

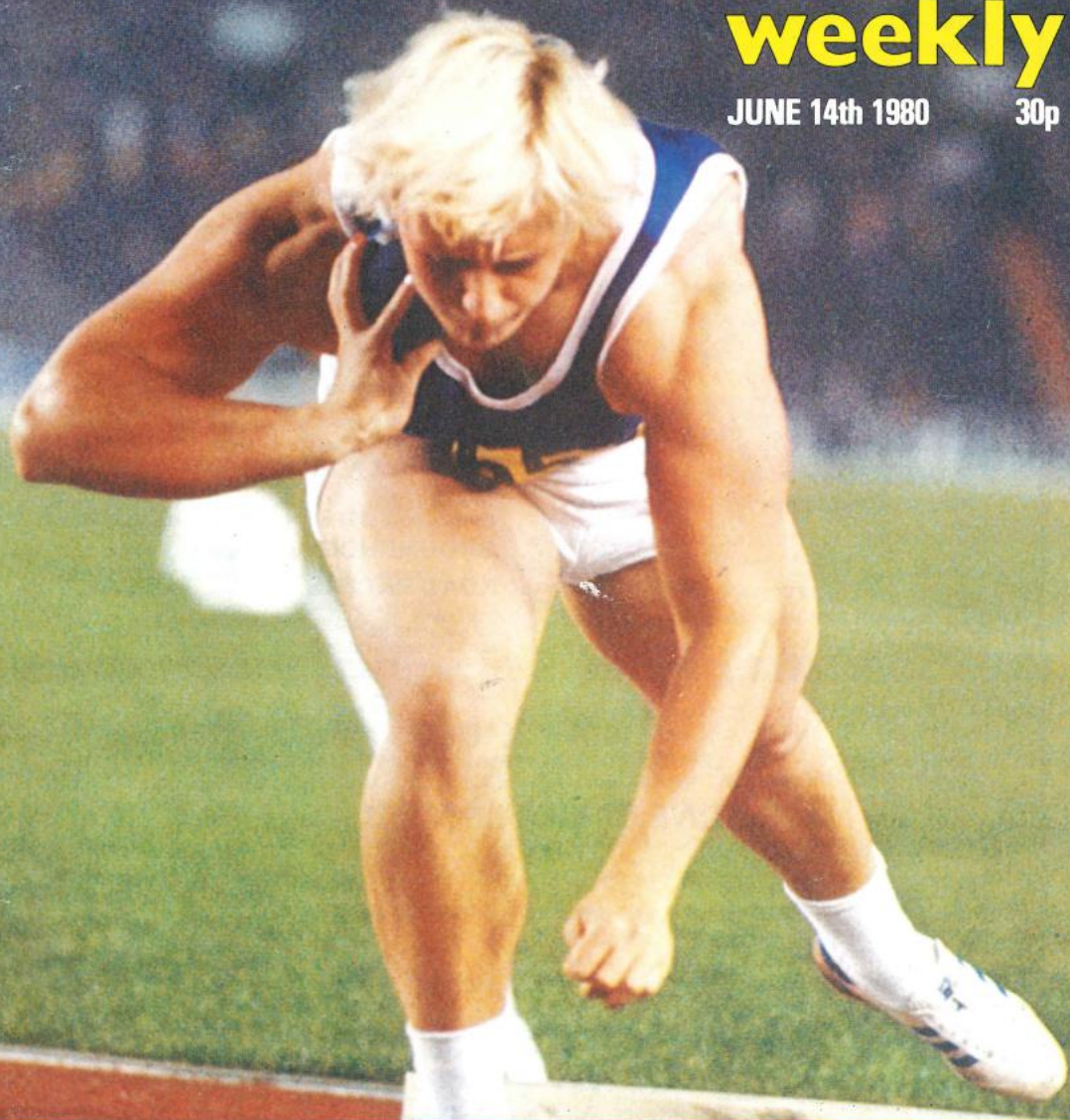
INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

athletics

weekly

JUNE 14th 1980

30p



Bukta
SPORTWEAR



...outstrips the field

Send today for your free colour brochure to:
Bukta, Brinksway, Stockport, Cheshire, SK4 1ED,
enclosing stamp to cover postage.

SQUARE DEAL

Keen Prices — Service — Clothing & Shoes From . . . Running Wild

RON HILL SPORTS TRACKSTERS. New lightweight nylon training bottoms, stitched-in crease, contrast piping. S, M, L. Red, royal, black or navy. **£5.95.**

RON HILL SPORTS FREEDOM SHORTS. Lightweight polyester/cotton. Gold, red, orange, sky, royal, navy, emerald, bottle, purple, black, white, maroon, 24/26", 28/30", 32/34", 36/38". Plain colour **£3.45**, 2 contrast stripes **£3.95**. New Zealand, Moscow 1980, Scotland **£4.25**. Union Jack, U.S. Flag, Maple Leaf **£4.75**.

RON HILL SPORTS MESH VESTS. World famous lightweight mesh vests. White, black, gold, orange, red, royal, emerald, sky. Plain or contrast trim (give alternative on contrast colour if possible). **£3.95.**

MAY issue of **THE RUNNER** magazine now in. **£1.15**. Back issues available at **£1.15**

SPIKES

NIKE		OUR PRICE		RRP
TRIUMPH	4-5 1/2	£19.35	6-13	£22.20 (£24.99)
UNIVERSE	5-5 1/2	£26.25	6-12	£30.25 (£33.99)
VAINQUEUR	5-5 1/2	£28.65	6-12	£32.90 (£36.99)
ADIDAS				
INTERVAL 2	3 1/2-5 1/2	£12.45	6-12	£14.20 (£15.99)
SPEEDER	3-5 1/2	£9.95	6-12	£11.55 (£12.99)
MARINER	3 1/2-5 1/2	£13.10	6-12	£15.10 (£16.99)

TRAINERS

NIKE				
LDV	5-5 1/2	£21.45	6-13	£24.65 (£29.99)
WAFFLE TRAINER	3-5 1/2	£16.25	6-13	£18.65 (£21.99)
NYLON ROAD RUNNER	3-5 1/2	£10.80	6-13	£12.45 (£14.99)
WALLY WAFFLE	8-13	kids		£7.10 (£8.50)
	1-5	£7.75	6-7	£8.85 (£10.99)
			6-12	£33.80 (£37.99)
TAILWIND				
ADIDAS				
RUNNER SUPER	5-5 1/2	£19.35	6-13	£22.20 (£24.99)
SL80	SPECIAL OFFER (see below)			
TRX TRAINING	3 1/2-5 1/2	£15.10	6-12	£17.35 (£19.50)
TRX KID			8-5 1/2	£8.70 (£9.80)

TRAINERS (contd.)

		OUR PRICE		RRP
KARHU MASTER	3-5 1/2	£16.95	6-11	£19.50 (£22.75)
NEW BALANCE				
375	5 1/2	£21.70	6-12 1/2	£24.95
XC15	5 1/2	£22.60	6-12 1/2	£25.95
INTER				
GPR	4-5 1/2	£8.00	6-12	£9.50 (£10.69)
MARATHON	3-5 1/2	£7.40	6-11	£8.85 (£9.99)
SPRINT	3-5 1/2	£6.65	6-11	£8.00 (£8.99)
TIGER				
ARROW	5-5 1/2	£17.60	6-11	£20.20 (£22.75)
MONTREAL III	5-5 1/2	£15.80	6-11	£18.20 (£20.50)
PACESETTER	3-5 1/2	£10.35	6-11	£11.70 (£13.40)
GROUNDHOG	3-5	£8.95	6-12	£9.95
ROAD RACERS				
TRX COMP.	5-5 1/2	£16.80	6-13	£19.35 (£21.75)
NIKE WAFFLE RACER			6-12	£24.90 (£27.99)
ADIDAS MARATHON 80	5-5 1/2	£28.10	6-12	£32.25 (£36.25)
N. BALANCE 620	5 1/2	£28.65	6-12	£32.95
N. BALANCE COMP. 100	5 1/2	£25.20	6-12 1/2	£28.95
KARHU KEVLAR			6-11	£23.65 (£26.95)

NEW SHOES

ADIDAS SPACE 7, 7 1/2, 8, 8 1/2 **£22.95** (£24.25). INTER PREMIER 5-12 (no 11 1/2) 5-5 1/2 **£10.15**, 6-12 **£11.85** (£12.49). REEBOK AZTEC 6-11 **£20.20** (£22.70), REEBOK 10K 6-11 **£17.25** (£19.30).

OUR JUNE EXTRA SPECIAL OFFERS

NIKE OCEANIA (Blue) 6 1/2, 7 1/2-12 at only **£9.99 SAVE £3**, but hurry, we have only 450 pairs.

NIKE ELITE, 6-13 at only **£22.99. SAVE £5**, but again hurry, we have only 300 pairs at this unrepeatable price.

N.B. Because of rock bottom prices, the offer shoes will be sent 2nd class letter post, but still post free!!

When ordering state your present shoe size and model — if possible send foot outline also.

Terms: Cheques or postal order with order, or credit card number.

To: **RUNNING WILD (Dept. AW), FREEPOST**

(i.e. no stamp required UK mainland but if your order is URGENT we recommend using 1st class post).

2, TOWER ST., HYDE, CHESHIRE.

Tel. (MON-FRI) 061 368 8008.

Credit card orders may be phoned to the shop Saturdays, Tel. 061 366 9191.



Running Wild®

POST FREE SERVICE
BY FIRST CLASS POST

The Running Wild shop is at 148/150 Market Street, Hyde, Cheshire. Open all day everyday except Sunday, 9.00-5.30 (late opening until 6.00 p.m. Friday and Saturday).

Editor: MEL WATMAN
 Assistant Editor: BARRY TROWBRIDGE
 Business & Advertisement Director: TIM GREEN
 Advertising Assistant: DAVID MATTHEWS
 Consultant Director: P. W. GREEN
 Subscriptions & Books: JACKIE PENNEY
 Subscriptions & Circulation: GABRIELLE PACE

Published by:

World Athletics & Sporting Publications Ltd,
 344 High Street,
 Rochester, Kent ME1 1DT.
 Telephone: Medway (0634) 409260
 Medway (0634) 409269

Printed by:

Kent Art Printers Ltd,
 344 High Street,
 Rochester, Kent ME1 1DT.

Annual Subscription (including postage):

Direct subscribers in UK & HM Forces: £19.24
 Through an agency: £22.62
 Overseas Surface Mail: £22.36
 Air Mail Europe: £26.00
 Other Air Mail rates on application.
 USA Surface: \$54. Air Mail: \$71.
 Minimum subscription period 6 months.

Registered at the Post Office as a newspaper.

Overseas subscriptions (including Eire) should be paid by cheque in sterling on a London bank, or by International Money Order.

Audited Circulation: July-December 1979 19,539.

No part of this magazine may be used or reproduced without the express permission of the editor or publishers, and even if such permission is given, the source must be acknowledged when used.

INCORPORATING WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

athletics

weekly

Vol. 34 No. 24

JUNE 14th 1980

CONTENTS

* Ottley Breaks UK Javelin Record	4
* 1981 European Cup Draw	8
* N. Irish News — by Brian Rowan	9
* Olympic Trials Previewed	10
* Scottish News and Results	12
* Clash of The Heavyweights — by Ivan Berenyi	18
* Reader's Letters	30
* UK v Hungary v Greece (Men)	42
* GRE Gold Cup (First Round)	44
* AAA v Loughborough Match	47
* Great Throw by Sanderson in UK v Germany v Romania Match	50
* American News	52

COVER PHOTO (By Tony Duffy)

World shot put record holder Iona Slupianek

THE WEEK AHEAD

Saturday, June 14th: UK Championships — Olympic Trials (1st day), Crystal Palace; France v UK v Switzerland v Finland Decathlon/Pentathlon International (1st day), Talence; Stretford Track League; Recommended Date for Schools County Champs; Corporation Trophy Meeting, Bedford; Barnet Sports Gala (1st day), Cophall; Cliviger '6'; Burnley; Chigwell '10'; Canterbury '6'; Bearsden & Milngavie Highland Games, Glasgow; Llanwrtyd Wells Man v Horse Marathon; Dollar Hill Race; Ennerdale Horseshoe Fell Race; Scottish Schools Champs (Boys — Pitreavie; Girls — Meadowbank); Braemar to Aviemore Fell Runners CC; Scottish Civil Service Champs, Grangemouth; Grampian League, Peterhead; N. Ireland Junior & Youth Champs, Mary Peters Track.

Sunday, June 15th: UK Championships — Olympic Trials (2nd day), Crystal Palace; France v UK v Switzerland v Finland Decathlon/Pentathlon International (2nd day), Talence; Barnet Sports Gala (2nd day), Cophall; Portsmouth Atalanta Trophies Meeting,

Alexandra Park; Heart of England YA League, Solihull; Pilkington Open Meeting, St. Helens; London Borough Champs (1st Round); Watford Open Meeting, Garston; Redhill & Reigate Open Meeting, Reigate; Fire Service 5M Road Race, W. Yorkshire; Phoenix '6', Rotherham; Muncaster Fell Race, Ravensglass; Clitheroe Fell Race; Offa's Dyke '15'; Roseberry Topping Race, Newton; Sperrin Mountain Trial, Co. Londonderry; Basildon Trophy Meeting; Scunthorpe Open Meeting; Liverpool Open Meeting, Kirkby; Vale of Aylesbury Open Meeting; Lyme Fell Race, Stockport; Irvine New Town Highland Games, Kilwinning; North Eastern League, Pitreavie.

Tuesday, June 17th: Insurance Champs, Motspur Park.

Wednesday, June 18th: 'Milk in Action' Schools Cup (1st Round); Women's Midweek League, Wimbledon Park; Rosenheim League, Norbiton; Highgate Open Meeting, Parliament Hill; RAF Inter-Station Competition (2nd Round); Swinton '6'.

Thursday, June 19th: Altrincham Track Meeting; Stewarton Sports Association Meeting.

David Ottley Claims UK Javelin Record

THE THROWING EVENTS captured all the attention at the annual AAA v Borough Road College (WLIHE) fixture in the idyllic surroundings of BRC's track at Isleworth on May 28th — and deservedly so. Pride of place went to David Ottley (24), who lofted his 800 gramme Sandvik out to 85.52m (85.54 before the mandatory reasurement with steel tape) in the fifth round to erase Charles Clover's 84.92m from the UK record books after six years. Ottley, who has recently been made redundant from his teaching post in Essex and had an 85m throw ruled flat at the inter-counties in Birmingham two days earlier, was elated to seize the UK record at last. Behind him, Peter Yates had the galling experience of reaching 80.48m, his best thus far this year, and losing to his team-mate!

In the shot, Geoff Capes drew an appreciative crowd and treated them to a fine display, unloading a ground record of 20.91m in the 4th round (NT, 19.26, NT, 20.91, 20.48, NT). Mike Winch reached his season's best with 18.98. Not to be outdone, Paul Dickenson hammered 70.68m early on in the evening, and then improved to 71.66 in beating off Jim Whitehead (65.30). Two more ground records fell to Peter Tancred, who spun the disc 58.30m away from the main field, and to Ron Harris, who trotted in

ahead of Graham Tuck (5:45.3) to win the 2000m steeplechase in 5:41.6.

Emerging talent triumphed over the established stars in the pole vault. Young Tim Anstiss (17.11.61) vaulted 4.80m and then 4.90 for two personal bests, and had a close call at 5.00 before Brian Hooper, Jeff Gutteridge and Allan Williams bowed out by no-heighting at 5.10 and 5.20. Long jumper Albert Earle subdued Derek Williams with a 7.39m leap and the College 4x400 team was far too good for the AAA, winning easily in 3:14.8.

Dave Cocksedge

100: 1, A. Pitts (BRC) 10.8; 2, M. Powell (AAA) 10.8; 3, S. Clarke (AAA) 10.8; 4, A. Kerr (BRC) 11.0. **200:** 1, R. Ashton (BRC) 21.9; 2, Powell 22.0; 3, Pitts 22.0; 4, N. Richens (AAA) 22.1. **400:** 1, D. Laing (AAA) 48.9; 2, N. Blackburn (AAA) 49.2; 3, D. West (AAA) 49.5; 4, P. Batten (BRC) 49.9. **800:** 1, S. Lowe (BRC) 1:52.6; 2, I. Stewart (AAA) 1:53.2; 3, C. Sly (AAA) 1:53.8. **1500:** 1, M. Wilson (AAA) 3:54.2; 2, S. Flint (AAA) 3:54.6. **3000:** K. Penny (AAA) 8:16.9. **2000SC:** 1, R. Harris (AAA) 5:41.6; 2, Graham Tuck (AAA) 5:45.3; 3, P. Betteridge (AAA) 5:45.5; 4, K. Capper (BRC) 5:47.6; 5, J. Bickert (Gst) 5:49.0; 6, D. Stevens (BRC) 5:50.7. **110H:** 1, P. Barthropp (AAA)

RUNNING FREE

in these brand new designs in running gear from RON HILL SPORTS

BOSTON VEST

1. Our label is your guarantee of quality.
2. Featherweight **Celon** tricot in 5 rich colours: gold, red, blue, green and black.
3. Open white mesh in soft **Viloft**/polyester designed to our specification.
4. Total weight of medium vest; 55 grams, less than 2 ozs.

1. Matching silky **Celon** tricot.
2. Wrapover side vent for freedom of movement.
3. Built in brief.
4. Fob pocket inside shorts.
5. Total weight of medium shorts only 60 grams, just over 2 ozs.

BOSTON SHORTS

LADY BOSTON VEST

1. V-neck for cool ventilation.
2. Double thickness silky **Celon** tricot fabric for modesty (single layer at back for lightness). Smart 2 colour combinations: blue/red, green/blue, gold/green, black/lilac, lilac/gold.
3. **Viloft**/polyester open white mesh for coolness.
4. Total weight 58 grams, 2 oz in medium size.

VESTS around £5.95 each
SHORTS around £4.95 a pair

1. Fob pocket inside shorts.
2. Double thickness silky **Celon** tricot for drape and modesty. Colours co-ordinate with vest.
3. Non-knicker type design for running in public.
4. Total weight of medium shorts only 60 grams, just over 2 oz.

LADY BOSTON SHORTS

Available July - to avoid disappointment take this ad. to your sports outfitter and place an order now.

RON HILL SPORTS LTD

Leaders in running gear design since 1970

WORLD HEADQUARTERS, P.O. BOX 11, HYDE, CHESHIRE

Telephone: 061-368 4353

Garments in Courtaulds **Viloft** and polyester mesh, with silky tricot in Courtaulds **Celon**



DAVID OTTLEY

John Hickman

JUNIOR INTER-AREA MATCH

At Kirkby, May 5th

Northern 10,000m Champs: 1, G. Smith (Liv) 29:11.4; 2, N. Lees (Der) 29:23.5; 3, G. Deegan (W'ford) 30:00.2; 4, C. Woodhouse (Der) 30:03.9; 5, G. Helme (St. H) 30:04.6; 6, R. Sinclair (Sheff) 30:10.9; 7, K. Jacques (St. H) 30:28.5; 8, J. Woods (Liv) 30:45.8.

100: 1, D. Bills (M) 10.7; 2, P. Brown (M) 10.8; 3, P. Turnbull (N) 10.9; 4, G. Watts (N) 11.0. 200: 1, Bills 21.5; 2, L. Asquith (M) 21.7; 3, S. Lawrenson (N) 21.8; 4, D. Myers (N) 22.2; 5, M. Owen (W) 22.4. 400: 1, P. Dunn (N) 48.9; 2, A. Medley (N) 50.3. 800: 1, P. Potter (M) 1:54.3; 2, S. Glaysher (M) 1:54.9. 2000SC: A. Green (N) 6:06.6. 110H: 1, R. Willard (N) 14.6; 2, N. Walker (W) 14.7; 3, K. Moore (M) 15.1; 4, T. Lewis (W) 15.2; 5, M. Strawford (M) 15.3; 6, M. Johnson (N) 15.4. 400H: 1, P. Goacher (M) 53.9; 2, I. McDonnell (N) 55.0; 3, P. Lewis (W) 55.5; 4, I. Welch (N) 55.5; 5, J. Gillespie (M) 55.8; 6, D. Jones (W) 56.3. HJ: B. Johnson (M) 2.00. PV: 1, B. Wolland (N) 4.16; 2, A. Gayle (M) 3.60. LJ: 1, R. Haycock (M) 7.26; 2, J. Furnham (W) 7.05; 3, R. Jones (W) 6.89. TJ: 1, M. Makin (N) 15.01; 2, J. Browne (N) 15.00; 3, I. Worrell (M) 14.68; 4, A. Bloomfield (M) 14.57. SP: 1, G. Brocklebank (N) 15.05; 2, F. Bacon (M) 14.77; 3, M. Hewer

14.9; 2, T. James (AAA) 15.1; 3, K. Pascoe (BRC) 15.3; 4, S. Adams (AAA) 15.6. 400H: 1, E. Shirley (BRC) 55.1; 2, C. Preston (BRC) 55.4; 3, R. Tolson (AAA) 55.6; 4, N. Underwood 56.4. HJ: 1, C. Harris (AAA) 2.05; 2, A. Breden (AAA) 2.00; 3, F. Manderson (AAA) 2.00. PV: 1, T. Anstiss (AAA) 4.90; 2, G. Eggleton (BRC) 4.60; 3, A. Leiper (AAA) 4.40; 4, A. Jackson (AAA) 4.40. LJ: 1, A. Earle (BRC) 7.39; 2, D. Williams (AAA) 7.30; 3, T. Wade (AAA) 7.16; 4, C. West (BRC) 7.04; 5, S. Atkins (BRC) 7.02. TJ: 1, Earle 14.70; 2, H. Teape (AAA) 14.69. SP: 1, G. Capes (AAA) 20.91; 2, M. Winch (AAA) 18.98; 3, R. Slaney (Gst) 17.37; 4, P. Tancred (BRC) 17.27; 5, S. Rodhouse (BRC) 17.22; 6, P. Rees (Gst) 15.97; 7, G. Savory (AAA) 15.21; 8, M. Eyres (BRC) 14.56. DT: 1, Tancred 58.30; 2, Slaney 55.78; 3, Winch (Gst) 54.62; 4, C. Sutherland (Gst) 53.34; 5, Rees 48.24; 6, N. Tabor (BRC) 48.06; 7, P. Dickenson (BRC) 46.54; 8, Savory 46.18; 9, R. Weir (AAA) 43.98. HT: 1, Dickenson 71.66; 2, J. Whitehead (AAA) 65.30; 3, Weir (Gst) 60.56; 4, R. James (AAA) 59.28; 5, M. Fenton (AAA) 56.70; 6, G. Whaley (BRC) 55.60. JT: 1, D. Ottley (BRC) 85.52 (UK rec); 2, P. Yates (BRC) 80.48; 3, C. McKenzie (AAA) 71.54; 4, R. Hooper (AAA) 68.80; 5, M. Bamford (Gst) 67.98; 6, G. Brooks (BRC) 67.16; 7, R. Bradstock (AAA) 67.00; 8, J. McSorley (Gst) 64.60; 9, S. Ladds (BRC) 64.50. 4x100: AAA 43.6. 4x400: Borough Road 3:14.8. Teams: AAA 229; Borough Road 176.

Northern Youths 3000m Champs: M. Capper (Wirr) 8:53.7.

cold sores
chapped and sore lips
are gently and rapidly
relieved with soft medicated



Blistez
cream - available from your chemist.

WORLD RECORD SPRINT?

European 200m champion Lyudmila Kondratyeva (USSR), whose previous best 100m time stood at 11.15, is reported to have broken Marlies Gohr's world record by 1/100th of a second with 10.87 in Leningrad on June 3rd. Whether fully automatic electronic timing was in operation remains to be confirmed, but in reporting the record the Tass news agency referred to Kondratyeva's time as being "recorded by electronic clocks". That could mean digital manual stopwatches, in which case no record could be claimed and the mark would simply be rounded up as a hand-timed 10.9 — a far cry from an automatic 10.87. There was a 1.2m/sec assisting wind and runner-up Natalia Bochina (18) was credited with an improbable 10.99. At the same meeting hurdler Andrey Prokofiev was timed at 10.13 for 100m — so one is entitled to be cautious about these performances.

We at 'AW' have noticed that an increasing number of results, often from relatively minor meetings, are carrying times to 1/100th of a second. Except where fully automatic electronic apparatus (linked to the starting gun) is in operation, and that is rare outside of Crystal Palace, Meadowbank and a few other major venues, times must be rounded to the tenth above: otherwise the ranking lists will be thrown into disarray.

M.W.

JEFF NORMAN'S WORLD BEST

Jeff Norman (35), of the promoting club, set a world's best 50km track running time of 2:48.06 at Altrincham on June 7th. On the way he recorded a British 30 miles best of 2:42.00 — that's 5:24 miling pace. John Graham, who dropped out of the AAA marathon last month, won at Laredo in Spain on June 8th in 2:13.21.

OLYMPIC TRIP

Two places on 'AW' Olympic trip, July 22nd — Aug 2nd, incl full set of athletics tickets, for sale. Offers. Tel: 0375 32481 (day), 0702 559388 (evening).

SPORTS CLINIC

Back Problems
Musculo-Skeletal Disorders
Treatment, Prevention, Programming
by Professionally Qualified
Specialist, Coach, Teacher, Athlete
— who really understands

ALL WELCOME

No. 12 (Top Flat), Cadogan Mansions,
Sloane Sq., London SW4. Tel. 01-730 6964.

and also
Guildford, Surrey. Tel. 0483 37079.

**Coe 1:44.7 ... Ovett 1:46.6 ... Moorcroft
3:37.5 ... Goater 13:21.9 ... Barry Smith
13:24.7 ... Rimmer 8:26.6 Steeple**

UK RESULTS ROUND-UP

24.5. Philadelphia. 400: G. Cohen 46.50 **25.5. Knoxville.** 800: 2, N. Brooks 1:47.9; 3000SC: R. Charleston 8:33.9 ... 5, A. Staynings 8:49.2. **28.5. E. Berlin.** HJ: 5, M. Naylor 2.15; women's 800: 8, C. Boxer 2:03.4, **31.5. Enfield.** Women's 200: L. MacDonald 23.5w. **31.5. West London.** 16lb HT: A. Kenneally 54.32 (UK age-16 best). **3.6. Stretford.** 800: G. Cook 1:47.3. **4.6. Louvain.** 1500: D. Moorcroft 3:37.5; 5000: Mamede (Por) 13:20.0, J. Goater 13:21.9, B. Smith 13:24.7, N. Muir 13:29.4 ... 6, M. McLeod 13:34.4; 3000SC: G. Rimmer 8:26.6 ... 3, D. Coates 8:37.4; 5, J. Davies 8:44.4. **4.6. Bergen.** 800: S. Ovett 1:46.6, D. Warren 1:47.1, P. Forbes 1:47.9 (52.3 at 400); 3000: B. Foster 7:52.4. **4.6. Florence.** 1500: 2, Sean Cahill 3:41.4. **5.6. Zagreb.** 400: 2, A. Bell 46.49; 1500: 3, J. Espir 3:42.1; 400H: R. Danville 51.45; women's 100H: S. Colyear 13.39. **7.6. Hull.** 200: P. Cooke 21.0; 400: C. Hamilton 47.0; 800: S. Coe 1:44.7 (53.0, 51.7), S. Caldwell 1:47.7; 5000: K. Newton 13:53.2. **7.6. City of London.** (2nd Olympic Walk Trials) 20km: Smith (Aus) 1:26:59, O. Flynn 1:29:02, A. Seddon 1:29:19, B. Adams 1:30:02, Mills dnf; 50km: I. Richards 4:08:28, A. James 4:10:27, G. Nibre 4:22:11. **7.6. Cwmbran.** Women's 100/200: M. Probert 11.3w/23.8w. **7.8.6. Crystal Palace.** PV: B. Hooper 5.20; women's 100: B. Goddard 11.6, K. Smallwood 11.6; 400: J. MacGregor 53.4, E. Barnes 53.9 (Inters: L. Keough 53.9); HJ: A-M. Devally 1.83; SP: A. Littlewood 16.34.

NEW ZEALANDERS OUT

There will be no New Zealand athletes competing in Moscow after all, following a decision by the NZAAA to withdraw. New Zealand's top hopes were John Walker (1500) and Dick Quax (Mar); Rod Dixon (5000) had earlier declined selection, preferring to race in the USA and Western Europe instead.

SAM FERRIS MEMORIAL SERVICE

The memorial service to Sam Ferris on Sunday, July 6th, will be held at the main Polytechnic building at 309 Regent Street, London W1, and not as previously advised. The address will be given by Squire Yarrow, and it is hoped that many of Sam's old friends will attend.

It was R. Bestley (Kent), not S. Marshall, who finished 9th in the Inter-Counties 3000m walk.

TWO OF THE BEST

1 SUNDAY, JUNE 29th, 3 p.m.

THURROCK/ESSEX 10 MILE ROAD RACE

(Under A.A.A. Laws)

Incorporating Ladies 10 Mile Race

(Under W.A.A.A. Laws)

From Blackshots Track, Grays, Essex (Adjacent to A13)

2 SUNDAY, JULY 6th, 1 p.m.

HORNDON VILLAGE 10,000m ROAD RACE

(Under A.A.A. Laws)

From High Street, Horndon-on-the-Hill, Essex

PRIZES (for both events) include first 10 individuals, first 3 Vets O/40, first 2 Vets O/45 & first O/50. Team prizes for first 3 teams (3 to count), first 'B' team and first Vets team. For Essex qualified runners in 10 mile road race; County medals first 3 individuals and teams.

ENTRIES: 50p per individual for each race (no team fees) to: MEL BATTY, 11 DALWOOD GARDENS, HADLEIGH, ESSEX. See for confirmation and travel details.

CLOSING DATE FOR ENTRIES: Thurrock/Essex 10 — **Saturday, June 21st;** Horndon Village 10,000m — **Sunday, June 29th.**

Both races supported by:



MEL BATTY
sports

1981 European Cup Draw

Men

Preliminary Round: (Luxembourg, June 20th/21st) Denmark, Ireland, Iceland, Luxembourg, Portugal, Turkey.

Semi-Finals: (Bydgoszcz, July 4th/5th) Austria, Germany, Hungary, Poland, Romania, Spain, Switzerland & 3rd placed team from Prelim Round. (Helsinki) Bulgaria, Finland, UK, Norway, USSR, Sweden, Yugoslavia & 2nd placed team from Prelim Round. (Lille) Belgium, Czechoslovakia, France, GDR, Greece, Italy, Netherlands & winner of Prelim Round.

'B' Final: (Athens, August 1st/2nd) Greece, plus 3rd & 4th placed teams from each semi.

Final: (Zagreb, August 15th/16th) Yugoslavia, plus 1st & 2nd placed teams from each semi, and winner (and possibly 2nd) of 'B' final.

Women

Preliminary Round: (Barcelona, June 20th/21st) Greece, Iceland, Portugal, Spain.

Semi-Finals: (Germany, July 4th/5th) Austria, Czechoslovakia, Ireland, Germany, GDR, Poland, Sweden & 3rd placed team from Prelim Round. (Bodo, Norway) Belgium, Hungary, Italy, Norway, Romania, Switzerland, USSR & 2nd placed team from Prelim Round. (Crystal Palace or Meadowbank) Bulgaria, Denmark, Finland, France, UK, Netherlands, Yugoslavia &

winner of Prelim Round.

'B' Final: (Italy, August 1st/2nd) Italy, plus 3rd and 4th placed teams from each semi.

Final: (Zagreb, August 15th/16th) Yugoslavia, plus 1st & 2nd placed teams from each semi, and winner (and possibly 2nd) of 'B' final.

Combined Events Cup

Semi-Finals: (Brussels, July 11th/12th) Belgium, Czechoslovakia, Germany, UK, Iceland, Netherlands, Toland, Spain. (Malmo) Bulgaria, Denmark, Finland, Italy, Norway, Sweden, USSR. (Switzerland) Austria, Ireland, France, GDR, Hungary, Romania, Switzerland, Yugoslavia.

Final: (Birmingham, August 29th/30th) UK, plus leading teams from semis.

Marathon Cup

(Agen, France, September 13th) 22 nations competing: Belgium, Bulgaria, Denmark, Czechoslovakia, Germany, Finland, France, UK, Greece, Ireland, Hungary, Italy, GDR, Netherlands, Norway, Poland, Romania, Spain, Sweden, Switzerland, USSR, Yugoslavia. Six athletes per team.

As there has been a delay in the construction of the new all-weather track at Harlow, the Southern League fixtures (men — June 28th, women — July 5th) due to be held there have been moved to Hornchurch.

The new ACCUSPLIT remembers



ACCUSPLIT — a series of electronic digital stop watches that give you everything you ever wanted in a stopwatch, with or without memories.

- ACCUSPLIT 705 — Event timer
- ACCUSPLIT 725 — Cumulative split
- ACCUSPLIT 735 — Cumulative or lap split
- ACCUSPLIT 740 — Cumulative split with memory
- ACCUSPLIT 760 — Cumulative or lap split with memory
- ACCUSPLIT 780 — Dual split with memory

Look at these features:—

- **Memory** The ACCUSPLIT 760 remembers 4 cumulative or 4 lap splits WITH TOTAL
- **Two-Stage Switches** Positive action — no accidental starts or stops
- **Clear Display** Large liquid crystal display. The stronger the sunlight, the easier to read
- **Long Battery Life** 4 years continuous operation on one set of batteries — so your memory type Accusplit stopwatch won't let you down during an event.
- **Water-Tight** Your ACCUSPLIT stopwatch is fully protected against rain and accidental immersion in water
- **Slim, Comfortable New Shape** Fits comfortably in your hand or in your pocket. Only 3/4 inch thick and 2 ounces in weight
- **Fail Safe Operation** Safeguard against accidental resets

Once you try your ACCUSPLIT you'll agree — it's in a class of its own. Get in touch NOW.

EUROPEAN TIMING SYSTEMS
GORSFIELDS,
WEST CHILTINGTON COMMON
PULBOROUGH, WEST SUSSEX.
RH20 2NL

West Chiltington
(07983) 2190



Capes (21.50m) Close To Record In Belfast

THE British Airways sponsored Belfast Festival Games, staged in windy conditions at the Mary Peters Track on May 24th, will be remembered for the brilliant throwing displays by Geoff Capes and Paul Dickenson, and the effortless manner in which Steve Ovett won the 600m.

Capes opened the shot competition with 20.28m and then unleashed a massive 21.50 in the second round to fall just 18cm short of his recent Commonwealth record. His next put was 21.14 and he completed an excellent series with 20.80, 20.68 and 20.70. Dickenson opened with 69.52m and in the second round launched the hammer out to 70.70. He had two other 70m-plus throws: 70.48 and 70.68 in the third and fourth rounds. Martin Girvan (20) improved his Northern Ireland record to 66.62.

John Ekperigin led through 400m in 50.0 in the 600 before Paul Forbes moved to the front. Forbes maintained his advantage until 50m to go when Ovett cruised past to win in 76.8 with the Scotsman cutting his personal best considerably to 77.1. Trevor Hoyte held off Mike McFarlane to win the 100, run into a headwind, and later in the evening edged out Steve Green in the 200.

100: 1, T. Hoyte (Eng) 10.8; 2, M. McFarlane (Eng) 10.8; 3, S. Green (Eng) 10.8; 4, M. Powell (Eng) 10.9. **200:** 1, Hoyte 21.3; 2, Green 21.4; 3, Powell 21.8; 4, C. Moseley (Eng) 22.5. **400:** 1, C. Beattie (Shorts) 47.9; 2, D. West (Eng) 48.8; 3, M. Roughan (B'mena) 49.5. **600:** 1, S. Ovett (Eng) 76.8; 2, P. Forbes (Sco) 77.1; 3, K. Thompson (N.Down) 80.1; 4, J. Henegan (Crus) 81.0; 5, S. O'Neill (B'mena) 81.0. **1200:** 1, P. Lawther (Anna) 3:01.3; 2, G. McCallum (Eng) 3:02.5. **1500:** 1, M. Allison (Eng) 3:48.2; 2, J. Marsay (Eng) 3:51.5; 3, I. Fairclough (Anna) 3:54.3; 4, M. Kirk (B'mena) 3:54.4. **3000:** 1, B. Payne (Anna) 8:26.6; 2, A. Philpott (Lisna) 8:29.9; 3, S. Doherty (Dunc) 8:30.7. **400H:** 1, P. Beattie (Shorts) 54.9; 2, L. Mullholland (Lisna) 55.0; 3, J. Glover (Anna) 56.0. **HJ:** 1, O. Cham (Eng) 2.05; 2, Moseley 2.05; 3, R. Charles (Eng) 2.05; 4, G. Griffin (Anna) 1.95; 5, P. McKinney (Anna) 1.95. **PV:** 1, K. Stock (Eng) 5.25; 2, J. Gutteridge (Eng) 5.10; 3, A. Williams (Eng) 5.00; 4, T. Anstiss (Eng) 4.75; 5, A. Leiper (Eng) 4.30. **TJ:** 1, F. Attoh (Eng) 15.42; 2, J. Herbert (Eng) 14.74; 3, C. Colman (Eng) 14.33; 4, J. McLister (Anna) 14.29. **SP:** 1, G. Capes (Eng) 21.50 (NI a-c rec); 2, R. Slaney (Eng) 16.86; 3, N. Tabor (Eng) 16.72; 4, J. Reynolds (Anna) 14.92; 5, M. Atkinson (Anna) 14.86. **DT:** 1, Slaney 55.50; 2, Tabor 51.42; 3, P. Dickenson (Eng) 49.08; 4, M. Fenton (Eng) 42.46. **HT:** 1, Dickenson 70.70 (NI a-c rec); 2, M. Girvan (Anna) 66.62 (NI national rec); 3, R. James (Eng) 62.38; 4, G. Whaley (Eng) 58.46; 5, Fenton 56.92; 6, L. Hickey (Eire) 51.58; 7, K. Hutton (Lisna) 49.80.

Philip Beattie (16), the youngest member of a

highly talented athletic family from Belfast, opened the season with a 48.7 400. His brother Clive has decided to concentrate on the flat this year and his early season form suggests he could dip inside 47 sec on the right race this summer. The Queens University medical student recorded a hand timed personal best of 47.7 when winning the Irish Universities title on May 4th. Sean O'Neill is fast developing into one of the province's most highly acclaimed athletes. Already this 16-year-old schoolboy has worn his country's colours in senior international competition. He recorded 1:55.4 for 800 on May 7th and a week later clocked 1:55.9 after leading through 400 in 52.0. He ran 81.0 in the 600 won by Steve Ovett, and potential cross-channel opponents should bear his name in mind for the forthcoming AAA Youths Championships. Having watched Paul McKinney clear 2.00m indoors during the winter I predicted in 'AW' that this youngster would capture the senior record this summer. On April 26th he did just that when flopping clear at 2.03 to better Ian Grant's native best by a centimetre.

NIAAA v Queens v Trinity, at Mary Peters Track (April 26th). 400: 1, C. Beattie (Q) 48.4; 2, P. Beattie (AAA) 48.7; 3, M. Roberts (AAA) 49.5. 1500: 1, K. Mills (T) 3:55.9; 2, M. Kirk (AAA) 3:55.9. HJ: 1, P. McKinney (AAA) 2.03; 2, C. Griffin (Q) 2.00. **Irish Universities Champs (May 4th).** 400: C. Beattie (Q) 47.7. **800m Trial Race (May 7th).** S. O'Neill (B'mena) 1:55.4. **Open Meeting, at Mary Peters Track (May 14th).** 100: A. Fawcett (Anna) 11.2 (11.1 ht). 400: 1, K. Thompson (N. Down) 49.6; 2, M. Roberts (Anna) 50.4. 800: 1, P. Lawther (Anna) 1:51.4; 2, S. O'Neill (B'mena) 1:55.9. 1500: 1, I. Fairclough (Anna) 3:58.3; 2, M. Kirk (B'mena) 3:58.3. 400H: P. Horner (Anna) 57.0. SP: J. Reynolds (Anna) 14.72. **South Antrim Schools Champs, at Shaws Bridge (May 24th).** 400/400H (2'9"): P. Beattie (RBAI) 50.7/53.2.

Brian Rowan

TIES
BADGES
TROPHIES
T-SHIRTS AND
SWEAT SHIRTS
ALL CLUB INSIGNIA



Telephone Or Write
For Your Edition
Of The Alec Brook
Catalogue
Illustrated In
Full Colour



Alec Brook

ADB (London) Ltd (Dept. AW)
31 Ebury Street, Victoria, London SW1W 0NZ
Telephone 01-730 0394 (5 lines) Telex 21120

LAST CHANCE FOR OLYMPIC HOPEFULS

THE MONTHS and years of preparation and hope will pay off, or otherwise, at Crystal Palace this weekend. Except for the 800, 5000 and women's 1500 runners, time has run out for those British athletes with Olympic aspirations . . . for the GRE Games (incorporating the BAAB's UK National Championships) are in effect the final Olympic trials. The team will be picked on June 22nd.

The meeting deserves a capacity crowd each day, for the competition is going to be intense in practically every event and inevitably drama, elation and despair will be present throughout. Apart from Allan Wells, Steve Ovett, Mike McLeod, Brendan Foster, Geoff Capes, Daley Thompson, Chris Benning and Tessa Sanderson, just about everyone who is anyone in international terms has entered, subject to fitness. Unfortunately, Fatima Whitbread is unable to compete as she has been advised to abstain from competition and weight training for a month because of back trouble, and there is a question mark over John Robson's fitness.

With or without Robson, the 1500 is going to be a cracker — featuring Moorcroft, Williamson, Cram, Clement, Espir and Flint to mention just half a dozen of the 32 entries (and there's only one Olympic place vacant!); and what a 10,000 is in prospect with the likes of Rose, Goater, Ford, Geoff Smith, Fowles and Simmons among the starters — again with only the winner guaranteed an Olympic spot. Closest race overall could be the 400 with Ashton, Bell, Coe, Cohen, Fowell, Hamilton, Jackson, David Jenkins, Milne, Scutt, Tulloch and Whitehead among the challengers. The steeplechase should be an intriguing race, and pick of the field events could well be the javelin with Otley, Roberts and Yates in opposition again.

The most attractive of the women's events look to be the sprints. The 100 brings together Lannaman, Hunte, Goddard, Smallwood, Clarke . . . and Andrea Lynch-Saunders on her return home. All except Andrea go for the 200 too;

while the 400 sees Linsey MacDonald ranged against Hartley, Elder, Smith, Probert, McGregor, Patten and Warden among others. The long jump features a Reeve v Hearnshaw clash, while Oakes v Littlewood in the shot is a duel always worth watching.

M.W.

Leading UK Performers 1980 (Compiled by the NUTS)

100: 10.26w Little, 10.29 Wells, 10.32w McFarlane, 10.33w Sharp (10.46), 10.43 Green, 10.43w King, 10.0w McMaster, 10.3 Cutting.
200: 20.75 Wells, 20.77 McFarlane, 20.91w Little, 20.92 Sharp, 21.07 Bennett, 21.11w Cooke (21.0), 20.9w T. Hoyte & Cohen. **400:** 46.0 D. Jenkins, 46.20 Bell, 46.31 Milne, 46.50 Cohen, 46.61 Ashton, 46.67 Whitehead, 46.73 Fowell, 46.9 Worrall & Jackson. **800:** 1:44.7 Coe, 1:46.6 Ovett, 1:47.1 Brooks & Warren, 1:47.3 Cook, 1:47.7 Caldwell, 1:47.8 Spooner, 1:47.9 Forbes.
1500: 3:37.5 Moorcroft, 3:38.7 Ovett, 3:40.9 Rafferty, 3:41.0 Cram, 3:41.2 Clement, 3:41.4 Sean Cahill, 3:41.7 Reitz, 3:42.1 Espir; mile — 3:58.7 Flint, 3:59.0 Stewart, 3:59.1 B. Smith.
5000: 13:21.9 Goater, 13:24.7 B. Smith, 13:25.8 McLeod, 13:29.1 Moorcroft, 13:29.4 Muir, 13:31.7* (conv from 3M) Staynings, 13:40.7 G. Smith, 13:41.2 Morton. **10,000:** 28:22.6 Staynings, 28:52.6 Fowles, 28:54.0 Spedding, 28:57.4 Catton, 28:58.0 Smedley, 28:58.8 Standing. **3000SC:** 8:26.6 G. Rimmer, 8:29.8 Reitz, 8:30.6 Marsay, 8:33.9 Charleston, 8:34.8 S. Jones, 8:35.6 Hackney, 8:36.4 Wedderburn, 8:37.4 Coates. **110H:** 13.83 Greaves, 13.91w Holtom (13.98), 14.07 Price, 14.23w McKenzie (14.28), 14.37 Thompson, 14.38w Wilson. **400H:** 50.15 Oakes, 50.5 Greaves, 50.81 Hartley, 51.27 Whittingham, 51.45 Danville, 51.8 Fishwick. **HJ:** 2.19 Naylor, 2.16i Moseley, 2.16 Cham, 2.15 Foulger, 2.11 Thompson & Harris, 2.10i Redley, 2.10 Burgess. **PV:** 5.40 Gutteridge, 5.36 Hooper, 5.30 Stock, 5.00 Williams, 4.90 Bull, Thompson & Anstiss. **LJ:** 7.89w Mitchell (7.67), 7.72 Thompson, 7.67w Henry (7.56i) 7.65w McKenzie (7.57), 7.44w Starrs, 7.42 Wade. **TJ:** 17.16 Connor, 16.08 Moore, 15.95w Johnson (15.65), 15.85i Colman, 15.45 Gallagher & Attoh. **SP:** 21.68 Capes, 18.98 Winch, 18.26 Slaney, 17.73i Tancred, 17.61i Rodhouse, 17.35 Buxton. **DT:** 62.36 Tancred, 59.92 Slaney, 57.10 Roscoe, 55.50 Hillier & Sutherland, 55.42 Tyler. **HT:** 72.48 Dickenson, 69.88 Black, 68.54 Mileham, 67.56 Girvan, 67.04 Whitehead, 65.14 Weir, 64.70 Chipchase, 64.26 Buxton. **JT:** 85.52 Otley, 82.90 Roberts, 81.28 Yates, 77.24 Smith, 76.34 De Kremer, 75.66 Travis.

Women

100: 11.01w Hunte (11.2), 11.06w Lannaman,

TROUSERS

For all ages BIG, TALL, SMALL.
Waists 30 to 57 inches. Made to measure. 55% T. 45% WTD. Any style. All English. Exciting cloths to choose from.

Slacks from £15.95.

DELIVERY 24 DAYS
MAIL ORDER ONLY

For sample materials please send large SAE to:

TOP TO TOE (AW),

3 Alderney Road,
Dewsbury, Yorks.



11.19w Goddard (11.45), 11.19w Smallwood (11.5), 11.27w Clarke (11.58), 11.29w Lynch-Saunders (11.32), 11.46w Barnett, 11.57w Wilson. **200:** 22.58 Lannaman, 22.66 Smallwood, 23.19 Goddard, 23.26 Hunte (22.9), 23.36w Boothe, 23.65 Hoyte-Smith (23.4), 23.5w MacDonald, 23.6 Wells. **400:** 51.66 MacDonald, 52.07 Hoyte-Smith, 52.27 Probert, 52.33 Hartley, 52.5 Patten, 53.20 Elder, 53.4 MacGregor, 53.9 Keough & Barnes. **800:** 2:01.5i Barnes, 2:02.8 Hanson, 2:02.9 Boxer, 2:03.7 C. McMeekin, 2:04.5 T. Colebrook, 2:04.6 Finch & Pricot, 2:04.7 Clarkson. **1500:** 4:09.0 Marlow, 4:12.7 Hanson, 4:15.2 Forse, 4:16.9 Fudge, 4:17.1 Smeeth, 4:17.7 M. Joyce, 4:18.2 Boxer, 4:18.4 Artherton. **3000:** 8:53.8 W. Smith, 8:58.5 Binns, 8:59.5 Fudge, 9:04.9 Smeeth, 9:14.4 Forse, 9:15.8 R. Joyce. **100H:** 13.17w Boothe (13.29), 13.27 Strong, 13.39 Colyear, 13.44w Wray (13.7), 13.65 McMaster (13.5) 13.7 Livermore. **400H:** 56.76 Warden, 58.29 Dalgoutte, 59.2 Skerritt, 59.49 Morley, 59.7 Tuffnell, 59.76 Prendergast. **HJ:** 1.94 Miller, 1.87 Maguire, 1.84i Devaly & Simmonds, 1.83i Gibbs, 1.81 Livermore, Hitchen & Brown. **LJ:** 6.68 Reeve, 6.57 Hearnshaw, 6.37w Manley (6.22), 6.35w Longden (6.28) 6.21w Taylor, 6.18 M. Smallwood. **SP:** 17.05i Littlewood, 16.84i Oakes, 16.84 Ritchie, 16.10 Ven Head, 14.84 Redford, 14.10 Kerr. **DT:** 65.08 Ritchie, 52.32

Mallin, 50.62 Redford, 50.22 Ven Head, 47.76 Sturman, 47.12 Kerr. **JT:** 69.70 Sanderson, 60.14 Whitbread, 54.06 Zaslon, 54.02 J. Williams, 52.08 Royale, 51.58 Rose.

GRE GAMES TIMETABLE

Saturday, June 14th: 13.00 — 10,000 Walk, JT(W); 13.30 — PV, LJ(W); 14.00 — 400H(W) hts, SP(W); 14.15 — 400H hts; 14.30 — HJ, 100(W) hts; 14.45 — 100 hts; 15.00 — DT, 1500 hts; 15.15 — 400(W) hts; 15.30 — TJ, 400 hts; 15.45 — 100(W) sf; 15.55 — 100 sf; 16.05 — 800(W) hts; 16.20 — 100H(W) hts; 16.35 — 110H hts; 16.50 — 3000SC hts; 17.05 — 100(W) final; 17.15 — 100 final; 17.25 — 100H(W) final; 10.35 — 110H final.

Sunday, June 15th: 12.00 — HT; 13.15 — 5000 Walk(W); 13.30 — DT(W); 14.00 — LJ, 400H(W) final, HJ(W); 14.10 — 400H final; 14.25 — 200(W) hts; 14.40 — 200 hts; 14.50 — JT; 14.55 — 10,000; 15.30 — 800(W); 15.40 — 400(W); 15.50 — 400; 16.00 — 3000SC; 16.15 — SP; 16.20 — 200(W); 16.30 — 200; 16.40 — 3000(W); 17.00 — 1500.

BARNESLEY 'SIX'

Would prospective entrants to the 7th annual Barnesley '6' please note that entries close on July 7th and not as stated in previous advertisements.

BE NOTICED

with 'YOUR OWN DESIGN' printed on our
T-SHIRTS, SWEATSHIRTS & CLASSIC PRINTS

STAND OUT
FROM OTHERS WITH
YOUR OWN MOTIF
PROUDLY DISPLAYED
ON OUR QUALITY
T-SHIRTS,
SWEATSHIRTS
AND
BEAUTIFUL
FRAMED PRINTS.

Trade and
promotional enquiries
welcome, contract
printing undertaken.
Don't miss out ... send for
our free colour brochure
TODAY!

DEEGEE

DEEGEE T-SHIRTS LTD
FREEPOST,
27 YARMOUTH ROAD
NORWICH NR7 0BR
TEL: (0603) 37734
TELEX: 97467 DEE GEE G



FULLY GUARANTEED

NO. 1
for imprinted
T-Shirts
& Sweatshirts

POST, WRITE OR PHONE TODAY, FOR A FREE
DEE GEE COLOUR BROCHURE & PRICE LIST.

Please tick Requirements CLUB ☐ TRADE ☐

Name (Mr/Mrs/Miss) _____

Address _____

Tel. No. _____

(CAPITAL LETTERS PLEASE)

NO STAMP NEEDED
FREEPOST
ATH

NO STOPPING YOUNG LINSEY!



Linsey MacDonald (5) in the process of setting a UK Junior record of 51.66 for 400m Cwmbran. At Grangemouth the previous day she beat Wendy Clarke over 100m.



Bob Sly

THE Scottish International Athletes Club's third invitation meeting — the Falkirk British Airways Games at Grangemouth on May 25th — proved the most successful yet with an appreciative crowd of 1500 providing plenty of atmosphere for the competitors who responded with a stack of personal bests though no records.

Peter Little thanked his employers, British Airways, with a splendid sprint double following

up his success at Crystal Palace the previous Wednesday. But it was a pity that Allan Wells (injury), Cameron Sharp (exams) and Drew McMaster (competing at Cwmbran the next day) were not in the field to test him. Both Wells and John Robson (laryngitis) attended the meeting and presented awards in order not to let down the crowd, a much-appreciated gesture.

Little's time of 9.9 for the now obsolete 100

TERRY LONERGAN for



Reebok



ORIENT EXPRESS (Training)

Blue or beige 3, 4, 5 **£10.65**
6-11 inc. ½s **£11.95**



NEW! 10K (Blue midsole)

5 Star racing shoe
7-12 **£18.95**



NEW! AZTEC MKII (Blue wedge)

Training/racing shoe
7-12 **£21.95**

REEBOK: **FAB XC**, deep stud, 6-12 **£15.90**; **INCA W.**, spike, 6-11 **£27.95**; **ORBIT**, spikes, 3-5 ½ **£16.80**, 6-12 **£18.95**.

NIKE: **NEW! NEW! LDV MKII**, full nylon upper, blue trimmed gold, same cushion sole. 6-12 **£27.99**

UNIVERSE SPIKES, deep cushion heel, waffle sole, orange nylon. 6-12 **£33.95**

NEW BALANCE: **XC15** (D, 2E, 4E) 6-12 **£25.95**; **620**, 6-12 **£32.95**; **375**, 6-12 **£24.95**; **GROUNDHOG**, 3-5 **£8.95**, 6-11 **£9.95** (no ½s).

TIGER: **ARROW**, 7-11 **£21.95**; **MARATHON**, 5, 5 ½ **£10.15**, 6-10 **£11.50**; **ATLANTIS** spikes 6-10 **£15.95**.

NEW FROM TIGER! **PACESETTER**, TRX type sole, navy nylon upper. 5, 5 ½ **£11.95**, 6-11 **£13.95**

VIGA: **Sportsman** (short or long sleeve shirt), white, black, red, blue, yellow. S, M & L. **£3.95!**

Bullet 1 (sheen vest) red, royal, canary, sky, black, green, white. S, M & L. **£3.75**

Lady Bullet (½ sheen/½ mesh), red/white, royal/white, green/white. 26"-40". **£4.75**

Jet Queen (towelling shorts), white, black, red, royal. 20"-28". **£3.30**

Mesh Vest (one size fits all), white, black, red, royal, gold. **£3.75**

STATE ALTERNATIVE COLOUR FOR CLOTHING IF POSSIBLE. CASH WITH ORDER PLEASE.

SEND STAMP FOR NEW FULLY ILLUSTRATED CATALOGUE. FOR STOCK SITUATION ETC. CONTACT:

TERRY LONERGAN, (AW1), RYDAL BANK, WILTON ROAD, ILKLEY, W. YORKS. LS29 9PG.

Personal callers please ring first. Tel. 0943 601581 (day or night)

yards, later re-measured as 101 yards, was surprisingly slow. Menzies Campbell's Scottish record still stands at 9.6 but Peter was unworried and showed he had not lost his zip with an easy 21.2 200 win.

Linsey MacDonald and Wendy Clarke were neck and neck for 80m in the women's 100 but Linsey edged in front to win in 11.6 with Wendy ("I felt very lethargic") slowing down before the line in 11.8. Conditions were virtually still, as they were throughout, apart from a freak puff behind the girl hurdlers.

A slow first lap of 55 sec probably prevented a record in the 800. Graham Williamson took up the pace at the bell and broke clear with Paul Forbes at his heels. Forbes burst away coming off the final bend to win in 1:48.5 his fastest for two years and a quick follow-up to his tremendous 600 in 77.0 just behind Steve Ovet at Belfast the previous night. Graham, still sharpening up for the 1500, ran his fastest of the season (1:48.8) with Frank Clement, who had been unwell earlier in the week, well back in third.

Nat Muir wound up the track events with a spirited 3000m, finishing just outside the Scottish record in 7 mins 59.1 to beat Shettleston teammate Lawrie Spence who was also inside 8 min.

In the field Chris Black just held off Eugene Lawlor in the last round of the hammer, Stewart Maxwell set another best in the javelin despite the windless conditions, and Brian Burgess had to give up jumping higher because of a broken spike plate after winning at 2.05m, a height Doug Hendry only just missed.

Sandy Sutherland

100yd: (1yd too long) P. Little (EAC) 9.9. **200:** 1, Little 21.2; 2, J. Stark (EAC) 21.5; 3, L. Hoyte (TVH) 22.0. **400:** 1, A. Kerr (Cen. R) 48.7; 2, J. Learmonth (EAC) 49.0; 3, I. Cuthbertson (Pit) 49.3; 4, R. Caldwell (EAC) 49.9; 5, M. Williams (Pit) 50.0. **800:** 1, P. Forbes (EAC) 1:48.5; 2, G. Williamson (S'burn) 1:48.8; 3, F. Clement (Bella) 1:51.4; 4, S. Laing (EAC) 1:53.0; 5, T. Young (Cen. R) 1:53.1. **1500:** C. Hume (ESH) 3:54.8. **3000:** 1, N. Muir (Shett) 7:59.1; 2, L. Spence (Shett) 7:59.7; 3, A. Hutton (ESH) 8:08.6; 4, A. Amos (Gat) 8:21.7. **110H:** 1, A. Sumner (EAC) 15.0; 2, A. Erskine (Cen. R) 15.5; 3, K. McEwan (Per) 15.7; 4, I. McEwan (Shett) 15.9. **400H:** 1, S. Devine (ESH) 52.5; 2, A. Tarquini (EAC) 52.5; 3, N. Gregor (EAC) 53.3; 4, D. Thomson (Dund. U) 54.0; 5, E. McAslan (EAC) 54.9; 6, K. McEwan 56.1. **HJ:** 1, B. Burgess (EAC) 2.05; 2, D. Hendry (Fife) 2.00. **LJ:** 1, T. Wade (TVH) 7.37; 2, J. Scott (EAC) 7.21w; 3, S. Atkins (W&B) 6.82. **SP:** 1, C. Black (ESH) 14.59; 2, E. Lawlor (ESH) 14.48; 3, W. Weir (Cen. R) 14.08. **HT:** 1, Black 66.20; 2, Lawlor 66.14; 3, D. Huxley (EAC) 58.90. **JT:** 1, S. Maxwell (Pit) 68.94; 2, A. Black (ESH) 60.70. **(Boys):** Shuttle Relay: Central Region 45.9.

(Women): **100:** (A): 1, L. MacDonald (Pit) 11.6; 2, W. Clarke 11.8; 3, A. Dalton (Shett)

12.1; 4, K. Jeffrey (Cen. R) 12.3. **(B):** 1, D. Currie (Glas) 12.3; 2, S. McDonald (Glas. U) 12.3; 3, J. Petrie 12.3. **200:** (A): 1, Jeffrey 24.6; 2, A. Bridgeman (Glas) 24.6; 3, Dalton 24.8; 4, H. Gourley (NI) 25.2; 5, Y. Anderson (Glas) 25.3. **(B):** 1, S. McDonald 25.0; 2, D. Currie (Glas) 25.0. **300:** 1, Dalton 40.0; 2, Gourley 40.3. **400:** 1, J. MacGregor (Burn R) 53.7; 2, C. Pendleton (B&F) 55.8; 3, Bridgeman 55.9; 4, A. Pickford (Glas) 57.0; 5, F. Bunning (ESH) 57.3. **800:** 1, B. Harvie (A'deen U) 2:08.7; 2, L. McArthur (FVH) 2:08.8; 3, L. MacDougall (Glas) 2:09.2; 4, C. Lightfoot (Shett) 2:11.6; 5, A. Gordon (Glas) 2:13.4; 6, K. Greally (Pit) 2:13.8; 7, S. Doyle (NI) 2:13.9. **1500:** 1, V. Duffy (Rol) 4:30.0; 2, Y. Murray (EAC) 4:31.5; 3, C. Hunter (FVH) 4:35.2; 4, K. Robinson (Pit) 4:37.8; 5, C. Price (Stret) 4:39.3; 6, B. Breen (FVH) 4:39.3. **100H:** 1, L. Ilderton (Stoke) 14.2w; 2, L. Scott (ESH) 14.2; 3, J. Lindsay (Glas) 14.4; 4, B. Bell-Gam (Nigeria) 14.5; 5, L. Stephen (Shett) 14.6; 6, E. McKie (Glas) 14.7; 7, P. Rollo (Fife) 14.8. **HJ:** 1, S. McPeake (NI) 1.73; 2, S. Brown (Glas) 1.73; 3, J. Gilchrist (Fife) 1.70; 4, J. Robinson (NI) 1.65. **LJ:** 1, S. Hay (ESH) 5.88w; 2, Bell-Gam 5.83; 3, L. Watt (Shett) 5.79; 4, Stephen 5.68; 5, B. Clarke 5.63; 6, Anderson 5.54. **(Girls):** Shuttle Relay: Central Region 50.5.

Other Scottish Results

SCOTTISH EASTERN DISTRICT CHAMPS

May 31st

100: A. McMaster (EAC) 10.90 (10.7 ht). **200:** 1, A. Harley (Pit) 22.06; 2, N. Patrick (Per) 22.24. **400:** 1, P. Forbes (EAC) 48.13; 2, I. Cuthbertson (Pit) 49.16; 3, A. Tarquini (EAC) 49.41; 4, P. Hoffmann (EAC) 49.97. **1500:** 1, A. Weatherhead (EAC) 3:52.6; 2, S. Laing (EAC) 3:53.3; 3, I. Elliot (ESH) 3:54.0. **5000:** A. Hutton (ESH) 14:10.8. **3000SC:** 1, N. Jones (EAC) 9:14.9; 2, K. Harkness (ESH) 9:20.0; 3, D. Hunter (EAC) 9:29.7. **110H:** 1, A. Sumner (Edin. U) 15.1; 2, D. Findlay (Pit) 15.4; 3, S. McAslan (EAC) 15.5; 4, A. Erskine (Cen. R) 15.5. **400H:**

VETERANS!!!

Your last chance to book a seat for

13th WORLD VETERANS ROAD RACING CHAMPS

Glasgow, Scotland

Depart Friday 22.8.80, Return Monday 25.8.80

Pick up from London, Birmingham & Manchester.

*3 nights Hotel (3 star) *BBB + Evening Meal

*Transport to and from the races on both days

£62.50 each

GROUP DISCOUNTS AVAILABLE ON REQUEST

Send now for a booking form & Colour brochure, a £10 deposit will secure.

Send today and don't delay to: Sportsman's Travel, 34 Lancer Way, Billericay, Essex. Tel: (02774) 58873.

1, N. Gregor (EAC) 53.06; 2, E. McAslan (EAC) 54.48; 3, D. Thomson (Dun. U) 56.12. **HJ:** B. Burgess (EAC) 2.05. **PV:** 1, R. Williamson (EAC) 4.45; 2, D. Hamilton (ESH) 4.20; 3, A. Sosna (St. A. U) 4.20; 4, R. Sinclair (ESH) 3.80. **LJ:** J. Scott (EAC) 6.83. **TJ:** G. Gilliat (EAC) 14.33. **DT:** 1, P. Mardle (Tay-J) 46.48; 2, K. Christie (ESH) 44.08. **HT:** 1, C. Black (ESH) 69.88; 2, E. Lawlor (ESH) 66.36; 3, D. Huxley (EAC) 58.98; 4, L. Nisbet (ESH) 50.28; 5, W. Gentleman (EAC) 44.80; 5, R. Gray (Pit) 43.74. **JT:** 1, S. Maxwell (Pit) 64.80; 2, B. Scullion (ESH) 64.24. **4x100:** Edinburgh AC 43.04. **(Juniors):** 110H: G. McCallum (Cen. R) 14.79. **SP:** 1, E. Irvine (EAC) 16.16; 2, Mardle 15.88. **(Youths):** **HT:** 1, D. Sutherland (QVS) 48.30; 2, C. Hill (Lor) 45.76. **(Snr. Boys):** 800: 1, S. Rowan (Liv) 2:05.0; 2, M. Mallace (Liv) 2:05.6.

SCOTTISH WOMEN'S EAST v WEST MATCH

At Meadowbank, May 24th

100: 1, L. MacDonald (E) 11.7; 2, A. Dalton (W) 12.2; 3, K. Jeffrey (W) 12.3. **200:** 1, Jeffrey 24.3; 2, Dalton 24.7; 3, S. McDonald (W) 24.8; 4, S. Whittaker (W) 25.0. **400:** 1, K. Ford (E) 54.4; 2, A. Harley (W) 56.0; 3, M. Hutton (W) 56.5; 4, F. Harding (E) 56.9; 5, F. Hargreaves (E) 58.2. **800:** 1, A. Clarkson (E) 2:08.3; 2, C. Lightfoot (W) 2:11.5; 3, B. Harvie (E) 2:12.6; 4, L. McDougall (W) 2:12.6; 5, A. Reid (W) 2:13.7.

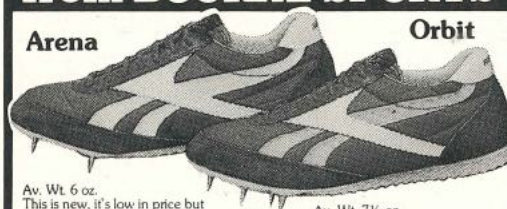
Scottish 1500 Champs: 1, V. Blair (ESH) 4:28.3; 2, McDougall (Glas) 4:28.4; 3, Harvie (A'deen U) 4:31.4; 4, C. Price (Bol) 4:31.6; 5, F. McQueen (Glas) 4:32.4; 6, S. McLaren (A'deen) 4:36.9; 7, V. Duffy (Glas) 4:37.5; 8, B. Breen (FVH) 4:40.5; 9, K. Shepherd (ESH) 4:41.7. **3000:** 1, A. Wright (E) 9:33.1; 2, McQueen (W) 9:52.1; 3, McLaren (E) 10:11.4; 4, E. Trotter (W) 10:25.8. **100H:** 1, E. McMaster (E) 13.5; 2, L. Scott (E) 14.3; 3, M. Spence (E) 15.0; 4, L. Stephen (W) 15.0; 5, J. Lindsay (W) 15.0; 6, L. McKie (W) 15.0. **400H:** 1, C. Hogg (E) 62.1; 2, F. Fyffe (E) 64.0; 3, I. Anderson (W) 65.2. **HJ:** 1, S. Brown (W) 1.76; 2, J. Gilchrist (E) 1.70; 3, A. Leitch (W) 1.65; 4, I. Watt (E) 1.65. **LJ:** 1, S. Hay (E) 5.77; 2, L. Watt (W) 5.66; 3, Scott 5.55; 4, Stephen 5.54; 5, Spence 5.47. **SP:** 1, H. Yule (W) 12.78; 2, C. Vance (W) 11.64; 3, K. Imrie (W) 10.96. **DT:** 1, Vance 38.82; 2, Yule 37.34; 3, L. Robertson (E) 37.26; 4, K. Lynch (E) 36.72. **JT:** 1, Lynch 36.20; 2, C. Shaw (W) 35.94. **4x100:** 1, West 47.7; 2, East 48.0. **1600 Medley:** 1, West 4:03.4; 2, East 4:13.6. **Teams:** 1, West 80; 2, East 77.

(Inters): **100:** 1, Y. Anderson (W) 12.1; 2, K. Ramsay (E) 12.3; 3, J. Todd (E) 12.5; 4, D. Brown (W) 12.5. **200:** 1, A. Bridgeman (W) 24.6; 2, Ramsay 24.8; 3, D. Menzies (E) 25.5; 4, Todd 25.7. **400:** 1, Bridgeman 56.2; 2, F. Anderson (E) 56.8; 3, K. Greally (E) 58.0; 4, A. Gordon (W) 58.2; 5, D. Carle (E) 58.8; 6, L. McMillan (E) 58.9. **800:** 1, L. McArthur (W) 2:12.2; 2, A. McGeown (W) 2:15.5; 3, P. Cairns (E) 2:16.6. **1500:** 1, Y. Murray (E) 4:30.0; 2, C. Hunter (W) 4:35.6; 3, S. Morris (W) 4:42.0. **80H:** K. Murdoch (W) 12.1. **200H:** 1, Murdoch 29.6; 2, J. Bole (E) 30.6; 3, K. Heatlie (E) 30.7. **HJ:** M. Conroy (W) 1.64. **LJ:** Y. Anderson 5.77. **SP:** 1, S. McDonald (E) 12.31; 2, L. Marshall (W) 11.37. **DT:** 1, McDonald 40.94; 2, S. Freebairn (W) 34.78; 3, A. Lockton (E) 31.98. **JT:** 1, Lockton 39.68; 2, I. Donaldson (W) 33.46. **4x100:** 1, East 48.5; 2, West 48.6. **Teams:** 1, West 73; 2, East 66. **(Juniors):** **100/200:** C. Candlish (E) 12.7/25.7. **800:** 1, M. Carbis (W) 2:19.4; 2, L. Mitchell (E) 2:21.9. **1500:** 1, A. Johnston (E) 4:50.7; 2, K. Husband (E) 4:53.0. **75H:** 1, C. Spiers (E) 11.7; 2, A. Mair (W) 12.1; 3, R. McLeod (W) 12.1. **LJ:** 1, Spiers 5.62; 2, G. Bain (W) 5.20. **SP:** 1, J. Kellock (E) 11.01; 2, J. Barclay (W) 10.05. **JT:** 1, Barclay 34.34; 2, Kellock 31.22. **4x100:** East 50.0. **Teams:** 1, East 69; 2, West 48. **(Girls):** 800: 1, M. Anderson (E) 2:22.8; 2, A. Meehan (W) 2:24.4; 3, V. Vaughan (E) 2:25.4. **60H:** A. McDiarmid (W) 10.3. **4x100:** East 53.5. **Teams:** 1, East 54; 2, West 52.

* * *

Ben Lomond Hill Race, at Dumbarton (May 10th). 1, M. Short (Horw) 1:03:34; 2, H. Jarrett (Cumb) 1:05:08; 3, R. Whitfield (Ken) 1:05:33; 4, C. Donnelly (A'deen U) 1:06:23; 5, R. Shields

Reebok athletic shoes from BOURNE SPORTS



Arena

Orbit

Av. Wt. 6 oz.

This is new, it's low in price but has all the features an athlete can demand of a track shoe. Superbly balanced, another Reebok winner. Nylon upper - 4 spike UHL system nylon sole.

ARENA 3 5/8 £14.99 £13.50
6 1/2 £16.99 £14.95

Av. Wt. 7 1/4 oz.

The Reebok policy of continual improvement has developed a new era in deep wedge track shoes. Now with mesh upper and six spike UHL system sole this deep wedge track shoe shades out all competition.

ORBIT 3 5/8 £16.85 £15.50
6 1/2 £18.35 £16.95

Midas

Av. Wt. 8 oz.

A racing version of aztec and tracklashed for a closer fit. Super soft construction allows the foot maximum cushioning and comfort. The multigrip sole has locating elements at the edge to increase traction and wear.



£19.50 RRP £22.70

Cash with order to:
BOURNE SPORTS
Church Street,
Stoke-on-Trent, ST4 1DJ
Tel. 0782 410411

PLEASE ADD 70p POST AND PACKING.
OVER £15.00 POST FREE



Trainset

Reeboks
handcrafted
range of Training
Shoes are really something
special. Well designed with
comfort, strength and durability
(repairability on some) as the
starting point. They meet all your
training requirements whether you run
on pavements or grassland. You can
train without strain using our set.

All models available
sizes 3-12 inc. half sizes
(Aztec 7-12) Prices
quoted are approx.
Retail inc. V.A.T.
where applicable.

Freedom City —Tarmac Training



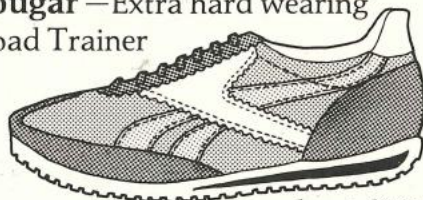
about £17.90

Cordova —Road Racing/Training



about £20.50

Cougar —Extra hard wearing Road Trainer



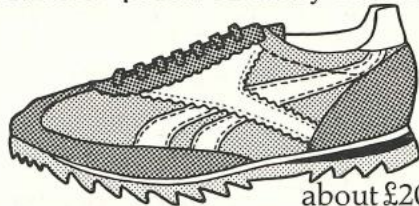
about £20.50

Aztec—5 Star Winner Racing /Road Training



about £22.70

Gazelle—Road/Country Training



about £20.50



Reebok®

U.K. Distributors to the Sports Trade, Carter Pocock Ltd
235 Southwark Bridge Road, London SE1 6NN Tel: 01-407 8321

VINCE REGAN'S SPORTS LOCKER

Managed by Steve Kenyon
NOW ONE OF BRITAIN'S
LEADING MAIL ORDER
& RETAIL RUNNER'S STORES

REMEMBER

To July 1st only

We're helping you by paying the
15% VAT that other dealers charge
(check our prices against others)
It's up to you to support us
so we can keep doing our best to
KEEP PRICES DOWN

BUY BRITISH

Reebok

BRITISH RUNNING SHOES

Track lasted for a snug fit and
extra arch support. Our unique
banana last follows the
natural curve of the runner's
foot in motion.



Honeycomb outsole made of
high carbon natural rubber



Reebok's memory cushion.
Benn racing wedge designed
to absorb shock and
prevent injuries

10K

The 5-Star Racing Flat

The Reebok 10K is track lasted for a snug fit and extra support. The unique banana last follows the natural curve of the runner's foot. Top frontal air scoops keep feet cool. Special rigid heel counter adds stability and prevents lateral wobble. Exclusive memory wedge absorbs shock, reduces energy loss and allows for maximum speed performance. And finally, the high carbon honeycomb sole provides consistent wear, traction and control. Put yourself first with Reebok's 10K.

UNTIL JULY 1st ONLY £16.80

* We also have large stocks of

REEBOK AZTEC — The resoleable 5-Star training shoe. **ONLY £19.70**

REEBOK ORBIT — Racing/training shoe, good heel, only British spike to get top rating. **ONLY £16.80**

★ ★ ★ NEWS FLASH ★ ★ ★

NEW BALANCE 620 — Just arrived — ring for **EXTRA SPECIAL PRICE.**

Also large stocks of **NIKE, ADIDAS, TIGER, NEW BALANCE, WALSH, INTER** — **ALL LESS 15% VAT.**

CASH WITH ORDER

Add 50p part post and packaging

Call to:

THE SPORTS LOCKER

18 Corporation Street, Bolton
(0204) 386202 Day — (0204) 655566 Night

(Lochaber) 1:07:07; 6, R. Boswell (Lochaber) 1:07:32; 7, A. Adams (Dumb) 1:07:38; 8, D. Lee (Cumb) 1:07:50; 9, R. Morris (EAC) 1:08:16; 10, A. Sunter (Horw) 1:08:45; 11, C. Joss (Bella) 1:09:11; 12, W. Tait (Tyne) 1:09:34; 13, J. Hayes (Ballydrain) 1:09:44; 14, A. Daly (Bella) 1:09:45; 15, J. Blair-Fish (ESH) 1:09:50; 16, D. Overton (Ken) 1:10:00; 17, M. Edwards (A'deen) 1:10:07; 18, D. Smith (Hal) 1:10:12; 19, J. Rowley (Dumb) 1:10:17; 20, H. Blenkinsop (Ken-V) 1:10:24; 21, W. Cairns (Dumb) 1:10:30; 22, A. Neal (E. Kil) 1:10:46; 23, G. Irving (E. Kil) 1:11:05; 24, S. Kusisto (Finland) 1:11:08; 25, J. Shields (C'dale) 1:11:28; 26, W. Ryder (Mor-V) 1:11:33; 27, P. Chapman (Ken) 1:11:49; 28, C. Ramsay (Lochaber) 1:12:41; 29, B. Kirkwood (Lochaber) 1:12:44; 30, T. McCulloch (Ayr S) 1:13:20. **Teams:** 1, Lochaber 39; 2, Kendal 46; 3, Bellahouston 58; 4, Horwich RMI 62; 5, Cumberland 63; 6, Dumbarton 64. **(Vets):** 1, Blenkinsop; 2, Ryder; 3, D. Townsend (Inv) 1:14:35. **(Women):** 1, R. Coates (Lochaber) 1:24:30; 2, W. Dodds (A&SV) 1:33:03; 3, M. Rosen (Barn) 1:40:02.

Gourcock Highland Games, (May 10th). 3000:

L. Spence (Shett) 8:26.2. 1600 Medley: Edinburgh Southern 3:33.5. 'IBM' 14M Road Race: 1, T. Wiseman (Gars) 1:11:42; 2, A. Coutts (G. W'park) 1:12:38; 3, J. Ash (Garn. V-V) 1:15:24; 4, J. Sands (Ayr S) 1:17:04; 5, R. Ronald (E. Kil) 1:17:17; 6, T. Anderson (G. W'park) 1:18:07; 7, P. McGregor (VP) 1:18:35; 8, H. Scott (Per-V) 1:20:22; 9, H. Barrow (VP) 1:21:31; 10, A. Prestell (Ayr S) 1:22:45.

Scottish University Champs, at Balgownie

(May 17th). 100: J. Wilson (Dund) 11.0. 400: S. Devine (Edin) 49.0. 110H: 1, A. Sumner (Edin) 15.4; 2, A. Erskine (HW) 15.7. 400H: 1, Devine 53.4; 2, E. McAslan (Edin) 54.7. PV: 1, A. Sosna (St. A) 4.02; 2, D. Hamilton (HW) 3.80. LJ/TJ: R. MacKay (Dund) 6.94/14.28. HT: L. Nisbet (HW) 49.50. 4x100: Dundee 43.3. **Team:** Edinburgh. **(Women):** 100: 1, S. MacDonald (Glas) 12.3; 2, F. Harding (A'deen) 12.3. 200: MacDonald 25.3. 800: B. Harvie (A'deen) 2:12.5. 1500: 1, Harvie 4:35.6; 2, F. McQueen (Glas) 4:41.4. 100H/LJ: B. Bell-Gam (Glas) 14.8/5.72. **Team:** Glasgow.

Shettleston H Club Champs, at Coatbridge

(May 17th). TJ: R. Harkins (J) 14.06.

Cooper Park 6M Road Race, at Elgin (May 17th).

1, F. Clyne (A'deen) 30:04; 2, G. Milne (A'deen) 30:44; 3, I. Mitchell (I'ness) 31:52; 4, I. McKenzie (Forr) 32:02; 5, A. Wood (Cam-V) 32:08; 6, D. McLean (Forr) 32:32; 7, H. Wilson (E. Kil) 32:36; 8, G. Adams (A'deen) 32:43; 9, S. Taylor (A'deen-V) 32:50; 10, I. Murray (A'deen) 32:58. **Teams:** 1, Aberdeen 18; 2, Forres 34. **(Boys):** P. Moffat (Elg) 14:23. **(Girls):** M. McLeod (Elg) 10:15.

BPSA REPRESENTATIVE MATCH**At Nottingham, May 21st**

100: (A): 1, G. Watts (BP) 10.7; 2, M. Owen (BC) 10.8; 3, D. Marsden (UAU) 10.8; 4, P. Galvin (BFS) 10.9; 5, S. Lochart (Pol) 10.9. (B): 1, M. Filler (BC) 10.9; 2, A. Browne (UAU) 10.9; 3, P. Devonish (Army) 11.0; 4, R. Linsey (BP) 11.0. **200:** 1, Watts 22.2; 2, C. Dunlop (UAU) 22.3. **400:** 1, D. Spencer (Pol) 49.8; 2, K. Crewe (BFS) 49.9. **1500:** G. Grant (Army) 3:53.6. **3000SC:** 1, D. Kelly (BFS) 9:15.0; 2, E. Turner (Army) 9:28.6. **110H:** (A): 1, S. Measlan (BC) 15.0; 2, D. Knowles (UAU) 15.1; 3, S. Burke (Army) 15.2; 4, J. Tissman (Pol) 15.9; 5, C. Bellfield (BP) 15.9. (B): 1, L. Bovell (BC) 15.3; 2, S. Tomaszewski (BP) 15.4; 3, M. McLure (UAU) 15.6. **400H:** 1, M. Hammersley (BP) 54.7; 2, H. Moscrop (UAU) 54.7; 3, K. Lancey (BC) 56.5. **HJ:** (A): 1, A. Breden (Pol) 2.01; 2, W. Williams (BP) 2.01; 3, J. Daley (UAU) 1.98; 4, A. Ord (BFS) 1.96. (B): 1, S. Gill (Pol) 1.96; 2, S. Metcalf (BP) 1.96. **LJ:** (A): 1, D. Spencer (BC) 7.06; 2, G. Byham (Pol) 7.00; 3, K. Brown (BP) 6.80. (B): A. Earle (BC) 7.00. **TJ:** (A): 1, N. Stoppard (BP) 15.03; 2, D. Corless (UAU) 14.70. (B): J. Claydon (UAU) 14.35. **SP:** 1, M. Eyres (BC) 14.60; 2, B. Holden (Pol) 14.54; 3, M. Oliver (BFS) 13.56. **DT:** 1, A. Garforth (UAU) 42.76; 2, S. Poole (BP) 42.52. **HT:** (A): 1, M. Petra (Pol) 63.32; 2, I. Borszcz (BC) 46.80; 3, J. Murphy (BFS) 45.06; 4, P. Rample (Army) 44.24. (B): S. Sandhu (Pol) 53.74. **JT:** (A): 1, T. Newenham (UAU) 62.34; 2, K. Taylor (Pol)

60.96; 3, M. Annis (Army) 60.92; 4, D. Abernethy (BC) 59.36. (B): T. Aspey (Pol) 59.88. **4x100:** 1, British Colleges 43.2; 2, British Police 43.5. **Teams:** 1, British Colleges 168; 2, UAU 163; 3, British Police 156; 4, BPSA 149; 5, British Army 118; 6, British Fire Service 95.

(Women): 100: (A): 1, R. Patten (Notts) 11.9; 2, Wheeler (UAU) 12.1; 3, L. Talbot (BC) 12.3. (B): M. Cashell (Notts) 12.2. **200:** (A): Wheeler 25.2. (B): S. Fowler (UAU) 25.2. **400:** (A): 1, Patten 54.5; 2, Fowler 57.1; 3, W. Waterhouse (BC) 57.6. (B): K. Tuffnell (UAU) 57.3. **800:** (A): 1, C. Hanson (Notts) 2:11.3; 2, J. Laughton (Der) 2:12.6; 3, K. Pilling (UAU) 2:13.7; 4, S. Brown (BC) 2:15.8. (B): 1, A. Harvey (UAU) 2:13.9; 2, J. Blackwell (Notts) 2:15.2; 3, J. Salisbury (BC) 2:15.7. **100H:** (A): 1, D. Skerritt (UAU) 14.2; 2, D. Baker (Der) 14.6; 3, D. Greenidge (BC) 14.8; 4, K. Bentley (BP) 15.3; 5, J. Lowes (Notts) 15.3. (B): 1, P. Rollo (BC) 15.0; 2, Tuffnell 15.1; 3, K. Jackson (Notts) 15.6. **HJ:** 1, A. Thomson (BC) 1.72; 2, D. Friar (BP) 1.66; 3, D. Grant (UAU) 1.66. **LJ:** N. McGee (UAU) 5.81. **SP:** (A): 1, M. Jervis (BC) 12.84; 2, D. Sturman (UAU) 12.24; 3, M. Lynch (BP) 12.11; 4, S. Gibson (Notts) 11.31. (B): F. Vittles (Notts) 11.0. **JT:** (A): 1, Jervis 48.50; 2, Gibson 48.22; 3, C. Morris (UAU) 44.30. (B): P. Hayes (BC) 40.12. **4x100:** 1, Notts 48.4; 2, British Colleges 49.5. **Teams:** 1, UAU 113; 2, British Colleges 105; 3, Notts WAAA 96; 4, BPSA 61; 5, Derby Ladies 56.

Goat Fell Race, at Brodick (May 17th). 1, A. Styan (Holm) 1:18:13; 2, A. Adams (Dumb) 1:19:12; 3, R. Boswell (Lochaber) 1:20:27; 4, C. Donnelly (A'deen U) 1:22:12; 5, M. Blenkinsop (Pen) 1:22:49; 6, J. Blair-Fish (ESH) 1:23:50; 7, R. Shields (Lochaber) 1:24:24; 8, P. Overton (Ken) 1:24:34; 9, N. Bowman 1:25:01; 10, D. Tosh 1:25:29; 11, A. Fancett (Wig) 1:26:16; 12, S. Patterson (NI) 1:26:49; 13, N. Ryder (Mor) 1:27:30; 14, D. Booth (Dark P) 1:28:12; 15, R. Campbell (Lochaber) 1:28:32. **Team:** Morpeth. **(Women):** C. Britan 2:03:52.

Fire Service International 10km Road Race, at Scotstoun, (May 17th). 1, J. Atkin (W. Yk) 29:38; 2, K. Best (Gt. M) 30:00; 3, D. Kelly (Dev) 30:13; 4, E. Ranicar (Gt. M) 30:23; 5, T. Murphy (Dub) 30:25. **Team:** Gt. Manchester.

Drymen to Scotstoun 15M (May 18th). 1, W. Sheridan (W'lands) 1:22:13; 2, R. Stone (Cam) 1:22:42; 3, M. Craven (ESH) 1:24:27; 4, R. Blair (Strath. P) 1:25:31; 5, C. Martin (Dumb) 1:27:01; 6, J. Russell (Bella) 1:27:45; 7, J. Moore (VP) 1:29:46; 8, G. Eadie (Cam-V) 1:29:55; 9, P. McGregor (VP) 1:29:59; 10, R. Johnstone (VP) 1:30:58.

Colin Shields

briton SPORTSWEAR

Track Suits
Sweet Shirts
Jogging Suits
"Tee" Shirts

ALL ITEMS CAN BE MADE TO MEASURE

Clubs, Schools, Teams - JOIN "THE BRIT-SET" with National Teams and Squads

DESIGN YOUR KIT WITH TWELVE SUPER COLOURS

ARE YOU BRIT-SUIT-ABLE?

ALSO

Letsure Suits
Athletic Vests
Hooded Training Tops
Ladies Athletic Shorts

briton **LANDING AREAS**

BRITON HOUSE, RAILWAY ROAD, DOWNHAM MARKET, NOROLK, PE38 9EL. BY TELEPHONE: BRITON LTD. PE38 9EL. Downham Market (020 63) 5222

CLASH OF THE HEAVYWEIGHTS

An intriguing look at women's shot putting

— by Ivan Berenyi

"I APPEARED as favourite at the Montreal Olympics and in the Prague Europeans, and—it was a bitter pill—lost on both occasions. This won't happen in Moscow. For one thing, I won't be the No. 1 favourite this time, and without the responsibility that entails I will be perfectly cool. But we have also worked out a preparatory technique to ensure that my nerves will be steady, as well as a competitive tactic—both of which will have to remain secret for the time being. There are a few of us capable of 22m, but big results and Olympic finals are two separate things. Anyway—brace yourself for a surprise in Moscow."

The speaker is Helena Fibingerova (30) of Czechoslovakia, exuberantly optimistic in the wake of her triumph in the European Indoor Championships at Sindelfingen earlier this year.

"I started my preparations earlier than usual last year at home in Ostrava, and we have worked out a new way to kill the monotony," she says, referring in the plural to coach Jaroslav Smid,

himself once a renowned shot putter, whom she married in May 1977. "Because of the Games, I was already training at the end of October, and I no longer practise alone. Alena Vitoulova and 'Jarda' Brabec are usually around, and some other men putters also come from Prague for competitive sessions."

Vitoulova (20) was 10th on the 1979 Czech list with 13.51m, and Jaroslav Brabec is the men's national record-holder. Their presence, Helena and Jan think, makes it easier to cope with strenuous exercises and, generally, the atmosphere of training sessions is better. Helena was worried when her knee was playing up a bit a few months back and she received a discouraging diagnosis, but now she is completely healthy and happy that the diagnosis turned out to be exaggerated.

"The fact that I feel in robust health again has to do with my recent decision to carry on till after the 1984 Los Angeles Games," she says, "In the past, I used to talk about ending my career with



OLYMPIC

ARENA

**UNBELIEVABLE BARGAINS
IN OUR FIRST SPRING SALE**

NIKE		NEW BALANCE		E.B.	
Tailwind	£31.25	375	£24.95	Sao Paulo	£33.95
LDV	£24.15	XC15	£25.95	Marathon	£26.95
Vainqueur	£29.95	Comp. 100	£28.95	KM Runner	£26.50
Elite	£24.00	620	£32.95	Mexico	£16.80
Triumph	£21.95			Stud Flat	£16.15
REEBOK		KARHU			
Aztec	£20.40	Navy Star	£19.75	Groundhog	£9.50
Cordova	£18.45	Boston	£19.50	Dasher	£7.50
10K	£17.50	Record	£21.50		

Size/foot outline & remittance to:

OLYMPIC ARENA,
7 Exchange Buildings, Oxford Street,
Whitley Bay, Tyne & Wear.



Telephone enquiries:
Cramlington 716045
Whitley Bay 527278 (Saturdays)



WESTON ATHLETIC CLUB

WESTON 10 MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

Priory School, Queen's Way,
Weston-Super-Mare, Avon
(2 mins. from M5)

OVER £300 WORTH OF PRIZES

SATURDAY, 12th JULY
3 p.m.

CLASSES: Open, Vets, Novices, Ladies.

ALSO

2 MILE JUNIOR ROAD RACE

CLASSES: Boys U/15, Boys U/13, Girls U/15.

Entries: 10 miles 50p, 2 miles 20p.

Send S.A.E. to Mr J. F. Green, Priory School,
Queen's Way, Weston-Super-Mare, Avon.
(Phone: 412339).

CLOSING DATE 30th JUNE, 1980

Sponsored by Second City Homes Ltd.

**HELENA FIBINGEROVA**

Fionnbar Callanan

Moscow. But now I have changed my mind. I will only be 34 at the time of Los Angeles, and in this event one can stay in the medals in one's thirties."

On the face of it, 1979 was not a very good year for Fibingerova. She finished fourth with 21.18m on the world list, behind the East German trio of Ilona Slupianek, Marianne Adam and Margitta Pufe (22.04, 21.86 and 21.45), but she finds nothing disturbing in this. "There was no real change at the top, only I took it a bit easier last year so that I could come on strong now," Fibingerova says. "Slupianek was the only one who exceeded 22m, if only just, and all of us top competitors know one another well. The East Germans are strong rivals, of course, but behind me the Bulgarian Petrova only got beyond 21m once, and from the USSR Krachevskaya and Abashidze are the leading lights but represent no real danger in the medal stakes."

It seems that Helena Fibingerova has managed to will herself, with the aid of husband Jan Smid, her coach for many a year, into a new frame of mind. And now that she is no longer world record holder (her 22.32m in 1977 has been surpassed this May by Slupianek with 22.36 and then 22.45m) she has abandoned the role of teeth-gritting front-runner and now aims to come from behind.



Official Supplier to the 1980
Olympic Games in Moscow

NIAGARA GETS YOU FIT - KEEPS YOU FIT!

For over 30 years Niagara has played an important role in the well-being and fitness of sports people of all ages. The unique Niagara cycloid action produces a 3-way motion which creates a penetrating massage action that helps:

- *INCREASE CIRCULATION *EASE SORE, ACHING MUSCLES
- *RELIEVE PAIN ASSOCIATED WITH COMMON MUSCLE SPASM
- *INCREASE JOINT FLEXIBILITY AND, THEREBY, MOBILITY
- *REDUCE SWELLING DUE TO EXCESS TISSUE FLUID

Top sports people praise Niagara:



Hiddy Jahan of Pakistan, the World No. 4 Squash professional, says: "Niagara Therapy equipment helps keep me match fit and eases aches and stiffness. It helps treat injuries and speeds up recovery time."



Nora Perry, currently No. 1 in the world rankings for Badminton mixed doubles, uses Niagara. She says: "I get a 'whole body' warm up without getting tired. I don't get many injuries. Maybe it's because I use Niagara."



Barry Wood, England and Lancashire all-round cricketer, says: "You owe it to yourself, your team and your spectators to take good care of yourself. Niagara helps me and plays an important role in my fitness programme."

Medical Research Pinpoints Success

A major University specialising in physical education produced a paper showing that 15 minutes use of Niagara Therapy was equally as effective as a 15 minute programme of violent flexibility exercises, and thus improved mobility. The official physiotherapist to the Squash Rackets Association, who is also involved in other sports and treats injuries of all types, says: "No club or player should be without some item of the Niagara range." *The world-famous Wembley Arena has installed Niagara equipment, which is situated in the Health Treatment Unit.*

Write now for Free Brochure to: Niagara Therapy (UK) Ltd.,
Dept. AW 80, 251 Vauxhall Bridge Road, London SW1V 1HG

Post Coupon for Free Brochure

Please send me the Niagara Sports Brochure

AW 80

NAME _____

ADDRESS _____

Niagara

RUNNING SCENE

we've got your shoes

NIKE

LDV	£29.99
Waffle Trainer	£21.99
Elite	£27.99
Oceanica	£12.99
Wally Waffle	£10.99
Tailwind	£37.99
Universe	£33.99
Fly	£19.99
Americas	£23.99
Intervalle	£23.99

ADIDAS

TRX Trainer	£19.50
TRX Competition	£21.75
Leader	£11.99
Interval 2	£15.99
Sprint	£21.50
Speeder	£12.99

REEBOK

Aztec	£22.70
10K	£19.30
Gazelle	£20.50
Inca Sprint	£28.99
Orbit	£19.35

NEW BALANCE

375	£23.70
XC-15	£24.95
620	£32.95

All our shoes are also available by mail order at the recommended retail price. By not price cutting we hope to maintain a better and higher standard of service to our customers.

Please send an outline of your foot size for reference with your order and make cheques/P.O.s payable to Four Seasons. All goods are post free.

We also provide a shoe repair service, where a full resole costs £7.50.

Look no further for that special pair of shoes. It's here! As the North East Specialists for Running Shoes and Athletics Equipment and Clothing, we pride ourselves in having the most comprehensive selection of gear around. Visit our friendly shop at the Four Seasons, 115-117 Northumberland St., Newcastle Upon Tyne and we'll be delighted to show you just what we've got.

SEND TO: FOUR SEASONS,
115 Northumberland Street,
Newcastle Upon Tyne.
Tel. 29103.

NAME
ADDRESS
TEL. NO.
SHOE
SHOE SIZE PRICE

The change of course appears like a shrewd move, as well as a necessity, because the previous course certainly did not work. Helena was the pace-setter of the women's shot put scene for three long years, ever since she broke the world record the first time with 21.57m in September 1974, and she surpassed the 21m mark in those three years an incredible 30 times. But it was always the East Germans who reaped the medals in the big events.

Helena Fibingerova was born on July 13th 1949 and was 15 when she started training with the VZKG Ostrava club. Her first recorded personal best was 14.60m three years later, in 1967, which improved to 15.29m, in 1968 and to 16.06m in 1969—the year when she placed 10th in the European Championships with 15.25m. In the next six years, her annual bests were 16.77 (1970), 16.55 (1971), 19.18 (1972), 20.80 (1973), 21.57—world record (1974) and 21.43 (1975). In the meantime, she finished 12th in the 1971 Europeans with 15.73m and 7th in the 1972 Munich Olympics with 18.81m.

Becoming European indoor champion in 1973 was her first real international success, and she kept her crown in 1974, starting in that year's Rome European Championships as the favourite. But in the event she was not fully healthy, and had to be satisfied with a bronze (20.33m). It was just a month later that she broke the world record in Prague with 21.57m.

"Giant with clay feet"

Fibingerova's "giant with clay feet" pattern had been established by this time, which gave rise to her reputation as someone regularly capable of achieving great results and especially at home, but becoming jittery in the major events and invariably flunking.

In 1975 Marianne Adam broke Fibingerova's world record by 3cm with a put of 21.60m, while in pre-Olympic 1976 Adam raised her world record another notch to 21.67m, and then it passed into the hands of Bulgaria's Ivanka Khristova (21.89m). Fibingerova entered the Olympic stretch with a season's best of 21.47 for third place in the Montreal form guide. In the Olympic competition itself Khristova won (21.16m); 1972 champion Nadyezhda Chizhova (USSR), who staged a comeback in early 1976 after a 16-month layoff, placed second (20.96m) and Fibingerova (20.67m) got the bronze. Behind her came the three East Germans: Adam, Schoknecht, (later to become Frau Slupianek) and Droese (now Pufe).

Peaking too late, Fibingerova blossomed forth in the post-Olympic season, topping 21 metres in nine of her ten competitions, including a new world record of 21.99m at Opava on September 26th, her very last competition of the season.



ILONA SLUPIANEK

Mike Street

Helena had a fantastic season in 1977—her best ever. She took part in—and won—six indoor competitions, each involving a gem of a performance. She improved her own indoor world best to 21.58m at Ostrava on January 29th, to 21.66m on February 2nd in Budapest (where she beat Droese by two metres) and to 22.50m—which remains superior to the outdoor record—at

Jablonec on February 19th. She also won the European indoor title with 21.46m in San Sebastian, with Slupianek, Wilms, Droese and Krachevskaya in the beaten field. Her triumphant march continued outdoors, where she won 12 competitions in a row, eclipsing—among others—Slupianek (20.88) in Ostrava with 21.96m and the West German Eva Wilms three times. On August 20th, at home in Nitra, Fibingerova also set up a new world record with 22.32m.

It was after this wonderful series that Ilona Slupianek, who took the injured Adam's place as East German star and had already won at the European Cup Final, came from behind with her last put of the series (20.93m) and won, relegating Helena (20.63m) to 2nd place. Following this strange competition, Fibingerova's results in the season's remaining seven competitions all dipped below the 21m mark, and she even lost to Wilms. The "giant with feet of clay" tag returned, and—despite her scorching early season—the records—are-not-enough pressure at home was back on Fibingerova, who announced in despair that she "must win in the Prague Europeans".

Breakneck speed improvement for Frau Slupianek

Slupianek, who was disqualified for a year following a dope test at the 1977 European Cup Final, had a very fast-developing career. Born on September 24th 1956, she started training under Ullrich Niklas at the SC Dynamo Potsdam club in 1970. Her best that year, at 14, was 12.50m. Next year she moved to coach Willi Kuhl at SC Dynamo Berlin, and in 1973—when she became European Junior champion, her personal record was 17.05m. Brought along at breakneck speed, she improved that to 21.30m in the Olympic year,

GOTHAM VILLAGE GALA
in conjunction with Notts. A.C.

present

"CUCKOO 7½" OPEN RACE

(Under A.A.A. Laws)

SATURDAY, 5th JULY, 1980
at 3.00 p.m.

Note: 3 lap course, footpaths and road (2 steep inclines).

GOOD INDIVIDUAL PRIZES
1st 3 Teams (3 to score)

Entry Fee: 35p per Individual. No Team fee.
Entries to: B. Dabell, 108A Leake Road,
Gotham, Notts., by Wednesday, 2nd July,
1980. S.A.E. please.

VERLEA ATHLETIC CLUB

WELWYN HALF MARATHON AND LADIES RACE

SUNDAY, JULY 6th, 1980

3.00 p.m. Start
Welwyn Garden City

Prizes at least 10 Inds, 3 Ladies, 3 Vets, 3 Mens
Teams (first 3 to score).

Entry Fee: 50p (plus 2 SAE's) to P. Munden, 13
New Road, Stanborough, Welwyn Garden City,
Herts.

and when Adam went into hospital for an operation in late 1976 she stepped into her shoes as No. 1 with ease, having just married Jorg Slupianek.

In early 1978, with Slupianek out of the picture and Adam's comeback slow, Margitta Droese took over as GDR No. 1 with similar ease. Her fluctuating previous performances stabilised miraculously overnight, and though she had never beaten Fibingerova before, suddenly she had her beaten anytime, anywhere.

Margitta, born on September 10th 1952, was a very slow and late developer by GDR standards. Doubling in the shot and the discus from the start of her career in 1966, when she recorded 10.61m and 30.32m, she had got to only 16.08m and 54.28m by age 19 in 1971. Next year, she gave birth to a daughter and did not compete. Stagnation ensued, but in 1975 she made spectacular progress to 19.71m and 61.80m, and delegated to Montreal as a putter she finished 6th and raised her personal best to 21.23m. In 1977, she jumped to second place on the GDR list in both events, with 21.29m and 65.42m. In 1978 Droese progressed to 21.58m.

However, at the European Championships in Prague, Slupianek was back in circulation and won the gold with a last round 21.41m in front of Fibingerova (20.86m), who had been plagued by injury prior to the event and by rheumatic pains. Slupianek's second-round result (20.87m) would also have been enough for victory. Droese was firmly back to East German No. 2 status and got a bronze with 20.58m in the shot, but in the discus she earned a silver with 64.04m.

Prior to Prague, just back from her suspension, Slupianek had surpassed the 22m line for the first time in Berlin with 22.06m on August 15th, and then produced another biggie—21.79 in Sofia on August 19th. It was at the Universiade in Sofia, too, that Adam returned to the 21m-plus



Ranked second in the world this year — Bulgaria's Verzhinia Vesselinova, whose 5'7" frame weighs in at 209lb.

Mike Street

COPTHALL GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

AT COPTHALL STADIUM, HENDON, N.W.4

Max. 6mm Needle spikes — 9mm on Javelin run-ups.

All age groups Men & Women unless otherwise stated.

Entries to: Helen Briant, 43 Euston Ave., W. Watford, Herts. Stating: name, address, d.o.b., club, event, best recent performance. Enclosing: 30p per event (£1 on night) S.A.E. if acknowledgement required.

Cheques and P.O.s made payable to Shaftesbury Harriers. Please supply your own pins.

3000m Walk (Men) all meetings at 6.45 p.m. Other events 7.00 p.m.

WEDNESDAY, 25th JUNE

Events: 3000m Walk (men).

100m, 800m, 5000m Jnr/Snr. Men

Long Jump, Shot.

ENTRIES CLOSE MONDAY, 23rd JUNE

WORLD ALL-TIME LIST

22.50	Helen Fibingerova (Cze)	1977
	(outdoor best: 22.32—1977)	
22.45	Ilona Slupianek (GDR)	1980
21.89	Ivanka Khristova (Bul)	1976
21.86	Marianne Adam (GDR)	1979
21.58	Margitta Pufe (GDR)	1978
21.45	Nadyezhda Chizhova (USSR)	1973
21.43	Eva Wilms (Ger)	1977

1980 RANKINGS

22.45	Ilona Slupianek (GDR)
21.30	Verzhinia Vesselinova (Bul)
21.22	Margitta Pufe (GDR)
21.18	Helena Fibingerova (Cze)

class with 21.09m, and on August 24th she produced her best ever discus throw of 68.48m in Potsdam.

In 1979, following her previous heavy-duty year, Margitta married and slotted in as Margitta Pufe into third place behind Slupianek and Adam

Gola

Wasp – the world class track shoe that stings the opposition for speed and style!

Lightweight design with inbuilt resilience and support – seven spike position sole with 5mm spikes, nylon upper with suede calf cap plus polyurethane topline and heel tab.

Put **Wasp** through its paces at your local sports shop **TODAY!**



Wasp

Sizes 3 - 12 from £12.50

Never go without your Gola's

UK Women's League, Div. 1

Stretford edged out by 'New Girls' Bristol

At Bristol, May 31st

Bristol 254½; Stretford 250; Borough of Hounslow 246; Glasgow 238½; Sale 235; Edinburgh Southern 174.

100: (—4.0m) 1, M. Probert (Sale) 12.1; 2, L. Boothe (Houn) 12.1; 3, S. Strong (Stret) 12.2. **200:** (A): (—5.4m) 1, Probert 25.6; 2, Boothe 26.2. (B): (—7.3m) A. Baldock (Houn) 26.2. **400:** (A): 1, J. MacGregor (Houn) 54.3; 2, J. Marlow (Stret) 55.8; 3, C. Powell (Bris) 56.5; 4, A. Bridgeman (Glas) 57.0; 5, E. Douglas (ESH) 57.0; 6, V. Rowbotham (Sale) 58.0. (B): 1, H. Keene (Houn) 57.2; 2, S. Smith (Bris) 57.6; 3, C. McMeekin (Glas) 57.8. **800:** (A): 1, Marlow 2:07.9; 2, W. Smith (Houn) 2:08.7; 3, S. Smith 2:10.9; 4, H. Hollick (Sale) 2:11.9; 5, B. Harvie (Glas) 2:12.8. (B): 1, L. MacDougall (Glas) 2:11.7; 2, J. Asgill (Stret) 2:12.7; 3, A. Roberts (Houn) 2:14.2; 4, K. Pilling (Sale) 2:14.3. **1500:** (A): 1, P. Fudge (Houn) 4:32.5; 2, McMeekin 4:34.1; 3, J. Davidson (Sale) 4:34.5. (B): 1, Harvie 4:35.4; 2, K. Binns (Sale) 4:35.5; 3, Roberts 4:42.6. **3000:** (A): 1, S. Simkin (Sale) 9:54.8; 2, Asgill 9:58.3; 3, F. McQueen (Glas) 10:11.0; 4, B. Green (Houn) 10:30.0; 5, M. Brown (ESH) 10:31.8. (B): 1, B. Abbott (Sale) 9:58.4; 2, J. Shepherd (Glas) 10:24.1. **100H:** (A): (—4.0m) 1, Strong 14.2; 2, H. Ross (Bris) 14.7; 3, L. Scott (ESH) 14.7; 4, J. Lindsay (Glas) 15.5. (B): (—6.6m) L. McKie (Glas) 15.8. **400H:** (A): 1, L. Dick (ESH) 62.6; 2, J. Evans (Bris) 63.0; 3, J. Roscoe (Stret) 65.8; 4, I. Anderson (Glas) 66.3. (B): 1, J. Graham (Stret) 64.1; 2, F. Fyfe (ESH) 64.1.

HJ: 1, W. Phillips (Houn) 1.60; 2, J. Frost (Stret) 1.60; 3, A. Leitch (Glas) 1.60. **LJ:** (A): 1, C. Earlington (Houn) 5.96; 2, S. Hay (ESH) 5.83; 3, Ross 5.44. (B): 1, K. Wenlock (Houn) 5.85; 2, Scott 5.45. **SP:** (A): 1, V. Head (Bris) 15.72; 2, J. Kerr (Houn) 13.64; 3, N. Njoku (Stret) 12.02. (B): 1, J. Jackson (Houn) 12.41; 2, S. Spragg (Bris) 11.58; 3, A. Jackson (Stret) 11.31. **DT:** (A): 1, Kerr 47.12; 2, Head 46.74; 3, L. Robertson (ESH) 38.48; 4, C. Cameron (Glas) 36.96. (B): 1, Y. James (Bris) 38.56; 2, J. Jackson 37.02. **JT:** 1, Spragg 46.60; 2, D. Royle (Stret) 45.36; 3, P. Brindle (Sale) 40.30. **4x100:** 1, Hounslow 47.6; 2, Bristol 49.1; 3, Glasgow 49.4; 4, ESH 49.4. **4x100:** 1, Hounslow 3:54.2; 2, Bristol 3:56.7; 3, Stretford 3:58.7.

(Inters): 100: (—6.0m) 1, J. Parry (Stret) 12.4; 2, S. Mallinder (Sale) 12.9. **200:** (—7.9m) Parry 25.5. **800:** 1, A. Gordon (Glas) 2:17.8; 2, P. Matheson (Sale) 2:18.9; 3, L. Smith (Houn) 2:19.5. **80H:** (+0.1m) 1, T. North (Houn) 12.2; 2, S. White (Bris) 12.2. **200H:** (A): 1, White 29.9; 2, North 30.2; 3, A. Gillespie (Glas) 30.9. (B): S. Harris (Stret) 30.9. **LJ:** 1, J. Edwards (Bris) 5.58; 2, Mallinder 5.52; 3, Y. Anderson (Glas) 5.48. **SP:** 1, L. Marshall (Glas) 10.98; 2, D. Winstanley (Stret) 10.36. **4x100:** 1, Glasgow 50.3; 2, Stretford 50.9. **(Juniors): 100:** (A): (—4.3m) D. Oliver (Stret) 12.8. (B): (—6.3m) A. Nestor (Sale) 13.3. **200:** (—7.2m) 1, Oliver 26.9; 2, Nestor 27.2. **800:** D. Edwards (Sale) 2:22.0. **1500:** B. Ely (Sale) 5:05.7. **75H:** (—6.7m) 1, R. McLeod (Glas) 12.5; 2, P. Donegan (Stret) 12.5. **LJ:** C. Hutchinson (ESH) 5.12. **DT:** A. Stone (Bris) 28.78. **JT:** S. Littlewood (Bris) 29.78. **4x100:** Stretford 52.0.

ROSSENDALE ATHLETIC CLUB

OPEN MEETING

(Under A.A.A. & W.A.A.A. Laws)

at Marl Pits Sports Complex, Rawtenstall

ON SUNDAY, 13th JULY, 1980

1.00 p.m.	200m	(G, C, JW, B, SW, SM)
2.00 p.m.	3000m	(SW, SM)
2.30 p.m.	1500m	(G, C, JW, B, IW, Y)
3.15 p.m.	100m	(U/11, G, C, JW, B, IW, Y)
4.15 p.m.	400m	(SW, Y)
4.30 p.m.	800m	(U/11, G, C, JW, B, SW, SM)
	LJ.	(U/11, G, C, JW, B, SW, Y)
	Javelin	(JW, B, SW, Y)
	Shot	(JW, B, SW, Y, SM)
	Discus	(SW, SM)
	H.J.	(JW, B, SW, SM)

Entries: 30p per number on day, (max. 3 events).

Further information: Mrs E. Graham, 22 Oaklands Drive, Rossendale, Lancs. BB4 6SA. Tel. Rossendale 27439.

in the shot put; but in the discus, where Sabine Engel started to lose her edge, she stayed runner-up behind Olympic Champion Evelin Jahl.

It would be presumptuous to jump to any undue conclusions on the basis of the very effectively managed musical chairs routine of East German women throwers, but the existence of a clear pattern is inescapable: the East Germans undoubtedly know something that other countries don't. They established a veritable lock-out in the women's shot put last year, and the way they shuffle their stars around to suit the demands of any given period is uncanny.

Whether this is simply due to massed talent, or something else, Helena Fibingerova's decision to play it cagey and keep her cards as close to her chest as possible appears a sound one. The world of field athletics now believes that she is on a downward spiral, and this can only help her cause.

© Ivan Berenyi, 1980

Gola

Stay ahead with Gola
casuals—stylish, quality leisure
and jogging wear that looks
and feels good, whatever
you're doing.

At your local sports
shop TODAY!

College Top
from £5.25

Action Shorts
from £5.49

Weather
Jacket
£10.99

'T' Shirt
from £3.50

Never go without your Gola's

WAAA JUNIOR PENTATHLON CHAMPS

At Birmingham, May 24th

Pentathlon: 1, L. Wong (Liv) 3309 (5.17m, 75H — 12.2, 9.11m, 1.55m, 2:33.7); 2, S. Gunnell (Essex L) 3309 (5.14, 11.8, 7.99, 1.53, 2:27.8); 3, J. Roscoe (Shrew) 3275 (4.94, 11.9, 9.42, 1.55, 2:37.2); 4, R. Booth (Cen. R) 3170 (4.84, 12.4, 8.16, 1.50, 2:25.9); 5, C. Brown (Milt K) 3123 (4.81, 12.0, 8.69, 1.45, 2:31.9); 6, K. Crook (Cledd) 3078 (4.88, 12.5, 7.39, 1.62, 2:41.2); 7, J. Oliver (Ex. L) 2983; 8, D. Muckalt (Ross) 2975; 9, S. Webb (Hales) 2931 (1.55); 10, L. Hannam (Gosf) 2917; 11, L. Turner (Shrew) 2890; 12, M. Hart (Mx) 2767; 13, K. Arnold (Leic) 2745.

4x100: 1, Sale 49.6; 2, Bury 50.1; 3, Wakefield 50.2; 4, Bracknell 50.3; 5, Liverpool Pembroke 50.7; 6, Stretford 51.4 (50.4 ht).

4x800: 1, Mitcham 9:25.0; 2, Sale 9:31.8; 3, Leeds City 9:45.6; 4, Cannock Chase 9:51.3; 5, Bristol 9:52.6; 6, Stretford 9:55.2; 7, Bromsgrove & R 9:55.2; 8, Sutton (St. Helens) 10:17.8.

2500 Walk: 1, K. Bowers (B&R) 12:43.0; 2, L. Langford (W&B) 12:43.0; 3, D. Naylor (Harb) 12:57.0; 4, R. Sugg (B&R) 13:21.2; 5, F. Nichol (Soli) 13:48.4; 6, M. Price (Soli) 13:54.2; 7, E. Ryan (E&E) 13:54.6; 8, L. Urquhart (E&E) 13:58.2; 9, S. Prince (Worc) 13:58.6; 10, J. Groot (Bole) 14:06.2; 11, M. O'Rawe (S'end) 14:21.8; 12, J. Blundell (B&R) 14:25.6.

Long Overdue Acknowledgement As Stan Goes To Seoul

STAN LONG, 1976 Olympic Team Coach and adviser to Brendan Foster and several leading athletes in the famous Gateshead Harriers, was selected as a Staff Coach on a recent Olympic Solidarity Coaching Course in Seoul, South Korea.

This course was held in conjunction with the IAAF who stage Coaching Courses throughout the world, particularly in the developing countries, and the Staff Lecturers are always of the highest reputation. In being selected for this course, Mr Long joins similarly acknowledged British international distance running coaches Harry Wilson, Denis Watts and Jim Alford, whilst another regular Staff Coach is the great New Zealander, Arthur Lydiard.

Mr Long's enthusiasm and deep knowledge of middle/long distance running should have provided just the catalyst required in South Korea to enhance the recent running boom in that country, as exemplified by the first International Women's 15km Road Race, held in Seoul on April 6th. Mr Long, an employee of The Gateshead Department of Sport and Recreation, declared himself "honoured" by the selection, and the IAAF were delighted to have his services on this Course.

BRITISH MILERS' CLUB (Wales, S.W. Counties and Midlands Regions)

OPEN GRADED MEETING

WEDNESDAY, 2nd JULY, 1980, 7 p.m.

Cwmbran Stadium Sports Centre, Henllys Way, Cwmbran, Gwent NP4 3XL
(easily reached by M4 and M5)

- 7.00 p.m. Senior Men's 3,000m.**
(The BMC organised Europe's fastest 3,000m this year — at this stadium).
A.A.A. Class 1 Youths accepted.
- 7.20 p.m. Senior and Intermediate Women's 800m.**
- 7.40 p.m. Senior and Junior Men's 800m.**
(BMC organised a 1:47.9 800m last month at Crystal Palace).
A.A.A. Grade 1 Youths accepted.
- 8.00 p.m. Senior and Junior Men's 300m.**
- 8.20 p.m. Senior and Intermediate Women's 300m.**

The BMC organised the race at this stadium last month in which the world Age 16 record for 1500m was broken by Gary Taylor, 3:45.5.

Apply to Welsh BMC Secretary, Ann Hill, 8 Turberville Road, Cwmbran, GWENT. Stating best times and age. Members 36p — state membership number; non members 50p. Stamps acceptable or cheques payable to the BMC. **DEFINITELY NO ENTRIES ON THE DAY.**

Volunteers to "hare" races (now approved under I.A.A.F. rules) appreciated.

TROWBRIDGE MAYDAY ROAD RACES**May 5th****Bowyers '10'**

1, B. Knight (Torbay) 49:42
 2, P. Berry (Swindon) 49:56
 3, M. Densley (Birchfield) 50:04
 4, V. Rollason (Spark) 50:47; 5, W. Venus (Blay-V) 51:01; 6, S. Surridge (Walt) 51:02; 7, J. Ellis (West) 51:14; 8, A. Coleman (Wey) 51:26; 9, J. Goldring (Walt) 51:31; 10, P. Keenan (Ov) 51:46; 11, R. Hanna (Enf) 51:48; 12, T. Parker (DoC) 51:49; 13, R. Williams (Tiv) 51:58; 14, R. Morgan (B'mth) 52:05; 15, S. McGuinness (Salis) 52:15; 16, A. Rich (Walt) 53:04; 17, M. Moody (Maid-V) 53:05; 18, B. Smith (B'mth) 53:13; 19, G. Sanderson (Cle) 53:28; 20, C. Murray (Trow) 53:30; 21, J. Valentine (Cle) 53:38; 22, H. Richards (Cle) 53:44; 23, W. Loudat (Walt) 53:56; 24, V. Phillips (Ply) 53:59; 25, A. Ive (WS&E) 54:00; 26, J. Flatters (West-V) 54:05; 27, D. Catlow (Chelt) 54:06; 28, D. O'Daly (Swin) 54:12; 29, R. Dennehey (Bed) 54:15; 30, W. Ballantyne (West) 54:50. **Teams:** 1, Walthamstow 23; 2, Swindon 35; 3, Weymouth 36; 4, Clevedon 40; 5, Westbury 41; 6, Salisbury 53. **(Women):** 1, J. Smith (Barn-V) 55:39; 2, L. Tonner (Swin) 63:56; 3, A. King (DoC) 64:06; 4, J. Standerwick (WS&E) 67:27; 5, E. Bartlett (Ply) 69:39.

(Youths): 1, M. Flint (Tel) 11:54; 2, D. Keeping (West) 12:10; 3, S. Knapp (Cle) 12:15; 4, M. Bowring (Swin) 12:30; 5, D. Dickson (West) 12:31; 6, P. Beasley (Ox. C) 12:32; 7, K. Jones (Cle) 12:33; 8, M. Gore (Trow) 12:37. **Teams:** 1, Swindon 26; 2, Trowbridge 39. **(Boys):** 1, S. Rose (B&P) 12:07; 2, S. Male (Ox. C) 12:12; 3, I. Manners (Cle) 12:14; 4, A. Crane (Cle) 12:18; 5, L. Mabbatt (B'mth) 12:22; 6, C. Walters (Ox. C) 12:26. **Teams:** 1, Oxford City 18; 2, Clevedon 25. **(Colts):** 1, S. Alford (West) 8:47; 2, P. Hoare (Ov) 9:04; 3, M. Jones (AF&D) 9:10. **Team:** Westbury. **(U/12):** D. Pearson (VoA) 9:35. **Team:** Preston S. **(Women):** 1, C. Bradford (Cle) 13:25; 2, A. Edwards (Bris) 13:33; 3, R. Beal (Swin) 15:24; 4, J. Manners (Cle-V) 15:29; 5, C. McBean (Swin) 15:41; 6, J. Ashman (Swin) 15:46. **Teams:** 1, Swindon 14; 2, Clevedon 15. **(Inters):** 1, E. Edes (Trow) 15:42; 2, C. Miller (N. Dev) 16:13; 3, P. Willis (And) 16:25; 4, B. Balfe (Trow) 16:40. **Team:** Trowbridge. **(Juniors):** 1, T. Long (F&C) 9:19; 2, N. Jackson (Trow) 9:41; 3, A. Neal (FPC) 9:46; 4, S. Parker (Pres) 9:57. **Team:** Fleet & C. **(Girls):** 1, K. Tranter (D&S) 9:51; 2, R. Hughes (FPC) 9:55. **Team:** Fleet & C.

Walk: 1, D. Jones (Wey) 52:58; 2, J. Turner (Trow-V) 53:31; 3, S. Maidment (Stey) 53:46; 4, J. Ball (S&E) 54:03; 5, J. Ford (Sheff) 54:17; 6, R. Gardner (Hales) 56:19; 7, K. Batten (Trow) 56:33; 8, C. Dunn (Wey-V) 56:56. **Teams:** 1, Weymouth 19; 2, Trowbridge 25; 3, Southampton & E 34. **(Women):** 1, C. Tyson (Lake) 55:35; 2, E. Worth (Bole) 59:54.

NATIONAL YOUNG ATHLETES LEAGUE**(Eastern Division)****At Southend, May 25th**

Havering 197; Bexley 193; Southend-on-Sea 163; Hillingdon 147.

(Youths): DT: S. Oilphant (S'end) 41.30. **(Boys):** 400: D. Tucker (S'end) 54.0.

(Southern Division)**At Woking, May 25th**

Borough of Hounslow 257; Herne Hill 224; Aldershot F&D 129; Surrey Beagles 116.

(Youths): PV: (A): P. Mascoll (HHH) 3.80. (B): N. Sims (HHH) 3.60. TJ: M. St. Louis (HHH) 13.76. SP: 1, M. Fevrius (HHH) 14.58; 2, M. Tubb (Sy. B) 14.13. **(Boys):** PV: C. Benjamin (HHH) 3.10.

Guildford & G 147; Bognor Regis & C 112; Woking 100; Warrington 87.

(Boys): HT: M. Griffiths (BR&C) 42.42.

(North Western Division)**At Warrington, May 25th**

Warrington 199; Southport W 128; Pilkington 41.

(Boys): SP/DT: J. Nicholls (Warr) 14.80/40.30.

Stretford 190; Liverpool 159; Wirral 53.

(Boys): JT: Ravenscroft (Stret) 54.94.

(Welsh Division)**At Barry, May 25th**

Cardiff 337; Westbury 250½; Barry & V 187; Torfaen 144; Swansea 78½.

(Youths): HJ: P. Madalena 1.90. DT: B. Collins 41.70. **(Boys):** 3000: A. Hope 9:09.3.

Additions to 1979 UK club relay lists: (Yths) 4×400: Gloucester 3:30.2. (Boys) 4×200: Crewe & N 1:43.8. (Inters) 3×800: Thurrock 7:14.9.

GOLDEN VALE ATHLETIC CLUB

in conjunction with

Hanwell Carnival Committee

9th Annual

CARNIVAL "5"**Senior Road Race**

(Under A.A.A. Laws)

SATURDAY, 21st JUNE, 3.30 p.m.**Elthorne Park, Boston Road, Hanwell W7**

(Usual Venue — Usual Course)

Medals: First 3 Teams (4 run, 3 score).**Prizes:** First 3 Ind., first 3 Vets.

(Carnival Cup Holders: Hercules A.C.)

All enter as Ind. (30p) to: M. Barber, 66 Framfield Road, Hanwell W7. (01-567 0705).

ENTRIES CLOSE TUESDAY, 17th JUNE

(SAE please if directions required)

Put your foot in it!



These are the feet (-in outline-) of two ladies, one from Yorkshire, one from Wales. They are of (similar weight and) similar build and there is only $\frac{1}{2}$ a size difference in the length of their feet — one takes size 7, the other size $6\frac{1}{2}$. The biggest difference is in the width of their feet. The broad footed Yorkshire lass needs a 4e shoe (extra broad), the Welsh lass needs a 'd' fitting (medium) ... proof of the essential need for good quality training shoes to be made in different widths as well as in different lengths. (And yet only New Balance gives you width fittings — which is why so many people tell us that New Balance shoes are the most comfortable shoes they have ever worn).

... AND DISCOVER THE MOST COMFORTABLE SHOES YOU HAVE EVER WORN

Comfort depends on a proper fit and you have only to look at the outline of the ladies' feet alongside to realise that width is as important as length: which is why we, the New Balance men, believe so passionately in our unique width fitting system. It is a new concept in Britain, so let us explain how to get yourself a perfect fit so that you can discover what comfort really feels like.

Length: Never buy a pair of shoes in which your toes are touching the end of the shoe. Allow yourself half an inch between big toe and the toe of the shoe.

Width: Lace the shoe comfortably, making certain that the laces are tensioned evenly (always lace diagonally instead of square). If half an inch of white tongue is showing, then that is correct. If the suede saddle meets, then the shoes are too wide — if the gap is more than half an inch, they are too narrow.

The Pinch Test: Stand up in the shoes, bend down and pinch the nylon upper together across the top of the foot. If it is tight, the shoes are too narrow. If you can pick up a big fold, it is too wide. Correct fitting is a very small fold between thumb and forefinger.

It's simple: half an inch at the toe, half an inch of tongue showing.

Remember: you have only two feet to last you a lifetime. Give them a chance!

Fleetfoot



new balance

Distributed in the UK solely by Fleetfoot Ltd.,
26 St. Georges Quay,
Lancaster. (0524) 33317.

SOUTH EAST

- **A.C.D. Sports,**
17 Swanley Centre, Swanley,
Kent. Tel: 0322-68996
- **Mel Batty Sports,**
■ 33B Lodge Lane, Grays, Essex.
Tel: 0375-31922
- **Christopher Brasher's**
■ **Sporting Emporium,**
The Causeway,
Teddington, Middlesex,
TW11 0HE. Tel: 01-943 0239
- **Cobra Sports Shoes,**
■ 394 Kings Road, Chelsea,
London SW10. Tel: 01-352 3995
- **Cobra Sports,**
110 Westbourne Grove, London W2.
Tel: 01-221 3733
- **Ealing Sports Centre,**
7 The Mall, Ealing, London.
Tel: 01-579 6536
- **Stan Eldon Sports Ltd.,**
St. Martins Centre, Church Street,
Caversham. Tel: 0734-581722
- **Fairplay Sports,**
194 Kingsome Road, West Ewell,
Surrey. Tel: 01-394 2874
- **Rickard Filby Sports,**
10 St. Georges Walk, Croydon, Surrey.
Tel: 079-17 61727
- **Ron Fox Sports,**
14A High Street, Shoreham-by-Sea,
Sussex. Tel: 079-17 61727
- **Robert Ingle Sports Ltd.,**
158 High Street, Watford, Herts.
Tel: 0923-21321
- **K. G. Sports,**
■ 29 Winslade Way, Catford,
London S.E.6. Tel: 01-690 7324
- **Kim's Sports,**
6 Wellington Way, Waterlooville,
Hants. Tel: 070-14 4210
- **Mick McNeil Sports,**
15-16 Sussex Street, Cambridge.
Tel: 0473-55271
- **Mick McNeil Sports,**
3 Whitting Street, Bury St. Edmunds,
Suffolk.
- **Norkit Sports,**
■ 166 Windmill Street, Gravesend,
Kent. Tel: 0474-61730
- **Reigate Sports,**
19 Church Street, Reigate, Surrey.
Tel: 073-72 40991
- **David Rose Sports,**
97 Dyke Road, Brighton, Sussex.
Tel: 0273-26362
- **Runner & Racquet,**
1A Woodsome Road, Highgate,
London NW5. Tel: 01-267 1372
- **Sports Centre,**
8 Medway Street, Chatham,
Kent ME4 4HD. Tel: 0634-47055
- **Sports Set,**
43 High Street, Kingston upon Thames,
Surrey. Tel: 01-549 3199
- **The Sports Centre,**
3 Stanhope Road, Deal, Kent.
Tel: 030-45 61088
- **Wisdens (Hastings),**
■ 1/2 Trinity Street, Hastings, Sussex.
Tel: 0424-421240

Wisdom Sports Ltd.,
103 South Road, Haywards Heath,
West Sussex. Tel: 0444-51370
Woodruff & Son,
245 Broadway, Bexleyheath, Kent.
Tel: 01-303 1184

SOUTH WEST

- **D. P. Freeman,**
16 Nelson Street, Bristol 1.
- **John Henderson Sports,**
12 Union Street, Bristol 1.
Tel: 0272-667941
- **Terry Warner Sports,**
Commercial Road, Swindon, Wiltshire
Tel: 0793-34270
- **Terry Warner Sports,**
1 St. Aldate Street, Gloucester.
Tel: 0452-27912
- **Terry Warner Sports,**
265 High Street, Cheltenham, Glos.
Tel: 0242-519722
- **Webber & Sons,**
79-81 Queen St., Exeter, Devon.
Tel: 0392-74975

MIDLANDS

- **G. A. Bradley,**
188 Sutton New Road,
Erdington, Birmingham.
Tel: 021-350 2796
- **"Cornsports",**
1A Cornmarket, Worcester.
Tel: 0905-25097
- **C. G. Davies & Son,**
46 Smithford Way, Coventry, CV1 1FW.
Tel: 0203-28436
- **Field Sports,**
Shot Tower Corner, The Marledge,
Derby. Tel: 0332-40503
- **Hereward Sports,**
16-17 Hereward Centre, Peterborough,
Cambridge. Tel: 0733-63700
- **Alan Hopkins Sports,**
784 Bristol Road, Selly Oak,
Birmingham, 29 6NA.
Tel: 021-472 5775
- **Harry Parkes,**
159 Corporation Street, Birmingham 4.
Tel: 021-236 5476
- **Slatter Sports,**
38 Rother Street,
Stratford-upon-Avon,
Warwickshire.
- **Solihull Sports Service,**
74 Drury Lane,
West Midlands, B91 3BH.
Tel: 021-705 4980
- **Sportsmart (Leicester) Ltd.,**
94 London Road, Leicester.
Tel: 0533-556606
- **Touchwood Sports,**
■ 107 St. Aldate's, Oxford.
Tel: 0865-725220
- **Traks Sports Footlocker,**
50 Bridlesmith Gate, Nottingham,
NG1 2GP. Tel: 0602-54715

NORTH

Jim Alder,
6 Manchester Street, Morpeth,
Northumberland. Tel: 0670-55227
Big Brown Boots,
51 Leopold Street, Sheffield 1.
Tel: 0742-21933

- **Big Brown Sports,**
The Challenge Precinct,
Ecclesall Road, Greystones,
Sheffield 11. Tel: 0742-663825
- **Centre Sports,**
40 Woodhouse Lane, Leeds 2.
Tel: 0532-31024
- **Dixon Sports Ltd.,**
25/27 High Friars, Eldon Square,
Newcastle upon Tyne.
Tel: 0632-22764 and 612809
- **Four Seasons,**
115-117 Northumberland Street,
Newcastle-upon-Tyne.
Tel: 0632-29018
- **Terry Loneragan Sports,**
Rydal Bank, Wilton Road, Ilkley,
LS29 9PG. Tel: 0943-601581
- **T. Y. McGurk Sports Ltd.,**
■ 295 Sunderland Road,
South Shields, Tyne & Wear.
Tel: 0632-561464 & 566235
- **T. Y. McGurk Sports Ltd.,**
■ 19A Crowtree Road, Sunderland,
Tyne & Wear. Tel: 0783-41833
- **Olympic Arena,**
■ 7 Exchange Buildings, South Parade,
Whitley Bay, Tyne & Wear.
- **Vince Regan, The Sports Locker,**
18 Corporation Street, Bolton, Lancs.
Tel: 0204-386202 (Day)
0204-655566 (Night)
- **Running Feet,**
49 Bishopston Lane, Stockton-on-Tees,
Co. Cleveland. Tel: 0642-69087
- **Running Wild,**
■ 148-150 Market Street, Hyde, Cheshire.
Tel: 061-366 9191
- **The Sporting Foot,**
51 New Briggate, Leeds 1.
Tel: 0532-460279
- **Waterside Adventure Sports,**
■ Waterside, Kendal, Cumbria.
Tel: 0539-21001

WALES

- **Phoenix Sports,**
■ 5 Heol y Deri, Rhiwbina, Cardiff.
Tel: 0222-691158.

SCOTLAND

- **Finbro Sports,**
371/373 Dumbarton Road,
Glasgow G11. Tel: 041-339 4440
- **Runsport,**
97 Bampton Street, Stirling.
Tel: 0786-70694



All shops listed (except Centre Sports, Leeds) stock Model 375.

Shops also stock XC15 are marked ■ Shops stocking 620 are marked ■

Fleetfoot

Letters

LAP TIMES IN TRACK EVENTS

Dear Sir,

I was delighted to read the letter from Rick Hemmings, strongly supported by Jimmy Green, because I had suspected that for many years I had been conducting virtually a one-man campaign on this issue. I should like to relate a little of the history of the problem as I know it.

In the good old days with the 440y track as standard, it was simple for the timekeepers to give complete lap times in front of their stand for all events except the steeplechase. When we went metric, however, it meant that only in the 800 and 10,000m could the times be usefully given at this point. For the 1500, 5000, steeplechase and some of the walks it was necessary for somebody to be despatched from the home base for this purpose. It was at that time that certain top timekeepers instituted a campaign to "educate" the competitors into learning what their times ought to be at points such as 300, 700 and 1100m in the 1500 for instance!

As Senior Coach I found this totally unacceptable and have pointed out many times that not only do all distance runners get drilled in their training into knowing their splits at multiples of 400m, but, furthermore, the whole

history of great races provides the statistics in splits only at the starting point, as no doubt the track nuts will confirm.

The current AAA rule on the subject (112 (4) and 5)) indicates that lap times must be given and recorded (but does not stipulate WHERE) and adds that they can be given ONLY by an appointed timekeeper. It is quite usual for athletes about to compete in a race starting on the back straight to ask the nearest top official, usually the starter, whether lap times can be given at this point, and if the reply is in the negative an argument usually ensues which, surely, must be detrimental to performance. I have even known competitors to refuse to start until the matter has been resolved to their satisfaction. It has infuriated me as AAA Chief Starter that even in international matches I have had to give the official reply, only to find that foreign coaches have assembled at that point and are calling times in their own languages with no action being taken against them.

To be fair, however, I should like to point out that I have an excellent relationship with most Chief Timekeepers who, knowing my feelings, will often tell me that they are short of timekeepers and so if I can get a marksman or marshall to start my watch, they would welcome my calling all lap times at the starting point. Incidentally, in several years of doing this, I have experienced only one occasion when the majority of the competitors have declined my offer.

BA (Combined Studies) Sports Studies

A valuable CNA A degree designed to provide you with an opportunity to gain a valuable Science qualification and at the same time develop your sporting activities.

There are three equally important elements:

1. SPORT
2. SPORTS SCIENCE

3. ELECTIVE SCIENCE

(one from either Biology, Physics and/or Chemistry, or Psychology).

Entry requirements are 2 'A' levels, one of which should be a physical or life science, maths or psychology, plus a proven sports record.

BEC Higher Diploma Business Studies and Diploma in Sports Coaching

A new way of combining sport with a vocational training leading to a valuable qualification, useful in many employment situations, both in a recreational or industrial environment.

One 'A' level required for entry and there is practical industrial and/or recreation training as part of the course.

Our own record of sporting achievement is very significant and our facilities are numbered amongst the best in the UK.

Situated in the beautiful Cheshire countryside, accommodation is available and social amenities are first rate.

For further details and an application form for both courses, contact the Academic Office (Admissions), Crewe + Alsager College of Higher Education, Crewe, Cheshire. CW1 1DU Tel: Crewe (0270) 583661



Crewe + Alsager College of Higher Education

Usually I get thanked for the additional duty.

Now, however, the affair has taken a more sinister turn, because at the Southern Officials Conference on February 3rd, 1980, the timekeepers passed a resolution that lap times were in future to be given ONLY at the finish line. I raised the matter at the BAAB Senior Officials Conference on March 9th but page 26 of the report confirms that I was unsuccessful. Briefly, we were told that the athletes wanted the times at the finishing line and that they would only get confused if they sometimes got them from either place! Furthermore, at a big meeting, unless there was a full complement of 26 timekeepers, it was difficult to detach one for this purpose and the recent decision of the BAAB to appoint fewer timekeepers to their meetings would make the situation more difficult.

I have every sympathy with Rick Hemmings but the fact of the matter is that he was dealt with correctly under the rules and we must abide by that and all such decisions by our constituted authority. I would add to the comments of Jimmy Green, moreover, that I just do not believe that the Southern decision was taken in deference to the views of the athletes. Rubbish!

In my opinion the solution to the problem is to alter the AAA rule so that Chief Timekeepers are authorised and recommended to appoint one official to call lap times at the starting line where this differs from the finish line and where the Chief Timekeeper is unable to detach a qualified timekeeper from his team for any reason. Surely the AAA and BAAB could appoint an additional low grade local official with a loud voice to perform this duty at their promotions with no additional expense involved? In any case, the self-given power of the Southern timekeepers to forbid absolutely the giving of lap times at a point where the bulk of the competitors wish them to be given should be removed forthwith.

Ron Jewkes,
Ickenham

THROMBOSIS

Dear Sir,

With reference to the letter from Peter McElroy and the reply by the specialist in your March 22nd issue, I am at this moment sitting out a similar type of injury. I am a 37-year-old pre-veteran runner and specialise in the quarter-mile, personal best 51.4 this season.

As I started my cross-country build-up this year my left inside thigh from groin to knee came out in hard lumps, red swelling and pain. Every attempt at running simply made it worse. I immediately contacted a vascular surgeon who diagnosed phlebitis of the vein which runs from groin to foot—the vein which pregnant women sometimes have removed after carrying for cosmetic reasons. When this vein is removed through either knotting or discomfort, the blood

flow is improved through the main return vein deep in the calf. I am having the operation done in two weeks, as sitting on my rump is driving me mad!

Keep up the great magazine.

Dave Earnshaw,
Auckland, N.Z.

FORD SHOULD HAVE RUN TRIAL

Dear Sir,

I was amazed to read that Bernie Ford was hoping his marathon time in a race in December would gain him selection to the Olympic team. Admittedly I'm only a scrubber but I do know — like the Olympic selectors, I hope — that courses and conditions vary immensely.

It seems only fair, therefore, to have a selection race to pick the best three. Who can tell whether Bernie's 2:10 was better than Ian Thompson and Dave Black's 2:14's or Andy Holden's 2:15? Perhaps these three or others might well have run faster in Fukuoka given the opportunity.

Conditions for this year's AAA race were very likely far more difficult than the race in Japan in last year, so times seem unimportant. What seems more important is that Thompson, Black, and Holden were the best three in the national championship; they ran magnificently and deserve to go to Moscow.

I have nothing against Bernie Ford. He is a superb athlete but I think he should have run the trial to prove his superiority against home opposition **this year**.

R. Macey,
Verlea AC.

DISILLUSIONED YOUNG ATHLETE

Dear Sir,

You will see from the dateline on my letter that I am writing this on the Friday evening (May 23rd) immediately prior to the Inter-Counties Championships weekend. I am writing, as a club coach, to express my opinion on the need to keep politics out of athletics but, before this joins the many letters you will have received on the Moscow issue and which will be languishing on your editorial spike, may I make it clear that I write on the political issue of Ovett v Coe, or rather Ovett not v Coe.

5th Annual WHITNASH CARNIVAL 4¼ MILE ROAD RACE

(Under A.A.A. Laws)

From The Whitnash Community Centre,
Acre Close, Whitnash

Saturday, 28th June, 1980, 4 p.m.

Prizes valued at 1st £10, 2nd £5, 3rd £3, 1st Vet £4.

Entries: 40p made payable to The Whitnash Carnival and SAE by 25th June, to Mr A. J. Hall, 38 Heathcote Rd., Whitnash, Leamington Spa, Warks. CV31 2NF.

Amongst many young athletes I coach is Kevin Rogers of Rotherham H, who recently won his first Yorkshire senior title, and was subsequently selected to represent his county over 800m at the Inter-Counties meeting. He has heard this evening, literally at the eleventh hour, that he will not now be competing, the reason being that Steve Ovett has come into the Sussex squad at the last moment to compete in the mile, Seb Coe has — and rightly so in my opinion — opted out of the nonsensical confrontation with him, and Geoff Clarke (the Yorkshire secretary) has been left with little or no option but to include Coe at 800m, no doubt, to quote yourselves "to bring back some of its previous glory" to this meeting, and to keep faith with Sebastian.

The net result of all this being that I am left with an extremely disillusioned young athlete who is mentally shattered by the trackside politics, having prepared himself for possibly the run of his career to date.

Bill McRobb,
Sheffield.

There were rumours at Birmingham that Ovett would run in the mile, but at no time was he listed as a starter — Ed.

PURSUIT OF SUCCESS

Dear Sir,

May I add to Cliff Temple's excellent chapter on young athletes cross-country and road racing a plea that serious consideration be given to the abolition of age group championships, particularly at national and area level. The pressures created for the sport by the pursuing of success by parents and precocious youngsters, in my opinion, have a detrimental effect on the sport.

Swanage Regatta & Carnival Assoc.

7th Annual

SWANAGE 12 ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 2nd AUGUST, 1980

Start 2.30 p.m.

Entry Fee: 35p, Team entry 35p (4 run, 3 score).

Entries, by 28th July, to: Mrs J. Brown, Streche House, Streche Road, Swanage, Dorset. Tel. 4189.

TORBAY ATHLETIC CLUB

20Km OPEN ROAD RACE

Sponsored by

Whitehill Garages, Torquay's Renault Dealers

SUNDAY, 27th JULY, 1980

Over £100 prizes: Inds. + 1st 3 Teams (4 score), 1st 3 Vets & Vets Team + 1st 0/50 Ind.

YOUTHS 4 MILE ROAD RACE

Inds. + 3 team prizes (3 score).

Entry: 50p, by Monday, 14th July. 20% discount for teams over 4 entries. Double entry fee on the day. Free entry if you buy a New Renault!

Details (SAE): Clyde Mills/Barry Knight, Whitehill Garages, Barton Road, Torquay, Devon. Tel. (0803) 39444.

Athletics in the age range 11-16 would best be served by all schools supporting the Five Star Award Scheme and having perhaps 6-8 cross-country races during the winter. About 16 is early enough for athletes to join athletic clubs and start serious training.

Terry Haines,
Gloucester.

TRIBUTE TO BILL SHILLIBEER

Dear Sir,

It is difficult to express the loss that I'm sure a great many fellow athletes will share with me at the death of Bill Shillibeer. I'm sure that many would be able to express it better than I, but I feel I must write and pay tribute to a man who did so much to 'keep me going'. I competed in the Commonwealth Games in New Zealand in 1974 as a member of England's 4 x 400 relay team, and on return did something very painful to my achilles tendon in training. Bill was the only person who seemed interested in helping me in any way. It took a long time but he found a surgeon who was prepared to operate on my achilles tendon and when, two years later, on the verge of a comeback I did exactly the same (but worse and on the other achilles tendon) I turned to Bill straight away and almost immediately managed to get it operated on. Throughout the many months I was unable to run, Bill seemed to sense the frustration that I felt and made me keep fit in various other ways.

Bill was a major source of encouragement to me to keep trying. "I'll get you to Moscow yet, Sue" he said. He didn't expect to be there himself but he did expect to watch it on television.

I'm sure I'm not the only person who owes Bill Shillibeer a great deal. He really cared about us athletes. Whatever the standard of an athlete he was never too busy to give advice or to 'fit you in' if treatment was necessary.

All I can say is 'Thanks Bill—because of you I'll never give up! I don't think I'll be in Moscow but all the time I've got two legs I'll never give up'.

Sue Smith (née Pettett),
Havering & Tonbridge AC.

Ron Gibbard, fixtures sec. of Charnwood AC has moved to 74 Saxon Way, Owthorpe Road, Cotgrave, Nottinghamshire, NG12 3NX (Tel: 0602 899948).

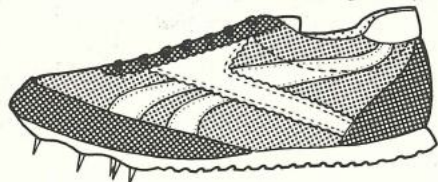
Oxford University AC secretary: N. Fellows, St. Peters College, Oxford.

Michelle Allott's 28.8 for the 200 hurdles at the Yorkshire Champs at Cudworth on May 17th was a new UK age-14 best.



The Sports Centre

Specialists in Athletic Clothing & Footwear



REEBOK SPIKES

Omega	3-5 1/2	£14.25 (£15.80)
	6-11 1/2 (incl. 1/2's)	£16.40 (£18.20)
Orbit	3-5 1/2	£15.10 (£16.80)
	6-12 (incl. 1/2's)	£17.40 (£19.35)
Inca S	5, 5 1/2	£22.65 (£25.20)
	6-11 (incl. 1/2's) & 12	£26.10 (£28.99)
Inca W	5, 5 1/2	£23.58 (£26.20)
	6-11 (incl. 1/2's)	£26.99 (£29.99)

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

NEW — FROM ADIDAS

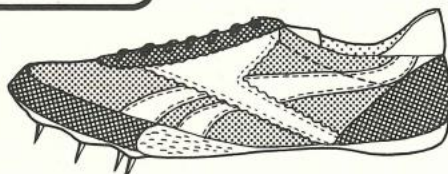
TRX Trainer	6-11 (incl. 1/2's)	£17.55 (£19.50)
-------------	--------------------	-----------------

ADIDAS SPIKES

Tokyo	8, 8 1/2, 9 1/2 only	£28.57 (£31.75)
NEW Mariner	3 1/2-5 1/2	£14.75
	6-12 (incl. 1/2's)	£16.99
Long Jump	7-9 1/2	£30.75 (£34.15)
Intervall II	6 1/2, 8, 9, 10	£14.39 (£15.99)

NIKE

Americas	5, 5 1/2	£18.75 (£20.85)
	6-11 (incl. 1/2's) & 12	£21.59 (£23.99)
Vainqueur	5, 5 1/2	£28.65 (£32.19)
	6-11 (incl. 1/2's) & 12	£32.90 (£36.99)
Triumph	6, 7 1/2, 8 1/2, 9 1/2, 10, 10 1/2	£20.25 (£22.50)
	11, 12	
Nike Elite	8, 8 1/2, 9 1/2, 10, 12	£25.19 (£27.99)
Nike L.D.V.	7, 9 1/2, 10, 10 1/2, 11	£26.99 (£29.99)
Nike Waffle Trainer	6, 6 1/2, 7 1/2, 8, 10, 12	£19.79 (£21.99)



REEBOK SHOES

Aztec	6-12 (incl. 1/2's)	£20.40 (£22.70)
Freedom of the City	6-12 (incl. 1/2's)	£16.10 (£17.90)
Orient Express	6-11 (incl. 1/2's)	£10.99 (£12.25)
Gazelle	9 1/2, 10 1/2, 11 only	£18.45 (£20.50)

★ ★ ★ ★ ★ ★ ★ ★ ★ ★

PUMA

Supersonic — The lightest running shoe ever tested by Runners World, only 175 grams. Nylon uppers. Microcellular through sole and heel wedge, with natural gristle sole. Sizes 6 1/2, 7 1/2, 8 1/2, 9 1/2, 10 1/2 at the moment. Price £21.50.

ACCUSPLIT

Accusplit 760 Stopwatch	£57.73 (£64.14)
Accusplit 740 Stopwatch	£47.54 (£52.82)
Accusplit 735 Stopwatch	£37.08 (£41.20)
Accusplit 725 Stopwatch	£32.79 (£36.43)
Accusplit 705 Stopwatch	£27.30 (£30.33)
Accusplit ET925 Ladies and Gents wrist stopwatch	£61.72 (£68.58)

SHOE BAGS

Puma Spike Bag — green/white	£1.99
Gola Spike Bag — orange/black	£2.65

ACCESSORIES

Easi-Heels shoe inserts	£1.65
Shoe Patch	£2.15



New Balance 620
New Balance 375
New Balance XC15

5 1/2	£28.65	6-12	£32.95
5 1/2	£21.70	6-12	£24.95
5 1/2	£22.60	6-12	£25.95

All sent post free as soon as order is received. Please write name and address in block letters and always send foot outline for shoes to ensure perfect fit. Goods exchanged (postage must be sent) if returned in new condition within 7 days.

8 Medway Street, Chatham, Kent ME4 4HD
Telephone (0634) 47055



DARTFORD HARRIERS

Announce the Fourth Annual

DARTFORD HALF-MARATHON AND LADIES HALF MARATHON

(Under A.A.A., W.A.A.A. & R.W.A. Laws)

on

**SATURDAY,
2nd AUGUST, 1980
at 2.30 p.m.**

from

**THAMES POLYTECHNIC
(DARTFORD COLLEGE)
Oakfield Lane, Wilmington,
Dartford**

Course Record 1979:

Dave Chettle (Aust. & Croydon H.) 63.28

MIN. PRIZE VALUES:**MEN: £300**

(First Place min. £50) — Prizes down to 10th individual.

First three teams (3 to score).

First 'B' team (outside first 3).

First three Vets O/40.

First Vet O/50.

First Vet O/60.

First Kent finisher outside first 10.

LADIES: (Subject to entry).

Prizes to first 3 & team.

Plus Special Promotional Gifts.

**ENTRIES NO LATER THAN
TUESDAY, 22nd JULY, PLEASE**

ENTRIES TO: Paul Hills,
32 Harold Road,
Hawley,
Dartford,
Kent DA2 7SA.
(Tel. Dartford 21397)

ENTRY FEES: Inds. 50p each (all entrants must pay this).
Team 50p each (4 run, 3 score).

Results In Brief

April 30th/May 1st**International Meeting, at Libourne (France).**

100/200: V. Martindale (Bris) 10.7/22.0.
800/1500: M. Coram (TVH) 1:56.1/3:58.8. 3000:
S. Anning (Bris) 8:38.6. 400H: 2, I. Willoughby
(Bris) 56.1; 4, J. Gingell (Bris-V) 58.5. HJ: P.
Madeleina (W'bury) 1.90. PV: D. Lease (Card)
4.30. SP: 1, B. Holden (Bris) 15.04; 2, C. Smith
(S&E) 13.36. JT: Smith 59.72. **(Women):** 100: 2,
E. Hurley (Bris) 12.2. 200: 2, K. Hurman (Bris)
25.6. 400: S. Smith (Bris) 56.6. 800: C. Bradford
(Cleve) 2:14.9. 100H: 2, S. White (Bris) 14.8. HJ:
D. Cooper (Bris) 1.75. JT: J. Hawkins (Bris)
38.24.

May 14th**Borough Road Col. 196; Crewe & Alsager Col.**

124; Cardiff Col. 57. 100: M. Owen (BRC) 11.0.
200: M. Fowell (C&N) 22.0. 1500: D. Clarke
(BRC) 3:53.0. 110H: L. Bovell (C&A) 15.9. PV:
1, G. Eggleton (BRC) 4.60; 2, C. Davies (C&A)
4.00. SP: M. Eyres (BRC) 14.24. JT: 1, S. Ladds
(BRC) 63.96; 2, D. Abernethy (C&A) 57.74.
4x100: 1, Borough Road 42.7; 2, Crewe & A
43.1. 4x400: Borough Road 3:22.4.

May 17th**Isle of Wight Marathon.** 1, J. Hurt (B'mth-V)

2:33:35; 2, I. Burgess (S&E) 2:35:05; 3, D. Case
(E&S-V) 2:39:23; 4, S. Holdsworth (Rug)
2:40:23; 5, G. Hawkes (Rug) 2:41:58; 6, P.
Whittaker (Long) 2:42:22; 7, C. Houghton (E&E)
2:42:26; 8, D. Parsons (B'mth) 2:43:26; 9, M.
Keough (B'stoke) 2:44:15; 10, G. Archer (Hill)
2:44:30. Teams: 1, Epsom & E; 2, Bournemouth;
3, Invicta. **(Women):** 1, L. Watson (LOAC)
3:11:09; 2, L. Kirk (Win) 3:32:02; 3, R. Paul
(Hermes) 3:42:53; 4, B. Norrish (B&H) 3:43:49.

May 18th**Fairfield Horseshoe Fell Race, at Ambleside.**

1, R. Wilde (Man) 1:12:51; 2, M. Short (Horw)
1:15:39; 3, H. Jarrett (Cumb) 1:16:02; 4, D.
Cartridge (Bol) 1:16:07; 5, G. Norman (Alt)
1:16:24; 6, R. Whitfield (Ken) 1:16:30; 7, R.
Aucott (Dark P-V) 1:16:48; 8, W. Bland (Kes)
1:17:15; 9, R. Wayne (Bing) 1:17:48; 10, J. Reade
(Clay) 1:18:31; 11, I. Holloway (Roch) 1:18:48;
12, G. Edwards (Bing) 1:18:54; 13, K. West
(W&B) 1:19:16; 14, K. Taylor (Ross) 1:20:15; 15,
J. Broxap (Kes) 1:20:53; 16, G. Mason (Barr)
1:21:08; 17, R. Ashworth (Ross) 1:21:25; 18, W.
Simmons (Barr) 1:21:50; 19, A. Trowbridge
(Dark P) 1:21:59; 20, W. Cooper (Man-V)
1:22:19. Teams: 1, Kendal; 2, Dark Peak; 3,
Keswick; 4, Rossendale; 5, Clayton-le-Moors; 6,
Horwich RMI. **(Women):** 1, J. Lochhead
(A&SV) 1:34:48; 2, P. Haworth (Kes) 1:35:40; 3,

V. Marot (York U) 1:38:37; 4, L. Lord (Clay) 1:46:25; 5, A. Bland (Kes) 1:50:23.

May 20th/21st

French Military Champs, at Fontainebleau. (RAF placings) 100: 2, E. Cutting 10.3. 200: 1, Cutting 21.4. 400: 3, S. Murphy 48.8 (48.5 ht); 6, B. Bailey 49.4 (49.1 ht); in hts: A. Williams 49.2, M. Delaney 49.5. 1500: 2, S. Rimmer 3:46.4. 400H: 5, M. Moloney 55.6. 4x400: 2, RAF 3:16.3. HJ: 3, C. Harris 2.00. PV: 6, N. Heal 3.80. LJ: 5, G. Hughes 6.81. TJ: 4, A. Leonce 14.16. HT: 7, P. Stark 54.26. Dec: 2, P. Edwards 6373; 3, C. Shiel 6004.

May 21st

SGIHE 154; Newport 148, at Cyncoed. 200: P. Smith (Newp) 22.0. 110H: T. Bidder (Gst) 15.5.

May 24th

Banstead Trophy Meeting, at Norbiton. PV: D. Hooper (Sy) 4.30. SP/DT: P. Edwards (Walton) 13.33/42.00.

Castell Dinas Bran '7', at Llangollen. 1, G. Helme (St. H) 34:39; 2, K. Best (Bol) 36:04; 3, D. Brennan (Warr) 36:14; 4, L. Roberts (B'ht) 36:22; 5, F. Pendlebury (Man-V) 36:25; 6, S. Willmott (Cann) 36:46; 7, M. Weston (Wrex) 37:14; 8, A. Law (Seal) 37:27; 9, I. Crilly (Seal) 37:29; 10, G. Entwistle (Man-V) 37:39; 11, W. Cooper (Man-V) 37:43; 12, D. Watson (Wirr-V) 38:17. (Juniors): 1, M. Kenyon (Sale) 15:59; 2, N. Hamilton (Sale) 16:20; 3, S. Kenyon (Sale) 16:45; 4, A. Gane (Sale) 16:59; 5, P. Prescott (Sale) 17:01; 6, G. Holmes (Sale) 17:18.

E. Surrey League, at Redhill. 200: D. Cocks (Croy) 22.3. SP: M. Gas-Pees (Sy. B) 13.59.

Northern League, at Middlesbrough. 200: W. Armstrong (Mor) 22.3. 800: 1, W. Wilkinson (Rown) 1:52.5; 2, S. Markley (M&C) 1:52.6. 3000SC: 1, Brown (Mor) 9:26.5. 400H: 1, McDonnell (S'port W) 56.0. TJ: D. Corless (S'port W) 14.06. JT: A. Hill (M&C) 58.50.

May 24th/25th

St. Luke's Decathlon, at Exeter. 1, P. Hallett (Yeo) 5204; 2, I. Michael (Exe. U) 5150; 3, T. Walhen (RN) 51.08. (Juniors): B. Jewers (B'stoke) 5331 (1.99). (Youths): 1, S. Chant 5292; 2, G. Richards (P'pool) 4616; 3, A. Hodgeson (Darl) 4568.

May 25th

Norwich Half Marathon. 1, M. Hurd (Watt) 65:38; 2, M. Fletcher (Chelm) 66:42; 3, M. Exton (Holb) 67:20; 4, R. Harrison (A&SV) 67:39; 5, R. Church (Nene V) 68:11; 6, M. Russell (Holb) 68:46; 7, R. Brewitt (Holb) 69:11; 8, P. Bryan (Hav) 69:29; 9, T. Hawes (North) 69:43; 10, S.

Surridge (Walt) 69:46; 11, W. McKim (North) 70:21; 12, B. Diss (Hav) 70:30; 13, S. Vines (Hav) 70:39; 14, C. Canton (E&S-V) 71:18; 15, V. Holman (North) 71:36. Teams: 1, Holbeach 14; 2, Havering 24; 3, Nene Valley 27; 4, RAF Wattisham 41; 5, Chelmsford 41; 6, Norfolk Olym. 51. (Vets): 1, Canton; 2, R. Campbell (Ex. B) 72:06; 3, S. Faris (Norf) 72:38. (Women): 1, G. Adams (AF&D) 77:07; 2, C. Gould (Barn-V) 80:06; 3, L. Tonner (Swin) 88:46; 4, D. Taylor (Barn-V) 89:48.

Isle of Man '40'. 1, A. Johns (SLH) 4:13:05; 2, M. O'Brien (Wrex) 4:17:58; 3, S. Kelly (Manx) 4:20:01; 4, J. Watkins (SLH) 4:23:14; 5, D. Francis (Fife) 4:23:45; 6, W. Humphreys (SLH) 4:26:32; 7, D. Hayward (Bris) 4:32:59; 8, J. Towers (Humb) 4:37:19; 9, R. Meadowcroft (Sal) 4:40:25; 10, M. Shiels (Chelm) 4:43:35. Teams: 1, S. London 8; 2, Manx 16.

Perkins/Deeping Trophy Meeting, at Peterborough. HJ: K. Eve (Peter) 1.95. (Youths): 800: T. Jarman (Peter) 1:57.0 JT: J. Pickering (Cor) 56.52. (Women): 400H: J. Lindsey (S&NH)

NORTH DEVON TRACK & FIELD CLUB AND THE LIONS CLUB OF BIDEFORD present

BIDEFORD SPORTS & TORRIDGE '6' ROAD RACE & LADIES '6' ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

at Bideford Sports Ground (300m Grass Track)
SUNDAY, JULY 13th, 1980, 10.30 am

Girls (9-11) 100m, 300m
Boys (9-11) 100m, 300m
Girls (11-13) 100m, 600m, 3x100m Relay
Boys (11-13) 100m, 600m, 3x100m Relay
Jnr. Ladies (13-15) 100m, 600m, 3x100m Relay
Boys (13-15) 100m, 600m, 3x100m Relay
Int. Ladies (15-17) 100m, 1500m
Youths (15-17) 100m, 300m, 1500m
Ladies 100m, 300m, 600m
Mens Open 100m, 300m, 600m, 1000m Relay
(1x100m, 1x300m, 1x600m), 3000m Walk (inc. Devon County Champs.), High Jump.
(All ages as at midnight August 31st, 1980)

TROPHIES AND PRIZES

Entry Fees: 30p each event, 40p relays.

THE TORRIDGE '6' ROAD RACE

1st 6 Ind., 1st Vets O/40, O/45, O/50. 1st Team, any number to enter, the 1st 3 in count as team. One team per club only to count. 1st Ind. The Bideford Tool Cup, replicas 1st 3. 1st Police (Devon & Cornwall) The Kirkham Trophy, replicas 1st 3. 1st Team The North Devon Track & Field Cup.

Entry Fee: 40p

Start 3.30 p.m.

LADIES '6' ROAD RACE

1st 3 Individuals, 1st Individual The Ladbroke Cup.

Entry Fee: 40p

Start 3.35 p.m.

CLOSING DATE BOTH EVENTS JUNE 28th

Late entries will not be accepted

Entries to: F. R. Hartas, 28 Tennacott Heights, Bideford, N. Devon. (Tel: Bideford 6835).

67.2. LJ: D. Gray (Norf) 5.64. JT: 1, E. Tinkler (Nene V) 38.56; 2, G. Brister (Norf) 35.84.

May 26th

McJannet Women's Relay Meeting, at Ashton Playing Fields. 4x100: Bracknell 48.9. 4x200: 1, Ilford 1:42.1; 2, Bracknell 1:42.5. 4x400: Essex Ladies 3:58.5. 3x800: 1, Thurrock 6:48.9; 2, Ilford 6:49.7; 3, Havering 6:50.5. (Inters): 4x100: 1, Haringey 49.8; 2, Hillingdon 50.5. 4x200: Haringey 1:45.6. (Juniors): 4x100: 1, Essex Ladies 50.0; 2, Bracknell 51.0; 3, Haringey 51.2. 4x200: 1, Essex Ladies 1:46.3; 2, Bracknell 1:47.7. 3x800: 1, Thurrock 7:18.1; 2, Havering 7:25.9.

Faversham 17km. 1, J. Wigley (Inv) 53:24; 2, M. Gratton (Inv) 54:05; 3, G. Ogden (High) 55:09; 4, R. Lawrence (Inv) 56:23; 5, M. Carey (Ex. B) 57:12; 6, B. O'Gorman (B'ht-V) 57:46; 7, M. Knapp (Inv) 58:17; 8, J. Wilkins (Inv) 58:27; 9, C. Woodcock (Hast) 58:40; 10, P. Millard (Hast) 58:48; 11, A. Jones (Camb. H-V) 59:12; 12, G. Clarke (Bris) 59:14; 13, M. Kortenray (HW) 59:15; 14, R. Harding (Inv) 59:21; 15, R. Maddock (Walton) 59:23; 16, N. Griffith (SLH) 59:42; 17, F. Upcott (SLH) 60:11; 18, R. Williams (Fav) 60:18; 19, D. Williams (Sy) 60:39; 20, P. Mullervy (Ell) 60:56. Teams: 1, Invicta 7; 2, Invicta 'B' 29; 3, Blackheath 59; 4, S. London 70; 5, Elliott 71; 6, Hercules Wimbeldon 82. (Vets): 1, O'Gorman; 2, Jones; 3, M. Rosbrook (Bas) 62:58.

May 27th

Invitation Events, at Southampton. (Women): 200: V. Lemoignan (S&E) 25.2. 400: 1, L. Keough (B'stoke) 54.4; 2, C. Williams (Ports) 56.4; 3, C. Dawkins (S&E) 56.9. 800: 1, T. Rashford (Ports) 2:15.0; 2, L. Lewis (S&E) 2:16.0; 3, H. Stringer (Fare-I) 2:17.0.

May 28th

Young Athletes Open Meeting, at Bedford. (Youths): 1500SC: A. Deely (Hales) 4:35.4. HJ/SP: M. Jennings (C&C) 1.90/13.97. DT: 1,

R. Stapleton (Bed) 46.70; 2, N. Boyton (B&W) 45.80. JT: 1, D. Messom (QPH) 58.86; 2, J. Pickering (Hallam) 54.30. (Boys): SP/JT: C. Franks (Ox. C) 12.88/38.20. (Inters): 1500: E. Jones (Cov) 4:49.2. HJ: 1, C. Liquorish (S&C) 1.68; 2, P. Lambert (Bed) 1.61. SP: 1, D. Bushnell (Chelm) 11.88; 2, A. Grosvenor (Ten. HS) 10.04. DT: 1, Bushnell 39.34; 2, S. Wright (Bed) 31.22. JT: 1, J. Dawkins (Beav. S) 38.38; 2, K. Parsons (Unatt) 34.44; 3, L. Grantham (Bed) 33.30. (Juniors): 200/SP: G. Quailley (Bed) 25.8/11.65. HJ: S. Webb (Hales) 1.55. DT: 1, K. Pugh (Nun) 33.70; 2, S. Evans (S&C) 30.04; 3, M. Dengel (Bas) 29.10. JT: G. Major (Hallam) 33.14. (Girls): 800: L. Carter (Mit) 2:25.1.

Fleet St. Bridges Race, at Blackfriars. Fastest: P. Brenchley (Inv) 13:29; G. Harrold (Enf-V) 13:38; A. Etchells & M. Etchells (Ilf) 13.57.

City of London Poly 2 3/4M Road Race, at Tower Hill. 1, P. Bryan (Hav) 12:52; 2, D. Williams (Sy) 13:17; 3, R. Goad (Bas) 13:47.

June 1st

Northern Women's League, at Stretford. 400/800: A. Creamer (Roth) 58.2/2:09.8. 3000: S. Gaskell (Long) 10:15.9. 400H: S. Newbold (A&SV) 67.4. SP/DT: J. Whitmarsh (Pilk) 11.55/37.16. (Inters): 200H: J. Stoddart (Long) 30.8. SP: G. Burns (Pilk) 10.90. (Juniors): 800: 1, A. Gibson (Long) 2:16.6; 2, H. Bent (Roth) 2:19.6; 3, A. Pendlington (Pilk) 2:19.9.

NORTHERN CAA FELL RUNNING CHAMPS

At Honister, May 24th

1, W. Bland (Keswick) 2:03:50
2, M. Short (Horwich RM) 2:05:08
3, H. Jarrett (Cumberland) 2:14:04
4, A. Styan (Holm) 2:16:55; 5, R. Whitfield (Ken) 2:17:04; 6, D. Lee (Cumb) 2:18:27; 7, I. Holloway (Roch) 2:18:46; 8, S. Bland (Kes) 2:19:46; 9, J. Broxap (Kes) 2:20:19; 10, D. Cartridge (Bol) 2:21:37; 11, A. Bland (Kes) 2:22:15; 12, M. Garratt (Mand) 2:22:29; 13, D. Booth (Dark P) 2:22:40; 14, P. Haines (Mand) 2:22:48; 15, J. Blair-Fish (Dark. P) 2:23:27; 16, J. Naylor (Cumb-V) 2:24:34; 17, A. Darby (Sale) 2:25:30; 18, J. McGee (Cumb) 2:28:21; 19, D. Lamond (Kes) 2:29:46; 20, K. Taylor (Ross) 2:30:31; 21, R. Barnby (Kes) 2:31:06; 22, G. Berry (Dark P) 2:31:12; 23, A. Hulme (Alt) 2:32:17; 24, J. Reade (Leeds P) 2:32:44; 25, P. Carmichael (Mor-V) 2:33:26; 26, D. Overton (Ken) 2:33:50; 27, J. Carlin (Dark P) 2:33:56; 28, I. Robinson (Clay) 2:35:00; 29, D. Jewell (Dark P-V) 2:35:05; 30, N. Matthews (Horw-V) 2:35:46. Teams: 1, Keswick 18; 2, Cumberland 25; 3, Dark Peak 50. (Juniors): 1, R. Wayne (Bing) 1:05:37; 2, A. Sunter (Horw) 1:07:05; 3, C. Valentine (Kes) 1:07:36; 4, I. Rawlinson (B&F) 1:08:11; 5, N. Weaver (Clay) 1:09:26; 6, S. Livesey (Clay) 1:10:47.

THE ANNAN 12

Under SAAA & SWAAA Laws

Seniors, Ladies & Vets

SATURDAY, JULY 5th, 2 pm Prompt

ALSO NEW EVENT

THE ANNAN MILE

3.30 Prompt — For Men Only

GOOD PRIZES — GOOD CROWD

Entry Fees: Both events 50p.

All entries to: R. E. Ogilvie, 64 Wood Avenue, Annan, Dumfriesshire. Registration: Annan Academy.

ACCUSPLIT

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
THE UNBEATABLE MEMORY STOPWATCHES
 ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

When time is important **DON'T WASTE IT**, contact PGR sports service, our stopwatch range will cover your athletic requirements for

TIMEKEEPING — COACHING — TRAINING

From single event timers to the unbeatable range of memory stopwatches, like the 760 model, probably the most popular type of stopwatch used in athletics today.

They have been tested over a twelve month period by **ALLAN TOMKINS**, Chief Timekeeper, with the following comment—

"PGR ACCUSPLIT REPRESENT A NEW PLATEAU OF ACHIEVEMENT IN THE STOPWATCH FIELD"

And used by **CHARLES TAYLOR**, B.A.A.B. Senior Event Coach, with the recommendation—

"FOR PRACTICAL COACHES, THESE STOPWATCHES ARE A MUST"

B.A.A.B. National Coaches:
MALCOLM ARNOLD
BRUCE LONGDEN
KELVIN GILES



When it's time to choose a stopwatch, contact PGR sports service, the Specialist Distributors for Accusplit stopwatches and Photocell timing equipment in the UK.

TELEPHONE 0792-464934 or 461069

PGR 176 Hanover Street, Swansea SA1 6BP, UK.

The Time Keeping Specialists

UK Distributors for Accusplit, the best stopwatch ever.

GRE British League, Div 3**Super Show from Barrington Williams**

AN AMAZING all-round performance from Barrington Williams helped Sheffield to fourth place in a GRE British League Third Division match won by Brighton and Hove at Crystal Palace on May 24th. He began with a win in the 100m, following that with a 7.28m winning leap in the long jump. Then he finished second to Poly's Trevor Whittle in the high jump — William's first ever attempt at the event — at 1.90m. Next he won the triple jump with 14.60m, and followed up by anchoring the Yorkshire club to victory in the 4 × 100 relay!

After a close points struggle which had involved Epsom and Ewell, host club Brighton and Edinburgh Southern, the South Coast club forged ahead in the closing events and atoned for their fifth placing in the first round in Edinburgh with this victory.

David Groves

Brighton & H 237; Epsom & E 229; Edinburgh Southern 218; Sheffield 197; Woodford Green 187; Polytechnic 181.

100: (A): 1, B. Williams (Sheff) 10.7; 2, I. Loftman (W. Gn) 10.8; 3, J. Wilson (ESH) 10.8; 4, R. Key (B&H) 11.0. (B): P. Lavender (E&E)

11.0. **200:** (A): 1, A. Parker (B&H) 21.7; 2, R. Ashton (Poly) 21.9. (B): R. Key 22.1. **400:** (A): 1, S. Devine (ESH) 49.3; 2, K. Raymond (Poly) 49.7; 3, D. Blackman (W. Gn) 49.9. (B): P. Key (Poly) 49.7. **800:** (A): 1, C. Bigg (B&H) 1:52.1; 2, P. Norgate (E&E) 1:52.9. (B): 1, A. Layfield (E&E) 1:53.1; 2, B. Hawkins (B&H) 1:53.7. **1500:** (A): 1, D. Crowe (B&H) 3:48.4; 2, B. Attwell (E&E) 3:51.1; 3, G. Reynolds (Sheff) 3:51.2; 4, M. Smith (Poly) 3:52.3; 5, I. Orton (ESH) 3:54.0. (B): 1, A. Bristow (B&H) 3:51.2; 2, A. Nicholson (E&E) 3:53.6. **5000:** 1, A. Hutton (ESH) 14:00.8; 2, P. Magner (E&E) 14:26.4; 3, M. Benn (W. Gn) 14:32.7. **3000SC:** (A): 1, K. Harkness (ESH) 9:11.4; 2, D. Frith (Sheff) 9:14.9; 3, M. Lassetter (B&H) 9:15.8; 4, C. France (E&E) 9:19.3; 5, J. Barnard (Poly) 9:23.5. (B): 1, A. Kuhn (B&H) 9:18.2; 2, A. Stedman (Poly) 9:29.7. **110H:** (A): 1, P. Barthropp (E&E) 14.7; 2, T. Clifton (W. Gn) 14.9; 3, H. Moscrop (B&H) 14.9. (B): A. Finnemore (B&H) 15.2. **400H:** 1, Devine 52.6; 2, Moscrop 53.2; 3, K. Currid (E&E) 53.4; 4, S. Hinchliffe (Poly) 54.6.

HJ: 1, T. Whittle (Poly) 1.95; 2, Williams 1.90; 3, R. Atun (W. Gn) 1.90. **PV:** (A): 1, J. Andrews (E&E) 4.20; 2, A. Ross (B&H) 4.20; 3, J.

RANELAGH HARRIERS**HALF
MARATHON****Open Road Race**

(Under A.A.A. & W.A.A.A. Laws)

At Effingham, Surrey

SATURDAY, 28th JUNE

at 3 p.m.

Sponsored by Calor Transport Ltd.

Prizes: first prize value £50, total value over £300. First ten individuals, first three Vets (O/40), first Vet (O/50), first three teams. Plus T-shirts. Ladies prizes according to entry — first prize minimum value £20.

Entries (maximum 250): 60p, to Steve Rowland, 53 Lark Avenue, Staines, Middlesex. Tel. Staines 59303. S.A.E. for acknowledgement.

Closing date Tuesday, 17th June
or when maximum reached

**BLACKPOOL & FYLDE A.C. CELEBRATE
THE CENTENARY OF THE A.A.A.
WITH A****YOUNG ATHLETES
OPEN MEETING**

(Under A.A.A. & W.A.A.A. Laws)

Stanley Park Oval, Blackpool

SUNDAY, 20th JULY, 1980

Commencing 12 noon

Prizes: To finalist — Statuettes, Plaques, Symbols.
Perpetual Trophy to Club with most points.
Results based on performance: i.e. Distance, Height and Time.

TRACK EVENTS:

1500m, 800m, 200m, 100m: Youths, Boys, Colts. Inter Ladies, Juniors, Girls.

400m: Youths, Boys, Colts, Inter Ladies.

80m: Young Colts, Minor Girls.

FIELD EVENTS:

High Jump, Long Jump, Discus, Shot, Javelin:

Youths, Boys, Inter Ladies, Juniors.

Long Jump: Colts, Girls.

Age Groups: 9-U/11 Young Colts, Minor Girls, 11-U/13 Colts, Girls, 13-U/15 Boys, Juniors, 15-U/17 Youths, Inter Ladies. As on 1st Sept, 1980.

Entry Fee: 25p each event, max. 3 per competitor.

Entry Forms and Entries with D.O.B. and S.A.E. to:
Mrs J. Ainsworth, 75 Blackpool Road, Bispham,
Blackpool FY2 0HT. Tel. 0253 54119.

CLOSING DATE 1st JULY, 1980

AUBREY HARRIS

Aubrey Harris, the former secretary of Oxford City AC who died after long illness in Oxford on May 20th, was far more than just another athletics man. In his own sphere he was an institution. For almost 60 of his 71 years, his whole life had revolved around athletics, whether as a competitor, club and county administrator or AAA official starter for many years of big time athletics at White City.

Aubrey joined the Army after leaving school and it was as Trooper Harris that he was a member of the Great Britain team which set a world record for the 4 x 1500m relay of 15:55.6 in Cologne in 1931. The plaque he received on that occasion is now competed for annually by Oxford City AC decathletes and indeed, together with his Great Britain vests, Aubrey gave away almost all his athletics prizes and mementoes, mostly as encouragement to youngsters in successive generations.

The cruel disappointment from the injury which cut short his own career when he was short-listed for Olympic selection only made him all the more fiercely determined to try and help others reach the top.

For many years, Aubrey virtually ran Oxford City AC single-handed and the club's much more solidly based success in recent years is due to no small part to the dedicated enthusiasm with which Aubrey steered it during the 1950's and 60's.

His enormous contributions to Oxford University athletics were marked when he was made the first honorary member of O.U. Centipedes in 1965.

A forthright, often provocatively outspoken character, Aubrey — who was just as enthusiastic about organising the under-14's cross-country

championship as being starter for an international or managing the Oxfordshire team at county championships — will be sorely missed.

John Parsons

SPONSORSHIP FOR YOUNG ATHLETES

Britain's young athletes received an added boost to follow in the footsteps of Daley Thompson, Steve Ovett, Seb Coe and Geoff Capes when Mondosport Surfaces announced a sponsorship package covering the Boys', Youths', Junior and Senior Southern Counties' Championships, eleven open meetings and a series of Southern Counties representative matches. The Senior Championships are to be held at Crystal Palace on July 4th/5th, and some of the senior events will be televised by BBC on Wimbledon Finals Day.

Mondo Marketing Manager Bob Mathews said, "Whilst we are by no means in the big league of sponsorship, it just shows what £5,000 well spent can do for a company such as ours, whilst providing income and security for sport. We were convinced of the value of this expenditure by the recent enthusiasm of Steve Ovett and Seb Coe for the Southern Counties' matches at Crystal Palace — both started this important Olympic season in the competitions. Our primary interest, however, is not in the current world stars, but in the 5,000 or more young athletes who depend upon these events for competition and who will form the backbone of British athletics in five or ten years' time".

GRE BRITISH LEAGUE Continued

Johnstone (ESH) 4.00; 4, G. Patel (W. Gn) 4.00. (B): A. Holloway (B&H) 4.00. **LJ:** (A): 1, Williams 7.28; 2, M. Griffiths (Poly) 6.98; 3, C. West (E&E) 6.88. (B): J. Torpey (E&E) 6.83. **TJ:** 1, Williams 14.60; 2, B. Hull (B&H) 14.13; 3, A. Shoebridge (Poly) 14.10. **SP:** (A): 1, W. Fuller (E&E) 15.28; 2, C. Black (ESH) 14.41; 3, S. Clark (W. Gn) 14.09; 4, I. Washington (Sheff) 13.14. (B): E. Lawlor (ESH) 14.24. **DT:** (A): 1, Black 48.62; 2, Fuller 46.90; 3, K. Hind (Sheff) 42.24. (B): 1, Lawlor 43.44; 2, Washington 41.28. **HT:** (A): 1, Black 67.74 (Div rec); 2, A. Noakes (B&H) 47.48; 3, K. Prior (E&E) 47.22; 4, G. Bush (Sheff) 46.30. (B): 1, Lawlor 66.12; 2, R. Willows (B&H) 44.18. **JT:** (A): 1, J. Trower (B&H) 71.82; 2, C. Glossop (Sheff) 62.08; 3, Black 57.04; 4, D. Heath (W. Gn) 57.02. (B): D. Smith (B&H) 57.96. **4 x 100:** 1, Woodford Green 42.8; 2, Sheffield 43.0; 3, Brighton & H 43.0; 4, Epsom & E 43.2. **4 x 400:** 1, Polytechnic 3:21.7; 2, Sheffield 3:23.1.

CHELTENHAM & COUNTY HARRIERS

7.4 MILES FESTIVAL ROAD RACE

(Under A.A.A. Laws)

Sponsored by Windsor Wright & Co.

SATURDAY, 12th JULY, at 6 p.m.

Prizes: First 6 Ind., first Vet, Awards first 3 Teams. Standard medals to all inside 39 mins., not gaining any other award.

Entry Fees: 50p Ind. No Team fees. All must enter as individuals. S.A.E. with entry fee please.

Entries to: Cliff Franks, 23 Salisbury Avenue, Cheltenham, Glos. GL51 5BT. Tel. 28548.

ENTRIES CLOSE MON., 30th JUNE, 1980

CAMBERLEY & DISTRICT A.C.

OPEN MEETING

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, JULY 6th, 1980, 1 p.m.

ALDERSHOT MILITARY STADIUM

(Tartan Track)

TRACK EVENTS FOR ALL AGES

(MEN AND WOMEN)

Selected events up to and including 3000 metres and 2000 metres Steeplechase, plus High Jump and Long Jump.

Entries on the day, 40p per number.

Enquiries: M. Goodway, Camberley (0276) 24708.



A marginal no-jump of 6.80m by Sue Reeve at the Cwmbran Classic.

Bob Sly

DUCHY OF CORNWALL A.C.

present the 2nd

HOMESTEAD DUCHY MINORS MEETING

at Carn Brea Leisure Centre, Pool, Redruth

ON SUNDAY, JULY 13th

at 12 noon

MEDALS AND CERTIFICATES

BADGES TO ALL COMPETITORS

Full details from and entries to: Mrs S. Lane, Tristan, Alexandra Road, Illogan, Redruth, Cornwall. Tel. Portreath 842327. Please send SAE.

FIRST ANNOUNCEMENT

COLLINGWOOD ATHLETIC CLUB

Seventh Annual

CROSS-COUNTRY RACES

**Combined Jnr/Snr/Vets.,
& Youths, Boys, Colts & U/11.**

SUNDAY, 12th OCTOBER, 1980

Details to be announced later

BOOK THE DATE NOW

COUNTY CHAMPIONSHIPS

CHESHIRE (WOMEN)

At Warrington, May 18th

400: J. Banner (Warr) 58.3. 400H: 1, G. Stocks (Sale) 67.4; 2, E. Canavan (C&EP) 67.4. LJ: J. Boyd (Frod) 5.46. SP: M. Suesseger (Frod) 11.76; 2, J. Whitmarsh (Pilk) 11.68. DT: Whitmarsh 39.26. (Inters): 100/200: J. Parry (Stret) 12.4/25.6. (Juniors): 75H: 1, A. Girvan (Frod) 11.3; 2, J. Booth (Warr) 12.0. LJ: S. Butler (C&EP) 5.24.

NORTHAMPTONSHIRE

At Daventry, May 17th

(Youths): SP: S. Treadwell (Ound. S) 16.57. (Inters): SP: L. King (Dav) 10.19.

SURREY

April 26th/27th

3000SC: D. Warren (E&E) 9:11.9. 400H: D. Owen (HW) 56.4. Relays: Croydon 43.5/3:22.9. Decathlon: 1, J. Hislop (SLH) 6036; 2, P. Edwards (Walton) 5976 (40.42 DT); 3, T. Leeson (Yeo) 5350; 4, R. Ball (R&R) 4623 (3.80 PV). (Juniors): 2000SC: R. Conlon (HHH) 6:00.6. 400H: M. Evans (HW) 55.9. PV: 1, W. Davey (Sy-Y) 4.20; 2, P. Lovell (Sy. B) 4.20; 3, R. Hooper (Wok) 4.10; 4, R. Gammage (Wok. C) 4.00; 5, J. Andrews (E&E) 4.00; 6, J. Wells (Wok) 3.80. 4x200: 1, Hercules Wimbledon 1:33.7; 2, Epsom & E 1:33.7. Pentathlon: 1, R. Young (Wok) 2625; 2, A. Vaudin (S&C) 2504. (Youths): TJ: R. Corbin (HW) 13.79. PV: 1, Davey 4.20; 2, J. Lewis (Coll) 4.00; R. Hooper (Wok) 4.00.

SURREY (WOMEN)

At Motspur Park, May 12th/13th/15th/17th

100/200: S. Thomas (Sel) 12.1/25.0. 400: 1, J. Mgbeze (Sel) 57.0; 2, L. Thompson (Sy. B) 57.1; 3, V. Graham (G&G) 57.4; 4, A. Dunn (E&E) 57.7; 5, S. Hassan (Croy) 57.8; 6, J. White (Mit) 58.3. 1500: A. Wilkins (Has) 4:40.4. 100H: 1, J. Vernon 14.2; 2, C. St. John (E&E) 14.3; 3, J. Honour (Wok) 15.1; 4, C. Plummer (Mit) 15.3. HJ: 1, A. Manley (Croy) 1.75; 2, J. Minnott (Sel) 1.65; 3, C. Jenkins (Sy) 1.65. LJ: 1, Manley 6.37; 2, J. Frank-Lynch (Mit) 5.95; 3, Honour 5.72. SP: 1, S. Oram (Brack) 11.55; 2, J. Mullins (Sel) 11.13. (Inters): 100/200: E. Mitchell (Sel) 12.4/25.4. 400: S. Green (Sy) 58.9. 1500: 1, R. Disley (Has) 4:37.5; 2, H. Churn (AF&D) 4:39.7; 3, C. Gair (Mit) 4:48.8. 80H: 1, S. Covey (G&G) 12.3; 2, D. Marshall 12.3. HJ: C. Liquorish (S&C) 1.70. LJ: 1, S. French (Houn) 5.97; 2, J. Olapado (Wig) 5.58. (Juniors): 200: L. Draper (R&R) 26.2. 1500: 1, K. Hendrickse (Mit) 4:51.6; 2, C. Lillie (AF&D) 4:54.3; 3, S. Anderson (S&C) 4:55.0. 75H: 1, J. Evans (Croy) 11.6; 2, L. Manning (S&C) 11.9. SP: 1, I. Doyley (Sel) 11:07; 2, K. Towersey (Mit) 10.51. (Girls): 1500: L. Carter (Mit) 5:01.9.

STARKERS AND CRUTCH!

ADIDAS SL72

As worn by Starsky in 'our' favourite programme. Blue nylon uppers, long wearing traction sole. A thick heel wedge to relieve strain on the achilles tendon . . . and with a nylon heel cup to prevent "heel drift". Lightweight and very comfortable.

5-5½ £13.95!

6-12 £15.95!

ADIDAS GAZELLE

Tremendously popular. Spongy, shock absorbent microcell sole. Ultra comfortable blue velour uppers. All purpose training shoe. Rubber toe foxing.

5-5½ £14.95!

6-12 £16.95!

ADIDAS CORD

Dark brown velour uppers with contrasting light tan trim, hard wearing rubber sole with trefoil profile. Built in heel counter with extra collar and heel padding.

6-12 £14.95!

ADIDAS

SL80 6½, 8, 10, 11, 11½ £21.95 now £17.95

TRX 6, 6½, 7, 10, 12 £22.75 now £18.95

ELAN 7½, 8, 8½, 9, 9½ £12.75 now £8.95

ADISTAR 2000 5½, 6, 6½, 7, 7½, 8½, 9, 9½, 10, 11, 11½ ££41.35 now £29.95

ADIDAS LAMBSWOOL V-NECK SWEATERS

Just arrived this beautiful (English made) V-neck sweater in grey, red, navy or beige. Chest sizes 34", 36", 38", 40", 42", 44". Stocks are limited so to avoid disappointment order immediately.

Sweaters feature the Adidas trefoil in contrasting colour, (3 cm high). Excellent value at only £15.95.

ADIDAS HOODED SWEAT-TOPS

Yellow or sky, incredible value at only £4.95! In 1978 these were selling at £8.50!

ADIDAS SUPERSTAR TRACKSUIT

Beige/brown, sky/navy, light green/dark green, natural/black. £41.75 now £37.75.

ADIDAS A15 TRACKSUIT

Navy, red or royal. £38.35 now £33.95.

RING FOR SIZES AVAILABLE

ALL ITEMS "POST FREE"

THE SWEAT SHOP

The Causeway, Teddington, Middlesex TW11 0HE
Telephone 01-943-0239

Run by Runners for Runners

Walking News

Carl Lawton wins Plymouth to Dawlish 42M (May 4th). The strong wind which the walkers had to face most of the way certainly had its effect during the final 10 miles, which always test even the strongest of walkers. Carl Lawton won well but certainly felt the distance in the closing stages as the battle for second place was fought around the 50km mark from which Chris Berwick emerged by far the strongest. Keith Halstead edged out local man, Ted Shillabeer, while the Sheffield stalwart, John Eddershaw, had a rough time following his sterling efforts in the recent Cornwall to Hertfordshire relay. 1, C. Lawton (Bel) 6:34:39 (50km-4:38:31); 2, C. Berwick (Leic) 6:38:41 (4:46:18); 3, K. Halstead (Cov G) 6:43:17 (4:46:55); 4, E. Shillabeer (Daw) 6:45:41 (4:47:52); 5, J. Eddershaw (Sheff) 7:02:58 (4:55:07); 6, M. Stacey (RAF) 7:05:00 (5:02:04); 7, J. Heywood (Leics) 7:05:33 (5:10:03); 8, M. Jones (Daw) 7:05:42 (5:08:55); 9, S. Lewis (Leics) 7:18:24 (5:19:54); 10, J. Dunsford (Bel) 7:21:28 (5:21:11). 52 started; 37 finished. **Teams:** 1, Leicester WC 20; 2, Dawlish 22. (Centurion): Shillabeer. (Vet): Eddershaw.

Surrey 10,000m Track Championship, at Battersea Park (May 7th). The slow cinder Battersea Park track is certainly no place to search for fast times so the sub-47 min clockings by the Surrey WC duo of Peter Selby and Roger Lancefield were very satisfactory. 1, P. Selby (Sy) 46:39; 2, R. Lancefield (Sy) 46:50; 3, P. Jarman (Sy) 47:26; 4, J. Hall (Bel) 47:36; 5, J. Newnham (Bel) 49:42; 6, M. Nicholls (Bel) 50:24; 7, R. Middleton (Bel) 51:06; 8, M. Easton (Sy) 51:16; 9, S. Barton (Sy) 51:40. (Surrey Champ): 1, Selby; 2, Lancefield; 3, Jarman. (Belgrave Champ): 1, Hall; 2, Newnham; 3, Nicholls.

Excellent wins by Roger Pietquin and Jan De Jonge in Strasbourg — Paris 200km Selection Races. Mons 200kms (April): 1, R. Pietquin (Bel) 21:38:56; 2, J. De Jonge (Hol) 22:13:46; 3, R. Schouckens (Bel) 22:43:31. Rouen 24hrs (May 3rd/4th): 1, J. De Jonge (Hol) 216k.672m; 2, D. Harrison (GB) 215.488; 3, J. Dowling (GB) 207.200; 4, M. Loch (Ger) 202.264. (Women): A tremendous effort by Annie Van De Meer but even more surprising was Jacqueline Delasseaux's second place after a courageously fast start. With a 5km track time of 23:58 (1976), Jacqueline has been in the world's elite since 1969. 1, Van De Meer (Hol) 184.704; 2, Delasseaux (Fra) 159.840.

Barry Graham fastest in York Postal Sprint Relay League, at York (April 27th). Fastest times — 3km Road: 1, B. Graham 12:49; 2, D. Jackson 13:08; 3, J. Errington 13:26; 4, K. Jameson 13:44.

Colin Young

Yates Splits Hungarians In Athens International

IN SPITE OF criticism in certain quarters about the absence of most of Britain's leading Olympic hopes, the UK men's team (171½ pts) trounced Hungary (154) and Greece (112½) in Athens on May 31st/June 1st. The Hungarians dominated the field events but were no match for the British runners, who gained maximum points in the 400, 1500, 5000, 10,000, steeplechase and 110 hurdles.

Perhaps the most outstanding winner, particularly in view of the windy conditions, was steeplechaser Colin Reitz (20). The European Junior silver medallist, who began this season with his personal best standing at 8:42.8, ducked under 8½ minutes for the first time (the ninth Briton, and the youngest, to do so) with an 8:29.8 clocking. He was disappointed at not reaching the BAAB's Olympic qualifying standard of 8:25, but it was a formidable run all the same. Covering the kilometres in 2:51.0, 2:51.0 and 2:47.8, he finished nearly 40m ahead of Roger Hackney. Steve Cram (19) won the 1500 against Russia at the end of last season, and he continued his international success with victory in 3:41.0, a stride ahead of a resurgent Frank Clement. Another youngster, Mick Morton (20) — making his senior international debut for Britain — took the 5000.

The sprinters met with mixed fortunes. Mike McFarlane was narrowly beaten in both races and Peter Little had the misfortune to injure himself in the 100, but Cameron Sharp showed good form in winning both the non-scoring races and he, along with Trevor Hoyte, McFarlane and Harry King, formed a relay team which clocked an excellent 39.49. Rod Milne had a successful meeting too, winning the 400 and anchoring the 4×400 relay squad to victory; other British winners were Dave Warren, who did well to defeat Hungary's Andras Paroczai in the 800, Peter Standing (10,000) and Mark Holtom (110H).

There were no British victories in the field, but bright spots were provided by Ossie Cham, who once again tied the UK junior high jump record of 2.15m; Martin Girvan, with a N. Ireland hammer record of 67.56m; Peter Yates, who split the legendary Hungarian duo of Ferenc Paragi and Miklos Nemeth in the javelin with his season's best of 81.28m ... and had the satisfaction of finishing ahead of the two Britons who are above him on the rankings: Dave Ottley and Brian Roberts.

(a) May 31st, (b) June 1st

100: (a) — 2.2m) 1, L. Kefalas (G) 10.71; 2, M. McFARLANE 10.72; 3, I. Nagy (H) 10.83; 4,

P. LITTLE 10.85; 5, I. Tatar (H) 10.87; 6, K. Stratos (G) 10.93. **200:** (b) (-2.5m) 1, F. Kiss (H) 21.0; 2, McFARLANE 21.0; 3, T. HOYTE 21.2; 4, N. Angelopoulos (G) 21.2; 5, Nagy 21.7; 6, T. Gatzios (G) 21.8. **400:** (a) 1, R. MILNE 46.40; 2, A. BELL 46.60; 3, A. Paroczai (H) 46.93; 4, I. Takacs (H) 47.39; 5, A. Provelengios (G) 47.61; 6, G. Parris (G) 47.71. **800:** (b) 1, D. WARREN 1:48.2; 2, Paroczai 1:48.2; 3, S. Moutsanas (G) 1:48.3; 4, N. Papageorgiou (G) 1:50.6; 5, I. Lajko (H) 1:52.1; 6, R. HARRISON 1:53.0. **1500:** (a) 1, S. CRAM 3:41.0; 2, F. CLEMENT 3:41.2; 3, L. Kispal (H) 3:42.4; 4, L. Toth (H) 3:43.6; 5, F. Kourtis (G) 3:44.3. **5000:** (b) 1, M. MORTON 14:26.1; 2, G. SMITH 14:26.5; 3, F. Laposa (H) 14:29.7; 4, M. Golacs (H) 14:32.2; 5, E. Zaharogiannis (G) 14:32.3; 6, M. Koussis (G) 14:34.6. **10,000:** (a) 1, P. STANDING 29:09.4; 2, D. FOWLES 29:27.6; 3, I. Kerekzarto (H) 29:27.8; 4, J. Torok (H) 30:08.6; 5, K. Lazaridis (G) 30:21.6. **3000SC:** (b) 1, C. REITZ 8:29.8; 2, R. HACKNEY 8:36.4; 3, I. Szenegeto (H) 8:42.8; 4, A. Tsiminos (G) 8:44.1; 5, G. Balogh (H) 8:47.9; 6, J. MARSAY (gst) 8:56.6; 7, I. Sofokleous (G) 8:57.1. **110H:** (a) 1, M. HOLTOM 14.05; 2, W. GREAVES 14.10; 3, N. Evripidou (G) 14.13; 4, J. Aradi (H) 14.35; 5, P. Evripidou (G) 14.40; 6, G. Bakos (H) 14.78. **400H:** (b) 1, J. Szalai (H) 50.42; 2, G. OAKES 50.56; 3, G. Parris (G) 50.58; 4, M. WHITTINGHAM 51.93; 5, G. Rambotas (G) 52.21; 6, I. Takacs (H) 52.21. **4x100:** (a) 1, UK (HOYTE, McFARLANE, H. KING, C. SHARP) 39.49; 2, Hungary 39.49 (rec); 3, Greece 40.32. **4x400:** (b) 1, UK (BELL, M. FOWELL, T. WHITEHEAD, MILNE) 3:07.3; 2, Hungary 3:09.3; 3, Greece 3:11.4.

HJ: (a) 1, J. Jambor (H) 2.20; 2, Z. Tarsi (H) 2.20; 3 eq, M. NAYLOR & D. Patronis (G) 2.15; 5, O. CHAM 2.15 (eq UK jnr rec); 6, P. Panagos (G) 2.15. **PV:** (b) 1, F. Salbert (H) 5.30; 2, E. Mako (H) 5.30; 3, K. STOCK 5.25; 4, E. Sakellariadis (G) 5.20; 5, T. Tongas (G) 4.90; B. HOOPER no ht. **LJ:** (b) 1, L. Szalma (H) 8.04; 2, Szenczi (H) 7.75w; 3, D. Delifotis (G) 7.73w; 4, D. Araouzos (G) 7.65w; 5, T. HENRY 7.27; 6, D. JOHNSON 6.86w. **TJ:** (a) 1, B. Bakos (H) 16.71w; 2, JOHNSON 15.90w; 3, D. Mihás (G) 15.89w; 4, G. Kaperonis (G) 15.83w; 5, T. Kiss (H) 15.30; 6, F. ATTOH 15.16. **SP:** (a) 1, L. Louka (G) 18.77; 2, S. RODHOUSE 17.56; 3, R. SLANEY 16.85; 4, D. Koutsoukis (G) 16.85; 5, C. Jenó (H) 16.34; 6, G. Fejer (H) 15.00. **DT:** (b) 1, Fejer 60.14; 2, F. Tegla (H) 58.58; 3, A. Harahoussos (G) 56.40; 4, SLANEY 56.04; 5, C. Spanidis (G) 54.68; 6, C. SUTHERLAND 51.74. **HT:** (b) 1, C. Ierissiotis (G) 69.40; 2, G. Tamas (H) 68.64; 3, M. GIRVAN 67.56; 4, K. Zeitler (H) 67.46; 5, V. Manganas (G) 65.14; 6, I. CHIPCHASE 63.42. **JT:** (a) 1, F. Paragi (H) 86.14; 2, P. YATES 81.28; 3, M. Nemeth (H) 80.88; 4, D. OTTLEY (gst) 79.76; 5, B. ROBERTS 77.36; 6, C. Telonis (G) 71.78; 7, L.

To be published shortly

ATHLETICS 1980Edited by Ron Pickering
and Mel Watman

Detailed review in text, results and photos of UK and international athletics since January 1979 ... so up to date that it includes records set at the end of May 1980. Lots more including much Olympic material. 224 pages.

Order now from Athletics Weekly, 344 High Street, Rochester, Kent; price £5.50 post free.

AN ATHLETICS WEEKLY PUBLICATION
In association with Esso

Makrygiannis (G) 70.02. **10,000 Walk:** (a) 1, A. Karageorgos (G) 42:48.4; 2, C. HARVEY 43:48.2; 3, C. Kambas (G) 44:15.9; 4, G. NIBRE 45:03.6. No Hungarians. **Match Result:** UK 171½, Hungary 154, Greece 112½.

Non-scoring Events — 100: (a) 1, C. SHARP 10.59; 2, T. HOYTE 10.76; 3, S. GREEN 10.83; 4, H. KING 10.95. **200:** (b) (-2.7m) 1, SHARP 21.19; 2, GREEN 21.69; 3, B. Las (H) 21.83; 4, KING 21.95. **400:** (a) 1, T. WHITEHEAD 47.03; 2, M. FOWELL 47.48; 3, S. SCUTT 47.54.

EASTBOURNE ROVERS A.C.

LADIES OPEN MEETING

(Under W.A.A.A. Laws)

SUNDAY, 20th JULY

at PRINCES PARK, EASTBOURNE
commencing at 1 p.m.

Minor Girls (11 years plus): 100m, 800m, L.J.

Junior Ladies: 75mH, 100m, 200m, 800m, 1500m, H.J., L.J., S.P., J.T., D.T.

Inter Ladies: 80mH, 100m, 200m, 400m, 800m, 1500m, H.J., L.J., S.P., J.T., D.T.

Senior Ladies: 100mH, 100m, 200m, 400m, 800m, 1500m, H.J., L.J., S.P., J.T., D.T.

AWARDS FOR ALL EVENTS

Entry Fee: 30p per event.

Entries to: Mrs S. Keen, 46 Ringwood Road, Eastbourne, Sussex, (Tel. Eastbourne 639128) with date of birth and S.A.E.

ENTRIES CLOSE JULY 10th

GRE GOLD CUP, FIRST ROUND**At Ashton Playing Field, June 1st**

Aldershot F&D 102; Woodford Green 102; Bedford 78; Chelmsford 65; Harlow 62; Peterborough 5.

100: I Loftman (W. Gn) 10.9. 1500: P. Coyne (Bed) 3:53.7. 10,000: 1, M. Fletcher (Chelm) 30:50.6; 2, D. Horton (Harl) 31:05.6. 3000SC: 1, J. Hood (AF&D) 9:26.0; 2, Willoughby (Chelm) 9:29.1. 110H: T. Clifton (W. Gn) 15.4. 400H: N. Underwood (Bed) 54.2. HJ: F. Manderson (AF&D) 1.95. PV: A. Leiper (AF&D) 4.20. LJ: C. Rattigan (W. Gn) 6.89. TJ: I. Timbers (AF&D) 14.02. SP: 1, G. Savory (AF&D) 15.35; 2, S. Clark (W. Gn) 14.59. DT: 1, Savory 48.40; 2, M. Proctor (Chelm) 40.56. HT: 1, R. Earle (Chelm) 50.54; 2, P. Dalrymple (Bed) 49.80. JT: 1, N. Pattison (Bed) 61.20; 2, E. Hill (Chelm) 58.22; 3, D. Heath (W. Gn) 57.82. 4x100: 1, Woodford Green 42.9; 2, Aldershot F&D 43.4.

At Luton, June 1st

Essex Beagles 108; Luton 108; Coventry 64; Holbeach 62; Leicester 48; Norfolk Olym. 42.

200: 1, P. Nelson (Lut) 21.8; 2, C. Monk (Leic) 22.2. 400: 1, J. Davis (Ex. B) 48.8; 2, C. Wright (Lut) 49.4. 800: 1, W. Dee (Lut) 1:53.7; 2, M. Comithers (Ex. B) 1:53.7. 1500: G. Fell (Ex. B) 3:53.4. 5000: A. Simmons (Lut) 14:18.1. 3000SC: C. Stebbings (Lut) 9:18.0. 110H: 1, R. Honey (Ex. B) 15.4; 2, D. Wilkinson (Lut) 15.7; 3, D.

Bills (Cov) 15.9. 400H: 1, A. Greaves (Lut) 54.8; 2, J. Gillespie (Leic) 55.1; 3, S. Veale (Holb) 56.0; 4, A. Wells (Cov) 56.5. HJ: 1, R. Pyatt (Leic) 2.05; 2, D. Thompson (Ex. B) 1.95. PV: 1, A. Jackson (Lut) 4.30; 2, T. Brooking (Ex. B) 3.90. TJ: 1, S. Ashdown (Lut) 14.52; 2, D. Costello (Norf) 14.37; 3, N. Leech (Ex. B) 13.97. SP: Meyres (Ex. B) 14.89. DT: 1, Thompson 44.92; 2, C. Scott (Lut) 40.56. HT: 1, G. Whaley (Ex. B) 59.42; 2, Scott 44.24. JT: 1, T. Creese (Holb) 58.90; 2, Thompson 56.74. 4x100: 1, Essex Beagles 42.0; 2, Luton 43.0; 3, Coventry 43.2. 4x400: Essex Beagles 3:20.3.

At Crystal Palace, June 1st

Epsom & E 96; Blackheath 94; Gloucester 78; Croydon 67; Crawley 53; Corby 50.

100: 1, E. Roope (Croy) 10.8; 2, R. Blackwell (Glouc) 10.9. 200: Blackwell 22.3. 400: 1, R. Benn (Croy) 49.1; 2, P. Norgate (E&E) 49.7. 1500: 1, A. Nicholson (E&E) 3:52.2; 2, A. Douglas (Craw) 3:52.4. 3000SC: C. France (E&E) 9:29.1. 110H: 1, P. Barthropp (E&E) 15.4; 2, N. Jones (Craw) 15.9. 400H: 1, K. Currid (E&E) 53.7; 2, M. Carroll (B'ht) 55.6. HJ: T. Foulger (B'ht) 2.10. PV: J. Andrews (E&E) 4.00. LJ: C. West (E&E) 6.82. TJ: H. James (Glouc) 13.91. SP: 1, M. Winch (B'ht) 17.90; 2, W. Fuller (E&E) 15.96. DT: 1, Winch 53.40; 2, Fuller 46.28; 3, D. Griffin (Glouc) 40.26. HT: 1, Winch 50.26; 2, K. Lasie (Craw) 49.64; 3, A. Billows (Glouc) 44.66; 4, K. Prior (E&E) 44.52. JT: R. Harradine (B'ht) 56.56. 4x100: Gloucester 43.1. 4x400: 1, Croydon 3:15.8; 2, Blackheath 3:20.8; 3, Epsom & E 3:21.4.

At Meadowbank, June 1st

Edinburgh AC 117; Shettleston 75; Lisnagarvie 72; Pitreavie 61; Fife 56; Central Region 50.

100: (+6.1m) A. McMaster (EAC) 10.0. 200: 1, J. Stark (EAC) 21.5w; 2, G. McCallum (Cen. R) 22.1. 400: 1, N. Gregor (EAC) 49.5; 2, I. Cuthbertson (Pit) 49.8. 1500: N. Muir (Shett) 3:48.4. 10,000: D. McGregor (Fife) 30:57.7. 110H: 1, A. Sumner (EAC) 14.8w; 2, McCallum 15.2; 3, I. McEwan (Shett) 15.7. 400H: 1, L. Mulholland (Lisna) 55.2; 2, T. Harrison (Shett) 56.3. HJ: 1, B. Burgess (EAC) 2.08; 2, D. Hendry (Fife) 2.02. PV: N. Foster (Shett) 4.00. LJ: K. McKay (Pit) 6.90. TJ: R. Harkins (Shett) 14.52. SP: 1, E. Irvine (EAC) 14.27; 2, W. Weir (Cen. R) 13.40; 3, R. Gray (Pit) 13.18. DT: P. Mardle (EAC) 48.10. HT: 1, D. Huxley (EAC) 55.56; 2, K. Hutton (Lisna) 50.38; 3, Gray 44.46. JT: S. Maxwell (Pit) 63.90. 4x100: Edinburgh AC 42.8.

At Warley, June 1st

Cannock Chase 104; Bolton 93; Sparkhill 92; Oxford City 83; Shrewsbury 36; Dudley & S 31.

100: M. Towers (Bol) 10.9. 200: R. Williams (Spark-Y) 22.4. 400: 1, P. Goacher (Cann-J) 48.8; 2, S. Caldwell (Bol) 48.9; 3, K. Hunter

VALE OF AYLESBURY A.C.

presents the tenth annual

**Rex Foulkes Memorial
20 Km ROAD RACE**

the fifth annual

**20 Km ROAD RACE
FOR LADIES**

ON SATURDAY, 12th JULY, 1980

at 3.00 p.m.

(Under AAA, WAAA & RWA Laws)

Changing and registration: Quarrendon School, Aylesbury (on Ring road between A41 and A413).

Prizes: Sponsored by Allport Freight Ltd., to the value of £350 for Individuals, Teams, Vets and "Scrubbers". Sponsored by Deans Farm Eggs: One dozen eggs for every finisher — Yes a prize for everyone.

Entry fee: 50p per Ind. (all must enter as Ind.), £1 per team (4 run, 3 score). **Vets mention D.O.B.**

Entries to: Ken Fiddler, 30 Quakers Mede, Haddenham, Bucks., HP17 8EB.

Entries close: 5th July, 1980. Late postal entries and entries on day accepted, but entrants not eligible to main prize list (Ghost runners please note).

1979 Winners — Colin Kirkham (Coventry G AC) 62m. 57s. Robin Campbell (Essex B AC) 67m. 05s. (First Vet.). Joyce Smith (Barnet Ladies AC) 73m. 41s. (First Lady). Team — Invicta AC 196m 22s. (Total time). Course Record — Harry Leeming (Derby) 61m. 07s.

(Spark-J) 49.3. 800: 1, Caldwell 1:49.7; 2, M. Downes (Cann) 1:51.0. 1500: Downes 3:50.4. 10,000: M. Critchley (Bol) 31:06.0. 3000SC: 1, S. Willimott (Cann) 9:19.6; 2, P. Campbell (Bol) 9:26.2. 110H: 1, G. McDonald (Bol) 14.8; 2, H. Jones (Ox. C) 15.1. 400H: Goacher 55.4. HJ: 1, J. Lee (Cann) 2.00; 2, F. Redley (Spark) 2.00; 3, D. Parsons (Ox. C) 1.95. PV: 1, A. Baker (Cann) 4.00; 2, A. Gayle (Spark) 3.70. TJ: D. Perkins (Spark) 14.04. SP: 1, S. Kendall (Ox. C) 13.21; 2, F. Bacon (Cann) 13.15. HT: 1, J. Borszcz (Bol) 48.20; 2, J. Murphy (Spark) 43.48. 4x100: 1, Cannock Chase 43.3; 2, Sparkhill 43.5. 4x400: 1, Oxford City 3:22.2; 2, Sparkhill 3:22.7.

At Bournemouth, June 1st

Southampton & E 103; Windsor S&E 92; City of Plymouth 71; Yeovil Olym. 68½; Bournemouth 59½; Woking 42.

3000SC: C. Bunyan (S&E) 9:18.9. 110H: 1, A. Drayton (S&E) 15.2; 2, N. Christie (WS&E) 15.2; 3, K. Rundle (Ply) 15.9. 400H: Chislett (Yeo) 56.1. HJ: A. Bedford (S&E) 1.95. PV: 1, Drayton 4.20; 2, J. Gutteridge (WS&E) 4.20; 3, R. Hooper (Wok) 3.80. SP: 1, N. Tabor (S&E) 17.22; 2, P. Rees (B'mth) 16.15; 3, N. Griffin (WS&E) 13.48. DT: 1, Griffin 48.28; 2, Rees 47.06; 3, Tabor 45.88. HT: 1, E. Berry (Yeo) 58.48; 2, Rees 48.44; 3, Griffin 47.64. JT: B. Loten (Yeo) 56.30.

At Bristol, June 1st

Bristol 110; Newport 83; Worcester 75; Swansea 68; Rugby 66; Leamington 36.

3000SC: 1, I. Atkins (Worc) 9:23.9; 2, M. Lane (Newp) 9:24.7. 110H: (+4.1m) I. Willoughby (Bris) 15.2. 400H: 1, Willoughby 55.5; 2, K. Lancey (Swan) 55.8. LJ: J. Church (Worc) 6.80w. TJ: 1, Church 14.68w; 2, V. Samuels (Bris) 14.19w. SP: B. Holden (Bris) 14.33. DT: G. Herrington (Rug) 42.10. HT: R. Bacon (Newp) 44.18. JT: 1, K. Murch (Rug) 60.74; 2, G. Robinson (Swan) 60.70.

At West London, June 1st

Borough of Enfield 109; Polytechnic 105; Bracknell 66; London Irish 58; Wycombe Ph. 53; Borough of Hounslow 44.

100: J. Blake (Enf) 11.0. 200: 1, Blake 22.0; 2, S. Harper (Lon. I) 22.1. 400: 1, S. McGilchrist (Enf) 50.0; 2, K. Raymond (Poly) 50.0. 1500: A. Harvey (Wyc) 3:53.4. 10,000: D. Beaver (Poly) 30:55.5. 110H: 1, A. James (Enf) 14.8; 2, H. Bridgeman (Lon. I) 15.1. 400H: 1, E. Shirley (Poly) 55.0; 2, S. Adams (Enf) 55.9; 3, M. Marlow (Brack) 56.0. HJ: 1, G. Rickly (Brack) 2.00; 2, R. Willsmer (Houn) 1.95. LJ: M. Griffiths (Poly) 7.01. SP: 1, B. Watson (Poly) 14.33; 2, P. Dickenson (Enf) 14.20. DT: Dickenson 46.42. HT: 1, Dickenson 59.74; 2, D. Bayes (Poly) 49.92. JT: 1, R. Bradstock (Enf) 66.80; 2, B. Watson 60.84; 3, V. Watson (Houn) 59.40. 4x100: 1, Borough of Enfield 43.3; 3, Polytechnic 43.5.

FLINTBARN SPORTS

MEN'S ATHLETIC SINGLET

British made. Deep cut armholes, 100% cotton, plain colours.

Sizes: 34/36", 38/40", 42/44" chest.

Colours: Royal, Lt. Blue, Red, Green, Yellow, White

£3.85 each

£2 for £7.30

£3 for £10.80

SHORTS

Cotton, square cut, plain

£2.30

Cotton, square cut, with double trim

£2.95

Colours: Royal, Navy, Red, Green, Gold, White.

Sizes: 28", 30", 32", 34", 36", waist.

SWEAT SHIRTS

American, top quality cotton, round neck.

Colours: Navy, Lt. Blue, Red, Grey.

Sizes: Small, Medium and Large.

£6.60

SCOOP PURCHASE

British made nylon lightweight Tracksuits.

Jacket, full length zip; Flared leggings.

Sizes: 34" Blue/Blue stripes

(chest) Blue/White

36" Blue/Blue

Blue/White

38" Burgundy Red/White

Blue/Red

40" Burgundy Red/White

SPECIAL PRICE: £12.95

THE WORKHORSE EXERCISER

Portable fitness gym

(For full details, see our

advert April 12th, page 39).

STILL ONLY £14.40

SPIKES

TIGER ATLANTIS

Blue nylon uppers, raised

wedge heel. Flexible, nylon

spike plate with seven spike

positions.

Replacement screw-in-spikes — 14p each.

6-11 £15.50 (£13.30)

LATEST ILLUSTRATED PRICE LIST
NOW AVAILABLE.

For shoes, state size and enclose foot outline.

For clothing, please give second colour choice.

ALL ITEMS POST FREE

SEND CASH/P.O./CHEQUE WITH ORDER TO:

TOMMY PHIPPS

FLINTBARN Ltd

P.O. BOX 25

STEVENAGE

HERTS. SG2 8BH

Tel: 0438 813913

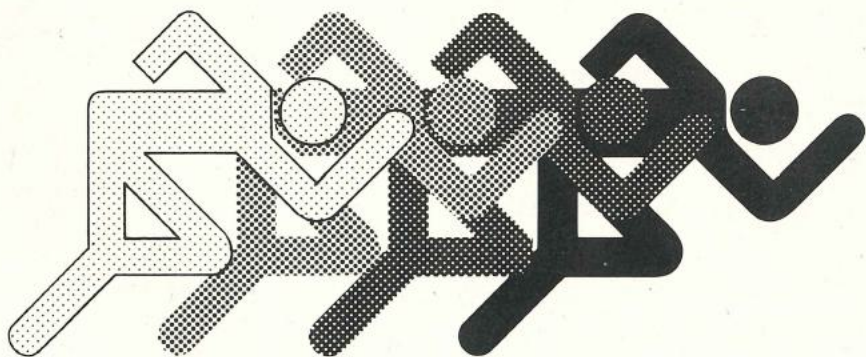
Flintbarn Ltd. Registered Office:
79 Marlowes, Hemel Hempstead, Herts.

ENGLISH SCHOOLS ATHLETIC ASSOCIATION

This weekend, over 40,000 school athletes will be competing at their Area Championships to gain a team place for the "All England" Schools at Kirkby Stadium, Merseyside on 11th & 12th July.

ALL THESE CHAMPIONSHIPS ARE SUPPORTED BY THE NATIONAL DAIRY COUNCIL

Tickets for Merseyside from Miss M. Meikle, Noctorum High School, New Hey Road, Birkenhead, Merseyside, enclose S.A.E. Book now to avoid disappointment.



MILK IN ACTION

AAA v Loughborough Match (June 5th)

COE 1:45.0: CAPES 21.35m

IT'S IRONIC that the University of Loughborough, designated a national centre of athletic excellence, should be handicapped by a track which must be considered inadequate for today's needs. This hotbed of athletic talent, this year celebrating 50 years of student athletics at Loughborough, deserves better and one hopes that the Loughborough Synthetic Track Fund will be assisted in its efforts by the Sports Council and other appropriate bodies. "It's not a good track", commented meeting director Seb Coe with classic understatement. "This is a major domestic fixture, we've got a big crowd, but look what we have to hold it on".

Coe was the chief victim of the facilities, for on a good synthetic surface he might well have broken his own UK all-comers 800m record of 1:44.0. As it was, he recorded 1:45.0 — a brilliant run in the circumstances, bearing in mind also that he had cool, windy conditions to contend with. Team-mate Martin Christy paced him through a first lap of 51.3 (at which point he dropped out), and Coe demonstrated his exceptional condition by touring the second lap solo in 53.7 to record his fastest time of the season — though he improved to 1:44.7 in the Northern Championships two days later. Seb declared himself satisfied ("it's good preparation having four 800's in close proximity"), and his father commented: "He's on a plateau. We're into a holding phase; I'm not looking for any improvement at this moment. We've got to get it right for later on". Little more than 90 minutes after running his 1:45.0, Coe produced the fastest split in the 4x400 relay — 46.4.

There was one other performance of the highest world standard at the meeting, and that came from Geoff Capes, currently enjoying the finest form of his lengthy career. He took two puts (19.48m and 20.85) to get into his stride . . . and then, for the first time, he generated four 21m-plus throws in a row: 21.13, 21.35, 21.31 and 21.04 (the last put virtually slipped out of his hand!).

Another excellent field event achievement was the AAA national hammer record of 72.48m by Paul Dickenson, the longest by a UK thrower this year and close to his 1976 personal best (set in the USSR) of 73.20. He had a remarkably consistent series: 71.40, 72.48, 71.42, 71.90, 71.12, foul. Peter Tancred showed good form too in the discus, opening with 60.36m and ending his series with a throw of 59.20. Tim Anstiss (18), who recently raised his pole vault best to 4.90m cleared 4.80. Another youngster to show up well was Jack Buckner (18), who chased Loughborough's Sudanese star Omer Khalifa

home in the 1500 in his fastest time of 3:45.5. In an invitation women's 800, Teena Colebrook tied her personal best of 2:04.5 to win narrowly from Janet Prictoe.

Mel Watman

100: (+2.0m) 1, E. Obeng 10.6; 2, D. Bills 10.7; 3, C. Moven 10.7; 4, J. Marsden (L) 10.9. **200:** (+3.2m) 1, E. Tulloch 21.4; 2, Obeng 21.5; 3, P. Brown 21.6; 4, S. Scutt (L) 22.1; 5, P. Nelson 22.1. **400:** 1, M. Fowell 47.8; 2, Scutt 48.1; 3, K. Worrall 49.3; 4, J. Oakley (L) 49.7. **800:** 1, S. Coe (L) 1:45.0; 2, S. Lane 1:50.4; 3, R. Benn 1:50.4; 4, P. Haddy 1:51.4. **1500:** 1, O. Khalifa (L) 3:44.3; 2, J. Buckner 3:45.5; 3, K. Rothwell 3:46.6; 4, T. Redman 3:47.3; 5, M. Plant 3:47.3; 6, B. Downey (RoI) 3:47.4; 7, A. Salter 3:47.4; 8, S. Martin 3:47.5; 9, M. Prince (L) 3:52.7; 10, A. Schofield 3:54.8; 11, J. Clark 3:55.4. **3000:** 1, R. Callan 8:02.6; 2, A. Armitage (L) 8:07.0; 3, E. Wedderburn 8:10.7; 4, T. Hutchings (L) 8:13.2; 5, R. Smedley 8:13.5; 6, T. Colton 8:15.6; 7, S. Emson 8:18.2; 8, D. Murphy 8:18.8; 9, P. Williams 8:19.2; 10, N. Allison 8:20.1; 11, D. Constable 8:20.7. **3000SC:** 1, J. Whewy 9:00.9; 2, I. Logan 9:05.9; 3, S. Baker 9:12.9; 4, A. Nicholl (L) 9:33.7. **110H:** (+2.3m) 1, M. Holtom 14.1; 2, T. James 14.4; 3, K. Lobb (L) 16.2. **400H:** 1, P. Atherton 52.8; 2, D. West 53.1; 3, H. Moscrop (L) 53.9; 4, S. Sole 55.1; 5, S. Munday (L) 55.9. **4x100:** 1, AAA 42.2; 2, Loughborough 42.4. **4x400:** 1, AAA 3:10.3

Continued on page 54

PENDLE ATHLETIC CLUB

3rd Annual

OPEN MEETING

(Under A.A.A. & W.A.A.A. Laws)

Seedhill Track,

Surrey Rd., Nelson Lancs.

SUNDAY, 31st AUGUST, 1980

12.00 noon

EVENTS

Minor Girls & Colts: 100m, 200m, 800m, L.J.

Junior Girls & Boys: 100m, 200m, 800m, 1500m, L.J., H.J., S.P. & J.T.

Intermediates: 100m, 200m, 800m, L.J., H.J., S.P. & J.T.

Youths: 100m, 200m, 800m, 1500m, L.J., H.J., S.P. & J.T.

Senior Ladies: 100m, 200m, 800m, L.J.

Senior Men: 100m, 200m, 800m, 3000m, L.J., S.P. & J.T.

(Ages as at 1.9.80) — PLAQUES & MEDALS

ALSO FUN RUN U/11's

Under 10's 75 metres Under 11's 75 metres

3 events maximum, 2 Track 1 Field or vice versa.

Entry Fees: 30p per event. SAE please if acknowledgement required.

Entry Forms from: Mr P. V. Morris, 10 Higham Rd., Padiham, Lancs. Encl. S.A.E.

ENTRIES CLOSE 2nd AUGUST, 1980

Garry Cook Is Wolves' Only Winner In Madrid

WINNERS of the European Clubs Cup for National Athletic Club Champions on May 24th/25th at Madrid were again Fiat-Iveco (Turin). Wolverhampton & Bilston AC, representing Great Britain, finished sixth of the 11 teams. The competition was split into two morning and two evening sessions. The weather on the first day was bright and sunny, temperature approx. 80°F. The second day's competition was held in rain and cold weather.

The 800m 'A' race provided the only win for Wolverhampton with Garry Cook winning in 1:48.7, Malcolm Edwards finishing equal 3rd with 1:49.7 (Willi Wulbeck, who won the 1500m in 3:46.6 also ran 1:49.7 but in the 'B' race). Cook ran the race from the front and at 400m (51.7) he was 3m ahead. He finally won by 2m from Antonio Paez of Spain. He was totally exhausted and required medical attention. For his efforts in the race he received a special prize as one of the top performers of the meeting.

In the 400m Steve Scutt finished 2nd in 47.17 with Neil Jackson 4th after running 46.9 in his heat. Mark Holtom was third in the 110m hurdles in 13.98. The best performance of the meeting came in the hammer with Karl-Hans Riehm throwing 80.00m Jim Whitehead was second with 64.40m.

Nigel Roberts Powis

NOTTS. ATHLETIC CLUB

SALUTE TO SPORT

Annual Open Athletics Meeting

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 10th AUGUST, 1980, at 1 p.m.

HARVEY HADDEN STADIUM
(TARTAN TRACK)

Prizes to total value of at least £300

Events: Men 5,000m & 1,000m. Ladies 1,500m & 400m. Youths (15/16) 3,000m & 800m. Inter Ladies 100m, 200m & 800m. Boys (13/14) 1,500m & 200m. Junior Ladies (U/15) 100m & 200m. Colts (11/12) 1,200m & 100m. Young Colts (U/11) 800 & 100m.

Ages as at 31st August, 1980

Entry Fee: 35p per event + a foolscap S.A.E.

Entries on AAA or WAAA forms to: Keith Picksley, 106 Ingram Road, Bulwell, Nottingham NG6 9GQ. Tel: (0602) 277696. No late entries. Acknowledgement of entry will be by programme during previous week.

CLOSING DATE SAT., 19th JULY, 1980

Sponsors: T.S.B. (Nottingham), Mapperley Sports Centre, Riden Sports (Hucknall), Eliv Pele Sports (Bingham), Home Brewery Co. Ltd., Briggs & Widdowsdon Ltd., Naylor Automatics Ltd., Poster & Display Artists (Nottingham), Mr E. C. Winfield, South Knotts Bus Company.

Previous winners include: Nick Lees, Sebastian Coe, Mike Tagg, Ken Newton, Cherry Hanson, Peter Elliott, David Lewis, Tim Gardner, Robert Slater, David Constable, Guy McCallum, Colin Szwed, Debbie Bunn, Yvette Wray.

1, Iveco (Ita) 615; 2, Wattenscheid (Ger) 583; 3, Racing (Fra) 560; 4, Vallehermoso (Spa) 521; 5, Estrella Roja (Yug) 497; 6, Wolverhampton & B (UK) 467; 7, Sporting (Por) 371½; 8, Sparvagen (Swe) 351; 9, RFC Lieja (Bel) 347; 10, Amsterdam (Hol) 311; 11, Limerick (Rol) 220.

100: 1, Nkounkou (Fra) 10.79; 2, Hackel (Ger) 10.90; 3, Popovic (Yug) 10.91; 4, MOVEN 10.93. (10.71ht) ... 7, CUTTING 10.86ht. 200: 1, Arame (Fra) 21.09; 2, Thiel (Ger) 21.36; 3, Popovic 21.53 ... 8, BONSOR 21.80; 9, MOVEN 21.87. 400: 1, Malinverni (Ita) 46.70; 2, SCUTT 47.17; 3, Iritia (Spa) 47.30; 4, JACKSON 47.38 (46.9ht). 800: 1, COOK 1:48.7; 2, Paez (Spa) 1:48.9; 3, eq, EDWARDS & Wulbeck (Ger) 1:49.7. 1500: 1, Wulbeck 3:46.4; 2, Leporati (Ita) 3:47.1; 3, De Jesus (Por) 3:47.2 ... 5, EDWARDS 3:48.3. 5000: 1, Prieto (Spa) 14:02.5; 2, Simoes (Por) 14:05.4; 3, Kutton (Fra) 14:11.4 ... 6, MATTOCK 14:23.4; 7, COLTON 14:28.6. 10,000: 1, Mamede (Por) 29:11.0; 2, Dauria (Ita) 29:31.5; 3, Schoofs (Bel) 29:32.3 ... 14, CADWALLADER 32:30.0. 3000SC: 1, Mahmoud (Fra) 8:38.2; 2, Ramon (Spa) 8:38.6; 3, Hagelstons (Bel) 8:46.5 ... 12, WHEWAY 9:15.4. 110H: 1, Buttari (Ita) 13:78; 2, Vukicevic (Yug) 13:95; 3, HOLTOM 13.98. 400H: 1, Kopitar (Yug) 49.58; 2, Alonso (Spa) 50.46; 3, Sallati (Ita) 50.72 ... 11, JAMES 54.30; 12, PRESTON 54.56.

HJ: 1, Schneider (Ger) 2.25; 2, Raise (Ita) 2.16; 3, Kommenic (Yug) 2.16 ... 17, JOHNSON 1.95. PV: 1, Bellot (Fra) 5.55; 2, Sivillon (Fra) 5.15; 3, Volmer (Ger) 5.00 ... 7, BULL 4.70. LJ: 1, Solanas (Spa) 8.00; 2, Lega (Ita) 7.84; 3, Sedoc (Hol) 7.47 ... 5, STARRS 7.40. TJ: 1, Hegedis (Yug) 16.13; 2, Azevedo (Por) 15.94; 3, Solonas 15.81 ... 18, HUGHES 12.91. SP: 1, Saracevic (Yug) 19.92; 2, Montelatici (Ita) 19.58; 3, Lazarevic (Yug) 19.55 ... 9, P. TANCREDE 16.40; 19, STEVENTON 14.00. DT: 1, de Vicentis (Ita) 58.68; 2, Niare (Fra) 57.02; 3, TANCREDE 56.50. HT: 1, Riehm (Ger) 80.00; 2, WHITEHEAD 64.40; 3, Pini (Ita) 64.22 ... 19, G. TANCREDE 41.48. JT: 1, Wessing (Ger) 76.58; 2, Janneck (Ger) 75.08; 3, Macquet (Fra) 75.08; 4, PEARSON 73.72. 4x100: 1, Iveco 40.51; 2, Racing 40.53; 3, Wattenscheid 40.54 ... 6, W&B 41.62. 4x400: 1, Vallehermoso 3:11.6; 2, Wattenscheid 3:12.0; 3, W&B 3:12.2.

Not to be deprived of anything, the Hallamshire Harriers quartet of D. Burton, P. Thorpe, G. Naylor and G. Lee have now set a new world veterans 4x200m relay record of 1:40.2 at Cudworth on May 31st.



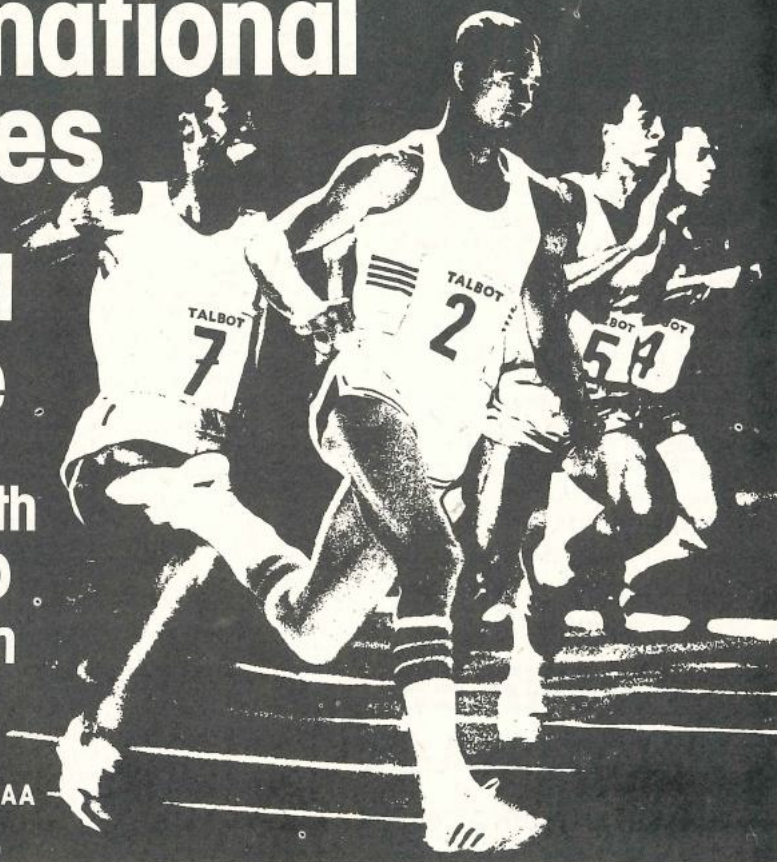
TALBOT

International Games

Crystal Palace

**Friday 27th
June 1980
at 7.30pm**

Organised by the
Southern Counties AAA
under IAAF Rules



ADVANCE BOOKING FORM: Please send me the following tickets for the TALBOT INTERNATIONAL GAMES

All prices inclusive VAT

Remittances to be made payable to **Sports Council**. Please enclose SAE and post to:
Box Office Crystal Palace National Sports Centre, Norwood, LONDON SE 19
Tel 01-778 0131 Postal applications must reach Box Office at least 5 days prior to event

I enclose Cheque/P.O. to the value of £ _____

NAME _____

TEL NO. _____

ADDRESS _____

(BLOCK LETTERS PLEASE)

	Adult	Child (U/16)	
Stand (Home Straight) Covered Reserved Block 9-11		No Half Price	TICKETS £4.00
Stand (Home Straight) Covered Reserved Block 5-7		No Half Price	TICKETS £3.00
Open Stand (Nr finish) No'd and Reserved Block 12-13-14			TICKETS £2.00 CHILD £1.00
New Jubilee Stand Covered Reserved			TICKETS £2.00 CHILD £1.00
Stand Open Unreserved Block 1-4, 15-20			TICKETS £1.50 CHILD 75p

Tessa Sanderson Just Misses World Record!

NEARLY three years have passed since Tessa Sanderson enjoyed her day of days in Dublin, inflicting an almost unprecedented international defeat on Ruth Fuchs and raising her UK record of 64.42m to a stunning 67.20 for second place on the world all-time list. Since then, Tessa's career has had a slightly anti-climactic ring about it, even though she has had numerous throws in the 62-65m range and won gold (Commonwealth) and silver (European) medals in 1978. While others, including even the 'old lady' herself, continued to improve Tessa was unable to approach her best mark. Prior to the Germany v UK v Romania women's match in Stuttgart on June 5th, Tessa's world all-time ranking had slipped to third with Eva Raduly-Zorgo, behind Fuchs (69.96) and Kate Schmidt (69.32), and she occupied only sixth place on the 1980 world list with a throw of 64.90. But in Stuttgart, watched by her coach Wilf Paish, she leapt back into Olympic gold medal contention with a stupendous cast of 69.70 . . . the second longest throw in the entire history of the event! Indeed, it would have constituted a world record just a few weeks earlier. Clearly, she is very much in the race to achieve the distinction of the first 70m throw. Tessa produced another great throw of 68.54 in the 5th round (her series: 56.48, 64.56, 69.70, 63.88, 68.54, —) and had the added

satisfaction of defeating Eva Raduly-Zorgo, one of her main rivals in Moscow, whose final round throw of 67.22 was also a personal best.

The British girls had a good day all round in the Neckarstadion, and defeated Germany 78-67. There was no direct UK v Romania match, but as the Romanians were beaten 79-50 by the Germans it would have been no contest. Sonia Lannaman had a hand, not to mention two very nimble legs, in three victories. Off to one of her best starts, she dominated the 100m, with nearly 1½ metres to spare over Heather Hunte in a just-windy 11.11 as Olympic champion Annegret Richter trailed nearly 4m behind. In the 200, with the wind reading exactly on 2m/sec, Sonia missed her pending UK record by only 2/100th with 22.60 after a fine race with Kathy Smallwood. Kathy led into the straight, Sonia overtook her, and in a thrilling finish held off the counter-challenge of the taller girl, whose time of 22.66 was her fastest ever. What a future Kathy has eventually at 400m — though she's not doing badly in the 100 and 200 right now! Meanwhile, the new British No. 1 at the 400 — unless this weekend's Olympic trial indicates otherwise — is Linsey MacDonald, who followed up her UK Junior record of 51.66 at Cwmbran with another glorious run of 51.94. She entered the finishing straight level with Joslyn Smith but whereas her team-mate faded to

WARRINGTON ATHLETIC CLUB

Present 5th Annual

HAROLD WOOD MEMORIAL

7¾ MILES ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 9th AUGUST
3 p.m.

From Leisure Centre, Old Road,
Ashton-in-Makerfield, Wigan

Prizes: at least 1st 20 Inds. (1st Prize Portable T.V.), 1st 3 Teams (3 score). Plus 1st 3 Vets O/40, 1st Vets. Team, 1st 2 Vets. O/50, 1st Vet. O/60, plus spot prizes.

Postal entries: 40p Ind., 60p Teams (all other entries 80p), by 2nd August, to Roy Wood, 26 Oakwood Avenue, Ashton-in-Makerfield, Wigan WN4 9NS. Tel. 76426.

S.A.E. for course map & travel directions. All competitors must be 17 years on the day of the race.

So you didn't get picked for Moscow?
Treat yourself to a day of fun and scenery
in the West Coast of Scotland

LOCHABER A.A.C.

present

LOCHABER HIGHLAND GAMES

(Under S.A.A. Laws)

SATURDAY, 26th JULY, 1980
at 2.00 p.m.

in the Town Park, Claggan, Fort William
FULL TRACK & HEAVIES PROGRAMME
PLUS

- * CHIEFTAIN, JIMMY SAVILLE, MBE *
- * HILL RACE * PIPE BAND *
- * DISPLAYS * HIGHLAND DANCING *

ALSO

A FEAST OF HILL RUNNING

THE LOCHABER THREE

THE MELANTÉE — SAT., 26th JULY 3½ Miles —
1500' — Cat 'A' — 3.00 p.m. approx.

HALF NEVIS — SUN., 27th JULY 6 Miles — 2200' —
Cat 'A' — 1.00 p.m.

COW HILL — MON., 28th JULY 3 Miles — 900' — Cat
'B' — 6.30 p.m.

ALL 3 RACES OPEN TO WOMEN

Entry forms for all events from: Eric Lee, Leesholme,
Cameron Road, Fort William, Inverness-shire. Tel. 0397
4204.

ENTRIES CLOSE 12th JULY, 1980

finish third the Scots lass maintained her stride for victory over Gaby Bussmann. Later, Linsey and Joslyn, along with Michelle Probert and Donna Hartley (who won a non-scoring 400 in her season's best of 52.33), combined for a fast 3:28.6 relay; while Sonia anchored the sprint squad to a 43.32 timing.

Britain scored maximum points in the 100 hurdles in somewhat controversial circumstances. Shirley Strong, with a spectacular surge over the last hurdle and run-in, won in 13.29 with Lorna Boothe trailing . . . only to find that the race would be re-run as some of the hurdles were at the wrong height. Two of the girls refused to run again, and this time Shirley won in 13.27 from Lorna. Chris Warden was an easy winner of the 400 hurdles in the second fastest time ever by a Briton (56.76) and Sue Dalgoutte posted a personal best of 58.29, ahead of Silvia Hollmann. There was a pb also for Janet Marlow in the 1500, while Sue Reeve was just 1cm short of her legal best long jump of 6.69m. She had a great scrap with Anke Weigt, who jumped 6.61 in the 2nd round to Sue's 6.68 (+1.8m), and then settled the issue with 6.80 in the 5th round. Meg Ritchie, just back from the USA, narrowly lost 2nd place in the discus to former world record holder Argentina Menis. The UK record breaking bubble burst at last for Louise Miller, finding 1.89m beyond her this time, but she wasn't disgraced in a very good field.

Ossie Cham set a new UK Junior high jump record of 2.16m in one of the supporting men's invitation events.

Women's Match

100: (+2.3m) 1, S. LANNAMAN 11.11; 2, H. HUNTE 11.25; 3, A. Richter (G) 11.50; 4, M. Hirsch (Ger) 11.62; 5, O. Somanescu (R) 11.74; 6, L. Negova (R) 12.15. **200:** (+2.0m) 1, LANNAMAN 22.60; 2, K. SMALLWOOD 22.66; 3, U. Sommer (G) 23.37; 4, H. Gaugel (G) 23.65; 5, N. Lia (R) 23.84; 6, O. Somanescu (R) 23.97. **400:** 1, L. MACDONALD 51.94; 2, G. Bussmann (G) 52.17; 3, J. SMITH 52.87; 4, E. Tarita (R) 52.97; 5, M. Samungi (R) 53.56; 6, E. Decker (G) 53.72. **800:** 1, M. Klinger (G) 2:03.9; 2, P. Kleinbrahm (G) 2:04.5; 3, M. Radu (R) 2:04.5; 4, E. BARNES 2:04.7; 5, C. McMEKIN 2:06.3. **1500:** 1, B. Friedmann (G) 4:06.7; 2, M. Puica (R) 4:08.1; 3, J. MARLOW 4:09.0; 4, E. Schacht (G-gst) 4:10.9; 5, C. HANSON 4:12.7; 6, B. Kraus (G) 4:17.8. **100H:** (+0.7m) 1, S. STRONG 13.27; 2, L. BOOTHE 13.30; 3, D. Baum (G) 13.39; 4, M. Dumitrescu (R) 13.49. **400H:** 1, C. WARDEN 56.76; 2, S. Bungener (G) 57.97; 3, S. DALGOUTTE 58.29; 4, S. Hollmann (G) 58.65. **4x100:** 1, UK (HUNTE, SMALLWOOD, B. GODDARD, LANNAMAN) 43:32; 2, Germany 43.83; 3, Romania 51.43. **4x400:** 1, UK (MACDONALD, M. PROBERT,

SMITH, D. HARTLEY) 3:28.6; 2, Romania 3:29.7; 3, Belgium (gsts) 3:30.8; 4, Germany 3:39.9. **HJ:** 1, B. Holzapfel (G) 1.92; 2, C. Popa (R) 1.89; 3, U. Meyfarth (G) 1.89; 4, L. MILLER 1.86; 5, N. Vasile (R) 1.80; 6, G. HITCHEN 1.75. Guest: A-E. Karlsson (Swe) 1.83. **LJ:** 1, A. Weigt (G) 6.80; 2, S. REEVE 6.68; 3, H. Schmidt (G) 6.53; 4, V. Ionescu (R) 6.24w; 5, A. MANLEY 6.14. Guest: S. Everts (G) 6.54. **SP:** 1, E. Wilms (G) 19.64; 2, M. Loghin (R) 19.33; 3, B. Philipp (G) 17.53; 4, M. RITCHIE 16.25; 5, A. LITTLEWOOD 16.06; 6, F. Tacu (R) 15.50. **DT:** 1, Tacu 65.74; 2, A. Menis (R) 60.82; 3, RITCHIE 60.78; 4, I. Manecke (G) 60.12; 5, Wilms 57.56; 6, L. MALLIN 52.32. **JT:** 1, T. SANDERSON 69.70 (**Commonwealth & UK rec**); 2, E. Raduly-Zorgo (R) 67.22; 3, I. Thyssen (G) 61.30; 4, E. Helmschmidt (G) 53.84; 5, J. ZASLONA 53.04; 6, C. Dobrioniu (R) 52.50. Guest: K. Smith (US) 63.66. **Match Results:** UK 78, Germany 67; Germany 79, Romania 50.

Non-scoring Events: **100:** (—0.2m) 1, B. GODDARD 11.45; 2, W. CLARKE 11.58; 3, H. BARNETT 11.71; 4, E. Possekel (G) 11.88. **400:** 1, D. HARTLEY 52.33; 2, R. PATTEN 53.07.

Men's Events

100: (+3.2m) 1, C. Haas (G) 10.21; 2, C. SHARP 10.33; 3, F. Heer (G) 10.52. **(B)** (+1.6m) 1, S. GREEN 10.43; 2, L. HOYTE 10.56. **5000:** 1, T. Wessinghage (G) 13:40.6; 2, S. BINNS 13:44.7; 3, F. Zimmermann (G) 13:45.1. **110H:** (—1.9m) 1, H-G. Klein (G) 13.98; 2, D. Gebhard (G) 13.99; 3, P. Scholz (G) 14:17; 4, B. PRICE 14.21. **400H:** 1, H. Toboc (Rom) 49.46 (rec); 2, H. Weber (G) 49.70; 3, W. Richter (G) 50.74; 4, M. Burkle (G) 50.80; 5, W. HARTLEY 50.81. **4x100:** 1, Germany 39.21; 2, UK (GREEN, McFARLANE, SHARP, HOYTE) 39.29; 3, Spain 39.83. **HJ:** 1, C. Thranhardt (G) 2.31; 2, A. Proteasa (Rom) 2.25; 3, A. Schneider (G) 2.25; 4, G. Nagel (G) 2.22; 5, O. CHAM 2.16 (**UK Jnr rec**). **PV:** 1, G. Heinrich (G) 5.30; 2, J. GUTTERIDGE 5.00.

SRI CHINMOY 7 MILE RACE

(Under S.C.A.A.A. & W.C.C.A. Laws)

Open to all Males O/17 and Ladies O/19

HYDE PARK, LONDON

SATURDAY, 28th JUNE, 1980

at 8.00 a.m.

Flat Course — Mile markers

Entry (50p) and enquiries (SAE): Tony Smith,
17 Cardigan Road, Barnes SW13. Tel: 01-876
4760.

"Run and Become . . . Become and Run"

A Fifth Gold Might Have Been Possible For Al

ALTHOUGH he stands squarely behind the US Olympic Committee's decision to boycott the Moscow Games, Al Oerter will be sadly missed. That impossible dream of his — to compete in his fifth Olympics, 12 years after winning his fourth gold medal — would surely have been realised . . . and who knows what he might have gone on to achieve in the Games. Returning to Kansas, where he was a college Freshman at the time of his first Olympic triumph 24 years ago, Oerter astonished the track and field world yet again on May 31st when, in the USTFF Championships at Wichita, he uncorked the longest throw of his life — an astounding 69.48m! Only Mac Wilkins (69.76) has a better throw in the world this year, and it ranks Al fifth on the all-time list. "Maybe there's life in these old arms yet", he remarked.

Another of the sport's living legends, Grete Waitz, clocked the extraordinary time of 30:59.8 for an accurately measured 10,000m road course in New York's Central Park on May 31st. Joyce Smith placed 8th in 34:12 and Gillian Adams 20th in 34:55. The USA Olympic marathon trial on May 24th lost most of its point (Bill Rodgers didn't bother to compete), although the first three are being rewarded with a trip to Fukuoka in December. Tony Sandoval, who just missed making the team in 1976, was the winner in 2:10:19.

Meg Ritchie scored an excellent double in the USA women's collegiate championships, while at the same meeting Andrea Lynch-Saunders showed the best form of her comeback in placing 2nd in the 100 in 11.32.

USA Results

29.3. Cape Girardeau. 800: NICK BROOKS 1:53.1, GEOFF COOPER 1:54.1; 1500: COOPER 3:49.2, GUY DWELLY 3:50.1, STEVE ANDERS 3:50.8; 5000: ANDERS 14:22.0. **30.3. Albany.** (USA women's 10,000 champ) Slater 33:26, St Hilaire 33:31. **4/5.4. Austin.** 4x1M: 4, Memphis State 16:44.5

WOODFORD GREEN A.C.

GRADED MEETING

WEDNESDAY, 9th JULY

6.45 p.m. 3 Km walk
7.10 p.m. 200m, Hammer, Long Jump
7.30 p.m. 3,000m
8.10 p.m. 800m

Entry Fees: 30p Senior & Vets, 25p others & 2nd event.

Entries to: John Hayward, 128A Princes Way, Buckhurst Hill, Essex, (before evening).

ENTRIES CLOSE TUESDAY, 8th JULY

(BROOKS 4:06.5, DWELLY 4:08.2, ANDERS 4:10.9, COOPER 4:18.9); Distance Medley: COOPER 1:53.0 (800), Dwelly 3:00.9 (1200), ANDERS 4:01.5 (1600). **11.4. Knoxville.** 1500: 7, COOPER 3:47.6; (B) 3, DWELLY 3:51.3. **19.4. Memphis.** 400: 5, BROOKS 48.36 (& 47.2 440y relay leg); 800: COOPER 1:51.8; 1500: ANDERS 3:48.7, DWELLY 3:52.8, JIM WISE 3:55.0. **19.4. Sacramento.** Mar. 5, ROGER BROWNSLEY 2:45.48. **20.4. Redmond.** 20kmW: O'Connor 86:26 (rec). **20.4. Walnut.** DT: Oerter 64.34. **25.4. Wayland.** PV: Porter 5.48. **26.4. Clarksville.** 800: BROOKS 1:54.1; 1500: ANDERS 3:52.8, COOPER 3:54.1; 5000: WISE 14:29.0, ANDERS 14:32.4. **3.5. Bloomington.** 400H: Lundy 49.91. **6.5. Princeton.** 100: Berrie (P. Rico) 10.1. **9.5. Tuscaloosa.** SP: Halldorsson (Ice) 20.54. **10.5. Niagara Falls** (Olympic Trial 50kmW) Schueler 3:59.34 (rec), Evoniuk 4:00:30, O'Connor 4:11.03. **10.5. Tucson.** HJ: Frazier 2.29. **11.5. Westwood.** Mile: splits in Scott's 3:53.1 were 58.9, 60.0, 58.8, 55.4. **11.5. College Park.** 800: JULIAN SPOONER 1:49.9. **11.5. Far Hills.** 15km road: Lindsay 43.54, Viren (Fin) 44:05, Meyer 44:21, Rojas 44:46, Mavis 44:52, DAVE MURPHY 44:53, Quax (NZ) 44:54 . . . 20, TONY STAYNINGS 46.14; 28, Rodgers 46:44; 195, H. Rono (Ken); women — Lyons 51:50, Moller (NZ) 53.06, Binder 53.29, Gareau (Can) 53.43. **14.5. Provo.** TJ: de Oliveira (Bra) 16.56.

16.5. Irvine. HT: MATT MILEHAM 67.10. **16/17.5. Waco.** 100: Lewis 10.24w, Illorson (Camer) 10.27; 200: Lewis 20.68; 400: Kerr 45.56; 400H: Smith (Jam) 50.13; HJ: 2, Howard (Jam) 2.16; SP: 5, McEvoy (RoI) 17.70. **16/17.5. Manhattan, Kans.** 5000: MARK SCRUTTON 14:15.5; 3000SC: 6, SCRUTTON 9:06.7; TJ: Parrette 16.66w. **17.5. Modesto.** 100: (+2.2m) Brown 10.19, Quarrie (Jam) 10.24, Roberson 10.27, L. King 10.34, Riddick 10.36; (B) (+2.5m) Jones 10.35, Bradford (Jam) 10.35 (10.34w ht); 200: Roberson 20.71; (B) L. King 20.59, Hampton 20.75; 400: Hassan (Sud) 45.75; Parks 46.26; 800: Enyeart 1:48.2, Robinson 1:48.4; Mile: Scott 3:58.2; 110H: (+3.2m) Cooper 13.44, Milburn 13.60 . . . 7, Obasogie (Nig) 13.98; 4x100/4x200/4x400: Philadelphia Pioneers 39.24/1:20.9/3:03.3; HJ: Stones 2.21, Kotinek 2.21; PV: Olson 5.50, Woepse 5.50; LJ: King 7.98; TJ: Banks 17.12, de Oliveira, (Bra), 16.93, Marlow 16.79; SP: Oldfield 21.61, Feuerbach 20.68, Anderson 20.67, Walker 20.50, Dolegiewicz (Can) 20.35; DT: Wilkins 69.76, Hjeltens (Nor) 67.66, Plucknett 67.44, Gardner (Isr) 65.12 (rec), Burns 64.74 . . . 8, Chambul (Can) 62.10; HT: Olsen (Nor) 73.66; TJ: Kennedy 85.54, Petranoff 83.50; women's 400M Campbell 52.47, Akinyomi (Nig) 52.72, VERONA ELDER 53.20; 800: Campbell 2:01.5,

Mondesire-Saunders (Can) 2:02.2; HJ: Brill (Can) 1.93; DT: Griffin 61.08 (rec). 17.5. Eugene. Mile: Centrowitz 3:57.8; 5000: Chapa 13:33.3, Clary 13:33.6. 17.5. Auburn. 100: Floyd 10.0, Mallard 10.1; 200: Mallard 20.42, Lattany 20.62, Floyd 20.69. 18.5. Philadelphia. 200: Wiley 20.55; 400: Oliver 45.9; 800: Martin 1:48.0 . . . 4, SPOONER 1:49.3; Mile: Paige 3:54.7, Maree (SA) 3:55.9, Masback 3:57.7, Bitok (Ken) 3:57.7; 5000: (less than hour after mile) Maree 13:58.9; women's 100H: Rot (Isr) 13.56, Young 13.65, SHARON COLYEAR 13.86. 18.5. Westwood. 100/200: Quarrie (Jam) 10.42/20.45; women's 100/200: Taylor (Can) 11.26/22.68 (rec). 18.5. San Angelo. 800: S. Koskei (Ken) 1:46.9.

10.5. Tallahassee. 800: BROOKS 1:48.8. 12/13.5. Morehead. 1500: DAVE RAFFERTY 3:48.1; 10,000: 4, MURPHY 30:24.0. 17.5. Princeton. DT: Oerter 63.50, Swarts 62.58. 17/18.5. Auburn. 100: (ht) Floyd 10.17; 200: (hts) Floyd 20.46, Lattany 20.60; 400: Grimes (Bar) 46.05; SP: Halldorsson (Ice) 20.32. 18.5. Hanover. 400: GLEN COHEN 47.62; 110H/400H: BOB DANVILLE 14.65/51.80; DT: Brice (RoI) 57.36 (rec); HT: 3, Linscheid (RoI) 62.86. 18.5. Philadelphia. 100: Lavarity (Bah) 10.38; 200: 2, Lavarity 20.78. 21-24.5. Eugene. (US Women's Collegiate Champs) 100: (+1.5m) Brown 11.27 (11.17w sf), ANDREA LYNCH 11.32 (11.29w sf), Ottey (Jam) 11.38 (11.36 sf) . . . COLYEAR 11.97 ht. 11.87w sf;

200: Ottey 22.86w (22.56 sf, rec); 800: MONICA JOYCE 2:06.2 sf; 5000: J. Shea 15.41.3; 10,000: J. Shea 33:02.4, M. Shea 33:03.0, Springs 33:03.4, Hamrin (Swe) 33:10.2 (rec); 100H: (+0.7m) Hightower 13.07 (12.90w sf), LaPlante 13.16, Fitzgerald 13.18, COLYEAR 13.58 (13.50 sf); 400H: Myers 56.40 (rec) . . . 8, MAUREEN PRENDERGAST 60.36 (59.76 sf); SP: MEG RITCHIE 16.51, Hauch (Can) 16.23, Walton (RoI) 15.98; DT: RITCHIE 64.34, Stalman (Hol) 57.64 (rec); Pent: Zambryzycki (Bra) 4180. 23/24.5. Seattle. 100: (+0.5m) J. Sanford 10.10; 200: (-1.4m) Sanford 20.61; 10,000: Kimobwa (Ken) 28:39.2; 3000SC: Martin 8:27.8; 110H: (-0.2m) G. Foster 13.43; HT: 5, PAUL BUXTON 59.52. 24.5. Champaign. 1500: Spivey 3:38.6; 400H: Lundy 49.82. 24.5. Buffalo to Niagara Falls. (US Marathon Trial) Sandoval 2:10:19, Durden 2:10:41, Hefner 2:10:55, Tabb 2:12:39, Wells 2:13:16, McCarey 2:13:17, Thomas 2:13:40, Minty (ex-UK) 2:13:53 . . . 85, Shorter 2:23:24. 24/25.5. Philadelphia. 400: Denman 45.99, COHEN 46.54; 800: Paige 1:46.2 . . . 4, SPOONER 1:47.8; 1500: Paige 3:43.4, Maree (SA) 3:43.6 (3:39.2 ht); 10,000: 3, MARTIN GREEN 29:46.1; 400H: Person 49:46; LJ: 2, GUS UDO 7.37.

CANADA: 2.5. Vancouver. Mar: Henry (Aus) 2:13:13, Maxwell 2:16:52; women — Bellwood (US) 2:45:26. 4.5. Etobicoke. Canadian 50kmW champ: Jobin 3:54:40 (rec), Lapointe 4:16:10.

COBRA AND THE SPIKES

When we opened the first Cobra shop last year it was right at the beginning of the track season which made it very difficult for us to get delivery of the spikes we wanted.

This year we've managed to do a bit better—not a lot is purely because we spend so much time trying to maintain stocks of our extensive range of trainers and racing flats. (You'd be amazed at the lengths we have to go to at times.)

Anyway, this year we have a less limited but selective range of spikes from the super budget meeting Adidas

PS We've also got some old established Reebok and some brand new Le Coq Spikes.

Speeder at £12.99, to the more super budget beating Nike Vainquer at £36.99, and including the famous Nike Triumph as worn by S. Coe when breaking the 800 metre record last year.

So if you happen to be in the market for some new spikes come in and see us. If we haven't got just what you want we can always get it; we'll enjoy talking to you as well (and hearing from you because you're the best teachers).

And you never know, maybe we've got the trainer or racing flat you can never find in your size.



394 Kings Road, Chelsea. Tel: 01-352 3995.
And 110 Westbourne Grove, London, W2. Tel: 01-221 3733.

AAA v LOUGHBOROUGH from page 47

(Tulloch 48.8, C. Hamilton 47.3, Fowell 47.1, Brown 47.1); 2, Loughborough 3:11.2 (Oakley 49.9, Khalifa 48.0, Scutt 46.9, Coe 46.4).

HJ: 1, C. Harris 2.08; 2, A. Dainton (L) 2.05; 3, F. Redley 2.00; 4, G. Vorgic 1.95; 5, A. Ord 1.95. **PV:** 1, T. Anstiss 4.80; 2, G. Eggleton 4.60; 3, A. Baker (L) 4.25; 4, B. McStravick 4.25; 5, P. Goulding (L) 4.10. **LJ:** 1, T. Sinclair 7.22; 2, S. Pegler 7.09; 3, K. Atkinson (L) 6.88; 4, S. Clarke (L) 6.83; 5, R. Haycock 6.83. **TJ:** 1, D. Johnson 15.36; 2, N. Stoppard 14.87; 3, T. Claydon (L) 14.43; 4, B. Camp 14.34; 5, C. Carden (L) 13.77. **SP:** 1, G. Capes 21.35; 2, M. Winch 18.58; 3, N. Tabor 17.23; 4, S. Rodhouse 17.12; 5, I. Lindley

(L) 16.68; 6, R. Slaney 16.48. **DT:** 1, P. Tancred 60.36; 2, Slaney 56.58; 3, P. Gordon 53.64; 4, D. Roscoe 50.48; 5, Tabor 49.66; 6, A. Garforth (L) 42.78. **HT:** 1, P. Dickinson 72.48 (**AAA national rec**); 2, J. Whitehead (L) 67.04; 3, I. Chipchase 62.72; 4, B. Williams (L) 62.58; 5, R. Weir 61.86. **JT:** 1, J. Trower (L) 74.90; 2, T. Newenham (L) 67.20; 3, P. Ostapowycz 66.88; 4, G. Brooks 66.74; 5, S. Pearson (L) 65.32. **Match Result:** AAA 135, Loughborough Past & Present Students 71.

Women's 800: 1, T. Colebrook 2:04.5; 2, J. Prictor 2:04.6; 3, J. Finch 2:06.5; 4, G. Dainty 2:07.2; 5, J. Clarke 2:10.7; 6, J. Laughton 2:11.9; 7, K. Pilling 2:12.2; 8, S. Hutton 2:12.4.

CITY OF DUNDEE DISTRICT COUNCIL CIVIC AMENITIES DIVISION ENTERTAINMENT SECTION**PERTH TO DUNDEE ROAD RACE**

(Under S.A.A.A. & S.W.A.A.A. Laws)

SUNDAY, JULY 6th, 1980**North Links, Perth, to Caird Park Stadium, Dundee —****Race distance approximately 22 miles****Race commences 2 p.m. — Assemble at Caird Park Stadium at 12 noon**

Prize Values: 1st £40.00 plus Barnett Trophy, 2nd £20.00, 3rd £10.00. Veterans Prize £10.00. First Prize kindly donated by Mr R. Barnett.

CLOSING DATE FOR ENTRIES, MONDAY, 23rd JUNE, 1980**No entry fee.**

In the event of insufficient entries, the City of Dundee District Council reserves the right to withhold prizes.

Entries to: The Entertainment Officer, 16 City Square, Dundee DD1 3BD.

CLASSIFIED ADVERTISEMENTS

6p per word. Trade 12p per word, 6 insertions of same copy 11p per word, 13 insertions 10p per word, 26 insertions 9p per word — prepaid.

TRAINING DIARY. 90p, (B.A.A.B. APPROVED). Starts anytime! Any event/sport! 'NUTRITION', 50p; 'ATHLETICS INJURIES', 50p; 'TEACHING ATHLETICS', 60p. **150-PLUS BAG/CAR STICKERS!** Amusing, Serious; "OLYMPIC REPORT 1976", J. Coote: £1.50/Published: £4 (* = post-paid). Samples, Catalogue (10p S.A.E.): Arena Publications, 325 High Road, London SW16 3NS.

MARY PETERS' AUTOBIOGRAPHY "MARY-P" £1.50*/Published: £3.31* (* = post paid). Arena (Above).

RUNNING TO KEEP FIT, by Brian Mitchell, is a "Teach Yourself" paper-back, 95p from all bookshops. Companion volume, **RUNNING TO WIN**, also available.

"CONCISE GUIDE FOR SCHOOLS and Club Athletics". A handy working guide for P.E. Teachers and Coaches teaching groups of youngsters the basics of track and field events. 35p plus 15p for postage — total 50p. Essex Federation Of Athletic Coaches, 10 Dee Close, Upminster, Essex.

MIDDLE DISTANCE ATHLETE (23) moving to new job in Cambridge approx. mid June seeks accommodation. Anything considered. Please write to: **Robert McKim, 156 Kirkton Holme Road, West Mains, East Kilbride G74 1DX.** (Include Tel. No. if available).

1980 MECHANICS OF THE POLE VAULT — New edition, Ganslen — £3.50 — Dr A. T. Neuff, 118 Brownspring Drive, London SE9 3LD.

ATHLETIC AWARDS, CLUB BADGES, MEDALS & PRESENTATIONS of EVERY DESCRIPTION; Send for list and full details. **GREENS OF OLYMPIC TROPHIES**, Astley Lane, Bedworth, Warwickshire. Phone: 0203 312183.

T-SHIRTS, SWEATSHIRTS, Running Vests printed with your club logo. Top quality, low prices. Send for brochure NOW to **T. S. Design and Marketing, Andil House, Court St., Trowbridge, Wilts.**

RUNNER'S WORLD — Annual Subscription £14.50. Latest issue by return post. Sports Market, Box 247, Croydon, Surrey.

AMERICAN STYLE JOGGING SUITS, 92% Cotton, long sleeves, crew neck. Gun metal grey. Small, Medium or Large. £9.95 + 80p P & P. Access/Barclaycard orders welcome by telephone. Reynolds Sports, Dept. AW, 51/52 High Street, Lincoln. Tel. 20339.

**You and your body
work hard turning diet protein
into muscle**

Casilan makes the job easier!

Join the "90% Protein" Casilan Team. Casilan makes the job of building muscle easier than most other dietary protein supplements for two very good reasons.

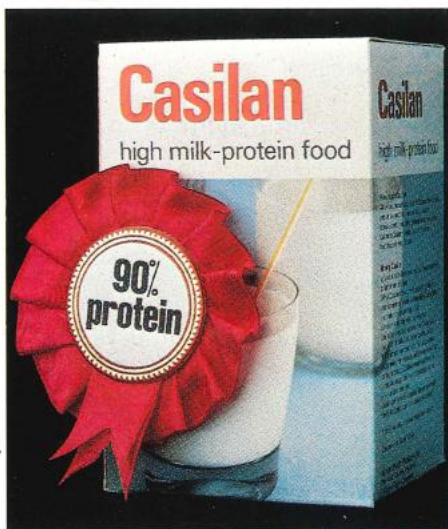
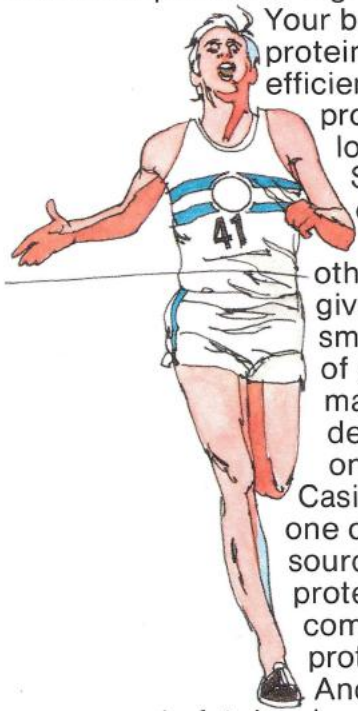
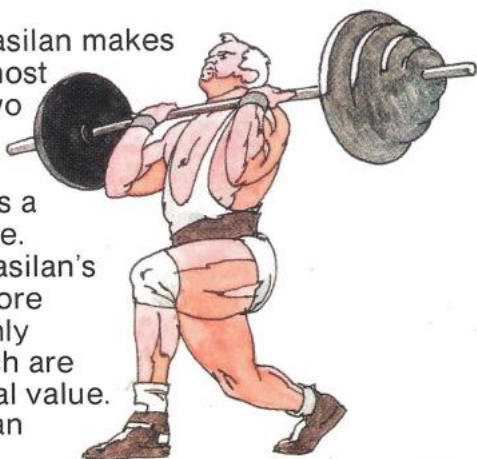
Firstly, Casilan is made from Calcium Caseinate, derived from milk protein it is a first class protein of high biological value.

Your body converts Casilan's protein into muscle more efficiently than soya only protein foods which are lower in biological value.

Secondly, Casilan contains 90% protein. Many other supplements give you such a small percentage of protein, the makers don't even declare the figures on their packages.

Casilan adds up to one of the very best sources of dietary protein when compared to other protein supplements.

And Casilan is low in fat - low in sodium.



Join the Casilan "90% Protein" Team today.

Casilan is a Trademark

Farley Health Products Ltd. Plymouth, Devon, England. A Glaxo Group Company.

“For the pro, or for just knocking around in!”

NIKE have introduced a general-purpose training and jogging shoe. A highly sophisticated shoe manufactured to our usual stringent specifications.

Available in two leather colourways — Black with black suede toe, lace and heel sections — white ‘swoosh’ or White with white suede trimmings and blue ‘swoosh’, — or in Oxford nylon uppers — Royal, with suede toe, lace and heel sections, finished with a Silver ‘swoosh’ and heel-pull.

The sole has been designed with a raised hexagonal moulded pattern which gives excellent grip on the road or at the disco! The flared sole is bonded to a two-tone foam sandwich in Black and White or Blue and White.

The shoes are sturdily built to out-last any of the latest disco styles and have added strengthening and padding in the heel and ankle sections.

A hard wearing shoe made with advanced ideas for performance on, or off the road and manufactured with the utmost concern for quality and workmanship.

However exacting our specifications are, you won't believe us until you've stepped into a pair of NIKE ROAD RUNNERS!

Beep Beep!



RELIANCE SPORTSWEAR LIMITED

Ryburne Mill, Hanson Lane, Halifax,
West Yorkshire HX1 4SE.
Telephone: 0422 62171.
Telex: 517192.



Fully illustrated brochure available on request.