

July 17th 1971 Vol. 25 No. 29

a **thletics** **weekly**

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

INSIDE

★ Great Britain v.
France (Men)

★ Ralph Mann Interview
—by John Cobley

★ English Schools
Championships

★ WAAA Championships
Preview



10p

SHEILA SHERWOOD
bids for WAAA
long jump title
this weekend.

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Two Minutes Broken —Officially

ONE of the most tempting "barriers" in women's athletic performance—the two minute 800m—has at last been breached. Running in the West German Championships in Stuttgart last Sunday, Hildegard Falck (22)—the tall blonde who clocked a 2:00.6 relay leg at Crystal Palace last year under her maiden name of Janze—carved out a sensational pace which she maintained to the end: 58.2 at 400m, 87.9 at 600m, 1:58.3 for 800m! At one blow she removed 2.2 sec from Vera Nikolic's world record—and registered a time that will cause some English men's county 800m champions to blush. Runner-up Gisela Ellenberger finished in 2:02.4. In Hildegard's previous major race, in Cologne on June 29th, she had been beaten decisively by Vera Nikolic, 2:02.4 (61.7, 60.7) to 2:03.7.

The first woman to break 2:10 for 800m was Nina Otkalenko (USSR) with 2:08.5 in 1952.

Official world record holders since have been:

2:07.3	Nina Otkalenko (USSR)	1953
2:06.6	Nina Otkalenko (USSR)	1954
2:05.0	Nina Otkalenko (USSR)	1955
2:04.3	Lyudmila Shevtsova (USSR)	1960
2:04.3	Lyudmila Shevtsova (USSR)	1960
2:01.2	Dixie Willis (Australia)	1962
2:01.1	Ann Packer (UK)	1964
2:00.5	Vera Nikolic (Yugoslavia)	1968

Sin Kim Dan, of North Korea, bettered the world record on three occasions but none of her marks was ever ratified—2:01.2 in 1961, 1:59.1 in 1963 and 1:58.0 in 1964.

"Who's Who in European Athletics 1971" (35p post paid from "AW" Book Department) lists the following details for Hildegard Falck:—Born: Nettelrede, 8.6.49; 1.73/5'8", 58kg/128lb. Best marks: 400m—54.6, 800m—2:02.8 (2:00.6 relay leg), 1500m—4:22.3. 1971 European Indoor Champion; world indoor 800 record holder (2:03.3). Progression: 1967—2:11.3, 1968—2:08.9, 1969—2:11.9, 1970—2:02.8.

★ Uwe Beyer (26), an Olympic bronze medallist at 19, broke the listed world hammer record with 74.90/245'9" in Stuttgart although Anatoliy Bondarchuk (USSR) was credited with 75.48/247'7" in 1969.

PHIL HAMPTON BREAKS WORLD BEST

Phil Hampton (Royal Navy AC) set a world 50 miles track best of 5:01:01—a shade over 6 min. miling all the way—at Ewell last Saturday. Full details next week.

MARATHONERS FOR HELSINKI

Britain's three marathoners for the European Championships are Ron Hill, Trevor Wright and Colin Kirkham. The Irish Republic have selected Father Paddy Coyle, Danny McDaid and Pat McMahon.

WAAA Timetable

FRIDAY, JULY 16th

18.00—1500 hts, LJ qual, DT qual; 18.25—400 hts; 18.40—800 hts; 18.55—200H hts; 19.00—JT qual; 19.05—100 hts; 19.25—400 2nd rd; 19.30—SP qual; 19.40—100 2nd rd; 19.50—200H; 20.00—300 2nd rd; 20.15—3000; 20.30—200 hts.

SATURDAY, JULY 17th

12.45—HJ, SP, Int 1500 hts; 13.00—100H hts; 13.15—Jnr 4x100 hts; 13.25—Int 4x100 hts; 13.35—2500m Walk; 14.00—100H 2nd rd; 14.10—Jnr 4x100; 14.25—100; 14.35—400; 14.40—Int 4x100; 14.45—DT; 14.50—Jnr 100 hts; 15.00—LJ; 15.05—200 2nd rd; 15.15—1500; 15.20—Int 100 hts; 15.40—100H; 15.45—JT; 15.50—800; 16.00—Jnr 100; 16.10—Int 100; 16.20—200; 16.30—Int 1500.

Extra event: men's PV (Bull, Bryant etc)

(Finals in bold type)

Lost—At Southern League Div. 1 at Enfield on July 3rd, pair of Adidas Mexicana training shoes (size 8½); postage refunded if returned to Dave Holt, 147 Leathwaite Road, London, S.W.11 (01-228 3594).

Lost—After AAA 10,000m at Portsmouth, pair of Adidas Tokyo spikes; postage refunded by Keith Angus, 3 Dalbury Road, Dranfield Woodhouse, Sheffield.

Lost—From cloakroom at rugby club dance following National League meeting in Edinburgh on July 3rd, £30 leather coat with wrist watch in pocket; contact Chris Perry, 49 Florence Road, West Bridgford, Nottingham.

Recovered—Maureen Tranter's missing van.

120th STRATHALLAN MEETING

(Under S.A.A.A. Laws)

AT BRIDGE OF ALLAN

ON SAT., 7th AUGUST, 2 p.m.

Racing—100 yards, 220 yards, 880 yards, 1 mile, 2 miles, 21 miles.

Jumping—Long, High, Triple.

Cycling—Wrestling, Heavies.

Ladies—100 yards, 220 yards, 880 yards, Long and High Jumping.

Entries (10p per event) close **Monday July 26th**, to Mr. J. Bowden, Hon. Secretary, Strathallan Meeting Ltd., 95 Henderson Street, Bridge of Allan.

Cover photo by Paul Livesey

ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

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THE WEEK AHEAD

Saturday, July 17th: WAAA National Championships (2nd day), at Crystal Palace; Schools International at Edinburgh (Meadowbank); AAA and Northern Decathlons at Blackburn (2nd day); Jim Peters Trophy at Barking; Harry Secombe Trophy at Swansea; Arena Trophy at Brighton; Brockman Trophy at Wimbledon Park; 'Evening Mail' Trophy at Windsor; NZ Namesake Trophy at Hastings; Rivington Cup Meeting at Bolton; Hadleigh Open '6'; Belgrave '20' (inc. Surrey Championship) at Wimbledon; Welsh Counties Youth Match at Colwyn Bay; Midland Leagues; Middlesex League Finals at West London; Open Meeting, inc. W. Yorkshire 5000 at Keighley; Spain v Portugal v Republic of Ireland in Spain (1st Day); Highland Gathering at Corby; RWA 50km Road Walk at Redditch.

Sunday, July 18th: Spain v Portugal v Republic of Ireland in Spain (2nd day); Avalon League; Portsmouth Atalanta Trophy; BLE National 20km Walk at Kilkenny; AAA Summer School begins at Loughborough (until 27th).

Wednesday, July 21st: Rosenheim League at Tooting; TVH Graded Meeting at West London.

Friday, July 23rd: AAA Championships (1st day) at Crystal Palace.

Saturday, July 24th: AAA Championships (2nd day) at Crystal Palace; Scottish Decathlon & Scottish WAAA Pentathlon, at Grangemouth (1st day); Four Counties League at Bristol; Southern RWA Junior 10,000m & Open 20km Walks at Brighton; Langmaid Trophy, at Brighton; Friary '15'; Heckington '10'; Worcester YMCA '10'.

Sunday, July 25th: Town Twinning Trophy at Hayes; Westward League at Taunton; Midland Women's League; Open Discus Competition at Carshalton.

DID MILBURN RUN 12.9?

THAT run by Rod Milburn in the semi-final of the AAU 120y hurdles championship was even more amazing than at first thought. His time, with a legal aiding wind of 1.9m/sec, was officially re-released at 13.0—a fifth inside the world record. However, the Bulova photo finish equipment registered the electrical time as 12.94—which under IAAF rules is rounded off as 12.9! It will be interesting to see which figure is eventually ratified. During the world record 440y, John Smith (44.5) passed 220y in an estimated 22.1; Wayne Collett (44.7) clocked 21.3.

Results (at Eugene, June 25th/26th)

100y: (+ 2.9m) Meriwether 9.0, J. Green 9.0, Quarrie (Jam) 9.1, C. Greene 9.1, Crockett 9.2 (9.1w ht), B. Turner 9.2, Edmonson 9.2, Hart 9.2; **220y:** (+ 2.5m) Quarrie 20.2, Black 20.5, Deckard 20.6, Dill 20.7, W. Turner 20.8, C. Smith 20.8 (20.5w semi); **440y:** J. Smith 44.5 (world rec), Collett 44.7, Newhouse 45.7, Bond 45.9, T. Turner 45.9, Alexander 45.9 . . . Evans injured in semi; **880y:** Luzins 1:47.1, Dyce (Jam) 1:47.3, Swenson 1:47.6, Sandison 1:47.6, Winzenried 1:48.3, Philippe 1:48.3, Von Ruden 1:48.3; **1 Mile:** Liquori 3:56.5 (54.5 last 440y), Crawford 3:57.7, Baker 3:59.8, Van Dyk 4:00.1, CHRIS MASON 4:00.4 (4:00.9 ht), Thornton 4:00.8 . . . BOB MAPLESTONE 4:05.3 ht; **3M:** Prefontaine 12:58.6, Stageberg 13:00.4, Shorter 13:02.4, Lindgren 13:04.4, Hilton 13:04.4, Perez (Mex) 13:07.4, Harrison

13:08.4, PAUL LIGHTFOOT 13:16.6 . . . 12, JOHN BOGGIS 13:43.6; **6M:** Shorter 27:27.2, Bjorklund 28:28.2, Martinez (Mex) 27:37.0, Lindgren 27:46.4, Miranda (Mex) 27:51.4, Jobski 27:58.0; **3000mSC:** Sink 8:26.4 (rec), Manley 8:27.6, Savage 8:29.6, Price 8:33.8, Liebenberg 8:37.0, Villanueva (Mex) 8:37.8; **120yH:** (+ 2.5m) Milburn 13.1 (13.0 semi—world rec), Draper 13.3, Davenport 13.4 (13.3 semi), Babb 13.4 (13.4 semi), Carty 13.4 (13.4 semi), Wilson 13.5 (13.4 semi) . . . White 13.4 semi; Murray (Jam) 13.8; **440yH:** Mann 49.3, Williams 49.3, Seymour 50.0, Johnson (NZ) 50.2, Bassett 50.5, Rondeau 50.6 . . . Steele disq. (50.0); Whitney 50.3 semi.

HJ: Brown 2.21/7'3", Matzdorf 2.18/7'2", Heikkila 2.16/7'1", Hartfield 2.16 . . . 13, eq. Fosbury 2.05/6'9"; **PV:** Johnson 5.18/17'0", Roberts 5.18, Caruthers 5.03/16'6", Dias 5.03, Craig 5.03 . . . Seagren no height; **LJ:** Robinson 8.20/26'10½", Moore 8.04/26'4½"w, Jackson 7.97/26'2"w, Hines 7.90/25'11"; **TJ:** Craft 16.64/54'7", Smith 16.60/54'5½", McClure 16.36/53'8", Mohinder Singh Gill (Ind) 16.32/53'6½", Tiff 16.30/53'6"; **SP:** Salb 20.49/67'2½", Matson 20.14/66'1", Feuerbach 20.14, Monari 20.10/65'11½", B. Wilhelm 19.95/65'5½"; **DT:** Vollmer 63.50/208'4", Drescher 60.60/198'10", Orday 60.08/197'1", De Bernardi 59.44/195'0"; **HT:** Frenn 70.12/230'1", Accambray (Fra) 67.64/221'11", Schoterman 66.42/217'11", Hall 66.40/217'10", Gage 66.38/217'9", Connolly 64.74/212'5"; **JT:** Skinner 81.44/267'2", Feldman 80.20/263'1", Colson 80.02/262'6", Francis 78.44/257'4", Murro 77.78/255'2"; **2M Walk:** Young 13:49.6.

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ENTRIES CLOSE OCTOBER 31st, 1971

EIGHTH ANNUAL ATHLETICS MEETING

(Under A.A.A. and W.A.A.A. Laws)

AT PONTYPOOL PARK

SATURDAY, 14th AUGUST, 1971

at 1.45 p.m.

EVENTS

Men's—100, 200, 400, 1500 Metres, 2 Lap 4 Miles Fell Race (4 from Club qualify, 3 to score).

Youths—100, 200, 800 Metres.

Women's—100, 400, 1500 Metres.

Junior—800 Metres.

Intermediate—100 Metres.

Relays—4x100m Youths, Women, Men. 1600m Mixed Medley. Also Boys and Girls Events.

Entries—15p Seniors, 10p Youths and Inter., 6p Juniors, 25p Relays.

CLOSING DATE 2nd AUGUST, 1971

Entry Forms and Full Schedule from:

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THRILLING 1500 IS ASSURED

At this weekend's WAAA Championships at Crystal Palace

THE moment of truth for dozens of Britain's top women athletes arrives this weekend with the staging of the WAAA Championships at Crystal Palace, for it is largely on the basis of results there that our team for Helsinki will be selected. Most girls who place among the first three UK finishers in their event, providing they have attained the European qualifying standard, can expect to be picked for the team; others will find their hopes dashed for this season.

The most talent-laden event must surely be the 1500m in which Britain can claim at least five girls of European medal winning potential: Rita Ridley, Joan Allison, Margaret Beacham, Sheila Carey (who has opted for this event rather than 800m) and Norine Braithwaite. At least two of these girls are going to be disappointed, more perhaps if Gillian Tivey, Angela Lovell, Margaret Coomber or Chris Haskett rise to the occasion. With Norine and Rita likely to favour the fastest possible pace this intriguing race could produce a world record for the winner. Also entered are Penny Werthner (Canada), 4th in the Commonwealth 1500m (4:21.0); and the Dutch trio of Joke v.d. Stelt (4:15.4), Bernie Lenferink (4:18.9) and Els Gommers (4:21.3). What a race this will be!

Barely less exciting should be the 800m, where now that Hildegard Falck has run 1:58.3 the two-minute barrier should appear less forbidding. Rosemary Stirling has the ability to break it, so has Pat Lowe, and so too has Rumania's entry, Olympic silver medallist Ileana Silai (2:01.6 this year), a noted fast pace setter. There are hopes that Hildegard Falck herself will compete but there is no confirmation as we go to press. The Netherlands are sending Anneke de Lange (2:04.9) and Canada will be represented by 1966 Commonwealth champion Abby Hoffman, whose best is 2:03.5. Thelwyn Bateman, Gloria Dourass and dark horses Margaret Newton, Sandra Sutherland and Mary Sonner are others who could make an impact.

Pick of the field events promises to be the high jump. Linda Hedmark has entered but is a doubtful starter but in any case there will be a six-footer on hand in the person of Commonwealth champion Debbie Brill (18). Fellow Canadian Debbie van Kieckebelt (17) has cleared 1.78/5'10", while Anneke Bouma (16) recently jumped 1.77/5'9½" for a Dutch record, a height achieved also by Norway's Kari Karlsen. Britain's top girls, headed by holder Dorothy Shirley, Barbara Inkpen, Janet Honour and Sue Wright, will thus have a tough job to keep the title at home.

Other athletes from abroad who have entered include Valeria Bufanu (Rumania), who boasts awesome hurdling times of 12.9 and 25.9; Dutch 400m girls Marianne Burggraaf and Stans Brehm (both 53.9); and such Canadians as sprinters

Stephanie Berto (11.5/23.5) and Patti Loverock (11.5/23.5), 400m runners Brenda Walsh (54.5) and Joyce Sadowick (54.6), hurdler Penny May (13.7), and long jumpers Brenda Eisler (6.50/21'4") and Edinburgh bronze medallist Joan Hendry (6.28/20'7¼").

M.W.

Leading UK Performers 1971

100m: 11.3 Neil; 11.5w Peat; 11.6w Rowell, Morris; 11.7 Critchley, Tranter, Andrea Lynch, Johns; 11.7w Ramsden; 11.8 Cobb, Martin.

200m: 23.7 Critchley, Neil; 23.8 Colyear, 23.9 Roscoe, 24.0 Andrea Lynch, 24.1w Cobb, 24.3 Tranter, Vernon, Golden, Morris.

400m: 54.2 Roscoe, Stirling; 54.6 Dourass, 55.0 Dyson, 55.3 Lowe, 55.4 Webster, 55.6 Beattie, 55.7 Saunders, Tranter; 55.8 Bernard, S. Sutherland; 55.9 Adrienne Lynch.

800m: 2:04.6 Allison, 2:05.1 Stirling, 2:05.5 Bateman, Ridley; 2:05.8 Lowe, 2:06.0 Carey, 2:06.8 Braithwaite, 2:07.2 Coomber, 2:07.4 Beacham, 2:07.6 Tivey, 2:07.7 Dourass, Sonner.

1500m: 4:15.6 Ridley, 4:16.6 Allison, 4:17.2i Beacham (4:22.0), 4:21.7 Tivey, 4:22.2 Carey, 4:22.8i Braithwaite (4:26.4), 4:23.8 Bateman, 4:24.7 Lovell, 4:25.2 Smith, 4:30.4 Sutherland; 4:49.4 (mile) Haskett. **3000m:** 9:43.8 Smith, 10:03.8 Lochhead, 10:06.4 Haskett.

100mH: 13.7 Wilson, 13.8 Garnett, 14.1 Hayward, 14.1w Curwen, 14.2 Vernon, Njoku; 14.2w Robinson, 14.3 Honour, Toon; 14.4 Corbett, 14.4w Niccol. **200mH:** 26.8w Colyear, 27.3 Garnett, 27.5 Dyson, 28.0 Vernon.

HJ: 1.75/5'8½"i Wilson (1.71/5'7¼"), Wright (1.65/5'5"); 1.73/5'8" Inkpen, 1.70/5'7"i Hurst (1.67/5'5¼"), 1.70 Honour, 1.69/5'6½" Davenport, 1.68/5'6" Walls, Watt; 1.67/5'5¼" Shirley, 1.66/5'5½" Dimmock.

LJ: 6.69/21'11½" Sherwood, 6.50/21'4w Wilson 6.41/21'0½"i Martin-Jones (6.15/20'2¼"), 6.34/20'9½"i Barrett (6.28/20'7¼"), 6.13/20'1½" Walls 6.15/20'2¼" Vernon 6.07/19'11" Chitty, 5.94/19'6" Byng, 5.91/19'4¼" Inkpen, 5.89/19'4" Jamieson.

SP: 15.86/52'0½" Roberts (Aus), 14.64/48'0½" Bedford, 14.55/47'9"i Porter (13.96/45'9¾"), 14.05/46'1¼" Barrett, 13.79/45'3" Kerr, 13.60/44'7½" Stuart, 13.28/43'7" Haldane, 13.13/43'1" Payne, 13.00/42'8" Blackwood, 12.89/42'3½" Frampton.

DT: 54.78/179'9" Payne 53.36/175'1" Roberts (Aus), 49.06/160'11" Bedford, 48.22/158'2" Porter, 47.14/154'8" Elsmore, 45.00/147'8" Thompson, 44.38/145'7" Chalk, 44.34/145'6" Frampton, 44.30/145'4" Fielding, 43.42/142'5" Irish.

JT: 47.70/156'6" Baker, 47.48/155'9" St. Ange, 46.40/152'3" Williams, 46.34/152'0" Corbett, 46.22/151'8" Farquhar, 45.72/150'0" Randall, 45.18/148'3" King, 43.94/144'2" Gill, 43.76/143'7" Tomczak, 44.56/146'2" Thomas.

France beat GB 206¹/₂-201¹/₂

At Portsmouth, July 9th/10th

ANOTHER WONDER RUN BY BEDFORD

Sets European 10,000m record: Jenkins, Davies, Watts sparkle

THERE are no half measures with Dave Bedford. As in the British Games 5000m so again in last Saturday's 10,000m he refused to allow unfavourable weather conditions to deter him in his quest for records. At Meadowbank he had to contend with a vicious wind; at Portsmouth the temperature was up in the eighties.

Heat, the factor that brought Dick Taylor to grief in Athens, appeared however to be no great problem for Bedford. While many a notable rival ran off the track or plodded zombie-like around, Bedford went his merry way. A first 5000m in 13:45.2—faster than Allan Rushmer's winning time in that event the night before—was followed by another in 14:01.8 for a final time of 27:47.0. Ron Clarke alone, with 27:39.4, has run faster and Bedford picked up his third (26:51.6 at 6 miles) and fourth European records of the season.

Even so early in his career, Bedford's name can be added to those of Alf Shrubbs, Paavo Nurmi, Emil Zatopek and Ron Clarke as one of the great pioneering forces of distance running. He may, or may not, during the years to come reach the fabulous round figures of 13 minutes for 5000m and 27 minutes for 10,000m but already he has shown that such times are not beyond attainment.

Take his 27:47.0. That is a brilliant performance by any standard—17.4 sec inside Jurgen Haase's European record—but consider how much faster Dave might have run in more benevolent circumstances. It was too hot, the track was of cinders and dusty at that, and blisters resulting from wearing long spikes to suit the track caused him agony during much of the race. Bedford was surely not over-stating the case when he proclaimed afterwards that "on a Tartan track in perfect conditions I could have broken the world record by ten seconds".

There were so many remarkable aspects to this race which combined the AAA championship (and European selection trial) with the Britain v France match event. To win such a class race by 52.6 sec might be considered unusual, not to mention lapping European silver medallist Mike Tagg (who still managed to qualify for the Helsinki team) and practically double lapping Commonwealth champion Lachie Stewart. But what about that outrageous second lap of **59 seconds**? He followed that with a 63.6 for an 800m stretch of 2:02.6—only a couple of seconds outside his personal best!

The following table shows how close Bedford was to Clarke's intermediate times during the latter's world record run in Oslo in 1965:—

	Clarke	Bedford
1km	2:41.5	2:40.0
2km	5:25.0	5:23.4
3km	8:11.0	8:09.0
4km	10:58.0	10:58.2
5km	13:45.0	13:45.2
6km	16:33.0	16:32.8
7km	19:23.0	19:20.0
8km	22:13.0	22:09.2
9km	24:59.0	25:00.8
6M	26:47.0	26:51.6
10km	27:39.4	27:47.0

Bedford's lap times—70.0, 59.0, 63.6, 65.0, 65.8, 66.6, 66.4, 67.2, 67.2, 67.4, 67.2, 66.6, 67.0, 66.4, 67.4, 66.8, 67.2, 67.2, 66.8, 68.4, 69.2, 68.2, 68.8, 67.2, 64.4.

A final comment on this race, and how the heat affected the competitors: 18 of the 31 starters, including Trevor Wright, Mick Beevor and Jim Alder, failed to finish and, Bedford apart, the only runner to register a personal best was Keith Angus (29:08.0). Jack Lane booked his ticket for Helsinki with a sound second place, after running with Noel Tijou for most of the race.

The match was a good one. Britain started very well and led by 16 points at the halfway stage but the French team came to life on Saturday and deserve all credit for winning the match by 5 points, particularly as they were without Wadoux and Tracanelli, while Nallet did not run the hurdles.

Next to Bedford, Britain's man of the match was Dave Jenkins. The 19-year-old "Scot" (in fact he has no Scottish blood at all!) ran in three races and each was a gem. The 200m came first and here he turned on the heat entering the straight to win by three metres from 20.5 performer Gerard Fenouil in a personal best equalling 21.1. There was a slight headwind and this exuberant run underlined Jenkins' possibilities at this distance. For Jenkins this was his first race on a cinder track for nearly two years; interestingly, he must be the first of Britain's new international stars never to have competed at White City.

Some two hours later on Friday evening, Jenkins reappeared for the anchor leg of the 4x400m relay. It was an enthralling situation as Dave was handed the baton a stride behind . . . and his opponent none other than Jean-Claude Nallet, Europe's third fastest ever 400m runner at 45.1.

For a moment it looked like the start of a sprint cycle race as Nallet practically stopped in the hope that Jenkins would shoulder the burden of leading. Jenkins responded in a most spirited manner, accelerating away at tremendous speed and catching Nallet off-guard—which served him

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right. Jenkins opened up a lead of six metres or more and flew past the 200m mark in an unofficial 21.2. With 80m to go the Frenchman put his head down as he drove hard for the tape but Jenkins held him gallantly all the way and although Nallet won the race there was precious little in it. Time for Jenkins' stint was a magnificent 45.6, a time he thought might have been worth 45 sec flat on Tartan.

Honours, I thought, were about even between Jenkins and Nallet on the basis of that race, but next day the British runner outclassed his opponent in the individual 400m. On this occasion Jenkins throttled back over the first 200m (22.2) and saved his effort until the finishing straight, during which he built up a five-metre margin to win in 46.5. Describing the Portsmouth track as a Mini as compared to the Rolls Royce that is Meadowbank, Jenkins thought the run was possibly of sub-46 calibre on a better surface. "You can't float on it as on Tartan," he remarked. "You have to work hard all the time." As part of his build up for Helsinki, where he envisages the 400m being won in around 45 sec ("I hope I can be of that standard"), Jenkins will double at 200 and 400 in the AAA Championships—a tough schedule of six races.

The eagerly awaited long jump competition was a slightly bizarre affair from which Lynn Davies emerged with his great reputation even further enhanced. Those who, like myself, believe Lynn's longest jumps are still to come were encouraged by his opening effort. It was a foul, by no more than an inch, but the manner in which Lynn raised his arms in anguish indicated it must have been an exceptional leap and it was . . . measured at 8.30/27'2½" no less! Still, Davies later produced two jumps of exactly 26 feet (7.92) which accounted for Jack Pani, who—injudiciously—had been quoted the other week (after beating Davies in Paris) as saying that Lynn was "not the man he was". As for Alan Lerwill, he experienced a living nightmare by fouling five jumps in a row, most of them around the 8-metre mark. His final effort was a very tentative affair and it says much for his ability that it was as good as 7.80/25'7½".

The discus, featured in our preview as a highly competitive event, proved in fact to be an easy triumph for John Watts who had five throws beyond the runner-up's best and in the third round unleashed a toss of 57.80/189'7" for a new UK record. Apparently Bill Tancred's 58.00/190'3" earlier in the season will not be ratified. Watts' series: 55.72, 55.62, 57.80, 56.84, 57.58, 53.74. Impressive throwing as this is, John still needs to find another 20cm to ensure Helsinki selection.

Other good results in the field came from Geoff Capes, who was very near indeed to his best and who pushed Arnjolt Beer close with a series comprising 18.79, 18.82, 18.94/62'1½", 18.87, —, 18.65; Dave Travis, winning with over 80 metres; and Dave Livesey, who did all that could be expected by sharing second behind Henry Elliott. Brian Hooper, making his senior international debut, cleared 4.70/15'5" for third (winner Jean-Michel

Bellet is also 18) in a competition in which Mike Bull—returned from California the previous day—failed to clear his opening 4.80/15'9". Howard Payne produced one of his best throws of the season, 66.54/218'4", but even that proved insufficient for better than third place. Barry Williams registered only one valid throw but young Ian Chipchase maintained his admirable consistency just beyond the 60m line.

With Nallet choosing not to run, John Sherwood was untroubled in the 400m hurdles particularly after Dave Scharer messed up the ninth flight. Much more competitive was the high hurdles, in which Guy Drut (6.7 over the 5th barrier) defeated Alan Pascoe by a tenth in 13.9. "I lost it in the middle," said Pascoe, "although I was coming back towards the end". It was a splendid race between two potential Helsinki winners, and not so far behind came Graham Gower (equalling his best time) and Berwyn Price.

France's greatest triumph came in the steeplechase where the irrepressible Jean-Paul Villain, who had not bettered 8:43.0 this season, burst back into life with an extraordinary last lap which carried him 40m clear of an in-form Andy Holden. His reward was a national record of 8:28.2, while both Holden (8:34.2) and Ron McAndrew (at 8:35.6 breaking the Welsh record and the European qualifying mark at last) also ran faster than ever before.

The one clean sweep of the match was provided by Britain in the 5000m, a race won in the final stride by Allan Rushmer after having lagged 15m down on Alan Blinston with half a lap to go. Mike Baxter guttily overcame a bad patch to nail third.

All three British runners broke 3:41 in the 1500m, a rare achievement marred by the fact that Jean-Pierre Dufresne tagged on for the smooth ride (Brendan Foster 57.2, Peter Stewart 1:58.5) and outkicked the lot of them. The 800m was more satisfactory from the home point of view as Andy Carter followed up his 1:46.6 of the previous week-end (a time that came as a complete surprise to him!) with a fine 1:46.9 after leading throughout the second lap (52.4, 54.5). The young French hope Philippe Meyer ran him very close, with Pete Browne, after seemingly resigned for the rest of his life to a best of 1:48.1, improving to 1:47.9 for a precious European qualifying time. No such comfort for Dave Cropper, who finds himself in much the same situation as before Athens in 1969.

Mel Watman

GB v. FRANCE RESULTS

(a) July 9th (b) July 10th

100m: (b) (— 2.5m) 1, R. Metz (F) 10.8; 2, D. Chauvelot (F) 10.8; 3, B. Green 10.9; 4, P. Bourbeillon (F) 10.9; 5, L. Piggott 10.9; 6, I. Green 11.1.

200m: (a) (— 0.8m) 1, D. Jenkins 21.1; 2, G. Fenouil (F) 21.4; 3, R. Metz (F) 21.5; 4, R. Bantthorpe 21.5; 5, P. Bourbeillon (F) 21.7; 6, R. Walters 21.9.

400m: (b) 1, D. Jenkins 46.5; 2, J-C. Nallet



GUY DRUT

Tony Duffy

(F) 47.1; 3, G. Bertould (F) 47.1; 4, H. Roger (F) 47.4; 5, J. Robertson 47.9; 6, M. Bilham 48.0.

800m: (a) 1, A. Carter 1:46.9; 2, P. Meyer (F) 1:47.0; 3, P. Browne 1:47.9; 4, D. Cropper 1:48.3; 5, P. Gadonna (F) 1:49.0; 6, A. Sans (F) 1:51.5.

1500m: (b) 1, J-P. Dufresne (F) 3:40.6; 2, B. Foster 3:40.6; 3, J. Kirkbride 3:40.7; 4, P. Stewart 3:40.8; 5, J. Boxberger (F) 3:42.2; 6, F. Zembri (F) 3:47.6.

5000m: (a) 1, A. Rushmer 13:46.6; 2, A. Blinston 13:46.6; 3, M. Baxter 13:47.8; 4, W. Schott (F) 13:49.0; 5, M. Bernard (F) 13:52.2; 6, J. Le Flohic (F) 13:53.0.

10,000m: (b) 1, D. Bedford 27:47.0 (26:51.6 at 6M; both European, UK all-comers & UK national records); 2, J. Lane 28:39.6; 3, N. Tijou (F) 28:44.2; 4, M. Freary 29:33.6; 5, R. Jourdan (F) 29:38.6; 6, L. Rault (F) disq for leaving track 1 lap from finish.

3000mSC: (a) 1, J-P. Villain (F) 8:28.2 (French rec); 2, A. Holden 8:34.2; 3, R. McAndrew 8:35.6; 4, G. Bucheit (F) 8:40.0; 5, D. Camp 8:41.2; 6, B. Monnerais (F) 8:42.0.

110mH: (b) (— 0.2m) 1, G. Drut (F) 13.9; 2, A. Pascoe 14.0; 3, G. Gower 14.3; 4, B. Price 14.3; 5, P. Bunel (F) 14.4; 6, P. Malrieu (F) 14.6.

400mH: (a) 1, J. Sherwood 51.1; 2, D. Schärer 52.0; 3, L. Baggio (F) 52.4; 4, W. Hartley 52.4; 5, J. Menard (F) 53.5; 6, M. Montgermont (F) 55.0.

4x100m: (b) 1, France (P. Bourbeillon, R. Metz, G. Fenouil, A. Sarteur) 40.0; 2, GB (I. Green, D. Halliday, L. Piggott, B. Green) 40.3.

4x400m: (a) 1, France 3:06.8 (H. Roger 47.7,

R. Velasquez 46.8, G. Bertould 46.5, J-C. Nallet 45.8); 2, GB 3:06.8 (J. Wilson 47.9, J. Robertson 46.7, M. Bilham 46.6, D. Jenkins 45.6).

HJ: (a) 1, H. Elliott (F) 2.09/6'10 $\frac{1}{4}$ "; 2eq, D. Livesey & G. Lamy (F) 2.05/6'8 $\frac{1}{4}$ "; 4, M. Campbell 2.00/6'6 $\frac{1}{4}$ "; 5, P. Martin (F) 2.00; 6, J. Elliott 1.95/6'4 $\frac{1}{4}$ ".

PV: (b) 1, J-M. Bellot (F) 4.90/16'0 $\frac{1}{4}$ "; 2, S. Lefevre (F) 4.80/15'9"; 3, B. Hooper 4.70/15'5"; 4, M. Bryant 4.70; 5, J-P. Colusso (F) 4.70; M. Bull failed at 4.80.

LJ: (a) 1, L. Davies 7.92/26'0"; 2, J. Pani (F) 7.85/25'9 $\frac{1}{4}$ "; 3, A. Lerwill 7.80/25'7 $\frac{1}{4}$ "; 4, C. Tourret (F) 7.72/25'4"; 5, J. Rousseau (F) 7.48/24'6 $\frac{1}{4}$ "; 6, P. Gabbett 7.26/23'10".

TJ: (b) 1, S. Firca (F) 15.50/50'10 $\frac{1}{4}$ "; 2, C. Valetudie (F) 15.13/49'7 $\frac{1}{4}$ "; 3, A. Lerwill 15.12/49'7 $\frac{1}{4}$ "; 4, O. Jean-Charles (F) 15.04/49'4 $\frac{1}{4}$ "; 5, J. Vernon 14.82/48'7 $\frac{1}{4}$ "; 6, J. Crotty 14.59/47'10 $\frac{1}{4}$ ".

SP: (a) 1, A. Beer (F) 18.98/62'3 $\frac{1}{4}$ "; 2, G. Capes 18.94/62'1 $\frac{1}{4}$ "; 3, P. Colnard (F) 18.91/62'0 $\frac{1}{4}$ "; 4, Y. Brouzet (F) 18.18/59'7 $\frac{1}{4}$ "; 5, W. Fuller 16.78/55'0 $\frac{1}{4}$ "; 6, J. Teale 16.74/54'11 $\frac{1}{4}$ ".

DT: (a) 1, J. Watts 57.80/189'7" (UK national rec); 2, J. Nys (F) 55.32/181'6"; 3, W. Tancred 54.88/180'1"; 4, R. Bache (F) 52.82/173'3"; 5, D. Roscoe 52.08/170'10"; 6, F. Piette (F) 50.48/165'7".

HT: (b) 1, V. Prikhodko (F) 68.00/223'1"; 2, J. Accambray (F) 67.82/222'6"; 3, H. Payne 66.54/218'4"; 4, K. Sintoni (F) 64.32/211'0"; 5, B. Williams 60.60/198'10"; 6, I. Chipchase 60.30/197'10".

JT: (b) 1, D. Travis 80.24/263'3"; 2, L. Tuita (F) 73.68/241'9"; 3, J. McSorley 72.92/239'3"; 4, S. Leroy (F) 72.24/237'0"; 5, M. Ibanez (F) 67.10/220'2"; 6, N. Hart-Ives 65.88/216'2".

Result: France beat GB 206 $\frac{1}{2}$ -201 $\frac{1}{2}$.

AAA 10,000m CHAMPIONSHIP

1, D. Bedford (Shaft) 27:47.0; 2, J. Lane (Feltham) 28:39.6; 3, N. Tijou (France) 28:44.2; 4, M. Tagg (Norf. O) 29:03.8; 5, K. Angus (Sheff) 29:08.0; 6, J. Waterhouse (Bing) 29:28.4; 7, M. Freary (Bolton) 29:33.6; 8, R. Jourdan (Fra) 29:38.6; 9, J. Caine (Gates) 29:45.8; 10, R. Clark (Bris/RAF) 29:59.6; 11, L. Stewart (Shett) 30:15.0; 12, M. Absalom (E. Manor) 30:18.0; 13, S. Walker (Thur) 30:54.0.

WOMEN'S INVITATION EVENTS

(all on July 10th)

200m: (headwind) 1, M. Critchley 24.3; 2, M. Cobb 24.7; 3, D. Pascoe 24.8; 4, E. Johns 24.8; 5, L. Barrett 25.5. **400m:** 1, J. Roscoe 54.8; 2, P. Lowe 55.7; 3, M. Tranter 55.7; 4, V. Bernard 55.8; 5, G. Dourass 56.3; 6, M. Newton 57.2. **800m:** 1, S. Carey 2:06.4; 2, N. Braithwaite 2:06.8; 3, M. Coomber, née MacSherry 2:07.5; 4, M. Sonner 2:10.4; 5, B. Bush 2:11.0; 6, A. Lovell 2:12.1. **HJ:** 1, B. Inkpen 1.73/5'8"; 2, S. Wright 1.65/5'5"; 3, G. Hurst 1.65. **LJ:** 1, B-A. Barrett 6.06/19'10 $\frac{1}{4}$ "; 2, B. Inkpen 5.91/19'4 $\frac{1}{4}$ "; 3, A. Wilson 5.61/18'5" (withdrew after 2 jumps with hamstring injury). **4x100m:** 1, GB 'A' (M. Cobb, M. Tranter, M. Critchley, E. Johns) 45.6; 2, GB 'B' (D. Pascoe, J. Roscoe, L. Barrett, V. Bernard) 48.0.

English Schools Champs. (Boys)**At Crystal Palace, July 9th/10th****GLASSBOROW CLIPS A RYUN RECORD**

THE Crystal Palace stadium resounded to many hours of shouting, clapping and cheering last week-end. It's been a long time since such an invigorating atmosphere has been resident at the Palace, and on this occasion it was the English Schools Championships, held before a near capacity crowd in the usual heat-wave that one associates with this fantastic meeting. Undoubtedly the Tartan track must have helped too, to create one of the best ever ESAA Championships in terms of high quality performances.

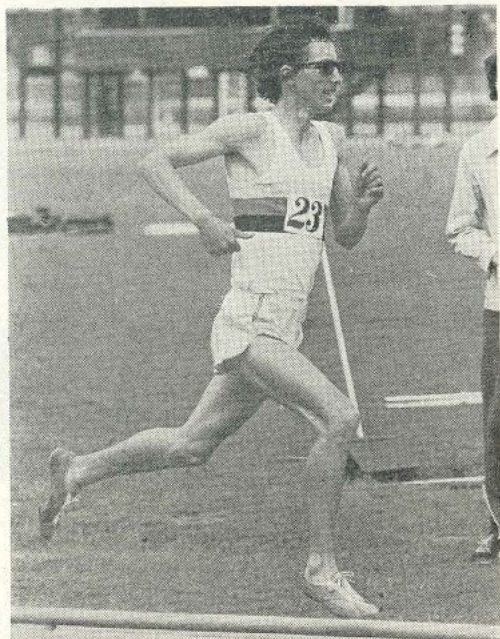
Among the boys events it was the throws that drew attention even though one of Jim Ryun's world age marks fell on the track. Rodney Heward-Mills, who unluckily misses out as a AAA Junior this year by just a few days (born 28.8.52) smashed Chris Colman's UK Junior triple jump record and climbed to 3rd place on the 1971 UK senior list with a superb 15.47/50'9" leap which came on his very first jump. He followed that up with this series: NJ, 14.76/48'5", 14.83/48'8", NJ, NJ. An absorbing pole vault contest on Friday saw three boys still in at 4.34/14'3" before Brian Hooper went on to retain his title in just three vaults (at 4.40/14'5½") and then clear 4.65/15'3" very easily. He had one oh so very narrow failure at 4.90/16'0¼" on his third vault, just dislodging the bar with his chest as he uncoiled over it, and was furiously angry with himself afterwards. John Parkinson took second on the countback, cunningly passing up 4.22/13'10¼" which Allan Williams, keeping the crowd enthralled with his cliffhanging third attempt clearances, unwisely went for.

The high jump on Saturday was a fine competition, which Paul Hambley won by 1.94/6'4½" from UK Youth record holder Colin Boreham and the surprising Royston Hunte. He kept a clear scorecard up to 1.98, going over 1.96/6'5½" beautifully. Hero of the Intermediate event was the one legged Tony Davies, but that was a fine contest also between Chris Wilson and Reg Hopkins.

Ian Anderson's long jumping had the crowd gasping; his 7.31/23'11¼" came on his fifth effort.

David Glassborow set his third World age best in three successive ESAA Championships when he won an exciting 1500m final. "Charlie Spedding had me worried though. I couldn't seem to shake him off entirely." He said afterwards, referring specifically to their 58.9 last lap duel. Dave had the pole position all the way from 600m out, however, and refused to surrender it, in spite of Spedding's repeated challenges. The winning time, 3:48.7, clips a second off Jim Ryun's World age-16 best for the distance, set in 1963.

The 100m finals were all run on the Tartan and Bob Munns and Simon Green both scored almost identical victories, moving through from the 70m mark. Pre-race favourite Tony Hadley never quite got on terms with Tony Gershuny in the senior



Kevin Steere—intermediate 3000 metres winner in 8:20.0, at age of 16.

Ed Lacey

200, the Herts athlete worked hard around the turn and held him off impressively along the stretch to score in 21.7. For once Philip Dunn refused to lead in the 800m final, and the bell was reached in 56.9 and 600 in 1:24.8 before Tony Settle, who had run 1:50.7 a week earlier, paralysed the field with a searing drive for the tape 120m out, open-

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ing up a dozen metres in a flash. Peter Carton came through fast to nab second.

Julian Goater was sidelined with glandular fever, and his 5000m title went to John Davies ("I really wanted to run the steeplechase") who set a personal best after a lot of front running—hot work under a blazing sun. The Intermediate 1500 was notable on two counts. Firstly, it was good to see an aggressive Andrew Barnett crush his opposition with an extraordinary 56.5 last lap, but secondly one should remember that Andrew Royle, fastest AAA Youth in the country with 3:54.7, was not entered by Lancashire Schools—an appalling injustice. Ian Kilpatrick timed his finish to perfection for a fast steeplechase win over Neil Saunders, and Dave Artley, fresh from his 10.7 100m at Hull, only just barely won the intermediate 200 final with four boys all lunging across the tape in 22.1.

Passing 2000m in a scorching 5:28.2, Kevin Steere put up perhaps the finest performance of the track events, when he strode to victory in the Intermediate 3000m in 8:20.0, his second UK age-16 record in a week. More outstanding than the time was his typically uninhibited front running that completely broke the opposition. Fine winner of the Junior pole vault was Lou Ying of London, who set a UK age-14 mark with 11.45/11'3½". Martin Wilson left his finishing burst perilously late in the Junior 1500, a race in which 13-year-old Stephen Greaves ran 4:10.7; and the field in the Intermediate 100m hurdlers never got a chance to get on terms with Everett Thomas. Shock of the meeting came when Peter Kelly joined Sonia Lannaman by being disqualified for two false starts in the high hurdles.

Dave Cocksedge

Senior Boys

100: 1, R. Munns (N'hants) 10.8 (10.7 sf, CBP); 2, A. Hyde (Lon) 10.9 (10.8 sf); 3, C. Lambert (Yks) 11.0 (10.8 sf); 4, C. Nimmo (Staffs) 11.0 (10.8 ht); 5, K. Howlett (Norf) 11.4 (11.1 ht); 6, N. Edwards (Notts) 11.5 (11.3 ht). In Hts: K. Jenkins (Kt) 11.1; M. Caswell (Sy) 11.2; P. Fleetwood (Ches) 11.2; M. Dix (Sy) 11.2; M. Mucklow (Wks) 11.2; C. Pates (Dby) 11.2; D. Harrison (Lancs) 11.2; I. Hamilton (N'land) 11.2; B. Hodgson (Dur) 11.2; N. Such (Wks) 11.2; B. Shuttleworth (Lancs) 11.2; R. Woodman (Wilts) 11.2.

200: 1, A. Gershuny (Herts) 21.7; 2, A. Hadley (Wks) 21.8; 3, K. Jackson (Cumb) 22.2 (22.0 ht); 4, M. Blackman (Ex) 22.2 (22.2 ht); 5, J. Auster (Wilts) 22.7 (22.2 sf); 6, S. Clydesdale (Beds) 22.7 (22.6 ht). In Hts: B. Gracey (Lon) 22.6.

400: 1, P. Beaven (Lancs) 48.5; 2, P. Harris (Wks) 49.4; 3, M. Hatch (Lancs) 49.9 (49.5 ht); 4, M. Gibson (Som) 49.9; 5, J. Deller (Mx) 49.9; 6, S. Stallwood (Som) 50.1.

800: (56.9) 1, A. Settle (Ches) 1:52.5; 2, P. Carton (Lon) 1:53.6; 3, J. Carroll (Lancs) 1:54.0; 4, T. Colton (Notts) 1:54.1; 5, P. Wrobel (Herts) 1:54.7; 6, E. Andrew (Berks) 1:55.6; 7, P. Dunn (Dur) 1:55.7 (1:55.2 ht); 8, D. O'Donnell (Sx) 1:56.0 (1:55.3 ht); 9, C. Oberlin-Harris (Hants) 1:56.1 (1:55.5 ht); 10, G. Smith (Lincs) 1:57.3

(1:55.5 ht). In Hts: R. Privett (Dev) 1:56.5; D. Coney (Lancs) 1:56.6; S. Carter (Dur) 1:56.8.

1500: 1, D. Glassborow (Wks) 3:48.7 (World age-16 best); 2, C. Spedding (Dur) 3:48.8; 3, N. Gates (Som) 3:54.3; 4, S. Lawrence (Lancs) 3:56.0; 5, C. Ridler (Glos) 3:56.3; 6, N. Fennell (Lancs) 3:56.8; 7, J. Davidson (N'hants) 3:56.8; 8, K. Salmon (Dev) 3:59.0.

5000: 1, J. Davies (Mx) 14:33.8 (CBP); 2, N. Jeffrey (Hants) 14:47.2; 3, N. Flavel (Oxon) 14:50.8; 4, A. Dewhirst (Yks) 14:56.2; 5, A. Staynings (Glos) 14:58.8; 6, K. Iliffe (Leics) 14:59.6; 7, S. Barr (Ex) 15:02.4; 8, P. Francis (Sy) 15:06.0; 9, D. Allen (Ches) 15:17.2; 10, A. Grice (Staffs) 15:21.0.

2000mSC: 1, I. Kilpatrick (Bucks) 5:46.0; 2, N. Saunders (Mx) 5:50.4; 3, G. Buckley (Lancs) 5:54.4; 4, S. Galloway (Hants) 5:56.6; 5, H. Symonds (Lancs) 5:59.6; 6, G. Styan (Sx) 6:00.6 (5:59.4 ht); 7, J. Lee (Sy) 6:04.0; 8, P. O'Brien (Dev) 6:09.4; 9, P. Andrews (Notts) 6:10.4; 10, D. Gray (Bucks) 6:14.0.

110H: 1, R. Parker (Hants) 14.8; 2, S. James (N'hants) 15.1 (15.1 sf); 3, C. Mainwaring (Leics) 15.3; 4, D. Button (Kt) 15.5; 5, C. Youngs (Sx) 15.7 (15.4 ht); 6, D. Stratton (Hunts) 15.7. In Hts: D. Charney (Berks) 15.7 sf; C. Gwilliam (Herts) 15.7 sf.

400H: 1, G. Wood (Rutland) 53.9; 2, A. Baker (Kt) 55.6; 3, J. Stephenson (Sy) 55.8; 4, M. Harrison (Worcs) 56.4 (55.6 ht); 5, D. West (Hants) 56.5 (56.2 sf); 6, D. Corcos (Ex) 56.6 (55.7 sf). In semis: N. Demetriou (Mx) 56.5; D. Troup (Ex) 56.7; S. Pounder (Mx) 56.7. C. Smart (Wks) 55.6 ht, fell in sf.

5000mW: 1, P. Le Bas (Hants) 24.08; 2, K. Brewster (Cumb) 24.27; 3, J. McParland (Wks) 24.49; 4, R. Lambie (Lancs) 25.38; 5, N. Groom (Sy) 25.47; 6, D. Spiller (Dby) 25.56; 7, J. Gosney (Ches) 25.58; 8, C. Spinks (Kt) 27.16.

HJ: 1, P. Hambley (Lancs) 1.96/6'5" (CBP); 2, C. Boreham (Hants) 1.94/6'4½"; 3, R. Hunte (Mx) 1.94; 4, S. Middleton (Ches) 1.88/6'2"; 5, A. MacDuff (Norf) 1.86/6'1½"; 6, W. Fedorak (Yks) 1.84/6'0½". R. Bolting (Dor) 1.82/5'11½"; N. Macgregor (Hunts) 1.82; P. Sprengell (Notts) 1.78/5'10"; S. Barber (Staffs) 1.78.

PV: (9th) 1, B. Hooper (Sy) 4.65/15'3" (CBP); 2, J. Parkinson (Ches) 4.34/14'3"; 3, A. Williams (Lon) 4.34; 4, T. Reed (Herts) 3.58/11'9"; 5, G. Patel (Ex) 3.50/11'6"; 6, C. Brynning (Dev) 3.50; 7, R. Jennings (Herts) 3.35/11'0"; 8, A. Peatfield (Notts) 3.35.

LJ: 1, I. Anderson (Yks) 7.31/23'11½"; 2, J. Gangadeen (Lon) 7.12/23'4½"; 3, I. Hardie (Ex) 7.06/23'2"; 4, K. Brown (Dur) 6.99/22'11½"; 5, A. Goodenough (Wilts) 6.80/22'3½"; 6, G. Bennett (Dur) 6.72/22'0½". D. Tee (Oxon) 6.67/21'10½"; P. Summerby (Dev) 6.61/21'8½" in qualifying rounds.

TJ: 1, Heward-Mills (Som) 15.47/50'9" (CBP, UK Junior Record); 2, D. Johnson (Yks) 14.88/48'9½"; 3, W. Novak (Beds) 14.45/47'5"; 4, J. Slaney (Dby) 14.28/46'10"; 5, R. Philips (Mx) 14.22/46'7½"; 6, R. Sibley (Sy) 13.97/45'10". C.

contd. on page 34

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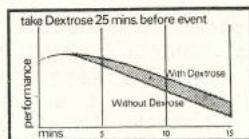
Dextrose is the principal source of energy for the body which is derived from the carbohydrate foods you eat.

Your bloodstream contains dextrose for immediate use; your muscles and liver contain reserves. And your body maintains its blood-dextrose level by continually mobilising these reserves. But strenuous effort uses up dextrose rapidly. Reserves get depleted — and tiredness sets in. *So, just when you need that extra energy most, you begin to flag.*

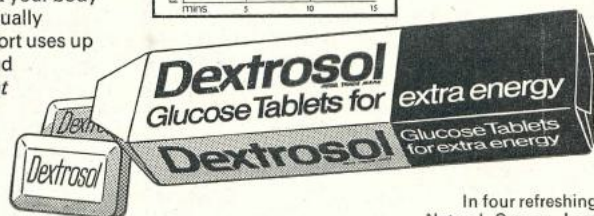
A direct boost.

But you can counteract this problem by giving the dextrose in your bloodstream a direct boost — safeguarding those vital energy reserves.

It's easily done with Dextrosol tablets: the pure dextrose goes straight into your blood. What's more, you can time things so that you get the maximum benefit from Dextrosol exactly when your performance needs the boost. The chart shows how.



Top athletes have been taking Dextrosol for nearly 20 years. How about you?



Dextrosol—the energy booster

In four refreshing flavours:
Natural, Orange, Lemon, Lime.
About 6p a pack.
From all good chemists.

LETTERS

ATHLETES AT UNIVERSITY

Dear Sir,

Despite the attempts of a student(?) from Essex University to destroy my arguments on the difficulties of a student international athlete, and those of the police force to martyr themselves, I would like to reiterate a few points. The first is that the article was prepared as a result of a lecture given to sixth form students, and a lot of research was done in the preparation of the article. In my experience, and the experience of athletes from Birmingham, Loughborough, Sussex and other Universities, no student can work for three days a week, and then take four off for sport, and still come out with a degree of any value.

In fact, the many athletes to whom I spoke, regard the concept of this idea as farcical and completely unfounded. Students do work similar hours to their "working" colleagues, but their work does not stop once the athlete is away from the University. Hours of study, and reading "around the subject" are necessary, papers have to be written, tutorials and dissertations prepared, and course work supplemented, all in the student's "leisure time".

No sir, I still believe that the student athlete is not the privileged sportsman people believe. The full-time student has probably never had it so bad. Each increase in the level of student maintenance grant has not even covered the inflation rise in costs for the preceding period, and the grant is now at least 20% less than the value it held in 1961. Even with the government adding £45 to the value of the grant next year, this will only bring the net value up to 15% short of the "absolute minimum required for a student to live normally".

The only way a student can pay for his life at University is to work during the summer vacation, a task that is impossible for students doing field trips, course studies, industrial sandwich courses, or clinical students, who have much shorter holidays than usual. Apart from this, the extreme inflation of the past few years has meant that summer jobs for students are becoming harder and harder to find.

Whilst sympathising with Mr. Kinsella, I would suggest that he contacts Chris Carter to obtain facts, not hypotheses about how he managed an international career as a member of the police force. I knew Chris personally for a long time during his peak, and learnt to respect the police force, and the way in which they cut red tape, and turned a blind eye to their international star in his job as "schools liaison officer", or some similar title.

Perhaps there are groups of athletes as bad off as students. But, from my personal research, and from general observation, it would seem that

mental and physical talents go hand in hand and that is why students take up so many places in our international teams.

Jim Aukett,
Chairman, Birmingham
University Athletic Union

Dear Sir,

I feel I must enter into the controversy about student athletes. Having just successfully completed a three year B.Sc. course at Birmingham University I feel suitably qualified to comment on the subject. Although Jim Aukett's article tended to exaggerate it did contain the basic facts and the whole point of the article was to dispel the myth that university athletes have unlimited training time.

On the other hand the letter from G. B. Tunnell contained statements which, while possibly true for certain obscure subjects, are completely untrue for the majority of university subjects. From experience I would contend that few students devote LESS than forty hours per week to studies. At Birmingham the majority of students have between 25 and 35 timetabled hours per week. This does not include essential private study such as writing up practicals and lectures, reading, etc. A realistic estimate of time spent this way would be 10-12 hours per week which brings the total to well in excess of 40 hours. To suggest that this can be done with three days concentrated effort followed by four days "taking things easy" is bordering on the realms of fantasy.

Mr. Tunnell does make the concession that extra work is necessary before examinations, but omits the important point that university and college examinations all take place in and around June. This is just that time of year when good performances are necessary for county and area championships, qualifying times, etc. This, I feel, is where a student athlete is most at a disadvantage compared with his non-student counterpart. Instead of bringing himself to a peak of athletic performance the student is hindered by academic matters. This is reflected in the overall low standard of performances in UAU and BUSF Championships which must of necessity be held at this time of year.

In conclusion I would like to make it clear that a student is at university to obtain a degree and not to become a champion athlete. He must accept the fact that his athletics is going to be restricted, at certain times of the year, by academic commitments. However, let us dismiss once and for all the fallacy that a student athlete and unlimited training time are synonymous.

Peter Cornes,
University of Birmingham

Dear Sir,

I was interested to read the article on the "Problems of the University athlete" by Jim Aukett ("AW" June 12th), particularly with regard to diet.

Within the past few months I have talked to many athletes about their nutritional problems,

and in my opinion many athletes worry too much about food supplements such as vitamins or high protein supplements rather than endeavouring to follow a well balanced diet. Obviously dietary supplements are expensive, and as yet no one has proved them essential when the athlete is eating a variety of nutritious foods.

As a very brief guide; as a minimum each day, the athlete should drink 1 pint milk, eat 1 oz. cheese, 1 egg, 4 ozs. meat or fish, 3 ozs. bread, fresh fruit, e.g. an orange and two helpings of vegetables, one of which should be green. To be included in the diet each week are 3 helpings of bacon or pork or ham and 1 helping of liver or kidneys. Then the other foods eaten will provide energy and the other nutrients required by the body.

Fish and chips, bread and cheese are two examples of cheap nutritious foods: eating properly does not have to be expensive if one knows the value of the various foods. Stewing steak for example has the same nutritional value as grilling steak, but the latter is nearly always thought to be better because it costs more. However one must not forget the question of the individual's preference and the convenience factor.

I do sympathise with the nutritional problems of the University student (having been one myself) but as many international athletes fall into this category, they must have found some sort of answer to their problems, although it may not be the most satisfactory one.

I should hasten to add that nutrition is an important aspect of the athlete's training, and must not be neglected.

Scilla Lord,

Nutritionist, Mead Johnson Laboratories

THANKS

Dear Sir,

I would like to thank Officials, young and old, who at Edinburgh on June 20th, stood out in the most appalling conditions I have ever experienced in running. During the Scottish Marathon the rain in some parts of the course was 3 to 4 inches deep. I should also like to thank the Edinburgh Police for their help.

However, I would like to see some of the top Officials giving the same attention to their side of athletics, as they insist competitors must do. There were no labels for the marathon runners drinks, and after running 26 miles some competitors did not get tea tickets. Even though we could be classed as "has beens" it's nice to be appreciated.

J. McNeil

UNOFFICIAL TIMEKEEPERS

Dear Sir,

Rules 55(b), 69(b) and 112(4) all state that only times taken by an official timekeeper shall indicate intermediate times to any competitor and only these times shall be announced over the public address system: yet at numerous championships I have heard unofficial times announced, which have been taken by someone in the Public Address box,

who may not be qualified as a timekeeper and whose watch possibly has not a current NPL certificate of accuracy.

At the Southern Championships on June 25th, I was the official appointed to take lap times in the 3000m race and below are the official times together with those announced from the PA box for the first six laps.

Lap	Official	PA Box
1	1:08.0	1:08.0
2	2:14.8	2:14.0
3	3:20.4	3:20.0
4	4:27.4	4:26.0
5	5:34.6	5:33.0
6	6:42.0	6:42.0

I merely quote the details of this race as an example. Inaccuracy was evident all through the evening. The sin of the PA officials at these championships, in flagrantly breaking the above rules, would be mitigated if all their times bore some resemblance to accuracy. The public deserve information which is correct.

The Track Referee should instruct these unofficial timekeepers to discontinue this illegal practice, and the various championships committees should support the Referee by only appointing announcers who will follow the rules. I have no comment to make on whether this rule is a good one; my only comment is that it is a rule and as such should be obeyed. Non-compliance may invalidate a record.

As to whether I am an efficient timekeeper, may I mention that I have been graded Chief Timekeeper for many years and have officiated as Master Timekeeper at a number of Timekeepers' Practical Tests.

Joe Ray,
Morden

CROSS-COUNTRY AND TELEVISION

Dear Sir,

I was delighted to read the reply by Ron Pickering to my article on TV coverage of cross-country and road racing.

It is rewarding to find that a solo campaign on BBC and in the Sports Press draws a response from someone with authority and influence. For this, Mr. Pickering, thank you!

Athletes will look forward to the experimental cross-country event mentioned in Ron's letter. Perhaps, however, he might enlighten us about the possibilities of seeing, on our TV screens, not an imitation but the *genuine* International C.C. Senior Race. The BBC Sports Department must be aware that the venue is Cambridge, and not a corner of some foreign field. This must ease the cost and remove many of the technical difficulties.

For full utilisation of Outside Broadcast Units the whole of the afternoon could be devoted to the events and include coverage of the ladies and junior races.

Finally, I know I'm expressing the view of all in athletics if I compliment Ron Pickering on the unrivalled manner of his commentaries during televised athletics. His obvious love and knowledge of the sport generates an enthusiasm which

is infectious to viewers, whether they be athletes or not.

Barry Shaw,
Blackpool & Fylde H.

Dear Sir,

I have read Barry Shaw's article on television coverage and the further reference by Ron Pickering to the trial of a short circuit race with great interest. It seems that a new look is needed in the organisation and presentation of both road and country events before any deal in television or sponsorship can succeed.

Leading athletes, who are our bargaining counters in international matches on the track, are competing regularly on the road under conditions little calculated to create public interest or support. Most of our organisers have to face problems of promotion with little assistance and a shrinking budget.

It could well be that joint action by a group of promoting clubs and organisations could evolve

a higher standard of presentation. Still more so a linked series of well promoted road and country events, spread over Great Britain, could well offer a satisfactory medium to a sponsor for the series. The need would be to provide a series of promotions in major cities that would assure a sponsor of a good and continuous medium for publicity.

The material means for this could be:

- (a) A uniform poster for advance publicity.
- (b) Souvenir hand-out programme, allowing inset for details of each event.
- (c) Route direction signs—traffic alert signals—Marshals uniforms—all carrying sponsors image.

It is rarely possible to do justice to a road event unless the start-take-over area and finish are on a traffic free area. This permits a good commentary base and the staging of a presentation of award immediately at the finish. This is a must

Continued on page 38

AAA UNDER 19 CHAMPIONSHIPS

On FRIDAY and SATURDAY, 6th and 7th AUGUST, 1971

At ALDERSLEY STADIUM, WOLVERHAMPTON, STAFFS.

FRI., 6th AUG. Track Events

No. 1	6.15 p.m.	100m Youths (Heats)
No. 2	6.30 p.m.	100 Junior (Heats)
No. 3	6.45 p.m.	400m Youths (Heats)
No. 4	6.55 p.m.	400m Junior (Heats)
No. 5	7.10 p.m.	1500m Youths (Heats)
No. 6	7.20 p.m.	1500m Junior (Heats)
No. 7	7.35 p.m.	400mH Junior (Heats)
No. 8	7.45 p.m.	100m Youths—Final
No. 9	7.50 p.m.	100m Junior—Final
No. 10	7.55 p.m.	800m Youths (Heats)
No. 11	8.05 p.m.	800m Junior (Heats)
No. 12	8.15 p.m.	1000mSC Youths (Heats)
No. 13	8.30 p.m.	2000mSC Junior (Heats)
No. 14	8.45 p.m.	400m Junior (Semi-Finals)

Field Events

No. 1	6.00 p.m.	Youths Pole Vault—Final
No. 2	6.00 p.m.	Youths Long Jump—Final
No. 3	6.00 p.m.	Junior Discus—Final
No. 4	6.00 p.m.	Youths High Jump—Final
No. 5	7.15 p.m.	Youths Hammer—Final
No. 6	7.30 p.m.	Junior Triple Jump—Final
No. 7	8.00 p.m.	Junior Shot—Final

SAT., 7th AUG. Track Events

No. 15	1.20 p.m.	Junior 3000m Walk—Final
No. 16	1.40 p.m.	400mH Junior—Final

No. 17	1.55 p.m.	Youths 2000m Walk—Final
No. 18	2.05 p.m.	400m Junior—Final
No. 19	2.15 p.m.	400m Youths—Final
No. 20	2.25 p.m.	100mH Youths (Heats)
No. 21	2.35 p.m.	200m Youths (Heats)
No. 22	2.45 p.m.	200m Junior (Heats)
No. 23	3.05 p.m.	1000mSC Youths—Final
No. 24	3.15 p.m.	2000mSC Junior—Final
No. 25	3.25 p.m.	100mH Youths—Final
No. 26	3.35 p.m.	1500m Youths—Final
No. 27	3.45 p.m.	1500m Junior—Final
No. 28	3.55 p.m.	110mH Junior (Heats)
No. 29	4.05 p.m.	800m Junior—Final
No. 30	4.15 p.m.	800m Youths—Final
No. 31	4.20 p.m.	200m Youths—Final
No. 32	4.35 p.m.	200m Junior—Final
No. 33	4.45 p.m.	110mH Junior—Final

Field Events

No. 8	1.30 p.m.	Junior Hammer—Final
No. 9	1.30 p.m.	Junior Pole Vault—Final
No. 10	1.30 p.m.	Youths Triple Jump—Final
No. 11	1.30 p.m.	Junior High Jump—Final
No. 12	2.45 p.m.	Junior Javelin—Final
No. 13	2.45 p.m.	Youths Shot—Final
No. 14	2.45 p.m.	Junior Long Jump—Final
No. 15	3.45 p.m.	Youths Javelin—Final
No. 16	4.15 p.m.	Youths Discus—Final

NOTE: All Times are subject to revision if Entries are higher or lower, whichever is the case.

ADMISSION CHARGES: Friday—5p adults, no charge for children under 15 years of age and old aged pensioners. Saturday—30p adults, 15p for children under 15 years of age and old aged pensioners. Parties of children, up to 15 in number, will be admitted free (if accompanied by an adult) to the terracing.

ACCOMMODATION FOR ATHLETES CAN BE ARRANGED BY THE M.C.A.A.A. Rooms 30 & 32, Queen's College Chambers, 38a Paradise Street, Birmingham, 1 (Tel: 021-643-6916). Please apply for a booking form if accommodation is required.

Timetables and admission tickets will be sent from the M.C.A.A.A. Office the week beginning 19th July (after the Scrutiny Meeting has been held).

Results In Brief

May 29th

Southern Counties AAA Young Athletes Mile, at West London. 1, M. Brameld (Medway) 4:21.4; 2, M. Knapp (E'bourne) 4:23.6; 3, W. Shirley (Basildon) 4:24.2.

John Watts throws discus 57.76/189'6"

June 9th

Metropolitan Water Board Championships, Crystal Palace. 100m: R. Bowers 11.1.

Royal Marines Inter-Unit Championships, Portsmouth. 100: Brown 11.2. 1500: J. Douglas 3:56.5. 110H: Hogg 16.3. PV: Toms 3.66/12'0". LJ: De Looze 6.89/22'7½". TJ: De Looze 14.11/46'3½". SP: 1, J. Watts 16.53/54'3"; 2, E. Kelland 14.56/47'9½". DT: 1, Watts 57.76/189'6"; 2, Kelland 45.16/148'2". HT: 1, Kelland 45.90/150'7"; 2, Hogg 42.36/139'0"; 3, Chorley 41.52/136'2". Team: RM Depot.

Madeley Coll. 129, Shropshire AAA 114, Chester Coll. 91, at Shrewsbury. 100: 1, J. Kirwan (C) 11.1; 2, Chapman (S) 11.2; 3, Collins (M) 11.2. 200: T. Rodwell (M) 22.0. 5000: Drinkwater (C) 14:58.0. 400H: Hootor (M) 56.4. HJ: M. Howard (C) 1.73/5'8".

June 16th

Surrey AC 42, SLH 37, HHH 30, Kent AC 27, Surrey Bgls. 24. 3000: J. Roberts (SLH) 8:35.2. SP: D. Travis (SAC) 12.81/42'0½". DT: 1, H. Eberlein (Boro' RC-Guest) 46.86/153'9"; 2, Travis 38.76/127'2". JT: D. Mole (SAC) 51.86/170'2".

Shropshire AAA/WAAA Graded Meeting, Shrewsbury. Shrops AAA 10,000: 1, J. Edwards (Tipton) 31:21.4; 2, A. Reade (Stoke) 31:35.6; 3, E. Williams (Shrews) 32:50.2. Junior 800: M. Downes (Staffs) 1:58.2. Junior Girls 400: J. Samworth (Pontesbury S) 66.5.

Bristol AC Open Meeting. 800: 1, J. Gingell (Bris) 1:55.5; 2, T. Taylor (Millfield) 1:55.8. 3000: 1, R. Winter (Bris) 8:37.4; 2, A. Read (West) 8:38.0; 3, M. Swinbank (Bris) 8:41.0; 4, P. Lonnen (Bris) 8:42.0; 5, Langton (West) 8:48.0; 6, G. Blackburn (West) 8:50.0; 7, P. Rutter (West) 8:51.0. DT: D. Maksimczyk (West) 40.90/134'2". (Youths) 100: P. Stockburn (West) 11.8.

BRACKNELL ATHLETIC CLUB

12th Annual

5 MILE OPEN ROAD RACE

SATURDAY, AUGUST 7th, 1971, at 3 p.m.

FROM SPORTS CENTRE, BAGSHOT ROAD

Prizes: First 3 Individuals, first 3 Teams, first "B" team (4 run, 3 score).

Entries: 20p per indiv., to D. Rikly, 34 Saffron Road, Bracknell, Berks. (Phone: 3993).

ENTRIES CLOSE SATURDAY, JULY 31st

June 19th

Sale 184, Manchester AC 71, East Cheshire 21, at Sale. 100/200: B. Mayo (S) 10.8/22.2. 800: 1, B. Brennan (Warr) 1:55.3; 2, J. Carroll (Liv. Pem-J) 1:56.5; 3, B. Watkins (S) 1:56.9. 1500: 1, P. Morris (M & D) 3:59.0; 2, P. Kelly (S) 4:00.8. 3000: 1, M. Firth (MAC) 8:36.4; 2, P. Shaw (MAC) 8:44.0; 3, B. Goulden (S) 8:44.8. (Juniors) 400: A. Settle (S) 50.3. 800: G. Buckley (S) 1:58.0. 1500: 1, A. Mottershead (MAC-Y) 4:04.4; 2, P. Nicholls (W) 4:05.0. (Youths) 800: A. Royle (S) 2:00.3. 1000mSC: 1, N. Sellar (S) 2:57.9; 2, S. Grynier (S) 3:02.8. LJ/TJ: Sugden (S) 6.28/20'7½" & 12.93/42'5". (Boys) 100: P. Sychoden (S) 11.9. 800: 1, M. Yall (S) 2:09.9; 2, W. Painter (S) 2:10.2. 1500: 1, Painter 4:30.7; 2, Yall 4:34.6. (Women) 1, Sale 65; 2, Manchester & D. 21; 3, Oldham & Royton 12. 1500: C. Jeffries (S) 5:09.0. (Juniors) 200: V. Rowbotham (M & D) 27.1. 800: 1, K. Idowu (S) 2:29.5; 2, A. Robinson (S) 2:29.5. HJ: L. Pilling (S) 1.45/4'9".

June 19th

Eldon Trophy, Windsor. 1, Aldershot 295; 2, Windsor 256; 3, Crawley 201; 4, Wycombe Phoenix 126; 5, Feltham 116; 6, Maidenhead 74. (Women) 1, Aldershot 193; 2, Wycombe Ph. 156; 3, Windsor 153; 4, Crawley 69; 5, Uxbridge 63; 6, Maidenhead 22. 800: B. Price (Uxbridge-Int) 2:19.9.

Army Junior Championships, Aldershot. 1500: G. Grant 4:06.6. 2000mSC: A. Jenkinson 6:37.2. HJ: T. Gillen 1.75/5'9". 4x100: AAC, Harrogate 45.9. (Youths) 1000SC: H. Worden 2:57.8. TJ: A. Duckworth 12.23/40'1½". JT: P. Hope 50.16/164'7". Relays. Juniors 4x200: 1, Inf. Jnr. Btn. 1:37.4; 2, JL. Rgt. 1:38.9. 4x400: JL. Rgt. 3:40.6. 4x800: 1, JL. Rgt. 8:30.8; 2, JL. Rgt. RA. 8:32.0; 3, Inf. JL. Btn. 8:47.0. 4x100H: Inf. JL. Btn. 72.7.

Scunthorpe Sports. 200: S. Bell (Hull) 22.3. (Yths) 100: D. Peace (Rock) 11.4. 800: W. Winter (Hick. M) 2:01.6. (Junior Girls) 100/200: J. Goldthorpe (D. Hyman TC) 12.9/26.5. 800: S. Walton (Normandy Pk) 2:24.1.

Bucks 146, Achilles Club 138, RAF Air Support C. 99, Oxfordshire 95, Herts 29, at Oxford. 100/200: J. Edwards (B) 11.2/22.5. 400: 1, Williams (RAF) 48.9; 2, M. Dixon (Ach) 50.1. 800: 1, Williams 1:54.2; 2, R. Moughtin (A) 1:55.1; (B) F. Martin (RAF) 1:55.6. 5000: 1, A. Moore (B) 14:35.4; 2, M. Honiball (A) 14:44.8. (B) B. Larkin (B) 14:49.6. 110H: 1, R. Young (A) 15.9; 2, R. Amoroso (B) 15.9; (B) V. Brownlees (A) 15.8.

BIRCHFIELD HARRIERS

OPEN 10 MILE ROAD RACE

JULY 31st, 1971, at 3 p.m.

Prizes for first ten individuals and first three teams (4 run, 3 count)

Entries to R. Orton, 19 Lyndon Close, Castle Bromwich, Birmingham 36, by 28th July.

Fees: 15p ind., 30p per team.

400H: 1, S. Nussey (O) 55.0; 2, D. Mead (B) 55.3. (B) Godfrey (A) 57.8. 3000SC: 1, R. Sibson (O) 9:23.6; 2, J. Dryden (A) 9:33.4. (B) R. O'Brien (O) 3:38.2. HJ: 1, N. Norman (A) 1.90/6'3"; 2, C. Anderson (O) 1.83/6'0". (B) N. Robertson (Ach) 1.83. PV: 1, C. Kidd (A) 3.96/13'0"; 2, R. Murphy (O) 3.66/12'0". LJ: 1, M. James (B) 6.89/22'7"; 2, K. Kidd 6.81/22'4". TJ: 1, K. Kidd 14.88/48'9"; 2, G. Pilgrim-Morris (RAF) 13.86/45'5"; 3, James (B) 13.57/44'6". SP: 1, N. Griffin (B) 13.59/44'7"; 2, Meade (RAF) 13.14/43'1". (B) D. Stubbs (B) 13.20/43'3". DT: Griffin 43.80/143'8". JT: F. Brown (Ach) 64.34/211'1". 4x100: Bucks 44.4. 4x400: 1, Bucks 3:22.2; 2, Achilles 3:23.0. (Women) Oxon 53, WRAF 42. HJ: 1, K. Bowden (WRAF) 1.55/5'1"; 2, A. Sutton (O) 1.52/5'0".

Sheffield Univ. 191, Durham Univ. 172, York Univ. 171, Leeds Univ. 44, at Leeds. 100: D. Chapman (Y) 11.1. 5000: P. Varney (Y) 14:48.8. JT: P. Blackburn (S) 55.34/181'7".

June 20th

Hillingdon Borough Show Meeting, at Uxbridge. 1, Hillingdon 205, TVH 202, Highgate 98, Reading 97, Windsor, S & E 96, Luton Utd. 77. 100: 1, I. Matthews (TVH) 10.6w; 2, J. Singleton (L) 11.0; 3, J. Edwards (Rd) 11.1. 200: Matthews 22.4. 3000: R. Melvern (W) 8:37.2. Team: TVH 13. 3000SC: 1, R. Grice (Hill) 9:51.8; 2, P. Stevens (TVH) 9:54.0. 110H: 1, P. Thompson (R) 15.5w; 2, Giles 15.6; 3, K. Purves (Hillingdon) 15.6. (B) 1, Purves 15.6; 2, J. English (TVH) 15.7; 3, Giles 15.8. HJ/LJ: J. Dickerson (Hill) 1.99/6'6" & 6.92/22'8". SP: A. Kerr (H) 14.27/46'10". DT: 1, Kerr 47.90/157'2"; 2, J. Hillier (H) 46.00/150'11"; 3, N. Griffin (WSE) 40.36/132'5". HT: 1, L. Hall (TVH) 47.38/155'5"; 2, B. Keeble (H) 46.78/153'6"; 3, S. George (R) 43.30/142'1"; 4, B. Lewis (H) 43.20/141'9". Medley R: Hillingdon 3:40.8. Inv. 3000: 1, M. Wands (H) 8:44.8; 2, P. Francis (H) 8:45.2; 3, R. Piotrowski (R) 8:46.0. Junior Girls 800: A. Coxon (H) 2:27.7.

Yorkshire Jumps Meeting, at Pudsey. (Yorks Youth Champs) LJ: N. Burton (Skyrac) 6.02/19'9". HJ: K. Boyle (Skyrac) 1.50/4'11". TJ: Rye-croft 12.28/40'3". (Yorks. WAAA Int Champs) HJ: L. Atkin (Hull Sp) 1.40/4'7". LJ: Y. Lowe (Skyrac) 5.03/16'6". Junior Girls LJ: S. Holliday (Skyrac) 4.47/14'8". (5.03/16'6" extra trial).

Cheshire Women's League, Warrington. 1, Sale 607; 2, Warrington 540; 3, Wirral 337; 4, Wallasey 217; 5, Altrincham 103. 100: 1, L. Hampson (Wa) 12.4; 2, W. Kavanagh (Wi) 12.4; 3, K. Davenport (Wall) 12.6. 200: Kavanagh 26.2. 100H: Davenport 15.3. HJ/LJ: Davenport 1.69/5'6" & 4.93/16'2". DT: 1, J. Lawrenson (Wir) 38.54/126'5"; 2, E. Hindson (S) 34.66/113'8". (Inters) 100: A. Webster (Wirr) 12.9. 800: T. Wilde (S) 2:27.0. 1500: C. Jeffries (S) 5:23.6. 80H: C. McEvoy (S) 12.9. 4x100: Wirral 52.8. HJ: 1, E. Prosser (S) 1.57/5'2"; 2, J. Cox (Wirr) 1.55/5'1"; 3, S. Carter (Wall) 1.53/5'0". (Juns) 100/200: B. Doyle (Wirr) 13.0/28.2. 800: 1, G. Guest (Warr) 2:27.0; 2, B. Parker (S) 2:28.3. 1500: 1, A. Robertson (S) 5:19.4; 2, F. Burgess (S) 5:20.7; 3, K. Strange (Warr) 5:30.0. HJ: Doyle 1.42/4'8".

Festival Trophy, at Chelmsford. 1, Ilford 339; 2, Chelmsford 306; 3, Southend 280; 4, Cambridge & Coleridge 192; 5, Hadleigh Oly. 172; 6, Thurrock 122; 7, Verlea 104. 100: R. McStocker (Ilf) 11.2. 3000mW: 1, D. Cox (Chelms) 13:49.4; 2, A. Banyard (S'end) 14:21.6; 3, D. Stevens (Steyn) 14:44.8. SP/DT: P. Bullock (Had. O) 13.31/43'8" & 45.06/147'10". JT: 1, D. Heath (Ilf) 57.86/189'10"; 2, W. Bushnell (Ilf) 53.96/177'0"; 3, B. Fuller (Had. O) 53.34/175'0"; 4, R. Radley (Ilf) 52.16/171'1". (Youths) 100: P. Barrett (S'end) 11.6; 2, D. Thomas (Had. O) 11.7. 200: Barrett 23.5. JT: S. Jalowiecki (Ilf) 52.30/171'7". (Women) 100: A. Wilson (S'end) 12.3. 200: 1, Wilson 25.7; 2, C. Pettit (Ilf) 26.4. 800: 1, B. Grinney (Thurr) 2:20.4; 2, P. Winter (Ver) 2:20.4. 100H: L. Ilott (Ilf) 14.9. SP: 1, S. Oldham (Chelms) 11.14/36'6"; 2, Y. Fountain (S'end) 10.98/36'0"; 3, Wilson 10.95/35'11"; 4, R. Thoday (C&C) 10.23/33'7". DT: Fountain 37.56/123'3". JT: Fountain 35.62/116'10". (Inters) 200: 1, Y. Pedley (C&C) 26.7; 2, J. French (S'end) 26.7. 80H: 1, S. Jousiffe (Th) 12.7; 2, J. Carter (C&C) 12.8. SP: E. Shipton (Chelms) 10.02/32'10". DT: 1, Shipton 34.20/112'2"; 2, S. Wood (Chelms) 33.26/109'1". Junior 75H: M. Dray (S'end) 12.6.

Indian Sports at Southall. SP/HT: Sohi Singh (Eal & Southall) 12.88/42'3" & 44.74/146'9".

Throws Competition, at Newcastle-on-Tyne. DT: (1.75) G. White (NSP-J) 39.76/130'5". HT: (6.25k) 1, R. Rutherford (NSP-J) 49.32/161'10"; 2, P. Scott (Heaton S-Y) 37.06/121'7"; 3, I. Minto (NSP-J) 37.02/121'5".

June 22nd

North Gloucestershire Track League, Blackbridge. Gloucester 157, Cheltenham 142, Hereford 85, Innsworth 8. (Women) Cheltenham 34, Gloucester 28, Hereford 26, St. Mary's 10. 1500: 1, A. Sivell (C) 5:15.0; 2, K. Sheldrick (H) 5:23.0. LJ: J. Beamish (G) 5.18/17'0". SP: G. Sankey (C) 9.46/31'0".

Insurance AA Championships, Motspur Park. 200: 1, C. Combe 22.6; 2, M. Mahoney 22.9. 400: 1, I. Lymath 50.5; 2, N. Lovatt 50.8. 800: 1, Lymath 1:55.2; 2, J. Foley 1:56.2. 1500: 1, R. Gevers 3:59.8; 2, M. Field 4:00.5. 5000: 1, Gevers 14:35.6; 2, R. Hawtin 14:53.0; 3, C. Reed 14:59.0. 10,000: 1, Gevers 30:28.8; 2, Hawtin 31:07.4; 3, J. Rowe 31:10.0; 4, I. MacIntosh 31:12.2. 3000mW: 1, O. Flynn 13:43.2; 2, I. Richards 13:53.8; 3, R. Emsley 14:07.4. Medley R: Temple Bar 3:41.5. HJ: D. Newman 1.84/6'0". LJ/TJ: G. Hamlyn 6.62/21'8" & 14.20/46'7". DT: J. Lloyd 39.24/128'9". (Women) 100/200: P. Turner 12.3/26.0. 400: S. Forse 59.0. 800: 1, Forse 2:18.0; 2, C. Brannon 2:19.8; 3, L. Norgett 2:20.6. SP/DT: J. Kerr 13.43/44'0" & 40.50/132'10". (Juniors) 800: C. Curtis 1:59.8. Jefferson Trophy: Sun Life.

June 23rd

Birmingham Univ. 103, Midland Police 79, at Edgbaston. 100: 1, D. Price (B) 11.1; 2, B. Greene (MU) 11.3. 200: Price 22.2. 800: 1, R. Smedley (B) 1:54.9; 2, A. Harvey (MP) 1:56.1. 1500: 1, J. Eley (B) 3:54.3; 2, D. Black (MP-J) 3:54.5; 3, S.

Continued on page 30

THURROCK FESTIVAL OF SPORT

Thurrock & Essex CAAA '10'

At Grays, June 27th

1. S. Walker (Thurrock) 48.20
2. C. Moxsom (Woodford Green) 49.18
3. A. Alderson (Ilford) 50.11
4. C. Reed (Hadleigh O) 50.17; 5. D. Horsup (Thurrock) 50.32; 6. M. Emms (W. Grn) 50.58; 7. W. Stone (Havering) 51.16; 8. D. Staines (Thurrock) 51.36; 9. C. Ward (Thurrock) 51.58; 10. M. Prosser (Ilford) 52.06; 11. G. Tunnell (Bristol) 52.18; 12. B. Oulds (Thurr) 52.22; 13. P. Hamilton (S'ton & E) 52.30; 14. M. Fletcher (Chelms) 52.33; 15. J. Batchelor (Ilford) 52.36; 16. R. Castle (Invicta) 52.38; 17. A. Barrett (Ilford) 52.44; 18. P. Bryan (Havering) 52.47; 19. L. Parrott (Hav) 52.54; 20. G. Knox (Hill) 53.07; 21. A. Down (Thurr) 53.16; 22. R. Howe (W'stow) 53.27; 23. M. Madders (W'stow) 53.28; 24. N. Sturgess (Medway) 53.34; 25. P. Richardson (Havering) 53.58; 26. M. O'Bear (Thurr) 53.59; 27. I. Jolliffe (Invicta) 54.06; 28. G. Bennison (Barnet) 54.35; 29. D. Townsend (Inv) 54.55; 30. D. Davies (Chelmsford) 55.00. (86 finished).

Teams (Open): 1, Thurrock 12; 2, Ilford 35; 3, Havering 37; 4, Woodford Green 47; 5, Thurrock 'B' 48; 6, Invicta 58; 7, Invicta 83; 8, Walthamstow 86; 9, Chelmsford 87; 10, Essex Bgls 90. (Essex Championship): 1, Thurrock 14; 2, Ilford 26; 3, Havering 38; 4, Woodford Grn. 45; 5, Thurrock 'B' 49; 6, Hadleigh Oly. 76.

Women's events

1500: 1, L. Motton (Basildon) 4:56.8; 2, J. Church (Thurrock) 5:08.4; 3, M. Crates (Thurrock) 5:17.4. 3x1500 BMC: 1, Southern Counties 14:09.8; 2, Eastern Counties 14:10.8; 3, Midland Counties 14:23.0. JT: 1, J. Thorndyke (Thurrock) 36.08/118'4"; 2, L. Hamilton (Herc W) 33.78/111'10"; 3, A. Ellingford (Brentwood) 32.06/105'2". (Intermediates) 100: J. Deeks (Craw) 13.1 (12.8 ht). 200: Deeks 27.1. 400: L. Smith (Thurr) 62.0. 800: 1, Smith 2:20.2; 2, L. Abraham (WY. Ph) 2:21.0; 3, Y. de Vries (Basildon) 2:22.0. LJ: T. Goodson (Craw) 5.18/17'0". JT: M. Sulman (C&C) 34.78/114'1". (Jun) 100: 1, J. Long (WY. P) 12.9; 2, C. Morgan (WY. P) 13.1; 3, I. Van Sertina (Chelms) 13.1. 200: 1, Morgan 27.6; 2, J. Gotharb (Hav) 27.8 (27.6 ht). 800: 1, R. Joyce (Craw) 2:21.8; 2, D. Rippe (Hav) 2:22.3; 3, A. Vaughan (Sel) 2:27.5. 1500: 1, C. Boxer (AFD) 4:39.1 (2nd fastest ever by UK 14-y-o); 2, S. Hines (Thurr) 4:46.8; 3, M. Sadler (Basildon) 4:57.0. LJ: 1, J. Long (WY. P) 5.42/17'9"; 2, Dippe 4.72/15'6". Girls Under 12 800: 1, J. Oliver (KAC) 2:43.0; 2, L. Pamment (Rochester GS) 2:43.4; 3, S. Noble (Harlow) 2:43.5.

(Juniors) 3000: 1, B. Smith (Thurrock) 8:35.8; 2, S. Barr (Thurrock) 8:50.8; 3, W. Shirley (Basildon) 8:53.0. Medley R: 1, Thurrock 3:50.2; 2, Hadleigh O. 3:55.0. (Youths) 100: T. Paico (Enfield) 11.8. 200: D. Thomas (Hadleigh) 24.4 (24.0 ht). 1500: I. Davison (Thurr) 4:16.2. 1000SC: T. Green (Medway) 3:05.0. Medley R: 1, Enfield 3:58.6; 2, Hadleigh Oly. 4:01.2; 3, Thurrock

4:03.6. SP: 1, S. Archer (New Romford) 17.78/58'4" (9th on UK all-time list with 10lb implementation); 2, R. Tohlin (Enf) 12.11/39'9". (Boys) 1500: K. Hayman (Haywards Hth) 4:36.8. 4x100: Enfield 48.3. JT: S. Bibby (Thurr) 46.06/151'1".

HERTFORDSHIRE 10,000m

At Watford, May 1st

1, T. Phipps (Verlea) 32:04.8; 2, G. Arnell (Watford-age 16) 32:58.4.

Surrey Schools, Motpur Park, June 19th.

(Senior Boys) 200: J. Simmons 23.1. 400: D. Dorling 51.4. 800H: J. Stephenson 58.3. 5000: 1, P. Francis 15:12.6; 2, R. Treadwell 15:55.4. 2000SC: 1, J. Lee 6:03.4; 2, C. Leonard 6:32.2. LJ: R. Vaughan-Jones 6.54/21'5½". PV: B. Hooper 4.62/15'1½" (narrow failure at 4.68/15'4½"). TJ: 1, R. Sibley 14.07/46'2"; 2, P. Hannam 13.40/43'11½". (Int. Boys) 200: 1, D. Mehta 23.3; 2, R. Sullivan 23.8. 400: S. Simson 52.1. 1500: T. Marsden 4:11.5. 3000: 1, M. Lloyd 9:34.8; 2, M. Nolan 9:38.4. 100H: 1, D. Nanson 14.5; 2, S. Johnson 14.8; 3, R. Cunningham 14.9; 4, J. Slates 15.0. 1000SC: 1, M. Simmons 2:55.6; 2, D. Warren 3:01.0; 3, D. French 3:04.0. HJ: G. Stevens 1.71/5'7½". LJ: A. Richmond 6.22/20'5". TJ: 1, G. Doerr 12.95/42'6"; 2, J. Kenny 12.93/42'5"; 3, G. Burgess 12.67/41'7". SP: 1, K. Hoare 12.96/42'6½"; 2, M. Coker 12.59/41'3½". (Jun. Boys) 200: K. Fox 24.9. 400: I. Cartwright 54.9. 800: 1, J. Whitehead 2:06.7; 2, T. Walsh 2:07.8; 3, K. Chimes 2:09.4. 1500: 1, D. Purcell 4:18.5; 2, P. Barr 4:23.3; 3, B. Harrad 4:26.1; 4, C. Foxton 4:26.4; 5, P. Stillaway 4:28.9. 3000mW: 1, D. Cheshire 15:15.2; 2, I. Statter 16:27.8. HJ: F. Kent 1.58/5'2¼". LJ: G. Osbourne 5.90/19'4½". TJ: 1, R. Jones 12.78/41'11½"; 2, J. Berry 11.60/38'0½". DT: J. Britton 33.70/113'10". (Sen. Girls) 100: S. Knight 12.7. 400: 1, C. Timms 60.0; 2, S. Day 60.0. 800: D. Marchment 2:25.0. 100H: C. Fryer 16.4. HJ: 1, N. Morrison 1.59/5'2¼"; 2, R. Edwards 1.52/5'0". LJ: H. Marett 5.16/16'11½". DT: 1, J. Thompson 40.14/131'8"; 2, M. Fuller 36.30/119'1". JT: J. Champion 33.22/109'0". (Inter. Girls) 100: R. Leech 12.5. 200: 1, J. Brown 25.9; 2, S. Howard 26.4; 3, J. Nicholls 26.8. 400: 1, E. King 58.6; 2, E. Stevens 58.7; 3, L. Stephenson 60.0. 800: 1, C. Fidler 2:22.2; 2, H. Penfold 2:26.0; 3, K. Marsh 2:26.5. 80H: 1, J. Richardson 12.4; 2, D. Baker 12.5; 3, G. Thornhill 12.6. HJ: 1, W. Gubbige 1.46/4'9½"; 2, V. Le Bruin 1.46. LJ: 1, S. Rosbotham 5.34/17'6½"; 2, L. Boothe 5.30/17'4½"; 3, S. McAllister 5.00/16'5". SP: 1, M. Willey 10.72/35'2"; 2, M. Cook 10.66/34'11½"; 3, J. Brewer 9.96/32'8½". JT: 1, L. Carter 34.82/114'3"; 2, L. Rice 34.06/111'9"; 3, J. O'Mahoney 30.70/100'8". (Jun. Girls) 200: 1, V. Fink 27.2; 2, J. Bowerman 27.5. 800: S. Pearce 2:21.1; 2, K. Luckins 2:22.3; 3, S. Davidson 2:23.8; 4, J. Bennett 2:27.3; 5, L. Drew 2:28.1. 75H: 1, L. Hunt 12.1; 2, C. Hunt 12.5; 3, A. Manley 12.5. HJ: S. Koskela 1.45/4'9". LJ: 1, J. Burrige 5.15/16'10½"; 2, K. Moore 5.10/16'9". SP: H. Cooper 9.02/29'7". DT: J. Buckholt 27.56/90'5". JT: M. Horsecroft 27.72/90'11".

WOMEN'S AMATEUR ATHLETIC ASSOCIATION

NATIONAL TRACK AND FIELD CHAMPIONSHIPS

Sponsored by Birds Eye Foods

**Crystal Palace Athletic Stadium
National Sports Centre,
Norwood, London, S.E.19**

FRIDAY, 16th JULY, 1971 at 6 p.m.

All seats at 15p

SATURDAY, 17th JULY, 1971 at 1 p.m.

Covered: 40p reserved 25p unreserved

Open Stand: 15p unreserved

**TICKETS MAY BE OBTAINED FROM CRYSTAL PALACE
BOX OFFICE**

*Competitors will include Olympic, European and Commonwealth Games
Medallists from Great Britain and Abroad*

AMERICAN AAU CHAMPIONSHIPS

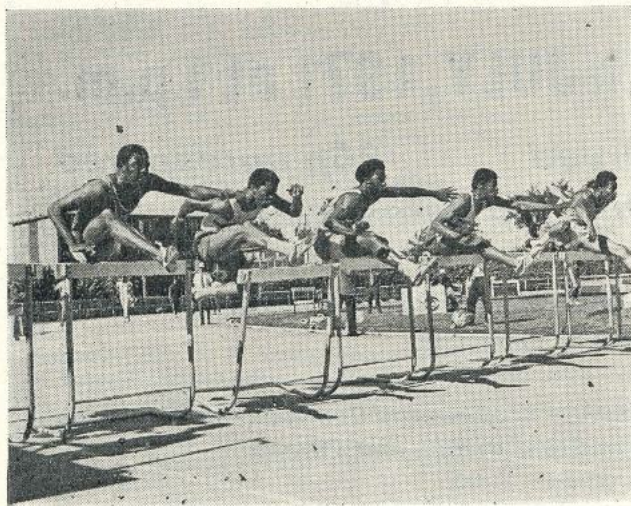
At Eugene, Oregon, June 25th/26th



Karl Salb brought off the finest victory of his career to date when beating Randy Matson and Al Feuerbach for the shot title with 20.49/67'2 $\frac{3}{4}$ ".



Steve Prefontaine (254), who went on to win in 12:58.6, leads in the 3 miles from Steve Stageberg (117), 2nd in 13:00.4, and Frank Shorter, 3rd in 13:02.4.



A world record in the making: Rod Milburn, third from left, at the first flight during the 120y hurdles semi in which he clocked 13.0. Left to right: Willie Davenport, Jerry Wilson, Milburn, Erv Hall, Lance Babb.



The USA's greatest ever steeplechase race: Jerry Liebenberg leads from Sid Sink (who won with a national record 8:26.4), Mike Manley (2nd in 8:27.6) and Barry Brown (190).



The Mile Final was run in a downpour, but that did not damper the enthusiasm of Marty Liquori, who added to his list of successes with a 3:56.5 victory.

Photos by Tony Duffy

This great meet produced another world record in the 440 yards. Here John Smith, extreme right, wins in 44.5 from Wayne Collett (extreme left), 44.7. The previous world record was 44.7, set by Curtis Mills in 1969.



INTERVIEW WITH RALPH MANN

John Cobley talks to the world 440y hurdles record holder

"I DON'T think he has ever missed a workout", says coach Williard Hirschi of 22-year-old Ralph Mann. He has seen Mann develop from a 1:56 half-miler and 14.4 high-hurdler to a 440y hurdles world record holder (48.8) in three years. He says it is Mann's willingness to train hard that has been the greatest factor of his success. The Brigham Young University coach has had many athletes of Mann's ability but none has been willing to work as hard. Hirschi has thus been able to develop Mann into an exceptionally strong athlete. And Mann's tremendous drive to win also impresses his coach. But Hirschi claims that Mann "doesn't run relaxed" and expends energy unnecessarily. He feels there is room for improvement here. Also, he thinks Mann neglects his speed training and is confident that his flat quarter time could be improved from 46.5 to near 45.0.

In the first 18 years of your life, was there anything that indicated you would be a good athlete?

Ralph Mann: Not particularly. In high school, I played baseball and ran track jointly every fall and summer. And my times weren't anything to be bragged about. But they indicated that if I matured and put on a little weight, I could run a decent time in either the high hurdles or the quarter flat. When I came to BYU, the coach here, Hirschi, tried to get me interested in the 440 hurdles, which proved to be astute, far-reaching and intuitive. With my hurdling ability, and maturing and putting on a little weight and getting a little stronger and being able to run that powerful quarter, it all worked out.

So you showed promise but not outstanding promise before you came to BYU?

When I came here I had just turned 18 and weighed about 150lb; I was as tall as I am now (6'3½") and you can imagine how thin and frail I was. I had no kind of weight training behind me and I was naive about how to train and how to become a decent runner.

Will you describe how you have developed since that time?

It's been 3½ years now since I started running the 440 hurdles. In my first year it took almost a whole year to learn how to run 13 strides for 6 hurdles. I was really slow to progress the first year: I think my first race was 51.6 and my last race was 51.6, over a 6 month period. I thought maybe that was the fastest I could run but during the next year I put on about 20lb and started running the open quarter more. And my time dipped down to the lower 50's—it was 50.5 up to the Nationals (NCAA Championships) and then I ran 49.6 to win the NCAA. Last year I really started training hard on the weights and really pushing the open quarter. I hurdled far less than I did the previous two years and concentrated more on strength endurance, and then at the end of the year, speed. Everything just fell into place during the national meet in Des Moines where I ran 48.8.

Will you describe in more detail the training methods you used in this three year period?

When I was a freshman I just started fooling around in the distances in the winter. I felt what it could do for me so for a one week workout I'd run up to 60 miles and lift weights 3 times. This

THAMES VALLEY HARRIERS OPEN GRADED MEETINGS

(Under A.A.A. Laws)
5p per person entry fee

A

21st July

Hammer	7.00 p.m.
L.J.	7.00 p.m.
Discus	7.45 p.m.
P.V.	7.45 p.m.
(Tartan Jumps)	

B

18th August

400H	7.00 p.m.	Javelin	7.00 p.m.
200m	7.15 p.m.	H.J.	7.00 p.m.
1500m	7.35 p.m.	Shot	7.45 p.m.
400m	8.10 p.m.	T.J.	7.45 p.m.
2000S/C	8.30 p.m.	(Tartan Jumps)	

WEST LONDON STADIUM,
DUCANE ROAD, W.12

BARROW ATHLETIC CLUB

Tenth Annual

ULVERSTON TO BARROW

8½ MILE ROAD RACE

(Under A.A.A. Laws)

SUNDAY, 15th AUGUST, 1971

Start at Station Corner, Ulverston, 3 p.m.

PRIZES WORTH £45

Individual: 1st valued £10, 2nd £6, 3rd £4; 3 Prizes to athletes not in first 3 and not in a winning team £2, £1.50, £1; 1st Vet (O/35 on day) £2.25; 1st Local runner to break 40 mins. £2; 1st athlete to break Mike Freary's record of 38.17—President's prize valued £3. Standard Certs. for all inside 45 mins. **Teams** (3 to count): Winners hold Frank Price Victory Trophy valued £200 for 12 months. 1st team 3 prizes valued £2 each, 2nd 3 at £1.50, 3rd 3 at £1.

Entries: Ind. 15p, Teams 25p to A. Cubin, 32 Cheltenham Street, Barrow-in-Furness, Lancs., by first post, **Wednesday, 4th August.**



Ralph Mann wins the recent AAU 440y hurdles title in 49.3.

Tony Duffy

would include maximums, all on the legs; I work very little on my upper body. I do knees raises and squats, toe raises and leg extensions, anything up to 525lb in the squats and 150lb in the leg extensions. As the competition season starts I slacken off and when the big meets come I stop lifting completely. I believe that the weight programme is what really brought me along as far as strength is concerned; and the distance just got me the endurance I needed.

Are you working out on the track all the time?

Very little in the winter. We have an indoor track (sawdust base, 5 laps to the mile) and once or twice a week we run distance on it, timed, over like 700y or a mile or something like this. We very rarely go too quick and too fast too soon. As soon as we start our outdoor training, I try to do what we call acceleration quarters on Monday. On Tuesdays we run 660's which you can't call speed work, but as the season progresses we try to cut down on the number and try to run them faster. On Wednesdays and Thursdays we run 220's very fast, and sprints. On Friday we slack off and Saturday we compete.

During the past four years have you been dedicated to your sport?

I think that a person who wants to be a top class international runner has to base his life around track. The many times I have been to Europe I've seen that the athletes there train and really think about what they're doing; and that's

when I started to add some purpose into my running. I don't want to peak every week but just for the big meets, the ones that are important.

Will you give some background to your world record race, how you built up to it?

All through the competitive year the press here had been building up the race between Wayne Collett and myself, figuring that running against each other we'd have to break the world record, one of us. But nobody dreamed that both of us would break it by almost half a second. That's the first time I have really felt great pressure in a race. But that's the only way to get a world record, to get someone to push you to it.

Will you describe the actual race?

Things were perfect for the qualifications; it was sunny and the Tartan track was surprisingly fast. But on the day of the final it was raining and the wind was blowing and I figured that any chance of a record was just out the window. But about 5 minutes before the race started the sun came out and the wind stopped blowing. The water on the Tartan track made it just that much faster. Wayne had lane 8 and I had lane 5 which was perfect as far as I was concerned.

Wayne went off very fast—the first 220 was something around 22.4—he had a very strong back stretch. I stayed with him for 2 hurdles and then tried to relax the back stretch. He had about a step and a half as we hit the fifth hurdle. But going that fast, of course, Wayne tied up on the last 3 or 4 hurdles and I managed to catch him. I caught him on the 7th hurdle and had about two yards on him at the tape. The times were 48.8 for myself and 49.2 for Wayne, a surprising time difference. But one of the other judges had 49.0 for me and another had 49.0 for Wayne. And there has been a big controversy over the times of Wayne and myself. But a tenth of a second can just be a slower watch, faster watch. The big thing is that we were both under the world record.

Did you feel depressed afterwards? Many athletes have expressed a feeling of depression after achieving a world record.

Well, it is a sort of letdown. It's more of a relief; you've finally got the thing, one of the things, you've been aiming for. The next week we had our AAU champs and I just couldn't get that much up for the race. Although I did run 49.7 on a cinder track and I was very pleased with that. But as far as the emotional high I had the week before, it just wasn't there.

And then you had a resounding defeat from Nallet. What happened there?

We got to Paris three days before the competition. Now we had three big meets: one in France, one in Germany and one in Russia. And I figured the ones in Germany and Russia would be my toughest competition and that this one in France would be a nice tune-up because the best that France had was a guy by the name of Nallet who only ran 50.5 for metres, which is 50.8 in yards and that's not formidable. I figured I could just take it easy and prime for the other two

meets. As it was we put Ron Whitney inside of Nallet, figuring that Ron could run with him and beat him on the home stretch. They put me outside with nobody to run against because they figured I would have no trouble.

Well, I hit the 220 mark and Nallet ran by me like I was standing still. I tried to stay with him round the turn and I expended so much energy that he just ran away from me at about the 9th hurdle. I realised I couldn't catch him, so I just slacked off. He ran 48.6 and I ran 49.4. I didn't think the race was that fast; I should have continued and my time would have been faster. It's just one of those races when you are caught unawares. But you learn probably more from the races you lose than from the ones you win. I learned a lot that day.

I noticed this winter and spring you have been concentrating even more on strength training. Is this a new approach to training or does it show a different attitude to the 1971 season?

Yes, this year is more or less a building year and the foundation you lay this year is going to carry over for next year. So instead of going for the record performances and trying to win every time you step on the track, I've been trying to get a good solid distance and strength background this year so I can work more on my speed and quarter mile next year when it really counts. This year is more of a building year.

You don't really expect to improve this year?

Well, if I improve this year, that's fine. But if I don't I won't be disappointed because I would rather run a world record at Munich next year, than at any meet this year.

Looking ahead to Munich, who are going to be the ones to beat?

First of all you have got to consider Jean-Claude Nallet. He is a fantastic quarter-miler and a surprisingly good hurdler. He is exactly the type of runner I try to be. He's got the strength and the speed and to beat him you have got to

beat him at his own game. He runs exactly the sort of race I run: the quarter mile type race where you try and run the hurdles and power the home stretch. Then there's Wayne Collett who is thinking about coming back to the intermediate hurdles. I think his best race is the open quarter but if he does come back to the hurdles he will be a formidable opponent. There's a new Finn hurdler by the name of Ari Salin who ran 49.8 last year and should be coming along also.

What about Hemery?

(laughing) Well, there's rumours whether Hemery's going to run. I imagine he will. With the performance he had in '68, I figure if I was in his shoes I would come back and run. Although I gather he has it quite made in England. In fact when I visited the Madame Tussaud's in London I noticed that they had a wax figure of him going over a hurdle. So I imagine he's quite the celebrity there, which is quite different from here in the United States.

Did you see his race in Mexico?

I watched it on television and sat there stunned for a couple of minutes. I didn't think anybody could run that fast. He literally demolished the field. If he comes back to run, he'll be the opponent to beat.

Did anything else impress you about Hemery's run?

Oh, yes. Up to that point 13 strides weren't really accepted. He just blew it open in one race; he changed people's ideas of how the race should be run. Here's the rest of the field running the conventional way and here's Dave Hemery up there running with 13 strides for 5 hurdles and then changing to 15, and beating the best of the world by almost a second. You could say he did change a few people's minds.

Do you still use the same stride pattern yourself, now?

I was using it, with not much success in '68.



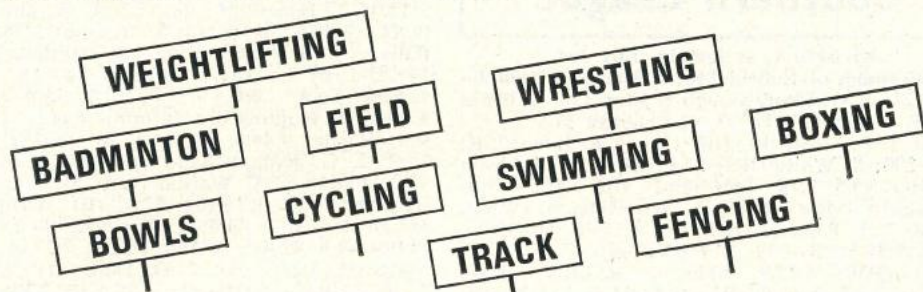
David Hemery in Mexico: "I didn't think anybody could run that fast," says Ralph Mann—adding: "If he comes back to run, he'll be the opponent to beat."

Mark Shearman

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It was a big boost to me to see someone could run that fast with 13 strides. I go 6 hurdles with 13 steps and then change to 15 for the rest of the race. This is the best way for me, the way I am built.

Your forte seems to be your strength rather than your speed. Will this influence your approach to Munich?

People say my strength is my strong point, and I guess it is. Now, I hope next year I can work on my speed. I have run 21.4 for the 220 in practice. I don't do the 220 in meets so I guess I have to do it in practice. My speed does have to be developed. But next year it will be a lot easier for me than for someone who has to develop strength in one year. I think speed can be developed if it is there, which I hope it is for me. So that is my strategy: to have the strength and hope to develop the speed.

America is a great country for the psychological

approach to competition. Do you have strong views on the subject?

I never have any problems getting ready for a race. Some athletes say they just can't get up for a race but I have no problem whatsoever. In the race I ran the world record, my heartbeat was 120 when I was just laying flat in bed the night before; and it got worse as the race got closer. Psychologically, I guess I have a very good attitude towards races.

And what kind of time will win at Munich?

The time will depend on the track. It's not Tartan and I haven't found a surface any faster than Tartan. And it will not be at high altitude which I believe does help a race all the way up to the 880. Times will improve, Hemery's record will go at the Olympics—I don't think it will be smashed the way it was in '68 but the winner will have to run faster than 48.1.

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Southern League

Division 1, at Enfield, July 3rd

1, Borough of Enfield 146; 2, Hercules Wimbledon 124; 3, Windsor, Slough & Eton 116; 4, Ilford 103; 5, Herne Hill H. 93; 6, Belgrave 91.

100: 1, R. McStocker (Ilf) 11.3; 2, R. Jones (Enf) 11.4. 200: S. White (Bel) 22.8. 400: 1, P. Johnson (HHH-J) 49.5; 2, R. Trew (Enf) 50.2. 800: A. Sutton (Enf) 1:56.4. 1500: 1, R. Melvern (Wind) 3:56.8; 2, J. Rimmer (Bel) 3:57.4; 3, B. Slocumbe (HW) 3:58.5. (B) 1, L. O'Hara (Bel) 3:57.9; 2, M. Fuller (HW) 3:58.9. 5000: 1, R. Holt (HW) 14:31.0; 2, A. Moore (Wind) 14:34.8; 3, Gill (Ilf) 14:45.2. (B) D. Holt (HW) 14:38.4. 110H: D. Clarke (Enf) 16.1. 400H: 1, J. Davis (HW) 56.5; 2, Founder (Enf) 57.1. (B) P. Pinnington (Enf) 58.0. HJ: 1, R. Hunte (Enf-J) 1.78/5'10"; 2, A. Bentt (Bel) 1.78. LJ: T. Davies (Wind) 6.77/22'23". TJ: 1, A. O'Connor (HW) 13.88/45'6½"; 2, K. Kelly (HHH) 13.43/44'0½". SP: N. Griffin (Wind) 13.64/44'9". DT: 1, Griffin 44.62/146'4"; 2, Clarke (Enf) 44.58/146'3"; 3, J. Weightman (Ilf) 40.32/132'3"; 4, N. Kitchen (HW) 40.26/132'1". HT: 1, L. Brands (HW) 40.74/133'8". JT: 1, R. Taylor (Enf) 64.14/210'5"; 2, D. Heath (Ilf) 62.42/204'9"; 3, J. Ferrary (HHH) 60.48/198'5". (B) W. Bushnell (Ilf) 60.76/199'4". 4x100: 1, Ilford 44.0; 2, Enfield 44.2; 3, Windsor, S & E 44.5; 4, Belgrave 44.9. 4x400: 1, Enfield 3:24.9; 2, Hercules Wimb. 3:27.1; 3, Ilford 3:29.1.

The competitors in the pole vault and steeplechase withdrew from the competition due to the dangerous nature of the facilities provided.

Division 2, East

At Harlow, July 3rd

1, Met. Police 148; 2, Highgate 145; 3, Luton 141; 4, Cambridge H. 115; 5, Cambridge & Coleridge 107; 6, Southend 76.

100: 1, I. Green (Lut) 10.8; 2, D. Turner (S'end) 11.0. 200: 1, Green 22.1; 2, Hall (H'gate) 22.6; 3, Evans (S'end) 22.6. (B) 1, May (H'gate) 22.5; 2,

Barrett (S'end) 22.6. 400: P. Crowley (MP) 50.4. 800: M. Benn (Camb. H) 1:56.0. 1500: 1, Benn 3:52.0; 2, James (H'gate) 3:56.4; 3, Gren. Tuck (C&C) 3:56.6. (B) 1, Brown (Camb) 3:58.0; 2, B. Balls (C&C) 3:58.8. 5000: K. Harland (Camb) 14:38.0. (B) G. Taylor (Camb) 14:49.8. 3000SC: 1, Gra. Tuck (C&C) 9:21.8; 2, A. Simmons (Lut) 9:24.4; 3, Huntingford (Camb) 9:44.6; 4, Alderson (H'gate) 9:44.8. 110H: 1, M. Parker (H'gate) 15.3; 2, G. King (C&C-J) 15.8; 3, Bennie (MP) 16.0. 400H: 1, A. Watson (Lut) 55.7; 2, Stauffer (H'gate) 56.8; 3, King 57.6. (B) Jousiffe 57.5. 4x100: 1, Luton 44.0; 2, Highgate 44.3; 3, Met. Police 44.8. 4x400: 1, Met. Police 3:27.0; 2, Cambridge H. 3:29.2. HJ: 1, D. Tank (MP) 1.83/6'0"; 2, A. Abbabio (H'gate) 1.78/5'10". PV: 1, G. Trmal (H'gate) 3.81/12'6"; 2, A. Williams (Camb-J) 3.66/12'0" (withdrew-injured). LJ: 1, Abbabio 7.14/23'5"; 2, R. Martin (S'end-J) 7.13/23'4½"; 3, C. Colman (Camb) 7.06/23'2". (B) 1, Turner 7.01/23'0"; 2, G. Byham (Camb) 7.00/22'11½". TJ: 1, Abbabio 15.00/49'2¼"; 2, Byham 14.08/46'2¼". SP: 1, Rioch (Luton) 13.94/45'8½"; 2, M. Elliott (Camb) 13.76/45'2". DT: B. Lynn (MP) 43.54/142'10". (B) Gordon (MP) 40.40/132'6". HT: 1, C. Melliush (Camb) 55.40/181'9"; 2, Davison (Lut) 53.74/176'4"; 3, Greenaway (MP) 46.52/152'7"; 4, Woods (S'end) 40.32/132'3". (B) 1, Marsh (Camb) 45.40/148'11"; 2, Gordon 44.34/145'5"; 3, Rioch 40.30/133'10". JT: B. Kawalko (C&C) 64.20/210'7".

Division 3, South

At Carshalton, July 3rd

1, Worthing 137; 2, Portsmouth 125; 3, Mitcham 119; 4, Guildford & Godalming 112; 5, Sutton & Cheam 103; 6, Surrey Bgls. 91. 400: 1, A. Roberts (Wor) 50.3; 2, A. Sell (G&G) 50.6. 800: Sell 1:55.2. 1500: D. O'Donnell (Wor) 4:02.8. 5000: M. Hyman (Ports) 14:57.2. (B) G. Gough (Ports) 14:57.2. 3000SC: 1, M. Murray (Mit) 9:34.0; 2, S. Galloway (Por) 9:46.8. 110H: H. Rooks (SB) 15.3. 400H: 1, O'Donnell 56.0; 2, D. West (Por) 57.2; 3, D. Clay (SB) 57.9. (B) G. Eagling (S&C) 57.4. HJ: Elson (G&G) 1.79/5'10½". DT: O. Feldmanis (Mit) 40.82/133'11". JT: J. Romer (Mit) 54.72/178'6".

Division 4, North West**At Harlow, July 3rd**

1, Harlow 200; 2, Aylesbury 159; 3, Watford 150; 4, Bedford 88; 5, Wolverton 8. HT: A. Elvin (Har) 56.08/184'0". **BMC Mile** (July 4th) 1, J. Cadman (Cov. G) 4:07.5; 2, W. Loudat (USA) 4:16.2; 3, D. Ainslie 4:17.8.

Division 4, South London**At Woking, July 3rd**

1, Medway 170; 2, SLH 153; 3, Shaftesbury 136; 4, London Irish 124; 5, Woking 116. 400: J. Greatrex (SLH) 50.8. 800: V. Smith (Med) 1:56.9. 1500: 1, R. Newble (Med) 3:56.0; 2, R. Bober (Shaft) 3:58.6. 5000: 1, R. Gevers (SLH) 14:30.0; 2, J. Wigley (Med) 14:59.4. 3000SC: 1, D. Marrs (Med-J) 9:51.0; 2, Abrahart (Shaft) 9:55.0. PV: B. Hooper (Wok) 4.60/15'1". (B) N. Phipps (Wok) 3.66/12'0". JT: R. Wood (Med) 54.62/179'2".

SCAAA INFORMATION SUMMARY

New Affiliations:—**National Physical Laboratory AC:** Hon. Secretary: Dr. P. B. Clapham, N.P.L., Teddington, Middlesex. **Newquay AC:** Hon. Secretary: C. A. Dunmore, Westview, Quintrell Downs, Newquay, Cornwall. **New Romford AC:** Hon. Secretary: E. Wells, 75 Rosslyn Avenue, Harold Wood, Essex. **Surrey Schools AA:** Hon. Secretary: R. Apps, 15 Cottenhams, Blindley Heath, Lingfield, Surrey.

Championships: The Senior 4x100 and 4x400 Relay Championships will be held at West London Stadium in conjunction with the GLC Championships on September 4th. Entries close on

August 16th. The Decathlon Championship will now be held on September 25th/26th at West London Stadium. Entries close on September 15th. It is proposed to hold a Junior Decathlon, not a Championship, at the same time. Enquiries will be welcome.

GLC Tracks: The GLC have transferred the following tracks to Local Boroughs; Hurlingham to Hammersmith, Ladywell and Deptford to Lewisham, Charlton to Greenwich.

Southern League: A Special Meeting of club representatives held on May 29th was strongly in favour of the new system suggested by Luton United AC and this will operate from 1972 onwards. Clubs requiring further information should apply to the Hon. Secretary, SCAAA, 26 Park Crescent, London WIN 4BQ.

Open Meeting: The next SCAAA Open Meeting will be held at Crystal Palace on July 26th.

First Claim Qualification: The following have been approved:—G. Tancred, Ipswich to QPH; C. Newton, Berry Hill to Guildford & G; B. Marden, LAC to Haslemere Border; A. Forse, Bristol to TVH; G. Hotblack, Aldershot to Poly; P. Butcher, Dudley & S to Poly; A. May, Kent AC to Croydon; M. O'Flynn, Basildon to Hadleigh O; S. Willis, Notts to Newham; P. Blake, Westbury to Yeovil O; P. Tancred, Ipswich to QPH; B. Tristram, Sutton & Cheam to Kent AC; D. Aitken, QPH to Reading; R. Hamlin, Norfolk O to HHH; F. Bell, Cardiff to TVH; B. Roberts, City of Plymouth to TVH; P. Lockyer, Leicester to Hillingdon; J. F. Clatworthy, Dorking to Walton; D. Norton, Salisbury to Andover.

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Entries close Monday, 6th September

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MARGATE '10'

June 19th

1. I. Macmillan (Invicta) 51.05
2. P. O'Connor (Belgrave) 51.59
3. R. Harding (Invicta) 53.10
4. J. Forrest (Ranelagh) 53.36; 5. D. Smallbone (Herc Wim) 53.49; 6. B. Collins (Herc W) 54.02; 7. J. Williams (Rane) 54.14; 8. N. Sturges (Medway) 54.17; 9. J. Abberton (Poly) 54.52; 10. D. Townsend (Inv) 55.22; 11. P. Creedon (Rane) 55.30; 12. I. Jolliffe (Inv) 55.34; 13. A. Harding (Medway) 56.00; 14. E. Broad (Med) 56.13; 15. E. Pepper (B'ht) 56.27. **Teams:** 1, Invicta 14; 2, Ranelagh 22; 3, Medway 35; 4, Invicta 49; 5, Blackheath 57; 6, Belgrave 58; 7, Ranelagh 'B' 77; 8, Elliott-Reed 83.

WHITTLESEY SHOW '10'

June 19th

1. P. Romaine (Holbeach) 50.15
2. R. Grove (Leicester Coritanian) 50.21
3. M. Exton (Holbeach) 51.03
4. S. Lynch (GEC/AEI Rugby) 51.22; 5. H. Leeming (Derby & C) 51.48; 6. B. Lee (Notts) 51.57; 7. P. Calladine (Derby & C) 53.55; 8. M. Childs (AEI Rugby) 54.11; 9. J. Norman (Unatt) 54.58; 10. C. Woodward (Leam) 54.59; 11. R. Brewitt (Holbeach) 55.19; 12. A. Rowling (Leam) 55.30; 13. G. Astill (Notts) 55.50; 14. R. Coxon (W. Grn) 56.00; 15. V. Barltrop (C&C) 56.10. **Teams:** 1, Holbeach 12; 2, AEI Rugby 23; 3, Notts AC 29; 4, Leamington 31; 5, Cambridge & Coleridge 41; 6, Leicester Coritanian 42; 7, Cambridge H 62. Veteran: Coxon.

CHIGWELL '10'

June 19th

1. W. Weller (Belgrave) 51.09
2. R. Little (Shaftesbury) 52.35
3. D. Staines (Thurrock) 52.54
4. M. Hampton (B'ht) 53.49; 5. L. Parrott (Havering) 54.30; 6. J. Broad (Hav) 55.55; 7. G. Bennison (Barnet) 55.58; 8. W. Jones (W. Cornwall) 56.04; 9. K. Forster (Met. Police) 56.08; 10. D. Dellar (Camb) 56.12; 11. D. Barker (S'end) 56.47; 12. H. Williams (Ilford) 56.49; 13. D. Prior (W. Grn) 57.00; 14. P. Morford (Hav) 57.32; 15. P. Filler (Orion) 57.35. **Teams:** 1, Met. Police 22; 2, Havering 25; 3, Ilford 28; 4, Cambridge 33; 5, Southend-on-Sea 34; 6, Orion 36; 7, Essex Bgls. 70; 8, Orion 'B' 82; 9, Loughton 88.

MILDENHALL '10'

June 26th

1. M. Tagg (Derby & Cty) 51.47
2. P. Romaine (Holbeach) 52.55
3. M. Exton (Holbeach) 53.49
4. M. Balls (C&C) 54.22; 5. J. Collingbourne (Windsor) 54.44; 6. R. Brewitt (Hol) 55.25; 7. D. Jeffs (Wirral) 55.51; 8. V. Barltrop (C&C) 56.02; 9. J. Daniels (Norf. Gaz) 56.15; 10. D. Muir (Grimsby) 56.53; 11. A. Jukes (C&C) 57.45; 12. B. Byrne (Norf. Gaz) 58.40; 13. R. Ryan (RAF Hon) 58.51; 14. J. Moroney (C&C-Vet) 59.00; 15. A. Hughes (Newark) 60.01. **Teams:** 1, Holbeach 11; 2, Cambridge & Coleridge 33; 3, Norfolk Gazelles 43; 4, RAF Honington 67.

European Results

GREECE

2.5. Athens. 1500m: Zacharopoulos 3:43.0 (rec).
16.5. Kavala. HJ: Economou (born 1953) 2.13/6'11 $\frac{1}{2}$ ". **5.6. Athens.** PV: Papanicolaou 5.30/17'4 $\frac{1}{2}$ ".
12/13.6. Athens. 100m: (— 0.5m) Ravelomanantsoa (Malag) 10.1, Papageorgopoulos 10.3; 800m: Tuncan (Turk) 1:48.6 (rec), Zacharopoulos 1:48.7 (rec).
 . . . 4, Noel Carroll (RoI) 1:50.8; 5000m/10,000m: Tuominen (Fin) 13:54.2/28:46.4; 3000mSC: Nakoopoulos 8:40.8 (rec); 110mH: Vassiliou 14.0 (eq. rec), Riedo (Swi) 14.1; 400mH: Salin (Fin) 50.7, Tziortzis (Cyprus) 50.8; PV: Papanicolaou 5.20/17'0 $\frac{1}{2}$ ", Railsback (US) 5.00/16'4 $\frac{1}{2}$ "; TJ: Cizifra (Hun) 16.41/53'10 $\frac{1}{2}$ ", Vlassis 16.25/53'3 $\frac{1}{2}$ " (rec); SP: Silvester (US) 19.41/63'8 $\frac{1}{2}$ ", Varju (Hun) 19.35/63'6", Asaad (UAR) 19.24/63'1 $\frac{1}{2}$ "; DT: Silvester 62.34/204'6"; women's 100m/200m/100mH: Shakhmarov (Isr) 11.8/24.2/13.9; 400m: Balas (Isr) 54.9; 800m: Balas 2:07.5, Shezifi (Isr) 2:08.7; HJ: 3, Pagageorgiou 1.60/5'3" (rec); LJ: Herzog (WG) 6.39/20'11 $\frac{1}{2}$ "; SP: Kokoseli 13.76/45'1 $\frac{1}{2}$ " (rec). **22/23.6. Athens.** (Bulgaria 111, Greece 101) 100m/200m: Papageorgopoulos 10.2 (eq. rec)/21.2; 800m: Atanasov (B) 1:48.6 (rec); 3000mSC: Zhelev (B) 8:30.7, Tikhov (B) 8:37.0, Kontosoros 8:39.0 (rec); 110mH: Vassiliou 14.0 (eq. rec); 400m: Tziortzis 50.8, Biribilis 51.4; PV: Papanicolaou 5.20/17'0 $\frac{1}{2}$ "; DT: Kambitsis 57.12/187'5".

CYPRUS

22.5. Episkopi. (RAF 180, Cyprus AAA 143) 100m: HALLIDAY 10.9; 200m: VINCE 22.3; 400m: WILLIAMS 49.4; 800m: ELGIE 1:56.2; 5000m: CLARK 14:24.8; 400mH: COLES 56.4; HJ: Shiakalli 1.97/6'5 $\frac{1}{2}$ " (rec); LJ/TJ: OGBO-NAYA 7.11/23'4" & 14.24/46'8 $\frac{1}{2}$ "; SP: Louca 17.25/56'7 $\frac{1}{2}$ " (rec); JT: ROMER 61.98/203'4", FOWLIE 60.14/197'4"; Women (Cyprus AAA 58, WRAF 44) DT: PEARCE 36.52/119'10"; JT: COPPIN 35.12/115'3".

Other leading Cypriot performances in recent months—200m: Mikellides 21.6; 400m: Onisiphorou 48.0; 3000m: Chimonis 8:41.2 (rec); 5000m/10,000m: Pavlou 15:20.8/31:50.6 (recs); 400mH:

Tziortzis 50.8; women's 200m: Maratheftou 26.3 (eq. rec); 100mH: Kalopedi 15.1 (rec); LJ: Lambrou 5.72/18'9 $\frac{1}{2}$ " (rec); SP: Loizou 11.88/38'11 $\frac{1}{2}$ " (rec).

EAST GERMANY

30.5. Schkopau. DT: Milde 61.68/202'4"; women's SP: M. Lange 18.78/61'7 $\frac{1}{2}$ "; DT: Mickler 58.14/190'9". **9.6. Berlin.** SP: Rothenburg 20.64/67'8 $\frac{1}{2}$ "; women's DT: Spielberg 60.72/199'2", Illgen 59.76/196'1". **16.6. Leipzig.** 100m: (+ 1.0m) Montes (Cuba) 10.1, Kornelyuk (SU) 10.2, Ramirez (Cuba) 10.2, Bandamo (Cuba) 10.2, Burde 10.3 (10.2w ht), Schenke 10.3; 200m: (— 1.0m) Burde 20.8, Schenke 21.0; 400m: Hauke 46.5 (46.4 ht); 1500m: Exner 3:41.5; 5000m: Haase 13:36.6, F. Eisenberg 13:37.0, Diessner 13:37.4, Lesse 13:44.2, J. Krebs 13:44.6, Popov 13:45.6; 110mH: (— 2.4m) Siebeck 13.8, Morales (Cuba) 13.9 (13.8 ht), Nonez (Cuba) 14.3, GRAHAM GOWER 14.4 (14.3 ht).
 . . . 6, Bethge 14.6; 8, Uber 14.8; PV: Nordwig 5.30/17'4 $\frac{1}{2}$ ", Fruhauf 5.10/16'8 $\frac{1}{2}$ ", Isakov (SU) 5.00/16'4 $\frac{1}{2}$ "; SP: Briesenick 20.63/67'8 $\frac{1}{2}$ ", Hoffmann 20.35/66'9 $\frac{1}{2}$ ", Rothenburg 20.26/66'5 $\frac{1}{2}$ ", Gies 19.64/64'5 $\frac{1}{2}$ ", Prollius 19.47/63'10 $\frac{1}{2}$ ", Asaad (UAR) 19.12/62'8 $\frac{1}{2}$ "; DT: Thorith 60.96/200'0"; HT: Sachse 70.66/231'10", Theimer 70.04/229'9"; JT: Hanisch 84.38/276'10"; 10kmW: Sperling 42:06.4, Reimann 42:11.0, Frenkel 42:26.0; women's 100m: (+ 0.6m) Stecher 11.1, Stropahl 11.4, v.d. Berg (Neth) 11.4. . . . Vogt 11.8 ht; 200m: (— 0.6m) Stecher 22.8, Balogh (Hun) 23.2, Ihle 23.8, Vogt 24.1; 400m: Seidler 53.4, Lohse 53.4, Penton (Cuba) 53.7, Kuhne 54.1, Trustee (Cuba) 54.2, Lundgren (Swe) 54.3, Sykora (Austria) 54.3; 800m: Hoffmeister 2:02.9, Silai (Rum) 2:03.5, Kleinau 2:05.5; 100mH: (+ 0.7m) Balzer 12.9, Sukniewicz (Pol) 13.5; 4x100m: EG 43.9; HJ: Schmidt 1.83/6'0", Schulze 1.81/5'11 $\frac{1}{2}$ ", Witschas 1.81; LJ: Herbst 6.57/21'6 $\frac{1}{2}$ "; SP: Gummel 19.47/63'10 $\frac{1}{2}$ ", M. Lange 18.57/60'11 $\frac{1}{2}$ ", Friedel 18.07/59'3 $\frac{1}{2}$ ", Khristova (Bul) 17.60/57'9", Chewinska (Pol) 17.09/56'1"; DT: Ilgen 57.36/188'2", Mickler 55.50/182'1", Myelnik (SU) 55.24/181'3"; JT: Fuchs 58.06/190'6"; Pen: Bodner 49.29. **17.6. Leipzig.** DT: Losch 63.76/209'2", Milde 62.60/205'4"; women's DT: Ilgen 61.16/200'8", Mickler 59.38/194'10".

THIS YEAR'S

WELSH AAA MARATHON

AT ABERAVON, PORT TALBOT

is an OPEN EVENT

Bring the family to Aberavon Beach, the biggest beach in the country, for the day,

14th AUGUST

Full particulars and details of the extensive prize list from W. Allen, 27 Blodwen Street, Aberavon, Port Talbot, Glam. (Tel: 3832).

GUILDFORD & GODALMING A.C.

2nd MEN'S "OVER 30"

5000 METRES TRACK RACE

For the Unigate Trophy—Holder: I. Macmillan (Invicta A.C.). Under A.A.A. Laws.

SATURDAY, 7th AUGUST, at 3 p.m.

AT BANNISTER'S FARM TRACK, GUILDFORD

Entries open to athletes over 30 years of age on day of race. Entries to R. N. Vanstone, 28 Orchard Close, Normandy, Guildford. Entry Fee: 15p (No Team Race).

Awards: Unigate Trophy to winner, medals to first three. **Closing Date: 4th August.**

TRACK SECRETARIES PLEASE NOTE

The race will be held during an Open Ladies and Men's Track Meet to which all clubs and individual athletes will be welcome.

RESULTS IN BRIEF continued from page 17

Gibbons (B) 3:57.0. 4x400: Birmingham Un. 3:30.5. 3000mW: 1, D. Berry (B) 13:54.0; 2, J. O'Brien (MP) 14:01.6. TJ: S. Quay (B) 13.29/43'7". SP: R. Stanning (MP) 12.86/42'2". HT: A. Woods (B) 44.02/144'5".

Tyneside Track League. 2000mSC: B. Baggerley (Gates) 6:00.4. Medley R: (880x110x220x440) 1, Saltwell 3:25.7; 2, Morpeth 3:29.3; 3, Elswick 3:30.2. Youths 4x220y: 1, Elswick 1:43.0; 2, Saltwell 1:46.1; 3, Gateshead 1:49.4. (Women) 800: C. Horsley (Houghton) 2:21.2. Medley R. (110x110x220x220): 1, S. Shields 1:20.4; 2, Houghton 1:22.4; 3, Gosforth 1:22.5. Juniors Medley R: (880x110x110) 1, Houghton 3:01.5; 2, Houghton 'B' 3:04.0; 3, Sunderland 3:05.0.

Rosenheim League, at Croydon. 1, Croydon 119; 2, HHH 70; 3, Sutton & Cheam 67; 4, Mitcham 47; 5, South London H 31; 6, Hercules Wimbledon 29. Positions: 1, HHH 23; 2, Croydon 20; 3, Sutton and Cheam 18. 3000: 1, P. Lill (Croydon) 8:38.6. . . . 3, C. Taylor (Mit-Yth) 9:00.2. Medley R: Croydon 2:01.8. TJ: J. Delamere (Cro) 14.16/46'5". HT: 1, C. Melliush (Cro) 54.54/178'11"; 2, Prior (S&C) 45.65/149'9". 110H: R. Fox (Croy) 15.7. (Juniors) 200: I. Featherstone (Cro-Y) 23.7. 3000: J. Lee (Cro) 8:54.6. TJ: R. Sibley (Cro) 13.28/43'6".

June 23rd/24th

Army Championships, Aldershot. 100: 1, A. Eastgate 11.0; 2, R. Blackwood 11.2. 200: 1, K. Hall 22.7; 2, S. Nurse 22.8. 400: 1, Hall 48.7; 2, D. Bongo 49.2; 3, P. Drummond 49.3; 4, S. Zukowski 50.9. 800: 1, M. Gue 1:53.6; 2, S. Graham 1:53.9; 3, S. Turvey 1:55.4. 1500: 1, S. Harrison 3:55.8; 2, L. Bland 3:56.8; 3, P. Brazil 3:58.4; 4, P. Freeman 3:59.7. 5000: 1, K. Darlow 14:32.6; 2, Freeman 14:39.0; 3, W. Venus 14:44.6. 10,000: 1, Darlow 30:30.6; 2, Venus 30:37.4; 3, K. Grant 32:30.6. 3000SC: 1, Venus 9:14.0; 2, T. Davies 9:29.8; 3, G. Burt 9:48.2. 110H: 1, J. Fenge 15.6; 2, I. Haldane 15.7; 3, M. Bartlett 15.8. 400H: 1, M. Ford 53.9; 2, R. Evans 57.1; 3, D. Kerr 57.9; 4, D. Wyatt 58.6. HJ: 1, J. Ellicock 1.82/5'11". 2, P. Griffiths 1.77/5'9". 3, M. Walker 1.77. PV: 1, Fenge 4.30/14'1". 2, D. Turner 3.44/11'3". 3, K. Reader 3.34/10'11". LJ: 1, D. Moralee 6.84/22'5". 2, R. Ramos 6.67/21'10". TJ: 1, R. Herd 14.36/47'1". 2, A. Sam 14.31/46'11". 3, D. Bent 13.55/44'5". 4, R. Allen 13.43/44'0". SP: 1, E. Ricketts 15.78/51'9". 2, T. Ratcliffe 13.43/44'0". 3, R. Baldwin 13.30/43'7". DT: 1, Ratcliffe 45.72/150'0". 2, J. Harris 45.44/149'1". 3, A. Burdon 43.56/142'11". HT: 1, D. Bayes 54.34/178'3". 2, G. Tancred 51.78/169'10". 3, A. O'Neill 47.64/156'3". 4, A. Hughes 46.32/152'0". 5, P. Ramplee 41.92/137'6". JT: 1, N. Hart-Ives 70.60/231'7". 2, E. Chappell 62.82/206'1". 3, K. Schorfield 59.14/194'0". 4, J. Dawson 53.54/175'8". (Women) 100H: D. Lodge 16.8. HJ/LJ: J. Liverside 1.50/4'11". 5.21/17'1". SP: E. Elliott 11.72/38'5". DT: J. Dabbs 32.96/108'2". JT: 1, B. Clewlow 37.88/124'3". 2, P. Swailes 33.70/110'7".

June 26th

Leicester Coritanian 546, Peterborough 318, Coventry Godiva 253, Lozells 208, Derby 171,

Stretford 140, Alsager C. 120, at Leicester. 100: 1, P. Walsh (Lei) 11.0; 2, J. Watson (P) 11.1. 200: Walsh 22.6. 400: Barrus (St) 50.7. DT: D. Roscoe (Lei) 52.02/170'8". (Women) 100: 1, J. Roscoe (L) 12.1; 2, L. Emmington (P) 12.6. 200: Roscoe 25.3. 400: 1, S. Carey (CG) 58.9. 800: 1, Carey 2:10.5; 2, G. Butter (L) 2:21.3. SP: 1, R. Payne (Loz) 12.42/40'9". 2, C. Howe (Lei) 11.09/36'4". DT: Payne 51.64/169'5". LJ: L. Emmington 5.59/18'4". Intermediates 100: 1, L. Biddles (Lei) 12.4; 2, J. Stokoe (P) 12.5. 1, Biddles 25.9; 2, Stokoe 26.5. 80H: Stokoe 12.4. 4x100: Coventry G. 52.2. Juniors: 200: J. Bilson (Lei) 27.9. 75H: H. Murray (Lei) 11.9; 2, S. Perkins (Lei) 12.6. SP: 1, B. Wade-son (Lei) 11.25/36'11"; 2, J. Pickering (St) 9.82/32'2".

Leicester. 800: 1, M. Pegler (Al) 1:52.4; 2, M. Bissel (CG) 1:55.5; 3, M. Milt (Sm. H) 1:56.6. 1500: Robertson (Al) 4:01.7. 3000: 1, J. Offord (Le) 8:18.2; 2, J. Kendrick (SH) 8:22.8; 3, M. Knowles (Le) 8:29.8.

North Gloucestershire Track League, at Cheltenham. 1, Gloucester 140; 2, St. Paul's 140; 3, Cheltenham 128; 4, Hereford 37. 2M: 1, S. McHale (G) 9:21.2; 2, J. Pope (G) 9:28.8; 3, R. Cytlau (G) 9:32.4. (Women) 1, Cheltenham 98; 2, Gloucester 92; 3, Hereford 48.

Sale 212, Warrington 96, Liverpool Pembroke 27, at Crossford Bridge. 100: 1, I. Saunders (S) 10.6; 2, I. Thomas (S) 10.7. 200: 1, Saunders 21.6; 2, Thomas 22.5. 1500: A. Settle (S-Jnr) 4:00.1. HJ: S. Middleton (S) 1.83/6'0". TJ: P. Walner (S) 14.80/48'6". Youths 100: R. Malcha (S) 11.7. Boys 100/200: P. Sherlock (S) 11.5/23.8. 1500: F. Hall (S) 4:36.5. (Women) Sale 147, Warrington 74, Altrincham 33. 100: G. Bardsley (Alt) 12.4. (Inters) 80H: 1, A. Fairman (Liv. P) 12.2; 2, R. McEvoy (S) 12.5. HJ: 1, Fairman 1.52/5'0". 2, L. Prosser (S) 1.47/4'10". Junior 100: K. Hampson (Warr) 12.9.

Welwyn Times Trophy (Women), at Welwyn. 1, Middlesex LAC 373; 2, Verlea 347; 3, Watford 318; 4, Luton Utd. 173; 5, Stevenage & N. Herts. 104; 6, Bracknell 101. 200: E. Poulton (Mx) 26.2. 400: C. Ansell 60.9. 800: P. Moul (Ver) 2:18.1. (B) Ansell 2:23.2. (Inters) 80H: P. Sharples (Mx) 12.8. LJ: C. Brown (Ver) 5.11/16'9".

Junior Girls Trophy, Norbiton. 1, Croydon 161; 2, Surrey AC 151; 3, Epsom & Ewell 132; 4, Selsonia 101; 5, Mitcham 85; 6, Dartford 60. 200: 1, V. Fink (Sy. AC) 26.3; 2, H. Oakes (Cro) 26.7; 3, F. Welch (Ep) 27.3. 800: 1, A. Vaughan (Sel) 2:28.4; 2, J. Bennett (Cro) 2:29.7. (A) M. Cobden (Sel) 2:30.1. 2000mW: 1, M. Davis (SAC) 11:46.0; 2, C. Duffin (Cro) 11:53.8; 3, H. Gardner (Dart) 12:07.6; 4, L. Howell (Sel) 12:09.4. LJ: 1, V. Kirby (Cro) 4.94/16'2". 2, Fink 4.92/16'1". (B) J. Rawson (SAC) 5.15/16'10". DT: S. Freeman (SAC) 29.20/95'9". JT: 1, F. Welch (Ep) 28.68/94'1"; 2, I. Clark (Cro) 26.28/86'2".

Battlebridge Trophy, at Redhill. 1, Enfield 153; 2, Croydon 150; 3, HHH 142; 4, Highgate 98; 5, Crawley 49; 6, Redhill/Reigate 42. 200: 1, J. Delamere (Cro) 22.8; 2, F. Austin (Ep) 22.9. (B) 1, McCrombie (Ep) 22.8; 2, H. Rooks (SP) 22.8. 110H: J. Howell (HHH) 16.4. 4x100: Enfield 43.8.

LJ: Delamere 7.14/23'5". DT: R. Ball (Cro) 39.68/130'2". HT: 1, Prior (Ep) 42.44/139'3"; 2, D. Birch (Cro) 39.60/129'11". 8x200: 1, Croydon 3:10.1; 2, Sy. Bgls. 3:11.4; 3, Epsom & Ewell 3:15.2. 400H: R. Fox (Cro) 56.2. (Women) SP: 1, S. Barretti (Cro) 14.05/46'11"; 2, Haldane (Enf) 12.86/42'24"; 3, S. Elliott (Enf) 11.74/38'64"; 4, J. Davey (Cro) 10.35/33'114".

AC Bird Trophy, at Wimbledon Park. 1, Surrey Bgls. 190; 2, Kent AC 185; 3, Barnet & Dist. 147; 4, Hercules Wimbledon 107; 5, Uxbridge LAC 100; 6, Thurrock 26. 100/200: A. Bowring (KAC) 12.8/26.4. 400: 1, B. Franklin (KAC) 56.7; 2, G. O'Leary (Barn) 60.4. 800: 1, Franklin 2:16.0; 2, O'Leary 2:17.0; 3, L. Hammond (Barn) 2:19.9. 1500: 1, B. Cushen (HW) 5:00.0; 2, B. Nelson (Barn) 5:12.6. 100H: B. Tiffin (Thurr) 16.3. HJ: D. Maxted (SB) 1.47/4'10". SP: 1, M. Kirsten (KAC) 10.39/34'1"; 2, L. Hamilton (HW) 10.26/33'8". DT: 1, Kirsten 36.98/121'4"; 2, Bothamley (SB) 31.20/102'4". JT: Y. Marson (KAC) 30.46/99'11". (Inters) 800: 1, T. Meeson (Ux) 2:25.6; 2, J. Lessiter (Ux) 2:25.7. (Juniors) 200: J. Buckle (Barn) 26.7. HJ: D. Page (SB) 1.42/4'8". 4x100: Barnet 52.4.

June 27th

Devon 203½, Somerset 183, Wiltshire 135, Cornwall 78½, Dorset 68, in S.W. Inter-Counties, Weymouth. 400: A. Williams (W) 49.6. 1500: 1, N. Gates (S-J) 3:59.9; 2, P. Marks (D) 4:01.2; 3, J. Bednarski (W) 4:04.6. 5000: D. Collins (C) 14:46.6. 400H: C. Porch (S) 58.5. 3000SC: 1, G. Blackburn (S) 9:46.2; 2, J. Maskell (W) 9:55.0; 3, A. Williams (S) 9:55.0. HJ: R. Copping (S) 1.78/5'10". PV:

Mayo (D) 3.66/12'0". LJ: 1, P. Templeton (S) 7.38/24'24"; 2, K. Cocks (C) 7.18/23'64"; 3, A. Good-enough (W) 6.98/22'11". TJ: 1, Templeton 13.36/43'10"; 2, K. Cocks (C) 13.31/43'8". SP: R. Preston (C) 13.58/44'64". DT: A. O'Neill (W) 39.80/130'7". HT: 1, B. Marden (S) 49.60/162'9"; 2, E. Berry (S) 47.94/157'3"; 3, O'Neill 46.50/152'6". JT: R. Young (R) 51.92/170'4". 3000W: 1, W. Pickett (W) 14:56.2; 2, J. Woolford (W) 15:33.6.

West Midlands Coll. 54, Worcester Coll. 52, Walsall. JT: P. Ramsey (WM) 65.10/213'7".

Hertfordshire 274½, Bedfordshire 262½, Northants 157, at Luton. 100: J. Singleton (B) 11.1. 800: D. Ainslie (B) 1:56.4. 1500: I. Gartside (B) 4:00.7. 5000: 1, M. Mills (H) 14:36.4; 2, R. Thompson (B) 14:39.0. 3000SC: 1, A. Simmons (B) 9:16.2; 2, D. Nightingale (H) 9:48.8. 3000W: 1, L. Dick (B) 13:32.2; 2, R. Blower (H) 13:45.8; 3, F. Myers (B) 14:48.6. 400H: 1, A. Watson (N) 54.6; 2, T. Watson (B) 58.8. PV: M. Corman (H) 4.11/13'6". TJ: 1, R. Spinks (N) 14.72/48'3½"; 2, D. Glendinning (H) 14.10/46'3"; 3, W. Novak (B-Jnr) 13.58/44'64". SP: Baker (N) 13.67/44'10½". DT: 1, R. Boyd (B) 44.88/147'3"; 2, D. Baker (N) 41.52/136'2"; 3, J. Watson (B) 41.08/134'9". HT: 1, J. Greasley (H) 46.50/152'6"; 2, C. Newton (B) 40.78/133'9". JT: 1, Greasley 68.42/224'5"; 2, S. Cross (H) 54.84/179'11". (Juniors) 100/200: S. Clydesdale (B) 11.4/23.3. 800: D. Glasspool (B) 1:59.5. 1500: D. Driver (N) 4:06.2. 110H: 1, D. Stratton (B) 15.4; 2, S. James (N) 15.6; 3, G. Williams (H) 15.7. HJ: E. Wilson (H) 1.72/5'7½". DT: P. Dalrymple (B) 37.76/123'10". HT: C. Newton (B) 42.62/139'10". (Youths) 100: 1, G. Lee (N) 11.6; 2, Leake (H) 11.6.

GRANGEMOUTH HIGHLAND GATHERING

(Under S.A.A.A. & S.W.A.A.A. Rules)

SUNDAY, 22nd AUGUST, 1971

AT GRANGEMOUTH STADIUM

Junior Girls, Senior Boys, Youths Events,
as well as a full programme for Men and
Women.

Special "Scots Heavy Events"

Individual Entry: 10p. Team Events: 20p

All enquiries to: Sports Director, Grange-
mouth Stadium, Kersiebank Ave., Grange-
mouth.

**CLOSING DATE FOR ENTRIES—
SATURDAY, 7th AUGUST, 1971**

GREENWICH OPEN ROAD RACE 11 MILES

SATURDAY, 11th SEPTEMBER, 1971

**3.30 p.m. from Harrow Weald,
Eltham Road, London, S.E.9**

INDIVIDUAL: Handicap and Scratch.
Prizes value £10, £7 and £4.

VETERAN: Prize 1st home.

TEAM: 4 to run, 3 to score. Trophies to
1st, 2nd and 3rd teams.

**CLOSING DATE: WEDNESDAY, 18th
AUGUST.**

ENTRIES: 13p per runner on AAA forms.

Remittances made payable to
London Borough of Greenwich

**Sports Officer,
Plumstead Baths, Plumstead High Street,
London, S.E.18
01-854-9217**

Met. Police 212, Southgate 104, Wycombe Phoenix 86, W. Yorks Police 82, Verleia 18, at Hendon. 100: A. Flynn (W. Yks) 11.2. 400: N. Crowley (MP) 50.4. 800: J. Jeffrey (MP) 1:54.6. 2000mSC: J. Barrowclough (S'gate) 6:24.6. 4x100: MP 44.4. 4x400: MP 3:29.8. SP/DT: A. Satchwell (MP) 13.64/44'9" & 43.58/143'0". HT: P. Gordon (MP) 45.52/149'4".

Throws Competition, at Newcastle. HT: 1, I. Chipchase (NSP) 60.34/197'11" (NT of 61.08); 2, P. Dickenson (NSP) 58.50/191'11"; 3, A. McKenzie (NSP) 53.14/174'4"; 4, D. Rogers (NSP) 49.24/161'6". (Women) SP: 1, D. Swinyard (NSP) 11.87/38'11½"; 2, J. Potts (Houghton-Int) 10.55/34'7¼". DT: Swinyard 35.70/117'1".

London Olympiads Golden Jubilee Club Champs., at West London. 100/200: D. Pascoe 12.7/25.9. 400: 1, M. Fribrance 57.1; 2, M. Hunt 57.9. 1500: C. McLoughlin (guest) 5:00.9. SP: 1, A. Prickett 11.83/38'9¼"; 2, M. Pulman 11.01/36'1½". DT: 1, Pulman 39.68/130'2"; 2, L. Irish 38.84/127'5". (Inter) 200: B. Martin 25.9. 400: E. Webster 62.9. (Jnr) 800: S. Harvey 2:25.5. **BMC Junior Men's Mile.** 1, W. Loudat (USA) 4:20.8; 2, M. Firth (Man'r) 4:23.2; 3, K. Iliffe (Birch) 4:26.4.

June 30th

Tyneside Track League, Gateshead. Youths 800: A. Amos (Gates) 2:00.0. Team: Jarrow & Hebburn 16. 3x880y: 1, Sunderland (D. Elderkin, K. Carr, W. Nicholls) 5:57.3; 2, Jarrow & H. 6:00.9. (Boys) 1500: P. Slowey (Morpeth) 4:29.5. Team: Jarrow & H. 22. 4x220y: 1, North Shields Poly. 1:46.2; 2, Sunderland 1:47.2. Junior Girls 800: 1, J. Coulthard (Sund) 2:29.1; 2, G. Merritt (Houghton) 2:30.4.

Royal Navy Women's Championships, at Portsmouth. 100/200/SP: D. Watkinson 12.8/26.7 & 10.53/34'6½".

July 3rd

Hackney Borough Trophy. 1, Hornsey 36; 2, Newham 23; 3, Victoria Pk. 16; 4, Eton Manor 13; 5, Woodford Green 5. HJ: D. Livesey (New) 2.01/6'7". (Open events) 1500: 1, C. Ridley (W'stow) 3:58.4; 2, K. Wingrove (Read) 3:59.3. (Youths) 100/200: J. Smith (VPH) 11.6/23.5. 800: P. Gronland (W. Grn) 2:00.9. (Boys) 200: S. Clark (Enf) 24.3. 800: A. Bird (Redbridge S) 2:08.7. 4x100: Redbridge Schools 48.1. LJ: 1, H. McLean (Hav) 5.79/19'0"; 2, Clark 5.79. (Women) 800: 1, B. Franklin (KAC) 2:14.9; 2, M. Townsend (Ports) 2:15.5; 3, B. Grinney (Thurr) 2:16.4. Junior Girls 800: 1, S. Hines (Thurr) 2:19.4; 2, L. Martin (Thurr) 2:22.7; 3, C. Reeves (Andover) 2:29.6. (Under 13) 1, M. Cobden (Sel) 2:27.9; 2, C. Simmonds (Croy) 2:29.4; 3, J. Crook (Uxbridge) 2:32.2. LJ: J. Selby (Hav) 4.93/16'2¼".

Eldwick Gala Fell Race (3M). 1, D. Slater (Skyrac) 15.45; 2, A. Spence (Bing) 16.05; 3, D. Walker (B'burn) 16.20; 4, P. Watson (Pudsey) 17.26; 5, G. Smith (A&SV) 17.33; 6, G. Hulley (Sheff. U) 17.40. 34 finished. Teams: 1, Bingley 25; 2, Skyrac 33; 3, Airedale & SV 34.

July 4th

Open Discus Competitions, at Carshalton. 1, A. Kerr (Hill) 50.46/165'6"; 2, J. Hillier (Hill) 49.04/160'10"; 3, H. Eberlein (Boro' RC) 47.02/154'3". Junior (1.75k) A. Makowski (Herc W) 38.62/126'8". (Women) 1, B. Bedford (Mit) 49.06/160'11"; 2, S. Barrett (Croy) 42.84/140'6"; 3, M. Pulman (LOAC) 40.46/132'9"; 4, J. Kerr (Mit) 39.20/128'7"; 5, L. Irish (LOAC) 37.90/124'4". Junior Girls: J. Buckholt (Suton & Cheam) 32.86/107'9".

LINDA IS A DESERVING PIONEER

SOONER or later, six feet by a British girl high jumper just had to come, and it must be admitted that the intense dedication **Linda Knowles-Hedmark** has put into her jumping in the past decade made her a very worthy and deserving pioneer.

It hardly seems possible that as long as nine years ago Lindy was a bronze medallist in the European championships at Belgrade, but of course the uninhibited approach of a Cockney 16-year-old on that occasion surpassed the experience and concentration of her older rivals. It was only later, as she realised how good she was, that the nervousness and unpredictability, which earned her the name of "the enigma of British high jumping", became apparent.

For in Belgrade she was telling people she simply "felt a real berk" out there amid some of

the greatest high jumpers in the world, with the innocent frankness that also caused her to reply, wide-eyed, to a journalist enquiring if she could ski: "No. we don't do nothing like that in Hornchurch".

Another journalist, **Peter Wilson** of the *Daily Mirror* featured her as the first in a series of "Faces of Tomorrow," in October 1962. She told him: "I reckon I can become the best in the world if I keep going. By the time of the Olympics in Tokyo, I hope to be clearing six feet". Well, it took a little longer, but she did keep going.

Tokyo wasn't a happy experience for her. She cleared only 1.60/5'3", and failed to qualify for the final. The following year, 1965, she won her sixth and final All England Schools title (two junior, two intermediate, two senior), though she had originally left school in 1962 to become a bank clerk. But she decided she wanted to become a PE teacher instead, returned to school, and later went to Chelsea College of PE, Eastbourne. She didn't make the team for either the Commonwealth Games or European Championships in 1966, finishing only fifth in the WAAA championships event. But the following year she

Cliff Temple's
CLIFFHANGERS

won it at 1.70/5'7", and cleared a best-ever of 1.74/5'8½" in an exhibition jump afterwards ("This could be the year in which Linda begins to fulfil the promise she first showed five years ago", wrote **Mel Watman** in 'AW' at the time). A week later she was one of the heroines of the Commonwealth team which beat the USA in Los Angeles, winning the high jump with 1.73/5'8½"—a personal competitive best after five years.

One of the reasons for her re-ascendancy was her teaming up, at the end of 1966 (which had been a dark, depressing season for her), with coach **Ron Murray**. Before Linda's WAAA and Los Angeles wins, Murray had in fact predicted, in the July 1967 issue of "World Sports," that she would be the first British girl to clear six feet.

The Olympic year of 1968, however, was a less happy time for Linda. Involved in her final exams at college, she again finished only fifth in the WAAA championships, and didn't manage to clear the Olympic qualifying height until late August—by which time Britain's team had been selected. Ironically, only two women high jumpers were eventually sent, as the BAAB stuck rigidly to its policy of considering performances only up to a certain date. Whether that decision was admirable or heartless is irrelevant now, but I clearly remember at Crystal Palace one evening, a few days before the team left for Mexico, talking to Linda in between training jumps, in which she cleared the Olympic qualifying height again and again. After the training session she just broke down in tears, and it was impossible not to feel sorry for her, and her situation.

The year ended on a happy note, though, with the frustrations of Mexico forgotten, when in December 1968 she married Swedish decathlete **Lennart Hedmark**, and moved to Sweden. Since then, a two-way stream of letters and phone calls between Ron Murray and his protégée has resulted in the climax of her British record of 1.83/6'0". At times an injury or a poor performance would jar her progress, but she always bounced back. Only last month, Ron showed me a letter from her which gave news of outstanding training and competition marks, and in which she expressed the view that she was "confident of six feet this year". So it was to be.

Now Ron Murray says: "The important thing Linda has shown is tenacity to train. She's really worked harder than ever before this winter, and lifted heavier weights. What an inspiration she is to athletes who think they've done it all when they've won an English Schools title!"

The next problem facing her, apart from the right competition, is the point about dual nationality. Although she now speaks fluent Swedish, and has in the past expressed a wish to compete for Sweden internationally, it may technically be difficult for her to jump for Sweden in Munich. As I have a feeling we may not see her jumping again for some little time after the Munich Games, it would be a crying shame if anything other than ability should prevent her competing there. Olympic Games, for Linda, have already been associated with enough distress to last a lifetime.

Although first reported as 1.84/6'0¼" we understand Linda in fact cleared 1.83/6'0".

FRODSHAM HILL RACES

(Under A.A.A. Laws)

ON SUNDAY, 5th SEPTEMBER, 1971, at 2.30 p.m.

(Around the houses and over the hill)

EVENTS	INDIVIDUAL PRIZE VALUES	TEAM PRIZE VALUES	ENTRY FEE IND. TEAMS
4½ MILES SENIOR RACE For "Fred Foord Trophy" Holders—Salford Harriers	£8, £5, £3, £1 The Champions Trophy—holder Colin Robinson (Rochdale H.)	3 x £2, 3 x £1-50, 3 x £1	15p 40p
3¼ MILES YOUTH RACE For "Sam Williams Trophy" Holders—Pembroke Harriers (Open to boys aged 16 and 17 years on 1/9/71)	£5, £3, £2, £1	Three Plaques Three Plaques Three Plaques	15p 40p
2⅞ MILES BOYS RACE For "The Birtles Trophy" Holders—Workshop Harriers (Open to boys aged 14 and 15 years on 1/9/1971)	£4, £2, £1-50, £1	Three Plaques Three Plaques Three Plaques	10p 25p
2⅞ MILES COLTS RACE For "The Mothers Trophy" Holders—Workshop Harriers (Open to boys aged 12 and 13 years on 1/9/1971)	£4, £2, £1-50, £1	Three Plaques Three Plaques Three Plaques	10p 25p

Closing date First Post 23rd August, 1971.

Plaques for First Locals and Veteran

Entry Forms from A. G. Bunner, 3 Borrowdale Close, Frodsham, via Warrington

ENGLISH SCHOOLS continued from page 11

Lewis (Herts) 13.93/45'8½"; M. Barker (Berks) 13.87/45'6"; P. Fairlamb (Lancs) 13.75/45'1½"; S. Wedderburn (Lon) 13.68/44'10½"; D. Maddock (Lincs) 13.66/44'9½" in qual. rounds.

SP: 1, J. Corbett (Lancs) 16.01/52'8½" (CBP); 2, W. Quarshie (Dor) 15.23/49'11½"; 3, W. Curley (N'land) 14.11/46'3½" 4, M. Cashmore (Leics) 14.06/46'1½"; 5, S. Purdy (Kt) 13.97/45'10"; 6, J. Colclough (Kt) 13.63/44'8½".

DT: 1, G. Dirkin (Ches) 48.84/160'3" (CBP); 2, J. Turton (Berks) 46.54/152'8"; 3, P. Hunter (Wks) 43.34/142'2"; 4, A. Tambllyn (Dorset) 42.26/138'8"; 5, S. Meik (Sx) 41.64/136'7"; 6, D. Walden (Rut) 41.28/135'5". P. Orchard (Hunts) 40.10/131'7".

HT: 1, S. Douglas (Dur) 56.28/184'8" (CBP); 2, E. Berry (Som) 51.48/172'2"; 3, R. Gargini (Mx) 49.00/160'9"; 4, P. English (Sx) 46.78/153'6"; 5, J. Bowyer (Bucks) 46.14/151'4"; 6, P. Robinson (Ex) 44.94/147'5". R. Rutherford (N'land) 44.24/145'2"; T. Bowden (Wks) 43.18/141'8"; T. Smart (Bucks) 42.56/139'7".

JT: 1, H. Frohisher (Yks) 59.70/195'10"; 2, P. Ostapowicz (Lancs) 59.66/195'9"; 3, P. De Kramer (Dor) 56.80/186'4"; 4, C. Shaw (Notts) 56.02/183'9"; M. Mayo (Dev) 55.80/183'1"; 6, L. Hall (Notts) 52.02/170'8".

4x100: 1, Warwickshire 42.7 (42.7 sf); 2, Staffordshire 43.1 (42.8 ht); 3, London 43.1 (42.6 sf); 4, Rutland 43.6 (43.4 sf); 5, Yorkshire 43.6 (43.5 sf).

(Intermediate and Junior results next week)

**MORECAMBE AND HEYSHAM
DAIRY FESTIVAL**

**PRESTON TO MORECAMBE
MILK MARATHON**

(26 miles, 385 yards)

UNDER A.A.A. LAWS

SATURDAY, 7th AUGUST, 1971

Start 2 p.m.

AWARDS: £70 in Prizes—1st £12.60, 2nd £10.50, 3rd £8.40, 4th £7.35, 5th £6.30, 1st Vet. £3.15, 1st Local Runner £3.15.

Teams—First 3 Teams (3 to score). Prizes—£9.00, £6.00, £3.00. **NO TEAM ENTRY FEE.**

Time Certificates to all finishers

Entries (entry fee 12½p) Close Friday, 30th July, 1971, to: I. D. ECCLES, Hon. Sec., Lancaster Harriers and A.C., 20 Rutland Avenue, Bowerham, Lancaster.

NOTTINGHAMSHIRE (Women)

At Nottingham, June 26th

100/200: J. Page (Notts) 13.3/27.8. 400: S. Russell (Notts) 61.6. Walk: R. Crowder (Notts) 15:53.0. 4x100: Notts AC 51.3. HJ: H. Brown (Notts) 1.54/5'0½". LJ: V. Kirkham (Notts) 5.15/16'10½". SP: 1, J. Frampton (Notts) 12.51/41'0½"; 2, S. Campbell (Derby) 12.34/40'5½"; 3, V. Kirkham (Notts) 10.77/35'4". DT: 1, Frampton 43.20/141'9"; 2, S. Campbell 39.30/128'11"; 3, D. Mellors (Notts) 34.14/113'0". JT: Campbell 32.70/107'3".

Intermediates

400: S. Russell (Notts) 63.3. 800: S. McVickers (Notts) 2:32.8. 80H: M. Spencer (H. Sch) 14.1.

Juniors

100/200: G. Shirland (Notts) 14.0/28.8. 800: R. McVickers (Notts) 2:37.3. 75H: D. Bestwith (Notts) 13.1. 4x100: Notts HS 54.4. HJ/LJ: D. Murray (Newark) 1.30/4'3¼" and 4.90/16'1". SP: 1, J. Cox (Notts) 10.05/32'11½"; 2, J. Jones (Notts) 9.41/30'10½"; 3, V. Taft (Notts) 9.03/29'7½". DT: S. Raven (Bil. GS) 23.84/78'2". JT: K. Bust (Newark) 25.86/84'10".

Fifth in the 3000mSC in the UAU v. Southern Counties v. PE Colleges match was A. Sladen (PE Colleges) in 9:20.4 and not as printed.

* * *

Teresa Dainton of Harlow AC broke the UK girls age-13 high jump record when she flopped 1.59/5'2½" at Harlow on July 7th. Her previous best had been 1.44/4'8½".

**COUNTY BOROUGH OF SOLIHULL
ATHLETIC CLUB**

Invite Entries for

YOUNG ATHLETES MEETING

(Under A.A.A. & W.A.A.A. Laws)

**SATURDAY, SEPTEMBER 11th, 1971
AT TUDOR GRANGE PARK, SOLIHULL**

Starting at 11 a.m.

**EVENTS FOR BOYS, YOUTHS,
JUNIOR LADIES, INTERMEDIATES**

Prospectus and Entry Forms from :

Promotions Secretary,
Solihull Athletic Club,
Athletics and Youth Centre,
Tudor Grange Park,
Blossomfield Road,
Solihull.

Please enclose Stamped, Addressed Envelope

ENTRIES CLOSE, MONDAY, 23rd AUGUST

English Schools Champs. (Girls)**By Malcolm Warburton****Lesley Kiernan Runs 2:10.1 at 13!**

TOP performances among the girls at the English Schools Championships last week-end came from Sharon Colyear (16) and Lesley Kiernan (13). Colyear won the intermediate 200m in a blistering 23.8 (legal) after taking both the heat and semi in 24.0. Carol Hooper's 24.1 was some 5 metres faster than the championship best (Colyear's 24.7 at Solihull last year) but against Sharon in her current form this could only take second place. Carol lost no ground in the straight but couldn't match Colyear's blazing bend run. Sharon's bendwork was equally devastating in the relay, where she transformed a close race into a comfortable record breaking win for Lancashire.

Young Lesley ran the most sensational heat time by a Junior girl ever—2:10.1—after passing the bell in around 64, but was shadowed all the way by the relatively unknown Carol Pannell of Bedford, who clocked 2:10.3 (previous best—2:17.5!). The final next day was the race of the meeting, with Lesley as usual leading all the way, hammering out a determined fast pace (200m splits of 30.0, 33.3, 33.5, 33.5) to reach the tape a fifth shy of her day-old record. This time it was Christina Boxer who pursued her all the way, closing the gap with a sudden rush at the finish. Lesley rallied in time but fell to the track immediately afterwards in her second sub-2:11 run in two days. There had been an unfortunate collision between Pannell and Regina Joyce early in the second lap, and Carol could take no further part in the race. Joyce, who had won her heat in 2:16.5, scrambled to her feet, and, quite incredibly, finished fifth in 2:17.6. In third place came Janet Lawrence, impeded by the collision, but holding third place for the last 300. She clocked 2:14.8 to shatter all previous records for a 12-year-old. Kiernan's mark is needless to say a world best by a 13-year-old and obliterates Mary Sonner's 2:12.4 at the age of 14, set in 1969.

Aided by the perfect conditions (if blistering heat can be considered perfect) and ideal track, records were established in most of the track events, but notably few fell on the field. The junior sprints were taken by Linda Kais and Gillian Spurgin, with Gillian's 25.0 equalling the record set in the heats by Eldrica Codrington of Wellingborough. The most shared record of last year, in the Junior 75mH, was well and truly shattered by Sue Mapstone with her new UK Junior best of 11.3.

Friday morning's sensation was the disqualification of Sonia Lannaman, who broke twice in the first round of the Intermediate 100m. In Sonia's absence Barbara Martin scored in a new Championship best of 11.9. The new Intermediate Girls 400m produced a real eyelash finish—the nearest thing to a three-way tie to be seen in a long time. Noeline Banton of the new and enthusiastic Lake-

land AAC set the standard with 56.6 in the first heat, and trimmed this to 56.1 in the semis. Noeline (born 21.12.55) who has the rest of the season to challenge Rona Livingston's 55.7 at 15, won the final in a fine 56.0 from Jill Spiers and Paula Lloyd. Incidentally, Noeline could have been a big threat to long jump winner Julie Roberts, as this used to be her first string event.

Christine Tranter, beaten in the Lancs Schools by Lesley Byrne, trounced a distinguished field in the Intermediate 800, equalling her best with 2:12.1. Pam Davis was unlucky to take a tumble at the start. Penny Dimmock's 1.66/5'5½" won an enthralling Intermediate high jump competition in which Ann Hull found 1.62/5'3½" only good enough for third. Wendy Chapman led throughout the Intermediate javelin from Anne Goodlad, and Jackie Elsmore added another record to her collection in the senior discus—she now holds championship bests in all three age groups. One of the biggest upsets came in the senior javelin where Carol Johnson upset favourite Sharon Corbett. Andrea Lynch (200) and Dawn Webster (400) both won their events impressively, Andrea achieving the European qualifying standard of 24.0 in her heat.

Senior Girls

100: 1, J. Rowell (Dur) 12.0 (11.9 sf CBP); 2, R. Morris (Dby) 12.0; 3, J. Jay (Glos) 12.2 (12.0 sf); 4, V. Taylor (Norf) 12.2 (12.0 sf); 5, S. Knight (Sy) 12.2 (12.0 sf); 6, D. Webb (Hants) 12.3 (12.2 ht & sf).

200: 1, A. Lynch (Lon) 24.2 (24.0 ht CBP); 2, J. Farnworth (Lancs) 24.7 (24.5 ht); 3, G. Taylor (Ex) 24.7 (24.5 ht); 4, C. Smith (Dur) 24.8 (24.7 ht); 5, R. Livingston (Ches) 25.3 (25.1 ht); 6, K. Sambell (Glos) 25.4 (24.9 ht). In Hts: Jill Wicks (Ex) 26.2; John Wicks (Herts) 25.2.

400: 1, D. Webster (Yks) 55.4 (CBP); 2, E. Saunders (Dby) 56.6 (55.8 ht); 3, C. McFarlane (Ex) 57.5; 4, M. Oldall (Ex) 58.2; 5, S. Carter (Beds) 59.0; 6, J. Ogalbe (Norf) 59.4.

800: 1, S. Marquis (Herts) 2:11.0; 2, A. Dunn (Lon) 2:15.0; 3, J. Down (Dev) 2:15.8 (2:15.3 ht); 4, G. Butler (Leics) 2:17.0 (2:16.6 ht); 5, B. Lowe (Mx) 2:17.5; 6, P. Fowler (Sx) 2:17.8 (2:16.4 ht); 7, A. Jones (Sx) 2:18.7 (2:17.0); 8, E. Connors (Lancs) 2:20.9 (2:15.9 ht). In Hts: S. Barnes (Glos) 2:18.8; M. Crates (Ex) 2:19.9.

100H: 1, D. Toon (Som) 14.3; 2, C. Thicknesse (Som) 15.0; 3, J. Lightowler (Dev) 15.0; 4, K. Dodd (Berks) 15.3; 5, D. Etheridge (Sx) 15.6; 6, M. Upton (Glos) 15.7; 7, T. Moore (Lon) 15.8.

HJ: 1, S. Rampton (Mx) 1.64/5'4½"; 2, S. Riley (Lon) 1.58/5'2½"; 3, K. Davenport (Ches) 1.56/5'1½"; 4, B. Holmes (Lancs) 1.56; 5, N. Morrison (Sy) 1.54/5'0½"; 6, H. Brown (Notts) 1.54.

LJ: L. Beverley (Bucks) 5.69/18'8"; 2, J. Murray (Lancs) 5.68/18'7½"; 3, L. Emmington (Hunts) 5.66/

18'6½"; 4, F. Young (Herts) 5.46/17'11"; 5, P. Thompson (Berks) 5.23/17'2"; 6, H. Midgley (Dorset) 4.96/16'3¼".

SP: 1, V. Redford (Lon) 12.24/40'2"; 2, G. Bird (Norf) 11.83/38'10"; 3, S. Oldham (Ex) 10.96/35'11½"; 4, V. Kirkham (Notts) 10.50/34'5½"; 5, B. Zajac (Cumb) 10.19/33'5¼"; 6, K. Fleming (Dev) 9.89/32'5½".

DT: 1, J. Elsmore (Berks) 43.70/143'4" (CBP); 2, J. Thompson (Sy) 39.50/129'7"; 3, M. Fuller (Sy) 37.84/124'2"; 4, A. Hildersley (Sx) 36.66/120'3"; 5, J. Lawrenson (Ches) 35.38/116'1"; 6, J. Keeble (Mx) 35.08/115'1".

JT: 1, C. Johnson (Som) 43.00/141'1"; 2, S. Corbett (Wks) 41.00/134'6"; 3, J. Champion (Sy) 34.68/113'9"; 4, B. Withers (Leics) 34.12/111'11"; 5, D. Kelly (Sx) 33.44/109'8"; 6, L. Osborne (Sx) 33.32/109'4".

4x100: 1, Essex 48.3 (48.2 ht); 2, Cheshire 48.5; 3, Gloucestershire 48.9; 4, Surrey 48.9; 5, Lancashire 49.0 (49.0 ht); 6, London 49.3 (49.1 ht).

(Intermediate and Junior results next week)

HORSHAM '10'

June 26th

1, R. Richardson (Blackheath) 50.11
2, W. Weller (Belgrave) 50.19
3, A. Moore (Hillingdon) 51.05
4, R. Ingleton (Ports) 51.48; 5, T. Hart (Bel) 52.05; 6, J. Awcock (Horsham) 52.16; 7, J. Mouat (Hill) 52.47; 8, C. Plumpton (Ports) 52.57; 9, P. Stevens (TVH) 53.11; 10, P. Martin (Read. Univ) 53.28; 11, B. Collins (Herc. Wim) 53.39; 12, J. Luxford (Horsham) 53.39; 13, D. Smallbone (HW) 53.57; 14, M. Buckham (Feltham) 54.18; 15, R. Howe (W'stow) 54.25; 16, P. Brenchley (AFD) 54.35; 17, A. Codd (SLH) 54.52; 18, C. Downing (Read. Univ) 54.54; 19, D. Russell (S'ton Univ) 55.09; 20, T. Townsend (Ports) 55.19; 21, P. Williams (S'ton Univ) 55.40; 22, J. Peel (Horsham BS) 55.53; 23, A. Davies (B'ht) 56.00; 24, M. Baker (Horsham) 56.09; 25, E. Pepper (B'ht) 56.15. **Teams:** 1, Portsmouth 32; 2, Horsham BS 40; 3, Blackheath 49; 4, Hercules Wimbledon 52; 5, Reading Univ. 70; 6, Southampton Univ. 87; 7, Feltham 95; 8, SLH 102; 9, Belgrave 107. **Veteran:** P. Pringle (—) 60.32.

WORTHING "DOWNS ELEVEN"

The Worthing "Downs Eleven" Road Race will be held on Saturday, August 14th and not as previously published. Entries close to H. G. Divall, 1 Slindon Close, Worthing, on August 7th.

MUNICH OLYMPICS

All the priority bookings through Asset Travel Ltd., have been processed and have gone through according to plan; the non-priority bookings are being processed now and it is expected that they will go through without any further problems. No receipts will be sent out as yet, as Asset Travel will have to write to all members again later this month. All tickets for the athletics and swimming have been sold, but it is possible that a small further allocation will become available in September/October.

Presentation To Ted Hopkins

As earlier reported, Ted Hopkins has retired from the post of Team Manager to the Welsh AAA. He held this important position for more than 33 years, during which time he carried out his duties in a manner which earned for him the respect of everyone with whom he came in contact.

It is the intention of the Welsh AAA to climax his outstanding career by a presentation to take place at the end of the current season. Many national and international athletes have signified their willingness to be associated with this. No firm decision has yet been reached as to the form of the presentation and any suggestions would be welcomed by the Association. Any donations, however small, will be appreciated and should be sent to A. C. Radford, 8 Churchill Way, Cardiff, as soon as possible. These will be acknowledged and when the form of presentation has been decided all interested parties will be notified.

Open scratch mile at Rotherham Y.A. Meeting on August 14th. See advert next week.

SPECIAL OFFER!

Up to £1 in value free

Purchase any one of the following:—

TRACK SHOES—Adidas "Tokyo" (7, 7½, 8, 8½, 11) £8-55; Adidas "Meteor" (4, 4½, 5, 6) £5-25; Puma "Tampico" (3½, 4, 4½) £4-60 (5½, 6, 6½, 7, 8, 8½, 9, 10, 10½, 11) £4-95; Gola "Firebrand" (4, 4½, 5½, 6, 6½, 7, 9, 10, 10½, 11, 12) £5-50.

OR

ROAD/TRAINING SHOES—Adidas "Mexicana Blau" (6 to 11, except 7½ & 8½) £6-40; Adidas "Titan" (7 or 7½) £9-45; Tiger "Road Runner" (6, 6½, 7, 9½, 10½) £5-75.

with any one of the following:—

TRACK SHOES—Gola "Hawk" (4½) £2-85, (5½, 6, 6½, 7½, 8, 8½, 9, 10, 10½, 11) £3-40; Kingswell "Blue Streak" (4½, 5) £3-50, (5½ to 11 in half sizes) £4.

ROAD/TRAINING SHOES—Puma "Delphin" (6 to 9½ except 7½) £3-75; Tiger "Marathon" (6 to 11, except 8) £3-50; Tiger "Cubs" (3, 4, 5) £2-10, (6 to 12 except 8) £2-25; Kingswell "Mercury" (5½ to 11 except 9) £3-99; Puma "Top Fit" (3, 4, 5) £2-90, (6 to 11) £3-15; Reebok "Fab 300" (6 to 11) £2-60; Reebok "Jog" (2-5) £2-50, (6 to 11) £2-85; Lawrence "Ripples" (3, 4, 5 and 6 to 11 except 8½ & 9) £3-80. And get a pair of best quality shorts **FREE**—ladies stretch nylon as advertised, value 85p to £1, or men's Litesome shorts, value 71p to 94p, or nylon, value 94p. State colour and size.

Please include 15p (approx. half postage)

THE SPORTS CENTRE

8 MEDWAY ST., CHATHAM, KENT
Telephone: Medway 47055

WALKING

NIHILL EASED UP IN AMERICAN RACE

AFTER Paul Nihill had smashed his Soviet rivals in training on the proposed hilly circuit the previous Wednesday, the USSR plumped for a four lap, flat 5km lap for the USA v USSR v World All Stars match at Berkeley on July 3rd. The start was at 9 a.m. in warm conditions but the wind off the bay kept things comfortable. Bob Gardiner got an early warning and dropped away, with 5km flashing by in 22.45 and half distance in 45.48. The remaining five were still together, though the American duo had been dropped a couple of times. At this point, however, the pace shot up and Nihill and Smaga pulled away, chased by Schjaloschik who was soon disqualified.

Coming up to 15km (68.02) Smaga, a close friend of the European Champion, indicated he would be happy with a dead heat, and Nihill, with Helsinki in mind, was content to save his "kick" which he was confident would have produced a near 89 minutes clocking, and chatted and joked with Smaga across the line—despite the fact that they registered 44.20 for the last 10km! Schjaloschik ignored the judges' commands and eventually finished third from fast closing Tom Dooley and Bob Gardiner. After a Russian protest, Schjaloschik was allowed third. Nihill will not now contest the National 50km or walk in the "Brighton" but will tackle the AAA 3km before Helsinki and the IAC 10km afterwards. Golubnichiy was out with a knee injury, but hopes to be fit for the European. 1, P. Nihill (GB) 90:08.0; 2, N. Smaga (USSR) 90:08.0; 3, V. Schjaloschik (USSR) 93:27; 4, T. Dooley (USA) 93:59.6; 5, R. Gardiner (Aus) 94:15.0; 6, G. Klopfer (USA) 96:26.6.

Great battle in prospect for 50km title at Red-ditch today. The undulating 3 lap course has produced winners in Shaun Lightman and Brian Eley in the past over this distance and will provide a new winner today. With Nihill and Lightman probable non-starters, the leading places look likely to be filled by Ron Wallwork, Bob Dobson, Ray Middleton, John Warhurst, Ian Brooks and Bill Sutherland. With the first three almost certain to be Helsinki bound the racing should be close and intense. Brooks and Sutherland are distinct dangers to the old brigade. In the team event, even a Nihill-less Surrey WC could surprise holders Belgrave with Sutton Coldfield a likely third from Lanes WC and Sheffield.

Laver in West Germany, June 6th. A Junior 10km was held on an average cinder track with the temperature around 80°F. The incredible East German duo, Lutz Lipowski and Karl-Heinz Stadtmuller lapped the entire field, most of them more than once, and Lipowski was just 7.6 sec outside the time he recorded when winning the European Junior title in Paris last Autumn. He was 10 sec clear at 5km in 21.40. 1, L. Lipowski (EG) 43:43.2; 2, K-H. Stadtmuller (EG) 44:03.4; 3, T. Glans (Sweden) 46:51.4; 4, O. Hemminsson (Swe) 47:21.8; 5, H. Schubert (W. Ger) 47:46.4;

6, F. Hohmann (W. Ger) 48:26.6 . . . 10, B. Laver (GB) 50:10.2; 14, P. Sturdy (GB) 54:05.6. GB 8th in team event.

Four sided International, Stockholm, May 30th. 35km: 1, W. Skotnicki (EG) 2:55.32; 2, B. Leuschke (EG) 2:56.30; 3, C. Hohne (EG) 2:56.55. Junior 10km: 1, J. Krausse (EG) 46.36; 2, E. Paulick (EG) 47.44; 3, R. Ammon (EG) 48.11. Senior 20km: 1, G. Sperling P. Frenkel & H-G. Reimaan (EG) 95.01; 4, S. Zschiegner (EG) 98.14; 5, H. Tenggren (Sweden) 99.24.

Worcestershire Championships, June 6th. 3000m: 1, R. Hughes (RSC) 12:32.6; 2, A. Smallwood (Halesowen) 12:46.0; 3, R. Care (Halesowen) 13:08.0; 4, R. Court (Broms) 13:45.0; 5, F. Blake (Broms) 14:10.6; 6, S. Lewis (Broms) 14:36.6. Junior 3000: P. Meredith (Broms) 14:41.0. **Youths 2000:** 1, K. Sturdy (Broms) 9:16.6; 2, R. Chaplain (Broms) 9:16.8; 3, P. Dallow (Broms) 9:26.0; 4, S. Robinson (Broms) 9:29.0. **Boys 2000:** 1, P. Rodgers (Broms) 9:51.6; 2, M. Francis (Broms) 10:55.8; 3, P. Beard (Worcs) 10:58.0.

Moullin wins fast Surrey '100'. Ewhurst, June 25-26th. Leading from the early stages, and well clear from the 30M mark onwards, John Moullin had a wonderful debut at the 100M distance, averaging near to 6 mph throughout to only just fail to beat Frank O'Reilly's best on record set in 1960 in the Leicester to Skegness. Moullin failed in this bid by just 1:29.0. Positions at 100km: 1, Moullin 10:21.06; 2, Hedgethorpe 10:53.53; 3, Van T'hooff 10:57.00; 4, Boxall 11:09.01; 5, Vos 11:09.08 (later retired). The man of the race for me was Emile Alomaine. The 46-year-old Belgian had less than 12 days earlier been battling for fourth in the Strasbourg to Paris, and during April and May had competed in no less than four 24 hour races, gaining a first and a third! A genial, ever-smiling walking machine, this man. 40 finished within 24 hours, most of them new centurions. 1, J. Moullin (Belgrave) 16:55.44; 2, Van T'hooff (Holland) 17:46.31; 3, J. Hedgethorpe (Ex. B) 18:02.11; 4, D. Boxall (B&H) 18:26.33; 5, Van Den Hyden (Holl) 19:20.30; 6, J. Harrison (Boundary) 19:34.35; 7, M. Shafter (Holl) 19:41.32; 8, G. Peters (Holl) 19:47.02; 9, R. Niezen (Holl) 19:56.59; 10, B. Saunders (B&H) 20:02.13; 11, L. Scholl (Holl) 20:04.05; 12, H. Nunns (B'ht) 20:09.48; 13, E. Alomaine (Belgium) 20:18.14; 14, P. Goodchild (Sy. WC) 20:19.37; 15, T. Goosenberger (W. Ger) 20:24.42. **Teams:** 1, LAT Amsterdam 15; 2, Belgrave 22; 3, RWV Rotterdam 22; 4, Brighton & Hove 32; 5, Surrey WC 36.

Thurrock 10km, Grays, June 27th. 1, P. Embleton (Met. WC) 42:27.8; 2, D. Hopkins (Medway) 48.21; 3, G. Robinson (Enfield) 48.35; 4, J. Godbeer (Camb) 50.18; 5, D. Levy (Trow) 50.29; 6, B. Laver (Ex. B) 50.33; 7, D. Holly (B&H) 51.33; 8, J. Sales (Thurr) 52.02. **Junior/Youths 5km:** 1, M. Eldred & R. Hammond (Ex. Pol) 24.35; 3, B. Jones (Ex. Pol) 24.40; 4, P. Dyble (Newham) 26.14.

Colin Young

LETTERS contd. from page 15

for the sponsors' credits with the radio or television.

Another side to the coin is the need for a good visual image, kitwise, from competitors and acceptance of a disciplined code by the car-borne supporters of road events.

An advantage of a series of events is that facilities would be available to each event and cost defrayed by utilising equipment, and publicity material, at successive or every other venue. This could extend down to details such as a couple of sets of fabric numbers circulating round the series. Ideally these would bear the sponsors' image.

A term of the sponsorship would aim at making travel assistance available to permit teams to widen their activities, and thus introduce star athletes to a wider public. This could be particularly helpful to walkers who are seldom able to take advantage of the cheaper travel by coach available to the club team. It could also make possible invitations to Continental competitors and teams.

Should the British concept of the cross-country and race-walking internationals be faced with the anticipated challenge some response could lie in the promotion of the traditional events under the auspices of the series sponsor.

Since the loss of the London-Brighton Relay we have not progressed in competing for public attention and sponsorship for road events. I doubt if the answer lies in waiting for crumbs from the track promoters' table. Indeed it could well be that track attendance could benefit from a more conscious effort to promote road sport to a wider public.

Some points of comparison with another road sport are opportune. Fourteen years of sponsorship of the "Milk Race" has seen it become one of the leading world amateur events. At a cost of £41,000 "it is the cheapest advertising we get", quote the Milk Marketing Board. Associated support was also forthcoming from several companies. The police assistance and co-operation was the most positive factor in the success of this event.

With the Olympic build-up coming, and the corresponding public interest, there is a need to implement the mood for improvement or, as Barry Shaw terms it, the present impetus. It is to be hoped that negotiations for sponsorship will cover a broad package deal rather than isolated approaches.

Harold F. Rainbird

POLY CANCEL MEETING

Dear Sir,

Owing to the very poor response to my letter of June 14th asking clubs if they would support the revised date of July 26th for the Lord Mayor's Shield Meeting, we have been compelled with regret to cancel it this year.

We now propose to hold the Meeting on April 22nd, 1972, and the clubs who were entered on the June 12th programme for the men's "Lord Mayor's Shield" and the ladies "Norrkoping Trophy," and the "Poly H. Lillian Board Relay"

will receive invitations to compete once again.

May I thank you, Mr. Editor, and all those who helped me to promote this hoped for Cancer Charity Meeting, and trust that we will have their support and better luck at the third time of asking.

A. E. H. Winter,
Hon. Organising Sec.

Scottish News

A NOTABLE feature of the season has been the return of Graeme Grant to the top flight at 800 metres. Graeme, who took the national title while still a junior, was a member of the UK quartette who beat the world 4 x 880 yards record in 1966, but were deprived of the honour because of a technicality. He ran in the 1966 Commonwealth Games but later abdicated from top-class competition, although he continued to run in domestic events. He missed the recent Scottish championships because of influenza but, with studies at Heriot-Watt University now completed, is set on a valedictory flourish before he emigrates to South Africa later this year.

Highlights at the Scottish Boy and Girls age-group championships included a McMeekin family tour de force at 800 metres. David (18) retained his junior men's title in 1:52.2 and Christine (14) beat her twin Evelyn into second place in the junior ladies' event in 2:17.3. Christine and Evelyn were among several junior ladies and youths who beat their elders: Graham Barclay equalled his recent best of 1.93/6'4", which surprisingly did not win the Bank of Scotland Trophy for the best Youth performance. This went to Angus McKenzie for his 13.6 100 metres hurdles, supplemented by good victories in long and triple jumps. Dundee girl Linda Melville long-jumped $\frac{1}{4}$ inch short of 18 feet in the junior ladies long jump.

J. Logan

**SPECIAL NOTICE TO
OVERSEAS SUBSCRIBERS**

New overseas postal rates came into effect on July 5th and surface mail rates are increased slightly to £6/24 for 12 months. Subscribers will not have to bear the extra cost until their subscription is renewed. The main alteration is for Europe, where in future there will be surface mail and air mail (termed the "all-up newspaper rate"). Last week's copy was sent to all subscribers in Europe at this air rate which will be £7/80 for 12 months, but as from this week all copies to European subscribers will be sent by surface mail at £6/24 for 12 months unless we are specifically requested to despatch at the higher air rate (£7/80). If desired, the renewal date of the subscription can be amended to allow for the extra cost, or 3p per copy can be sent to cover this. Air mail rates outside Europe will be advised on request, or at the time of renewal.

UK RESULTS ROUND-UP

30.6. Portsmouth. DT: J. Watts 55.62/182'6".
 30.6. Bristol. Women's 200m: M. Critchley 24.2.
 2/3.7. Portsmouth. Dec: T. Walhen 6576. 3.7.
 Southampton. Women's 400m: M. Neufville 53.8.
 3.7. Winsford '7. R. Wilde 32.03, R. Hill 32.27.
 3.7. Mitcheldean '14. E. Austin 68.50. 3.7. Welwyn
 Half Marathon. A. Richards 66.17, H. Leeming
 67.21. 4.7. Skiddaw Fell Race. D. Cannon 65.04.
 7.7. Oldbury. 800m: P. Lewis 1:49.6; women's
 400m: R. Stirling 54.2, M. Tranter 56.1; DT: R.
 Payne 54.78/179'9". 7.7. Uxbridge. 100m: D. Halli-
 day 10.4w. 10.7. Paignton '15. P. Lonnen 1:20:07.
 10.7. Michelin '15. D. Pratt 76.01, L. Austin 76.14,
 A. Richards 76.21. 11.7. Crystal Palace. WAAA
 4x100m: LOAC 46.0; WAAA 4x200m: Stretford
 1:36.5; Southern Pen: J. Vernon 4655 (6.15, 24.3,
 14.3, 9.11, 1.64), J. Honour 4633 (5.83w, 24.8, 14.4,
 9.75, 1.70), P. Chapman 4230.

LEAPING IN LONDON

Enthusiasts in the City of London will have the opportunity on Monday, July 19th (11.30 a.m.-1.30 p.m.), of seeing a first class demonstration of high jumping in front of the City of London Exhibition Hall which is behind the Guildhall. Several of Britain's top jumpers will take part. Ron Murray will add to the occasion by having some of his young ladies there dressed in red hot pants! The Exhibition Hall is reached up Aldermanbury or Basinghall Street.

Object of the exercise is to publicise the AAA Championships. The AAA has already had its name up in lights for the first time, at the Swiss News Centre in Leicester Square—again drawing attention to the Championships.

COSFORD DATES NEXT WINTER

Indoor fixtures at Cosford next winter are: Nov. 20th, open meeting; Dec. 11th, open meeting; Jan. 7th/8th 1972, Cosford Games; Jan. 28th/29th, AAA Championships; Feb. 19th, proposed international match; March 18th, Under-19 Championships. Prospectus and entry forms will be available in September from the MCAA Offices, Rooms 30 & 32, Queen's College Chambers, 38a Paradise Street, Birmingham 1.

Steve Taylor (Aberdeen AAC) and a clubmate wish to join in any club trip which may be organised to the Enschede Marathon on September 4th; any information would be appreciated by Steve at 108 Great Western Road, Aberdeen.

Ripon AAC's "St. Wilfrid's" 10M road race will be held on July 24th (not 31st) at 3 p.m.

The Half Nevis Race from Fort William is being held on July 31st and not the 24th as printed in the Fell Runners Fixture List.

In the Claude Grahame-White Trophy 400m Scotland's runner in the "A" race was A. Beattie (58.3) and in the "B" race M. Munro (59.2). Hamish Robertson's winning TJ distance in the Scottish Championships was 14.49/47'6".

HEREFORDSHIRE CHAMPIONSHIPS

At Hereford, June 19th

Juniors

100/400: R. Pryce (Here) 12.3/59.0. 200: N. Turner (Cath. S) 24.8. 800: D. Nelson (Ledbury S) 2:16.8. 1500: D. Brady (Belmont A) 5:01.0. 4x100: Hereford & Cty. 47.7. HJ/LJ: G. Philpotts (LHS) 1.67/5'6" & 5.82/19'11". TJ: A. Gardner (Ledbury GS) 10.28/33'8". DT: J. Scully (Belmont A) 30.54/100'2". JT: A. Hudson (LHS) 44.18/144'11".

Youths

100: D. Friend (LHS) 12.0. 200: S. Watkins (LHS) 25.3. 400: H. Manson (BA) 54.7 (CBP). 800: M. Weaver (LHS) 2:16.6. 1500: Friend 4:35.9. 100H: M. Healey (LHS) 15.4. 4x100: Lady Hawkins S 48.4. HJ: J. Palmer (Kingstone CS) 1.53/5'0 1/4". PV: Healey 2.31/7'7". LJ: S. Hatcher (LHS) 5.20/17'0 1/4". TJ: Watkins 11.27/36'11 1/4". SP: F. Turner (LHS) 13.10/42'11 1/4". DT: C. Pearson (LHS) 29.06/95'4". HT: P. Williams (Ross) 28.38/93'1". (CBP). JT: M. Pearce (—) 29.26/96'0".

The UAU are staging their 4th cross-country training course at Lilleshall from September 13th to 17th. Anyone going up to university in October who would like to be considered for the course should write to the secretary, UAU, 28 Woburn Square, London, W.C.1. Coaches will include Mike Turner and Mike Down.

The Midland Counties AAA remind athletes that only 1/4" spikes may be used on the all-weather track at Leicester. Some £100 worth of damage was caused recently by two athletes wearing spikes which were too long.

An AAA qualified starter is needed for the New Zealand Namesake Trophy meeting at William Parker Stadium, Hastings, on July 17th. Please phone Brian Griffin (Hastings 31236).

Windsor Slough & Eton 'AC have vacancies for an inter-club meeting (men and women) at Windsor on July 31st. Contact R. King, 9 Castlevue Road, Slough, Bucks.

Southampton & Eastleigh AC's new cross-country secretary is N. Coupland, 24 Sylvan Avenue, Bitterne, Southampton SO2 5JU.

CLASSIFIED ADVERTISEMENTS

3p. per word. Trade—6p. per word, 6 insertions of same copy 5p. per word. 13 insertions 4p. per word—prepaid.

WANTED—Books, Magazines, Annuals most sports, especially pre-war. AW2, 43 Dundonald Road, Colwyn Bay.

REEBOK "WORLD 10". Super Shoes. First again Maxol Marathon. £5.75p post free. **Ron Hill Sports, 72 Green Lane, Romiley, Cheshire.**

GOLA "MARATHON". All sizes—Ex stock—£5.70 C.W.O. YardleySport, Padiham, Lancs.

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. £1.50 per s.c. inch, per insertion prepaid. Quarter-page £5; Half-page £9; Page £16, per insertion. **33½% discount to clubs on three or more insertions** of same copy. Cheques or Postal Orders should be crossed and made payable to Athletics Weekly.

CLAYTON-LE-MOORS HARRIERS BARNOLDSWICK FELL RACE

(Under A.A.A. Laws)

SUNDAY, 15th AUGUST, 1971, 11 a.m.

Over 30 valuable prizes, Ind., Team, Vet., etc.
Entries (15p Ind.) to H. Smith, "Marton Way,"
Coates Lane, Barnoldswick (2024), Colne, Lancs.

DARTFORD HARRIERS 12th ANNUAL ROAD RELAY

(Under A.A.A. Laws)

4 x 2 MILES

At Darenth Park Hospital Grounds

SATURDAY, 11th SEPTEMBER, at 3 p.m.

Entries: 25p per team to R. Drew, 28 Spital
Street, Dartford, Kent, by 6th September.

LEIGH HARRIERS & ATHLETIC CLUB OPEN SPORTS MEETING

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, 28th AUGUST, 1971, at 2 p.m.

Leigh Athletic Ground, Charles St., Leigh

Prizes Value

100m Open Scratch 1st £5 2nd £2 3rd £1
800m Open Scratch 1st £5 2nd £2 3rd £1
1 Mile Open Scratch 1st £5 2nd £2 3rd £1
Samuel Webster Cup held for year & replica
3000m Open Team (4 run, 3 count) 3 at £2, 3
at £1, 3 at 75p, 1st man home £3.

5 Mile Open H'cap Road Walk £4, £2, £1
Fastest Loser £1.50, Fastest Junior £1.50.

Entries (12½p per event, teams 25p) close August
14th, to C. F. Madely, 3 North Brown Street,
Leigh, Lancs. (Tel: 71384—Day only).

MICHELIN ATHLETIC CLUB

4th Annual 4 x 2½ Miles

CROSS-COUNTRY RELAY

SATURDAY, 13th NOVEMBER, at 3 p.m.

SPORTSGROUND, CAMPBELL ROAD,
STOKE-ON-TRENT

Awards: 1st team Perpetual Trophy & 4 prizes
to value of £10 (holders: Tipton H.); 2nd team
4 prizes valued £8; 3rd team 4 prizes valued
£6; 1st 'B' team 4 prizes valued £5; Most
Meritorious Performance ('A' team) 4 prizes
valued £4. Fastest Lap: Bibendum Statuette
and prize valued £3; 2nd and 3rd fastest laps,
prizes valued £2 and £1.50. Fastest Vet: prize
valued £1.

Entries: 75p first, 30p each additional team,
close Monday, 1st November, to D. Shelley,
Michelin Athletic Club, Campbell Road, Stoke-
on-Trent.

RAMSGATE TOWN BOUNDARY RACES

Organised by Invicta A.C. under A.A.A. Laws

SUNDAY, 22nd AUGUST, 1971

Seniors 5 Miles, Colts/Boys/Youths 3 Miles

Individual and Team (3 to score) Awards

Entry Fee 15p. Entries to G. C. Pearson, Flat
1, Lynton Court Mansions, Cornwall Gardens,
Margate, Kent, by 16th August, 1971.

DIDCOT & DIST. ATHLETIC CLUB

2nd Annual

ROAD RELAY (4 x 4 MILES)

(Under A.A.A. Laws)

AT DIDCOT, 30th AUGUST, 3 p.m.

Awards: Team Trophy, Fastest Lap Prize,
Medals for first three teams.

Entries, on A.A.A. forms, by 20th August,
to R. F. Davidson, 36 Icknield Close,
Didcot, Berks.

WAKEFIELD H.A.C.

3rd Annual Schoolboy

CROSS-COUNTRY RACES

SATURDAY, 23rd OCTOBER, 1971

From THORNES PK., WAKEFIELD, YORKS

COLTS U/13 1½M. TEAM RACE

(6 run, 3 score)

BOYS U/15 3x1½M. RELAY (A & B teams

YOUTHS U/17 3x1½M. RELAY accepted)

Ages as on 1.9.71 Under AAA Laws

Entry Fee: 20p per team, 10p subsequent teams.

Awards: Medals, plaques and team trophies.

Excellent changing accommodation. Entries or
further details: A. Whitworth, 184 Aberford
Road, Stanley, nr. Wakefield, Yorks.

ALTRINCHAM & DISTRICT ATHLETIC CLUB'S

LINOTYPE "5"

(Under A.A.A. Laws)

WEDNESDAY, SEPT. 8th, at 7.30 p.m.

Awards: 1st, 2nd, 3rd, first 3 teams, 1st and
2nd unplaced individuals, 1st Veteran.

Entry Fees: Individual 15p, Teams 25p.

Entries to: Mrs. S. Blinston, 19 St. Mark's
Avenue, Oldfield Brow, Altrincham, Cheshire.

Closing date: Monday, August 23rd

FIRST CLASS PRIZES