympiades 350 (Richardson; 38, K. Bonney); 20, Fleet & C 453; 21, Mitcham 455; 22, Essex Ladies 457 (49, M. Wits); 23, Medway 460; 24, Surrey Beagles 499; 25, Borough of Enfield 513 (33, R. Harrold); 26, Trowbridge 561; 27, Guildford & G 579; 28, Hillingdon 581 (47, T. Glynn); 29, Maidenhead 586; 30, Horsham BS 598; 31, Luton 614; 32, Bromley 626. Also: 35, J. Gayte (Sale-Gst); 43, J. Godliman (Mil. K).

Intermediates

1, S. Vinall (Brighton & H) 10:30
2, E. Lyon (Wycombe Ph.) 10:32
3, J. Rose (Ashford) 10:34
4, N. Brown (Ton) 10:47; 5, T. Long (F&C) 10:48; 6, J. Cooper (Newb) 10:53; 7, W. Norman (AF&D-n/s) 10:56; 8, A. Wittekind (Dart) 10:57; 9, H. Churn (AF&D) 11:00; 10, L. Wight (S&NH) 11:00; 11, L. Bignell (Norf) 11:00; 12, R. Gamble (E. Grin) 11:01; 13, D. Hillyer (Havant) 11:01; 14, H. Conti (Med) 11:01; 15, J. Hickson (Bed) 11:03; 16, S. Tierney (Houn) 11:06; 17, K. Petford (And) 11:08; 18, C. Bourke (Ox. C)

Continued on page 45

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Compiled on behalf of the NUTS by Tony Miller

Any amendments, additions and details of unreported performances to NUTS' standards (in brackets) should be sent to the compiler at 6 Beachy Road, Broadfield, Crawley, West Sussex RH11 9HW. Please include christian name and date of birth.



Jane Parry (17) wins the WAAA Intermediate 100m title from Etta Kessebeh (right) and Lisa Goreeph (left). Jane clocked the fastest 'legal' times of the year for both 100m and 200m.

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11.69	Jane Parry (Stretford)
11.72w	Etta Kessebeh (Bury)(11.73)
11.8w	Natalie Byer (Haringey)
11.9	Jill Todd (Livingston)
11.9	Toyin Campbell (Aldershot F&D)
11.9w	Yvonne Anderson (Glasgow)(12.0)
12.0	Paula Dunn (Stretford)
12.0w	Jane Brown (Oxford City)
12.0w	Lisa Goreeph (Essex Ladies)(12.1)
12.1	Delmena Doyley (Selsonia)
12.1	Fiona Johnstone (Perth Strathhtay)
12.1	Lorraine Hanson (Sparkhill)
12.1	Angela Turner (Birchfield)
12.1	Helen Braisby (DHTC)
12.1w	Jane Boggett (Radley)
12.15w	Patricia Beckford (Wolves & B)
12.16w	Morag Todd (Clyde Valley)(12.2)
12.2	Helen Pilkington (Wolves & B)
12.2	Suzanne Platts (Charnwood)
12.2	Lynn Parry (Derby)
12.2	Gwen Vaughan (Pitreavie)
12.2	Carol Candlish (Pitreavie)
12.2	Marcia Watson (Sale)
12.2	Suzanne Robinson (Border)
12.2w	Kim Price (Worcester)
12.2w	Kerri Hurman (Bristol)

200 METRES (25.8)

23.69w	Jane Parry (Stretford)(23.75)
24.39	Patricia Beckford (Wolves & B)
24.4	Jill Todd (Livingston)
24.4w	Yvonne Anderson (Glasgow)(24.85)
24.46	Lisa Goreeph (Essex Ladies)
24.59w	Sandra Moseley (Haringey)(24.8)
24.68	Elaine Mitchell (Selsonia)
24.8	Carol Candlish (Pitreevie)
24.8	Jane Brown (Oxford City)
25.0	Lorna McMillan (Pitreevie)
25.0	Lorna Frazer (Rugby)
25.0	Lorraine Hanson (Sparkhill)
25.1	Glenys Quailey (Bedford)
25.1	Pamela Walsh (Grimsby)
25.1	Suzanne Platts (Charnwood)
25.1	Sandie Duncan (Fareham)
25.2	Leslie Walls (Dartford)
25.2	Caroline Donald (Luton)
25.2	Jane Boggett (Radley)
25.2	Maxine Miles (Bracknell)
25.2	Paula Dunn (Stretford)
25.2w	Sharon Carth (Merton)
25.29w	Gwen Vaughan (Pitreevie)
25.3	Sandra Leigh (Stevenage & NH)
25.3	Fiona Johnstone (Perth Strathray)
25.3	Helen Pilkington (Wolves & B)
25.3	Fiona McDonald (Law)
25.3	Alison Calderwood (Shorts)
25.3	Etta Kessebeh (Bury)
25.3	Lynn Parry (Derby)
25.3	Suzanne Robinson (Border)

400 METRES (59.0)

54.84	Carol Candlish (Pitreevie)
55.41	Lorna McMillan (Pitreevie)
55.67	Anna Gurd (Dorchester)
55.99	Jane Brown (Oxford City)
56.0	Sian Morris (Port Talbot)
56.2	Simone Gandy (Winchester)
56.5	Jane Boggett (Radley)
56.6	Ann Williams (Sutton)
56.7	Wendy Hoskins (Peterborough)
56.81	Kay Simpson (Medway)
56.9	Melanie Atkinson (Blackburn)
57.5	Karin Hendrickse (Mitcham)
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57.5	Jane Millership (City of Hull)
57.6	Margaret Still (Wigan)
57.8	Jacqueline Cooper (Newbury)
57.81	Gillian McArthur (Shettleston)
57.9	Tonia McCullough (Carlisle)
57.9	Helen France (City of Hull)
58.0	Karen Brown (Livingston)
58.0	Phillpa Saunders (Fleet & C)
58.0	Helen Myers (Torbay)
58.1	Louise Ingram (Wolverhampton & B)
58.2	Debbie Harrison (Mandale)
58.2	Lynne MacDougall (Glasgow)
58.2	Sandra Moseley (Haringey)
58.2	Denise Horne (Verlea)
58.4	Sonya Foster (Thurrock)

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 58.4 Lynda Dumbill (Warrington)
 58.4 Janet McGee (Wallasey)

800 METRES (2:17.0)

2:07.99 Karen Hughes (Thurrock)
 2:08.89 Lynne MacDougall (Glasgow)
 2:09.86 Tonia McCullough (Carlisle)
 2:10.16 Donna Thomas (Bognor R&C)
 2:10.4 Janine Midgley (Leeds City)
 2:10.5 Elise Lyon (Wycombe Ph)
 2:11.0 Lorna McMillan (Pitreevie)
 2:11.1 Julie Rose (Ashford)
 2:11.1 Janette Howes (City of Hull)
 2:11.30 Sonia Vinall (Brighton & H)
 2:11.6 Hannah Churn (Aldershot F&D)
 2:11.6 Yvonne Murray (Glasgow)
 2:11.65 Angela McGeown (Paisley)
 2:12.04 Phillipa Weaver-Smith (Ashford)
 2:12.1 Michelle Walker (Parkside)
 2:12.2 Rosalind Adshead (Stockport)
 2:12.4 Diane Edwards (Sale)
 2:12.5 Susan Batstone (Coventry)
 2:12.89 Marion McKie (Exeter)
 2:12.9 Sally Ramsdale (Leeds City)
 2:13.2 Melissa Wylie (Glasgow)
 2:13.4 Karin Hendrickse (Mitcham)

Tonia McCullough (17) wins the English Schools 800m title from Susan Batstone, Marion McKie (21) and Donna Thomas (79).

Eileen Langsley

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- 2:13.4 Sharon Jefferies (Havering)
 2:13.5 Sharon Morris (Shettleston)
 2:13.5 Tracy Long (Fleet & C)
 2:13.6 Nicola Charlton (Sale)
 2:13.8 Jackie Thomas (Carmarthen)
 2:13.8 Rachel Medd (Lancaster & M)
 2:13.9 Leslie Smith (Borough of Hounslow)
 2:14.0 Joanne Pressley (Bristol)
 2:14.0 Dianne Robson (Morpeth)

1500 METRES (4:45.0)

- 4:22.25 Karen Hughes (Thurrock)
 4:23.6 Janette Howes (City of Hull)
 4:23.75 Lynne MacDougall (Glasgow)
 4:26.27 Julie Rose (Ashford)
 4:27.33 Elise Lyon (Wycombe Ph.)
 4:28.1 Alison Hollington (Bournemouth)
 4:29.23 Yvonne Murray (Glasgow)
 4:30.1 Laura Wight (Stevenage & NH)
 4:32.71 Korina Brighton (Huntingdon)
 4:32.84 Michelle Walker (Parkside)
 4:32.92 Lynn Vose (Sutton (St. H))
 4:33.0 Sharon Jefferies (Havering)
 4:34.5 Sally Ramsdale (Leeds City)
 4:35.37 Susan Tierney (Borough of Hounslow)
 4:35.4 Sonia Vinall (Brighton & H)
 4:35.4 Angela Gibson (Longwood)
 4:35.5 Joanne Pressley (Bristol)

- 4:35.64 Angela Crewe (Bingley)
 4:36.16 Ellen Jones (Coventry)
 4:36.3 Susan Raine (Darlington)
 4:36.59 Sharon Morris (Shettleston)
 4:37.1 Kay Petford (Andover)
 4:37.3 Jacqueline Cooper (Newbury)
 4:37.35 Patricia Barr (Sparta)
 4:37.49 Nicola Brown (Tonbridge)
 4:37.8 Dianne Robson (Morpeth)
 4:37.9 Marion McKie (Exeter)
 4:38.29 Donna Hillyer (Havant)
 4:38.4 Beverley Brown (Sale)
 4:38.73 Allison O'Neill (North Down)

3000 METRES (10:40.0)

- 9:30.0 Yvonne Murray (Glasgow)
 9:33.1 Alison Hollington (Bournemouth)
 9:38.1 Elise Lyon (Wycombe Ph.)
 9:44.7 Julie Rose (Ashford)
 9:53.4 Lynne MacDougall (Glasgow)
 9:55.0 Sally Ramsdale (Leeds City)
 10:00.1 Sonia Vinall (Brighton & H)
 10:00.8 Dianne Robson (Morpeth)
 10:01.1 Patricia Barr (Sparta)
 10:02.8 Allison O'Neill (North Down)
 10:04.3 Joanna Pressley (Bristol)
 10:04.5 Denise Wilkinson (Darlington)
 10:04.8 Laura Wight (Stevenage & NH)
 10:06.3 Wendy Norman (Haslemere Border)
 10:09.4 Judith Gough (Leigh)
 10:13.4 Christine Lord (Halifax)



Julie Rose (7) beats Yvonne Murray (21) over 1500m in the Schools Nations Cup match at Birmingham.

Eileen Langsley

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Left: Ann Girvan, who dominated the sprint hurdles rankings. She clocked 13.6 over Intermediate flights for 100m, 13.7 over Senior barriers and 28.06 for 200m. The latter two lists will appear with field events next week.
Below: Lynne MacDougall (21) and Elise Lyon.

Mike Street photos

- 10:13.8 Janette Howes (City of Hull)
- 10:14.1 Jacqueline Cooper (Newbury)
- 10:14.3 Sally Robinson (Lincoln W)
- 10:14.5 Karen Hughes (Thurrock)
- 10:14.7 Ellen Jones (Coventry)
- 10:15.4 Donna Hillyer (Havant)
- 10:15.8 Tracy Long (Fleet & C)
- 10:16.2 Anne Ridley (Ayrshire)
- 10:16.9 Korina Brighton (Huntingdon)
- 10:17.0 Donna Thomas (Bognor R&C)
- 10:17.0 Sharon Jefferies (Havering)
- 10:17.1 Susan Tierney (Borough of Hounslow)
- 10:19.6 Susan Raine (Darlington)
- 10:19.8 Rachel Gamble (E. Grinstead)

- 15.0 Rhona McLeod (Glasgow)
- 15.0 Ann Okwesia (City of Hull)
- 15.0 Elizabeth Churchley (Exeter)
- 15.0 Michelle Grant (Oxford City)
- 15.1 Clare Sugden (Spenborough)
- 15.1 Dawn Johnson (Bolton)
- 15.1 Karen Murdoch (Shettleston)
- 15.1w Alison Hill (Borough of Enfield)

100 METRES HURDLES (2'6") (15.7)

- 13.6 Ann Girvan (Frodsham)
- 14.12 Tessa North (Borough of Hounslow)
- 14.3 Lynn Parry (Derby)
- 14.3w Julie Frampton (Notts) (14.6)
- 14.38 Julia Charlton (Carmarthen)
- 14.4 Sandra White (Bristol)
- 14.4 Natalie Byer (Haringey)
- 14.5 Juliet Kay (Bromley)
- 14.5w Sally Gunnell (Essex Ladies) (14.62)
- 14.5w Catherine Roe (Radley) (15.3)
- 14.6w Jacquelyn Fisher (City of Plym.) (14.8)
- 14.6w Sarah Booth (Central Region) (14.9)
- 14.7w Donna Brown (Ayr Seaforth) (14.8)
- 14.79 Joanne Evans (Croydon)
- 14.8 Lynn Parry (Coventry)
- 14.8 Toyin Campbell (Aldershot F&D)
- 14.8 Sharon Bowie (Solihull & SH)
- 14.8 Joanne Mulliner (Wolves & B)
- 14.9 Donalda Fortune (Vale of Leven)
- 14.9 Beverley Scott (Southampton & E)
- 14.9 Cathering Jackson (Notts)
- 14.9w Claire Reid (Edinburgh SH) (15.2)
- 15.0 Michelle Allott (Sheffield)
- 15.0 Carol Candlish (Pitreavie)



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MARATHON TOPICS: YOU WRITE IN

MORE ON THE 'BRUM RUN'

Dear Sir,

I refer to the report by Irene Marshall and accompanying letter from Alan Harding which appeared in your magazine dated October 17th criticising the Birmingham Marathon. As a participant in the Brum Run I was shocked to see such a scathing attack on an event which to me was very successful and genuinely enjoyed by so many people.

I will not deny that there were certain problems; some must be due to the colossal size of the field and need to comply with Police and traffic regulations. To promote a small event with say just 200 club athletes is a major task but to organise a Big-City Marathon with almost 5000 non-club runners and 600 officials is a task too complex to consider.

Remember what the Brum Run provided for an entry fee of £2.50: first class facilities at National Exhibition Centre — adequate car parking, rail link, covered accommodation, sufficient toilets, etc; free T-Shirt — I had a choice of 3 sizes 30 minutes before start; commemorative medals to all finishers; 35,000 free drinks on route and, at finish, special energy drinks; 25,000 sponges; 5000 plastic kit bags; medical back-up on route;

professionally staffed medical centres at halfway and finish; computer timed finish; provision of space blankets to prevent exposure; transport of kit from NEC to half marathon finish.

The message is that the Brum Run was very successful in catering for most contingencies. To have the option of finishing at the halfway point, with no sense of failure, is surely a sensible provision in mass participant runs. **Remember the Brum Run was not a race.**

The most damaging comments of Mr Harding do not befit publication in the columns of your highly respected weekly unless thoroughly investigated and put into context against the overall success of the event. Surely if Mr Harding intended to be of constructive assistance he would have made, in the first instance, his observations and comments direct to George Gandy.

May I add that I travelled home by train and spoke at length with four participants (non-club runners) who were very pleased with the Brum Run and all commented on the lengths taken for their safety and welfare.

Malcolm Prince,
Cottingham, North Humberside.

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Dear Sir,

Mention has been made that sooner or later a big 'cock up' will occur in one of the new multi-participant marathons. Whilst the recent Birmingham event would not come into the 'cock up' category, there were many deficiencies which should not have occurred in such a supposedly prestigious race.

Firstly, there were no signs as to where the start was situated. With 15 minutes to 'off', runners were milling around in a disorganised mass, unsure of what direction to head, and seemingly no officials controlling matters. Eventually, one was herded in some vague direction, but there were no start times on the road as advertised in pre-race instructions, and the quicker runners were forcibly prevented from moving nearer the front.

10.00 am start time: No gun or indication that we were off, but apparently the race had begun. There was I, hoping for a sub-3 hour clocking, impotent alongside my 13-year-old son (target circa 4½ hours, incidentally achieved). What frustration! When eventually movement came, one was endlessly weaving in and out among the rag-tag and bobtail, who somehow were nearer the front of the grid.

Eventually, regular running was achieved and concentration on pace could be made. However, pace checking was made difficult as it became obvious that some mile markers were badly misplaced. Many runners have specific intermediate targets which depend on accurate marking of the course. Most disconcerting, therefore, to find one has run an 8 minute mile, although what relief when the next mile shows as 5½ minutes — a blatant misplacing of mile signs. This, incidentally, brings into question the total accuracy of the course.

Welcoming feeding stations came and went. It was no great matter in the earlier stages that they were not positioned as advertised, but in the later stages morale takes a battering when an expected station fails to materialise. At around 22 miles a misplaced watering hole announced itself at the last. This should have been at 23 miles. What a relief when at 24 miles another 'last station' appeared — salvation! All is forgiven.

But seriously, marathon organisers, you must get it right. For many marathons now we pay good money to thrash our bodies to exhaustion, and expect the administration of this self-infliction to be properly professional.

D. H. Fereday,
Barnet AC.

Dear Sir,

Whenever you open a paper or magazine these days there are always people complaining about something. The other week it was the turn of a person attempting to degrade the good name of George Gandy and his organisation of the Birmingham Marathon.

Let us get this into perspective. George's only crimes were to: (1) Give the Birmingham people a fabulous athletic spectacle; (2) Sow the seeds for a marathon that in future will be an even greater success than that held in 1981; (3) Grace Birmingham streets with some of the world's most talented athletes; (4) Organise a warm indoor area at the finish where all the athletes can congregate without suffering from exposure; (5) Make countless other arrangements that appear to have been forgotten in the critics' report.

The Birmingham Marathon was not perfect, but indeed we all learn by our mistakes and I am sure that Mr Gandy will rectify these in the future. I personally had a great day out.

Phil Mylrea

Dear Sir,

Most of the complaints listed by Alan Harding were justified. However, having said that, I would point out that there really is no need to compare two marathons run in the same town as comparisons are odious and irrelevant. It would be like comparing the 'London' with the 'Poly' at Windsor.

As a runner of the whole distance I have high praise indeed for the organisers. Obviously there were glaring faults (there usually are in first-time events) but I shall be back next year to do the same marathon because I believe that it has the potential to be really first class. Things such as the start will be ironed out. It's true that I didn't start running properly until 5 miles had elapsed but once out onto the roads of Birmingham the response was terrific. I had a ball, and a big thank you to George Gandy and his co-organisers for an enjoyable day.

Eileen Bartlett,
Plymouth.

LONDON MARATHON ENTRY

Dear Sir,

Evidently the London Marathon entry problems begin earlier than those of the inaugural year. The full page advert ('AW', October 17th) indicates that the Southern Counties AAA have conveniently incorporated their championship in the Gillette Marathon on May 9th.

For me this is grossly wrong from two viewpoints. First, the feasibility of holding such a championship within a mass participation event. Are Southern club athletes to be provided with their own clear run starting grid? Secondly, and more important, the preferential treatment it appears is being given to Southern athletes regarding entry to the race. It seems that those members of Southern clubs are to be guaranteed entry to the country's premier marathon event when the remainder of us — "north of Luton" outcasts — are left to participate in the lottery.

Like thousands of other discriminated clubmen in the Midlands and the North of England I ask nothing more than the opportunity to be able to fork out £50 for expenses to travel south for May 9th and join the large number of Southern athletes who seem certain to be at the start.

Obviously I am not naive enough not to be able to comprehend the enormity of Chris Brasher's task in operating a "perfect system" but surely to distribute a proportion of entries to every club in the British Isles for them to decide the worthiness of entrants would not be a straw to break any camel's back.

Mike Kelly,
Sparkhill Harriers.

Dear Sir,

I regret to observe that the Southern Counties AAA has chosen to incorporate its marathon championship into the London Marathon. Because of the entry restrictions, not all the qualified athletes wishing to compete in the championship event will have their entries accepted, and even if they do, they will not all start on equal terms among the masses of joggers and fun-runners.

I think that a major championship event ought to take place under circumstances that permit equal opportunities both of entry and competition, and not as part of a grossly over-subscribed "fun" event. This may also allow for a more reasonable entry fee to be charged, and if

at all possible, avoid the familiar embarrassment whereby the first Southern finisher turns out not to have entered for his Area Championship.

May I add, for the benefit of athletes and fun-runners alike who may have read Wilf Paish's article on "Food Supplements", that vitamin A is very toxic if taken in excess, and that the so-called vitamin B.15 (pangamate) is not a vitamin at all. Not only does it fail to fit the definition of a vitamin, a substance essential to human health but not synthesised by the human body, but also does not, according to the American Medical Association, have a single chemical identity.

I suggest that the line between dietary aids and drugs of abuse is thin, and that the distinguishing feature between certain of these aids and the abused drugs is that usually the latter work.

John F. Batchelor,
Beckenham, Kent.

LEWIS CARROLL LIVES!

Dear Sir,

With the invitation of Bill Rodgers to the IAAF Golden Marathon next year, the road running amateur-professional position becomes even more ludicrous than before.

Mike McLeod does not compete in the Nike Marathon because of the 'contamination' effect of running with the professionals. Rodgers runs



THE ORANGE BOWL MARATHON MIAMI, FLORIDA 10th, JANUARY, 1982

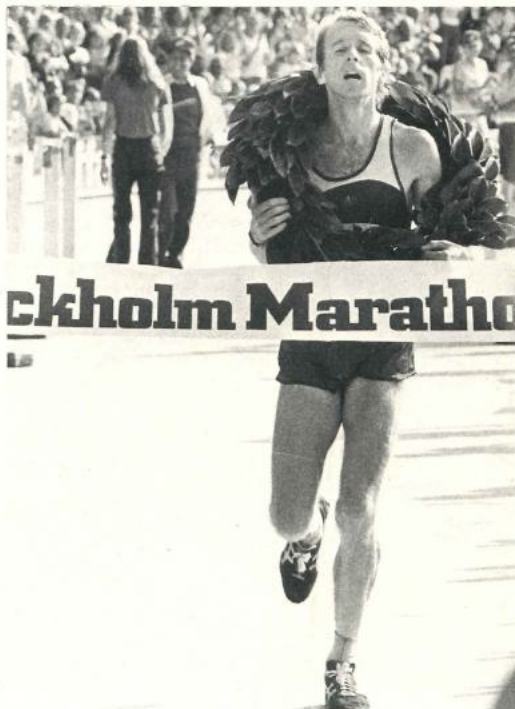
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"I consider myself a professional" says Bill Rodgers.

in the Cascade race in the same series and gets an invite by the IAAF!

The IAAF discuss the possibilities of athletes sponsoring products. I cannot remember how many years ago I first saw Bill Rodgers advertising Bill Rodgers running apparel featuring a photograph of, yes, Bill Rodgers in *Runner's World* magazine. I suppose one day professionalism will come, perhaps not in our lifetime.

Who said Lewis Carroll was dead?

David Clayton,
Stockport.

Bill Rodgers, who claims to have earned \$500,000 from his diverse athletic cum business activities last year, said in a television interview shown during the recent New York Marathon: "I consider myself a professional". He was due to have run in the race, an event he has won four times, but withdrew late the night before after a reported dispute with one of his sponsors. Clearly, Rodgers makes a very good living out of his sport (and why shouldn't he?), and the continuing attempts to classify runners as professionals or amateurs are, I agree, ludicrous and unworkable — Ed.

GIVE THEM ROOM TO BREATHE

Dear Sir,

May I make a plea to those who plan to organise 'mass marathons' next year? Please give special thought to the finish of your race. This year my husband has competed in two mass events and the finish of both left a lot to be desired. After running 26 miles many participants are just not 'with it' and then to have to battle through crowds to find a drink, clothes or just enough space to sit and get their breath back is often more than they can cope with. What I think is needed is to make the finish funnel empty straight into a LARGE space to which the general public is not admitted. Drinks, first aid, clothes and a rest area should all be right there. Those who finish in good nick could go through as quickly as they like; those who need a while to get back to normal would have room to do so.

M. E. Edwards,
Horndean, Hants.

PERILS OF HOT WEATHER

Dear Sir,

Cliff Temple's report on the European Marathon Cup once again draws attention to the folly of running marathons in hot, humid weather. Runners of the calibre of East, Graham, Moseyev and Dzhumanazarov are forced to drop out or fall back and those who do manage to keep going finish in an exhausted and, in a few cases, dangerously dehydrated state.

The governing bodies of athletics are strangely paradoxical. On the one hand, until quite

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1.30 p.m. Colts 11-13	2 miles
1.45 p.m. Boys 13-15	2 miles
2.00 p.m. Senior O/17	7 1/2 miles
2.10 p.m. Youths 15-17	3 miles

(Ages as at 1.9.81)

Prizes: First 3 Individuals.

First 3 Teams (3 to score).

First 2 Vets in both 40/50 & O/50 groups.

Entries: Colts, Boys, Youths 35p, Seniors 50p.

NO TEAM FEE

by 23rd November, 1981. No late entries.

To: A. Brown, 29 Royds Avenue, Heysham, Morecambe. Tel. 51262. S.A.E. please.

recently, they would not allow women to compete above 3000m (on the grounds that could harm their health) and yet on the other are quite happy to schedule a European marathon in weather which makes the consequences quite predictable.

Surely if marathons have to be run during the hottest part of the year then it would at least make sense to start them either late in the evening or early in the morning to avoid the worst of the heat and humidity. Once again, North America leads Europe in this respect: the Montreal Marathon run on the same day as the European Cup race started at 9.20 am.

It is worth noting that Chris Brasher and John Disley have made a point of running the London Marathon at a time of the year when the ambient temperature is not likely to be above 60°F, and have a 9 am start to avoid the heat problem.

Running 26 miles at race pace takes quite enough out of the metabolism as it is. In my view it is futile and stupid to regard hot weather as being like a hilly course and thereby a further challenge.

Kieron Fennelly,
Shaftesbury Harriers.

Dear Sir,

Mr Hexter's comment on Lyn Billington's realistic proposals for adapting starting times to weather conditions likely to produce adverse effects on runners missed the point she wanted to make and which I endorsed without any reservation.

"Why expose runners unnecessarily?"

Heat kills and, indeed, heat fatalities caused primarily by dehydration have been recorded despite the fact that long-distance runners in particular know what to do to protect themselves against temperatures in excess of 16°C. Casualties due to cold are not on record.

True, one can expect heat in summer but one has not got to consider starting times at the hottest time of day something close to Holy Writ. Why expose runners quite unnecessarily to highly dangerous conditions which can easily be avoided?

Later starts surely would assist would-be competitors from areas outside London rather than discourage them. By the same token, early morning starts are a distinct possibility — they and late afternoon or evening starts have been the rule in Continental and US races, where competitors may have to travel much longer distances than in this country.

Overnight accommodation may well become necessary and does involve expense, but how many times would it be needed? One can peak for a limited number of races only when all the stops can be pulled out, so expense of this type is not likely to arise very often.

George Iain Berger,
HHH, Vets AC &
British Marathon Runners' Club.

PROVINCIAL INSURANCE INTERNATIONAL CROSS COUNTRY EVENT

(Under A.A.A. Laws)

**SATURDAY,
12th DECEMBER, 1981**

Organised by
INTERNATIONAL ATHLETES CLUB
at

**CRYSTAL PALACE
NATIONAL SPORTS CENTRE,
NORWOOD, LONDON SE19 2BB**

Colts Race (U/13 on 1.9.81) **1,800m 12.15 pm**
Boys Race (U/15 on 1.9.81) **3,400m 12.45 pm**

MEDALS TO FIRST 6 IN EACH RACE

Entry Fee: 30p. All Cheques/P.O.'s payable to International Athletes Club (please enclose SAE). A separate entry is required for each race.

Entries to: Mrs S. Herring, 6 Overhill Way, Beckenham, Kent BR3 2SW. No late entries will be accepted.

CLOSING DATE 1st DECEMBER, 1981

CANNOCK CHASE A.C.

S. G. WHITE MEMORIAL CROSS COUNTRY RACES

(Under A.A.A. & W.A.A.A. Laws)

**AT CANNOCK STADIUM
SUN., 27th DEC., 1981**

**BOYS & GIRLS
U/11, U/13, U/15**

First Race 12 Noon

ENTRIES CLOSE 12th DEC., 1981

Entries, 35p to: Mr M. Ward, 35 Daywell Rise, Rugeley, Staffs. Telephone Rugeley 77338.

Awards: First 3 and 3 Teams of 3.

Trophies for Winning Teams.

ALSO FUN RUN

25p, entries on day.

Personal View

By Cliff Temple

ORDINARY CLUB MEMBERS ARE TO BLAME

THE APPARENT lack of response to Tony Ward's article "Who Governs British Athletics?" ('AW', Oct. 3rd), pointing out the unnecessarily complicated mass of different Associations which run the UK athletics scene, indicates that it must have been an argument with which few disagree. Had he written about field events or race walking, the 'AW' correspondence columns would have been alive with the topic for months.

The results of the recent British Athletics League questionnaire ('AW', Oct. 31st), which showed that over 80% of athletics clubs "felt strongly that the formation of a single UK governing body for men's and women's athletics was necessary", seem to bear this out.

But Tony Ward's article omitted one fairly important consideration. In reflecting that since he had first written about the subject in 'AW' in 1969, and the present day, there has been no change at national level, he did not mention that in the mid-70's there was a concerted effort to try to effect at least part of that change.

At the 1974 Annual General Meeting of the AAA, the following resolution, which I proposed on behalf of my club, Folkestone AC, was passed by a large majority:

"That in an effort to facilitate the administration of athletics, and to eliminate unnecessary duplication and segregation of efforts by its constituent clubs, the AAA makes a direct approach, or series of approaches, to the WAAA with a view to amalgamation of the two Associations at the earliest possible moment".

Later that winter I obtained similar majorities at the annual meetings of the Southern Counties AAA and the Kent AAA on resolutions also designed to at least establish communications towards possible amalgamation with their opposite numbers among the Women's Associations.

In each case, the possible marriages did not happen. Overall this was largely due, I feel, to a constant fear on the women's side that they might be "taken over" by the men's Associations. This, of course, was never the intention, and seemed a rather negative way of looking at it. There was also, it has to be said, considerable resistance among certain key individuals on the women's side to any possible amalgamation (as indeed there was among some individuals on the men's side, but which was duly swept aside by the sheer weight of club opinion). This did not appear to happen on the women's side, however.

So we are left — indeed, we are left — with the curious situation that at the lowest common denominator in the organisation of the sport,

namely the Club, athletics is predominantly a mixed sport. At the highest level — the International Amateur Athletic Federation (and indeed at the Olympics) — it is also a mixed sport.

But in between the club and the UK representative body to the IAAF, the British Amateur Athletic Board (which itself deals with both male and female athletes), the organisation branches off into these single-sex Associations making administration increasingly difficult for club and BAAB alike.

The arguments in favour of encouraging amalgamation between the associations at all levels are manifold — some purely on practical grounds, some social, some simply desirable.

They are all athletes

Already the coaching world has recognised nationally what officialdom seems reluctant to acknowledge — that in the 80's we are dealing with simply runners, jumpers, throwers . . . and that they are all **athletes**. On a personal level, I coach a mixed group of middle distance runners who often do exactly the same training at the same venue at the same time. The only difference is that the male athletes run faster than the female athletes. But I don't consider that consequently they need to have a separate Association to control them.

Both sexes have to warm up, train, and warm down. Both sexes get nervous before competition, have occasional injuries or illnesses, ambitions, disappointments and successes. My own athletes say they enjoy training in a mixed group, and they enjoy each other's company socially away from the track. Two of them recently became engaged. But, even married, the great dividing hand comes down. Till death us do

ROSSENDALE A.C.

WINTER TRACK MEETING

AT STRETFORD LONGFORD PARK
ON SUN., 3rd JANUARY, 1982
at 11.30

(See A.W. issue date 5.12.81 for details)

Note also: Rossendale Ladies Shield Cross
Country Races — Saturday, 13th March.

While the ECCU and the WCCA go their own ways, it won't happen

part? "Sorry, love, AAA athletes only on this side of the bed — Women's AAA athletes have to stay on that side . . ."

The most curious thing of all (and I noticed this six or seven years ago, while conducting that campaign for amalgamation) is that no-one seems to have yet come up with a set of lucid reasons **why** the Associations should remain single sex. Instead, the "anti" campaign has too often seemed to revolve on simply trying to decry the advantages of amalgamation, or else waving them aside.

Of course, there are still going to be separate **competitions**; no-one is suggesting that women should compete against men, although occasionally competing at the **same time** in dual competitions, as works so successfully in road running, is a different matter. For purely practical reasons, there will still sometimes have to be single-sex meetings. Most of us would like to see a National Cross Country Championships meeting for both men and women, even spread over a weekend, at one single venue. In practical terms that may never be possible (although I suspect it is). But while the English Cross Country Union and the Women's Cross Country Association go their own ways, it won't happen.

It's hard enough to explain to other IAAF countries why the four UK home countries can still enter separate teams in the World Cross Country Championships. But it's impossible to explain to them why the England men's team and the England women's team sometimes travel on different flights, stay in separate hotels, and even wear different colours at these Championships. Especially when Ann and Bernie Ford are in the England team. (Sorry, teams).

So full marks anyway to the Welsh Cross Country Association, which is the only home country to have a single Association of its type, covering both sexes. The Race Walking

Association is also to be congratulated on its recent moves to bring male and female walkers jointly under the same banner.

Okay, so it's ludicrous to have this multiplicity of organisations. You know it is, and I know it is. But where does the blame lie for the status quo remaining?

Firstly, you may suspect, as I am afraid I do, that in some cases a few leading officials who do not get on with their opposite numbers may actually be very strongly opposed to amalgamation. Why? Who knows? Perhaps a threatened loss of prestige, or jealousy, or even, of course, (and as I am the first to acknowledge), simply a genuine belief that athletics is better organised by having so many Associations, each often working within a vacuum.

Inevitable conclusion

But I do not think that the hindrance to what is surely an inevitable conclusion comes principally from those officials, even including the one who said that any such amalgamation would only take place "over my dead body".

Instead the blame for the stagnation rests squarely on the ordinary club members all over the country. For a perfectly sound, democratic system for changing rules, constitutions, setting up sub-committees, even amalgamations, exists throughout athletics. If sufficient clubs used their rights and voting power, the whole face of administration in domestic athletics could be duly transformed within two years; perhaps even less.

But will it? Will the clubs (over 80% of whom, remember, said in that BAL questionnaire that they would favour a single governing body) actually get representatives into Annual Meetings to vote that way, and to at last support what I firmly believe is a very widely held view throughout UK athletics, in the one manner which will finally effect the overdue change? Or will it once more become a case of lip service and "they ought to do something about it".

Because very few of the existing Associations are likely to initiate moves towards amalgamation with their opposite numbers unless they are given an almighty push by their constituent member clubs. Have you got the club committee meeting due soon? If so, why not discuss it there? After all, — to amend the title of Tony Ward's original article — Who really **does** govern British athletics?

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ADIDAS TRACK: The nylon upper and heel wedge are practically identical to the Cross Country. However, the Adistar Spike plate has been fitted for maximum traction on synthetic tracks and a plain rubber sole is used to reduce the weight. Sizes 4-5½ = £18.75, 6-12 = £21.50.

PUMA HURRICANE: White nylon upper with blue trim. Thick midsole and foam insole give great protection at a very reasonable price. Pimpled rubber sole gives good grip on synthetic tracks and wraps up on outside of upper for extra protection. Sizes 3-5½ = £13.95, 6-12 = £15.95.

NIKE BLACK FLY: Very popular spike with black nylon upper and silver trim. Heel wedge makes it suitable for most distances although many sprinters pick it due to its narrower toe box. This feature also makes it popular with the fairer sex who tend to have narrow feet. Sizes 3-5½ = £17.40, 6-12 = £21.95.

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ADIDAS CROSS. Boasts a very hard wearing blue upper, with sewn-in tongue to make the shoe more waterproof. Specially designed studded sole to grip on slopes as well as "on the flat". Sizes 3½-5½ = £13.50, 6-12 = £15.50.

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Northern Irish Notes

By Brian Rowan

1.90 metres the next "Peake" for Sharon

WHAT a difference a year has made for the leggy Ballymena-based high jump exponent, Sharon McPeake. She began the 1981 season with a best of 1.76m, but equipped with a much more mature approach to her event, she soon improved and by the end of her long summer's campaign she had added a full nine 9cm to her best performance.

During a momentous season, highlighted by her meteoric emergence into the upper echelons of the UK lists, Sharon bettered 1.80m on seven occasions, gained British representative honours, and established herself as a genuine contender for Commonwealth and European Championships selection next year.

Her exploits in the UK Championships on May 25th, when inspired by her home crowd at the Antrim Forum she flopped clear at 1.83m and won a bronze medal behind Louise Miller (1.89) and Ann-Marie Cording (1.86), heralded the beginning of her rise, and acted as a stepping stone to even greater accomplishments.

Sharon's consistency won her invitations to the Amoco and Coca-Cola sponsored spectaculars, and her showings in these fixtures where she scaled respective heights of 1.83 and 1.80m

gained her a berth in the British squad for the end-of-season European tour.

On that tour the radiant Miss McPeake, who possesses the perfect physique for her event (she stands a pencil-slim six feet tall), twice bettered her Northern Ireland record. In Paris on September 19th she placed second to Ann-Marie Cording (1.91) in a match against France and Switzerland when she flipped clear of the bar at 1.84m, and in Palermo (Italy) three days later she added a further centimetre to that performance when she finished third in the match against Italy, once again won by Ann-Marie at 1.88m.

In Brisbane, on October 3rd, Sharon brought her outstanding season to a close by placing fifth with a clearance of 1.75m in the Mini Games.

She is now taking a few weeks rest before sitting down with her mentor, Maeve Kyle, to map out her training and competition programme for next season.

With every outing this season, Sharon drew closer to the gateway to world class. Next year I am confident she will develop into a consistent 1.90m-plus competitor and in the coming seasons she could establish herself as the greatest British female high jumper of all time.



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Further particulars and forms from:

The Registrar, Bedford College of Higher
Educ., Lansdowne Rd., Bedford MK40
2BZ.



Sharon McPeake wins the NIWAAA high jump title at Antrim on August 1st. She improved her Northern Ireland record to 1.85m in Palermo on September 22nd.

William McLeod

Should "Anglos" Be Selected?

Athletes who qualify to represent Northern Ireland in international competition under the jurisdiction of the parental and residential rule are currently the topic of some very heated debate within Ulster's sporting community.

Since 1978 when Martin Girvan, then a member of Woodford Green AC, was chosen to represent the Province in the Edmonton Commonwealth Games there has been a growing number of athletes dubbed "Anglos" drifting into the local athletics fraternity.

Cameron Spence, a member of the Scottish club Spango Valley, has represented the Province in three IAAF World Cross-Country Championship races, and Colin Boreham, John Doherty, Kevin Lidlow and most recently Steve Martin (who ran 4:05.0 in this year's Inter-Counties mile) have competed for Northern Ireland in various track internationals.

Next year the Commonwealth Games are to be staged in Brisbane, and it will cost approximately £1000 per individual — money which will be raised mainly through contributions from the Ulster public — to send a representative squad from Northern Ireland.

Local male athletics chiefs have been awarded an initial allocation of five berths, which will most probably be increased to six, by the Northern Ireland Commonwealth Games Council, and there is a growing concern that only a minor portion of the team will be filled by genuinely Ulster born and bred athletes.

The question therefore which is being asked is: Should athletes who contribute little to the grass roots of Northern Ireland's athletics structure gain precedence over athletes who compete

regularly in local promotions when the time arrives to select the squad for the Commonwealth Games or, for that matter, any international representative fixture?

Local athletics administrators are arguing that the sports constitution permits them to select athletes born outside Northern Ireland for international competition, and they have stated that they are not prepared to debate this matter with the Province's international athletes or coaches.

No one is saying that all the athletes born outside Northern Ireland should be debarred from representative honours, and even the most anti-"Anglos" protesters are prepared to acknowledge the mammoth contributions made to Ulster athletics by Martin Girvan and Colin Boreham. But take, for instance, John Doherty, the reigning ECCU junior champion who declared his allegiance to Ulster prior to the beginning of the 1979 track season. Since then, John has competed on only two occasions in Northern Ireland, the cross-country championship races of 1980 and 1981. In no way does his token commitment to NI athletics merit the backing of £1000 of Ulster money.

A notice of motion forcing a change in the sports constitution, and therefore debarring all athletes born outside Northern Ireland from representing the Province, is not in my opinion the solution to the "Anglos" problem. But the NIAAA's council must implement selection criteria calling for a total commitment from all athletes eligible to represent the Province in international competition.

Ignoring a problem does not make it any easier to solve and the sport's governing body must act quickly in order to prevent a major row occurring within Northern Ireland athletics.

Graham Wins Swedish Classic

FAVOURITES Grete Waitz and John Graham won the 17th "LIDINGÖLÖPSET" outside Stockholm on October 4th, in front of the world's biggest cross-country fields: over 20,000 people including youths, vets, joggers and elite runners racing over distances from 1.7km for the youngest to 30km for the men.

Grete Waitz, winning her 6th straight victory in the women's 15.2km, left the other 2,000 women behind right from the start. After falling once — the path slippery from heavy rain — she let go all thoughts of breaking her course-record of 51:03 and concentrated on getting safe and sound to the finish. Her time this year on the hilly course was 53:20, and her winning margin over fellow Norwegian, Ingrid Kristiansen, was thus "only" 2 min 20 sec while last year it was over 4 min.

Together with Norwegian 10,000m and cross-country champion Stig Roar Husby, John Graham broke away after only 7km of the men's 30km, in which there were 12,000 runners. Graham and Husby stayed together until 800m from the finish where the Scot sprinted off to a 10 sec win, thus being the first favourite to win the Lidingöloppet men's race in many years.

"No problem. I felt stronger the longer we ran and I knew I could get him — but he was damned good", commented Graham, surprised that it was not the better-known 2:10/2:11 marathoners Öivind Dahl (Norway), Dave Chettle (Australia), Tommy Persson (Sweden) or Finland's Olympic medallist Kaarlo Maaninka who gave him a fight up to the finish. The race was run throughout in heavy rain.

1, John Graham (UK) 1:40:49; 2, Stig Roar Husby (Nor) 1:40:59; 3, Jarl Gaute Aase (Nor) 1:41:17; 4, Hans Segerfelt (Swe) 1:41:26; 5, Öivind Dahl (Nor) 1:42:22; 6, Dave Chettle (Aus) 1:43:05 . . . 11, Kaarlo Maaninka (Fin) 1:44:03; 13, Tommy Persson (Swe) 1:44:43. **(Women):** 1, Grete Waitz (Nor) 53:20; 2, Ingrid Kristiansen (Nor) 55:40; 3, Karoline Nemetz (Swe) 56:56; 4, Mary Shea (USA) 57:15.

"Cross Country Review"

WORLD BEST WOMEN'S 10,000 IN SOVIET CHAMPIONSHIPS Moscow, September 16th-19th

High point of a relatively modest USSR Championships, held in cold and wet conditions, came on the final day (Sept. 19th) when Yelena Sipatova (née Chernyshova) covered 10,000m in 32:17.19 for what could be the inaugural world record. Yelena (26), only 1.63/5'4" and 48kg/106lb, has times of 4:01.96 (1500), 8:33.53 (3000) and 15:24.7 (5000) to her credit. Soviet discus champion again — at the age of 36 — is 1972 Olympic winner Faina Melnik.

100: Sidorov 10.45; 200: Babenko 21.11; 400: Markin 46.18, Roshchin 46.27; 800: Tarassov



John Graham leads from Stig Roar Husby

1:48.95; 1500: Tishchenko 3:48.58; 5000: Dimitryev 13:24.23, Fedotkin 13:25.16, Parlui 13:27.98; 10,000: Parlui 28:20.40; 3000SC: Velichko 8:34.87; 110H: Chervanyov 13.94; 400H: Arkhipenko 49.75; HJ: Grigoryev 2.23; PV: Spassov 5.60, Polyakov & Krupskiy 5.50, Chernyayev & Obishayev 5.50; LJ: Belskiy 7.96; TJ: Roganin 16.71, Lissitchinok 16.62, Mussiyenko 16.61; SP: Mironov 19.59; DT: Dumchev 65.08; HT: Nikulin 76.60, Repin 74.12, Kozlov 74.10; JT: Kula 86.60; Women's 100/200: Botchina 11.27/22.90; 400: Krylova 51.64; 800: Vesselkova 1:57.62; Agletdinova 1:58.65, Enkina 1:59.05; 1500: Vesselkova 4:02.96, Zaitseva 4:03.30, Yapeyeva 4:03.94; 3000: Yapeyeva 8:57.5, Sycheva 8:58.1, Sipatova 8:59.5; 10,000: Sipatova 32:17.19 (world best), Zuchlo 32:20.40, Oyun 32:36.00; 100H: Kementscheshi 13.09; 400H: Ziruk 55.49, Subova 55.58, Kastetskaya 56.13; HJ: Poluiko 1.91; LJ: Butkiene 6.66, Anufriyeva 6.64, Skatchko 6.61; SP: Lissovskaya 18.66; DT: Melnik 64.80, Savinkova 63.96; JT: Leiskalne 62.24.

STEVE KENYON UNDER 2:12

As we go to press we are still awaiting detailed results of the Manchester Charity Marathon (Oct. 18th), won by Steve Kenyon in 2:11:55 from Colin Taylor (2:17:56) and Kim McDonald (2:19:34).

ENGLISH ATHLETES CLEAN UP ON AUSTRALIAN TOUR

Steve Ovett completed another outstanding season with three unstrained victories in Australia last month, clocking 1:49.13 for 800, 3:42.6 for 1500 and 3:59.8 for the mile (on a rainsoaked grass track). Colin Reitz set a UK best of 5:27.6 for the 2000m steeplechase, and there were personal bests also for Mike Powell (10.48 100), Donovan Reid (10.55), Claude Moseley (10.63 & 46.8 for 400), Todd Bennett (21.4 200) and Roy Mitchell (15.34m TJ).

2.10. Brisbane. 400: ROY DICKENS 47.20, TODD BENNETT 47.62; 5000: MIKE McLEOD 13:34.70, Koskei (Ken) 13:36.74, Wessinghage (Ger) 13:46.94, Austin (Aus) 13:57.21; LJ: ROY MITCHELL 7.84, Walsh (NZ) 7.67. **3.10. Brisbane.** 100: Lattany (US) 10.24, MIKE McFARLANE 10.36 (10.58 ht), MIKE POWELL (19) 10.48 (10.49 ht), DONOVAN REID (18) 10.55 (10.64 ht) . . . 7, CLAUDE MOSELEY 10.89 (10.63 ht); 800: STEVE OVETT 1:49.13, Hillardt (Aus) 1:50.03; 400H: BILL HARTLEY 52.43; PV: KEITH STOCK 5.20; DT: Spinoglio (Aus) 51.12, MIKE WINCH 50.86; 4x100: ENGLAND (POWELL, MOSELEY, McFARLANE, REID) 40.19; women's HJ: Brown (Aus) 1.81 . . . 6, SHARON McPEAKE (NI) 1.75; Hept: Konihowski (Can) 5926, Saunders (Aus) 5834. **4.10. Brisbane.** 200: (— 1.2m) McFARLANE 21.24, MOSELEY 21.31, REID 21.57, POWELL 21.74, BENNETT 21.77;

1500: STEVE CRAM 3:47.68, McLEOD 3:48.04; 10,000: Bentley (Aus) 28:55.93, BRIAN COLE 30:10.90, ALLAN RUSHMER 31:16.41; 3000SC: COLIN REITZ 8:35.27, Neylon (Aus) 8:43.88, Gopal Saini (Ind) 8:44.00, PAUL DAVIES-HALE 8:52.69; 110H: (—0.76m) Turner (US) 13.91, Wright (Aus) 14.40, WILBERT GREAVES 14.43; HJ: MARK NAYLOR 2.14; TJ: Cleary (Aus) 15.36, MITCHELL 15.34 . . . 5, Derek Boosey (ex-UK) 13.93; SP: WINCH 16.78; 4x400: ENGLAND (BENNETT, DICKENS, HARTLEY, MOSELEY) 3:06.96, Australia 3:07.55. **7.10. Adelaide.** 100: McFARLANE 10.4, POWELL 10.6, BENNETT 10.9; 200: BENNETT 21.4, POWELL 21.6, MITCHELL 22.0; 400: DICKENS 46.8, MOSELEY 46.8, HARTLEY 47.7 . . . 5, REID 48.7; 1500: OVETT 3:42.6, McLEOD 3:45.4, DAVIES-HALE 3:46.0; 3000: CRAM 8:04.1, Koskei 8:04.1; 2000SC: REITZ 5:27.6 (won by 30 sec); 110H: GREAVES 14.4, HJ: NAYLOR 2.10; Exhib PV: STOCK 5.35; LJ: MITCHELL 7.24; SP/DT: WINCH 17.00/49.40 (& 4th HT, 42.38). **10.10. Sydney.** 100: Lattany 10.2, McFARLANE 10.4; 400: BENNETT 47.2; Mile: OVETT 3:59.8, Hillardt 4:00.3, CRAM 4:01.4, REITZ 4:01.8; 5000: Rono (Ken) 13:35.3, McLEOD 13:38.6, Koskei 13:48.2; Mar: Whitty (Aus) 2:18.00, COLE; 110H: Turner 13.4; 300H: Turner 37.4, HARTLEY 38.0; HJ: NAYLOR 2.02; PV: STOCK 5.30; LJ: MITCHELL 7.48; SP: WINCH 17.08.

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(All Races under A.A.A. Laws)

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Fast and Fairly flat < ½ mile road

EASTER SATURDAY APR. 10th — 6 MILE ROAD RACE

Hilly for first 2 then flat

EASTER SUNDAY APR. 11th — HALF MARATHON

Fast, slight downhill, flat

EASTER MONDAY APR. 12th — 3 MILE ROAD RACE

Fast and Flat

CLOSING DATE FOR ENTRIES FEBRUARY 9th

Entry Forms and information sheets are available from the race co-ordinators:

M. Perrio, Chescot, Route Carre, St. Sampsons, Guernsey.

P. Roffey, Forterbri, Belval Road, Vale, Guernsey.

Air Travel, Hotel/Guest House Accommodation, Hire Cars can be arranged at special rates through G.I.A.A.C.

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(11 1/4 Miles — Under WAAA Laws)

SAT., 19th DECEMBER, 1981
at 2 p.m. SHARP

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Prizes: Men — First 6, first 4 teams, (6 run, 3 score).
Ladies — dependent on entry (no team race).

Entry: £1.00 (to include free programme), teams £1.00
extra, to: Mrs M. A. Nelson, Orchardleigh,
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BY WEDNESDAY, DECEMBER 9th
(no late entries)

Please supply S.A.E. for acknowledgement.

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TUESDAY,

DECEMBER 22nd, 1981

*"The Most Beautiful Marathon
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— Around the Biblical Lake

ENTRY FEE: US \$12.00.

- * Commemorative medals, certificates to all finishers.
- * Trophies to all category winners, including Women and Veterans.
- * After the race, prize ceremony and buffet.
- * The only Marathon run below sea level.

Entries to: Marathon Organising Committee,
Sports Federation of Israel, P.O.B. 4575, 4
Marmorek Street, Tel Aviv, Israel.

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IL 35770. Tel. 053 37773.

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'CHRISTMAS PUDDING' FIVE MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

SPONSORED BY COCA-COLA

at the Transport Stadium, Wheelers Lane, Birmingham

ON SUNDAY, 13th DECEMBER, 1981

at 11.30 a.m.

Prizes for 1st, 2nd and 3rd; plus 1st Vet. (O/40) and 1st Lady to finish.

Each competitor completing the course will also be awarded a CHRISTMAS PUDDING.

Timing by Class One Timekeepers over a measured distance.

Entries to: General Secretary, W.M.P.T. Social & Ath. Soc., Miller Street, Aston,
Birmingham B6 4NG, with S.A.E. (Tel. 021 359 3487).

POSTAL ENTRIES CLOSE MON., 7th DEC., 1981 — ENTRY FEE 60p

Veterans please state age.

Entries on day 90p not later than 11.00 a.m.

Race Walking News

From Colin Young

Hot Competition, Fast Times and Large Fields in RWA 'Younger Age Group' Championships

HEAVY RAINS affected the early events at Southend on October 17th, but the total number of finishers amounted to 218 from a programme entry of 279, which is very encouraging for the future of the sport.

The outstanding winner was Phil Vesty in the Junior 10km, winning by over 400m from clubmate, Andy Trigg, with Gordon Vale a notable non-starter. In the only poor field of the day, with only 19 finishers, Vesty went one better than last year when he was just pipped by Richard Dorman.

Tim Berrett retained his Youths' title in a close race with Neil Corbett, who improved from 13th in 1980, with Derek Mosley holding off David Hucks for third in a very fast race. The Cambridge Harrier, who won the Boys 3km last year, is a fine stylist and improving rapidly.

No doubt inspired by the great deeds of Steve Barry this year, Roath provided the winners of both the Boys and Colts 3km, with the very talented young Kavanagh just getting the better of 1980 Colts victor, Gareth Brown and Peter Fitzgerald in a high class Boys event, in which seven were inside 14½ minutes and an excellent field of 52 reached the finish line. As in previous years, Leicester and Steyning were well represented in the team events, which shows what excellent work Peter Markham and Dave Stevens achieve, and the same applies to Tonbridge (Ted Ardley) and Greyfriars (Terry Morris).

The Intermediate 5km saw superb efforts from the first three, with Karen Nipper leading for the first half with the Steyning duo, Helen Ringshaw and Sarah Brown finishing the stronger, with the former edging home by two seconds from the holder.

Coming from the unfashionable, walking-wise, Wolverhampton club, Lisa Langford (14) retained her Junior title, but was pushed hard by Ruth Sugg, with 13-year Sally Clark a clear cut third.

Local organiser, Ray Pearce, and his stalwart band of supporters, did a fine job, and they are particularly to be congratulated on an informative and well set out programme. Also interesting to note, the promoting club had entrants in all of the seven races, with a total number of 26 competing.

The enthusiasm of the youngsters is borne out by noting competitors came from as far as Stockport, Dawlish, Sheffield and the Isle of Man.

(Junior 10km): 1, P. Vesty (Leic) 43:19; 2, A.

Trigg (Leic) 45:39; 3, J. Ball (S&E) 46:01; 4, S. Phillips (Hav) 46:31; 5, M. Easton (Sy) 46:51; 6, D. Thorn (Grey) 47:23; 7, M. Smith (Cov) 49:09; 8, C. Goodfellow (Ton) 50:02; 9, J. Bean (Stey) 51:34; 10, M. Cringle (Bound) 52:16; 11, A. Fry (S&E) 52:35; 12, S. Pointer (Grey) 56:10. **Teams:** 1, Leicester 9; 2, Greyfriars 17; 3, Steyning 19. **(Youths 5km):** 1, T. Berrett (Ton) 22:39; 2, N. Corbett (B&R) 22:41; 3, D. Mosley (Sheff) 22:55; 4, D. Hucks (Camb. H) 22:59; 5, C. Dark (Ton) 23:27; 6, P. Spencer (Dawl) 23:32; 7, A. Drake (Grey) 23:39; 8, D. Bearman (Stey) 23:48; 9, K. Zuber (Hav) 23:59; 10, S. Moor (Cov) 24:18; 11, M. Karan (Bound) 24:18; 12, C. Wallace (Sheff) 24:21; 13, M. Williams (Bole) 24:38; 14, A. Cracknell (Ton) 24:44; 15, A. Garrett (Bound) 24:54; 16, I. Harvey (Grey) 24:59; 17, J. Markham (Hav) 25:00; 18, P. Shorthouse (Bole) 25:17; 19, S. Trigg (Leic) 25:36; 20, K. Polley (Cov) 25:53. **Teams:** 1, Tonbridge 10; 2, Greyfriars 26; 3, Havering 28; 4, Steyning 33. **(Boys 3km):** 1, N. Kavanagh (Roath) 13:58; 2, G. Brown (Stey) 14:02; 3, P. Fitzpatrick (Stock) 14:06; 4, A. Ethell (Leic) 14:13; 5, M. Hesketh (Stey) 14:17; 6, M. George (B&R) 14:17; 7, M. Gallagher (B&R) 14:27; 8, G. Ringshaw (Stey) 14:36; 9, A. Penn (Cov) 14:41; 10, C. Tonks (B&R) 14:42; 11, N. Drake (Grey) 14:50; 12, P. Markham (Leic) 15:14; 13, J. Vivian (B&H) 15:18; 14, P. Nunn (Stey) 15:19; 15, M. Thomas (Splott) 15:35; 16, K. Taylor (Splott) 15:36; 17, G. Clark (S'end) 15:38; 18, A. Wilson (B&R) 15:43; 19, R. Astill (Leic) 15:45; 20, M. Eames (Leic) 15:49. **Teams:** 1, Steyning 13; 2, Bromsgrove & R 20; 3, Leicester 30; 4, Brighton & H 53. **(Colts 3km):** 1, R. Hutchins (Roath) 16:03; 2, D. Ethell (Leic) 16:08; 3, S. Savage (B&R) 16:10; 4, L. Evans (Roath) 16:32; 5, L. Taylor (Splott) 16:51; 6, A. Ransome (S'end) 17:15; 7, G. Wilkinson (Sheff) 17:16; 8, T. Hope (Leic) 17:31; 9, M. Costin (S'end) 17:35; 10, S. Middleton (Stey) 17:40; 11, D. Thompson (B&H) 17:49; 12, P. James (Leic) 17:56. **Teams:** 1, Leicester 19; 2, Roath 24; 3, Southend-on-Sea 30. **(Inters 5km):** 1, H. Ringshaw (Stey) 25:44; 2, S. Brown (Stey) 25:46; 3, K. Nipper (Roath) 26:00; 4, E. Gaffer (Leic) 27:00; 5, H. Kermod (Bound) 28:15; 6, A. Ransome (S'end) 29:12; 7, E. O'Rawe (S'end) 29:33; 8, L. Urquhart (E&E) 29:41; 9, A. Wheeler (Splott) 30:44; 10, S. Matthews (Stey). **Teams:** 1, Steyning 8; 2, Southend-on-Sea 16; 3, Bolehall 21. **(Junior 3km):** 1, L. Langford (W&B) 15:02; 2, R. Sugg (B&R) 15:07; 3, S. Clark (Stey) 15:35; 4, J. Preece (Bir) 15:42; 5, L. Winspear (S&SH) 15:45;

6, K. Williams (S&SH) 16:10; 7, M. Prince (S&SH) 16:14; 8, H. Lawley (Wey) 16:17; 9, J. Blundell (B&R) 16:21; 10, C. Iveagh (Bound) 16:37; 11, J. Croot (Bole) 16:44; 12, E. Ryan (E&E) 16:47; 13, M. O'Rawe (S'end) 16:50; 14, P. Blaymire (Sheff) 16:54; 15, N. Friedrich (Ton) 17:00; 16, J. Kermode (Bound) 17:02; 17, S. Bearman (Stey) 17:18; 18, A. Dance (Stey) 17:21; 19, T. Lippett (B&R) 17:41; 20, D. Ellis (S'end) 17:52. **Teams:** 1, Solihull & SH 12; 2, Bromsgrove & R 19; 3, Steyning 23; 4, Sheffield 41. **(Girls 2½km):** 1, S. Cooper (Bir) 12:50; 2, S. Tonks (B&R) 12:54; 3, A. Gallagher (B&R) 13:23; 4, S. Griffiths (B&R) 13:30; 5, S. Winspear (S&SH) 13:39; 6, L. Rea (S&SH) 13:49; 7, B. Huxtable (Sploit) 13:53; 8, K. Garwood (S&SH) 14:02; 9, E. Dove (B&R) 14:15; 10, L. Chater (Bole) 14:18; 11, K. Jones (S&SH) 14:30; 12, H. Amos (Stey) 14:34. **Teams:** 1, Bromsgrove & R 6; 2, Solihull & SH 15; 3, Steyning 34.

London Postal Region 9km, at Blackheath (September 20th). 1, P. Blagg (Bel) 44:10; 2, M. Scamell (Bel) 45:05; 3, S. Wynn (Sy) 46:17.

Phil Vesty outstanding winner of Leicester '7' from Adrian James (October 3rd). Leading throughout, Phil Vesty's fast start took him well clear of the usual pace-setter Adrian James. His time of 49:10 ranks fourth fastest of the winning times in the 32nd edition of the event. Brian Adams was disqualified when lying third behind

James on the second of the three laps, leaving Andy Trigg to take third from Tony Malone.

Leicester had little opposition in the team race despite the loss of Adams, and finished 24 of their 26 starters.

1, P. Vesty (Leic) 49:10; 2, A. James (Enf) 50:01; 3, A. Trigg (Leic) 52:44; 4, A. Malone (Stock) 53:11; 5, M. Smith (Cov) 53:18; 6, J. Warhurst (Sheff) 53:28; 7, J. Paddock (Leic) 53:40; 8, D. Thorn (Grey) 54:14; 9, A. Worth (Leic) 54:21; 10, D. Englert (Sheff-J) 54:40; 11, R. Wallwork (Ang) 54:50; 12, G. Chaplin (Cov) 54:58; 13, P. Markham (Leic) 55:03; 14, W. Tweedhope (Yk. P) 55:13; 15, K. Halstead (Cov) 55:26; 16, M. McCann 56:06; 17, J. Errington (Yk. P) 56:37; 18, T. Morris (Grey) 56:39; 19, A. Drake (Grey) 57:00; 20, C. Thomas (RS&B) 57:07. **Teams:** 1, Leicester 17; 2, Coventry 49; 3, Sheffield 54; 4, Greyfriars 80; 5, Leicester 'B' 102; 6, Royal Sutton & B 113; 7, Stockport 131; 8, Worcester 174. **(Boys 3km):** 1, M. George (B&R) 14:49; 2, A. Etthell (Leic) 14:55; 3, M. Gallagher (B&R) 14:59; 4, A. Penn (Cov) 15:00; 5, P. Markham (Leic) 15:11; 6, R. Astill (Leic) 15:41. **(Women's 6'):** 1, K. Nipper (Roath) 50:49; 2, E. Gaffer (Leic) 51:10; 3, B. Lupton (Sheff) 52:14; 4, D. Birbeck (Worc) 53:08; 5, W. Toach (Leic) 56:29; 6, D. Naylor (Harb) 57:44. **(Girls 2½km):** 1, A. Gallagher (B&R) 13:48; 2, L. Rea (S&SH) 14:41; 3, S. Winspear (S&SH); 4, G. Hauge (Sheff).

George Nibre, back in top form, wins Belgrave v Met. Police 5M convincingly, at Wimbledon (October 3rd). After an injury-ridden season, George Nibre showed he has regained all his old pace with a winning 36:14 over the undulating course. Following Carl Lawton home, John Newnham had an excellent race coming in with John Hall. 1, G. Nibre (Ilf/MP) 36:14; 2, C. Lawton (Bel) 37:23; 3, J. Newnham (Bel) 37:46; 4, J. Hall (Bel) 37:46; 5, D. Salter (Enf/MP) 38:44; 6, P. Hodgkinson (Camb. H/MP) 38:59; 7, J. Evans (Ilf/MP) 39:21; 8, E. Crossingham (Bel) 39:24; 9, M. Scamell (Bel) 39:35; 10, S. Bennett (Ilf/MP) 42:20; 11, J. Dunsford (Bel-V) 42:38; 12, S. Marshall (Bel) 43:24. **Teams:** 1, Belgrave 120; 2, Met. Police 133.

Dave Jarman breaks course record in Surrey WC 'Gazette Cup' 4M, at Monks Hill, Croydon (October 4th). Getting over the disappointment of missing out on Lugano Cup selection, Dave Jarman clocked an excellent 28:45 on this exacting course. Roger Lancefield put in a fine effort to finish an isolated second. 1, D. Jarman 28:45; 2, R. Lancefield 30:42; 3, S. Lightman 31:59; 4, S. Till 32:32; 5, P. Selby 33:12.

Outstanding win for Darren Mosley in windy conditions in Northern 'Age Group' Champs, at Sheffield (October 10th). **(Youths 5km):** 1, D. Mosley (Sheff) 24:13; 2, C. Wallace (Sheff) 25:47; 3, R. Loftus (Yk. P) 27:34. **(Boys 3km):** 1, P. Fitzpatrick (Stock) 17:57; 2, C. Parrott (Stock)

HARLOW ATHLETIC CLUB

FLOODLIT GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

WED., 18th NOVEMBER, 1981

EVENTS

200m — All Groups, Male & Female.

800m — All Groups, Male & Female.

3000m — Male & Female.

3000m Walk — Male.

Long Jump — Female.

Triple Jump — Male.

Entries to: Mrs A. Watson, 76 Silvesters, Harlow, starting name, age group, event, best recent performance and club.

Enclosing 30p per event, payable to Harlow A.C.

CLOSING DATE 16th NOV., 1981

FUTURE DATES FOR YOUR DIARY:

17th February, 17th March & 21st April, 1982.

18:06. (Colts 3km): 1, G. Jackson (Yk. P) 18:30; 2, C. Wilkinson (Sheff) 18:52; 3, K. Parrott (Stock) 19:55. (Junior Women 3km): 1, M. Willen (Sheff) 19:43; 2, J. Dowling (Sheff) 19:49.

Excellent performances by Paul Blagg and George Nibre in London Postal Region 9km Yacht Handicap, at Blackheath (October 13th). Continuing their rapid progress to their very best form, Paul Blagg and George Nibre recorded very satisfactory clockings, the latter leaving Peter Fullager nearly a minute behind as both started together. Dave Salter had probably his finest short distance race to date in recording a 42:13 to take fourth fastest spot. Fastest: P. Blagg (Bel) 40:05; G. Nibre (Ilf) 40:52; P. Fullager (Aus) 41:49; D. Salter (Enf) 42:13; J. Evans (Ilf) 43:50. Team: Ilford.

Bill Dyer takes York Postal 7M from Sheffield's Ray Hankin and Peter Ryan, at York (October 18th). On the two lap course, Aussie, Bill Dyer, had a 60m lead at halfway which he increased impressively in the second half. The Sheffield duo, Ray Hankin and Peter Ryan, had good races to beat Murray Lambden and local man, Barry Graham, who had recovered well from his gruelling 50km in Valencia.

In the Women's 5km, Lilian Millen won comfortably from promising Diane Birbeck and the long distance specialist, Irene Corlett. Most of the ladies continued to complete the 7M, with the ever surprising Lakeland Veteran clocking an excellent 57:21, with Irene coming through to second.

The enthusiasm of the Manx competitors is to be admired. A party travelled over on the Friday to Southend where seven raced in the National 'Age Group' Championships. Immediately after the event they journeyed up to York where six, plus their Senior clubmates, raced. After that they all dashed off to catch the midnight ferry home.

Another to race successfully at York was Darren Mosley after his excellent third in the Youths 5km at Southend. His 54:27 augers well for the future and gained him third handicap prize on this occasion.

(Men's 7M): 1, W. Dyer (Aus) 50:56; 2, R. Hankin (Sheff) 52:14; 3, P. Ryan (Sheff) 52:28; 4, M. Lambden (Bound) 52:39; 5, B. Graham (Yk. P) 52:44; 6, A. Callow (Bound) 53:07; 7, S. Tyas (Yk. P) 53:22; 8, G. White (Glas. U) 53:38; 9, D. Staniforth (Sheff) 54:01; 10, D. Mosley (Sheff-Y) 54:27. Teams: 1, Sheffield 16; 2, York Postal 34; 3, Boundary 35. (Women's 5km): 1, L. Millen (Lake) 24:50; (57:21 at 7M); 2, D. Birbeck (Worc) 26:20 (62:17); 3, I. Corlett (Bound) 26:25; (61:37); 4, B. Lupton (Sheff) 26:37 (65:51); 5, D. Wood (Sheff) 28:12 (66:43).

Bernadette Hammond (Camb. H) finished third in the Canvey Island Marathon on September 20th in 3:25:24 ('AW', Oct. 17th) relegating Melanie Thomas (3:28:09) to fourth.

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There will be four Rounds as follows:

First Round Sat., 29th May	}	Venue selection will involve minimum travel
Second Round Sun., 11th July		
Semi-finals Sun., 15th August	—	Kirkby (Liverpool), Perry Barr (Birmingham), Luton and West London.
Cup/Plate Finals Sat/Sun., 18th/19th Sept. — Barnet Copthall Stadium, London.		

ENTRY FEES:

Men's G.R.E. Gold Cup	£5	} Joint Entry £8
Ladies G.R.E. Jubilee Cup	£5	

Entry to G.R.E. Plate Competitions is automatic for all non-National League Clubs.

CLOSING DATE:

15th DECEMBER, 1981

Club Secretaries please note earlier date this year.

!Club Members please remind your Secretaries to enter!

LATE ENTRIES will be accepted until 31st DECEMBER, 1981 at a
 SURCHARGE of £2 per entry (ie £7 single or £10 joint).

ENTRY DETAILS OR FURTHER INFORMATION FROM:

G.R.E. Cups Secretary: Richard A. Weston,
 8 Charlwood Terrace,
 London SW15 1NZ.
 Telephone 01-788 9983.

A.A.A./W.A.A.A./S.A.A.A./S.W.A.A.A. Laws and B.A.C. Rules

Results In Brief

July 17th

Welsh League, at Tonypandy. JT: G. Rowlands (Swan-J) 56.20.

July 25th

Welsh League, at Swansea. Div. 1. 100: 1, P. Harvey (Swan-J) 10.8; 2, T. Jones (Newp) 11.0. 200: 1, Jones 22.3; 2, Harvey 22.3. 400: 1, J. Griffiths (Swan) 48.4; 2, N. Morgan (Car) 49.7. 3000SC: (A): 1, A. West (Car-J) 9:27.2; 2, S. Smith (Swan-J) 9:28.6. (B): G. Hill (Swan-J) 9:30.6. 110H: B. Price (Swan) 14.6. 400H: K. Lancey (Swan) 55.7. PV: M. Broadbent (Dees) 3.70. JT: G. Robinson (Swan) 59.12. 4x100: 1, Swansea 42.5; 2, Newport 42.9. Div. 2. 400H: N. Hammersley (Cledd) 54.5.

August 12th

Stone 10km. 1, S. Fowler 31:45; 2, M. J. Bishop 31:55; 3, M. Mountford 32:11; 4, D. Ashe 32:44; 5, T. Birks 32:53; 6, B. Grant 32:57; 7, P. Whiteman 33:26; 8, P. Larkin 33:34; 9, J. Davies 33:42; 10, S. Bratt 33:50. (Vets): 1, G. Bagnall 35:09; 2, T. Parker 35:16; 3, E. Johnson 35:52. (Women): 1, A. Mason 38:04; 2, C. Readdy 40:17; 3, A. Fitzgerald 41:17.

August 31st

Machen Mountain Race. 1, D. Francis (West) 32:49; 2, G. Blackburn (West-V) 33:08; 3, B. Griffiths (Swan-V) 33:12; 4, M. Walker (West) 33:23; 5, M. Richards (Shaft) 33:58; 6, P. Radcliffe (Car) 34:06; 7, J. Smith (West) 34:12; 8, P. Dixon (M. de C) 34:40; 9, N. Lees (S&SH) 34:45; 10, L. Williams (M. de C) 35:03. (Women): S. Smith (West) 36:59.

September 9th

Cwmbran Open Meeting. 400: 1, M. Thomas (Bris) 49.0; 2, T. Jones (Newp) 49.3. 10,000: 1, K. Davies (Newp) 30:41.9; 2, M. McGeoch (B&V) 30:54.0; 3, H. Roberts (Car) 30:55.0. (Youths): 3000: 1, C. Slowley (Bris) 8:32.2; 2, N. Buxton (Bris) 8:34.2; 3, K. Miles (West) 8:39.6. (Women): 400: S. Rowe (Glouc) 57.6. LJ: 1, G. Reagan (Car) 5.86; 2, Rowe 5.84; 3, N. Dymond (Rhm) 5.65.

September 13th

R. T. Radley Meeting, at Wolverhampton. (Youths): SP: 1, W. Leonowicz (W&B) 14.14; 2, R. Davies (Shrew) 13.78. DT: 1, K. Homer (Spark) 49.92; 2, Leonowicz 45.36. (Boys): 400: N. Watkins (Rhm) 53.6. SP: C. Hall (W&B) 13.29. (Inters): 200: J. Brown (Ox. C) 25.7. 400: 1, Brown 57.3; 2, H. France (CoH) 58.5. HJ: 1, C. Summerfield (W&B) 1.75; 2, S. Webb (Hales) 1.70; 3, J. Neal (Der) 1.60; 4, S. Burrows (Stret) 1.60. SP: 1, D. Brentnall (Notts) 10.94; 2, T. Whincup (CoH) 10.74; 3, A. Rowarth (Notts) 10.30. DT: 1, Whincup 44.22; 2, K. Pugh (Bir)

41.68; 3, T. Pownall (Ox. C) 32.62; 4, Brentnall 31.62. (Juniors): 200: M. Smith (Rad) 25.8. 800: K. Growcock (S&SH) 2:21.9. 1500: C. Lock (Newp) 4:53.0. 80H: 1, J. Townend (DHTC) 12.5; 2, C. Smith (Nun) 12.8. SP: 1, T. Salt (Stoke) 12.52; 2, M. Hampton (Bir) 11.15; 3, K. Farr (S'port) 10.58. DT: 1, Hampton 38.10; 2, Farr 31.30; 4, E. Ayres (Shrew) 30.32. JT: C. Garside (Roth) 33.34.

September 16th

City of Swansea Open Meeting. (Boys): 1500: P. Williams (B&V) 4:15.2. (Junior Women): JT: K. Hough (Swan) 32.62.

October 4th

Mileta '10', at Cleckheaton. 1, J. Todd (A&SV) 52:45; 2, J. Atkin (A&SV) 52:52; 3, D. Gaskill (A&SV) 53:05; 4, E. Mackenzie (Barn) 53:45; 5, G. Bell (Hal) 54:07; 6, G. Luck (Holm) 54:16. (Women): 1, S. Simpkin (Sale) 61:34; 2, S. Dransfield (Spn) 70:34.

October 11th

Hunts Marathon. 1, A. Watt (TVH) 2:24:44; 2, T. Kearns (North) 2:30:12; 3, J. Jenkins (C&C) 2:30:55; 4, N. Rust (Nene V) 2:32:38; 5, S. Carley (Chelt) 2:35:25; 6, A. Burgin (Hunt) 2:43:14; 7, G. Williams (C&C) 2:44:10; 8, E. Williams (Lut) 2:44:29; 9, R. Wadeley (Bigg) 2:45:54; 10, J. Oliver (Camb. H-V) 2:48:50; 11, R. Smalley 2:49:35; 12, H. Barnfather (Hunt-V) 2:50:06; 13, P. Barrett 2:50:42; 14, J. Clare (B'htth-V) 2:50:53; 15, J. Cartwright (Trow-V) 2:56:31. (O/50): G. Jones (Hunt) 3:13:05. (O/60): B. Jenkins (Hunt) 3:18:37.

CHESTER & ELLESMERE PORT A.C.

ROUND THE WALLS RACES

(Under A.A.A. & W.A.A.A. Laws)

BOXING DAY, 26th DECEMBER, 1981

At Chester Race Course, The Roodee

AT 12 NOON:

10th "BROWN'S THE JEWELLERS" Senior Men's Race (Over 17) — 4 Miles.

4th "ANCHOR MOTORS" Veteran Men's Race — 4 Miles.

3rd "SPORTS INJURY RESEARCH" Ladies Race (Over 15) — 2 Miles.

Above races include lap of City Walls; combined entry limit of 500 for Men + Vets.

Entry fees: members of AAA/WAAA affiliated clubs 50p (£1.50 on day) unattached competitors 75p (£2 on day if entry limit not reached).

Perpetual trophy, prizes/trophies in each race.

ALSO, commencing at 10.45 am the CHESTER ENGINEERING RACES on grass for:

Young Colts (9 & 10)	1 mile	Boys (13 & 14)	2 miles
Colts (11 & 12)	1 mile	Youths (15 & 16)	3 miles
(Ages as at 31.8.81)			

Entry fee: 35p (£1 on day). Ind. Trophies all races.

Entries, giving d.o.b. and first claim club/school to: S. Cutler, 36 Halkyn Road, Chester, before 9th December. SAE for acknow. & travel directions.

ADVANCE NOTICE: Ladies CC Races, Ellesmere Port — March 20th, 1982.

ALLISON ROE Continued from page 14

Oregon in September 1980, and expressed confidence that properly prepared she could run about 2:35 in the American race.

She was a good judge, for in placing third behind Lorraine Moller (2:31:42) and Holland's Marja Wokke (2:32:29) she clocked 2:34:29 for ninth place on the world all-time list. Allison, who had in the meantime married American chiropractor Richard Roe, had stepped up her training considerably in preparation for her second marathon. She just about doubled her previous workload in averaging 68 miles a week for 15 weeks, including a regular Sunday run in the hills near her Auckland home of between 19 and 25 miles for strength work.

The following month, back in Auckland, she improved her best 10,000m road time to 32:58 despite a fall, but suffered a setback in the Tokyo all-women's marathon in November 1980. Hoping to give Joyce Smith a good race, Allison was able to finish only fourth (2:42:24) — some two miles behind Joyce whose time of 2:30:27 took 3 min off the UK record. Jacqueline Gareau, the French-Canadian, was second in 2:30:58 and Britain's Gillian Adams third in 2:40:53. Allison, who had been in the lead from the start, tried to make a break for it at around 14 miles but within a couple of miles she had been caught by Joyce and Jacqueline. At 30km (1:46:27) she was 28 sec behind the leading pair; at 35km (2:07:03) she was almost 3 min down and at the finish she was all but 12 min behind Joyce. Allison had, she told Mary Decker in an interview for *The Runner*, hit the wall at 20 miles.

"What I felt was pressure around my shoulders and a dizzy, disoriented feeling. Suddenly my stride rhythm and pattern and everything went to pieces. I was a total wreck. I was forced to halt and jog and take all the orange juice I could on the side of road — anything to get to the finish line. It was really horrific".

Allison's next trip to Japan, in March 1981, was more productive: she won a 20km road race in a world best of 68:22. Three weeks earlier she had won the City of Auckland Marathon in 2:36:16 and those races were just the fillip she needed for her first test of 1981, the Boston Marathon in April. This was the race which made her an international star, for not only did she defeat the home favourite Patti Catalano but in so doing she smashed the course record and her own previous best by over 7 min to finish up with the second fastest time in history — 2:26:46. Patti, who set an American record of 2:27:51, gave it everything she had and was 30 sec clear of the New Zealander at one stage (reaching 30km in 1:43:15) but Allison — who suffered a bad patch at 14M — refused to be demoralised and steadily made up the ground. With a little under 3 miles to go she passed Patti, who was unable to offer any

response, and at the finish Allison was just 64 sec away from Grete Waitz's world best. Allison, who does most of her training on hills, thought the undulating Boston course suited her ideally but she was staggered when saw her time (her target was 2:28). "When I passed the finish and looked up at the clock I thought to myself, 'They must have had a power cut!'"

Just when Allison had really established herself on the world marathon scene she ran into a problem. Together with fellow-New Zealanders Anne Audain (winner in 50:33) and Lorraine Moller (third in 51:25) she competed in the Cascade Run Off 15km in Oregon in June, the first event on the Association of Road Running Athletes' 1981 Championship Circuit. She finished second in 50:58 — a performance which netted her \$4000 (her colleagues collected \$10,000 and \$2000 respectively). The three had been warned in advance by the NZAAA that they would be banned if they ran but, commented Allison, "it's a moral issue. The old system is corrupt".

Amateur status safeguarded

However, whereas Lorraine (who later won \$20,000 for winning the Nike Marathon) and Anne decided to declare themselves professionals and keep their cash prizes, Allison safeguarded her amateur status by agreeing to deposit her winnings in a trust fund supervised by the NZAAA. That has enabled her to continue running on the international circuit although it wasn't until just a week beforehand that she got the go-ahead from the IAAF and The Athletics Congress (the US governing body) permitting her to run in the New York Marathon.

Allison cut her best 10,000m road time by 20 sec when winning the hilly Peachtree race in Atlanta, Georgia, in July in 32:39, and confirmed her excellent form by running the spectacular time of 51:36 for 10 miles in training. But she had her anxious moments as the great New York confrontation with Grete Waitz drew closer. She began to suffer from a hamstring injury and in Boston on October 12th she was well beaten in the USA 10,000m road championship, clocking 32:43 for second behind Jan Merrill's American record of 32:04. Then, in the week prior to New York, she was troubled by tendinitis in the right ankle — and it was only due to successful ultrasonic treatment by a podiatrist two days before the race that she was able to take her place at the start of the world's biggest marathon on October 25th.

The rest is history. Running with splendid pace judgment, Allison (who is coached by Gary Elliott) allowed Julie Brown to blaze off on her own, the American opening up a lead of nearly 200m by 8M. "I tried to hang back and sit on Grete because I figured she'd be the one to beat", Allison explained. "Grete was hurting at about

the 8M mark but she stayed with it until somewhere around 22km. That's when she urged me on and told me 'Julie Brown is the girl to catch'. I took off, caught Julie on the Queensboro Bridge and gradually pulled away".

Allison averaged 5:33 per mile for a time of 2:25:29. She passed 10M in 55:30, 13M in 1:11:42, 15M in 1:23:14, 20M in a world's best of 1:50:32 (55:02 for the second '10'), and 25M in 2:18:30. Her strong, flowing stride never faltered and, placing 113th overall, she finished a long way clear of Ingrid Kristiansen (2:30:09) and Julie Shea (2:30:12). "I am very happy I won but it was a big disappointment that Grete [who, suffering from extremely painful shin splints, bravely stayed in the race until 14M] was not able to finish. My aim was to win, that's all. The time didn't matter. I thought the crowds were most stimulating. Oh, they started crowding in at the end, but it was exciting. The men I passed in the race were just great too. They urged me on, shouting 'Go, Allison'. It was an overwhelming feeling when I realised I had won. I didn't think I was a marathoner, but I am now".

Her next marathon: against Joyce Smith in Osaka (Japan) on January 24th.

FRODSHAM WOMEN'S RELAY MEETING

October 18th

(Senior 3km): 1, J. Asgill (Stret) 9:48; 2, J. Boydell (Stret) 9:58; 3, B. Higgins (Hal) 10:01; 4, L. Driver (Stret) 10:09; 5, J. Lochhead (A&SV) 10:11; 6, H. Kenyon (Stret) 10:16; 7, D. Riddings (Sale) 10:21; 8, J. Midgley (Hal) 10:26; 9, J. Gough (Leigh) 10:30; 10, S. Simpkin (Sale) 10:35; 11, S. Beckley (Pilk) 10:40; 12, M. Drath (Ashton) 10:40; 13, C. Kissack (Warr) 10:53; 14, R. Shallcross (Stret) 11:00; 15, D. Cooper (Sal) 11:04; 16, H. Henry (Warr) 11:08; 17, H. Watts (E. Ches) 11:09; 18, G. Brown (Sale) 11:13; 19, S. Pickerskill (Long) 11:21; 20, N. Williams (E. Ches) 11:22. **Teams:** 1, Stretford 7; 2, Sale 35; 3, Halifax 36. **(Inters 3x1.1km):** 1, Manchester 11:11; 2, Halifax 11:16; 3, Sutton (St. H) 11:22; 4, E. Cheshire 11:30; 5, Warrington 11:39; 6, Rossendale 11:47; 7, Wallasey 12:04; 8, E. Cheshire 'B' 12:05; 9, Sale 12:12; 10, Wirral 12:14. **(Juniors 3x1.1km):** 1, Crewe & N 11:25; 2, Liverpool 11:29; 3, Rossendale 11:31; 4, Sale 11:36; 5, Halifax 11:37; 6, Airedale & SV 11:57; 7, Salford Met. 12:03; 8, Stretford 12:05. **(Girls 3x1.1km):** 1, Sale 12:00; 2, Hallamshire 12:01; 3, Liverpool 12:04; 4, Blackley 12:06; 5, Stretford 12:12. **(U/11 3x550m):** 1, Ashton 6:11; 2, Rochdale 6:13; 3, Hallamshire 6:14. **(Boys U/11):** 1, M. Wells (Warr) 4:21; 2, C. Clarke (Stret) 4:26. **Team:** Warrington.

In the Lancashire Road Relay on October 10th ('AW' Nov. 7th, pg. 41), Kevin Vose (B'burn) ran 15:39 and R. Brown (Liv. P) ran 15:46 on the seventh stage, and not as printed.

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ATHLETIC EVENTS

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BEXLEY BOROUGH A.C.

ERITH '6' (MEASURED 10Km) & NEW YEAR'S DAY ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

12.45 p.m.	U/15 Junior Ladies	2 Miles
1.10 p.m.	U/14 Colts	2 Miles
1.35 p.m.	Boys 14/15 yrs.	3 Miles
2.00 p.m.	Inter. Ladies	3 Miles
	Youths	3 Miles
2.30 p.m.	Junior Men	10 Km
	Senior Ladies	10 Km
	Senior Men	10 Km
	Veterans	10 Km

Entry Fees. Junior Ladies, Colts & Boys 30p Ind., all others 50p Ind., (no team fee). Individual and Team prizes (4 run, 4 score).

Entries to: R. Sawyer, 34 Park Cres., Erith, Kent. (Erith 33244). SAE for acknowledgement.

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North Staffs. Amateur Cross Country League

PRELIMINARY NOTICE

Please note that the 13th Annual Road Race
"JOHN OULTRAM MEMORIAL 10"

will be staged over the usual, very popular
course at Tittensor, Stoke-on-Trent

AT 3 pm, SAT., 10th JULY, 1982

Full details will appear in Athletics Weekly on Saturday,
5th June, 1982.

SOUTHEND-ON-SEA ATHLETIC CLUB FIVE MILES ROAD RACE

Along the Sea Front

ON SUNDAY, 29th NOVEMBER
at 2.30 p.m.

Entries to: M. Seaman, 110 Yarnacott, Shoburyness,
Southend-on-Sea SS3 8AW, not later than 21st Nov.

Entry Fee: 40p per individual, no team fee (4 score).
SAE for travelling directions.

PRELIMINARY NOTICE

'DUCHY MARATHON'

(Under A.A.A. Laws)

SPONSOR PENVENTON HOTEL

MARCH 28th, 1982

The Home of the Horse Sanctuary
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WOLVERHAMPTON MARATHON

SUNDAY, 28th MARCH, 1982

START 10 O'CLOCK TOWN CENTRE

As the start is an early one, overnight/weekend accommodation will be available through 'Marathon Hospitality Committee': Ample Hotel accommodation, or alternatively, Wolverhampton residents are making rooms available and putting out the welcome mat! Details sent with entry receipt.

**You will be pleasantly surprised
by the 'Wulfrunian Warmth' of Friendship
LIMITED ENTRY 5,000**

Medals for all, full medical arrangements and feeding stations.

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Send S.A.E. for details/entry form to:

Wolverhampton Marathon,
Wilson, Wilson & Wilson,
60 Tetterhall Road,
Wolverhampton,
Midlands WV1 4SL.

Southern Women's League - Continued from page 17

11:10; 19, K. Blount (Dart) 11:17; 20, R. Newman (Thur) 11:18; 21, M. Reilly (B'stoke) 11:19; 22, K. Dyett (Dart) 11:20; 23, A. Brown (B'mth) 11:21; 24, S. Hague (Wyc) 11:22; 25, C. Lillie (AF&D) 11:23; 26, S. Skinner (Croy) 11:26; 27, L. Smith (Houn) 11:27; 28, S. Cox (Peter) 11:30; 29, S. Knight (Wyc) 11:31; 30, P. Weaver-Smith (Ash) 11:31.

Teams:

1, **Dartford 85** (Wittekind, Blount, Dyett; 36, J. Eldred); 2, **Aldershot F&D 105** (Churn, Lillie; 33, J. Holder; 38, G. Fearnley); 3, **Wycombe Ph. 126** (Lyon, Hague, Knight; 71, P. Sawtell); 4, **Mitcham 183** (31, H. Brett; 44, H. Baker; 51, D. Wilson; 57, S. Lanham); 5, **Brighton & H 183** (Vinall; 48, H. Bravery; 59, K. Dowling 75, S. Kerridge); 6, **Thurrock 188** (Newman; 37, K. Hughes; 63, A. Cushen; 68, S. Foster); 7, **Borough of Hounslow 204** (Tierney, Smith; 74, D. Stazicker; 87, J. Holloway); 8, **Basingstoke 219** (Reilly; 42, D. Jones; 47, J. Darvill; 109, J. Keough); 9, **Ashford 236** (Rose, Weaver-Smith; 49, C. Rigby); 10, **Bedford 239** (Hickson; 32, J. Woods; 69, S. Lawrence, 123, K. Stanton); 11, **Fleet & C 241** (Long; 39, A. Neal; 43, H. Multon); 12, **Croydon 309**; 13, **Medway 314**; 14, **Andover 315** (Peyford; 50, A. Willis); 15, **Verlea 323**; 16, E. Grinstead 348; 17, **Portsmouth 349**; 18, **Bracknell 352**; 19, **Barnet 368**; 20, **Borough of Enfield 400**; 21, **Cambridge H 400**; 22, **Surrey AC 448**; 23, **Peterborough 457**; 24, **Radley 548**; 25, **Middlesex 558**. Also: 34, S. Goodwin (B'mth); 35, L. Silva (Mel); 40, S. Anderson (S&C); 41, L. Webb (High); 45, J. Arman (Folk); 46, A. Pearson (Ilf).

Juniors

1, S. Rogers (Basingstoke) 8:53
2, E. Monks (Andover-n/s) 8:56
3, H. Appleby (Andover) 9:00
4, J. Dennis (Med) 9:01; 5, N. Way (Ton) 9:05; 6, S. Davis (Mil. K) 9:06; 7, J. Rudolph (Med) 9:06; 8, A. Penfold (Thur) 9:08; 9, S. Cundy (Norf) 9:09; 10, M. Shaw (Barn) 9:09; 11, S. Milton (Enf) 9:11; 12, K. Oates (AF&D) 9:14; 13, L. Pigrome (And) 9:15; 14, H. Prior (Houn) 9:15; 15, M. Brown (Bed) 9:16; 16, H. Wallace (And) 9:17; 17, D. Brill (B'stoke) 9:17; 18, S. Maguire (Barn) 9:19; 19, H. Jenner (Ports) 9:20; 20, J. Church (AF&D) 9:22; 21, L. Griffin (Read) 9:23; 22, P. Pes (Ver) 9:24; 23, K. Creamer (Ports) 9:24; 24, A. Perren (And) 9:24; 25, A. Winter (Hill) 9:26; 26, A. Hughes (Thur) 9:26; 27, K. Jendrick (Ash) 9:26; 28, A. Bradbury (Norf) 9:26; 29, S. Gaymer (Rad) 9:27; 30, D. Henson (F&C) 9:28.

Teams:

1, **Andover 56** (Appleby, Pigrome, Wallace, Perren); 2, **Barnet 111** (Shaw, Maguire; 39, A.

Brown; 44, J. Daly); 3, **Medway 143** (Dennis, Rudolph; 36, N. Day; 96, T. Morgan); 4, **Basingstoke 151** (Rogers, Brill; 31, M. O'Shea; 102, E. Stevenson); 5, **Brighton & H 180** (35, T. Oram; 43, J. Monroe; 45, J. Hilton; 57, N. Redman); 6, **Fleet & C 185** (Henson; 40, E. Mackinnon; 50, J. Smith; 65, J. Smith); 7, **Aldershot F&D 197** (Oates, Church; 74, A. Kent; 91, A. Isted); 8, **Bedford 199** (Brown; 42, B. Richmond; 70, C. Gordon; 72, S. Warwick); 9, **Reading 240** (Griffin; 49, L. Westlake; 59, A. Shave; 111, J. Eeles); 10, **Portsmouth 245** (Jenner, Creamer; 95, D. North; 108, J. Anderson); 11, **Borough of Hounslow 262** (Prior; 41, S. Smith); 12, **Hillingdon 281**; 13, **Stevenage & NH 285** (37, S. York); 14, **Ashford 321** (Jenrick; 47, P. Coulthick); 15, **Crawley 351**; 16, **Mitcham 353**; 17, **Cambridge H 358**; 18, **Thurrock 387**; 19, **Peterborough 451** (32, J. Bradley); 20, **Bracknell 476**; 21, **Bromley 489**; 22, **Borough of Enfield 494**; 23, **Dartford 533**; 24, **Essex Ladies 535**; 25, E. Grinstead 586 (38, L. Sisley); 26, **Havant 602**; 27, **Luton 648**; 28, **Tonbridge 653**; 29, **Croydon 665**; 30, **Newbury 672**; 31, **Radley 672**; 32, **Epsom & E 705**; 33, **Bournemouth 739**; 34, **Haywards Heath 742**; 35, **Middlesex 756**; 36, **Trowbridge 765** (34, K. Sweetman); 37, **Verlea 790**; 38, **Surrey Beagles 816**. Also: 33, T. Gleed (Houn-n/s); 46, S. Fenn (S'end); 48, H. Avila (S&C).

Girls

1, R. Hughes (Fleet & C) 8:50
2, N. Dilley (Bedford) 9:14
3, E. Smith (Havant) 9:21
4, C. Johnson (Bed) 9:22; 5, J. Eady (Bed) 9:26;
6, K. Newman (S&NH) 9:30; 7, P. Higgs (S&NH) 9:30; 8, L. Lewin (Craw) 9:32; 9, D. Odell (Dart) 9:34; 10, M. Kearns (Med) 9:43; 11, C. Garrod (S&NH) 9:44; 12, F. Wiseman (Med) 9:45; 13, W. Lunn (Read) 9:46; 14, T. Bryant (Mit) 9:47; 15, J. McLintock (Havant) 9:48; 16, C. Buck (AF&D) 9:49; 17, J. Norris (Med) 9:50; 18, E. Murray (Mit) 9:52; 19, L. Deakin (Havant) 9:53; 20, J. Gardener (Craw) 9:54; 21, J. Wood (R&R) 9:55; 22, L. Lawrence (Read) 9:56; 23, S. Desborough (Bed) 9:56; 24, J. Roan (E&E); 25, S. Grayson (S&NH); 26, T. Giddings (And); 27, C. Pucknell (Ton); 28, T. Lewis (Hill); 29, N. Day (Ports); 30, D. Lee (Barn).

Teams:

1, **Bedford 34** (Dilley, Johnson, Eady, Desborough; 31, D. Farr); 2, **Stevenage & NH 49** (Newman, Higgs, Garrod, Grayson; 49, G. Keddie); 3, **Medway 86** (Kearns, Wiseman, Norris; 47, L. Terry); 4, **Havant 88** (Smith, McLintock, Deakin; 51, R. Townley); 5, **Mitcham 115** (Bryant, E. Murray; 37, J. Dinsdale; 46, M. Murray); 6, **Fleet & C 134** (Hughes; 40, B. Griffiths; 41, K. Scott; 52, J. Sleight); 7, **Reading 136** (Lunn, L. Lawrence; 43,

Y. Lawrence; 58, A. Hewitt); **8, Portsmouth 182** (Day; 38, K. Helliwell; 55, S. Nicholls; 60, R. Blair); **9, Barnet 211** (Lee; 35, J. Howell; 53, S. Parker; 93, N. Gould); **10, Aldershot F&D 218** (Buck; 36, D. Brown; 50, J. Tindall; 116, S. Newton); 11, Epsom & E 221 (Roan; 45, L. Foy); 12, Crawley 232; 13, Hillingdon 251 (Lewis; 42, A. Antone); 14, Dartford 260; 15, Basingstoke 311; 16, Andover 313; 17, Brighton & H 331 (48, C. Hiscock); 18, Essex Ladies 354; 19, Sutton & C 479; 20, Bromley 530 (34, S. Burtonwood); 21, Radley 560 (33, J. Barlow); 22, Surrey Beagles 584; 23, Luton 614; 24, Bracknell 627; 25, E. Grinstead 636; 26, Borough of Enfield 641; 27, Cambridge H 751. Also: 32, M. Bloss (Thur); 39, D. Burgess (Trow); 44, N. Hurn (Peter).

The Tipton '10', this Sunday (11.00 am), has attracted a star-studded field including John Graham, Keith Penny, Trevor Wright, Tim Hutchings, Bob Westwood, Tony Milovsorov, Mike Kearns, Andy Holden, Brian Cole and Bob Cytla. Amongst the women entries are Joyce Smith, Julie Barleycorn, Carol Gould, Glynis Penny and Sue Hassan.

The secretary of Telford AC, Paul Sanderson, has moved to 41 Bridle Terrace, Madeley, Telford, Shropshire (Tel: Telford 581167).

George Hubert-White has 'AW's' from 1975 onwards available for collection, free of charge, from 71 Norburn, Bretton, Peterborough.

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