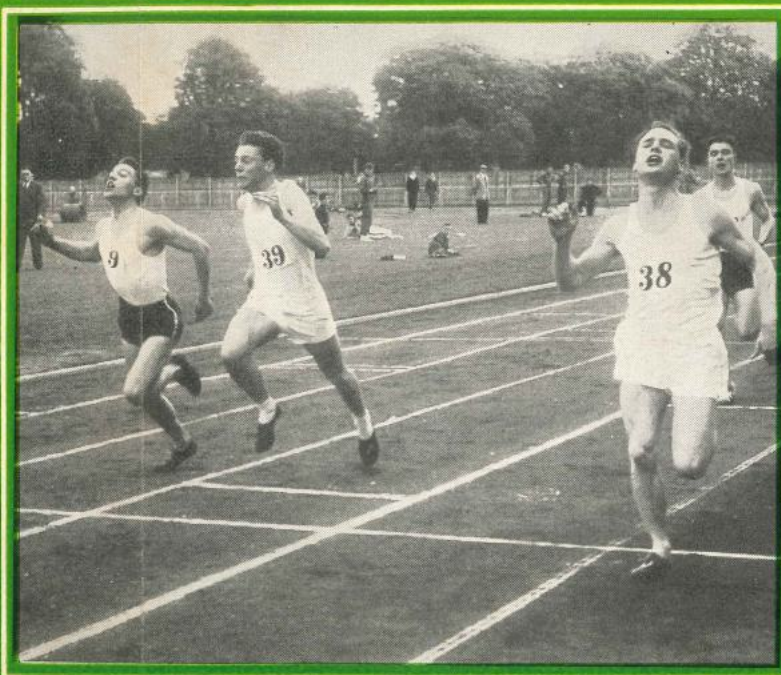


May 14th, 1955

9^D

Vol. 9. No. 20

Athletics WEEKLY



FINISH OF LONDON v. PARIS SCHOOLS' 100 YARDS

THE LEYTON FLOODLIT MEETING

DENNIS TUCKER

*answers the
Questionnaire*

Vancouver Trophy
and Chichester—
Portsmouth 16 miles

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

Women

Bedfordshire v. Hertfordshire v. Norfolk

Seniors:

100(A): 1, P. Oakley (H); 2, E. Stenson (B); 3, B. Harvey (N) 12.0; **(B):** 1, Foster (H); 2, J. Richardson (B); 3, J. Pratt (N) 11.8. **220 (A):** 1, B. Foster (H); 2, Y. Goodson (B); 3, J. Goldsmith (N) 25.9; **(B)** 1, E. Rogers (H); 2, E. James (B); 3, N. Meadows (N) 28.3. **440(A):** 1, B. Stone (B); 2, J. Bass (H) 64.2; **(B):** 1, P. Miles (H); 2, S. Batchelor (B); 3, D. Paterson (N) 67.6. **80m.Hdls.(A):** 1, B. Goodswen (N); 2, L. Lines (H); 3, E. James (B) 15; **(B):** 1, M. Madgett (N); 2, G. Cox (H); 3, S. Batchelor (B) 12.9. **Shot:** 1, S. A. Wakefield (N); 2, G. Cox (H); 3, E. Stenson (B) 27ft.11 $\frac{1}{2}$ in. **Discus:** 1, S. A. Wakefield (N) 2, B. Sim (H); 3, D. C. Comber (N) 102ft. 11in. **Javelin:** 1, M. Hosking (H); 2, P. Miles (H); 3, A. Peck (N) 108ft. 2in. **High Jump:** 1, M. Hawes (N); 2, L. Line (H); 3, J. Cooper (N) 4ft. 10in. **Long Jump:** 1, Y. Goodson (B); 2, D. Oakley (H); 3, B. Goodswen (N) 15ft. 4 $\frac{1}{2}$ in. **4 x 110yds. Relay:** 1, Hertfordshire; 2, Norfolk; 53.4.

Juniors:

100: 1, J. Wood (B); 2, A. Youngman (N); 3, M. Claridge (B) 12.2. **150:** 1, B. McCarron (B); 2, V. Lord (B); 3, C. Nobbs (N) 18.5. **70yds. Hurdles:** 1, J. Paveley (N); 2, S. Bartram (N); 3, V. Cowthold (B) 11.2. **Discus:** 1, J. Paveley (N); 2, S. Bartram (N); 3, A. Williams (B) 70ft. 2in. **High Jump:** 1, J. Wood (B); 2, P. Johnson (B); 3, J. Paveley (N) 4ft.6in. **Long Jump:** 1, J. Pulfer (N); 2, S. Bartram (N); 3, J. Bonner (B) 14ft. 9 $\frac{1}{2}$ in. **4 x 110yds. Relay:** 1, Bedfordshire; 2, Norfolk; 55.1.

Match Results: Senior—Hertfordshire 50pts.; Norfolk 39pts.; Bedfordshire 23pts. Combined Match (Junior and Senior) Norfolk 73pts.; Bedfordshire 56pts. Junior Match: Norfolk 34pts.; Bedfordshire 33pts.

April 27th

Essex L.A.C. 39pts. beat **Streatham L.A.C.** 26 pts. and **Cambridge H.** 21. **100:** P. Head (E) 11.7; **220(1):** P. Head (E) 27.7; **220(2):** E. Jackson (E) 28.7; **440(1):** P. Webb (S) 63.4; 2, P. Lockwood (C) 66.0; **Mile:** L. Buckland (C) 5:25.4; **LJ:** D. Sibbett (E) 15'9 $\frac{1}{2}$ "; **Wt:** A. Legg (C) 30'2 $\frac{1}{2}$ "; **D:** E. Jackson (E) 95'6 $\frac{1}{2}$ "; **J:** J. Noon (S) 100'8". In a Junior match, **Streatham L.A.C.** beat **Cambridge H.** 19pts. to 11. **80:** E. Golding (S) 9.8; **150:** E. Golding (S) 17.6; **LJ:** E. Golding (S) 15'4".

30th April

Phoenix A.C. Championships. **100:** 1, S. Hampton 11.2 (Champ. rec.); 2, A. Cartwright

11.6; 3, P. Weston. **220:** 1, S. Hampton 26.1 (Champ. rec.); 2, M. Theakstone 29.2; 3, A. Moon. **440:** 1, P. Griffiths 64.4 (Champ. rec.); 2, G. Buckle 65.8; 3, J. Adamson. **880:** 1, G. Buckle 2:38'7"; 2, J. Weaver 2:39.2; 3, P. Griffiths. **Mile:** 1, J. Weaver 5:56.0; 2, A. Home-wood; 3, D. Stockton. **LJ:** 1, S. Hampton 16' 1 $\frac{1}{2}$ "; 2, B. Morgan 15'1 $\frac{1}{2}$ "; 3, M. Theakstone 15'0 $\frac{1}{2}$ ". **HJ:** 1, J. Adamson 4'6"; 2, S. Hamilton 4'4"; 3, B. Morgan 4'4". **Wt:** 1, M. Giri 32'0 $\frac{1}{2}$ "; 2, S. Hampton 26'6 $\frac{1}{2}$ "; 3, P. Griffiths 25'5". **D:** 1, M. Giri 133'3"; 2, A. Cartwright 95'5"; 3, B. Whiffen 90'4 $\frac{1}{2}$ ". **J:** 1, J. Chambers 62'10"; 2, M. Hughes 62'5"; 3, B. Morgan 62' 11 $\frac{1}{2}$ ". **Junior 80:** 1, J. Keily 10.2 (Champ. rec.); 2, D. Smith 10.4; 3, J. Death. **150:** 1, J. Keily 19.7; 2, J. Death 19.8; 3, D. Smith. **HJ:** 1, D. Smith 4'7"; 2, N. Hart 4'6"; 3, J. Death 4'2". **LJ:** 1, J. Death 14'3" (Champ. rec); 2, D. Smith 14'0"; 3, N. Hart 13'11 $\frac{1}{2}$ ".

TRACK OPENED AT ERITH

The new track at Erith was opened officially by Gordon Pirie, who did not, however, run in the invitation half-mile on medical advice, as he had a temperature.

B. Jackson (Essex Beagles) won the mile impressively in 4:17.2. Another young athlete from the same club, R. Kemp, won the Junior 880 in fast time.

100: 1, J. Spooner (Essex Beagles); 2, W. Jackson (Essex B.); 3, K. Jones (Camb. H.) 10.7. **440:** 1, P. Wilmer (Camb. H.) 51.1; 2, D. Harker (Blackheath) 51.3; 3, H. Martin (Essex B.) 51.6. **Mile:** 1, B. Jackson (Essex B.) 4:17.2; 2, E. Douglas (Essex B.) 4:19.2; 3, D. Dellar (Camb. H.) 4:20.4. **3M. Team:** 1, Blackheath 12pts.; 2, Cambridge 18; 3, Kent A.C. 19; Ind.: K. Harland (Camb.H.) 15:06.0. **220H:** 1, K. Jones (Camb. H.); 2, W. Dixon (Camb. H.); 3, P. Baigent (Blackheath) 28.0. **LJ:** 1, R. Coleman (Essex B.) 22'7 $\frac{1}{2}$ "; 2, R. Springle (Camb. H.) 22'4 $\frac{1}{2}$ "; 3, D. Hadler (Camb. H.) 22'3 $\frac{1}{2}$ ". **HJ:** 1, O. Okuwobi (Camb. H.) 5'9"; 2, R. Fryatt (Camb. H.) 5'9"; 3, M. Geall (Essex B.) 5'6". **Wt:** 1, J. Butterfield (Camb. H.) 40'6"; 2, C. Purves (Blackheath) 34'3"; 3, T. Bond (Camb. H.) 34'2". **D:** 1, J. Butterfield (Camb. H.) 132'8"; 2, D. Purves (Blackheath) 123'4"; 3, E. Bond (Camb. H.) 103'10"; **4 x 110 Relay:** 1, Essex Beagles 44.7; 2, Blackheath 46.2; 3, Kent A.C. 46.4. **Mile Medley Relay:** 1, Essex Beagles; 2, Blackheath; 3, Cambridge. **"Gordon Pirie Trophy":** 1, Cambridge 52pts.; 2, Essex Beagles 43; 3, Blackheath 29.

Continued on page 19

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CONTENTS

	PAGE
LETTERS TO THE EDITOR ...	4
LEYTON FLOODLIT MEETING	6
D. E. TUCKER	
answers the Questionnaire	10
WALKING, by A. D. McSweeney	13
ON MY TRAVELS, by "Roamer"	14
CHICHESTER-	
PORTSMOUTH	16M. 16

EVERY SATURDAY — NINEPENCE

IT was more than surprising to find the intentions of Woodford Green A.C. to run their Vancouver Trophy Meeting 800 metres race in lanes round the first bend — as advocated by Arthur Gold in these columns a short time ago—balked by officials, who declared that it was against the rules!

For the life of me I cannot see why such a decision should be made. It seems stupid and retrogressive. These inter-club matches are the very meetings where such innovations—sensible innovations—*should* be tried out. How on earth can we make progress if we are not to be allowed to discover the benefit, or otherwise, of such carefully thought out suggestions?

Results

No doubt I shall soon be getting irate letters from some of our lady readers complaining that their results are not being published. Before this happens, may I remind them that it is up to members to see that their officials send them in for publication—first post Monday, please. I know there were inter-club fixtures at Tooting and Southgate last Saturday, but at the time of going to press we have no news of them.

The men are not always fully co-operative either. Despite sending out special forms and stamped addressed envelopes for certain results of events which took place last Saturday, we have received no news from some of them, and the only details we were sent of the Surrey "20" were the team result and first *three* individuals. May I appeal to secretaries to let us have either the details we ask for, or the fullest possible results, with times and, where applicable, distances or heights. In important road races we like to give at least 25 names, more still in the case of races which have become almost national in character.

To conclude, many thanks to the hardworking secretaries and others who helped us during the cross-country season to keep readers well informed. Without them we should find it impossible and their efforts are greatly appreciated.

Events to-day include the Sussex v. Hants v. R.A.F. match at the new Corporation Stadium at Withdean, Brighton, the Manchester-Blackpool Relay—with Sheffield U.H. the likely winners—the Essex "20," the Beds. and Hunts., Northants. and Notts Championships at Luton, Northampton and Newark respectively, and the Surrey Youths' Championships at Walton.

THE EDITOR.

Cover photo by E. D. Lacey

A. C. THOMAS (London) No. 38, winning the 100 yards in 10.2secs. from I. R. SMITH (London) No. 39, and PRESTAUT (Paris) in the London v. Paris Schools' match at Motpur Park.

Letters to the Editor

A PROGRESSIVE STEP IN TRACK DESIGN . . . WOODSIDE

Dear Sir,

In a letter to the Editor of "Athletics Weekly," September 25th, 1954, the Chief National Coach, G. Dyson, appealed for better training facilities for field event exponents. The complete lack of training facilities for athletes is most evident in the throwing events and the recent court case, Percy Porter v. London County Council, brought to a head, legally if humorously, the difficulties experienced by the ardent hammer thrower. The "metal ball on the end of a four foot wire" is a lethal weapon much feared by park keepers in the vicinity of Battersea and elsewhere, gardeners in Pinner, and sprinters who stray from their marks at the White City. Hammer throwers, like all other field event athletes must have adequate facilities for year-round training. Our new stadia invariably make provision for a football pitch in their centre thus restricting throwing to competition days only. We are all familiar with these difficulties and the question "What can we do about it?" is a much posed one.

The Watford Borough athletics track at Woodside, now nearing completion, will reveal one excellent way in which difficulties may be overcome. A most enlightened Parks Superintendent has endeavoured to cater for the needs of all athletes and provide an athletics arena second to none. This is no idle boast, for the athletics arena forms part of a spectacular sports centre which, when completed, will be, very nearly, a community college of physical education. In addition to a fully equipped track, there are extensive playing fields for

cricket, soccer, hockey, and rugger, and plans for golf, outdoor and indoor swimming pools and a cycling track. The permanent buildings comprise a manor house and outbuildings, once the home of a polo-school. These buildings house changing rooms and are planned to accommodate meeting rooms, a restaurant, and a small gymnasium. The track itself lies in a natural amphitheatre amid delightful surroundings; a housing estate flanks one side and new primary and secondary schools are within striking distance.

However, the most relevant feature is the provision of a complete throwing training arena adjacent to the main track. A cage and concrete circle will be provided for hammer throwers, and circles for shot putters and discus throwers. There is space, moreover, for the possible addition of jumping pits at a later stage. Javelin throwers will have the use of the centre of the main stadium. All the year training is thus facilitated.

In this way the community of Watford will have a comprehensive sports centre on the outskirts of the town. This centre will not only serve the people of the immediate vicinity, however, for it will provide an ideal venue for such gatherings as the County Young Athlete Courses and other events which are becoming so popular.

Watford should be complimented on these progressive accomplishments which will do much to improve both individual performance and mass participation. Is it too much to hope that a centre such as this, unfettered by greyhounds, should be an essential aspect of every community in our country?

Yours sincerely,

Don Anthony.

It is good to see the name of Watford added to the many cities and towns throughout the country which are sufficiently enlightened and interested to provide such facilities for the inhabitants. I am afraid it contrasts rather vividly with my own district, the Medway Towns of Rochester, Chatham and Gillingham, surely one of the worst served in the country. Despite a population of

Brotherhoods Works Sports Club

7th ANNUAL

MARATHON RACE

Brotherhoods Sports Ground

Lincoln Road, Peterborough

Whit-Monday : May 30th, 1955

3.15 p.m. start

£100 Individual Trophy. £60 Team Cup.

1st, 2nd, 3rd Cups; 4th, 5th, 6th, 7th,

8th Plaques. 1st, 2nd, 3rd Team Medals.

Entrance Fee: 3/- Individual; 9/- per team.

Hon. Marathon Secretary, **Peter Roy, 288**

Padholme Road, Peterborough.

something like 180,000, there are only the same meagre sports facilities which existed 16 years ago when I first went to reside there. Admittedly, there is a running track, but this is under the control of the Army and the local civilian club uses it only on sufferance, with all service units taking priority. Vague promises and platitudes from local M.P.'s and Councillors have left us exactly where we were before, with a Sports Centre such as is being built for Watford and other communities as far off as the moon.—Ed.

POLY MARATHON

Dear Mr. Editor,

Reference the 10/- Entry fee for the Poly Marathon.

I agree that expenses are high and that the effort to raise the awards to the appropriate standard is very commendable.

However, the race finishes at Chiswick Stadium where there is a crowd who have paid to watch an athletic meeting.

Since Jim Peters came on the Marathon scene there are hundreds who pay to come in just to see the finish of the Marathon. I think, therefore, that a percentage could be taken out of the gate to help defray the running of the Marathon.

Last year I had several people attend at Chiswick to cheer me in and I did not even finish, so the difference in the "gate" caused by Jim Peters and Co. must be considerable.

Yours sincerely,

J. Chaveutré

I would not propose to speak for the Poly, but I should certainly be surprised if the takings at the Kinnaird Meeting exceeded expenses to such an extent that there was anything left over to subsidise the Marathon.—Ed.

* * *

The Sussex Women's Championships will be held at the Brighton Sports Arena, Withdean, on 4th June. Inquiries to Mrs. J. V. Manton, 21 Highfield Crescent, Withdean, Brighton 6 (Brighton 55351).

* * *

A grey raincoat was lost at an inter-club meeting at Imber Court last Saturday. Would the finder please return to R. Frampton, 7 Aylett Road, South Norwood, S.E.25.



ANN OLIVER (Gosforth H. & A.C.)

The Hon. Secretary of Bournemouth A.C. is now Mr. D. Ruffell, 48 Cardigan Road, Winton, Bournemouth.

CHARLOTTEVILLE CYCLING CLUB OPEN SPORTS

(Under A.A.A. & W.A.A.A. Laws)

Whit-Monday, May 30th, 1955

Woodbridge Rd. Sports Gnd., Guildford

OPEN EVENTS

MEN—100, 220, 880yds., 1 Mile H'cps., Mile Medley Relay (Scr.).

WOMEN—100, 220, 660 Relay H'cps.

ENTRIES—1/6 first, 1/- others, 4/- teams, close Monday, May 16th, to H. K. Evans, Cham-onix, 188 High Road, Byfleet, Surrey (Byfleet 2553).



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Men's or Women's

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"M" (5'7"—5'9")	...	...	...	...	42/11
"L" (5'10"—6'1")	...	...	...	...	45/11
"OS" (6'2"—6'5")	...	...	...	...	48/11

Also in White 2/- extra

Junior size

(Elastic at ankles. Same colours except black)

"J3" (4'11"—5'2")	...	...	...	...	32/11
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THE SPORTS CENTRE

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THE LEYTON FLOODLIT MEETING

Great run by Hewson in gale

Wednesday, May 4th

THE two outstanding features of the Leyton Floodlit Meeting were Brian Hewson's half-mile and the great finish of J. R. Cameron (T.V.H.) in the two miles team race.

As usual, the meeting was not blessed with the best of weather, in fact, the wind was almost gale force at times and one could see the runners slow up perceptibly when they went into the back straight.

This only enhanced the value of Hewson's truly great run, in which he was soon in the lead and leaving the field behind. Jackson, of Essex Beagles, who had won a mile impressively at Erith the Saturday before in 4.17, appeared to be dropping back at the bell and round the bend, but against the wind he started to move up and round the final bend he swept past his opponents and was a good runner-up in a time he has never approached previously.

In the two miles, Driver and Norris were

soon out on their own after Perkins had been the early pacemaker, and with two laps to go Driver started going away and opening up a large gap. At the bell and round the last lap this was a good 40 yards. Then all eyes left Driver and turned to a runner in the colours of T.V.H., who was tearing round the last bend passing runner after runner at half-mile speed. With only Norris and Driver in front of him and the wind to fight against, he went after Norris, closed the gap and passed him as if he was standing still. Then on after Driver, but though he narrowed the gap considerably Driver's lead was too great, and he had to be content with second place some 30 yards behind the winner. It would have been interesting to know the time of Cameron's last lap, but it must have been well inside a minute. South London were comfortable winners of the team race.

Michael Ruddy took the short sprint after a slow start, the first three being credited with the same time of 10.0sec. dead. In the heats, Ruddy did 9.9, aided by a strong wind which was almost right behind the runners. The winner looked impressive and will want a lot of beating this season, particularly over a furlong.

The 440 went to Len Smith, who ran a well-judged race to score by a yard from Orrell-Jones, of Cambridge and Achilles, who was pressing the winner down the final straight. Harry Kane on the inside was up with Smith until the last bend, but then folded up completely to finish last.

Kane was obviously not fit and was far from his best in the 220 low hurdles, in striking contrast to Bob Shaw, who not only won easily but literally outclassed the opposition. Shaw looked extremely fit and was most impressive.

Roger Dunkley was unable to turn out in the steeplechase owing to injury, so the question of how he would fare against Disley and Ellis was still unanswered. Disley and Ellis gradually drew away from the field, with Pemble, of Kent Police and Maidstone H., hanging on for a time and then gradually dropping behind in the later stages.

In the last few laps, Disley opened up a slight gap and round the final circuit he increased this to 25 yards. The time might appear to be a trifle disappointing, but the conditions made this event even more gruelling than usual.

FINE JUNIOR MILE

S. E. Eldon, of Windsor and Eton, ran a fine mile in the first of two junior races. He quickly opened up a large gap and though this was closed somewhat in the final lap, he won very easily in extremely good time under the circumstances.

The other junior mile went to Chapman, of Woodford Green, in considerably slower time. S. R. Langridge (S.L.H.) runner-up in the National Youths' Cross-Country this year, was beaten into third place, with two of his colleagues doing faster time in the first event.

The high jump went to Okuwobi, of Nigeria, who put up his best competitive performance since arriving in this country with 6ft. 1in., while Engo, the coloured boy from L.A.C., was an easy winner of the hop, step and jump, with 46ft. 2in.

Geoff Elliott was a clear winner of the pole

vault and went on to get over 12ft.8in., quite an achievement in the existing conditions. A close contest in the weight resulted in Gaworski, of Belgrave, just getting home with 3in. to spare from Budd, of Cambridge, with Elliott a similar distance away, third.

The open medley relay proved an easy thing for Achilles, who built up such a lead that Shaw had an easy passage over the final lap, while in the race for local clubs, Essex Beagles came through strongly to win a good race from Ilford and Woodford Green.

It was a pity that the Oxford University athletes, including Derek Johnson, arrived from their contest at Loughborough a little too late to take part in their proper events—at least in some cases—but Johnson put in a sparkling run for Woodford in the relay.

Sheila Hoskin ran well to win a close women's 100 metres from J. Rouse (Selsonia), who was given the same time of 12.2secs.

In the 880, Norah Smalley (Portsmouth) led at the bell, but tired against the wind along the back straight. Betty Loakes, of Kettering, had been lying handy and came through strongly round the last bend and down the home straight to win well.

Pam Seaborne ran over the 80m. hurdles in fine style, but nearly came a nasty cropper in her heat when she hit the last but two

St. Albans City United Sports Clubs ATHLETIC & CYCLING MEETING

Organised by St. Albans City Athletic Club
(under A.A.A. and N.C.U. Rules)

At Clarence Park, St. Albans

On Saturday, 2nd July, 1955

Commencing at 2.00 p.m.

EVENTS

100yds. Men's Open Handicap; 220yds. Men's Open Handicap; 880yds. Men's Open Handicap; 1 Mile Men's Open Handicap; 2 Miles Invitation Team Race (4 to run, 3 to score); 1,000yds. Special Invitation Scratch Race; 100yds. Ladies' Open Handicap; 220yds. Ladies' Open Handicap.

Total Prize Values—Men's Open Handicaps, each £9/9/0; Ladies' Open Handicaps, each £6/6/0; 2 Mile Team Race, 1st Individual and first 3 Teams, £12/12/0.

Entry fees for Open Handicaps, 1/6 first event, 1/- each additional event.

All Entries close first post Monday, 13th June, to Mr. T. A. Parsons, 25 Wilshire Ave., St. Albans.

obstacle and only just stopped herself from falling.

Evergreen Dorothy Tyler came up once more to top the high jumpers with a useful 5'2", while Sylvia Needham won the closest of contests with the weight, half an inch covering the first three. Selsonia were easy winners of the relay.

100: 1, M. J. Ruddy (Poly) 10.0; 2, D. J. Merrett (Belgrave) 10.0; 3, R. G. Roberts (Cambridge Univ.) 10.0; 4, I. A. Mayers (Bels.); 5, B. F. Walden (Bels.); 6, C. N. Gibbs (Herne Hill).

440: 1, L. A. Smith (C. of Rochester) 50.9; 2, M. Orrell-Jones (Achilles) 51.0; 3, M. C. Jones (Wood. Gn.) 51.3; 4, R. I. Baker (Poly.) 51.9; 5, J. D. Wrighton (Southgate H.); 6, H. Kane (L.A.C.).

880: 1, B. S. Hewson (Mitcham) 1:52.5; 2, B. Jackson (Essex Beagles) 1:54.9; 3, J. V. Beesley (Achilles) 1:56.0; 4, N. A. Lloyd (Mitcham) 1:57.3; 5, F. Millward (Vict. Pk.) 1:58.0; 6, R. Stonehouse (Farnham) 1:58.0.

2M. Team: 1, South London H. 14pts.; 2, Thames Valley H. 21; 3, Poly. H. 29; 4, Ilford A.C. 34.

Ind.: 1, P. B. Driver (SLH) 9:11.2; 2, J. R. Cameron (IVH) 9:16.4; 3, K. Norris (IVH) 9:19.4; 4, R. Dunkley (Poly.) 9:20.6; 5, M. W. Firth (SLH) 9:22.8; 6, A. F. Perkins (Ilford) 9:25.6.

220 Hds.: 1, R. D. Shaw (Achilles) 24.6; 2, P. A. L. Vine (Achilles) 25.7; 3, A. M. Guthrie (Achilles) 26.0; 4, C. E. E. Higham (Achilles) 26.0.

3,000m. S'chase: 1, J. I. Disley (London A.C.) 9:25.4; 2, E. G. Ellis (TVH) 9:29.2; 3, D. C. Pemble (Maidstone) 9:45.8; 4, M. J. Palmer (St. Albans) 10:01.6; 5, H. Packer (NLH) 10:07.0; 6, D. J. West (VPH) 10:20.4.

High Jump: 1, O. Okuwobi (Camb.H.) 6'1"; 2, C. Van Dyck (LAC) and A. P. Orton (Shaftesbury) tied at 5'10"; 4, P. J. Pybus (Achilles) 5'10"; 5, G. H. Jeffries (Achilles) and G. M. Elliott (Wood. Gn.) tied at 5'8".

Hop, Step, Jump: 1, P. B. Engo (LAC) 46' 2½"; 2, Roden (TVH) 44'8½"; 3, P. Luxon (Belgrave) 43'3"; 4, M. D. Terry (Southall) 42'8½"; 5, B. Phillips (Wood. Gn.) 42'3½"; 6, D. W. Ashing (QPH) 42'0½".

Pole Vault: 1, G. M. Elliott (Wood. Gn.) 12'8"; 2, G. E. Broad (Hermes) 11'6"; 3, A. B. Hopkins (Walton) 11'0"; 4, R. B. Hayden (Ilford) 11'0"; 5, R. Petitjean (Manchester) 11'0".

Weight: 1, T. Gaworski (Belgrave) 46'2"; 2, G. F. Budd (Camb. H.) 45'11"; 3, G. M. Elliott (Wood. Gn.) 45'8"; 4, D. F. Vanhegan (South-

gate) 43'9"; 5, J. J. Butterfield (Camb. H.) 40'8"; 6, A. E. Cook (TVH) 39'11".

Mile Medley Relay: 1, Achilles 3:25.4; 2, Southgate 3:32.8; 3, Cambridge H. 3:34.0; 4, S.L.H. 3:37.4; 5, Poly. 3:37.6.

Mile Medley Relay (Local Clubs): 1, Essex Beagles 3:33.4; 2, Ilford 3:35.0; 3, Woodford Green 3:35.0; 4, Eton Manor 3:36.6; 5, V.P.H. 3:36.8.

Junior

Mile (1st race): 1, S. E. Eldon (Windsor and E.) 4:28.4; 2, D. A. F. Haith (TVH) 4:32.8; 3, M. C. Palmer (SLH) 4:35.0; 4, A. J. Pegley (SLH) 4:36.8.

Mile (2nd race): 1, D. J. Chapman (Wood. Gn.) 4:36.0; 2, D. M. Sargent (TVH) 4:38.2; 3, S. R. Langridge (SLH) 4:40.8; 4, P. McIlwain (Southgate) 4:41.8; 5, C. R. Endersby (N. Herts.) 4:43.8; 6, D. J. Webster (Hornsey St. M.) 4:45.0.

Women

100m: 1, S. Hoskin (Spartan) 12.2; 2, J. Rouse (Selsonia) 12.3; 3, J. Scrivens (Selsonia) 12.3; 4, M. Brian (Essex LAC); 5, P. Devine (Spartan); 6, E. Hey (Spartan).

880: 1, B. Loakes (Kettering) 2:22.1; 2, N. Smalley (Portsmouth) 2:24.0; 3, M. Wooller (Spartan) 2:25.2; 4, P. Douglas (Essex LAC) 2:26.2; 5, L. Buckland (Camb. H.) 2:26.4; 6, H. Vincent (Lond. Olympiades) 2:26.5.

80m.Hds.: 1, P. Seaborne (Essex LAC) 11.5; 2, C. O'Gorman (Mitcham) 11.7; 3, I. Pond (Lond. Olympiades) 11.8; 4, A. King (Mitcham).

High Jump: 1, D. Tyler (Mitcham) 5'2"; 2, M. Hobbs (Essex LAC) 5'1"; 3, A. Bennett (Essex LAC) 4'10"; 4, J. Pearce (Croydon) 4'10"; 5, R. Massey (Farnham) 4'8"; 6, E. Holland (Spartan) 4'8".

Weight: 1, S. Needham (Spartan) 36'6½"; 2, J. Cook (Lond. Olympiades) 36'6"; 3, J. Balkwill (Mitcham) 36'6"; 4, V. Davies (Lond. Olympiades) 32'8"; 5, A. Legg (Camb. H.) 29'1".

4 x 110 Relay: 1, Selsonia 49.6; 2, Spartan 50.6; 3, Essex LAC 51.0; 4, Lond. Olympiades 51.4; 5, Ilford 51.8; 6, Camb. H. 52.3.

ROAD RUNNERS' CLUB

The new County Hon. Secretary for Warwickshire is W. L. Carr, 39 Friars Road, Coventry.

Club ties, price 7/6, are available from the Hon. Treasurer, G. S. Doubleday, 219 Weat Barnes Lane, New Malden, Surrey.

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April 30th

HULL MARATHON

Eddie Smith (Leeds Harehills) was in grand form and won as he pleased in the fast time of 2hr. 28min. 21sec.

1. E. Smith (Harehills) 2:28.21
2. A. Lawton (Harehills) 2:34.18
3. E. Wilson (Lincoln W.) 2:41.45
4. A. Cockcroft (Harehills) 2:43.58; 5. A. Nendick (Hull) 2:45.56; 6. A. Trafford (Hull) 2:46.51; 7. D. Macdonald (Hull) 2:47.09; 8. C. Waudby (Hull) 2:48.16; 9. C. Taylor (Hull) 2:52.33; 10. T. Morrell (Hull) 2:55.31; 11. M. Kirkwood (Hull) 3:00.47; 12. G. Buckley (Hull) 3:04.57; 13. G. Windle (Longwood) 3:10.48; 14. F. Lucop (Hull) 3:11.07; 15. A. Willerton (E. Hull) 3:14.33; 16. A. Punt (Harehills) 3:19.49; 17. J. Easey (Hull) 3:20.13; 18. G. Oliver (Uxbridge) 3:23.32; 19. E. Smith (Longwood) 3:26.19; 20. W. Langdale (Ideal Standard) 3:30.11; 21. J. O'Neill (Radcliffe) 3:34.07; 22. R. Taylor (Hull) 3:36.41; 23. G. Trafford (Hull) 3:36.41; 24. C. Dyington (Hull) 3:43.04.

Hcp: 1. Morrell (35.0) 2:20.31; 2. Kirkwood (40.0) 2:20.47; 3. G. Windle (50.0) 2:20.48.

INVITATION TO CLUBS

There is a vacancy for a further team in the Festival of Britain Trophy Competition for Juniors, at the Borough of Bexley Open Sports (organised by Cambridge Harriers) to be held at Danson Park, Bexleyheath, Kent, on July 23rd. Events are:—4 x 110 yds. Relay, 4 x 220 yds. Relay, 440, 440, 880 yds. Relay, 1 Mile Team, Javelin and Shot (3 to score on aggregate). Any Club interested should contact Mr. P. G. Kirk, 72 Barnehurst Road, Barnehurst, Kent (Bexleyheath 9496) as early as possible.

* * *

Uxbridge A.C. elected the following at their A.G.M.—President, Mr. Sam Ferris; Chairman, F. Brench; Secretary, T. E. Fevver, F.I.P.R.E., 17 Parkfield Avenue, Hillingdon Heath, Middx.; Treasurer, E. R. Toogood; Track Capt. & Sec., J. G. Trotter, 189 Pied Heath Road, Hillingdon; C.C. Capt. and Sec., D. G. Enever, 58 Dellfield Cres., Cowley, Middx.; Team Manager, A. Evins; Press Sec., I. Stewart; Ladies' Rep., Miss I. M. Toogood.

D. E. TUCKER

answers the Questionnaire



Name (Surname first):

Tucker, Dennis Edwin

Birthplace and date:

London, 31st May, 1928.

Height:

5ft. 10in.

Weight:

10st. 10bs. (stripped).

Occupation:

Schoolmaster.

Club:

Herne Hill H. and Achilles.

When did you first commence athletics?

At "Sports Day" level in 1937, but it was not until 1943 that I began to spend my spare time training specifically for athletics.

What were your first events?

The very first were sprinting and jumping, but I have been throwing a javelin of some sort ever since I discovered that such a pastime existed—in about 1941.

What are your favourite events now?

The javelin comes first of course, but I greatly enjoy the jumping events, especially the triple jump, and find them valuable as "relaxation" during training.

What are your best marks at these events?

Javelin 216'7"; Triple Jump 42'11½"; High Jump 5'4"; Long Jump 20'3".

Give brief details of your athletic career, championships won, dates and performances:

1946: Surrey, Junior Championship 151'11".
1950, 52, 53, 54: Surrey Senior Championship, 186' 10½", 191'1", 176'10", 201'5".
1952, 54: Southern Senior Championship 195'3½", 197' 10". Sward Meeting Javelin 204'11", 204'3".
1954: Inter-Counties Javelin 200'1".

Which performance gave you most personal satisfaction and why?

There are two which specially pleased me: 204'11" at the Sward Meeting in 1952, because it was my first throw over 200' and 216'7" at Vancouver, because it dispelled my fear that I had reached my limit at 205'.

How many days a week do you train in (a) Summer and (b) Winter?

(a) 3 or 4, excluding competition. (b) No set routine.

At what time of the day do you normally do your training?

In the early evening.

How long do you spend on each training session?

1-2 hours.

Give a brief outline of your training in the Summer season, with a typical week's work:

Plenty of suppling exercises throughout. Plenty of solid throwing (i.e. 170'-200') each week—this, I think, gives basic consistency. Concentration on certain points of technique, such as run-up, delivery, etc., so that they become automatic, and need no conscious attention during competition. Running; sprint starts and bursts and jumping to give "snap."
Monday: 7 laps jogging and striding, 100 hard driving throws into the ground, jogging all the time, 3 laps jogging and striding.
Tuesday: 3 laps jogging, 15mins. suppling, 25 throws from short run (throws 100'-130'), 18 hard throws from full run (170'-202' average 181').
Wednesday: 4 laps jogging and striding. 15 mins. suppling. 20 throws from short run (throws 100'-170'). 10 hard throws from full run (172'-194', average 181').
Thursday: 2 laps jogging and striding. 25mins. exercises, mostly suppling, one or two abdominal strengthening. Sprint starts.
Friday: _____
Saturday: Competition.
Sunday: _____
This is the actual record of a week's training in June, 1954, and is typical.

Give a brief outline of your training in the Winter season, with a typical week's work:

I now do no formal training between October & January, finding that after a complete rest from the javelin I approach the season with more zest. However, I keep basically fit by jogging, log-chopping, and coaching, playing and refereeing Rugby at School.

How often do you compete in the competitive season(s)?

Generally about twenty competitions during a season of 4-5 months.

Describe briefly the warming-up you do before competition and time taken:

2 or 3 laps jogging with striding and sprinting; suppling exercises, especially for back and abdomen; then, when circumstances permit, 15 mins. throwing from a short run, building up to 3 or 4 at about 180'; 2 or 3 full approach runs, without throwing and finally 5mins. rest. Total time about 40 mins.

How many days rest do you prefer before competition?

Name the coaches who have coached you:

Have you any suggestions for improvements in competition or athletics generally?

What advice would you offer to the young athlete or novice?

Generally one only; occasionally two or three before a big competition.

George Pallett, John Jeffery, Franz Stampfl.

In my own event I should very much like to see better facilities for warm-up throwing—though we can all see the enormous difficulties at a stadium like White City—and better prepared run-ups; cinder ideally, but level, springy turf as a minimum. Bumpy scrub is harmful to both competitor and standard of performance. Perhaps the answer to both would be stadiums for *athletics only*.

Keep a sense of proportion and never let athletics become so serious that it makes life itself serious. The anxiety and grimness of competition should be left on the track. When a sport makes its players miserable, it has defeated the very purpose for which it was devised.

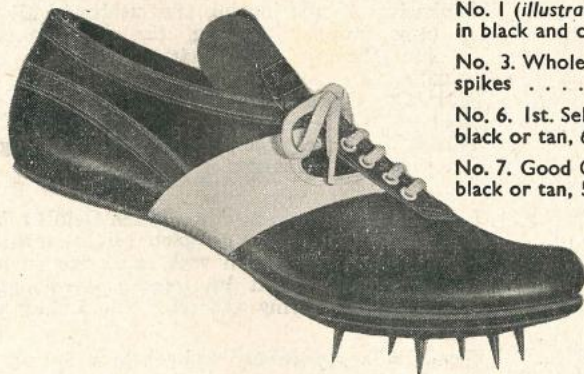
MEDAL FOUND

A silver medal, the centre piece of which depicts a runner with an appended clasp, has been handed in to the Amateur Athletic Association's Office by the Caledonian Road Police

Station. On the reverse of the medal is engraved: Cross Country Championship, 1954, but it produces no other means of identification. Please claim to A.A.A. Office, Crown Chambers, 118 Chancery Lane, London W.C.2.

At All Events . . .

Spalding Running shoes are well to the fore



No. 1 (illustrated). Finest Calf Uppers in black and colours 59/6d.

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Walking

By A. D. McSweeney

THE cream of our middle distance men toe the line to-day in the National 20 miles Championship from Belgrave Hall, Wimbledon, starting 2.30 p.m., and the holders are sincerely hoping that they won't have to unbolt the massive team shield from their club-room walls. That may be the chief reason Belgrave were anxious to have the race from their quarters.

Well, Belgrave are certainly in it with an even chance and their big danger will be that strong rugged outfit, Woodford Green, from whom they wrested the title last year. Woodford hold the "Nymegen" shield for 8 to finish and again they, or the "Bels.," should pull it off. Sheffield are much the strongest challengers from outside London and Albert Johnson could lead them to victory if both the southern clubs mentioned have a bad day. But without Allen, the title holder, the odds are against them.

For the individual title, which must change hands, "Bob" Goodall has a fine chance to repeat his 1953 success. His chief rivals will be Johnson from the North, Don Thompson (Metropolitan W.C.), A. Macfarlane (Polytechnic) and perhaps George Coleman (Highgate). Coleman, so good up to 15 miles, has not shown the form above this distance, but his 2h.54m.52s. at Sudbury a fortnight ago was quite sound, and anything could happen. I have not mentioned Roland Hardy. He is entered but it's not very certain if he's turning out. If he does, then everyone will have to move up a couple of minutes to keep him in line.

Course is one of three laps of just under 6½ miles each, on fast roads, with the exception of the last mile-and-a-half each time round. This is where the climb comes in.

The London Vidarians had a very bright turn out at Mitcham, on Saturday, for their Open Meeting confined to the younger element interested in the oldest known form of human progression. "Garry" Howell, winner of the Junior 4 miles, and "Bob" Bygrave, winner of the 1½ miles, made it a good double for Highgate H., who also took the "Jack Crump" team trophy put up for the first time. Howell, who only lost by inches to Coleman in an invitation mile at Bedford two days before (time 6:46.8!) went off in the lead and was a good 40 yards

ahead of G. Williams, of Worcester H. at the first mile. This lead he increased by about the same margin each mile to win by 41 seconds in 30m3s. John Edginton, Godiva H., was his consistent self and finished third, but by disqualification of his clubmate, J. P. Coopey, in a final sprint, Godiva lost certain second team place. Johnny Henderson brought up his happy little band of Steyning lads again, but was unfortunate to have his two best Juniors missing.

Persons interested in the "Nymegen" 4-days Marches in Holland at the end of July, can get full particulars from me at 50 Manor View, Finchley, N.3. The R.W.A. have had one or more teams each year in the Marches since they were first made International in 1928. They have been going on since 1909 for Dutch folk only.

City 7 Miles Road Walk (28/4/55). 1, R. H. Richards (Ins.) 49.41; 2, R. E. Green (S. Exchange) 53.22; 3, M. J. Fisher (L.-Banks) 54.15. **Teams:** Stock Exchange 40pts.; 2, Insurance 76; 3, Inter-Banks 77; 3, Inter-Banks 77. Stock Exchange beat The Rest 229-238.

April 30th

Northern Area 20 Miles Championship, Manchester. 1, A. Johnson (Sheffield U.H.) 2.55.3; 2, J. Barraclough (Lancs. W.C.) 2.59.35; 3, P. Harrop (S. Macclesfield) 3.2.44; 4, T. Bingley (Sheffield U.H.) 3.4.50; 5, T. N. Dally (Lancs. W.C.) 3.6.36; 6, M. Greasley (Sheffield U.H.) 3.6.42. **Teams:** 1, Sheffield U.H. 15; 2, Lancashire W.C. 22; 3, Sheffield "B" 29.

Middlesex County and Inter-Club 20 Miles, Sudbury Hill. 1, D. J. Thompson (Met. W.C.) 2.50.50; 2, G. W. Coleman (Highgate H.) 2.54.52; 3, A. Macfarlane (Poly. H.) 2:55.55; 4, B. Hawkins (Met. W.C.) 2.56.44; 5, G. S. Checkley (Cadogan A.C.) 2.57.46; 6, H. McGreechan (Cadogan A.C.) 2.59.20; 7, R. L. Hutchison (Met. W.C.) 3.0.32; 8, V. W. Stone (Poly. H.) 3.0.44; 9, F. G. Bailey (Poly. H.) 3.1.10; 10, R. Newson (Cadogan A.C.) 3.3.18; 11, N. Thompson (Met. W.C.) 3.3.53; 12, T. Milner (Highgate H.) 3.4.53. 73 started, 58 finished. **Teams:** 1, Met. W.C. (1,3,6,9) 19; 2, Cadogan A.C. (4,5,8,16) 33; 3, Poly. H. (2,7,13, 24).

Steyning A.C. 15 Miles, Steyning, Sussex. 1, E. W. Hall (Belgrave H.) 2.7.55; 2, A. L. Mash (Police) 2.13.44; 3, H. D. Neilson and R. W. Richardson (Woodford Grn.) 2.20.08; 5,

Continued on page 15

THE excellent marks being recorded by our athletes so early in the year gives promise of a great season, with a continuation of the record breaking and improving standards of recent years.

Little has been done in the North as yet, though **Ed. Smith's** run in the Hull Marathon was a good effort, and his time of 2hr. 28min. 21sec., is thought to be the best ever marathon time in the North of England. **R. G. Beecroft** was right on the beam too, with a 4:13.5 mile at Manchester, on the last day of April.

In the Midlands, **Ray Hatton** came up with a personal best of 14:14.0 for 3 miles. Now having coaching and training advice for the first time, Hatton should make his presence felt this season and might well split the Southern contingent of top class distance men fighting for a place in our international teams.

The Leyton Floodlit Meeting was, as always, interesting, but very uncomfortable for those in the centre or in exposed parts of the ground. It is a pity that this meeting has to be held at a time of year which means that

there is a 95 per cent. chance of it being very windy or very wet, or both, but it is popular with the athletes because competition is scarce at this time and most of them are "raring" to go!

Hewson's half-mile had to be seen to be believed. On a good night he would not have been far outside 1:50.0, which is some going at this time of the season. The second in that race will be running the mile for Britain in a year or two unless I'm very much out in my reckoning. Only in his second season, **Jackson** is one of the most promising runners I've seen for some time.

What a pity it is that **Dave Pamble**, the Folkestone policeman, cannot get more steeplechase competition, which is always scarce in this country. He has plenty of pace, but is entirely without proper training facilities for this event. However, regular racing with our top men would undoubtedly put him up amongst the few chasing Disley at the moment — **Ellis, Johnson** and **Shirley**. Perhaps we can add **Roger Dunkley** to this short list in the near future. He was unfortunate enough to damage a knee during a training spell a few days before the Leyton meeting and did not risk further aggravation of the injury.

That smooth speedster, **Michael Ruddy**, looks as though he has made good progress since last year. As yet he is not too reliable at the start and is liable to be "left," but his effortless running will surely pay off in the next few years. He strikes a contrast with that well built and dynamic Welshman, **Gwilym Roberts**. Both look as though the furlong may be their best race and when they join in with **George Ellis** the fur will surely fly.

Ruddy's 21.6 furlong last Saturday at Woodford, when he well beat that fine sprinter, **C. N. Gibbs**, was a grand effort and improved the ground record of McDonald Bailey by .3 of a second.

The Windsor boy, **S. E. Eldon**, who also did well at Leyton, looks as though he might prove one of our top class distance runners in years to come. He looks more like a three miler than a miler, but has plenty of pace. Steady development of stamina in the next few years should bring him right to the fore.

Two others I noted at Leyton were **J. R.**

PRESSED STEEL ANNUAL SPORTS

(Under A.A.A., W.A.A.A., N.C.U. Rules)

SATURDAY, JULY 2nd, 1955

**Horspath Road Sports Ground,
Cowley Oxford, at 2.15 p.m.**

Open Handicaps (Men)

100, 220, 440, 880yds., One Mile, Two Mile Team (Invitation), One Mile Medley Relay and 220 yards Low Hurdles.

Open Handicaps (Women)

100 yards and 4 x 110 yards Relay (One Team per Club).

Cycling

One Mile, Three Mile Point-to-Point, Devil Take the Hindmost.

also

Youths' and Girls' Events

Prize Values: (Men) £6, £3, £2.

(Women) £5, £3, £1

Entries Close: June 10th

Entry Fees—1/6 first event, 1/- others. Relay and Team 6/-.

D. G. CATHRO

Pressed Steel Social and Athletic Club,
Cowley Oxford.

Cameron and **M. W. Firth**, both serving with the R.A.F. at the moment. Half-miler turned two-miler — on this occasion — Cameron has been training recently along what might almost be called Pirie lines. At any rate he has been doing a lot of fast and slow furlongs. He certainly turned the heat on over that last lap in the two miles.

Firth, one of South London's most promising juniors, has been making steady progress and, like a number of other athletes in the last year or so, has found serving in the R.A.F. has helped, rather than hindered his athletics.

As yet the "Evening News" is not backing any London Clubs' meeting this year. I understand that the usual backing will probably be forthcoming if a full and suitable programme can be arranged, and this is not easy. A suitable programme means events which will attract the public in large numbers, given the right publicity. The trouble is that you can't give an event the right publicity unless it is something exceptional, which means either a clash of outstanding personalities or a record attempt between world class athletes. The public has been brought up on record attempts and record-breaking since the War and nothing less than the sensational will bring them flocking to the White City. A **Kuts-Chataway-Pirie-Zatopek** duel, or any three of them, would fill two White Cities!

It was a real stroke of bad luck which laid **Johnny Butler** low after his fine Mitcham "15" effort against Stan Cox. A foot injury has troubled him and treatment did little to improve matters. Though he is now back in training, his run in the Surrey "20," when he was five minutes behind **Ken Honney**, showed just how much such an injury can cost an athlete. It looked certain that Johnny would be challenging the leaders in the Kinnaird Marathon, but it seems as though his challenge will have to be left until next year.

That fine athlete, **Bob Taylor**, of Belgrave, will be missed this year. Laid low with a lung complaint, he was in bed for some months, but I understand he is now recuperating nicely — and looking considerably heavier than when last seen on the track. We can ill afford to lose such a promising performer and one who, with his strong, determined running, was always a pleasure to watch.

WALKING (contd.)

F. Freeman (Police) 2.21.31; 6, L. Thomas (Police) 2.23.54. **Teams:** 1, Met. Police 10; 2, Brighton A.C. 26.

London Vidarians W.C. 20 Miles Championship, Mitcham. 1, R. C. Pantling (L.Vids. W.C.) 3.6.7; 2, A. G. Turner 3.26.33; 3, C. W. Stracey 3.38.44. **Surrey A.C. Championship**. 1, J. E. Grice 3.24.25; 2, W. S. Young 3.26.6; 3, W. Garratt 3.29.57. **Handicaps**—J. E. Grice.

May 7th

L. Vidarians W.C. Open Meeting, Mitcham. Junior 4 miles: 1, G. Howell (Highgate H.) 30.03; 2, G. Williams (Worcester H.) 30.44; 3, J. Edgington (Godiva H.) 31.06; 4, G. M. Weston (Cambridge H.) 31.17; 5, W. Parr (Trowbridge A.C.) 31.40; 6, J. Hubball (St. Albans C.) 32.04. **Youths:** 1, W. Parr; 2, C. Field (Highgate H.) 32.06; 3, P. Johnson (Poly. H.) 33.46. **Novice**—A. Aylen (Enfield A.C.) 34.18. **1½ Miles:** 1, R. Bygrave (Highgate H.) 13.50; 2, J. F. Wood (Steyning A.C.) 14.11; 3, J. Trower (Steyning A.C.) 14.18.

The "Battle of Britain" Trophy Meeting at the R.A.F. Stadium, Uxbridge, will be held this year between the Walton, Birchfield, Herne Hill, S.L.H., Notts and Milocarian clubs on September 3rd. There are no open events.

DEVON COUNTY CONSTABULARY Athletic Meeting

Recreation Ground, Torquay
Wednesday, 20th July, 1955

at 2.15 p.m.

(Under A.A.A. & W.A.A.A. Laws)

OPEN EVENTS

MEN			Prizes	Value
100yds.	Flat Handicap	...	£7/7	£4/4 £2/2
220yds.	Flat Handicap	...	£7/7	£4/4 £2/2
440yds.	Flat Handicap	...	£7/7	£4/4 £2/2
600yds.	Flat Scratch	...	£7/7	£4/4 £2/2
880yds.	Flat Handicap	...	£7/7	£4/4 £2/2
One Mile	Flat Handicap	...	£7/7	£4/4 £2/2
Three Miles	Flat Handicap	...	£7/7	£4/4 £2/2
(4 Prizes)				and £1/10
100yds.	Vets. Handicap	...	£4/4	£2/2 £1/1
Mile	Medley Relay	(440x220x220x880)		
Three sets prizes valued £16				

WOMEN

100yds.	St. Limit Handicap	£5/5	£3/3	£1/1
100yds.	Flat Handicap	£5/5	£3/3	£1/1
220yds.	Flat Handicap	£5/5	£3/3	£1/1
4 x 110	Inv. Handicap Relay	Three sets prizes valued £14.		

Entrance Fees—1/- each event; Relay 2/-; T. of W. 10/-.

En'tres Close, Wednesday, 6th July, to Det-Constable J. A. Pearce, Sports Hon. Sec., Police Station, Torquay.

CHICHESTER - PORTSMOUTH 16M FOR IDEN

PRE-RACE chatter at Chichester on Saturday, 7th May, was pleasantly directed towards the favourable conditions which are invariably attendant on the occasion of the 16 miles road race to Portsmouth, where the arrival of the competitors at Alexandra Park is synchronised to conclude an inter-Club meeting organised by Portsmouth A.C. This meeting epitomizes the sporting spirit of this enterprising local club which cannot better be illustrated than a quotation from the programme "Twilfit Cup," presented by Leethems (Twilfit) Ltd., as a perpetual Challenge Trophy to be competed for annually at the invitation of Portsmouth A.C., between clubs whose standard of performance, team spirit and sportsmanship is such that the cause of amateur athletics in the Portsmouth area will be fostered by their appearance in the City."

Ideas about the favourable conditions, however, were soon reversed when the 67 competitors turned into a strong headwind on the road to "Pompey." This apparently acted as a

By
SAM FERRIS

deterrent to any pretensions of a fast race and no one would take the initiative in setting the early pace so it was not surprising to find a bunch of runners gradually being singled out to head the field. Passing two miles at 5.30 per mile pace this leading bunch consisted of Iden, Pape, Butler, Ellis, Burningham, Doherty and Chinchin. At five miles the leading group were Geoff Iden, Bob Pape, Ron Ellis and Reg Butler and they were timed in 27.40 with Burningham, Chinchin, Joyner and Ash in close attendance a short distance behind.

Two miles later class and experience began to tell when Geoff Iden drew gradually away to lead by 50 yards at 8 miles, with Bob Pape equal distance in front of Reg Butler and Ron Ellis similarly placed in rear followed by Burningham, Chinchin, Oliver, Joyner, Taylor and Ash practically together. Coming up to 10 miles in 55.27, Geoff Iden was now 150



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J. G. Conway (London) leading in the 2 miles which he won in 9min. 52sec. at the London v. Paris Schools match at Motspur Park.

H. W. Neale



yards ahead of Bob Pape with Reg Butler now closing in and Burningham and Elderfield moving prominently. At this point Ron Ellis and Bill Ash came along to make up the leading half-dozen inside 57 minutes. By 12 miles, Geoff Iden was moving with superb ease over a minute ahead of Bob Pape and Reg Butler and it is a tribute to the popular Victoria Park Harrier's experience and sound judgment that, in spite of the blustering wind, he kept up an amazingly even pace which culminated in a time only twice beaten since the inauguration of the race in 1946.

Reg Butler, the rapidly improving Finchley Harrier, held on tenaciously to second place to record a performance no less brilliant than the winner with a time only previously beaten by three winners. On this form Reg need have no qualms about paying his 10/- entry fee for the privilege of dressing in the Royal Stables on June 18th! The fact that Bob Pape dropped back in the latter stages is no criterion of his true form because this popular athlete was only intent in defending his Royal Navy Championship held in conjunction—prior to his impending departure to the Far East. The excellent performances of Burningham, Elderfield and Joyner should give these athletes confidence when they tackle the longer distances later in the season. The forward running of J. P. Holland was a pleasant surprise as was also the return to good form of H. S. Oliver and R. G. Plummer.

Reading A.C. easily retained the handsome

"Burtonia Trophy" for the team race. Generous awards, too numerous to mention, are a pleasant feature of this popular event.

1. G. L. Iden (Victoria Park H.) ... 1:28.52
2. R. W. Butler (Finchley H.) 1:30.47
3. G. P. Burningham (Reading A.C.) 1:31.20
4. E. Elderfield (Thames Valley H.) 1:31.40
5. G. W. Ash (Southgate H.) 1:31.51
6. J. P. Holland (Worthg. & Dist. A.) 1:32.22
7. R. H. Pape (Royal Naval South) 1:32.41;
8. P. J. Joyner (Cheltenham & Co. H.) 1:33.02;
9. H. S. Oliver (Reading A.C.) 1:33.14; 10. R. G. Plummer (Belgrave H.) 1:33.19; 11. D. J. Taylor (Southgate H.) 1:33.44; 12. I. Brooks (Queens Park H.) 1:34.05; 13. R. R. Chinchin (Bournemouth A.C.) 1:34.08; 14. M. J. Doherty (Reading A.C.) 1:34.25; 15. R. J. V. Ellis (Maidenhead A.C.) 1:35.36; 16. E. M. Bishop (Belgrave H.) 1:35.27; 17. T. W. Joyce

CHATTERIS SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

Saturday, July 16th, 1955

OPEN ATHLETIC EVENTS

MEN'S—1 mile, 880, 440, 220 & 100 yds. h'cp.

LADIES'—440, 220 and 80yds. handicap.

OPEN CYCLING EVENTS

MEN'S—1 mile scratch, $\frac{1}{2}$ mile handicap and Devil Take The Hindmost.

LADIES'— $\frac{1}{2}$ mile and point to point.

Men's Tug-of-War (8 men).

Entries close June 25th, 1955, to Mrs. Peachey,
55 Westbourne Road, Chatteris, Cambs.
Phone 3234

(R.N.A.C. South) 1:36.37; 18, R. F. Hopcroft (T.V.H.) 1:37.45; 19, B. T. Reid (Clonliffe H.) 1:37.48; 20, P. M. Bortz (Queens Park H.) 1:39.26; 21, P. Neilson (Queens Park H.) 1:39.26.

Teams:

1. Reading A.C.

pts.

1. 5. 8. 14

2. Belgrave H.

6.10.15. 34

3. T.V.H.

2.12.17. 31

Handicap:

1. G. P. Burningham (Reading A.C.) All. 9.15

2. R. W. Butler (Finchley H.)All. 8.15

3. J. P. Iveney (Portsmouth A.C.)...All. 22.30

TWILFIT TROPHY MATCH

Walton A.C. 126pts. beat Portsmouth A.C. 106; Reading A.C. 103½; Brighton A.C. 69; R.N.A.C. (S) 66½ and Milocarian 65.

100(1): 1, O. G. Young (P) 10.3; 100(2): P. T. Blenkinsopp (P) 10.5. 220(1): 1, K. Wilms-hurst (W) 24.00; 220(2): 1, A. M. Picton (M) 24.5. 440(1): 1, R. E. Hopkins (P) 53.9; 440(2): R. New (B) 55.0; 880: 1, R. Smith (W) 2:01.9; 2, P. N. Hobson (P) 2:04.0; Mile: 1, H. V. Foord (B) 4:23.0; 2, D. R. Booker (R); 2M: 1, T. J. Porter (P) 9:52.6; 2, J. A. Hyde (R.). Long Jump: 1, K. Wilms-hurst (W) 21'11½"; L/S Glover (RN) 20'3½". High Jump: 1, D. W. Hanns (P) 5'10"; 2, L. H. Radice (P) 5'9". Hop, Step, Jump: 1, K. Wilms-hurst (W) 45'

10½"; 2, N. McLeod (W) 42'1". Weight: 1, D. Colby (W) 41'8½"; 2, W. H. Leckie (R) 35' 9½". Discus: 1, B. Baranowski (M) 129'4"; 2, M. Woolgar (W); Javelin: 1, R. W. D. Millar (R) 202'6"; 2, K. Sedgwick (R) 169'2". Medley Relay: 1, Walton A.C. 3:46.6.

Invitation Events.

Junior Mile: 1, C. W. Plumpton (Ports.); 2, A. Yarrow (Walton); 3, B. I. Kitchener (Reading); 4, J. Lindsell (Ports.) 4:37.4. Youths' 880: 1, C. Clark (Portsmouth); 2, A. J. Wake (RNAC); 3, D. F. McQuade (Brighton); 4, G. Drew (Portsmouth) 2:09.7. Schools' Relay: 1, The Building School; 2, Southern G.S.; 3, The Technical Sch. 53.2.

VANCOUVER TROPHY MEETING

Nearly 1,000 spectators witnessed a successful and interesting inaugural promotion by Woodford Green A.C., at Woodford, last Saturday.

Southern Counties Women's A.A.A.

ANNUAL CHAMPIONSHIPS

at

The Polytechnic Stadium, Chiswick

on

Saturday, 11th June, 1955 at 1 p.m.

Seniors:

Events—100 yards; 220 yards; 440 yards; 880 yards; One Mile Run; 80 metres hurdles; One Mile Walk; High Jump (jumping commences at 4'6"); Long Jump; Shot Putt; Javelin; Discus.

Juniors:

Junior Events start at 1 p.m. prompt 80 yards; 150 yards; 70 yards Hurdles; High Jump; Long Jump; Javelin; Discus; 4 x 110 yards Relay (open only to Affiliated Clubs whose current fee is paid).

ENTRY FEES: Seniors 2/- per event. Juniors 1/- per event. Senior Relay 5/- per team. Junior Relay 2/6 per team. Entry Forms with Fees to Mrs. C. Leslie, 283 Kingston Road, Ewell, Surrey.

Closing Date: SATURDAY, 14th MAY, 1955

The highlights were Ruddy's 21.6 furlong in heat and final, Derek Johnson's 1:53.3 half-mile, and Brian Jackson's 1500 metres in 3:51.6. Another excellent performance was that of Brian Rider, of Woodford Green who, in his first season as a junior, recorded 22.8 in the heats of the furlong.

Belgrave H. 80pts. beat Woodford Green A.C. 67, Thames Valley H. 42, Herne Hill H. 33, Polytechnic H. 31, Southgate H. 29, Essex Beagles 24, Ilford A.C. 24 and Southend A.C. 5.

100m.: 1, D. Merrett (B) 11.1; 2, R. Coleman (EB) 11.1; 3, J. Thomas (P) 11.2; 4, B. Hatch (P); 5, R. Holtom (B); 6, J. Green (TVH).

200m: 1, M. Ruddy (P) 21.6; 2, C. Gibbs (HHH) 21.9; 3, A. Mayers (B) 22.3; 4, B. Segal (TVH); 5, B. Hatch (P); 6, O. Ward (I).

400m: 1, F. Higgins (S'gate) 49.4; 2, T. Muller (P) 49.8; 3, J. Woods (EB) 50.0; 4, A. Dilton (B); 5, R. Hayman (P); 6, K. Martin (TVH).

800m: 1, D. Johnson (WG) 1:53.3; 2, D. Randall (S'gate) 1:56.4; 3, B. Buxton (I) 1:58.8; 4, B. Tyler (S'end); 5, A. Murray-Carter (EB); 6, L. Hill (P).

1500m: 1, B. Jackson (EB) 3:51.6; 2, J. Cameron (TVH) 3:56.0; 3, M. Maynard (HHH) 3:56.4; 4, K. Norris (TVH); 5, A. Tiffin (I); 6, G. Baker (S'gate).

5,000m: 1, J. Heywood (HHH) 14:42.8; 2, A. Ingles (TVH) 14:43.8; 3, S. Cox (S'gate) 15:04.0; 4, A. H. Towl (HHH); 5, H. Wilson (I); 6, D. Douglas (EB).

3000m. S'chase: 1, E. Ellis (TVH) 9:48.4; 2,

C. Crump (WG) 10:02.6; 3, P. Bagnall (B); 4, J. Conway (HHH); 5, R. Harrington (I); 6, K. Bray (WG).

3000m. Walk: 1, R. Davies (WG) 13:51.8; 2, C. Williams (I) 14:08.0; 3, J. Goodall (WG) 14:15.0; 4, E. Smith (B); 5, N. Alderman (I); 6, S. James (B).

110m. Hds.: 1, G. Elliott (WG) 15.8; 2, M. Ash (B) 15.8; 3, R. Sutton (P) 16.1; 4, A. McMahon (HHH); 5, J. Riley (WG); 6, A. Hodge (TVH).

400m. Hds.: 1, D. Kimber (WG) 59.1; 2, A. McMahon (HHH) 59.2; 3, T. Bennett (TVH) 59.8; 4, R. Betts (I); 5, J. Moore (P); 6, J. Riley (WG).

High Jump: 1, M. Ash (B) 5'10"; 2, P. Luxon (B) 5'10"; 3, C. Hatton (WG) 5'8"; 4, J. Gilbert (WG) 5'5"; 5, N. Reid (P) 5'5"; 6, A. Shaw (I) 5'5".

Hop, Step, Jump: 1, G. Roden (TVH) 45'11"; 2, P. Luxon (B) 44'8"; 3, G. Dixon (TVH) 43'7"; 4, K. Key (B) 43'5"; 5, R. Joslin (WG) 42'11"; 6, D. Rumbold (I) 42'9½".

Pole Vault: 1, G. M. Elliott (WG) 12'0"; 2, M. Ash (B) 10'3"; 3eq., C. East (EB) and J. Gettrup (HHH) 9'6"; 5, L. Blackman (WG) 9'0"; 6, K. Brookman (HHH) 9'0".

Weight: 1, E. Gaworski (B) 44'4"; 2, D. Vanhegan (S'gate) 44'1"; 3, G. Elliott (WG) 42'11"; 4, A. Harris (B) 42'1"; 5, R. Smith (TVH) 40'9"; 6, P. Cook (TVH) 40'1".

Discus: 1, G. Carr (WG) 136'3"; 2, T. Gaworski (B) 133'8"; 3, A. Harris (B) 130'7"; 4, G. Elliott (WG) 129'8"; 5, P. Isbester (I) 121'10"; 6, D. Reed (S'gate) 119'9".

Hammer: 1, P. Porter (B) 155'4"; 2, D. Vanhegan (S'gate) 145'4"; 3, T. Gaworski (B) 132'2"; 4, J. Head (EB) 130'11"; 5, M. Ratcliffe (S'end) 125'9"; 6, M. Gedy (S'gate) 121'5".

TRACK OPENED AT ERITH (cont.)

Juniors

100: 1, G. Golby (Camb. H.) 11.0; 2, H. Abbott (Blackheath) 11.1; 3, J. Harris (Camb.

H.). **880:** 1, R. Kemp (Essex B.) 2:01.5; 2, R. Taylor (Blackheath) 2:04.6; 3, W. Willis (Blackheath) 2:05.4. **1 Mile:** 1, M. Bergman (Camb. H.) 4:36.6; 2, L. Jones (Blackheath) 4:39.8; 3, D. Gibbons (Essex B.) 4:43.6. **120H:** 1, K. Burchell (Blackheath); 2, R. Nolan (Essex B.); 3, J. Baldwin (Blackheath) 17.3. **1J:** 1, G. Coleman (Camb. H.) 20'9½"; 2, K. Burchell (Blackheath) 20'9½"; 3, D. Read (Camb. H.) 19'10½". **HJ:** 1, R. Bellamy (Camb. H.) 5'3½"; 2, M. Leary (Essex B.) 5'3"; 3, K. Legood (Blackheath) 5'3". **Wt:** 1, A. Kemp (Kent) 43'1"; 2, R. Ponter (Rochester) 41'8"; 3, P. Jackson (Blackheath) 36'11". **D:** 1, H. Abbott (Blackheath) 128'2"; 2, P. Jackson (Blackheath) 108'6"; 3, P. Yaxley (Camb. H.) 108'2½". **4 x 110 Relay:** 1, Cambridge 47.0; 2, Blackheath 47.1; 3, Essex B. 47.5. **1 Mile Medley Relay:** 1, Blackheath 3:51.6; 2, Essex B. 3:52.6; 3, Cambridge 4:03.2. **"Hercules Trophy":** 1, Blackheath 75 pts.; 2, Cambridge 56; 3, Essex B. 42. **Boys' School 4 x 110 Relay:** 1, North Heath C.S. 51.3; 2, Westwood Sec. S. 52.3; 3, Erith Tech. S. 52.9. **Girls' School 4 x 110 Relay:** 1, Dartford West C.S. 58.5; 2, Bexley Westwood C.S. 58.6; 3, Erith G.S. 58.9. **Invitation Event:** **880:** 1, P. Barber (Darnley) 1:59.2; 2, A. James (Kent A.C.) 1:59.4; 3, R. Purkiss (Camb. H.) 2:00.1.

April 25th

North London H. 3M. Track Championship. 1, J. H. Langwith 14.42 (Champ. rec.); 2, W. Mann 15.01; 3, H. Packer 15.03; 4, N. F. Sherry 15.10; 5, A. J. Parratt 15.22; 6, J. H. Pennington 15.27.

Essex Beagles' Evening Meeting. **100m:** R. Coleman 11.0; **400m:** B. Jackson 51.4; **800m:** B. Kiernan 2:02.4. **Juniors 100m:** M. Vidler 12.1; **200m:** M. Vidler 24.8; **400m:** R. Kemp 53.1; **1500m:** D. Togwell 4:21.4.

Scottish and Welsh Notes and other results held over to next week.

WATFORD SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

WHIT-MONDAY, MAY 30th, 1955

OPEN EVENTS

Men's Handicaps:

100, 300, 880yds, 3 Miles, 100yds. Veterans, Tug-of-War (6 men, 75 stone), One Mile Scratch, Pole Vault, Youths' Mile, Jun. 880

Ladies' Handicaps:

100, 220, Relay (4 x 110yds.), 880yds. scratch. Field Events (all handicaps)—High Jump, Long Jump, Shot, Discus, Javelin. **Junior Girls (Handicaps):** 100yds., Relay (4 x 110yds.).

Entries close May 16th to R. B. Stevens, 126 Kenilworth Drive, Croxley Green, Rickmansworth, Herts (Rickmansworth 5539).

KODAK SPORTS

(Under A.A.A., W.A.A.A. & N.C.U. Rules)

WHIT-SATURDAY, MAY 28th, 1955

OPEN EVENTS

Men's Handicaps:

100, 300, 880yds., 2 Miles Junior Relay (220, 110, 110, 220), Pole Vault, Hop, Step and Jump, Mile Scratch, Tug-of-War (6 men, 75 stone) 10 MILES ROAD RACE (Ind. & Team).

Ladies' Handicaps:

100, 220yds., Relay (4 x 110yds.); 80m. Hurdles; High Jump; Shot; Discus; Javelin. **Junior Girls:** 100yds. & Relay (4 x 110yds.) W.A.A.A. National Relay (4 x 110yds.)

Entries close May 14th to R. Stevens, Kodak Works, Harrow, Middlesex.

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