

athletics

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

MAY 6th 1978

Vol. 32 No. 18

18p

National 12-Stage Road Relay

* Interview with the new
BAAB General Secretary

* United Kingdom
Club Relay Lists



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Sizings

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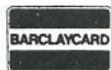
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ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

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CONTENTS

MAY 6th 1978

Interview with David Shaw

— by Dave Cocksedge 4

UK Club Relay Lists 1977

— by Keith Morbey (NUTS) 9

Sponsorship News 12

Road Race Results 14

AAA National 12-Stage Road

Relay — Complete Results 19

Overseas News and Results 26

AAA Marathon Preview 30

Meg Ritchie Breaks UK Record 32

Race Walking News 36

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THE WEEK AHEAD

Saturday, May 6th: British League (Div 2, Edinburgh/3, Hendon/4, Oxford); Southern League; Scottish Women's AAA East and West Champs; UAU & WIVAB Champs, Warley; Irish Universities Champs, Mary Peters Track; Sheffield Schools AA Open Decathlon/Pentathlon (1st day); Lanarkshire County Champs, Carlisle; Dumbartonshire County Champs, Scotstoun; Scottish Veterans 8000m Road Race, Garscadden; Edinburgh-North Berwick '22'; Glasgow Univ Sports Day, Westerlands; Chichester to Portsmouth 25km; S. B. Crosland '10'; Essex County '20', Southend; Wre-Call Fell Race (Cat: B/6M); Trig Point Walk/Run (12M); Northern Walk Champs, Stockport; Sussex 10,000m Walk Champs, Brighton.

Sunday, May 7th: AAA Open Marathon Championship, Sandbach; British League Div 1, Cwmbran; Sheffield Schools AA Decathlon/Pentathlon (2nd day); GRE Cups Competition (Men-preliminary round/women —

first round); British Women's League Div 3; Kirk Hallam Community Races; Surrey Silva Fell Race; Lozells H Spaghetti '7'; Andover & Dist Young Athletes Meeting, Tidworth; Ashby & Lady Godiva Meeting, Leamington Spa; British Race Walkers Club 50km Walk, Hendon; Essex LAC 'Dave McJannet' Relays, Woodford; Devon 50km Walk Champs; Plymouth to Dawlish 42M Walk; Postal Region Open 9km Walk, Blackheath.

Monday, May 8th: Northern CCA v Eire U/20 Match, Kirkby.

Tuesday, May 9th: University of Kent Open Meeting, Canterbury (7.00 pm).

Wednesday, May 10th: Army v Univ of London v Cambridge Univ v Met Police, Motspur Park; Borough Road College v Loughborough Univ, Isleworth; Lisnagarvey Open Meeting, Lisburn; Oxford City Open Meeting; Lanarkshire Open Meeting, Carlisle; Middlesex League; W Yorkshire League, Bradford.

Friday, May 12th: Scotland v Wales v Greece v Luxembourg (men) & Scotland v Greece v Luxembourg (women), Athens (1st day).

Cover photo by Mike Street



DAVID SHAW SETTLES INTO BRITISH BOARD'S HOT SEAT

The new General Secretary reveals
his hopes & plans to Dave Cocksedge

THE new man in the BAAB 'hot seat' is Scottish-born David Shaw, a former international steeple-chaser with a best time of 8:57.0. He brings to the newly created position of General Secretary of the British Amateur Athletic Board wide experience of coaching, competition, administration and team management in both the RAF and industrial organisations. Prior to his new appointment, which began on April 3rd, he was Training Adviser of the North Western Provincial Employers Organisation, and among his previous posts was that of Head of

Department (Training) at RAF College, Cranwell, with the rank of Squadron Leader. Whilst working for an Honours Degree in Geography at Birmingham University he won the BUSF cross-country title in 1959. Born in Greenock in 1936, David Shaw is married, with two children.

During a BAAB Training weekend for middle-distance runners at Merthyr Mawr in South Wales recently, he was interviewed for 'AW' by Dave Cocksedge.

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TRACK SPIKES

Adidas Jet	sizes 4-5½	£13.50, 6-10	£14.50
Reebok Arena	sizes 4-5½	£9.99, 6-11	£10.85
Reebok Orbit	sizes 4-5½	£12.90, 6-8½	£13.90

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You certainly got some frank views from the athletes in the seminar held this morning. Was this what you were expecting?

David Shaw: Basically I was hoping that they would all speak their minds. Communication doesn't start unless that happens, and I was delighted that they were prepared to state their views openly and honestly. And some very interesting points came forward. Athletes possibly feel that their opinions and grievances fall on stony ground after being aired and nothing is done. I like to feel that we are in the business to take up any constructive criticisms the athletes offer and see what can be done about it. That is certainly one of my jobs as General Secretary. If I can't do anything about any of their problems, then I will go back to them and tell them why.

The General Secretary of the Board is a pretty complex job. Do you still view it with optimism after two weeks?

Yes. It's still early stages for me; of course, and I'm feeling my way. I'm going to be feeling my way for some time yet, certainly through this track season when the various aspects — selection, team managership, arrangements for matches etc. — will present themselves. Until this summer is over I can't form a proper opinion. Certainly I'm optimistic, though. These first two weeks have been very interesting and I've enjoyed every minute of them. I must say everyone I've met seems to be happy with my appointment and full of hope that it can do nothing but improve the way we order our athletics at international level here in the UK.

But 1978 is not the kind of 'easy' year a new Secretary can use to settle in, with some tough international matches leading up to the European Championships in Prague. Isn't that somewhat daunting?

Yes, it is. But it has to be faced. From my point of view, it's a case of getting to know the ropes, seeing what happens and letting the way that things have previously been directed run their course. In many ways my job is made easier by the fact that so many tasks are already fixed and

already work well. Coaching, for instance, is operating efficiently now. So I'm not being pushed in at the deep end in the sense that there has been a very good hand-over: the BAAB have recognised the complexities of the job and the difficulties that could arise, and have kept Robert Stinson on as Honorary Secretary. He and I are currently working closely together and I will gradually take on the full job I was appointed to do.

In many ways Arthur Gold, the former Honorary Secretary of the BAAB, had the most unenviable task in the sport. How different is the role of General Secretary?

It's not quite the same job. The job description puts the man holding it into the front line, of course, but I have a good back-up team behind us. Obviously as I will be handling relations with the press and with athletes etc. things will sometimes get a bit rough. One has to be prepared for this.

Do you see other honorary jobs within the sport becoming full-time paid posts?

I don't think there will be a big rush of them. Things like that don't happen overnight. It all depends very much on the direction the sport takes in the next few years. If it gets any more complex, then I think more full-time paid positions will be necessary. One could argue that the Coaching Scheme is a huge job already that is being done very well but could benefit even more with a full-time paid secretary in charge of it. Athletics administration can just keep expanding. You can bring in ten professional officials tomorrow and they would all have worthwhile jobs to do.

Can you at this stage outline which meetings will be important to the athletes as pointers to selection for the European Championships?

Basically the two crucial meetings will be the AAA and the UK Championships; but obviously the selection committee will be looking at performances all the way through the year. So the Commonwealth Games will be important to us, too.

How big a team is visualised for Prague?

It's early days yet to be talking of numbers for Prague, but it should be somewhere around 75 athletes, male and female.

I noted today from remarks I overheard that the athletes appreciate you coming along here and taking the trouble to meet them and hear them out.

Well, I said when I took over the job right from the start that I had no intention of doing it all from behind a desk in London. And I can't expect the athletes to talk to me if they don't know me. So it's my intention to get in amongst them, introduce myself and talk informally with as many of them as I can meet. After all, I'm just an ordinary bloke with their interests and the interests of the sport at heart.

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**"I'm just an ordinary bloke with
the interests of the sport at heart"**

Do you have any plans for 'bleeding' athletes just below international level?

In a sense this is being done through the Junior Commission which is going from strength to strength. I went along to the Junior Weekend at Birmingham last week and I was very impressed with the progress they are making. They are getting more matches each year and already they have several full senior internationals in their ranks. This is a sensible and logical way to bring them through. They can find out something about travelling abroad in a national team at junior level which prepares them for the day they enter the senior squad. Luckily our sport is one where you just can't deny someone who is good enough — athletes select themselves in nearly every case. So people always have the chance of coming through largely by their own efforts.

It seems to me, though, that in some events it is very hard to break into senior international ranks because of a very high standard. A good junior international may not be able to make the senior team for several years, and in that time he may well need help and encouragement to keep at it.

Yes, this applies particularly among the middle distance and distance runners here; and of course throwers often take years to develop fully. I think if we can build up a good relationship with the athletes we can be constantly on the look out for athletes in this position and help them out with competitive opportunities or whatever it is we can do for them. Coaching comes in here, too. Good coaches will be there in the background, helping athletes get through these difficult years when they are settling. I intend to keep in close touch with coaches in all areas. I see coaching as a key area of the Board's activities.

From your past experience, where would you say that your strengths lie?

The safe answer to that of course is to come back in a year's time and ask the people I have worked with! To try and answer that honestly makes me pause for thought: I would like to think that I am a good administrator — I'm not too fussy, but I'm a stickler for detail. I would like to think also that I'm a good manager of resources — which includes people. Getting the best out of resources and people is what the job is about. I would like to think that this is where my strength lies. In this sport people often seem to be pulling against each other when they all need to pull together in a common direction; and to get them to do that takes very astute managership.

How do you view the British League system?

Very favourably. I think it is vital to the

domestic development of the sport. But as the years have gone by we have all seen the fixture list get more and more congested with increasing demands on athletes' time. Now the way to solve problems like this is not to do away with something; it's by keeping a watchful eye on things and planning the seasons carefully and logically well in advance. To do this we must have good two-way communication with officials running the domestic calendar. It comes down to managership of resources again. Of course there are likely to be problems with clashing of fixture dates, but basically if we have communication and liaison we have the structure to deal with them as they arise.

The league system has been a tremendous boost to the middle range athlete as well as providing a logical basis to the domestic season. Perhaps the middle distance runners haven't found it of great benefit to them, as they have no shortage of races anyway; but some Cinderella events have been given a real shot in the arm — mainly because of the league.

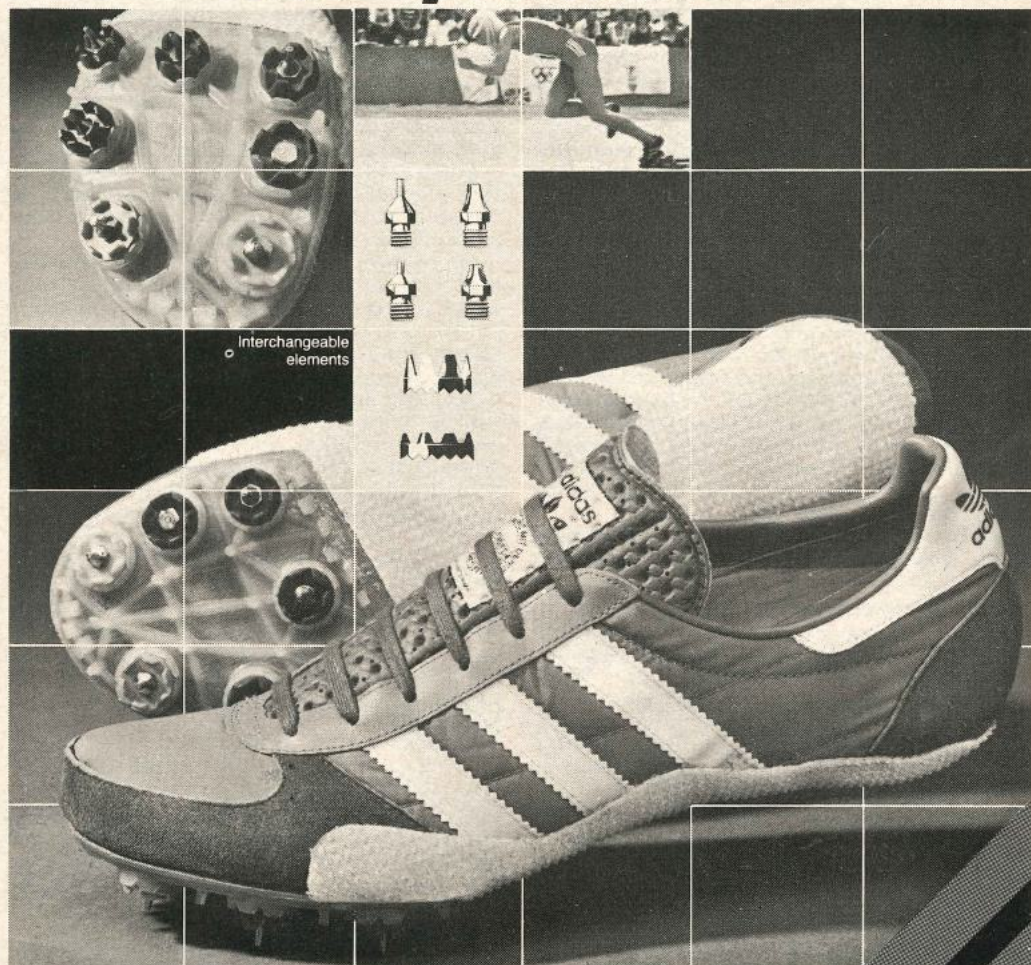
What are your views on anabolic steroids and the seemingly great increase of drug-taking in the sport?

It horrifies me. I'm totally opposed to it, though I recognise the fact that it exists. And because it exists it therefore puts tremendous pressures on athletes: those close to the top most often feel they may have virtually to make the choice of either giving up or taking artificial aids to keep up with their foreign rivals. I think the answer is to persevere. We in Britain have in many ways taken the lead in getting away from wholesale drug taking, and we must keep firmly on that course. We must put our money where our mouths are. Men like Arthur Gold and Robert Stinson have done a great deal of good work in opposing the use of steroids and other drugs, and it's very encouraging to see initiatives coming from the IAC in this direction. There is no really effective deterrent yet, but the signs are that a lot of people are willing to seek until we find an answer to something that is a fundamental threat to our sport. It would be great to think that we could get athletics back to the point where everyone was competing on equal terms with each other, and that results were a fair reflection of the athletes' abilities. In doing this, we'd be doing the youth of countries a great service.

You mention this as one area where the IAC and the BAAB are in agreement. Can you foresee other areas where the two bodies can agree whereas in the past perhaps they haven't?

Well, I've already made contact with Derek Johnson and David Bedford of the IAC, and the BAAB and IAC are in agreement over attitudes to doping. We are both working towards the good of the sport in our different fields, and can only help each other by having good relations. We have good communication now with the IAC,

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and I see no reason why that should change. Of course, I'm an IAC member myself!

Are there not some schemes and development plans that should, in fact, be run by the governing body and not the "athletes union", as it were? Didn't the LAMPS injury scheme, originated by the IAC, rather show up an area where the BAAB had been lax, for instance?

It's important to remember that my post is all part of a large scale BAAB reappraisal. Part of that is looking into, and improving, the whole medical set-up for international athletes. I don't think there is any area where the BAAB and the IAC need to be in conflict. If they can show us things that need improving, we can work together to improve them. In using money, for instance, we can co-ordinate; and on the sponsorship side this is already happening. As long as our resources are used well, there is no need to differentiate between tasks.

There will be areas where the two organisations overlap, but there is no conflict. The IAC nowadays are certainly doing a great job of fund-raising whilst we at the BAAB are concentrating on controlling and administering sponsorships within the sport. The IAC expect to generate large sums of money that will help to make us a healthier and stronger sport. That's great, in my view.

The IAC have, in the past, sent small training groups abroad. Isn't this, strictly speaking,

something the Board should be responsible for?

Yes. I see that as a BAAB activity, and certainly with the squad scheme we are organised to do that sort of thing. Indeed, it's happening in most event groups now. I've come into my job without having been involved in any political clashes, if any, between the BAAB and the IAC. So I can meet them with a fresh approach. I see them as having a chairman and a committee with whom I can sit down and discuss things. I say 'Well, let's get talking. Are there any problems? Let's get together and sort them out'. I don't see it as being any more complicated than that.

Lastly, what are your plans on press liaison? Will you make yourself available to probing from the press at all times, or do you plan to have a press officer to take care of that?

No, part of my job is to handle the media. I look forward to that, and to meeting the regular athletics press men because I feel the image we put forward is very important. At times I will be sought out for quotes or reasons for decisions and I will be on the spot. I'm looking for good, honest relations with the press. Of course there will be times when I won't be able to disclose certain information, but I hope they will be able to understand and respect that. My aim is to be straight with the press, to give them all the help I can — and look for the same treatment in return.

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NORTHERN WOMEN'S T&F LEAGUE

(Div 1) D. Hyman TC, Liverpool H & AC, Sale 'B', Lincoln C&C, N. Shields Poly, Longwood. Fixtures: May 28th, Cudworth; July 30th, Whitley Bay; September 2nd, Kirkby. (Div 2) Airedale & SV, Wigan, City of Hull, Warrington, Rossendale, Leeds City. Fixtures: May 28th — Wigan, July 29th — Cleckheaton, September 2nd — Rossendale. (Div 3) Blackburn, Pilkington, Liverpool Pembroke, Sutton H, Lincoln Wellington, Spenborough. Fixtures: May 28th — Kirkby, July 30th — St Helens, September 3rd — Cleckheaton. (Div 4) Stretford 'B', Rotherham, Sheffield, Altrincham, Wakefield, Wirral. Fixtures: May 28th — Sheffield, July 30th — Bebbington, September 3rd — Stretford. (Div 5) Lancaster & M, Houghton, Blackpool & F, Holy Family AC, Oldham & R, Bolton. Fixtures: May 28th — Bolton, July 29th — Oldham, September 3rd — Blackpool. (Div 6) Lakeland, Hallamshire, Gateshead, E. Cheshire, Rowntrees, Border. Fixtures: May 28th — Oldham, July 29th — York, September 2nd — Sheffield.

UK RECORDS RATIFIED

The BAAB announces ratification of the following records: (Snr) 1500: Mike Kearns 3:36.8 (this precedes Steve Overt's 3:34.5); women's JT: Tessa Sanderson 67.20m; women's 4x200: GB Team (Verona Elder, Ruth Kennedy,

Gladys McCormack, Donna Hartley) 1:33.7 (this precedes a later mark of 1:31.6); (Jnr) 110H: Mark Holtom 14.1 (14.08); women's 200: Kathryn Smallwood 23.2 (23.22); women's 800: Jo White 2:02.8; women's 100H: Theresa Chipp 14.0 (14.02).

ANNIVERSARY CELEBRATION

As part of its 80th anniversary celebrations in 1979, Sutton (St Helens) Harriers & AC would like to arrange a fixture with another club or clubs also celebrating their 80th anniversary next year. Contact the hon. secretary, Roger McCall, at 27 Roland Avenue, Haresfinch, St Helens (Tel: St Helens 51091).



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United Kingdom Club Relay Lists For 1977

Compiled by Keith Morbey (NUTS)

The compiler wishes to thank all those who sent in results and looks forward to their co-operation in 1978 also. Any amendments or additions should be sent to the compiler at 23 Cowper Crescent, Bengoe, Hertford, Herts SG14 3DZ with details of placing, date, venue and team in running order. He would also welcome the results of the Achilles School Relays (Oxford May 21st 1977) and team compositions of all teams in the 1977 English Schools Championships.

SENIOR MEN

4x100: 40.6 TVH; 41.1 W&B; 41.6 Birchfield; 41.7 ESH; 41.9 Stretford; 42.0 Annadale; 42.0 Cardiff; 42.2 EAC; 42.2 Wakefield; 42.3 Essex Beagles.

4x200: 1:30.1 Sparkhill; 1:30.9 Cambridge U; 1:31.1 Oxford U; 1:31.5 Pilkington; 1:31.9 Surrey AC; 1:31.9 Chelmsford; 1:31.9 Liverpool H; 1:32.0 EAC; 1:32.1 Coventry G 1:32.7 Loughborough.

4x400: 3:09.4 W&B; 3:13.2 Stretford; 3:13.8 Cardiff; 3:13.9 Birchfield; 3:16.5 Sale; 3:17.0 TVH; 3:17.2 Sheffield; 3:17.4 Polytechnic; 3:17.6 EAC; 3:17.8 Woodford Green.

1600m Medley: 3:31.5 Bournemouth; 3:31.9 Notts; 3:32.8 Ayresshire AC; 3:33.2 Sheffield; 3:33.8 AF&D; 3:34.8 Bristol; 3:36.8 Chelmsford; 3:38.0 Cambridge H; 3:38.8 VPH; 3:38.9 Newham.

4x800: 7:43.2 Annadale; 7:54.2 Oxford U; 7:55.8 Loughborough; 8:06.2 Birmingham U; 8:06.5 Shrewsbury; 8:07.1 Derby & C; 8:07.2 Sheffield; 8:07.2 Warrington; 8:08.3 Cambridge U; 8:12.5 Rotherham.

4x1500: 16:01.2 Bracknell; 16:10.6 N. London; 16:19.5 AF&D; 16:29.2 Basingstoke; 16:38.6 Luton; 16:39.9 EAC; 16:53.6 Wycombe P; 16:54.2 Cambuslang; 17:01.6 Epsom & E; 17:06.2 Ayresshire AC.

JUNIOR MEN

4x100: 42.4 Luton; 42.8 VPH; 42.8 Haringey; 43.3 Thurrock; 43.4 Cardiff; 43.4 Croydon; 43.7 EAC; 43.8 Surrey AC; 44.3 Shaftesbury; 44.4 Tipton; 44.4 Cambridge H.

4x200: 1:31.9 Surrey AC; 1:34.3 Berkhamsted S; 1:34.5 St Pauls S; 1:34.6 Croydon; 1:34.6 Uppingham S; 1:34.6 Ilford; 1:36.5 Thurrock; 1:36.6 Epsom & E; 1:39.9 Wellington C; 1:40.0 Epsom C.

4x400: 3:16.0 W. London Institute of HE; 3:25.5 Hercules W; 3:26.9 Surrey AC; 3:29.5 EAC; 3:30.9 E. Kilbride; 3:31.5 St Edwards C; 3:33.6 Bellahouston; 3:34.0 Sutton H; 3:35.6 Pitreavie.

1600m Medley: 3:34.6 Bracknell; 3:38.5 Wycombe P; 3:39.7 Bournemouth; 3:41.1 E. Kent; 3:41.7 Stockport; 3:42.0 Wirral; 3:43.0 St Edwards C; 3:43.5 Chester & EP; 3:44.1 Marlborough C; 3:45.5 Elliott Reed.

4x800: 7:39.8 W. London Inst of HE; 7:44.7 Stretford AC; 8:15.4 AAC Chepstow; 8:16.0 AAC Harrogate; 8:19.6 King Harry VIII S; 8:23.6 Dr Challoners GS.

4x1500: 16:07.7 Stretford.

YOUTHS

4x100: 43.2 Coventry G; 43.5 Hickleton MYC; 43.7 Birchfield; 44.0 Haringey; 44.2 Essex Beagles; 44.3 Hercules W; 44.4 Luton Utd; 44.5 VPH; 44.6 Sparkhill; 44.7 Brighton & H; 44.7 London Irish.

4x200: 1:35.7 Hickleton MYC; 1:36.1 Blackburn; 1:36.3 Hercules W; 1:36.5 Bournemouth; 1:36.6 Merchant Taylors S; 1:36.7 Haringey; 1:36.7 Luton Utd; 1:37.2 Dr Challoners GS; 1:37.5 Bedford & C; 1:38.8 Macclesfield.

4x400: 3:25.2 Haringey; 3:27.2 Clyde Valley; 3:27.6 Oxford City; 3:28.7 Bracknell; 3:32.4 Havering; 3:32.5 Luton Utd; 3:33.3 Coventry G; 3:33.9 Medway; 3:34.7 Sparkhill; 3:34.9 Sale.

1600m Medley: 3:44.7 Blackheath; 3:45.0 Derby & C; 3:45.1 Clyde Valley; 3:46.9 Shrewsbury S; 3:47.7 Sheffield; 3:48.0 St Edwards C; 3:51.7 Essex Beagles; 3:52.1 Elliott Reed; 3:52.8 Havering; 3:53.0 Marlborough C.

4x800: 8:01.1 Oxford City; 8:26.0 Highgate; 8:29.8 Wirral; 8:33.9 Morpeth; 8:35.6 Warrington; 8:40.9 Shrewsbury S; 8:48.6 Sparkhill; 8:58.0 Lincoln C&C; 8:59.0 Wallasey; 9:01.2 Shrewsbury.

4x1500: 16:54.0 Highgate; 17:17.5 Blackburn; 18:34.0 Salford Met; 18:42.9 Manchester H; 18:48.8 Rochdale; 18:57.5 Crewe & N.

BOYS

4x100: 45.7 Cardiff; 47.2 Haringey; 47.3 N. London; 47.3 Sparkhill; 47.5 Brighton & H; 47.5 Stretford; 47.6 Ealing & S; 47.8 Oxford City; 47.8 Birchfield; 47.8 Central Region; 47.8 Clyde Valley.

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4x200: 1:40.8 Epsom & E; 1:44.5 Arthur Mellows VC; 1:45.1 Border H; 1:47.0 Pilkington; 1:47.1 Lincoln C&C; 1:47.3 Macclesfield; 1:47.3 E. Cheshire; 1:48.3 Morpeth; 1:48.8 Trentham HS; 1:51.8 Holbeach.

4x400: 3:39.9 Cardiff; 3:43.6 Clyde Valley; 3:43.7 Stretford; 3:44.8 Sparkhill; 3:46.8 Bellahouston; 3:47.5 Tonbridge; 3:48.1 Bristol; 3:48.1 N. London; 3:49.0 Brighton & H; 3:49.5 W&B.

4x800: 8:40.8 Warrington; 8:55.4 Havering; 8:55.4 Bristol; 8:57.7 EAC; 8:57.9 Haringey; 9:02.3 Thurrock; 9:02.9 Central Region; 9:04.3 Aberdeen; 9:04.4 Cockerhouth.

1600m Medley: 4:08.3 Medway; 4:08.7 Abington S; 4:10.9 Bexley Boro; 4:15.0 Lincoln C&C; 4:16.6 Eton C; 4:18.1 Elliott Reed; 4:18.1 Dartford; 4:19.5 E. Kent; 4:26.2 St Edwards C; 4:28.8 Bradfield C.

COLTS

4x100: 51.1 Enfield; 53.2 Haringey; 53.7 N. London; 54.0 Luton Utd; 54.1 Cardiff; 54.4 Sale; 54.5 Shaftesbury; 54.7 Birchfield; 54.8 Collingwood; 54.8 Tipton.

4x200: 1:52.9 Liverpool H; 1:57.5 Macclesfield; 2:01.4 E. Cheshire; 2:01.5 Frodsham.

4x800: 9:49.9 Warrington; 10:16.7 Tipton; 10:19.5 Altrincham & D; 10:35.0 Stockport.

1600m Medley: 4:36.4 Dartford; 4:41.4 Bexley Boro; 4:42.5 Medway; 4:48.5 Sussex Road S; 4:50.0 Judd S.

SENIOR WOMEN

4x100: 46.5 Stretford; 46.5 Sale; 46.5 ESH; 47.2 Bristol; 47.3 W&B; 47.5 Selsonia; 47.5 Feltham; 47.6 Hickleton MYC; 47.6 LOAC; 47.6 Shorts; 47.6 Birchfield.

4x200: 1:39.6 W&B; 1:40.0 LOAC; 1:40.7 Sale; 1:40.8 Hickleton MYC; 1:41.9 Selsonia; 1:43.7 Croydon; 1:43.8 E. Cheshire; 1:43.9 Enfield; 1:44.6 D. Hyman TC; 1:44.8 Essex L.

4x400: 3:47.3 W&B; 3:48.0 ESH; 3:48.3 Birchfield; 3:49.7 Stretford; 3:50.9 Glasgow;

3:51.1 LOAC; 3:52.9 Essex L; 3:54.3 Bourne-mouth; 3:55.1 Sale; 3:55.7 Feltham.

1600m Medley: 4:02.4 Stretford; 4:04.6 Pitreavie; 4:06.4 D. Hyman TC; 4:07.2 W&B; 4:07.5 Glasgow; 4:08.2 Bracknell; 4:09.1 Birchfield; 4:10.8 Lincoln C&C; 4:13.2 Sheffield; 4:17.3 Shettleston.

3x800: 6:44.2 Leeds City; 6:52.8 Warrington; 7:02.0 Bristol; 7:03.7 Bracknell; 7:03.8 Airedale & SV; 7:12.0 Gateshead; 7:13.0 Lincoln C&C; 7:17.0 Liverpool Pembroke; 7:24.6 Mitcham; 7:26.4 Essex L.

4x800: 9:02.2 LOAC; 9:03.6 Birchfield; 9:13.1 ESH; 9:15.8 Leeds City; 9:20.7 Bristol; 9:30.7 Pitreavie.

INTERMEDIATES

4x100: 48.5 Sale; 48.6 Middlesex L; 49.1 Croydon; 49.2 Birchfield; 49.2 Hickleton MYC; 49.4 Feltham; 49.4 ESH; 49.5 Stretford; 49.7 Harlow; 49.7 W&B.

4x200: 1:43.0 Middlesex L; 1:44.3 Croydon; 1:46.0 Haringey; 1:47.3 Liverpool Pembroke; 1:47.4 Bristol; 1:48.7 Coventry G; 1:49.5 Verlea; 1:50.9 Cambridge H; 1:51.5 Essex L; 1:52.5 Cannock; 1:52.5 Luton Utd.

4x400: 4:02.0 Croydon; 4:11.7 Lincoln C&C; 4:13.0 Bournmouth.

1600m Medley: 4:16.6 E. Cheshire; 4:16.9 Leeds City; 4:17.6 Stourport; 4:25.7 Bury; 4:26.0 Airedale & SV; 4:26.2 Lincoln C&C; 4:27.0 Sheffield.

3x800: 7:16.4 Warrington; 7:30.8 Liverpool Pembroke; 7:48.0 Pilkington.

4x800: 9:14.3 Bracknell; 9:26.8 Sale; 9:30.5 Havering; 9:31.9 Wycombe P; 9:33.5 Notts AC; 9:35.5 Portsmouth At; 9:36.6 Bristol; 9:38.5 Airedale & SV; 9:44.7 Exeter; 9:58.2 Thurrock.

JUNIORS

4x100: 48.6 Stretford; 49.3 Twickenham; 49.3 Radley L; 49.8 Middlesex L; 50.2 Mitcham; 50.3 Feltham; 50.4 LOAC; 50.5 Epsom & E; 50.8 Croydon; 50.8 Essex Beagles.

4x200: 1:48.4 Coventry G; 1:49.1 Gateshead; 1:49.5 Frodsham; 1:49.7 ESH; 1:50.0 Radley L; 1:50.5 Stretford; 1:51.2 Dartford; 1:51.2 E. Cheshire; 1:51.5 Pitreavie; 1:51.6 Cambridge H; 1:51.6 Shrewsbury.

3x800: 7:08.2 Notts AC; 7:11.0 Warrington; 7:14.8 Shettleston; 7:16.4 Coventry G; 7:16.8 Bury; 7:18.2 Leeds City; 7:19.6 Glasgow; 7:19.6 Stoke; 7:22.6 Leicester C; 7:25.5 Frodsham.

4x800: 9:22.0 Havering; 9:31.2 Thurrock; 9:35.4 Surrey AC; 9:36.1 Verlea; 9:37.4 Stoke; 9:38.0 Stevenage & NH; 9:46.2 Shettleston; 9:47.8 Sale; 9:50.0 Aldershot F&D; 9:51.4 Bristol.

GIRLS

4x100: 54.8 Aberdeen; 55.2 Paisley; 55.7 Coventry G; 56.0 Bristol; 56.1 Charnwood; 56.1

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Incorporating Northern Veterans AC
and Road Runners Championships

SUNDAY, JUNE 25th, at 12 Noon

YMCA Sportsground, Princess Rd., (A5103)

2½ miles south of the City centre

Awards: 10 Individuals (1st £40), 3 Teams, 3 Veterans O/40, 3 Vets O/50. Spot prizes and certificates (plus NVAC awards).

Fees: 30p Ind. (plus 25p for NVAC), 50p Team.

Entries close June 10th

Late entries £1

Entries to D. O'Leary, 15 Sherwood Road, Woodley, Stockport SK6 1LH. Tel: 061-430 6841.

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Sponsorship News

Kraft Foods Limited, the premier sponsor of British athletics, have published a new, important aid to training — the Kraft Athletics Coaching Charts.

Kraft's main sponsorship programme has been supporting Britain's Olympic athletes through training camps, Olympic Scholarships and The Kraft Games. But the new Coaching Charts are aimed at the vital grass roots of the sport in schools and clubs.

The first six in the series of charts feature hurdling, sprinting, relay racing, long jumping, high jumping and putting the shot, and have been produced in full consultation with the BAAB's principal national coaches, John Le Masurier and Denis Watts. They have been designed not only to give a solid understanding of the basic techniques of the events but also to give valuable advice on warm-up exercises specifically devised for the event.

Each chart, produced on high quality art paper and measuring $18\frac{1}{4}'' \times 27\frac{1}{2}''$, is priced at 75p or £3.00 for the full set of six, inclusive of postage and packing. Every purchase will further help athletics development in Britain because the profits are being ploughed back into the sport.

The charts can be obtained from: Kraft Athletics Coaching Chart Offer, Box No. 661, Unique Publicity Limited, 51 The Mall, London W5 3TD. Cheques or Postal Orders should be made payable to: Kraft Foods Limited.

* * *

A £100,000 sport sponsorship package for athletics and rowing recently announced by **Guardian Royal Exchange Assurance** reflects the company's aim of supporting competition at all levels and bringing top class training aids within the reach of all.

At international level GRE are to sponsor the important BAAB athletics match between Great Britain and the East Germans at Crystal Palace on June 10th/11th; while at top club level the company is to increase its support to the British Athletics League and Cup competitions. The

BAL programme starts on May 6th with further league fixtures on May 20th, June 17th and August 26th. The GRE Gold Cup and Jubilee Cup Finals will be at Cwmbran on September 23rd.

The GRE Sports Training Film Library, established last season with the production of seven film modules aimed at young athletes and rowing coaches, is to be expanded. The high jump and two other field events are planned for this season to be produced by Dan Productions Ltd, along with a film on Strength Training, expected to appeal to a wide audience of young sportsmen and women. All films from the Library are available from Guild Sound & Vision Ltd of Peterborough to schools, clubs and coaches in this country at subsidised charges.

* * *

Bell's Scotch Whisky, the Perth based distillers, are to inject £7,000 into Scottish Junior Athletics. This tremendous boost for the sport is to take the form of a totally new event for Scotland. Teams of Junior athletes, both boys and girls under 20 years of age, from Scotland, England, Ireland and Wales will compete in the Bell's Junior International Games at Meadowbank on July 29th, when a full range of events will provide a showpiece for British Junior Athletics. It is hoped to make this an annual Scottish meeting.

In addition to the International Match there will be some other attractions. Two selected events will provide an opportunity to see some of Europe's top junior athletes in action and there will also be five under-15 age group events.

The event is being organised by the Scottish AAA and the idea has been enthusiastically received by the other Home Countries.

* * *

Nearly 80 of Britain's top junior athletes gathered at Birmingham's Perry Park Stadium from April 7th to 9th, where they underwent two days of intensive coaching and training under the direction of Lynn Davies and a team of national and regional coaches.

Travel, accommodation and training expenses for the weekend were met by the **British Meat**

ANNAN RIDING OF THE MARSHES 12 MILES ROAD RACE

Saturday, July 1st, under SAAA Laws

Good Prizes — Seniors, Vets, Ladies etc.
Lots of other Family entertainment
Carnival Parades etc.

Good day out for friends and family
Record: Ian Thompson 57 min. 58 sec.

All details: Len Prater, 9 Hospital Road, Annan, Dumfriesshire.

KANGAROO CLUB SCHOOLS' POSTAL COMPETITION

A Postal Competition is run each year for school athletes in Long and Triple Jumping during May, June and July. Trophies are awarded for Junior, Intermediate and Senior Boys. Details can be obtained from C. J. Kirwin, Kelly College, Tavistock, Devon. Please enclose a s.a.e. with your enquiry.

Industry as part of their ongoing £100,000-plus sponsorship package announced last year.

Bill Sykes, co-ordinator of the Junior Commission who organised the weekend on behalf of the BAAB, said: "As a result of the generous support we are getting from British Meat, this will be the second such meeting we have been able to hold in under six months, with a further weekend already planned for October. The weekends, which combine social activities as well as special training, are invaluable in building team spirit and establishing rapport between officials and athletes".

* * *

ICI Petrol will be sponsoring Dennis Coates, the UK steeplechase record holder, for the next three years. The purpose of the sponsorship, which has been approved by and will be administered through the BAAB, is to give Dennis the best possible chance of getting to the Moscow Olympics in 1980 and doing well there. He will be able to use the funds provided to offset training, coaching and competition expenses and will thus be spared, during the most important phase of his career, many of the anxieties that can disturb athletes training to compete at international level. Dennis lives close to the ICI Petrol headquarters at Wilton, Cleveland and is the natural choice for their support, both as a neighbour and as one of Britain's brightest prospects for Commonwealth, European and Olympic honours.

* * *

Bayer UK Limited is to give financial support to one of Britain's most promising young long distance runners. The company, British subsidiary of the German chemical company Bayer AG., Leverkusen, is to help Southern Junior cross-country champion David Clarke (20), of Hercules Wimbledon AC, to buy his equipment and special foods throughout 1978.

"We hope that by assisting David in this way — through the BAAB — we will help him to fulfil his tremendous potential in senior middle and long distance running" says Mr John Webb, Managing Director of Bayer UK.

* * *

The Littlewoods Organisation is sponsoring the women's Northern Pentathlon Squad, based at Kirby Sports Centre. Fourteen girls have been selected for the squad, which held its first training weekend in February: (Snrs) Kathryn Warren, Manndy Laing, Veronica Langley, Gillian Howell, Valerie Rutter, Rosemarie Hudson; (U/17) Theresa Gale, Catherine McGowan, Hilary Smiddy, Jane Welsby; (U/16) Wendy Laing, Jillian Cave, Jane Walker, Jane Winter; (associate member) Valerie Mullin.

TVH ROAD RELAY At Cranford, March 25th

- 1, Thames Valley H (P. Browne 16:54, M. Puddifoot 16:50, J. Davies 16:30, G. Dugdale 16:56, B. Standen 17:21) 84:31;
- 2, Hercules Wimbledon (S. Newton 17:16, R. Allinson 17:22, D. Clarke 16:37, R. Holt 16:42, A. Harrold 17:26) 85:23;
- 3, Portsmouth (P. Corney 17:08, J. Cain 16:42, S. Speller 17:03, K. Tesh 16:27, G. Gough 18:09) 85:29;
- 4, Tipton (R. Westwood 16:32, B. Baldero 17:39, A. Holden 16:52, S. Walton 17:07, B. Cole 17:28) 85:38;
- 5, South London H (P. Williams 16:46, J. Roberts 17:01, I. Cotton 17:42, R. Gevers 16:59, W. Upcott 17:43) 86:11;
- 6, Aldershot, Farnham & Dist (S. Barnshaw 17:06, J. Peel 17:41, J. Hood 17:13, R. Hackney 17:11, I. Logan 17:25) 86:36;
- 7, Cambridge & Col 86:46; 8, Blackheath 87:23;
- 9, TVH 'B' 87:43; 10, London Irish 88:43; 11, Southampton & E 89:23; 12, Old Gaytonians 89:52; 13, Reading 90:01; 14, Sparkhill 90:15; 15, AF&D 'B' 90:18; 16, Ranelagh 90:20; 17, Walton 90:27; 18, Belgrave 91:06; 19, Hercules Wimbledon 'B' 91:15; 20, Blackheath 'B' 91:17.

47 teams closed in.
Fastest: Tesh 16:27, Davies 16:30, Westwood 16:32, M. Connelly (Walt) 16:34, Clarke 16:37, K. Steere (C&C) 16:38.

Veterans

- 1, Ealing & Southall (D. Case 18:36, P. Freeman 18:38, M. Barratt 17:40) 54:54; 2, Southampton & Eastleigh (B. Switzer 18:36, A. Shrimpton 18:00, S. Bulpitt 18:26) 55:02; 3, Cambridge H (K. Harland 17:48, J. Geoghegan 19:07, D. Evans 18:41) 55:36; 4, TVH 58:28; 5, Hillingdon 58:29; 6, Mitcham 58:31; 7, Tipton 58:42; 8, Ranelagh 59:15; 9, Cambridge & Col 59:27; 10, Cambridge H 'B' 59:47.
- Fastest:** Barratt 17:40, Harland 17:48, E. Austin (Tip) 17:55.

Wycombe Phoenix H & AC officers: Chairman, E. Abraham; general secretary, G. J. Cubley, 15 The Brackens, Warrenwood Drive, High Wycombe (Tel: HW 36654); men's sec, L. G. B. Thomas, 20 Stephenson Close, High Wycombe (Tel: HW 31239); ladies sec, R. Hoyle, 'Faiite', 67 Denham Green Lane, Denham (Tel: Denham 2852); treasurer, D. Powell.

Mary Stewart, who has been granted a Churchill Travelling Fellowship, has been spending a month in Switzerland "to study athletic training at altitude".

ROAD RACE RESULTS

ROMFORD HALF MARATHON

March 25th

- 1, K. Penny (Cambridge H) 66:46
 2, P. Eales (Windsor, Slough & Eton) 67:48
 3, D. Clark (Verlea) 68:07
 4, J. Davies (Ex B) 68:07; 5, T. Johnston (Port) 69:04; 6, L. Gough (Thurr) 69:52; 7, P. Bryan (Hav) 71:12; 8, R. Thurston (Hav) 71:15; 9, G. Harrold (BoE) 71:45; 10, C. Woodward (Leam) 72:04; 11, D. Coates (Ilf) 72:20; 12, B. Diss (Hav) 72:26; 13, A. Bird (New) 72:30; 14, M. Etchells (Ilf) 72:35; 15, K. Hutchins (Met P) 72:40; 16, M. Herring (Ilf) 72:42; 17, G. Bowman (Diss-V) 72:59; 18, G. Stanton (Col) 73:04; 19, I. Burgess (S&E) 73:18; 20, H. Anderson (Ilf) 74:08. 21, L. Parrott (Hav-V) 74:21; 22, A. Thomas (Col) 75:08; 23, J. Madden (Lough) 75:11; 24, N. Tyler (Hav) 75:31; 25, D. Horsup (Thurr) 75:48; 26, G. Butler (Chelm) 76:08; 27, D. Hardstaff (N Lon) 76:24; 28, C. Butterfield (W Gn) 76:30; 29, K. Ward (Lough) 76:33; 30, J. Halliday (Hav) 76:35. **Teams:** 1, Havering 12; 2, Ilford 24; 3, Colchester 60; 4, Enfield 67; 5, Thurrock 77. **(Women):** 1, K. Knopp 90:04; 2, B. Cushen 96:31; 3, L. Barrett 103:30; 4, J. Marsden 104:15.

NEWPORT '10'

March 25th

- 1, P. Haywood (Worcester) 49:09
 2, K. Davies (Walton) 49:40
 3, N. Thomas (Gloucester) 50:02
 4, J. Robertshaw (New) 50:26; 5, C. O'Carroll (Glos) 50:34; 6, M. Hill (Glos) 50:46; 7, R. Games (Chelt) 50:51; 8, M. Mountford (Staff) 51:33; 9, N. Jinks (Worcs) 51:43; 10, D. Walsh (Card) 51:59; 11, M. Firth (Man) 52:26; 12, D. Collier (Aber) 53:03; 13, G. McIlroy (Card) 53:09; 14, D. Crombie (New) 53:17; 15, D. Jennings (Bing) 53:23; 16, J. Walsh (Card) 53:27; 17, D. Dowdle (Glos) 53:28; 18, M. Armstrong (New) 53:33; 19, C. Whyte (Bris) 53:40; 20, S. Colvin (Chelt) 53:41; 21, J. Wilkins (Durs) 53:42; 22, C. Walbyoff (Glos) 53:47; 23, G. Hewitt (S'end) 53:49; 24, P. Game (Chelt) 54:03; 25, A. Spenceley (Staff) 54:11; 26, D. Rolley (Glos) 54:17; 27, E. Acton (Here) 54:32; 28, D. Gleyshon (Glos) 54:47; 29, T. Jones (New) 54:51; 30, D. Jones (Swan) 54:59. **Teams:** 1, Gloucester 14; 2, Newport 36; 3, Cardiff 39; 4, Cheltenham 51; 5, Worcester 62; 6, Cwmbran 102.

BAMPTON TO TIVERTON '8'

March 27th

- 1, B. Knight (Torbay) 38:12
 2, P. Russell (Weymouth St Pauls) 38:30
 3, R. Cornish (Westbury) 39:26
 4, A. Hind (Exet) 39:28; 5, D. Francis (West) 39:30; 6, M. Cowman (West) 39:43; 7, H. Chadwick (TH&H) 40:14; 8, G. Blackburn

(West) 40:33; 9, C. Carthy (Ply) 40:38; 10, E. Phillips (Ply) 41:03; 11, J. Lothian (DoC) 41:06; 12, M. Wilson (Torb) 41:19; 13, J. Rowe (S Heath) 41:41; 14, W. Valentine (West) 41:43; 15, J. Merryfield (Taun) 41:48; 16, R. Williams (Tiv) 41:57; 17, G. Proctor (Bris) 42:00; 18, C. White (Bris) 42:08; 19, T. Honeychurch (Torb) 42:12; 20, M. Read (HMS Osprey) 42:15. **Teams:** 1, Westbury 22; 2, Torbay 62. **(Boys 3M):** 1, W. Quinn (Wey) 17:21; 2, R. Clements (DoC) 17:32; 3, K. Ham (West) 17:36; 4, N. Price (Wey) 17:40; 5, J. Knowles (DoC) 17:45; 6, M. Reeves (Torb) 17:54; 7, P. Gaze (B'mouth) 18:30; 8, S. Rodgers (Taun) 18:32; 9, K. Bennett (Bris) 18:37; 10, D. Buzza (DoC) 18:43. **Teams:** 1, Duchy of Cornwall 17; 2, Wymouth 18. **(Colts 2½M):** 1, J. Richards (DoC) 13:27; 2, P. Harvey (Tiv) 13:56; 3, A. Thick (West) 14:06; 4, T. Cowman (West) 14:18; 5, T. Coupe (DoC) 14:34; 6, G. Cook (B'mouth) 14:45. **Teams:** 1, Westbury 15; 2, Duchy of Cornwall 15.

TREDWORTH ROAD RACE

March 27th

- 1, R. Samuel (Shaftesbury) 21:03
 2, N. Thomas (Gloucester) 21:12
 3, K. Tayler (East Kilbride) 21:23
 4, S. McHale (Glos) 21:46; 5, J. Smith (Glos) 21:51; 6, J. Mitchell (Glos) 21:51; 7, T. Clegg (Glos) 22:30; 8, A. Daley (Glos) 22:35; 9, D. Jennings (Bing) 22:38; 10, G. Leyshon (Glos) 22:39; 11, R. Baldwin (Glos-Y) 22:40; 12, G. Stamp (Glos-J) 22:49; 13, D. Dowdle (Glos) 22:52; 14, M. Davies (Glos) 22:56; 15, D. Rolley (Glos-V) 23:00.

ROSSENDALE EASTER MONDAY ROAD RACES

(Youths): 1, C. Dagnall (Liv H) 15:08; 2, J. O'Connor (Ross) 15:28; 3, A. Leonard (Bolt) 15:35; 4, I. Rawlinson (B&F) 15:46; 5, J. Kelly (Liv P) 15:47; 6, T. Yates (Man) 15:48; 7, — (Liv H) 15:49; 8, E. Arrowsmith (Liv H) 15:55; 9, B. Hennie (Warr) 15:57; 10, P. Cowell (Ross) 16:05. **Teams:** 1, Liverpool H 16; 2, Rossendale 29; 3, Liverpool Pembroke 30. **(Boys):** 1, D. Topham (Long) 13:21; 2, P. Hichen (Warr) 13:49; 3, H. White (Liv H) 13:55; 4, S. Crompton (Bolt) —; 5, J. Shaw (Bing) 13:59; 6, R. Walton (Bing) 13:59; 7, S. Newman (Bing) 14:03; 8, S. Dry (Bing) 14:03; 9, A. Ford (Liv P) 14:12; 10, C. Bale (Liv H) 14:16. **Teams:** 1, Bingley 18; 2, Liverpool H 34; 3, Bolton 51. **(Colts):** 1, G. Green (Warr) 10:15; 2, A. Alsop (Holm) 10:19; 3, R. Tudor (Liv H) 10:26; 4, D. Parker (Wirr) 10:33; 5, A. Rogers (Wake) 10:34; 6, J. Davies (Ind) 10:35; 7, R. Lawton (Warr) 10:38; 8, J. Green (Bing) 10:41; 9, P. Wright (Warr) 10:46; 10, K. Hoyle (Bing) 11:00. **Teams:** 1, Warrington 34; 2, Bingley 68; 3, Bolton 106. **(U/11):** 1, N. O'Brien (Stret) 6:20; 2, G. Sharp (Spn) 6:23; 3, N. Norger (Bing) 6:24. **Team:** Stretford.

KRAFT ATHLETICS COACHING CHARTS

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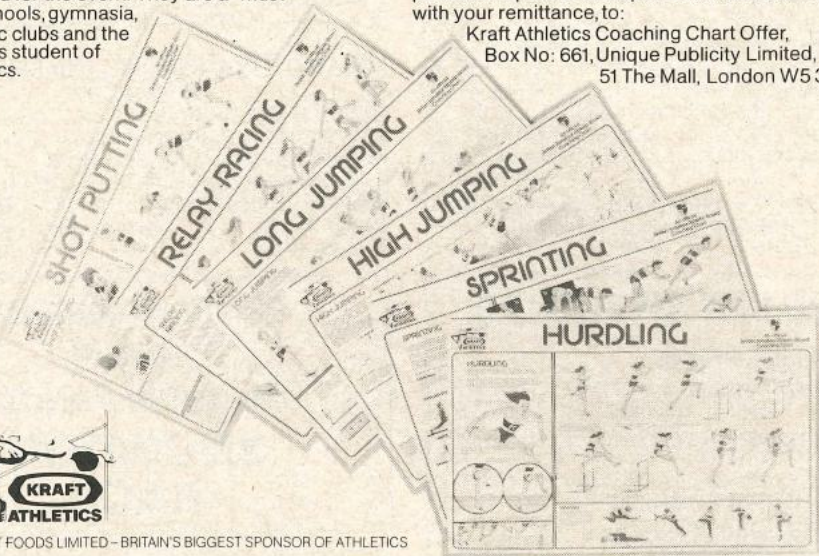
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BIGGLESWADE EASTER MONDAY**ROAD RACES****March 27th**

1, C. Brown (Coventry Godiva) 33:10
 2, T. Ross (Verlea) 33:30
 3, A. Ingram (Bedford & Co) 33:44
 4, R. Young (Hav) 33:51; 5, F. Gillies (Ban) 34:15; 6, R. Hannan (St P) 34:38; 7, H. Quince (Bed) 34:40; 8, C. Rutland (Ban) 35:01; 9, B. Tate (Low) 35:12; 10, M. Shotbolt (Bed) 35:18; 11, M. McCarthy (Bed) 35:22; 12, M. Batty (Thurr) 35:26; 13, S. Lowe (C&C) 35:28; 14, L. Pearson (Bed) 35:37; 15, A. Jefferies (Aber) 35:42; 16, D. Horsup (Thurr) 35:57; 17, P. Claridge (Vaux) 36:02; 18, R. Denehey (Bed) 36:11; 19, L. Devlin (Lut) 36:21; 20, J. Clare (B'heath) 36:26. **Teams:** 1, Bedford & C 20; 2, Banbury 37; 3, Bedford 'B' 43; 4, Luton 70; 5, Thurrock 81; 6, Stevenage & NH 82; 7, Vauxhall 89; 8, Rotherham 96; 9, Biggleswade 111; 10, Coventry 113. **(Youths):** 1, D. Minter (ER) 11:16; 2, S. Flint (Thet) 11:16; 3, M. Digby (AF&D) 11:25; 4, M. Smith (Barn) 11:28; 5, R. Sweatman (Coll) 11:35; 6, S. Kirk (Ton) 11:47; 7, D. Swain (Coll) 11:50; 8, P. Ledger (AF&D) 11:50; 9, M. Hookway (Ton) 11:55; 10, G. Richardson (Leic) 11:58; 11, J. Rooney (VoA) 12:02; 12, A. Paton (Coll) 12:07; 13, P. Noke (AF&D) 12:08; 14, J. Gray (Thurr) 12:09; 15, P. Spicer (Leic) 12:17. **Teams:** 1, Collingwood 24; 2, AF&D 24; 3, Tonbridge 34; 4, Leicester Coritanian 45; 5, Havering 61; 6, Vale of Aylesbury 69. **(Boys):** 1, P. Chester

(S&NH) 11:50; 2, M. Booth (Lut) 11:57; 3, S. Paton (Coll) 11:59; 4, L. Zone (AF&D) 12:03; 5, A. Smith (Shaft) 12:13; 6, A. Buck (Bed) 12:15; 7, G. Sumner (AF&D) 12:18; 8, B. Bullock (Hav) 12:20; 9, M. Muncer (Lon I) 12:21; 10, M. Disbrey (Hill) 12:25; 11, B. Graham (Hav) 12:28; 12, D. MacDonald (S&NH) 12:32; 13, K. Falvey (Hill) 12:35; 14, P. Robinson (Lon I) 12:35; 15, T. Kay (Hav) 12:38. **Teams:** 1, Havering 34; 2, Hillingdon 39; 3, Shaftesbury 45; 4, Bedford 48; 5, Stevenage & NH 50; 6, AF&D 57. **(Colts):** 1, M. Slowikowski (HW) 12:30; 2, C. Knight (Coll) 12:47; 3, P. Barr (Bas) 12:52; 4, P. Turner (Hav) 13:00; 5, B. Preiffer (Lon I) 13:01; 6, D. Smith (S&NH) 13:04; 7, R. Sweeney (Lut) 13:05; 8, W. Charnock (Coll) 13:06; 9, R. Webster (Barn) 13:07; 10, A. Soper (Lut) 13:11. **Teams:** 1, Collingwood 23; 2, Thurrock 44; 3, Barnet 50; 4, Havering 52; 5, Stevenage & NH 54; 6, Luton 70. **(U/11):** 1, D. Neale (Ton) 13:23; 2, S. Cowley (Bath) 13:27; 3, M. Evitt (Milt K) 13:35. **Team:** Tonbridge. **(U/10):** N. Keating (Card) ntt.

HARTLEPOOL 'MAIL' 10M ROAD RACE**March 27th**

1, D. Cannon (Gateshead) 47:05
 2, B. Sweeting (Sunderland) 48:04
 3, T. Woods (Durham University) 48:22
 4, P. Harker (Darl) 48:31; 5, A. Catley (Morp) 48:47; 6, R. Dunn (Morp) 48:54; 7, D. Widdeson (Sutt) 49:04; 8, R. Ingleton (Darl) 49:55; 9, A. McGee (Bolt) 50:15; 10, T. Florey (M&C) 50:19;

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THE THIRD ANNUAL**SNOWDON RACE**

(Under A.A.A. & W.A.A.A. Laws)

on

SATURDAY, 15th JULY, 1978

at 3.30 p.m.

**Senior Men • Ladies • Veterans
Juniors and Team Events****MANY PRIZES TO BE WON****Entry Fee:** £1.60, Under 18's 50p. (Seniors entry fee includes a buffet).**Details from:** Ken Jones, 10 Glanrafon, Nant Peris, Gwynedd LL55 4UF. S.A.E. please.**CLOSING DATE JUNE 17th, 1978**

11, M. Calvert (Leeds Un) 50:23; 12, H. Burdett (M&C) 50:24; 13, G. Wallace (Durh Un) 50:25; 14, D. Welch (Harro) 50:35; 15, N. Jobson (Blay) 50:43; 16, B. Lowdon (Tyne) 51:00; 17, C. Vaux (M&C) 51:21; 18, A. Jenkins (Morp) 51:24; 19, R. Puckerin (Mand) 51:40; 20, H. Montgomery (Heat) 51:50; 21, T. Rooke (M&C) 51:57; 22, D. Hewison (Darl) 52:05; 23, M. Fostick (M&C) 52:06; 24, C. Pickett (M&C) 52:29; 25, M. Mosson (Gos) 52:34; 26, J. Oberholzer (Leeds) 52:39; 27, K. Sanderson (Darl) 52:40; 28, D. Hedworth (Heat) 52:53; 29, R. Collier (Salt) 52:57; 30, A. Tait (Tyne) 52:59. **Teams:** 1, Morpeth; 2, Darlington; 3, Middlesbrough & C; 4, Sunderland; 5, Tynedale; 6, Saltwell; 7, Leeds Univ; 8, Gateshead; 9, Heaton; 10, M&C 'B'.

TYNEMOUTH 10 MILES BOUNDARY ROAD RACE

1, D. Kelly (Salt) 49:45; 2, T. Woods (Durh Un) 50:15; 3, R. Dunn (Morp) 50:45; 4, G. Rippon (SS) 52:04; 5, T. Flory (M&C) 52:06; 6, N. Jobson (Blay) 52:08; 7, H. Burdett (M&C) 52:23; 8, C. Richardson (NSP) 53:14; 9, K. Kelly (Salt) 53:24; 10, R. Collier (Salt) 53:42; 11, M. Armitage (Salt) 53:52; 12, R. Balding (Heat) 53:53; 13, M. Mosson (Gos) 54:03; 14, H. Montgomery (Heat) 54:18; 15, P. Hepworth (Heat) 54:31. **Teams:** 1, Saltwell 20; 2, Heaton 41; 3, Morpeth 47; 4, South Shields 49; 5, Tynedale 70; 6, Blyadon 76.

NORTH WALES 10M ROAD RACE

At Wrexham, April 1st

1, G. Nixon (Wrexham) 52:57; 2, S. Hope (C&N) 53:21; 3, R. Griffin (Brid) 53:44; 4, N. Williams (Wrex) 53:59; 5, J. Jones (Wrex) 54:08; 6, J. McCurdie (Sale) 54:45; 7, F. McCormack (Liv H) 55:24; 8, M. Ligema (Watch) 55:30; 9, R. Billington (Wrex-V) 55:46; 10, S. Orrells (N Powys) 55:50; 11, I. Snow (N Powys) 55:53; 12, M. Edwards (Bolt) 55:54; 13, P. Mainwaring (Wrex) 56:38; 14, D. Davies (N Powys) 56:42; 15, B. Flanagan (Seft) 56:59. **Teams:** 1, Wrexham 19; 2, North Powys 57. **(North Wales Champs):** 1, Nixon; 2, Williams; 3, Jones.

VICTORIA PARK '5'

April 1st

1, M. Benn (Woodford Green) 23:18
2, R. Samuel (Shaftesbury) 23:23
3, G. Fell (Essex Beagles) 23:25
4, R. Young (Hav) 23:32; 5, P. Bettridge (Hav) 23:37; 6, L. Gough (Thurr) 23:47; 7, F. Gillies (Ban) 23:58; 8, H. Starkey (Shaft) 24:02; 9, J. Dryden (Shaft) 24:11; 10, P. Kemp (Ex B) 24:18; 11, P. Cheate (Ex B) 24:22; 12, A. Ribbons (E&E) 24:33; 13, K. Hutchin (Met P) 24:40; 14, P. Magner (E&E) 24:41; 15, R. Thurston (Hav) 24:43; 16, M. Moody (M'head-V) 24:44; 17, C. Quadling (Low) 24:53; 18, M. Batty (Thurr) 24:57; 19, C. Reed (W Gn) 25:00; 20, B. Kiernan (L Buzz) 25:10; 21, B. Diss (Hav) 25:11; 22, T.

Barnes (L Buzz) 25:12; 23, P. Hillier (E&E) 25:13; 24, G. High (Low) 25:14; 25, W. Shirley (Hav) 25:16; 26, D. Stokes (Thurr) 25:20; 27, D. Casey (QPH) 25:22; 28, A. Cronin (QPH) 25:22; 29, M. Walden (E&E) 25:24; 30, S. Allen (Barn) 25:27; 31, P. Gee (Low) 25:30; 32, D. Watts (Ex B) 25:34; 33, G. Thomas (Lut) 25:34; 34, D. Horsup (Thurr) 25:35; 35, A. Bird (New) 25:36; 36, P. Martin (Lut) 25:37; 37, C. Pennington (Felt) 25:39; 38, R. Cliff (E&E) 25:44; 39, B. Atwell (E&E) 25:45; 40, L. Parrott (Hav-V) 25:45. **(Teams):** 1, Shaftesbury 19; 2, Essex Beagles 24; 3, Havering 24; 4, Epsom & E 49; 5, Thurrock 50; 6, Lowestoft 72; 7, Havering 'B' 86; 8, Leighton Buzzard 91; 9, QPH 98; 10, Woodford Green 106. **(Vets):** 1, Moody; 2, Parrott; 3, B. Hicks (Met P) 26:35.

Boys 5 x 1½ miles

1, Bingley (S. Dry 7:35, M. Crewe 7:48, J. Sham 7:33, S. Newman 7:24, M. Cooper 7:50) 38:10; 2, Essex Beagles 38:18; 3, North London 38:24; 4, Brighton & H 38:25; 5, Havering 38:30; 6, Shaftesbury 38:35; 7, Lowestoft 40:07; 8, Shaftesbury 'B' 40:42; 9, Essex Beagles 'B' 41:40; 10, Newham 42:10; 11, Woodford Green 42:38; 12, VPH 42:45. **Fastest:** N. Trainor (N Lon) 7:11, I. Ferguson (Ex B) 7:15, Lasseter (B&H) 7:22.

HAVERING AC WOMEN'S ROAD RACES

At Hornchurch, April 1st

1, V. Rowe (LOAC) 15:30
2, K. Trunley (Ilford) 16:19
3, L. Watson (LOAC) 16:33
4, A. Tamplin (Har) 16:51; 5, C. Roy (Hill) 16:59; 6, H. Colmer (Ex B) 17:02; 7, B. Stone (Thurr) 17:07; 8, R. Chettleburgh (Hav) 17:13; 9, A. Bettinson (Har) 17:17; 10, J. Burton (Chelm) 17:22; 11, P. Coleman (Har) 17:27; 12, I. Wojciechowska (LOAC) 17:33; 13, C. Clitter (LOAC) 17:49; 14, M. Meadows (Ilf) 17:56; 15, B. Cushen (Mit) 18:02. **Teams:** 1, LOAC; 2, Harlow; 3, Havering. **(Interiors):** 1, Havering (R. Lawless 9:22, J. Stephenson 9:40, D. Kiernan 8:37) 27:39; 2, Thurrock (K. Whippy 9:08, D. Allison 9:53, C. Brown 9:33) 28:34; 3, Ilford (K. Pells 10:48, D. Cater 9:51, T. Trunley 9:41) 30:20; 4, Mitcham 30:32; 5, Medway 31:26; 6, Chelmsford 31:56. **Fastest:** Kiernan 8:37, Whippy 9:08, Lawless 9:22. **(Juniors):** 1, Havering (G. Oughton 9:19, S. Baxter 9:03, C. Wells 9:13) 27:35; 2, Thurrock (C. Jarman 8:52, K. Finch 9:43, N. Bassett 9:20) 27:55; 3, Mitcham (J. Wingrove 8:58, L. Tyler 9:23, R. Titmarsh 9:44) 28:05; 4, Havering 'B' 29:11; 5, Ipswich 29:19; 6, Thurrock 'B' 29:56; 7, Chelmsford 30:22; 8, Havering 'C' 30:27; 9, Medway 30:44; 10, Mitcham 'B' 30:46. **Fastest:** Jarman 8:52, Wingrove 8:58, Baxter 9:03. **(Girls):** 1, Thurrock (K. Hughes 9:09, T. Jex 10:04, S. Foster 9:15) 28:28; 2, Mitcham (M. Afflick 9:46, C. Gair 10:19, A. White 9:58) 30:03; 3, Essex LAC (J. Oliver 9:50, J. Reading 10:45, J. King 9:50)

30:25; 4, Havering 30:36; 5, LOAC 30:45; 6, Medway 31:36; 7, Havering 'B' 31:50; 8, Mitcham 'B' 32:27; 9, Essex Beagles 32:35; 10, Havering 'D' 32:46. **Fastest:** Hughes 9:09, Foster 9:15, P. Peterson (Hav) 9:39.

IPSWICH/SUFFOLK '10'

At Ipswich, April 1st

1, G. Payne (Southend)..... 51:11
2, R. Church (Nene Valley)..... 52:06
3, B. Tate (Lowestoft)..... 52:41
4, C. Houghton (R&R) 53:12; 5, N. Allison (Ips) 53:14; 6, J. Davy (Ips) 53:17; 7, M. Holt (Nene V) 53:19; 8, D. Michael (Bigg) 53:52; 9, D. Butler (Nene V) 53:56; 10, M. Bowler (S'end) 54:02; 11, G. Stanton (Col) 54:11; 12, G. Smith (Ips) 54:20; 13, L. Sawkins (S'end) 54:39; 14, J. Wright (Low) 54:58; 15, S. Kightley (Ips) 55:09; 16, R. Wadeley (Bigg) 55:46; 17, M. Buis (Ips) 55:49; 18, G. Hewitt (S'end) 56:00; 19, A. Thomas (Col) 56:12; 20, M. Calver (W Suff) 56:28. **(Suffolk Champs):** 1, Tate; 2, Allison; 3, Davy. **Teams:** 1, Nene Valley 18; 2, Ipswich 23; 3, Southend 24; 4, Lowestoft 41; 5, Colchester 52.

KENT AC OPEN '10'

April 2nd

1, K. Brackstone (Cambridge H)..... (rec) 51:03
2, J. Patton (Birchfield)..... 51:10
3, B. Buonvino (Kent)..... 52:38
4, D. Claxton (HHH-V) 53:02; 5, J. Adlington (Notts-V) 53:50; 6, M. Allen (Craw) 53:57; 7, G. Wood (Camb H) 54:02; 8, R. Small (Met P) 54:04; 9, L. Parrott (Hav-V) 54:19; 10, P. Shepherd (B'heath) 54:44; 11, R. Franklin (TVH-V) 55:09; 12, M. Paul (Camb H) 55:20; 13, J. Oliver (Kt-V) 55:25; 14, B. Swift (B'heath) 55:35; 15, M. Anderson (Camb H) 55:45; 16, T. Evans (Camb H-V) 55:59; 17, S. Smythe (Camb H) 56:10; 18, C. Malsbury (HBS) 56:27; 19, T. Hoyles (Hav-V) 56:36; 20, G. Valentine (Bas) 56:39. **Teams:** 1, Cambridge H 20; 2, Havering 56; 3, Cambridge 'B' 63; 4, Blackheath 63; 5, Crawley 86; 6, Basildon 87.

DUCHY MARATHON

At Redruth, April 2nd

1, H. Jones (Liverpool University)..... 2:25:13
2, C. Woodward (Leamington)..... 2:28:51
3, T. Parker (West Cornwall)..... 2:30:15
4, T. Roden (SLH) 2:32:40; 5, M. Thompson (Leam) 2:33:34; 6, L. Hughes (B&P) 2:36:05; 7, T. Wood (E&E) 2:36:18; 8, P. Hampton (Ply) 2:37:18; 9, E. Phillips (Ply) 2:38:03; 10, G. Kay (Unatt) 2:40:35; 11, R. Brownsey (West) 2:40:41; 12, R. Williams (Tiv) 2:42:22; 13, C. Gray (QPH) 2:42:48; 14, C. White (Bris) 2:44:18; 15, K. Cawley (Ply) 2:45:18; 16, C. Newberry (Tiv) 2:45:36; 17, M. Coventry (E&E) 2:45:50; 18, S. Colvin (Chelt) 2:46:48; 19, D. McQuistan (Veg) 2:48:43; 20, E. McLaughlin (B&R) 2:49:01; 21, S.

Mummary (St P) 2:49:46; 22, S. Brown (St P) 2:49:46; 23, D. Williams (CoW) 2:50:36; 24, R. Essery (Ply) 2:50:57; 25, C. Sowden (Torb) 2:50:59; 26, J. Sawyer (Long) 2:50:52; 27, G. French (Ply) 2:51:28; 28, B. Dlade (Exet) 2:52:39; 29, C. McCall (Sol) 2:53:34; 30, J. Offley (TVH) 2:53:45. 71 finished. **Teams:** 1, Plymouth 17; 2, Epsom & E 29; 3, Leamington 32; 4, Tiverton 37; 5, Westbury 41. **(Cornwall Champs):** 1, Parker; 2, Phillips. **(Devon Champs):** 1, Hampton; 2, Williams; 3, Cawley. **(Vets):** 1, Wood; 2, Hampton; 3, Kay. **(Women):** L. Watson (LOAC) 3:09:26.

Penverton Road Races

(Boys 3M): 1, D. Gore (B&P) 16:54; 2, R. Clements (DoC) 16:57; 3, M. King (W Corn) 17:15; 4, D. Buzza (DoC) 17:21; 5, D. Keepen (B&P) 17:33; 6, A. Thick (Pres) 17:41. **Teams:** 1, Duchy of Cornwall 17; 2, Bath & Percy 23; 3, Cornwall 26. **(Colts 2M):** 1, Rose (B&P) 11:42; 2, A. Moore (DoC) 12:05; 3, A. Cocking (DoC) 12:13; 4, A. Redman (Par) 12:26; 5, M. Weber (W Corn) 12:28; 6, P. Collins (DoC) 12:42. **Teams:** 1, Duchy 11; 2, Duchy 'B' 25; 3, Bath & P 29. **(Junior Women 2M):** 1, M. Everard (DoC) 12:37; 2, C. Bolt (Tiv) 13:14; 3, L. Schneider (Torb) 13:17; 4, A. Plint (DoC) 13:31. **Team:** Duchy. **(Girls 1M):** 1, H. Myers (Torb) 6:24; 2, M. Read (B&P) 6:25; 3, H. Hill (Par) 6:27; 4, M. Greet (DoC) 6:31; 5, H. Bartlett (Tiv) 6:39; 6, J. Harvey (DoC) 6:45. **Teams:** 1, Duchy 9; 2, Bath & P 16.

NEWPORT TO RYDE '7'

April 8th

1, K. Tesh (Portsmouth)..... 35:49 (rec)
2, G. Dugdale (Thames Valley H)..... 36:05
3, Grah Tuck (Cambridge & Coleridge).... 36:51
4, W. Upcott (SLH) 36:55; 5, R. Allinson (HW) 37:29; 6, G. Nicholson (Ran) 37:39; 7, S. Holland (Hast) 37:52; 8, A. Wilson (Ran) 38:11; 9, D. Fudge (Port) 38:18; 10, A. Orr (Ran) 38:20; 11, I. Cotton (SLH) 38:31; 12, S. Graham (HW) 38:32; 13, P. Martin (Hast) 38:47; 14, R. Adam (Hants FB) 38:48; 15, B. Davis (RN) 38:49; 16, T. Roden (SLH) 38:52; 17, F. Pidgeon (S&E) 38:56; 18, G. North (Port-V) 38:59; 19, R. Tarrant (RN) 39:02; 20, D. Smallbone (HW) 39:06; 21, G. Walsh (Ran) 39:14; 22, R. King (Hast) 39:19; 23, A. Reavley (S&E) 39:22; 24, J. McNerny (Ryde) 39:23; 25, S. Littlewood (HW) 39:26; 26, D. Standing (Port) 39:28; 27, G. Bath (Sal) 39:44; 28, B. Switzer (S&E-V) 39:45; 29, R. Jeans (Sal) 39:46; 30, G. Gough (Port) 40:03. **(Vets):** 1, North; 2, Switzer; 3, J. Mattinson (SLH) 41:41; **(50-59):** 1, D. Rickly (Brack) 41:16; 2, R. Pape (RNAC-S) 43:45; 3, E. Leal (Ryde) 46:36; **(O/60):** W. Ross (Ryde) 58:56. **Teams:** 1, Hastings 42; 2, Portsmouth 48; 3, Hercules W 54; 4, SLH 54. **(Women):** V. Howe (Brack) 45:42.

AAA National 12-Stage Road Relay

At Sutton Coldfield, April 29th

CLASSIC DUEL FOILED BY INJURY

THE race was just beginning to shape up as the classic duel anticipated. Max Coleby had taken Gateshead into the lead on the second stage, for the club's best ever start to the race, with arch-rivals Tipton in third place. Excitement ran high on the long third stage as Tipton's Andy Holden began to make inroads on Gateshead's Steve Irvine . . . if the two teams could remain closely locked throughout the race, as seemed possible, what a burn-up awaited us on lap nine: Brendan Foster v Ian Stewart! Alas, it was not to be. Disaster struck Gateshead in the form of a severe leg injury to Irvine. "I noticed he was running with a slight limp as I caught up with about a mile and a half to go", said Holden. Irvine gamely hobbled on, as runner after runner passed him, but the pain was so intense that he had finally to give up — and was taken, in tears, to hospital.

With Gateshead sadly out of the race there was now no one to prevent Tipton completing the coveted national cross-country and road relay double, although Airedale, Coventry and Sheffield all managed to keep them at bay until the halfway mark. Helped mightily by Ian Stewart's 24:38 stint on the ninth stage (10 seconds outside Brendan Foster's record and worth better than 27:50 for 10,000m), which extended the team's lead from 23 sec to 2½ minutes, Tipton eventually ran out winners by almost four minutes — and for good measure shattered Gateshead's course record by 25 sec. Terrific team running. Aldershot (for whom Bernie Ford clocked 24:46) finished second for the best display by a Southern club in this event for several years, while Wolverhampton also excelled themselves by taking third.

After it became apparent at the take-over zone that Steve Irvine wouldn't be finishing the referee sportingly permitted Gateshead to continue on a non-scoring basis, so that the nine remaining runners wouldn't have made their journey totally in vain. Brian Baggaley, on the fourth leg, eventually got under way well behind the last team (Southampton), who were themselves over three minutes behind anyone else — and all credit to the Tynesiders for accepting a daunting challenge. Two teams had been overhauled by the time Brendan Foster set off on the ninth stage, Bren (timed at 24:42) passed six men, and by the finish Gateshead were up to 12th place. Just how close a battle it might have been for Irvine's unfortunate breakdown can be gauged by comparing the times of the other 11 Gateshead runners with their Tipton counterparts . . . Gateshead 3:37:56, Tipton 3:37:42!

A sporting footnote: Bob Lunnon of Aldershot

made the fine gesture of handing his silver medal to Max Coleby to pass on to Steve Irvine.

Mel Watman

STAGE 1

John Woods (Liv) and Steve Slocombe (Card) pulled handsomely clear of the field. John Mills brought Gateshead home 4th, the club's previous best start having been 7th.

1, Liverpool (J. Woods 25:33); 2, Cardiff (S. Slocombe 25:34); 3, Blackheath (R. Coles 25:55); 4, Gateshead (J. Mills 25:57); 5, Salford (S. Curran 26:00); 6, A&SV (J. Temperton 26:02); 7, Portsmouth (J. Cain 26:05); 8, Tipton (R. Cytla 26:07); 9, Leicester C (D. Lem 26:11); 10, Cambridge & C (K. Clifford 26:31); 11, Birchfield (R. Weaver 26:43); 12, SLH (J. Roberts 26:44); 13, Sheffield (D. Pratt 26:45); 14, Derby (H. Leeming 26:47); 15, Coventry G (S. Carter 26:54); 16, Morpeth (N. Black 26:58); 17, Sale (G. Davis 26:59); 18, Bingley (M. Lambert 27:03); 19, Wolverhampton & B (C. Mattock 27:08); 20, Small Heath (D. Tierney 27:11); 21, Southampton & E (B. Dawkins 27:13); 22, AF&D (I. Logan 27:17); 23, Hercules W (A. Harrold 27:23); 24, Invicta (P. Varney 27:25); 25, TVH (N. Wilson 27:32); 26, Bristol (T. Jones 27:35); 27, Westbury (D. Cowles 27:56); 28, Bolton (D. Singleton 27:57).

STAGE 2

Marathoner Max Coleby took Gateshead into a 19 sec lead over Liverpool, with Tipton a further 8 sec back.

1, Gateshead 40:26 (M. Coleby 14:29); 2, Liverpool 40:45 (K. Burrell 15:12); 3, Tipton 40:53 (R. Westwood 14:46); 4, Salford 40:54 (B. Aspden 14:54); 5, Cardiff 40:57 (L. Roberts 15:23); 6, A&SV 40:58 (K. Duckworth 14:56); 7, Leicester 41:00 (D. Martin 14:49); 8, Blackheath 41:02 (E. Pepper 15:07); 9, Birchfield 41:14 (A. Salter 14:31); 10, Coventry 41:20 (D. Lavelle 14:26); 11, Derby 41:51 (D. Reeves 15:04); 12, Sheffield 41:53 (J. Stringer 15:08); 13, Portsmouth 41:55 (A. Wale 15:50); 14, Invicta 41:56 (P. Lee 14:31); 15, AF&D 41:59 (J. Watts 14:42); 16, Bingley 42:02 (D. Quinlan 14:59); 17, Sale 42:05 (M. Burgess 15:06); 18, Morpeth 42:08 (A. Jenkins 15:10); 19, Bristol 42:13 (C. Monk 14:38); 20, C&C 42:14 (R. Brock 15:43); 21, TVH 42:24 (G. Goodman 14:52); 22, W&B 42:32 (J. Hipwood 15:24); 23, Westbury 42:33 (M. Coram 14:37); 24, SLH 42:47 (J. Greatrex 16:03); 25, S&E 42:48 (M. Beavis 15:35); 26, Hercules W 42:50 (M. Fuller 15:27); 27, Bolton 43:02 (M. Rimmer 15:05); 28, Small Heath 43:23 (M. Davies 16:12).

STAGE 3

Andy Holden swept Tipton into the lead as Gateshead fell out of the reckoning. Pete Adams shot Aldershot up from 15th to 6th, while Steve Kenyon (25:19) inflicted tremendous damage on behalf of Bolton — taking over 27th he handed over 9th! Next quickest, Dave Black (25:26), promoted Small Heath from last (28th) to 15th.

1, Tipton 67:00 (A. Holden 26:07); 2, A&SV 67:12 (C. Taylor 26:14); 3, Liverpool 67:15 (D. Evans 26:30); 4, Cardiff 67:17 (B. Hayward 26:20); 5, Coventry 67:55 (R. Maule 26:35); 6, AF&D 67:58 (P. Adams 25:59); 7, Bingley 68:14 (B. Padgett 26:12); 8, Sheffield 68:20 (J. Davidson 26:27); 9, Bolton 68:21 (S. Kenyon 25:19); 10, Derby 68:30 (C. Woodhouse 26:39); 11, Portsmouth 68:36 (A. Cass 26:41); 12, Birchfield 68:42 (M. Phillips 27:28); 13, Leicester 68:46 (J. Offord 27:46); 14, Hercules W 68:47 (R. Holt 25:57); 15, Small Heath 68:49 (D. Black 25:26); 16, SLH 68:51 (R. Gevers 26:04); 17, Salford 68:55 (S. Clegg 28:01); 18, Blackheath 69:03 (I. Wilson 28:01); 19, C&C 69:12 (B. Kennelly 26:58); 20, W&B 69:19 (T. Colton 26:47); 21, TVH 26:59 (M. Puddifoot 26:59); 22, Sale 69:24 (S. Edmunds 27:19); 23, Invicta 69:41 (M. Knapp 27:45); 24, Morpeth 69:42 (D. Camp 27:34); 25, Westbury 69:44 (D. Francis 27:11); 26, Bristol 70:09 (A. Lunnon 27:56); 27, S&E 73:22 (P. Griffey 30:34) ... S. Irvine (Gateshead) dnf.

STAGE 4

Highlight was Ray Smedley's 13:54, a time previously bettered only by Brendan Foster and Nigel Gates. He gained eight places for Birchfield in the process.

1, Tipton 1:21:49 (J. Wright 14:49); 2, Liverpool 1:22:11 (A. Gerrard 14:56); 3, Coventry 1:22:32 (P. Miller 14:37); 4, Birchfield 1:22:36 (R. Smedley 13:54); 5, AF&D 1:22:38 (P. Stamp 14:40); 6, Cardiff 1:22:43 (B. Griffiths 15:26); 7, Sheffield 1:23:05 (N. Duggan 14:45); 8, A&SV 1:23:11 (A. Brierley 15:59); 9, Salford 1:23:39 (P. Morris 14:44); 10, Bingley 1:23:41 (J. Verity 15:27); 11, W&B 1:23:51 (M. Cadwallader 14:32); 12, Bolton 1:23:55 (E. Ranicar 15:34); 13, SLH 1:24:01 (P. Williams 15:10); 14, Leicester 1:24:02 (G. Burdett 15:16); 15, Small Heath 1:24:03 (R. Calvert 15:14); 16, Derby 1:24:04 (A. Walsh 15:34); 17, Invicta 1:24:16 (R. Newble 14:35); 18, TVH 1:24:23 (P. Oppe 15:00); 19, Blackheath 1:24:34 (I. Young 15:31); 20, Hercules W 1:24:41 (D. Smallbone 15:54); 21, Sale 1:24:47 (P. Gaytor 15:23); 22, Portsmouth 1:24:50 (G. Russell 16:14); 23, C&C 1:25:03 (D. McArthur 15:51); 24, Bristol 1:25:09 (G. Davis 15:00); 25, Morpeth 1:25:18 (R. Marshall 15:36); 26, Westbury 1:25:47 (T. Matthews 16:03); 27, S&E 1:28:58 (A. Shrimpton 15:36) ... B. Baggeley (Gateshead) 15:04.

STAGE 5

Tipton's international steeplechaser Peter Griffiths was overtaken by Alwyn Dewhirst (ASV) and Peter Banks (Coventry). Fastest official time for the leg was 25:41 by Portsmouth's very promising Kevin Tesh (20), although Gateshead's Charlie Spedding went round in 25:38. Good running too by Mike Freary (Bolton) with 26:19 ... he'll turn 40 in July.

1, A&SV 1:48:58 (A. Dewhirst 25:47); 2, Coventry 1:49:02 (P. Banks 26:30); 3, Tipton 1:49:08 (P. Griffiths 27:19); 4, Sheffield 1:49:36 (R. Bailey 26:31); 5, W&B 1:49:43 (T. Wright 25:52); 6, Birchfield 1:49:50 (D. Ellis 27:14); 7, Liverpool 1:50:04 (A. Farrell 27:53); 8, AF&D 1:50:06 (S. Barnshaw 27:28); 9, Bingley 1:50:12 (D. Slater 26:31); 10, Bolton 1:50:14 (M. Freary 26:19); 11, Portsmouth 1:50:31 (K. Tesh 25:41); 12, Invicta 1:50:37 (N. Brawn 26:21); 13, Sale 1:50:45 (L. Reilly 25:58); 14, Salford 1:50:52 (C. Leigh 27:13); 15, TVH 1:51:01 (C. Thomas 26:38); 16, Cardiff 1:51:08 (D. Walsh 28:25); 17, C&C 1:51:30 (Grah Tuck 26:27); 18, Derby 1:51:42 (T. Kiltie 27:38); 19, SLH 1:51:48 (I. Cotton 27:47); 20, Leicester 1:51:50 (M. Knowles 27:48); 21, Morpeth 1:52:25 (A. Catley 27:07); 22, Blackheath 1:52:37 (R. Athawes 28:03); 23, Westbury 1:52:43 (R. Cornish 26:56); 24, Bristol 1:53:16 (P. Craig 28:07); 25, Small Heath 1:53:22 (J. Wilkins 29:19); 26, Hercules W 1:53:25 (C. Moulton 28:44); 27, S&E 1:57:52 (F. Pidgeon 28:54) ... C. Spedding (Gateshead) 25:38.

STAGE 6

Airedale (Alwyn Parkinson) retained the lead, with Sheffield moving through to second thanks to Ken Newton's 14:02 for 4th place on the short leg all-time list.

1, A&SV 2:03:22 (A. Parkinson 14:24); 2, Sheffield 2:03:38 (K. Newton 14:02); 3, Tipton 2:03:58 (P. Venmore 14:50); 4, Coventry 2:04:02 (D. Dix 15:00); 5, W&B 2:04:29 (J. Eley 14:46); 6, Birchfield 2:04:30 (J. Potts 14:40); 7, AF&D 2:05:03 (D. Ives 14:57); 8, Liverpool 2:05:16 (M. McCallister 15:12); 9, Bolton 2:05:22 (C. Nash 15:08); 10, Salford 2:05:27 (S. Sladen 14:33); 11, Bingley 2:05:37 (T. Lonergan 15:25); 12, Portsmouth 2:05:58 (G. North 15:27); 13, TVH 2:06:12 (D. Patterson 15:11); 14, Invicta 2:06:13 (J. Wilkins 15:36); 15, Sale 2:06:33 (S. Hughes 15:48); 16, Cardiff 2:06:42 (A. Cummings 15:34); 17, Leicester 2:06:42 (W. Dewis 14:52); 18, C&C 2:06:45 (A. Boast 15:15); 19, SLH 2:06:52 (A. Evans 15:04); 20, Derby 2:07:15 (J. Ray 15:33); 21, Bristol 2:07:45 (C. Ridler 14:29); 22, Blackheath 2:07:48 (J. Spooner 15:11); 23, Morpeth 2:07:52 (M. Goddard 15:27); 24, Westbury 2:08:16 (C. Street 15:33); 25, Small Heath 2:08:51 (P. Flynn 15:29); 26, Hercules W 2:09:28 (S. Webb 16:03); 27, S&E 2:13:57 (P. O'Malley 16:05) ... B. Leddicot (Gateshead) 14:44.

STAGE 7

Steve Emson took Tipton into a lead they were never to lose, but he had only 7 sec to spare over Bernie Ford (AFD) who passed five men during his run of 24:46, just one second outside his best time for the 5M 900y leg. Commonwealth silver medallist John Davies carried TVH from 13th to 8th with a blinder timed at 25:18 (that's worth close to 28:30 for 10,000) which suggests some great steeplechasing to come this summer. Nicky Lees (20) picked up seven places for Derby with 25:42.

1, Tipton 2:29:42 (S. Emson 25:44); 2, AF&D 2:29:49 (B. Ford 24:46); 3, Sheffield 2:30:44 (P. Rawnsley 27:06); 4, A&SV 2:30:46 (R. Belk 27:24); 5, Coventry 2:30:56 (D. Driver 26:52); 6, W&B 2:30:58 (T. Blackwell 26:29); 7, Liverpool 2:30:59 (G. Smith 25:43); 8, TVH 2:31:30 (J. Davies 25:18); 9, Birchfield 2:31:40 (M. Pickering 27:10); 10, Bolton 2:32:10 (K. Darlow 26:48); 11, Bingley 2:32:21 (S. Binns 26:44); 12, Cardiff 2:32:49 (D. Fowles 26:07); 13, Derby 2:32:57 (N. Lees 25:42); 14, C&C 2:33:05 (Gren Tuck 26:20); 15, Salford 2:33:37 (S. Bullen 28:10); 16, Invicta 2:33:38 (J. Wigley 27:27); 17, Sale 2:33:53 (K. Breeze 27:20); 18, Portsmouth 2:34:46 (A. Hind 28:48); 19, Morpeth 2:35:00 (J. Alder 27:08); 20, Leicester 2:35:06 (P. Spare 28:24); 21, Westbury 2:35:22 (M. Cowman 27:06); 22, SLH 2:35:29 (M. Long 28:37); 23, Bristol 2:36:02 (H. Clayton 28:17); 24, Small Heath 2:37:08 (M. Rogers 28:17); 25, Blackheath 2:37:35 (F. O'Gorman 29:47); 26, Hercules W 2:38:21 (D. Beard 28:53); 27, S&E 2:41:45 (I. Burgess 27:48) . . . J. Myatt (Gateshead) 26:58.

STAGE 8

Brian Cole added 16 sec to Tipton's lead over Aldershot.

1, Tipton 2:44:23 (B. Cole 14:41); 2, AF&D 2:44:46 (J. Peel 14:57); 3, Sheffield 2:45:38 (J. Boulter 14:54); 4, Liverpool 2:45:43 (S. Butler 14:44); 5, Coventry 2:45:46 (N. Cowie 14:52); 6, W&B 2:45:50 (D. Messum 14:52); 7, TVH 2:46:07 (J. McNamara 14:37); 8, Birchfield 2:46:12 (B. Partridge 14:32); 9, A&SV 2:46:42 (C. Miller 15:56); 10, Bolton 2:47:34 (D. Cartridge 15:24); 11, Bingley 2:48:16 (R. Wayne 15:55); 12, Cardiff 2:48:18 (R. Yarrow 15:29); 13, C&C 2:48:19 (A. Law 15:14); 14, Derby 2:48:30 (T. Gardner 15:33); 15, Salford 2:48:52 (P. Roberts 15:15); 16, Invicta 2:49:01 (J. Simmons 15:23); 17, Sale 2:49:21 (R. Holmes 15:28); 18, Portsmouth 2:50:04 (S. Galloway 15:18); 19, Leicester 2:50:05 (J. Masterson 14:59); 20, Morpeth 2:50:34 (M. Harris 15:34); 21, Westbury 2:50:48 (N. Osborne 15:26); 22, SLH 2:50:51 (I. Lymath 15:22); 23, Bristol 2:51:42 (J. Sharp 15:40); 24, Small Heath 2:52:57 (B. Atkins 15:49); 25, Blackheath 2:53:07 (A. Frankish 15:32); 26, Hercules W 2:54:39 (G. Sivell 16:18); 27, S&E 2:57:24 (M. Woodford 16:39) . . . J. Trainor (Gateshead) 14:40.

STAGE 9

Ian Stewart sewed the event up for Tipton with his magnificent run, in chilly weather, of 24:38 — which only Brendan Foster (24:28) has ever bettered on this course. Foster himself, running some nine minutes in arrears of Stewart, clocked an equally satisfactory 24:42. Both men obviously have wintered well and are set for further track exploits. Foster, aiming for both the Commonwealth and European, will make the AAA 10,000 (June 23rd) his first important race although he may fit in a 5000 earlier; as for Stewart (who is now being advised by Harry Wilson), it was confirmed that he will not be running in Edmonton — he will aim solely for the 10,000 in Prague, particularly as it is probable that heats will be required.

1, Tipton 3:09:01 (I. Stewart 24:38); 2, AF&D 3:11:31 (R. Lunnon 26:45); 3, Sheffield 3:11:51 (N. Sloane 26:13); 4, Liverpool 3:12:14 (F. Davies 26:31); 5, Coventry 3:12:28 (C. Brown 26:42); 6, TVH 3:12:44 (G. Dugdale 26:37); 7, W&B 3:12:51 (J. Whewy 27:01); 8, A&SV 3:13:00 (R. May 26:18); 9, Birchfield 3:13:26 (M. Bardsley 27:14); 10, C&C 3:13:59 (K. Steere 25:40); 11, Cardiff 3:14:59 (D. James 26:41); 12, Bolton 3:15:12 (M. Wakefield 27:38); 13, Derby 3:15:34 (A. Domleo 27:04); 14, Salford 3:16:11 (P. Blakeney 27:19); 15, Bingley 3:16:43 (J. Waterhouse 28:27); 16, Invicta 3:16:53 (I. MacMillan 27:52); 17, Sale 3:17:08 (B. Goulden 27:47); 18, Portsmouth 3:17:23 (S. Speller 27:19); 19, Morpeth 3:18:10 (R. Dunn 27:36); 20, Leicester 3:18:25 (J. Alcock 28:20); 21, Westbury 3:19:19 (C. Ridley 28:31); 22, SLH 3:19:21 (T. Roden 28:30); 23, Bristol 3:20:53 (M. Ede 29:11); 24, Small Heath 3:21:36 (J. Rowe 28:39); 25, Blackheath 3:21:54 (R. Cliff 28:47); 26, Hercules W 3:23:04 (S. Graham 28:25); 27, S&E 3:34:59 (C. Bunyan 27:35) . . . B. Foster (Gateshead) 24:42.

STAGE 10

Tipton's lead, already 2½ minutes, was lengthened to over 3 minutes by Tony Milovsarov (19) who contributed a splendid 14:09.

1, Tipton 3:23:10 (A. Milovsarov 14:09); 2, AFD 3:26:20 (T. Egan 14:49); 3, Sheffield 3:26:44 (P. Shaw 14:53); 4, Liverpool 3:27:00 (P. Carey 14:46); 5, TVH 3:27:23 (J. Sheridan 14:39); 6, W&B 3:27:27 (K. Scott 14:36); 7, Coventry 3:27:29 (D. Smith 15:01); 8, ASV 3:28:00 (K. Bell 15:00); 9, C&C 3:28:48 (J. Jenkins 14:49); 10, Birchfield 3:28:52 (R. Davies 15:26); 11, Bolton 3:30:34 (S. Caldwell 15:22); 12, Derby 3:31:21 (C. Robinson 15:47); 13, Cardiff 3:31:25 (J. Alder 16:26); 14, Salford 3:31:34 (M. Sinkinson 15:23); 15, Sale 3:32:23 (M. Lavelle 15:15); 16, Bingley 3:32:26 (C. Moore 15:43); 17, Portsmouth 3:32:45 (J. Clow 15:22); 18, Invicta 3:33:01 (J. Anderson 16:08); 19, Leicester 3:33:54 (R. Wilson 15:29); 20, Morpeth 3:33:50 (N. Common 15:49); 21,

Westbury 3:34:46 (G. Blackburn 15:27); 22, SLH 3:35:09 (R. O'Mahoney 15:48); 23, Bristol 3:36:25 (M. Harris 15:32); 24, Small Heath 3:37:43 (C. Lees 16:07); 25, Blackheath 3:47:52 (T. Souter 15:08); 26, Hercules W 3:39:54 (D. Williams 16:50); 27, S&E 3:40:36 (J. Barnett 15:37) . . . A. Martin (Gateshead) 15:06.

STAGE 11

Former UK 1500 record holder Mike Kearns added another half minute to Tipton's advantage over Aldershot. Sheffield remained third, but Ian Gilmour put Wolves in contention for medals. Fastest time went to non-scoring Dennis Coates.

1, Tipton 3:49:12 (M. Kearns 26:02); 2, AFD 3:52:52 (R. Hackney 26:32); 3, Sheffield 3:53:19 (W. Domoney 26:35); 4, W&B 3:53:32 (I. Gilmour 26:05); 5, Coventry 3:54:22 (E. Kelly 26:53); 6, TVH 3:54:41 (B. Standen 27:18); 7, ASV 3:54:51 (P. Bennett 26:51); 8, Liverpool 3:55:00 (J. Moore 28:00); 9, Birchfield 3:55:42 (R. Tilling 26:50); 10, C&C 3:56:27 (P. Churchward 27:39); 11, Bolton 3:58:14 (N. Ward 27:40); 12, Derby 3:58:39 (A. Kean 27:18); 13, Cardiff 3:59:22 (J. Bartley 27:57); 14, Salford 3:59:53 (G. Claff 27:59); 15, Sale 4:00:09 (A. Darby 26:46); 16, Bingley 4:00:14 (J. Penrose 27:48); 17, Portsmouth 4:00:35 (P. Corney 27:50); 18, Invicta 4:02:02 (S. Mummery 29:01); 19, Leicester 4:02:25 (H. Pymm 28:31); 20, Morpeth 4:02:28 (P. Bentley 28:29); 21, SLH 4:02:55 (W. Upcott 27:46); 22, Westbury 4:03:46 (R. Brownsey 29:00); 23, Bristol 4:04:34 (D. Sherman 28:09); 24, Small Heath 4:05:36 (T. O'Reilly 27:53); 25, Blackheath 4:06:59 (A. Edwards 29:07); 26, S&E 4:08:25 (S. Colledge 27:49); 27, Hercules W 4:09:43 (S. Littlewood 29:49) . . . D. Coates (Gateshead) 26:00.

STAGE 12

Doug Fownes ran the 'glory leg' for Tipton, widening the gap over Aldershot to four minutes all bar one second, while Trevor Jefferies of W&B overtook Sheffield for third place. Last year Wolves finished 17th! Tipton's final time of 4:03:49 removed 25 sec from Gateshead's 1976 record.

1, Tipton 4:03:49 (D. Fownes 14:37); 2, Aldershot F&D 4:07:48 (M. Barton 14:56); 3, Wolverhampton & B 4:08:01 (T. Jefferies 14:29); 4, Sheffield 4:08:11 (G. Tebbutt 14:52); 5, Airedale & SV 4:09:27 (D. Mayho 14:36); 6, Thames Valley 4:09:37 (H. Falero 14:56); 7, Coventry G 4:10:00 (M. Thorpe 15:38); 8, Liverpool 4:10:52 (P. Waddington 15:52); 9, Birchfield 4:11:06 (R. Panter 15:24); 10, Cambridge & C 4:12:15 (D. Dubass 15:48); 11, Bolton 4:13:00 (K. Mayor 14:46); 12, Derby 4:14:41 (P. Wheatley 16:01); 13, Cardiff 4:15:26 (P. Darney 16:04); 14, Sale 4:15:31 (D. Farmer 15:22); 15, Salford 4:15:56 (A. Walsham 16:23); 16, Bingley 4:15:59 (P. Baxter 15:45); 17, Portsmouth 4:16:22 (G. Gough 15:47); 18,

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Leicester C 4:17:46 (J. Kemp 15:21); 19, Invicta 4:18:00 (L. Danks 15:58); 20, South London 4:18:22 (M. Newport 15:27); 21, Morpeth 4:18:41 (S. Beattie 16:13); 22, Westbury 4:19:47 (B. Valentine 16:01); 23, Bristol 4:21:08 (R. McDonald 16:34); 24, Small Heath 4:22:23 (R. Froggatt 16:47); 25, Blackheath 4:23:17 (P. Horwood 16:18); 26, Southampton & E 4:24:06 (M. Price 15:41); 27, Hercules W 4:26:33 (J. Robbins 16:50) . . . A. Amos (Gateshead) 14:38.

Fastest Stage Times: (Long) Stewart 24:38, Foster 24:42, Ford 24:46, J. Davies 25:18, Kenyon 25:19, Black 25:26, Woods 25:33, Slocombe 25:34, Spedding 25:38, Steere 25:40, Tesh 25:41, Lees 25:42, G. Smith 25:43, Emson 25:44, Dewhurst 25:47, T. Wright 25:52, Coles 25:55, Mills & R. Holt 25:57, Reilly 25:58, Adams 25:59, Curran & Coates 26:00. **(Short)** Smedley 13:54, Newton 14:02, Milovsorov 14:09, Parkinson 14:24, Lavelle 14:26, Coleby, Ridler & Jefferies 14:29.

UK RESULTS ROUND-UP

15.4. Cophthall. Women's 800: P. Newnham 2:06.3. **22.4. Leicester.** Women's 200: S. Lannaman 24.1; 1500/400H: J. Colebrook 4:24.8/61.9. **23.4. Stretford.** Women's 800: A. Creamer 2:05.5. **24.4. Crystal Palace.** 100: E. Obeng 10.4; 400: S. Coe 48.0 (pb) (& 47.3 relay); SP/DT: M. Winch 17.69/54.30. **29.4. Windsor.** PV: J. Gutteridge 5.20 (EQS). **29.4. Pomona, Cal.** Women's 100H: L. Boothe 13.31 (EQS). **29.4. Ewell.** 40M track: C. Woodward 3:53.17. **30.4. Parliament Hill.** Women's 3000: J. Smith 9:11.2 (EQS), P. Fudge 9:14.6 (EQS). **30.4. Birmingham.** Women's Pent: R. Howell 4005 (6.33 LJ). **30.4. Coatbridge.** Women's 400: E. Sutherland 54.6, K. Williams 54.8; SP/DT: M. Ritchie 15.46/56.34.

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at 7.15p.m.



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Irena Szewinska	Poland	Olympic Champion
Tadeusz Slusarski	Poland	Olympic Champion

Steve Ovett	Sonia Lannaman
Sebastian Coe	Geoff Capes
Tessa Sanderson	Nick Rose
Dave Moorcroft	Dave Jenkins
Henry Rono	Wilson Waigwa
Samson Kimwomba	World Record Holder 10,000 meters

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Please state number of seats required			

ROAD RACE RESULTS from page 18

CANTERBURY '6'

April 8th

1, N. Brawn (Invicta) 28:01
 2, M. Gratton (Brighton & Hove) 28:17
 3, P. Varney (Invicta) 28:51
 4, I. Macmillan (Inv) 29:25; 5, E. Pepper (B' hth) 29:48; 6, B. Buonavino (Kent) 30:08; 7, V. Smith (Med) 30:16; 8, A. Barber (VPH) 30:20; 9, R. Clark (E. Reed) 30:32; 10, J. Adams (Folk) 30:41; 11, D. Fairbrass (Kent) 30:55; 12, P. Shephard (B' hth) 31:05; 13, R. Dixon (Med) 31:08; 14, D. Bell (Folk) 31:10; 15, S. Russell (Med) 31:22; 16, T. Soutar (B' hth) 31:25; 17, K. Lowe (VPH) 31:37; 18, D. Hiller (Med) 31:38; 19, J. Anstey (VPH) 31:40; 20, K. Daniel (Kent) 31:41. **Teams:** 1, Invicta 29; 2, Medway 53; 3, Blackheath 58; 4, VPH 78; 5, Elliott Reed 82; 6, Folkestone 122. **(Juniors):** 1, G. Wightman (Dart) 17:05; 2, N. Howlett (Inv) 18:00; 3, A. James (Folk) 18:04; 4, G. Wheeler (E. Kent) 18:13; 5, K. Hayes (E. Reed) 18:22; 6, J. Andrews (Folk) 18:42; 7, D. Bean (Folk) 18:54; 8, N. Maytum (E. Reed) 19:03; 9, G. Saker (E. Reed) 19:18; 10, M. Laight (Inv) 19:22. **Teams:** 1, Folkestone 16; 2, Elliott Reed 22; 3, Invicta 24.

WOODFORD GREEN AC ROAD RACES

At Eastway Circuit, April 9th

Senior 4 Miles

1, K. Penny (Cambridge H) 18:01

2, S. Kenyon (Bolton United) 18:03
 3, A. Catton (Ilford) 18:29
 4, P. Norell (H&S) 18:44; 5, P. Betteridge (Hav) 18:46; 6, S. Barr (Unatt) 18:48; 7, C. Mossom (H&S) 18:54; 8, K. Clifford (C&C) 18:57; 9, J. Willoughby (Chelm) 19:01; 10, D. Austin (Inv) 19:11; 11, D. Coates (Ilf) 19:14; 12, G. Pringuer (H&S) 19:18; 13, D. Singleton (Bolt) 19:19; 14, A. Ross (Ver) 19:20; 15, J. McNamara (TVH) 19:22; 16, L. Gough (Thurr) 19:23; 17, M. Wakefield (Bolt) 19:29; 18, P. Cheate (Ex B) 19:30; 19, K. Hutchins (Met P) 19:33; 20, M. Fletcher (Chelm) 19:34; 21, M. Rimmer (Bolt-J) 19:39; 22, R. Thurston (Hav) 19:43; 23, M. Risell (H&S) 19:44; 24, P. Gronland (W Gn) 19:45; 25, D. Hall (Ver) 19:51; 26, J. Birtton (Ver) 19:52; 27, W. Fothergill (Ilf) 19:56; 28, C. Reed (W Gn) 19:59; 29, K. Dumbleton (Ver) 20:01; 30, K. Bell (Wyc) 20:02; 31, C. Nash (Bolt) 20:04; 32, H. Anderson (Ilf) 20:04; 33, D. Cartridge (Bolt-J) 20:04; 34, D. Sutton (Ver) 20:06; 35, M. Burvill (W Gn) 20:08; 36, B. Diss (Hav) 20:10; 37, G. Thomas (Lut) 20:11; 38, M. Emms (W Gn) 20:14; 39, D. Horton (Har) 20:19; 40, S. Greenhalgh (Bolt-J) 20:20. **Teams:** 1, Haringey 46; 2, Bolton 53; 3, Ilford 73; 4, Verlea 103; 5, Woodford Green 125; 6, Havering 128.

Veterans 3 Miles

1, N. Fisher (Har) 14:37; 2, R. Campbell (Ex B) 14:44; 3, R. Pannell (Bris) 15:00; 4, M.

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YEOVIL OLYMPIADS A.C.

Spring Bank Holiday Games

MONDAY, MAY 29th, 12.00 p.m.

(Under AAA, WAAA & RWA Laws)

At Yeovil Recreation Centre,
 Chilton Grove, Mudford Road

Commemorative Badges, sponsored by the Yeovil
 District Council to all athletes

TRACK EVENTS: 100m, 200m and 4 x 100m (M, Y, B, L, JL); 400m (M, Y, B, L); 800m (M, Y, L, JL); 1500m (M, B, L); 110m Hurdles (M); 100m Hurdles (L); 400m Hurdles (M, Y, L); 3000m Road Walk (M, Y, B). A and B events at the organisers discretion.

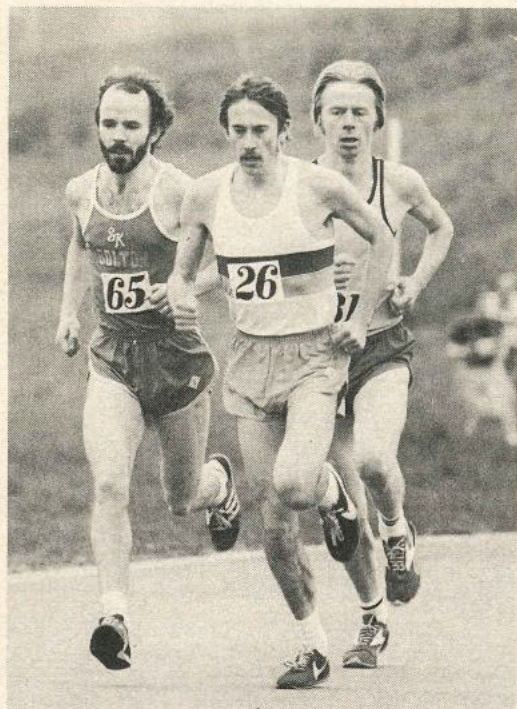
FIELD EVENTS: PV (M,Y,B); HJ (M,Y,B,L,JL); LJ (M,B,L,JL); TJ (M,Y,B); Jav (M,Y,L,JL); Shot (M,Y,B,L,JL); Discus (M,Y,B,L); Hammer (M,Y).

Entries to A. Middleton, 13 Asney Road, Walton, STREET, Somerset. Individuals 20p per event, Relays 25p per Team.

ENTRIES CLOSE MONDAY, MAY 29th

ALSO — THE YEOVIL '10' sponsored by Wexen Industries and incorporating the Somerset AAA 10 Mile Championship. Starts 15.00. Entries 30p to A. Middleton, as above.

NOTE: YEOVIL MINORS MEETING — U/13, U/12, U/11. Saturday, 24th June at 12.00. Details (SAE) from Mrs P. A. Whistcroft, 89 Eliots Drive, Yeovil.



Andy Catton (26), who finished third, leads from Steve Kenyon (65) — who was second — and winner Keith Penny in the Woodford Green road race.

Mike Street

Clayton (Bris) 15:07; 5, M. Barratt (E&S) 15:14; 6, L. Parrott (Hav) 15:18; 7, J. Oliver (Kt) 15:20; 8, D. Evans (Camb H) 15:21; 9, D. Case (E&S) 15:26; 10, P. Freeman (E&S) 15:30; 11, T. Hoyles (Hav) 15:31; 12, G. Martin (Camb H) 15:37; 13, J. Heywood (HHH) 15:47; 14, A. Kimber (Dart) 15:49; 15, A. Lovett (Ilf) 15:53; 16, D. Dellar (Camb H) 15:55; 17, J. Porter (Mit) 15:56; 18, A. Quick (Wat) 15:57; 19, R. Budd (Hav) 15:58; 20, T. Everitt (Eton M) 15:59. **Teams:** 1, Ealing & S 24; 2, Cambridge H 36; 3, Havering 36; 4, Bristol 48; 5, Ilford 62; 6, Watford 78.

Senior/Women 3 Miles

1, W. Smith (Felt) 15:16; 2, A. Ford (Felt) 15:29; 3, P. Fudge (Felt) 15:31; 4, B. Green (Felt) 15:45; 5, C. Gould (Barn) 15:52; 6, G. Penny (Camb H) 16:10; 7, T. Bateman (B'field) 16:26; 8, H. Fielon (Port) 16:54; 9, L. Watson (LOAC) 17:13; 10, J. Shepherd (Glas) 17:14; 11, C. Roy (Hill) 17:17; 12, R. Chettleburgh (Hav) 17:26; 13, A. Tamplin (Har) 17:32; 14, A. Burke (Gates) 17:51; 15, D. Parsons (Bolt) 18:02; 16, L. Mosen (Ux-I) 18:04; 17, L. Wojciechowska (LOAC) 18:08; 18, L. Billington (Felt) 18:16; 19, K. Goodley (Hav) 18:20; 20, J. Pershke (LOAC) 18:21. **Teams:** 1, Feltham 6; 2, LOAC 46; 3, Havering 57; 4, Ilford 66.

CAMBRIDGE & COLERIDGE '10'

At Cambridge, April 16th

1, A. Catton (Ilford) 47:38
2, R. Milne (Notts) 47:53
3, K. Clifford (Cambridge & Coleridge) ... 48:30
4, J. Wigley (Inv) 49:17; 5, E. Etchells (Ilf) 49:27;
6, B. Tate (Low) 49:43; 7, R. Campbell (Ex B—V) 49:48; 8, D. Gates (Ilf) 49:49; 9, M. Turner (Liv H) 49:50; 10, I. Barnard (Notts) 49:51; 11, L. Adams (Hill/BRCC) 49:56; 12, R. Church (Nene V) 50:30; 13, I. Cotton (SLH) 51:13; 14, A. Boast (C&C) 51:15; 15, M. Etchells (Ilf) 51:18; 16, T. Barnes (L Buzz) 51:22; 17, J. Arnold (L Buzz) 51:32; 18, M. Holt (Nene V) 51:40; 19, K. Davies (N Lon) 51:45; 20, P. Vaughan (N Lon) 51:52; 21, B. Kiernan (L Buzz) 52:05; 22, R. Butler (Nene V) 52:12; 23, D. Lockley (Lut) 52:16; 24, S. Faris (Norf) 52:19; 25, L. Parrott (Hav-V) 52:20; 26, J. Adlington (Notts-V) 52:21; 27, A. Jefferies (Aber) 52:23; 28, G. Astill (Notts) 52:24; 29, P. Martin (Lut) 52:26; 30, C. Bowman (Diss) 52:34. 154 finished.
Teams: 1, Ilford 14; 2, Notts 38; 3, C&C 48; 4, Nene Valley 52; 5, Leighton Buzzard 54; 6, Luton 87; 7, Lowestoft 93; 8, Ilford 'B' 133; 9, Havering 133; 10, C&C 'B' 167. **(Vets):** 1, Campbell; 2, Parrott, 3, Adlington. **(Cams Champs):** 1, Clifford; 2, Church; 3, Boast.

SPENBOROUGH '20'

At Cleckheaton, April 9th

1, M. Exton (Holbeach) 1:51:08
2, R. Brewitt (Holbeach) 1:51:30
3, D. Allen (Manchester) 1:51:51
4, B. Pickersgill (Holm) 1:54:21; 5, S. Beardsall (Holm) 1:57:18; 6, R. Hepworth (Long) 1:57:27; 7, E. Mackenzie (Barn) 1:57:38; 8, G. King (Long) 1:58:54; 9, D. Bennett (Barn) 2:02:26; 10, A. Pickles (Bing) 2:02:51; 11, J. Calderbank (O&R) 2:03:29; 12, I. Macpherson (Sale) 2:03:52; 13, J. Turner (Holm) 2:04:32; 14, J. Ashworth (Bing) 2:05:40; 15, P. Sharp (Bing) 2:05:52.
Teams: 1, Holbeach 21; 2, Holmfirth 22; 3, Longwood 35; 4, Barnsley 38; 5, Bingley 39; 6, Oldham & R 66.

UK RELAY LISTS Contd from page 10

Leamington; 56.3 Plymouath; 56.3 D. Hyman TC; 56.5 Radley L; 56.5 Livingstone & D.

4x200: 1:55.9 Paisley; 1:56.8 Livingstone & D; 1:57.2 Bristol; 1:58.4 Macclesfield; 1:59.0 Pitreavie; 1:59.0 E. Cheshire; 2:00.1 Liverpool H; 2:00.8 Pilkington; 2:01.7 Stoke; 2:01.9 Shettleston.

3x800: 7:50.6 Macclesfield; 7:54.3 Manchester AC; 7:55.6 Warrington; 8:00.7 Salford Met; 8:00.8 Altrincham & D; 8:05.2 Sutton H; 8:07.0 E. Cheshire; 8:08.2 Bristol.

4x800: 10:37.3 Bromsgrove & R; 10:59.6 Coventry G; 11:15.5 Sparkhill.

Overseas News and Results

ALL-STAR WOMEN'S MARATHON

Under the sponsorship of Avon Products Inc and the organisation of the Atlanta Track Club a quality women's marathon took place in Atlanta, Georgia, on March 19th. Officials from the IAAF and the AAU were invited in order to provide sanction for the race in an effort to move towards establishing the women's marathon as an Olympic event. Avon invited the top women marathoners in the world, all of whom had run under 2:50. Of the top ten for 1977 listed in 'AW' (January 14th 1978) seven were able to accept and run. The field was filled out with runners from all over the States, both quality runners and novices.

The winner was Martha Cooksey (23), who came at her own expense from California, in a time of 2:46:16. Due to the hills and sun the predicted world record was out. At the 8M point Gayle Barron (US) took the lead, then at 10M Gillian File (NZ) took over until the half way point when Julie Brown (US) caught her. Brown covered the 10 to 15M stretch at 6:09 per mile pace and built up a 90y lead. The long hill at 22M took its toll on Brown and by 24M she had been caught by Cooksey who then pulled away to win with Brown dropping from exhaustion. The other

big names to suffer from the heat (75°F) and hills were Merritt, Gorman and Hansen, who all dropped out. Of the 193 starters, 136 finished.

Gillian W. Valk

1, Cooksey 2:46:16; 2, Monspart (Hun) 2:51:40; 3, Angenvoorth (Ger) 2:51:53; 4, Dalrymple 2:52:10; 5, Barron 2:53:05; 6, Pedrinan 2:53:11; 7, File (NZ) 2:56:07; 8, Anderson 2:56:18; 9, Bevans 2:58:26; 10, Winter (Ger) 2:59:42; 11, Shingles (NZ) 3:00:35 . . . 14, Mendonca (Brazil) 3:02:45.

OTHER USA RESULTS

1.4. Westwood. 200: Edwards 20.5; 1500: 2, BARRY WILLIAMS 3:49.3; 110H: Owens 13.70w; 400H: Graybehl 50.6; PV: Tully 5.50 (good attempt at world record 5.71); LJ: Lofton 7.87w (& 45.2 440y relay leg). **1.4. Long Beach.** TJ: Livers 16.65w. **1.4. Charlottesville.** HJ: Melly 2.21. **1.4. Columbia.** 800: Flynn (RoI) 1:50.8.

1.4. Columbia. 200: 2, Lomotey (Gha) 20.8w; HJ: Woodard 2.24. **1.4. Tallahassee.** 400: Jennings 45.5; 400H: Otono (Nig) 50.3. **1.4. Baton Rouge.** 400H: Walker 49.73, Barriffe (Jam) 51:19. **1.4. Champaign.** LJ: Ehizuelen (Nig) 8.04w. **1.4. Fayetteville.** LJ: Agbebaku (Nig) 7.86. **1.4. Carbondale.** LJ: Rock (Can) 8.13w, Lorrway (Aus) 7.82w. **4.4. Jonesboro.** 400: 2, NICK BROOKS 48.7; 1500: 2, GUY DWELLEY 3:53.2.

8.4. Tuscaloosa. 800: BROOKS 1:52.6. **8.4. Annapolis.** 110H: Nehemiah 13.5. **8.4. Tempe.** Women's 100H/HJ/LJ: Oshikoya (Nig) 13.86/1.72/6.21. **8.4. San Jose.** PV: STEVE CHAPPELL 5.10; TJ: Livers 16.64w; SP/DT: Dolegiewicz (Can) 19.53/59.22. **8.4. Berkeley.** 5000: Rono (Ken) 13:08.4 (world rec), Kimeto (Ken) 13:58.0, Kimombwa (Ken) 14:03.0; TJ: Campbell (Aus) 16.66w (legal 16.45). **8.4. Eugene.** 1500: 3, BARRY WILLIAMS 3:46.7; PV: Tully 5.55 (close at world record 5.71). **8.4. Auburn.** 100/200: Glance 10.26/20.67. **8.4. Tallahassee.** 100/200: Roberson 10.0/20.5; DT: Cooper (Bah) 54.34; JT: Olsen (Can) 81.10. **8.4. Nashville.** Women's 100: Morehead 11.2; 200: Cheeseborough 23.3; 400 Blake (Jam) 53.6; DT: Haist (Can) 53.42; 4 x 100: Tennessee State 43.9. **8.4. Athens, Ohio.** 110H: Moses 13.97. **8.4. Champaign.** TJ: Ehizuelen (Nig) 16.27w. **8.4. Bloomington.** 400: Peters (Nig) 46.4; TJ: Lorrway (Aus) 16.37. **8.4. Seattle.** HT: Neilson (Can) 70.16; JT: Ewaliko 84.34. **8.4. San Luis Obispo.** 100/200/110H: Siai Siai (Nig) 10.2/20.9/14.0. **8.4. Santa Barbara.** 400H: King 50.1, Mills (NZ) 51.1. **8/9.4. Austin.** 100: Dickey 10.22, Collins 10.28; (B) R. Scott 10.22w, Woods

EAST HULL HARRIERS & A.C.

Present their Annual

AFOS 20 MILE ROAD RACE

(Under A.A.A. Laws)

Incorporating

Humberside County 20 Mile Championship
and Yorkshire County 20 Mile Championship

AT HULL ON SUNDAY, 28th MAY

Start 2.00 p.m.

£200 PRIZE LIST

Prizes: First 20 Individuals, first 3 Vets O/40, O/45, O/50., first Vet O/60. First 3 Teams, first Vets Team (3 to score).

Entries: 40p per Individual (no team fee) to Race Secretary Peter Dearing, 1 Collyns Close, Willerby, Hull, North Humberside HU10 6AS (Office Tel: 0482 25796).

Programme, detailed result sheet and time certificate sent to each entrant.

Generous sponsorship received from Afos Ltd., Heating Apparatus Manufacturers, Anlaby, Hull. Fast flat course — Overnight accommodation available.

Course record — 1:41:58 B. Plain Cardiff 1976.

ENTRIES CLOSE THURSDAY, 18th MAY

10.24, Strozier 10.26 (10.16w ht), Deal 10.30, Doty (Can) 10.33, D. Scott 10.38 (10.20w ht); 110H: R. Davenport 13.68w, Kimaiyo (Ken) 13.70; 400H: Kimaiyo 50.15; DT: Stadel 64.84, McGoldrick 64.26; (B) Walvik (Nor) 63.38, Gardenkrans (Swe) 61.48; 4 x 400: Texas Southern 3:05.3.

NEW ZEALAND

25.2. Auckland. 800: Norris 1:48.7; 110H: Pownall 14.1; DT: Tait 60:20; women's 1500: Wright 4:19.3. **3/4.3. Wellington.** (NZ Champs) 100/200: French 10.67/21.79; 400: McCallum 47:64; 800: Norris 1:48.7; 1500/5000: Dixon 3:41.7/13:57.6; 10,000: Thurlow 29:58.9; 3000SC: Robertson 8:36.9; 110H: Pownall 14:53; 400H: Weaver & Long 52:53; HJ: Lomax 1.99 (2.06 in junior event); LJ: Knaggs 7.14; TJ: Woods 15:78; SP: Smith 16.88; DT: Tait 56.40; HT: Cheater 59.82; JT: O'Rourke 74.70; women's 100: Robertson 11.62, Brown 11.65; 200: Robertson 23.66; 400: Hunt 54:05; 800: Healey 2:11.4; 1500: Wright 4:30.1; 3000: Thomson 9:20.1; 100H: Wootten 14:34; 400H: Green 60.40 (rec); HJ: Whimp 1.73; LJ: Hodgins 5.97; SP: Beable 14.65; DT: Val Young 43.36; JT: McGookin 46.30. **11.3. Auckland.** Women's 1500: Healey 4:17.2, Thomson 4:18.3. **11.3. Hastings.** NZ Marathon Champ: Ballinger 2:17:33, Manners 2:17:58, K. Ryan 2:19:04, Radcliffe 2:20:09 . . . 7, Foster 2:24:50. **18.3. Auckland.** 800: Norris 1:47.1; women's 3000: Thomson 9:07.4 (rec); LJ: Hodgins 6.29. **18/19.3. Dunedin.** Dec: Sadler 6820; women's Pent: Page 3817. **19.3. Dunedin.** 30km Walk trial: Parker 2:29:39, Seatter 2:31:09, Norman Read. **23.3. Hawkes Bay.** 400: J. O'Sullivan (Aus) 47.1; Mile: Dixon 4:02.9; women's 400: Nail (Aus) 53.5; 100H: Wootten 13.5.

The New Zealand team for Edmonton is: 100 — French; 200/400 — Smith; 800 — Walker, Norris; 1500 — Walker, Dixon; 5000 — Dixon, Quax; 10,000 — Quax, Thurlow; Mar — Ballinger, K. Ryan and one other (Manners or Foster); 3000SC — Robertson; 110H — Pownall; 400H — Mills; DT — Tait; JT — O'Rourke; Dec — Sadler; 30kmW — Parker, Seatter; Women's 100 — Brown, Robertson; 200 — Brown, Robertson, Hunt; 400 — Hunt; 800/1500 — Wright; 3000 — Thomson; 100H — Wootten; LJ — Hodgins; SP — Beable, Page; 4 x 100 — from Brown, Robertson, Hunt, Hodgins, Wootten.

JAPAN

18.3. Tokyo. (i) Women's HJ: Huntley (US) 1.86. **19.3. Nagoya.** (i) HJ: Fields (US) 2.25.

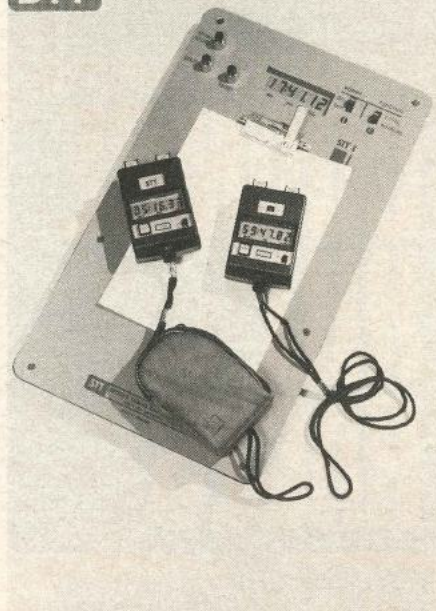
MARATHON SPECIAL!

Next Week's issue will feature detailed coverage of the Sandbach race (including the complete results) . . . and an interview with the current 'king of the road', Bill Rodgers (USA).

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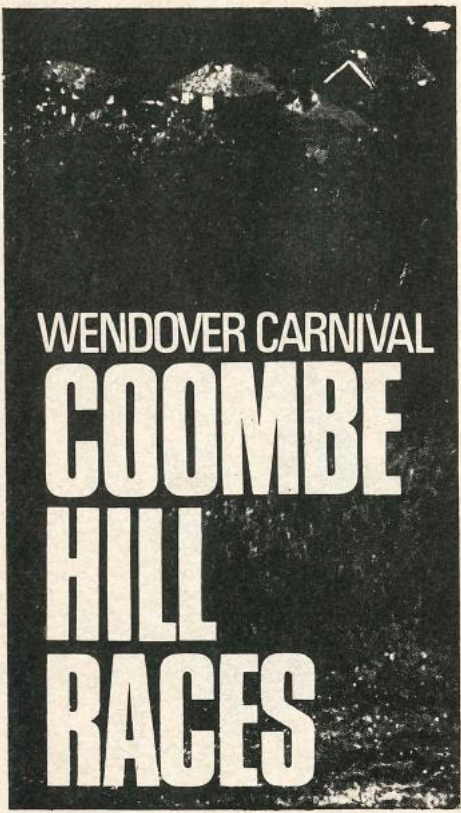
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WENDOVER CARNIVAL COOMBE HILL RACES

10th JUNE 1978

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Cups and prizes for individual/team winners and runners up.
(Under AAA Laws)

Open race — 3¼ Miles 11.00 a.m.

Entries (30p) to: The Manager, National Westminster Bank Ltd., 26 High St., Wendoover, Bucks HP22 6EA.

Entries Close: 3rd June, 1977.

All entries will be acknowledged giving details.

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WELSH NEWS

by Clive Williams

Steve Jones Untroubled

JUST two days after his excellent 11th place in the IAAF CC Championships, Steve Jones simply played with the field in the annual Easter Monday Pencoed 4 Miles event for 5 of the 6 laps, before taking off on the last lap to win by just over seven seconds from Dave Hopkins.

Malcolm James, holder of the UK age 14 best for 400m at 50.3, and Diane Thorne, who clocked 12.0 for 100m on the track last season, were the only record beaters. James clipped 0.3 off the boys' 100y record in clocking 10.3 while Diane bettered her own record by 0.1 in taking the intermediate 100y in 11.3. As usual these Pencoed road events produced a large entry, due no doubt to the large prize list.

1, S. Jones (Swindon/RAF) 19:04
2, D. Hopkins (Newport) 19:11
3, D. James (Cardiff) 19:22
4, A. Cole (Swan) 19:27; 5, M. Firth (Man) 19:29; 6, J. Robertshaw (New) 19:36; 7, R. Maule (Cov) 19:40; 8, J. Theophilus (Swan) 19:46; 9, M. Lane (Cwm) 19:48; 10, M. Coram (West) 19:49; 11, D. Lavelle (Cov) 19:54; 12, M. Crowell (Brid) 19:59; 13, D. Cowles (West) 20:21; 14, J. Bartley (Card) 20:25; 15, M. McGeoch (Barry) 20:43; 16, D. Flynn (Swan) 20:44; 17, L. Hughes (B&P) 20:48; 18, B. Griffiths (Card) 20:53; 19, M. Armstrong (New) 20:55; 20, D. Walsh (Card) 21:03. 65 finished. **Teams:** 1, Newport 51; 2, Cardiff 55; 3, Swansea 58; 4, Coventry G 65; 5, Bridgend YMCA 109; 6, Bath & Percy 115. **(100y):** 1, D. Morgan (Aber) 10.2; 2, N. Jackson (W&B) 10.3. **(Junior Men) 100y:** R. Davies (Aber) 10.5. **(Youths) 100y:** J. Williams (Rhon) 10.8. **(Boys) Mile:** 1, M. Webburn (Swan) 4:38.5; 2, M. Bounds (Fern) 4:46.6. **100y:** 1, M. James (Card) 10.3; 2, M. Summerfield (W&B) 10.6; 3, N. Hinwood (Card) 10.6. **(Colts) Mile:** S. Rose (B&P) 4:51.6. **100y:** M. Nugent (Barry) 12.0. **(Senior Women) Mile:** 1, K. Lock (Card) 5:08.4; 2, A. Hartley (Barry) 5:10.2; 3, A. Disley (New) 5:15.0; 4, C. Morgan (Cled) 5:18.0; 5, A. Notman (Card) 5:28.4; 6, A. James (A&SV) 5:32.2. **100y:** 1, C. Smart (Barry) 11.2; 2, G. Spurgin (W&B) 11.3. **(Inters) Mile:** 1, D. Rees (Carm) 5:38.5; 2, L. Jones (KH VIII) 5:41.0; 3, C. Francis (KH VIII) 5:43.0. **100y:** D. Thorne (Carm) 11.3. **(Juniors) Mile:** 1, B. Thomas (Brid) 5:48.8; 2, D. Ingram (W&B) 5:48.8; 3, S. Egan (KH VIII) 5:54.9. **100y:** J. Lennard (Swan) 12.5. **(Girls) Mile:** 1, J. Dixon (Blay) 6:04; 2, L. Ingram (W&B) 6:08; 3, J. Thomas (Card) 6:12. **100y:** C. Summerfield (W&B) 12.4.

Cardiff Regain Title

Bernard Hayward, the former Welsh steeplechase record holder with 8:36.2, showed his hand for the first time in 1978 with a morale boosting run in the Welsh Road Relay Championship in Cardiff on April 2nd. He has been plagued with injury over the past three years, and his 24:03 clocking on the second stage set up Cardiff's victory after Dennis Fowles had clocked a scintillating first leg of 16:16, which turned out to be the fastest short leg of the day by a staggering 58 sec, was just the tonic he needed to put him in the right frame of mind in his attempt to equal the small number of Welsh athletes who have competed in three Games.

Cardiff were never troubled in this eleventh running of the Championship, and after the fine early runs of Fowles and Hayward, Dave Walsh, Paul Darney, Jeff Bartley and Dave James had to do no more than finish. However, James, on the last leg of an accurately measured 5 miles, excelled to run the day's fastest long leg of 23:55. Despite the early set back of the fine runs by Fowles and Hayward for Cardiff, Swansea, the winners of the event for the past three years, never gave up, and they battled on for second place.

1, Cardiff (D. Fowles 16:16, B. Hayward 24:03, D. Walsh 17:18, P. Darney 25:54, J. Bartley 17:14, D. James 23:55) 2:04:40;

2, Swansea (K. Gallivan 17:51, J. Theophilus 24:14, D. Flynn 17:51, A. Jeffries 25:44, D. Holt 17:44, A. Cole 24:27) 2:07:51;

3, Newport (R. Gaywood 17:19, J. Robertshaw 24:29, L. Wallace 17:48, D. Crombie 26:07, C. Morgan 18:28, M. Armstrong 26:36) 2:10:47;

4, Bridgend 2:10:58; 5, Swansea 'B' 2:16:05; 6, Cardiff 'B' 2:18:37. 9 teams closed in. **Fastest:** (long stage—5 miles): James 23:55, Hayward 24:03, Theophilus 24:14, Cole 24:27, Robertshaw 24:29, M. Crowell (Brid) 24:52 (short—3M 200y): Fowles 16:16, Bartley 17:14, Walsh 17:18, Gaywood 17:19, C. Myers (Brid) 17:23, Griffiths (Card 'B') 17:26.

* * *

There is great jubilation in Swansea following the news that the city is to get Wales's second all-weather track. The local authority announced recently that they were to spend £750,000 on a sports facility in the Landore area of the city. A track will only be part of the facility, and work will start soon.

There is also great optimism in Cardiff that an all-weather track will be laid in the not too distant future. Cardiff AAC are in an advanced stage of discussion with Cardiff City Council following the rejection of their appeal by the Welsh Office against Cardiff City Council's decision to refuse

planning permission for a track at Pontcanna Fields.

* * *

One of Wales's newest clubs — Cwmbran Olympiads — and Pontypool AC are to amalgamate shortly to form Torfaen Athletic Club. This seems good sense and can only benefit local athletics. Both Pontypool and Cwmbran are in the Torfaen Borough Council area, and this Local Authority, through their great generosity and awareness of the need to provide up-to-date sports facilities, like Cwmbran Stadium, can now identify themselves directly with a club.

London Athletic Club officers: President, Harry Lowen; president elect, Ian Davenport; secretary, Guy Sagar, 123 Norbiton Hall, Birkenhead Avenue, Kingston-upon-Thames (Tel: 01-546 6949); treasurer, Edgar Webb.

* * *

Bournemouth AC Ladies Section officers: Chairman, R. Merrie; secretary, Mrs S. Redding, 50 Muscliffe Road, Winton, Bournemouth, Dorset (Tel: B'mth 523980); treasurer, Mrs B. Stockley; track sec, Mrs J. Tappin, 433a Ringwood Road, Ferndown, Dorset (Tel: Ferndown 4548); CC sec, I. Eddy, 41 Wesley Road, Highland Park, Wimborne, Dorset (Tel: Wimborne 887572); coaching sec, Mrs P. Tozer.

SATURDAY, AUGUST 5th, 1978

15th BRACKNELL RELAYS

(Under A.A.A. and W.A.A.A. Rules)

Sponsored by Bracknell District Council

SPORTS CENTRE, BAGSHOT ROAD,
BRACKNELL

EVENTS

Junior Ladies: 4 × 100m, 4 × 800m.

Inter Ladies: 4 × 100m, 4 × 200m, 4 × 800m.

Senior Ladies: 4 × 100m, 4 × 200m, 4 × 800m.

Boys: 4 × 800m.

Youths: 4 × 100m, 4 × 200m, 4 × 400m.

Junior Men: 4 × 100m, 1600m Medley.

Senior Men: 4 × 100m, 4 × 200m, 4 × 400m, 4 × 1500m, 1600 Medley.

S.C.A.A.A. Boys 4 × 100m (Entries through Southern Counties).

Also Senior Ladies: Open 800m for the D. L. McJannet Trophy (entry fee 20p).

Entry Fees: 75p per Team. Clubs limited to two teams per event. **Entries** to: Mr J. Pengilly, 1 Vine Crescent, Reading, Berks. Tel: Reading 57604.

ENTRIES CLOSE FRIDAY, 30th JUNE, 1978

Tony Simmons Bids Again For Marathon Glory

MORE than forty British sub-2:20 performers are among the entry of over 350 for the AAA Marathon Championship, sponsored by Provincial Insurance Co. Ltd, at Sandbach in Cheshire on Sunday (May 7th) at 12 noon. Dave Cannon defends his title against opposition which includes six of the seven fastest UK marathoners of all-time in Ian Thompson, Ron Hill, Jim Alder, Don Faircloth, Chris Stewart and Trevor Wright. The list below shows the 20 fastest ever marathon men (with those entered for Sandbach in bold type), together with the best times — where under 2:21 — by others who are intending to be in the race. And yet the athlete who could pull off a sensation is not on that list. Tony Simmons, whose best time is 2:23:56, dating back to 1972, has tuned up for the race by winning the Finchley '20' featuring a remarkable second half in 48:20 and defeating Carlos Lopes for the Portuguese 10,000m track title in 28:16.0. It will be recalled that in the 1975 AAA race at Stoke, Simmons blazed through 10M in 49:34 and 20M in 1:41:36 (two minutes clear) before pulling up in agony as cramp struck him in both hamstrings.

This year's AAA marathon takes on a particular significance for it is serving as the trial for Commonwealth Games and European Championship selection. It is highly improbable that any one athlete would be chosen both for Edmonton (August 11th) and Prague (September 3rd), so the first six home should be assured of selection for one race or the other — and more than six should any Scottish, Welsh or Northern Irish runners finish that high. Ian Thompson, holder of both Commonwealth and European titles, has already stated that — subject to qualifying — he will opt for Prague. Out of the running is the 1976 AAA champion Barry Watson (injured), while Bernie Plain is a doubtful starter. Otherwise, almost everybody who is anybody in the world of British marathon running will be at Sandbach for what promises to be a notable and potentially dramatic race.

UK Marathon All-Time List (Sandbach entries in bold)

2:09:12	Ian Thompson	1974
2:09:28	Ron Hill	1970
2:10:48	Bill Adcocks	1968
2:12:04	Jim Alder	1970
2:12:19	Don Faircloth	1970
2:13:12	Chris Stewart	1974
2:13:27	Trevor Wright	1971
2:13:45	Alastair Wood	1966
2:13:55	Basil Heatley	1964
2:14:15	Don Macgregor	1974
2:14:43	Brian Kilby	1963
2:14:56	Bernie Plain	1974
2:15:02	Dave Cannon	1977

2:15:08	Barry Watson	1976
2:15:17	Colin Kirkham	1972
2:15:17	Jeff Norman	1976
2:15:26	Tim Johnstone	1968
2:15:27	Alex Wight	1971
2:15:32	Fergus Murray	1970
2:15:37	Juan Taylor	1964
Other entries include:—		
2:15:55	Keith Angus	1976
2:16:05	Jim Dingwall	1977
2:16:12	Sandy Keith	1975
2:16:18	Max Coleby	1973
2:16:21	Norman Wilson	1977
2:16:24	Steve Edmunds	1973
2:16:50	Colin Youngson	1975
2:16:53	Mike Rowland	1972
2:16:56	Alan Joslyn	1976
2:17:02	Mike Critchley	1973
2:17:03	Mike Hurd	1977
2:17:07	John McLaughlin	1975
2:17:16	Graham Dugdale	1977
2:17:20	Norman Deakin	1972
2:17:24	Alan Domleo	1973
2:17:27	Derek Pratt	1975
2:17:36	Bob Lunnon	1974
2:17:43	Colin Taylor	1977
2:17:44	Harry Leeming	1971
2:17:56	Laurie Austin	1971
2:17:56	William Day	1977
2:18:12	Colin Moxsom	1975
2:18:15	Paul Norell	1977
2:18:17	Stan Curran	1975
2:18:33	Dic Evans	1974
2:18:38	Martin Craven	1975
2:18:39	Richard Brown	1973
2:18:57	Tony Kearns (RoI)	1976
2:19:01	Doug Gunstone	1977
2:19:10	George Edgington	1977
2:19:49	Mike Tagg	1975
2:19:50	Cavin Woodward	1973
2:20:02	Tom O'Reilly	1977
2:20:19	Ray Donkin	1974
2:20:20	Robin Campbell	1964
2:20:33	Keith Penny	1977
2:20:50	Ricky Wilde	1973

Plus Tony Simmons, Andy Holden, Mike Baxter, Alwyn Dewhurst, Dave Slater, Graham Ellis, John Davies (Essex B), Harry Walker, Mike Short, Gerry Taylor, David Clark (Verlea), John Temperton, Geoff Smith, John King, Don Ritchie, Phil Romaine, John Jones, Kelvin Bowers, Kerk Lazarides (Gre), etc.

Secretary of the Harriers Section of Coventry Godiva Harriers, P. S. Miller, has moved to 6 Arnold Avenue, Styvechale, Coventry CV3 5LX (Tel: 411290).

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Scotland

MEG RITCHIE'S RECORD BREAKING START

MARGARET RITCHIE, having given a hint of what was to come at Cosford last December, began her outdoor season in spectacular fashion with records in both shot and discus at the Edinburgh Southern Harriers club championships at Meadowbank on April 15th.

With the wintry weather at last giving way to sunshine Margaret added well over a metre to Rosemary Payne's Scottish national record for the shot with a put of 15.90m, although this was actually one centimetre less than she threw at Cosford (and well down on an exhibition put of 16.71 at Grangemouth last month); Margaret also added over a metre to her own native best. Moving on to her speciality, the discus, she proceeded to improve her own UK record from 59.88m to 60.80, despite no assistance from the wind (what little there was, was behind the throwers). Margaret very nearly did not take part because she felt her training form had not been good enough! Now she tops the Commonwealth rankings after her first competition.

Several others had encouraging starts. Fay Nixon edged out Margot Wells in a 12.1 100 into the slight breeze and took the 200 in 24.5; while Fiona Macaulay and Moira Walls had a rare tussle in the 100 hurdles, Fiona getting the verdict but both girls being timed at 14.4 again into the breeze.

Sandy Sutherland

100: J. Wilson 11.0. 800: 1, J. Robson 1:53.8; 2, I. Orton 1:55.6. 110H: 1, S. Chisholm 15.6; 2, C. Luxon 15.7. HJ: K. Flockhart 1.95. PV: G. Rule 4.20. SP: H. Davidson 16.27. DT: 1, A. Black 42.74; 2, K. Christie 41.28. HT: 1, J. Black (Gst) 45.66; 2, W. Gentleman (Gst) 45.40; 3, H. Davidson 43.48; 4, R. Gray (Gst) 43.22. JT: 1, D. Scullion 62.72; 2, A. Black 61.64. (Juniors) DT: 1, K. Christie 40.84; 2, M. McDonald 40.04. HT: Christie 45.50. (Youths) HT: L. Nisbet 52.24. (Senior Women) 100: 1, F. Nixon 12.1; 2, M. Wells 12.2. 200: 1, Nixon 24.5; 2, F. Macaulay 25.3. 800: 1, A. Clarkson 2:12.2; 2, V. Hutton 2:17.0. 1500: 1, Clarkson 4:39.5; 2, A. Lind 4:45.7; 3, J. Folan 4:46.8. 100H: 1, Macaulay 14.4; 2, M. Walls 14.4. HJ: 1, Walls 1.65; 2, M. Somerville 1.65. LJ: 1, Macaulay 5.40; 2, Somerville 5.36. SP: 1, M. Ritchie 15.90 (Scottish National & Native record); 2, Walls 10.69. DT: Ritchie 60.80 (UK National/Scottish National & Native record). JT: S. Brodie 34.30. (Inters) 400: F. Hargreaves 60.3. 80H: L. Scott 12.3. JT: 1, V. Price 42.56; 2, L. Stewart 32.48. (Juniors) 800: S. Walker 2:19.7. 1500: S. Tait 5:06.1. (Girls) 60H: 1, E. Barrett 11.1; 2, A. Pringle 11.1.

TOM SCOTT MEMORIAL '10'

Scottish marathon champion Jim Dingwall continued his run of road racing successes when

LADIES AND GENTLEMEN GOLDENLAY POLY MARATHON

64th Annual Men's Race — 1st Women's Race

SATURDAY, JUNE 10th, 1978

Start (2.15 p.m.), by kind permission of Her Majesty The Queen,
from the private grounds of Windsor Castle

Trophies and awards for first ten men, and first three women. Team awards for Club and Area/Combined Services teams. Veterans and Newcomer's awards.

PLUS — this year

A prize to all competitors to finish, and a small token to all who start.

Entry Fee is still only 50p and no fee for teams.

Entry forms from:

J. E. Micklewright, M.B.E.,
75 Sutton Road, Heston, Hounslow, Middlesex.

Closing date: May 22nd

he outprinted Jim Brown in a thrilling finish to the Tom Scott Memorial 10 miles road race from Law to Motherwell on April 1st. This race, always run on the same Saturday as the Grand National, has been a happy hunting ground for Dingwall as his previous victories in 1973, 74 and 77 coincided with the years Red Rum won at Aintree. Even though Red Rum was not running this year Dingwall was undeterred by the parallel and he duly returned his fourth victory in 46:39, a new course record over a route lengthened by approx 200y due to building works — and only 6 sec outside the old record for the shorter course set by Jim Brown in 1975.

Dingwall won this race as he had his three previous victories: getting firmly fixed in the leading bunch early in the race and covering every break that split up the pack. Jim Brown and John Graham broke clear at 4M with Dingwall sitting behind them. At 6½M Graham fell back, eventually to finish an isolated third, but try as Brown did to break clear of the persistent Dingwall, it was to no avail. They raced neck and neck over the final 2 miles of the hilly finish and when Dingwall was still in contention at the start of the final straight the race was over. He unleashed his finishing sprint that has won him so many races and won by 5y looking round at Brown.

Rob Bozley of Shore AC, New Jersey,

spending his two-week honeymoon in Scotland, competed in the race — finishing 16th and receiving a 1st class certificate (under 53:00).

Colin Shields

1, J. Dingwall (Falkirk Victoria) (rec) 46:39
2, J. Brown (Clyde Valley) 46:40
3, J. Graham (Clyde Valley) 47:49
4, D. Gunstone (EAC) 48:57; 5, W. Day (FVH) 49:19; 6, D. Hunter (EAC) 49:39; 7, A. Keith (EAC) 49:58; 8, J. McGarva (FVH) 50:21; 9, E. Fisher (EAC) 50:34; 10, S. Graves (Fife) 50:44; 11, P. Hay (Fife) 51:41; 12, D. Watson (EAC) 51:56; 13, C. Joss (Bella) 52:02; 14, J. Russell (Bella) 52:12; 15, C. Martin (Dumb) 52:28; 16, R. Bozley (USA) 52:37; 17, P. Preston (Cambus) 52:41; 18, H. Scott (PSH-V) 52:48; 19, A. McCall (Garsc) 52:50; 20, A. Wood (Cambus-V) 52:52; 21, P. McGregor (Vic Pk) 52:53; 22, A. Samuel (Tev) 53:04; 23, G. McDonald (VoL) 53:11; 24, D. Francis (Fife) 53:32; 25, A. McMaster (Strath Un) 53:52; 26, J. Sloss (Long) 54:15; 27, C. Baker (Fife) 54:19; 28, D. Cooney (Cambus) 54:21; 29, I. Briggs (Liv) 54:46; 30, J. Rowley (Law) 54:53. **Teams:** 1, Falkirk Victoria 14; 2, EAC 17; 3, Clyde Valley 36; 4, Fife 45; 5, Bellahouston 63; 6, Cambuslang 65; 7, Dumbarton 112; 8, Law 125; 9, Victoria Park 149; 10, Clydesdale 156.

Clear Win For Beauchamp In Orion 15-Mile CC

THE 25th running of Orion Harriers' annual 15 miles cross-country race, held this year on All-Fools Day (!) round a single circuit of a thoroughly saturated Epping Forest, produced a surprise winner in the shape of Ian Beauchamp, who seemed to make little of the tough underfoot conditions and raced to a clear victory in the excellent time of 1:32:40. Beauchamp was using the race in preparation for the AAA Marathon, and in the early stages of the race he had another Ian 'who knows a little bit about marathons' to contend with — Ian Thompson. Unfortunately Thompson found things a little less to his liking than when he last competed in the event in 1973 (when in much drier conditions he placed second to Malcolm Thomas in 1:24:14) and eventually slipped to sixth.

Nat Fisher, although unable to repeat his fine run of last year when he finished runner-up to Jim Langford, was untroubled in retaining his Veterans title. Despite the arduous conditions, there were near-record figures of 159 starters, of whom 146 completed the course. Congratulations to all concerned.

Mike Tomlins

1, I. Beauchamp (Horsham Blue Star) . . 1:32:40
2, D. Clark (Verlea) 1:33:49
3, D. Hurlock (Walthamstow) 1:36:32

4, G. Ogden (High) 1:36:45; 5, O. Arif (High) 1:36:52; 6, I. Thompson (Lut) 1:37:04; 7, H. Chadwick (TH&H) 1:37:29; 8, D. Horton (Har) 1:38:06; 9, G. Bourne (Lut) 1:38:27; 10, N. Fisher (Har-V) 1:38:58; 11, C. Beauvais (Walt) 1:39:57; 12, K. Gill (Ex B) 1:40:17; 13, M. Butler (High) 1:40:23; 14, M. Fletcher (Chelm) 1:40:40; 15, D. Wade (B'heath) 1:40:51; 16, J. Goldring (W'stow) 1:41:53; 17, L. Coleman (Har) 1:42:09; 18, L. Danks (Inv) 1:42:16; 19, J. Mudie (B'mouth) 1:42:33; 20, B. Devlin (Lut) 1:43:02; 21, R. Britton (TH&H) 1:43:17; 22, G. Carlsson (SLH) 1:44:46; 23, A. Davies (B'heath) 1:45:13; 24, E. Cash (Lough-V) 1:45:20; 25, S. Kerr (BoE) 1:45:25; 26, K. Burgess (Chelm) 1:45:30; 27, P. Coleman (Vaux) 1:45:54; 28, P. Claridge (Vaux) 1:46:20; 29, G. Messenger (Lough) 1:47:27; 30, C. Bradley (RAF) 1:47:41. **Teams:** 1, Highgate; 2, Luton Utd; 3, Harlow; 4, TH&H; 5, Verlea; 6, Chelmsford; 7, Walthamstow; 8, SLH; 9, Loughton; 10, Vauxhall.

SOUTHERN WAAA OPEN MEETING

At West London, March 29th

400H: S. Dalgoutte (Mit) 64.3. (Juniors) 800: 1, S. Baxter (Hav) 2:17.0; 2, C. Wells (Hav) 2:18.3; 3, J. Wingrove (Mit) 2:23.7. SP: S. King (Ips) 10.60.

Isle of Man Festival

Good Friday Road Race/March 24th

1, N. Sloane (Fodac) 20:17
 2, C. Mattock (Wolverhampton & B) 20:43
 3, M. Cadwallader (Wolverhampton & B) 20:49
 4, D. Pratt (Fodac) 20:52; 5, J. Wheway (W&B) 20:56; 6, J. Hirst (Holm) 20:58; 7, G. Tebbutt (Fodac) 21:05; 8, I. Roberts (Holm) 21:12; 9, P. Galli (High) 21:18; 10, S. Kelly (Manx) 21:21; 11, P. Sanderson (Telf) 21:17; 12, R. Hillier (Leic Un) 21:28; 13, S. Burt (Man) 21:32; 14, P. O'Brien (Leic Un) 21:33; 15, D. Sykes (Liv Un) 21:35; 16, S. Mummery (Ran) 21:36; 17, M. Bateman (Shin) 21:37; 18, S. Howcroft (Man) 21:38; 19, D. Newton (Manx) 21:40; 20, I. Brown (Wyl) 21:41. **Teams:** 1, Wolverhampton & B 10; 2, FODAC 12; 3, Holmfirth 39; 4, Highgate 67; 5, Ranelagh 75; 6, Manx 93; 7, Leicester Univ 95; 8, Telford 103; 9, Manchester 105; 10, Liverpool Univ 112. **(Youths):** 1, D. Jackson (B'burn) 12:08; 2, F. Peters (Mostyn) 12:18; 3, D. Moran (High) 13:08. **(Boys):** 1, A. Barlow (Mostyn) 12:19; 2, A. Warhurst (E Ches) 12:40; 3, M. Strickett (Manx) 13:02.

Road Relay March 25th

1, FODAC 63:41; 2, Wolverhampton & B 64:07; 3, Holmfirth 64:50; 4, Ranelagh 65:51; 5, Highgate 66:04; 6, North London 66:52; 7, Manx 66:55; 8, Newcastle University 67:04; 9, Leicester University 67:33; 10, Holmfirth 67:37. **(Women 3M):** 1, J. Haigh (Long) 18:23; 2, S. Dean (Long) 19:16; 3, S. Turner (Long) 19:41; 4, N. Noon (Manx) 20:13; 5, L. King (E Ches) 20:37; 6, C. Helsby (Rudd) 20:44.

Fell Race March 26th

1, N. Sloane (Fodac) 21:43; 2, P. Galli (High) 21:51; 3, J. Wheway (W&B) 22:16; 4, I. Roberts (Holm) 22:27; 5, M. Levery (Fodac) 22:35; 6, M. Cadwallader (W&B) 22:37; 7, S. Kelly (Manx) 22:40; 8, P. O'Brien (Leic Un) 22:49; 9, G. Tebbutt (Fodac) 22:52; 10, B. Pickersgill (Holm) 22:54; 11, J. Hirst (Holm) 22:57; 12, C. Mattock (W&B) 22:59; 13, S. Mummery (Ran) 23:00; 14, B. Foster (New Un) 23:04; 15, P. Sanderson (Telf) 23:11; 16, D. Newton (Manx) 23:16; 17, J. Reade (Leeds P) 23:19; 18, M. Allen (Univ of Wales) 23:22; 19, D. Daniels (Ran) 23:23; 20, G. Jones (Bing) 23:27. **(Youths):** 1, D. Jackson (B'burn) 16:12; 2, F. Peters (Mostyn B) 17:14; 3, D. Moran (High) 17:19; 4, A. Greening (Jnr L) 17:19; 5, M. Dedge (Jnr L) 17:19; 6, J. Gamble-Thompson (Jnr L) 17:19. **(Boys):** 1, A. Warhurst (E Ches) 16:33; 2, A. Barlow (Mostyn B) 16:54; 3, M. Kennedy (Mostyn B) 17:29; 4, M. Strickett (Manx) 17:39. **(Women):** 1, J. Haigh (Long)

18:02; 2, S. Turner (Long) 18:52; 3, S. Dean (Long) 19:20; 4, M. McDermott (Manx) 19:38; 5, L. Cooper (Roth) 19:43; 6, M. Noon (Manx) 19:47; 7, J. Scholes (Long) 20:31; 8, L. King (E Ches) 20:34; 9, H. Matthews (Long) 20:45; 10, C. Kissack (Manx) 20:53.

Overall Positions: 1, Wolverhampton & B; 2, FODAC; 3, Holmfirth; 4, Ranelagh; 5, Highgate; 6, Manx.

CAMBRIDGE HARRIERS ROAD RELAY

At Bexley, March 18th

1, Brighton & Hove (T. Baker 15:23, M. Gratton 14:53, M. Patterson 15:21, S. Ovett 14:17, P. Rockwood 15:39, P. Witcomb 15:24) 90:57;
 2, TVH (N. Wilson 14:53, G. Dugdale 15:01, C. Thomas 15:00, P. Browne 15:11, B. Walters 16:00, B. Standen 15:07) 91:12;
 3, Cambridge H. (J. Huntingford 15:25, J. Barnes 15:43, K. Penny 14:20, J. Avis 15:44, D. Roberts 14:56, J. Rooks 15:35) 91:43;
 4, Aldershot F&D (J. Hood 15:27, S. Barnshaw 15:26, D. Ives 15:28, M. Woods 15:24, R. Lunn 14:53, I. Logan 15:09) 91:47;
 5, SLH (I. Cotton 15:19, F. Upcott 15:16, P. Williams 15:16, T. Roden 16:04, R. Gevers 14:46, A. Parker 16:04) 92:45;
 6, Invicta (P. Varney 15:05, I. MacMillan 15:36, M. Brameld 14:46, P. Brenchley 15:33, R. Newble 16:50, J. Wilkins 15:45) 93:35;
 7, Blackheath 93:52; 8, Aldershot 'B' 93:56; 9, TVH 'B' 95:32; 10, Cambridge 'B' 96:53; 11, Hercules Wimbledon 96:54; 12, La Basse Seine (Fra) 97:17; 13, Belgrave 97:20; 14, Elliott Reed 98:09; 15, Brighton 'B' 98:24. 30 teams closed in.
Fastest: Ovett 14:17 (rec), Penny 14:20, R. Coles (B'heath) 14:42, Brameld 14:46, Gevers 14:46, Geffray 14:48.

WORTHING & DISTRICT EASTER PARKLAND RELAYS

March 25th

(Snr Men: 4 × 2½M): 1, Brighton & Hove 'B' 57:01; 2, B&H 'A' 57:20; 3, Horsham Blue Star 60:23. **Fastest:** S. Ovett (B&H 'B') 12:46. **(Youths):** 1, Crawley 17:54; 2, Brighton & H 17:55; 3, Horsham BS 17:57. **Fastest:** A. Bristow (B&H) 5:34. **(Boys):** 1, Brighton & H 18:34; 2, Crawley 18:47; 3, B&H 'B' 18:50. **Fastest:** M. McCullough (B&H) 6:08. **(Colts):** 1, Croydon 13:02; 2, Portsmouth 13:13; 3, Brighton & H 13:16. **Fastest:** W. Linnell (Croy) 4:18. **(U/11):** J. Gadd (B&H) 4:37. **(Senior Women):** 1, Croydon 22:26; 2, Brighton & H 23:01; 3, Croydon 'B' 25:00. **Fastest:** D. Phillips (Croy) 6:50. **(Juniors):** 1, Bognor Regis 21:58; 2, Brighton & H 22:12; 3, Fareham 23:05. **Fastest:** T. Cornelli (Bognor) 7:18. **(Girls):** 1, Brighton & H 14:46; 2, Fareham 14:47; 3, Worthing 'B' 14:59. **Fastest:** D. Thomas (Bognor) 4:31. **(U/11):** J. Bacon (Fare) 5:11.

Dutch Half Marathon

A British team of four runners — Mike Hurd, Colin Taylor, Gerry Taylor and Trevor Wright — travelled to The Hague to compete in the 4th International Half Marathon on April 8th. They were joined there by Max Coleby, running for Gateshead.

After a steady start a bunch of about fifteen, which included all the British contingent, soon broke away and were together at 5km which was obviously short as the time was 14:10. It soon became evident to the British runners that Poschmann (Germany) did not like running round corners as he always cut across them.

Approaching 10km Wright put in an effort, breaking up the group and leaving Poschmann 20m adrift — which he immediately made up at the next corner by his usual method. When this happened again shortly afterwards, certain words were uttered by Trevor and Colin. By the time 10km was reached in 29:50 the group consisted of all the British runners, Poschmann, Mielke and Fjaerestad. At 16km Trevor and Colin led Poschmann and the Norwegian, closely followed by Gerry. There was then a gap of about 20 sec to Mike Hurd and the second German with Max a further 10 sec behind.

As the leaders approached 18km Poschmann made his effort, taking the two Britons with him for a brief spell before they dropped back

slightly. However they continued to chase the German with Trevor gaining a few yards on his team mate but the position remained unchanged up to the finish with only 50m covering the first four. Gerry Taylor was the next British runner to finish in 5th place with Mike Hurd 6th and Max Coleby 8th.

Don Shelley
(Team Manager)

1, W-D. Poschmann (Ger) 1:03:36; 2, T. WRIGHT 1:03:40; 3, C. TAYLOR 1:03:42; 4, J. Fjaerestad (Nor) 1:03:45; 5, G. TAYLOR 1:04:06; 6, M. HURD 1:04:30; 7, G. Mielke (Ger) 1:04:41; 8, M. COLEBY 1:04:47; 9, H. Parmentier (Bel) 1:05:52; 10, B. Kneppers (Hol) 1:06:21 . . . 28, S. CRAWTE 1:10:58; 31, T. HASSELL 1:11:40. **Teams:** 1, UK 10; 2, Germany 20; 3, Norway 31.

Correction to UK Merit Ranking List (50km Walk): Bob Dobson won the Austrian Grand Prix event, not 2nd as printed.

* * *

It has been pointed out to us that the Rotary Watches International Games at Crystal Palace on August 23rd is *not* the only major event to be held in Britain between the Commonwealth Games and European Championships. The Edinburgh Highland Games will be staged at Meadowbank on August 19th.

BOLTON SPORTS COUNCIL

in conjunction with
BOLTON UNITED HARRIERS

present

ON SUNDAY, 11th JUNE, at 2.00 p.m.
(Under A.A.A. and W.C.C. & R.W.A. Rules)

THE 4th ANNUAL

BOLTON 6

(4 laps of a Town Centre Circuit)

ALSO

3rd ANNUAL

LADIES 4 MILES

ROAD RACE

at 1.00 p.m.

AND

3rd ANNUAL

BOYS/YOUTHS 3 MILES

ROAD RACE

(14-16 yrs at 1st April, 1978)

at 12.30 p.m.

INDIVIDUAL & TEAM AWARDS

Changing Accommodation — Bolton Town Hall

Entry Fees: Men's/Ladies 30p, Teams (3 to score) 50p.
Entries on the day 50p. Boys Ind. 20p, Teams (4 to score) 50p.

Entries to: Jack Haslam, 10 Higher Dunscar, Egerton, Bolton. Tel: Bolton 56632.

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NIKE NEW BOSTON	£15.99
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ADIDAS SL 76	£15.35
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REEBOK GAZELLE	
(Old price whilst stocks last)	£11.25
REEBOK CONTOUR	£12.50
REEBOK 3 TOWERS	£11.50
GOLA LYNX	£10.40
GOLA WASP	£10.40

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'SPORTSBAG'

32 TOWN STREET,
YEADON, NR. LEEDS

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Walking

CRUNCHING 50KM VICTORY FOR IAN RICHARDS

TAKING nearly 25 minutes from his previous best, Ian Richards celebrated his 30th birthday four days early with a crunching victory in the Basildon 50km on April 8th which must now put him in line as a strong contender for a place on the European Championship team.

Brian Armstrong set the early pace followed by Steve Gower, who was intending going only some 30km. Bob Dobson had a pit stop and dropped away from the group containing Lightman, Richards, Ryan, Geal, Hunwicks and Sheppard, as Armstrong faded and both Gower and Lightman retired. Thus Richards and Hunwicks battled for the lead. Showing remarkable stamina and pace judgement the Coventry Godiva man pulled further and further away with a great second half. Peter Ryan came through in splendid fashion to take second while Bob Dobson gutted through to just hold off a fast closing Tony Geal for third. Adrian James walked a quiet, sensible race to overhaul the badly tiring Hunwicks and Sheppard but both had put up sterling efforts that augur well for the future. Despite three retirements the Ilford stalwarts dominated the Essex County team race while at the back of the field that fine Veteran George Woods (6:18:40) finished the course as always. 1, I. Richards (Cov) 4:18:54; 2, P. Ryan (Sheff/Ex P) 4:31:00;

3, R. Dobson (S'end) 4:32:32; 4, A. Geal (Stey) 4:32:44; 5, A. James (BoE) 4:34:03; 6, G. Hunwicks (Ilf) 4:37:36; 7, D. Sheppard (Ex P) 4:41:42; 8, B. Armstrong (Ilf) 4:53:03; 9, P. Worth (BoE) 4:55:58; 10, J. Evans (Ilf) 4:56:42; 11, J. Hedgethorpe (Ex P) 4:58:50; 12, A. Eddlestone (Camb H) 5:17:07. Teams: 1, Essex Police 9; 2, Ilford 12; 3, Cambridge H 27. (Essex Champs): 1, Dobson; 2, Hunwicks; 3, Sheppard. Teams: 1, Ilford 8; 2, Ilford 'B' 21.

South Western and Hampshire 10M Championships, at Salisbury (February 18th): 1, C. Maddocks (Daw) 78:43; 2, S. Maidment (Stey) 79:26; 3, E. Shillabeer (Daw) 80:16; 4, J. Turner (Trow) 84:15; 5, K. Baker (Wey) 85:01; 6, C. Dunn (Wey) 86:32. Teams: 1, Dawlish 9; 2, Weymouth 12. (Devon Champs): 1, Maddocks; 2, Shillabeer; 3, A. Bainborough (Daw) 88:55. (Dorset Champs): 1, Baker; 2, Dunn; 3, R. Jones (Wey) 88:16. (Wilts): Turner. (Hants): 1, W. Wright (S&E) 75:54; 2, C. Ball (S&E) 89:05; 3, J. Ball (S&E) 90:28. Thorn Trophy: 1, South West 33; 2, Hants 45.

Worcs Walk Champs, at Worcester (February 25th). (Senior Men 10M): 1, G. Tranter (RSC) 76:15; 2, S. Lewis (Leics) 79:34; 3, A. Smallwood (Hales) 81:26. Team: Harborne. (Junior): M.

The Modern Pentathlon



Association of Great Britain

would like to announce that as from 31st March, 1978 the revised standards for its Modern Biathlon Badge Scheme, sponsored by Alpine Double Glazing are as follows:—

GRADE IV

BOYS

Swim 50m. — 1.15 mins.

Run 400m. — 2.00 mins.

GIRLS

Swim 50m. — 1.15 mins.

Run 400m. — 2.00 mins.

BRONZE

BOYS

Swim 100m. — 1.45 mins.

Run 800m. — 3.30 mins.

GIRLS

Swim 100m. — 1.45 mins.

Run 800m. — 3.30 mins.

SILVER INTERMEDIATE

BOYS

Swim 200m. — 3.30 mins.

Run 1500m. — 6.45 mins.

GIRLS

Swim 200m. — 3.30 mins.

Run 1500m. — 7.45 mins.

SILVER

BOYS

Swim 200m. — 2.55 mins.

Run 1500m. — 6.10 mins.

GIRLS

Swim 200m. — 3.00 mins.

Run 1500m. — 6.50 mins.

GOLD INTERMEDIATE

BOYS

Swim 300m. — 4.45 mins.

Run 3000m. — 11.15 mins.

GIRLS

Swim 200m. — 2.45 mins.

Run 2000m. — 8.15 mins.

GOLD

BOYS

Swim 300m. — 4.00 mins.

Run 4000m. — 14.30 mins.

GIRLS

Swim 200m. — 2.25 mins.

Run 2000m. — 7.30 mins.



Miley (Harb) 79:31. (Youths 5000m): 1, N. Troy (Harb) 26:00; 2, P. Sugg (B&R) 27:24. Team: Harborne. (Boys 3000m): 1, A. Bell (Harb) 17:25; 2, J. Cater (B&R) 17:33; 3, A. Devine (Harb) 18:21. (Senior Women 5000m): J. Wickham (Harb) 27:06. (Inters): 1, L. Whitehead (Hales) 28:38; 2, A. Jones (Harb) 29:49; 3, S. Crutchley (Harb) 30:34. Team: Harborne. (Juniors 3000m): 1, N. Griffiths (Harb) 17:07; 2, G. Welch (Harb) 17:25; 3, L. Tyrrell (Worc) 17:29. Team: Harborne. (Girls 2500m): 1, C. Rawlings (Harb) 14:23; 2, M. Small (Worc) 14:51; 3, L. Roberts (Worc) 14:55. Team: Worcester.

Greyfriars WC Open Walks, at Coventry (March 11th). (Junior/Youths 6km): 1, M. Miley (Harb) 27:59; 2, C. Wilkes (Harb) 28:16; 3, N. Walsh (Grey) 28:30; 4, N. Troy (Harb-Y) 28:51; 5, G. Vale (Sy-Y) 28:53; 6, A. Worth (Leic) 30:12; 7, A. Reed (Leic-Y) 30:31; 8, M. Greenhalgh (Grey) 30:44; 9, A. Flear (Grey) 30:54; 10, K. Walsh (Grey-Y) 30:59. Teams: 1, Harborne 7; 2, Greyfriars 18; 3, Leicester 24. (Boys): 1, I. Lewis (Holl P) 15:56; 2, N. Corbett (B&R) 16:05; 3, C. Goff (Holl P) 16:11; 4, P. Oakes (Leic) 16:54; 5, A. Bell (Harb) 17:10; 6, J. Carter (B&R) 17:10; 7, N. Bartlam (Holl P) 17:33; 8, C. O'Neal (Holl P) 17:35; 9, C. Cotterell (Harb) 17:51; 10, I. Harvey (Grey) 17:52. Teams: 1, Holloway Poly 11; 2, Harborne 24; 3, Leicester 27.

Surrey Schools Walk Champs, at South Croydon (March 18th): R. Dorman 25:49. (Inters): 1, G. Vale 23:51; 2, D. Jones 24:53. (Juniors): S. Mortimer 16:05. (Senior Girls): M. DeGiovanni 27:45. (Inters): 1, L. Nolan 16:32; 2, K. Puffett 17:01; 3, D. Hoar 17:44. (Juniors): 1, J. Harvey 13:12; 2, M. Goode 13:50; 3, K. McDonald 14:02.

Picton House Easter Walk. 1, C. Maddocks (Daw-J) 56:15; 2, S. Barry (Roath) 56:30; 3, M. Miley (Harb-J) 60:34; 4, W. Wright (Cov) 61:13; 5, R. Care (Harb) 61:26; 6, R. Gardner (Hales) 62:04. Teams: 1, Harborne 9; 2, Dawlish 18; 3, Royal Sutton Coldfield 31. (Senior Girls 1M 800y): 1, E. Cox (Sol) 12:13; 2, S. Newby (Sol) 14:05; 3, D. Birbeck (Worcs) 14:18. (Junior Girls): 1, K. Eden (Sol) 12:00 (rec); 2, N. Griffiths (Harb) 12:54; 3, Y. Eden (Sol) 12:56; 4, H. Roe (Sol) 13:01.

Roger Lancefield shock winner of Stock Exchange 25 Miles Championship, at Hayes (April 1st). Pre-race favourite and championship holder Adrian James led at Keston in 26:52 closely followed by Dave Stevens (26:53) then the Surrey trio of Jarman (27:54), Finney (27:57) and Lancefield (27:57) with the remainder of the field already well behind. By Westerham, Stevens had taken a clear lead with 1:37:20 from James (1:38:34), Jarman (1:39:00), Lancefield (1:40:10) and Finney (1:40:11). At Warlingham the race

seemed wide open; Stevens (2:39:43) still led but Jarman (2:40:34) and Lancefield (2:41:15) plus Finney (2:41:16) were closing rapidly as James slumped to fifth (2:42:06). The final stretch to Hayes saw Lancefield emerge as by far the strongest with a very convincing effort. James rallied excellently to come back to second as Stevens held off Finney and Jarman faded badly. John Nye, making a comeback into competition, put in a very strong finish and gained on everyone bar the first two men home. 1, R. Lancefield (Sy) 3:36:54; 2, A. James (BoE) 3:39:47; 3, D. Stevens (Stey) 3:42:24; 4, N. Finney (Sy) 3:43:05; 5, D. Jarman (Sy) 3:47:50; 6, A. Tweed (BoE) 3:55:39; 7, J. Nye (Tonb) 3:56:04; 8, P. Jarman (Sy) 4:05:02; 9, D. Railton (Sy) 4:05:35; 10, A. Perkins (Ilf) 4:24:14. 50 started, 41 finished.

Roger Mills all the way winner in 3 Miles, at Eastway, Hackney (April 9th). Held on the testing, twisting one mile circuit so popular with the cycling fraternity, Roger Mills put in laps of 6:42, 6:52 and 6:55 to win convincingly in this event organised and sponsored by RACE. Amos Seddon was in sharp sprinting form to break 21:00 for second followed by Ken Carter and Steve Gower. Despite a gruelling 50km the previous day, Bob Dobson took fifth spot followed by a much improved Geoff Robinson. 1, R. Mills (Ilf) 20:29; 2, A. Seddon (BoE) 20:54; 3, K. Carter (S'end) 21:09; 4, S. Gower (Ilf) 21:27; 5, R. Dobson (S'end) 22:38; 6, G. Robinson (BoE) 22:55; 7, R. Sheppard (New) 23:21; 8, G. Hunwicks (Ilf) 23:43.

Amos Seddon repeat winner in Ryan Cup 10 Miles, at Mill Hill (April 12th). In this annual triangular match, Amos Seddon made sure of victory by shaking off persistent Bill Wright in the last quarter of the race which was held on a flat mile out and back course. With 11 under 80:00 the standard was good, particularly in view of several notable absentees. The strong Civil Service squad, even without Peter Selby, were far too strong for a depleted National Police team and scored their third consecutive victory. The Northern trio of Peter Fawkes, Barry Graham and Dennis Jackson had excellent races with the RAF pair, Dave Lawson and Robby Lambie, also showing well. 1, A. Seddon (BoE/NP) 74:15; 2, W. Wright (S&E/CS) 74:37; 3, R. Dobson (S'end/CS) 76:51; 4, J. Hall (Bel/CS) 77:07; 5, P. Fawkes (NSP/CS) 77:54; 6, B. Graham (Yks PO/CS) 77:55; 7, D. Hurst (Bris/NP) 78:06; 8, D. Jackson (Yks PO/CS) 78:19; 9, D. Lawson (Met/RAF) 79:04; 10, D. Sheppard (Ex P/NP) 79:11; 11, R. Lambie (Bound/RAF) 79:23; 12, G. Scott (BoE/NP) 80:16; 13, R. Middleton (Bel/CS) 80:40; 14, A. Dainty (Daw/RAF) 81:01; 15, G. Robinson (BoE/CS) 82:59; 16, J. Evans (Ilf/NP) 85:07; 17, G. Jones (Cov/NP) 85:10; 18, C. Fisher (BoE/NP) 85:17; 19, J. Hedgethorpe (Ex P/NP) 86:10. Teams: 1, Civil Service 28; 2, National Police 63; 3, RAF 100.

Gerard Lelievre convincing winner of **Spanish 20km (short course)**, at **Barcelona (April 2nd)**. Knocking 6.2 sec off the course record set by Reima Salonen last year, Gerard Lelievre out-paced the new Spanish 50km stars, Marin and Llopert, as well as Mexico's Enrique Vera. 1, G. Lelievre (Fra) 84:56.2; 2, J. Marin (Spa) 85:45.2; 3, J. Llopert (Spa) 86:20.0; 4, E. Vera (Mex) 88:41.0.

USA Results Round-Up. Examiner Games Indoor Mile (February 18th): 1, Neal Pyke 6:04.0 (World best); 2, S. DiBernardo 6:44; 3, R. Laird 6:50. (Women's mile): 1, S. Brodock 7:06; 2, S. McPherson 7:24; 3, J. Brodock 7:49. **Pacific Assn. 20 Miles Track Champ at Berkeley (February 19th):** 1, D. Himmelberger 2:46:38; 2, W. Ranney (V) 2:56:34; 3, D. Reilly 3:00:05. **20km Road at Palo Alto (March 12th):** W. Ranney 95:13. **10km Track at Stanford (March 18th):** 1, N. Pyke 45:03.0; 2, D. Himmelberger 46:31.4.

Fast sprinting in Australia. Victorian 3km at Melbourne (February 19th): 1, W. Sawall 12:13.4; 2, D. Smith 12:21.8; 3, R. Haywood 12:34.5. **National Junior 3km at Brisbane (March 19th):** 1, R. Huxley 12:59.0; 2, D. Knox 12:59.6; 3, B. Burtchnell (16) 13:02.0. **Sawall 89:44.2 20km Road (February 5th).** Clocking his third sub-90:00, Willie Sawall again showed his Edmonton intentions with a fine victory after passing through 10km in 44:12. Olympian Ross

Haywood (4th in the Christchurch 20M) surprised with his 'comeback' at the Olympic distance, clocking 90:28 after a cautious 46:20 first half. Tim Ericksson was third with 96:17 closely followed by Clarrie Jack who had a 96:37 pb.

Colin Young

Manx 10M Championship, at Malew (February 12th): 1, G. Young 81:27.4; 2, J. Cannell 84:33.3; 3, J. Curphey 86:04.8; 4, T. Varley 88:27.8. **30km at Douglas Bowl (February 25th):** 1, B. Adams (Leic) 2:25:31.8 (rec) (previous record held by Graham Seatter, NZ — 2:29:12); 2, G. Young (Bound) 2:29:27; 3, R. Lambie (RAF/Bound) 2:35:04; 4, D. Harrison (Bound) 2:39:27.4; 5, J. Cannell (Bound) 2:41:29; 6, J. Curphey (Bound) 2:56:53. **5M at Douglas Bowl (March 12th):** 1, G. Young 39:24.5; 2, J. Cannell 40:56.8; 3, E. McGee 43:23.0. **Boundary H Easter Hour Walk (March 23rd).** 1, A. Callow 12,888m (10km — 46:22/7M — 52:30); 2, G. Young 12,759m (46:54/53:04); 3, R. Lambie 12,744m (47:00/53:08); 4, M. Lambden 11,697m; 5, J. Cannell 11,645m; 6, D. Harrison 11,608m; 7, J. Curphey 11,568m; 8, T. Varley 11,033m. (Boys Half Hour): J. Madigan 5,296m. **Boundary Stroll (15.8M) (March 19th):** 1, D. Harrison 2:21:04; 2, E. McGee 2:25:37; 3, J. Curphey 2:26:52. (Boys 2M): J. Madigan 20:24.

British Road Runners Championship Race

FESTIVAL 25km ROAD RACE

(Under A.A.A. Laws)

presented by

**Dudley Metropolitan Borough
Leisure and Recreation Services**
in conjunction with

Dudley and Stourbridge Harriers

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Sunday, 21st May, 11.00 am

Start: Brierley Hill Swimming Bath

First prize value £30.00, reducing to total 23 awards including 5 Veteran awards.

Further details from, and entry fee of 30p, by 15th May to: Mr. B. Heatley, 3 St. James's Road, Dudley, West Midlands. Tel: Dudley 56321. (Home: Wombourne 2400).

GREAT YARMOUTH & DIST. A.C.

Trophy Meeting

(Under A.A.A. & W.A.A.A. Laws)

**WELLESLEY RECREATION GROUND,
GT. YARMOUTH, NORFOLK**

SUNDAY, 6th AUGUST, 1978

Trophies to the value of £950

EVENTS (Ages as at 1.9.78):

Boys/Girls (U/11): 80m, L.J.

Boys (U/13): 100m, 200m, 800m, 1500m, L.J.

Boys (U/15): 100m, 200m, 400m, 800m, 1500m, Discus, Shot, L.J., H.J., Javelin.

Boys (U/17): 100m, 200m, 400m, 800m, 1500m, T.J., Discus, Shot, Javelin.

Junior/Senior Men: 100m, 200m, 400m, 800m, H.J., L.J.

Girls (U/13): 100m, 200m, 800m, L.J.

Girls (U/15): 100m, 200m, 800m, 1500m, L.J., H.J., Discus, Shot, Javelin.

Girls (U/17): 100m, 200m, 400m, 800m, L.J., H.J., Discus, Javelin.

Ladies (U/20): 400m, 800m, H.J.

FIRST EVENT 10.30 a.m. Entry Fees: 30p per event. S.A.E. please.

Entries/enquiries to Mr F. W. Barwick, 31 George Street, Gt. Yarmouth, Norfolk, NR30 1LE. Tel: G.Y. 4284.

ENTRIES CLOSE JULY 1st, 1978

DEFINITELY NO LATE ENTRIES

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CRONUS digital stopwatches have been selected as official timers for a vast number of national and international sporting events including the AAU Indoor World Champs., NCAA Swimming Champs., World Cross-Country Champs., Canadian ASA Champs. and others too numerous to mention. Tested and approved by the AAA and ASA, Cronus will supply all stopwatches for major ASA events at regional, national and international level in 1978. All are fully guaranteed and servicing can be done efficiently and speedily in London.

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WARWICK ROAD RELAY At Chelmsley Wood, April 8th

1, Birchfield (Partridge 14:37; Smedley 14:13, Tilling 14:48, Salter 14:55, Potts 15:02) 73:35; 2, Tipton (Cytiau 14:36, Fownes 14:51, Wright 14:56, Harvey 15:10, Milovsorov 14:36) 74:09; 3, Coventry Godiva (Carter 14:28, Banks 14:45, Kelly 15:14, Lavelle 15:04, Brown 14:51) 74:22; 4, Birchfield 'B' 76:25; 5, Tipton 'B' 77:01; 6, Derby 77:26; 7, Small Heath 77:34; 8, Sparkhill 78:18. 41 teams closed in. **Fastest:** Smedley 14:13, Carter 14:28, D. Tierney (S Heath) 14:32. **(Youths):** 1, Birchfield (Appleby 9:49, Bennett 9:28, Sprason 9:24) 28:41; 2, Tipton 28:59; 3, Rugby 29:26; 4, Birchfield 'B' 29:54; 5, Tipton 'B' 30:13; 6, Worcester 30:32. **Fastest:** Sprason 9:24, S. Lowe (Tipton) & Bennett 9:28.

OXFORD CITY A.C. OPEN GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

WEDNESDAY, MAY 10th, 1978

IFFLEY ROAD

6.30 p.m.	100m (Women's races first)
7.25 p.m.	3000m (C, B, Y, S Men)
6.00 p.m.	Pole Vlt., High Jmp. (Y, S Men)
6.30 p.m.	Shot (Youths)
7.00 p.m.	Shot (Men)

ENTRIES 25p an event to Graded Meetings, 30 Spring Lane, Horspath, Oxon, stating name, address, phone, club, age, event, and best recent performance.

THIS TIME ONLY

Entries accepted on the night

CLASSIFIED ADVERTISEMENTS

6p per word. Box No. 20p extra. Trade 12p per word, 6 insertions of same copy 11p per word, 13 insertions 10p per word, 26 insertions 9p per word—prepaid.

AMUSING STICKERS! S.a.e.: Arena Publications, London SW16 3NS.

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AMERICAN JOGGER-MARATHONER seeks lodging, June-July. Would like to see London/Theatre, Train Long Distance, Experience Club Running. **Paul, Box 166, Roslyn Heights, New York 11577, U.S.A.**

ATHLETIC EVENTS

With more than 17,000 copies going out weekly and a total readership approaching 50,000 an advertisement in "Athletics Weekly" can increase **YOUR** entries. Specially reduced rate for clubs (prepaid): £1.50 per cm (depth) for one insertion and £1 per cm per insertion for each repeat of the same copy. Minimum size 3cms. Display: ¼ page £13 (£9 per repeat), ½ page £24 (£17 per repeat), page £45 (£32 per repeat). A remittance to cover all insertions **must** accompany order. Cheques and Postal Orders to be crossed and made payable to "Athletics Weekly". Copy deadline 12 days (Monday) before publication date.

VERLEA ATHLETIC CLUB

WELWYN HALF MARATHON AND LADIES RACE

Sponsored by Fine Fare Ltd.
and Reebok International

SATURDAY, 24th JUNE, 1978

Start 3 p.m. Gosling Stadium, W.G.C.

Prizes: At least first 3 Ind., first 3 Ladies, first Vet, first 3 Men's Teams (3 score).

Entry Fee: 40p (plus SAE) to P. Munden, 13 New Road, Stanborough, W.G.C., Herts.

INSURANCE TRACK & FIELD CHAMPIONSHIPS

(Under A.A.A. & W.A.A.A. Laws)

JUNE 20th & 27th — MOTSPUR PARK

First event 30p, Second event 15p

CLOSING DATE 17th MAY

Entries: Miss J. S. Beaven, GB/ASI, Prudential Assurance Co. Ltd., 142 Holborn Bars, London EC1N 2NH.

WOODFORD GREEN A.C.

OPEN GRADED MEETING

(Under A.A.A. Laws)

**AT ASHTON TRACK, WOODFORD BRIDGE
WEDNESDAY, 24th MAY**

6.40 p.m.	3000 metres Walk
7.00 p.m.	100 metres; Hammer; High Jump
7.35 p.m.	1500 metres
8.20 p.m.	400 metres

Entries: Vets and Seniors 25p, Others 20p first event; 15p subsequent events, to John L. Hayward, 128A Princes Road, Buckhurst Hill, Essex, stating name, age, address, club, event and FORM EXPECTED.

**Entries NOT accepted on the night
CLOSING DATE 22nd MAY**

BEDFORD & COUNTY A.C. YOUNG ATHLETES MEETING

(Under A.A.A. & W.A.A.A. Laws)

MONDAY, MAY 29th, 1978

AT NEWNHAM TRACK, BEDFORD

Commencing at 11.00 a.m.

Minor Girls — 100m, 200m, 800m, L.J.
Junior Ladies — 100m, 200m, 800m, 1500m, L.J., H.J., Shot, Javelin, Discus.
Inter Ladies — 100m, 200m, 400m, 800m, 1500m, L.J., H.J., Shot, Javelin, Discus.
Colts — 100m, 200m, 800m, 1500m, H.J.
Boys — 100m, 200m, 400m, 800m, 1500m, 3000m, L.J., H.J., Shot, Javelin, Discus.
Youths — 100m, 200m, 400m, 800m, 1500m, 3000m, 1500m S/C, L.J., H.J., Shot, Javelin, Discus.

Trophies — 1st, 2nd and 3rd in all events.

ENTRY FEE: 30p per event.

ENTRIES to D. Spring, 28 Wedgwood Road, Bedford (0234-64737) with date of birth and S.A.E.

**ENTRIES CLOSE 8th MAY, 1978
STANDARDS MEETING APPLIED FOR**

SADDLEWORTH SPORTS COUNCIL

in association with

OLDHAM AND ROYTON HARRIERS

present

6th ANNUAL

SADDLEWORTH FELL RACE

(Under A.A.A. Laws)

SUNDAY, 28th MAY, 1978

Start 3.30 p.m.

From Tanners Mill, Greenfield, Nr Oldham

Seniors (over 18) 3 Miles (Category A)

Entries: 30p per Individual (no team fee).

Teams: 6 to run, 3 to score, each team declared on the day. State if Veteran (over 40).

Entries to: D. C. Makin, Whitegate Head Farm, Ripponden, Sowerby Bridge, West Yorkshire. Phone: Ripponden 3333.

Entries definitely close 1st post Monday, 22nd May.

PLENTY OF PRIZES

Late entries £1