

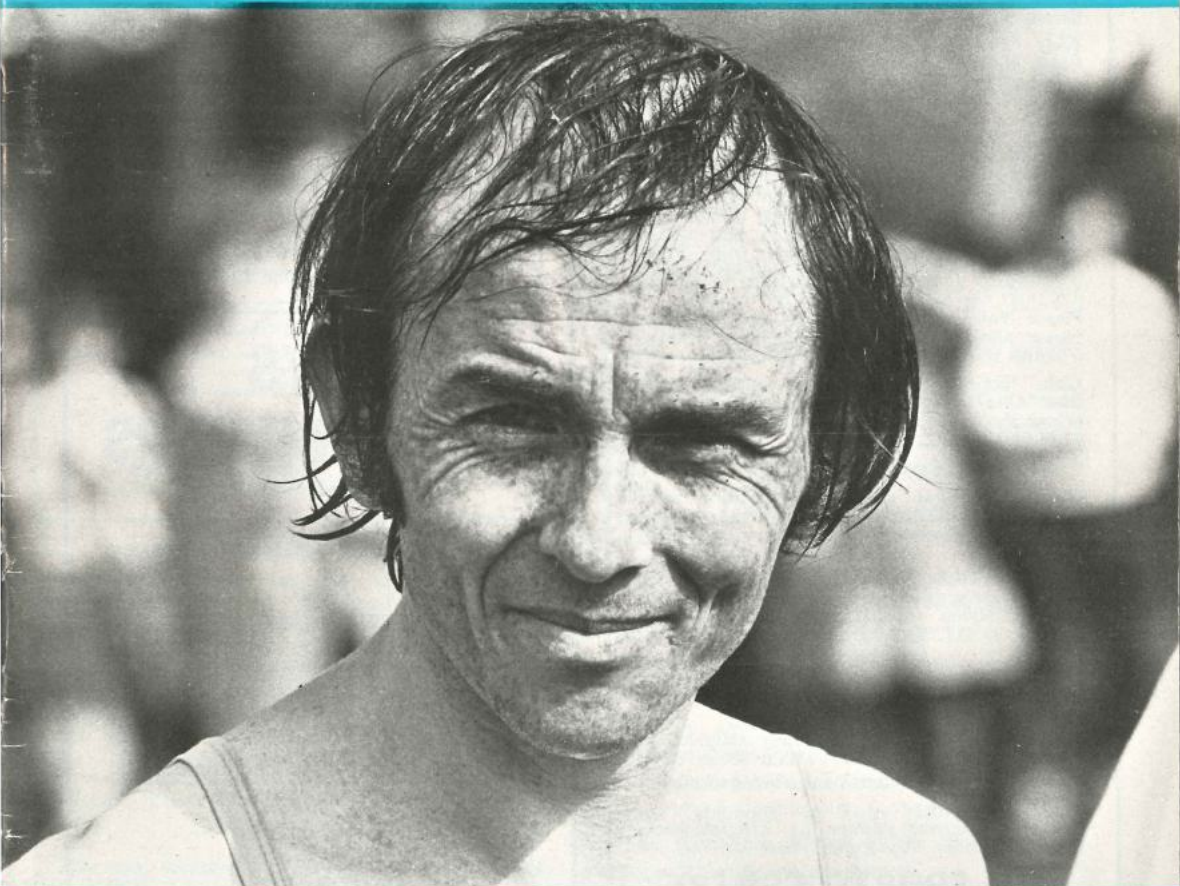
athletics weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INTERVIEW WITH BARRY WATSON

★ UK v Netherlands
Women's Match

★ Who's Who Features
Sue Reeve



BARRY WATSON,
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See page 10.

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ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

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SCOTTISH WOMEN'S FIXTURES

Important fixtures for the Scottish WAAA 1976 season: June 5th, Intermediate & Junior Champs, Grangemouth; June 12th, Girls Champs (Inc Senior/Intermediate & Junior Relays), Coatbridge; June 19th, Scotland v Belgium v Wales, Coatbridge; June 26th, Senior Women's Champs, Meadowbank; August 7th, Senior 4 x 400m Relay Champs, Coatbridge; August 29th, Pentathlon Champs in conjunction with Octavian Relays. Further details from SWAAA Offices, 8 Frederick Street, Edinburgh EH2 2HB.

The new secretary for City of Stoke-on-Trent AC is Mrs A. Johnson, 191 Middlewich Street, Crewe, Cheshire, while previous secretary T. Spencer remains secretary/treasurer of the Staffs AAA at 34 Cambridge Drive, Clayton, Newcastle, Staffs ST5 3DD.

THE WEEK AHEAD

Saturday, May 22nd: UK v USSR, Kiev (1st day); AAA Decathlon Champs (Inc Welsh Champs), Cwmbran (1st day); Midland WAAA Champs (Part), Warley; Northern WAAA Champs, Kirkby; British League; Southern League; Kent League; Borg Warner Trophy Meeting; Duncairn Nomads Meeting, Ballygomartin (NI); Lily B League; Luton United Decathlon/Pentathlon Team Competition (1st day); Wigmore Ladies Meeting, Crystal Palace; Liverpool Pembroke '20', Huyton; 10M Road Walk, Ballyclare (NI).

Sunday, May 23rd: UK v USSR (2nd day); AAA Decathlon Champs (2nd day); Luton United Decathlon/Pentathlon (2nd day); Scottish WAAA East v West, Meadowbank; Surrey v SCAAA U/20 v British Police, Crystal Palace; Kent Boys/Colts Champs (Inc Senior 10,000m), Erith; Stannington Road Races, Sheffield; Fairfield Horseshoe Fell Race (8M/3000'); Camberley Young Athletes Meeting, Bracknell; Eastern Young Athletes League.

Tuesday, May 25th: West Midlands League, Tipton.

Wednesday, May 26th: AAA v BRC International Meeting (6.00pm), Crystal Palace; Army v Hants, Aldershot; Cameron Shield, Ballyclare Shield, Ballyclare (NI); Vets AC 100m H/cap & 4 x 100m, Victoria Park.

Friday, May 28th: Superspike Classic International Meeting, Gateshead; British Women's League (Div 3).

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Cover photo by Ed Lacey

British League (Div. I)**At West London, May 8th****TANCRED BROTHERS SHOW SUPREMACY****Brian Burgess equals Junior record: Berwyn Price sets League record**

ON a beautiful afternoon, the reigning League champions, Wolverhampton and Bilston showed their strength and supremacy with a winning margin of 24 points over Thames Valley, the home club, at West London on May 8th. There were some excellent individual performances, but the usual depth associated with the top league was missing. This is shown in the points scores and the times/distances recorded.

The meeting got off to an excellent start with Peter Kelly winning the 400m hurdles in 52.0. This was followed by 19-year-old Paul Forbes running the third fastest 800 this year in 1:48.8, beating international Peter Browne on the run-in. Ray Weatherburn finishing third also recorded a personal best. Dave Roberts ran an excellent 100m in 10.6, while Les Hoyte won the B race in 10.7. The standard of the first three races had been set; Berwyn Price then set a League record in the 110m hurdles with a crisp 14.1. John Whey set the pace in the steeplechase and was only one second outside his personal best, winning easily. Glen Cohen, in the outside lane, had to set the pace to be chased by Peter Hoffman. Cohen, looking very easy, just managed to hold off the late challenge of Hoffman and the sustained running by Andy Williams. Malcolm Edwards had a runaway victory in the 1500, as did Irishman David Logue in the 5000m for Edinburgh Southern. By this time Wolverhampton had set the pace and clubs like Edinburgh Southern were missing athletes—Gus McKenzie, Stewart McCallum and Chris Black all competing in other parts of the country.

In the field, the Tancred brothers were showing their supremacy. Peter beat brother Bill for the second weekend in the discus (191'11") and shot (51'6½"). Bill, still feeling the effects of a long-lasting heel injury is still having to train on the

weights and stay clear of the competition. Brother Peter has been competing and getting some very good performances; today was no exception. The highlight of the afternoon was the enthralling high jump competition. Brian Burgess equalled his own junior outdoor record with a jump of 2.10m (6'10½") and failed narrowly at 2.15m. Milton Palmer and Carl Harris (pb) cleared 2.05m. Mike Bull came into the pole vault at 4.60m and cleared to win the competition. The run-up was then changed and he went on to clear 5.00 (16'5").

The climax to all British League meetings are the relays. The 4 x 100 was surprisingly won by Edinburgh Southern, while the 4 x 400 was won, in a tremendous finish, by Wolverhampton from Cardiff. Cardiff set the pace, with Andy Williams on the last lap being caught by Glen Cohen in a last gasp effort.

Chris Thorneycroft-Smith

Wolverhampton & Bilston 269; TVH 245; Cardiff 235; Edinburgh Southern 171; Edinburgh AC 171; Sale 161.

100: 1, D. Roberts (Card) 10.6; 2, A. Wells (ESH) 10.8; 3, D. Cole (TVH) 10.8; 4, R. Kennedy (W&B) 10.9; 5, S. Brodie (EAC) 11.1. (B): 1, L. Hoyte (TVH) 10.7; 2, D. Hislop (ESH) 10.8; 3, R. Walters (W&B) 10.9; 4, P. Hoffman (EAC) 11.0; 5, P. Evans (Card) 11.1.

200: 1, Wells 21.9; 2, Hoyte 21.9; 3, Kennedy 22.4; 4, Evans 22.4. (B): 1, Cole 22.0; 2, B. Price (Card) 22.2; 3, Walters 22.5; 4, D. Combe (ESH) 22.6.

400: 1, G. Cohen (W&B) 47.6; 2, Hoffman 47.7; 3, A. Williams (Card) 48.6; 4, N. Edge (Sale) 49.3; 5, J. Day (TVH) 49.4. (B): 1, M. Delaney (Card) 48.6; 2, C. Hamilton (Sale) 48.8; 3, J. Scott (EAC) 49.9.

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800: 1, P. Forbes (EAC) 1:48.8; 2, P. Browne (TVH) 1:48.9; 3, R. Weatherburn (ESH) 1:49.0; 4, P. Boswell (Sale) 1:54.1; 5, R. Yarrow (Card) 1:54.8. (B): 1, K. Glastonbury (Card) 1:52.8; 2, B. Saunders (Sale) 1:53.2; 3, D. Guest (W&B) 1:55.6.

1500: 1, M. Edwards (W&B) 3:49.3; 2, P. Gaytor (Sale) 3:53.0; 3, G. Smart (TVH) 3:53.1; 4, R. Knowles (EAC) 3:55.4; 5, I. Orton (ESH) 3:55.6; 6, S. Slocombe (Card) 3:56.8. (B): W. Painter (Sale) 3:58.2.

5000: 1, D. Logue (ESH) 14:12.8; 2, P. Ratcliffe (Card) 14:27.6; 3, L. Reilly (Sale) 14:34.0; 4, C. Thomas (TVH) 14:38.8. (B): A. Leek (Card) 14:46.0.

3000SC: 1, J. Whewy (W&B) 8:52.8; 2, R. Evans (Card) 9:09.2; 3, A. Pretty (TVH) 9:12.8; 4, I. Elliott (ESH) 9:18.4. (B): H. Elder (W&B) 9:36.0.

110H: 1, Price 14.1; 2, C. Luxon (EAC) 15.6; 3, A. Jones (W&B) 16.2. (B): 1, P. Kelly (W&B) 14.6; 2, D. Fishwick (Card) 15.4; 3, R. Ellis (EAC) 15.8; 4, D. West (TVH) 16.0.

400H: 1, Kelly 52.0; 2, W. Leyshon (Card) 53.8; 3, West 54.4; 4, R. Caldwell (EAC) 55.1; 5, K. Hay (ESH) 57.8. (B): 1, S. James (W&B) 53.8; 2, N. Gregor (EAC) 57.3.

HJ: 1, B. Burgess (EAC) 2.10/6'10½"; 2, M. Palmer (W&B) 2.05/6'8¾"; 3, C. Harris (TVH) 2.05; 4, A. Ord (Sale) 1.95/6'4¼". (B): T. Hoyte (TVH) 1.95.

PV: 1, M. Bull (W&B) 4.60/15'1"; 2, D. Kidner (TVH) 4.20/13'9¼"; 3, J. Parkinson (Sale) 4.10/13'5¼". (B): 1, K. Holmer (W&B) 4.20; 2, P. Golding (TVH) 4.00/13'1½"; 3, S. Ellersby (Sale) 3.90/12'9½".

LJ: 1, S. Atkins (W&B) 7.21/23'8"; 2, R. Gyles (Card) 6.89/22'7¼"; 3, D. Smith (EAC) 6.75/22'1¼"; 4, T. Wade (TVH) 6.72/22'0¼". (B): 1, Bull 6.85/22'5¼"; 2, M. Byers (TVH) 6.69/21'11½".

TJ: 1, P. Davies (TVH) 14.94/49'0¼"; 2, W. Clark (ESH) 14.93/48'11¼"; 3, G. Owens (W&B) 14.48/47'6¼"; 4, S. Power (Card) 14.34/47'0¼"; 5, P. Walker (Sale) 13.87/45'6¼". (B): 1, P. Knowles (TVH) 14.64/48'0¼"; 2, T. Moore (ESH) 14.40/47'3"; 3, N. Cannavan (W&B) 14.05/46'1¼"; 4, M. Lucas (Card) 13.71/44'11½".

SP: 1, P. Tancred (W&B) 15.71/51'6½"; 2, D. Roscoe (TVH) 14.02/46'0"; 3, N. Sandilands (EAC) 13.75/45'1½"; 4, J. Walters (Card) 13.38/43'10¼". (B): W. Tancred (W&B) 15.48/50'9½".

DT: 1, P. Tancred 58.50/191'11"; 2, Roscoe 49.46/162'3"; 3, G. Tyler (Sale) 49.00/160'9"; 4, Walters 42.66/139'11"; 5, A. Black (ESH) 42.38/139'0"; 6, Sandiland 41.12/134'11". (B): 1, W. Tancred 56.28/184'8".

HT: 1, N. Lia (Card) 52.68/172'10"; 2, E. Lawler (TVH) 52.22/171'4"; 3, Sandilands 51.12/167'8"; 4, W. Tancred 49.40/162'1"; 5, D. Bell (Sale) 48.62/159'6". (B): 1, P. Tancred 46.52/152'7"; 2, B. Reed (Sale) 45.36/148'10"; 3, N. Edmonds (TVH) 43.56/142'11"; 4, W. Gentleman (EAC) 41.64/136'7"; 5, A. Black 40.76/133'9".

JT: 1, G. Brooks (Card) 64.46/211'6"; 2, D.

Scullion (ESH) 58.42/191'8". (B): A. Black 53.18/174'6".

4 x 100: 1, ESH 41.4; 2, TVH 41.7; 3, Cardiff 42.3; 4, W&B 42.6; 5, Sale 43.6.

4 x 400: 1, W&B 3:13.4; 2, Cardiff 3:13.5; 3, TVH 3:16.2; 4, EAC 3:19.4; 5, Sale 3:23.5.

Boys 800: S. Britten (Sale) 2:04.8.

46-7 400m RELAY LEG FROM STEVE MARLOW

ON a warm, still, afternoon, the opening meeting of Division Two of the Pye British League at Stretford on May 9th, saw a keenly contested battle, in the main, between last year's Division Three winners, Stretford, Birchfield and Borough of Enfield, with Enfield finally emerging with a lead of 15 points from the home team, and with Birchfield a mere four points behind.

Stretford started well by winning the first field and track events, through, respectively, Barry Williams, who opened his season with a respectable first round throw of 65.88, and Alun James, who had a runaway 400m hurdle win in 53.0. James went on to demonstrate his speed with a surprise victory over Graham Gower in the 110m hurdles—15.1 for both.

In the sprints, Tony Hadley and Alan Lerwill traded wins, and in the latter's absence in the long jump pit, Steve Pegler improved to 7.12 to take Aston Moore by 3cms. Moore was also shunted to second spot in the triple jump, by

VAUXHALL SPECTACULAR

(Under A.A.A. & R.W.A. Rules)

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ENTRIES CLOSE MAY 28th, 1976

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Chris Kidd's sixth effort of 14.46. Both vertical jumps were close, with Norman Duffin winning the high at 1.98 from Tony Brewster on the countback, and Willoughby Best taking the pole vault with 4.45.

The only Division Two record came in the 800m which Peter Lewis took with an impressive front run of 1:49.2, but my man of the meeting was Steve Marlow, who won the 400m in a relaxed 48.0 and ended the day with a storming anchor leg in the 4 x 400m relay to take Stretford past first Birchfield and then Hillingdon, in the shape of Peter Gabbett (his 5th event) to win the race with a 46.7 clocking. This was not sufficient to take Stretford in to a first round lead, but what a way to send the crowd home happy!

Shaun Adair

Borough of Enfield 241; Stretford 226; Birchfield 222; Hillingdon 207; Woodford Green 183; Swansea 158.

100: 1, A. Hadley (B'field) 10.7; 2, A. Lerwill (BoE) 10.8; 3, I. Hardie (W Gn) 10.8. (B): T. Paice (BoE) 11.1. **200:** 1, Lerwill 22.0; 2, Hadley 22.1; 3, Hardie 22.4; 4, A. James (Stret) 22.6. **400:** 1, S. Marlow (Stret) 48.0; 2, D. Caro (B'field) 49.9; 3, D. Blackman (W Gn) 50.0. (B): 1, K. Biggs (BoE) 50.2; 2, S. Hall (Hill) 50.3. **800:** 1, P. Lewis (B'field) 1:49.2; 2, D. Ashton (Hill) 1:52.3; 3, S. Trew (BoE) 1:52.4; 4, A. Dyke (Swan) 1:53.4. (B): 1, D. Cropper (B'field) 1:53.1; 2, C. Liziere (Hill) 1:54.4. **1500:** 1, A. Gibson (Hill) 3:46.8; 2, D. Ainslie (W Gn) 3:46.9; 3, R. Tilling (B'field) 3:57.8. **5000:** 1, K. Harrison (Stret) 14:28.0; 2, M. Densley (B'field) 14:30.0; 3, A. Cole (Swan) 14:30.4. **3000SC:** 1, S. Gibbons (Swan) 9:07.0; 2, M. Peake (B'field) 9:15.4; 3, D. Roberts (BoE) 9:30.8. (B): K. Kirby (B'field) 9:21.8. **110H:** 1, A. James (Stret) 15.1; 2, G. Gower (Hill) 15.1; 3, C. Richards (Swan) 15.3; 4, T. Clifton (W Gn) 16.0. (B): P. Gabbett (Hill) 15.6. **400H:** 1, James 53.0; 2, D. Corcos (W Gn) 55.8; 3, S. Adams (BoE) 56.0; 4, D. Anderson (B'field) 56.8. (B): 1, S. Hall (Hill) 56.3; 2, Clifton 57.0.

HJ: 1, N. Duffin (Stret) 1.98/6'6"; 2, T. Brewster (B'field) 1.98; 3, P. Redmond (BoE) 1.95/6'4½"; 4, M. Naylor (Hill) 1.95. (B): 1, C. Williams (B'field) 1.95; 2, C. Dean (Stret) 1.90/6'2½"; 3, M. Hammond (BoE) 1.88/6'2". **PV:** 1, W.

Best (BoE) 4.45/14'7¼"; 2, T. Gardner (Hill) 4.30/14'1¼". (B): 1, N. Phipps (BoE) 4.15/13'7¼"; 2, C. Kidd (Hill) 4.00/13'1¼". **LJ:** 1, S. Pegler (Stret) 7.12/23'4½"; 2, A. Moore (B'field) 7.09/23'3¼"; 3, T. Paice (BoE) 6.95/22'9¼". (B): C. Roberts (B'field) 6.68/21'11". **TJ:** 1, Kidd 14.46/47'5¼"; 2, Moore 13.93/45'8¼"; 3, D. Golley (Stret) 13.92/45'8". **SP:** 1, A. Drzewiecki (BoE) 15.99/52'5¼"; 2, S. Clarke (W Gn) 15.50/50'10¼". **DT:** 1, Drzewiecki 49.86/163'7"; 2, P. Bullock (W Gn) 40.84/134'0". (B): 1, S. Berry (W Gn) 40.62/133'3"; 2, Phipps 40.50/132'10". **HT:** 1, B. Williams (Stret) 65.88/216'2"; 2, M. Mason (BoE) 50.46/165'7"; 3, A. Woods (W Gn) 48.58/159'4"; 4, B. Lewis (Hill) 41.04/134'8"; 5, T. Bowden (B'field) 41.02/134'7". (B): A. Sparkes (Stret) 51.30/168'4". **JT:** 1, D. Heath (W Gn) 65.60/215'3"; 2, P. Ostapowycz (Stret) 63.14/207'2"; 3, M. Bamford (Hill) 57.50/188'8". **4 x 100:** 1, Enfield 42.8; 2, Birchfield 43.5; 3, Hillingdon 43.7; 4, Woodford Green 43.9. **4 x 400:** 1, Stretford 3:20.2 (Marlow 46.7); 2, Hillingdon 3:20.5; 3, Birchfield 3:21.5; 4, Enfield 3:25.2.

Non-scoring 1500: 1, D. Blakeley (M&D) 3:57.9; 2, G. Cooper (Stret-J) 3:59.1; 3, S. Anders (Stret-J) 3:59.5.

CLOSE BATTLE IN PROSPECT IN DIVISION THREE CHASE

Fine weather greeted the opening meeting of Division Three of the British League at Mayesbrook Park, Barking on May 8th. Positions changed after each event, but the home club, Essex Beagles, finished as winners, but only 18 points separated the other five clubs, which should prove exciting for the next meetings. One Division Three record was set by 18-year-old Rupert Goodall, who added a centimetre to Chris Boreham's mark (Chris finished 2nd), and 11cms to his own best set a few days earlier. Rupert's mark was also 1cm better than Islwyn Rees' Welsh Junior record. Metropolitan Police showed their strength in the throwing events winning seven out of a maximum of eight, while Essex Beagles cleaned up the short sprints in the shape of Terry Collins and 17-year-old David Baptiste.

Alan Lindop

Essex Beagles 234; Polytechnic 214; Met Police 206; City of Stoke 202; Luton United 201; Bristol 196.

100: 1, T. Collins (Ex B) 11.1; 2, I. Green (Lut) 11.2. (B): 1, D. Baptiste (Ex B-J) 11.1. **200:** Collins 22.7. (B): Baptiste 22.4; 2, Green 22.7. **400:** P. Bray (Poly-J) 49.2. **800:** 1, C. Campbell (Poly) 1:55.4; 2, E. Coffey (Ex B) 1:55.7. **1500:** E. Hartel (Bris) 3:53.8. **3000SC:** 1, C. Stebbings (Lut) 9:19.2; 2, R. Harris (Stoke) 9:30.6. **110H:** 1, S. Hinchcliffe (Poly) 15.4; 2, P. Breden (Lut) 15.5; 3, R. Davidson (Stoke) 15.5; 4, R. Honey (Ex B) 15.5; 5, I. Willoughby (Bris) 15.9. (B): 1, G. Shaw (Lut) 16.0; 2, J. Crotty (Stoke) 16.1; 3, Baker (Met P) 16.1. **400H:** 1, S. Hinchcliffe (Poly)

WIRRAL ATHLETIC CLUB "BIRKENHEAD PARK FIVE"

(Under AAA Laws)

WEDNESDAY, 9th JUNE, at 7.30 pm

Awards to first twelve and Veterans
also

COLTS 2½ MILES & BOYS 2½ MILES
at 6.45 pm (Ages as at 1st April)

Entries to M. E. Morrell, 3 Nigel Road, Heswall Hills, Wirral, Merseyside. **Fees:** Seniors 20 pence, Colts & Boys 10 pence.

ENTRIES CLOSE 2nd JUNE

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Regional heats start 10th August

FINALS IN SEPTEMBER

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Winner receives the Speedo Trophy and will be flown by Air Jamaica for a fortnights holiday for two at the Jamaica Hilton.

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HOW TO ENTER

A photograph (not less than post card size), with your name on the back, to be sent with letter giving name, address, phone no, age (entrants must have been 16 years old on Jan 1st '76). Also, most important, a brief history of their sporting involvement & achievement. Judges will select winner on following basis:- Two thirds of marks for sporting involvement & achievement.

One third of marks for appearance.

CLOSING DATE 10th JULY 1976

SEND ENTRIES TO:

**Miss 'Sportsworld' 1976
Speedo (Europe) Ltd., Ascot Road,
Nottingham, NG8 5AJ.**



56.9; 2, R. McDonald (Bris) 57.2; 3, R. Barrington (Stoke) 57.4. (B): D. Barrington (Poly) 57.7. **HJ:** 1, L. Hall (Poly) 1.93/6'4"; 2, S. Faulkner (Met P) 1.90/6'2½"; 3, D. Thompson (Ex B-J) 1.85/6'0½"; 4, P. Templeton (Bris) 1.85. (B): R. Bray (Met P-J) 1.85. **PV:** 1, R. Goodall (Stoke-J) 4.51/14'9½"; 2, C. Boreham (Lut) 4.30/14'1½". (B): J. Howell (Stoke) 3.50/11'5½". **LJ:** 1, Thompson 7.03/23'0½"; 2, P. Bevan (Bris) 6.99/22'11½"; 3, T. Maddock (Met P) 6.86/22'6½"; 4, C. Wright (Stoke) 6.82/22'4½"; 5, A. Shoebridge (Poly) 6.73/22'1". (B): Templeton 6.68/21'11". **TJ:** 1, J. Crotty (Stoke) 14.27/46'10"; 2, S. Ashdown (Lut) 14.14/46'4½"; 3, Bevan 14.11/46'3½"; 4, A. Wadhams (Ex B) 14.10/46'3½"; 5, F. Rush (Met P) 13.93/45'8½"; 6, Shoebridge 13.79/45'3". (B): J. Davies (Ex B) 14.01/45'11½"; 2, S. Brown (Bris) 13.62/44'8½"; 3, K. Raymond (Poly) 13.58/44'6½". **SP:** 1, T. Canham (Met P) 13.94/45'9"; 2, M. Eyres (Ex B) 13.62/44'8½". (B): B. Lynn (Met P) 13.66/44'9½". **DT:** 1, P. Gordon (Met P) 47.12/154'7"; 2, J. Howell (Stoke) 45.86/150'5". (B): Lynn 45.96/150'9". **HT:** 1, Gordon 58.02/190'4"; 2, M. Mabbutt (Bris) 43.02/141'2"; 3, Head (Ex B) 41.30/135'6"; 4, C. Scott (Lut) 41.12/134'11". (B): 1, M. Petra (Met P) 56.36/184'11"; 2, Lewis (Ex B) 40.98/134'5". **JT:** 1, C. Harrison (Lut) 59.18/194'2"; 2, K. Holmes (Bris) 58.56/192'1"; 3, B. Fuller (Ex B) 58.38/191'6"; 4, P. Sherlock (Stoke) 57.22/187'9". **4 x 100:** 1, Essex Beagles 43.5; 2, Luton 44.4. **4 x 400:** Polytechnic 3:26.0.

DIVISION FOUR RECORDS FALL TO MULLETT & ATTOH

Although they know more than most about changing fortunes in the British League, Brighton & Hove, emerged from the first fixture of Division Four of the British League at Brighton on May 8th encouraged by the signs that their long term development strategy is paying off. Even without Steve Ovett, suffering from jet-lag after returning from altitude training in USA the day before, they scored a decisive victory, their first win for several seasons. Drought conditions produced a dusty track at what otherwise is probably the most attractive setting in the country, but this did not prevent Brighton's Bill Mullett from setting new divisional figures with a solo run in the 'chase. One other divisional record fell when newcomers Shaftesbury made their presence felt through Frank Attoh in the triple jump. Southampton's decathlete Alan Drayton contested five events but this did not prevent Liverpool easing into second place after the long journey to the Sussex tropics. Even with the long road of three more matches still to be travelled, the writing seems to be appearing on the wall for Reading who produced only one winner.

Mike Langmaid

Brighton & Hove 276½; Liverpool H 227; Southampton & Eastleigh 212½; Shaftesbury 209; Coventry 190; Reading 140.

100: 1, S. Wright (Liv H) 11.2; 2, E. Cutting

HUMBERSIDE COUNTY AAA & WAAA

in conjunction with

Humberside County Council

Leisure Services Committee

FESTIVAL OF ATHLETICS

(Under A.A.A. & W.A.A.A. Laws)

Incorporating Men's & Ladies' Match

**HUMBERSIDE v GREATER
MANCHESTER v MERSEYSIDE**

at King George V Stadium

Weelsby Road, Grimsby

Sunday, 27th June, 1976

at 1.00 p.m.

EVENTS

PRIZE VALUES

80m Colts (11-13 yrs)	£4	£3	£2
80m Girls (11-13 yrs)	£4	£3	£2
100m Boys (13-15 yrs)	£4	£3	£2
100m Girls (13-15 yrs)	£4	£3	£2
100m Youths (15-17 yrs)	£7	£5	£3
100m Ladies (Open)	£12	£8	£5
200m Boys (13-15 yrs)	£4	£3	£2
200m Girls (13-15 yrs)	£4	£3	£2
200m Youths	£7	£5	£3
200m Ladies (Open)	£12	£8	£5
200m Veterans	£12	£8	£5
400m Ladies (Open)	£12	£8	£5
800m Boys (13-15 yrs)	£4	£3	£2
800m Youths	£7	£5	£3
1500m Ladies (Open)	£12	£8	£5
1500m Youths	£7	£5	£3
1500m Men			
Sen/Jun (Open)	£25	£15	£10
5000m Men			
Snr/Jnr (Open)	£12	£8	£5

Men's match events at 100m, 200m, 400m, 800m, 1500m, 3000m Team Race (4 to run 3 to score) all carry £15, £10 and £5 prizes plus first team only of 3 x £5.

Women's match events at 100m, 200m, 400m, 800m all carry £12, £8 and £5 prizes.

All age limits are at 31st August/1st September 1976. Veterans must be at least 40 years of age on 27th June 1976.

Entry fees: Boys/Girls/Colts 20p per event, Youths 25p per event, Ladies & Seniors 30p per event.

Entries on Official Forms to:— V. J. SMALL, ESQ., 39 Kingsway House, Scunthorpe, South Humberside DN16 2AE. Tel. 0724 65287.

CLOSING DATE WEDNESDAY, 9th JUNE
(Late entries not accepted)

(Read) 11.2. **200:** A. Neves (B&H) 22.3. **400:** 1, R. Bishop (B&H) 49.3; 2, C. Jacks (Cov) 50.5; 3, J. Froud (Read) 50.6. (B): 1, C. Houghton (Cov) 49.5; 2, A. Forse (S&E) 50.7. **800:** 1, S. Morley (B&H) 1:53.3; 2, A. Gerrard (Liv H) 1:53.3; 3, M. Bissell (Cov) 1:54.3. **1500:** 1, J. Cadman (Cov) 3:55.0; 2, M. Gratton (B&H) 3:56.7; 3, N. Jeffery (S&E) 3:57.2. **5000:** 1, N. Coupland (S&E) 14:21.2; 2, M. Turner (Liv H) 14:25.6. **3000SC:** 1, W. Mullett (B&H) 8:51.0 (Div 4 rec); 2, P. Waddington (Liv H) 9:20.6; 3, G. Stevens (Read) 9:28.2; 4, H. Richards (Shaft) 9:32.8. (B): D. A. Evans (Liv H) 9:35.4. **400H:** (B): 1, E. Visone (Shaft) 57.0; 2, J. Longman (S&E) 57.2; 3, G. Phillips (Liv H) 57.3. **HJ:** 1, D. Walters (B&H) 1.90/6'2½"; 2, G. Udo (Shaft) 1.85/6'0¼"; 3, C. Nimmo (Cov) 1.85. **PV:** 1, B. Drayton (S&E) 4.10/13'5¼"; 2, K. Fenner (Shaft) 3.70/12'1¼"; 3, A. Ross (B&H) 3.70. (B): 1, P. Squires (Shaft) 3.50/11'5¼"; 2, A. Drayton (S&E) 3.50. **LJ:** 1, F. Attoh (Shaft) 7.00/22'11¼"; 2, S. Wright (Liv H) 6.94/22'9¼". **TJ:** 1, Attoh 15.08/49'5¼" (Div 4 rec); 2, B. Camp (Liv H) 14.68/48'2"; 3, B. Hull (B&H) 14.28/46'10¼"; 4, A. Vincent (Cov) 14.01/45'11¼". (B): P. Woolard (Shaft) 13.79/45'3". **SP:** 1, M. Winch (B&H) 16.68/54'8¼"; 2, R. Kennedy (S&E) 16.19/53'1¼"; 3, M. Holmes (Liv H) 13.71/44'11¼"; 4, N. Thompson (Shaft) 13.44/44'1¼". **DT:** 1, Winch 54.18/177'9"; 2, Kennedy 42.08/138'1"; 3, Thompson 40.56/133'1". **HT:** 1, B. Stebbings (S&E) 51.96/170'6"; 2, J. Newett (Liv H) 50.46/165'7"; 3, Winch 46.24/151'8". (B): 1, R. Willocks 43.30/142'1"; 2, M. Holmes (Liv H) 41.76/137'0". **JT:** 1, C. Byerley (B&H) 64.18/210'7"; 2, Thompson 59.86/196'5"; 3, J. Scott (Cov) 57.14/187'5". **4 x 100:** 1, Liverpool H 44.0; 2, B&H 44.2; 3, Shaftesbury 44.3. **4 x 400:** 1, B&H 3:21.5; 2, Coventry 3:22.0; 3, S&E 3:22.2.

HUMBERSIDE TRACK LEAGUE

At Scunthorpe, April 24th

Hull Spartan 106; Riddings 81; Barton 74; Malet Lambert 69; Grimsby 60; Scunthorpe 59; Normanby Park 45; City of Hull 10; East Hull 3; Goole 3; Cleethorpes —. (Boys) Humberside 3000 Champs: P. Lambert (Cty Hull) 9:52.4. (Intermediate Women): 1, Hull Spartan 116½; Malet Lambert 87; Scunthorpe 79½; City of Hull 78; Riddings 44½; Goole 44; Barton 24; Normanby Park 14½; Cleethorpes 3. **HJ:** D. Austin (Malet) 1.52/4'11¼". **DT:** K. Herdman (Cty Hull) 31.38/102'11". (Juniors) **SP:** A. Mee (Malet) 9.80/32'2".

A series of small open meetings will be held at the University of Kent, Canterbury for all age groups and both sexes: May 25th — 100, 400, 1500, 5000, TJ, JT; June 8th—200, 800, 3000, LJ, SP; June 22nd — 100, 400, 1500, 5000, HJ, DT. Additional events may be arranged at later meetings according to demand and availability of facilities. Entries accepted on the evening from 6.15pm, first event 7.00pm. Entry fee 5p. Further details from M. Knapp, Sports Centre, The University, Canterbury, Kent.

15.45 Shot Put by Judith Oakes

BRITISH WOMEN'S LEAGUE (Div 4)

At Exeter, May 1st

Plymouth 299; Wolverhampton & B 268½; Croydon 230; Exeter 206; Cardiff 198½; Aldershot, Farnham & Dist 197.

200: (B): M. Tranter (W&B) 25.6. **400:** 1, J. Matthews (Ply) 58.0; 2, C. Boxer (AF&D) 59.6. (B): L. Taylor (Ex) 58.2. **800:** 1, R. Wright (W&B) 2:10.4; 2, A. Mason (Ex) 2:14.4. **1500:** 1, Wright 4:43.6; 2, A. Blake (Ply) 4:46.7; 3, J. Barrass (AF&D) 4:50.8. **3000:** 1, Blake 10:00.6; 2, A. Notman (Card) 10:49.2. **100H:** E. Butters (Ex) 16.1. **400H:** 1, R. Messmer (Croy) 67.0; 2, G. Spurgin (W&B) 67.9; 3, K. Brimicombe (Ply) 68.6. **HJ:** 1, D. Brown (W&B) 1.73/5'8"; 2, J. Attrill (Ply) 1.65/5'5". (B): Brimicombe 1.60/5'3". **LJ:** 1, G. Regan (Card) 5.95/19'6¼"; 2, R. Godbeer (Ex) 5.59/18'4¼"; 3, Attrill 5.44/17'10¼"; 4, Tranter 5.42/17'9¼". (B): Butters 5.45/17'10¼". **SP:** 1, J. Oakes (Croy) 15.45/50'8¼"; 2, L. Mallin (Ex) 11.22/36'9¼". (B): L. Newell (Croy) 11.72/38'5½". **DT:** 1, Mallin 47.46/155'8"; 2, Oakes 38.40/126'0". (B): Newell 37.56/123'3". **JT:** 1, J. King (Croy) 46.40/152'3"; 2, L. Stratford (AF&D) 39.40/129'3"; 3, D. Dilloway (Ply) 34.52/113'3". (B): L. Carter (Croy) 36.40/119'5". **4 x 100:** W&B 48.6. **4 x 400:** 1, W&B 3:58.2; 2, Plymouth 4:03.6. (Inters) **100:** 1, J. Davies (Ply) 12.5; 2, E. Gould (AF&D) 12.8. **200:** Gould 26.6. **800:** 1, S. Hassan (Croy) 2:18.0; 2, S. Murrey (Ply) 2:18.2; 3, R. Smeeth (AF&D) 2:19.8; 4, G. Osbourne (W&B) 2:20.1. **200H:** 1, S. Byrne (Croy) 31.2; 2, J. Williams (Ply) 32.2. **LJ:** 1, Davies 5.33/17'6"; 2, H. Selway (Ex) 5.30/17'4¼". **SP:** 1, A. Hourihan (Card) 9.84/32'3¼"; 2, T. Hancock (Ex) 9.55/31'4". (Juniors) **100:** J. Doyle (Ply) 13.0. **200:** 1, Doyle 26.5; 2, S. Guise (W&B) 26.9. **800:** L. Aston (W&B) 2:27.5. **1500:** J. Summers (Ex) 5:00.3. **75H:** S. Pinches (Ply) 11.8. **HJ:** 1, R. Davis (Card) 1.54/5'0¼"; 2, J. Pyper (Ply) 1.51/4'11¼". **LJ:** 1, H. Mills (Ply) 5.15/16'10¼"; 2, D. Perry (Card) 5.09/16'8¼". (B): Pyper 4.90/16'1". **SP:** B. Wright (Croy) 10.52/34'6¼". **4 x 100:** 1, Plymouth 51.4; 2, W&B 51.7; 3, Cardiff 52.2.

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BARRY WATSON: "ALL OR NOTHING"

THERE has been so much publicity over Ian Thompson's non-selection for Montreal that Barry Watson's superb run at Rotherham has been accorded less praise than is due. After ten years as a marathon runner of a standard just below international class Watson went for death or glory in the trial race, and confounded everyone by defeating the finest domestic marathon field ever assembled—slashing over three minutes from his previous best in spite of the hot weather. Watson, a 32-year-old schoolteacher, had this to say an hour after finishing the race

Did you really expect to win?

Barry Watson: I came up here intending to win. I told them at school I was either going to win or they were going to have to scrape me off the pavement. I saw this as an all or nothing business. There were stages in the race today when I thought maybe I was going to collapse but I just kept running and running and running—and hoping. If I could have crossed my fingers I would have!

Do you consider you ran too fast in the early stages?

No. At the beginning I was getting my heels hit a lot because of the crowd of runners and thought I would be more comfortable out of it, so I just passed through and went away at about 5 miles.

Was there any pressure on you when Thompson ran alongside?

As far as I was concerned I was telling myself that it was a good training run with Thompson. It wasn't, but that's what I was trying to tell myself! He came past me and opened up a little gap towards 10 miles but I was able to close again and from then on we stuck together. I said that if he broke away now the pack would probably gobble me up too, so I more or less suggested we stay together for as long as we could.

Were you convinced at that stage that Thompson would win?

Yes, he was going to win and I thought that if I could hang on for as long as possible I might make second.

Did you test him?

No, I just kept my pace and wondered why he wasn't coming through. It's just as well I went because Norman and Angus were very strong.

When did you feel you had a chance of winning?

At 20 miles I saw the time (1:42:15), knew I had a good gap and said to myself then I might win if I keep going. But I was uncertain all the way through and the last four miles were the worst. Mentally I found today hard going, a little bit destroying.

We noticed Thompson shared his drink with you at about 10 miles.

He did. I couldn't get my drink because it

wasn't handed to me quick enough and he was good enough to give me some of his. It was very, very good of him. That was terrific.

What is your opinion of Thompson?

I like him and respect him as an individual and as an ambassador for the sport. He's very intelligent, speaks several languages and I think he's a sort of Ron Clarke of British athletics. He's a tremendous bloke.

If you were a selector, would he be in your team for Montreal?

That's a hard one; I wouldn't like to be a selector. I would pick myself—you have to pick the winner. I would choose the second and I would like to say I would select the third finisher as well as that would be absolutely fair, but I'm biased in a way because I know Ian Thompson as a person. There's no doubt that on his day he's the best marathon runner in the world. I would still pick him.

How long have you been running marathons?

Ten years. I've run at least a dozen and won four before, including the Harlow twice (1966 and 1968).

But the Olympics will be your first appearance for Britain?

I think I ought to have had a vest before now. I've done 1:41 for 20 miles and finished



Barry Watson (393) forcing the pace along with Ian Thompson at 18 miles.

Ed Lacey

second in the inter-counties '20', and I've been very disappointed at not getting something. I think I've been overlooked; I feel I've had a raw deal, so I had something to prove today. Unless you finish in the first six in the AAA marathon the British Board don't want to know, which is a shame. There's a lot of talented runners that need a break and would be encouraged by being given just one trip. We don't treat our athletes properly in this country. I'm afraid I'm very anti-Board.

Did you always believe one day you would make the Olympic team?

I wanted to make it but didn't think I would. I thought I would be the sort of guy who would always just lose out by one. I thought I was the Mr Nowhereman of athletics; I was the closest you could get to being an international without actually being one. I ran in France two weeks ago and had a superb run against Ron Hill and won it quite easily. In fact it was over half a marathon; I went through the half marathon stage in about 63 minutes and I thought then, God, I shouldn't have gone so fast. I thought I'd blown it then.

What is your training schedule?

I run exactly 100 miles a week. Thus, if I've got 87 done on Friday I do two 6½'s on Saturday. Some years ago Roger Matthews got me to join him on this 140 miles a week kick. I won the Mitcham '15' that year (1969) ever so easily but I did my achilles tendon in. I was out 18 months having my tendon stitched back on. I came back but realised it's not worth running 140

miles a week—I'm not built for it, so I do 100 and do it well.

I do two track sessions a week at Sutcliffe Park: 2 x 1500 on Tuesday and 15 x 400 (68) on Thursday.

Who coaches you?

I don't have a coach as such but I am advised by Jack Brown, the national over-50 cross-country champion. I ring him up once or twice a week to ask whether I should do this or that, what shoes I should wear, etc.

To what do you attribute your breakthrough at Rotherham?

Track work. That's the difference between me today and at Stoke in last year's race. I was able to go with the leaders today, which I couldn't do at Stoke because I hadn't done any track work. Also I was able to kick home today which I wouldn't have been able to do a year ago.

Do you use the 'diet'?

Yes, for the last two years. I found a definite improvement after 16-17 miles.

Have you ever trained at altitude?

No.

Are you a member of the national marathon training squad?

No.

How will you prepare for Montreal?

I'll build up and carry on just the same training. I won't say right, Montreal, I've got to do 50 miles a week more. If I did I would run into all sorts of problems. As for the race in Montreal, if I get it together on the day—fine; if not—hard luck.

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Who's Who In British Athletics

SUE REEVE

Full name: Susan Diane Reeve (née Scott). Born in Birmingham, 17.9.1951; Height: 1.78/5'10"; Weight: 66kg/147lb. Club: Birchfield Harriers. Occupation: Civil Servant. Married (husband's name, Kevin). Lives at Tamworth (Staffs). Interests outside athletics: dancing and cooking. Coaches: Norma Blaine (11-14), Mrs D. Nelson Neal (15-22), now coached by husband and advised by Mrs Nelson Neal.

Became interested in athletics "at the age of 10, running in Primary School Sports. I was 'spotted' by Mrs Nelson Neal, at the age of 11, running at the local Birmingham School Sports". Started at 100y. Joined Birchfield Harriers at the age of 11. Competed in the English Schools Championships on several occasions—when 13—placed 3rd in 100y and the following year won the Junior long jump. Inspired in early days by Mary Rand (Toomey) and Daphne Arden (Slater). Does not respect any one athlete in particular but "any athlete who has reached the top in world athletics will have done so through sheer hard work and determination". Always "had ambitions of becoming an international

athlete. These ambitions materialised when I was 15, and I competed for GB in a pentathlon". Favourite event now is long jump.

Personal bests: 100y—11.1 (1967), 100m—12.1 (1975), 200—24.3 (1968), 100H—13.7 (1970), HJ—1.65/5'5" (1970), LJ—6.45/21'2" (1976), SP—12.76/41'10½" (1974), Pent—4141 (1969). UK international since 1967; 10th 1968 Olympic pentathlon; 2nd 1969 European Indoor LJ; 7th 1969 European pentathlon; 5th 1970 Commonwealth pentathlon & 6th 100H; WAAA indoor LJ champion 1969 & 1976. Annual progression at long jump:

1964	4.70/15'5"	1971	—
1965	5.52/18'1¼"	1972	—
1966	5.93/19'5½"	1973	6.15/20'2¼"
1967	6.04/19'10"	1974	5.85/19'2½"
1968	6.33/20'9¼"w	1975	6.27/20'7"
1969	6.17/20'3"	1976	6.45/21'2"
1970	6.11/20'0½"w		

Most pleasing performances: "Finishing 10th in Mexico Olympic Pentathlon in 1968, silver medal in European Indoor Championships 1969, returning to international team after a break of five years." Greatest disappointment: "Being in-

BRITISH MILERS' CLUB Coaches Newsletter No. 8 Out Now

RON HOLMAN writes on **BARRY SMITH'S** rise to international status.

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jured seriously at a stage in my athletics career when I was approaching the top in pentathlon, having finished 6th in European pentathlon championship in 1969. I damaged ligaments in my left ankle one week prior to the 1970 Commonwealth Games but still finished 5th in the pentathlon, although it was agony to jump on it. I did have some pain killing injections, but they didn't help much. I married in 1971 and at the advice of my physio I rested for most of the season to give my ankle time to heal. However, I had a very bad fall in March 1972, when I tore my already weakened ligaments beyond repair. The fall occurred during the miners' strike. There was no street lighting and I fell in the dark. At the time I fell, I was carrying a dozen eggs and not one of them was broken, although my ligaments were in tatters! The summer of 1972 was spent in a plaster cast, having had a very intricate ligament reconstruction operation. I became very frustrated, particularly as it was Olympic year. I then took up coaching youngsters (I still continue with this now twice a week). Have you ever tried to coach a youngster on the basics of shot putting, whilst in a plaster cast on crutches? It is not very easy and is an awfully funny sight to see (so I was told!). I started training again in January 1974 and having made the national hurdles squad I broke my right ankle in March 1974, hurdling at Crystal Palace. I didn't even realise it was broken until the next day, I thought it was just badly swollen! I now believe that at long last things are going my way. Although I hope to make the Olympic team this year, I feel I'll need a couple of hard winters training behind me before I start showing the vast improvement that my husband is eventually hoping for."

Major targets for 1976 are to achieve the Olympic qualifying standard and to be Britain's No 1 jumper. All-time goal is "to break one of the longest standing British women's records, ie long jump". Intends competing "until I have fulfilled my ambitions". Will stay on in athletics after retirement "and develop a better 'jumping school' than my husband presently has! (Aston Moore, myself, Carl Roberts — 2nd in English Schools, and Eric McCalla — a lad who has as much potential as Aston). What she most enjoys about athletics is winning and travelling. Dislikes losing and training in bad weather.

Advice to youngsters taking up athletics: "Enjoy yourself and don't take it too seriously at first. Later become dedicated and find an adviser or coach on the same wavelength."

Comment: "I have a strong dislike of drug-takers. I do not feel there is a place in sport for steroids, etc, but I'm not sure what steps can be taken to stamp it out. Present random testing does not appear to deter people. I would like to see more mixed meetings. They seem to have more atmosphere and are more enjoyable, I believe, from the spectator's point of view."

Training

Trains 3-4 times a week throughout the year,



SUE REEVE

Tim Pike

in the evenings for 1½-2 hours at Perry Barr cinder track. Has to travel 20 miles for first-class facilities—Tartan run-up at Warley. Feels that coaching has been "very essential, and had it not been for my husband who has been a great source of encouragement, I would have given up long ago". Training she most enjoys is jumping; dislikes long runs.

Training cycle: "Like most athletes, my training is split into two periods — winter and summer."

Typical week's training in winter: Sunday—Mixture of stamina running and bounding; **Monday — Rest; Tuesday —** 6 x 150; **Wednesday —** Weights; all jumping exercises and abdominals; **Thursday—** 'Bounding' over distances up to 100m; **Friday—Rest; Saturday—**Sprint session, run-up work (weather permitting). **Comment:** "Warm-up consists of several laps jogging and approx 20 minutes mobility exercises and strides. Takes about 50 minutes to warm-up for a competition."

Typical week's training in summer: Sunday— 8 x 100m, usually an 'easy' session after a competition; **Monday — Rest; Tuesday —** Jumping, short approach work; **Wednesday —** Running drills; **Thursday—**Run-up work; **Friday—Rest; Saturday—**Competition or rest. **Comment:** Warm-up same as in winter.

Present training differs from last year in that it is "more intense". No major changes planned in this year's training "but intend to increase bounding". Likes one day rest before a major competition and to compete "once every two weeks ideally".

BRITISH GIRLS DOMINATE DUTCH

Windy 11.2 for Sonia Lannaman . . . Geoff Capes puts 21.18/69'6"

SONIA LANNAMAN followed up her dazzling display in Split with another world-class display of 100m running in the women's match against the Netherlands at Grangemouth on May 8th. Aided by a wind of 4.4m/sec she finished 3m up on Helen Golden in 11.2. With Wendy Clarke placing third, Britain scored a clean sweep in this event—and also the 200, 400, 800, 3000 and long jump. The Dutch girls, who used to be such formidable opponents a few years ago, were swamped 182-95 in this BP Chemicals sponsored match and new opponents will need to be found in future. The visitors won only two events: Ria Ahlers, who has cleared 1.86/6'1½" indoors this year, was only 2cm below that despite the gusty conditions; while the discus went to Ria Stalman who has a throw of 57.42/188'5" to her credit and is considered one of the best exponents in Western Europe.

Unfortunately, Holland's most exciting girl athlete — European junior 800 champion Olga Commandeur (53.3/2:01.6 last year) — was not competing and it was left to Angela Creamer to win the 800 narrowly from Margaret Coomber in 2:08.4. Liz Barnes sharpened up with an impressive 400 win in 54.0. Verona Elder and

Donna Murray clashed over 200 this time, with Verona coping better with the wind around the bend to score by a tenth in 24.2. Verona gave a more accurate indication of her excellent form the following day, at Coatbridge, when she was timed in a personal best (and Olympic qualifying) of 23.4. Trudy Wunderink, who clocked 23.3 last season, was left half a dozen metres behind in the match event.

The only track event in which the Dutch split the first two British girls was the 1500 in which Hilary Hollick made up for her below-par showing in Split by defeating that fine competitor, Joke van Gerven, in 4:22.1 — almost good enough to qualify for the WAAA Championships! Liz Sutherland ran her fastest ever hurdles time of 13.2, closely followed by Lorna Boothe, but the Olympic qualifying eluded her as the following wind was over the limit. Myra Nimmo was another Scottish athlete to excel, her leap of 6.45/21'2" equalling her windy best mark. Tessa Sanderson maintained her 55m level throwing, defeating Lida Berkhout (57.12/187'5" last year), and Brenda Bedford stayed ahead of Janis Kerr in the shot.

Star performer in the men's invitation events was Geoff Capes whose put of 21.18/69'6" moved him to third on the world list for the year behind Terry Albritton (21.85) and Al Feuerbach (21.31), and was the second longest put of his career. Excellent place marks too with personal bests for Bob Dale (to become Britain's tenth 60-footer) and Paul Buxton (19). Brian Green and Les Piggot, with 69 years between them, came up with windy 100m times of 10.3 and 10.4.

100 (+4.4): 1, S. LANNAMAN 11.2; 2, H. GOLDEN 11.5; 3, W. CLARKE 11.6; 4, T. Verhoef (N) 11.6; 5, E. Van Lienen (N) 11.9; 6, M. Lommers (N) 12.1.

200: 1, V. ELDER 24.2; 2, D. MURRAY 24.3; 3, G. TAYLOR 24.7; 4, T. Wunderink (N) 24.9; 5, M. Lommers (N) 25.1; 6, M. Koopman (N) 25.9.

400: 1, E. BARNES 54.0; 2, J. ROSCOE 55.1; 3, R. KENNEDY 56.0; 4, W. Hillen (N) 57.9; 5, T. Van Amstel (N) 58.7; 6, F. Kamps (N) 60.0.

800: 1, A. CREAMER 2:08.4; 2, M. COOMBER 2:08.4; 3, C. McEEKIN 2:09.0; 4, I. Blauw (N) 2:09.0; 5, B. Seghers (N) 2:18.1.

1500: 1, H. HOLICK 4:22.1; 2, J. Van Gerven (N) 4:23.5; 3, P. YEOMAN 4:25.0; 4, A. M. ROBINSON 4:37.3; 5, C. Van Kleef (N) 4:49.1; 6, T. Klufft (N) 4:59.1.

3000: 1, A. FORD 9:29.6; 2, G. PENNY 9:35.6; 3, P. YULE 9:42.4; 4, A. V. Stiphout (N) 9:42.4; 5, C. Spauwen (N) 9:52.4; 6, C. Beurskens (N) 9:52.8.

100H (+5.0): 1, E. SUTHERLAND 13.2; 2, L. BOOTHE 13.3; 3, M. Sterk (N) 13.7; 4, S. Barlag



Donna Murray, here clocking 23.4 in a Southern League match, lost to Verona Elder at Grangemouth.
Mike Street

(N) 14.1; 5, P. McNAB 14.1; 6, E. Hoogendoorn (N) 14.5.

HJ: 1, R. Ahlers (N) 1.84/6'0½"; 2, B. LAWTON 1.75/5'8½"; 3, M. WALLS 1.75; 4, M. Van Laar (N) 1.70/5'7"; 5, Barlag 1.70; 6, V. HARRISON 1.70.

LJ: 1, M. NIMMO 6.45/21'2"; 2, R. HOWELL 6.21/20'4½"; 3, A. SIMMONDS 6.17/20'3"; 4, R. Koekoek (N) 6.14/20'1½"; 5, Barlag 6.07/19'11"; 6, C. Janssen (N) 6.02/19'9".

SP: 1, B. BEDFORD 15.49/50'10"; 2, J. KERR 15.19/49'10"; 3, R. Stalman (N) 14.70/48'2½"; 4, A. LITTLEWOOD 14.46/47'5½"; 5, B. Bogers (N) 14.10/46'3½"; 6, E. Schalk (N) 12.97/42'6½".

DT: 1, Stalman 54.94/180'3"; 2, M. RITCHIE 50.20/164'8"; 3, L. MALLIN 49.64/162'10"; 4, Bogers 49.00/160'9"; 5, J. ELSMORE 46.82/153'7"; 6, Schalk 40.88/134'1".

JT: 1, T. SANDERSON 54.96/180'4"; 2, L. Berkhout (N) 53.32/174'11"; 3, E. Van Beuzekom (N) 51.66/169'6"; 4, S. AVANN 48.96/160'7"; 5, P. CARTER 45.42/149'0"; 6, L. Vos (N) 43.44/142'6".

4 x 100: 1, UK (CLARKE, GOLDEN, LANAMAN, PAWSEY) 45.4; 2, Netherlands (Koopman, Sommers, Lienen, Verhoef) 47.8.

4 x 400: 1, UK (ROSCOE 54.5, ELDER 55.5, BARNES 55.9, MURRAY 57.1) 3:43.0; 2, Netherlands (Wunderink 56.8, Kamps 62.8, Hillen 59.6, Kruyswijk 58.4) 3:57.6.

Match Result: UK 182; Netherlands 95.

Men's Invitation Events

100 (+3.1): 1, B. Green (Pilk) 10.3; 2, L. Pigot (Gars) 10.4; 3, S. Green (Kt) 10.4; 4, I. Matthews (TVH) 10.4; 5, T. Bonsor (Cov) 10.4; 6, D. Harley (Pit) 10.8.

200 (+4.0): 1, S. Green 21.5; 2, Bonsor 21.5; 3, Harley 21.5; 4, Matthews 21.5; 5, B. Green 21.6.

400: 1, D. Laing (SLH) 47.6; 2, J. Aukett (W&B) 47.9; 3, C. O'Neill (Bris) 48.6.

1500: 1, D. McMeekin (VPAAC) 3:49.5; 2, J. McGuinness (NI) 3:50.0; 3, D. Gibson (Elswick) 3:50.3.

110H (+0.4): 1, S. McCallum (ESH) 14.4; 2, B. Danville (W&B) 14.4; 3, A. Cronin (RN) 14.4;

4, D. Wilson (St E) 14.7.

HJ: T. Thomson 1.85/6'0½".

SP: 1, G. Capes (BoE) 21.18/69'6"; 2, R. Dale (Stoke) 18.29/60'0½"; 3, P. Buxton (ESH) 17.51/57'5½".

Youths 1500: 1, T. Young 4:03.1; 2, G. Williamson 4:04.8; 3, A. Morton 4:05.8; 4, D. Ross 4:06.3; 5, G. Adams 4:08.8; 6, N. Jones 4:10.6.

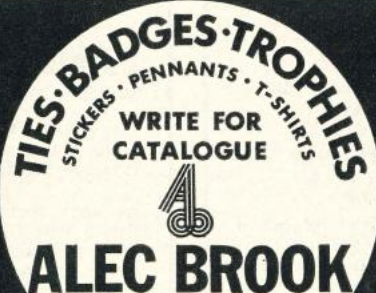
Results in Brief

April 25th

South Wales Police 'Round the Factories' 5½ Miles Road Race. 1, D. Holt (Swan) 26:13; 2, A. Cole (Swan) 27:30; 3, L. Hughes (Bath) 27:38; 4, F. Thomas (Aber) 27:48; 5, M. McGeoch (Barry) 28:42; 6, J. Bigham (RAF) 28:59. **Teams:** 1, Swansea 21; 2, RAF St Athan 65; 3, Bath & Percy 76; 4, Barry 82; 5, Bridgend YMCA 94. **(Vet):** R. Anthoney (SWP) 31:45.

April 28th

Leeds City AC Open Meeting, at Cleckheaton. 100: A. Staniland (Leeds-J) 11.2. 400: R. Bell (Wake) 50.4. 1500: 1, M. Goodwin (Grim) 3:57.2; 2, S. Scargill (Cty Hull) 3:57.9; 3, A. Howden (Hal) 3:58.1. BMC 3000: 1, D. Nicholl (Leeds) 8:16.0; 2, M. Knowles (BMC) 8:16.6; 3, C. Spedding (BMC) 8:17.2; 4, A. Asgeirsson (BMC) 8:17.6 (Icelandic rec); 5, R. May (A&SV) 8:20.8; 6, A. Parkinson (A&SV) 8:28.8. 400H: A. James (Stret) 54.7. (B): T. Freeman (M&C-J) 58.3. **(Juniors)** 100: M. Walsh (A&SV) 11.3. **(Youths)** 800: 1, J. Clarke (Roth) 2:00.9; 2, C. Miller (A&SV) 2:00.9. **(Boys)** 800: N. Fairfax (Sheff) 2:07.1. **(Senior Women)** 100: 1, K. Walker (Hull S) 12.1; 2, V. Peat (Hick) 12.1. 400: 1, C. Warden (Cty Hull) 54.2; 2, G. Williams (A&SV) 57.9; 3, A. Foster (Spen-I) 59.0. (B): S. Newbold (A&SV) 58.7. BMC 1500: 1, J. Lawrence (BMC) 4:28.5; 2, C. Hanson (BMC) 4:32.2; 3, S. Dean (Long) 4:32.4; 4, J. Clarke (Sheff) 4:36.0. **(Inters)** 800: V. Weston (Linc W) 2:19.5. **(Juniors)** 100: S. Shipley (Leeds) 12.7. 800: 1, J. Walker (Hall) 2:20.6; 2, S. Artherton (Leeds) 2:21.8; 3, J. Noble (A&SV) 2:22.5.



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Miklos Nemeth—The Veteran Prodigy

ON June 25th 1975, Miklos Nemeth won the javelin event in the Hungary v Czechoslovakia match in Budapest with a first throw of 91.38/299'10", backed up by 85.78 and 85.18. This was his best series ever, and the big throw a new Hungarian record and a world's best for 1975, raising the hope that the then 28-year-old athlete has at long last begun to fulfil his long-standing promise and is likely to be a man to reckon with in Montreal.

By Ivan Berenyi

The result placed Nemeth 8th on the all-time list, but only three of the seven athletes in front of him are still active. Finland's Hannu Siitonen came 2nd on the 1975 list with 90.22, but had an elbow operation, while reigning Olympic champion Klaus Wolfermann of West Germany, who also holds the world record with 94.08/308'8", and the USSR's 37-year-old Jan Lusis did not make it into the 1975 top ten.

Nemeth's big throw was not a freak result. In training, at least in the early part of the 1975 season, he was in consistent 90m form, and he threw 90.90 on May 25th in the Hungarian Cup, even if the javelin was 14 grams too light and thus the result could not be authenticated.

Between his two 90m-plus throws, he took part in a whole spate of competitions, both in Hungary and abroad, winning each unfailingly—but never got past the 84m mark. Why? He was not short of explanations when the question was put to him.

"I admit that I could have done quite a bit better, and felt at least three or four occasions in the dozen or so meets of that month that I had several metres left in me," he said candidly. "But my old knee trouble started to play up, following a home meet, and this made me cautious. Neither did I have much luck with the weather. In Rieti,

there was a strong wind, bad enough to carry the javelin off course; in St Denis, near Paris it was raining; in Prague, there was a multi-directional wind . . ."

The way he can reel off excuses perhaps goes a long way towards explaining why Miklos Nemeth—big, powerful son of an Olympic champion—has never quite made it into the big time. When the chips were down, in Olympic and European Championships, he invariably flopped.

This tendency showed up even last year, his best-ever season. He had a successful Scandinavian tour, winning in Stockholm (86.64) on June 30th, in Oslo on July 3rd (86.22) and in Karlstad (84.24) on July 8th, beating the likes of Hovinen and Wolfermann in the process, but his form declined after that. In Turin, in the European Cup semis, he came third (80.10) behind Rumania's modest Megelea and Wolfermann; in the Montreal pre-Olympics, second to Aho (Finland) with a meagre 80.46; in Helsinki, third (83.06) behind Wolfermann and Hovinen. He did not even get a medal in the Hungarian championships (fourth with 83.34). 'Track & Field News' ranked him only fifth in the world on merit.

Groomed for athletic stardom from an early age, Miki, as he is fondly called at home, is still being regarded as a sort of junior by some, and he certainly views himself that way—even though he will turn 30 this year. Montreal must be, by all accounts, his last chance to gain an Olympic medal, continuing in the tradition of such Hungarian javelin-men as Varszegi and Gergely Kulcsar, his coach. But Nemeth junior remains untroubled. "It will all come," he says—something he has been repeating for years.

Not that he lacks seriousness. Rather his interests are too wide-ranging. A graduate of the Economics faculty of Budapest University, as well as a graduate electrical engineer, Nemeth works for a foreign trading enterprise in Budapest, speaks fluent English and Russian, has a wife, a

ALDERSHOT, FARNHAM & DIST. A.C.

GEOFF SLY MEMORIAL ROAD RACES

SPRING BANK HOLIDAY, MAY 31st

Open 6 Miles—Senior Men
Open 3 Miles—Boys O/13, U/15
Open 3 Miles—Colts O/11, U/13
Open 3 Miles—M/Colts U/11
Ages as at 1st April 1976

Awards: 1st 3 Ind, 1st Team. Other awards if entry sufficient. Trophy to 6M winner.

Entry Fee: 25p per Individual, no Team fee. All must enter as Individuals (3 score).

Entries to John Lofts, 46 Perring Avenue, Farnborough, Hants GU14 9DB (Tel: Camberley 33118). Under A.A.A. Laws.

ENTRIES CLOSE WEDNESDAY, 26th MAY

MANCHESTER Y.M.C.A.

Sixth Annual

20 KILOMETRES ROAD RACE

12 Miles 752 Yards Under A.A.A. Laws

SUNDAY, JUNE 27th, at 12 noon

Start and finish at Y.M.C.A. Sports Field, Princess Road, (A5103) 2 Miles South of City Centre.

Awards: first 10 Individuals, first 3 Teams, first 3 Vets O/40, first 3 Vets O/50. Certificates to all finishers. Spot Prizes.

Fees: 30p Individual, 50p Team.

Entries close 13th June
LATE ENTRIES 50p

Entries to D. O'Leary, 15 Sherewood Road, Woodley, Stockport. (061-430 6841).

daughter, and is still studying for a diploma at Budapest's Institute for Physical Culture. Clearly, a man bent on ensuring that when his active sporting career is over his real life career will go in the right direction, even if he is as unsure of which direction to choose as that troublesome multi-directional wind.

Miklos is a man altogether different from his father, Imre Nemeth, who won Hungary's first post-war Olympic gold (in the hammer) in 1948, a bronze at the 1952 Games, broke the world record three times (finishing with 59.88/196'5") and is now, at 59, managing director of Budapest's Nepstadion, or 'People's Stadium'—scene of junior's ventures beyond the 90m mark.

Imre, being short and stocky, lacked the physical attributes — very much contrary to the 1.83/6'0", 92kg/203lb Miklos—to become an outstanding field athlete without a superhuman effort, but had what it takes. He possessed a single-minded dedication to hammer-throwing, took training very seriously, remained unaffected by big-name rivals and large crowds and could always produce his best, especially when it counted.

But he had to fight for everything himself and, as is often the case with founders of dynasties, his sons—who had everything handed to them on a plate—adopted a different philosophy. Pal, now 23, immensely talented as a pole-vaulter in his teens, married early and bade farewell to sport just when he would have started doing well, despite being lazy in training. And Miklos has become an eternal student—and too easy-going for his father's liking. To Imre's chagrin, neither son was willing to take up the hammer. Still, Imre Nemeth is proud of Miklos, though his oft-heard complaint is: "I wish he would not be so stubborn and listened to me."

Miklos, however, has his own philosophy, invariably ending family debates on the note: "It was different in your time, father. Today, athletes are scientifically prepared and competition is much fiercer. Dedication and single-mindedness are no longer enough: you need lucky breaks too."

He had, apparently, such a lucky break with his 90.90 throw, when he was in peak form, though there was no wind at all. With the 91.38 throw, however, things were different. "We had a perfect head-wind, albeit not from the right," Miklos recalls, "but I was already past peak form, down to something like 90%. So the javelin floated sideways, took time to settle for course, losing a lot of momentum in the process." Miklos dislikes competing in the Nepstadion, because "its position is unfavourable to the javelin. Rarest thing that you'd get ideal weather conditions there—ie wind blowing hard-on, but a bit from the right".

Nemeth's prime domestic rival, Ferenc Paragi, is apparently much less dependent on the elements and less volatile, if not downright curt. He is not given to wavering. Though keeping up with his studies (a correspondence course in

traffic engineering at a Budapest polytechnic), Paragi's eyes are firmly set on the main chance—a medal in Montreal.

For 1975, coach Laszlo Tamas made passing 86m his goal, but he did quite a bit better. On August 15th, at Linz (Austria) he threw three times over 88m, the longest being 89.92/295'0". This earned him third place on the 1975 world list. Two weeks later, in the Hungarian championships, he showed considerable tenacity. Paragi's first throw sailed over 88m, but he stepped out, and this upset his rhythm. Nemeth took the lead with 83.22. Paragi came back with an 83.04 throw in the second round, but then Sandor Boros shot ahead with 85.56 in the third. Undaunted, Paragi eclipsed all with an 85.74 fifth throw, and Nemeth, who improved his best to 83.34, was overtaken for 3rd place by Gyorgy Erdelyi (83.38).

Paragi participated only in 15 competitions in 1975 — roughly half as many as Nemeth (who beat him seven times out of ten) and Erdelyi (best of 84.80). The other two of Hungary's 'Big Five', Boros (6th on the world list with 86.60) and Jozsef Csik (85.10) also competed more often. Yet it was the 22-year-old Paragi who showed most consistency, peaking in August but quitting, due to elbow troubles, in mid-September. Paragi is relatively short (1.79/5'10½"), has a weak elbow, and his right arm might not stand up to the punishing spring schedule he is setting for himself. But he has guts, dedication and youth on his side. He gave up smoking, strengthened his legs (improved six-jump average by 1.5m), increased his speed (to an average 5.1 for 40m), snatches 110kg with ease in weight training, trains eleven times a week. He means business.

Coach Tamas has decided to change his charge's training from winter to summer schedule a month earlier than usual to make sure that he peaks just at the time of Montreal. He could do this, because Nemeth and Paragi have already been nominated, along with five other Hungarian athletes, and in the men's javelin only the third team place is still open.

Sandor Boros (27) is the most likely candidate for that third spot. Apart from his 86.60, and his second place in the title race (85.56), he showed remarkable consistency in Prague on September 24th in winning the Spartakiad (84.70). Like Nemeth he is physically well endowed, and has shown promise for many years. Boros threw 84.58 back in 1970, but was by-passed for Munich selection, and lost interest. Now he is very much back in contention.

He can expect quite a battle though from Erdelyi, who only threw less than 80m on one occasion out of almost 30 competitions and is a fast-improving athlete, and from Csik, who has ample potential but is hampered by technical shortcomings. He tends to lean too much to the left and consequently rely on his arm excessively in throwing.

With a change of the guard under way in such

TOUGH ON THOMPSON—BUT FAIR

IT would be very easy to join the chorus of protest over Ian Thompson's omission from the Olympic team. Here is a man who is Commonwealth and European champion, the second fastest marathoner in history (fastest ever if one considers, as perhaps one should, only championship races), undefeated over the distance prior to Rotherham. To use Barry Watson's words, "there's no doubt that on his day he's the best marathon runner in the world". If anyone stood a good chance of becoming the first Briton to win the Olympic marathon it was Ian.

I am second to nobody in my admiration for Ian Thompson and it is tragic that he will not be competing in Montreal, but I feel it is wrong simply to blame the selectors. The concept of the trial race, with first three home to be chosen (except for freak circumstances, eg the leader being savaged by a dog or directed off course near the finish), was agreed upon after considerable discussion among all interested parties including top athletes. As a result everyone toed the line for the race knowing what was expected: a 'sudden death' situation. No one, as far as I am aware, protested beforehand.

Thus, Thompson had to take his chance of

qualifying along with Watson, Norman, Angus, Hill, Plain, Wright, Johnston, Tagg etc etc. There was only one way in which this situation could have been avoided: if Thompson had prepared for and run a fast race last summer or autumn there would have been justified pressure on the selectors to have chosen him there and then and excused him from any further trial, as they did in 1974. Unfortunately, as it now turns out, Thompson lay low in 1975—running only one slow marathon in Finland—and thereby lost his chance for special treatment. It would not have been fair to the other runners if Thompson had been exempted from the trial on any other basis, for he has not run a fast marathon for 20 months—a long time in an athlete's career.

It was terribly bad luck that Thompson's legs should play him up in the Rotherham race, thus costing him his Olympic place, but that might equally have happened in Montreal—in which case the selectors would have been under fire for picking a man with no recent form!

If Thompson had been selected it would have been at the expense of Keith Angus, who (like Barry Watson and Jeff Norman ahead of him) ran the fastest race of his life in difficult conditions at Rotherham. That would have been desperately unfair, particularly as it was Keith who just missed selection for Rome in 1974.

Ian Thompson himself has come out of this sad affair with enormous credit. He showed great courage in finishing the race at all (which will boost his standing among old hands who wondered how he would react when things went badly for him for the first time in a marathon) and, despite his terrible disappointment, he has accepted the situation with good grace. In defeat, as much as in victory, Ian Thompson has shown himself to be a true champion.

Mel Watman

MIKLOS NEMETH *continued*

javelin citadels as Finland, USSR and West Germany, the much-improved Hungarians could fare very well in Montreal. From their camp, Miklos Nemeth appears to be the favourite . . . but with him you can never tell.

"I still have to improve on my technique," says Miklos. "That's essential, even though last year I came a long way in that department. My coach, Gergely Kulcsar, reckons that I twist the javelin in 50% of cases in an exaggerated way just before I throw, and that even at the time of my 91.38 throw I moved my hand faster than needed."

Will Nemeth be standing at the top of the rostrum in Montreal when the medals are handed out? In Hungarian athletics circles few think so. "With that sort of mentality, you rarely make it into the big-time," comments a Budapest old-timer. "You have to have the will, the nerves, the self-confidence. Like Al Oerter did. But he might strike it lucky. After all, Zsivotzky managed to win the hammer gold in Mexico, in spite of his habit of folding in big-time competition. Nemeth certainly has the ability."

Yes, Miklos Nemeth could win the gold . . . if all goes well on the day, he gets out of bed the right side, the weather is good, nobody makes a wrong remark to distract him, and the wind blows head-on, slightly from the right. But anyone who cared to bet on him, rather than the physically less endowed, much less experienced but more gutsy Ferenc Paragi, could well make an imprudent investment.

We had not received the corrected results of the AAA marathon as we went to press but will do all we can to ensure they appear next week, together with readers' letters on the selection controversy.

Southern Counties UK Coaching Committee announcement. Applications for grant aided scholarships to Loughborough Summer School (July 17th-27th) and Lilleshall Summer School (August 21st-28th) should be submitted by June 4th. Candidates are required to give information on their current coaching arrangements. Apply to Mrs A. Swallow, 4 Southfields, Roxton, Bedford MK44 3EX.

Southern Counties WAAA '200' Competition: (March draw)—C. Lindsay £25; Spartan LAC £15; S. Duddleridge £5; (April draw)—F. Adams £25; J. Peck £15; A. Mathers £5.

The leaders after 8 miles of the AAA marathon — from left: Mike Tagg, Keith Angus (3), Colin Moxsom (262), Bernie Plain, Ron Hill (190), Tim Johnston (196), Barry Watson (393) with Ian Thompson just behind him, and Trevor Wright (395).

Ed Lacey



BARRY WATSON

Barrington J. Watson was born in Poole (Dorset) on February 13th 1944. Formerly a member of Bournemouth AC he has belonged to Cambridge Harriers since 1970 and lives at Blackheath. He is 1.66/5'5½" tall, weighs 51kg/112lb, and teaches at a primary school at Eltham. He is married, with a four-year-old daughter.

Annual progression: 1966—2:25:06; 1967—2:21:30; 1968—2:19:09; 1970—1:43:12 (20M); 1971—1:41:40 (20M); 1972—1:42:04 (20M); 1973—2:19:42; 1974—1:45:35 (20M); 1975—2:18:30; 1976—2:15:08. Track bests: 5000—14:12.6 (1968); 10,000—29:13.0 (1968).

Rotherham was his fifth marathon in less than a year, having finished 9th in the AAA at Stoke (June 1st 1975) in 2:18:30, won the RRC at Milton Keynes (July 5th) in 2:18:47, placed 4th in Enschede (August 30th) in 2:20:54, and 2nd at Barnsley (November 30th) in 2:20:00—the latter "just on keep fit training; two 5's a day".

ESSEX 20M CHAMPIONSHIPS At Thurrock, May 2nd

- | | |
|---|---------|
| 1, P. Richardson (Havering) | 1:46:35 |
| 2, M. Fletcher (Chelmsford) | 1:48:35 |
| 3, A. Rich (Walthamstow) | 1:48:41 |
| 4, M. Madders (W'stow) 1:50:17; 5, P. Fletcher (Chelm) 1:50:34; 6, D. Stokes (Thurr) 1:52:14; 7, J. Davies (Ex B) 1:52:40; 8, R. Gill (Ilf) 1:52:59; 9, D. Horsup (Thurr) 1:55:54; 10, M. Herring (Ilf) 1:56:54; 11, L. Parrott (Hav) 1:57:37; 12, I. McKenzie (Met P) 1:58:06; 13, W. Gilham (Ilf) 1:59:38; 14, K. Jones (Orion) 2:00:17; 15, E. Butcher (Col) 2:00:28. Teams: 1, Chelmsford 26; 2, Havering 29; 3, Ilford 30; 4, Walthamstow 33; 5, Colchester 69; 6, Orion 78. | |

Gutteridge Vaults 5:20

1.5. Woodford. Women's LJ: Howell 6.29. 1.5. San Jose (USA). HJ: 4, Boreham 2.08. 5.5. West London. Women's 1500: Yeoman 4:22.0, Penny 4:22.4, Harvey 4:24.0, Rowe 4:24.5. 8.5. Bournemouth. Women's HJ: Gilson 1.78. 8.5. Fresno (USA). HJ: 6, Boreham 2.08. 8.5. Knoxville (USA). 5000: 4, Martin 13:48.2; 6, Bannon 13:49.6. 9.5. West Bridgeford. 2, W. Tancred 59.98. 12.5. Crystal Palace. 600: Ovett 1:18.5, Pete Lewis 1:18.7; 5000: Gates 13:56.2, Steere 13:56.2, Standing 13:57.4; Southern 3000W: Mills 12:07.4; PV: Gutteridge 5.00. 12.5. Loughborough. 3000: Moorcroft 7:58.6. 15/16.5. Bristol. Women's 100/200: Williams 11.2w/23.7w. 15.5. Motspur Park. Women's SP: Kerr 16.05, Bedford 15.58; DT: Thompson 54.16. 15/16.5. Crystal Palace. Women's 800: Coomber 2:07.4; women's SP: Oakes 15.26, Littlewood 15.13. 15/16.5. Athens. 800: 4, Pete Lewis 1:49.8; 110H: 2, Price 13.7; PV: 4, Gutteridge 5.20 (OQ).

16.5. Wolverhampton. 100: Riddick (US) 10.2w, B. Green 10.3, Matthews 10.4, S. Green 10.4; 200: Riddick 21.5, Bennett 21.7; 300: Joseph (Tri) 33.9, Cohen 34.0, R. Jenkins 34.2; 800: O'Mealey 1:50.7, Browne 1:51.0; Mile: I. Stewart 4:01.1, Black 4:03.8; 110H: Foster (US) 14.0w, Danville 14.2; 400H: Kelly 52.1, S. James 52.2; HJ: Livers (US) 2.10, Palmer & McKenzie 2.00; PV: Hooper 5.20, Bull 5.00; LJ: Mitchell 7.78, Lerwill 7.67; SP: Capes 20.55, Dale 18.11; DT: P. Tancred 57.76, Cushion 55.96, W. Tancred (inj) 54.36; women's 100: Lannaman 11.2w, Colyear 11.3, Clarke 11.4, Barnett 11.4; 200: Lannaman 23.9, Elder 24.1; 800: Wright 2:08.1, Stewart 2:08.4; 100H: Boothe 13.6w, Caines 13.7; JT: Sanderson 54.20, Avann 52.70.

Third Veteran in the Inter-Counties/Finchley '20' was D. Powell (S&NH) in 1:59:20 and not T. Ford as printed.

THE NEW WAVE IN WOMEN'S ATHLETICS

By Tony Miller

JANE COLEBROOK

During the early part of her career Jane Colebrook won a title in three successive WAAA Intermediate and Junior Championships, all at different distances, which could well be an unique achievement. Even now she has no particular favourite event, varying between 400 and 800, and she expects these two—along with the 1500—to prove her best.

Katrina Jane Colebrook was born on November 8th 1957 in the house in Caistor (Lincs) where she still lives. Standing 1.65/5'5" and weighing 50kg/110lb she is employed as a computer operator and is a member of Scunthorpe Harriers AAC. Hobbies include reading, walking, gardening, and her dog. Personal bests: 100m—12.3 (1973), 200—25.0 (1972), 400—55.2 (1975), 800—2:07.4 (1975), 1500—4:31.4 (1975), Intermediate Pentathlon—3281 (1973), Long Jump—5.45/17'10½" (1973). Annual progression:

	400m	800m	1500m
1972	56.7	2:16.8	—
1973	56.3	2:11.5	—
1974	55.3	2:08.5	4:48.2
1975	55.2	2:07.4	4:31.4

Jane became interested in athletics at the age of 12, beginning with high jump, long jump and sprinting, and it was in 1971 that she produced her first performance of note, winning the high jump (1.45/4'9") in the Lincolnshire Junior Championships. Later she posted a 26.7 200, while in the cross-country season that followed she hinted at things to come by finishing 5th in the Northern Junior.

Over the Whitsun holiday in 1972 she ran 12.4w/25.7, but with no 200 race being held Jane contented herself with 3rd in the 100 and HJ in the Northern Championships a week later. She closed June in style, winning the WAAA Junior 200 title in a championship best equalling 25.0, and the following day she ran her first ever 400

in 56.7, which is still a UK age-14 best. July was very interesting too, for as well as 3rd in the English Schools 200 she opened her 800 account with a 2:22.8. Then, between the 22nd and 30th, she posted the following imposing performances: 25.0 200, 2966 pentathlon, 57.8 400, 2:16.8 800, 2:17.0 800 and 5.45/17'10½" LJ!

A most successful winter followed with a win in the WAAA Intermediate Indoor 400 championship, plus 3rd in the Northern Junior CC and 12th in both the National Junior and English Schools Inter CC.

In May 1973, Jane took part in a BMC 800 race, winning in 2:14.4, and showed she hadn't lost her speed by improving her 100m time to 12.3 when winning the Lincs title. Taking part in another BMC 800 in June, Jane made a significant breakthrough to 2:11.5 behind Shirley Somervell and Sheila Carey. She took on Ruth Kennedy over 400 in the English Schools and only just missed out, 56.3 to 56.4. She switched to 800 for the WAAA Inter, easily winning in 2:12.8. The very next day at the Teesside Games, not only did she run 2:12.6 but also won the long jump at 5.45/17'10½". Nowadays, she still occasionally takes part in this event, but no more high jumping as the take-off aggravates an ankle weakness.

Towards the end of the season, she registered a



Jane Colebrook finishing third in the UK v GDR indoor match 800m earlier this year.

Ed Lacey

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Luciano SUSANJ
Bill TANCRED
Terje THORSLUND
Janos ZEMAN

(All have accepted invitations and will appear subject to fitness)

25.1 200 and 56.3 400; while at Cosford she set a UK Intermediate indoor best for 600m of 93.5 and won the WAAA Inter 800 title. In her outings over the country, her placings included 12th in the National and 8th in both the English Schools and Northern.

Many more major Intermediate titles fell to Jane in 1974. She reduced her 800 time to 2:09.0 and this was the distance that she chose to win her only English Schools title in 2:11.7. Jane switched to the 400 for the WAAA Intermediates and she produced the most satisfying performance of her career to date, breaking the 56 sec barrier "which had seemed a long time coming, a breakthrough mentally and physically". In fact, she ran 55.5 from the outside lane to beat Anne Clarkson and Ann Robertson and won the award for the best performance by an Intermediate. A fortnight later, in Spain, she ran 55.3. On her return she set a personal best 800 of 2:08.5 behind Margaret Coomber, Joan Allison and Mary Sonner. The season closed with the Junior International v West Germany, which resulted in a third place in the 800.

After three years of uninterrupted success, it was somewhat disappointing to find her so much out of touch in the 1974/75 indoor season. "The reasons for this were brought about by mental stress owing to the pressures of starting work, the hours involved, travelling and the new responsibilities. Dave Sunderland, being based at Cannock, coaches me via letters, telephone and in liaison with my mother (who also helps with the coaching). He's invaluable to me. I first heard of

him in January 1975 when I was going through a bad patch. He offered to help in any way he could as he had faith in me and knew I could come back. His faith made all the difference as I know a lot of people had written me off as finished."

Well, whoever those people were, they were being premature as Jane proved by reaching the WAAA 800 final in her first year as a Senior. Winning her heat on the Friday in 2:10.8, she was involved in a great battle with Janet Lawrence in the semi-finals in a bid to qualify for a fastest loser's place in the final, which she managed in 2:08.7. Fatigue from these races resulted in her placing 8th in the final, which constitutes one of her biggest disappointments to date. "I wasn't fully prepared mentally or physically for three hard races, and there wasn't really enough rest time between the semi-final and final."

The following weekend, Jane beat Ruth Kennedy over 400 in 55.5, and then came one of Jane's best performances when she won the match event in the UK v France Junior International in a personal best 2:07.4, clinging on grimly to guest competitor Lesley Kiernan and only giving way in the latter stages. A week later she reduced her 400 best to 55.2 when taking the Northern Inter-Counties title. In September, Jane ran only her second 1500 race, recording a very pleasing 4:31.4. She was disappointed though, at not being selected for the European Junior in Athens in either the 400, 800 or 4 x 400, and hers was surely one of the harsher omissions from a severely pruned-down team.

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Schhh... You Know Who—But How Fast?

IF the track record for one mile of 3:57.6 (held by John Walker) is broken in the Schweppes Challenge Mile during the IAC's Superspike Classic meeting at Gateshead on Friday May 28th, then all of Britain's international athletes stand to benefit. How? Well, Schweppes have £1000 which they will donate to the Superspike fund if the record falls, and the IAC hope that right up to the day of the race the public will write to the Club's Chairman, Derek Johnson (at 6 Coptic Street, London WC1A 1NH), pledging a certain amount, big or small, which they will donate to the fund if the record goes. If the record survives, they will owe nothing. "We want to touch both the generosity and the imagination of the public," said Johnson, explaining the scheme. There will also be a chance for people in certain areas to 'phone in' pledges to local radio stations.

The cast of the Schweppes mile is pretty impressive. Brendan Foster, having his final race before the Trials, will have just returned from three weeks altitude training in South Africa, and lining up with him will be Holland's Jos Hermens, anxious no doubt to avenge his defeat at Brendan's hands a few hundred yards away in the Gateshead cross-country race last November.

Hermens, who recently improved his own 20km and 1 hour world marks is using this race as a sharpener for an attempt with Emiel Puttemans on the world 10,000m record on June 9th.

JANE COLEBROOK continued

Jane enjoyed a fine indoor season this year, running 2nd in the WAAA 800 and fulfilling her 1976 target of a senior international vest. Her all-time goal is the ultimate "Olympic gold and world record". She likes "the satisfaction I get from training, travelling, competing and making new friends. I would like to see more mixed meetings because it would be better for the athletes in general. The women would appreciate the bigger crowds drawn by these meetings, combining atmosphere and encouragement. I would like to see more top class competitions in the North". Like several of the other girls featured in this series, Jane feels an age group of 17-19 would help ease the transition from one age group to another.

Her training "is all geared towards the major summer events. The winter period is used to build up strength and stamina through over-distance work, fartleks, repetition work and cross-country running. The latter only being used as a means of training and to retain my racing appetite through the winter. The build up for summer commences in early April with speed endurance and speed sessions playing a greater role in the sessions. By the time the major competitions arrive, the emphasis is on pure quality work".

Also in the Schweppes mile will be Kenya's Mike Boit, Janos Zemen (Hungary's 3:38.9 1500m man), and Rumania's Gheorge Ghipu, plus Dave Black, also sharpening up.

The top field event will be a confrontation between Geoff Capes and Finland's new 70-foot putter Reijo Stahlberg, and this event is being sponsored by Dewhurst the Master Butcher, who have already put a lot of money into backing Britain's throwers.

Alan Pascoe and Bill Hartley compete in their third hurdles race in a week (a run-through for Montreal), only this time the race will be over 300m, where Frank Nusse is their main rival. Pentti Kahma, the European champion, adds spice to the discus, and another Rome winner, Luciano Susanj, who showed in Split that he is already in great form, tackles the 800m.

In the women's events another clash between Andrea Lynch and Sonia Lannaman over 100 and 200m should alone be worth the trip, and they are joined in the 200m by Donna Murray, Verona Elder and European 400m champion Riitta Salin. Over 800m the Rumanian pair of Mariana Suman (1:59.7 last year) and Ileana Silai should ensure a fast race.

Other featured events include the 200m, with Steve Riddick, Hasley Crawford and Ainsley Bennett; 400m; 2 miles; pole vault; triple jump, and javelin. More names will be released when acceptances have been received. The meeting is being recorded for transmission during ITV's 'World of Sport' programme the following day.

Replacing the cancelled Southampton meeting, the Superspike Classic will, in the words of Derek Johnson, offer "something old and something new. The 'old' is the usual high standard IAC meeting and presentation. The 'new' is that no name sponsor is behind the meeting, other than in two specific events, and we are running it under just the Superspike banner".

Cliff Temple

Late news: Bill Hartley entered hospital this week for an operation on his achilles tendon. He will miss the Kraft Games but hopes to recover in time to win late selection . . . Rank Xerox (UK) Ltd have promised £1000 on the same terms as Schweppes if 3:57.6 is beaten at Gateshead.

Winner of the Surrey WAAA Junior discus at Motspur Park on May 1st was Helen Drake (Croy) with 27.90/91'6"—she improved to 29.82/97'10" at Carshalton on May 9th.

The open events for women in the Coventry Carnival Grass Track Championships on June 12th are restricted to Veterans (over 35).

Paul Bannon clocked 28:36.6 for 10,000 (OQ) at Des Moines on April 24th.

THE RIVINGTON FLYER

A sketch of Mike Short—by W. R. Smith

BETWEEN Bolton in the south, Chorley to the west, and Blackburn in the north, lies a wide expanse of bleak, rolling moorlands: the far western reaches of the East Lancashire Pennines. Not as savage and desolate as the moors of the High Peak, perhaps, but sufficiently wild and lonesome to satisfy the average man of the hills. Here are peaty footpaths, stony tracks and steep, narrow lanes threading between the windswept tracts of rough moor grass, heather and bog; and the highest points include Winter Hill (1475ft), Great Hill (1249ft), Spitlers Edge (1275ft), Rivington Pike (1192ft), and Cartridge Hill (1317ft) on Darwen Moor, east of the A675 Bolton-to-Blackburn road. This is the country of the Three Towers, Great Hill and Rivington Pike Fell Races, and of the now discontinued Darwen Tower Fell Race. It is the training ground of several East Lancashire fell runners, including the 1975 'Fell Runner of the Year', Mike Short of Horwich RMI Harriers.

Horwich is a pleasant little country town nestling at the foot of Wilders Moor and Rivington Pike, and situated about halfway between Chorley and Bolton along the A673. Mike Short is a small, wiry young man of 27, possessed of a pleasant but very determined character.

Although he achieved a clear victory in the 'Fell Runner of the Year' competition, defeating runner-up Harry Walker by 233 points to 225, this was only Mike's third season of fell racing.

His introduction to fell racing came in the spring of 1973, when some of his club-mates asked him to make up a team for the Pendle Fell Race, which was then run from the Bay Horse Inn at Roughlee. It had been described to him as "a 6½ mile jog, with a bit of a climb halfway through", referring of course to that steep, grueling scramble up Pendle's 'Big End'. "Fell runners are just joggers," one of the lads had told him, causing Mike to comment wryly now: "Was I in for a shock!" Anyway, he finished a highly creditable 26th, and afterwards realised that this was the first event from which he had derived real satisfaction: "From then on, I never looked back as far as fell racing is concerned."

Mike ran in twelve events during his first season on the fells and achieved 18th position in the 'Fell Runner of the Year' competition — no mean feat for a mere novice.

In 1974, Mike gained 5th position in the 'Fell Runner of the Year' scheme and competed in 18 events. His performances throughout the season generally showed a great improvement, especially when competing over the rough 'classic' courses like Ennerdale and Langdale.

Interest focused sharply on Mike as the 1975 season approached. Would he this year fulfil the promise he had shown in his formative season?

He competed in 26 fell races and was vic-

torious on five occasions (Harden Moss, Ingleborough, Borrowdale, Burnsall and Langdale) and runner-up on nine (Rivington Pike, Pendle, Fairfield, Welsh 1000 Metre Peaks, Pen-y-ghent, Wasdale, Latrigg, Ben Nevis and Thieveley Pike). He was 3rd in the Kentmere, Clitheroe, Pendleton and Two Day Marathon (again partnered by Jeff Norman) and 4th in the Three Peaks and Ennerdale. It is interesting to note, too, that he would still have won the 'Fell Runner of the Year' title even had the old system of counting A, B and C class races prevailed, instead of points being awarded for only the tougher A category events.

How has Mike achieved this distinction in only three years of fell racing? Well, he obviously has a lot of natural talent, plus great determination, but perhaps a few notes on his training schedules might be relevant. Outside the normal fell racing season—say from November to March inclusive—he does a long run of about 2½ hours duration on the moors around Rivington each Sunday, with 40 minutes' road-work on weekday evenings, running at a "fast but comfortable pace". Sometimes in midweek he will go for a long, slow jog with a few of his club-mates,



Mike Short competing in The Ennerdale Horse-shoe Fell Race in 1975.

Tommy Orr

while on Saturdays he competes at cross-country meetings.

During the fell season, he generally manages to get in a long run over the Rivington moors the day after a race, but his midweek training varies according to the race distance the coming week-end. On Friday evenings he usually runs for 1½ hours around the local golf course and fields, and occasionally he will go for a morning run before work.

He reckons his outstanding performances were all achieved in 1975:

★ The Welsh 1000 Metres Peaks Race—"I feel particularly pleased with this run as it was my first attempt at the course, and early in the race I went through a bad spell when I was suffering from a stomach upset. I recovered to finish within striking distance of Joss, slicing 4 minutes off his 1972 record into the bargain." (Joss himself reduced his old record by 14:40 to 3:22:20.)

★ The Wasdale Fell Race—"I had travelled up for the race at the end of a fortnight's holiday, during which I'd done comparatively little training. Again I was runner-up to Joss in the fast time of 3:50:10. Joss broke his own course record by 7:06 (he clocked 3:41:49) and I was less than 10 minutes outside his old record."

★ The Borrowdale Fell Race—"Run on a scorching hot day. At one stage, I had thoughts of the Three Peaks Race, when I 'died' in the heat. But I kept up my liquid intake and finished quite strong—though very hot and thirsty. It's a good thing that Samuel Smith's Ales of Tadcaster were on hand, I can tell you! (There was a beer tent set up in the sportsfield.)

★ The Burnsall Fell Race—"This gave me a lot of satisfaction. Perhaps it was the fact that I gave Dalzell's ghost a fright when I was first to the summit with a 10-yard lead over Ray Rawlinson. On the descent, Ray caught me but had a fall, and had to be content with runner-up position. As I said to Ray afterwards, 'It's all in the game!'"

★ The Ben Nevis Race—"A race of races! It's fast, treacherous and punishing to the feet, but worth every ounce of sweat. There is nothing quite like the feeling I experienced as I entered the field at the finish to the sound of the pipe band, some 140y behind Dave Cannon, to record the fastest time yet for a newcomer in the event (1:30:21). To meet and chat with Mr Ben Nevis himself—Eddie Campbell—is alone worth the long journey up to Fort William."

★ The Langdale and Ingleborough Fell Races—New records established in both: 2:05:38 and 46:55 respectively.

★ The Thieveley Pike Fell Race—"This must be mentioned as an outstanding performance because had I not completed the course—or finished lower than 9th—I wouldn't have won the 'Fell Runner of the Year' award. Harry (Walker) reached the summit first, with me close behind. In the latter stages of the descent, I was closing rapidly on Harry when we reached a rough steep banking, with a vicious incline at its foot. Suddenly I tripped and landed very heavily on my

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left side, dislocating my shoulder. I got to my feet in considerable pain and struggled to the finishing line some half a mile away, still managing to hang on to runner-up position."

★ The Karrimor Two Day Mountain Marathon — "My performance, along with Jeff Norman, ranks very highly with me—not because of our position (3rd), but because we finished the race at all. It was only a month previously that I'd dislocated my shoulder and I'd had to rest for those four weeks. Also, Jeff sprained his ankle on the first day approaching the second checkpoint and was almost forced to retire. Fortunately, it eased as the day went on, allowing us to continue. We may not be the most proficient of map-readers, but as a team Jeff and I get on like a house on fire."

Mike would naturally like to repeat his success in the 'Fell Runner of the Year' competition. He also expresses a desire to improve his performances in the longer events, and to win more races—the Three Peaks being one he is particularly ambitious about. He would like to compete abroad in such events as the Sierre-Zinal Race in Switzerland and the Pikes Peak Marathon in Colorado, USA, and hopes that fell racing will become recognised as an international sport. He pays tribute to Joss Naylor's efforts in this direction, and mentions an interest in trying to emulate some of Joss's 'superhuman performances', such as the Lakeland 24 Hour Fell Record, with perhaps a traverse of the 'Bob Graham Round' as basic training.

Apart from the actual physical pleasure to be derived from fell running, Mike also values highly the informal and friendly atmosphere of the sport: "It's not cut-throat as in track and road-racing: fellow-competitors are true friends, and this is a friendship that has to be experienced to be appreciated." He is enthusiastic, too, in his praise of race organisers and helpers, who often have to stand for hours manning exposed checkpoints in inclement weather, and without whom such events would not be possible.

The title of this article was suggested by two things: the nickname of an early professional Lakeland fell runner, George Woolcock, who was called 'The Flying Devil'—perhaps because of his 'fearless descents', say co-authors Miller and Bland in their splendid book *See The Conquering Hero Comes: An Illustrated History of the Grasmere Sports Senior Guides' Race* (Kendal, 1973)—and by the image of Mike Short 'flying' over the Rivington moors, both in racing and training.

In conclusion, I would like to thank Mike for his co-operation in the production of this article, and to wish him the best of luck.

SOUTHERN WOMEN'S LEAGUE (Div 2)

At Peterborough, April 24th

Essex Beagles 183; Crawley 179; Peterborough 140; Parkside 106; Kent 93. 100: Mee (P'boro) 12.6. (Juniors) 100: 1, Barry (Ex B) 12.5; 2, Waterman (P'boro) 12.8. 200: Barry 27.1. JT: Brown (Craw) 40.24/132'0".

Holy Moses! A New Rival For Pascoe

IT won't take long to document the 400m hurdling career of Edwin Moses (20) from Dayton, Ohio. His first ever race at the distance (actually 440y) occurred last year and he clocked 52.0. The second was on March 27th this year when he ran 50.1 behind Harold Schwab (49.9); the third was a 50.6 effort on April 10th; the fourth a 49.8 win over Mike Shine (50.3) and Schwab (50.3) on April 23rd; the fifth a 49.5 heat at Knoxville on May 8th. In the final he sped to a 48.9 clocking—running thirteens all the way! It ranks him tenth on the world all-time list and suddenly this 1.88/6'2" tall engineering student is a new rival for Messrs Pascoe, Bolding, Akii-Bua and Mann.

Moses has also run 46.5 for 400 and 13.9 for 110 hurdles this season and his coach, Lloyd Jackson, says of him: "He's very strong, very tough, and he's conscientious. He is in shape right now to run 48." Moses: "I don't want to let it all out yet. I'm still trying to hold back."

Harvey Glance and Steve Williams continue to turn in lightning fast sprint times. Glance (19) equalled the world 100m record of 9.9 again at Baton Rouge on May 1st (watches read 9.8, 9.9, 9.9) and has lowered his 200m best to 20.1. Williams turned in a 19.9 on April 17th and produced 9.8w/10.0/20.0/20.1 on May 8th—not forgetting a 44.6 relay leg on April 24th!

Using a favourably angled wind to the utmost, Mac Wilkins became the first discus thrower legitimately to crack the 230ft and 70m barriers. Competing at San Jose on May 1st he improved his own pending world record on each of his first three throws: 69.80/229'0", 70.24/230'5" and 70.86/232'6". Not surprisingly he fell back after that but completed a remarkable series with 66.98/219'9", 68.00/223'1" and 66.58/218'5". But Wilkins feels he can do better still . . . "It just isn't there yet. I made some terrible mistakes out there today. Not one of my throws was really technically excellent. I've still got that big one inside me."

USA highlights (more detailed results next week):

17.4. San Jose. SP: Feuerbach 21.26/69'9½".
17.4. Gainesville. 200: Williams 19.9, Harris 20.2.
17.4. Auburn. 100y/220y: Glance 9.0w/20.2. **24.4. Knoxville.** Women's LJ: McMillan (18) 6.75/22'1½" (rec; marginal foul of 7.03/23'1"). **25.4. Atlanta.** (ITA) 440y: Smith 45.0, Edmonson 45.1.
1.5. San Jose. 400: Brown 45.4; 400H: Bolding 49.9; PV: Ripley 5.59/18'4", Roberts 5.59, Baird (Aus) 5.51/18'1" (Comm rec); LJ: Robinson 8.22/26'11½"w; TJ: Butts 16.95/55'7½"w; SP: Woods 21.04/69'0½"; DT: Wilkins 70.86/232'6" (world rec), Powell 67.16/220'4". **1.5. Westwood.** 400: Randle 45.61; 400H: Andrews 49.41. **1.5. Gainesville.** HJ: Forget & Ferragne (Can) 2.25/7'4½" (Comm rec). **1.5. Baton Rouge.** 100m: Glance 9.9 (eq world rec). **1.5. El Paso.** HJ: Joy (Can) 2.25/7'4½" (Comm rec). **1.5. Tucson.** 200: Gilbreath 20.27. **2.5. Long Beach.** 400H: Bolding

49.9; SP: Woods 20.92/68'7½"; DT: Wilkins 66.90/219'6", Powell 65.26/214'1". **7/8.5. Fresno.** 100m: Quarrie (Jam) 10.24; 400: Parks 45.58; PV: Ripley 5.48/18'0", Baird (Aus) 5.48; SP: Woods 21.00/68'10½", Feuerbach 20.52/67'4"; DT: Wilkins 64.70/212'3". **8.5. Knoxville.** 100m: Williams 10.0 (9.8w ht), Jones 10.1; 200: Williams 20.1 (20.0 ht), Jones 20.3; 400: Sowerby (Ant) 45.6; 110H: Foster 13.3; 400H: Moses 48.9; JT: Hall 86.64/284'3". **8.5. Champaign.** 10,000 Virgin 28:19.8.

DEPLETED TEAM FOR KIEV

A combination of injuries and the desire of certain athletes to go their own way in preparing for Montreal has resulted in the British team to face the USSR in Kiev this weekend lacking many of our main Olympic hopes. David Jenkins is still in the USA; Brendan Foster is training at altitude in South Africa; Ian Stewart asked not to be selected as he wasn't too happy with his form while training in the USA; Steve Ovett, Dave Black and Tony Simmons declined their invitations; while injury has claimed Alan Pascoe, Bill Hartley, John Davies and Alan Lerwill. Andrea Lynch and Donna Murray have also been on the injured list and it remains to be seen whether they compete.

The USSR are fielding most of their biggest stars, including five reigning Olympic champions: Valeriy Borzov, Viktor Sanyeyev, Lyudmila Bragina, Nadyezhda Chizhova and Faina Melnik. Match highlights could include Price v Myasnikov (110H), Hooper v Prokhorenko (5.49/18'0" PV last week), Moore v his idol Sanyeyev, Capes v Baryshnikov (20.76/68'1½" this season) and Liz Barnes v Gerassimova (2:01.0 recently).

NORTHERN WOMEN'S LEAGUE (Div 4)

At Blackpool, May 1st

City of Hull 579½; Spensborough 512; St Josephs 440; Bolton 263; Oldham 235; Blackpool & F 216. 400H: C. Warden (Cty Hull) 63.9. (Juniors) 100/200: G. Southern (B&F) 12.9/27.6. 800: G. Walls (Bolt) 2:29.2.

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DAVE OTTLEY APPROACHING 80 METRES

THOUGH he registered only three valid attempts David Ottley's third-round javelin throw of 78.38/257'2" at Crystal Palace on May 5th raised him to 10th on the UK all-time list. His series: 74.06; 73.40; 78.38; NT; NT. The warning spell out to David Travis and Charles Clover is thus made very clear by this Borough Road College student who must soon break into the ranks of the 80m plus men. Behind him, Gareth Brooks improved by almost 3m. Earlier in the evening, Paul Dickinson was busy unloading some long hammer throws: 66.64; 68.14; 70.28/230'7"; NT; 68.14; NT.

Suddenly the UK has four currently active 5 metre pole vaulters. At the climax of a long-drawn out struggle here in a darkened stadium, Jeff Gutteridge (19) slid over 5.00 (16'4½") at his third attempt to equal his best, and Allan Williams (22) joined him two minutes later, adding 4cm to a three-day old personal best. They both chested the bar on the way across, and it bounced on the pegs before staying aloft. At 5.10 (16'8½") Gutteridge came close on his final try and Williams on his second; and with stiffer poles that height should not elude them for long. The high-gripping Keith Stock (19) soared 4.80 for a personal best in third place. Gutteridge and Williams now share third spot on the UK all-time list.

Behind Daniel Lishebo in the 400 hurdles came 17-year-old Garry Oakes, who nipped a slowing Wilbert Greaves at the line in a fine 53.8 (53.77 on the electronic timing). In only his third try at the event, this remarkable young man improved 2.1 sec! His time misses Greaves' UK age best by 0.1 sec. Danny Laing's inside lane charge down the homestraight in the 400 took him from fourth to first in 48.1 and Andy Williams judged his finish well to take the 800. In absolutely still, windless conditions, Les Hoyte galloped past Derek Cole 50m out in the 200. The Southern Counties team that won the 4 x 100 in 41.2 is composed entirely of TVH men . . . and that's leaving out Ian Matthews and Steve Green! Steve Mitchell soundly outpaced Ron McAndrew and Chris Stebbings in the steeplechase and 16-year-old David Beaver helped himself to an 8 sec improvement in the 3000m.

Dave Cocksedge

100: (Nil) 1, A. Cornaby (SC) 10.8; 2, I. Matthews (SC) 10.9; 3, D. Halliday (RAF) 11.0; 4, T. Collins (SC) 11.0; 5, I. Hamilton (BRC) 11.1. (Non scoring race—nil wind) 1, L. Hoyte 10.9; 2, D. Hill 10.9. **200:** (nil) 1, Hoyte 21.4; 2, D. Cole (SC) 21.5; 3, Hamilton 22.0; 4, M. Gregory (BRC) 22.4. (Non scoring race—nil) 1, A. Cairns 22.0; 2, S. Atkins 22.1. **400:** 1, D. Laing (SC) 48.1; 2, M. Delaney (RAF) 48.8; 3, D. Thompson (SC-J) 49.0. **800:** 1, A. Williams (RAF) 1:51.3; 2, C. Van Rees (SC) 1:51.6; 3, R. Ashton (BRC) 1:51.6; 4, S. Morley (SC) 1:53.9;

5, N. Leach (SC-J) 1:54.5. **1500:** 1, D. Ainslie (SC) 3:50.7; 2, M. Brameld (SC) 3:52.9; 3, J. Bicorn (Guest) 3:53.2; 4, D. Michael (RAF) 3:57.6. **3000:** 1, K. Steere (BRC) 8:09.6; 2, S. Barr (SC) 8:15.2; 3, S. Jones (RAF) 8:20.6; 4, G. Dwelly (Guest-J) 8:31.8; 5, D. Beaver (SC-Yth) 8:33.6. **110H:** (Nil) 1, W. Greaves (SC) 15.0; 2, D. Lishebo (RAF) 15.2; 3, G. Gower (SC) 15.2; 4, P. Bredin (BRC) 15.6; 5, P. Abberton (BR) 15.7; 6, C. Burgess (BR) 15.8. **400H:** 1, Lishebo 53.0; 2, G. Oakes (Guest-J) 53.8; 3, Greaves 53.9; 4, R. Harris (BR) 54.7; 5, S. Hinchliffe (SC) 55.5; 6, H. Smith (RAF) 56.4; 7, E. Shirley (BRC) 56.4. **3000SC:** 1, S. Mitchell (SC) 8:50.4; 2, R. McAndrew (SC) 8:55.8; 3, C. Stebbings (SC) 8:56.8; 4, G. Stevens (Guest) 9:06.8; 5, R. Samuel (Guest) 9:08.6; 6, K. Daykin (RAF) 9:43.4. **4 x 100:** 1, SCAA (D. Hill, D. Cole, L. Hoyte, A. Cornaby) 41.2; 2, RAF 42.6; 3, BRC 42.7. **4 x 400:** 1, SCAA (G. Stewart 49.4, S. Morley 50.2, C. Van Rees 48.9, D. Laing 49.7) 3:18.2; 2, RAF 3:19.8; 3, BRC 3:20.0.

HJ: 1, C. Harris (RAF) 2.00/6'6½"; 2, C. Mitchell (SC) 1.95/6'4½"; 3, C. Mitchinson (BRC) 1.90/6'2½"; 4, G. Vose (BRC) 1.85/6'0½". **PV:** 1, J. Gutteridge (SC) 5.00/16'4½"; 2, A. Williams (SC) 5.00; 3, K. Stock (Guest-J) 4.80/15'9"; 4, W. Best (Guest) 4.45/14'7½"; 5, T. Gardner (Guest) 4.30/14'1½"; 6, K. Homer (BRC) 4.15/13'7½"; 7, J. Fenge (Guest) 4.00/13'1½"; 8, N. Phipps (Guest) 4.00; 9, S. N'jie (RAF) 3.70/12'1½". **10,** C. Parr (RAF) 3.55/11'7½". **LJ:** 1, J. Gangadeen (BRC) 6.85/22'5½"; 2, D. Burnett (SC) 6.77/22'2½"; 3, S. Ogbonnaya (RAF) 6.77; 4, T. Wade (SC) 6.70/21'11½". **TJ:** 1, F. Attoh (SC-J) 15.01/49'3"; 2, G. Doerr (BRC) 14.59/47'10½"; 3, C. Colman (SC) 14.59; 4, Ogbonnaya 13.72/45'0½". **SP:** 1, R. Slaney (SC) 15.69/51'5½"; 2, E. Palsay (Royal Air Force) 14.35/47'1"; 3, G. Wilson (Royal Air Force) 13.61/44'8". **DT:** 1, M. Winch (Guest) 55.34/181'7"; 2, Slaney 52.68/172'10"; 3, C. Sutherland (SC) 52.10/170'11"; 4, D. Jeffrey (RAF) 41.68/136'9"; 5, Palsay 41.68; 6, P. Yates (BRC) 41.30/135'6". **HT:** 1, P. Dickinson (Guest) 70.28/230'7"; 2, J. Whitehead (SC) 65.60/215'3"; 3, C. Melluish (SC) 54.52/178'10"; 4, E. Lawlor (BRC) 53.84/176'8"; 5, E. Johnson (RAF) 52.04/170'9"; 6, Slaney 47.92/157'3"; 6, J. Thomson (BRC) 40.34/132'4". **JT:** 1, D. Ottley (BRC) 78.38/257'2"; 2, G. Brooks (BRC) 68.06/223'3"; 3, D. Heath (SC) 67.66/222'0"; 4, C. Harrison (SC) 65.84/216'0"; 5, Brooks (RAF) 64.76/212'5"; 6, S. Ladds (BRC) 60.36/198'0"; 7, P. Stewart (RAF) 57.08/187'3". **Match result:** SCAA 190, RAF 110, Borough Road College 104.

Welsh WAAA officers: President, L. Jones; chairman, Miss L. Harries; hon secretary, Mrs M. Elgie, 11 Cedar Road, RAF St Athan, Near Barry, South Glamorgan; hon treasurer & championship secretary, Miss R. Evans.

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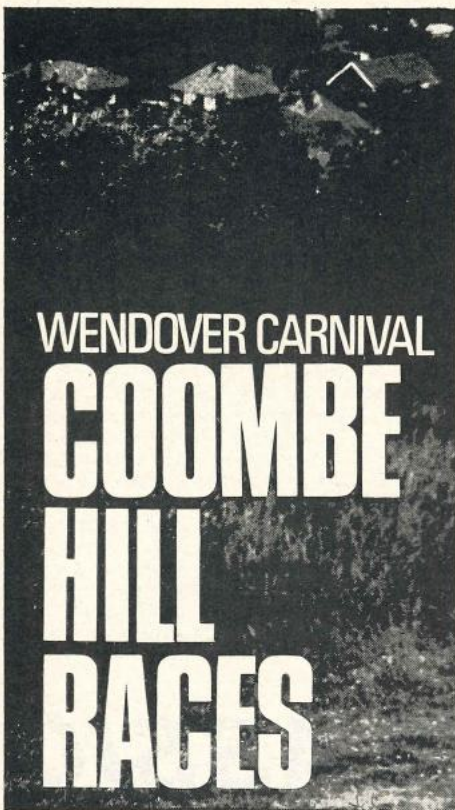
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WENDOVER CARNIVAL COOMBE HILL RACES

12th JUNE 1976

Run over a gruelling course which rises and falls through 350 ft across the Chiltern Hills.

Cups and prizes for individual/team winners and runners up in both youth and open races. (AAA Laws)

Youth race — 3 Miles 10.15 a.m.

Open race — 3½ Miles 11.00 a.m.

Entries (25p) to: John M. Paterson,
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Entries Close: 5th June, 1976

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HOOPER UP TO 5.30m

MEADOWBANK once again proved to be a pole vaulter's paradise. This time it was Brian Hooper, in the Edinburgh Southern Invitation Meeting on May 14th, who added to the impressive list of records set at this pit when he added one centimetre to his own pending UK record, clearing 5.30/17'4½" on his second attempt after taking three vaults to clear five metres. Brian then put the bar up to 5.40/17'8½" and came encouragingly close on his third effort. It was amazing vaulting in the conditions for the Meadowbank swirl was effectively killing the chance of fast times on the track and it made vaulting a hazardous operation.

The other outright record came from Chris Black. Chris got rid of his frustration at being kept waiting 1½ hours for Paul Dickenson, who was mysteriously stranded at Heathrow, and immediately crashed one out to a lifetime best of 71.00/232'11", further than his pending Scottish record of 70.88 set only the previous Sunday at Coatbridge. Chris had two other throws over 69m and a foul over 72m so could be threatening Paul's British record any day.

Forget the wind readings, for in some races the wind came back to hit the runners in their faces at the tape. Helen Golden's electrically timed 11.62 win in the 100 equalled the native record held by Liz Sutherland and Chris Salmond. Liz ran the hurdles only 20 minutes earlier where she equalled the native record of 13.8 she shares with Myra Nimmo.

Danie Malan seemed to leave himself too much to do in the British Caledonian 1500 as Glen Grant opened up a lead of at least 40y with a bold burst before the bell. But the elegant-moving South African kept his unbeaten record on his honeymoon, just overhauling Grant on the tape after a remarkable last lap.

Roger Jenkins eased himself back after his poor run in Split with a powerful finish to take the 400 in 47.70 and Janet Thompson recorded her first ever win over Meg Ritchie, using the wind well to reach 53.10.

Sandy Sutherland

100 (+0.3): 1, S. Green (TVH) 10.69; 2, A. Wells (ESH) 10.78; 3, A. Hislop (ESH) 10.83; 4, C. Sharp (Ayr) 11.10; 5, R. Denham (ESH) 11.11. **200**: 1, Wells 21.79; 2, Harley 21.88; 3, Denham 22.04; 4, Sharp 22.29. **400**: 1, R. Jenkins (HW) 47.70; 2, P. Hoffmann (EAC) 48.36; 3, S. McCallum (ESH) 48.90; 4, A. Kerr (CR) 49.65; 5, N. Gregor (EAC) 49.72. **British Caledonian 1500**: 1, D. Malan (SA) 3:42.9; 2, G. Grant (Army) 3:43.8; 3, A. Weatherhead (EAC) 3:45.7; 4, D. McMeekin (Vic P) 3:50.1; 5, D. Knowles (EAC) 3:51.4; 6, A. Amos (Gates) 3:52.6. **3000**: 1, N. Muir (Shett) 8:14.6; 2, D. Logue (ESH) 8:14.6; 3, C. Spedding (Gates) 8:16.8; 4, D. Lowes (Gates) 8:25.8. **110H** (+3.6): 1, D. Wilson (EAC) 14.56; 2, A. McKenzie (ESH) 14.86; 3, C. Luxon

(Edin Un) 15.26; 4, K. Maguire (EAC) 15.46.
HJ: 1, B. Burgess (EAC) 2.05/6'8½"; 2, McKenzie 2.00/6'6½"; 3, Maguire 1.90/6'2½". **Edinburgh Woollen Mills PV:** 1, B. Hooper (Wok) 5.30/17'4½" (UK rec); 2, N. Donnachie (EAC) 4.00/13'1½"; 3, D. Williamson (EAC) 4.00 M. Bull (W&B) nhc. **Thistle Hotels HT:** 1, C. Black (ESH) 71.00/232'11" (Scottish rec); 2, I. Chipchase (NSP) 65.48/214'10"; 3, P. Buxton (ESH) 59.78/196'1". **(Youths) HJ:** R. Hepburn (EAC) 1.90/6'2½".

Women

100 (+0.4): 1, H. Golden (ESH) 11.62; 2, E. Sutherland (ESH) 11.91; 3, F. Nixon (ESH) 11.99; 4, M. Wells (ESH) 12.08; 5, A. Dalton (L&D) 12.09; 6, L. Boyle (CV) 12.20; 7, M. Nimmo (Glas Un) 12.25; 8, V. Smith (Gars) 12.34. **200:** 1, Dalton 25.08; 2, Boyle 25.50; 3, F. Macauley (ESH) 25.50. **400:** 1, A. Robertson (CR) 56.25; 2, K. Williams (Pit) 56.97; 3, A. Clarkson (ESH) 57.57. **800:** 1, C. McMeekin (Glas) 2:06.7; 2, E. McMeekin (Glas) 2:11.0; 3, A. Wright (NZ) 2:19.0. **100H (+1.53):** 1, Sutherland 13.8; 2, P. McNab 14.2; 3, Macauley 14.6; 4, C. Smart (Glas) 15.0. **DT:** 1, J. Thompson (Brack) 53.10/174'2"; 2, M. Ritchie (ESH) 52.54/172'4".

SOUTHERN WOMEN'S LEAGUE

(Division One)

At Uxbridge, April 24th

Plymouth 172; Cambridge H 151; Bracknell 136½; Uxbridge 135; Verlea 131½. 100: 1, E. Barnes (Camb H) 12.3; 2, J. Davies (Ply-I) 12.4. **200:** Barnes 24.5. **100H:** L. Hunt (Brack) 15.0. **SP:** 1, A. Littlewood (Camb H) 14.54/47'8½"; 2, J. Thompson (Brack) 13.41/44'0". **(B):** F. Condon (Brack-I) 10.15/33'3½". **DT:** 1, Thompson 53.16/174'5"; 2, Littlewood 43.36/142'3"; 3, J. Homer (Ux) 35.88/117'8". **(B):** 1, F. Condon 36.56/119'11"; 2, I. Duffin (Camb H-I) 33.94/111'4". **JT:** 1, Littlewood 35.90/117'9"; 2, D. Dilloway (Ply-I) 31.82/104'5". **(Junior) 100/200:** J. Doyle (Ply) 12.7/26.2. **75H:** S. Pinches (Ply) 12.2. **HJ/LJ:** J. Pyper (Ply) 1.50/4'11" & 5.06/16'7½". **JT:** J. Daykin (Ply) 28.54/93'8".

(Division Two)

At Bedford, April 24th

Bedford 184; Watford 150; Southend 139; Selsonia 136; Surrey AC 103. 400H: S. Robertson (Wat) 68.0. **HJ:** A. M. Devally (Bed) 1.65/5'5". **LJ:** A. Simmonds (S'end) 5.43/17'9½". **SP:** C. Carter (Bed) 10.65/34'11½". **(Juniors) 200:** C. Sullivan (Bed) 26.7. **HJ:** L. Matthews (Bed) 1.55/5'1". **JT:** J. Bowlin (Wat) 30.48/100'0".

At Bognor, April 24th

Wigmore 169½; Cambridge & C 153; Bognor 136½; Tonbridge 132; Barnet 111. 100/200: S. Reed (Wig) 12.4/25.3. **100H:** V. Douglas (Wig) 15.6; 2, J. Myers (C&C) 15.6; 3, J. Moore (Bog-I) 15.8. **SP:** M. Russell (Bog-I) 9.68/31'9½". **JT:** C. Doyle (Bog) 34.70/113'10".

BARNESLEY

METROPOLITAN BOROUGH COUNCIL

2nd ANNUAL SPORTS MEETING

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, 21st AUGUST, 1976

at 1.30 p.m.

HICKLETON MAIN MINERS

SPORTS GROUND

THURNSCOE, SOUTH YORKSHIRE

EVENTS

Track Events		Fields Events
Boys 8-11	80m	Boys Shot
Boys 11-13	100m	Boys L/J
Boys 13-15	100m	Girls L/J
Boys 11-15	200m	Girls H/J
Boys 11-15	800m	Youths L/J
Youths 15-17	100m	Ladies/Inters H/J
Youths 15-17	200m	Ladies/Inters L/J
Youths 15-17	400m	Ladies Javelin
Youths 15-17	1500m	
Men's	100m	Men's Shot
Men's	200m	Men's L/J
Men's	400m	Men's Javelin
Men's	3000m	
(Award for 1st Vet)		
Men's 'Barnsley Mile'		
Girls 8-11	80m	Girls 4 x 100 8-11
Girls 11-13	100m	Girls 4 x 100 11-15
Girls 13-15	100m	Ladies 4 x 200
Girls 11-15	200m	Boys 4 x 100 8-11
Girls 11-15	800m	Boys 4 x 100 11-15
Inter Ladies	100m	Youths 4 x 200 15-17
Inter Ladies	200m	Men's 4 x 200
Ladies	100m	
Ladies	200m	
Ladies	400m	
Ladies	800m	

Relays

Entries 20p per Individual Event, 40p Relays

Ages as at 1st September, 1976

CLOSING DATE 31st JULY, 1976

NO LATE ENTRIES

Entries to:— Mr. R. Davis,
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VETERANS EVENTS AT BARNET SPORTS GALA

BARNET COPTHALL STADIUM

Great North Way, Hendon, London N.W.4

12th/13th June—Under AAA/WAAA Laws

VETERANS EVENTS (Organised by Highgate H)

Saturday, 12th June

10K Road Race for the "Williams Cup" (2 laps of the Shaftesbury '10' course).
Definite start time 4 pm. Holders: Ealing & Southall. Winner: Prize value £20. Next 5 prizes from £10 to £3. 1st Over-50 £5, 1st Over-60 £5. Plaques first three teams (4 to run, 3 to score).

Sunday, 13th June (first event 1 p.m.)

100m The Barnet Trophy
Class 1 Winner Trophy, 2nd & 3rd Plaques

Class 2 " " " 2nd & 3rd "

Class 3 " " " 2nd & 3rd "

200m The Barnet Trophy (As for 100m)

400m The Barnet Trophy (As for 100m)

800m The Barnet Trophy

Class 1 Winner Trophy, 2nd & 3rd Plaques

Class 2

1500m for the "London Trophy" to be held for one year. Plaques for 1st, 2nd & 3rd.

3000m Inter-Team Race (Class 1) for the "Highgate Harriers Trophy" to be held by the winning team for one year (Holders: Cambridge H.). Plaques first 3 Ind. Medals first 3 Teams (4 run, 3 score).

Long Jump) Classes 1 & 2

Shot) Awards of medals

Discus) according to entry

High Jump Class 1 only. Medals 1st, 2nd, 3rd.

Entry Fees: 40p per event, teams 30p in addition—all must enter as individuals. Cheques & POs made out to The London Borough of Barnet. Please send SAE for receipt and competitor's ticket.

Entries to G. Harrison, 75 Gallows Hill Lane, Abbots Langley, Herts (092-77-63317). **Entries** close Wednesday, 3rd June.

LADY VETS EVENTS

200m Handicap. Prizes valued £7, £4, £2.

800m Trophy to winner. Medals 2nd & 3rd.

High Jump) Awards according

Shot) to entry

Entries to Hazel Rider, 1 Malthouse Lane, Shorne, nr. Gravesend, Kent (Shorne 2402).

Entries for 200m Handicap **MUST** be made out on a WAAA entry form as well as a Gala Sports entry form.

Overnight camping (own canvas) and parking facilities for cars and motor caravans have been put at our disposal for the Sports Gala, situated at Moat Mount Open Space, Mill Hill N.W.7, 10 mins. from Copthall. Fees: 30p per unit (to be included with entry fee).

CORDEN SCORES EXACTLY 7000

DESPITE poor weather conditions, continuous rain on the first day and strong winds on the second, championship best performances were set in both the Senior and Junior Northern Counties decathlon championships at Kirkby on May 1st/2nd.

Mike Corden timed his 1500 perfectly to achieve 7000 points exactly. On the first day he started with a personal best of 11.2 in the 100, another pb came in the shot, but a slippery surface on the high jump run-in robbed him of the advantage created in these two events. He started the second day with his highest scoring event, the 110H, in 15.4. However he dropped valuable points in the pole vault and javelin because of the windy conditions. In the Junior event, Adrian Ord chose to use the senior implements and improved on his own best. He mastered the watery run-up to provide the best high jump of the day (1.90) and on the second day came up with a personal best in the pole vault of 3.80.

Les Williams

1, M. Corden (Sheff) 7000 (11.2, 6.30, 14.07, 1.70, 51.8, 15.4, 40.02, 3.80, 59.20, 4:39.8); 2, N. Mason (Sale) 6039 (11.8, 6.18, 12.33, 1.80, 56.7, 16.6, 33.88, 3.35, 51.06, 5:01.5); 3, I. Scott (M&C) 4477. (**Guests:** G. Ward (Stoke) 5776 (11.7, 6.46, 9.93, 1.70, 56.6, 17.7, 30.98, 3.80, 46.08, 5:00.4); P. Zeniou (N Lon) 5662 (11.4, 6.16, 11.62, 1.60, 53.3, 16.0, 35.28, dnc, 54.88, 4:36.9). (**Juniors:** 1, A. Ord (Sale) 6034 (11.6, 6.19, 10.02, 1.90, 54.8, 18.2, 32.88, 3.80, 45.22, 4:51.5—using Senior implements and hurdles); 2, K. Sanderson (Rown) 5391 (11.7, 5.77, 11.85, 1.65, 57.5, 17.2, 36.96, 2.75, 39.48, 5:11.5); 3, C. Hayton (Leeds) 4871; 4, M. Waterhouse (Leeds) 4138.

FRED BURTON MEMORIAL ROAD RACE

At Hampstead, May 1st

1, R. Gevers (South London H) 50:05
2, R. Samuel (Shaftesbury) 50:45
3, G. Dugdale (Thames Valley H) 50:57
4, W. Upcott (SLH) 51:06; 5, D. Patterson (TVH) 51:28; 6, J. Mouat (Hill) 51:42; 7, T. Crabb (Unatt) 51:52; 8, R. Steven (Shaft) 52:23; 9, W. Harvey (Ran) 52:24; 10, B. Standen (TVH) 52:32; 11, D. Clark (Ver) 52:35; 12, J. Dryden (Shaft) 52:55; 13, M. McEvilly (Shaft) 53:03; 14, J. Henry (Shaft) 53:08; 15, M. Heath (H&S) 53:56; 16, R. Macey (Ver-V) 54:02; 17, G. Pringuer (H&S) 54:11; 18, R. Allinson (HW) 54:21; 19, L. Mann (Bel) 54:27; 20, J. Arnold (E&S) 54:28; 21, G. Elmore (Shaft) 54:38; 22, P. Martin (Lut) 54:44; 23, J. Steed (Ver-V) 55:20; 24, J. Lusty (E&S-V) 55:27; 25, J. Street (Barn) 55:30; 26, E. Saberton (C&C) 55:38; 27, S. Webb (HW) 55:54; 28, W. Anderson (Met P-V) 56:03; 29, B. Hercock (BoE) 56:17; 30, E. Nolan (Shaft-V) 56:20. **Teams:** 1, TVH 16; 2, Shaftesbury 19; 3, SLH 34; 4, Verlea 41; 5, Shaftesbury 'B' 50; 6, Haringey & S 65; 7, Barnet 79; 8, Ealing & S 82; 9, Cambridge & C 101; 10, Ranelagh 106.

Walking

Thorpe & Warhurst Dominate Northern 20kms

THE second Northern RWA 20kms Championships were held on an undulating, five-lap course at Longendale on May 1st in cold, windy conditions. The race was dominated from the start by the Sheffield pair of Roy Thorpe and Jake Warhurst who rapidly left the field far behind. Thorpe proved to be the fastest in the last third of the race winning by a clear minute but Warhurst was satisfied with his performance following a recent injury. A large group contested third place in the early stages but soon after half-way the battle resolved itself as the highly promising Mick Greasley went right away from the others with a fine display of even paced walking. Chris Harvey (who took a minute out of Hopkins in the last 5kms), John Eddershaw and Peter Fawkes produced personal best performances. Particularly impressive were the performances of York Postal walkers Flynn, Carr and Jameson, making their club the most improved in the area. 1, R. Thorpe (Sheff) 93:19; 2, J. Warhurst (Sheff) 94:20; 3, M. Greasley (Sheff) 95:32; 4, C. Harvey (Lancs) 97:22; 5, J. Hopkins (Lancs) 98:24; 6, J. Eddershaw (Sheff) 98:31; 7, E. Crompton (Lancs) 99:11; 8, D. Jackson (Yks PO) 99:31; 9, P. Fawkes (NSP) 99:52; 10, R. Flynn (Yks PO) 101:23; 11, W. Carr (Yks PO) 101:49; 12, K. Jameson (Yks PO) 101:58; 13, B. Lines (Sheff) 102:21; 14, R. Hankin (Sheff) 102:48; 15, T. Stevenson (Sheff) 102:59; 16, D. Harrison (Bound) 103:16; 17, S. Ashton (Sheff) 104:39; 18, D. Breen (Lancs) 105:21. **Teams:** 1, Sheffield 12; 2, Lancs 30; 3, Yorks PO 45; 4, Sheffield 'B' 84; 5, Yorks RWC 93; 6, Lancs 'B' 123.

Julian Hopkins

Peter Marlow and Ian Brooks excel in Spanish 20kms at Barcelona, April 25th. Interrupting their training holiday, Peter Marlow, third in just outside 90:00, and Ian Brooks, setting a pb in fifth position, were both very pleased with their performances. On the same twisting 19 lap course that Domingo Colin clocked a winning 90:49.4 last year, Peter Marlow led Marin and Jorba through 5kms (21:35) and halfway (43:35) but lost out to the Spaniards over the last 7kms, who recently clocked 89:31 on the track, has already been selected for Montreal. Ian Brooks had a battle royal with Godfried DeJonckheere, who hopes to compete in our National Championship, and just lost out in the final lap. It now remains to be seen whether RWA Hon Sec, Marlow can produce a little bit extra to make his second Olympics. 1, J. Marin (Sp) 89:32.0; 2, A. Jorba (Sp) 89:32.2; 3, P. Marlow (UK) 90:14.4; 4, G. DeJonckheere (Bel) 92:50.4; 5, I. Brooks (UK) 93:00.0; 6, J. Orriols (Sp) 93:56.4.

Dave Stevens holds off Adrian James to win 'City' 6M at London Wall, April 21st. With most competitors surprised at having to cover an extra lap to the six they expected there were some tired

men at the finish. Dave Stevens just held off his consistent close rival, Adrian James, with Ian Richards an isolated third. Good to see former short distance star, Colin Williams, turning out again and putting in a useful performance. A splendid entry with the Insurances excelling themselves. 1, D. Stevens (Stey/St Ex) 44:42; 2, A. James (BoE/St Ex) 44:51; 3, I. Richards (Cov/Ins) 45:43; 4, R. Parkins (Med/Ins) 47:09; 5, M. Fullager (Sy/Bks) 47:28; 6, N. Finney (Tonb/St Ex) 47:45; 7, R. Pearce (S'end/St Ex) 48:05; 8, D. Rowlands (Stey/Bks) 48:20; 9, M. Davitt (New/Bks) 48:40; 10, R. Lancefield (Sy/St Ex) 48:41; 11, S. King (Ilf/St Ex) 49:11; 12, M. Croft (Bas/St Ex) 49:18; 13, D. Raiton (Sy/St Ex) 49:29; 14, A. Tweed (Ver/St Ex) 50:44; 15, C. Williams (Ilf/Bks) 51:52; 16, T. Gates (Sy/Bks) 51:52; 17, K. Wilkie (Bks) 52:43; 18, E. Gates (St Ex) 52:47; 19, D. Hancy (Ins) 53:23; 20, A. Perkins (Ilf/St Ex) 55:28. **(Insurance Champs):** 1, Richards; 2, Parkins; 3, Hancy. **(Banks Champs):** 1, Fullager; 2, Rowland; 3, Davitt. **Teams:** 1, Stock Exchange 150; 2, Banks 234; 3, Insurance 282.

Dennis Jackson wins Post Office 15kms Championship comfortably. Maintaining the excellent form he displayed last year, Dennis Jackson retained the title from a back to form Geoff Robinson with many times past champion, Ray Middleton, getting third after a close battle. Jackson and his team-mates clinched both the regional and office team championships. 1, D. Jackson (Yks PO) 73:32; 2, G. Robinson (LTR) 74:21; 3, R. Middleton (NWDO) 75:57; 4, K. Jamieson (Yks PO) 76:04; 5, J. Ireland (Man/GMO) 76:28; 6, K. Eggett (Bed) 77:33; 7, G. Blogg (Yks) 79:38; 8, S. Barton (SWDO) 79:57; 9, D. Fletcher (Man/GMO) 81:00; 10, R. Porter (Green) 81:38; 11, H. Minhas (Leic) 81:59; 12, M. Wood (Dews) 84:19; 13, S. Fallows (Man/GMO) 84:24; 14, J. Holmes (SWDO) 84:38; 15, W. Muntzer (Mt P) 85:01; 16, J. Laing (Mt P) 85:18; 17, D. Kilbride (Dews) 86:12; 18, D. Vale (SWDO) 86:20; 19, H. Taggart (Yks) 86:34; 20, P. Ray (LTR) 86:57. 53 finished. **(Regional Champs):** 1, NE 12; 2, London 21; 3, NW 26. **(Office):** 1, York 8; 2, Manchester South 18; 3, SWDO 27. **(Vets):** 1, Eggett; 2, Vale; 3, G. Mitchell (B'ham) 87:55.

Carl Lawton sets 3 and 10kms pb's in winning three county and a club Championship. Surrey 20M Champs, Wimbledon, April 17th: 1, C. Lawton (Bel) 2:49:20; 2, R. Middleton (Bel) 2:56:33; 3, N. Simmons (Sy) 2:59:12; 4, P. G. Andreotti (Ita-Gst) 3:00:06; 5, R. Tanner (Bel) 3:02:26; 6, R. Day (Bel) 3:06:24; 7, R. Lancefield (Sy) 3:06:44; 8, L. Atterbury (Sy) 3:12:31. 30 started. **(Belgrave Champs):** 1, Lawton; 2, Middleton; 3, Tanner. **Teams:** 1, Belgrave 16; 2, Surrey 21; 3, London Vids 51. **Surrey 10kms Champs at Battersea Park, April 7th:** 1, C. Lawton (Bel) 45:56; 2, B. Imber (Sy) 49:18; 3, P.

Selby (Sy) 49:18; 4, R. Middleton (Bel) 50:31; 5, T. Statter (Sy) 51:20; 6, R. Day (Bel) 52:14. **Belgrave 10kms Champs at Battersea Park, April 28th:** 1, C. Lawton 44:58.2; 2, J. Hall 50:07.2; 3, T. Thorogood 51:13.2. **Surrey 3kms Champs at Motpur Park, May 1st:** C. Lawton (Bel) 12:44.0.

Mike Scamell easy winner of Newham 3kms at Newham, May 2nd. 1, M. Scamell (New) 13:48; 2, M. Croft (Bas) 14:35; 3, M. Davitt (New) 14:53; 4, S. Thompson (W Fst) 15:01; 5, N. Stone (New) 15:05; 6, D. Sharpe (New) 16:10. **(Boys)** 3kms: S. Marshall (Camb H) 14:59. **(Senior Women)** 2kms: 1, M. White (Med) 10:30; 2, J. Robery (Hav) 10:54; 3, A. White (Med) 12:33.

Another clearcut win for Carl Lawton in London Vidarians 5M Yacht Handicap at Carshalton, May 5th. (Fastest): C. Lawton (Bel) 35:34; M. Scamell (New) 39:13; W. Sutherland (Ilf) 39:26; M. Fullager (Sy) 40:14. 22 finished. **(H/cap):** 1, Lawton; 2, Scamell; 3, M. Gleed (Lon V).

Ron Laird goes home to win AAU 25km at Sealtle, April 18th. Coming back from his training sojourn in Mexico, Ron Laird showed his best form to win from two of his strongest and most persistent rivals, Larry Young and Tom Dooley. With this trio in top form, USA should be well represented at Montreal. In the cold, wet, windy conditions Paul Nihill, who unwisely decided to compete after just arriving in the USA, retired after four of the five 5km laps. 1, R. Laird 1:59:09; 2, L. Young 2:00:32; 3, T. Dooley 2:00:40; 4, J. Lanning 2:01:50; 5, W. Glusker 2:02:50; 6, J. Brown 2:07:00.

Fast Track 20km from Decosse in Paris, April 24th. Winning the Criterium National in windy and cold conditions, Jean-Claude Decosse was back to his best form clocking 92:15.

Excellent work by Charley Fogg in Canada. During the first week of April, Charley Fogg conducted various coaching clinics in Hamilton and Toronto on behalf of the Ontario Race Walking Association. Their chairman, Doug Walker, advises that the venture was a complete success with Charley's enthusiasm and dedication to the sport always dominating the proceedings. It must be hoped this is the first of many such visits of our coaches to other countries both to teach and learn.

Colin Young

Brighton & Hove 18 v Steyning 32 v Police 47 (15M) at Steyning, May 1st. New international Stuart Elms led all the way to an even paced personal best round this tough, hilly course with John Lees ploughing an equally lonely furrow.

Wembley Cup Final duty prevented the Metropolitan Police from competing in their annual match against Sussex. Due to lack of transport for the officials, local secretary Dave Stevens had to forego racing and complete the circuit by car—consequently he lost the Sussex League title which was won by Tony Geal who had shown consistency in completing all 15 races. 1, S. Elms (B&H) 2:02:13; 2, J. Lees (B&H) 2:04:21; 3, L. Ruddock (Ilf) 2:10:26; 4, A. Geal (Stey) 2:17:14; 5, R. Penfold (Stey) 2:17:54; 6, K. Dale (B&H) 2:18:16; 7, D. Sheppard (Ex P) 2:22:30; 8, J. Hedgethorpe (Ex P) 2:22:43; 9, D. Saunders (B&H) 2:25:08; 10, J. Miller (Stey) 2:25:38. Teams: 1, Brighton & H 18; 2, Steyning 32; 3, Police 47.

Alan Buchanan

NIHILL'S FOURTH OLYMPICS

Olly Flynn won the RWA 20km walk championship, incorporating the Olympic trial, at Southend last Saturday in 1:30:00, followed by Paul Nihill (1:31:38) and Brian Adams (1:31:58). For Nihill it will be his fourth Olympic selection, equalling Dorothy Tyler's British 'record'. Roger Mills collapsed and did not finish. Other placings: 4, Carl Lawton 1:32:15; 5, Roy Thorpe 1:35:35; 6, Shaun Lightman 1:36:30. Full coverage next week.

BOIT v SUSANJ AT CRYSTAL PALACE

The Philips sponsored Borough Road College v AAA match at Crystal Palace on May 26th (6pm) is shaping up as an outstanding occasion. The organisers have succeeded in obtaining a clutch of great athletes from abroad as well as many of Britain's top Olympic hopefuls. Among those who have accepted invitations and will appear subject to fitness: **(100/200)** Steve Riddick (US), Hasley Crawford (Tri); **(400)** Jerzy Pietrzyk (Pol); **(800)** Mike Boit (Ken), Luciano Susanj (Yug); **(1500)** Brendan Foster, Ian Stewart, Gheorghe Ghipu (Rum), Janos Zemen (Hun), Jos Hermens (Neth); **(3000)** Dave Black, Tony Simmons, Nick Rose, Ray Smedley; **(400H)** Alan Pascoe, Frank Nusse (Neth); **(PV)** Wojciech Buciarski (Pol), Brian Hooper; **(TJ)** Carol Corbu (Rum), Aston Moore, Ron Livers (USA); **(SP)** Geoff Capes, Reijo Stahlberg (Fin); **(DT)** Pentti Kahma (Fin), Tancred; **(JT)** Jorma Kinnunen (Fin), Terje Thorslund (Nor), Charles Clover; **(women's 100/200)** Sonia Lannaman, Andrea Lynch; **(300)** Riitta Salin (Fin), Jelica Pavlicic (Yug); **(800)** Mariana Suman (Rum), Lesley Kiernan.

7th SPALDING RELAYS

Castle Track, Sunday, August 1st

Start 1 p.m.

4 x 100m, 4 x 200m S/J, Y, B, SL, IL, JL;
4 x 400m S/J, B, SL; 4 x 800m Y; 3 x 800m
SL, JL. Team Events (3 score) S/J 5000m,
Boys' 1500m.

Entries close July 19th (20p per event)

(A.A.A./W.A.A.A. Laws). Entries: R. E. S. Clay,

24th HOLBEACH '10' ROAD RACE

Fast, quiet country course. £50 in prizes.

Saturday, August 7th, at 3 p.m.

Farmer School, Park Road, Holbeach

Team Fee (Incl. Ind.): £1 any number, 3
score. Individual 25p.

Entries close July 25th

82 Spalding Road, Holbeach, Lincs (0406-23316).

FLEET & CROOKHAM A.C. PETER DRIVER MEMORIAL ROAD RACES

(Under A.A.A. Laws)

CALTHORPE PARK, FLEET, HANTS**SATURDAY, 5th JUNE, 1976****2 MILES (Boys)—2.30 p.m.****4 MILES (Senior Men)—3.00 p.m.**

Team and Individual Trophies and prizes.

Entries to Peter Hynard, 93 Tavistock Road, Fleet, Hants.

Fees: 25p per Ind. Teams 4 run, 3 score.

CLOSING DATE 3rd JUNE, 1976

CHELTENHAM & COUNTY H 7.4 MILES FESTIVAL

ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 10th JULY, at 6 p.m.

Prizes: 1st 4 Ind., 1st Vet. Awards 1st 3 Teams. Standard Medals to all inside 39 mins, not gaining any other award.

Entry Fees: 25p Ind., 40p Team. All must enter as Individuals.

Entries to C. B. Franks, 23 Salisbury Avenue, Cheltenham, Glos.

ENTRIES CLOSE MONDAY, 28th JUNE

THURROCK/ESSEX '01'

SUNDAY, JUNE 20th at 3pm

(Under A.A.A. Laws)

King George's Sports Ground**Blackshots Lane, Grays, Essex**

Open Race: Prizes first six, first Veteran, first 3 teams. Essex Awards: Trophies, Medals.

Entry Fee: 30p per Individual & 30p for Team. Entries to: David Chawner, 59 Grove-lands Way, Grays, Essex.

CLOSING DATE: 10th JUNE, 1976

50th Annual CIVIL SERVICE SPORTS

June 20th, in College Park, Dublin

100m, 200m, 800m, 1500m, 10,000m H.J., L.J., Vets. 800m, Women's 100m, 1500m, Boys 800m (Under B.L.E. Laws). Entries to: F. Duffy, 6 Shandon Park, Dublin 7.

HYDE 8 MILE ROAD RACE

(Under AAA Laws)

Sponsored by Sulzer Bros UK Ltd

SUNDAY, JULY 4th, at 12 NOON**At Windy Harbour Farm, Werneth Low**

Fees: Ind. 20p, Team 30p. Closing date 27th June. Entries to D. O'Leary, 15 Sherwood Road, Woodley, Stockport.

VERLEA A.C.

WELWYN

HALF-MARATHON

Sponsored by Fine Fare Ltd. and

Reebok International

SATURDAY, 26th JUNE, 1976

Prizes: First three Ind., first Vet., and first three Teams (6 run, 3 score).

Entry Fee: 30p and S.A.E. for details to P. Munden, 13 New Road, Stanborough, Welwyn Garden City, Herts.

CLOSING DATE 19th JUNE, 1976

UXBRIDGE & DISTRICT LADIES A.C.

OPEN GRADED MEETING FOR LADIES

(Under W.A.A. Rules)

On 5th June & 31st July, 1976**At Uxbridge Track, Park Road****Uxbridge, Middlesex****Starting 2 p.m.**

All events for all ages including walks providing sufficient demand. Entries on the day. Fees: 15p per athlete. Further information from Mr G. Cope, 61 Thornhill Road, Ickenham, Uxbridge, Middx. Phone: Ruislip 72385.

CLASSIFIED ADVERTISEMENTS

5p per word. Box No 20p extra. Trade 10p per word, 6 insertions of same copy 9p per word, 13 insertions 8p per word, 26 insertions 7p per word—prepaid.

ATHLETES replace that vital energy to improve performances with the complete food supplement (Cocoa or Vanilla) as used by U.S.A. athletes. Unconditional money back guarantee. Send £9 for months course. 19 Lime Grove, Birmingham B19 1RX.

MEDALS, CUPS, PLAQUES, Engraving unbeatable prices. Brunwin, 1 The Avenue, Brentwood, Essex. Telephone 214073. Gilt Medals 32p.

TRACK & TRAINING SHOES by Adidas, Puma, Gola, Patrick, Tiger. Track & Rainsuits: Adidas, Speedo, Litesome, Europa, etc. Separates available. Club discounts. Many cut price lines, including Puma Sprint spikes, 2½ to 5½ £6.50. Puma Tampico spikes, 3 to 5 £6.80, Puma Aero 4 to 12 (£13.50), S/gear £11.00, Tiger Olympia XIX 4 to 12 (£16.50), S/gear £11.00. Post paid. For current stocks ring 01-346 7778/9. "Sports-gear", 11 Station Road, Finchley, N3 2SB.

ADIDAS 3 STRIPE 'T' SHIRTS—WHITE/NAVY — YELLOW/NAVY — SKY/NAVY — ORANGE/BLACK—RED/WHITE. Sizes 26"/28"—30"/32" £2.00 each or £22.00 per dozen. Sizes 34"/36"—38"/40"—42"/44" £2.50 each or £27.50 per dozen. POST FREE from Capital Sports, 136 St. Albans Road, Watford. Telephone Watford 39307.

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. £1 per centimetre, per insertion, **prepaid** (minimum 2cms). Quarter-page £9; Half-page £15; Page £26, per insertion, **25 per cent discount to clubs on four or more insertions of same copy.** Cheques or Postal Orders to be crossed and made payable to "Athletics Weekly". Copy date—10 days before publication.

ANDOVER & DISTRICT A.C.

Fourth Annual

CARNIVAL ROAD RACE

4.2 Miles Under AAA Laws

SATURDAY, 3rd JULY, 1976

Immediately prior to Procession, 5.15pm approx.

Medals to first 3 Ind. & first 3 Teams (4 to score), 1st Vet. Trophy to winner.

Entries by Monday, 28th June, 1976, to Mrs B. Hollandt, Windy Ridge, Cutting Hill, nr. Hungerford, Berks. S.A.E. further particulars.

SWINTON & PENDLEBURY SPORTS COUNCIL 6 MILE ROAD RACE

Under AAA Laws 2 Laps

Wednesday, 16th June, at 7.30 pm from

Swinton Rugby Gd., Pendlebury Rd. Entrance

Organised by Salford Metropolitan A.C.

Sponsored by Automat Ltd.

PRIZES VALUED £50

For Teams, Individuals and Veterans

Teams 6 run, 3 count. Fee: 20p per Ind.

Teams may be declared on day, entry fee 50p.

Entries accepted up to 7.15pm on day of race

—fee then 30p. Entries on AAA forms to Mr

H. S. Brown, 8 Beechfield Road, Swinton,

Manchester M27 1RE. Cheques to be made

out to Salford Metropolitan A.C.

No entry accepted without fee

THAMES VALLEY HARRIERS OPEN GRADED MEETING

(Under A.A.A. and W.A.A.A. Laws)

AT WEST LONDON STADIUM

WEDNESDAY, JUNE 2nd

7.00 p.m. 200 metres; Hammer; Triple Jump

7.30 p.m. 800 metres

7.45 p.m. Javelin; Long Jump

8.00 p.m. 800 metres—SENIOR LADIES

8.30 p.m. 3000 metres

(approx.)

Entries: Vets, Seniors and Ladies 20p per event, others 15p per event to J. R. Sexton, 11 Hillview Court, Hillview Rd, Woking, Surrey, stating name, age, address, club, event and best recent performance.

Entries definitely NOT accepted on the night

CLOSING DATE MAY 29th

BRINSCALL FESTIVAL OF SPORT

Blackburn Harriers & A.C.

GREAT HILL FELL RACE (8km)

Saturday, 19th June, 1976, at 7.30 p.m.

Brinscall between Chorley & Blackburn

Over £100 in prizes, first £12 Individual, Vets and Spots.

Entries 25p, Supper Dance £1.00. A. Rawston, 12 Balmoral Drive, Brinscall, Lancs PR6 8ST.

FOURTH ANNUAL ELDERSFIELD

BEER RACE (4.6 miles)

(Under A.A.A. Laws)

MONDAY, MAY 31st, 11.30 a.m.

FROM GREYHOUND INN

Eldersfield, Near Gloucester

Prizes: First ten, first Vet. (O/50), first and second Vets. (O/40), first Junior, first Youth.

Free Beer to all Runners

Entry fee: 25p to Terry Haines, 48 The Triangle, Gloucester GL2 0NG, by Thursday,

May 27th. No late entries accepted.

Record: 20min. 13sec., Andy Holden 1974.

HORSHAM BLUE STAR HARRIERS

HORSHAM FESTIVAL

10 MILES

OPEN ROAD RACE

Team and Individual

(Under A.A.A. Laws)

SATURDAY, JULY 17th, at 3.15 p.m.

Start & Finish in Horsham Park

Prizes: First 4 Indiv., first Vet., first 3 Teams (3 to score).

Entry Fee: 20p per Indiv. (no Team fee).

Entries (SAE for result sheet) to Mr L. Ratley, 42 Brighton Road, Horsham, Sussex RH13 5BTN. Entries close Wednesday, July 7th.

Dressing Rooms: Collyers School, Hurst Road,

Horsham (5 mins from Station).

GOLDEN VALE ATHLETIC CLUB

in conjunction with

Hanwell Carnival Committee

CARNIVAL '5'

5 MILES SENIOR MEN'S

OPEN ROAD RACE

(Under A.A.A. Laws)

for the

CARNIVAL CUP

(Holders: North London A.C.)

SATURDAY, 19th JUNE, 3.30 p.m.

Elthorne Pk., Boston Rd., Hanwell W.7

Medals: First 3 Teams (4 run, 3 score).

Carnival Cup to winning Team for 1 year.

Prizes: First 3 Ind., first 3 Vets.

All enter as Ind. (20p) to M. Barber, 66 Framfield Road, Hanwell W.7 (01-567 0705).

Entries close Tuesday, 15th June (SAE please)