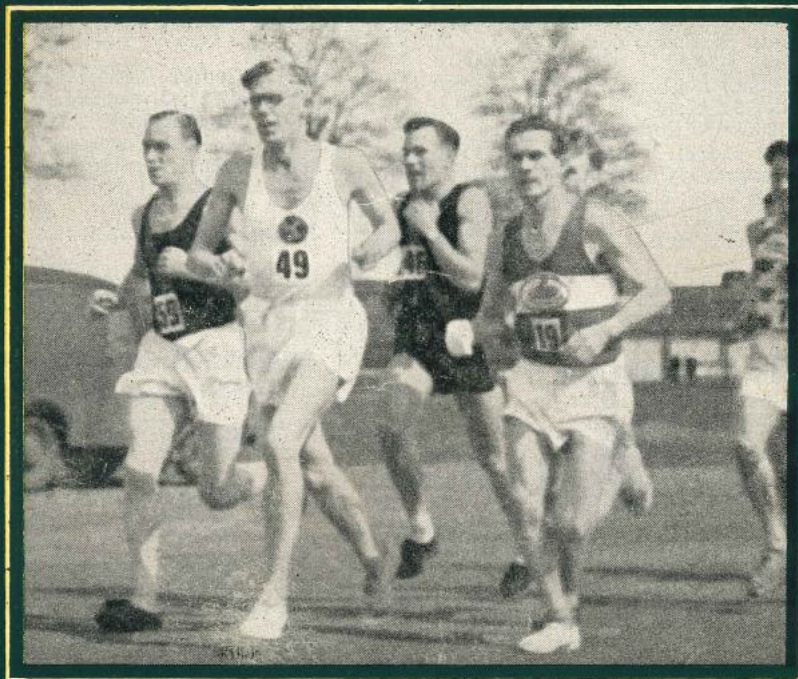


MAY 15th, 1954

9<sup>D</sup>

Vol. 8. No. 20

# Athletics WEEKLY



LEADERS IN THE SHEFFIELD TELEGRAPH MARATHON

## BANNISTER'S MILE IN PICTURES

Full Report of the  
Manchester to  
Blackpool Relay

What I Think of  
The British Athlete  
*By E. McDonald Bailey*

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

# Overseas News

## SOUTH AMERICAN CHAMPIONSHIPS

The South American championships commenced on April 17th, at Sao Paulo, Brazil. Results of finals are as follows:-

**100m.:** 1, Cabral (Brazil) 10.6; 2, De Conceicao (Brazil) 10.7.

**200m.:** 1, De Conceicao (Brazil) 21.2 (equals S.A. record); 2, Aparicio (Colombia) 21.7; 3, Cabral (Brazil) 21.8.

**400m.:** 1, Nascimento (Brazil) 48.3; 2, Roque (Brazil) 49.1; 3, Sandova (Chile) 49.5.

**800m.:** 1, Sandoval (Chile) 1:50.9 (S.A. record); 2, Roque (Brazil) 1:53.6; 3, Neto (Brazil) 1:54.2.

**1500m.:** 1, Corriea (Chile) 3:56.5; 2, Sela (Chile) 3:57.2; 3, Nova (Chile) 3:57.7.

**5000m.:** 1, Costa (Chile) 15:0.6; 2, Nova (Chile) 15:0.8; 3, Mitt (Brazil) 15:15.1.

**10,000m.:** 1, Correa (Chile) 31:41; 2, Alves (Brazil) 32:14; 3, Rodriguez (Brazil) 32:20.5.

**110m. Hdls.:** 1, Carneiro (Brazil) 14.3; 2, Bell (Venezuela) 14.5; 3, Leiza (Venezuela) 14.8.

**HSt:** 1, A. F. De Silva (Brazil) 53'28" (equals S.A. record); 2, Countinho (Brazil) 48'9"; 3, Naslimento (Brazil) 48'34".

**HJ:** 1, De Conceicao (Brazil) 6'6 3/4" (S.A. record); 2, Lagos (Chile) 6'4 1/4"; 3, Lus (Brazil) 6'2 1/4".

**LJ:** 1, Donazar (Uruguay) 24'7 3/8"; 2, Gonzales (Brazil) 24'6"; 3, Fachana (Brazil) 23'7 1/8".

**Wt:** 1, Dambros (Brazil) 50'3 3/8"; 2, Marreis (Brazil) 45'3 5/8"; 3, Nevarmar (Chile) 45'2 1/4".

**PV.:** 1, Iriarte (Venezuela) 12'9 1/2"; 2, Moschem (Brazil) 12'9 1/2"; 3, Souza (Brazil) 12'9 1/2".

**H.:** 1, Cooper (Brazil) 166'2 1/2"; 2, Diaz (Chile) 164'2 1/2"; 3, Neufeld (Chile) 162'3 3/8".

**J:** 1, Mojes (Peru) 201'2 1/2"; 2, Stendzenicks (Chile) 199'8 3/8"; 3, Cespedes (Chile) 186'4 3/8".

**400m. Hdls.:** 1, Aparicio (Colombia) 52.2; 2, Carneiro (Brazil) 53.5; 3, Santos (Brazil) 54.9.

**3,000m. Schase:** 1, Mitt (Brazil) 9:14.9; 2,

*Continued on page 18*

## PAIGNTON 1954 REGATTA GRAND ATHLETIC FESTIVAL

(Under A.A.A. & W.A.A.A. Laws)

in  
Queen's Park,

On a perfect grass track

Wednesday, August 11th at 2.15 p.m.

Events (Men):

	3 Prizes to value
100 Yds. Open Handicap ...	£13 13 0
220 " " ...	13 13 0
440 " " ...	13 13 0
600 Yds. Open Scratch ...	13 13 0
880 Yds. Open Handicap ...	13 13 0
One Mile Open Handicap ...	13 13 0
3 Miles Open H'ep (4 prizes)	14 14 0
One Mile Medley Relay ...	16 16 0
440 Yds. Junior Handicap ...	8 0 0
100 Yds. 15-17 yrs. Handicap	4 10 0
220 Yds. 15-17 yds. Handicap	4 10 0
100 Yds. Veterans Handicap...	8 0 0
High Jump (scr.)	9 0 0

(prov. 6 ent.)

### Women:

60M. Devon & Cornwall Senior Champ.  
220 " " " " " " " "

	3 Prizes to value
100 Yds. Open Handicap ...	7 7 0
220 Yds. Open Handicap ...	7 7 0
660 Yds. Relay Race (3 sets)	10 0 0

**Entrance fees:** 1/6 first, 1/- additional; relays 2/6; D. and C. Champs. 1/-.

**Entries close first post Mon., Aug. 2nd**

Enquiries and entry forms to be obtained from and returned to — C. H. GILBERT, Hon. Athletic Secretary, 24 Elmsleigh Road, Paignton, S.Devon.

## WESTERHAM GALA SPORTS

(Under A.A.A. & W.A.A. Laws)

Whit-Monday, 7th June, 1954

in

King George's Field, 2.15 p.m.

**MEN'S OPEN EVENTS—Handicaps**  
220 yds., 440 yds., 880 yds., Mile,  
Two Mile Scratch (Team & Individual)

**Westerham Gala 10 Mile Road Race**  
Individual Handicap and Scratch Team  
Race. Fastest time award.

**WOMEN'S OPEN EVENTS—H'cps.**  
220 yds., 880 yds.

**Entry Fees—Individual** 1/6 first, 1/- subsequent events. Team (4 run, 3 score) 5/-.

**Entries to — A. C. Brill, Bingleaves, Westerham, Kent, by Wednesday, 19th May, 1954.**

Ground adjoins Westerham Station  
Green Line Routes 705 & 706  
L.T. 410, 403 and 485.

# Athletics Weekly

Official Organ of Athletics in Great Britain

Vol. 8. No. 20. May 15th, 1954

EDITOR: P. W. GREEN

## Published by—

ATHLETIC & SPORTING  
PUBLICATIONS

## Editorial Offices—

ATHLETICS WEEKLY,  
KENT ART PRINTERS, Ltd.,  
THE BROOK,  
CHATHAM, KENT.  
(Chatham 4644-5)

## Advertisement Representatives—

W. HORACE BIGGS,  
PRESS ORGANISATION Ltd.  
115 HIGH HOLBORN,  
LONDON, W.C.1.  
(Chancery 8752-3)

## Printed by—

KENT ART PRINTERS Ltd.,  
THE BROOK,  
CHATHAM,  
KENT.

## Subscription Rates—

12 MONTHS (52 issues) 45s. 6d.

Direct subscribers in U.K. and H.M.  
Forces abroad:—

12 MONTHS (52 issues) 35s.

6 MONTHS (26 issues) 17s. 6d.

3 MONTHS (13 issues) 8s. 9d.

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EVERY SATURDAY — NINEPENCE	

WELL, it had to come! With several of the world's best milers knocking at the door of the four minute mile, it was bound to come sooner or later.

For, stripped of all its magical glamour, four minutes for a mile is but another mark in an athletic world of ever improving performances.

It had become common knowledge that Bannister was keen to make an attempt on the Ifley Road ground and, given reasonable conditions, something pretty sensational seemed certain. The amazing thing was not that it was done, but that it was done under such adverse conditions. For, though there was a lull in the strong, gusty wind for a large part of the race, the conditions were far from ideal for record breaking.

It was a magnificent effort and, after saying so many times that I considered Bannister had the greatest potential of any miler I had ever seen, but at the same time wondering whether he would ever realise it, it has given me the greatest pleasure to see him get there in face of such fierce competition—including the amusing scramble which occurred recently in the U.S.A., about which we shall hear more next week.

No doubt Roger will be the logical favourite for such events as the Empire Games Mile and the European and Olympic 1500 metres events, that is providing he does carry on till 1956, which seems doubtful at present. However, he has yet to win a race against world class opposition and running in cut-throat competition is very different to running in a race where one's competitors are so helpful, and I think Roger is still vulnerable to anyone who can stay with him to the straight, though he certainly looked much fitter and stronger at Oxford than I've ever seen him before.

Even 20 pages won't cope with the features I should like to include this week. Herbert Schade's Questionnaire has had to be put back till next week. when 'Mac' Bailey's article will be concluded. Some readers' letters, Scottish Notes, and other results have also been held over. However, the 4-minute mile doesn't come every week!

THE EDITOR

Cover photo by W. Hodgson

The leaders in the "Sheffield Telegraph" Marathon. L. to R.: No. 59 E. L. Smith (Harehills) 4th, No. 49 W. H. Kelly (Reading) 3rd, No. 45 A. Lawton (Harehills) 6th, No. 19 A. P. Keily (Derby) 1st, No. 70 H. Charles (Sheffield) 5th. R. W. McMinnis, who was third, is hidden by Keily.

Continuing E. MacD. Bailey's series of articles:—

## THE BRITISH ATHLETE

**B**RITISH athletes are more modest than purposeful. This is not meant to cast aspersions on anyone's character, just merely my own observation. For at any rate, athletes of every nation have their own peculiar characteristics.

But how can modesty affect results? Is it better to be modest than victorious? Personally, I think modesty is a good thing when not taken too far. The greatness of Sydney Wooderson, for instance, was his quiet, unassuming approach to the job in hand. Yet here was a man determined to have a go and to "kill" the opposition without having any qualms about it. He always went out to win and made no bones about it and seldom, if ever did he offer up any excuses other than he was beaten by a better man. And one got the impression that that was not an admission of defeat or resignation to second best. That is how I saw Sydney—one of the world's greatest ever athletes.

Now what of the present generation? I'll kick off in my own sphere—the sprints, or rather sprints I have run against. There was Cyril Holmes, jovial, confident, purposeful. Though I had the impression he was just satisfied to win. And that, mind you, is not an unforgivable sin in the realms of amateur athletics. What I really feel is that Cyril could and should have been a little more clock conscious, though not obsessed by it.

I believe that it is a natural instinct to want to do better, to keep trying. And the one incentive to guide this aspiration is the stop-watch. It is stop-watch evidence in the world of international athletics which really counts.

Be a good loser, yes. But there's nothing finer than being a good winner. And speaking of triers, Jack Archer, the Nottingham schoolmaster, was the one sprinter who made one shy of loitering over the sprints. One look at Jack "on the day" and I knew he meant business.

Always I felt that silent determination in him which sparked my own enthusiasm to give of my best. I well remember a French

v. British International at the White City, when I pulled a muscle slightly at the start. The next thing I knew was that Jack was out in front in a mood which took some beating.

Yet I was lucky to catch him and clocked 9.7 in the dire effort. But for his determination I may not have been placed in the race, let alone equal the then British record.

The point here is that competition, aggressive but friendly, is the quality which helps to get the best out of the athlete. British sprinters and quarter-milers, in my opinion, have had too much of a defeatist attitude, as far as Arthur Wint and myself were concerned. Instead of training as hard and as seriously as we did, they preferred to take it for granted that we'd win anyway.

Such comfort never really helped me. Too often I felt that luke warm enthusiasm at the start of a race, which rather suggested that I was out on one of my winning sprees. Never have I taken any athlete for granted, though I became conscious of the attitude of the opposition to the degree of boredom.

This is not to suggest that I disliked racing against British sprinters or even the natural satisfaction of winning. I always enjoyed both.

It is the approach that worried, even affected me. Even to suggest some training together was a bit tricky. The fellows just stood around rather than join in the fun of some competitive bursts for 30-40 yards.

Yet this is how I improved as a youngster in Trinidad. I had nothing to lose and gained so much in the end. Why then, are British athletes so modest or shy about facing up to what looks like stronger opposition?

*To be concluded next week*

### RECORD ATTEMPT

During a match to-day, May 15th, at Battersea Park, between Middlesex Ladies and Femina Sport (Paris), an attack on the British 10 x 110 yards relay record will be made by Essex L.A.C., Spartan L.A.C. and London Olympiads. The meeting starts at 5.30 p.m.

# LEYTON FLOODLIT MEETING

Wednesday, May 5th

It was a pity that the weather conditions were so unfavourable at Leyton for the Eton Manor Floodlit Meeting, for the competition was first class, and the times and performances were not truly representative of the high standard reached in many events. The 880 yards, in particular, would not have disgraced an A.A.A. Championship final.

On a cold, blustery evening the sprinters and hurdlers were the only ones favoured by the conditions, and this no doubt had much to do with the excellence of the times returned in these events.

The 100 final produced a surprising upset. Good though the junior sprinter J. A. Spooner, undoubtedly is, he was not expected to beat Shenton and Young, but he ran a storming race to just hold off Shenton, with Young a close-up third.

The 440 final found Derek Johnson gaining the amount of his stagger on the first bend to pass both Dick and Smith. Obviously very fit, Johnson kept in front up the back straight and, getting the benefit of his inside position round the last bends, strode home with a good four yards advantage, with Alan Dick holding off Len Smith for second place.

The 880 was the race of the evening. In a mad scramble at the first bend, Hewson appeared to be almost carried round and was fortunate to keep on his feet. Bob Taylor led at the bell but up the back straight Aylett forged in front, with Hewson passing Taylor on the inside with a furlong to go. Coming into the straight, Aylett was leading but was challenged by Hewson, who took the lead and looked all over a winner, only to be caught on the post by Angus Scott who came with a late run on the outside. Bill Nankeville passed Aylett to take third place. The time, 1:56.0, was excellent for such adverse conditions.

Peter Driver did not provide Eddie Ellis with the close competition many expected in the two miles steeplechase event and the A.A.A. champion had an easy victory. The two miles team race was a much closer affair, and at the finish it was touch and go in which order the first three would finish. In the end George Knight was the strongest of the three and came home in 9:24.0, just in front of clubmate Baverstock and Alan Perkins, whose easy, fluent style looked like getting him home in first place

when he was bidding his time on the heels of the two Essex Beagles runners.

With the 440 hurdles field lacking some of the usual personalities, former A.A.A. junior champion Kane was a comfortable winner in 57.3. The field events men were not helped by the weather, but John Savidge outclassed the opposition and put the shot further than his English native record, only to find afterwards that the ball was a mere fraction under the requisite 16lbs.

The general standard of the junior milers was excellent and gave some indication of how much the standard has risen in the past year or two. If the youths' sprinting was not quite up to the same standard, the winner, B. J. Rider, of Woodford Green, was a nice mover and gave promise of even better things to come.

The senior relays were grand races, over distances varying from 110 to 660 yards. Belgrave just held off Poly and L.A.C. on the last stage of the "A" race, while Essex Beagles took the "B" event after another good race.

In the women's events, Sylvia Cheeseman, a little lighter despite her lay-off, ran a grand 100 metres to win from Jean Desforges in 12.0 secs. The 880, in the absence of Valerie Winn, proved a triumph for Nora Smalley, who ran a fine tactical race to beat Vincent (L.O.) after the latter had led for the greater part of the race. The time was 2:20.6, very good in the prevailing conditions.

The hurdles event was a tragedy for Iris Pond. With a clear lead in her heat, she hit the last hurdle and fell heavily. Pam Seaborne won the final, hurdling in great style, or, as Geoff Dyson would have said, had he seen her, she ran over the hurdles.

It is doubtful if Sheila Lerwill appreciated the cold evening after her recent return from a warmer clime, and she had to be content with 5ft. 2in. in second place, behind her old rival, the evergreen Dorothy Tyler, who cleared 5ft. 3in. Suzanne Farmer was a clear winner of the shot and Selsonia beat Essex and Cambridge in the relay after a good race.

Though some of the enjoyment of this meeting will inevitably depend on the clerk of the weather, it is one which has come to stay and is well supported by the athletes.

*Continued on Page 18*

# Sheffield win Manchester-Blackpool Relay

## *Bolton runner collapses on last stage when leading*

The Manchester-Blackpool Relay proved a tragedy for Bolton U.H. Their last man, H. Minshall, who had been engaged in examinations all the morning and only arrived just in time to take part in the race, started off with a lead of 42 secs. from Derek Walker. He was still leading 400 yards from the finish when he collapsed with stomach cramp and was taken to hospital. This, however, should not detract from Sheffield's performance, and they thoroughly deserved their fine victory. The first four teams beat the former record after a very close and exciting race.

### Stage 1.

The first three beat the old record of 22.47, with Dave Parmenter getting surprisingly close opposition from Pumfrey, of Godiva.

1. D. Parmenter (Birchfield)	22.29
2. T. Pumfrey (Godiva)	22.31
3. B. G. Smith (Sale)	22.43
4. J. Nichols (Sheffield)	23.12

### Stage 2.

With Orton putting up fastest time and their chief opponents dropping back, Birchfield increased their lead still further, while Manchester went from 7th to 4th, Bolton from 9th to 5th, and Sutton from 16th to 8th. Fastest times:—

1. L. Orton (Birchfield)	21.36
2. E. Toft (Royton)	21.38
3. J. Lancaster (M.A.C.)	21.40

### Stage 3.

Sheffield moved up to 3rd as Royton dropped back, while Tipton came up five places to 8th. Birchfield still led though they lost some ground. Fastest times:—

1. A. Etches (Sheffield)	23.42
R. Maleedy (Sutton)	23.42
3. J. Eastham (Bolton)	23.51

### Stage 4.

Wright, of Bolton, ran a fine leg to beat the old record of 13 secs., and take his club up to second place, 36secs. behind Birchfield and just in front of Godiva. Fastest times:

1. D. Wright (Bolton)	28.20
2. T. Smith (E. Cheshire)	28.35
3. B. Browning (Birchfield)	28.40

### Stage 5.

Young Hedley, of Sheffield, now set about the opposition and smashed the old record by 40 secs., with P. G. Wood (Rotherham),

and Kemball (Wolverhampton) also beating the old figures. Birchfield, Sheffield and Godiva were now in that order with only 38 secs. separating them. Manchester moved up to 4th in front of Bolton. Fastest times:

1. P. Hedley (Sheffield)	25.19
2. P. G. Wood (Rotherham)	25.32
3. C. Kemball (Wolverhampton)	25.56

### Stage 6.

With W. Berry beating the old figures of 23.51 by nearly a minute, Bolton again entered the fray and Birchfield led by only 17 secs. from Sheffield, with Bolton and Godiva only some 35 yards further away. Fastest times:—

1. W. Berry (Bolton)	22.53
2. H. Lloyd (Godiva)	23.46
3. J. Williams (Birchfield)	23.59

### Stage 7.

J. Haslam put in another good run for Bolton and took them into second place 16 secs. behind the leaders. The field had now spread out and changes were few. Fastest times:—

1. J. Haslam (Bolton)	28.27
2. R. Hatton (Birchfield)	28.35
3. R. Blackburn (Rotherham)	29.02

### Stage 8.

Birchfield now lost the lead for the first time, Bell, of Bolton, taking them into a narrow lead with Sheffield close behind. Fastest times:—

1. J. Fairchild (Sheffield)	17.09
2. R. Williams (Liv. Pembroke)	17.28
3. H. Bell (Bolton)	17.40

### Stage 9.

Fred Norris now put in a great run to equal record and give Bolton a 40sec. lead over K. Wood, of Sheffield, who had also run a great race. Birchfield were now a minute and a half behind the leaders and Godiva had dropped out of the hunt. Fastest times:—

1. F. Norris (Bolton)	26.38
2. K. Wood (Sheffield)	26.55
3. R. Reid (Birchfield)	28.01

### Stage 10.

Bolton maintained their lead, with Birchfield dropping back slightly. Everything now depended on the last leg with only Walker, of Sheffield having any chance of catching Minshall, of Bolton, who took over for the final run home. Fastest times:—

1. A. L. Smith (Liv. Pembroke) ..... 23.12
2. S. J. Fell (Bolton) ..... 23.15
3. E. Wilson (Sheffield) ..... 23.17

### Stage 11.

Derek Walker set about his task in great style and was making ground fast, but Minshall was still leading by 80 yards a ¼ mile from the finish when he collapsed and was unable to carry on, an unfortunate ending to a great race. This left Sheffield comfortable winners by two minutes over Birchfield. The "News of the World" are presenting Bolton U.H. with a special set of medals as some consolation for their great fight. Liverpool Pembroke received the special set of medals for the unplaced team putting up the most meritorious performance. Fastest times:—

1. D. Walker (Sheffield) ..... 34.53.8
2. T. Askew (Hallamshire) ..... 35.14
3. P. D. Smith (Sale) ..... 35.17

### Final Positions:—

1. Sheffield U.H. .... 4:39.15.8
2. Birchfield H. .... 4:41.16
3. Cov. Godiva H. .... 4:43.52
4. Manchester A.C. .... 4:44.57
5. Liv. Pembroke ..... 4:47.05
6. Hallamshire H. .... 4:50.57
7. Tipton 4:51.50; 8. Sutton 4:52.43; 9. E. Cheshire 4:55.37; 10. Lincoln Well. 4:56.00; 11. Rotherham 4:57.11; 12. Sale 4:57.18; 13. Man. D.L.C. 4:57.51; 14. Royton 5:02.17; 15. Wolverhampton 5:05.51; 16. Wirral 5:07.07; 17. Salford 5:15.20; 18. Smethwick 5:16.32; 19. Lozells 5:19.32. Bolton did not finish.

At the Leyton Floodlit Meeting a brown leather wallet was lost, containing irreplaceable Service papers and photographs, valueless to anyone else. Would the finder please return to 4140279 A. C. Reeve, M.J., Training Registry, H.Q.T.T.C., R.A.F., Brampton, Huntingdon.

\* \* \*

Entries for Southern Senior Championships close 26th May, to V. C. Sealy, 14 Sweetcroft Lane, Hillingdon, Uxbridge, Middx. Qualifications—having been placed in county championship during 1952-3-4 or gained Southern Standard, or better, during that period at event for which entered.

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**SPRINGBOK SPORTS AGENCIES**  
103a Fisherton Street, Salisbury

## Women

### Woolwich Poly. Meeting

April 24th

**100:** 1, S. Hoskin (Spartan); 2, J. Desforges (Essex); 3, J. Scrivens (Selsonia) 11.4.

**220:** 1, A. Johnson (Camb. H.); 2, D. Phillips (Essex); 3, S. Masters (Sel.) 25.8.

**440:** 1, M. Wooller (Spartan); 2, H. Vincent (LOAC); 3, P. Germain (Sel.) 61.2.

**880:** 1, C. Slemon (Selsonia); 2, J. Hall (Sel.); 3, Knight (LO) 2:21.4.

**Mile:** 1, N. Needham (Camb.H.); 2, L. Buckland (Camb.H.); 3, E. Harding (LO) 5:23.0.

**Mile Walk:** 1, I. McCormack (Camb.H.); 2, P. Grant (LO); 3, Rogers (LO) 8:26.0.

**80m.H.:** 1, J. Desforges (Essex); 2, I. Pond (LO); 3, B. Roots (Phoenix) 11.9.

**LJ:** 1, S. Cawley (Spartan) 18'1"; 2, A. Johnson (Camb.H.) 17'2"; 3, J. Rowlands (LO) 16'7".

**HJ:** 1, D. Tyler (Mitcham) 5'0"; 2, M. Hobbs (Essex) 4'9"; 3, Holland (Spartan) 4'8".

**D:** 1, M. Giri (Phoenix) 129'10"; 2, S. Needham (Spartan) 122'0"; 3, J. Brocklehurst (Sel.) 121'1".

**80:** 1, Anderson (Essex); 2, Woodley (Mitcham); 3, Sheppard (Mitcham) 10.0.

**150:** 1, M. Dearsley (Woolwich); 2, J. Jarvis (Mitcham); 3, M. Pitt (Essex) 19.2.

**70H.:** 1, Blanchard (Essex); 2, Smith (Spartan); 3, Bloom (LO) 11.2.

**LJ:** 1, Dolby (Camb.H.) 14'9"; 2, Rowlands (Woolwich) 14'8"; 3, Hawkins (Spartan) 14'3½".

**HJ:** 1, N. Joyner (Spartan) 4'5"; 2, Atkinson (Mitcham) 4'5"; 3, Branch (LO) 4'4".

**Relay:** 1, Essex 54.5; 2, Spartan 54.6; 3, Mitcham 55.6.

### May 1st

**Kent A.C. Trials.** **100:** E. Witty 11.7; **440:** E. Witty 65.3; **HJ:** B. M. Cox 4'9"; **Wt:** B. M. Cox 32'2¼"; **J:** B. M. Cox 74'9".

### May 3rd

**Cambridge H. Meeting.** **100:** B. Selway 12.0; **880:** H. Needham 2:32.8; **HJ:** A. Dukes 4'3"; **Wt:** A. Legg 33'1½"; **Intermediate:** **HJ:** M. Elliott 4'2"; **Wt:** B. Flower 22'7". **Junior:** **80:** A. Etherton 10.1; **HJ:** D. Wisdom 4'3".

### May 5th

**Iford A.C.** 25 pts. beat **Mitcham A.C.** 20 and **Cambridge H.** 15. **100:** R. Pettitt (I) 12.2; **220:** S. Jay (I) 29.3; **880:** Y. Mattock

*Continued on page 19*

**WOODFORD GREEN TAKE POTTERS  
BAR JUNIOR RELAY**

1, Woodford Green A.C. (M. Cannell 14.51, B. M. Davis 15.49, C. P. Crump 15.04, R. F. J. Garrett 14.44) 1:00.28.

2, Blackheath H. (T. Sullivan 14.56, A. W. Wood 15.43, N. F. Everard 14.51, D. A. Pinckard 15.26) 1:00.56.

3, Southgate H. "A" (J. R. Barton 16.29, A. E. Wren 15.32, B. K. Ward 15.18, C. J. Robinson 15.47) 1:03.06.

4, Watford H. 1:03.22; 5, St. Albans City A.C. 1:04.01; 6, Southgate H. "B" 1:04.26; 7, Enfield A.C. 1:04.43; 8, Belgrave H. 1:05.18; 9, Barnet A.C. 1:05.37; 10, Chingford A.C. 1:06.02.

**Fastest laps:**

1, R. F. J. Garrett (Woodford Gn.) 14.44; 2, M. J. Palmer (St. A.) 14.49; 3, M. Cannell (Woodford Gn.) 14.51; N. F. Everard (Blackheath) 14.51; 5, J. Merriman (Watford) 14.54; 6, T. Sullivan (Blackheath) 14.56.

The Kent County Constabulary Sports Club are staging this year's Kent Senior and Junior Track and Field Championships, at Maidstone on 22nd May, commencing at 2

**ESSEX "20" FOR JONES AND  
SOUTHEND WIN TEAM RACE**

1. L. Jones (Southend) ..... 1:53.00  
2. R. McCalla (Southend) ..... 1:54.06  
3. J. Duffy (Hadleigh) ..... 1:54.39  
4, K. Rogers (Chelmsford) 1:57.25; 5, J. Lowen (Southend) 2:03.10; 6, W. Hazel (Woodford Gn.) 2:05.10; 7, F. Webb (Woodford Gn.) 2:05.13; 8, H. Cummings (Essex B.) 2:06.45; 9, A. Hefford (Woodford Gn.) 2:09.37; 10 J. Fenn (Woodford Gn.) 2:11.33; 11, D. Shorrocks (Chelmsford) 2:14.19; 12, D. Anderson (Essex B.) 2:14.59; 13, E. Jacobs (Wadhams) 2:16.22; 14, A. Poynter (Wadhams) 2:20.18; 15, R. Jacobs (Wadhams) 2:23.15.

**Teams:**

	<b>Pts.</b>
1. Southend A.C. ....	8
2. Woodford Green A.C. ....	22
3. Chelmsford A.C. ....	34

p.m. Kent are holding Youth Championships for the first time this year and these will be held at Siemen Bros. Sports Ground, Charlton Park, on 19th June.

# At All Events . . .

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# SPALDING

A. G. SPALDING & BROS. LTD. (Est 1876)

The start of the Surrey 20 Miles Road Championship. L. to R.: No. 3 T. Joyce (Epsom), No. 30 V. J. Fowle (Herne Hill), No. 50 H. P. Wheeler (Surrey A.C.) and No. 14 A. Jordan (Belgrave).

E. D. Lacey



**NORTHERN IRELAND A.A.A. beat  
QUEEN'S UNIVERSITY, BELFAST  
55 pts. to 45**

**100:** 1, P. Toner (NI); 2, P. Haynes (Q); 3, J. McCann (NI) 10.4. **220:** 1, T. Williams (Q); 2, G. Hamilton (Q); 3, P. Haynes (Q) 24.0. **440:** 1, H. Stewart (Q); 2, W. Dundas (NI); 3, R. Hanna (NI) 51.2 (Q. rec.). **880:** 1, R. Hanna (NI); 2, J. Barrett (Q); 3, R. McFarland (NI) 2:01.0. **1 Mile:** 1, V. Milligen (NI); 2, J. McClelland (NI); 3, J. Barrett (Q) 4:14.0 (ground rec.). **3M:** 1, C. Owens (NI); 2, D. Harrison (NI); 3, T. Burrowes (Q) 14:48.2. **120H:** 1, C. McVeigh (Q); 2, P. Clarke (Q); 3, P. McConnell (NI) 16.4. **440H:** 1, C. M. Young (Q); 2, J. C. McVeigh (Q); 3, R. Carson (Q) 63.2. **LJ:** 1, G. Hamilton (Q) 21'5"; 2, J. McGrath (Q) 20'5"; 3, W. Gray (Q) 20'1". **HJ:** 1, D. Watson (NI) 5'8"; 2, S. Warwick (NI) 5'8"; 3, J. McGrath (Q) 5'6". **HSJ:** 1, R. J. McColligan (NI) 43'1 $\frac{1}{2}$ "; 2, T. Stronge (Q) 42'3 $\frac{1}{2}$ "; 3, G. Millar (NI) 40'6". **PV:** 1, J. McGrath (Q) 10'0"; 2, W. Davidson (Q) 9'6"; 3, C. McVeigh (Q) 8'0". **Wt:** 1, C. Scott (NI) 43'7 $\frac{3}{4}$ "; 2, K. Flanigan (NI) 40'6 $\frac{3}{4}$ "; 3, J. McGrath (Q) 37'5". **D:** 1, C. Scott (NI) 133'2"; 2, J. Lally (NI) 119'7"; 3, J. McMullan (NI) 113'5". **J:** 1, K. Flanigan (NI) 185'0"; 2, G. Andrews (Q) 181'11"; 3, J. Perrott (NI) 161'3". **H:** 1, J. Lally (NI) 153'5"; 2, J. McMullan (NI) 136'2"; 3, J. McCarthy (NI) 113'5 $\frac{1}{2}$ ". **4 x 110 Relay:** Queen's Univ. 45.8.

**Secondary Schoolboys' Athletic Meeting,** promoted by Victoria Park A.A.C., at Scotstoun Showgrounds. Glasgow, 1/5/54.

**100 (15/17):** V. Reilly, St. Cloysius 10.7; **440 (over 17):** G. R. Beaton, Hutcheson's Grammar 53.9; **880 (15/17):** N. Sutherland, Albert Rd. Acad. 2:11.9; **1 Mile (over 17):** J. Ewing, Victoria Pk., 4:51.0; **Relay (4 x 220 yds.):** 1, Kelvinside Acly. (R. Stead, J. Mitchell, J. Rea, C. M. Busby); 2, St. Mirius Acly.; 3, Allen Glen's 1:42.6; **V.P. Events:** **100:** 1, R. Quinn; 2, G. Robertson; 3, W. Breigan 10.6; **220:** 1, R. Quinn; 2, I. V. Hamilton; 3, W. Breigan 23.6; **3 Miles:** 1, R. C. Calderwood 2, N. Ellis; 3, J. D. Stirling 15:05.3.

**VICKERS - ARMSTRONGS LTD.**

(Weybridge)

**Social and Athletic Club**

(Affiliated to A.A.A., W.A.A.A., N.C.U.)

**ATHLETIC SPORTS MEETING**

**Saturday, 3rd July, 1954**

**Vickers Sports Ground,**

**Chertsey Road : Byfleet**

**OPEN EVENTS INCLUDE**

**MEN** — 100, 220, 880yds, 1 Mile Flat H'eps.; 100yds. Veterans' Hep.; 2M. Walk H'ep.; Tug-of-War. (100 stones—Teams of Eight).

**LADIES**—100yds. Flat H'ep; Relay (Handicap 4 x 110ds.).

**CYCLE**—880yds. and 1 Mile H'eps.; 3 Miles scratch (additional prize for rider with greatest number of winning laps).

**PRIZE VALUES**—Men's and Cycle (ex. Veterans) £7/7/0, £3/3/0, £1/1/0. Ladies and Veterans — £5/5/0, £2/2/0, £1/1/0.

**Entrance Fees**—1/6 first event; 1/- subsequent events. Tug-of-War 8/-. Ladies' Relay 4/-.

**Entries Close** — First Post Monday, 21st June, 1954. Further details and entry forms from Mr. J. Wheeler, Vickers-Armstrongs, Ltd., Weybridge. Telephone: Byfleet 240 Ex. 112.

# 4 MINUTE MILE BEATEN AT LAST

*A.A.A. beat Oxford University 64 pts. to 34 pts.*

**B**ANNISTER'S mile rather overshadowed some other excellent performances when the A.A.A. team defeated the University at Ifley Road, Oxford, by 64 pts. to 34.

Derek Johnson completed a splendid double, his comfortable win in the 440 being only .1 sec. outside the English native record. The performances of Boyd (880) and Sando (2 miles) were also very fine indeed, accomplished as they were on a day when the wind was so strong and gusty.

Hildreth scored a fine double in the hurdles, pressed strongly by Chris Higham in the "highs." Vandyke, the L.A.C. high jumper, did well to beat Jeffries, of Oxford, at 6ft. 3in., while Kretschmar improved still further on some recent performances to set a new ground record of 214ft.

Mark Pharaoh outclassed the opposition in the discus and made a new Empire, British National and English Native record with 163ft. 0 $\frac{1}{2}$ in.

**100:** 1, O. G. Young (AAA) 10.1; 2, A. R. Pinnington (AAA) 10.1; 3, D. A. McL. Clarke (O) 10.2.

**220:** 1, D. J. N. Johnson (O) 22.4; 2, D. J. Milton (AAA) 22.6; 3, T. L. Higgins (AAA) 23.2.

**440:** 1, D. J. N. Johnson (O) 48.0 (ground record); 2, T. Higgins (AAA) 49.6; 3, F. P. Higgins (AAA) 50.3.

**880:** 1, I. H. Boyd (O) 1:54.7; 2, D. C. Seaman (AAA) 1:57.2; 3, Lloyd (O) 1:58.7.

**Mile:** 1, R. G. Bannister (AAA) 3:59.4 (World record); 2, C. J. Chataway (AAA) 4:07.2; 3, W. T. Hulatt (AAA) 4:16.0.

**2 Miles:** 1, F. D. Sando (AAA) 9:01.4; 2, C. W. Suddaby (O) 9:13.2; 3, D. Parmenter (AAA) 9:15.8.

**120Hdls.:** 1, P. B. Hildreth (AAA) 14.7; 2, C. E. Higham (O) 14.8; 3, R. D. Shaw (O) 15.2.

**220Hdls.:** 1, P. B. Hildreth (AAA) 25.1; 2, C. E. Higham (O) 25.9; 3, D. O'Sullivan (O) 26.2.

**440Hdls.:** 1, H. Kane (AAA) 56.5; 2, D. M. Woodford (AAA) 58.3; 3, M. J. Wallwork (O) 58.3.

**Long Jump:** 1, G. D. Goodrich (AAA) 22'8"; 2, P. A. Whaley (AAA) 22'2"; 3, A. T. Simmonds (O) 20'9".

**High Jump:** 1, C. Vandyke (AAA) 6'3"; 2, G. H. Jeffries (O) 6'2; 3, T. J. Reynolds (AAA) 5'10".

**Pole Vault:** 1, G. M. Schmidt (AAA) 11'6"; 2, R. Petitjean (AAA) 11'6"; 3, M. C. Jenkins (O) 10'6".

**Weight:** 1, M. Pharaoh (AAA) 46'6"; 2, D. F. Vanhegan (AAA) 42'4 $\frac{1}{2}$ "; 3, W. B. L. Palmer (O) 40'5".

**Discus:** 1, M. Pharaoh (AAA) 163'0 $\frac{1}{2}$ " (Empire, Brit. National and Eng. Nat. rec.);



End of Lap 1



End of Lap 2

2, J. W. Abbott (AAA) 130'4"; 3, R. D. Shaw (O) 120'1".

**Javelin:** 1, W. W. Kretzchmar (O) 214'0"

(Ground record); 2, C. G. Smith (AAA) 190'6"; 3, D. J. Cosh (AAA) 187'2".

**Relay:** 1, Oxford 43.7; 2, A.A.A. 43.7.

## *I was there*

SO the Everest of athletics has been sealed, the sound barrier of running has been penetrated. Roger Gilbert Bannister, twenty-five year old medical student, may never find the panacea for all ills the human flesh is heir to, but he has found the philosopher's stone of sport.

The long sustained attack on the four-minute mile has ended; not in Australia, where John Landy has probably failed for lack of opposition; not in Finland, home of Paavo Nurmi; not in Sweden, where Lennart Strand, Gundar Haegg and Arne Andersson so nearly succeeded; nor in the U.S.A., where Mal Whitfield has threatened and Wes Santee almost won through, but in England, cradle of modern athletics.

In 1947, Bannister, a possible for the 1948 Olympic Games, begged to be excused by reason of his age and athletic immaturity—a wise and level-headed decision for one so young. At Helsinki he carried the hopes of a nation and was defeated; but in his mind he carried a dream, a dream which he dissected and analysed after the manner of research, which is his absorbing interest.

## *By George Pallett*

The annual meeting between teams representing the Amateur Athletic Association and Oxford University Athletic Club, which began at five o'clock in the afternoon of Thursday, May 6th, 1954, on the historic ground at Iffley Road, Oxford, was not remarkable in its beginnings. It was cold, and the wind blew hard—England was in fact being buffeted by gales. Rags of stormcloud hastened across a grey sky with only occasional glimpses of blue, and the usual well-ordered crowd applauded with staid handclaps the shot-putting and pole vaulting with which the meeting began.

Event succeeded event until six o'clock, when the runners marshalled before the starter for the one mile race. It was noticeable that for fully a quarter of an hour the wind had fallen to almost nothing. In the distance a flag topping a square tower hung desultorily flapping, when only a short time before it had striven frantically to tear itself from its moorings.

For the University, G. F. Dole and T. N. Miller, of University College, and A. D.



End of Lap 3



The Finish

Gordon of Magdalen; for the A.A.A., R. G. Bannister, C. J. Chataway and C. W. Brasher all of Achilles Club, all internationals, and W. T. Hulett of Alfreton, Northern Counties Champion.

Bannister, medical research student; Chataway, brewer; Brasher, from a petroleum firm, Past presidents all; Bannister and Chataway of Oxford University A.C., Brasher of Cambridge University A.C. The starter — Ray Barkway of Achilles Club, international hurdler in a new role. A false start, another line-up, and this time the runners were away, Brasher tearing into the lead at once with the field at his heels.

Almost at once the keen observer saw something unusual and purposeful about these three. Remembrances came of fast time trials at Paddington Track by Bannister, of a recent three minute three-quarter mile in a training spin by Bannister and Chataway, of fast quarter mile pace running by Brasher at Tooting Bec Track — murderous successions of quarter-miles religiously anchored to the second hand of a watch.

As the race unfolded, planning became clear. These three had discussed the possibility of a four-minute mile in concert—the race had been planned in detail. Bannister and Chataway settled in behind Brasher with undisturbed rhythm. The speed was so obvious that even the serenity of the Iffley Road spectators was ruffled, as a breeze lightly disturbs the surface of a woodland pond.

As the runners approached the end of the first lap, Brasher still driving determinedly,

a loudspeaker began to count the seconds—"fifty-four, fifty-five, fifty six, fifty-seven"; Brasher was gone and the ruffle became an excited tremor. Round the second lap the close procession of the three leaders continued. Chataway blowing hard two or three times as if to clear his straining lungs for more air. The race took on the appearance of relentless purpose. Brasher approached the end of the second lap, and the apparent grim serenity of the runners contrasted with the sudden tumultuous heaving among the mass of spectators. The loud speaker began again—"fifty-six, fifty-seven, fifty-eight" and Brasher was gone again, Bannister and Chataway, the one smooth and flowing, the other sharp and staccato, close on his heels, moving with confident power.

The crowd of officials around the finish moved closer. The excited murmur of the crowd rose. Brasher pressed on round the first bend but halfway down the back straight, on this third and vital lap, was seen to falter suddenly, his limbs refusing to respond further to the insistent will.

Purposefully Chataway swept past the failing Brasher, while Bannister momentarily paused to follow, then he strode into Chataway's wake, while the gallant Brasher struggled painfully on, determined as ever. Chataway's fast moving feet beat a steady, unflinching rhythm, and on his shoulder still moved Bannister, longer striding but with strong unflinching cadence.

The dignity of Iffley Road was beginning to break; the murmur had become a roar, and as Chataway neared the post again the loud speaker began its steady count—"fifty-

## KODAK SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

**Whit. Saturday, June 5th**

### OPEN EVENTS

#### Men's Handicaps:—

100, 300, 880 yds., 2 Miles, 120 yds. Hurdles,

High Jump, Mile Junior.

Tug-of-War (6 men; 75 stone).

Cycling Events.

**10 MILES ROAD RACE.**

**Invitation Events:—** 1000 yds., Mile Walk, Shot,

Discus, Javelin, Pole Vault.

#### Ladies' Handicaps:—

100, 220 yds., Relay (4×110 yds.)

**Junior Girls: 100 yds. & Relay (4×110 yds.)**

**Entries close May 22nd, to R. Stevens, Kodak Works, Harrow, Middlesex.**

## WATFORD SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

**Whit. Monday, June 7th**

### OPEN EVENTS

#### Men's Handicaps:—

100, 300, 880 yds., 3 Miles, 2 Miles Walk,

Mile Junior, Tug-of-War (6 men, 75 stone).

Cycling Events.

#### Ladies' Handicaps:—

100, 220, 880 yds., 80m. Hurdles, Relay

(4×110 yds.), Field Events (all handicaps)—

High Jump, Long Jump, Shot, Discus, Jave-

lin. **Junior Girls (Handicaps): 100 yds, 75**

**yds. Hurdles, Relay (4×110 yds.)**

**Entries close May 24th, to R. B. Stevens, 85 Princes Avenue, Watford, Hertfordshire.**

Leaders at 5 miles in the Surrey 20 Miles Road Championship. L. to R.: No. 56 T. Richards (S.L.H.), the runner-up, No. 34 E. Kerridge (Herne Hill), No. 2 R. Bott (Mitcham) and No. 22 P. Goodsell (Walton), the winner.

*E. D. Lacey*



eight, fifty-nine, sixty—"; the two runners had gone before the voice could continue.

Now scarcely a watcher was seated. The shattering pace went on and on, round the first bend of the final lap, but just before the pole marking the beginning of the last furlong even the grim-faced Chataway began to slacken. An avalanche of humanity began to pour from the stands as Bannister was seen to draw out and begin the last, long pull to the tape; a slight lengthening of stride, his arms driving harder to maintain the almost majestic cadence of his action — his fluent power gave no hint of fatigue. Chataway for the first time seemed to show interest, his eyes following the disappearing Bannister with eager hope until he vanished into the milling crowd around the finish. Not a soul doubted that four minutes had been beaten—the thought in all minds was only by how much? Not three yards beyond the tape with a suddenness which belied the strength of the finishing stride a split second before, Bannister's legs crumbled under him, his head fell forward, and his arms sagged like a puppet's as two willing officials took his weight.

On the grass in the centre outside the heaving mass, Brasher and Chataway jogged with happy faces, filling their bursting lungs, awaiting the inevitable announcement. Within two minutes Bannister came to life, and the announcer's voice, amplified above the spontaneous cheering which had broken

out, came clearly "Three minutes fifty-nine point four seconds"—the rest, for the moment, conveyed nothing.

Suddenly, Bannister was jogging away on the grass, flanked by his two team mates, their arms round his waist, while the two proud mothers of the two former Oxford men gazed happily on, unnoticed in the milling hundreds of people still gathered on the sacred cinders. Chataway's great self-sacrifice brought him a personal best time of 4 min. 7.2sec. Brasher clearly felt himself fully rewarded.

#### THE PROGRESS OF THE ASSAULT

- 4min. 9.2secs. Jules Ladoumeque, France, 1931
- 4min. 7.6secs. Jack Lovelock, New Zealand, 1933.
- 4min. 6.8secs. Glen Cunningham, U.S.A., 16.6.34.
- 4min. 6.4secs. Sydney Wooderson, Great Britain, 28.8.37.

### GUILDFORD Charlotteville Cycling Club Annual Sports

(Under A.A.A. & W.A.A.A. Laws)

**Whit-Monday, June 7th, 1954**

MEN—100 yds., 220 yds., 880 yds., 1 Mile

Heps., Medley Relay.

WOMEN—100 yds., 220 yds., 660 yds.

Relay H'eps.

Southern Counties W.A.A.A. 4 x 110 yds.

Championship Relay.

Hon. Sec.: H. K. EVANS, 188 High Rd.,  
Byfleet, Surrey.

#### I WAS THERE (contd.)

4min. 6.2secs.	Gundar Haegg, Sweden,
1.7.42.	
4min. 6.2secs.	Arne Andersson, Sweden,
10.7.42.	
4min. 2.6secs.	Arne Andersson, Sweden,
1.7.43.	
4min. 1.6secs.	Arne Andersson, Sweden,
18.7.44.	
4min. 1.4secs.	Gundar Haegg, Sweden,
17.7.45.	
3min. 59.4secs.	Roger Bannister, Great
Britain, 6.5.54.	

## THE MAN WHO DID IT

**R**OGER GILBERT BANNISTER is in his 25th year, almost 6ft. 2in. in height and weighs 11st. He was educated at Bath and U.C.S. Hampstead before going up to Oxford, where he entered Exeter College.

Before going to Oxford he was more interested in rowing than running, and one of his first mile races on the Iffley Road track in 1947 took him more than 5 minutes. He started with the 880 yards and cross-country running, later turning to the 880 and mile as his favourite events. His first success in the A.A.A. mile was in 1951, when he took his best time down to 4:07.8. Last year he reduced this to 4:02.0 and since then has been waiting his opportunity to have a further crack at beating the magical 4 minutes.

Bannister has come in for considerable criticism at times. By the time he was only 17 he was hailed as "another Wooderson," and his views on training and other matters were asked for and publicised. In many cases these were very decided views and differed widely from those with far more experience.

As one of the "Oxford Group," he has never believed in letting athletics interfere with the other aspects and activities of daily life. But in common with others who at one time believed that so much could be achieved with so little effort, his ideas have undergone a radical change with experience. In 1951 he trained for  $\frac{1}{4}$  hour three times a week. In the last six months he has trained  $1\frac{1}{2}$  hours five times a week.

He always disdained the use of a coach, yet in the same six months he has been advised by Franz Stampff, the Austrian

Since Gundar Haegg's world record of 17th July, 1945, many athletes have registered performances around the 4min. 2sec. mark. These have included Arne Andersson, of Sweden, Gaston Reiff, of Belgium, John Landy of Australia, Wes Santee, of the U.S.A. and Roger Bannister himself.

#### Bannister's Lap Times

440 yards—57.5 sec.; 57.5 sec.
880 yards—1min. 58.2 sec.; 60.7 sec.
$\frac{1}{4}$ mile—3min. 0.5 sec.; 62.3 sec.
Mile—3min. 59.4 sec.; 58.9 sec.

coach whom he has referred to as "his trainer."

He is seldom seen with any but his own circle of University friends, and because of this apparent aloofness or shyness and the fact that he has never taken part in the regular round of athletics, but preferred a few selected races, he has never been considered by most of the athletes to be "one of them" and may never enjoy quite the same popularity as little Sydney Wooderson and other giants of the past, though he has outstripped them all.

As his career must come before his sport, Roger may be retiring at the end of this season. This would be a very great loss to British athletics, both in the 1956 Olympic Games and in other international competition.

When he does retire he will be remembered more for his singleness of purpose and his long, ground-devouring stride over the last 300 yards than for the epic races by which most world record holders and champions are recalled.

Possessed of a wonderful physique for a middle distance runner, it is doubtful whether he has reached anything like the best of which he is capable. With still more hard training, favourable conditions and the right pacemaking, it is more than likely that Bannister could reduce his time by several seconds.

It can be said without fear of denial that Roger Gilbert Bannister in this one race has done more than any other athlete for many years to boost British prestige on the track, not forgetting "Mac" Bailey and Gordon Pirie.

# RESULTS

April 24th

Univ. Coll., London beat Guernsey Island A.A.C. 77 pts. to 44. **100:** R. Baker (UC) 10.0 (eq. all-comers' record, but wind assisted); 2, J. R. Brehaut (G); **220:** 1, R. C. Priest (G) 23.9; 2, P. Whittaker (UC); **440:** R. Baker (UC) 51.0 (all-comers' rec.); 2, R. C. Priest (G); **880:** 1, K. Hollinrake (UC) 2:04.0; 2, D. Richards (UC); **Mile:** 1, D. Richards (UC) 4:35.1; 2, A. Millwood (UC); **3M:** 1, M. Craton (UC) 15:35.2; 2, J. Spence (UC); **120H:** 1, G. Alexander (UC) 16.9; 2, V. G. Collenette (G); **LJ:** 1, V. G. Collenette (G) 21'2½"; 2, E. Blumenfeld (UC); **HJ:** 1, V. G. Collenette (G) 5'10"; 2, M. Johnson (UC); **HSJ:** 1, P. Trinkle (UC) 43'8"; 2, V. G. Collenette (G). **Wt:** 1, J. Jones (UC) 40'9¼"; 2, M. Johnson (UC); **D:** 1, B. Tristram (G) 99'6½" (Club rec.); 2, J. Jeffcock (UC); **J:** 1, A. E. Sandrey (G) 155'10"; 2, T. Loh (UC). **Medley Relay:** 1, U.C. London 2:33.2 (rec.).

Cambridge H. Club Meeting, Novices. **100:** L. Pickering 11.3; **Mile:** B. Seamons 4:54.8; **Youths:** **100:** M. Cinganelli 11.5. Club trials: **LJ:** R. Springate 20'5¼"; **HJ:** R.

Springate 5'0"; **Wt:** G. Budd 41'7¾"; **D:** G. Budd 123'8½"; **J:** G. Budd 108'0". **Junior:** **LJ:** D. Hadler 19'9¼" **HJ:** B. Rolls 5'5".

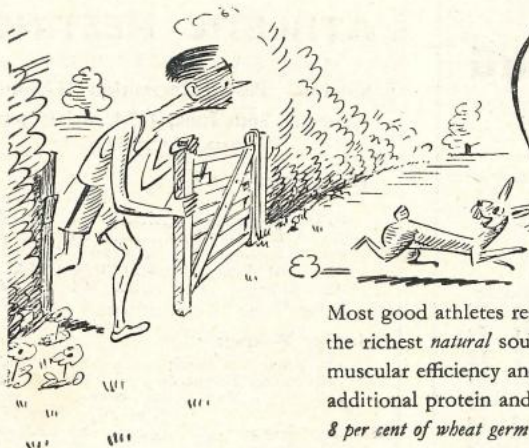
April 28th

"Vierlauf" organised by the Britalumin S.C. Ladywell Park. 1, Essex Beagles (E. Douglas, T. Learmouth, D. R. T. Macmillan A. Murray-Carter) 12m.1,558 yds.; 2, Shaw's "A" Team (J. W. Brown, L. Fletcher, A. Bishop, L. Bishop 12m.1,336yds.; 3, Shaw's "B" Team (W. Aylett, R. Tooby, A. Ross, J. Lyne) 12m.1,313yds.; 4, Cambridge H. 12m.770yds.; 5, Lloyds Bank 12m.590yds.; 6, N.C.R. 12m.575yds. 13 teams finished. Running time 50 mins.

May 1st

## LONDON UNIVERSITY BEAT PARIS UNIVERSITY 77pts. to 52

Considering the conditions, which were not ideal, performances were excellent for the London-Paris University clash. Outstanding were the 4:13.8 mile by Evans, Papa Gallo's 6ft. 4in. high jump and a 50ft. 2in. shot put by Thomas (Paris).



Most good athletes realise the importance of Bemax. It is the richest *natural* source of the B vitamins—essential for muscular efficiency and nervous control. It also provides additional protein and minerals the active body needs, and 8 per cent of wheat germ oil—of special value during training.

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VITAMINS LIMITED (DEPT. B.A. 65), UPPER MALL LONDON, W.6.

100: 1, A. T. Groch (P); 2, N. Down (L); 3, J. T. Groves (L) 10.1.  
 220: 1, P. J. Phillips (L); 2, M. C. Wotton (L); 3, J. P. Goudeau (P) 22.4.  
 440: 1, R. L. Baker (L); 2, M. H. Jones (L); 3, Y. Camus (P) 49.7.  
 880: 1, J. O. Martin-du-Gard (P); 2, L. C. F. Blackman (L); 3, J. C. Riviere (P) 1:58.3.  
 Mile: 1, J. S. Evans (L); 2, J. B. Herring (L); 3, N. P. Kersale (P) 4:13.8.  
 2M: 1, T. Bailey (L); 2, T. E. Keegan (L); 3, H. L. Carron (P) 9:27.6.  
 120H: 1, A. I. D. Francis (L); 2, C. R. Bernard (P); 3, A. X. Rebe (P) 15.1.  
 440H: 1, A. I. D. Francis (L); 2, I. H. Walker (L); 3, B. P. Mondelet (P) 55.4.  
 LJ: 1, R. T. Hawley (L) 21'7 $\frac{1}{2}$ "; 2, E. Blumenfeld (L) 21'5"; 3 V. O. Grosdemange (P) 20'9".  
 HJ: 1, Thiam Papa Gallo (P) 6'4"; 2, C. Bernard (P) 6'2"; 3, P. G. Stableforth (L) 6'0".  
 PV: 1, G. R. Breitman (P) 12'6"; 2, R. B. Hayden (L) 11'6"; 3, I. N. Deloir (P) 11'0".  
 Wt: 1, M. P. Thomas (P) 50'2"; 2, G. F. Budd (L) 44'2 $\frac{1}{2}$ "; 3, R. N. Lassau (P) 42'6".  
 D: 1, J. L. Daro (P) 148'0"; 2, M. P. Thomas (P) 135'9"; 3, G. F. Budd (L) 119'10".

J: 1, R. A. C. Davies (L) 197'9"; 2, A. L. Delavier (P) 189'2"; 3, J. C. Roberts (L) 187'6".

Mile Relay: 1, London (Blackman, Phillips, Baker, Wotton) 3:34.6; 2, Paris (Mondelet, Martin-du-Gard, Grosdemange, Camus) 3:37.7.

#### May 1st

RAF Yatesbury 52 pts. beat Bristol Univ. 49, Westbury H. 37, and St. Luke's Coll., Exeter 30. 100: 1, Cousens (W) 10.4; 2, Gittens (BU) 10.6; 220: 1, Cousens (W) 23.7; 2, Morgan (BU); 440: Manning (Y) 53.7; 2, Condi (W); 880: Rickhuss (Y) 1:59.6; 2, Gurney (Y) 2:00.1; Mile: Abrahams (Y) 4:32.6; 2, McDonald (BU); 3M: 1, Hawkins (W) 14:51.8; 2, Pike (BU) 15.15; 120H(1): Harvey (BU) 18.1; 120H(2): Holden (Y) 19.9; LJ: Berry (St. L) 21'2"; 2, Chorlton (BU); HJ: Maby (BU) 5'6"; 2, Johnston (Y) 5'5"; HSJ: 1, Powell (BU) 43'7"; 2, Greenhorn (St.L) 42'7"; PV: 1, Berry (St. L) 8'3"; 2, Crease (Y) 8'1"; Wt: Bessel (W) 38'11"; 2, Carter (Y) 36'7"; D: Bessel (W) 126'3"; 2, Carter (Y) 114'3"; J: 1, Rothwell (St.L) 146'0"; 2, Horne (St. L) 142'0"; Medley Relay: 1, Yatesbury 3:48.6; 2, Bristol Univ.

Thames Valley H. 124 pts. beat Shaftesbury H. 79 and Blackheath 71. 100: 1, R. Henry (S); 2, R. Rannow (TVH) 10.3. 220:

### SURREY FIRE BRIGADE A.A.

Third Annual

## ATHLETIC MEETING

(Under A.A.A. Laws)

Carshalton Sports Arena

Wrythe Lane, Carshalton

The Best and Most Up-to-date Track in the South

WHIT MONDAY, June 7th  
at 2 p.m.

#### MEN'S OPEN EVENTS

	Prizes Valued		
100 yards Flat H'cp .....	£7	£3	£2
220 yards " .....	£7	£3	£2
880 yards " .....	£7	£3	£2
One Mile " .....	£7	£3	£2
Three Miles " .....	£7	£3	£2
Two Mls. Wlk " .....	£7	£3	£2

Entry fees: 1/6 first event; 1/- each additional event.

Entry forms may be obtained from and should be returned to Divisional Officer, Fire Station, Castlefield Road, Reigate.

Closing Date, May 18th

### Woolwich Borough Council

## ATHLETIC MEETING

(Under A.A.A. & W.A.A.A. Laws)

Sutcliffe Park Recreation Ground

Saturday, 26th June, 1954, at 2.30 p.m.

#### OPEN EVENTS

#### Junior Men—

	Prizes Valued		
100 Yds. Handicap .....	£4	£2	£1
220 Yds. Handicap .....	£4	£2	£1
880 Yds. Relay H'cp. 4 at 30/-, 4 at 15/-			
Mile Med. Relay H'p 4 at 30/-, 4 at 15/-			
High Jump .....	£4	£2	£1
Long Jump .....	£4	£2	£1

#### Junior Women—

100 Yards Handicap .....	£4	£2	£1
220 Yards Handicap ...	£4	£2	£1
660 Yards Med. Relay H'cp.			
4 at 30/-, 4 at 15/-			
High Jump .....	£4	£2	£1
Long Jump .....	£4	£2	£1

ENTRANCE FEES: 1/6 first event, 1/- additional; Relay 5/-.

ENTRIES CLOSE first post, 12th June, 1954.

ENTRY FORMS from the Secretary, Sports Committee, Woolwich Borough Council, Town Hall, Woolwich, S.E.18.

1, R. Rannow (TVH); 2, R. Green (TVH) 22.6. **440:** 1, J. Whiteaker (TVH); 2, W. Hagger (TVH) 51.9. **880:** 1, W. Aylett (B); 2, C. Cameron (TVH) 1:56.1. **Mile:** 1, E. Ellis (TVH); 2, L. Fletcher (B) 4:20.4. **2 Mile team:** 1, T.V.H. 12 points; 2, Blackheath 17; 3, Shaftesbury 20; Ind. A. E. Ingles (TVH) 9:24.6. **120H:** 1, E. Sawkins (B); 2, M. Smith (TVH) 16.8. **LJ:** 1, D. Brown (TVH) 21'7"; 2, A. Orton (S) 20'8½". **HJ:** 1, A. Orton (S) 5'10"; 2, D. Brown (TVH) 5'4". **HSJ:** 1, K. Selby (S) 42'6½"; 2, D. Brown (TVH) 41'11". **Wt:** 1, A. Cook (TVH) 42'8"; 2, C. Smith (TVH) 42'1". **D:** 1, C. Purves (B) 124'9"; 2, D. Van Hegan (S) 122'3". **J:** 1, C. Smith (TVH) 180'10"; 2, M. Lanning (TVH) 160'6". **Relay:** 1, T.V.H. 44.3; 2, Shaftesbury.

In a Junior and Youths' match T.V.H. 247 pts. beat Shaftesbury H. 133 and Blackheath H. 96. **100:** D. Segal (TVH) 10.7. **220:** D. Segal (TVH) 23.2. **440:** H. Lewis (S) 52.7. **880:** R. Dunkley (S) 2:01.7. **Mile:** B. Stone (B) 4:35.8. **120H(1):** K. Burchell (B) 18.5. **120H(2):** B. Coe (S) 20.3. **LJ:** B. Chick (TVH) 19'11". **HJ:** P. Reynolds (B) 5'3". **HSJ:** R. Chase (S) 38'10½". **Wt:** C. Smith (TVH) 49'0". **D:** B. Chick (TVH) 122'2". **Relay:** Shaftesbury 46.9.

#### Youths:

**440:** B. Ottridge (TVH) 54.9. **880:** D. Haith (TVH) 2:03.6. **Relay:** 1, Shaftesbury 48.2.

**Dorking St. Paul's A.C.** 40½ pts. beat **Epsom and Ewell H.** 32 and **Woking A.C.** 23½. **100:** Langridge (E) 10.6. **220(1):** Dayborn (W) 23.5. **220(2):** Pink (W) 24.2. **440:** Maxted (D) 55.3. **880:** Coleman (E) 2:05.4. **LJ:** Stoner (D) 17'11". **Wt:** Cox (D) 42'10". **D:** Cox (D) 104'5". **J:** Jones (D) 150'10". **Medley Relay:** Epsom and E. 2:57.9.

In a Junior match, **Dorking St. Paul's A.C.** 39 pts. beat **Woking A.C.** 31 and **Epsom and E.H.** 26. **100:** Manning (D) 11.4. **220(1):** Quarendon (W) 23.9. **220(2):** Wells (D) 24.9. **440:** Gardner (D) 55.6. **Mile:** Nash (W) 4:40.0. **HJ:** Lamb (W) 4'11½". **Wt:** Gilmore (W) 37'0". **D:** Gilmore (W) 100'2". **J:** Quarendon (W) 153'2". **Relay:** Dorking 1:20.02.

**Kent A.C. Trials.** 60: N. Lindsey 6.2; **150(1):** N. Lindsey 15.1; **150(2):** A. B. Watts (Brit. Aluminium) 15.8; **880:** D. Wells 2:04.7; **Mile:** J. Cooke 4:40.2; **LJ:** J. E. C. Whall 21'1"; **Wt:** J. E. C. Whall 41'3¾"; **D:** J. Sampson 132'3". **Junior:** **Wt:** A. Kemp 40'8".

**South London H. Club and Open Trials—**  
**100(1):** P. B. Hildreth (Poly) 10.7. **100(2):**

G. D. Goodrich (SLH) 10.9. **220:** 1, B. A. Cox 124.6; 2, V. C. Matthews (LAC) 24.7. **440:** A. W. Scott (Achilles) 50.4. **880:** 1, P. B. Driver 1:57.7; 2, D. J. Clark 1:58.6; 3, B. T. Barrett (Surrey) 1:59.2. **Mile:** 1, J. D. Prince 4:27.8; 2, D. W. F. Collins 4:27.8; 3, C. Wilson 4:31.0. **Mile S'chase:** 1, E. Shirley (Finchley) 4:51.0; 2, W. N. Coyne (Poly) 4:57.6; 3, P. B. Driver 5:05.0. **120H:** 1, P. B. Hildreth (Poly) 14.9; 2, F. J. Parker (SLH) 15.0; 3, V. C. Matthews (LAC) 15.8. **440H:** 1, H. Kane (LAC) 56.0; 2, F. J. Parker (SLH) 56.9. **LJ:** G. D. Goodrich 21'2½". **HJ:** 1, J. P. Patten 5'8"; 2, R. Cousins 5'6". **PV:** G. D. Howland (Shaftesbury) 112'3" (personal best). **Wt:** W. J. Kingsbury 39'11". **D:** G. D. Goodrich 111'4". **J:** M. Ruda 182'10".

#### Junior:

**220:** 1, J. R. Davison 24.4; 2, J. E. Lothian 24.6. **880:** 1, F. D. Gilson and L. D. Reed 2:05.5; 3, P. C. T. Hannan 2:06.6. **Mile:** 1, L. D. Reed 4:47.6; 2, P. C. T. Hannan 4:48.0; 3, D. J. Symonds 4:50.0.

#### Youths:

**880:** 1, S. R. Langridge 2:07.8; 2, A. Neville 2:12.5. **Mile:** 1, S. R. Langridge 4:58.0; 2, P. M. Collins 5:10.2.

**N. London H. 3M. Club Champ.** 1. E. V. Towler 14:58.8 (record); 2, W. Mann 15:04.0; 3, D. Hearn 15:05.0; 4, J. Langwith 15:06.5.

#### May 1st

**Mitcham A.C.** 51 pts. beat **Essex Beagles** 45, **Chelmsford A.C.** 33, **Victoria Pk.H.** 32 and **Finchley H.** 27, for "Lady Trefgrane" Trophy. 4 x **110:** Essex Beagles 45.3; 4 x **220:** Mitcham 1:34.1; 4 x **440:** Essex Beagles 3:33.2; 4 x **880:** Mitcham 8:07.0; 4 x **Mile:** Essex Beagles 18:35.0; **2M. Team:** Essex Beagles Ind. G. Knight (EB) 9:40.8; **LJ:** Mitcham 39'3" (Agg. of two); **HJ:** Finchley 10'11"; **Wt:** Mitcham 78'1"; **D:** Mitcham 233'6".

In a Junior and Youths' match, **Vict. Pk.** 27 pts. beat **Essex B.** 26, **Mitcham** 12, **Chelmsford** 7 and **Finchley** 6. **100(1):** J. Spooner (EB) 10.2; **100(2):** D. Reeves (VPH) 11.2; **220(1):** J. Spooner (EB) 22.3; **220(2):** M. Soames (EB) 23.7; 4 x **220:** Mitcham 1:42.4. **Youths:** **100(1):** B. Chandler (VPH) 10.8; **100(2):** A. Fishman (VPH) 11.1; **220(1):** B. Chandler 24.0; **220(2):** R. Nolan (EB) 24.5.

**Walton A.C.** beat **R.A.F., Halton**, 99 pts. to 24. **100:** J. Hebden (W) 10.3; **220:** K. Wilmshurst (W) 23.5; **440:** R. Smith 52.2; **880:** G. W. Nankeville (W) 1:57.3; **Mile:** A. Llewellyn (W) 4:26.2; **LJ:** K. Wilmshurst (W) 22'10"; **HJ:** R. Deacon (W) 5'6"; **HSJ:** K. Wilmshurst (W) 44'5"; **Wt:** M. Pharaoh (W) 44'6"; **D:** M. Pharaoh (W) 149'3"; **J:** H. Fryer (W) 177'10".

LEYTON FLOODLIT MEETING—contd.

**100:** 1, J. A. Spooner (Fairbairn and M.); 2, B. Shenton (Poly.); 3, O. G. Young (Portsmouth) 10.0.

**440:** 1, D. J. N. Johnson (Woodford Gn.); 2, A. Dick (Achilles); 3, L. A. Smith (C. of Rochester) 49.7.

**880:** 1, A. W. Scott (Achilles) 1:56.0; 2, B. S. Hewson (Mitcham) 1:56.1; 3, G. W. Nankeville (Walton) 1:56.4.

**2M. Team:** 1, G. Knight (Essex Beagles) 9:24.0; 2, E. Baverstock (Essex Beagles); 3, A. F. Perkins (Ilford). **Teams:** 1, Essex Beagles 7 pts.; 2, Herne Hill 25; 3, Poly. 32.

**3,000m. S'chase:** 1, E. G. Ellis (TVH) 9:21.2; 2, P. B. Driver (SLH) 9:48.4; 3, D. West (VPH) 10:00.0.

**440H:** 1, H. Kane LAC); 2, I. Walker (Cambridge H.); 3, N. Dangerfield (St. Albans City) 57.3.

**HJ:** 1, A. P. Orton (Shaftesbury) 5'10"; 2, C. Van Dyck (LAC) 5'8"; 3, R. C. Pavitt (Poly.) and S. J. Freeman (Surrey) 5'8".

**HSJ:** 1, P. B. Engo (LAC and Nigeria) 44'0½"; 2, J. E. Whall (Kent) 42'6"; 3, M. F. Eggleton (Portsmouth) 42'5½".

**PV:** 1, G. M. Elliott (Woodford Gn.) 12'6"; 2, N. G. Gregor (Kent Constab.) 12'0"; 3, G. E. Broad (Herne Hill) 11'6".

City of Cambridge

**WHIT-MONDAY GALA**

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

**On Cambridge City F.C. Ground**

**Open Events**

**MEN**—100, 220, 880yds., mile, 3 miles, 2 miles walk handicaps.

**WOMEN**—100, 220yds., 4 x 110 relay handicaps.

Also Schools' Relays and Cycling Events.

**ENTRIES**—(1/6 first, 1/- additional, relay 4/-) close 24th May, to G. E. SMITH, 203 Gilbert Road, Cambridge.

**Fordham Horticultural Society**

**ATHLETIC MEETING**

(Under A.A.A., W.A.A.A. Laws and N.C.U. Rules)

**Saturday, July 24th, 1954**

**OPEN EVENTS**

**MEN'S FLAT H'CPs.**—100yds., 220yds., 880yds., Mile, 3 Miles, 2 Miles walk.

**WOMEN'S FLAT H'CPs.**—100yds., 150yds., 4 x 110 Relay.

**Prizes value £150**

**Entry Fees**—1/6 first, 1/- others, 4/- relay.

**Entries Close** 1st post, Friday, July 16th.

**Enquiries and forms**—K. W. Bailey, Sports Secretary, "The Bungalow," Church St., Fordham, Nr. Ely, Cambs.

**Wt:** 1, J. A. Savidge (R.N. South) 55'0" (beats Eng. Native record, subject to ratification); 2, A. E. Cook (TVH) 43'9"; 3, G. M. Elliott (Woodford Gn.) 43'5".

**Mile Medley Relay "B":** 1, Essex Beagles 2, Ilford A.C.; 3, Victoria Pk. H. 3:27.4.

**Mile Medley Relay "A":** 1, Belgrave H.; 2, Southgate H.; 3, London A.C. 3:26.8.

**Junior:**

**Mile (1):** 1, R. Dunkley (Shaftesbury); 2, J. B. Herring (Blackheath); 3, D. J. Chapman (Woodford Gn.) 4:27.4.

**Mile (2):** 1, M. Reeve (Southend); 2, B. G. Stone (Blackheath); 3, R. D. Simmons (Sutton and C.) 4:29.0.

**Youths:**

**220:** 1, B. J. Rider (Woodford Gn.); 2, J. E. P. Morgan (TVH); 3, A. C. Playle (Ilford) 23.4.

**WOMEN**

**100m:** 1, S. Cheeseman (Spartan); 2, J. Desforges (Essex LAC); 3, J. Scrivens (Selsonia) 12.0.

**880:** 1, N. Smalley (Portsmouth Atalanta) 2:20.6; 2, H. Vincent (LOAC) 2:21.5; 3, C. Slemmon (Selsonia) 2:23.6.

**80mH:** 1, P. Seaborne (Essex LAC); 2, P. French (Spartan); 3, C. O'Gorman (Mitcham) 11.5.

**HJ:** 1, D. Tyler (Mitcham) 5'3"; 2, S. Lerwill (Spartan) 5'2"; 3, 4'10".

**Wt:** 1, S. Farmer (Brighton) 39'0½"; 2, G. Buddle (Mitcham) 35'9½"; 3, J. Cook (LOAC) 35'8".

**4 x 110 Relay:** 1, Selsonia LAC; 2, Essex LAC; 3, Cambridge H. 49.8.

**OVERSEAS NEWS (contd.)**

**Sella** (Chile) 9:16.0; 3, **Nova** (Chile) 9:26.6.

**Discus:** 1, **Julye** (Peru) 155'7¾"; 2, **Haddad** (Chile) 152'7½"; 3, **Dambros** (Brazil) 147'11¼".

**4 x 100m:** 1, **Brazil** (Kadlec, Cubral, Ferreira, Conceicao) 40.8 (S. American record); 2, **Peru** 41.8; 3, **Venezuela** 42.2.

**4 x 400m:** 1, **Brazil** 3:15.6; 2, **Chile** 3:16.9; 3, **Venezuela** 3:21.0.

**4 x 1500m:** 1, **Brazil** 16:35.0.

**Decathlon:** 1, **F. Assis Moura** (Brazil) 6047 pts.; 2, **B. Iriarte** (Venezuela) 6002; 3, **Ribeiro** (Brazil) 5767.

**NOTE**—The Argentine did not compete in the Championships.

**SOUTH AFRICAN MARATHON**

**CHAMPIONSHIP**

1, **J. Mekler** 2:35.25.1; 2, **W. Hayward** 2:40.00.1; 3, **J. Barnard** 2:48.18; 4, **N. Slabbert** 2:49.15; 5, **M. Davies** 2:54.58; 6, **G. Walsh** 3:02.33.

# Race Walking

By A. D. McSweeney

## BELGRAVE NATIONAL CHAMPIONS

**B**ELGRAVE won a really great race at Birmingham on Saturday and fully deserved their success. With seven men home in the first 27 their victory was as convincing as it was unexpected, and the second placing of the Metropolitan Walking Club, who came up from fifth at halfway, was equally meritorious.

Sheffield's expectations were soon dampened when R. Hardy, the Northern 20 Miles Champion, and later T. Bingley, failed to pass the Judges scrutiny, but with L. Allen soon in the lead and A. Johnson second, their hopes of pulling it out of the fire remained. At five miles, D. Thompson (Met.) and A. Macfarlane (Poly.) followed in that order. The holder, R. F. Goodall (Woodford) was eighth but did not look impressive. In the next few miles C. Coleman (Yorks. W.C.) made a strong effort and took over fourth place at half distance. Here Belgrave (4, 8, 16, 23) 51, led by a point from Sheffield (1, 2, 22, 27) 52; and Woodford and Poly., both 67; Met 70.

Allen led by 75 seconds from Johnson in 80m.31s. and then began to pull right away. The warm day was now beginning to take some toll but improvement by Coleman and by F. Bailey (Poly.) was very noticeable. Going up to 15 miles Allen was out on his own and the obvious winner, barring accidents. Four minutes back was Johnson with Colman third, then Macfarlane, fading a bit, Bailey, and Thompson. Belgrave were holding their own, but the points were such at this stage that it was possible for any one of the leading five Clubs to still have won, and the Sheffield and Met. fourth men were making great efforts. Then in that last five miles Belgrave "put the screw on" and closed up nine points to romp home clear

winners. They just failed to also win the "Nymegen" shield for eight to score, Woodford holding on to that trophy. In the individual race Bailey put in his very strong finish to catch Colman and to beat him over the last mile, to become a worthy runner-up. Pressure of space this week makes further comment impossible, but the general local organisation was certainly a "feather in the cap" for Birmingham Walking Club.

### R.W.A. National 20 Miles Championship, Tyseley, Birmingham

1, L. Allen, Sheffield U.H., 2h.47m.46s.; 2, F. G. Bailey, Poly H., 2:52.28; 3, C. Colman, Yorks. W.C., 2.52.43; 4, A. Johnson, Sheffield U.H. 2.53.42; 5, H. McGreehan, Belgrave H. 2:55.18; 6, D. J. Thompson, Met.W.C., 2.56.56; 7, J. Culver, Essex B. 2.57.17; 8, T. W. Misson, Met.W.C., 2.58.11; 9, H. H. Whitlock, Met.W.C., 3.0.13; 10, G. Checkley, Belgrave H. 3.0.20.

**Teams:** 1, Belgrave H. 42; 2, Metropolitan WC. 53; 3, Sheffield U.H. 56; 4, Polytechnic H. 75; 5, Woodford Green A.C. (holders) 82; 6, Essex B. 100. 136 started.

### WOMEN'S RESULTS—contd.

(I) 2:32.1; **Mile:** L. Buckland (C) 5:40.6; **LJ:** V. Williams (M) 15'04"; **HJ:** E. Grice 4'5"; **Wt:** J. Balkwell (M) 32'3"; **D:** J. Evans (M) 103'1"; **J:** A. Dukes (C) 121'6"; **4 x 110 Relay:** Ilford 53.6. In a Junior match, **Cambridge H.** beat **Mitcham A.C.** 21 pts. to 7. **80:** J. Francis (C) 10.4; **150:** P. Dolby (C) 18.9; **LJ:** P. Dolby (C) 13'11"; **HJ:** V. Atkinson (M) 4'2"; **4 x 110 Relay:** Cambridge H. 56.9.

### CLASSIFIED ANNOUNCEMENTS

CLUBNAME TRACKSUITS, 47/6 Post Free. Write for details—TRACKCRAFT, c/o Fem. Fashions Ltd., 17 Mortimer St., London W.1.

#### I.C.I. Alkali Division ATHLETIC SPORTS MEETING 19th June, 1954

Will intending competitors please note that at the above Sports Meeting, there will, on this occasion, be no OPEN events.

#### 'THE FOUR MINUTE MILE'

A set of six photographs of Roger Bannister's record run in a souvenir folder. 12/6  
**Kenneth R. Bray, B.Sc.,**  
20 Sunset Avenue, Woodford Green,  
Essex

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