

Athletics WEEKLY

June 1st, 1957

9^D

Vol. 11. No. 22



Soon after the start of the Pembroke "20"

THE JAVELIN RULE *By Vic Sealy*

ISLE OF WIGHT,
HULL AND MIDLAND



WOMEN'S COUNTY
CHAMPIONSHIPS

MARATHONS

MILE OF THE CENTURY

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

THE STAVELEY WORKS SPORTS CLUB

(The Staveley Iron and Chemical Co., Ltd.)

FIFTH ANNUAL ATHLETIC and CYCLING SPORTS

(Under A.A.A., W.A.A.A. and N.C.U. Rules)

to be held on

SATURDAY, 6th JULY, 1957 :: At 2.15 p.m.

— on —

The Sports Ground, Handley Wood, Barrow Hill, near Chesterfield

The running and cycling track is of cinder and incorporates a 220 yards straight

OPEN EVENTS

MEN—

SCRATCH—100 yards. 1 Mile.

HANDICAP—220yds. 880 yds.

JUNIORS—880 yards scratch.

WOMEN—

SCRATCH—100 yards Handicap.

220 Yds. HANDICAP

SPECIAL INVITATION

MEN—

SCRATCH—220 yards.

CYCLING

MEN—

SCRATCH—1 Lap (640 yards).

5 miles SCRATCH.

HANDICAP—880 yards.

3 Miles Scratch for those eliminated from 5 Miles.

NORTHERN COUNTIES' CHAMPIONSHIP TUG-OF-WAR (Catchweights)

Teams of 8 plus Coach.

ENTRY FEES—Men and Women 2/- each event. Juniors 1/6. Cycling Events 2/9 first two events and 1/- each succeeding race. Tug-of-War 10/- per team.

PRIZES to value of £7/7/0, £5/5/0 and £3/3/0 for Adult Open Events; £5/5/0, £3/3/0 and £2/2/0 for Junior event. Tug-of-War—Plaques.

ENTRY FORMS and further information from—

R. J. HAWLEY,

Estate Office, The Staveley Iron and Chemical Co., Ltd., near Chesterfield, Derbyshire

CLOSING DATE FOR ENTRIES

::

24th JUNE, 1957

At 5.30 p.m. — IN THE ARENA — HORSE JUMPING COMPETITION
Under British Show Jumping Association Rules

Athletics Weekly

Official Organ of Athletics in Great Britain

Vol. 11. No. 22. June 1st, 1957

EDITOR: P. W. GREEN

Published by—

WORLD ATHLETIC & SPORTING
PUBLICATIONS, LTD.

Editorial Offices—

ATHLETICS WEEKLY,
KENT ART PRINTERS, Ltd.,
THE BROOK,
CHATHAM, KENT.
(Chatham 4644-5)

Advertisement Representatives—
(Trade)

W. HORACE BIGGS,
PRESS ORGANISATION, Ltd.
115 HIGH HOLBORN,
LONDON, W.C.1.
(Chancery 8752-3)

Printed by—

KENT ART PRINTERS, Ltd.,
THE BROOK,
CHATHAM,
KENT.

Subscription Rates—

12 MONTHS (52 issues) 47s. 8d.

Direct subscribers in U.K. and H.M.
Forces abroad:—

12 MONTHS (52 issues) 37s. 6d.
6 MONTHS (26 issues) 18s. 9d.
3 MONTHS (13 issues) 9s. 6d.

CONTENTS

LETTERS TO THE EDITOR	...	4
WALKING by A. D. McSweeney		6
THE JAVELIN RULE	...	8
WOMEN'S COUNTY		
CHAMPIONSHIPS		11
WORLD NEWS	...	13
ISLE OF WIGHT MARATHON	...	14

EVERY SATURDAY — NINEPENCE

DEREK IBBOTSON'S defeat in the so-called "Mile of the Century," will have come as no great surprise to many after his reported intention to make the pace.

It proved once more that to lead from gun to line in a race over 880 yards or the mile, a runner has to be appreciably better than his opponents. With runners of more or less equal calibre or capabilities, anyone leading for most of the race is handicapping himself, for it is less exacting to follow than to lead.

Whether or not Derek wanted to lead is beside the point, but he proved that he has the beating of Mervyn Lincoln when turning the tables on his Australian rival 24 hours later. If Ibbotson decides to run many races at this distance, he will almost certainly beat the 4min. barrier again this year, and I should not be surprised if he also captured the world record. If he goes for the longer 5,000 metres and 3 miles, then he is still going to make it very hot indeed for his opponents, yes, even for Mr. Kuts! What a race that would be!

Junior Steeplechasers.

I have a request from Bill Coyne, coach to several of our best steeplechase men, to ask any young athletes who would be interested in competing in a junior 1500m. steeplechase in the near future, to get in touch with him. It is intended to hold the event in the London area in conjunction with a major athletic meeting and there will be a trophy to be competed for annually.

Any young athletes interested can obtain further details from W. N. Coyne, The Polytechnic, Regent St., London, W.1. They should give their full names, address, date of birth, school or club, 880. mile or steeplechase times, and by whom they are coached.

Discus Circle A.G.M.

The first A.G.M. of the recently formed specialist discus club will be held at the C.C.P.R. Offices, 6 Bedford Square, London, W.C.1, on Whit-Sunday, June 9th, commencing at 3 p.m. The short business meeting will be followed by the showing of loop films with commentaries by John Masurier and Doug Mannion, and all interested in discus throwing are invited to attend, particularly any throwers from the North and other areas who may be in London for the Inter-County Championships. Bedford Square is a short walk from Holborn and Tottenham Court Road tube stations.

County Championships

Pressure on space, greatly increased by the inclusion at the request of the A.A.A. of the article on the new javelin rule, means that many results and letters have been held over to next week, when the County Championships will be the main feature. Those held last Saturday will be incorporated with the bulk of the others taking place to-day.

THE EDITOR.

Cover photo by S. Cook

Letters to the Editor

MANCHESTER-BLACKPOOL RELAY

Dear Sir,

I would like to bring your attention to a few errors which occurred in the report of the Manchester-Blackpool Relay in last week's issue of the "A.W.", they are:—

D. Rees ran stage 6 for Godiva, not C. Allen as reported, and finished in 5th place. R. Allen then took over from D. Rees, and after a magnificent run, during which he moved up to 3rd position and considerably reduced Bullivant's lead, collapsed some 300 yards from the take-over. This automatically disqualified Godiva from a team placing but the referee gave them permission to continue in the race.

B. Carey then went back and took over the baton and at the end of Stage 8 Godiva were still lying an "unofficial" 6th. Unfortunately, however, R. Davies, due to run stage 9, had been informed by various supporters, not an official, that Godiva were out of the race and thus there it ended.

I would also like to mention that on Stage 1, T. Iliffe, of Small Heath, would undoubtedly have finished 1st and broken the stage record, except for a most unfortunate incident when the leading bunch including Small Heath, Derby, Pembroke and Godiva went off course. As it was he ran exceptionally well to come from the back of the field and finish 5th, only 16 seconds behind the leaders.

This stage was unfortunately marred by some very bad cases of corner cutting. I dislike making criticisms of this sort, but I feel they are justified when at a right hand turn on a very busy junction, a bunch of runners some 30 yards behind suddenly appear in front by cutting the corner and running on the pavement on the inside of the turn!

Yours faithfully,

A. J. Snoad,
Godiva Harriers.

Our original report gave D. Rees as running stage 6, but an urgent telephone call from Ron Bacchus of the "News of the World," who sent us all the details of the race, advised us that it was Allen, and not Rees who collapsed (on stage 6 according to our official result sheet) and emphasized that

the Referee did **not** disqualify Godiva. The trouble was that Ron had taken another athlete to hospital and missed that vital part of the race. His information was that a Godiva official took Davies from the race and into a private car during the next stage. It is, of course, impossible for anyone to see all that happens throughout a race of this nature, and we thank Mr. Snoad for his details of the Godiva runners.—Ed.

C.C. RANKING LIST

Dear Sir,

Re A. Huxtable's letter in which he states that D. Humphrey (Bingley H. and A.C.) should be placed 9th in place of G. A. North (Blackpool and Fylde A.C.). I would like to ask, why pick on North? His performances in the past c.c. season, and the manner in which he performed them, speak for themselves.

The possible reason why Melvyn Watman placed North 9th, was that he beat Humphreys on the two occasions that they met last season, but to give credit where it is due, Humphreys had a hard race in Belgium the week previous to the second occasion.

A. R. North, Snr.

ATHLETICS IN LIVERPOOL

Dear Sir,

Having considerable experience of athletics in London and the West Country, I have considered Merseyside rather backward in comparison, though there has been tremendous improvement in the last few years.

Some time ago a Liverpool club approached the local University for an early season fixture on the latter's ground. Liverpool University accepted and promptly sent invitations to Pembroke A.C. and my own club. Pembroke unfortunately had to decline owing to their 20 miles race being staged on the same day. Sefton H. accepted but on the eve of the fixture the secretary received a letter from his University counterpart stating that the other Liverpool club did not want it to be triangular as their athletes would be meeting Sefton a great number of times during the season and thought an additional meeting redundant!!!

Sefton H. were consequently without a fixture and it was only some sterling work on the Secretary's part that prevented runners making a fruitless journey.

Pembroke, on the other hand, were most sympathetic and allowed some of the "long-distance" men to run unofficially in their road race rather than be without competition.

The fact that the University secretary and captain are both members of the Liverpool club indicates that they have been dictated to in no uncertain way—a situation intolerable in our sport.

It seems to me that one club can step in and disorganise an effort promoted to foster early season activity. Perhaps this is one reason for the scarcity of first class athletes in the North.

Yours faithfully,

B. J. Deary,

Vice-captain, Sefton Harriers.

OVERLOOKED?

Dear Sir,

Many supporters of athletics in East London are wondering why the performances of Albert Pattison (of V.P.H. and G.A.C.) have gone unnoticed; and for some unknown reason he has failed to get invitations to compete against the better known athletes at recent Southern meetings. Three years ago at the age of 21 he won the Middlesex six miles track championship in the then record time of 30mins. 14secs. Since then he has reduced his distance and has competed mainly at one and two miles, although he finished third in last year's Middlesex 6 miles in 29mins. 54secs.

As a result of very hard training, and a rest from serious competition last winter, he has made rapid improvement and I enclose a list of some of his performances in the hope that the powers that be will sit up, take notice and give this athlete the encouragement he deserves.

His best performances in 1956 were:—

$\frac{1}{2}$ mile, 1min.59.5secs. 1 mile, 4m. 22s.
2 miles, 9min. 3.2secs. 3 miles, 14m.21s.
6 miles, 29mins. 54secs.

This season he has already run $\frac{1}{2}$ mile in 1min. 57.8sec. and 1min. 57.5sec., and 1 mile in 4min. 13sec. (twice).

Three weeks ago when competing for V.P.H. at Barnet he won the half in 1m.59sec.; had fifteen minutes rest and won the mile in 4m.

26.8sec.; and followed this six minutes later by winning the two miles in 9mins. 31secs.

His two winning mile times of 4min. 13sec. were accomplished as virtual solo runs, one hundred and fifty yards ahead of the field at Victoria Park and Parliament Hill Fields, surely the two slowest tracks in England.

Given the right competition on better tracks, I am sure that Pattison can be a further addition to our middle distance strength. I hope the appearance of this letter in "A.W." will prompt a few invitations at the bigger meetings as the season progresses.

Yours sincerely,

M. Goldstein,

Hon. Track Sec., Grafton A.C.

Actions speak louder than words and after this letter was written, Pattison gave Ken Norris a fright in the Middlesex three miles. However, I cannot help pointing out that his club and coach (if he has one) are not helping his further progress by encouraging or allowing him to have three races in less than 30mins. It may be within his capabilities but it is certainly not the way to realise his undoubted potential.—Ed.

THE GHOST WRITES

Dear Sir,

I read with interest in your magazine about my ghostly intrusions into certain long distance events, in order to bring my case before the authorities.

It is true I am a former boxer, having had eight fights in my early teens and receiving money, which, incidentally, did not cover my training expenses. I took up boxing for the joy of keeping fit, but soon found that my real love was running. So I tried to join an athletic club and, not wishing to deceive anyone, admitted being a boxer, and that is where the trouble starts.

As yet the A.B.A. will not reinstate me, but I believe the A.A.A. will give me their blessing as soon as permission is granted.

I would be grateful if somebody would please take my case up. I do want to run and even though I have no incentive, such as a club to run for, I train five days a week with the hope of becoming a reinstated amateur.

Yours respectfully,

John E. Tarrant,

Buxton.

Walking

By A. D. McSweeney

AS expected, the Paris walkers were able to offer no effective opposition to the Union of London Walking Clubs team in the 25 kilometres match at Regents Park, on May 18th, and all six Londoners were "home and dried" before the first Frenchman came into sight.

Stan Vickers won the race in 2h.1m.56s., equal to 1h.57m.40s. for 15 miles, and this was a very good performance. Eric Hall, fresh from his 20 miles National win of the week before, went into the lead with Vickers, and they were together at 10km. in 48m.10s. Soon after Hall developed muscle trouble in his left leg and he dropped behind Bob Goodall to finish third.

"Dicky" Green's Fourth Brighton Win

R. E. Green was 12 minutes outside his best time in winning the Stock Exchange London-Brighton Championship in 8h.54m.36s., but it was a very easy success. Ray Hall who beat 9 hours last year to finish second was a non-entrant and Ted Hipkins, 2nd in 1955 and 3rd in 1956, obviously short of training, retired soon after covering 30 miles. So Bill Lawrence, who passed young Dave Stevens late in the race, went up to second place to clock 9.21.1, which was some seven minutes faster than his own winning time of 1950.

Of the St. Dunstan's War-blinded men, who held their own race in conjunction, semi-sighted Bill Miller proved a very easy first in 9.11.11, a time which placed him second in the combined field, with Les Dennis next in 9:52.40. 61-year-old Archie Brown, first World War victim, refuses to hang up his shoes and put up a marvellous performance to finish the course in 10h.1m.3s.

Inter-Varsities 20 Miles

The Oxford-Cambridge Match over 20 miles at Tooting on May 16th, proved a very interesting event and despite half the field comprising novices only one retirement took place, thus confounding those of us who thought twenty miles much too far for the purpose. Geoff Weston (St. Catherine's, Oxford), the former RAF Champion, and mainspring of the Walking interest being aroused at Oxford, was easily the most experienced man in the race and he led throughout to win in 3h.3m.39s. The two Surrey Walking Club men, Alan Trotman (Trinity, Cambridge), and Brian Halson (Jesus, Cambridge) were second and third in 3.10.25 and 3.13.52 respectively.

Oxford were well ahead but Cambridge reduced the margin to ten points in the last few miles, the former winning by 34 to 44 points, six-a-side scoring.

Welsh Record for Gareth Howell

Following his fast two miles in 13m.45s. in the London University v. Cambridge U. match at Motspur Park on the preceding Wednesday, Gareth Howell broke his own Welsh Native and All-Comers' 2 miles record in the Glamorganishire County 2 miles at Maindy Stadium, Cardiff, by clocking the astonishing time of 13 m. 29.4s. This was 8.2 seconds inside his own previous record made in 1955. Then on Wednesday last he clocked 13:48.2 in winning the Match v. Oxford University.

"Leicester Mercury" 20 Miles, May 25th.

In a field of 93 starters, with the first dozen or so up to National standard, Albert Johnson (Sheffield), last year's winner over Don Thomp-



D. SHAW (Sheffield U.H.)

S. Cook

son (Met), had additional competition from Eric Hall and George Chaplin. Johnson just led at five miles, Hall was with him at seven and a few yards in front at ten. Chaplin was third, 40 seconds behind, and Thompson and Misson another 20 odd seconds away.

Round about twelve miles Johnson began to get troubled with cramp. This persisted and he lost second place to Chaplin. Another mile and Johnson dropped out letting Thompson up into third. At 15 miles Hall led by a minute-and-a-half in 2.09.44, at which point Thompson overhauled Chaplin. Hall had rather a rough time nearing the end and Thompson closed the gap to 40 seconds with a mile to go. An exciting finish looked in prospect but Hall recovered to open up again and win by 53secs. The very strong blustery winds prevented any attempt on the 2.49.17 course record set by Harry Hake, of Surrey W.C., in 1935.

Johnson's retirement knocked out Sheffield and Belgrave took the "Mercury" trophy by 12 points from the locals.

May 16th

Oxford v. Cambridge Univs. 20 Miles Match, Tooting. 1, G. M. Weston (O.) 3h.3m. 39s.; 2, A. Trotman (C) 3.10.25; 3, B. R. Halson (C) 3.13.52; 4, E. Mason (O) 3.18.14; 5, P. McCaffery (O) 3.19.55; 6, P. Whitworth (C) 3.23.35. **Teams:** Oxford 34; Cambridge 44.

May 18th

London v. Paris Clubs' 25 km. Match, Regents Park. 1, S. F. Vickers (L) 2h.1m.56s.;

2, R. F. Goodall (L) 2.3.31; 3, E. W. Hall (L) 2.7.59; 4, T. Misson (L) 2.8.11; 5, D. Thompson (L) 2.8.26; 6, R. Davies (L) 2.9.20; 7, A. Dufrenne (P) 2.12.03; 8, E. Maggi (P) 2.13.28; 9, E. Rochel (P) 2.16.39; 10, C. Hubert (P) 2.19.54; 11, R. Fickinger (P) 2.23.41. **Teams:** London 15; Paris 40.

Stock Exchange A.C. London to Brighton Championship. 1, R. E. Green 8h.54m.36s.; 2, W. G. Lawrence 9.21.1; 3, D. J. Stevens 9.30.2; 4, R. Andrews 9.35.56; 5, R. J. Shefford 9.38.33; 6, G. V. Rhodes 9.40.11. **1st Novice:** 17 J. Marchant 10.37.10. **St. Dunstan's War-blinded men:** 1, W. Miller 9.11.11; 2, J. Dennis 9.52.40; 3, A. Brown 10.1.3.

May 25th

"Leicester Mercury" Open 20 Miles. 1, E. W. Hall (Belgrave) 2.51.00; 2, D. J. Thompson (Met.) 2.51.53; 3, G. Chaplin (Godiva) 2.53.55; 4, T. Misson (Met.) 2.54.19; 5, A. Staines (Leicester) 2.58.14; 6, R. Davies (Woodford) 2.59.20; 7, K. Camp (Leicester) 3.04.01; 8, R. Newson (Belgrave) 3.04.27.

Teams: 1, Belgrave H. 26; 2, Leicester 38; 3, Sheffield U.H. 56; 4, Polytechnic H. 84; 5, Godiva H. 97; 6, R. Sutton Coldfield 132. **Handicap:** R. Stone (Godiva) all 40m., 2.45.32. **Veteran:** A. Sharp (Poly. H.).

* * *

P. E. Elphick, 59 Rydens Way, Old Woking, Surrey, has taken over as Coaching Secretary to Surrey A.A.A. and all correspondence should be addressed to him as above.

DARLINGTON COMBINED SPORTS ASSOCIATION

FEETHAMS SPORTS

(Under A.A.A. & W.A.A.A. Laws and N.C.U. Rules)

At Feethams Ground, Darlington
Monday : 24th June, 1957

EVENTS INCLUDE—

YOUTH3—880yds. Handicap.

MEN'S—100yds.; 220yds. Short Limit and One Mile Open Handicaps.

1 Mile Short Limit and 3,000 Metres Short Limit Invitation Handicaps

WOMEN'S—100yds.; 220yds. Short Limit Open Handicaps. Northumberland and Durham Counties' Women's 80 metres Hurdles Championship.

CYCLING—880yds. Handicap and "Devil Take the Hindmost".

ENTRY FEES—2/- each, Youths 1/-; Cycling 1/9 one, 2/9 two events.

ENTRIES CLOSE Wednesday, 12th June, 1957, to G. T. KIRKLEY, 23 Clareville Road, Darlington.

DEVON COUNTY CONSTABULARY

Athletic Meeting

Recreation Ground, Torquay
Wednesday, 17th July, 1957

at 2.15 p.m.

(Under A.A.A. & W.A.A.A. Laws)

OPEN EVENTS

MEN	Prizes	Value
100yds. Flat Handicap ...	£7/7	£4/4 £2/2
220yds. Flat Handicap ...	£7/7	£4/4 £2/2
440yds. Flat Handicap ...	£7/7	£4/4 £2/2
60yds. Flat Scratch ...	£7/7	£4/4 £2/2
880yds. Flat Handicap ...	£7/7	£4/4 £2/2
One Mile Flat Handicap ...	£7/7	£4/4 £2/2
Three Miles Flat Handicap...	£7/7	£4/4 £2/2
(4 Prizes)		and £1/1
100yds. Vets. Handicap ...	£5/5	£3/3 £1/1
M.le Medley Relay (440x220x220x880)		
Three Sets prizes valued £16		

WOMEN

100yds. St. Limit Handicap	£5/5	£3/3	£1/1
100yds. Flat Handicap	£5/5	£3/3	£1/1
220yds. Flat Handicap	£5/5	£3/3	£1/1
4 x 110 Inv. Handicap Relay — Three sets			
prizes valued £14.			

Entrance Fees—1/- each event; Relay 2/-
T. of W. 10/-.

Entries Close, Wednesday, 3rd July, to Sergt. R. L. Perryman, Sports Hon. Sec., Police Station, Torquay.

THE JAVELIN RULE

THERE has been a great deal of undesirable publicity recently on the subject of Javelin Throwing. It is undesirable from several points of view.

Firstly, because some members of the Press interested only in a story, have either misunderstood the principle involved, or if they have understood they have chosen to ignore it.

Secondly, it is surely bad for athletes involved to be the centre of such controversy.

Thirdly, because the A.A.A. has once more been misrepresented as an obstructive reactionary body determined to stop an athlete from throwing a Javelin as he wishes.

One statement published in the National Press should be corrected at the outset. This gave the impression that the Southern Committee opposed the A.A.A. rule. In actual fact Southern Committee has not discussed the matter. It is time therefore for the whole position to be examined in its entirety.

Last summer an ageing Spanish Discus thrower, using the Discus technique complete

By **V. C. SEALY**

(A.A.A. Field Events Referee)

with rotation, propelled a Javelin a distance well in excess of the world record. As he had no very special prowess as a Javelin thrower this caused a considerable stir in the athletic world. Had he kept this method a complete secret and suddenly released it for the first time at the Olympic Games what a "flap" there would have been; for under the I.A.A.F. rules existing when the throw was first made there was nothing to bar it. Happily the news was out and the I.A.A.F., who obviously considered the so-called "throw" to be in contravention of the true spirit of the event, met and drew up, somewhat hurriedly I feel, a rule to ban such throws. The rule which said that at no time after he has started his run should the thrower turn completely round so that his back is towards the throwing arc, certainly cut out this Spanish style—which involved a rotation of the body. It did not, however, adequately cover

ATHLETES . . .

Are you getting the most out of your training? Is your body as athletically efficient as YOU could make it?

Success in all vigorous sport requires strength and the quickest and most certain way of building strength is by progressive weight training. Top-ranking athletes in Britain, America, Russia and almost every country, have found that PROGRESSIVE WEIGHT TRAINING pays high dividends. YOU would find the same.

Make your Choice now from the following list of Sets:

Junior Set	65lbs.,	£3/5/0,	plus 10/-	Carr.,	Eng.
105lb. set		£5/5/0,	plus 12/-	Carr.,	Eng.
145lb. set		£7/7/6,	plus 15/-	Carr.,	Eng.
175lb. set		£8/17/6,	plus 19/-	Carr.,	Eng.
205lb. set		£10/12/6,	plus 20/-	Carr.,	Eng.
240lb. set		£12/7/6,	plus 22/6	Carr.,	Eng.
340lb. set		£17/10/6,	plus 30/0	Carr.,	Eng.

FREE with every order from an "Athletics Weekly" reader . . . "Scientific Weightlifting Exercises Designed for Track and Field Events," by Otis Chandler. Chandler, a retired American shot putter with a personal best of 57ft. 4in., spent 10 years studying the principles of improving athletic performances by means of utilising weight training exercises. He practised what he preached by also placing 4th in the heavyweight class of the American Weight lifting championships. The photograph shows him completing a 330lbs. clean and jerk.

Address all orders to—**Department 3, "Athletics Weekly," Reg Park (Barbell) Co., Ltd., "Star House," 30/32 Wellington Road, Leeds 12.**



LEADING BRITISH ATHLETES include weight training or expander exercises in their training, McDonald Bailey being one of the first to do so. 5 strand rubber expander £1/7/6 P. 1/5 10 ditto £2/12/6 P. 3/- 5 steel £1/10/0 P. 3/-

FREE expander course included in every set.

For further details of weight training for athletics order, "Reg Park P.C. Journal," on sale MONTHLY at all newstands.

the modified version as used by other athletes who do not rotate but make use of the discus slinging action (centrifugal force) to propel the javelin. It is not as often stated, an underarm throw—it is not a throw at all in the accepted sense of the word. To say it is in accordance with the I.A.A.F. rule is not strictly true, it keeps within the letter, but breaks the spirit of the rule.

Some people say "What does it matter how he throws it, as long as he throws it further than anyone else." I do not subscribe to that view. I believe there is such a thing as what I might call the spirit of the event. If we let people clear the bar in the High Jump regardless of method, then the event would be won by acrobats, not by true jumpers, so we define a jump to keep within the spirit of the event. Similarly in the Pole Vault where we rightly legislate against pole climbing, which was adopted by our athletes over 70 years ago.

In weight putting we define a "put" and we do not allow a man to throw. I have seen Des Koch, the American, actually throw a 16lb. shot bent arm, baseball fashion, some four feet further than he could "put" it. No-one suggests that this should be allowed.

It is a pity we refer to "throwing the Discus" and "throwing the Hammer," for they are obviously not true throws. The throwers make use of rotation and centrifugal force to propel the implements.

In the javelin we have the only true throw—in which force is applied basically along a straight line and where the elbow leads the throw. Now if you are going to allow this new style of propelling the javelin, then you are taking away from the true thrower his only event and giving another event to the "slinger," for you will find in nearly every case your discus thrower will out-throw the javelin man. I know of one brilliant young discus thrower who could sling the javelin far in excess of Head's best recorded throw. This young man thinks it's just ridiculous to throw a javelin in this way and would not be bothered with it. There is a very long tradition behind javelin throwing — indeed this type of throwing is primitive, almost instinctive as a means of propelling a missile. The spear and its modern counterpart the javelin are designed by length, weight and shape for what I term pure throwing, and is most unsuitable for use with a slinging action. The prodigious distances covered

are clear indications of this. The danger element, too, is a very grave one. An expert can be fairly accurate with the slinging style. So can a discus thrower 9 times out of 10, but we have all seen the great throwers badly off course, and what happens when a 300ft. javelin "sling" goes badly off course? Well, it must go right up in the crowded stands, and just imagine inexperienced schoolboys slinging the javelin all over the place! I'd rather see a dozen cases of "javelin elbow" than have to call a doctor to remove a javelin from a boy's body.

It has not been easy to frame a rule to cut out this style. If we could clearly define a "throw" as we do a "jump" or a "put," it would be fairly simple, but it is most difficult to find a precise definition which would satisfy both those who draw up rules and those who judge the event.

The new Rule received from the I.A.A.F. did not clearly define orthodox throwing so several field events experts were asked to send in their ideas and the new rule is a combination of these. It appears a little heavy and overstated, but it does seem an adequate safeguard against the "Spanish style" and its possible modifications.

Here are the new clauses:

- (a) The Javelin must be held with one hand only, and at the grip, so that the little (or fourth) finger is nearest to the point.
- (b) The Javelin shall be thrown over the shoulder or upper part of the throwing arm and must not be slung or hurled.
- (c) At no time after preparing to throw, and until the Javelin has been discharged may the competitor turn completely round so that his back is towards the throwing arc, and
- (d) Non-orthodox styles are not permitted.

The crucial part of the rule is (a). Those throwers who use the discus style of throwing, whether with rotation or not, hold the javelin with the thumb and forefinger nearest the point, and the little finger, therefore, farthest from the point, whereas the orthodox thrower holds it with the little finger nearest the point. It would seem a physical impossibility to use the discus style of throwing efficiently while holding the javelin in this position.

Clause (b) describes the action of a normal javelin thrower.

Continued on page 19

WORLD BEST IN WOMEN'S 1500 METRES

Slip robs Hewson of 600 yards record at Hornchurch on May 16th

A HEAVY thunderstorm (the third one of the afternoon), ten minutes before the first event was due to start, soon emptied the centre of the ground, but as the rain eased, Johnny Johnston coaxed the officials and athletes out from under cover and the meeting got under way 15 minutes late. There was no further rain, the new track quickly drained and an evening of fast times followed.

With Phyllis Perkins handicapped with a foot injury which caused her to retire from the race after two laps, Diane Leather had matters all her own way in the 1500 metres and ran superbly to record 4m.30s., which was a new world best performance, the previous best being 4m.35.4s. by Phyllis Perkins at the same track the previous year.

Derek Ibbotson had a comfortable win in the 2000 metres, despite a spirited challenge by Blagrove 75 yards from the tape. In the 300 yards Segal mastered Shenton to equal Guy Butler's record of 30.6 which had with-

stood all home challengers for 31 years! The 600 yards was a tragedy for Brian Hewson, for in the gathering dusk the timekeepers and starter failed to attract each other's attention and the timekeepers watches were not started. Unofficial watches all recorded 69secs. or under, which is 1.4s. better than D. G. A. Lowe's 31 years old time, and equalled the time of Arthur Wint's 1951 run at the White City. The meeting closed with Harry Hicks entering the Stadium at a cracking pace and actually recording 70secs. for his last lap at the end of the half-marathon.

300y: 1, D. H. Segal (TVH) 30.6; 2, B. Shenton (Poly) 31.4; 3, A. Playle (Ilford) 31.5; 4, J. D. Wrighton (Southgate) 32.2. **600y:** 1, B. S. Hewson (Mitcham); 2, M. Rawson (Birchfield); 3, P. Healy (RAF)). No time taken. **2000m.:** 1, G. D. Ibbotson (SLH) 5:20.4; 2, M. Blagrove (Ealing) 5:20.8; 3, J. Cameron (TVH) 5:20.8. **3000m.:** 1, L. Reed (SLH) 8:28.6; 2, K. Norris (TVH) 8:30.8; 3, R. Darchambaud (SLH) 8:32.0; **Half-marathon:** 1, H. J. Hicks (Hampstead) 65.36; 2, R. Lambert (Wigmore) 67.18; 3, A. Shrimpton (Hampstead) 67.25.4; 4, H. Wilson (Welwyn) 68.49; 5, L. C. Bishop (Belgrave); 6, A. R. Mills (Ilford). **3000m. S'chase:** 1, E. Shirley (Finchley) 9:32.4; 2, P. Mundle (Poly) 9:49.6; 3, A. Wilmott (Hampstead) 9:51.8. **LJ:** 1, G. Britten (Essex B.) 21'10"; 2, F. Alsop (Hornchurch) 21'7"; 3, M. Woodhouse (TVH) 20'6". **HJ:** 1, C. Rutherford (L.A.C. & Australia) 45'11"; 2, G. Britten (Essex B.) 44'8½"; 3, E. Robinson (Hornchurch) 43'7½". **SP:** 1, B. Donath (LAC & Australia) 51'4½"; 2, N. Morgan (Croydon) 47'5½"; 3, D. H. McCurquindal (Met. Police) 45'6". **DT:** 1, O. Feldmanis (Mitcham) 143'9½"; 2, J. Hogg (Welwyn) 137'0½"; 3, D. Vanhegan (Southgate) 135'6½".

Club Events

100m. H'cp: 1, E. Robinson (Scr.); 2, T. Young (4); 3, F. Alsop (scr.) 11.6. **880 H'cp.:** 1, J. Eckersley (15); 2, D. Bland (35); 3, G. Everson (scr.) 1:59.2.

Women

100m.: 1, M. Weston (Selsonia) 12.2; 2, E. Wheeler (LOAC) 12.5; 3, A. Jenner (Welwyn) 12.6. **1500m.:** 1, D. Leather (Birchfield) 4:30.0; 2, J. Bridgland (Southampton) 4:38.0; 3, N. Smalley (Portsmouth) 4:40.4. **4 x 110 Relay:** 1, Selsonia 49.5; 2, Ilford 49.7; 3, LOAC 50.6.

Club Event

100m. H'cp.: 1, F. Clutton (5); 2, B. Mathers (11); 3, S. Dupuy (7); 13.0.



CHARLIE WILLIAMS (Poly) winning the 100 m. from **DAVE SEGAL** (T.V.H.) in 10.7sec., at the Vancouver Trophy Meeting at Woodford Bridge.
G. E. H. Cranham

Women's County Championships

ESSEX W.A.A.A. CHAMPIONSHIPS

100: 1, V. Cutting (Ilford); 2, P. Bentley (Essex L.); 3, P. Wyatt (Ilf.); 11.4. **220:** 1, V. Cutting (Ilf.); 2, P. Wyatt (Ilf.); 3, P. Bentley (Ex L.); 25.8. **440:** 1, P. Perkins (Ilf.); 2, D. Bines (Ex L.); 3, M. Critchley (Ilf.) 59.2. **880:** 1, M. Beckford (Ilf.); 2, P. Fry (Ilf.); 3, D. Bines (Ex L.); 2:21.0 (Cty. rec.). **1 Mile:** 1, P. Perkins (Ilf.); 2, M. Westney (Ilf.); 3, M. Beckford (Ilf.); 5:25.6. **1 Mile Walk:** 1, P. Perkins (Ilf.); 2, F. M. Cundy (Rayleigh); 3, N. Middleton (Brentwood); 10:34.5. **80m.H:** 1, R. Pettit (Ilf.); 2, B. Hamilton (Southend); 3, D. Sparrow (Ilf.); 12.4. **LJ:** 1, C. M. Cops (Southend); 2, B. Hamilton (Southend); 3, G. Henry (Brentwood); 18'1 $\frac{1}{2}$ " (Cty. rec.). **HJ:** 1, S. M. Brown (Arclight); 2, A. Bennett (Ex L.); 3, M. Hobbs (Ex L.); 5'3" (Cty. rec.). **SP:** 1, J. Tweedy (Ilf.); 2, R. Morgan (Ilf.); 3, M. Callender (Ilf.); 33'9" (Cty. rec.). **DT:** 1, J. Tweedy (Ilf.); 2, D. Shelley (Ilf.); 3, R. Morgan (Ilf.); 114'5". **JT:** 1, M. J. Callender (Ilf.); 2, R. Morgan (Ilf.); 3, D. Shelley (Ilf.); 119'4".

Junior

100: 1, B. Fletcher (Ilf.); 2, C. Theaker (Clacton); 3, C. Stewart (Ex L.); 12.0. **150:** 1, C. Theaker (Clacton); 2, B. Fletcher (Ilf.); 3, J. Loft (Shoebury); 17.9. **70H:** 1, P. Kingston (Wentworth); 2, S. Collett (Chapel End); 3, S. Parish (Wood. CSS); 11.3. **LJ:** 1, V. Shoring (Ilf.); 2, J. Loft (Shoebury); 3, C. White (Avely); 14'8". **HJ:** 1, A. Ambrose (Wentworth); 2, K. Hughes (Ex L.); 3, D. Cripps (Belfairs); 4'9". **DT:** 1, A. Harman (Fairmead); 2, C. Mayor (Avely); 3, A. Woods (Avely); 83'4 $\frac{1}{2}$ ". **JT:** 1, M. Adams (Romford); 2, A. Turner (Ex L.); 3, S. Skinner (Dagenham) 90'1".

KENT W.A.A.A. CHAMPIONSHIPS

100: 1, P. Kippax (Cambridge H.) 12.3; 2, A. Ford (C. of Rochester) 12.3; 3, G. Thomas (Cambridge H.) 12.4. **220:** 1, E. Wittey (Kent A.C.) 27.8; 2, A. Moon (Phoenix) 28.1; 3, P. Watkins (Dartford) 28.4. **440:** 1, G. Collins (Cambridge H.) 61.9 (Rec.); 2, P. Craxton (Aylesford) 63.0; 3, P. Burrige (L.O.A.C.) 64.2. **880:** 1, P. Craxton (Aylesford) 2:27.7; 2, P. Burrige (L.O.A.C.) 2:28.2; 3, S. Gaiger (Orpington) 2:30.4. **1 Mile:** 1, S. E. Gaiger (Orpington) 5:45.2; 2, D. Batchelor (Dartford) 6:12.0; 3, J. Hayes (Maidstone) 6:44.6. **80m.H:** 1, J. Adamson (Phoenix) 13.1; 2, M. Botley (Rainham) 13.1; 3, J. Hansell (Cambridge H.) Lyon (Orpington) 14'4 $\frac{1}{2}$ ". **HJ:** 1, J. Earl (City of Rochester) 13'10 $\frac{1}{2}$ ". **JT:** 1, J. Adamson (Phoenix) 4'11"; 2, B. Cox (Kent A.C.) 4'8";

3, D. J. Sayer (Dover) 4'8". **S.P.:** 1, C. A. Saunders (Cambridge H.) 36'8 $\frac{1}{2}$ " (Rec.); 2, S. J. Needham (Spartan) 36'7 $\frac{1}{2}$ "; 3, B. Fish (Streat-ham) 31'10". **DT:** 1, S. J. Needham (Spartan) 128'0"; 2, C. Saunders (Cambridge H.) 107'4"; 3, B. M. Cox (Kent A.C.) 103'1 $\frac{1}{2}$ ". **J.T.:** 1, B. M. Cox (Kent A.C.) 99'11"; 2, J. Gray (Kent A.C.) 96'2"; 3, H. Croucher (Sandwich) 93'0". **4 x 110R:** 1, Cambridge H. 52.8; 2, Phoenix A.C. 54.6; 3, Rainham S.S.A.C. 54.8.

Juniors

80: 1, G. S. Emmett (Orpington) 10.4; 2, P. London (Rainham) 10.4; 3, R. Watson (Erith) 10.6. **150:** 1, G. S. Emmett (Orpington) 19.9; 2, J. Comber (Snodland) 20.0; 3, D. Moseley (Unatt.) 20.2. **70yH:** 1, D. Ashby (Rainham) 11.3; 2, J. Woodhead (Sandwich) 12.0; 3, V. Bennett (Rainham) 12.0. **LJ:** 1, D. Repnaar (Westboro' G.S.) 14'4 $\frac{1}{2}$ "; 2, R. Watson (Erith) 13'10 $\frac{1}{2}$ "; 3, F. Dove (Sandwich) 13'9 $\frac{1}{2}$ ". **HJ:** 1, C. Childs (Kent A.C.) 4'8 $\frac{1}{2}$ "; 2, B. P. Black (Erith) 4'6"; 3, S. M. Wigmore (Orpington) 4'6". **J.T.:** 1, J. Smith (Cambridge H.) 88 $\frac{1}{2}$ " (Rec.); 2, E. Croucher (Sandwich) 83'8"; 3, N. R. Boorman (Snodland) 82'3". **DT:** 1, J. Reed (Sandwich) 83'0"; 2, E. Jury (Sandw'h) 77'5"; 3, B. P. Black (Erith) 77'3". **4 x 110R:** 1, Phoenix A.C. 56.2; 2, Cambridge H. 56.3; 3, Maidstone H. 57.5.

NORFOLK W.A.A.A. CHAMPIONSHIPS

100: 1, J. Pulfer (Diss); 2, B. Goodswen (Diss); 3, R. Boast (Gt. Yarmouth); 12.0. **220:** 1, P. Proctor (Gt. Y.) 30.0. **440:** 1, S. Powell (Gt. Y.); 2, S. A. Wakefield (Nor. and N.); 3, M. Boddy (N and N); 71.4. **880:** 1, J. Jordan (N and N); 2, M. Berry (Nor. Un.); 3, A. Frost (Gt. Y.); 2:49.0. **80m.H:** 1, G. Goodswen (Diss); 2, S. Powell (Gt. Y.); 12.9. **LJ:** 1, J. Pulfer (Diss) 17'0 $\frac{1}{2}$ "; 2, B. Goodswen (Diss) 17'0 $\frac{1}{2}$ "; 3, M. Boddy (N and N) 16'5 $\frac{1}{2}$ ". **HJ:** 1, J. Pulfer (Diss) 4'10"; 2, J. Cooper (N and N) 4'9"; 3, M. Hawes (N and N) 4'6". **SP:** 1, J. Cooper (N and N) 29'8"; 2, D. B. Comber (N and N) 28'1"; 3, D. C. Comber (N and N) 26'10". **DT:** 1, D. B. Comber (N and N) 114'2"; 2, S. A. Wakefield (N and N) 107'6"; 3, D. C. Comber (N and N) 89'10". **JT:** 1, J. Dye (N and N) 107'11"; 2, M. Hawes (N and N) 87'6"; 3, J. Cooper (N and N) 83'1". **4 x 110 Relay:** 1, Gt. Yarmouth; 2, Diss; 3, Norwich and N; 54.9.

Juniors

100: 1, J. Starling (Gt. Y.); 2, D. Kenton (Diss); 3, P. Clarke (Gurney S.); 11.8. **150:** 1, J. Starling (Gt. Y.); 2, M. Tagg (N and N); 3, D. Kenton (Diss); 18.2. **70H:** 1, J. Jermany

(Gt. Y.); 2, L. Hawkshaw (Gurney S.); 3, M. Wilson (Diss GS); 10.9. **LJ:** 1, J. Starling (Gt. Y.) 17'4"; 2, V. Leadbetter (Gt. Y.) 14'6"; 3, J. Stannard (Diss.) 14'5½". **HJ:** 1, L. Jelliff (Gt. Y.) 4'10"; 2, J. Stannard (Diss.) 4'5"; 3, A. Pagan (Wroxham S.) 4'5". **DT:** 1, M. Gaymer (Gurney S.) 68'0"; 2, M. Aytton (Notre Dame) 61'11"; 3, J. Mace (Notre D.) 58'0". **JT:** 1, C. Howes (Gurney S.) 83'1"; 2, L. Jelliff (Gt. Y.) 73'0"; 3, J. Stannard (Diss.) 59'8". **4 x 110 Relay:** 1, Gt. Yarmouth; 2, Gurney Sch.; 3, Diss; 56.4.

NORTHERN WOMEN'S INTER-COUNTIES' CHAMPIONSHIP

At Temple Newsam Stadium, Leeds.

Yorkshire 60pts. beat Lancashire 31, Lincolnshire 23, Northumberland and Durham 15 and Cheshire 11. **100:** 1, H. Young (Li) 11.2; 2, D. Hyman (Y) 11.9; 3, C. Ivins (L) 11.9; 4, P. J. Cockcroft (Y) 12.0. **220:** 1, H. Young (L) 26.3; 2, C. Carter (La) 27.5; 3, N. K. Blacker (Y) 27.8; 4, D. Richardson (La) 27.8. **440:** 1, L. A. Mackinnon (Y) 60.4; 2, J. C. Bonner (Y) 60.8; 3, B. Skief (L) 64.6; 4, B. Knott (C) 67.5. **880:** 1, A. Oliver (N and D) 2:22.0; 2, V. Murphy (Y) 2:24.9; 3, S. V. Jarville (Y) 2:24.9; 4, W.

McQuade (N and D) 2:27.4. **Mile:** 1, A. Oliver (N and D) 5:22.5; 2, S. V. Jarville (Y) 5:24.9; 3, O. Foster (Y) 5:37.8; 4, S. Bowker (L) 6:01.5. **Mile Walk:** 1, R. Scott (L); 2, J. Gillyeon (Y) 9:13.5. **80mH:** 1, T. Hopkins (Y) 11.8; 2, M. Walker (N and D) 12.0; 3, A. Charlesworth (Y) 12.1; 4, C. Ivins (La) 12.5. **LJ:** 1, J. Whitehead (La) 17'10½"; 2, T. Hopkins (Y) 17'1"; 3, M. Bilsborough (C) 16'3"; 4, J. Williams (La) 16'2". **HJ:** 1, T. Hopkins (Y) 5'0"; 2, W. H. Fletcher (C) 4'10"; 3, P. Robson (La) 4'10"; 4, J. Gaunt (Li) 4'10". **SP:** 1, A. Spencer (Y) 36'10"; 2, A. Osborne (Li) 33'9"; 3, M. C. Day (C) 31'3"; 4, M. E. Jowett (Y) 30'8". **DT:** 1, P. Duxbury (La) 104'10"; 2, D. Willoughby (Li) 103'4"; 3, D. Kearton (C) 101'8"; 4, T. Gathercole (C) 96'7". **JT:** 1, S. M. Scholes (Y) 113'7"; 2, Cpl. Bigwood (Li) 113'7"; 3, G. A. Kaye (Y) 109'10"; 4, W. Nightingale (La) 98'8". **4 x 110 Relay:** 1, Yorkshire 50.1; 2, Lincolnshire 50.5; 3, Lancashire 50.6; 4, Northumberland and D. 50.8.

Junior scratch events: **100:** 1, R. Harold (Leeds W.) 12.4; 2, M. Twinham (Airedale) 12.5; 3, E. Smith (Pontefract) 12.7. **4 x 110 Relay:** 1, Airedale 55.4; 2, Leeds W. 55.5; 3, Halifax 55.6.

SPORTS AND ATHLETIC OUTFITTERS

Stokes

Stockists of
"PUMA"
Continental Footwear

- 220 PUMA Track Shoe**
Black cowhide uppers, PUMA Toe and Heel Stripes, leather half-sole, crepe-rubber $\frac{1}{2}$ sole, light-weight heel cap, heel tab, very flexible, PUMA Spikes.
Sizes—5-5½, 57/6; 6-11 59/6 pair.
- 230 PUMA Track Shoe "Europameister"**
Blue chevronette non-pinch uppers, PUMA streamline trimming, foam-rubber padded forepart, leather half-sole, light-rubber $\frac{1}{2}$ sole, light heel counter, foam-rubber insole, PUMA Spikes, light-weight and tough-wearing, finest quality, heel tab.
Sizes 5-5½, 70/-; 6-11, 72/6
- 230 SL PUMA Track Shoe "Europameister SL"**
White/green uppers, PUMA streamline trimming, 4 spikes, new-type flexible sole, extra light (160 g—5½ oz.), finest quality, for competition only.
Sizes 5-5½, 70/-; 6-11, 72/6
- 280 PUMA Field Shoe "Meisterklasse"**
For shot-putting, throwing and jumping, red cowhide uppers, small heel counter, leather half-sole, light-rubber $\frac{1}{2}$ sole, heel cushion, 2 removable heel spikes and 2 removable spikes beyond the toe joint.
Sizes 5-5½, 65/-; 6-11, 67/6 Pair.
- 237 PUMA Training Shoe "Australia"**
The Event of Melbourne, preferred by International Athletes, white/blue with a light-rubber sole, streamline trimming, heel tab, especially light and flexible, the warming-up shoe for the outstanding athlete.
Sizes 6-11, 65/- Pair.
- 170 PUMA Training Shoe "Oslo"**
Fine red calfskin uppers, white PUMA Toe Stripes and PUMA Bandage, wide lacing, light heel counter, heel tab, orthopaedic arch support, foam-rubber insole, 12 mm. light-rubber sole, finest quality.
Sizes 5-5½, 46/6; 6-11, 48/9.
- 235. PUMA "H. F."**
Red Chevreton non-pinch uppers, combined cross and side straps, foam rubber sock and padded forepart, leather half-sole, light rubber $\frac{1}{2}$ sole, 4 screw-in spikes.
Sizes 5-5½, 75/-; 6-11, 77/6

Postage extra 1/6

LARGE SELECTION OF TRACK SUITS AND OTHER ATHLETIC CLOTHING
STOKES & CO. LTD., 24 Queen Victoria Street London E.C.4. Tel: City 1171

U.S.A.

JUDGING by the form shown this season by Olympic long jump champion, Gregory Bell (27) it seems likely that Jesse Owens' world record of 26'8 $\frac{1}{4}$ ", made in 1935, will soon share a similar fate as that which befell Warmerdam's pole vault mark. Following clearances of 25'8", 25'8 $\frac{1}{4}$ " and 26'1 $\frac{1}{2}$ " in April, Bell achieved a distance of 26'4 $\frac{1}{2}$ " at Lafayette on May 16th. The jump, which was Bell's fourth over 26 feet, has been exceeded only by Owens (twice), Willie Steele and Bell himself.

Sprinters, half-milers and pole vaulters contributed most of the outstanding performances on May 18th. Heading the list was Dave Sime, who equalled the world record of 9.3 for 100 yards at Raleigh (Northern Carolina). The fact that Sime has been training almost exclusively for baseball in recent months makes his achievement even more outstanding. He won also the straight 220 yards in a fast 20.4.

Arch-rival Bobby Morrow won his race in 9.5 at Houston, and another 9.3 man, Leamon King, took as long as 9.6 at Eugene! All three were due to clash at the Compton Invitational meeting on May 31st.

His recent South African tour apparently has done Tom Courtney a power of good, for on a soggy track at Houston he clocked 1:47.8 for 88 yards—only 0.3 sec off Lon Spurrier's (doomed) world record. He was completely unpressed.

Over at Eugene, Oregon, the highly touted Don Bowden cut almost two seconds off his previous best in returning 1:47.8 also. He had stiff opposition in Jim Bailey, but he succeeded in beating the Australian (1:49.4) by a dozen yards. Bailey announced his retirement after the race.

Although Ron Morris pole vaulted 15'0 $\frac{1}{2}$ " at Eugene, the honours in this event must be awarded to 18-year-old Jim Brewer, who at Phoenix, Arizona on May 17th, cleared 15'0 $\frac{3}{4}$ " a world junior best performance. Among junior exploits this performance must rank inferior only to Herb Eliot's sensational mile running.

Other notable marks on May 18th included: 440, Terry Tobacco (Canada) 46.9, Pete Orr 47.1; 2M, Max Truex 8:57.5; 120H, Elias Gilbert 140; SP, Don Vick 56'10 $\frac{1}{4}$ "; DT, Al Oerter 179'10 $\frac{1}{4}$ "; Rink Babka 175'8"; JT, Doug Maijala 236'3 $\frac{1}{2}$ ".

Johnny Kelley, recent winner of the Boston Marathon, annexed the A.A.U. title at Yonkers, New York, on May 19th in 2:24.52. He won

by almost ten minutes from Al Confalone and Ted Corbitt. As a result of his victory Kelley will compete in an international marathon at Athens in September.

A notable women's record was set up in Philadelphia on May 4th, by Marjorie Larney, who threw the javelin 173'7" to become seventh best of all time.

A storming last lap of under 56 seconds enabled Mervyn Lincoln, the 23-year-old Australian schoolmaster, to capture the "mile of the century" at Los Angeles on May 24th. His time of 4:1.0 was excellent, considering the large field and blustery conditions.

Britain's Brian Hewson, like Lincoln, coached by Franz Stampfl, was a close-up second in 4:1.4, and was followed by Laszlo Tabori (ex-Hungary) 4:1.6, Derek Ibbotson (Britain) 4:2.1, and five United States runners, headed by lanky Ted Wheeler.

Ibbotson and Hewson led for the first three laps, passed in 61.5, 61.3 (2:2.8) and 61.7 (3:4.5). Meanwhile, Lincoln was running a steady race in fifth or sixth place and at the bell started to move up through the field. With almost 200 yards to go he overhauled the pace setting Ibbotson and held on to win by two yards from Hewson. Ibbotson was unable to raise an effective sprint and was overtaken also by Tabori.

At the same meeting, Tom Courtney lowered the world 880 yards record to 1:46.8 in beating Arnie Sowell (1:48.2). Courtney took over the running from Willi Atterberry at the 660 mark.

Another world record was posted by Occidental College in the 4 x 880 yards relay. The time of 7:22.7, 4.6 sec inside the old figures, represents an average of 1:50.7 per leg.

Ibbotson gained his revenge the following day at Modesto, when he beat Lincoln in 4:06.4, with the Aussie second in 4:07. This time Ibbotson stayed behind and was too strong for Lincoln in the final straight. Hewson won the 880 in 1:49.2, coming from behind to beat Arnie Sowell, second in 1:49.7.

* * *

Cambridge City A.C. elected the following in their recent A.G.M. — President: G. E. Smith, Esq.; Hon. Sec., M. Blackwell, 30 Halifax Rd., Cambridge; Treasurer, D. Watkins, 16 Humberstone Rd., Camb.; C.C. Sec., T. Fox, 63 Hawthorn Way, Camb.; Ladies' Sec., Mrs. M. Phipps, 122 Richmond Rd., Cambridge.

HONNEY BEATS HASLAM IN I. OF WIGHT MARATHON

IF the Isle of Wight is 100 miles from London and the Isle of Capri is 1000 miles away, what's the difference? That's what I say, "Who cares." Who cares indeed; certainly not the road running fraternity who enjoyed a weekend on the Isle of Wight which, to their indulgence, could not have been bettered on the Isle of Capri. There was everything; a tough course; over an accurately measured marathon distance (26 miles 385 yards); ideal weather for the occasion; excellent attention before, during and after the race; a "bit of a do" in the evening; and all who so wished could stay overnight as guests of the local athletes—and you could bring a friend; even the wife. I ask you! "All this and Heaven too" and the organiser was a local dynamic type called Eddie Leal. Let's name him "Edified Zeal" for that's what this fellow represents; he not only inaugurated and then organised the race, but also competed in a marathon for the first time; truly an unique combination. What would you call it—"Tenacity or Audacity?"

The race was highly honoured by the presence of His Grace The Duke of Wellington, K.B., Governor of the Isle of Wight, who travelled from Reading for this auspicious occasion and kindly consented to start the 49 competitors on a circular course embracing half the island and which, may it be recorded on this 25th May, 1957, was the first race of its kind on the Isle of Wight.

The magnificent array of prizes was adorned by a handsome trophy, generously presented by Mrs. Joan Tait, wife of Ryde's greatest mara-

thoner, who annually covers more miles in training than the average motorist on the island; and gets as much pleasure.

Sponsored by the Portsmouth "Evening News" and tangibly supported by the people of Ryde, Sandown and Shanklin, who generously contributed energy and finance, this event opened a new phase in the island's activities. The Ryde Borough Council were in it to a man. Advanced publicity had educated the inhabitants of a dozen towns and villages, through which the race passed, to the fact that it was their marathon and they responded wholeheartedly by vociferous encouragement to the competitors, whose route through the larger towns was virtually served by local police.

A reminder of the possible severity of the course came to the runners within two minutes of the start when they turned into the steep Union Street on their way towards Newport. A fast pace was out of the question and the leaders settled down to a six minute mile gait which appeared to suit the occasion and prepare for what was to come from attendant elements; strong wind, hot sun and heavily contoured country. Accordingly, it took some time to "get weaving," and with 3 miles up in a modest 18 minutes we had the resemblance of a charabanc load of bobbing heads go by too numerous to accurately record. Two miles later it was a different "kettle of fish" with only Jack Haslam and Harry Dennis in the pan for 29min. 45secs., but Ken Honney and Harry Wilson were 40 yards thereabouts and, in hot pursuit, some 50 yards away, was the



Leaders at 15 miles in the Pembroke "20." L. to R.: E. L. Smith (Leeds Harehills), A. P. Keily (Derby) and P. A. Wilkinson (Derby).

S. Cook

main party consisting of Hopcroft, Legge, Quartly, Minchington and Leal with Joyce in view 100 yards away. This order maintained for another two miles after which a long gradient did not allow for the miles to be so easily brushed aside and there were a few weary legs in evidence as the 10 miles point gave a beautiful view of the countryside and a time of 59.12 to Jack Haslam. Ken Honney was 30 yards away with Harry Dennis equal distance followed by Harry Wilson 59.35, Trevor Joyce 60.09, Roger Minchington 61.07, Ron Hopcroft 61.17, Eddie Leal 61.31, then Reg Butler and Dave London together in 62.07 to complete the leading ten.

On towards Shanklin and the 15 miles point Haslam was still leading in 1.28.22, with Honney only 10 yards away, Joyce 1.30.43, Wilson 1.30.57, Dennis 1.31.43, and Alan Bishop now moving up on the horizon. From thence onwards the superbly fit Walton boy took over, smoothed out the remaining hills to his liking and reached 20 miles in 1:57.00 with a lead of 1min. 22secs. on the Thames Valley star, who had begun a hot favourite and was still doing a grand performance although psychologically shaken by the devastating power of a friendly rival who would have brushed aside anyone who dare challenge the lead on such a course. Honney was obviously enjoying the kind of form which inevitably must come to all those who persevere. Ken was a modest but worthy recipient of the lionization from local dignitaries and sports loving enthusiasts who made up a large mixed assembly on the Esplanade at the finish.

There was equal hero worship for the ever popular Jim Peters, whose wise council was eagerly sought and in return sound advice freely given by Jim on the correct approach to marathon running. Jim's official capacity was presenting the prizes and that in itself was a pleasant task and involved many handshakes and encouraging words from our great hero.

1. K. Honney (Walton A.C.) 2:35.51
2. C. E. Haslam (T.V.H.) 2:41.01
3. T. W. Joyce (R.N. South) 2:47.26
4. H. W. Dennis (T.V.H.) 2:49.38; 5. D. Loveless (Sutton and C.) 2:50.05; 6. H. A. Bishop (Belgrave) 2:54.09; 7. H. Wilson (Welwyn) 2:55.01; 8. B. Minchington (T.V.H.) 2:56.05; 9. D. Drake (Camb. H.) 2:56.08; 10. P. Goodsell (Walton) 2:57.19; 11. I. C. Legge (Orion) 2:58.26; 12. R. W. Butler (Finchley) 3:01.17; 13. E. Tabor (Eastleigh) 3:03.26; 14. G. F. Hopcroft (T.V.H.) 3:04.17; 15. A. E. Hefford (Orion) 3:06.41; 16. W. Wortley (Belgrave) 3:08.37; 17. S. E. Vickery (Orion) 3:10.10; 18. A. E. Jordan (Ryde) 3:13.08; 19. S. F. Jones

(Poly) 3:14.55; 20. C. Bannister (Q.P.H.) 3:15.47; 21. J. W. Tait (Ryde) 3:20.11; 22. H. B. Lee (Orion) 3:21.22; 23. R. W. Pawling (Ryde) 3:22.12; 24. L. J. Flitter (Camb. H.) 3:24.44; 25. D. E. Nutt (Westbury) 3:24.58; 26. P. Higgs (Q.P.H.) 3:28.07; 27. T. Bell (Woodford G.) 3:30.02; 28. M. Smith (N. Herts.) 3:33.03; 29. F. M. Potter (Orion) 3:34.18; 30. E. G. Leal (Ryde) 3:35.18; 31. A. W. Milton (Finchley) 3:36.04; 32. A. Cove (Shaftesbury) 3:42.08; 33. A. E. Parsons (Herne H.) 3:42.53; 34. G. H. Oliver (Uxbridge) 3:48.26; 35. J. R. Copping (R.N.) 3:49.17; 36. A. Winter (Ranelagh) 3:49.22; 37. E. Peacock (W.L.H.) 3:50.20; 38. W. Barnes (Ranelagh) 3:51.47; 39. F. Payne (Q.P.H.) 3:55.31; 40. D. Cook (Uxbridge) 4:03.18.

Handicap: 1, Loveless (29.00) 2:21.05; 2, Honney (10.0) 2:25.51; 3, Bishop (20.00) 2:34.09.

Teams: 1, T.V.H. 7pts.; 2, Orion 24; 3, Ryde 39.

Vet.: H. W. Dennis. I. of W. and Ryde: 1, Jordan; 2, Tait; 3, Pawling.

Sam Ferris

ATHLETIC CLOTHING

TRACK SUITS—Millington's heavy quality in Navy, Royal, Maroon, Green, Black. "S" 41/11, "M" 44/11, "L" 47/11, "OS" 50/11, plus post 1/6.

Hungarian crew neck with shoulder zip, excellent quality; two-colour, royal and white, maroon and white. "M" 39/11, "L" 41/11, "OS" 43/11, plus post 1/6.

TRACK SPIKES — Foster's latest "Sprintmaster" and "Trackmaster" (middle distance) shoes. White buckskin with red facings. Most comfortable racing shoes obtainable, weight 12oz. per pair. 57/6, plus post 1/4. Other shoes inc. jumping spikes to order.

ROAD RUNNING SHOES—Beautifully supple white leather uppers, red facings, light, hardwearing microcellular sole. 55/4, plus post 1/4.

SHORTS—Men's well cut Scandinavian type in satene. Inside pocket. 26-28in., 8/-, 30-32in. 8/3, 34-36in. 8/6, 38-40in. 8/9, plus post 4d.

ATHLETIC SLIPS (supporters), improved style, 3/3, plus post 3d.

VESTS—Sleeveless, supplied to clubs, any usual colour or combination of colours. One dozen minimum (sizes can vary) at 11/9 each, carriage paid.

THE SPORTS CENTRE,

6 High Dewar Road, Rainham, Kent

NORTH WINS LANCASHIRE 6 MILES

IN LIVERPOOL H. "MELBOURNE TROPHY" MEETING

Liverpool H. and A.C., who had the assistance of their two Olympic runners, Ken Box and Tom Farrell, became the first holders of the new Melbourne Trophy.

In the one mile match event W. Parr created a big surprise by easily beating two County representatives, D. L. Lovelady and S. T. Rogers, while Gerry North marked his first appearance in senior County track competition by winning the Lancs. 6 miles title in 29:30.6.

100: 1, K. J. Box (Liverpool) 10.2; 2, K. Thomson (Pembroke) 10.8; 3, A. Mason (Blackpool and F.) 10.9. 220: 1, A. Meakin (B and F) 23.3; 2, C. Lewis (L) 24.2; 3, A. Dunn (Sefton) 24.8. 440: 1, T. S. Farrell (L) 51.1; 2, I. Keith (P) 52.7; 3, G. White (S) 52.9. 880: 1, F. Wilson (P) 1:57.8; 2, R. Jones (P) 1:59.7; 3, D. Hughes (Warrington) 1:59.9. Mile: 1, W. Parr (L) 4:22.4; 2, D. Lovelady (S) 4:24.9; 3, S. Rogers (S) 4:25.4. LJ: 1, F. J. Yeomans (Wirral) 22'5½"; 2, K. J. Box (L) 21'11"; 3, G. Glover (Warr.) 20'5½". HJ: 1, D. Goad (Wir.)

5'4"; 2, M. S. Rigby (B and F) 5'3"; 3, G. Waywell (Warr.) 5'2". DT: 1, T. Butler (L) 100'8"; 2, N. Scott (B and F) 96'0"; 3, J. Thomason (Warr.) 95'8". JT: 1, M. E. Morrell (Wir.) 184'7"; 2, D. Cannell (L) 167'9"; 3, W. Mann (S) 143'4". 4 x 110 Relay: 1, Liverpool; 2, Pembroke; 3, Blackpool and F. 45.5. 4 x 440 Relay: 1, Liverpool; 2, Pembroke; 3, Warrington 3:31.1. Result: 1, Liverpool 34pts.; 2, Pembroke 24; 3, Blackpool and F. 14; 4, Wirral 14; 5, Sefton 12; 6, Warrington 11.

Other Events

Lancs. 6M. Senior Champ: 1, G. A. North (B and F) 29:30.6; 2, J. Robinson (Pem.) 30:14.8; 3, J. Salt (Rochdale) 30:25.0; 4, C. C. Marsden (Sefton) 30:55.0; 5, A. Prescott (Pem.) 30:56.0; 6, S. Hardicker (Man'r) 30:57.0. Lancs. Mile Junior S'chase: 1, I. A. B. McLaren (B and F); 2, H. Stotten (B and F); 3, J. F. Evans (Sefton) 5:14.3. 4 x 110 Open Junior Relay: 1, Pilkington R.; 2, Liverpool; 3, Warrington 46.0.

GRAY BEATS HEATLEY IN MIDLAND 6 MILES

There was a minor sensation at the Birchfield Harriers Spring meeting at Perry Barr on May 22nd, when the holder, cross-country international Basil Heatley (Coventry Godiva), was beaten into third place in the Midland Counties 6-miles championship.

The winner, making a welcome return to the championship table, was Bill Gray, of Small Heath Harriers, Gray won in 29mins. 21.2secs., from Bernard Browning (Birchfield Harriers) 29:28.3 and Heatley 29:39.3.

The winner's time was well outside Heatley's 1956 record of 29mins. 7.8, but the conditions were not favourable for a fast time. It was a clear evening, but a sharp wind, that rose quite strongly at times, blew diagonally across the ground.

It had been hoped that Heatley would become the first midland runner to break 29 minutes for the six miles and for the first two miles it looked as though his title was safe for another year.

Heatley had gone straight into the lead followed by Browning and Gray, with John Lake (Small Heath) in fourth place. This position was maintained for almost three miles, by which time the three leaders were some 200 yards clear of Lake and had started to lap the field.

Then it became evident that all was not well with Heatley and when Gray suddenly burst past, taking Browning with him, there was no response from the champion.

Gradually Gray and Browning pulled away

and manfully as Heatley tried, he could not bring them back. For a brief half-lap, Brown-

Continued on page 18

Vickers - Armstrongs Ltd. (Weybridge) Social and Athletic Club

(Affiliated to A.A.A., W.A.A.A.,
N.C.U. and R.W.A.)

ATHLETIC SPORTS MEETING

Saturday, 29th June, 1957

Vickers Sports Ground, Chertsey Road,
Byfleet, Surrey

OPEN EVENTS include—

MEN'S—100, 220, 880yds., 1 Mile Flat Handicaps, 2 Mile Walk H'cp., Veterans' 100yds. H'cp., Tug-of-War 100 Stones.

LADIES—100yds. Flat H'cp., Relay H'cp (4 x 110).

CYCLE: Men's 880yds. H'cp., 5 Miles Scratch. Ladies—550yds. H'cp.

880 yds. N.C.U. Grass Championship

PRIZE VALUES—Men's and Cycle (ex.Vets.)

£7/7/0; £3/3/0; £1/1/0.

Ladies & Vets: £5/5/0; £2/2/0; £1/1/0.

ENTRANCE FEES—1/6 first event; 1/- subsequent. Tug-of-War 10/-, Ladies' Relay 4/- team. N.C.U. Championship 5/-.

ENTRIES CLOSE — First Post Monday, 17th June, 1957.

Further details and Entry Forms from:—
Mr. J. Wheeler, Vickers-Armstrongs Ltd. (Weybridge) S. and A.C., Weybridge, Surrey. Tel: Weybridge 5555. Ext. 112.

LONDON UNIVERSITY CHAMPIONSHIPS

Motspur Park, May 7th, 9th, 11th

This year the championships were somewhat marred by weather conditions, especially on the Tuesday evening, and by the absence through injury of outstanding competitors like J. Spooner, L. C. Locke and R. A. Francis.

The outstanding track achievement was Gilligan's 3 miles record in 14:02.4, which beat D. J. P. Richards' 1955 time by 8.6 sec., and this, when the University College runner had to make all his own running.

For the first time ever in these championships, two competitors exceeded 200ft. in the javelin, Davies adding 6ft. 11in. to his record of last year. Lucking and Rigamonti, as expected, set new records in the weight and hammer.

In the women's events the unorthodox javelin throwing of Maya Giri created as much a stir as did the banning of the similar style at the recent Schools' Challenge Cup Meeting.

100: 1, S. Orman (King's); 2, J. D. Wrighton (Charing C.) 10.2. **220:** 1, J. D. Wrighton (Ch. C.) 22.5; 2, B. Curtis (Imperial) 22.8. **440:** 1, J. D. Wrighton (Ch. C.) 50.6; 2, J. Allen (King's) 51.4. **880:** 1, R. Huddy (Guy's) 1:59.8; 2, H. Heins (Univ.) 2:00.3. **1 Mile:** 1, J. S. Evans (Imp.) 4:12.6; 2, R. H. Dunkley (I. of E.) 4:16.4. **3M:** 1, K. W. Gilligan (Univ.) 14:02.4 (rec.); 2, M. F. Batty (LSE) 14:55.4. **2M. Walk:** 1, A. Howell (Univ.) 14:14.0; 2, A. Moran (LSE) 16:53.0. **3000m. S'chase:** 1, M. Taylor (North'n) 10:09.8; 2, R. Brailey (Univ.) 10:15.6. **120Hdls.** 1, J. W. Duncan (Woolwich) 15.3; 2, J. H. Chamberlain (St. M.) 15.9. **220Hdls.** 1, D. Westerhout (North'n) 25.9; 2, J. T. Hyslop (Imp.) 26.2. **440Hdls.** 1, D. Westerhout 55.5; 2, J. T. Hyslop (Imp.) 58.5. **LJ:** 1, D. E. Williams (Guy's) 20'9½"; 2, M. Rosenbloom (Chelsea) 20'9". **HJ:** 1, E. O. Oladeji (Q. Mary) 6'1"; 2, A. McLoughlin (London) 5'9". **HSJ:** 1, D. Smith (Univ.) 44'0"; 2, D. E. Williams (Guy's) 43'5½". **PV:** 1, E. Chesters (King's) 11'0"; 2, G. M. Edwards (Guy's) 10'3". **SP:** 1, M. J. Lucking (Wye) 48'10" (rec.); 2, A. G. Herrow (LSE) 44'8". **DT:** 1, M. T. Lucking 129'8"; 2, J. Nage (I. of E.) 125'4". **JT:** 1, R. A. C. Davies (Lond.) 205'0" (rec.); 2, J. C. Roberts (St.M.) 202'3". **HT:** 1, L. R. Rigamonti (Univ.) 154'10" (rec.); 2, D. Robertson (St. G.) 123'10".

Women

100: 1, H. Mason (Middx.) 11.5; 2, J. Mather (LSE) 12.0. **220:** 1, H. Mason (Mx) 25.5 (rec.); 2 eq., J. Bonner (King's) and J. Mather (LSE) 26.4. **440:** 1, J. Bonner (King's) 59.5; 2, J. Mather (LSE) 60.8. **880:** 1, R. Ashby (R. Free) 2:26.9. **80m.Hdls.** 1, M. Giri (SSEES); 2, J. Frazer (King's) 12.9.



S. R. JEFFERY (Croydon H.) winning the Surrey Youths' 100 yards Championship.

E. D. Lacey

LJ: 1, J. Whetter (Wye); 2, J. Donner (King's) 15'5½". **HJ:** 1, S. Booker 4'11"; 2, J. Frazer (King's) 4'8". **SP:** 1, M. Giri (SSEES); 2, E. Mandale (R. Free) 33'6". **DT:** 1, M. Giri (SSEES); 2, E. Mandale (R. Free) 132'8". **JT:** 1, M. Giri (SSEES) 148'3" (rec.-unorthodox); 2, M. Hosking (Univ.) 107'3" (beat rec., unorthodox throw).

Reg. Kerslake

HOLBEACH A.C.

10th OPEN MEETING

Saturday, August 10th — 3.0 p.m.

100yds. Scr., 7½-Mile Road Race (£7 1st); 100, 220, Mile Open H'caps (5 gns. 1st); 4 x 220 Relay; Jun. 100 and 880 scr.; Ladies' 100 and 880 H'caps. Usual Cycle Events.

Entries close 1st post July 29th. to R. E. S. Clay, 82 Spalding Rd., Holbeach, Lincs.

MIDLAND 6 MILES (contd.)

ing had the lead but once Gray took command again there was no doubt about the winner. The mile times, with the leader in each case, were: 1, 4.38 (Heatley), 2, 2.9.30 (Heatley), 3, 14.25 (Gray and Heatley) 4, 19.25 (Gray) and 5, 24.21 (Gray).

It was not a great race and Gray, although a worthy winner on the night, will be the first to admit that Heatley was but a shadow of his former self. Maybe the blame for his defeat can be laid at Cambridge three weeks ago, when he ran for the A.A.A. with a heavy cold and finished a tired fourth.

On the same programme we had the welcome sight of John Young, the midland's A.A.A. sprint champion, showing something like his old form. Previously, at the Police meeting in the afternoon, Young had won a 220 yards scratch race in 22.1 secs. The order of finishing

in this event was: 1, Young 22.1, 2, M. A. Rawson (Birchfield) 22.9, 3, J. Jarvis (B.U.A.C.) 23.0, 4, M. A. Farrell (Birchfield).

By the time Young made his appearance on the track in the evening for the 100 yards handicap, the air was very cold and the breeze had changed so that it was almost against the runners. Running off scratch, Young came through his field to win his heat in a very impressive 10.1 secs., the second fastest up. By the time the final was due it was really cold, but Young got away to a very fast start and was coming through well at the finish. The race was won by D. Sinker (Stoke on Trent) in 9.9 secs. off 6 yards. Young was barely a yard down in fourth place, so his time can be estimated at slightly over "evens." Those who have written John Young off for this year's A.A.A. meeting may have to think again yet.

Allan Bannister

NEW RECORD IN MIDLAND MARATHON

BASIL HEATLEY retained his Midland marathon title at Coventry and established a new record for the event. He had to do this to achieve the fantastic new A.A.A. Standard time. Buckingham of Leamington did well to hang on to Heatley for most of the race. He was a danger to the Coventry runner until the 20 mile mark.

The course was over three laps of a mixture of hills and 7 of the 21 starters found them too much to negotiate three times. In spite of a bright sun for most of the afternoon a cold wind proved a little too blustery for most of the field.

Dyer of Worcester accompanied Heatley and Buckingham up to the 5 mile point, reached in 28.15, and held on well to take third place

some distance ahead of Grose who had passed Lloyd of Godiva during the last couple of miles after the Coventry runner had run a lovely fourth place for nearly the whole distance.

Heatley's 10 mile time was 55.44 and his 15 and 20 mile marks 1.23.57 and 1.53.20 respectively. Fine even paced running. He slowed up over the remaining 6, but was still quite fresh. Buckingham showed excellent judgment in his first marathon. After the first three, four others achieved the area standard time.

1. B. Heatley (Cov. Godiva H.) ... 2:32.01
2. T. Buckingham (Leamington) ... 2:36.31
3. P. Dyer (Worcester H.) 2:38.40
4. E. Grose (Halesowen) 2:44.41; 5. H. Lloyd (Godiva) 2:46.52; 6. W. Hage (Notts) 2:49.17; 7. J. Smith (Derby) 2:49.35; 8. A. Blagg (Sparkhill) 3:04.15; 9. H. Nunn (Notts) 3:05.15; 10. J. Ridout (Bromsgrove) 3:14.15; 11. G. Reader (Nuneaton) 3:15.41; 12. D. Wakeman (Halesowen) 3:15.49; 13. W. Wyer (Lozells) 3:19.15; 14. G. Alford (Notts) 3:45.13. W. L. Carr

TYNESIDE TRACK LEAGUE, May 8th

- 100(A): 1, W. Henderson (Benwell) 10.8; 2, J. Mitchell (Elswick) 10.9; 3, N. Heppell (Jarrow) 11.0. 100(B): 1, E. Huskisson (Jarrow) 11.6; 2, E. Nicklin (Heaton) 11.7; 3, J. Mitchell (Heaton) 11.7. 880(A): 1, J. Clavering (Heaton) 2:05.2; 2, W. Butterfield (Jarrow)

Continued on page 19

ENGLISH STEEL CORPORATION SPORTS CLUB

23rd ANNUAL GALA & ATHLETIC SPORTS MEETING

(Under A.A.A. & W.A.A.A. Laws) at

Bellhouse Rd. Sports Ground, Sheffield 5
on

Sat., 29th June, 1957 at 2 p.m. prompt.

Men's Events—100 x 220 x 880 x Mile, High
Jump, Shot Put, 2 Mile Walk.

Junior—220 x 880 x All Handicaps, Invitation
Pole Vault.

Ladies—100 x 880 x Handicaps.

Entries Close—Saturday, 15th June, 1957, to
J. Pugh, Esq., 1 Helen Terrace, Sheffield 3

HULL MARATHON

AIREDALE'S McGrath was the early leader and the leading group passed 5 miles in 29.24. The pace then speeded up a little and Eric Smith and Arthur Keily were leading at 10 miles in 58.10, 15secs. ahead of McGrath, Richardson (Walton) and E. Harrison (Lincoln Well.).

Over the hills to 15 miles, with the cold strong wind now behind instead of against the runners, and Keily and Smith were still together in 1:26.47, only a few yards ahead of Richardson, now pushing the leaders half a minute ahead of the rest of the field. Downhill to 20 miles and Keily, Smith and Richardson were timed at 1:53.50 and setting a cracking pace three minutes ahead of Harrison who retired shortly afterwards with cramp.

The runners were now fighting a strong headwind and Richardson was in a slight lead, forcing the pace, but at 22½ miles Smith passed him, with Keily in close attendance, and from then on he lost ground to the two leaders. With 600 yards to go Keily opened up a few yards lead and increased the pace on the track to win what had at one time promised to be a slow race in 2:29.54 fastest time to date, with Smith only another 4secs. behind and Richardson a good third almost 7min. ahead of the fourth man. B. Gomersall deserved a special mention for finishing 8th in 2:44.36, only his second race beyond 15 miles. Hull won the team race and swept the board in the open handicap.

1. A. P. Keily (Derby) 2:29.54
2. E. L. Smith (Harehills) 2:29.58
3. E. R. Richardson (Walton) 2:31.29
4. F. C. Lucop (Hull) 2:38.27; 5. M. I. Kirkwood (Hull) 2:39.07; 6. E. Wilson (Lincoln W.) 2:39.58; 7. F. McGrath (Airedale) 2:42.44; 8. B. Gomersall (Harehills) 2:44.36; 9. C. Waudby (Hull) 2:45.11; 10. D. R. Macdonald (Hull) 2:46.38; 11. A. E. Nendick (Hull) 2:47.11; 12. A. Lawton (Harehills) 2:49.11; 13. C. W. Smith (Hull) 2:50.17; 14. T. Houghton (Pembroke) 2:57.23; 15. A. Trafford (Hull) 3:00.54; 16. A. Willerton (E. Hull) 3:06.14; 17. J. W. Bentham (Wakefield) 3:07.21; 18. D. J. Grant (Wakefield) 3:13.33; 19. G. Trafford (Hull) 3:18.02; 20. J. Grundy (Wakefield) 3:18.53; 21. R. Taylor (Hull) 3:20.43; 22. B. Hardy (Loughborough) 3:22.32; 23. J. H. Day (E. Hull) 3:25.11; 24. J. Needham (Hull) 3:30.21.

Teams:	Pts.
1. Hull H.	(4. 5. 9.) 18
2. Wakefield H.	(17.18.20) 55

Open Handicap:

1. C. Smith (Hull) 45.00, 2:05.17
2. M. Kirkwood (Hull) 20.00, 2:19.07
3. C. Waudby (Hull) 20.00, 2:19.11.

TYNESIDE TRACK LEAGUE (contd.)

2:08.4; 3. P. Corran (Gosforth) 2:11.2. **880(B):** 1. N. Wharton (Heaton) 2:07.7; 2. J. Hillen (Saltwell) 2:09.0; 3. W. Dance (Benwell) 2:09.6. **2M. Team:** 1, Saltwell 11pts; 2, Elswick 19; 3, Gosforth 26. **Ind. J. Anderson (Saltwell).** **L.J(Agg.)** 1, Gosforth 35'7½" (Yth. C. Doffs 17'5"; Sen. J. Charlton 18'2½"); 2, Elswick 33'4½" (Yth. J. Swan 14'7"; Sen. W. Bainbridge 18'9½"); 3, Benwell 32'2½" (Yth. D. Miller 15'1½"; Sen. T. Spearman 17'1"). **Wt. (Agg.)** 1, Heaton (Jun. J. Cunningham 35'6½"; Sen. J. Mitchell 27'8") 73'5"; 2, Gateshead (Yth. J. Cockburn 43'0"; Sen. T. Robson 27'8") 708"; 3, Gosforth (Jun. K. Wade 32'0½"; Jun. J. Charlton 32'0½") 64'1". **4 x 110 Relay:** 1, Benwell 45.6; 2, Elswick 46.0; 3, Gateshead 46.4. **Youths 440:** 1, R. Nicholson (Heaton) 55.8; 2, W. Noble (Heaton) 56.7; 3, A. Watson (Gateshead C.) 57.8. **Boys ½M.** 1, Consett 14pts; 2, Jarrow 25; 3, Gosforth 27; **Ind. W. Muir (NS Poly)** 3:42.0. **Result:** 1, Elswick 20pts; 2, Heaton 20; 3, Benwell 18; 4, Gosforth 15; 5, Jarrow 12; 6, Saltwell 11; 7, Consett 9; 8, Gateshead 8; 9, Gateshead Congers 1.

Results continued next week

THE JAVELIN RULE (contd.)

Clause (c) is in fact the I.A.A.F. Rule, which as mentioned previously is not an adequate safeguard.

Clause (d) in my opinion is perhaps hardly necessary. It does, however, emphasize the policy of the A.A.A. to retain the traditional form of javelin throwing and to stop any attempt to introduce new and dangerous styles.

We hope that the I.A.A.F., knowing how their rule can be circumvented, will now fall into line with the A.A.A. Rule.

One last word on the matter. The A.A.A. was accused of almost indecent haste in framing a rule to stop young athletes from using this style of throwing in the L.A.C. Schools' Meeting. In point of fact, the General Committee of the A.A.A. at its meeting in February decided in principle to ban this style and the Rules Revision Committee then met to draft the actual wording.

I received a communication on this subject well over a month before the Schools' Meeting. It was not possible to have the A.A.A. Handbook published by the beginning of the track season, otherwise a great deal of unnecessary fuss would have been avoided.

COUNTY BOROUGH
OF WOLVERHAMPTON
ALDERSLEY STADIUM
(The White City of the Black Country)

International Class

ATHLETIC — CYCLE MEETING

(Under A.A.A., W.A.A.A., N.C.U.,
B.L.R.C. Laws and Permits).

Saturday, 29th June, 1957 at 2.30 p.m.

**North v. South v. Midland Counties
A.A.A.**

(Track & Field Events, including 3,000 metres
Steeplechase)

W.A.A.A. National 660 yds. Relay
Championship.

Women's 100 metres Short Limit Handi-
cap open.

N.C.U. 10 miles Hard Track National
Championship Cycle Road Race
(B.L.R.C. Midland Section).

Enquiries—

C. E. Franklin,

Organiser, Aldersley Stadium,
Borough Engineer's Department, Town
Hall, Wolverhampton.

READ BERNARD BALDWIN'S—

**"EYES TOWARDS
CARDIFF 1958"**

—a preview of Welsh aspirations on
track and field at the forthcoming
Empire Games.



Chapters by Jim Alford, Roger Bannister,
Sam Ferris, Ken Norris and Jim
Peters.



Pen pictures of the Welsh "Shadow
Team" for 1958.



A royalty on sales will be paid to the
Welsh Cross Country Association.



Copies—post free—2/3

from the Association Treasurer,

Mr. A. C. Radford,

172 Clive Street :: Cardiff

**DE HAVILLAND (Hatfield) SPORTS
CLUB**

(Under A.A.A. & W.A.A. Rules)

SATURDAY, JULY 6th, 1957

at 2.15 p.m.

**Sports Ground adjoining de
Havilland Aircraft Co., Ltd.
Hatfield (Barnet By Pass)**

Green Line Buses No. 716 and 716a pass the
ground. Main Line Railway from King's Cross.

OPEN EVENTS

MEN

Prize Values

100 Yds. Open H'cp. £7/7/0 £3/3/0 £1/10/0
220 Yds. Open H'cp. £7/7/0 £3/3/0 £1/10/0
880 Yds. Open H'cp. £7/7/0 £3/3/0 £1/10/0
Mile Medley Relay 4 at £3/3/0, 4 at £2/2/0
Two Miles Team (Scr.) 1st team 4gns. each
(4 run, 3 score) 2nd team 3 gns each
Ind. winner £5/5/0

WOMEN—

100 Yds. Open H'cp. £5/0/0 £3/0/0 £1/10/0
4 x 110 Yds. Relay 4 at £1/15/0 4 at £1/5/0

ENTRIES—(1/6 first, 1/- subsequent events.
Team and Relay 5/-) close to B. T. Hollo-
way, General Secretary, de Havilland
(Hatfield) Club, Hatfield, Herts., by JUNE
14th.

Hotpoint

RECREATION CLUB

Athletic Sports Meeting

Peterborough Works

Sports Ground

SATURDAY, JULY 6th 1957

Under A.A.A., W.A.A.A. & N.C.U. Rules

Open events include :—

MEN'S 100, 220, 880 yds. and 1 mile · 2 mile
team race · Mile medley relay

LADIES' 100, 220 yds. and 880 yds. Relay race

Entries close June 20th 1957

FULL DETAILS from J. Wilkinson, The Hotpoint
Recreation Club, Fletton, Peterborough.