

a

weekly

INCORPORATING
MODERN ATHLETICS
& WORLD ATHLETICS

thletics

INSIDE

★ Pat Jones answers the Questionnaire

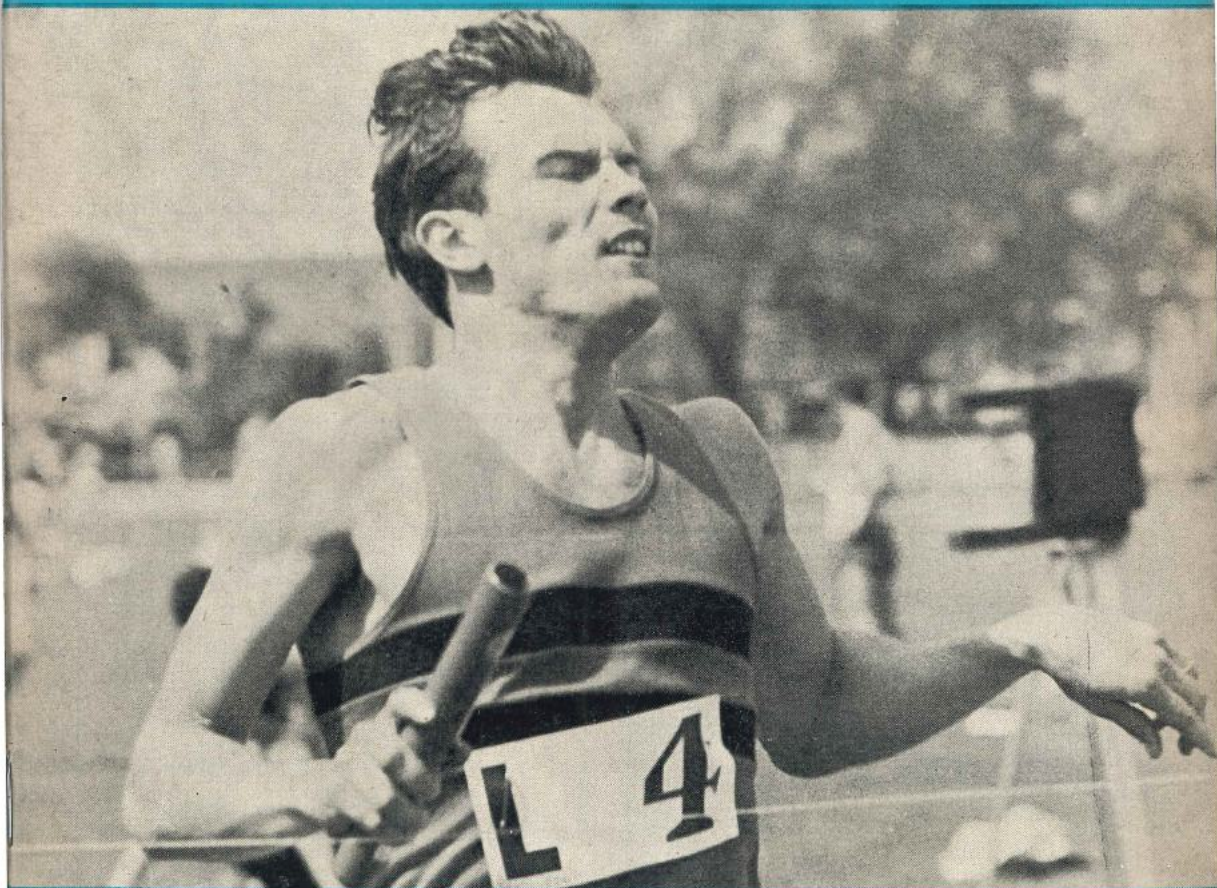
★ Latest Overseas News

★ Pilot National League

★ The Metrication of Running Tracks

★ AAA v. Birmingham Univ.

★ Oxford v. Cambridge



1/6

CHRIS CARTER,
holder of the UK
800 metres record

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A GOLDEN OPPORTUNITY

THE BAAB and Golden Wonder Limited (Britain's leading potato crisp manufacturer) are co-operating in an all-out drive to raise urgently needed funds for the training of our Olympic athletes . . . and everyone in the sport can help this worthy cause.

The scheme, which will be advertised on a massive scale all over the country, is that for every five empty Golden Wonder crisp packets sent in to a special address, the company will donate 2d. to the BAAB, while for each single peanuts packet returned 1d. will be given. Considering that 40 million packets of this particular brand of crisps are sold EACH WEEK it does not take much thought to realise that the Board could benefit very handsomely indeed during the 14 weeks of the campaign. As an initial gesture, a cheque of £3000 was handed over last week to meet the costs of, among other things, the high altitude training camp currently in session at Font Romeu. Other projects on which it is envisaged the money will be spent include an additional get-together for the Olympic team at Crystal Palace on August 25th, the sending of teams to such overseas events as the USA and Rumanian Championships, and the provision of extra National Coaches at Mexico City. Any funds surplus to the needs of this year will go into a special fund which will be used to assist the training of young athletes, with the 1972 Olympics in mind.

And where do you come in? Well, each 'donation' of five crisp bags or one nuts packet will automatically entitle the sender to enter a special Olympic competition with free trips to the Games as prizes . . . which is incentive enough to get munching. Clubs could play a vital part, with each appointing a member who would be responsible for collecting empty bags and sending them, every week or two, to Les Golding, c/o BAAB, 26 Park Crescent, London, W.1. Les will keep a record of each club's contribution and we shall be pleased to publish a "league table" . . . so, secretaries, make sure your club is well to the fore.

* * *

London Athletic Club, the oldest open athletic club in the world, adds another "first" to its collection by staging the inaugural meeting on the Tartan track at Crystal Palace this Sunday (May 19th). It will take the form of an inter-club match between LAC, Croydon, Epsom & Ewell, SLH and Borough Road College, but in addition—at the BAAB's request—a number of invitation events are being laid on for the benefit of international-class athletes.

Among those invited are Ron Jones and Bob Frith (100m), Martin Winbolt Lewis, Dave Dear, Jim Barry and John Adey (200m), Alan Pascoe, Mike Parker, Rupert Legge, George Tymms and Laurie Taitt (110m hurdles), John Boulter (1500m), Della James, Janet Simpson and Jenny Pawsey (women's sprints). The meeting starts at

2.30, admission is free and one hopes the enterprise being shown will be better rewarded than was the case with the Sward Trophy last week-end (see Arthur Winter's letter on page 9).

Still on the subject of the Crystal Palace track, one must praise the Central Council of Physical Recreation for offering free use of the training facilities at the National Recreation Centre to all Olympic "possibles" (applications to Mary Tupholme at the BAAB). The eight-lane 400m track, laid at a total cost (including jump run-ups, etc.) of £67,400, is the first of its type in Europe to be ready for competition.

* * *

A number of readers have written in asking whether, in view of the publication of our monthly stable-mate *Women's Athletics*, we intend to continue our coverage of women's athletics news in *Athletics Weekly*. The answer is an emphatic YES. There is absolutely no change in policy; we shall publish all the news, results and features which we consider of significance and, if anything, the coverage should be more comprehensive than in the past. The reason that I abolished "With The Ladies" as a separate section was to enable greater prominence and detail to be accorded to newsworthy women's items, and the intention is that the two magazines should be complementary to one another.

Women's Athletics, by the way, has deservedly met with wide acclaim and I, for one, would like to add my congratulations to its 21-year-old editor, Cliff Temple.

THE EDITOR

MIDLAND COUNTIES W.A.A.A.

CHAMPIONSHIPS

AT THE ALEXANDER SPORTS GROUND
ALDRIDGE ROAD, PERRY BARR,
BIRMINGHAM

Saturday, 8th June, 1968, at 11.15 a.m.

(Standards in brackets)

Senior 100m (12.4), 200m (26.0), 400m (63.0), 800m (2.25), 1500m (5.12), 1½ Miles Walk (13.00), 80m Hds (12.0), 200m Hds. (32.0), HJ (4'9"), LJ (16'9"), Javelin (110'0"), Discus (110'0"), Shot (34'0").

Inter. 100y (12.0), 200m (27.0), 800m (2.35), 80m Hds. (12.4), LJ (15'6"), HJ (4'8"), Javelin (94'0"), Discus (86'0"), Shot (27'0"), Mile Walk (9.38).

Junior 100y (12.3), 800m (—), Mile Walk (9.40), 80y Hds. (12.8), LJ (15'3"), HJ (4'5"), Javelin (80'0"), Discus (78'0"), Shot (28'0"), 4x110y Relay.

Also a Grade "B" 100 yards Scratch Race for competitors who have never won a prize in a 100 yards event (entry fee 2/6).

Championship Entry Fees: Seniors 4/- per event, Inters. 3/6, Juniors 2/6, Relay 6/- per team.

Entries close Monday, May 20th, to Miss A. Fenn, 22 Wrekin Road, Perry Barr, Birmingham, 22c.

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January 1st—December 31st, 1967

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THE WEEK AHEAD

SCHEDULED events today (May 18th) include the UAU Champs. at Motspur Park (397 athletes from 25 Universities entered, including McStocker, Briscoe, Caine, Wadhams, B. Williams, Perkins; first event at 11 a.m.), Midland 6M, Decathlon and Relay Champs. at Brierley Hill, Northern 6M Champ. and Longwood "Cup Final Day" Meeting at Huddersfield, Northern Decathlon and Jnr. Pentathlon Champs. at Kirkby, Isle of Wight and RRC Marathon, West Cornwall AAC Marathon, East Hull "12," Malkin Trophy at Tooting, Cheshire Champs. at Hartford, W. Wales Champs. at Johnstown (Carmarthen), Monmouthshire Champs., Northants Champs. (Pt 1), Staffs WAAA Champs. at Aldersley, Warwicks WAAA Champs. at Solihull, Kent WAAA Champs. at Erith, Herts WAAA Champs. at Watford, Middx. WAAA Champs. at Feltham, Surrey Decathlon and Relays at Wimbledon Pk., Camden AC Metric Meet at Parliament Hill, SCAAA Juniors v. Wellington C. at Crowthorne, Open 2000mSC at Cambridge.

Sunday, May 19th: GB representatives in Rome (Bruno Zauli Memorial), Karl-Marx-Stadt (Marathon) and Leipzig (20km Walk); Northern, Midland and Surrey Decathlons (contd); Hants WAAA Champs. at Southampton, Derbyshire Champs. (M&W) at Derby, Essex Champs. (Pt 1) at Ilford, Midland Women's Field League at Perry Barr, LAC Inter-Club Meeting at Crystal Palace.

Tuesday, May 21st: Notts Champs. (Pt 1) at Sutton-in-Ashfield, South London Schools Champs. at Crystal Palace.

Wednesday, May 22nd: London Univ. v. Oxford Univ. at Motspur Park, TVH Open Meet at Alpertown.

Thursday, May 23rd: British team at Beziers (France), Herts Open Meet at Welwyn.

Friday, May 24th: JUNE ISSUE OF "WOMEN'S ATHLETICS" OUT.

WALKING

NIHILL TAKES NATIONAL 20Km.

PAUL NIHILL took no less than 2 minutes 13 seconds off his Championship Best, set in Cardiff three years ago, with a time of 1:31:19 in the National 20 Kms Championship last Saturday. Undeclared for over six months, Paul chalked up his 21st successive victory with a fine finishing effort over the last five kilometres.

From the start John Webb and Nihill led, quickly shaking off Bob Hughes, and they were still together at ten kilos having had quite a conversation *en route*. The next quarter of the race provided the real action, Nihill making a break and opening a gap of 100 yards only for Webb to close it a mile or so after. Not to be denied, the Surrey man made a further effort just before the 15 Kms mark and this time it proved decisive. No doubt Paul's 55 miles over each week-end in the last few months gave him the vital edge in strength.

By COLIN YOUNG

In third place Peter Fullager again displayed an almost casual early pace but was moving through very quickly over the second half of the race. Jake Warhurst, going from strength to strength, showed excellent finishing ability in getting away from Lightman, Middleton and Wallwork, the last-mentioned now starting to improve to his best form. The overall standard was unprecedented with only Fullager of the first six not improving his personal best and the first 23 men gaining first class standards on a far from easy course with gusty winds making progress difficult at times.

It was interesting to note Lightman and Middleton beating so many of the 20 Kms specialists and their new-found pace augurs well for future excursions over the longer distances. Amongst the non-finishers were Arthur Jones and Roy Lodge, who both faded rapidly before retiring, and John Kirk who was disqualified just after 10 Kms when in fourth place. The battle for team supremacy was an extremely close one with all three placed teams having to wait a long time

At Coventry, May 11th

for their final counter. Belgrave eventually triumphed despite John Moullin suddenly cracking. Metropolitan WC were missing an injured Arthur Thomson and also had Wilf Holloway disqualified.

1. P. Nihill (Surrey WC) 91.19
2. J. Webb (Basildon) 92.13
3. P. Fullager (Basildon) 92.38
4. J. Warhurst (SUH) 93.25; 5. S. Lightman (MWC) 94.00; 6. R. Middleton (Bel) 94.06; 7. R. Wallwork (Lancs) 94.25; 8. R. Hughes (RSC) 95.03; 9. W. Sutherland (High) 95.34; 10. G. Chaplin (CG) 95.43; 11. L. Duquemin (Bel) 95.50; 12. R. Hardy (SUH) 96.02; 13. J. Paddock (RSC) 97.16; 14. P. Thorn (Trow) 97.50; 15. C. Fogg (En) 97.59; 16. B. Eley (Bris) 98.03; 17. P. Markham (Leic) 98.38; 18. A. Banyard (S'end) 98.41; 19. D. Thompson (MWC) 98.46; 20. K. Easlea (En) 98.59; 21. P. Embleton (MWC) 99.02; 22. P. Bannon (Bound) 99.18; 23. M. Tolley (Leic) 99.59; 24. P. Maidment (Vids) 100.05; 25. G. Young (Bound) 100.31. 179 started. 160 finished (further results when available).

Teams: 1, Belgrave (4, 9, 19, 28-Cameron) 60; 2, Sheffield UH (2, 10, 27-Etches, 30-Eddershaw) 69; 3, Met. WC (3, 16, 18, 36-N. Thompson) 73; 4, Lancs WC 92; 5, Leics WC 113; 6, Trowbridge 145.

The team to meet West Germany and Czechoslovakia, at Wurttemberg, near Stuttgart, on June 1st/2nd is: 20 Kms: Warhurst, Wallwork, Hughes & Sutherland. 35 Kms: Nihill, Lightman, Middleton & Chaplin. Reserves: Duquemin & Hardy.

The "over 35s" club is well represented by Len Duquemin, Roland Hardy (whose last International was the 1956 Melbourne Olympics) and George Chaplin. George (37) has had a wonderful career in walking and is currently in his 21st season. Very unfortunate in just missing selection for both Rome and Tokyo Olympics, George has a 13:57.8 two miles to his name plus third place in the Milan 100 Kms. The Coventry man not only towers over his opposition in stature (he is 6'5") but for range and consistency as well.

Junior (under 21) selections, for the four-sided

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AW6

match over 15 Kms in Italy on July 23rd, are: Embleton, Bannon, B. Adams (Leic) & J. Norman (Leic). Reserve: G. Saxty (Trow). Both Italy and Czechoslovakia have lads who will provide stiff opposition for our boys and both individual and team results should prove close.

Kent 20 Miles Road Championships, at Mitcham, April 27th. 1, D. Hopkins (Medway) 3:03.17; 2, C. Harding (B'th) 3:10.37; 3, W. Hill (Sy WC) 3:11.21.

Coventry Godiva 2M., May 6th. 1, G. Chaplin 14.09; 2, J. Norman (Leic) 14.57; 3, W. Newhill (Leic) 14.58; 4, W. Wright (S'end) 15.01; 5, J. O'Brien 15.21; 6, T. Morris 15.34.

Veterans AC 5M. Road Walk, at Tooting Bec, May 7th. 1, F. Nickolls (Sy WC) 42.58; 2, R. Rudd (Vets) 44.15; 3, E. Levitt (Sy AC) 44.36; 4, A. Roberts (High) 45.08; 5, G. Brooker (Sy WC) 45.30; 6, A. East (Bel) 46.20. H'cap: Roberts.

Essex Track 7M., at Woodford Bridge, May 7th. On a far from perfect surface John Webb walked in his usual faultless style to break Colin Williams' championship best by 36 seconds, clipping his own personal best by eight seconds in the process, with a 51.29 clocking. Williams gained second place more easily than the times suggest, nursing clubmate Brian Armstrong through to a personal best. Though, naturally, tiring towards the finish, 18-year-old Olly Flynn, another of Basildon's youngsters, clocked an excellent 56.38 to beat many established performers. 1, J. Webb (Bas) 51.29; 2, C. Williams (Ilf) 54.42; 3, B. Armstrong (Ilf) 54.43; 4, R. Mills (Ilf) 55.35; 5, O. Flynn (Bas) 56.38; 6, D. Scrimshaw (Wd. Gn) 56.47.

Fast Essex youngsters: During recent weeks two outstanding track performances have been produced by Olly Caviglioli (Basildon) who clocked 7:22.8 (98s first lap) at West Ham on May 1st and followed this a week later with 15:39.4 for two miles on a soaked Thurrock track. Olly, not 16 until December, promises to follow in the footsteps of illustrious clubmates Webb and Fullager. Chasing him in both events was Essex Beagle Bob Fortune (7 months older) who recorded 7:38.0 and 16:21.0 respectively.

Change of address: The address of Flt. Lt. G. ("Dicky") Bird, Hon. Walking Sec. of the RAF, is now PFO OCTU, RAF Henlow, Beds.

Font Romeu Additions: Late additions to the seven athletes mentioned last week were Don Thompson and Arthur Jones who will both, by now, be enjoying the delights(!) of altitude training.

National 20 Miles Entries: Please note that entries for this championship close on June 8th. Championship secretary is Jack Hadley, 114 Elizabeth Avenue, Little Chalfont, Bucks.

This week-end's events include the clash of our trio (Fullager, Webb and Thorn) with an East German trio near Leipzig. Frank Jarvis travels as team manager. It will certainly be interesting to see how our lads compare with the Lugano Cup champions. At home there are the Leicester WC Annual Schools Walks (three age groups) and at Steyning the local club meet the Metropolitan Police over 15 miles.



Moustachioed Nick Overhead winning the 440 in 49.1 in the Southern Counties v. Oxford match.

B. G. Potter

Somerset 20M. Championships, at Winterbourne, Bristol, April 27th. (Very heavy rain with cold winds) 1, D. Eley 2:44.0 (83.42, 80.58); 2, D. Smythe 2:45.34 (83.42, 81.52); 3, T. Chorley 2:55.00.

Gloucestershire 20M. Championships, at Winterbourne, April 27th. 1, A. Farley 3:11.20; 2, W. Evans 3:41.50.

Mile Track Walk, at Stretford, May 7th. 1, R. Wallwork (Lancs WC) 6.45; 2, D. Ward (Bolt) 7.23; 3, S. Crow (Bolt) 7.33. **(Boys 1M)** 1, R. Kullets (Stock) 8.33; 2, Arden (Stock) 8.39.

CHANGE OF DATE

The Northern Counties 2 Miles Walk and 1 Mile Junior Walk Championships, originally arranged to take place at Bolton on July 20th, will now be held a week later on July 27th.

GUESTS WELCOME

The British Universities and P.E. Colleges Decathlon/Pentathlon championships will be held at the University of Birmingham on Tuesday and Wednesday, June 25th/26th. Other Decathlon/Pentathlon enthusiasts are welcome to take part as guests and entry forms are available from the General Secretary, BUSF, 28 Woburn Square, London, W.C.1. (Telephone 01-580 3618). Closing date: June 10th.

Crushing Victory By Oxford

Mike Hauck wins both sprints but sparkling quarter by Winbolt Lewis

A MINIMUM of spectators and a maximum of rain heralded the 94th edition of the Oxford v. Cambridge match. The soccer fan—who undoubtedly controls these things—timed the torrential rain perfectly to coincide with the start of the meeting, and in a very short time the track was under water. In the circumstances the standard of performance in the running events was overall quite remarkable.

Oxford President, Mike Hauck, repeated his wins of last year in the sprints, looking very impressive in the furlong where he had a lead of some 6-7 yards entering the straight. Prior to this event the Cambridge Secretary, Martin Winbolt Lewis, still suffering the after effects of a temperature of over 100° the night before, had had his request to move the lanes used turned down by the judges. This, allied to his other troubles, left him in a very dispirited mood for the last event of the day, the quarter. But here he showed his real potential in recording 47.3 to miss the Olympic qualifying mark by a fifth of a second. Dick Green, overshadowed by the other two in the sprints, came through strongly for second place.

Stan Greenberg reports on Saturday's White City clash

In the 880 Derek Perry led through 57.9, lost the lead but then came again to win in a time which was the slowest for 15 years, but which may well be near to a record in such conditions. With the rain letting up, the mile was to form with Cambridge's second string, Bryant, leading through 62.4 and 2:05.2, then Rix reaching the bell in 3:10.2 and powering his way off the final bend to win easily. Henk Altmann was untroubled in recording his third consecutive win in the 3 miles, the first hat-trick in this event since 1906-8.

The steeplechase, only enlivened by a fall in the second lap by Jones, saw Braithwaite—surely our next under-9 man—set the second fastest time of the series. The field events were poor, weather notwithstanding, highlighted only by Pardee in one of his rare appearances, and come-through throws in the last round of the javelin by Oxford's duo. A most unfortunate young man was Roger Willey who, entering the straight in the intermediate hurdles, seemed sure of victory over a tiring Ian Dawes. But at the last hurdle the Light Blue, who 3 months ago had never donned a running shoe, crashed into it, either from tiredness or inexperience. He can find consolation from the fact that his illustrious college predecessor, Angus Scott, regularly did the same thing early in his career, but went on to break the British record.

The result of the match, 90-63 to Oxford, reflected as much as anything the superiority of the

Oxford's "foreign mercenaries" over those from Cambridge, though what the Australians, South Africans and Americans thought of British Spring weather would make interesting reading. Indeed it was suggested, not all that flippantly, that the meeting should be put back to its traditional date in March in order to guarantee better weather. Certainly it could be no worse.

100: 1, M. Hauck (O) 10.0; 2, M. Winbolt Lewis (C) 10.0; 3, R. Green (C) 10.0; 4, A. Shoebridge (O). **220:** 1, Hauck 21.7; 2, Winbolt Lewis 22.0; 3, Green 22.1; 4, A. Ronay (O) 22.9. **440:** 1, Winbolt Lewis 47.3; 2, Green 48.1; 3, Hauck 48.4; 4, R. Coates (O) 52.0. **880:** 1, D. Perry (O) 1:54.9; 2, J. Pickles (C) 1:55.0; 3, C. Cusick (C) 1:55.4; 4, M. Warburton (O) 1:56.0. **Mile:** 1, J. Rix (O) 4:10.3; 2, J. Beckett (O) 4:13.3; 3, R. Cross (O) 4:14.2; 4, D. Bryant (C) 4:14.6. **3M:** 1, H. Altmann (O) 13:51.8; 2, J. Waterhouse (O) 13:57.4; 3, J. Farmer (C) 14:04.0; 4, H. Chadwick (C) 14:18.2. **3000mSC:** 1, P. Braithwaite (O) 9:07.8; 2, J. Hazelden (C) 9:19.6; 3, P. Bernstein (C) 9:41.2; 4, R. Jones (O)



Ron Grove comes in to win the Midland Marathon title at Redditch in the fast time of 2:20:21.6.
G. L. Pike

10:24.0. **120H:** 1, J. Crossman (C) 15.9; 2, P. de Villiers (O) 16.3; 3, R. Young (C) 16.5; 4, D. Clementi (O) 16.6. **220H:** 1, de Villiers 25.2; 2, Clementi 26.6; 3, R. Clements (C) 27.6; 4, Crossman. **440H:** 1, I. Dawes (O) 55.4; 2, G. Eltringham (C) 55.6; 3, Clementi 55.8; R. Willey (C) dnf. **HJ:** 1, C. Pardee (O) 6'4"; 2, J. Arriens (C) 5'10"; 3, J. Antill (O) 5'8"; 4, F. Gayford (C) 5'8". **PV:** 1, H. Wagenseil (O) 12'0"; 2, C. Kidd (O) 11'0"; 3, T. Wightman (C) 10'0"; 4, N. Quinn (C) 10'0". **LJ:** 1, Shoebridge 22'0"; 2, G. Maddocks (O) 22'0"; 3, D. Mylrea (C) 21'5"; 4, J. Monahan (C) 19'11". **TJ:** 1, Shoebridge 46'7"; 2, L. Griffin (O) 46'4"; 3, R. Tailby (C) 44'10"; 4, J. McGillivray (C) 41'9 $\frac{1}{2}$ ". **SP:** 1, C. Cogswell (C) 47'11 $\frac{1}{2}$ "; 2, A. Loader (C) 46'5 $\frac{1}{2}$ "; 3, R. Speed (O) 44'11"; 4, A. Shantsis (O) 43'3 $\frac{1}{2}$ ". **DT:** 1, R. Bardelang (C) 137'2"; 2, Cogswell 135'1"; 3, D. Henry (O) 133'3"; 4, Speed 108'8". **JT:** 1, A. Heath (O) 213'11"; 2, C. Butterworth (O) 203'11"; 3, I. Perring (C) 199'4"; 4, L. Hatten (C) 185'10". **Result:** Oxford 90, Cambridge 63.

GOOD PERFORMANCES IN CORONATION TROPHY

At Chelmsford, May 5th

1, Borough Road C. 113; 2, Chelmsford 49; 3, Verlea 41; 4, Borough of Enfield 40; 5, eq. Ipswich & Medway 35; 7, Essex Beagles 24; 8, Southend 16; 9, Harlow 8. 100: 1, R. Jones (BE) 9.9; 2, A. Pascoe (BRC) 10.0. 880: A. Sell (BRC) 1:56.1. 3M: 1, I. Mouat (BRC) 14:11.2; 2, R. Campbell (Ex Bgls) 14:29.6. 3000mSC: 1, M. Dixon (V) 9:27.4; 2, R. Fisher (BRC) 9:35.8. 120H: 1, R. Legge (C) 14.8; 2, S. Black (EB) 15.0. 4x110: Borough Road C. 44.0. HJ: M. Weaver (M) 6'1". LJ: R. Bassett (M) 21'11". SP: 1, W. Tancred (Ips) 54'4"; 2, M. Pollard (Har) 44'11 $\frac{1}{2}$ ". DT: 1, W. Tancred 176'8" also (176'1", 175'1"); 2, P. Bullock (Had. Olyguest) 166'0"; 3, P. Tancred (Ips) 160'6"; 4, R. Boyd (BRC) 134'10". JT: 1, R. Sherlock (BRC) 203'10"; 2, Taylor (BE) 182'7"; 3, N. Steed (Ips) 177'9".

(Jnrs/Yths/Boys) 1, Chelmsford 103; 2, Boro' of Enfield 75; 3, Essex Beagles 59; 4, Verlea 50; 5, Ipswich 44; 6, Medway 31; 7, Southend 21; 8, Harlow 20. (Jnrs) 100: 1, P. Pinnington (BE) 10.1; 2, R. Smith (C) 10.4. SP/DT: P. Tancred (Ips) 53'10 $\frac{1}{2}$ "/160'10". (Yths) 440: P. Lloyd (V) 52.8. JT: R. Hare (C) 180'9".

(Women—"Pope & Smith" Trophy) 1, eq. Verlea & Boro' of Enfield 85; 3, Southend 84; 4, Chelmsford 78; 5, Medway 71; 6, eq. Harlow & Ipswich 15; 8, Boro. Rd. C. 3. 100: 1, L. Peck (BE) 11.1; 2, L. Rabey (BRC) 11.4; 3, J. Philp (C) 11.5. 220: Peck 26.0. 880: 1, P. Moul (V) 2:14.5; 2, C. Frith (I) 2:21.2. 80mH: Philp 11.8. 4x110: 1, Enfield 50.7; 2, Chelmsford 50.8. HJ: C. Ryder (BE) 4'11". SP: A. Daniels (V) 37'7 $\frac{1}{2}$ ". DT: 1, B. Mercer (V) 112'8"; 2, Daniels 109'6"; 3, Y. Fountain (S) 107'8". (Inter) 440: (A) 1, C. Ansell (V) 63.1; 2, M. Farmer (M) 63.7. (B) Z. Myers (M) 64.5. JT: 1, B. Johnson (V) 105'5"; 2, S. Doughty (V) 101'8"; 3, P. Brunger (S) 97'2".



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National League "A"

At Chiswick, May 11th

JOHN JACKSON MAY YET RECONSIDER

ALTHOUGH John Boulter and Alan Dean, two of the advertised starters, were unable to compete as their first priority was to the Midland Counties in the match at Loughborough, an attractive field was assembled for the "Len Hutton Mile" at Chiswick last Saturday. The race took on an even more interesting appearance when Ray Roseman reverted to his old role as pace-maker extraordinary... he was 15 yards up at the quarter in 59.8. He was still a good ten yards clear of Hugh Barrow and Alan Joslyn at the half (2:01.2) but the strain of leading at a fast pace on a heavy track took its toll of Roseman on the third lap, and Barrow showed ahead 30y before the bell—which was reached in 3:04.7. With half a lap remaining the race was clearly between Barrow, John Jackson and Roy Young, and it was Jackson—who did not fancy his chances at all beforehand—who proved the strongest. He galloped home five yards clear in 4:05.2, a fine follow-up to his 8:48.6 steeplechase three days earlier. Jackson, a research chemist, stated once again that he is not willing to take six weeks off in order to compete at the Olympics (at the moment he is planning to end his season at the AAA Championships), but there may still be a possibility of his running in Mexico City, for he intimated that he might reconsider should he break or go near to the world steeplechase record in the weeks to come. Judging by his fearsome flat speed (7:53.4 3000m) and improved technique, he might very well duck under 8½ minutes before long.

The main business of an exceedingly damp afternoon was the inaugural meeting of the National Pilot League, incorporated into the traditional Sward Trophy field events meeting and sponsored by the Ceylon Tea Centre. This "A" section of the league involved Southampton, Wolverhampton and Bilston, Surrey AC, Birchgrove (Cardiff), Polytechnic and Bristol, with further meetings to follow at Southampton on June 29th and Wolverhampton on August 3rd. After a ding-dong struggle, home club Poly emerged the leaders with 122 points, two more than Surrey AC (who were without Dave Travis). Thus, under the rules of the league, Poly receive 6 points, Surrey 5, Southampton 4, Wolves 3, Birchgrove 2 and Bristol 1.

The outstanding individual was probably Ralph Banthorpe, who scored an even-time double in unhelpful conditions. The 100 was particularly memorable, as Banthorpe gradually cancelled out Bob Frith's early lead. Ralph was also a member of the Wolverhampton team which narrowly beat Poly in the sprint relay. Roy Fox (Southampton) was another prolific scorer, placing second in both hurdle races and the pole vault and fourth in the high jump. The outcome was that he collapsed from exhaustion after the quarter hurdles—it was just too much for a man coming back after a severe injury, especially as he contested

nine events the previous Saturday and seven on the Wednesday. Best performances in the field events (Birchgrove winning the Sward Trophy in this department) came from Gwyn Williams in the long jump and David Bayes in the hammer.

Melvyn Watman

National Pilot League: 1, Polytechnic 122; 2, Surrey AC 120; 3, Southampton 105; 4, Wolverhampton and Bilston 85; 5, Birchgrove 84; 6, Bristol 56.

100: (A) (— 0.7m/sec) 1, R. Banthorpe (W) 10.0; 2, R. Frith (P) 10.0; 3, A. Tymms (SAC) 10.1. (B) (— 4.3m) N. Overhead (P) 10.4. **220:** (A) 1, Banthorpe 22.0; 2, Overhead 22.2; 3, A. Tymms 22.3. (B) 1, Frith 22.6; 2, R. Walters (W) 22.7. **440:** (A) 1, G. Griffiths (W) 48.8; 2, R. Beck (P) 48.9; 3, C. Marchese (SAC) 51.0. (B) Fitzpatrick (S) 51.0. **880:** (A) 1, M. Geraghty (SAC) 1:56.3; 2, C. Campbell (P) 1:56.5; 3, R. Lavis (Br) 1:58.6. (B) J. Griffiths (SAC) 1:57.6. **1 mile:** (A) 1, P. Beacham (P) 4:16.9; 2, J. Snowden (SAC) 4:17.9; 3, B. Plain (Bi) 4:18.2. (B) B. Hayward (Bi) 4:22.7. **2M:** 1, W. Drake (S) 9:03.0; 2, L. Presland (SAC) 9:04.2; 3, P. Darney (Bi) 9:06.6; 4, D. Fernee (P) 9:09.2. (B) 1, P. Freeman (SAC) 9:16.4; 2, J. O'Keefe (P) 9:22.0. **3000mSC:** (A) 1, M. Hewer (Br) 9:39.6; 2, D. Bowles (S) 9:58.2; 3, J. Richards (W) 10:00.4. (B) R. Prett (S) 10:14.8. **120H:** (A) (— 4.6m) 1, G. Tymms (SAC) 15.4; 2, R. Fox (S) 15.5; 3, R. Pettit (W) 15.7; 4, C. Webb (P) 15.8. (B) (— 2.8m) 1, G. Davies (P) 15.7; 2, M. Eastwood (SAC) 16.0. **440H:** (A) 1, O. Baggott (SAC) 55.4; 2, Fox 55.6; 3, D. Barrington (P) 56.0. (B) 1, Pettit 56.2; 2, P. Ley (SAC) 56.2. **4x110:** 1, W and B 42.4; 2, Poly 42.4; 3, Surrey 43.4; 4, B'grove 44.9; 5, S'ton 44.9; 6, Bristol 46.4. **4x440:** 1, Poly 3:20.4 (C. Campbell 47.6 anchor); 2, Surrey 3:24.7; 3, Bristol 3:27.6; 4, S'ton 3:33.9; 5, W and B 3:34.3; B'grove disq. **HJ:** (A) 1, L. Hall (P) 6'0"; 2, E. Clark (Bi) 5'9"; 3, Ross (W) 5'7". (B) R. Grose (Br) 5'7". **PV:** (A) L. Jukes (W) 11'0". (B) D. Chitty (SAC) 9'6". **LJ:** (A) 1, G. Williams (Bi) 23'11½"; 2, D. Mole (SAC) 21'7". (B) 1, M. Roberts (Bi) 22'9½"; 2, C. Woolgrove (S) 22'3½". **TJ:** (A) 1, Roberts 46'8½"; 2, R. Davidge (Br) 45'9½"; 3, P. Jones (P) 44'10½". (B) P. Davies (Bi) 44'5¼". **SP:** (A) 1, J. Walters (Bi) 48'10½"; 2, R. Kennedy (S) 44'10½". (B) P. Sutton (Bi) 45'5". **DT:** (A) 1, Walters 143'11"; 2, J. Thomas (S) 133'2". (B) A. Newton (S) 119'8". **HT:** 1, D. Bayes (P) 188'1"; 2, W. Treharne (SAC) 151'7". (B) R. Walmersley (SAC) 132'7". **JT:** (A) 1, J. Greasley (P) 192'5"; 2, C. Harrison (S) 189'1"; 3, R. Granville-Martin (Br) 187'7"; 4, Mole 184'8". (B) R. Bartlett (P) 171'11".

SWARD TROPHY: 1, Birchgrove 38; 2, Polytechnic 34; 3, Southampton 32; 4, Surrey AC 27; 5, Bristol 24; 6, Wolverhampton and Bilston 20.

Invitation Events

"Len Hatton Mile": 1, J. Jackson (N. Staffs) 4:05.2; 2, R. Young (H'church) 4:06.0; 3, H. Barrow (Sale) 4:06.0; 4, A. Simmons (Luton) 4:07.8; 5, M. Rothwell (Sale) 4:08.2; 6, A. Joslyn (Poly) 4:08.7; 7, R. Roseman (SLH) 4:08.7; 8, C. Stewart (B'mth) 4:11.5. **HT:** 1, C. Melliush (Camb. H) 178'8"; 2, L. Hall (TVH) 165'3"; 3, D. Lazarides (WG) 158'1". **(Women) 100:** (— 3.1m) 1, J. Pawsey (Mit) 11.4; 2, S. Willshire (H&H) 11.5; 3, D. Ramsden (Hick. M) 11.6. **220:** 1, Pawsey 25.0; 2, Willshire 25.5; 3, Ramsden 26.4. **100mH:** 1, J. Unsted (B'ton) 15.5; 2, S. Slattery (LCAT) 16.2; P. Pryce (Hill) dnf.

Letters to the Editor

IS IT WORTH IT?

Dear Sir,

I am writing this the morning after the Sward Trophy and Pilot League Meeting at Chiswick. Together with my club colleagues and thanks to the generosity of the Ceylon Tea Centre, and one of our old half-milers, Len Hatton, we had the means of putting on yesterday's meeting in what we thought was an attractive fashion.

During the last few months we have distributed 5,900 free admission tickets and 400 showcards or double crown posters to local shops and factories, each with 20 admission tickets. The Hounslow Borough Council have twice sent out 700 notices to all their schools and youth clubs giving details of the meeting and I wrote to schools outside this network. We have had D.C. posters displayed on all the best official public sites in the Borough, together with the Sward Trophy on display in a big local shop for the last two weeks. We have had display adverts. in this magazine for the last four weeks, within the last three weeks I have issued two Press notices to all the National Press and Agencies, and last week our two Press Hon. Secs. again covered the National and Local Press.

After all this we get roughly 300 people to come to the meeting, of whom 50 were official Poly guests.

Can you justify the time and money spent on it? Is it worth it?

A. E. H. Winter,
Hon. Organising Sec.
Sward Trophy Meeting

IRRELEVANT QUESTIONS

Dear Sir,

Could anyone enlighten me as to the need for the questions asked on AAA and RWA competition entry forms? The facts asked for never seem to me to be relevant to the event. For example they ask for a person's handicap in the last race, but not his actual time. They seem more interested in the winner's time. In the section on the AAA form which asks for details of last handicap prize won, there is no space for details of the prize. The same irrelevant questions are asked.

G. L. Brown,
Newton-le-Willows

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STADIUM, MANCHESTER

on

Saturday, 15th June, at 2.15 p.m.

(Under A.A.A. & N.C.W.A.A. Laws)

OPEN EVENTS — MEN

Event	Prizes Valued		
11. 100 Yds. H'cap	£7	£4	£2
12. 220 Yds. H'cap	£7	£4	£2
13. 880 Yds. H'cap	£7	£4	£2
14. 1 Mile H'cap	£7	£4	£2
15. 2 Mile Team Race	£3	£2	£1
(4 run, 3 count) First man home	£5		
16. 2 Mile Walk H'cap	£7	£4	£2
17. MANPOL 10 MILE ROAD RACE			
(4 run, 3 count) First man home	£5,		
First Policeman home	£5.		

OPEN EVENTS — WOMEN

18. 100 Yds. H'cap	£5	£3	£2
19. 220 Yds. H'cap	£5	£3	£2
20. 4x110 Yds. Relay	4 x £3	£2	£1
21. Javelin	£4	£2	£1
22. Long Jump	£4	£2	£1
23. High Jump	£4	£2	£1

ALSO

1. Members' Daughters 80y H'cap	£2	£1	10/-
2. Members' Sons 80y. H'cap	£2	£1	10/-
3. Members 100y H'cap	£4	£2	£1
4. Div. Rly. 4x110 Yds. 4 x	£2	30/-	£1
5. Open Police 220y. H'cap	£5	£3	£2
6. Open Police 1M. Medley R.	4 x £3	£2	£1
7. Open Police Cadets R. 4 x	£3	£2	£1
8. Open Policewomen 100y. H'cap	£4	£2	£1
9. Open Policewomen 220y. H'cap	£4	£2	£1
10. Open Policewomen 4x110 R.	4 x £3	£2	£1

Entrance Fees: Open Events (Men) 2/6, (Women) 2/-, (Police) 1/6; Members, Cadets 1/-; Team & Relay Races 5/-.

ENTRIES CLOSE 22nd MAY, 1968

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AAA v. Birmingham University

At Birmingham, May 8th

"COOP" IS BACK IN BUSINESS

GOOD news for all—with the possible exception of Messrs. Sherwood, Hemery, Todd & Co.—is that "Coop" is back in business. A 48.9 flat quarter at Nottingham on April 27th was an indication that the Olympic double silver medallist was well advanced in his comeback campaign, and his magnificent performance at the AAA v. Birmingham University match on May 8th proved, without doubt, that John Cooper is again going to be a threat to the world's 440y hurdling elite. In view of the conditions—chilly, incessant rain, soggy track—a time around the 54 mark would not have been bad; Cooper clocked 52.6, his fastest since the end of the 1965 season.

He was delighted, particularly when he heard that his half-way time was 26.2. "That's where it will come off", he said, pointing out that in his best races he usually passed the 220y mark in about 24.5. Although his last two seasons were almost total write-offs competitively, due to injury, 27-year-old Cooper does not regard them as completely wasted. He feels the training he undertook during that period, coupled with the intensive work he accomplished this past winter, is having an accumulative effect, the benefit of which is now ready to be accrued. What about the 4x400m relay? "Not interested", says "Coop".

The most intriguing race of the evening at Birmingham University was the half-mile, in which John Boulter (a guest) was matched against 19-year-old John Davies, fresh from a scintillating 660y time trial of 77.7 and a personal best quarter in 49.0. Davies had hoped to reach 660 in 1:19 "and then hang on", but any such ideas had to be forgotten because of the conditions. Boulter was the leader at the bell in 56.7 and Davies went ahead with 300y to go, piling on the pace to pass 660 in 1:23. Boulter remained in control of the situation, however, and kicked past in the finishing straight. That was that, it seemed, but Davies rallied splendidly in the closing stages and must have lost by the barest of margins. Davies thought he had won, Boulter wasn't sure. The time for both was 1:51.0, a personal best in the case of Davies—whose ambitions this season include a place in the Olympic team.

There were two other particularly important performances. In the steeplechase, John Jackson drew well away towards the end from Chris Perry to clock an extremely encouraging 8:48.6 in his first attempt this season. With his admirable flat speed, Jackson could be among a number of steeplechasers likely to descend under 8½ minutes this year and it will be a pity if he goes through with his intention of stopping after the AAA Championships. Glad tidings from the hammer circle . . . Barry Williams (21) truly came of age in his speciality by cracking the 60-metre barrier with an excellent series topped by 197'0"/60.05—and a foul of 204'8"/62.38. Only Mike Ellis, Howard Payne, Peter Seddon (out for the season

with back trouble, so I understand) and Laurie Bryce stand ahead of him on the UK all-time list. Among other personal bests were Ralph Banthorpe's 48.8 quarter (he recently ran a 2:04 880y time trial!) and 18-year-old Adrian Diffey's 210'6" javelin throw. **M.W.**

100: (+ 2.2m) 1, R. Banthorpe (B) 10.0; 2, J. Harrison (AAA) 10.2; 3, S. Blackshaw (AAA) 10.2; 4, G. Silman (B) 10.2. **220:** (— 2.3m) 1, P. Cornes (AAA) 22.8; 2, Silman 23.2; 3, M. Walters (AAA) 23.8. **440:** 1, Banthorpe 48.8; 2, G. Griffiths (AAA) 48.8; 3, A. Wallace (AAA) 50.7; 4, D. Smale (B) 51.0. **880:** 1, J. Boulter (guest) 1:51.0; 2, J. Davies (AAA) 1:51.0; 3, W. Wilkinson (AAA) 1:52.3; 4, R. Steele (guest) 1:53.3; 5, P. Miller (B) 1:54.8. **1 mile:** 1, M. Rothwell (AAA) 4:13.8; 2, I. Stewart (AAA) 4:13.8; 3, R. Davies (B) 4:16.6. **2M:** 1, R. Wilde (AAA) 8:57.8; 2, J. Waterhouse (AAA) 9:12.8; 3, J. Kinsella (guest) 9:16.6; 4, P. Griffiths (B) 9:32.6. **3000mSC:** 1, J. Jackson (AAA) 8:48.6; 2, C. Perry (AAA) 8:58.2; 3, D. Davies (B) 9:22.6; 4, D. Norman (B) 9:33.0. **120H:** (+ 2.1m) 1, S. Black (AAA) 15.2; 2, R. Birrell (AAA) 15.2; 3, J. Gathercole (B) 15.8. **220H:** 1, Black 25.4; 2, Birrell 26.6; 3, R. Morrod (B) 27.0 (injured). **440H:** 1, J. Cooper (AAA) 52.6; 2, C. O'Neill (AAA) 55.2; 3, R. Richardson (B) 55.7; 4, J. Groat (B) 57.0. **4x110:** 1, AAA (A. Mollett, Walters, Cornes, Harrison) 43.1; 2, B'ham Univ. 44.0. **4x440:** 1, AAA (Wallace, O'Neill, Cooper, Griffiths) 3:18.8; 2, B'ham Univ. 3:24.0. **HJ:** 1, P. Trewin (B) 5'11½"; 2, P. Taylor (AAA) 5'9"; 3, P. Gillett (B) 5'7"; 4, R. Taylor (AAA) 5'5". **PV:** 1, D. Lease (AAA) 12'6"; 2, P. Rooke (AAA) 10'0". **LJ:** 1, A. Mollett (AAA) 22'9"; 2, P. Templeton (AAA) 21'11¼". **TJ:** 1, D. Lawrence (AAA) 48'8½"; 2, S. Power (B) 47'2"; 3, J. Bullen (AAA) 45'9"; 4, D. Glendinning (B) 44'7". **SP:** 1, C. Cogswell (AAA) 48'10"; 2, D. Irani (B) 46'11"; 3, D. Roscoe (AAA) 46'4". **DT:** 1, Roscoe 157'9"; 2, A. Drzewiecki (AAA) 151'10"; 3, Irani 145'6". **HT:** 1, H. Payne (B) 199'7"; 2, B. Williams (AAA) 197'0"; 3, C. Melliush (AAA) 178'11"; 4, P. Aston (B) 176'0"; 5, J. Skrybant (guest) 159'9". **JT:** 1, A. Diffey (AAA) 210'6"; 2, K. Holmes (AAA) 200'3"; 3, K. Gee (B) 186'2". **2M Walk:** 1, R. Hughes (AAA) 14:02.0; 2, W. Holloway (B) 15:24.2. **Result:** AAA 146, B'ham Univ. 76. **Jnr 880:** 1, P. Lewis (W & B) 1:56.3; 2, M. Mills (S. Hth) 1:58.2; 3, J. Cadman (Cov. G) 1:58.8; 4, R. Stirling (W & B) 1:59.6. **Women's 220:** 1, M. Tranter (W & B) 25.2; 2, M. Critchley (Glos) 25.5; 3, G. Dourass (S. Hth) 26.6; 4, R. Stirling (W & B) 26.6.

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Spotlight on Youth

Footnotes to Lillehall

A FEW additional jottings (see "Trackwise", April 27th) on the *Ovaltine* Young Athletes Course at Lillehall . . .

One thing stood out, possibly above all else: the quality of the instructors. Heading the list were National Coaches John Le Masurier and Peter Lay who had under them: Colin Campbell, David Edgecombe, Carlton Johnson, Alan Pascoe, John Leavold, Peter Lyons, John Salisbury, Trevor Southall, John Savidge, Colin Smith, George Saunders (AAA 100 Champion in 1933, 1934 Empire Games gold medallist), Tony Tymms, George Tymms, Harry Wilson, Henk Altmann, Andy & Mary Green, and Guy Butler.

The aghast attitude of Trevor Marsay (23'5" last year) was delightful to behold following Trevor Southall's comments on his long jumping: "He said I was basically all right but that I should come back in a year's time when I had learned how to run!"

I learnt from George Saunders that there may be two English Schools Internationals this summer. Both follow the National Schools Championships, at Portsmouth on July 5th/6th, with a match against a French Schools team at Durham on Wednesday, July 17th and then the annual Home Countries International, at Connahs Quay, Wales on July 20th.

Some very interesting training marks were put up during the week at Lillehall, but it was the hammer throwers that stood out most in this respect. Jan Skrybant hurled the 12-pounder 197 feet while, with the youth implement, Ian Chipchase twice bettered 200 (201'1" and 200'8"). To date only Jan Wolstenholme and Paul Dickenson have bettered 200 feet in competition with the 10lb hammer, but in training at Lillehall two athletes achieved this feat. Apart from the 5'8½", 200lb Chipchase, also successful in breaking the

barrier was Stein Christiansen who managed 203'0".

For some, however, things were not going too smoothly. The most drastic case was John Faircloth who was failing all sorts of mediocre heights in the pole vault. On the ESAA Canadian trip last summer his pole somehow got lost and, after much and lengthy correspondence, he only succeeded in getting it back a couple of weeks before the Course. All winter, he said, he had been vaulting badly with an unsuitable pole and now he had completely lost his nerve. "My hands just keep slipping" said John worriedly. Could it be he was vaulting at too low a height? "It would be nice to go out and clear 14 feet but I don't think so; I just seem to lack the confidence."

Dickenson Bulletin

Paul Dickenson's predicament, since dislocating his shoulder, has been worrying to say the least. "I've been to see two physiotherapists and one bone specialist, and so far have had three different conclusions thrown at me. One says I've ripped the Deltoid muscle and ligaments, another that I've torn the tendon from the bone and the third that I've shattered various nerves. I really don't know who to believe. Anyhow, it probably means that my performances will be restricted through the season. I was hoping for 225 and 185 feet with the 12 and 16-pounders respectively, but I don't know how much of this will be possible now. My main target was to be placed in the first six of the AAA Senior."

"I have been doing lots of 'general fitness' training since the injury—lots of running, sprinting and jumping (although the high jump is a bit dodgy as I land on my bad shoulder). If it comes to the worst I shall concentrate on the discus this year and may possibly enter the English Schools discus."



Ian Chipchase, the youth hammer thrower, is only 5'8½" tall but already weighs 200 pounds. He has thrown the ten-pounder over 200 feet in training.

Michael George

WORLD BEST BY BARNETT



In his club's annual Young Athletes Meeting, at Tidworth on May 4th, Andover's Andrew Barnett ran one mile faster than any 12-year-old before him—4:49.0. Promise of a performance of this calibre, was hinted at when Andrew, who stands at 5'4½" and weighs 96lbs, clocked 4.57 less than a month before in his first mile of the year. Born on June 4th, 1955, he has best marks of 58 seconds for 440 and 2:13 for 880. Coached by John Mullen of Andover, he trains with his 15-year-old brother Chris ("they are of roughly equal ability" says Mullen) and both are encouraged by the success of clubmate Phil Banning. Generally Andrew covers 15-20 miles a week, comprised as follows: Sunday, 5 miles easy; Monday, 4x440; Tuesday, 3x660; Wednesday, 5x330; Thursday, 2x880; Friday, rest; Saturday, race. Each session is preceded by one or two miles of jogging and easy striding. ("Andover Advertiser" photo.)

Young Athletes' Results

ANDOVER YOUNG ATHLETES MEETING
At Tidworth, May 4th

(Youths) 100: 1, R. Blaney (Stoke) 10.6; 2, R. Newport (En) 10.7. 220: 1, Blaney 23.5; 2, Newport 23.9. 880: 1, White (S. Hth) 2:01.7. Jnr 880: M. Mills (S. Hth) 1:57.2. Mile: 1, J. Kendrick (S. Hth) 4:28.3; 2, S. McIver (B'th) 4:33.0; 3, B. Smith (Thur) 4:34.0. 110H: M. Etherington (Felt)

15.0. 4x110: Enfield 46.9. SP: T. Bryanton (Camberley) 50'3¼". DT: 1, T. Langrish (Teddington SS) 155'4"; 2, A. Green (Solihull) 148'4". (Boys) 880: M. Morris (S. Hth) 2:06.9. Mile: 1, Morris 4:42.5; 2, A. Barnett (And) 4:49.0 (British 12-y-o best); 3, D. Glassborow (KHVIII) 4:56.0.

(Inter. Women) 100/80mH/LJ: S. Turpin (En) 12.1/12.3/16'4". 220: S. Corbett (Soli) 27.2. 440: 1, A. Lovell (Soli) 62.6; 2, J. Singer (Camber) 65.1; 3, C. Jarvis (Camber) 65.8. 880: J. Soane (Swin) 2:32.6. HJ: J. O'Connor (Fleet) 4'10". SP: 1, D. Keable (En) 31'9¼"; 2, E. Curtis (Brack) 29'2". DT: 1, Keable 107'6"; 2, Curtis 106'4". (Jnrs) 80yH: 1, A. Walker (Brack) 11.9; 2, D. Mosley (Soli) 12.2. 4x110: 1, Solihull 52.4; 2, Solihull "B" 53.0. HJ: 1, P. Dimmock (Brack) 4'10"; 2, K. Draper (Brack) 4'9"; 3, J. Codd (Swin) 4'7"; 4, L. Collinge (Camber) 4'7". LJ: J. Dudley (Camber) 15'9¼".

Bedford MS 82, Emanuel S. 57, at Emanuel S., March 20th. 4x110: Emanuel 47.2. (U/16) BMS 65, Emanuel 62.

Haywards Heath 15, Sy Bgls 19, Dorking SP 20, at Oxted, March 24th. (Young Athletes) 1, P. Bennett (SB) 15.32; 2, P. Leitch (DSP) 15.47; 3, R. Church (O) 16.09.

Cross de Flandres C.C., at Renaix, Belgium, March 31st. (U/20) 1, Van Bellingham (Marquette, France); 9, Sergeant (KHVIII); 11, Beamish (KH); 16, Gadsby (KH). Teams: 1, Renaix 26 . . . 3, KHVIII, Coventry 36. (U/18) 1, Aeyels (Ninove); 3, Trett (KH); 7, Price (KH); 8, Pearce (KH). Teams: KHVIII, Coventry 18.

MIDLANDS LEAGUE

At Perry Barr, May 5th

1, Birchfield 117; 2, Wolverhampton & B. 75; 3, Notts AC 58; 4, Bristol 53; 5, Westbury 37; 6, Leicester CAT 34; 7, Lough. Un/Becket S. 32; 8, Sparkhill 15; 9, Warley 11. (Sprints wind-assisted) 100: (A) 1, R. Banthorpe (WB) 9.7; 2, D. Williams (N) 9.9; 3, D. Harding (Bir) 9.9. (B) 1, A. Jones (WB) 9.9; 2, D. Harkham (N) 10.0; 3, D. Hoare (Bir) 10.1 (10.0 ht). 440: J. Cooper (Bir) 50.4. 880: R. Steele (Bir) 1:56.0. 2M: 1, I. Stewart (Bir) 9:04.4; 2, D. Lem (LCAT) 9:15.8; 3, M. Hewer (Br) 9:23.0; 4, R. Gibbs (Bir) 9:25.0. 4x110: 1, W'ton & B. 42.9; 2, Birchfield 43.8. HJ: 1, R. McWhirter (Bir) 6'0"; 2, Taylor (LU) 5'10". SP: 1, U. Speck (Bir) 43'2"; 2, R. Robinson (WB) 43'0¼"; 3, W. Bartholomew (LU) 42'1¼". JT: 1, G. Martin (Br) 202'10"; 2, R. Evans (West) 185'0"; 3, S. Ginns (LCAT) 175'2". (Juniors) 100: (A) 1, C. Holmes (WB) 10.1; 2, B. Pearson (LCAT) 10.2; 3, M. Chaplin (West) 10.2. (B) 1, L. Croydon (WB) 10.3; 2, D. Carron (Bir) 10.4. Mile: 1, J. Boggis (Bir) 4:22.2; 2, K. O'Sullivan (War) 4:25.4; 3, J. Eley (N) 4:27.8. SP: H. Bosworth (Bir) 47'7¼". (Youths) 100: (A) 1, S. Atkins (Bir) 10.5; 2, G. Nimmo (WB) 10.6. (B) 1, N. Drysdale (Bir) 10.6; 2, G. Evans (WB) 10.6. 440: J. Caines (Bir) 51.9. 880: 1, R. Tilling (Bir) 2:02.1; 2, G. Page (WB) 2:03.4.

Leading European Juniors of 1967

Compiled by Cenek Kohlmann

Athletes born in 1947 or later

100m: 10.3 Dusan Svaby (Cz), Jobst Hirscht (WG), Yevgeniy Sinyayev (USSR), Dieter Jurkschat (WG), Nikolay Lebedyev (USSR). 200m/400m: 20.7/46.2 Jean-Claude Nallet (Fra). 800m: 1:48.0 Dieter Fromm (EG) . . . 2, LEN WALTERS 1:49.0*; 8, DAVE WILCOX 1:50.1*; 9, ROBERT LITTLEFIELD 1:50.3*. 1500m: 3:42.5 Jose Morera (Spa) . . . 4, eq. JOHN RIX 3:45.6. 3000m: 8:09.0 Wolfgang Kruger (WG) . . . 5, eq. TONY SIMMONS 8:13.6; 9, DAVE WILLIAMS 8:16.2; 10, IAN STEWART 8:16.4. 5000m/10,000m: 14:03.4/29:35.6 Gerhard Seibt (EG). 1500mSC: 4:07.3 Yuriy Zanava (USSR). 3000mSC: 8:43.8 Eddy van Butsele (Bel) . . . 4, RON McANDREW 8:52.8; 9, JOHN OFFORD 8:59.0. 110mH: 13.9 ALAN PASCOE . . . 2, ANDY TODD 14.2. 400mH: 51.1 ANDY TODD . . . 6, eq. ROY FOX 52.3. HJ: 7'0 $\frac{1}{2}$ "/2.15 Jan Dahlgren (Swe). PV: 16'9 $\frac{1}{2}$ "/5.12 Heinfried Engel (WG). LJ: 25'10 $\frac{1}{2}$ "/7.89 Max Klauss (EG). TJ: 54'4"/16.56 Nikolay Dudkin (USSR). SP: 59'9 $\frac{1}{4}$ "/18.23 Hans-Peter Giess (EG). DT: 188'4"/57.40 Ferenc Tegla (Hun). HT: 225'4"/68.68 Yuriy Ashmarin (USSR). JT: 263'11"/80.46 Valeriy Berlan (USSR) . . . 4, DICK PERKINS 245'3"/74.75. Dec: 7986 Max Klauss (EG).

Girls

100m: 11.4 DELLA JAMES . . . 6, eq. ANITA NEIL 11.6. 200m: 23.7 Gabrielle Meyer (Fra) . . . 2, eq. DELLA JAMES 23.8* & MAUREEN TRANTER 23.8; 6, MARGARET CRITCHLEY 23.9*; 7, SHENA WILLSHIRE 24.0. 400m: 52.8 LILLIAN BOARD . . . 3, ROSEMARY STIRLING 54.1. 800m: 2:02.1 Vera Nikolic (Yug) . . . 4, LILLIAN BOARD 2:07.9*; 9, eq. JANE PERRY 2:08.7. 1500m: 4:31.9 Christine Jakubzik (EG). 80mH: 10.7 Tereza Sukniewicz (Pol) . . . 2, eq. ANN WILSON 10.8. HJ: 5'9 $\frac{1}{4}$ "/1.76 Rita Schmidt (EG). LJ: 21'4 $\frac{1}{4}$ "/6.52 Maria-Vittoria Trio (Ita) . . . 7, ANN WILSON 20'6 $\frac{1}{2}$ "/6.26. SP: 51'3 $\frac{1}{4}$ "/15.64 Hannelore Friedel (EG). DT: 175'4"/53.44 Rena Lobshenidse (USSR). JT: 199'1"/60.68 Mihaela Penes (Rum). Pen: 4709 Meta Antenen (Swi) . . . 2, ANN WILSON 4605.

* * *

Athletes born in 1949 or later

100m: 10.4 Bernd Schwer (WG) . . . 7, eq. RALPH BANTHORPE 10.6. 200m: 21.2 Miguel Iraundegui (Spa) . . . 2, RALPH BANTHORPE 21.3; 3, eq. JOHN HARRISON 21.4; 8, eq. MARTIN REYNOLDS 21.6. 400m: 47.7 Claudio Trachello (Ita) . . . 5, RALPH BANTHORPE 48.5*; 6, TONY COLLINS 48.8*. 800m: 1:50.6 Jozef Plachy (Cz) . . . 4, JOHN DAVIES 1:51.5*; 7, BOB STEELE 1:51.9*; 8, eq. PETER SHAW 1:52.2*; 10, eq. DAVID BURDEN 1:52.7*.



Alan Pascoe, top ranker in Europe last season at 110m hurdles, during his 23.8 low hurdles at Oxford. B. G. Potter

1500m: 3:47.0 Jurgen Roters (WG). 3000m: 8:16.2 DAVE WILLIAMS . . . 2, 8:16.4 IAN STEWART. 5000m: 14:21.6 Michael Preiss (EG). 1500mSC: 4:13.4 Panta Maksimovic (Yug). 3000mSC: 9:05.8 Wolfgang Weigel (EG). 110mH (3'6"): 14.4 Yevgeniy Masepa (USSR). 400mH: 53.5 Markku Aalto (Fin). HJ: 6'11"/2.11 Ioan Serban (Rum). PV: 15'1 $\frac{1}{4}$ "/4.60 Lothar Nowotnik (EG) . . . 4, GORDON RULE 14'7"/4.44. LJ: 24'11 $\frac{1}{4}$ "/7.61 Michail Bariban (USSR). TJ: 51'4 $\frac{1}{4}$ "/15.66 Konstantin Simovchikov (USSR). SP: 56'4"/17.17 Hartmut Briesenick (EG) . . . 3, GEOFF CAPES 52'9 $\frac{1}{4}$ "/16.10; DT: 164'9"/50.22 Josef Tesar (Cz). HT: 195'4"/59.54 Janusz Rys (Pol). JT: 240'2"/73.20 Jorg Klitsch (WG). Dec: 6679 Stefan Junge (EG).

Girls

100m: 11.4 DELLA JAMES . . . 3, eq. ANITA NEIL 11.6; 6, eq. MARGARET CRITCHLEY 11.7. 200m: 23.8* DELLA JAMES . . . 2, MARGARET CRITCHLEY 23.9*; 9, eq. KATHY

continued on page 23

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IRELAND

"SOLO" 2:13.0 BY ADRIENNE LYNCH

At Malone, April 25th

TWO Northern Ireland Native Records fell in the first NIWAAA Inter-Club of the new season. The first of these went to 17-year-old Adrienne Lynch, one of Northern Ireland's brightest hopes for the Commonwealth Games of 1970, who started her summer's racing in tremendous style with a 2:13.0 clocking in the half-mile, the first event of the evening. This entirely demolished the previous best of 2:19.8 set by Margaret Rutherdale of Omagh Academy two years ago. Adrienne reached the bell in 62 seconds before completing her great "solo" effort.

The second Record fell to Gay Porter in the shot, who bettered her own mark of 41 feet with 43'0 $\frac{1}{4}$ ". A total of 150 athletes participated in the meeting, 51(!) in the half-mile. Ballymena won with 181 $\frac{1}{2}$ points, ahead of UCPE 82, Shorts 38 $\frac{1}{2}$, Belfast Ladies 36 $\frac{1}{2}$, Lurgan 11 $\frac{1}{2}$ and East Antrim 2.

BLE 15 Miles Road Championship, The Curragh, Dublin. Dick Hodgins successfully defended his title against 27 challengers amongst them Tony Murphy, who had been in the doldrums far too long, whose second place was pleasing. 1, R. Hodgins (Leevale) 78.48; 2, T. Murphy (Don) 80.05; 3, M. Molloy (Oughterard, Galway) 80.43; 4, P. Coyle (Lourdes, Drogheda); 5, W. Dunne (Don); 6, G. McIntyre (Clon).

Civil Service 29, Donore 46, Mountmellick 64, 34M. C.C. at Dublin. 1, E. Spillane (D) 15.23; 2, N. Cross (M) 15.28; 3, D. McGann (CS) 15.36.

On the Rounds: On April 20th over seventy students from Trinity College Dublin set from

City Hall, Belfast for the eighth annual walk to Dublin. After 17 miles marathon man Tim Macey (Clonliffe) was fourteen minutes ahead. He completed the first marathon distance in 4hrs. 3 minutes, the second in 8:20 and the third 13:36. Despite a couple of bad patches the 20-year-old student completed the distance in 19:45, chopping two hours five minutes off the previous record. Despite the lateness (or earliness!) of the hour (5.15 a.m.) quite a number of friends joined him in the final few miles. Noel Henry, officially billed as starter, did a 52 mile stint along with Macey! . . . Bristol-based Dave Smythe, who had turned to walking from Marathon-running in recent times, reverted to running during the last cross country season. However, on medical advice, he is having to return to the walking game. He has received great help from Harold Whitlock and Lloyd Johnson . . . all-rounder Donna Armstrong (Down HS) was a member of the Ulster Schools team that retained the "Templeton" Inter-Province Hockey Cup in Dublin recently . . . in light of recent correspondence in "AW" it is debatable whether Sunday athletics would be universally acceptable in Ireland. Judge for yourselves. Portrush Urban Council (Co. Antrim) recently decided to keep local park gates shut between Saturday night and Monday morning — to prevent children using the swings! . . . it is rather ironical to read of a "Waiter's Race" in County Down on May 4th when one considers how difficult it is to obtain sponsorship for athletics "proper". A four man team represents each of 15 local bars and there is £30-worth of prizes for the winning team alone.

Brendan Deary

MILERS—Prepare for the Olympic Qualifying Time, Attend the B.M.C. Midland, Eastern Counties and Southern Region Training Day (Seniors, Juniors, Youths and Ladies)

SUNDAY, 26th MAY, 1968, 11 a.m.

NEWNHAM AVENUE TRACK, BEDFORD

Easily reached by Road (M.1) and Rail

COACHES—Harry Wilson, Tony Elder, Rod Chaplin and Frank Horwill in attendance.

Apply to Frank Horwill, 48 Bushfield Crescent, Edgware, Middlesex.
(Tel: STOnegrove 9801).

Welsh Long Jumpers Take To Tartan

At Cyncoed, May 4th

THE first Cyncoed meeting of the season lived up to its promise despite the fact that the Cardiff CE team was somewhat depleted. With the Tartan strip being used for competitive jumping for the first time all eyes were focussed on the long jump pit, and with good reason! Winner of the contest proper was John Elias (19) who leapt to a personal best of 24'6". There were, however, two guests who both jumped further. Lynn Davies, though clearly not happy with his performance, put up a new ground record of 25'3". Second, with 24'9½", was Gwyn Williams, encouraged throughout by Davies, his friend and adviser, who got in some good efforts. His first jump, a fractional foul, was measured at 25'4½" and there can be no doubt that he will shatter the 25 foot barrier in the coming weeks.

On the track John Williams, who had turned 20 three days earlier, gained a good sprint double over Welsh International Terry Davies with 9.9 and 22.0 clockings. With one win apiece Dick Evans and Steve Hollings came out even in the distance events.

1, Carmarthen H. 134; 2, Cardiff CE 130; 3, Madeley C. —. 100: 1, J. Williams (CCE) 9.9; 2, T. Davies (CH) 10.0; 3, J. Elias (CCE) 10.1. 220: 1, Williams 22.0; 2, Davies 22.4. 440: 1, J. Curran (CH) 50.3; 2, W. Leyshon (CH) 53.5. 880: 1, C. Moreton (M) 1:57.4; 2, J. Powell (CCE) 1:57.6; 3, V. James (CH-J) 1:58.5. Mile: 1, E. Thomas (CH) 4:18.8... 3, F. Thomas (CH-J) 4:21.2. 2M: 1, R. Evans (CCE) 9:14.6; 2, S. Hollings (M) 9:17.0; 3, F. Thomas 9:45.0. 2000mSC: 1, Hollings 5:59.3; 2, Evans 6:06.6. 120H: A. Bergiers (CH) 15.3. 440H: 1, J. Lewis (CCE) 56.4; 2, Leyshon 58.3. 4x110: 1, Carm. 44.1; 2, MC 44.2; 3, CCE 44.3. 4x440: Carm. 3:27.6. HJ: 1, R. Buckton (M) 6'0"; 2, S. Gough (CH-J) 5'9". LJ: 1, L. Davies (Roath-guest) 25'3"; 2, G. Williams (Birchg) 24'9½"; 3, J. Elias (CCE) 24'6"; 4, K. Jackson (M) 23'5½"; 5, A. Harry (CH) 21'8½". TJ: 1, G. Webb (CCE) 48'2"; 2, D. Evans (CCE) 46'3½"; 3, S.



Gwyn Williams in action at Cyncoed.

Gordon Roberts

Jones (CH) 46'0½". JT: 1, K. Giles (M) 177'7"; 2, G. Morrison (M) 174'6".

Univ. of Wales Championships, at Llanrumney, Cardiff, May 4th. Mile: 1, R. Hazelwood (Swan) 4:17.3; 2, C. Loosley (Aber) —. DT: Boorer (Card) 135'8". JT: Waterman (Card) 172'6".

Gordon Roberts

League Meetings

STRETFORD LEAGUE

At Stretford, April 23rd

220: 1, P. Cornes (Warr-J) 22.6; 2, J. Kirwan (Stret-J) 23.2. 2M: 1, R. Gregory (MDLC) 9:00.8; 2, A. Holden (Pres) 9:01.2; 3, T. Wright (Hallam) 9:01.2. 440H: A. Barrington (N. Staffs) 58.1. DT: N. Kitchen (Stret) 133'3". 2MW: 1, R. Wallwork (Lancs WC) 14:17.0; 2, M. Hatton (LWC) 14:34.0; 3, S. Crowe (LWC) 15:51.0. (Yths) 440: S. Dodwell (Stret) 51.6. SP: J. Corbett (Stret) 51'9". (Women) 80mH: 1, C. Perera (Stret) 11.3; 2, S. Dyson (Bury) 11.6. (Inter) HJ: Y. Saunders (Stret) 5'1". (Jnrs) 880: 1, J. Rainford (Bury) 2:21.4; 2, K. Waller (Stoke) 2:30.5; 3, M. Gaskell (Farn) 2:31.9.

WESSEX LEAGUE

At Weymouth, May 5th

1, Bournemouth 86; 2, Weymouth St. Paul's 59; 3, Trowbridge 52; 4, Stadium 49; 5, Salisbury 48; 6, Guy Marsh's 25; 7, North Dorset 10. TJ: P. Barrett (B-J) 46'4". JT: G. Dunhill (WSP) 180'0". (Young Athletes) 1, Broadway S. 58; 2, Weymouth SP 50; 3, Salisbury 26; 4, Trowbridge 11; 5, Bournemouth 4. Yths HJ: Gilmore (S) 5'5". (Women) 1, Weymouth SP 30; 2, Bournemouth 29; 3, Trowbridge 21; 4, Salisbury 6. DT: P. Best (WSP) 120'4". JT: M. Jeanes (B) 113'2".

Kent W.A.A.A. are holding their Pentathlon (all age groups), Junior 880 and Senior 660yds. Relay County Championships at Erith on Saturday, June 30th, starting 2 p.m. Entries close June 15th.

The Metrication of Running Tracks

NEW and existing athletics tracks should be constructed or altered to allow for the running of County, Area and National Championships in metres from 1969 onwards, recommends a document just published by the National Playing Fields Association. The NPFA's "Notes on the Metrication of Running Tracks" anticipates the important statement expected from the Government later this year concerning the change-over to the metric system in the non-industrial sectors of the national economy.

The document, excerpts from which appear below, was prepared by the NPFA's Technical Staff in consultation with the Amateur Athletic Association, the Ministry of Technology, the Ministry of Housing and Local Government and the National Association of Groundsmen.

AAA recommendations

The first governing body of sport to adopt

metric dimensions for its facilities was the British Cycling Federation in 1961. The Amateur Swimming Association decided early in 1967 that sizes for swimming pools should be in metres. The Amateur Athletic Association has recently followed suit and recommends that:—

- (a) new tracks should be constructed to a lap length of 400 metres instead of 440 yds.
- (b) in appropriate cases existing 440y tracks should be converted to 400m.
- (c) new and converted tracks should be provided with a temporary portable kerb at one end, to enable races to be run in yards when required.
- (d) County, Area and National Championships should be run over metric distances from 1969 onwards.

Loan sanction

The Ministry of Housing and Local Govern-

THE PIERCYS ARE BACK—BOTH OF THEM!



Pam Piercy (2:16.3 880y) beats Gabrielle Carpenter (2:16.5) at the Airedale & Spen Valley inter-club meet.

Eric North



Back in competition again, following injury, is Pam's husband Bob Piercy, here running in a mile paarlauf.

Eric North

ment has pointed out that as the cost of providing a new track or converting an existing one involves the use of public money, a local authority proposing to provide a new track should ensure that it conforms to the recommendations of the governing body, i.e. is laid down to a lap length of 400m. In this way expenditure from public funds at a later date, when conversion from yards to metres becomes necessary, will be avoided.

Existing 440 tracks

The treatment of existing tracks is likely to depend to a large extent on their use and importance. Thus for tracks catering for national competition method (i) below is the obvious choice. For other tracks method (ii) might be appropriate, while for tracks used solely for training purposes or by schools, method (iii) may be all that is needed.

Existing tracks can be converted to cater for races in metres in one of the following ways:—

- (i) By reconstructing the track to a lap length of 400m but making provision for the use of a portable inner kerb at one end to enable laps of 440y to be run when required.
- (ii) By deferring reconstruction until nearer the end of the transitional period but marking out the track in the meantime in yards (NPFA drawing No. 15, price 3/-) or metres (NPFA drawing No. 29, price 2/6d.) as required. The need for portable kerbing may not then arise.
- (iii) By keeping the existing track permanently at a length of 440y but marking out in metric dimensions when required. (NPFA drawing No. 29).

Reconstruction

The reconstruction referred to under (i) and (ii) consists of taking up the inner kerb of the semi-circle at the opposite end to the water jump, shortening the two inner parallels and re-laying the inner kerb in the new position to give a lap length of 400m measured 30cm from the inside edge of the inner kerb. Assuming the track length to be **exactly** 440y before conversion, the length to be taken off each inner parallel is $3\frac{9}{16}$ " regardless of the radius. Where the existing length varies from 440y a separate calculation must be made to arrive at an exact lap length of 400m. In working this out, it should be borne in mind that 30cm is slightly less (by about $\frac{1}{5}$ th inch) than 12 inches. The outer kerb of the semi-circle should not be moved as this would prevent the use of the outer lane for races in yards. A temporary outer kerb for metric distances is not required.

It should not be overlooked that alterations may be necessary to existing perimeter drainage and irrigation systems to conform to the line of the new inner kerbing. (The work of reconstruction, including portable kerbing and alterations to perimeter drainage, if carried out by a contractor, might cost in the region of £500. Tracks with all-weather surfacing will cost more to convert.)

A diagram showing a method for the conver-

sion of an existing track and details for the provision of portable kerbing is included on NPFA drawing No. 13b (price 3/6d.).

New tracks

New tracks should be constructed to a lap length of 400m with provision for extending one of the semi-circles with a removable kerb that can be pinned into place when races are to be run in yards. It should be remembered, however, that to accommodate races in yards run in lanes, the permanent outer kerb must be the same as for a 440 yard track although the permanent inner kerb is for 400m laps.

The proportions recommended are similar to those for 400m tracks on the Continent. The dimensions are:— parallels 8.39m; radii 36.50m; giving a track length of 400m measured 30cm from the inside edge of the inner kerb (NPFA drawing No. 13b). As the shape is very similar to the standard layout for a 440y track, the siting of the field events facilities and winter games pitch can be the same.

The portable kerb for races in yards should be capable of being pinned down fairly quickly with the minimum of labour so that such races as the mile can be included if desired in a programme of metric distances.

It is suggested that to avoid confusion the references on the kerbs to metric markings should be in a different colour from those for markings in yards.

All-weather tracks

The dual use of tracks for races in yards and metres is complicated if the surface is all-weather as markings are normally painted on permanently and cannot be readily changed. In such cases it is suggested that the lanes in the semi-circle where the temporary kerb is fixed should not be permanently painted on but should be indicated in marking material which can be easily removed or washed off, e.g. adhesive tape or whitewash. Alternatively, polythene tubing fixed by clips and pins might be used, the line of the tubing being marked out by dashes on the track.

The fixing of temporary kerbing on to an all-weather surface may not be so easy as on a cinder surface. Pin holes in the form of metal tubes carefully let into the surface might be a possible solution to the problem.

Records

It is emphasised that the length of a track measured 30cm from the track side of the inner kerb must **not be less than** 400m. Any error in setting out must therefore give a track length in excess of 400m if records set up are to be officially recognised.

(The drawings mentioned are obtainable from the National Playing Fields Association, 57B Catherine Place, London, S.W.1.)

Veterans AC hold their 10M. Road Race Championships at Richmond Park on May 25th (3.00 start).

JAPANESE NAME FOUR MARATHON RUNNERS

THE Japanese Amateur Athletic Federation have selected four athletes for the Olympic marathon following the national championship held at Ohtsu City on April 14th. The four named are: Akio Usami (age 24, 5'3½", 128lb; best of 2:13:49), Yoshiaki Unetani (23, 5'8½", 137lb; best of 2:14:24), Kenji Kimihara (27, 5'3½", 126lb; best of 2:13:33.4) and Seiichiro Sasaki (22, 5'4½", 119lb; best of 2:11:17). Only three, of course, can run in Mexico and one of the four will be named as reserve only on July 10th.

It was Usami who won the title in 2:13:49 to become the ninth fastest marathoner in history. This was his first victory in 13 marathon races; he placed third in last year's pre-Olympic race in Mexico City in 2:24:30.8 and fourth in the Beppu Marathon last March in 2:16:48. Unetani finished second, favoured Kimihara third and former Poly victor Morio Shigematsu fourth. Sasaki, winner at Beppu and runner-up in Derek Clayton's record shattering race, was a non-starter because of muscle trouble in his left leg. Sixteenth in 2:28:10 was Nobuyoshi Sadanaga (39), a 1960 Olympian who has completed 59 full marathons. He has been named coach to the Japanese Olympic marathon squad.

Result: 1, Usami 2:13:49 (5km splits of 15:33, 15:45, 15:39, 16:02, 15:41, 15:52, 16:06, 16:10, 7:01 [2,195m]); 2, Unetani 2:14:24; 3, Kimihara

2:14:46; 4, Shigematsu 2:17:15; 5, Kazuo Matsubara 2:17:44; 6, Masatsugu Futsuhara 2:19:00; 7, Juichi Sato 2:22:07.

Early season track and field marks include 29:43.2 10,000m by Kenji Kimihara, 29:43.6 by Keisuke Sawaki, 212'6"/64.78 HT by Yoshihisa Ishida—all on April 7th.

Atsushi Hoshino & Roger Gynn

KESWICK "ROUND THE HOUSES" ROAD RACES

At Keswick, April 28th

(Snrs 4½M) 1, M. Craven (Kendal) 22.20; 2, K. Carr (Sund) 22.32; 3, G. Balfour (Jarr) 23.12; 4, I. Leanord (Barr) 23.21; 5, L. Pratt (Sund) 23.33; 6, R. Donkin (Sund) 24.20. Teams: 1, Sunderland 13; 2, Barrow 20.

(U/18 2½M) 1, J. Hogg (Barr) 12.16 (rec); 2, D. Cannon (Ken) 12.39; 3, M. Brennan (Pres) 12.46; 4, J. McArten (Barr) 12.56; 5, W. Reid (Ken) 13.07; 6, A. Ladro (Ken) 13.07. Teams: 1, Kendal 13; 2, Barrow 21; 3, Murray BC 28.

(U/16 2½M) 1, S. Wilkes (Ken) 12.53; 2, A. Anderson (Sund) 13.06; 3, J. Stores (Sund) 13.26; 4, F. King (Sund) 13.34; 5, H. Jarrett (Wyndham S) 13.42; 6, J. Wylie (Kes. S) 13.48. Teams: 1, Sunderland 9; 2, Wyndham S. 20; 3, Kendal 24.

(U/14 4xMile) 1, Sunderland (N. Coombs, H. Welsh, A. Birch, N. Dawson) 16.05; 2, Kendal 16.19; 3, Millom AC 17.21; 4, Keswick S. 18.02. Fastest times: Dawson 3.52, P. Blakey (Ken) 3.56, Welsh 3.59, R. Fallows (Mill) 4.00, D. Parker (Ken) 4.03, R. Ellwood (Ken) 4.05.

MAKE A NEW START TO THE 1968 TRACK SEASON

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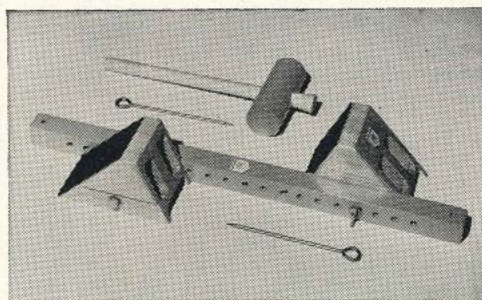


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THE BLOCK WITH ALL THE FEATURES:-

- ★ Choice of footrests—recessed or rubber.
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- ★ Complete with mallet for driving spikes.

OBTAINABLE FROM YOUR USUAL SPORTS DEALER

PAT JONES

answers the Questionnaire

Full name:

Patricia Ann Jones.

Birthplace and date:

Purley (Surrey), 20.6.42.

Height and weight:

5'8", 140lb.

Clubs:

Birchfield H., Worthing & Dist. H., and Leicester University.

Occupation:

Women's PE Officer, Leicester University.

Personal best marks:

100y—11.0, 100m—11.9, 220y—24.3, 440y—57.4, 80mH—10.6, 100mH (2'9")—13.8, 200mH—27.3, LJ—18'3", SP—38'6½", Pen—4441.

Which performance has given you most pleasure?

The 10.6 80m hurdles in European Cup semi-final, Oslo 1967.

How many days a week do you train?

Six in winter, five in summer.

At what time of day do you train?

Varies as to commitments at work.

How long are your training sessions?

½ to 1½ hours.

Please describe your warm-up:

Jog about 1 mile; loosening exercises; 6x100y striding.

Please give details of a typical week's training in winter:

Weeks vary but usually include fartlek on two days, weights on two days, a session of 8-10 x 220y fast and slow, and a hurdling session. It depends on the state of the track and me as to which session is done on which day!

Please give details of a typical week's training in summer:

Monday: 8 x 220y fast and slow; 8 x 50y from blocks.

Tuesday: 3 x 220y fast and slow; step over 6 hurdles x 15; race 6 hurdles x 8 and 4 hurdles x 6.

Wednesday: 6 x 150y; step over 5 hurdles x 20; race 4 hurdles x 10; 2 x 330y.

Thursday: 10 x 150y; 6 starts; about 20 shot-puts; relay practice.

Friday: Rest.

Saturday: Competition.

Sunday: 10 x 6 hurdles; 8 x 150y; 6 starts; relay practice.

The above varies greatly, according to results of time trials/races, or upon what is needed for next competition.

Please give details of weight training:

Twice weekly in winter, once weekly in summer. Work on pyramid basis up to near maximum: cleans, snatch, ½ squats, bench press, abdominal exercises.

Coach:

Mrs. D. Nelson Neal.

How much of your success is due to coaching?

Most of it—as without the influence of Nelson I wouldn't have known what athletics was all



PAT JONES (nearer camera)

about—and certainly wouldn't have thought of myself as a sub-11 sec. hurdler!

How many days rest do you like before competition?

One.

How often do you like to compete?

Weekly.

What are your targets?

To gain selection for Mexico Olympics, and then justify my position in the team—and in the future to concentrate and improve on pentathlon. What advice would you offer the young athlete or novice?

Don't try to specialise too early. Try many events and even when one is found to be the best event—still compete in others. Find a good coach in whom you have confidence.

Annual progress:

Year	100y	220y	80mH	Pen
1960	11.6	25.9	12.2	—
1961	11.3	25.7	12.2	3331
1962	—	26.1*	11.4	4021
1963	Broke leg at Whitsun			
1964	11.3	25.1	11.2	—
1965	11.1	24.4*	11.0	4234
1966	—	25.2	11.1	—
1967	11.0	24.3	10.6	4441

* 200m time plus 0.1

Roy Fox Tries Seven Events In 1 $\frac{3}{4}$ hours!

AFTER a day of remorseless rain the magnificently drained Motspur track was completely sodden and near-flooding. At 1 p.m. the head groundsman, Mr. McTaggart, who constantly seems to be salvaging rain-threatened meetings from the brink of disaster, was contemplating cancelling the match but, on phoning Loughborough, found the coach had already started out. 5 hours and 40 minutes later, with the start ten minutes overdue, the Colleges team still had not arrived. Caught up in thick rush-hour traffic, they finally arrived at 6.50. The rainclouds temporarily called a halt for the duration of the match but remained dark and threatening in the sky and sent icy winds to plague the athletes instead.

In the wretched conditions three athletes stood out, Dick Perkins, Roy Fox and Norman Morrison. Perkins, who is still only 20, did remarkably well to hurl the javelin 230 feet on such an evening. Makes one wonder what he might achieve on a warm summer's day, a favourable wind... as is bound to happen for the AAA Championships! Roy Fox's performance was equally admirable, but in a different way. Seven events in 1 $\frac{3}{4}$ hours! For the record they were: 110mH, 400mH, high jump, pole vault, triple jump and two relay legs. Clearly he must retain the stamina that enabled him to run a 5:54.2 2000mSC as a Junior.

The third outstanding competitor was Norman Morrison (19) who, with no real opposition and little apparent effort, ran 3000 metres (or the 2 miles equivalent) faster than ever before. Until recently a member of Gordon Pirie's school of athletes, he is now coached by Charles Elliott who is mentor to that great squad of London quarter milers which includes John Wilson, Peter Browne, Dave Thomas and Richard Beck. Consequently he is getting all the speedwork he can possibly want and feels all his fastest times will shortly be due for revision.

J.L.

1, London Univ. 169; 2, Loughborough Colls 138; 3, King Alfred's C. 85. (unfavourable winds for all but long jumpers) 100m: 1, D. Dear (KA) 11.0; 2, A. Conteh (LU) 11.1. 200m: 1, Dear 22.4; 2, Conteh 22.8; 3, D. Wood (LC) 22.9; 4, D. Lawrence (LC) —. 400m: R. Beck (LU) 49.7. 800m: 1, M. Wallace (LU) 1:55.4 (55.2 at 400m); 2, D. Choat (LU) 1:56.7. 1500m: 1, D. Watson (LU) 4:00.6; 2, A. Barrett (LU) 4:02.3; 3, N. Barton (LU) 4:02.3. 3000m: 1, N. Morrison (LU) 8:32.6; 2, G. Ogden (LU) 8:42.2; 3, Woodcock (LU) 8:45.8. 3000mSC: M. Dennett (LU) 9:54.8. 110mH: 1, R. Fox (KA) 15.7; 2, C. Metcalfe (LU) 15.7. 400mH: 1, Fox 53.8; 2, I. Morgan (LU) 54.2; 3, T. Scott (LC) 57.7; 4, H. Thomas (LC) 58.9. 4x100m: 1, Loughborough 43.3; 2, King Alfred's 44.5; 3, London 44.8. 4x400m: 1, London (Morgan 50.2, C. Marchese 49.0, Wallace 50.7, Beck 48.1) 3:18.0; 2, Loughborough 3:25.2. HJ: M. Selby (LU) 6'0". PV: 1, L. Johnson (LC) 12'0"; 2, M. Haggerty (LC) 11'6". LJ: (wa) 1, D. Wade (LU) 22'11"; 2, R. Chappell (LC) 22'3 $\frac{1}{2}$ ". TJ: 1, P.

At Motspur Park, May 8th

Jones (LU) 45'7 $\frac{3}{4}$ "; 2, N. Palladius (LC) 44'1 $\frac{1}{4}$ "; 3, Selby 43'8 $\frac{1}{4}$ ". SP: 1, B. Tristram (LU) 47'6 $\frac{1}{4}$ "; 2, C. Longe (LC) 43'7 $\frac{3}{4}$ ". DT: 1, S. Breen (LC) 130'8"; 2, P. Bebbington (LU) 130'6". HT: C. Higgins (LC) 154'4". JT: 1, R. Perkins (LC) 230'0"; 2, M. Turner (LU) 209'8"; 3, H. Wurzer (KA) 174'6".

MORRISON BEATS RIX

At Motspur Park, May 8th

After John Rix had led from the 400 metres mark in the 1500, he was outkicked by Norman Morrison. Other highlights included Martin Winbolt Lewis' continued progress (21.6 200m and a 46.9m relay leg) and a personal best hammer throw by Tony Elvin.

1, Cambridge University 143; 2, London Univ. 119; 3, Kent 113. 100m: 1, A. Conteh (L) 10.9; 2, R. Green (C) 11.0. 200m: 1, M. Winbolt Lewis (C) 21.6; 2, M. Bonner (K) 22.2; 3, Conteh 22.8. 400m: 1, R. Beck (L) 48.4; 2, C. Marchese (L) 50.0; 3, D. Wilkinson (C) 50.6. 800m: 1, R. Davis (K) 1:53.7; 2, J. Pickles (C) 1:54.4; 3, C. Cusick (C) 1:54.5; 4, D. Wallace (L) 1:54.6; 5, M. Anderson (K) 1:55.4. 1500m: 1, N. Morrison (L) 3:49.1; 2, J. Rix (C) 3:49.8; 3, D. Bryant (C) 3:52.8; 4, R. Selby (K) 3:56.3. 5000m: 1, J. Roberts (C-ns) 14:18.6 (13:54.6u at 3M); 2, H. Chadwick (C) 14:19.4 (13:54.8u); 3, J. Farmer (C) 14:25.4 (13:56.0u); 4, N. Barton (L) 14:27.8 (13:59.8u); 5, I. Macmillan (K) 14:32.8; 6, A. Jones (K) 14:49.4; 7, G. Ogden (L) 14:59.2. 3000mSC: 1, J. Hazelden (C) 9:31.0; 2, R. Castle (K) 9:50.6. 110mH: 1, C. Metcalfe (L) 15.5; 2, J. Crossman (C) 15.9; 3, R. Young (C) 16.1; 4, R. Knight (K) 16.2. 400mH: 1, F. Willey (C) 55.3; 2, C. Eltringham (C) 55.4; 3, B. Scott (K) 55.4. HJ: 1, M. Selby (L) 6'2"; 2, L. Foster (K) 6'0"; 3, J. Arriens (C) 5'10". 4x110: 1, CUAC 43.5; 2, Kent 43.7; 3, London Un. 43.7. 4x400: 1, CU 3:18.4; 2, LU 3:23.9. PV: 1, J. Faircloth (K) 11'6"; 2, D. Graham-Young (C) 11'0"; 3, J. Day (K) 10'6"; 4, Medwin (C) 10'6". LJ: 1, D. Knight (K) 22'7"; 2, D. Wade (L) 22'3 $\frac{1}{2}$ "; 3, D. Mylrea (C) 22'2". TJ: 1, P. Jones (L) 45'2"; 2, J. Myers (L) 45'0 $\frac{1}{4}$ ". SP: 1, C. Cogswell (C) 51'2"; 4, A. Loader (C) 50'3"; 3, B. Tristram (L) 47'4 $\frac{1}{4}$ ". DT: 1, P. Bebbington (L) 135'11"; 2, Cogswell 131'7"; 3, McDonald (K) 131'0"; 4, Butterfield (K) 127'9". HT: 1, A. Elvin (Norwich-guest) 170'10"; 2, P. Barber (K) 143'2"; 3, Butterfield 143'0". JT: 1, A. Edwards (K) 213'7"; 2, M. Turner (L) 209'9"; 3, I. Perring (C) 191'11"; 4, L. Hatton (C) 185'1"; 5, B. Harland (K) 176'11".

Peter Matthews

CORRECTIONS

Enfield's time in winning the youths 4x110 yards at the Solihull Relays should have read 45.1, not 45.5. Andy Ronay's 220y time at Oxford (May 1st) was 22.6.

EUROPEAN JUNIORS continued from page 14

NELSON & RUTH RINTOUL 24.6*. 400m: 55.0
 Raissa Nikanorova (USSR) . . . 5, ROSEMARY
 GODSALVE 56.0*; 10, eq. LYNDA HODGETTS
 56.5*. 800m: 2:08.7 Anna-Marie Nenzell (Swe)
 . . . 7, PAULINE MOULT 2:10.1*. 80mH: 10.8
 ANN WILSON . . . 7, eq. IRENE POWDER 11.2.
 HJ: 5'9½"/1.76 Rita Schmidt (EG) . . . 10, eq.
 BARBARA INKPEN 5'6½"/1.69. LJ: 20'10½"/6.37
 Tatyana Bychkova (USSR) . . . 2, ANN WILSON
 20'6½"/6.26; 6, ANITA NEIL 20'1"/6.12; 8, eq.
 SUSAN SCOTT 19'10"/6.04. SP: 50'4"/15.34
 Vladmira Srbova (Cz) . . . 10, JENNY BLOSS
 45'9"/13.94. DT: 160'7"/48.94 Vladmira Srbova
 (Cz). JT: 173'7"/52.92 Marita Alaine (USSR). Pen:
 4709 Meta Antenen (Swi) . . . 2, ANN WILSON
 4605; 5, SUSAN SCOTT 4419.

The Morley Mile will be held this year in conjunction with the Welsh Games at Maindy Stadium on July 27th. Runners from all over the world will be invited, including the holder Kip Keino.

WIDNES DAIRY FESTIVAL 1968**4 x 3 MILES OPEN RELAY**

Organised in conjunction with Sutton H. & A.C. (St. Helens) under A.A.A. Laws
 at 7.30 p.m. on

WEDNESDAY EVENING, JUNE 12th

PRIZES valued: First 3 teams, 4 at £3, £2, £1.
 First unplaced "B" team 4 at £1. Ind. prize
 fastest lap £2.

Entry is free, clubs may enter any number of
 teams. Entries, on AAA forms, close June
 3rd, to N. Ashcroft, 16 David Avenue, Lane
 Ends, Great Sankey, nr. Warrington, Lancs.

**MARGATE 10 MILE
ROAD RACE**

(Under A.A.A. Laws)

Sponsored by Margate Borough Council

**ONE WEEK TO GO—
TO CLOSING DATE 27th MAY**

VETERANS HANDICAP—3 PRIZES
 INDIVIDUAL AND TEAM PRIZES
 TANNENBAUM CHALLENGE TROPHY

Free refreshments and good changing
 facilities at Quarterdeck, Zion Place.

Race from Oval, Cliftonville

3 p.m. on 8th June—don't miss out!

Entries on A.A.A. forms, with 3/- fee, to
 D. E. Lock, Hon. Sec., Thanet Athletic
 Club, 28 Vincent Close, Broadstairs.

WALLASEY FESTIVAL OF SPORT

2nd Annual

NEW BRIGHTON ROAD RACES

(Under A.A.A. Laws)

SATURDAY, JUNE 8th, at 2.30 p.m.

4 x 2½ MILES OPEN ROAD RELAY

3 p.m. for Liverpool "Echo & Daily Post"
 Trophy

Competitors 18 or over on June 8th, 1968
 AWARDS—1st team 4 prizes at 4 gns. each;
 2nd team 4 at 3 gns.; 3rd team 4 at 2 gns.
 1st "B" team 4 at 2 gns. Fastest Lap prize
 4 gns.

Entry fees: 10/- first, 7/6 subsequent teams.
 2.30 p.m. 2nd Annual

YOUTHS 2½ MILES ROAD RACE

Ages 16 and 17 on April 1st, 1968
 AWARDS—First 3 teams (5 run, 3 score)
 plaques. First 3 individuals prizes £3, £2, £1.
 Entry fees: 5/- per team, 2/- ind. Competitors
 in team race must enter as individuals.
 Entries close Monday, May 27th, to C. R.
 Hewson, 44 Albion Street, Wallasey, Cheshire
 (NEW. 3217).

CALLING ALL TEENAGE ATHLETES

Male athletes under 20 are requested to
 send their performances immediately after
 competitions to the NUTS list compilers as
 follows: athletes born in 1949 and 1950 to
 Dave Cockledge, 82 Florida Road, Thorn-
 ton Heath, Surrey; athletes born in 1951 or
 later to Alan Lindop, 12 Bridgett Close,
 Trent Vale, Stoke-on-Trent, Staffs. This will
 greatly assist the NUTS and ensure that
 all performances up to standard enter the
 lists.

INSURANCE ATHLETIC ASSOCIATION**1968 CHAMPIONSHIPS**

(Under A.A.A. and W.A.A.A. Laws)

Seniors, Juniors & Ladies

TUESDAY, JUNE 25th

and

TUESDAY, JULY 2nd

Starting 6.00 p.m.

The event is open to Amateurs who are em-
 ployed by Insurance Companies, Insurance
 Institutes, Provincial Insurance Athletic Asso-
 ciations, firms carrying on business solely as
 Insurance Brokers and/or Insurance Assessors,
 firms subscribing to Lloyds, the Corporation
 of Lloyds and Lloyds' Syndicates.

UNIVERSITY OF LONDON TRACK**MOTSPUR PARK, SURREY**

at 6.00 p.m.

Entry Forms with full details from: D. J.
 Parsons, Hon. Secretary, 47 Grimsdells Lane,
 Amersham, Bucks.

ENTRIES CLOSE 29th MAY, 1968

TROPHY MEETINGS

LINCOLNS IN FORM

At East London Stadium, Bow, April 27th

UNDER steel-grey skies which threatened but did not produce rain, competition was hot for the five trophies at stake, including the revived Joe Louis Trophy. Gustly winds hindered all but the long jumpers, and swept papers from the tables of the recorders (and announcer Dave McJannet), who for some reason are offered no material protection at this particular stadium, come hell or high water.

On the track, the Lincoln twins were creating a draught of their own, with Rita leading from gun to tape in the 880 (laps of 68.0 and 66.1). Joan Page (57.4 quarter the previous week) could never, by her own admission, "get with it". Iris Lincoln produced a brisk 440 in gusty conditions, and clearly neither of the Essex twins has suffered by missing most of the cross-country season.

Much interest surrounded the 220 debut of National junior double sprint champion Marilyn Neufville. The longer distance merely meant that she won by a greater margin than usual, and considering the headwind, she should greatly reduce her debut time this season. "It was longer than I thought!" was Marilyn's comment afterwards.

Cliff Temple

Joe Louis Trophy: 1, Southend 317½; 2, Essex 311½; 3, Oxford LAC 289½; 4, Cambridge H. 280; 5, Ilford 206; 6, Chelmsford 187½.

A. H. Short Trophies: (Snrs) 1, Essex 114; 2, Cambridge H. 62; 3, Oxford 60. **(Inters)** 1, Cambridge H. 28; 2, Oxford 16; 3, Essex 12. **(Jnrs)** 1, Oxford 88; 2, Essex 68; 3, Cambridge H. 60. **(Combined)** 1, Essex 194; 2, Oxford 164; 3, Cambridge H. 150.

(Seniors) 100: (A) 1, M. Hadler (Camb) 11.7; 2, L. Rabey (I) 12.0; 3, J. Philp (Ch) 12.3. (B) G. Pettit (I) 12.2. 220: (A) 1, P. Stocking (Camb) 26.3; 2, Pettit 26.5. (B) E. Barnes (Camb) 26.6. 440: (A) 1, I. Lincoln (Ex) 58.6; 2, P. Bailey (I) 59.2; 3, M. MacSherry (Camb) 63.0. (B) J. Dicker (Ex) 60.5. 880: (A) 1, R. Lincoln (Ex) 2:14.1; 2, J. Page (Camb) 2:16.2. (B) L. Barlow (Ex) 2:23.7. 80mH: (A) Philp 12.5. 4x110: 1, Cambridge H. (P. Boorman, P. Stocking, E. Barnes, M. Hadler) 49.3; 2, Essex LAC 50.8; 3, Ilford 50.9. Mile Medley (non-sc): Essex L. 4:33.8 (R. Lincoln 59.4u). HJ: (A) S. Wright (Ex) 5'1". LJ: (A) 1, J. Harrison (Ex) 18'1"; 2, Butler 16'9"; 3, Rabey 16'8". SP: Y. Fountain (S'end) 34'9¼". DT: (A) G. Smith (Ex) 122'4". (B) M. Brown (Ex) 120'6". JT: (A) 1, Fountain (S'end) 108'11"; 2, Y. Lester (Ex) 106'3"; 3, J. Nice (Ox) 102'2".

(Inters) 100: (A) 1, M. Neufville (Camb) 12.0; 2, C. McFarlan (Ch) 12.4. 220: (A) Neufville 26.0; 2, McFarlan 27.1. 4x110: Ilford 53.5.

(Juniors) 100: (A) M. Brown (Ch) 12.7. 150: (A) M. Wilke (Ox) 19.4. (B) J. Wilkie (Ox) 19.4. 880: (A) 1, P. Lennard (Ex) 2:35.5; 2, B. Watts (S'end) 2:36.2. (B) 1, D. Epperig (II) 2:35.5; 2, J. French (S'end) 2:37.0. 80yH/HJ: J. Warren (Ox)

12.9/4'7". SP: M. Argent (S'end) 30'0". DT: D. Leighton (S'end) 77'0". JT: 1, S. Goodwin (Ox) 85'4"; 2, M. Brunger (S'end) 79'5".

TWO PERSONAL BESTS BY LILLIAN BOARD

At Watford, May 4th

SOME good performances just about saved this meeting from being a disaster. Shortage of officials meant that at least one team manager ended up measuring the shot putt as well as looking after her girls; the programme showed no names, and ran late throughout; the results were relayed to spectators through a loud hailer, and were heard by practically no-one in the stands.

On the track Lillian Board kicked off her Olympic season with a sprint double that had the crowd gasping. Looking stronger than ever she powered down the soggy track to personal bests of 11.0 and 24.5, setting the early season pace for sprint specialists. No-one else had a look in.

Pat Pryce looked fluent over the hurdles, with a runaway 11.3 victory. Her first 1968 clash with Pat Jones (11.3 elsewhere the same day) is awaited with interest. Another prospective Olympian, Barbara Inkpen, was dismayed to find there was no high jump event as she had been hoping to achieve the Olympic qualifying standard at this meeting. Instead, she won the long jump, fractionally fouling what would have been a personal best of over 19 feet.

Finally, a word of praise for young Watford runners Mary Sonner and Sandra Marquis, who continued their cross-country duel in the junior 880, with tiny Mary holding off the determined challenge of her tall, slim clubmate right up to the tape. Their times of 2:23.8 and 2:24.4 would not have disgraced the seniors in the rain that prevailed.

C.T.

WILLIS TROPHY

1, LOAC 139; 2, Aldershot, Farnham & D. 121; 3, Watford 95; 4, Hillingdon 71; 5, Oxford City 63; 6, Middlesex L. 60. 100: 1, L. Board (LO) 11.0; 2, E. Poulton (W) 11.5; 3, P. Pryce (H) 11.5. 220: 1, Board 24.5; 2, Poulton 25.8. 440: (A) S. Fitzmaurice (AFD) 61.3. (B) J. Adams (AFD) 61.4. 880: (A) 1, Fitzmaurice 2:17.5; 2, C. Ward (LO) 2:19.5. (B) J. Hale (AFD) 2:25.1. 80mH: 1, Pryce 11.3; 2, A. Beldham (LO) 12.1; 3, P. Chapman (W) 12.2. LJ: 1, B. Inkpen (AFD) 17'11"; 2, P. Chapman (W) 17'2¼". SP: (A) M. Pulman (LO) 37'5". (B) Beldham 35'0". **(Inter)** 1, Watford 100; 2, LO 95; 3, Middlesex L. 66; 4, Aldershot, F. & D. 58; 5, Oxford City 57; 6, Hillingdon 48. 880: 1, J. Tye (W) 2:24.8; 2, C. Roy (H) 2:33.7; 3, S. Kazi (AFD) 2:33.8. 4x110: Watford 51.4. LJ: 1, J. Reynolds (W) 17'3¼"; 2, S. Whipple (OC) 16'6¼". **(Jnrs)** 1, Oxford City 90; 2, eq. Middx. L. & Aldershot, F. & D. 81; 4, Watford 78; 5, LO 67; 6, Hillingdon 30. 880: (A) M. Sonner (W) 2:23.8. (B) S. Marquis (W) 2:24.4. HJ: 1, V. Inglis (AFD) 4'7"; 2, J. Warren (OC) 4'7".

CHRIS CARTER PRESSED

At Brighton, May 4th

DESPITE the rain, which came pouring down soon after the start of the meeting, there were some excellent performances. The highspot, however, came before the downpour and was the 880 where Chris Carter was chased all the way home by Bob Smith, an Australian who only recently arrived in this country. Only in the home straight was Carter finally able to break away from Smith who recorded his second fastest time in the process, having clocked 1:49.8 in placing fourth in the recent Australian Championships.

Atrocious weather notwithstanding there was some excellent sprinting, first from TVH's Dick Steane, who recorded an excellent 9.9/22.0 double, and then by Portsmouth's young Chris Cheetham who won both Junior events by a street with 10.1 and 22.7.

The event most affected by the weather was the javelin, the grass run-up turning quite treacherous. Many of the throwers preferred to cast from a very short run, just for the points, and the winner, Kevin Sheppard, was almost forty feet short of his best.

"Pollitt" Trophy: 1, Thames Valley H. 141; 2, Brighton & Hove 125; 3, HHH 85; 4, Ealing & Southall 77; 5, Portsmouth 73; 6, Walton 56. 100: (A) 1, R. Steane (TVH) 9.9; 2, J. Knowles (BH) 9.9. (B) 1, R. Seeley (BH) 10.2; 2, A. Dudley (TVH) 10.2. 220: (A) 1, Steane 22.0; 2, C. Keeley (P) 22.7. (B) J. Barrett (TVH) 22.6. 440: (A) C. Carter (BH) 50.2. (B) J. Marsh (TVH) 50.9. 880: 1, Carter 1:50.6; 2, B. Smith (TVH) 1:51.8; 3, I. Wilson (BH) 1:54.8; 4, A. Elgie (P) 1:55.2. 2M: 1, R. Roseman (BH) 9:12.4; 2, R. Ingleton (P) 9:13.4; 3, G. Goodman (TVH) 9:16.6; 4, M. Hyman (P) 9:18.2; 5, M. Barrett (ES) 9:19.8; 6, G. Minty (TVH) 9:20.4. 3000mSC: 1, W. Mullett (BH) 9:20.6; 2, D. Davies (TVH) 9:26.8; 3, J. Stephenson (BH) 9:45.4; 4, D. Evans (HHH) 9:52.0. 120H/LJ: J. Howell (HHH) 16.5/21'6½". 440H: (A) J. Harnes (BH) 57.0. (B) 1, Smith 56.8; 3, P. Thornburgh (BH) 57.8. 4x110: TVH 43.2. PV: 1, I. Pierce (BH) 10'6"; 2, D. Kidner (TVH)



Ray Roseman winning the 2 miles at the Pollitt Trophy. Sportsview

10'0". TJ: 1, P. Booth (TVH) 46'8½"; 2, Johnson (HHH) 46'1"; 3, D. Smith (TVH) 45'8½"; 4, B. Hull (BH-J) 45'4½"; 5, Kelly (HHH) 45'4½"; 6, K. Wilmshurst (W) 43'8". SP: Fraser (HHH) 43'1". DT: G. Milford (BH) 126'8". JT: 1, K. Sheppard (W) 176'6"; 2, Schwary (TVH) 172'3".

"Warren Browne" Trophy: 1, Portsmouth 107; 2, TVH 96½; 3, Brighton & Hove 69; 4, Ealing & S. 61; 5, HHH 46; 6, Walton 41½. 100/220: C. Cheetham (P) 10.1/22.7. 440: C. Laws (P) 51.3. 2000mSC: 1, A. Pretty (TVH) 6:10.8; 2, J. Davies (TVH) 6:15.9. JT: 1, D. Sheppard (W) 167'7"; 2, S. Harrison (TVH) 164'5". Alan Buchanan

THURROCK "10"

(Under A.A.A. Laws)

Incorporating Essex County 10 Miles Road Race Championship

SUNDAY, JUNE 9th, 1968—Start 3 p.m.

At King George's Playing Field,
Blackshotts Lane, Grays, Essex

Open Race: Prizes first 3 individuals and first Vet. over 40. Plaques first 3 teams.

County Championship: "Mel Batty" Trophy to first Essex finisher; Medals 1st, 2nd, 3rd Individuals and 1st, 2nd, 3rd Teams.

Details from and entries to L. Brown, Thurrock Harriers, 57 Victoria Avenue, Grays, Essex. Entry fee 3/- per ind.

CLOSING DATE SAT., JUNE 1st, 1968

GERAGHTY 4:06.9 MILE IN DEBENHAM TROPHY

At Uxbridge, May 4th

1, Surrey AC 125; 2, Hayes & Harl. 103; 3, Oxford City 62; 4, Boreham Wood 34. 100/220: A. Tymms (S) 10.2/22.4. Mile: 1, M. Geraghty (Sy AC) 4:06.9; 2, H. Barrow (Sale) 4:08.2; 3, A. Grant (Cov) 4:11.4; 4, D. Lem (LCAT) 4:12.6; 5, Birks (—) 4:12.9; 6, R. Barrett (Bedford) 4:14.3; 7, K. Wallis (Mit) 4:17.2. (Yths) 440: Newman (HH) 52.1. (Women) 1, Hayes & H. 95; 2, Selsonia 72; 3, Sy AC 59; 4, Uxbridge 39; Boreham Wood 19. 100/LJ: M. Cobb (Sel) 11.6/17'2½". 220: 1, S. Willshire (HH) 25.6; 2, Cobb 25.8. 440: Willshire 59.9. 880: 1, E. Parncutt (Thanet) 2:15.7; 2, P. Moulton (Ver) 2:15.9; 3, M. MacSherry (Camb.

H) 2:16.1; 4, P. Brown (Mit) 2:16.4; 5, M. Moir (Barnet) 2:16.6; 6, B. Panton (KAC) 2:21.2; 7, C. Firth (Ips) 2:21.2; 8, P. Card (AFD) 2:22.6. (Jnr Girls) 880: Marchant (HH) 2:36.5. 80yH: Williams (HH) 12.2.

EPSOM TROPHY MEETING

At Ewell Court, May 4th

1, Southampton 179½; 2, Belgrave 155; 3, Cambridge H. 142. (soft track, steady rain, wind against sprints) 100: 1, D. Dear (S) 10.4; 2, S. White (Be-J) 10.6. 220: (A) Dear 23.0. (B) White 23.1. 440: 1, G. Hunt (S) 50.4; 2, M. McFarnell (Blackheath) 50.5; 3, W. Barrows (C-J) 50.6. 880: D. Wright (Bl) 1:55.5. Mile: 1, J. Johnson (Met. Pol) 4:16.8; 2, Wright 4:17.2; 3, R. Webb (C-J) 4:23.3. 2M: 1, R. Richardson (Bl) 9:09.4; 2, W. Drake (S) 9:10.0. 2000mSC: J. Dear (Be) 6:16.4. Medley Relay: Blackheath 3:38.2. HJ: 1, M. Bartlett (C) 6'2"; 2, D. Newman (EE) 6'1"; 3, A. Bent (Be-J) 6'0". LJ: P. Hudson (Bl) 23'0½". TJ: 1, N. Rice (EE) 46'3"; 2, Frost (MP) 44'2½"; 3, R. Couillaull (Be) 43'9". SP: (A) 1, W. Fuller (EE) 47'3½"; 2, D. Tearle (C-ns) 45'6½"; 3, A. Canham (MP) 44'10½"; 4, R. Kennedy (S-J) 43'5½". (B) J. Thomas (S) 43'8½". DT: Thomas 137'11". JT: 1, C. Harrison (S) 184'8"; 2, B. King (Be) 174'3". (Juniors) Mile: D. McIver (Bl) 4:25.2 (62.2 first lap!).

Phil King sped to a wind-assisted 10.1 clocking for 100m in Melbourne on May 4th—three days after nominations for Australia's Olympic team closed.



Jim Johnson (right) beats Dave Wright in the Epsom Trophy mile.
Ron Linstead

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Scottish News

Lachie Stewart retains Scottish "10", at Seedhill, Paisley, May 4th. The Scottish 10 Miles Track Championship was run in a steady downpour, Lachie Stewart soon going into the lead and remorselessly lapping all but one of his opponents. 1, J. L. Stewart (Vale of Leven) 50:50; 2, J. Clare (Aber. AC) 51:15.6; 3, D. Ritchie (AAC) 52:19; 4, W. Drysdale (Monk) 53:27.0; 5, I. Mitchell (Strath. Un) 53:38.0; 6, P. Duffy (M'well) 54:13.0.

Victoria Park AAC Open Meeting, May 4th. Heavy rain, which fell all afternoon, caused the meeting to be abandoned with several events undecided—it was only surprising that they could continue so long. In the conditions Andy Wood's 49.4 was excellent and he should soon be hitting under 48 seconds before too long. 100: J. Piggott (Gars) 10.1. 440: A. Wood (VP) 49.4. 3M: A. P. Brown (Law) 14:06.0. LJ: C. McNeish (Bell'n-J) 21'34". SP: J. Lilley (Bell'n) 47'34". (Jnrs) 880: J. Broly (Shett) 1:59.1. (Yths) 880: A. Gibson (Shett) 2:02.0.

Durham University Trophy Meeting, at Durham, May 4th. There were some very fine results, despite a cold wind which hampered the sprinters in particular. Probably the outstanding performance of the day was Gareth Bryan-Jones' steeplechase. **Trophy result:** 1, Edinburgh Un. 81; 2, Leeds Carnegie 52, Glasgow Un. 49; 4, Strathclyde Un. 48; 5, Aberdeen Un. 43; 6, Leeds Un. 41; 7, Hull Un. 40; 8, Newcastle Un. 36; 9, Durham Un. 17. 100: 1, R. McStocker (H) 10.2; 2, B. Nottage (A) 10.2. 220: 1, McStocker 22.1; 2, E. Pape (LU) 22.4; 3, J. Turnbull (A) 22.4. 440: 1, J. Moriarty (G) 49.9; 2, Haughton (N) 50.0; 3, Walker (G) 50.1. 880: 1, McFie (E) 1:54.2; 2, I. Hathorn (E) 1:55.0. Mile: J. Myatt (S) 4:16.2. 3M: 1, A. Blamire (E) 13:58.0; 2, Young 14:21.6. 3000mSC: 1, Bryan-Jones 8:53.0; 2, Hathorn 9:57.4. 120H: 1, C. Swann (N) 15.3; 2, R. Davidson (E) 15.7. 440H: 1, Webb (—) 57.0;

2, Alexander (H) 57.5. 4x110: 1, Glasgow 43.7; 2, Leeds Carnegie 44.9. HJ: 1, Balfour (E) 6'0"; 2, R. Souter (G) 6'0". PV: 1, Scott (LC) 11'6"; 2, Sanderson (LC) 11'6". LJ: H. Robertson (G) 21'64". TJ: 1, Robertson 45'5"; 2, George (H) 43'8"; 3, Grant (A) 43'64". SP: 1, D. Edmunds (S) 50'114"; 2, A. Lowe (LC) 50'24"; 3, L. Bryce (S) 48'24". DT: 1, Lowe 138'0"; 2, Edmunds 133'5". HT: 1, Bryce 189'9"; 2, Edmunds 131'2". JT: 1, Birkmyre (S) 185'2"; 2, D. Fowlie (A) 181'8". (Women) 1, Durham Un. 60; 2, Edin. Un. 57; 3, Hull Un. 29; 4, Leeds TC 26; 5, Newcastle Un. 23; 6, Dundee Un. 20. LJ: Copland (D) 17'04". JT: Sadler (E) 112'7". (Inv. Events) 100m: B. Kelly (Bury) 10.5. 200m: J. Speake (L'pool) 21.8.

Willie Diverty

"DYASON" TROPHY

At Windsor, May 4th

1, Windsor & Eton 215; 2, Aldershot, F. & D. 185; 3, Hillingdon 131; 4, Maidenhead 67; 5, Woking 38; 6, Newbury 22. (Heavy rain throughout, flooded track) SP/DT: A. Kerr (H) 47'34"/137'4". (Women) HJ: L. Esdaile (WE) 5'2". LJ: J. Caswell (M) 17'10". DT: S. Mason (AFD) 122'0". (Jnrs) HJ: L. King (WE) 4'10". LJ: L. Beverly (WE) 16'1".

"LAMBERT" TROPHY

At Cochran Park, Newcastle, May 4th

100/220: S. Bell (N'land) 10.3/21.9. 440: R. Pratt (Jarrow-J) 50.1. 880: 1, D. Elderkin (Hull) 1:51.9; 2, R. Bell (N'land) 1:52.8; 3, M. Benn (Heaton) 1:54.2. Mile: Benn 4:16.3. 3M: J. Hillen (Salt) 13:58.8. HT: B. Fraser (NSP) 189'7" (no team result known).

* * *

Southern Counties AAA have a few vacancies for their "200" Competition with really good cash prizes every month and a bumper cash prize every six months. Details from Frank Read, c/o SCAAA, 26 Park Crescent, London, W.1.

Marion Farmer (Medway A.C.) wins the Intermediate 100yds. from Zena Myers (Medway A.C.) No. 124 and Pat Kenney (Kent A.C.) No. 316 in the Kent A.C. Meeting at Ladywell Park.

Peter Williams



American News

From Joe Henderson

THE FIRST EVEN-TIME QUARTER!

GREAT marks often don't earn the maker much in return. Take a few examples from April 27th. Larry James travelled 440y faster than any man in history—43.9, but it was with a running start on the end of a relay and he gets nothing but personal satisfaction and a team victory for it. A US Army distance medley relay team ran the best ever for the 440-880- $\frac{1}{2}$ mile-mile event, but it's one where no official world and American records are kept. Norm Tate was perhaps the most unfortunate of all. He triple jumped over 55 feet (16.77) but it was a half-inch over scratch. He landed beyond the end of the pit and injured his ankles.

James, the world's brightest 440 prospect (he did 45.2 in his only outdoor non-relay race this season), did his speedy relaying during the Penn Relays mile event. He took the baton with a 10-yard deficit to make up, but needed only 180 yards to accomplish that. The Villanova University student dashed past the 220 in 20.2(!) and didn't appear to die a bit though his final half-lap took 23.7. The fastest-known 440 leg previously was Tommie Smith's 44.2 last year. At Walnut, Bob Beamon long jumped a windy 27'4"/8.33, with Ralph Boston third.

April 5th, Kamay. 100y: Kubicek (schoolboy) 9.4.

April 6th, Los Angeles. 220y: 20.5 by McNeil (Jam) was in fact 21.5.

April 6th, Baytown. 100y: Steck's time was 9.5, not 9.3.

April 13th, Grand Junction. 100y: Turko 9.4.

April 19th, Hobbs. 120yH: Carty 13.7.

April 26th, Shawnee-Mission. 330yH: Bob Bornkessel (17) 36.7 (US high school rec).

April 26th/27th, Des Moines. (Drake Relays) 100y: (headwind) Glosson 9.5 (9.3w ht), Hurd 9.5, Andy Hopkins 9.5 (legal 9.4 ht); 440y: Benson 46.7; 2M: ED NORRIS 8:52.2 (pb), Ogden 8:54.4; 3M: Nelson 13:17.4 (4:22.8, 4:31.0, 4:23.6), Stageburg 13:24.6; 6M: Nelson 28:22.2 . . . 3, McMahon (RoI) 29:01.0; 120yH: (headwind) Butler 13.8, Byers 13.8, Pollard 13.8; TJ: Burgher (Jam) 52' 11"/16.13 (rec), JOHN VERNON 51'8 $\frac{1}{2}$ "/15.76 (pb); DT: O'Brien 180'2"/54.92; 4x440y: Texas Un. 3:05.5; Relay legs included—440y: Taylor 45.2, Morton 45.4 & 45.6, Olison 45.5, Clewis 45.6, Ford 45.8, Smothers & Newhouse 46.0 (lead-offs); 880y: Ryun 1:48.2 & 1:49.3; Mile: Ryun 4:06.9.

April 26th/27th, Walnut. (Mt. San Antonio Relays) 100m "A" (nil wind): Pender 10.3, K. Clayton 10.3, Ronnie Ray Smith 10.4, Questad 10.4; 100m "B" (+ 3.4m): Ruben Smith 10.3, Dunn 10.3 . . . 4, Gonzales (Mex) 10.5; 220y (+ 4.2m): Tommie Smith 20.5, Allottey (Gha) 20.5, Reeves 20.8; 440y: Tobler 46.8; 880y: McGrady 1:49.4, Bell 1:49.4; Mile: Dean 4:04.4, Neri (Mex) 4:04.5, Tracy Smith 4:04.9; 5000m: Danielson 14:05.0 (13:40.0 3M), Pearce (Aus) 14:10.2, Gamez

14:12.8, Schul 14:41.4; 10,000m: K. Moore 29:32.4 (28:43.6 6M), Laris 29:46.2; 3000mSC: Young 8:40.0, Traynor 8:47.2; 120yH: (+ 1.4m) Davenport 13.8, T. White 13.9, Livers 13.9; 440yH: Whitney 49.9 (49.6 400m), Wyatt 50.5, Collett 51.2, Gairdner (Can) 52.5; 440yH (B): Sanchez (Mex) 53.0; HJ: Caruthers 7'0 $\frac{1}{2}$ "/2.15, Burrell 7'0 $\frac{1}{2}$ "/2.15; PV: Seagren 17'1"/5.20, Papanicolaou (Gre) 16'6"/5.03, Wilson 16'0"/4.87, Blomquist (Swe) 16'0"/4.87; LJ: Beamon 27'4"/8.33w (also 26'7"/8.10w), G. Hopkins 26'3"/8.00w, Boston 25'9 $\frac{1}{2}$ "/7.87w, Proctor 25'9 $\frac{1}{2}$ "/7.85w, Shinnick 25'6 $\frac{1}{2}$ "/7.79w, Flores (Mex) 24'6"/7.47w; TJ: Walker 53'10 $\frac{1}{2}$ "/16.42w (legal 53'4 $\frac{1}{2}$ "/16.26), Craig 53'7"/16.33w (legal 53'0"/16.15), Beamon 50'9 $\frac{1}{2}$ "/15.49w; SP: Matson 69'10 $\frac{1}{2}$ "/21.30 (& 68'10 $\frac{1}{2}$ "/20.98 & 68'0"/20.72), Maggard 65'10"/20.06, Woods 65'9"/20.04, Marcus 62'9 $\frac{1}{2}$ "/19.14; DT: Silvester 203'8"/62.08, Cole 199'11"/60.94, Carlson 194'8"/59.34, Neville 193'5"/58.95; HT: Burke 218'2"/66.50, Connolly 212'4"/64.72; JT: Covelli 261'3"/79.63, JOHN FITZSIMONS 248'8"/75.79, Stevenson 248'2"/75.64, Tushaus 245'1"/74.70, Burns 240'8"/73.36, Tipton 236'10"/72.19, Conley 236'8"/72.14 . . . 9, McNabb 222'5"/67.79; unplaced, Stuart; Dec: (Apr. 27th/28th) Toomey 7800 (10.7, 24'2 $\frac{1}{2}$ "/7.37, 44'5 $\frac{1}{2}$ "/13.55, 6'4 $\frac{1}{2}$ "/1.95, 49.0, 15.0, 142'7"/43.46, 13'0"/3.96, 199'7"/60.85, 4:45.3), Hedmark (Swe) 7438; 4x110y: Santa Clara CYV 39.9 (39.7 400m); 4x220y: San Jose State 1:23.1 (1:22.5 800m); Distance Medley: Fort MacArthur 9:33.4 (world best: Tobler 47.2, Mitchell 1:50.2, Von Ruden 2:56.1, P. Davis 3:59.9); 5km Walk: Laird 22:15.8, DeNoon 22:24.6; 10kmW: DeNoon 45:10.0; women's 100m: Ferrell 11.3, DeBusk 11.6; 440y: Drinkwater 54.6, Pen: Winslow 4585 (12.0, 44'8 $\frac{1}{2}$ "/13.63, 5'5"/1.65, 18'4"/5.59, 26.0).

April 26th/27th, Philadelphia. (Penn Relays) 100y: Greene 9.4, Gaines 9.5; 3000mSC: Reilly 8:43.6, Brown 8:47.0; 120yH: Flowers 13.5, Hall 13.5 (13.6 ht); 440yH(A): Coleman 50.8, J. Miller 51.7, Rogers 52.1; 440yH(B): DAVE HEMERY 50.7 (eq. UK rec), A. Bell 51.4, L. James 52.0, Hidalgo (P. Rico) 52.0; 440yH(C): Haggerty 51.8; HJ: Downing 7'0"/2.13, E. Miller 7'0"/2.13; LJ: Benjamin 25'7 $\frac{1}{2}$ "/7.81; TJ: Aaron Hopkins 53'5 $\frac{1}{2}$ "/16.29, Tate 52'4 $\frac{1}{2}$ "/15.96 (55ft.-plus foul); DT: Oerter 196'4"/59.84; HT: Gage 217'3"/66.22 . . . 4, Leitch (Can) 185'1"/56.41 (rec); JT: Stenlund 265'3"/80.85, Sonsky 263'7"/80.34; 4x440y/4x880y/4x1 Mile/Mile Medley/Distance Medley: Villanova Univ. 3:06.1/7:21.8/16:27.4/3:18.1/9:38.0 (!); Relay legs included—440y: James 43.9 & 46.2 (lead-off), Randolph 44.9, Schuder 45.6, Cayenne (Trin) 46.7 (lead-off); 880y: Dyce (Jam) 1:48.7, Murphy (RoI) 1:49.1, Hamilton (RoI) 1:50.9 (lead-off); $\frac{1}{2}$ M: Murphy 2:53.0, Shaw 2:54.6; Mile: JIM BAKER 4:04.0 & 4:05.8, Murphy 4:04.1, Dyce 4:06.4, Hamilton 4:12.2.

April 27th, Plainview. 120yH: Carty 13.7.

April 27th, Ypsilanti. PV: Barrett 16'6"/5.03.

April 27th, Tempe. PV: Alarotu (Fin) 16'6"/5.03.

April 27th, Boulder. SP: Mercer (Can) 57'4 1/2"/17.48; DT: Roost (Can) 177'3"/54.03.

April 27th, W. Los Angeles. HJ: C. Johnson 7'0 1/4"/2.14; SP: Marcus 63'3 1/4"/19.28.

April 27th, Bakersfield. HJ: Otis Hailey (18) 7'1 1/4"/2.165 (US high school rec).

April 27th, Corvallis. 100y: W. Turner 9.3, Ernie Smith (Tommie's brother) 9.5; 220y: Turner 20.7, Smith 20.9; 440y: Paul (Can) 47.4; 880y: Thompson 1:48.8; PV: Phillips 16'6 1/4"/5.03.

April 27th, Stanford. 440y: Knoke (Aus) 47.0 (3rd in 440yH in 53.4!); HJ: Boyce (Aus) 6'10"/2.08; TJ: Arnold (Can) 51'8 1/2"/15.76; JT: Colby 258'2"/78.69.

April 27th, St. Paul. 100y: Monsegue (Trin) 9.4.

April 27th, Los Angeles. 100y/220y: Miller (Jam) 9.6/20.8; Mile: NEILL DUGGAN 4:06.6, Link 4:08.0; Frosh Mile: 3, ANDY HERRITY 4:16.8; 3M: Lindgren 13:25.2 (4:21.8 first mile); 120yH: McCullough 13.6; 440yH: Vanderstock 51.1; PV: Wilson & Seagren 15'7"/4.75(1); SP/DT: Van Reenen (SA) 59'9"/18.21 & 191'5"/58.34; JT: Murro 259'2"/78.99; 4x110y: USC (McCullough, Kuller, Simpson, Miller) 39.3.

April 27th, Corpus Christi. 12lb SP: Sam Walker 72'3 1/4"/22.03 (US high school rec).

April 30th, Cambridge. 120yH heat: HEMERY 13.7w.

May 1st, Cambridge. Mile: BAKER 4:04.2;

120yH/440yH: HEMERY 13.9 (eq. UK rec)/50.6 (UK rec).

May 3rd/4th, Quantico. 880y: Urbina 1:48.7, Cayenne (Trin) 1:49.1; 120yH: Hall 14.0, Coleman 14.0; 440yH: Coleman 51.5, Rogers 51.5; LJ: Mays 25'2 1/4"/7.68; TJ: Brooks (Jam) 49'11"/15.21 (& 24'7 1/4"/7.51 LJ); Tate 49'3 1/4"/15.02; DT: Oerter 192'4"/58.62; JT: Sonsky 255'6"/77.88; women's 100y: Tyus 10.5, W. White 10.9; 880y: Manning 2:09.6, Kraker 2:11.0; LJ: White 19'8 1/4"/6.00, Watson 19'6 1/4"/5.95.

May 4th, Los Angeles. 100y: Miller (Jam) 9.3, Simpson 9.4; 220y: Miller 20.9; 440y: Collett 45.8; 2M: Oleson 8:53.2, DUGGAN 8:57.4; Frosh 2M: HERRITY 9:40.0; 440yH: Vanderstock 51.9, Seagren 53.6; PV: Seagren 16'6"/5.03; TJ: Barrett (Bah) 51'5 1/4"/15.69; SP: Marcus 61'10 1/4"/18.86; 4x110y: USC 39.3.

May 4th, San Jose. 100m: (headwind) Gaines 10.2 (9.4 100y), R. R. Smith 10.3, Fray (Jam) 10.4, Clayton 10.4; 200m: (+ 2.3m) T. Smith 20.2, Fray 20.2, R. R. Smith 20.2, J. Williams 20.6; 400m: Evans 45.7 (46.1 440y), McGrady 46.1; 1500m: Day 3:44.4; HJ: Zubrinsky 6'11 1/4"/2.12, Hillman 6'11 1/4"/2.12; PV: Papanicolaou (Gre) 16'6"/5.03, Martensen 16'6"/5.03; SP: Maggard 64'6 1/2"/19.67; JT: Murro (18) 268'7"/81.86; 4x100m/4x110y: Santa Clara (Gaines, Clayton, Williams, T. Smith) 39.3/39.5.

May 4th, Fort Worth. 440y: Morton (18) 45.5, Mills 46.1, Canada 46.4; 440y relay leg: Morton 45.2.

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COOPER AGAIN—51.9

JOHN COOPER, in only his second intermediate hurdle race of the season, recorded the exceptional time of 51.9 for 400m in the match between the Midland Counties AAA, Loughborough Colleges and the RAF at Loughborough last Saturday. It was his fastest since the European Cup final of 1955. Cooper, who teaches at Handsworth Grammar School, is very pleased at the way things are going after two seasons away from world class athletics and estimates he will be down to between 50.0 and 50.5 by the time the Olympic team is selected in August. His UK record, set when finishing second in Tokyo, is 50.1.

Among other fine performances in a thrilling match were a 3:47.6 1500m by Alan Dean (with Mike Varah posting a personal best of 3:49.1), an 8:07.0 3000m by John Whetton—which augurs well for his miling after his 1:49.4 800m the previous week, a 49'6" triple jump into the wind by Tony Wadhams, and a 242'10" javelin throw by Dave Travis. John Boulter displayed good early season speed in winning the 400m in 48.9, while Danny Williams showed considerable improvement in taking the 200m in a windy 21.5 two yards ahead of 17-year-old Trevor Rodwell.

100m: (+ 4.9m) 1, D. Wood (L) 10.9; 2, J. Roys (L) 10.9; 3, D. Halliday (RAF) 10.9; 4, D. Williams (M) 11.0; 5, D. Harding (M) 11.1. **200m:** (+ 2.7m) 1, Williams 21.5; 2, T. Rodwell (M) 21.7; 3, Roys 21.7; 4, Wood 22.1; 5, I. Dalton (RAF) 22.4; 6, J. Vince (RAF) 22.5. **400m:** 1, J. Boulter (M) 48.9; 2, J. Childs (L) 49.6; 3, D. Smale (M) 50.1; 4, D. Lawrence (L) 51.4. **800m:** 1, D. Cropper (M) 1:52.5; 2, M. Wands (L) 1:52.6; 3, P. Blakesley (M) 1:54.9; 4, E. Auskett (RAF)

1:56.8. **1500m:** 1, A. Dean (M) 3:47.6; 2, M. Varah (L) 3:49.1; 3, A. Grant (M) 3:50.4; 4, R. Wilson (RAF) 3:52.6. **3000m:** 1, J. Whetton (M) 8:07.0; 2, J. Caine (L) 8:11.8; 3, J. Boggis (M) 8:32.6. **2000mSC:** 1, J. Offord (M) 5:50.4; 2, D. Norman (L) 5:55.6; 3, I. MacLennan (RAF) 6:01.8; 4, I. Barnard (M) 6:07.6; 5, D. Bowden (RAF) 6:11.4; 6, B. Goodfellow (guest) 6:18.0. **110mH:** (+ 4.4m) 1, C. Swann (M) 15.4; 2, T. Scott (L) 15.4; 3, C. Longe (L) 15.7; 4, T. Brown (M) 15.7. **200mH:** 1, J. Cooper (M) 24.2; 2, Brown 25.3; 3, J. Dixon (RAF) 25.3; 4, H. Thomas (L) 25.5; 5, M. Haggerty (L) 25.8; 6, R. Coles (RAF) 25.9. **400mH:** 1, Cooper 51.9; 2, A. Harper (L) 53.5; 3, Dixon 54.5; 4, R. Roberts (L) 54.6; 5, C. O'Neill (M) 56.0; 6, Coles 56.4. **HJ:** 1, P. Lance (L) 5'11"; 2, R. Gocher (RAF) 5'11"; 3, A. Murrell (L) 5'10"; 4, M. Leary (RAF) 5'10"; 5, Scott (guest) 5'10". **PV:** 1, L. Johnson (L) 13'0"; 2, Longe 12'0"; 3, D. Shields (M) 11'0". **LJ:** 1, Harding 22'3½"; 2, A. Marchant (L) 22'2½"; 3, J. Smith (L) 21'10½". **TJ:** 1, A. Wadhams (L) 49'6"; 2, Lawrence; 3, Smith. **SP:** 1, R. Gardner (M) 48'11½"; 2, Longe 47'1½"; 3, L. Walker (L) 42'8". **DT:** 1, A. Drzewiecki (M) 152'7"; 2, Longe 147'3"; 3, H. Williams (RAF) 140'3"; 4, N. Wilson (M) 135'8". **HT:** 1, H. Payne (M) 192'7"; 2, E. Johnston (RAF) 179'3"; 3, J. Skrybant (M) 155'9"; 4, C. Higgins (L) 154'10"; 5, Walker 151'11"; 6, E. Purkis (RAF) 139'3". **JT:** 1, D. Travis (L) 242'10"; 2, R. Perkins (L) 232'2"; 3, R. Mawson (RAF) 195'2"; 4, G. Markowski (M) 190'6"; 5, R. Davies (M) 180'4". **4x100m:** 1, Lough, C. 42.5; 2, MCAAA 42.6; 3, RAF 43.6. **4x440y:** 1, Lough, C. 3:18.3; 2, MCAAA 3:20.4. **Result:** Lough, C. 169, MCAAA 168, RAF 84.

(Results by courtesy of Jan Skrybant)

LEADING BRITISH PERFORMERS

THESE are the leading UK performers of 1968, as at May 14th:

100y: 9.7 L. Davies, 9.8 R. Frith, M. Hauck, M. Reynolds (and 9.7w), 9.7w H. Davies, R. Banthorpe. **100m:** 10.5 B. Kelly, 10.6 R. McStocker, 10.7 R. Frith, J. Speake, B. Nottage, 10.6w R. Banthorpe. **220y:** 21.6 R. Steane (and 21.3*w), M. Winbolt Lewis (and 21.4w), M. Reynolds, 21.0w R. Simonsen, 21.4w R. Jones, 21.5w A. Tymms. **440y:** 47.3 M. Winbolt Lewis, 47.9 R. Green, A. Wood, 48.4 M. Hauck. **880y:** 1:48.6 J. Baker, 1:49.6* M. Varah, 1:50.1* J. Whetton, 1:50.6 C. Carter, 1:50.8* C. Campbell. **1500m:** 3:47.6 A. Dean, 3:48.8 J. Rix. **5m:** 4:02.2 J. Baker, 4:05.1 N. Duggan, 4:05.2 J. Jackson, 4:05.7 A. Green. **3000m:** 8:07.0 J. Whetton. **2M:** 8:46.2 J. Thresher, 8:47.6 N. Duggan, A. Blinston, 8:49.2 R. Holt. **3M:** 13:24.6 M. Freary, 13:34.8 R. Gregory, 13:39.8 N. Duggan, 13:44.6 G. Bryan-Jones. **5000m:** 14:07.6 N. Duggan, 14:13.6 J. Caine. **6M:** 28:08.6 R. Hill, 28:21.4 R. Hill, 28:43.6 K. Angus, 28:45.6 W. Bent, 28:49.0 M. Hyman. **10,000m:** 29:01.8 T. Johnston. **Mar:** 2:20.06 C. Kirkham, 2:20.20 L. Carroll, 2:20:21.6

R. Grove. **3000mSC:** 8:48.6 J. Jackson, 8:53.0 G. Bryan-Jones, 8:56.6 G. Stevens, 8:58.2 C. Perry, 9:00.4 A. Ashton. **120yH:** 13.9 D. Hemery (and 13.7w), 14.7 G. Gower, 14.8 G. Tymms, R. Legge. **220yH:** 23.8 A. Pascoe. **440yH:** 50.6 D. Hemery, 52.2* J. Cooper, 53.8* A. Harper, 53.9 R. Fox. **HJ:** 6'3½" P. Gates, 6'3" L. Hall. **PV:** 14'6" M. Higdon, 13'9" M. Bryant. **LJ:** 25'3" L. Davies, 24'9½" G. Williams, 24'6" J. Elias, 24'4" P. Reed. **TJ:** 51'8½" J. Vernon, 51'7½" D. Boosey, 51'4½" F. Alsop, 49'11½" G. Hamlyn. **SP:** 57'10" A. Carter, 56'9½" W. Tancred, 54'0½" G. Capes, 53'6½" M. Lucking. **DT:** 183'2" W. Tancred, 178'2" A. McKenzie, 175'11" P. Tancred, 169'0" J. Watts, 168'8" D. Roscoe. **HT:** 199'7" H. Payne, 197'3" B. Williams, 196'9" B. Fraser, 193'4" D. Bayes, 190'10" L. Bryce. **JT:** 248'8" J. FitzSimons, 242'10" D. Travis, 234'7" R. Perkins. **Dec:** 6140 A. Mollett.

The only changes to the women's list given last week are—100y: 11.1 S. Midgley; 220y: 25.0 J. Simpson; 440y: 57.3 J. Simpson; 880y: 2:13.4 (not 2:13.0) A. Lynch; LJ: 19'11" B. Inkpen, 19'5" A. Neil.

* Converted from metric

Vancouver Trophy**At Woodford, May 12th****Impressive 200 By Dick Steane**

GLORIOUS sunshine alternated with showers at last Sunday's Vancouver Trophy Meeting but, in spite of a rather damp track, there were many fine performances. Equally as inconsistent as the weather was the wind which one minute was aiding the sprinters and the next impeding them. There can be little doubt that Dick Steane's 21.2 200m was amongst those events that were wind-assisted but he was not too worried, afterwards saying with (for him) unusual assurance: "It doesn't really matter as I think I'm going to go much faster anyway. I'm going to have to if I am going to make the team! I haven't really been working harder than before during this last winter but I think I have been training more sensibly."

Also wind-aided were excellent performances in the horizontal jumping events, by Peter Hudson, Graham Hamlyn and Peter Drew, but it was rather disconcerting to see Fred Alsop withdraw after three rounds in the long jump and before the triple.

John Cooper dealt harshly with ex-UK record holder Chris Surety in the 400m hurdles final. Following a 54.7 heat Cooper stormed off at a terrific pace in the final and Surety tried to go with him. He succeeded, for 300 metres. Then Cooper left him to "die" agonisingly in the final straight, easing up himself in the final yards for a very comfortable 53.0 clocking.

Bob Richardson scored a shock win over faster, more favoured Midland rivals in the 5000m, hacking seconds off his own personal best in the process. Chris Perry did most of the leading and, at the bell, he remained in contention together with Richardson, David Lem, John Baldwin and Bob Gibbs. With 300m remaining Lem pushed ahead but Richardson managed to maintain contact (13:52u at 3M) and burst past with 150 to the tape, for a decisive victory.

John Lusardi

1, Birchfield 71; 2, Polytechnic H. 54; 3, TVH 51; 4, Woodford Green 46; 5, Blackheath 43; 6, Notts AC 39; 7, Belgrave 35; 8, Ilford 27; 9, Essex Beagles 16; 10, Leicester CAT 9; 11, Coventry

Godiva 5; 12, Hornchurch 2.

100m: 1, R. Frith (Poly) 11.0; 2, R. McStocker (Ilf) 11.1 (11.0 ht); 3, P. Wiltshire (Bir-J) 11.1 (11.0 ht); 4, N. Overhead (Poly) (11.2 ht); 5, D. Thomas (Ilf-J) (11.1 ht); 6, S. White (Bel-J) (11.3 ht).

200m: (wa) 1, R. Steane (TVH) 21.2; 2, D. Williams (Notts) 21.5; 3, C. Campbell (Poly) 21.8; 4, McStocker (22.1 ht); 5, White (22.1 ht); 6, T. Newman (WG) (22.1 ht). Heats: Thomas 22.2, R. Beck (Poly) 22.4, C. Martin (Bel) 22.5.

400m: 1, L. Walters (TVH) 48.3; 2, J. Marsh (TVH) 48.3; 3, B. Shurmer (BI) 49.6; 4, R. Steele (Bir) 49.9; 5, G. Reed (WG) 50.1; 6, D. Jackson (WG) 50.8 (50.6 ht).

800m: 1, B. Smith (TVH) 1:54.4; 2, R. Johnston (Bir) 1:55.3; 3, R. Tutin (Notts) 1:56.1; 4, P. Blakesley (LC) 1:56.7; 5, M. Palmer (Notts) 1:57.7; 6, I. Pearce (Horn) 1:57.7.

1500m: (A) 1, P. Stewart (Bir) 3:49.5; 2, J. Thresher (Bel) 3:51.0; 3, J. Richardson (Notts) 3:57.5; 4, R. Gill (Ilf) 3:57.9; 5, C. Moxsom (WG) 3:58.1; 6, C. Woodcock (BI). (B) 1, G. Mardle (WG) 3:54.5; 2, R. Milne (Notts) 3:55.3; 3, J. Potts (Bir) 3:57.2; 4, A. Major (Bel) 3:57.8.

5000m: 1, R. Richardson (BI) 14:18.2; 2, D. Lem (LC) 14:20.4; 3, C. Perry (BI) 14:20.8; 4, J. Baldwin (BI) 14:21.6; 5, R. Gibbs (BI) 14:22.0; 6, J. Hammond (CG) 14:32.4.

3000mSC: 1, W. Dance (Bel) 9:52.0; 2, J. Dear (Bel) 9:58.8; 3, Wakefield (Notts) 9:59.8; 4, P. Thompson (Bir) 10:01.0; 5, D. Morgan (TVH) 10:05.8; 6, M. Gilson (Ilf) 10:08.4.

110mH: 1, S. Black (EB) 15.2; 2, G. Davies (Poly) 15.5; 3, C. Swann (Bir) 15.6; 4, C. Webb (Poly) (15.8 ht); 5, T. Browne (Notts); 6, P. Drew (EB).

400mH: 1, J. Cooper (BI) 53.0; 2, D. Barrington (Poly) 55.2 (54.9 ht); 3, G. Higgins (BI) 56.3; 4, C. Surety (Ilf) 57.0 (55.4 ht); 5, C. Strange (TVH) 59.6 (57.1 ht). Heats: R. Davis (WG) 57.1, R. Fitzgerald (TVH) 57.9.

4x100m: (A) 1, Poly 41.7; 2, Notts 43.5; 3, Essex Beagles 43.8; 4, LCAT 44.8; 5, Woodford

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Green 45.3. (B) 1, TVH 42.4; 2, Blackheath 42.9; 3, Ilford 43.9; 4, Belgrave 44.6; 5, Blackheath 46.1.

HJ: 1, R. McWhirter (Bir) 6'0"; 2, J. Broughton (WG-J) 5'10"; 3, C. Nimmo (CG) 5'10"; 4, A. Bent (Bel-J) 5'10"; 5, R. Gocher (Notts) 5'8"; 6, R. Harker (Bl) 5'8".

PV: 1, L. Jones (Bl) 11'6"; 2, R. Murphy (Poly) 11'0"; 3, Beashel (WG) 11'0"; 4, A. Townsend (Bel) 10'6"; 5, A. Jefferey (WG) 10'6"; 6, Framp-ton (Notts) 10'0".

LJ: 1, P. Hudson (Bl) 23'5½"; 2, D. Kidner (TVH) 22'4½"; 3, W. Schulz (Bir) 22'2"; 4, D. Wade (Bel) 22'0½"; 5, Drew 21'6½"; 6, F. Alsop (Horn) 21'0½".

TJ: 1, G. Hamlyn (Bl) 49'10½"; 2, Drew 49'0½"; 3, A. Sheldon (Bir) 46'8½"; 4, D. Harding (Bl) 46'8½"; 5, Kidner 44'11½"; 6, D. Smith (TVH) 44'11½".

SP: 1, W. Tancred (Poly) 51'11"; 2, S. Clark (WG) 50'9"; 3, M. Cushion (WG) 41'6"; 4, D. Skelcher (Bl) 40'11"; 5, B. Shapcott (Bl) 40'9"; 4, B. Elsom (LC) 39'5".

DT: 1, Tancred 169'5"; 2, Cushion 154'6"; 3, J. Weightman (Ilf) 141'3"; 4, Clark 134'2"; 5, Wilson (Notts) 131'5"; 6, J. Stone (TVH) 128'4".

HT: 1, N. MacDonald (Bl) 173'10"; 2, L. Hall (TVH) 167'11"; 3, Tancred 160'9"; 4, G. Goodban (TVH) 155'6"; 5, J. Skrybant (Bir-J) 153'5"; 6, Davies (WG) 146'9".

JT: 1, R. Perkins (Notts) 218'4"; 2, M. Turner (Bl) 216'6"; 3, G. Markowski (Notts-J) 200'1"; 4, B. Bushnell (Ilf) 189'1"; 5, M. Swartz (TVH) 181'8"; 6, R. Bartlett (Poly) 178'7".

2MW: 1, K. Livermore (WG) 14:47.8; 2, R. Barnes (Bel) 14:58.8; 3, B. Armstrong (Ilf) 15:01.6; 4, J. Thomas (Ilf) 15:21.0; 5, C. Lawton (Bel) 15:41.8.

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RESULTS IN BRIEF

April 8th

Liverpool T & F League, at Pilkington. 3000mSC: D. Hindley (W'loo) 9:30.0. (Yths) 120H: N. Geldeard (W'loo) 15.7. Teams: 1, Waterloo 194; 2, Wallasey 188. (Only results received).

April 13th

At Ladywell Park. PV: L. Jones (B'th) 12'6". SP: D. Tearle (Camb. H) 47'1½". DT: W. Butterfield (Erith) 130'4". JT: K. Sheppard (Walton) 214'3".

April 20th

Guildford & G. 250, Ealing & S. 238, Hillingdon 204, Borden 195, Epsom & E. 174, KAC 163, Aldershot, F. & D. 114, Erith 53, at Epsom. 880: M. Bilham (B) 1:55.6. HJ: (A) 1, P. Gates (EE) 6'3½"; 2, R. Batterley (H-J) 5'10". (B) D. Newman (EE) 5'10". LJ: A. Shoebridge (ES) 22'3½". SP: 1, W. Fuller (EE) 46'2"; 2, A. Kerr (H) 45'7½"; 3, A. Chromniak (GG) 43'4". DT: 1, Kerr 144'6"; 2, Chromniak 137'3"; 3, Butterworth (E) 127'3"; 4, Foster (AFD) 126'11". JT: (A) 1, Kidd (B) 201'1"; 2, Turnbull (K) 184'2". (B) 1, R. Harland (K) 181'0"; 2, Chromniak 165'0". (Women) Aldershot, F. & D. 282, KAC 213, Epsom & E. 168, Hillingdon 167, AFD "B" 71, Erith 63, Guildford & G. 46. 880: 1, S. Fitzmaurice (AFD) 2:18.0; 2, B. Pantan (K) 2:22.0. HJ/LJ: B. Inkpen (AFD) 5'7"/18'9". SP: 1, S. Havard (AFD) 35'8"; 2, E. Sissons (EE) 34'8". DT: R. Flynn (AFD) 98'2". (Jnrs) LJ: Gibbons (EE) 16'7½".

April 27th

"Coronation" Trophy Meeting, at Carshalton. HJ: 1, S. Kilpatrick (LAC) 6'2½". SP: W. Fuller (Epsom) 47'7". JT: V. Mitchell (LAC) 208'6". Teams: 1, eq. LAC & Croydon 41; 3, Epsom & Ewell 39. ("Grove" Trophy) HJ: M. Vale (Sy Bgls) 6'0". LJ: G. Palmer (SB) 21'10½". SP: A. Canham (MP) 43'2". JT: D. Carley (MP) 181'9". Teams: 1, Met. Police 44; 2, Surrey Beagles 41; 3, QPH 40. (Women—"Oaks" Trophy) 100: S. Willshire (Hayes) 11.3. 220: J. Pawsey (Mit) 26.0. 80mH: L. Griffiths (Mit) 12.1. 4x110: Mitcham 49.6. HJ: E. Rowe (Mit) 5'0". LJ: J. Towl (Mit) 18'9". SP: J. Quick (Mit) 43'9". JT: A. Farquhar (Mit) 158'10". Teams: 1, Mitcham 48; 2, Selsonia 35; 3, Hayes & H. 32. (Only results received.)

Peter Macey 10M. Road Race, at Horncchurch. 1, T. Edwards (Horn) 54.06; 2, S. Webb (Ex Bgls) 54.23; 3, M. Robinson (Horn) 55.58.

"Gordon Pirie" Trophy Meeting, at Erith. 3M: R. Hayman (Med) 14:29.8. HJ: M. Bartlett (Camb. H) 5'11". LJ: J. Howell (HHH) 21'10". SP: M. Bellingham (CH) 47'6". JT: C. Brand (B'th) 182'0". Teams: 1, Cambridge H. 80; 2, Medway 61; 3, HHH 50.

April 28th

Midland Women's Field Event League, at Perry Barr. 80mH: L. Curwen (Stoke) 12.1. LJ: C. Mulliner (Stoke) 16'10½". SP: 1, R. Payne (Loz) 40'8½"; 2, J. Wray (Birchf) 35'7½"; 3, S. Thomas (née Parrish) (Bir) 35'1½". DT: 1, Payne 150'11"; 2, M. Pasquetti (Bir) 109'1". JT: C. Morris (Bir)

FREARY 13:24.6 ... GREGORY 13:34.8
... BATTY WINS ESSEX "20" ...
INKPEN 5' 7" ... FARQUHAR 158'10"

111'0". (Inter) 80mH: 1, B. McMahon (Bir) 12.9; 2, L. Robinson (Bir) 12.9; 3, S. Walton (CG) 13.0. HJ: McMahon 4'7". JT: L. Leach (Bir) 86'9½". (Jnrs) 80mH: 1, B. Thompson (Bir) 12.0; 2, J. Honick (Bir) 12.3.

Lincs AAA League Meeting, at Scunthorpe. TJ: 1, J. Thompson (Lincs CC-J) 48'3"; 2, S. Manson (Grimsby) 47'0"; 3, B. Scutt (Scun) 45'3". SP: G. Capes (Hol) 51'3". (Jnrs) JT: West (Hol) 169'10". (Yths) LJ: Greenberry (LCC) 21'0¼". SP: Bates (Hol) 47'10½".

Open Meeting at Maidenhead. 100/220: M. Hauck (OUAC) 10.1/22.4. TJ: L. Griffin (OU) 44'10".

Chelmsford 439, Harlow 351, Hadleigh Oly. 319, Hornchurch 311, Essex Beagles 308, Newham 290, Romford 199, Brentwood 107, Ilford 103, Walthamstow 59, at Harlow. 2M: R. Gill (I) 9:21.6. HJ: M. Joyce (Ho) 5'10". LJ: E. Robinson (Ho) 21'5½". DT: 1, P. Bullock (HO) 144'2"; 2, J. Weightman (I) 138'1". (Jnrs) 2000mSC: 1, J. Dobson (HO) 6:04.8; 2, A. Nixon (I) 6:08.2. JT: Evans (Har) 169'9". (Yths) 4x110: 1, Essex Beagles 46.6; 2, Chelmsford 47.0; 3, Newham 47.1. LJ: L. Burley (N) 20'0". (Women) LJ: J. Philp (C) 17'8½". (Inter) LJ: C. McFarlane (C) 16'9". (Jnr Girls) 880: 1, A. Chapman (HO) 2:36.2; 2, D. Riley (C) 2:36.2. JT: T. Mobden (Har) 90'0".

April 30th

Derby & County AC 10M. Road Championship, at Markeaton Park. 1, J. Simmons 48.21 (rec); 2, D. Eccles 49.14; 3, G. Lawrence 49.16; 4, P. Callandine 49.28; 5, H. Leeming 49.52; 6, A. Taylor 50.13. First veteran: J. W. Keily 59.04.

Middlesbrough & Cleveland H. 6M. Track Championship, at Middlesbrough. 1, A. Moore 29.16; 2, C. Vaux 30.01; 3, M. Hall 30.14.

May 1st

West Yorkshire League, at Huddersfield. 220: A. Flynn (ASV) 22.5. 2M: 1, D. Quinlan (Long) 9:22.6; 2, M. Willingham (LC-J) 9:27.6; 3, C. Taylor (ASV-J) 9:28.2. HT: H. Richardson (LC) 152'6". (Jnrs) DT: A. Gummerson (Wake) 145'7". Teams: 1, Longwood 49; 2, Leeds City 22; 3, Wakefield 21; 4, Airedale & SV 13; 5, Holme Valley GS 12; 6, Temple Moor 11; 7, Halifax 10; 8, Spenborough 3. (Women) DT: P. Bradley (ASV) 99'2". (Jnrs) 880: S. Sugden (ASV) 2:34.8. Teams: 1, Spenboro' 26; 2, ASV 10; 3, Eccleshill 9.

Bristol AC Open Meeting, at Greenway Track, Bristol. 100: 1, M. Chaplin (West) 10.1; 2, P. Templeton (Bris) 10.1; 3, A. Forse (Bris) 10.2; 4, R. Walker (Bris. Un) 10.2. 440: 1, J. Gingell (B) 51.0; 2, D. Burden (Millfield-J) 51.2. 2M: 1, G. McBride (Mill) 9:08.6; 2, A. Reed (West) 9:15.0; 3, D. Francis (West) 9:17.0; 4, D. Rowlands (Newp) 9:20.0; 5, A. Benn (Bris) 9:21.0. 4x220: 1, Bristol 1:26.0; 2, Bris. Un. 1:26.6. LJ: P. Bevan

(B-J) 20'0". TJ: R. Davidge (B) 45'1½". SP: R. Matherick (B) 43'7½". JT: 1, R. Granville-Martin (B) 187'0"; 2, R. Evans (W) 176'0". (Yths) 110H: R. Hurley (B) 15.3. (Women) 100: 1, E. Johns (Roath) 11.4; 2, P. Attwood (B) 11.5; 3, P. McElroy (B) 11.5; 4, G. Leigh (B-I) 11.7. 880: M. Smith (W) 2:26.0. 80mH: 1, C. Taylor (B) 12.5; 2, J. Eastman (B-I) 12.6. 4x220: 1, Bristol 1:49.2; 2, Bristol Inter. 1:52.0. (Jnrs) 100: 1, J. Jay (B) 11.8; 2, M. Smith (R) 11.9. 150: 1, Jay 17.0; 2, Smith 17.0; 3, Y. Campbell (B) 17.8; 4, D. Robinson (W) 18.1. 880: 1, S. Swift (Glos) 2:27.5; 2, H. York (W) 2:29.6; 3, D. Slater (W) 2:34.4; 4, D. Keegan (—) 2:35.0.

Loughborough Colls 194, Manchester Univ. 114, Sheffield Un. 70, at Fallowfield. 100: 1, D. Wood (LC) 9.9; 2, R. Lobo (LC) 10.0. 220: D. Lawrence (LC) 22.4. 440: 1, Lawrence 50.0; 2, A. Prodders (MU) 50.6. 120H: 1, C. Longe (LC) 16.0; 2, D. Read (LC) 16.1. 440H: 1, H. Thomas (LC) 57.6; 2, N. Scott (LC) 58.0. 4x110: Lough. C. 44.0. HJ: P. Lance (LC) 5'10". PV: M. Haggerty (LC) 11'0". SP: Longe 42'1½". DT: 1, Longe 137'10"; 2, S. Breen (LC) 130'3". HT: 1, B. Crowther (SU) 157'3"; 2, C. Higgins (LC) 153'5"; 3, A. Vymeris (MU) 132'3" (guesting Barry Williams of Salford Un. had 3 fouls—197'6", 198'10", 200'9").

Women's Meeting at University Fields, Leicester. 100: 1, J. O'Neill 11.5; 2, S. Scott (I) 11.7. 220: 1, O'Neill 25.5; 2, P. Jones 25.7. 440: 1, T. Bateman 58.6; 2, S. Crawcour 60.3. 80mH: 1, Jones 11.5; 2, S. Slattery 11.9; 3, S. Clelland 12.0. 4x110: Lines WAAA 50.2. HJ: S. Scott 5'0". LJ: 1, Clelland 18'14"; 2, Scott 17'11". SP: 1, Jones 38'6½"; 2, Slattery 32'8½". DT: 1, M. Pasquetti 118'4"; 2, E. Wordsworth 105'3". JT: J. Baker 138'3".

May 4th

Relays Meeting, at Preston. 3M: 1, M. Freary (Bolt) 13:24.6; 2, R. Gregory (MDLC) 13:34.8; 3, P. Raval (MDLC) 14:01.0; 4, J. Calvert (Clayton) 14:06.0; 5, J. Harrison (Pres-J) 14:09.0; 6, S. Clegg (Salf) 14:13.0. 4x440: Liverpool (M. Gilbert 49.2, A. Gerrard 50.8, P. Byrne 49.2) 3:22.0. Mile Medley: Liverpool (Gilbert 49.2) 3:30.3. HJ: JT: B. Sanderson (B'burn) 5'10"/202'11". (Yths) 4x880: Bolton United (S. Kenyon 2.03) 8:30.0. Mile Medley: 1, Blackburn 3:51.2; 2, Preston 3:52.4. (Women) 4x110: Blackpool 51.0. Medley Relay: 1, Blackpool 1:53.0; 2, Lancaster 1:53.5. Teams: 1, Blackburn 48; 2, Prest H. 42; 3, Blackpool 41; 4, Sale 32; 5, Lancaster & M. 20; 6, Liverpool 14; 7, Bolton 12.

Essex 20M. Road Race Championship, at Hornchurch. 1, M. Batty (Thur) 1:49.58 (26.33, 53.24, 80.49); 2, D. Staines (Thur) 1:51.13 (28.35, 55.50, 82.46); 3, M. Prosser (Har) 1:51.46 (26.55, 55.12, 82.51); 4, T. Edwards (Horne) 1:52.59; 5, E. Andrew (Horne) 1:55.49; 6, E. Butcher (Col) 1:55.58; 7, B. Hempstead (Col) 1:56.41; 8, D. Hardy (Wd. Gn) 1:57.15; 9, D. Horsup (Thur) 1:57.25; 10, F. Gamwell (If) 1:58.24; 11, A. Lovatt (If) 1:58.32; 12, A. Alderson (Har) 1:59.46. Teams: 1, Thurrock 12; 2, Hornchurch 25; 3, Harlow 34; 4, Ilford 36; 5, Woodford Green 41; 6, Orion 57.

John Tarrant Scores In Exeter - Plymouth "44"

May 4th

On a cool, sunny morning, conditions for the annual Exeter to Plymouth 44 Miles Road Race were ideal. Clear favourite was John Tarrant who lived up to expectation with a comfortable win, biding his time before making a decisive move.

1. J. Tarrant (Salford) 4:54.38
2. R. Meadowcroft (Bolton United) ... 5:01.45
3. A. Fern (Tipton) 5:09.07
4. F. Byrne (Camb. H) 5:21.16; 5, K. Hall (P'boro) 5:21.34; 6, T. Honeychurch (Paig) 5:24.40; 7, W. Pluck (B'mth) 5:29.08; 8, A. Vanderplank (So'ton) 5:37.31; 9, P. Penberthy (TVH) 5:41.38; 10, J. Fitzgerald (Mit) 5:45.06; 11, E. Gutteridge (Wind) 5:50.26; 12, K. Shaw (CH) 5:52.03; 13, E. Matraviers (Taunt) 6:01.51; 14, J. Ridout (Broms) 6:04.13; 15, D. Coffey (CH) 6:44.00. Team: Cambridge H. 31.

Weymouth St. Paul Harriers have vacancies for two senior men's teams in their Darch Trophy Meeting on June 15th, and for two senior women's teams in their Whittaker Trophy Meeting on July 21st. Interested clubs please contact A. Brown, 41 Broadmeadows Road, Wyke Regis, Weymouth, Dorset for the former and Miss C. Raines, 24 Melbourne Street, Weymouth for the latter.

Walton A.C. have vacancies for clubs and individuals to compete at their home fixtures at Stompond Lane, Walton, on Saturdays, June 1st, June 22nd and July 20th. No fees, no prizes. Write to P. Milner, 20 Nightingale Road, East Molesey, Surrey.

WORKSOP SPRING BANK HOLIDAY SPORTS and GALA

(Under A.A.A. Laws)

TOWN SPORTS GROUND, JUNE 3rd, 2 p.m.

Bring the family for an enjoyable day out

EVENTS—Senior Men: H'cp 100, 220, Mile.

Scratch 880 yds. Prizes valued £7, £3, £1.10.0.

Ladies: H'cp. 100, 220. Prizes £6, £3, £1.10.0.

Jnr. & Yth. H'cp. 220. Prizes £5, £2, £1.

Boys' H'cps. 80y (8-11), 100 (11-15). Prizes £1.10.0, £1, 10/-.

Girls' H'cps. 80y (8-11), 80y (11-15).

Team Races: Youths (15-17) 2 Miles (4 run, 4 count). Prizes 4 at £2, 4 at £1. Boys (13-15)

2 Miles (4 run, 4 count). Prizes 4 at 30/-, 4 at 15/-.

All ages as at midnight 1/2 September, 1968

Entry Fees: Men & Ladies 1/9 each, Boys & Girls 1/-, Teams 5/-. Entries to F. G. Story,

16 Gateford Road, Worksop (Tel: 3248).

Closing Date 1st post Monday, May 20th

Encouraging Discus and Hammer Marks

BILL TANCRED (25) moved a step nearer his immediate objectives of (a) the Olympic qualifying standard of 187'0"/57.00 and (b) the first 190-footer by a Briton when he threw the discus 183'2"/55.83 at Ipswich last Saturday. It was a personal best in competition by 6'4", 230lb Tancred, who it will be recalled hit 204'4"/62.28 in training at the same venue in March. His series: 176'1", 165'8", 183'2", foul, 180'7", 176'5".

More remarkable still was the performance in second place of 18-year-old brother Peter Tancred, who weighs in at 6'3" and 226lb. He began with 155'6", then came 163'7", foul, 163'10", 157'5" . . . and finally a prodigious 175'11"/53.62—a mark that places him among the very best in the world for his age. "For the big one," he told John Lusardi at Woodford next day, "the wind was absolutely perfect. Blowing strongly, it was between a cross and head wind. After throwing that I picked up the 1½ kilo discus but I was so elated I just didn't care and only managed 168 feet". Peter's best with the 2kg implement last year was 150'5".

Further good news from the discus circle: Arthur McKenzie (29) threw 178'2"/54.31 at Tyne-mouth on May 12th, his series being 176'8", 178'2", foul, 171'6", 2 fouts. His performance was all the more creditable since the discus was 1½ oz. overweight, the circle was 1" undersize and the throwing area was slightly uphill! The UK all-time discus list currently reads:

187'0"	Gerry Carr	17.7.1965
186'0"	Roy Hollingsworth	14.9.1963
183'2"	Bill Tancred	11.5.1968
181'6"	Mike Lindsay	4.5.1960
181'1"	Arthur McKenzie	27.4.1966
178'0"	Mark Pharaoh	27.11.1956
177'2"	Eric Cleaver	21.10.1962
176'0"	Barry King	7.5.1966
175'11"	Peter Tancred	11.5.1968

Another of Britain's "Cinderella" events which is looking decidedly healthier even at this early stage of the season is the hammer. As reported elsewhere, Barry Williams (21) threw 197'0"/60.05 (and fouled at 204'8"/62.38) at Birmingham on May 8th; three days later at Kirkby he improved again to 197'3"/60.12. Bruce Fraser (22) has also been breaking new ground: 195'0" at Newcastle on May 1st, 196'9"/59.97 at Tynemouth on May 5th and 194'11" at Tynemouth on May 12th. Dave Bayes (34) is also edging up towards the 60 metre mark. The UK all-time list reads:

213'1"	Mike Ellis	4.6.1959
208'10"	Howard Payne	28.9.1962
202'6"	Peter Seddon	10.5.1967
198'7"	Laurie Bryce	18.7.1967
197'3"	Barry Williams	11.5.1968
196'9"	Bruce Fraser	5.5.1968
195'7"	Peter Allday	2.9.1956
193'4"	Dave Bayes	4.5.1968

AMAZING JIM BAKER

UNTIL just a couple of weeks ago, the name of Jim Baker was unlikely to have come to mind when surveying Britain's Olympic middle distance prospects even if he had recorded such times as 1:50.1 (relay leg), 4:05.9 and 8:48.4 during the recent American indoor season. The 24-year-old Blackheath Harrier, now in his final year at Harvard, first attracted serious attention to himself when at Princeton on April 20th he produced a personal best mile time of 4:02.2 and just 45 minutes later returned to clock another best of 1:50.2 in the 880y.

Baker accentuated both his speed and endurance at Cambridge (Mass) on May 4th. Reeling off the most notable one-day treble ever recorded in those particular events, he finished a yard down on team-mate Roy Shaw in the 880y with a time of 1:48.6 (equalling the Olympic qualifying standard), won the 2 miles in 8:55.4 and then the mile in 4:11.8 . . . and all in the space of 80 minutes! An exciting future indeed would seem to stretch ahead of this former Gravesend Grammar School pupil, who finished last in the Oxford/Cambridge v. Harvard/Yale match 2 miles last summer.

Baker was an outstanding junior runner and was third in the English Schools mile in both 1962 and 1963. He recorded 4:27.1 in 1960, 4:21.5 in 1961 (he was the country's 4th ranking youth that season), 3:55.5 for 1500m and 9:14.8 for 2M in 1962, and 4:14.9 in 1963. As a freshman at Harvard in 1965 he clocked 4:12.0, and last year he progressed slightly to 4:09.8 and 8:56.6 for 2M. The previous best one-day treble on record was Neill Duggan's 1:49.9/4:09.4/9:05.6 in California in 1966.

More exciting news, too, from Dave Hemery. He clocked a wind-assisted 13.7 for 120y hurdles in a heat at Cambridge, Mass, on April 30th.

INDISPENSABLE

Now available from the Book Department are "British Athletics 1968" (the NUTS/BAAB annual with all the facts and figures of the 1967 season) and the AAA's Athletics Diary 1968/9. See the advertisement on page 32.

Due to the sudden death of Mr. Fred Burton, fixture secretary of Barnet & District AC, correspondence relating to fixtures should be sent to Mr. D. Burrage, 14 Burlington Rise, East Barnet, Herts. (ENT 5544).

BURTON OPEN SPORTS

B.H. MONDAY, 3rd JUNE

(AAA & WAAA Laws)

Men's 100, 220, 880, Mile H'cps., 3M, Open Team (3). Women's 100, 220 H'cps. Entries close Mon., May 20th, to K. E. Welsh, 56 Rolleston Rd., Burton-on-Trent.

CLUB TRACKSUITS. Bri-nylon or cotton suits in club colours and design. Club vests, own design made to order. Earliest deliveries direct from works. Quotation by return. **Yardleysport Manufacturing Co., 133 Burnley Road, Padiham, Lancs.**

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries 20s. per s.c. inch, per insertion. 25% series discount to clubs on four or more insertions.

BROOKMANS PARK SCHOOL P.T.A. 10 MILE OPEN ROAD RACE

(Under A.A.A. Laws)

SATURDAY, JUNE 22nd, at 3 p.m.

Officiated by Verlea Athletic Club
For P.T.A. & Barnet Press Trophies

Prizes first four Inds. and Teams, 1st Vet.

Fee 3/-, no charge teams (4 run, 3 score)

FREE TEAS ALL RUNNERS

Entries: T. G. R. Adams, 22 Oaklands Ave.,
Brookmans Park, Hatfield, Herts.

BY JUNE 8th

CHELTENHAM & COUNTY HARRIERS 7 MILES FESTIVAL ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 13th JULY, at 6 p.m.

AWARDS—Prizes value £7, £5, £3, £1 to first four individuals. Medallions to 1st team, plaques 2nd team, medals 3rd team. Standard medals to all runners finishing inside 39 mins. and not gaining any other award.

Entry Fees—3/- per ind., 5/- per team (6 run, 3 score). All must enter as individuals.

Entries to T. W. Joyce, 33 Miserden Road,
Cheltenham, Glos., close Sat., 29th June.

SOUTH SHIELDS SPORTS WEEK 5th OPEN SPORTS MEETING

(Under AAA, WAAA Laws & BCF Rules)

**GYPSIES GREEN STADIUM,
SOUTH SHIELDS**

SATURDAY, 29th JUNE, at 2.15 p.m.

EVENTS (Prize values in brackets) Entry fee

- | | |
|--|----------|
| 1. Men's Invit. 2 Miles | — |
| (£10.10.0, £6.6.0, £3.3.0) | |
| 2. Women's Invit. 100 Yards | — |
| (£7.7.0, £5.5.0, £3.3.0) | |
| 3. Women's Invit. 440 Yards | — |
| (£7.7.0, £5.5.0, £3.3.0) | |
| 4. Police 4x110 Yards Invit. Relay | — |
| (4 at £4.4.0, 4 at £2.2.0) | |
| 5. Women's 4x110 Yards Relay | 3/6 |
| (4 at £2.2.0, 4 at £1.1.0) | per team |
| 6. Women's 100 Yards Open H'cap. | 1/6 |
| (£5.5.0, £3.3.0, £1.1.0) | |
| 7. Junr. Women's 100 Yards Open H'cap. | 1/- |
| (Over 11 but under 15 on 1.9.68) | |
| 8. Men's 100 Yards Open H'cap. | 2/- |
| (£7.7.0, £4.4.0, £2.2.0) | |
| 9. Men's 300 Yards Open H'cap. | 2/- |
| (£7.7.0, £4.4.0, £2.2.0) | |
| 10. Men's One Mile Open H'cap. | 2/- |
| (£7.7.0, £4.4.0, £2.2.0) | |
| 11. Junr./Yth. 880 Yards Open H'cap. | 1/6 |
| (£5.5.0, £3.3.0, £1.1.0) | |

Entries to J. Relph, 7 Seaway, South Shields,
County Durham, by Saturday, 8th June.

BURY & RADCLIFFE A.C. 21 MILES ROAD RACE

(Under A.A.A. Laws)

SATURDAY, JUNE 8th, at 2.30 p.m.

AWARDS—1st, 2nd, 3rd Individuals; 1st, 2nd Teams; 1st Veteran; Time Certificates to all finishers. Entry fee: 2/6 per individual; no team fee (3 to score).

ENTRIES to J. Smith, 44 Kenmor Ave., Bury,
Lancs., by June 1st.

SITTINGBOURNE SPORTS DAY

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, JULY 6th, 2 p.m.

At THE BULL FOOTBALL GROUND

Senior Men's 100yds., 880yds., 1 Mile, Catch-weight Tug-of-War; Youths 1 Mile; Boys 100yds., 220yds., 880yds.; Senior Women's 100yds., 440yds.; Junior Women's 100yds., 880yds., 4x110 Relay.

ALL OPEN SCRATCH EVENTS

Prizes ● Medals ● Trophies

Entry forms from Miss B. Harris, 2 London
Road, Sittingbourne, Kent. (Tel: 2926).

COVENTRY PRESENTS

Third College "10"

10 MILES OPEN ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 8th JUNE, at 3.15 p.m.

AWARDS—First 3 ind. Plaques and Prizes
£7, £5, £3; 4th £2, 5th-10th £1. Medals first
3 teams (4 run, 3 count).

Entry fees: 3/- ind., 5/- teams. All enter as
individuals.

Attractive course, exceptional facilities.
Entries to Road Race Sec., College of Educa-
tion, Canley, Coventry, by Mon., 27th May.

FRECKLETON ANNUAL CLUB DAY SPORTS HALF-MARATHON

(13 Miles, 192½ yards)

(Open event under A.A.A. Laws)

SATURDAY, 15th JUNE, 7 p.m. Prompt

New Playing Fields, Bush Lane, Freckleton
PRIZES (all exc. Tax): 1st Ind. £10; 1st Team
3 at £4; 2nd Team 3 at £2; Veteran's Prize
£3 (age 40 years prior to day of race).

Entry Fees: Teams (4 run, 3 count) 7/6, Ind.
2/6. Entries on AAA forms, to K. W. Snibson,
"The Harbour," Bush Lane, Freckleton,
nr. Preston, Lancs.

STEVENAGE & NORTH HERTS. A.C. STEVENAGE 10 MILE

ROAD RACE

(under A.A.A. Laws)

SATURDAY, JUNE 8th, at 3 p.m.

From King George V Playing Field
Stevenage, Herts.

Awards—1st, 2nd, and 3rd teams (4 run, 3
score), 1st, 2nd and 3rd individuals, 1st
veteran.

Entry fee: 3/- per person, no team fee.

Entries to D. R. Warburton, "Windrush,"
Broadway, Letchworth, Herts., by Saturday,
June 1st.