

Athletics

WEEKLY

Vol. 17 No. 29
July 20th, 1963

THE ATHLETE'S MAGAZINE



**INCORPORATING
WORLD ATHLETICS**

INSIDE

Report and
Complete Results of
A.A.A. Championships



Northern
Marathon



Kilby Runs
Fastest Marathon



Buddy Edelen
—special feature



Cover Photo by Mark Shearman:
Kazimierz Zimny (Poland) leading Derek
Ibbotson with one lap to go in the 3,000m.
race at the White City.

Scottish News

by W. DIVERTY

STEVENSON EQUALS VAULT RECORD

David Stevenson (Atalanta) equalled his own Scottish pole vault record of 14'0 $\frac{1}{2}$ " at Pitreavie on July 3rd in the match between the S.A.A.A. (71 pts.) and Atalanta (62). He failed narrowly at 14'2". A blustery wind spoiled conditions.

100 (w.a.): 1, J. Togher (S) 9.8; 2, R. Marshall (S) 9.8; 3, I. Murdoch (A) 10.1. 220: 1, Togher 22.1; 2, A. Patrick (A) 22.4; 3, T. Tait (S) 22.7. 440: 1, M. Campbell (A) 49.8; 2, Tait 50.5; 3, R. Greig (S) 51.1. 880: 1, R. McFarquhar (A) 1:54.2; 2, J. Wenk (guest) 1:54.2; 3, J. Wilson (A) 1:54.6. 1M: 1, G. Brown (A) 4:13.1; 2, G. Brownlee (S) 4:13.8; 3, R. Sinclair (A) 4:17.0. 3M: 1, A. Murray (A) 13:49.0; 2, A. H. Brown (S) 13:57.0; 3, R. McKay (S) 13:58.0. 120H: 1, F. Provan (G) 14.9; 2, A. Belleh (S) 14.9; 3, G. Maclachlan (S) 15.0. 440H: 1, R. Mills (A) 56.4; 2, A. Robertson (S) 56.5; 3, E. Davidson (S) 59.6. 4x110: 1, SAAA 43.1; 2, Atalanta 45.8. 4x440: 1, SAAA 3:20.8; 2, Atalanta 3:27.1. HJ: 1, C. Fairbrother (S) 6'6"; 2, D. Cairns (S) 6'0"; 3, G. Shannon (A) 5'6". PV: 1, D. Stevenson (A) 14'0 $\frac{1}{2}$ "; 2, N. Foster (S) 13'0"; 3, P. Milligan (S) 12'0". LJ: 1, I. Grant (A) 22'4"; 2, J. Lundie (S) 21'11"; 3, Belleh 21'6". TJ: 1, H. Murray (A) 47'7"; 2, J. Owen (S) 43'9 $\frac{1}{2}$ "; 3, Stevenson 43'4 $\frac{1}{2}$ ". SP: 1, I. McPherson (A) 47'7"; 2, J. Nicholson (A) 44'1 $\frac{1}{2}$ "; 3, J. Scott (S) 40'8". DT: 1, McPherson 134'1 $\frac{1}{2}$ "; 2, W. Simpson (A) 119'5 $\frac{1}{2}$ "; 3, I. Drummond (S) 116'0". HT: 1, A. Valentine (S) 168'2"; 2, J. Scott (S) 160'11"; 3, L. Bryce (A) 156'4 $\frac{1}{2}$ ". JT: 1, S. Hill (S) 163'8"; 2, Drummond 159'6"; 3, J. Tynan (A) 154'0".

Women: 100: 1, M. McLeish (Strath) 11.2; 2, J. Lowe (Pit) 11.2; 3, E. Watt (Edin) 11.3. 220: 1, M. Campbell (Mary) 25.5; 2, Lowe 25.8; 3, M. Carmichael (Bella) 26.1. 440: 1, G. Buchanan (West) 58.8; 2, I. Inwood (Mary) 59.2; 3, P. Brown (Edin Un) 60.7.

Citizen Trophy Meeting, Pitreavie, June 27th. 1, St. Modans 61 $\frac{1}{2}$; 2, Pitreavie 46; 3, Larbert Y.C. 40 $\frac{1}{2}$. 100: G. Maclachlan (SM) 10.2. 220: R. Marshall (SM) 22.7. 440:

A. Hogarth (P) 51.9. 880: A. Robb (L) 1:58.9. 1M: T. Brown (SM) 4:28.0. 3M: J. McHattie (SM) 14:48.0. 4x110: Larbert. HJ: J. Campbell (SM) 5'5". LJ: G. Muir (P) 20'6 $\frac{1}{2}$ ". TJ: G. McDonald (P) 44'3 $\frac{1}{2}$ ". SP: I. Macpherson (P) 45'6 $\frac{1}{2}$ ". DT: Macpherson 118'3". JT: A. Dingwall (SM) 163'4".

MAMORE HILL "14"

1. G. Eadie (Cambuslang) 1hr.41m.21s.
2. A. Wood Aberdeen) 1hr.41m.46s.
3. P. Hall (Barrow) 1hr.46m.47s.
4. M. Davies (Reading) 1:48.36; 5, H. Bell (Morpeth) 1:48.57; 6, D. Vickers (Bolton) 1:49.41; 7, H. Mitchell (Shett'n) 1:52.29; 8, R. Lawney (Barrow) 1:53.17; 9, E. Campbell (Loch) 1:59.37; 10, F. Valentine (Bol) 2:00.18; 11, I. Donald (Shett) and M. Logie (Spring) 2:03.12; 13, T. Queen (Unat) 2:04.54; 14, A. Fleming (Camb) 2:08.20; 15, J. Naylor (Bar) 2:10.27; 16, T. Puckrin (Midd) 2:10.55; 17, J. Kelly (Camb) 2:13.27; 18, E. Greenleese (Aber) 2:14.01; 19, A. Norris (Kin) 2:17.40; 20, R. Burt (Camb) 2:17.48.

OPEN EVENTS

Wycombe Phoenix H. include a number of events open to all athletes at two meetings with a visiting German club at Holywell Mead track, High Wycombe. On Wednesday, August 21, 880 and 3 miles; on Tuesday, August 27, 110m. and 440yds. hurdles for seniors, 110m. hds. for juniors, and 80m. hds. for youths. Anyone interested please write to D. M. Slater, "Breeze Mount," Pretoria Road, High Wycombe, Bucks, as soon as possible.

HAMMER TEAM COMPETITION

Eton Manor are organising an Open Team Competition for Hammer Throwers on Sunday, August 18th, to be decided on aggregate. Teams may comprise Seniors, Juniors or Youths throwing their respective weights, but each team must include one senior or second year junior throwing 16lb. hammer. Further details from G. Littlemore, Flat 4, 184, Wick Road, Hackney Wick, London, E.9.

HAMMER CIRCLE REUNION

The Hammer Circle Reunion Week-end will be held at Kimbolton School, Hunts, from 6th-8th Sept. Further details from W. G. Stringer, Kimbolton School.

SHAFTESBURY "10"

(Under A.A.A. Laws)

Saturday, 10th August, 1963

3.00 p.m. At Hendon

PRIZES — First three individuals and first Veteran. Plaques first three teams (3 to score).

R.R.C. Standards apply. L.B.H. "10" in conjunction.

ENTRIES on A.A.A. forms with 3/- entry fee (no team fee) to Roger Simons, 81 Wolmer Gardens, Edgware, Middx., by Wednesday, 31st July.

Advance Notice to C.C. Secretaries

KENT ATHLETIC CLUB

7th Open

YOUTHS' TEAM RACE

For Jubilee Cup (Holders—Luton Hare and Hounds) and usual awards.

January 25th, 1964, at Chislehurst, Kent

Enquiries to R. Hale, 31 Peckham Grove, London, S.E.15.

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EVERY SATURDAY — ONE SHILLING

UNEXPECTED

THE A.A.A. Championships last weekend provided us with something we hardly expected—the world record pole vault by John Pennel whose 16 ft. 8½ in. was one of the greatest athletic feats ever seen in Britain.

Despite this, the sprint victories of the Jones boys—who won their titles largely by their initial speed in the first half of their races—the return of Adrian Metcalfe to something approaching his old form, the hurdling of Taitt and Parker, and quite good performances by some of our athletes in other events, there was something rather flat about Saturday's programme.

Many of the sportswriters have tried to analyse it and suggest reasons for the failure of athletics to pull in the crowds. Personally, I think it is due to a number of factors and there is no one particular reason. It takes one of three things, or a combination of them, to attract a large crowd—personalities, records, national fervour.

We have few of the former at present; the prospect of a world record at one of our meetings is rare—the one last Saturday was an exception; and only very occasionally do we get the latter, which has to be whipped up in the national press beforehand and is decryed by a considerable number of people anyway. So the cult of the motor car and T.V. is too strong for all but the real enthusiast. I think it is as simple as that. There is also, of course, the fact that a small crowd in a large stadium makes for little "atmosphere", which tends to make a vicious circle of the whole thing.

The comprehensive report and results of the Championships this week means that many other items have had to be held over, including Sam Ferris's report of the R.R.C. Marathon and Andrew Huxtable's summary of the Southern Women's Pentathlon in which Mary Rand set two new national records. These and other results awaiting publication will appear next week.

Satisfactory arrangements now seem to have been made for the "A.W." Party trip to Tokyo at a cost of approx. £350. Further details will be announced in the next week or two. There is no restriction on numbers for the Paris trip in September.

THE EDITOR

R.R.C. MARATHON

1, J. G. Lusty (Ealing) 2:28.01; 2, D. G. Dellar (Cambridge H) 2:28.06; 3, M. Keily (Derby) 2:30.04; 4, M. Keough (Eton Manor) 2:31.32; 5, R. Foulkes (Walton) 2:34.18; 6, I. Titterton (Derby) 2:34.27. Full report next week.

MIDLAND WOMEN'S PLACE MARKS

(Not included in previous results)

100m: 2, 12.1; 3, 12.3. 200m: 2, 24.5; 3, 25.3. 400m: 2, 58.9; 3, 59.7. 100 (Gde 'B'): 2, 12.2; 3, 12.3. (Inter) Mile Walk: 2, 10:43.0; 3, 11:13.8. 80yH: 2, 12.1; 3, 12.3.

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

BILL GIDDINGS STANDS DOWN

Dear Sir,

Last November I helped to form the B.A.U. because I felt strongly that the ordinary rank and file of the sport in Britain had a case to be heard and that hitherto the hierarchy of British Athletics had existed in an ivory tower constantly ignoring popular opinion. Now, a great deal of ground has been covered along the road to terminating this position and even many leading personalities sitting on the governing bodies now recognise that the objects of the B.A.U. are soon to be realised and that before long one governing body will function for the nation as a whole. This body being democratically elected and thereby responsible to all the clubs throughout the country and holding safeguards for minorities with effective decentralisation of control on domestic issues to the various area associations. This, I firmly believe, will put an end to the continual unrest which has existed within the sport in Britain since the end of the last War, and which has almost brought the sport to its knees.

But it has now come to light that one small bulwark exists in the path of the above objectives and this is my own personal presence on the Committee of the B.A.U. It appears that a number of key individuals within the sport have stated their willingness to join with the B.A.U. to reach the above objectives and are only holding back because of myself. Further, direct negotiations would be better served if I did not take part in them. Many people will realise how difficult it is for me to stand down now, but the sport and its future prospects is far, far bigger than any one person within it and therefore I am no longer a member of the B.A.U. Committee, but merely one of the many who has contributed 2/6 towards the cause. I can now only hope that the promised support will be forthcoming and that this will enable the forging of the links strong enough to overcome the hostility of those persons who are fighting against the reaching of the above goals because of any possible effects changes may have upon them personally, irrespective of the benefits to British Athletics.

I will, of course, continue with other work within the sport, and in particular the Graded Meetings promoted by my Club and the efforts alongside my two colleagues, Martin Wales and Roy Davis, to overcome the difficulties of the problem of Gd.I. and Gd.II. athletes to find adequate competition during the Track

and Field season. At this point I can only urge everyone within the sport to join the B.A.U. and in doing so I point out to all active athletes the last words of Geoff Dyson before he left for Canada "that it is vital that active athletes interest themselves in the government of the sport for their own benefit." Ten years' experience has shown me that it is not enough for individual athletes to consider only questions of training and coaching to improve themselves, but added to this must be the realisation that the people who run their clubs, their counties, their areas, and their national governing bodies will also directly influence individual performances and therefore the choice of these people is vital to the athlete. For this reason the sports administrators must end the pagoda method of election and institute democracy in its place.

Yours sincerely

Bill Giddings.

A.A.A. TEAM MANAGER WRITES

Dear Sir,

My attention has been drawn to the notice appearing on page 25 of your issue of the 6th July, signed by Messrs. W. Giddings, M. Wales and R. Davis.

I would point out that this office already keeps a fully comprehensive record of athletes who have obtained their Grade I and II Standard and, since, in addition to my Honorary Team Management duties I also happen to be the National Standards Secretary, I am well aware of all athletes who are included in the Standards Scheme and who are, therefore, either on the fringe of or ready for representative selection.

It may interest readers to know that 128 athletes have actually competed for the A.A.A. so far this year, a further 49 received invitations and have been unable to accept, and close on 80 names have been forwarded to promoters of invitation events.

Yours sincerely,

Leslie H. Golding,

Honorary Team Manager, A.A.A.

GOOD OLD B.B.C.

Dear Sir,

With Wimbledon, the Test Match and most other sport rained off on July 6th, one would have thought the B.B.C. could have given us at least one or two commentaries from the W.A.A.A. meeting—but, no! They evidently thought listeners who have made a point of tuning into a sports programme would rather

hear "fill-in" music. Still, I suppose we were lucky to get a very brief account of the meeting. Seems the B.B.C. have done it—or rather not done it—again.

To conclude: a criticism of the W.A.A.A. Why does this meeting often clash with the Wimbledon Ladies' Final—the only sporting event involving women, perhaps, which really does draw the crowds. Even those who might otherwise go to see the W.A.A.A. would, I believe, prefer to stay at home and watch Wimbledon on the television.

Yours faithfully,

J. Arnold,
Ilford.

NOT GOOD ENOUGH, B.A.A.B.

Dear Sir,

Last Saturday, July 6th, I attended the Annual Civil Service Sports at College Park. The performances of the visiting English athletes left much to be desired. On inquiring if they were off form or suffering from travel sickness I was informed that this was not the case.

It seems that boys were sent on a man's errand. Some months ago the Secretary of the British Board in reply to the promoters of another meeting issued a statement to the Press that "our policy is to accept invitations

for teams rather than individuals and while we include some of the "stars" we also pick some promising youngsters." Where were the "stars" at this meeting??? Surely the public are entitled to at least some show from a visiting team.

The blame is not with the athletes, they did their best, but to send an 8.57 two miler who is a specialist miler, to compete against an 8.44 man (O'Riordan) is an insult, the fact that he was half a lap in arrears at the finish proves the point. As for the "opposition" in the 880—to send an ex-international half miler who has not run better than 1.50 for quite a long time and a "promising" half miler to compete against the European record holder (Carroll) and the winner of the British Games invitation 880 (Clifford) and a 1:49.6 man (McCleare) is to say the least of it unfair to the visiting athletes.

I hope that in the future the "Board" will consult the form book before sending a team in order that the public and the promoters and the athletes get a fair deal.

Yours faithfully,

Anthony Farrell.

PHENOMENAL WELSH MARATHON BY BRIAN KILBY

HEAVY rain greeted the 35 runners as the gun started the Welsh A.A.A. Marathon on July 6th. The field soon sorted itself out, the early lead being taken by Bob Turney, followed closely by Brian Kilby and Ron Franklin.

Three miles saw the field beginning to really open out with Kilby leading Franklin—a gap—and Brady having a rare old tussle with Turney. Then there was quite a big gap to the main bunch led by Hughes and Jim O'Brien, followed by Vic Tarrant (having his best ever season), Peter Burn and Bill Adcocks.

Kilby and Franklin went through 5 miles in 24:20—and that was the last Ron saw of Brian. Over the next mile the European and Empire champion broke clear away to set up a 300 yards lead at 6 miles. At 10 miles he went by in 50:32, followed by Franklin (52:24). Eddie Brady had succeeded in dropping Turney and was running strongly.

It was the same story up front at 15, but back down the field Adcocks was going like a bomb. He came from nowhere to pass both Turney and Brady as if they were standing still, and stormed up to the 15 miles mark closing with Franklin rapidly. Suddenly he ground to a halt in three strides. He went off again after Ron and did actually manage to pass the game little Tipton Harrier, but dropped out at 18 miles.

The 20 mile mark saw Kilby running like

continued on page 27

MORRIS MOTORS ATHLETIC AND SOCIAL CLUB

SPORTS MEETING

(Under A.A.A. Laws)

SATURDAY, AUGUST 10th, at 2 p.m.

On The Sports Ground,

Crescent Road, Cowley, Oxford

(Buses Nos. 1 and 5 from Station)

OPEN EVENTS—MEN

440 yds. Handicap	Prizes valued:
880 yds. Handicap	1st £10.10.0
1 Mile Handicap	2nd £ 5. 5. 0
2 Miles Handicap	3rd £ 3. 3. 0

SEVEN MILES ROAD RACE

Team (4 to count), Individual and
Sealed H'cp.

Approx. time of start—4.45 p.m.

PRIZES VALUED

Individual	Sealed Handicap	Team
1st £10.10.0	1st £7.7.0	1st 4 at £4.4.0
2nd £ 5. 5. 0	2nd £3.3.0	2nd 4 at £2.2.0
3rd £ 3. 3. 0	3rd £2.2.0	3rd 4 at £1.1.0

Entry Fees: 1/6 first, 1/- each additional event, 5/- team event.

CLOSING DATE: SATURDAY, JULY 27th

ENTRIES TO J. A. T. BOULGER, Gen.
Secretary, Club House, Crescent Road,
Cowley, Oxford.

BORDER A.C. ENTERTAIN THE SOUTH AFRICANS

ON hearing of the tour of the South African native team, Bill Sykes, on behalf of Border A.C., offered to provide the tourists with some friendly competition at Haslemere to help them become acclimatised. Martin Hyman, on behalf of the I.A.C., and Des Pond, warden at Timsbury Manor, where the ten athletes and two team managers are staying, gladly accepted and the meeting took place on July 3rd.

Athletes were invited from other clubs within reasonable reach to help provide adequate competition, and two Texans and an Australian were other welcome guests. Having been elected honorary members of Border A.C., they were each presented with a club badge and the club was pleased to receive a pendant in return.

The most thrilling moment came at the end of the 3 miles when the sound of the bell sent two South Africans streaking away to a frenzy of sheer uninhibited running, passing and repassing each other to record a last lap of 54.6 sec. There appears to be enough talent in this small team to enliven any meeting they attend and they deserve all the support they can get. Results:—

100: (A) 1, Thakoli (SA) 10.4; 2, Knowles (Brighton) 10.5; 3, Fitzpatrick (So'ton) 10.6. (B) 1, Beales (Bor) 10.4; 2, Mokwena (SA); 3, Sweeney (B) 10.8.

220: (A) 1, Beales 22.3; 2, Thakoli 23.0; 3, Knowles 23.2. (B) 1, Mokwena 23.1; 2, Redpath (B) 23.8; 3, Carre (B) 24.0.

440: 1, Thabaneng (SA) 50.1; 2, Frawley (USA) 50.7; 3, Sweeney (B) 51.3.

880: 1, Malaka (SA) 1:56.8; 2, A. Milner (Wal) 1:57.8; 3, P. Milner (Wal) 1:58.0.

Mile: 1, J. Cooke (Prts) 4:10.4; 2, D. Cooke (Ports) 4:12.4; 3, Qithi (SA) 4:15.9.

3M: 1, Mngqibisa (SA) 14:17.4; 2, Makgamathe (SA) 14:17.5; 3, Koloti (SA) 14:30.6.

2,000mSC: 1, Walker (Australia) 6:11.7; 2, Parry (Br) 6:18.8; 3, Humphrey (Hor) 6:29.1.

LJ: 1, Mollett (B. of Eng) 22'7"; 2, Beales (B) 22'7"; 3, Knowles (Br) 22'4".

TJ: 1, Parry 44'13"; 2, Carre 42'10; 3, Mollett 40'44".

HJ: 1, Morris (Wal) 5'10"; 2, Malehesi (SA) 5'10".

SP: 1, Melville (B) 39'9½"; 2, Mark (B) 33'6".

JT: 1, Heartfield (B) 164'4½" 2, Melville (B) 153'11"; 3, Cornish (B) 150'1".

4x110: 1, S. Africa 45.3; 2, Border 46.0; 3, Pierrepont Sch. 47.0; 3, Texas/Walton 47.3.

Yths. 100: 1, Dear (So'ton) 10.6; 2, Bonner (B) 11.6; 3, Simpson (B) 11.6.

Crawley A.C. are organising a 4 Miles Open Road Race in conjunction with Turners Hill Fete on August 31st. Further details later.

SOUTHERN COUNTIES v. KENT v. MILOCARIANS, July 6th

Opening of new Stadium at Duke of York's Royal Military School, Dover. Match abandoned after heavy continuous rain which flooded track. **100:** 1, J. Day (K) 10.3; 2, R. Bruck (SC) 10.4; 3, J. Knowles (SC) 10.4; 4, J. Stocking (K). **440:** 1, J. Robertson (K) 50.4; 2, P. Jones (SC) 50.8; 3, C. Davey (SC) 51.0; 4, G. Thomas (K). **880:** 1, A. Harris (SC) 1:55.0; 2, C. Carter (SC) 1:55.5; 3, D. Johnson (K) 1:56.8; 4, A. Elgie (SC). **Mile:** 1, M. Browne (SC) 4:25.0; 2, R. Adams (SC) 4:26.3; 3, B. Boulton (K) 4:28.1; 4, M. Rowbottom (K). **120H:** 1, G. Manning (SC) 16.0; 2, M. Gatehouse (SC) 16.7; 3, J. Saunders (K) 18.6; 4, Flt/Lt. Gibbons (M). **LJ:** 1, G. Beales (SC) 21'5½"; 2, E. Wood (K) 20'10"; 3, J. Lissaman (K) 20'7"; 4, M. Blaydon (SC) 20'1½". **HT:** 1, W. Dixon (K) 173'0½"; 2, L. Hall (SC) 170'10½"; 3, D. Bayes (SC) 159'7"; 4, Flt/Lt. Taylor (M) 158'5"; 5, W. Heague (K) 154'2½". **J. Whyte (n-s)** 149'6". **Invit. Mile:** 1, R. Bell 4:21.5; 2, A. Rogers; 3, M. Jefferson; 4, M. Burton. First three all close.

IRISH MEETS

College Park, Dublin, July 6th. Heavy track. Clifford led at the bell in 56.1. Times of 2nd and 3rd seemed a little ungenerous as there was only approx. a yard between each. Bob Piercy was down the field, no time given. **880:** 1, N. Carroll 1:51.1; 2, B. Clifford 1:51.4; 3, D. McClean 1:51.5; 4, C. Shillington 1:52.4.

2 Miles. This was Tom O'Riordan's third successive national record in three starts at this distance. After a slow first half-mile in 2:14.1, he picked up the pace himself and led for the remainder of the race, passing the mile in 4:22.6, his second mile showing 4:20.0 with a last lap of 61.6. It was a remarkable performance on a very heavy track and the general consensus of opinion was that it was worth 8.35 in more ideal conditions. 1, T. O'Riordan 8:42.6 (Nat. rec.); 2, A. Milner 9:09.4; 3, P. Milner 9:10.4.

NEW THREE PEAKS RECORD

At 8.30 p.m. on Saturday, June 22nd, Mike Turner, the Liverpool Harriers and Cambridge University international, left Fort William at sea-level, and by 11 a.m. the following morning arrived at Caernarvon, having scaled the peaks of Ben Nevis, Sea Fell Pike and Snowdon. This time of 14 hrs. 30 mins. is believed to be a new record. Mike took 1.41 for Ben Nevis (with a snow blizzard on the top), 1.58 for Sea Fell Pike, and 1.45 for Snowdon. He was driven between the mountains by John Dyson, who covered the 439 miles at an average speed of 51 m.p.h. Apart from intermittent heavy rain in Scotland and cloud above 2500' on all peaks, conditions were reasonable.

J. G. T. Dyson

Race Walking

by L. W. Woodcock

DEATH of R.W.A. Past President: Walking has lost a good and valued friend with the passing of George F. McCombe in his 78th year. George was first associated with the Dunlop W.C. between the two World Wars, and when that Club disbanded he joined Birmingham W.C. His valuable work soon came to be recognised and this led to him becoming a member of the R.W.A. Midland Area Committee. His work in the Midlands included both Coaching and Judging and was recognised by the parent R.W.A. when he was elected President for the year 1936/37. His loss will be felt not only by his Club but also by all associated with our sport.

A.A.A. 2 Miles: Ken Matthews (MCAA and Royal Sutton Coldfield WC) retained his A.A.A. 2 Miles Title with the second fastest time for the Championship series (Best: Vickers, Belgrave H., 13m. 02.4s. in 1960). Ken confirmed that he has lost none of his speed over the shorter distances and it was a little surprising to see how easily Abdom Pamich, the Italian European 50km Champion, was beaten. Ken's lap times were:—1:31.3, 1:38.3, 1:40.6, 1:41.2, 1:43.4, 1:43.2, 1:40.8 and 1:39.4. This was Pamich's first defeat over any distance for nearly two years. Paul Nihill (Surrey WC), walking in this Championship for the first time, finished an easy third, but 10/15 seconds slower than he has been recording recently, no doubt due to a too fast a start over the first two laps when he tried to keep with Matthews. The other three starters were well behind and at the finish Ray Middleton (Belgrave) just managed to edge out Cyril Stapleford (Leicester) for 4th place with Malcolm Tolley (Sheffield) sixth and last. The "Fowler-Dixon" Medal for style was awarded to Matthews.

Birmingham W.C. Open "25": Vaughan Thomas (Belgrave) set a new course record of 3h.25m.43s. in the Open 25 Miles at Birmingham last Saturday. The old record was held by Don Thompson who recorded 3:26.20 in 1960. The London policeman, Charlie Fogg (Enfield) held second place until he "blew up" at about 13 miles. This was no doubt due to his car breaking down on his way to the venue and in order to get to the start in time he had to run the last two miles to the dressing room and only had a few brief moments to get into racing kit. Arthur Thompson (Met. WC) took second place in front of Dennis Vale (Surrey WC), third, and Fogg was just able to hold off Ken Mason (Surrey WC) for fourth place. Belgrave Harriers took the team race with Surrey W.C. second, and Met. W.C. third. The handicap winner was N. Collins (Birmingham)

and the promoting Club took the team handicap prizes. Some competitors went off course but this did not affect the early individual placings.

Today's Events: R.W.A. Southern Area Open 20km and Supporting Events at Victoria Park, where there is an overall entry of 160 individuals, and the Doncaster Charity Gala Open 7 Miles.

July 6th

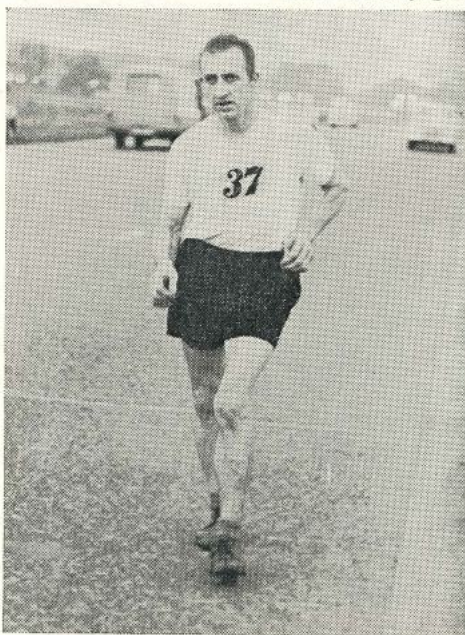
Wiltshire Boys' 2½M Road, Trowbridge. 1, G. Saxty (Nelson Haden Sch) 24.37; 2, G. Millichamp (Adcroft Sch) 25.03; 3, J. Fraser (Adcroft 'B') 26.19; 4, P. Marchant (Ad) 26.44; 5, R. Magill (Ad. 'B') 26.58; 6, M. Burbridge (Nelson H) 27.18. Teams: 1, Adcroft 'A' 11; 2, Nelson Haden 14; 3, Adcroft 'B' 20.

July 10th

Trowbridge A.C. 30 min. Track Walk. 1, B. Russell (Gosp) 3m.1339y; 2, B. Swallow (Trow) 3m.1304y; 3, B. Bullock (Trow) 3m.1179y; 4, J. Woodsford (Trow) 3m.1139y; 5, J. Turner (Trow) 3m.1048y; 6, W. Parr (Trow) 3m.968y.

Croydon Champs. 2M: 1, P. Nihill (Sy. WC) 13:59.8 (meet rec); 2, R. Clark (Poly); 3, D.

continued on page 27



Frank O'Reilly (Lozells H.) on his way to winning the Brighton-London-Brighton Walk in 18 hrs. 43min. 53sec. Ed Lacey

With The Ladies

"NAN BROWN" TROPHY

Croydon, June 22nd

THE 3rd "Nan Brown" Trophy contest saw the organising club, Croydon, victorious for the first time. The day belonged to Joy Catling who, despite the after-effects of food poisoning, won the half and quarter within an hour.

Team Result: 1, Croydon 334 pts.; 2, Surrey 323; 3, Oxford 309; 4, Highgate 250; 5 Selsonia 198; 6, Wimbledon 186.

100(A): 1, J. Emmett (C) 12.3; 2, S. Thomson (SAC) 12.3. **100(B):** C. Jenner (W) 12.5. **220(A):** 1, M. Dew (Sel) 25.6; 2, P. Holden (C) 27.0. **220(B):** J. Hohman (Sel) 27.2. **440(A):** J. Catling (H) 59.6; 2, R. Davies (Sel) 60.2. **440(B):** P. Davies (Sel) 64.0. **880(A):** 1, J. Catling (H) 2:19.0; 2, P. Davies (Sel) 2:24.1; 3, E. Hooper (O) 2:27.0. **880(B):** B. Davies (Sel) 2:28.6. **80mH(A):** 1, M. Symonds (O) 12.5; 2, P. Fordyce (SAC) 13.0. **80mH(B):** C. Sneddon (O) 13.2. **HJ(A):** 1, M. Symonds (O) 4'11"; 2, P. Holden (C) 4'10"; 3, P. Fordyce (SAC) 4'9". **HJ(B):** C. Jenner (W) 4'4". **SP(A):** 1, U.



Pam Davies (Selsonia) winning the W.A.A.A. Mile at the White City on a flooded track in 5m.10.8sec.

Ed. Lacey

Smith (W) 34'3"; 2, M. Clark (SAC) 32'0½"; 3, P. Holden (C) 31'1". **SP(B):** E. Robertson (W) 31'0½". **DT(A):** 1, I. Mackinnon (W) 109'7"; 2, M. Clark (SAC) 93'10½". **DT(B):** E. Robertson (W) 102'7". **4x110:** 1, Selsonia 50.3; 2, Croydon 54.1; 3, Wimbledon 54.1.

Intermediates

100(A): 1, C. Gunter (H) 12.5; 2, P. Harding (C) 12.6. **100(B):** S. Dunt (C) 12.5. **150(A):** 1, C. Gunter (H) 18.7; 2, A. Adams (C) 19.0. **150(B):** 1, P. Harding (C) 18.6; 2, R. Pavitt (O) 18.9. **80yH(A):** 1, P. Dingle (O) 12.6; 2, L. Biggs (Sel) 12.7; 3, M. Barton (SAC) 12.7. **80yH(B):** H. Bryer (C) 13.6. **LJ(A):** 1, M. Barton (SAC) 15'11½"; 2, A. Adams (C) 14'2". **LJ(B):** S. Finch (SAC) 13'5". **DT(A):** 1, B. Harding (C) 117'0½"; 2, P. Dingle (O) 92'8½". **DT(B):** S. Dunt (C) 66'11½". **JT(A):** 1, B. Harding (C) 85'7½"; 2, C. Watts (W) 83'2". **JT(B):** G. Marchant (SAC) 62'5½". **4x110:** 1, Croydon 53.9; 2, Surrey 55.3; 3, Oxford 57.2.

Juniors

100(A): 1, P. Evans (O) 12.1; 2, J. Davey (C) 12.4; 3, L. Chinery (SAC) 12.5. **100(B):** J. Howard (SAC) 12.7. **150(A):** 1, P. Mattingley (O) 18.3; 2, P. Bowes (SAC) 18.5; 3, A. Collingridge (C) 18.5. **150(B):** P. Hammerton (Sel) 19.0. **70yH(A):** 1, L. Chinery (SAC) 10.6; 2, J. Smith (O) 11.6. **70yH(B):** L. Drew (W) 11.9. **HJ(A):** 1, R. Davies (SAC) 4'6"; 2, J. Sterling (C) 4'6". **HJ(B):** L. Kenyon (C) 4'2". **LJ(A):** 1, J. Davey (C) 14'11½"; 2, P. Bowes (SAC) 14'0½". **LJ(B):** L. Chinery (SAC) 14'5". **SP(A):** 1, K. Newton (SAC) 30'8½"; 2, C. White (Sel) 28'3"; 3, J. Davey (C) 26'10". **SP(B):** Y. Kirby (Sel) 24'0½". **JT(A):** 1, K. Newton (SAC) 108'5½"; 2, J. Smith (O) 70'7½". **JT(B):** J. Fitzgerald (C) 75'4". **4x110:** 1, Croydon 53.8; 2, Oxford 54.4; 3, Surrey 55.3. **P.R.P.**

GREAT RELAY LEG BY ARDEN IN 10th LADY GODIVA TROPHY

At Coventry, June 29th

Daphne Arden took over for the Stags on the last leg of the relay in last place, over five yards down on Valerie Hawkins, whom she edged earlier in an 100y run on sodden grass. Graceful as a gazelle, she blazed into an inspired crescendo of power-running to snatch a superlative victory on the final stride.

1, Birchfield 26 pts; 2, Coventry Godiva 18; 3, Bristol 11; 4, City of Stoke 10; 5, Notts 8; 6, Oxford 7; 7, Lozells 2; 8, Small Heath 0.

100: 1, D. Arden (Birch) 11.1; 2, V. Hawkins (Bris) 11.3. **440:** 1, C. Clarke (Bris) 57.4 (meet record); 2, E. Cowan (Birch) 59.0; 3, S. Aldred (Notts) 61.4 (60.8 ht). **880:** 1, G. Carpenter (Cov) 2:20.4; 2, R. Jordan (Birch) 2:22.1; 3, E. Hooper (Ox) 2:26.1. **80mH:** 1, S. Webb (Cov) 11.6; 2, P. Baileff (Stoke) 12.0 (11.9 ht); 3, Arden 12.1. **LJ:** 1, B. Jessop (Notts) 17'8"; 2, Clarke 17'1". **4x110:** 1, Birchfield 50.2; 2, Coventry 50.2. **Jun. 100:** B. Kemp (Birch) 11.9.

P.R.P.

Phyllis Perkins (Ilford) winning the W.A.A.A. 880 yds. in 2min.12.2sec. from Joy Catling (Highgate), Anne Smith (Mitcham) and A. Worner (Germany).



Harry Maylin

PORTSMOUTH ATALANTA TROPHY

June 22nd

1, Portsmouth 91 pts; 2, Southampton 79; 3, Aldershot 75; 4, Hayes & Harlington 60; 5, Gosport 57.

100(A): 1, B. Jones (Port) 11.3; 2, D. Watkinson (Gos) 11.3. 100(B): L. Morgan (Port) 12.1. 220(A): 1, Watkinson 25.8; 2, Jones 26.5. 220(B): J. Curry (H & H) 27.4. 440(A): Watkinson 60.8. 440(B): J. Hale (Port) 68.5. 880(A): 1, S. Lofts (Ald) 2:23.4; 2, S. Whittington (Port) 2:26.3. 880(B): Hale 2:32.8. HJ: S. Forbes (Ald) 5'2". LJ: S. Pratley (S'ton) 15'9½". SP: Watkinson 34'1½". DT: M. Walsh (Port) 114'3". JT: Watkinson 100'4½". 4x110: Portsmouth 52.9.

Juniors

1, eq. Portsmouth & Aldershot 92 pts; 3 Hayes & Harlington 64; 4, Southampton 26.

60(A): S. Bryson (Port) 7.7. 60(B): E. Randle (Port) 11.5. 100(A): 1, D. James (Port) 11.5; 2, S. Wiltshire (H & H) 11.5. 100(B): V. Pearce (Port) 12.4. 150(A): 1, Wiltshire 16.9; 2, James 17.0; 3, H. Hamblin (Ald) 18.0. 150(B): Pearce 18.4. HJ: L. Sims (Port) 4'7". LJ: Hamblin 14' 11½". SP: D. Hoskins (Ald) 27'0". DT: M. Bram (Ald) 74'2". JT: J. Henman (Port) 66' 8½". 4x110: Portsmouth 55.0.

DERBYSHIRE CHAMPIONSHIPS

At Chesterfield, July 1st

100: 1, M. Stokes (Derby) 11.7; 2, S. Aldred (Notts) 11.7; 3, P. Harris (Chesterfield) 11.8. 220: 1, M. Stokes 26.; 2, S. Aldred 26.5; 3, J. Oldfield (Ches) 27.3. 440: 1, S. Aldred 61.9; 2, G. Tivey (Derby) 63.2; 3, J. Insull (Derby) 71.0. 880: 1, G. Tivey 2:25.7; 2, C. Cotton (Derby) 2:36.5; 3, P. Chapman (Ches) 2:44.2. 80mH: 1, G. Collingham (Worksop) 14.5. HJ: 1, J. Insull 4'4". LJ: 1, J. Senior (Ches) 15' 3½"; 2, E. Heeley (Ches) 14'9½"; 3, J. Insull 14'3½". SP: 1, L. Sales (Ches) 30'9"; 2, E.

Heeley 29'4½"; 3, C. Cotton 26'9½". DT: 1, C. Ware (Derby) 88'8½"; 2, P. Burton (Unat) 83'1½"; 3, J. Collin (Derby) 73'5". JT: 1, E. Heeley 74'7"; 2, K. Rogers (Derby) 71' 3½"; 3, J. Collin 66'7". 4x110: 1, Chesterfield 52.9; 2, Derby 53.8.

ROCKINGHAM SPORTS

June 3rd

Northern 4x110 Championship: 1, Hull Achilles 48.0; 2, Darlington 48.6; 3, Sheffield 51.0. Yorks Junior JT Championship: 1, P. Armitage (Rock) 94'9½"; 2, P. Kitching (Hull Sp) 90'7"; 3, F. Smith (Doncaster PW) 87'0½". JT: 1, C. Patrick (Rock) 131'6½"; 2, S. Paul (Harr) 122'5½"; 3, G. Bartle (Roch) 115'1".

C.I.S.W.O. SPORTS

Rockingham, June 8th

100: D. Hyman (Hick) 11.3. 220: Hyman 24.2. 220 H'cap: Hyman (scr) 23.7. SP: J. Thorn (Hick) 35'7". JT: C. Patrick (Rock) 127'10". Girls' JT: G. Clark (Castleford) 85'7".

W.A.A.A. AMENDMENTS

The following amendments to times taken at the W.A.A.A. Championships should be noted, the recorders having misinterpreted some of the times registered to 1/100 sec.

100: Ht 2: Lowe 11.3, McGarvey 11.5; Ht 3: Sukegawa 11.5; Ht 4: Poulton 11.6; Ht 5: Lombaard 11.4, Usher 11.5; Ht 6: Parsons 11.4, Canguio 11.5; Ht 7: Kippax 11.4, Dew 11.4; S-f 1: Packer 11.3; S-f 2: Hall 11.2, Parkin 11.3; S-f 3: Kippax 11.3, Nobbs 11.3.

220: Ht 1: Smart 25.5; Ht 4: Kippax 25.1; Ht 5: Simpson 25.3.

440: Ht 2: Allen 58.6.

80mH: Ht 2: Mills 11.9, Marsden 12.0; Ht 4: Charlesworth 11.3.

Continued on page 19

Austin Wins Welwyn Half-Marathon

By SAM FERRIS

ON a day when most sports suffered a wash-out the hardy road runners tackled the Welwyn Half-Marathon rain sodden course with the carefree "Up ducks and at 'em" attitude. This promotion, on 6th July, was under the sponsorship of "Dyernamics Limited"—Peter Dyer did "the lot" and also had the audacity to compete in his own promotion!

No less than 90 competitors slid out of the stadium on an accurately measured one-lap course previously used for the AAA Marathon. At 2 miles a closely packed dozen shared the lead and time (10.20). First to break up the "half-tea party" was Michael Keily and the only one who cared to join was Eric Austin—old pals these days with best-ever performances. "Rewarded perseverance, you other chaps." These two came up to 5 miles in 25.55, only 5 seconds ahead of Rigby. Seven seconds later came Plews and Prosser, followed by G. Bradshaw (26.12). Elderfield (26.20) was drying out after the torrential shower, Eddie didn't look wet! Probably thinking of the "shower" ahead. Making up the round dozen we had Crowe, Macey, Swords (26.25), Sly and Dyer (26.30)—the latter raising his mile-boards above the floods.

Another tropical shower gathered and "let us have it" where we thought we'd found shelter by the 10 mile check-point—"There was no point in it!" Competitors' numbers were soaked and many fell off, but as ever, the road runners' co-operation saved the day. Around 8 miles Eric Austin shook off Michael Keily and during the stiffish climb to 10 miles opened a gap of 15 seconds; Austin 51.45, Keily 52.00. David Plewes 52.54—he could have had this kind of weather in Hull—ran nicely and enjoyed getting wet, which is more than I can say about Sam Ferris. When Rigby came by in 53.15 he merely led in the T.V.H. "wet-bobs" for the team prize. In so little space I'll name the others who made up the dozen: Elderfield 53.25; Crowe and Macey 53.38 Swords and Prosser 53.47; G. Bradshaw 53.56; O'Callaghan 54.20; Gibson 54.25.

Only one competitor failed to finish the course and so did not qualify for the ball-pen given to all who finished the course—I gave him mine; big-hearted like.

- | | |
|---|-------|
| 1 E. Austin (Worcester H.) | 68.21 |
| 2 M. Keily (Derby and County) | 68.41 |
| 3 D. Plewes (Hull H) | 70.29 |
| 4, B. Rigby (TVH) 70.41; 5, R. Macey (St. Albans) 70.52; 6, P. Crowe (Worcs) 70.56; 7, E. Elderfield (TVH) 71.04; 8, W. Swords (TVH) 71.28; 9, M. Prosser (Welwyn) 71.41; 10, G. Bradshaw (Notts) 71.57; 11, A. Gibson (Bracknell) 72.09; 12, B. Drewett (Mitcham) 72.13; 13, J. O'Callaghan (Vaux.M) 72.23; 14, P. McKenzie Dyer (Wel) 72.40; 15, G. Hicks | |

(TVH) 72.46; 16, M. Wakefield (TVH) 72.53; 17, B. Saunders (TVH) 72.56; 18, H. Soper (Vaux. M) 73.03; 19, V. Greeves (P'boro) 73.17; 20, L. Gaskin (S'gate) 73.33; 21, A. Reavley (Barnet) 73.43; 22, G. Sly (Farnham) 73.49; 23, B. Newman (Hamp.) 74.04; 24, T. Preston (Nuneaton) 74.05; 25, J. Kearns (Epsom) 74.08; 26, A. Layton (Vaux. M) 74.20; 27, F. Armstrong (Notts) 74.37; 28, B. Pearce (B'heath) 75.02; 29, P. Chaplin (Camb. and C) 75.16; 30, P. Hargreaves (H'gate) 75.21; 31, J. Fitzgerald (Mit) 75.24; 32, J. Bradshaw (Camb) 75.48; 33, W. Hage (Notts) 75.53; 34, J. Gilmore (Ealing) 76.10; 35, E. Salnajs (QPH) 76.11; 36, R. Hale (Kent) 76.21; 37, J. Thorpe (St. Alb) 76.29; 38, M. Boylen (Vaux. M.) 76.34; 39, P. Coleman (Vaux. M) 77.19; 40, A. Wilson (Luton) 77.19.

Teams: 1, TVH 16 pts.; 2, Vauxhall Motors A.C. 51; 3, Notts A.C. 66.

Vets: J. Fitzgerald.

10 MILE, 2-MAN RELAY

Organised by Hampstead H. at Bethune Park, Friern Barnet, June 29. 1, J. Sullivan/T. McEnroe (Hornsey) 44.43; 2, F. Burton/J. James (Hampstead) 47.11; 3, A. Bennett/R. Bennett (Hornsey) 47.36; 4, S. Dicker/A. Rockall (Hornsey) 47:40.5. **Helms Invit. 600:** 1, B. O'Sullivan (Hamp) 76.5; 2, M. Douglas (Hamp) 82.0.

WARRINGTON ATHLETIC CLUB

3rd Annual

CHRIS VOSE ROAD RACE

7 MILES APPROX
(Under A.A.A. Laws)

Saturday, 28th September, at 3 p.m.

Start, Finish and Changing at Orford Sec. Mod. Boys' School, Long Lane, Warrington.

Last year's race attracted an entry of 184. 1961: R. Hill (Bolton). Team—Wallasey. 1962: R. Hill (Bolton). Team—Blackpool.

AWARDS—1st Ind. Prize valued £7 and Special Plaque; 2nd to 6th. Prizes valued £5, £4, £3, £2, £1. Teams (3 to score). First 3 teams 3 prizes, total value £9, £8, £3. Also special prize first Warrington runner.

ENTRY FEES—All runners must enter as individuals 2/6. Teams 10/-. All competitors in Team Race to be entered as individuals.

ALL ENTRIES on AAA Ind. and Team forms to C. J. Kelly, "Kals," 19 Chatsworth Ave., Culcheth, Lancs. (Tel: Culcheth 3136).

Entries close 14th September

WORLD Athletics



edited by Melvyn Watman

HELSINKI WORLD GAMES: FINE VICTORY BY JONES

Always the man for the big occasion, Dave Jones turned in his best performance of the season to win the 200m in 21.1 at the Helsinki "World Games" on July 5th. Notable among his victims: Larry Questad (USA), runner-up in the N.C.A.A. 220y (turn) in 20.6. Alan Simpson (1,500m) and Bruce Tulloh (5,000m) also pulled off convincing victories in good times, while Maurice Herriott came very close to his steeplechase best 30y behind European champion Gaston Roelants. Results (July 4th/5th):—

100m: Questad (USA) 10.3, W. Williams (USA) 10.5, Ny (Fin) 10.5, Ulonska (WG) 10.6, D. JONES (GB) 10.7; **200m:** D. JONES 21.1, Ulonska 21.1, Questad 21.1, W. Williams 21.2, Freeman (USA) 21.3, METCALFE (GB) 21.4, Ny 21.5; **400m:** Freeman 46.8, METCALFE 47.5, Atterberry (USA) 47.8, Schmitt (WG) 48.1; **800m:** Matuschewski (EG) 1:48.0, Pelster (USA) 1:49.2, Salinger (CSR) 1:49.5, Niemelae (Fin) 1:49.6, Salonen (Fin) 1:49.6; **800m(B):** Bernard (Fr) 1:50.2; **1,500m:** SIMPSON (GB) 3:43.3, Salonen 3:43.4, Camien (USA) 3:44.8; **5,000m:** TULLOH (GB) 13:59.4, Bernard 14:01.2, Clohessy (Aus) 14:02.2, Hannemann (EG) 14:03.4, Saloranta (Fin) 14:04.4; **10,000m:** Vaillant (Fr) 29:37.6, GERRY NORTH (GB) 30:13.4, Oksanen (Fin) 30:24.4; **3,000mST:** Roelants (Bel) 8:39.2, HERRIOTT (GB) 8:43.6, Siren (Fin) 8:45.4, Dorner (EG) 8:47.6; **110mH:** Forssander (Swe) 14.1, Cortright (USA) 14.1; **400mH:** Atterberry 50.9, Janz (WG) 50.9, Rintamaki (Fin) 52.0; **HJ:** Hellen (Fin) 6'7 $\frac{1}{2}$ "/2.01, Sugioka (Jap) 6'7 $\frac{1}{8}$ "/2.01, Galli (It) 6'7 $\frac{1}{8}$ "/2.01; **PV:** Uelses (USA) 15'9 $\frac{1}{4}$ "/4.80, Morris (USA) 15'9 $\frac{1}{4}$ "/4.80, Nystrom (Fin) 15'9 $\frac{1}{4}$ "/4.80, Laifinen (Fin) 15'5 $\frac{1}{4}$ "/4.70, Ankio (Fin) 15'1 $\frac{1}{4}$ "/4.60, Preussger (EG) 15'1 $\frac{1}{4}$ "/4.60, Jonasson (Fin) 15'1 $\frac{1}{4}$ "/4.60; **LJ:** Eskola (Fin) 26'4 $\frac{1}{2}$ "/8.04 (rec), Areta (Sp) 25'6 $\frac{1}{2}$ "/7.77 (rec), Stenius (Fin) 25'2 $\frac{1}{4}$ "/7.68, Okazaki (Jap) 24'11 $\frac{1}{4}$ "/7.60; **TJ:** Malcherczyk (Pol) 51'11 $\frac{1}{4}$ "/15.83, Areta 51'6 $\frac{1}{2}$ "/15.70, Sakurai (Jap) 51'6 $\frac{1}{2}$ "/15.70; **SP:** Varju (Hun) 62'0 $\frac{1}{2}$ "/18.90, Silvester (USA) 58'9 $\frac{1}{2}$ "/17.92, Yrjola (Fin) 56'10 $\frac{1}{2}$ "/17.34; **DT:** Silvester 196'6 $\frac{1}{2}$ "/59.90, Piatkowski (Pol) 186'3 $\frac{1}{2}$ "/56.79, Danek (CSR) 185'6 $\frac{1}{2}$ "/56.56, Weill (USA) 182'8 $\frac{1}{2}$ "/55.69; **HT:** Zsvitovsky (Hun) 223'0 $\frac{1}{2}$ "/67.98, Connolly (USA) 214'5 $\frac{1}{2}$ "/65.35, Matousek (CSR) 211'0 $\frac{1}{2}$ "/64.33, Suga-

wara (Jap) 210'0 $\frac{1}{4}$ "/64.01, Okamoto (Jap) 206'1 $\frac{1}{2}$ "/62.81; **JT:** Nevala (Fin) 261'4 $\frac{1}{2}$ "/79.65, Machowina (Pol) 250'3 $\frac{1}{4}$ "/76.28, Liemalae (Fin) 249'9 $\frac{1}{2}$ "/76.14.

Tulloh won over 5,000m. in 13:57.6 at Turku on July 9th, beating Hannemann (14.07.8).

WEST GERMANY: REIMERS UPS DISCUS RECORD AGAIN

June 5th, Innsbruck (Austria). 200m: Jellinghaus 21.5, Kaufmann 21.6; 400mH: Haas 51.3, Neumann 51.6.

June 13th, Balingen. 100m: (2.46m/sec. h.w.) Gamper 10.5, Obersiebrasse 10.6; 400m: Reske 47.7, Bruder (Swi) 47.8; PV: Pinder 15'1 $\frac{1}{2}$ "/4.60; 4x100m: ASV Cologne 40.5; Women's 100m: (2.14m/sec. h.w.) Heine 11.9; HJ: Hans 5'5 $\frac{1}{2}$ "/1.67, Kortum 5'5 $\frac{1}{2}$ "/1.67.

June 13th, Leverkusen. 200m: Roderfeld 21.2. **June 13th, Runderoth.** SP: Birlebenbach 57'5 $\frac{1}{2}$ "/17.50.

June 16th, Augsburg. 110mH: Pensberger 14.3; DT: Reimers 193'8 $\frac{1}{2}$ "/59.03 (rec; also 193'6 $\frac{1}{2}$ "/58.98).

June 16th, Kassel. 5,000m: Kubicki 14:12.6. **June 16th, St. Georgen.** 400m: Reske 47.5; 110mH: Willimczik 14.3; JT: Salomon 260'4 $\frac{1}{2}$ "/79.35.

June 17th, Frechen. 400m: Boccardo (Fr) 47.1; 110mH: Duriez (Fr) 14.4, Willimczik 14.4; 400mH: Janz 51.2, Haas 51.7, Neumann 52.2; PV: Reinhardt 15'3 $\frac{1}{4}$ "/4.65; Women's 100m: Heine 11.7, Boateng (Gha) 12.1, Yoda (Jap) 12.1; 400m: v.d. Zwaard (Neth) 56.1; 80mH: (1m/sec. h.w.) Heine 10.9, Yoda 11.0 (eq. rec).

June 18th, Saarbrücken. 100m: (4.4m/sec. f.w.) Enderlein 10.3, Brugier (Fr) 10.4; 200m: (2.1m/sec. f.w.) Brugier 21.4, Kaufmann 21.5; Women's LJ: Luxemburger 20'0 $\frac{1}{4}$ "/6.10w, Ito (Jap) 19'7 $\frac{1}{2}$ "/5.97w.

RHODESIAN RESULTS

May 26th, Salisbury. 100y/220y: du Preez 9.8/21.3; 3M: Sullivan 14:29.0; PV: Burger 13'0 $\frac{1}{2}$ "/3.96.

June 3rd, Salisbury. 100y/220y: du Preez 9.7/21.2; 1M: Sullivan 4:06.4, Olivier (SA) 4:08.9; 440yH: Swart (SA) 52.4, Potgieter (SA) 53.1; HJ: Labuschagne (SA) 6'5 $\frac{1}{2}$ "/1.96, Sibaya 6'4 $\frac{1}{2}$ "/1.93 (rec); PV: Roos (SA) 14'4 $\frac{1}{4}$ "/4.37, Burger 14'0 $\frac{1}{2}$ "/4.27; DT: du Plessis (SA) 173'8 $\frac{1}{2}$ "/52.93, Christie 216'7 $\frac{1}{2}$ "/66.03 (rec).

June 16th, Salisbury. (S. Rhodesian Championships) 100y/220y: du Preez 10.3/22.1; 3M: Sullivan 14:07.2; 6M: Ndhlovu 30:48.2; 120yH/220yH/PV: Burger 15.0/24.2/14'0 $\frac{1}{2}$ " (4.27); JT: Christie 211'3 $\frac{1}{2}$ "/64.39.

June 23rd Gatooma Mine. 100y/220y: Clifford 9.9/21.7; 440y: Prize 49.6; 880y: Hlomani 1:53.5 (52.0 at 440y); 1M/3M/6M: Ndhlovu 4:27.5/14:53.5/30:30.8; 120yH/220yH/LJ/TJ: Ajida 15.7/25.4/20'5 $\frac{1}{2}$ " (6.24)/46'1 $\frac{1}{2}$ " (14.05); HJ: Cleophus 6'0 $\frac{1}{2}$ "/1.83; JT: Sungayi 188'2 $\frac{1}{2}$ "/57.35.

P. W. Kennedy



Personally
Speaking

BUDDY EDELLEN

(In conversation with Melvyn
Watman)

**America's greatest distance
runner talks frankly about
himself and his athletics.**

"I was almost crying at times"

"MY first marathon was the Poly last year—and this was by far my worst one. I ran 2:31:52. At the time I attributed my bad time to (a) being 10 lb. overweight and (b) training too hard. I think the latter had something to do with it. I had run 8:10 for 3,000m only five days before and I did train very hard the following day and almost right up to the day of the race. But I seemed to recover very fast though I was completely out on my feet when I finished.

My legs just gave out completely at 6 miles . . . and I had another 20 to go! I started off slow but I just felt terrible. The heat may have had something to do with it — I don't know. My stomach was rumbling all the way and over the last 10 miles I could hardly put one foot in front of the other.

Quite honestly, when I finished that one it was one of the few times in my athletic career that I've sat back and said: "By God, is it really worth it?" I honestly wasn't prepared to go through that amount of torture and pain again. You know I was in so much pain during that race I was almost crying at times; that's how much it hurt. Fortunately, it's never hurt like that since.

My second marathon was the one in Wales. I wasn't originally going to run in this race but my headmaster Mr. Evans, who is chairman of Hadleigh Olympiads, very kindly offered to drive me down. I would say my victory that day in 2:22:32 was worth a heck of a lot faster. It was terribly windy, and warmish, and I could possibly have been under 2:20 that day in ideal conditions.

"Kosice race was exciting"

The Kosice race was extremely exciting and the Czechs went absolutely wild — this is the

big sporting event of the year in Kosice. I worked my way up and caught the leaders at the turnabout point, which is right on the Hungarian border. Coming back we had a terrific headwind and nobody would lead. There were six of us, lined up in snake-like fashion. I reluctantly took the lead for the last 10 miles or so.

Kantorek, the local favourite, hung on to me until we were almost in the centre of town. I was belting it as hard as I could with about 2 miles to go and I thought I had lost him completely. Then I heard the crowd screaming "Kantorek, Kantorek", like they used to do for Zatopek. I glanced over my shoulder . . . and there he was again. It was enough to make me quit on the spot! We entered the stadium together and he beat me by 1.6 seconds. My time was 2:28:31.4.

I ran 2:18:56.8 in Japan last December and the most surprising thing about that was the fact that I beat Kantorek by six-tenths of a second. So, in a period of running over 52 miles on different sides of the world, there was about two seconds difference between us. I was 4th behind three Japanese and I came away from Tokyo convinced the Japanese will be the people to beat in the Olympics.

Several comments were made to me by various locals after I won the Marathon to Athens race in May. They said the fact I had beaten Bikila's record over the very hilly course, and taking into account the weather conditions, meant that my time of 2:23:06.8 was comparable to running 2:15-2:16 under ideal conditions.

Generally speaking, I perform better on a hilly course than on a flat one because I think I'm blessed with a tremendous amount of intestinal fortitude and can grind it out

up and down the hills. Mel Batty is much the same way. I don't find running a hilly course more enjoyable. On the contrary, it's bloody annoying and tiring, and I much prefer to run on a flat course if I could be assured of winning and running a fast time.

"Time was such a shock"

This brings us to my record in the Poly. I just didn't feel that I was capable of running 2:15. I mean 2:17, yes; 2:16:54 or something, possibly — but not 2:14:28, at least not yet. I could foresee it maybe in the next four or five years if I could continue to improve, but when you get down below 2:20 you don't simply chop four minutes off your time in one race — at least you shouldn't do! This is why the time was such a shock to me, what with being underweight and having had this race in Athens only a few weeks earlier. Until I ran my 2:14:28 honestly it would just scare me when I heard some athlete had run 2:16, 2:15.

If I had been knocking on the door, winning all the time and getting close to world records, it wouldn't have been such a shock. But when you suddenly go from near obscurity to the very top in the matter of 2½ hours . . .

I have noticed, now that I've had six of them under my belt, that the worst part of the marathon, the last six miles, comes easier now. It's still tough, but whereas the last 6 miles used to be a matter of putting one foot in front of the other now the fatigue and the pain is not quite as much. I feel as if I'm getting stronger and I can carry myself better and faster and smoother. It's no longer a matter of plodding.

"Indebted to the English"

What amazes me is the amount I've improved since 1960. I can almost pinpoint it; from the time I first set foot on English soil. I only went on three long runs — longer than 6 or 7 miles — before coming here. Now I knock up 100 miles a week. I feel very indebted to the English, I really do. Those aren't just empty words. If it wasn't for the English club set-up and the competition I get regularly I hate to think how I would be running back in the States.

What I get a real chuckle out of is evaluating the amount of progress I've made from 1960 to say 1964. I know I'm probably assuming too much if I even begin to think I'm going to make as much progress between 1964 and 1968, but even if I have passed the point of diminishing returns it still means there are exciting things in store. I'm tremendously excited over the prospect of possibly running world records at some other event.

If I were a miler or 2-miler I would say that I would probably be right at my peak or would be in the next year or so. But in the marathon endurance plays such an

important part and man physiologically is proven to reach his peak stamina, not as regards athletics but as regards labouring generally, at 32-34 and maybe even 36-38. There's no reason to suppose that a marathon runner should start going downhill at the age of 38. I'm sure it's a matter of lack of motivation.

I would say that I should reach my peak at 32-34. It's a difficult thing to assess, because you don't know what life holds in store for you, but I have a burning desire really to keep up this running. I just don't ever want to see the day when I can't run.

"I'm not sacrificing"

I'm going to try to keep studying, get my Master's degree and then my Doctor's degree and while I'm pursuing these degrees I hope to have the time at my disposal to keep up the necessary training. I don't think two hours a day is that much time out of your life.

My running never interferes with my social life and I don't consider myself as making a lot of supreme sacrifices. When an athlete who has made all these sacrifices fails he's going to be in for a hell of a disappointment. This doesn't mean that I approach my actual training half-heartedly; I get out there and can bloody well train with the best of them. I'll put in my mileage; that's a job to be done, but I'm not sacrificing. It's just one of many things that go to make up my life.

This isn't Fred's idea — Fred Wilt, my coach. I feel at times I've kind of failed him, though he says to me I'm the best pupil he's ever had with regard to mental attitude, enthusiasm, performances, etc. He's completely against alcohol and tobacco and he likes me to develop the killer instinct. His whole attitude is more dynamic and probably far more aggressive than mine.

As far as alcohol is concerned, he doesn't think it makes any contribution to your training, so you're better off without it. I don't exactly agree with him on this. I usually have two pints of beer at night and I need proof that when you're running as much as I do that it's going in any way to harm you. In fact I went to a doctor on this subject and I explained that what I usually do is go to the pub down here, especially in winter, and sit there two or three hours with my books reading and just sipping. I find that not only do I enjoy it but it replenishes the liquid I've lost in running and also it makes me nice and tired and I sleep well. The doctor said you're better off sipping that beer over a period of two or three hours than if you ate a big meal, as the body can only absorb a certain amount of iron at a time. The beer I usually drink has a fantastically high iron content and is considered by many doctors to be more of a tonic than an alcoholic drink. Who am I to argue with the medical profession?!

"I owe a lot to Fred"

Generally speaking, Fred and I get on very well and our ideas coincide. He's ruthless in some respects, but he feels you have to be these days to reach immortality. Yet he's very flexible. When he send me a training programme, if I prefer to strike out (a) suggestion and substitute (b) to my own personal inclination he's 100% for it. He only gives me a general guide but if I get far off the path he's there to scream at me like hell. I owe a lot to Fred.

People have been telling me for years that I've been making a mistake mixing the track and the road, and that you've got to take one or the other or you're going to fall between two stools. I don't think this is true; I think they complement one another because you are judiciously mixing the faster training with the slower.

It's very important mentally to get a break from marathon running. If I had to think of myself doing nothing but running marathons and 15's and 10's on the road I don't know if I would have the mental tenacity to channel my training and all my efforts towards being purely a road runner. I can go from the track to the country to the road—it's wonderful. You never get tired of it.

"I can recover in few days"

I used to think that you needed a minimum of six weeks to recover from a marathon and that three weeks was ridiculous because although physically you could be recovered, mentally you would not be prepared to put forth another supreme effort. I thought three or four marathons plenty in your first year, and four should be the maximum in a year for any marathoner. However, I ran six from June to June, and it hasn't seemed to hurt me. I'm wondering if that couldn't be due to the nature of my training. The way it's geared and the amount of mileage I do a week seems to indicate that I can bash out a marathon and recover in a matter of a few days.

I have a greater mechanical efficiency — I seem to flow along — when I'm out alone. You can relax more, and that means you are conserving energy. When you're running with someone it's always difficult to know how much he has in reserve, how good he feels. But once you break ahead you know he's feeling pretty tough, or else he would come with you — generally speaking, anyway.

There's no such thing as an easy marathon. It's a job that has to be done and you know the pain you are going to have to go through. Sometimes it's a bit less and sometimes a bit more. There are some that are definitely easier than others, but when a runner says this marathon was easy he's only speaking relatively.



The last stride of Buddy's record shattering Poly marathon last month. Mark Shearman

"2:11 not out of question"

It's only a matter of time before they start knocking out 5 minute miles for the whole marathon. When I say they, I like to include myself. If you can knock out 4:52's for ten on the track it's reasonable to assume that on a flat course in ideal conditions, and particularly if you have a following wind, 4:59's all the way — 2:11 speed — are not out of the question. Admittedly, it's an extra 15-odd miles but I think it can be done. It will be a staggering performance, though. That's what I like about the marathon — you've got 26 miles to work with; the poor sprinter has only 100 yards.

Since my record my rivals are thinking I'm the man to beat. Well I am going to think that Brian Kilby is the man to beat; he's the one that holds the A.A.A. marathon championship, not Edelen. If I feel as though I'm ready for a good one and I have a very bad one I would be upset with myself, but if I get beat that's fair enough. In this game, as you know, some days you win and some days you lose.

"Not thinking of medal"

I may go back to the States in December to prepare for the Olympics. Being over here I might have the tendency to race more than I should and I don't want to do what I did in 1960, running so much that when the Trials come along I'm just completely jaded.

I was thinking of returning to Lafayette, where Fred lives, and do my training there. I could get stuck into two or three months solid training without the distraction of any racing. However, I will give this further thought: it's difficult for me to say at the moment. I didn't, of course, envisage running 2:14. I'll probably sound Fred out a bit more before making a final decision. I know one thing—I don't want to race too much.

Though I've got a world best time it was made over a course which is extremely fast. I don't think you want to take too much stock of it. I wouldn't say that this time of 2:14:28, quite honestly, means that I'm that much more favourite to represent the United States at Tokyo than I was before the Poly. It probably scares hell out of my opponents but it doesn't increase my confidence.

I know what it can take to spell the difference between a complete victory in the Olympic trial race or complete disaster, and there is not all that much in it. It could be an injury three weeks before or it could be any number of things. When you have to come through on a given day or you just don't go the selectors don't care how many marathons you've won in different parts of the world. This is what I think is wrong with the selection system. Looking at my record so far, and if I continue to run as I have up till now, you would think that they would almost certainly pick me even if I did have an off-day in the Trials. But they won't do that. People come up to me and say you're a certainty now for a medal in Tokyo. I'm not even thinking of a medal in Tokyo; I'm thinking of making the U.S. Olympic team.

POSTSCRIPT

Just three weeks after Buddy's 2:14.28 per-

Buddy strides out in front of the Czech, Dr. Pavel Kantorek, in Japan. He eventually beat his rival for 4th place by just about that margin!

formance over a course found to be 103 yards short (or about 18 sec.), Brian Kilby won the Welsh Marathon in 2:14.43.

Buddy comments: "It was a damn good run by Brian, and more or less confirms what I said—he is the man to beat. At first I didn't feel disappointed at losing my 'record' but in a way I suppose I do now. When I first heard the Poly course was 103 yards short I was pleasantly surprised—I was sure it was at least a half-mile short! But now I wish they would re-measure it once or twice more to make sure.

Buddy's Training

FEW men have even attempted to race a marathon twice within four weeks, yet during that brief period (May 19th-June 15th, 1963) Buddy Edelen scored two brilliant marathon victories, beating a redoubtable course record in the first and the world's best performance in the second. How did he prepare for the second leg of that fabulous spring double? What follows are extracts from the detailed training diary that Buddy maintains. Every few days Buddy airmails his diary entries to Fred Wilt, who inks in his comments and returns to Buddy.

May 19th: Won Marathon to Athens race in 2:23:06.

May 20th: 30 min. slow jogging and few gentle strides to shake off effects of race. Feel very good except for some nasty blisters caused by rain getting in my shoes. Bit stiff in the legs.

May 21st: Rest. Wilt's comment:— Very wise.

May 22nd: Rest.

May 23rd: Rest.

May 24th: 5-5½M steady but working at it the last mile or so. My legs felt a bit



tired and stiff for some reason. I feel quite recovered and should be able to resume full training soon. Wilt:— Fine.

May 25th: Mile warmup to track; 15x704y (1:57-1:58) with 50-60 sec. jog; mile taper off home. Not a bad little session but I did not seem to be moving too easy. I felt better towards the end but was working hard to maintain the pace. Wilt:— Good workout. Is it not amazing how quickly the body becomes adapted to NOT running?

May 26th: Usual long Sunday run: 22-23M in about 2:02. I was surprised really this was so fast. It is the best time I have done on the course; last time (3 weeks ago) I did 2:04. I wore my Japanese "Tiger" shoes. I felt good running in them; they are fantastically light and I have a wonderful feeling of moving fast in them. My legs were very sore from pounding the last 10M. Wilt:— Excellent. You need this WEEKLY.

May 27th: 4½M home from school at quite a fast pace. However, my legs felt a bit sore from the long run and I did not quite honestly feel up to the fast sprints (as per schedule). Wilt:— OK. This is using good judgment.

May 28th: Morning—4½M to school fast. 5 p.m.—2M slow warmup (few fast strides) then 21x440 (68) with 220 jog briskly (60 sec.). Finally, mile taper off. Ran these with Mel Batty. I felt very good despite nasty wind. I could have done 25 OK, but I was hurting a bit on the last few to maintain 68's in the wind. Am quite pleased with this session. Wilt:— Just fine. Glad to see you back working hard.

May 29th: Morning—4½M to school quite fast. 4 p.m.—15M (approx.) in 1:19. I think this is one of the fastest times I've done this run and especially encouraging considering the wind. Legs felt a bit sore from pounding last 4M but otherwise I seemed to move well. Wilt:— This is terrific training.

May 30th: Morning — 4½M to school working at it but bit slower than yesterday. 4 p.m.—mile warmup, then 7x(stride 55, sprint 55, jog 110, sprint 110, jog 110, sprint 150, jog 150, sprint 220 in 28-30, walk 2 min.). Legs felt tired before this run. I think I attempted to run all sprints too fast. I found the 220's were closer to 30 than 28 sec. I did not feel up to 10 sets; my legs became too heavy. Still, it was a good session. Finally, I did 4½M home moderately fast. Wilt:— EXCELLENT. You do not need the 4½M after the sprints.

May 31st: Morning — 4½M to school moderately fast. 4 p.m. — 25x440 (73-75) with 50 sec. jog; mile taper off. This was a better workout than it seems. I ran on the King John School "rollercoaster" and had a strong wind against me on the uphill 220 part. These were easily worth 70-71. Wilt:— Remember, the big races are approaching

and your volume must be CUT in favour of QUALITY plus rest. But this workout is OK.

June 1st: Mile warmup to park; 3x(10x 110-120 very fast with 110 jog after each), 3 min. jog between sets of 10; mile jog home. I found the sprint session on May 30th left me a bit stiff, and the 220's were not quite fast enough. I did them in sets of 10 to do them faster. Also, this is why I did not attempt more. Went for 15 min. swim in sea following workout. I have been having trouble with blisters lately and find the salt water does wonders for them. Wilt:— Excellent judgment. I think the swim is just fine.

June 2nd: 10-11M steady on road. Decided against the long run today. There was a terribly strong wind blowing and I felt a bit tired. I could have done the long one OK but I don't think I'd have gained much from it. Instead I merely ran along as I felt. Swam in sea after run. Wilt:— Good judgment. The swim is fine.

June 3rd: Went for my usual 22-23M run; about 2:03-2:04. The wind was terrible again. It was with me going out but coming back it almost brought me to a standstill at times. Felt good otherwise. Following run I went for 15 min. swim. The salt water following a hard session is wonderful for the muscles and blisters. Wilt:— Good workout. You need this once each week.

June 4th: 3½M steady to track; 7x(55 stride, 55 sprint, 110 jog, 110 sprint, 150 jog, 150 sprint, 220 jog, 220 sprint, 2 min. walk). Heart returned OK after all 7 sets but my legs were shattered. I found 30's difficult. My legs became very heavy after No. 5 on the 220's and even on the 110's by the 7th. This seems to be a damn tough workout for me. Perhaps it is not wise to do it the day following a long run. Ran 3½M home at quite a good clip and felt better. Wilt:— When you get adapted to this, you should jog EQUAL distance after each sprint. In other words: 55 stride, 55 sprint, 110 jog, 110 sprint, 110 jog, 150 sprint, 150 jog, 220 sprint, 2 min. walk. Perhaps no sprinting after long run is best. Can you arrange to rest after the long run?

June 5th: 10½-11M in 54-55 min. I was quite surprised that this run was so fast. I felt good all the way except the first mile. Decided against the 15 today in view of tired legs yesterday. Wilt:— Just fine. Good judgment.

June 6th: Morning — 6M working hard at it all the way. 5 p.m.—2½M warmup with some fast strides; 4x(440 fast, 440 jog, 440 fast, 330 jog, 440 fast, 220 jog, 440 fast, 110 jog, 440 fast, 5 min. walk), 5 min. walk between sets. Average about 64.8 for the 20x440. Mile taper off. I was extremely pleased; some were in 63. Ran these with Mel Batty, who did 3 sets with me. I found

the last set damn tough and especially the last two 440's in each set. It is a tremendous workout, however. Wilt:— I think this is one of your best workouts ever! Terrific You are in great form!

June 7th: Mile jog to track; 20x440 (70-71) with 45 sec. jog between; $\frac{1}{2}$ M home. Felt a bit tired from the speed session yesterday, and in view of the warm weather, etc. decided on a quick session of moderate 440's. Could have done 25 OK but we have a meeting tomorrow. Wilt:— Good.

June 8th: Club meet at Harlow. 2M warm-up; mile (2nd in 4:23); 30 min. later, 880 (3rd in 2:07); 20 min. later, 110 on the 4x110 relay. I felt a bit tired today and the weather and conditions were not conducive for fast times. These runs took little out of me really and provided some fastish running for me. Wilt:— Good effort.

June 9th: 22-23M in approx. 2:01. This is the fastest I've done this run. Ran with Mel Batty, who had to drop back at 15M. I was more than pleased with the time in view of the warm weather. I had one rough spell at 15-17M when the sun felt especially warm but after that I caught a cooler breeze from the sea and felt quite good. On present form I feel I will have a good run in the Poly. 15 min. swim in sea following run. I am less stiff after today's run than I have been in ages. Wilt:— Great. You are in terrific shape.

June 10th: $\frac{4}{2}$ M home working hard at it all the way. 15 min. swim in the sea. The legs were a bit tired — no more than usual, however, following a long run. Felt much better after swim. Wilt:— Excellent judgment.

June 11th: $\frac{4}{2}$ M to school quite fast. Felt quite good. 6 p.m.—2M of slow jogging and 5x100 strides; 25x440 (67.4) with 220 jog in just under 60 sec.; 880 taper off. I'm very pleased with this session. I trained with Mel Batty and felt quite good. We alternated the 440's and the slowest was 68.0. The fastest was the first (66.7). I could have ground out 30, but decided against it. Covered about 17-18M today. Wilt:—Good judgment in view of the forthcoming Poly marathon. Otherwise I would prefer the 4x(5x440 at 63).

June 12th: $\frac{4}{2}$ M to school quite fast (bit tired in legs). 4 p.m.—11M approx. in 55-56 min. The legs were a bit tired from the fastish 440's yesterday, but it was the sun and heat which made the evening run hard. I could have waited until it cooled off, but wanted to run when it was warm to get used to this heat. It appears it will be similar in the Poly. 15 min. swim after run. Wilt:— OK.

June 13th: Rest.

June 14th: Rest.

June 15th: Won Poly marathon in 2:14:28.

EAST GERMANY: VALENTIN RECAPTURES RECORD BREAKING FORM OF OLD

That enigmatic runner Siegfried Valentin, holder of the world 1,000m (2:16.7) and European mile (3:56.5) records, is currently in tremendous form. He clocked 2:17.9 for the kilometre on June 18th (only he and Dan Waern have ever run faster), though the method of achieving this fine time was somewhat unorthodox. The race as such was over 800m, Valentin leading at this point in a startling 1:47.8 and then continuing for a further 200m in 30.1. Four days later he beat Zoltan Vamos narrowly in a 3:43.0 1,500m and the next day won over the same distance by 15y from Siegfried Herrmann in 3:39.4, 0.7 outside his best.

June 9th, Steinach. HT: Lotz 2'13 $\frac{83}{100}$ "/65.14.

June 12th, Leipzig. PV: Preussger 15'3 $\frac{465}{100}$ "/4.65.

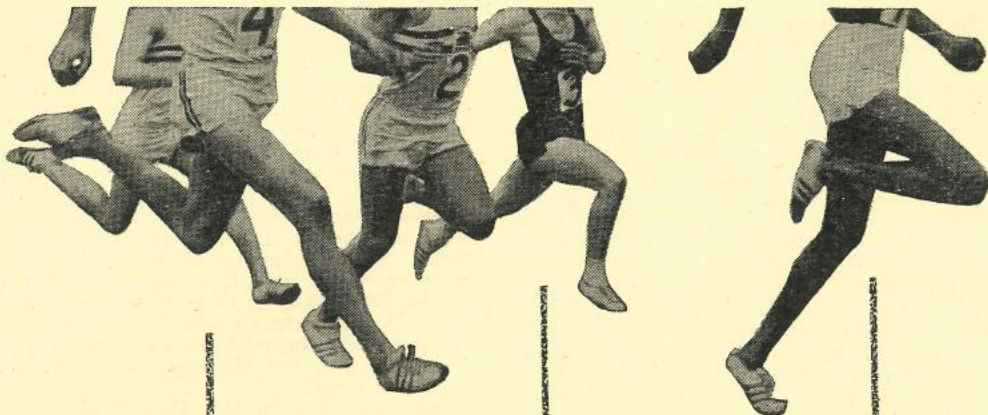
June 12th, Berlin. DT: Thorith 180'7 $\frac{55.04}{100}$ "/55.04.

June 16th, Leipzig. 1,500mST: Misersky 4:06.5; PV: Malcher 15'1 $\frac{4.60}{100}$ "/4.60, Laufer 15'1 $\frac{4.60}{100}$ "/4.60; Women's 100m: Raepke 11.7; SP: Hubner 55'11 $\frac{3}{4}$ "/17.06 (1963 world best); Pen: Balzer 4.478, Geissler 4.405.

June 18th, Potsdam. 800m: Valentin 1:47.8 (continued to 1,000m in 2:17.9, 1963 world best), Richter 1:48.4, Fassinger 1:49.2, Widera 1:49.3, Niephagen 1:49.7.

June 22nd, Berlin. 100m: Csutoras (Hun) 10.5, Bouchaib (Morocco) 10.5; 200m: Mihalyfi (Hun) 21.2, Bouchaib 21.8 (20.8y this year!); 200m(B): Csutoras 21.3; 800m: Matuschewski 1:49.6; 1,500m: Valentin 3:43.0, Vamos (Rum) 3:43.1, May 3:43.4; 5,000m: Barabas (Rum) 14:03.0, Buhl 14:03.0, Herrmann 14:03.4, Tomas (CSR) 14:03.6, Janke 14:04.8, Hanneemann 14:06.6, Kiss (Hun) 14:06.8; 3,000mST: Simon (Hun) 8:41.2 (1963 world best), Doring 8:42.6, Zhanal (CSR) 8:44.2, Misersky 8:47.6, Kohler 8:48.2, Heine 8:51.2 . . . 9, Macsar (Hun) 9:04.6; HJ: Porumb (Rum) 6'9 $\frac{3}{4}$ "/2.06; PV: Tomasek (CSR) 15'5 $\frac{4.70}{100}$ "/4.70, Leseck (Yug), Preussger, Laufer, Malcher (that order) all 15'1 $\frac{4.60}{100}$ "/4.60; LJ: Kluge 25'4 $\frac{7.72}{100}$ "/7.72, Beer 25'0 $\frac{7.62}{100}$ "/7.62; TJ: Zolotaryev (USSR) 52'10 $\frac{16.12}{100}$ "/16.12, Ruckborn 50'5 $\frac{15.38}{100}$ "/15.38; SP: Langer 58'9 $\frac{17.91}{100}$ "/17.91, Kwiatkowski (Pol) 57'9 $\frac{17.61}{100}$ "/17.61, Nagy (Hun) 57'5 $\frac{17.51}{100}$ "/17.51; DT: Bukhantsev (USSR) 182'9 $\frac{55.70}{100}$ "/55.70, Milde 179'1 $\frac{54.59}{100}$ "/54.59, Begier (Pol) 177'4 $\frac{54.07}{100}$ "/54.07; JT: Lusi (USSR) 274'5 $\frac{83.65}{100}$ "/83.65 (1963 world best), Frommhagen 252'10 $\frac{77.06}{100}$ "/77.06; Women's 100m: Itkina (USSR) 11.7, Raepke 11.9; 200m: Itkina 23.5, Raepke 23.8, Balzer 24.0; 800m: Kraan (Neth) 2:10.3, Kaufmann 2:11.6; 80mH: Balzer 10.8; LJ: Geissler 19'9 $\frac{6.03}{100}$ "/6.03; SP: Garisch 55'3 $\frac{16.86}{100}$ "/16.86, Hubner 54'5 $\frac{16.59}{100}$ "/16.59, Helmbold 52'5 $\frac{15.99}{100}$ "/15.99, Bognar (Hun) 51'10 $\frac{15.82}{100}$ "/15.82 (rec); DT: Nemcova (CSR) 176'3 $\frac{53.72}{100}$ "/53.72, Ulbricht 167'8 $\frac{51.11}{100}$ "/51.11, Kleiberne (Hun) 166'3 $\frac{50.69}{100}$ "/50.69.

Next week: Results of the great U.S.S.R. v. U.S.A. match in Moscow.

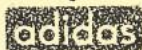


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WOOLFORD WINS NORTHERN MARATHON, JULY 6th

THE Northern Counties marathon championship was held for the first time in Lancashire, with Pembroke A. and C.C. the organisers. On all previous occasions it has been held in Yorkshire in conjunction with either the Doncaster-Sheffield or Hull marathons. Of the 48 entries 37 came under starter's orders.

Weather conditions were ideal, warm with a slight breeze; and it was felt that a good time would be set up. Brian Woolford, running his first official marathon, proved to be the one to do it.

At the 5 mile check Nunn held a lead over the field with a time of 26:28, followed by Howe and Barlow (26:53). Also with these two were Hodgson and Beesley. Then came another group, all in the 27 min. region: Gomersall, Highton, Carroll, Walsham and Thompson.

Ten miles was reached in 54.33 with Nunn and Barlow running together and Howe a second behind. They were followed by Beesley (with the leaders), Carroll (54:52), Woolford (55:41), Gomersall (56:22) and Highton (56:26).

Starting on the second lap at about 13 miles Barlow had opened up a gap of almost 100 yards, but at 15 miles Howe was again at his shoulder (1:21.36). Then came Beesley (1:22:19), Carroll (1:22:24), Woolford (1:22:29) and Hodgson (1:22:39). The field ran into a rainstorm at 20 miles but this did not affect the times and the leader, Barlow, passed through in 1:49:52. His Wallasey clubmate Woolford was beginning to make up ground

and was now 2nd (1:50:01) ahead of Howe (1:50:33), Nunn (1:53:49), Doyle (1:55:25) and Hodgson (1:55:49).

Woolford caught Barlow at 23 miles and pulled right away to win in the very good time of 2:23:41. Barlow held on to 2nd place ahead of Howe. There were 27 finishers with 5 gaining First Class AAA Standards, 8 gaining Second Class and 5 Third Class. Six qualified for First Class RRC standards and 13 for Second Class.

C.A.B.

1. B. Woolford (Wallasey) 2:23.41
2. R. Barlow (Wallasey) 2:26.07
3. F. Howe (Blackpool) 2:26.49
4. L. Doyle (Wirral) 2:33.30; 5. M. Nunn (Longwood) 2:34.57; 6. B. Gomersall (Leeds Harehills) 2:35.16; 7. J. Highton (Pembroke) 2:40.39; 8. L. Carroll (Wirral) 2:42.12; 9. B. Fletcher (Wakefield) 2:48.32; 10. C. Hallinan (Leigh) 2:48.41; 11. J. Lawton (Leeds Hare) 2:48.56; 12. A. Patton (Clayton-Le-Moors) 2:49.24; 13. S. McIvor (Pem) 2:49.41; 14. A. Lawton (Leeds Hare) 2:50.59; 15. A. Walsham (Salford) 2:51.40; 16. L. Nicholson (Pem) 2:52.37; 17. J. Harrison (Sutton) 2:57.28; 18. K. Mackay (Preston) 3:1.22; 19. D. Rosenfield (Manchester Y.M.C.A.) 3:9.07; 20. E. Horrocks (Leigh) 3:10.15; 21. R. Craven (Bingley) 3:11.40; 22. E. Boothryd (Long) 3:13.43; 23. B. E. Jones (Grimsby) 3:19.11; 24. I. McCandless (Warrington) 3:28.21; 25. M. Edge (Sefton) 3:33.51; 26. R. Stringfellow (Warr) 3:47.08; 27. S. Clifton (Warr) 3:55.03.

WITH THE LADIES continued

SOUTHERN OPEN ROAD WALK

Incorporating a Postal International 5km Road Walk between South Africa, Denmark, Australia and Gt. Britain, at Victoria Park, London, on June 29th. The first six, who scored for Gt. Britain, were: 1. J. Farr (Trowbridge) 26.59; 2. M. Lewis (Harborne) 27.42; 3. S. Jennings (LO) 28.24; 4. J. Montgomery (Harborne) 28.41; 5. J. Keen (Croydon) 28.53; 6. G. Powell (Harborne) 29.47. Eva Horsted, representing Denmark, finished 8th in 32.00. Result of the match will be published when all details are in. **Handicap:** 1, Montgomery 25.41; 2, H. Hunter (Harborne) 26.06; 3, J. Jones (Harborne) 26.48.

June 4th

Sutton & Cheam H. Champs: 100: J. Covey 12.2. LJ: J. Covey 13'11½". SP: J. Quick 37'3" (Ch. BP). (Jnr) 100: C. Buchanan 12.8. LJ: C. Buchanan 14'1½".

Lost—Gt. Britain blazer left at the Bovril Cocktail Party following the W.A.A.A. Champs. Postage would be refunded if returned to Pat Nutting, 249 West End Road, South Ruislip, Middx.

LEEK SHOW

Second Annual

TEN MILES ROAD RACE

From Birchall Playing Fields,
Leek, Staffordshire

On TUESDAY, 13th AUGUST 1963
at 7.30 p.m.

Winner, 1962: R. Hill (Bolton United Harriers), 50 mins. 41.4 secs.).

PRIZES

- First Three Individuals valued at £10, £5, £3.
- Most Improved Performance valued at £1.
- Three Prizes valued at £3 for First Team (First three of any club to finish to count).
- Three Prizes valued at £2 for second team.
- Three Prizes valued at £1 for third team.

Entry Fee—2/6. No additional charge for teams.

Entries by 30th July, 1963, to F. J. Wood, 21 Gaol Butts, Eccleshall, Stafford.

A.A.A. CHAMPIONSHIPS, 1963

Melvyn Watman reports from White City, July 12th—13th

FRIDAY, JULY 12th

LAST year I wrote of the A.A.A. 6 miles championship, in which the 8th finisher clocked 28:26.0: "The overall standard was fantastic." What can one say, then, about last Friday's race where Brian Kilby was timed at 28:26.4 in TENTH position? Suffice to record that Britain is more than holding her own in the business of producing top class distance runners.

Ron Hill broke his White City jinx (previously he had always flopped in the big events) and at last proved his true worth as a track runner. Not only did he pour on two final laps of 68.0 and 60.2 to lose Jim Hogan, but he equalled the Commonwealth record of 27:49.8 by Roy Fowler and Mike Bullivant. Only Hungary's Sandor Iharos (27:43.8) has ever run faster. Other records were broken: Hogan improving his Irish figures by 13 sec. and Buddy Edelen slashing 20.6 sec. from Pete McArdle's U.S. mark. Several personal bests went by the board, notably those of Hill, Hogan, Ron Gomez (by a margin of 58.2 sec!), Edelen, Gerry North and Kilby.

Held in almost perfect conditions for distance running, the race kicked off at a fast pace by courtesy of Hogan, reverting to type after his uncharacteristic display in winning the inter-county six. He whisked around the first lap in 65.8 and by the end of the first mile (4:29.4) he was 15y up. At 1½ miles (6:49.0) he led from Hill (6:50.8), Kilby, North, Basil Heatley, Edelen and Gomez—these six each spaced a stride apart—with Mel Batty heading the rest 10y behind.

Hogan came up to 2 miles (9:09.2) still 10-15y to the good over the six-strong group. Batty came next, while Roy Fowler (defending champion), Martin Hyman and Derek Ibbotson formed an all-star trio at 8:17.5. Hill, running with a buoyancy I had never previously noted, set about cutting down Hogan's lead in the 12th lap and at the half-distance the barefoot Irishman (13:52.4) was only a yard clear of the barefoot Lancastrian (the running shoe manufacturers will be facing bankruptcy if the trend continues!) North was 3rd 5y back and clustered together some 15y in arrears were Batty, Kilby, Heatley, Edelen (13:56.4) and Gomez. Hyman, Fowler and Ibbotson followed another 50y behind.

Notable happenings during the 4th mile were that North took over the lead for a brief spell soon after 3½ miles, Heatley was dropped by the main pack and Ibbotson dropped out altogether. Hogan popped back into the lead to pass 4 miles in 18:37.4 but over the last 2 miles it was Hill who forced the pace. His

time at 5 miles was 23:19.0, with Hogan a step behind and Edelen, looking in great danger of falling flat on his back, 3rd in 23:24. Gomez, who despite being Southern champion, is little known on the national plane, was a close-up 4th well ahead of North, Heatley and Batty. At the bell Hogan was still there with a chance but Hill ran him right off his feet with a devastating, prolonged finishing burst—no surprise to those who saw him cover the last 600m. in 89.8 in his recent Swiss 3,000m. victory. A magnificent effort by both runners.

Gomez created a major upset by taking 3rd place in under 28 min. He had a great scrap with Edelen, who like his three conquerors ran the track race of his life. Kilby, only six days after his fantastic marathon run, took 20.6 sec. off his previous best. What a race the A.A.A. marathon promises to be: Kilby v. Edelen v. Hill!

Hill said afterwards that prior to the race he thought he would do between 28:30 and 28:40. On the morning of the race he went for a 4 mile run round the streets and he spent six hours travelling by car from Manchester. The immediate ambition of the 5'6½" tall, 24-year-old textile chemist is to make the British Universities team for Brazil this summer. Next year he has his eyes on both the 10,000m and marathon in Tokyo.

The lap times were 65.8, 67.6, 67.4, 68.6, 69.6, 70.0, 69.8, 70.4, 70.4, 70.4, 71.0, 71.4, 71.0, 70.8, 70.8, 72.4, 69.2, 71.0, 70.0, 71.4, 71.2, 71.4, 68.0, 60.2.

The all-time 6 miles list now reads:

27:43.8	Iharos (Hun)	1956
27:49.8	Fowler (GB)	1962
27:49.8	Bullivant (GB)	1962
27:49.8	Hill (GB)	1963
27:52.0	Hyman (GB)	1962
27:52.2	Halberg (NZ)	1960
27:52.8	Power (Aus)	1960
27:54.0	Stephens (Aus)	1956
27:54.2	Hogan (RoI)	1963
27:56.6	Batty (GB)	1962
27:57.4	Tulloh (GB)	1962
27:59.2	Zatopek (CSR)	1954
27:59.4	Gomez (GB)	1963

Controversy once more raised its ugly head, the occasion being the half-mile heats. Mike Fleet, who finished 4th and out of the money in the 2nd heat, protested he was bumped and pushed and though one has sympathy for Fleet's bad luck it's all in the game. Astonishingly, though, the track referee, Alf Mitchell, decided to add Fleet's name to the list of finalists. John Williams, even unluckier than Fleet in that in the first heat he tripped over

the sprawled body of Basil Clifford, decided in view of this action to make a formal written protest accompanied by a 10s. deposit. He claimed that he too had been penalised. At first the referee refused to accept, let alone consider, Williams' protest. Later he told the Welsh runner that he would dismiss his objection if he persisted, so Williams decided to save his 10s.

The fastest heat time went to Tony Harris at 1:50.1 with the South African, Khosi, causing something of a stir by winning his heat in 1:50.3. The American stars Greg Pelster and Steve Haas got through only as fastest losers, as did John Camien in the mile. Stan Taylor, last year's champion, found his 56.6 last lap insufficient to take him into the final.

All three field event titles on offer stayed overseas, though Mike Lindsay went close to upsetting the American 193-footer Dave Weill. Lindsay led by 173'8" to 170'9½" until the 5th round when Weill pushed ahead. Lindsay's series, one of his best ever, was: 173'8", 172'0½", 173'5" 172'10½", 173'2", foul. In contrast, Roy Hollingsworth had a disastrous competition.

Noboru Okamoto, winner last year at 204'0½", threw 205'1½" this time, but this was nowhere near good enough to beat his fellow Japanese, Takeo Sugawara, who added 4½ feet to Mike Ellis' 1960 championship record. Sugawara's other two valid throws measured 210'7" and 212'1½". Howard Payne occupied 2nd place until Okamoto's 205'1½" in the last round. His series: 193'3½", 193'2", 191'2½", 200'5", 203'4" (1963 UK best), foul. Wally Dixon produced his best throw for two years to take 4th.

Tomio Ota did not defend, but Koji Sakurai retained the triple jump title for Japan easily enough with 51'3½" and two others over 51ft. Mike Ralph, with three over 50ft, had the edge over Fred Alsop.

Two noteworthy personal bests by juniors: Michael Selby high jumped 6'3" to qualify for the final, and Peter Beacham, after leading at the bell in 54.1, placed 5th in his 880y heat in 1:51.3.

100 YARDS

Heat 1: (nil wind) 1, S. Antao (Kenya) 9.8; 2, L. Davies (Roath) 10.0; 3, D. Herman

(Man'r Lads) 10.1; 4, R. Thakoli (S. Africa) 10.3; 5, H. Dynes (Norway) 10.7.

Heat 2: (1.6m/sec. f.w.) 1, R. Jones (Woodford Gn) 9.9; 2, V. Manning (Man'r Lads) 9.9; 3, K. Agbo-ola (HHH) 9.9; 4, R. Monsegue (Hornsey) 10.1; 5, M. Bonner (Camb. H) 10.2.

Heat 3: (1.9m/sec. f.w.) 1, B. Jones (Birch) 9.7; 2, L. Questad (USA) 9.9; 3, T. Akingboba (Poly) 10.0; 4, N. Mokwenaemang (S. Africa) 10.2.

Heat 4: (nil wind) 1, W. Williams (USA) 10.0; 2, L. Carter (Ruislip) 10.1; 3, E. Bailey (Lough) 10.2; 4, H. Grace (Blackburn) 10.3; 5, A. McDonald (St. Albans) 10.4.

Heat 5: (0.5m/sec f.w.) 1, D. Young (Southend) 9.9; 2, R. Frith (Poly) 10.0; 3, I. Murdoch (Achilles) 10.2; 4, J. Knowles (Brighton) 10.2.

Heat 6: (0.2m/sec f.w.) 1, A. Meakin (TVH) 9.9; 2, P. Radford (Birch) 9.9; 3, J. Day (B'heath) 10.1; 4, D. England (Small Hth) 10.1.

220 YARDS

Heat 1: 1, S. Antao (Kenya) 21.5; 2, V. Manning (Man'r Lads) 22.0; 3, D. England (Small Hth) 22.1; 4, M. Potter (Poly) 22.4; 5, M. Bonner (Camb. H) 22.7.

Heat 2: 1, B. Smouha (LAC) 21.9; 2, L. Questad (USA) 22.0; 3, K. Agbo-ola (HHH) 22.1; 4, A. McDonald (St. Albans) 22.3; 5, F. Holland (Surrey) 22.9.

Heat 3: 1, D. Jones (Woodford Gn) 22.0; 2, D. Young (Southend) 22.1; 3, H. Grace (Blackburn) 22.2; 4, B. Wickham (Deptford Pk) 23.0.

Heat 4: 1, R. Steane (Wigmore) 21.6; 2, M. Campbell (Glasgow Un) 21.9; 3, R. Summerfield (Camb. and C) 22.7; 4, N. Mokwenaemang (S. Africa) 22.7.

Heat 5: 1, P. Radford (Birch) 22.0; 2, L. Carter (Ruislip) 22.3; 3, J. Day (B'heath) 22.4; 4, R. Thakoli (S. Africa) 22.7.

Heat 6: 1, D. Edwards (Pilkington) 22.0; 2, A. Ronay (Poly) 22.1; 3, J. Henson (Rotherham) 22.8; 4, J. White (B'heath) 23.0.

Semi-final 1: 1, Radford 21.3; 2, Antao 21.3; 3, Steane 21.4; 4, Ronay 21.9; 5, Carter 22.1; 6, Manning 22.3.

Semi-final 2: 1, D. Jones 21.4; 2, Questad 21.6; 3, Campbell 21.7; 4, Smouha 21.7; 5, Young 21.8; 6, Edwards 22.6. (nil wind in all these heats).

CRAWLEY ATHLETIC CLUB

3rd Annual Open 4 x 2 Miles

BOYS' OPEN ROAD RELAY

(Under A.A.A. Laws)

Saturday, 23rd November, at 3 p.m.

From Hazelwick School, Hazelwick Mill Lane, Three Bridges, Crawley.

AWARDS—Winning Team, Jenkins Cup. Medals 1st, 2nd, 3rd Teams. Medal for fastest lap.

ENTRIES—(2/6 1st team, 1/6 others) to J. Butler, 138 St. Mary's Drive, Pound Hill, Crawley, Sussex, by Monday, 11th November.

BOREHAM WOOD ATHLETIC CLUB

4th Annual

OPEN YOUTHS' ROAD RELAY

(4 x 2½ Miles—Under AAA Laws)

Saturday, October 26th, at 3.15 p.m.

AWARDS—Winning team Cup and 4 medals; 2nd team 4 medals; 3rd team 4 medals. Also medal for fastest lap.

ENTRIES (5/- each team) close 15th October to Charles Booth (Wavertree, Barnet Lane, Elstree, Herts. All competitors to be 16-18 on 1st October, 1963. 8 may enter, 4 to run.

440 YARDS

Heat 1: 1, R. Freeman (USA) 48.3; 2, T. Graham (Poly) 48.3; 3, P. Jones (Ilford) 48.7; 4, P. Kelly (RAF) 50.1; 5, J. Marsh (Herc) 50.5.

Heat 2: 1, A. Metcalfe (Leeds) 48.2; 2, G. Thomas (B'heath) 48.2; 3, N. Overhead (Watford) 48.3; 4, P. Thabaneng (S. Africa) 50.8.

Heat 3: 1, B. Jackson (Lozells) 48.4; 2, R. Setti (HHH) 48.5; 3, M. Airey (Blackburn) 48.8; 4, A. Elgie (RAF) 49.1.

880 YARDS

Heat 1: 1, J. Boulter (Bolton) 1:51.0; 2, G. Dean (N. Staffs) 1:51.3; 3, A. Green (Salford) 1:52.2; 4, J. Qithi (S. Africa) 1:52.4; 5, M. Still (Dartford) 1:54.3; 6, C. Frawley (USA) 1:56.9. B. Clifford (RoI) and J. Williams (Carmarthen) d.n.f.

Heat 2: 1, H. Khosi (S. Africa) 1:50.3; 2, D. McClean (RoI) 1:50.5; 3, G. Pelster (USA) 1:50.8; 4, M. Fleet (Croydon) 1:51.3; 5, R. Tutin (Notts) 1:52.0; 6, P. Kilford (Ports) 1:53.2; 7, G. Billington (N. Staffs) 1:54.0; 8, G. Wenk (Welwyn) 2:00.0.

Heat 3: 1, A. Harris (Mit) 1:50.1; 2, N. Carroll (RoI) 1:50.3; 3, S. Haas (USA) 1:50.5; 4, C. Carter (Hove) 1:51.3; 5, P. Beacham (Westbury) 1:51.3; 6, M. Wales (Deptford Pk) 1:52.7; 7, R. Harvey (Croy) 1:53.7.

MILE

Heat 1: 1, A. Simpson (Roth) 4:05.0; 2, W.

McKim (Kettering) 4:05.1; 3, D. Harvey (Mit) 4:05.2; 4, R. Roseman (SLH) 4:05.8; 5, R. Romo (USA) 4:06.8; 6, R. Jones (Ports) 4:12.5; 7, J. Qithi (S. Africa) 4:18.0; 8, H. Utkilen (Norway) 4:18.4.

Heat 2: 1, P. Keeling (Hallam) 4:06.3; 2, M. Lynn (Notts) 4:06.5; 3, J. Camien (USA) 4:06.8; 4, N. Duggan (Spark) 4:07.2; 5, M. Browne (Essex B) 4:07.4; 6, A. Milner (Walton) 4:08.0; 7, R. O'Mahoney (SLH) 4:09.6; 8, J. Thresher (Bel) 4:10.1; 9, I. Pantilat (Israel) 4:16.8.

Heat 3: 1, C. Shillington (W'field) 4:06.8; 2, J. Whetton (Sutton-in-Ash) 4:06.9; 3, S. Taylor (Man'r AC) 4:07.1; 4, N. Fisher (Eton M) 4:08.3; 5, P. Milner (Walt) 4:09.3; 6, J. Snowden (Surrey) 4:09.7; 7, B. Tucker (Roath) 4:10.8.

6 MILES

1, R. HILL (Bolton) 27:49.8 (eq. British Commonwealth, U.K. All-Comers, U.K. National, A.A.A. National and Championship record); 2, J. Hogan (Poly) 27:54.2; 3, R. GOMEZ (Southgate) 27:59.4; 4, L. EDELEN (Hadleigh) 28:00.8; 5, B. HEATLEY (Coventry) 28:05.0; 6, GERRY NORTH (Bel) 28:07.4 (time queried); 7, M. Hyman (Ports) 28:14.2; 8, M. Batty (Thurr) 28:22.6; 9, R. Fowler (N. Staffs) 28:26.2; 10, B. Kilby (Cov) 28:26.4; 11, P. Mellor (Ponders End) 29:06.4; 12, M. Barratt (Ealing) 29:06.8; 13, R. Campbell (Essex B) 29:13.4; 14, W. Adcocks (Cov)



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29:16.6; 15, B. Makgamathe (S. Africa) 30:08.2; 16, J. Doyle (N. Staffs) 30:23.6; 17, D. Mngqibsa (S. Africa) 30:46.8.

440 YARDS HURDLES

Heat 1: 1, W. Atterberry (USA) 51.6; 2, T. Bryan (LAC) 52.7; 3, P. Warden (Lough) 53.9; 4, D. Barrington (N. Staffs) 55.3; 5, P. Pepe (Bel) 56.8; 6, J. Montgomery (Birch) 57.3.

Heat 2: 1, R. Woodland (Herc) 52.8; 2, J. H. Cooper (Lough) 52.8; 3, M. Hogan (Oxford Un) 52.9; 4, R. Barnes (R. Navy) 55.1; 5, R. Poole (Met Police) 56.0; 6, M. Joyce (Surrey) 57.3.

HIGH JUMP

Qualifiers (6'3"): M. Selby (LAC), K. Sugioka (Japan), M. Leary (Essex B), J. Kadiri (HHH), C. Fairbrother (VPAAC), G. Miller (SLH).

Non-qualifiers: A. Kilpatrick (Anglo-Scot), D. Cairns (Springburn), R. Bird (Ach), L. Foster (Camb H), R. Morris (Walton), C. Njoku (Nigeria) all 6'1"; D. Newman (Epsom) and P. Gates (Epsom) 5'11"; Malehas (S. Africa) 5'9".

POLE VAULT

Qualifiers (13'0"): J. Pennel (USA), T. Burton (Stoke), P. Lyons (Army), R. Porter (Welwyn), D. Stevenson (Edin. Un), J. Cramer (USA), J. Rose (USA).

Non-qualifiers: H. Hogheim (Norway) 12'6"; R. Malcolm (RAF) failed 12'6".

TRIPLE JUMP

1, K. SAKURAI (Japan) 51'3 $\frac{1}{4}$ "; 2, M. RALPH (Ach) 50'4"; 3, F. ALSOP (H'church) 50'1 $\frac{1}{2}$ " 4, P. WALKER (Welsh Colleges) 48'0 $\frac{3}{4}$ "; 5, D. BOOSEY (Bel) 47'11"; 6, C. SIMEY (Ach) 47'8"; 7, J. Whall (Lough) 47'0 $\frac{1}{2}$ "; 8, T. Southall (Cov) 46'6"; 9, J. Bullen (Halesowen) 43'10".

DISCUS

1, D. WEILL (USA) 176'10"; 2, M. LINDSAY (QPH) 173'8"; 3, R. BAXTER (Ach) 151'8 $\frac{3}{4}$ "; 4, J. WIGGLINGSWORTH (Barnet) 149'9"; 5, D. Ward (TVH) 149'11 $\frac{1}{2}$ "; 6, A. McKenzie (N. Shields Poly) 147'10 $\frac{1}{2}$ "; 7, O. Feldmanis (Mit) 140'8 $\frac{1}{2}$ "; 8, R. Hollingsworth (Lough) 140'4".

HAMMER

1, T. SUGAWARA (Japan) 215'1" (Champ. rec); 2, N. OKAMOTO (Japan) 205'1 $\frac{1}{2}$ "; 3, H. PAYNE (Birch) 203'4"; 4, W. DIXON (Camb H) 181'9 $\frac{1}{2}$ "; 5, J. DUTTON (RNAC) 174'4 $\frac{1}{2}$ "; 6, Z. NIKAZIS (Southall) 173'7 $\frac{1}{2}$ "; 7, L. Hall (TVH) 168'3"; 8, D. Bayes (Army) 162'4 $\frac{1}{2}$ "; 9, A. Hughes (Army) 160'10 $\frac{1}{2}$ "; 10, B. Thomas (TVH) 159'3".

TUG-OF-WAR (100 STONE)

WOOD TREATMENT (BOSLEY) LTD., beat BROADMOOR STAFF CLUB 2-0.

SATURDAY, JULY 13th

A REALLY great afternoon's athletics, high-lighted of course by John Pennel's superlative display of pole vaulting. The half-

mile final was not quite the class race we had anticipated, but the only major disappointment was the size of the crowd, a mere 8,000 partaking of the athletics feast served at the White City. Without further ado, let's look at each of the finals.

A Jones victory in the 100 yards was expected by many, and so it turned out—only it was Berwyn, not Ron, who delivered the goods. That 9.7 heat victory over Larry Questad on Friday proved to be no fluke; a fine start and pick-up saw him to his first A.A.A. title inches ahead of Questad (who ran a 10.3 100m only a week or two back) and Ron Jones. Title-holder Seraphino Antao was never really in the hunt and he later scratched from the furlong final because of injury.

Another member of the Jones clan, David, handed 20.6 man Questad his second narrow defeat of the afternoon. The Woodford flier enjoyed a handsome lead 50y from the end of the 220, but only just resisted the American's fierce finishing surge. The time, wind-assisted, was a moderate 21.3. Neither Peter Radford nor Dick Steane reproduced their form of the previous evening. It was Jones' fourth title win in five years.

In the 440 we enjoyed the welcome sight of Adrian Metcalfe really digging into the track along the home straight. In a desperate finish, vaguely reminiscent of his victorious relay battle against Ullis Williams two years ago, Metcalfe overhauled his man—46.2 performer Ron Freeman—just before the tape. His time of 47.3 was the best by a British athlete this season. With this success under his belt, Metcalfe is all set to recapture his glorious form of 1961. The revelation of the race was Tim Graham, whose half-miling activities have certainly not harmed his one-lap ability. He smashed his personal best with 47.5 in 4th place and behind him both Nick Overhead and Graham Thomas equalled theirs.

The half-mile was the flattest race of the day, and it produced a freak result in that the first U.K. finisher (in 6th place!) was the practically unknown Midlander, Alan Dean (20). For the first time since his rise to fame, John Boulter disappointed his supporters by finishing one from last in 1:51.8. He was well placed entering the final straight but was passed by man after man in the dash for the tape. Noel Carroll, European record holder at 1:47.5, was a cut above the opposition—rather like Matuschewski in Belgrade. The bell leader was Khosi in 55.5.

Simpson first in 4:04.9: an "ordinary" and not wholly unanticipated result of the mile, yet the race was quite an extraordinary one. The runners adopted sprint cycling tactics for the first 400y, shuffling along reluctantly at about 4:20 pace. Fortunately, one man was not prepared to endure this any longer—that inveterate pacesetter Ray Roseman. He took off to pass the 440 mark in 63.8 and a furlong

later he was all of 30y clear! A 58.4 2nd lap took him to the half-distance in 2:02.2, with Simpson leading the pick at 2:06.6. Roseman's lead at the bell (3:07.0) was reduced to 10y and, inevitably, the whole field frisked by during the penultimate furlong. Simpson, with a 56.3 last lap, won the title by a yard from Peter Keeling, with Roseman getting the biggest cheer of all as he finished gamely in 4:14.8.

Bruce Tulloh scored a dazzling win in the 3 miles by simply crucifying the opposition with a 63.4 9th lap, followed by circuits in 64.6, 67.4 and 63.0. Fast improving Tom O'Riordan was gaining on Tulloh at the end, but the issue was never in doubt. O'Riordan's time of 13:27.0 beat his own Irish record, but he was pushed hard by consistent Don Taylor, who broke new ground with 13:27.4. No fewer than 11 men beat 13½ minutes. Mike Turner was the pacemaker, passing the mile (20y. up) in 4:25.0 and 2 miles in 9:05.4. Despite the sterling qualities of this race, it did not receive the attention it undoubtedly merited as Mr. Pennel was simultaneously entrancing the crowd with his high-flying act.

The steeplechase naturally went to Maurice Herriott (for the 4th time), who produced a sound 8:47.8 clocking 50y up on Ernie Pomfret. George Howard, who never ran faster than 9.15 before this year, ducked under 9 minutes for the first time. Fred Stebbings had a nasty spill in the water jump and deserves every credit for continuing.

Laurie Taitt and Mike Parker put on another of their neck-and-neck races in the high hurdles, Taitt getting the verdict on his fastest-ever time of 14.1. Parker (14.2) was a good yard ahead of the American 13.8 performer, Steve Cortright, who was, however, also credited with 14.2. Hemery, the Midland junior champion, did wonderfully well to reach the final with a time of 14.7.

Willie Atterberry sauntered to his expected 440 hurdles victory over John Cooper, who had the bad luck to miss the U.K. record by a tenth. All of the finalists distinguished themselves and it was pleasing to find Peter Warden chopping 0.8 off his personal best.

The high jump was relatively lacklustre, but this was compensated for in full by the pole vault and long jump. Long before the real excitement began, a little bit of pole vaulting history was made when for the first time two Britons cleared 14ft. in the same competition: Rex Porter and David Stevenson. Trevor Burton, who cleared 14'5¼" recently with a practice vault, disappointed.

Pennel came in at 14'7½, clearing contemptuously first time, but he experienced a crisis at 15'0". Twice he lost his control on the way up and he must have suffered somewhat before finally clearing by at least 18 inches. The next two heights 15'6" and 16'0" presented no problems. By now the crowd was getting really

worked up, thanks to some timely announcements, and even the 3 mile battle was forgotten as Pennel prepared to master the world record height of 16'8¼". Twice he was unable even to begin his run, as his starting position was out on the track. Finally, with the runners by, he sped down the runway, planted the pole firmly and swung himself clearly over. He made three attempts at 17'0¼", but they didn't matter. He had already done enough for one day.

The long jump result was in question from start to finish, the lead constantly changing hands until Fred Alsop, redeeming himself for his below-par triple jumping, settled the issue with a leap of 24'8¼". With his last try Alsop fouled by ½" . . . and landed at 25'4"! The series of the three principal actors in this long jumping drama were as follows: Alsop—22'11¼", 22'7¼", 23'9¼", 24'8¼", 24'6¼", foul; Davies—23'2¼", 23'5", 18'11", 24'1¼", 23'10", 24'7½"; Okazaki—foul, foul, 23'4¼", 24'1¼", foul, 23'7¼". Too bad John Morbey had one of his rare offdays.

Mike Lindsay's shot win could hardly have been more convincing: all six of his puts bettered runner-up Martyn Lucking's 53'9½". They measured 57'10¼", 56'7¼", 55'7¾", 57'2", 56'2½", 56'8". Lucking registered only two valid puts, his 50'10¼" in the 3rd round being a standing effort.

That old war horse, Colin Smith, notched up another javelin success with his best throw of the season, 237'9". He had a good series: 237'9", 225'7", 235'4", 237'8¼", 230'10½", 231'2". Dick Miller, even more of a veteran, was a fine second ahead of John Greasley.

100 YARDS

Semi-final 1: (nil wind) 1, Antao 9.9; 2, Williams 9.9; 3, Meakin 10.0; 4, Radford 10.1; 5, Young 10.1; 6, Davies 10.1.

Semi-final 2: (1m/sec. f.w.) 1, B. Jones 9.9; 2, R. Jones 9.9; 3, Questad 10.0; 4, Frith 10.1; 5, Manning 10.2; 6, Carter 10.2.

Final: (1.9m/sec. f.w.) 1, B. JONES 9.7; 2, QUESTAD 9.7; 3, R. JONES 9.7; 4, ANTAO 9.8; 5, WILLIAMS 9.8; 6, MEAKIN 9.9.

220 YARDS

Final: (2.7 m/sec. f.w.) 1, D. JONES 21.3; 2, QUESTAD 21.3; 3, RADFORD 21.5; 4, STEANE 21.6; 5, CAMPBELL 21.8. ANTAO scr.

440 YARDS

Final: 1, METCALFE 47.3; 2, FREEMAN 47.4; 3, JACKSON 47.5; 4, GRAHAM 47.5; 5, OVERHEAD 47.8; 6, THOMAS 48.2.

880 YARDS

Final: 1, CARROLL 1:50.3; 2, McCLEANE 1:50.8; 3, PELSTER 1:51.1; 4, HAAS 1:51.1; 5, KHOSI 1:51.2; 6, DEAN 1:51.5; 7, Harris 1:51.6; 8, Boulter 1:51.8; 9, Fleet 1:52.8.

MILE

Final: 1, SIMPSON 4:04.9; 2, KEELING

Peter Keeling (Hallamshire) leading **Derek Ibbotson (Longwood)**, **R. Fathers (Bingley)**, **K. Wood (Sheffield)** and **T. McGovern (Hallamshire)** in the graded scratch mile race at Longwood Harriers' meeting at **Huddersfield**. Keeling won in 4 min. 10.3 sec. on a flooded track.



Eric North

4:05.0; 3, SHILLINGTON 4:05.3; 4, CAMIEN 4:06.0; 5, ROMO 4:06.0; 6, LYNN 4:06.2; 7, Whetton 4:06.7; 8, McKim 4:07.2; 9, Harvey 4:07.2; 10, Roseman 4:14.8.

3 MILES

1, B. TULLOH (Ports) 13:23.8; 2, T. O'RIORDAN (RoI) 13:27.0; 3, D. TAYLOR (HHH) 13:27.4; 4, M. NEVILLE (Cov. G) 13:29.4; 5, P. CLOHESSY (Aus.) 13:30.6; 6, J. ANDERSON (Salt.) 13:37.8; 7, E. Strong (Bris) 13:40.0; 8, K. Stewart (Aire) 13:40.4; 9, D. Ibbotson (Long) 13:43.2; 10, J. Cooke (Ports) 13:44.0; 11, M. Turner (Liv) 13:44.0; 12, W. Kerr (Bel) 14:00.0; 13, F. Murray (Edin Un) 14:04.0; 14, K. Wood (Sheff) 14:08.4; 15, M. Batty (Thurr) 14:14.2; 16, D. Mangqibisa (S. Africa) 14:24.2.

3,000 METRES STEEPLECHASE

1, M. HERRIOTT (Spark) 8:47.8; 2, E. POMFRET (Army) 8:56.2; 3, G. HOWARD (Watford) 8:58.0; 4, P. MONTAGUE (Man'r Lads) 9:02.2; 5, B. LEE (Notts) 9:06.6; 6, T. JOHNSTON (Ports) 9:08.6; 7, J. May (Mit) 9:13.0; 8, P. Duggan (Herc) 9:14.6; 9, A. Walker (N. Staffs) 9:16.2; 10, P. Banner (Ach) 9:29.0; 11, F. Stebbings (Croy) 9:31.4.

120 YARDS HURDLES

Heat 1: (nil wind) 1, S. Cartright (USA) 14.6; 2, G. Tymms (Surrey) 14.7; 3, S. Storey (Lough) 14.8; 4, P. Pilbrow (Ach) 15.0; 5, R. Barnes (R. Navy) 15.2; 6, G. Brown (Bellahouston) 15.3.

Heat 2: (nil wind) 1, L. Taitt (HHH) 14.4; 2, P. Sunderland (Ach) 14.9; 3, R. Morrod (Nunthorpe GS) 15.1; 4, J. Watkins (Army) 15.2; 5, D. Price (Short's) 15.2; 6, G. Manning (Dorking) 15.3.

Heat 3: (1.46m/sec. f.w.) 1, M. Parker (Ach) 14.3; 2, D. Hemery (Ruis) 14.7; 3, D. Waters

(Walton) 15.0; 4, Z. Sumich (Sale) 15.1; 5, M. Robinson (Roth) 15.1.

Final: (nil wind) 1, TAITT 14.1 (eq. Champ. record); 2, PARKER 14.2; 3, CORTRIGHT 14.2; 4, TYMMS 14.8; 5, SUNDERLAND 14.8; 6, HEMERY 14.9.

440 YARDS HURDLES

Final: 1, ATTERBERRY 51.2; 2, COOPER 51.7; 3, WOODLAND 52.2; 4, BRYAN 52.7; 5, WARDEN 52.7; 6, HOGAN 52.9.

HIGH JUMP

1, SUGIOKA 6'8"; 2, FAIRBBROTHER 6'6"; 3, KADIRI 6'5"; 4, MILLER 6'4"; 5, LEARY 6'4"; 6, SELBY 6'2".

POLE VAULT

1, PENNEL 16'8½" (World, U.K. All-Comers and Champ. record); 2 eq., CRAMER and ROSE 15'0"; 4, PORTER 14'0"; 5, STEVENSON 14'0"; 6, BURTON 13'6"; 7, Lyons 13'0".

LONG JUMP

1, F. ALSOP (H'church) 24'8¼"; 2, L. DAVIES (Cardiff TC) 24'7¼"; 3, T. OKAZAKI (Japan) 24'1¼"; 4, L. CROXSON (HHH) 23'0¼"; 5, J. MORBEY (Birch) 23'0¼"; 6, A. MOLLETT (Croy) 22'11¾"; 7, A. Endean (Walt) 22'6¾"; 8, B. Peck (Hornsey) 22'2¼"; 9, J. Howell (HHH) and C. Simey (Ach) 21'11"; 11, B. Bale (S'gate) and V. Manning (Man'r Lads) 21'10¼"; 13, J. Lissaman (B'heath) and B. Powell (Ach) 21'4"; 15, J. Montgomery (Birch) 20'9¼"; 16, E. Dalton (Man'r Lads) 20'8½"; 17, D. Gale (B'heath) 20'6½"; 18, A. Tymms (Surrey) 20'2".

SHOT

1, M. LINDSAY (QPH) 57'10¾"; 2, M. LUCKING (Southend) 53'9½"; 3, D. HARRISON (Achilles) 51'11¼"; 4, A. BUTTRISS (Hereford Pol.) 50'4¼"; 5, B. KING (Ruislip)

50'0 $\frac{1}{4}$ "; 6, A. CARTER (Westbury) 49'1 $\frac{1}{2}$ "; 7, A. Elvin (Norwich and N) 48'4"; 8, C. Ellerbrook (Nor) 48'2 $\frac{1}{2}$ "; 9, A. Mckenzie (N. Shields Poly) 44'6 $\frac{1}{2}$ ".

JAVELIN

1, C. SMITH (VH) 237'9" 2, R. MILLER (LAC) 231'5 $\frac{1}{2}$ "; 3, J. GREASLEY (Wat) 229'4"; 4, R. LANE (Ach) 225'1 $\frac{1}{2}$ "; 8, R. FLETCHER (Wirral) 209'10 $\frac{1}{2}$ "; 6, J. KITCHING (Ach) 208'8 $\frac{1}{2}$ "; 7, W. Bushnell (Ilf) 179'4"; 8, R. Thompson (N. Staffs) 163'1 $\frac{1}{2}$ ".

2 MILES WALK

1, K. MATTHEWS (R. Sutton Coldfield) 13:18.2; 2, A. PAMICH (Italy) 13:41.4; 3, P. NIHILL (Surrey) 14:03.8; 4, C. STAPLEFORD (Leicester) 14:42.8; 5, R. MIDDLETON (Belgrave) 14:43.0; 6, M. TOLLEY (Sheffield) 14:44.8.

JUNIOR 4 x 110 RELAY

Final: 1, WOODFORD GREEN 44.0; 2, WILLIAM ELLIS S. 44.3; 3, HERTFORD G.S. 44.4; 4, COVENTRY GODIVA 44.9; 5, BLACKHEATH 44.9; 6, PORTSMOUTH 45.0.

TUG-OF-WAR (CATCHWEIGHT)

WOOD TREATMENT (BOSLEY) LTD. beat BROADMOOR STAFF CLUB 2-0.

Hurdler G. J. Manning, of 91 Lesbourne Road, Reigate, Surrey (Tel. 46018) would welcome invitations for any 120yds. hurdle races from Aug. 10th onwards.

Warrington Trophy Meet

July 8th

THOUGH the Warrington A.C. Ladies' Trophy and Men's Inter-Club Meeting was affected by the non-arrival of the Field Events Referee and Judges, and the unexplained failure of Sale H. to arrive, some excellent performances were achieved, five new track records being set and one equalled.

Janet Champion of Salford was the outstanding competitor, winning the 100, 150, long jump, and hurdles, the L.J. and 150 being records.

Men

1, Warrington 113 pts; 2 Stoke 99; 3, Bury & Radcliffe 71; 4, Salford 20; 5, Liverpool Pembroke 27. 100: (A) L. Worthing (B) 10.4. (B) B. Kelly (B) 10.1. 220: (A) J. Bailey (St) 22.5. (B) B. Kelly 22.4. 440: (A) N. Sedgely (Waterloo) 51.4. (B) P. Butlin (W'loo) 51.8. 880: B. Butlin (W'loo) 1:55.4 (rec). 2M: N. Fearon (L) 9:51.8. Team: Liverpool Pemb. 10:03.3. SP: B. Evans (W) 32'11 $\frac{1}{2}$ ". JT: E. Brown (St) 175'1 $\frac{1}{2}$ ". (Juniors) 100: M. McNeil (W) 10.5. 440: S. Lomax (B) 53.8. 880: K. Sagar (St) 2:01.3. SP: A. Drzewiekie (St) 50' 11 $\frac{1}{2}$ " (rec). HJ: D. Shallcross (W) 5'2". (Youths) 100: J. Brett (St) 11.1. Mile: D. Brennan (W) 4:39.5. DT: H. Clough (WA) 174'1 $\frac{1}{2}$ ". Team: Salford. (Boys) Mile: M. Knowles (B) 5:05.8.

Women

1, Stoke 123 pts; 2, Bury & Radcliffe 100; 3, Warrington 88; 4, Salford 76; 5, Widnes 47. 100: (A) A. Johnson (St) 12.1. (B) P. Baileff (St) 12.2. 220: (A) A. Johnson 26.6. (B) J. Harper (B) 27.9. 440: P. Howard (Wi) 61.2. HJ: M. Roby (Wa) 4'6". SP: D. Sandiford (B) 34'9 $\frac{1}{2}$ ". DT: C. Brown (Wa) 91'7 $\frac{1}{2}$ ". JT: M. Roby 103'7 $\frac{1}{2}$ ". 4x110: Salford 53.6. (Inter) 100: (A) J. Champion (Sa) 11.6 (eq. rec). (B) G. Parr (B) 12.3. 150: J. Champion 16.8 (rec). 80mH: (A) M. Spode (St) 12.6. (B) J. Champion 11.9. LJ: J. Champion 17'4" (rec). DT: S. Gallimore (St) 107'9 $\frac{1}{4}$ " (rec). 4x110: Stoke 53.1. (Juniors) 100: (A) D. Jones (Wi) 12.2. (B) J. Byrom (B) 12.4. (C) D. Knowles (Wa) 12.8. 150: (S) G. Cheadle (St) 18.0. (B) G. Virgo (St) 19.1. LJ: V. Flett (B) 6'2 $\frac{1}{2}$ ". 4x110: Widnes 53.1.

NEW ROAD RELAY

To celebrate their Centenary, Northampton and County A.C. are promoting a Road Relay from Leicester to Northampton, over 32 miles of 8 stages, on September 7th. A silver trophy, the "Centenary Cup," will be competed for annually, and it is hoped that one day the event will achieve the same status as the Manchester-Blackpool race and be considered as a qualifying event for the national London to Brighton race.

BRITAIN'S MAJOR FIELD EVENTS MEETING

Come and see the Competition for the

Sward Trophy

and

Norrkoping Trophy

at the

POLYTECHNIC STADIUM,
CHISWICK

SATURDAY, July 20th : at 2. p.m.

Many Track Races including

THE INVITATION MILE

and

Southern A.A.A. 4 x 110 Yds. Relay

COMMENTARY BY THE

:: N.U.T.S. ::

WELSH MARATHON continued

a clock and raising all our eyebrows when we found that his time was 1:41:15. This was record making stuff. Franklin came through in 1:47:05 followed by the consistent Turney. Another runner in Coventry red was making his presence felt—Mick Crossfield (1:49:58). He had really turned up the gas and looked really strong, while behind came Brady, O'Brien, Lloyd, Robbins, Hughes, Tarrant and Ivor Adams.

The sun came out for the first time throughout the race to welcome Brian Kilby across the finishing line in the wonderful time of 2:14:43—the fastest time ever recorded for what is claimed to be a full distance marathon.

The crowd was ready to cheer Ron Franklin on to 2nd place and a Welsh native record but Mick Crossfield was not to be denied and passed Franklin. The latter did break the Welsh record though, with 2:26:12.

1. B. Kilby (Coventry Godiva)	2.14.43									
2. M. Crossfield (Coventry G)	2.25.23									
3. R. Franklin (Tipton)	2.26.12									
4. R. Turney (Cov)	2.26.35; 5. J. O'Brien (Port Talbot)	2.30.35; 6. E. Brady (Bristol)	2.30.50;							
7. H. Lloyd (Cov)	2.32.03; 8. V. Tarrant (Hereford LI)	2.32.15; 9. D. Hughes (Bridgend YMCA)	2.34.31; 10. D. Robbins (Port Talbot)	2.34.45; 11. I. Adams (Newport)	2.35.05; 12. P. Burns (Cov)	2.35.27; 13. W. Claxton (Cambridge)	2.39.10; 14. J. Grimshaw (Stockport)	2.43.29; 15. A. Jones (Neath)	2.44.42; 16. L. Bevan (Newport)	2.50.04.

Ted Williams

RACE WALKING continued

Vale (Sy. WC). **Boys' 1M:** P. Dennis (Sy. WC) 9.30. **Women's 1M:** J. Keen (Croy) 8.40.

July 13th

Birmingham W.C. Outer Circle 25M. 1. V. Thomas (Belgrave) 3:25.43 (course rec); 2. A. Thomson (Met) 3:38.04; 3. D. Vale (Sy. WC) 3:39.2; 4. C. Fogg (Enfield) 3:44.43; 5. K. Mason (Sy. WC) 3:44.48; 6. K. Bailey (Belg) 3:50.47. H'cp: 1. N. Collins (Birm) off 40m; 2. P. Duncan (Belg) 40m; 3. R. Stone (Cov) 58m. Scr. Teams: 1. Belgrave (1:57.9) 22; 2. Surrey W.C. (3:48.12) 27; 3. Met. W.C. (2:6.16.23) 47. Team H'cp: Birmingham 13:50.19.

COMPETITION WANTED

Barbara Nicholls, currently at the top of the women's U.K. javelin B.P. list, is finding it difficult to get suitable competition and would welcome invitations to compete from July 14th onwards. Secretaries able to help, please contact the Buckingham and District A.C. Secretary, W. H. Taylor, 128 Western Avenue, Buckingham.

Crawley A.C. have new Cross-Country Secretary—J. P. Cook, 19 Snell Hatch, West Green, Crawley, Sussex.

TODAY'S EVENTS

Today's events include: English Schools' Champs. at Chelmsford, A.A.A. v. Comb. Services v. U.A.U. at Portsmouth, Civil Service Champs. at Hurlingham, Police Champs. at Smethwick, Brockman Trophy at Wimbledon, Eccles Civic Sports, Hackney Borough Meeting, Brighton Inter-Club, Bracknell Invit. Mile, Doncaster Gala 2½ Miles, Belgrave "20", Horsham "10", Sale "15" and Gourock "14".

We specialise in Athletics . . .

A few examples from stock:

SHORTS, international style. White, black, 28-34in. 9/6, 36in. 11/-
Colours, 26-34in. 10/-, 36in. 11/-
Super quality sateen, white, black or colours, 30-34in. 17/6

WOMEN'S SHORTS, Inter. style, con. zip, white or colours, 28-32in. 14/-

VESTS, sleeveless, white 30-40in. 7/9
colours 30-40in. 8/9

CLUB VESTS, almost any combination of bands, as supplied to leading clubs. Min. one dozen. 12/6
Diagonals—ask for estimate.

WOMEN'S WHITE SLEEVELESS VESTS, square neck, 32in. 7/-; 34in. 7/6; 36in. 8/-; 38in. 8/6; 40in. 9/-

TRACK SUITS — Royal/White two-tone, shoulder zip "S" 39/6, "M" 41/6, "L" 43/6. "Criterium," usual style, taper leg, various colours "S" 46/-, "M" 48/6, "L" 51/6. "Cortina," full length zip, contrast colours at neck, cuffs and waist. Main colour black, royal, maroon, "S" or "M" 64/9, "L" 66/9, "OS" 68/9. "Gordon Pirie" lightweight, very slim trousers, red, "S" 72/11, "M" 75/11, "L" 79/11.

TRACK SHOES. Adidas "9.9" £6/4/6, "Melbourne" £5/18/6; No. 154 54/3; Reebok "Orbit" 82/11, "Prefect" 29/11; Kingswell's "Venom" 70/11, "Hi-flit" jumping shoe 69/11, "Comet" 56/9; Pocock's No. 3418 in beige/green trim 32/6.

ROAD SHOES, Kangaroo uppers. Light white sole 55/-; very hard wearing red sole 65/-.

STARTING BLOCKS. Cantabrian "Empire" £5/1/10. "Simplex" in carrying bag £4/10/9, "Junior" £2/18/3. Rucanor, with carrying bag and hammer £3/17/6.

ALSO Athletic Slips (supporters) 4/2; Litesome Supporters 6/11, Ny'on 12/6, Swimming 4/6. Ankle supports, knee supports 3/6; Litesome "Grand Slam" socks (reinforced foot) 6/3; Nylon socks 6/2.

Postage—shorts, vests, etc., 6d. one item, 9d. two, track suits, shoes, etc., add 2/- towards cost

THE SPORTS CENTRE
8, MEDWAY ST., CHATHAM, KENT

Advertise **YOUR** event and increase your entries

11th ANNUAL **HOLBEACH "10"**

SATURDAY, AUGUST 3rd

Starting 4 p.m. from Carter's Park

(Holbeach A.C. 16th Annual Meeting)

Team Trophy (held by Coventry Godiva)
3 to score. 1962 Indiv. winner—Brian
Kilby. Course record—Basil Heatley.

Very fast Fenland course; always a good
class entry with worthwhile prizes—
£7, £3, 30/- (indiv); 3 at £2, 3 at £1
(teams). Qualifies for R.R.C. Cert. 'A'
(55 mins.) and 'B' (63 mins.).

Entries (Indiv. 2/-, Teams 5/-) close first
post, Monday, July 22nd.

MEN'S OPEN SCRATCH 100 YARDS
at the same meeting (3.15 p.m.)

Fee 2/-. Prizes £6, £3, £1

Entries on A.A.A. forms to R. E. S. Clay,
Holbeach A.C., 82 Spalding Road, Hol-
beach, Nr. Spalding, Lincs.

CITY OF HEREFORD

Annual

OPEN ATHLETIC MEETING

(AAA & WAAA Laws and BCF Rules)

King George's Playing Fields, Hereford

August Bank Holiday, Mon., 5th August

OPEN EVENTS

Prizes Valued

	1st	2nd	3rd
100 yds. Flat H'cp.	£7.7	£3.3	£1.10
220 yds. Flat H'cp.	£7.7	£3.3	£1.10
880 yds. Flat H'cp.	£7.7	£3.3	£1.10
1 Mile Flat H'cp.	£7.7	£3.3	£1.10
3 Miles Team. Ind.	£4, £2, £1.		Team
(4 run, 3 count) 3 at	£2, 3 at		£1.10,
3 at £1.			

Medley Relay— (880, 220, 220, 440)	4 at	£1.10,	4 at	£1
Pole Vault Handicap	£5	£2	£1	
High Jump Handicap	£5	£2	£1	

(Special prize valued £2.10.0 highest
vault and jump if 6 or more competitors)

100 yds. Ladies' H'cp.	£5.5	£3.3	£1	
220 yds. Ladies' H'cp.	£5.5	£3.3	£1	
4x110 Ladies' Relay	4 at	£1.10,	4 at	£1
220 yds. Yths. (15-17) H'cp.	£2	£1	10s.	
100 yds. Boys (u/15) H'cp.	£2	£1	10s.	
80 yds. Girls (u/15) H'cp.	£2	£1	10s.	

Entry Fees:—1/6 first event, 1/- each
additional event. Teams 5/-.

Secretary:—A. R. Williams, "Claypits",
Burley Gate, Hereford. Entries Close
first post MONDAY, 22nd JULY, 1963.

No late entries accepted

The Committee reserve the right to alter
or delete any event.

BRACKNELL ATHLETIC CLUB'S

5th Annual

5 MILE ROAD RACE

(Under A.A.A. Laws)

Sports Centre, Bagshot Road
Recreation Ground, Bracknell, Berks.

SATURDAY, AUGUST 3rd, at 3 p.m.

AWARDS—1st Team, Challenge Trophy
held for 1 year. Medals first 3 teams, also
1st 'B' team if 'A' team already com-
pleted course. Prizes first 3 individuals
and 1st Veteran.

Entries (2/6 per person) close July
29th to J. Entwistle, 34 Shepherds Lane,
Bracknell, Berks.

BOROUGH OF WATFORD

ATHLETIC MEETING

(Under A.A.A., W.A.A.A. Laws)

Woodside Sports Stadium Garston

(En-Tout-Cas, Olympic Surface Track)

BANK HOLIDAY MONDAY—

5th AUGUST, 1963, at 5.0 p.m.

Invitation and Open Scratch Events

Events	Prizes to the value of:—
2 Mile Invitation	£7, £5, £3, £2, £1
3 Mile Team Race	£6, £3
880 Yards	£7, £5, £3, £2, £1
3,000 Metres S'chase	£7, £3, £2
100 Yards	£7, £3, £2
4x110 Yards Relay	£6, £4
Ladies' 220 Yards	£7, £3, £2
Ladies' 100 Yards	£5, £2, £1

ENTRIES ON A.A.A. FORMS

CLOSING DATE 23rd JULY, 1963

Open Events 2/- Teams 5/- per Team
ENTRY FORMS and further particu-
lars from—The Parks Superintendent,
Room 60, Town Hall, Watford, Herts.

SLOUGH & WINDSOR DISTRICT HOLIDAY CARNIVAL SPORTS

(Under A.A.A., W.A.A.A. & B.C.F. Rules)

Agars Plough, Windsor Road, Slough
(Eton College Playing Fields)

SATURDAY, 3rd AUGUST, 1963

At 2.30 p.m.

OPEN EVENTS

100, 220, 440, 880, Mile and High Jump
H'cps, Mile Scr. Relay (880, 220, 220,
440), 2 Miles Scr. Team (4 to run, 3 to
score). Also, 440, 880, Mile Invitation
Scratch Events (Full A.A.A. value Prizes).
Ladies—100, 220 H'cps. Scr. Relay
(4x110).

PRIZES

£6, £2.10.0, £1.10. Relay £8, £4. Team
Race £6, £3. Ladies' Relay £6, £4. High
Jump highest actual Jump £2. Team
race 1st individual £2.10.0, 2nd £1.10.0.

OPEN CYCLING EVENTS

550 yds. & 5 miles Scr., and 880 yds.
H'cp. 3 Miles Point to Point Overflow
Event.

ENTRIES

1/6 first, 1/- additional. Relays 4/-.
Team 4/-

CLOSE FIRST POST MON., 22nd JULY,
to W. J. Groom, 28 Langley Broom,
Langley, Bucks.

The Wigmore "15" will be held a week
earlier than usual in 1964, on March 20th.