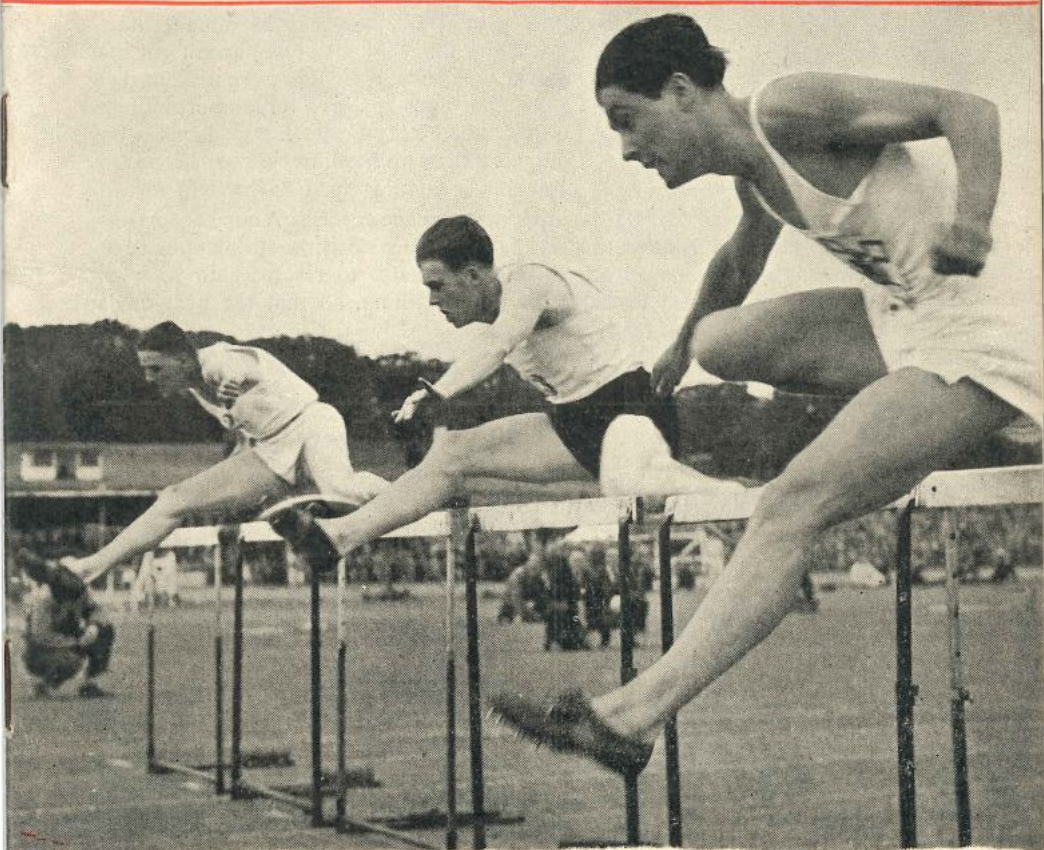


Vol. 4. No. 27  
July 8th, 1950

THE OFFICIAL ORGAN OF ATHLETICS IN GT. BRITAIN  
CONTAINING THE OFFICIAL NOTICES OF  
THE A.A.A. W.A.A.A. B.A.A.B. & E.C.C.U.

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# ATHLETICS WEEKLY



First three in the Southern 120 Hurdles clearing the last obstacle

H. W. Neale

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# HORLICKS

### PRINCETON-CORNELL 7 EVENTS

### OXFORD-CAMBRIDGE 6 EVENTS

A LARGE and enthusiastic crowd saw some grand competition at the White City. There were only two unexpected results—though I had suggested to Sandy Duncan that Pinnington might cause an upset in the 100 after his grand effort in the Northern Counties Championships. The other was in the long jump, where Salmon had five no-jumps and won with his sixth and last.

In the 100, Wilkinson was leading to 40 yards, then Hunt of Cornell was just in front at 50. In a blanket finish Pinnington reached the tape first in 9.8, with both Hunt and Wilkinson showing 9.9 seconds.

August Scott was never in the hunt in the 880. Akeley (Princeton) led for 600 yards with Scott third and Bryant fourth. Then Bryant tried to take the lead but this was the cue for Mealey to get moving and he went right away to win unchallenged in the all-time Cornell record of 1:52.4, the fastest 880 in Britain this year.

Scott moved up to second in the straight and his time was the fastest by any Englishman this season.

In the meantime, we were getting slammed in the pole vault and high jump, though Leader did clear 6ft. 1 in. for second place in the latter.

A late change brought Hunt, runner-up in the 100 into the 220 hurdles team. This probably won the visitors the match, for though Brooks when leading by several yards apparently touched the 7th hurdle, became unbalanced and definitely rapped the 8th, Hunt finished so strongly down the straight that it is doubtful if it made any difference. The time of 24.4 seconds was a track record.

Gardener was, as expected, winning the weight, and the next track event was the 220 yards, which was won more easily than anticipated by Wilkinson despite the late inclusion of Moore of Cornell, their star quarter-miler.

continued on page 13

# ATHLETICS

## WEEKLY

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN  
Edited by P. W. GREEN

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VOL. IV. No. 27

EVERY SATURDAY

JULY 8th, 1950

ON another page Jack Crump replies to the critics who have been having a tilt at the B.A.A.B. recently, particularly in connection with McDonald Bailey's visit to Brussels. No doubt this will silence some, but not all, the critics who have been 'gunning' for the Board Hon. Secretary these past few weeks.

### Up and Up

After our humiliating soccer defeats it is pleasing to repeat that we have some athletes who can compete with the best. Better still, we possess some outstanding talent which is reaching a very high standard without being anywhere near peak performance.

Geoffrey Dyson's trainees, Disley, Elliott and Savidge, all come readily to mind, and Peter Allday's hammer throw of 170ft. 8in. last week-end is only a sample of more to come.

Corfield's 9m. 5.2 secs. for two miles, Jack Gregory's 9.6 off 1 yard in the 100 at Bristol and June Fould's 10.9 for 100 yards are all fine performances of the week-end. Harry Whittle, in beating his last year's A.A.A. decathlon record, managed a 23ft. 3½ins. long jump and Elliott equalled his previous week's pole vault best of 12ft. 6ins. in the same competition.

There are others and already our last week's Best Performances 1950 list is undergoing considerable revision. Next week I hope to publish a Junior list, though genuine performances here are far more difficult to pin down. Perhaps today's Area Junior Championships will add to the list, given reasonable conditions.

The way things are going in the world of sport, we shall soon be in need of a stimulus—if we don't need it already. I feel sure our athletes may well provide this at the next Olympic Games in 1952.

THE EDITOR

### SCHOOLS A.A. NOTES

#### A 6ft. 7ins. 16 Year-Old

LAST Saturday, June 24th, was a red letter day for the Counties. Probably the most promising batch of results we've ever had come in from that afternoon's meetings. Cheshire was almost washed out, but in spite of such treacherous going produced an intermediate miler who won by half a lap in 4 mins. 53 secs. So we are wondering what he'll reveal at Port Sunlight in three weeks' time. He will meet more than one in his company who will extend him, including a Leeds boy with 4 mins. 42 secs., who won at the Yorkshire meeting at Doncaster on the same day, where the general standard was high.

Derry, that champion young sprinter from the East Riding, returned 10.6 secs. for the 100 yds. (17-19 group) while a youngster under 15—Crosby, from Leeds—put up 10.9 secs. for the sprint. On the same card was a 2 min. 5 secs. half mile, so we can be assured of a bold challenge from the Tykes on July 22nd. Leicester had a good gathering at Market Harborough without producing anything outstanding.

Field events are certainly taking a good place in the competition generally, and there appears to be a good contest in the making for the Junior Long Jump, with 21ft. 7in. credited to Ashby of Portsmouth, and several others well over the 21ft. mark. Fifteen records were broken in the Suffolk meeting at Felixstowe, while many more "went west" in an excellent Middlesex meeting at the White City during the week, where the general standard was very high all round. Both style and performance reflected great credit on the work of teachers and coaches.

Continued overpage





N. H. ASHTON (Wolverhampton Tech.) setting up a Midland Youths' discus record of 160ft. 6½in.

E. W. Carr

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## DISLEY DOES IT AGAIN

Highlights of the A.A.A. v. Middx. & Herts match at the opening of the new Southgate track were John Disley's grand steeplechasing—best ever by a British athlete—Parlett's defeat of Wint and Morley's victory over Nankeville.

**100:** 1, A. Grieve (AAA); 2, N. D. McWhirter (MH); 3, D. Merrett (AAA) 10.2s.

**880:** H. J. Parlett (AAA) 1:55.5; 2, A. S. Wint (MH) 1:56.0; 3, W. R. Beckett (AAA) 1:58.6.

**120 H.:** 1, F. Parker (AAA); 2, P. Hildreth (AAA); 3, W. Crozier (MH) 15.4s.

**Shot:** J. Giles (MH).

**220:** 1, C. Gibbs (AAA); 2, P. McCarthy (MH); 3, D. Pugh (AAA) 22.6s.

**Mile:** 1, R. Morley (MH) 4m.22s.; 2, G. W. Nankeville (AAA) 4:22.2; 3, J. Hovell (AAA) 4:28.0.

**H.J.:** 1, S. J. Freeman (AAA) 6ft. 0in.; 2, N. Gregor (AAA) 5ft. 10in.; 3, E. Achille (MH) 5ft. 10in.

**Jav.:** 1, M. J. Dalrymple (AAA) 181 ft. 10in.; 2, M. J. Denley (MH); 3, D. Jacobs (AAA).

**3,000 M. S'chase:** 1, J. I. Disley (AAA) 9m.18.4s.; 2, R. Howell (AAA) 9:42.2; 3, M. Barrett (MH) 9:44.2.

**440:** 1, M. Pike (MH) 51.1; 2, A. B. Watts (AAA) 51.3; 3, D. Adair (AAA) 51.6.

**2 Miles:** 1, V. Lillikas (AAA); 2, L. Herbert (AAA); 3, A. R. Miles (MH); 9m.24s.

### SCHOOLS NOTES—contd.

London, at the White City, too, produced more than one girl sprinter of excellent promise, but the Senior (17-19) Mile in 4m. 30 secs. was possibly the outstanding performance. Dorset and Sussex showed good average performances throughout but the pick of this week is a topnotcher, from Staffordshire. N. H. Aston, of Wolverhampton Technical High School, is only 16 years 3 months old; but he stands 6ft. 7in., weighs over 15 stone, and consistently throws the Discus about 160 feet! He won the Midland Counties Youth Championships with 160 ft. 6½in. and is determined to beat that at Port Sunlight.

E.C.



# Letters to the Editor . . .

## NEWTON V. COX

Sir,

I was very surprised to read your criticism in *Athletics Weekly* of 24th June regarding Arthur Newton's comments on the statement made by Stan Cox, viz. that for success at 6 miles a man must have the speed of a miler. To achieve the speed of a miler an individual must train for and specialise at that distance. Therefore I fail to see how such an individual, specialising at the mile, can acquire the stamina to complete 6 miles in 30 minutes.

Mr. Newton advocates that a good 6 miler should train up to 10 miles, and on this point I agree 100%. When an athlete has been through his training for 6 miles and is on top of his form, it is quite probable that he is capable of running a 4.20 mile or 4.30, even though he hadn't at any time trained for that speed.

Furthermore he won't be called upon to use it during a 6 mile race, unless he has judged his race so badly that it becomes necessary to pull up in the latter stages of the event. This emphasises the fact that a six miler must know how to judge pace, and that it is essential for him to maintain even pace throughout the course.

If a runner doesn't maintain even pace, every time he alters his speed he uses valuable energy which cannot be regained at a later stage of the event so that I cannot see how your example of two six milers of approximately equal stamina holds water. As long as the slower merchant, by sticking to even pace, expends his energy correctly, he cannot be beaten: if the other wasted his stamina on extra speed at any point he would be the loser of the race, not the winner, no matter whether he were capable of running a 4.20 mile compared to the slower man's 4.30.

May I congratulate your magazine for publishing articles of this nature; for they provide the reader with various views on a subject that is not altogether understood, and which offers a great deal of room for investigation.

HARDY BALLINGTON

**Editors Note:**—Again this red herring! It has not been suggested that an athlete should run at anything other than an even pace when racing, that he should specialise at a mile, or that he would want to use a miler's speed in a race.

It is merely simple reasoning that a man who *can* run a mile in 4.20 will be able to maintain a faster even pace than one who can only manage a mile in 4.30, *everything else being equal*.

Dear Sir,

I was distressed to read the article by Arthur Newton, whose principle of even-paced running I've always upheld, where he raised implications on Stan Cox's statement about speed that simply did not exist. Granted, if one runs a 30 minute 6 miles at an even pace one does not need to use a 4.30 mile speed at all, yet it seems to me that being able to run a 4.30 mile is a natural corollary to running a 30 min. 6 miles.

Consider the man who can do a 5 minute mile and a 33 minute 6 miles, for sake of argument. If he wants to improve his 6 mile time he will stand a better chance of doing this by practising 4.40 miles, and 10 minute 2 miles, than by always running 6, 8 and 10 miles. Then, providing he runs at an even pace, the worst he will do for 6 miles is 33 minutes, for he already knows he has the stamina for the distance.

To put it simply, compare the athlete to a car, his speed to the car's horse-power, and his stamina to the car's petrol tank capacity. For the car to beat a certain time over a 5-mile stretch, the makers surely will worry more about the horse-power than the size of the petrol tank?

If all the athlete did was to concentrate on making sure he could "stick the distance," I am sure no more records would be broken.

M. W. TULETT, Walton A.C.

## WATFORD

(Under A.A.A., W.A.A.A., N.C.U. Rules)

**Saturday, August 5th**

### OPEN HANDICAPS

MEN. 100, 300, 880 yards, 3 Miles  
Medley Relay.

FIELD EVENTS, MEN. Shot, Discus,  
Javelin, Hammer, Pole Vault.

LADIES. 100 yds., 120 yds., 440 Relay.

GIRLS (11-15 years). 100 yds., High  
Jump, 440 yds. Relay.

### MENS CYCLING EVENTS

Full details from Sports Sec.

R. B. STEVENS, 85, Princes Ave., Watford



# YOUTH AND STRENUOUS EXERCISE

MUCH discussion has been caused throughout the world of athletics by the amount of running done by the schoolboy from Walthamstow, London—Sammy Westbrook. Since he followed the competitors in the Finchley Harriers 20 miles Road Race, completing the course in 2 hours 35 minutes, many people have expressed concern that a 14 years-old boy be allowed to run over 60 miles a week. Indeed, the officials of the A.A.A. have expressed strong disapproval! However, I feel that before sudden decision and opinions are registered it would perhaps be a good idea to review the opinions of some acknowledged experts on the subject of participation of youth in strenuous exercise.

Although by no means classing myself as an expert on this subject, I ran in the Finchley "20" and also saw the lad finish his run, so I feel that I have a small contribution to make to the subject. About my own running I would prefer little to be said, but I witnessed this slight, tidy little figure come trotting easily along the road, wearing spotless white and followed by his coach, he hardly looked as though he had just run 20 miles. In spite of completely unjustified derogatory comment from a few spectators, that boy showed no signs of distress or tiredness, he was apparently completely unaffected by his run—which is more than can be said for 90 per cent. of the men competing (myself included), many of whom finished well behind Sammy in varying conditions of ex-

haustion. I was later told by Dr. C. R. Woodard, the Athletic Injuries Specialist, that he had subject the boy to heart tests, breathing tests, taken his blood pressure, etc.—both before and after the run, and was quite satisfied with the result of the tests. Dr. Woodard states "Such a combination of enthusiasm and perfect strength and fitness is unusual, and I would not begin to suggest that boys of 14 should be encouraged to run 20 miles whilst at school." A well known athletic journalist and coach, writing on this subject, has said "Frankly, I would not be

By

**DONALD F. FEATHERSTONE,  
M.C.S.P.**

against a boy participating in this form of exercise if I knew that he was (a) in good hands; (b) had a very good recovery rate; (c) was indulging in no racing; and (d) had plenty of rest. As it would be impossible to ensure this with most boys as a general rule, I would not normally recommend it." This same writer goes on to say "The actual running of 20 miles at a slow pace will not harm any boy, if physically fit, so long as it is worked up to and he is used to plenty of distance work. But if one advised it on general principles, then I am sure that

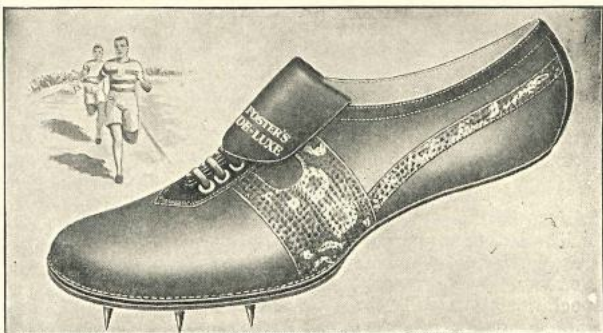
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far more harm than good would be done."

These events make hay of a lot of well established theories about the part of Youth in sport, but well known authorities have been doing just this for quite a while. For instance, Dr. T. K. Cureton, the famous American professor of Physical Education, has stated "Well supervised athletics will do no harm to school children, providing that they have a preliminary medical examination and are supervised by an expert in physical education. Permanent injury to the heart is completely discounted, but there are many facts that worry parents when boys are not trained gradually, so as to avoid excessive fatigue, soreness and mental anxiety. Obviously, boys who have had rheumatic fever, scarlet fever, influenza, measles and other diseases which may have as an after-effect a weakness of the heart and blood circulatory system, must be carefully watched and strenuous exercise avoided."

In dire pessimism, Dr. J. G. Gilchrist of the United States, wrote "If a man intends to devote his life to athletic pursuits and keeps up the necessary training, he will damage himself beyond repair, the final catastrophe being somewhat delayed." But, in answer to such a warning a Committee working under Dr. Cureton, examined 170 cases, all topnotch athletes now over 30 years of age, and found not one individual in whom the heart or circulatory systems had been affected. A recent experiment carried out on ten schoolboy cross country runners gave valuable data, they were all examined before and after a race to determine if any collapse during a race could be blamed on heart deficiency. All the most modern equipment was available at the start and finish of the race, four X-ray machines and five electro-cardiogram machines being used to avoid delay. The results showed no adverse effects and proved that reputed strain of the heart was non-existent, neither were there any causes of collapse involving the heart or circulation, changes shown in the electro-cardiogram prints of the heart beats might either have been made by a single increase in the heart rate through exertion or through mental emotion.

Bob Mathias, the 17 years old American Schoolboy who won the gruelling ten event Olympic Decathlon, although

much younger than any of his competitors, was their equal in height and weight, 12 stones 4 lbs. A few years ago, the mere idea of a 17 year old boy competing with fully grown men would have caused a lot of head shaking, but it is now certain that no harm will come from it if sufficient preliminary training is undertaken. The human body is protected by Nature against serious strains of the organs, such as the heart, and minor aches and pains are only the temporary results, which are easily overcome by continuing the active exercise. The untrained boy will give up any endurance exercise after a very small amount of discomfort but planned training does much to teach the boy to control his mind to fight off discomfort and pain.

More readers mean more pages. Every one helps, so encourage your friends to become regular readers of "Athletics Weekly." Any difficulty in obtaining the magazine should be reported to the publishers.

## HAZELLS SPORTS, AYLESBURY AUGUST MONDAY

### OPEN EVENTS

#### Handicaps

100, 220, 880, 1 mile  
2 mile walk

Entry Fee 1/6

#### Junior Scratch

100, 220, 880, 1 mile

Entry Fee 1/-

### Six Prizes Each Event

Entries Close July 26th, 1st post, to  
A. J. Sage, The Printing Works  
Aylesbury.



# ***This so-called autocratic control of athletes . . .*** by Jack Crump

**T**HE rules relating to the payment of expenses to athletes and the policy of the Governing Bodies of the United Kingdom and Northern Ireland in carrying out these rules are of sufficiently long standing that they should be known to all athletes. They have been in force since 1935, and there has been no change introduced since, so that I can be excused if I find it somewhat bewildering that so much storm over their administration should have arisen suddenly.

Frankly, I find it difficult to comprehend why the rules are misunderstood by certain athletes, particularly as I have personally been at some pains to explain them in detail on several occasions.

However, it seems that the time has arrived when the rules should be explained clearly, so that the rather ridiculous suggestion of autocratic control should be disposed of completely.

The fact is that amateur athletes are

free to choose when and where they compete any where in England, Wales, Northern Ireland and Scotland, and it is only when the promoting body seeks to reimburse the travelling expenses involved by an athlete's participation that permission of the appropriate Area Committee is required. Let me explain the position so far as this country is concerned.

It is probably unnecessary to stress that the A.A.A. and the E.C.C.U. and their Area Associations or Committees, County Associations and Clubs can pay the expenses of teams entered for competitions with Great Britain and Northern Ireland, but clubs and individual athletes are not permitted to be reimbursed without the Association of the individual athlete or club if the meeting is in England and Wales. If sanction is given to competitors in England and Wales, then all payments must be approved by and paid through the Sanctioning Committee, and they must be limited to actual expenditure incurred in transporting the individual or clubs representatives to and from the meeting, and may on no account exceed third class return railway fare. **Note:** that payment of hotel expenses is not permitted by the rules.

Let me stress that these are the rules laid down not by a committee but by the A.A.A. itself, and they appear in the A.A.A.'s handbook on Page 64.

Now let me explain the policy which governs the sanction of the Committee in such cases. Generally speaking, permission is not granted for an individual athlete to have his expenses paid if he is likely to be required by his club for an important competition on the same day, or if County, Area and National Championship in which the athlete is normally expected to compete are fixed for that date. Note that this is not the same as insisting that the athlete must run for his club or in the other category of important events. He is free to go elsewhere if he chooses, but is not free to have his expenses paid. If Mr. A wants therefore, to go to Scotland or Ireland on the day of a National Championship, he can go, but must not expect to have his travelling expenses reimbursed.

## **SLOUGH & WINDSOR DISTRICT HOLIDAY CARNIVAL SPORTS**

(Under A.A.A., W.A.A.A. & N.C.U. Laws)  
to be held on

**Agar's Plough (Eton College Playing  
Fields, Windsor Road, Eton  
SATURDAY, 5th Aug., at 2.30 p.m.**

**OPEN EVENTS**—100, 220, 440, 880 yds.  
1 Mile and High Jump Handicaps.  
1 Mile Scratch Medley Relay (880,  
220, 220, 440). 2 Miles scratch team  
(4 to run 3 to score).

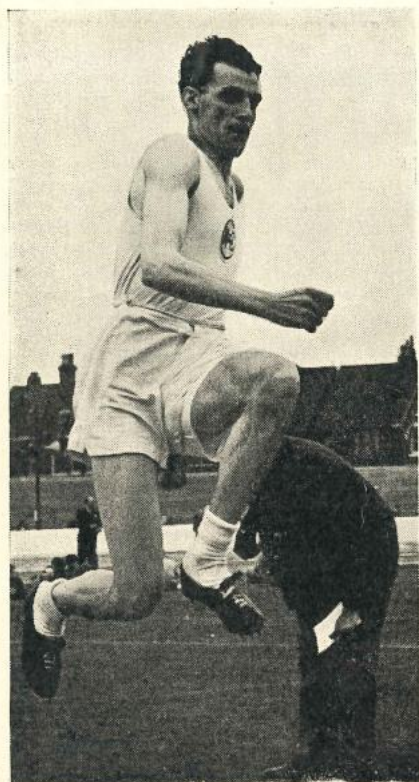
**OPEN CYCLING EVENTS**—550 yds.  
scratch, 1 mile handicap, 5 miles  
Scratch.

**Prizes** — £5, £2, £1. Relay £8, £4.  
Team Race £6, £3, 1st Home £2; 2nd £1  
2/6 Lap prizes in 5 miles cycle.

**ENTRIES** close first post Monday, 24th  
July, 1950. Perfect grass track. Easy  
access from Slough and Windsor Stations.  
London Green Line Coaches pass the  
ground.

**ENTRY FEES**—1/6 first event, 1/2 additional.  
Relay 4/6, Team Race 3/6.  
Entries to and all particulars from W. J.  
GROOME, 28, Langley Broom, Langley,  
Bucks.





S. CROSS (Birchfield H.) retained his Midland Hop, Step and Jump Championship with 44ft. 11in.

E. W. Carr

That is what the rule and the policy means, and in applying such conditions, the Committee concerned is carrying out a long established practice which can only be changed by the A.A.A.'s General Committee. It is not the arbitrary decision of a small group of persons or of an individual.

Next, let us deal with visits overseas. In such instances, it is the I.A.A.F. who lay down the rules, and the Athletes to and from Abroad Committee which is responsible for the decisions taken. Foreign promoters are required to seek permission to invite and meet the travelling and other expenses of athletes and clubs competing outside Great Britain and Northern Ireland. Thus it is fair to say that so called invitations to athletes, which are said not to have

been passed on to these individuals are not invitations. They are applications to invite athletes, and are addressed to the British Board, who clearly have no obligation to pass them on to the athlete. It is for the promoter to invite the athlete if permission is forthcoming, although in practice the policy is not to grant permission for an individual athlete to be so invited.

Again, I would stress that the policy of not permitting an athlete to be invited abroad but to insist that only teams in charge of a team manager are allowed to go, is no new thing. Indeed, it has **always** been the British Board's policy, and there are, I consider, adequate reasons for it.

However, the definition of a team has been settled as not less than two athletes. Permission is seldom if ever refused for a club to send a small or large team, and in fact such a practice is encouraged and is growing. Sometimes requests are made for a team composed of named athletes, and here the policy is to accept for the number of athletes invited, if the date is convenient, and circumstances permit the acceptance, but to point out that the choice of the athletes must be left to the Board. In this way it is possible to see that not only the stars but promising athletes are given opportunities

Continued overpage

## BOURNEMOUTH REGATTA

Bournemouth Athletic Club presents

(Under A.A.A. Laws)

**3rd ANNUAL SCRATCH OPEN**

**3 MILE**

**PIER TO PIER ROAD RACE**

on

**SATURDAY, AUGUST 12th, 1950**

at 8 p.m.

**1st Prize**—Regatta Challenge Cup  
and Prize Value £3/3/0

**2nd Prize**—Value £2/2/0

**3rd Prize**—Value £1/1/0

Entries on Official forms to Hon. Organising Secretary—K. H. H. Baily, Esq., 12, Queensbury Mansions, Parsonage Road, Bournemouth, not later than noon August 2nd, 1950.

Entrance Fee 1/-



# A.A.A. Decathlon Championship

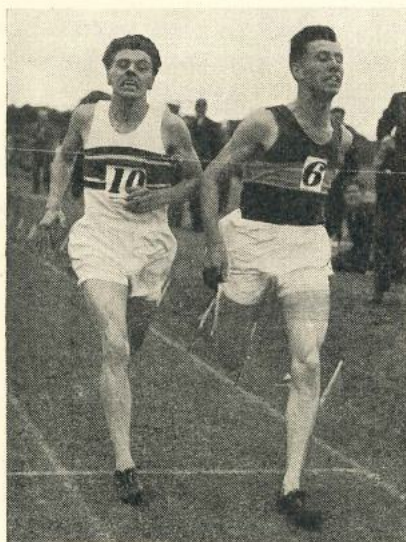
Southampton, June 30th—July 1st

Harry Whittle beat his own English Native record by winning with 6087 pts., G. M. Elliott also beating the previous figures and winning the Southern championship. Details:

1, H. Whittle (Reading A.C.) 100 M.: 11.2; LJ: 23ft. 3½in.; Shot: 30ft. 10½in.; HJ: 5ft. 7in.; 400M: 50.2; 110H: 16.6; Dis: 93ft. 7½in.; PV: 9ft. 0in.; Jav: 117ft. 10½in.; 1500M: 4:23.8; Total 6087 (English Native record).

2, G. M. Elliott (Woodford Gn.) 100 M.: 11.5; LJ: 20ft. 10½in.; Shot: 34ft. 10½in.; HJ: 5ft. 10in.; 400M: 55.0; 110H: 16.4; Dis: 100ft. 11½in.; PV: 12ft. 6in.; Jav: 127ft. 4½in.; 1500M: 5:0.7; Total 6005.

3, H. Sigg (Poly) 5933; 4, N. E. C. Dear (LAC) 5868; 5, S. J. Coleman (LAC) 5420; 6, D. Holmes (Walton) 5364; 7, M. Flacke (HHH) 5318; 8, D. Vanhegan (Southgate) 5291.



L. FIELD (T.V.H.) No. 6 winning by inches from HARRY HICKS (Hampstead) No. 10 in one of the finest finishes ever seen in a 3 miles Southern Championship.

H. W. Neale

## SILVER BUGLE CENTENARY

Sandhurst July 1st

RMA beat Milocarians by 103pts to 98. **120 Hds:** D. O. Finlay (M) 15.1; **LJ:** J. Lockwood (M) 22ft. 5½in.; **Jav:** R. Barnes (RMA) 159ft. 8½in.; **2M:** A. Fielder (M) 9:54.4; **Dis:** J. Budd (RMA) 125ft. 10in. (RMA record); **HJ:** R. Nice (RMA) 5ft. 10in.; **4 x 440 Relay:** R.M.A. 3:24.8; **4 x 110 Relay:** R.M.A. 44.0; **880:** H. Dove (M) 1:57.2; **Ham:** C. Reidy (M) 146ft. 11½in.; **Mile:** A. Jones (M) 4:30.4; **Shot:** G. Lucas (RMA) 39ft. 5½in. (RMA record); **220:** A. Coote (M) 22.7; **12 x 110 Relay:** R.M.A. 2:18.1; **Old Silver Bugle Winners H'cp:** Brig. Hawtreay (1900).

Freddie Blackmore regrets that he has been unable to contribute his usual Race Walking article this week.

## SCOTTISH RESULTS ARDEER REC. SPORTS

**100:** D. McSwein (Greenock WH) 6, 10.1s.; **220:** I. Lyon (G. Univ.) 11, 23.4s.; **880:** T. Coleman (W. Kilbride) 45, 1m.57.6s.; **Mile:** K. Phillips (Beith H.) 110, 4m.26.5s.; **300 Youths:** H. Stanwix (Garscube) 6, 34s.; **H.J.:** E. McQuat (W. Kilbride) 12½in., 6ft. 3½in.; **Mile Medley:** Victoria Park 3m. 46.5s.; **2M. Team:** Springburn H. Ind. T. Tracy (S.H.) 9m.49.7s.; **Jun. Relay:** 4 x 100 Shettleston H. 47.1s.

## BRITISH LEGION (Scot)

**100:** W. Currie (MMAC) 8½, 9.9s.; **220:** D. Findlay (Q.Club) 14, 22.7s.; **880:** J. Hamilton (EEH) 45, 1m.57.6s.; **H.J.:** I. McAdam 12½in., 6ft. 6 1/2in.; **Invitation Relay:** Glasgow Univ.; **L.J.:** G. Cain (ENH) 3ft. 3in., 24ft. 4½in.; **Shot:** T. Montgomery (E.H.) 11ft. 6in., 48ft. 4½in.; **Jav:** I. Drummond (E.H.) 20ft., 184ft. 10in.

More results on pages 14 and 15

Continued from previous page  
for international competition. And in the choice of such athletes consideration such as the club's ability and desire to use athletes for important competitions and such considerations as National and Area Championships are also taken into consideration. The rules relating to these visits overseas appear in the A.A.A.'s handbook on page 64.

It may well be that some athletes and officials consider the rules and policy



## For the 100 or the 440

Sprinters, and those whose forte is the gruelling quarter-mile, need different qualities for success in their chosen spheres. All, however, need training—and all succeed or fail ultimately according to the response of their hearts, muscles and lungs under maximum demands during the heat and speed of the race itself. The muscular system can maintain its best performance only when plenty of vitamin B is available in the diet to supply the conditions favourable to high output with minimum fatigue. So . . .

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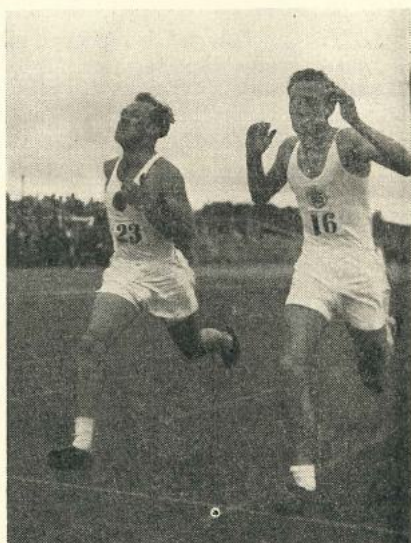


mistaken and unnecessarily restrictive. But they have been laid down and a change can be made only by using the constitutional procedure.

Whilst rule and policy exist as at present, it is the obvious duty of the officials concerned to ensure that they are carried out, and carried out impartially, whoever the athlete or club concerned in the matter.

Now I would like to add a personal word. The policy and decisions are not as some foreign papers have stated and some individuals in this country are apparently saying, the work of Messrs. Abrahams and Crump, the Board's Executive Officers, and it is equally fair to put on record that decisions taken recently have the full support of the Athletes to and from Abroad Committee. There is in short, no autocracy in being, and if in the administration of the regulations and the considered practice of the Committee, one person's name appears as the signature on the correspondence, reasonable folk will recognise that he is indeed the servant and not the dictator of a Committee of responsible, and I believe, respected men.

I do hope this explanation has cleared up this business of the athletes' right to go where and when they please.



Many people thought D. LEFTWICH (Southgate H.) No. 16, had won this Southern 880 yards final, but the judges' verdict went to H. G. TARRAWAY (L.A.C.) No. 23, who came through strongly down the finishing straight.  
H. W. Neale



# W.A.A.A.

June 17th

**Chesterfield Municipal Sports. 100**  
**Junior Northern Counties W.A.A. Cham-**  
**pionship:** 1, J. Cleary (Appleby-Frod-  
 ingham); 2, M. Gaughan (Chester-  
 field); 3, D. Ditcher (Chesterfield)  
 11.8s.; **100** (under 18): 1, G. Goldsbor-  
 ough (Barnsley); E. Horton (Newark);  
 3, A. Caldwell (Sutton) 11.8s.

June 27th & 28th

## ARMY CHAMPIONSHIPS

**100:** 1, Lt. A. Williamson; 2, Cpt. P.  
 Pridmore; 3, Cpl. E. Roper, 11.7s.; **220:**  
 1, Lt. A. Williamson; 2, Cpt. P. Prid-  
 more; 3, Pte. V. Morgan, 27.1s.; **80M.**  
**Hdls.:** 1, Staff Sgt. Holecombe; 2, Cpt.  
 P. Pridmore; 3, Pte. P. Scott, 16s.; **L.J.:**  
 Lt. A. Williamson 16ft. 5½in.; 2, Cpl. E.  
 Roper; 3, Pte. P. Scott; **Jav.:** 1, Cpl.  
 Slade 88ft. 9½in.; 2, Pte. A. Paterson; 3,  
 Cpl. J. Cumbe; **H.J.:** 1, Pte. Gleed  
 4ft. 8in.; 2, Cpl. E. Pope; 3, Pte. N.  
 Brown.

June 28th

**Rolls Royce H. Sports—100:** 1, M.  
 Edge (RRAC) 8, 11s.; 2, B. Clarke  
 7½; 3, P. Hall (Walsall) 10 1/2.

July 1st

**Enfield Town Sports—100:** 1, P.  
 Morant (Enfield) 11½; 2, P. Hutchings  
 (Middx.) 10¼; 3, B. Bonner (Selsonia)  
 11, 10.7s. **H.J.:** 1, S. King (Lond. O.)  
 7in., 5ft. 7in.; 2, J. Rainbow (Lond. O.)  
 7in., 5ft. 5in.; 3, P. Field (Middx.) 9in.,  
 5ft. 4in. **440 Relay:** 1, Enfield A.C. 20;  
 2, Selsonia A.C. 16; 3, Lond. Olym-  
 piades "B" 19, 49.4s.

**B.S.A. Recreation Association Sports,**  
**Birmingham—100:** 1, M. Rushton (Wal-  
 sall) 10; 2, P. Cooper (Birchfield) 11¼;  
 3, J. Head (Halesowen) 10¼, 11s. **220:**  
 1, M. Rushton, 20¼; 2, A. Wright  
 (Bromsgrove) 18½; 3, J. Coley (Har-  
 borne) 20, 24.4s.

**South-East London Championships—**  
**100:** P. Giles (Camb. H.) 12.2s.; **220:** P.  
 Giles 28.7s. **H.J.:** M. Haben 4ft. 8in.;  
**L.J.:** M. Lillyerop 17ft. 0in.

**British Legion (Scot)—100:** M. Car-  
 michael 2½, 11.3s. **220—M.** Taylor  
 (E.S.H.) 4, 26.1s. **80M. Hdls.:** J.  
 Thompson (DAAC) 6, 13.8s.; **Jav:** M.  
 Anderson 108ft. 11in.

**Ardeer Rec. Sports—100:** W. Blane  
 (Ayr) 5½, 11.6s. **220:** J. McPhee (un-  
 at.) 10, 27.8s.; **80M. Hdls.:** S. Lincham  
 (Ardeer) 12.7s. **Relay:** 4 x 110, Beith  
 Harriers, 55.0s.



DIANE COATES (Oxford L.A.C.) put  
 up a new Best Performance in throw-  
 ing the javelin at Chiswick in the  
 W.A.A.A. Southern Championships.

Central Press

## YORKSHIRE CHAMPIONSHIPS, Bradford

**100:** 1, G. Goldsborough (Sheff. Utd.);  
 2, S. Last (Harrogate); 3, J. A. New-  
 bout (Sheff.) 11.9s.; **440:** 1, D. Hibberd  
 (Harrogate); 2, J. Marshall (Sheff.);  
 3, E. Davies (Airedale) 62.1s.; **220:**  
 1, D. Walker (Leeds U.); 2, M.  
 Waterhouse (Halifax); 3, G. Golds-  
 borough 26.2s. **880:** 1, M. Webster  
 (Appleby Frod); 2, J. Marshall; 3, J.  
 Scriven (Halifax) 2m.26.4s.; **80M.**  
**Hdls.:** 1, P. Threapleton (Airedale); 2,  
 J. Fielding (Sheff.); 3, V. Servant  
 (Halifax) 12.5s.; **H.J.:** 1, M. Naylor  
 (Manch. U.) 4ft. 9½in.; 2, P. Threaple-  
 ton (Airedale) 4ft. 8½in.; 3, I. Nesbitt  
 (Harrogate) & M. Mitchell (Halifax)  
 4ft. 4½in.; **L.J.:** 1, M. Naylor 16ft. 5in.;  
 2, N. Goldthorpe (Leeds U.) 14ft. 10in.;  
 3, J. Whitaker (Unat.) 13ft. 10½in.;  
**Shot:** 1, I. Tinno (Airedale) 31ft. 0½in.;  
 2, B. Needham (Hull U.) 25ft. 3in.; 3,  
 J. Gillyean (Pt. Wks.) 22ft. 8½in.; **Jav:**  
 1, V. Brownhut (Allerton) 58ft. 8½in.;  
 2, K. Roberts (Airedale) 45ft. 6in.; **Re-**  
**lay 4 x 110:** 1, Sheffield U.H.; 2, Hali-  
 fax H. & A.C.; 3, Airedale H. "A" 51.9s.  
 Continued on page 15



# PRINCETON & CORNELL—contd.

Walkley did most of the pace-making in the three miles with Brasher and Snedeker (Princeton) in close attendance. Grossman was outclassed but received a big ovation at the end for sticking it out. With two laps to go, Brasher opened up and went right away to win comfortably in 14:36.0, Walkley running well to show 14:44.0, but Snedeker had a job to keep going and was well outside 15 minutes at the finish.

In the high hurdles the Americans went into the lead from the start and were not troubled to take first and second, despite Hildreth's determined effort from halfway which gave him the fastest time by a Briton this year. Ashbaugh (Cornell) completed a fine double, having won the high jump at 6ft. 4in.

The one mile was a rather unusual race. The first lap was run in 67.2 and then Hawke dashed into the lead to act as pacemaker, closely followed by Bannister and Wittreich (Princeton). The 880 was reached in 2:12.0 and the  $\frac{3}{4}$  mark in 3:15.4. Then Bannister went away and, running with devastating power, did the last quarter in 57.6 to clock 4:13.0 and win by 60 yards. Examination of his lap times shows that Bannister ran his second half-mile in 2m. 1sec. and his last  $\frac{3}{4}$  in 3:5.8. We have not yet seen a really fit Bannister and I rate him the most likely athlete in the world to eventually approach that 4 minute mile. Barring accidents I consider him a certainty for the 1952 Olympic 1500 metres.

The 440 was considered a foregone conclusion for Cornell's Charley Moore. He won alright but I was not particularly impressed by his running.

The last event, the 4 x 110 relay, was not without incident, though Oxford and Cambridge won so easily. On the first stage, Wilkinson gained a clear lead, Brooks held it, but Pinnington started much too soon and had to come practically to a standstill to avoid going over the line. Though losing many yards, he ran so well that Stacey was sent off with a winning lead and the race was over. The American's victory puts them two up in these contests with one drawn.

**100:** 1, A. R. Pinnington (Ox.) 9.8s. (equals English Native and series record); 2, R. C. Hunt (Cor) 9.9s.; 3, J. C. M. Wilkinson (Ox) 9.9s.; 4, R.

M. Snable (P.) 10.1s.

**880:** 1, R. C. Mealey (Cor) 1:52.4s.; 2, A. W. Scott (Cam.) 1m.54.1s.; 3, S. J. Bryant (Ox) 1m.54.4s.; 4, R. M. Akeley (P) 1m.56.3s.

**220 Hdls.:** 1, R. C. Hunt (Cor) 24.4s. (track record); 2, S. Brooks (Cam) 24.6s.; 3, M. Gourdine (Cor) 24.8s.; 4, P. A. L. Vine (Ox) 25.7s.

**220:** 1, J. C. M. Wilkinson (Ox) 22.0s.; 2, C. H. Moore (Cor.) 22.4s.; 3, N. D. Stacey (Ox) 22.6s.; 4, F. M. Miller (Cor) 23.3s.

**P.V.:** 1, C. W. Jacob (P) 12ft. 6in. 2, E. A. Zeiner (C) 12ft. 6in.; 3, M. L. Jackson (Cam) 11ft. 3in.; 4, J. H. Davies (Ox) 11ft. 0in.

**H.J.:** 1, W. S. Ashbaugh (Cor) 6ft. 4in. (series record); 2, H. W. Leader (Camb) 6ft. 1in.; 3, L. W. Davies (Ox) 6ft. 0in.; 4, K. A. Rauschart (P) 5ft. 9in.

**3 Miles:** 1, C. W. Brasher (Cam) 14m.36.0s. (series record); 2, C. A. M. Walkley (Cam) 14m.44.4s.; 3, R. S. Snedeker (P) 15m. 11s.; 4, R. B. Grossman (Cor).

**Shot:** 1, A. W. Gardiner (Cor) 47ft. 7 $\frac{1}{2}$ in.; 2, R. C. Salmon (Ox) 44ft. 11 $\frac{1}{2}$ in.; 3, R. C. Schuh (Cor) 44ft. 1 $\frac{1}{2}$ in.; 4, C. R. G. Neville (Ox) 40ft. 11 $\frac{1}{2}$ in.

**120 Hdls.:** 1, W. S. Ashbaugh (Cor) 14.7s. (series record); 2, H. B. Coyle (Cor) 14.8s.; 3, P. B. Hildreth (Camb) 14.9s.; 4, D. C. Grimes (Camb) 15.3s.

**Mile:** 1, R. G. Bannister (Ox) 4m. 13.0s.; 2, R. A. Wittreich (P) 4m. 21.6s.; 3, J. C. Hawke (Camb) 4m. 26.6s.; 4, J. L. Bolster (P) 4m.38.0s.

**440:** 1, C. H. Moore (Cor) 48.9s.; 2, S. C. Howell (P) 50.4s.; 3, G. P. Lloyd (Camb) 50.6s.; 4, H. I. Parker (Ox) 50.7s.

**L.J.:** 1, R. C. Salmon (Ox) 23ft. 2 $\frac{3}{4}$ in.; 2, M. Gourdine (Cor) 22ft. 10 $\frac{1}{2}$  in.; 3, I. G. H. Walker (Ox) 22ft. 4in.; 4, E. F. Davis (P) 21ft. 8 $\frac{1}{2}$ in.

**Relay:** 1, Oxford & Cambridge, 42.5s.; 2, Princeton & Cornell, 43.6s.

## PETER ALLDAY'S GRAND HAMMER THROWING

At Portsmouth on July 1st, Peter Allday, competing for the L.A.C., threw the hammer 170ft. 8in., his best ever and the best throw by an Englishman this year. At 23 years of age Allday is improving steadily and consistently and is our best ever hammer-throwing prospect. Undoubtedly Dennis Cullum has had much to do with Peter's improvement.



# RESULTS

## June 17th

**Chesterfield Municipal Sports** (all scratch events)—**100:** A. Lawson (G. Coast) 10.2s.; **220:** A. Lawson, 23.0s.; **880:** R. MacFarlane (Canada) 1m. 56.8s. (track record); **1 Mile:** E. Hardy (Derby & C.A.C.) 4m.31.9s.; **100 Jun:** B. Hanson (Doner P.W.) 10.6s.; **1 Mile Jun:** P. Hedley (Sheff. U.) 4m.36.4s. **Six Miles N.C.A.A. Championship:** 1, F. Aaron (Leeds St. Marks); 2, D. Birch (R. Signals); 3, J. Winfield (Derby & C.A.C.) 29m.43.2s. **Inter-Counties Match Events—100:** B. Shenton (Yorks) 10.3s.; **220:** B. Shenton, 23.0s.; **440:** J. Grant (Yorks) 50.4s.; **880:** A. Webster (Notts) 1m.58.2s.; **1 Mile:** D. Law (Yorks) 4m.25.4s.; **220 Hds:** H. Clough (Derbys) 27.7s.; **P.V.:** M. Flacke (Yorks) 10ft. 9in.; **Jav:** J. Lea (Derbys) 166ft. 7in.; **Dis:** A. Kovaceviks (Derbys) 126ft. 4½in.; Yorkshire 42 pts.; Derbyshire 29, Notts. 18, Cheshire 7.

## June 27th and 28th

**Army Championships: Ham:** 1, Major C. Reidy 153ft. 10in.; 2, Sgt. J.

Walters 139ft. 1in.; 3, Sgt. Haslingdon 130ft. 7in.; **Shot:** 1, Sgt. Horn 42ft. 4in.; 2, BSM. W. Hodkisson 42ft. 2½in.; 3, O/C Wood 40ft. 1in.; **H.S.J.:** 1, Cpl. R. Goldsmith 46ft. 4in.; 2, Lt. A. Lindsay 44ft. 1½in.; 3, Sgt. D. Brown 44ft. 0in.; **3 Miles:** Pte. W. Hesketh; 2, O/C. D. Birch; 3, Pte. J. Price, 14m.41.8s. **100:** 1, Lt. A. Coote; 2, WO 2 A. Roche; 3, Pte. Hancock 9.9s.; **220:** Lt. A. Coote; 2, Cpt. P. Richardson; 3, Gdsmn. Marsh, 23s. **440:** 1, Sgt. R. Speed; 2, Cpt. D. Brierley; 3, Off/Cdt. Taylor, 50.8s.; **880:** 1, Lt. H. Dove; 2, Crftsmn. C. Cranham; 3, Lt. Chancellor, 1m.57.9s.; **1 Mile:** 1, Cpt. R. Morris; 2, 2/Lt. C. Chataway; 3, Pte. Hawkins, 4m.19.5s.; **1 Mile:** (Terr. Army) 1, Major R. Macpherson; 2, Tpr. S. Hughes 3, Tpr. Hull, 4m.40.1s.; **2 M. S'Chase:** 2/Lt. A. Maughan; 2, L/Cpl. D. Hughes; 3, Sgt. Instr. Wallace, 11m. 14.1s.; **120 Hds:** 1, Lt. T. Winterton; 2, Cpt. D. West; 3, Sgt. D. Lillis, 15.3s.; **440 Hds:** 1, Cpt. D. Brierley; 2, Lt. M. Potter; 3, 2/Lt. D. Bode, 57.5s.; **H.J.:** 1, Cpl. P. Goldsmith 6ft. 0in.; 2, a/Lt. Dorey 5ft. 6in.; 3, Pte. Midwinter 5ft. 6in.; **L.J.:** WO2 A. Roche 22ft. 5in.; 2, SMI Riley 22ft. 2in.; 3, Major J. Lockwood 21ft. 11½in.; **P.V.:** 1, Cpl. Cole 11ft. 3in.; 2, Gdsmn. Robson 11ft. 0in.; 3, Lt. Whitehead 11ft. 0in.; **Dis:** CSMI Coleman 125ft. 11½in.; 2, 2/Lt. J. Lambert 119ft. 11in.; 3, Sgt. Ruane 119ft. 2½in.; **Jav:** 1, Sgt. Ruane 176ft. 7in.; 2, Cpl. N. Hughes 168ft. 5in.; Pte. R. Dobson 162ft. 4½in.

## June 28th

**Rolls Royce H. Sports: 100:** R. Rivers (RRAC) 9½, 10s.; **220:** M. Brown (RRAC) 20½, 22.3s.; **880:** E. Hardy (Derby & C.) 51, 1m.53.2s.; **1 Mile:** E. Hardy, 113, 4m.9s.

## July 1st

### ENFIELD TOWN SPORTS

**Jarvis Cup:** Essex B. 31 pts.; Poly. H. 29; Shaftesbury H. 26. **H.J.:** D. Northrop (Enfield) 5ft. 5in.; **100:** N. Lindsey (Poly) 10.1s.; **L.J.:** P. Bernard (Shaftesbury) 20ft. 10½in.; **440:** M. Pike (Poly) 51.5s. (record); **1 Mile:** J. Wood (Poly) 4m.23.7s. (record); **3 Miles:** V. Lillacas (Poly) 14m.29.4s. (record); **440 Relay:** Shaftesbury H. 46.5s.; **Middlesex Mil: Medley Relay Championship:** Southgate H. (R. Morley, D. Leftwich, H. Barnaby, K.

## LIVERPOOL CITY MARATHON

(Under A.A.A. Rules)

## 3rd ANNUAL RACE

(New Series)

will be held on

**SATURDAY, AUGUST 12th, 1950**

Full Marathon course within City boundaries finishing on Liverpool Football Ground at the end of their practice match.

**Start 2.15 p.m.**

**150 Gns. CHALLENGE TROPHY and 1st PRIZE TO THE WINNER**

SIX PRIZES in all, maximum value under A.A.A. regulations.

CERTIFICATES to all Runners who finish within four hours.

ENTRY FORMS FROM:

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Rickards) 3m.32.4s. (record). **Open Events:** **880:** L. Mann (Q.P.H.) 70, 1m. 51.7s.; **100:** J. Staines (Enfield) 7, 9.6s.; **220:** H. Wilson (St. Albans City) 18½, 22.4s.; **Mile:** F. Ebdon (N.L.H.) 146, 4m.4s.

### B.S.A. RECREATION ASSOCIATION SPORTS, Birmingham.

**100:** B. Moriarty (REME) 8, 9.9s.; **220:** I. Galbraith (Sparkhill) 19, 21.8s.; **880:** L. Shilcof (Birchfield) 72, 1m. 50.1s.; **880 Invitation Scratch:** E. Nicholls (Bromsgrove) 1m. 56.1s.; **Mile:** J. Stevens (Tamworth) 142, 4m.6.4s.; **2 M. Team:** Birchfield H. Ind. J. Corfield (Tipton) 9m.5.2s.

### BRISTOL DOUGLAS SPORTS

**Mile Inv. Scratch:** 1, G. Nankeville (Walton) 4m.16.9s.; 2, J. Ashby (Westbury H.) 1m.19.7s.; 3, E. Sneath (Godiva H.); **100:** J. Gregory (Bris.) 1, 9.6s.; **Mile:** J. Burke (Bristol) 186, 4m.12.6s.; **440:** J. Marmont (Robinson AC) 29.

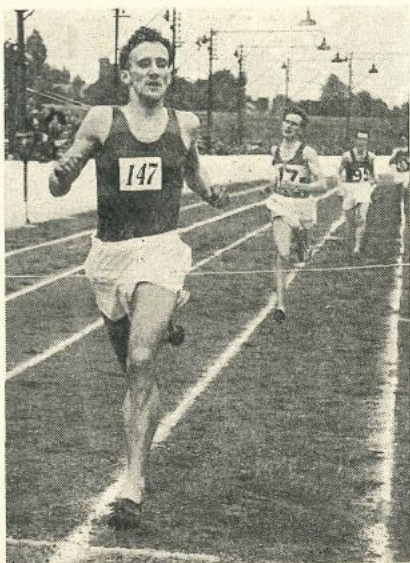
July 1st

### LIVERPOOL CITY POLICE SPORTS

**100:** P. Dolan (Clonliffe H.) 10.4s.; **220:** K. Anderson (L. Police) 22.5s.; **880:** L. Eyre (Leeds HH) 57.2s.; **Mile:** D. Wilson (Poly) 4m. 15s. (equalled track record); **100 H'cp:** H. Connor (Waterloo) 9.9s.; **220:** J. Hockenhuil (L'pool Pembroke) 21.4s. **Mile:** W. Orr (L'pool H.) 4m. 4s. **Mile Relay:** Liverpool H. "A" 3m.41.3s.; **P.V.:** R. Petitjean (Loughboro Coll.) 13ft. 1in.

**Walton Club Championships:** **100:** C. Frodsham 10.6s.; **220:** B. Thompson 24.2s.; **440:** F. Williams 54.1s.; **880:** J. Doggett 2m.3s.; **Mile:** J. Doggett 4m.33.8s.\*; **H.J.:** M. Rickard 6ft. 0in.\*; **L.J.:** B. Thompson 19ft. 2in.; **Shot:** D. Colby 38ft. 2¼in.\*; **Dis:** D. Colby 111ft. 3in.\*; **Jav:** D. Colby 129ft. 8¼in.\*; **Junior:** **100:** E. Staines 11.1s.; **220:** C. Frodsham 24s.\*; **440:** M. Rickard 57.2s.; **Mile Walk:** B. Shepherd 7m.13s.\*; **Shot:** C. Frodsham 30ft. 2in.; **100 Boys:** T. Fry 11.4s. (\* club record).

**Thames Valley H.** 72 pts., beat Belgrave H. 34—**100:** E. Purver (TVH) 10.7s.; **220:** E. Purver 23.6s.; **L.J.:** A. Poland (TVH) 21ft. 8¼in.; **H.J.:** A. Poland 5ft. 5in.; **440:** D. Osborne (TVH) 53.3s.; **880:** W. Kuy (TVH) 2m. 5s.; **Mile:** W. Lucas (Belgrave) 4m. 29s.; **2 Miles:** A. Stokell (B) 9m.54.8s.; **Dis:** G. Chinery (TVH) 101ft. 2in.; **Jav.:** M. Denley (TVH) 150ft. 2in.; **Shot:** E. Cook (TVH) 38ft. 7in.; **H.S.J.:** G. Bambrugh (TVH) 40ft. 10¼in.



H. WEBSTER (Sutton-in-Ashfield) winning the Midland 880 yards Championship.

E. W. Carr

W.A.A.A.—contd.

**London 49, Birmingham 28, Bristol 19.**

**100:** 1, J. Foulds (L); 2, J. Prosser (Bristol); 3, P. Boor (L) 10.9s.; (New British National Record); **880 yds:** 1, Miss Harding (L); 2, Miss Keirle (L); 3, M. Batson (Birm.) 2m.28.2s.; **80 M. Hds:** 1, J. Desforges (L); 2, M. Gardner (L) 3, J. Feather (Birm.) 11.6s.; **Relay:** (4 x 110) 1, London; 2, Birmingham; 3, Bristol; 50.5s.; **220:** 1, D. Manley (L); 2, Miss Brian (L); 3, J. Loftus (Birm.) 24.8s.

**M.C.W.A.A.A. 60 M. Championship:** 1, P. Wills; 2, D. Haines (Bristol); M. Penn (Birchfield HLS) 8.0s.; **100 H'cp:** S. Barratt (L.C.) 9¼, 10.9s.

### CHERTSEY British Legion SPORTS

(Under A.A.A. Laws)

**Monday, August 7th at 2 p.m.**

**Twyners, Chertsey, Surrey**

**OPEN HANDICAPS:**

100, 220, 880 & Mile; Juniors 100;

Veterans 100

**5 MILE OPEN ROAD RACE**

(Team & Individual Awards)

**MILE MEDLEY RELAY** (880, 220, 220, 440)

1/6 first entr: 1/- subsequent

**OPEN TUG-OF-WAR**

8-a-side Catchweights (8/- per team)

Entries closing July 24th to R. TURNER, 33, London St. Chertsey.

Hon. Sec.: H. WASPE, 10, Stepgates, Chertsev.



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