

Athletics WEEKLY

MAR. 13th, 1954

6^D

Vol. 8. No. 11



THE SOUTHERN C.C. CHAMPIONSHIP FIELD

Mike Agostini—"The Caribbean Comet"

By R. A. OLVER

Training for the
SPRINTER

By E. McDONALD BAILEY

Scottish, Eastern and
Women's National
C.C. Championships

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

Overseas News

PARRY O'BRIEN NEARS 60FT. WITH SHOT

U.S.A.

Harrison Dillard's long run of indoor victories finally came to an end when Jimmy Davis was given the decision over him in the National A.A.U. Indoor Championships at Madison Square Garden. By many who saw the Bulova photo, it was considered a dead-heat, but the judges gave it to Davis.

Parry O'Brien pushed the 16lb. shot further than anyone else in the world had done previously, indoor or out, when he won with 59ft. 4in. Lampert was second with 55ft. 2½in.

John Haines retained his 60 yards title, beating Art Bragg in another photo finish, with Lindy Remigino third. Time 6.2 sec. Reggie Pearman won his first A.A.U. indoor title when he took the 600 yards in 1:11.4 from Lou Jones, Joe Gaffney and George Rhoden.

Mal Whitfield had an easy win in the 1,000 yards, letting Harry Bright lead until the final lap, when he raced to the front to win by five yards from Paul Raudenbush, Harry Bright and Carl Joyce.

Josy Barthel won the mile in 4:11.7 from evergreen Fred Wilt, while Horace Ashenfelter not only won the 3 miles in the fast time of 13:56.7, but on the way there he wiped Paavo Nurmi's 4,000 metres record off the books with 11:27.4. The broad jump was rather surprisingly won by the South African, Neville Price, who cleared 24ft. 5½in. The champion, Gourdine, failed to reach the final and George Brown was second with a moderate 23ft. 8in.

Other results: **HJ:** H. Wyatt 6'8¼"; E. Shelton, V. Fritts, K. Wiesner 6'6¼". **PV:** J. Welbourn 14'9"; D. Bragg, R. Richards, D. Laz 14'6".

National Schools' Meeting (Prep. School)
—60: W. Kellett 6.7; 440: J. Harkrader 52.4; 880: W. Gillen 2:01.0; **Mile:** W. McLeod 4:32.6; **HJ:** T. Sanfacon 6'0¼" **BJ:** G. Knapp 21'0¼"; **12lb. Wt.:** G. Knapp 52' 2½" (High School)—60: G. Snider 6.4; 440: R. Sherritt 52.9; 1,000: M. Carafitis 2:16.3 (rec.); **Mile:** J. Salvatore 4:28.6; **60H:** R. Maira 7.7; **HJ:** P. Reavis 6'3¾" (rec.).

NEW ZEALAND

Feb. 20. New Zealand has been called a land of flightless birds, rugby teams—also with ineffectual wings, it seems—and milers. From the days of Hector Burk, who beat the great Alfred Shrubbs in the N.Z. Championship of 1905, through Randolph Rose and Jack Lovelock, the mile has always been the New Zealander's best race.

From our two millions we have produced Rose (4:13.6), Sinclair (4:13.5), Boot (4:12.6), Baillie (4:12.0), Marshall (4:11.8), Daly (4:10.9), Hoskins (4:09.4), Lovelock 4:07.6 and 3:47.8) and Halberg (4:04.4).

There were more things surprising about Murray Halberg's 4:04.4 mile than just the time. It was run on a 400 yard circuit of grass and not nearly up to the standard of Eden Park. Halberg had also won, earlier in the afternoon, his club championships at one and three miles. Halberg had his first season in 1952, winning the N.Z. junior championships at one and two miles in 4:28.0; and 9:37.9 (first time he had run this distance) and setting a record of 4:17.2. Last season he ran 4:28.6 and 15:02.0 in his only two races, and in the winter ran a slashing race to win the national cross-country title. On December 19th he lowered his personal best to 4:15.2 and then, before the Queen at Dunedin, he won the Royal Tour mile in 4:12.2. To your track—cross-country—road controversy can be added the fact that Halberg is trained by the N.Z. marathon champion—on the roads!

To-day, at last, Yvette Williams did it! At Gisborne in the Hawke's Bay—Poverty Bay Championships she cleared 20ft. 7½in., her eleventh competition of 20ft. or more. Also to-day, Duncan Clark threw the hammer 165ft. 2in., and Peter Wells jumped 6ft. 5½in. The news has come that athletes who competed for U.K. teams in the last Empire Games may now compete for New Zealand if they have been domiciled here for a certain time. Wells and Clark are likely to

Continued on back page

Cover photo by H. W. Neale

Athletics Weekly

Official Organ of Athletics in Great Britain

Vol. 8. No. 11. March 13th, 1954

EDITOR: P. W. GREEN

Published by—

ATHLETIC & SPORTING
PUBLICATIONS

Editorial Offices—

ATHLETICS WEEKLY,
KENT ART PRINTERS, Ltd.,
THE BROOK,
CHATHAM, KENT.
(Chatham 4644-5)

Advertisement Representatives—

W. HORACE BIGGS,
PRESS ORGANISATION Ltd.
115 HIGH HOLBORN,
LONDON, W.C.1.
(Chancery 8752-3)

Printed by—

KENT ART PRINTERS Ltd.,
THE BROOK,
CHATHAM,
KENT.

Subscription Rates—

12 MONTHS (52 issues) 30s.
6 MONTHS (26 issues) 15s.
3 MONTHS (13 issues) 7s. 6d.

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EVERY SATURDAY — SIXPENCE

IT is a pity that the Inter-Varsity contest at the White City to-day should clash with the National Cross - Country Championship at Birkenhead.

It would have been so easy to avoid, for the National date is on the same Saturday each year. The Universities will ever be independent in outlook, but this sort of thing does deprive athletics lovers of an event they would not wish to miss. Many of the athletes going up to Birkenhead would have been found at the White City this afternoon, but for this clash, to say nothing of the officials.

Though Alan Sexton and K. Marsden are a tower of strength to Cambridge on the track, Oxford appear to have a decided pull in the field events and this should swing the Varsity match in their favour.

Over the country at Birkenhead, Bolton seem assured of victory in the senior race, though certainties have come unstuck before now. Birchfield and South London will fight hard to prevent a Northern victory, but Bolton should win fairly comfortably. Main interest in the individual race will probably lie in seeing how near the Inter-Counties and Southern champion, Ken Norris, can get to Gordon Pirie. Frank Sando, Bill Boak, Fred Norris, Derek Walker and Bill Gray seem likely to chase them home. If Shettleston run after their fine victory in the Scottish race last Saturday, they could trouble the best and Eddie Bannon should be in the first three or four finishers.

It is always difficult to make comparisons in the junior and youth events. In the junior it seems to be a clash between the three district champions, Wright of Bolton, Heatley of Coventry Godiva, and Mike Barratt of Ealing, but the actual race may prove otherwise. There are many fine juniors in the field and this should be just as great a tussle as the senior race, probably more so. I fancy Sheffield for the team race, but this also appears open.

Grubb, of Sheffield, might take the Youths' Championship, but the team title seems to depend largely on the last scoring man of several teams. Macclesfield had to wait until 67th position for their fourth man in the Northern, while South London had to wait until 71st position in the Southern. The Midland Youths' had only three scoring, but neither Godiva nor Birchfield had a fourth man well up. That fourth man could well decide this race.

THE EDITOR.

TRAINING FOR THE SPRINTER — 6

ANXIOUS not to disappoint those of you who are following the run of my training session, I am writing this piece from a sick bed at the Whelley Hospital, Wigan, Lancs—and what do you think? Your coach has yellow jaundice!

However, jaundice or no jaundice, let's get on with the job. I said we'd tackle the 220 yds. next. Yes, the "220"—and it's not "too far" either! Come on, git up dem stairs (and the chairs, too—remember?).

The people who complain about this distance! (this delightful distance): "I can't run a 220, it's too long; can't seem to finish." Let me let you into a little secret: Once upon a time I used to think the same—anything, in fact, to get out of it. But honestly it's a "beaut" of a race once you know how. And that's exactly what I am trying to give you—the know-how.

imply that the runner is out on a melodic spree—it is simply a process of breezing along at full sprinting stride without straining all-out at each step (remember the 'Es' in speed). Maximum speed, minimum effort. (Think of Arthur Wint down the back stretch in a 440 yards for example!).

Running the 220 embodies the following principles: Start and pick-up (as in the 100 yards) with all you've got, for about 60-70 yards.

At this point you should be moving at such a rate of speed that your momentum should carry you into the "free-wheeling" stride . . . only slightly less than top sprinting pace and only noticeable to the trained eye.

Stride length at this stage is slightly longer and shoulder swing is greater.

At about 60-70 yards from the tape gather

By E. McDONALD BAILEY

Normally, the sprinter finds it natural to double-up, but quite definitely the furlong (220 yds.) is a different proposition from the 100 yds. It does not necessarily follow that the winner (or champion) of the "100" is an automatic winner of the "220."

Some sprinters just can't seem to get going in the shorter distance, but really set a pace in the middle of their 220s. Now, part of this is natural with some, while others are just too lazy to train that little extra for the 220 yards. However, those (usually the short sprinter) who find it impossible to sustain early speed for the longer race, should specialise in the distance (100) in which they can do themselves justice.

Assuming you are fit and ready—and there's no reason why you shouldn't be if you built-up well by following that schedule I gave you closely, doing those 220s and 330s faithfully, and as per instruction!—I would like to give you, briefly, a few tips on how to run this race successfully.

First of all, as in the 100 yards, it is impossible to run the furlong wide open. Much of the race is at a pace called "free-wheeling" or "coasting," which does not

for the final drive—just as in the 100.

Because in Britain most 220s are run in *echelon*, i.e., staggered starts, quite a bit of quick calculating and split vision checking are necessary. Some men run better when they have a pacemaker, while others take some catching once they're out in front (No. 6 in a 220 yards is often an inspiration to move faster than somewhat!) It's largely psychological since all run the same distance.

Another point of great importance! Learn the art of curve running with expert precision. How? Constant practice.

Don't run on the line, but cut it fine and use good body-lean (though you shouldn't over-balance). Check with friend or coach for correct body-angle.

Incidentally, little attention need be given breathing habits in the 220 yards.

Anyway, that's alright for you young and active athletes; just think of poor me for a minute, propped up by pillows and glad that I am breathing at all!

See you the week after next, I hope, when perhaps I'll discuss something else.

SHEFFIELD TAKE THE HONOURS

National Ten Miles at Highgate . . . By A. D. McSweeney

SHEFFIELD, as expected, romped away with the honours, both team and individual. These are facts: Sheffield won the team championship for the sixth successive time; Sheffield had the individual winner for the sixth successive time—Allen 1949-50-51; Hardy 1952-53-54; Sheffield had the first two men to finish for the third successive time. With a margin of 41 points over their nearest rivals, Metropolitan and 45 over Woodford, third, there was never a chance of them being beaten.

Hardy, Coleman (Highgate) and Barraclough (Lancs.) together, was the order at the top of West Hill, one mile, with Allen. Holland, Rosentals—later disqualified, and Goodall next best. At two miles Barraclough had lost a bit and at three miles Hardy began to draw away from Coleman, Allen closing up to third. At five miles times were: Hardy 37.28; Coleman 37.47; Allen 37.50; Barraclough 38.08; Holland 38.22; Hawkins 38.57. Teams: Sheffield 16; Metropolitan 53; Woodford 71; Belgrave 86.

From half distance, Allen began to move really well and it looked possible for him to catch the leader, but with the eight miles point looming up and the long downhill stretch soon to come, Hardy opened up and literally shot away to increase his lead by a whole minute over that last two miles covered in 14m. 26s. For the cracks, Allen, I thought, walked very confidently and as well as I have seen him, as did Coleman, whose style was completely outstanding on a day when so many were struggling in the later stages. Goodall gained ground considerably over the second half, Barraclough showed that he is as good as we had heard and a National champion in the making, while Brian Hawkins found the course too tough for him. Of the 216 starters 203 finished the course, much the highest figures in both cases since the inauguration of the Championship in 1947.

The Inter-Counties Championship, contested by twelve counties, and held in conjunction, was just won by the holders, Middlesex, who retained the title by appli-

cation of the AAA rule after a tie on points. Yorkshire were the County so narrowly beaten, with Essex a well deserved third. First three individuals were Hardy (Derbyshire); Allen (Yorkshire) and Coleman (Bedfordshire).

1. R. Hardy (Sheffield U.H.)	74.16
2. L. Allen (Sheffield U.H.)	75.44
3. G. W. Coleman (Highgate H.)	76.11
4. R. Holland (Sheffield U.H.)	77.58; 5. R. F. Goodall (Woodford Green) 78.14; 6. J. L. Barraclough (Lancashire W.C.) 78.27; 7. B. Hawkins (Metropolitan W.C.) 79.28; 8. J. E. Housden (Trowbridge A.C.) 80.00; 9. R. H. Richards (Cambridge H.) 80.03; 10. A. L. Mash (Woodford Gn. A.C.) 80.08; 11. A. Macfarlane (Poly H.) 80.28; 12. R. D. McMullen (Belgrave) 80.32; 13. A. H. Johnson (Sheffield U.H.) 80.42; 14. R. Hosking (St. Albans City) 81.00; 15. W. D. Leveridge (Essex Beagles) 81.11; 16. H. T. Whitlock (Met. W.C.) 81.34; 17. A. H. Poole (Worcester H.) 81.38; 18. D. J. Thompson (Met. W.C.) 81.38; 19. S. H. James (Belgrave) 81.45; 20. F. G. Bailey (Poly H.) 81.49.

Team Race:

	Pts.
1. Sheffield U.H.	(1. 2. 4.13) 20
2. Metropolitan W.C.	(7.16.17.21) 61
3. Woodford Gn. A.C.	(5.10.25.26) 66
4. Belgrave H. 76; 5. Cambridge H. 110; 6. Highgate H. 127; 7. Essex B. 171; 8. Polytechnic H. 206; 9. Surrey E.C. 210; 10. Leicester W.C. 212; 11. Lancashire W.C. 220; 12. Trowbridge A.C. 229.	

Inter-County Team Race:

	Pts.
1. Middlesex (Hawkins 6, Mash 9, Macfarlane 10, Whitlock 15)	40
2. Yorkshire (Allen 2, Holland 4, Johnson 12, Bingley 22)	40
3. Essex (Goodall 5, Leveridge 14; Meadows 19; Davies 23)	61
4. Surrey 77; 5. Kent 101; 6. Herts 159.	

Coming Events

March 20th, at Chigwell Row, Essex. British Workers' 10 Miles National Championship. Entries close March 15th to BWSA, 2 Soho Square, W.1.

March 27th, at Battersea Park. A.A.A. Southern 7 miles; R.W.A. Junior 6 miles; Badge Race 6 miles; and Youths 3 miles. Entries to A. D. McSweeney, 50 Manor View, Finchley, N.3.

EASTERN C.C. CHAMPIONSHIPS

Senior

1. K. Barnsdale (Lincoln Well) 58.19
2. D. A. W. Haw (Ipswich H.) 58.26
3. A. E. Coxell (Crowland A.C.) 58.33
4. D. W. Tilley (Lincoln) 58.53; 5. LAC Lambert (RAF Scampton) 59.14; 6. R. Townsend (Crowland) 59.29; 7. G. A. Phipps (Camb. City) 59.42; 8. W. Noon (Ipswich) 59.53; 9. A. Patchett (Grimsby) 60.09; 10. R. Girdham (Lincoln) 60.18; 11. L. B. Jones (Grimsby) 60.20; 12. J. Hobart (Camb. City) 60.24; 13. R. J. Smith (Camb. City) 60.25; 14. A. J. Bayfield (Norwich) 60.27; 15. C. W. Lowis (Grimsby) 60.28; 16. F. Bauckham (Lincoln) 60.37; 17. R. Sutcliffe (Ipswich) 60.54; 18. W. A. Spratt (Camb. City) 60.57; 19. E. Clifton (Lincoln) 67.09; 20. E. Wilson (Lincoln) 61.13; 21. E. Salways (Luton) 61.16; 22. M. Stenner (Louth) 61.30; 23. P. C. Ashton (Grimsby) 61.44; 24. A. Bemrose (Grimsby) 61.50; 25. W. Close (Lincoln) 61.51; 26. H. Soper (Vauxhall Motors) 61.57; 27. T. Pearce (Ipswich) 61.58; 28. G. Hyde (Luton) 61.59; 29. SAC Hamilton (RAF Scampton) 62.00; 30. G. Mullane (Camb. City) 62.01; 31. F. Driver (Ipswich) 62.02; 32. E. W. Trow (Camb. City) 62.13; 33. J. Hughes (Ipswich) 62.14; 34. R. Farrington (Peterboro') 62.15; 35. C. Thurlby (Lincoln) 62.19; 36. V. J. F. Farrar (Bedford) 62.25; 37. D. B. Evison (Louth) 62.26; 38. J. Capes (Norwich) 62.29; 39. D. Turner (Louth) 62.36; 40. W. Charlton (Louth) 62.42; 41. A. Aldred (Lincoln) 62.57; 42. E. A. G. Mortlock (Camb. City) 63.02; 43. LAC Barton (RAF Henlow) 63.04; 44. C. H. Arnold (Crowland) 63.05; 45. J. W. Meiklejohn

(Bedford) 63.10; 46. AC I. Gee (RAF Scampton) 63.31; 47. E. Olley (Ipswich) 63.33; 48. J. Borlase (Luton) 63.40; 49. D. Betson (Camb. City) 63.41; 50. L. Sharpe (Luton) 63.45.

Teams:

Pts.

1. Lincoln Wellington (1. 4.10.16.19.20) 70
2. Ipswich H. (2. 8.17.27.31.33) 118
3. Camb. City A.C. (7.12.13.18.30.42) 122
4. Grimsby 146; 5. Crowland 266; 6. Norwich and N. 311; 7. Bedford 318.

Junior

1. AC Reeves (RAF Brampton)..... 36.39
2. R. Hemings (Peterboro') 36.49
3. K. Pettit (Ipswich) 37.02
4. J. Lawrence (Camb. Univ.) 37.33; 5. D. Abbott (Ipswich) 37.45; 6. D. S. Notley (Mildenhall) 38.21; 7. D. H. Palmer (Norwich) 38.34; 8. R. Ackroyd (Norwich) 38.39; 9. SAC Purvis (RAF Henlow) 38.41; 10. Cpl. Taylor (RAF Brampton) 38.46; 11. J. H. Hooper (Grimsby) 38.52; 12. Cpl. Goodson (RAF Henlow) 39.08; 13. A. Coleman (Bedford) 39.10; 14. N. Kent (Ipswich) 40.13; 15. R. Carter (Grimsby) 40.18; 16. B. Wray (Grimsby) 40.28; 17. L. Harris (Ipswich) 40.33; 18. R. J. Newman (Crowland) 40.49; 19. P. Carter (Grimsby) 40.53; 20. Cpl. Ridely (RAF Upwood) 40.55.

Teams:

Pts.

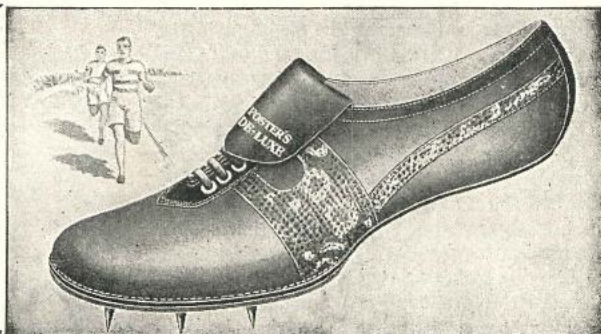
1. Ipswich H. (3. 5.14.17) 39
2. R.A.F. Brampton (1.10.21.22) 54
3. Grimsby H. (11.15.16.19) 61
4. R.A.F. Henlow (9.12.24.25) 70

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Youths

1. N. Clarke (Lincoln)	21.04
2. D. G. Taylor (Grimsby)	21.14
3. J. H. Fox (Lincoln)	21.35
4. SB Winter (HMS Ganges) 21.39; 5, D. Clarke (Lincoln) 21.51; 6, R. Crosbie (Bedford) 21.54; 7, D. M. Sellers (Perse Sch.) 21.56; 8, D. G. Broadhead (Norwich) 21.57; 9, SB Coombes (HMS Ganges) 22.02; 10, P. Walton (Grimsby) 22.04; 11, P. Bevis (Ipswich) 22.09; 12, SB Bird (HMS Ganges) 22.22; 13, R. J. Fenn (Norwich) 22.23; 14, P. R. W. Robinson (Luton GS) 22.27; 15, G. H. Tointen (Crowland) 22.30.	

Teams:

Pts.

1. H.M.S. Ganges	(4. 9.12.16)	41
2. Grimsby H.	(2.10.24.32)	68
3. Luton G.S.	(14.18.27.28)	87
4. Lincoln G.S. 119; 5, Perse Sch. Camb. 132; 6, Kimbolton Sch. 130; 7, Northgate G.S. 175.		

Boys

1. A. Ross (Beaunesert Sch.)	15.17
2. D. K. Head (Luton GS)	15.19
3. SB Rigby (HMS Ganges)	15.21
4, A. Hewitt (Lincoln) 15.23; 5, M. J. Rumsey (Northgate GS) 15.24; 6, A. Barfield (Peterborough) 15.27; 7, SB Bishop (HMS Ganges) 15.33; 8, D. J. Bracey (Luton GS) 15.34; 9, D. E. Bugg (Northgate GS) 15.39; 10, P. D. Snow (Northgate GS) 15.40; 11, SB Rigby (HMS Ganges) 15.46; 12, R. Dimbleby (Lincoln GS) 15.48; 13, J. Bolland (Boston) 15.49; 14, SB Spilsbury (HMS Ganges) 15.50; 15, SB Venneck (HMS Ganges) 15.55.	

Teams:

Pts.

1. H.M.S. Ganges "A"	(3.7.11)	21
2. Northgate G.S.	(5.9.10)	24
3. Luton G.S.	(2.8.17)	27
4, H.M.S. Ganges "B" 59; 5, Kimbolton Sch. 73; 6, Lincoln G.S. 74; 7, Boston A.C. 88; 8, Silver Jubilee Sch. 92.		

Scottish Results

SCOTTISH Y.M.C.A. C.C. CHAMPIONSHIPS at Motherwell February 20th

1. A. H. Brown (Motherwell)	33.30
2. S. Cuthbert (Irvine)	34.08
3. J. Stevenson (Larkhall)	34.19

Teams:

Pts.

1. Irvine (K. Alexander 4, J. Leask 10, J. Lawson 14, J. Dunlop 19)	47
2. Motherwell (D. McFarlane 8, J. McMillan 13, B. Gordon 17, A. Brown 18)	56
3. Larkhall (J. Stevenson 3, N. Duncan 16, A. Miller 21, J. McFarlane 22)	62

Youths

1. A. Blakeley (Irvine)	16.09
2. A. McPhail (Irvine)	16.11
3. T. Parker (Irvine)	16.34

Teams:

Pts.

1. Irvine "B" (A. McPhail 2, T. Parker 3, W. Banks 7; Irvine "A" (A. Blakeley 1, S. Kennedy 4, R. Kennedy 10)	15
3. Motherwell (J. Gardner 6, J. Poulton 8, S. Miller 12)	26

The Y.M.C.A. team for the International is—A. H. Brown, S. Cuthbert, J. Stevenson, K. Alexander, D. Andrews (all Irvine), T.

D. Reid (Larkhall), P. Husband (Kirkcaldy), D. McFarlane and T. Scott (Motherwell).

Victoria Pk. Champ. 1, R. Kane 47.26; 2, J. D. Stirling 49.11; 3, J. Ellis 50.11. **Junior:** 1, N. Ellis 36.17. **Youths:** 1, J. Whitelaw 13.19.

Springburn H. Champ. 1, T. Tracey 46.04; 2, G. McKay 48.08; 3, J. Stevenson 48.16. **Junior:** 1, P. McFarland 27.53; **Youths:** 1, E. Sinclair 19.24.

Shettleston H. Champ.: 1, E. Bannon 44.48; 2, J. C. McGhee 45.33. **Junior:** 1, F. Scally 33.27. **Youths:** 1, I. Cloudesley 15.52.

Bellahouston H. Champ.: 1, H. Fenion 49.40. **Junior:** 1, S. McLean 34.46.

Beith H. Champ: G. Lightbody 39.18.

Hamilton H. Champ: 1, A. C. Gibson 53.20.

Paisley H. Champ.: 1, A. Napier 46.05; **Junior:** 1, I. Felley 31.00.

Monkland H. Champ: 1, J. Geddes 51.22.

Garscube H. Champ.: 1, G. A. Dunn 52.41; **Junior:** 1, B. Lynn 34.45. **Youths:** A. McDonald 20.34.

Results of the Scottish National Cross-Country Championships will be found on page 14.

MIKE AGOSTINI — “*The Caribbean Comet*”

FOR the past quarter of a century American sprinters have dominated the world. Apart from a brief break in 1928, when Canadian flash Percy Williams streaked home in the 100 and 200 metres the United States have provided the first man in both Olympic sprints.

Chief competition in 1952 came from two West Indian runners, Herb McKenley and McDonald Bailey. And by the time the next Games come round, the threat is likely to come from another performer from the Caribbean shores, by name Michael George Raymond Agostini.

This olive-skinned youngster from Trinidad, who has just celebrated his 19th birthday, is at present in the United States studying commercial science at Villanova College, and has already been making his presence felt in the first few meetings of the American indoor season.

Mike's chief claim to fame is his 9.4 seconds for 100 yards, which he did during the Jamaican championships on April 15th, 1953. This time was only equalled during the year by one runner—Thane Baker, of America.

Since coming to the United States, Mike has been credited with a time of 9.6 sec., which broke an indoor record that had stood for thirty years.

By R. A. OLVER

And how did it all start? Well, Mike was born at Port of Spain, Trinidad, on January 23rd, 1935. He is of Portuguese descent, and emanated from a family of sportsmen. His two elder brothers were fine athletes, and his father captained the Colony football team.

At the age of fifteen Mike became Trinidad Junior 100 yards champion, and two years later showed a time of 9.8 sec., beating American hurdler Peter McCreary in the process. Not bad for a 17 year old in his first international competition.

But his first major triumph came on January 3rd, 1953, during an all-coloured international meet at Kingston, Jamaica. It was the fifth day of the tourney, and Mike took the 100 metres in 10.6 sec. What was more important, in doing so he beat Jim Gathers and Andy Stanfield, American Olympic sprinters.

I have already mentioned the Jamaican championships. Mike did 9.4 sec. for the 100 yards, and in addition showed 21.1 sec. for the 220 yds. event—beating the school-boy record which had stood for 30 years.



First three home in the Southern Junior Cross-Country Championship at Parliament Hill Fields. L. to R.: K. F. CAULDER (Surrey A.C.) 2nd., M. L. BARRATT (Ealing H.) 1st, M. R. SCHOFIELD (Poly H.) 3rd.

H. W. Neale

After this it was obvious that if Mike was to get the opposition he needed he would have to leave Trinidad. After due consideration he decided to visit the United States. There he could work and play at the same time, so to speak. The World's best sprinters were there. It was his big chance to make the grade.

It had a sad beginning, however. With very little time to get acclimatised, he entered for the American outdoor championships at Dayton, Ohio, on June 27th, 1953. Mike had no difficulty in qualifying for the final, but then came disaster. A mishap with his starting block when the gun went, and he was left at the post.

At Villanova College he studied and trained until the start of the indoor season. At Boston, on January 16th last, he created a major sensation in his first race on boards by beating Andy Stanfield and Lindy Remigino, both Olympic champions, in the 50 yards event, returning a time of 5.3 sec., which beat the record for the meeting and equalled the track record.

Six days later he went to Philadelphia and had his first experience of a starting gate. This filled him with apprehension, and when the gate operated, Mike didn't. "I'm no horse or greyhound either," he said to the press afterwards. And just to show there was no ill-feeling he travelled to Washington the following day and set up

a new World's indoor record of 9.6 sec. in the 100 yards.

What a way to celebrate his 19th birthday! At the same meet he won the 80 yards, beating Art Bragg and Remigino, but lost the 70 yards in a photo-finish.

"I must improve my technique," said Mike recently. "I've been running since the age of nine, but never did any real training or had coaching until I was eighteen. Now I read every book I can lay my hands on."

This olive-skinned youngster must start favourite for this year's Empire championships at Vancouver. But the one subject on which Mike stays quiet is his future. He contented himself by saying "I will continue to run at least up to the 1956 Olympic Games."

By a stroke of ill-fortune he is affected by bad hearing, the result of an operation when he was seven years of age. To a sprinter, this is a major handicap. "I have to school myself to move when the rest do," said Mike. Just imagine what he could do if he could hear the gun clearly!

* * *

An outstanding mile invitation event is planned for the Pennsylvania Relays indoor meet in Philadelphia on April 23-24. Mal Whitfield is a definite starter, and others invited are Roger Bannister, John Landy, Wes Santee, Joseph Barthel, Fred Wilt and Len Truex.

KEN NORRIS (T.V.H.) leading FRANK SANDO (Aylesford P.M.) through a sea of mud near the halfway mark in the Southern Cross - Country Championship.

H. W. Neale



WORLD BEST PERFORMERS, 1953 (contd.)

By H. E. D. O'NEILL

800 Metres			
1:47.9y	M. G. Whitfield (U.S.A.)	17/7	3:44.8M R. G. Bannister (G.B.) 27/6
1:48.4n	W. Santee (U.S.A.)	6/8	3:44.8 D. Johansson (Finland) 10/7
1:48.6y	S. Jungwirth (C.S.R.)	21/6	3:45.0 S. Jungwirth (C.S.R.) 30/5
1:48.7†n	L. Stanley (U.S.A.)	5/6	3:45.2n I. Erkkisson (Sweden) 23/7
1:48.8	R. Moens (Belgium)	17/6	3:46.6n E. Beres (Hungary) 9/8
1:48.9	A. Boysen (Norway)	3/8	3:46.6n G. W. Nankeville (G.B.) 3/9
1:49.0n	T. Ekfeldt (Sweden)	14/8	3:46.8n I. Taipale (Finland) 10/7
1:49.3n	O. Aberg (Sweden)	9/8	3:47.0 W. Lueg (Germany) 18/8
1:49.4n	H. Cryer (U.S.A.)	29/7	3:47.4 I. Rozsavolgyi (Hung.) 19/8
1:49.6n	G. Nielsen (Denmark)	3/8	3:47.4n T. Lundberg (Sweden) 23/8
1:49.6n	G. Ivakin (U.S.S.R.)	23/8	3:47.8n O. Aberg (Sweden) 10/7
1:49.7n	R. G. Pearman (U.S.A.)	3/8	3:48.0 G. Nielsen (Denmark) 30/8
1:49.7†n	H. Butler (U.S.A.)	5/6	M — made in a 1 Mile race
† — 880 yds. time less 0.7 secs.			
y — made in an 880 yds. race			
1 Mile			
4:02.0	R. G. Bannister (G.B.)	27/6	
4:02.0	J. M. Landy (Australia)	12/12	
4:02.4	W. Santee (U.S.A.)	5/6	
4:04.0n	D. Johansson (Finland)	5/6	
4:04.4	S. Karlsson (Sweden)	7/8	
4:05.7n	G. E. Reiff (Belgium)	5/6	
1500 Metres			
3:44.2	S. Karlsson (Sweden)	23/6	
3:44.2	W. Santee (U.S.A.)	23/7	
3:44.4M	J. M. Landy (Australia)	3/1	

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THE NORTHERN ATHLETIC SUPPLIERS

CROWN CHAMBERS

ALBION STREET, LEEDS 1

4:06.6	W. Lueg (Germany)	16/6	8:58.4n	I. Binnie (G.B.)	1/8
4:06.8	D. A. G. Pirie (G.B.)	8/8	9:00.2	C. Capozzoli (U.S.A.)	30/5
4:07.1n	F. Dwyer (U.S.A.)	20/6	9:01.2	J. M. Landy (Australia)	4/2
4:07.4	G. W. Nankeville (G.B.)	9/9	9:01.8n	A. Mimoun (France)	25/5
4:07.4n	A. Boysen (Norway)	9/9	9:02.6	F. D. Sando (G.B.)	24/6
4:07.8	C. Capozzoli (U.S.A.)	2/5	9:02.7	R. Ferguson (Canada)	20/6
4:08.0n	J. LaPierre (U.S.A.)	2/5	9:03.0	M. R. Maynard (G.B.)	9/9
4:08.0	I. Eriksson (Sweden)	23/6	5000 Metres		
4:08.0	D. C. Seaman (G.B.)	11/7	13:58.8	A. Anufrijev (U.S.S.R.)	6/6
4:08.2n	T. Lundberg (Sweden)	23/6	14:01.2	J. Kovacs (Hungary)	20/9
4:08.4	C. J. Chataway (G.B.)	14/3	14:02.2	V. Kuz (U.S.S.R.)	27/8
4:08.6n	R. Lamers (Germany)	23/6	14:02.6	D. A. G. Pirie (G.B.)	29/8
4:08.6n	G. Dohrow (Germany)	23/6	14:03.0	E. Zatopek (C.S.R.)	5/8
4:08.8	F. Green (G.B.)	3/10	14:08.4	A. Mimoun (France)	17/6
3000 Metres			14:14.4	I. Taipale (Finland)	11/6
8:06.6	F. Herman (Belgium)	20/6	14:14.6n	H. Posti (Finland)	11/6
8:09.6	T. Lonnqvist (Sweden)	17/7	14:15.6n	H. Schade (Germany)	11/6
8:10.4M	V. Kuz (U.S.S.R.)	20/9	14:15.6n	G. E. Reiff (Belgium)	17/6
8:11.0	D. A. G. Pirie (G.B.)	5/9	14:15.6n	B. Albertsson (Sweden)	30/7
8:11.4	I. Taipale (Finland)	17/7	10,000 Metres		
8:11.6	A. Anufrijev (U.S.S.R.)	21/6	29:01.6	E. Zatopek (C.S.R.)	1/11
8:12.0n	G. E. Reiff (Belgium)	8/7	29:17.2	D. A. G. Pirie (G.B.)	3/9
8:12.2	S. Jungwirth (C.S.R.)	27/6	29:21.2	J. Kovacs (Hungary)	4/10
8:13.4	W. Druetzler (U.S.A.)	13/7	29:23.2	A. Anufrijev (U.S.S.R.)	7/6
8:13.8n	E. Zatopek (C.S.R.)	27/6	29:41.4n	V. Kuz (U.S.S.R.)	9/8
8:14.2n	I. Planck (Denmark)	13/7	29:48.6n	G. Penzes (Hungary)	4/10
M — made in a 5000 metres race			29:49.8	H. Posti (Finland)	5/9
2 Miles			29:51.0n	A. Mimoun (France)	5/9
8:47.4	D. A. G. Pirie (G.B.)	30/9	29:56.2n	F. D. Sando (G.B.)	3/9
8:49.6	C. J. Chataway (G.B.)	25/5	30:00.0	U. Julin (Finland)	13/7
8:53.0n	F. Green (G.B.)	30/9	30:00.2n	O. Rinteenpaa (Finland)	13/7
8:54.7	L. Eyre (G.B.)	1/8	30:03.2n	B. Juhasz (Hungary)	3/10

To be continued

LONDON ATHLETIC CLUB SCHOOLS CHALLENGE CUPS MEETING

will be held at the
WHITE CITY STADIUM, LONDON
(Under A.A.A. Laws)

On April 23rd, at 2.00 p.m.

April 24th at 10.30 a.m. & 1.30 p.m.

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5 Junior Events

(age 14—16) for Boys only, also
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Entries close 3rd April, and no en-
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Cpl. RANGER receives his trophy after winning the R.A.F. Cross-Country Championship for the third year in succession.

Photo by courtesy of the R.A.F.A.A.

Any Club desirous of receiving an invitation to compete in the Heathfield Shield Contest to be held on Saturday, 12th June, 1954, at Walton-on-Thames, should contact: J. F. Harding, 37 Holly Avenue, Walton-on-Thames, Surrey. Telephone No: Walton-on-Thames 2393. All Events from 100 yds. to 2 Miles, including Shot and High Jump. Prizes: first four competitors in each event.

* * *

The organisers of the Dorchester-Poole Relay which was to have taken place on April 3rd, deeply regret that owing to circumstances entirely beyond their control, they are compelled to cancel the event.

* * *

Closing date for Watford H. Road Relay is March 15th. The race will be started by the Mayor of Watford, on March 27th.

RESULTS

February 19th

3rd Sub. Sqd. Champ. 1, AB Jackson 30.38; 2, L/Sea. Leach 30.42; 3, O/Sea. Stokes. **Teams:** QD Montclare 44 pts.; 2, Top Montclare 110; 3, HMS Termagent 111.

February 20th

Mediterranean Inter-Services C.C. Champ., Malta. 1, REM Cleaver (RN) 24.31; 2, AB Morralee (RN) 24.46; 3, SAC Hudson (RAF) 25.00; 4, Wtr. Stone (RN) 25.10. **Teams:** 1, R.N. 26 pts.; 2, Army 63; 3, R.A.F. 95.

Grafton A.C. 5½M. Champ. 1, L. Dias 38.17; 2, H. Gilbert 40.16; 3, R. Simmons 40.35; **H'cp:** H. Gilbert (4.45) 37.26.

St. Albans City A.C. beat Poly H. 10 pts. to 30. 1, M. J. Blyth (St. A.) 49.35; 2, R. W. Hills (St. A.) 51.33; 3, J. Thorpe (St. A.) 52.44; 4, P. R. Tearle (St. A.) 53.21; 5, R. W. Freeman (St. A.) 53.21; 6, F. Morris (P) 54.33. In a Junior match, **St. Albans** beat **Poly.** 6 pts. to 16. 1, G. F. Allen (St. A.) 26.08; 2, M. J. Palmer (St. A.) 26.08; 3, G. F. Bareham (St. A.) 26.17; 4, R. Dagenhardt (P) 27.53.

Woodford Green A.C. Schools' Race. 1, R. D. Stewart (K.E. VI.) 18.48; 2, D. Clark (Bancrofts) 18.55; 3, D. Williams (Bancrofts) 19.03; 4, B. Davis (Buckhurst Hill) 19.04; 5, A. Wiseman (BHOHS) 19.05; 6, M. Ricketts (Wanstead) 19.12; 7, D. J. Coward (Latymer) 19.17; 8, R. Shillito (Chigwell) 19.26; 9, P. Tindale (Bancrofts) 19.35; 10, C. J. Wood (Bancrofts) 19.35. **Teams:** 1, Bancrofts Sch. 24 pts.; 2, Buckhurst Hill 48; 3, King Ed. VI. Sch. 54; 4, Chigwell Sch. 88; 5, Latymer G.S. 88; 6, Stratford G.S. 114; 7, Wanstead CHS 114.

Shaftesbury H. 55 pts. beat **Hampstead H.** 66, **Wigmore H.** 115 and **Hornsey St. M.H.** 144 for "Turner Trophy," at Hampstead. 1, G. Olding (HSM) 30.27; 2, D. Wheatley (C) 31.02; 3, F. Lakin (S) 31.08; 4, R. Lambert (W) 31.14. **Wigmore H. H'cp.** 1, R. Bailey (S.35) 29.05.

Surrey A.C. beat Guildford and G. and S.C.C. combined 79 pts. to 131. 1, R. Belmore (G) 27.56; 2, A. Playfoot (G) 28.00; 3, B. Barrett (S) 28.16; 4, E. Floyd (S) 28.35; 5, J. Cleverley (S) 28.35; 6, R. Cooper (S) 29.24.

REME Blandford beat Poole and W. 31 pts. to 54. 1, Moody (RE) 24.43.5; 2, Chinchin (P); 3, Holmes (RE); 4, Witts (P); 5, Jackson (RE); 6, Calhoun (RE).

Barclays Bank A.C. 7½M. Champ. 1, L. H. Hill 43.06; 2, R. S. H. Southgate 43.33; 3, D. J. Harker 45.58. **H'cp:** Southgate (2.45) 40.48.

Walton A.C. beat Epsom and E. 30 pts. to 48. 1, E. Williams (E) 44.06; 2, R. Roath (W) 44.07; 3, W. Sinnett (W) and B. Judd (W) 44.40; 5, J. Budd (E) 45.00; 6, G. Winchester (W) 45.41.

Met. Police 6M. Champ. 1, D. G. Taylor 32.49; 2, I. D. Brooks 33.55; 3, R. J. Thorn 34.09; **Team Champ:** F. Div. 24 pts.

RACS and Cambridge H. Combined beat Veterans A.C. 21 pts. to 42. 1, M. Bergman (RACS) 26.20; 2, C. Edwards (RACS) 26.43; 3, C. Mann (RACS) 27.28. **VAC H'cp:** 1, A. Smith (6.30) 23.06; 2, A. E. Welling (7.30) 24.01; 3, W. G. Isaac (5.30) 24.04.

Charlton Road Race. 1, K. Harland (Cambridge) 9.47; 2, D. W. Wells (Brit.) 10.10; 3, R. Hale (Kent) 10.20; 4, N. F. Fox (Kent) 10.21; 5, J. Wilson (Kent) 10.22; 6, J. Turner (Kent). **Teams:** 1, Kent A.C. 18 pts; 2, Britalumin 30; 3, Cambridge H. 31.

Bournemouth A.C. Champs. 1, Roffey 45.16; 2, Dunn 45.37; 3, Chinchin 46.04. **Junior:** 1, Whiteside 22.18; 2, Stone 23.20; 3, Street 24.12. **Youths:** 1, Bailey 22.35; 2, Rees 23.05; 3, Whitehouse 24.32.

Blackheath H. beat Ardingly Coll. 27 pts. to 57. 1, D. A. Pinckard (B) 14.27; 2, A.

W. Wood (B) 14.45; 3, A. C. Dashwood (B) 14.50; 4, Stallwood (A) 14.56; 5, Rousele (A) 15.05; 6, D. French (B) 15.07.

Tobacco Trade C.C. Champ. 1, J. M. Burke 22.13; 2, J. B. Ivory 22.25; 3, J. Dougan 22.40; 4, T. Chorley 23.13; 5, R. Coleman 23.25; 6, J. Fitzgerald 23.46. **Teams:** 1, Imperial Tob. Co., Bristol 9 pts.; 2, Wills, Bristol 20; 3, Wills and Clark, Dublin 22.

Barnet A.C. beat Barnet C.C. 18 pts. to 37. 1, D. Randall (BAC) 32.53; 2, B. W. Seear (BAC) 33.55; 3, A. W. Shorter (BCC) 34.27; 4 eq., M. Jones (BAC) and T. Murray (BAC) 34.50; 6, S. Howshaw (BAC) 35.01.

Boys' Squad RAC beat Bournemouth AC 39 pts. to 47. 1, Bailey (B); 2, Rees (B); 3, Fisher (RAC).

February 21st

Bournemouth AC beat Clayesmore Sch. 24 pts. to 56. 1, Bailey (B); 2, Stone (B); 3, Whiteside (B); 4, Birt (C).

More results next week

The Norfolk A.A.A. Hon. Secretary sends an amended result of the Norfolk County Junior C.C. Championship, held at Norwich on 13th Feb. 1, D. H. Palmer (N. and N.) 27.45; 2, D. L. Spruce (Norwich Sch.) 28.32; 3, R. Ackroyd (N. and N.) 28.36; 4, J. W. Gleisner (Norwich Sc.) 30.12.

The R.A.F. Div. 3 Cross-Country Trophy being presented to the R. A. F. Yatesbury team. L. to R.—SAC Rickhuss, SAC Bowen, AC Darchambaud, AC Nelson, AC Bardon.

Photo by courtesy of the R.A.F.A.A.



SCOTTISH CROSS-COUNTRY CHAMPIONSHIPS

Hamilton Race Course, March 6th

Eddie Bannon had no difficulty in retaining his national title, winning by 120 yards from Tom Tracey. Shettleston had a 23 pts. margin over Victoria Park for the team race. A. Jackson (Edin. University) did not, after all, win the Junior, being beaten in a sprint finish by Jim McLaren (Shotts), but his club won the team race.

Shettleston had a grand day, winning both Senior and Youths titles, and finishing second in the Junior.

1. E. Bannon (Shaftesbury) 50.19
2. T. Tracey (Springburn) 50.42
3. H. Fenion (Bellahouston) 50.49
4. R. Kane (Victoria Park) 50.50; 5. F. McKenzie (Inverness) 50.51; 6. J. Stevenson (Greenock W.) 51.17.

Teams:	Pts.
1. Shettleston H.	90
2. Victoria Park H.	113
3. Edinburgh S.H.	233
4. Springburn H. 244; 5. Garscube H. 327; 6. Bellahouston 395.	

Junior

1. J. McLaren (Shotts) 32.42
2. A. S. Jackson (Edinburgh Univ.) 32.46

3. A. H. Brown (Motherwell) 33.01
4. J. V. Paterson (Edinburgh S.) 33.29; 5. J. B. Wilkinson (Edinburgh N.) 33.35; 6. J. Stevenson (Larkhall) 33.49.

Teams:	Pts.
1. Edinburgh Univ.	56
2. Shettleston H.	86
3. Bellahouston H.	92
4. Victoria Park H. 103; 5. Cambuslang 163; 6. Braidburn A.C. 171.	

Youths

1. I. Cloudsley (Shettleston) 16.33
2. W. H. Watson (Edinburgh Univ.) 16.35
3. J. Dodds (Gala) 16.39
4. E. Sinclair (Springburn) 16.45; 5. J. Simpson (Plebian) 16.55; 6. D. Tracey (Springburn) 16.57.

Teams:	Pts.
1. Shettleston H.	54
2. Springburn H.	60
3. Irvine Y.M.C.A.	98
4. Braidburn A.A.C. 117; 5. Cambuslang 155; 6. Hamilton H. 173.	

Birchfield Retain Women's National C.C. Title

At Aylesbury, March 6th

Birchfield Harriers retained both team and individual titles over a three miles course last Saturday, their eleventh success in 22 races. Diane Leather went into the lead at the start and had established a winning lead by the halfway mark and was running well within herself. The Northern champion, Ann Oliver, was always a good second, June Bridgland, Southern title holder, did not run up to her normal form this season, but finished fourth behind Dilys Williams, national road walking champion. The first six will represent England in the International race at Birmingham on March 20th.

1. D. Leather (Birchfield) 19.16
2. A. Oliver (Gosforth) 20.00
3. D. Williams (Birchfield) 20.26
4. J. Bridgland (Southampton) 20.37
5. N. Smalley (Portsmouth) 20.46
6. M. Davies (Stockport) 20.56
7. H. Vincent (London O.) 20.58; 8. P. R. Benn (Highgate) 21.01; 9. J. Heath (Small Heath) 21.21; 10. M. Slemon (Selsonia)

- 21.26; 11. Y. Mattock (Ilford) 21.28; 12. M. Nusser (Birchfield) 21.34; 13. R. Smith (St. Gregory's) 21.36; 14. J. Hall (Selsonia) 21.37; 15. M. Flin (Selsonia) 21.41; 16. J. Timbs (L.O.) 21.44; 17. W. McQuade (Gosforth) 21.48; 18. W. Kirton (Halesowen) 21.51; 19. E. Harding (L.O.) 21.52; 20. M. Ricketts (L.O.) 21.52; 21. P. Green (Ilford) 21.53; 22. M. Beckford (Ilford) 21.53; 23. M. Richards (Hallamshire) 22.06; 24. M. Harper (Birchfield) 22.10; 25. J. Worcester (Ilford) 22.21; 26. N. Loines (Small Heath) 22.24; 27. M. Rutherford (Gosforth) 22.33; 28. J. Fothergill (Harborne) 22.36; 29. H. Cawston (Birchfield) 22.38; 30. A. Blower (Selsonia) 22.39.

Teams:	Pts.
1. Birchfield HLS (1. 3.12.24) 40	
2. London Olymp. (7.16.19.20) 62	
3. Selsonia LAC (10.14.15.30) 69	
4. Ilford 79; 5. Gosforth 100; 6. Small Heath 101; 7. Harbourne 146.	

● NEXT WEEK—SPECIAL "NATIONAL" NUMBER (Full Results) ●

SCHOOLS A.A. NOTES

Preparations for the 1954 Championships at Ashington in Northumberland on Friday and Saturday, July 16th and 17th, are well under way. All events will be on grass and the programme will be almost identical with the one at Uxbridge last year. 1955, however, will see the inclusion of the Junior Pole Vault and the Triple Jump for boys, and the 880 yds. for Senior Girls. To make the schools an ideal nursery for the Senior associations, all we shall then need is the Hammer which, at the moment, appears to be unacceptable on account of dangers which are not really as alive as many teachers imagine. Definite steps are being taken to allay these fears and to establish confidence over the introduction of this event which must surely come in the next year or two and so complete the schedule.

Tentative figures for all these new projects have been established and are included in the 1954 edition of the S.A.A. Standard Attainment Tables, now on sale. The go-ahead counties will no doubt include much of this new work in their efforts and so be well in the van for 1955.

E.C.

OXFORD UNIVERSITY SPORTS

100: 1, R. D. Shaw; 2, B. Wetters; 3, D. Clark; 10.4. **220:** 1, D. Wetters; 2, D. Clark; 3, J. Stubbs; 23.4. **440:** 1, D. J. Johnson; 2, D. Brierley; 3, M. Wallwork; 49.6. **Mile:** 1, G. Dole; 2, A. Gordon; 3, B. Lloyd; 4:19.0. **3 Miles:** 1, C. W. Suddaby; 2, A. J. Weeks-Pearson; 3, T. Miller; 14:41.0; **120 Hds:** 1, C. Higham; 2, R. D. Shaw; 3, D. Tierney; 15.2. **220 Hds:** 1,

C. Higham; 2, G. Villiers; 3, J. Brasier-Creagh; 25.8. **H.J.:** 1, G. Jefferies; 2, P. Gibbs; 6ft. 1in. **L.J.:** 1, G. Villiers; 2, A. Forey; 3, E. Simmonds; 21ft. 4in.; **P.V.:** 1, M. Jenkins; 2, J. Vickery; 3, A. G. Law; 11ft. 0in. **Wt:** 1, W. Palmer; 2, A. G. Law; 3, I. Smith; 45ft. 10½in. (rec.). **Jav:** 1, W. Kretzschmar; 2, W. Palmer; 3, C. Grose; 190ft. 4in.

CAMBRIDGE UNIVERSITY SPORTS

100: 1, A. D. Sexton; 2, E. Samuel; 3, D. B. Stronach; 10.3; **220:** 1, A. D. Sexton; 2, C. E. Parkinson; 3, E. Samuel; 4 yds. 22.8; **440:** 1, A. D. Sexton; 2, C. E. Parkinson; 3, R. T. G. Day; 6yds. 50.8; **880:** 1, K. Marsden; 2, R. T. G. Day; 3, S. M. Houghton; 6yds. 1:57.7; **Mile:** 1, K. Marsden; 2, R. N. Dailey; 3, K. Whittle; 6yds. 4:27.2; **3 Miles:** 1, J. H. Knopf; 14:13.8 (ground and undergrad. record); 2, J. J. Burnet; 14.55; 3, W. J. Jones; 14.58; **120 Hds:** 1, J. Maitland; 2, J. G. Barker; 3, J. S. Lyon; 1yds. 16.1; **220 L.Hds:** 1, H. R. H. Stinson; 2, D. W. Donaldson; dead-heat; 3, M. R. Cook; 25.9; **L.J.:** 1, I. M. E. Jeffery; 20'10¼"; 2, R. W. G. Reed; 20'10"; 3, D. S. Meredith; 20'8¼"; **H.J.:** 1, G. A. Marwood; 5'7½"; 2, A. M. Hutchinson; 5'7½"; 3, D. R. Lilliston; 5'6½"; **P.V.:** 1, S. M. Paschal; 10' 6"; 2, J. Lyons; 10' 6"; 3, G. S. Jones; 10' 6"; **Wt:** 1, G. E. Watts; 38'4½"; 2, B. Oakshott; 36'9½"; 3, P. C. Cohen; 35'6"; **Dis:** 1, D. E. Slater; 134'8¼"; 2, T. R. Newell-Price; 122' 11"; 3, T. Grindley; 113'8"; **Jav.:** 1, A. S. Dye; 146'0"; 2, P. B. Gowland; 163'2"; 3, G. S. Kent; 157'7".

In the Oxford University "Cuppers," C. W. Suddaby won the 3 miles in 14.27 from A. J. Weeks-Pearson 14.35, D. J. Johnson the 440 in 50.8, C. E. Higham the 120 hds. in 15.1, and G. Jeffries cleared 6ft. in the high jump.

WIGMORE HARRIERS 15 MILES ROAD RACE

(Under A.A.A. Laws)

March 27th, at 2.30 p.m.

Parliament Hill Track, Hampstead

Awards to first three Individuals, first three Teams and first three places in Handicap. Medals to all completing course in standard time of 1hr. 33min. and certificates to all finishing course.

Entries by 13th March

To Mr. BLACKMORE, 20 Dalgarno Gardens, N. Kensington, London, W.10, on A.A.A. Forms—Fee 3/- each individual.

HORNCHURCH HARRIERS

2nd ANNUAL

ROAD RACE

(Approx. 4 Miles—Under A.A.A. Laws)

Easter Monday, 19th April, 3 p.m.

PRIZES valued—Individual £3, £2, £1.
Team (4 run, 3 score) 3 at £2, other prizes according to entries.

ENTRY FEES—Individual 2/-, teams 6/-

Entries to A. L. VINE, 11 Little Gaynes Lane, Upminster, Essex, by MONDAY, APRIL 5th.

NEW ZEALAND (contd.)

go to Vancouver, but not Lewis or Harold Moody. Lewis has done nothing and Moody was second with 123ft. 5in. and third with 43ft. 8in. in the Auckland championships to-day.

Another Home athlete in H. I. Duguid, now a veterinarian at Kaitaia, was invited to throw at the Waipu Highland Games and reached 118ft. 1in. He has not thrown for three years and cannot get to meetings around the Waikato.

ROAD RUNNERS' CLUB STANDARDS

While the RRC has established a name for itself by its ultra-long distance promotions, it should not be thought that its sole interest lies in the field of these unusual events. We wish to serve the interests of all road runners, most of whom may have neither the inclination or time to proceed beyond the marathon distance.

Members are now eligible for the reward of certificates, either a first class or second class. To gain a certificate, a man must beat standard time in three of the six distances listed in any one year. He is free to choose his three distances which are designed to suit all types of road runner, from the 10 miler coming into the sport to the marathon man and the 'journey' runner. Thus, to secure a first-class time certificate he must record three first-class performances and, similarly, three second class performances for this certificate. The first class standards are based on a 2-40 marathon and the second class on a 3-10 marathon. The former is intended to be the hall mark of a class runner and the latter as an objective for most club runners. Either certificate will be awarded once only to any one member.

Distance	1st class	2nd class
	hr. m.	hr. m.
10 miles	55	63
15 miles	1 27	1 40
20 miles	1 58	2 20
Marathon	2 40	3 10
S.L.H. '30'	3 15	3 50
London-Brighton	6 20	7 15

Performances at odd distances, i.e., Morpeth-Newcastle, etc., will be assessed in relation to the above.

A. Barch (Sheffield U.H.) finished 18th in the Northern Junior Championship, not as published. South London's fourth scorer in the Southern Youths' race was 71st.

Entries for the T.V.H. Road Relay close on Monday, March 15th to L. A. Beadle, 33 Hogarth Gdns., Heston, Middlesex. This year a special set of prizes will be awarded to the first unplaced club not having taken a prize in the last three races.

The A.A.A. Winter Training School at the Duke of York's H.Q., Chelsea will be closed on 19th March.

Victoria Park H. have vacancies for evening track fixtures on Monday, July 5th and 26th, at Victoria Park. Write to R. C. Everson, 24 Hilborough Road, Haggerston, London E.8.

Derek Pugh, European 400m. champion, has taken up an appointment in Canada and will be leaving this country shortly.

As the leading American athletes will be competing in the Knights of Columbus indoor meet at Madison Square Garden, New York, on March 20th, the proposed meeting at the Paris Palais des Sports has again been postponed—this time until March 27th.

A blue track suit top was lost at the Southern Championships by J. Stormer, 14 Orleans Road, Hornsey Rise, N.19. A smaller suit top was left in its place and this can be returned if the owner will write to the above address.

CLASSIFIED ANNOUNCEMENTS

Cloth Club Badges supplied to your design, low prices, stamp please for list. S. A. Cory and Company, 5 Worbeck Road, London, S.E.20.

The Mail Order House for Own Name and Club Name Tracksuits. Send for details. Also Club Vests at keen quotations. TRACKCRAFT (Grnd. Floor, F.F. Ltd.), 17 Mortimer Street, London, W.1.