

Athletics

WEEKLY

Vol. 18 No. 24
June 13th, 1964

THE ATHLETE'S MAGAZINE



**INCORPORATING
MODERN ATHLETICS
& WORLD ATHLETICS**

INSIDE

Davies & Alsop
Star at Ghent



More Records by
Ken Matthews



Ron Hill Runs
Fastest "20"



Southern and
Northern Women's
Championships



A.A.A. Age Groups



Cover photo by Photonews:
John Rowley (Ponders End) wins the
Middlesex 880 yards Championship in 1 min.
52.2 sec. from Derek Haith (T.V.H.).

Bukta

Athletic Vests

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Long Jumpers Star at Ghent

LONG jumping took pride of place in the "A" match between Benelux and Gt. Britain at Ghent last Saturday. Lynn Davies again showed Olympic medal-winning form as he recorded jumps of 25'8", 26'1", 26'0½" and 25'10". Unfortunately Davies, who was competing as a guest, reinjured himself, though apparently the damage is not serious. The match event was won by Fred Alsop, who really excelled himself with three jumps over 25 feet (25'2½", 25'4" and 25'4½") for third place on the UK all-time list behind Davies (26'3½") and John Morbey (25'5½").

Despite facilities which left much to be desired (330m track, sub-standard field event areas) five other members of the British team besides Alsop set personal bests: John Cook (52.1 400mH), Peter Lyons (13'6½" PV), David Smith (48'0" TJ), Jeff Teale (54'9½" SP) and Arthur McKenzie (162'11½" DT). The visitors won 14 of the 19 events (there was no steeplechase) and ran out comfortable victors by 114½ points to 83½.

100m: 1, L. Davies (GB) 10.8; 2, F. Luitjes (N) 10.9; 3, D. Young (Gt. Britain) 11.2; 4, P. Poels (B) 11.2. **200m:** 1, R. Brightwell (GB) 21.9; 2, J. Noordenbos (N) 22.1; 3, B. Rossignol (B) 22.3; 4, J. Archer (GB) 22.4. **400m:** 1, T. Graham (GB) 48.2; 2, J. Penne-waert (B) 48.8; 3, T. Vellinga (N) 49.2; 4, R. Steane (GB) 49.6. **800m:** 1, J. Lambrechts (B) 1:49.1; 2, J. Williams (GB) 1:50.1; 3, A. Dean (GB) 1:50.7; 4, P. Rockaerts (B) 1:51.7. **1,500m:** 1, W. McKim (GB) 3:49.3; 2, J. Whetton (GB) 3:49.3; 3, A. de Hertoge (B) 3:50.5; 4, H. Sney-vangers (N) 4:05.1. **5,000m:** 1, J. Herring (GB) 14:11.8; 2, F. Murray (GB) 14:11.8; 3, E. Allon-sius (B) 14:14.2; 4, H. Leenaerts (B) 14:38.2. **10,000m:** 1, M. Turner (GB) 30:05.4; 2, J. Tay-lor (GB) 30:24.2; 3, K. Clement (N) 31:41.0; 4, de Bruyn (N) dnf. **110mH:** 1, L. Taitt (GB) 14.5; 2, L. Marien (B) 14.6; 3, R. Morrod (GB) 14.8; 4, E. Kamerbeek (N) 15.1. **400mH:** 1, P. Warden (GB) 52.1; 2, J. Cook (GB) 52.1; 3, W. Geeroms (B) 53.1; 4, F. van Cauwen-bergh (B) 54.5. **4x100m:** 1, Benelux (Poels, Roos, Smit, Luitjes) 41.5; GB (Davies, Archer, J. Knowles, Young) disq. **4x400m:** 1, GB (Steane, Cook, Graham, Brightwell) 3:13.4; 2, Benelux (de Broux, Vandalen, Jarry, Penne-waert) 3:17.2. **HJ:** 1, D. Cairns (GB) 6'0½"; 2, J. van Slype (B) 5'10½"; 3, C. Dengis (B) and A. Kilpatrick (GB) 5'10½". **PV:** 1, P. Coppejans (B) 15'0½" (rec); 2, P. Lyons (GB) 13'6½"; 3, R. Porter (GB) 13'1½"; 4, G. Sax (L) 12'5½". **LJ:** 1, F. Alsop (GB) 25'4½"; 2, G. Salmon (B) 24'3½"; 3, L. de Winter (N) 23'9½"; 4, P. Reed (GB) 23'5½". **TJ:** 1, M. Evers (N) 50'8"; 2, D. Boosey (GB) 50'6½"; 3, F. Herbrandt (B) 50'6"; 4, D. Smith (GB) 48'0". **SP:** 1, M. Lind-say (GB) 58'11"; 2, J. Teale (GB) 54'9½"; 3, C.

van Wees (N) 51'3½"; 4, E. Szostak (B) 50'2". **DT:** 1, K. Koch (N) 176'7"; 2, B. Rebel (N) 165'3"; 3, W. Tancred (GB) 164'11"; 4, A. McKenzie (GB) 162'11½". **HT:** 1, H. Payne (GB) 195'3½"; 2, J. Romani (N) 184'3½"; 3, J. Dutton (GB) 177'4"; 4, J. Bigelbach (L) 154'2½". **JT:** 1, J. Greasley (GB) 232'0"; 2, G. van Zeune (B) 227'4"; 3, R. Lane (GB) 222'3½"; 4, C. Krier (L) 221'11". **Result:** GB "A" beat Benelux 114½-83½. (B—Belgium, L—Luxem-bourg, N—Netherlands).

WEEK-END ROUND-UP

Wigan—100y: Meakin 9.5. **Alperton**—3M: Wiggs 13:32.4. **Weymouth**—Cdr. Collins' team (180½) beat AAA (105½) and Combined Services (105); 880y: Boulter 1:50.7; 3M: Hogan 13:37.8. **Southend**—Essex 6M: Batty 28:54.0. **Berlin**—Woodford Green won international club match; 100m/200m: D. Jones 10.4/21.2. **Belfast**—N. Ireland Champs; 220y/80mH/SP: Peters 25.1/11.0/49'2½"; 440y/880y: Kyle 56.6/2:17.7. **HHH 10M Road Race**—Heaver 52:30. **Bath "15"**—Crook 1:17:35, Edwards 1:17:51, Price and Edmonds 1:19:47. **Stevenage "10"**—Johnston 49:32 (Kilby awarded first prize, however, for he was leading by 400 yards when accidentally misdirected just 200 yards from finish; prob-able time would have been about 48:20. The Organisers wish to thank the competitors, par-ticularly the first three finishers and the Birch-field, TVH and Shaftesbury teams for their sportsmanship in approving the award of the prizes. (Full details next week).

MIDLAND RANKING LISTS

The MCAAA hope, with the co-operation of athletes, club secretaries and local NUTS, to have a ranking list of Midland athletes which would include those with Midland qualifica-tions in any part of the country. Details of any performances should be forwarded on to the MCAAA, 191 Bradford St., Birmingham 12.

FORD SPORTS SECOND

In a road relay at Antwerp, over stages from 250 to 1,100 yards, Ford Sports were second in 13.20 to Royal Bell Tel. AFC 13.19. K. O. N. Gavaert Ath. were 3rd in 13.32.

* * *

Westbury H. elected the following: President, G. R. Walker; Chairman, A. Cooper; Secre-tary Miss J. Walker, 44 Lake Road, Westbury on Trym, Bristol (Bristol 626968); Ladies' Sec., G. R. Walker (address as above).

* * *

Grafton AC have vacancies for 3 clubs in friendly match at Victoria Park on June 20th (2.30). Write to B. E. Benson, 47 Harris Bldgs., Golding Street, London E.1.

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ATHLETICS WEEKLY

OFFICIAL ORGAN
OF ATHLETICS
IN GREAT BRITAIN

INCORPORATING MODERN ATHLETICS AND WORLD ATHLETICS

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YET ANOTHER ROW

LAST Saturday's match at Ghent was notable on two counts: for the fine long jumping of Lynn Davies and Fred Alsop, and for yet another explosive situation between Britain's International athletes and officials. Just about everything that could go wrong did just that, but the deepest grievance concerned the shortcomings of the stadium at Ghent. Why on earth did the British powers-that-be consent to such a venue? Was a representative sent out to inspect the facilities? If not, why not? Our international athletes are entitled to expect international-class conditions when competing abroad, and it is the BAAB's responsibility to ensure they are provided.

Team captain Robbie Brightwell was understandably exasperated and one trusts that his candid comments will not harm his chances of accompanying Lynn Davies and Ron Pickering to the American AAU Championships in two weeks time. I hope that the Board can see their way to sending Robbie to the States, particularly as he was not allowed to accept a previous invitation to compete in California.

The institution of official AAA club relay records is a welcome move to popularise this side of the sport. It ought to be made known that the initiative in this matter was taken by the NUTS (and Keith Morbey in particular) who approached the AAA with detailed proposals last August.

Britain ought to reach the finals of both the European Cup tournaments next year. In the men's section we have been drawn at Oslo (August 21st/22nd) against East Germany Hungary, Finland, Norway and Belgium; and on the women's side at Warsaw (August 29th) we face Poland, Czechoslovakia, Italy, Denmark and Sweden. First two qualify for the finals to be held in West Germany on September 11th/12th and September 19th respectively.

The outstanding event this week-end is the Poly Marathon from Windsor to Chiswick, the winner of which must stand a good chance of selection for Tokyo. Ron Hill, Mel Batty, Basil Heatley and Gerry North should ensure a cracking pace, and even Buddy Edelen's best on record time will be in danger if the weather is kind. Other interesting entries include Peter Wilkinson, John Lindsell, Dennis Crook, Barry Collins, Jim Alder, Peter Sulston and Stan Eldon.

Other fixtures today include the Kinnaird Trophy (Chiswick), Royal Ulster Constabulary Sports (Belfast), Northern Championships (Blackpool), Eastern Counties Champs. (Lakenham), North Wales Champs., Northern Women's Champs. (Manchester), UAU Team Champs. (Leicester), United Hospitals Champs. (Motspur Pk), British Nylon Spinners Sports (Pontypool), Coronation Trophy (Ruislip), Durrants Trophy (Eton Manor), Ericsson Meeting (Beeston), Jack Lewis Trophy (Croydon) and the "Vauxhall Spectacular" (Luton).

(The Editor is on holiday).

Melvyn Watman

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

BRITISH POLE VAULTING

Dear Sir,

May I add one or two comments to recent views on pole-vaulting expressed in your columns?

First, the difference in performance between English and American vaulters (editorial comment, May 2nd) has many facets and is not explained merely in terms of equipment and facilities. While these are obviously important, if not essential, less consideration appears to be paid to the point that pressures are put on the American vaulter in a way which is almost unknown here. Social and, regrettably, "academic" success can sometimes depend upon athletic performance in the States; our higher educational institutions place less emphasis on physical prowess — and it is in these that American standards are set. This, I would suggest, is a national characteristic, and as unalterable as the idea that all cricketers are gentlemen. Sheer weight of numbers play a part, either in an absolute sense as in America, or as a percentage of the population, as in Finland.

Mr. Douglas's points (May 16th) are well taken. Improvements in national athletic standards would be infinitesimal without the coaching which goes on in schools, and it is here that encouragement is essential. The relative length of vaulting to athletic life make it imperative that every opportunity is taken to develop potential at as young an age as possible. I wonder if some impartial observer has taken it upon himself to calculate whether or not the number of participants in any athletic event is in direct numerical relationship with the cost of equipment? Certainly when the day arrives on which all events are considered equally important we shall have made a great step forward, as Mr. Douglas notes. A point to be made here is that pole-vaulting is **not** an event for the super-athlete; not when enjoyment and excitement are the criteria. Top vaulters of course must have physical qualities above the average, but the boy who clear 6ft. gets as much satisfaction and sense of achievement as the 4ft. high-jumper or the 5½ minute miler; at school level we must try to clear the dead-wood of mechanistic principles and over-emphasis on performance which bogs teacher and taught alike. A point which two correspondents stress is the lack of competition, yet the P.V.A. has never had more than 15 entries for the schools postal competition, perhaps for the reasons I mention

Finally, while I would agree with Mr. Abbott (May 30th) about attitude and so on, he is perhaps unaware that there is an increase in the number of vaulters trying to swing over 11ft. NUTS rankings between 1961 and 1964 show an improvement from 65 to 86 over that mark. At the top end we have 14 vaulters over 13ft.; a minute improvement over the 11 of 1961, but let it not be forgotten that pole-vaulting, as it stands in the athletic picture at the moment, is a minority event—in a minority group.

May I close by repeating that we are ever ready to help any young vaulter in any way we can?

Yours faithfully,

W. T. Hamilton

(Hon. Sec. Pole Vaulters' Association;
A.A.A. Hon. Senior Coach.

Dear Sir,

I am writing to you on behalf of all British pole vaulters who, for as long as I can remember, have been subject to the most treacherous vaulting facilities.

ALL pits in this country are atrocious. No wonder we have not produced a first class vaulter, we are too busy recovering from injuries and filled with apprehension, having no faith in landing areas. Surely the object is to **clear the bar**, not worry about landing safely. We must be "the best landers in the business!"

I have been pole vaulting for 13 years and apart from my own pit I have never vaulted into any that assures safe landings. They are too narrow, too hard, too low, dangerously constructed, some even with concrete blocks surrounding. I have even jumped into pits lower than the runway!

They are hardly ever dug, leaving the surface—to quote many American vaulters—"like concrete." The run-ups are usually too short and badly neglected. Plant boxes protrude either from sunken runways or haphazard positioning. Stands are too close together, and base areas overgrown, leaving little room for adjusting.

Now that fibre glass vaulting is here to stay, conditions **must** be absolutely safe. To have the courage to bend and use a fibre pole correctly is a feat in itself. With bigger bends come greater heights and when the pole throws the vaulter he could land anywhere in the initial stages. Even when competent the fibre pole throws the vaulter far more to the right than with the normal steel pole.

I know! I've just broken my ankle in a pit ridiculously narrow. After months of hard

work on the fibre pole my first international was in sight—GB v. Benelux. What happens now? Get fit again, and once more face a fear far greater than the height of the bar.

Yours very sincerely,

Glyn Morris

A RIDICULOUS RULE

Dear Sir,

In the Southern Women's Championships one junior and two intermediate relay teams were not allowed to compete because some of the girls had already run in two sprints. This was fair enough, as it was stated on the entry forms that juniors and intermediates could not enter for more than two track events. However, three intermediate teams were back on their marks after a false start before two of them were told they could not compete. The remaining team then had a walk-over. It seems a waste of enthusiasm that these teams could not at least have a run in the heat with the understanding that they would not be eligible for the final. One of my club-mates turned up at the meeting (at her own inconvenience) especially to complete the relay team, only to be turned away. This kind of treatment will hardly encourage athletes.

As for the new rule, limiting younger girls to a certain number of events, it is both ridiculous and inconsistent. Obviously a club wishes to enter its strongest relay team which necessarily consists of its fastest sprinters, yet it is these very girls who are the victims of the new rule. To represent her club a girl has to sacrifice one of her individual races.

I heard an argument, in support of the rule, that it prevents athletes from exhausting themselves by running in too many races. If this is the reason for its enforcement I cannot see why it should apply only to girls in track events. Surely the field events are just as tiring. Anyway, in my opinion, it is a competitor's own responsibility not to take on more than she can manage, not that of the S.C.W.A.A.A.

Yours faithfully,

P. I. Pearson.

SPECIAL OFFER

Remember that until July 1st we are accepting subscriptions at the old rate of 49s. 8d. (12 months), for direct home subscribers (or 62s. 10d. all others). From July 1st the normal subscription rate will be 75s. 10d., with special rate of £3 for direct home subscribers.



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The short history of the Association is emphatically the history of progress, and members are becoming increasingly proud of their Association. The past is a prologue of the future. The continuous advancement of the Association is due to the skill and vigour and dedication of its officials and the future is exciting.

Fixture lists of Races of about 10 Miles and over and Nomination Forms can be obtained from the Hon. Secretary.

N.B.: The next issue of the News Letter can be expected in July, and will contain a copy of the Annual Report and be accompanied by a copy of the duly certified accounts for the year ended 31st March, 1964.

E.N.

Race Walking

by L. W. Woodcock

SUBJECT to ratification, Ken Matthews, the European 20 Kms Champion, has re-written a big slice of the Record Book. Last Saturday morning at the Walton track in dull weather and humid conditions he led throughout the race and recorded new figures from six miles to two hours. With a very fast start it soon became obvious that the UK records were sure to go and the British Commonwealth records, too. At ten miles it was possible that Ken might also get inside the World figures for 20 Kms, but soon after passing the tenth mile he began to feel his earlier efforts and dropped about six seconds a lap for the next five laps.

Even so, he was still close to Golubnichiy's World figures and might have bettered them, but to the dismay of the enthusiastic but small band of spectators, his legs stiffened badly after passing the twelve miles mark and he was forced to drop a further twenty seconds a lap. This put Ken outside the World Record for 20 Kms., but showing great determination and with encouragement from those present, he nevertheless recorded the fastest time in the World this year. He was able to continue to the finish and set new UK figures for 15 miles and the Two Hours, beating Bobbie Bridge's 1914 figures.

Of the other 16 starters, 14 finished the race. Bob Clark held second place at the One Hour mark but retired at 9½ miles. Peter McCullagh was close up during the early miles but did not have a good day and slowly dropped back to finish tenth. John Edgington walked strongly in the second half of the race and got very close to the old record, finishing only 67 yards short. His clubmate George Chaplin, also passed 15 miles and showed good form. Don Thompson was a welcome competitor, and whilst the distance was on the short side for him, he finished fourth. Thanks are due to Walton Athletic Club for promoting this event and for their kind hospitality.

Matthews' New Records (previous UK best in brackets)—

- 6 Miles: 41:22.6 (Best Performance) (41:31)
- 7 Miles: 48:22.2 (UK. Nat. and Commonwealth Records) (48:23)
- 8 Miles: 55:25.2 (Best Performance) (55:59)
- 9 Miles: 62:28.8 (Best Performance) (66:41)
- 10 Miles: 69:40.6 (UK. Nat. and Commonwealth Records) (74:06)
- 11 Miles: 77:13.2 (Best Performance) (82:17)
- 12 Miles: 84:52.8 (Best Performance) (90:30)
- 13 Miles: 94:12.0 (Best Performance) (98:46)
- 14 Miles: 103:08.2 (Best Performance) (107:49.8)
- 15 Miles: 112:14.0 (AAA Nat. Record) (116:41.4)
- 15 Kms: 64:47.0 (Best Performance).

20 Kms: 88:45.8 (Commonwealth Record) (94:00.6).

One Hour: 8 Miles 1151 yds. (AAA Nat. and Commonwealth Records) (8m. 1018 yds).

Two Hours: 15 Miles 1556 yds. 1ft. (UK. Nat. Record) (15m. 701yds.).

RESULT

1, K. Matthews (Royal Sutton Coldfield) 15 miles 1556yds. 1ft. 2, J. Edgington (Godiva) 15 miles 634yds. 1ft. 3, G. Chaplin (Godiva) 15 miles 332yds. 0ft.10ins. 4, D. Thompson (Met WC) 14 miles 1165yds. 1ft. 5, G. Brown (Woodford Gn) 14 Miles 1092yds. 0ft.2ins. 6, P. Selby (Surrey WC) 14 miles 928yds. 2ft. 1in. 7, C. Young (Essex B) 14 miles 687yds. 2ft.2ins. 8, C. Fogg (Enfield) 14 miles 668yds. 2ft.5ins. 9, G. Goodair (Wakefield) 14 miles 662yds. 0ft.7ins. 10, P. McCullagh (Met. WC) 14 miles 484yds. 2ft.1in. 11, K. Easlea (Enfield) 14 miles 271yds. 2ft.

Also started: A. Thomson (Met WC) retired at 8½ miles; R. Clark (Poly) retired at 9½ miles; J. Knifton (Belgrave) retired 12½ miles.

Style Prize: P. Selby.

Other Results

May 30th

Leics and Rutland County 2 Miles, Leicester.

1, P. Markham (Leicester WC) 14:47.6; 2, P. Stapleford (Leic) 14:48.0; 3, M. Blyth (Leic) 14:53.8.

Wilts County 20 Miles and Invitation, Chippenham.

1, R. Middleton (Belgrave) 2:43.55; 2, D. Read (Steyning) 2:47.08; 3, R. Hart (Roath) 2:51.23; 4, D. Levy (Trowbridge) 2:54.36; 5, C. Young (Essex B) 2:58.13; 6, P. Duncan (Belgrave) 3:00.35. Match: 1, Trowbridge and District 11pts.; 2, Belgrave 11. Wilts Championship: 1, Levy; 2, Swallow; 3, W. Pickett.

RWA Northern Area 50 Kms Championship, Morecambe.

1, R. Wallwork (Lancs WC) 4:32.52; 2, R. Keightley (Sheffield UH) 5:08.33; 3, J. Hampshire (Wakefield) 5:10.38; 4, N. Hopkinson (Sheff) 5:13.32; 5, D. Harding (R.S.C.WC) 5:17.28; 6, J. Barraclough (Yorks WC) 5:19.02.

June 2nd

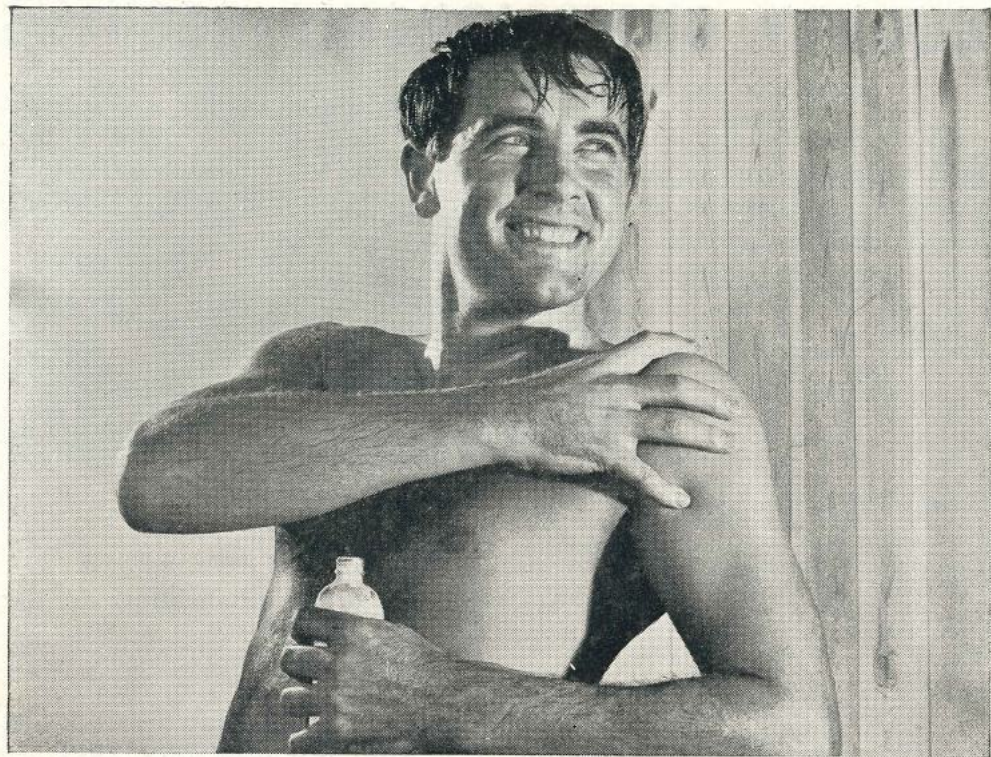
Surrey WC 6 Miles Road Handicap, Tooting.

1, P. Nihill 44:50; 2, M. Fullager 46:06; 3, P. Fullager 46:13; 4, K. Read 48:40; 5, R. Fullager 49:16; 6, R. Green 49:29. Handicap: R. Green (off 6.45).

June 6th

Belgrave H. 2 Miles Championship, Hurlingham.

1, R. Middleton 14:35.6; 2, S. Jones 15:49; 3, M. Hamlin 16:13; 4, P. Duncan 16:15; 5, B. Fotheringham 16:42; 6, R. Picton 16:58.

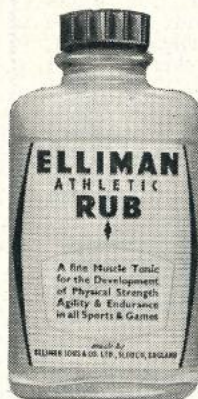


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BEDS AND HUNTS.

Juniors

100: 1, J. Smith (Ced. Sch) 10.5; 2, H. Miller (Bedford Sch); 3, A. Nichols (Hungdon S.). 220: 1, Smith 23.3; 2, G. Potter (Bed.S); 3, J. Harper (Com. C). 440: 1, B. Potter (Bed. S) 51.0; 2, A. Waller (Luton); 3, C. Newman (Kim.S). 880: 1, B. Potter 1:58.2; 2, P. Wiles (Bed. and C); 3, A. Hudson (Bed. and C). Mile: 1, P. Moules (Bed. and C) 4:32.4; 2, C. Dolan (Bed. S); 3, M. Pakey (Luton). 4x110: 1, Bedford Sch. 45.6; 2, Luton Sch.; 3, Kimbolton Sch. 1MW: 1, P. Errington (Bed. S) 8:07.0. 120H: 1, Smith 16.0; 2, L. Bram (Bed. S); 3, J. Willison (Luton T). LJ: 1, R. Hotson (Bed. S) 21'0½"; 2, Smith; 3, J. Brown (Lut. GS). TJ: 1, Hotson 43'6½"; 2, S. Aitken (Kim); 3, Brown. HJ: 1, M. Evans (Kim) 5'4"; 2, D. Jones (Lut. T); 3, D. Horton (Orton GS). PV: 1, Smith 10'8"; 2, Aldridge (Lut. GS); 3, Wells (Lut. GS). SP: 1, M. Gibbard (Ced) 42'0½"; 2, M. Hazelwood (Kim); 3, P. Skeouyton (Ced). DT: 1, Hazelwood 132'8"; 2, Smith; 3, E. Grace. JT: 1, Hazelwood 167'8½"; 2, R. Gray (Bed. and C); 3, H. Lake (BMS). HT: 1, P. Robinson (Kim) 146'9"; 2, A. Rickes (Lut. U); 3, C. Harrison (Lut. GS).

BERKSHIRE

At Bracknell, May 30th

Seniors

100: 1, B. Williams (Windsor and E) 10.4; 2, D. Brown (SEE Arborfield) 10.6; 3, R. Harding (Reading) 10.7. 220: 1, Williams 22.9; 2, J. Kind (Oxford TC) 23.4; 3, Brown 24.4. 440: 1, T. Jones (Win) 52.5; 2, J. Bailey (Brack) 54.6; 3, R. Kirby (Read) 55.2. 880: 1, T. Jameson (Ach) 1:55.8; 2, Jones 1:57.2; 3, G. Tomlin (Read) 1:58.1. Mile: 1, M. Porteous (Read) 4:16.3; 2, P. Sale (Read) 4:27.1; 3, C. Henderson (Read) 5:07.4. 3M: 1, S. Eldon (Win) 14:28.4; 2, L. Fuller (Read) 14:39.0; 3, A. Gibson (Brack) 14:47.5. 3,000mS/C: 1, J. Walmsley (Read) 10:09.2; 2, E. Weller (Maid) 10:33.9. LJ: 1, N. Tiley (SEE) 21'3"; 2, Brown 21'0"; 3, Harding 20'11¼". TJ: 1, V. Harmston (TVH) 47'7" (CBP); 2, B. Talbot (Read) 40'9"; 3, Tiley 38'9". HJ: 1, R. Carter (Read) 5'8"; 2, Alabaster (Win) 5'5". PV: 1, Tiley 10'3"; 2, A. Millar (Win) 10'0"; 3, R. Coleman (Read) 9'9". SP: 1, B. Gillo (Read) 44'7½"; 2, R. Gardner (Read) 42'4"; 3, S. George (Ashmead Sch) 42'1". DT: 1, Gillo 145'8½" (CBP); 2, George 116'7"; 3, Gardner 116'5½". JT: 1, P. Savery (Read) 161'2"; 2, J. Murphy (Win) 159'8½"; 3, B. Hall (Maid) 134'4".

Juniors

100: 1, I. Welsh (Read) 10.6; 2, R. Seward (Radley C) 10.6; 3, B. Poole (Win) 10.8. 220: 1, Seward 23.8; 2, N. Bell (Abingdon S) 24.1; 3, A. Taylor (Well. C) 24.2. 440: 1, V. Marsh

(Abing) 52.7; 2, A. Todd (Well) 53.5; 3, H. Smith (Read) 55.2. 880: 1, A. Channer (Well) 2:00.9 (CBP); 2, C. Chater (Read) 2:01.1; 3, P. Liversedge (Abing) 2:01.5. Mile: 1, B. Allen (Win) 4:27.8; 2, D. Dipper (Read. S) 4:34.7; 3, R. Dipper (Read. S) 4:36.4. 120H: 1, C. McArthur (Brad. C) 16.8; 2, D. Shilton (Brad) 16.8; 3, D. Sturdee (Well) 19.5. 1500mS/C: 1, R. Dipper 4:33.6 (CBP); 2, D. Dipper 4:42.8; 3, J. Lynch (AAS Arborfield) 4:51.4. LJ: 1, A. Akinbiyi (Abing) 20'2¼"; 2, P. Lockett (Well) 18'6"; 3, B. Barrow (Well) 18'0". TJ: 1, R. Allen (AAS) 39'3"; 2, C. Robertson (Stoneham) 38'3"; 3, Barrow 37'6". HJ: 1, M. Bolt (Brack) 5'8"; 2, P. Moody (Brad) 5'6"; 3, M. Kitton (Abing) 5'3". PV: 1, C. King (AAS) 10'9" (CBP); 2, R. Campbell (Rad) 10'0"; 3, R. Simmonds (Leighton Pk. S) 9'3". SP: 1, B. Gillo (Read) 51'4½"; 2, Gardner 50'9½"; 3, George 49'4½". DT: 1, Gillo 177'6" (CBP); 2, G. Stewart (AAS) 141'5½"; 3, George 141'3". JT: 1, D. Keeler (Win) 176'4"; 2, J. Murphy (Win) 173'11"; 3, J. Lindley (Well) 104'10½".

BUCKINGHAMSHIRE

Juniors

100: 1, J. St. C. Bonde (Eton Coll) 10.9; 2, G. Dobson (RAF Halton); 3, N. Suskin (Eton).

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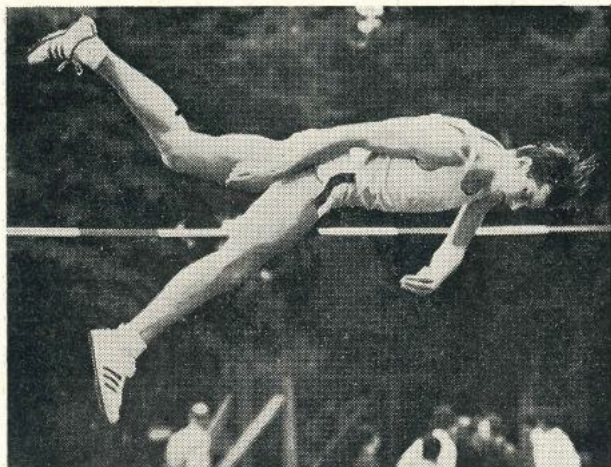
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Ed Lacey

220: 1, St. C. Bonde 23.9; 2, B. Holroyd (Aylesbury GS); 3, R. Henderson (Eton). 440: 1, D. Flower (Windsor and E) 52.5; 2, R. Hatton (Vale of Ayles); 3, D. Copsey (Wyc. Phoenix). 880: 1, R. Burton (Finchley) 2:08.9; 2, K. Higgs (Chalfonts); 3, J. O'Callaghan (V. of A.). Mile: 1, H. Paget (Eton) 4:44.6; 2, R. Wallis (RAF); 3, Higgs. TJ: 1, R. McElroy (Dr. Challoners) 41'2"; 2, St. C. Bonde. 4x220: 1, Eton Coll.; 2, RAF Halton. Junior Trophy: Eton College.

CAMBRIDGESHIRE

Juniors

100: 1, J. Scarr (Cambridge Univ) 10.4; 2, A. Sizer (Perse S) 10.7; 3, R. Kimberley (Camb. and Coler) 11.1. 220: 1, Kimberley 24.4; 2, Richmond-Smith (Leys S) 25.1; 3, S. Gilbert (Grammar S) 25.3. 440: 1, Sizer 53.6; 2, G. Crane (Gram) 55.6; 3, Richmond-Smith 59.2. 880: 1, M. Mason (Perse) 2:04.9; 2, R. Jones (CC) 2:09.5; 3, M. Whitaker (Leys) 2:09.8. Mile: 1, Jones 4:45.8; 2, J. Houghton (March GS) 4:50.3; 3, Mason 5:14.8. LJ: 1, Sizer 20'0"; 2, Poynton (Leys) 19'6"; 3, A. Bryleski (Perse) 19'4". TJ: 1, Poynton 38'8"; 2, Sizer 37'8"; 3, Gilbert 36'7". HJ: 1, P. Wrench (Perse) 5'5"; 2, Kimberley 5'5". SP: 1, G. Willett (CC) 49'4"; 2, N. Martin (Perse) 47'4"; 3, C. Cinque (Camb. TC) 42'3". DT: 1, Martin 135'4" (CBP); 2, Cinque 122'3"; 2, Willett 121'3". JT: 1, B. Bond (Gram) 136'10"; 2, R. Brown (Gram) 134'8"; 3, N. Parry-Jones (Perse) 129'6".

CHESHIRE

At Port Sunlight, May 30th

Seniors

100: 1, D. Herman (M/r DLC) 10.0; 2, G. Jones (Chedle) 10.3; 3, E. Jenkins (Wirral) 10.4. 220: 1, Herman 22.4; 2, Jones 22.7; 3, Jenkins 23.1. 440: 1, J. Morley (Wal) 51.9; 2, T. Ash

(Sale) 52.8; 3, J. Egerton (Winnington Pk) 53.7. 880: 1, Ash 1:58.2; 2, D. Shimmin (Sale) 1:58.5; 3, S. Hope (N. Staffs) 1:59.4. Mile: 1, G. Pymm (TVH) 4:22.9; 2, Shimmin 4:23.6; 3, W. Jenkins (Pt. Sun) 4:25.8. 3M: 1, L. Carroll (Wir) 14:26.8; 2, M. Cranney (Wir) 14:52.0; 3, B. Chalton (Wall) 15:20.8. 3,000m S/C: 1, Pymm 9:21.2 (CBP); 2, J. Lund (Wir) 10:14.0; 3, J. Evans (Sefton) 10:17.2. LJ: 1, B. Foley (Wir) 21'1½"; 2, P. Heaton (Cheadle) 21'1"; 3, P. Duckers (Wir) 21'0". TJ: 1, M. Arnold (Sheadle) 46'4½"; 2, Heaton 44'10½"; 3, Foley 42'1". HJ: 1, W. Lomas (U/A) 5'6"; 2, J. McDonald (Chelmsford) 5'4"; 3, Arnold 5'0". PV: 1, Lomas 11'0"; 2, A. Fraser-Dackers (U/A) 10'0"; 3, R. Clayton (Univ. Coll. London) 10'0". SP: 1, J. Holmes (Grappenhall) 48'10" (CBP); 2, R. Thompson (Cheadle) 39'3"; 3, C. Beckett (RNAC) 34'3½". JT: 1, Thompson 168'7½"; 2, B. Evans (Warrington) 150'2½"; 3, Fraser-Dackers 149'8".

Juniors

100: 1, A. Hughes (Rock Ferry) 10.6; 2, M. Handley (Sale) 10.7; 3, R. Fish (Sale) 10.7. 220: 1, Fish 23.2; 2, Hughes 23.5; 3, D. Pell (MAC) 23.8. 440: 1, G. Mathieson (Rock) 52.0; 2, R. Goodall (Chead) 52.4; 3, P. Gregory (Chead) 53.0. Mile: 1, R. Head (Sale) 4:25.6 (CBP); 2, J. Hughes (Wall) 4:38.6; 3, I. Barker (Man. GS) 4:40.7. LJ: 1, A. Toplian (Cheadle Hulme S) 20'4½" (CBP); 2, M. Handley (Sale) 20'4"; 3, M. Teahan (Wal) 19'7½". SP: 1, J. Holmes (Grappenhall) 55'10½" (CBP); 2, R. Blackwood (Birkenhead S) 42'9½"; 3, I. Higginbottom (Moseley Hall) 39'1". DT: 1, Blackwood 129'5½" (CBP); 2, Holmes 118'0"; 3, S. Schaefer (Man. GS) 106'9".

CORRECTION

The time of C. Vaux in the Saunders Trophy 3 miles was 14.36, not as printed.



Barney Powell (Oxford Univ./Wycombe P.H.) long jumping at Aylesbury where he won both sprints and the long jump in the Buckinghamshire Championships.

E. C. Morris

DEVON At Exeter, May 30th

Seniors

100: 1, R. Sleigh (Exeter H) 10.4; 2 A. Sibley (St. Luke's Coll/Paignton) 10.7; 3, B. Godbeer (Exeter) 10.8. **220:** 1, Sleigh 22.5 (CBP); 2, Sibley 23.2; 3, J. Swayne (Exeter) 23.2. **440:** 1, C. Davey (Devonport/Loughboro' C) 48.9 (CBP); 2, Sibley 49.3; 3, D. Stone (D'port) 51.3. **880:** 1, A. Gill (RNAC-S) 1:57.8; 2, G. Naile (Exeter) 2:00.3; 3, R. Goodfellow (Torquay) 2:00.7. **1 Mile:** 1, B. Tulloh (Portsmouth) 4:10.5; 2, D. Crook (Paignton) 4:17.4; 3, P. Goodfellow (Barnet) 4:41.7. **3M:** 1, Tulloh 13:50.4 (CBP); 2, Crook 13:56.8; 3, R. Proffitt (D'port) 13:58.8. **LJ:** 1, R. Raffan (Exeter) 20'4"; 2, Swayne 19'7"; 3, P. Lydall (Teignmouth GS) 19'7". **HJ:** 1, W. Coldridge (Exeter) 5'6". **SP:** 1, H. Bone (Tor) 45'6"; 2, J. Smith (Exeter) 36'9"; 3, C. Armes (Tor/St. L) 30'4". **DT:** 1, P. Verner (D'pt) 120'10"; 2, Bone 106'9"; 3, Smith 92'7". **JT:** 1, J. Crout (Paignton) 195'1"; 2, Granville-Martin (St. L) 177'10"; 3, Verner 171'10".

Juniors

100: 1, M. Dubovie (D'pt) 10.3 (CBP); 2, M. Harris (Teign GS) 11.1; 3, J. Allen (Kelly Coll) 11.3. **220:** 1, Dubovie 23.6; 2, C. Barker

(Newton Abbot) 24.2; 3, Harris 24.8. **440:** 1, Barker 53.9; 2, G. Arnot (Kelly) 55.8; 3, J. Bennett (Sutton HS) 58.0. **880:** 1, C. Thomas (Tiverton) 2:06.4; 2, G. Retter (Exeter) 2:13.0; 3, R. Summerfield (Barnstaple) 2:20.8. **1 Mile:** 1, M. Gue (Tor) 4:33.8; 2, V. Stevens (Barn) 4:41.8; 3, G. Edwards (Exmouth GS) 4:44.7. **LJ:** 1, P. Lydall (Teign GS) 18'10"; 2, B. Reed (Churston Ferrers GS) 18'6"; 3, C. Pope (Tiver) 16'4". **TJ:** 1, Lydall 41'6"; 2, C. Farrell (SDTC) 33'8". **HJ:** 1, P. Hawkyard (Exeter Univ.) 5'6"; 2, P. Stuckey (Tiver) 4'10". **PV:** 1, H. Metcalf (Exet) 9'0". **SP:** 1, C. Armes 36'7"; 2, Stuckey 35'2"; 3, B. Acreman (Sutton HS) 31'0". **DT:** 1, L. Axworthy (Coll. of Tech) 109'4"; 2, Gilbert 107'3"; 3, Armes 97'11". **JT:** 1, V. Heale (Exet) 129'8"; 2, Metcalf (Exet) 118'5".

DORSET

Juniors

100: 1, Fasolino (Lyme Regis) 10.5; 2, Burden (Poole); 3, Thompson (Clayesmore). **220:** 1, Burden 23.3; 2, Fasolino; 3, Rees (Clayes). **440:** 1, Rees 53.6; 2, Chew (Canford S); 3, Martin (Weymouth GS). **880:** 1, Cundell (Bryanston) 2:05.0; 2, Gould (Wey. SP); 3, Chew. **1 Mile:** 1, Tould 4:45.9; 2, White (Canford S); 3, Weathertake (Jnr. Lds. Reg). **4x110:** 1, Camford 47.5; 2, Colfox; 3, Milton. **1 Mile Walk:** 1, Randall (Beanuster) 9:22.2. **120H:** 1, Leighwood (Milton Abbey); 16.5; 2, Coghlan (Poole); 3, Scoular (Can). **TJ:** 1, Leighwood 40'6"; 2, Reese; 3, Conway. **HJ:** 1, Crayford (Bryan) 5'9"; 2, Glanville (Bryan); 3, Scoular. **PV:** 1, Randall (Nth Dorset) 9'6"; 2, Stalley (N. Dorset). **SP:** 1, Leighwood 45'7" (CBP); 2, Brunner (Bryan); 3, Jones (Bryan). **DT:** 1, Brunner 156'3" (CBP); 2, Todd (Bryan); 3, Andrews (Can). **JT:** 1, Barfoot (Poole) 151'7"; 2, Walker (Clayes); 3, Sharman (Beanuster).

continued on page 29

MCAAA COACHING BULLETIN

The Midland Counties AAA have brought out a Coaching Bulletin. Copies of the first issue may be obtained from the MCAAA Offices, 191 Bradford Street, Birmingham, 12, at 1/- inc. postage.

WORLD Athletics



edited by Melvyn Watman

SEE PAGES 16 — 23

A RECORD MARATHON BY ALASTAIR

Edinburgh Univ. 94, Edinburgh S.H. 73, Durham Univ. 16, at Craiglockhart, May 16th. Results included—100/220: J. Togher (ES) 10.2/22.0; 880: G. Evans (ES) 1:55.3; Mile A. F. Murray (E.U.) 4:08.2; HJ: D. Walker (ES) 5'10"; SP/HT L. Bryce (EU) 44'1"/181'9" (uni. rec.); 4x110: Edinburgh Univ. 44.0.

Bellahouston 102, St. Andrew's Univ. 99; Bellahouston 106, Octavians 80; St. Andrew's Univ. 94, Octavians 92; at St. Andrew's, May 16th. Results included: 100/220: H. Baillie (B) 9.9/22.3; 440: T. Tait (O) 50.6; 120H: W. Hogarth (O) 15.2; 440H: R. Hay (O) 57.0; PV: J. Jones (O) 11'0"; TJ: I. Grant (O) 45'2"; HT: H. Cameron (SA) 140'5"; JT: M. Snow (SA) 175'1"; Relays: Bellahouston 44.4/3:25.0.

Alastair Wood runs fastest ever Marathon in Scotland: Shettleston H. Open Marathon, May 16th. Only eight of the 23 starters finished the course, the weather being dry and rather warm. Wood's intermediate times were 26.34 a 5 miles, 53.17 at 10M, 1:20.15 at 15M, 1:48.15 at 20M and 2:16.13 at 25M. Result: 1, A. J. Wood (Aberd) 2:23.16; 2, I. Harris (Beith) 2:31.27; 3, D. Simpson (M'well) 2:48.16; 4, R. Coleman (Haw) 2:50.04; 5, A. Forbes (VPAAC) 2:51.51; 6, R. Kane (VPAAC) 2:51.51; 7, R. Calderwood (VPAAC) 2:54.04; 8, W. Hodgins (Shett) 2:55.44.

Scottish YMCA Championships at Tullicody, May 16th. Results included—880/Mile: I. McCafferty (M'well) 1:59.6/4:16.5.

Glasgow Univ. 42, Aberdeen Univ. 28 in a women's match at Aberdeen, May 16th. Results included—440: K. McBeth (A) 62.1.

Ayr Seaforth 83, Glasgow Univ. 75, at Ayr, May 20th. Results included—100/220: N. Duff (AS) 10.2/22.7; 440: R. Billson (AS) 49.8; SP: D. Edmunds (AS) 44'9"; 4x110: Ayr Seaforth 44.5.

Octavians 72, Edinburgh Univ. 66, May 20th. Results included—100: G. Shannon (EU) 10.1; 220: A. Patrick (EU) and E. Osbourne (EU) 22.0; 880: D. Orr (EU) 1:56.4; 120H: W. Provan (O) 15.2; 440H: W. Hogarth (O) 57.9; PV: C. Balchin (EU) 11'0"; SP: L. Bryce (EU) 44'5".

Dumbartonshire Championships, May 20th. 100/220: L. Piggott (Garsc) 10.5/23.6; 440/LJ: R. Mills (Dumb) 53.8/20'7½"; 880/Mile/3M: J. Stewart (V/Leven) 1:59.7/4:32.2/15:07.4; HJ: D. McGhee (Clydes) 5'7"; SP/DJ/JT: G. Taylor (Garsc) 36'4"/105'8½"/130'1". (Jnr) 440/880: G. Grant (Dumb) 53.6/2:01.0, 4x110: Garscube 45.2. (Yth) 100: D. Fountain (Garsc) 11.4; 880: J. Findlay (Dumb) 2:20.0. (Boys)

80: A. McNiven (Garsc) 9.5.

Lanarkshire Championships, May 23rd. 100: D. McKean (Spring) 10.8; 220: D. Rooney (Cambus) 24.1; 440: J. Elliot (M'well) 52.9; 880: G. Henderson (M'well) 1:59.3; Mile: J. Johnstone (Monk) 4:18.9; 3M: R. McKay (M'well) 14:11.0; LJ: R. Graham (M'well) 20'0¼"; Mile Medley: M'well YMCA 3:48.0. (Jnr) 100/220: D. McKean (Spring) 10.6/23.9; 880: R. Wedlock (M'well) 2:02.3; Mile: W. Eadie (RCST) 4:27.8. (Yth) 100: M. Bell (M'well) 10.9; 880: E. King (Spring) 2:01.1; LJ: R. Hamilton (Dalziel HS) 17'9¼". (Boys) 100: G. Reid (Shett) 11.2; 880: J. Barr (Spring) 2:16.0.

Ayrshire Championships, May 23rd. 100/220/LJ: D. Shedden (Beith) 10.5/23.7/20'2"; 880: J. Wilson (A/Seaf) 1:55.7; 3M: T. Cochran (Beith) 14:55.0. (Jnr) 880: R. Billson (A/S) 1:59.9. (Yth) 100: G. Waid (Kilmac Ac.) 10.7; 880: T. Findlay (Beith) 2:06.5. (Boys) 100: D. Bell (Irvine) 11.0; 880: R. Gray (Ardeer) 2:36.0.

Shettleston 99, Octavians 91; Shettleston 99, Victoria Park 99; Octavians 97, Victoria Park 88; at Redford Barracks, May 23rd. Results included—100: A. Patrick (O) 10.1; 220/PV: N. Foster (S) 22.0/10'6"; 880: I. Macpherson (VP) 1:55.2; 120H/440H: W. Hogarth (O) 15.7/57.6; HJ: C. Fairbrother (VP) 6'1½"; SP: L. Robertson (VP) 43'11"; HT: J. Scott (S) 157'7½".

Dumbartonshire 94, Lanarkshire 77, Stirlingshire 75, Renfrewshire 63, Ayrshire 36; at Westerlands, May 25th. Results included—100: L. Piggott (D) 9.9; 220: W. M. Campbell (D) 21.3; 3M/3,000mSt: J. Stewart (D) 13:59.0/9:41.6; 440H: R. Mills (D) 57.1; HJ: D. Cairns (L) 6'3"; PV: I. Logie (D) 11'0"; SP: D. Edmunds (L) 46'11½"; JT: A. Dingwall (S) 177'3"; 4x110 Dumbarton 44.0.

Victoria Park 83, Glasgow Univ. and Shettleston 65 each, Garscube 31, Maryhill 25, Jordanhill T.C. 16, Strathclyde Univ. 15, at Westerlands, May 27th. Results included—100: W. M. Campbell (GU) 9.6w; L. Piggott (G) 9.7w; 3M: G. Everett (SH) 14:46.0; 3,000mSt: J. Bogan (GU) 9:59.4; 440H: A. Robertson (J) 57.9. HJ: C. Fairbrother (VP) 6'3"; SP/HT: J. Scott (SH) 44'0/163'1½".

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League Results

NORTH GLOUCESTERSHIRE LEAGUE

At St. Paul's Coll., May 5th

1, St. Paul's 209pts.; 2, Hereford and City 185½; 3, Gloucester 158½; 4, Cheltenham 158; 5, RAF Innsworth 119; 6, Smith's AC 75. 100: (A) Horsfall (St. P) 10.1 Fontyn (I) 10.1; (B) Bassett (C) 10.3. 220: (A) Fontyn 23.8, Jones (C) 24.1; (B) Bassett 24.1. 440: (A) Robertson (C) 54.9; Madje (St. P) 56.2; (B) Turner (St. P) 56.2. Mile: Robertson 4:22.1; Bratt (I) 4:34.4; Williams (H) 4:40.0. 3000m S/C: (A) Hewer (C) 9:56.6, Williams 10:14.0; (B) Franks (C) 9:58.6. 4x110: St. Paul's 46.6; Cheltenham 47.8. PV: (A) Cobill (St. P) 9'6"; Pensom (G) 8'6"; (B) Parkinson (St. P) 8'0". LJ: (A) Hunt (St. P) 20'0"; Peachey (C) 18'10". (B) Doble (St. O) 19'11½". TJ: Moore (St. P) 43'3"; Peachey 39'10½", Holmer (H) 38'10½". SP: (A) Lloyd (H) 42'8½", Doble 38'9½"; (B) Parkinson (St. P) 37'2½". DT: Lloyd 132'9½", Holiday (S) 103'3½", Randall (St. P) 89'6½".

At Gloucester, May 12th

1, RAF Innsworth 207pts.; 2, St. Paul's 190; 3, Gloucester 172; 4, Hereford and City 161½; 5, Cheltenham 133 6, Smiths 60. 100: (A) Fontyn (I) 9.9 w.a. Jones (C) 10.1; (B) Bassett (C) 10.0. 220: (A) Jones, Fukuyama (I); (B) Peachey (C). 440: (A) Holohan (G) 54.5, Madeje (St. P) 54.8. (B) Pickup (St. P) 54.3. Mile: (A) Dean (G) 4:35.0, Williams (H) 4:47.4. (B) Price (G) 4:35.4. 3M: Price (G) 14.39, Bratt (I) 14.58, Tingle (H) 15.09. 4x110: Innsworth 46.0, St. Paul's 47.8, Gloucester 49.0. HJ: (A) Bentley-Taylor (St. P) 5'8", Pond (H) 5'4"; (B) Fletcher (St. P) 5'6". LJ: England (G) 21'9", Docker (I) 21'3½", Peach 20'10½". SP: (A) Soffrin (I) 34'2", Mellor (St. P) 33'3". (B) Evans (I) 31'5". DT: (A) Crook (St. P) 107'10", Soffrin (I) 91'7", Sercombe (S) 91'6". JT: Docker 159'7", Haines (G) 145'9½", Griffiths (St. P) 145'7½".

At Ross-on-Wye, May 26th

1, St. Paul's 205pts.; 2, Hereford 203; 3, Gloucester 176; 4, RAF Innsworth 110; 5, Cheltenham 100; 6, Smith 59. 100: Toogood (St. P) 10.4; (B) Butt (St. P) 11.0. 220: (A) Toogood 23.9; (B) Mayell (H). 880: (A) Dean (G) 1:59.1; (B) Taylor (St. P). Mile: (A) Lyne (C) 4:34.0; (B) Packer (St. P). 2M: (A) Price (G) 9:18.9; Bratt (I) 9:33.0; Williams (H) 9:47.0. 4x110: St. Paul's 47.4. PV: (A) Butt (St. P) 11'2"; Gallagher (H) 9'6"; (B) Parkinson (St. P) 8'9". HJ: (A) Parkinson 5'6", Pond (H) 5'6"; (B) Tolson (H) 5'4". LJ: (A) Gallagher (H) 21'0", Toogood 18'11½"; (B) Holmes (H) 19'11". SP: (A) Parkinson 37'3"; Hannaford (G) 36'2½", Martin (H) 33'8½". JT: (A) Holmes 190'11½", St. John (St. P) 136'7½"; (B) Gallagher 168'7½".

Women

1, St. Mary's T.C. 90pts.; 2, Gloucester A.C. 68; 3, St Gregory's AC 64; 4, Hereford and City 54. 100: Gannaway (St. G) 12.4. 220: Neale (St. G) 27.6. 880: Keene (G) 2:25.9, Joyce (S) 2:36.5. 4x110: St. Gregory's 53.4; Gloucester 56.7. HJ: Winrow (H) 4.10, Higgins (St. M) 4'8"; (B) Riddle (St. M) 4'7". DT: (A) Ward (H) 70'10½", Packer (St. M) 70'6"; (B) Davenport (St. M) 70'0½".

EAST SURREY LEAGUE

First Meeting at Redhill, May 23rd

1, Epsom and Ewell 71pts.; 2, Wimbledon 58; 3, Croydon 58; 4, Redhill and Reigate 31; 5, Surrey Beagles 30; 6, Dorking St. P. 24; 7, Sutton and Cheam 20; 8, Leatherhead 13. 220: (A) Hamilton (W) 22.6. (B) Nevitt (W) 23.2. 880: (A) Rathbone (SB) 1:54.6. (B) Hindle (E) 1:57.4. 3M: (A) Stebbings (C) 14.37.0. (B) Bull (E) 14.49.0. TJ: (A) Hamilton (W) 42'7"; (B) Chappell (E) 42'4½". SP: (A) Morgan (C) 44'0½"; (B) Harvey (W) 43'6". JT: (A) O'Neill (E) 195'3"; (B) Fuller (E) 156'6".

Juniors

1, Wimbledon 52pts.; 2, Croydon 51; 3, Epsom 45; 4, Redhill 37; 5, Surrey Beagles 32; 6, Sutton 18; 7, Dorking 17. 100: (A) Prideaux (C) 10.3; (B) Doy (C) 10.7. 440: (A) Davis (W) 51.5; (B) Varey (E) 64.2. Mile: (A) Lill (C) 4:38.1; (B) Richards (C) 4:49.0. HJ: (A) Chappell (E) 5'8"; (B) Caswell (E) 5'2". DT: (A) Prior (E) 141'11½"; (B) Carter (R) 99'0". (Youths): 880: Ballard (C) 2:08.2. 440: Atkins (R) 58.5. (Boys): 440: Idle (SC) 57.0.

HAMMER RESULTS

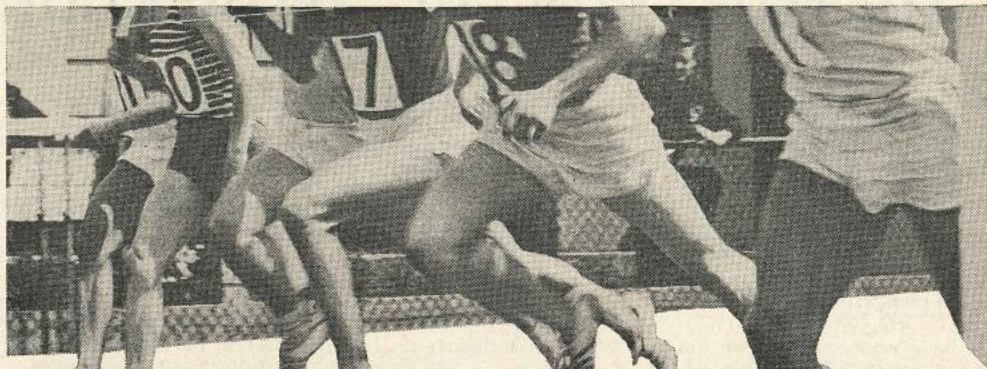
Eton Manor Team Comp., May 17. (Pool 1)

1, P. Aston (WG) 168'2½"; 2, L. Hall (TVH) 166'9½"; 3, P. Culhane (Shaft) 163'11"; 4, G. Littlemore (EM) 136'8½"; 5, G. Foreman (WG) 128'8½". M. Hicks (EM—Jnr) 142'3". (Pool 2) 1, C. Dennison (EM) 147'2½"; 2, A. Robinson (WG) 141'9"; 3, D. Vanhegan (Bar) 141'4"; 4, D. Mitchell (EM) 134'6½"; 5, Foreman 129'5"; 6, D. Burrage (Bar) 125'5½". Hicks 142'11½". Teams: 1, Woodford Gn. 438'8"; 2, Eton M. 426'2"; 3, Barnet 385'3½" (also awarded Wilderness Cup for most improved team).

London Hammer League, Enfield, May 24.

1, L. Hall (TVH) 160'6"; 2, C. Dennison (EM) 153'8"; 3, D. Brands (RAF) 153'1½"; 4, P. Culhane (Bar) 141'8"; 5, D. Vanhegan (Bar) 139'6"; 6, G. Littlemore (EM) 133'4½". (Jnrs) 1, M. Hicks (EM) 129'4½"; 2, D. Sinclair (Bar) 128'4½". Teams: 1, Eton Manor 416'11"; 2, Barnet 408'6½".

Any hammer thrower who would like a fixture list for the season should send SAE to G. Littlemore, 5/184 Wick Road, Hackney, London, E.9.



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AMATEUR ATHLETIC ASSOCIATION

AGE GROUPS AND RELAY RECORDS FOR 1965

A.A.A. GENERAL COMMITTEE have considered the report of a Conference of various interested bodies, which was held to try to find an answer to the problem of Age Groupings for competition under A.A.A. Rules in the light of the present English Schools A.A. Age Groupings. The unanimous recommendations put forward by the Conference have been similarly accepted by General Committee after discussion by Area Committees. The main decision is that the A.A.A. has fallen into line with the Schools and the following wording has been adopted for the appropriate rules:—

Rule 19 (1) (a). Track and Field events for Boys shall be confined to competitors who have reached their 13th but not their 15th Birthdays on 1st September in the calendar year of competition. (See Table I).

Rule 20 (1) (a). Track and Field events for Youths shall be confined to competitors who have reached their 15th but not their 17th birthdays on 1st September in the calendar year of competition (See Table II).

Rule 21 (1) (a). Track and Field events for Juniors shall be confined to competitors who have reached their 17th but not their 19th birthdays on 1st September in the calendar year of competition (See Table III).

Table I — Boys		
Eligible to compete	Born after 1st September	and Before 2nd September
in	in	in
1965	1950	1952
1966	1951	1953
1967	1952	1954

Table II — Youths		
1965	1948	1950
1966	1949	1951
1967	1950	1952

Table III — Juniors		
1965	1946	1948
1966	1947	1949
1967	1948	1950

It has been agreed that each table should be made out for a period of 10 years and brought up to date when the Rules of Competition are reprinted. Every athlete, Club Secretary and Organiser can thus consult the appropriate table to check eligibility.

The Race Walking Association have agreed to fall into line and the E.C.C.U. have the matter under consideration, so that we can expect an announcement from them after their A.G.M. The individual Specialist Clubs have been asked to comment on any changes in implements and/or distances which they think may be desirable for any age groups, but from replies so far received it can be said that Shots and Javelins, at least, will be unchanged. Any consequential amendments to Rules 19 to 22 inclusive will be dealt with later.

To soften the transition from Junior to Senior Status it has been suggested that the promotion of special events for the 19-21 age groups should be investigated in strong counties and at higher levels.

An important effect of the new age groups is that the present Under 19 records will be more straightforward since it will only be in Junior competitions staged after 1st September that there will be any danger of a record being bettered by an athlete over 19 years of age—at present this can happen at any time after 1st April.

Of course there will be some athletes who will think they have been harshly treated, but any change is bound to affect somebody: there will be some who will only spend one year in a particular group because of the change but this will be solved within two years.

To recognise and perhaps encourage relay running at Club level a series of A.A.A. Relay Records has been instituted. Only performances set up in England and Wales by Club teams of which every member is eligible to represent his Club in A.A.A. Championships—i.e., First Claim—will be accepted. The events will be those already included in other lists—4 x 110, 4 x 220, 4 x 440, 4 x 880, and 4 x 1 mile plus the One Mile Medley. The latter presented a problem because there are so many ways in which it could be run and many arguments can be put forward in favour of various orders of running. It has been decided to accept one order for this new list, namely, 220, 220, 440, 880 with the first two 220's run

continued at the foot of next page

OXFORD CO-OPERATIVE CELEBRATIONS OPEN ATHLETICS MEETING

SATURDAY, 4th JULY, 1964 :: 2.30 p.m.

CO-OPERATIVE SPORTS GROUND, BOTLEY ROAD, OXFORD

Men's Graded Events: 100—220—440—880—1 mile—3 miles

Junior Scratch Events: 440—880 yds. Youth Scratch Events: 220—880 yds.

Road Race: "Oxford 10 $\frac{1}{2}$ ". Individual and Team Race (4 to run; 3 to count).

Tug-of-War: Catchweights.

Excellent Grass Track—Prize Values over £150—Free Refreshments.

Details & Entry Forms from: D. G. Higgs, Fete Secretary, Oxford Co-operative,
65 George Street, Oxford.



Mike Gowan (Herne Hill) winning the Surrey Mile Championship in 4min. 4.7sec. at Motspur Park.

Mark Shearman



David Cocks (Belgrave) edges Mike Fleet (Croydon) (29) to win the Surrey 880y. in 1min. 49.6sec.

Ed Lacey

in lanes. The fact that this order has been selected is not intended to bring any pressure to bear on promoters as to the order in which they should run their events: it is simply because it was felt that it is desirable to list one order only.

The first list will appear in the 1965 Handbook, but the following have been ratified as initial records:—

- 4 x 110 41.4 secs. by Polytechnic Harriers in winning the A.A.A. Championships at White City on 31.8.1963.
- 4 x 220 1 min. 28.2 secs. by Achilles Club at Stamford Bridge on 25.6.1927.
- 4 x 440 3 mins. 13 sec. by Birchfield Harriers in winning the A.A.A. Championship at White City on 31.8.63.
- 4x1 mile 16 mins. 58.8 secs. by Manchester and District L.C.H. at Blackburn on 17.7.1963.

THE 400

by
**Jack
Barlow**



Britain's two contenders for Olympic 400m honours in Tokyo—Adrian Metcalfe (22) and, holding the baton, Robbie Brightwell (24).
Ed Lacey

OLYMPIC history (vintage 1936) may well repeat itself in the 400 metres final at this year's Games in Tokyo, for, by strange coincidence, the premier placings could again be fought out between two American negroes and two British "white hopes" as was the case in that dramatic final in Berlin 28 years ago. What is more, it is also quite possible that the winner will have the same surname—Williams. That classic 1936 race, remember, resulted in a tremendous struggle between two stout Britons, Arthur Godfrey Kenneth Brown and William (Bill) Roberts, and the two lightning-fast Americans, Archie Williams and Jimmy Luvalle. The outcome saw all four men break 47sec. with Williams winning in 46.5sec. from Brown (46.7sec.) with Luvalle (46.8sec.) just snatching third place from Roberts (46.8sec.). Actually, that 2/10sec. gap between first and second belied the result for Brown was only a foot or so down at the tape and it is significant that both his time and that of Roberts remained unbeaten among British athletes for 22 years.

Now, with the 1964 Olympic title up for stake, the task which faced Brown and Roberts nearly three decades ago seems quite likely to be placed upon the young and able shoulders of two other British one lap specialists, Robbie Brightwell and Adrian Metcalfe. It goes almost without saying, furthermore, that their most dangerous opponents will come from the United States, that, judging from current form, they will be coloured athletes, and that one of the eventual three U.S. representatives will very

likely be the ominously named Ulis Williams. Certainly this Arizona state university star has fulfilled the glowing promise he so startlingly showed in 1961 when, as a 19 years old Compton (California) high school boy he cracked the U.S. national scholastic 440 yards record with a sensational 46.1sec. and, later that season, came over to England and defeated both Metcalfe and Brightwell in the Anglo-U.S. match at the White City. Although it is important to remember that Metcalfe did gain some revenge on the following day by overhauling him in the last stage of the relay, while Brightwell had, in fact, beaten him in a scratch 400 metres race a week or so earlier in Helsinki.

Since then Williams has proved himself the world's most consistent quarter-miler, his more important victories having included the National A.A.U. title twice, the National Collegiate championship, and a string of 8 successive international match wins against Britain, Russia and Poland. Essentially a one lap man, Williams has seldom run above or below his favourite distance and this unwavering specialization has set him well on the way to catching up with Herb McKenley's record tally of 63 sub-47sec. marks set between 1946 and 1952, for Ulis had already amassed 41 up to 1963. Of this total he has 14 to date at, or equivalent to, 46sec. for 400 metres as the following list shows:—

45.3s.*	Tempe, Arizona	1963
45.3s.*	Compton	1963
45.5s*	Walnut, Cal.	1962

45.5s.*	Albuquerque	1963
45.5s.*	St. Louis	1963
45.7s.	Compton	1962
45.7s.*	Tempe	1962
45.7s.*	Walnut	1962
45'8s*	Ontario, Cal.	1961
45.8s.	Warsaw	1963
46.0s.*	New York	1961
46.0s.*	London	1961
46.0s.	Los Angeles	1962
46.0s.*	Toronto	1963

* 440 yards time less 3/10sec.

Even an athlete of Williams' calibre is always subject to a sudden fall from grace in a country like America and one such happening took place at last year's Western Athletic Conference meet in Tempe when the powerful Adolph Plummer, who had actually lost all of their previous 11 races, astounded onlookers by running 44.9sec. for the full "quarter" to beat Williams by all of 7/10sec. With one full blooded run Plummer thus proved that even Otis Davis's much lauded Olympic win of 1960 in 44.9sec. for the shorter 400 metres was not, after all, the last word in the one lap sprint, for he must have covered the metric distance in around 44.6sec.

Sudden uninhibited efforts such as Plummer produced in Tempe have been an interesting feature of modern quarter-miling over the past 30 years or so and perhaps the classic example occurred on a March day in 1932 at Palo Alto, California when the great Ben Eastman swept through an opening furlong in 21.3sec. and undauntedly carried on to finish in a sensational 46.4sec.—one whole second inside the listed world's 440 yards figures. After five successively normal 1/10sec. reductions to the world's 400 metres record by Bill Carr (46.2s. 1932) Archie Williams (46.1s. 1936) Rudolf Harbig (46.0s. 1939) Herb McKenley (45.9s. 1948) and George Rhoden (45.8s. 1950) the somewhat enigmatic American negro, Lou Jones, achieved a surprising 45.4sec. at the 1955 Pan American Games which was generally accredited to the high altitude conditions of Mexico City. Jones, however, fully confirmed his capabilities with an even faster record of 45.2sec. at the U.S. Olympic Trials in Los Angeles in 1956. The next big step forward, of course, came at the Rome Olympics where intense competition rather than inspired individual running produced history's first sub-45sec. performances by Otis Davis and Carl Kaufmann. Now Plummer has made a further substantial improvement of approximately 3/10sec. which has brought even the seemingly impossible "even time" 44.0sec. quarter mile at least within sight.

All this leads us to the obvious question—will Plummer win in Tokyo? Certainly a man with the basic speed which has enabled him to run 220 yards straight in 20.3sec. and the same distance around a turn in 20.6sec. must have

a wonderful chance of success, but the Olympic 400 metres is a difficult race for favourites to win. Eastman (Los Angeles, 1932) McKenley (London, 1948) and Jones (Melbourne, 1956) were all defeated in this exacting one lap test. Remember too that even after his world record victory over arch-rival Ullis Williams last May, the latter nonchalantly resumed his winning ways and beat him at the important National A.A.U. and Compton Invitation meetings. Actually a recent injury has kept Williams out of action in the opening weeks of the U.S. outdoor season but this could even prove a blessing in disguise, providing he makes a successful recovery, for an extra long campaign lies ahead before the climax of the Olympics in October. Even if, however, Williams was unlucky enough not to regain the form which has made him world famous, the annual turnover of athletic talent in the United States is well nigh certain to throw up some formidable opponents for Plummer. To dispel any doubts about this, one need only ponder on the fact that no fewer than 35 Americans ran the equivalent of 46.9sec. or better for 400 metres last year. What level of standard, then, can we expect to see reached in 1964? Shall we now see even the three quarter minute barrier beaten en masse? The famous National A.A.U. 400 metres championship race at Philadelphia in 1941 saw all six finalists break 47sec. for the first time ever, we had to wait 19 years until the Rome Olympics of 1960 before six men in one race bettered 46sec. Now, within the space of only four further years, it is by no means inconceivable that six men may actually finish inside 45sec. when the chips are really down in Tokyo. For reference a list follows of the 22 men who, to date, have run 45.7sec. for 400 metres or its equivalent over 440 yards.

44.6s.*	Adolph Plummer (USA)	1963
44.9s.	Otis Davis (USA)	1960
44.9s.	Carl Kaufmann (Germany)	1960
45.2s.	Louis Jones (USA)	1956
45.3s.*	Ullis Williams (USA)	1963
45.4s.*	Glenn Davis (USA)	1958
45.4s.	Henry Carr (USA)	1963
45.5s.*	Jim Lea (USA)	1956
45.5s.*	Eddie Southern (USA)	1958
45.5s.	Malcom Spence (South Africa)	1960
45.6s.	Milkha Singh (India)	1960
45.6s.*	Robbie Brightwell (Gt. Britain)	1962
45.7s.*	Herb McKenley (Jamaica)	1948
45.7s.	Ted Woods (USA)	1960
45.7s.*	George Kerr (Jamaica)	1960
45.7s.	Earl Young (USA)	1960
45.7s.	Adrian Metcalfe (Gt. Britain)	1961
45.7s.*	Ollan Cassell (USA)	1962
45.7s.	Peter Laeng (Switzerland)	1962
45.7s.*	Rex Cawley (USA)	1963
45.7s.*	Bob Tobler (USA)	1963
45.7s.*	Kent Bernard (Trinidad)	1964

* Adjusted from 440 yards time

THE AMERICAN TRACK SCENE

Part 1

Melvyn Watman reports on his recent trip to the U.S.A.

"CALIFORNIA here I come!" The words of the song immortalised by Al Jolson continuously came to mind as I journeyed westward for more than 3,000 miles across North America last month. Taking advantage of the world's finest travel bargain—up to 99 days unlimited travel by Greyhound bus for just 99 dollars—I made my way in stages from the fascinating French-Canadian city of Montreal to captivating San Francisco, an exciting and memorable five-day trip for one who has always longed to take that century-old piece of advice . . . "Go West, young man".

It was in the early morning of May 12th that, in the swirling mist above Tahoe Lake, I entered the Golden State. A few hours later I was inducted into the California track and field world, for waiting to meet me at Mountain View, a small town some 40 miles south of San Francisco, was Dick Drake, the 23-year-old managing editor of this magazine's distinguished cousin "Track & Field News".

I began subscribing to America's great athletics publication just a decade ago; ten years during which, thanks to "T&FN", I have developed a deep affection for and (I trust) a sound knowledge of American athletics. As a result of the human angle which Bert and Cordner Nelson, the magazine's founders, have always stressed I feel acquainted even with those top-line American athletes I have yet the pleasure of meeting personally.

"Track & Field News" has been appearing each month for 16 years and during that time has gradually increased in size and scope. There has been a corresponding rise in circulation yet the current figure of about 10,000—though the highest in the publication's history—is indicative of a certain apathy in American track circles. Bert Nelson estimates that less than 5% of the nation's track coaches subscribe and only a minute fraction of active competitors (there are over 475,000 boys competing for high school track teams alone!) bother to spend four dollars a year to keep themselves informed about their sport.

Nevertheless, athletics is a booming sport in the States. Never have there been so many participants, whether they be in high school, college, clubs or services. The standard of performance has reached unprecedented levels. Most readers will agree that a 9.6 100y, 47.4 quarter, 6'7 $\frac{3}{4}$ " / 2.025 high jump, 15'2 $\frac{3}{4}$ " / 4.64 pole vault or 55'11 $\frac{3}{4}$ " / 17.06 shot-put are useful performances—yet none of those marks is good enough to qualify an athlete



Jim Beatty encountered great success while resident in California.

for entry in the American Championships! Attendances are encouraging, too. All the major indoor meets last winter were sell-outs and big crowds flock to most of the important invitational fixtures. A capacity crowd is anticipated at the Los Angeles Memorial Coliseum for the match against the Soviet Union in July though all the tickets (two days) are priced at 10 dollars (£3.11.8).

Geographically, California is located in the south-west corner of the USA, but trackwise it is the centre of activity. Answering criticisms that his magazine was biased in favour of California, Bert Nelson supplied the following facts and figures:

"Of the current world records made in the USA, 10 were set in California, four in other western states, and three in the rest of the USA.

Of American records, 27 were established in California, five in other western states, seven in the rest of the USA. For collegiate records it is 23 to 8 to 10. In the junior college ranks all 26 records were established in California despite the fact of less than one-tenth of all jaysees being in California. Frosh marks are 12 to 1 to 10, and high school records are 17 for California, one for the west, eight for the rest of the USA.

"Not every newsworthy item has to be a new record, but you have to admit these are key items. In our 1963 world rankings, of those athletes who are American citizens or attending school in the USA, 27 lived in California, 14 in the western states (Washington, Oregon, Arizona) and 28 in the rest of the USA. Of the marks on the all-time world list, to March 25th, 1963, 82 were made in California, 15 in the other three western states, and 65 in the other 46 states. All-time relay performances show 46 marks in California, 15 in all the rest of the country. And so it goes.

"Like California or not, you have to admit there is an awful lot of track news made here".

Glance at this record list:— 100y: 9.3—Mel Patton, Dave James; 100m: 10.2—Charley Paddock; 220y(s): 20.2—Patton; 220y(t): 20.7—Steve Haas; 440y: 45.7—Ulis Williams; 880y: 1:47.3—Jim Dupree; 1,500m: 3:39.4—Jim Beatty; 1M: 3:55.5—Beatty; 2M: 8:29.8—Beatty; 3M: 13:19.2—Beatty; 5,000m: 13:45.0—Beatty; 10,000m: 28:50.2—Max Truex; 3,000mST: 8:47.8—Bob Schul; 120yH: 13.5—Dick Attlesey; 220yH (S): 22.5—Craig Dixon; Rex Cawley; 440yH: 49.6—Rex Cawley; HJ: 7'11 1/2"—Joe Faust; PV: 16'5 1/2"/5.02—Ron Morris; LJ: 27'2 1/2"/8.29—Ralph Boston; TJ: 52'5 1/2"/15.98—Alvis Andrews; SP: 66'7 1/2"/20.30—Dallas Long; DT: 203'9"/62.10—Riuk Babka; HT: 231'10"/70.66—Hal Connolly; JT: 267'3"/81.46—Larry Stuart; Dec: 9,121—C. K. Yang.

No nation in the world outside of the USA could match such a list, yet these are simply the best marks recorded by athletes registered with the Southern Pacific Amateur Athletic Union, which controls only that part of California around Los Angeles!

It was in L.A., that vast straggling city that can claim to be the track and field capital of the world, that I met many of the leading athletes assembled for the Coliseum Relays. I'll tell you all about it next week.

METRIC CONVERSIONS

All conversions, metric to English and English to metric, in this magazine are now as per the official tables of the Association of Track & Field Statisticians—edited by Don Potts and published by "Track & Field News". The tables, which list every centimetre up to 30.48m (100'0") and then every half-inch up to 300'0" (91.44m) as well as special conversion lists for high jump, wind readings and kilograms to pounds, are obtainable from Arena Publications, 325 Streatham High Road, London, S.W.16, price 15s.

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ALDON TRACK SUITS

Aldons have ceased production of track suits and these are the last few of these very popular suits.

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Cortina to clear all at 59/11. Modern suit with crew neck, full length zip, tapered legs and contrast trim at neck, waist and cuffs. Black with red/gold trim, one L, one S only; royal with red/white, one S only; maroon with royal/gold, one S, two M only. **Criterion**, usual style, tapered legs. Few left, to clear at 42/- all sizes. **Colours:** Black (no large), white, maroon, navy, green (no medium), royal (no med. or large).

(All these are first quality garments)

We also have the new **Alpha** track suit, full length zip, triple elasticated cuffs, waist and ankles, tapered leg, permanent crease, 9 1/2 inch zip at ankles, hip pockets. In royal, black or scarlet. Small, medium or large. All at 49/11.

1964 TRACK SHOES

Adidas "9.9" £6/4/6, "Melbourne" £5/18/6, **Gordon Pirie** "Sprinta" 97/6. Superb new **Lawrence** shoe at 52/6. **Kingswell** jumping shoe 69/11. *Perfect discontinued or altered lines at bargain prices to clear.*

Adidas. No. 154. Blue with white trim. 3, 3 1/2, 4, 6, 8 only. To clear 49/11.

Kingswell "Comet", a well made, comfortable shoe in red with white trim. Sizes 5 1/2, 6, 6 1/2, 7, 8, 10, 10 1/2, 11 only. 49/11.

Kingswell "Venom", last season's best seller and definitely the best value for money of all last year's shoes. Sizes 3, 6 1/2, 8 1/2, 10 only. White kangaroo, blue trim, fitted specially hardened spikes from Finland. Quite unrepeatable at the bargain price of 69/11.

Reebok "Orbit", last year's new lightweight shoe with four moulded-in spikes. A few only, sizes 10 1/2, 11. Normally 82/11. To clear, 69/11.

BEST ROAD SHOES OBTAINABLE

Walsh Kangaroo Racing Shoes, 8mm. sole, 65/-; **Racing/Training shoe** 11mm. sole 55/- We are extending our offer which proved so popular—buy two pairs (either kind) and you can deduct 10/- from total.

STARTING BLOCKS

Accles & Pollock (centre bar type) 36/9. **Rucanor** (with bag & hammer) £3/17/6. **Cantabrian** "Junior" £2/18/3, "Empire" £5/14/7, and one or two sets of last year's "Simplex" (in carrying bag) reduced from £4/10/9 to 70/-.

THE SPORTS CENTRE

8 MEDWAY STREET, CHATHAM KENT

BOSTON BETTER THAN EVER

RALPH BOSTON approached to within three-quarters of an inch of the world record in winning the long jump at the California Relays (Modesto, May 23rd) with an American record of 27'2½"/8.29. His six jumps, none of them windy, were 26'6"/8.07, 26'6½"/8.09, 27'2½"/8.29, 26'5½"/8.06, 26'8"/8.13, 26'8"/8.13!

Jim Ryun (17) took advantage of a slow pace in the mile. Sixth at the bell in 3:06.0 he changed gears and zoomed through the last lap in a fantastic 55.7 to pass and beat such established stars as Bobby Seaman, John Camien and Cary Weisiger to place 3rd in 4:01.7, easily the fastest ever by someone of his age. Dyrol Burleson pulled on Tom O'Hara in the stretch to gain what appeared to be a tie but officials gave Burleson the nod as well as a tenth of a second advantage over O'Hara—4:00.2 to 4:00.3. Burleson's lap times were 62.7, 61.6, 61.5 and 54.4; Ryun's 63.3, 61.7, 61.0 and 55.7. Britain's Peter Keeling led at the half in 2:04.1 but dropped to 7th at the bell (3:08.3) and finished in that position in 4:14.5. Gerry Lindgren (18) ran a solo 4:06.0 mile (his fastest) in a high school race at Pullman, Washington, the same day.

Two 16-year-old athletes turned in fantastic performances. Paul Wilson became the first to vault his age in feet as he cleared 16'0"/4.87 at his second attempt; whilst John Johnson long jumped 25'2½"/7.67! The previous week, Larry Kelley (17) ran a 1:50.4 880y.

Results of the highest calibre are flooding in, as the summaries below show.

Dick Drake

May 2nd, Baton Rouge, La. 440y: Shapiro 47.0; 120yH/330yH: Hardin 14.0/37.0.

May 2nd, Miami, Ohio. 220yt: Howell 21.0.

May 2nd, State College, Pa. 440y: Bernard (Trin) 47.1; HJ: Ammerman 6'10"/2.08; DT: Soudek (Austria) 185'5"/56.52 (rec); JT: Hedmark 252'9½"/77.05.

May 2nd, Lincoln, Neb. TJ: Brooks (Jam) 49'10"/15.19.

May 5th, Lincoln. 100y: Wheatfall 9.4.

May 8th, Whittier. SP: Price 59'5"/18.11.

May 8th, Albuquerque. 400mH: Atterberry 51.7; PV: Morris 15'10½"/4.83, Cramer 15'6"/4.72.

May 8th, Perris, Calif. 100y: John James 9.4 (eq. high school rec.).

May 8th/9th, Lubbock, Tex. 100y: Roderick 9.3, Foster 9.4; 220yt: Roderick 21.0; 440y: Nelson 46.6, Ellington 46.9; 440y (frosch): Bourland 46.8, Bankhead 46.8; 880y: Gunter 1:50.3; 120yH/440yH: Bobby May 14.0/51.8; 4x110y: Southern Methodist Univ. 40.1; SP/DT: Matson 63'5½"/19.33 & 176'9½"/53.89.

May 8th/9th, Houston. 100y: Stebbins 9.3, Guy 9.4; 220yt: Stebbins 21.1; 440y: Owens 46.8 (Lewis 46.6 heat); 4x110y: Grambling 40.4; HJ: Ross 7'1"/2.16.

May 8th/9th, Petersburg, Va. 100y/220y(s): Roberts (Trin) 9.3w/20.3.

May 9th, Atlanta, Ga. 100y/220yt: Hayes 9.2/21.2.

May 9th, Philadelphia. PV: Uelses 16'3"/4.95.

May 9th, Elmhurst, Ill. 1M: O'Hara 4:05.8.

May 9th, Cambridge, Mass. 220y(s): Mottley (Trin) 20.8w, Awori (Ug) 21.2w; 440y: Mottley 46.9; 440yH: Lynch 52.2; TJ: Ohiri (Nig) 48'5½"/14.77.

May 9th, Denver. 330yH: Miller 36.2 (eq. best on record).

May 9th, Logan, Utah. 120yH: Cerulla 13.8.

May 9th, Seattle. 880y: Van Asten (Neth) 1:50.4.

May 9th, Wilberforce, LJ: Mayfield 25'2"/7.67.

May 13th, Eugene, Ore. 1M: Burleson 3:57.5.

May 15th, Raleigh, N.C. 100y/220y(S): Roberts (Trin) 9.3/20.1 (eq. Commonwealth best); 1M: Weisiger 3:59.5; LJ: Tate 25'4½"/7.73.

May 15th, Salt Lake City. 440y: Tobler 46.5; 120yH: Cerulla 13.9; SP: Bianco 59'9"/18.21.

May 15th/16th, Lexington, Ky. 440y: Rowe 46.4; 120yH/330yH: Hardin 13.9/36.9.

May 15th, 1M: Jim Ryun 4:06.4 (high school rec.).

May 16th, Villanova, Pa. 440y: Mottley (Trin) 46.1.

May 16th, Champaign, Ill. 880y: Larry Kelley (17) 1:50.4 (high school rec.).

May 16th, Corvallis, Ore. 100y/220yt: Jerome (Can) 9.4/21.2; 880y: Van Asten (Neth) 1:49.8, Underwood 1:49.9; 1M: San Romani 4:04.3, Groth 4:04.3; PV: 3, Yard (Can) 15'0"/4.57; JT: Tipton 252'9½"/77.05.

May 16th, Stillwater, Okla. 100y: Headley 9.4, Watson 9.5; 220yt: Watson 21.0; 120yH/330yH: Miller 14.0/36.4; PV: Holsinger 15'8"/4.77, Farrell & Manning 15'8"/4.77; LJ: Brooks (Jam) 24'7½"/7.51, Watson 24'2½"/7.38.

May 22nd, Compton, Calif. PV: Paul Wilson 16'0"/4.87 (high school rec & world junior best).

May 22nd/23rd, Salt Lake City. 100y: Carr 9.3 (9.4 ht), Rivers 9.5, Robbins 9.5; 220yt: Carr 20.4 (20.5 ht), Rivers 20.7; 440y: Tobler 46.0; LJ: Hopkins 26'0"/7.92, C. Robinson 25'5"/7.74; SP: Bianco 59'4½"/18.10.

May 23rd, Modesto, Calif. 100y: Roberts (Trin) 9.4 (9.4 ht), Ashworth 9.5, Hermen 9.5, Winder 9.6, Pender 9.6 (D. Johnson, Jam, 9.6 ht); 220yt: Roberts 20.8, Poynter 21.0, Winder 21.0 . . . 6, Jerome (Can) 21.5; 880y: Underwood 1:48.7, Crothers (Can) 1:49.1, Van Asten (Neth) 1:49.2, Hessel 1:49.3, D. Carr 1:49.7, Dunkelberg 1:50.1; 1M: Burleson 4:00.2, O'Hara 4:00.3, Ryun 4:01.7, Weisiger 4:01.7, Camien 4:02.2, Seaman 4:04.2, KEELING (GB) 4:14.5, Green 4:17.7; 2M: Baillie (NZ) 8:37.1, Kidd (Can) 8:38.1, Beatty 8:41.0, Larrieu 8:46.6, Marin (CR) 8:49.6, Murphy 8:51.6, Fishback 8:51.7; 120yH: Lindgren 13.8, Rogers 14.0, Polkinghorne 14.0;

440yH: Cawley 51.5, Whitney 51.8, Hilburn 52.2, Cushman 52.3; HJ: Thomas 6'10"/2.08; PV: Hansen 16'4 1/2"/4.99, Pennel 16'0"/4.87, Morris 16'0"/4.87, Chase 16'0"/4.87, Hein, Yang (For) & Fosdick 15'6"/4.72 (White, Kirk, Manning, Johnson, Rose, Cramer & Ankio (Fin) failed opening height of 15'6"/4.72!); LJ: Boston 27'2 1/2"/8.29 (rec), Mays 26'3 1/2"/8.01, Nickolas 26'2 1/2"/7.98, Horn 25'9 1/2"/7.86, Tucker 25'5 1/2"/7.75; TJ: Craig 51'11 1/2"/15.83; SP: Matson 62'3 1/2"/18.99, O'Brien 61'3 1/2"/18.67, Maggard 61'2"/18.64, Davis 61'1"/18.62, McGrath 61'1"/18.62, Winters 59'1"/18.01 . . . 9, Samsam (Mor) 56'11"/17.35; DT: Oerter 203'6 1/2"/62.04, Weill 200'2"/61.01, Babka 195'7 1/2"/59.63, McGrath 193'4"/58.93, Humphreys 191'5 1/2"/58.36, Silvester 191'0 1/2"/58.23, Neville 181'6 1/2"/55.33; HT: Connolly 212'4"/64.72, Burke 192'6 1/2"/58.69; JT: Tipton 260'10 1/2"/79.52, Covelli 259'11 1/2"/79.24; 4x110y: Grambling 40.0, Ft. Campbell (Ky) 40.1, Striders 40.2, Oregon 40.3, Colorado 40.4; 4x220y: Striders 1:23.2, Grambling 1:24.0; 4x880y: San Jose State 7:22.1 (Garrison 1:48.1); 1M Medley: Oregon State 3:17.5 (Groth 1:46.9); Distance Medley: Oregon State 9:43.4 (Groth 4:05.5). Junior College events—100y: T. Williams 9.3w; 120yH: Greenwood 13.9. Women's 100y/220y: Porter (NZ) 10.8/24.1w.

May 23rd, Los Angeles. 440y: Archibald 46.3, Beaty 46.6; 1M: Schlick 4:02.5, Bess 4:02.7, Valiant 4:02.7, Day 4:03.2; 3M: Westman 13:53.4; 440yH: Jim Allen 51.9; PV: Self 15'9 1/2"/4.80; LJ: West (Nig) 24'11 1/2"/7.60, Shinnick 24'11"/7.59, Clayton (Jam) 24'10 1/2"/7.58; TJ: Samuels (Jam) 51'1 1/2"/15.57, West 48'5 1/2"/14.77 . . . 4, Williams (NZ) 47'11"/14.60; SP/DT: 2, Mills (NZ) 57'10 1/2"/17.64 & 173'8 1/2"/52.95.

May 23rd, Evanston, Ill. 100y/220y: Jackson 9.5/21.3 (21.0 ht); 440y: Bernard (Trin) 46.1 (46.0 ht) (&45.4 relay leg).

May 23rd, Atlanta, Ga. 100y: Hayes 9.4.
May 23rd, Pullman, Wash. 1M: Lindgren 4:06.0.

May 23rd, Kansas City. Women's 440y: Janell Smith (17) 54.8 (rec).

May 23rd, Ft. Collins, Colo. PV: Meyers 16'4 1/2"/4.99.

KIWIS FOR TOKYO

New Zealand's Olympic team is Peter Snell (800m & 1,500m), John Davies (1,500m), Neville Scott (5,000m), Bill Baillie (5,000m & 10,000m), Murray Halberg (5,000m & 10,000m), Barry Magee (10,000m), Jeff Julian (Mar), Ivan Keats (Mar), Ray Puckett (Mar), Dave Norris (LJ & TJ), Doreen Porter (100m & 200m), Avis McIntosh (100m & 80mH), Marise Chamberlain (800m), and Val Young (SP & DT). Further names may be added. Note that no place could be found for the brilliant young runner Geoff Pyne, who clocked 13:21.5 for 3M last January.

CORRECTION

The length of Gaston Roelants' spikes are 20mm (3/4"), not 4cm.

EUROPEAN ROUND UP

WEST GERMANY

May 1st, Bochum. 100m: Schulte 10.5, James (USA) 10.6, MEAKIN (GB) 10.7; 800m: CARTER (GB) 1:55.5, Balke 1:57.5, Lambrechts (Bel) 1:57.9; HJ: Schillkowski 6'9 1/2"/2.06; PV: Hein (USA) 15'9"/4.80, Reinhardt 15'9"/4.80; SP: Urbach 61'3 1/2"/18.68; 3,000m: J. COOKE (GB) 8:18.0, Zur 8:19.4, Oliveira (Port) 8:24.6; women's 100m (3.4m/sec f.w.): ARDEN (GB) 11.5, Cruiming (Neth) 11.6, Meyer 12.1 200m (3.2m/sec f.w.): ARDEN (GB) 24.8, Cruiming (Neth) 25.0, v.d. Zwaard (Neth) 25.6; 800m: Kraan (Neth) 2:13.1, PIERCY (GB) 2:18.8; LJ: Hoffmann 19'9 1/2"/6.03; SP: Klein 51'2 1/2"/15.61.

May 3rd, Hannover. 3,000m: WIGGS (GB) 8:32.2; LJ: Klein 24'10 1/2"/7.59, Boston (USA) 24'7 1/2"/7.50; SP: Urbach 59'3 1/2"/18.07; women's DT: Limberg 173'6"/52.88; JT: Klein 171'1"/52.15.

May 7th, Hamburg. 400m: Kinder 47.8; 1,000m: Balke 2:23.2, Norpoth 2:23.6; 5,000m: Girke 14:06.8; 110mH: Boston (USA) 14.1; PV: Reinhardt 15'9"/4.80 (Hein failed at opening height); LJ: Boston (USA) 26'5 1/2"/8.07, Klein 25'8 1/2"/7.84w; HT: Thun (Aus) 215'2"/65.59, Beyer 207'3"/63.17; JT: Herings 256'7"/78.21.

May 7th, Sindelfingen. 100m: Gamber 10.4 w; 110mH: John 14.1w; women's 100m (1.8m/sec f.w.): Pensberger 11.5, Fisch 11.6; SP: Klein 52'2"/15.90, Kofink 50'8 1/2"/15.45.

May 9th, Munich. SP/DT: Urbach 60'5 1/2"/18.42 and 180'3 1/2"/54.95.

May 9th/10th, Darmstadt. Women's Pen: Hoffmann 4.717 (11.2, 36'10 1/2"/11.24, 5'1 1/2"/1.56, 20'4"/6.20, 24.6), Becker 4.680 (11.7, 37'10"/11.53, 5'2 1/2"/1.59, 20'2 1/2"/6.15, 24.6), Keydel 4.655.

May 9th, Kempen. Women's JT: Gerhards 175'6"/53.50.

May 16th, Hannover. 110mH: John 14.2.

May 16th, Frankfurt. 100m: Obersiebrasse 10.5, Bender 10.7; women's 100m: Heine 12.0.

May 16th/17th, Mainz. 100m: Holdorf and Metz 10.4; 400m: Reske 47.7; 110mH: Wilimczik 14.2; PV: Reinhardt 15'9"/4.80; JT: Herings 252'11 1/2"/77.11.

May 17th, Trier. 100m/200m (h.w.): Roderfeld 10.4/21.1; 1,000m: Windel 2:22.8, Kinder 2:22.8; 5,000m: Norpoth 14:03.0; Gerlach 14:09.2; 400mH: Schunk 52.4, Janz 52.4; SP: Urbach 60'4 1/2"/18.40; DT: Reimers 177'11 1/2"/54.24; women's 400m: Kraan (Neth) 56.3; 80mH: Schell 11.0; LJ: Hoffmann 20'6 1/2"/6.26, Becker 20'6 1/2"/6.26, Luxenburger 19'7 1/2"/5.99.

May 17th, Kleve. Women's 100m (0.79m/sec f.w.): Pollmann 11.5; JT: Gerhards 182'7"/55.65.

May 17th, Ludwigshafen. Women's 800m: Worner 2:07.6 (60.0 400m).

May 18th, Furth. SP: Urbach 61'21"/18.65.

May 23rd, Hamburg. 200m/400m: MORRIS (GB) 22.2/49.4; 800m: WALES (GB) 1:53.8, BACKLEY (GB) 1:55.0; 1,500m: ADAMS (GB) 3:56.9; 4x100m: W. Germany (Schuttler, Gamper, Enderlein, Roderfeld) 39.8.

May 23rd, Balingen. JT: Stumpp 251'31"/76.60.

May 23rd, Dortmund. 400m: Vetter 47.4; 110mH: John 14.2, Bock 14.4.

May 23rd/24th, Nuremberg. SP/DT: Urbach 60'81"/18.51 & 183'1"/55.80; women's 100m: Pensberger 11.7, Kopp 11.8; 80mH: Kopp 10.8, Schell 10.9; LJ: Kopp 19'91"/6.03.

May 24th, Hamburg. (55-60,000 crowd!) 100m (2.9m/sec f.w.): Gamper 10.3, Felsen 10.3, Knickenberg 10.4, Schulte 10.4, Ulonska 10.5; 100m (3.9m/sec f.w.): Obersiebrasse 10.1, Schumann 10.2, Ottolina (It) 10.3, Schuttler 10.4; 400m: Juttner 47.1, Ulbricht 47.3, Tiemann 47.4, Reske 47.5; 4x100m: W. Germany (Knickenberg, Gamper, Enderlein, Roderfeld) 40.3; 4x400m: Wuppertal 3:13.8... 7, London Police 3:22.1.

May 24th, Krefeld. 110m: John 14.2; 400mH: Neumann 51.7, Haas 52.0, Janz 52.0; DT: Reimers 192' 101"/58.79; women's 100m: Pollmann 11.6, Heine 12.1; 80mH: van Hinten (Neth) 10.9, Schell 10.9, Heine 11.1; DT: Limberg 174'11"/53.32.

May 28th, Kassel. 200m: Roderfeld 21.0; 5,000m: Watschke 14:06.6, Kiss (Hun) 14:07.6; 3,000mST: Macsar (Hun) 8:44.6, Muller 8:46.2; 110mH: John 14.2; PV: Reinhardt 15'9"/4.80, Lehnertz 15'9"/4.80, Solar (Spain) 15'11"/4.60 (rec); SP: Varju (Hun) 62'6"/19.05; DT: Szecsenyi (Hun) 178'7"/54.44.

Later results: Uwe Beyer set world junior hammer best of 211'61"/64.48; Reinhardt vaulted 15'11"/4.85.

EAST GERMANY

April 29th, Berlin. DT: Thorith 184'8"/56.29; women's 100m: Schneider 11.6, Bohm 11.8, Birkemeyer (32) 11.9; 200m: Schneider 24.3; 80mH: Bohm 11.0, Laufer (nee Claus) 11.1.

May 3rd, Berlin. Women's JT: Schubert 177'5"/54.08, Schwalbe 171'01"/52.13.

May 8th, Leipzig. HT: Martin Lotz 217'0"/66.14 (rec), M. Losch 206'71"/62.98; women's DT: Ingrid Lotz (Martin's wife) 184'31"/56.17, Lorenz 172'11"/52.46, Illgen 172'01"/52.44.

May 8th, Nordhausen. 3,000m: Herrmann 8:13.0.

May 9th, Leipzig. PV: Preussger 16'1"/4.90 (rec); women's 100m/80mH: Balzer 11.8/10.9; HJ: Ruger 5'61"/1.68; JT: Schubert 179'4"/54.66, Richter 175'7"/53.52.

May 10th, Berlin. 100m: Erbstosser 10.3, Pollex 10.4.

May 10th, Leipzig. HT: M. Losch 211'0"/64.32.

May 13th, Cottbus. HJ: Pfeil 6'101"/2.10.

May 13th, Berlin. Women's LJ: Laufer 20' 1"/6.12.

May 16th, Schkopau. DT: Thorith 188'5"/57.43, H. Losch 186'10"/56.95, Milde 185'41"/56.51, Kuhl 182'81"/55.69; HT: Baumann 207' 2"/63.15.

May 16th, Jena. 3,000mST: Dörner 8:45.8, Döring 8:48.2, Misersky 8:49.0; women's 80mH: Balzer 10.8, Diel 11.0; JT: Graefe 174'1"/53.06.

May 17th, Weimar. HJ: Koppen 6'101"/2.10, Dührkop 6'101"/2.10.

May 21st, Leipzig. 100m: Wallach 10.4.

May 23rd/24th, Leipzig. 100m(A): Erbstosser 10.3; 100m(B): Wallach 10.4, Erbstosser 10.5; 200m(A): Wallach 20.8, Erbstosser 20.9; 200m(B): Badenski (Pol) 20.7; 400m: Badenski (Pol) 45.9 (rec); PV: Nordwig 15'5"/4.70; women's pen: Balzer 4,790 (80mH—10.5, SP—34'111"/10.65, HJ—4'101"/1.48, LJ—19'91"/6.03, 200m—23.4; hurdles time equalled world record), Exner 4,768 (11.1, 37'01"/11.29, 5'31"/1.61, 19'9"/6.02, 24.4), Lohnert 4,497.

Other results—3,000m: Kohler 8:06.4, May 8:06.6; (another race) Valentin 8:19.2; 10,000m: Janke 29:47.8; women's 80mH: Kampf 10.9; SP: Garisch 54'8"/16.66.

FRANCE

May 1st, Chartres. 100m: Laidebeur 10.5, Piquemal 10.6; 800m: Wadoux 1:49.0, Durand 1:49.5; women's 400m: Lebreton 55.4 (rec).

May 3rd, Clermont-Ferrand. 200m: Delecour 21.2, Piquemal 21.3.

May 7th, Mantes. 100m: Piquemal 10.3w; 110mH: Duriez 14.2 (4m/sec head wind); JT: Macquet 263'31"/80.25.

May 7th, Paris. Women's JT: Demys 167' 111"/51.20 (rec.; previous best of 153'10"/46.89).

May 10th, Tours. 800m: Chatelet 1:49.6, Lurot 1:49.7; 2,000m: Jazy 5:23.4; HT: Husson 214'0"/65.23.

May 10th, Tourcoing. 1,500m: Wadoux 3:46.9; 3,000m: Bernard 8:05.9; women's 800m: Dupureur 2:05.8 (rec; 59.6 at 400m).

May 13th, Paris. JT: Macquet 257'81"/78.55.

May 16th, Deuil-la-Barre. 800m: Lurot 1:48.7, Chatelet 1:49.4, Bernard 1:50.5; 3,000m: Wadoux 8:10.2, Allonsius (Bel) 8:11.2; DT: Alard 179'71"/54.75.

May 16th, Troyes. HT: Husson 215'81"/65.75.

May 17th, Paris. 100m: Bambuck (Guadeloupe) 10.4.

May 17th, Lisbon (Port). 200m: Delecour 21.1.

May 18th, Paris. 400m: Boccardo 47.5; LJ: Lefevre 25'61"/7.79 (rec).

May 20th, Lorient. 3,000m: Wadoux 8:08.4, Vaillant 8:10.6.

May 23rd, Troyes. DT/HT: Husson 170'31"/51.91 and 221'71"/67.55.

May 24th, Paris. 100m: Piquemal 10.6; 200m: Delecour 21.1; 110mH: Duriez 14.2.

The Future of Athletic Records

PROFESSOR ERNST JOKL DELIVERS 'COURAGE' LECTURE

THE first of the Courage lectures, "The Future of Athletic Records," was given by Professor Ernst Jokl, of the University of Kentucky, at the Little Ship Club, on Monday, 25th May.

Prof. Jokl, a world acknowledged expert in this field, indicated that scientific predictions of future athletic records were now becoming possible within the present framework of knowledge. For the accurate prediction of future World Records it was necessary that the smooth curve of performance plotted through past World Records for a particular event, should begin to flatten out. As yet this has not happened, so that at the moment any prediction is little better than an inspired guess, although in some events, notably the sprints, this "flattening" is approaching, but conversely, in the 5000 metres the post-1948 trend has been for the graph of performance to steepen rather than to flatten out.

Prof. Jokl pointed out that by and large, the Olympic Record lags behind the World Record generally to the extent of some 5 years, the stresses of the Olympic Games generally not being suitable for the breaking of World Records—Herb Elliott being an obvious exception to this.

The reasons postulated by Ernst Jokl for this continued improvement in performance were basically social-economic in origin, an extension of ambitions and a new image of what men can do. In earlier days, with the use of child labour, a seven day working week and low standard of living, it was quite impossible to expect energy to be available for Sport, all possible energy being necessary for the vital business of living. With the 20th Century came a rise in the standard of living, the continued development of a superior physical type (vividly illustrated by Prof. Jokl's slide comparing the armour of a Medieval knight, at that time a superior type himself, with a typical American schoolboy), earlier maturation and in the trained person a deceleration

in ageing, the emancipation of women, improvement in diet and experience of the physiological effects of exercise and training, had all helped to improve the standard. Here it is interesting to note that many of the modern training aids such as Isometric training and dynamometers for Tests and Measurements were known and used in the 19th Century. From these have been developed more sophisticated machinery for modern use in sport.

Further points to arise were that in the past the vast majority of World Champions had come from the temperate areas of the World, which coincided with the highest standard of living and contrasted with the general misery of the under-developed areas. With the world-wide rise in standards this was most likely to change and areas such as China and Central Africa would soon be producing World Champions.

In the question time which followed the lecture, many interesting points arose, notably that whilst the sprinters, and possibly the 800 metre runners, will gain some advantage, there is a distinct possibility of cardiac difficulties in the 10,000 metres and Marathon in the 1968 Olympic Games to be held at Mexico City on account of the altitude. A period of some 10 weeks would be necessary to obtain complete adjustment to this altitude.

Prof. Jokl also indicated that there was no evidence to show that drugs or hypnosis could improve the maximum performance of a HIGHLY TRAINED athlete, the highly trained athletes having full access to his physical powers; that although women were biologically superior to men, the physical superiority of men will remain except in those events such as equestrianism where woman's disadvantages can be eliminated.

Prof. Jokl also opined that future champions would be picked out by suitable testing and then given the optimal time for training which probably amounted to some 4 to 5 hours a day, although quite obviously this varied with individuals. Finally, Ernst Jokl said that he expected to see the greatest advances in the Marathon, where the speed of running would approach closely to that of the 10,000 metres.

Graham Tanner

NEXT WEEK

"Tips from the Top"—a series of action sequence photos of Lynn Davies, with coaching commentary by Ron Pickering.

May 30th, Troyes. 1,500m: Jazy 3:46.3; PV: D'Encausse 15'5"/4.70.

May 30th, Cambrai. 800m: Lurot 1:49.2, Durand 1:49.7, Bernard 1:49.9.

May 31st, Nancy. 100m (3.8m/sec f.w.): Laidebeur 10.2, Piquemal 10.3; 200m: Brugier 21.3, Berger 21.3; 3,000m: Jazy 8:07.4 (56.0 last 400m), Fayolle 8:09.2; PV: Houvion 15'5"/4.70, D'Encausse 15'11"/4.60; 4x100m: France (Brugier, Laidebeur, Piquemal, Delecour) 39.6 (eq. rec.).

May 31st, Delle. HJ: Sainte-Rose 6'9 1/8"/2.06.

May 31st, Chelles. SP: Godard 57'7 3/4"/17.57.

Mary Peters

Smashes UK Pentathlon Record

With The Ladies

IN successfully defending her WAAA pentathlon title at Birmingham, on May 30th, Mary Peters set a UK record of 4,801 pts., best in the world this year and good for fourth on the world all-time list. Only the Soviet athletes Irina Press (5,137), Galina Bystrova (4,872) and Tatyana Shchelkanova (4,863) have recorded higher totals. Mary Rand's UK record (discounting her recent 4,847 which was made in irregular conditions) stand at 4,726.

Mary Peters achieved personal best performances in the 200m, shot (outdoors) and high jump, and was only 0.1 sec. and 2" off her personal bests in the hurdles and long jump respectively. Her previous best score was 4,586 in 1962.

Pat Pryce and Pat Gaze arrived after the start of the second event and their performances were not allowed to score in the final classification. Rosemary Payne, who won the

Midland title with 3,946 points, did not enter the national event.

WAAA CHAMPIONSHIP

1, M. Peters (Spartan) 4,801 (18'6½", 25.2, 11.4, 46'9", 5'5"); 2, B. Gill (Swindon) 4,045 (16'8½", 27.9, 12.5, 39'8", 5'1"); 3, A. Fathers (Leamington) 3,588 (17'8½", 26.5, 13.6, 22'9½", 4'9"); 4, P. Baileff (Stoke) 3,580 (15'9½", 28.1, 11.7, 24'9", 4'8"). Not counting in competition —P. Pryce (Ruis-N'd) 4,181 (16'9½", 25.6, 11.3, 31'10", 4'11"); P. Gaze (Shaft) 3,651 (15'8½", 26.2, 12.2, 28'1½", 4'5").

MIDLAND CHAMPIONSHIPS

1, R. Payne (Lozells) 3,946 (17'0½", 27.3, 13.1, 40'6½", 4'9"); 2, Fathers; 3, Baileff; 4, S. Parrish (Birch) 3,528 (15'11½", 28.7, 13.3, 34'5½", 4'7"); 5, G. Jacob (Wolv) 3,236 (16'2", 28.2, 14.7, 26'2", 4'7").

D.H.D.

25th 'DAILY MIRROR' TROPHY

At Chiswick, May 30th

A MEETING that will remain long in the memory, perfect weather, splendid presentation and many superb performances. Vera Searle's new trophy for the "Champion of the Day," was won by Daphne Arden for her double Olympic qualifications of 10.8 and 24.4, but without belittling these high-powered runs I share the general opinion that Anne Smith's vibrescent 880y victory, also in Olympic standard of 2:08.9, rated the superior effort. This was razzle-dazzle running of the old Diane Leather vintage—a glorious, exhilarating exhibition of power.

Birchfield's powerful Pat Jones equalled Pat Nutting's best on record 200m. hurdles mark of 28.3, and with Thelwyn Appleby set personal bests of 11.3 in the standard 80mH. With improved technique, Jones would be a real prospect in this fallow event. Linda Griffith, young Mitchamite, also shot into the ratings with 11.6 in both heat and final.

The furlong saw a final of fabulous times. Only once previously have five British girls hit the tape in 25.1 or better, and the improvements registered were huge ones: Jill Hall slashed 0.3 off her personal best, Farnden 0.6, while Delyse Brookes, who improved 0.5, really had my sympathy at finding herself only in 5th place with such an excellent time.

"Daily Mirror" Trophy (Seniors): 1, Mitcham 45; 2, Birchfield 38; 3 eq, Middlesex and

Selsonia 30; 5, London Olympiades 25½; 6, Ilford 22; 7, Coventry Godiva 18½; 8, Hercules 18; 9, Maryhill 16; 10, Surrey 7; 11, City of Stoke 3; 12, Southend 1.

100: 1, D. Arden (Mx) 10.8 (eq. meet rec); 2, J. Hall (Mit) 11.0; 3, M. Dew (Sel) 11.1; 4, T. Appleby (CG) 11.2; 5, M. Farnden (Mx) 11.2; 6, J. Towl (Mit) 11.4 (11.3 heat).

220: 1, Arden 24.4 (meet rec); 2, Dew 24.9; 3, Hall 24.9; 4, Farnden 25.0; 5, D. Brookes (H) 25.1; 6, A. Beattie (Mary) 26.0 (25.4 ht). Heat times: S. Hopper (LO) 25.7, J. Lindsay (Mx) 25.8, P. Johnson (Mary) 25.9, C. Biggs (Sy) 25.9, A. Johnson (Stoke) 26.0.

440: 1, J. Lindsay (Mx) 58.1; 2, R. Davies (Sel) 58.9; 3, C. Mitchell (Mit) 59.0 (58.1 ht); 4, E. Cowan (B) 59.4 (58.2 ht); 5, D. McNamara (Sel) 59.8; 6, R. Campbell (I) 63.6 (61.9 ht).

880: 1, A. Smith (Mit) 2:08.9 (Meet rec); 2, S. Taylor (CG) 2:18.2; 3, I. Inwood (Mary) 2:19.1; 4, P. Brown (Mit) 2:21.8; 5, P. Davies (Sel) 2:24.2; 6, P. Everitt (B) 2:24.3; 7, S. Chyc (I) 2:34.0 (2:25.7 ht); P. Perkins (I) scr (2:24.8 ht). Heat times: R. Hitchman (B) 2:25.9.

4x110: 1, Birchfield (P. Jones, L. Tipping, E. Cowan, D. Arden) 48.6; 2, Middx (B. Higgs, S. Beldham, J. Lindsay, M. Farnden) 49.1; 3, Mitcham 49.2; 4, Selsonia 49.3; 5, Godiva 51.5; Maryhill disq.

80mH: 1, T. Appleby (CG) 11.3; 2, P. Jones (B) 11.3; 3, L. Griffith (Mit) 11.6; 4, K. Kelsall (Stoke) 11.8; 5, S. Beldham (Mx) 11.9; 6, R. Campbell (I) 12.0 (11.7 ht). Heat times:

B. Higgs (Mx) 12.2, S. Hopper (LO) 12.3, A. Edwards (B) 12.4, S. Anderson (Mary) 12.4, V. Nairne (Sel) 12.5.

200mH: 1, P. Jones (B) 28.3; 2, R. Campbell (I) 28.5; 3, S. Beldham (Mx) 29.2; 4, M. Gouldsmith (LO) 30.5; 5, J. Whitehead (LO) 30.6; 6, D. Sparrow (I) 31.0.

HJ: 1, W. Evans (Mx) 5'0"; 2, V. Parsons (LO) 4'10"; 3, D. Sparrow (I) 4'10"; 4 eq., L. Masterson (LO) and L. Padmore (CG) 4'10"; 6, C. Drewry (H) 4'8".

LJ: 1, M. Barton (Sy) 18'1½"; 2, S. Anderson (Mary) 18'0"; 3, J. Towl (Mit) 17'4½"; 4, M. Gouldsmith (LO) 17'4"; 5, J. Whitehead (LO) 16'11½"; 6, J. Lindsay (Mx) 16'6".

SP: 1, B. Bedford (H) 42'5"; 2, K. Duckett (Sel) 40'7½"; 3, M. Kerr (Mary) 38'11"; 4, S. Platt (LO) 37'4"; 5, B. Everitt (Mit) 35'1"; 6, Y. Fountain (S'end) 34'10½".

DT: 1, B. Bedford (H) 135'7"; 2, B. Everitt (Mit) 132'8½"; 3, K. Duckett (Sel) 131'4½"; 4, M. Arnold (B) 130'6"; 5, M. Kerr (Mary) 108'0½"; 6, A. Marsh (H) 107'6½". Guest: W. Thomas (Hove) 137'2½".

JT: 1, R. Morgan (I) 156'1½" (meet rec); 2, S. Tadd (LO) 143'3"; 3, M. Whitbread (I) 132'0"; 4, J. Fleming (Mit) 121'8"; 5, L. Armstrong (H) 117'7"; 6, K. Newton (Sy) 111'5½". Guest: B. Nicholls (Bucks) 139'8½".

"George French" Trophy (Juniors): 1, Southend 38; 2, Birchfield 32½; 3, Mitcham 17; 4, Selsonia 14; 5, Middx. 13; 6, Maryhill 12; 7, Godiva 9; 8, City of Stoke 7½; 9 eq, Hercules and LOAC 3; 11, Surrey 1; 12, Ilford 0.

100: 1, N. Bailey (S'end) 12.0; 2, J. Rapley (Mit) 12.0; 3, S. Hartley (S'end) 12.1 (12.0 ht); 4, C. Hornsby (B) 12.5 (12.1 ht); 5, S. Scott (B) 12.5; 6, J. Prescott (LO) 12.6 (12.1 ht).

150: 1, B. Kemp (B) 17.5; 2, P. Legge (Sel) 17.9; 3, J. Rumbelow (B) 18.0; 4, J. Wood (Stoke) 18.6 (18.5 ht); 5, J. Gooch (Mit) 18.6 (18.4 ht); 6, L. Carruthers (Mary) 18.9 (18.4 ht). Heat times: J. Leese (Stoke) 18.5; L. Speck (Lo) 18.5.

4x110: 1, Birchfield 51.6; 2, Southend 51.6; 3, Mitcham 52.5; 4, Selsonia 52.8; 5, Maryhill 54.1; 6, Middx. 54.7.

80yH: 1, A. Wilson (S'end) 11.6; 2, J. Parker (Mx) 12.1; 3, C. Searle (Mx) 12.2; 4, J. Arthur (CG) 12.2; 5, J. Prescott (LO) 12.2; 6, S. Cossar (CG) 12.3. Heat times: L. Carruthers (Mary) 12.5, J. Matthews (B) 12.6.

HJ: 1, A. Wilson (S'end) 4'10"; 2, J. Rose (B) 4'7"; 3, L. Carruthers (Mary) 4'6"; 4 eq, A. Welsh (H) and L. Williams (Stoke) 4'4"; 6 eq, J. Sullivan (H) and J. Matthews (B) 4'4".

LJ: 1, A. Wilson (S'end) 17'8"; 2, S. Proctor (CG) 15'7"; 3, B. Kemp (B) 14'11"; 4, J. Rapley (Mit) 14'8½"; 5, S. Littlehales (Stoke) 14'6½"; 6, L. Snow (Mx) 14'1½".

SP: 1, C. White (Sel) 30'6½"; 2, H. Stewart (Mary) 29'3½"; 3, P. Denton (S'end) 27'11½"; 4, L. Enever (Mit) 26'8½"; 5, M. Gembis (Mx) 25'6½"; 6, L. Cox (Sy) 24'10½".

Peter R. Pozzoli



Alison Leggett (Halifax) left, wins the Yorks. 880y title from Pam Piercy (Hull) in 2 min. 15.6 sec.
Eric North

LOOP FILMS

For the small band of enthusiasts who like their Loop-films right up to date, GUY BUTLER intends making available from time to time lists of loops taken this season. So far these include, among others, Hal Connolly's Demonstration Hammer Throws; Lynn Davies at 26ft. 4in. (front) and at 26ft. 3in. (side)—both double slow motion; Gordon Miller at 6ft. 10in.; Mike Parker first and last two flights in fast races (back and front views); back-view 100 Yards starts by Frith, Meakin and Radford. N.B.—These are only to be had in 16mm. Those who would like to be on the mailing list should send an S.A.E. to—GUY BUTLER, "Harbledown," Little Hadham, Hertfordshire.

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MARY RAND NEAR BRITISH RECORD

MARY RAND and Ann Packer, two of our best looking Olympic medal prospects in every sense, were the gilt edged performers at the Southern Counties championships at Chiswick last Saturday. With no real opposition to worry about, a most relaxed Mary flirted with her UK long jump record for the second consecutive weekend. Her series: 20'11½" w, foul, 20'4¼", 20'9¼" w, foul, 20'10¼" (nil wind). That fifth round effort, aided by an illegal 3.8m/sec. wind, measured 21'3¼"—and Mary fouled by only three-quarters of an inch. Later in the blustery, rainy afternoon, Mary raced to a two-yard victory in the 100y against the wind in 10.9—a performance that must have been worth 10.6 or 10.7 in good conditions.

Ann Packer looked magnificent as she tied her personal best 440y time of 54.9, though of course she has run many yards faster at 400m. She stormed home fully ten yards ahead of last year's winner, Mary Tagg, who was rewarded with a personal best of 56.3. The standard in this event was very high: Jill Lindsay, runner-up last year in 58.2, this time finished sixth in 57.6; whilst Deirdre Watkinson repeated her fifth place of last year but had to run over three seconds faster!

Linda Knowles and Susan Platt left the meeting happier than they arrived, for both reached the Olympic qualifying standard for the first time. Linda made 5'7" third time (she is now back to her old style), thus depriving Gwenda Matthews of the title she had hoped to add to her 20th birthday presents. Susan showed Rosemary Morgan that she is still Britain's number one javelin competitor by throwing 157'11½" in the 3rd round and 169'7½" in the 5th as against Rosemary's initial (and only good) throw of 156'2".

Pat Pryce scored a convincing hurdles win over Maxine Botley in 11.3, exceptional time on a heavy track and against a 3.8m/sec. wind; Janet Simpson, recovered from last year's injury, is running better than ever before and won the furlong handsomely; two veterans still going strong: Phyl Perkins (70 sec. last lap to her 5:01.9 mile) and Sue Allday (yet another shot-discus double)—between them they total 59 years.

Melvyn Watman

Seniors

100: (head wind) 1. M. Rand (LOAC) 10.9; 2. M. Cobb (Sel) 11.1; 3. J. Simpson (LOAC) 11.2; 4. P. Pryce (Ruis-N'd) 11.3; 5. J. Hall (Mit) 11.4; 6. A. Usher (Kent) 11.6.

220: (1.59m/sec h.w.) 1. J. Simpson (LOAC) 25.2; 2. A. Usher (Kent) 25.5; 3. M. Cobb (Sel) 25.6; 4. M. Dew (Sel) 25.8 (25.7 ht); 5. J. Tay-

lor (Mit) 26.1; 6. J. Dicker (Essex) 26.4 (26.2 ht).

440: 1. A. Packer (Read) 54.9 (champ. record); 2. M. Tagg (Gt. Yar) 56.3; 3. J. Smart (Spar) 57.0; 4. J. Dicker (Essex) 57.5; 5. D. Watkinson (Gosp) 57.5; 6. J. Lindsay (Middx) 57.6. In heats: J. Catling (High) 58.5, M. Moir (Wig) & J. Green (Roch) 59.8, S. Whittington (Ports) & E. Davies (Sel) 59.9.

1 Mile: 1. P. Perkins (Ilf) 5:01.9; 2. P. Gardner (Chelm) 5:02.6; 3. P. Davies (Sel) 5:07.5; 4. M. Conlan (Dart) 5:08.9; 5. M. Rees (LOAC) 5:09.7; 6. E. Joyce (Gosp) 5:16.4; 7. J. Hale (Ports) 5:20.0; 8. P. Sanders (Camb. H) 5:22.0; 9. V. Tomlinson (Hornch) 5:23.0; 10. S. Tulloh (LOAC) 5:26.0; 11. P. Moffa (High) 5:29.0; 12. C. Oxtan (Colch) 5:33.0.

80mH: (3.8m/sec. h.w.) 1. P. Pryce (Ruis-N'd) 11.3; 2. M. Botley (Rain) 11.6; 3. A. Fordyce (Spar) 11.8; 4. P. Gaze (Shaft) 12.4; 5. R. Campbell (Ilf) 12.4; C. Love (Mit) dnf (12.0 ht).

HJ: 1. L. Knowles (Hornch) 5'7" (champ. record); 2. G. Matthews (Ruis-N'd) 5'6"; 3. S. Dennler (Spar) 5'4"; 4. H. Sanders (St. Albans) 5'2"; 5. J. Ratcliffe (Colch) 5'0"; 6. eq. A. Savory (Middx) & B. Gill (Swin) 4'10".

LJ: 1. M. Rand (LOAC) 20'11½" (champ. record); 2. J. Unsted (Brighton) 18'11½" w; 3. J. Towl (Mit) 18'4¼"; 4. A. Savory (Middx) 18'1¼" w; 5. M. Gouldsmith (LOAC) 17'11½"; 6. J. Whitehead (LOAC) 17'10¼"; 7. C. McClelland (Romf) 17'6¼" w; 8. P. Pryce (Ruis-N'd) 17'1¼" w.

SP: 1. S. Allday (Spar) 44'8½"; 2. B. Bedford (Herc) 41'7½"; 3. K. Duckett (Sel) 40'7"; 4. B. Gill (Swin) 38'9¼"; 5. W. Thomas (Hove) 37'8"; 6. J. Bowley (Phoenix) 37'5"; 7. J. Quick (Sutton) 36'2½"; 8. H. Claxton (Enf) 33'6"; 9. U. Smith (Wimb) 33'4¼"; 10. M. O'Leary (St. Alb) 33'2½".

DT: 1. S. Allday (Spar) 143'8"; 2. B. Bedford (Herc) 139'10"; 3. W. Thomas (Hove) 134'8½"; 4. K. Duckett (Sel) 128'1¼"; 5. B. Everitt (Mit) 126'9½"; 6. P. Mason (Bright) 123'3¼"; 7. B. Harding (Croy) 120'5¼"; 8. M. Walsh (Ports) 118'10"; 9. U. Smith (Wimb) 118'0¼"; 10. C. Mitchell (Bog) 117'5"; 11. M. Burtenshaw (Bright) 116'3".

JT: 1. S. Platt (LOAC) 169'6¼" (champ. record); 2. R. Morgan (Ilf) 156'2"; 3. B. Nicholls (Buck) 142'5¼"; 4. M. Whitbread (Ilf) 141'2¼"; 5. P. Bennett (Herc) 129'6¼"; 6. S. Tadd (LOAC) 120'2¼"; 7. J. Fleming (Mit) 116'4¼"; 8. M. Waters (Hornch) 110'8½"; 9. L. Harman (Herc) 110'5¼".

1 Mile Walk: 1. J. Keen (Croy) 8:43.0; 2. S. Dyer (Crawley) 8:52.4.

Intermediates and Juniors next week

Sheila Parkin In Form Too

DESPITE a very heavy track and waterlogged field four senior records were broken at the Northern Championship at Blackburn last Saturday. A record entry caused the meeting to stretch over six hours.

Sheila Parkin, a good runner-up to Dorothy Hyman in the 220y, was in fine long jumping form. Her best of 20'2½" was assisted by a 3.4m/sec. wind (the limit is 2m/sec.) but she had two other valid efforts over 20 feet—20'0½" (0.6m/sec) and 20'2" (1.1m/sec). That last jump is only 1½ inches below her personal best.

Joy Grieveson took the quarter by a wide margin in 55.6 (0.7 sec. slower than Ann Packer in the Southern), but the best race of the day was the 880y, which 17-year-old Mary Hodson won in her fastest ever time of 2:13.3. After leading for the first fast lap she was overtaken by Sallie Newell and Alison Leggett at 660 only to storm past both to win by ten yards.

Seniors

100: 1, D. Hyman (Hick) 11.0; 2, J. Grieveson (Darl) 11.2; 3, I. Nobbs (Horden) 11.3; 4, C. Bailey (Sale) 11.4; 5, H. Lucas (Hick) 11.7; 6, P. Mooney (Bury) 11.7.

220: 1, D. Hyman (Hick) 25.0; 2, S. Parkin (Sheff) 25.3; 3, I. Nobbs (Horden) 26.1; 4, G. Wood (Roth) 26.5; 5, J. Champion (Sale) 27.2; C. Bailey (Sale) scratched (ill).

440: 1, J. Grieveson (Darl) 55.6 (champ. record); 2, S. Aldred (Notts) 58.2; 3, M. Corker (Sheff) 59.2; 4, S. Bessant (Hull Ach) 59.5; 5, C. Driver (Sale) 60.0; 6, M. Ibbotson (Long) 60.5.

880: 1, M. Hodson (Bury) 2:13.3 (champ. record); 2, A. Leggett (Halif) 2:14.8; 3, S. Newall (Sale) 2:16.2; 4, J. Perry (Wirral) 2:20.2; 5,

B. Bailey (Bury) 2:24.5; 6, J. Ashcroft 2:28.6.

Mile: 1, A. Leggett (Halif) 5:18.8; 2, M. Hodson (Bury) 5:28.2; 3, E. Puckrin (Midd) 5:52.4; 4, C. Tippet (Bury) 6:03.8; 5, B. Newhall (Sheff) 6:09.6; 6, S. Shurgold (Barrow) 6:36.4.

80mH: 1, A. Charlesworth (Aire) 11.7; 2, C. Marsden (York) 11.8; 3, B. Jenkins (E. Ches) 11.9; 4, A. Pendleton (Scun) 12.3; 5, G. Winter (Hull S.) 13.0; 6, V. Lawrence (Donc) 13.0.

200mH: 1, B. Jenkins (E. Ches) 30.6; 2, S. Budgen (Halif) 32.3; 3, K. Cansdale (N. Shields) 33.6; 4, P. Harris (Sale) 34.1; 5, S. Kipling (N. Shields) 34.3.

HJ: 1, D. Shirley (Spar) 5'3"; 2, J. Brown (Liv) 4'11"; 3, A. Warburton (Salf) 4'11"; 4, P. Veals (Bury) 4'11"; 5, S. Gregson (B'pool) 4'6"; 6, S. Goddard (Halif) & C. Davill (Halif) 4'6".

LJ: 1, S. Parkin (Sheff) 20'2½" (champ. record); 2, J. Warburton (B'pool) 18'1½"w; 3, V. Flett (Bury) 18'0"; 4, B. Warburton (B'pool) 16'10½"; 5, I. Wolfenden (Pemb) 15'7½"; 6, M. Stevens (N. Shields) 15'3½".

SP: 1, I. Billington (Widnes) 37'3"; 2, S. Sandiford (Bury) 36'0½"; 3, H. Walker (Long) 35'9½"; 4, J. Attack (Thorn) 34'4½"; 5, A. Davies (Waterloo) 34'1"; 6, H. Fairclough (Wigan) 33'0".

DT: 1, J. Fielding, nee Heath (Liv) 122'10½" (champ. rec); 2, V. Lonsdale (B'burn) 110'1"; 3, G. Masters (Donc) 105'3"; 4, A. Davies (Wat) 103'11"; 5, B. Ball (Hick) 100'8"; 6, O. Foster (Bury) 98'4".

JT: 1, M. Brown (Leeds) 128'1½"; 2, C. Patrick (Rock) 121'7½"; 3, G. Bartle (Bury) 112'9½"; 4, P. Armitage (Rock) 109'2"; 5, S. Paul (Harro) 108'5"; 6, S. Gregson (B'pool) 102'0½".

Mile Walk: 1, R. Scott (Winton) 9:19.8; 2, M. McCully (N. Shields) 9:52.6; 3, P. Crompton (Bolton) 10:22.6; 4, J. Brown (N. Shields) 10:22.8.

Intermediates and Juniors next week

UNLUCKY 13 THEY SAID . . .

SO WE CHANGED THE DATE TO JUNE 20!

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FASTEST EVER "20" BY RON HILL

THE eleventh Pembroke 20 miles road race on May 30th will go down as the greatest in the series. Well over a hundred starters were sent on their way around the first of the accurately measured five-mile laps with the temperature well over 70°F, humid and with little or no wind.

At 5 miles the leaders were Kilby and Hill in 25.27, Heatley 25.28, Barlow 25.37, McDermott 25.40. A bunch containing Nunn, Moore, Hirons, Dowell, Britland, Sugden and Woolford followed at 26.36. Kilby and Hill were together still at 10 miles in 50.35, with Heatley trailing slightly in 50.41. The fantastic pace of these three was rammed home when over two minutes elapsed before the next man appeared in the person of McDermott (52.55), who then promptly retired. Woolford and Hopkinson went by together in 53.15, and the next 46 seconds covered Nunn, Sugden, Britland, Moore, Hirons, Ward and Haslam.

Kilby passed 15 miles in 1:15.25. Hill slowed slightly to take a drink and lost a few yards here as they went away on the last lap. Brian appeared to be increasing his slight lead and Ron looked rather anxious as he strove to regain contact. Basil Heatley, as relaxed as ever, was now over a minute behind but seemed assured of third place for he in turn was nearly four minutes ahead of Woolford (1:20.12). Next came Hopkinson (1:21.13), Haslam (1:21.24), Sugden (1:21.33) and Nunn (1:21.35).

Kilby still held a slight lead at 17 miles but a grim faced Hill slowly closed the gap. They ran together for a while until Ron's superior speed began to tell as he gradually went ahead to finish in the fastest time ever recorded for a 20 miles road race—1:40.55, which was nearly 1½ minutes better than his own course record set in 1962. Kilby was a gallant second in 1:41.30 and Heatley, looking by far the least travel stained of the three, third in 1:43.04. Brian Woolford came through strongly for 4th place in 1:47.34.

G. Miller

1. R. Hill (Bolton Utd.) (rec) 1:40.55
2. B. Kilby (Godiva) 1:41.30
3. B. Heatley (Godiva) 1:43.04
4. B. Woolford (Wallasey) 1:47.34; 5. J. Haslam (Bolt) 1:50.03; 6. J. Sugden (Pontefract) 1:50.12; 7. M. Nunn (Longwood) 1:50.18; 8. M. Hirons (Birchfield) 1:50.49; 9. A. Ward (Man'r Lads) 1:51.15; 10. D. Hopkinson (Clayton) 1:51.53; 11. H. Thompson (Rotherham) 1:52.37; 12. T. Parr (Bolt) 1:53.13; 13. P. Gibbs (Birch) 1:53.59; 14. R. Phipps (Winnington Pk) 1:55.02; 15. J. Iddon (Bolt) 1:56.40; 16. R. Moore (Long) 1:56.45; 17. K. Dobb (Birch)

- 1:57.03; 18. A. Dowell (Godiva) 1:57.07; 19. C. Kemball (Wolv) 1:57.25; 20. J. Doyle (Wirral) 1:57.27; 21. J. Newsome (Wakefield) 1:57.31; 22. W. Cooper (Man'r Lads) 1:57.55; 23. G. Bradshaw (Notts) 1:58.00; 24. J. Highton (Pemb) 1:58.37; 25. G. Lawson (Man'r Lads) 1:59.03; 26. E. Foley (Bolt) 1:59.21; 27. H. Blenkinsop (Sale) 1:59.42; 28. A. Walsham (Salf) 1:59.50; 29. F. Valentine (Bolt) 2:00.11; 30. B. Webster (Oldbury) 2:00.48; 31. B. Fletcher (Wake) 2:02.05; 32. P. Jones (Shrews) 2:02.13; 33. D. Hoare (Wake) 2:03.41; 34. W. Feast (Birch) 2:05.47; 35. J. Lawton (Harehills) 2:05.51; 36. J. Fleming-Smith (Roth) 2:06.33; 37. G. Wyatt (Bolt) 2:06.57; 38. S. Smith (Blackburn) 2:07.17; 39. A. Elsbey (Bolt) 2:07.40; 40. P. McElroy (Manx) 2:08.56; 41. B. Gelsthorpe (Wolv) 2:09.01; 42. W. Ratcliffe (Warr) 2:09.02; 43. D. Willis (Wolv) 2:09.38; 44. L. Lilles (Long) 2:10.29; 45. Bob Jackson (Salf) 2:11.02; 46. W. Ashby (Derby) 2:11.48; 47. R. Jackson (Salf) 2:12.12; 48. B. Boothroyd (Long) 2:12.29; 49. R. Sinclair (Liv) 2:12.33; 50. P. Roscoe (Blackpool) 2:13.46. 78 finished.

Teams:

- | | | |
|-------------------------|-----------------------|-----------------|
| 1. Bolton United | (1. 5.12) | 18 |
| 2. Coventry Godiva | (2. 3.18) | 23 |
| 3. Birchfield | (8.13.17) | 38 |
| 4. Manchester Lads | 56; | 5. Longwood 67; |
| 6. Wakefield 85; | 7. Wolverhampton 103; | 8. Salford 120; |
| 9. Leeds Harehills 151; | 10. Warrington 159. | |

Northern Championship: 1, Hill; 2, Woolford; 3, Haslam.

Cheshire Championship: 1, Woolford.

In the Leyton Floodlit Meeting R. Simnett (Ponders End) was third in the Junior Mile (B), and not as printed.

BELGRAVE HARRIERS

13th ANNUAL

20 MILES OPEN ROAD RACE

(Under A.A.A. Laws)

AT WIMBLEDON COMMON

SATURDAY, JULY 18th, at 3 p.m.

AWARDS:—1st, 2nd, 3rd Individual, Tankards. 1st, 2nd, 3rd Teams, Plaques. 1st Newcomer to 20 Miling, Plaque. Prize to 1st Vet. (over 45). Standard Medals, inside 2 hours. Time certificates to all finishing inside 2hrs. 30mins.

A.A.A. Nat. Std. Cert. Scheme will operate

ENTRIES:—All runners must pay individual fee of 3/-. State if newcomer or Vet. Teams 5/- (6 run, 3 score).

ENTRIES CLOSE JULY 11th

To C. E. Manning, Plaw Hatch, Morton Road, Morden, Surrey

COUNTY CHAMPIONSHIPS continued

ESSEX

At Southend, May 30th/June 6th

Seniors

100: 1, D. Jones (Woodford Gn) 9.7; 2, P. Morrison (Ilford) 9.8; 3, W. Johnson (If) 10.0.
220: 1, Jones 21.3 (eq. CBP); 2, Johnson 21.9; 3, P. Jones (If) 22.0. **440:** 1, P. Jones 48.7 (eq. CBP); 2, Johnson 49.1; 3, B. Lawrence (If) 50.0. **880:** 1, G. Whitton (Walthamstow) 1:56.3; 2, B. Steffens (If) 1:56.5; 3, C. Ridley (Walt) 1:56.5. **1 Mile:** 1, B. Hill-Cottingham (Chelms) 4:13.6; 2, R. Adams (Walt) 4:15.0; 3, R. Bell (Chelms) 4:15.3. **2M:** 1, J. Batchelor (If) 9:19.0; 2, E. Barrett (If) 9:24.8; 3, R. Howe (Walt) 9:30.6. **3M:** 1, M. Batty (Thurrock) 13:45.4; 2, A. Perkins (If) 13:53.0; 3, G. Knight (Ex.B) 14:17.2. **6M:** 1, Batty 28:54.0 (CBP); 2, Knight 29:51.0; 3, D. Plater (If) 30:17.4. **120H:** 1, G. Holt (WG) 16.1; 2, M. Bell (Walt) 16.1; 3, R. Radley (If) 16.5. **440H:** 1, J. Clark (Brentwood) 56.7; 2, J. Hayward (WG) 57.7; 3, Steffens 58.5. **3,000m/SC:** 1, D. Bryan (If) 10:02.8; 2, J. Cheshir (Hornchurch) 10:14.6; 3, B. Dunn (If) 10:25.6. **4x110:** 1, Woodford Gn. 43.9; 2, Chelmsford 44.6; 3, Ex. Beagles 45.4. **4x440:** 1, Ilford 3:18.5 (CBP); 2, Woodford 3:21.6; 3, Ilford 'B' 3:26.5. **1 Mile Medley:** 1, Ex. Beagles 3:39.7; 2, Ilford 3:43.7. **2MW:** 1, C. Williams (If) 14:43.0; 2, R. Pearce (Poly) 15:11.2; 3, G. Brown (WG) 15:14.8. **LJ:** 1, J. Simpson (WG) 22'1½"; 2, E. Robinson (Horn) 21'8½"; 3, A. Tanner (Horn) 21'4". **TJ:** 1, Robinson 46'0"; 2, M. Menday (Southend) 44'4½"; 3, Simpson 44'4½". **HJ:** 1, A. Murrell (Horn) 5'11"; 2, D. Hoppitt (If) 5'9". **PV:** 1, R. Gibson (Chelms) 10'0"; 2, T. Woods (S'end) 9'6". **SP:** 1, Woods 43'1½"; 2, J. Weightman (If) 42'11½"; 3, W. Bushnell (If) 41'6½". **DT:** 1, Weightman 138'5½"; 2, J. Bowen (Achilles) 136'5"; 2, M. Davies (Army) 129'0½". **JT:** 1, Bushnell 188'2"; 2, Woods 159'2". **HT:** 1, C. Robinson (WG) 145'8"; 2, Davies 136'9½"; 3, G. Kingston (S'end) 124'8".

HERTFORDSHIRE

At Watford, May 30th

Seniors

100: 1, Overhead (Watford) 10.1; 2, Plows (Welwyn) 10.2; 3, McDonald (St. Albans) 10.4.

CLASSIFIED ADVERTISEMENTS

Private 3d., Trade 6d. per word

FOR SALE: Assorted back numbers of World Sports, Football Monthly (50 for £3), Athletics Weekly, Soccer Star (50 for £2). E. Jones, 43 Dundonald Road, Colwyn Bay.

Would the athlete who inadvertently took away a pair of Puma training shoes size 8, white with black form strips from the Surrey Champs. heats on May 26th, please contact Alastair Sell, 8a Upper Edgeborough Road, Guildford.

220: 1, Overhead 21.9; 2, Smouha (LAC) 22.2; 3, McDonald 22.3. **440:** 1, Overhead 48.1; 2, Plows 48.8; 3, McDonald 49.5. **880:** 1, G. Wenk (Wel) 1:54.7; 2, Smith (St. A) 1:55.9; 3, Clark (Wat) 1:57.7. **1 Mile:** 1, Wiggs (TVH) 4:01.3 (CBP); 2, Smith (St. A) 4:28.6; 3, Smith (Barnet) 4:30.0. **3M:** 1, Brown (Wel) 14:23.4; 2, Reavley (Barn) 15:15.6; 3, Macy (St. A) 15:17.0. **6M:** 1, Brown 29:24.0; 2, Taylor (Wel) 30:24.0; 3, Reavley 30:32.0. **4x110:** 1, St. Alban's 44.4; 2, O.E.A.C. 44.9; 3, Welwyn 44.9. **Medley R:** St. Albans 3:31.3; 2, Watford 3:32.4; 3, Welwyn 3:42.4. **2MW:** Moran (St. A) 16:54.8. **120H:** 1, Fear (Wat) 15.8; 2, Atkins (Wel) 17.4; 3, Herbert (Q.E). **220H:** 1, Fear 26.2; 2, Lane (Wel) 26.3; 3, Charnock (Wat) 29.5. **440H:** 1, G. Wenk 57.8; 2, Lane 58.8; 3, J. D. Cooper (St.A) 59.8. **3,000m/SC:** 1, M. Palmer (St A) 9:26.8; 2, Taylor 9:30.0; 3, Prosser (Wel) 9:50.0. **LJ:** 1, Lawrence (Wel) 20'10"; 2, Mitchell (OE); 3, Adams (Wat). **TJ:** 1, Lawrence 43'10"; 2, Adams 43'4½"; 3, Bigg (Wel) 42'1½". **HJ:** 1, Leavold (St. A) 5'11"; 2, Tingay (TVH) 5'11"; 3, Cooper (Wel) 5'6". **SP:** 1, Clark (OE) 47'5"; 2, Vanhegan (Barn) 44'3"; 3, Roach (Barn) 42'5½". **DT:** 1, Wigglesworth (Barn) 144'2"; 2, Cornelius (St. A) 139'0"; 3, Hogg (Wel) 133'2". **JT:** 1, Greasley (Wat) 225'4½"; 2, Wade (OF) 189'8"; 3, Vanhegan 159'1". **HT:** 1, Greasley 141'3"; 2, Vanhegan 138'6½"; 2, Burrage (Barn) 124'2".

BILLINGHAM GAMES, 1964

Organised by Billingham Urban District Council in co-operation with Billingham Synthonia Athletic Club

CENTRAL AVENUE STADIUM, BILLINGHAM

SATURDAY, 25th JULY, at 2 p.m.

MEN'S EVENTS: 100yds. H'cp; 880yds. H'cp; 1 Mile H'cp; 300yds. Short Limit H'cp; Youths' 100yds. H'cp; Youths' Junior 880yds. H'cp; Long Jump H'cp; High Jump Scratch; Shot Putt.

LADIES' EVENTS: 100yds. H'cp; 220yds. H'cp; Long Jump Scratch; High Jump Scratch.

SPECIAL INVITATION EVENTS

Vaux Gold Tankard—3 Mile Team Race
3,000 Metres Steeplechase
Men's 880 Yds. Ladies 440 Yds.
Men's Hammer Throwing

Entry Forms from:
Clerk of the Council
Council Offices,
Billingham, Co. Durham.

Closing Date—11th July, 1964

Ground Admission 2/-, Stands Admission 4/-
Children—Half Price

Brightwell The Magnificent

THE annual match between the AAA and past and present students of Loughborough Colleges is always a delight to watch, and at this year's edition on June 4th spectators were treated to one of the most extraordinary running performances in British track history.

Following hours of heavy rain, the track presented a sorry sight—deep, stagnant pools of water covered the width of the track in several places—and one assumed that Robbie Brightwell, Loughborough's hero of heroes, would have to keep that fast quarter bottled up for another week or two.

The first indication that the state of the track might not automatically condemn all performances to mediocrity came when John Cooper splashed his way around the 440y hurdles course in the startling time of 52.1. One feels he would have beaten Chris Goudge's obviously doomed UK record of 51.6 in drier conditions but perhaps the most significant feature of the race was Cooper's margin over reliable Peter Warden (51.8m this year) . . . two full seconds!

Nevertheless, it seemed dubious whether Brightwell would be able to better 47 seconds for his first individual quarter of the season. Such fears were groundless, happy to report,

for Robbie turned in one of the most exhilarating displays of one-lap running it has been my good fortune to witness. Striding out in that magnificent manner of his when fully fit, he glided past the furlong mark in 21.7 and despite clearly checking as he hit a particularly uninviting pool in the home straight raced through the tape to stop the watches at 46.5! It was a wonderful start even for a man whose target for the season is 44.5 for 400m, four-tenths inside the current world record. Later Brightwell returned with a scintillating furlong in 21.4 and finished with a 49.1 relay leg (the first 220 covered at practically a jog!). Before leaving the 440, one must mention Tim Graham's 47.6 in second place, only a tenth outside his best ever. He will surely better 47 within the next month or so. In the long relay John Sherwood celebrated his 19th birthday with a leg in the region of 48 seconds.

Alan Simpson ran well in the mile against John Whetton. He led at the half in 2:07.0 and the bell in 3:10.9 with Whetton at his heels, and that was the position until the finishing straight was reached. Whetton summoned up his reserves for the drive to the tape and drew level, but the Yorkshireman fought him off with revealing determination to cross the line a good yard ahead. The half-mile was

BOROUGH OF HACKNEY Athletic Meeting

ETON MANOR TRACK,
LEYTON, E.10

SATURDAY, JULY 18th

GRADED EVENTS

Open to athletes whose best performance during the last two years is not better than:

Men's 880yds.	1:53.6	1 Mile	4:25.0
3,000m. S.C.	9:35.0	Long Jump	22'9"
Triple Jump	44'6"	High Jump	5'11"
Pole Vault	11'9"	Shot (16lb.)	44'0"

ALSO SCRATCH EVENTS:

BOYS (Over 13, Under 15 on 1.4.64)
100yds. and 4 x 110yds. Relay

YOUTHS (Over 15, Under 17 on 1.4.64)
100yds., 880yds., 4 x 110yds. Relay

JUNIORS (Over 17, Under 19 on 1.4.64)
220yds. and 1 Mile

JUN'R LADIES (Over 11, Under 15, 1.9.64)
100yds. and 4 x 110yds. Relay

INT. LADIES (Over 15, Under 17, 1.9.64)
880yds.

ENTRIES CLOSE MONDAY, JULY 6th
to: L. Golding, Eton Manor Clubs, Riseholme Street, London, E.9. Fees: Senior Men 1/6, Ladies, Boys, Youths, Juniors 1/- each event.

MORRIS MOTORS ATHLETIC AND SOCIAL CLUB

SPORTS MEETING

(Under A.A.A. Laws)

SATURDAY, AUGUST 8th, at 2 p.m.

On The Sports Ground,
Crescent Road, Cowley, Oxford
(Buses Nos. 1 and 5 from Station)

OPEN EVENTS—MEN

440 yds. Handicap	Prizes valued:
880 yds. Handicap	1st £10.10.0
1 Mile Handicap	2nd £ 5. 5. 0
2 Miles Handicap	3rd £ 3. 3. 0

SEVEN MILES ROAD RACE

Team (4 to count), Individual and Sealed H'cp.

Approx. time of start—4.45 p.m.

PRIZES VALUED

Individual	Sealed H'cp.	Team
1st £10.10.0	1st £7.7.0	1st 4 at £4.4.0
2nd £ 5. 5. 0	2nd £3.3.0	2nd 4 at £2.2.0
3rd £ 3. 3. 0	3rd £2.2.0	3rd 4 at £1.1.0

Entry Fees: 1/6 first, 1/- each additional event, 5/- team event.

CLOSING DATE: SAT., JULY 25th

ENTRIES TO: J. A. T. BOULGER, Gen. Secretary, Club House, Crescent Road, Cowley, Oxford.

more clear cut, with John Williams walloping Mike Fleet in the worthy time of 1:50.5.

Danny Herman, a veteran of 28, may have run the race of his life in the 100y. He won easily in 10.3, unremarkable enough—until it was revealed that the runners had covered 105 yards. In other words Herman was operating at 9.8/9.9 pace on a flooded track.

Three of the field events yielded pleasing performances. Trevor Burton vaulted 14'3" off a soggy runway, John Greasley set the best UK javelin mark of the season (239'5½") and Howard Payne did likewise in the hammer with 205'5". The happiest sight of all was Mike Ellis (still only 27) back in the ring after nearly four years. He reached 192'4½"—the prelude, one wishes, to a full-scale comeback.

Melvyn Watman

105: 1, D. Herman (AAA) 10.3; 2, J. Bullock (AAA) 10.6; 3, J. Weiland (L) 10.6; 4, J. Arrowsmith (L) 10.7. **220:** 1, R. Brightwell (L) 21.4; 2, G. Plows (AAA) 22.2; 3, P. Warden (L) 22.3; 4, B. Anson (AAA) 22.4. **440:** 1, R. Brightwell (L) 46.5 (ground rec.); 2, T. Graham (L) 47.6; 3, P. Jones (AAA) 48.5; 4, M. Airey (AAA) 49.8. **880:** 1, J. Williams (L) 1:50.5; 2, M. Fleet (L) 1:51.3; 3, P. Beacham (AAA) 1:52.5; 4, R. Tutin (AAA) 1:52.9. **1 Mile:** 1, A. Simpson (AAA) 4:07.4; 2, J. Whetton (L) 4:07.7 (colleges rec.); 3, T. Schofield (L) 4:09.8; 4, P. Abell (AAA) 4:11.7. **3M:** 1, M. Bullivant (AAA) 13:46.6; 2, J. Hillen (AAA) 14:00.8; 3, M. Hobbs (L) 14:09.2; 4, E. Haslam (L) 14:36.6. **3000mSt:** 1, P. Montague (AAA) 9:10.4; 2, J. Meddings (L) 9:26.4; 3, M. Totten (L) 9:45.2; 4, M. Williams (AAA) 9:54.4. **120H:** 1, L. Taitt (AAA) 14.7; 2, R. Birrell (L) 14.9; 3, S. Storey (L) 14.9; 4, P. Sunderland (AAA) 15.4. **440H:** 1, J. Cooper (L) 52.1 (eq. ground rec.); 2, P. Warden (L) 54.1; 3, D. Brown (AAA) 55.3; 4, J. Dixon (AAA) 57.3. **HJ:** 1, M. Campbell (AAA) 6'1"; 2, J. Leavold (L) 6'0"; 3, M. Leary (AAA) 6'0"; 4, E. Williams (L) 5'10". **PV:** 1, T. Burton (AAA) 14'3" (ground rec.); 2, P. Lyons (AAA) 13'0"; 3, M. Higdon (L) 13'0"; 4, L. Jones (L) 12'6". **LJ:** 1, G. Beales (L) 23'0½"; 2, G. Kealey (AAA) 22'8½"; 3, L. Birchall (L) 21'6½"; 4, A. Mollett (AAA) 21'0". **TJ:** 1, D. Boosey (AAA) 46'8½"; 2, M. Arnold (L) 45'0½"; 3, M. McDonald (L) 44'5½"; 4, K. Kelly (AAA) 44'3½". **SP:** 1, M. Lucking (AAA) 55'11"; 2, R. Hollingsworth (L) 47'2"; 3, M. Pollard (AAA) 47'0"; 4, S. Ager (L) 41'6½". **DT:** 1, R. Hollingsworth (L) 169'0"; 2, A. McKenzie (AAA) 155'1"; 3, R. Reid (L) 142'5½"; 4, S. Clark (AAA) 141'0". **HT:** 1, H. Payne (AAA) 205'5"; 2, M. Ellis (L) 192'4½"; 3, W. Dixon (L) 184'11"; 4, J. Dutton (AAA) 174'8½". **JT:** 1, J. Greasley (AAA) 239'5½" (ground rec.); 2, J. McSorley (AAA) 205'2"; 3, T. Elsdale (L) 199'3½"; 4, R. Hedger (L) 198'7". **4 x 110:** 1, AAA (Herman, Bullock, Anson, Plows) 41.9 (eq. ground rec.); 2, Loughborough (Warden, Cooper, Weiland, R. Sleight) 42.0.

4 x 440: 1, Loughborough (C. Davey, J. Sherwood, Graham, Brightwell) 3:14.9 (eq. ground rec.); 2, AAA (Jones, M. Rawson, Airey, Plows) 3:20.3. **Result:** AAA beat Loughborough 107½-101½.

AMERICAN RUNNERS GO WILD

Results from Compton last week-end—1M: Burleson 3:57.4, O'Hara 3:57.6, San Romani 3:57.6, Groth 3:57.9, Grelle 3:58.5, Day 3:58.9, Weisiger 3:58.9, Ryun (17) 3:59.0; 5,000m: Schul 13:38.0, Baillie (NZ) 13:40, Larrieu 13:43, Lindgren (18) 13:44, Murphy 13:49.2; 3000mSt: Fishback 8:33.2, Young 8:34.6.

Open 3,000 Metres Steeplechase

SATURDAY, 27th JUNE, 1964

4.30 p.m.

**At WOODSIDE STADIUM, GARSTON
WATFORD**

NO FEES — NO PRIZES

Entries not later than **Wednesday, 24th June** to Mr. F. Barber, 51 Oxford Street, Watford.

ECCLES CIVIC SPORTS

(Under AAA & WAAA Laws)

SATURDAY, 18th JULY, 1964

Men's Mile Medley Relay
Men's Two Mile Team Race
Women's 4 x 110yds. Relay
Girl's 4 x 110yds. Relay
Men's 15 mins. Paarlauf

Handicap Events

Men: 100, 220, 880, Mile
Youths: 100, 440, 880
Women: 100, 220, 880
Girls: 100

Entries: 1/- per handicap, 3/- per team event.

Close Saturday, June 27th

to Mr. P. Williams, 35 Folly Lane, Swinton, Manchester.

Advertise **YOUR** event and increase your entries

THURROCK HARRIERS

8th Annual

8 MILE ROAD RACE

(Under A.A.A. Laws)

SATURDAY, 27th June, 3.0 p.m. prompt

From King George V. Sports Ground

Blackshots Lane :: Grays, Essex

Team Race: 6 to run, 3 to score.

Team Race: 6 to run, 3 to score.

"McNamara" Trophy. Plaques for first 3

teams. Good prizes first 3 individuals.

Team entry fee 7/6. Single entries 2/6.

All entries on A.A.A. forms.

Closing date 22nd June.

Hon. Race Sec: L. G. Brown, 23 College

Road, Grays, Essex

CIVIL SERVICE CHAMPIONSHIPS

(Centenary Year Meeting)

Hurlingham Park, Fulham, S.W.6

Saturday, 18th July, 1964

Details from A. F. Whiffen, 67 Abbots-
hall Road, S.E.6.

ENTRIES CLOSE 27th JUNE

CHELTENHAM AND COUNTY HARRIERS 7 MILES FESTIVAL ROAD RACE

(Under A.A.A. Laws)

Saturday, 11th July, at 6 p.m.

Awards: Prizes value £9, £7, £4, £1 to
first four individuals. Medallions to 1st
Team, plaques to 2nd and 3rd Teams.
Medals to all runners finishing in the
first 25 and not gaining any other
award.

Entry Fees: 2/6 per individual; 5/- per
team (6 to run, 3 to score). All runners
must enter as individuals.

Entries to: T. W. Joyce, 33 Miserden
Road, Cheltenham, Glos.

Entries Close: Saturday, 27th June

BLACKHEATH HARRIERS

Annual 6 x 3 Miles

OPEN ROAD RELAY

(Under A.A.A. Laws)

September 19th, 1964, at 3.15 p.m.

From Club H.Q., Bourne Way,

Hayes, Kent

AWARDS — "The Bromley Advertiser"
Trophy; 1st, 2nd, 3rd Teams. 1st "B"
Team; 1st, 2nd, 3rd Individuals. Total
value over £50.

Entries on AAA forms to G. E. Monshall,
1 Wentworth Close, Farnborough,
Kent, by 31st August with 10/- fee for
club 1st team and 7/6 for second and
succeeding teams.

Kinlochleven Highland Games

MAMORE HILL RACE

SATURDAY, 4th JULY, 1964

at 2 p.m.

1st, Cup, Statuette and Prize valued £5.

2nd, Plaque and Prize valued £4.

3rd, Plaque and Prize valued £3.

Team Race (4 to run, 3 to count), Cup

and 4 Plaques, 2nd Team 4 Silver Medals.

Youngest Runner, Plaque; Oldest (over

40), Plaque.

All runners under 3 hours, Mamore

Hill Certificate.

ENTRIES CLOSE, WEDNESDAY, 24 JUNE

—no late entries accepted. Entry

fees: Ind. 2/6; Team 5/-.

Entries and further details: A. P.

MacLean, Hon. Secretary, 72 Foyers

Road, Kinlochleven, Argyll.

FULL PROGRAMME OF TRACK AND

FIELD EVENTS

(Men and Women)

WOODFORD TO SOUTHEND

36 MILES ROAD RACE

Saturday, 12th September, at 9 a.m.

Organised by the Road Runners Club
(Essex Area) in conjunction with the
Corporation of Southend-on-Sea.

INDIVIDUAL AWARDS: Jubilee Trophy
to winner; Medals to first four; First
unplaced veteran (over 40).

TEAM AWARDS: Trophy to winning
team; Plaques to members of winning
team; Medals 2nd and 3rd teams (if
applicable).

Enquiries and application forms from
R. S. Jacobs, 123 Coxtie Green Road,
Brentwood, Essex.

This event has been organised in con-
junction with the Southend-on-Sea
Corporation who this year celebrated
their Golden Jubilee as a County
Borough.

Closing Date for Entries 29th August

Preliminary Notice

MILK MARATHON

PRESTON — MORECAMBE

SATURDAY, 26th JULY, 1964

For further details contact Mr. I. D.

Eccles, 28 Cromwell Road, Lancaster.