

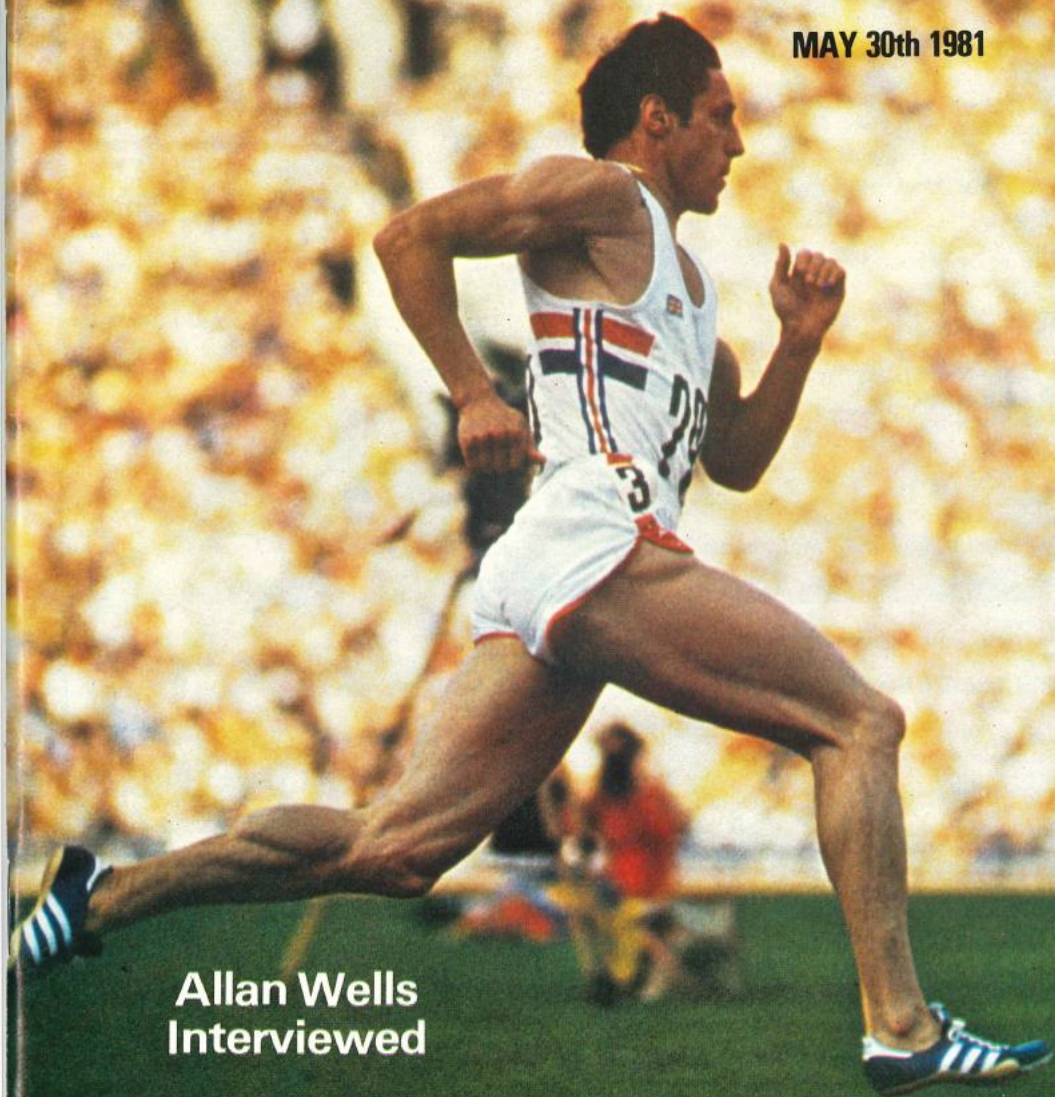
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 Subscriptions & Circulation: DOREEN BOURNE

Published by:

World Athletics & Sporting Publications Ltd,
 344 High Street,
 Rochester, Kent ME1 1DT.
 Telephone: Medway (0634) 409260
 Medway (0634) 409269

Printed by:

Kent Art Printers Ltd,
 344 High Street,
 Rochester, Kent ME1 1DT.

Annual Subscription (including postage):

Direct subscribers in UK & HM Forces: £19.60
 Through an agency: £23.66
 Overseas Surface Mail: £24.44
 Air Mail Europe: £29.12
 Other Air Mail rates on application.
 USA Surface: \$62. Air Mail: \$87.
 Minimum subscription period 6 months.

Registered at the Post Office as a newspaper.

Overseas subscriptions (including Eire) should be
 paid by cheque in sterling on a London bank, or
 by International Money Order.

Audited Circulation: July-December 1980 20,396.

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INCORPORATING WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

athletics

weekly

Vol. 35 No. 22

MAY 30th 1981

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Cover photo by Mark Shearman: Allan Wells

THE WEEK AHEAD

Saturday, May 30th: Scottish AAA District Champs; UK Women's League (Div. 1, 2, 3); Northern League, Blackburn; Northern Women's League, Cleckheaton; Southern League; Kent League, Tonbridge; Tullamore Open Decathlon (1st day); Stilton '15', Peterborough; Darwen Tower Race, Tockholes; Welsh 1000m Peaks Race; BAAB AGM, Basil Street Hotel (10.30 am).

Sunday, May 31st: UK Women's League (Div. 4); Northern Women's League; British Airways Games, Grangemouth; Yorkshire Youths & Boys Champs, Cleckheaton; Edinburgh District League, Pitreavie; Scottish YA League, Glenrothes; Andover YA Meeting, Tidworth; London Business Houses City Charity Contest, Motspur Park; Eastbourne Women's Open Meeting, Prince's Park, Eastbourne; Tullamore Open Decathlon (2nd day); Blackheath 100x1 Mile Relay; Swintex International 25km Road Race, Bolton; Northallerton to Thirsk '10'; Fleet & C 'Peter Driver' Road Races, Fleet; Saddleworth Fell Races, Greenfield; Mourne Wall Race, Co. Down; Essex 20km Walking

Champs, Thorpe Bay; British Industries 10km Walking Champs, Mill Hill.

Monday, June 1st: Monday Meeting, Antrim Forum (Inc. NIAAA Decathlon).

Tuesday, June 2nd: Renfrewshire Champs, Nettlecraigs; Vets AC 5M.

Wednesday, June 3rd: Philips Night of Athletics (England v USA v Belgium v Ethiopia), Crystal Palace; MCAAA Open Meeting, Birmingham; Inter-District Match, Coatbridge; W. Yorks League, Cleckheaton; Running Wild Birkenhead Road Races; Leicester Handicap Walk.

Friday, June 5th: Scottish WAAA Int, Jun & Girls Champs (1st day), Meadowbank.

WAAA AMEND FIRST CLAIM RULE

The WAAA notify clubs that the decision reached by the Development & Advisory Panel was confirmed at the WAAA Executive meeting on April 25th: that for all Senior, Intermediate and Junior competition Rule 17F should be extended to 12 months (from 9 months) before taking part in open team competition is permitted. The rule is effective immediately.

Fine Pole Vaulting At Reading Gala Night

PALMER PARK Stadium, Reading — scene of several notable invitation meetings a number of years ago and now boasting a brand new Resisport all-weather track — reclaimed its place on the national athletics scene with the hosting of a Gala Night of Sport on May 14th. The event, a mix of athletics, cycling and speed skating, was well supported by the athletes but due no doubt to the televised FA Cup Final replay that evening the crowd was smaller than anticipated.

Despite the chilly conditions several excellent performances were registered, not least in the pole vault where Brian Hooper's UK all-comers and national record of 5.59m came under serious attack. In the event the only personal best came from Graham Eggleton with 4.90, but the three-way battle involving Hooper, Keith Stock and France's Philippe Houvion (who for a short time last year was world record holder at 5.77m) was quite intriguing with much tactical passing as the bar rose steadily towards world-class heights.

Hooper, looking bronzed after a stay in Nice, took the initiative when he cleared 5.30 at the second attempt — a height which the other two elected to miss — but that was to prove his best for the night as he failed three times at his next height of 5.50. Meanwhile, Houvion made 5.40 at the first attempt and Stock, after one miss at 5.40, took 5.45 cleanly. With both passing 5.50, Houvion was next in action at 5.55 which he mastered second time around. Stock returned to the competition at the record height of 5.60 and made three pretty good though unsuccessful attempts. That left Houvion to close the contest at 5.65 but he never came close.

The only records of the evening came in the hammer where Martin Girvan had three valid throws over 68m, his 3rd round 68.82 breaking his own Northern Irish record, plus a foul of almost 70m, and Shaun Pickering (19), son of TV commentator Ron Pickering and the former Jean Desforges (European long jump champion in 1954), threw 59.20 to break Laurie Hall's Welsh best dating back to 1962.

There was nearly a record, though, in the 2000m steeplechase where Roger Hackney fell only 1.7 sec. short of Colin Reitz's UK best of 5:29.7 and 0.8 outside Dennis Coates' all-comers best. Paul Davies-Hale, still a junior, clocked an excellent 5:37.6 in second place. Reitz himself finished third in a mile which was notable for an

impressive 55.2 last quarter by Steve Cram, whose winning time was 4:00.2. There was a strong finish too by Chris Boxer in the 1500m. She went from fifth to first along the back straight and reeled off a 64.4 last lap for a final time of 4:14.4. Reading's own Katie Fairbrass, only 16, distinguished herself by clocking 4:20.0 in sixth place. Her better known clubmates Bev Goddard and Kathy Smallwood thrilled the local fans with their sprint victories, the times of 11.9 and 23.7 (into the wind on a cold evening) failing to reflect the true quality of their running.

Mel Watman

100: (—1.63m) 1, M. McFarlane 10.8; 2, S. Green 10.8; 3, C. Sharp 10.9; 4, L. Hoyte 11.2; 5, J. Evans 11.2; 6, M. Morris 11.2. **Mile:** 1, S. Cram 4:00.2; 2, M. Downes 4:02.5; 3, C. Reitz 4:03.4; 4, A. Salter 4:03.8; 5, P. Banning 4:05.4; 6, D. Cowles 4:06.3; 7, G. Smith (Sund) 4:07.3; 8, K. Newton (Sund) 4:07.7; 9, B. Knight 4:08.2; 10, G. Staines 4:08.8; 11, — (NZ) 4:09.1; 12, C. Buckley 4:09.3; 13, A. Palfreyman 4:10.6; 14, G. Marlow 4:11.1. **2000SC:** 1, R. Hackney 5:31.4; 2, P. Davies-Hale 5:37.6; 3, T. Fieldsend 5:40.9; 4, I. Gilmour 5:43.3. **110H:** (—1.8m) 1, B. Price 14.2; 2, N. Gerrard 14.6; 3, G. Oakes 15.1; 4, D. Knowles 15.6. **PV:** 1, P. Houvion (Fra) 5.55; 2, K. Stock 5.45; 3, B. Hooper 5.30; 4, J. Gutteridge 5.00; 5, G. Eggleton 4.90; 6, R. Hooper 4.00. **HT:** 1, M. Girvan 68.82 (NI rec); 2, R. James 65.60; 3, J. Accambray (Fra) 63.80; 4, S. Pickering 59.20 (Welsh rec); 5, M. Jones 51.88; P. Dickenson 6 fouls. **Jnr JT:** 1, R. Bradstock 76.06; 2, C. Mackenzie 71.12; 3, D. Messom 66.14. **4x100:** Green-Sharp-McFarlane-L. Hoyte 40.3. **Blind Runners 100:** 1, G. Salmon 12.7; 2, W. McLeod 13.0. **(Women) 100:** (—1.66m) 1, B. Goddard 11.9; 2, W. Hoyte 12.0; 3, S. Thomas 12.1; 4, E. Thomas 12.3; 5, M. Ascroft 12.3; 6, D. Warner 12.3. **200:** (—1.03m) 1, K. Smallwood 23.7; 2, V. Elder 24.4; 3, G. Spurgin 25.2; 4, R. Chettleburgh 25.7. **1500:** 1, C. Boxer 4:14.4; 2, P. Fudge 4:15.3; 3, R. Smeeth 4:16.2; 4, G. Dainty 4:19.0; 5, K. Fairbrass 4:20.0; 6, L. Parker 4:20.2; 7, K. Harvey 4:22.3; 8, C. Bradford 4:23.9; 9, A. Alford 4:26.7; 10, K. Hughes 4:27.8; 11, K. Binns 4:28.6. **HJ:** 1, A-M. Cording 1.83; 2, B. Simmonds 1.75; 3, E. Hickey 1.70; 4, D. Brown 1.70. **4x100:** Hoyte-Smallwood-Goddard-S. Thomas 44.9.

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SEBASTIAN COE'S EFFORTLESS 1:46.5

IN WET and blustery conditions at Cleckheaton on May 17th, Sebastian Coe restricted himself to the 800m at the Yorkshire Championships in spite of an original intention to run both the 800 and 1500. The first lap was a relatively modest affair — 54.2 — and Peter Elliott was still in determined pursuit. But a barely perceptible acceleration from Seb opened a comfortable gap and gave the customers what they had for the most part come to see — the spectacle of an Olympic champion winning with apparently effortless elegance. In fact, Seb made his 1:46.5 look so graceful and simple one could almost wonder why more athletes don't run like that more often! The answer was in part supplied by Peter Elliott, who left no one in any doubt of the commitment and effort it takes to run at the pace of a Coe. The contrast in styles could hardly be more complete between the two, but the 18-year-old Elliott shows every prospect of sharing the champion's quality. He ran a personal best time of 1:49.7 for second place, and never looked as though he had accepted defeat. It was a performance that augurs well for the European Juniors on which he has set his sights.

Although many in the two thousand crowd drifted away when it was announced that Seb would not start in the 1500, the interest of the championships was not exclusively reserved for the middle distance events. Michael Makin (born 1.3.62) of Leeds City put up a remarkable series of performances to win the Senior and Junior triple jump titles and the Junior long jump, in the process setting new championship bests in all three! Michael's senior triple jump distance of 16.22m was only 2cm short of Aston Moore's UK Junior record.

Brian Scobie

400: 1, S. Wymark (Hull S) 48.6; 2, K. Worrall (Works) 49.2; 3, C. Beaumont (Leeds) 49.2. 800: 1, S. Coe (Hallam) 1:46.5; 2, P. Elliott (Roth) 1:49.7; 3, R. Young (Wake) 1:53.5. 1500: 1, S. Markley (Mx) 3:52.4; 2, I. Gilmour (W&B) 3:53.5; 3, S. Binns (Bing) 3:53.7. 5000: 1, K. McDonald (Bing) 14:28.4; 2, M. Baxter (Leeds) 14:28.9. 3000SC: 1, T. Fieldsend (Sheff) 8:56.3; 2, M. Upton (Rown) 9:21.1. 110H: A. Shaw (Long) 15.6. 400H: 1, S. Sole (Sheff) 53.3; 2, R. Bell (Wake) 54.1; 3, R. Tolson (TVH) 55.6. HJ: A. Oversby (Spen) 2.00. PV: M. Johnson (Norm) 3.80. LJ: 1, D. Johnson (Sheff) 6.97; 2, N. Stoppard (Sheff) 6.86. TJ: 1, M. Makin (Leeds) 16.22; 2, Johnson 15.63; 3, Stoppard 14.92. SP: 1, I. Lindley (W&B) 17.44; 2, I. Washington (Sheff) 13.33; 3, A. Gummerson (Wake) 13.19. DT: 1, P. Gordon (Met. P) 55.42; 2, Gummerson 44.90; 3, Lindley (W&B) 44.34. HT: 1, Gordon 59.64; 2, D. Smith (Hull S) 58.54; 3, A.



Peter Elliott tracks Seb Coe in the Yorkshire 800m, reducing his personal best by a second to 1:49.7.

John Burles

Carruthers (Craw) 44.82. JT: 1, C. Glossop (Sheff) 59.80; 2, G. Amos (Wake) 59.74. 3000m Walk: 1, D. Jackson (York PO) 12:54.5; 2, M. Holmes (Bing) 13:04.2; 3, R. Hankin (Sheff) 13:10.0. 4x100: 1, Sheffield 42.7; 2, Leeds 43.0.

(Yorks Women's Championships — next page)

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Sue Hearnshaw in action at the Yorkshire Women's Championships at Cudworth on May 16th where she won with a leap of 6.23m.

Eric North

(Women): 100: J. Hoyte-Smith (DHTC) 12.1. 400: 1, Hoyte-Smith 52.7; 2, G. May (A&SV) 56.0; 3, C. Whitehurst (CoH) 57.0. 800: 1, J. Laughton (Der) 2:10.5; 2, K. Barringham (Hallam) 2:13.3; 3, J. Walker (Sheff) 2:16.2. 1500: 1, S. Arthurton (Leeds) 4:25.3; 2, J. Furniss (Sheff) 4:25.4; 3, D. Burton (Leeds) 4:31.4. 100H: 1, L. Roper (Hallam) 15.0; 2, S. Morley (Hick) 15.0. 400H: 1, Morley 61.1; 2, A. Creamer (Roth) 63.4; 3, F. Fyfe (Sheff. Poly) 63.4. HJ: T. Phillpots (Sale) 1.70. LJ: 1, S. Hearnshaw (Hull S) 6.23; 2, Phillpots 5.77; 3, T. Collier (Leeds) 5.68. SP: 1, M. Lynch (Sheff. Poly) 12.01; 2, K. Lowe (M&C) 11.96; 3, Y. Hanson-Nortey (Hallam) 11.00. DT: A. Bateson (A&SV) 34.16. JT: Dm Rimmington (Leeds) 39.00. 4 x 100: City of Hull 49.4.

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AVON

At Whitchurch, May 16th/17th

400: 1, S. Bennett (Bris) 49.7; 2, M. Thomas (Bris) 49.8. PV: D. Lease (Car) 4.00. JT: M. Parry (Wells) 59.38. (Women): 200: M. Williams (Bris) 25.3. 400: S. Smith (Bris) 57.9. 800/1500: C. Bradford (Cle) 2:10.8/4:27.4. LJ: J. Edwards (Wells) 5.74.

DERBYSHIRE

At Chesterfield, May 16th

1500: C. Robison (Der) 3:54.1.

HUMBERSIDE

At Hull, May 9th

(Women): 3000: D. Baker (CoH) 10:32.3.

KENT

At Crystal Palace, May 16th/17th

200: N. Quay-Verlander (Inv) 22.2. 400: 1, B. Dickens (Shaft) 49.2; 2, S. Baggeley (Ell) 49.4; 3, D. Ives (Dart) 49.8; 4, P. Steed 49.9. 5000: 1, K. Penny (Camb. H) 14:18.2; 2, A. Guilder (Ell) 14:30.6. 400H: 1, S. Munday (Dart) 54.9; 2, R. Jerrett (Med) 54.9. 3000m Walk: C. Bradley (Med) 13:59.7. HJ: 1, P. Minshull (Har-J) 2.00; 2, G. Parsons (LAC-J) 1.95; 3, J. Bancroft (Bex) 1.95. PV: J. Aubrey (B'ht) 4.10. LJ: 1, J. King (Med) 7.12; 2, G. Gallagher (Ell) 6.95. TJ: 1, Gallagher 15.20; 2, A. Lees (TVH) 15.05. SP: 1, E. Gilkes (Ex. B-J) 15.15; 2, J. Hillier (Hill) 14.11. DT: 1, Hillier 50.00; 2, C. Ellis (B'ht) 43.86. JT: 1, C. McKenzie (Ex. B-J) 70.20; 2, K. Turnbull (Dart) 58.32. (Women): 200: S. Joseph (Brom) 25.3. 400: A. Telling (HHH) 57.7. 800: H. Hollick (Sale) 2:12.0. 1500: 1, Hollick 4:28.8; 2, T. Purton (Camb. H) 4:34.1; 3, C. Mole (Med) 4:42.3. 100H: V. Douglas (Brom) 15.1. 400H: 1, C. Zeissler (Camb. H) 62.3; 2, S. Livingstone (Mit) 63.9; 3, Telling 64.7; 4, L. Greenwood (Mit) 64.7. HJ: 1, D. Brown (W&B) 1:65; 2, J. Skelt (Bex) 1.65. LJ: 1, S. Simmons (Sel) 5.80; 2, V.

Walsh (Ton) 5.72; 3, L. Rushbrook (Camb. H) 5.64. SP: 1, A. Littlewood (Camb. H) 16.48; 2, V. Redford (Met. P) 14.24; 3, I. Duffin (Camb. H) 11.89. DT: 1, Reford 48.58; 2, Littlewood 48.44; 3, Duffin 38.02. JT: J. Dawkins (Beav. S) 38.18.

LANCASHIRE

At Stretford, May 10th

100: 1, E. Tulloch (Sale) 10.8; 2, S. Wilson (Sutt) 10.9. 400: 1, C. Hamilton (Sale) 47.5; 2, T. Carrington (Sale) 48.2; 3, P. Moran (Liv. P) 49.5; (In heats: A. Gaskell (Sutt) 49.5). 1500: 1, M. Plant (Man) 3:48.8; 2, K. Rothwell (Stret) 3:49.2; 3, S. Anders (St. H) 3:51.1. 3000SC: P. Cowell (Ross) 9:22.2. 400H: 1, Carrington 53.6; 2, D. Anderson (Manx) 55.7; 3, D. McCutcheon (Manx) 55.8. HJ: 1, A. Ord (Stock) 2.05; 2, N. Duffin (Stret) 2.00; 3, N. Tustin (Liv) 1.95. LJ: S. Pegler (Sale) 6.86. JT: 1, P. Ostapowycz (Stret) 64.02; 2, C. Johnson (Stret) 62.48.

At Stretford, May 17th

200: 1, E. Tulloch (Sale) 21.6; 2, T. Carrington (Sale) 21.6; 3, C. Hamilton (Sale) 21.9. 800: 1, R. Harrison (Liv) 1:51.9; 2, K. Rothwell (Stret) 1:52.3; 3, P. Livesey (B'burn) 1:52.9. 5000: 1, M. Plant (Man) 14:03.9; 2, K. Harrison (Stret) 14:05.6; 3, D. Murphy (Liv) 14:06.5; 4, J. Woods (Liv) 14:06.5; 5, D. Lewis (Ross) 14:09.1; 6, A. Leonard (Bolt) 14:25.3; 7, P. Tootell (Stret) 14:25.6; 8, D. Singleton (Bolt) 14:32.4. 110H: 1, Carrington 15.0; 2, G. McDonald (Bolt) 15.2; 3, M. Kinson (Stret) 15.4; 4, D. Jones (Sale) 15.4. TJ: 1, B. Camp (Liv) 14.59; 2, S. Pegler (Sale) 13.98. SP: 1, M. Holmes (Liv) 14.53; 2, P. Thomas (Furn) 13.40. DT: Holmes (Liv) 40.96. HT: 1, S. Rogerson (Sale) 56.76; 2, J. Borszcz (Bolt) 47.92; 3, E. Greenwood (O&R) 44.16; 4, Holmes 43.92; 5, K. Madden (Sale) 43.00.

MIDDLESEX

At Haringey, May 16th

100: 1, T. Hoyte (Houn) 10.9; 2, L. Christie (TVH) 11.0; 3, L. Hoyte (TVH) 11.0. 200: 1, Christie 22.2; 2, L. Hoyte 22.2; 3, M. Morris (Har) 22.3. 400: 1, N. Kitchen (High) 48.1; 2, K. Raymond (Poly) 48.4; 3, B. Ritchie (Har) 49.6. 800: J. Moseley (Old G) 1:54.1. 5000: J. Kilsby (Har) 14:38.0. 3000SC: 1, M. Green (Old G) 9:18.1; 2, G. Ward (Har) 9:19.7; 3, P. Llewellyn (Shaft) 9:23.7; 4, R. Kennan (High) 9:28.1. 110H: H. Teape (Enf-J) 15.6. 400H: C. James (Enf) 56.0. HJ: 1, R. Charles (QPH) 2.06; 2, L. Thompson (Har) 2.00; 3, R. Willsmer (Enf) 1.95. PV: 1, P. Brooks (WLIHE) 4.10; 2, H. Thorne (High) 3.80. LJ: 1, C. Rattigan (ULAC) 7.41; 2, T. Henry (Shaft) 7.29; 3, W. Hinds (Har) 7.22; 4, T. Wade (TVH) 7.11. TJ: 1, R. Cameron (QPH) 14.73; 2, D. Oluwa (Poly) 14.21. SP: A. Zaidman

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(Har-J) 16.05. DT: 1, Zaidman 42.40; 2, J. Szablewski (Hill) 41.34. HT: 1, M. Mason (Enf) 52.28; 2, M. Zaidman (Har) 50.74; 3, J. Heard (Enf) 42.16. JT: 1, J. McSorley (TVH) 69.96; 2, E. Devido (N. Lon) 65.14. 3000m Walk: 1, A. James (Enf) 13:10.3; 2, S. Lightman (Sy) 13:35.4.

SOMERSET

At Yeovil, May 16th

SP: B. Holden (Bris) 15.42. HT: E. Berry (Yeo) 57.00.

STAFFORDSHIRE

At Stafford, May 13th

400H: M. Millward (Stoke) 55.5. HT: G. Middleton (Newc) 46.76.

At Wolverhampton, May 16th

100/200: P. Burn (Cann) 11.0/21.9. 400: M. Holtom (W&B) 48.2. 1500: 1, P. Black (Tam-J) 3:48.6; 2, K. O'Meally (Tip) 3:51.0; 3, J. Earlston (Tip) 3:52.5; 4, R. Westwood (Tip) 3:53.3. 5000: 1, D. Black (Tam) 13:48.8; 2, P. Davies-Hale (Cann-J) 13:53.7; 3, A. Milovsorov (Tip) 13:59.3; 3, M. Pountney (Tip) 14:23.0. 3000SC: S. Willimott (Cann) 9:24.0. 110H: G. Myles (W&B-J) 15.0. 400H: M. Millward (Stoke) 55.5. PV: G. Ward (Stoke) 3.70. HT: G. Middleton (Newc) 46.76. (Women): 100: C. Reaney (Stoke) 12.2. 200: 1, L. Forsyth (W&B) 24.6; 2, Reaney 25.2. 400: F. Weston (Tam) 56.9. 1500: S. Warrilow (W&B) 4:40.0. SP: 1, A. George (Cann) 11.30; 2, S. Cook (W&B) 11.30. DT: 1, J. Salter (Bir) 36.96; 2, E. Thomas (Cann) 36.60. JT: A. Douglas (Bir) 39.92.

SURREY

At Mottspur Park, April 26th

(Women): 800: 1, J. Compton (Brack) 2:12.1; 2, S. Hassan (Croy) 2:14.1; 3, A. Wilkins (Hasl) 2:16.1. 3000: 1, A. Roberts (Houn) 9:49.3; 2, D. Phillips (Croy) 10:01.0; 3, W. Norman (Hasl) 10:06.3. 400H: 1, V. Graham (G&G) 62.4; 2, V. Lee (Wok) 63.8; 3, J. Minott (Sel) 66.9. JT: 1, A. Farquhar (Sel) 44.08; 2, A. Hempstead (E&E) 36.48. Pent: 1, S. Oram (Brack) 2963 (11.65); 2, L. Hamilton (HW) 2910 (11.30); 3, C. Drewry (Ex. L) 2892. Open 3000m walk: J. Barrett (Ver) 15:01.4. 4x100: Selsonia 49.0.

WORCESTERSHIRE

At Warley, May 16th

400: 1, A. Myatt (Warl) 49.4; 2, W. Lyn (Warl) 49.7. 3000SC: 1, P. Griffiths (Tip) 9:09.6; 2, I.

Seb Coe Last—At 200!

At Loughborough, May 13th

West London IHE 110½; Loughborough Students 108½.

100: 1, A. Pitts (WLIHE) 10.6; 2, J. Marsden (L) 10.9; 3, D. Crosby (WLIHE) 11.0; 4, S. Harrison (L) 11.0. 200: 1, Pitts 21.6; 2, Crosby 22.0; 3, Marsden 22.1; 4, S. Coe (L) 22.6. 400: 1, Coe 47.4; 2, P. Batten (WLIHE) 48.6; 3, A. Kerr (WLIHE) 48.8. 1500: 1, J. Buckner (L) 3:44.0; 2, D. Clarke (WLIHE) 3:45.0; 3, S. Martin (L) 3:51.0. 5000: 1, O. Khalifa (L) 13:47.8; 2, T. Hutchings (L) 13:48.4; 3, S. Harris (WLIHE) 14:32.1. 3000SC: 1, K. Capper (WLIHE) 8:54.4; 2, D. Lewis (L) 9:05.9; 3, J. Bristow (L) 9:16.7; 4, A. Bridges (WLIHE) 9:19.2. 110H: 1, H. Moscrop (WLIHE) 14.8; 2, K. Pascoe (WLIHE) 15.3. 400H: 1, Moscrop 54.6; 2, Pascoe 55.9. HJ: 1, M. Naylor (WLIHE) 2.13; 2, A. Dainton (L) 2.10. PV: 1, G. Eggleton (WLIHE) 4.60; 2, R. Woodruff (WLIHE) 4.50; 3, N. Anderson (L) 3.70. LJ: R. Deane (WLIHE) 7.04. TJ: 1, M. Pickerill (WLIHE) 14.10; 2, C. Dickenson (WLIHE) 13.98. SP: 1, P. Mardle (L) 14.98; 2, C. Bloomfield (L) 13.47. DT: 1, Mardle 52.32; 2, A. Garforth (L) 42.50. JT: 1, S. Pearson (L) 80.02; 2, A. Barbonel (L) 62.36; 3, Dickenson 60.78. 4x100: Loughborough 43.4. 4x400: 1, WLIHE 3:14.2; 2, Loughborough 3:19.2. (Women Non-Scoring): 100: 1, K. Smallwood 11.6; 2, J. MacGregor 12.0; 3, P. Baker 12.1. LJ: 1, S. Hearnshaw 5.95; 2, A. Fraser 5.53; 3, K. Warren 5.53. DT: J. Curtis 47.32. 4x100: 1, WLIHE 46.6; 2, Loughborough 49.4. 4x400: 1, WLIHE 3:42.6; 2, Loughborough 3:57.4.

Atkins (Worc) 9:29.1. 400H: S. Hinchliffe (Worc) 55.3. 3000m Walk: 1, S. Lewis (Leic) 13:44.4; 2, D. Henley (B&R) 13:44.6. (Women): 200: D. Bunn (Bir) 25.2. HJ: S. Webb (Hales) 1.65. 3000m Walk: 1, D. Birbeck (Worc) 15:25.9; 2, E. Worth (Bole) 15:52.0; 3, D. Naylor (Harb) 16:26.3.

HEPTATHLON RECORD SMASHED

Ramona Neubert (GDR) added over 400 pts to the pending world heptathlon record with the remarkable score of 6621 at Halle last weekend. Her marks: 100H — 13.58, SP — 14.75, HJ — 1.80, 200 — 23.70, LJ — 6.82, JT — 40.98, 800 — 2:07.55!

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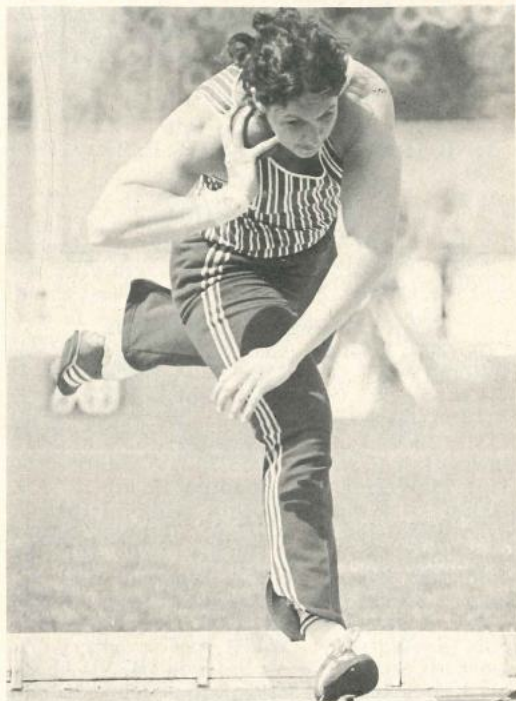


VENISSA A DISAPPOINTED RECORD BREAKER

IT'S NOT OFTEN an athlete expresses disappointment after breaking a national record but Venissa Head was almost apologetic for putting the shot 'only' 17.54m at the Cwmbran Classic on May 17th. Hoping for around 18 metres in this her first outdoor shot appearance of the season she was a little too anxious and her technique suffered; nonetheless she produced this grand series: 17.54, foul, 17.47, foul, 17.44, foul. The previous UK record was Angela Littlewood's 17.53 in Moscow, while indoors Venissa has reached 17.65. Later in the afternoon Venissa raised her Welsh discus record to 53.72m, consolidating her fifth position on the UK all-time list.

The meeting, marking the official re-opening of the track, proved to be a good occasion for other Welsh athletes to shine also. Berwyn Price, who will turn 30 this summer, remains a major force in high hurdling as witness his snappy 14.20 into an 0.7m/sec wind; and there was a brave attempt by Roger Hackney to become the first Welshman to run a four-minute mile on home soil. The wind ruined his chances of success but the Olympic steeplechaser gave it everything. Following a 59.2 first quarter he took the lead just before 880y (2:00.4) and from then on it was a solo run. He passed three-quarters in 3:03.4 and finished in 4:04.14. The women's mile resulted in a Welsh victory too as Hilary Hollick (who had won the Kent 1500m title at Crystal Palace earlier in the day!) held off persistent Fiona McQueen in 4:44.30.

Track highlight of the meeting was Barry Smith's sparkling 3000m, his time of 7:54.10 being a world class effort in the blustery



Venissa Head in action at Cwmbran, where she added a centimetre to Angela Littlewood's UK record with 17.54m — a mark she improved to 17.62 in Antrim last weekend.

Tim Pike

GUILDFORD & GODALMING A.C.

OPEN MEETING

(Under A.A.A. & W.A.A.A. Laws)

at Bannisters Farm Track (off A3)

SAT., 1st AUGUST, 1981

Start 10.30 a.m.

**SELECTION OF EVENTS
FOR ALL AGE GROUPS**

SAE for entry form to Mrs E. Burns,
16 Lock Road,
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CLOSING DATE 4th JULY, 1981

No entries on day — No late entries

NUNEATON HARRIERS

CARNIVAL MEETING

AT PINGLES TRACK

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 7th JUNE, 1981

12 O'Clock Start

Minor Girls 100m, 800m, 2,000m Walk.

Junior Ladies 100m, 200m, 1,000m, 2,000m Walk.

Inter Ladies 1,000m, 200m, 400m, 3,000m Walk.

Senior Ladies 400m, 3,000m.

Colts 100m, 800m.

Boys 100m, 1,000m, 1,500m, 2,000m Walk.

Youths 100m, 1,500m, 3,000m Walk.

Senior Men 100m, 200m, 400m, 1,000m, 2 mile.

Entries to: B. Ewington, 16 Hemsworth Drive,
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Entry Fee: Senior 40p, Juniors 35p each event.

PRIZES/MEDALS AWARDED

CLOSING DATE 1st JUNE

conditions. He broke away from a very good field with a 62.2 third lap (15m up), and followed with a 60.7 (40m clear of Steve Jones) and a 62.5 (his lead now 70m) before slowing. His kilometre splits were 2:38.3, 2:34.2 and 2:41.6. Smith's huge lead was reduced somewhat on his 63.5 last lap. There was a great burn-up for second place as Jim Espir (59.4 last lap) prevailed over Dave Clarke with Tony Blackwell — who smashed his personal best — unexpectedly the first Welshman to finish. Steve Jones placed 5th, Julian Goater (who was miles back in the early laps) 6th and last year's winner Dave James 7th.

Headwinds held down the 100m times, yet Mike McFarlane was in such splendid form that he recorded 10.53 a metre ahead of Steve Green. Kathy Smallwood was untroubled in her race, Wendy Hoyte coming in seventh after being left at the start. Mixed fortunes for the Hooper family in the pole vault: Richard (16) scaled a personal best of 4.50m but brother Brian sadly had to retire injured without clearing a height, victim of tendinitis. Keith Stock, who had finished ahead of Hooper at Reading three days earlier, made 5.20 before failing at 5.40.

Mel Watman

(Results on page 14)



Barry Smith leading from Jim Espir, Steve Jones and Dave James (8) in the 3000m.

Tim Pike

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AMATEUR ATHLETIC ASSOCIATION**

**OPEN
MEETING**

(Under A.A.A. Laws)

at
**CRYSTAL PALACE
NATIONAL SPORTS CENTRE**

on
**WEDNESDAY,
10th JUNE, 1981**

FIELD EVENTS

- 7.00 p.m.** HIGH JUMP — Youths, Juniors, Seniors.
7.00 p.m. JAVELIN — Youths, Juniors, Seniors.
8.00 p.m. LONG JUMP — Youths, Juniors, Seniors.

TRACK EVENTS

- 6.30 p.m.** 400m — Juniors, Seniors.
7.00 p.m. 3000m WALK — 1981 SCAAA SENIOR CHAMPIONSHIP.
7.20 p.m. MILE — Colts, Boys, Youths, Juniors & Seniors.
8.15 p.m. B.M.C. INVITATION 800m.
8.30 p.m. 5000m — Juniors and Seniors.

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Entries to: — Hon Sec. Southern Counties,
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ENTRIES CLOSE FRI., 5th JUNE, 1981

SOUTHERN WOMEN'S LEAGUE

(Division One)

At Ewell Court, April 25th

Bracknell 181; 2, Barnet 162; Basildon 140;
Borough of Enfield 136; Epsom & E 109.

100/400: T. Burgess (Enf) 12.2/54.9. 100H: K. Yell (Enf) 15.1. 400H: S. Coulson (Brack) 65.0. SP: (A): 1, S. Parker (Brack) 11.41; 2, E. Tinkler (Enf) 11.04. (B): S. Oram (Brack) 11.21. DT: (A): 1, J. Picton (Brack) 46.30; 2, L. Whiteley (Enf) 46.26. (B): Parker 41.42. JT: 1, M. Worsfold (Enf) 38.00; 2, A. Hempstead (E&E) 36.52. (Juniors): DT: C. Parker (Brack) 31.24.

At Exeter, May 9th

Bracknell 185; Exeter 143; Brighton & H 143;
Bournemouth 139½; Borough of Hounslow 119½.

400: 1, J. Compton (Brack) 57.7; 2, J. Patching (B&H) 57.8. 800: (A): 1, P. Whitter (Exe) 2:12.6; 2, A. Roberts (Houn) 2:13.0; (B): 1, K. Steer (Exe) 2:11.2; 2, P. Fudge (Houn) 2:11.4. 1500: Fudge 4:27.2. 3000: (A): 1, A. Ford (Houn) 9:36.6; 2, A. Hollington (B'mth) 9:52.5; 3, M. Samy (Brack) 10:05.0. (B): S. Samy (Brack) 10:34.5. 100H: T. North (Houns) 15.2. 400H: 1, S. Coulson (Brack) 63.3; 2, H. Selway (Exe) 64.2. HJ: M. Fry (B&H) 1.65. SP: 1, L. Bryant (Exe) 12.02; 2, S. Parker (Brack) 11.67. DT: (A): 1, Bryant 50.48; 2, J. Picton (Brack) 44.46; 3, L. Smith (B'mth) 40.38. (B): Parker 41.36. JT: 1, C. Martin (B&H) 42.88; 2, J. Morley (Brack) 39.18. 4x400: Bracknell 3:56.9. (Juniors): 100: J. Chenery (B&H) 12.7. 200: 1, A. Fowler (Brack) 26.2; 2, Chenery 26.3. 800: M. Lavercombe (Exe) 2:16.6. 80H: M. Hayward (B'mth) 12.6. DT: C. Parker (Brack) 30.90.

At Copthall, May 9th

Barnet 176; Stevenage & NH 153;
Southampton & E 149; Reading 133; Havering 118.

200: 1, R. Chettleburgh (Hav) 24.7; 2, L. Reeves (S&E) 25.0. 400: 1, J. Saunders (S&NH) 56.5; 2, C. Dawkins (S&E) 57.9. 800: (A): K. Fairbrass (Read) 2:13.5. (B): L. Wright (S&NH) 2:15.0. 3000: (A): J. Adams (Barn) 10:13.5. (B): B. Nelson (Barn) 10:24.8. 100H: V. LeMoignan (S&E) 14.6. 400H: (A): 1, LeMoignan (S&E) 61.5; 2, J. Lindsay (S&NH) 63.0. (B): D. Gorman (S&E) 67.0. LJ: C. Neal (Barn) 5.59. SP: J. Avis (Barn) 12.01. DT: (A): 1, Avis 46.44; 2, J. Wilderspin (Hav) 38.40. (B): C. Barnard (Hav) 36.82. JT: (A): L. Flitney (Barn) 39.76. (B): S. Brice (Barn) 37.58. 4x100: 1, Southampton & E 49.2; 2, Stevenage & NH 49.4. 4x400: 1, Stevenage & NH 3:56.6; 2, Southampton & E 3:56.7. (Juniors): 100: S. Jacobs (Read) 12.6. 200: 1, Jacobs 25.5; 2, Y. Kaufman (Barn) 25.6. 1500: M. Shaw (Barn) 4:53.9.

At Radley, May 9th

Radley 176; Wycombe Ph. 151; Croydon 149; Epsom & E 129½; Bristol 122½.

100: D. Warner (Rad) 12.1. 1500: E. Lyon (Wyc) 4:43.2. DT: 1, V. Head (Bris) 53:24; 2, A. Franks (Rad) 41.18. JT: 1, J. King (Croy) 41.80; 2, T. Averies (Rad) 38.52. 100H: 1, L. Brown (Rad) 14.7; 2, S. White (Bris) 15.1; 3, B. Corbett (E&E) 15.5. 400H: (A): 1, M. Southerden (Wyc) 64.3; 2, C. Roe (Rad) 66.3; 3, Corbett 66.4. (B): T. Hoyle (Wyc) 65.7. 4×400: Wycombe Ph. 4:00.7. (Juniors): 100: S. Burke (Croy) 12.7.

At Bedford, May 9th

Aldershot F&D 166; Mitcham 151; Bedford 146; Crawley 145; Basildon 123.

1500: R. Smeeth (AF&D) 4:37.1. 3000: J. Standing (Craw) 10:37.7. SP: 1, C. Dyer (AF&D) 14.35; 2, J. Kane (Craw) 12.56. DT: 1, Kane 49.22; 2, Dyer 41.52; 3, P. Stapleton (Bed) 34.42. JT: K. Miller (Craw) 37:14. 400H: L. Greenwood (Mit) 65.8.

(Division Two)**At Battersea Park, May 9th**

Chelmsford 211; Windsor S&E 144; Swindon 139; London Olympiades 110; Selsonia 84.

3000: K. Fitzgibbon (LOAC) 10:31.9. 100H: J. Rose (Sel) 15.4. HJ: 1, L. Miller (Chelm) 1.75; 2, J. Minnott (Sel) 1.70. LJ: S. Simmonds (Sel) 5.50. SP: (A): 1, H. Clarke (Chelm) 13.78; 2, R. Doyley (Sel) 11.37. (B): S. Bracey (Chelm) 12.07; 2, I. Doyley (Sel) 10.98. DT: (A): 1, D. Bushnell (Chelm) 43.00; 2, I. Doyley 34.60. (B): S. Quinn (Chelm) 34.26. JT: (A): Rose 48.04; 2, C. Bishop (LOAC) 37.58. (B): A. Farquhar (Sel) 44.34.

At Sutcliffe Park, May 9th

Havant 165; Bromley 160; Haringey 150½; Norfolk O. 128½; Verlea 120.

200: S. Joseph (Brom) 25.2. 100H: 1, V. Douglas (Brom) 15.0; 2, L. Playel (Ver) 15.3. HJ: J. Hillyard (Ver) 1.65. SP: G. Achille (Har) 12.70; 2, S. Elliot (Brom) 12.06; 3, S. Clarke 11.77. DT: K. Honey (Ver) 35.66. (Juniors): SP: J. Harris (Hav) 11.04. DT: S. Rayment (Hav) 27.46.

At Dartford, May 9th

Dartford 179; Hillingdon 162; Ipswich 151; Southend 129; Bognor R&C 109.

100: B. Kinch (Ips) 12.3. 100H: A. Simmonds (S'end) 14.8. 400H: T. Pike (S'end) 66.1. SP: S. King (Ips) 13.43. (Juniors): 80H: K. Smith (Dart) 12.7.

(Division Three — North & East)**At Wimbledon, May 9th**

Cambridge & C 171; Tonbridge 151; Eastbourne 140; Belgrave 121; Havering 119.

(Juniors): 80H: C. Oxer (C&C) 12.9.

13.7 Hurdles By Jill Duffield**GEORGE FRENCH & ATALANTA TROPHIES MEETING****At Haringey, May 2nd**

100: 1, C. Haslam (LOAC) 12.1; 2, J. Duffield (Enf) 12.1; 3, Y. Taylor (Har) 12.2. 200: 1, Haslam 24.8; 2, S. Whitnell (Ex. L) 25.2; 3, P. Mullins (S'end) 25.3. 100H: (A): 1, Duffield 13.7; 2, A. Simmonds (S'end) 14.5; 3, P. McNab (Mx) 14.9; J. Taylor (Ex. L) 14.9; 5, L. Playel (Ver) 15.0. (B): K. Yell (Enf) 14.8. HJ: 1, S. Hilliard (Ver) 1.70; 2, L. Chiltern (S'end) 1.65; 3, S. Taylor (Ex. L) 1.65. LJ: H. Lawummi (Har) 5.58. DT: L. Whiteley (Enf) 49.32. JT: 1, M. Worsfold (Enf) 39.72; 2, C. Bishop (LOAC) 38.58; 3, M. Bloomfield (Ex. L) 37.24. 4×100: Borough of Enfield 49.3. (Inters): 100: 1, L. Goreeph (Ex. L) 12.1; 2, M. Toppin (Har) 12.4. 200: Goreeph 25.6. 100H: 1, D. Fogden (Mx) 15.7; 2, A. Hill (Enf) 16.0. 200H: A. Hill (Enf) 31.0. LJ: S. Gunnell (Ex. L) 5.43. (Juniors): 80H: (A): 1, M. Stone (S'end) 12.5; 2, P. Brown (Mx) 12.9. (B): S. Maynard (Mx) 12.3. HJ: H. Phillips (Enf) 1.60. **George French Trophy:** Essex Ladies 95; Middlesex 90; Borough of Enfield 82; Southend-on-Sea 74; London Olympiades 44; Verlea 25; Haringey 18. **Atalanta Trophy:** Essex Ladies 157; Borough of Enfield 137; Verlea 105; Southend-on-Sea 96; Middlesex 82; Haringey 69; London Olympiades 47.

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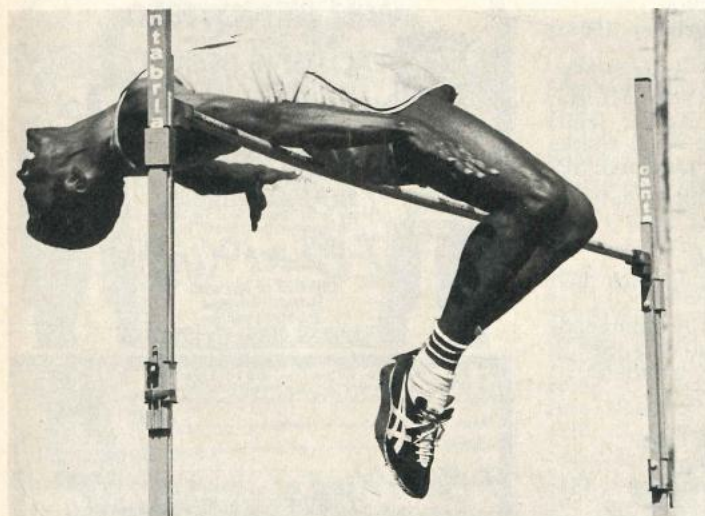
CWMBRAN CLASSIC RESULTS

100: (—1.8m) 1, M. McFarlane 10.53; 2, S. Green 10.62; 3, C. Sharp 10.78; 4, M. Powell (J) 10.88; 5, J. Evans 10.91. **200:** (+1.3m) 1, G. Cohen 22.16; 2, S. Scutt 22.31; 3, C. Moseley 22.35; 4, G. Cook 22.43; 5, T. Whitehead 22.45; 6, R. Dickens 22.74. **Mile:** 1, R. Hackney 4:04.14; 2, T. Hutchings 4:08.02; 3, G. Millar 4:10.70; 4, N. Leach 4:10.87; 5, D. Swain 4:11.74; 6, T. Messum 4:12.37; 7, S. Emson 4:13.79. **3000:** 1, B. Smith 7:54.10; 2, J. Espir 7:59.22; 3, D. Clarke 7:59.56; 4, A. Blackwell 8:00.31; 5, S. Jones 8:00.94; 6, J. Goater 8:01.59; 7, D. James 8:08.36; 8, G. Harvey 8:08.43; 9, M. Prince 8:08.54; 10, G. Grant 8:18.43; 11, Sean Cahill 8:25.04. **110H:** (A) (—2.2m) 1, B. Price 14.8; 2, G. Myles (J) 15.2; 3, N. Walker (J) 15.2; 4, K. Moore (J) 15.2; 5, C. Marshall (J) 15.5; (B) (—0.7m) 1, Price 14.20; 2, Myles 14.78; 3, Moore 14.88; 4, Walker 14.94; 5, Marshall 15.12; 6, M. Erysthee (J) 15.95. **400H:** 1, D. Fishwick 52.74; 2, P. Coacher 53.43; 3, K. Currid 53.65; 4, K. Lidlow 53.85; 5, M. Briggs (J) 54.34; 6, T. Bidder 56.44. **HJ:** 1, C. Moseley 2.10; 2, O. Cham (J) 2.05; 3, B. Burgess 2.05; 4, R. Charles 2.05; 5, A. McIver 2.00. **PV:** 1, K. Stock 5.20; 2, W. Davey (J) 4.65; 3, G. Eggleton 4.65; 4, P. Lovell (J) 4.50; 5, R. Hooper (J) 4.50; 6, N. Phipps 4.20; 7, R. Gammage (J) 4.20; B. Hooper no ht. **TJ:** 1, A. Moore 15.98; 2, J. Herbert (J) 15.33; 3, F. Attoh 15.01; 4, R. Cameron 14.29. **JT:** 1, T. Brooks (J) 64.36; 2, G. Robinson 62.54; 3, G. Brooks 60.70; 4, G. Rowlands (J) 58.56; 5, M. Thomas 57.80. **4x100:** 1, All Stars (Green, Sharp, McFarlane, Evans) 40.62; 2, UK Juniors (Powell, L. Asquith, P. Brown, F. Campbell) 41.40. **4x400:** All Stars (Cohen, Cook, Whitehead, Scutt) 3:12.64.

Women

100: (—2.1m) 1, K. Smallwood 11.7; 2, B. Goddard 11.9; 3, J. Parry (J) 12.0; 4, S. Thomas (J) 12.0; 5, L. Macdonald (J) 12.0; 6, M. Ascroft 12.4; 7, W. Hoyte 12.7 (left). **200:** (+4.0m) 1, M. Scutt 24.13; 2, V. Elder 24.68; 3, L. Forsyth 24.73; 4, L. Keough (J) 25.12. **800:** 1, T. Colebrook 2:09.59; 2, G. Dainty 2:10.68; 3, J. Asgill 2:11.86; 4, S. Parker 2:12.37; 5, S. Smith 2:13.36; 6, S. Alt 2:13.70; 7, J. Wingrove (J) 2:14.12; 8, J. Presley (J) 2:14.89; 9, J. Rashford 2:15.25; 10, M. Walker (J) 2:15.25. **Mile:** 1, H. Hollick 4:44.30; 2, F. McQueen 4:45.47; 3, J. Loughton 4:47.99; 4, L. Harvey 4:50.53; 5, A. Fox 4:54.00; 6, D. Phillips 4:55.32; 7, W. Lodge 4:59.17; 8, J. Moody 4:59.84; 9, V. Blair 5:03.06; 10, C. Morgan 5:05.24. **100H:** (—2.7m) 1, L. Roper (J) 14.76; 2, S. Owen 14.76; 3, J. Rogers (J) 14.86; 4, L. Brown (J) 15.11; 5, S. Rowe (J) 15.52. **400H:** 1, C. Warden 58.13; 2, S. Dalgoutte 59.65; 3, W. Griffiths 59.83; 4, D. Skeritt 61.08; 5, S. Coulson (J) 62.01; 6, J. Lindsay 62.02; 7, D. Heath 62.45; 8, H. Gourley (J) 62.71. **LJ:** 1, B. Kinch (J) 6.10; 2, S. Green 6.08; 3, C. Earlington 6.07; 4, B. Clarke 5.78; 5, M. Smallwood (J) 5.76; 6, G. Regan 5.66. **SP:** 1, V. Head 17.54. **(UK record);** 2, S. Owen 12.19. **DT:** 1, Head 53.72 (Welsh rec); 2, L. Bryant 52.18; 3, S. Worthy 37.82. **JT:** 1, J. Zaslon 47.10; 2, A. Horrex (J) 41.58; 3, J. Dawkins (J) 36.86; 4, S. Jones 36.58. **4x100:** UK Juniors (D. Warner, Parry, Macdonald, S. Thomas) 45.79; All-Stars (W. Hoyte, Smallwood, Goddard, Ascroft) dnf. **4x400:** All-Stars (Forsyth, Keough, Elder, Scutt) 3:38.94.

Detailed coverage of the Nike Peoples Marathon will appear in next week's issue.



Versatile Claude Moseley (19), winner of the high jump at 2.10m, seen attempting 2.15 at Cwmbran. He also placed third in the 200m. His best track times are 10.8 (100), 21.5 (200) and 48.5 (400).

Bob Sly

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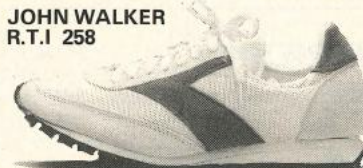


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GRE GOLD CUP (1st Round)

10th May

At Hornchurch

Dartford 132; Havering 128; Verlea 122, Victoria Park 98; Wycombe Ph. 91; Stevenage & NH 79.

400: 1, I. Bishop (Dart) 49.5; 2, K. White (Hav) 49.9. HJ: P. Champion (Dart) 1.94. SP/DT/HT: N. Woolcott (Ver) 13.22/51.96/43.42. JT: K. Turnbull (Dart) 59.06. 4x400: 1, Havering 3:21.0; 2, Dartford 3:21.5.

At Southampton

Portsmouth 142; Fareham 124; Crawley 122; Basingstoke 121; Havant 92; Bognor Regis & C 23.

400: R. Mahoney (Ports) 48.9. 400H: M. Coker (Fare) 55.5. HJ: 1, N. Buss (Craw) 2.00; 2, B. Jewers (B'stoke) 1.97. SP: 1, L. Wiltshire (Ports) 14.74; 2, S. Wilson (Fare) 13.86. DT: A. Ward (Craw) 43.14. HT: 1, M. Jones (Craw) 56.02; 2, P. Dolding (B'stoke) 48.32; 3, A. Hall (BR&C) 46.84.

At Cudworth

Longwood 132; Rotherham 121; Airedale & SV 112; Houghton 109; Spenborough 107; Rossendale 86.

800: P. Elliott (Roth) 1:53.4. 1500: R. May (A&SV) 3:53.6. 3000SC: A. Parkinson (A&SV)

9:26.8. 110H: A. Shaw (Long) 15.5. HJ: 1, I. Moore (Hough) 1.95; 2, A. Oversby (Spen) 1.95. LJ: D. Brown (Long) 6.85.

At Hull

Hull Spartan 142½; Rowntrees 128; Harrogate 115; E. Hull 104; Grimsby 101; Hallamshire 89½.

400/TJ: S. Wymark (Hull S) 49.0/14.26. 3000SC: M. Upton (Rown) 9:20.7. HT: D. Smith (Hull S) 58.48.

At Sutton-in-Ashfield

Cannock Chase 150; Tipton 133; Holbeach 125; Sutton-in-Ashfield 102; Berry Hill & M 93.

100: P. Burn (Cann) 11.0. 10,000: R. Cytla (Tip) 31:04.0. 3000SC: P. Griffiths (Tip) 9:25.0. HJ: 1, D. Watson (Tip) 2.00; 2, J. Lee (Cann) 1.95. SP/JT: B. McEwan (Holb) 13.19/59.32.

Wakefield 149; Derby 135; Worksop 129; Bingley 84.

10,000: N. Lees (Der) 30:53.8. DT: W. Renshaw (Der) 41.90. HT: F. MacKenzie (Bing) 43.20. JT: G. Amos (Wake) 58.14.

At Stockport

Wigan 132; Bolton 131; Stockport 129; Liverpool 125; Manx 68; Southport W 47.

400: A. Little (Wig) 49.9. 10,000: D. Singleton (Bol) 30:44.8. HT: 1, J. Borszcz (Bol) 46.00; 2, T. Bradley (Wig) 43.00. JT: T. Aspey (Wig) 59.90.

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IMPORTANT NOTE: To avoid the disappointment of restricting entries, the organisers, in co-operation with the Kent County Constabulary, have to advise you that the competitors will not be allowed to continue the race, if reaching the 7 MILE POINT (passing finish after first lap) over 60 MINUTES AFTER RACE STARTS.

At Meadowbank

Fife 147; Pitreavie 144; E. Kilbride 140; Bellahouston 30.

LJ: K. McKay (Pit) 6.99. HT: R. Gray (Pit) 44.86.

Victoria Park 125; Border 108; Central Region 104; Ayrshire 100; Ayr Seaforth 97; Cambuslang 95; Ballymena & A 16.

At Leamington

Windsor S&E 154; Charnwood 126; Lincoln 125; Solihull & SH 105; Leamington 98.

HT: N. Griffin (WS&E) 45.38. JT: P. Andrews (Lin) 56.72.

At Gateshead

Middlesbrough & C 122; Morpeth 119; City of Hull 112; Gateshead 108; Mandale 93; N. Shields Poly. 77.

100: R. Bell (Gate) 11.0. 1500: S. Markley (M&C) 3:53.0. HJ: S. Gill (NSP) 1.95. DT: 1, L. Tissiman (CoH) 42.72; 2, I. Chipchase (NSP) 40.06.

At Harlow

Borough of Hounslow 144; Rugby 114; Harlow 112; Hertford & W 97; Barnet 95; Highgate 91.

5000: R. Green (Harl) 14:30.3. 110H: B. Stratton (H&W) 15.8. 400H: 1, D. Cowley (Rug) 55.7; 2, C. James (Houn) 55.7. TJ: S. Folkard (Houn) 14.25.

At Yeovil

Yeovil Olym. 135; Newport 130; Bournemouth 127; Barry & V 120; Overton 100.

400H: M. Robertson (Yeo) 54.6. SP/DT: P. Rees (B'mth) 15.52/44.80. HT: 1, E. Berry (Yeo) 55.88; 2, Rees 43.30.

At Woking

Croydon 125½; Woking 123½; Herne Hill 119½; Cambridge H 102½; Bexley 100½; Bracknell 97½.

PV/SP/DT: N. Phipps (Wok) 4.50/14.83/43.34. HT: C. Melliush (Camb. H) 51.00. JT: K. Hayford (Bex) 64.16.

At Exeter

Plymouth 141; Exeter 135; Worcester 127; Swindon 103; Cheltenham 73; Par AC 73.

200: S. Phillips (Ply) 22.3. 10,000: R. Williams (Exe) 30:57.4. 3000SC: 1, I. Atkins (Worc) 9:25.6; 2, G. Seward (Exe) 9:26.8. LJ: 1, A. Putt (Ply) 7.00; 2, D. Heard (Exe) 6.84. JT: R. Hooper (Exe) 70.96.

At Crewe

Notts 144; Wirral 134; Deeside 129; Crewe & N 101; Chester & EP 74.

10,000: G. Richards (Wirr) 30:55.0. PV: M.

Broadbent (Dees) 3.70. LJ: R. Jones (Dees) 6.83. SP/DT/HT: G. Blyton (Notts) 13.55/40.46/45.28.

At Luton

Chelmsford 130; Corby 129; Norfolk O. 127; Nene V 82.; Cambridge & Col. 71.

HJ: 1, D. Costello (Norf) 2.00; 2, A. Chaplin (C&C) 1.95. TJ: Costello 14.16. HT: R. Earle (Chelm) 55.45.

At Glenrothes

Aberdeen 144; Fife AC 135; Perth 115; Falkirk Victoria 98; Kilbarchan 86; Vale of Leven 74.

110H: 1, J. Wallace (Fife) 15.7; 2, K. McEwan (Perth) 15.8.

GRE JUBILEE CUP**At Crewe, May 10th**

Liverpool 114; E. Cheshire 107½; Sutton (St. H) 84; Wirral 81; Deeside 72½; Crewe & N 33.

3000: L. Vose (Sutt) 10:21.1. 100H: W. Laing (Liv) 14.4. 400H: 1, D. Griffiths (E. Ches) 65.1; 2, L. Norcross (Sutt) 66.9. SP: Laing 12.10. JT: J. Harding (E. Ches) 42.98. 4×100: Liverpool 49.8.

At Luton

Luton 107; Barnet 104; Norfolk O. 91; Corby 76; Nene Valley 75.

400: L. Hopkins (Lut) 56.5. 3000: J. Adams (Barn) 10:17.8. SP/DT: J. Avis (Barn) 12.33/43.14. JT: S. Brice (Barn) 35.78. 4×400: Luton 3:59.1.

At Glenrothes

Falkirk Victoria 96; Fife Southern 94; Kilbarchan 90; Perth 90; Vale of Leven 75; Fife AC 53.

100/200: E. McLauchlan (Kilb) 12.2/24.9. 100H: D. Fortune (VoL) 15.7. DT: L. Adams (Perth) 34.90.

SOUTHERN LEAGUE**(Division 3)****At Bedford, May 2nd**

Borough of Enfield 126; Sutton & C 125; Bedford 116; Barnet 83; Victoria Park 80.

JT: J. Crosse (S&C) 59.86.

At Stevenage, May 2nd

Stevenage & NH 143; Eastbourne 106; Windsor S&E 102; Highgate 98; W. Suffolk 85.

PV: M. Alexander (S&NH) 3.70.

EASTERN YOUNG ATHLETES LEAGUE**At Haverhill, May 10th**

Luton 471; Southend 417; W. Suffolk 330; Braintree 283; Tendring 263.

(Youths): DT: N. Boyton (Brain) 45.02.

UK National Championships

At Antrim, May 24th/25th

100: 1, C. Sharp 10.86; 2, E. Tulloch 10.90; 3, J. Evans 11.07. **200:** (+0.9m) 1, Tulloch 20.87; 2, Sharp 21.21; 3, N. Richens 21.40. **400:** 1, S. Scutt 46.52; 2, P. Dunn 47.87; 3, B. Jones 47.99. **800:** 1, R. Harrison 1:48.35; 2, J. Goodacre 1:48.89; 3, P. Elliott 1:49.19. **1500:** 1, S. Overt 3:42.80; 2, F. Clement 3:44.10; 3, J. Buckner 3:44.22. **5000:** 1, D. Clarke 13:36.13; 2, S. Binns 13:42.28; 3, S. Emson 13:57.94. **10,000:** 1, D. Black 29:09.09; 2, G. Harvey 29:14.21; 3, R. Spence 29:15.50. **3000SC:** 1, K. Capper 8:43.99; 2, T. Fieldsend 8:46.15; 3, P. Bettridge 8:46.73. **110H:** 1, K. Moore 15.02; 2, P. Barthropp 15.08; 3, G. Myles 15.08. **400H:** 1, W. Hartley 51.58; 2, S. Sole 52.33; 3, H. Moscrop 52.41. **HJ:** 1, B. Burgess 2.15; 2, O. Cham 2.10; 3, F. Manderson 2.10. **PV:** 1, G. Eggleton 4.80; 2, M. Bull 4.80; 3, W. Davey 4.40. **LJ:** 1, C. Rattigan 7.49w; 2, D. Williams 7.22; 3, J. King 7.18. **TJ:** 1, G. Gallagher 15.46; 2, J. Allison 15.11; 3, S. Metcalfe 15.03. **SP:** 1, S. Rodhouse 17.73; 2, I. Lindley 17.58; 3, M. Atkinson 15.13. **DT:** 1, P. Gordon 52.06; 2, P. Mardle 50.86; 3, C. Sutherland 50.32. **HT:** 1, M. Girvan 69.50 (**NI rec**); 2, R. James 64.58; 3, I. Chipchase 61.74. **JT:** 1, D. Ottley 82.84; 2, R. Bradstock 75.56; 3, R. Hooper 69.66. **10,000 Walk:** 1, S. Barry 42:32.43; 2, R. Mills 43:46.16; 3, G. Vale 43:52.52.

Women

100: (-2.6m) 1, L. Macdonald 12.20; 2, P. Baker 12.38; 3, D. Warner 12.46. **200:** (-1.9m) 1, Macdonald 23.97; 2, V. Elder 24.21; 3, Warner 24.42. **400:** 1, J. Hoyte-Smith 52.33; 2, M. Scutt 52.34; 3, L. Forsyth 53.47. **800:** 1, G. Dainty 2:08.12; 2, K. Ford 2:08.71; 3, L. Baker 2:08.86. **1500:** 1, Dainty 4:21.39; 2, K. Hughes 4:22.25; 3, S. Artherton 4:23.70. **3000:** 1, R. Smeeth 9:00.36; 2, J. Furniss 9:03.14; 3, H. Hollick 9:05.03. **100H:** (-3.8m) 1, M. Laing 14.20; 2, E. McMaster 14.43; 3, J. Duffield 14.59. **400H:** 1, W. Griffiths 59.51; 2, S. Morley 59.74; 3, M. Southerden 60.17. **HJ:** 1, L. Miller 1.89; 2, A-M. Cording 1.86; 3, S. McPeake 1.83. (**NI rec**). **LJ:** 1, S. Green 6.17w; 2, K. Glen 6.08w; 3, B. Kinch 6.02. **SP:** 1, V. Head 17.62 (**UK rec**); 2, C. Dyer 14.03; 3, H. Clarke 13.16. **DT:** 1, Head 45.20; 2, K. McKernan 37.18; 3, L. Hanna 33.14. **JT:** 1, F. Whitbread 56.10; 2, J. Zaslona 51.16; 3, J. Williams 50.74. **5000 Walk:** 1, C. Tyson 24:09.89; 2, L. Millan 24:32.09; 3, E. Cox 25:18.98.

(Full coverage next week)

The phone number of Roger M. Simons, promotions officer/BAL, is now Chesham (0494) 782059. Address unchanged.

A Golden Opportunity To Win A Fine Watch

Citizen, the International Watch Manufacturers who are sponsoring the entire 1981 programme of Golden Events organised by the IAAF, are offering a magnificent prize to the winner of this simple competition.

All you have to do is predict — to one hundredth of a second — the winning time in the IAAF Citizen Golden 5000 Metres to be staged at Gateshead on June 7th in conjunction with the England v Ethiopia v Italy v Scotland match. The forecast which proves to be closest to the actual winning time will win the sender a Citizen Digiana alarm quartz watch, featuring digital and analog systems with calendar, alarm and stopwatch. Should there be a tie for first place in the competition, the names of the contestants will be put in a hat and the first to be drawn out will win the watch. Consolation prizes will be awarded to the unlucky 'winners'.

A great line-up is assured for the race, headed by Olympic champion Miruts Yifter and including Mohamed Kadir, Craig Virgin, Fernando Mamede, Dave Moorcroft, Nick Rose and Barry Smith. The world record stands at 13:08.4 by Henry Rono, the European record is 13:13.0 by Emiel Puttemans, the UK record is 13:14.6 by Brendan Foster, the UK all-comers record is 13:17.21 by Dave Bedford, Yifter's best time is 13:13.82 and the fastest time in the world so far this year is 13:15.77 by Bill McChesney.

One entry per reader only, to be sent to Athletics Weekly, 344 High Street, Rochester, Kent ME1 1DT, to arrive by Saturday, June 6th the latest. Entries for this contest and the photo caption competition (see page 50) can be sent together. The editor's decision is final, and the name of the winner will be published in the June 13th issue.

BRITISH MARATHONERS STAR

John Graham became Britain's equal second fastest ever marathoner when he won the Rotterdam event last Saturday in the magnificent time of 2:09:28, with Stan Curran second in a personal best of 2:14:08. Ian Thompson holds the UK record at 2:09:12 (1974), with Ron Hill having clocked 2:09:28 in 1970. Only Japan's Toshihiko Seko (2:09:26 in Boston) has run faster this year and Graham (24), whose previous best was 2:11:47, now ranks equal 7th on the world all-time list behind Clayton on 2:08:34, Nijboer 2:09:01, S. Soh 2:09:06, Thompson 2:09:12, Seko 2:09:26 and Rodgers 2:09:27. Next day, Dave Cannon tied for first place with Ron Tabb (USA) in the Paris Marathon in 2:11:44 and might well have broken his pb of 2:11:22 but for traffic problems in the later stages of the race.

Phil Brown's great relay leg

BIRCHFIELD'S 19-year-old Phil Brown (featured elsewhere in this issue) was the hero of the day in the GRE British League Division 2 match at Cwmbran on May 10th. Taking over some 20m behind Bill Hartley (who had won the 400 hurdles earlier in 52.0) for the anchor leg of the 4x400 relay, he caught and passed his man to clock 45.8 for his leg!

Birchfield 271; Cardiff 225; TVH 215; Liverpool 211; Epsom & Ewell 191; Brighton & Hove 145.

100: 1, J. Evans (E&E) 11.0; 2, L. Hoyte (TVH) 11.0. **200:** (A) 1, Hoyte 22.0; 2, V. Esprey (Bir) 22.1; 3, Evans 22.1; (B) S. Norton (Liv) 22.3. **400:** (A) 1, A. Bennett (Bir) 48.4; 2, R. Harrison (Liv) 49.0; 3, M. Gregory (TVH) 49.6; (B) 1, D. Spencer (Liv) 48.6; 2, J. Ekperigin (TVH) 49.8. **800:** 1, Harrison 1:50.1; 2, P. Browne (TVH) 1:51.6; 3, J. Goodacre (Bir) 1:52.4; 4, A. Layfield (E&E) 1:53.6; 5, J. Wilson (Card) 1:53.9. **1500:** (A) 1, D. James (Card) 3:52.1; 2, A. Nicholson (E&E) 3:53.4; 3, D. Pemberton (Bir) 3:53.7; 4, M. Coram (TVH) 3:54.2; 5, A. Bristow (B&H) 3:54.2; (B) K. Jones (Card) 3:54.6. **5000:** (A) 1, J. Woods (Liv) 14:04.8; 2, R. Partridge (Bir) 14:22.8; 3, P. Magner (E&E) 14:33.0; 4, B. Plain (Card) 14:34.4; (B) S. Blakemore (Card) 14:35.5. **3000SC:** (A) 1, R. Hillier (E&E) 9:03.6; 2, R.

McKim (TVH) 9:04.1; 3, L. Roberts (Card) 9:07.6; (B) D. Reeves (TVH) 9:30.6. **110H:** (A) 1, P. Barthropp (E&E) 14.9; 2, N. Walker (Card) 15.0; 3, H. Moscrop (B&H) 15.2; 4, K. Pascoe (TVH) 15.4; (B) J. Hobbs (E&E) 15.3. **400H:** (A) 1, W. Hartley (Liv) 52.0; 2, D. Fishwick (Card) 52.4; 3, K. Currid (E&E) 52.7; 4, Moscrop 53.8; 5, Pascoe 55.5; (B) 1, T. Bidder (Card) 54.9; 2, R. Tolson (TVH) 55.3.

HJ: 1, C. Harris (TVH) 2.05; 2, T. Brewster (Bir) 2.00; 3, A. McIver (Card) 2.00. **PV:** 1, R. Woodruff (TVH) 4.30; 2, A. Ross (B&H) 4.20; 3, J. Andrews (E&E) 4.00; 4, N. Heal (Card) 3.80. **LJ:** 1, A. Moore (Bir) 7.31; 2, T. Wade (TVH) 7.17; 3, B. Camp (Liv) 6.77. **TJ:** (A) 1, Moore 15.46; 2, A. Lees (TVH) 14.46; 3, Camp 14.27; (B) D. Davis (Liv) 14.09. **SP:** 1, M. Holmes (Liv) 14.29; 2, P. Weir (Bir) 14.15; 3, J. Walters (Card-V) 13.59; 4, P. Sharman (TVH) 13.11. **DT:** 1, Walters 42.34; 2, Weir 42.08; 3, Holmes 41.16. **HT:** (A) 1, A. Woods (Bir) 50.04; 2, M. Eaton (Card) 47.82; 3, D. Roberts (Liv) 47.24; 4, K. Prior (E&E) 45.94; 5, A. Noakes (B&H) 45.82; (B) 1, R. Weir (Bir) 45.64; 2, Holmes 44.34. **JT:** (A) 1, D. Travis (Bir) 69.82; 2, J. Trower (B&H) 66.34; 3, T. Brooks (Card) 62.94; 4, S. Ladds (TVH) 58.90; (B) 1, G. Pomell (Bir) 61.96; 2, S. Griffiths (Card) 60.70. **4x100:** 1, Birchfield 42.3; 2, TVH 42.6; 3, Cardiff 42.7; 4, Epsom & E 42.8. **4x400:** 1, Birchfield 3:14.8; 2, Liverpool 3:14.8; 3, TVH 3:17.5; 4, Cardiff 3:19.4; 5, Epsom & E 3:21.3; 6, Brighton & H 3:21.4.

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THE CLOSING DATE FOR THE MILTON KEYNES INTERNATIONAL MARATHON



(Under I.A.A.F., A.A.A. & W.A.A.A. Laws)

**IS MONDAY, 15th JUNE
NO LATE ENTRIES ACCEPTED**

AN OPEN RACE

INCORPORATING

**Women's Marathon Race
Championships of the Road Runners Club
& Police A.A. Championship**

SATURDAY, 4th JULY, at 3.30 p.m.

**Sponsored by the Milton Keynes Development Corporation
and the Milton Keynes Borough Council**

**Organised by the Road Runners Club and Milton Keynes A.C.
with other local organisations**

ROAD RUNNERS CLUB CHAMPIONSHIP AWARDS

The "REX CROSS" Silver Salver and plaque to the winner.

Plaques to each of the next five finishers.

The "LINDA WOOD" Georgian Silver Cup to the winning R.R.C. Team.
(Three to score on aggregate time).

R.R.C. Standard Medals 2 hrs. 36 mins. (excluding winners of plaques).

Certificates to all R.R.C. members finishing in Time Limit (3 hrs. 45 mins).

OPEN RACE AWARDS

The MILTON KEYNES PERPETUAL TROPHY to the winner, and awards to the first six finishers.

VETERANS' AWARDS

The "JOHN TARRANT" Memorial Trophy to the first R.R.C. Veteran O/40.

The "TOM BUCKINGHAM" Memorial Trophy to the first Veteran O/50 to finish in the Open Race.

WOMEN'S MARATHON AWARDS

In conjunction with above

The "MAXOL" Trophy to the winner, and prizes in accordance with the entry.

ENTRIES to Ian Champion, 83 Fishponds Road, London SW17 7LJ. (01-672 0150).

Entry forms from him — S.A.E. please

Qualifying time (in past 12 months) — 3 hrs 45 mins.

No runner may be accepted as "unattached" who took part in Open Competition before 5th July, 1980.

THE LONE WOLF OF FINLAND

Matti Hannus tells the remarkable story of Kaarlo Maaninka

"THIS YOUNG CHAP is wasting his time", muttered an expert observer beside the track. "He's got a runner's build, but that's all. He has got no kick, and his way of running — with that bouncy stride — is the most horrible I have ever seen. It's a pity he is training harder than anyone else, for he will never be any good . . . If I were his coach, I would tell him to pack in".

It was summer 1979. Passing by, Kaarlo Maaninka heard 'the words of wisdom' and smiled. He had grown accustomed to them; during his running career, disturbed by

It has been said that when Kaarlo Maaninka was born at Posio, Lapland, in a tiny cottage amidst heaps of snow on Christmas day 1953, it was —40° Centigrade outside and a pack of hungry wolves was howling nearby. Maaninka, a quiet man with a rural sense of humour, neither admits nor denies the story. But there are facts that are absolutely true: there would be 23 children in the family; life in the most rugged part

of Finland would be a struggle; you had to be fit to survive.

On July 27th 1980, standing beside Miruts Yifter on the silver medal podium in Moscow, he knew the moment had finally come. Soon the amazing story would be known all over the world; a no-hoper, at the last possible hour, he had been the last athlete — all sports considered — to make the Finnish Olympic team. And yet, he would be the only Finnish athlete to take back a medal from these not-so-happy Games.

of Finland would be a struggle; you had to be fit to survive.

In sport, as in life generally, big deeds often are a sum of happy coincidences. In 1966, a tall and lean man, 23 years of age, stepped out of a bus in the only street of Posio, with just a small bag in his hand.

"I was mad on sport", Jouko Elevara, mentor of Kaarlo Maaninka, says. "I had been trying to get a coaching job all over Finland. In vain. Nobody would take a strange character, who said what he thought, who had ideas of his own and who — as an orphan — had had some trouble with the law in his youth. Then I got a 'yes' from Posio, and I was so excited I couldn't sleep".

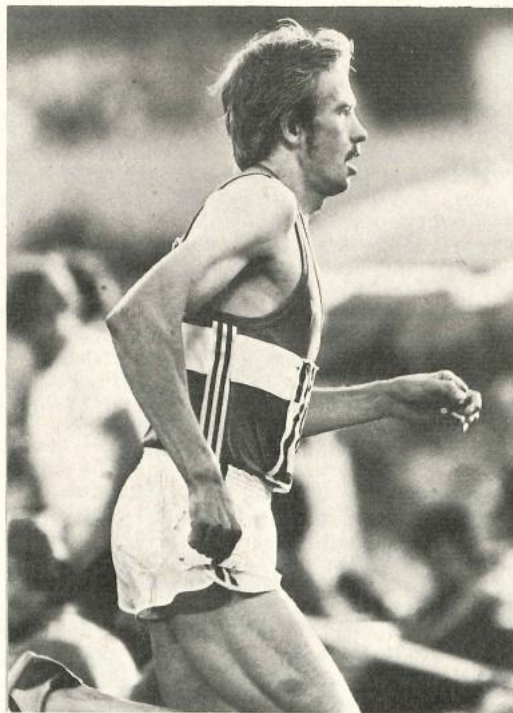
It turned out that Elevara had a magic Cerutti-like charisma about him. Posio, a backwoods place of strongly religious trends, got a new craze of its own. It is said that, thanks to Elevara, even grandmothers were jogging on the roads with felt boots on! A place with no athletic activity worth mentioning before suddenly had hundreds of young runners, jumpers and throwers — many of them among the most promising in Finland.

Elevara was not just a coach. He long jumped 7.30m, ran 400m hurdles in 55 sec, and scored 6516 in the decathlon. He also was not afraid to toil through 15km of cross-country, if he was needed. And in this forgotten small town, he was desperately needed.

A boy of talent

"The first thing I saw in Kaarlo was his enormously long and slender legs", Elevara recalls. "He was like a colt just having learned to walk. At 14, he ran his first-ever race: 1000m, with white sneakers on, in 3:14.2. That was in 1968. Nothing special . . . but just two years later he was ready to run 5000m in 15:03.4".

This writer witnessed the race in Oulu in August 1970. Seppo Tuominen won in a good (for a cinder track) 13:51.0, with Mikko Ala-Leppilampi, Juha Vaatainen (double European



Kaarlo Maaninka in action in Moscow.

Mark Shearman

champion the next year) and Bengt Najde of Sweden close behind. In the finishing straight, Tuominen was lapping Maaninka, who at 16 years of age received wonderful applause and the first national publicity of his own.

"That was also the first time I was jeered at for my style", says Maaninka, who — due to the unbelievably severe winter in Lapland — had not run outside even once for six months before the Finnish cross-country championships in May. Guided by the ingenious Elevaara, he had been doing animal-like circuit training indoors for two hours per day, then gone straight to cross-country — and won the Youth class by a street. "Thanks to circuit training, with thousands of various jumps every night, I got myself into wonderful shape — but into a strange running action as well. But that was a must as long as I was living in the North. It took almost a decade to polish my style".

Jouko Elevaara has lots of friends, lots of enemies — a coach with unusual character, unusual methods. Even with distance runners, he has always believed in Superman-like muscular endurance. "When you can run through a brick wall, you are ready for all comers", he jokes. After Moscow, he told the astonished journalists (he is one himself, too), how Maaninka had been doing 10 x 400m repetitions on a horse-track in 65 seconds . . . pulling a car tyre on a rope behind him! "Once I fell and got my hands bleeding, but

that was a nice work-out to do", Maaninka says. He was also lifting weights three times a week, the last session before Moscow taking place the day before leaving.

Viren's footsteps

There was a time when a dozen of farmer Hannes Maaninka's children were saying 'bye-bye' at the same time and going to race. On the freezing cold evening of September 14th 1972, there was an atmosphere like maybe never since in the Helsinki Olympic Stadium. Lasse Viren, then a double gold medallist from Munich, clipped 2/10ths of a second from Ron Clarke's 5000m world record with his 13:16.4. Way back in the field, 18-year-old Kaarlo Maaninka improved to 14:25.0.

"That same spring at Posio I had my hardest run ever", he tells. "Jouko told us to run a marathon — just to 'strengthen our guts'. It was not fast, but I had not eaten anything that morning, and at the 40km point I cracked completely. I was so tired I had to lie down in the snow until my companions got me some lemonade to drink, I finished the run".

That November, a strange spectacle took place in the local school. In a 100-metre corridor, three fanatic distance prospects were having a time-trial called '1980 Olympic Ten'. "For exactly 27 minutes, we were running to and fro, a flat-out race. It was a symbolic thing: we were going to give everything for our future goal".

Of those three — all coached by Elevaara — each would be a story of his own. Esa Tikkanen, not very talented as a junior, ran a 2:11:15 (to this day fastest ever by a Finn) in the Boston Marathon of 1978. Matti Karjalainen, with short stature and thick legs 'a hopeless case' in his youth, developed from a 33 min/10,000m man to run a 2:15:29 marathon in 1979. Their road to Moscow was destroyed by injuries — but they really did try!

There were more wonders to come. In June 1973, in the World Games in Helsinki, Maaninka improved his 10,000m best by more than two minutes. His time was 29:08.0 — still the Finnish junior record today. Next year in the same race he improved to 28:53.8. All gates were open . . . but, meanwhile, he almost quit running.

Fighting back

Kaarlo Maaninka also had to think about living. He was getting married. In 1975 and 1976, together with Esa Tikkanen, he was studying in the Forestry School in Hameenlinna, and training hard. Too hard, it turned out.

"There was too much stress in my life", he says. "Between time and energy consuming studies, I was running twice a day, more than 200km a week. Soon I was was a mental and physical wreck".

There was some sorry news of Maaninka in the papers in 1976 — at the time when Lasse Viren



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was going strong again in Montreal. "Kidney trouble . . . Maaninka in hospital, it is doubtful if he will ever run again".

He did not run a step for eight months. But the old urge still was there: together with coach Elevaara — who, due to some quarrels in Posio, had left his 'parish' and moved back south — he made a plan for 1977. After two weeks training, his weight was back to normal. On June 30th in the World Games, he was lapped in Samson Kimobwa's fantastic world record run of 27:30.5. Watching the little man from Kenya from behind, he was thinking something funny:

"All my life I have been told I am running wrong. Well, he is doing 27:30 with a crazy style like that! Why should I worry?"

That was a turning point. In August, a gigantic surprise took place. In the Finnish Championships in Tampere, Maaninka kicked like a sprinter and finished second, behind Martti Vainio, in 28:21.6. He had improved by more than half a minute — and most astonishing, it had been done by a man who had been running for only four months after a long lay-off and who was working long hours in a steel factory!

Something had to be done. On October 1st, 1977, Kaarlo Maaninka's 'new life' started: he began work as a forest superintendent in Kauhajoki, in Middle Finland. There was a new spark in training. Slowly but surely he was fighting his way from behind Viren and Vainio (who was to win 10,000m gold in Prague). In May 1978, Maaninka took his first cross-country title, running like a well-oiled machine. But then he made a mistake:

"I went out and ran the Finnish marathon championship in very hot weather. It was a struggle . . . I finished 6th in 2:19:27.4 and hurt my back. Well, I had one more chance at the track championships, but the day before, at work, I had to walk 30km in rubber boots across a swamp! I was third in 28:29.5 . . . no trip to Prague".

There was not much progress in 1979, but the one-time infant prodigy was running more reliably than ever before. He was racing a lot, did well in international matches, and took his second cross-country title — plus the third one in the Olympic spring of 1980, beating Vainio and Viren seemingly easily. He had been training in New Mexico for six weeks, at an altitude of 5000-7000ft.

"We were certain of making the team", says Elevaara. "I sensed this man had all the tools for breaking 28 minutes any day . . . Then, just before the decisive Finnish Championships, he got a bad cold".

There followed a week of suspense worthy of Agatha Christie. At both distances, behind Vainio, Maaninka finished a tired-looking second in 13:43.0 and 28:27.9. But still, today, Elevaara swears he had a promise from a member of the Finnish Olympic Committee that



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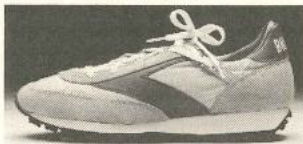
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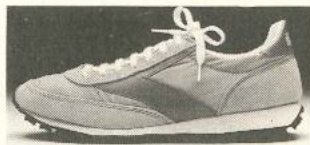
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Record: Alan Sladen (Salford H&AC)
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SUNDAY, 28th JUNE, 1981

**From the 'Top Brink Inn',
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Start 12 noon**

USUAL SUBSTANTIAL PRIZE LIST

Team Awards: First 3 teams (4 to score), first team trophy (last year's winners Clayton-Le-Moors AC). Spot prizes. Veterans O/40, O/45, O/50, O/55. Also Ladies race. Trophies first 3.

Entry fee: 75p. **Entries close 21st June, 1981.** Definitely no entries on the day.

Entries to: Mr H. Clayton, 6 The Mount, Todmorden, Lancs. OL14 8BH. Tel: 3322. All cheques etc. payable to Todmorden Harriers A.C.

Gerrards Cross and the Chalfonts Round Table

CHALFONTS CARNIVAL ROAD RACES

(Under A.A.A. Laws)

SATURDAY, 27th JUNE**Gold Hill Common, Chalfont St. Peter, Bucks****U/18 4 Miles 1.30 p.m.****Open 6 Miles 2.30 p.m.**

First 3 Individuals, First 3 Teams, First Vet.

Entries: U/18 30p, Open 40p, no Team fee (double fees on day) by 20th June to Roger Cressy, 45 Denham Lane, Chalfont St. Peter, Bucks. (SAE for reply).

CHELTENHAM & COUNTY HARRIERS

7.4 MILES FESTIVAL ROAD RACE

(Under A.A.A. Laws)

Sponsored by Windsor Wright & Co.**SATURDAY, 11th JULY, at 6 p.m.**

Prizes: First 6 Ind., first Vet, Awards first 3 Teams. Standard medals to all inside 39 mins., not gaining any other award.

Entry Fees: 50p Ind. No Team fees. All must enter as individuals. S.A.E. with entry fee please.

Entries to: Cliff Franks, 23 Salisbury Avenue, Cheltenham, Glos. GL51 5BT. Tel. 28548.

ENTRIES CLOSE TUES., 30th JUNE, 1981**HEREFORD CARNIVAL 1981**

YOUNG ATHLETES MEETING

(Under A.A.A. & W.A.A.A. Laws)

Sunday, 19th July, 1981

Girls — 100m, 800m, L.J., 4 x 100m Relay. **Jnr. Ladies** — 100m, 200m, 1500m, H.J., J.T., 4 x 100m Relay.

Inters — 100m, 200m, 800m, D.T., 4 x 100m Relay.

Colts — 200m, 800m, H.J., 4 x 100m Relay. **Boys** — 100m, 400m, 1500m, L.J., J.T., 4 x 100m Relay.

Youths 100m, 400m, 1500m, J.T., 4 x 100m Relay.

Entry Fees: 30p per event, relays 75p, by June 29th.

Cheques & P.O.'s payable to Hereford City Council.

Details from and entries to: H. L. Samuels, The Barton, Abbeydore, Hereford.

VERLEA ATHLETIC CLUB

WELWYN

HALF MARATHON AND LADIES RACE

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, JUNE 14th, 1981**3.00 p.m. Start****WELWYN GARDEN CITY**

Prizes: At least 10 Inds., 3 Ladies, 3 Vets., 3 Teams.

Entry Fee: 60p (plus 2 S.A.E.)

To: P. Munden, 13 New Road, Stanborough, Welwyn Garden City, Herts.



Kaarlo Maaninka leads in the Moscow Olympic 5000m final from Miruts Yifter, Aleksandr Fedotkin, Mohammed Kadir and Suleiman Nyambui (649). Yifter won the race in 13:21.0 ahead of Nyambui (13:21.6) and Maaninka (13:22.0).

Mark Shearman

Maaninka would be selected. So, on Wednesday, the day of the World Games, these two were not present: they were doing a punishing sand dune session 300km away!

Thursday: Olympic Team announced — and no Maaninka. A furious uproar in Middle Finland (and in Lapland) like never before. Some got talking via telephone . . . threats of boycotts, everything. And a miracle happened: he got one more chance.

On Sunday, July 13th, more than 10,000 people came to Kouvola track to see their hero run. 'Hared' by young miler Jari Hemmila, Maaninka left Lasse Viren way back behind him and broke the 5000m tape in 13:25.0. He had made it — and, as he himself put it, "today I was running with a taste of blood in my mouth".

The rest is history. The day before the 10,000m heats, the writer saw Maaninka in the Moscow Olympic village. He was relaxed, but even more quiet than usual, ready to show what he could do. For the first time since the previous autumn he had been easing down his training.

One week later, after silver and bronze medals, he was — after Miruts Yifter — the second-best Olympic long distance runner in the world.

It is true that Maaninka's Olympic runs were somewhat of a surprise even for the Finns. There was one exception: coach Elevaara, who had been talking about something like this for weeks. "If he just got a chance . . ." He got it, and a new legend had been born.

The only times Kaarlo Maaninka has been training abroad have been in 1971 (one week in Spain), 1978 (three weeks in Italy), 1980 (six weeks in the USA). The amount of money he has received from the Finnish Federation or Olympic Committee has been almost nil. But nevertheless, here was the man that saved Finnish athletics in the 1980 Olympic Games!

Even after a decade of fighting his way to the top, Kaarlo Maaninka is only 27 years old. He has told of continuing his career until the 1984 Los Angeles Games. Last winter, with the IAAF Cross-Country in Madrid as the goal, he was training in New Mexico again, doing — reportedly — a murderous session of 50 x 400m uphill, at 6000ft-plus altitude, with a weighted vest on!

Full name: Kaarlo Hannes Maaninka. Born at Posio, 25.12.1953. Height: 1.78/5'10". Weight: 61kg/134lb. Works as a forest superintendent at Kauhajoki. Married, with two children. Hobby: hunting. Coached since 1968 by Jouko Elevaara.

Annual progression:

	1500	3000	5000	10,000
1969	6:00.8 (2000m)			
1970	4:09.4	8:47.0	15:03.4	—
1971	4:04.4	8:32.6	14:37.2	31:24.9
1972	—	8:19.0	14:25.0	31:27.0
1973	3:54.6	8:07.4	14:07.0	29:08.0
1974	3:54.6	8:15.2	13:54.8	28:53.8
1975	—	—	14:06.8	29:15.0
1976	—	8:18.2	13:59.8	29:31.4
1977	—	8:27.2	13:42.8	28:21.6
1978	3:55.5	7:58.0	13:49.1	28:13.6
1979	—	7:59.0	13:34.0	28:16.0
1980	3:46.8	8:02.8	13:22.0	27:44.3

Best Marathon: 2:19:27.4 (1978)

Major achievements: Several Finnish Youth and Junior titles, 1970-1973. Finnish CC champion (15km) 1978, 1979, 1980. Finnish 10,000m champion, 1979. Olympic silver (10,000m) and bronze (5000m) medallist, Moscow 1980. 2nd place 5000m, Zurich Weltklasse 1980.

Northern Veterans AC Championships

At Nelson, May 3rd

(1A) 100: 1, C. Derrett (Humb) 11.6; 2, R. Anderson (Morp) 11.9. 200: 1, Derrett 24.0; 2, J. Salanki (B'pool) 24.5. 400/800: Anderson 57.3/2:15.1. 1500: 1, R. Hill (Clay) 4:30.3; 2, A. Bates (Bolt) 4:40.0. 5000: 1, C. Robinson (Roch) 15:51.6; 2, Hill 16:20.9. SP: F. Powell (Pendle) 11.62. DT: H. Richardson (NV) 36.62. HT: 1, W. Gentleman (Edin) 44.74; 2, Richardson 39.44. JT: J. Ross (Edin) 42.66. (1B) 100: 1, D. Herman (Man'r) 12.0; 2, D. Burton (Hall) 12.2. 200: 1, Herman 25.7; 2, Burton 25.9. 400: 1, B. Parnaby (Dur) 58.4; 2, C. Shafto (Rown) 58.5; 3, Herman 58.7. 800: 1, Parnaby 2:17.6; 2, E. Hamer (ASV) 2:18.8; 3, L. V-Hodkinson (Liv) 2:20.3. 1500: 1, V-Hodkinson 4:46.3; 2, A. Bemrose (Linc) 4:54.7. 5000: 1, A. Lennon (Wirr) 16:12.0; 2, M. Murphy (Sutt) 16:55.3. 110H/400H: Shafto 17.9/64.1. 5000W: F. Dawson (Lancs WC) 27:44.5. LJ: Burton 4.88. TJ: F. Stirrup (NV) 9.53.

(2A): 100: 1, F. P. Higgins (S'gate) 12.2; 2, D. Howarth (Leigh) 12.5; 3, K. M. Whitaker (ASV) 12.6. 200: 1, Higgins 25.3; 2, Whitaker 25.8. 400: 1, Higgins 56.7; 2, Whitaker 59.1. 800: 1, A. Hughes (Roch) 2:18.5; 2, Howarth 2:21.6. 1500: 1, Hughes 4:34.4; 2, F. Wrigley (Mich) 4:50.5. 5000: 1, E. Kirkup (Roth) 17:24.1; 2, Wrigley 17:46.0. 400H: 1, Whitaker 65.5; 2, I. Steedman (Loth) 67.8. 5000W: H. Jaquest (Watf) 30:07.5. (2B) 100/200: B. Parkinson (Roth) 13.2/28.0. 400/800: K. Bruns (Liv) 65.7/2:34.4. 1500: E. Joynson (Gate) 5:21.6. 5000: K. Hall (Wirr) 18:49.5. 110H: J. Arnold (Dee) 20.3. 5000W: E. Grocock (Sheff) 28:32.4. LJ/TJ: G. Leete (Hough) 4.66/10.27. SP/DT: H. Smith (NV) 8.17/26.02. (3A) 100/200/400: D. King (B'pool) 13.9/30.6/69.8. 1500: N. Barnes (S'forth) 5:21.9. 5000: N. Ashcroft (NV) 20:58.1. LJ/SP/DT: G. Norman (Hull) 3.45/6.62/15.03. (Women) 1500: 1, B. Brookes (Stoke-W1A) 5:24.6; 2, J. Aitcheson (Wigan-W1A) 5:59.0. 5000: B. Robinson (Bury-WO) 19:00.2.

KAARLO MAANINKA Continued

Maaninka's dropping out in Madrid was a shock to the Finns, especially when it was revealed he again had some trouble with his kidneys. He was told to take it easy . . . but he will be back. He is a Capricorn — a star sign, according to astrologers, that has "a unique ability to be patient and win".

P.S: In the Finnish cross-country championships on May 9th, Maaninka had to drop out when in the leading bunch at the halfway point. He was again suffering from the mysterious stitch that has been bothering him since Madrid.

Overseas Results

S. AFRICA: National records fall

29.11. Johannesburg. Women's SP: van Heerden 17.32 (rec). 1.12. Potchefstroom. Women's 800: Cronje 2:02.3; DT: van Heerden 58.14 (rec). 8.12. Durban. Women's 1500: Cronje 4:08.6 (rec). 21.1. Germiston LJ: J. v. d. Merwe 7.95w. 29.1. Pretoria. JT: K. v. d. Merwe 84.14. 7.2. Pretoria. Women's 100H/400H: van Rensburg 13.5/58.2. 17.2. Stellenbosch. Women's 3000: Cronje 8:49.3 (rec). 20.2. Bloemfontein. Mile: Fourie 3:57.4. 23.2. Stellenbosch. Mile: Fourie 3:56.6; JT: Potgieter 85.72.

21.2. Pretoria. 100: Smit 10.3, GREG COLIN 10.3; women's 100H/400H: van Rensburg 13.3/57.7. 3.3. Potchefstroom. JT: v. d. Merwe 81.78, Potgieter 79.80. 7.3. Welkom. 100/200: Madzokere (Zim) 10.5/21.1; DT: Goosen 60.22. 7.3. Cape Town. Mar: Farrell 2:14:21, Rose 2:14:58. 16.3. Stellenbosch. Mile: Fourie 3:59.0, Robinson 3:59.9; women's Mile: Cronje 4:31.9; HJ: Gale 1.87.

Doug Coghlan

ZIMBABWE: Road race results

Kenias Tembo, who competed in the Moscow Olympic 10,000, won an international 20M road race in Salisbury on December 7th in 1:44:27. Alfa Hotera was 2nd in 1:46:21, while Sam Hlawe (3rd in 1:46:37) led Swaziland to team victory. First woman home was Moira Hornby in 2:19:03. Olympic 5000 representative Zephaniah Ncube won an international 10km road race through the streets of Salisbury on November 23rd in 30:27.

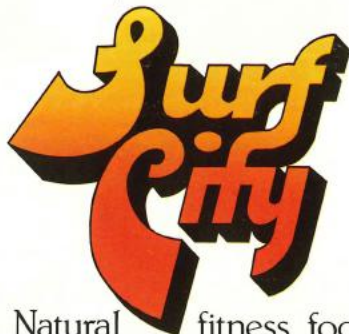
Ian Harries

CUBA: Good discus throwing

14.2. Havana. JT: Patterson 81.90; women's DT: Betancourt 66.54. 27/28.2. Havana. TJ: Armando Herrera 16.58; DT: Delis 66.82; JT: Quintana 81.50; women's DT: Betancourt 63.62, Romero 63.08. 3/4.3. Havana. 110H: Casanas 13.6; SP/DT: Delis 19.39/66.12; women's SP: Sarria 19.00; JT: Nunez 59.04. 7/8.3. Havana. (Barrientos Memorial) 100: (+2.8m) Roberson (US) 10.11, Lara 10.29, Merrick (US) 10.33; 110H: Casanas 13.73; LJ: Stekic (Yug) 7.86; SP/DT: Delis 19.54 (rec)/66.52; HT: Orozco 71.12; women's HJ: Acosta (17) 1.84; LJ: Echevarria 6.51, Alexander 6.46; DT: Betancourt 63.28; JT: Beltran 59.30.

PAKISTAN: Hurdles record

Javeed Akhtar set a national 400m hurdles mark of 51.11 in Rawalpindi on February 16th.



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Allan Wells: "Mind Over Matter"

Simon Turnbull interviews Britain's Olympic 100m champion

When you were out in Australia and New Zealand earlier this year you were troubled with a back injury. What is that like at the moment?

It affected me to the extent that I couldn't run for a week. It has been a slow process of getting treatment over the months and it's beginning to respond now, but it's going away very slowly. I might have it till the end of the year — I just don't know.

It was caused by stretching the wrong way and is very hard to get rid of because it's something to do with the join at the bottom of my back. I can't touch the ground because it puts too much pressure on the vertebrae at the base of my spine. The less pressure I put on it the better.

What do you feel about Pietro Mennea's retirement?

I've got a lot of respect for the guy. It's taken him three Olympics to get a gold and in the last two years he's shown just how well a human being can run the 200m. I'm disappointed because he's got a lot to offer the sport. Anyone who can run under 20 seconds for the 200 is a fantastic athlete. It leaves me with a wee bit to find because I was mentally geared up to beating him this year.

Do you have any further thoughts about doing the long jump again?

I'd like to, but to be honest it doesn't have the same appeal as sprinting. One day when I'm falling down the ladder I might try it because it might lift me back up again. I'd like to have a go at the Scottish record or even Lynn's British record. It would fulfil all my ambitions if I could do that but it would take a couple of years to bring it out of me.

How do you stand in terms of financial security at the moment?

It's secure for the next 18 months. I'm working for a security firm in Edinburgh and the director gives me as much time off to do my athletics as possible. I think it's a situation more athletes should be in — we should have a similar set-up to the East Germans, the Russians or the Americans. It should be better organised, but for me personally I'm secure up to the European and Commonwealth Games.

Is there any aspect of running you feel you can improve upon?

If I hadn't done certain physical things which stopped me from sleeping I think I would have won the 200 in Moscow. And if I'd run with

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Hon. Secretary, U.K. Coaching Committee,
c/o B.A.A.B. Coaching Office,
Westgate House,
Chalk Lane,
Epsom, Surrey.

CLOSING DATE 30th JUNE, 1981



Pietro Mennea holds off Allan Wells' dip to win the Olympic 200m in 20.19 to the Scot's 20.21, with Don Quarrie 3rd in 20.29 and Silvio Leonard 4th in 20.30. Despite tremendous pressure on him to reconsider, in view of the forthcoming World Cup in Rome, Mennea is adamant that he has retired. "I have achieved all my objectives", he declares. Asked whether the decision was irrevocable, he replied: "Yes, 100 per cent".

Photo: Mark Shearman

blinkers on and not kept waiting for Mennea to come back, I think I would have won. I knew Mennea would come back but I was waiting for him at 50m out. I was looking for him and slowed down . . . but I had no chance when he came with

only 10m to go. Looking at the video recording of it I see that I reacted slightly which shows that I had something left.

If I'd been running next to Leonard in the 100 I think I would have won by more. I knew I wanted to win more than him and he would have pushed me along. Mind you I don't think he should have been given the same time as me.

Do you feel that the swimming system of the fastest being put together in the middle lanes should be adopted?

I always thought it was like that. The Russians used a computer but I think it must have been a Micky Mouse computer. It was a big shock finding that I had a poor lane draw just before I ran, when we were supposed to know hours earlier. It put me back a bit.

Were the Commonwealth Games a big source of motivation to you?

I'm very competitive and when I went to Edmonton I had the chance to show that I was a force in world sprinting. I always wanted to be somebody and to show off the fact that I was Allan Wells. Once you get a little bit of success — your first smell of it, like I had at Gateshead — you just keep going up the rungs of the ladder. Nothing was going to stop me that year. After the Commonwealth Games it was a different story. I was physically and mentally sapped.

I didn't want to run in Prague but David Shaw said that if I did a fast time at Crystal Palace I should go. I came back, beat Crawford at Meadowbank and in London was 4th in the 100 in 10.33 and just missed the British record in the 200, so I had to go. I went on the assumption that I might be able to lift myself when I was out there.

By the time of the semis I was spent. In the final I got halfway up the track and my legs wouldn't respond. I could hear the crowd shouting my name and when that happens your mind's not on the job. Under the circumstances I thought I ran well.

There was no way I could run the 200. At 3 in the morning a Board official was trying to get me to run it and wouldn't take 'no' for an answer.

Continued on page 32



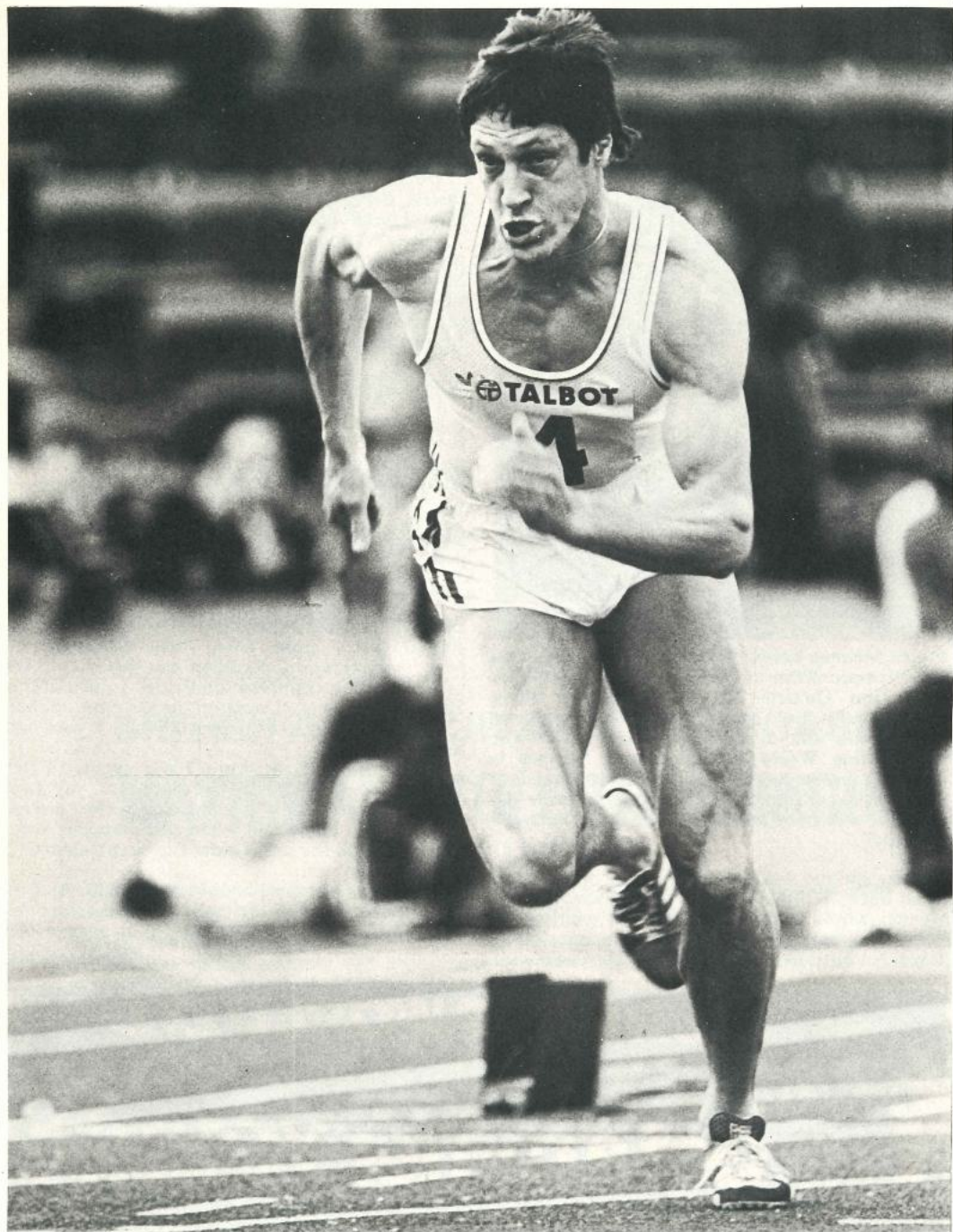
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RACE TIME TABLE

STAGE	DAY	JULY	TIME	EVENT	APPROX MILES DISTANCE
1.	Sun.	5th	11.00 am	The "NIKE" 7 mile Road Race	7
2.	Mon.	6th	7.30 pm	The "MOUNTAIN EQUIPMENT" Hill Race	6
3.	Tue.	7th	7.30 pm	The "ADIDAS" Run Across Tameside	11
—	Wed.	8th		REST DAY	—
4.	Thu.	9th	7.30 pm	The "NEW BALANCE" Half Marathon	13
5.	Fri.	10th	7.30 pm	The "RUNNING MAGAZINE" X-Country Run	6
6.	Sat.	11th	2.00 pm	The "BROOKS" Canal Race	9

DOUBLE MARATHON DISTANCE = 52 miles

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- * The team competition will be determined by minimum total points after all six stages.
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CLOSING DATE FOR ENTRIES — FIRST POST, MONDAY 15th JUNE, 1981

ALLAN WELLS INTERVIEW Continued**What was it like to beat Mennea over 200 in Turin in the 1979 European Cup?**

When he wins races he has that annoying habit of sticking up his wee finger. When he did that in the 100 it really annoyed me. He was run close by Woronin and myself. In the 200 the pressure was on him to win, and I told Margot that if I was within a yard of him coming off the bend that I would beat him home. I just pipped him on the dip by 2/100ths — the same as he beat me by in Moscow. I was really chuffed; it was one of the great surprises. Even the supporters were clapping. There was silence immediately afterwards. I thought I was going to get shot down or something — I was really worried and felt really lonely walking back to the tunnel. It was so uncanny. Although I respect Mennea, his Italian temperament and wee finger really get me turned on.

Later that year you finished second to James Sanford in the Golden Sprints at Zurich. What do you think of the idea of them?

They're a secondary event, they're nothing like the Olympics and I don't think everyone tries as hard even though there's a really high-class field. I still felt it was a great achievement. Adding the 100 and 200 times makes a fair assessment. It's a good way of sorting out the truly great sprinters from the ones who can just explode over the 100.

Finally, Allan, what sticks in your mind about your Olympic triumph?

The feeling of achieving something not only for myself but for the people who had backed me and believed that I could do it. I was also pleased at fulfilling my ambition to do a lap of honour when I was truly at the top. I didn't do one at other Games. Before Moscow one bronze medal could have been my gold. It was like a fairy story.

When I'm 60 and walking down the street with a walking stick people will say 'look, there's Allan Wells'. That means more to me than anything. A lot of people say 'I wish I'd done this when I was 20 and that when I was 25', but I don't have to do that. People know what I've done and that gives me a really big kick.

For me it's about mind over matter and making the body as efficient as possible. I had the most efficient body in the 100 in Moscow, but in the 200 my mind wasn't on the job 100%.

JIM ALDER'S RECORD BROKEN

One of the oldest world records on the books, Jim Alder's 30km track mark of 1:31:30.4 set in 1970, was broken by Japan's Boston Marathon winner Toshihiko Seko with a time of 1:29:18.8 in Christchurch NZ, on March 22nd — an average of 71.45 sec per lap for 75 laps! On the way he broke Bill Rodgers' world record of 1:14:11.8 for 25km with 1:13:55.8.

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10Km ROAD RACE

at 7.30 p.m. for the winged of foot

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Entries, limited 250 each race, to: Ron Blastand, 8 Mansion Drive, Tring, Herts. HP23 5BD. Tel. 5378.

ENTRIES CLOSE SAT., 13th JUNE, 1981**FLOODLIT OPEN
GRADED MEETING**

(Under A.A.A. & W.A.A.A. Laws)

Parliament Hill Fields**WEDNESDAY, 17th JUNE, 1981**

- 6.30 p.m. 3000m Steeplechase — MEN
- 7.00 p.m. 1500m — MEN & WOMEN (All Groups)
- 7.00 p.m. Javelin — WOMEN (All Groups)
- 7.30 p.m. 400m — MEN (All Groups)
- 7.30 p.m. Javelin — MEN (All Groups)
- 7.50 p.m. 400m — WOMEN (Inters & Seniors)
- 8.05 p.m. 5000m — MEN

Entries: Seniors, Juniors & Senior Ladies 35p per event, others 20p per event to T. A. Driscoll, 145 Billy Lows Lane, Potters Bar, Herts. EN6 1VY. Please give name, address, club, event & best recent performance; and enclose entry fee. S.A.E. for acknowledgement of entry.

Needle spikes only may be used on this surface — maximum 6mm.

ENTRIES CLOSE SAT., 13th JUNE

The Fastest Ever British Sprint Marks

100 METRES

10.11	Allan Wells	24.7.80	20.42a	Ainsley Bennett	12.9.79
10.15	Wells	15.7.78	20.3	David Jenkins	19.8.72
10.19	Wells	4.8.79	20.55	Wells	8.8.80
10.19	Wells	10.8.80	20.56	Wells	24.6.79
10.20	Wells	4.9.79	20.58	Wells	4.9.79
10.21a	Ainsley Bennett	8.9.79	20.59	Wells	27.7.80
10.22	Wells	17.9.78	20.61	Wells	8.8.78
10.22	Wells	15.8.79	20.61	Wells	31.8.80
10.23a	Bennett	8.9.79	20.62	Wells	31.8.79
10.23	Wells	11.8.80	20.63	Wells	23.8.78
10.24	Wells	8.8.80	20.63	Wells	6.1.79
10.25	Wells	14.9.79	20.63	Wells	8.2.81
10.25	Wells	25.7.80	20.4	Wells	16.8.80
10.26	Wells	8.9.79	20.66a	Dick Steane	15.10.68
10.27	Wells	23.6.79	20.66	Jenkins	27.8.73
10.27	Wells	25.7.80	20.66	Greg Colin	1.5.78
10.29	Peter Radford	13.9.58	20.67a	Bennett	11.9.79
10.29	Wells	9.7.78	20.70	Chris Monk	20.8.73
10.29	Wells	12.1.80	20.70	Wells	16.7.78
10.30	Wells	27.6.80			

Additional wind-assisted performances:

10.05	Wells	21.6.80
10.07	Wells	7.8.78
10.0	Wells	16.6.79
10.0	Drew McMaster	1.6.80
10.25	Wells	17.1.79
10.26	Peter Little	21.5.80
10.28	McMaster	21.6.80
10.29	Mike McFarlane	7.8.78

200 METRES

20.21	Allan Wells	28.7.80
20.25	Wells	1.7.80
20.42	Wells	15.8.79

Additional wind-assisted performances:

20.11	Wells	20.6.80
20.12	Wells	10.8.78
20.19	Wells	14.9.79
20.29	Wells	5.8.79
20.44	Wells	23.8.80
20.56	Wells	25.1.81
20.61	Martin Reynolds	22.7.71
20.64	Drew McMaster	23.8.80
20.66a	Bennett	10.9.79
20.66	McMaster	20.6.80
20.68	Wells	10.8.78
20.68	McMaster	13.9.80
20.70	Trevor Hoyte	14.9.79
20.70	David Jones	20.5.63

a — high altitude mark

MARATHON (AND HALF MARATHON) FEVER!

The Pony British Marathon in Manchester on August 23rd will be Britain's biggest ever race. Unlike the London Marathon there is no restriction on entries and to date over 22,000 people have applied for forms! Two races leading up to the marathon, the Swintex 25km (Bolton, May 31st) and Wheatbread '20' (Bolton, June 14th), have attracted over 1000 and 800 entries respectively. As we go to press there are more than 11,000 paid-up entries for the Great North Run, the half marathon from Newcastle to South Shields on June 28th.

BOOK REVIEW

Race Walking Statistics, 1980. Another excellent publication from Palle Lassen and Egon Rasmussen listing the leading marks for all distances from 3km to 100km (men) and 3km to 20km (women), set during last year. Additional to the annual, the Danish duo have also issued 'Race Walking World Statistics' which shows the

world best progression from the Victorian age to the present, at distances of 1500m to 100km, indoor and outdoors for men and women. Also included are amendments to the previous booklets which covered the Olympic, European and Lugano Cup competitions and previous annuals 1976-79. Cost for both books is 6.50 US Dollars, from Palle Lassen, Bülowsvej 40, DK-1870, Copenhagen V, Denmark. **Both books are a must for the real race walking enthusiast.**

Colin Young

KINGHAM VILLAGE F.C. FETE

7 1/4 MILE ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 6th JUNE, 1981 at 3 p.m.

Many prizes — state if Vet

Entries: Team (4 to run, 3 to score) £2; Individual 50p (75p on day), by 4th June, 1981. SAE please to C. J. Harvey, The Green, Kingham, Oxford OX7 6YD.

Spotlight On Youth

PHIL BROWN

Phil Brown (6) winning the AAA indoor 200m title at Cosford last year in a desperately close finish with Peter Little (22) and Linford Christie.

Mike Street



Full name: Philip Brown. Born in Birmingham, 6.1.62. Height: 1.83m (6'0"). Weight: 73kg (161lb). Works as a sales assistant in a sports shop, is coached by Tony Hadley and is a member of Birchfield Harriers. Hobbies: "Largely aircraft recognition. Just taken an interest in photography". His family's involvement in athletics is "extremely remote, going back many generations", although Don Quarrie is a cousin. Has always been involved in athletics — "From a very early age I could run and would enter every year in School Sports right up to secondary school level. It was when I was in the third year in secondary school that my games teacher saw potential in me. He had limited experience in sprint training and decided to put me in a club. Around June, during a schools trial for the West Midlands team, Tony (now my coach) came up to me and asked whether I was a member of a club. I wasn't at the time so within a week or so I joined Birchfield and have been there ever since".

Has competed in the English Schools Championships four times. In 1976 he was 2nd in the Junior 200m, in 1977 4th in the Intermediate 100m, in 1978 he won the Intermediate 200m and in 1979 he won the Senior 200m. Details of

achievements in other major competitions: 1978 — 1st 200m & 2nd 100m AAA Youth Champs, 4th 200m v Germany (Jnr). 1979 — 2nd AAA Junior Champs, 2nd 200m v Germany Indoors (Snr), 2nd 4x100m European Junior Champs, 1st 200m v Italy & Canada (Jnr). 1980 — 1st 200m AAA Junior Champs, 3rd 200m UK Champs, 1st 200m v Germany (Jnr), 3rd 400m v Sweden (Snr), 1st 400m England v Scotland, Yugoslavia & Norway (Snr).

Annual progression:

	100m	200m	400m
1976	11.0	23.4	—
1977	10.9	22.5	—
1978	10.6 (10.92)	21.5 (21.73)	—
1979	10.7 (10.82)	21.3 (21.41)	—
1980	10.6w (10.68)	21.23	46.8

Favourite event is the 200m "but occasionally 400m/4x400m". Most enjoyable part of athletics is "being able to travel to parts of the world impossible to enter under one's own steam; being able to communicate with people from all over the world; but most of all the friendships made which last". Dislikes "carrying luggage from bus to train to tube to airport terminal and back". Performance which has given the greatest pleasure was "winning the English Schools the first time, 1978 Chesterfield". Greatest disappointment was "just missing out on the Olympics by 0.23 sec. Only disappointment came when I actually heard the team had flown out".

Training: Trains four days a week in summer and six days a week in winter. **Typical week's training in summer:** Monday — Warm-up. Tuesday — 60m-130m 'up the clock'. Wednesday — 3x150m. Thursday — 4x60m from blocks. Friday — Rest. Saturday — Competition. Sunday — Rest. **Typical week's training in winter:** Monday — 3x6x60m. Tuesday —

BIDEFORD SPORTS

Track events all ages (300m grass track)

plus

THE TORRIDGE '6' ROAD RACE

plus

LADIES '3' ROAD RACE

MEDALS — TROPHIES — PRIZES

S.A.E. for details to: F. R. Hartas, 28 Tennacott Heights, Bideford, N. Devon. (Tel. Bid. 6835).

9x300m. Wednesday — Rest. Thursday — 8x150m. Friday — Weights. Saturday — Fartlek session. Sunday — Weights.

Main rivals: "At the moment, the biggest problem is Lincoln Asquith". Particularly admires Ed Moses "for his cool, calm approach to life (as I have read) and the way in which he has turned his event into almost an art". Short-term aims are "the next European Juniors" and long-term aim is "the next Olympic Games".

STEVE HEARD

Full name: Steven Philip Heard. Born: Tunbridge Wells, 29.4.62. Height: 1.67 (6'2"). Weight 86kg (189lb). Studying Civil Engineering at Aston University and is a member of Wolverhampton & Bilston AC and Folkestone AC. Coached by Trevor Rodwell. Hobbies include reading, badminton, socialising and "mainly doing work for my course at University". His father ran cross-country for the RAF. Got started in athletics when "I ran in local school matches. Trevor got me to join Folkestone AC. I won the Kent Championships when I was still a warm weather athlete, training only in the summer, playing football and basketball in the winter to keep fit. After winning the Kent 400m in 50.6, Claire Temple (Cliff's wife) exclaimed

"just think what you could do if you trained!" It was at this point I decided to take it seriously.

Has competed in the English Schools Championships three times over 400m. In 1978 he finished seventh as an Intermediate, in 1979 he finished third as a Senior and in 1980 he won the Senior race. Brief details of achievements in other major competitions: 1979 — 4th Southern Junior 400m. 1980 — 1st Southern Junior 400m, 2nd AAA Junior 400m, 1st 400m v Germany (Jun), 2nd 400m v Italy (Jun). 1981 — 2nd AAA Junior Indoor 400m.

Annual progression:

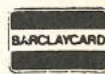
	100m	200m	400m
1978	11.4	22.8	50.6
1979	11.4	22.8	48.2
1980	11.3	21.6	47.10

Favourite event is the 400m. Most enjoyable part of athletics is "getting to meet people with a similar interest from different parts of the country both in competitions and at 'get togethers'". Dislikes "taking part in competitions which are poorly organised, meaning that athletes have to stand around getting cold. Also doing my own self-catering at University". Performance which has given the greatest pleasure was "winning the English Schools at Kirkby last year over 400m in the Senior age group, beating my old adversary Eugene Gilkes". Greatest disappointment: "Losing the National Junior AAA at

Sport today

25 THE PARADE,
BOURNE END, BUCKS
Tel: Bourne End 28991

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NIKE UNIVERSE	5-5½	£26.25	6-11½	£30.25	(£33.99)
NIKE FLY	4-5½	£15.45	6-11	£17.75	(£19.99)
PUMA HURRICANE	4-5½	£10.80	6-11	£12.95	(£15.99)
KARHU LASER			6-11	£19.45	(£23.95)

TRAINERS

NIKE OCEANIA	3-5½	£9.90	6-12	£11.50	(£12.99)
NIKE LDV II			6-12	£24.75	(£27.99)
NIKE TAILWIND			6-12	£32.50	(£37.99)
LE COQ VARIOSPEED	5-5½	£20.85	6-12	£23.10	(£25.99)
PUMA FAST RIDER			6-12	£23.95	(£27.99)
KARHU SUPER GREEN	3-5½	£18.95	6-12	£21.65	(£22.95)
KARHU CHAMPION	3-5½	£18.95	6-12	£21.65	(£22.95)
ADIDAS TRX TRAINING			6-12	£17.35	(£19.50)
ADIDAS MARATHON TRAINING			6-12	£22.20	(£24.99)

ROAD RACERS

NIKE ELITE	6-12	£23.50	(£27.99)
PUMA SUPERSONIC	6-12	£19.45	(£22.50)
KARHU KEVLAR	6-11	£25.50	(£26.95)
ADIDAS TRX COMP.	6-12	£19.25	(£21.75)
LE COQ APOLLO	6-12	£19.99	(£22.99)

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LE COQ SPORTIF SPARTA. 100% Nylon
Tapered trousers with zipped pocket.
Sizes: 4'6"-5'1" **Only £8.75**
Colours: Sky/Navy, Green/Navy, Navy.

Personal Shoppers Welcome. Shoes: state size and enclose foot outline. Clothing: give second choice of colour.

ATHLETICS IN ROTHERHAM

Rotherham Borough Sports — July 11th,
Events for all age groups — £400 Prize List.

Rotherham Marathon — Sept. 20th,
£300 Prize List.

Rotherham Half Marathon — July 29th.

For full details see last weeks A.W. or send SAE to D.
J. Haywood, 14 Whitehall Road, Brinsworth,
Rotherham, South Yorkshire.

THE MIKE SULLY CROSS COUNTRY RACES

(Under A.A.A. Laws)

PROMOTED BY BRISTOL A.C.

SUN., 1st NOVEMBER, 1981

BOTH SEXES — ALL AGES OVER 11

Details in A.W. later

Tenth Annual

Gloucester — Cheltenham — Gloucester

18 MILE ROAD RACE

SUNDAY, JULY 5th, 3 p.m.

Prizes: 1st 6 Inds., 1st 2 Vets., 1st Vet. O/50. 1st 3
Teams of 3.

Entries: (50p) to Clive Wootton, 68 Merevale Road,
Gloucs. Team fee (£1), all must enter as Inds. (6 run, 3
score). Late entries double fees. S.A.E. for travel
directions.

Changing: Gloucester Leisure Centre.

ENTRIES CLOSE TUESDAY, JUNE 30th

NEWTOWN A.C. (POWYS)

NEWTOWN CARNIVAL 4 MILE ROAD RACE

ON SAT., 27th JUNE, 1981

at 1.30 p.m.

Prizes to: 1st 10 males, 1st 3 females, 1st 3 Vets
O/40, 1st Vet O/45, 1st Vet O/50, 1st 3 Teams.

Entry Fee: 60p, double after June 24th.

Entries and S.A.E. to: Barrie Waters Sports,
Market Street, Newtown, Powys. Tel. No.
(0686) 27041.

VALE OF AYLESBURY A.C.

Stoke Mandeville Stadium, Harvey Rd., Aylesbury

OPEN RACES

(Under A.A.A. & W.A.A.A. Laws)

SUN., 21st JUNE, Start 1.30 pm

(To be held in conjunction with Inter Club match)

100m, 200m: Jnr/Snr Men, Int/Snr Ladies.

5000m: Jnr/Snr Men, incl. Bucks AAA Championships.

Entry Fee: 40p per event, please state if entering Bucks 5000m.
Prize for winner in all races, medal Bucks 5000m.

All-weather track, needle spikes only please (max. 6mm).

Entries to: Dick Hills, 3 Elmside, Winslow, Buckingham MK18
3HS. (Tel. 2786).

NATIONAL DAIRY COUNCIL PRESTON TO MORECAMBE

MILK MARATHON

(26 Miles, 385 yds, under AAA, WCC & RWA Laws)

Organised by

LANCASTER & MORECAMBE A.C.

18th JULY, 1981, Start 1 pm

Start: Lytham Road, Preston. Finish: Morecambe
Leisure Park, Morecambe.

OVER £200 IN PRIZES

Prizes: (Men) First 15 Individuals, first 3 Vets O/40
outside individuals prizes, first 3 Teams (3 to score),
first local runner.

Prizes: (Women) First 3 Individuals.

TIME CERTIFICATES to all finishers on the day.

FREE REFRESHMENTS to all competitors.

TIME CHECKS at 5, 10, 15, 20, 25 miles.

Entry Fee: 60p per Individual. No team fee. (Please
note limited number of seats on a mini-bus from Finish
changing rooms to start, fare £1, enclose with entry
fee).

ENTRIES CLOSE FRIDAY, 1st JULY, 1981

Entries to: P. Grime, Hon. Race Secretary, 43 Slyne
Road, Lancaster. Telephone 62400.

B.V.A.F. NATIONAL VETS TRACK & FIELD CHAMPIONSHIPS

(Under IAAF, AAA, WAAA & RWA Laws)

SAT. 25th & SUN. 26th
JULY, 1981

at 11.00 a.m.

WOLVERHAMPTON STADIUM

SATURDAY

Men's events: 400mH, 100m, 400m, 3000m S/C,
1500m, 3000m Walk, Hammer, Pole Vault, Discus,
High Jump, Pentathlon (200m & Discus).

Ladies events: 400m, 1500m, High Jump, Discus,
Shot.

SUNDAY

9.30 a.m. Annual General Meeting of B.V.A.F.

Men's events: 110mH, 5000m Walk, 200m, 800m,
5000m, Javelin, Long Jump, Triple Jump, Shot,
Pentathlon, (1500m, Long Jump, Javelin).

Ladies events: 100mH (WO), 80mH WIA+, 3000m
Walk, 100m, 200m, 800m, Javelin, Long Jump.

Fees: £1 first event, 50p each additional event;
pentathlon £2 payable to Midland Veterans A.C. Entry
Forms and full details from Mr R. C. Evans, 46 Church
Hill, Penn, Wolverhampton. Early entries appreciated.
Late entries will not be accepted.

ENTRIES CLOSE: SAT., 26th JUNE



Steve Heard (right) with arch-rival Eugene Gilkes in last year's English Schools 400. Steve won narrowly in a personal best of 47.1.

Eileen Langsley

Birmingham to my rival, but good friend, Roy Dickens".

Training: Trains six days a week all year round. **Typical week's training in winter:** Sunday — Track session at Cosford. Monday — Long run. Tuesday — Hill work and sprints. Wednesday — Long run of 4 to 5 miles. Thursday — Track session at Wolverhampton. Friday — Weight training and long run. Saturday — Rest. **Typical week's training in summer:** Sunday — Track session. Monday — Long run. Tuesday — Track session. Wednesday — Sprint technique work. Thursday — Track session. Friday — Rest. Saturday — Competition.

Main rivals? "Phill Brown and Eugene Gilkes in the Juniors for 1981". Particularly admires "Steve Ovett for his conduct both on and off the track at the Olympics at Moscow". His short-term aim is "the European Junior Champs in Holland in August" and his long term aim is "possibly, if I still find enjoyment in athletics and continue to improve, the 1984 Olympics".

Comment: "In relation to drugs, I don't mind competing against drug-takers. I know I am running at 100% and if others aren't satisfied with their performance and feel the need to

'boost' their performance, let them, and disqualify them if you can detect them. These 'criminals' have lost the aim of this pure sport and should I ever reach the stage whereby I need to increase my performance to such an extent falsely, I know the time to retire had arrived.

"There is also a need to encourage 'grass root' athletics because in my case for instance, Folkestone AC have given me an invaluable start in my running career".

UNDER 20 INTER-AREA MATCH

At Kirkby, May 4th

South 227½; North 197½; Midlands 120; Wales 104.

100: 1, M. Powell (S) 10.7; 2, D. Reid (S) 10.8; 3, M. Towers (N) 10.9. **200:** 1, Reid 21.8; 2, E. Gilkes (S) 22.1. **400:** 1, T. Bennett (S) 48.0; 2, A. Medley (N) 48.6; 3, P. Dunn (N) 48.7; 4, K. Hunter (M) 49.8; 5, O. Parker (S) 50.0. **800:** 1, C. McGeorge (N) 1:51.4; 2, P. Elliott (N) 1:52.2; 3, P. Potter (M) 1:52.3; 4, A. Myatt (M) 1:53.0; 5, P. Larkins (S) 1:53.4. **6,** S. Cragg (Gst) 1:53.4. **110H:** 1, H. Teape (S) 14.4; 2, M. Robertson (S) 15.1; 3, M. Briggs (M) 15.1; 4, M. Johnson (N) 15.2; 5, D. Jones (W) 15.6; 6, H. Ramsdale (M) 15.9. **400H:** 1, Robertson 53.8; 2, I. Welch (N) 55.1; 3, Briggs 55.9. **HJ:** 1, A. Kruger (N) 2.11; 2, R. Atun (S) 2.05; 3, D. Watson (M) 2.00; 4, I. Moore (N) 1.95; 5, F. Abejide (S) 1.95. **PV:** 1, W. Davey (S) 4.70; 2, P. Lovell (S) 4.30. **LJ:** 1, M. Makin (N) 7.13; 2, Teape 7.09; 3, R. Jones (W) 6.97. **TJ:** 1, Makin 16.00; 2, D. Wood (W) 15.02; 3, M. Brown (S) 14.85; 4, J. Timbers (S) 14.55; 5, I. Worrall (M) 14.16; 6, A. Bloomfield (M) 14.06. **SP:** 1, W. Cole (S) 15.30; 2, M. Hewer (W) 15.28; 3, P. Weir (M) 14.95; 4, Gilkes 14.84; 5, R. Weir (M) 14.51; 6, D. Swindells (N) 13.52. **DT:** 1, C. D'Arcy (S) 45.94; 2, K. Homer (M) 41.66; 3, A. Martin (N) 40.22. **HT:** 1, D. Smith (N) 61.54; 2, S. Rogerson (N) 61.40; 3, A. Kenneally (S) 60.58; 4, M. Jones (S) 58.84; 5, M. Zaidman (Gst) 52.20; 6, C. Philips (W) 46.90. **JT:** 1, C. McKenzie (S) 69.36; 2, R. Bradstock (S) 65.88; 3, G. Rowlands (W) 58.58. **4 x 100:** South 42.1. **4 x 400:** 1, South 3:18.8; 2, North 3:22.3.

NCAA & Lancs 10,000 Champs: 1, J. Woods (Liv) 29:27.1; 2, K. Harrison (Stret) 29:37.0; 3, G. Helme (St. H) 30:27.4; 4, D. Reeves (Der) 30:37.5; 5, K. Jacques (St. H) 30:46.2; 6, R. Sinclair (Sheff) 30:52.7.

Scottish Vets Marathon Champs, at Bellahouston Park (April 26th). 1, D. Kerr 2:37:55; 2, G. McKirdy 2:40:38; 3, B. McAusland 2:41:36; 4, W. Armour (O/50) 2:42:27; 5, J. Foster 2:47:19; 6, E. Dolan 2:49:18; 7, T. Stevenson (O/50) 2:53:07; 8, D. Andrews 2:54:20; 9, M. Morrison 2:54:30; 10, J. McLean 2:55:48; 11, A. Galbraith 2:55:49; 12, G. Porteous (O/65) 2:58:00.

Cambridge Harriers One-Two In Ranelagh Half Marathon

KEITH PENNY'S road race record from December to May, below the marathon distance, must be considered the most impressive in the United Kingdom, as he again illustrated when winning the Ranelagh half-marathon at Effingham on May 9th, only five days after his win in the Ted Pepper Memorial '7' at Chorley.

The organiser must have been happy to note that the field had doubled since the inaugural race in 1980 but Bernie Ford's breathtaking 64:05 record was still safe. "I wish he had been able to race with me. He has leg injuries at the moment and it is so sad to see someone who loves running so much as Bernie does, to be side-lined like that" — so said Keith afterwards, but there was drama for Penny too.

After 1½ miles, while Penny was at the front of the leading group, someone accidentally tripped him and he went down heavily, bruising his hip and falling back to about 15th. However, by five miles (25:06) he was back in the leading bunch of seven.

On a downhill stretch, at seven miles, Penny took the initiative and pulled away with Barry Watson, and by ten miles (50:17) they were well clear of Rex Wilson (50:33), Jim Murphy, Bill Mullett and Clive Thomas (51:06). Penny started to break away from Watson with a mile to go and Murphy improved to third during that time. Pete Lawrence continued to show up well as a veteran with 70:09 in 11th place, and despite Hugh Foord being unbeaten this season for '50 plus' runners on the road and country and taking 30 sec off his last year's time (76:08) he surprisingly had to succumb to a very good run by Dereck Wood (74:41).

Kath Binns took over ten minutes off Leslie Watson's course record of 84:42 with 74:41 and Di Chettle was the third of the ten ladies to finish in 89:05, watched by her husband Dave who hopes to compete in the Stockholm and Fukuoka marathons, after his recent 2:11:35 at Boston.

Alastair Aitken

1, K. Penny (Cambridge H) 66:05
2, B. Watson (Cambridge H) 66:11
3, J. Murphy (Ranelagh) 67:24
4, W. Mullett (B&H) 67:32; 5, R. Wilson (Hastings-NZ) 67:46; 6, C. Thomas (TVH) 68:24; 7, B. Hinzmann (Croy) 68:41; 8, B. Standen (TVH) 68:58; 9, S. Keene (Shaft) 69:21; 10, D. Wright (Ran) 69:58; 11, P. Lawrence (Hast-V) 70:09; 12, P. Martin (Hast) 70:16; 13, R. Roath (Walton) 70:20; 14, P. Jones (Camb. H) 70:26; 15, C. Beauvais (Walton) 70:32; 16, M. Kortenray (HW) 70:45; 17, J. O'Brien (Bridge-V) 70:58; 18, M. Pickard (E&E) 71:08; 19, J. Keating (E&S) 71:19; 20, A. Pinfield (Mit) 71:29;



Leading pack after a mile (from left): Jim Murphy, Rex Wilson, Brock Hinzmann, Barry Watson, Keith Penny, Mike Kortenray, Clive Thomas, Bill Mullett, Jim O'Brien and Bob Roath.

Fred Poplewell

21, P. Lindsell (G&G) 71:39; 22, M. Page (Walton) 71:42; 23, A. Harren (HHH) 71:54; 24, M. Moody (Maid-V) 72:33; 25, D. Sutton (Ver) 72:38; 26, D. Case (E&S-V) 71:50; 27, G. Daniels (Ran) 71:51; 28, P. Edwards (Ver) 71:54; 29, G. Whitson (Ran) 71:59; 30, A. Samuel (Bridge) 73:04; 31, S. Warzee (G&G) 73:06; 32, B. Goodfellow (Camb. H-V) 72:14; 33, D. Marsh (Worth-V) 73:25; 34, S. Holland (Hast) 73:33; 35, S. Mummery (Ran) 73:36; 36, M. Armstrong (Bridge) 73:48; 37, N. Griffiths (SLH) 73:48; 38, P. O'Connor (Bel-V) 73:49; 39, W. Harvey (Ran) 73:52; 40, W. Wade (B'rhth) 73:52. **Teams:** 1, Cambridge H 17; 2, Ranelagh 40; 3, Walton 50; 4, Hastings 57; 5, Bridgend YMCA 83; 6, Ealing & S 86; 7, Thames Valley 95; 8, Brighton & H 102; 9, Ranelagh 'B' 103; 10, Epsom & E 154; 11, Herne Hill 164; 12, Verlea 174. **(Vets):** 1, Lawrence; 2, J. O'Brien; 3, Moody; 4, Case; 5, Goodfellow; 6, Marsh; 7, O'Connor; 8, C. Lambert (E&E) 75:12. **(O/50):** 1, J. Wood (Barn) 74:41; 2, H. Foord (B&H) 76:08. **(Women):** 1, K. Binns (Sale) 74:41; 2, C. Flynn (E&E) 88:57; 3, D. Chettle (Croy) 89:05; 4, A. Thomas (Croy) 92:02; 5, Y. Miles (B'mth) 94:37.

TWO OF THE BEST

ANNUAL

1 THURROCK/ESSEX 10 MILE ROAD RACE

(Under A.A.A. Laws)

Incorporating Ladies 10 Mile Race

(Under W.A.A.A. Laws)

SUNDAY, JUNE 21st, at 3.00 p.m.

From Blackshots Track, Grays, Essex (Adjacent to A13)

Entries: 50p (on day £1.00) per individual (no team fee) **to:** G. Phimister, Pen-y-Bryn, Orsett Road, Horndon-on-Hill, Essex. SAE for confirmation and travel details.

CLOSING DATE FOR ENTRIES JUNE 15th

ANNUAL

2 HORNDON VILLAGE 10,000m ROAD RACE

(2 laps around village)

(Under A.A.A. Laws)

Incorporating Ladies 10,000m Road Race

(Under W.A.A.A. Laws)

SUNDAY, JUNE 28th, 1.00 p.m.

A Great day out for the family

From the Bell Inn, Horndon

(Bar extension for competitors, where you can purchase at reasonable cost, superb food and beer)

Entries: 50p (on day £1.00) per individual (no team fee) **to:** G. Phimister, Pen-y-Bryn, Orsett Road, Horndon-on-Hill, Essex. SAE for confirmation and travel details.

CLOSING DATE FOR ENTRIES JUNE 22nd

PRIZES (for both events) include first 10 individuals, first 2 Vets O/40, first O/45 & first O/50. Teams prize for first 3 teams (3 to count) & first 'B' team. For Essex qualified runners in 10 mile road race — County medals first 3 individuals and teams.

INTER-CLUB MATCH**At Stretford, May 2nd**

100: (A): 1, E. Tulloch (Sale) 10.9; 2, S. Norton (Liv) 10.9; 3, K. Bennington (Sheff) 10.9. (B): 1, W. Yates (Sale) 11.0; 2, W. Moore (Leeds) 11.0. **200:** (A): 1, Tulloch 21.7; 2, T. Carrington (Leeds) 21.9; 3, W. Moore (Leeds) 22.2. (B): Yates 22.3. **400:** (A): 1, C. Hamilton (Sale) 48.4; 2, S. Sole (Sheff) 49.6. (B): W. May (Sheff) 49.8. **800:** 1, J. Keyworth (Sale-J) 1:52.6; 2, M. Farrell (Sheff) 1:53.1; 3, S. Cahill (Leeds) 1:53.6. **110H:** (A): Carrington 15.5. (B): 1, S. Pegler (Sale) 15.1; 2, D. Jones (Sale) 15.6. **400H:** 1, Carrington 53.7; 2, Sole 53.8; 3, I. Welch (Leeds) 55.5. **HJ:** 1, P. McDonnell (Sale-J) 2.06; 2, A. Ord 2.00; 3, N. Tustin (Liv) 1.95. **PV:** 1, B. McStravick (Sheff) 4.20; 2, B. Forster (Sale-Y) 4.00; 3, D. Fehilly (Sale-J) 3.60; 4, A. Ashurst (Sale-Y) 3.60. **LJ:** 1, Pegler 7.16; 2, S. Metcalfe (Leeds) 6.98. **TJ:** 1, D. Johnson (Sheff) 14.89; 2, Metcalfe 14.31; 3, B. Camp (Liv) 14:01; 4, Pegler 13.93. **SP:** M. Holmes (Liv) 14.11. **DT:** 1, G. Tyler (Sale) 49.76; 2, I. Washington (Sheff) 42.70; 3, Holmes 40.52. **HT:** 1, S. Rogerson (Sale-J) 54.82; 2, S. McElroy (Sale) 51.04. **4x100:** Sale 42.8. **(Women):** **400:** 1, J. Croasdale (B'burn) 57.2; 2, S. Atkins (Sale) 57.8. **3000:** 1, K. Binns (Sale) 9:31.7; 2, S. Little (Bolt) 9:53.1; 3, A. Taylor (Stock) 9:53.5. **400H:** 1, D. Markindale (Stock) 63.6; 2, J. Graham (Stret) 64.9; 3, D. Hughes (Sale) 65.7.

CHICHESTER TO PORTSMOUTH 25km**May 2nd**

1, L. Presland (Aldershot F&D-V) 1:24:13
 2, J. Patton (Portsmouth) 1:25:00
 3, S. Speller (Portsmouth) 1:25:36
 4, R. Roath (Walton) 1:26:04; 5, L. Smith (E&S) 1:26:27; 6, D. Fudge (Ports) 1:26:42; 7, J. Clow (Ports) 1:27:38; 8, P. Lawrence (Hast) 1:27:51; 9, M. Page (Walton) 1:27:56; 10, I. Wilson (B'ht) 1:28:00; 11, G. Beauvais (Walton) 1:28:10; 12, T. Parker (DoC) 1:28:33; 13, K. Cawley (RN) 1:29:31; 14, C. Haines (B'ht) 1:29:46; 15, J. Stephens (RN) 1:30:11; 16, A. Reavley (S&E-V) 1:30:33; 17, R. Roots (Inv) 1:31:29; 18, I. Burgess (S&E) 1:31:57; 19, D. Williams (Sy) 1:32:12; 20, C. Woodcock (B'ht) 1:32:20; 21, B. Switzer (S&E-V O/45) 1:32:45; 22, A. Cullen (RN) 1:33:02; 23, C. Malsbury (Hor) 1:33:12; 24, J. Painter (Worth) 1:33:42; 25, P. Shepherd (B'ht) 1:33:52. **Teams:** 1, Portsmouth 11; 2, Walton 22; 3, Blackheath 37; 4, Royal Navy 42; 5, Southampton & E 46; 6, Ealing & S 54. **(Vets):** 1, Presland; 2, Reavley; 3, Switzer; 4, D. West (VPH) 1:34:03; 5, R. Bailey (Ports) 1:34:41; 6, D. Ellison 1:34:50; 7, K. Vine (Camb. H) 1:35:09; 8, C. Burton (Ports-O/45) 1:35:23; 9, D. Case (E&S-O/45) 1:36:05; 10, D. Arnold (Ton) 1:36:44. **(O/50):** H. Downer (S&E) 1:39:45. **(O/55):** D. Rickly (Brack) 1:44:44.

Note: Patton was sent off-course at 9½ miles whilst 80m in the lead.

"Come and have a day at the Seaside"**FLEETWOOD GYMNASIUM ATHLETIC SECTION****Present the 4th Annual**

YOUNG ATHLETES PROMENADE ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)**SUNDAY, 6th JULY, 1981, at 2.00 p.m.****EVENTS**

U/12 Girls	1 Mile	U/14 Girls	1.6 Miles	U/16 Girls	2.2 Miles
U/12 Boys	1 Mile	U/14 Boys	2.0 Miles	U/16 Boys	3.2 Miles
(Ages: Girls 1.9.80, Boys 1.4.81)					

Plaques & medals to first 3 individuals & first 3 teams (4 to count) in each race.

Entry Fees: 30p individual, no team fees.

To: Race Secretary Dave Robinson,
 52 Duddon Avenue,
 Fleetwood,
 Lancs.

Numbers & Changing Facilities: Fleetwood Gym, Rhyl St., Fleetwood. Presentation 4.45 p.m.

Good Start By Gary Oakes

RACING for the first time this summer, Olympic bronze medallist Gary Oakes made a good start by clocking 51.8 for his speciality at the Access Super Club Meeting at Hornchurch on May 4th. Chris Warden also opened promisingly with a time of 58.7. Tessa Sanderson threw the javelin 62.84m and later finished second to Shirley Strong in the 100m hurdles. Field event highlights included a personal best hammer throw of 59.46m by Shaun Pickering (19), but it cannot count as a Welsh record as the throwing area is slightly downhill. Wolverhampton & Bilston retained the Access team title ahead of Haringey.

Wolverhampton & Bilston 241; Haringey 232; Stretford 191; Havering 152; Cardiff 127; Bristol 81.

100: 1, C. Moven (W&B) 10.9; 2, V. Bramble (Har) 11.0. 200: 1, C. Moseley (Har) 21.5; 2, G. Cohen (W&B) 22.2. 400: 1, M. Ducasse (Har) 48.6; 2, M. James (Card) 50.0. 1500: J. Kilsby (Har) 3:54.7. 5000: T. Blackwell (W&B) 14:19.2. 3000SC: 1, P. Bettridge (Hav) 9:03.0; 2, N. Saunders (Har) 9:20.0. 110H: 1, G. Myles (W&B) 14.8; 2, M. Kindon (Stret) 14.8; 3, C. Richardson (Har) 15.0; 4, I. Willoughby (Bris) 15.3; 5, N. Walker (Card) 15.4. 400H: 1, G. Oakes (Har) 51.8; 2, D. Fishwick (Card) 53.4; 3, K. Lidlow (Hav) 54.7; 4, K. Moore (W&B) 54.8; 5, Willoughby 55.6. HJ: 1, A. McIver (Card) 2.10; 2, L. Thompson (Har) 2.05; 3, B. Johnson (W&B) 2.00. PV: 1, G. Eggleton (Har) 4.50; 2, R. Hooper (W&B) 4.40; 3, A. Hardy (Hav) 3.80. LJ: 1, E. Starrs (W&B) 7.43; 2, D. Burgess (Har) 7.00. TJ: J. Herbert (Har) 15.03. SP: 1, P. Tancred (W&B) 17.46; 2, A. Zaidman (Har) 15.97; 3, C. Ellis (Bris-age 15) 14.21; 4, S. Archer (Hav) 13.56. DT: 1, Tancred 52.66; 2, M. Aldridge (Har) 45.42. HT: 1, S. Pickering (Har) 59.46; 2, J. Sedge (W&B) 47.60; 3, M. Nealon (Stret) 44.38. JT: 1, M. Humphries (Har) 66.86; 2, P. Ostapowycz (Stret) 66.16. 4x100: 1, Haringey 41.5; 2, W&B 43.0; 3, Cardiff 43.5. 1600 Medley: 1, Stretford 3:29.7; 2, Haringey 3:31.9; 3, W&B 3:33.2.

Women

100: 1, J. Parry (Stret) 11.7; 2, V. Elder (Hav) 12.0; 3, J. Miller (Har) 12.1. 200: 1, Parry 24.3; 2, Elder 24.6; 3, S. Moseley (Har) 25.1; 4, G. Spurgin (W&B) 25.1. 400: 1, L. Forsyth (W&B) 54.0; 2, R. Chettleburgh (Hav) 56.3. 800: 1, J. Asgill (Stret) 2:11.7; 2, A. Griffiths (Card) 2:13.3; 3, D. Brooks (Hav) 2:13.6. 1500: L. Driver (Stret) 4:36.1. 3000: S. Jeffries (Hav) 10:21.6. 100H: 1, S. Strong (Stret) 13.9; 2, T. Sanderson (W&B) 14.3; 3, D. Greenidge (Har) 14.7. 400H: 1, C. Warden (W&B) 58.7; 2, D. Heath (Stret) 62.9. HJ: 1, D. Brown (W&B) 1.75; 2, J. Frost (Stret) 1.65. LJ: 1, J. Edward (Bris) 5.85; 2, G. Regan (Card) 5.67; 3, J. Mulliner

PUBLISHER'S STATEMENT

Considerable increases in production costs due partly to wage increases in the printing industry, cost of paper etc. have meant that some alteration to the cover price of *Athletics Weekly* has been inevitable. The continued increases in circulation and advertising have, however, enabled us to keep this down to 33p instead of the anticipated 35p. From the first issue in June (June 6th) the cover price of *Athletics Weekly* will therefore be 33p. Subscription rates will be: Direct UK £21.00; Other UK (agencies) £25.22; Overseas (surface mail) £26.00; All-up Europe (Air Mail) £30.68; Air Mail Zone "A" £32.24; AM Zone "B" £36.40; AM Zone "C" £40.04. USA Dollar Rate: Surface Mail \$62, Air Mail \$87.

(W&B) 5.64; 4, P. Dunn (Stret) 5.63; 5, M. Gooden (Har) 5.50. SP: 1, V. Redford (W&B) 14.37; 2, S. Tudor (Har) 13.41; 3, A. Jackson (Stret) 11.69; 4, C. Bernard (Hav) 10.94. DT: 1, Redford 48.40; 2, Tudor 37.66; 3, Bernard 36.76. JT: 1, Sanderson 62.84; 2, M. Jervis (Har) 49.30; 3, D. Royle (Stret) 44.58; 4, J. Flanagan (Card) 37.84. 4x100: 1, Haringey 47.7; 2, Stretford 47.7; 3, Havering 49.2 W&B 47.5, disq. 1600 Medley: 1, Stretford 4:02.0; 2, W&B 4:05.6; 3, Havering 4:09.8.

MIDLAND WAAA CHAMPS

At Birmingham, May 9th/10th

100H: 1, K. Millerchip (Bir) 14.7; 2, T. Such (Bir) 14.9. 400H: 1, J. Courtenay (Cov) 64.8; 2, E. Little (Bir) 66.5. 4x100: Birchfield 47.8. 4x400: 1, Coventry 3:52.1; 2, Birchfield 3:54.2. 1600m Medley: 1, Birchfield 4:03.0; 2, Coventry 4:05.5. (Inters): 400: 1, G. Withers (B&R) 59.1; 2, C. Parsons (Bir) 59.4. 1500: 1, E. Jones (Cov) 4:42.4; 2, J. Presley (Bris) 4:45.3. 200H: L. Parry (Cov) 29.8. (Juniors): 200: 1, K. Dooley (Cann) 25.8; 2, A. Muxworthy (Bris) 25.9; 3, S. Jeavons (Leam) 26.2. 1500: 1, H. McDonald (Cann) 4:46.9; 2, J. Beasley (BH&M) 4:48.2; 3, K. Booker (Notts) 4:49.2; 4, K. Flannagan (Stoke) 4:51.3. 2500m Walk: 1, L. Langford (W&B) 13:11.0; 2, R. Sugg (B&R) 13:32.6; 3, M. Prince (S&SH) 13:39.0; 4, J. Groot (Bole) 13:49.0. 4x800: 1, Birchfield 9:53.1; 2, City of Stoke 9:55.4; 3, Bromsgrove & R 9:58.9. (Girls): 1500: D. Smith (Bir) 5:03.7. 2500m Walk: 1, S. Tonks (B&R) 13:56.9; 2, S. Griffiths (B&R) 14:14.0.

SANDBACH MARATHON

Entries are closed for the Men's race but can still be accepted for Ladies' race. For full details see advertisement in March 28th issue or telephone John Nolan (0782) 625726.

Unexpected Discus Record For Ben Plucknett

NO ONE was more surprised than Ben Plucknett when he added 4cm to Wolfgang Schmidt's world discus record with a throw of 71.20m (233'7") at Modesto, California, on May 16th. "I know where I am physically and technically", he remarked, "and it shouldn't really have happened". The record came in the final round at the California Relays. Following throws of 67.82, foul, 63.84, 59.98 and 66.54, "Big Ben" (he's 2.01/6'7" & 138kg/304lb) trailed a previous world record holder, John Powell, who had reached a personal best of 69.98. Then, in round 6, 27-year-old Plucknett added over three metres to his previous best with that mighty toss of 71.20. Later, Plucknett produced the best shot put of his life (20.59m) behind an American record of 22.02 by 35-year-old Brian Oldfield. Plucknett's annual discus progression: 1973-55.54, 1974-52.76, 1975-56.24, 1976-61.52, 1977-60.60, 1978-62.30, 1979-66.12, 1980-68.18, 1981-71.20.

The new Jesse Owens is how 19-year-old Carl Lewis is being described. That's some billing, but Lewis — who set a world indoor long jump best of 8.49m earlier this year — is living up to it. In Los Angeles (Westwood) on May 10th he came up with the second longest jump in history . . . 8.63m (28'3 3/4"), although unluckily the assisting wind of 2.02m/sec was the tiniest fraction over

Carl Lewis 8.63w . . . & 10.00!

the allowable limit. His series: 8.37 (—0.17m), 3 fouls, 8.47 (nil), 8.63w. Asked whether Bob Beamon's 8.90 was beatable, Lewis replied that he thought he, Larry Myricks and Lutz Dombrowski were all capable of it on the right day. Six days later, in Dallas, he showed his paces as a sprinter — clocking a sensational 10.00 100m with a wind reading of nil. The time, just 5/100ths away from Jim Hines' world record, is the fastest ever recorded at or near sea level.

There was notable sprinting also at the Los Angeles meeting. James Sanford downed Stanley Floyd, 10.05 to 10.10, that winning time being the fastest ever registered into a headwind (0.8m). Had the race been run in the opposite direction Hines' record would have been endangered. The women's 100 was a scorcher too as 1979 World Cup star Evelyn Ashford ran 10.99 in windless conditions despite being behind Jeanette Bolden (11.18) and Angella Taylor (11.31) at halfway. Later, Evelyn ran a 51.80 400.

The biggest shock at this outstanding Pepsi Invitational on May 10th was the relegation to third place in the 110 hurdles of Renaldo Nehemiah (13.46). Despite rapping several hurdles Greg Foster sped to the second fastest time ever — 13.10 — with Sam Turner second in 13.43. The following week Foster turned in a 13.18. Ed Moses remains supreme in his hurdles department; he kicked off with a 48.61 victory (merely his 32nd best time!) on April 26th for his 60th consecutive 400H final win. Steve Scott still chasing Jim Ryun's US mile record of 3:51.1, scored a fine victory over a glittering field in Los Angeles. Despite 90°F temperature the race proved fast as Scott produced a 52.8 last quarter to win in 3:52.50 well clear of John Walker (who has now settled in the USA), Eamonn Coghlan and Sydney Maree — a South African who is permitted to run internationally as he is a "permanent resident" of the USA with a view to becoming a US citizen. Scott outkicked Walker again, 3:55.2 to 3:56.3, at Modesto.

USA RESULTS

15.3. Long Beach. 6M road: NICK ROSE 27:11, Donakowski 27:19, TONY STAYNINGS 27:38 . . . 6, JOHN ROBSON 27:54 . . . 10, MALCOLM EAST 28:17. **22.3. Brooklyn.** Half Mar: GILL ADAMS 1:17:28. **29.3. Los Angeles.** Pro-Am Marathon: Fleming 2:13:15; women — Dalrymple 2:40:59. **3.4. Mesa.** SP: Weeks 20:32. **5.4. New Orleans.** 10,000m road: Musyoki (Ken) 27:55, Virgin 28:06, ROSE 28:17, Motshwarateu (SA) 28:21 . . . 9, Dixon (NZ) 28:38; women — Catalano 32:08, Benoit 32:38. **11.4. Philadelphia.** 15km road: Lindsay 43:41 . . . 4, EAST 44:29. **11.4. Ventura.** SP: Oldfield 21:75. **11.4. San Luis**

HONOLULU MARATHON

13th DECEMBER, 1981

Arrangements have been made in association with PAN-AM to organise a one week tour to Honolulu.

Details as follows:

Outward Journey

Dep. London (Heathrow) Mon. 7th Dec. 15.50

Arr. San Francisco Mon. 7th Dec. 18.35

Dep. San Francisco Mon. 7th Dec. 21.10

Arr. Honolulu Mon. 7th Dec. 23.20

Return Journey

Dep. Honolulu Mon. 14th Dec. 08.55

Arr. San Francisco Mon. 14th Dec. 16.45

Dep. San Francisco Mon. 14th Dec. 19.45

Arr. London (Heathrow) Tues. 15th Dec. 13.45

Accommodation will be reserved at the Moana Surfride Hotel.

Entry Forms are available (\$20 Entrance Fee). **Closing date 26th October 1981.**

Price including Hotel on a twin sharing basis will be approximately £500. Optional stay is available in San Francisco or Honolulu, cost approximately £20.00 per person per night.

For further details contact: **David Dryer (Sports Travel) Limited, Dept AW, 243 Euston Road, London, NW1 2BT — Telephone No. 01-388-7512/3.**

Obispo. Women's JT: Smith 63.78. 11.4. Jackson. 400: Sanders 45.4, Rowe 45.5. 11.4. Nashville. Women's 100/200: Cheeseborough 11.29/22.73. 11.4. Medford. 20km road: McChesney 60:13, Ryffel (Sw) 60:22. 17.4. Murfreesboro. 1500: GARY RIBBONS 3:48.5; LJ: Artis 8.11. 17/18.4. Lawrence. 100/400: Wiley 10.37/45.47; 400H: Lee 49.29; DT: Oerter 62.42; women's 100: Ottey (Jam) 11.26 (11.19w ht); 200: Ottey 22.61, Taylor (Can) 22.87; LJ: 6, KIM HAGGER 5.69; Hept: Harmon 5704 (rec). 18.4. El Paso. (1280m alt) 400: Green 45.0, Meylor (Jam) 45.8; 5000: Nyambui (Tan) 13:41.30; PV: Jesse 5.60, TJ: Dupree 16.53; SP: Oldfield 21.42; DT: Svensson (Swe) 62.96; HT: Peter Farmer (ex-Aus; now US citizen) 71.80. 18.4. Bloomington. PV: Dave Volz (18) 5.57 (jnr rec). 18.4. Dallas. HT: Olsen (Nor) 73.74, ROBERT WEIR 73.02. 18.4. Pullman. 400: Whitlock 45.84. 18.4. Berkeley. 200: Evans 20.53. 18.4. Northridge. 110H: Turner 13.65. 18.4. Seattle Women's 1500/3000: REGINA JOYCE 4:22.29/9:37.72. 18.4. Boston. (434m track) Women's 10,000: St. Hilaire 33:17.8; 400H: SHARON COLYEAR 60.4. 18.4. East Lansing. 1500: 3, CRAIG HOWE 3:51.8. 22.4. Salinas. DT: Burns 67.66.

23-25.4. Philadelphia. 100: Bruce (Tri) 10.39; LJ: Lewis 8.15 . . . 5, KEITH CONNOR 7.33; HT: Olsen (Nor) 73.80, WEIR 67.60 . . . 5, Hegarty (Irl) 64.52; 4x400: Seton Hall 3:02.95; Relay legs — 800: Maree (SA) 1:48.0, Hunter (Irl) 1:48.5, JULIAN SPOONER 1:48.6; 1500: Maree 3:40.2, Hunter 3:43.8, SPOONER 3:53.2, PHIL NORGATE 3:53.4; women's 400H: Brown 57.5, COLYEAR 58.4 . . . 6, MAUREEN PRENDERGAST 61.1; SP: Walton (Irl) 16.46 (rec). 24.4. Tallahassee. Women's 800/3000: MARGARET COOMBER 2:09.9 (3rd)/9:52.9. 24/25.4. Des Moines. 100: (-2.6) Lattany 10.33 (10.08w ht); 800: Boit (Ken) 1:46.97; Mile: Scott 3:58.34; 400H: Lundy 49.49, Lee 49.88; HJ: 3, Wray (Bah) 2.19; TJ: Moi (Ken) 16.58; women's 100: Ottey (Jam) 11.18w. 24/25.4. College Station. 100: (+0.6m) Levarity (Bah) 10.18 (rec), B. Davis (Jnr) 10.22; 400: Kerr 45.41. 25.4. Seattle. TJ: Campbell (Aus) 16.65w, Taiwo (Ken) 16.51w. 25.4. Murray. 1500: DAVE RAFFERTY 3:44.7, EDDIE WEDDERBURN 3:44.8, GEOFF COOPER 3:45.6. 25.4. Eugene. 5000: Salazar 13:35.6; DT: Crouser 64.92. 25/26.4. Walnut. 100: (+1.5m) J. Sanford 10.19, R. Brown 10.21, Okodogbe (Nig) 10.32, Glance 10.38; 200: Roberson 20.52; 5000: Padilla 13:33.5; 10,000: Nyambui (Tan) 27:58.3 (rec), Shahanga (Tan) 28:12.6; 3000SC: STAYNINGS 8:38.2, Jensen 8:38.8, Duhaime (Can) 8:39.4, Marsh 8:39.4; 110H: (-0.8m) G. Foster 13.48, Campbell 13.55, Cooper 13.62; 400H: Moses 48.61, Phillips 48.97, King 49.64; HJ: Frazier 2.24, Stanton 2.24; PV: Curran 5.50; LJ: Williams 8.02; TJ: Banks 16.69; SP: Oldfield 21.16; DT: Powell

Continued on page 50

Terry Loneragan Sports

COUGAR RE-BORN



Available at last in striking navy nylon upper, trimmed amber, with unique two-way gripping sole. Retains COUGAR quality and durability but now only 8 oz! (size 8). Large fitting, no half sizes.

COUGAR 81

6-11 £15.95

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SHADOW III — Women's trainer 3-7 £16.95
VTS — Black/silver 6-11 £13.50
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TRACKSUIT — Red, navy or sky. S, M, L £27.95

NEW BALANCE

THE	730	Sizes	£39.95
NEW	620	6-12½	£29.95
BALANCE	420	Width	£27.95
LIGHT	375	fitting	£19.95
BRIGADE	COMP. 100	available	£28.95
		+ 455 multi stud	£28.95
INTER '7' SPIKE		3-5½	£9.95, 6-9 £11.50

UNDER A FIVER

NEW! FASTRAX SPIKE BAG. Royal/red. Only £3.35
KARHU T-SHIRT, CREW NECK, SHOULDER STRIPES S, M, L. Red, white, royal. Now £3.50
FASTRAX MEN'S SHORTS. Poly-cotton double trim Black, red, royal, emerald, yellow, 26"/34". £3.95
VIGA LADIES VEST. V neck, mesh side panel. Red, black, royal, amber, white 30"-36". £3.50
FASTRAX U.S. T-Shirts. Red, navy, grey. Flock printed. 34"/36", 38"/40", 42"/44". £3.25
REEBOK LADIES TOWELLING SHORTS. Small fitting. Gold, sky, navy, brown. 10, 12, 14. Now £3.35
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POST FREE SERVICE

WISBECH TO MARCH '10'

(Sponsored by Baron Meats)

3 p.m. SATURDAY, 11th JULY

Under AAA & WAAA Laws — County Champs Incorp.

Prizes: £250 value to 1st 10 Inds., 1st 3 Ladies, 1st Vet O/40, O/50, 1st 3 Teams, 1st Vets Team.**Start:** 3 p.m., Royal Standard, Weasenham Lane, Wisbech.**Route:** B1101, fast, flat fenland course. **Finish:** Hereward School, Robingoodfellow Lane, March.**Entries:** 50p, Alec Lefevre, 66 Maple Grove, March, Cambs. PE15 8JT. Phone 56685.**SOUTHAMPTON & EASTLEIGH A.C.
in conjunction with
SUSSEX COUNTY BUILDING SOCIETY****OPEN GRADED MEETING**

(Under A.A.A. & W.A.A.A. Laws)

TUES., 16th JUNE, 1981, 7 p.m.**at the Sports Centre, Bassett,
Southampton****Men** S/J: 100m, 1500m, 400m, 3000m.
Y/B: 100m, 1500m, 400m.**Ladies** S/I: 100m, 1500m, 400m.**Entry Fee:** 30p each event.**To:** M. E. F. Gray, 23 Broadwater Road, Southampton SO2 2DU, with 1981 Best Performance.**Closing Date:** Friday, 12th June.

Definitely No late, No Tele, No on day entries.

Next Meetings: 21st July, 2nd Aug., 13th Sept.**WOKING A.C.****DECATHLON / SENIOR WOMEN
SENIOR MEN / HEPTATHLON****JULY 18th/19th
CLOSING DATE 30th JUNE
TROPHIES****Entries:** £1 to J. Honour, 31 East Hill, Woking, Surrey. S.A.E. for details.**CUPAR
HIGHLAND GAMES**

(Under S.A.A.A. & S.W.A.A.A. Laws)

SUNDAY, 12th JULY, 1981, 2 p.m.**EVENTS****Handicap —** 100m, 200m, 400m, 800m, 1500m, High Jump, Pole Vault, 11 Mile Road Race.**Scratch —** 3000m Ind. & Team, 11 Mile Road Race.**Heavies —** Shot, Caber, Scots Hammer, Weight for Height.**Y. Athletes —** 100m Girls & Junior Girls, 800m Youths, Senior Boys & Junior Boys. Tug-of-War.**Entry forms from** J. Hendry, 3 Bonnygate, Cupar, Fife. (Enclose S.A.E.).**ENTRIES CLOSE FRIDAY, 19th JUNE****LUTON UNITED A.C.****OPEN GRADED
MEETINGS
SUMMER 1981**

(Under A.A.A. & W.A.A.A. Laws)

WEDNESDAY, 17th JUNE**Start 6.45 p.m.****EVENTS**

100mH — Y, IL.

200m — SM, Y, B, SL, IL, JL.

800m — SM, Y, B, SL, IL, JL.

3000m — SM, Y, B, SL.

Long Jump — B, IL.

Entry Fee: 25p per event, 50p on day.**Entries to:** J. Howard, 19 Staveley Road, Luton. Please state age group and best times/distances.**ENTRIES CLOSE SAT., 13th JUNE****Colchester '5'**
Building Society**OPEN 5 MILE
ROAD RACE**

(Under A.A.A. & W.A.A.A. Laws)

**ON SUN., 5th JULY, 1981
at 3.00 p.m.****Starting at Shrub End Playing Fields**

(Off Boadecia Way — adjacent to Colchester Utd. FC)

Prizes: First 6 Individuals, first Veteran, first 3 Teams, first 3 Ladies. Plus T-Shirts to first 10 finishers.**PLUS****Boys U/15** 3 Mile Race **Start 2.00 pm**
Girls U/15 1.6 Mile Race **Start 2.30 pm**

T-Shirts to ALL finishers plus Medals to first 3 Inds.

Entries: No later than 22nd June, 1981 (Race Fee double on day). Seniors 40p, Youngsters 20p.**To:** Geoff Carpenter (SAE please), 2 Marigold Ave., Clacton-on-Sea, Essex. (Clacton 24837).**Make this a family day****Refreshments on sale throughout the afternoon
Certificates to all runners****N.B.** no unattached selling of sports equipment allowed.

Readers' Letters

SUSTAINING A MYTH

Dear Sir,

I refer to your recently published interview of Stan Long by Simon Turnbull, which erroneously sustained the myth that the North East region is incapable of producing either sprinters or field eventers. Let me put the record straight.

Since the late '60s, to my knowledge, the region has placed athletes onto the top of the Championship rostrum at English Schools, and National level in 100m, 200m, 400m, High Jump, Long Jump, Triple Jump, Shot Put, Discus and Javelin (in addition to Hammer which Stan mentioned), in both men's and women's events, and in most instances on more than one occasion. That such talent does not remain to develop within the region is a quirk of educational and work opportunity which has been with us since the time of the Jarrow March.

In generously singling out my past achievements for complimentary comment Stan unintentionally slights the efforts and capabilities of Paul Stevens (National Event Coach, Heptathlon), and Senior Coaches Dot Chipchase, Vince Murray, Jim Sharp, Doreen Watson and John Weatherley, all of whom are as capable as any in the country. There are of course other most capable Middle Distance coaches in the region also.

One aspect which, to my constant frustration, continues to hold back the better development of this group of athletes is the local lack of competitive opportunity within the region at their level. Stan alludes to the provision of such opportunity as being a major factor in the furtherance of our Middle Distance capabilities. Had all of the local agencies, including Stan's own department, shown the same understanding of the needs and aspirations of the sprinters and field eventers, as they had of the distance runners, then we could both have written in a completely different vein, and boasted of even greater National representation.

Carl Johnson,
National Coach.

WOMEN'S AGE GROUPINGS

Dear Sir,

I would like to raise a certain topic which I feel could become quite controversial in the not too distant future — that of women's age grouping. Both Karen Rist and Cherry Hanson have expressed strong views on this in recent interviews in 'AW' and I am sure that most people would agree that the step from Intermediate to Senior can cause problems if the young athlete is not fully prepared for this transition.

With the Youths having three years ahead of

them as Junior Men they can afford to smile. Now, if the men are privileged to such an age group then it's about time women received the same guidance. For long-term plans I feel this three-year period is very important for conditioning the athlete since it is the age where the young athlete becomes an adult. If they get this far I'm sure most of them will have a mature enough attitude to continue. With an age group for those of 17-20 years there is sure to be raised enthusiasm and any athlete of mediocre standard may well come to prominence. Which goes to show that Britain may have lost some of its future stars in the past because of the negative attitude of governing bodies.

Either a new age group between Intermediate and Senior or in the younger bracket would open the gates for the young women athletes. Such an age group concerning the latter could be 'Junior' Girls. By comparing boys to girls it would look as follows: Minor Girls — Young Colts; Junior Girls — Colts; Girls — Boys; Junior Women — Youths; Intermediates — Junior Men; Seniors — Seniors.

Although Girls would become 13-15, Junior Women 15-17 and Inters 17-20, age records would still exist since age grouping would stay the same (i.e. 13-15, 15-17 etc.). Both ideas should be considered while those in support of the idea should make their presence known with ideas and opinions. The only way women are going to have equal rights with men is to make themselves heard.

Craig Mochrie,
Leicester Corinthians.

LORD'S DAY OBSERVANCE

Dear Sir,

The film, 'Chariots of Fire', has highlighted a dilemma every bit as real to many modern athletes, coaches, and officials as it was to Olympic gold medallist Eric Liddell. I am referring to the tendency nowadays to hold major athletics meetings and coaching sessions on Sundays rather than the traditional Saturdays. As a result of this tendency, a lot of athletes, coaches and officials who put so much time and effort into the sport are unable to attend athletics meetings because they object on the grounds of conscience to participating on the Lord's Day.

I sincerely hope that the film has drawn attention to this important fact and that organisers and promoters will do their utmost to arrange future athletics meetings for Saturdays rather than Sundays. Christian athletes, coaches and officials may not be Eric Liddells but they share with him an aversion to participating in what for them is the most sacred and holy day of the week.

Derek Parker MA, BD (Hons.),
(Senior Coach — BAAB;
Coach — British Milers' Club).

TRADING CODE OF PRACTICE

Dear Sir,

Stan Allen's letter in your May 2nd issue raises an important question on the selling of sports equipment at athletics meetings.

I feel there is a need to distinguish between the "uninvited wanderers" and "unauthorised peddlars" and the bona fide specialist athletics retailers who are a regular part of the local athletics fraternity. These latter people, often well-known local athletes themselves, provide a welcome service to athletes working five days a week and racing on Saturdays, who are hard pressed to find the time to go to a shop. Genuine athletics specialists are very thinly spread in most areas, anyway.

The example quoted by Mr Allen, of an athlete not knowing from whom he had made his purchase, could be overcome by the following informal 'code of practice':— (1) Traders operating with the permission of the promoters should be asked to clearly display their authority, for which the promoters would be free to ask (or demand) a contribution to the cost of hiring accommodation; (2) Authorised traders should be asked to clearly display their business name and address; (3) Purchasers should, if in doubt as to whom they are dealing with, ask for an official receipt.

Ron Cave,
Tynemouth

Dear Sir,

I was interested to read Stan Allen's letter regarding unauthorised vendors as this very question was discussed in full at the recent Northern Cross Country Association AGM, having been referred to the four District AGM's for their views.

The firm opinion expressed was that the best way to stop unauthorised selling was to permit authorised selling and accordingly, subject to the provisions of any legal obligations and restrictions imposed by contracts signed by the local organising secretary with the appropriate authorities, the authorised sale of athletics equipment will be allowed (for an appropriate fee) at next year's Championships.

At this year's National Veterans Championships the system was tried with success and one individual who tried to sell on an unauthorised basis was quickly stopped from doing so. These things can be enforced by the employment of stewards or, if essential, by the 'boys in blue'.

The plain fact is that the athletes enjoy and appreciate the provision of these services and it is mutually beneficial to all that they be controlled rather than allowed to proliferate without direction.

It is greatly to the credit (and natural commonsense) of the Northern Cross Country Association that they have recognised the need to

change with the times. One hundred years ago it was the same appreciation of the need for change which led to the reforms in cross-country running and the formation of the National Cross Country Union, the predecessor of the ECCU.

(Dr) Philip R. Thomas,
Prescot, Merseyside.

THANK YOU!

Dear Sir,

Might I through your columns propose a vote of thanks to the organisers, officials, timekeepers and marshalls, etc, at the AAA Marathon on May 10th.

My sentiments go in particular to the dedicated band of helpers who manned the refreshment and sponging stations throughout what was not a particularly pleasant afternoon weatherwise.

The one adverse point about the event (completely outside the control of the organisers) was the disappointing, disgustingly even, low turnout of competitors for what is actually the National Marathon Championship.

Paddy Keenan,
Andover.

Dear Sir,

The Nike People's Marathon was a splendid example of how to organise a mass marathon. Entry was first come, first served, with no lucky dip element. Road maps were issued in advance, there was adequate car parking, registration on the day, changing accommodation with showers, free gifts of an athletic vest, fruit and chocolate, a refreshment tent with a live band, all roads closed, numerous police, marshalls, feeding stations and back-up services, action photographs, start and finish alongside the changing rooms, thermal blankets and time certificates for all at the finish.

Competitors and their friends were made thoroughly welcome. Well done, John Walker and the Centurion Joggers.

R. B. Crombie

Dear Sir,

Via your columns and on behalf of all my club members who competed in the Nike Peoples Marathon, can I sincerely thank the 'army' of people who made this marvellous event possible. The efficiency with which 2000 competitors were organised really amazed us all. The gifts of Nike vests, packed lunches and chocolates were also greatly appreciated, as was the ultimate accolade — the medal on completion. Without doubt, people like Chris Brasher and John Walker should be seriously considered when sporting honours lists are being drafted for their untiring efforts, at times in the face of spurious criticism, for providing so much pleasure for so many people.

It's Here Again — Britain's Biggest Road Race!!

THE 8th ANNUAL

BARNSLEY SIX

(UNDER A.A.A. LAWS)

Sponsored by Barnsley Metropolitan Borough Council, The Barnsley Chronicle Newspaper,
South Yorkshire County Council, The Paul Sykes Organisation,
Mr Martin Brook of Brook and Company Limited and Polar Motor Group

SUNDAY, AUGUST 9th, AT 3.15 p.m. FROM BARNSLEY TOWN HALL



THE MASSED START OF THE BARNSLEY SIX

1st PRIZE — 22" COLOURED TELEVISION

2nd Prize — Miniature TV and Radio Set

3rd Prize — Cine Camera

ALL RUNNERS IN ALL RACES WILL RECEIVE CERTIFICATE AND TRACK SUIT TAG

RACE TIMETABLE

12.45 p.m. — BOYS

(Over 11 & under 13 on 1.4.81)

1.15 p.m. — BOYS

(Over 13 & under 15 on 1.4.81)

1.45 p.m. — YOUTHS

(Over 15 & under 17 on 1.4.81)

2.15 p.m. — THE LADIES SIX

(Under R.W.C.C. + R.W.A. Laws)

3.15 p.m. — THE GREAT RACE!

ENTRIES TO: 'BARNSLEY 6', AMENITIES & RECREATION DEPT., 12/18 ELDON ST., BARNSLEY S70 2JB. Tel: 86547. CLOSING DATE: JULY 6th, 1980. NO LATE ENTRIES.

FEES: BARNSLEY 6 & LADIES 6 — 50p. OTHERS — 25p. ALL TEAMS FREE.

Attention all runners! This great day of road racing requires tremendous organization, please help by **ENTERING EARLY**. **RECEPTION** (from noon onwards) in Barnsley College of Technology, Church St., just 200 yards from the Town Hall.

THE 'BARNSLEY 6' IS ORGANISED BY BARNSLEY ROAD RUNNERS CLUB

One small point for future years. Much was made recently in your letters column about a race secretary's discrimination against novices. Surely the contrary applies in this event . . . against the top men and women. The concept of the race was obviously a restricted event, but to deprive the Holdens, Thompsons and Joyce Smiths of our athletic world the opportunity to compete is, in my view, clearly wrong. Although only a 3:16 man, I consider it a great honour and thrill to line up with these people. Why be satisfied with a 2:30 winner when Trevor Wright is spectating, as he was, and we all know he would win by two to three miles — also depriving the thousands of spectators of internationally known athletes.

Mike Kelly,
Sparkhill Harriers.

CLASH OF DATES

Dear Sir,

Regarding the Schools Cross-Country Cup. May I point out the unfortunate clash of dates. The finals are to be held on December 12th, in the South this is the date set for the women's county championships. The age group concerned is the top year minor Girls. Many of these girls will be hoping to qualify to represent their counties and will no doubt hope to represent their counties again at the English Schools. Surely it is not beyond the powers of the ESAA to rearrange this date and not put these youngsters in such a difficult position.

I'll say no more, hoping that good sense will prevail.

Bernard Apps,
Lingfield, Surrey.

"A CRASHING BORE"

Dear Sir,

With reference to Mr. Steven Evans' letter in 'AW' May 16th. My club probably organises more track and field fixtures, road races and cross-country events than any other club in the country. The problem is that track and field meetings can be a crashing bore, which drive many supporters and organisers away. My own favourite fixtures are the Birmingham Cross-Country League races. These are high quality races, not cluttered up with a succession of children's races and provide an opportunity to race, socialise and get home in time for tea. These qualities of standard, brevity, and sociability are what I aim for in any fixture.

Because many track and field fixtures fail on these points, not many people organise them. When we have track meetings which last two hours, you will get more of them. And just before I am howled down by the "we must encourage the youngsters' brigade", I would proudly state that I think my club has encouraged them rather well but not at the expense of senior athletes.

Terry Haines,
Gloucester AC.

**NATIONAL WATER SPORTS CENTRE
NOTTINGHAM**

QUARTER MARATHON

(Under A.A.A. Laws)

PRIZES

ALSO A

MASS JOG

(Entries free for both events)

SUNDAY, JUNE 7th
2.45 p.m.

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Water Sports For All Weekend.

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**ADVANCE NOTICE
SCARBOROUGH HARRIERS & AC**

CORRIGAN'S SIX MILES FORESHORE ROAD RACE

Please note
SUNDAY,
6th SEPTEMBER, 1981

Also
YOUTHS, BOYS, COLTS

£500 PRIZE LIST

Ring Scar. 69038 for info.

CRITICISM UNDESERVED

Dear Sir,

As race organisers usually have to do their best with limited resources and facilities, I find the criticism of Andy Gibb a little hard.

The original fun-runner and champion of universal, unisex, all-aged marathoneering, I once ran from Uxbridge to Chichester to run in the 'Pompey' race on the same day. It was 1954, I was 41 and virtually unknown, but 'Freddie of Finchley' was very much older. He was waited for, year after year, but his entry was never refused. I believe Andy Gibb was race organiser then, so, would the genuine fun-runners please apologise. I would like to see changing facilities for all and running paths alongside the roads but that is pie in the sky. In the meantime, I am so thrilled by the sudden interest that I mean to 'comeback' at 68 — and after a recent heart attack!

G. H. Martin-Oliver,
Ex-Uxbridge AC.

PERMISSION TO RUN ABROAD

Dear Sir,

I would like to voice my opinion with reference to the mixed standards apparently adopted by the AAA recently. In my capacity as travel organiser for athletes wishing to run abroad, I find myself constantly frustrated. During the four months prior to the Val du Marne Marathon in Paris (May 2nd), I spent considerable time trying to achieve justifiable numbers only to find that whilst some sub-3 hour athletes had been given permission, others had been refused. This was later proved on inspection of the athletes' letters from the AAA within my party.

To prevent an athlete from running abroad, especially if invited by a foreign committee, can only detract from our image as a world force in athletics. Perhaps if your readers respond to this and other letters on this subject, we may be able to put pressure on the governing body so that firm conditions are laid down well in advance for future events giving our athletes the chance of a fair deal or even enabling them to run where they want, when they want.

Barry Whitmore,
Sportsmans Travel, & Harlow AC.

NOT GIVEN TO MAKING EXCUSES

Dear Sir,

I was amazed at the unpleasant letter by D. Vossler (AW May 16th) replying to Glyn Harvey's very reasoned comments about uncovered road in cross-country races. The writer seems to imply that it is stretching things a bit far to blame a two yard section of the course for failure over nine miles, but plainly a runner could, for instance, fall and break his leg within two yards of the start and this would certainly affect his chances over

the remaining 8 miles 1758 yards. It was Glyn Harvey's misfortune to buckle his spikes on that one stretch of road and he must undoubtedly have suffered severe discomfort for the rest of the race.

As for D. Vossler's assertion that 1400 other runners seemed to cope well with the situation, I for one slithered and struggled in my too-short spikes. Had I worn longer ones I might have finished 100 places higher but might equally have suffered the same fate as Glyn and who knows whether I would have had the fortitude to battle on as he did to the finish.

We in the Midlands know Glyn as a whole-hearted athlete, not given to making excuses. He deserves respect for his courage in finishing in a still commendable 92nd place and his suggestions are worthy of sensible consideration.

Lawrence Kilkenny,
Stafford AC.

THE JOGGING BOOM

Dear Sir,

The recent boom in jogging and mass participation events has aroused a lot of thought and I feel it raises a number of inter-connected issues. One thing is reasonably certain, this is a major growth area and must be encouraged within reasonable limits.

There is an obvious demand for two types of club, one catering for the full spectrum of athletic events preferably with reasonable access to all-weather facilities and the other catering largely for what are described 'fun runners' or 'joggers'. There is also the problem of the unattached rule. The reason for this rule is sound and has been dealt with in other letters. Another option worth considering is charging double fees for unattached runners. If this has its desired effect, runners of all standards should be encouraged to find the right club to join.

The other problem as I see it is that of age-distance rules. These I feel are needed, because it is important that during the puberty period when physiological changes are taking place that athletes are not over-stretched. However, the time is ripe to reconsider these rules, eg. a minimum age of 18 seems appropriate for the marathon, providing such athletes are properly trained in pace judgement.

S. E. Chandler.

EBBISHAM LEAGUE

(Division One)

At Norbiton, May 9th

Hercules W 213; Surrey AC 208½; Aldershot F&D 205½; Walton 183½; Mitcham 157; Croydon 136½.

(Division Two)

At Norbiton, May 9th

Sutton & C 226; Epsom & E 219; Woking 176; Guildford & G 112; Redhill & R 109½; Dorking St. P. 81½.

USA RESULTS Contd from page 43

64.56, Hjeltne (Nor) 63.90, Plucknett 63.22, Burns 63.14, Stadel 62.14, Cain 62.06, Oerter 61.04; HT: Odenthal (Ger); 18) 70.16, MAT MILEHAM 67.94 Farmer 67.66; 4 x 100/4 x 200: Arizona State 38.78/1:20.37; Dec: Anderson 8027; women's 200: Taylor (Can) 22.97; 800: Campbell 2:05.19, MONICA JOYCE 2:06.59, Kelley 2:06.63; HJ: Rienstra 1.90; DT: MEG RITCHIE 67.48 (Commonwealth & UK rec; not 67.50), Stalman (Hol) 62.30 (rec); JT: Smith 64.28; Hept: Frederick 6166 (world best). 26.4. New York. 10M road: ROSE 46.08 (27.41 at 6M, 42.58 at 15km), Fredericks 46:10, Lindsay 46.16, GEOFF SMITH 46.23 ... 11, CHRIS STEWART 48.54; women — Catalano 53:42 (31.35 at 6M), Springs 53:55, Palladino (Ita) 54:00. 27.4. Brownwood. 100: D. Green 10.22.

1.5. Tallahassee. Women's 1500: COOMBER 4:23.0. 1/2.5. Murray. 1500: WEDDERBURN 3:48.65; 5000: Cuzzort 14:15.0, RIBBONS 14:19.7, CHRIS BUNYAN 14:19.9, WEDDERBURN 14:26.4; 10,000: DAVE MURPHY 28:59.75, BUNYAN 29:01.78, SEAN CAHILL 29:13.08; women's HJ/LJ: ALLISON MANLEY 1.78/6.21w (& 4th 200 — 24.96, 3rd 100H — 14.4). 1/2.5. Houston. Women's 100: Hodges (Jam) 11.34; 200/LJ: Scott (Jam) 23.47/6.55 (rec); HJ: Ritter 1.90. 1/2.5. Manhattan, Kans. Women's Hept: 3, HAGGER 5088. 2.5. Westwood. 100: E. Brown 10.20, Bill

Green 10.25; 200: Brown 20.39, Green 20.53; 110H: Campbell 13.55. 2.5. Tucson. 100: Okodogbe (Nig) 10.29. 2.5. Fresno. HT: MILEHAM 69.32. 2.5. San Jose. 110H: Cooper 13.2w; PV: Woepse 5.53; TJ: Garner 16.85w, SP: Oldfield 21.28; DT: Powell 66.80, Hjeltne (Nor) 64.16, Plucknett 63.62, Burns 63.52, McGoldrick 63.10. 2.5. Dallas. 100/200: Levarity (Bah) 10.1/20.83; 400: Jefferson 45.96; HT: Olsen (Nor) 73.40, WEIR 68.84. 2.5. Pullman. 200: Kablan (Iv C) 20.70w; TJ: Campbell (Aus) 16.55; women's 800: REGINA JOYCE 2:12.1. 2.5. Champaign. 110H/400H: Lee 13.85/49.67. 2.5. Williamsburg. 800: SPOONER 1:48.96. 3.5. Raleigh. 4 x 120yH: Philadelphia Pioneers (Mason, Oliver, Bethel, C. Foster) 54.52 (best on record; 13.63 ave). 3.5. Villanova. 200: Paul (Tri) 20.74w.

8.5. Philadelphia. 1500: Hunter (Irl) 3:42.3. 8/9.5. State College. Women's 400H: COLYEAR 58.34 (57.55 ht). 8/9.5. Provo (1380m alt) 400: Cameron (Jam) 45.28; 1500: Nyambui (Tan) 3:40.87 ... 4, GRAEME FELL 3:46.67; Dec: Steiner (Arg) 7928w. 9.5. Fresno. PV: 5, Baird (Aus) 5.20; HT: MILEHAM 70.22 (70.22, —, 67.88, 69.78, —, 70.22), WEIR 69.52. 9.5. Athens. 200: Lattany 20.61, Roberson 20.72. 9.5. Bloomington. Women's 800: BERNADETTE MADIGAN 2:10.8. 9.5. Tucson. 100: Evans 10.20, Okodogbe (Nig) 10.21; 200: Henley 20.64, Okodogbe 20.67;

'A.W.' PHOTO CAPTION CONTEST

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REEBOK AZTEC
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(retail value £25.95)

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A **£5 VOUCHER**
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of your choice.

**Simply send us your idea of
an apt and amusing caption
for the above photograph.**

Entries, on plain paper, with name,
address and entry voucher [bottom
left hand corner] to 'Athletics
Weekly', Photo Caption, 344 High
Street, Rochester, Kent ME1 1DT,
to arrive not later than first post,
Monday, June 15th. Previous
competition rules apply [see
14.2.81 issue].

Photo: John Burles

women's SP/DT: RITCHIE 17.13/64.32. 9.5.
Houston. 100: Collins 10.0; 110H: Milburn 13.63. **10.5. Westwood.** 100: (-0.8m) J. Sanford 10.05, Floyd 10.10, E. Brown 10.29, R. Brown 10.32, Marshall 10.34, Quarrie (Jam) 10.44; 200: (+1.4m) Sanford 20.20, Evans 20.34, Marshall 20.46, Quarrie 20.47, E. Brown 20.54; 400: Henley 44.91, Green 45.07, W. Smith 45.35, Carey 45.35, Frazier 45.82, Darden 45.82; 800: Boit (Ken) 1:45.43, Robinson 1:46.01, Eneyart 1:46.11; Mile: Scott 3:52.50, (3:38.4 1500), Walker (NZ) 3:53.98 (3:38.8), Coghlan (Irl) 3:54.94, (3:40.0) Maree (SA) 3:55.37 (3:40.4), Lacy 3:55.82, (3:39.7), Flynn (Irl) 3:56.55, (3:42.5), Masback 4:00.97; 2M: McChesney 8:33.16; 110H: (+0.8m) G. Foster 13.10, Turner 13.43, Nehemiah 13.46, Cooper 13.49, Campbell 13.57, Stewart 13.65; 400H: Phillips 48.62 King 49.68; HJ: Stanton 2.26; PV: Curran 5.48, Ripley 5.48; LJ: Lewis 8.63w (legal 8.47), Robinson 7.82, Williams 7.78, Artis 7.71, Ehizuelen (Nig) 7.71; TJ: Banks 17.19 (twice), Marlow 17.09w (legal 17.04), CONNOR 16.79, Garner 16.53; SP: Oldfield 21.04 Carter 20.94, Laut 20.30; DT: Plucknett 66.42, Powell 66.40, Hjeltnes (Nor) 65.72, Burns 65.22, Oerter 62.58; Women's 100: (nil) Ashford 10.99, Bolden 11.18, Taylor (Can) 11.31; 200: Taylor 22.93; 400: Ashford 51.80; Mile: Warren 4:30.36, Merrill 4:31.69, Webb 4:32.27, Hansen 4:32.61, M. JOYCE 4:32.82; (4:13.7 at 1500); 100H: Fitzgerald 13.22, Young 13.32; HJ: Ritter 1.92, Spencer 1.88, Girven 1.88; LJ: McMillan 6.53w; JT: Smith 64.44, Schmidt 60.98.

16.5. Modesto. 100: Evans 10.07w, R. Brown 10.08, Quarrie (Jam) 10.30; (B race) Michael Sanford 10.24w; 200: Quarrie 20.42w, Bill Green 20.51; Mile: Scott 3:52.2 (53.4 last 440), Walker (NZ) 3:56.3, Spivey 3:57.0, Byers 3:57.2, Padilla 3:57.3, Flynn (Irl) 3:58.0; 110H: Foster 13.18, Cooper 13.40, Campbell 13.62, Veatch 13.66; PV: Volz 5.51; LJ: McRae 8.32w, Marlow 8.05, Ehizuelen (Nig) 7.99w; TJ: Kimball 16.76w; SP: Oldfield 22.02 (rec; & 21.95) Plucknett 20.59, Dolegiewicz (Can) 20.27, Laut 20.04; DT: Plucknett 71.20 (world rec), Powell 69.98, Burns 67.04, Hjeltnes (Nor) 66.86, Svensson (Swe) 66.32, Swarts 65.30, Cain 65.10, Voorhees 64.04, Porath 63.80 . . . 12, Wilkins 60.90; HT: Olsen (Nor) 72.08; JT: Babits (Can) 80.90; women's 3000: Larrieu 9:09.4, M. JOYCE 9:14.3; LJ: Ferguson (Bah) 6.45w; SP: 2, RITCHIE 15.92 (fouled out in DT). **16.5. Dallas.** 100: (nil) Lewis 10.00, Richardson 10.37; 200: Lewis 20.73; 400: Jefferson (19) 44.86, Kerr 44.90; 800: S. Koskei (Ken) 1:45.32, (49.4 at 400!), Stephens 1:46.23, Mays 1:46.41; HJ: Howard 2.25; LJ: Lewis 8.25 . . . 6, CONNOR 7.37; TJ: CONNOR 15.86; DT: 4, WEIR 57.12. **16.5. Gainesville.** 100/200: Lattany 10.06/20.28. **16.5. Eugene.** 5000: McChesney 13:15.77; 3000SC: Martin 8:26.43. **17.5. Berkeley.** Women's 1500: R. JOYCE 4:12.7; SP/DT: RITCHIE 15.96 (2nd)/65.18.

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6th Annual

WHITNASH CARNIVAL 4¾ MILE MEN'S ROAD RACE

(Under A.A.A. Laws)

From the Whitnash Community Centre,
Acre Close, Whitnash

SATURDAY, 27th JUNE, 1981
3.00 p.m.

Prizes valued at 1st £10, 2nd £5, 3rd £3, 1st Vet £4.
Team race for The Avana Meat Products Trophy.

Entries: 40p, 50p per team, made payable to The Whitnash Carnival and S.A.E. by 22nd June to Mr A. J. Hall, 38 Heathcote Road, Whitnash, Leamington Spa, Warwickshire CV31 2NF.

SALFORD METROPOLITAN A.C.

present the 13th annual

ECCLES '10' MILE ROAD RACE

(Under A.A.A. Laws)

held in conjunction with the
ECCLES SPORTS TROPHY MEETING

ON SATURDAY, 11th JULY, 1981

Start and finish on the
CLEAVLEY RUNNING TRACK,
WINTON, ECCLES, SALFORD
at 3.00 p.m.

Sponsored by
L. Bastable & Sons, Eccles

Course record: K. Lazarides (Bolton) 50m 30s
1980 Individual Winner: G. Ellis (Holmfirth)

Prizes for: 1st 3 Inds., 1st 2 Unplaced runners, 1st Vet
O/40, O/45, O/50, O/55, 1st 3 Teams (3 to score).

Entry Fees: Ind. 30p (late entry on day 60p).

NO ENTRY ACCEPTED WITHOUT FEE

Entries on AAA forms to S. Baines, 107 Westwood Crescent, Winton, Eccles, Manchester. Tel: 061 707 2369. Cheques and P.O.'s made payable to Salford Metropolitan A.C. Only in the case of non-acceptance will you be notified.

CLOSING DATE FOR ENTRIES JULY 6th

TORBAY ATHLETIC CLUB

20Km OPEN ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

Sponsors — Whitehill Garages,
Torway's Renault Dealers

SUNDAY, 2nd AUGUST, 1981

Over £100 prizes: Inds. + 1st 3 teams (4 score), Vets 1st 3 + team + 1st O/50 Ind.

Entry: 50p by Monday, 20th July, 20% discount for teams over 4 entries. Double entry fee on day.

Starting time 3 pm. NB No changing facilities for ladies.

Details (SAE): Clyde Mills, Whitehall Garages Ltd., Barton Hill Road, Torquay, Devon. Tel: (0803) 39444. Cheques/P.O.'s payable to: Whitehall Garages Ltd.

BULMERS APPLE JUICE MARATHON

Man versus Horse

(Under A.A.A. Laws & E.H.P.S. Rules)

at Llanwrtyd Wells

In the Cambrian Mountains

26 miles — 3000 ft ascent

SATURDAY, 6th JUNE, 1981

Mass start (runners) 11 a.m.

Abernant Lake Hotel

Entries: 50p to T. E. Radford, Foresters House, Llanwrtyd Wells, Powys.

BAR AND REFRESHMENTS AVAILABLE

THE CUMBRIA LAKES MARATHON

(Under A.A.A. Laws)

An Open race

incorp. the Cumbria A.A.A. Marathon Champs.

will be held at

COCKERMOUTH SPORTS CENTRE
on

SAT., 10th OCTOBER, 1981

Full Marathon course through the English Lakes countryside.

AWARDS

The Jennings Trophy (Cumbria A.A.A. Champion),
The Castle Brewery Cup (Team Winners), The
Allerdale Plate (Ladies overall winner), plus many
other awards.

Also taking place will be a Marathon "Fun Run" for
everyone to take part in.

Full training schedules available on request.

For entry forms please send S.A.E. to:

Marathon, Cockermouth Sports Centre,
Castlegate Drive,
COCKERMOUTH,
Cumbria CA13 9HB.

RACE WALKING NEWS

Shock win for Junior Mike Smith in Midland 35km Champs, at Kenilworth (April 25th). After Ian Richards had dominated the race for over half the distance before being disqualified, it was 18-year-old Mike Smith who came through strongly to overtake ever-aggressive John Paddick and score a sensational victory. Paddick hung on well for second with Brian Adams taking a hotly disputed third. 1, M. Smith (Cov) 2:59:42; 2, J. Paddick (Leic) 3:02:50; 3, B. Adams (Leic) 3:03:48. Teams: 1, Leicester 18; 2, Coventry 39.

Adrian James repeats victory in the City 5M (April 28th). Though 22 sec slower than last year, Adrian James was back to his best form with a clearcut victory from Richard Dorman who also had a satisfactory race. Roger Lancefield was an excellent third well clear of Dave Stevens and Paul Jarman. Good to see in 14th place (45:36) the former AAA 7M champion, Colin Williams — they never fade away! 1, A. James (Enf/SE) 36:18; 2, R. Dorman (Bel/B) 37:08; 3, R. Lancefield (Sy/SE) 37:40; 4, D. Stevens (Stey/SE) 38:27; 5, P. Jarman (Sy/SE) 38:27; 6, D. Railton (Sy/SE) 41:31; 7, S. Wynn (Sy/LPR) 41:40; 8, M. Davitt (Camb. H/B) 41:51; 9, A. Gates (Banks) 43:27; 10, R. Fermander (Banks) 43:41; 11, W. Muntzer (L. Vid/LPR) 44:52; 12, W. King (Sy/LPR) 44:53. Teams: 1, Stock Exchange 94; 2, Banks 123; 3, Insurance 248.

Last mile drama in Plymouth to Dawlish 42M as Carl Lawton snatches victory, (May 3rd). Like good wine, John Eddershaw (47) seems to improve with age. After building up a lead amounting to eight minutes at one stage, big John was still nearly four minutes up as he passed 50km in a brilliant pb of 4:25:45, leading from Carl Lawton (4:29:24), Geoff Tranter (4:42:00), Ed Shillabeer (4:42:10), John Lees (4:47:02) and Peter Worth (4:56:58). The punishing final ten miles took its toll on many but it was not until the final mile that Eddershaw surrendered his lead to the fast finishing Lawton, so repeating the fate he received in the 1979 'Brighton' when Ian Richards took the victory. Local man Ed Shillabeer outlasted Geoff Tranter for third after both had set excellent 50km clockings. Over a third of the starters failed to finish this demanding course. 1, C. Lawton (Bel) 6:11:46; 2, J. Eddershaw (Sheff) 6:13:05; 3, E. Shillabeer (Dawl) 6:36:19; 4, G. Tranter (Birm) 6:42:02; 5, J. Lees (B&H) 6:47:31; 6, A. Brooks (Yk) 6:51:47; 7, P. Worth (Enf) 6:53:46; 8, C. Bent (Leic) 6:54:06; 9, M. Jones (Dawl) 6:55:50; 10, F. Dolan (Lancs) 7:30:39; 11, M. Jones (Leic) 7:33:24; 12, A. Armstrong (LDWA) 7:35:07. Team: Dawlish. (Women): A. Sayer (Ex. L) 8:03:06.

Colin Young

Plenty of promising talent on display at English Schools Champs at Braunstone Park, Leicester (May 2nd). This year's races were held on a 2.5km lap which had a sharp downhill stretch some 400m after the start, where the majority of over 20 disqualifications occurred. Although there were poor entries in both senior events, splendid numbers took part in the other age groups. Untroubled, Phil Vesty gave a fine display of walking to take the Senior 10km albeit in a slowish time but it was quite surprising to see Russell Bestly back in fourth place after a very below-par performance. The Intermediate 5km race was more of a struggle for Junior international Tim Berrett who only secured victory from Mark Williams, after a race-long battle, towards the end. Fiona Rider found herself in the lead in the Senior Girls 5km event after the two early leaders were pulled, leaving her with a comfortable win, and the same happened to Sarah Brown who, while contesting the lead with Sue Hogg, found herself out on her own after the latter was pulled also. The West Midlands took the Boys aggregate trophy but could do nothing to prevent Essex from taking the Girls overall title.

(Snr. Boys): 1, P. Vesty (Leic) 48:12; 2, M. Easton (Sy) 50:47; 3, I. Lewis (WM) 52:43; 4, R.

GLOUCESTER ATHLETIC CLUB

1981 OPEN MEETINGS

Black Bridge, Gloucester

SAT., JUNE 13th & SAT., JULY 11

2.30 p.m.

Events: Senior, Junior Men: 100m, 200m, 400m, 800m, 1500m, 3000m, 2000m S/C, 110mH, 400mH, HJ, PV, LJ, TJ, Shot, Discus, Hammer, Javelin, 3000m S/C.

Seniors, Intermediate Ladies: 100m, 200m, 400m, 800m, 100mH, HJ, LJ, Shot, Discus, Javelin.

Entries: 20p covers all events on the day.

Details and travel directions, send SAE to Terry Haines, 48 The Triangle, Gloucester GL2 0NG. Tel. 410885.

NEW MILLS ROAD RACE

6.3 miles

(Under A.A.A. Laws)

WEDNESDAY, JUNE 24th

at 7.30 p.m.

PROMOTED BY NEWSPA

Registration at Swimming Pool before 7.15 p.m.

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Entry Fee: 50p.

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Cheshire SK12 4DT.
New Mills 43523.

Bestley (Kt) 53:14; 5, N. Bartlam (WM) 53:37; 6, W. Nock (WM) 54:00. Team: W. Midlands. (Inters): 1, T. Berrett (Kt) 23:27; 2, M. Williams (Staffs) 23:32; 3, N. Corbett (H&W) 23:47; 4, M. Rush (Cumb) 24:32; 5, K. Zuber (Ex) 24:34; 6, P. Spencer (Dev) 24:39; 7, C. Dark (Kt) 24:58; 8, I. Harvey (WM) 25:15. Teams: 1, Kent 22; 2, Essex 34; 3, W. Midlands 50. (Jnrs): 1, A. Ethell (Leic) 14:31; 2, M. Hesketh (Sx) 14:45; 3, G. Brown (Sx) 14:52; 4, M. George (H&W) 14:55; 5, K. Tonk (H&W) 15:00; 6, M. Gallagher (H&W) 15:17. Teams: 1, Hereford & Worcs 15; 2, Sussex 15; 3, Leicester 29. (Snr. Girls): 1, F. Rider (Kt) 27:58; 2, P. Willis (Hants) 28:26; 3, L. McCarthy (Ex) 28:27; 4, C. Nichol (WM) 28:43; 5, W. Toach (Leic) 28:48; 6, J. Lewis (WM) 29:23. Team: Essex. (Inters): 1, S. Brown (Sx) 15:02; 2, H. Ringshaw (Sx) 15:35; 3, E. Gaffer (Leic) 15:50; 4, D. Naylor (WM) 16:18; 5, F. Nichol (WM) 16:42; 6, K. Todd (Sy) 16:59. Teams: 1, W. Midlands 20; 2, Sussex 24; 3, Merseyside 31. (Jnrs): 1, L. Langford (WM) 12:44; 2, K. Bowers (Northants) 12:51; 3, R. Sugg (H&W) 12:55; 4, M. Lawley (Dors) 13:11; 5, E. Ryan (Sy) 13:17; 6, J. Streeter (Sy) 13:18. Teams: 1, W. Midlands 27; 2, Hereford & Worcs 31; 3, Surrey 36.

COE, OVETT, & THOMPSON IN ENGLAND TEAM AT CRYSTAL PALACE

Sebastian Coe (800 & 4x400), Steve Ovett (3000) and Daley Thompson (4x100) are in the England team selected for the Philips Night of Athletics at Crystal Palace next Wednesday (June 3rd; 7.30). The meeting incorporates a men's international track match, England v USA v Belgium, with an Ethiopian team — including

Miruts Yifter, Mohamed Kedir and Eshetu Tura — competing in the events from 800m upwards. Another attraction of the meeting is the Bannister Mile with such runners as Wilson Waigwa (Kenya), Omer Khalifa (Sudan) and the nominated match representatives.

England team: 100: Green, McFarlane; 200: McFarlane, Morris; 400: Bell, Scutt; 800: Coe, Cook; Bannister Mile: Cram, B. Smith; 3000: Ovett, Rose; 5000: Goater, G. Smith; 10,000: Black, Murphy; 3000SC: Davies-Hale, Harris; 110H: Gerrard, Holtom; 400H: Hartley, Oakes; 4x100: from Green, Morris, Powell, Reid, Thompson; 4x400: from Coe, Cohen, Cook, Gilkes, Scutt.

UK RESULTS ROUND-UP

2.5. Oxford. 100: D. Thompson 10.5; HJ: M. Naylor 2.11; JT: P. Yates 78.72; women's 100/400: K. Smallwood 11.5/56.5; 200: J. MacGregor 24.0. **9.5. Motspur Park.** 400: A. Bell 47.1. **10.5. Keele.** Women's 200: Smallwood 23.8. **10.5. Barcelona.** Women's 5km road walk: Gylder (Nor) 23:57, I. Bateman 24:04, C. Tyson 24:13. **16.5. Grangemouth.** Women's 200: (— 2.6m) L. Macdonald 23.7. **17.5. Isleworth.** SP: 2, S. Rodhouse 17.90. **20.5. Woodford.** 3000W: R. Mills 12:19.8. **20.5. Birmingham.** 400: G. Cook 46.0, C. Hamilton 47.1. **23.5. Marignane (Fra).** 3000SC: R. Hackney 8:32.4.

An umbrella was lost at the Surrey Championships at Motspur Park on May 16th; will the finder contact Mike Fleet, 101 Blenheim Gardens, Wallington, Surrey SM6 9PU (Tel: 01-647 1341).

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THE CIRCLE — No. 18 — Quarterly Shot/Discus/Hammer magazine — Subscription £4 (2 years) — **Max Jones, 7 Rosedale Ave., Sandal, Wakefield WF2 6EP.**

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LEICESTER CORITANIAN ATHLETIC CLUB

DAIRYGATE ATHLETIC MEETING

(UNDER IAAF, AAA and WAAA LAWS)

SUNDAY 19th JULY 1981 at 1.30 p.m.
LEICESTER SPORTS CENTRE, SAFFRON LANE

Incorporating Invitation Events with International Athletes arranged by George Gandy.

OPEN EVENTS - Prizes for the first three in each final

SENIOR/JUNIOR MEN: 200m, Javelin

SENIOR LADIES

800m, High Jump, Long Jump

JUNIOR MEN: 2000m Steeplechase, 3000m

INTERMEDIATE/

VETERANS: 100m

SENIOR LADIES: 100m

YOUTHS: 800m (for the Sebastian Coe Perpetual Trophy)

MIDLAND COUNTIES AAA RELAY CHAMPIONSHIPS

SENIOR MENS 4 x 100m and 4 x 400m Relay Championships

MCAAA Championship Medals will be awarded, plus prizes for each member of the winning team

Entry fees will be 40p per event, except for the relays which will be £2 per team. Entries must be made on the appropriate AAA or WAAA official forms and must be accompanied by the correct fee and a stamped, self-addressed envelope not less than 9"x 6". Competitors numbers will be sent to acknowledged entries. **NO LATE ENTRIES ACCEPTED**

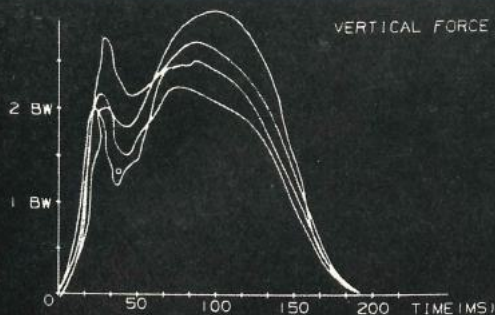
Individual entries in by 20th June and sent to:
Mrs. J. Clarke, 88 Scotswood Crescent, Leicester.

Relay entries in by 28th June and sent to:
MCAAA Joint Championships Secretaries (Relays)
MCAAA Offices, Devonshire House, High Street, Deritend, Birmingham B12 0LP.

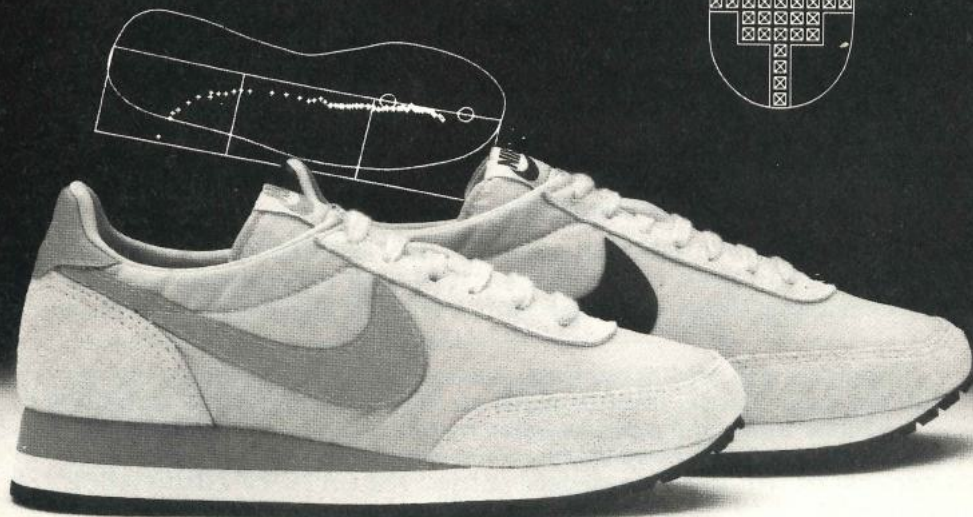
NOTE. In the interest of a strictly timed meeting and to ensure that the star invitation events can be accurately programmed, the Promoters reserve the right to restrict entries for the open events on a first come first served basis.

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