

athletics

weekly

INCORPORATING
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

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1/6

DAVE HEMERY, who has reached the Olympic qualifying standard in both hurdles events.

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LEADING BRITISH PERFORMERS

NOW that the domestic track and field season is in full swing, high class performances are being recorded almost every day. Here are the leading UK outdoor performers of 1968, as at May 7th:

100y: 9.7 L. Davies, 9.8 R. Frith, 9.7w H. Davies. **100m:** 10.5 B. Kelly, 10.6 R. McStocker, 10.7 R. Frith, J. Speake, B. Nottage, 10.6w R. Banthorpe. **220y:** 21.6 R. Steane, M. Winbolt Lewis (& 21.4w), 21.0w R. Simonsen, 21.4w R. Jones, 21.5w A. Tymms. **440y:** 47.9 R. Green, A. Wood, 48.5* M. Hauck. **880y:** 1:49.6* M. Varah, 1:50.1* J. Whetton, 1:50.2 J. Baker, 1:50.6 C. Carter, 1:50.8* C. Campbell. **1500m:** 3:48.8 J. Rix. **1 Mile:** 4:02.2 J. Baker, 4:05.1 N. Duggan, 4:05.7 A. Green. **2M:** 8:46.2 J. Thresher, 8:47.6 N. Duggan, 8:49.2 R. Holt. **3M:** 13:24.6 M. Freary, 13:34.8 R. Gregory, 13:39.8 N. Duggan, 13:44.6 G. Bryan-Jones. **5000m:** 14:07.6 N. Duggan, 14:13.6 J. Caine. **6M:** 28:08.6 R. Hill, 28:21.4 R. Grove, 28:43.6 K. Angus, 28:45.6 W. Bent, 28:49.0 M. Hyman. **10,000m:** 29:01.8 T. Johnston. **Mar:** 2:20:06 C. Kirkham, 2:20:20 L. Carroll, 2:20:21.6 R. Grove. **3000mSC:** 8:56.6 G. Stevens, 9:00.4 A. Ashton. **120yH:** 13.9 D. Hemery, 14.7 G. Gower, 14.8 G. Tymms, R. Legge. **220yH:** 23.8 A. Pascoe. **440yH:** 50.6 D. Hemery, 53.9 R. Fox. **HJ:** 6'3¼" P. Gates, 6'3" L. Hall. **PV:** 14'6" M. Higdon, 13'9" M. Bryant. **LJ:** 24'4" P. Reed, 23'10" J. Elias. **TJ:** 51'8½" J. Vernon, 51'7½" D. Boosey, 51'4½" F. Alsop, 49'11½" G. Hamlyn, 49'10" A. Wadhams. **SP:** 57'10" A. Carter, 56'9½" W. Tancred, 54'0½" G. Capes, 53'6½" M. Lucking. **DT:** 177'11" W. Tancred, 169'0" J. Watts, 168'8" D. Roscoe, 166'0" P. Bullock. **HT:** 193'4" D. Bayes, 190'10" L. Bryce, 189'7" B. Fraser, 186'6" B. Williams. **JT:** 248'8" J. FitzSimons, 234'7" R. Perkins. **Dec:** 6140 A. Mollett.

Women's 100y: 11.0 L. Board, 11.1 J. Stroud, L. Peck. **220y:** 24.5 L. Board, 24.8* J. Pawsey, 24.9 M. Hadler, 25.0 J. Stroud. **440y:** 56.8 P. Stocking, P. Lowe, 57.2 R. Godsall, 57.4 J. Page. **880y:** 2:13.0 A. Lynch, 2:14.0 J. Page. **80mH:** 11.3 P. Jones, P. Pryce, C. Perera, 11.4 S. Garnett. **HJ:** 5'7" B. Inkpen, 5'4" J. Arnold, 5'3" L. Knowles. **LJ:** 19'6" M. Barton, 18'11½" B. Inkpen, 18'9" J. Towl. **SP:** 50'11½" B. Bedford, 45'5" J. Bloss, 43'9" J. Quick, 43'0½" G. Porter. **DT:** 157'3" B. Bedford, 151'6" R. Payne. **JT:** 158'10" A. Farquhar, 152'9" R. Morgan. **Pen:** 4066 P. Pryce, 4043 J. Arnold.

* converted from metric

SITTINGBOURNE
SPORTS DAY

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, JULY 6th, 2 p.m.

At THE BULL FOOTBALL GROUND

Senior Men's 100yds., 880yds., 1 Mile, Catch-weight Tug-of-War; **Youths** 1 Mile; **Boys** 100yds., 220yds., 880yds.; **Senior Women's** 100yds., 440yds.; **Junior Women's** 100yds., 880yds., 4x110 Relay.

ALL OPEN SCRATCH EVENTS

Prizes ● Medals ● Trophies

Entry forms from Miss B. Harris, 2 London Road, Sittingbourne, Kent. (Tel: 2926).

DOROTHY IS REINSTATED

News to delight all athletics followers is the reinstatement of Britain's most successful sprinter, Dorothy Hyman. Dorothy, who turned 27 on May 9th, forfeited her amateur status when her autobiography was published following the Tokyo Olympics, but the WAAA executive committee announced last Monday that they had decided to grant Dorothy's application for reinstatement. Thus the former European and Commonwealth champion will be free to race at club and county level, but she will not be allowed to compete in the WAAA Championships or any other meeting held under IAAF laws. Her first important races are likely to be at the Yorkshire Championships at Hull on May 25th.

The first reports that Dorothy was seeking a return to competition appeared in the inaugural issue of *Women's Athletics*.

NOT THE FASTEST

Portsmouth AC secretary Andy Gibb informs us that Dave Inns did not record the fastest short lap time of 13:54 in the AAA Road Relay. He estimates that Venus ran 29:07 on the 7th leg and Inns 15:33. The fastest short lap of the day was thus 13:59 by Peter Stewart (Birchfield).

FRANK MURPHY IN FORM

Irishman Frank Murphy indicated he is ready to duck well under four minutes for the mile when he recorded 2:53.0 for a ½ mile relay leg at the Penn Relays on April 26th. On the following day he produced relay legs of 1:49.1 (880y) and 4:04.1 (mile). Murphy is hoping to clock 3:54/3:55 later in the season.

WIN FOR TIM JOHNSTON

At the same meeting in Mexico City last month at which Wyomia Tyus (USA) equalled the world 100m record of 11.1 shared by Irena Kirszenstein (Poland) and Barbara Ferrell (USA), Britain's Tim Johnston captured the half-marathon event in the fine time of 1:07:48.6.

Cover photo by Central Press

CALLING ALL TEENAGE ATHLETES

Male athletes under 20 are requested to send their performances immediately after competitions to the NUTS list compilers as follows: athletes born in 1949 and 1950 to Dave Cocksedge, 82 Florida Road, Thornton Heath, Surrey; athletes born in 1951 or later to Alan Lindop, 12 Bridgett Close, Trent Vale, Stoke-on-Trent, Staffs. This will greatly assist the NUTS and ensure that all performances up to standard enter the lists.

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January 1st—December 31st, 1967

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THE WEEK AHEAD

Leading fixtures today (May 11th) are the RWA 20 Kilometres walk championship at Coventry, the Pilot National League "A" Meeting at Chiswick, which incorporates the Sward Trophy, and Oxford v. Cambridge at White City.

Other events include the ever popular Festival of Scotland Highland Gathering at Richmond Athletic Ground, MCAAA v. Loughborough C. v. RAF at Loughborough, Kent 20 Miles Road Race at Hayes, Chichester to Portsmouth "16", Halesowen "16", Shettleston Marathon, Scottish E. District Women's Champs. at Pitreavie and W. District Champs. at Scotstoun, Sam Waller Trophy at Enfield, Kinally Trophy at Sutcliffe Park, Edinburgh to North Berwick 22.6 Miles Road Race, Bristol Aero "10", Brooks-Hyland Trophy at Ewell, Anne Bale Trophy at Croydon, Monmouthshire Champs., Melbourne Trophy at Kirkby, Twilfit Cup at Alexandra Park, Portsmouth, Hampstead "10", Bingley Open Sports at Keighley and Open Meet at Gillingham.

Sunday, May 12th: Vancouver Trophy at Woodford Bridge, Camberley Trophy at Camberley, Lancaster Univ. Ingleborough Race, YHA Chevy Chase at Wooler, Northumberland.

Monday, May 13th: British party leaves for 2 weeks at Font Romeu.

Tuesday, May 14th: Open Road Races from Hadley Playing Fields, Smethwick; Manchester League at Stretford.

Wednesday, May 15th: AAA v. London Univ. at Motspur Park (6.30), Middx. v. Oxford Univ. v. Oxon AAA at Oxford, Birchfield v. B'ham Univ., Daffern Shield at Ruislip, Presidents Trophy at Malone (Belfast), Open Graded Meet at Hayes (Middx), Open 3M at Maidstone, Navy v. Oxford Univ. Centipedes v. Cardiff TC at Victory Stadium, Portsmouth.

Friday, May 17th: First Day of Midland Decathlon Champ. at Brierley Hill.

ANDY GREEN STARTS SEASON OFF WELL

JUST returned from a spell of high altitude training at St. Moritz, Andy Green felt in sufficiently good shape to attempt a four-minute mile in the match between the Southern Counties and Oxford University at Iffley Road on May 1st. The plan was for himself to set the pace on the first and third laps, while Geoff Biscoe would take the second. Green moved out purposefully from the gun and covered the first quarter in 59.0. Biscoe took over dead on schedule and led until 830y, when Green surged past to clock 2:02.2 at the half. By the bell (3:04.4) he was 15 yards clear of his nearest pursuer, Ken Riley of Oxford City.

Maintaining his powerful stride well, though without managing to accelerate, Green finished in 4:05.7—a promising enough start to the season. "I felt a little bit lethargic in places," he explained, but these are very early days yet. Andy, who at 154lb is lighter than he has been for years, is hoping—and with just cause—for a big season. "I have to get down to 3:55 for the mile at least," he says in a matter-of-fact way and yet he is not entirely convinced that the 1500m is the event he should go for in Mexico. He thinks he has a chance of making the team at 800m, having no doubt of his ability to better the qualifying standard of 1:48, and believes he will be less affected by high altitude in that event than in the 1500m. Still, he is planning his season carefully — all thoughts of pot hunting are out this year—and will decide on what to concentrate after running the inter-counties mile and Southern 880y.

Riley, who came home ten yards behind Green (and closing) in a personal best of 4:07.0, confirmed his recent success in the BMC $\frac{1}{4}$ mile trials and, clearly, is a man to watch. Another miler who should make quite an impression this year is Ray Roseman, a much more mature competitor these days. He tackled the 2 miles, and produced a scintillating last furlong in 26.4 to win in 8:56.4. He will be mixing three's with his miles and, in fact, may go for the longer distance at the inter-counties as he dislikes the idea of running a mile heat at East London Stadium ("with my long stride it's like running on sand").

Other bright moments in the match included Alan Pascoe's 23.8 low hurdles, only a tenth away from the UK record around a turn; Colin Campbell's 47.3 440y relay leg; Gerry Stevens' sub-9 steeplechase; and an exceedingly close discus duel in which Dennis Roscoe set a personal best of 168'8" in losing by four inches to John Watts. Explanation for Fred Alsop's showing in the triple jump is that he was using only a short run-up.

Melvyn Watman

100: 1, R. Jones (S) 9.9; 2, I. Green (S) 10.1; 3, M. Hauck (O) 10.1; 4, M. Reynolds (S) 10.3; 5, J. Barry (O) 10.3; 6, A. Ronay (O) 10.4. **220:** 1, Hauck 21.7; 2, Green 22.3; 3, C. Campbell (S) 22.3; 4, D. Thomas (S) 22.5; 5, R. Coates (O) 23.2; 6, Ronay 23.6. **440:** 1, N. Overhead (S) 49.1;

2, Barry 49.4; 3, P. Browne (S) 50.1; 4, S. Handscombe (guest) 50.8; 5, R. Coates (O) 52.2. **880:** 1, F. Martin (S) 1:53.4; 2, D. Perry (O) 1:54.0; 3, H. Pullan (S) 1:54.4; 4, D. Wright (S) 1:55.0; 5, M. Warburton (O) 1:55.4; 6, Cartmell (guest) 1:56.0. **1 mile:** 1, A. Green (S) 4:05.7; 2, K. Riley (guest) 4:07.0; 3, G. Biscoe (S) 4:10.6; 4, R. Cross (O) 4:11.7; 5, P. Leary (O) 4:15.5. **2M:** 1, R. Roseman (S) 8:56.4; 2, J. Waterhouse (O) 9:01.0; 3, J. Valentine (O) 9:02.4; 4, J. Ross (S) 9:04.0; 5, P. Lightfoot (S) 9:05.4; 6, F. Larkins (O) 9:16.6. **3000mSC:** 1, G. Stevens (S) 8:56.6; 2, P. Braithwaite (O) 9:08.6 (undergrad rec); 3, J. Bicourt (S) 9:17.8; 4, R. Jones (O) 9:35.6; 5, R. Piotrowski (S) 9:43.2; 6, M. Johns (O) 9:56.8. **120H:** 1, R. Legge (S) 14.9; 2, S. Black (S) 15.3; 3, P. de Villiers (O) 15.4; 4, D. Knight (O) 16.9. **220H:** 1, A. Pascoe (S) 23.8; 2, de Villiers 24.6; 3, Legge 24.7; 4, I. Dawes (O) 26.4. **440H:** 1, R. Fox (S) 53.9; 2, Black 55.0; 3, Dawes 55.3; 4, L. Godfrey (O) 58.8. **4x110:** 1, SCAA 42.1; 2, OUAC 42.1. **4x440:** 1, SCAA 3:23.0; 2, OUAC 3:29.3. **HJ:** 1, L. Hall (S) 6'3"; 2, L. Foster (S) 6'0"; 3, J. Antill (O) 5'8"; 4, Dryden (O) 5'8". **PV:** 1, M. Higdon (S) 14'3" (ground rec); 2, H. Wagenseil (O) 13'0"; 3, D. Lease (S) 13'0"; 4, R. Murphy (O) 11'6". **LJ:** 1, F. Alsop (S) 23'5"; 2, Knight 23'2"; 3, P. Hudson (S) 22'11"; 4, G. Maddocks (O) 20'6". **TJ:** 1, D. Macbeth (S) 46'5½"; 2, L. Griffin (guest) 46'1½"; 3, Alsop 45'11"; 4, A. Snaith (O) 45'9"; 5, A. Shoebridge (O) 45'0". **SP:** 1, M. Lucking (S) 53'6½"; 2, D. Roscoe (guest) 47'5"; 3, A. Shartsis (O) 42'8½"; 4, R. Speed (O) 42'6½". **DT:** 1, J. Watts (S) 169'0" (ground rec); 2, Roscoe (O) 168'8"; 3, P. Tancred (S) 148'5"; 4, D. Henry (O) 130'11". **JT:** 1, N. Hart-Ives (S) 223'1"; 2, C. Butterworth (O) 194'9"; 3, C. Hayman (S) 194'5"; 4, A. Heath (O) 190'1". **Result:** SCAA 140, OUAC 68.

VACANCIES

Guildford & Godalming AC have vacancies for more clubs in their men-only matches on June 15th and July 20th. Details from R. V. Tidman, 57 Long Gore, Binscombe, Godalming, Surrey.

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AW5

Impressive 3000m. By Roger Clark

WITH everyone glancing apprehensively over their shoulder from time to time, to check whether rain was yet falling from dark, massive clouds that dominated the proceedings, the weather was hardly ideal for the Surrey-Middlesex-RAF-London University match on Mayday. Despite the cold, clammy conditions, however, there were a host of promising marks which augur well for the newborn season.

The set-piece of the evening was the 800 metres where Allan Cowen was supposed to set a fast pace, enabling Middlesex team mate and training companion Len Walters to set a fast early season time. Cowen, fulfilling his duties with Walters two yards behind, led in 53.7 at the bell. With 300 yards left the 21-year-old Thames Valley man swept to the front and positively coasted in. Afterwards the irrepressible Cowen was wandering around jokingly knocking Len: "If I was as fit as he is I'd have taken off much sooner. But you know what he really wants—that I should lead him for 800 yards!"

Also very impressive was Roger Clark, cross-country find of last winter. Although never seeming really to drive for home in the 3000 metres, he still managed a 60 second last lap and must surely better 13.20 for three miles this summer. Other highlights included . . . a good sprint double by Dick Steane over Martin Winbolt Lewis, though the latter was closing at the finish of both races . . . after a long absence, a fine comeback to 440 hurdling by Orlando Baggott . . . 20-year-old Bill Fuller upping his shot best for the second time in two competitions. Already he has improved 1 foot 10 inches on his 1967 best . . . Kevin Sheppard (only 19) defeating Vic Mitchell, Mike Turner and David Mole in the javelin, all of whom had thrown further, in by-now icy conditions and fast-gathering gloom (9.15 finish!).

Some of the oldsters did pretty well too, notably Otto Feldmanis, who really should not be winning matches of this class at the age of 42. In the hammer only Chris Melliush prevented a clean sweep by the over-thirties, Eric Johnston (32) setting a personal best in second place and 40-year-old Bob Nicoll finishing third.

A spectator, who should have been competing for London University, was Andy Todd who sustained a damaged hamstring while hurdling the previous Sunday. He says that he can run pretty well on the flat and will therefore embark on some intensive training at Font Romeu, but will not be able to undertake any more hurdling until the team's return.

John Lusardi

1, Surrey 208; 2, Royal Air Force 154; 3, Middlesex 144; 4, London Univ. 133. 100m: 1, R. Steane (M) 11.0; 2, M. Winbolt Lewis (S) 11.0; 3, A. Conteh (LU) 11.1. 200m: 1, Steane 21.5; 2, Winbolt Lewis 21.5; 3, D. Halliday (RAF) 22.5; 4, R. Beck (LU) 22.6. 400m: (A) 1, I. Morgan

At Motspur Park, May 1st

(LU) 49.4; 2, P. Charles (M) 49.8; 3, J. Sam (S-J) 50.2. (B) J. Marsh (M) 49.6. 800m: 1, L. Walters (M) 1:51.5; 2, F. Green (S) 1:52.1; 3, N. Lovatt (S) 1:52.1; 4, N. Morrison (LU) 1:53.3; 5, A. Elgie (RAF) 1:53.6; 6, Herd (RAF) 1:54.0; 7, A. Cowen (M) 1:54.2. 1500m: 1, J. Rix (S) 3:48.8; 2, A. Joslyn (M) 3:50.0; 3, F. Stebbings (S) 3:53.0; 4, G. Goodman (M) 3:53.7; 5, Wilson (RAF) 3:57.4. 3000m: 1, R. Clark (RAF) 8:12.4; 2, M. Beevor (M) 8:12.6; 3, R. Holt (S) 8:13.2; 4, Gerry North (S) 8:19.8; 5, S. Buchanan (M) 8:27.4; 6, N. Barton (LU) 8:32.0. 3000mSC: 1, D. Bowden (RAF) 9:39.0; 2, A. Pretty (M-J) 9:42.6; 3, G. Dance (S) 9:44.0; 4, R. Ferguson (RAF) 9:48.0; 5, B. Goodfellow (RAF) 9:52.2. 110mH: (A) 1, G. Tymms (S) 15.3; 2, C. Metcalfe (LU) 15.7; 3, eq. R. Wall (M) & Williams (RAF) 16.2. (B) G. Manning (S) 16.1. 400mH: (A) 1, O. Baggott (S) 54.9; 2, J. Dixon (RAF) 55.9; 3, B. Scott (LU) 57.8. (B) Coles (RAF) 56.9. 4x100m: 1, Surrey 44.0; 2, RAF 44.1; 3, LU 44.8; 4, Middlesex 45.0. 4x400m: 1, LU 3:20.9 (48.2 final leg by Beck); 2, RAF 3:24.9; 3, Surrey 3:33.3. HJ: 1, R. Morris (S) 6'2"; 2, M. Selby (LU) 6'0"; 3, M. Evans (LU) 6'0"; 4, R. Gocher (RAF) 5'10"; 5, A. Bent (S-J) 5'10". PV: 1, P. Lyons (S) 13'0"; 2, R. Hearfield (RAF) 11'0". LJ: 1, D. Wade (LU) 21'11½"; 2, G. Palmer (S) 21'7½"; 3, D. Kidner (M) 21'4½"; 4, R. Wall (M) 20'8½"; 5, R. Gilfrin (S) 20'8". TJ: 1, K. Kelly (S) 45'7½"; 2, M. Pilgrim Morris (RAF) 45'7½"; 3, N. Rice (S) 45'6"; 4, P. Jones (LU) 45'5"; 5, Kidner 44'11". SP: 1, C. Cogswell (S) 52'0"; 2, W. Fuller (S) 51'3½"; 3, A. Kerr (M) 49'1"; 4, B. Tristram (LU) 47'6"; 5, J. Stone (M) 43'3½". DT: 1, O. Feldmanis (S) 141'8"; 2, Kerr 140'3"; 3, H. Williams (RAF) 136'11"; 4, M. Ferne (S) 134'0"; 5, E. Johnston (RAF) 131'0"; 6, P. Bebbington (LU) 130'9". HT: 1, C. Melliush (S) 175'7"; 2, Johnston 175'1"; 3, R. Nicoll (S) 162'7"; 4, D. Lazarides (M) 156'10"; 5, E. Purkis (RAF) 138'10". JT: 1, K. Sheppard (S) 205'5"; 2, V. Mitchell (M) 205'4"; 3, M. Turner (LU) 204'11"; 4, D. Mole (S) 204'6"; 5, K. Chandler (M) 192'2"; 6, R. Mawson (RAF) 192'0".

BRENDA BEDFORD OVER 50ft.

(Women) 1, Mitcham 98; 2, WRAF 68½; 3, London Univ. 35½. 100m/200m: J. Pawsey (M) 12.2/24.7. 400m: V. Guest (LU) 61.3. 80mH: S. Smyth (M) 12.2. 4x100m: Mitcham 49.7. LJ: B. Barratt (M) 18'0". SP: 1, B. Bedford (M) 50'11½" (50'11" second best put); 2, J. Quick (M) 43'5"; 3, C. Keary (WRAF) 34'3½"; 4, Pearce (WRAF) 34'0½". DT: 1, Bedford 150'9"; 2, Quick 129'8"; 3, Pearce 113'8"; 4, J. Brooker (LU) 107'4". JT: 1, Keary 117'1"; 2, S. Warn (M) 113'5".

Would any Kent runner wishing to compete in the Brookmans Park Inter-County "10" on June 22nd please advise J. Mayatt, 23 Gatland Lane, Maidstone, immediately.

RESULTS IN BRIEF

March 16th

Nottingham University Road Relay. 1, Borough Road C. (A. Sell 14.09, J. Mouat 14.09, T. Slack 14.32, R. Grice 14.23, I. Forster 14.13) 71.26; 2, Notts Univ. (R. Osborn 14.23, J. Richardson 14.06, C. Rogers 14.36, D. Rhodes 14.34, R. Bartlett 14.04) 71.43; 3, Manchester Un. (I. Angus 14.38, P. Carey 14.16, D. Cockburn 14.18, P. Kerigan 15.00, C. Betts 14.15) 72.27; 4, Loughborough Colls 72.29; 5, Notts AC 73.32; 6, Birm. Un. 74.18; 7, St. John's, York 74.25; 8, Univ. C., London 75.38; 9, NU Past Members 75.39; 10, BRC "B" 76.08. 25 teams finished. Fastest times: J. Caine (LC) 13.46, K. Lee (NAC) 13.53, R. Newble (Sheff. Un) 13.58, Bartlett 14.04, R. Davies (BU) 14.05, Richardson 14.06.

April 13th

At Grays. (Women) Mile: B. Grinney (Thur) 5:28.6. SP/DT: J. Bloss (Thur) 45'04"/126'5". (Inter) 80mH: L. Benton (Thur) 12.3. HJ: S. McCart (S'end) 4'10". (Jnrs) DT: J. Thorndyke (Thur) 86'9".

April 20th

Exeter H. 220, St. Luke's C. 217, Plymouth 117, at Clifton Hill, Exeter. 880: M. Smith (SL) 1:55.1. 3000mSC: (Devon Champ) A. Faulds (E) 9:45.4. 120H: A. Davies (P) 16.2. TJ: P. Booth (E) 44'



John Thresher hands over to Adrian Major (Belgrave) in the AAA National Road Relay.

Ron Linstead

6½". JT: B. Roberts (P) 198'5". (Women) Plymouth 64, Bristol 63. 100/220: M. Critchley (B) 11.7/26.4. 440: 1, C. Tanner (E) 58.4; 2, S. Wills (B) —. 80mH: M. Brockington (P) 12.3. DT: D. Leeworthy (P) 108'1".

Manchester YMCA 4x3¼M. Road Relay, at Princess Road. 1, Salford (A. Walsham 16.36, S. Clegg 16.51, K. Darby 17.15, C. Leigh 16.47) 67.29; 2, Manchester & DLC (A. Ward 16.37, B. Hall 17.13, P. Morris 16.58, K. Hazeltine 17.50) 68.38; 3, Sale (R. Dunne 18.39, D. Hazard 17.10, B. Goulden 16.26, D. Farmer 17.24) 69.39; 4, Salford "B" 69.45; 5, Manchester AC; 6, Oldham & Royton. Fastest times: A. Blistone (Alt) 16.02, Goulden 16.26, Walsham 16.36.

April 23rd

Rolls Royce Graded Meeting. (Women) 60/150: K. Nelson (RR) 7.1/17.2. 330: 1, D. Grafton (Dby) 42.6; 2, A. Borman (Dby) 42.9. 660: 1, G. Tivey (Dby) 1:38.6; 2, Borman 1:47.0. (Jnrs) 880: . . . 3, L. Godwin (Dby) 2:56.0 (11 yrs!).

April 22nd

Oxford University Trials, at Iffley Road. 100: M. Hauck 10.2. 440: D. Perry 50.6. Mile: 1, J. Beckett (NZ) 4:10.7; 2, J. Valentine 4:15.0; 3, P. Leary (S. Africa) 4:15.6. 3000mSC: 1, P. Braithwaite 9:33.2; 2, R. Jones (Jnr) 9:48.2. 220yH: 1, P. De Villiers (SA) 24.8; 2, D. Clementi 25.5; 3, I. Dawes (Aus) 25.9; 4, A. Shoebridge 26.0. PV: 1, C. Kidd 12'6"; 2, R. Murphy 12'0". TJ: 1, A. Snaith 46'5"; 2, Shoebridge 45'10"; 3, L. Griffin 45'6½". DT: 1, D. Roscoe 154'0"; 2, D. Henry 131'8". JT: 1, C. Butterworth 191'8"; 2, De Villiers 186'3"; 3, J. MacKinnon 185'1".

April 24th

Hayes Floodlit Meeting. 100: 1, R. Steane (TVH) 9.9; 2, I. Green (Luton) 10.1; 3, A. Pascoe (Boro. Rd. C.) 10.1. 220: 1, Steane 21.6; 2, Pascoe 22.2; 3, Green 22.2; 4, J. Marsh (TVH) 22.2. 2M: 1, P. Freeman (Sy AC) 8:59.4; 2, M. Duff (MDLC) 9:00.0; 3, J. Snowden (Sy AC) 9:03.4; 4, B. Standen (TVH) 9:03.8; 5, I. Angus (Ver) 9:04.4; 6, K. Wallis (Mit) 9:06.4; 7, R. Wilson (RAF) 9:12.8. LJ: 1, R. Wall (Twick) 21'6". . . . 4, Pascoe 21'0". TJ: 1, P. Jones (Poly) 44'2½"; 2, Wall 43'7"; 3, P. Clarke (Ver) 43'6½". (Women) 100: 1, M. Cobb (Sel) 11.2; 2, S. Willshire (Hayes) 11.4. 220: Cobb 25.4. 440: Willshire 59.9. 880: 1, S. Fitzmaurice (AFD) 2:17.3; 2, P. Moulton (Ver) 2:18.4; 3, J. Hale (AFD) 2:24.8. HJ: 1, L. Esdaile (Wind) 5'2"; 2, R. Fowler (Wind) 5'2".

Oxford University Trials, at Iffley Road. 220: M. Hauck 22.3. 880: 1, D. Perry 1:54.3; 2, M. Warburton 1:54.9. 3M: 1, F. Larkin (Aus) 14:11.6; 2, J. Valentine 14:14.6. 120yH: P. De Villiers 16.0. 440H: 1, I. Dawes 55.1; 2, D. Clementi 55.1; 3, L. Godfrey 57.5; 4, De Villiers 58.0. LJ: Shoebridge 22'2". SP: 1, D. Roscoe 49'3"; 2, A. Shartsis (USA) 44'8½"; 3, R. Speed 43'3"; 4, J. Armstrong 42'2½".

April 27th

Loughborough Colleges' Relays Meeting. 4x100m: 1, Loughboro' C. 42.9; 2, LC "B" 43.2; 3, RAF 44.0; 4, LC "C" 44.7 (44.5 ht). 4x220y:

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Lough. C. 1:30.0. 4x440: 1, RAF 3:25.5; 2, Birmingham Un. 3:25.9; 3, Lough. C. 3:26.8; 4, Boro. Rd. C. 3:28.8. 4x880: Lough. C. 7:56.8. 4xMile: Lough. C. 17:53.4. 4x110mH: Lough. C. 62.2. Teams: 1, Loughborough C. 39; 2, RAF 34; 3, Birm. Un. 22; 4, LC "B" 17; 5, LC "C" 3; 6, Lough. Un. 2. (Schools Races) 4x100m/4x220: King Edward VI S. 46.6/1:37.3. 4x440: Bilborough C. 3:35.7.

London University Championships, at Motspur Park. 100m/200m: A. Conteh 10.9/22.5. 400m: R. Beck 49.8. 1500m: N. Barton 4:02.5. 5000m: 1, B. Jones (NZ) 14:21.0; 2, N. Morrison 14:49.0. 110mH: C. Metcalfe 15.6. 400mH: I. Morgan 54.9. HJ: 1, eq. M. Evans & M. Selby 6'0 $\frac{1}{2}$ ". LJ: D. Wade 21'9 $\frac{1}{2}$ ". SP: 1, B. Tristram 47'2 $\frac{1}{2}$ "; 2, A. Ross 44'6 $\frac{1}{2}$ ". JT: 1, M. Turner 218'5"; 2, R. Maughan 194'7"; 3, B. Hartley 183'4". (Women) 400m: V. Gues 60.0.

Sheffield University Trials, at Norton. 2M: T. Wright (Hallam-guest) 9:08.4. SP: (undersize stop-board) 1, M. Draycott (Don-guest) 46'11 $\frac{1}{2}$ "; 2, R. Fenn (Don-guest) 46'8". DT: D. Jessop (Hallam-guest) 141'6". HT: 1, B. Crowther 161'1"; 2, A. Bromby (unat) 139'7"; 3, I. Murr (Roth-guest) 133'8". (Women) DT: V. Tingle (Sheff. Utd-guest) 108'1".

April 27th

Brighton & Hove AC Open Meeting, at Withdean. 100: J. Knowles (BH) 10.0. 440: 1, C. Carter (BH) 50.0; 2, J. Auckett (East) 51.0. 880/2M: R. Roseman (SLH) 1:56.1/9:08.4. 440H: 1, O. Baggett (Border) 55.9; 2, A. Watson (Luton) 56.7. TJ: 1, B. Hull (BH-J) 44'9"; 2, J. Barker (East) 43'8". JT: D. Stevenson (BH) 177'4". (Jnrs) 220: R. Mann (BH) 23.2. 880: J. O'Meara (BH) 1:59.6. DT: J. Jago (BH) 130'3". (Yths) DT: 1, S. McCaffrey (East) 169'2"; 2, C. Huxley (BH) 157'5". (Women) 100: 1, S. Garnett (Chelsea C) 11.2; 2, A. Birch (BH) 11.5. 220: 1, Garnett 25.4; 2, Birch 25.5. 80mH: 1, Garnett 11.4; 2, D. Etheridge (BH-I) 12.6. SP: M. Burtenshaw (BH) 34'0 $\frac{1}{2}$ ". DT: 1, B. James (Mit) 135'4"; 2, Burtenshaw 124'9". JT: J. O'Kelly (BH) 110'7". (Inter) HJ: R. Bray (BH) 4'8". (Jnrs) 880: 1, T. O'Brien (Haywards Hth) 2:32.8; 2, D. Garrard (HH) 2:36.9. DT: K. Jones (Worth) 87'5". JT: L. Osborne (Worth) 90'9".

At Keele. DT: J. Lloyd (Discus Circle) 130'7". (Yths) DT: G. Dirkin (DC) 147'0". (Women) DT: 1, P. Carder (DC) 113'7"; 2, S. Pearce (DC) 107'6".

Southern Counties Inter. Women's Pentathlon Championships, at Enfield. 1, J. Byng (Medway) 3975 (17'4", 27.2, 12.4, 31'5 $\frac{1}{2}$ ", 5'1"); 2, B. Barratt (Mit) 3760 (18'5", 27.5, 12.8, 25'7", 4'10 $\frac{1}{4}$ "); 3, L. Ford (LOAC) 3335 (16'0 $\frac{1}{2}$ ", 27.4, 13.6, 23'4", 4'6 $\frac{1}{2}$ "); 4, S. Turpin (En) 3329 (16'7 $\frac{1}{2}$ ", 12.5); 5, D. Kerr (Erith) 3276 (35'3 $\frac{1}{4}$ "); 6, S. Rampton (Mx. L) 3241 (4'11 $\frac{1}{2}$ "); 7, S. Oldall (Wok) 3166; 8, F. Young (Wok) 3166 (17'6 $\frac{1}{2}$ "); 9, A. Cottom (Thur) 3043; 10, S. Winter (Erith) 3016; 11, J. Lee (Hemel Hemp) 2796; 12, D. Smith (Mx. L) 2715; 13, L. Watson (En) 2703; 14, F. Brown (En) 2406.

Middlesex Women's Pentathlon Championships, at Enfield. 1, P. Pryce (Hill) 4066 (16'9 $\frac{1}{2}$ ", 26.6,

11.4, 31'7 $\frac{1}{2}$ ", 4'10 $\frac{1}{2}$ "); 2, C. Ryder (En) 3340 (17'0", 4'10 $\frac{1}{2}$ "); 3, M. Hanson (Hornsea-guest) 3159; 4, S. Mallord (En) 3150. (Inter) 1, Ford (see above) 3335; 2, Turpin 3329; 3, Rampton 3241; 4, Smith 2715; 5, Watson 2703; 6, Brown 2406. (Jnrs) 1, K. Wheeler (Mx. L) 3237 (15'6 $\frac{1}{2}$ ", 100m—13.6, 80yH—13.0, 25'0 $\frac{1}{4}$ ", 4'4"); 2, T. Greisen (Mx. L) 2917 (4'8"); 3, A. Cottis (Felt) 2865; 4, D. Mason (Felt) 2570.

Sussex 20 Miles Road Race Championships, at Steyning. 1, D. Wright (Brighton) 2:01.18 (22, 1:49.7 half-miler last year); 2, J. Ballantine (Worth) 2:04.27; 3, P. Robinson (Worth) 2:04.47; 4, I. Syred (Worth) 2:05.47; 5, C. Lee (Worth) 2:10.36. Team: Worthing 14.

Kent AC 355, Slough 178, Canterbury 175, Thanet 125, Ashford 52, at Ladywell Park. 100: (A) 1, R. Davies (S) 10.0; 2, D. Lock (T) 10.1. (B) Kearney (T) 10.1. 220: Davies 22.5. 2M: A. Jones (K) 9:27.6. SP/DT: N. Griffin (S) 42'1 $\frac{1}{2}$ " / 140'11". JT: 1, B. Harland (K) 186'5"; 2, W. Elliott (K-J) 167'6". (Women) Medway 279, KAC 266, Thanet 107, Canterbury 24, Slough 16. 440: (A) 1, R. Godsvalve (T) 57.2; 2, B. Pantom (K) 58.9. (B) E. Parncutt (T) 58.5. 880: 1, Pantom 2:23.8; 2, F. Turner (M) 2:24.4. LJ: A. Bowring (née Usher) 16'3 $\frac{1}{2}$ ". JT: P. Preddy (K) 115'11". (Inter) 440: 1, M. Farmer (M) 64.3; 2, Z. Myers (M) 65.0. (Jnrs) Button (M) 16'8 $\frac{1}{2}$ ".

Surrey AC Championships, at Norbiton. 220: A. Tymms 21.5w. 120H: 1, G. Tymms 14.8; 2, M. Eastwood 16.1; 3, D. Clementi (guest) 16.2. HT: 1, W. Treharne 151'9"; 2, K. Walmsley 134'5". JT: D. Mole 198'11". (Inter. Women) 80mH: J. Howard 12.3.

April 28th

Southern Counties AAA/Thurrock H. Field Meeting, at Grays, Essex. PV: M. Bryant (Thur) 13'9". HT: 1, P. Aston (Wd. Gn) 166'7"; 2, M. Hicks (WG) 157'0 $\frac{1}{2}$ "; 3, D. Lazarides (WG) 153'2"; 4, C. Foreman (WG) 128'9". JT: 1, D. Heath (If) 194'1"; 2, B. Wallace (Chelms) 183'3". (Jnrs) HJ: D. James (Twick) 5'8". LJ: 1, D. Coles (QPH) 21'6 $\frac{1}{2}$ "; 2, D. Philips (Hill) 20'8 $\frac{1}{2}$ ". SP: M. Rogers (Q. Eliz. GS) 47'6". JT: M. Gavrilovic (QPH) 186'1". (Yths) TJ: G. Biddle (Isleworth GS) 41'0". SP: T. Morphisitis (Shaft) 47'9".

April 29th

HHH 83, Blackheath 68, Epsom & Ewell 37, Surrey AC 22, at Tooting Bec. TJ: R. Johnson (HHH) 44'11". SP: 1, W. Fuller (EE) 48'1 $\frac{1}{2}$ "; 2, J. Burton (HHH) 42'7 $\frac{1}{2}$ ". DT: 1, Fuller 129'7"; 2, Burton 129'4". (Jnrs) 220/440: J. Sam (HHH) 23.2/51.4. 1500mSC: D. Evans (HHH) 4:30.0. DT: G. Brown (HHH) 136'2".

NCWAAA CHAMPIONSHIPS

Northern Counties Women's A.A.A. have sent entry forms for their Championships at Middlesbrough on June 1st to club secretaries only, and not individual athletes as in previous years. Forms and information from Mrs. P. M. Green, 33 Wheatfield Road, Cronton, nr. Widnes, Lancs. Please enclose s.a.e.

Mike Davies Wins Three Peaks—AGAIN!

At Chapel-le-Dale, April 28th

WINNING the event for the fourth successive year, Reading's Mike Davies must be coming to look on the Norman Thornber Trophy as part of his home's furniture. Sponsored by the *Daily Mirror*, the Three Peaks Race is one of the most severe in the fell runners' calendar. When first held in 1954 only six competitors started out but on this occasion 142 decided to test themselves against Ingleborough (2373 feet), Pen-y-Ghent (2273) and Wharfedale (2414); 24 athletes were unable to complete the distance. Runners are free to choose their own course on the out-and-back circuit from the Hill Inn, Chapel-le-Dale, but they must "check in" at five points on the route.

This year Mike Davies went ahead right from the start. At the first checkpoint he was 21 seconds ahead of Ricky Wilde, and at the second he was a full minute ahead, with C. Norman and Colin Robinson in 3rd and 4th. By the third check, the Manchester runner had closed right up on Davies and both were given 1:58.00, two minutes in front of Robinson with Norman a further 30 sec. behind. In the next 27 minutes running, however, Davies managed to gain 9½ minutes on Wilde—who dropped to fifth.

1. M. Davies (Reading) (rec) 2:40.34
 2. P. Watson (Bramley) 2:46.11
 3. C. Norman (Altrincham) 2:47.59
 4. C. Robinson (Roch) 2:49.50; 5. R. Wilde (MDLC) 2:52.27; 6. W. Tinlin (Newcastle Un) 2:56.16; 7. D. Anderson (Bing) 2:57.18; 8. P. Covey (Bram) 2:59.01; 9. B. Fletcher (Wake) 3:01.07; 10. A. Spence (Bing) 3:01.54; 11. P. Covey (Bram) 3:02.42; 12. P. Duffy (M'well) 3:06.02; 13. D. Wade (B'th) 3:06.02; 14. M. Cranny (Wirr) 3:06.11; 15. D. Stevens (Read) 3:06.33; 16. G. Mandeville (B'th) 3:07.25; 17. J. Huck (Lanc) 3:07.55; 18. G. Garnett (Bing) 3:09.35; 19. R. Meadowcroft (Bolt) 3:10.13; 20. A. Cocking (Bram) 3:10.57; 21. K. Brierley (Leeds) 3:11.00; 22. P. Meredith (Read) 3:11.20; 23. E. Foley (Bolt) 3:13.49; 24. J. Marstrand (Lochaber) 3:15.04; 25. T. Proctor (Roch) 3:15.24; 26. R. Moore (Notts) 3:15.34; 27. M. Cudahy (Stockport) 3:15.47; 28. G. Bradshaw (Notts) 3:16.00; 29. K. Fozard (Harrogate) 3:16.31; 30. P. Livesey (Clay) 3:16.46; 31. J. Smith (Bury) 3:16.56; 32. P. Dean (Bing) 3:17.28; 33. P. Murray (Bolt) 3:17.43; 34. P. Coppen (Newcastle Un) 3:18.14; 35. D. Mitchell (Bing) 3:18.54; 36. A. Heaton (Clay) 3:18.58; 37. P. Kilbey (MAC) 3:19.04; 38. C. Lawson (Clay) 3:19.30; 39. S. Taylor (MAC) 3:22.53; 40. R. Whiting (Carnegie C) 3:22.59. 118 finished.

Teams: 1, Bramley 8:47.54; 2, Reading 8:58.27; 3, Bingley 9:08.47; 4, Rochdale 9:31.53; 5, Newcastle Un. 9:41.05; 6, Clayton 9:55.14; 7, Lancaster & M. 10:01.49; 8, Leeds City 10:08.47; 9, Bury & R. 10:12.14; 10, Wirral 10:12.35; 11, Notts AC 10:26.07; 12, Man'r YMCA 10:38.07.

Ingleborough Race

Encompassing only the first of the three peaks, this shorter event gives athletes between 18 and 21 the opportunity to try their hand at fell running. On the upward journey Andy Holden steadily built up a lead and he led last year's winner, David Blakeley, by 40 sec. (24.10 to 24.50) at the summit. Return saw Blakeley move ahead, however, and he won in time 53 sec. inside his clocking of last year.

1. D. Blakeley (Manchester & DLC) ... 37.02
 2. A. Holden (Preston H.) 38.24
 3. J. Penrose (Bingley) 39.39
 4. H. Walker (Clay) 40.17; 5. J. Temperton (ASV) 40.34; 6. H. Aspinall (Rossendale) 40.49; 7. A. Styan (ASV) 41.43; 8. A. Harmer (Lanc) 41.52; 9. J. Brooks (Utd. Hosp) 43.14; 10. T. Ramsden (Holm) 43.32.

ROTHERHAM ROAD RELAY At Rotherham, April 20th

Derby and County's win in the tenth annual Rotherham 6x4 Miles Road Relay was their eighth since the series began. Through a fine effort by Keith Angus, Sheffield led after the first leg, but on the second lap Derby went to the front and pulled further and further ahead as the race progressed to score a very comfortable win.

1, Derby & Cty (H. Leeming 19.00, D. Eccles 19.25, J. Eley 19.38, K. Hinton 19.39, D. Rhodes 19.23, J. Simmons 18.44) 1h. 55m. 49s.

2, Sheffield United (K. Angus 18.46, A. Barden 20.28, R. Hazlewood 19.54, B. Barden 18.59, H. Crossley 20.49, M. Martin 20.35; 1h. 59m. 31s.

3, Notts AC (J. Adlington 19.32, K. Lee 19.26, C. Rogers 19.54, K. Pickles 20.43, W. Haynes 20.09, G. Astill 19.56) 1h. 59m. 40s.

4, Hallamshire 2:00.11; 5, Rotherham 2:01.56
 6, Derby "B" 2:02.13; 7, Hull 2:03.49; 8, Wakefield 2:05.33; 9, NAC "B" 2:09.28; 10, Roth "B" 2:14.26.

Fastest times: Simmons 18.44, Angus 18.46, T. Wright (Hallam) 18.48, B. Barden 18.59, Leeming 19.00, A. Domleo (Dby "B") 19.16.

AAA TEAM v. ULAC

The AAA team to face London University at Motspur Park on May 15th (6.30) is:—100m: D. Dear, A. Tymms; 200m: J. Barry, C. Mossop; 400m: P. Charles, B. Shurmer; 800m: J. Johnson, H. Pullan; 1500m: G. Biscoe, J. Rix; 3000m: M. Gowan, Geoff North; 3000mSC: J. Bicourt, D. Davies; 110mH: M. Parker, G. Tymms; 200mH: Parker, A. Harper; 400mH: Harper, R. Fitzgerald; HJ: P. Gates, R. Morris; PV: J. Fenge, P. Lyons; LJ: M. Elvy, R. Sealey; TJ: G. Hamlyn, A. Shoebridge; SP: A. Carter, J. Clarke; DT: J. Hillier, P. Tancred; HT: D. Bayes, G. Tancred; JT: J. Greasley, J. James; 4x100m: Dear, A. Tymms, Barry, Mossop; 4x400m: Charles, Shurmer, Johnson, Fitzgerald.

VARAH RUNS 1:48.9 FROM THE FRONT

MIKE VARAH was understandably jubilant. Hoping to run 1:50 in his first 800m of the season, he had just recorded 1:48.9 for Loughborough Colleges against Oxford University and Poly Harriers on his home track last Saturday. Impressive as the time was, it was the manner of its achievement that really marks Varah as a man about to graduate into world class this year. Leading every inch of the way, he covered the first 400m in 55.0 and the second in a remarkable 53.9. Varah's training companion John Whetton (a guest) also distinguished himself with a personal best of 1:49.4 — fine speed for a runner whose best distance may yet prove to be 5000m. Reminiscent of Robbie Brightwell four years ago, Colin Campbell prepared for later 400m exploits with a solid 1:50.1 (55.3, 54.8) in third place, easily his fastest. Less than two hours later Campbell produced a spirited 46.8 440y relay leg, while Varah clocked 48.3 on another stage. Varah (23), whose best 880y time to date is 1:48.2, is confident of becoming Britain's foremost two lapper this season with times in the region of 1:47.

Clive Longe, who will contest his first decathlon in Austria later this month, had a good workout. He won the pole vault at 13'6" (equalling his best) and shot, and was second in the high hurdles and discus. Other standouts in the winning Loughborough team were Tony Wadhams, who triple jumped 49'10" and marginally fouled at 50'8"; John Caine, who passed 2M in 9:08 and 3M in 13:46.4 on the way to a runaway 5000m victory in 14:13.6; and Dick Perkins, whose 234'7" javelin throw is the longest in Britain this season.

M.W.

100m: 1, R. Frith (P) 10.7; 2, M. Hauck (O) 10.9; 3, D. Wood (L) 11.0; 4, A. Shoebridge (O) 11.0; 5, N. Overhead (P) 11.0. **200m:** 1, Overhead 22.3; 2, Frith 22.4; 3, J. Roys (L) 22.4; 4, A. Ronay (O) 22.5. **400m:** 1, Hauck 48.2; 2, Childs (L) 49.4; 3, D. Lawrence (L) 49.9. **800m:** 1, M. Varah (L) 1:48.9; 2, J. Whetton (guest) 1:49.4; 3, C. Campbell (P) 1:50.1; 4, D. Perry (O) 1:53.6; 5, M. Warburton (O) 1:56.4. **1500m:** 1, M. Wands (L) 3:52.3; 2, R. Cross (O) 3:53.9; 3, A. Joslyn (P) 3:55.0; 4, J. Beckett (O) 3:55.3. **5000m:** 1, J. Caine (L) 14:13.6 (13:46.4 at 3M); 2, P. Beacham (P) 14:25.8 (14:00.6); 3, O'Keefe (P) 14:45.0 (14:14.6); 4, J. Waterhouse (O) 14:52.0 (14:21.6). **2000mSC:** 1, P. Braithwaite (O) 5:52.4; 2, Adams (L) 6:02.0; 3, Norman (L) 6:05.6; 4, R. Jones (O) 6:15.6. **110mH:** 1, C. Webb (P) 15.6; 2, C. Longe (L) 15.8. **200mH:** 1, P. de Villiers (O) 24.7; 2, D. Barrington (P) 25.5; 3, Webb 25.6. **400mH:** 1, Barrington 54.9; 2, I. Dawes (O) 55.3; 3, R. Roberts (L) 56.0; 4, Webb 57.0; 5, R. Tibbott (L) 57.2; 6, L. Godfrey (O) 57.4. **4x100m:** 1, OUAC 42.7; 2, LCAC 42.8; 3, Poly 44.4. **4x440y:** 1, LCAC 3:18.3; 2, Poly 3:20.2; 3, OUAC 3:25.2. **HJ:** 1, L. Hall (P) 6'2"; 2, A. Murrell (L) 5'10"; 3, C. Julien (P) 5'10". **PV:** 1, Longe 13'6"; 2, L.

Johnson (L) 13'0"; 3, R. Murphy (P) 12'6"; 4, H. Wagenseil (O) 12'6"; 5, C. Kidd (O) 12'0". **LJ:** 1, A. Wadhams (L) 22'5½"; 2, Shoebridge 22'4½"; 3, A. Marchant (L) 22'0½". **TJ:** 1, Wadhams 49'10"; 2, J. Smith (L) 48'1½"; 3, Kidd 46'5½". **SP:** 1, Longe 46'8½"; 2, D. Roscoe (O) 46'3½"; 3, L. Walker (L) 43'8½". **DT:** 1, Roscoe 160'3"; 2, Longe 148'6"; 3, S. Breen (L) 134'3". **HT:** 1, C. Higgins (L) 142'5"; 2, Walker 131'3". **JT:** 1, R. Perkins (L) 234'7"; 2, K. Gee (L) 199'3"; 3, C. Butterworth (O) 185'4". **Result:** 1, LCAC 168; 2, OUAC 135; 3, Poly 121.

The AAA 4x110, 4x440 and Mile Medley Relay Championships will be staged at the Birchfield Floodlit Meeting on September 7th, the 4x880 at the AAA Junior Champs. at Aldersley on August 10th, and the 4x1 Mile at the Welsh Games on July 27th.

Entries for the Midland Women's AAA Pentathlon, at Solihull on May 25th, close this Saturday, May 11th to Miss A. Fenn, 22 Wrekin Road, Perry Barr, Birmingham, 22c. Entries for the main area Championships (S, I, J) close Monday, May 20th to Miss Fenn—advert. next week.

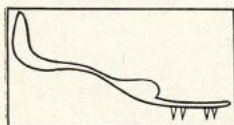


Colin Kirkham, winner of the Beverley Marathon, leads in the 2 miles at Keighley from C. Taylor (winner in 9:22) and J. Temperton.

Eric North



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New type Polyurethane and Gristle Rubber sole. Patent rights in many countries.

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set a high new standard in style, comfort and performance. Green suede kangaroo skin uppers, white stretch resistant straps. New combined polyurethane and gristle rubber sole and heel. The heel houses a deep shock-absorbing cushion, and sweeps upward to give full support. Four screw-in super quality steel spikes. For men and women. Sizes and half sizes 4-5½ about 69/6. 6-12, 80/-

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Upper of soft high quality green suede, with white straps. Padded top line, tongue and insole with arch support. Exceptionally durable gristle rubber sole. Gristle band extending above edge of sole ensures perfect adhesion and waterproofing during side movements. Ladies' and men's. Sizes and half sizes 4-5½ about 64/-, 6-12, 75/-.

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IRELAND

FURTHER TALKS ON "UNITY" PROBLEM

AT the AGM of the Northern Ireland AAA, in Belfast on April 18th, it was decided to allow Chairman Dick McColgan and new Vice-Chairman Les Patton to meet representative of the Ulster Sports Council (formerly the Ulster NACA). This decision followed a suggestion, carried to the meeting by McColgan following unofficial discussions by him with a representative of the Eire Athletics Board. This moved that the NIAAA should grant the USC affiliated membership for a given trial period in a bid to ease tension and possibly enable the NIAAA and EAB to come to terms on all-Ireland competition. Mr. McColgan, in putting the suggestion, said he regarded the potential link-up as being similar to the one already existing with schools and the YMCA organisation. Such an affiliation meant that the USC would come under NIAAA laws but, he said, it might still be acceptable to the internationally-outlawed body.

By Brendan Deary

However, following this forward-looking move, it was decided by 16 votes to 12 that the two-man probe were to have no executive power! A ridiculous situation . . . let your delegates meet the other side but "gag" them before the talking starts.

Other items on the AGM agenda included the re-election of Dick McColgan to Chairman. Glowing tributes were paid outgoing Secretary Les Patton who will still be assisting the Association in various capacities. His final report was very comprehensive and concluded by severely criticising the press coverage currently being given athletics by the "Belfast Telegraph" and "News Letter"—journalists from both papers were present. The short shrift given the sport contrasts sharply with the coverage in Belfast weekly "City-week" where marathon star of yesteryear John Henning is supplying a most comprehensive round-up.

The meeting was concluded at 10.15 p.m. with two items still remaining: the 9th Old Boys motion "that rules governing Junior cross country should be interpreted similarly to those of English, Welsh and Scottish c.c. Unions (an eighth consecutive stab at getting this adopted!) plus another motion, by North Belfast Harriers, aimed to increase senior competition. Both were adjourned until May 16th.

Officers elected: Pres., W. Faulkner; Chairman, R. McColgan; Vice-Chairman, L. Patton; Sec., W. Mackey, Rashee Road, Ballyclare, Co. Antrim (Tel: Belfast 29241); Treas., R. Hill; Registrar, C. Wilson; Coaching Sec., E. Johnston, 126 Ballygomartin Road, Belfast 13.

Northern Ireland Athletics League: A total of



Willie Bryans, the promising Duncairn Nomads runner.
Michael George

sixteen clubs will take part in this year's NIAAA Athletics League programme and, because of the number of clubs and the amount of travelling involved, the League has been divided into two sections. The programme extends over seven weeks and the first matches are down for decision during the week starting May 6th. Clubs in section "A" are Instonians, RUC, Albert Foundry, 9th Old Boys, Willowfield, Ballymena, Shorts and Portadown, while Duncairn Harriers, County Antrim, Bangor, North Belfast, Ballydrain, Duncairn Nomads, East Antrim and Enniskillen make up Section "B". The events at each meeting consist of the 100, 220, 440, 880, Mile, three miles, high jump, long jump, triple jump, shot, discus and javelin.

Before the decision to go ahead with the league on this basis there was considerable discussion as to whether it would be better to run the competition on the same lines as the Northern Ireland Women's inter-club meetings. These are run on a graded basis with athletes competing in "A", "B" or "C" categories depending on their times

and performances. This means that each athlete is competing against others of similar standard so that no one is really out of their depth. It also means that there is only one meeting each week or fortnight, in which all clubs take part, rather than seven or eight in the one week which places a tremendous burden on each club to find officials. Support for such a move has been growing amongst NIAAA clubs in recent years and it seems likely it may be introduced before long. Certainly it seems desirable and would also help, to a large extent, in bridging the gap between school and club competition. Surely it is not right that a club should have to enter a new member straight from school in, for example, a three miles where he might come up against Derek Graham.

Around and about: Congratulations to NIAAA Chairman Dick McColgan and his wife on the latest addition (a son) to their family . . . best wishes for a speedy recovery go to Jim Gordon of 9th Old Boys after a recent operation . . . It is sad to record the death of James Holmes, the Belfast YMCA Chairman. Aged 48, he collapsed and died on a bus en route to work in April 17th. Well known in trade union and Labour Party circles, his interest in athletics developed comparatively recently but his position in the Gallaghers Tobacco firm enabled him to play a great part in the appearance of Kip Keino in Ireland last year. Every sympathy is extended to his widow and children . . . Willowfield TH recently elected: Pres., T. Jennings; Chairman, S. Anderson; Vice-Chairman, E. Wilson; Sec., J. Stevenson, 13 Cherryhill Road, Dundonald, near Belfast, Northern Ireland; Treas., R. Millar; Capt., G. Jackson; Vice-Capt., C. Pennington; Coach, R. Lynes; NIAAA delegates, L. Patton & J. Stevenson . . . Bangor AC, re-formed last season after a break of several years, elected the following: Chairman, J. Webb; Vice-Chairman, J. Wilkinson; Sec. & Capt., J. Oettinger, 34 Moira Drive, Bangor, Co. Down, NI; Treas., J. McNabb. The club intends repeating the successful Castle Park road race which it organised last year. In addition there are plans to promote a championship meeting for local schools.

WHITEHEAD ROAD RACES

April 15th

The exceptionally warm conditions appeared to have a good effect upon the entry and swelled the crowds of spectators gathered in the County Antrim seaside resort for the Bank Holiday. The Senior "4½" was very much a repeat performance of earlier races this season, Graham taking the lead early on and finishing a comfortable winner. Roy Kernoghan had to pull out all the stops to relegate Chivers to third place. Stan Vennard ran more like his old self, while Tom Price gave clear indication that seniors do not hold any awe for him.

In the Novices "4½", Albertville's 16-year-old Bertie Atkinson enjoyed a twenty yard lead at the end of one 1½ mile lap. With three miles completed Ryan (St. Patricks) had closed up, with another four lads close at hand, but over the final lap Atkinson showed his greater strength to record a 150 yard win. Harry Enwright, who coached St. Patricks to a team win, is a former boxing trainer.

1, D. Graham (9th) 24.00; 2, R. Kernoghan (Nom) 24.45; 3, A. Chivers (Queens) 24.49; 4, M. Wilson (B'drain) 25.05; 5, S. Vennard (Nom) 25.06; 6, T. Price (B'drain) 25.09; 7, D. Price (B'drain) 25.16; 8, M. Teer (Nth. Bel) 25.22; 9, I. Morrison (B'drain) 25.09; 10, J. McClenaghan (ind) 25.35; 11, J. Dripps (Queens) 25.36; 12, G. Millar (9th) 25.37; 13, T. Doak (NB) 25.47; 14, J. Magill (Queens) 25.53; 15, B. Deary (9th) 26.10. Teams: 1, Ballydrain 26; 2, Queens Univ. 44; 3, 9th Old Boys 51; 4, North Belfast 65.

(Novices) 1, A. Atkinson (Alb) 26.34; 2, E. Ryan (St. Patricks) 26.55; 3, B. McAdams (E. Ant) 27.05; 4, J. Barry (St. P) 27.16; 5, J. McGuinness (St. P) 27.24; 6, M. Britovsek (Colerain) 27.43; 7, A. Bell (9th) 27.56; 8, J. Mawhinney (Will) 28.02; 9, N. Ireland (Will) 28.08; 10, G. Irwin (Nom) 28.11; 11, J. Skelton (Lisna) 28.13; 12, M. Foster (9th) 28.13. Teams: 1, St. Patricks 110; 2, Coleraine AI 116; 3, Willowfield 121; 4, North Belfast 194; 5, Dun. Nomads 195; 6, Albertville 214.

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**AND
KEEP DRY**

Fine Jumping At Solihull Spring Relays

Boosey 51' 7½" Beats Alsop 51' 4½"; Maureen Barton 19'6"

At Solihull, April 27th

4x110: Warrington 42.5. 4x440: Warrington 3:27.6. 4x880: Bromsgrove & R. 8:05.6. LJ: 1, K. Jackson (Madeley C) 22'11½"; 2, M. Parker (MC) 22'4½"; 3, J. Bullen (Birchf) 21'9" . . . 5, C. Hart (W'ton-Yth) 20'6". TJ: 1, D. Boosey (Bel) 51'7½"; 2, F. Alsop (Horne) 51'4½"; 3, G. Hamlyn (—) 49'7½"; 4, P. Knowles (Don) 48'0"; 5, G. Webb (Newp) 47'11"; 6, Bullen 47'6½". DT: 1, D. Roscoe (OUAC) 151'11"; 2, A. Drzewiecki (Stoke) 143'6"; 2, N. Kitchen (Stret) 131'5". (Jnr) 4x440: 1, Coventry 3:32.5; 2, Birchfield 3:32.7; 3, Andover 3:33.2. (Yths) 4x110: 1, Enfield 45.5; 2, Birchfield 45.5 (45.4 ht); 3, Bromsgrove 45.8; 4, Stretford 45.9. Ht: J. Wilmott GS 47.3. 4x440: Birchfield 3:39.4. LJ/TJ: N. Loughton (Nun) 21'1½"/40'8". DT: A. Green (Soli) 151'2". (Women) 4x110: 1, Birchfield 47.3; 2, LOAC 47.5; 3, Maryhill 48.6; 4, Bristol 48.8. Hts: Stoke 49.9. 4x220: 1, Birchfield 1:41.7; 2, Maryhill 1:42.9 (1:42.4 ht); 3, Hick. Main 1:44.3. Hts: LO 1:45.0, Bristol 1:46.3, Derby 1:46.4. 3x880: 1, Coventry

Godiva 7:29.6; 2, Derby 7:42.4; 3, Stretford 7:43.4. HJ: Y. Saunders (Stret) 4'11". LJ: 1, M. Barton (Sy AC) 19'6"; 2, V. Fox (Ver) 18'8½"; 3, H. Hodges (Barnet) 18'6¼"; 4, S. Scott (Birchf) 18'1¼"; 5, S. Clelland (Loughboro) 17'6"; 6, Mulliner (Stoke) 17'1¼"; 7, L. Curwen (Stoke) 16'11¼". DT: 1, R. Payne (Loz) 145'3"; 2, S. Campbell (Dby) 133'4". (Inter) 4x110: 1, Hick. Main 49.5; 2, Maryhill 50.2 (50.0 ht); 3, Bristol 50.6; 4, Stretford 51.6 (51.0 ht). 4x220: 1, Hick. Main 1:46.1; 2, Bristol 1:47.1; 3, Maryhill 1:48.0. 3x880: 1, Bromsgrove 7:37.4; 2, Westbury 7:56.0. (Jnrs) 4x110: 1, Birchfield 51.4; 2, Solihull 52.2 (51.6 ht); 3, Solihull "B" 52.8 (51.9 ht); 4, Maryhill 53.2 (53.1 ht). Hts: Bristol 53.7. 4x150: 1, Solihull 1:11.8; 2, Bristol 1:12.2; 3, Maryhill 1:14.2. 3x880: 1, Birchfield 7:31.0; 2, Stoke 7:43.0; 3, Birch. "B" 8:04.8. HJ: S. Wood (Stoke) 4'11". DT: 1, Stevenson (Dby) 90'8"; 2, Polson (Soli) 86'5".



Derek Boosey not only beat Fred Alsop in an exciting triple jump competition, but came within 3½" of his personal best.

G. L. Pike



Maureen Barton, who jumped 18'7" when only 13 (in 1961), was also close to her best ever with a leap of 19'6".

G. L. Pike

COUNTY BOROUGH OF SOLIHULL ATHLETIC CLUB

OPEN GRADED MEETING

(Under A.A.A. Laws)

SATURDAY, 1st JUNE, 1968

MEN: 100yds., 220yds., 440yds., 880yds., 1 mile, 2 miles, 3,000m S/c., High Jump, Long Jump, Triple Jump, Pole Vault, Discus, Shot, Javelin, Hammer, 120yds. hurdles. 440 yds. hurdles.

JUNIORS: 220yds., 1 mile, Long Jump, Discus, Shot, Hammer.

YOUTHS: 100yds., 220yds., 440yds., 880yds., 1 mile, 1,000m S/c., High Jump, Long Jump, Triple Jump, Discus, Shot, Javelin, Hammer, High Hurdles, 200yds. Hurdles.

BOYS: 100yds., 880yds., 220yds., 440yds., Discus, Long Jump.

LONG JUMP AND TRIPLE JUMP EVENTS ON TARTAN RUNWAY

Special awards for outstanding performances.

Entry fee: 2/- per event.

Entries to: B. E. Grogan, Fixture Secretary, Solihull A.C., Solihull District Youth H.Q. & A.C., Tudor Grange Park, Blossomfield Road, Solihull.

CLOSING DATE FOR ENTRIES: 20th MAY

Southern Counties AAA Notes

New Affiliations: Junior Leaders Regiment R.C.T., Norton Manor, Taunton, Somerset. Elm Court Youth Centre, Mutton Lane, Potters Bar, Herts. Keswick Hall AC (Sec: D. Y. Sewell, Keswick Hall College of Education, Keswick, Norwich, NOR 93B.)

Five Star Award Scheme: This is a scheme for schoolboys, particularly in the younger age groups, who can obtain standard certificates at various levels and purchase badges if they wish to do so. Full details from the Hon. Organiser, D. J. Hayward, 128 Severn Drive, Upminster, Essex.

Development Secretary: Mr. A. Thompson has been appointed Hon. Development Secretary to the SCAA.

Championships: The SCAA 4x110y & 4x440y relay championships will be held at Bournemouth on August 10th; the mile medley at Hayes (Middx) on August 24th.

Road Relay: The Belgrave Harriers and Southern Clubs Road Relay will be held at Wimbledon on October 12th.

Development: Tartan runways for the jumping events are now in use at Bracknell. The Tartan track at Crystal Palace is expected to be completed by mid-May. A new track is scheduled to open at Dartford.

Sunday Competition: The AAA rule requiring clubs to obtain permission to hold open events on a Sunday has been deleted as from April 1st. Clubs, are, however, reminded that under the Laws of the country it is still illegal to take gate money for any Sunday meetings.

Dates for 1969: A list of 1969 dates is available from the AAA at 26 Park Crescent, London, W.1.

First Claim Qualifications: The following transfers have been approved—T. G. Cole, Cambridge and C. to Huntingdon; M. J. Cahill, Southend to Harlow; C. J. Mossop, Blackpool & F. to Woodford Green; C. Goodsall, Romford to Tonbridge; E. R. Richardson, Walton to Aldershot, Farnham & Dist.; E. C. Butcher, Colchester to Peterborough; J. C. Knott, Eastleigh to Portsmouth.

WATERS TROPHY "5 $\frac{1}{2}$ " At Oxted, April 27th

Chris France was a decisive winner in the first "Clive Waters Memorial Trophy" 5 $\frac{1}{2}$ Miles Road Race. The inaugural race in what is intended as an annual event, it was staged as a tribute to former Oxted AC member Clive Waters who died last year, aged 24.

1, C. France (South London H) 29.31; 2, G. Bradbury (Herc-Wimb) 29.59; 3, A. Tunks (Redhill) 30.06; 4, D. Edwards (Medway) 30.48; 5, B. Greig (AFD) 31.05; 6, R. Batchelor (SLG) 31.11; 7, P. Leitch (Dork) 31.20; 8, P. Shipley (AFD) 31.39; 9, G. Gaskell (unat) 31.39; 10, A. Smith (AFD) 32.39. Teams: 1, Aldershot, F. & D. 23; 2, Dorking St. Pauls 31; 3, Oxted 49.

Spotlight on Youth**by John Lusardi****More Youngsters America-Bound**

IN seemingly increasing numbers young UK athletes are turning to the United States as the best way to get ahead in their sport. Whether, in fact, an American sports scholarship does provide the surest way to success is a matter that can be argued over indefinitely, but there can be no denying that the US does rate highly over Britain on two scores at least — the facilities readily available and the climate. Two of the latest athletes hoping to take advantage of both are high jumper Bob Taylor and javelinist Adrian Tew.

Bob, who was under the "Spotlight" last November, has been clearing 6'3" in training recently and hopes for 6'5" this summer. Next October the 19-year-old Cambridge Harrier will be starting a course at St. Lukes, Exeter, and the following autumn hopes to attend college in the US. As yet he is uncertain which one he wants to attend—whether to try for a major college, possibly clear 6'10" and never make the team, or be certain of getting to a minor college and topping the heap with 6'6". Also, he admits that he is having second thoughts about the trip as a result of the current racial troubles. "At present I'm as weak as anything as I've just got over German measles. I'm still thinking of trying the quarter—partly because training for high jump is so difficult in the English winter. Whichever event proves the more successful this summer I'll take up."

Adrian, who is 16, stands 6'0" tall and weighs 176lbs, is already certain of his place. At his age he will not be attending College but will instead spend a year as an exchange student at Masconnet High School, Mass., starting next September. This summer, before his departure, he hopes to reach 200 feet with the senior implement (he is still an AAA Youth!) and is also hoping for a win in the English Schools event. This is only Adrian's second year of serious competition.

Dalrymple—The Once and Future King?

Malcolm Dalrymple, a name that will doubtless set a cityfull of bells pealing for older readers. Although a very promising young javelin thrower (he came second in the ESAA last year as a first year Youth) his name may very shortly become a heavy burden to bear, just as soon as the popular press realise who he is in fact. For not only is Malcolm's father an ex-UK record holder for the javelin, his grandfather was too!

Dalrymple the first, set the inaugural UK mark of 170'1" in 1925 and by 1929 had improved this to 185'1½". Jock Dalrymple was a pretty remarkable man in any case. Invalided out of the first World War for a whole string of reasons, he entered the sport to prove himself and will probably go down in history as the smallest holder of

the National mark. After a four year reign, the record fell out of Dalrymple hands for eighteen years until 1948 when Jock's son Malcolm threw 210'9½" to get it back in the family. After another four year period the record again fell out of Dalrymple hands.

Malcolm Junior, the latest in the line of javelin-throwing Dalrymples, hurled the senior implement 174'0" last summer at the age of 15. Born October 8th, 1951, he belongs to Bedford & County AC, weighing in at 6'0½" and 149lbs. Now training as an electrical engineer he has left school but hopes for considerable improvement this season. Fortunately, for his own peace of mind if nothing else, he does not yet worry too much about the illustrious family tradition of annexing the National javelin record. "Dad had to stop competing when he lost his kneecap in a road accident, but he's always wanted one of us to carry on." "Us" in this instance comprises Malcolm, elder brother Ian (17 and serving with the RAF) and younger brother Philip. "Ian is rather out of things for the moment but Philip is going quite well". But not in the javelin. 15-year-old Phil, a pupil at Newnham SMS, has decided that three in the family is quite enough. He's taken up discus throwing!

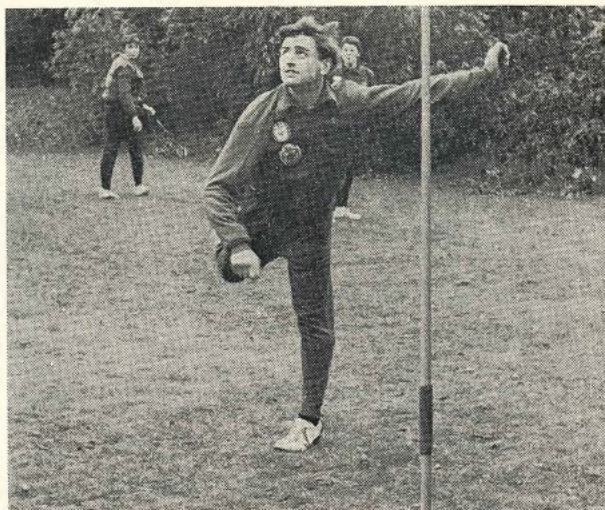
Shot specialist **Geoff Capes** and triple jumper **John Thompson** have both made a great start to the 1968 season. At Cambridge on April 25th, Geoff putt the shot 54'0½", just five inches short of the UK age best set by Alan Carter in 1963. Geoff, who is not nineteen until August, had a previous best of 52'9½" set last summer.

John Thompson also obliterated his personal record, at Scunthorpe on April 28th, when he triple jumped to 48'3", just one inch short of the best by a British 18-year-old (John Myers 1964). John Thompson's effort was an improvement of 1 foot 4½ inches on his previous best performance. John, who does not turn nineteen until December, is worrying about that perennial bugbear of triple jumpers—bruised heels. "Do you know where I can get some heel cups please? The only place I know of that can get them charge the ridiculous price of 10/6d. each, and I should think it costs a penny to produce ten of them. This sort of thing hardly encourages triple jumping—maybe I can get some on the National Health!" Can anyone help out?

One of John Thompson's greatest rivals, Bournemouth's **Phil Barrett**, intends holding fire on his speciality for some time yet. Phil (46'10½" and 47'5½" w at 17, last year) writes: "My training at present consists mainly (75%) of sprinting as I believe it is speed most of all that is the greatest factor in the event. Technique will follow with experience. College exams have spoilt

Bearer of a famous name in British Javelin throwing circles: Malcolm Dalrymple, Junior.

Michael George



my winter's training and I only had two proper workouts each week (one on weights and another of sand running). Now I am training three times a week but I've not started jumping competitively yet. I am relaxing and having a lot of sprint competitions and, although the times are slow, they are much better than at this time last year. I am hoping to 'explode' in August/September when the last exams are behind me. Then I'll be going all out for John, Brian (Hull) and anyone else who comes in range . . . for the moment I'm not too fussy if I lose—just amazed!"

Young Athletes' Results

BARNET ROAD RACES

April 27th

(Youths 3M) 1, J. Lane (Felt) 14.30; 2, J. Pugh (Barnet) 14.44; 3, M. O'Hara (Hornsey SM) 14.45; 4, C. Reed (Had. Oly) 14.50; 5, L. Irvine (Corby) 14.51; 6, P. Bennett (HSM) 14.59; 7, S. Harvey (Thurs) 15.03; 8, J. Tooley (Ver) 15.04; 9, K. Hine (Felt) 15.16; 10, W. Langley (Ver) 15.22; 11, N. Webber (HO) 15.24; 12, A. Clark (Corby) 15.30. Teams: 1, Hornsey SM 43; 2, Feltham 46; 3, Hadleigh Olymp. 49; 4, Corby Town 71; 5, Woodford Green 102; 6, Belgrave 108; 7, Barnet 113; 8, Thurrock 116.

(Boys) 1, Luton United (J. O'Kane 10.38, A. Baskerville 11.04, I. Whittle 9.37, G. Melia 10.28) 41.47; 2, Woodford Green (S. West 10.10, D. Cox 10.37, R. Williams 10.36, D. Taylor 10.33) 41.56; 3, Hornsey SM (D. Sandland 10.50, L. Ellingham 10.17, S. Cunningham 10.46, P. Gregory 10.18) 42.11; 4, Feltham 42.42; 5, Barnhill S. 43.27; 6, Thurrock 43.36; 7, Barnet 44.24; 8, Walton 44.38; 9, Belgrave 45.21; 10, Hadleigh Olymp. 45.28; 11, St. Marks S. 45.45; 12, HSM "B" 46.19. Fastest times: Whittle 9.47, B. Smith (Thur) 9.52, T. Thacker (Barnet) 10.05, W. Curtin (Bel) 10.09, West 10.10, Ellingham 10.17.

WARLEY ROAD RELAYS

April 13th

(U/21) 1, Mitcham (G. Mountcastle 20.15, C. Marshall 19.59, K. Wallis 20.48, L. Morrish 20.18) 81.20; 2, Westbury (M. Chandler 20.41, D. Burborough 20.21, D. Francis 19.23, A. Reid 21.21) 81.46; 3, Wolverhampton & B. (T. Jeffries 19.55, R. Stirling 21.23, J. Rochards 20.17, C. Lisseman 20.46) 82.21; 4, Warley 84.20; 5, Sparkhill 85.25; 6, Mitcham "B" 87.29; 7, Coventry 88.36; 8, Warley "B" 89.38; 9, Allestree Woodlands 91.28; 10, Birchfield 93.00; 11, Stafford 93.52; 12, Small Heath 94.37. Fastest times: Francis 19.23, Jeffries 19.55, Marshall 19.59.

(U/17) 1, Small Heath (I. White 10.40, M. Mills 10.33, A. Burke 11.12, D. Black 10.31) 42.56; 2, Cov. Godiva (S. Barnes 10.49, R. Riley 11.02, P. Smith 11.01, J. Wheway 10.12) 43.04; 3, Westbury (G. Cozens 11.30, N. Kearns 11.25, C. Rider 11.10, B. Pearce 11.14) 45.19; 4, S. Hth. "B" 45.20; 5, Tipton 46.09; 6, CG "B" 47.32; 7, Birchfield 47.41; 8, Derby & Cty 48.28; 9, Tip. "B" 49.19; 10, Dudley & Stourbridge 49.22. Fastest times: Wheway 10.12, Black 10.31, Mills 10.33.

(U/15) 1, Cov. Godiva (D. Moorcroft 8.34, R. Maule 8.06, P. Heales 7.57, D. Glassborow 7.51) 32.28; 2, Small Heath (A. Marley 8.14, M. Morris 7.46, D. Tierney 8.17, D. Daley 8.16) 32.33; 3, Westbury (A. Staynings 8.11, A. Cichorowski 7.52, M. Cross 8.46, A. James 8.09) 32.58; 4, Bromsgrove & R. 34.47; 5, Tipton 35.05; 6, Birchfield 35.14; 7, Leamington 35.40; 8, Derby 35.41; 9, Warley 36.08; 10, Sparkhill 36.30. Fastest times: Morris 7.46, Glassborow 7.51, Cichorowski 7.52.

The following open events will be held at the Battlebridge Trophy at Redhill on June 1st: 3000m steeplechase, junior 120y hurdles, senior and junior hammer. Entries to J. W. Draper, 92 Radstock Way, Merstham, Surrey, on May 18th. No entry fee, no prizes.

ANDY GREEN

answers the Questionnaire

Full name:

Andrew Richard Green.

Birthplace and date:

Hillingdon (Middx), 26.11.42.

Height and weight:

6'1½", 154lbs.

Clubs:

Hadleigh Olympiads and Salford Harriers.

Occupation:

Schoolteacher.

Personal best marks:

440y—49.8, 880y—1:49.5, 1500m—3:42.2, mile—3:57.7, 2M—8:47.0, 3M—14:04.0.

Which performances have given you most pleasure?

Winning AAA title, and breaking four minutes for first time.

How many times a week do you train?

Ten times.

At what time of day do you train?

Lunch time and/or evening.

How long are your training sessions?

20 min. to one hour.

Please describe your warm-up:

One mile run, few strides.

Please give details of a typical week's training in winter:

Monday: 8½ miles hard; 5 miles fartlek.

Tuesday: 5½ miles steady; 5½ miles steady.

Wednesday: 5½ miles fartlek; 7 miles steady.

Thursday: 5 miles steady; 7 miles steady.

Friday: 4 miles steady.

Saturday: 24 x 150y or race.

Sunday: 9 miles hard.

Please give details of a typical week's training in summer:

Monday: 7 x 440y (59 sec.) with 220 jog.

Tuesday: 5 miles fartlek.

Wednesday: 4 x 660y (87 sec.) with 6 min. rest.

Thursday: 10 x 220y (26 sec.).

Friday: Rest or strides and short sprints.

Saturday: Race.

Sunday: 12 x 330y: 3 sets of 4 with 110 jog, and lap jog between sets.

Please give details of any weight training:

Twice a week: light weights with many repetitions; e.g. bench press—2 x 20 x 100lb; curls—2 x 20 x 60lb.

Coach:

My father (Richard Green) and Harry Wilson.

How much of your success is due to coaching?

I like to be told what to do in my training, so my success is even more dependent on coaching than most.

How many days rest do you like before competition?

One, if it is an important race.

How often do you like to compete?

Once a fortnight at international class, weekly at club level.

What are your targets?

Olympic gold medal and world record.

What advice would you offer the young athlete or novice?

To be a good class athlete takes many years



Andy Green, the AAA mile champion, with his wife Mary (née Tagg)—runner-up in the WAAA quarter-mile last season. Both are aiming for Olympic selection: Andy at 1500 or possibly 800 metres, Mary at 400 metres.

Fionnbar Callanan

The Right Kind Of Dedication

—By BRIAN MITCHELL

IN amongst the many reasons why young athletes quickly give up the sport, there lies, probably near the centre, the fact that most of them have heard about "dedication". A balanced individual would necessarily be scared of committing a large part of himself to an activity such as running, jumping or throwing. Indeed, it could sensibly be argued that an adult who manages to persuade a young person to spend a big portion of his life doing just one thing is thereby acting unimaginatively, not to say irresponsibly. The world is an interesting place, and it ill becomes intelligent people to focus their eyes on one limited activity. How, then, ought the devotee of athletics to define "dedication"? Wishing to be an athlete, but not wishing to be an idiot, how might a person accommodate athletics in his life?

The first and vital distinction to make is that between a dedicated *attitude* and a dedicated *life*. To dedicate one's life to sport seems to me to be drastically foolish; surely, only a very silly person could shut himself off from the many other activities and experiences which life offers. But, just because a man does not wish to give all of his time to one activity, this does not mean that he does not understand the meaning of commitment, of doing something properly and wholeheartedly. The process whereby someone realises his potential is conceived, developed and controlled by a mind and a will which do not compromise. It is not necessary for such a mind and will to concentrate on one activity. The man who knows and values this will probably be a better athlete (and will stay longer in the sport) than the man who kills everything else on behalf of his sport. He will certainly be better company.

Dedication is, therefore, primarily a question of attitude. The athlete will decide, without reservation, to find out his capability. He will relentlessly pursue, as part of his life, a kind of perfection—in this case, seeking his own absolute physical capacity in the context of athletics. The problem is to wed practice to theory.

ANDY GREEN continued

hard work, except for the gifted few. Training a little and often is better than a lot infrequently. Don't be discouraged by athletes of the same age being much better than yourself; if you keep at it through thick and thin you will win through. Experiment with different methods of training and find out what best suits you. Don't just follow blindly what Elliott does, or Snell, etc.

Annual progress:

Year	880	Mile	Year	880	Mile
1955	2:28.0	5:24.0	1962	1:51.5	4:14.6
1956	2:13.7	5:01.0	1963	1:51.9	4:09.0
1957	2:05.8	4:47.0	1964	1:49.5	3:59.2
1958	2:00.5	4:30.1	1965	1:49.6	3:57.7
1959	1:58.7	4:26.8	1966	1:52.5	4:05.8
1960	1:54.4	4:19.8	1967	1:49.6	4:00.6
1961	1:53.5	4:12.7			

The foremost need is to set aside a portion of six days of every week, during which the chosen activity can be indulged. I believe a maximum of one hour to be sufficient for the main purpose; that is to say, the hard, specialised work can be done in this time, and, should occasion arise, additional work might profitably be carried out. Thus, of the 168 hours in a week, no more than eight or nine need be given over to athletics. That is not a lot for the "dedicated" athlete. Moreover, since most people can contrive quite easily to get a good stretch of time on a Saturday and Sunday, there are, in practice, only four days in the week when the one hour really has to be "found". It is quite possible to vary the pattern of training on these four days; two evenings, one early morning, one lunchtime, or a day divided between an easy early morning run and a hard lunchtime display—this kind of distribution can be employed if necessary, so that it is not difficult to leave free for other interests five out of seven evenings, if you want to. For those who can train by running to and from work, there is no problem worth calling a problem. You merely juggle your clothes and remember to take the front door key.

Fierce and intelligent training

It follows that the foremost need during these set periods is to arrange fierce and intelligent training. The athlete must know exactly what he is aiming to do, why he is doing it, and how much of himself he is prepared to put into what he is doing. Presumably, he loves what he is doing, finds it completely rewarding, and in a sense necessary; he does it because he wants to, and it is not a burden. (It is difficult to understand those athletes who say they do not enjoy training, which is rather like a glutton saying that he does not enjoy food.)

If a young athlete, having tasted the strange satisfaction of competition, and preparation for that competition, understands that his dedication should primarily embrace attitude and planning, and need not lead him towards some sort of total immersion, then he will not draw off so quickly. The atmosphere of crankiness and hearty unintelligence which surrounds our sport must be cleared out of the way, so that young athletes may be able to see where they are meant to be going.

Those of us who want to see athletics prosper might spend some time trying to publicise (in some cases trying to adopt) the fact that running, jumping or throwing can be specialist and satisfying activities, fully indulged in, without their crushing the other parts of life. In particular, coaches should encourage athletes to make training and racing purposeful, efficient, important and enjoyable, but never exclusive.

SCOTLAND

ANDY WOOD BETTERS 440 RECORD

Andy Wood bettered Scottish National 440 Record at Scotstoun Inter-Club, April 27th. Victoria Park's Andrew Wood starred in this inter-club meeting with a 47.9 clocking in the quarter, one-tenth inside the Scottish National best. Unfortunately there were insufficient graded timekeepers present to enable the mark to be forwarded for record purposes, but it looks only a matter of time before Andy equals or better the mark under legal conditions. This is the 23-year-old Wood's first serious season of quarter-miling previously specialising in the sprints (bests of 10.0 and 21.8).

Teams: 1, Edinburgh Southern H. 120; 2, Victoria Park 96; 3, Ayr Seaforth 41; 4, Edinburgh AC 37. 100: D. Farrer (ESH) 10.1. 440: A. Wood (VP) 47.9. 3M: D. Macgregor (ESH) 14:18.6. 120H/440H: A. Murray 15.6/55.5. 4x110/4x440: VPAAC 44.0/3:26.0. LJ: D. Walker (ESH) 22'8½". DT: A. Black (ESH) 131'3". HT: C. Black (ESH-J) 121'0".

Dundee Hawkhill "10", at Dundee, April 20th. Despite the wet and windy conditions Alastair Wood broke his own course record by 21 seconds after being chased hard all the way by promising newcomer K. Grant. 1, A. Wood (AAC) 49.21; 2, K. Grant (Hawk) 49.35; 3, J. Clare (AAC) 51.19.

North East Track League, at Dundee, April 20th. 100: D. Halliday (Perth) 10.1. HJ: D. Guild (Hawk) 5'8". (Yths) 100/LJ: A. Robertson (Kirk) 10.5/21'9". Teams: 1, Aberdeen AC 151; 2, Perth Strathtay 143; 3, Kirkcaldy 106; 4, Hawkhill 90; 5, Tayside 51. (Women) 100/440: M. McLeish (Perth) 11.5/61.3. Teams: 1, Dundee Hawkhill 64; 2, AAC 55; 3, Perth 33; 4, Tayside 6.

Bellahouston 87, Jordanhill TC 59, April 23rd. 100: J. Williams (M) 10.0. 220: L. Piggott (B)

22.2. 440: M. McLean (B) 50.3. 4x110/4x440: Bellahouston 44.5/3:28.7. LJ: C. McNeish (B-J) 20'9". SP: J. Lilley (B) 48'6".

Edinburgh Un. 98, Glasgow 85, at Westerlands, April 27th. 220/440: I. Moriarty (G) 22.6/49.6. 880: J. McFie (E) 1:56.0. Mile: A. Blamire (E) 4:18.1. 3M: G. Bryan-Jones (E) 13:44.6. 120H: R. Davidson (E) 16.2. 440H: A. Webb (E) 58.5. 4x110: GU 44.2. HJ: G. Balfour (E) 5'10". LJ/TJ: H. Robertson (G) 21'10½"/44'0". SP: H. Smith (E) 44'4½". (Women) **Edin. Un. 60, Glasgow Un. 57.** JT: A. Saddler (E) 100'8".

Aberdeen Un. 91, Strathclyde 81; SU 117, St. Andrews 49; AU 115, SA 51, at Nethercraigs, April 27th. 100/220: I. Turnbull (AU) 9.9/22.4. Mile: J. Myatt (SU) 4:17.2. 120H: A. Clements (SU) 15.8. 4x110: AU 44.0. SP/DT: D. Edmunds (SU) 51'8"/126'9". HT: L. Bryce (SU) 182'3". JT: D. Fowlie (AU) 201'7". (Women) **AU 71, SU 30; SA 69, SU 33; AU 62, SA 50.**

Clydebank-Helensburgh 16M. Road Race, April 27th. Lachie Stewart ran in a very comfortable winner, by about 600 yards, finishing just 35 seconds outside Fergus Murray's course record. 1, L. Stewart (Vale of Leven) 1:23.46; 2, A. H. Brown (Law) 1:25.36; 3, W. Mather (Tev) 1:26.15; 4, J. Spence (Glen) 1:29.24; 5, A. Matson (ESH) 1:29.34; 6, L. Meneely (Shett) 1:30.15.

Scottish Cross Country Union AGM, April 27th. The Annual General Meeting of the SCCU was held at Strathclyde University with a fairly good attendance of delegates. Mr. W. Diverty, Vice-President, was in the chair and at the start of the meeting he referred to the death of the President, Mr. J. Gardiner, and paid tribute to his services to the sport. A short silence was observed to his memory.

Garscube Harriers proposed that "in open team



Dick Taylor handing over to Alan Grant for the all-conquering Coventry Godiva team in the AAA National Road Relay at Leicester.

Ron Linstead

competition, any competitor resident outside Scotland may only represent the club of which he was a member before leaving Scotland. If not previously a member of a Scottish Club, a period of fourteen months must elapse from the date of his acceptance into membership of a Scottish Club and his eligibility to represent that club". This motion was defeated but it was unanimously agreed that the General Committee should examine the question and prepare the necessary legislation to present at the next AGM.

Office-Bearers for 1968-69 were elected as follows: Pres., W. Diverty (Glasgow Un); Vice-Pres., J. Hamilton (Teviotdale); Sec., E. Murray, 25 Bearsden Road, Glasgow W2 (Tel: SCO 4436); Treas., D. McSwein, 3 Welbeck Street, Greenock.

Willie Diverty

PORTSMOUTH ATALANTA TROPHIES

At Portsmouth, April 27th

1, Southampton 244; 2, Portsmouth 225; 3, Reading 144; 4, Eastleigh 133; 5, Salisbury 97; 6, Bognor Regis 59; 7, Ryde 28. 100: 1, D. Dear (S) 10.3; 2, C. Cheetham (P-J) 10.4. 220: Dear 22.8. 440: 1, R. Fox (S) 51.9; 2, C. Laws (P-J) 52.4. 3000mSC: R. Prett (S) 9:21.8. SP: 1, B. Gillo (R) 45'2"; 2, R. Kennedy (S-J) 43'6". DT: Gillo 138'5".

(Women) 1, Portsmouth Atal. 208; 2, Croydon 192; 3, Southampton 165; 4, Reading 138; 5, Bournemouth 161; 6, Bognor Regis 110. 880: T. Marshall (PA) 2:24.8. HJ: 1, J. Wall (B) 5'0"; 2, R. Fowler (R) 5'0". SP: 1, S. Barrett (C) 36'2"; 2, J. Wiggins (BR) 32'11"; 3, S. Driscoll (PA) 32'4". DT: 1, M. Everingham (S) 115'7"; 2, Wiggins 112'6"; 3, Barrett 107'11". JT: 1, L. Mountford (C) 119'1"; 2, M. Jeans (B'mth) 113'5".

(Jnrs) 1, Croydon 227; 2, Portsmouth Atal. 216; 3, Southampton 146; 4, Reading 75; 5, Bognor Regis 56; 6, Ryde 41. 880: 1, C. Hever (PA) 2:33.3; 2, D. Marchmont (C) 2:38.3. LJ: S. Biggs (C) 15'9". SP: P. Hunt (C) 30'10".

PONDERS END ROAD RELAY

At Enfield, April 27th

1, Thurrock (C. Ward 17.36, D. Horsup 17.58, H. Neeson 18.28, M. Batty 17.07, D. Staines 18.04) 89.13.

2, Luton United (A. Simmons 17.24, M. Pakey 17.44, B. Hutton 18.14, I. Thompson-Yth 17.56, J. McLatchie 18.29) 89.47.

3, Hillingdon (D. Cobb 18.25, J. Ross 17.32, R. Cressy 18.20, A. Harding 17.52, S. Buchanan 17.41) 89.50.

4, Boro' of Enfield 89.54; 5, Eton Manor 90.51; 6, Hornsey SM 93.40; 7, LU "B" 94.22; 8, Walthamstow 95.44; 9, HSM "B" 95.59; 10, Romford 98.39; 11, Ealing & Southall 99.10; 12, En. "B" 99.55.

Fastest times: T. Briault (En) 16.43 (rec), Batty 17.07, M. Absolom (EM) 17.16, Simmons 17.24, Ross (Hill) 17.32, Ward 17.36, K. Hutchin (EM) 17.38, S. Buchanan (Hill) 17.41.

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GOOD SPRINT DOUBLE BY JANET STROUD

At Hendon, April 13th

SUN and cold winds greeted the first women's trophy meeting of the year, when Woking AC, in their first appearance at the meeting, took the top trophy in the two division "league."

The gusty conditions slowed track times, and Janet Stroud's sprint double for Feltham (11.4/25.0 into the wind) was particularly noteworthy. The throws were of a high standard, although javelin star, Sue Platt, forsook her speciality for the high jump, clearing 4'10".

High jump international Barbara Inkpen in turn preferred to jump for distance rather than height and was quite pleased with her wind-assisted long jump of 18'6½". Barbara, incidentally, is still the reigning WAAA indoor long jump champion, since no championships were held this year.

"Alpha" Trophy: 1, Woking 158; 2, LOAC 156; 3, Enfield 140; 4, Notts AC 137; 5, Middlesex L. 110; 6, Portsmouth Atal. 97; 7, Surrey 76. 100: L. Peck (E) 11.4. 440: 1, M. Vinall (W) 60.5; 2, S. Ball (N) 60.6. 880: T. Marshall (PA) 2:22.6. 4x110: Enfield 50.8. 80mH: 1, S. Hayward (M) 12.2; 2, S. Beldham (LO) 12.2; 3, S. Turpin (E) 12.3; 4, J. Oldall (W) 12.4. HJ: (A) 1, C. Ryder (E) 5'0"; 2, J. Oldall 4'10". (B) 1, S. Rampton (M) 4'11"; 2, S. Platt (LO) 4'10". LJ: S. Oldall (W) 17'2½". SP: (A) 1, A. Littlewood (N) 40'6½"; 2, S. Hayward (M) 36'4½"; 2, M. Pulman (LO)

35'6½". (B) A. Beldham (LO) 36'9½". DT: (A) 1, Pulman 121'8"; 2, S. McKinnon (W) 109'9". J. Fielding (L'pool-ns) 134'9". (B) C. Cox (N) 105'8". JT: 1, H. Beuzeval (N) 115'7". **(Juniors)** 1, Middx. L. 143½; 2, Woking 123½; 3, Enfield 122; 4, Notts 121; 5, eq. LOAC & Portsmouth Atal. 105½; 7, Sy 60. 80yH: K. Wheeler (M) 12.2. DT: J. Thompson (W) 80'7".

"Beta" Trophy: 1, Aldershot, F. & D. 129; 2, Feltham 123; 3, Brighton & Hove 114; 4, Solihull 96; 5, Croydon 78; 6, Bracknell 66; 7, Redhill & R. 40. 100: J. Stroud (F-I) 11.4. 220: 1, Stroud 25.0; 2, A. Birch (BH) 26.4; 3, B. Inkpen (AFD) 26.7. 440: Birch 61.4. 880: S. Fitzmaurice (AFD) 2:21.4. 80mH: (A) P. Kelly (AFD) 12.4. (B) D. Etheridge (BH-I) 12.4. LJ: 1, Inkpen 18'6½"; 2, J. Caswell (M'head-ns) 18'6". SP: 1, S. Havard (AFD) 35'8½"; 2, M. Burtenshaw (BH) 32'11½". DT: 1, Burtenshaw 121'8"; 2, C. Brackenshaw (F) 110'0". **(Jnrs)** 1, Solihull 109; 2, Feltham 102; 3, Croydon 82; 4, Aldershot, F. & D. 72; 5, Bracknell 67; 6, Brighton & H. 54; 7, Redhill & R. 10. 80: J. Brown (S) 10.0. 100: V. Webster (S) 11.9. 150: 1, H. Roberts (F) 18.3; 2, J. Croxson (S) 18.3; 3, D. Marchmont (C) 18.4. 80yH: M. Talbot (S) 11.9. 4x110: Solihull 53.1. HJ: (A) 1, P. Dimmock (Br) 4'9"; 2, S. Biggs (C) 4'8"; 3, E. Murray (F) 4'8". (B) K. Draper (Br) 4'7". SP: (A) 1, Biggs 31'1½"; 2, W. Crompton (AFD) 30'6½"; 3, L. Polson (S) 29'0". (B) P. Hunt (C) 29'8".

Jennifer Sanger-Anderson (SCWAAA Coaching Sec.) has moved to 127A Goodwood Parade, Courtlands Drive, Watford, Herts.

SOUTHERN COUNTIES A.A.A. CHAMPIONSHIPS

SENIOR AT MOTSPUR PARK
21st/22nd JUNE

Entries Close 28th May
Entry Fee 5/-

DECATHLON AT COPTHALL
STADIUM, HENDON
20th/21st JULY

Entries Close 8th July
Entry Fee 10/-

JUNIOR/YOUTH AT COPTHALL
STADIUM, HENDON
20th/27th JULY

Entries Close 24th June
Entry Fee 3/6

Prospectus and Entry Forms from: E. D. C. Buswell, Hon. Championships Secretary, S.C.A.A.A., 26 Park Crescent, London, W.1. Tel.: 01-580 3498 (Please enclose S.A.E.)

PLESSEY TELECOM. GROUP ERICSSON ATHLETIC & SOCIAL CLUB

7th Annual

ATHLETIC & CYCLING MEETING

Featuring 1000 metres Invitation Race
And OPEN 15 MILE ROAD RACE
Inc. Nottinghamshire A.A.A. Championships

SATURDAY, 15th JUNE, 1968
TRENT VALE GROUND, BEESTON
(Under AAA, WAAA Laws and BCF Rules)
TRACK MEETING COMMENCES 2 p.m.
ROAD RACE 3 p.m.

15 Mile Road Race—Prizes valued £10.0.0, £7.10.0, £5.0.0, £2.10.0 and 1st 3 Teams (6 run, 3 to count). 1st Veteran £4.0.0. 1st Novice £2.0.0. Certificates. Notts. Champ. Medals and Tankards.

Track Events Men—1000 Metres Invitation. 3 Mile Knock Out, 1st 3 individuals and 1st team (4 run, 3 to count).

Relays—Men—4x110. Ladies—4x110.

H'cap Events—Men—100, 220. Ladies—100, 220, 440. Yth & Jnr—880. Girls—80, 150.

Field Events—Men—Javelin. Ladies—Shot, Javelin.

Entry Fees—Men—100, 220, 1000 metres, 3 Mile and Road Race 2/-. Others 1/6d. Team events 5/-. All teams in 3M and Road Race to make individual entry.

ENTRIES CLOSE 25th MAY
Entries to and details from, the General Secretary, Plessey Sports & Social Club, Plessey Telecommunications, Beeston, Notts.

FIRST THREE IN EPSOM & EWELL "40" —Photos by Michael George



Alan Phillips (1st)



Bernie Gomersall (2nd)



Jock Anderson (3rd)

Bob Gevers Demolishes Field In Herne Hill "10"

at Crystal Palace, April 27th

SOUTH London's Bob Gevers, a 28:56 six-miler was alone in 24.59 with Maillardet, 16 seconds down, hanging on grimly but unavailingly. Next came late entry Ferdie Gilson (26.16), with Lionel Mann, Peter Bodley, Charlie Hunn and P. Sarson together in 26.24. Gevers stretched his lead by a further 41 seconds over the second "5" but the blustery conditions slowed him to a time 28 seconds down on his second place time of last year, and a full 90 seconds behind Graham Taylor's year-old course record. With five men in ten SLH were invincible in the team race. John Gebbels once again performed a sterling task on the organisation side, with free cans of beer to the first 70 finishers. Next year the event will be the "Courage 10" (same organisers, same venue) with, presumably, even more of the foaming stuff...

David Cocksedge

1. R. Gevers (South London H.) 50.30
2. F. Maillardet (Cambridge H.) 51.27
3. P. Sarson (Allestree Wood) 53.20
4. L. Mann (Bel) 53.30; 5. P. Bodley (SLH) 53.31;
6. F. Gilson (SLH) 53.35; 7. C. Harvey (SLH) 53.44;
8. C. Hunn (SLH) 54.18; 9. M. Frost (Roth) 54.53;
10. M. Hamlin (Read) 54.57; 11. R. Wilds (So'ton) 55.00;
12. E. Caswell (Kett) 55.21; 13. D. Dellar (Camb) 55.28;
14. C. Phipps (Leam) 55.30;
15. R. O'Donaghue (HHH) 55.39.
16. M. Caudwell (Croy) 55.44; 17. R. Barker (B'th) 55.51;
18. M. Jeans (Salis) 56.00; 19. B. Oulds (Herc/Wimb) 56.08;
20. J. Phelan (HW) 56.17;
21. J. Burgess (So) 56.22; 22. D. Dickenson (AW) 56.27;
23. R. Laker (SLH) 56.32; 24. W. Jones (West Corn) 56.38;
25. M. Moody (M'head) 56.52;
26. E. Schaffner (QPH) 56.56;
27. A. Bulpitt (So) 56.58;
28. W. Anderson (Met. Pol) 57.07;
29. S. Allen (HHH) 57.11;
30. K. Forster (MP) 57.15. 96 finished.

Teams: 1, SLH 10; 2, Cambridge H. 29; 3, Southampton 33; 4, Leamington 51; 5, Blackheath 55; 6, HHH 58; 7, Metropolitan Police 70; 8, Belgrave 72.

First Veteran: 14, Phipps.

★ Pakistani high hurdler Ghulam Raziq (35), a semi-finalist at the 1956 and 1960 Olympics, shows few signs of the passing years. He clocked 14.1 on February 22nd, only a fifth outside his best. Another interesting 110m hurdles mark: a Chad national record of 14.0 in February by the imposingly named Bernard Kender De Gaulle.

RUNNERS' FEDERATION

The following Specialist Club Secretaries and/or Officers:

**ROAD RUNNERS' CLUB
THE BARRIER CLUB
THE BRITISH SPRINT CLUB
THE BRITISH MILERS' CLUB
INTERNATIONAL ATHLETES
CLUB (Running Section)**

are invited to give their views on the formation of a Specialist Club Committee for the Running Events only, to be known by the above name.

The principal object of the Committee will be to raise British running to world supremacy by the pooling of resources and information.

Those interested should write to:

Box No. 1, "Athletics Weekly"
344 High Street, Rochester, Kent,

U.S.A.

Charlie Greene — "I'll Do Better"

CHARLIE GREENE, whose mouth moves nearly as fast as his feet, made the best of a potentially discouraging situation at Lawrence, Kansas, on April 20th. Rival Jim Hines, himself a co-record holder at 100 metres, false started twice. The starter of the specially-arranged 100m race turned and asked Greene if he would mind letting Hines run anyway. Charlie said something to the effect, "That's not my decision, Mr. Starter. It's up to you to enforce the rules." The starter ruled correctly, tossing Hines out. The crowd of 20,000 booed him heartily.

Greene, whose best time for 100m had been 10.1, then sped down the track which only hours before had been under water. Workmen had laboured all night to put the surface back in respectable condition following heavy rains on Friday. The 100-yard race, with several 9.5 men competing, had been won in 9.8 shortly before Greene's race.

Still Greene, running his first outdoor 100 of the season, managed to cover the course in a world record equalling 10.0. And no sooner had he finished than he was talking again. "It was an easy race," he bubbled. "I was relaxed. I'll do better." A short step behind came an exciting youngster, 19-year-old Mel Gray. He hit 10.1. Eleven days earlier, Gray had doubled with 9.3 and 20.6 yard marks.

The other hot sprinting took place in cold (for California) and windy San Jose. Here, with the help of a 6.0 mps wind, Tommie Smith blasted a 20.0 220. Ronnie Ray Smith—no relation—rode a 4.5 mps breeze to a 9.2 time for 100 yards.

Directors of the Pelican Relays, a meet made up predominantly of Negro athletes, invited the world's top white hurdler, Richmond Flowers, to their meet to race Willie Davenport and Harvey Nairn. Flowers responded with a 13.3 120y clocking, equal fourth fastest in the history of high hurdling. Nairn got his lifetime best with 13.5, and Davenport — after a horrible start and hitting every hurdle — did 13.7. The following day, a meet at Flowers' college in Tennessee brought Davenport for a rematch. Facing a 6.5 mps wind, Flowers won in 14.0 from Tom White, Davenport, Ron Copeland and Leon Coleman, all of whom also did 14.0. Blaine Lindgren ran 13.6 in another meet. The Southern California Striders, a club team, put together a 480-yard high hurdle relay team of Ralph Boston, Copeland, Coleman and White. They sped the distance in 55.4, clipping eight-tenths from the world best they had set a week earlier.

There's more on the hurdles. In Boston, Mass., Briton Dave Hemery cruised to his career (and a UK National) best in the 440 intermediates with 50.7. This cold part of the country isn't known for its fast times this early in the year, which makes Hemery's mark even more impressive.

Bob Seagren promised to try the intermediate hurdles, and on April 20th at Los Angeles he opened with 53.4, a quite respectable beginning

for a hurdler to say nothing of an untrained-for-hurdling pole vaulter. Seagren, who doubled with 16'6"/5.03 in the vault, boasted afterwards, "I think I could run 50-flat if I concentrated on the intermediates." His coach, Vern Wolfe, quickly stepped in and said Seagren would probably run this event only "once or twice more" this year, if at all. Two more pole vaulters joined the 17-foot ranks on April 20th, Chris Papanicolaou (Greece) for the first time this year and Chuck Rogers for the first time in his life.

Jim Ryun got back to racing again at the Kansas Relays after a three-week, injury-forced lay-off. He whipped comfortably through a 3:42.8 1500, beating Tim Danielson (3:44.8) with a 26.3 final 220. Jim said, "I held back to avoid re-injuring the leg, but it didn't bother me at all. I was satisfied with my performance. All I lack is 'snap' after missing speed training."

Two throwers made leaps forward. Dave Maggard moved up to fifth on the all-time shot list with 65'10 $\frac{1}{2}$ "/20.08 and Bill Neville improved to 204'9"/62.41 with the discus. More additions to the "who-are-they" newcomers list: Ronnie Jourdan and 17-year-old Reynaldo Brown 7'0 $\frac{1}{2}$ "/2.15 and 7'0 $\frac{1}{2}$ "/2.145 in the high jump, and Seyon Harrell, 46.2 for 440y.

BY JOE HENDERSON

April 5th/6th, Lexington. 100m: Ray 10.3 (10.1w heat), Freeman 10.3; 10,000m: Hazilla 29:07.2 (28:12.0 at 6M), Murphy 29:38.2; 330yH: Adkins 37.0, LeMon 37.3; SP: Oldfield 60'4 $\frac{1}{2}$ "/18.41; Mile relay leg: NORRIS 4:11.5.

April 6th, Wichita. PV: Burton 16'5 $\frac{1}{2}$ "/5.02; SP: Salb 61'2 $\frac{1}{2}$ "/18.65.

April 6th, Los Angeles. 220y: McNeil (Jam) 20.5 (no wind info.).

April 6th, Knoxville. 440y relay leg: McAlhaney 45.4.

April 6th, Santa Maria. 100y: Carlos 9.4; 120yH: T. White 13.8.

April 6th, Baytown. 100y: Steck (schoolboy) 9.3.

April 6th, Big Spring. 100y: Norman 9.4; 120yH: Carty 13.8.

April 9th, Pittsburg, Kans. 100y/220y: Gray 9.3/20.6.

April 10th, Boston. 120yH/440yH: HEMERY 14.0/51.8.

April 10th, Honolulu. (4 cornered, 406y track) 440y: Evans 47.4, McGrady 47.5; 2M: 2, Day 8:41.4; HJ: Caruthers 7'0"/2.13.

April 11th, Austin. 440y: Morton 46.0 (& 45.8 relay), Mills 46.6.

April 11th, Stillwater. 100y: Matison 9.4; JT: Nilsson (Swe) 248'4"/75.69.

April 11th, Dallas. 12lb SP: Walker 71'3 $\frac{1}{2}$ "/21.73 (rec).

April 12th/13th, Lafayette. 3M: McDonnell (RoI) 13:52.8; 400mH: Adkins 51.7.

April 12th, Athens. 100m: Hurd 10.2, Ray 10.3, Carter 10.3; 220y: Hurd 20.6, Richburg 20.8, Ray 20.8.

April 13th, Mansfield. 100y: Washington (17) 9.4.

April 13th, Stanford. SP: Marcus put 62'6 $\frac{1}{2}$ " / 19.07.

April 13th, Berkeley. 440yH: McCrary 51.5; SP: 2, Hargreaves (NZ) 56'4 $\frac{1}{2}$ " / 17.18.

April 13th, San Diego. 3000m: Danielson 8:00.2, Mills 8:03.2.

April 13th, Knoxville. 440y: McAlhaney 46.8 (& 45.6 relay).

April 13th, University Park. 880y: Hamilton (RoI) 1:49.5; Mile: Patrick 4:04.4; PV: Bizzarro 16'3" / 4.95.

April 13th, Cambridge, Mass. 2M: BAKER 8:58.0, Hardin 8:59.0.

April 13th, Westminster. Mile: 6, Schul 4:10.7; JT: 5, FITZSIMONS 238'3" / 72.62; 4x120yH Relay: Striders 56.2 (best on record; Ralph Boston 14.5, Gary Power 14.1, Ron Copeland 13.9, Tom White 13.7); 440y relay legs: Whitney 46.1, Larrabee 49.4 (lead-off).

April 13th, Provo. LJ: Pousi's 25'9" / 7.85 was windy.

April 16th, Fort Worth. HJ: Curry 6'11 $\frac{1}{2}$ " / 2.12.

April 17th, Princeton. HJ: Miller 7'0" / 2.13.

April 19th, Corvallis. DT: Tollefson 190'8" / 58.12.

April 19th, Baton Rouge. 120yH: Flowers 13.3, Nairn 13.5, Davenport 13.7; HJ: Hartfield 7'0" / 2.13.

April 19th/20th, Lawrence. 100m: Greene 10.0 (eq. world rec), Gray 10.1, Freeman 10.3, Hines disq. for false starts; 1500m: Ryun 3:42.8, Danielson 3:44.8; 5000m: J. Murphy 14:23.6, Mills 14:23.6; 3000mSC: Nightingale 8:52.8, McCubbins 8:59.8, McMahon (RoI) 9:18.2 (& 30:46.6 10,000m); PV: Rogers 17'0 $\frac{1}{2}$ " / 5.19; LJ: Boston 25'1 $\frac{1}{2}$ " / 7.66; TJ: Burgher (Jam) 51'6 $\frac{1}{2}$ " / 15.71, VERNON (GB) 50'0" / 15.24; SP: Matson 67'11" / 20.70, Crews 60'7 $\frac{1}{2}$ " / 18.48, Salb 59'0 $\frac{1}{2}$ " / 17.99.

April 20th, Arcadia. 3000m: Smith 8:00.6, Lynch 8:02.4.

April 20th, Columbus. 120yH: Midlam 13.8, Pollard 13.8; HJ: Downing 7'0" / 2.13, Albright 7'0" / 2.13.

April 20th, Knoxville. 440y: McAlhaney 46.3; 120yH: Flowers 14.0, T. White 14.0, Davenport 14.0, Copeland & Coleman 14.0; 440yH: Bell 51.4, Rogers 51.8, Coleman 52.1; HJ: Thomas 6'10" / 2.08; LJ: Boston 26'9" / 8.15w, Chilton 25'8 $\frac{1}{2}$ " / 7.83w; TJ: Boston 50'8 $\frac{1}{2}$ " / 15.46w; 4x120yH: Striders (Boston, Copeland, Coleman, White) 55.4 (world best); 440y relay leg: Theron Lewis 45.9.

April 20th, Boston. 440yH: HEMERY (GB) 50.7 (UK rec).

April 20th, Fort Worth. 12lb SP: Walker 71'7" / 21.82 (rec).

American Winner At Last In Boston Marathon

AMERICA'S startling lack of success in the Boston Marathon—the USA's, if not the world's, most famous race of this distance—was beginning to become a bit embarrassing, writes Joe Henderson. A country which produces shorter distance champions as if they were coming off an assembly line had turned out only one Boston winner since World War II. It had been 11 years since young Johnny Kelley had briefly interrupted the dominance of Koreans, Japanese, Finns, Belgians and other outsiders.

Just when Bostonians began to despair that they would ever see another US athlete crossing the finish line first, along came Ambrose Burfoot, a relative unknown. The skinny (6'1", 138lb) 21-year-old college student survived the early crash caused by 890 starters, then shook off his most stubborn pursuer, Marine Lt. Bill Clark, to win in 2:22:17. Amby's winning time was the slowest since 1962 but it was his best for the distance and the 70-75° F heat was somewhat trying. Coached by Kelley (who this time placed 15th in 2:37:03), Burfoot ran 8:45.6 for 2M and 13:44.8 for 3M in the recent indoor season. In preparing for the race, he ran a practice marathon in 2:49—on an indoor ten-laps-to-the-mile track!

The winner got more than just a medal for his effort. Enraged that the event wasn't included in the US Olympic trial series of races, meet officials agreed to donate the money Burfoot needs to train with other Olympic marathon candidates

at Alamosa, Colo., this summer. The final trial race will be at that site on August 18th. A total of 20 marathoners will be selected in six trial races—each of the winners plus those with the next 14 best times. All will receive expense-paid high altitude training.

Terry Cole writes: The 890 starters in the 72nd annual Boston Marathon on April 19th included an unofficial team of five RAF runners. The time and money spent by these boys was well rewarded for, although the promoting club Boston AA won the team award, they presented it to the RAF team in commemoration of their visit and in recognition of their fine performance in placing all five runners in the first 50. Danny McFadzean, of the Royal Navy, travelled with the team and repeated his splendid individual performance of last year in finishing 9th.

BOSTON RESULT: 1, Ambrose Burfoot (USA) 2:22:17; 2, Bill Clark (USA) 2:22:49; 3, Alfredo Penazola (Mex) 2:25:06; 4, Pablo Garrido (Mex) 2:25:07; 5, Ron Daws (USA) 2:29:17; 6, Bob Deines (USA) 2:30:13; 7, Jose Gaspar (Mex) 2:30:27; 8, Mikko Ala-Leppilampi (Fin) 2:31:35; 9, Danny McFadzean (RN) 2:32:27 . . . 27, Sandy Keith (RAF) 2:44:44; 30, Mick Casse (RAF) 2:47:34; 40, Terry Cole (RAF) 2:50:42; 49, Ray Barlow (RAF) 2:54:06; 50, Ken Parker (RAF) 2:54:20. About 600 finished within 4 hours.

OLYMPIC TRIAL RESULT: (at Santa Rosa, Calif., April 21st) 1, Eamon O'Reilly 2:16:39.8 (his first marathon); 2nd on US all-time list behind Buddy Edelen; 2, Skip Houk 2:22:05; 3, Don Lakin 2:23:06; 4, Doug Wiebe 2:23:34 . . . Tom Laris and Bob Schul did not finish.

April 20th, Pocatella. 120yH: Lindgren 13.6.
April 20th, Compton. HJ: Reynaldo Brown (17)
 7'0 $\frac{1}{2}$ "/2.145 (US high school rec).

April 20th, Seattle. SP: Marcus 61'7 $\frac{1}{2}$ "/18.78.
April 20th, Los Angeles. 100y/220y: Allotey
 (Gha) 9.5w/20.7w.

April 20th, Eugene. 2M: Kvalheim (Nor) 8:33.2,
 Lindgren 8:38.4; 120yH/440yH: Knoke (Aus) 14.1/
 51.6.

April 20th, Los Angeles. 100y/220y: Miller
 (Jam) 9.6/20.9; 2M: Oleson 8:44.6; 120yH/LJ:
 McCullough 14.0 & 24'6"/7.47w; 440yH: Vander-
 stock 53.1, Seagren (!) 53.4; HJ: Boyce (Aus) 6'
 10"/2.08; PV: Seagren 16'6"/5.03, Wilson 16'0"/
 4.87; TJ: Barrett (Bah) 49'8 $\frac{1}{4}$ "/15.14; 4x110y: USC
 39.7.

April 20th, Tempe. PV: Mustakari (Fin) 16'0"/
 4.87.

April 20th, Corvallis. 100y/220y: W. Turner 9.3/
 21.0; HJ: C. Johnson 6'11 $\frac{1}{2}$ "/2.125, Fosbury 6'10"/
 2.08; PV: Phillips 16'6"/5.03.

April 20th, San Jose. 100y: (windy) R. R.
 Smith 9.2, K. Clayton 9.3, J. Williams 9.3; 220y:
 (windy) T. Smith 20.0, R. R. Smith 20.5, Williams
 20.6; 440y: Evans 46.9; PV: Papanicolaou (Gre)
 17'0"/5.18, Martensen, Chase & Slover (that order)
 16'6"/5.03; SP: Maggard 65'10 $\frac{1}{2}$ "/20.08.

April 20th, Princeton. 880y/Mile: BAKER
 (GB) 1:50.2/4:02.2.

April 20th, Virginia. 440y: Harrell 46.2.
April 20th, Tallahassee. 440y: Adkins 46.6; HJ:
 Jourdan 7'0 $\frac{1}{2}$ "/2.15.

April 20th, Long Beach. HJ: Dobroth 6'11 $\frac{1}{4}$ "/

2.115; SP: McGrath 61'1"/18.62, Hannefield 60'4"/
 18.39; DT(A): Neville 204'9"/62.41; DT(B): Lister
 186'11"/56.97, O'Brien 185'2"/56.44; JT: Covelli
 256'8"/78.23.

April 20th, Dallas. 100y: Jasper 9.4; 440yH:
 Utecht 52.4.

April 20th, Iowa City. 220y: Lundgren 20.9,
 SIMONSEN (GB/Nor) 21.0 (wind-assisted);
 120yH: Warford 13.8.

April 20th, Logan. SP: Mercer (Can) 59'0 $\frac{1}{2}$ "/
 17.99; DT/JT: Roost (Can) 176'5"/53.77 & 235'3"/
 71.70.

April 20th, Boston. HT: Narcessian 208'0"/
 63.40.

April 20th, Davis. SP: Keshmire (Iran) 57'9"/
 17.60.

NEWS FROM SINGAPORE

Paddy Field led the RAF team to victory in the
 Singapore Inter-Services 5M Cross-Country
 Championships on March 6th, winning in 26:38
 from Jim Douglas (RN) 26:46 and Dave Poil
 (RAF) 27:00. Teams: 1, RAF 32; 2, RN 48; 3,
 Army 102. Ten days later, Field placed 3rd over
 the same course in 26:49 in the Singapore AAA
 Championships behind P. Pillai (26:11) and Avtar
 Singh (26:32). Poil was 4th in 26:50 and Douglas
 5th in 27:00.

STEVENAGE "10"

The date of the Stevenage "10" is June 8th, not
 June 3rd as given in last week's issue.

STOP PRESS!!

TIGER 1st AGAIN

New for Olympic Year 1968, a revolution
 in Road Racing Shoes, Super lightweight,
 with NYLON uppers and famous Tiger
 'Marup' sole, specially designed to give
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* Please note . . . Due to shipping delays,
 these are not yet in stock, watch for an-
 nouncements in future adverts.

NOTE NEW DATE!

CITY OF CAMBRIDGE

(City of Cambridge Entertainments Committee
 —Cambridge & Coleridge A.C.)

SPORTS

(Under A.A.A. & W.A.A.A. Laws)

MONDAY, 3rd JUNE, 2.30 p.m.

**UNIVERSITY TRACK, MILTON ROAD,
 CAMBRIDGE**

Senior Men: 100 yds. H'cp., 880 Yds. H'cp.,
 220, Mile, 3M. Ind. & Team, L.J., P.V.,
 4x110 Relay.

Youths: 100. Mile, Shot, 4x110 Relay.

Ladies: 100 Yds. H'cp., 220, 880, H.J., 4x110
 Relay.

Girls: 100, 4x110 Relay.

EXCELLENT PRIZES ALL EVENTS

Prizes—Sen. Men/Ladies: £5, £3, £1. Relays
 4 at 30/-. 4 at 15/-. Team Race 3 at 30/-.
 3 at 20/-. 3 at 15/-. Youths/Girls: £3, £2, £1.
 Relays, medals 1st and 2nd teams.

Entry Fees: Sen. Men/Ladies 2/6 first event,
 1/6 others. Relays/Team (must enter as ind.)
 10/-. Youths/Girls 1/6 per event. Teams 5/-
 per team.

Details & Entry Forms: D. J. Maltby, City
 Entertainments Officer, Corn Exchange, Cam-
 bridge, close 18th May.

**BRING A FULL CLUB TEAM AND SPEND
 A DAY IN CAMBRIDGE**

CHIZHOVA SUCCEEDS TAMARA PRESS

TAMARA PRESS lost her remaining world record when, at Sochi on April 28th, Nadyezhda Chizhova (22) put the shot 61'3"/18.67 to add three inches to Tamara's figures. Clearly, this is not Nadyezhda's last word—she reached 19m (62'4") with another attempt but stepped over the stopboard. The European champion's previous best was 60'2"/18.34.

At the same meet, 34-year-old Army captain Romuald Klim improved upon his own USSR hammer record with 237'5"/72.36. In an earlier meet, Gennadiy Kondrashov had thrown 230'0"/70.11 to become the world's fifth 70m thrower, while West Germany's Uwe Beyer became number six last week-end with 231'0"/70.42. Only Gyula Zsivotzky has bettered Klim's throw. Much fine discus throwing, too, particularly by Liesel Westermann and Sweden's Rickard Bruch—the latter reportedly having thrown around 67m (219'10") in training!

March 27th, Merseburg (EG). DT: Milde 196'1"/59.78, Brembach 185'7"/56.56; women's DT: Mickler 177'6"/54.10.

March 30th, Halle (EG). DT: Milde 194'1"/59.15.

March 30th, Malmö (Swe). DT: Bruch 198'9"/60.58 (rec).

March 30th, Kapfenberg (Aus). HT: Potsch 212'6"/64.77, Winter 210'10"/64.28.

March 31st, E. Berlin. HT: Theimer (20) 214'2"/65.28.

March 31st, Schuttern (WG). HT: Schmidt (19) 218'11"/66.72.

April 4th, Notre-Dame-de-Gravenchon (Fra). SP: Colnard 61'5 1/2"/18.74.

April 6th, Opladen (WG). HT: Fahsl 220'6"/67.21, Caspers 217'0"/66.14.

April 6th, Buna (EG). DT: Brembach 197'2"/60.10.

April 6th, Bad Kreuznach (WG). DT: Neu 196'9"/59.98.

April 13th, Graz (Aus). DT: Reinitzer 182'1"/55.50.

April 13th, Pyatigorsk (USSR). HT: Kondrashov 230'0"/70.11.

April 14th, Malmö. DT: Bruch 194'11"/59.42 (206'11"/63.08 demonstration), Andersen (Den) 177'7"/54.14 (rec).

April 14th, Lacanau (Fra). 80m: Bambuck 8.6, Hirscht (WG) 8.7; 300m: Bambuck 33.5, Kinder (WG) 33.6; 2000m: Wadoux 5:16.0, Morera (Spa) 5:16.1, Arese (Ita) 5:16.2, Esteban (Spa) 5:16.2, Gammoudi (Tun) 5:16.8; 80mH: John (WG) 10.2; 250mH: Poirier 30.2, Huard 30.2, Hebrard 30.3.

April 15th, Malmö. SP/DT: Bruch 60'2 1/4"/18.36 & 202'8"/61.77 (rec; & 201'3"/61.34).

April 17th, Munich (WG). HJ: Sieghart 6'10 1/4"/2.10, Zacharias 6'9 1/4"/2.08.

April 20th, Darmstadt (WG). JT: Struse 273'11"/83.49 (rec), Abraham (20) 263'1"/80.19, Salomon 261'4"/79.65.

continued on page 50

DAGENHAM TOWN SHOW

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COUNCIL

6th Annual

OPEN 5 MILES ROAD RACE

(Dagenham "5")

SATURDAY, 6th JULY, 1968

From Central Park, Beacontree Heath,
Dagenham, at 3.30 p.m. prompt

AWARDS—Winning Team: Trophy and 4 medals. 2nd and 3rd teams sets of medals. Individual prizes for first three runners and medal for first Veteran (Over 40 years of age) unplaced.

SPECIAL AWARDS—Sets of 4 medals for first three Essex teams not placed in the open race.

ENTRY FEE—2/6d. each individual (no extra fee for teams).

Entries on A.A.A. Forms to: Road Race Secretary, "Dagenham 5", 123 Coxtie Green Road, Brentwood, Essex.

CLOSING DATE: MONDAY, 1st JULY, 1968

SOUTH SHIELDS SPORTS WEEK

5th OPEN SPORTS MEETING

(Under AAA, WAAA Laws & BCF Rules)

GYPPIES GREEN STADIUM,
SOUTH SHIELDS

SATURDAY, 29th JUNE, at 2.15 p.m.

EVENTS (Prize values in brackets) Entry fee

- Men's Invit. 2 Miles** —
(£10.10.0, £6.6.0, £3.3.0)
- Women's Invit. 100 Yards** —
(£7.7.0, £5.5.0, £3.3.0)
- Women's Invit. 440 Yards** —
(£7.7.0, £5.5.0, £3.3.0)
- Police 4x110 Yards Invit. Relay** —
(4 at £4.4.0, 4 at £2.2.0)
- Women's 4x110 Yards Relay** 3/6
(4 at £2.2.0, 4 at £1.1.0) per team
- Women's 100 Yards Open H'cap.** 1/6
(£5.5.0, £3.3.0, £1.1.0)
- Junr. Women's 100 Yards Open H'cap.** 1/-
(Over 11 but under 15 on 1.9.68)
- Men's 100 Yards Open H'cap.** 2/-
(£7.7.0, £4.4.0, £2.2.0)
- Men's 300 Yards Open H'cap.** 2/-
(£7.7.0, £4.4.0, £2.2.0)
- Men's One Mile Open H'cap.** 2/-
(£7.7.0, £4.4.0, £2.2.0)
- Junr./Yth. 880 Yards Open H'cap.** 1/6
(£5.5.0, £3.3.0, £1.1.0)

Entries to J. Relph, 7 Seaway, South Shields, County Durham, by Saturday, 8th June.

Record Spree By Dave Hemery

RARELY in all athletics history can one athlete have accounted for so many UK records (in separate races) in such a short period as Dave Hemery during the past weeks. He began his record spree in Boston on April 20th by clocking 50.7 for 440y hurdles, a fifth inside John Sherwood's mark of last season. Six days later, at the famed Penn Relays in Philadelphia, he chalked up another 50.7—this time defeating 50.2 (400mH) performer Andy Bell by a good five yards, with the fabulous Larry James (destined next day to

but, if only he can steer clear of trouble this year, he looks likely to develop into one of the leading contenders for the Olympic 400mH crown. For Hemery, AAA junior high hurdles champion in 1963 and Commonwealth titlist in 1966, this is only his second season at the intermediates! He clocked 51.8 in 1966 but missed out entirely last year.

★ Alan Carter recently put the shot 59'8"/18.18 in training and, according to National Coach Tom McNab, "should have no difficulty in making the Olympic qualifying distance". That figure is 60'4½"/18.40 although the selectors may not yield to anything under 62'0"/18.90. Martyn Lucking reached 59'3"/18.05 in a demonstration at Lilleshall.

★ Decathlon world record holder Kurt Bendlin is training again after an operation on his left knee in February, but he doesn't think there is sufficient time for him to attain the form necessary to win in Mexico City. His forecast is: 1, Walde (WG); 2, Toomey (USA); 3, Klauss (EG); 4, Bendlin (WG). His coach, Bert Sumser, is more optimistic and predicts an 8500 score for his star pupil this season.

★ France's Herve D'Encausse unofficially equalled Chris Papanicolaou's European pole vault record of 17'4½"/5.30 during a training competition at Bayonne on April 15th. His season's target is 18ft. (5.48), a height that American coach Jim Bush predicts will be scaled by five vaulters this year. In a similar "test de contrôle" at Bayonne, Robert Sainte-Rose high jumped 7'1½"/2.18.

★ A course with a difference will be held at this year's AAA Summer School at Loughborough... a course for announcers. This will involve three days of work (July 22nd-24th) under Bill Eves, the head announcer for many years at the English Schools Championships. The course will be for a limited number of candidates (eight by invitation, eight by application) and will cost about £5. It will involve talks and seminars with athletes, spectators and announcers, and practical sessions in a language-laboratory and at "mock" athletics meetings. Applications to the Summer School Administrator, AAA, 26 Park Crescent, London, W.1.

★ A new company, to be known as Olympic Games Mexico '68 Promotions Ltd., has been appointed by the Mexican Olympic Committee and the British Olympic Association to control and offer licences for all items produced commercially in the UK, which in any way relate to the 1968 Olympic Games. The company will operate from 117 Piccadilly, London, W.1.

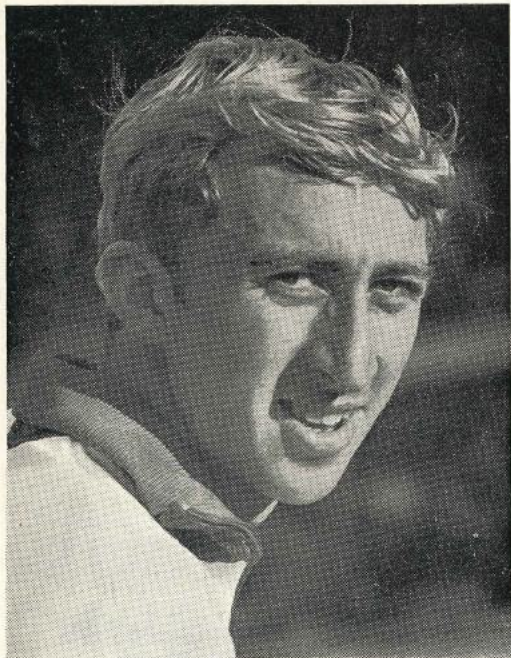
★ Lynn Davies clashes with France's Jack Pani (25'6"/7.77 the other week) in Marseilles this Sunday (May 12th). A women's sprint relay team of Della James, Anita Neil, Maureen Tranter and Margaret Critchley will also be competing.

Melvyn Watman

TRACKWISE

run a 440y relay anchor in 43.9!!) well back in third place. Then, at Cambridge (Mass) on May 1st, he not only clipped his time to 50.6, but also sped over the 120y hurdles in 13.9 to equal the 110m record he shares with Mike Parker and Alan Pascoe. Thus he has attained the Olympic qualifying standard in both events and, judging from his fast 600y times indoors, he could well make it over 440y (47.1) too.

Gloucestershire-born Hemery, who is 23, is certainly making up for the opportunities he lost last year when his season was brought prematurely to an end because of hamstring injury. Hemery, in fact, has a long history of injuries



DAVE HEMERY

Fionnbar Callanan

Great 10,000 Metres In New Zealand

NEW ZEALAND has found two new world-class 10,000m runners in 25-year-old Evan Maguire and 21-year-old Rex Maddaford. Running on the Lovelock track at Owairaka, Auckland, on April 17th, Maguire set a national record of 28:15.4 for 10,000m, which rates as the fastest time in the world for the past 21 months and the fourth fastest in history. Maddaford, in his first 10,000, clocked 28:17.8. They raced just inches ahead of Maguire, slicing 10.8 through 6 miles together in 27:22.0, with Maddaford off the great Murray Halberg's national record.

Maddaford, the NZ three mile champion, who is coached by Peter Snell, capped a brilliant five days in which he ran three miles in 13:33.4, one mile in 4:02.0, six miles in 27:22.0 and 10,000m in 28:17.8. He put up his three miles time at Hastings on Easter Saturday and his mile also at Hastings on Easter Monday.

Graham Sheath

EUROPEAN RESULTS continued from page 28

April 20th, Zurich (Swi). SP: Hubacher 59'7½"/18.18 (rec).

April 20th, Colombes (Fra). SP: Beer 61'7"/18.77.

April 21st, Budapest (Hun). SP: Varju 63'4½"/19.31 (2 others over 63ft.).

April 27th, Chatillon (Fra). DT: Niare (Mali) 184'0"/56.10.

April 28th, Sochi (USSR). HT: Klim 237'5"/72.36 (rec), Shuplyakov 225'11"/68.86, Bondarchuk 221'7"/67.54; women's SP: Chizhova 61'3"/18.67 (world rec).

May 1st, Opladen. Women's DT: Westermann 196'1"/59.76.

May 1st, Nice (Fra). 3000m: Jazy 8:24.6; HJ: Sainte-Rose 6'10¼"/2.09; LJ: Pani 25'6"/7.77.

May 5th, Lubeck (WG). HT: Beyer 231'0"/70.42 (rec).

May 5th, Paris (Fra). 100m: (—1.8m) Bambuck 10.4.

BARRIE KELLY 10.5 FOR 100m

In a special 100m put on by the British Sprint Club (N.E. Area) in conjunction with Durham Univ. A.C. at Maiden Castle, Durham, last Saturday, Barrie Kelly won in 10.5, with Bob McStocker 10.6, Joe Speake 10.7 and Bernard Nottage 10.7. Two grade 1 and several Grade 2 timekeepers were present.

* * *

Redhill & Reigate A.C. are concerned at the lack of entries (free) for three open events (senior hammer and steeplechase, and junior 120 hurdles) at their Battlebridge Trophies Meeting on June 1st. Anyone interested write to J. Draper, 84 Radstock Way, Merstam, Surrey.

NEW NYLON TRACKSUIT at a reasonable price

A superb, beautifully made suit by Richard North, with woven, fleece lined backing. This really is a fine tracksuit of smart appearance, and at the price of 87/6 there is nothing to touch it. In five colours: Royal, with white/red trim; Black, with white/red trim; Maroon, with white/black trim; Navy, with white/red trim; and Green, with black/orange trim; and in sizes 5-9 (5 Youths/Girls, 6 Small, 7 Medium, 8 Large, 9 Outsize). All at 87/6.

We also have in stock:—

Saxonclad Nylon Tracksuits: Men's STS 60 at £5.17.0 and STS 2 at £8.7.0; Women STS 50 at £5.6.6 and STS 3 at £7.19.6; All in royal, other colours to order.

Stuart Surridge Track Suit. Excellent quality, short nylon zip to jacket, polo neck. Royal, Navy, Black, Maroon. "S", "M", "L", "Ex L" & "OS." 77/6.

Bukta Track Suit. Polo neck, full length zip, sewn-in creases. Black, Navy, Royal, Green. Boys/Girls 39/9. "S", "M", "L" 51/9.

Relum "Toni" Track Suits. Excellent value. Royal/white shoulders or maroon/light blue. Boys 37/11, Youths 39/11, "S", "M", "L" Men's or Women's 49/11.

Training Jackets—similar to track suit tops, Black or White, "S", "M", "L", 34/11

MEN'S SLEEVELESS VESTS

White, in best quality interlock. Boys 7/6, Youths 8/6, "S" 9/6, "M" 10/6, "L" 11/6. Colours (Amber, Black, Emerald, Maroon, Navy, Royal, Scarlet, Sky). Boys 10/3, Youths 11/3, "S" 12/9, "M" 14/3, "L" 15/6.

MEN'S ATHLETIC SHORTS

Litesome Scandinavian, brief cut. White or Black, 26in. 10/11, 28/30in. 12/-, 32/34in. 12/11, 36in. 14/6. Colours (Amber, Emerald, Navy, Royal, Scarlet) 26in. 11/6, 28/30in. 12/6, 32/34in. 13/6, 36in. 14/11.

ROAD/TRAINING SHOES

Czech Road Shoe. White supple uppers, red trim, blue toeguard and flexible, hard wearing gristle sole. Free duffle type bag with every pair. A great shoe. 59/11.

Adidas "Rom" with arch support and toe protection. 79/9.

Gola "367" White hide with green trim. Cushion wedge heel. Padded tongue and insole. Durable and flexible non-slip soles. 4-5½ 49/6, 6-11 57/6.

Adidas "Gym." White with black trim. Wedge heel. White micro. sole, 45/-.

And in a few weeks—a new British made Road Shoe, with strong canvas uppers reinforced with leather, hardwearing sole, extremely light but strong. Sizes 3-5 17/9, 6-11 21/9. Part post/packing 1/6 per pair.

THE SPORTS CENTRE
8 MEDWAY STREET, CHATHAM, KENT
Telephone: Medway 47055

WALKING

PAMICH CRUSHED BY PETER FULLAGER

PETER FULLAGER, who is reported as being Swiss in some Continental papers, on May 1st became the first Briton to score a win in the famous Sesto San Giovanni 30 Kilometres in Milan. Following the minor placings of Don Thompson, John Edgington, Paul Nihill, Bob Clark and Ron Wallwork in recent years, Peter clocked 2:25.24 to defeat France's Henri Delerue by 97 seconds and had no less than 5 minutes 29 seconds over reigning Olympic champion Abdon Pamich.

Belgrave H. 7M. Track Championship, at Battersea Park, May 1st. Len Duquemin, no doubt inspired by his selection for Font Romeu, really came to life with a winning 51.38, some 24 seconds ahead of Ray Middleton with the pair both setting personal bests. Duquemin made the early pace together with Bill Sutherland, passing the mile in 7.16, before he put in a prolonged burst on the eighth circuit (14.34 at 2M) to take a lead he never lost. Sutherland faded a little but salvaged third from John Moullin who also recorded a best-ever time. 1, L. Duquemin 51.38; 2, R. Middleton 52.02; 3, W. Sutherland (High-guest) 52.54; 4, J. Moullin 52.58; 5, A. Ross (High-guest) 55.09; 6, A. Seddon (En-guest) 55.55.

London Vidarians Young Athletes' Walks, at Mitcham, May 4th. (Jnrs) 1, P. Embleton (Met. WC) 29.56; 2, A. Ross (High) 29.58; 3, B. Adams (Leic) 29.42. **(Yths)** 1, O. Caviglioli (Basil) 31.37; 2, A. Hackney (Leic) 32.19; 3, R. Emsley (Steyn) 32.54. **Jnr/Yth Teams:** 1, Leics WC 11; 2, Steyning 29; 3, Belgrave 32. **(Boys)** 1, A. Grant (Basil); 2, D. Fordham (W. Morris S); 3, C. Dorday (Ilf). **Teams:** 1, William Morris S. 8; 2, Hounslow C. 19; 3, Steyning AC 22.

Banyard defeats Thompson in Colchester-Ipswich, May 4th. In an exciting struggle for supremacy, which had the four leaders shoulder to shoulder with less than four miles to go, Alec Banyard proved the strongest by just "outkicking" Don Thompson on the line. Paul Maidment and Thompson led from the start, the former gaining the initiative after five miles. At ten miles it was clear that Thompson was going to catch Maidment again while Banyard and Young, walking together from the start, were going to close on both. The quartet were together after twelve miles and Maidment was the first to be dropped. With three miles left Young suffered a bout of sickness and he too fell by the wayside, leaving the tall Banyard (26) to fight it out with Thompson, the former going on to score his first "Open" win. Rather surprisingly, after his 2:45 "20" of a week earlier, Dave Smythe never troubled the leaders. The first Ipswich man home was Terry Smith, ex-International cross country runner!

1, A. Banyard (S'end) 2:16.24; 2, D. Thompson (Met. WC) 2:16.25; 3, C. Young (Ex Bgls) 2:18.21; 4, P. Maidment (Vids) 2:18.41; 5, A. Seddon (En) 2:24.39; 6, K. Livermore (Wd. Gn) 2:25.00; 7, D. Scrimshaw (WG) 2:27.33; 8, D. Smythe (Bris) 2:28.35; 9, D. Rosser (S'end) 2:29.03; 10, T. Moore

(Bris) 2:29.57; 11, C. Weston (Bris) 2:30.20; 12, T. Chorley (Bris) 2:30.47. **Teams:** 1, Southend 23; 2, Bristol 30; 3, Woodford Green 49. **Handicap:** W. Owen (En). **Veterans:** F. Nickols (Sy WC).

East German and Font Romeu selections: Chosen to compete at Leipzig on May 19th, against the world's current No. 1 walking nation, East Germany, are Peter Fullager, John Webb and Phil Thorn, Paul Nihill preferring to go to Font Romeu in order to consolidate his 50 Kms preparation. Phil Thorn grabbed the third spot by virtue of his excellent recent form, particularly in the National "10" and the 20 Kms at Battersea Park. No news has been received regarding the composition of the East German trio but, with Lindner, Reimann, Sperling, Pathus and Frenkel to choose from, not counting the magnificent 50 Kms squad, it will be readily appreciated that our lads face an unenviable task.

Bound for the French Pyrenees immediately after competing in the National 20 Kms at Coventry are Paul Nihill, Ray Middleton, Bill Sutherland, Len Duquemin, Bob Hughes, Ron Wallwork and Jake Warhurst, with Alf Cotton the coach in charge. I am sure everybody in the walk-

continued on page 34



John Godber (Camb. H.) leading from the eventual winner, Doug Hopkins (Medway), in the Kent 7 miles championship.
Ron Linstead

LETTERS

THE "WALDNIEL" ENDURANCE METHOD

Dear Sir,

Having studied Dr. van Aaken's article in your April 27th issue, I would like to put forward some of the points which occurred most forcibly to me on reading it. I notice that at least one reader has been impressed by the scientific nature of the treatise; I am sure that there must be many more who have been completely blinded by the physiological jargon, to the extent of swallowing the argument whole and abandoning all forms of interval training. This would be a disastrously retrograde step, and before taking it I hope that they will listen to another side of the argument.

In the first place place I mistrust anyone, whatever his scientific qualifications, who selects and displays only those facts favourable to his argument, whilst ignoring equally valid points which do not fit in. For example, at the 1964 Duisburg conference Roger Moens did say that his best track seasons followed those winters when he increased the volume of his training; he also described his training in spring and summer, which included a lot of interval work.

To take an even more significant instance, Prof. Reindell did admit that interval training can be overdone, and that the athlete may reach a state where his performances are getting worse instead of better. Few would deny this; the beauty of interval work is that it can be precisely controlled, so that no good coach need let an athlete get into this condition. What Dr. van Aaken did not say was that the scientific basis of interval training rests on methods used by doctors for improving the heart performance of hospital patients, and that this has been borne out by subsequent work on runners. Recent experiments by Dr. Peter Travers on short interval training have shown that there is a definite decrease in the incidence of heart irregularities amongst athletes using this method, correlated with a significant improvement in running performance.

One may wonder why the good Doctor chose Gordon Pirie to demonstrate the "failure" of interval training. Possibly it was because Gordon was for a decade one of the world's greatest distance runners, breaking world records over several distances and winning an Olympic Silver Medal. How did he achieve these results? On interval training. The reason behind the failure of all three 5000m runners in Rome was lack of acclimatisation to the intense heat—later in the Games Gordon set a personal best for 10,000m.

I would agree that sessions of 350m jogs is excellent training for a 75-year-old man, and it may well, for all I know, "normalise accelerated juveniles", but I would not agree that on its own the "Waldniel" methods provides a satisfactory system for top class distance runners. The more we study running, the more factors we find to be involved, and several of these require more adventurous kinds of training. Local muscular endurance, temperature control and oxygen debt toler-

ance are ones that suggest themselves immediately (one would need a book to consider them all). I would recommend the aspiring runner to study all the recommended systems, and not to be overawed by mere jargon.

Bruce Tulloh

NO REDUCTION FOR SCHOOLS

Dear Sir,

I was hoping this year to take a group of girls from my school, who have never been inside an athletic stadium before, to the WAAA Championships at the Crystal Palace.

However, on enquiry, I find the cheapest tickets are 5/- with no reduction for school parties on the Saturday. I was most surprised at these costs, having read Colin N. Collis's letter ("A.W." April 13th) where spectators were to be admitted to the South London School Sports for 1/-.

Surely we shall never be able to introduce the younger spectators to first class athletics with these prohibitive prices in mind? I know it has put a trip from our school quite out of the question.

Judy A. Simmonds (Mrs.)
Bishop's Stortford

MISINFORMED

Dear Sir,

The Warwickshire Schools' Championships will be held on Saturday, June 15th, at Tudor Grange Track, Solihull. It appears that your correspondent of last week was misinformed. Warwick County Schools' A.A. is an affiliated area within the Warwickshire Schools' A.A. and it is this Association that is holding its championships on May 25th. The similarity of the two titles obviously led to his confusion.

The Warwickshire Schools' A.A. enjoys a very happy and successful link with clubs and attempts to co-operate with the Warwickshire A.A.A. as closely as possible.

Bryan Greves,
Hon. Athletics Secretary,
Warwickshire Schools' A.A.

CHALLENGE

Dear Sir,

Recently Michelin A.C. competed in Dublin in the Donore 40 mile road relay and finished a very creditable sixth.

Since our team of eight comprised Michelin workers only and without two of our star runners (Alan Dean and Tony Walker), I wonder if there are any other works teams who fancy a similar race. So, through your magazine, may I issue an open challenge to any works team, home or away.

Fred Wrigley,
Club Captain, Michelin A.C.
20 Redfern Road,
Walton, Stone, Staffs.

NEW AWARDS AN INCENTIVE

Dear Sir,

Mr. Terry Haines (Letters, April 27th), despite his supposed "dedication" to athletics, seems to have overlooked the fact that, when one is a

THURROCK "10"

(Under A.A.A. Laws)
Incorporating Essex County 10 Miles
Road Race Championship

SUNDAY, JUNE 9th, 1968—Start 3 p.m.

**At King George's Playing Field,
Blackshots Lane, Grays, Essex**

Open Race: Prizes first 3 individuals and first Vet. over 40. Plaques first 3 teams.

County Championship: "Mel Batty" Trophy to first Essex finisher; Medals 1st, 2nd, 3rd Individuals and 1st, 2nd, 3rd Teams.

Details from and entries to L. Brown, Thurrock Harriers, 57 Victoria Avenue, Grays, Essex. Entry fee 3/- per ind.

CLOSING DATE SAT., JUNE 1st, 1968

HIGHGATE H. MARATHON

For the Booth's Gin Trophy

SATURDAY, 21st SEPTEMBER, 1968

COPTHALL STADIUM, HENDON, 1.30 p.m.

Course 2 laps, start and finish at stadium

Prizes Value £100

Prizes for first six individuals and first three teams (six men, 3 score). Trophy—prize for first veteran over 40. Time certificates for all finishers. Detailed results sheet sent as soon as possible. Entry fee 3/6—no extra charge for team.

Entries on A.A.A. forms with fee to: G. Harrison, 62 The Crescent, Abbots Langley, Herts. Tel: Kings Langley 3317. **Closing date for entries Saturday, 7th September.** Directions sent with acknowledgement.

SPONSORED BY BOOTH'S GIN

VAUXHALL SPECTACULAR

SATURDAY, 8th JUNE

PARK ST., LUTON (½ Mile M.1, Luton A.6)

(Under AAA, WAAA, RWA & BCF Laws)

OPEN EVENTS—MEN

100yds. H'cp, 300yds. H'cp, 2M. Team and Ind. restricted to best times of 9mins. 15secs. or slower (4 to enter, 3 to score) £28 prizes.
2 Mile Walk H'cp. Cycling.

OPEN EVENTS—LADIES

880yds. Scr. and 1 Mile Walk H'cp.
Fees: 2/- first event, 1/- add, 5/- team.

CLOSING DATE MONDAY, 20th MAY

Particulars from A. C. Aston, Sports Day Athletics Secretary, Vauxhall Motors, Kimpton Road, Luton, Beds. (Luton 21122, Ext. 2474).

young athlete, "gongs" are tangible evidence of what one has achieved. If you have real dedication to the sport the minor prizes (I do not include actual prizes, but standards badges, counties and inter-counties plaques, and AAA medals) are just a stepping stone to the major ones.

Surely this new award of Gold and Silver for top national standard is a great incentive for every athlete to strive for, and therefore a very good thing for our athletes in general. Again this is just a stepping stone to an international vest, and European and Olympic "gongs". Aren't small silver sports day medals of as much value at that moment to the 13-year-old recipients as are Olympic medals to top class athletes?

As a young (16) athlete myself, I do not go out to win as many prizes as possible, and all the fellow athletes I know do not speak of prizes, but of **performances**, yet, to a man, they were weaned on useless prizes, irrelevancies such as medals, and awards.

J. Wilcock,
Oldham

LETHAL LANDING AREAS

Dear Sir,

With the outdoor scene now upon us, may I, through your columns, beg all club secretaries, championship secretaries, ground staff, and promoters, etc., to do their best to improve **POLE VAULT LANDING AREAS**.

If any reader has witnessed a glass pole breaking, he will agree that the result is that the vaulter carries on in a forward direction but "performs" a half-reverse somersault, generally landing on the head-neck-shoulder region. Six of my vaulters had this misfortune last season, but they were using good landing areas, and were not injured.

Sand is now dangerous! Foam-rubber, or the luxurious air-bed **only** are safe. A good landing area can be provided at a lower price than the vaulters are paying for their poles!

In the London area alone I know of three stadiums, staging major championships or club meetings, where the landing areas are lethal!! I hope that fibre-glass pole vaulters will politely decline from competing at such places.

My safety test for any landing area would be to dive in off an ordinary step-ladder. Over to you readers . . . and the best of luck!

Morton Evans,

Staff Coach, SCAA

Full marks to safety-conscious Thurrock Urban District Council, who have purchased a "Pole Vault Air-Bed" for the King George V Sports Ground at Grays—believed to be the first in this country provided for club athletes. Further information can be obtained from the manufacturers, John Smith & Co. (London) Ltd., Hainault Works, Hainault Road, Chadwell Heath, Romford, Essex—Ed.

CRYSTAL PALACE MEETING

London Athletic Club are staging an inter-club match on Crystal Palace's Tartan track on Sunday, May 19th (2.30). The Minister for Sport, Mr. Denis Howell, will be present.

WALKING continued from page 31

ing fraternity will join with me in thanking the BAAB for giving the walkers so many places on their party. Everyone can be assured that the lucky seven will take full advantage of this fine opportunity to further their Olympic prospects.

Mexicans coming again: A further visit by Mexican walkers is scheduled for this season. They propose to stay several weeks between the May 11th-June 29th period, taking in both the Leicester Mercury and National 20 Miles. It remains to be seen whether the same three that came last year (Pedraza, Colin, Campos) again make the trip.

Olympic Trials: The Canadian 20 Kms Championship and Trial will be held in Toronto on July 13th, with the 50 Kms Championship/Trial in the same city fifteen days later.

The Australian 20 and 50 Kms trials will be held in Toowoomba later this month. It is thought that two walkers will be selected.

Freeman and McCullagh shine in Aussie events: Rome silver medallist Noel Freeman lowered Don Keene's 12-year-old Australian 2 Miles record by four seconds when clocking 13:24.4 in an inter-club match. Since then Noel has improved to 13.11 when he won a handicap off scratch, going through the mile in 6.31. Two weeks later he has another ultra-fast clocking (13.17) when he also gained the style prize and beat Bob Gardiner and vet Ted Allsop, both of whom were under 14 minutes.

Peter McCullagh, well-known in Britain for his many fine races in Met. WC colours, is walking well and training towards both 20 and 50 Kms in an effort to gain Olympic selection. He recently broke his own record in the New South Wales Championships with 13:01.7.

Other results: NSW Women's 3000m: D. Torks 15:50.4. Victoria Women's 1500m: (102 degrees F. & high winds) B. Jeacle 7:39.9. Canberra 1500m: 1, P. McCullagh 6:34.5; 2, P. Waddell 6:41.6; 3, J. Tormey 6:53.8.

Bill Harris honoured by St. Dunstons: Bill Harris, his numerous friends in the walking fraternity will be glad to hear, has been appointed a governor of St. Dunstons. Bill has been closely associated with this fine body for many years and has organised and promoted countless events for blind walkers for longer than I can remember, these races always proving an inspiration to less fortunate competitors.

Junior/Youth Walk postponed: The Coventry Godiva Open Junior/Youth 5 Miles, due to be held on May 18th, has been postponed due to a clash of fixtures.

2M. Track at Brighton, May 4th. Arthur Jones was an easy winner but disappointed at the time, caused partly by the lack of opposition and partly by the rain which started up just before the "off". 1, A. Jones (BH) 14:10.4; 2, D. Stevens (Steyn) 15:08.2; 3, R. Penfold (Steyn) 15:12.8; 4, A. Buchanan (BH) 15:15.0.

2M. Track at Hendon, April 16th. 1, P. Embleton (Met. WC) 13:31.6; 2, W. Holloway (Met.) 13:45.6.

Colin Young

Perkins Trophy**56.8 BY PAT STOCKING**

At Ilford, April 20th

1, Cambridge H. 122; 2, Ilford 119; 3, Verlea 61; 4, Hornchurch 52; 5, Southend 48; 6, Feltham 47; 7, Chelmsford 28; 8, Hadleigh Olympiads 20; 9, Thurrock 17; 10, Harlow 5; 11, Romford 4. 220: 1, M. Bonner (Ca) 22.3; 2, A. McDonald (V) 22.6. Mile: 1, R. Young (Ho) 4:12.3; 2, R. Gill (I) 4:18.0. 2M: G. Taylor (Ca) 9:20.4. 4x110: Cambridge H. 44.8. HJ: 1, L. Foster (Ca) 6'0"; 2, M. Barlett (Ca) 5'10". SP: M. Bellingham (Ca) 45'0½". DT: 1, J. Bullock (HO) 151'11"; 2, J. Weightman (I) 140'10". JT: 1, J. Bowen (Ho) 204'6"; 2, D. Heath (I) 190'8"; 3, R. Radley (I) 190'8". (Women) 100: 1, J. Stroud (F-I) 11.1; 2, V. Surety (I) 11.2; 3, Hills (Ho) 11.3. 220: 1, M. Hadler (Ca) 24.9; 2, Stroud 25.0; 3, Pettit (I) 25.6. 440: 1, P. Stocking (Ca) 56.8; 2, J. Page (Ca) 57.4; 3, P. Moul (V) 58.3. 880: 1, P. Perkins (I) 2:17.6; 2, M. MacSherry (Ca) 2:17.8; 3, Ancil (V) 2:22.8. 4x110: 1, Ilford 49.3; 2, Camb. H. 49.9; 3, Feltham 50.8. LJ: 1, V. Fox (V) 17'2½"; 2, J. Philp (Ch) 16'10". SP: 1, J. Bloss (T) 43'2"; 2, A. Daniels (V) 37'11½"; 3, Y. Fountain (S) 36'4½". DT: 1, J. Lucas (Ca) 135'2"; 2, C. Brackenbridge (F) 118'4"; 3, Daniels 115'8". JT: 1, R. Morgan (I) 152'9"; 2, Lucas 121'1"; 3, Fountain 118'2".

CHANGE OF DATES

The new date for the Wordsley "15", postponed to avoid a clash with the Midland Marathon, is September 21st. The Huddersfield Marathon is being held on July 6th, and not May 11th as previously announced.

**DEVON & CORNWALL CONSTABULARY
ATHLETIC MEETING**

Recreation Ground, Torquay

Wednesday, 17th July, 1968

at 2.15 p.m.

(Under A.A.A. & W.A.A.A. Laws)

OPEN EVENTS

MEN	Prize Value
220yds. Scratch Race	£7/7 £4/4 £2/2
100yds. Flat Handicap ...	£7/7 £4/4 £2/2
220yds. Flat Handicap ...	£7/7 £4/4 £2/2
440yds. Flat Handicap ...	£7/7 £4/4 £2/2
880yds. Flat Handicap ...	£7/7 £4/4 £2/2
One Mile Flat Handicap	£7/7 £4/4 £2/2
Three Miles Flat Handicap	£7/7 £4/4 £2/2
(4 Prizes)	and £1/1
100yds. Youths H'cp., 880yds. Youths H'cp.	
15-17yrs. on 1.9.68 ...	£3/3 £2/2 £1/1
100yds. Vets. Handicap ...	£3/3 £2/2 £1/1
(6 entries or no race)	

WOMEN**100yds. INVITATION Short Limit H'cp.**

100yds. Flat Handicap ...	£5/5 £3/3 £1/1
220yds. Flat Handicap ...	£5/5 £3/3 £1/1

Entrance Fees—1/- each event Relay 5/-
4 x 110 H'cp. Relay. Three sets prizes
valued £18

Entries Close Thurs., 4th July to Insp. P. N. Rose, Sports Hon. Sec., Police Stn., Torquay.

Isle of Man Easter Festival

AFTER being runners-up for the past two years, Rochdale Harriers finally won the "Manx Relay Trophy" in Douglas on Easter Saturday, beating Small Heath by 2½ minutes. This relay race was held over four laps of a 5 miles course of varied terrain.

Calvert (Small Heath) led by 14 sec. at the end of the first stage in 27:25 but on the second leg the picture changed completely when Freeman (27:15) took Rochdale into a lead of over two minutes. A fine run by Hower (26:41) resulted in Cheltenham moving up to 3rd behind Small Heath. It was still Rochdale well ahead at the final change-over but second place was now held by Sutton Harriers thanks to a brilliant run of 26:38 (the day's fastest) by John McLoughlin.

The large crowd gathered on Douglas Promenade waited excitedly to see if Rochdale could hold off the challenge of Small Heath and Sutton and, to loud applause, Trevor Taylor brought Rochdale home to a well deserved win.

Result: 1, Rochdale 1:50:17 (J. Adshead 27.39, J. Freeman 27.15, T. Proctor 28.07, T. Taylor 27.16); 2, Small Heath 1:52:48 (R. Calvert 27.25, H. Quigley 29.30, H. Lambert 28.57, J. Rowe 26.56); 3, Sutton H. 1:54:20 (J. Wright 28.33, D. Costello 29.34, J. McLoughlin 26.38, F. Rimmer 29.35); 4, Aberystwyth Univ. 1:54:48; 5, Waterloo 1:58:26; 6, Cheltenham 2:00:55; 7, Mixed Team 2:06:57; 8, Manx AC 2:11:54; 9, Sutton "B" 2:23:15. Fastest laps: McLoughlin 26.38, M. Hower (Chelt) 26.41, D. Hindley (W'loo) 26.45.

On the previous evening, the record for the 4½ miles road race of 21:50 held by Eric Austin since 1965 was beaten by the first two finishers and tied by the third. Dave Hindley pulled away over the last half-mile to win in 21:44.

Result: 1, D. Hindley (W'loo) 21.44; 2, M. Hower (Chelt) 21.48; 3, J. McLoughlin (Sutt) 21.50; 4, J. Freeman (Roch) 21.58; 5, T. Taylor (Roch) 22.02; 6, J. Rowe (S. Hth) 22.28; 7, R. Calvert (S. Hth) 22.51; 8, eq. B. Hutton & C. Loosley (Aber. Un) 23.13; 10, J. Wright (Liv. H) 23.21; 11, H. Lambert (S. Hth) 23.42; 12, M. Wood (W'loo) 23.44. **Youths Race:** 1, eq. I. Ashcroft, P. Langley, F. Rimmer & K. Owen (all Sutton) 22.11; 5, D. Newton (Manx) 23.33; 6, R. Adams (Chelt) 24.04.

The final event of the Festival, again held in brilliant sunshine, was the 4½ miles fell race on Easter Day, the course including 1 in 3 climbs. Mike Hower ran out a comfortable winner.

Result: 1, Hower 27.38; 2, Loosley 28.12; 3, Calvert 28.30; 4, Hutton 28.56; 5, R. Williams (Roch) 29.05; 6, T. Proctor (Roch) 29.26; 7, Hindley 29.50; 8, Lambert 30.42; 9, H. Quigley (S. Hth) 30.58; 10, R. Barlow (Chelt) 31.00. **Youths Race:** 1, Rimmer 21.22; 2, Ashcroft 21.38.

(My apologies to the organisers and competitors for the late appearance of these results, which were sent to us in good time but had to be held over—Ed.)

SUBSCRIPTION FORM

The best way to obtain your regular copy of *Athletics Weekly* is by subscription. Home subscribers should receive their copy at the latest by first post Saturday. Particularly to encourage club members to obtain their copy in this way, there is a special low subscription rate for direct home subscribers (or H.M. Forces abroad) of 75s. for 12 months, 40s. for 6 months or 20s. for 3 months. All other subscriptions are 91s. (home), 95s. 4d. (overseas).

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GREAT DOUBLE BY BILL TANCRED

At Woodford Bridge, May 4th

1, Army 156; 2, Woodford Green 136; 3, Cambridge & Coleridge 66. 100m: D. Fitch (A) 11.0. 200m: 1, T. Newman (WG) 22.4; 2, Fitch 22.6; 3, D. Jackson (WG) 22.7. 800m: C. Moxsom (WG) 1:58.7. 1500m: P. Freeman (A) 3:59.4. 3000: S. Larkin (CC) 8:38.4. 3000mSC: 1, G. Burt (A) 9:35.0; 2, G. Tuck (CC-J) 9:36.6. 110mH: 1, R. Legge (A) 15.0; 2, S. Black (WG) 15.3. 4x100m: WG 44.1. HJ/LJ: J. Broughton (WG-J) 6'11"/20' 10½". PV: 1, J. Fenge (A) 13'6"; 2, P. Lyons (A) 13'0". TJ: Herd (A) 46'2". SP: 1, W. Tancred (A) 56'9½"; 2, S. Clark (WG) 51'2"; 3, D. Ward (CC) 44'0"; 4, E. Ricketts (A) 43'8½"; 5, M. Cushion (WG) 42'4". DT: 1, Tancred 177'11"; 2, Cushion 165'6"; 3, Ward 153'11"; 3, O'Neill (A) 128'3". HT: 1, D. Bayes (A) 193'4"; 2, G. Tancred (A) 178'10"; 3, P. Aston (WG) 174'6"; 4, M. Davies (A) 161'1". JT: 1, N. Hart-Ives (A) 201'7"; 2, R. Hazelwood (A) 181'7". SCAA 4x880 Championships: 1, Mitcham (A. Harris, F. Green, G. Biscoe, N. Lovatt) 7:41.0; 2, Oxford City (Queralt, S. Handscombe, F. Martin, K. Riley) 7:46.6; 3, Eton Manor (J. Law, K. Hutchin, M. Absalom, I. Lymath) 7:50.4; 4, Woodford Green (D. Williams, R. Peneycad, C. Moxsom, G. Mardle) 7:53.2.

CLASSIFIED ADVERTISEMENT

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CLUB TRACKSUITS. Bri-nylon or cotton suits in club colours and design. Club vests, own design made to order. Earliest deliveries direct from works. Quotation by return. **Yardleysport Manufacturing Co., 133 Burnley Road, Padiham, Lancs.**

ATHLETIC EVENTS

DORSET A.A.A. CHAMPIONSHIPS

SATURDAY, JUNE 8th, 1968

TRACK AND FIELD EVENTS

Entry Fees: 3/6 (3/- per additional event).
Details from Mr. Sutton, H.M. Borstal,
Portland, Dorset.

CAMBERLEY & DIST. ATHLETIC CLUB

5 MILE ROAD RACE

on

SATURDAY, JUNE 29th, 1968

at 3 p.m.

PRIZES: 1st £7.10.0, 2nd £5, 3rd £2.10.0.
First Team £2 each, 2nd Team £1.10.0
each, 3rd Team £1 each. Teams to be:
4 to run, 3 to count.

Entry Fees: 10/- per team, 3/- individuals.
Entries to Mrs. D. M. Tarbox, 3 Lea
Road, Camberley, Surrey.

ENTRIES CLOSE 15th JUNE

CHISWICK STADIUM

SWARD TROPHY MEETING

May 11th, 1968, 1.45 p.m.

(Under A.A.A. & W.A.A.A. Laws)

SPECIAL EVENT

"THE LEN HATTON MILE"

will include:

J. Boulter, H. Barrow, G. A. Dean, J.
Jackson, R. Roseman, M. Rothwell, A.
Simmons, R. Young (R. Taylor, J. Hillen,
prov.).

Dancing tonight, music by The Crimson
Mood, plus the Mayer Tee Discotheque,
and Dolly Waitresses.

Tickets from Bob Frith, 6/-

PAIGNTON 15 MILES ROAD RACE

Team & Individual Under AAA Laws
Organised by Paignton A.C. and sponsored
by the Milk Marketing Board

SATURDAY, JUNE 22nd, at 2.30 p.m.

Medals or plaques first 3 teams (4 run, 3
count), also first three individuals.

Entries (team 5/-, ind. 1/6) to W. Cann, Afton
Cottage, nr. Totnes, Devon, by **June 15th.**

OPEN EVENTS AT CAMBRIDGE

The Cambridge & Coleridge A.C. will be
running the following open events in connection
with Club Matches:—

Saturday, May 18th

2,000m. STEEPLECHASE

Saturday, June 22nd

1 MILE (Junior), 880 YARDS (Ladies)

Saturday, August 10th

2 MILES WALK

Entries in advance if possible—otherwise on day.
C. E. Booth, 9 Barrow Road, Cambridge.

Tel: 52312

STEVENAGE & NORTH HERTS. A.C.

STEVENAGE 10 MILE

ROAD RACE

(under A.A.A. Laws)

SATURDAY, JUNE 8th, at 3 p.m.

From King George V Playing Field

Stevenage, Herts.

Awards—1st, 2nd, and 3rd teams (4 run, 3
score), 1st, 2nd and 3rd individuals, 1st
veteran.

Entry fee: 3/- per person, no team fee.

Entries to D. R. Warburton, "Windrush,"
Broadway, Letchworth, Herts., by **Saturday,
June 1st.**

COVENTRY PRESENTS

Third College "10"

10 MILES OPEN ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 8th JUNE, at 3.15 p.m.

AWARDS—First 3 ind. Plaques and Prizes
£7, £5, £3: 4th £2, 5th-10th £1. Medals first
3 teams (4 run, 3 count).

Entry fees: 3/- ind., 5/- teams. All enter as
individuals.

Attractive course, exceptional facilities.

Entries to Road Race Sec., College of Educa-
tion, Canley, Coventry, by **Mon., 27th May.**

FRECKLETON ANNUAL

CLUB DAY SPORTS

HALF-MARATHON

(13 Miles, 192½ yards)

(Open event under A.A.A. Laws)

SATURDAY, 15th JUNE, 7 p.m. Prompt

New Playing Fields, Bush Lane, Freckleton
PRIZES (all exc. Tax): 1st Ind. £10; 1st Team
3 at £4; 2nd Team 3 at £2; Veteran's Prize
£3 (age 40 years prior to day of race).

Entry Fees: Teams (4 run, 3 count) 7/6, Ind.
2/6. Entries on AAA forms, to K. W. Snib-
son, "The Harbour," Bush Lane, Freckleton,
nr. Preston, Lancs.