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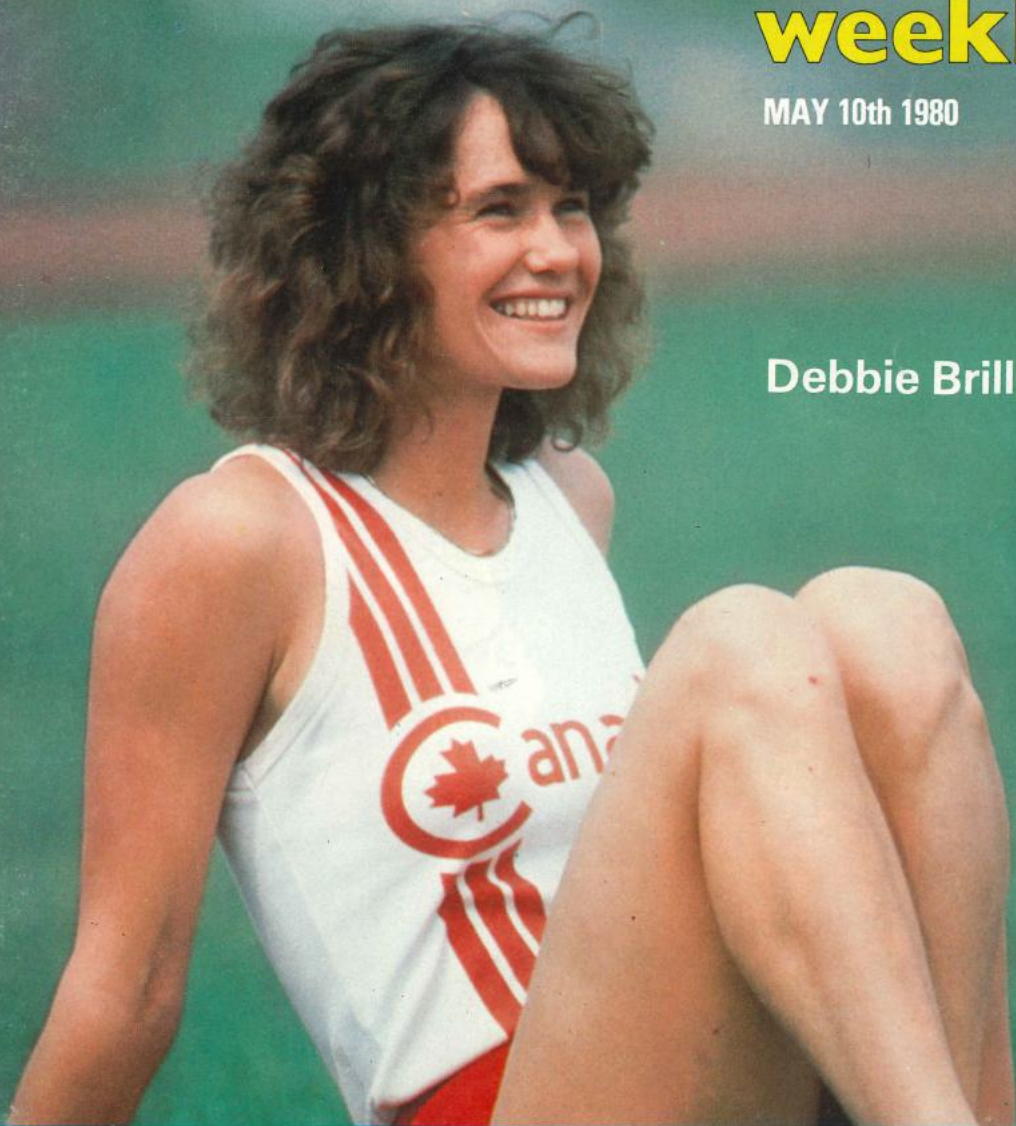
athletics

weekly

MAY 10th 1980

22p

Debbie Brill



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INCORPORATING WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

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weekly

Vol. 34 No. 19

MAY 10th 1980

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COVER PHOTO (By Tony Duffy)

Canada's World Cup winner Debbie Brill. See
 Who's Who in Women's High Jump on page 12.

56 PAGES THIS WEEK

THE WEEK AHEAD

Saturday, May 10th: Welsh AAA/WAAA Pentathlon & Relay Champs, Cwmbran; Northern CWAAA Pentathlon Champs Meeting, Kirkby; Southern Women's League; Yeovil Minors Meeting; Stretford Track League; Ebbisham League, Battlebridge; Kingston Schools Champs, Motspur Park; Croxdale '10', Durham; Ben Lomond Hill Race, Rowardennan; National 20km Walk Champs, Southport; Duddon Fell & Mountain Races (1st day); Sheffield Schools AA Open Pentathlon/Decathlon Meeting (1st day), Hillsborough; Lincolnshire Champs, (1st day), Yarborough; Vets AC Meeting, Belgrave Hall; Scottish Inter-University League, Steppes & Aberdeen; Scottish Women's Cup (qualifying round), Coatbridge; Gourrock Highland Games.

Sunday, May 11th: Scotland v Israel v England (W) v Luxemburg (M) v N. Ireland (M), Meadowbank; Yorkshire Champs, Cudworth; City of Plymouth YA Meeting, Brickfields; Middlesex County AAA 10,000m Champs, West London; Pilkington Open Meeting, St. Helens;

British Colleges Champs, Cwmbran; Ashby & Lady Godiva Meeting, Leamington Spa; Taurus Relays, Redditch; People's Marathon, Solihull; Liverpool Pembroke '20', Huyton; Kent Open '20', West Wickham; Crewe '8'; Darwen Moors Race; Berkshire County Invitation Walks, Bracknell; Duddon Fell & Mountain Races (2nd day); Sheffield Schools AA Open Pentathlon/Decathlon Meeting (2nd day), Hillsborough; Lincolnshire Champs (2nd day), Yarborough; Harrow Hill Race, Harrow-on-the-Hill; Veterans Club Relays, Chiswick; Yeovil Mini Fells Race; Ayrshire Field Event Champs, Dam Park; Grampian League, Banchory.

Monday, May 12th: SC Open Meeting, Crystal Palace; Surrey Champs (part), Motspur Park.

Wednesday, May 14th: West London IHE v Cardiff & Alsager Colls., Isleworth; Loughborough Univ. v NCAA v RAF, Loughborough; West Yorkshire League, Bradford; Middlesex League, West London; SC Open Meeting, Aldershot; Cavehill Race, Belfast; George Ramsay Memorial 4M Walk, Carshalton.

'VETERANS' ROAD RACE**At Highams Park, April 12th**

1, M. Barratt (Ealing & S)..... 22:54
 2, J. Oliver (Cambridge H)..... 22:57
 3, G. Harrold (Borough of Enfield) 23:06
 4, D. Case (E&S) 23:11; 5, P. Freeman (E&S) 23:15; 6, K. Hutchin (Met. P-35/40) 23:24; 7, G. Valentine (Bas-35/40) 23:29; 8, L. Parrott (Hav) 23:50; 9, A. Jones (Camb. H) 23:58; 10, P. Shephard (B'ht-35/40) 24:05; 11, R. Macey (Ver) 24:11; 12, R. Chalk (Bas) 24:16; 13, A. Kindley (Ver) 24:25; 14, T. Everitt (E. Man) 24:28; 15, D. Minns (Bas) 24:34; 16, D. Wood (Barn) 24:41; 17, M. Batty (Thur) 24:44; 18, B. Hercock (Enf) 24:48; 19, G. Smith (E. Man-O/50) 24:50; 20, D. Dellar (Camb. H-O/50) 24:52; 21, M. Rosbrook (Bas-O/50) 24:55; 22, E. Jones (Camb. H) 24:56; 23, G. Dacam (Ver) 24:59; 24, G. Crowder (B'ht) 25:01; 25, T. Hart (Bel-35/40) 25:03. **Teams:** 1, Ealing & S 10; 2, Cambridge H 26; 3, Verlea 38; 4, Basildon 39; 5, Borough of Enfield 44; 6, Barnet 67; 7, Havering 68; 8, Eton Manor 69. **(O/50):** 1, Smith; 2, Dellar; 3, D. Ball (Bigg) 26:28. **(O/60):** 1, J. Flowers (VPH) 27:10; 70, J. Catton (Ilf) 28:46; 3, L. Burnett (W. Gn) 31:53.



Mike Kelly

John Hickman



Photos: Gwynn Davis (top) anchors Bristol to their record breaking 4:00.37 in the National 12-Stage Road Relay whilst Barry Smith takes third place for Gateshead, himself reducing the short stage best by one second.

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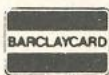
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AAA Marathon Championship**Mel Watman reporting****Ian Thompson Regains Title After Seven Years**

IAN THOMPSON savoured to the full the final mile of last Saturday's marathon at Milton Keynes. He had broken clear of his last challenger, Dave Black, and although the backs of his thighs were beginning to cramp up he knew he could slow down if necessary and still win. For the first time since his sensational debut (in 2:12:40) at Harlow back in 1973, he was AAA champion . . . and, four years after the crushing disappointment of failing to make the team for Montreal, he had won Olympic selection. The time of 2:14:00 might appear to be only average, but it was a cracking run on a zig-zag course in very windy conditions. Ian, now 30, thought the run was comparable to the 2:12:40 which catapulted him to fame and, as he pointed out, that was followed three months later by his spectacular 2:09:12 in the Commonwealth Games at Christchurch. Significantly perhaps, the Moscow Olympic marathon is due to take place three months after the AAA race.

Dave Black, completing the marathon distance for the first time, finished a very worthy runner-up 28 sec behind Thompson, and third place went to former UK steeplechase record holder Andy Holden who made a gallant recovery after losing

about a minute — and some twenty places — during a 'pit stop' when up with the leaders at 15 miles. Considering he finished only 50 sec down on Black and 78 sec behind Thompson, the quality of Andy's run is self-evident.

The race, which was sponsored by the Provincial Insurance Company, provided many other tales of misfortune. Tony Simmons, among the thickly populated leading group on the narrow twisting course (consisting mainly of cycle paths), ran straight into a bollard which had been hidden from his view by the runners clustered ahead. He severely grazed an arm and a leg, and found he was too badly hurt to complete the race. Another early casualty was Steve Kenyon, out before halfway, while John Graham — whose outstanding run in the North Staffs '20' is reported in this issue — was suffering from flu and he too had to drop out. So did Ian Stewart, who pulled out at 15 miles when in the lead with Thompson due to an injury to the ball of his right foot — a possible hairline fracture for which he had been receiving treatment for some weeks.

It took a long time for the field to sort itself out. "Everyone was tripping over everyone else",

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remarked Thompson. The first 10km was covered in 31:30 and by a point just short of the half-distance there were still 16 runners in close formation: Ian Ray, John Graham, Ian Stewart, Steve Kenyon, Malcolm East, Jim Brown, Ian Thompson, Paul Eales, Dave Cannon, Trevor Wright, Keith Penny, Jim Dingwall, Dave Black, John McLaughlin, Andy Holden and Japan's Yataka Taketomi. Last year's champion Greg Hannon was already some way behind.

By 27km the leading bunch had slimmed to seven runners: Ray, McLaughlin, Taketomi, Thompson, Black, Brown and Cannon. East was next, followed by Hugh Jones, Chris Garforth, Eales, Mike Longthorn, Wright, Holden (making up lost ground) and Penny. At 30km (1:35:10) Thompson, Taketomi and Black had opened up a 10m gap over Brown, with McLaughlin, Cannon, Ray, Jones, East, Garforth, Holden (1:35:50), Eales, Colin Taylor, Longthorn, Wright and Dingwall next to pass. Thompson, Black and Taketomi were still locked together at 21 miles; McLaughlin was now in 4th place some 40m behind, followed 30m later by Cannon. Holden was 6th, 100m adrift of Cannon and behind him came Ray, Brown, Jones and Garforth. In the closing miles, Thompson and Black rid themselves of the Japanese challenger (who ran his best time of 2:12:47 at Fukuoka last December in 10th place almost 2 min behind Bernie Ford), while Holden and Garforth made up leeway at the expense of McLaughlin and Cannon. Thompson dropped Black in the final couple of miles to win unchallenged.

"It wasn't a course for fast times and the wind was very trying", said Thompson. "It wasn't a nice course really. The worst part was the first few miles; it was too narrow and there was too much chopping and changing of rhythm. It needed a lot of strength to go in that wind but I had the confidence. I did my share of leading. I think there's more to come; it's a good solid base". Ian will have no more high-pressure races before the Olympics, and he will not be going to high altitude for training. "I tried it in 1975 and 1977 and both times came back and had terrible marathons". He hopes he might now be on the way back to recapturing his world-beating form of 1974. "From 1975 onwards I was never as fit again", he explained. "I found myself compromising and fitting into other people's training. Now I do my own thing again". Ian, who moved to Welwyn Garden City last October, has been averaging over 140 miles a week recently, training two or three times daily, and has incorporated more hill work. His last major victory was in New Zealand in November 1977, also in windy conditions.

Did he think Bernie Ford should have run? "Yes, I think Bernie should have been here. It makes it terribly difficult for the selectors. You just can't compare performances on different courses. I put my reputation on the line at

Rotherham in 1976". Dave Black was in agreement; it would have been fairer all round if Ford had competed. Dave was pleased with his run: "I felt really good until the last four miles and then I gradually slowed down". Black's first marathon time moves him into 19th place on the UK all-time list; other notable personal bests came from Holden (2:15:18) and Garforth (2:16:01), while East, Longthorn, Jones, Brown and Steve McHale all broke 2:20 for the first time. Gateshead won the team race, by a single point from Tipton, and first veteran home was Don Macgregor in 2:22:07.

1, I. Thompson (Luton United) 2:14:00
2, D. Black (Tamworth) 2:14:28
3, A. Holden (Tipton) 2:15:18
4, Y. Taketomi (Japan) 2:15:37; 5, C. Garforth (Gate) 2:16:01; 6, J. McLaughlin (Dunc) 2:16:07;
7, D. Cannon (Gate) 2:16:19; 8, I. Ray (Salis) 2:16:51; 9, M. East (Rane) 2:17:57; 10, T. Wright (W&B) 2:18:11; 11, M. Longthorn (ASV) 2:18:12; 12, M. Gratton (Inv) 2:18:17; 13, S. Curran (Salf) 2:18:27; 14, H. Jones (Rane) 2:18:56; 15, J. Brown (Clyde V) 2:19:03; 16, S. McHale (Glouc) 2:19:19; 17, R. Wilde (Man'r) 2:19:23; 18, C. Taylor (ASV) 2:19:52; 19, P. Eales (WSE) 2:20:00; 20, B. Cole (Tip) 2:20:03; 21, Greg Hannon (Dunc) 2:20:40; 22, J. Dingwall (Falk V) 2:21:38; 23, A. Kean (Dby) 2:21:42; 24, R. Lunnon (AFD) 2:22:00; 25, D. Macgregor (Fife) 2:22:07; 26, D. Pratt (Sheff) 2:22:34; 27, M. Knapp (Inv) 2:22:42; 28, R. Cytla (Tip) 2:23:03; 29, M. Exton (Holb) 2:23:08; 30, M. Shields (Lisna) 2:23:32; 31, E. Cameron (ESH) 2:23:54; 32, R. Brown (B'mth) 2:24:26; 33, J. Robertson (Newp) 2:24:27; 34, M. Crowell (Bridgend YMCA) 2:24:46; 35, R. Harrison (ASV) 2:24:56; 36, P. Blakeney (Salf) 2:24:59; 37, D. Faircloth (Croy) 2:25:08; 38, M. Winter (Gate) 2:25:49; 39, A. MacFarlane (Spring) 2:25:51; 40, M. Murdoch (Dunc) 2:26:13; 41, A. Joslyn (Newp) 2:26:19; 42, C. Hallimond (Gate) 2:27:04; 43, W. Domoney (Sheff) 2:37:30; 44, W. Day (Falk V) 2:27:38; 45, M. Firth (Man'r)

Continued on page 39

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Coe And Ovett: They're Off!

SEBASTIAN COE and Steve Ovett began their 1980 track season — one week apart — in Southern Counties AAA representative matches at Crystal Palace. Competing for Loughborough on April 23rd, Coe was content to follow Dave James' pace in the 3000m before kicking past with 300m to go to win in a personal best of 7:57.4. "The important thing this race told me is that things aren't going badly", he said. "We know now that things are on target for this year". Ovett went for speed instead, on April 30th, and clocked a relaxed 48.2 400m relay leg way out in front, passing 200m in 22.3 before easing off. He delayed his departure for Texas by 24 hours in order to honour his commitment to the SCAAA.

There was good running also in the second meeting by Julian Goater (7:58.9 3000) and Steve Jones, who underlined his steeplechase ambitions with an impressive 8:42.9. Daley Thompson, just back from two months training in the USA and preparing for a world record decathlon bid at Gotzis (Austria) on May 17th/18th, threw the discus 44.02m.

April 23rd

100: 1, M. Powell (S) 11.1; 2, J. Marsden (L) 11.2; 3, W. Greaves (S) 11.2. **200:** 1, L. Christie

(S) 22.2; 2, J. Davis (S) 22.3; 3, Marsden 22.5. **400:** 1, R. Heard (S) 49.4; 2, D. West (S) 50.0. **800:** 1, O. Khalifa (L) 1:51.8; 2, R. Weedon (S) 1:52.6; 3, S. Evans (Gst) 1:53.2; 4, R. Dickens (S) 1:53.3. **1500:** 1, M. Wilson (C) 3:46.3; 2, S. Emson (Gst) 3:46.9; 3, S. Flint (Gst) 3:47.5; 4, G. Grant (W) 3:47.8; 5, K. Steere (S) 3:48.2; 6, N. Leach (C) 3:49.0; 7, N. Allison (S) 3:50.1; 8, P. Williams (W) 3:52.2; 9, T. Conlon (Gst) 3:52.2; 10, M. Coram (Gst) 3:53.1; 11, G. Long (L) 3:53.4. **3000:** 1, S. Coe (L) 7:57.4; 2, D. James (W) 8:00.8; 3, A. Armitage (L) 8:03.7; 4, C. Thomas (W) 8:22.3. **3000SC:** 1, R. Harris (S) 8:51.3; 2, R. Samuel (W) 9:01.2; 3, P. Betteridge (S) 9:03.9. **110H:** 1, Greaves 14.6; 2, H. Jones (W) 15.1; 3, H. Moscrop (L) 15.6; 4, P. Allen (S) 15.8. **400H:** 1, D. Fishwick (W) 52.8; 2, P. Atherton (S) 53.3; 3, Moscrop 54.2; 4, N. Hammersley (W) 54.4; 5, S. Adams (S) 54.6; 6, R. Tolson (C) 56.3. **4x100:** Welsh AAA 44.0. **4x400:** 1, SCAAA 3:18.4; 2, Welsh AAA 3:21.6.

HJ: 1, T. Foulger (L) 2.05; 2, T. Llewelyn (W) 2.00; 3, A. Bredon (S) 2.00; 4, F. Manderson (S) 2.00; 5, W. Dixon (C) 1.95. **PV:** 1, T. Anstiss (S) 4.60; 2, A. Leiper (S) 4.60; 3eq, I. Rees (W) & G. Ward (W) 4.00. **LJ:** R. Martin (S) 6.81. **TJ:** 1, T. Coker (S) 15.12; 2, F. Attah (S) 14.88; 3, T.

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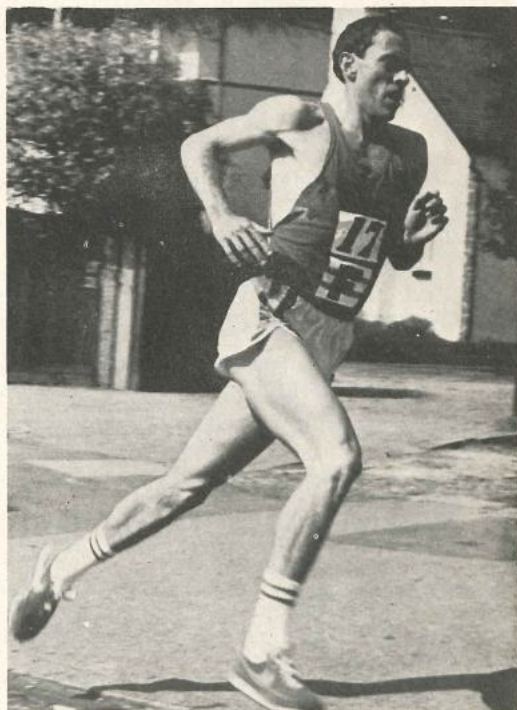
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Claydon (L) 14.08. **SP:** 1, N. Tabor (S) 16.87; 2, I. Lindley (L) 15.77; 3, G. Savory (S) 15.67; 4, T. Kelland (W) 13.83; 5, J. Walters (W) 13.65. **DT:** 1, Tabor 48.94; 2, K. Latten (W) 46.98; 3, C. Dinsdale (S) 44.20; 4, A. Garforth (L) 43.08; 5, Walters 42.34; 6, Lindley 42.32. **HT:** 1, M. Petra (S) 63.10; 2, M. Fenton (S) 58.24; 3, P. Stark (W) 55.10; 4, S. Pickering (W) 52.24. **JT:** 1, S. Pearson (L) 74.86; 2, C. McKenzie (S) 65.00; 3, T. Newenham (L) 64.26; 4, N. Price (W) 61.54; 5, A. Robinson (C) 61.42; 6, I. Marsh (S) 59.62. **Teams:** 1, SCAA 236; 2, Welsh AAA 164; 3, Loughborough Univ. 150; 4, Cambridge Univ. 102.

April 30th

100: 1, H. King 10.6; 2, A. Pitts 10.8; 3, E. Rooft 10.9; 4, N. Richens 10.9; 5, S. Clarke 10.9. **200:** (A) 1, T. Whitehead 21.7; 2, Pitts 21.7; 3, King 21.7; 4, M. Powell 22.1; 5, M. Fitter 22.4. (B) 1, G. Watson 21.6; 2, A. Bell 21.6; 3, Richens 21.7; 4, R. Dickens 21.8; 5, J. Davies 22.0; 6, D. Baptiste 22.5. **400:** 1, A. Kerr 48.6; 2, M. Clark 48.9; 3, S. Murray 48.9; 4, P. Batten 49.1; 5, R. Benn 49.1; 6, B. Bailey 50.0. **800:** 1, B. Dickens 1:53.0; 2, C. Bigg 1:53.5; 3, N. Allison 1:53.9; 4, P. Norgate 1:54.2; 5, T. Young 1:54.2; 6, M. Cockren 1:54.4. **1500:** 1, J. Espir 3:50.6; 2, G. Rimmer 3:51.7; 3, C. Sly 3:52.2; 4, E. Taylor 3:53.5; 5, S. Rimmer 3:55.2; 6, H. Shakeshaft 3:55.6. **3000:** 1, J. Goater 7:58.9; 2, D. Clarke 7:59.7; 3, P. Standing 8:03.9; 4, C. Thomas 8:21.4. **3000SC:** 1, S. Jones 8:42.9; 2, T. Conlon 8:57.8; 3, D. Stevens 9:02.8; 4, J. Wild 9:11.4; 5, K. Capper 9:13.8; 6, P. Barrett 9:19.7. **110H:** 1, N. Gerrard 14.6; 2, A. McKenzie 14.8; 3, A. James 14.8; 4, P. Barthropp 15.2; 5, K. Pascoe 15.3. **400H:** 1, D. West 53.1; 2, K. Currid 54.5; 3, C. Preston 56.4. **4x100:** 1, Surrey 41.8; 2, SCAA 42.2; 3, BRC 43.1; 4, RAF 43.1. **4x400:** 1, SCAA 3:13.8; 2, BRC 3:21.0.

HJ: 1, C. Moseley 2.05; 2, C. Harris 2.00; 3, T. Llewelyn 1.95. **PV:** 1, A. Leiper 4.40; 2, D. Hooper 4.40; 3, P. Lovell 4.40; 4, A. Jackson 4.20; 5, N. Heal 4.00. **LJ:** 1, A. Earle 7.25; 2, C. West 6.92; 3, G. Byham 6.91; 4, N. Boulding 6.84; 5, R. Martin 6.79. **TJ:** 1, C. Colman 15.71; 2, A. Lees 14.85; 3, J. Allison 14.60; 4, J. Torpey 14.04; 5, A. Leone 13.87. **SP:** 1, N. Tabor 17.00; 2, W. Fuller 16.40; 3, M. Eyres 14.28; 4, P. Zeniou 14.04; 5, N. Phipps 13.97; 6, G. Wilson 13.16. **DT:** 1, C. Sutherland (gst) 54.66; 2, Tabor 51.62; 3, Fuller 45.46; 4, D. Thompson 44.02; 5, Zeniou (gst) 42.78; 6, P. Edwards 41.04. **HT:** 1, M. Petra 62.84; 2, R. James (gst) 62.20; 3, G. Whaley 62.16; 4, P. Stark 55.38; 5, K. Prior 46.84; 6, G. Bush 45.72. **JT:** 1, D. Travis 71.58; 2, R. Hooper 70.70; 3, M. Bamford 68.94; 4, S. Ladds 67.06; 5, C. MacKenzie 63.98; 6, S. Green 60.36. **Teams:** 1, SCAA 229; 2, Surrey 166; 3, Borough Road C 138; 4, RAF 131.

Steve in action on his record-breaking run in the Belgrave 12-stage Road Relay.

Bill Laws

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Scotland, England, Ireland and Wales

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SATURDAY 26th JULY 1980.**

International Match

Teams of Junior Athletes, both boys and girls from Scotland, England, Ireland and Wales will compete in a full range of field and track events for the Bell's Home Countries Match Trophy.

Open Events

Six open track events will be run, four in the Under-15 category (2 boys and 2 girls) and two in the Under-17 category (1 boys and 1 girls).

Awards will be made for each event.

Entries close on Saturday, 28th June, 1980.

Entry forms from:

Mrs. E. PEATE,
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Telephone: Livingston 33303

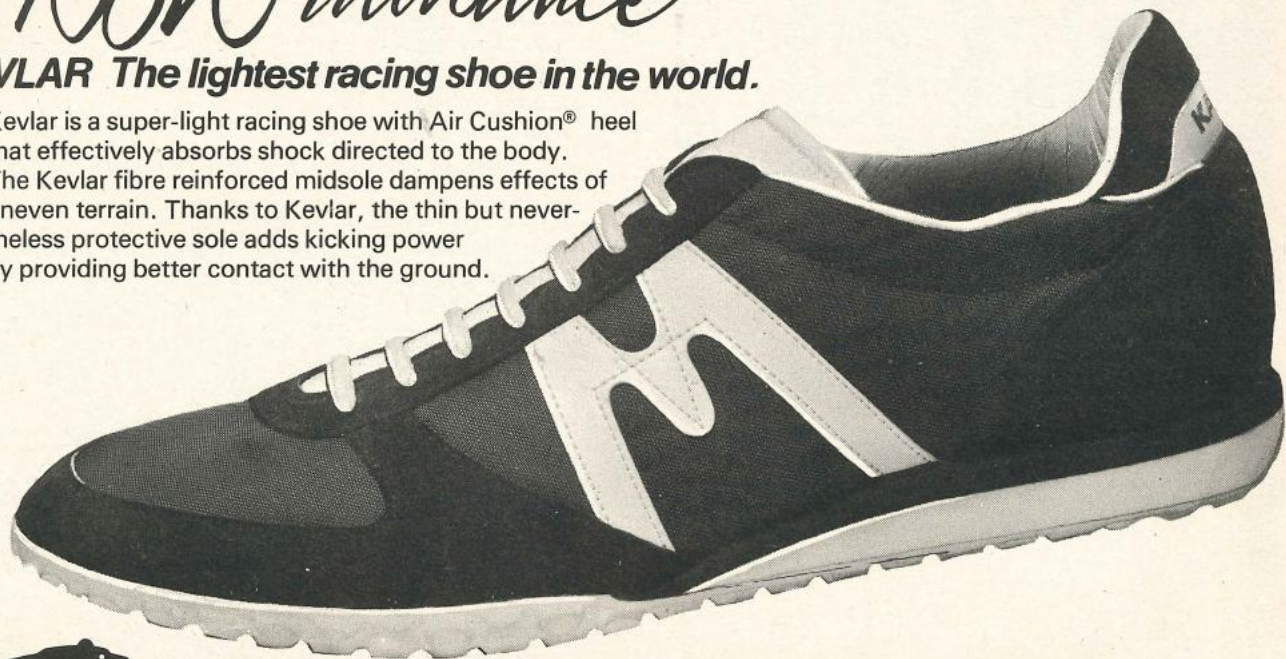


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KARHU Leading the field to give you the best.

SCOTTISH WOMEN'S LEAGUE**At Coatbridge, April 20th****Glasgow 493; Edinburgh Southern 482; Shettleston 477; Edinburgh AC 387; Pitreavie 378; Central Region 308.**

200: 1, A. Dalton (Shett) 25.1; 2, K. Jeffery (Cen. R) 25.2. 400: (A): 1, A. Clarkson (ESH) 56.6; 2, A. Bridgeman (Glas) 56.8; 3, F. Anderson (Pit) 57.9. (B): F. Harding (EAC) 57.8. 800: L. MacDougall (Glas) 2:13.8. 1500: 1, B. Harvie (Glas) 4:35.1; 2, Y. Murray (EAC) 4:36.6; 3, K. Robinson (Pit) 4:43.0. 3000: (A): 1, A. Wright (ESH) 9:47.5; 2, L. Trotter (Glas) 10:19.3. (B): M. Brown (ESH) 10:10.1. 100H: 1, L. Scott (ESH) 14.6; 2, L. Stephen (Shett) 15.0; 3, J. Lindsay (Glas) 15.7. 400H: 1, F. Macaulay (ESH) 61.6; 2, C. Hogg (Pit) 65.2. HJ: 1, S. Brown (Shett) 1.70; 2, R. Pinkerton (Glas) 1.70; 3, M. Prior (EAC) 1.64. LJ: (A): 1, Stephen 5.60; 2, J. Provan (Glas) 5.56. (B): 1, Y. Anderson (Glas) 5.55; 2, L. Watt (Shett) 5.46. SP: 1, S. McDonald (Pit) 12.23; 2, H. Yule (Glas) 12.14; 3, K. Lynch (EAC) 10.87. DT: 1, Lynch 39.88; 2, McDonald 39.78; 3, Yule 35.48; 4, L. Robertson (ESH) 35.36; 5, B. Aitken (Shett) 34.34. JT: A. Lockton (EAC) 39.12. 4x100: 1, ESH 49.1; 2, Shettleston 49.2; 3, Glasgow 49.3. 4x400: 1, ESH 3:53.5; 2, Glasgow 3:54.8; 3, Shettleston 3:58.0; 4, Pitreavie 3:58.0. (Inters): 800: 1, A. Gordon (Glas) 2:16.6; 2, S. Morris (Shett) 2:16.8. SP: L. Marshall (Glas) 10.69. 4x100: Glasgow 49.8. (Juniors): 200: C. Candlish (Pit) 26.4. SP/JT: J. Kellock (Pit) 10.92/31.90.

OTHER SCOTTISH RESULTS

Inter-University CC, at Stepps (March 8th). 1, C. Cottam (Edin) 34:38; 2, G. Getty (Strath) 34:55. Team: Edinburgh.

Scottish Colleges CC Champs, at Lochinch (March 8th). (Snr): 1, G. Braidwood 24:52; 2, T. Shanks 27:28. Team: Glasgow Coll. of Building. (Jnr): 1, S. Miller 13:13; 2, D. Auchie 13:33. Team: Cardonald Coll. (Snr. Girls): 1, A. Burns 17:52; 2, M. Gallashon 21:43. Team: Clydebank Coll. (Jnr): 1, C. McLeod 22:56; 2, F. McCallum 25:59. Team: Clydebank.

Inverclyde YA CC Champs, at Greenock (March 8th). (Juniors): 1, S. Brownlie (SV) 33:39; 2, C. Leak (SV) 34:30. (Youths): 1, C. McCorkindale (G. W'park) 16:56; 2, D. Murray (G. G'park) 17:21. (Snr. Boys): 1, R. Moran (SV) 11:05; 2, A. McInnes (G. G'park) 11:11. (Jnr. Boys): 1, D. Cox (G. G'park) 9:00; 2, A. Wilson (G. G'park) 9:06.

Troon CC Meeting (March 16th). 1, L. Spence (Shett) 27:44; 2, D. Frame (Law) 27:59; 3, J. Thompson (Law) 28:28. Team: Law.

Knockfarrell Hill Race, at Strathpeffer (March 22nd). 1, D. Lang (Elg) 35:05; 2, I. Mitchell

(I'ness) 35:22; 3, D. McLean (Forr) 36:06. Team: Forres. (Youths): 1, N. Martin (Forr) 27:50; 2, K. McIntosh (I'ness) 27:53; 3, B. Christie (Ding) 29:11. (Women): 1, F. Laidlaw (Ross) 30:34; 2, D. McMillan (Forr) 30:47; 3, L. Lamb (I'ness) 32:13.

Shettleston H Women's Champs, at Coatbridge (April 12th). 100M 1, L. Stephen 12.2w; 2, L. McCammon 12.3. 100H: Stephen 15.1w. LJ: 1, Stephen 5.72w; 2, L. Watt 5.50w. DT: B. Aitken 36.22. (Inters): 100: L. McLachlan 12.5w. 800/1500: S. Morris 2:20.0/4:50.7. HJ: M. Conroy (Gst) 1.60. SP: D. Lewthwaite 10.15. (Juniors): 100: G. Bain 12.6w (12.5w ht). LJ: Bain 5.19w.

Glasgow AC Women's Champs, at Scotstoun (April 13th). 3000: L. Trotter 10:23.8. HJ: R. Pinkerton 1.67. SP: H. Yule 11.96. DT: C. Cameron 35.00. (Inters): 200: A. Bridgeman 25.8. 400: (A): Bridgeman 57.16. (B): Y. Anderson 58.3. 1500: A. Gordon 4:51.4. (Juniors): 75H: R. McLeod 12.0.

'Jim Scott' Memorial '16', Clydebank to Helensburgh (April 19th). 1, J. Brown (CV) 1:29:05; 2, T. Wiseman (Gars) 1:30:00; 3, M. Craven (ESH) 1:30:17; 4, J. Small (CV) 1:31:12; 5, C. Martin (Dumb) 1:31:59; 6, R. Blair (VP) 1:33:24; 7, D. Gunstone (EAC) 1:33:30; 8, J. Ash (Garn-V) 1:33:54; 9, P. McLean (Unatt) 1:34:34; 10, J. Russell (Bella) 1:34:36; 11, R. Ronald (E. Kil) 1:34:41; 12, A. Adams (Dumb) 1:35:01; 13, A. Neal (E. Kil) 1:35:15; 14, R. Shields (C'dale) 1:35:33; 15, P. McGregor (VP) 1:35:35; 16, C. Joss (Bella) 1:37:23; 17, T. Donnelly (Bella) 1:38:59; 18, W. Scally (Shett) 1:39:05; 19, J. Rowley (Dumb) 1:39:09; 20, J. Moore (VP) 1:39:10. Teams: 1, Dumbarton 38; 2, Victoria Park 41; 3, Bellahouston 43; 4, E. Kilbride 56; 5, Clydesdale 92.

Colin Shields

*(More Scottish results next week)***ABERDEEN A.A.C.****4th SCOLTY HILL RACE**

(Under S.A.A.A. & S.W.C.C.U. Rules)

Sponsored by Chap Construction**SUNDAY, 8th JUNE, 1980**

at 2.15 p.m.

at Banchory, Nr. Aberdeen

5½ Miles, 800' climb

(Record: 31.30 Graham Laing, 1978)

Prizes: 1st 6, 1st Woman, 1st Vet.

1st 2 Teams (3 to count).

Entries: 20p, to Mel Edwards, 7 Middleton Terrace, Bridge of Don, Aberdeen. (Tel. 0224 702073). By 31st May.

The Big Five Of Women's High Jumping

Facts and figures by Peter Matthews

Rosi Ackermann, who has been 'straddling' her way to major titles since her first European Indoor win in 1974



Fionnbar Callanan

ROSI ACKERMANN (GDR)

Born 4.4.52; 1.76m/5'9¼", 58kg/128lb. Best mark: 2.00m. Champs: 1972 Oly — 7th; 1974 Eur Ind — 1st, Eur — 1st; 1975 Eur Ind — 1st, E. Cup — 1st; 1976 Eur Ind — 1st, Oly — 1st; 1977 E. Cup — 1st, W. Cup — 1st; 1978 Eur — 2nd; 1979 E. Cup — 1st, W. Cup — 4th. Progression: 1967 — 1.65; 1968 — 1.71; 1969 — 1.76; 1970 — 1.77; 1971 — 1.81; 1972 — 1.85; 1973 — 1.91i; 1974 — 1.95; 1975 — 1.94; 1976 — 1.96; 1977 — 2.00; 1978 — 1.99; 1979 — 1.99; 1980 — 1.95i.

DEBBIE BRILL (Canada)

Born 10.3.53; 1.75m/5'9", 55kg/121lb. Best mark: 1.96m (Comm rec). Champs: 1970 Comm — 1st; 1971 Pan Am — 1st; 1972 Oly — 8th; 1975 Pan Am — 4th; 1976 Oly — dnq; 1977 W. Cup — 3rd, WSG — 2nd; 1978 Comm — 2nd; 1979 Pan Am — 3rd, W. Cup — 1st. Progression: 1967 — 1.63; 1968 — 1.71; 1969 — 1.76; 1970 — 1.83; 1971 — 1.85; 1972 — 1.86; 1974 — 1.87; 1975 — 1.89; 1976 — 1.90; 1977 — 1.91; 1978 — 1.92i; 1979 — 1.96; 1980 — 1.95i.

PETERBOROUGH ATHLETIC CLUB
presents the annual

"WHITTLESEY SHOW"

Ten Mile Open Road Race

For Men and Ladies

(Under A.A.A. & W.A.A.A. Laws)

ON SATURDAY, 21st JUNE, 1980, at 2 p.m.
at Whittlesey Show Ground (Nr. Peterborough)

PRIZES: Men's — Inds., 1st 3 Teams (4 run, 3 to score), 1st Vet O/40, O/50. Ladies: Inds., 1st Team (4 run, 3 score). Other team prizes according to entry.

Also Eastern Veterans Club Championship

Entry Fees: 35p per person plus 35p per team, (late entries 50p), to Keith B. Hall, 190 Wisbech Road, Thorney, Peterborough PE6 0SQ. Tel. Peterborough 270 460. SAE for reply.

CLOSING DATE 11th JUNE, 1980

ANDREA MATAY (Hungary)

Born 27.9.55. 1.73m/5'8", 52kg/115lb. Best mark: 1.98m (i). Champs: 1973 Eur Jnr — 4th; 1976 Oly — 9th; 1978 Eur — 6th; 1979 — Eur Ind — 1st, WSG — 1st. 1980 Eur Ind — 2nd. Progression: 1972 — 1.81i; 1973 — 1.85i; 1974 — 1.78; 1975 — 1.86; 1976 — 1.87; 1977 — 1.89; 1978 — 1.89; 1979 — 1.98i/1.94; 1980 — 1.93i.

ULRIKE MEYFARTH (Germany)

Born 4.5.56. 1.86m/6'1¼", 71kg/157lb. Best mark: 1.95m. Champs: 1971 Eur — dnq; 1972 Oly — 1st; 1974 Eur — 7th; 1975 E. Cup — 2nd; 1976 Eur Ind — 2nd, Oly — dnq; 1978 Eur — 5th; 1979 Eur Ind — 3rd, WSG — 2nd. Progression: 1968 — 1.49; 1969 — 1.57; 1970 — 1.68; 1971 — 1.80; 1972i — 1.92; 1973 — 1.83;

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ADIDAS		
INTERVAL 2	3 ½ - 5 ½ £12.45 6-12 £14.20 (£15.99)	
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MARINER	3 ½ - 5 ½ £13.10 6-12 £15.10 (£16.99)	

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NIKE LADY WAFFLE TRAINER 4-9 (ladies sizes), (no 4 ½, 5 ½ or 7) **£10.99** (RRP £15.99).

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ADIDAS SL80 5-5 ½ £14.40, 6-13 £18.69 (RRP £21.99).

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1974 — 1.85; 1975 — 1.92; 1976 — 1.90; 1977 — 1.83i; 1978 — 1.95; 1979 — 1.93i; 1980 — 1.93i.

SARA SIMEONI (Italy)

Born 19.4.53; 1.77m/5'9¾", 60kg/132lb. Best mark: 2.01m (world rec). Champs: 1970 Eur Jnr — 5th; 1971 Eur — 9th; 1972 Oly — 6th; 1973 WSG 3rd; 1974 Eur — 3rd; 1976 Oly — 2nd; 1977 Eur Ind — 1st, W. Cup — 2nd, WSG — 1st; 1978 Eur Ind — 1st, Eur — 1st; 1979 E. Cup — 2nd, W. Cup — 2nd, WSG — 3rd; 1980 Eur Ind — 1st. Progression: 1967 — 1.48; 1968 — 1.55; 1969 — 1.65; 1970 — 1.75; 1971 — 1.80; 1972 — 1.85; 1973 — 1.86; 1974 — 1.90; 1975 — 1.89; 1976 — 1.91; 1977 — 1.93; 1978 — 2.01; 1979 — 1.98; 1980 — 1.96i.

Any competitors for the Eastham Burco '7', on September 13th, who are travelling long distance or from overseas and would like accommodation, please contact D. Robinson, 52 Duddon Avenue, Fleetwood, Lancs.

Queen's Park Harriers are holding a 30 minute 'paarlauf' on Wednesday, May 21st at Willesden Football Stadium, Donnington Road, N.W.10 (7.30 pm). No entry fee, all welcome. Contact M. Saloman (01-459 2340 (bus)) for details.

FIRST CLAIM APPLICATIONS

At recent meetings of the SCWAAA/SCWCC & RWA 'Hardship' committee, the following first claim applications were dealt with:

Eligible immediately: D. Jacob, A. Dodd & T. Dodd (Chelmsford to Braintree); D. Stazicker (Ilford to Essex Ladies); L. Agard & B. Agard (N. London to Barnet); B. Lock (Southend to Ilford); T. Robinson (Bedford to Nene Valley); D. Mason (Southern to Essex Ladies); L. Savage & S. Savage (Folkestone to Dartford); P. Weaver-Smith (Worksop to Ashford); C. Neal (Twickenham to Barnet); B. Keep (Essex Beagles to Ilford); A. Millard (Biggleswade to Bedford); A. Baldock (Dartford to Hounslow); S. Hawkey (Par to Plymouth); T. Carter (Par to Trigg); A. Nagle (Haringey to Essex Ladies); G. Dawson (Leigh to Basildon).

Eligible 8.2.80: S. Longhurst (Redhill & R to Epsom & E); 1.6.80: B. King (W. Cornwall to Duchy of Cornwall); 22.6.80: L. Mosen (Uxbridge to Highgate); 1.7.80: L. Symes (Maidenhead to Bracknell); J. Noonan (Melbourn to Cambridge & C); L. Meldrum (Bracknell to Hounslow); 20.8.80: W. Clarke (Highgate to Hounslow); 9.9.80: C. Cook (Enfield to Haringey); 18.11.80: J. Daly (Highgate to Barnet).

The Vets AC committee meeting, scheduled for May 14th, has been postponed until May 21st.

MURPHY 10,000 METRE ROAD RACE

(Under A.A.A. Laws)

TO BE HELD ON WEDNESDAY, 11th JUNE, AT 7.45 p.m.

The first annual Murphy event organised in conjunction with Bingley Harriers and sponsored by Murphy Radio.



Over an exacting hilly 10,000 metre road course in the Bingley/Shipley area. Changing: Nabwood Sports Centre, Shipley.

The very many lavish prizes totalling more than £1,000 in value include the following:

A first prize of a Murphy cassette transistor radio and twenty three other prizes of transistor radios for the following successful competitors (only one prize to any successful competitor):

A transistor radio each for the first six runners.

A transistor radio each for the first four completing Veterans over 40.

A transistor radio each for the first two Veterans over 45.

A transistor radio each for the first two Veterans over 50.

A transistor radio each for the first three lady finishers.

Team prizes for winners and runners up, first three to count.

A monogrammed T-shirt will additionally be awarded to the first two hundred completing entrants and an illuminated time certificate will be given to all completing competitors.

Entry fee: 75p. Entries will be limited to five hundred. No entries will be accepted without payment of the fee. **Entries in writing please to:** Phil Dean, 43 School Lane, Addingham, Ilkley, W. Yorkshire LS29 0JN.

Murphy Guaranteed four years.

CHRIS MADDOCKS BREAKS BRITISH RECORD

Wins Polish 50 Kilometres Walk Championship in astonishing 4:06:43

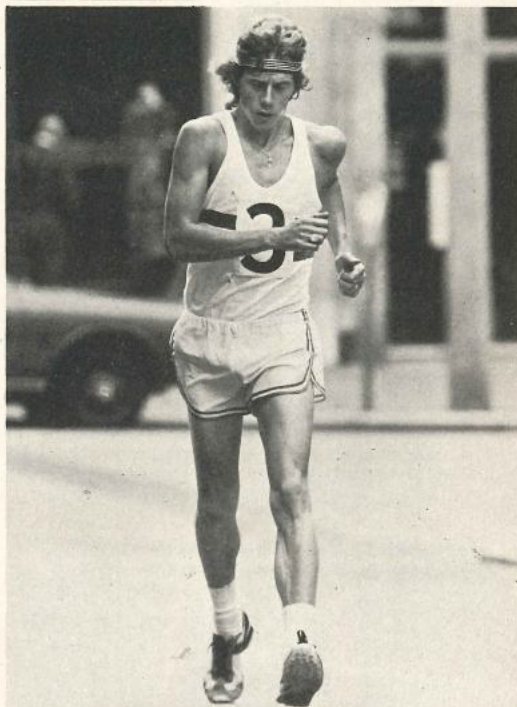
AMAZING weather conditions greeted Chris Maddocks, Ian Richards, Bob Dobson and Mike Parker (NZ) when they arrived for the Polish 50km championship at Gdynia on April 20th. A violent gale gave way to frequent snow showers which persisted right up to the start of the event. Indeed the start had to be delayed an hour so that water could be removed from the 1147m circuit.

With the temperature at 3°C, Moen (Nor) and Bulakowski (Pol) set a fast pace and pulled right away from the field. Two Soviet walkers with personal bests of 3:58 and 4:06 were next, ahead of a group containing Maddocks, Richards and Parker. This group passed 5km in 23:46 and 10km in 48:26. Maddocks and Parker reached 20km in 1:37:06 but Richards was 56 sec down following an enforced stop. The latter walked a 5km split in 23:42 so that the trio were together again at the half distance (2:01:44).

By 30km the whole complexion of the race had changed. Bulakowski, only intending to cover this distance, stepped off the road after 2:21:14, looking as if he had just completed a training session. This left the diminutive Moen in the lead, looking very tense as he tried to maintain his stride length. The two Russians had surprisingly slowed and both were eventually disqualified. Maddocks and Feliks Sliwinski (Pol) were now looking good. They passed in 2:26:03 with Parker just behind, but Richards was now over a minute down (2:27:12) having again been forced to stop due to stomach trouble. Moen slowed drastically in the next couple of kilometres and dropped out before 35km, leaving Maddocks and Sliwinski battling it out with Richards losing nothing to them in third place.

The lead changed frequently and in an exciting finish the young British walker opened up a small gap in the last 2500m to score a great victory by 17 sec. His time of 4:06:43 — 39 sec faster than Bob Dobson's UK road best — was a wonderful bonus and quite unexpected in the prevailing conditions. Richards was very disappointed with his performance but in the circumstances his time of 4:07:57 — a personal best by nearly four minutes — was a fine achievement. The race for the first sub-4 hour 50km by a British walker is really hotting up!

Parker slowed right up after 35km and dropped out soon after 40km, clearly affected by the cold conditions. Dobson started off fairly briskly but before 20km he was struggling badly. In the conditions it would have been no surprise if he had dropped out, but all credit to him for walking the second half in 2:09 after reaching half-way in 2:14. His final time was respectable if disappointing. Knowing Dobson's ability to reach peak form rapidly after several distance races, he



CHRIS MADDOCKS

Mike Street

should be a real threat by the time of the second Olympic trial in June.

1, C. Maddocks (UK) 4:06:43; 2, F. Sliwinski (Pol) 4:07:00; 3, I. Richards (UK) 4:07:57; 4, S. Jonita (Rom) 4:11:21; 5, K. Drajski (Pol) 4:17:27; 6, S. Korneluk (Pol) 4:20:05; 7, R. Dobson (UK) 4:23:26; 8, M. Gorski (Pol) 4:24:37. 17 finished.

Julian Hopkins
(National Event Coach)

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Overseas News and Results

USA: Al Oerter Still Supreme

THE DISCUS event at the Mt San Antonio Relays at Walnut on April 19th brought together three former world record holders in Al Oerter (1962-64), John Powell (1975-76) and Mac Wilkins (1976-79), plus last year's world number two performer Knut Hjeltnes. The result: victory for the ever formidable 43-year-old Oerter! His opening throw of 65.30m (further than he threw back in 1962, 1963 and 1964 when he was voted top athlete of this meet) remained inviolate, with Wilkins and Hjeltnes both throwing 65.02. Wilkins gained 2nd place on account of a superior second best of 64.16. "I'm as strong as I've ever been", said Al, "but I'm not as quick, and my technique isn't as good as the others. I'm only operating at 50% efficiency compared to them. Hopefully, I can still learn". In the pole vault Mike Tully and Earl Bell attempted a world record of 5.71m (18'8 3/4"), and both came close.

14.3. Ceres. HJ: Peacock (Jnr) 2.23. 23.3. Scotch Plains. DT: Swarts 65.20, Oerter 64.30. 28.3. Tucson. Women's SP: MEG RITCHIE 16.84/55'3" (UK record; not 16.80 as previously

reported). 29.3. Spokane. DT: 2, PETER TANCRED 57.46. 5.4. Tuscaloosa. 100: Floyd 10.35, Mallard 10.39; 200: Mallard 20.34, Smith 20.64, Floyd 20.74. 5.4. Scotch Plains. DT: Swarts 66.90, Oerter 63.66. 9.4. El Paso. PV: Jessee 5.59; HT: Farmer (Aus) 71.48. 10.4. El Paso. HT: Farmer (Aus) 70.44. 10.4. San Angelo. PV: Olson 5.48. 11.4. Knoxville. 10,000: (corrected result) Lindsay 28:21.4, Maree (SA) 28:21.5, TONY STAYNINGS 28:22.6, Butler (Can) 28:26.5 . . . 8, DAVE MURPHY 29:15.1; women's 3000: 2, Werthner (Can) 9:03.9. 12.4. Knoxville. 100: Floyd's 10.23 was windy, 400: Oliver 46.02, Walker 46.80, GLEN COHEN 46.90; 1500: 4, DAVE RAFFERTY 3:45.1; (B) 2, MARK SCRUTON 3:46.9; 3, MARTYN BREWER 3:47.4; 5000: JAMES CARROLL 13:50.6 . . . 6, ADRIAN LEEK 13:56.6; LJ: Rea 7.98; SP: Halldorsson (Ice) 20.39, Pauletto (Can) 20.09; JT: Olsen (Can) 81.96; women's 100: Fitzgerald 11.4 . . . 3, SHARON COLYEAR 11.7. 12.4. San Jose. 110H (B): Coffman 13.89; SP: 4, Laut 20.05; DT: 4, Wilkins 61.54. 12.4. Nashville. Women's 100/200: Morehead 11.19/22.38; 100H: Weekly 13.35. 12.4. Des Moines. Women's 100/200: Ottey (Jam) 11.0/22.8. 12.4. Jonesboro. PV: 3, Tully 5.33. 12.4. Long Beach. DT: RICHARD SLANEY threw 58.72 (not 59.94); women's 1500: MONICA JOYCE 4:25.8; DT: Griffin 59.56 (rec). 16/17.4. Walnut. Dec: Dixon 8088, Jackson 7872, Herbst 7840, PAN ZENIOU 7818 (11.1, 6.66, 14.35, 1.80, 51.1, 16.2, 43.14, 4.00, 58.42, 4:31.7), Mondschein 7810, Steen (Can) 7778, COLIN BOREHAM 7664. 18.4. Piscataway. 800: Paige 1:46.4, Hunter (RoI) 1:48.7; 110H/400H: Shine 13.8/49.8; women's 3000: Rowe 9:03.7.

18/19.4. Raleigh. 100/200: Williams (Can) 10.49/20.71. 18/19.4. Lawrence. 200: Mallard 20.2; 400: Hogan 45.38; 1500: Koskei (Ken) 3:38.9, Musgrave 3:39.5, O'Shaughnessy (RoI) 3:39.6, Slack 3:39.9; 400H: Lee 49.39; PV: Dial 5.31 (world age-17 best); TJ: Parrette 16.85w (legal 16.57), Owolabi 16.55w; 4 x 220y/4 x 440y: Philadelphia Pioneers 1:21.6/3:03.7. 19.4. Davis. HT: MATT MILEHAM 67.70. 19.4. Seattle. SP: Stover 20.38. 19.4. Spokane. 200: Kablan (Iv C) 20.7; HT: PAUL BUXTON 61.68. 19.4. Champaign. 5000: Virgin 13:45.5. 19.4. El Paso. 100: (+1.6m) J. Sanford 10.03, Deal 10.28; 200: Sanford 19.7; 400: Mullins 45.03, Green 45.39, Cameron (Jam) 45.85; 110H: Campbell 13.67; 400H: Schulting (Hol) 49.9; PV: Jessee 5.59; LJ: Doubly 8.00; HT: Farmer (Aus) 71.50; 4 x 100: USC 38.85. 19.4. Walnut. 100: (+2.8m) Glance 10.07, Lewis 10.16, LeJoncours (Fra) 10.29,

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PRIZES GALORE

Evans 10.32, Brathwaite (Tri) 10.33; (B) Yuan (China) 10.47w, Simons (Ber) 10.48, Panzo (Fra) 10.54; 200: L. King 20.68w ... 4, Hofmeister (Ger) 21.04; (B) McCullough 20.59w; 400: Oliver 45.41, Banks 45.82, Enyeart 46.40 ... 6, Bryan Saunders (Can); Andrea Lynch's husband) 46.79; 800: Boit (Ken) 1:46.2, Konchellah (Ken) 1:46.8, Gray 1:47.1; 5000: Geis 13:35.5, Macdonald 13:36.4, Plasencia 13:38.3; 110H: Cooper 13.70; 400H: King 49.24, Phillips 49.53 ... 5, Haas (Swi) 50.69; HJ: Page 2.21; PV: Tully 5.60, Bell 5.60, Bohni (Swi) 5.50 (eq rec), Hintnaus 5.50, Haynie 5.50 ... 9, P. Desruelles (Bel) 5.20; LJ: Myricks 8.18, Liu (China) 7.95 (rec), R. Desruelles (Bel) 7.69; TJ: Butts 16.47w, Garner 16.45w; SP: Summers 20.76, Laut 20.38, Dolegiewicz (Can) 20.05, Feuerbach 20.02, Oldfield 19.99, Pauletto (Can) 19.91; DT: Oerter 65.30, Wilkins 65.02, Hjeltne (Nor) 65.02, Powell 64.52, McGoldrick 62.68, Gardner (Isr) 62.56, Baughman 61.42, Swarts 60.48; HT: McKenzie 70.20; JT: Kennedy 81.86 ... 7, PETER YATES 74.10; women's 100: Fleetwood 11.30, Hopkins 11.30, Brown 11.31; 200: Pusey (Jam) 22.95w, Hopkins 23.17, VERONA ELDER 23.75, Bussmann (Ger) 23.81; 400: Rich 52.19; 800: Campbell 2:02.7 ... 3, JOYCE 2:07.1; 100H: LaPlante 13.16 ... 4, Dai (China) 13.68; HJ: Brill (Can) 1.86; SP: Shen (China) 17.59; DT: MEG RITCHIE 61.36, Griffin 59.08; JT: TESSA SANDERSON 61.02, Schmidt 59.10. 20.4. Walnut. Women's LJ: Innes 6.39, Weigt (Ger) 6.35. 20.4. College Park. Women's 400H: MAUREEN PRENDERGAST 61.72; SP/DT: Walton (Rol) 15.71 (rec)/50.06. 20.4. El Paso. PV: Jesse 5.64.

S. AFRICA: Charmaine Gale (16) 1.90m

5.3. Cape Town. Mile: Bonzet 3:58.0. 5.3. Bloemfontein. JT: Potgieter 86.94. 8.3. Cape Town. Mar: Rakabele 2:16.03. 10.3. Germiston. 100: Smit 10.3 ... 3, GREG COLIN 10.4; 200: Smit 20.4, COLIN 20.6; 10,000: 2, JULIAN MARSAY 30:39.5; HT: Barnard (37) 72.78; women's LJ: van Niekerk 6.55. 12.3. Pretoria. 100/200: Smit 10.2/20.2. 15.3. Johannesburg. 100: COLIN 10.35, Essmann 10.43. 15.3. Welton. Women's 800: de Kock 2:02.7 (eq rec). 16.3. Pietermaritzburg. Mar: Halberstadt 2:17.13, Rakabele 2:20.02. 17.3. Port Elizabeth. Women's HJ: Gale 1.88 (rec). 17.3. Potchefstroom. 100: Smit 10.1, COLIN 10.2; 200: Smit 20.3. 19.3. Pretoria. 100: COLIN 10.46; 200: Smit 20.56 (rec); 5000: MARSAY 14:17.6; JT: v. d. Merwe 82.54; 4x100: SA (COLIN 1st leg) 39.61 (rec). 21.3. Port Elizabeth. 100: COLIN 10.73, Smit 10.98; 200: COLIN 21.57; women's SP: van Heerden 15.98 (rec). 22.3. Bedford View. Half Marathon: MARSAY 1:07:23. 22.3. Pretoria. HT: Barnard 71.48. 24.3. Bloemfontein. 200: Smit 20.5; women's 100: Barnard 11.3 (rec); 400: de Kock 52.5; 4x800:

Continued on page 54



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THE 7th ANNUAL

BARNSELY SIX

(UNDER A.A.A. LAWS)

Sponsored by Barnsley Metropolitan Borough Council, The Barnsley Chronicle Newspaper, South Yorkshire County Council, The Paul Sykes Organisation, Mr Martin Brook of Brook and Company Limited and Polar Motor Group

SUNDAY, AUGUST 10th, AT 3.15 p.m. FROM BARNSELY TOWN HALL



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(Over 11 & under 13 on 1.4.80)

1.15 pm — BOYS

(Over 13 & under 15 on 1.4.80)

3.15 pm — THE GREAT RACE!

1.45 pm — YOUTHS

(Over 15 & under 17 on 1.4.80)

2.15 pm — THE LADIES SIX
including Team Race

(Under R.W.C.C. & R.W.A. Laws)

ENTRIES TO: 'BARNSELY 6', AMENITIES & RECREATION DEPT., 12/18 ELDON ST., BARNSELY S70 2JB. Tel: 86547. **CLOSING DATE: JUNE 7th, 1980. NO LATE ENTRIES.**
FEES: BARNSELY 6 & LADIES 6 — 50p. OTHERS — 25p. ALL TEAMS FREE.

Attention all runners! This great day of road racing requires tremendous organization, please help by **ENTERING EARLY.** **RECEPTION** (from noon onwards) in Barnsley College of Technology, Church St., just 200 yards from the Town Hall.

THE 'BARNSELY 6' IS ORGANISED BY BARNSELY ROAD RUNNERS CLUB

DON'T FORGET OUR MARATHON ON DECEMBER 7th

Tremendous 'Twenty' By John Graham

INTERNATIONAL STEEPLECHASER John Graham of Birchfield slammed a class field to win the North Staffs Road Runners Assn annual 20 miles road race at RAF Stafford on March 23rd in 1:39:14 to break the course record by over three minutes. Conditions were no less than appalling, the race starting in a snow storm and a freezing wind, the snow later turning to rain.

As the race settled down the leading bunch consisted of the Bishop twins, Graham, Andy Holden, Ian Stewart, Colin Taylor and Trevor Wright. Graham soon began to pile on the pressure, splitting the bunch up with only Holden able to keep with him. At 5M Graham passed in 24:50 followed by Holden (24:55), with Stewart and Wright already nearly 30 sec behind and running together.

Passing the start area with about 8 miles completed Graham and Holden were running together, with Andy — as light hearted as ever — requesting a pint of mild from the feed station. Wright and Stewart were now a full minute behind. On a hill just before the 10M point Graham made another effort to break clear of Holden and succeeded to reach '10' ten seconds clear in 49:05. Stewart and Wright passed in 50:46, Taylor and Fergus Gillies in 50:50.

As the runners passed the start for the beginning of the last lap Graham was 30 sec clear with 6 miles to go. He was followed by Holden, with Stewart, now running on his own a further 90 sec behind. He had been told to carry on by Wright who was going through a bad patch and had been passed by Taylor, who was now close to Stewart's heels. At 15M Graham, still looking as fresh as when he started, clocked 1:13:40, followed by Holden 1:14:35, Stewart and Taylor 1:16:38, Wright and Gillies 1:17:00.

Graham seemed to get ever stronger and pulled further away to finish in an incredible world-class time for the conditions. Andy Holden was also inside the old record, while Stewart (1:42:36) moved easily away from Taylor in what seemed to be more of a training run than race for him.

Tipton easily won the team race with Jim Wagstaff, having a tremendous last 6 miles, making up the team with Holden and Stewart. Eric Austin, 14th in 1:49:35, won the vets prize from Don Shelley and these two should have some good battles on the road this year.

In the women's race Christine Readdy, former UK marathon record holder who said that she cannot afford enough time to train for the longer races, won in 2:12:56 from 1970 Commonwealth 800m champion Rosemary Wright (2:18:09).

John Nolan

1, J. Graham (Birchfield)..... 1:39:14
2, A. Holden (Tipton)..... 1:41:36
3, I. Stewart (Tipton)..... 1:42:46

4, C. Taylor (A&SV) 1:43:52; 5, T. Wright (W&B) 1:44:00; 6, F. Gillies (Banb) 1:44:48; 7, E. Cameron (ESH) 1:47:15; 8, M. A. Bishop (Staffs M) 1:47:44; 9, M. Mountford (Staff) 1:48:01; 10, J. Wagstaff (Tip) 1:48:07; 11, A. Watt (Bramp) 1:48:15; 12, G. Nixon (Wrex) 1:48:54; 13, N. Deakin (Newc) 1:49:29; 14, E. Austin (Worc-V) 1:49:35; 15, R. Church (Nene V) 1:50:39; 16, J. Davies (Newc) 1:51:30; 17, A. Trowbridge (Dark P) 1:52:42; 18, D. Shelley (Newc-V) 1:52:48; 19, M. Kearns (Tip) 1:53:11; 20, D. Smith (Charn) 1:53:41; 21, R. Gibbard (Charn) 1:53:42; 22, R. Small (High) 1:53:50; 23, A. Richards (Tip) 1:54:17; 24, R. Stowell (Charn-V) 1:54:34; 25, R. Carp (Stoke) 1:54:51; 26, A. Rushmer (Tip) 1:55:08; 27, M. Weston (Wrex) 1:55:22; 28, A. Guttridge (B'burn) 1:55:23; 29, A. Mills (Newc) 1:55:48; 30, M. J. Bishop (Staffs M) 1:56:04; 31, G. Kay (Staff-V) 1:56:22; 32, G. Astill (Notts) 1:56:22; 33, M. Evans (Tip) 1:56:46; 34, M. O'Brien (Wrex) 1:57:09; 35, J. Mills (Spark-V) 1:57:29; 36, G. Ogden (High) 1:57:57; 37, E. Palmer (BH&M) 1:58:25; 38, D. Carr (Tip) 1:58:52; 39, E. Edwards (Spark) 1:59:13; 40, G. Weaver (Hales) 1:59:32. **Teams:** 1, Tipton 15; 2, Newcastle 48; 3, Charnwood 65. **(Women):** 1, C. Readdy (Stoke) 2:12:56; 2, R. Wright (W&B) 2:18:09.



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AAA Track Grading

THE GRADING system recently introduced, to be published in the Second Edition of "Facilities for Athletics (Track & Field)", takes into account four kinds of provision as under:

NATIONAL GRADE (synthetic)

- (1) A fully equipped 400m 8-lane track with a synthetic surface, full floodlighting, provision for all field events and steeplechase water jump within the barrier fence and able to accommodate 110m hurdles on a straight.
- (2) Adequate changing, washing, toilet and refreshment facilities for a minimum of 200 athletes and designed for maximum flexibility of use between male and female athletes, plus separate similar accommodation and facilities for up to 100 officials.
- (3) An officials' office, medical and dope testing rooms and provision for first aid.
- (4) An announcers' box with appropriate communications system.
- (5) Provision for press and broadcasting.
- (6) An adequate equipment room, stores and offices.
- (7) Accommodation for photo-finish equipment.
- (8) A covered stand capable of seating up to 1,000 spectators, with appropriate toilet and refreshment facilities.
- (9) Adequate permanent and temporary car parking space
- (10) Terracing of the perimeter to provide

additional spectator accommodation for 10,000-plus.

- (11) Certification of all lanes for 100m, 110m hurdles, 200m, 400m and relays.

REGIONAL GRADE (synthetic)

- (1) A fully equipped 400m 6/7/8-lane track with a synthetic surface (preferably floodlit), provision for all field events and steeplechase water jump within the barrier fence and able to accommodate 110m hurdles on a straight.
- (2) Adequate changing, washing, toilet and refreshment facilities for approximately 200 athletes with maximum flexibility of use between male and female participants plus separate similar accommodation for up to 100 officials and with equipment and first aid rooms and stores.
- (3) A small covered stand with announcers' box and an appropriate communications system.
- (4) Facilities for press and broadcasting which could be supplemented on a temporary basis.
- (5) Space for enlarging toilet, refreshment and car parking facilities, and terracing to cater for up to 10,000 spectators temporarily.
- (6) Certification of all lanes for 100m, 110m hurdles, 200m, 400m and relays.

COUNTY GRADE (non-turf)

- (1) An appropriately equipped 400m 6/7/8-lane track with full provision for all field events and steeplechase water jump, and able to accommodate 110m hurdles on a straight.
- (2) Adequate changing accommodation and car parking adjacent to the track.

LOCAL GRADE (non-turf)

- A 4/5/6/7-lane track, preferably 400m, with limited field events provision within the track or close by, and within reasonable distance of changing accommodation.
- OR A multi-sports area capable of having a temporary track marked and flagged, with an adjacent field events area for some or all field events, and within reasonable distance of changing accommodation.

It is hoped that clubs will encourage Local Authorities and Organisations (who are usually the providers), to apply for a track grading under the new requirements as soon as possible, particularly where major meetings are to be staged during the 1980 season. The Grading Questionnaire and requirements as above will be sent to persons in authority if the names and addresses to be contacted are sent to the Hon. Sec., AAA Facilities Committee, Mr. R. Bentley, Flat 1, Child Okeford House, Child Okeford, Blandford, Dorset DT11 8DX. Re-appraisal of a grading will take place at two-yearly intervals.

SHREWSBURY & DISTRICT AAC

(Under A.A.A. & W.A.A.A. Laws)

CARNIVAL ROAD RACE

(In aid of Cobalt Fund)

MONDAY, 26th MAY, 1980

5.2 Miles — Start 2.00 pm

Minimum age 16 years on the day

PRIZES: First 10 Individuals, first Lady, first Vet. O/40. Medals to first 3 teams (3 to score).

Entry Fee: 50p per athlete.

ENTRIES CLOSE 20th MAY, 1980

NO LATE ENTRIES

S.A.E. for details and entries to: G. A. Minshall, 96 Coton Mount, Shrewsbury, Shropshire SY1 2NH.

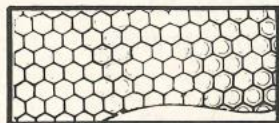


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THE UPS AND DOWNS OF SILVIO LEONARD

— By Ivan Berenyi

SILVIO LEONARD has had more ups and downs in recent years than the average Havana elevator. This is not such an exaggeration, because in the Cuban capital you are liable to meet a baffling sign, handwritten on cardboard and fastened to the lift-door by a piece of string, saying: 'the elevator is working'. The message is clear: if in Havana, you should not expect an elevator to work, just because it is there.

When it comes to top sportsmen, however, they are given top priority — and are firmly expected to produce medals and records in return. They do, almost invariably. The exceptions are few, but, unfortunately for him, sprint ace Silvio Leonard is one of them even though he has been in top-level contention for the best part of six years.

During that time, Leonard has become something of a controversial track figure. He has not won any of the major trophies, apart from the 200m in last year's devalued World Cup and a handful of Pan-American and Central American golds, yet it is perhaps justifiable to say that he has been the most dominant sprinter at 100m and one of the most prominent at the longer distance. He has baffled the track world with claims of mysterious injuries — only to appear strikingly healthy within days.

There is a curious double vision in the assessment of Leonard's career to date. Outside Cuba, he is seen as a talented if slightly inconsistent competitor with a suspect temperament. In Cuba, he is the best-known sportsman behind Alberto Juantorena and boxer Teofilo Stevenson and a celebrity in his own right, though opinions divide with regard to his abilities and personal traits. The Sports Ministry reckons he is a great athlete who is highly reliable and a prime exponent of the "ambassador in the track-suit programme" aimed at capturing the hearts and minds of the rest of Latin America, while the Cuban Athletic Association's muted view is quite different.

In 1979 Silvio Leonard was ranked 4th in the 100m with 10.11 and 10th on the 200m world list with 20.34 — rankings which are way below those of some previous years. Yet he was elected "Cuban sportsman for 1979" — an annual tribute he has earned for the first time. Furthermore, he is being firmly tipped to win the Moscow Olympic 100m, and tentatively to make the double, and these are predictions the usually very realistic Leonard agrees with himself — and

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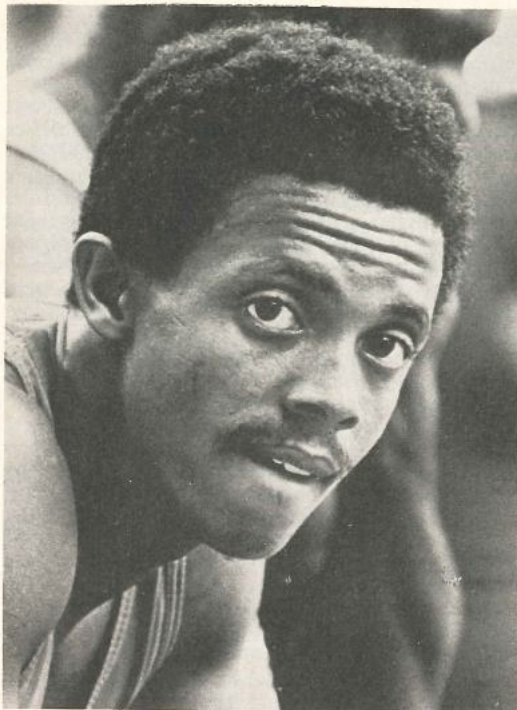
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Silvio Leonard pictured in Montreal last year.

Mark Shearman

which emanate from last year, i.e. before American participation became unlikely.

As things have turned out, Silvio must be accorded a clear chance to do well in Moscow, with the Americans now surely out of the race. But can he do it . . . or will he crack under pressure again? The outcome, just like Silvio's troubled track career, appears to be one of the great imponderables.

Silvio Leonard Tartalull was born on September 20th 1955 in the small village of Sierra Adelaidos, in the southern coastal province of Cienfuegos, into a poor carpenter's burgeoning family. By most accounts, he was the eighth child, but by the time he was 13 and his track talent was spotted the family tally had grown to 18. "There were times when there was no food at home at all, and we fought over scraps," he was to reflect when in the celebrity class. "But conditions were gradually improving; the revolution transformed all Cubans' lives."

Silvio was moved to Havana in 1969, to board and study in a sports school and train with the Rialdo Cordoba club, under coach Irolan Echeverria. A year later he ran 11.4 for 100m. It was the first time that he was timed, and the event was witnessed by erstwhile sprint ace Enrique Figuerola, dual Olympic silver medallist and by this time president of the Cuban Athletic

Association. "You will run the 100m below 10 seconds one day," Figuerola told the youngster.

In Havana, Leonard remained very much an outsider socially with his southern accent and provincial ways, but he trained and studied hard, becoming a model secondary school student and an overnight track star. By 1972 he was running 10.4 and 21.1, and in 1973 he clocked personal bests of 10.1 and 20.7 in winning a 100m gold and 200m silver at the Central American and Caribbean Games. In 1974 Silvio reached his full height of 1.73/5'8" and a weight of 60kg/132lb, which was to remain his competitive weight until 1977. He improved his bests that year to 10.0 in Havana and 20.2 in Berlin.

One of Silvio's problems has always been his weak physique, because of which he had for some time been subjected to more weight training than the other Cuban track stars. But for the winter of 1974/75, supremo Figuerola propagated an extra heavy-duty weight programme for all Olympic prospects. Alberto Juantorena, the 'Horse', is immensely strong and relished working out with weights. So did his close crony, hurdler Alejandro Casanas. Silvio, who hated weights, was the regular target of jokes and, determined to keep up with the others, he pushed himself too far. He was laid off for several weeks, which did not augur well for the busy pre-Olympic season, and he was to have persistently recurring back problems from then onwards.

World record equalled

Due to the over-exertion, Leonard kicked off the 1975 season later than usual and in low key at home, but by early June he was in Ostrava, Czechoslovakia, for the start of an East European tour which immediately brought him heaps of glory. He ran 9.9 for 100m and 20.1 for 200m, and the runner-up on both occasions was the come-backing Valeriy Borzov, beaten out of sight especially in the 200m. The 9.9 was confirmed by five timers, there was only a 1.75m wind, and Silvio became co-holder of the hand-timed version of the 100m world record . . . and Cuba's premier athletics star. An avalanche of telegrams arrived from Cuba, including one from Fidel Castro, and East Germany — the next place on the visiting list — was abuzz with excitement at the chance of seeing the new record holder in action.

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There were 22,000 spectators for the 13th Olympic Day meeting in East Berlin and a mighty ovation rose when Silvio Leonard limbered up for the 100m race. This flustered the Cuban youngster into a false start — his first in 41 competitions to that date — and he found himself two metres behind local light Eugen Ray when the race proper got under way. Soon the crowd was to go wild, because at the half-way mark Ray was still ahead by a whisker, and the unthinkable happened. Leonard, unbeaten since 1973, was eclipsed by a 17-year-old, virtually unknown East German hopeful. The times were modest, apparently due to the 2.2m headwind: 10.43 and 10.44.

"I got angry with myself after that silly false start, and blew my cool," Leonard told the East German press in the post-race interview. "My start has never been my strong point, anyway, and now I will have to work on it furiously to get it just right. But the main thing is to stabilise my form around the 9.9 mark. I will also aim to break the 20.0 barrier for 200m. When? Within a couple of months, perhaps while beating the Americans in the Pan-American Games, which is my priority for this year. In Montreal, I will win two medals for sure". The interview drew, predictably, a bad press, even within the confines of Comecon solidarity. The "I am the greatest" routine was adjudged untimely, and the lack of proper praise for Ray a slight.

The tour also included a 10.26 win in Bratislava against a 4.3m headwind and in cold weather, and a 200m race in Potsdam, where Leonard dropped out on the curve, claiming hamstring injury. While being examined, Leonard kept enquiring if he could count on being able to compete in the autumn Pan-Am Games. "I am sure you will. I don't see anything seriously wrong," the doctor was quoted as replying.

Silvio's mishaps continued at the Pan-American Games in Mexico in the autumn. He won the semi in 10.15, but immediately after the race claimed a recurrence of the Potsdam hamstring injury. Persuaded to start in the final, he won in front of Hasely Crawford, but on the run-in he fell into the ditch separating the pitch from the fans in the Aztec Stadium and was injured. Seriously, Silvio himself said; lightly, Figuerola declared. At Figuerola's insistence,

Leonard started in the relay though, led — and dropped out, due to apparent pains. By this time, all sorts of rumours were circulating about Leonard wanting his own 'dacha' in Cienfuegos, and playing up to get it, as well as about personality clashes within the Cuban athletics team, and their repercussions reaching the highest echelons of the Cuban government. That they were not totally without foundation could be deduced from a statement by Figuerola in which he talked obliquely about the need to eliminate "traces of artistic temperament" from athletes.

In pre-Olympic 1976, other rumours were flying about like so many straws in the wind. The Cuban press agency, Prensa Latina, put out a communique which said that Leonard's Pan-Am injury was very serious, but he had recovered and was in full preparation for Montreal. At the same time *L'Equipe*, the French sports daily, advanced a different version. This said that the Mexico injury was nothing serious, but upon return to Cuba Leonard started to suffer from such acute back-pains that paralysis was feared and an urgent operation decided upon, which proved highly successful. *L'Equipe* concluded by quoting coach Irolan Echevarria, who apparently said: "Silvio's recovery has been miraculous. We thought he'd never run again, but now it's sure that he will be there in Montreal."

Olympic mishap

He was, but to little avail. He arrived with a hand-timed 10.0 and an automatic 10.28, on the basis of which he was ranked 8th in the 100m in the pre-Olympic form guides. But then, before even entering the Olympic Arena, he apparently cut his foot on broken glass in the Olympic village. Accounts of this occurrence varied widely. The official version had Leonard step on a broken Coca Cola bottle, which was carelessly left lying around. But one thing is a fact: Leonard had to be persuaded to start, just as in Mexico. East Europeans lodging with the Cubans reported heated exchanges and a dismissive Leonard being followed by a bevy of officials, all talking to him and tugging at him.

On July 23rd, the first day of the Montreal Games, Leonard ran 10.62 in his heat, but was later eliminated in the second round, where he finished 5th with 10.59, fading badly from half-way and nursing his bandaged foot afterwards. He did not compete in the 200m, and was a mere spectator — hobbling around — from Day 2 to 6. Then, on July 30th, he was back in business, as anchorman for the Cuban 4x100m relay team, which he marshalled to the finals with 39.54 and 39.46 results, showing no visible signs of injury whatsoever. He ran in the final, too, where Cuba finished 5th in 39.01, and blamed himself subsequently for the team ending up medal-less. It was to be his last result for 1976 — his most disastrous year ever.

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Nothing was heard of Leonard for the 5½ months that followed the Olympics, where he was knocked off his pedestal as Cuba's top athlete by Juantorena's sweeping double success and the silver won by Casanas. But then, on January 1st, 1977, Prensa Latina issued a very strange bulletin indeed. It kicked off by giving Leonard's new address in Cienfuegos, and stated that Leonard was "not at his peak either psychologically or physiologically" in Montreal to fight the 100m opposition which he had so emphatically eclipsed at the 1975 Pan-American Games in Mexico. But now — the bulletin went on — Leonard has re-set his sights on the 1980 Moscow Games, where he will aim to emulate his idol, the legendary Figuerola. Then the bulleting quoted Figuerola as saying "Juantorena's heroic results gave new heart to Silvio Leonard, and he has now pledged to work with all his strength towards a good performance in the Moscow Games".

The gem caused muffled titters throughout East Europe, followed by diverse interpretations of the gobbledegook inherent in it. Two of the assumptions that circulated widely — that Fidel Castro personally intervened to get Leonard off the hook, and that a deal was worked out, including a Cienfuegos town house for Leonard, over Figuerola's objections — appeared to have been subsequently confirmed. Clearly, Silvio Leonard finally got what he wanted.

In 1977, Leonard ran 10.0 in mid-March in Havana, and was then thoroughly drubbed in

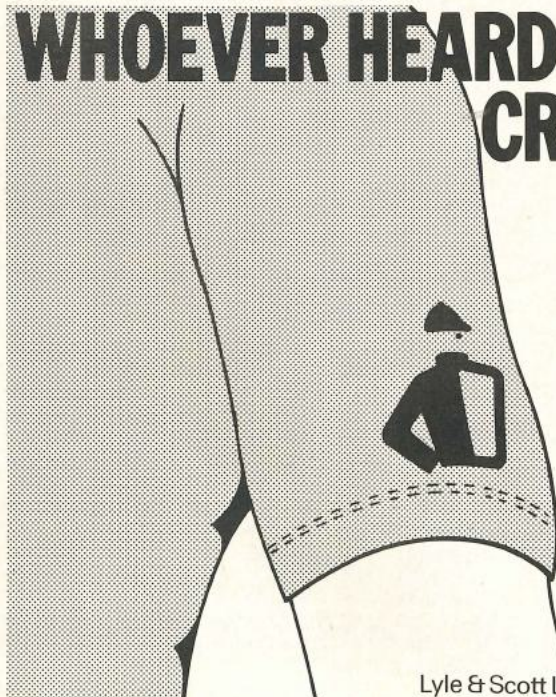
mid-May in Kingston, Jamaica, finishing a lowly 6th in the 100m with 10.46, and 3rd behind Don Quarrie and Steve Williams in the 200m with 20.81. Barely a week later he ran 9.9 and 19.9 in the Barrientos Memorial in Havana — an event attended by Castro — which led to speculation about the validity of those hand-timed Havana results.

In June 1977 Silvio — now weighing in at 69kg/152lb — was back on the East European circuit after a two-year absence. He clocked his best electronic time (10.18) at Ostrava, and then proceeded to East Berlin, for a repeat of the duel with Eugen Ray, who had in the intervening 24 months developed into East Europe's No 1 sprinter. But then, suffering from the cold weather, Silvio pulled out of the race, letting Ray get on with it in indifferent company.

Leonard subsequently won in 10.20 in Bydgoszcz and took care of Clancy Edwards with a 20.77 200m in Warsaw. In Guadalajara, at high altitude, he clocked the spectacular times of 9.98 and 20.08 to win both World Cup spots in the team of the Americas. These wins were particularly satisfying, because in scoring them he defeated the Olympic champs. Leonard had terrific starts on both occasions. In the 100m, Crawford gave chase until the 60m mark but faded; in the 200m, Quarrie closed the gap by 150m, but could not shake free and lost in 20.11.

In the final of the Central American and Caribbean Games in Jalapa, another Mexican

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location but this time at sea-level, Leonard ran 10.48 and lost to Crawford (10.38), and in the Universiade in Sofia he won the 100m with 10.08 but lost to Edwards (20.46) in the 200m with 20.64.

In a pre-World Cup press conference, Silvio Leonard now sounded a mature, level-headed athlete at 22. "I rate my Sofia 10.08 higher than the 9.98 at 1600m above sea-level," he said. "The 100m is still my staple; I have to be in superb condition to run a big 200m — which I am not in at the moment. The double here in Dusseldorf? I don't think so. The American will probably be hard to beat in my present form in the 100m, and there is Ray, and in the 200m there is Mennea and Edwards. I'll get medals at both distances. My idol? Why, who else but Figuerola, president of our association . . ."

The assessment was good. Silvio finished third at both distances, clocking 10.19 behind Williams and Ray and 20.30 behind Edwards and Mennea, respectively. But just a week later, when it really counted for him, Silvio won in 10.03 and 20.52 in the Spartakiad in Havana, attended by Castro.

Silvio was in slightly indifferent form early on in the 1978 season, and Figuerola sounded off about Osvaldo Lara becoming a challenge for him soon. But Silvio dodged a mid-March meet with Lara, running 400m instead and winning in 46.2. Then he journeyed to Kingston to erase the memory of the previous year's fiasco, and won the 100m in 10.19 in front of Quarrie, Gilkes and



Victory in the 1979 World Cup 200 metres.

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Williams. In the mid-summer Central American and Caribbean Games he completed the double (10.10 and 20.49) in Medellin, Colombia, and though there were a couple of slight mishaps, like his 2nd place to Houston McTear in the 100m and 4th in the 200m in Los Angeles, he doubled in the Universiade in Havana and then beat Olympic champ Crawford again in London with 10.26. Silvio achieved his year's bests in Havana, clocking 10.08 and 20.06.

Leonard was pushed further back on the 1979 world lists — but, again, he kept his end up with remarkable consistency where it counted. He won the March season-opener with 10.0 in Havana, made the double in the Pan-American Games (10.13 and 20.37) in San Juan, repeated the performance in Quebec (10.20 and 20.54) in Cuba's first foray as a team into North America and took the 100m gold in the Moscow Spartakiad with 10.30. In the World Cup, he was well beaten with 10.26 in the 100m by James Sanford (10.17), but took the 200m gold in style with 20.14.

For 1980, the top priority assigned to Silvio Leonard is to win the 100m, and if possible the 200m as well, at the Moscow Olympics. Will he win, helped by the absence of the Americans? Only time will tell.

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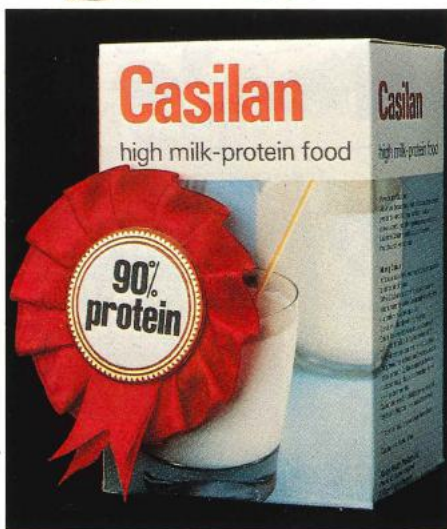
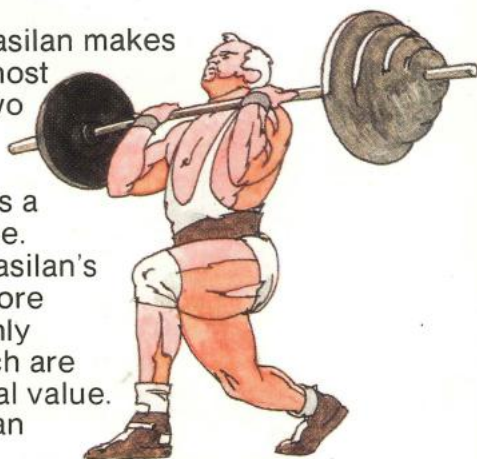
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100 METRES

11 12.2	Jane Parry (17.11.64)	11.9.76
12 11.92	Jane Parry (17.11.64)	20.8.77
13 11.9	Sonia Lannaman (24.3.56)	9.8.69
14 11.7	Helen Barnett (13.5.58)	20.9.72
15 11.7	Linsey MacDonald (12.2.64)	22.5.79
16 11.45	Sonia Lannaman (24.3.56)	1.9.72
17 11.4	Sonia Lannaman (24.3.56)	30.6.73
18 11.3	Sonia Lannaman (24.3.56)	9.6.74
11.3	Heather Hunte (14.8.59)	16.7.78
19 11.27	Kathryn Smallwood (3.5.60)	12.9.79

200 METRES

11 25.4	Jane Parry (17.11.64)	11.9.76
12 24.2	Jane Parry (17.11.64)	28.5.77
13 24.05	Jane Parry (17.11.64)	16.7.78
14 23.8	Janis Walsh (28.3.60)	23.6.74
15 23.42	Deborah Bunn (12.10.62)	17.6.78
16	Inferior to age-15 best	
17 23.22	Kathryn Smallwood (3.5.60)	17.7.77
18 22.99	Kathryn Smallwood (3.5.60)	8.8.78
19 22.70	Kathryn Smallwood (3.5.60)	12.9.79

400 METRES

14 56.19	Angela Piggford (17.8.63)	9.7.78
15 52.62	Linsey MacDonald (12.2.64)	14.9.79

16 Inferior to age-15 best

17 52.3	Marilyn Neufville (16.11.52)	4.7.70
18	Inferior to age-17 best	
19 51.77	Donna Murray (1.5.55)	30.7.74

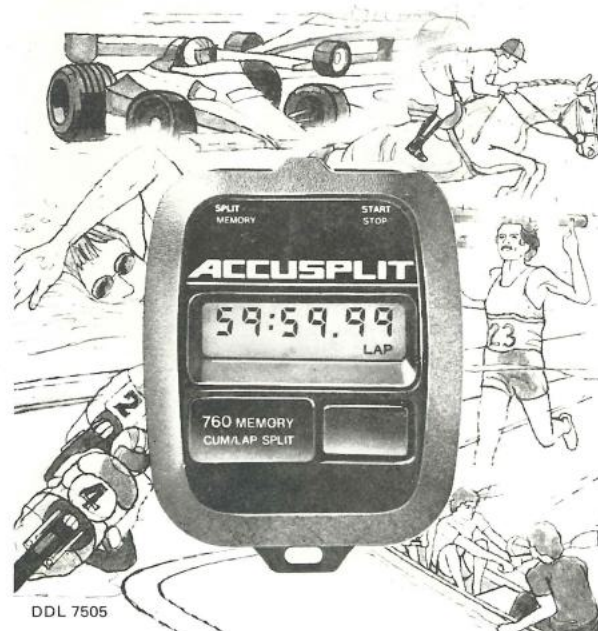
800 METRES

11 2:22.0	Amanda Alford (25.7.64)	2.6.76
12 2:14.8	Janet Lawrence (9.12.58)	10.7.71
13 2:10.1	Lesley Kiernan (9.8.57)	9.7.71
14 2:08.8	Alison Clifford (24.7.62)	16.7.77
15 2:05.5	Louise Parker (25.7.63)	24.6.79
16 2:02.0	Josephine White (7.12.60)	13.8.77
17	Inferior to age-16 best	
18	Inferior to age-16 best	
19 2:00.6	Jane Colebrook (8.11.57)	9.7.77

1500 METRES

11 4:47.5	Amanda Alford (25.7.64)	16.6.76
12 4:40.7	Amanda Alford (25.7.64)	2.7.77
13 4:31.5	Amanda Alford (25.7.64)	22.7.78
14 4:29.6	Lynne Macdougall (18.2.65)	16.7.79
15 4:17.1	Sandra Arthurton (24.7.62)	16.7.78
16 4:15.6	Sandra Arthurton (24.7.62)	29.7.78
17 4:14.7	Mary Stewart (25.2.56)	2.2.74
18 4:13.4	Wendy Smith (5.11.59)	19.8.78
19 4:13.1	Wendy Smith (5.11.59)	3.6.79

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Tim Pike

3000 METRES

14	9:38.2	Amanda Alford (25.7.64)	7.3.79
15		Inferior to age-14 best	
16		Inferior to age-14 best	
17	9:15.8	Ruth Smeeth (19.6.60)	11.6.78
18		Inferior to age-17 best	
19	9:13.0	Bernadette Madigan (11.2.60)	30.6.79

75 METRES HURDLES

12	11.9	Cheryl Cox (28.12.58)	4.9.71
13	11.2	Joy Bowerman (8.8.58)	7.7.72
14	11.0	Wendy McDonnell (21.11.60)	31.8.74

80 METRES HURDLES

14	11.4	Diane Leek (27.6.63)	27.5.78
15	11.3	Susan Scott (17.9.51)	11.8.67
16	11.0	Wendy McDonnell (21.11.60)	20.8.77
17	10.8	Ann Wilson (29.9.49)	2.8.67
18	10.8	Ann Wilson (29.9.49)	29.6.68

100 METRES HURDLES

15	14.3	Jane Long (2.4.58)	2.9.73
16	13.98	Claire St. John (25.10.62)	11.8.79
17	13.65	Wendy McDonnell (21.11.60)	3.6.78
18	13.5	Christine Perera (11.10.49)	19.7.68
19	13.41	Shirley Strong (18.11.58)	10.8.78

200 METRES HURDLES

14	29.3	Diane Leek (27.6.63)	27.5.78
15	28.4	Deborah Baker (15.9.62)	3.6.78
16	26.68	Sharon Colyear (22.4.55)	16.7.71

400 METRES HURDLES

14	66.5	Frances Weston (20.5.63)	30.4.78
15	61.5	Julie Lindsey (15.1.64)	1.9.70
16	61.33	Denise Kiernan (27.3.61)	17.7.77
17	59.9	Denise Kiernan (27.3.61)	6.9.78
18	59.00	Diane Heath (29.4.57)	19.7.75
19	58.86	Susan Dalgoutte (7.11.59)	8.9.79

HIGH JUMP

12	1.68	Julia Charlton (23.5.66)	6.8.78
13	1.79(i)	Julia Charlton (23.5.66)	24.2.80
14		Inferior to age-13 best	
15	1.80	Susan Brown (18.8.63)	28.7.79
16	1.81	Barbara Simmonds (6.10.61)	22.7.78
17	1.86	Barbara Simmonds (6.10.61)	9.9.79
18		Inferior to age-17 best	
19	1.86	Ann-Marie Devally (13.10.59)	12.8.79

LONG JUMP

11	5.07	Lynn Martin (2.7.58)	25.6.70
12	5.71	Sandy French (17.9.63)	20.8.76
13	5.86	Sandy French (17.9.63)	27.8.77
14	5.98	Sandy French (17.9.63)	22.7.78
15	6.07	Susan Hearnshaw (26.5.61)	12.9.76
16	6.25	Susan Hearnshaw (26.5.61)	9.7.77
17	6.40	Susan Hearnshaw (26.5.61)	11.8.78
18	6.68	Susan Hearnshaw (26.5.61)	22.9.79
19		Inferior to age-18 best	

SHOT (3.25 kilo)

12	12.20	Susan King (9.10.64)	3.9.77
13	12.72	Susan King (9.10.64)	6.8.78
14	14.27	Susan King (9.10.64)	19.5.79

SHOT (4 kilo)

14	12.49 (i)	Cynthia Gregory (17.4.64)	13.1.79
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Caerwys Show & Sports, 1 Park Grove, Caerwys,
Mold, Clwyd CH7 5BX.

Sports Aid Foundation

15 13.03	Susan King (9.10.64)	1.3.80
16 13.94	Jennifer Bloss (25.3.51)	13.5.67
17 14.22	Judith Oakes (14.2.58)	23.8.75
18 15.94	Judith Oakes (14.2.58)	12.6.76
19 16.74(i)	Judith Oakes (14.2.58)	11.2.78

DISCUS

12 33.86	Fiona Condon (21.1.61)	13.10.73
13 38.24	Iona Doyley (18.6.66)	11.8.79
14 40.92	Sandra McDonald (14.2.64)	24.6.78
15 45.04	Sandra Lee (1.2.64)	2.6.79
16 46.72	Fiona Condon (21.1.61)	30.7.77
17 47.64	Fiona Condon (21.1.61)	17.6.78
18 49.60	Fiona Condon (21.1.61)	3.6.79
19	Inferior to age-18 best	

JAVELIN

12 33.36	Joanne Harding (12.4.64)	13.3.77
13 39.42	Jacqueline Brown (4.12.61)	26.7.75
14 44.76	Yvonne Gregory (12.7.60)	11.5.75
15 46.20	Sara Fry (19.1.62)	20.8.77
16 48.38	Maxine Jervis (12.8.61)	15.7.78
17 53.88	Fatima Whitbread (3.3.61)	27.5.78
18 58.20	Fatima Whitbread (3.3.61)	25.8.79
19	Inferior to age-18 best	

JUNIOR PENTATHLON (with 800m)

12 2841	Chris Sewell-Alger (17.5.64)	1.5.77
13 3134	Karen Glen (22.3.64)	23.7.77
14 3399	Wendy Laing (29.12.62)	23.7.77

INTERMEDIATE PENTATHLON (with 800m)

14 3419	Sarah Rowe (13.8.63)	17.6.78
15 3781	Kim Hagger (2.12.61)	23.7.77

SENIOR PENTATHLON (with 800m)

15 3842	Kim Hagger (2.12.61)	10.9.77
16 3908	Kim Hagger (2.12.61)	17.6.78
17 4028	Judy Livermore (4.11.60)	17.6.78
18 4090	Judy Livermore (4.11.60)	26/27.5.79
19 4292	Yvette Wray (18.10.58)	28.5.78

FLEET & CROOKHAM A.C. PETER DRIVER MEMORIAL ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 1st JUNE, 1980
AT CALTHORPE PARK, FLEET, HANTS.

2.00 p.m. Girls	1 1/2 Miles
2.20 p.m. Junior Ladies	1 1/2 Miles
2.40 p.m. Colts (U/14 on 1.4.80)	2 Miles
3.00 p.m. Boys (U/16 on 1.4.80)	2 Miles
3.20 p.m. Senior Men	4 Miles
3.20 p.m. Senior Ladies	4 Miles

AWARDS: 1st 3 Inds. and 1st 3 Teams (3 to score) in each race. Trophies to 1st Ind. and Team in BOYS and SENIOR MEN'S event.

THIS YEAR'S RACES ARE SPONSORED:

ADDITIONAL PRIZES ACCORDING TO ENTRY.

ENTRIES: 40p Ind., no Team fee, by **Saturday, 24th May**, to Dave Hall, 2 Lorraine Road, Camberley, Surrey. S.A.E. for acknowledgement and details. Late entries or entries on the day: 60p.

ANOTHER TEN track and field athletes have been awarded International Grants by Sports Aid Foundation. This brings the number of athletes grant-aided by the SAF since October 1978 to 161 — the largest contingent of all the 50 sports receiving financial assistance from the Foundation.

The new awards have been made to: Alan Bell (Wakefield), Steve Emson (Tipton), Roger Hackney (Aldershot F&D), Christopher Maddocks (Dawlish), Roger Mills (Ilford), Gillian Adams (Aldershot F&D), Diane Heath (Stretford), Susan King (Essex Ladies), Susan Longden (Essex Ladies) and Louise Parker (Lakeland).

SAF have now awarded grants totalling £900,000 since becoming fully effective four years ago, and the Foundation are striving to take this figure beyond the million pound mark before the year is out. They have been greatly encouraged in their fund-raising by the Olympic and other skating successes of Robin Cousins. He said at a recent Press Conference: "I could not have achieved what I have without the assistance from the Sports Aid Foundation".

Cousins was the first to be given one of the newest Elite Grants when chosen for the Sir John Cohen Memorial Award early last year. This class of grant provides extra financial aid for food, travelling cost, etc. for amateur competitors their national associations consider medal-winning prospects for Olympic or World Championship events.

Eight from track and field are receiving SAF Elite Grants — Tessa Sanderson, Geoff Capes, Sebastian Coe, Brendan Foster, Mike McLeod, Dave Moorcroft, Daley Thompson and Allan Wells.

Elite and International Grants are divided into two categories: (1) Ongoing grant (maximum term two years) subject to review every three months; and (2) Single grant of one payment for a specific purpose.

Sports Aid Foundation addresses to note:

London: Sports Aid Foundation, Nestor House, Playhouse Yard, London EC4V 5EX.

Scottish-SAF: 11 Market Street, Edinburgh.

SAF-Northern: County Court Building, Hallgarth Street, Durham DH1 3PB.

SAF-Yorkshire & Humberside: Coronet House, Queen Street, Leeds LS1 2TW.

SAF-East Midlands: 39/41 Loughborough Road, West Bridgford, Nottingham NG2 7LJ.

SAF-Southern: Watlington House, Watlington Street, Reading, Berks RG1 4RJ.

SAF-South West: Ashlands House, Ashlands, Crewkerne, Somerset TA18 7LQ.

Roy Moor

INTERVIEW WITH KATHRYN BINNS

By Pat Butcher

What did you think about this year's National?

I was very pleased to be fourth. It was a hard race for me — the course was terribly muddy, and we had to cross a stream four times. There were also a couple of hills, and the finish was rather ploughed up. I was running fifth for most of the race, but Wendy Smith faded and I passed her. I'd quite like to have beaten Regina (Joyce) for third, but I just wanted to make the team for Paris basically, since I'd been ill beforehand, and hadn't done too well since Christmas.

What was wrong?

I had what I thought was a cold, but which turned out to be bronchitis. I'd carried on training hard, and eventually had to take a week off work, although I continued to train very lightly.

Well, the National was a real cross-country course, not like Paris. In fact, you were a bit doubtful about running the World Champs because of a foot injury, weren't you?

Yes — that came on a week before Paris. It's a recurring thing with me, and I think a lot of athletes get it. In fact it's hurting a little right now. It's just under the arch, and basically it's just bad bruising that you have to run through. But on the Wednesday before Paris, it was so bad I literally had to stop running. It tightened up like cramp, but in the race I couldn't feel it at all.

How did the race go for you?

Well, the start was very confused — we were still deciding where to stand in the pen when the gun went, so it became a free-for-all. I didn't have a particularly good start, but I don't often do. I fairly soon caught up though, because I knew I wanted to get to the front, or as close as possible, and then run as fast as I could until I ran out of steam — which is what I did really.

Is that how you normally race?

Yes, it is — I don't like to pick my way through the field. Just round the bend from that start I'd got into the first three, and I was waiting for Grete (Waitz) to come past — yet she was already away by then, I hadn't even seen her. Then I just ran till I got overtaken. Penny (Forse) passed me just before the finish, but I was pleased with ninth, although I thought I hadn't dropped that far.



Mark Shearman photo

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Kathryn Binns running with Joyce Smith in the first women's 10,000m track race to be held in Britain, at Copt-hall on February 27th. "We had no idea of how to go about it", she confesses, but she did record the promising time of 33:33.7. "After the race I wasn't even tired like I am after training".

Peter Tempest

How did the others feel about their placings?

I don't think Ruth (Smeeth) was too unhappy with her 19th position, because she'd been in the late forties the previous year. And Sandra (Arthurton), was happy enough with 14th, because she thought that we had another lap to do.

(Perhaps this is something that team managers

might make a note of for future World Champs. Neither did Nick Rose know that there was a lap counter, a factor which probably contributed considerably to his losing the men's title — P.B.)

Did anyone stay with you in your 15:49.6 5000m at Stretford in early April?

No, not really. There were two of my teammates from Sale, and two other girls, that's all — and I won by over a lap from Sue Walker.

And you beat Joyce Smith fairly easily in the inaugural women's 10,000m at the end of February?

Yes, but neither of us had trained for it — and it was a sort of fun-run, because we had no idea of how to go about it. We chatted our way round the first lap in about 90 sec — but after the race I wasn't even tired like I am after training.

So, if you really wanted to have a go, how much faster do you think you could run the distance? — A minute?

Oh yes, I should hope so — considerably faster than 33:33.7 anyway. But, to go back to the 5000m, I was pretty tired after that; I really felt like I'd raced. But I still think I could go faster over that distance too.

With some competition I should think that's inevitable. Now what about that marathon last year at Sandbach?

I only ran it really because it was the first time that there had been a student marathon championship, and I thought there would be a lot of students — and in fact there weren't. It was a bit like the 10,000m really, I ran with Joyce for a while because I wasn't sure of how to take it. After a while I dropped back, because the others (Joyce, Gill Adams and Carol Gould) had trained

BEDFORD & COUNTY A.C. YOUNG ATHLETES MEETING

(Under A.A.A. & W.A.A.A. Laws)

MONDAY, MAY 26th, 1980
AT NEWNHAM TRACK, BEDFORD

Commencing at 11.00 a.m.

Minor Girls — 100m, 200m, 800m, L.J.

Junior Ladies — 100m, 200m, 800m, 1500m, L.J., H.J., Shot, Javelin, Discus.

Inter Ladies — 100m, 200m, 400m, 800m, 1500m, L.J., H.J., Shot, Javelin, Discus.

Colts — 100m, 200m, 800m, 1500m, H.J.

Boys — 100m, 200m, 400m, 800m, 1500m, 3000m, L.J., H.J., Shot, Javelin, Discus.

Youths — 100m, 200m, 400m, 800m, 1500m, 3000m, 1500m S/C, L.J., H.J., Shot, Javelin, Discus.

Trophies — 1st, 2nd and 3rd in all events.

ENTRY FEE: 30p per event.

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ENTRIES CLOSE 13th MAY, 1980
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No more marathons for another three or four years

specifically for the marathon, whereas I hadn't. I thought of dropping out after two laps (out of three), but kept going, and a couple of miles from the end I started running with a fellow I know, and we just plodded in together. That was one aspect that I enjoyed — because it was a mixed race, I was never out on my own. There was always someone to run with.

But you're not contemplating running another marathon for some time?

No, not until three or probably four years' time. I will eventually turn to marathons, but then I'd train specifically for them, and expect to do a better time.

How did you feel after Sandbach? Were you stiff?

No, I don't think women do get stiff like men. I had a day off afterwards, but that was because my stomach was a bit churned up, but otherwise I just went straight back into training. Now I didn't run too well for a while afterwards, but since I'd only just got back into full training after exams, I wasn't sure if it was the marathon or the extra training. I couldn't tell.

Those exams were your Finals. Now that you've got your degree, and are working, do you plan to stay in London?

Yes, my job's here and I've got friends in London. I'm quite used to it now.

But you'll remain a member of Sale Harriers?

Yes, I don't want to join a London club, because it's not necessary. Sale are in the top ranks for competition, and my coach Alan Robertshaw is there. I don't see any reason to leave.

Tell me about your work, and how you fit in your training?

I'm an Economic Assistant at the DHSS. A lot of my work is involved with costing and investment appraisals. I train twice a day; that goes back to my last year at school. Alan said I should do at least 20 miles a week, and I thought I could never do it in just one session a day. As it turned out, all it meant then, was doing about two miles a time. Nowadays, I get up and run 3¼-5 miles in Hyde Park and Green Park at about 7.30 am Monday to Friday. In the evening I train around 6-6.30 pm. In the winter I alternate



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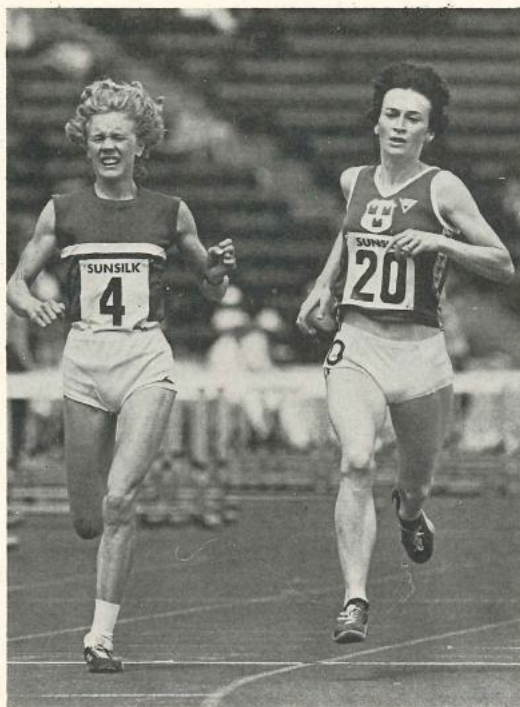
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Kathryn set a personal best of 9:13.4 in last year's WAAA 3000m championship but victory went to Ireland's Deirdre Nagle in a tight finish.

George Herringshaw

steady 6M runs with 25 min Fartlek, and I do one track session — either 8 x 400m (70 sec), with two minutes jog between, or 10 x 300m. What with exams I've never really done a planned summer's training. This year I would hope to do up to four track sessions per week; for example this evening I shall do 3 x 1000m (3:10) with 30 sec rest, then 200m fast after each one, then five minutes jogging between. Further into the summer I shall cut down the distance and do more reps. But, on the whole, this summer is very much experimental.

How do you fit in your social life when you train until around 7.30-8.00 pm in the evening?

I'll sometimes go out for a drink in the evening after training, especially when I train with others at the track. I like theatre a lot, and if I've got tickets I train in the lunch-hour, so that I'll have my evening free. But I'm tending to train more during the week now, so that when I'm not racing on Saturday I take the day off to socialize, or simply to do my shopping or washing etc. Recently I've got to know a lot more athletes in and around London, and tend to see more of them. I'm quite happy to go out with other athletes, as long as we don't talk athletics.

When did you begin running?

Running was just one of the half a dozen sports that I did at school. Until 1975, when I finished in the thirties in the Senior Girls English Schools cross-country. I joined Sale (at 17) on the advice of one of the teachers, Richard Aspinall, and started training a couple of times a week. I did 400m then, and my best time (60.3) still dates back to '75. For the English Schools the following year I expected to get in the first three, but in fact finished sixth. I was also fifth in the English Schools 1500m that summer.

What other best track times do you have?

My best 800m is 2:13.7 back in 1976. My 1500m is around 4:28, from last year, and my 3000m is also from '79 at 9:11.2.

So without an Olympic 3000m you have no interest in Moscow.

None at all. On the other hand, there is a Women's World 3000m champs this summer in Holland. The standard is 9:10, but like with the Olympics the British Board have set a tougher mark of 8:55, which is reasonable if you think that it is going to be won in around 8:30-8:40.

How close to 8:55 do you think you can get?

I think I can do in the low nines, although evidently I'd like to break nine minutes. I shall do the trials, the first of which is in conjunction with the Olympic Trials at Crystal Palace, and another one three weeks later.

The Olympic 1500m trial is separate at Meadowbank. Will you run in that?

I don't know — I don't think so. I'd like to get my time down, because I might find myself in the ludicrous situation of doing my fastest 1500m during a 3000m.

Indeed! So, the accent this summer will be on the World 3000m?

Yes. I'll do the odd road race, but just enjoying them as they come up. There's another reason for wanting to go to the World 3000m champs. For

OXFORD CITY A.C.

(Under A.A.A. & W.A.A.A. Laws)

OPEN GRADED MEETING

Iffley Road Track, Oxford

WEDNESDAY, MAY 21st, 7 p.m.

7.00 p.m. 400m Hurdles — Women

7.10 p.m. 400m — Men & Women

7.30 p.m. 3000m — Women

7.45 p.m. 75m Hurdles — Girls, Juniors, Colts

8.00 p.m. 1500m — Boys, Inters

8.00 p.m. 1500m — All ages Men & Women

8.40 p.m. 3000m S/C — Senior, Junior Men & Vets.

Fees: 30p O/17, 15p U/17. Entries to: Graded Meeting Organiser, 281 Iffley Road, OXFORD, stating name, address, club, date of birth and best recent performance.

NO ENTRIES ON NIGHT

those who don't make the final, there'll be a 5000m race. So getting selected will ensure either a class 3000m final, or a good 5000m competition. But, having said that, it still remains to get selected — and the only girls who've gone near 8:55 have been Chris (Benning) and Paula (Fudge). Ann Ford too, but I don't think she'll be in contention this year. It might just end up with two girls going. Breaking nine minutes might possibly be considered, but anything over nine won't, I don't think.

It's a pity someone couldn't be sent just for the 5000m. How does that 15:49 figure on the world list?

I've no idea — I'd be quite interested to find out. The 10,000m ranks me 5th for the time being, but both distances are so underdeveloped.

The thing that really interests me is that, with your 5000m/10,000m and 10M times, and if you trained for it, I reckon you could get down towards 2:30 for the marathon. I mean, watching you in cross-country races I think they're mostly too short for you.

Yes, I would say that 5 miles is probably more my distance at the moment, fives and tens. I don't particularly like the track, even though I'm going to do the 3000m. If 5000m/10,000m becomes common I suppose I'll stay on the track longer to do them, because I think I'd be quite reasonable over those distances. I'd like to do more 10M races for example, because I enjoy them. The only trouble is, if you get a decent time, in every one you run afterwards people expect you to break a record or do a great time, whereas I like to run them for enjoyment. Sometimes it makes a change from training by yourself, to run a 10M race. Evidently I'd run hard, but I needn't have to go for a record. I think it's a pity in a way. I've done a reasonable 'ten', but the next one I run, people will be expecting me to do a faster time, when all I might want is to run one for enjoyment.

But, don't you think that's inevitable. These

WIRRAL A.C.

BIRKENHEAD PARK ROAD RACES

(Under A.A.A. Laws)

WEDNESDAY, JUNE 4th

7.00 p.m. Colts 2 Miles Race (12 or 13 on 1.4.80)

7.20 p.m. Boys 2 Miles Race (14 or 15 on 1.4.80)

Awards: First three in each race.

7.45 p.m. SENIOR FIVE MILES RACE

Prizes: First 12 individuals

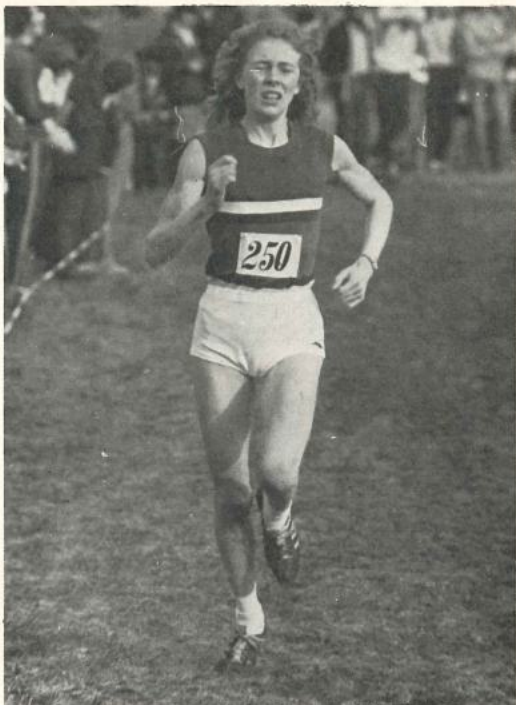
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Entries to: L. J. Carroll, 1 Cumberland Avenue,

Birkenhead, Merseyside L43 0RY. (Tel. 051 608 4647).

SAE if acknowledgement or travel details required please. **Fees:** Seniors 40p, Colts and Boys 20p.

CLOSING DATE WEDNESDAY, MAY 28th



Victory in the 1979 English CC Championship.

Eric North

are new distances for women, it's virtually unbroken ground. And since you're one of our top middle/long distance runners, people are going to expect these improvements.

I suppose so. I mean, they'll get reasonable times obviously, even if I'm just enjoying the race. But I think I like them, because they are different distances, and so far the pressure isn't on in a sense. But pressure does begin as soon as you do a good time, so you have to look around for a different distance, like a 12M. Just do it for a laugh. But then you end up doing a good time, and it's the same process. It's becoming increasingly hard to find an enjoyable run really.

That's very much your situation regarding your 2:47 marathon?

Yes, but there I'll expect to do better myself, because for the next one I'll train for it. But I don't want to do one for a while, because I think you can get locked into them, and that would be the end, because you'd get slower over the other distances. So I might as well concentrate on the shorter runs.

I suppose the other extreme would be Leslie Watson. I've heard people criticising her for doing so many marathons.

I would think Leslie could do a much better

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375 — A waffle type sole with four width fittings, Slim, Medium, Broad and Extra Broad. 5½ **£21.70**, 6-12 **£24.95**.

KARHU

CHAMPION — A training shoe with the unique air cushioned sole. 4-5½ **£19.10**, 6-11 **£21.95**.

BOSTON — A lightweight trainer/racer. 5½ **£20.36**, 6-11 **£23.40**.

JUST ARRIVED — ADIDAS CLOTHING

MENS SHORTS — THE SPRINTER (with the built in 'jock'). Black, Red or Royal, all with white stripes. White with royal. **£6.75** (please state waist size).

MENS VESTS — in cotton/polyester. White/royal or Black/white. **£4.50**.

ADIDAS TEE SHIRTS

ROUND NECK — The 'original' design. White/navy, Sky/navy, Black/white and Royal/yellow. Boys & Large Boys **£3.75**. Small, Medium or Large **£5.25**.

WINGED COLLAR — A good 'casual' or warm up garment. Royal/white, White/navy or Grey/black. Boys or Large Boys **£5.25**. Small, Medium or Large **£6.99**.

TWO TONE SADDLE SHOULDER (ROUND NECK) — Brown/beige/brown or Navy/sky/navy. Boys or Large Boys **£4.35**. Small, Medium or Large **£5.99**, or if you prefer a 'vee neck' version we have Grey/black/grey or Champagne/black/champagne at the same price.

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Access or Barclaycard accepted. Just send full name and address (print please) plus your card number. Goods exchanged or money refunded if returned in new condition within 7 days.

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WENDOVER CARNIVAL

COOMBE HILL RACE



7th JUNE 1980

Run over a gruelling course which rises

and falls through 350ft across the

Chiltern Hills. (Run under AAA laws)

Cups and prizes for individual/team

winners and runners up.

Prizes for first three ladies.

Open Race 3 $\frac{3}{4}$ miles 11am

Entries 30p to Roger Pinnell

Co National Westminster Bank Ltd
High Street Wendover.

Entries close 1st June 1980

SPONSORED BY



MABEY HIRE CO. LTD

time if she trained hard and did a few selected marathons — definitely. But, as Leslie says, she enjoys running them, so if you want to do one a week and enjoy it, fair enough. But if you want to improve your time, I would only do a few. It depends what you're after.

Who do you rate among your contemporaries?

More or less everybody we've mentioned — Chris, Ruth, Regina, Penny, Paula, Ann, Sandra. One thing that's good is that they're practically all in the South, so there's good competition here. But it's evident that there's a younger element showing through. Mary Stewart's retired, Paula doesn't do much 'country'. Glynis (Penny) will be coming back after having her baby, but I think that this new generation, oh Wendy Smith as well, is going to be around for the next two or three years.

Apparently Sandra's been offered a US scholarship...

Has she! I got one too, a couple of months ago. So did Regina. I think she'll go, but I won't.

You don't fancy it?

Well, I've already got a degree. And in terms of career I don't think it would do me any good. Athletics isn't the be-all and end-all. And if you accept to go, you're basically going to be an athlete, and that's all.

But Regina's thinking of going?

Yes, her sister Monica is already there on a scholarship. And since Regina doesn't have a degree, she'd benefit from that.

Finally Kath, to clear up any misapprehension, although you're both from Yorkshire, you're not related to Steve Binns?

Not at all, although most people think we are. In fact I only met him about eighteen months ago.

© Pat Butcher, 1980

Kathryn Binns, born on January 13th 1958, has personal bests of: 400 — 60.3 (1975), 800 — 2:13.6 (1976), 1500 — 4:28.3 (1979), 3000 — 9:11.2 (1979), 5000 — 15:49.6 (1980), 10,000 — 33:33.7 (1980), 10M road — 54:38 (1979), Marathon — 2:47:57 (1979). The 5000m and 10,000m times are UK best performances.

Competitive achievements include 3rd in 1977 National CC, 1st in 1979 National CC, 2nd in 1979 WAAA 3000m Championship (first Briton), 9th in 1980 World CC.

Annual progression at 1500 & 3000: 1976 — 4:42.0, 10:08.6; 1977 — 4:32.7, 9:26.6; 1978 — 4:29.4, 9:15.9; 1979 — 4:28.3, 9:11.2.

AAA MARATHON contd from page 7

2:27:52; 46, A. Lambourne (B&H) 2:28:00; 47, G. Milne (A'deen) 2:28:04; 48, T. Annett (Dunc) 2:28:20; 49, P. Banks (Cov) 2:28:59; 50, A. Jefferies (Swan) 2:29:00;

51, K. Kaya (Japan) 2:29:27; 52, J. Barker (Grim) 2:29:29; 53, R. Belk (ASV) 2:30:09; 54, D. Hardstaff (N. Lon) 2:30:15; 55, P. Dolan (Clydes) 2:30:24; 56, J. Avis (Camb H) 2:30:26; 57, P. Birks (Staffs M) 2:30:27; 58, S. Kelly (Manx) 2:30:37; 59, P. Lawrence (Hast) 2:31:02; 60, J. Wagstaff (Tip) 2:31:03; 61, M. Flynn (Liv. Pem) 2:31:04; 62, B. Plain (Card) 2:31:21; 63, L. Salter (Inv) 2:31:26; 64, K. Jacques (St. Helens) 2:31:33; 65, H. Symonds (Alt) 2:31:34; 66, M. Hurd (Croy) 2:31:48; 67, J. Davies (Newc-Staffs) 2:32:12; 68, L. Ahlgren (Sweden) 2:32:29; 69, D. Mytton (Sale) 2:32:38; 70, G. Harrold (Enf) 2:32:50; 71, M. Critchley (Bolt) 2:32:58; 72, D. Francis (West) 2:33:00; 73, G. Craig (Dunc) 2:33:11; 74, I. Burgess (S&E) 2:33:21; 75, D. Goodwin (Thet) 2:33:28; 76, G. Anderson (Newb) 2:33:49; 77, P. Gallagher (Craw) 2:33:53; 78, D. Blakeley (Man'r) 2:34:04; 79, L. Stowell (Charn) 2:34:05; 80, J. Stephens (RNAC South) 2:34:08; 81, R. Taylor (Newb) 2:34:18; 82, T. Thompson (Lut) 2:34:20; 83, G. Wilson (Charn) 2:34:22; 84, C. Houghton (E&E) 2:34:23; 85, R. Aconley (S. Yorks Pol) 2:34:43; 86, D. Gunstone (EAC) 2:34:58; 87, J. Small (Clyde V) 2:35:08; 88, D. Wright (Rane) 2:35:27; 89, J. Lamont (Shaft) 2:35:28; 90, F. Green (Herc W) 2:35:29; 91, J. Geoghegan (Camb H) 2:35:48; 92, D. James (N'ton P) 2:36:05; 93, D. Smith (Charn) 2:36:06; 94, A. Whitfield (Chester-le-S) 2:36:11; 95, C. Whitty (AFD) 2:36:29; 96, P. Leach (Leic) 2:36:32; 97, R. Small (High) 2:36:58; 98, J. Alcock (Leic) 2:37:18; 99, I. Brown (Morp) 2:37:33; 100, G. Finlayson (Card) 2:37:50;

101, D. Marsh (Worth) 2:37:54; 102, R. Slowe (High) 2:37:57; 103, M. Rutkowski (Nene V) 2:38:20; 104, I. Wilson (B'ht) 2:38:22; 105, V. Webster (Duchy of C) 2:38:44; 106, D. Williams (Sy AC) 2:38:54; 107, G. de Boursac (Rane) 2:39:03; 108, R. Maule (Cov) 2:39:05; 109, G. Bennison (Bolt) 2:39:19; 110, K. Vine (Camb H) 2:39:25; 111, H. Ainslie (Gate) 2:39:31; 112, S. Kuusisto (Finland) 2:39:33; 113, G. Thomas (GEC Whetstone) 2:39:42; 114, V. Holman (N'ton P) 2:39:50; 115, D. Lothian (Falk V) 2:39:50; 116, G. Lawson (Man'r) 2:40:18; 117, R. Hoyle (Horwich RMI) 2:40:26; 118, B. Switzer (S&E) 2:40:41; 119, W. Carr (Tip) 2:40:51; 120, F. Thomas (Chelm) 2:40:52; 121, C. Rigby (Liv Pem) 2:41:12; 122, G. Daniels (Rane) 2:41:26; 123, N. Rust (RAF Brampton) 2:41:33; 124, B. Wilkins (Spark) 2:41:41; 125, M. Pickard (E&E) 2:41:58; 126, J. Shemilt (High) 2:42:20; 127, K. Wilkinson (Chelm) 2:42:39; 128, T. Jones (Newp) 2:42:41; 129, A. Page (N'ton P) 2:42:49; 130, J. Lee (Croy) 2:42:50; 131, P. Lewis (Dark Peak) 2:43:01; 132, H. Quince (Bed) 2:43:10; 133, R.

Hepworth (Long) 2:43:46; 134, A. Samuel (Bridgend) 2:43:50; 135, C. Hunn (SLH) 2:44:08; 136, G. Doyle (Banb) 2:44:15; 137, L. Rainsley (Cov) 2:44:17; 138, R. Ludlow (Nene V) 2:44:32; 139, J. Walsh (Card) 2:44:44; 140, M. Smith (Bing) 2:44:44; 141, D. Allen (Man'r) 2:45:14; 142, P. Milroy (Salf) 2:45:24; 143, R. Cozens (Dart) 2:45:29; 144, J. Thomas (Overton) 2:45:33; 145, G. Archer (Hill) 2:45:40; 146, T. Webb (Milt K) 2:45:48; 147, T. Lucas (Shett) 2:46:01; 148, S. Fortune (Worth) 2:46:03; 149, A. Lamb (NSP) 2:46:14; 150, C. Cottam (Milt K) 2:46:19. 195 finished. Teams: 1, Gateshead 50; 2, Tipton 51; 3, Airedale & SV 64; 4, Duncairn 67; 5, Invicta 102; 6, Ranelagh 111.

Scottish Vets Marathon Champs (April 20th), at Bellahouston Park. 1, C. McAlinden 2:34:42; 2, H. Mitchell (O/50) 2:40:55; 3, J. Brierley (O/50) 2:46:11; 4, A. Peden 2:47:00; 5, J. Moore 2:47:58; 6, G. McKirdy 2:48:07; 7, A. Galbraith 2:50:06; 8, C. McAndie 2:56:17; 9, G. Porteous (O/60) 2:57:28; 10, J. Mahon 2:59:55.

On Sunday April 20th a 700gm javelin belonging to Nigel Rudd of Reading Blue Coat School was taken from Bracknell Athletics Ground, and a similar one was left in its place. To arrange exchange please telephone the school (Reading 691925) or Adrian Brown (evenings, Reading 472860).

EAST HULL HARRIERS & A.C.

Annual

AFOS 20 MILE ROAD RACE

(Under A.A.A. Laws)

Incorporating Humber-side 20 Mile Championship

AT HULL ON SUNDAY, 25th MAY, 1980

Start 2.00 p.m.

EXCELLENT PRIZE LIST

(Including Veterans, Individual and Team)

Entry Fee: 60p — No Team fee.

CLOSING DATE THURSDAY, 15th MAY

Time certificates to all finishers

ANNUAL CONTINENTAL STYLE FIVE MILE ROAD RACE & LADIES FIVE MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

AT HULL ON SUNDAY, 1st JUNE, 1980

Start 11.30 a.m.

EXCELLENT PRIZE LIST

Entry Fee: 50p — No Team fee.

CLOSING DATE THURSDAY, 22nd MAY

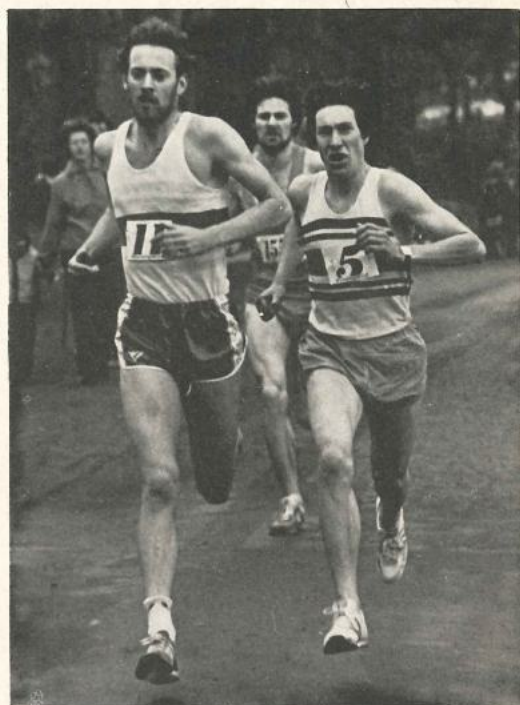
For above races send entries to P. Dearing, 1 Collyns Close, Willerby, Hull HU10 6AS. (Tel. 0482 655299, Office 0482 25796).

Advance Programme sent to all entrants

Airedale & Spen Valley Centenary Road Races

At Bradford, April 7th

1, A. Armitage (Airedale & SV) 22:00
 2, J. Woods (Liverpool) 22:09
 3, M. Longthorn (Airedale & SV) 22:15
 4, R. May (A&SV) 22:18; 5, G. Reynolds (Sheff) 22:23; 6, A. Robertson (Harr) 22:29; 7, R. Harbisher (Long) 22:40; 8, P. Griffiths (Tip) 22:52; 9, S. Shallcross (CoH) 22:56; 10, J. Temperton (A&SV) 23:02; 11, J. Atkin (A&SV) 23:06; 12, R. Belk (A&SV) 23:07; 13, D. Driver (Unatt) 23:09; 14, D. Wilson (B'burn) 23:14; 15, R. Harrison (A&SV) 23:14; 16, D. Anderson (Bing-V) 23:16; 17, S. Winter (Gat) 23:21; 18, R. Harrison (Liv) 23:29; 19, C. Robinson (Roch) 23:30; 20, R. Hill (Clay-V) 23:32; 21, J. Verity (Bing) 23:35; 22, T. Warrener (E. Hull) 23:37; 23, P. Dixon (Ross-J) 23:43; 24, D. Gaskell (A&SV) 23:47; 25, P. Rafferty (Harr) 23:57; 26, A. Parkinson (A&SV) 24:00; 27, D. Lawson (Bing-V) 24:02; 28, A. Marsh (Holm) 24:06; 29, D. Mayho (A&SV) 24:09; 30, S. Beardsell (Holm) 24:11. **Teams:** 1, Airedale & SV 8; 2, Liverpool 60; 3, Bingley 64. **(Youths):** 1, D. Topham (Long) 11:04; 2, T. Uttley (Bol) 11:23; 3, J. Keyworth (Sale) 11:31; 4, M. Core (Sale) 11:36; 5, M. Bullock (Sale) 11:38; 6, C. Smith (Sale) 11:45.



Winner Andy Armitage (11) in the lead during the Airedale & Spen Valley Centenary Road Race with Mike Longthorn (5), with John Woods running just behind.

Eric North

ELEVENTH MACCABIAH GAMES

Israel, July, 1981

'Athletes' who consider themselves eligible for selection should apply for application forms to:

Maccabiah Organising Committee,
 1 Manchester Square,
 London W1.
 Telephone: 01-935 0474.

Or Team Manager:

Danny Herman,
 76 The Avenue,
 Sale,
 Cheshire.
 Telephone: 061 962 1184.

The Closing Date for applications is 31st May, 1980.

Teams: 1, Sale 12; 2, Longwood 27; 3, Airedale & SV 41. **(Women):** 1, K. Binns (Sale) 12:16; 2, B. Abbott (Sale) 12:51; 3, S. Gaskell (Long) 13:09; 4, K. Pilling (Sale) 13:18; 5, R. Toth (A&SV) 13:31; 6, S. Dransfield (Spen) 13:35; 7, S. Endersby (Spen) 13:37; 8, J. Dransfield (Spen) 13:49; 9, S. Simpkin (Sale) 13:56; 10, A. James (A&SV) 13:58. **Teams:** 1, Sale 7; 2, Spennborough 21; 3, Airedale & SV 28. **(Inters):** 1, H. Boyes (Mor) 13:26; 2, T. Davidson (Hal) 13:36; 3, N. Swinburne (Hal) 13:57; 4, L. Goulbourne (Sale) 14:07. **Teams:** 1, Halifax 17; 2, Leeds City 27.

SCOTTISH SERVICES LEAGUE At RAF Leuchars, March 26th

1, Kevan (Leuc) 39:54; 2, Eke (Leuc) 39:56; 3, Johnston (Loss) 40:48; 4, Shave (Cal) 40:57; 5, Robertson (MOD) 41:24; 6, McKenzie (Loss) 41:43. **Teams:** 1, Lossiemouth 380; 2, Leuchars 369; 3, Kinloss 346. **Final Positions:** 1, Johnston. **Teams:** 1, Lossiemouth 3626; 2, Leuchars 3517; 3, Caledonia 3301.

AMATEUR ATHLETIC ASSOCIATION

1880 — 1980 CENTENARY CELEBRATIONS

Reception — Buffet — Dance

at the

GUILDHALL, LONDON

(with kind permission of the Lord Mayor)

Saturday, 6th September, 1980
from 7.30 p.m. following the Championships

Strings and Dance Band of the Coldstream Guards

Films: Exhibition of Photos,
Trophies and Athletic Memorabilia

Tickets £10 (including wine)
from A.A.A. Office

ONCE ONLY IN YOUR LIFETIME

GREAT HIGH JUMP DUEL

Highlight of the open indoor meeting, sponsored by Mondo, at Haringey on April 13th was the high jump where 11 men attempted 2.00m and six tried 2.05 — the opening height for Mark Naylor. At 2.10 the stage was set for a battle between him and Claude Moseley (18). The latter applied pressure with a first time clearance against Naylor's successful second attempt, and then the Haringey youngster proceeded to jump a personal best — first time — of 2.13 with Naylor clearing at the third attempt. A magnificent second time clearance at 2.16 for a UK junior best gave Claude his second personal best of the day but Mark kept the competition alive with another third-time clearance. The height of 2.18 proved decisive as Naylor cleared effortlessly at the first attempt and Moseley, after two nervous failures, just removed the bar with his heels.

Mike Heath

60: (A) 1, M. McFarlane (H'gey) 6.8; 2, H. King (Brack) 6.8; 3, M. Morris (H'gey) 6.9; (B) 1, C. Callender (H'gey) 7.0; 2, T. Olabrin (TVH) 7.0; (C) 1, McFarlane 6.8; 2, King 6.8; 3, Morris 6.9; (D) 1, C. Moseley (H'gey) 7.0; 2, Olabrin 7.0. **HJ:** 1, M. Naylor (Hill) 2.18; 2, Moseley (J) 2.16; 3, D. Abrahams (Ex. B) 2.05; 4, D. Costello (Norf Oly-J) 2.05; 5, L. Thompson (H'gey-J) 2.00; 6, L. Haughton (HHH-J) 2.00; 7, F. Abejide (H'gey-age 14) 1.95; 8, M. Stanford

(Houn) 1.95; 9, P. Early (Hill) 1.95; 10, R. Willms (Houn) 1.95; 11, T. Whittle (Poly) 1.95. **PV:** 1, T. Anstiss (Houn) 4.50; 2, W. Davey (Sy) 4.35; 3, J. Lewis (Coll-Y) 3.90; 4, H. Thorne 3.70. **SP:** 1, M. Winch (B'ht) 17.75; 2, A. Zaidman (H'gey-J) 15.60; 3, B. Holden (Bris) 15.08; 4, S. Pickering (H'gey-J) 14.07; 5, G. Richards (Ver) 13.51. **(Women) 60:** (A) H. Hunte (H'gey) 7.5; (B) Hunte 7.5. **HJ:** 1, L. Miller (Chelm) 1.78; 2, D. Brown (W&B) 1.75; 3, D. Wilkinson (Enf) 1.75; 4, S. Williams (Houn) 1.70; 5, C. Saunders (Enf) 1.70; 6, S. Taylor 1.65; 7, K. Broadbridge 1.65; 8, K. Hagger (Ex. L) 1.65. **LJ:** 1, K. Donovan (Houn) 5.72; 2, Hagger 5.49; 3, D. Cole (Harl) 5.43.

BILL SHILLABEER

We are sorry to learn that Bill Shillabeer, the well-known physiotherapist, is seriously ill after a road accident and has been in a coma in an intensive care unit for some time.

MARSAY WINS S. AFRICAN TITLE

British international Julian Marsay won the South African steeplechase title at Port Elizabeth on April 11th in 8:30.6. Greg Colin was 4th in the 100 (10.74). AAA indoor champion Simon Larder was 2nd to John Walker (1:48.1) in 1:48.8 in the NZ 800 championship in Auckland on March 1st. Chris Sly was 3rd in the 1500 (3:45.5), won by Walker in 3:40.8.

1980 WELSH NATIONAL ATHLETIC CHAMPIONSHIPS

AT CWMBRAN STADIUM

Saturday, 21st June**Senior Men's and Youths Events****11.30 a.m. Start****Sunday, 22nd June****Under 20's — Boys and Colts Events****12 noon Start****NOTE: CLOSING DATE FIRST POST MAY 24th, 1980**

Conditions of entry: The Championships are confined to amateurs with at least one of the following qualifications:

- (a). Birth in Wales
- (b). Parentage, one or both parents born in Wales
- (v). Residence; a minimum of 9 months continuous residence in Wales, immediately before the Championships.

Details & Entry Forms from: K. Griffiths, 7 Channel View, Marcross, Llantwit Major, South Glamorgan CF6 9ZE.

S.A.E. required.

WORLD INDOOR LIST 1980

60 METRES

- 6.55 Christian Haas (Ger)
6.56 Aleksandr Aksinin (USSR)
6.61 Marian Woronin (Pol)
6.62 Nikolay Kolesnikov (USSR)
6.63 Emmitt King (USA)
6.63 Silvio Leonard (Cub)

Questionable timing:

- 6.38 Houston McTear (USA)
6.41 Harvey Glance (USA)
6.51 Steve Riddick (USA)
6.52 Cliff Wiley (USA)
6.55 Jerome Deal (USA)

400 METRES

- 45.9 Mikhail Linge (USSR)
46.29 Nikolay Chernetskiy (USSR)
46.47 Karel Kolar (Cze)
46.56 GLEN COHEN (UK)
46.56 Franz-Peter Hofmeister (Ger)
46.59 Ed Yearwood (US)
46.5 Mauro Zuliani (Ita)
Oversized track:
46.0 Volker Beck (GDR)
46.27y Willie Smith (USA)

800 METRES

- 1:47.0 Detlef Wagenknecht (GDR)
1:47.2 Mike Boit (Ken)
1:48.2 Gerald Masterson (USA)
1:48.4 Peter Lemashon (Ken)
1:48.5 Mark Belger (USA)
1:48.5 Nikolay Kirov (USSR)
1:48.5 Anatoliy Reshetnyak (USSR)
Oversized track:
1:47.0 Olaf Beyer (GDR)
1:47.2 Bernd Wulf (GDR)
1:47.4 Andreas Busse (GDR)

1500 METRES

- 3:37.6 Thomas Wessinghage (Ger)
3:38.5 Ray Flynn (Rol)
3:38.9 Pierre Deleze (Swi)
3:39.6 Wolfgang Konrad (Aut)
3:39.8 Uwe Becker (Ger)
3:39.9 Eamonn Coghlan (Rol)
3:39.9 Carlos Cabral (Por)
Oversized track:
3:39.6 Olaf Beyer (GDR)

MILE

- 3:52.9 Eamonn Coghlan (Rol)
3:53.0 Steve Scott (USA)
3:54.5 Filbert Bayi (Tan)
3:55.6 Steve Lacy (USA)
3:55.8 John Walker (NZ)
3:56.4 Thomas Wessinghage (Ger)
Oversized track:
3:54.3 Don Paige (USA)

3000 METRES

- 7:43.2 Henry Rono (Ken)
7:45.2 Steve Scott (USA)
7:47.0 Hans-Jorg Kunze (GDR)
7:48.0 Steve Lacy (USA)
7:50.4 Filbert Bayi (Tan)
7:50.6 Suleiman Nyambui (Tan)

2 MILES

- 8:15.9 Henry Rono (Ken)

- 8:22.2 Steve Lacy (USA)
8:24.1 Rod Dixon (NZ)
8:24.2 Alberto Salazar (USA)

5000 METRES

(* 3M time plus 28.0 sec)

- 13:30.8* Eamonn Coghlan (Rol)
13:31.7* TONY STAYNINGS (UK) (& 13:39.9)
13:34.7* Bruce Bickford (USA)
13:35.1* Sosthenes Bitok (Ken)
13:37.5* Randy Melancon (USA)
13:39.2 Suleiman Nyambui (Tan)

60 METRES HURDLES

- 7.54 Yuriy Chervanyev (USSR)
7.64 Andrey Prokofiev (USSR)
7.67 Aleksandr Puchkov (USSR)
7.70 Thomas Munkelt (GDR)
7.72 Alejandro Casanas (Cub)
7.72 Javier Moracho (Spa)
Questionable timing:
7.67 Kerry Bethel (USA)
7.67 Dedy Cooper (USA)

HIGH JUMP

- 2.31 Dietmar Mogenburg (Ger)
2.30 Jacek Wszola (Pol)
2.29 Adrian Proteasa (Rom)
2.29 Gerd Wessig (GDR)
2.28 Franklin Jacobs (USA)
2.28 Gennadiy Byelkov (USSR)

POLE VAULT

- 5.64 Konstantin Volkov (USSR)
5.62 Thierry Vigneron (Fra)
5.60 Jean-Michel Bellot (Fra)
5.60 Wladyslaw Kozakiewicz (Pol)
5.60 Sergey Kulibaba (USSR)
5.60 Vladimir Polyakov (USSR)

LONG JUMP

- 8.38 Larry Myricks (USA)
8.13 Lutz Dombrowski (GDR)
8.12 Valeriy Podluzhnyi (USSR)
8.09 Lutz Franke (GDR)
8.08 Ronald Desruelles (Bel)
8.06 Arvidas Sabonis (USSR)

TRIPLE JUMP

- 17.07 Ron Livers (USA)
17.03 Vince Parrette (USA)
16.86 Bela Bakosi (Hun)
16.79 Milan Tiff (USA)
16.74 Joao Carlos de Oliveira (Bra)
16.70 Paul Jordan (USA)

SHOT

- 20.61 Mike Carter (USA)
20.57 Zlatan Saracevic (Yug)
20.48 Valeriy Voikin (USSR)
20.44 Nikolay Khristov IBul)
20.42 Dave Laut (USA)
20.33 Aleksandr Nossenko (USSR)

WOMEN

60 METRES

- 7.10 Marlies Gohr (GDR)
7.11 Sofka Popova (Bul)

- 7.13 Marita Koch (GDR)
7.14 Linda Haglund (Swe)
7.19 Christina Lathan (GDR)
7.24 Barbel Lockhoff (GDR)
7.24 Doris Zanke (GDR)
Questionable timing:
7.04 Evelyn Ashford (USA)

400 METRES

- 52.28 Elke Decker (Ger)
52.3 Martina Kampfert (GDR)
52.3 Lyudmila Zenina (USSR)
52.40 Ellen Streidt (GDR)
52.4 Dagmar Rubsam (GDR)
52.70 Karoline Kafer (Aut)
Oversized track:
52.11 Ellen Streidt (GDR)

800 METRES

- 1:58.4 Olga Vakrusheva (USSR)
1:58.9 Mary Decker (USA)
2:00.6 Jolanta Januchta (Pol)
2:00.8 Nadyezhda Olizaryenko (USSR)
2:00.9 Anne-Marie van Nuffel (Bel)
2:01.3 Nikolina Shtereva (Bul)
2:01.5 LIZ BARNES (UK)
Oversized track:
2:00.0 Martina Kampfert (GDR)
2:00.4 Anita Weiss (GDR)
2:01.0 Marion Hubner (GDR)

1500 METRES

- 4:00.8 Mary Decker (USA)
4:07.8 Tamara Sorokina (USSR)
4:08.3 Olga Dvirna (USSR)
4:08.6 Zamira Zaitseva (USSR)
4:10.0 Natalia Kuznetsova (USSR)
4:10.9 Cindy Bremser (USA)
Oversized track:
4:00.2 Mary Decker (USA)
(en route to 4:17.6 mile)

60 METRES HURDLES

- 7.77 Zofia Bielczyk (Pol)
7.82 Natalia Lebedyeva (USSR)
7.84 Grazyna Rabsztyrn (Pol)
8.00 Vyera Komisova (USSR)
8.01 Bettina Gartz (GDR)
8.03 Elzbieta Rabsztyrn (Pol)

HIGH JUMP

- 1.96 Sara Simeoni (Ita)
1.95 Rosi Ackermann (GDR)
1.95 Debbie Brill (Can)
1.94 Valentina Poluiko (USSR)
1.93 Joni Huntley (USA)
1.93 Urszula Kielan (Pol)
1.93 Andrea Matay (Hun)
1.93 Ulrike Meyfarth (Ger)

LONG JUMP

- 6.74 Anna Wlodarczyk (Pol)
6.72 Ramona Neubert (GDR)
6.71 Anke Weigt (Ger)
6.64 Sabine Everts (Ger)
6.63 Sigrun Siegl (GDR)
6.62 Tatyana Skatchko (USSR)

SHOT

- 21.52 Ilona Slupianek (GDR)
20.37 Ines Reichenbach (GDR)
20.35 Eva Wilms (Ger)
20.03 Margitta Pufe (GDR)
19.92 Helena Fibingerova (Cze)
19.89 Esfir Krachevskaya (USSR)

I'm No Dictator — Protests Don Shelley

Dear Sir,

I am disturbed to learn that some people have apparently gained the impression that I am trying to become the 'dictator' of marathon/road running. I should like to point out that this aim is furthest from my thoughts and that everything I do or say is as a result of consultation with marathon runners and advisors/coaches.

As secretary of the Marathon Club and National Marathon Organiser I am anxious to promote marathon running at all levels and I am constantly answering letters from runners who range from joggers to internationals. However, occasionally I have to put forward views of the National Marathon Squad and the Marathon Club which may seem controversial but which nevertheless represent the views of the active athletes they obviously affect most.

A good example of this was the proposal of Sandbach for this year's AAA Marathon. Being personally involved with the Sandbach race I was not keen to put forward this course to the AAA but the runners insisted that I did. However the race was awarded to Milton Keynes with the proviso that a new course would be completed by the end of January. Then at a meeting of the Marathon Club's executive committee it was unanimously agreed to oppose this decision as it was felt that January was too late for any change

Letters

in venue if problems arose. I was therefore instructed to write to the BAAB to propose that the 'trial' be held at Sandbach. This request was turned down.

The point I am trying to make is that it was not my personal decision to write, but one made by the likes of Ron Hill, Bill Adcocks, Donald Macgregor etc.

I am not paid for any of my positions I hold; in fact they cost me money. I do enjoy the work and get great satisfaction from the thanks I receive from the runners I help. However, if anyone would like to take over these positions I shall be willing to stand down and concentrate on my own running, which I have taken up again fairly seriously after a break of several years.

Don Shelley

WHY RESTRICT NATIONAL ENTRIES?

Dear Sir,

I had been waiting for it and sure enough (Dr) P. R. Thomas has duly obliged with his letter in 'AW' for April 5th, advocating limitation of entries in the "National".

The proposal is not exactly a new one, for in 1950 when the total number of finishers in all three races topped 1000 for the first time (446 Seniors, 323 Juniors, 317 Youths), the Editor of 'AW' was moved to write: "It was abundantly clear that something will have to be done about restriction of entries". In 1955 the total was up to 1095 (474 Seniors) and the Editor wrote: "I suggest that with the numbers as they are now and entries increasing every year, it is high time to call a halt . . . I now say that it is becoming impossible to stage these National Championships and have a 100% successful promotion . . . something will have to be done soon. Why not now!" In 1956, with a total of 1184 (476 Seniors) he returned to the charge with: "Restriction of entries must come sooner or later. It is only commonsense that you cannot have 90 odd teams competing over a three miles course with several hundred competitors finishing within half a mile".

Yet in 1980, with the total 2787, including 1627 in the Senior, in which 166 teams closed-in, your reporter merely noted that it was a record.

So far as I know, the only competitor ever to express his opinion on this question in your columns was Ken Norris after the 1953 National (in which he was 31st for TVH in his first Senior), when he expressed his strong disagreement with his father's letter which had said: "The time has

PRESTON TO MORECAMBE

MILK MARATHON

(Under AAA and WCC & RWA Rules)

Promoted by Lancaster & Morecambe A.C.

Sponsored by National Dairy Council

SATURDAY, 19th JULY, 1 p.m.

Prizes: (Men) First 15 individuals, first 3 Vets O/40 outside individuals prizes, first three teams (3 to score), first local outside individual prizes.

Prizes: (Women) First 3 individuals.

TIME CERTIFICATES — to all finishers on the day.

FREE REFRESHMENTS — to all competitors.

TIME CHECKS — at 5, 10, 15, 20, 25 miles.

Entry Fee: (Men & Women) 35p per Individual.

Team Entry: (Men only) 50p all athletes to enter as individuals. Please state: full name, club, date of birth, and enclose S.A.E. for reply.

Entries to: C. W. Gemson, 26 Beech Street, Lancaster, Tel: Lancaster 34293.

Closing date for entries

FRIDAY, 4th JULY, 1980

ADVANCE NOTICE

LANCASTER ROAD RACES

Sunday, December 7th, 1980

come to thin out the entries to the National Championships".

While the ECCU and the four area associations, which organise the National, can cope with large fields, why not let them?

W. D. Thomas,
Mitcham, Surrey

Dear Sir,

Referring to Dr. Philip Thomas's letter in your issue dated April 5th regarding the policy of unrestricted entry to the National Cross-Country event, I support wholeheartedly the present policy. This race is the "highlight" of the cross-country season where a runner can compare his performance with that of the country's best runners. What is the point of restricting entries? Does the large number who compete cause problems to the organisers?

Does Dr. Thomas appreciate the sort of race the National would become if every prospective runner took the view that as they stood little chance against the country's leading runners there was little point in entering. The "National" is the "National" because runners of all standards compete together each with the aim of doing their best on the day. The result is a large field of competitors of all ages and a spectacular event. If you want to ruin the National, then restrict entries.

The present policy ensures that competitors of all ages enter and the slowest runners are generally the veterans, most of whom have given the best years of their life to the sport and, because of advancing years, their performances are now on the decline but their enthusiasm has not waned. Should these people be prevented from running in the country's premier cross-country event? They know that they stand no chance of being placed, but they do not enter the event for an afternoon's jog. They enter because of their love of cross-country running; their support for the ECCU and because of their competitive spirit which is still alive. What a pity that this spirit is not always present in the younger athletes.

If the authorities feel that having so many finishers causes difficulties then the problem could be solved by bringing in the rule whereby a runner automatically retires if he is lapped. But if this rule is to be enforced then lengthen each lap so that the race is over two laps and no more.

Eric Abbott,
Veterans Secretary,
Wycombe Phoenix H & AC

CAN YOU HELP UNIVERSITY OF LONDON?

Dear Sir,

Could I put a plea to University of London student athletes on behalf of the University

HI-SPEED



POST FREE

Written or telephoned orders
(using credit card) received by
us before 11am should arrive with
you via FIRST CLASS post very next day.

TRACK SHOES

New Adidas Speeder — Navy/silver nylon uppers, 6 spike sole, 1/4" wedge heel — Low Price. Sizes 3 1/2-5 1/2 **£11.30**, 6-12 **£12.99**.

Apollo '6' — Royal/orange nylon uppers, 7 spike plate, cushion heel. Sizes 3 1/2-5 1/2 **£12.45**, 6-12 **£14.25**.

Intervall II — White/royal nylon uppers, superb wedge heel. Easily our No. 1 selling spike. Sizes 6-12 (**£15.99**) **£14.50**.

New Mariner — Exciting new racing spike. Navy/silver trim. Good cushion wedge, suede reinforcements. 4-5 1/2 (**£14.75**) **£13.50**, 6-12 (**£16.99**) **£15.50**.

ROAD SHOES

TRX Competition — An exceptionally comfortable spongy sole which helps counteract calf soreness. Very light (8 oz.). Sizes 5-5 1/2 (**£18.90**) **£16.90**, 6-12 (**£21.75**) **£19.50**.

Marathon 80 — If you are serious about road racing, you will want this shoe (size 8 1/2 160g/5 1/2 oz.), yet adequate protection and super comfort. Size 5-5 1/2 (**£31.60**) **£27.95**, 6-12 (**£36.25**) **£31.95**.

Gazelle — The most long running popular trainer. Royal/white suede uppers — soft microcellular sole. Sizes 5-5 1/2 (**£17.00**) **£15.50**, 6-11 (**£19.50**) **£17.75**.

TRX Trainer — Adidas 5 star racing shoe (Runners World). Royal/silver nylon uppers, superb soft midsole. A great shoe at a great price. Sizes 5-5 1/2 (**£16.99**) **£15.50**, 6-12 (**£19.50**) **£17.50**.

CLOTHING

Adidas Vests — Polycotton, Green/white, royal/white, red/white. XS, S, M. **£4.50**.

Sprinter Shorts — Shiny, lightweight nylon. Full lining in 100% cotton. Extra wide waistband for added comfort. White/red, white/royal, red/white, royal/white, green/white, black/white. Sizes 28", 30", 32", 34", 36" **£6.75**, 2 pairs **£12.00**.

Adidas Ladies Towelling Shorts — New stock now in. Red/white, blue/white, white/red, white/blue. Sizes 22-28". **£6.25** per pair, 2 pairs for **£11.50**.

NEW Adidas Vests for Ladies — Polycotton, V-neck. Red/white, blue/white. Sizes 10-14. **£4.50**.

Viga Shorts — Lightweight, shiny shorts with good freedom of movement. Black/white, white/red. Sizes 26/28", 30/32", 34/36". **£3.50** or 2 pairs for **£6.25**.

Viga Bullet Vests — Quality, lightweight nylon, giving maximum freedom of movement. 30/32", 34/36", 38/40". **£3.99** or 2 for **£7.00**.

For shoes state size and enclose foot outline, for clothing state size and second colour choice.

SEND FOR
COMPLETE
STOCKLIST



334 Holderness Road, Hull
Tel (0482) 27483/835929
after 6pm (0482) 75517

RUNNERCARE

Athletic Club. Could all athletes, men and women, please write or telephone as soon as possible stating their names, addresses, telephone numbers and personal bests for track and field events as soon as possible to David Morgan, University of London Athletic Ground, Motspur Park, New Malden, Surrey KT3 6PT. (Tel: 01-942 0661). It is hoped to run trials for the BUSF Championships at Motspur Park on Wednesday May 21st, 4.00 pm start — but please acknowledge your support.

I also need to pick a past and present University team to compete in the City Charities Meeting at Motspur Park on Wednesday, June 25th. There are no other University of London fixtures this year.

I must strongly emphasize that University of London student athletes must support the Athletic Club if a new track and facilities are to materialise. It very much depends on student usage of the facilities. If there is a good support I will organise now three or four good standard meetings for the 1981 track season.

May I remind all friends of Motspur Park that 1981 is the 50th year that University sport has been going at Motspur Park.

David Morgan,
Ground Manager.

NEW TRACK FOR WORTHING

Dear Sir,

After two years of hard fund raising and

negotiations with the Borough Council, Worthing and District Harriers are pleased to announce that a tender for an athletics track to be built at West Park, Worthing, has now been approved. The track will comprise 7 lanes with 9 lane straights, be of hard porous construction with synthetic all-weather areas and run-ups for jumping and throwing events.

Of the total cost of £142,000, all but £10,000 has already been raised — £76,000 coming from the Borough Council's own Town lottery, £10,000 from the London and South East Sports Council, £10,000 from our own Club. The remaining finance has all been donated by local business firms, the largest single contributor being Messrs Datsun UK Ltd who gave £30,000.

Work is expected to start this month with completion in November. The consequence of this is that our Club will not be able to host our usual league and open meetings this summer. We trust that our fellow athletes will bear with us for this season. A full winter and summer programme for 1981 will be planned, and we look forward to advertising these in due course, and to welcoming athletes and officials at these events.

M. J. Lee,
Chairman, Worthing & Dist. H

Ashford AC secretary: D. Fox, 'The Blades', Maidstone Road, Headcorn, Kent (Tel: Headcorn 890939).

LOWESTOFT ATHLETIC CLUB

JUBILEE TROPHY MEETING

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 22nd JUNE, 1980

at Walmer Road, Lowestoft

First event at 11.30 a.m.

EVENTS

Minor Girls — 100m, 200m, 800m, Long Jump
Junior Ladies — 100m, 1500m, Long Jump, Discus
Inter Ladies — 200m, 1500m, Shot Putt, Long Jump, Discus
Women — 100m, 800m, Long Jump, Discus
Colts — 100m, 200m, 800m, Long Jump
Boys — 100m, 1500m, Long Jump, Javelin
Youths — 200m, 3000m, Shot Putt, Discus
Junior/Senior Men — 400m, 5000m, One Mile, Triple Jump, Discus, Shot Putt.

(Ages as at 1.9.80)

AWARDS FOR 1st 3 IN ALL EVENTS

Entry Fee: 35p per event. SAE for directions and timetable.

Entries to: Mrs P. Jeffries,
44 Trafalgar Street,
Lowestoft,
Suffolk.

ENTRIES CLOSE ON SATURDAY, MAY 31st
No late entries accepted

VETERANS INTER-COUNTY 10Km ROAD RACE & WOMEN'S VETERAN H'CAP

10Km ROAD RACE

Leamington Spa

SUNDAY, 25th MAY, 1 p.m.

MEN from Mid Warwickshire College of Further Education, Leamington Spa.

TROPHIES ALL AGE GROUPS

County teams made up on day — 40/49 four to count, 0/50 three to count.

Entries: 75p Ind., stating county and d. of b., to George Phipps, 164 Millbank, Warwick CV34 5TJ, before Saturday, 17th May.

WOMEN from Edmondscote track, Leamington Spa. Prizes, subject to entries, to fastest and 3 handicap placings.

Entries: 75p (state best Veteran performance at 5/10Km to Miss Jeanne Coker, 8A Heather Park Parade, Heather Park Drive, Wembley, Middlesex HA0 1SL.

ENTRIES CLOSE SAT., 17th MAY
No late entries acceptable

Walking Commentary

Bob Dobson edges out Peter Ryan to take the Southern 20M Champs, at Chelmsford (April 26th). Cold and drizzly weather seemed to suit competitors on the undulating out-and-back course, the times were outstanding through the entire field. Peter Ryan set the pace, quickly followed by Bob Dobson, and, after a sedate start, Barry Ingarfield, who joined the leaders and pulled away to open a large gap by 7M, where he was disqualified. Brian Armstrong also came through quickly to enjoy a brief spell in the lead before Ryan and Dobson drew away as they climbed to the turn. By halfway Paul Jarman was in third, followed by Tony Geal. Downhill on the return journey Dobson broke away but was later recaptured by Ryan, and from then on they battled away together holding off the revelation of the race, Jarman, who held third comfortably to the finish. In the final mile Dobson managed to open a winning gap over the Sheffield-er who had had a very rewarding race. 1, R. Dobson (Ilf) 2:33:57; 2, P. Ryan (Sheff) 2:34:11; 3, P. Jarman (Sy) 2:35:08; 4, A. Geal (Stey) 2:36:56; 5, D. Holly (B&H) 2:37:24; 6, P. Selby (Sy) 2:37:42; 7, R. Lancefield (Sy) 2:40:27; 8, C. Lawton (Bel) 2:42:18; 9, G. Morris (Stey) 2:43:21; 10, M. Scamell (Bel) 2:45:28; 11, S. Lightman (Met) 2:45:34; 12, J. Newnham (Bel) 2:47:01; 13, R. Middleton (Bel) 2:47:28; 14, D. Shepherd (Ang) 2:47:41; 15, B. Armstrong (Ilf) 2:48:19; 16, S. Uttley (Ilf) 2:48:48; 17, G. Hunwicks (Ilf) 2:50:29; 18, D. Salter (Enf) 2:50:40; 19, D. Kates (Ilf) 2:51:37. **Teams:** 1, Surrey; 2, Belgrave; 3, Ilford. **Essex Champs:** 1, Dobson; 2, Holly; 3, Scamell. **Teams:** 1, Anglia; 2, Ilford.

London Postal Region 9km, at Blackheath (March 18th). Fastest: D. Salter (Enf) 44:29; E. Crossingham (Bel) 45:27; S. Wynn (Sy) 46:18.

York Postal 15km Club Champs, at York (March 22nd). 1, M. Holmes 66:50; 2, B. Graham 67:53; 3, D. Jackson 68:02; 4, K. Jameson 74:08; 5, D. Long 74:27; 6, W. Johnson 74:38.

Dave Jarman breaks course record with 3:22:03 in Stock Exchange 25M Champs, at Hayes (March 29th). Taking nearly 7½ minutes off his 1979 clocking, Dave Jarman produced a superb effort over the usual undulating course to edge inside Adrian James's year-old record by 4 sec. Jarman led unchallenged throughout, but the battle for second place was always a close affair after Dave Stevens was decisively dropped around halfway. Roger Lancefield and the winner's twin brother, Paul, were locked together until near the finish when Lancefield edged away

to secure second. 1, D. Jarman (Sy) 3:22:03; 2, R. Lancefield (Sy) 3:29:43; 3, P. Jarman (Sy) 3:29:47; 4, D. Stevens (Stey) 3:46:18.

Both Vladivar Olympic Walk Trials now set for the City of London. The June 8th races have now been moved from Warrington to Moorgate, venue of the first trials. The 50km will start at 9.30 am, while the 20km has been put back two hours to 1.00 pm. International judging and feeding will be used on the 2km circuit.

Walking Seminar. Based on the International Seminar held in Borås (Sweden) in February, a meeting will be held at the Regent Street Polytechnic on May 17th (10.30 am). A presentation will be made by Reg Wells, Peter Marlow and Julian Hopkins, and the agenda includes Eschborn; How fast can we walk? Rule 191 — The International definition; Training judges; and general discussion. All interested parties are welcome, but are asked to advise Peter Marlow if attending. The meeting will close at 5.00 pm, and there will be an hour's break for lunch at 1.00 pm. Bring your own sandwiches.

London Postal Region 9km, at Blackheath (March 30th): Fastest: T. Scully (US) 40:01; P. Blagg (Bel) 41:12; M. Scamell (Bel) 43:14; S. Marshall (Bel) 44:34; S. Wynn (Sy) 44:38; M. Nicholls (Bel) 45:16; P. Hodgkinson (Camb. H) 45:25; S. Bennett (Ilf) 46:38; S. Barton (Sy) 46:40. **Teams:** 1, Met. Police 13; 2, Belgrave 16.

Adrian James a superb sub-36 minute winner in City of London 5M, from Richard Dorman and a very sharp Roger Lancefield. Following up his 4:08 50km at Basildon the previous Saturday, Adrian James showed no ill effects whatsoever as he burned round the City's streets for an easy victory in 35:56. Richard Dorman took second, but was closely followed by a surprising Roger Lancefield who probably had his finest short distance race in a lengthy career. 1, A. James (Enf) 35:56; 2, R. Dorman (Bel) 37:24; 3, R. Lancefield (Sy) 37:37; 4, D. Stevens (Stey) 39:07; 5, D. Railton (Sy) 40:45; 6, M. Davitt (Camb. H) 41:53; 7, M. Fullager (Sy) 42:24; 8, T. Sliwerski (Sy) 44:09; 9, G. Smith (Gst) 45:07; 10, A. Gates (Sy) 45:07.

Colin Young

LLANGOLLEN TOWN COUNCIL CASTELL DINAS BRAN SEVEN MILES ROAD RACE

Promoted by Wrexham AC — Under AAA Laws

SATURDAY, 24th MAY, 1980

Start: Town Hall, Llangollen. Youth Race 2 p.m., Senior Men & Ladies Race 3 p.m. Entry Fee: 50p, No Team fee (3 count). Entry Forms from G. Gartrell, Abercregan Cottage, Llangollen, Clwyd.

Results In Brief

April 12th

Newport to Ryde '71. 1, D. Fudge (Ports) 37:48; 2, B. Heath (RNS) 38:09; 3, P. Martin (Has) 38:11; 4, P. Keenan (Ov) 38:54; 5, A. Wilson (Hast) 39:08; 6, R. Heath (Old G) 39:22; 7, S. Holland (Hast) 39:39; 8, B. Switzer (S&E-V) 39:40; 9, R. King (Hast-V) 39:41; 10, A. Newman (Newb) 39:52; 11, P. Lawrence (Hast-V) 40:02. **Teams:** 1, Hastings; 2, Old Gaytonians; 3, Portsmouth; 4, Queen's Park; 5, Ryde. **(O/50):** 1, A. Bruce (Bel) 45:39; 2, E. Leal (Ryde) 46:57. **(O/60):** 1, G. Betts (QPH) 50:14; 2, G. Scutts (Ports) 52:33. **(Women):** 1, L. Kirk (Win) 46:53; 2, P. Davies (Bel-V) 51:51.

Warm-up Meeting, at Bedford. (Women): 800: 1, A. Alford (S&NH) 2:15.8; 2, L. Wight (S&NH) 2:19.2. DT: P. Stapleton (Bed) 34.58.

April 17th

Standards Meeting, at Gateshead. 2000: 1, G. Turnbull 5:20; 2, A. Martin (Gat) 5:21; 3, A. Amos (Gat) 5:23; 4, S. Markley (M&C) 5:24. HJ: S. Gill (NSP) 2.01. **(Juniors):** PV: B. Wolland (NSP) 4.00. **(Youths):** 600: M. Norton (Gat) 1:25.8. 2000: 1, D. Maguire (J&H) 5:39.0; 2, P. Tanner (Blay) 5:39.8. **(Women):** 600: (A): J. Schusler (Gat) 1:38.5. (B): P. Millen (Blay) 1:39.8. 2000: 1, S. Glass (Gat) 6:37.8; 2, M. Boyes (Mor) 6:38.4. DT: D. Ashworth (NSP) 39.56. **(Juniors):** 2000: 1, M. Kell (M&C) 6:55; 2, L. Smith (Mor) 6.59.

April 19th

Fenney-Brennan Trophy Meeting, at Warrington. 100: D. Bills (Cov) 10.7w. **(Boys):** SP: J. Nicholls (Warr) 14.89.

April 20th

Breckland '10', at Thetford. 1, P. Ratcliffe (W. Suf) 50:37; 2, R. Church (Nene V) 50:49; 3, V. Holman (North) 52:16; 4, W. McKim (North) 52:48; 5, P. Gronland (W. Gn) 53:14; 6, M. Holt (Nene V) 53:25; 7, G. Bowman (Diss-V) 53:47; 8, D. Goodwin (Thet) 54:25; 9, K. Wilkinson (Chelm) 54:32; 10, A. Roper (W. Suf) 54:36; 11, K. Meardon (Thet) 54:53; 12, J. Clare (B'ht-V)

55:25; 13, J. Wright (Low-V) 55:28. **Teams:** 1, W. Suffolk; 2, Diss; 3, Thetford.

Welsh Women's League, at Llanelli. JT: 1, A. Horrex (I) 40.16; 2, J. Tayler (I) 34.70. **(Juniors):** LJ: J. Charlton 5.41w.

Martin Girvan Throws 64.88m

April 26th

Inter-Club Match, at Ashton Playing Fields. 400: P. Dominique (Ex. B) 49.8. 110H: T. Clifton (W. Gn) 15.5. HJ: (A): 1, J. Daley (Lough) 2.00; 2, J. McKeown (Army) 1.95; 3, W. Dixon (Camb. U) 1.95. (B): G. Vorgie (Lough) 1.95. PV: 1, G. Brunning (RN) 3.80; 2, D. Graham (W. Gn) 3.70. LJ: R. Martin (Ex. B) 6.90. TJ: J. Brearly (Ex. B) 14.34. DT: C. Darcy (Ex. B) 41.42. HT: 1, M. Girvan (W. Gn) 64.88; 2, G. Curtis (Ex. B) 48.76. **Teams:** 1, Cambridge Univ. 222; 2, Woodford Green 211; 3, Essex Beagles 192; 4, Loughborough Univ. 'B' 17e; 5, Royal Navy 171; 6, Army 121.

Cheshire League, at Warrington. (Junior Women): 1500: L. Adshead 4:51.5.

April 27th

Fire Service '10', at Kings Lynn. 1, K. Best (Gt. M) 49:48; 2, E. Rannicar (Gt. M) 49:50; 3n J. Atkins (W. Yk) 49:55; 4, D. Watkins (Suff) 52:22; 5, S. Eshelby (Bucks) 52:35; 6, A. Norman (Gt. M) 52:40; 7, K. McGuire (W. Yk) 52:46; 8, P. Houchen (Cle) 52:54; 9, G. Kenyon (W. Yk) 53:04; 10, B. Young (T&W) 53:14. **Teams: 1, Gtr. Manchester 26; 2, W. Yorks 46; 3, Cleveland 83. **(Vets):** S. Dixon (Berks) 55:28.**

EUROPEAN CATHOLIC WOMEN STUDENTS CC CHAMPS

At Louvain (Belgium), April 2nd

(Juniors, born 1962 & 1963): 1, Drath (GB) 12:13; 2, Moorehead (GB) 12:26; 3, Riley (GB) 12:35; 4, Thomas (GB) 12:41; 5, van Hecke (Bel) 12:47; 6, Fox (GB) 12:54. . . . 10, Power (GB) 13:20; 13, Jones (GB) 13:33; 16, Carmody (GB) 13:52; 17, Leavesley (GB) 13:57; 18, Battersby (GB) 14:04. **Teams:** 1, GB 26; 2, Belgium 81; 3, France 82. **(Cadettes, 1964 & 1965):** 1, Carmody (GB) 8:28; 2, Davies (GB) 8:40; 3, McDonnell (GB) 8:51; 4, McGee (GB) 8:59; 5, Rollins (GB) 9:03; 6, Ely (GB) 9:07. . . . 8, Heys (GB) 9:16; 9, Hardman (GB) 9:17; 10, Higgins (GB) 9:19; 25, Askey (GB) 10:05. **Teams:** 1, GB 21; 2, France 74; 3, Belgium 129; 4, Netherlands 186. **(Minimes, 1966 & 1967):** 1, Sowerby (GB) 6:30; 2, Collard (Bel) 6:41; 3, Brockley (GB) 6:48; 4, Cassidy (GB) 6:51; 5, Davenport (GB) 6:54; 6, Mackay (GB) 6:57. . . . 9, Dundon (GB) 7:04; 10, Allen (GB) 7:06; 11, Dunne (GB) 7:07; 13, Hindle **Teams:** 1, GB 28; 2, Belgium 60; 3, Netherlands 141; 4, Luxembourg 184.

WESTON ATHLETIC CLUB DATE FOR YOUR DIARY

1st 10 MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

in Weston-Super-Mare

12th JULY, 1980

2 Mile Race for Juniors

Sponsored by Second City Homes Ltd.

Get into Top Gear from

Sport today's

Super Spring Sale

KARHU	Size	Price	Size	Price
THE CHAMPION	3-5½	£15.47	6-11	£17.78
SUPER GREEN	3-5½	£15.47	6-11	£17.78
PRAGUE	3-5½	£14.96	6-11	£17.20
LASER	3-5½	£16.46	6-11	£18.93
SLING BAG				£4.72
KIT BAG				£9.90
TUBE BAG				£5.40
RAINSUIT. Waterproof and Windproof				£20.29

ADIDAS	Size	Price	Size	Price
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Dave Black Just Outside Record In Solihull '10'

April 19th

Tamworth's Dave Black repeated last year's victory in 47:24, but was just one second outside his course record. The time was excellent in the windy conditions but with two miles remaining it looked very much as if Black would be beaten, as Andy Holden and Keith Penny had a ten metre advantage. However, he fought back strongly, and with about 700m to go the three were together and it was anybody's race. As so often happens, Black proved to be the stronger and pulled away to win by three seconds from Penny, with Holden third. Mike Kearns, now rapidly recovering from the serious injury which kept him out of athletics all last season, placed a gallant fourth in 48:55.

John Hull

1, D. Black (Tamworth) 47:24
2, K. Penny (Cambridge H) 47:27
3, A. Holden (Tipton) 47:35
4, M. Kearns (Tip) 48:55; 5, C. Mattock (W&B) 49:19; 6, R. Maule (Cov) 49:43; 7, J. King (S&SH) 50:12; 8, S. McHale (Glouc) 50:14; 9, P. Banks (Cov) 51:11; 10, F. Gillies (Banb) 51:14; 11, J. Wagstaff (Tip) 51:24; 12, S. Carter (Cov) 51:46; 13, K. Holmes (Tam) 51:52; 14, P. Barnes (Wk. P) 52:01; 15, P. Allen (Warl) 52:09; 16, R. Games (Chelt) 52:13; 17, E. Austin (Worc-V)

52:19; 18, R. Panter (Bir) 52:34; 19, R. Harrison (A&SV) 52:35; 20, D. Jackson (Tel) 52:46; 21, M. Roberts (Staffs M) 52:57; 22, B. Baldaro (Spark) 53:02; 23, J. Davies (Newc) 53:03; 24, D. McNamee (Chelt) 53:06; 25, N. Gray (S&SH) 53:11; 26, P. Flynn (S&SH-V) 53:16; 27, J. O'Rourke (Tel) 53:17; 28, R. Cooper (Worc-V) 53:19; 29, G. Morris (S&SH) 53:24; 30, C. Rutland (Banb) 53:34; 31, N. Jinks (Worc) 53:44; 32, N. Hall (Glouc) 53:44; 33, T. O'Reilly (S&SH) 54:04; 34, B. Clarke (B&R) 54:05; 35, D. Catlow (Chelt) 54:12; 36, C. Lees (S&SH) 54:19; 37, A. Richards (Tip) 54:24; 38, A. Hudson (B&F) 54:28; 39, A. Watton (Spark) 54:30; 40, S. Holdsworth (Rug) 54:36. **Teams:** 1, Tipton 52; 2, Cheltenham 75; 3, Coventry 75; 4, Worcester 76; 5, Solihull & S. Hth 80; 6, Banbury 86; 7, Telford 89; 8, Gloucester 137; 9, Rugby 145; 10, Sparkhill 156. **(Women):** 1, S. Hassan (Bir) 57:26; 2, B. Smith (B&R) 63:52; 3, C. Readdy (Stoke) 64:26; 4, J. Walker (Cov) 69:41.

BRITISH MARATHON RUNNERS CLUB

Qualifying standard for membership has been lowered to 2:30. Officers for 1980: president — Ron Hill; chairman — Bill Adcocks; secretary — Don Shelley, 22 Mount Avenue, Stone, Staffs ST15 8HU; treasurer — Alan Mills.

HECKINGTON & DIST. AGRIC. SOC.

ATHLETICS

To be held on
SATURDAY, 26th JULY, 1.30 p.m.
(Under A.A.A. & W.A.A.A. Laws)

AFTERNOON EVENTS	Prize Values	Entry
800m Scratch Open	1st £18 2nd £12 3rd £6	Fee 30p
Mile Scratch Open	£30 £18 £10	30p
Ladies 800m Scratch Open	£15 £10 £5	25p
Ladies Mile Scratch Open	£20 £12 £6	25p
Youths 800m Scratch Open	£7 £4 £3	20p
(O/15, U/17, 1.9.80)		

OPEN 10M ROAD RACE

Sponsored by
Thompson and Richardson Ltd., Sleaford
Start 3.30 p.m. approx. 2 lap course

Entry Fees: Men 35p, Ladies 30p. No Team fee. **Prize Values:** Men — 1st £25, 2nd £18, 3rd £12, 4th £7, 5th £6, 6th £4. Ladies — 1st £15, 2nd £10, 3rd £5. Teams (3 score) — 1st 3 @ £6, 2nd 3 @ £5, 3rd 3 @ £4. No Ladies team awards.

Please note: A club with more than 3 runners: their next 3 will count as a team. First Veteran O/40 on day £5.

Entries on A.A.A. forms to: Mr D. G. Bell, 71 Church Street, Heckington, Sleaford, Lincs. Tel. Sleaford 60978. S.A.E. for results sheet.

CLOSING DATE SAT., 12th JULY, 1980

SCUNTHORPE HARRIERS A.C.

present the Family Weekend

OPEN SCRATCH ATHLETIC MEETING

(Under A.A.A. & W.A.A.A. Laws)

at Quibell Park Stadium, Scunthorpe

SUNDAY, 15th JUNE

Programme starts 12.00 p.m. prompt

Boys (8-12) — 80m, L.J., 4 x 100m.
Boys (12-15) — 100m, 200m, 800m, H.J., 4 x 100m.
Youths — 100m, 200m, 800m, Javelin, 4 x 100m.
Girls (8-11) — 80m, H.J., 4 x 100m.
Girls (11-13) — 100m, 4 x 100m.
Girls (13-15) — 100m, 4 x 100m.
Girls (11-15) — 200m, 800m, L.J.
Inters. — 100m, 200m, 800m, S.P., D.T.
Men/Junior Men — 100m, 200m, 800m, 1500m.
Women — 100m, 200m, 800m, 3000m.
Trophies: for Boys, Youths, Girls & Inters races.
Prizes: Men £15, £10, £5. Women £12, £8, £5.
Entry Fees: Boys, Youths, Girls & Inters 25p per event, £1 per relay team. Junior Men, Senior Men & Women 30p per event.

CLOSING DATE 24th MAY, 1980

Entries & S.A.E. (for admission tickets) to: Mr B. W. Rose, 81 Caistor Avenue, Bottesford, DN16 3QN.

BRITISH VICTORIES IN TEXAS

Heather Hunte, with a personal best 100m time of 11.23, and Steve Ovett — who defeated Steve Scott in the 3000 (7:52.5 to 7:53.0) in hot weather — were winners at the international meeting in Houston last Saturday. David Jenkins returned to top-class form by placing 4th in the 400 (46.0), one place ahead of Harald Schmid; Wilbert Greaves was 4th in the 400 hurdles (51.18); Joslyn Smith was 2nd in the 400 (53.12) and Lorna Boothe 3rd in the 100 hurdles (13.29). In Los Angeles the same day James Sanford (US) clocked the stunning 100m time of 9.88 with the wind only just over the limit at 2.3m/sec! Cameron Sharp won over 200m at Fort-de-France last week in a personal best of 20.90. Another impressive sprint mark: a 22.7 200 (windy) in her first race since injury curtailed her 1979 season by Sonia Lannaman at Hornchurch last Monday.

Other results to hand from Houston: TJ: 3, Keith Connor 16.52m; women's 200: 1, Hunte 22.86.

HARBORNE ROAD RELAYS

At Quinton, April 12th

1, Tipton (J. Wild 20:33, R. Westwood 20:10, T. Milovsarov 20:15, R. Cytla 20:53, B. Cole 21:18) 1:43:09.

2, Tipton 'B' (M. Poutney 21:15, P. Griffiths 20:50, C. Perkins 21:27, J. Wagstaff 21:28, D. Fowles 21:26) 1:46:26.

3, Sparkhill (D. Tierney 21:13, V. Rollason 21:14, J. Thornbury 21:48, S. Gibbons 21:09, J. Butlin 21:22) 1:46:46.

4, Wolverhampton & B (K. Scott 21:23, P. Guest 22:37, J. Wheway 20:26, D. Nichol 21:50, C. Mattock 20:48) 1:47:04.

5, Birchfield 1:49:03; 6, Worcester 1:50:14; 7, Derby 1:50:51; 8, Tipton 'C' 1:51:00; 9, Sparkhill 'B' 1:52:02; 10, Telford 1:52:46; 11, Bromsgrove & R 1:53:31; 12, Sparkhill 'C' 1:53:38; 13, Warley 1:55:39; 14, Birchfield 'B' 1:55:57; 15, Halesowen 1:56:05. **Fastest Laps:** Westwood 20M10; Milovsarov 20:15; Wheway 20:26; Wild 20:33. **(Vets Relay):** 1, Tipton (R. Griffin 23:44, A. Whittle 22:59, D. McWhirter 25:37, B. Pickerill 25:52) 1:38:12; 2, Solihull & S. Hth (P. Flynn 22:45, B. Gray 25:10, K. Dare 26:06, C. Simpson 24:26) 1:38:27; 3, Wolverhampton & B 1:46:10. **Fastest Laps:** Flynn 22:45; Whittle 22:59; Griffin 23:44. **(Youths):** 1, C. Corbett (B&R) 13:40; 2, M. Dalloway (Stour) 13:43; 3, M. Slevin (Cov) 13:52; 4, A. Passey (B&R) 14:00; 5, R. Jackson (Der) 14:10; 6, S. Wright (Der) 14:20; 7, N. Conway (Stour) 14:21; 8, P. Dalloway (Stour) 14:23. **Teams:** 1, Bromsgrove & R 15; 2, Stourport 17; 3, Warley 34.

OLYMPIC WALK TRIALS

May 4th, City of London — 20km: M. Greasley 90:51, G. Nibre 91:21, B. Adams 92:36; 50km: I. Richards 4:10:53, C. Maddocks 4:15:42, A. James 4:15:47.

TWO WORLD RECORDS

Within a week of the world javelin record of 96.72m by Ferenc Paragi (who will be representing Hungary at Cwmbran on May 18th), Ruth Fuchs broke her own world record with a throw of 69.96m (229'6") at Split on April 29th. Her GDR colleague, Ilona Slupianek, broke Helena Fibingerova's world shot record with 22.36m (73'4½") at Celje, also in Yugoslavia, on May 2nd. The young Frenchman, Thierry Vigneron, vaulted to a European record of 5.67m (18'7¼") at Libourne on May 1st.

SOME NICE RESULTS . . .

Several British athletes competed in Nice on April 26th. Results included — 200: M. Fowell 22.17, A. Bell 22.20; 400: Bell 46.95, R. Ashton 48.19; 1500: C. Reitz 3:41.7, G. Fell 3:45.6; 110H: B. Price 14.85; 400H: M. Whittingham 51.25, G. Oakes 51.36; HJ: O. Cham 2.10; PV: K. Stock 4.75, A. Williams 4.60; DT: C. Sutherland 54.34; women's 100: H. Hunte 11.83, H. Barnett 11.98; 200: J. Smith 23.65, Barnett 23.99, L. Boothe 24.00, R. Patten 24.70, S. Longden 24.95; 400: M. Probert 53.20, S. Dalgoutte 56.57; 100H: S. Strong 13.98, Y. Wray 14.53, W. McDonnell 14.80; HJ: L. Miller 1.85, M. Maguire 1.80, Wray 1.65; LJ: Longden 6.35, G. Regan 6.10, Wray 5.76; SP: J. Oakes 16.56; JT: J. Zaslon 54.06 (Welsh rec), J. Williams 50.32. Headwind in sprints and hurdles.

EPSOM & EWELL HARRIERS

100 MILE ROAD RUNNING RACE

SATURDAY, 26th JULY, 1980

6.00 a.m. Start

Race H.Q., Forest Green Village Hall,
Dorking, Surrey

Entry Fee: £1.

ENTRIES CLOSE JULY 1st

Time limit: 18 hours.

Refreshments: 3 feeding stations each lap, orange, water etc.

Course: All on roads through 3 villages, several small hills, one stretch where there is traffic.

Accommodation: Ewhurst Green Y.H. 15 beds saved for runners Friday & Saturday night, mark 'Runner' on booking form. Forest Green Village Hall, Friday & Saturday night, bring own food and sleeping bag if using Village Hall. Y.H. supplies bed and sells food. Outside caterers will be on hand all day Saturday for officials and runners, others pay.

Prizes: Surrey Advertiser Cup to winner, medals to first three men and women. Certificates to all finishers.

Entries and enquiries to: G. Peddie, Tanners Hatch Y.H., Polesden Lacey, Dorking, Surrey.

BOROUGH OF TORFAEN

CWMBRAN CLASSIC

1980

(Under A.A.A., W.A.A.A. & I.A.A.F. Rules)

INTERNATIONAL ATHLETICS WHIT MONDAY, MAY 26th

INVITATION EVENTS MEN & WOMEN 1.30 p.m.

AAA CENTENARY DECATHLON DAY 2 10.00 a.m.

Men: 100m, 200m, BMC 1500m, 3000m, 110mH, 400mH, Shot, L.J.

Women: 100m, 200m, 400m, 100mH, 400mH, BMC Mile, Shot, L.J., Javelin.

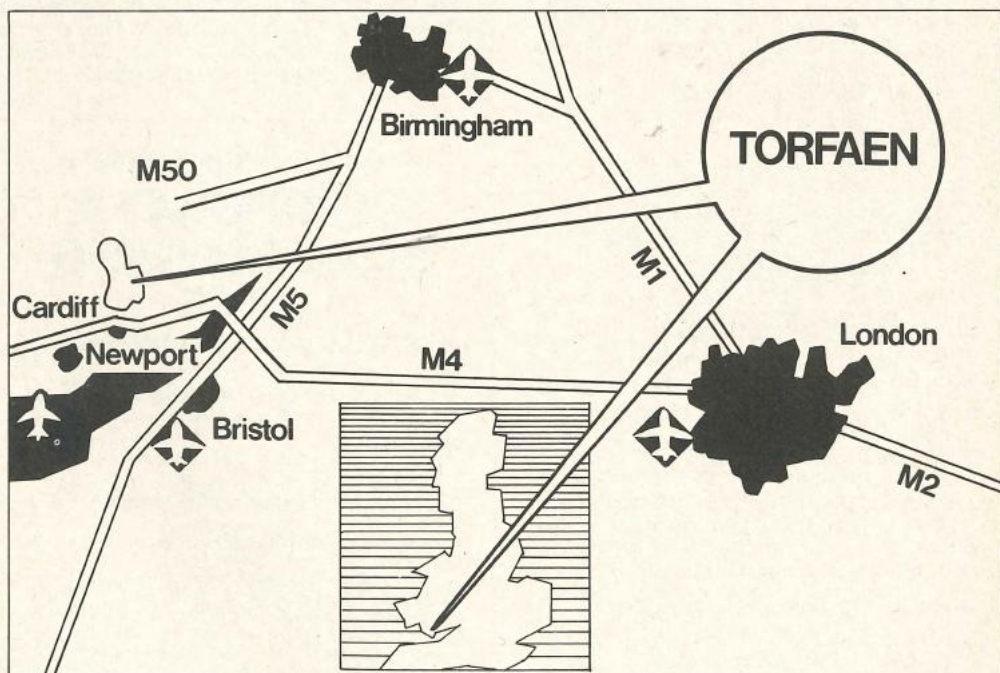
Tickets: £1.50 Stand No. Reserved. Ground £1.00 — Half price children.

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Wins For Ford & Adams In Maidenhead '10'

April 4th

1, B. Ford (Aldershot F&D) 48:20
2, J. Jones (Windsor S&E) 50:25
3, M. McCarthy (Bedford) 50:43
4, G. Staunton (Lon. I) 51:28; 5, R. Gevers (SLH) 51:31; 6, F. Upcott (SLH) 51:44; 7, M. Duff (WS&E) 51:50; 8, D. Hardstaff (N. Lon) 52:11; 9, F. Gillies (Banb) 52:19; 10, M. Woods (AF&D) 52:28; 11, A. Watt (Bramp) 52:35; 12, W. Venus (Blay-V) 52:40; 13, I. Logan (AF&D) 52:42; 14, G. Ogden (High) 52:53; 15, R. Graham (WS&E) 53:02; 16, P. Keenan (Ov) 53:22; 17, D. Wheeler (Ox. C) 53:24; 18, R. Smith (WS&E) 53:28; 19, M. Wilson (Ex. B) 53:33; 20, F. Green

(HW) 53:36; 21, A. MacBrayne (HHH) 53:40; 22, R. Ellerton (VoA) 53:44; 23, D. Case (E&S-V, O/45) 53:47; 24, M. Bliss (B'stoke) 53:52; 25, S. Disney (Unatt) 53:55; 26, L. Benjamin (Hill) 53:59; 27, C. Rutland (Banb) 54:04; 28, R. Ingleton (Darl) 54:10; 29, J. Carswell (Brack) 54:14; 30, P. Lake (Tiv) 54:17; 31, P. Varney (Banb) 54:21; 32, M. Barrett (E&S-V, O/45) 54:23; 33, W. O'Connor (QPH) 54:31; 34, J. Polgreen (Ox. C) 54:34; 35, G. Whitsun (Rane) 54:40. **Teams:** 1, Windsor S&E 42; 2, Aldershot F&D 67; 3, Banbury 118; 4, Reading 164; 5, S. London 164; 6, Oxford City 189; 7, Hillingdon 203; 8, Maidenhead 206; 9, Ealing & S 234; 10, Queen's Park 273. (**Vets, O/50:**) 1, D. Lee (Shaft) 61:12; 2, J. McGuire (Maid) 63:10. (**Women:**) 1, G. Adams (AF&D) 58:29; 2, L. Billington (Houn) 64:22; 3, L. Tonner (Swin) 65:32; 4, L. Watson (LOAC) 66:13; 5, B. Burns (Hill) 69:44.

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Latest Olympic Moves

THIS COMING WEEK will be of vital importance to the stature of the Moscow Olympic Games. On May 15th the West German Olympic Committee will make its decision as to whether to accept the invitation (the West German Government is in favour of boycotting), and many undecided Western nations will be influenced by that decision.

Representatives of 19 European Olympic Committees, including the BOA, met in Rome last week and agreed that the Moscow Olympics should go ahead — but without any national anthems, flags or political speeches. The plan will be discussed by the Olympic Committee of each of the countries: Austria, Belgium, Denmark, Finland, France, Greece, Ireland, Italy, Liechtenstein, Luxembourg, Malta, Netherlands, San Marino, Spain, Sweden, Switzerland, Turkey, UK and West Germany.

The Canadian Olympic Association has voted 137-35 in favour of supporting the Canadian Government's pro-boycott stance, thus reversing an earlier decision to accept the Moscow invitation. However, a Canadian team will be chosen in case "the international situation improves". Norway's Olympic Committee has also voted to boycott the Games. In the USA, legal moves are being taken by a group of 20 athletes seeking an interim injunction against the USOC's boycott action.

Meanwhile in Britain, the BOA decided at its annual meeting on May 2nd that competitors would not be required to parade in the opening and closing ceremonies. One official would carry the Great Britain placard and another the flag of the International Olympic Committee and not the Union Jack.

Denis Howell, the Opposition's spokesman on sport, has tabled a question in the Commons asking the Prime Minister for a statement on British Olympic participation following President Carter's lifting of the ban on grain exports from the USA to the USSR. The continuing export of cheap butter to the Soviet Union by the Common Market is another example of politicians demanding sacrifices by Olympic competitors but refusing to take tough economic sanctions against the USSR.

Mel Watman

S. AFRICAN RESULTS contd from page 17

Orange Free State Univ 8:24.1 (de Kock 2:02.1 1st leg). **26.3. Stellenbosch.** 400: Kotze 45.9 (best of 47.4 5 months earlier); 3000SC: Annandale (19) 8:33.2, MARSAY 8:33.2; women's 800: de Kock 2:01.2 (rec). **28.3. Germiston.** Women's 800: van Zyl (18) 2:02.9; HJ: Gale (b.27.2.64) 1.90 (rec). **29.3. Germiston.** 400: Reinach 46.17. **1.4. Potchefstroom.** 110H: Bosman 13.5 (eq rec).

MICHELIN ATHLETIC CLUB

11th ANNUAL

Michelin

(UNDER AAA & WAAA LAWS)



INCORPORATING LADIES RACE

Start 12.15pm Michelin Sports Centre

Rosetree Ave., Trent Vale, Stoke-on-Trent 1 mile from M6, Junction 15

*EXCELLENT PRIZES *FAST TWO LAP COURSE (47.23) COURSE RECORD
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AND DISTANCE TRAVELLERS

Prizes 1ST 10 FINISHERS*1ST 6 TEAMS (3 TO COUNT)

1ST 3 VETS (0/40-U 45)*1ST VETS (0/45), (0/50), (0/55), (0/60)

1ST 3 MICHELIN RUNNERS

1ST 10 PREVIOUSLY UNAwarDED FINISHERS

LADIES RACE AT LEAST FIRST 3 FINISHERS AND FIRST MICHELIN LADY

Time Certificate to all finishers, Commemorative Pottery

Plaque to at least first 450 men / 50 lady finishers

Entry Fee: 50p per Individual—No Team Fee

CLOSING DATE FOR ENTRIES IS 19th MAY (NO LATE ENTRIES)

s.a.e. for acknowledgement, direction and map of course.

Entries/Enquiries:

Sports Manager, M.A.C., Sports Centre,

Rosetree Avenue, Trent Vale, Stoke-on-Trent ST4 6NL. Tel: 0782 657859

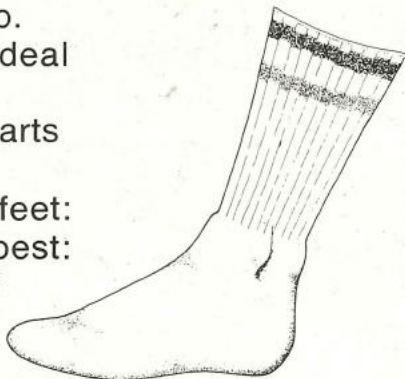
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We have a wide range of Metro socks, for men, women and children. They are all in white with differing colour combination bands at the top.

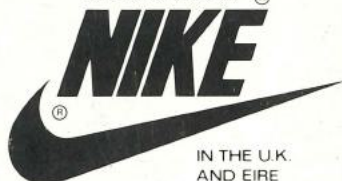
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FOOTNOTE (omission from April 26th ad) Nike Tailwind can also be obtained from **K. G. Sports**, The Catford Centre, 28/29 Winslade Way, London SE6 4JU, who are **Mail Order Specialists**.