July 25th, 1959.
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Vol. 13 No. 30.

Athletics WEEKLY



Chris Goudge, No. 5, Winning A.A.A. 440 yards Hurdles

WAKEFIELD "20"
& OTHER
ROAD RACE RESULTS

SPOTLIGHT ON
BILL WOODHOUSE
(U.S.A.)

World News - Action Photos - Results

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

WELSH NOTES

By Bernard Baldwin

PETER RADFORD won the first "Taff Street Dash" at Pontypridd on Friday night, 3rd July, covering the 250 yards of Wales's most congested street in 24.9 seconds. Dave Segal was second in 25.1, and Wynne Oliver third in 25.5.

The event preceded a Sportsmen's Dance, the proceeds of which went with the street collection, to the Sid Judd Memorial Fund. The event was promoted by Road Runners Club (Glamorgan).

Earlier in the evening Segal beat Radford by a hairsbreath in an Open 220 at Mountain Ash Grammar School. Wynne Oliver was again third, and Ron Jones a limping fourth. Here John Merriman won an Invitation mile in 4m. 18.2 secs.

Ron Jones recovered in time to run for his club in the Welsh Senior relays at Maindy on Saturday, and after a fast leg, it was announced that Birchgrove had set new figures for the 4x110 relay,—44.2 secs. Birchgrove also won the medley in 3m. 43.3s.

Wynne Oliver's schoolmate from Llanelly, Brian Davies, beat John Jones in the Welsh Junior Championship 100,—both in 9.9 secs. The other Llanelly Grammar School product, John Davies, was below par in the weight and forfeited his Junior record to North Walian Arthur Richardson, who putt 53ft. 8in. Huw Jones won the 440 in 50.4 secs.,—about his sixth "sub-51" this season.

Seniors

Marathon : 1, R. B. Davies (C. Godiva); 2, R. Franklyn (Newport); 2:35.29.2 **4x110:** 1, Birchgrove; 2, Carmarthen; 44.2 (rec.). **Medley Relay:** 1, Birchgrove; 2, Roath; 3.43.3.

Juniors

100: 1, B. Davies (Llanelly G.S.) 9.9 (rec.); 2, J. Jones (Lewis S.) 9.9 440: 1, H. Jones (Barry G.S.); 2, R. Simpson (Carm. G.S.); 50.4 (rec.) 880: 1, J. Williams (Carm.); 2, B. Lewis (New.); 1.59.7. Mile: 1, C. Chaston (Bromsgrove); 2, W. Perkins (Bridgend S.S.); 4.25.8. Mile Walk: 1, E. Hewinson (New.); 2, D. Francis (Bridg.S.S.) 8.26.4. HJ: 1, J. Lister (Birch.); 2, J. Uzzell (Bargoed G.S.); 5ft. 6in. PV: 1, J. Bull (Bridg. G.S.); 2, J. Uzzell (Bar. G.S.); 11ft. 6in. SP: 1, A. Richardson (J. Summers S.C.); 2, J. Davies (Llan. G.S.); 53ft. 8in. (rec.). DT: 1, A. Scapelhorn (Neath G.S.); 2, J. O'Shea (Lewis S.); 124ft. 4½in. JT: 1, A. Price (Builth G.S.); 2, J. Lucas (W. Mon. S.S.); 172ft. 5½in.

Youths

100: T. Bigham (Q. Yard G.S.) 10.4; 440: B. Joseph (Neath G.S.) 52.9; 880: J. Hill (Neath G.S.) 2.04.5; ¾ Mile Walk: C. Bobbett (Barry G.S.) 6.25.4; HJ: L. Henry 5ft. 8in.; LJ: T. Bigham (Q. Yard G.S.) 20ft. 7½in.; SP: D. Bunce (Seaford G.S.) 47ft. 5½in. (rec.); 4x110: Neath G.S. 46.0 (rec.).

Junior Women

100: E. Parsons (Roath) 11.5; 70H: M. Dewar (Glantaf S.S.) 11.4; HJ: L. Parkes (L. Margaret H.S.) 4ft. 7in.; JT: S. Gavan (Glynderw) 93ft. 6½in. (rec.); 4x110: Roath 53.2 (rec.).

SCOTTISH JUNIOR CHAMPIONSHIPS

100: M. G. Hildrey (VP) 10.0 (BCP); 220: M. G. Hildrey 22.5; 440: G. M. Dewar (Shett.) 51.2: 880: I. Turnbull (Ed.Pol.) 1:59.5; Mile: K. Ballantyne (ESH) 4:19.7 (BCP); 120H: G. L. Brown (Bell'n) 15.3 (eq. BCP); 200H: N. Patterson (Bo'muir) 23.5 (eq. BCP); HJ: J. Campbell (St. Modans) 5ft. 7in.; LJ: N. Patterson 20ft. 8¼in.; HSJ: J. Huggan (Shawlands) 43ft. 4in.; PV: D. Stevenson (Dumf.) 11ft. 4¼in. (BCP); SP: T. Gifford (Bo'muir) 48ft. 5½in. (BCP); DT: P. Marr (Dundee) 146ft. 0½in. (BCP); JT: C. R. Keith (G.Un.) 163ft. 10in.; HT: A. F. Orttwell (Fettes) 141ft. 4½in.

Youths

100: G. I. Carter (VP) 10.4; 880: M. Lockhart (Merch'n) 2:02.7; HJ: D. Robertson (Pais. G.S.) 5ft. 7in.; LJ: R. Halkett (RHS) 20ft. 8in.; SP: A. Sutherland (Golspie H.S.) 55ft 6¼in. (BCP).

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EVERY SATURDAY—NINEPENCE

NOT SO GLOOMY

AFTER the A.A.A. Championships there was a flood of criticism in the national press about our present standards. According to many pundits we have no "prospects" at all for the future.

Though far from complacent, I disagree entirely. We may not appear to have many with chances of reaching the first six in the next Olympics, and we are extremely poor in most field events apart from one on two isolated instances, but surely our junior talent, taken all round, is better than ever before?

One look at the recent Area Junior and Youth championships show that in the middle distances (and some of the milers will no doubt graduate to the longer distances as seniors) our youngsters reached an all time high. There are signs, too, that we have some throwers who should prove far better than any who have gone before.

We have no right to feel satisfied, but future prospects are not so gloomy as many writers would have us believe. A glance at the results of the English Schools Championships to be published next week, will confirm this point.

For the sake of accuracy, I should mention that in my report of the A.A.A. Mile last week I wrote that Blagrove took the lead at the bell, whereas in actual fact it was Mike Berisford. My original notes and copy did state Berisford, but I was assured by someone much nearer that corner than I, that it was the other Mike. The photograph published on another page shows that my original notes were, after all, correct.

WE hope most sincerely that by the time these notes are being read the printing dispute will have been resolved, or at least that the printing workers are back at work. Owing to the action of one of the unions involved, distribution of A.W. has been affected and the only way in which we could ensure that all copies were reaching regular readers in some parts of the country was by a change in our printing arrangements. This has meant that until normal working is resumed, it may be impossible to include the previous week-end's results even of the most important meetings. We hope, however, that this will not inconvenience readers for more than a week or two at most. By then we hope to have returned to normal in appearance and working conditions.

THE EDITOR.

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

AGE LIMITS

Dear Sir,

In reply to John Hodges' article " Are we too strict on age limits " in June 20th issue I should like to add my iron to the fire.

The advancing maturity of athletes under the age of 19 years has, in this country, become increasingly obvious during the past five years in their performances alone, which will be seen by comparing ranking lists of 1953 and 1958,

The photograph of Brian Travis shown on the same page as the article (whether by design or coincidence) bears this fact out admirably for Travis was shown winning his County Junior Mile title in a time of 4 mins. 13.8 secs., whereas the same county's Senior title was captured in a time only 9/10ths of a second faster.

The advancement of such athletes as Travis (for the limits affect track as well as field) must certainly be curtailed to some extent by the limits imposed.

Most Track Secretaries are aware, as are the coaches, of the disillusion felt by the **majority** of the " better class" Juniors who suddenly find themselves thrust into Senior competition after two years in which they have been officially denied access to this class of competition.

In the newly published " British Athletics 1959 ", it will be seen that the top nine Junior 440 yards men are included in the first 67 Senior rankings ; the top 31 Junior 100 yards performers (including several Youths) are to be found in the first 103 in the Senior list. These are two of very many examples to be found in these pages which extend to all events— except the marathon.

To my mind, the standard of many of the Senior events—particularly the 220, 440 and 880 yards— are poor when going deeply into performances, and I feel that the only way to improve them is by lowering our age limits IN ALL EVENTS. In other words, to allow ALL Youths to compete in Junior events, and ALL Juniors to compete in Senior events.

My intentions have been not to criticise our governing bodies, but merely to show that they have the power in their hands to avert this ever growing difficulty.

Sincerely,

Charles Elliott

A.A.A. MARATHON STANDARDS

Dear Sir,

Your correspondent, R. G. Morland, has very rightly pointed out anomalies in the national standards for road running, and I feel the subject is worthy of further consideration.

Let us compare the grade I standard for the Marathon (2hrs. 35mins.)—a standard which has proved in practice (given reasonable weather) to be a fair one, with the grade I 20 mile standard (1hr. 58mins.). Allowing for the fact that **all** Marathon runners, however much they pride themselves on their fitness and even-pace running, slow considerably over the last 5 miles, it is necessary to pass the 20 mile mark in about 1hr. 57 mins. in order to beat 2hrs. 35mins. for the Marathon distance. Thus to obtain Marathon standard, one must beat 20 mile standard and then run another 6m. 385yd. at a fraction over 6mins. per mile !

Surely the A.A.A. committee must, on consideration, realise that they have erred badly. No doubt they will correct their errors in the light of experience over the years **but this is not good enough.** Immediate action is needed if the new scheme is not to be

brought into disrepute by awards being made for "soft" standards **this year.** If I were to receive a grade I standard for running 20 miles in 1hr. 58mins. (or even 1hr. 54mins.) I should blush to the roots of my hair when I met a "grade II" 4mins. 15secs. miler.

I give below the standards for 20 miles and Marathon and in brackets a fair standard compared with other events :—

20 Miles—Grade I: 1hr. 58m. (1hr. 53m.); Grade II: 2hrs. 5m. (2hr.); Grade III 2hr. 15m. (2hr. 12m.)

Marathon—Grade I: 2hr. 35m. (2hr. 35m.); Grade II: 2hr. 50m. (2hr. 45m.); Grade III: 3hr. 15m. (3hr. 5m.).

Think again A.A.A., and act quickly !

Yours sincerely,

Colin N. Collis.

REPLY TO FRED HOUSDEN

Dear Mr, Editor,

Mr. Housden, I shall assume, will concede that in sprinting it is more advantageous to drive the bodyweight ahead than to drag it behind the hips. Provided we have agreement on that point we have agreement that forward body tilt is of great value. My contention is that this forward body tilt relieves the Biceps Femoris group of muscles of some of the great strain imposed on them by the concentrated effort of sprinting. If Mr. Housden knows of a "fundamental principle" contradicting my view that a forward body tilt helps to take the strain of the legs I would be interested to read it and no doubt your readers would be similarly interested.

To help Mr. Housden understand the principle upon which I work in handling sprinters, I like to devote a lot of time to correcting faults and building up technique. This cannot be done under pressure. So I have the athlete run at a speed about 20 to 10 per cent below his top speed. At this speed he can be thoroughly relaxed and be able to concentrate on details. And in this below speed work I always have the athlete exaggerate the forward tilt of the body. Let us take starting practice as an example. I ask the athlete to use his imagination. When "set", if he does not move his feet forward when he removes the propping-up arms he will automatically fall to the ground. The aim of the crouch start is not only to give a start assumed to be quicker than the upright start but also to provide a starting position which can be speedily and smoothly converted into the running position "Smoothly" is the operative word. A long, plunging first step has the same effect as stamping on a car brake immediately after depressing the accelerator. But short, snappy steps (not strides) maintain the forward body tilt in much of the initial and exaggerated toppling angle. In actual racing it is impossible to sustain this exaggerated body lean, nor would it be valuable, but the constant repetition of work at the exaggerated angle produces a less pronounced but eventually quite mechanical body lean which is, in my contention, essential if the best is to be got out of a sprinter.

However, Mr. Housden must understand that I am not being dogmatic. I am always willing to listen and to learn and if Mr. Housden feels that I am wrong it is up to him to say so. But I do hope that I haven't started something.

Yours sincerely,

Armour Milne.

Reader Robert Moncrieff followed up a letter of complaint about the lack of presentation of field events and the round by round summaries which were given last year at some meetings at the White City, with another letter congratulating Messrs. Murray and Brookman on their commentaries at the recent A.A.A. Championships. He suggests a "Controller of Communications" to sift the track information which "constantly blocks the air while the field events are in progress".

(Other letters have been held over until next week)

WADDILOVE MEETING

RUNNING more confidently and relaxed than perhaps any other time in Britain this year, Peter Radford (Birchfield) gained a genuine 9.5sec. 100 yards win in his club's Waddilove inter-club meeting at Perry Barr on July 18th.

With a following wind of no more than 2.6 m.p.h., Radford finished clear of David Jones (Woodford Green) and Brian Smouha (London A.C.) to clip one tenth of a second off his English native record and equal the European mark.

It was his fourth 9.5 of the year, the last occasion being at Aldersley on May 30th when there was no wind guage on the ground.

Radford was in tremendous form on his home track. In the 220 he beat Jones by a foot in 21.2, so avenging his defeat by the southerner in the A.A.A. Championship.

In a specially included 4 x 220 relay, Radford helped Birchfield better the United Kingdom best performance of 1:28.2 by one tenth of a second. J.S.

100 YDS. "A": 1, P. Radford (Birchf'd) 9.5 (Eng. Nat. rec.); 2, D. Jones (Woodford) 9.8; 3, B. Smouha (LAC) 9.9. 100 YDS. "B": 1, N. Whitehead (B) 9.8; 2, W. Ferguson (Notts) 10.1; 2, K. Price (Coventry) 10.1. 220 YDS. "A": 1, P. Radford (B) 21.2; 2, D. Jones (W) 21.3; 3, B. Smouha (L) 21.8 220YDS. "B": 1, R Brightwell (B) 21.8; 2, B. Francis (L) 22.1; 3, G. Howlett (N) 23.1. 440 YARDS "A": 1, J. Salisbury (B) 49.5; 2, B. Francis (L) 50.6; 3, M. Potter (Poly) 50.7. 440 YARDS "B": 1, G. Howlett (N) 50.1; 2, D. Jones (B) 50.7; 3, M Cusack (C) 52.2. 880 YDS. "A": 1, M. Rawson (B) 1:55.1; 2, R. Tutin (N) 1:55.5; 3, J. Hatton (P) 1:59.0. 880 YDS. "B" 1, B. Lee (N) 1:57.1; 2, W. Wilson (W) 1:57.6; 3, D. Jones (B) 1:58.6. MILE: 1, B. Fernee (P) 4:15.4; 2, D. Stearns (W) 4:16.6; 3, P. Sperryn (L) 4:17.0. MEDLEY RELAY: 1, Woodford 3:36.2; 2, Birchfield 3:36.7; 3, Poly 3:36.8. 2 MILES TEAM: 1, Birchfield 12pts.; 2, Woodford 19; 3, Coventry 20. Ind.: B. Heatley (Cov.) 8:56.0. 120 HDLS. "A": 1, V. Matthews (B) 15.5; 2, P. Brunyee (B) 14.7; 3, D. Cook (P) 14.8. 120 HDLS. "B": 1, J. Kirkland (B) 15.5; 2, D. Abbott (W) 16.4. LONG JUMP: 1, D. Cakebread (C) 23'8" (Mid. rec.); 2, J. Welford (W) 21'11½"; 3, J. Murray (B) 21'3¾". HOP, STEP & JUMP: 1, J. Welford (W) 44'1"; 2, J. Murray (B) 40'7½"; 3, T. Gardner (C) 40'6". DISCUS: 1, P. Alford (B) 149'7½"; 2, R. Guest (L) 136'2"; 3, H. Haben (N) 132'5". JAVELIN: 1, C. Loveland (L) 216'1½"; 2, C. Bacon (N) 177'4½"; 3, M. Wilsher (W) 117'0". POLE VAULT: 1, W. Worth (P) 12'0"; 2, R. Addis (C) 11'0"; 3, J. Richards (B) 9'6".

MATCH RESULT: 1, Birchfield 79pts.; 2, Woodford Green 53; 3, Notts 40; 4, L.A.C. 37; 5, Poly 27; 6, Coventry Godiva 18.

4 x 220 RELAY (Special Event): 1, Birchfield (Radford, Whitehead, Salisbury, Brightwell) 1:28.1 (UK best); 2, Cov. Godiva 1:30.5.



B. Durham (Royal Liberty School) winning the 440 yards in 51 sec. when Northern Schools met London Schools at White City, Manchester.

S. Cook.

YORKSHIRE 39 pts. LANCASHIRE 28pts. CHESHIRE 11pts.

St. Helens, July 4th.

100: 1, P. Crosby (Y); 2, D. Crane (Y); 3, M. Radcliffe (L); 10.1. **220:** 1, M. Goosey (Y); 2, B. Gray (L); 3, A. Meakin (L) 22.2. **440:** 1, K. J. Wilcock (L); 2, I. A. Walters (Y); 3, J. B. Holt (L); 49.2. **880:** 1, R. Piercy (Y); 2, T, Schofield (Y); 3, P. J. Keeling (Y); 1:53.3. **Mile:** 1, J. D. Veals (L); 2, S, Taylor (L); 3, K. Stewart (Y); 4:14.7. **3M:1**, G. North (L); 2, W. Clarke (Y); 3, E. Spender (L) 14:12.4. **Medley Relay:** 1, Yorks; 2, Lancs; 3, Cheshire; 3:30.4. **LJ:** 1, K. Hansen (Y); 2, F. N. Stirrup (L); 3, A. M. Duerr (C) 21ft. 9in. **HJ:** 1, D. Chadderton (Y); 2, J. C. Flewitt (L); 3, W. G. Lomas (C); 6ft. 3¼in. **PV:** 1, S. Downhill (Y); 2, W. Lomas (C); 3, R. S. Cuff (L); 12ft. 4in. **SP:** 1, R. Pearman (Y); 2, G. Firth (Y); 3, A. Novak (L); 45ft. 0½in. **DT:** 1, G. Northern (Y); 2, A. Rothman (C); 3, R. J. Birrell (L); 137ft. 6in. **JT:** 1, R. Fletcher (C); 2, C. N. Loveland (L); 3, J. R. Sale (C); 188ft. 3½in.

Open Events: 880: T. R. Billington (Pembroke) 1:57.1. **100:** P. Crosby 10.0.

Junior Mile: M. Butler (Midd. & C.) 4:40.6.

OPENING OF WELWYN GARDEN CITY STADIUM

The Marquess of Exeter opened the Gosling Memorial Stadium at Welwyn Garden City on Sat., July 4th. The track, which is surrounded by a cycle track, was formerly a sand pit and is a natural amphitheatre. When permanent dressing rooms and stands have been built it will rival any in the country. Results of invitation events:

120H: 1, V. C. Matthews 14.5; 2, R. Van Rossum 15.0; 3, J. Parker 15.3. **3,000m:** 1, M. Blagrove 8:23.2; 2, B. Parkes 8:25.8; 3, S. E. Eldon 8:29.0. **Pole Vault:** 1, B. M. Elliott 12ft. 6in.; 2, G. Broad 12ft.; 3, M. Nugent 12ft. **Javelin:** 1, C. N. Loveland 207ft. 6in.; 2, C. G. Smith 197ft. 7½in.; 3, J. M. Clayton 180ft. 7½in. **Discus:** 1, E. Cleaver 159ft.; 2, O. Feldmanis 147ft. 5½in.; 3, E. Turan 142ft. 9in. P. J. H.

* * *

Derek Ibbotson tells us that in Poland on June 14th he was 3rd in 8 mins. and Herrmann (E.Germ.) 4th in 8:00.4 in the 3,000m., not the reverse as published last week.

* * *

Entries for the Port Talbot (Wales) events on August 8th—4 x 2 miles relay, Jun. & Youth relay, marathon and 10 miles walk—on Monday, July 27th to A. E. Williams, M.M., 13 Hafod St., Port Talbot.

WITH THE LADIES

June 17th—Mitcham A.C. beat **Hercules A.C.** and **U.L.A.C.** at Motspur Pk. **100:** Barnes (M) 11.4; **220:** Hall (H) 25.2; **440:** Jones (UL) 62.1; **4 x 110:** Hercules; **80m. H:** Barnes (M) 11.7; **HJ:** Tyler (M) 5ft. 3in.; **LJ:** Tyler (M) 17ft. 3in.; **SP:** Balkwill (M) 36ft. 10¾in.; **DT:** Bedford (H) 125ft. 8in.; **JT:** Fleming (M) 121ft. 8in.

June 18th—Meden Valley A.C. beat **Derby A.C.** by 47pts. to 45. **100:** Stordy (MV) 12.8; **220:** Ford (D) 28.9; **80H:** Pickering (D) 12.7; **HJ:** Shaw (MV) 4ft. 4in.; **LJ:** Pickering (D) 13ft. 4in.; **SP:** Dennison (MV) 30ft. 5in.; **DT:** Dennison (MV) 88ft. 7in.; **JT:** Smith (D) 60ft. 11in.; **4 x 110:** Derby 56.9. In a junior match **Derby A.C.** beat **Meden Valley A.C.** by 41pts. to 32. **80:** Winfield (D) 10.1; **150:** Booth (D) 18.9; **HJ:** Ranby (MV) 4ft. 1in.; **LJ:** Winfield (D) 15ft. 11in.; **DT:** Winfield (D) 76ft. 6in.; **JT:** Leivars (D) 63ft. 5in.; **4 x 110:** Derby 54.9.

June 22nd—Sheffield Utd. H. Champs. 100: J. Harrison 12.0; **880:** A. Leggett 2:22.0; **LJ:** N. Brooke 15ft. 3½in. **Girls' 100 Handicap:** A. Britton 11.8.

June 23rd—Ilford A.C. beat **Essex L.** by 107pts. to 73. **100:** Pettit (I) 11.8; **150:** Cutting (I) 17.6; **330:** Drury (I) 43.0; **660:** Perkins (I) 1:36.4; **DT:** Coombes (EL) 118ft. 5½in. **Intermediate JT:** Bristow (I) 91ft. 10½in. **Juniors: 100:** Harris (EL) 11.9; **150:** Harris (EL) 18.0. **Ilford A.C. 80m. H. Champ.:** R. Pettit 12.2.

Inter-Area match and other women's results next week

OVERSEAS NEWS *by MELVYN WATMAN*

BOBBY Morrow, Bob Gutowski, Ernie Shelby, Bill Nieder and Rink Babka were just some of the all-time greats who failed to place in the first three, and thus qualify for the Pan-American Games team, at the A.A.U. Championships at Boulder, Colorado, on June 19th/20th. The championships were, in fact, notable more for shock results than brilliant marks. In addition to the Pan-American qualifications, the first two (Americans) in each event except the low hurdles, walk and 56lb weight were selected automatically for the U.S. v. U.S.S.R. clash.

Muscle trouble resulted in the great Bobby Morrow finishing ninth and last in his 100 metres heat and seventh in his 200 metres heat. He is unlikely to race again this year. Equally unlucky were Bill Nieder, whose 60ft. 0¾in. putt was achieved despite a severe chest injury, and Rink Babka, who had an apparently genuine 187-footer declared foul. Glenn Davis finished a close second in the 400 metres hurdles but a persistent back injury has since caused him to withdraw from the international match.

Ray Norton was voted the outstanding performer for his sprint double in preference to Charles Tidwell, whose 22.6 for 200 metre hurdles was a record for around a turn. Third in that race and a finalist in the other two hurdle events was a schoolboy Rex Cawley.

The altitude of over 5,000 feet played havoc with distance runners, thus explaining the mediocre times in that department.

The A.A.U. decathlon title was won at Kinsburg, Calif., the following weekend by the Formosan Yang Chuan-kuang with 7549 points, from Dave Edstrom (7544). Mike Herman was third with 6760 and Phil Mulkey fourth with 6346. Yang's marks included a new Chinese Nationalist pole vault record of 14ft. 2½in. Rafer Johnson is still injured and will be unable to compete against the Russians.

100m.: 1, Ray Norton 10.5 (10.4 ht.); 2, Bob Poynter 10.5; 3, Bill Woodhouse 10.6 (10.4 S-F); 4, Paul Williams 10.6 (10.4 ht.); 5, Vance Robinson 10.6 (10.5 S-F); 6, Dee Givens 10.7 (10.5 ht.).

200m. (T): 1, Norton 20.8; 2, Robinson 21.0; 3, Les Carney 21.2 (21.1 S-F); 4, Vic Hall 21.3 (21.1 S-F); 5, Poynter 21.3 (21.0 ht.); 6, Givens 21.4 (21.0 ht.).

400m.: 1, Eddie Southern 46.1; 2, Dave Mills 46.4; 3, Jack Yerman 46.6 (46.5 ht.); 4, DeLoss Dodds 46.7; 5, Bob Davis and Mal Spence (Jam) 46.8 (Spence 46.6ht.).

800m.: 1, Tom Murphy 1:47.9; 2, Jerome Walters 1:48.5; 3, Ernie Cunliffe 1:50.0 (1:49.5 ht.); 4, Mal Spence (Jam) 1:50.1 (1:49.9 ht.); 5, George Katterman 1.50.2 (1:49.9 ht.); 6, Tom Carroll 1:50.3 (1:50.0 ht.).

1500m.: 1, Dyrol Burleson 3:47.5; 2, Jim Grelle 3:48.4; 3, Ed Moran 3:48.9; 4, Gail Hodgson (S.A.) 3:51.9; 5, Bob Seaman 3:54.2; 6, Jack Marden 3:58.8 (3:58.1 ht.).

5000m.: 1, Bill Dellinger 14:47.6; 2, Lew Stieglitz 14:48.8; 3, Max Truex 14.50.2; 4, Laszle Tabori 14:51.8; 5, Miles Eisenman 14:52.4; 6, Jerry Smartt 15:25.2.

10,000m.: 1, Max Truex 31:22.4; 2, Al Lawence (Aust.) 31:35.5; 3, Bob Soth 32:12.6; 4, Alex Breckenridge 32:40.6; 5, Russ Bennett 32:58.5; 6, Pete McArdle 32:59.5.

3000ST: 1, Phil Coleman 9:19.3; 2, George Young 9:36.7; 3, Charles Jones 9:38.5; 4, Berry Crawford 9:46.8; 5, Ned Sargent 9:51.0; 6, Vic Zwolak 9:54.5.

3000m. Walk: 1, Elliott Denman 13:52.2; 2, John Humcke 14:06.7; 3, Rudy Haluza 14:17.5.

110m. H.: 1, Lee Calhoun 14.0; 2, Hayes Jones 14.0; 3, Elias Gilbert 14.1; 4, Willie May 14.4 (14.2 ht.); 5, Warren Cawley 14.5; 6, Joel McNulty 14.6 (14.4 ht.).

200m. H. (T): 1, Charles Tidwell 22.6 (world record); 2, Jones 22.7; 3, Cawley 23.0; 4, Gilbert 23.4; 5, Walt Arlt 23.5 (23.2 S-F); 6, May 23.7 (23.4 S-F).

400m. H.: 1, Dick Howard 50.7; 2, Glenn Davis 50.9; 3, Josh Culbreath 51.7; 4, Cliff Cushman 51.9 (51.3 ht.); 5, Arlt 52.8 (51.8 ht.); 6, Cawley 53.7 (51.3 ht.).

HJ: 1, Charles Dumas 6ft. 9in.; 2, Erroll Williams 6ft. 7in.; 3, Bob Gardner 6ft. 7in.; 4. Wayne Moss and Dick Richardson 6ft. 7in.; 6, Jerry Lane 6ft. 7in.

PV : 1, Don Bragg 15ft. 3in.; 2, Ron Morris 15ft. 3in.; 3, Jim Graham 15ft. 3in.; 4, Mel Schwarz 15ft 3in.; 5, Bob Gutowski 15ft. 0in.; 6, George Mattos and Aubrey Dooley 14ft. 9in.

LJ : 1, Greg Bell 26ft. 1¼in.; 2, Joel Wiley 25ft .11¼in.; 3, Irv Roberson 25ft 6¼in.; 4, Ralph Boston 25ft. 3 in.; 5, Ernie Shelby 25ft. 0¼in.; 6, Jim Baird 24ft. 11in.

HSJ : 1, Ira Davis 50ft. 6½in.; 2, Herman Stokes 50ft. 2¾in.; 3, Bill Sharpe 49ft. 11in.; 4, Kent Floerke 49ft. 7¾in.; 5, Al Andrews 49ft. 6in.; 6, Bob Lawson 49ft. 0in.

SP : 1, Parry O'Brien 62ft. 2¼in.; 2, Dave Davis 60ft. 4¾in.; 3, Dallas Long 60ft. 1¼in.; 4, Bill Nieder 60ft. 0¾in.; 5, Mike Lindsay (G.B.) 58ft. 2¼in.; 6, Charles Butt 57ft. 11¾in.

DT: 1, Al Oerter 186ft. 5in.; 2, O'Brien 180ft. 9½in.; 3, Dick Cochran 180ft. 8in.; 4, Jay Silvester 178ft. 9in.; 5, Rink Babka 177ft. 10½in.; 6, Jack Ellis 172ft. 0in.—13, Lindsay 159ft. 9½in.

HT : 1, Hal Connolly 216ft. 10in.; 2, John Lawlor (Eire) 208ft. 6½in.; 3, Bob Backus 197ft. 3in.; 4, Al Hall 196ft. 1½in.; 5, Bill McWilliam 185ft. 10in.; 6, Stew Thomson 181ft. 5in.

JT : 1, Al Cantello 246ft. 9in.; 2, Buster Quist 238ft. 2in.; 3, Phil Conley 235ft. 10in.; 4, John Fromm 233ft. 9½in.; 5, Steve Seymour 232ft. 11½in.; 6, Nick Kovalakides 227ft. 11½in.

56lb Wt. : 1, Backus 44ft. 3½in.; 2, Connolly 43ft. 7in.; 3, Thomson 41ft. 11in.

The Rev. J. Coulthard tells us that Ian Ward, credited with 13ft. 6ins at the Manchester Highland Games, actually cleared 13ft. 9in. but had this clearance disallowed because the pole passed under the bar. At Widnes on July 11th Ward cleared 13ft. 3in. Pat Robson (Salford H.) cleared 5ft. 4in. in the high jump in consecutive league matches on June 25th and July 2nd Neither of these two athletes could get away in time to travel to London on the Friday for their respective national championships.

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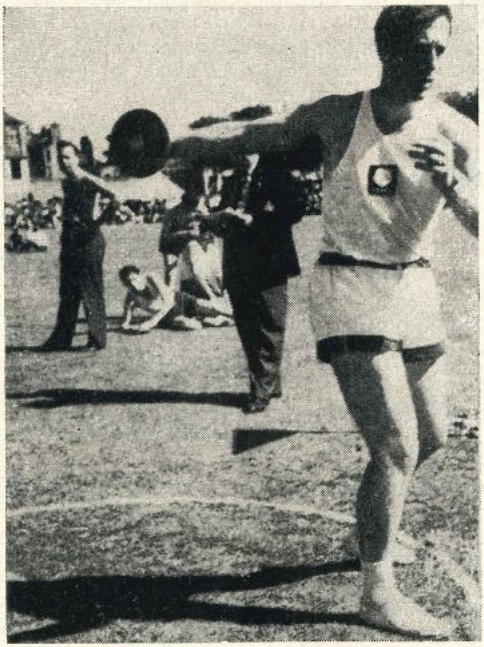
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Action Photos



Mike Berisford (Sale) has just taken the lead at the start of the last lap of the A.A.A. Mile. The winner was Ken Wood (Sheffield U.H.), No. 35.

G. E. H. Cranham.



S. Cook.

G. R. Northern won the discus event for Yorkshire in the match against Cheshire and Lancashire at St. Helens with a throw of 137ft.

Fred Wilt's Spotlight on

BILL WOODHOUSE, Abilene Christian College, Texas, age 21.

Best marks — 300yds. 30.0; 220yds. **20.0**; 150yds. 13.7; 100m. 10.3; 100yds. 9.3 (equals world record); 75yds. 7.5; 60yds. 6.1; 50yds. 5.1 secs.

Born 12/11/36 at Mason City, Iowa, 5ft. 8in. 150lbs., started racing in 1952 at age 15.

Warmup — (Identical for race or training). Jog 440-880 yards. Extensive calisthenics, especially of stretching type. Hurdling exercises. 7-10 x 100 yards striding on grass, gradually increasing speed of each. Walk 100 yards after each. Put on spike shoes. 1-2 x 100 yards accelerating to top speed during each. Walk briefly after each. Prior to race, complete rest for 5 min. following above.

Fall (autumn) training — Starting in mid-September, 3½ miles of cross-country running three times weekly.

WINTER TRAINING

(*December and January*)

Monday: 2-3 x 440yds. in 56-60 sec. each. Walk 10 min. after each.

Tuesday and Thursday: 6-8 x 220yds. in 26-28 sec. each. Walk 5 min. after each.

Wednesday: 2 x 300yds. in 33-35 sec. each. Walk 10 min. after each.

Friday: 16 x 110yds. fast striding. Jog 110yds. after each. Not timed.

Saturday and Sunday: Rest.

(*February and March*)

Monday: 4-5 x 150yds. sprints, concentrating on relaxation. Not timed. Walk for recovery after each.

of the National Championships



Dorothy Hyman (Hickleton Main) wins the W.A.A.A. 100 yds. final from J. Biljleveld (Holland) and Madeleine Weston.

E. D. Lacey.

Bill Woodhouse (U.S.A.)

Tuesday: 300yds. in 31-32 sec.
Wednesday: 4 x 220yds., starting with 24.5, and increasing speed to 23.0 on last. Walk 5 min. after each.
Thursday: 2-3 x 150yds. sprints. 2 x 75yds. sprints. Walk for recovery after each. Not timed.
Friday: 16 x 110yds. fast striding. Jog 110yds. after each. Not timed.
Saturday: Time trial.
Sunday: Rest.
A considerable amount of baton exchanging practice and starting from blocks is included in each of above workouts.

SUMMER TRAINING

Monday: Starting practice. Nothing strenuous.
Tuesday: 2-3 x 220yds. in 23 sec. each. Walk for recovery. Starts. Baton exchanging.
Wednesday: Baton exchanging practice. Starts. 300yds. in 31-32 sec.
Thursday: Warmup or travel to meet.
Friday and Saturday: Heats and finals in meet.
Sunday: Rest.
Duration of workouts: 1½ hours maximum, starting at 3 pm. Prefers four hours between big meal and race, and only one or two hours beween light meal and race. Participates in approximately 60 races annually, including heats. Racing season ends near July 1st each year. Coached by Bill Moore and Oliver Jackson. Does very little weight training. Has won few major titles due to presence of Olympic sprint champion team-mate Bobby Morrow.



E. D. Lacey.

The Women's A.A.A. 880yds. final just after the start. Joy Jordan (Spartan), the eventual winner, leads from Madeleine Ibbotson and Diane Leather on her outside, and Betty Loakes immediately behind her.

OTHER RESULTS

CHELMSFORD A.C. "FESTIVAL" TROPHY, June 13th.

1, Ilford A.C. 88pts.; 2, Chelmsford A.C. 71; 3, Hampstead H. 62; 4, Ipswich H. 59; 5, Cambridge H. 42; 6, Hornchurch H. 15. 100(A): N. Torry (Ch.) 10.1; 100(B): H. Pulley (Ch.) 10.3; 220(A): N. Torry (Ch.) 23.2; 220(B): R. Bugden (I) 23.7; 440(A): J. Bolton (H) 51.3; 440(B): Allen (I) 53.2; 880(A): R. Bell (Ch.) 1.58.5; 880(B): B. Parkes (H) 1.58.5; Mile(A): A. Perkins (I) 4.22.8; Mile(B): N. Saunders (I) 4.28.7; 3M. Team Race: Ilford 21pts. Indiv.: T. Smith (Ip.) 14.25.8; LJ: F. Alsop (Ho.) 21ft. 5in.; SP: J. Bayless (Ip.) 42ft. 2in.; DT: J. Bayless (Ip.) 127ft. 7in.; JT: W. Bushnell (I) 170ft. 6in. 4x110: Chelmsford 43.5; Medley Relay: Hampstead 3.36.2.

GRAFTON A.C. "ALEX MYER" MEMORIAL SHIELD

1, Hornsey (St. Mary's) H. 82pts.; 2, Grafton A.C. 62; 3, Loughton A.C. 55; 4, Queens Park H. 16 100(A): C. Lindsay (QPH) 10.2; 100(B): Russell (L) 10.8; 220(A) C. Lindsay (QPH) 23.2; 220(B): A. Bracken (G) 24.0; 440(A): J. Band (H) 52.4; 440(B): J. Sullivan (H) 53.8; 880(A): J. Sullivan (H) 2.00.8; 880(B): G. Olding (H) 2.01.5; Mile (A): G. Olding (H) 4.21.4; Mile(B): Desborough (H) 4.32.2; HJ(A): A. Brunner (G) 5ft. 8½in.; HJ(B): D. Stevenson (H) 5ft. 1½in.; LJ(A): B. Peck (H) 22ft. 0½in.; LJ(B): W. Jones (H) 20ft. 9in.; SP(A): A. Brunner (G) 43ft. 0½in.; SP(B): J. Stone (G) 36ft. 10in.; DT(A): A. Brunner (G) 178ft. 6in.; DT(B): J. Stone (G) 117ft 9in.; JT(A): Carter (L) 152ft. 11in.; JT(B): A. Ghirardani (H) 140ft. 4in.; 4x220: Loughton 1.37.0.

BRITISH RAILWAYS CHAMPIONSHIPS (Eastern Region)

100: J. Oliver (Doncaster) 11.2; 220: K. T. Smith (Peterborough) 24.2; 440: W. J. Woolnough (Grimsby) 57.1; 880: R. Bird (Don.) 2.14.7; Mile: W. J. Woolnough (Grims.) 4.41.8; 3M.: T. Palmer (Don.) 16.13.6; 2M. Walk: L. M. V. Read (Ipswich) 19.08.7;

ATHLETES . . .

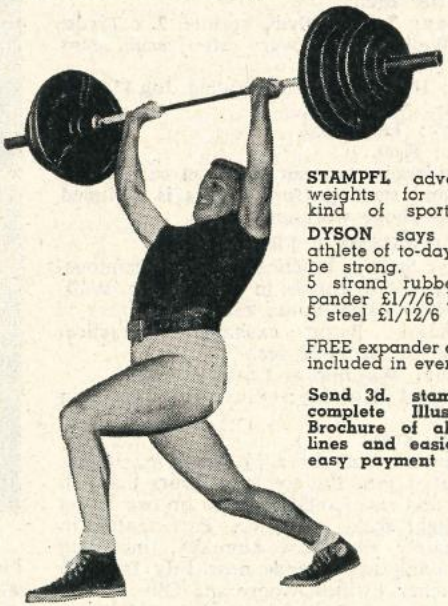
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HJ: C. M. Curtis (King's Cross) 5ft. 5in.; LJ: L. Pinder (Don.) 18ft. 7½in.; SP: B. Sharpe 37ft. 3½ in.; JT: L. Pinder (Don.) 150ft. 0in.; Mile Medley Relay: Doncaster P.W. 4.24.0. N.C.A.A. Decathlon: 1, P. Cullen (Rotherham) 4960 pts.; 2, R. Walker (Wakefield) 4631; 3, E. W. McQuat (Scunthorpe P.) 4412; 4, B. Jacob (Doncaster) 4377; 5, I. Ward (Bury) 4338; 6, L. Pinder (Don.) 3847. 100m. P. Cullen (Roth.) 12.3; 400m. F. Fish (Preston) 52.5; 1500m.: R. Walker 4.27.4; 110m.H: E. W. McQuat 16.5; HJ: B. Jacob (Don.) 5ft. 10in.; LJ: P. Cullen (Roth.) 19ft 10½in.; PV: I. Ward (Bury) 13ft. 4½in.; SP: R. Walker (Wake.) 37ft. 1½in.; DT: P. O'Hare (Liverpool Univ.) 118ft. 2in.; JT: P. Cullen (Roth.) 203ft. 2in.

MALTA INTER-SERVICES MEETING, June 13th.

1, Army 108 pts.; 2, Navy 93; 3, Royal Air Force 86. 100: Lt. Cook (A) 10.2; 220: Mne. Melen (A) 23.8; 440: S. Sgt. Thomas (A) 52.6; 880: L.Sea. Matcham (N) 2.07.2; Mile: R.E.M. Middleton (N) 4.45.2; 3M.: L.Sea. Morallee (N) 16.20.0; HJ: SAC. Polson (RAF) 5ft. 8in.; LJ: Sub. Lt. Shaw (N) 19ft. 8in.; HSJ: Sgt. Darlow (RAF) 40ft. 4in.; SP: Cpl. Harrison (A) 41ft. 4in.; DT: Bdr. De Brincat (A) 114ft. 2in.; HT: Sgt. Le Prince (A) 137ft. 7in.; JT: Mne. Sharpland (A) 146ft. 6in.; 4x110: Army 46.4.

MALTA A.A.A. CHAMPIONSHIPS (outstanding performances)

440: 1, M. Gialanze (Nat. Rec.) 53.2; 2, B. Thomas 53.3. LJ: 1, E. Darlow 21ft. 10in. (All comers rec.); 2, R. Sawyer 21ft. 10in. JT: E. Deauille 171ft. 8in.

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Newcastle, June 18th.

100: D. Crane (Lough) 9.9; 220: B. Anson (Leeds) 22.8; 440: R. L. Hay (Edin.) 49.8; 880: B. Hodgson (Leeds) 1:59.6; Mile: M. Tribe 4:23.0; 3M.: W. P. Adams (Sheff.) and R. Shirley (Dur'm) d.h. 14:37.2; 120H.: R. Birrell (M/r) 14.6 (w), R. D. McLeod (Aber.) 14.8 (w); 440H.: R. L. Hay 57.4; 4x110: UAU 43.5; 4x440: UAU 3:26.4; HJ: D. Chadderton (Leeds) 5ft. 10in.; LJ: D. J. Whyte (St.A) 22ft. 2½in.; PV: J. Hall (Lough) 11ft.; HSJ. I. McClune (Glas) 44ft. 9½in.; SP: W. Schleske (Leics.) 46ft. 6in.; DT: W. Schleske (Leics.) 150ft. 5in.; JT: W. Schleske (Leics.) 171ft. 8in.; HT: A. H. Payne (Birm.) 176ft. 2½in.

LONDON UNIVERSITY 132 WOODFORD GREEN 108 T.V.H. 74

100: D. Jones (W) 10.0; 220: D. Jones (W) 22.0; 440: N. Futter (LU) 48.7; 880: E. Thompson (LU) 1:53.9; Mile: P. Sperryn (LU) 4:11.3; 2M.: P. Linford (TVH) 9:11.2; 120H.: D. B. Waters (LU) 15.6; 440H.: T. J. Bryan (LU) 53.9; 4x110: Woodford 43.7; HJ: K. Drake (LU) 5ft. 10in.; LJ: B. Kuti (LU) 21ft. 7in.; PV: G. Elliott (W) 12ft. HSJ: J. Welford (W) 44ft. 2½in.; SP: M. Lucking (LU) 49ft. 0½in.; DT: M. Lucking (LU) 146ft. 1in.; JT: C. Smith (TVH) 211ft. 2½in.

NORTHERN COUNTIES GRADED MEETINGS

June 16th. 100: D. C. Adams (P. Sunlight) 10.0; 440: K. Wilcox (Sutton) 50.5; Mile: B. Needham (Sefton) 4:32.4: 1500m.SC: A. Caldwell (Pemb.) 4:44.4; LJ: S. Martin (Sefton) 20ft. 2in.

June 24th. 100: R. Ridyard (Wirral) 10.5; 220: S. Martin (Seft.) 23.5; 880: P. Stevens (Liver.) 1:57.3; 2M: T. J. Blythe (Wir.) 9:44.0; SP: D. S. McLellan (Birk.S) 38ft. 3¾in.; DT: G. W. Gee (Wallas.) 117ft. 6in.: HT: Dr. R. J. Middlefell (Liver.) 136ft. 6in.; Jun. HT: J. M. Emens (Birk.S) 137ft.; Pembroke A.C. 3000m.SC Champ.: A. Caldwell 9: 33.0 (rec.).

HOVE A.C. "LANGMAID" TROPHY MEETING, July 4th.

1, City of Rochester A.C. 52pts.; 2, Worthing H. 43; 3, Bognor Regis A.C. 37; 4, Brighton A.C. 29; 5, Hove A.C. 22; 6, Horsham B.S.H. 17. 100(A): Macklin (BR) 10.5; 100(B): Peaty (BR) 10.6; 220(A): Buzzard (R) 23.3; 220(B): Laraman (R) 23.8; 440(A): Laraman (R) 51.6; 440(B): Buzzard (R) 53.9; 880: Roseman (B) 1.57.0; Mile: Howard (W) 4.26.9; 2M. Team Race: Horsham. Indiv.: H. Foord (B) 9.26.4. HJ: Mackenzie (B) 5ft. 10in.; LJ: Baines (BR) 20ft. 3in.; SP: Skuja (W) 37ft. 10in.; JT: Kerridge (W) 184ft. 10in.; Mile Medley Relay: Worthing 3.33.0.

Juniors (" Richardson " Trophy)

1,Bognor Regis A.C. 34pts.; 2, Worthing H. 29; 3, Hove A.C. 26; 4, City of Rochester A.C. 20; 5, Brighton A.C. & Horsham B.S.H. 17. 100(A): Eatwell (BR) 10.7; 100(B) Chermsirivatana (H) 11.1; 220(A): Barnett (H) 24.4; 220(B): Knowles (BR) 24.0; 440(A): Knowles (BR) 52.8; 440(B) Roberts (W) 55.4; 880: Roberts (W) 2.03.6; Mile: May (H) 4.25.9; HJ: Templeman (H) 5ft. 4in.; LJ: Knowles (BR) 19ft. 1½in.; SP: Hart (R) 41ft. 7in.

Youths ("Ritchie " Cup)

1, Hove A.C. 55pts.; 2, Worthing H. 40; 3, Bognor Regis A.C. 18; 4, City of Rochester A.C. 13; 5, Brighton A.C. 12; 6, Horsham B.S.H. 6. 100(A): Mills (W) 11.1; 100(B) Ward (H) 11.4; 220(A): Rutherford (H) 23.9; 220(B): Muzio (H) 24.8; 440(A): Muzio (H)54.5; 440(B): Robinson (H) 59.1; 880: Harmes (H) 2.03.8; HJ: Harmes (H) 5ft. 2in.; LJ: Wood (W) 19ft. 1½in.; SP: Gammans (W) 44ft. 4½in.; 4x110: Hove 46.7.

Women ("Archer" Trophy)

1, Brighton A.C. 51pts.; 2, Chelsea Coll. of P.E. (seniors only) 42; 3, City of Rochester A.C. 35; 4, Hove A.C. 33½; 5, Worthing H. 24½. 100(A): Tidey (B) 11.9; 100(B) Stevens (B) 12.2; 220 (A): Green (CC) 26.8; 220(B): Ashcroft (CC) 27.5; 440: Burbridge (CC) 63.8; HJ: Penberthy (CC) 5ft. 1in.; LJ: Penberthy (CC) 16ft. 0in.; DT: Harper (CC) 108ft. 6in.; 4x110: Chelsea Coll. 51.2.

Juniors

100(A): Mudge (R) 12.7; 100(B): Davis (B) 13.2; 150 (A): Orsler (B) 18.9; 150 (B): Groome 19.3; LJ: Barden (H) 15ft 5in.; 4x110: C. of Rochester 55.5.

LONDON SCHOOLS 95½ NORTHERN SCHOOLS 89½

IT was unfortunate that the first match between teams sponsored by the Northern Schools A.A. and "London v. Paris" Schools A.A., at the White City, Manchester, on June 27th, was marred by a stormy evening which considerably affected performances, especially in the field events. In the circumstances the outstanding achievement was the 1:55.1 for the 880 yards by Welsh international, J. N. Williams, who, like M. R. Heath in the mile, had to "go out on his own".

100: 1, G. Cmela (Oratory) 10.2; 2, N. J. Torry (Colchester G.S.); 3, D. B. Griffiths (City of London).

220: 1, N. J. Torry (Colchester) 22.6; 2, D. B. Griffiths (City of London) 22.8; 3, G. Cmela (Oratory) 23.4.

440: 1, B. Durham (Royal Liberty) 51.0; 2, M. R. Woodcock (Worksop) 51.8; 3, D. J. Sagi (Manchester G.S.) 52.0.

880: 1, J. N. Williams (Q.E. Carmarthen) 1:55.1; 2, A. S. Batt (City of London) 1: 57.6; 3, J. F. Snape (St. Edward's, Liv.) 1:58.5.

Mile: 1, M. R. Heath (Mer. Tay. Crosby) 4:19.0; 2, K. P. O'Mahoney (Finchley C.G.S.) 4:21.9; 3, J. Specht (K. Ed. VI, Stafford) 4:25.2.

5,000m.: 1, G. Lawson (Manchester G.S.) 16:7.2; 2, B. Smith (Bishopshalt) 16:7.7; 3,M. L. Statham (Loughborough G.S.) 16:18.2.

1,500 m.S'chase: 1, D. R. Thomas (Priory, Shrewsbury) 4:32.2; 2, M. C. Winterton (Chester City) 4:37.0; 3, P. T. Parsons (Watford G.S.) 4:38.0.

120H: 1, L. Metcalfe (Washington, Durham) 15.2; 2, P. Sunderland (Q.E. Darlington) 15.2; 3, A. Parry (Birkenhead) 15.4.

4x440 Relay: 1, Manchester II 44.8; 2, Manchester I 45.7; 3, London II 47.0. London I dropped the baton.

HJ: 1, R. W. Fitzwater (Thames Valley) 5ft. 10in.; 2, R. J. B. Bird (K. William, I. of M.) 5ft. 10in.; 3, M. A. Ribiero (Dulwich) 5ft. 9in.

LJ: 1, L. Birchall (Thomas Linacre, Wigan) 21ft. 6½in.; 2, P. M. Stafford (Birkenhead 21ft. 4in.; 3, M. A. Ribiero (Dulwich) 20ft 4¾in.

PV: 1, D. Barnard (John Fisher) 12ft. 0in.; 2, D. Dodge (Mellow Lane) 11ft. 0in; 3, T. G. Byrne (St. Anselm's) 10ft. 6in.

HSJ: 1, L. Birchall (Thomas Linacre, Wigan) 43ft. 2½in.; 2, J. Simpson (Wanstead) 43ft. 1in.; 3, A. Jones (St. Marylebone G.S.) 42ft. 6in.

SP: 1, D. Pryor (Wanstead) 48ft. 4½in.; 2, M. J. Vaughan (K. W., I. of M.) 48ft. 0in.; 3, M. E. Powell (Altrincham) 47ft. 10in.

DT: 1. D. Pryor (Wanstead) 152ft. 8in.; 2, C. Woodcock (Ashford G.S.) 140ft. 10in.; 3, M. E. Powell (Altrincham) 139ft. 3in.

JT: 1, J. Greasley (Rickmansworth) 189ft. 1½in.; 2, K. Day (Hertford G.S.) 186ft. 0in.; 3, J. McSorley (Twickenwick).

HT: 1, P. W. Gibbs (Preston Manor) 167ft. 2in.; 2, J. M. Emens (Birkenhead) 154ft. 6in.; 3, E. F. Hufford (Latymer Edmon.) 147ft. 11in.

U.A.U. TEAM FINALS—Birmingham, June 24th.

1, **Loughborough College** 126pts.; 2, **Durham University** 71; 3, **Manchester and Birmingham University** 57; 5, **Bristol University** 25. **100 (A):** Holmes (L) 10.0; **100 (B):** Crane (L) 10.0; **220 (A):** 1, Severs (L) 22.5; 2, Field (Bi.) 22.5; **220 (B):** Holmes (L) 22.8; **440 (A):** Goudge (M) 49.5; **440 (B):** Brooke (L) 50.8; **880 (A):** 1, Day (M) 1:53.7; 2, Fleet (L) 1:54.2; 3, Jordan (D) 1:54.9; **880 (B):** Croom (D) 2:00.5; **Mile:** Tribe (D) 4:13.6 (rec.); **3M:** Shirley (D) 14:26.2; **120H (A):** Birrell (M) 14.7; **120H (B):** Benjamin (L) 16.3; **440H (A):** Goudge (M) 55.7; **440 (B):** Wharmby (M) 58.1; **HJ:** Williams (L) 5ft. 8in.; **LJ:** Malliliau (D) 21ft. 9½in.; **HSJ:** 1, Ambatielos (D) 47ft. 7¼in.; 2, Nuttall (D) 46ft. 1in.

ARMY CHAMPIONSHIPS—Aldershot, June 25th and 26th.

100: 1, Lt. R. J. Baddeley; 2, Sgt. R. Moriarty; 10.1. **220:** 1, Lt. R. J. Baddeley; 2, Sgt. B. Moriarty; 22.5. **440:** 1, Pte. R. A. Woodland; 2, Capt. Williamson; 49.8. **880:** 1, Lt. T. A. Jameson; 2, Lt. C.H.A. Garrett; 1:55.2; **Mile:** 1. Fus. G. E. Ogle; 2, Pte. A. Taylor; 4:12.9; **3M:** 1, Pte. A. Taylor 14.21.2; 2, Pte. M. Corcoran 14:28.0; **3000m. S'chace:** 1, Pte. M. Corcoran; 2, L/Cpl. Henderson; 9:25.0; **12H:** 1, S/Sgt. J. R. Bradley; 2, S.S.I. C. J. Andrews; 15.1; **220H:** 1, S.S.I. C.J. Andrews; 2, Lt. Lane; 26.0; **440H:** S.S.I. C. J. Andrews; 2, Lt. Alcock; 57.2; **HJ:** 1, L/Cpl. A. J. Smith 6ft. 1in.; 2, Sgt. Collins 5ft. 10in. **LJ:** 1, Sec./Lt. A. Ralph 21ft. 7in.; 2, Sgt. Inst J. Cork 21ft. 2in.; **HSJ:** 1, Sec./Lt. A. Ralph 47ft. 0½in.; 2, Gdsm. A. Evans 46ft. 8in.; **PV:** 1, Bdr. G. Morris 12ft. 1in.; 2, Sgt. Inst. Phillips 11ft. 9in.; **SP:** 1, Sgt. R. Guest 46ft. 11in.; 2, Sec./Lt. Crozier 44ft. 7¼in.; **DT:** 1, C.S.M.I. E. A. Cleaver



Brian Hewson, No. 2, wins by inches from Mike Rawson, No. 4, with M. Matuschewski third, in the match between England and East Germany at the White City, London.

E. D. Lacey.

161ft. 11in. (rec.); 2, Sgt. Cunnew 150ft. 2½in.; **HT :** 1, Pte. A. J. Pullinger 169ft. 7in. (rec.); 2, L/Cpl. Melville 148ft. 9in.; **JT :** 1, M. Birch 184ft. 1½in.; 2, L/Cpl. C. Steel 180ft. 10½in.

Women

100 : Sec./Lt. P. A. Price 12.2; **220 :** Sec./Lt. P. A. Price 26.9; **80m. H :** Sgt. Inst. H. R. Hester 13.0; **HJ :** Pte. Foreman 4ft. 7in.; **LJ :** Sec./Lt. P. A. Price 16ft. 7¾in.; **DT :** L/Cpl. Stout 113ft. 5½in.; **JT :** Cpl. M. Thorne 103ft. 7in. (rec.).

CAMBERLEY & DISTRICT A.C. TROPHY MEETING—June 29th.

1, **Wimbledon A.C.** 49pts.; 2, **Border A.C.** 47; 3, **Bracknell A.C.** 41. **100 (A) :** Vass (Br.) 10.8; **100 (B) :** Edwards (Bo.); **220 (A) :** Martin (W) 23.8; **220 (B) :** Elmer (W); **440 (A) :** Martin (W) 51.9; **440 (B) :** Elmer (W); **880 (A) :** Williams (Guildford) 2:04.0; **880 (B) :** Gibson (Br.); **2M (A) :** Collings (Camberley 9:47.0; **2M (B) :** Cummings (W); **HJ :** Bryan (C) 5ft. 8in.; **LJ :** Moulden (W) 18ft. 7in.; **Relay :** Wimbledon 1:38.4.

Juniors

1, **Camberley A.C.** 51½pts.; 2, **Bracknell A.C.** 51; 3, **Border A.C.** 50½. **100 (A) :** Fortune (Br.) 10.6; **100 (B) :** Riddle (Br.) 11.0; **220 (A) :** Fortune (Br.) 24.9; **220 (B) :** Riddle (Br.); **440 (A) :** Batehup (Bo.) 55.7; **440 (B) :** Vickery (C) 57.1; **880 (A) :** Pollard (C) 2:06.2; **880** (B) : Landed (Br.); **Mile (A) :** Bush (Bo.) 5:03.2; **Mile (B) :** Conquer (Bo.); **HJ :** Vickery (C) 5ft. 1in.; **LJ :** Herridge (C) 18ft. 4in.; **Relay :** Camberley 1:43.8.

Women

1, **Aldershot A.C.** 56pts.; 2, **Farnham A.C.** 25; 3, **Walton A.C.** and **Wimbledon A.C.** 22. **100 (A) :** M. Needham (Wa.) 11.4; **100 (B) :** K. Warburton (A); **220 (A) :** M. Winslade (F) 27.8; **220 (B) :** D. Ellis (A); **880 (A) :** S. Lofts (A) 2:50.5; **880 (B) :** J. May (A); **HJ :** Harris (A) 4ft. 9in.; **LJ :** M. Needham (W) 18ft. 6in.; **4 x 110 :** Aldershot 53.4.

Juniors

1, **Aldershot A.C.** 43pts; 2, **Walton A.C.** 39; 3, **Camberley A.C.** 32. **80 (A) :** Hobbs (A) 9.2; **80 (B) :** Hovell (A); **150 (B) :** Hobbs (A) 18.2; **150 (B);** Foshett (Br.) 18.9; **HJ :** Forbes (A) 4ft. 9in.; **LJ :** Hobbs (A) 15ft. 4¼in.; **4 x 110 :** 54.5.

ROAD RACES

WAKEFIELD" 20 "

SIXTY runners faced the starter for the Wakefield "20" on July 4th with the temperature 90 degrees in the shade. After the long climb up Dewsbury Road the leaders were Pawson (Harehills), Cooke and Kirkwood (Haltemprice), Wild (E. Cheshire), Holland (Rockingham), Tarrant (Salford) and Tidswell (Halifax).

At 5 miles Pawson, Cooke, Holland and Tarrant went through in 28.47, followed by Tidswell 28.49, Kirkwood 29.03, Wild 29.17, Harrison (Sutton) 30.16 and Cockcroft (Harehills) 30:25. At the end of the first lap of 6⅔ miles, several runners retired including Wild, Tidswell and McDonald (Haltemprice).

At 10 miles Pawson and Cooke showed 57.48, Tarrant 58.15, Holland 59.45 (whereupon he retired), Kirkwood 60.54, Harrison 61.08 and Cockcroft 61.38. At 15 miles Cooke, looking quite strong, was getting away from Pawson with 1:27.20 against 1:27.25, then over 2½ mins. elapsed before Tarrant went by in 1:30.03, followed by Harrison 1:32.07, Kirkwood 1:33.25, Mullane (Salford) 1:33.45, Cockcroft 1:34.50 and Grundy (Wakefield) 1:36.15. Over the last five miles Cooke pulled away to win comfortably while Tarrant dropped back to finish 6th. Congratulations to 66 year old E. D. Sullivan (Leamington) who defied the sun, and his age, to finish 32nd. **G. G.**

1, B. Cooke (Haltemprice) 1:58.43; 2, K. Pawson (Harehills) 2:00.15; 3, J. W. Harrison (Sutton) 2:03.19; 4, G. M. Mullane (Salford) 2:06.00; 5, M. T. Kirkwood (Halt.) 2:06.49; 6, J. Tarrant (Sal.) 2:08.39; 7, A. Cockcroft (H'hills) 2:08.51; 8, J. Grundy (Wakefield) 2:09.45; 9, A. E. Nendrick (Hull) 2:10.18; 10, V. Short (Sal.) 2:10.42; 11, C. Waudby (Halt.) 2:10.58; 12, J. D. Smith (Epsom) 2:11.02; 13, B. Gomersall (H'hills)

2:13.14; 14, C. Betts (E. Cheshire) 2:15.02; 15, D. Turner (Epsom) 2:15.18; 16, G. Bradshaw (Blackpool) 2:16.34; 17, K. Blades (Hull) 2:16.49; 18, N. Wilson (Seft.) 2:17.44; 19, A. Lawton (H'hills) 2:20.38; 20, J. Legge (Orion) 2:22.41; 21, K. Heaton (Clayton) 2:22.47; 22, L. Tawn (Orion) 2:23.29; 23, G. Stott (Smethwick) 2:25.30; 24, K. Bingley (Wakefield) 2:25.57; 25, S. Ibbotson (Hallam.) 2:28.11.

Handicap : 1, J. W. Harrison; 2, K. R. Blades; 3, J. Grundy. **1st Veteran :** A. E. Nendick.

Teams : 1, Salford 16pts.; 2, Leeds Harehills 21; 3, Epsom and Ewell 55; 4, Wakefield 60.

BROUGH 15 MILES ROAD RACE—June 20th.

1, B. Cooke (Haltemprice R.R.C.) 1:19.10 (rec.); 2, J. Wild (E. Cheshire H.) 1:19.52; 3, J. Fleming-Smith (Rotherham H.) 1:20.15; 4, K. Pawson (Harehills) 1:20.32; 5, M. Kirkwood (Haltem) 1:20.52 ; 6, H. Thompson (Roth.) 1:21.47 ; 7, T. Blackburn (Roth.) 1:22.37; 8, T. Wray (Lincoln W.) 1:22.50); 9, J. Haslam (T.V.H.) 1:23.33; 10, J. Iddon (Bolton Utd.) 1:23.33; 11, A. Bemrose (Lin.) 1:25.15; 12, A. Nendick (Hull) 1:26.05; 13, A. Cockcroft (H'hills) 1:26.58; 14, H. Benson (Hull) 1:27.21; 15, D. R. MacDonald (Haltem.) 1:27.36; 16, K. Bingley (Wakefield) 1:28.09; 17, A. Lawton (H'hills) 1:28.13; 18, C. Waudby (Haltem.) 1:30.15; 19, T. Ramsden (Bol. U.) 1:30.47; 20, K. Blades (Hull) 1:30.55; 21, J. Ibbotson (Hallamshire) 1:31.35; 22, F. Lucop (Hull) 1:32.10; 23, P. Small (Roth.) 1:32.27 ; 24, V. England (Wake.) 1:34.26 ; 25, T. Weatherhead (Airedale) 1:34.38.

Handicap : 1, T. Blackburn (Roth.) 9.30, 1:13.07; 2, J. Iddon (Bol. U.) 7.30, 1:16.03; 3, B. Cooke (Haltem.) 3.00, 1:16.10.

Teams : 1, Rotherham (3.6.7) 16pts.; 2, Leeds Harehills (4.13.17) 34; 3, Haltemprice (5.15.18) 38; 4, Hull 46; 5, Clayton-le-Moors 86; 6, E. Hull 89.

BANBURY H. 10 MILES ROAD RACE, June 27th.

1, R. Davies (Coventry Godiva) 52.33.2 ; 2, P. Killeen (Birchfield H.) 52.58 ; 3, Cpl. Rigby (RAF Halton) 53.40; 4, E. Ibbetson (Essex B.) 54.52; 5, Sgt. James (Halton) 55.00; 6, J. Rooke (Ex. B.) 55.12; 7, M. Crossfield (Godiva) 55.28; 8, B. Kilby (Godiva) 55.29; 9, Dowall (Godiva) 55.52; 10, L. F. Clarke (S.L.H.) 56.05; 11, R. Turner (Godiva) 56.18; 12, P. Driver (SLH) 56.25; 13, B. Codling (Wycombe P.) 56.36; 14, S. Robins (Ex. B.) 56.40; 15, J. Orton (Birch.) 56.44; 16, B. Bacon (Reading) 56.49; 17, T. Buckingham (Leamington) 56.54; 18, M. N. Turner (Leam.) 57.22; 19, H. Lloyd (Godiva) 57.30; 20, Cpl. Culthop (Hal.) 57.52; 21, R. G. Plummer (Belgrave) 58.56; 22, W. J. Feast (Birch.) 59.05; 23, J. Richardson (Read.) 59.33; 24, C. A. Wroth (Southall) 60.03; 25, A. Fern (Tipton) 61.03.

ELING FAIR 10 MILES ROAD RACE—July 4th.

1, H. Downer (Eastleigh A.C.) 55.24; 2, McCalla (Southend A.C.) 56.05; 3, J. Winslade (Portsmouth A.C.) 56.35; 4, Curtis (V.P.H.) 57.43; 5, Hayden (Ports.) 58.34; 6, Bollen (Ports.) 59.00; 7, Bundy (E'leigh) 59.21; 8, Richardson (Reading) 59.44; 9, Jackson (R.N.) 60.09; 10, Maiden (R.N.) 60.14; 11, Plummer (Belgrave) 60.17; 12, Lambeth (Southampton) 62.29; 16, Starrs (Aldershot) 62.53; 17, Wilds (So'ton) 63.01; Sowerby (E'leigh) 61.18; 13, Dean (Westbury) 62.04; 14, Willis (Andover) 62.05; 15, 18, Wiseman (Guildford) 64.02; 19, Ress (Ports. "B") 64.10; 20, Wharton (So'ton) 64.15; 21, Tabor (E'leigh "B") 64.25; 22, Beauchamp (Andover) 65.45; 23, Randerson (E'leigh "B") 65.56; 24, Hilton (Wimbledon) 66.30; 25, Cole (W'bury) 66.52.

Handicap : 1, J. Winslade (Ports.) 50.55; 2, H. Downer (E'leigh) 51.54; 3, A. E. Parsons (Uxbridge) 52.22.

Teams : 1, Portsmouth 9pts; 2, Eastleigh 14; 3, Southampton 31; 4, R.N. (South) 32; 5, Eastleigh "B" 42; 6, Portsmouth "B" 51; 7, T.M.H. 58.

WALKING

by A. D. McSweeney

KEN MATTHEWS' great performance in winning the A.A.A. 2 Miles in the staggering time of 13mins. 19.4secs. had everyone amazed. For the first time since it was put up at Manchester 55 years ago, almost to the day, George Larner's British record of 13:11.4 came within striking distance. Even Roland Hardy in his heyday never did better than 13:27.8 and Matthews beat this by 8.4 secs. It was greatly to Matthews' credit that, for the first time, he deprived Stan Vickers of his almost traditional Style Prize. For this award set the seal on the performance and enhanced its authenticity as one of the great feats of walking.

Vickers having beaten Matthews in an Invitation 2 miles at Peterborough seven days earlier, must have regained some of his confidence, but Matthews gave him no chance to get in front and the Birmingham man went away all the time with these laps :

1:40.6; 3:15.2 (1:34.6); 4:52 (1:37.2); Mile 6:33.6 (1:41.3); 8:14.4 (1:41.4) 9:57.4 (1 : 43) ; 11 : 40.4 (1 : 43) ; 13 : 19.4 (1 : 39).

Record for Birmingham " 25 "

Don Thompson continued his irresistible form with another well-judged win over clubmate Tom Misson in the Birmingham W.C. Silver Jubilee 25 Miles " Outer-Circle " race on July 11th, and his time of 3hrs. 29m. 12secs lowered his own course record of 1956 by 3m. 15secs. Misson was also inside this time. The two Met. boys raced right away from the field and soon disappeared among the buses jogging the busy Ring Road. They were together for close on 20 miles, then Thompson began to show supremacy and draw away gradually. His margin at the finish was 1m. 27s. The Met. team, with first four home, had the rest beaten all ends up and must be fielding the strongest combination at this distance we have yet seen. Arthur Thomson beat Nigel Thompson, which was a surprise. Hughie Neilson showed no sign of his Brighton-and-Back buffeting of seven days earlier and he finished fifth to win the handicap. Albert Staines took the " Bishop's " Cup for first Midlander and Lloyd Johnson — in his sixtieth year — was 13th actual and a member of the Leicester scoring team in second place. What a feat for a man who was second to Tommy Green on the first occasion this race was held !

Ron Laird of the New York Pioneers — about middle class by our standards — has been rather enjoying his few weeks U.S. Army leave here and getting into every event he possibly could, London, Wales, Birmingham and back to London. Opens and Inter-Clubs alike. His general style is forthright and very fair, although he gives one the impression that he has permanent blisters in the manner of his foot placing.

Jack Morgan, the Welsh Area R.W.A. Chairman, is Captain of the R.W.A. team participating in the Nijmegen International 4-Days Marches and we all wish him success in his effort to maintain our record of finishing every team entered since 1928. Arthur Spicer of Surrey W.C. is making his 12th bid and Horace Ball (Lozells) and Fred Plumb (Brighton) are going up for their ninth. A newcomer in the team is Piet de Bree, a Dutch National living at The Hague who is also a member of Lancashire Walking Club. He has taken part successfully on eleven previous occasions as an individual so he won't let the team down.

The Dover to Canterbury and Back 28 Miles takes place today and should provide a repetition of this season's Misson-Thompson duels with the rest a long way back.

July 11th

Birmingham " Outer-Circle " 25 Miles: 1, D. J. Thompson (Met.) 3:29.12 (rec.); 2, T. W. Misson (Met.) 3:30.29; 3, A. G. R. Thomson (Met.) 3:47.37; 4, N. Thompson (Met.) 3:49.10; 5, H. D. Neilson (Woodford) 3:49.45; 6, A. Staines (Leicester) 3:51.39; 7, P. Markham (Leicester) 3:52.42; 8, M. Blyth (Leicester WC) 3:53.07; 9, G. Beecham (Belgrave) 3:58.25; 10, S. R. Mantor (Enfield) 4:00.29; 11, H. McGreechan (Belgrave) 4:1.05; 12, J. Kingham (Highgate) 4:03.03.

Teams: 1, Met. W.C. (1,2,3,4) 10; 2, Leicester W.C. (6,7,8,13) 34; 3, Belgrave H. (9, 10, 17, 18,) 55. Handicap: H. Neilson (all .23m.) 3:26.25. H'cap Team: Royal Sutton.

A.A.A. CHAMPIONSHIPS (Continued from last week)

Pole Vault : Allah Ditta made his long journey worthwhile by taking the pole vault and exposing one of our greatest weaknesses. Without Elliott and Ward, only Rex Porter made any challenge to the overseas challenge and eventually made a triple tie of it for second place. 1, A. Ditta (Pakistan) 13ft. 6in.; 2, H. Hogheim (Norway), S. R. Porter (Birchfield) and P. Coppejans (Belgium) tied at 13ft.; 4, M. E. Nugent (S.L.H.) 12ft. 6in.; 6, J. R. McManus (Achilles) 12ft.

Hop, Step & Jump : John Whall started off in great style with a new Native record, and no-one else approached 49ft., though Ralph got in a good jump to take second place. 1, J. E. C. Whall (Blackheath) 49ft. 2¾in. (Eng. Nat. rec.); 2, M. Ralph (Myron) 48ft. 5in.; 3, D. W. Field (Birchfield) 47ft. 5½in.; 4, F. Wyers (Darlington) 46ft. 6½in.; 5, F. J. Alsop (Hornchurch) 46ft. 2½in.; 6, T. Southall (Achilles) 45ft. 3¾in.

Shot : Arthur Rowe with his first throw beat his own best Championship performmance with 58ft. 5in. and later improved this to within a ¼in. of his British record. 1, A. Rowe (Doncaster P.W.) 58ft. 10¾in.; 2, M. R. Lindsay (Q.P.H.) 56ft. 7½in.; 3, M. T. Lucking (Southend) 54ft. 4¾in. 4, E. Szostak (Belg.) 51ft. 4¾in.; 5, N. Morgan (Croydon) 50ft. 0¼in.; 6, D. R. Harrison (Achilles) 49ft. 11¾in.

Discus : Mike Lindsay achieved a best ever throw of 175ft 7½in., only 2in. outside Tosi's Championship best. 1, M. R. Lindsay (Q.P.H.) 175ft 7½in.; 2, E. A. Cleaver (L.A.C.) 167ft. 4½in., 3, O. Feldmanis (Mitcham) 152ft. 5½in.; 4, W. Schleske (Univ. of Leics.) 152ft. 4½in.; 5, P. Isbester (Ilford) 148ft. 6in.; 6, G. R. Northern (Achilles) 147ft. 6½in.

Javelin : Interesting competition with Hill and Bacon achieving personal bests, the former going to second with his fifth throw. Cullen then took first place with his last throw, only for Colin Smith to pull one out of the bag with his last effort to win. 1, C. G. Smith (T.V.H.) 229ft. 4½in.; 2, P. S. Cullen (Rotherham) 226ft. 2in.; 3, J. Khan (Pakistan) 219ft. 6½in.; 4, G. Hill (Loughborough Coll.) 219ft. 5in.; 5, C. J. Bacon (Notts) 205ft. 8½in.; 6, M. Nawaz (Pakistan) 177ft. 4½in.

Tug-of-War (Catchweight) : Wood Treatment (Bosley) beat Ford Sports by 2 pulls to 0.

4x110 Yards Junior Relay : Chelmsford led into the straight but Shettleston's last man gave them victory with a fine run. 1, Shettleston 43.7; 2, Chelmsford 43.8; 3, Southend 44.2; 4, Q.P.H. 44.3; 5, Brighton 44.3; 6, Southgate 44.5:

ILFORD A.C. "CECIL FRY" TROPHY MEETING, July 4th.

1, Ilford A.C. 47pts.; 2, Essex Beagles 40; 3 equ., Cambridge H. & Woodford Green A.C. 39½; 5, Thames Valley H. 38; 6, Hercules A.C. 37; 7. Victoria Park H. 19½; 8, Belgrave H. 11. 100: 1, J. Omagbemi (TVH) 9.8 (rec.); 2, J. Boughton (I) 10.0; 3, Cornell (H) 10.0. 220: 1, J. Boughton (I) 21.9; 2, Sullivan (H) 22.4; 3, D. Evans (CH) 22.6. 400: 1, G. Le-Roy (B) 49.4; 2, C. Surety (I) 49.7; 3, B. Rider (WG) 50.4. 880: 1, D. Johnson (WG) 1:55.8; 2, R. Irons (VPH) 1:58.9; 3, Strachan (H) 1:58.9; Mile: 1, D. Haith (TVH) 4:12.9; 2, E. Earl (H) 4:14.0; 3, D. Stearns (WG) 4:15.0; 4, R. Shuttleworth (I) 4:16.6; 5, G. Knight (EB) 4:18.0; 6, N. Roberts (TVH) 4:18.0 3M. Team Race: 1, E. Bavistock (EB) 14:25.0; 2, S. Day (VPH) 14:31.4; 3, G. Knight (EB) 14:42.4. 2M. Walk: 1, J. Godbeer (CH) 15:03.6; 2, P. Harrison (I) 15:17.0; 3, C. Williams (I) 15:22.2. HJ: 1, M. Leary (EB) 6ft. 2in.; 2, O. Okuwobi (CH) 6ft. 2in.; 3, Russell (TVH) 5ft. 8in. LJ: 1, G. Britton (EB) 23ft. 0½in.; 2, B. Wheeler (EB) 22ft. 1½in.; 3, R. Collinson (TVH) 22ft 1½in.; 4, Hadler (CH) 22ft. 0¼in. SP: 1, E. Weiland (EB) 47ft. 0¼in.; 2, S. Clarke (WG) 43ft. 10in.; 3, E. Cooke (TVH) 42ft. 10in. DT: 1, Bland (VPH) 137ft. 3½in.; 2, Butterfield (CH) 136ft. 6½in.; 3, J. Weightman (I) 126ft. 6½in. JT: 1, W. Bushnell (I) 180ft. 2½in.; 2, J. Webster (H) 171ft. 8in.; 3, M. Wilcox (CH) 170ft. 1in. 4x110: 1, Hercules 44.9; 2, Woodford Gn. 45.1; 3, T.V.H. 45.4. Non-scoring events: 220: Pyle (WG) 24.1; 880: Jones (VPH) 2:01.4.

Advertise *YOUR* meeting and increase your entries

HOLBEACH ATHLETIC CLUB

12th OPEN MEETING

Saturday, 8th August, 3 p.m.

10 MILE ROAD RACE — Indiv. £7, £3 & £1
Team Trophy & Prizes: 3 4 £2; 3 @ £1
SCRATCH '10' (£7, £3, £1); 4 x 220 Relay
100, 220 and Mile Open Handicaps; Boys 100;
Junior Scratch 100 and 880 (under 19).
Ladies 100 and 880 H'caps; 8 Lincs. Champs.
1st Class 330 grass track, good facilities.

Entries close July 27th to R. E. S. Clay, 82 Spalding Road, Holbeach, Spalding, Lincs.

BELGRAVE HARRIERS

8th OPEN

20 MILES ROAD RACE

on

Saturday, 15th August, 1959 at 3 p.m.
(under A.A.A. laws)
3 sets of Individual, Team and Handicap Prizes
Standard Medals - 2 hrs. 5 mins.

Entries close 4th August

On A.A.A. forms to W. P. BIRD, 2 Sheepcote Lane, Battersea, S.W.11.

Entry fees: Individual 3 shillings, Team 5 shillings

SALE OF LOOP-FILMS

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July, August and September only
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PAIGNTON REGATTA 1959

GRAND ATHLETIC FESTIVAL

(Under A.A.A. & W.A.A. Laws)
To be held in **Queen's Park**
On a perfect Grass Track
Wednesday, 12th August, 1959,
Commencing at 2.15 p.m.

MEN'S EVENTS

	Prizes Valued		
100 yds. Open Hc'p	£7 7	£4 4	£2 2
220 yds. Open Hc'p	£7 7	£4 4	£2 2
440 yds. Open Hc'p	£7 7	£4 4	£2 2
600 yds. Open Scratch	£7 7	£4 4	£2 2
880 yds. Open Hc'p	£7 7	£4 4	£2 2
One Mile Open H'cp	£7 7	£4 4	£2 2
3 Miles Open H'cp	£7 7	£4 4	£2 2
100yds. Veterans' H'cp	£4 10	£3 0	£1 10
High Jump	£4 10	£3 0	£1 10
440 yds. Junior H'cp (17-19 years)	£4 10	£3 0	£1 10
100 yds. Youths' H'cp (15-17 years)	Three Prizes to Value £5		
220 yds. Youths' H'cp (15-17 years)	Three Prizes to Value £5		

LADIES' EVENTS

100 yds. Open H'cp	£3 10	£2 10	£1 10
220 yds. Open H'cp	£3 10	£2 10	£1 10
880 yds. Open H'cp	£3 10	£2 10	£1 10

60 Metres Senior & 150 yards Junior Devon County Championships for County Medals

Entries close first post Thurs., 30th July, 1959.
Enquiries and Entry Forms from (and returned to) C. H. Gilbert, Hon. Athletic Sec., 24 Elmsleigh Road, Paignton, Devon (Tel: 58721).

THE BERNIE HAMES MEMORIAL TROPHY RACE
(Distance 13½ Miles)
at
Mayesbrook Park Sports Arena, Barking
On August 29th 1959 at 3.30 p.m.

AWARDS
Trophy for Winning Team; Trophy for Individual Winner; Medals for First Three Individuals; Medals for Three Scoring Members of First Three Teams; Medals for First Three Veterans to Finish; Standard Medals (1hr. 12mins.); Time Certificates for all Finishers.

Entries—on AAA forms to E. C. Branch, 120 Haig Road, London E.13.
2/6 Individuals, 7/6 Team of Six.
Entries close — 17th August 1959

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