

Athletics WEEKLY

March 5th, 1960.

9^D

Vol. 14. No. 10



V. Cutting (Ilford) No. 85 wins Women's 100 at Tooting

**DURHAM UNIV. WIN
IMPERIAL COLLEGE
HYDE PK. ROAD RELAY**

**A.A.A. INDOOR
MEETING**

★
**BEST JUNIOR PERFORMERS
CONTINUED**

Road Races and Relays • Walking • Action Photos

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

WALKING

by A. D. McSweeney

KEN MATTHEWS has had rather less intense competition this winter but that he is very fit at present is shown by his course record 73.47 in the Midland 10M. Championship at Birmingham. This was on the day that Stan Vickers won the London County 10 miles in 73.14 on a possibly easier course, and indicates another great duel when these two meet in the National 10 Miles—held by Matthews—in three weeks time at Hendon.

Matthews had the huge margin of 8 min. over the second man, Ken Harding, but although Sutton Coldfield had the first two home they were beaten by as much as 12 pts. by Leicester who crowded 7 in the next 9. Peter Markham was third and headed the Leicester team with veteran Albert Staines fourth and still showing speed. Fifth was the new Leicester club champion, Graham Thrall.

Mick Grayson, 17 years' old and the youngest competitor in the race, surprisingly won Sheffield's 10 M. Club Championship from the fancied Ray Ibbotson. These two—both training in Albert Johnson's "stable"—were together in front after halfway and Grayson made his effort a mile from home.

The County "Tens"

There were some new winners in the County 10 Miles Championships on Saturday; "Dicky" Green, of Surrey W.C., won his County event at South Croydon and Gordon Dick, of Highgate, the Bedfordshire race from Luton to Harpenden and back, while Bob Goodall regained the Essex title at Woodford Green.

Stan Vickers (Kent) clocked the fastest of the day in lowering the Bexley course record by over two minutes. He showed 75.48, with Godbeer upsetting form by beating Bob Clark for second place. Tom Misson had a very hard fight before he overcame Don Thompson in the Middlesex event at Parliament Hill, to win in 77.43, but there was only the odd yard in it throughout. In fact Don twice took the lead in the last 1½ miles.

There was one of those unfortunate

happenings that do occur in the Surrey race. George Williams and Ray Middleton of Belgrave, well in the lead at 2½ miles, went off course and lost about three minutes. Williams battled hard to make good the deficit and got back up to third place but his effort told and John Knifton repassed him near home. Ray Hill was second and the expected winner, Eric Hall, was a non-starter due to indisposition.

Goodall, Meadows and Williams, C., kept close formation at Woodford for half distance and when Williams fell away Meadows held the winner until the last mile or so. Chris Manning, the youngest winner of the day, kept his Hertfordshire title. He goes to Oxford University next term.

There should be some interesting racing at Battersea Park Track this Saturday, starting 2.30, with the Youths' 3 Miles. Following is the Youths' 6 miles and Badge race, then the A.A.A. Southern "7" for which over 40 are entered. The Northern Counties 10 miles is at Morecambe.

Stan Vickers has just been awarded the "International Trophy" by the R.W.A. for the past year. The best performance in International competition was adjudged to be his course record win in the long-established Berlin 25km. last summer when he well beat the field in 1h. 55m. 59.4s.

New Walking Section Hon. Sec. of Worcester H. is Bob Cooper, 27 Squires Walk, Kempsey, Worcs.

Ten Mile County Championships.

Beds. (Luton). 1, R. G. Dick 85.12; 2, J. Kingham 85.17; 3, J. Telford 89.10 (all Vauxhall M.).

Essex (Woodford). 1, R. F. Goodall (Woodford) 79.04; 2, G. Meadows (Essex B.) 79.42; 3, C. Young (Essex B.) 81.43; 4, R. Betts (Ilford) 82.29; 5, C. Williams (Ilford) 82.53; 6, N. Alderman (Ilford) 82.53. **Teams:** 1, Ilford 22; 2, Essex B. 30; 3, Woodford 32.

Herts. (with Beds.) 1, C. J. Manning (Highgate) 82.23; 2, H. Neilson (Woodford) 83.37; J. Moran (St. Albans) 83.53.

Kent (Bexley). 1, S. F. Vickers (Belgrave) 75.48 (rec.); 2, J. F. Godbeer (Cambridge); 3, R. A. Clark (Poly.) 80.57; 4, S. J. Percy (Cambridge) 84.07; 5, D. Hopkins (Medway) 85.36; 6, M. Fullager (Surrey W.C.) 86.15. **Teams:** Cambridge 18; Medway 19.

(Continued on page 19)

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EVERY SATURDAY—NINEPENCE

INTERESTING A.G.M.

THE A.A.A. Annual General Meeting on March 19th should prove an interesting one. Finance will be the burning question and will concern not only the means by which income can be stepped up immediately, but also whether or not the A.A.A. should make their usual grant to area associations irrespective of the state of the finances of the governing body.

The Midland Counties consider they have a right to this grant and there is likely to be some plain speaking on this and other issues, both from the Midland and, as usual, from the Northern delegates.

The Hon. Secretary, on behalf of the General Committee, will propose that clubs should be asked to contribute to the Association a sum equivalent to one annual subscription. But this is only a temporary measure and though it is true that receipts from White City meetings were unusually low this last year, we should not have to rely entirely on this source of income, for it could happen again this or any other year.

Phil Gale's proposal aimed at the formation of a United Kingdom A.A.A. will undoubtedly stimulate some interesting viewpoints, though it would be interesting to know the opinions of the other Associations concerned.

National Entries. Entries for the Cross-Country Championships at Dartmouth Park, West Bromwich next week are again a record. Entries for the three events, with possible number of starters in brackets, are: Seniors 1,432 (962), Juniors 953 (642), Youths 964 (646).

Finally, we are advised that it is planned once again to publish a 1959 list of British Best Performances (as distinct from Performers) in booklet form, with 50 men's and 30 women's marks given in most events, plus place, venue and date. It would be helpful to the producers if readers who would purchase such a booklet would send a postcard to A. Huxtable, 78 Toynbee Road, London, S.W.20. Last year's edition was completely sold out and an early order will avoid disappointment.

THE EDITOR

Cover photo by G. E. H. Cranham

Valerie Cutting (Ilford) wins the women's 100 yards from A. Jenner (Welwyn) and Jill Dudderidge (Middlesex Ladies) at the Surrey A.C. Winter Meeting at Tooting.

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

AGE GROUP ANOMALY

Dear Sir,

Your excellent ranking lists are unwittingly the cause of a controversy at the present time.

The existing age rule is that of the competitor on the preceding 1st April. Therefore one would think that a competitor who is 19 after the 1st April, 1959 would be a Junior for twelve months. This seems logical although it might mean that a competitor competing in a meeting in March might record a performance that would be in the Junior ranking lists for 1960 but as he will be a Senior from 1st April he might also appear in the Senior ranking lists quite correctly.

This arose at Surrey Athletic Club's excellent meeting last Saturday. One of this club's last season's juniors and one of its youths were ruled to be senior and junior respectively. In the case of the junior he is not 19 until 31st March! I understand that Phil Tomkins is just as confused on this matter as I am and he had referred it to the A.A.A. who gave the ruling that the competitors would take their age groups from the age they would be on 1st April next. This seems all wrong in view of the present rule, as it means that the A.A.A. only recognise nine months as being a year, and the athlete does not exist for the other three months until he becomes a senior. The whole thing, of course, is that the rule was framed when there were no winter track meetings. Now that athletics is becoming more and more a twelve months sport would it not be better to alter the date to 1st January? Then a competitor would have twelve months at his age. Conversely ranking lists should not be made up for "1959" but from 1st April, 1959 to 31st March 1960. The present cross-country rule would not be affected.

I foresaw something of this nature a week ago and raised the question on the

Committee of the Surrey County Women's A.A.A. After discussion they decided that a competitor must be in an age group for a full year from 1st April, and a junior would remain a junior, and an intermediate an intermediate for a full period until the next change of age date—1st April. I understand that the Selsonia field event meetings will recognise this ruling.

To my mind, the Women's ruling is more logical than the men's. I do not believe that the W.A.A.A. have considered the matter, or, in fact, had the point put up to them.

In view of the extending track season this matter should be cleared up. I certainly feel that the date should be altered to 1st January and then performances and ranking lists could go hand in hand. Although some people treat ranking lists slightly, athletes are interested in them because of the possibility of their being used for County and other selection purposes.

Yours truly,

T. Robertson

TIMEKEEPERS' TEST

A practical test for those wishing to become graded Timekeepers will be held at R.A.F. Cosford on Saturday, 26th, March, 1960. The test has been arranged by the Midland Counties A.A.A. and the R.A.F. Athletic Association, and candidates should report to the Gymnasium by 1.15 p.m. Anyone wishing to take the test should advise Sqdn. Ldr. D. C. Davies, 78 Oakfield Road, Shrewsbury (Tel.: 51245) or Mr. R. W. Swanton, 80 Charlemont Road, West Bromwich, Staffs., not later than Monday, 21st March.

At the Kent County A.G.M. all the officers were re-elected for 1960. Mr. A. Holland and Mr. W. J. Clarke were made Vice-Presidents and Mr. S. C. Wooderson was added to the list of Vice-Presidents to serve on the Committee.

Best British Junior Performers 1959

(Continued)

Compiled by Members of the National Union of Track Statisticians

Amendments and additions will be gratefully received by CHARLES ELLIOTT, 273 High Road, Leyton, London, E.10.

IMPORTANT: Would all Athletes who appear, or think they should appear in these lists, please send personal details (i.e.: Date of Birth; Club/School; Full Name and Address) as soon as possible to the above address.

Note: † denotes Youth

LONG JUMP

All athletes with performance of 20 feet or better, please send the necessary details to the above address.

23'0½"	Nigel Seale (Kelly Coll)	30.5
22'9½"	Alex Davies (Hampstead)	23.9
22'7"	Brian Foley (Liv. Col. Ins)	19.6
22'6"s	Pete Stafford (Birk'hd S)	20.3
22'5"	John Rowland	17.7
22'4½"	Lewis Birchall (Hor.R.M.I.)	25.7
22'3"	Dermot Morris	27.6
22'2½"	Norman Patterson (Bor'mr)	3.6
22'1½"	Pat Higgins (Perse Sch.)	30.5
	Mike Smith (Brighton AC)	2.6
22'0"	Eric Dolton	5.9
21'11½"	M. Hill (St. Anstell's CGS)	30.5
21'10½"	Chris Simey (Sou'wll Min)	22.8
21'9"	John Jones	27.5
	Dave Williams (Kent AC)	6.6
	Miguel Ribeiro (Dul'ch Co)	13.6
21'8½"	Ted Hawkins (Hornchurch)	15.8
21'8"	Roger Slaughter (Beds.&C)	30.5
21'7½"	Terry Povey (Chelmsf'd AC)	6.6
	†R. Neale (Westcliffe CHS)	
21'7½"	M. Stonecliffe (Cambridge)	
21'7"	George Dodds (Gosforth)	15.6
21'6½"	Jack Kellett (Airedale H)	20.6
21'6"	Mike Taylor (Birkenhead)	20.3
	J. D. Wickwar	
21'5½"	†Ray Radley (Ilford AC)	25.4
21'5"	C. J. Sly (Weymouth GS)	30.5
21'4½"	C. S. Firth (Morley GS)	20.6
21'4½"	Graham Plows (Longwood)	20.6
21'3½"	Bob Ascroft	8.7
21'3½"	†R. Cooper (Lutterworth)	27.6
21'3"	D. Bramley	27.6
	Buddy Senbanjo (Polytech)	26.8

LONG JUMP (Wind Assisted)

21'8"	Alistair McIlroy (Hornch)	18.7
21'6½"	†Roger Hallett (Edin Sthrn)	20.6
21'5½"	Orlando Baggott (SA/KA)	22.8

TRIPLE JUMP

All athletes with performances of 40 feet or better, please send the necessary details to the above address.

46'6"	Nigel Seale (Kelly Coll)	30.5
46'3½"	Dave Stephens (Castl'fd)	25.7
46'3½"	Wally Thompson (Poly H)	18.4
46'2"	Roger Slaughter (Beds&C)	30.5
45'10½"	†John Simpson (Wanstead)	7.7
45'9"	Mike Smith (Brighton AC)	27.6
45'1"	Pete Williams (Maesty GS)	11.7
45'0½"	Jim Huggan	15.7
45'0½"	Mike Holliday (W & Eton)	25.7
44'11½"	Malcolm Arnold (Win. Pk.)	20.6
44'11"	Bob Ascroft	22.8
44'9½"	Mike Tarvey (HHH)	25.7
44'8½"	†Leon Henry (R.A.F.)	30.5
44'4½"	Allan Jones (St. Maryle'ne)	25.7
44'1½"	J. Spink (QE.School, Notts)	20.6
44'0½"	†Dave Harvey	4.7
44'0"	A. Dodd	6.6
43'9"	D. Turley	8.8
43'8½"	Pete Walker (Saunders R.)	13.6
43'8"	Norman Lloyd (Army A.S.)	20.6
43'7½"	D. Beddells	20.6
43'5"	John Cooper (Leic Coll Art)	6.6
43'4½"	C. R. Jones	4.7
43'3½"	J. Maddison (Barrow GS)	13.6
43'3½"	— Foster	.8
43'2½"	Lewis Birchall (Horwich)	27.6
43'1½"	†R. Cooper (Lutterworth)	6.6
43'0½"	†J. McKechnie	12.5
	†T. Merry	18.7
	†Tony Bongham (Merthyr AC)	

TRIPLE JUMP (Wind Assisted)

46'4"	Mike Smith (Brighton AC)	30.4
44'1"	Pete Walker (Saunders R.)	14.7

(Throws next week)

WE SHOULD PAY . . . says DENNIS CULLUM

referring to the state of the finances of the A.A.A.

IN common with all enthusiasts for the sport, I was disturbed to read the reports in the newspapers which followed the A.A.A.'s recent announcement about their loss of more than £6,000 in 1959. Following a deficit of nearly £1,000 in 1958 it is obvious that drastic measures are urgently needed to put the finances of the Association permanently into a more healthy condition.

It has always seemed to me that the financial structure of the A.A.A. has been exceedingly precarious, with its income mainly derived from donations and the proceeds of meetings. The present situation was bound to develop sooner or later, and it is to be hoped that the financial reserves are sufficient to last out whilst new measures are implemented.

One does not know what these measures are likely to be, but Mr. Clynes is reported to have said that affiliated Clubs are going to be asked to make a donation equal to their own subscription, and that entry fees for the A.A.A. Championships will be raised from 5/- to 10/-. With the greatest respect, I cannot help but feel that these two measures are but drops in the ocean, which do not come to grips with the problem at all. Looking at the A.A.A. Accounts for the year 1958, one is at once confronted with the fact that the total income from Subscriptions by Clubs and Associations totalled only £790—a meagre sum compared with a total loss in two years of more than £7,000. The extra revenue to be derived from the raising of the Championships entry fee is not likely to be much more than £100, an insignificant contribution in the circumstances.

The Hon. Secretary is also reported to have said that the loss in 1959 was largely due to poor attendance at the A.A.A. Championships and other meetings, but surely an additional £6,000 could not have been anticipated from this source. Another look at the 1958

accounts bears this out, for A.A.A. Meetings that year produced an overall profit of £3,926, yet there still resulted a loss on the year's accounts of £926. This seems to indicate that even successful A.A.A. promotions do not solve the problem of finance, nor in my opinion will they or should they.

CHARITY

I have never understood why the A.A.A. is content to rely for so much of its income on "charity." In 1958 the basic general administration expenses plus grants to Areas — ignoring all expenses involved by Coaching, Equipment, Publications and sundry odd accounts — amounted to no less than £10,473. To meet this commitment the only regular income amounted to £2,318, made up as follows:

	£
Subscriptions from Clubs and Associations	790
Subscriptions from Honorary Members	1,056
Life Subscriptions	83
Affiliation Fees	18
Registration Fees	21
B.A.A.B. grant for office expenses	350
	£2,318

All the other income came from the net profits on meetings, a grant from the Ministry of Education for Coaching Scheme administration, sundry small sources and a thumping great donation from the "News of the World" of £3,431—all problematical and uncertain sources. It is apparent that the only certain income fell short of the basic minimum administrative expenditure by no less than £8,155. Surely this is not sound finance? It may be assumed that these figures are approximately the same for 1959.

What, then, is the solution? A most worthy effort is being made by the

Amateur Athletics Supporters' Association, but once again their contribution is uncertain. Surely what is wanted is a positive regular income of at least £10,000 per annum — or sufficient to cover basic expenses. Once this is forthcoming, donations and profits from meetings can go towards new developments which are at present held up by lack of funds — training areas, indoor and outdoor, and many others.

Where will this income come from? My answer is, from the sport itself. I have never been able to understand why athletes are not called upon to contribute towards the cost of running their governing body. In the 1959 A.A.A. Handbook there are listed more than 1300 Clubs, yet the subscription income from them amounted to only £790! Surely this is where the weakness lies. 1,000 clubs should be able to produce £10,000 per annum without difficulty, if their payment to the A.A.A. is based on their membership. How many members of all types have these affiliated Clubs? It is difficult to estimate but one can guess at a conservative figure of at least 100,000. If all these contribute 2/- of their annual subscription, through their

Clubs, to the A.A.A., £10,000 is assured. If this arrangement had been in force for the whole period of my own participation in Athletics before the War, I should be less than £3 out of pocket—surely a small price to pay for so much enjoyment.

I realise that adjustments would have to be made for junior members and that an accurate survey of Club membership would have to be carried out, but the basic principle is here. Ask the participants to make a small personal contribution to the cost of running their sport, and I do not think they will be found wanting. The A.A.A. A.G.M. is coming soon—let us not waste the chance of putting the idea to the test.

COACHING CONFERENCE

A Coaching Conference will be held at the Polytechnic, 309 Regent Street, London, W.1. at 5 p.m. following the A.G.M. of the A.A.A. on Saturday, 19th March. Any Coaches who have not received a notice and would like to attend, should make application to the A.A.A. Offices at 54 Torrington Place, London, W.C.1. A small nominal charge will be made to cover the cost of the room.

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Cross-Country Studs 6, and 9 to 11 only in half sizes ...	69/9	59/11
Olympian C.C. Studs 6, 6½, 8, 9, 11 only ...	85/-	69/11
F. E. & Jumping Shoes 6 to 9½ in half sizes. No 8½ ...	80/-	57/6

(Only model listed now)

Also a few oddments at give-away prices to clear:—
De Luxe, Brown 7 55/-; Olympian (Track) Blue 7½, 8½, Red 10 39/6; Star of Track Brown 7 45/-; King of Track, Black 8 37/6; Cross-Country & Road (Flat studs) 8, 10 30/-.

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Postage all shoes 1/6

THE SPORTS CENTRE, 8 MEDWAY STREET, CHATHAM, KENT

U.S.A. INDOOR MEETS

Philadelphia Inquirer Meet, Feb. 12th. Hayes Jones scored a great 50 yd. dash and hurdle double in 5.4 and 6.0 (eq. world record). He scored by a yard over Lee Calhoun in the hurdles and seven minutes later held on after being well in the lead halfway to beat the fast finishing Frank Budd. John Thomas again cleared 7ft. but failed at 7ft. 2in. Don Bragg was also "off" at 15ft. Frank Bowens, of Winston-Salem upset Josh Culbreath in the 600 by 2 yds. in 1:12.9, in the 1,000 yds. Ed Moran won from Mike Caraftis in 2:10.0, and Laszlo Tabori just held off Lew Stieglitz to win the Inquirer Mile in 4:11.7. Alex Breckenridge took the 2 miles in 9:07 by 3 yds. from Deacon Jones. Other winners: SP: Joe Marchiony 55'7 $\frac{3}{4}$ "; 35lb. Wt.: Martin Engel 58'5"; HSJ: Darrell Horn 48'8".



Gerry North (Blackpool) out on his own in the Northern Senior C.C. Championship with a lap to go.

S. Cook

N.Y.A.C. Meet, Madison Square Garden, Feb. 13th. Hayes Jones did it again, beating Paul Winder in 6.2 over 60yds. and Will Johnson in 7.2 over 60 "highs". Jim Beatty, who "sat out" the entire 1959 season, made a great comeback by inching out Dyrrol Burleson (in his N.Y. debut) in a 4:05.4 mile. Beatty's great kick in the final 40 yds. carried him past Burleson who had taken over from Ed Moran in the final quarter.

Bud Edelden ran John Macy into the ground over the last half-mile to win the 2 miles in 8:57.4; Alex Breckenridge, Pat Clohessy and Pelisa Mugosa also got him on the last lap. Arthur Crichlow made his first "Cup" race a good one by taking the Buermeyer 500 over Kye Courtney and Culbreath in 57.6. Art Evans, Manhattan, looked good in beating Ed. McAllister over 1,000 yds. in 2:13.0. Tom Murphy dropped out of the 880 at the 580 mark and Lew Merriman took over to edge Mike Peake in 1:53.8, with Caraftis third.

Villanova set a new mile relay record of 3:17.0. Frank Sipos, former Hungarian junior champ. and now student at San Jose State College, won the mile walk in a fast 6:28.6, only 9.4 outside the indoor record. I was second, off 40 yds., in 6:36.4, equal to 6:45, my best ever.

John Thomas was again over 7ft., Bob Gardner 6ft. 9in., Ken Bantum beat Joe Marchiony by an inch to win the shot with 55'3 $\frac{1}{4}$ ", Al Hall took the 35lb. wt. at 61'8 $\frac{1}{4}$ ", 3in. more than Stew Thomson, and Mel Schwarz took the pole vault at 15ft.

Los Angeles Times Invitational, Feb. 13th. Roscoe Cook, of Oregon, tied Herb Carper's unofficial mark of 6.0 flat for 60yds. but this will doubtless wind up with all the prior claimed but unapproved 6.0 marks on recent history. Lee Calhoun won the 60 "highs" in 7.1 from Rex Cawley, George Kerr ran best 600 of the year in 1:10.6, inching out Jack Yerman, with Mal Spence, Arizona, third but well back. Jim Grelle ran a nice 1,000 in 2:13.4 to win from Jerry Siebert 2:14.5, Phil Coleman ran another

(Continued at foot of page 9)

BROMBERG BEATS RADFORD IN A.A.A. INDOOR '60'

At R.A.F. Stanmore, 27th February

ON a fine afternoon when indoor athletics seemed anything but appropriate, the fourth meeting of the series produced five British indoor bests, two equalling existing figures. Mary Signal added 13½ ins. to Marian Needham's record with the following excellent series: F, 19'7½", 19'1", 19'8½", F, 19'6½". Her best jump equals, incidentally, exactly 6 metres. Fred Alsop finally eclipsed the oldest British indoor record 22'9" by Sandy Duncan at Wembley on 6th April, '35. Ann Charlesworth, in scoring her fourth consecutive win, took 0.1 sec. off the previous time shared between herself and Pat Nutting. Robin Brunyee, in the hurdles, and Rex Porter in the pole vault, equalled the existing bests. Harold Bromberg, who only arrived from South Africa on Friday, made a successful start to his bid for a place in the G.B. & N.I. Olympic team, with a narrow win over Peter Radford.

60 "A": 1, P. F. Radford (Birchfield) 6.4; 2, R. Jones (Birchgrove) 6.5; 3, A. F. Meakin (Blackpool & F.) 6.5. **60 "B":** 1, J. N. Whitehead (Birchfield) 6.5; 2, D. H. Jones (Woodford Gn.) 6.5; 3, A. Breacker (Mitcham) 6.5. **60 "C":** 1, Whitehead 6.4; 2, D. H. Jones 6.5; 3, Meakin 6.5. **60 "D":** 1, H. Bromberg (S.A.) 6.4; 2, Radford 6.5; 3, R. Jones 6.5.

Invitation 60 "A": 1, P. Crosby (Leeds) 6.6 (6.5 in ht.). **60 "B":** 1, N. J. Torry (Chelmsford) 6.7 (6.6 in ht.).

60H "A": 1, V. C. Matthews (L.A.C.) 7.7. 2, S. A. Oloko (LAC) 7.9; 3, D. R. Cook (Poly) H.) 7.9. **60H "B":** 1, P. R.

fine mile to win in 4:05.9 from Bill Dellinger 4:09.4, and Al Lawrence cracked his own 2 miles world indoor mark with 8:46.0. Max Truex was 2nd in 8:59.6. In the field events Charley Dumas cleared 7'0½" and barely missed at 7'1½", Don Bragg won at 15ft. and Parry O'Brien went to 61'11½" with the shot, Dallas Long 2nd with 60'0" and Dave Davis 3rd with 59'8". **Elliott Denman**

(Brunyee (Birchfield) 7.6; 2, R. Birrell (Manchester U.) 7.7; 3, J. L. Taitt (H.H.H.) 7.7; 4, J. W. K. Duncan (LAC) 7.9.

4 x 60 R: 1, England 25.5; 2, Rest 25.5.

4 x 60 H R: 1, England 30.5; Rest finished first but disqualified.

HJ: 1, D. Wilson (Hercules) 6'4"; 2, M. V. Leary (Essex B.) 6'3"; 3, A. S. Kilpatrick (LAC) 6'3"; 4eq., A. G. Davies (Hampstead) & R. Bell (Ruislip/Northwood) 6'0".

PV: 1, S. R. Porter (Birchfield) 13'6"; 2, I. Ward (Bury) 13'0"; 3eq., R. Malcolm (RAF) & J. R. McManus (Achilles) 12'0"; 5, M. E. Nugent (S.L.H.) 12'0"; 6, S. M. Downhill (C.U.A.C.) 12'0".

LJ: 1, F. J. Alsop (Hornchurch) 23'1"; 2, J. B. Woolley (Lough.) 22'4"; 3, G. J. T. Britten (Essex B.) 21'11½"; 4, D. Brigden (Mitcham) 21'0½".

HSJ: 1, F. J. Alsop (Hornchurch) 48'2½"; 2, E. R. Robinson (Hornchurch) 46'11"; 3, H. M. Murray (Atalanta) 46'8"; 4, K. Holloway (O.U.A.C.) 45'0½"; 5, R. Slaughter (Bedford) 44'8"; 6, D. C. Smith (T.V.H.) 44'4½".

Match Result: England 77, The Rest 46.

Women

60 "A": 1, D. Brookes (Hercules) 7.1; 2, S. Webb (Middx. L.) 7.1; 3, A. Packer (Reading) 7.2; 4, J. Neil (Mitcham) 7.4 (7.3 in ht.). **60 "B":** 1, A. E. Charlesworth (Airdale) 7.3; 2, D. Hyman (Hickleton M.) 7.4 (7.3 in ht.); 3, C. Carter (Liverpool) 7.4.

60H "A": 1, A. E. Charlesworth 7.9; 2, P. A. Nutting (Ruislip/Northwood) 8.0; 3, I. Pond (L.O.A.C.) 8.4.

4 x 60 R: 1, Team "B" 28.0; 2, Team "A" 28.5.

HJ: 1, F. M. Slaap (Ruislip/N.) 5'4"; 2, P. Sibley (Westbury) 5'3"; 3, I. E. Welsh (Hercules) 5'3"; 4, D. A. Shirley (Salford) 5'2".

LJ: 1, M. D. Signal (L.O.A.C.) 19'8½"; 2, C. M. Persighetti (Southend) 18'5"; 3, J. Neil 18'3"; 4, S. H. Hoskin (Spartan) 17'10"; 5, J. Whitehead (L.O.A.C.) 17'8".

A. Huxtable

AL CANTELLO (U.S.A.)

the javelin thrower with a new technique and plenty of punch, answers questions posed by FRED WILT

ALBERT ANTHONY CANTELLO, sometimes known as "Doc," is a Lieutenant in the U.S. Marine Corps, currently located at Quantico, Virginia, where he apparently has plenty of time for training.

He started javelin throwing in 1949 as a Senior at Norristown, Pennsylvania High School, and threw 184'10" for the second best High School performance that year. He then attended La Salle College in Philadelphia, threw 192' in 1950, and in 1953 won the Penn Relays title with 211'9½" and the IC4A javelin crown.

He improved to 219' in 1954, successfully defended his IC4A title, and placed

third in the National Collegiate meet. In 1955 he won the IC4A title again and achieved second place in the National Collegiate meet with 245'3½". He placed second in the National A.A.U. and third in the U.S.A. v. U.S.S.R. meet in Moscow in 1958.

After establishing a 282'3½" world record at Compton, California, he won the National A.A.U., and U.S.A. v. U.S.S.R. meet in 1959. Al plans to continue competition through 1960. He majored in English and Education in College, and hopes to teach remedial reading after his release from the Marine Corps.

F.W.

Name:	Albert A. Cantello
Date & Place of Birth:	June 9, 1931, at Norristown, Pennsylvania, U.S.A.
Age:	28
Height:	5'7½"
Best racing Weight:	163lbs.
At what age and in what year did you start racing?	18, 1949
What are your best events?	Javelin
Best performance:	282'3½"
Describe warm-up prior to competition:	Set up my markers after a warm-up of mild jogging and a little stretching type calisthenics. Then I run



Describe warm-up prior to a work-out:

Typical training programme for a week during middle part of pre-competitive (or winter) period:

through my approach and check its accuracy with respect to the condition of the surface of the runway. Then take one to four throws at half effort.

Very little stretching type calisthenics. 440 to 880yds. walking and jogging (mostly jogging). Very light throwing. It varies with the weather and how I feel.

First I will describe my **weight training** so that when I refer to "W.T." it will be self explanatory: Warm-up with 135lbs. repeat lifts from floor. Bench pull-overs, 3 sets, 10 repetitions, 160lbs. Military presses, 160lbs., as many reps. as possible. Curls, French and palm-up, 2 sets, 10 reps., 160lbs. Forearm work, turning a weighted cord around a stick.

Early season training from Feb. to March:—

Monday: Good warm-up. Light throwing. 7 x 100yds. very fast striding on grass, walking 100yds. after each. W.T. 2 hours training.

Tuesday: Practice approach on track without throw. Then throwing half-effort with single hopping motion. 1½ hours training.

Wednesday: Practice approach on track without throw. Then practice half-effort single hop and throw. W.T. 2 hours training.

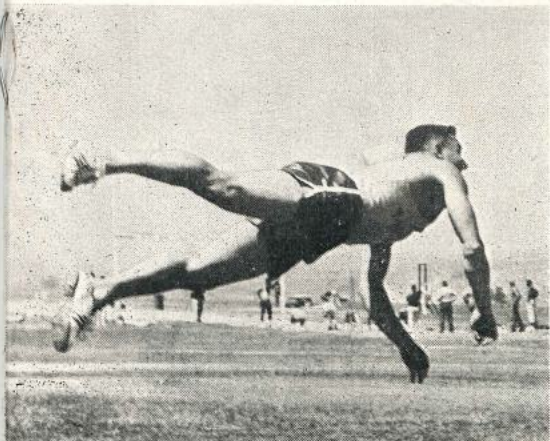
Thursday: Practice approach runs with three-quarter effort throws. High jumping. Hurdles.

Friday: 10 x 100yds. very fast striding on grass, walking 100yds. after each (not timed). W.T. 2 hrs. training.

Saturday: Hike, long walk, play table tennis, swim, or relax.

Sunday: Rest

Running is of primary importance as I believe the "approach" should be effortless, automatic, and the hips and legs should be hyptonised so that no concentration is required on them as such.



Typical training programme for a week during middle part of competitive season:

Monday: Very good warm-up, 6 to 10 x 100yds. fast striding on grass, walking 100yds. after each. W.T.
 Tuesday: Warm-up. Practice approach on track. Light throwing.
 Wednesday: Warm-up. Practice approach on track. Light throwing. W.T.
 Thursday: Warm-up. Sometimes rest Thursday.
 Friday: Rest.
 Saturday: Competition.
 Sunday: Hike or bicycle ride. Hill climbing. Table tennis. Volley ball.

The week before I broke the world record: (On the Saturday previous I threw 264'10" in Philadelphia).
 Monday, 1/6/59: W.T. 7 x 100yds. on grass.
 Tuesday: At 5 a.m. 4 miles jog on wooded trail. Boarded plane at Quantico, Virginia, at 7.30 a.m. Arrived Dallas Texas, 4 p.m. Played water polo during 2 hrs. in Dallas.
 Wednesday: Left Dallas 9 a.m. Arrived in California 4 p.m. Motored to home of Bob Gutowski (pole vaulter).
 Thursday: Took a little sunshine at Occidental College, Los Angeles. Swam 30 mins. in their pool.
 Friday: Got lost *en route* to stadium. After hurried and sparse warm-up, threw at 5.30 p.m. in Compton Invitational 279'9", and on next throw 282'3½".

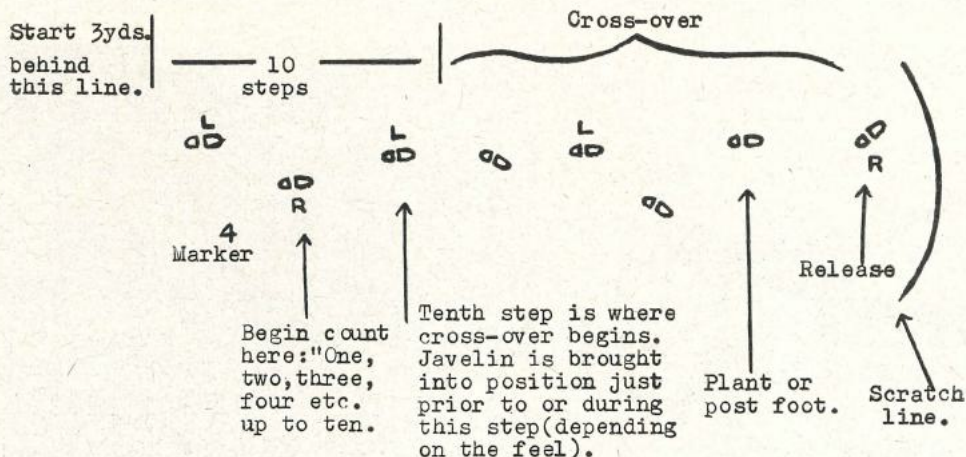
In what month do you start preparatory training?

December

How long does it last (before first race of season)?

Three months.

MY TECHNIQUE:



In what month does your competitive season start? April.
 In what month does it end? July or August.
 How long do you rest after season ends before beginning training for following season? Two months.
 Do you ever train more than once a day? No.
 At what time of the day do you usually work-out? 3 p.m.
 How long do you spend on each work-out? Two hours.
 How long do you allow between your race and last meal? Three-four hours.
 How many days do you rest before competition? Two days.

NORTHERN CHAMPIONSHIPS

(Continued)

Youths 3 Miles

1. R. G. Phipps (Winnington Pk.) 17.00
 2. R. Dungworth (Rotherham H.) 17.12
 3. R. Carter (Middleton H.) ... 17.35
 4. A. Evans (Hallamshire) 17.41; 5. A. Bromhead (Liverpool) 17.43; 6. G. Monaghan (Hull) 17.46; 7. V. Poke (Hallam.) 17.47; 8. G. Brown (Sale) 17.48; 9. J. Lunn (Leeds) 17.48; 10. S. A. Dobson (H'hills) 17.50; 11. E. Hawes (Gosf.) 17.53; 12. A. Leitch (Gates.) 17.53; 13. H. Smith (Halifax) 18.02; 14. A. Green (Salford) 18.05; 15. P. Longfield (Bramley) 18.08; 16. P. Gilbert (Roth.) 18.09; 17. M. Leishman (Hal.) 18.12; 18. G. Swain (Hal.) 18.15; 19. A. Pickles (Bingley) 18.16; 20. G. Hear (Bury) 18.18; 21. M. W. Ramsden (MAC); 22. K. Lambert (Bing.); 23. R. Dilworth (Hal.); 24. D. Quinlan (Long.); 25. J. Haigh (Leeds St. M.); 26. M. Jefferson (Winton); 27. B. Marney (Hal.); 28. J. Palmer (Sheff.); 29. T. Hullatt (Hallam.); 30. D. Smiles (Long.).

Teams	Pts.
1. Halifax	(13.17.18.23) 71
2. Hallamshire	(4. 7.41.47) 99
3. Bingley	(19.22.38.48) 127
4. Sale 141; 5. Rotherham 141; 6. Gates-	

head 160; 7. Jarrow 170; 8. Sheffield Utd. 175; 9. Gosforth 180; 10. Liverpool 191. 20 teams finished.

Boys 2 Miles

1. A. Booth (Longwood H.) ... 11.33
 2. K. Johnson (Bedlington H.) 11.51
 3. W. H. White (Manchester A.C.) 11.52
 4. D. Munro (Blackpool) 11.53; 5. N. Whitfield (Benwell) 12.00; 6. D. Hogg (Sale) 12.02; 7. D. Little (Salt.) 12.06; 8. T. Hale (Bed.) 12.09; 9. J. Helliwell (H'fax) 12.10; 10. V. Cooper (Middles.) 12.11; 11. B. Forster (Gates.) 12.12; 12. D. Cartwright (Rock'm) 12.13; 13. P. Howard (E. Ches.) 12.14; 14. B. Appleyard (H'fax) 12.15; 15. F. Lees (Sale) 12.17; 16. D. Wragg (Hallam) 12.20; 17. A. Greenwood (Hallam.) 12.21; 18. J. R. Maxfield (Lanc.) 12.22; 19. T. Kelly (Long.) 12.24; 20. E. Haslam (Leigh.) 12.23; 21. H. Crossley (Sheff.); 22. R. Rowan (Rock'm); 23. F. Green (Royton); 24. R. Wood (Leigh); 25. R. Worrall (Hallam.).

Teams	Pts.
1. Sale	(6.15.34.47.) 102
2. Hallamshire	(16.17.25.45) 103
3. Halifax	(9.14.43.44.) 110
4. Middlesbrough 112; 5. Longwood 130;	
6. Leigh 139; 7. Rockingham 147; 8.	
Saltwell 196; 9. Liverpool 210; 10.	
Rotherham 217. 28 teams finished.	

Australian News By JOE GALLI

HERB Elliott showed that he is well on the way back to top form in running a 3:59.8 mile at Bendigo (Victoria) on Feb. 6. He passed 1500m. in 3:42.3—the season's fastest.

The following week, Elliott was beaten by Dr. Tony Blue (Queensland) in the Victorian 880yds. championship 1:49.2 to 1:49.8. After a slow first lap, Elliott accelerated to take a 5yd. lead from Blue down the back straight, but Blue caught the mile champion in the straight and went on to win easily. Blue's second "quarter" was run in 50.5. He passed 800 metres in 1:48.5.

The previous week Blue in Brisbane had won his State 880yds. title in 1:50.0. (He has 800 metre and 880yd. records of 1:47.9 and 1:48.6 awaiting acceptance).

The first day of the Victorian championships (Feb. 13) started out in humid conditions, and finished in heavy rain. Performances were uniformly good. Ross Filshie improved his Australian pole vault record 2½ins. with a leap of 13'10½". In the 3-mile, run in a down-pour, John Murray beat a solid field in the good time of 13:48.0. The first five to finish bettered 14mins. They included Dave Stephens, who ran valiantly in his comeback to register 13:50.2.

The N.S.W. 3-mile championship, run on grass on the night of Feb. 10, was won by Albert Thomas in 13:32.4 from Dave Power, whose time of 13:32.8 was a personal record. Bob Vagg was third in 14:00.4.

Victorian championship summaries:

220: B. Baker 21.3 (heat 21.4), K. Gosper 21.7, J. Burke 21.7 (Vic. junior rec.). 880: A. Blue 1:49.8, H. Elliott 1:49.8, R. Cozens 1:52.2. 3M: J. Murray 13:48.0, G. Walker 13:49.2, D. Stephens 13:50.2, A. Cook 13:53.0, D. Brain 13:53.0, M. Lincoln 14:01.2. 120 H: J. Chittick 14.3, M. Daws 14.8, R. Joyce 15.0. (heats-Daws, Joyce 14.6, junior K. Roche 14.6.). 440 H: J. Randall 52.6, B. Stanton 52.6, M. Devlin 54.5. HSJ: I. Tomlinson 48'6½". DT: W. Selvey 158'1½". HT: R. Leffler 172'10". Junior 100: G. Holdsworth 9.7.

Feb. 3, Melbourne: 100m: B. Baker

10.7. 200m.: Baker 21.4, Broadbent 21.5, Burke 21.7. 400m. K. Gosper 48.1, B. Stanton 48.5. 3000m. H. Elliott 8:09.5, J. Murray 8:09.8, G. Walker 8:16.6. 110m. H: John Chittick 14.0 (Australian record, and equals Ray Weinberg's 120y. hurdles record of 1952).

Betty Cuthbert in Sydney ran a 10.3 100yds. with 3.5 metres wind assistance, and on the same day clocked 23.4 over 200 metres. This was only 0.2 outside her own world record. Following week Betty ran an official 11.5 100m. beating Gloria Cooke-Wigney 11.8 and Marlene Mathews 11.9.

Shirley Strickland won the W.A. State 100yds. title in the smart time of 10.9, and on the same day she won the 80m.H. in 11.4.

Star high jumper, Helen Frith, won three NSW country titles in Sydney—100yds. in 11sec., high jump 5'5" and broad jump 19'7½".

Norma Fleming (formerly Norma Croker, 1956 Olympic representative) bettered the Olympic broad jump selection standard with 19'6½" in Brisbane. Pam Kilborn, 20-year-old Melbourne school teacher ran 80m.H. in 10.9.



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DURHAM BREAK RECORD IN HYDE PARK RELAY

DURHAM UNIVERSITY, with a remarkably well balanced team, won the Imperial College Hyde Park Road Relay on Feb. 27th, in 81min.32 sec., beating the previous best, 81.37 by Liverpool in 1958, by 5 seconds. Both Durham and Manchester, who were second 23 sec. behind, had all their six men inside 14 mins., the first time this had been accomplished.

T. Blythe (Pemb., Cambs.) led in 13.24 on lap 1, closely followed by S. Duckworth (Leeds) 13.27, T. Schofield (Durham) 13.29 and D. Davies (Birm.) 13.34. Many smaller colleges ran their best man on this lap, making it a fast overall run. Imperial (Larkum) were 19th.

R. Shirley took Durham to the front on lap 2 with a 6 sec. lead from Loughborough (Leake), who had gained nine places, with Leeds (Harris) and Birmingham (Fiddes) well behind. M. Barber brought Imperial from 19th to 9th. On lap 3 J. Creigh went away to give Durham a 30 sec. lead from Loughborough, and Pembroke (Fruin), who had dropped to 11th, now came back to third, with Leeds 4th and Birmingham 5th, only 6 sec. separating these three

Durham kept their lead on lap 4, with Loughborough still second, closely followed by Birmingham (Shaw), who were 40 sec. ahead of Manchester, with Leeds 5th and Imperial 6th. Selwyn followed in 6th place, Minshall having brought them up from 21st position, and St. Catherine's, Oxford, were 7th after a record run by Alistair Wood (12.32) who had knocked 7 sec. off Martin Hyman's 1958 figures.

The leading four retained their positions on lap 5, but on the final lap, though Durham were comfortable winners, R. Hill, of Manchester, ran a fine leg to come through to second place in front of Loughborough, and Imperial continued their improvement to take fourth position just in front of Selwyn, Birmingham and Leeds.

1, Durham Univ. (Schofield 13.29, Shirley 13.35, Creigh 13.41, Yeats 13.34,

Tribe 13.39, Jordan 13.34) 81m.32s. (record).

2, Manchester Univ. (Hazard 13.49, Nelson 13.58, Bowden 13.56, Livesey 13.44, Lee 13.22, Hill 13.06) 81m.55s.

3, Loughborough Colleges (Davies 13.50, Leake 13.20, Anderson 14.09, Parker 13.28, Hobbs 13.49, Meddings 13.41) 82m.17s.

4, Imperial Coll., Lond. (Larkum 14.03, Barber 14.03, Bernard 14.01, Conway 13.37, Cleator 13.30, Collins 13.19) 82m.33s.

5, Selwyn (Camb.) 82.47; 6, Birmingham Univ. 82.59; 7, Leeds Univ. 83.12; 8, St. Catherine's (Ox.) 48.27; 9, Bristol Univ. 84.35; 10, Hull Univ. 84.58; 11, RMA Sandhurst 85.12; 12, Southampton Univ. 85.17; 13, Reading Univ. 85.18; 14, Peterhouse (Camb.) 85.30; 15, St. John's (Camb.) 85.39; 16, Liverpool Univ. 85.46; 17, Borough Rd. Coll. 86.02; 18, Notts. Univ. 86.11; 19, Sheffield Univ. 86.26; 20, U. C. Cardiff 86.30. 65 teams finished.

Fastest laps: A. Wood (St. Cath.) 12.32 (record), B. Tulloh (Selwyn) 12.39, H. Minshall (Selwyn) 12.44, D. Turner (Queen's) 13.01, R. Hill (Man/r) 13.06, T. Briault (St. John's) 13.11; A. Fruin (Pemb.) 13.13.

YOUNG ATHLETES' COURSE

The Manchester (No. 8 District) Coaching Committee of the Northern Counties A.A. have arranged for another Young Athletes' Course on 9th and 10th April, 1960. By kind co-operation of the Manchester University Athletic Union, the Course will be held at the Univ. of Manchester Track, The Firs, Fallowfield, Manchester.

The Course is non-residential and athletes from outside the district will have to arrange for their own accommodation. If required, the Y.M.C.A., Peter St., Manchester, provide Bed & Breakfast at 15s. per night. Application forms from Mr. W. Preston, 7 Manifold Street, Salford, 6 Lanes. Closing date 24th March.

Scottish News

By W. DIVERTY

Edinburgh Univ. 39pts. beat Glasgow Univ. 47 and Aberdeen Univ. 93 on Feb. 13th. 1, M. Hartley (E) 29.13; 2, W. S. Hunter (G) 29.17; 3, A. G. Mowat (E) 29.22; 4, J. Bogan (G) 29.26; 5, M. G. Dingwall (E) 29.30; 6, S. Horn (G) 29.48. In a 2nd team match **Edinburgh 35pts. beat Glasgow 59 and Aberdeen 88.** 1, W. Atkinson (E) 30.52; 2, J. Scrimgeour (E) 31.16; 3, D. Seager (G) 32.03; 4, C. Atkinson (G) 32.27; 5, J. Gow (E) 32.36; 6, A. Orr (E) 32.40.

Club Championships, Feb. 13th

Shettleston. (Sen): 1, G. Everett; 2, E. Bannon; 3, R. Wotherspoon; 31.02. (Jun): 1, R. Summerhill; 2, T. Malone; 3, J. Carroll 21.50. (Yth.): 1, C. Briggs; 2, W. Rennie; 3, D. Davidson; 11.24.

Victoria Pk. (Sen): 1, R. Calderwood; 2, W. Kerr; 3, A. Forbes; 40.18. (Jun): 1, J. Lindsay; 2, D. Campbell; 3, W. Crawford; 34.16. (Boys): 1, H. Barrow; 2, A. Baird; 3, H. Turnbull 10.10.

Kilmarnock. (Sen): 1, H. Rankin; 2, J. McPheeley; 3, J. M. Young 37.08.

Monkland. (Sen): 1, W. J. McBrinn; 2, W. Drysdale; 3, J. Smith; 46.44. (Yth): 1, R. Johnston; 2, J. Grant; 3, J. Finn 19.34.

Feb. 20th

Bellahouston. (Sen): 1, J. Connolly

50.28; 2, R. Penman 50.49; 3, D. Wright 52.50. (Jun): 1, I. Wilson 36.29; 2, N. Wilson 37.17. (Yth): 1, R. Ray 18.13; 2, D. Young 18.22; 3, D. McKinnon 20.15. (Boys): 1, R. O'Neill 11.19; 2, N. Gallacher 11.58; 3, S. Angus 12.09.

Garscube. (Sen): 1, J. Barrowman 52.30; 2, A. Kidd 53.56; 3, J. Linn 55.08; (Jun): 1, D. Dingwall 45.02; (Yth): 1, A. McCall 9.51. (Boys): 1, B. Houston 8.30.

Clydesdale. (Sen): 1, C. O'Boyle 52.54; 2, P. Younger 53.24; 3, J. McLachlan 59.01. (Jun): 1, D. McKenzie 39.22; 2, K. White 46.35; 3, J. Stewart 51.54. (Yth): 1, C. Stimpson 23.08; 2, D. Whitelaw 26.07; 3, I. McCall 26.52.

Maryhill. (Sen): 1, J. A. Gibson 42.57; 2, W. Black 43.04; 3, J. E. Farrell 46.08. (Jun): 1, H. Canning 39.14; 2, D. Bruce 39.34; 3, J. Toehill 41.56.

Vale of Leven. (Sen): 1, P. Moy 51.44; 2, H. McErlean 55.06. (Jun): 1, R. Ewing 37.32; 2, A. McKay 38.58. (Yth): 1, L. Stewart 12.20; 2, R. Montague 12.22; 3, R. Drummond 14.46.

At the Surrey County A.G.M., Cecil Dale was appointed President on relinquishing his post as General Secretary. New Secretary is Doug Goodman, 293 Albert Drive, Sheerwater, Woking, and J. Ray is Asst. Secretary. Frank Read was re-elected Treasurer.



O. Baggett (Kingston Technical College) No. 94, wins the men's 100 yards at the Surrey A.C. Winter Meeting by inches from **O. G. Young** (Portsmouth) No. 57, and **F. Alsop** (Hornchurch) No. 13.

H. W. Neale

PORTSMOUTH WIN HOVE ROAD RELAY, February 27th

ON a brilliant day with almost perfect conditions, 24 teams competed in the Hove A.C. 6 x 2½ miles road relay. The first lap was a fast one and Morrison (Highgate) was the first man in with a 3 sec. lead over Fozard (Brighton) 12.48 and J. Cooke (Portsmouth) 12.51. The leaders on lap 2 were slower, with Brighton and Highgate dropping to 4th and 5th places and D. Cooke (Portsmouth) 12.56 and Vanderplank (Eastleigh) 13.07 occupying the first two places.

Lap 3 saw Bollen (Portsmouth) 13.10, retain the short lead while Brown (Highgate) 12.36, pulled his team up to 2nd with the third fastest run of the day. Salvat (Finchley) had a great run on this lap to return the fastest time of the race with 12.12 and pull his team up from 13th to 6th.

On lap 4 Foord (Brighton) 12.27, took over in 3rd place and with the second fastest time brought Brighton to the front with Hayden (Portsmouth) close behind. Jones, of Brighton, could not hold Portsmouth's Kilford 12.58 and the trophy holders went into the lead with Hazeltine edging Surrey A.C. into third place. Lap 6 saw no change in these positions with Hyman 12.43 completing Portsmouth's victory in 77mins. 40secs. followed by McQuade and Snowden, the latter returning fourth fastest time in 12.38 to consolidate Surrey A.C. in third place.

1, Portsmouth A.C. (J. Cooke 12.51, D. Cooke 12.56, Bollen 13.10, Haysen 13.02, Kilford 12.58, Hyman 12.43) 77m.40s.

2, Brighton A.C. (Fozard 12.48, Ingram 13.28, Theurer 13.14, Foord 12.27, Jones 13.23, McQuade 13.23) 78m. 21s.

3, Surrey A.C. (Presland 13.32, Collins 13.06, Rumsey 13.43, Farrant 13.09, Hazeltine 12.46, Snowden 12.38) 78.54.

4, Highgate H. (Morrison 12.45, Tasker 13.46, Brown 12.36, Mutler 13.35, Bayliss 14.27, Crook 13.43) 80.52.

5, Finchley 81.05; 6, Horsham 81.14; 7, Southgate 81.54; 8, Guildford 83.02; 9, Eastleigh 83.02; 10, Portsmouth "B" 83.08; 11, Redhill 83.11; 12, Roches-

ter 83.47; 13, Langwith 84.10; 14, Hove 86.03; 15, Brighton "B" 87.20. 21 teams finished including Worthing (81.43) with a non-scoring team.

Fastest laps: Salvat (Finchley) 12.12, Foord (Brighton) 12.27, Brown (Highgate) 12.36, Snowden (Surrey) 12.38, Hyman (Ports.) 12.43, Morrison (Highgate) 12.45.

MIDDLESBROUGH 12M. ROAD RACE February 27th

1. G. R. Freeman (Sunderland H.) 64.11
2. P. Carmichael (Morpeth H.) 64.20
3. T. Rooke (Middlesbrough) 65.29
4. P. Pattison (Gosforth) 65.35; 5, B. Codling (R.A.F.) 65.52; 6, R. K. Meadows (R.N.) 65.57; 7, W. Ramage (Gateshead C.) 66.08; 8, P. Bell (Billingham S.) 66.52; 9, E. Bofen (Gates. C.) 66.55; 10, K. Maughan (Burn Road) 67.35; 11, E. W. Holmes (Burn Rd.) 69.06; 12, A. Watson (Gates. C.) 69.55; 13, R. G. Young (Gos.) 70.00; 14, G. B. Swinbanks (Sun.) 70.07; 15, J. Ball (Middles.) 70.18; 16, B. Gomersall (Leeds Harehills) 70.34; 17, R. Gowdy (Gates. C.) 70.56; 18, T. Warner (Gos.) 71.30; 19, E. Hollinshead (Ashmores) 72.16; 20, A. Lawton (Leeds Hare.) 72.43; 21, J. Barber (Sun.) 73.01; 22, R. S. Walker (Saltwell) 73.53; 23, I. Nurk (Bill.) 75.01; 24, J. Sanderson (Mor.) 75.03; 25, K. Lambert (Leeds Hare.) 75.39.

Teams (agg. of two):

1. Gateshead Congers 2:13.03
2. Sunderland 2:14.18
3. Gosforth 2:15.35
4. Middlesbrough & Cleveland 2:15.47;
5, Burn Road 2:16.41; 6, Morpeth 2:19.23; 7, Billingham Synthonia 2:21.53; 8, Leeds Harehills 2:23.17; 9, Saltwell 2:23.30; 10, Ashmores 2:38.17.

Team Handicap: Gosforth 1:59.55.

The Bognor Regis 10 Miles Road Race will not be held this year, owing to the promoting club being unable to meet the expenses incurred by the event.

Lost—Black Aldon track suit top at Southern Championships. Please advise A. S. Fruin, 131 Windsor Avenue, Cheam, Surrey.

CITY OF LONDON SCHOOLS'

4 x 1½ MILES ROAD RELAY

1, Haberdasher's Aske's. (M. A. Smith 9.26, P. G. Sulston 8.36, R. Haslehurst 9.21, R. M. Simons 9.07) 36.30 (rec.).

2, City of London (R. Burnet 9.41, M. J. Dunphy 8.41, R. G. Mears 9.09, B. A. Millo 9.23) 36.54.

3, Emanuel (R. G. Chapman 9.46, A. J. A. Evans 9.22, D. Scott 9.58, C. J. Impey 9.43) 38.49.

4, Haberdasher's Aske's "B" 39.00; 5, St. George's 39.43; 6, City of London "B" 39.50; 7, St. Dunstan's 40.07; 8, Bancroft's 40.08; 9, St. Dunstan's "B" 40.56; 10, Emanuel "B" 41.01.

Fastest laps: P. G. Sulston (H. Aske's) 8.36 (rec.); M. J. Dunphy (C. of London) 8.41; R. M. Simons (H. Aske's) 9.07; R. G. Mears (C. of London) 9.09; R. Haslehurst (H. Aske's) 9.21; A. J. A. Evans (Eman.) 9.22.

R.A.F. GERMANY COMMAND 7 MILES C.C. CHAMPIONSHIP

At Bruggen, February 6th

1. SAC. Bell (HQ-U/Lincoln W.) 39.03
2. AC. Brown (HQ-U/Swindon) 39.22
3. Sgt. Gallagher (HQ-U) 39.37
4. SAC. Thomas (Bruggen/Shettleston) 39.57; 5, eq., J/T Watson, SAC. Ewing & SAC. Graves (Jever) 40.50; 8eq., F/O Barnard & AC.2 Dunican (Geilen.) 41.33; 10, Cpl. Wakefield (Font.) 42.00; 11, SAC. Murphy (Laarbruch) 42.17; 12, Cpl. Crow (Butz.) 42.17; 13, Cpl. Godsmark (Brug.) 42.22; 14, SAC. Blayney (Brug.) 42.22; 15, Cpl. Watson (Scharf.) 42.32.

Teams: 1, HQ (U) R.A.F. Germany 75pts.; 2, R.A.F. Bruggen 90; R.A.F. Laarbruch 121; R.A.F. Jever 130; R.A.F. Scharfoldendorf 132; R.A.F. Geilenkirchen 183, R.A.F. Wildenrath 253.

MALTA A.A.A. 5½ M. ROAD RACE

1. Fg. Off. De'Ath (R.A.F. Safi) 27.12
2. L/S Matcham (H.M.S. Forth) 27.27
3. L/S Morallee (H.M.S. Forth) 27.47
4. L/S Elliott (Forth) 27.49; 5, J. L. Falzon (Atalanta) 28.30; 6, L/S Stevenson (Forth) 22.32.

Teams: 1, H.M.S. Forth 15pts.; 2, H.M.S. Forth "B" 56; 3, R.A.F. Luqu 57.

SURREY BOYS' CHAMPIONSHIP

1. C. Lumb (King's College Sch.) 12.03
2. R. Harwood (Guildford & G.) 12.12
3. J. Halliday (Wandsworth Sch.) 12.13
4, J. Hampshire (Belgrave) 12.15; 5, J. Rathbone (Surrey B.) 12.18; 6, S. Smith (Guild.) 12.24; 7, P. Lile (Guild.) 12.27; 8, D. Hale (Wands. S.) 12.28; 9, D. Holt (Hercules) 12.29; 10, D. Manning (Mitcham) 12.30.

Teams:

	Pts.
1. Guildford & G. (2. 6. 7)	15
2. Wandsworth Sch. (3. 8.12)	23
3. Mitcham (10.14.16)	40
4, Hercules 44; 5, K.C.S., Wimbledon 56;	
6, Belgrave 75.	

PLYMOUTH 10 MILES ROAD RACE

February 27th

1. J. Edwards (Bristol A.C.) ... 52.50
2. T. Wray (Bristol A.C.) 52.53
3. D. Smith (Bristol A.C.) 53.03
4, R. Proffitt (Devonport) 53.44; 5, J. MacFadzean (R.N.) 54.29; 6, T. Thomas (Devon.) 54.39; 7, V. French (Devon.) 55.10; 8, J. Perry (Salisbury) 55.36; 9, S. Williams (Devon.) 56.02; 10, A. Glanville (Bristol) 56.15; 11, T. Mathews (RN) 56.26; 12, K. Parsons (Devon.) 57.52; 13, R. Jeans (Sal.) 58.10; 14, T. Chorley (Bris.) 58.23; 15, J. Hosken (Bris.) 59.32; 16, A. Edwards (RN) 59.40; 17, P. Slawin (Bris.) 60.08; 18, S. R. Hartland (R.A.F.) 60.30; 19, D. Chase (Paignton) 60.56; 20, E. R. Gale (Feltham) 61.12; 21, D. Poil (Devon.) 61.48; 22, W. Griffiths (Devon) 64.20; 23, W. Y. Crow (RN) 64.21; 24, T. Cox (Paig.) 64.52; 25, S. Foster (Devon.) 65.21.

Teams: 1, Bristol 16pts.; 2, Devonport 26; 3, R. N. Caldrose 55.

S.W. ESSEX TECH. COLLEGE 4½ M.

"LONDON COLLEGES TROPHY"

RACE. At Walthamstow, Feb. 10th

1. R. Campbell (Borough Road) 22:48.0
2. J. H. Collins (Imperial) ... 22:52.0
3. J. A. Cleator (Imperial) 23:00.5
4, J. D. Bernard (Imp.) 23:11.0; 5, K. A. R. Mitchell (University) 23:13.5; 6, G. C. Mead (Queen Mary) 23:15.5.

Teams: 1, Imperial 24pts.; 2, Borough Rd. 64; 3, Imp. "B" 124; 4, University 130; 5, Royal Vet. 150; 6, King's 171; 7, Queen Mary 202; 8, L.S.E. 210; 9, Imp. "C" 215; 10, S.W. E. Tech. 241.

Middlesex (Parliament Hill). 1, T. W. Misson 77.43; 2, D. J. Thompson 77.48; 3, A. G. Thomson 80.39 (all Met.); 4, J. F. S. Northcott (Highgate) 81.11; 5, N. Thompson (Met.) 83.07; 6, K. C. Easlea (Enfield) 83.53. **Teams:** 1, Met. W.C. 11; 2, Enfield 52; 3, Cadogan 53.

Surrey (Croydon) 1, R. E. Green (Surrey W.C.) 83.14; 2, R. C. Hall 83.44; 3, J. Knifton 83.57; 4, G. Williams 84.28; 5, R. Middleton 85.08 (all Belgrave); 6, W. Garratt (Surrey A.C.) 85.59. **Teams:** 1, Belgrave 14; 2, Surrey A.C. 34; 3, Surrey W.C. 43.

Sussex (Brighton). 1, D. Read (Steyning) 84.11; 2, F. Sayers (Brighton) 87.06; 3, F. Miller (Steyning) 88.05. **Team:** Steyning.

Hampshire (Salisbury, with Wilts.) 1, B. Russell (Gosport) 82.41; 2, J. Brennan (Gosport) 83.48; 3, H. C. Stone (Met.) 84.05.

Wiltshire (Salisbury). 1, J. Secker (Swindon) 82.11; 2, E. Hitchens (Trowbridge) 87.19; 3, J. Phillips (Trowbridge) 87.59. **Team:** Trowbridge.

STEEPLECHASE COURSES

The Barrier Club are holding two one-day Courses, on 13th March at the Univ. of Birmingham Track, Edgbaston, Birmingham, and on 20th March at the White City, Manchester. Students will assemble at 10.30 a.m. and disperse at 4 p.m.

The Courses will include Training, Lectures, Films and Demonstrations; in attendance will be John Disley, Chris Brasher, Bill Coyne and Charles Elliott. A fee of 2s. 6d. will be charged to non-members. Applications should be made not later than March 7th, to W. N. Coyne, 102 Biddulph Mansions, London, W.9.

R.R.C. NOTES

The following additional fixtures are notified:—

April 2 Redhill & Reigate "5"
15 Carmarthen "12"
18 Doncaster-Sheffield Marathon
June 25 Welsh Marathon, Cardiff
August 1 Rye "9"
6 Port Talbot Marathon

The venue of the Midland Track "10" is Perry Barr and the Midland Marathon will be at Baddesley Colliery.

The provisional R.R.C. "100" scheduled for Oct. 22 will not be held, but a 50 miles track race will be held instead at Walton on Oct. 15th.

GIBRALTAR A.A.A. LEAGUE

Road Race

1. Fg. Off. J. De'Ath (RAF Malta) 14.00
2. Sapper Pearce (Fort. Eng. R.) 15.02
3. Sapper Senior (Fort. Eng. R.) 15.03
4. Capt. Ross (Fort. H.Q.) 15.19.

Teams: 1, R.A.F. Malta 60pts.; 2, Fortress Eng. Regiment 63, Calpians 90.

Fulham A.A.C. elected the following at their A.G.M.: President, Dr. R. Banister; Chairman, Cllr. W. Ranking, L.C.C.; Track Sec., T. Braham, 63 Rostrevor Road, Fulham, S.W.6; Ladies' Track Sec., A. Julian, 5 Hugon Road, Fulham, S.W.6; Captain, S. Clark; Ladies' Capt., Miss M. Graham; Social Sec., H. Hockham; Press Sec., W. Carroll, 67 Beryl Road, Fulham, S.W.6.

MELTON MOWBRAY A.C.

2nd ANNUAL

10 MILE ROAD RACE

(Under A.A.A. Laws)

Saturday, April 16th, at 3.00 p.m.

AWARDS:—"The Nicholls Trophy" & four prizes to first team, 2nd and 3rd teams four prizes. Individuals three prizes. (Team holders: Derby & City A.C.).

Entry Fees:—7/6 per team, 2/6 individual. (Team — 8 to enter, 6 run, 4 score).

Entries to: Mr. C. Baguley, 24 Snow Hill, Melton Mowbray. **Closing date** 2nd April.

WATFORD HARRIERS

WATFORD ROAD RELAY

(Under A.A.A. Laws)

Six laps of 3 miles, for the
Watford Harriers' Road Relay Shield

Saturday, 26th March, at 2.45 p.m.

Starting from the

**Corporation Baths, Hempstead Road,
Watford**

AWARDS:—Medals 1st, 2nd, 3rd teams, subject to 8 or more entries. Winning team will hold the Watford Harriers' Challenge Shield for 12 months (Holders: Highgate H.). Special medals to two most improved teams (outside first three).

Special medal for fastest individual lap.

FEES:—7s. 6d. per team (12 to enter, 6 to run). Clubs may enter more than one team.

Entries, on A.A.A. forms, close 12th March to: S. J. Harris, 30 Springfield Close, Croxley Green, Rickmansworth, Herts.

Team Managers must report to Chief Judge 15 mins. before the start. Dressing Room at Watford Technical College, Hempstead Road (200yds. past Corporation Baths).

Advertise **YOUR** event and increase your entries

The Date for your Diary . . .

SATURDAY, 2nd JULY, 1960
2.30 p.m.

OPEN MEETING

(Under A.A.A. rules)

EMPLOYEES' SPORTS GROUND
Botley Road, Oxford

EVENTS

100yds.; 220yds.; 440yds.; 880yds;
1 mile; 3 miles (Handicaps)

Road Race 10 miles

Tug-of-War (Catchweights)

Maximum Prize Values

Entry forms from: D. G. Higgs, Fete
Secretary, Oxford & District Co-
operative Society Ltd., 65 George
Street, Oxford.

10th LEYTON FLOODLIT ATHLETIC MEETING

(Under A.A.A. & W.A.A.A. Laws)

Eton Manor Sports Ground
Ruckholt Road, Leyton, E.10

Wednesday, 4th May : at 7.0 p.m.

INVITATION SCRATCH EVENTS:—

MEN: 100yds., 440yds., 880yds., 1500m., 220
yds. Hurdles, High Jump, Triple Jump, Pole
Vault, Shot Put, 3000m. S/chase, 3 Miles
Team Race, One Mile Medley Relay.

LADIES: 100yds., 880yds., 80m. Hurdles, Shot
Put, 4 x 110yds. Relay, High Jump.

JUNIOR MEN (17-19 on 1st April, 1960): One
Mile, 1500m. S/chase.

Invitations for all the above events are
selected from the 1959 Rankings and also
those athletes who have achieved A.A.A.
Grade I Standards. Information regarding
current activities will be welcomed.

Hon. Secretary: J. F. Perkins, The Eton
Manor Clubs, Riseholme Street, Hackney
Wick, E.9.

ROMFORD A.C. INAUGURAL HALF-MARATHON

Saturday, 9th April, 1960

Lockwood Trophy awarded to first team.
Medals first three teams. Prizes valued
£7/7/0, £4/4/0 and £2/2/0 for first three
individuals. Also prize for first un-
placed veteran.

Entry fee: 3/- per person to J. Macklin,
67 Clitheroe Road, Romford, Essex.

FELTHAM A.C.

4th ANNUAL

EASTER MONDAY ROAD RACES

(Under A.A.A. Rules)

SENIOR—5 Miles :: **YOUTH—2½ Miles**
Team and Individual Prizes and
Prize for the First Veteran.

Team Entries — 4 to run — 3 to score

Senior Team 6/-; Individual 2/6

Youth Team 6/-; Individual 1/6

Closing Date — 1st April, 1960

Entries to—
H. A. GIBBS, 10 Manor Place, Feltham, Mddx.

WIGMORE HARRIERS

14th Annual

15 MILES TEAM & INDIVIDUAL ROAD RACE & HANDICAP

(Under A.A.A. Laws)

March 26th, 1960 : at 2.30 p.m.
At Parliament Hill Track, Hampstead

Awards for first 4 places and first 3 teams
(teams of 3), also first 3 in handicap. Stan-
dard medals (1hr. 26min.) and time certi-
ficates for all finishing course.

Entries (Ind. 3/-, Teams 5/- on A.A.A. forms)
close 12th March, to Mr. Blackmore, 20
Dalgarno Gardens, N. Kensington, London,
W.10. All must enter individual race.

OLDBURY ATHLETIC & C.C.C. YOUTHS' ROAD RELAY

For the
"Oldbury Weekly News" Challenge Shield
Saturday, April 16th, at 3 p.m.
From Rounds Green Schools, Oldbury
Birmingham

AWARDS: Winning team 4 plaques, 2nd and
3rd teams sets of 4 medals. Individual
trophy for fastest lap.

Course—4 laps approx. 2½ miles each
Entries on A.A.A. team forms—12 may enter,
4 to run. Age limit: date of birth between
1/4/43 and 1/4/45 inclusive.

Entries (10/- per team) close Sat., 2nd April
to J. Price, 46 Salop St., Brades Village,
Oldbury.