

athletics

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

National League Results

★ Harry Hutchens
—by Peter Lovesey

★ AAA v. Birmingham
University



1/6

DICK TAYLOR hands
over to Coventry
Godiva team-mate
PHIL LANCASTER
after his great run in
the National Road
Relay.

Bukta

STYLED FOR ACTION!

TRACK SUITS

Excellent range in a wide variety of fabrics
and large range of colours.

Obtainable from your local outfitter/sports
outfitter or Brochure from Bukta, Brinks-
way, Stockport.

THE PAGE SETTERS

LEADING UK outdoor performers in each event, as at May 12th:—

100m: 10.4 (questionable start) Mike Hauck; **200m:** 21.3* (actually 21.4 220y) Hauck; **400m:** 46.8 Colin Campbell; **800m:** 1:49.6* (1:50.3y) Campbell; **1500m:** 3:46.0* (4:04.0 mile) Roy Young; **5000m:** 14:01.0 Mike Baxter; **10,000m:** 28:24.4 Dave Bedford; **10M:** 47:27.0 Ron Hill; **Mar:** 2:11:07.2 Bill Adcocks; **3000mSC:** 8:45.8 Gareth Bryan-Jones; **110mH:** 14.0 Alan Pascoe; **400mH:** 53.0 Bob Roberts & Dave Schärer; **HJ:** 2.01/6'7" Mike Campbell & 2.00/6'7" Leon Hall; **PV:** 4:85/15'11" Mike Bull; **LJ:** 7.53/24'8½" Alan Lerwill; **TJ:** 15.43/50'7¼" Derek Boosey; **SP:** 17.65/57'11" Bill Tancred; **DT:** 55.12/180'10" John Watts; **HT:** 65.67/215'5" Howard Payne; **JT:** 81.92/268'9" John FitzSimons; **20kmW:** 1:30:07 Paul Nihill; **50kmW:** 4:29:59 Bryan Eley.

(Women) **100m:** 11.7w Madeleine Cobb & 11.9 Janet Simpson; **200m:** 24.5 Cobb & Jenny Pawsey (24.5w Jannette Champion); **400m:** 54.5 Rosemary Stirling; **800m:** 2:09.8* (2:10.6y) Thelwyn Bate-man; **1500m:** 4:26.4 Rita Ridley; **100mH:** 14.3 Christine Perera & Sue Scott; **HJ:** 1.76/5'9¼" Barbara Inkpen; **LJ:** 6.15/20'2¼" Scott; **SP:** 15.08/49'5¼" Brenda Bedford; **DT:** 48.21/158'2" Rosemary Payne; **JT:** 44.73/146'9" Pru French.

Note the following superior indoor marks—**800m:** 1:49.2 Bob Adams; **1500m:** 3:44.6* (4:02.6 mile) Walter Wilkinson & Peter Stewart; **HJ:** 2.03/6'8" Campbell; **PV:** 5.03/16'6" Bull; **LJ:** 7.76/25'5½" Lynn Davies; **TJ:** 15.99/52'5¼" Boosey; **SP:** 18.13/59'6" Jeff Teale; women's **800m:** 2:09.7 Sheila Carey & Stirling; **LJ:** 6.18/20'3¼" Scott.

HIGH JUMPERS CLUB COMPETITION

The High Jumpers Club of Great Britain are staging competitions for men and women, all age groups, at Crystal Palace on Sunday, June 8th. Entries, by May 31st, to Mike Campbell, 25 Cranbourne Drive, Pinner, Middx., or Mrs. Gwenda Hurst, 18 Park Avenue, New Duston, Northampton. They would also like to hear from field event judges interested in helping the club by staging local competitions on the club's behalf. Dates so far for which officials are needed are June 8th (Crystal Palace), Aug. 10th (Leicester) and Aug. 16th (Crystal Palace).

Mrs. Hurst, the Women's Section secretary, invites all interested in women's high jumping, whether active or not, to get in touch with her. Active jumpers are asked to supply the following information: club/school; best performance and date achieved; name of coach if any; comments on whether extra competitions are required (and where and when); plus any other relevant information or enquiries. Please enclose an SAE.

The Midland Counties AAA point out that the high-jump run-up at Warley is an all-weather one.

Cover photo by Ron Linstead

QUALIFYING TIME BY ROSEMARY STIRLING

Making her outdoor season debut in Formia (Italy) last Sunday, Rosemary Stirling posted the fastest 400m time in Europe this year of 54.5, a tenth faster than Colette Besson's best. The time also equalled the European qualifying standard. Far behind in second place was Austria's Maria Sykora in 56.8. At the same meeting Janet Simpson, competing for the first time since Mexico, was 3rd in 11.9 in the 100m won by Irena Szewinska in 11.7; Sue Scott set a personal best 100mH time of 14.3 for 4th place behind Switzerland's Meta Antenen (13.7), Poland's Tereza Sukniewicz (14.0) and Szewinska (14.1), and 3rd in the long jump with 6.15/20'2¼" behind Szewinska (6.48/21'3¼") and fellow-Pole Mirosława Sarna (6.33/20'9¼").

JOHNSTON'S FINE MARATHON

Tim Johnston won the international marathon in Karl-Marx-Stadt (East Germany) last week-end by a quarter of a mile in 2:15:31.2. It will be recalled that in last year's race Bill Adcocks was the winner in 2:12:16.8 with Jim Alder 4th in 2:14:14.4. On this occasion Nedo Farcic (Yug) was 2nd in 2:16:50.2, Jurgen Busch (EG) 3rd in 2:17:43.8, Lajos Mecser (Hun) 4th in 2:17:58.8 and Don Macgregor 5th in 2:18:51. Full report next week.

WORLD RECORDS

John Carlos followed up his windy 9.0 of the previous week with a legal (+ 0.22m/sec) 9.1 clocking for 100y, equalling the world record, at Fresno last Saturday. He won by three yards from Ronnie Ray Smith and Bill Gaines, both 9.4. Heide Rosendahl set an inaugural world record of 4995 points for the new-style pentathlon (with 100m hurdles) at Leverkusen on Sunday. Her marks were 13.7 for 100mH, 13.93/45'8¼" shot, 1.59/5'2¼" HJ, 6.28/20'7¼" LJ and 24.8 200m.

BARRY WILLIAMS NOW THIRD BEST

Barry Williams (22), whose previous best in competition was 61.70/202'5", threw the hammer 63.98/209'11" (and 63.25/207'6") at Kirkby last Sunday for third place on the UK all-time list behind Howard Payne and Mike Ellis. The European qualifying standard is 65.00/213'3".

SITTINGBOURNE SPORTS DAY

(Under A.A.A. & W.A.A.A. Laws)
SATURDAY, JUNE 28th, at 2 p.m.
BELL LANE SPORTS GROUND

Senior Men's 100yds, 220yds, 880yds, 1 mile. Catchweight Tug-o-War. Junior Boys' 100yds, 880yds. Women's 100yds, 440yds. Junior Girls' 100yds, 880yds, 4x110 Relay. All open Scratch events.

Prizes: Medals and Trophies. Entry forms from: Miss B. Harris, 2 London Road, Sittingbourne, Kent. Tel: 2926.

ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

Vol. 23 No. 20

OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

May 17th, 1969

Managing Editor: P. W. GREEN

Editor: MELVYN WATMAN

Editorial Assistant: DAVID COCKSEGE

Subscription Dept. & Distribution:

Miss J. GREEN & Miss Y. R. NASH

Advertisement Director: P. W. GREEN

MAIN U.K. CORRESPONDENTS:

Scotland—Willie Diverty, Wales—Bernard Baldwin and Gordon Roberts. Ireland—David Seaton. **Roving**—Cliff Temple.

LEADING OVERSEAS**CORRESPONDENTS:**

Australia—Bernie Cecins, India—Ranjit Bhatia, Italy—Luigi Mengoni, Jamaica—Richard Ashenheim, Japan—Atsushi Hoshino, Kenya—Cliff Roffey, New Zealand—Graham Sheath, Rhodesia—Philip Kennedy, South Africa—Doug Coghlan, U.S.A.—Dick Bank, Dick Drake, Elliott Denman, Vince Reel, Stan Eales, Jim Dunaway, Joe Henderson, Czechoslovakia—Jan Popper, Nigeria—Bode Akinbiyi, Canada—Lloyd Swindells, Brazil—Derrick Marcus, USSR—Anatoliy Kashcheyev.

Published by—

WORLD ATHLETICS AND
SPORTING PUBLICATIONS LTD.

At their Editorial Offices—

344 HIGH STREET,
ROCHESTER, KENT.
(Medway 44644).

Advertisement Department—

All communications to
The Advertisement Director,
World Athletics & Sporting Publications
Ltd.,
344 High Street, Rochester, Kent.

Printed by—

KENT ART PRINTERS LTD.,
NEW ROAD, ROCHESTER, KENT.

SUBSCRIPTION RATES

Direct subscribers in U.K. and H.M. Forces
abroad:—

12 MONTHS (52 issues) 78s. 6d.

6 MONTHS (26 issues) 42s.

3 MONTHS (13 issues) 21s.

All other subscriptions:

12 MONTHS 95s. 4d.

Subscribers automatically become members of
the "A.W." Club.

CERTIFIED CIRCULATION**10,798**

January 1st—December 31st, 1968

CONTENTS

National League—Division 1	...	5
National League—Division 2	...	6
National League—Division 3	...	7
AAA v. Birmingham University	...	10
Scottish News	...	12
Harry Hutchens—by Peter Lovesey	...	18
Spotlight on Youth	...	21
Welsh Results	...	22
Cliffhangers	...	26
Overseas News & Results	...	28
Letters	...	30
National 20km Walk	...	34

THE WEEK AHEAD

Saturday, May 17th: UAU Championships at Leicester; Surrey CAAA Relays and Decathlon, etc., at Wimbledon Park; Cheshire CAAA Championships at Hartford; Derbyshire CAAA Open graded meeting at Derby; Eastern Counties Championships at Norfolk; Chingford Track League at Enfield; Highland Gathering at Richmond; Kent Womens' AAA Championships at Crystal Palace; WAAA Midland League at Solihull; Welsh Colleges Championships at Cwmbran; Staffordshire Womens' Championships at Stoke; Hampstead "10" (180 competitors, 24 teams); East Hull Open "12"; Halesowen "16"; Huddersfield Marathon; Isle of Wight Marathon; Barkway Trophy at Watford; Herald Trophy at Twickenham; Thurrock "10" at Grays; Gloucestershire Championships; Land O'Burns Meeting (Scotland).

Sunday, May 18th: Surrey CAAA Decathlon & 10,000m at Wimbledon Park (2nd day); Hampshire WAAA Championships at Southampton; Vancouver Trophy at Woodford; International Meeting in Rome.

Monday, May 19th: NIAAA Trials at Malone, Belfast.

Tuesday, May 20th: Luton Leagues; Loughborough Colleges Decathlon (and Wed.); Loughborough Univ. v. Loughborough Colleges v. Midland Counties Under 21 at Loughborough.

Wednesday, May 21st: London AC v. Royal Navy AA at Crystal Palace; RAF v. Borough Road College v. Cardiff TC v. Twickenham College at Twickenham; West Glamorgan Junior League at Swansea; Ranelagh Club 10M Road Race at Petersham (Guests welcome); Welsh AAA Junior Championships; OUAC v. ULAC at Oxford; Borough Road College v. St. Mary's v. RAF v. Cardiff, at Uxbridge.

VAUXHALL SPORTS SPECTACULAR

SATURDAY, JUNE 14th, 1969

(AAA, WAAA, RWA & BCF Rules)

100 & 300yds. H'cps., 2 Mile Team & Ind. (restricted—over 9m.10s.), 1 Mile Invitation (BMC), 10 Kilo. Walk, 880yds. Scr. (15-17 yrs.). **Ladies:** 800 metres scr., 2000 metres Walk H'cp., also Men's Cycling.

CLOSING DATES: H'cps. 29th May, Scratch 3rd June, Cycling 30th May.

Entry Fees: 2/6 per event, 1/- additional, 5/- team. **Entries to A. C. Aston, Vauxhall Motors Rec. Club, Kimpton Road, Luton, Beds. (Phone: Luton 21122, Ext. 3257).**

TATCHBURY MOUNT HOSPITAL

Annual Open

SPORTS MEETING

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, 16th AUGUST, at 2.30 p.m.

ALL SCRATCH EVENTS (Metres)

Men—Open 100, 200, 400, 800 Metres, 1500 Metres Invitation, 3000 Metres Team Race (4 run, 3 score), 3000m Walk, 1600 Metres Medley Relay, Youths' 800 Metres (15-18), Tug-of-War (Catchweight). Also Inter-Hospital 800m & 3000m.

Ladies—200 Metres. **Inter. Ladies**—800 Metres.

VALUABLE PRIZES

Entries (2/6 ind., 10/- Team) close August 9th on A.A.A. forms, to W. Hewitt, Tatchbury Mount Hospital, Calmore, Southampton, SO4 2RZ (Tel: Totton 2310).

LANCASHIRE COUNTY A.A.A.

1969 CHAMPIONSHIPS

(Part 2)

(Under A.A.A. Laws)

KIRKBY STADIUM

SATURDAY, JUNE 21st

Senior: 100, 200, 400, 800, 1500, 5000, 110 Hds., 3000 S'chase, HJ, LJ, PV, Shot, Javelin, Hammer, 3000 Walk.

Junior: 100, 200, 400, 800, 1500, 2000 S'chase, 110 Hds., 400 Hds., LJ, TJ, Shot, Discus, Javelin.

Youths: 100, 200, 400, 800, 1500, LJ, TJ, PV, Shot, Discus, Hammer.

Entry forms from Club Secretaries or from A. R. Mason, 19 Nocturnum Dell, Birkenhead (051-652-3540) to whom entries and all enquiries should be sent.

Entry Fees (per event): Youths 2/6, Juniors 3/6, Seniors 5/-.

CLOSING DATE: WEDNESDAY, JUNE 4th

THE SKIDDAW FELL RACE

(Under A.A.A. Laws)

SUNDAY, 6th JULY, 1969

Distance—9 Miles from Keswick to the summit of Skiddaw and return.

3,000 feet of ascent

Prizes to the first three individuals, first team and first Veteran. Certificates to all completing course in 80 mins.

Entry fees: 5/- individual, 7/6 per team (3 to score) additional to ind. fee.

Entries to J. D. Oliver, 6 Stovah Cottages, Thirlmere, Cumberland.

ENTRIES CLOSE 23rd JUNE, 1969

DEVON & CORNWALL CONSTABULARY

ATHLETIC MEETING

Recreation Ground, Torquay

Wednesday, 16th July, 1969

at 2 p.m.

(Under A.A.A. & W.A.A.A. Laws)

OPEN EVENTS

MEN

		Prize	Value
100yds. Flat Handicap	... £7/7	£4/4	£2/2
220yds. Flat Handicap	... £7/7	£4/4	£2/2
440yds. Flat Handicap	... £7/7	£4/4	£2/2
880yds. Flat Handicap	... £7/7	£4/4	£2/2
One Mile Flat Handicap	... £7/7	£4/4	£2/2
Two Miles Open Scratch	... £7/7	£4/4	£2/2
(Team & Ind., 4 run, 3 score) Team Prizes to value of £18, 5 teams to run or no 3rd team prize.			
100yds Vets Handicap	... £3/3	£2/2	£1/1
(6 entries or no race)			

WOMEN

100yds. INVITATION Short

	Limit Handicap	£5/5	£3/3	£1/1
100yds. Flat Handicap	... £5/5	£3/3	£1/1	
220yds. Flat Handicap	... £5/5	£3/3	£1/1	
4 x 110 Relay. Three sets prizes valued £18				

Entrance Fees—1/- each event, team event 5/-

Entries Close Monday, 30th June, to Sgt. R. A. Cox, Sports Hon. Sec., Police Stn., Torquay.

CLASSIFIED ADVERTISEMENTS

6d. per word.

Trade 1s. per word.

Timekeeper requires NPL certificated watches. Offers and price to W/O Woods, 23 Group RPC, St. David's Barracks, Bicester.

TRACKSUITS. Your own designs. Printed with name, badge or crest. **Yardley Sport Manufacturing Co., 133 Burnley Road, Padiham, Lancs.**

TRACKSUITS AT WHOLESALE PRICES. Heavy cotton, fleecy lined, $\frac{1}{2}$ zipped, elastic waist-band and cuffs, fitted breast pocket. Available in Royal, Black and Maroon, in chest sizes 32"—32/6; 34"—37/6; 38"—40/-; 40"—45/-; 46"—50/-; 48"—52/6, plus 2/6d. p. & p. Team and Trade discount enquiries invited. Send C.W.O. or send 6d. stamp for catalogue. **Sports Range (A.W.), 51 Bradmore Green, Brookmans Park, Herts.**

National League, Div. I**At Twickenham, May 10th****Birchfield Overhaul Poly Just In Time**

PROOF of just how thrilling this National League can be was provided at Twickenham. Consider, after 10 of the 19 events Birchfield were comfortably ahead with 139 points as against 122 by Poly, TVH and Brighton & Hove. Yet, with three to go, the situation was transformed: Poly led with 205 to Birchfield's 189 and Brighton's 187, while TVH had slipped to 162 and were being closely pressed by Cardiff (159). Poly were still in front with just the shot and javelin results to come, but the London club's hopes were dashed when the Midlanders scored heavily in those events to finish ten points clear. Birchfield thus proceeded to the second of the three league meetings (at Crystal Palace on August 23rd) with 6 pts., Poly have 5, Brighton & Hove 4, Cardiff 3, TVH 2 and Blackheath 1.

Wretched weather and a poor track ("It's like running on the beach, with loose sand under your feet" was how Ian Stewart described it) conspired to lower the standard of performance but nothing could dampen the terrific club spirit that was evident. Ray Roseman, for example, ran in both the 800m and 1500m, and but for Brighton possessing two very capable 5000m runners would have gone for that event, too. The field events, with 552 points at stake, had to be taken seriously and this was where Thames Valley, in particular, came unstuck. Unable to find even one pole vaulter, they lost between 12 and 16 points to their closest rivals in that event alone. Even Birchfield ran into trouble in this department, scoring very few points indeed in the pole vault and high jump.

It was Birchfield's Howard Payne who supplied the meeting's finest performance. In protest against the hammer being farmed out to a field adjoining the stadium, right-hander Payne took his first five throws LEFT-handed. At the same time he was keen to see whether he could defeat his colleague Niall McDonald by this method with which he has reached 170ft. (51.82) in training. His opening throw of 51.46/168'10", which proved to be his best, fell 8" short of McDonald so Payne—who has been beaten only once by a British thrower (Pete Seddon) since 1960—reverted to his orthodox technique for his final effort . . . and it went 64.76/212'5". At 38, Howard has his sights on 230ft. (70.10), a target that would have seemed utterly absurd this time last year. Not so now. Payne, incidentally, amassed a total of 26 points, a score surpassed only by Brighton's Mike Winch.

The other "exploit" came in the 5000m where Ian Stewart, making his debut to a track season that could culminate in something rather special in Athens, left Bob Richardson 180 yards behind in 14:01.4 even though he had plenty in reserve. He should be a good 20 sec. faster at the inter-counties.

Briefly . . . the combination of slow track and headwind slowed 100m times by a good half second—even so 1 bet spectating "Mac" Bailey would have run no slower than 10.8 in his prime . . . Colin Campbell, who came from behind to nip Len Walters, later ran a 47.8 relay leg . . . Bob Adams covered the second lap in the 800m in 53.5 . . . In spite of an awkward clearance action, steeplechaser Bill Mullett looks like 8:40 material this season . . . Even without John Sherwood, Birchfield gained maximum points in the 400m hurdles . . . Nick Overhead created a record of sorts by long jumping almost as far as he threw the hammer: 6.77/22'2½" against 7.08/23'3" . . . Full marks to announcers Peter Matthews and Mike Farrell and their walkie-talkie communicators (led by Tony Ward) for a speedy and comprehensive information service, but conspicuous by their absence were a wind gauge, a scoreboard showing team scores, space in the programme for keeping such scores . . . and, in any considerable number, spectators.

Melvyn Watman

Teams: 1, Birchfield (B) 239; 2, Polytechnic (P) 229; 3, Brighton & Hove (BH) 221; 4, Cardiff (C) 194; 5, Thames Valley (TV) 190; 6, Blackheath (B'ht) 177.

100m: "A" 1, R. Frith 11.1; 2, L. Davies (C) 11.3; 3, J. Knowles (BH) 11.3; 4, C. Mogg (TV) 11.6; 5, P. Wiltshire (B) 11.7. "B" 1, E. Osborn (P) 11.4; 2, T. Smith (B) 11.7; 3, A. Dudley (TV) 11.7.

200m: "A" 1, L. Davies (C) 22.6; 2, C. Mogg (TV) 22.7; 3, T. Smith (B) 23.0; 4, E. Osborn (P) 23.5. "B" 1, J. Knowles (BH) 23.0; 2, R. Frith (P) 23.1; 3, L. Walters (TV) 23.7.

400m: "A" 1, C. Campbell (P) 49.0; 2, L. Walters (TV) 49.1; 3, D. Scharer (BH) 50.0; 4, I. Thomson (B) 51.7. "B" 1, J. Marsh (TV) 49.2; 2, H. Lindberg (BH) 50.0; 3, A. Sultz (P) 51.1; 4, M. Watson (B) 51.1.

800m: "A" 1, R. Adams (P) 1:51.1; 2, R. Steele (B) 1:53.0; 3, R. Roseman (BH) 1:54.0; 4, R. Falconer (B'ht) 1:54.8; 5, R. Smith (TV) 1:56.8. "B" 1, P. Stewart (B) 1:55.4; 2, P. Beacham (P) 1:57.1; 3, G. Wilson (BH) 1:57.1; 4, A. Cowen (TV) 1:57.3.

1500m: "A" 1, R. Roseman (BH) 3:52.8; 2, F. Bell (TV) 3:53.0; 3, B. Mapstone (C) 3:54.2; 4, J. Boggis (B) 3:57.5; 5, P. Horwood (B'ht) 4:00.5; 6, P. Beacham (P) 4:01.8. "B" 1, B. Plain (C) 3:54.6; 2, J. Paterson (BH) 3:56.0; 3, G. Goodman (TV) 3:58.0.

5000m: "A" 1, I. Stewart (B) 14:01.4; 2, R. Richardson (B'ht) 14:26.2; 3, J. O'Keefe (P) 14:31.6; 4, P. Standing (BH) 14:34.0; 5, F. Whitley (TV) 14:54.0. "B" 1, P. Bennett (BH) 14:35.0; 2, J. Baldwin (B'ht) 14:47.0; 3, J. McNamara (P) 14:58.6.

3000mSC: "A" 1, W. Mullett (BH) 9:04.6; 2,

C. Perry (B) 9:08.6; 3, B. Hayward (C) 9:20.6; 4, D. Davies (TV) 9:26.8; 5, C. Woodcock (B'hth) 9:50.6. "B" 1, J. Stephenson (BH) 9:17.0; 2, D. Gillanders (TV) 9:48.2; 3, C. Haines (B'hth) 9:52.4; 4, D. Fowles (C) 9:59.8.

110mH: "A" 1, S. Storey (B) 15.7; 2, J. Lister (C) 16.7. "B" 1, R. Morrod (B) 15.7; 2, C. Clarke (B'hth) 16.5; 3, R. Taylor (TV) 16.9.

400mH: "A" 1, J. Cooper (B) 53.3; 2, D. Clementi (P) 53.9; 3, D. Scharer (BH) 54.2; 4, I. Dawes (TV) 54.4; 5, C. Higgins (B'hth) 57.8. "B" 1, S. Storey (B) 55.0; 2, R. Fitzgerald (TV) 55.5; 3, D. Barrington (P) 56.1; 4, J. Harmes (BH) 56.9.

HJ: "A" 1, L. Hall (P) 1.93/6'4"; 2, D. Rhodes (BH) 1.88/6'2"; 3, R. Harker (B'hth) 1.77/5'10"; 4, J. Lister (C) 1.77. "B" 1, G. Hickey (B'hth) 1.77; 2, R. Neill (P) 1.77; 3, H. Rhodes (BH) 1.77.

PV: "A" 1, D. Lease (C) 4.25/13'11"; 2, R. Murphy (P) 3.45/11'4"; 3, I. Pierce (BH) 3.25/10'8"; 4, J. Day (B'hth) 3.05/10'0". "B" 1, T. Walhen (B'hth) 9'8".

LJ: "A" 1, G. Williams (C) 7.08/23'2"; 2, P. Hudson (B'hth) 7.00/22'11"; 3, N. Overhead (P) 6.77/22'2"; 4, J. Bullen (B) 6.49/21'3". "B" 1, R. Church (C) 6.53/21'5".

TJ: "A" 1, G. Hamlyn (B'hth) 14.92/48'11"; 2, D. Harding (B) 14.77/48'5"; 3, D. Smith (TV) 13.92/45'8". "B" 1, A. Wadhams (B'hth) 14.85/48'8"; 2, D. Lawrence (B) 14.18/46'6".

SP: "A" 1, J. Walters (C) 15.32/50'3"; 2, M. Winch (BH) 13.93/45'8"; 3, H. Payne (B) 13.26/43'6". "B" 1, W. Bartholomew (BH) 13.13/43'1"; 2, H. Bosworth (B) 12.86/42'2".

DT: "A" 1, J. Walters (C) 45.40/148'11"; 2, M. Winch (BH) 42.90/140'9"; 3, J. Stone (TV) 41.28/135'5"; 4, H. Payne (B) 39.38/129'2"; 5, J. Stoddart (P) 38.70/126'11". "B" 1, T. Newey (P) 37.26/122'3".

HT: "A" 1, H. Payne (B) 64.76/212'5"; 2, K. Watkinson (TV) 40.66/133'5"; 3, N. Reid (P) 35.64/116'11". "B" 1, N. McDonald (B) 51.66/169'6".

JT: "A" 1, A. Edwards (B) 64.84/212'9"; 2, R. Bartlett (P) 62.72/205'9"; 3, R. Voss (C) 55.75/182'10"; 4, M. Winch (BH) 51.28/168'2". "B" 1, H. Wurzer (B) 57.88/189'11".

4x100m: 1, Poly 42.9; 2, Cardiff 43.1; 3, TVH 43.2; 4, Brighton 43.4; 5, Birchfield 44.0; 6, Blackheath 45.8.

4x440y: 1, Poly 3:17.0; 2, TVH 3:19.8; 3, Birchfield 3:25.8; 4, Brighton 3:27.4; 5, Blackheath 3:31.4; 6, Cardiff 3:35.5.

EUROPEAN QUALIFIERS

To date, eleven British athletes have European qualifying standards: Colin Campbell (400m), Dave Bedford (10,000m), John Bednarski (10,000m), Bob Richardson (10,000m), Alan Pascoe (110mH), Dave Hemery (110mH), Howard Payne (HT), John FitzSimons (JT), Rosemary Stirling (400m), Barbara Inkpen (HJ) and Eleanor Rowe (HJ).

Division 2

At Sale

IT ALL DEPENDED ON THE RELAYS

A MAGNIFICENT climax was reached when, after five hours of competition, the final result depended on the relays. Spurred on by a surprisingly large crowd in the atrocious conditions, Sale—the only Northern club to qualify for the League—easily won the 4x100m, and a second place in the longer relay sufficed to clinch victory by 5 points from Hillingdon, with Surrey AC two points further down. With many notable absentees, especially from Achilles who placed 6th, one felt the result might easily have been different.

On a heavy track with occasional showers, a few performances were exceptional. David Hemery reeled off an incredibly fluent and powerful 110mH in 14.1, which would surely have been under 14.0 on Tartan. He had already vaulted 2.51/8'3", long jumped 6.60/21'8" and high jumped 1.67/5'6" and he finished by taking Hillingdon to a 4x400 relay win with an impressive 48.2 anchor against Mal Rothwell. Gareth Bryan-Jones performed a good 3000mSC/5000m double running 8:45.8 (the best UK time this year) mostly solo in the former and a personal best of 14:46.2 in the latter. Ray Gordon looked good in a runaway 400m win (48.4) while Ken Snelgrove long jumped 7.21/23'8" into the wind. Considering that this was the first major meeting ever seen at Sale, the organisation was good, and the atmosphere created by intense inter-club rivalry and close individual competition, suggests that the League has much to offer the sport.

Shaun Adair

1, Sale 244; 2, Hillingdon 239; 3, Surrey 237; 4, Edinburgh SH 205; 5, Notts 169; 6, Achilles 152. **100m:** 1, G. Silman (Sy) 11.0; 2, C. Smith (H) 11.1; 3, B. Mayo (Sale) 11.1; 4, J. Derrick (E) 11.3; 5, D. Williams (N) 11.3. (B) D. Combe (E) 11.3. **200m:** 1, Williams 22.3; 2, Silman 22.6; 3, Mayo 22.7. (B) K. Snelgrove (H) 22.7. **400m:** 1, R. Gordon (E) 48.4; 2, Smith 50.4; 3, J. Reid (Sale) 50.6. (B) T. Renwick (E) 50.9. **800m:** 1, M. Rothwell (Sale) 1:53.1; 2, C. Douglas (E) 1:53.1; 3, M. Wands (H) 1:53.4; 4, M. Palmer (N) 1:54.9; 5, J. Griffiths (Sy) 1:55.0. (B) H. Barrow (Sale) 1:56.1. **1500:** 1, S. Buchanan 3:55.2; 2, J. Eley (N) 3:55.9; 3, P. Abell (Sale) 3:55.9; 4, J. Snowden (Sy) 3:59.5; 5, P. Kelly (Sale) 3:59.6. **5000:** 1, G. Bryan-Jones (E) 14:46.2; 2, Ross (H) 14:53.4; 3, H. Chadwick (A) 14:56.6; 4, P. Freeman (Sy) 14:57.4. **3000mSC:** 1, Bryan-Jones 8:45.8; 2, B. Lee (N) 9:12.2; 3, P. Griffiths (H) 9:16.6; 4, Farmer (Sale) 9:30.6; 5, Osborn (N) 9:43.8; 6, T. Coyle (E) 9:55.0. **110mH:** 1, D. Hemery (H) 14.1; 2, G. Tymms (Sy) 15.2; 3, J. Crossman (A) 15.6; 4, T. Browne (N) 16.6. (B) 1, M. Eastwood (Sy) 16.3; 2, D. Knight (A) 16.5. **400mH:** 1, P. Ley (Sy) 55.3; 2, R. Zentar (Sale) 55.8; 3, J. Peacock (A) 56.6; 4, A. Robertson (E) 57.2. (B) C. Rodgers (Sale) 57.1. **4x100m:** 1, Sale 44.0; 2, Surrey 44.5;

3, Edinburgh 44.8; 4, Achilles 45.5; 5, Hillingdon 46.0. **4x400m:** 1, Hillingdon 3:22.8; 2, Sale 3:24.7; 3, Notts 3:28.4; 4, Surrey 3:29.2; 5, Edinburgh 3:32.2. **HJ:** 1, M. Campbell (H) 1.83/6'0"; 2, R. Broadhurst (Sale) 1.75/5'9"; 3, R. Potts (N) 1.75/5'9". **PV:** 1, C. Kidd (A) 3.66/12'0"; 2, I. Chacon (Sale) 3.20/10'6"; 3, C. Garton (Sale) 3.20/10'6"; 4, D. Travis (Sy) 3.05/10'0". **LJ:** 1, K. Snelgrove 7.21/23'8"; 2, D. Knight (A) 6.77/22'2½"; 3, Hemery 6.60/21'8". **TJ:** 1, Kidd 13.70/44'11½"; 2,

G. Evans (Sale) 13.60/44'7½"; 3, D. McKechnie (E) 13.23/43'5". **SP:** 1, A. Kerr (H) 13.77/45'2¼"; 2, R. Browning (Sale) 13.40/43'11½"; 3, D. Stears (H) 12.65/41'6"; 4, Travis 12.50/41'0¼". **DT:** 1, Travis 40.23/132'0"; 2, N. Wilson (N) 40.18/131'10"; 3, A. Kerr (H) 39.75/130'5". **HT:** 1, C. Black (E) 49.25/161'7"; 2, W. Treharne (Sy) 46.46/152'5"; 3, S. Christiansen (Sale-J) 44.70/146'8". **JT:** 1, L. Hatton (Sale) 62.33/204'6"; 2, D. Mole (Sy) 55.68/182'8".

Division 3 At West London

Southampton Slightly Ahead All The Way

A blustery headwind in the finishing straight and heavy showers on an overcast afternoon affected all performances in the Division 3 match last Saturday. Nevertheless a tightly contested match ensued with Southampton maintaining a narrow lead all afternoon from Croydon, with Belgrave and Woodford Green fighting it out for third place. David Dear gained a good sprint double and his 200m into the wind was particularly impressive. The 100m was however a disappointment for Belgrave with Jim Vivian being pulled out for two false starts. Best track event was the 4x100m where Belgrave just edged Southampton and London in a desperately close finish. This race was also notable for the re-appearance of David Jones in Woodford colours.

M. Smith

1, Southampton 253; 2, Croydon 231½; 3, Belgrave 212½; 4, Woodford Green 200; 5, London AC 169; 6, Bristol 164.

100m: 1, D. Dear (S'ton) 11.3; 2, N. Rice (LAC) 11.5; 3, G. Greenaway (WG) 11.6. (B): 1, S. White (Bel-J) 11.5. **200:** 1, Dear 21.9; 2, R. Mayberry (LAC) 22.9; 3, J. Vivian (Bel) 22.9. **400:** 1, A. Forse (Bris) 49.9; 2, D. Jackson (WG) 50.1; 3, G. Hunt (S'ton) 50.2; 4, A. Carr-Locke (Croy) 51.7; 5, P. Gee (Bel) 51.7. (B): 1, G. Reed (WG) 51.4; 2, A. Kennedy (Croy-J) 51.8. **800:** 1, R. Roberts (Bris) 1:56.2; 2, M. Smith (S'ton) 1:57.1; 3, J. Johnson (LAC) 1:57.3; 4, R. Davis (WG) 1:57.7. **1500:** 1, J. Thresher (Bel) 3:56.8; 2, G. Mardle (WG) 4:00.5. (B): G. North (Bel) 4:03.8. **5000:** 1, D. Faircloth (Croy) 14:27.2; 2, B. Drake (S'ton) 14:34.4; 3, A. Major (Bel) 14:58.6; 4, C. Moxsom (WG) 14:59.6. (B): A. Butler (S'ton) 15:05.4. **3000mSC:** 1, F. Stebbings (Croy) 9:08.0; 2, Moxsom 9:22.6; 3, R. Piotrowski (Bel) 9:30.8; 4, M. Hower (Bris) 9:31.0. (B): 1, C. Woodhouse (Bris-J) 9:33.2; 2, C. Stebbings (Croy-J) 9:42.0; 3, A. Black (Bel) 9:52.0. **110mH:** 1, R. Fox (S'ton) 16.6; 2, A. Cook (WG) 16.7; 3, D. Harnden (LAC) 16.9. **400mH:** 1, Fox 55.4; 2, Kennedy 57.2; 3, M. Strange (Bris) 57.2; 4, M. Ford (Bel) 58.4; 5, M. Selby (LAC) 59.1. (B): 1, Hunt 55.9; 2, A. Brooks (Bel) 60.0; 3, P. Jezeph (Croy) 60.1. **4x100m:** 1, Belgrave 43.3; 2, Southampton 43.3; 3, London AC 43.4; 4, Woodford Green 43.5; 5, Croydon

44.5; 6, Bristol 45.4. **4x400y:** 1, Woodford Green 3:24.5; 2, Bristol 3:25.0; 3, Southampton 3:30.0. **HJ:** 1, A. Kilpatrick (LAC) 1.85/6'1"; 2, E. Von Tersch (Croy) 1.78/5'10"; 3, A. Bentt (Bel-J) 1.75/5'9"; 4, J. Broughton (WG-J) 1.73/5'8". (B): 1, Selby 1.73/5'8"; 2, Greenaway 1.73/5'8". **PV:** 1, R. Griffiths (S'ton) 3.28/10'9"; 2, D. Buckingham (Croy) 3.20/10'6"; 3, P. Breachel (WG) 3.20/10'6". **LJ:** 1, Greenaway 6.81/22'4"; 2, G. Swan (Bris) 6.79/22'3½"; 3, White 6.43/21'1½"; 4, Von Tersch (Croy) 6.39/20'11½"; 5, Selby 6.35/20'10¼"; 6, B. Hay Cooper (S'ton) 6.34/20'9¼". (B): 1, P. Bevan (Bris) 6.65/21'10"; 2, Broughton 6.57/21'6¼". **TJ:** 1, D. Glendinning (Bel) 14.40/47'3"; 2, R. Davidge (Bris) 14.34/47'0¼"; 3, Hay Cooper 13.22/43'4¼"; 4, D. Rennie (LAC) 13.20/43'3¼"; 5, Von Tersch 13.18/43'3". (B): 1, Swan 14.20/46'7¼"; 2, R. Couillault (Bel) 13.91/45'7½". **SP:** 1, S. Clark (WG) 15.15/49'8¼"; 2, R. Kennedy (S'ton) 14.10/46'3¼"; 3, I. Boorman (Croy) 13.55/44'5¼"; 4, M. Bisiker (LAC) 13.30/43'7¼". (B): 1, J. Thomas (S'ton) 12.58/41'3¼"; 2, R. Boyd (LAC) 12.36/40'6¼". **DT:** 1, R. Boyd (LAC) 44.22/145'1"; 2, R. Bardelang (Croy) 40.62/133'3"; 3, A. Newton (S'ton) 39.60/129'11"; 4, Clark 37.72/123'9"; 5, F. Glass (Bel) 37.34/122'6". (B): 1, Thomas 37.90/124'4"; 2, Bisiker 36.02/118'2". **HT:** 1, D. Lazarides (WG) 50.37/165'3"; 2, Bardelang 47.68/156'5"; 3, M. Robertson (Bel) 42.90/140'9"; 4, Boyd 42.27/138'8"; 5, Newton 39.55/129'9". (B): 1, P. Aston (WG) 49.43/162'2"; 2, D. Birch (Croy) 41.43/135'11". **JT:** 1, R. Lane (Croy) 62.05/203'7"; 2, Harrison (S'ton) 55.58/182'4"; 3, V. Mitchell (LAC) 55.47/182'0". (B): N. Hancock (Croy) 61.85/202'11".

TOUGH DRAW FOR BRITAIN

The British men's team has drawn the USSR, France and Switzerland in its European Cup semi-final in Zurich next year—with two teams to go forward to the final in Stockholm on August 29th/30th, 1970. Ireland face Belgium, Finland, Denmark and Iceland in the first round (in Ireland), with two to go forward to the semis. In the women's tournament, Britain's semi-final opponents in East Berlin are East Germany, France, Netherlands, Norway, Denmark and Finland, again with two to qualify for the final in Budapest on August 22nd/23rd.

CHRIS MASON STARS AGAIN

For the second week running, Britain's Chris Mason was timed at 1:49.0 for an 880y relay leg on behalf of Villanova; on this occasion at Quantico, Va., on May 3rd.

RESULTS IN BRIEF

April 23rd

1, Limassol (Cyprus) AC; 2, RAF Akrotiri; 3, RAF Episkopi, at RAF Akrotiri. 100y: Mikelides (L) 10.5. 220y: Mikelides (L) 23.7. 440y: Pantou (E) 52.3. 880y: Kinas (L) 2:00.2. 3M: Pavlou (L) 15:10.4. 120yH: Lantias (L) 17.5. 440yH: Antoniadis (L) 60.0. 4x110: RAF Episkopi 45.5. HJ: Schizas (L) 1.72/5'8". PV: Parr (A) 3.35/11'0" (3.50/11'6" at Akrotiri on 30/4). LJ: Mikelides (L) 6.51/21'4½". TJ: Lanitas 13.31/43'8". SP/DT: Papacostas (L) 13.82/45'4" & 44.88/147'3". JT: R. Mawson (A) 61.62/202'2". (Women) Limassol AC beat British Ladies (Cyprus) 100y: Marathefton (L) 12.2. 80mH: Kolopedhi (L) 13.1. 4x110: Limassol 53.1. SP: Johnson (B) 9.88/32'5". DT: Phitidou (L) 31.88/104'7". JT: Foulds (B) 32.39/106'3".

April 26th

Oxford University Centipedes 93; Alsager College 80, at Oxford. 100y: E. Osborn (Ox-Guest) 9.9w. 2M: A. Moore (Ox) 9:23.0. 120yH/LJ: C. Brownlee (Ox) 16.4w & 6.69/21'11½". PV: C. Balchin (Ox-guest) 3.81/12'6". TJ: T. Sowerby (Ox-guest) 13.18/43'3". DT: N. Nops (Ox) 40.67/133'5".

May 2nd

Southampton Univ. 102; King Alfred's College, Winchester, at Southampton. 100/220y: M. Dixon (S) 10.4/23.4. 880y: R. Melvern (S) 1:56.7. SP: M. Winch (S) 13.99/45'11" & 42.51/139'5". JT: 1, Wurzer (K) 57.86/189'10"; 2, Winch 54.23/177'11".

May 3rd

Veterans AC Events, at Norbiton. 100y(h/c): 1, J. Williams (9½y) 10.4; 2, T. Hare (6y) 10.6; 3, N. Martin (22y) 10.8. 880y: 1, A. Wellins (300y) 2:05.6; 2, P. Munn (25y) 2:08.9; 3, C. Speechley (350y) 2:13.0.

Somerset WAAA Pentathlon Championships, at Millfield. 1, V. Knowles (Millfield) 3469 (5.03/16'6", 27.6, 19.9, 10.76/35'3½", 1.43/4'8½"); 2, S. Wills (Bristol) 3409; 3, H. Harrington (Millfield) 3055. (Intermediate) 1, L. Grant (M'fld) 2742. (Junior) G. Browne (M'fld) 2334.

Surrey 20 Mile Road Championship, at Redhill. 1, W. Weller (Walt) 1:52:21; 2, M. Caudwell (Croy) 1:53:23; 3, D. Goode (E & E) 1:55:27; 4,

G. Winchester (Walt) 2:02:24; 5, C. Bricher (Her-Wim) 2:03:27; 6, J. Anderson (Croy) 2:04:18. Team: Croydon 6.

Surrey AC Club Championships, at Norbiton. (Part II) PV: 1, J. Smith 3.20/10'6"; 2, G. Todd 3.20/10'6". TJ: Smith 13.37/43'10½". HT: W. Treharne 46.74/153'4". JT: D. Mole 57.68/189'2". 110mH: 1, G. Tymms 15.1; 2, M. Eastwood 15.7. (Juniors) 200m/800m: R. Sugunasingha 23.8/2:02.0. (Youths) 200m: R. Bradshaw 23.9. (Boys) 200m: L. Watson 25.3. (Women) 200m: P. Bowes 26.9. 3000m: H. Cornish 13:30.4. (Intermediates) 200m: C. Timms 27.4. HJ: Timms 1.43/4'8½". (Juniors) 200m: J. Snelling 28.0. 80yH: R. Ottewill 13.1.

Leeds Carnegie 150; Sheffield Univ. 115; Nottingham Univ. 99, at Norton. 220y: R. Price (Nott) 22.2. 440y: A. Fenn (Car) 51.8. 110mH: A. Gummerson (C) 17.3. 440yH: 1, B. Wallace (Sheff) 58.3; 2, Smith (C) 59.8. 4x110y: 1, Nottingham 44.9; 2, Carnegie 44.9. 4x440: Carnegie 3:37.0. LJ: P. Blackburn (S) 6.59/21'7½". TJ: C. Tuli (C) 13.42/44'10½". SP: 1, Gummerson 12.45/40'10½"; 2, M. Gange (S) 12.43/40'9½". DT: 1, Gummerson 38.99/127'11"; 2, A. Szwilski (Nott) 37.87/124'3". JT: D. Dugdale (S) 59.08/193'10".

May 4th

Dartford College of PE 82; Wigmore LAC 62; Kent 49 at Crystal Palace. 100m: J. Champion 12.6. 400m: Champion 56.9. 100mH: Hayward 15.1 (only results received).

Maccabiah Team Trials, at Cophthall. 100m: 1, G. Silman (B'ham Un) 11.1; 2, D. Herman (MDLC) 11.1; 3, M. Selby (ULAC) 11.2 (11.1 ht); 4, C. Rosen (Salf Un) 11.2. 800m: A. Cowen (TVH) 1:57.3. LJ: Rosen 6.72/22'0½". (Women) 100m: K. Lacombe (Ilf) 12.8. LJ: A. Levy (Ex. L-I) 5.34/17'6½".

PASCOE v. OTTOZ IN ROME

Britain will be represented by Dick Taylor (5000m), Alan Pascoe (110mH), Mike Bull (PV), Sheila Carey (800m) and Christine Perera (100mH) at the Bruno Zauli Memorial meeting in Rome this Sunday. Pascoe is expected to clash with Eddy Ottoz and Sergio Liani (both 14.0 this year), Bull with Renato Dionisi (who set an Italian record of 5.20/17'0½" last Sunday), and Mrs. Carey with Paolo Pigni, who in addition to her 4:41.2 mile has run 800m in 2:05.6 this year.

APPOINTMENT OF NATIONAL COACH—LIBERIA

The Government of Liberia wish to appoint a suitably qualified person to assist in the development of Athletics in Liberia.

The successful candidate should be capable of organising coaching courses for athletes and potential coaches as well as coaching athletes up to National standard.

Terms of service which are based upon a two year contract are as follows:—

Salary \$500 (American) per month.

Subsidised accommodation and free medical care will be provided. Transport and assisted travel allowance. Details of accommodation and other allowances to be negotiated before appointment.

It is hoped that the successful applicant would be able to take up his duties in July of this year. Further information and application forms may be obtained from Sq. Ldr. C. N. Cobb, M.B.E., RAF (Rtd), Hon. Coaching Secretary, Amateur Athletic Association, 26 Park Crescent, London, W1N 4BQ.

1968 OLYMPIC REPORT

RARELY is there any technical feedback from the Olympics. True, a good deal of loop-film is available but little of this is ever seen by the average athlete or coach.

It was to remedy this that the National Coaches Observational Team undertook the production of a post-Olympic technical report. The problems involved in the observation of any Olympics are enormous. It is usually difficult to get a good view of the events which one wishes to see and even if one is lucky enough to secure a good viewing position, the human eye is a poor observational instrument and even at Olympic level few athletes produce consistent techniques.

* Such problems as I have outlined are factors common to any Olympics; to these were added the chaos of lack of programmes and the almost complete absence of transport. This meant that footsore observers were often eating their solitary meal at 10.30 p.m., before their "briefing" for the next morning's events.

Despite these problems, the National Coaches have produced a 165 page Report which we believe is quite unique. Each event is covered in the following terms:—

- (1) A description of the event as a competition, with full competition-results.
- (2) A technical appraisal of each event, in general terms.
- (3) A detailed technical appraisal of event-finalists.
- (4) Salient statistical material on height, weight and age of competitors.

Some interesting material has been produced on "set to gun" times in the sprints, using a 1/100 sec. stop-watch. BBC film has been checked to record touch-down times in the 400m hurdles. The Report also contains a points break-down of the top decathletes and some outstanding material on the semi-finals and finals of the distance races.

The Report is being produced only in limited numbers and costs 9s. (post free). It can be obtained from Sdn. Ldr. Cobb, AAA, 26 Park Crescent, London, W1N 4BQ.

Tom McNab

MAJOR VILLIERS

The death occurred on May 7th of The Hon. Arthur Villiers, D.S.O., at the age of 85. Major Villiers, who was a merchant banker by profession, was well known in athletics in connection with the Eton Manor Clubs in East London.

ANNOUNCERS COURSE

There are still a number of places vacant on the special course at the Loughborough Summer School for Announcers, a new innovation last year which proved a tremendous success. Anyone wishing to join this course should contact Mr. W. Hindhaugh, Administrator, A.A.A., 26 Park Crescent, London, W.1.



Peter Braithwaite leading from Gerry Stevens in the Oxford University v. SCAA match steeplechase. Stevens won in the fast time of 8:49.0.

Bill Potter

55'3" SHOT PUT BY BILL TANCRED

1, Loughborough Colleges 364; 2, Loughborough Univ. 314; 3, Leicester Univ. 171; 4, Notts Univ. 170; 5, Manchester Univ. 135 at Loughborough, April 20th.

100m: 1, Wood (Lo C) 11.0; 2, Roys (Lo C) 11.1; 3, Allen (M) 11.2. (B) 1, Price (N) 10.9; 2, Wiltshire (Lo C) 11.2. 200m: 1, Roys 22.2; 2, Price 22.3. (B) 1, Lobo (Lo) 22.3. 400m: Houghton (Lo) 50.5. 800m: Barrow (M) 1:55.3. 1500m: Shaw (M) 3:58.2. 3000m: Kirkbride (Lo Un) 8:31.4. 110mH: 1, Brown (Lo C) 15.4; 2, Allingham (M) 16.1. (B) Scott (Lo C) 15.4. 400mH: Thomas (Lo C) 59.5. 200mH: 1, Roberts (Lo C) 25.0. (B) Harper (Lo C) 25.3. 2000mSC: 1, Knowles (Le) 5:52.6; 2, Swallow (Lo C) 6:10.6. 4x100m: 1, Loughborough Colls 42.3; 2, Notts 44.6. 4x400m: Loughborough Colls. 3:25.7. HJ: P. Lance (Lo C) 1.83/6'0". PV: 1, Longe (Lo C) 3.50/11'6"; 2, McClean (Lo C) 3:35/11'0". LJ: Lowe (Lo C) 6.94/22'9". TJ: 1, Jones (Lo C) 13.96/45'9"; 2, Hodgson (Le) 13.48/44'2". SP: 1, Tancred (Lo C) 16.84/55'3"; 2, Churchward (Lo C) 13.94/45'9"; 3, Bartholomew (Lo U) 13.84/44'2". DT: 1, Longe 43.40/142'4"; 2, Salter 40.20/131'10"; 3, Breen (Lo C) 40.14/131'8". HT: 1, Crowther (Lo U) 50.90/167'0"; 2, Whitehead (Lo C) 46.98/154'1". JT: 1, Perkins (Lo C) 65.72/215'7"; 2, Hall (Lo C) 59.34/194'8"; 3, Etanyohuo (Lo Un) 53.60/175'10".

The inter-county championships will be staged at Crystal Palace on Sunday, May 25th, and White City on Monday, May 26th.

AAA v. Birmingham University

At Edgbaston, May 7th

Personal Best 400 By Griffiths

Gwynne Griffiths, the AAA indoor champion, showed he will be difficult to keep off the national 4x400m squad this season when he ran a personal best of 47.5 amid the most depressing of conditions at Edgbaston on May 7th. "It was the easiest 400 I've ever run," he remarked, "even though the track was very dead and I could get nothing out of it". Speeding through the first 200 in a shade outside 22 sec., the lanky Welshman went on to win by about seven yards from Jim Aukett and Trevor Rodwell (18); both of whom also registered lifetime bests.

The sprints seemed to be all Wolverhampton & Bilston. for in addition Roger Walters followed through from his fine indoor season to capture the 100m in 10.7w and 200m in 21.6—defeating club-mate Ralph Banthorpe each time. He had not previously bettered 22.2 for 200m! Banthorpe, nowhere near peak fitness yet, brought the match to an exciting close when in his fourth race of the evening he clocked 47.7 for his 400m relay anchor, failing by inches to catch Rodwell who had lost some of his 20 yard lead when he dropped the baton at the start of the lap.

The University were well served by Andy Holden, Rod Morrod and lecturer Howard Payne. Holden, after cruising to a 9:00.6 steeplechase in which Steve Hollings improved on his best by over 10 sec., returned 70 minutes later for the 5000m. Faced by two fellow cross-country internationals, he managed to dispose of Bob Richardson and it was only in the last couple of laps that Mike Baxter was able to open up an appreciable gap. Fine running indeed by Holden, while Baxter's impressive 14:01.0 suggests he will be well under 13:50 before long.

Morrod, beset by injuries last year but now regaining his old form, won both the shorter hurdler events, while Payne added over 7ft. to his ground record with a throw of 64.26/210'0". Bruce Fraser, for the second time in ten days, exceeded 60m and Jan Skrybant (19) bettered 50m for the first time. Geoff Capes was only an inch below his best with the shot and showed promise too in the discus, which he has thrown 50.50/165'8" in training. In fact his coach Stu Storey thinks Geoff might turn out better as a discus thrower. Another useful field event mark: Peter Lance's personal best high jump of 1.93/6'4" off a Tartan strip.

100m: (+ 2.9m/sec) 1, R. Walters (guest) 10.7; 2, R. Banthorpe (B) 10.7; 3, G. Silman (B) 10.9; 4, B. Green (AAA) 10.9; 5, M. Reynolds (AAA) 11.0. **200m:** 1, R. Walters (AAA) 21.6; 2, Banthorpe 21.7; 3, D. Edwards (guest) 21.9; 4, Silman 22.1; 5, P. Wiltshire (AAA) 22.1. **400m:** 1, G. Griffiths (AAA) 47.5; 2, J. Aukett (B) 48.4; 3, T. Rodwell (AAA) 48.4; 4, A. Robinson (B) 51.7. **800m:** 1, R. Adams (AAA) 1:52.1; 2, D. Ross (AAA) 1:54.0; 3, P. Miller (B) 1:54.6; 4, M.

Middleton (B) 1:56.8. **1500m:** 1, P. Stewart (AAA) 3:50.1; 2, R. Wilde (guest) 3:50.6; 3, J. Eley (B) 3:53.5; 4, J. McGrow (AAA) 4:00.3. **5000m:** 1, M. Baxter (AAA) 14:01.0 (13:35.2 at 3M); 2, A. Holden (B) 14:12.6 (13:42.2); 3, R. Richardson (AAA) 14:17.8 (13:49.2); 4, G. Taylor (S. Hth-guest) 14:56.6. **3000mSC:** 1, Holden 9:00.6; 2, S. Hollings (AAA) 9:08.4; 3, C. Perry (AAA) 9:12.4; 4, D. Davies (B) 9:23.2; 5, P. Griffiths (B) 9:24.2; 6, D. Gillanders (guest) 9:48.0. **110mH:** 1, R. Morrod (B) 15.1; 2, R. Legge (AAA) 15.3; 3, T. Browne (B) 15.4; 4, A. Bergiers (AAA) 15.7. **200mH:** (+ 3.5m) 1, Morrod 24.8; 2, Brown 25.3; 3, Legge 25.3; 4, Bergiers 29.8. **400mH:** 1, W. Hartley (AAA) 55.2; 2, R. Fitzgerald (AAA) 56.1; 3, J. Groat (B) 56.5; 4, T. Scrase (B) 58.3. **HJ:** 1, P. Lance (AAA) 1.93/6'4"; 2, P. Gates (AAA) 1.88/6'2"; 3, P. Trewin (B) 1.77/5'10". **PV:** 1, T. Edwin (AAA) 3.81/12'6"; 2, S. Chappell (AAA) 3.50/11'6"; 3, C. Cumbers (B) 3.50. **LJ:** 1, A. Mollett (AAA) 6.75/22'2"; 2, M. Dawson (B) 6.37/20'11"; 3, A. Maile (B) 6.32/20'9"; 4, G. Turner (AAA) 6.04/19'10". **TJ:** 1, D. Harding (AAA) 14.40/47'3"; 2, P. Christie (B) 14.22/46'8"; 3, J. Bullen (AAA) 14.09/46'3"; 4, D. Glendinning (B) 13.92/45'8". **SP:** 1, G. Capes (AAA) 16.86/55'4"; 2, J. Walters (AAA) 15.44/50'8"; 3, A. Landon (B) 14.04/46'1". **DT:** 1, M. Cushion (AAA) 46.61/152'11"; 2, Walters 46.38/152'2"; 3, Capes (guest) 44.63/146'5"; 4, T. Newton (B) 39.50/129'7". **HT:** 1, H. Payne (B) 64.26/210'10"; 2, B. Fraser (AAA) 60.33/197'11"; 3, N. McDonald (AAA) 52.05/170'9"; 4, J. Skrybant (B) 51.66/169'6". **JT:** 1, N. Sherlock (AAA) 65.96/216'5"; 2, J. Markowski (AAA) 63.86/209'6"; 3, K. Gee (B) 57.25/187'10". **4x100m:** 1, AAA (Green, Reynolds, Walters, Wiltshire) 41.9; 2, B'ham Un. (Silman, M. Saunders, Banthorpe, P. Cornes) 42.2. **4x440y:** 1, AAA (Fitzgerald 52.3, Griffiths 48.0, Adams 48.2, Rodwell 49.9) 3:18.4; 2, B'ham Un. (Cornes 51.2, I. Thomson 50.6, Aukett 48.9, Banthorpe 47.7) 3:18.4. **Result:** AAA 134, B'ham Un. 93.

Melvyn Watman

GOMMERS TO RACE AT LEICESTER

Maria Gommers (Netherlands), world 1500m record holder at 4:15.6, and 4:41.2 miler Paola Pigni (Italy) have accepted invitations to run in the BMC "Women's Mile of the Century" at Leicester Sports Centre on June 14th. Also coming from abroad will be Emilia Ovadkova (Czechoslovakia) and Gerda Klopfer (W. Germany). British runners are expected to include Rita Ridley and Thelwyn Bateman.

NATIONAL ROAD RELAY

It was Dave Holt who ran the 9th stage for Hercules-Wimbledon and Barry Collins the 11th, Piotrowski ran 13.36, and not 13.39, and Gerry North's time was 27.25 and not 27.15.

**Litesome,
best in the field
for all sports**



Start from scratch with a brand new sports outfit from Litesome. Litesome sportswear makes you *look* right because you *feel* right—whatever your sport. Designed by people who've been in the sportswear business for over 30 years.


LITESOME
Sportswear

LITESOME SPORTSWEAR LTD
KEIGHLEY · YORKSHIRE
Tel. 7761/2/3/4

Scottish News

Scottish Cross Country Union AGM, April 26th. The AGM of the Scottish Cross Country Union was held at Heriot Watt University and President W. Diverty presided over a quiet and harmonious meeting. J. Hamilton (Teviotdale) succeeds Mr. Diverty as President with A. Johnston (Strathclyde Univ.) as Vice President. E. Murray and D. McSwein were re-elected as Secretary and Treasurer respectively. A proposal by Aberdeen AC that female representatives to the Committee be allowed was heavily defeated.

The following proposals by the General Committee were unanimously passed:—

Rule 8: Teams entered in any form of team contest shall be governed by the first claim rule. Affiliated Clubs may include in their team a competitor who does not reside in Scotland on condition that:—(A) He has previously while resident in Scotland competed as a member of that team in open competition or; (B) He has previously competed as a member of that team in open competition or; (C) One or both parents having been born in Scotland the athlete has applied in writing to the General Committee of the Union and has received permission to represent that Club. The date from which such permission can be granted will be 14 months from the date of receipt of the application.

Rule 13: (A) Competitors if not Scotsmen must have resided in Scotland at least three months prior to the date of the race or, if a student at a Scottish University, since the date of his matriculation. (B) The team events shall be open to all Cross Country Clubs in Scotland and in addition to competitors as in (A) competitors as per Rule 8 page 54 may be included.

Clydebank to Helensburgh 16M Road Race, April 26th. Leading with Brennan, Stoddart, Mitchell and Scally for the first 3 miles, Lachie Stewart went through 6M with only Brennan and Stoddart for company. Going by Cardross (10M) Lachie spurred and, running confidently, increased his lead to over 400y by the tape. Shettleston ran out easy team winners. 1, L. Stewart (Shett) 1:24:53; 2, J. Brennan (Mary) 1:26:05; 3, W. Stoddart (Well) 1:26:17; 4, I. Leggatt (Clyde) 1:30:04; 5, H. Mitchell (Shett) 1:30:41; 6, W. Scally (Shett) 1:31:43; 7, I. Russell (Edin) 1:31:51; 8, W. Russell (Shett) 1:31:52; 9, J. Spence (Glen) 1:32:23; 10, J. Irvine (Bell) 1:32:50; 11, J. Heggie (Edin) 1:34:02; 12, R. Russell (East) 1:34:51; 13, I. Kerr (Bell) 1:35:04; 14, B. McAusland (Clyde) 1:35:06; 15, J. Kennan (Spring) 1:35:32. Handicap: P. McAtier (Paisley) (17.36) 1:18:07. Teams: 1, Shettleston 12; 2, Bellahouston 52; 3, Springburn 55.

Edinburgh Univ. 124, Dundee Univ. 54, at Dundee, April 26th. 200/400: E. Mason (E) 23.0/51.5. 800: J. McPhie (E) 1:56.7. 110mH: R. Davidson (E) 16.6. 400H: H. Stevenson (E) 59.0. 4x100: Edinburgh 46.3. HJ/DT: R. Bruynooghe (E) 1.75/

5'9" & 40.49/132'10". HT: P. Scott (E) 51.56/169'2".

Strathclyde Univ. 96, St. Andrews 80, at St. Andrews, April 26th. SP/HT: L. Bryce (S) 14.00/45'11½" & 58.78/192'10".

Heriot Watt Univ. 121, Glasgow 113, Aberdeen 110, at Westerlands, April 26th. 100/200/400: I. O'Muirchmaertaigh (G) 11.2/22.6/49.7. 800: M. Sinclair (HW) 1:56.0. 1500: G. Grant (HW) 3:56.2. 5000: A. Weatherhead (HW) 15:09.0. 400H: S. McCallum (G) 57.7. 4x100: Glasgow 44.2. HJ: D. Cunningham (HW) 1.83/6'0". PV: I. Dobson (HW) 3.43/11'3". LJ: L. Foster (G) 6.40/21'0". TJ: Cunningham 13.01/42'8½". SP/DT: D. Clark (A) 12.82/42'1" & 38.56/126'6". JT: D. Fowle (A) 58.47/191'10". (Women) Glasgow 95; Aberdeen 64; Heriot Watt 13.

Inter-Varsity Meeting at Peffermill, April 30th: Edinburgh 96, Heriot Watt 94; Edinburgh 113½, St. Andrews 65; Heriot Watt 115, St. Andrews 65. 100: T. Bell (St. A) 11.2. 200/400: E. Mason (E) 22.6/49.4. 800: G. Grant (HW) 1:53.6. 1500/5000: A. Weatherhead (HW) 3:52.9/15:06.8. 110H: J. Davidson (E) 15.8. 400H: A. Webb (E) 55.9. 4x100: Edinburgh 45.1. HJ: G. Balfour (E) 1.77/5'10". PV: I. Dobson (HW) 3.50/11'6". LJ: T. Tangen (HW) 6.55/21'6". TJ: W. Clark (E) 13.26/43'6". SP: J. Davidson (E) 13.00/42'7½". DT: R. Bruynooghe (E) 34.77/114'1". HT: P. Scott (E) 51.03/167'5". JT: K. Karlens (HW) 54.13/177'7". (Women) St. Andrews 60, Edinburgh 57½. HJ: C. Howarth (E) 1.60/5'3". DT: A. Dale (E) 34.04/111'8".

Willie Diverty

T. Wright Beats Blinston In Stretford League 3000

April 29th

100m: J. Harrison (Warr) 11.0. **200m:** 1, Harrison 21.9; 2, J. Kirwan (Stret) 22.4; 3, A. Thompson (Long) 22.4. **400m:** 1, M. Jefferson (Sale) 50.4; 2, S. Dodwell (Stret-J) 51.0. **1500m:** 1, M. Vernon (Man) 3:52.0; 2, P. Abell (Sale) 3:54.3; 3, P. Roberts (Sutt) 3:55.0. **3000m:** 1, T. Wright (Hallam) 8:07.8; 2, A. Blinston (Altrin) 8:10.0; 3, P. Roberts (Sutt) 8:30.6; 4, R. Gregory (M & D) 8:34.0. (Youths) **200m:** 1, Marriott (Stret) 23.7. **400m:** B. Theobald (Warr) 53.5. **1500m:** 1, A. Cowley (Sale) 4:10.7; 2, N. Nicholson (Wirral) 4:14.9. **SP:** A. Bogan (Stret) 13.37/43'10½". (Boys) **800m:** K. Newton (Hallam) 2:17.4.

(Women) **100m:** 1, J. Champion (Stret) 12.2; 2, C. Mulliner (Stoke) 12.4; 3, C. Perera (Stret) 12.4. **200m:** 1, Champion 24.9; 2, Perera 26.0; 3, S. Dyson (Bury) 26.2. **400m:** 1, M. Herron (Scun) 58.3; 2, C. Jefferson (Stret) 60.2; 3, J. Thomas (Bury) 61.0. (Intermediates) **100m:** S. Colyear (Stret) 12.6. **800m:** 1, C. Tranter (Farn) 2:23.0; 2, C. Helsby (Stret) 2:25.0; 3, S. Colyear (Stret) 2:27.8. **800H:** N. Njoku (Stret) 12.0. **LJ:** 1, A. Lawson (Stret) 4.80/15'9"; 2, N. Njoku (Stret) 4.76/15'7½". **HJ:** A. Weatherall (CSSF) 1.39/4'7".

TROPHY MEETINGS

HOLROYD TROPHY

At Southend, May 3rd

1, Southend 426; 2, Thurrock 340; 3, Ilford 262; 4, Barnet 230; 5, Medway 199; 6, Havering 166; 7, Hadleigh Oly. 160.

100m (under distance): 1, D. Grant (Med) 10.5; 2, M. Dale (Had-J) 10.7; 3, G. Dalby (Haver) 10.9. (B): 1, Danswan (Hav) 11.0; 2, D. Wingrave (Med) 11.1. **200m**: 1, Grant 22.1; 2, Dale 22.5; 3, Dalby 22.5. **400m**: A. Green (Had) 50.9. **800m**: 1, Pearce (Hav) 1:55.1; 2, B. Smith (Thurr-Y) 1:56.0. **4x100m**: Ilford 45.7. **SP**: T. Day (S'end) 12.42/40'9". **DT**: 1, J. Weightman (Ilf) 42.94/140'10"; 2, A. Bullock (Had) 42.65/139'11"; 3, Day 39.11/128'3". **JT**: 1, Bushnell (Ilf) 60.76/199'4". (Youths) **100/200m**: W. Nuckey (Bar) 11.6/23.7. (Women) **100m** (un. dist.): P. Turner (Ilf) 12.0. (B) V. Surety (Ilf) 12.1. **200m**: 1, A. Wilson (S'end) 25.6; 2, T. Peacock (Ilf) 26.2. (B) D. Brown (S'end) 26.5. **400m**: 1, P. Bailey (Ilf) 58.6; 2, M. Farmer (Med) 61.0. (B) 1, B. Key (Ilf) 60.3; 2, J. Cork (S'end) 61.2. **800m**: 1, B. Mason (Ilf) 2:20.3; 2, M. Grinney (Thurr) 2:24.0. (B) Grates (Thurr) 2:25.0. **100mH** (ud): A. Wilson 14.1. (B) E. Butler (S'end) 15.0. **HJ**: Butler 1.55/5'1". **LJ**: C. Persighe (S'end) 4.96/16'3½". (B) Butler 5.40/17'8½". **SP**: Y. Fountain (S'end) 11.02/36'2". **JT**: 1, Fountain 41.66/136'8"; 2, L. Edwards (Hav) 37.85/124'2". **DT**: Fountain 33.74/110'8". **4x100m**: 1, Ilford 49.1; 2, Southend 50.0. (Intermediates) **100m**: 1, S. Richardson (Hav) 12.6; 2, S. Wort (Had) 12.6. **200m**: 1, Richardson 26.3; 2, S. Barker (Ilf) 27.0; 3, Wort 27.1; 4, L. Benton (Thurr) 27.3; 5, G. Lloyd (Med) 27.4. (B) R. Hart (Ilf) 27.6. **800m**: 1, G. Coleman (Thurr) 2:26.6; 2, Taylor (Ilf) 2:33.3. (B) G. Atkinson (Thurr) 2:26.6. **80mH**: L. Benton (Thurr) 13.0. **JT**: P. Brunger (S'end) 29.39/96'5". (Juniors) **100m**: S. Rothan (Ilf) 12.9. (B) E. Ekperigan (Ilf) 12.9. **200m**: 1, D. Fitch (S'end) 28.1; 2, S. Lambie (Thurr) 28.6; 3, J. Church (Thurr) 28.6. (B) J. French (S'end) 28.6. **800m**: 1, Ekperigan 2:26.5; 2, B. Watts (S'end) 2:26.5; 3, Smith (Thurr) 2:31.6. (B) 1, V. Day (S'end) 2:29.5; 2, Ball (Hav) 2:29.5. **80yH**: French 12.5. **HJ**: Mullings (S'end) 1.42/4'8". (B) Webb (S'end) 1.44/4'9". **LJ**: D. Liston (S'end) 4.62/15'2". (B) Fitch 4.57/15'10". **SP**: B. Lyons (Bar) 10.21/33'6". **DT**: Lyons 21.67/71'1".

EPSOM TROPHY

At Ewell Court, May 3rd

1, Southampton AAC 214; 2, Met. Police 185; 3, Epsom & Ewell 148; 4, Blackheath 136; 5, Cambridge H. 134; 6, SLH 44. **100m**: D. Dear (S) 11.0. **200m**: Dear 21.6. **400m**: W. Barrows (Cam-J) 50.2. **800m**: D. Prior (Med) 1:56.1. **3000m**: K. Harland (Cam) 8:33.0. **2000mSC**: S. Mitchell (E & E-J) 6:18.6; 2, Prett (S) 6:18.8. **Medley R**: 1, Met. Police 3:37.6; 2, Southampton 3:38.4. **HJ**: 1, P. Gates (E & E) 1.90/6'3"; 2, Bartlett (Cam) 1.83/6'0"; 3, D. Tank (MP) 1.83/6'0"; 4, Harker

(B'ht) 1.77/5'10"; 5, Fox (S) 1.77/5'10". (B) D. Newman (E & E) 1.83/6'0". **LJ**: 1, P. Hudson (B'ht) 7.10/23'3½"; 2, Haycooper (S) 6.86/22'6". **TJ**: N. Rice (E & E) 13.80/45'3½"; 2, Haycooper 13.31/43'8½". **SP**: 1, W. Fuller (E) 14.61/47'11½"; 2, R. Kennedy (S) 14.33/47'0½"; 3, Rayless (M) 13.37/43'10½". **DT**: 1, B. Lynn (MP) 45.29/148'7"; 2, Thomas (J) 38.20/125'4"; 3, Fuller 38.00/124'8". (B) 1, Bayless (MP) 36.60/120'1"; 2, Kennedy 36.32/119'2". **JT**: 1, Harrison (S) 61.19/200'9"; 2, Harland (B'ht) 57.46/188'6"; 3, Cutler (Cam) 54.05/177'4". (B) Marmery (B'ht) 53.87/176'9".

BOWTHORPE TROPHY

At Crawley, May 4th

(Men) 1, Crawley 405; 2, Croydon 364; 3, Border 350; 4, Feltham 280; 5, Worthing 176; 6, Mitcham 166. **400m**: 1, M. Bilham (Bor) 48.4; 2, J. Whitside (Wor) 50.5; 3, A. Carr-Locke (Croy) 50.9. **800m**: G. Brown (Craw) 1:55.3. **200x200x400x800R**: 1, Border 3:39.3; 2, Crawley 3:43.4; 3, Croydon 3:45.9. **HJ**: M. Stoneman (Craw) 1.75/5'9". **DT**: 1, C. Schenker (Craw) 41.58/136'5"; 2, O. Feldmanis (Mit) 39.02/128'0". **JT**: J. James (Craw) 65.08/213'6". (Juniors) **800m**: A. Geterson (Mit) 1:59.8. **4x100m**: Croydon 47.8. **SP**: D. Rough (Mit) 14.92/48'11½". (Youths) **800m**: 1, G. Hillier (Wor) 1:58.3; 2, Miller (Fel) 2:00.6; 3, P. Bray (Croy) 2:01.5. **1500m**: Coles (Fel) 4:18.2. **DT**: C. Lasis (Craw) 44.43/145'9".

(Women) 1, Essex 185; 2, Croydon 180; 3, Mitcham 149; 4, Cambridge 135; 5, Crawley 120; 6, Feltham 72; 7, Spartan 58; 8, Worthing 35; 9, Shaftesbury 29. **100m**: 1, S. Garnett (Ex) 12.5; 2, J. Sheppard (Cro) 12.6. **200m**: 1, J. Stroud (Fel) 25.1; 2, L. Lee (Spa) 26.4. **400m**: 1, E. Barnes (Cam) 59.1; 2, J. Eynon (Cro) 59.3; 3, J. Dicker (Ex) 60.3. **800m**: L. Barlow (Ex) 2:20.5. **1500m**: 1, L. Coshall (Cam) 5:03.0; 2, L. Wicken (Fel) 5:06.0. **HJ**: 1, N. Morrison (Croy) 1.60/5'3" (equals UK best by 14-y-o); 2, L. Lee (Spa) 1.47/4'10"; 3, C. Clegg (Ex) 1.47/4'10". **LJ**: B. Barrett (Mit) 5.46/17'11½"; 2, J. Cattlett (Cro) 5.17/16'11½". **SP**: 1, J. Quick (Mit) 12.79/41'11½"; 2, S. Barrett (Cro) 11.44/37'6½". **JT**: L. Mountford (Cro) 36.12/118'6". **4x100m**: 1, Mitcham 50.7; 2, Croydon 50.9; 3, Essex 51.4. (Intermediates) **100m**: S. Biggs (Cro) 13.1. **200m**: 1, M. Neufville (Cam) 26.4; 2, G. Taylor (Ex) 27.6 (27.4 ht). **400m**: 1, A. Dunn (Cam) 62.1; 2, M. Martin (Ex) 62.9; 3, D. Marchmont (Cro) 63.4; 4, A. Cottis (Fel) 63.6. **800m**: 1, R. Bagley (Cam) 2:21.7; 2, Y. Richardson (Wor) 2:24.3; 3, J. Spiers (Craw) 2:26.3. **4x100m**: 1, Croydon 50.8; 2, Cambridge 51.2; 3, Essex 51.6; 4, Mitcham 52.8. **HJ**: Taylor 1.42/4'8". (Juniors) **100m**: P. Leech (Mit) 13.1 (13.0 ht). **200m**: 1, S. King (Ex) 26.3 (25.9 ht); 2, M. Page (Sh) 27.5; 3, J. Brown (Mit) 28.0 (27.1 ht). **800m**: 1, J. Piper (Craw) 2:28.4; 2, J. Poynor (Mit) 2:31.0; 3, A. Tarrant (Cam) 2:33.2; 4, M. Davis (Cro) 2:36.1; 5, P. Lennard (Ex) 2:36.5; 6, K. Kosbab (Fel) 2:37.0; 7, E. Luddington (Sh) 2:37.0. **4x100m**: 1, Essex 51.8; 2, Mitcham 51.9; 3, Croydon 53.1; 4, Crawley 53.6. **SP**: M. Cook (Cro) 10.72/35'2".

(More Trophy Meetings on page 23)

'THREE PEAKS' RACE

April 27th

Eric North's photo shows the leaders approaching the checkpoint at Ribbleshead prior to starting on the last peak of Whernside: left to right — Colin Robinson, Peter Watson and G. J. Norman. The race is over a distance of 22 miles.



1. C. Robinson (Rochdale) 2:44:44
2. G. Norman (Altrincham) 2:44:57
3. M. Davies (Reading) 2:46:57
4. P. Watson (Bram) 2:49:37; 5. T. Proctor (Roch) 2:54:15; 6. C. Fitt (Kendal) 2:57:07; 7. A. Spence (Bing) 2:59:25; 8. D. Martin (Bing) 2:59:35; 9. J. Fisher (Roch) 3:02:14; 10. D. Wade (B'ht) 3:02:40; 11. L. J. Carrol (Wirral) 3:07:52; 12. B. Lewney (Barrow) 3:08:08; 13. P. Duffy (Moth) 3:08:33; 14. D. Hodgson (Leeds) 3:08:33; 15. N. Carrington (Sale) 3:09:50; 16. P. Livesey (Clay) 3:09:59; 17. J. Booth (Utd. Hosp) 3:11:13; 18. R. Meadowcroft (Bolt) 3:11:30; 19. D. Anderson (Bing) 3:12:36; 20. F. Howson (Barrow) 3:14:18; 21. R. Jackson (Salf) 3:14:31; 22. M. Cudahy (Man) 3:15:50; 23. K. Fozard (Harr) 3:16:19; 24. W. Mitchell (Aire) 3:16:20; 25. G. Garnett (Bing) 3:16:25; 26. J. Irwin (Bing) 3:17:20; 27. M. Cranny (Wirral) 3:17:33; 28. W. Tinlin (New) 3:20:05; 29. J. Newsome (Wake) 3:20:18; 30. G. Bradshaw (Notts) 3:20:52. 116 finished. **Teams:** 1, Rochdale 8:41:13; 2, Bingley 9:11:36; 3, Clayton-le-Moors 9:54:59; 4, Wirral 10:04:00; 5, Bramley 10:13:58; 6, Bolton 10:17:18; 7, Wakefield 10:20:4; 8, Sale 10:24:32; 9, Holmfirth 10:29:16; 10, Leeds City 10:32:09; 11, Kendal 10:45:37; 12, United Hospitals 10:54:04; 13, Bury 10:56:55; 14, Manchester YMCA 11:10:14; 15, Lancaster & Morecambe 11:11:17; 16, L'pl College of Building 11:26:44.

Whernside Race: 1, A. Ladro (Kendal) 38:25; 2, H. Walker (Black) 38:29; 3, D. Cannon (Ken) 40:13; 4, G. Towers (Leeds) 41:36; 5, B. Rawnsley (Skirack) 42:15; 6, P. Leviston (Barrow) 42:43.

Norfolk Gazelles officers: President, C. H. Comber; chairman, E. W. Tagg; secretary, L. J. Rudling, 26 Civic Gardens, Norwich, Norfolk, NOR 16M; treasurer, T. W. Parke; team manager, J. R. Daniels; team captain, D. Palmer.

April prizewinners in the SCAA "200 Competition": R. J. Bowden (£25), J. R. Charlesworth (£15), J. B. Dawkins (£5).

HERTFORDSHIRE AAA 10,000m CHAMPIONSHIP

At Watford, May 3rd

- 1, J. Brown (Wat) 30:45.8; 2, R. Davis (Ver) 31:43.4; 3, A. Reavley (Sth Herts) 31:51.4; 4, G. Harrold (Sth Herts) 32:30.2.

* * *

The Donore Harriers 40 miles Road Race, has been postponed until September or October.

STIFFNESS IS A SPOIL-SPORT

Loosen *tight* muscles with
Radian Massage Cream !

Muscle stiffness is something that all sportsmen know. Hard to avoid but easily treated with Radian Massage Cream. Stiffness spoils sport—and too long a training run, too fast a sprint, may well mean a strained muscle or ligament. Radian Massage Cream not only relieves stiffness, it *protects* your muscles and joints. Rub in Radian Massage Cream before and after an event, and ensure that you stay amongst the sportsmen—and not the spectators !

Ask your Chemist for Radian Massage Cream today. Large Tube 4s. Economy size 5s 10d

YOURS IN SPORT WITH RADIAN MASSAGE CREAM

If it's very painful —

For immediate relief of acute pain and inflammation, first apply Radian-B Liniment. Radian-B contains pain-killing aspirin in an easily applied form.

Ask your chemist for a bottle today.

RADIAN-B Aspirin Liniment

4s, 5s 10d or 8s 3d



Alder Wins Croxdale '10'

May 3rd

Continuous rain for 24 hours before the race and a thick mist which cleared just prior to the start reduced the entry of 108 to 51 starters, and made much of the course extremely wet and muddy. Rackman led from Jim Alder at the end of the first lap, but the Commonwealth Marathon Champion soon shook off his pursuer and the effects of 'flu to record his fifth consecutive win.

1. J. Alder (Morpeth) 51.03
2. N. Rackham (Heaton) 51.37
3. A. Matheson (Morpeth) 51.45
4. R. Balding (Heaton) 51.55; 5. R. Carruthers (Gosforth) 52.37; 6. M. Child (Wake) 52.41; 7. M. Hall (Midd. & Cleve) 53.08; 8. P. Puckrin (Midd. & C) 53.46; 9. M. Dixon (Heaton) 53.50; 10. J. Craven (Rown) 53.58; 11. G. Freeman (Sund) 54.07; 12. C. Haggie (Gos) 54.11; 13. M. McDonald (Mid. & C) 54.21; 14. B. Cooke (Hull) 54.26; 15. D. Hoare (Wake) 54.31; 16. E. Hudspeth (Morpeth) 54.42; 17. B. Sweeting (S. Shields) 55.15; 18. J. Hinchcliffe (Durham U) 55.23; 19. P. Martin (Durham U) 55.33; 20. J. McKenna (Leeds City) 56.03. 51 finished. **Teams:** 1, Heaton 15; 2, Morpeth 20; Middlesbrough & Cleveland 28; 4, Wakefield 48; 5, Durham Univ. 66; 6, Sunderland 67; 7, Gateshead 81; 8, Leeds City 90; 9, Saltwell 95; 10, South Shields 111. **Vets:** (Over 35) Freeman. (Over 40) M. Atkinson (24th). **Novice:** P. Steele (Durham U) 29th.

P.S.W.

EXETER TO PLYMOUTH "44"

May 3rd

1. J. Tarrant (Salford) 4:18:16
2. C. Hunt (Wolv. & Bilston) 4:58:31
3. F. Lee (Wolv. & Bilston) 5:12:06
4. T. Honeychurch (Paignton) 5:05:29; 5. F. Byrne (Camb) 5:12:36; 6. J. Berry (Wake) 5:15:16; 7. R. Meadowcroft (Bolton) 5:17:10; 8. M. Watts (Paignton) 5:19:24; 9. K. Haith (Camb) 5:22:10; 10. J. Fitzgerald (Mit) 5:23:43; 11. K. Shaw (Camb) 5:26:41; 12. B. Benberthy (TVH) 5:34:39; 13. F. Howes (Paignton) 5:40:13; 14. E. Edwards (Wake) 5:52:50; 15. E. Gutteridge (Camb) 6:01:21; 16. E. Matrawers (Taunton) 6:14:00; 17. V. Tarrant (Chelt) 6:18:22; 18. D. Coffey (Camb) 6:24:55; 19. R. Clark (RNAC) 6:26:40; 20. D. McClintock (RNFC) 6:35:56; 21. J. Maxwell (RNFC) 6:44:19. **Teams:** 1, Paignton 12; 2, Cambridge 13. **Veteran:** Fitzgerald. **Devon runner:** Honeychurch.

ESSEX "20"

May 3rd

1. D. Horsup (Thurrock) 1:49:19
2. M. Batty (Thurrock) 1:50:47
3. D. Staines (Thurrock) 1:51:41
4. D. Plater (Ilf) 1:54:55; 5. R. Howe (W'stow) 1:57:02; 6. M. Keough (Eton M) 1:59:13; 7. A. Lovett (Ilf) 2:01:27; 8. M. Prosser (Ilf) 2:02:00; 9. K. Jones (Orion) 2:02:29; 10. K. Winger (Ilf) 2:14:13. **Teams:** 1, Thurrock 6; 2, Ilford 19; 3, Orion 35; 4, Walthamstow 35.

14.7 Hurdles By Storey

At Woodford, May 3rd

100m: 1, I. Green (Lut) 11.0; 2, C. Greenaway (WG) 11.2. **200m:** Green 22.8. **400m:** 1, D. Hearn (Lut) 49.5; 2, D. Jackson (WG) 49.8; 3, K. Hall (A) 49.8. **800m:** 1, G. Mardle (WG) 1:55.7; 2, R. Davis (WG) 1:56.6. **3000m:** Mardle 8:48.2. **110H:** 1, S. Storey (WG) 14.7; 2, R. Legge (A) 15.5; 3, A. Cook (WG) 15.9. **400H:** 1, Storey 55.2; 2, A. Watson (L) 56.7; 3, R. Spreckley (WG) 57.0. **2000mSC:** 1, Davis (A) 6:19.4; 2, S. West (WG) 6:22.2. **HJ:** J. Ellicock (A) 1.80/5'11". **PV:** 1, S. Inman (A) 3:50/11'6"; 2, Beashel (WG) 3:35/11'0". **SP:** 1, Ricketts (A) 14.31/46'11½"; 2, Cushion (WG) 13.17/43'2½". **DT:** 1, Cushion (WG) 48.16/158'0"; 2, O'Neill (A) 41.48/136'1"; 3, Ratcliffe (A) 40.77/133'9". **HT:** 1, D. Lazarides (WG) 50.37/165'3"; 2, P. Aston (WG) 49.99/164'0"; 3, R. Nicoll (A) 46.94/154'0". **JT:** N. Hart-Ives (A) 64.57/211'10". **4x100m:** 1, Luton 43.2; 2, WG 43.5. **4x400m:** 1, WG 3:25.3; 2, Luton 3:26.4. **Junior 100m:** M. Blackman (WG) 11.5. **Teams:** 1, Woodford Green 160; 2, Army 146; 3, Luton 59.

OLDHAM & ROYTON SB CROSLAND "10"

April 26th

1. A. Blinston (Altrincham) 50.59
2. J. Calvert (Blackburn) 51.22
3. S. Edmunds (Sale) 52.08
4. B. Goulden (Sale) 52.36; 5. M. Wood (W'loo) 52.44; 6. G. Entwistle (Man. & D) 53.04; 7. A. Walsham (Sal) 53.06; 8. M. Craven (Kendal) 53.15; 9. D. Shelley (Stoke) 53.28; 10. J. Outran (Stoke) 54.04; 11. A. White (Longwood) 54.15; 12. M. Dunne (Sale) 54.25; 13. D. Quinlan (Long) 54.27; 14. E. Johnson (Stoke) 54.39; 15. M. Nunn (Long) 54.52; 16. T. Beesley (Pem) 55.08; 17. S. Keech (Man. & D) 55.13; 18. J. Egerton (Stoke) 55.28; 19. P. Jones (Pem) 55.38; 20. P. Cory (W'loo) 56.12; 21. R. Williams (Pem) 56.36; 22. S. Hardicker (Man) 57.08; 23. P. Whittaker (Old & Roy) 57.25; 24. D. Walsh (Black) 57.36; 25. P. Cooper (Stret) 57.56. 62 finished. **Teams:** 1, Sale 19; 2, Stoke 33; 3, Longwood 39; 4, Waterloo 55; 5, Pembroke 56; 6, Oldham & Royton 80. **Vet:** D. Walsh (Blackburn).

KENT "20"

At Hayes, May 3rd

1. F. Maillardet (Cambridge H.) 1:50:08
2. G. Taylor (Cambridge H.) 1:51:56
3. A. Jones (Cambridge H.) 1:54:59
4. L. Mann (Bel) 1:55:37; 5. D. Dellar (Camb) 1:55:56; 6. J. Fowler (Medway) 1:56:32; 7. B. Hercock (Enf) 1:56:36; 8. J. Geoghegan (Camb) 1:56:52; 9. I. McMillan (Invicta) 1:56:56; 10. M. Cassey (Wyc. Ph) 1:58:37; 11. R. Wilds (S'ton) 2:00:10; 12. K. Marshall (Dart) 2:00:29; 13. D. Wade (B'ht) 2:01:05; 14. A. Whiting (Med) 2:04:59; 15. P. Jones (Pem) 2:05:30. 38 finished. **Teams (Open):** 1, Cambridge 8; 2, Medway 38; 3, Belgrave 45; 4, Invicta 54; 5, Blackheath 55. **(Kent):** 1, Cambridge 7; 2, Medway 26; 3, Blackheath 40.

OXFORD UNIV. AND LOUGHBOROUGH TIE

THE fourth annual match between Oxford University, Loughborough Colleges and Polytechnic Harriers was an inter-club match of the very highest standard. After nine of the 19 events Loughborough led Oxford by 10 points, but five successive victories took the University team ahead. A fluffed change in the sprint relay cost Loughborough two points, and disqualification in the mile relay cost Oxford at least two, and the teams finished level on 143 points.

Despite such fine performances at Camp Campbell's 880y win in 1:50.3 (holding off the fast finishing John Greatrex, who ran a personal best of 1:50.4) and mile relay ground record of 3:15.9 by their squad, Poly were never in with a chance of winning the match. Bill Tancred reached 51.38/168'7" with his first competitive discus throw of the year, but followed this with five no-throws. Mike Hauck scored a useful sprint double, catching Frith after an indifferent start in the 100, and blazing away in the 220 for a 21.6. Dave Clementi, not able to risk hurdling yet after hamstringing troubles, took the flat quarter, and Bob Roberts won a good quarter hurdles race. The two hurdlers met on the anchor leg of the 4x440y with Clementi staying ahead for all 47.9 of his circuit—only to find Oxford were already disqualified. Loughborough and Oxford relied heavily on their star decathletes, Clive Longe and Pete de Villiers, both of whom performed with distinction.

M. Warburton

1, eq. Oxford Univ. 143 & Loughborough C. 143; 3, Polytechnic H. 107. 100y: 1, M. Hauck (O) 9.9; 2, R. Frith (P) 10.0; 3, E. Osborn (O) 10.0; 4, D. Wood (L) 10.0; 5, J. Roys (L) 10.3. **220:** 1, Hauck 21.6; 2, Osborn 22.1; 3, Roys 22.2; 4, Frith 22.4. **440:** 1, D. Clementi (O) 49.2; 2, A. Houghton (L) 50.0; 3, A. Sulzer (P) 51.0; 4, S. Nussey (O) 51.0. **880:** 1, C. Campbell (P) 1:50.3; 2, J. Greatrex (L) 1:50.4; 3, R. Steele (O) 1:52.1; 4, R. Adams (P) 1:57.3. **Mile:** 1, M. Wands (L) 4:13.4; 2, R. Barratt (P) 4:13.7; 3, P. Beacham (P) 4:13.8; 4, J. Valentine (O) 4:14.5. **3M:** 1, D. Fernee (P) 14:16.2; 2, J. O'Keefe (P) 14:20.0; 3, A. Moore (O) 14:31.0. **3000mSC:** H. Richards (O) 9:20.6. **120H:** 1, P. de Villiers (O) 15.0; 2, T. Browne (L) 15.4; 3, T. Scott (L) 15.6; 4, P. Aylward (O) 15.7; 5, C. Webb (P) 15.9. **220H:** 1, de Villiers 24.5; 2, R. Roberts (L) 24.5; 3, A. Harper (L) 25.8. **440H:** 1, Roberts 53.4; 2, Harper 53.8; 3, I. Dawes (O) 54.1; 4, Barrington 56.1; 5, L. Godfrey 57.0. **4x110:** 1, Oxford (A. Shoebridge, Osborn, D. Martin, Hauck) 41.8; 2, Poly (Frith, Overhead, Campbell, Webb) 43.2; 3, Loughborough 43.4. **4x440:** 1, Poly (Sulzer, Osborn, Adams, Campbell) 3:15.9; 2, Loughborough (Houghton, English, Greatrex, Roberts) 3:16.7; Oxford (Steele, Hauck, de Villiers, Clementi) 47.9 3:16.4 disq. **HJ:** 1, L. Hall (P) 1.88/6'2"; 2, P. Lance (L) 1.88/6'2"; 3, de Villiers 1.83/6'0"; 4, T. Scott (L-guest) 1.83/6'0". **PV:** 1, C. Kidd (O) 3.81/12'6"; 2, C. Longe (L) 3.66/12'0"; 3, R.

At Oxford, May 3rd



Colin Campbell (8) wins an exciting half-mile from John Greatrex and Bob Steele in 1:50.3.

Bill Potter

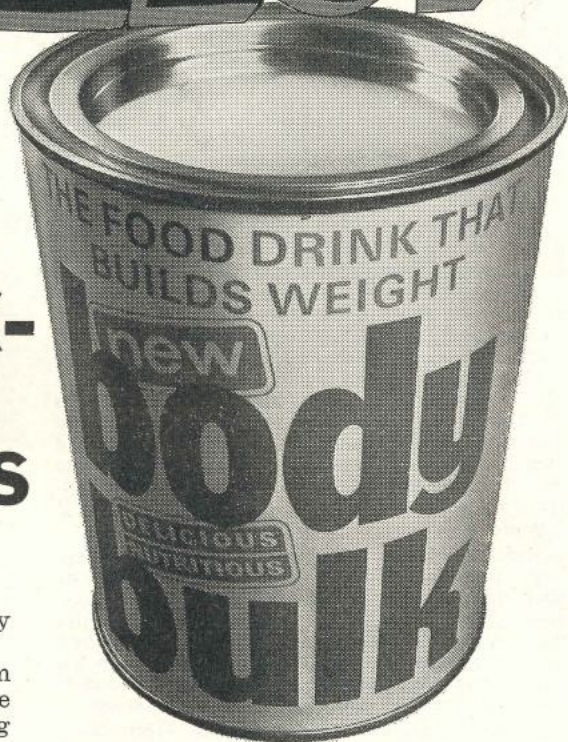
Murphy (P) 3.66/12'0"; 4, M. McLean (L) 3.35/11'0". **LJ:** 1, G. Maddocks (O) 6.76/22'2½"; 2, Longe 6.68/21'11". **TJ:** 1, Kidd 14.60/47'11"; 2, R. Chapell (L) 14.37/47'1¼"; 3, A. Hall (L) 13.66/44'10". **SP:** 1, W. Tancred (L) 16.43/54'11"; 2, Longe 14.40/47'3"; 3, J. Armstrong (O) 13.38/43'11". **DT:** 1, Tancred 51.38/168'7"; 2, Longe 44.53/146'1"; 3, N. Nops (O) 40.16/131'9". **JT:** 1, R. Perkins (L) 66.50/218'2"; 2, R. Bartlett (P) 62.87/206'3"; 3, C. Butterworth (O) 61.60/202'1"; 4, A. Hall (L) 54.59/179'1"; 5, J. Mackinnon (O) 54.56/179'0".

BLACKHEATH CENTENARY CELEBRATIONS

Special events include: May 16th—dinner/dance at New Inn, Hayes; June 25th—commemorative meeting with HHH at Herne Hill; August 3rd—match v. Kent AAA & Southern Counties AAA at Crystal Palace; September 27th—commemorative run from Peckham to Hayes; October 5th—centenary thanksgiving service at West Wickham Parish Church; October 26th—Blackheath "stroll"; November 3rd—centenary dinner at Mansion House; November 29th—cross-country fixture v. ECCU, Oxford & Cambridge, HHH, Orion, Ranelagh, SLH and Thames H & H at Sparrows Den.

DEVELOP

YOUR POTENTIAL WITH NEW BODY BULK- THE SPORTSMAN'S DRINK!



Here's a new food drink that's specially formulated for all sportsmen.

Protein-packed Body Bulk builds firm tissues, tones muscles, improves appetite and induces sound sleep. Many leading athletes and sportsmen in all fields have expressed confidence in Body Bulk - and now you can discover for yourself how Body Bulk aids a planned training programme.

Body Bulk contains vital body-building ingredients: full cream milk, malt extract, casein and glucose. These natural, concentrated foods, carefully combined to give you extra energy and vitality, provide an invaluable addition to training diets.

Nothing could be easier to take. Body Bulk comes in powder form - you just add

hot or cold milk to make a delicious, nutritious, stimulating health drink. It is available in malt and chocolate flavour.

Start a course of Body Bulk today - and see how much it will benefit *you*. Get your supply from any Health Food Store, branch of Boots or other good Chemist. Price: 10/6 (1 lb), 21/- (3 lb), 42/- (7 lb) If you have any difficulty in obtaining supplies, write direct to:

**Mapleton's Foods Limited,
Moss Street, Garston, Liverpool 19
Tel: Garston 5004**

BODY BULK — THE FOOD DRINK THAT BUILDS WEIGHT

HARRY HUTCHENS—FINEST SPRINT

RON JONES, report the Press, is experimenting with a standing sprint start. Somewhere, I fancy, the spirit of old Harry Hutchens is smiling. He maintained to the end of his days in 1939 that the 'dab' which he originated produced a faster start than the crouch.

Well who was Harry Hutchens? A very able sprinter; there is no doubt of that. And a most colourful character. There was a time when every old-timer had his fund of Hutchens stories. Some have come my way, through Joe Deakin, David Jamieson and Laurie Weatherill. They are impressive enough, if you believe only half of them, to secure 'Old Harry's' reputation for ever.

Hutchens was working as a delivery boy for W. H. Smith's bookstall on Putney Station when his extraordinary sprinting speed was discovered, and put to the test. Several of the country's leading sprinters had arranged a time-trial at Lillie Bridge at the start of the 1875 season. They included two of the first four in the previous season's AAC Championships. As they were preparing to start, a stranger asked whether they would agree to take seven yards start from a youth who was with him. They treated the request with some contempt. So the lad started seven yards behind them, and they forgot about him—until he overtook them and won by two yards, easing up. Nobody timed the boy, but the first of the others was given 10.4. Harry Hutchens, at 17, had shown himself capable of 9.5.

Hutchens became a professional. There were huge rewards to be won in the big events at Sheffield and Powderhall, and amateur athletics, anyway, was not open to newspaper boys. During the seventies he learned his trade, and discovered why extravagant displays of speed would ruin his new career. In pedestrian sprinting, handicaps were protected as stoutly as ladies' reputations.

He did enough to win. No more. And sometimes, when no-one expected it, he lost. "Being a pro," he told Joe Binks, "I had to run occasionally to orders. But I was never beaten when the real money was down." He judged his victories to a minute degree, winning on the tape in the slowest time possible. Even so, he regularly had to run between six and eight yards inside evens to overcome his handicap.

Behind locked gates

In 1881 the American amateur, Lawrence Myers, visited Britain and shook the complacent Victorians by winning easily wherever he went. He was the outstanding quarter-miler of the century, and reduced the record by stages from 50.4 to 48.8. Of course a match with Hutchens, a professional, was out of the question, but a private race was staged behind locked gates at Lillie Bridge. Fred Wyborn (SLH) was there and told how Myers sceptically agreed to take 20 yards



start. He started fast, intent on showing that no man could give him a start, let alone twenty yards. But at the half-distance Hutchens strode past him. Myers pulled up, and surrendered the race. "It's no use running against this chap. He can do the 440 in 44 seconds!"

Hutchens rarely ran more than 130 yards, but in 1884 a remark that he could not win the Powderhall 300y New Year Handicap stung him into entering. On the evening of the race he ran a private trial, and then repaired to the George Hotel in Edinburgh. There are conflicting accounts of how many bottles of beer he drank that evening. One man who was there maintained that it was 26; another old 'ped' insisted on 27. The odds against Hutchens rose sharply the next day, particularly as he was starting from scratch, and the nearest man was 18 yards away. But he won his heat in 30.4, on a track partly covered by snow. In the final he won characteristically on

ER OF THEM ALL?

by Peter Lovesey

the tape in 30.0. It was years before anyone approached that time.

Laurie Weatherill, a former international athlete, provides a footnote on that race. "On a gloomy winter evening in, I think, 1928, I had been training on the Stamford Bridge track. A very taciturn and pessimistic old member of the ground staff, Charlie Perry, happened to come into the dressing room. The trainer and I had been talking about Nurmi, who had, I think, just completed his American indoor tour. I made a remark to the effect that I wondered whether there would ever again be anyone so good. To my surprise, Charlie Perry said: 'He's not a good runner. The other fellow (Ritola) will beat him one of these days, you will see. There's only been one good runner in my time.' I asked who it was, and he replied that it was Hutchens. I said I supposed he meant the man who had run 30 secs. dead at Powderhall for 300 yards. He said that was right, but added that I mustn't think that that was all Hutchens could have done. Remembering the stories of Hutchens having plenty in hand, I asked Charlie what he meant. Then he told me that, a few days before the Powderhall Meeting, Hutchens had run a private trial at 300 yards in London. Charlie and his father, Nat Perry, who at the time, my father told me, was the AAA official timekeeper, had timed the trial, which I understand, Hutchens ran alone. The time was 29 seconds dead. Then Charlie's dreary voice changed and his old face lit with an enthusiasm which had probably been dead for the last 40 years. He said, slowly and dramatically; 'And he wasn't going all out.' As he went out, returning to his normal gloomy self, he added:—'Yes, there's only been one good runner in my time.'"

Sensational non-event

In 1887, after a world tour, Hutchens returned to the most sensational non-event in athletics history. A match had been made with Harry Gent, a Darlington cabby, who was the first rival to appear for years, following a run of 11.6 for 122 yards. Eight thousand assembled at Lillie Bridge on the evening of Sept. 19th, and waited patiently for the runners to appear. In the dressing rooms the real action was taking place. Rival gangs could not agree which way the race should be fixed. Hutchens later said: "A large contingent of 'the boys' forced their way into my dressing room, and forced me to leave by the underground passage leading to West Brompton station." Gent was spirited from the ground by another route. After an hour's wait, the crowd descended on the dressing rooms. Then, within a very short

HARRY HUTCHENS was born in Putney (London) on Feb. 27th, 1858. Height: 1.79/5'10½"; weight: 80kg/177lb; stride: 7'6" (9'0" at finish). He competed regularly from 1878 until 1898, and recorded the following best performances: 120y—11.4 (10/2/91), 131½—12.25 (21/2/82), 140—13.4 (8/6/85), 150—14.5 (2/3/87), 220—21.8 (11/5/85), 300—30.0 (3/1/84), 350—38.4 (19/9/85).

During a tour of Australia in 1887, he was credited with 4.6 for 50y, a clocking that is regarded as dubious. He died in 'humble circumstances' at Catford on Jan. 2nd, 1939.

time, they destroyed Lillie Bridge for ever. They smashed the wooden stands, poured oil over them, and set the lot ablaze. It was the funeral pyre of professional athletics in London.

How good was he? His best times were recorded over odd distances, because of the handicapping system then in vogue, so it is hard to say. He ran 131½ yards in 12.4, and 131½ yards in 12.25 at Sheffield in 1879 and 1882 respectively—speeds equivalent to 9.4 and 9.3 for 100y, but it must be remembered that the extra 31 yards at top speed flatters the average time. It seems likely, though, that Hutchens was capable of 9.6 from a standing start, which might be some encouragement to Ron Jones.

He continued to sprint brilliantly until he was past forty. At 35, he ran 120y in 11.8 and 220 in 21.8, and at 38 he was still back marker in the Powderhall Handicap. Chronic rheumatism finally intervened.

Joe Deakin, the 90-year-old Olympic gold medallist, saw Hutchens a short time before his death. "He came to a meeting in which I'd got a veteran running—a man of sixty. He was running in the veterans' race, and we expected him to win it. He said, 'You see who that is? Harry Hutchens!' Poor old man he was; didn't look like the Harry Hutchens of old. The poor old fellow had entered in some other name, because it was an amateur meeting. I said, 'Don't trouble about that. He's a pro. If he wins, he won't get it. But I'm not going to say anything about it.' Anyway, he ran in the race. He'd got no chance. The bookies had got him to run, and thought perhaps he might do something. I think my pal went out and won it. Poor old Hutchens could hardly walk. That's the last time I saw him. Next time I heard of him was when he died . . . He was the finest sprinter that ever lived."

FINE HAMMER THROWING

Tony Elvin, previously better known for his shot-putting, threw the hammer 62.48/205'0" and 61.62/202'2" during an exhibition at Woodbridge, Suffolk, last week. In competition at Nethercraigs on May 3rd, Laurie Bryce set a Scottish record of 61.37/201'4".

Top Juniors Prepare For Internationals

SOME sixty potential team members for the two Junior International Meetings this summer (athletes born 31.12.1949 or later) were invited to the first-ever Junior International Team week-end at the Crystal Palace on April 26th/27th.

The Team Management of Mike Farrell and Bill Sykes were assisted on the Course by John Anderson (National Coach to Scotland) and Derek Hayward, both of whom are to accompany the Junior Team to France. Others assisting were Alex Naylor (School Senior Coach), Captain Mack, George Tymms, Warwick Dixon and Colin Smith, with Colin Campbell, Martin Winbolt Lewis and David Hemery also helping with some "active" coaching. John Le Masurier also gave his assistance on Saturday in helping sort out the Sprint Relay Squad, which will be in operation for the first time in the Sward Trophy Meeting.

Arthur Gold welcomed the athletes on Friday night on behalf of the British Board whilst Mike Farrell explained the purposes of the week-end — not a coaching session, but a training week-end in which the athletes would get to know the Team Management and each other and help foster a team spirit.

The team were told the dates of the matches, and the selection dates: French Match—Dole, July 27th (selection date July 14th, 3 per event); German Match—Herford, September 13th/14th (selection date August 15th). The athletes were given details of the travel arrangements and shown the track suit which would be issued to the team.

Saturday started with an hour's flexibility exercise led by John Anderson in his usual forceful manner which had most athletes wondering where all the extra muscles had come from in such a short time.

A practical session followed and, after lunch, a discussion with the coaches and Team Management on various aspects of our athletes' approach to the sport and, in particular, the attitude of the Junior International Team in the coming season. The opinion of John Anderson was that none of the athletes aimed high enough and getting into the team should not be the "be all and end all", but merely a stepping stone to greater things. David Hemery gave the athletes some of his philosophy and explained how he had analysed his Olympic run, step by step, and was convinced that the record would come down even further to 47 seconds once a "Lee Evans" took up the 400m hurdles. John Anderson impressed on the athletes that nothing was impossible and there is no limit.

A strenuous afternoon followed with the field event people getting in some video filmed training, with a session of volleyball and basketball to finish up the day.

Sunday morning started with the showing of Bill Sykes's Mexico film which showed some inter-

esting sidelights to the more technical film of John Anderson's, which followed. One of the more dramatic moments of Bill's film, which brought a gasp from the athletes, was the never to be forgotten leap of Beamon in the long jump and the expression on the face of Beamon when he realised how far he had gone.

Sunday morning finished with a quality session for the boys with some of the field events athletes getting in some more valuable practice with the Senior implements which they will use in the competition. Sunday afternoon was a final summing up by the Team Management and then a discussion took place, in groups, with the coaches and an endless relay completed the day.

The athletes left the Course with the hope of the Team Management, and the coaches, that something had been learned from the week-end, and if nothing else, an added spur to them to aim high and happy with the knowledge that their performances would not go unnoticed.

Mike Farrell



Phil Banning, one of the 60 outstanding youngsters who attended the course seen here leading in the BMC mile at Chelmsford from **Andy Green**, **Roy Young** and **John Bednarski**. **Peter Williams**

Spotlight on Youth**by Dave Cocksedge****Vintage Year Ahead For Milers**

BEFORE the season is out, we may well be celebrating the first ever sub-4 minute mile by a UK Junior, judging by the form Philip Banning is in. Just two weeks after winning the LAC Schools 1500m title Phil clocked 4:06.8 in a special BMC event at Chelmsford; finishing third to Roy Young and Andy Green over four laps. Has any British Junior ever run this fast so early in the year? I doubt it. Phil's time removed 6.5 sec. from his previous best and it is obvious that it is only a matter of time before he beats David Wright's AAA Under-19 best of 4:02.4. Wright's 1500m mark of 3:46.3 would seem similarly doomed also; the same as John Rix's Under-20 standard of 3:45.6. Note, however, how well 16-year-old Terry Colton (4:16.6), Martin Mills (4:12.0 last year), Jim Kendrick, Barry Smith, Chris Barber and John Boggis are running. Yes, it looks like shaping into a vintage year for Junior and Youth miling . . .

In Brief: Further improvement from 15-year-old Rona Livingston, of Stoke, who is trained by Denis Watts, incidentally. Rona covered 400m in 57.4 on May 3rd, which is just 0.6 sec. away from Marilyn Neufville's Age Best for the distance. On April 29th Rona ran 220y in 25.9 for yet another personal best—they seem to fall every time she sets foot on a track . . . Running at Brighton on May 3rd Walton's Ron Martin (18) decided to go from the gun in the 800m—and how! Ron flew past the bell in 53.5 before starting to buckle along the backstraight, but he still managed to finish, somehow, in 1:56.6. One day he'll just go out hard as usual and stay there . . . Another teenager off to a flying start this year is Watford's WAAA Junior Champion, Mary Sonner, whose time of 2:17.4 for 800m is the second fastest ever by a British 14-year-old . . . At Crawley on May 4th, Noreen Morrison, young sister of miler Norman (20) and a member of Croydon Harriers' powerful Intermediate Ladies Section, cleared a great 1.60/5'3" in the high jump to equal the UK best-ever by a 14-year-old girl. Noreen's mark lists her along with the illus-

trious names of Gwenda Matthews (1958) and Ann Wilson (1964), and was an improvement of four inches on her best of last year . . . Meanwhile in Scotland, 18-year-old Rick Taylor of Ayr Seaforth clocked 55.0 for 400m hurdles at Scotstoun, Glasgow, on May 3rd, during a weekend of startling performances all over the country . . . Croydon's Margaret Cook, who threw the Junior javelin 31.90/104'8" last season, has recently recovered from a severe bout of pneumonia which put her out for a couple of months. She is putting the shot now (10.72/35'2" recently) and coach Stan Biggs predicts that she will throw 12.19/40'0" this year . . . My spy informs me that it was two cysts on the knee that have kept Paul Dennis (Norfolk Oly) out of action. He is training lightly now, and should be back to full fitness by July in time for the English Schools.

Some startling walking by teenagers took place at Newham on April 30th in a One Mile event organised by Newham AC. Phil Embleton (Metropolitan WC) won the event in 6:35.0, but behind him 16-year-old Oliver Caviglioli of Basildon AC clocked 6:59.9 to cut 4.1 sec. from his previous best. Unfortunately no age records exist for this distance, but it seems highly likely that Oliver's time is an age best. One looks forward to what he will do over 3000m this season. Perhaps even more remarkable was the performance of 13-year-old Laurence Dordoy of Ilford AC in 4th place. Laurence (born 12.11.55) finished in 7:28.0 head of John Jones (Newham) 7:30.0, and David Maynard (Newham) 7:33.0.

Woodford Green 100; Hillingdon 19 in Junior/Youth match, at Woodford, April 26th. 100m: 1, M. Blackman (WG) 11.2; 2, A. Braithwaite (WG) 11.3. 200m: Blackman 23.4.

Woodford Green Juniors 171; East London Schools 128, at Woodford, April 29th. 200m: Blackman 23.2. 800m: M. Brown (WG) 1:58.7. DT: R. Webster (WG) 39.78/130'6". HT: 1, B. Stebbings (WG) 53.14/174'4"; 2, P. Robinson (WG) 44.07/144'7".

AAA SUMMER SCHOOL

LOUGHBOROUGH

July 20th—30th

Advanced Course

Teaching Course

Announcers Course

Courage Awards

Apply: W. Hindhaugh, Administrator, AAA, 26 Park Crescent, London, W.1

WALES

OUTSTANDING RUN BY PHIL LEWIS

At Cardiff, May 3rd

Outstanding performance on a wet and dreary afternoon was that of Phil Lewis who set a ground record of 1:51.0 in the 800m. Taking the lead from the start Lewis powered his way through the soggy track and driving rain to come home some 30y clear of the field: fine running in such conditions. Derek Boosey set the only other performance of note in the triple jump when, with the last leap of the day, he cleared 15.43/50'7 $\frac{1}{4}$ ". He actually took off some 12" behind the board and went out to a distance in excess of 52 feet (15.85) only to fall back on landing and be measured at the above distance.

Gordon Roberts

S. Wales & Mon. 154; Cardiff 109; Madeley 80.
100m: 1, L. Davies (S.W. & M.) 11.0; 2, A. Thomas (SW) 11.0; 3, N. Williams (Car) 11.1; 4, J. Elias (Car) 11.2. **200m:** H. Davies (SW) 22.2.
400m: 1, V. James (Car) 50.0; 2, H. Curran (SW) 50.1; 3, Gibson (Mad) 50.5. **800m:** 1, P. Lewis (SW) 1:51.0; 2, D. Vaughan (SW) 1:55.5. **3000m:** 1, Rowlands (SW) 8:25.2; 2, S. Hollings (Mad) 8:27.4. **110mH:** A. James (SW) 15.6; 2, A. Bergiers (SW) 15.9. **400mH:** M. Walters (Car) 59.0. **4x100m:** 1, S. Wales & Mon. 42.9; 2, Cardiff 43.7. **Medley R:** S. Wales 3:43.1. **PV:** 1, J. Evans (SW) 3.35/11'0"; 2, D. Jones (Car) 3.20/10'6". **LJ:** 1, G. Williams (SW) 7.15/23'5 $\frac{1}{2}$ "; 2, J. Crotty (Mad) 6.79/22'3 $\frac{1}{4}$ "; 3, P. Edwards (Car) 6.77/22'2 $\frac{1}{4}$ "; 4, J. Elias (Car) 6.65/21'10". **TJ:** 1, D. Boosey (Mad) 15.43/50'7 $\frac{1}{4}$ "; 2, G. Webb (SW) 14.45/47'5"; 3, Crotty 14.13/46'4 $\frac{1}{4}$ "; 4, R. Gyles (SW) 13.66/44'10". **SP:** 1, J. Walters (SW) 15.75/51'8"; 2, P. Sutton (SW) 13.43/44'1". **DT:** Walters 45.06/147'10". **JT:** 1, G. Boyle (SW) 59.21/194'3"; 2, G. Robinson (SW) 59.08/193'10".

WEST GLAMORGAN CHAMPIONSHIPS

At Port Talbot, May 3rd

100y: P. Ware (Carm) 10.3. **440/880:** R. Pullen (Neath) 53.6/2:03.8. **3M:** D. Robbins (SH) 14:46.0. **SP:** 1, B. Penny (SH) 12.81/42'0 $\frac{1}{4}$ "; 2, B. Mugford (SH) 12.24/40'2". **DT:** Penny 38.46/126'2". **(Juniors) 100y:** R. Lewis (Cynffig) 11.0. **880y:** R. Presley (SH) 2:08.4. **1M:** S. Seaman (SH) 4:44.2. **LJ:** J. Powell (SH) 5.53/18'2". **TJ:** A. Bevan (SH) 11.53/37'10". **JT:** D. Herbert (Brit Al) 46.33/152'0". **(Youths) 100y:** S. Ware 10.6. **220y:** Ware 23.2. **440y:** C. Thomas (Maes) 55.0. **880y:** Thomas 2:08.4. **1M:** J. Price (BGS) 5:03.2. **HJ:** M. Flavell (SH) 1.57/5'2". **LJ:** T. Ronan (BGS) 5.78/18'11 $\frac{1}{4}$ ". **TJ:** Ronan 11.67/38'3 $\frac{1}{4}$ ". **SP:** (12lb) Flavell 11.06/36'3 $\frac{1}{4}$ ". **DT:** Flavell 45.80/150'3". **(Boys) 220y:** G. Nutt (BGS) 26.8. **880y:** M. Kift (BGS) 2:22.8. **TJ:** K. McNeill (BVS) 10.01/32'10". **JT:** N. Shaw (BP) 32.00/105'0".

(Women) 100y: C. Hall (Swan) 11.5. **440y:** S. Davies (Maest) 62.8. **LJ:** J. Hirst (BP) 5.19/17'0 $\frac{1}{4}$ ". **JT:** S. Martin (BP) 26.08/85'7". **(Intermediates) 100y:** G. Blackwell (Pt. Tal) 12.3. **220y:** 1, Blackwell 28.0; 2, A. Phillips (Pt. Tal) 28.4. **440y:** C. Edwards (M Sch) 70.0. **HJ:** C. Jones (Cynff) 1.37/4'6". **DT:** C. Edwards (Myn) 20.11/66'0". **(Juniors)**



The extent of Phil Lewis's 800m victory. In third place (dark strip) was Robert Stirling—Rosemary's brother—in a personal best time of 1:56.0.

Gordon Roberts

100y: K. Jones (SP) 13.1. **220y:** Jones 31.0. **880y:** S. Killy 2:43.0. **HJ:** C. Griffiths (SH) 1.32/4'4". **LJ:** J. Aston (MS) 4.28/14'0 $\frac{1}{4}$ ". **DT:** R. Phillips (MS) 16.99/55'9".

CAMDEN AC METRIC MEETING

At Parliament Hill, May 3rd

100m: 1, I. Matthews (Sutt & Ch) 10.9; 2, P. Barrett (QPH) 10.9; 3, C. Smith (QPH) 11.0. **200m:** 1, Matthews 21.9; 2, Barrett 22.5; 3, P. Hall (Highgate) 22.5. **400m:** 1, B. Wheatley (Inv) 50.1; 2, C. Smith (Hill) 50.7. **SP:** A. Kerr (Hill) 14.18/46'6 $\frac{1}{4}$ "; 2, D. Rough (Mit-J) 13.36/43'10"; 3, N. Kitchen (Her/Wim) 13.10/43'0". **DT:** 1, Kerr 41.35/135'8"; 2, Kitchen 38.81/127'4". **(Juniors) 100m:** 1, D. Cole (QPH) 11.2; 2, D. Burnett (QPH) 11.2. **200m:** 1, Cole 22.3; 2, Burnett 23.0. **SP:** Rough 14.80/48'6 $\frac{1}{4}$ ". **(Youths) 100m:** D. Gardner (Cam) 11.7. **200m:** 1, R. See (QPH) 23.7; 2, A. Anderson (Wycombe) 23.9. **LJ:** N. Lewis (Wy) 6.13/20'14". **SP:** D. Oliven (Cam) 13.99/45'10 $\frac{1}{4}$ ".

Date of the Kangaroo Club & Skyrac AC's open LJ and TJ competitions (including Yorkshire Youths LJ & TJ Championships) is Sunday, June 15th; venue is Priesthorpe County Secondary School, Pudsey, Yorks.

More Trophy Meetings

FAST SPRINT BY KNOWLES

At Brighton, May 3rd

HIGHLIGHTS of the Pollitt Trophy were provided by home names John Knowles and Dave Scharer. Knowles, showing crisp form, clocked a legal 10.7 in the 100 while Scharer pulled off an impressive 400m flat and hurdles double. In the hurdles he disposed of Herne Hill's Tony Collins with a personal best of 53.0, though Collins was far from disgraced with his time of 53.5, only 0.6 outside his AAA Under-19 Best of last year. Herne Hill provided an interesting double in the High Hurdles thanks to Laurie Taitt (making yet another comeback!) and that fine club man John Howell, who tackled six events during the afternoon, contributing 22 points to his club's total. Ron Martin's solo all-the-way victory in the 800 was the pick of the Junior (Warren Browne Trophy) events.

R. Taylor

1, Brighton & Hove 159, 2, HHH 135; 3, TVH 101; 4, Walton 72; 5, Portsmouth 47; 6, Ealing & Southall 37. 100m: (A) 1, J. Knowles (BH) 10.7; 2, J. Sam (HHH) 11.2; 3, A. Dudley (TVH) 11.2. (B) F. Hayes (TVH) 11.2. 200m: (A) 1, H. Lindberg (BH) 22.0; 2, Sam 22.7. (B) Knowles 22.4. 400m: 1, D. Scharer (BH) 49.4; 2, C. Mogg (TVH) 49.6. (B) 1, J. Marsh (TVH) 49.2; 2, Lindberg 50.3. 800m: 1, K. Bromley (Wal) 1:54.5; 2, R. Roseman (BH) 1:54.6; 3, P. Conliffe (TVH) 1:55.2; 4, I. Wilson (BH) 1:56.1; 5, A. Cowen (TVH) 1:56.2. 1500m: 1, J. Patterson (BH) 3:56.1; 2, D. Adams (HHH) 3:57.6; 3, J. Stephenson (BH) 3:59.6. 3000m: 1, Roseman 8:22.4; 2, P. Bennett (BH) 8:24.6; 3, P. Standing (BH) 8:27.6. 110mH: (A) L. Taitt (HH) 15.8. (B) J. Howell (HH) 16.4. 400mH: 1, Scharer 53.0; 2, T. Collins (HHH) 53.5; 3, R. Fitzgerald (TVH) 55.1. (B) J. Harmes (BH) 56.2. 3000mSC: W. Mullett (BH) 9:15.0. 3000mW: 1, A. Jones (BH) 13:37.0; 2, A. Buchanan (BH) 13:58.2; 3, B. Hawkins (BH) 14:04.0. 4x100m: Brighton & Hove (Knowles, Seeley, Scharer, Lindberg) 42.6. HJ: R. Morris (Wal) 1.83/6'0". PV: I. Howard (ES) 3.50/11'6". LJ: Howell 6.37/20'11". TJ: 1, B. Hull (BH) 13.78/45'24"; 2, K. Kelly (HHH) 13.74/45'1". DT: G. Milford (BH) 38.53/126'5".

Warren Browne Trophy (Juniors) 1, TVH 99; 2, HHH 87; 3, Walton 86; 4, Brighton & Hove 70; 5, Ealing & Southall 55; 6, Portsmouth 23. 100m/200m: G. Hitch (TVH) 11.4/23.0. 400m/800m: R. Martin (Wal) 51.9/1:56.6. 2000mSC: J. Davies (TVH) 6:07.4. 110mH: R. Linter (P) 15.3. 4x100m: HHH 46.2. LJ/TJ: P. Jones (ES) 6.17/20'3" & 13.81/45'34". DT: C. Tapsell (BH) 41.68/136'9". SP: B. Strange (THV) 13.55/44'54". JT: D. Sheppard (Wal) 51.38/168'7".

Third in the women's shot at the Carshalton Trophies with 12.03/39'54" (see last week's "AW", page 22) was S. Barrett (Croydon).

CORONATION TROPHY

At Chelmsford, May 4th

1, Borough Road College 118; 2, Essex Beagles 60; 3, Chelmsford 55; 4, Borough of Enfield 54. 100y: A. Pascoe (BRC) 10.1. (B) J. Wilson (BRC) 10.3. 220: Wilson 22.6. (B) Pascoe 22.3. 440: 1, E. Coffey (EB) 49.9; 2, A. Sutton (BoE) 51.1. 880: I. Lymath (EM) 1:57.2. (B) M. Absalom (BRC) 1:58.1. 1M: 1, A. Sell (BRC) 4:17.0; 2, R. Hayman (Med) 4:19.6. 2M: 1, Absalom 9:09.0; 2, R. Simmet (BoE) 9:12.2; 3, Hayman 9:17.0. 120H: S. Black (EB) 15.8. (B) C. Allabush (EB) 15.9. HJ: M. Weaver (Med) 1.83/6'0". PV: M. Gorham (Ver) 3.96/13'0". SP/DT: R. Boyd (BRC) 12.76/41'10 1/4" & 43.66/143'3". JT: 1, N. Sherlock (BRC) 68.61/225'1"; 2, Taylor (BoE) 63.63/208'9". (Juniors) 1, Chelmsford 127; 2, Essex Bgls 94; 3, Eton Manor 54; 4, Borough of Enf. 49. 880: J. Wiseman (EB) 2:00.0. HJ: D. Davey (Chelm) 1.70/5'7". (Youths) 880: H. Owen (Chelm) 2:04.4. 1M: S. Martin (EB) 4:39.8. (Boys) 220: P. Jary (Ver) 25.5.

(Women) 1, Borough of Enfield 154; 2, Southend 135; 3, Medway 108; 4, Chelmsford 105; 5, Verlea 66; 6, Essex Beagles 23. 100y: L. Peck (BoE) 11.5. 220: 1, Peck 25.5; 2, L. Caldwell (Chelm) 26.5. 880: 1, P. Moul (Ver) 2:18.4; 2, J. Green (Med) 2:22.0; 3, J. Cork (S'end) 2:22.8; 4, F. Turner (Med) 2:22.8. 100mH: 1, J. Philp (Chel) 15.2; 2, S. Turpin (BoE) 15.7; 3, L. Butler (S'end) 16.0. 4x110: 1, Borough of Enf. 50.5; 2, S'end 51.5. HJ: 1, Butler 1.52/5'0"; 2, Ryder (BoE) 1.47/4'10". LJ: 1, V. Fox (Ver) 5.38/17'7 1/4"; 2, A. Button (Med) 5.21/17'14"; 3, J. Philp (Chelm) 5.13/16'10 1/4". SP: 1, J. Daniels (Ver) 11.76/38'7"; 2, Y. Fountain (S'end) 11.10/36'5"; 3, H. Bushnell (Chelm) 10.01/32'10 1/4"; 4, Philp 10.00/32'9 1/4"; 5, L. Keable (BoE) 9.75/32'0". (Intermediates) 100y: H. Beaumont (Chelm) 12.2. 220: D. Rayner (BoE) 27.9. 440: Z. Myers (Med). 4x110: Medway 53.6. JT: B. Johnson (Ver) 34.14/112'0". (Juniors) 100y: J. Roberts (Med) 12.2. 150: Roberts 18.6. 880: 1, V. Day (S'end) 2:28.8; 2, B. Watts (S'end) 2:30.5; 3, D. Riley (S'end) 2:32.9; 4, Y. Devries (Chelm) 2:34.6. 4x110: Essex Beagles 55.2. SP: 1, J. Pridmore (BoE) 10.03/32'11"; 2, E. Shipton (Chelm) 10.02/32'10 1/4". DT: Shipton 25.17/82'7". HJ: Webb (S'end) 1.44/4'9". LJ: 1, D. Liston (S'end) 4.86/15'11 1/4"; 2, Roberts 4.83/15'10 1/4".

MEN'S PENTATHLON

Rodney Charnock (Watford H.) would be grateful if any club, county, etc., staging Pentathlons could please send details of:—(1) Any Pentathlon in which guest competitor(s) would be welcome to compete; (2) Results, including performances in each event. Please contact R. Charnock, Olleberrie Cottage, Sarratt, Rickmansworth, Herts. (Tel: Kings Langley 2413.)

The Middlesex League (Central Division) match on May 28th will be held at Finsbury Park and not Chiswick as previously advised.

The AAA's 1969/70 Diary of Events is now available from AAA Sales Centre, 2 Burn Close, Oxshott, Leatherhead, Surrey (3s. post paid).

Anita Neil's Useful Start To The Season

Women's Athletics
—by Cliff Temple
At Watford, May 3rd

AFTER a 1968 season during which the short sprint was her main concern, Olympic sprinter Anita Neil will this year divide her attention equally between the 100m and long jump. To start the season on the right note, she scored a useful double victory in these events at the Willis Trophy meeting in perfectly calm conditions with a 5.92/19'5" leap and 12.0 100m. Anita has been training harder than ever before according to her coach, Roger Beadsworth, who was well pleased with what he described as "Anita's best ever start to a season". In fact, she has already been over 20 feet in training, and has promised to make her long-awaited 200m debut in the Northants county championships later this month.

Putting in a surprise appearance for Hillingdon was Frances Slaap, who only lost her 1964 UK high jump record to Barbara Inkpen last month, and is currently visiting Britain, having emigrated to Australia in 1967. There was no senior high jump on the programme, so Frances ran in the 200m instead, finishing fifth in 26.9. A notable non-starter in this race was Lillian Board, who entered hospital the previous day for an operation for the removal of some wisdom teeth.

The name of Watford Harriers has become synonymous with Intermediate distance runners recently, and the home club's National Cross-Country champion Mary Sonner left a deep impression with her performance in the "B" string race(!) of the 800m. Her long, slim legs pounded out the message that here is an exciting track prospect indeed, as Mary (who will not be 15 until August) seized the lead at the gun and sped through 400m in 66.5, faster than the seniors, having built up a substantial lead. Her effortless stride never faltered, and she broke the tape some 20 seconds ahead of the field. Mary's time of 2:17.4 was just 1.1 sec. outside Sandra Kirk's UK 14- and 15-year-old best for 880y, set, incidentally, on the same Woodside Stadium track in 1965. On the evidence of her solo run, the records must be Mary's for the asking. None of this dramatic collapsing-on-the-ground stuff for her either: barely out of breath at the end of her race, she went over to the long jump to gain some more points for her club. Mary may have some competition from her own family to be first to gain a UK "age record", though. Her 12-year-old sister, Anna, won a non-scoring Junior 800m in 2:31.0, 2.4 secs. outside Mabel Conway's 880y best for that age, while 11-year-old Margaret

Sponsored by Wiggins Teape Limited
BRIDGEND YMCA ATHLETIC CLUB

**Second
Cardiff
to Caernarvon
200 mile
Road Relay**

Holders: READING A.C.

**SATURDAY, 12 JULY
SUNDAY, 13 JULY**

STARTING 8 p.m. SOPHIA GARDENS, CARDIFF
Full details from:

**Terry Notman, 35 Oaklands Avenue,
Bridgend, Glamorgan**

SOUTHERN COUNTIES A.A.A.

CHAMPIONSHIPS

(Under A.A.A. Laws)

**SENIOR—at the Crystal Palace,
11th/12th July**

Entries Close Monday, 16th June
Entry Fee 5/-

**DECATHLON—at the Crystal Palace,
28th/29th June**

Entries Close Monday, 16th June
Entry Fee 10/-

**JUNIOR/YOUTH—at the Crystal Palace,
28th June/5th July**

Entries Close Monday, 2nd June
Entry Fee 3/6

Prospectus and Entry Forms from: E. D. C. Buswell, Hon. Championships Secretary, S.C.A.A.A., 26 Park Crescent, London, WIN 4BQ. Tel: 01-580 3498.

(Please enclose S.A.E. for Entry Forms)

Women's Athletics

Sonner is still waiting in the wings. Should they run out of pacemakers, the girls have five brothers to help out!

1, LOAC 298; 2, Watford 262; 3, Oxford 243½; 4, Aldershot 200½; 5, Hillingdon 182; 6, Middx. LAC 179. (Seniors) 100m: (A) 1, A. Neil (LO) 12.0; 2, E. Poulton (Wat) 12.5; 3, C. Moore (Mx) 12.6; (B) L. Cooke (LO) 12.4. 200m: 1, Poulton 26.0; 2, S. Grace (Ox) 26.8; 3, L. Hagen (LO) 26.8. 400m: (A) 1, A. Bjordal (LO) 59.7; 2, J. Adams (Ald) 59.9; 3, J. Tye (Wat) 60.5. (B) 1, S. Fitzmaurice (Ald) 59.4; 2, M. Hunt (LO) 59.9. 800m: (A) 1, S. Foster (Ald) 2:15.4; 2, C. Ward (LO) 2:16.6. (B) 1, Fitzmaurice 2:23.5; 2, M. Fribbence (LO) 2:26.0. 4x110y: 1, LOAC 49.4; 2, Watford 50.4; 3, Middx. 51.4. 100mH: 1, S. Hayward 15.2; 2, Cooke 15.9. LJ: (A) 1, Neil 5.92/19'5"; 2, J. Reynolds (Wat) 5.12/16'9½". (B) 1, Hayward 5.08/16'8". SP: 1, M. Pulman (LO) 11.53/37'10"; 2, Hayward 11.34/37'2½"; 3, R. Dingle (Ox) 9.79/32'1½". (Inters) 100m: (A) 1, J. Evans (LO) 13.0; 2, L. Gibbons (Ox) 13.3. 200m: (A) 1, Evans 26.8; 2, M. Wilkie (Ox) 27.3. (B) J. Wilkie (Ox) 27.4. 800m: (A) 1, S. Marquis (Wat) 2:22.9; 2, B. Rowe (LO) 2:24.0; 3, S. Kazi (Ald) 2:28.1. (B) M. Sonner (Wat) 2:17.4. 4x110y: 1, Oxford 52.2; 2, Watford 53.3; LOAC 53.8. LJ: E. O'Connor (Wat) 4.73/15'6½". JT: S. Brice (Ald) 29.51/96'10". (Juniors) 100m: 1, B. Martin (LO) 13.1; 2, C. Belcher (Ox) 13.2. 200m: 1, S. Flynn 26.8; 2, Belcher 27.8. 800m: 1, E. Cosser (Ald) 2:31.9; 2, J. Dunt (Wat) 2:33.4. (Non-scoring race) 1, A. Sonner (Wat) 2:31.0; 2, A. Webster (Ald) 2:33.8. 4x110y: 1, LOAC 51.5; 2, Watford 53.2; 3, Hillingdon 54.3. HJ: 1, M. O'Connor (LO)



Anita Neil in action at Willis Trophy.

Peter Tempest

1.42/4'8"; 2, A. Pleasants (Hill) 1.39/4'7". LJ: (A) Martin 4.97/16'3½". (B) Flynn 5.00/16'5". JT: B. Phillips (LO) 29.31/96'2".

Cambridge Harriers Win Short Trophy

At Eltham, April 26th

1, Cambridge 82; 2, Essex 78; 3, Oxford 64. (Intermediate) 1, Essex 24; 2, Oxford 20; 3, Cambridge 16. (Junior) 1, Essex 73; 2, Oxford 61; 3, Cambridge 44. (Combined) 1, Essex 175; 2, Oxford 145; 3, Cambridge 142. (Inter-club) 1, Essex 363; 2, Oxford 311; 3, Cambridge 284; 4, Medway 264; 5, Middlesex 203; 6, Kent 161. 440: M. MacSherry (Camb) 59.6. (B) J. Page (Camb) 60.8. 880: G. Goodburn (C) 2:25.0. LJ: 1, J. Summerhayes (Middx) 5.32/17'5½"; 2, S. Whipple (Ox) 5.28/17'4"; 3, J. Byng (Med) 5.10/16'9". SP: 1, J. Lucas (C) 11.61/38'1"; 2, R. Dingle (Ox) 9.73/31'11"; 3, Byng 9.23/30'3½". DT: 1, J. Lucas (C) 39.04/128'1"; 2, G. Smith (E) 35.92/117'10". (B) M. Brown (E) 33.53/110'0". JT: 1, J. Chapman (Med) 29.77/97'8". (Intermediate) 880: 1, P. Bagley (C) 2:28.4; 2, A. Dunn (C) 2:30.6. (Junior) 150: S. King (E) 17.8. 880: G. Adsons (K) 2:39.4. 4x110: Essex 53.7. LJ: 1, S. King (E) 5.29/17'4½"; 2, J. Roberts (Med) 5.12/16'9½"; 3, S. Holmes (C) 4.71/15.5½".

COMPETITION WANTED

Edinburgh Southern Harriers (Ladies Section) are anxious to obtain competition in the South on any or all of the following weekends: May 17-18; May 24-25; July 12-13; August 9-10. They will require accommodation on the Friday and Saturday nights, and would be willing to reciprocate with their hosts. Write to Miss Pat Brown, 75 Craigcrook Avenue, Edinburgh 4. Maryhill Ladies AC require competition in the Midlands and North. Write to Mrs. L. White, 6

WOMEN'S "NATIONAL" AT DERBY

Major women's fixtures arranged for next winter include:—Oct. 18th, Southern Road Relay; Nov. 8th, National Road Relay; Nov. 15th, Countess Howe & Junior CC; Jan. 10th, Southern Inter-Counties (Cheam); Jan. 17th, National "2½"; Jan. 24th, National Inter-Counties (Gloucester); Feb. 7th, Southern (Grange Farm, Essex); Feb. 28th, National (Derby); March 21st, International (Frederick, Maryland, USA).

The women's national road walk championships will be held on November 1st (5000m) and December 13th (4M).

Sue Plans Her Season

Women's Athletics

SUE SCOTT, the multi-talented 17-year-old Birchfield Harrier, is hoping that her 1969 season will follow closely the lines of 1968, and that she will come through to peak fitness later in the summer. "You can be too fit too soon, and it's a long season," she says. "I've been training three times a week during the winter as usual, though I've still got a lot of sharpening up to do. I'm hoping to get down to 14.0 for the 100m hurdles, and I've changed my style in the high jump now, and do a straddle off a five-stride approach instead of the scissors off seven strides as before. I had to change some time, so it's just as well to do it in a non-Olympic year."

In 1968 Sue was worried that athletics might interfere with her school work, but obviously it did not to any serious extent as she passed five of her seven GCE "O" levels, and is now studying scripture and geography for "A" level. Eventually she wants to go to college and to become a teacher at (she says emphatically) a primary school.

Watford Harriers' coach **Jack Harris**, whose Intermediate cross-country team had such success last winter, was presented with a stopwatch by the girls he coaches, on the occasion of his 60th birthday. Jack completed the Finchley 20 miles road race for the 26th time on April 19th.

Though a number of people thought that she might move up to 1500m this season, **Sheila Carey** confirmed at the Solihull Relays that her thoughts are only on the 800m, the event in which she placed fourth at Mexico last year. "I don't want to move up until I'm mentally prepared for it," she told me. "I had hoped to run just one 1500m—in the Warwickshire championships on May 17th—but now I shall be running an 800m race

CLIFF

HANGERS

 THE COLUMN

 THAT REFLECTS

 NEWS AND VIEWS

 FROM THE WORLD

 OF WOMEN'S

 ATHLETICS

By Cliff Temple


Rita Ridley, who went on to win in 4:46.0 (her third such clocking!), leads at the half-way mark in the BMC mile race at Hendon from Thelwyn Bateman (89), Margaret Beacham (92) and Marie Heron (99).

Peter Tempest

Women's Athletics

in Rome instead. When I do turn to 1500m I want to do it properly, not just on 800m training. Obviously I've got to think in terms of 2 mins., and I think the WAAA final is going to very fast."

Ballymena's versatile track runner **Adrienne Lynch** is ready to be called into hospital in Belfast at any time for surgery on a hip injury, though she still hopes that the nagging injury can be cured without resorting to surgery. "If I have an operation it means I will be out of training for at least six weeks," she says. "The injury hasn't interrupted my training all that much, but it does restrict my sprinting. If surgery is necessary it can be done at any time, so I'm trying to decide whether to have it done now and get it over with, or wait and risk missing more important events later in the year." Adrienne goes to Stranmillis Teachers' Training College in October to begin a three-year course for a general teaching diploma. She ran 56.0 for 400m last season and is aiming for a place in Northern Ireland's team for the Commonwealth Games at that event.

Stretford AC have a number of highly promising youngsters on their books, and coach **Jim Harris** is especially enthusiastic about two 13-year-old Juniors, **Sharon Colyear** and **Nnenna Njoku**. Having seen Sharon in action, I predict that she could be one of the girls to beat in this year's WAAA Junior sprints. Nnenna, who is Biafran, is an all-rounder and in fact won the Northern Junior pentathlon last season despite having received her first coaching in several of the events shortly before the competition. She is not yet certain if she will stay in England permanently, but her brother **Eri Njoku** is studying at Cambridge University and is the reigning English Schools triple jump champion.

Former Yorkshire shot put champion **Jean Atack** is the only field events athlete in her club! Jean is a member of the **Dorothy Hyman Track Club**, and helps Dorothy put the youngsters through their paces in preparation for track races—then goes and trains for the shot on her own. Jean lives at Wakefield, and reckons to travel 200 miles a week for training, as there is no shot circle or stop board near her home. Every Sunday she goes to Doncaster to be coached by **John Boyce**, who was instrumental in **Arthur Rowe's** success as a world-class shot putter a few years ago. "I enjoy being with Dorothy Hyman's club because I like the company," she says. "There's a lack of competition in Yorkshire, and even when I travel for it there are sometimes problems. I was competing at a meeting recently and I thought the shot seemed heavy. When I examined it closely I found I had been putting with a ten-pounder! Apparently an official had weighed it in his hand against a 7lb shot, found it was heavier, and assumed it must be 8lb 13oz. I could hardly move my arm next day!"

BEST BUYS IN 1969 TRACK SHOES

Adidas "Tokyo" for those who want the best regardless of price. Blue suede with white trim. Made to fit like a glove, extremely light. If you don't know your Adidas size, order slightly larger than English sizes. From size 6 up, smaller sizes to order. **£8.12.6.**

Kingswell "Rapier". A really fine shoe in white kangaroo with blue trim. Slim inter-changeable, screw-in spikes. Made on an excellent last for snug fit. Size 4 to 5½ **82/6**, 6 to 11 in half-sizes **96/6**.

Gola "Olympic". Last year's best seller. The shoe with the polyurethane heel housing with deep shock absorbing cushion. The very latest in comfort—no more bruised heels. Four screw-in super quality steel spikes. Nothing to touch these at the price. Green suede kangaroo, trimmed white. Sizes 4 to 5½ **77/6**, 6 to 12 in half sizes **90/6**.

Gola "243". Another well made shoe in white with green trim. Nylon sole with immovable moulded spike inserts and four slim, screw-in steel spikes. Double thickness shock absorbing sponge rubber heel pad. Sizes 4 to 5½ **51/6**, 6 to 11 in half sizes **60/-**.

Kingswell "Heron". Well made shoe in white with red trim, screw-in spikes. Sizes 3, 4, 5 **43/6**, 6 to 11 in half sizes **49/11**.

Kingswell "Hi-Fli" jumping shoes. White with blue trim. Screw-in spikes in heel, fixed spikes in sole. Size 6 up in half sizes **78/-**. Smaller sizes to order **68/6**.

AND IN ROAD SHOES THE CZECH "BOTAS"

Made in the famous Botana factory in Czechoslovakia. Already a best seller here. White supple leather uppers with red trim and blue toeguard. Flexible, very hard-wearing gristle sole. Free duffle bag with every pair. Sizes 6 to 11, no half sizes. **65/-**.

OR THE GREAT TIGER "CUBS"

The super lightweight racing shoes. Sizes 3, 4, 5, 6, 6½ to 10 in half sizes, and 11 (no 10½). Still at the same price of **37/6**. Postage on this item 1/6 one pair, 2/6 two pairs.

Also in stock: —

Gola "Race". Green suede racing shoe, white kid stretch prevention straps. Padded collar, tongue and insole. Gristle sole. Combines long wear, strength and lightness. Sizes 6, 6½, 7, 8, 9½, 10, 10½ only at present. **85/-**.

"Trainwell". British-made road shoe with strong canvas uppers, reinforced with leather. Sizes 4, 5 **17/9**, 6 to 11 (but no 7 or 9 at present) **21/9**. No half sizes.

Please enclose part postage, i.e. 2/6 for track-suits or shoes, 6d. for shorts, vest, etc.

THE SPORTS CENTRE

8 MEDWAY STREET, CHATHAM, KENT

Telephone: Medway 47055

Overseas News and Results

USA

First Nine-Flat Century By Carlos

WITH a wind of some 15 m.p.h. (7m/sec) helping him along, Olympic 200m bronze medallist John Carlos clocked the first nine-flat 100 yards in history on the Tartan track at San Jose, Calif., on May 3rd. It was an extraordinary competitive performance, too, for he defeated Ronnie Ray Smith, Bill Gaines and Charlie Greene by three yards! He now believes himself capable of 8.8 or 8.9 for the distance. Another scorching sprint mark: a legal 9.2/100y by Earl Harris.

19.4. Whittier. LJ: Proctor's 7.95/26'11" was windy. **22.4. Stillwater.** 100y: E. Harris 9.2, Hughes 9.4. **23.4. El Paso.** 220y: Fray (Jam) 20.7. **25/26.4. Des Moines.** 100y: (heat) M. Mathews 9.3; 6M: Bachelor (27:30.0) passed 3M in 13:47, last lap in 59.3; 6, Nelson 28:49.6; 7, Breen (Aus) 28:50.4; LJ: was windy; PV: A. Steben 4.72/15'6" (only one of 23 entrants to make opening height!); Dec: 3, Rory Kenward (18) 7299; 440y relay leg: Morton 45.4; 880y relay leg: F. Johnson 1:47.3. **25.4. Corvallis.** 2M: Steve Prefontaine (17) 8:41.6 (ran 2nd mile in 4:16.6). **25/26.4. Walnut.** TJ: Woods' 15.78/51'9 1/4" was windy; 440y relay leg: Whitney 46.6. **25/26.4. Philadelphia.** 440yH: Oberg (51.8) is Swedish; HJ: Bowers 2.13/7'0"; Relay legs—440y: James 45.1 (& 45.3 from blocks), Matthews 45.1 . . . Roberts (Trin) 46.0, Dyce (Jam) 46.4; 880y: Dyce 1:46.8, Paul 1:47.3 . . . CHRIS MASON 1:49.0 (not 1:49.3), Murphy (RoI) 1:49.4; Mile: Dyce 4:06.5. **26.4. Bloomington.** SP: Oldfield 19.02/62'5". **26.4. Eugene.** 120yH: Knoke's 13.9 was windy. **26.4. Seattle.** HJ: 2, Fosbury 2.03/6'8"; SP: Hubbell 18.82/61'9". **26.4. Ogden.** 100y: Montgomery 9.3. **26.4. Pullman.** 220y: Kuller ran 20.9; 880y: Martin ran 1:48.4; PV: Seagren cleared 5.16/16'11 1/4". **26.4. Hayward.** HJ: Fred Jackson (high school) 2.12/6'11 1/2". **26.4. Cupertino.** 100y: Edmonson 9.3; LJ: H. Hines 7.74/25'4 1/4". **27.4. Pasadena.** DT: Ordway 58.65/192'5".

2.5. Los Angeles. 220y: Bill Sims (high school) 20.7. **3.5. Corvallis.** Mile: Kvalheim (Nor) 4:00.8, Divine 4:01.4; HJ: Fosbury 2.10/6'11". **3.5. Seattle.** SP: Hubbell 18.96/62'2 1/4". **3.5. Stanford.** HJ: 2, Boyce (Aus) 2.08/6'10"; SP: 2, Hargreaves (NZ) 17.66/57'11 1/4"; JT: Colby 80.98/265'8". **3.5. San Jose.** 100y: (windy) Carlos 9.0, R. R. Smith 9.3, Gaines 9.3, Greene 9.3; 220y: Carlos 20.5, Evans 20.7, Williams 20.7; 440y: Evans 47.4; 440yH: Vanderstock 52.4; PV: Caruthers 5.03/16'6"; Papanicolaou (Gre) 4.87/16'0"; LJ: Anderson 8.06/26'5 1/4" w, Hopkins 7.90/25'11", Gage 7.89/25'10 1/4"; SP: Marks 18.97/62'3", B. Wilhelm 18.61/61'0 1/4"; DT: Ordway 60.08/197'1", Carlsen 59.61/195'7", Powell 58.38/191'6". **3.5. Quantico.** JT: Sonsky 79.30/260'2"; 880y relay legs: Dyce (Jam) 1:47.6, Liquori 1:49.1; women's 880y: Manning 2:08.7; HJ: Montgomery 1.72/5'8". **3.5. El Paso.** 120yH:

Gibson 13.8. **3.5. Salt Lake City.** 440yH: Mann 50.5. **3.5. Minneapolis.** HJ: Heikkila 2.16/7'1". **3.5. Tempe.** JT: Murro 84.00/275'7". **3.5. San Diego.** PV: Pennel 4.99/16'4 1/4". **3.5. Los Angeles.** 100y: Miller (Jam) 9.3w; 220y: (A) Miller 20.7, Kuller 20.7, Collett 20.8; (B) Garrison 20.5w; 440y: (A) Van Hofwegen 45.9; (B) Garrison 45.8; 880y: Trentadue 1:48.3, Joyce 1:48.6, Becker 1:48.7; 2M: 2, ANDY HERRITY 9:03.4; 120yH/440yH: Franklin 13.7/51.8; 4x110y: USC 39.6, UCLA 39.7; PV: Seagren 5.18/17'0", Railsback 4.87/16'0", Vaughn 4.72/15'6"; SP: Marcus 19.02/62'4 1/4"; DT: Antunovich (NZ) 53.24/174'8".

FRANCE

European Junior Hurdles "Record"

Martin Lauer's European junior best for 110mH (3'6") has fallen to Guy Drut (born 6.12.50), who clocked 13.8 INTO a 1.9m/sec wind at Angers on May 1st. Drut, 1.89/6'2 1/4" and 75kg/165lb, had a best time of 15.4 in 1967 and 14.1 last year. He has pole vaulted 4.71/15'5 1/2" and scored 6950 in the decathlon. Another great 18-year-old talent: Jacques Accambray with a 65.88/216'1" hammer (16lb) throw.

27.3. Aix-les-Bains. HT: Husson (38) 65.74/215'8". **20.4. Villeneuve.** 1hr walk: Delerue 13,305m (44:51.8 at 10,000m). **27.4. Paris.** 100m: Bourbeillon 10.7, Bambuck 10.9; LJ: Pani 7.48/24'6 1/2"; TJ: Firca 15.92/52'2 1/4"; SP: Beer 19.22/63'0 1/4". **27.4. Viry-Chatillon.** Women's 200m: Besson 24.9 (& 5.31/17'5" LJ). **1.5. Angers.** 110mH: Drut 13.8; PV: Tracaneli 4.80/15'9" (jnr rec); SP: Brouzet 18.28/59'11 1/4", Colnard 18.13/59'5 1/4"; women's 100m: (— 3m/sec) Besson 12.3; 400m: Besson 54.6, Duclos 55.7, Telliez 56.9. **1.5. Saint-Maur.** 25km/30km: Wagon 1:18:45/1:35:36 (recs). **4.5. Tourcoing.** 200m: Nallet 21.0; DT: Bache 55.30/181'5"; HT: Accambray 65.88/216'1" (jnr rec); women's 400m: Telliez 55.1; 800m: Dupureur 2:09.5; 100mH: Martinetto 14.2 (rec). **4.5. Châtelerault.** Women's 1500m: Michaud 4:39.8 (rec; but achieved in men's race).

WEST GERMANY

26.4. Mainz. Women's LJ: Kramer 6.20/20'4"; Men's Pen: Swoboda 3804 . . . 3, von Moltke 3536. **27.4. Heidelberg.** Women's DT: Westermann 60.24/197'7" (& 59.08/193'10" and 58.60/192'3"), Berendonk 54.08/177'5". **1.5. Opladen.** Women's DT: Westermann 58.06/190'6". **3.5. Kassel.** HJ: Spielvogel 2.10/6'10 1/4"; PV: Engel 4.80/15'9"; HT: Fahsl 69.36/227'6", Caspers 68.16/223'7", Wolterling 65.44/214'8". **3.5. Lahr.** HT: Schmidt 67.82/222'6". **4.5. Osnabruck.** SP: Glockler 18.29/60'0".

EAST GERMANY

13.4. Wittenberg. 20kmW: Leuschke 1:29:08.8. **19.4. Karl-Marx-Stadt.** 20kmW: Leuschke 1:32:06, Reimann 1:32:12, Selzer 1:33:19.4. **20.4. Leipzig.**

Jeff Julian (right) running with Joe Bellingham after 10 miles of the South African Games marathon which the New Zealander won in 2:28:23.4.



Jeremy Sampson

SP: Rothenburg 19.10/62'8"; women's 400m: Balzer 57.0. **27.4. Berlin**, SP: Rothenburg 19.66/64'6" (& 19.65/64'5½"), Gies 19.34/63'5½". **1.5. Gera**, 10,000m: Eisenberg 29:13.0; women's 1500m: Kleinau 4:23.1.

ITALY

30.3. Rome, 10,000mW: Pamich 44:35.4. **13.4. Milan**, Women's mile: Pigni 4:44.6 (4:26.5 at 1500m). **13.4. Verona**, Women's DT: Manoliu (Rum) 53.38/175'1". **20.4. Milan**, 330yH: Frinolli 37.2, Bello 37.2; PV: Dionisi 5.00/16'5"; women's mile: Pigni 4:41.2 (2nd on world all-time list; 2:56.1 at 1000m, 4:23.5 at 1500m).

USSR

12.3. Yalta, HT: Bondarchuk 66.19/217'2". **16.3. Kiev**, HT: Maksimov 66.84/219'3". **24.3. Sverdlovsk**, 3000m (indoor): Alanov 7:57.0. **4.4. Sochi**, JT: Valentin Rytov (b. 14.3.52) 73.22/240'2" (jnr rec). **4-6.4. Simferopol**, 100m: Ivanov 10.4; HJ: Mospanov 2.09/6'10¼"; PV: Bliznyetsov 4.80/15'9"; LJ: Borkovskiy 7.65/25'1¼"; DT: Svetailo 55.82/183'1"; HT: Klim 69.46/227'10"; JT: Lusis 76.00/249'4"; women's SP: Nyekrasova 17.01/55'9¼"; DT: Sivoplyasova 53.22/174'7". **13.4. Yalta**, 110mH: Silayev 14.2, Sinitsin 14.2, Demus 14.2. **15/16.4. Yalta**, 10,000m: Yefimov 29:23.8; 400mH: Skomorokhov 51.7; PV: Volkov 4.90/16'1". **Later mark**—JT: Daninsh 83.20/272'11".

NEW ZEALAND

Racing less than a fortnight after his victory in the South African Games marathon, Jeff Julian set world best times for 30 and 40 miles during a 50 miles track race on the Lovelock all-weather track in Auckland on May 3rd. Passing through 5M in 28:50, 10M in 57:25, 15M in 1:25:12, 20M in 1:53:20, 25M in 2:20:20 and the marathon distance in 2:26:55, Julian reached 30M in 2:47:34 to better the 2:48:08 mark set by Britain's Fred Howe in 1963. Julian continued past 35M in 3:18:03 and 40M in 3:53:36 (compared to Lynn

Hughes' 3:58:53 in 1967). After slowing to a walk he reached 45M in 4:39:16 and 50M in 5:24:26. The race was run in 20 mph gusts of wind and a humidity of 91-92%. Runner-up was T. Curteis in 5:39:00, with Ivan Keats 3rd in 5:48:51; Bill Baillie retired after 40M.

Jeff Matthews

PONDERS END RELAY

April 26th

In very blustery conditions 29 teams faced the starter for the 11th Annual Ponders End Relay, and by the end of the first leg Thames Valley (Dai Davies) held a slender lead over Ilford (Gill) with Trevor Hart (Belgrave) in third position. The second leg saw TVH retain their lead with Thurrock moving into second place through Horsup, while Belgrave stayed in third spot. Belgrave took the lead on leg 3 thanks to Dick Piotrowski from Thurrock (Chris Ward) with Windsor (Sparks) now running third. Tony Fairclough kept Bels in front on stage 4, whilst Thurrock and Windsor changed places. A storming run by Dick Newble of Medway, running fastest time of the day, nearly brought them into the lead but Adrian Major of Belgrave held on to win from Windsor (Bernie Allen) and Thurrock (Mel Batty).

1, Belgrave (T. Hart 17.30, P. O'Connor 18.07, R. Piotrowski 17.45, A. Fairclough 17.42, A. Major 17.47) 88.51.

2, Windsor, Slough & Eton (D. Wraight 18.38, J. Jones 17.17, D. Sparks 17.55, R. Graham 17.34, B. Allen 17.31) 88.55.

3, Thurrock (S. Walker 17.47, D. Horsup 17.39, G. Ward 18.06, D. Staines 18.17, M. Batty 17.15) 89.04.

4, Medway 89.09; 5, Ealing & Southall 90.35; 6, Belgrave "B" 91.57; 7, Southgate 92.08; 8, Ilford 92.42; 9, Hercules-Wimbleton 92.44; 10, TVH 92.47; 11, B. of Enfield 92.55; 12, Eton Manor 93.28; 13, Havering 93.44; 14, Hornsey 94.29. 23 teams finished. **Fastest laps:** R. Newble (Medway) 17.04; T. Bivens (Ealing) 17.15; Batty 17.15.

LETTERS

FIVE STAR AWARD SCHEME

Dear Sir,

May I please draw attention through your columns to the above Scheme. Last year certificates were issued to about 25,000 boys and girls who between them bought over 5,000 badges. Already indications are that this year these totals will be easily surpassed.

This Scheme, Tom McNab's brain-child, provides a graduated series of incentives which cater for all levels of athletic ability. (At least 60% of all youngsters should be able to win a 1 Star award). While inevitably the main impact of the Scheme is in the schools, it has, I believe, much to offer to young Club athletes as well. Indeed it can help link Clubs and Schools in an invaluable way. If Clubs can enable local schoolboys and girls to try for the next level of award by staging races, jumps and throws for them occasionally; if a leading athlete or Club official can present awards at school; if Clubs will consider giving a year's free membership, for example, to local youngsters who win a 5 Star award (and they will have to be extremely talented to do this)—in these and in other ways we can help increase local interest in our sport and bring boys and girls into our Clubs while they are still at school.

Full details of the Scheme can be obtained on application to the AAA at 26 Park Crescent, London W1N 4BQ.

Barry Willis,
Honorary Secretary, AAA

THE THROWER'S NEEDS

Dear Sir,

May I at the start of the season make an appeal to field event referees and judges (particularly in the throwing events) since it appears that things are starting off on the wrong foot again.

I have always been concerned about the lack of practical HELP given to throwers. I am sure this is not intentional but it does usually occur through the referee/judge not understanding the NEEDS of the athlete, which are among others that:—

- (1) They be informed (without asking) how many throws they are to have—of course this is often given in the programme but needs to be re-stated on the day.
- (2) They be told if their own implements are to be accepted (and assuming correct weight and dimension they should always be or otherwise first class impedimenta provided—i.e. no egg shots, obese discoi, heavy hammers nor dead javelins, nor should they be brand new).
- (3) That confirmation be made, if necessary over public address system, of time that the event will start. Here again asking should not be necessary and ten minute and five minute

"count downs" would I am sure be greatly appreciated.

- (4) They be given clarification about warming up throws. If these are not to be allowed in the arena before the competition for safety purposes then this should be clearly announced.
- (5) Names be called clearly and LOUDLY. Most throwers are naturally extroverted introverts who need a word of command to get the grizzly bear working—having to ask "is it me now?" just won't do it.

We are all very grateful to those who judge seemingly endless field events. The more pity is that the very nature of the events (from an official's view) does not attract the ex-field event athlete so much as his long distance track counterpart who can last the course with more patience.

One more request. Please don't allow people to take their throws all at once at the end of the competition because they have been running in the relay—it just isn't cricket.

John H. Lloyd,
Hon. Secretary, Discus Circle;
Hon. Senior AAA Coach (Throws)

NUTS STANDARDS

Dear Sir,

The following additions should be made to the list of NUTS standards published in the February 8th issue of "AW": (Junior women): 200m, 27.8; 220y, 27.9; 2000mW, 14:30. (Intermediate women): 2000mW, 14:30. (Senior women): 2500mW, 15:30.

The IAAF has now issued the 100mH scoring table, and it was used for the Middlesex pentathlon championship on April 26th. The results of this were inconclusive as far as determining whether a change should be made in the NUTS standard, and it will remain at 3500 pts. until further notice.

You reprinted the "Women's Track & Field World" rankings for 1968. Perceptive readers of "AW" will have noticed that in two events the rankings of UK athletes differed from those in the UK rankings, published in the February 22nd issue, Della James being ranked above Anita Neil over 100m by Jan Popper and Luigi Mengoni and in the 800m Sheila Carey above Pat Lowe. The latter ranking is certainly arguable, but the case for Neil is overwhelming since she had faster times and a 5-0 win-loss record *vis-à-vis* James. I am hoping that my ATFS colleagues will reconsider this one.

Andrew Huxtable,
Hon. Secretary, NUTS

DISGUSTED BY IAAF DECISION

Dear Sir,

I feel I must express my disgust at the decision reached by the IAAF regarding the colour and design of running shoes. This decision, besides taking away the basic freedom of choice of the individual regarding the colour of his shoes, affects the economic fact of £ s. d. The cost of

living is going up all the time without forcing companies to re-arrange their factory production lines just on the whim of a few well intentioned men. If an athlete reaches International standard by next May, he will have to throw away his well tried and comfortable shoes and buy a new pair of plain white.

The same Federation allows the use of all-weather tracks but does not like the idea of shoes being adapted for them. Is this progress?

The day will come when we will all have to revert to school plimsolls.

R. J. Castle,
Invicta AC

LEICESTERSHIRE AMALGAMATION

Dear Sir,

As an athlete concerned with the recent amalgamation in Leicestershire I have been reading the correspondence with interest; however it must be pretty boring for those not involved.

Most athletes and officials have accepted the new Club and have done their best so far to make it a success. Only one person has resigned—Peter G. Blakesley! Leicestershire needed a shake-up and amalgamation was the only answer. Due to a very hardworking Ladies team manager his section has doubled and is now flourishing, along with a much keener men's section.

With their headquarters at the Leicester Sports Centre the Club has training facilities which are the best in the country for all year use. We may not be the best Club in the country, but we are

certainly better than the four struggling clubs before amalgamation.

John Offord,
Leicester Coritanian AC

Correspondence on this subject is now closed
—Ed.

NIHILL A THREAT TO ADCOCKS?

Dear Sir,

Let it be known Paul Nihill ran a LEGAL scorching 5:01 in the recent Blackheath Centenary Relay (68, 2:26, 3:43, 5:01). I was timed by two people at 5:00.8 and 5:01.0. Multiplied by twenty my time represents 20 miles in 1:40:20, so watch out Adcocks & Co!

Paul Nihill

P.S.—Blimey, I could walk a mile in 5:18!

NO ENCOURAGEMENT

Dear Sir,

After reading letters from established internationals about selection, I, a non-international, am prompted to write. My case is by no means unique especially amongst road runners, but my present predicament being what it is, I can lose nothing by stating it.

I could not run last summer in major road races because of a broken metatarsal and it looks as if a badly torn Achilles tendon is going to ensure my absence this summer as well. In 1967 following a series of minor wins on the road, I broke the record for the Wigmore "15" and came third in the Polytechnic Marathon. The following year I won four road races including the

TRACK TOPS

SLOPP(R) SHIRTS

in 15 attractive colours—printing from choice of 6 colours

42/- each S, M, L

44/- each XL

Carriage Paid

Minimum order with club crest 24

Free artwork for orders exceeding 40 shirts

Enquiries to:

THE CANADIAN SLOPP SHIRT COMPANY

Specialists in Club Designs



TRACK TROUSERS

Available in most colours

BRI-NYLON 75/-

COTTON

FLEECE 50/-

SINGLETs

with Club Crests from 17/6d

SHORTS

from 13/-

Suppliers to leading athletic clubs throughout the country

Also suppliers to UK/USA Universities

CANADIAN SLOPP^(R) SHIRT COMPANY Ltd.

88 PARK LANE, CROYDON, SURREY

Telephone: 01-688-9377

Bernie Hames Half-Marathon and the Harlow Marathon (2:19:09) despite the fact that I only started racing in August after a four month lay-off. This year I only had time to win the Mitcham "15" before I was "crocked" although I relied on a couple of injections to help me run for my new club in road relays. In three years of running near the front or at the front I have never been encouraged to do better by the athletics authorities of this country. I have not even been invited to attend any coaching courses or training week-ends. Yes, I do feel neglected and slightly bitter!

My advice to a young road runner equally talented at another sport would have to be to try the other sport first for unless his face fitted he would get very little encouragement, even if he did very well, beyond that given to him by his club.

Barry Watson,
Cambridge Harriers

BILL ADCOCKS PROTESTS

Dear Sir,

I feel I must write concerning "AW's" remarks on the National Road Relay, both in the preview and report.

In your preview, you said Godiva didn't look as strong this time, on paper, yet the same team with one exception broke their Midland Road Relay record by minutes only a month before. You talk about the "Big Guns" from the North and South but surely the majority of these in a race of this nature are here in the Midlands. In other words, results published should be studied not merely on wins and losses but in relationship to opposition. Again, in your preview, one must have been a super optimist to think that Peter Stewart's run in the Midland Road Relay lost Birchfield the title.

As for your report on the "National" I would have thought that everyone knows it takes twelve men to win a race of this kind. The best men in a team will nearly always run well; the odd one—Dick Taylor this year, Mike Freary last year—runs well above anyone else. I think, however, it is the "lesser men" who win these races because these tend to be the ones most affected by the stimulus of the event, either raising their level of performance, or as is very often the case, just the opposite.

"On paper", looking at the result, Hercules-Wimbledon would have had to have done some really inspired running, even if Mulholland had not been so unfortunate on the first leg. If he had come in first on it, they would still have had to find nearly 30 secs. per man, but of course nothing is impossible "on paper".

I find it very difficult to understand your comment on "running in a vacuum" due to large gaps. Perhaps it's easy for me to talk, being up at the front, but Godiva haven't always been. Some of the most inspired runs over the long history of long road relays have come from "vacuum men". The best athletes don't give up because their team is down; they work even harder to try and get back in the race.

In closing I must state that these are my own views and not necessarily my club's and they are not levelled at any other club.

Bill Adcocks,
Team Captain, Coventry Godiva

WHY NOT DROP HIM A LINE?

Dear Sir,

I noticed in a recent issue that Abebe Bikila was in Stoke Mandeville Hospital. I am a paraplegic and was at this hospital for 7½ months, so I was shocked at the news. I am now back there for re-assessment and I have seen him several times. He is in a serious condition, having broken his neck. He will probably never run or walk again.

I do not know whether he can speak English, but I told him how sorry I was to see him thus and assured him that I would ask friends and admirers to write to him. His address is Ward I.X., Stoke Mandeville Hospital, Aylesbury, Bucks.

S. A. Naylor,
London, N.2.

DAVE HOLT WINS CHICHESTER TO PORTSMOUTH RACE

May 10th

Barry Collins, Dave Holt, Cyril Plumpton, Gerry North and Bob Alden were 50y up on Darlow, Clare, Case and Gough at 5 miles in 26.58. By 10 miles it was Holt from North and Plumpton with the rest tailing off. Soon after this Dave applied the pressure and broke away to win comfortably from North in a good time, confirming his reputation at races over 10 miles in length.

1. D. Holt (Hercules-Wimbledon) 1:24:15
2. Gerry North (Belgrave) 1:24:40
3. C. Plumpton (Portsmouth) 1:24:44
4. B. Collins (Her-Wim) 1:25:24; 5. T. Hart (Bel) 1:26:34; 6. R. Alden (Read) 1:26:38; 7. L. Mann (Bel) 1:27:28; 8. K. Darlow (Read) 1:27:29; 9. J. Clare (RNAC) 1:27:34; 10. D. Case (Eal) 1:27:50; 11. R. Cressy (Hill) 1:28:15; 12. G. Gough (Ports) 1:28:52; 13. P. O'Connor (Bel) 1:30:03; 14. B. Bacon (Read) 1:30:41; 15. D. Goode (Epsom) 1:31:33; 16. A. O'Hare (A, F & D) 1:31:47; 17. T. Townsend (Ports) 1:32:12; 18. K. Dale (B & H) 1:32:31; 19. P. Brencley (Kt) 1:32:46; 20. F. Gilson (SLH) 1:33:18; 21. R. Marshall (RNAC) 1:33:43; 22. C. Archer (Hill) 1:34:03; 23. D. Brew (Bel) 1:34:12; 24. R. Wilds (S'ton) 1:35:08; 25. R. Tudor (RNAC) 1:35:35; 26. C. Shippen (Bel) 1:35:47; 27. P. Lane (Read) 1:35:49; 28. B. Peto (Guild) 1:36:00; 29. W. McGlenaghan (RNAC) 1:36:18. Teams: 1, Belgrave 9; 2, Reading 21; 3, Portsmouth 24; 4, Royal Navy (South) 42; 5, Hillingdon 48; 6, Aldershot, Farnham & Dist. 61; 7, TVH 67; 8, Belgrave "B" 81.

Mr. A. R. Walkey, who qualified at Loughborough College, has been appointed Sales Manager of the London Instrument Co. Ltd. (Cantabrian), of Newnham Mill, Cambridge, who advises us that they now have available Pneumatic Landing Areas for high jump and pole vault.

Relaxed Len Walters Runs 47.5 400 Metres

A RELAXED 400m in 47.5 by Len Walters, a 46.9 relay leg by Martin Winbolt Lewis and an exciting steeplechase duel between Fred Stebbings (personal best of 8:55.8) and John Bicourt were the highlights of the match between ULAC, Surrey, Middlesex and the RAF at Motspur Park on April 30th. In the women's match held in conjunction, Brenda Bedford—after reaching 15.80/51'10 in a warm-up, put the shot a season's best.

100m: A. Tymms (S) 11.1. **200m:** 1, Winbolt Lewis (S) 21.9; 2, M. Reynolds (M) 22.0. **400m:** (A) 1, L. Walters (M) 47.5; 2, M. Fleet (S) 48.8. (B) 1, J. Marsh (M) 49.3; 2, J. Sam (S) 50.4. **800m:** 1, P. Browne (M) 1:52.4; 2, K. Hylands (S) 1:53.9; 3, A. Cowen (M) 1:54.6; 4, T. David (guest) 1:54.6. **1500m:** 1, S. Badgery (guest) 3:50.7; 2, G. Biscoe (S) 3:51.1; 3, M. Kortenray (S) 3:54.2. **3000m:** 1, N. Morrison (U) 8:21.4; 2, D. Faircloth (S) 8:22.4; 3, J. Hogan (M) 8:24.4; 4, J. Mouat (M) 8:26.6; 5, Hurd (R) 8:28.2. **3000mSC:** 1, F. Stebbings (S) 8:55.8; 2, J. Bicourt (S) 8:55.8; 3, Woodcock (guest) 9:45.0. **110mH:** 1, G. Manning (S) 15.8; 2, C. Metcalfe (U) 15.8. **400mH:** 1, T. Collins (S) 55.3; 2, R. Fitzgerald (M) 55.7; 3, R. Coles (R) 57.0. **HJ:** 1, P. Gates (S) 1.90/6'3"; 2, R. Morris (S) 1.85/6'1"; 3, M. Leary (R) 1.83/6'0"; 4, M. James (M) 1.78/5'10". **PV:** 1, I. Howard (M) 3.66/12'0"; 2, D. Raynor (U) 3.58/11'9"; 3, John Fenge (S) 3.50/11'6". **LJ:** G. Palmer (S) 6.57/

21'6½". **TJ:** 1, G. Hamlyn (guest) 14.30/46'11"; 2, N. Rice (S) 13.85/45'5¼"; 3, P. Bing (M) 13.47/44'2½". **SP:** 1, W. Fuller (S) 15.23/49'11¼"; 2, A. Kerr (M) 14.45/47'5"; 3, Palsey (R) 14.33/47'0¼"; 4, M. Ferne (S) 13.25/43'5¼". **DT:** 1, A. Chromniak (S) 43.66/143'3"; 2, Kerr 41.86/137'4"; 3, P. Bebbington (U) 41.26/135'4"; 4, Ferne 40.42/132'7"; 5, Palsey 40.14/131'8". **HT:** 1, C. Melliush (S) 53.88/176'9"; 2, E. Johnston (R) 49.62/162'9"; 3, D. Lazarides (M) 48.98/160'8"; 4, E. Purkis (R) 46.90/153'10"; 5, Prior (S) 41.02/134'7"; 6, Ellis (M) 40.30/132'3". **JT:** 1, R. Hancock (S) 63.56/208'6"; 2, D. Fowlie (R) 62.20/204'1"; 3, Silvester (M) 61.80/202'9"; 4, K. Sheppard (S) 58.82/193'0"; 5, Baimborough (M) 56.92/186'9"; 6, Bowron (R) 55.08/180'8". **4x400m:** 1, Surrey 3:17.1; 2, ULAC 3:25.9. **Result:** Surrey 228, Middlesex 159, RAF 148, ULAC 122.

(Women) ULAC v. Mitcham v. WRAF: 200m/100mH/LJ: B. A. Barrett (M) 26.4, 15.8 & 5.83/19'1½". 400m: R. Godsalue (U) 59.6. **HJ:** J. Wall (U) 1.57/5'2". **SP:** 1, B. Bedford (M) 15.08/49'5¼"; 2, J. Quick (M) 13.02/42'8¼"; 3, Tickle (W) 10.68/35'0¼". **DT:** 1, Bedford 46.46/152'5"; 2, L. Enever (M) 37.44/122'10". **JT:** C. Keary (W) 35.66/117'0"; 2, Grant (W) 33.98/111'6".

WANTED

D. G. Plater of 44 Coniston Avenue, Upminster, Essex, is anxious to obtain the following copies of "AW": No. 27 1960; Nos. 26 and 28 1952; Nos. 3, 27 and 31 1951 and any issued between 1945 and 1950. Mr. Plater has various issues from 1952 and 1965 available if anyone is interested.

POLYTECHNIC HARRIERS ARE PLEASED TO ANNOUNCE DETAILS OF THEIR

SWORD TROPHY MEETING And INTERNATIONAL INVITATION EVENTS

Sponsored by the CEYLON TEA CENTRE

AT CRYSTAL PALACE, SUNDAY, 22nd JUNE

SWORD TROPHY FIELD EVENTS MEET:

H.J., T.J., L.J. P.V., Hammer, Shot, Discus, Javelin

INTERNATIONAL EVENTS INCLUDE:

Men and Women Invitation Sprints

4 x 100m Men G.B. "A" v. G.B. "B" v. G.B. Juniors v. Poly H. v. South

4 x 100m Women G.B. v. West Germany v. Holland

4 x 400m Men G.B. "A" v. G.B. "B" v. Poly H.

4 x 400m Women G.B. v. West Germany

Men's Invitation 3,000 metres Walk

Men's Club 3,000 metres Team Race

Men's Invitation 110 metres Hurdles

Women's Invitation 100 metres Hurdles

Len Hatton Invitation Mile

CEYLON TEA 10,000 METRES

Admission to uncovered Stand Free. 5,000 Seats in covered Stand, 10/- each

Available in Advance only

From: A. Ronay (Meet Organiser), 309 Regent Street, W.1, or The Ceylon Tea Centre, 22 Regent Street, W.1.

PROGRAMMES 2/6 (Lucky Number Prize for 1 year's supply of tea)

WALKING

NIHILL, FULLAGER AND WEBB FOR ATHENS?

THIS year's National 20km championship at Gomersal last Saturday was almost a repeat of last year with the same trio taking the medals, Belgrave retaining the team title and, in fact, the first ten at Coventry in the top dozen this time. A really rugged course took its toll of many with the severe downhill stretches proving even more difficult than the up-grades. In gaining his 13th RWA title Paul Nihill again put in a world class performance but had company in the form of Peter Fullager and John Webb until 3km from home.

Bob Hughes was the early pace setter from Nihill, Embleton and Webb. Hughes, however, had sickness trouble and twice had to pull up several positions after stopping and had to be content with 7th at the finish. At 4km, on a long climb, Fullager joined Nihill at the front—pulling back a 100y deficit in quick time. With the pair taking up the conversation they began last week at Bexley (!) the issue seemed settled as they had 200y to spare over Webb past the 12km mark. The Essex man had other ideas and to his delight closed the gap and joined the leaders at 14km. Nihill intended to put in a blitz finish and this he duly did with Fullager pulling clear from his club-mate. All three were very happy with their performance and look forward eagerly to Athens.

By COLIN YOUNG

Shaun Lightman and Bill Sutherland recorded personal bests and seemed to benefit from the hammerings they took last week. John Warhurst was struggling early on but put in a characteristic strong finish to gain several positions. Phil Embleton and Roy Thorpe did magnificently to get amongst such 'regulars' as Ray Middleton, George Chaplin and Ron Wallwork. Youngsters like Roger Mills, Allan Callow, Tom Taylor and Brian Armstrong excelled themselves while it was good to see Ken Harding doing so well after a long lay-off. Belgrave, relying on a bare fast foursome, took the team title from Lancashire while Basildon, without Bob Dobson, surprisingly edged out Leicester, from whom Bob Adams and Geoff Toone "blew up."

1. P. Nihill (Surrey WC) 90.07
2. P. Fullager (Basildon) 90.58
3. J. Webb (Basildon) 91.42
4. S. Lightman (Met WC) 93.27; 5. W. Sutherland (High) 93.35; 6. J. Warhurst (SUH) 94.25; 7. R. Hughes (RSC) 94.35; 8. P. Embleton (Met) 94.38; 9. R. Middleton (Bel) 94.41; 10. R. Thorpe (Wake) 94.55; 11. G. Chaplin (Cov. G) 95.08; 12. R. Wallwork (Lancs) 95.15; 13. M. Tolley (eLics) 96.14; 14. R. Mills (Ilf) 97.18; 15. D. Vickers (Lancs) 97.33; 16. G. Goodair (Wake) 97.43; 17. L. Duquemin (Bel) 97.50; 18. K. Harding (RSC) 97.56; 19. J. Moullin (Bel) 98.08; 20. W. Wesch (Bel) 98.13; 21. A. Callon (Bound) 98.15; 22. P. Thorn (Trow) 98.29; 23. T. Taylor (Leics) 98.39; 24. B. Arm-

strong (Ilf) 98.50; 25. A. Ross (High) 98.56; 26. P. Markham (Leics) 98.58; 27. P. Etches (Sheff) 99.16; 28. P. Stapleford (Leics) 99.18; 29. O. Flynn (Basil) 100.11; 30. A. Turney (Cov. G) 100.58. **Teams:** 1, Belgrave 57; 2, Lancashire 76; 3, Basildon 85; 4, Leicester 87; 5, Wakefield 96; 6, Coventry Godiva 99.

Hohne wins Sesto Giovanni 30km. The traditional May Day 30km, held near Milan, resulted in a double triumph for the formidable East German team. The current Olympic 50km Champion, Christoph Hohne, had his 22-year-old compatriot, Peter Selzer (4th at Mexico), for company until halfway, then showed his customary even pace brilliance. He clocked 20.07, 19.53 and 19.50 for the 4th, 5th and 6th laps of the race to go solo for the remainder of the event. From the start the East German duo held command; Delerue tired rapidly later on and dropped out with Nigro and Sgardello, two of Italy's most promising walkers. The invitations to Fullager and Nihill were declined by the BAAB, owing to the West German international three days later. Note, however, that Hohne did not even approach Fullager's course record of 2:25:02.2 set last year. 1, C. Hohne (E. Ger) 2:27:42.2; 2, P. Selzer (E. Ger) 2:30:12.4; 3, L. Carojosifogli (Rum) 2:32:49.0; 4, A. Bilek (Cz) 2:34:45.4; 5, V. Visini (Ita) 2:36:13.4; 6, A. Kiss (Hun) 2:36:34.0; 7, S. Mancini (Ita) 2:39:24.8; 8, S. Ingvarsson (Swe) 2:40:15.6; 9, A. Andor (Hun) 2:42:39.8; 10, L. Zambaldo (Ita) 2:42:56.4. **Teams:** 1, East Germany 59; 2, Rumania 48; 3 eq, Italy & Hungary 47; 5, Sweden 42.

Good 50km from Bryan Eley. The Bristol club started their campaign on the longer distances early by holding their championship on May 3rd. Bryan Eley did very well to clock under the 4½ hours with Dave Smith also confirming his current fine form. 1, B. Eley 4:29:59; 2, D. Smith 4:45:48; 3, L. Gwinnell 5:03:53.

Veterans AC 5M Road Walk at Tooting Bec, May 6th. 1, F. Nickolls 43.45; 2, R. Rudd 43.57; 3, G. Brooker 45.47. H'cap: Rudd (1.00).

Nihill warms up with new course record in Surrey 5M, at South Croydon, May 7th. Using this measured road course as a warm up for his National 20km and 5km record attempt, Paul Nihill smashed his course record by 45 seconds and set a personal best for the distance. 1, P. Nihill 34.35; 2, K. Read 41.05; 3, R. Green 42.02; 4, P. Crane 42.27; 5, L. Atterbury 42.56; 6, R. Williams 43.12.

National 20 Miles. This will be held from the Broad Green College, Normanton Road, South Croydon on June 14th at 2 p.m. Locally organised by Surrey WC, the course will be an extremely tough one with many steep gradients. Entries close on May 24th to: J. K. Hadley, 114 Elizabeth Avenue, Little Chalfont, Amersham, Bucks. **Teams:** 15/-; **Individuals:** 3/6d.

East German stars retire. Following their failure to make the Mexico City Olympic team, Dieter Lindner and Hans-Joachim Pathus have retired.

Both were internationals since the late fifties and had competed in this country. Lindner was the most famous, winning the European 20km at Budapest (1966) and getting a silver medal behind Ken Matthews besides triumphing in the Lugano Trophy in 1965.

Today's events. The Northern Area "20" takes place at Bradford with John Warhurst likely to head the field again with Ron Wallwork, Tony Taylor, Roy Thorpe and Guy Goodair fighting for the minor placings. Not much to choose from the Big "3"—Lancs. WC, Sheffield UH and Wakefield H.—in the team race. In the Midlands, Leicester WC promote their open school walks for Juniors (2M), Intermediates (3M) and Seniors (5M) from New Park School. Down South, the Stock Exchange "Brighton" should see Dicky Green regaining the title from last year's surprise winner, Sid Pearson. Ray Long, winner of the "25" recently, could provide a shock. At Steyning, the local club have a match with Met. Police over 15M.

Judy Farr 58 not out! Following notice of Paul Nihill clocking up 50 consecutive victories in this country, Ian Farr—husband of UK Champion Judy—informs me his wife has notched 58 straight wins since her last defeat by a countrywoman way back in July 1961! Judy, on this evidence, is certainly athletics' answer to the great Beryl Burton.

Bristol Walking Club officers: Chairman, T. M. Chorley; treasurer, R. J. Walker; gen. sec., C. J. Shelly, 62 Brockridge Lane, Frampton Cotterell, Bristol BS17 2HU; Fixtures sec., D. J. Smyth.

REVISED PENTATHLON TABLES

The IAAF have issued scoring tables for the 100 metres hurdles, which replaced the 80 metres hurdles in women's pentathlons as from May 1st, and copies may be obtained from the IAAF offices at 162 Upper Richmond Road, London, S.W.15.

Here is the range of points awarded for times between 13.0 and 20.0:—**13.0, 1195 pts.**; 13.1, 1179; 13.2, 1163; 13.3, 1148; 13.4, 1133; 13.5, 1118; 13.6, 1103; 13.7, 1088; 13.8, 1074; 13.9, 1060; **14.0, 1046**; 14.1, 1032; 14.2, 1018; 14.3, 1005; 14.4, 992; 14.5, 979; 14.6, 966; 14.7, 953; 14.8, 941; 14.9, 928; **15.0, 916**; 15.1, 904; 15.2, 892; 15.3, 880; 15.4, 869; 15.5, 858; 15.6, 846; 15.7, 835; 15.8, 824; 15.9, 813; **16.0, 803**; 16.1, 792; 16.2, 782; 16.3, 771; 16.4, 761; 16.5, 751; 16.6, 741; 16.7, 731; 16.8, 722; 16.9, 712; **17.0, 703**; 17.1, 693; 17.2, 684; 17.3, 675; 17.4, 666; 17.5, 657; 17.6, 648; 17.7, 639; 17.8, 631; 17.9, 622; **18.0, 614**; 18.1, 605; 18.2, 597; 18.3, 589; 18.4, 581; 18.5, 573; 18.6, 565; 18.7, 557; 18.8, 549; 18.9, 542; **19.0, 534**; 19.1, 527; 19.2, 519; 19.3, 512; 19.4, 505; 19.5, 498; 19.6, 490; 19.7, 483; 19.8, 477; 19.9, 470; **20.0, 463**.

Next week's issue includes an interview with Dave Bedford, an article comparing male and female athletes by John Le Masurier, and a survey of Scottish women's athletics by Cliff Temple.

Southern League Scores

May 10th

Div. 1 (Bournemouth) 1, Bournemouth 142; 2, Reading 140; 3, HHH 131; 4, Windsor, S. & E. 124; 5, Cambridge H. 122; 6, Ilford 103.

Div. 2 (Portsmouth) 1, Aldershot, F. & D. 146; 2, Epsom & E. 128; 3, Oxford City 122; 4, Walton 116; 5, Portsmouth 108; 6, Ealing & S. 92. **(Southend)** 1, Hercules-W. 139; 2, Met. Police 131; 3, Verlea 125; 4, Essex B. 119; 5, Enfield 109; 6, Southend 94.

Div. 3 (Maidenhead) 1, Wycombe Ph. 145; 2, Border 143; 3, Exeter 128; 4, Maidenhead 111; 5, Guildford & G. 110; 6, Feltham 61. **(Crawley)** 1, Crawley 166; 2, Surrey B. 142; 3, Mitcham 120; 4, Sutton & C. 109; 5, SLH 81; 6, Woking 59. **(Luton)** 1, Luton Utd. 180; 2, Cambridge & C. 162; 3, Chelmsford 146; 4, QPH 130; 5, Watford 33. **(Grays)** 1, Hadleigh Oly 149; 2, Kent AC 138; 3, Thurrock 126; 4, Havering 117; 5, Invicta 116; 6, E. Manor 91.

Div. 4 (Peterborough) 1, Ipswich 173; 2, Huntingdon 149; 3, Norwich & N. 132; 4, Peterborough 98; 5, W. Norfolk 74. **(Bracknell)** 1, Bracknell 161; 2, Highgate 144; 3, Dorking 132; 4, Redhill 103; 5, Camberley 102; 6, Basingstoke 5. **(Eastbourne)** 1, Oxted 118; 2, Haywards Hth. 110; 3, Tonbridge 90; 4, Eastbourne 84. **(Bognor)** 1, Eastleigh 140; 2, Worthing 116; 3, Bognor 101; 4, Horsham 35; 5, Chichester 27. **(Salisbury)** 1, Salisbury 70; 2, Trowbridge 42. **(Victoria Park)** 1, Medway 119; 2, VPH 106; 3, Basildon 101; 4, Walthamstow 89; 5, Twickenham 76. **(Camborne)** 1, W. Cornwall 129; 2, Paignton 121; 3, C. of Plymouth 112.

RESULTS ROUND-UP

23.4. Belfast. Women's 100m: (3'6" over distance) M. Kyle 12.2. **3.5. Belfast.** 100y: J. Kilpatrick 9.8; LJ/SP: M. Bull 7.07/23'24" w & 13.82/45'4". **7.5. Loughborough.** 400m: M. Winbolt Lewis 47.5; DT: W. Tancred 54.92/180'2". **10.5. Durham.** 100m: L. Piggott 10.6w, B. Kelly 10.7 (Many observers thought Kelly won) R. Banthorpe 10.8, M. Reynolds 10.8; women's 100m: M. Cobb 11.7w, M. Tranter 11.8, J. Champion 11.9, J. Pawsey 11.9. **10.5. Portsmouth, JT:** M. Turner 69.80/229'0". **10.5. Luton, HT:** A. Elvin 58.36/191'5". **10.5. Shettleston Marathon:** A. Keith 2:29.22. **10.5. Midland Marathon:** R. Grove 2:23.03, K. Boydon 2:23.39. **10.5. Belfast.** Women's SP: G. Porter 13.33/43'9". **10.5. Eltham.** Women's HJ/LJ: B. Inkpen 1.62/5'4" & 5.90/19'43" w (6.31/20'8½" in training next day). **10.5. Croydon.** Women's 400m: P. Lowe 57.4; SP: J. Quick 13.25/43'53". **10.5. Welwyn.** Women's 880y: T. Bateman 2:10.6. **11.5. Kirkby.** 400m: D. Edwards 48.0, R. Banthorpe 48.4.

NATIONAL ROAD RELAY

It was G. Doggett and not P. Kerigan who ran Stage 12 for Salford.

In the NUTS Pentathlon, Ferne scored 2826 and Caviel 2771, and not as printed last week.

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. 30s. per s.c. inch, per insertion, 33½% series discount to clubs on three or more insertions.

STAFFORDSHIRE COUNTY A.A.A.

1969 CHAMPIONSHIPS

SATURDAY, 7th JUNE at 1.30 p.m.

AT ROWLEY PARK, STAFFORD

Entries to E. J. Skidmore, 49 Maidstone Drive, Wordsley, Nr. Stourbridge, Worcs. Phone: Kingswinford 4751.

ENTRIES CLOSE WEDNESDAY, 21st MAY

COLCHESTER ATHLETIC CLUB

"FESTIVAL FIVE" ROAD RACE

(Under A.A.A. Laws)

SATURDAY, JUNE 7th at 3 p.m.

Change, start and finish at Shrub End Playing Fields. Awards first 3 teams and ind. Entries 5/- per team (4 run, 3 score), 2/6 ind., to K. Turner, "Rose Venn", Great Tey, Colchester, by 31st May.

COVENTRY PRESENTS

Fourth College "10"

10 MILES OPEN ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 31st MAY, at 3.15 p.m.

AWARDS—First 3 ind. Plaques and Prizes £7, £5, £3; 4th £2, 5th-20th £1. Perpetual Team Trophy (4 run, 3 count).

Entry fees: 3/- ind., 5/- teams. All enter as individuals.

Attractive course, exceptional facilities

Entries to Road Race Sec., College of Education, Canley, Coventry, by Mon., 19th May.

CROYDON HARRIERS

4th Annual Under AAA & WAAA Laws

FIELD AND HURDLES MEET

SATURDAY, 16th AUGUST, at 1.30 p.m.

AT CRYSTAL PALACE

Senior Men: HJ, PV, LJ, TJ, SP, DT, HT, JT, 110mH, 400mH, 3000mS/C. Junior Men: HJ, PV, LJ, TJ, 110mH, 400mH. Youths: HJ, PV, LJ, TJ, SP, HT, JT, 100mH. Senior Ladies: HJ, LJ, SP, DT, JT, 100mH, 200mH, 1500m. Intermediates: HJ, LJ, SP 80mH. Juniors: HJ, LJ, SP, 80yH.

Entries to Alan Brown, 10 Layard Road, Thornton Heath, Surrey, CR4 8JS by Monday, 4th August. No late entries accepted. Entries to include: full name, club, event, age group, best 1969 performance, and entry fee (made payable to Croydon H.).

Fees: Senior Men & Women: 3/- first event, 2/- additional events; Jnr. Men & Inters. 2/6, 1/6 add.; Youths & Jnr. Women 2/- first 1/- add.

53 Pres Ave.

3rd Annual

YEOVIL "10"

(Under A.A.A. Laws)

SATURDAY, JUNE 7th, 1969, at 3 p.m.

PRIZES: First 4, first 3 teams, 1st Vet.

Entry Fees: 3/- ind., 5/- extra per team.

Entries close Thursday, 5th June to J. Flatters, 24 Elliotts Drive, Yeovil, Som.

HOLMAN SPORTS CLUB

GALA DAY

OPEN SPORTS MEETING

(In Association with Cornwall County A.A.A. under A.A.A. & W.A.A.A. Laws) AT "BLAYTHORNE", PENDARVES ROAD, CAMBORNE, CORNWALL

SATURDAY, JUNE 7th at 2 p.m.

COUNTY CHAMPIONSHIP TUG-OF-WAR

Senior Men's 100yds, 220yds, 440yds, 880yds, 1 mile and 3 miles. Catchweight Tug-of-War.

Senior Women's 100yds, 220yds, 440yds and 880yds. PRIZES: Medals 1st, 2nd, 3rd.

Entry Fees: 2/6 each event, £1 Tug-of-War. Details from and entries to Mrs. G. Tuffnell, 19 Trelawney Road, Camborne, Cornwall.

CLOSING DATE: 31st MAY, 1969.

WALLASEY FESTIVAL OF SPORT

3rd Annual

NEW BRIGHTON ROAD RACES

(Under A.A.A. Laws)

SATURDAY, JUNE 7th, at 3 p.m.

4 x 2½ MILES ROAD RELAY at 3 p.m.

For the Liverpool Echo & Daily Post Trophy.

Awards—1st Team 4 prizes valued 4 gns., 2nd Team 4 at 3 gns., 3rd Team 4 at 2 gns., 1st "B" team 4 at 2 gns. Fastest Lap: 4 gns.

Entry Fees: 10/- first team, 7/6 subsequent.

YOUTHS' 2½ M. ROAD RACE, 2.30 p.m.

Awards—1st 3 teams (5 run, 3 score) Plaques. First three ind. prizes £3, £2, £1. Competitors (16 and 17 on 1.4.69) in team race must enter as ind. Fees: 5/- team, Ind. 2/-.

Entries close Saturday, May 31 to C. R. Hewson, 44 Albion Street, Wallasey, Cheshire.

DEVON COUNTY A.A.A.

1969 TRACK AND FIELD

CHAMPIONSHIPS

AT CLIFTON HILL TRACK, EXETER

SATURDAY, 21st JUNE, 1969

SENIORS • JUNIORS • YOUTHS

Metric Track Distances, 1 Mile, 3 Miles, Discus, Shot, Javelin, HJ, LJ, TJ, PV, Hammer, Tug-of-War (Catchweight), 2 Mile Walk.

Fees: Seniors 3/- 1st event, 2/- subsequent events, Jnrs. & Yths. 2/6 1st event, 1/6 sub. events, Tug-of-War 20/- per team.

ENTRIES CLOSE 7th JUNE, 1969

Entries to R. W. Davey, Esq., 35 Park Road, St. Marychurch, Torquay, Devon.

PLEASE ASSIST—NO LATE ENTRIES