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athletics

weekly

JULY 12th 1980

30p

Ruth Fuchs

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Inside: Who's Who In Britain's Olympic Team

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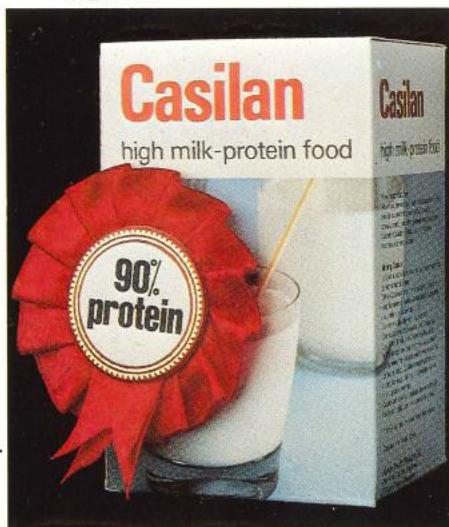
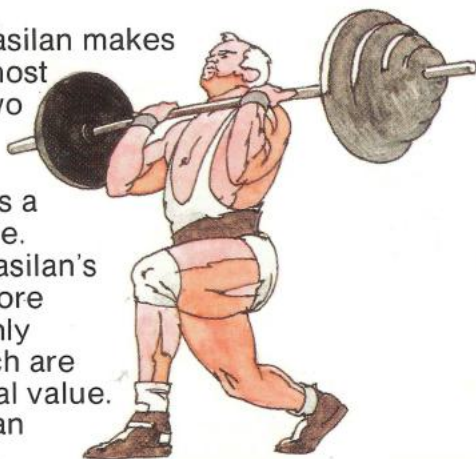
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Published by:
World Athletics & Sporting Publications Ltd,
344 High Street,
Rochester, Kent ME1 1DT.
Telephone: Medway (0634) 409260
Medway (0634) 409269

Printed by:
Kent Art Printers Ltd,
344 High Street,
Rochester, Kent ME1 1DT.

Annual Subscription (including postage):
Direct subscribers in UK & HM Forces: £19.24
Through an agency: £22.62
Overseas Surface Mail: £22.36
Air Mail Europe: £26.00
Other Air Mail rates on application.
USA Surface: \$54. Air Mail: \$71.
Minimum subscription period 6 months.

Registered at the Post Office as a newspaper.
Overseas subscriptions (including Eire) should be
paid by cheque in sterling on a London bank, or
by International Money Order.

Audited Circulation: July-December 1979 19,539.

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64 PAGES THIS WEEK

THE WEEK AHEAD

Saturday, July 12th: English Schools Champs (2nd day), Kirkby; Stretford Track League; Joe Louis Trophy Meeting, Ashton Playing Fields; GRE British League, Div. 1, West London; Windsor S&E Trophy Meeting; AC Bird Trophy Meeting, Wimbledon Park; Kingston GS Inter-Club Match, Ditton Fields; National Vets Champs (1st day), Cophthall; Farringdon & Jewkes Trophy Meeting, Southall; Rotherham Sports; Hereford Carnival YA Meeting; 'King of the Hill' Races, Tonbridge; Bognor Open Meeting; John Oultram Memorial '10', Stoke-on-Trent; Cheltenham Festival '7.4'; Woodford to Southend '40'; Rex Foulkes Memorial 20km Road Race, Aylesbury; Weston '10', Weston-super-Mare; Dorma '5', Buxton; Ironbridge '4½'; Portland Carnival '10'; Lyke Wake Race, W. Yorkshire; Wasdale Fell Race; Birmingham Primary School Champs; Scottish Women's Inter. & Junior Champs, Grangemouth; Cupar Highland Games; Inverness Highland Games, Mytholmroyd Fell Race.

Sunday, July 13th: Amoco International Games, Crystal Palace; National Vets Champs (2nd day), Cophthall; GRE Jubilee Cup,

Intermediate Round; Heart of England YA League, Daventry; Pash Trophy Meeting, Hurlingham; Duchy Minors Meeting, Redruth; Rossendale Open Meeting, Rawtenstall; Bideford Sports & Torridge '6'; Horsham '10'; Altrincham Festival '10'; North Tyneside Marathon; Omega League, 1st Rd (N. Ireland); Boundary Half Marathon, Douglas.

Wednesday, July 16th: Army Pentathlon/Decathlon (1st day) Champs, Aldershot; Rosenheim League, Wimbledon Park; RAF Inter-Station Finals, Cosford; Highgate Open Meeting, Parliament Hill; Luton Open Meeting, Stockwood Park; Kirklees Road Races, Greenhead Park.

Thursday, July 17th: Army Decathlon Champs (2nd day), Aldershot; RAF Decathlon Champs (1st day), Cosford; 'Milk in Action' Schools Cup Finals, Cophthall.

Friday, July 18th: RAF 10,000m & Decathlon Champs (2nd day), Cosford.

COVER PHOTO (By Mike Street)
Ruth Fuchs, who in Moscow will bid to become the first woman ever to win three Olympic titles in the same event.

WORLD RECORDS FOR COE AND OVETT

Seb runs 2:13.4 1000m and Steve 3:48.8 mile within an hour!

ANOTHER glorious chapter of the history of British middle distance running was written at Oslo's Bislett Stadium on July 1st when, in the space of an hour, Sebastian Coe (1000m in 2:13.4) and Steve Ovett (mile in 3:48.8) set a world record apiece.

Their performances added further lustre to the extraordinary reputation of the Norwegian capital's intimate six-lane track which since 1924, when Dutchman Adriaan Paulen (yes, the IAAF president) ran 500m in 63.8, has been the scene of 32 world records. It has in particular become the nearest thing to paradise for middle and long distance runners. It was at Bislett that Roger Moens destroyed Rudolf Harbig's seemingly permanent world 800m record with a time of 1:45.7 in 1955 . . . that Ron Clarke staggered the world with his 27:39.4 10,000 in 1965 (the previous record stood at 28:15.6!) . . . that Rick Wohlhuter ran 1000 in 2:13.9 in 1974, John Walker 2000 in 4:51.4 in 1976 and Henry Rono 3000 in 7:32.1 in 1978 . . . and of course it was there last year that Seb Coe captured his first two world records: 800 in 1:42.4 and the mile in 3:49.0.

Conditions were perfect for the latest edition of

the Bislett Games: the evening temperature was ideal, there was hardly any wind and a capacity crowd of 22,513 provided marvellous encouragement for the athletes.

Seeking to expand his world record domain, Coe had selected Wohlhuter's 1000m figures for his special attention. At the time it was established (when the world record for 800 stood at 1:43.7) it was considered a very good record indeed, the American passing 400 in 51.7 and 800 in 1:46.8 en route. But Coe has ushered in a new era of 800 performance and it seemed reasonable to expect that on a good day he could run through 800 in 1:46-1:47 and carry on for another half lap at the same pace, which would give him a final time of between 2:12.5 and 2:13.8.

However, two factors militated against a successful outcome to the mission. Seb was not at the peak of his physical powers, having been on antibiotics for a throat infection which caused him to withdraw from the 1500m race he had planned in Sweden a few days earlier, and — secondly — the early pace was almost suicidally fast.

The start was so rapid that even the appointed hare, Trinidad's Olympic 400 representative Mike Solomon, spent the first 100m trying to get to the front. Once ahead he settled into a very fast rhythm, reaching the 200 mark in 25.0 ahead of American 400 hurdler Bob Cassleman with Coe third in 25.5 (all times quoted here are as taken by BBC television statistician Stan Greenberg). The remainder of the first lap was just as speedy: Solomon passed 400 in a tingling 50.1, with Coe still third in 51.0 . . . world record tempo for 800 let alone 1000m!

Solomon dropped out just before the 500 mark, at which point Cassleman took over but the American's stint out in front was brief. He veered off the track at the bell (Coe 77.8 for 600), leaving Coe some 30m ahead of his nearest opponent, old rival Willi Wulbeck. Seb, clad in his familiar Loughborough vest, needed to cover the last lap in 56.0 to break the record. He gave it all he had, flashing past the 800 point in a spectacular 1:45.2 (only three men in the world apart from himself have run that fast this year) and holding on grimly to complete the lap in 55.6. He glanced back a couple of times to check where Wulbeck was, but although the German made up a lot of ground to finish 10m behind in 2:14.6 (well inside Ivo Van Damme's previous European record of 2:15.5) Coe was never in serious danger of being caught. His 200m splits tell the story: 25.5, 25.5, 26.8, 27.4, 28.2: Coe set off on his lap of honour as holder of four world records, matching Henry Rono's achievement . . . but

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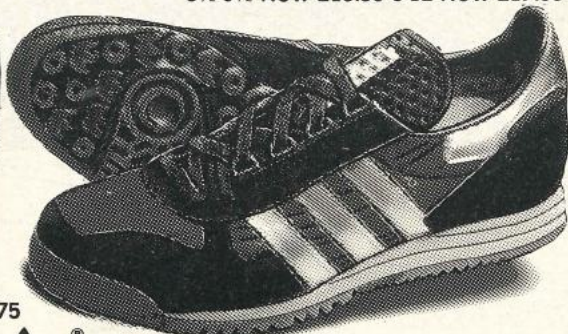
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before an hour had elapsed he had to settle for three again.

Responsible for that state of affairs was the only man, it would seem, who could possibly stand between Coe and an Olympic gold medal double — Steve Ovett. Others might argue, of course, that it is Coe who is the only obstacle separating Ovett and the same goal. Whichever way one looks at it, the rivalry between these two wondrous runners has caught the imagination of the entire world, and the Olympic Games will be an appropriate setting for their first meeting since the 1978 European 800m final.

Ovett has changed his philosophy towards records since interviewed by 'AW' in March 1979 when he remarked: "I don't think I've got the appetite for world records. I don't think I ever will have. It seems pointless to me". And why not? Since then Seb Coe has emerged as a world beater at 1500m and mile as well as 800m, and Ovett is well aware of the psychological aspects in the run-up to his confrontation with him. The plan slightly misfired last year when Steve, who had originally planned a low-key season to keep the opposition guessing, reacted to Coe's record spree by chasing after — and narrowly missing — Seb's times of 3:32.1 and 3:49.0. Once committed to the concept that it was important tactically to outshine Coe at his own game, Ovett was obliged to try again this summer. His 1500m bid at the Talbot Games didn't come off, but in Oslo everything worked out in his favour and the

reward was a magnificent mile time of 3:48.8. An indication that Steve still feels there is some unfinished business to attend to is the possibility that he will return to Oslo on July 15th for one last 1500m race before the Olympics — against a field which could include Eamonn Coghlan and several of the big stars denied their chance in Moscow, like John Walker, Thomas Wessinghage and Steve Scott.

That Ovett would one day become the fastest miler in history comes as no surprise: he has long had the capacity to achieve that distinction, but only recently has he developed the motivation. Asked in the spring of 1979 whether, when retired, he might feel frustrated knowing he *could* have been mile world record holder, Steve replied: "If you know you could have, then there can't really be any frustration. I know that a couple of times I could have quite easily broken the record, and I think **knowing** that is more important to me. Whether I actually prove it to other people is, as far as I'm concerned, pointless really". Steve, who ran a mile in 4 minutes dead at the age of 17 in 1973, first became British record holder at the distance with 3:54.7 in 1977. He improved to 3:52.8 next year in dreadfully cold, wet and windy conditions in Norway, and became the third fastest mile ever with his 3:49.6 timing in 1979.

So, Ovett was ready for something special at Bislett. He might not have been too worried about losing his UK 1000m record (2:16 0), but

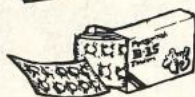
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EVOLUTION OF 1000 METRES RECORD

First official world record:	
2:32.3 Georg Mickler (Ger)	22.6.1913
First under 2:30	
2:29.1 Anatole Bolin (Swe)	22.9.1918
First under 2:25	
2:23.6 Jules Ladoumegue (Fra)	19.10.1930
First under 2:20	
2:19.5 Audun Boysen (Nor)	18.8.1954
Subsequent improvement:	
2:19.0 Audun Boysen (Nor)	30.8.1955
2:19.0 Istvan Rozsavolgyi (Hun)	21.9.1955
2:18.1 Dan Waern (Swe)	19.9.1958
2:18.0 Dan Waern (Swe)	10.8.1959
2:17.8 Dan Waern (Swe)	21.8.1959
2:16.7 Siegfried Valentini (GDR)	19.7.1960
2:16.6 Peter Snell (NZ)	12.11.1964
2:16.2 Jurgen May (GDR)	20.7.1965
2:16.2 Franz-Josef Kemper (Ger)	21.9.1966
2:16.0 Danie Malan (S. Afr)	24.6.1973
2:13.9 Rick Wohlhuter (USA)	30.7.1974
2:13.4 Sebastian Coe (UK)	1.7.1980

EVOLUTION OF MILE RECORD

First official world record:	
4:14.4 John Paul Jones (USA)	31.5.1913
First under 4:10	
4:09.2 Jules Ladoumegue (Fra)	4.10.1931
First under 4:05	
4:04.6 Gunder Hagg (Swe)	4.9.1942
First under 4:00	
3:59.4 Roger Bannister (UK)	6.5.1954
Subsequent improvement:	
3:57.9 John Landy (Aus)	21.6.1954
3:57.2 Derek Ibbotson (UK)	19.7.1957
3:54.5 Herb Elliott (Aus)	6.8.1958
3:54.4 Peter Snell (NZ)	27.1.1962
3:54.1 Peter Snell (NZ)	17.11.1964
3:53.6 Michel Jazy (Fra)	9.6.1965
3:51.3 Jim Ryun (USA)	17.7.1966
3:51.1 Jim Ryun (USA)	23.6.1967
3:51.0 Filbert Bayi (Tan)	17.5.1975
3:49.4 John Walker (NZ)	12.8.1975
3:49.0 Sebastian Coe (UK)	17.7.1979
3:48.8 Steve Ovett (UK)	1.7.1980

he was anxious — in the pre-Olympic war of nerves — to wrest the limelight from Coe. There was only one way: a world mile record. As at Crystal Palace four days earlier Dave Warren (who had in the meantime improved to 1:46.2 for 800) acted as a pacemaker. He did a good job: very fast, but not ridiculously so. The first quarter took 55.5, with Ovett neatly tucked behind (55.7) and followed by Omer Khalifa, Steve Cram (about 56.0) and Graham Williamson (about 56.3). Coe's corresponding split during the Golden Mile last year was 57.8.

Warren reached the halfway mark in 1:53.5, still a stride ahead of Ovett (1:53.8), with Cram showing around 1:54.2 in 3rd place and Khalifa 4th. Williamson, who was vying with Cram for the one vacancy in the Olympic 1500 team, dropped away on the second lap. With quarter

splits of 55.7 and 58.1, Ovett was comfortably ahead of Coe's 1:55.3 pace on this track last year. The third quarter is traditionally the slowest of the race (Coe ran 58.1 in his record) but Ovett, who found himself alone in front with a lap and a half to go, covered that segment in a vicious 57.2 to reach $\frac{3}{4}$ M in 2:51.0 — no less than 2.4 sec inside Coe's figures. All eyes were on Steve, wearing his favourite USSR national team vest (he won't be able to wear that in Moscow!) as he embarked upon a final lap which he had to cover in under 58 sec to break the record. Cram, meanwhile, was also running his heart out some 25-30m behind, happy in the knowledge that barring disaster his selection was assured.

The toll taken by the excruciating pace throughout was to be seen on the last lap. Ovett maintained a strong tempo but the finishing kick had been run out of his legs as he strode home, concentrating on every step, with a 57.8 final quarter. Passing 1500m in 3:32.7, just 0.1 inside Coe's intermediate time, he reached the finish

continued on page 56

Seb Coe: "This was the first 1000 metres I have run. I was working harder than I would normally have done because my chest and throat were feeling tight, but my legs and arms felt fine. I felt looser tonight than I have done all season and I think that is because the hard grind is behind me. The crowd was absolutely superb and that is just the sort of help you need. It was a nice way to finish my Olympic preparation. I do not think the 1000 metres was ever a soft touch but I made the race unnecessarily hard by going through the first 800 metres so fast."

Steve Ovett: "One of the big goals this season was to take this world record from Seb . . . it tasted terrific".

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GRE British League (Div 1)**At Meadowbank, June 28th**

Wolverhampton Scrape Home By Four Points

Wolverhampton & B 243; Essex Beagles 239; Shaftesbury 211; Thames Valley 196; Edinburgh AC 194; Birchfield 178.

100: (A): (—0.9m) 1, P. Little (EAC) 10.79; 2, S. Green (TVH) 10.83; 3, D. Thompson (Ex. B) 10.86; 4, F. Campbell (Bir) 10.98. (B): 1, J. Stark (EAC) 10.85; 2, L. Hoyte (TVH) 10.87; 3, E. Gilkes (Ex. B) 10.91. **200:** (A): 1, Green 21.38; 2, Little 21.41; 3, P. Brown (Bir) 21.69; 4, C. Moven (W&B) 22.02; 5, R. Dickens (Shaft) 22.14. (B): 1, Hoyte 21.36; 2, Stark 21.59; 3, Gilkes 21.59; 5, M. Ducasse (W&B) 21.97; 5, E. Campbell (Bir) 22.14; 6, K. Ansah (Shaft) 22.17. **400:** (A): 1, R. Dickens 47.13; 2, S. Scutt (W&B) 47.37; 3, J. Davis (Ex. B) 48.67; 4, D. West (TVH) 48.82; 5, K. Glass (EAC) 49.84. (B): 1, N. Jackson (W&B) 48.72; 2, P. Batten (Ex. B) 48.80; 3, B. Dickens (Shaft) 48.88; 4, J. Learmonth (EAC) 49.80. **800:** (A): 1, S. Larder (TVH) 1:50.9; 2, S. Lowe (Shaft) 1:51.1; 3, D. Barlow (W&B) 1:51.6; 4, P. Hoffmann (EAC) 1:51.8; 5, M. Wilson (Ex. B) 1:52.3. (B): 1, B. Jones (Ex. B) 1:52.1; 2, J. Scott (EAC) 1:52.7; 3, L. Duffy (Bir) 1:52.9; 4, P. Browne (TVH) 1:53.0; 5, G. Kaye (Shaft) 1:53.0; 6, S. Piddock (W&B) 1:53.7. **1500:** (A): 1, G. Fell (Ex. B) 3:48.2; 2, A. Salter (Bir) 3:48.5; 3, A. Weatherhead (EAC) 3:49.4; 4, J. Goater (Shaft) 3:50.4; 5, P. Potter (W&B) 3:50.4; 6, B. Walters (TVH) 3:53.6. (B): R. Smedley (Bir) 3:50.1. **5000:** 1, G. McCallum (Shaft) 14:29.6; 2, P. Kemp (Ex. B) 14:34.6. **3000SC:** (A): 1, P. Baker (TVH) 9:09.9; 2, A. McKay (EAC) 9:11.2; 3, D. Thomson (Shaft) 9:14.4; 4, B. Tilley (Bir) 9:19.3. (B): 1, P. Gayter (TVH) 9:18.0; 2, M. McEvilly (Shaft) 9:21.9; 3, D. Hunter (EAC) 9:25.2; 4, K. Kirby (Bir) 9:26.5. **110H:** (A): 1, R. Danville (W&B) 14.96; 2, D. Thompson 15.56. (B): 1, A. Shiret (Ex. B) 15.59;

2, G. Myles 15.63; 3, P. Harris (Shaft) 15.76. **400H:** (A): 1, S. James (W&B) 52.06; 2, D. West (TVH) 52.36; 3, N. Gregor (EAC) 52.63; 4, P. Atherton (Shaft) 53.14; 5, Shiret 55.15; 6, D. Hislop (Bir) 55.63. (B): 1, R. Tolson (TVH) 53.92; 2, G. Pearce (Shaft) 55.52.

HJ: (A): 1, M. Palmer (W&B) 2.05; 2, W. Dixon (Ex. B) 2.00. (B): B. Johnson (W&B) 2.05. **PV:** (A): 1, M. Bull (W&B) 4.80; 2, D. Thompson 4.60; 3, P. Goulding (TVH) 3.90; 4, N. Williamson (EAC) 3.80. (B): 1, S. Bainbridge (EAC) 3.70; 2, T. Brooking (Ex. B) 3.70. **LJ:** (A): 1, L. Tyson (Shaft) 7.34; 2, T. Wade (TVH) 7.23; 3, E. Starrs (W&B) 7.10; 4, Gilkes 6.93; 5, L. White (Bir) 6.87. (B): T. Henry (Shaft) 7.18. **TJ:** (A): 1, F. Attoh (Shaft) 15.35; 2, J. Bierley (Ex. B) 14.40; 3, C. Brown (Bir) 13.99. (B): S. Simmons (Ex. B) 14.21. **JT:** (A): 1, R. Slaney (Ex. B) 16.82; 2, P. Tancred (W&B) 16.40; 3, M. Lockley (Bir) 14.67; 4, P. Mardle (EAC) 13.99; 5, N. Thompson (Shaft) 13.68. (B): 1, M. Eyres (Ex. B) 14.15; 2, C. Sutherland (W&B) 14.02; 3, R. Healey (EAC) 13.31. **DT:** (A): 1, Tancred 57.76; 2, Slaney 52.70; 3, N. Thompson 48.78; 4, Mardle 47.00; 5, Lockley 44.34. (B): 1, Sutherland 51.42; 2, A. Garforth (Ex. B) 44.12; 3, R. Weir (Bir) 42.52; 4, Healey 42.20. **HT:** (A): 1, J. Whitehead (W&B) 67.14; 2, Weir 63.94; 3, D. Huxley (EAC) 56.60; 4, R. Glass (TVH) 48.52; 5, G. Curtis (Ex. B) 48.18; 6, S. Blackwell (Shaft) 44.40. (B): 1, A. Woods (Bir) 53.16; 2, W. Gentleman (EAC) 45.62. **JT:** (A): 1, T. Smith (Shaft) 75.18; 2, S. Pearson (W&B) 67.96; 3, C. McKenzie (Ex. B) 64.68; 4, S. Ladds (TVH) 61.52; 5, G. Pohl (Bir) 56.18. (B): 1, N. Thompson 58.72; 2, M. Small (TVH) 56.46. **4x100:** 1, Essex Beagles 41.84; 2, Birchfield 42.21; 3, W&B 42.46; 4, EAC 42.71; 5, TVH 42.77. **4x400:** 1, W&B 3:14.4; 2, Shaftesbury 3:14.6; 3, EAC 3:14.7; 4, Essex Beagles 3:15.0; 5, TVH 3:16.4; 6, Birchfield 3:23.0.

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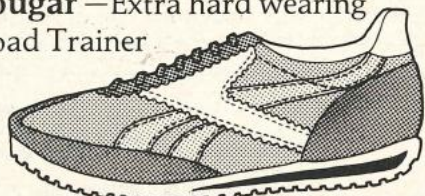
about £17.90

Cordova —Road Racing/Training



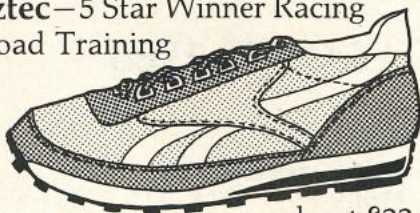
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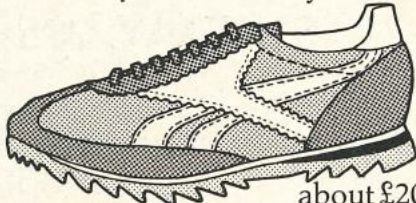
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McLeod's Fastest 5000

A 3:56.5 mile by Eamonn Coghlan and a superb 13:23.3 5000m by Mick McLeod were just some of the fine performances at the Cork City Sports held at the Mardyke's on June 24th.

Eamonn Coghlan, a late addition to the field which included Thomas Wessinghage, always looked in control in the Harp Lager Mile. Noel Shannon led the field through 400 in 58.1 and the halfway stage in 1:59.6. Coghlan took control at 1000y and led past the bell in 3:01.1. As they rounded the final bend Omar Khalifa and Wessinghage challenged but Eamonn just changed gear and was never in real danger from the German's challenge. David Taylor of Dundrum, on scholarship at Arkansas University, got inside the four minute barrier for the first time with a fine 3:59.2, whilst Liam O'Brien who recently lowered his steeplechase time to 8:41 — just failed to make it with 4:00.2, some 10 sec faster than his previous best.

The 5000 had all the ingredients of a great race and it certainly proved to be a classic. John Treacy was making his Irish track debut for the season. With Mick McLeod anxious to prove his fitness and with Julian Goater and Nat Muir keen to eradicate the disappointment of not being selected for Moscow the scene was set. It was Mick Lawton who undertook the pacemaking, and he reached 1600m in 4:18.4. At this stage five

remained in contention: McLeod, Treacy, Muir, Goater and Mick O'Shea. O'Shea, chasing an Olympic qualifying time, was the first to lose contact as Goater, McLeod and Muir pushed it along at different times. The bell, reached in 12:23, saw Treacy move to the front. Muir made a run for home at the 300 mark but it was McLeod who was to have the most effective burst as he took it away on the final bend and opened those vital yards on Treacy. A fine race with John missing Eamonn Coghlan's Irish record by 0.4 and Mick O'Shea getting inside the 13:35 Olympic standard.

Nick Davis

100: 1, A. Bennett (Birch) 10.57; 2, P. O'Brien (Lim) 11.06. **400:** 1, Bennett 47.02; 2, G. Delaney (DCH) 47.75; 3, J. Ryan (DCH) 47.82. **800:** 1, T. Moloney (Thurles) 1:48.2; 2, H. Riebold (Germany) 1:48.3; 3, J. Hunter (Lee) 1:48.5. **1 Mile:** 1, E. Coghlan (Don) 3:56.3; 2, T. Wessinghage (Germany) 3:57.3; 3, O. Khalifa (Sudan) 3:58.2; 4, D. Taylor (Dundrum) 3:59.2; 5, L. O'Brien (Middle) 4:00.2. **5000:** 1, M. McLeod (Els) 13:23.3; 2, J. Treacy (W'ford) 13:24.0; 3, N. Muir (Shett) 13:24.1; 4, J. Goater (Shaft) 13:26.7; 5, M. O'Shea (Lim) 13:32.3. **Women's 1500:** 1, V. Steiert (Germany) 4:13.5; 2, M. Purcell (Crus) 4:13.9; 3, D. Nagle (DCH) 4:14.1.

Later news: Ireland's Olympic team is Coghlan, Ray Flynn, O'Shea, Treacy, Dick and Pat Hooper, and Sean Egan. Treacy broke the Irish 5000 record with 13:22.0 last weekend.

ABERDEEN MILK MARATHON

(formerly Norco Aberdeen Marathon)
Under S.A.A.A. & S.W.C.C.U. Rules

SUNDAY, 28th SEPTEMBER, 1980

Start 12.30 p.m.

**From University Playing Fields,
Balgownie Road, Bridge of Don, Aberdeen**

**INCORPORATING
MEN'S HOME COUNTRIES INTERNATIONAL**
(England v Northern Ireland v Scotland v Wales)

Free Hotel Accommodation to first 40 entrants by courtesy of ROYAL DEESIDE INNS.
ENTRIES: 75p. No fee for Team entries (3 to count).

CLOSE 6th SEPTEMBER

Details and entry forms from: Mel Edwards,
7 Middleton Terrace,
Bridge of Don, Aberdeen.
(Tel. 0224 702073)

Roger Mills Wins 20km — And Olympic Place

WITH THE RACE PUT ON at less than a week's notice, it was no surprise to find several notable non-starters for the 20km road walk at Victoria Park on June 30th — the last opportunity for Olympic selection. Olly Flynn arrived back from Kenya, cutting short his training holiday and was at the start, only to decide against racing due to the weather conditions.

With his main rivals absent, Roger Mills was obliged to go it alone in the torrential rain and through the puddles on a new 14-lap circuit, which undoubtedly proved a fast one. By 5km Mills (21:21) had opened a comfortable margin from Steve Barry, Dave Jarman and Chris Harvey (21:48), with Alan King (21:55) a clear fifth. The leaders all held their pace during the next 5km, with halfway reached by Mills in 42:39, followed by Jarman and Barry (43:28), Harvey (43:40) and King (43:46).

The third check point was obviously situated some two minutes beyond the true 15km mark. Barry had now gone into a clear second, losing little ground to the leader as he reached it in 67:45 (Mills 66:49). Battling behind the Welshman, Jarman (68:11), King (68:12) and Harvey (68:18) were obviously having their best races of the season at the distance.

With his many clubmates urging him on, Roger Mills hung on in gallant fashion to reach the finish in a personal best of 87:00, to place second on the UK all-time list behind Paul Nihill's 84:50, set in 1972. Steve Barry amazed all with his improvement from 94:08 to 87:32, and goes into third spot behind Mills, and certainly confirmed his recent impressive string of fast sprint track times. Slipping into eighth and ninth on the UK list, Alan King and Dave Jarman had startling performances, with the Leicester man showing a technique that puts the majority of his close rivals in a poor light. Chris Harvey hung on gallantly after a fast start and put many of his disappointments this year behind him.

The remainder of the rain-sodden field were rewarded with fast times after their mainly lonely efforts, and I can well imagine many seeking fast times will wish to race on this particular circuit in the future. Vladivar Vodka sponsored this extra trial, and kindly offered support should an additional walker be sent to Moscow.

1, R. Mills (Ilf) 87:00; 2, S. Barry (Roath) 87:32; 3, A. King (Leic) 88:34; 4, D. Jarman (Sy) 88:37; 5, C. Harvey (Yk. P) 89:12; 6, R. Dobson (Ilf) 92:30; 7, D. Holly (Ang) 93:10; 8, P. Hodgkinson (Camb. H) 96:54; 9, M. Scammell (Bel) 97:57; 10, E. Holmquist (High) 99:12; 11, J. Evans (Ilf) 101:28.

* Roger Mills was later added to the Olympic team.

Colin Young

THE POLY HONOUR SAM FERRIS, GEORGE HARRUPP & SYD WALTER

A Service of Thanksgiving at the London Polytechnic last Sunday, to commemorate the lives of Sam Ferris, George Harrupp and Syd Walter, saw a packed Fivie Hall with the Rev. Brian Smith, RAF Chaplain, and F. Walter Oakley, CBE, Chairman of the Court of Governors, Central London Polytechnic, presiding.

There were Addresses by Squire Yarrow, AAA President (Sam Ferris), Doug Wilson (George Harrupp) and Dr E. Warren, PhD (Syd Walter). Professor T. E. Burlin, Senior Pro-Rector, Central London Polytechnic, gave a talk on "Quentin Hogg's Creed", and Miss Ann Young sang "He Will Feed His Flock", from Handel's "Messiah", accompanied by Mr Mark Tatlow.

The occasion was a reunion for many of those present, some of whom had not met since World War II. Many internationals of yesteryear were there, including colleagues and fellow competitors who will always remember Sam Ferris with great affection.

P. W. (Jimmy) Green

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In appropriate cases full removal expenses plus other "disturbance" allowances are payable.

CLOSING DATE: 25th JULY, 1980

For application forms and further details, write or telephone to . . .



City of Swansea

The Director of Administration The Guildhall, Swansea SA1 4PN
Tel 50821 ext 2208

SCOTTISH WOMEN'S LEAGUE

June 8th

Division 2, at Coatbridge

Aberdeen 502; Ayrshire 480; Fife Southern 453; Clyde Valley 397; Victoria Park 371; Dundee Hh. 348.

400: 1, M. Hutton (CV) 56.8; 2, D. Kitchen (A'deen) 58.0. 1500: S. McLaren (A'deen) 4:42.2. 400H: S. Urquhart (Fife S) 65.6. (Juniors): 100: M. Todd (CV) 12.6. 200: 1, Todd 26.1; 2, W. Steel (Fife S) 26.4. HJ: 1, A. Higgins (Ayr) 1.67; 2, S. Dougan (CV) 1.55. JT: J. Barclay (CV) 34.56.

Division 3, at Pitreavie

Ayr Seaforth 548; Caithness 438; Fife 401; Perth Strathtay 382; Paisley 371; Vale of Leven 313.

200: S. McDonald (Ayr S) 25.2. 100H: M. Spence (Caith) 15.4. 400H: A. Melrose (Per) 67.3. SP: K. Imrie (Ayr S) 10.95. (Inters): 100: F. Johnstone (Per) 12.2. (Juniors): 100/200: J. Robison (Fife) 12.7/26.0. 75H: 1, C. Spiers (Caith) 11.7; 2, A. Mair (Ayr S) 11.8.

Division 4, at Glenrothes

Livingstone 532; Falkirk Victoria 427½; Bellahouston 365; Edinburgh Western 237½; Penicuik 230; Strathclyde 168.

400: E. McArthur (FVH) 56.9. 3000: B. Breen (FVH) 10:16.7. (Juniors): 800: M. Carbis (FVH) 2:21.2. SP: B. Akinlami (Liv) 10.13.

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Hyde,
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UK WOMEN'S LEAGUE

(Division 2)

At Birmingham, May 31st

Birchfield 295; Notts 260; Essex Ladies 257; Cannock Chase 226½; Havering 192½; Derby 173.

100: R. Patten (Notts) 12.3. 200: 1, Patten 24.2; 2, D. Bunn (Bir) 24.9. 400: (A): 1, J. Finch (Cann) 55.7; 2, M. Ross (Bir) 56.4; 3, S. Whitnell (Ex. L) 56.4; 4, R. Chettleburgh (Hav) 57.2; 5, S. Lowes (Notts) 57.5. (B): 1, T. Colebrook (Cann) 56.3; 2, J. Mullett (Hav) 58.0; 3, P. Woodhouse (Ex. L) 58.1. 800: (A): 1, G. Dainty (Bir) 2:07.0; 2, J. Laughton (Der) 2:09.2; 3, C. Wells (Hav) 2:09.7. (B): 1, D. Brooks (Hav) 2:15.0; 2, N. Salisbury (Bir) 2:15.9. 1500: (A): T. Bateman (Bir) 4:26.3. (B): S. Harris (Bir) 4:42.4. 3000: 1, A. Mason (Bir) 9:25.6; 2, M. Witts (Ex. L) 9:57.0; 3, W. Benfield (Notts) 10:19.8; 4, C. Brown (Hav) 10:25.3; 5, A. Pattinson (Cann) 10:28.1. 100H: (A): 1, S. Longden (Ex. L) 14.2; 2, K. Warren (Der) 14.9. (B): 1, D. Baker (Der) 15.1; 2, K. Millerchip (Bir) 15.2; 3, K. Hagger (Ex. L) 15.5. 400H: (A): 1, J. Lowes (Notts) 65.4; 2, K. Bentley (Der) 65.8. (B): 1, E. Mander (Der) 65.7; 2, Millerchip 67.5. HJ: (A): 1, Hagger 1.70; 2, M. Hughes (Der) 1.65. (B): 1, S. Taylor (Ex. L) 1.65; 2, Warren 1.65. LJ: 1, Longden 5.82; 2, J. Arscott (Bir) 5.78. SP: 1, J. Williams (Cann) 12.72; 2, C. Gregory (Bir) 12.53; 3, Longden 11.04; 4, S. Gibson (Notts) 10.91. DT: 1, J. Wilderspin (Hav) 41.34; 2, F. Vittles (Notts) 39.14; 3, T. Salter (Bir) 37.52; 4, V. Hindley (Cann) 36.12. JT: (A): 1, J. Zaslon (Bir) 52.82; 2, S. Gibson (Notts) 46.50; 3, Williams 44.62; 4, J. Cross (Der) 40.26; 5, Woodhouse 37.80. (B): A. Douglas (Bir) 36.16. 4x100: 1, Birchfield 48.3; 2, Derby 48.8; 3, Notts 48.9. 4x400: 1, Birchfield 3:49.0; 2, Notts 3:51.8; 3, Essex Ladies 3:51.9; 4, Havering 3:52.6.

(Inters): 100/200: K. Ball (Notts) 12.4/25.9. 800: 1, A. Nagle (Ex. L) 2:13.7; 2, S. Baxter (Hav) 2:14.3; 3, S. Jamieson (Notts) 2:15.3; 4, T. Morton (Der) 2:19.3. 80H: 1, T. Such (Bir) 12.1; 2, J. Langston (Cann) 12.2; 3, L. Parry (Der) 12.2; 4, J. Taylor (Ex. L) 12.3. 200H: (A): 1, C. Parsons (Bir) 30.6; 2, Langston 30.6; 3, J. Frampton 30.7; 4, Parry 30.8. (B): K. Jackson (Notts) 31.0. LJ: 1, C. O'Rourke (Bir) 5.58; 2, T. Taylor (Ex. L) 5.45. SP: 1, P. Webber (Bir) 10.62; 2, C. Bernard (Hav) 10.31. 4x100: Birchfield 50.7. (Juniors): 100: A. Turner (Bir) 12.6. 200: 1, L. Goreeph (Ex. L) 26.2. 800: 1, J. Oliver (Ex. L) 2:18.8; 2, E. Haley (Hav) 2:21.1. 1500: J. Penfold (Cann) 4:54.1. 75H/LJ: S. Gunnell (Ex. L) 11.9/5.42. HJ: V. Waldron (Cann) 1.48. SP: (A): 1, A. Quick (Hav) 10.58; 2, D. Brentnall (Notts) 10.36. (B): 1, C. Mills (Hav) 10.40; 2, A. Roworth (Notts) 10.32. DT: 1, Mills 31.28; 2, D. Evans (Ex. L) 27.98. JT: 1, G. Cresswell (Der) 31.26; 2, J. Griffiths (Cann) 29.98. 4x100: Essex Ladies 51.2.

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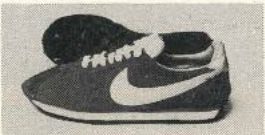
4. NIKE LDV
5-5½ £21.45, 6-13 £24.65



5. NIKE OCEANIA
3-5½ £9.95, 6-12 £11.55



6. INTER GPR
4-5½ £8.00, 6-12 £9.50



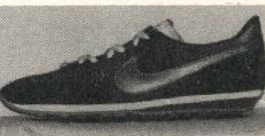
7. NIKE WAFFLE TRAINER
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8. ADIDAS TRX COMP.
5-5½ £16.80, 6-13 £19.35



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4-5½ £12.35, 6, 6½, 8, 8½, 9 £14.20



10. NIKE NYLON ROAD RUNNER
3-5½ £10.80, 6-12 £12.45

Nike Wally Waffle stays on top for another month, but followed closely by a spike! Adidas Interval 2. Nike Elite climbs back to No. 3, and two more Nike shoes sneak into the list at 9 & 10, Lady Waffle Trainer and Nylon Road Runner.

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Fine Run By Bernie Ford

BERNIE FORD continued to show his worthiness of Olympic marathon selection by clearly winning the first, well organised Ranelagh half marathon, sponsored by Calor Transport, at Effingham on June 28th. Conditions were not in favour of fast times in view of the high humidity and two hills on the course, but Ford clocked 64:05 after passing 10M in 48:56.

The three leaders — Graham Tuck, Ford and Keith Penny — reached 5M in 24:22, and it was at 7M that Ford, working hard uphill, opened the vital gap. At 10M he was 37 sec up on Penny with Tuck (who was presented with a baby son, Adam, 11 days earlier) 3rd in 49:38.

Two ex-internationals are beginning to make their mark on the UK veterans scene. Roger Robinson (41), who was an English CC international in 1966 and won a New Zealand vest in 1977, ran away with the vets prize by placing 4th in 68:33 after passing through 5M in 26:00 and 10M in 51:52. A professor of English literature in Wellington, Robinson is the reigning NZ vets 5000 and 10,000 champion. He hopes to compete in the World Vets 10km in Glasgow in September, as does Hugh Foord, who was the over-50's winner — placing 7th in 76:38 (27:53 at 5M, 57:15 at 10M) in his first half marathon. Foord (51), an outstanding track runner, will be

remembered for his 2nd place in the International CC Championship at San Sebastian in 1955.

A week after her 100km efforts, Leslie Watson was the first woman home in 84:52.

Alastair Aitken

1, B. Ford (Aldershot F&D) 64:05
2, K. Penny (Cambridge H) 65:42
3, Graham Tuck (Aldershot F&D) 65:59
4, R. Robinson (Th. H&H-V) 68:33; 5, J. Adam (Inv) 69:27; 6, G. Taylor (Camb. H) 69:47; 7, R. Lawrence (Inv) 70:52; 8, P. Millard (Hast) 71:11; 9, G. Harrold (Enf-V) 71:28; 10, I. Burgess (S&E) 71:43; 11, N. Blayney (NZ) 71:57; 12, M. Pickard (E&E) 72:24; 13, K. Harrison (Rane) 72:44; 14, A. Jones (Camb. H-V) 73:16; 15, D. Wright (Rane) 73:32; 16, D. Marsh (Worth) 73:39; 17, C. Beauvais (Walton) 73:54; 18, C. Dubas (C&C) 74:06; 19, N. Griffiths (SLH) 74:17; 20, G. Daniels (Rane) 74:25; 21, B. Goodfellow (Camb. H) 74:47; 22, B. Switzer (S&E-V) 75:00; 23, R. Maddock (Walton) 75:10; 24, D. Wade (B'ht) 75:13; 25, G. Clarke (Bris) 75:17. **Teams:** 1, Cambridge H 22; 2, Ranelagh 48; 3, Aldershot F&D 53; 4, Walton 68; 5, Worthing 95; 6, Thames H&H 108. **(Vets):** 1, Robinson; 2, Harrold; 3, Jones. **(O/50):** 1, H. Foord (B&H) 76:38; 2, S. Charlton (TVH) 78:43. **(Women):** 1, L. Watson (LOAC) 84:52; 2, M. Griffith (E&E) 92:46.

CANNOCK CHASE ATHLETIC CLUB

Present their 8th Annual

YOUNG ATHLETES TRACK AND FIELD MEETING

SUNDAY, 24th AUGUST, 1980, AT CANNOCK STADIUM

First Event 11 a.m.

PROSPECTUS

(All ages as at midnight 31st August, 1980)

(Under A.A.A. & W.A.A.A. Laws)

COLTS (U/13)	JNR. BOYS (U/15)	YOUTHS (U/17)	MIN. GIRLS (U/13)	JNR. LADIES (U/15)	INT. LADIES (U/17)
100m	100m	100m	100m	100m	100m
—	200m	200m	—	200m	200m
—	400m	—	—	—	—
800m	800m	800m	800m	800m	—
—	1500m	—	—	1500m	1500m
—	—	3,000m	—	—	—
70m Hurdles	80m Hurdles	100m Hurdles	70m Hurdles	75m Hurdles	80m Hurdles
—	—	1500m S/C	—	—	—
High Jump	High Jump	High Jump	High Jump	High Jump	High Jump
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump
—	Triple Jump	—	—	—	—
—	Pole Vault	—	—	—	—
—	Shot	—	—	—	—
—	Discus	—	—	Discus	—
—	Javelin	—	—	Javelin	—

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ENTRY FEES: 45p per event, (cheques crossed and payable to Cannock Chase A.C.).

ENTRY FORMS: from D. G. Bushnell, 3 Brendon Close, Weeping Cross, Stafford, Staffs.

Acknowledgement of entry, event times, competitors numbers will be sent as soon as possible after closing date, suitable sized stamped addressed envelopes with all enquiries and entries please.

CLOSING DATE FOR ENTRIES: 1st POST MONDAY, 4th AUG. — NO LATE ENTRIES!

Tragic Death Of Schoolboy Athlete

PETER EVERETT, an 18-year-old schoolboy member of Liverpool Harriers, died in Withington Hospital, Manchester, on June 30th from a brain haemorrhage. Two days earlier he had collapsed at Stretford after winning a British League 800m race in 1:53.5 — a full four seconds inside his previous best time — and he went into a coma. He died without regaining consciousness.

His mother, Mrs Joan Everett, told doctors they could use any of Peter's organs. As a result, a heart transplant operation was carried out on Joseph Burnside (50) at London's Harefield Hospital, and corneal grafts from Peter's eyes have enabled Janet Martin (21) and Eric Veevers (24) to see again after operations at Manchester's Royal Eye Hospital. In addition, one of his kidneys has been used for another transplant operation. Said Mr Veevers: "I am so thankful that Peter's parents had the courage to let his body be used to help others".

Mrs Everett told reporters: "It was Peter's wish. He told us recently that if anything happened to him, he wanted his organs used for transplants. I did not want his death to be a waste". Peter's father, Norman Everett, said: "If my son's heart has gone to save another person's life then that's a good thing". One of Peter's two brothers, David Everett (20) said: "Sport was everything to my brother. He raced in school and out of school. He loved to run wherever he could".

Clubmate Bill Hartley, the international hurdler, saw Peter's last race and commented: "He looked superb when running and there were no signs of distress".

Holmfirth Harriers, who already hold the Pennine Way relay record, became the first athletic club to complete the coast to coast footpath from St. Bees Head, Cumbria to Robin Hood's Bay in South Yorkshire, on June 29th/30th. Following the 190M route suggested by Ian Wainwright they recorded 25:22:03.5. They used 18 runners, two of whom ran together when the land was over 1500'. Further details can be obtained from R. Furrell, 5 Holme View Drive, Upperthong, Holmfirth, Huddersfield.

The Thames Valley Harriers Road Relays will take place next year on March 28th.



Peter Everett (6) winning the 800m at Stretford. He collapsed moments later.

Peter Bibby

A silver-grey, Mr. President, track-suited top was left at Copthall after the Vets 10km on June 14th. If anybody has picked it up, would they please contact Joe Blackburn on Bracknell 51644.

A large party of American athletes — led by Ed Moses — will compete in this Sunday's Amoco Games at Crystal Palace.

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Results In Brief

Cheshire Women's League. LJ: 1, S. Cutter (Ches) 5.72; 2, G. Barnard (Pilk) 5.54. SP: 1, J. Whitmarsh (Pilk) 10.58; 2, G. Burns (Pilk-I) 10.42. **(Juniors):** LJ: S. Buner (Ches) 5.15.

May 3rd

Southern League, at Southend. HT: A. Noakes (B&H) 48.52.

Southern League. HJ: V. Clemmens (S&NH) 2.00. JT: K. Beard (Worth) 67.82.

May 11th

Hampshire Young Athletes League. (Youths): SP: D. Calloway (S&E) 14.16.

May 24th

Open Meeting, at Tournallville. 5000: G. Huckwell (Dart-J) 14:39.2. **(Women):** 200/800: L. Keough (B'stoke-I) 24.6/2:14.0. DT: B. Carter (Ports) 35.92.

May 31st

Southern League, at Woking. PV: R. Gammage (Wok) 3.70. JT: K. Beard (Worth) 64.62.

Southern League, at Tidworth. DT: E. Gilkes (Ex. B) 41.46. HT: J. Head (Ex. B) 43.62.

June 1st

Northallerton to Thirsk '10'. 1, R. Smedley (Bir) 44:54; 2, A. Armitage (Charn) 45:08; 3, J. King (S. Hth) 45:14; 4, W. Padgett (Bing) 47:11; 5, A. McGee (Bol) 47:29; 6, I. Clarkson (Roch) 47:41; 7, D. Kelly (Salt) 47:46; 8, R. Belk (A&SV) 47:54; 9, P. Whittle (Els) 48:03; 10, D. Ellis (Dur. U) 48:20. Teams: 1, Middlesbrough & C 81; 2, Longwood 107; 3, Leeds Univ. 167. **(Vets):** T. Flory (M&C) 49:17. **(Women):** M. Chambers (Blay) 60:15.

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GRADED MEETING

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TUESDAY, JULY 15th, 7 p.m.

7.00 p.m. 200m — All ages

7.30 p.m. 800m — All ages

8.15 p.m. 3,000m — Men

Entries: 30p O/17, 15p U/17.

Entries to: Graded Meeting Organiser, 281 Iffley Road, OXFORD.

ENTRIES ACCEPTED ON NIGHT

June 10th/11th

Army Champs, at Aldershot. 400: K. Akabusi 49.9. 800: 1, M. Edwards 1:49.8; 2, A. Shepherd 1:52.9; 3, D. Jacklin 1:53.1. 3000SC: 1, G. Grant 9:01.6; 2, E. Turner 9:08.8; 3, T. Davies 9:15.6; 4, C. Hezlet 9:20.3. 110H: 1, M. Morgan 15.6; 2, S. Burke 15.7; 3, D. East 15.7. 400H: 1, P. Searchwell 54.8; 2, N. Killen 55.4. PV: M. Mooney 3.90. TJ: A. Shervington 14.00. SP: S. Peacock 13.12. DT: 1, R. Howman 41.82; 2, M. Johnson 41.56. HT: 1, K. Bodger 50.70; 2, P. Ramplee 46.80; 3, R. Bacon 46.00. JT: 1, M. Annis 61.76; 2, A. Mims 60.70; 3, D. Kuester 57.42. **(Women):** 100H: C. Castle 15.3. LJ: D. Hendrickson 5.50. SP: A. Patterson 11.00.

June 13th

BAOR 120; UK Army 89, at Aldershot. 100: D. Landell (B) 11.0. 400: 1, M. Edwards (U) 48.7; 2, K. Akabusi (B) 48.8. 800: A. Shepherd (U) 1:53.8. 1500: G. Grant (U) 3:46.5. 2000SC: 1, C. Hezlet (U) 5:52.8; 2, E. Turner (U) 5:54.7. 110H: D. East (B) 15.6. HJ: J. McKeown (U) 1.95. PV: 1, D. Huffer (B) 4.00; 2, M. Mooney (B) 3.80. LJ: S. Hill (B) 6.91. DT: 1, M. Johnson (B) 44.70; 2, R. Howman (B) 43.00; 3, N. Killen (Gst) 42.60. HT: 1, R. Bacon (U) 45.12; 2, P. Ramplee (U) 44.66; 3, D. Forsythe (Gst) 43.78. JT: 1, P. Hurst (B) 62.70; 2, M. Annis (U) 60.30. 4x100: BAOR 42.8. 4x400: 1, BAOR 3:19.7; 2, UK 3:20.9.

June 15th

Phoenix '6', at Rotherham. 1, P. Shaw (Sheff) 32:31; 2, D. Trickett (Hallam) 33:31; 3, D. Anderson (Bing) 34:02; 4, J. Stringer (Sheff) 34:15; 5, G. Gillott (Hallam) 34:19; 6, R. Foster (Notts) 34:22. Teams: 1, Hallamshire 32; 2, Sheffield 39; 3, Bingley 52. **(Vets):** 1, Anderson; 2, D. Lawson (Bing) 35:29. Team: Bingley.

June 21st

Hanwell Carnival '5'. 1, D. O'Connor (Lon. I) 23:23; 2, R. Robinson (NZ-V) 24:00; 3, L. Benjamin (Hill) 24:12; 4, P. Williams (SLH) 24:19; 5, D. Cox (W. Gn) 24:23; 6, F. Upcott (SLH) 24:28; 7, H. Hanahoe (HHH) 24:34; 8, M. Connelly (Walton) 24:38; 9, G. Staunton (Lon. I) 24:46; 10, F. Green (HW) 24:53. Teams: 1, S. London 22; 2, London Irish 27; 3, Walton 39. **(Vets):** 1, R. Robinson; 2, J. Robinson (SLH) 25:08; 3, L. Parrott (Hav) 25:17.

June 22nd

Fenney-Brennan Trophy Meeting, at Warrington. 400: Littler (Wig) 49.9. SP: D. Roscoe (Stret) 14.90. DT: 1, Roscoe 50.80; 2, W. Renshaw (Der) 45.16; 3, A. Bradley (Wig) 40.48. **(Youths):** SP: 1, G. Clare (Wig) 15.82; 2, J. Nicholls (Warr-B) 14.55. DT: Clare 44.44. **(Boys):** DT: Nicholls 40.66. **(Junior Women):** 75H: J. Booth (Warr) 11.8. JT: G. Major (Hallam) 33.88.

Lancashire CWAAA Pentathlon & Longer Relay Champs, at Nelson. (Inters): Pent: J. Richards (B&F) 3018. (Juniors): Pent: B. Muckalt (Ross) 2963.

Crawley Open Meeting. SP: 1, M. Winch (B'ht) 18.16; 2, R. Slaney (Ex. B) 16.90. DT: 1, Slaney 58.02; 2, P. Tancred (W&B) 56.86; 3, C. Sutherland (W&B) 51.90; 4, A. Ward (Craw) 40.92. HT: 1, A. Noakes (B&H) 48.28; 2, A. Carruthers (Craw) 47.88; 3, S. Wheeler (Craw) 44.04. (Women): SP: J. Oakes (Croy) 16.58.

Midland Women's League, at Bromsgrove. 3000: C. Readdy (Stoke) 10:24.7. 100H/400H: L. Ilderton (Stoke) 15.2/66.1. (Juniors): SP: D. Campbell (Spark) 10.83.

June 24th

N. Gloucestershire League, at Black Bridge. HT: A. Bilous (Glouc) 46.54.

June 25th

QPH W. Noyes Cup Races, at Willesden. (Colts): 1, G. Brown 11.55; 2, R. St. Louis 13:05; 3, B. Robin 13:12. (U/11): 1, P. Toogood 12:52; 2, O. Jolly 12:54.

City of London Poly 2½M Road Race, at Tower Hill. 1, M. Herring (Ilf) 13:04; 2, D. Williams (Sy) 13:05; 3, M. Robinson (Hav) 13:26.

June 28th

Northern Women's League, at Lincoln.

400/800: L. Parker (Lake) 58.2/2:10.5. HJ: D. Friar (Lake) 1.65. SP: J. Atack (Wake) 11.56. (Juniors): 1500: S. Robinson (Lin. W) 4:54.6. JT: K. Malvern (Lake) 33.74. 4×100: Wakefield 51.1.

Southern League, at Southampton. 800: M. Scrutton (Ton) 1:53.4. 3000SC: 1, D. Stevens (Hast) 9:09.6; 2, A. Sharp (Ton) 9:23.4. 400H: 1, R. Jerrett (Med) 55.1; 2, M. Coker (Fare) 56.4. LJ: 1, J. King (Med) 7.04; 2, Taylor (Hast) 6.82.

June 29th

Open Discus Competition, at Carshalton. (Juniors): P. Todd (Sy. B) 43.58.

Filbert Bayi's official 3000m time in the Talbot Games 2M was 7:47.8.

UK WOMEN'S AGE BESTS

The following amendments should be made to the list published in 'AW' on May 10th: **12-y-o:** 75H/Pent: Carey Spiers (31.8.66) 11.7/2867, both on 26.8.79; **13-y-o:** Pent: Linda Wong (3.10.65) 3256 on 18.8.79, superseded by Julia Charlton's 3438 on 10.5.80; **14-y-o:** 80H/200H: Michelle Allott (15.8.65) 11.7 (19.5.80)/28.8 (17.5.80), Pent: Valerie Walsh (20.7.64) 3462 on 16.6.79; **15-y-o:** Pent: Sarah Rowe (13.8.63) 3786 on 16.6.79.

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Sandbach Marathon**Don Shelley reporting****Brilliant Running By Joyce Smith & Trevor Wright**

VOTED BRITAIN'S NUMBER ONE marathon by competitors in the AAA race at Milton Keynes, the 'Sandbach' lived up to its reputation again this year (June 22nd) with superb organisation and world class times in both the men's and women's races.

Returning to his 1978 form, Trevor Wright ran what was then the second fastest time of the year by a Briton, recording 2:13:45, while Joyce Smith set a new Commonwealth record with a time of 2:33:32. It is a great pity that more leading British runners did not compete in this race as they missed an ideal opportunity to run a fast time.

Perfect conditions greeted the 400-plus starters, and this was probably one of the reasons for the fast early pace that resulted in six runners breaking away almost immediately. These six comprised three Yorkshiremen, Trevor Wright, Colin Taylor and Dave Pratt; two Lancastrians, Alan Sladen and Mike Critchley; and local runner Syd Hope, who is a Vet next year.

This group stayed together until the first

feeding station, when Wright was the only one not to take a drink, enabling him to open up a small gap which only Taylor was able to close. These two passed 5M in 25:15, and although the Wolverhampton runner made several efforts to break away, he was still shadowed by his taller rival at 10M, reached in 50:30.

Two miles later, a sharp rainstorm seemed to unsettle the bespectacled Taylor, enabling the determined Wright to break away. Once he had made the break Trevor piled on the pace, obviously anxious to record a fast time following his disappointing run at Milton Keynes. He reached 15M in 1:15:50, now 200m clear of his nearest rival and, cheered on by the enthusiastic spectators that lined the route, he sped round the next five miles in just under 26 min. The question now was whether he could keep up this relentless pace over the final stages.

Trevor responded to this challenge by going even faster, averaging 5:09 per mile over the final 6M 385y, coming home over three minutes in front of a disappointed but relieved Taylor. Disappointed that more top runners had not entered to push him once he had been dropped, but relieved that he had run a fastish time without



JOYCE SMITH
Reduced her British record to 2:33:32

Peter Tempest

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any signs of his normal problem — cramp. In fact, it was because of this problem that Colin took drinks at all of the earlier feeding stations while, in contrast, Trevor took no drinks at all. Third runner to finish was Malcolm Mountford, who passed Derek Pratt on the last lap, thus preventing a 1-2-3 for Yorkshire.

In the women's race Joyce Smith ran within herself for most of the way, closely followed by the Swiss champion, Yrene Forster. Then, over the final miles, Joyce accelerated away to break her own record, while her blonde, diminutive rival broke the Swiss record by over seven minutes finishing in 2:35:57. Incidentally, this was the fifth national record to be beaten on this course. In third place, and winner of the student ladies' championship, was Gill Burley in 2:45:09, a personal best and the fifth best ever by a British runner.

The men's open team race was won by Bolton, with one of their members, Kevin Best, winning the National Fire Brigade championship. Doug Watson won the Veteran's award, while the student men's championship resulted in a win for Scotsman, Evan Cameron, with fellow countryman, Graham Getty second, and Alan Bradman third.

The race was generously sponsored by Avon Cosmetics, who are now providing wonderful support for marathon running both in this country and abroad.

1, T. Wright (Wolverhampton & B) 2:13:45
2, C. Taylor (Airedale & SV) 2:16:51
3, M. Mountford (Stafford) 2:19:21
4, D. Pratt (Sheff) 2:19:55; 5, M. Critchley (Bol) 2:21:20; 6, K. Best (Bol) 2:22:29; 7, B. Thompson (NZ) 2:22:37; 8, S. Hope (C&N) 2:22:56; 9, E. Cameron (ESH) 2:24:57; 10, C. Annett (Dunc) 2:25:37; 11, G. Getty (Strath. U) 2:25:46; 12, D. Watson (Wirr-V) 2:26:56; 13, A. Mills (Newc) 2:27:39; 14, A. Bradman (Dur. U) 2:28:01; 15, R. Murray (Glas. U) 2:28:25; 16, R. King (RAF Leem) 2:29:36; 17, D. Ellis (Dur. U) 2:29:50; 18, L. Pearson (Burt) 2:30:30; 19, L. Austin (Mich) 2:30:39; 20, K. Morgan (Dunc) 2:31:36; 21, W. Valentine (West) 2:32:20; 22, K. Mayor (Bol) 2:32:27; 23, B. Adams (Frod-V) 2:32:50; 24, A. Storey (Dur. U) 2:33:09; 25, B. Dale (M&C) 2:33:16; 26, J. Watkins (SLH) 2:33:31; 27, J. Smith (Barn-Lady, V) 2:33:32; 28, M. Orton (Tip) 2:34:07; 29, L. Stowell (Charn-V) 2:34:13; 30, G. Kenyon (Long) 2:34:20; 31, A. Richards (Tip) 2:34:24; 32, A. Vernon (Staffs M) 2:34:29; 33, T. Laybourn (Mil. K-V) 2:34:47; 34, E. Ranicar (Bol) 2:35:03; 35, G. Rogan (S'port W) 2:35:13; 36, R. Peters (Spring) 2:35:29; 37, Y. Forster (Switz-Lady) 2:35:57; 38, G. Hawkes (Rug) 2:36:39; 39, G. Clarke (Bris) 2:36:51; 40, M. Turner (Th. H&H) 2:36:52; 41, M. Clements (Dart) 2:37:12; 42, P. Lomas (Stock) 2:38:20; 43, D. Nash (Dart-V) 2:38:26; 44, C. Pooley (L&M) 2:38:30; 45, P. Sugden (Ox. C) 2:38:31; 46, R. Train (E. Hull) 2:38:36; 47, G. Bagnall (Newc) 2:38:39; 48, A. Corbett (Barns) 2:38:53; 49, R. Brewster (Clay) 2:39:34; 50, M. Dooling (Liv) 2:39:44. **Teams:** 1, Bolton 33; 2, Durham Univ. 55; 3, Tipton 124. **(Vets):** 1, Watson; 2, Adams; 3, Stowell. **(O/45):** R. Day (Cock) 2:40:35. **(O/50):** A. Walsham (Sal) 2:44:36. **Team:** Bolton. **(Women):** 1, Smith; 2, Forster; 3, G. Burley (Newc. U) 2:45:09; 4, S. McDiarmid (Dur. U) 3:04:13; 5, B. Cushion (Mit) 3:10:08; 6, A. Nikitik (Dur. U) 3:16:11; 7, D. Taylor (Barn) 3:17:33; 8, L. Fitzgerald (High) 3:19:55; 9, S. Exon (Stret) 3:29:40.

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Joyce Smith's unofficial 5km splits were
29:50; 29:10 (59:00); 29:35 (1:28:35); 29:50
(1:58:25); 28:51 (2:27:16). 5:08.5 mile
pace.

Chris Garforth won the Warsaw marathon on
June 29th in 2:13:27, with Mike Gratton 6th in
2:17:23.

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SOUTHERN LEAGUE (Division 1)

At Hornchurch, May 3rd

Herne Hill 117; Havering 112½; Hercules Wimbledon 111; Croydon 95; Hillingdon 86½.

100: 1, E. Rooft (Croy) 10.7; 2, M. Powell (HW) 10.7; 3, S. Clarke (HHH) 10.8. 200: 1, Powell 21.7; 2, Clarke 22.3. 400: 1, D. Cocks (Croy) 49.8; 2, A. Cord (HHH) 49.9. 3000SC: 1, P. Bettridge (Hav) 8:58.5; 2, T. Conlon (HHH) 9:06.4. 110H: 1, P. Allen (HW) 15.4; 2, G. Gower (Hill) 15.7. 400H: 1, K. Lidlow (Hav) 55.6; 2, J. Owens (HW) 56.2. HJ: (A): 1, O. Cham (HHH) 2.10; 2, M. Evans (HW) 1.90. (B): L. Haughton (HHH) 1.90. TJ: C. Carden (HHH) 14.33. SP: J. Hillier (Hill) 13.94. DT: (A): Hillier 54.28. (B): N. Staunton (Hill) 40.10. HT: C. King (Croy) 43.10. JT: Staunton 66.10.

At Portsmouth, May 31st

N. London 135; Surrey AC 119; Croydon 101; Royal Navy South 95; Highgate 86.

100: 1, E. Rooft (Croy) 10.8; 2, M. Balson (N. Lon) 10.9. PV: D. Hooper (Sy) 4.60. SP: 1, E. Kelland (RNS) 14.60; 2, P. Zeniou (N. Lon) 13.96. DT: 1, Zeniou 42.62; 2, Kelland 42.48. HT: Kelland 45.94. JT: (A): 1, D. Travis (Sy) 70.38; 2, E. Devido (N. Lon) 57.54; 3, R. Green (RNS) 57.50. (B): Zeniou 57.20.

At Ilford, June 7th

Ilford 146; N. London 127; Hercules

Wimbledon 109; Cambridge & C 95; Queen's Park 72.

5000: A. Catton (Ilf) 14:21.7. 3000SC: D. Coates (Ilf) 9:06.9. LJ: H. Walters (N. Lon) 6.83. SP/DT: P. Zeniou (N. Lon) 13.36/43.12. JT: (A): 1, J. Mottram (C&C) 63.86; 2, D. Messom (QPH) 59.64; 3, Zeniou 59.62. (B): L. Houslin (QPH) 56.68.

UK EUROPEAN JUNIOR ALL-TIME HANDBOOK

Typewritten supplements to the above handbook (published in April 1979), updated to January 1980 and listing 100 combined performers/performances for women's events, are available from the compiler, Peter Martin, 23 Beaconsfield Road, Basingstoke, Hants RG21 3DQ. Just include 20p in stamps per event, plus S.A.E., to Mr. Martin.

Venissa Head put the shot 16.43m in Switzerland on June 15th for a new Welsh record and fourth placing on the UK all-time list. Meanwhile, young Chris Ellis (24.1.66, Bristol AC) has been enjoying himself with the 4kg shot. He reached 17.34m at Yeovil on May 25th for a UK record, which he increased to 18.71m at Bristol on June 14th. Four days later, on June 18th, also at Bristol, he lobbed the 5kg implement out to 15.62m. He has achieved training marks of 13.70m (6.25kg) and 12.55m (7.26kg).

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Who's Who In Britain's Olympic Team

ALAN BELL (400m & 4 × 400m)

Wakefield H. Born Wakefield, 10.6.1957; 1.90/6'3", 81kg/180lb; medical student. Best marks: 100 — 10.7, 200 — 21.36, 400 — 45.65. Championships: 1979 — semi-finalist World Student Games 400. Progression:

1977	47.48	1979	46.53
1978	46.96	1980	45.65

CHRIS BLACK (Hammer)

Edinburgh Southern H. Born Edinburgh, 1.1.1950; 1.88/6'2", 111kg/245lb; draughtsman. Best mark: HT — 74.98m (UK rec). Championships: 1974 — 6th Commonwealth, 12th European; 1976 — 7th Olympics; 1978 — 3rd Commonwealth, non qualifier European. Progression:

1967	41.04	1974	69.48
1968	50.22	1975	70.16
1969	54.68	1976	74.98
1970	57.36	1977	74.24
1971	60.00	1978	70.20
1972	66.42	1979	71.34
1973	64.80	1980	70.56

DAVE BLACK (Marathon)

Tamworth AC. Born Tamworth, 2.10.1952; 1.83/6'0", 66kg/146lb. Best marks: mile — 4:00.2, 3000 — 7:46.6, 5000 — 13:23.6, 10,000 — 27:36.3, marathon — 2:14:28. Championships: 1970 — elim heat European Junior 3000; 1974 — 2nd Commonwealth 10,000 & 3rd 5000, 9th European 10,000 & elim heat 5000; 1976 — elim heat Olympic 5000; 1978 — 4th Commonwealth 10,000, 5th European 10,000. Progression at 10,000 (first complete marathon in 1980 — 2:14:28).

1973	27:55.6	1977	28:19.0
1974	27:48.6	1978	27:36.3
1975	27:47.8	1979	27:46.6
1976	29:10.3	1980	28:54.1

LORNA BOOTHE (100m Hurdles)

Borough of Hounslow AC. Born Kingston (Jamaica), 5.12.1954; 1.62/5'4", 51kg/113lb; bank clerk. Best marks: 100 — 11.92/11.84w, 200 — 24.00/23.36w, 100H — 13.08 (UK rec) & 12.98w, 400H — 61.5, LJ — 6.00m. Championships: 1976 — semi finalist Olympics; 1978 — Commonwealth champion, semi finalist European. Progression:

1972	15.1w	1977	13.48
1973	14.7	1978	13.08/12.98w
1974	14.1w	1979	13.46/13.19w
1975	13.58	1980	13.20/13.17w
1976	13.52		

CHRIS BOXER (800m)

Aldershot Farnham & District AC. Born Northolt, 25.3.1957; 1.63/5'4½", 51kg/112lb; student. Best marks: 400 — 55.14, 800 — 1:59.1 (UK rec), 1000 — 2:37.5 (UK rec), 1500 — 4:07.1, mile — 4:30.2 (UK rec). Championships 1978 — 11th Commonwealth 1500. Progression:

1970	2:16.0	1976	2:07.6
1971	2:10.6	1977	2:03.8
1972	2:11.3	1978	2:03.1
1973	—	1979	1:59.1
1974	—	1980	2:02.2
1975	2:11.5		

GEOFF CAPES (Shot)

Borough of Enfield H. Born Holbeach, 23.8.1949; 1.97/6'5½", 138kg/304lb. Best mark: SP — 21.68m (UK rec). Championships: 1970 — 4th Commonwealth; 1974 — Commonwealth & European indoor champion, 3rd European; 1975 — 2nd European indoor; 1976 — European indoor champion, 6th Olympics; 1977 — 2nd European indoor; 1978 — 3rd European indoor, Commonwealth champion, disq European; 1979 — 2nd European indoor. Progression:

1966	14.91	1974	21.37
1967	16.09	1975	20.80
1968	17.26	1976	21.55



GEOFF CAPES (George Herringshaw photo)

1969	17.47	1977	21.30
1970	17.73	1978	20.68
1971	19.48	1979	20.49
1972	20.18	1980	21.68
1973	20.47		

WENDY CLARKE (4 × 100m)

Borough of Hounslow AC. Born Hackney (London), 17.12.1957; 1.60/5'3", 52kg/116lb; clerk. Best marks: 100 — 11.46/11.27w, 200 — 23.48. Championships: 1975 — 2nd European Junior 200 & 3rd 100; 1976 — 8th Olympic 4 × 100; 1978 — 8th Commonwealth 100.

Progression:

1973	11.9w	1977	11.65
1974	11.8w	1978	11.56/11.38w
1975	11.54	1979	11.46
1976	11.3w	1980	11.58/11.27w

SEBASTIAN COE (800m & 1500m)

Hallamshire H. Born London, 29.9.1956; 1.76/5'9", 57kg/126lb; post-graduate student. Best marks: 400 — 46.87, 800 — 1:42.4 (world rec), 1000 — 2:13.4 (world rec), 1500 — 3:32.1 (world rec), mile — 3:49.0, 3000 — 7:57.4, 5000 — 14:06.2. Championships: 1975 — 3rd European junior 1500, 1977 — European indoor 800 champion; 1978 — 3rd European 800.

Progression:

1970	—	4:31.8	1976	1:47.7	3:42.7
1971	2:08.4	4:18.0	1977	1:45.0	3:57.7*
1972	1:59.9	4:05.9	1978	1:44.0	4:02.2*

1973	1:56.0	3:55.0	1979	1:42.4	3:32.1
1974	injured		1980	1:44.7	3:45.7
1975	1:53.8	3:45.2			* mile time

GLEN COHEN (400m & 4 × 400m)

Wolverhampton & Bilston AC. Born Linstead (Jamaica), 22.4.1954; 1.85/6'1", 76kg/168lb; student. Best marks: 100 — 10.3w, 200 — 20.90, 400 — 45.49. Championships: 1973 — 4th European junior 400 & 3rd 4 × 400; 1974 — 1st European 4 × 400, 1976 — elim 2nd round Olympic 400; 1978 — 5th Commonwealth 400, semi finalist European 400. Progression:

1971	52.8	1976	46.11
1972	48.8	1977	45.89
1973	47.0	1978	45.49
1974	46.8	1979	46.6
1975	46.4	1980	45.93

KEITH CONNOR (Triple Jump)

Wolverhampton & Bilston AC. Born Anguilla (West Indies), 16.9.1957; 1.85/6'1", 74kg/163lb; student. Best marks: 100 — 10.69w, LJ — 7.32m, TJ — 17.16m (UK rec). Championships: 1978 — 2nd European indoor, Commonwealth champion, 6th European. Progression:

1974	14.25	1978	16.76/17.21w
1975	14.78	1979	15.87/16.48w
1976	15.95	1980	17.16
1977	16.33		

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Ages as at 31st August, 1980

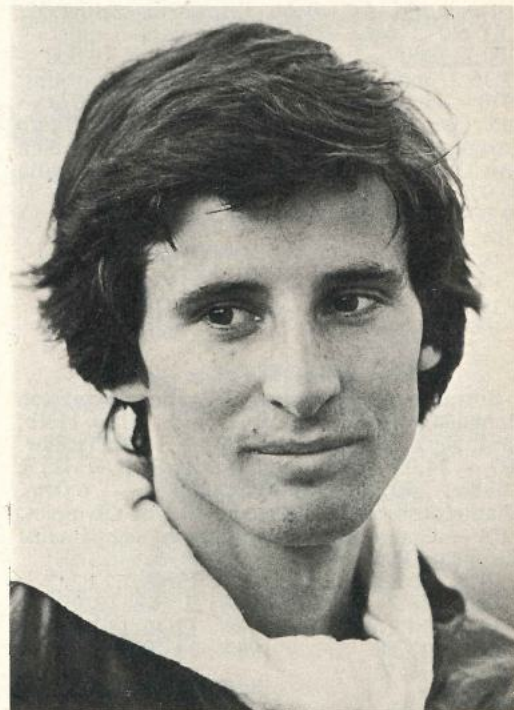
Entry Fee: 35p per event + a foolscap S.A.E.

Entries on AAA or WAAA forms to: Keith Picksley, 106 Ingram Road, Bulwell, Nottingham NG6 9GQ. Tel: (0602) 277696. **No late entries.** Acknowledgement of entry will be by programme during previous week.

CLOSING DATE SAT., 19th JULY, 1980

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George Herringshaw

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Director of Coaching

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Application forms and further details, including Job Specification, from: Brendan T. Foreman, Hon. National Secretary, B.L.E., 69 Jones Road, Dublin 3. Phone Dublin 744105.

Closing date for receipt of completed application forms: Friday, 22nd August, 1980.

The appointment of a Director of Coaching to B.L.E. is made possible through the sponsorship of Cement-Roadstone Holdings Ltd.

STEVE CRAM (1500m)

Jarrow & Hebburn AC. Born Gateshead, 14.10.1960; 1.83/6'0", 69kg/152lb; student. Best marks: 800 — 1:48.5, 1500 — 3:35.6, mile — 3:53.8, 3000 — 8:03.2, 5000 — 14:13.5. Championships: 1978 — elim Commonwealth 1500 heat; 1979 — European junior 3000 champion. Progression:

1974	4:13.7	1978	3:40.1
1975	4:14.9	1979	3:42.5
1976	4:07.1	1980	3:35.6
1977	3:47.7		

PAUL DICKENSON (Hammer)

Borough of Enfield H. Born North Shields, 4.12.1949; 1.83/6'0", 104kg/229lb; teacher. Best mark: HT — 73.20m. Championships: 1976 — non qualifier Olympics; 1978 — 4th Commonwealth. Progression:

1966	48.06	1974	67.66
1967	52.80	1975	70.16
1968	51.08	1976	73.20
1969	57.22	1977	65.24
1970	56.08	1978	70.32
1971	58.50	1979	68.06
1972	61.28	1980	72.48
1973	61.42		

VERONA ELDER (4x400m)

Wolverhampton & Bilston AC. Maiden name: Bernard. Born Wolverhampton, 5.4.1953;

1.70/5'7", 60kg/133lb; laboratory assistant. Best marks: 100 — 11.7, 200 — 23.29, 400 — 51.4, 800 — 2:03.2. Championships: 1971 — 4th European 4x400; 1972 — elim Olympic 400 heat & 5th 4x400; 1973 — European indoor champion; 1974 — 2nd Commonwealth 400 & 1st 4x400, 7th European; 1975 — European indoor champion; 1976 — elim 2nd round Olympic 400 & 7th 4x400; 1977 — 2nd European indoor; 1978 — 2nd Commonwealth 400 & 1st 4x400, 8th European 400 & 4th 4x400; 1979 — European indoor champion. Progression:

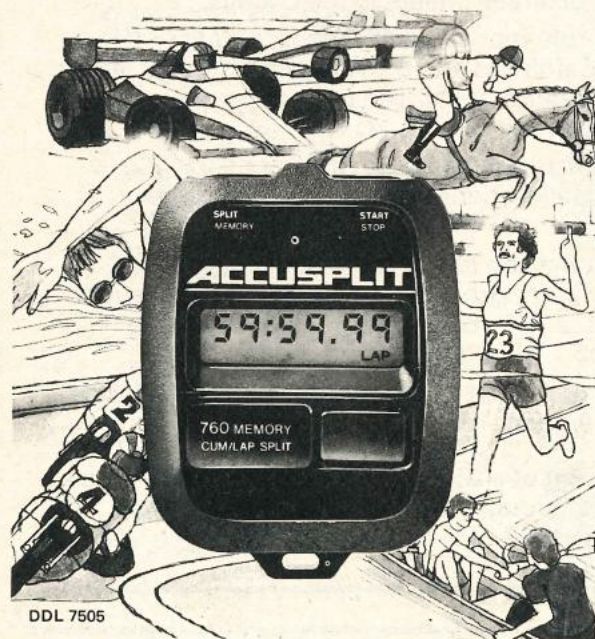
1969	57.5	1975	52.62
1970	57.1	1976	51.4
1971	54.3	1977	52.3
1972	52.9	1978	51.70
1973	52.1	1979	51.80
1974	51.9	1980	52.56

BERNIE FORD (Marathon)

Aldershot Farnham & District AC. Born Woking, 3.8.1952; 1.78/5'10", 61kg/134lb; civil servant. Best marks: 1500 — 3:44.7, 3000 — 7:54.4, 5000 — 13:26.0, 10,000 — 27:43.7, marathon — 2:10:51. Championships: 1974 — 10th European 10,000; 1976 — 8th Olympic 10,000. Progression at 10,000 & marathon:

1972	28:47.0	1977	27:43.7
1973	28:10.0	1978	28:12.4
1974	28:15.8	1979	27:47.6/2:10:51
1975	28:00.8	1980	28:26.9
1976	28:07.0		

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BRENDAN FOSTER (10,000m)

Gateshead H. Born Hebburn, 12.1.1948; 1.80/5'11", 66kg/147lb; sports & recreation manager. Best marks: 800 — 1:51.1, 1500 — 3:37.6, mile — 3:55.9, 3000 — 7:35.2 (UK rec), 2M — 8:13.7, 5000 — 13:14.6 (UK rec), 10,000 — 27:30.3 (European rec), marathon — 2:15:49. Championships: 1970 — 3rd Commonwealth 1500; 1971 — 3rd European 1500; 1972 — 5th Olympic 1500; 1974 — 2nd Commonwealth 5000 & 7th 1500, European 5000 champion; 1976 — 3rd Olympic 10,000 & 5th 5000; 1978 — Commonwealth 10,000 champion & 3rd 5000, 4th European 10,000 & elim 5000 heat. Progression:

1975	27:45.4	1978	27:30.3
1976	27:53.7	1979	27:41.3
1977	27:36.6	1980	—

MEL FOWELL (4 × 400m)

Newcastle (Staffs) AC. Born 2.8.1960; 1.78/5'10", 66kg/147lb; student. Best marks: 100 — 10.3w, 200 — 21.55, 400 — 46.24. Championships: 1979 — 3rd European junior. Progression:

1978	48.6	1980	46.24
1979	46.63		

BEV GODDARD (200m & 4 × 100m)

Reading AC. Born Barbados, 28.8.1956; 1.74/5'8½", 58kg/128lb; student. Best marks: 100 — 11.22 (altitude) & 11.37/11.19w, 200 — 22.76 (alt) & 23.12/22.95w, 400 — 53.08. Championships: 1978 — 4th Commonwealth 200, 5th 100 & 1st 4 × 100, semi finalist European 100 & 200, 2nd 4 × 100; 1979 — 3rd World Student Games 100 & 200. Progression:

1972	25.8	1977	24.0
1973	24.9	1978	23.11/22.95w
1974	24.5w	1979	22.76
1975	24.2	1980	23.12
1976	23.58		

WILBERT GREAVES (110m Hurdles)

Ilford AC. Born Barbados, 23.12.1956; 1.87/6'1½", 76kg/168lb; trainee chef. Best marks: 110H — 13.83, 400H — 50.5. Championships: 1975 — semi finalist European junior 400H. Progression:

1974	15.3	1978	14.9
1975	15.2	1979	14.08/13.91w
1976	14.81	1980	13.83
1977	14.73w		

STEVE GREEN (4 × 100m)

Thames Valley H. Born London, 13.10.1955; 1.78/5'10", 71kg/156lb. Best marks: 100 — 10.43/10.40w, 200 — 21.05. Progression:

1971	11.0w	1976	10.4w
1972	10.6w	1977	10.59w
1973	10.4w	1978	10.49/10.40w
1974	10.4w	1979	10.62/10.55w
1975	10.6w	1980	10.43

**WILBERT GREAVES**

All-Sport/Bob Martin

ROGER HACKNEY (3000m Steeplechase)

Aldershot Farnham & District AC. Born Swansea (Wales), 2.9.1957; 1.83/6'0", 74kg/164lb; student. Best marks: 3000 — 8:02.2, 5000 — 13:48.2, 3000SC — 8:29.6. Progression:

1977	9:00.0	1979	8:33.0
1978	8:47.6	1980	8:29.6

DONNA HARTLEY (4 × 400m)

Stretford AC. Maiden name: Murray. Born

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Southampton, 1.5.1955; 1.70/5'7", 55kg/122lb; bank clerk. Best marks: 100 — 11.46, 200 — 22.75, 400 — 51.28, 800 — 2:07.8. Championships: 1972 — semi finalist Olympic 200; 1973 — 7th European junior 200 & 3rd 4×100; 1974 — semi finalist Commonwealth 200, elim heat European 400 & 6th 4×400; 1976 — elim 2nd round Olympic 400 & 7th 4×400; 1978 — Commonwealth 400 & 4×400 champion, 6th European 400 & 4th 4×400. Progression:

1971 59.7	1976 51.59
1972 —	1977 51.62
1973 56.9	1978 51.2
1974 51.8	1979 51.47
1975 51.28	1980 52.33

SUE HEARNshaw (Long Jump)

Hull Spartan AC. Born Liversedge (Yorks), 26.5.1961; 1.79/5'10½", 65kg/143lb; student. Best marks: 100 — 11.9, LJ — 6.68m. Championships: 1978 — 4th Commonwealth, non qualifier European: 1979 — 3rd European junior. Progression:

1973 4.50	1977 6.41w
1974 5.61w	1978 6.59w
1975 5.59	1979 6.68
1976 6.07	1980 6.57

MARK HOLTOM (110m Hurdles)

Wolverhampton & Bilston AC. Born Stoke-on-Trent, 6.2.1958; 1.88/6'2", 82kg/182lb; office clerk. Best marks: 200 — 21.61, 110H —

13.88/13.78w. Championships: 1977 — 2nd European junior; 1978 — elim heat Commonwealth, semi finalist European. Progression:

1974 15.0	1978 14.01
1975 15.1	1979 13.91/13.78w
1976 14.84w	1980 13.88
1977 14.08	

BRIAN HOOPER (Pole Vault)

Woking AC. Born Woking, 18.5.1953; 1.74/5'8½", 72kg/160lb; teacher. Best mark: PV — 5.42m (UK rec). Championships: 1974 — 3rd Commonwealth, 10th European; 1976 — 16th Olympics; 1978 — 3rd Commonwealth, 7th eq European. Progression:

1966 2.13	1974 5.20
1967 2.59	1975 5.20
1968 3.24	1976 5.32
1969 3.57	1977 5.40
1970 4.27	1978 5.42
1971 4.81	1979 5.40
1972 5.10	1980 5.40
1973 5.16	

JOSLYN HOYTE-SMITH (400m & 4×400m)

Dorothy Hyman TC. Maiden name: Hoyte. Born Barbados, 16.12.1954; 1.62/5'4", 53kg/116lb; civil servant. Best marks: 100 — 12.02, 200 — 23.49/23.45w, 400 — 50.88 (UK

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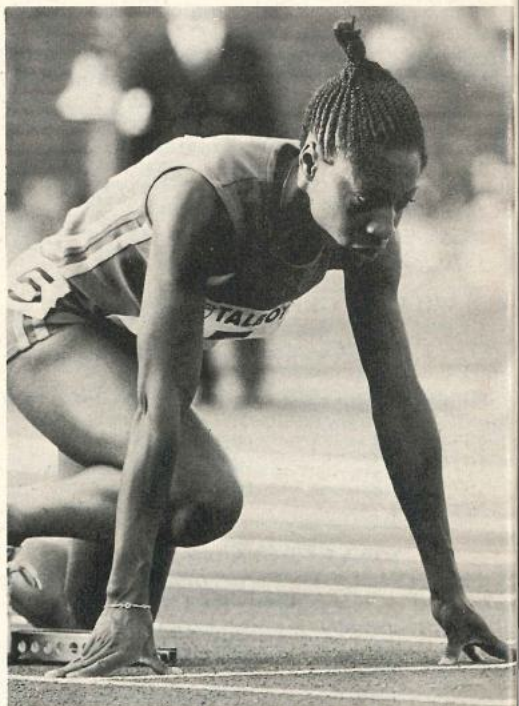
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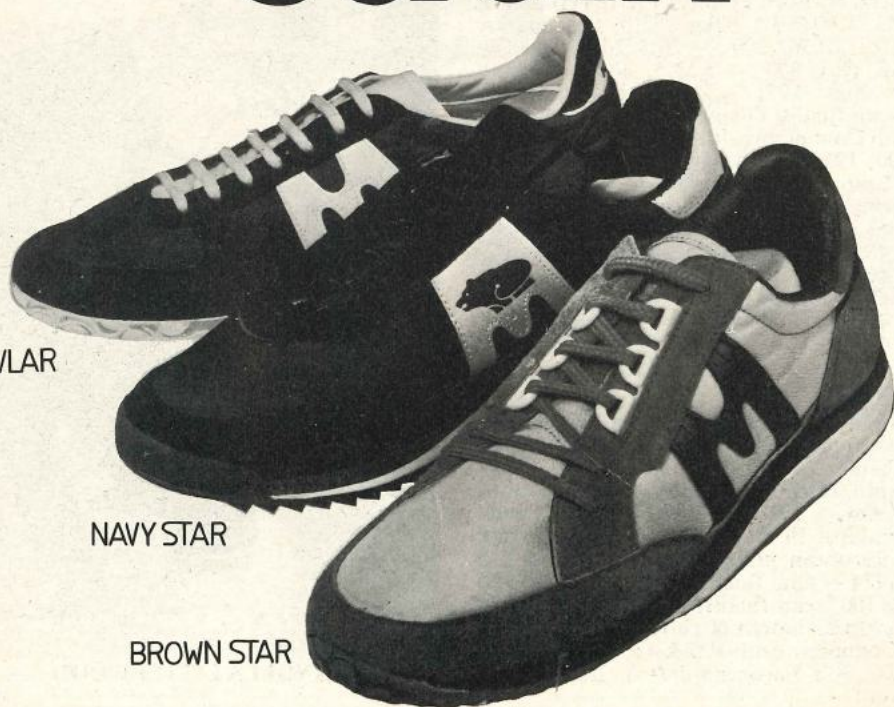
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rec). Championships: 1978 — 4th Commonwealth 400 & 1st 4×400, semi finalist European 400 & 4th 4×400. Progression:

1976 57.4	1979 51.87
1977 —	1980 50.88
1978 52.15	

TREVOR HOYTE (4×100m)

Thames Valley H. Born Trinidad, 5.1.1957; 1.80/5'11", 80kg/176lb. Best marks: 100 — 10.40, 200 — 21.11/20.70w, HJ — 2.00m, LJ — 7.29m. Championships: 1978 — 7th Commonwealth 200, elim heat European 200. Progression:

1976 10.8	1979 10.40
1977 10.7	1980 10.54
1978 10.58w	

HEATHER HUNTE (100m & 4×100m)

Haringey AC. Born Hackney (London), 14.8.1959; 1.67/5'6", 63kg/139lb; clerk. Best marks: 100 — 11.26/11.01w, 200 — 23.06. Championships: 1977 — 4th European junior 100 & 3rd 4×100. Progression:

1972 12.5	1977 11.58
1973 —	1978 11.60
1974 12.0w	1979 11.30/11.26w
1975 11.8	1980 11.26/11.01w
1976 11.79	

DAVID JENKINS (400m & 4×400m)

Gateshead H. Born Pointe à Pierre (Trinidad), 25.5. 1952; 1.90/6'3", 82kg/182lb. Best marks: 100 — 10.1/10.36, 200 — 20.3/20.66, 400 — 44.93 (UK rec), 800 — 1:53.5, 400H — 53.0. Championships: 1971 — European champion; 1972 — semi finalist Olympic 400 & 2nd 4×400; 1974 — 4th Commonwealth, 2nd European 400 & 1st 4×400; 1976 — 7th Olympics; 1978 — semi finalist Commonwealth 400 & 1st 4×100. Progression:

1967 53.4	1974 45.2
1968 48.7	1975 44.93
1969 46.5	1976 45.10
1970 46.9	1977 45.95
1971 45.5	1978 45.97
1972 45.3	1979 —
1973 45.2	1980 45.29

SONIA LANNAMAN (100m, 200m & 4×100m)

Wolverhampton & Bilston AC. Born Aston (Birmingham), 24.3.1956; 1.62/5'4", 60kg/133lb; typist/receptionist. Best marks: 100 — 11.22/10.93w, 200 — 22.58 (UK rec). Championships: 1972 — elim heat Olympic 100; 1973 — European junior 100 champion & 3rd 4×100; 1974 — semi finalist Commonwealth 100 & 2nd 4×100, semi finalist European 100; 1976 — 2nd European indoor 60, injured at Olympics; 1978 — Commonwealth 100 & 4×100 champion & 2nd 200, 8th European 100 & 2nd 4×100. Progression:

1968 12.1	—	1975 11.6	23.1
1969 11.9	25.4	1976 11.23	22.81
1970 11.8w	24.1	1977 11.22*	22.83
1971 11.7w	24.4	1978 11.26	22.88
1972 11.4w	23.7w	1979 11.44	23.00
1973 11.4	24.1	1980 11.38†	22.58
1974 11.3	23.8	* 10.93w; † 11.06w	

ANGELA LITTLEWOOD (Shot)

Cambridge H. Born Nottingham, 24.9.1949; 1.73/5'8", 86kg/189lb; teacher. Best mark: SP — 17.17m (UK rec). Championships: 1978 — 4th Commonwealth. Progression:

1966 10.97	1975 14.48
1967 12.77	1976 15.46
1968 12.35	1977 15.79
1969 12.83	1978 16.34
1970 13.08	1979 16.62
1971-74 retired	1980 17.17

JUDY LIVERMORE (Pentathlon)

Rugby AC. Born 14.11.1960; 1.79/5'10½", 70kg/154lb. Best marks: 800 — 2:18.9, 100H — 13.58, HJ — 1.81m, LJ — 6.15m, SP — 13.21m, Pent — 4357. Progression:

1976 3478 (Int)	1979 4090
1977 3870	1980 4357
1978 4028	

Continued on page 35



ANGELA LITTLEWOOD

Mike Street

INTER-AREA DECATHLON

At Southampton, June 21st/22nd

South 20,651; North 19,472; Wales 18,031; Republic of Ireland 17,517.

1, F. Obikwu (S) 7146 (11.9, 6.55, 13.70, 1.96, 51.6; 16.1, 40.14, 3.70, 66.64, 4:34.9); 2, A. Drayton (S) 7082 (11.5, 6.95, 12.73, 1.87, 49.8; 15.4, 38.54, 4.20, 51.68, 5:00.7); 3, G. Richards (N) 6833 (11.6, 7.19, 13.26, 1.93, 51.2; 15.3, 32.36, 3.55, 44.98, 4:46.7); 4, K. Atkinson (RoI) 6695 (11.0, 7.20, 49.9); 5, R. Betts (N) 6616 (3.90); 6, P. Edwards (W) 6569; 7, J. Ball (S) 6423 (4.20); 8, T. Anstiss (S) 6196 (4.70); 9, S. Brock (W) 6109 (15.7); 10, M. Pickering (N) 6027; 11, J. Hartnett (RoI) 5899; 12, N. Phipps (S) 5476 (14.14); 13, C. Shiel (W) 5353; 14, D. MacMathuna (RoI) 5327; 15, T. Atkins (N) 5074; 16, P. MacDunphy (RoI) 4923; 17, A. Atkins (N) 4225; 18, P. Brice (S) 3758.

Invitation events. 100: (+3.0m) 1, D. Thompson (Ex. B) 10.4; 2, H. King (Brack) 10.5; 3, N. Richens (AF&D) 10.5; 4, T. Whitehead (Chelm) 10.7; 5, D. West (TVH) 10.8; 6, R. Nicolson (S&E) 10.9. 200: (-4.0m) 1, E. Obeng (Bel) 22.3; 2, King 22.4. 300: 1, R. Milne (TVH) 33.9; 2, Whitehead 33.9; 3, Thompson 34.2; 4, J. Davis (Ex. B) 34.4; 5, T. Bennett (S&E) 35.4. 400H: 1, P. Atherton (Shaft) 52.7; 2, West 53.1; 3, E. Shirley (Poly) 54.0; 4, R. Harris (S&E) 54.8. (Women): 300: 1, H. Barnett (Croy) 38.5; 2, L. Keough (B'stoke) 39.6; 3, V. Lemoignan (S&E) 39.7; 4, A. Dunn (E&E) 40.9.

NATIONAL YOUNG ATHLETES LEAGUE

(Western Division)

At Yeovil, May 25th

Bristol 254; Exeter 249½; Yeovil Olym. 237½; Taunton & WS 146; Clevedon 97.

(Youths): JT: D. Marsh (Yeo) 55.82. (Boys): SP: C. Ellis (Bris) 17.36.

(Eastern Division)

At Hoo, June 29th

Borough of Enfield 260; Ashford 159; Bexley 158; Medway 157.

(Youths): 200: J. Weston (Enf) 21.8 (10m short!). 800: S. Crabb (Enf) 1:59.1. 400H: H. Teape (Enf) 58.6. PV: P. Hoad (Enf) 3.80. 4×400: Borough of Enfield 3:33.7. (Boys): 1500: K. Tucker (Med) 4:18.5. 4×400: Borough of Enfield 3:52.6.

(North Western Division)

At Warrington, June 29th

Warrington 158; Stretford 158; Liverpool Pem. 139.

(Boys): SP/DT: J. Nicholls (Warr) 16.05/39.44. JT: A. Ravenscroft (Stret) 53.40.

(North Eastern Division)

At Rotherham, June 29th

Leeds City 195; Sheffield 146; Malet Lambert 116.

(Youths): TJ: L. Olpherts (Leeds) 14.03. (Boys): 80H: 1, M. Watson (Leeds) 11.8; 2, S. Dean (ML) 11.8. PV: P. Tucker (Leeds) 3.00.

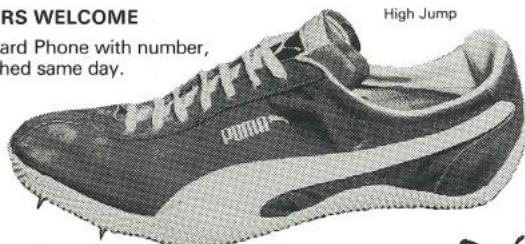
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378239	High Jump Left. Single	£25.99	7	5	6	4	4	2	6	8	4	—	3	4	4	1	—
378240	High Jump Right. Single	£25.99	5	4	5	5	4	3	9	4	4	5	3	5	4	—	—
378241	High Jump Right. T/of Pair	£38.99	4	4	2	5	5	4	5	4	11	12	11	4	5	—	—
378242	High Jump Left. T/of Pair	£38.99	4	4	5	1	8	6	9	9	8	3	—	3	4	—	—
378243	Triple Jump	£35.99	2	1	3	3	6	7	4	10	9	10	5	2	2	—	—
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378246	Hammer	£28.99	4	2	—	—	6	2	5	6	5	5	—	6	2	—	—
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378251	Long Jump	£32.99	4	4	4	2	3	4	10	2	7	4	2	3	3	—	—
378252	Shot Putt	£32.99	3	2	1	1	7	4	3	2	3	1	6	1	2	—	—

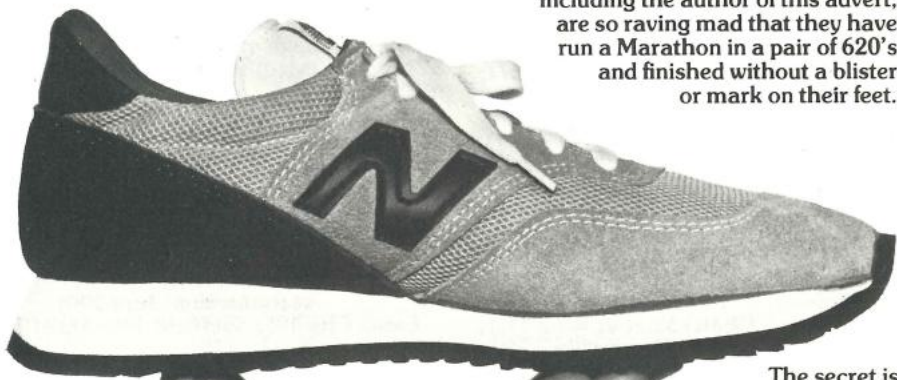

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2. All entries should be sent to 'Athletics Weekly', Olympic Competition, 344 High Street, Rochester, Kent, ME1 1DT, to arrive not later than first post, Thursday, July 24th. One entry per voucher only.

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6. All prize winners will be notified by post as soon as possible after completion of the Games. The results will be published in 'AW'.

7. The decision of the editor is final and no correspondence can be entered into.

OLYMPIC TEAM Continued from page 30**SUE LONGDEN (Pentathlon)**

Essex Ladies AC. Maiden name: Wright. Born Epping, 22.1.1950; 1.80/5'11", 70kg/155lb; secretary. Best marks: 200 — 23.9, 400 — 56.6, 800 — 2:13.7, 100H — 13.80/13.5, HJ — 1.80m, LJ — 6.39m, SP — 12.54m, Pent — 4395 (UK rec). Championships: 1976 — 12th Olympics. Progression:

1974	4192*	1978	4119
1975	4275*	1979	4323
1976	4422*	1980	4395
1977	4385		* with 200m

ANDREA LYNCH-SAUNDERS (4 × 100m)

Mitcham AC. Maiden name: Lynch. Born Barbados, 24.11.1952; 1.57/5'2", 52kg/114lb. Best marks: 100 — 11.16 (UK rec), 200 — 23.15/22.90w. Championships: 1970 — 2nd European junior 100; 1972 — semi finalist

Olympic 100 & 7th 4 × 100; 1974 — 2nd European indoor 60, 2nd Commonwealth 100 & 4 × 100, 3rd European 100; 1975 — European indoor 60 champion; 1976 — 7th Olympic 100 & 8th 4 × 100. Progression:

1969	12.0	1975	11.16
1970	11.8	1976	11.22
1971	11.7w	1977	11.22
1972	11.4	1978	11.32
1973	11.2	1979	—
1974	10.9w	1980	11.32

LINSEY MACDONALD (400m & 4 × 400m)

Pitreavie AC. Born Scotland, 14.2.1964; 1.61/5'3½", 42kg/92lb; schoolgirl. Best marks: 100 — 11.86/11.6 & 11.61w/11.3w, 200 — 23.95/23.7 & 23.53w/23.2w, 400 — 51.16, 800 — 2:10.3. Championships: 1979 — 5th European junior 400. Progression:

1978	57.8	1980	51.16
1979	52.62		

Britain's two top all-round athletes — Daley Thompson, fleeting holder of the world decathlon record this year, the UK pentathlon record holder Sue Longden. Both are coached by Bruce Longden.



Eric Marsh

MIKE McFARLANE (200m & 4 × 100m)

Haringey AC. Born London, 2.5.1960; 1.81/5'11", 76kg/168lb; community sports leader. Best marks: 100 — 10.32/10.29w, 200 — 20.77. Championships: 1978 — 5th Commonwealth 100 & scratched from 200 semi; 1979 — European junior 200 champion & 3rd 100, 2nd 4 × 100. Progression:

1975	22.1	1978	20.97
1976	21.4w	1979	20.80
1977	21.44	1980	20.77

JANINE MACGREGOR (4 × 400m)

Borough of Hounslow AC. Born Hartlepool, 6.1.1960; 1.67/5'6", 60kg/133lb; student. Best marks: 100 — 11.91/11.74w, 200 — 23.76/23.54w, 400 — 53.4. Championships: 1977 — 7th European junior 200 & 3rd 4 × 100. Progression:

1975	58.7	1978	53.59
1976	57.3	1979	54.69
1977	55.3	1980	53.4

MIKE McLEOD (10,000m)

Elswick H. Born Dilston (Northumberland), 25.1.1952; 1.80/5'11", 63kg/140lb. Best marks: 800 — 1:50.8, mile — 3:56.4, 3000 — 7:48.2, 5000 — 13:23.8, 10,000 — 27:39.8. Championships: 1978 — 3rd Commonwealth 10,000 & 4th 5000, 14th European 10,000 & elim 5000 heat. Progression:

1977	28:10.2	1979	27:39.8
1978	28:04.2	1980	—

DREW McMASTER (100m & 4 × 100m)

Edinburgh AC. Born Edinburgh (Scotland), 10.5.1957; 1.67/5'6", 66kg/145lb; promotions manager. Best marks: 100 — 10.52/10.27w & 10.2/10.0w, 200 — 21.15/20.66w & 20.9. Championships: 1978 — elim 2nd round Commonwealth 100 & 200, 1st 4 × 100. Progression:

1973	10.8w	1977	10.60w
1974	10.8	1978	10.52
1975	10.6	1979	10.58
1976	10.80	1980	10.55/10.27w

BRAD McSTRAVICK (Decathlon)

Sheffield AC. Born Plymouth, 25.5.1956; 1.83/6'0", 80kg/175lb. Best marks: 100 — 10.6, 400 — 48.62, 1500 — 4:18.5, 110H — 15.08, HJ — 1.95m, PV — 4.50m, LJ — 6.90m, SP — 13.37m, DT — 44.60m, JT — 60.50m, Decathlon — 7704. Progression:

1975	6202	1978	7165
1976	6481	1979	7569
1977	7069	1980	7704

JANET MARLOW (1500m)

Stretford AC. Maiden name: Lawrence. Born St Helens, 9.12.1958; 1.65/5'5", 54kg/119lb. Best marks: 400 — 56.0, 800 — 2:02.7, 1500 — 4:09.0. Progression:

1971	4:47.6	1976	4:19.3
1972	4:38.2	1977	4:14.4
1973	4:38.2	1978	4:22.8
1974	4:35.7	1979	4:09.1
1975	4:29.0	1980	4:09.0

LOUISE MILLER (High Jump)

Chelmsford AC. Born Saffron Walden, 9.3.1960; 1.83/6'0", 63kg/138lb; works in family catering business. Best mark: HJ — 1.94m (UK rec). Progression:

1976	1.64	1979	1.84
1977	1.68	1980	1.94
1978	1.83		

ROD MILNE (4 × 400m)

Thames Valley H. Born Kirkuk (Iraq), 15.3.1957; 1.83/6'0", 74kg/164lb; insurance officer. Best marks: 200 — 21.60 & 21.4/21.1w, 400 — 46.08. Progression:

1976	48.1	1979	47.13
1977	48.00	1980	46.08
1978	47.75		

DAVE MOORCROFT (5000m)

Coventry Godiva H. Born Coventry, 10.4.1953; 1.80/5'11", 68kg/150lb; teacher. Best marks: 800 — 1:48.6, 1500 — 3:35.5, mile — 3:54.4, 3000 — 7:43.6, 5000 — 13:29.1. Championships: 1976 — 7th Olympic 1500; 1978

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1974 14:04.8	1978 —
1975 14:06.8	1979 13:30.4
1976 13:58.4	1980 13:29.1

MARK NAYLOR (High Jump)

Hillingdon AC. Born York, 10.9.1957; 1.85/6'1", 77kg/170lb; community sports leader. Best mark: HJ — 2.22m (UK rec). Championships: 1978 — 6th Commonwealth, 18th European. Progression:

1974 1.80	1978 2.19
1975 1.93	1979 2.22
1976 2.11	1980 2.22
1977 2.13	

GARY OAKES (400m Hurdles)

Haringey AC. Born London, 21.9.1958; 1.77/5'10", 70kg/154lb; community sports leader. Best marks: 400 — 47.42, 110H — 14.85, 400H — 49.60. Championships: 1977 — 3rd European junior; 1978 — 7th Commonwealth, elim heat European. Progression:

1975 57.0	1978 50.96
1976 52.70	1979 50.37
1977 51.30	1980 49.60

DAVE OTTLEY (Javelin)

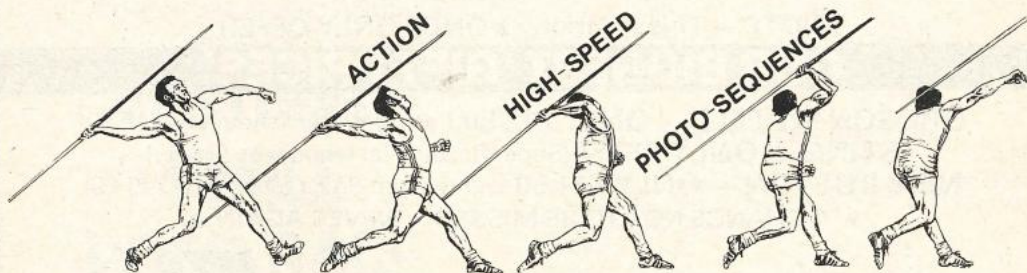
Thurrock H. Born Thurrock, 5.8.1955; 1.88/6'2", 92kg/203lb; teacher. Best mark: JT —

85.52m (UK rec). Championships: 1978 — 5th	
Commonwealth. Progression:	
1970 54.94	1976 80.08
1971 62.20	1977 81.50
1972 66.34	1978 79.20
1973 66.52	1979 80.82
1974 72.10	1980 85.52
1975 74.74	

STEVE OVETT (800m & 1500m)

Brighton & Hove AC. Born Brighton, 9.10.1955; 1.83/6'0", 70kg/154lb. Best marks: 400 — 47.5, 800 — 1:44.1, 1500 — 3:32.2, mile — 3:48.8 (world rec), 2000 — 4:57.8 (UK rec), 3000 — 7:41.3, 2M — 8:13.5 (world outdoor best), 5000 — 13:25.0, half marathon — 65.38. Championships: 1973 — European junior 800 champion; 1974 — 2nd European 800; 1976 — 5th Olympic 800 & semi-finalist 1500; 1978 — European 1500 champion & 2nd 800. Progression at 800, 1500 and mile:

1970 2:00.0	4:10.7	—
1971 1:55.3	—	—
1972 1:52.5	4:02.0	—
1973 1:47.3	3:44.8	4:00.0
1974 1:45.8	3:46.2	3:59.4
1975 1:46.1	3:39.5	3:57.0
1976 1:45.4	3:37.9	—
1977 1:48.3	3:34.5	3:54.7
1978 1:44.1	3:35.6	3:52.8
1979 1:45.0	3:32.2	3:49.6
1980 1:46.6	3:32.7	3:48.8

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**MICHELLE PROBERT (400m & 4 × 400m)**

Sale H. Born Liverpool, 17.6.1960; 1.70/5'7", 57kg/126lb; clerical officer. Best marks: 100 — 11.75 & 11.3w, 200 — 23.60, 400 — 51.83. Championships: 1977 — 3rd European junior 4 × 100. Progression:

1975	59.3	1978	55.9
1976	—	1979	53.14
1977	56.9	1980	51.83

SUE REEVE (Long Jump)

Birchfield H. Maiden name: Scott. Born Birmingham, 17.9.1951; 1.78/5'10", 70kg/154lb; civil servant. Best marks: 100 — 12.1, 200 — 24.3, 100H — 13.7, HJ — 1.65m, LJ — 6.69m & 6.84w, SP — 13.17m, Pentathlon (with 200m) — 4141. Championships: 1968 — 10th Olympic pentathlon; 1969 — 2nd European indoor LJ, 7th European pentathlon; 1970 — 5th Commonwealth pentathlon & 6th 100H; 1976 — 9th Olympic LJ; 1978 — 3rd European indoor LJ, Commonwealth LJ champion, 6th European LJ. Progression:

1964	4.70	1973	6.15
1965	5.52	1974	5.85
1966	5.93	1975	6.27
1967	6.04	1976	6.46/6.59w
1968	6.23	1977	6.61/6.84w
1969	6.17	1978	6.59/6.64w
1970	6.23	1979	6.69
1971	—	1980	6.68
1972	—		

COLIN REITZ (3000m Steeplechase)

Essex Beagles. Born 6.4.1960; 1.85/6'1", 76kg/168lb. Best marks: 800 — 1:52.4, 1500 — 3:41.7, 3000 — 7:59.6, 2000SC — 5:29.7 (UK best), 3000SC — 8:29.8. Championships: 1979 — 2nd European junior 2000SC. Progression:

1975	9:43.8	1978	9:01.5
1976	9:16.6	1979	8:42.8
1977	9:03.3	1980	8:29.8

IAN RICHARDS (50km Walk)

Coventry Godiva H. Born Stockport, 12.4.1948; 1.73/5'8", 63kg/140lb; life assurance salesman. Best mark: 50km — 4:07:57. Championships: 1978 — 23rd European. Progression:

1976	4:43:05	1979	4:14:17
1977	—	1980	4:07:57
1978	4:18:32		

MEG RITCHIE (Discus)

Edinburgh Southern H. Born Kirkcaldy (Scotland), 6.7.1952; 1.77/5'9¾", 96kg/212lb; student. Best marks: SP — 16.84m, DT — 65.08m (UK rec). Championships: 1974 — 6th Commonwealth; 1978 — 4th Commonwealth, 13th European. Progression:

1971	36.60	1976	54.10
1972	43.38	1977	59.88
1973	50.54	1978	60.80
1974	52.18	1979	58.62
1975	55.94	1980	65.08

Photo by Peter Tempest

NICK ROSE (5000m)

Bristol AC. Born Bristol, 30.12.1951; 1.75/5'9", 60kg/132lb. Best marks: 800 — 1:51.0, 1500 — 3:40.8, mile — 3:58.4, 3000 — 7:40.4, 5000 — 13:20.4, 10,000 — 28:49.0, half marathon — 62.32. Championships: 1971 — International junior CC champion; 1978 — 12th Commonwealth 5000, 7th European 5000; 1980 — 3rd IAAF CC. Progression:

1971	14:11.0	1976	13:22.4
1972	14:20.8*	1977	13:20.4
1973	13:42.2*	1978	13:25.4
1974	13:44.0*	1979	13:33.2
1975	13:53.2	1980	13:42.2

* 3 miles time plus 28 sec

TESSA SANDERSON (Javelin)

Wolverhampton & Bilston AC. Born St. Elizabeth (Jamaica), 14.3.1956; 1.68/5'6", 65kg/143lb; clerk typist. Best marks: 100H — 13.93, 400H — 60.46, HJ — 1.69m, JT — 69.70m (UK rec). Championships: 1973 — 12th European junior; 1974 — 5th Commonwealth, non qualifier European; 1976 — 10th Olympics; 1978 — Commonwealth champion, 2nd European. Progression:

1970	31.86	1976	57.20
1971	42.02	1977	67.20
1972	43.06	1978	64.00
1973	51.34	1979	65.34
1974	55.04	1980	69.70
1975	54.40		

CAMERON SHARP (100m & 4 × 100m)

Shettleston H. Born Irvine (Scotland), 3.6.1958; 1.82/5'11¾", 74kg/164lb; PE student. Best marks: 100 — 10.43/10.33w, 200 — 20.92. Championships: 1978 — elim 2nd round

Commonwealth 100 & 200, 1st 4x100.**Progression:**

1975 10.7w	1978 10.65
1976 10.5w	1979 10.51/10.43w
1977 10.69	1980 10.43/10.33w

KATHY SMALLWOOD (100m, 200m & 4x100m)

Reading AC. Born Winchester, 3.5.1960; 1.78/5'10", 66kg/147lb; student. Best marks: 100 — 11.27 (altitude) & 11.42/11.19w, 200 — 22.62, 400 — 54.5. Championships: 1977 — 3rd European junior 100 & 200; 1978 — 5th Commonwealth 200 & 1st 4x100, semi finalist European 200 & 2nd 4x100; 1979 — 2nd World Student Games 100 & 200. Progression:

1974 — 25.1	1978 11.64 22.99
1975 12.0 24.46	1979 11.27 22.70
1976 12.0 23.57	1980 11.46 22.62
1977 11.71 23.22	11.1/11.19w

BARRY SMITH (5000m)

Gateshead H. Born London, 16.4.1953; 1.70/5'7", 60kg/133lb; accountant. Best marks: 800 — 1:49.9, 1500 — 3:40.5, mile — 3:59.0, 3000 — 7:53.4, 2M — 8:21.1, 5000 — 13:24.7, 10,000 — 30:27.0, 3000SC — 9:07.7. Progression:

1974 13:53.0	1978 14:23.0
1975 3:40.8 (1500)	1979 —
1976 3:40.5	1980 13:24.7
1977 3:43.4	

4th Annual

BUNNY ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, AUGUST 3rd, 1980

Men's 6 mile Road Race	3.30 p.m.
Ladies 3 mile Road Race	2.30 p.m.
Jogging for Fun	1.45 p.m.
(approx. 3 mile)	

Venue: Bunny Village, South Notts.**Entry Fees: Ind. 40p, Teams 50p.****CLOSING DATE POSTAL ENTRIES****JULY 30th****Entries taken on the day: Ind. 50p, up to 2 p.m.**

Entries to: Dave Eastgate,
15 Albert Road,
Bunny,
Notts. NG11 6QE.
Tel. Nott'm. 841570.

GEOFF SMITH (10,000m)

Liverpool H. Born Liverpool, 24.10.1953; 1.73/5'8", 58kg/128lb; fireman. Best marks: 1500 — 3:49.6, 3000 — 7:57.0, 2M — 8:23.6, 5000 — 13:40.7, 10,000 — 28:03.6. Progression:

1976 29:20.2	1979 28:03.6
1977 28:55.0	1980 28:20.3
1978 28:36.5	

TONY STAYNINGS (3000m Steeplechase)

Bristol AC. Born Hanover (Germany), 21.7.1953; 1.68/5'6", 59kg/130lb; student. Best marks: 1500 — 3:42.5, 3000 — 7:55.2, 5000 — 13:39.0, 10,000 — 28:22.5, 3000SC — 8:27.3. Championships: 1976 — 11th Olympic 3000SC; 1978 — 7th Commonwealth. Progression:

1971 9:39.2	1976 8:28.5
1972 8:51.0	1977 8:30.1
1973 8:45.8	1978 8:35.8
1974 8:40.2	1979 —
1975 8:30.0	1980 8:27.3

SHIRLEY STRONG (100m Hurdles)

Stretford AC. Born Northwich (Cheshire), 18.11.1958; 1.68/5'6", 63kg/138lb; laboratory technician. Best marks: 100 — 11.83w, 200 — 24.57, 100H — 13.21/13.08w. Championships: 1978 — 2nd Commonwealth 100H, elim heat European. Progression:

1974 16.0	1978 13.4/13.08w
1975 14.7	1979 13.21
1976 14.52/14.28w	1980 13.27
1977 13.76/13.55w	

DALEY THOMPSON (Decathlon)

Essex Beagles. Born London, 30.7.1958; 1.86/6'1", 86kg/190lb. Best marks: 100 — 10.45/10.36w, 200 — 20.88, 400 — 47.30, 1500 — 4:20.3, 110H — 14.37, 400H — 52.6, HJ — 2.11m, PV — 5.00m, LJ — 7.93m & 8.11w; SP — 15.45m, DT — 45.22m, JT — 65.38m, Dec — 8622 (UK rec). Championships: 1976 — 18th Olympics; 1977 — European junior champion; 1978 — Commonwealth champion, 2nd European. Progression:

1975 7684	1978 8467
1976 7905	1979 —
1977 8190	1980 8622

IAN THOMPSON (Marathon)

Luton United AC. Born Birkenhead, 16.10.1949; 1.70/5'7", 60kg/132lb; sales manager. Best marks: 1500 — 3:51.0, 5000 — 14:05.4, 10,000 — 29:33.0, marathon — 2:09:12 (UK rec). Championships: 1974 — Commonwealth & European champion. Progression:

1973 2:12:40	1977 2:14:32
1974 2:09:12	1978 2:13:49
1975 2:24:30	1979 2:13:43
1976 2:19:07	1980 2:14:00



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again to take each lap-time while
you write it down, press it again and
you carry on timing the complete
event. The watch goes on counting
while you write.

Yes, it does time-out.

Press a different button sequence
and now you can measure the
actual playing time of games like
Basketball, Waterpolo etc,
eliminating the time-out.

Yes, it's a watch.

Digital read-out: hours, minutes,
seconds eg 12.29.16.

Yes, it's a calendar.

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immediately replaced by month,
day and the day of the week eg
3.15.SU.

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DAVE WARREN (800m)

Epsom & Ewell H. Born 11.2.1956. Best marks: 800 — 1:46.2, 1500 — 3:42.8, 3000 — 8:06.9, 5000 — 14:26.2, 2000SC — 5:41.4, 3000SC — 9:03.0. Championships 1978 — semi finalist Commonwealth 800. Progression:

1977	1:47.4	1979	1:48.6
1978	1:48.1	1980	1:46.2

ALLAN WELLS (100m, 200m & 4 × 100m)

Edinburgh Southern H. Born Edinburgh, 3.5.1952; 1.83/6'0", 76kg/168lb; training instructor. Best marks: 100 — 10.15 (UK rec) & 10.05w, 200 — 20.35 (UK rec) & 20.11w, 400 — 49.1, LJ — 7.32m. Championships: 1978 — Commonwealth 200 & 4 × 100 champion & 2nd 100, 6th European 100. Progression:

1971	11.1	—	1977	10.62	21.10
1972	10.9w	22.1w	1978	10.15	20.61
1973	11.1	22.4	1979	10.19	20.42
1974	—	—	1980	10.29	20.35
1975	11.0	22.2	—	10.05w	20.11w
1976	10.55	21.42	—	—	—

FATIMA WHITBREAD (Javelin)

Thurrock H. Born Hackney (London), 3.3.1961; 1.65/5'5", 64kg/140lb; student. Best mark: JT — 60.14m. Championships: 1978 — 5th Commonwealth; 1979 — European junior champion. Progression:

1975	34.94	1978	53.88
1976	41.20	1979	58.20
1977	48.34	1980	60.14

TERRY WHITEHEAD (4 × 400m)

Chelmsford AC. Born Peterborough, 10.1.1957; 1.85/6'1", 72kg/160lb; bank clerk. Best marks: 100 — 10.6, 200 — 21.28, 400 — 45.81. Championships: 1978 — semi finalist Commonwealth 400, 5th European 400. Progression:

1976	49.3	1979	46.84
1977	48.0	1980	45.81
1978	46.23	—	—

YVETTE WRAY (Pentathlon)

Shrewsbury & District AC. Born Scraftoft (Leics) 18.10.1958; 1.70/5'7", 64kg/142lb; student. Best marks: 100 — 11.8, 200 — 24.53, 800 — 2:15.3, 100H — 13.50/13.44w, HJ — 1.68m, LJ — 5.96m & 6.04w, SP — 13.17m, Pent 4325. Championships: 1978 — 3rd Commonwealth, 13th European. Progression:

1974	3127 (with 200)	1978	4292
1975	3614 (with 200)	1979	4325
1976	3645	1980	4315
1977	4088	—	—

Who's Who compiled by Mel Watman with the co-operation of the British Amateur Athletic Board secretariat.

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Personal callers please ring first. Tel. 0943 601581 (day or night)

Welsh Championships

At Cwmbbran, June 21st/22nd

Steve Barry Goes One Better Than His Dad

STEVE BARRY and Paul Rees provided the only bright spots on a generally dull and uninteresting first day which took in Seniors and Youths.

Steve's walking exploits were reported in last week's 'AW' by Colin Young, but, briefly, he set two new Welsh National and All-comer records of 12:26.4 (3km) and 43:34.1 (10km) . . . within four hours. He now has 10 Welsh titles to his credit, one more than his farther, Dai.

Paul, now 35, took the shot and discus titles for the fourth successive year, and now has 12 titles in all to his credit. Only five other athletes have won more Senior titles. He set seasonal bests in both events — in the shot he was 43 cm behind his 1978 Welsh record with 16.27 and his winning discus throw of 49.22 was only .54 cm behind the championship best he set last year. Straight after the discus he dashed the 18 miles to the National Sports Centre in Cardiff to compete in the Welsh Weight Lifting Championships where he finished fourth in the 100 kilo class.

The only other double winner was Edinburgh based, but Barry born, John Stark, who took

both sprints in convincing fashion. He clocked 10.85 in the 100 before easily holding off former AAA Junior 400m champion, and Welsh 400m record holder (46.74), Jeff Griffiths, in the 200 with 22.29.

Trevor Llewelyn (2.05) and Gareth Brooks (66.38) retained their high jump and javelin titles respectively, whilst Shaun Pickering took Peter Stark's hammer title with 55.24. Shaun, who was born in Cardiff when father Ron was Welsh National Coach, has thrown 57.26 this year, and it seems only a matter of time before he erases Laurie Hall's 1962 58.56 Welsh record from the books. Nick Heal added 20 cm to his best in clearing 4.30 to take the pole vault.

Clive Williams reports

Creighton Phillips was the star of the Youths events. He took the hammer with a championship best 52.92; whilst runner-up Robert Proctor also beat the previous best with 47.98. Proctor, last years Boy's shot and hammer champion had some consolation in winning the shot with 13.91.

Shaun Pickering, still only 18, fresh from his win in the Senior hammer the previous day, was the star of Sunday's events. He took both Junior hammer and shot titles in new Welsh records — adding 4.38 cm to Nick Lia's 1972 hammer best with 59.48; and 35 cm to the shot record set earlier this year by Mark Hewer. Hewer, who put the Youth's implement a Welsh record 14.93 last year was second with 14.80.

The other Welsh record to fall came in the triple jump where David Wood (15.09) added 8 cm to the record he set when winning last year. He thought he was heading for an easy win after jumping 14.39 in the first round, but Richard Jones leaped 14.41 in the fifth, and Wood, knowing he had to give his all to win, unleashed the 15.09 with his final jump. However, earlier in



SHAUN PICKERING

Mike Street

BARNET & DISTRICT A.C.

OPEN EVENTS

(Under A.A.A. Laws)

SUNDAY, 31st AUGUST, 1980
at 2.00 p.m.

Copthall Stadium, Hendon

EVENTS: 10,000m
600m for Helms Trophy (heats if nec.)
Vets. Triathlon (400m, L.J., D.T.)

Entries: 40p per event, to Ted Kimber, 78 Dale Avenue, Edgware, Middx.

No entries on day. S.A.E. for detailed times.

the day Jones had taken the long jump with a championship best of 7.07, beating Keith Lowe's 1967 best by 2 cm. Surprisingly, this leap is the best by a Welsh athlete this year.

The only other championship best in the Junior men's events came in the high jump where 2.15 indoor performer Andrew McIver jumped a modest 2.03. Tony Norris cleared 2.00m for the first time in second, whilst Trevor Llewelyn — Wales' other 2.15 performer — who had won the Senior event the previous day, could manage no more than 1.95 for third.

100: 1, J. Stark (EAC) 10.85; 2, J. Marsden (Norf) 11.00; 3, V. Martindale (Bris) 11.03 (11.00 ht). **200:** (+0.7m) Stark 22.29. **400:** 1, A. Tinsley (Car) 49.40; 2, M. Delaney (Car) 49.80. **1500:** 1, J. Theophilus (Swan) 3:52.6; 2, G. Reynolds (Sheff) 3:53.6; 3, K. Jones (Car) 3:53.7. **10,000:** 1, A. Cole (Swan) 30:17.9; 2, J. Robertshaw (Newp) 30:21.9; 3, I. Ellis (Newp) 30:28.8; 4, R. Samuel (Shaft) 30:41.4; 5, M. Lane (Newp) 31:05.0; 6, K. Clifford (C&C) 31:05.6. **3000SC:** 1, P. Griffiths (Tip) 9:09.3; 2, A. Bamber (Met. P) 9:12.4; 3, Lane 9:24.8. **110H:** (+2.7m) 1, W. Alexander (Car) 15.17; 2, H. Jones (Ox. C) 15.21; 3, N. Hammersley (Cled) 15.81. **400H:** 1, D. Fishwick (Car) 53.57; 2, C. O'Neill (Bris) 54.26; 3, Hammersley 54.63; 4, S. James (W&B) 56.16; 5, D. Owen (HW) 56.38. **HJ:** 1, T. Llewelyn (B'ht-J) 2.05; 2, P. Evans (Swan) 1.95. **PV:** 1, N. Heal (Car) 4.30; 2, I. Rees (Carm) 4.00. **LJ:** D. Rist (Gil) 6.45. **TJ:** S. Power (Car) 14.80. **SP:** 1, D. Rees (B'mth) 16.27; 2, M. Lockley (Bir) 15.79; 3, J. Walters (Car) 14.02; 4, M. Hower (Car-J) 13.64; 5, J. Tym (NWP) 13.55. **DT:** 1, Rees 49.22; 2, Lockley 47.96; 3, K. Latten (Car) 45.94; 4, Walters 44.92. **HT:** 1, S. Pickering (Har-J) 55.24; 2, P. Stark (Bridge) 54.04; 3, E. Llewellyn (Car) 47.10; 4, G. Window (Car) 46.16; 5, R. Bacon (Newp) 45.04. **JT:** 1, G. Brooks (Car) 66.38; 2, G. Robinson (Swan) 56.10.

(Juniors): 100: (—2.1m) 1, H. Thomas (Warr) 11.0; 2, M. Owen (W&B) 11.0. **200:** (—1.0m) Owen 22.8. **400:** M. James (Car) 49.6. **800:** 1, G. Brown (Wyc) 1:54.1; 2, N. Morgan (Car) 1:54.1. **1500:** Morgan 4:02.0. **3000:** T. Wilcock (Dees) 8:30.1. **2000SC:** P. Llewellyn (Shaft) 6:03.6.

CRANHAM BOUNDARY CHASE

Monday, 11th August, 1980

Starting at 7.00 p.m. sharp, at the Cranham Feast Festival Ground, Foston's Ash Road, Cranham. The course mainly road approximately 6 miles.

LADIES RACE

in conjunction with the above

Starting at 7.05 p.m. sharp, over a course of approximately 2½ miles.

Entry Fees: per Individual 40p, No late entries.

CLOSING DATE MON., 4th AUGUST

Entries to: F. A. Lee, 5 Valley Cott., Gloucester Road, Staverton, Cheltenham, Glos. GL51 0TF.

110H: (—4.0m) N. Walker (Rum) 15.3. **400H:** D. Jones (Car) 55.6. **HJ:** 1, A. McIver (Car) 2.03; 2, A. Norris (Car) 2.00; 3, T. Llewelyn 1.95. **PV:** R. Hughes (Carm) 3.55. **LJ:** 1, R. Jones (Dees) 7.07; 2, D. Wood (Car) 6.87; 3, J. Furnham (Car) 6.77. **TJ:** 1, Wood 15.09 (Welsh rec); 2, Jones 14.41w (14.10); 3, P. Hawkins (Car) 13.98. **SP:** 1, Pickering 15.50 (Welsh rec); 2, Hower 14.80; 3, N. Payne (Mill) 13.94. **DT:** P. Rees (Torf) 43.66. **HT:** Pickering 59.48 (Welsh rec). **JT:** S. Griffiths (Car) 56.96.

(Youths): 100/200: T. Jones (Newp) 11.14/(—1.2m) 23.07. **400:** A. Jones (Car) 51.56. **800:** B. Martin (Salis) 2:02.6. **1500:** N. Hardee (Newp) 4:18.9. **3000:** D. Edwards (Barn) 9:14.3. **1500SC:** J. McKeever (Aberys) 4:38.1. **100H:** M. Williams (Car) 14.37. **400H:** P. Harvey (Car) 60.23. **HJ:** 1, D. Bethell (Car) 1.90; 2, M. Powell (W&B) 1.90. **PV:** A. Phillips (Treg) 3.45. **LJ:** 1, R. Sherry (Car) 6.04; 2, W. Harris (Carm) 6.04. **TJ:** Sherry 13.06. **SP:** R. Proctor (Bris) 13.91. **DT:** M. Morgan (Ynys) 42.62. **HT:** 1, C. Phillips (Glouc) 52.92; 2, Proctor 47.78. **JT:** G. Rowlands (Swan) 59.46.

(Boys): 100/200: H. Wood (Newp) (—1.9m) 11.9/(—0.6m) 24.1. **400:** C. Worthington (Fern) 57.7. **800:** M. Rees (Am. V) 2:07.0. **1500:** N. Comerford (B&V) 4:28.9. **80H:** S. Jones (Tred) 12.6. **HJ:** 1, D. Russell (Car) 1.60; 2, R. James (Cow) 1.60. **PV:** A. Turrell (Carm) 3.05. **LJ:** 1, N. Mills (Croe) 5.33; 2, N. Lewis (Newp) 5.33. **TJ:** R. Crooks (Llandrindod) 11.13. **SP:** A. Gwilliam (Mon) 12.27. **DT:** A. Owen (March) 36.74. **HT:** A. Thomas (AT) 45.96. **JT:** S. Alred (Dees) 45.88. **1500W:** N. Kavanagh (Roath) 7:31.4.

(Colts): 100: (—2.4m) R. Wintle (Cyn) 13.4. **200:** (—1.7m) R. Walters (Dul. C) 27.1. **800:** R. Hughes (Bedd) 2:23.3. **1500:** R. Jones (Fern) 4:54.3. **HJ:** H. Pryor (Cow) 1.35. **SP:** R. Beadon (Hawt) 7.48. **1500W:** C. Bishop (Roath) 8:21.1.

SCOTTISH SCHOOLGIRLS CHAMPS

At Meadowbank, June 14th

400: F. Hargreaves 57.5. **100H:** L. Scott 15.2. **HJ:** A. Leitch 1.65. **DT:** K. Lynch 38.22. **(Inters):** 100: 1, K. Ramsay 12.6 (12.4 sf); 2, Y. Anderson 12.6 (12.4 sf). **200:** Anderson 25.7. **400:** 1, F. Anderson 56.8; 2, A. Bridgeman 56.9. **800:** 1, A. Gordon 2:14.9; 2, L. Thomson 2:15.4; 3, A. McGeown 2:16.6; 4, S. Urquhart 2:16.8; 5, S. Walker 2:18.1. **1500:** 1, Y. Murray 4:37.2; 2, S. Morris 4:46.5; 3, K. Skelton 4:49.2. **80H:** 1, A. Gillespie 12.1; 2, K. Murdoch 12.5 (12.3 ht). **LJ:** Y. Anderson 5.53. **SP:** 1, S. McDonald 11.97; 2, L. Marshall 11.10. **DT:** 1, McDonald 40.66; 2, S. Freebairn 34.36; 3, L. Adams 31.00. **(Juniors):** 1500: 1, K. Husband 4:48.5; 2, M. Carbis 4:52.7. **75H:** 1, C. Spiers 11.8; 2, R. McLeod 12.0; 3, K. Hood 12.0 (11.9ht). **HJ:** L. McQuarrie 1.56. **LJ:** 1, Spiers 5.31; 2, M. Harland 5.16.

GOOD NEWS!

Firstly, we have lowered the price of the **New Balance 620**. It has been reduced from £32.95 to **£29.95**.

Secondly, a third width fitting has been added. The shoe is now available in **D, 2E** and now **4E** to ensure the perfect fit. We are expecting the new width any day (in fact they should have arrived by now). However, if you are making a long journey please ring us to check the stock situation.

Thirdly, Graham, (or rather Marion!), has had a baby. Young Adam Paul came into the world weighing 8 lb 12 ozs. He was 11 days late, being unable to decide whether to come out into the world wearing Adidas, like his father and uncle, or Nike or New Balance!

BEAT THESE! More Great Reductions:

Mr President Sweat Shirts, in Gun-metal Grey and Navy, sizes S, M, L and XL. 50% Cotton and 50% Creslan mixture which means that they can be washed in a machine at 40°C. Apart from being very practical as warm-up and training tops, they are also very popular as fashion garments. Compare our prices with boutiques. They were excellent value at £5.50. Now reduced to **£4.25**.

Hooded Version, same sizes and colours. RRP £7.95 reduced to **£4.95**.

Racing Stripe. Identical in cut etc. as the sweat shirt, it features a two-colour trim around the neck and fashionable stripes around the left sleeve. Very smart. RRP £8.50 only **£5.50**.

Le Coq Sportif Mistral. This sweat shirt has a much higher cotton content (80%) than the Mr President tops, for added comfort. Bold Le Coq Sportif flocked across the chest. In Navy/Red Motif, Sky/Navy Motif and Emerald/Navy Motif. Sizes 5'6", 5'9", 5'11" & 6'1", RRP £8.99, **£5.95**.

Le Coq Sportif Tempo. Manufactured in 100% cotton navy chine, fleecy backed fabric, which is extremely light, comfortable and absorbent. 'Le Coq Sportif Training' motif flocked across the chest in White. Superb quality garment. Sizes 5'6"-6'1", RRP £11.95 only **£7.95**.

Adidas Lambswool Sweaters. Beautifully made in a really soft, top quality lambswool. Warm and soft to the touch. Be the cuddliest member at your club! Sizes 34", 36", 38", 40", 42", 44". Available in Red, Light Grey and Beige, at only **£15.95**.

Adidas A20. A shiny look Adidas tracksuit at under £20! In Royal or Navy. Flared trousers and roll-neck collar. Sizes 5'6"-6'1", RRP £26.95 only **£19.95**.

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2nd ANNUAL

BRITISH-AMERICAN MARATHON

(Under A.A.A. & W.A.A.A. Laws)

HELD ON SATURDAY, 23rd AUGUST, AT 1 p.m.

Venue is from Waterside Sports Centre, Somnes Ave., Canvey Island, Essex

1979 WINNERS

Men's Race — Barry Heath (Tidewater Striders). Ladies' Race — Lesley Watson (London Olympiades)

AWARDS

- + All finishers receive a medal.
- + Award T-shirt for first 100 men.
- + Award T-shirt for first 25 Ladies.
- + Prizes first 10 Men.
- + Prizes first 3 Ladies.

- + Team and International awards.
- + First Man and first Lady invited back next year at B.A.M. expense.
- + Guaranteed accurately measured course.
- + Flat, fast course.

Here are some of the comments made after last year's race:

"I got a medal, tee shirt and a book, which is more than you'd get if you ran 3.30 in the States". Gary Cooper.

"Of all the races I've run, including some with over 5,000 runners, the B.A.M. has more atmosphere". Dr Victor Greco.

"The atmosphere was incredible. I made lots of new American friends". Andy Crawford.

Entry Fee: £2.50. Send to: The Race Director, British-American Marathon, 49 Lottem Road, Canvey Island, Essex. Tel. 03743 2141 or 69710. **Entries close 16th August, 1980.**

Limited accommodation available — details on request. Please send S.A.E.

Tenacious Michael O'Brien Wins 3M Lincolnshire 100km

Harlaxton to Lincoln and back, June 22nd

Road races at this distance are common enough on the Continent, but the Lincolnshire Sports Council and the Road Runners Club felt it was time to have one here. It attracted over 90 entries, with 65 starting: Cavin Woodward and Don Ritchie both numbering in the withdrawals as neither was fit.

Martin Daykin, second in last year's London to Brighton, led nearly all the way to Lincoln, when he was passed by Michael O'Brien and Jan Knippenberg (Netherlands). The dutchman led for a while, but O'Brien soon took up the running and was never headed. In the closing stages Mike Newton, running his usual even pace, and Dave Dowdle both caught Knippenberg, and Newton, in fact, began to challenge O'Brien, but the Welshman's tenacity kept him over a minute clear at the tape.

Leslie Watson, the only female competing, ran

her usual unruffled (despite heavy showers) race in almost even 10km splits, to finish 17th overall in 8:15:50.

Harold Lee

1, M. O'Brien (Wrex) 6:59:13; 2, M. Newton (SLH) 7:00:39; 3, D. Dowdle (Glouc) 7:06:09; 4, J. Knippenberg (Neth) 7:15:51; 5, C. Hunn (SLH) 7:16:32; 6, D. Goodwin (Thet) 7:36:23; 7, M. Pickard (E&E) 7:37:26; 8, D. Hayward (Bris) 7:41:22; 9, F. Thomas (Chelm) 7:46:05; 10, G. Archer (Hill) 7:48:05; 11, C. Birch (B'mth) 7:56:53; 12, H. Mikkers (Neth) 8:03:58; 13, J. Towers (E. Hull) 8:06:12; 14, B. Slade (Exe) 8:07:46; 15, D. Weir (Sale) 8:12:04; 16, G. Reynolds (Leam) 8:14:37; 17, L. Watson (LOAC) 8:15:50; 18, W. Humphreys (SLH) 8:20:11; 19, R. Meadowcroft (Sal) 8:32:30; 20, P. Hart (Leam) 8:39:03. **Teams:** 1, S. London 8; 2, Leamington 19; 3, E. Hull 21.

Photos show Michael O'Brien at 54 miles soon after he snatched the lead from Jan Knippenberg, and Leslie Watson who ran the world's second fastest time by a woman.

FINNISH ULTRA-DISTANCE STAR

Risto Laitinen, (32) of Finland seems to have joined the ranks of the international 'ultra' runners. In ideal conditions, on a fast and flat one-loop course, Laitinen won the 50 Mile 'Midsummer Night Dream' road race in Oulu on June 7th in a world-class time of 5:03:16.

Laitinen trains up to 200 miles a week and has a marathon best time of 2:25:13. Together with Pentti Kaijala, 23-year-old Arto Tanninen (son of 2:20 marathoner and 6:42 100km runner Ensio Tanninen) and world record holder Donald Ritchie, he passed the marathon point in 2:34:00. Shortly after 50km, Ritchie had to retire due to a foot injury. It seemed like Laitinen was going to break 5 hours (a feat that only Ritchie and Cavin Woodward have been able to accomplish), but his last 10 miles took almost 65 minutes. Alan Smith of Leamington, after taking a boat and hitchhiking to Finland for a week or so, was a good 7th in 5:56:49.

The race, organised by the road running club LSD-Oulu, was a great success. The inaugural edition last year was also won by Laitinen, then in a time 16 minutes slower. He is planning to attack the London-Brighton in September.

1, Laitinen 5:03:16; 2, A. Tanninen 5:14:38; 3, Kaijala 5:22:17; 4, E. Tanninen 5:35:45; 5, Moilanen 5:54:16; 6, Termonen 5:56:32; 7, Smith 5:56:49 . . . Olli Karhumaa (b. 1922, ran 1:56.3 800m in 1948!) 6:42:24. First woman: Hanna Vesteri 7:00:35. Laitinen's intermediate times: 10M — 57:00; 20M — 1:56; 30M 2:57; 40M — 3:58:30.

Matti Hannus

OLYMPIC PREVIEW ISSUE

Next week's issue includes our unrivalled, up-to-the-minute guide to Olympic Form.

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(Under W.A.A.A. Laws)

SATURDAY, 20th SEPT., 1980

Start 10.30 a.m.

AT ABBEY STADIUM, REDDITCH

Girls (9-11 yrs) 100m, 4 x 100m, Relay, Long Jump.
Girls (11-13 yrs) 100m, 200m, 800m, 1500m, 4 x 100m Relay, High Jump, Long Jump, Shot Putt.
Junior Women (13-15 yrs) 100m, 200m, 800m, 1500m, 4 x 100m Relay, High Jump, Long Jump, Shot Putt.
Inter Women 100m, 200m, 800m, High Jump, Long Jump, Shot Putt.
Senior Women 100m, 200m, 400m, 1500m, High Jump, Shot Putt, 4 x 100m Relay combined with Inters.

Entries to: Mr C. Weatherhead,
 23 Luddington Road,
 Stratford-on-Avon,
 Warwicks CV37 9SF.
 Tel. S-on-Avon 67397.

Enclose S.A.E. for timetable.

ENTRIES CLOSE SAT., 23rd AUG., 1980

Schools Results

Clean Sweep for West Midlands in Mason Trophy Meeting

At Warley, June 21st

W. Midlands 543½; Avon 429½; Gtr. Manchester 410½; Staffordshire 398½; Merseyside 356½; Cheshire 307; Hereford & Worcestershire 301½; Nottinghamshire 273.

(Snr. Boys): 200: W. Yates (GM) 22.1. 400: (A): Yates 49.7. (B): C. Walker (C) 49.6. 800: K. Bennett (A) 1:54.6. 1500: 1, C. Mochrie (L) 14:46.0; 2, N. Appleby (WM) 14:47.2; 3, Harris (HW) 14:47.8; 4, T. Walker (L) 14:53.2; 5, C. Dasnal (M) 14:56.8; 6, R. Ellerton (S) 14:57.0; 7, A. Reynolds (S) 14:57.8; 8, C. McIntyre (A) 14:58.9. 400H: O'Reilly (GM) 56.9. HJ: D. Watson (WM) 1.95. PV: I. Schofield (GM) 3.70. TJ: I. Anderson (N) 14.14. SP: 1, R. Weir (WM) 13.63; 2, A. Morris (S) 13.60. DT: M. Higgins (WM) 45.16. HT: D. Roberts (M) 48.28. 4×100: H&W 44.4. Team: W. Midlands. (Inters): 800: 1, K. Bradbury (HW) 1:56.4; 2, L. Plummer (A) 1:57.3. 3000: 1, Dalloway (HW) 8:48.2; 2, J. Abbis (WM) 8:50.8; 3, I. Manners (A) 8:53.2; 4, S. Collis (S) 8:54.0. 1500SC: 1, L. Price (WM) 4:26.0; 2, B. Hussein (GM) 4:35.5. 100H: (A): M. Briggs (S) 13.7. (B): M. Partridge (S) 14.2. 400H: 1, Briggs 54.8; 2, A. Attrey (WM) 57.9; 3, J. Burn (S) 58.5. HJ: 1, P. Maddalena (A) 1.95; 2, N. York (WM) 1.90; 3, L. Cornwall (A) 1.90. PV: 1 eq, A. Ashurst (GM) & B. Forster (GM) 3.50. LJ: 1, Booton (WM) 6.70; 2, Purnell (A) 6.67. TJ: 1, V. Samuels (A) 14.26; 2, Gayle (WM) 13.69. SP: 1, J. Clarke (GM) 14.91; 2, I. Mobley (S) 13.81. DT: P. Weir (WM) 42.96. JT: A. Rock (HW) 55.70. 4×100: 1, W. Midlands 43.5; 2, Gtr. Manchester 44.5; 3, Notts 45.1; 4, H&W 45.1; 5, Staffs 45.2. Team: W. Midlands. (Juniors): 400: 1, N. Harvey (S) 53.7; 2, S. Cheers (M) 54.1. 800: S. McDevitt (WM) 2:06.2. 1500: C. Damerell (WM) 4:18.0. 80H: I. Atterbury (WM) 12.1. HJ: 1, M. Lakey (WM) 1.85; 2, B. Morrison (WM) 1.85; 3, P. Freeth (S) 1.80. PV: 1, L. Belcuore (WM) 3.15; 2, A. Barnes (A) 3.05. TJ: G. Ward (WM) 12.83. SP: 1, C. Ellis (A) 17.72; 2, J. Nicholls (C) 15.11. DT: 1, W. Leonowicz (WM) 46.46; 2, K. Homer (WM) 46.12. HT: 1, V. Cooper (N) 48.80; 2, J. Summers (WM) 44.32; 3, T. Wallace (S) 42.34.

JT: A. Ravenscroft (GM) 52.42. 4×100: 1, Staffs 47.0; 2, Avon 47.1. Team: W. Midlands.

(Snr. Girls): 100: 1, D. Bunn (HW) 12.1; 2, J. Christian (M) 12.2. 200: Bunn 25.0. 400: J. Banner (C) 57.3. 1500: L. Driver (GM) 4:33.5. 100H: 1, H. Ross (A) 14.4; 2, E. Little (WM) 14.6; 3, W. Laing (M) 15.7. 400H: 1, C. McGowan (M) 65.0; 2, J. Graham (GM) 65.2; 3, J. Lowes (N) 65.7; 4, D. Leeke (S) 65.7; 5, W. Adams (HW) 66.5. HJ: D. Kerfoot (M) 1.65. SP: 1, A. Hanson (M) 10.99; 2, L. Blake (WM) 10.81. DT: 1, J. Salter (WM) 36.30; 2, E. Hindley (S) 35.84. JT: S. Gibson (N) 44.08. 4×100: 1, W. Midlands 48.2; 2, Merseyside 49.1. Team: W. Midlands. (Inter): 100: K. Ball (N) 12.4. 200: J. Parry (C) 24.9. 400: P. Bell (M) 59.5. 800: 1, S. Kenyon (GM) 2:14.4; 2, S. Batstone (WM) 2:14.6; 3, C. Douglas (A) 2:19.4; 4, A. Williams (M) 2:19.7. 1500: 1, P. Matheson (N) 4:40.3; 2, J. Presley (A) 4:44.0; 3, N. Carmody (WM) 4:44.7; 4, C. Clarke (WM) 4:47.5. 80H: (A): 1, S. White (A) 11.8; 2, T. Such (WM) 11.9; 3, J. Langston (S) 12.3. (B): 1, D. Scott (WM) 12.2; 2, J. Edwards (A) 12.2. 400H: (A): 1, G. Peake (GM) 66.3; 2, Scott 67.0. (B): G. Withers (WM) 67.9. HJ: (A): 1, C. Summerfield (S) 1.68; 2, S. Watson (GM) 1.62. (B): M. Cropper (GM) 1.60. LJ: 1, Edwards 5.74; 2, C. O'Rourke (WM) 5.52; 3, D. Anderson (GM) 5.37. SP: (A): 1, C. Gregory (WM) 12.76; 2, G. Burns (M) 10.61; 3, D. Winstanley (GM) 10.41. (B): P. Webber (WM) 10.83. DT: N. Marston (WM) 31.58. JT: 1, J. Harding (GM) 38.80; 2, A. Trainor (N) 34.62; 3, C. Wallis (S) 33.22. 4×100: 1, W. Midlands 48.4; 2, Avon 49.8; 3, Gtr. Manchester 50.5; 4, Merseyside 50.5. Team: W. Midlands. (Juniors): 100: (A): 1, E. Kessebah (GM) 12.4; 2, H. Pilkington (WM) 12.4. (B): A. Turner (WM) 12.7. 200: (A): 1, Pilkington 25.9; 2, C. Lamb (M) 26.4. (B): N. Parsons (WM) 26.1. 800: (A): 1, D. Edwards (GM) 2:20.1; 2, L. Dumbill (C) 2:21.2. (B): M. Dineen (GM) 2:21.2. 1500: 1, L. Voss (M) 4:44.5; 2, R. Adshead (GM) 4:49.0; 3, B. Ely (GM) 4:51.2. 75H: (A): A. Girvin (C) 11.7. (B): J. Booth (C) 11.7. HJ: S. Webb (WM) 1.60. SP: (A): 1, D. Campbell (WM) 11.45; 2, D. Brentnall (N) 11.24; 3, T. Salt (S) 10.33. (B): A. Rowarth (N) 10.64. JT: 1, J. Birnie (GM) 38.56; 2, J. Griffiths (S) 30.72; 3, A. O'Connor (C) 30.00; 4, Brentnall 29.30. 4×100: 1, W. Midlands 49.2; 2, Gtr. Manchester 50.2; 3, Avon 50.6.

ADVANCE NOTICE

2nd Annual

LAKE VYRNWY ROAD RACE

11.4 miles

SUNDAY, SEPTEMBER 7th, 1980

Full details later.

Other Inter-County Matches

At Motspur Park, June 22nd
Essex 401½; Surrey 384½; London 312.



AVON COSMETICS International Marathon Championship for Women

London, England – Sunday 3 August 1980 – Start: 10.00 am

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(Inter. Boys): 200: N. Pyle (E) 22.3. 800: 1, M. Hunter (S) 1:57.2; 2, M. Green (E) 1:59.0. 400H: 1, P. Harmsworth (S) 56.9; 2, A. Thorpe (E) 57.4. PV: 1, R. Hooper (S) 4.20; 2, J. Lewis (S) 4.00; 3, R. Mascoll (L) 3.80; 4, N. Simms (L) 3.70. TJ: R. Corbin (L) 13.88. SP: 1, W. Cole (E) 15.70; 2, M. Tubbs (S) 14.73; 3, K. Whitton (E) 14.63; 4, G. Kirby (S) 14.23; 5, M. Ferrius (L) 14.02. DT: 1, N. Boyton (E) 45.40; 2, C. Burdett (E) 44.10. HT: P. Head (E) 53.28. JT: D. St. Croix (L) 55.32. 4x100: Essex 45.4. **Team:** Essex. (Juniors): 400: D. Tucker (E) 54.0. HJ: B. Smith (S) 1.75. PV: 1, S. Fuller (S) 3.60; 2, C. Benjamin (L) 3.00. SP: 1, D. Fagence (S) 14.05; 2, D. Charman (S) 13.90; 3, Kent (E) 13.58. 4x100: 1, Essex 47.0; 2, London 47.6. **Team:** Essex. (Inter. Girls): 100: T. Campbell (S) 12.5. 200: E. Mitchell (L) 25.8. 400: 1, C. Wells (E) 57.8; 2, S. Green (S) 58.6. 800: 1, K. Hughes (E) 2:09.1; 2, A. Nagle (E) 2:15.5. 1500: 1, R. Disley (S) 4:39.8; 2, M. Witts (E) 4:41.2; 3, H. Churn (S) 4:44.0. 80H: 1, S. Covey (S) 11.8; 2, T. North (S) 11.8. 400H: 1, V. Lee (S) 65.2; 2, S. Glover (S) 65.7; 3, A. Telling (L) 67.6. HJ: 1, Telling 1.65; 2, C. Liquorish (S) 1.60; 3, K. Gomes (S) 1.60. LJ: 1, J. Oladapo (L) 5.74; 2, J. Flavius (L) 5.71; 3, H. Cushen (E) 5.58. SP: 1, R. Doyley (L) 11.50; 2, C. Bernard (E) 10.83. DT: 1, D. Bushnell (E) 39.64; 2, B. Darcy (E) 35.50. JT: A. Hempstead (S) 33.30. 4x100: 1, Surrey 49.1; 2, London 49.4. **Team:** Essex. (Juniors): 200: 1, L. Goreeph (E) 25.6; 2, L. Draper (S) 26.4. 1500: 1, K. Hendrickse (S) 4:44.2; 2, A. Cushion (E) 4:46.7. 75H: 1, J. Gibson (E) 11.2; 2, J. Evans (S) 11.4; 3, L. Manning (S) 11.7; 4, S. Gunnell (E) 11.8; 5, P. St. Ange (L) 11.8. HJ: 1, K. Johnson (E) 1.55; 2, D. Marti (S) 1.55. LJ: 1, Gunnell 5.47; 2, L. Anthony (E) 5.19. SP: 1, G. Achille (L) 12.78; 2, K. Towersey (S) 10.84; 3, S. Deall (S) 10.73; 4, G. Apejowon (L) 10.07; 5, A. Seyfried (E) 10.04. DT: 1, I. Doyley (L) 35.62; 2, W. Townsend (E) 29.70; 3, J. Dengel (E) 27.92. JT: 1, N. Sutherland (S) 30.64; 2, C. Bishop (L) 29.94. 4x100: 1, Essex 50.4; 2, London 51.0; 3, Surrey 51.2. **Team:** Essex.

At Bracknell, June 28th

(Inter Boys): 100H: B. Chandler (B) 14.0. 400H: M. Robertson (D) 57.0. HJ: C. Mulholland (H) 1.88. TJ: 1, S. Anderson (B) 14.59; 2, I. Timbers (H) 14.32. SP: D. Callaway (H) 14.29. HT: A. Kenneally (B) 69.08. JT: N. Rudd (B) 55.12. (Juniors): HT: 1, A. Barham (H) 43.16; 2, P. Green (B) 41.96. JT: G. Wyeth (H) 48.24. (Inter. Girls): 100: M. Miles (B) 12.4. 200: 1, Miles 25.3; 2, C. Wallace (H) 25.9. 400: 1, J. Smith (H) 58.8; 2, A. Gurd (D) 59.3. 800: 1, N. Parsons (D) 2:14.0; 2, L. Keough (H) 2:19.6. 1500: 1, K. Fairbrass (B) 4:37.4; 2, A. Hollington (D) 4:46.1. 80H: S. Dean (H) 12.0. 400H: 1, S. Gandy (H) 66.2; 2, C. Gordon (B) 67.1. HJ: 1, H. Myers (H) 1.63; 2, C. White (H) 1.63. LJ: G.

Morris (D) 5.47. DT: 1, J. Stanton (B) 38.84; 2, L. Higman (H) 34.90; 3, A. Davies (D) 34.02; 4, D. Seamon (B) 31.38. JT: M. Bradshaw (H) 39.30. (Juniors): 200: S. Jacobs (B) 25.7. 75H: 1, A. Ball (H) 12.1; 2, F. Carter (H) 12.1. LJ: E. Edwards (H) 5.44. SP: M. Matthews (H) 10.25. DT: 1, C. Porter (B) 34.22; 2, C. Parker (B) 29.88; 3, E. Mitchell (D) 29.76. JT: 1, T. Bennett (H) 30.58; 2, P. Russell (B) 29.64. 4x100: 1, Berkshire 50.8; 2, Hampshire 51.3. Hampshire won the team competition in all classes.

BRITISH ROAD RUNNERS ABROAD

18.5. Montpellier 100km (France): 1, M. DAYKIN (Gloucester) 7hr 18min (previous record was 7:28); 2, Laugier (Fra) 7:43. **25.5. Liffre (France).** Half Marathon: 2, M. MOODY (Maidenhead-Vet) 1:13:00; 4, G. GORMAN (V of Ayles) 1:14:16. Marathon: 1, B. ELLERTON (V of A) 2:23:16; 15, D. COBLEY (RAF Halton-V) 2:45:19; 20, P. FERGUSON (V of A-V) 2:50:11. Team: RAF Halton. **26.5. Weeze Half Marathon (Germany):** 1, Huisemann (Ger) 1:10:24; 2, D. HART (RAF Laarbruch) 1:11:54; 3, K. BARBER (RAF Wegberg) 1:12:39; 4, E. THOMAS (RAF Laar) 1:13:20. **31.5. Migennes 100km (France):** 1, Martin (Fra) 7:34:42 ... 4, B. SLADE (Exeter) 7:53:11. **7.6. La Ferte Bernard 100km (France):** 1, Meunier (Fra) 7:01:58; 2, M. NEWTON (SLH) 7:04:13 ... 9, M. CAMPBELL (Notts) 9:05:37. **7.6. Dulmen Marathon (Germany):** (hot & humid) 1, Huisemann (Ger) 2:29:02; 2, K. BARBER 2:29:23; 3, T. FLANAGAN (Rhienland) 2:31+. **21.6. Lisse 25km (Holland):** 1, R. CRABB (AFCENT Striders) 1:17:59 ... 10, E. THOMAS (AFCENT) 1:25:23. **22.6. Brabant (Hol).** 16km: 1, Vriend (Hol) 49:52 ... 7, P. MARSH (AFCENT) 52:34; 10, L. WOOD (AFCENT) 53:33.

USA 'OLYMPIC TRIALS'

Winners at Eugene, June 21-29th (fuller details next week) — 100: Floyd 10.26; 200: Butler 20.49; 400: Green 45.85; 800: Paige 1:44.6; 1500: Scott 3:35.2; 5000: Centrowitz 13:30.7; 10,000: Virgin 27:45.7; 3000SC: Marsh 8:15.7 (rec); 110H: Nehemiah 13.26; 400H: Moses 47.90; HJ: Fields 2.26; PV: Hintnaus 5.60; LJ: Myricks 8.28; TJ: Banks 16.80; SP: Shmock 20.83; DT: Wilkins 68.68; HT: Bessette 70.98; JT: Ewaliko 88.70; Dec: Coffman 81.84; 20kmW: Evoniuk & Heiring 1:27:12; Women's 100: Brown 11.32; 200: Cheeseborough 22.72; 400: S. Howard 51.48; 800: Manning 1:58.3; 1500: Decker 4:05.0; 100H: Hightower 12.90; HJ: Ritter 1.86; LJ/Pent: Anderson 7.00 (rec) and 4651; SP: Seidler 17.92; DT: Griffin 60.20; JT: Smith 63.54.

GARFORTH WINS POLISH MARATHON

CHRIS GARFORTH (29), who had not broken 2:20 for the distance prior to this year, won the 'Trybuna Ludu' marathon at Otwock in Poland on June 29th in a personal best time of 2:13:27 — fastest by a Briton this year.

Grimon, who recently ran 2:13:30 in the Belgian championship on a course that was 400m short, took an early substantial lead and reached 5km in 15:00, some 250m ahead of a 50-strong chasing group. Mike Gratton took a group of six or seven in pursuit of the Belgian, and at 10km — near the end of four flat laps — Grimon was timed at 31:13, 30 sec ahead of Gratton, Garforth, Sinko (Hun), Morawski (Pol), Stigsen (Den) and Engwald (Swe). By 15km (47:10) the two Britons had dropped the others and caught Grimon.

Garforth went ahead at around 20km (1:03:07), passing halfway in about 1:06:35, and from 25km he gradually pulled away. Despite blisters and the breeze on the lonely last lap he held his pace to win by almost two minutes. Gratton had a bad patch at 35km but recovered sufficiently to come home 6th in a personal best time.

Result: 1, GARFORTH 2:13:27; 2, Sinko (Hun) 2:15:14; 3, Nogala (Pol) 2:16:28; 4, Morawski (Pol) 2:16:43; 5, Stigsen (Den) 2:17:15; 6, GRATTON 2:17:23; 7, Grimon (Bel) 2:17:31 ... Magda Ilone (Bel) 2:44:25.

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Another Medal Sweep For USSR Hammer Men?

By Ivan Berenyi

IN 1975, the year prior to the USSR's resounding triumph in the hammer throw with a triple medal win in the Montreal Games, a 17-year-old blond youngster appeared on the fast-expanding Russian hammer horizon like a shooting star, winning both youth and junior titles in the same season. He was Sergey Litvinov from Rostov, the discovery and ward of coach Igor Timashkov. Instantly tipped by some as a great future champion and a likely gold prospect for the Moscow Games, he was dismissed by others as a flash-in-the-pan shorty.

Litvinov, born on January 22nd 1958 and already a remarkably consistent 70m-plus performer with the 6kg junior hardware, appeared a quite unusual ball-and-chain specialist in several respects. He originally started out as a sprinter (he now does 11.2 for the 100m) and developed high jump ambitions at one stage, so that Valeriy Brumel remains his idol to this day. This in itself would not have marked him as out of place though. What did in the eyes of some was his physique. Though muscular and immensely strong, he was only 1.78/5'10" tall and 85kg/187lb heavy, which is hardly the required bulk even for a 17-year-old. Another odd thing about him was that he had only been training for the hammer for two years.

It was in 1973 that Timashkov won young Sergey over to the event. A believer in speed and all-round athletic ability rather than brawn, the innovative coach was being proven right by 1975. Litvinov was making up in speed of turn and balance for what he lacked in height and weight.

A polished four-turn man already in his junior days, Sergey threw 76.98m in Dresden in 1976, which was hailed by the Russians as a world junior record. By the time of the 1977 European Junior Championships in Donetsk, which was very much his own backyard, Litvinov reached his full height of 1.80/5'10¾" and weight of 94kg/207lb. He seemed to have all the cards stacked in his favour. But in the event the 1.88/6'2", 110kg/242lb Roland Steuk from East Berlin who, having recently converted to the four-turn, had just improved in quick succession to 75.42m, 75.62m and 76.04m in the run-up to the Championships, piped him at the post with a modest 70.78m in a cold, rainy final. The big local favourite had to be satisfied with a silver.

But this adverse experience did not retard his progress. Having thrown 72.74m in the same year with the adult equipment in Kiev, he improved his best to 76.22m the following year (1978) in the Soviet hammermen's paradise, Leselidse, although in the USSR national championships he only managed to place 7th with a modest 72.46m. On the 1978 world list, Litvinov placed 10th.

That of course was a year of revolutionary advance in the hammer, which transformed the all-time list out of all recognition. First the West German Karl-Hans Riehm, who had held the world record with 78.50m for three months back in 1975, came close to the world mark of his compatriot, Walter Schmidt (79.30m), with a 79.12m throw mid-May, and then Soviet veteran Boris Zaichuk (30) showed big form by raising his personal best to 78.80m in June. The two were to remain the dominant figures of the season.

The breaking of the 80m 'barrier' had for some time been on the cards, with several people claiming to have exceeded it in training. Nonetheless it was a major surprise even for his fellow-Russians when ex-boxer Zaichuk accomplished the feat with 80.14m on July 9th in the City of Moscow Championships. Suddenly 'old-man' Boris became the centre of attention. He recounted how he had been desperate for years for having had to abandon his first love, the ring, due to a broken right hand and how he converted to the hammer pretty late, fighting against the odds for years to emerge from the welter of his country's booming hammer scene.

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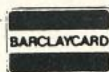
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Boris, who has a reputation for being garrulous even under normal circumstances, was over the moon. He kept reaffirming his determination to break the world record again in the Prague Europeans, talking his head off about 85m results "soon" and even invented several versions of how he became a hammer thrower "only a few years ago". It will probably remain unclear for ever just how Zaichuk converted to the hammer, but it is known that he has been in regular, full-scale training since age 17, and that he has switched coaches, clubs and nominal jobs almost as often as some people change shirts. His annual progression was 53.70m (1964), 57.64m (1965), 58.38m (1966), 61.48m (1967), 62.46m (1968), 64.20m (1969), 65.94m (1970), 69.56m (1971), 69.34m (1972), 67.48m (1973), 69.20m (1974), 72.38m (1975), 75.42m (1976), 76.50m (1977).

Another thing about Boris Zaichuk is his size: like Litvinov, he is comparatively small at 1.83/6'0" and 97kg/214lb. So can this be mere coincidence, or have the Russians come up with a new training techniques which favour smaller men? An answer is unlikely to materialise in a hurry, but the end to Boris' halcyon days did. First his world record was broken by Riehm (80.32m) in August, and then he flopped miserably in the European final — an event won by Yuriy Sedykh — finishing a lowly sixth with 75.62m. Riehm was held to a bronze by Steuk, who had earlier raised the world junior record to

78.14m.

Pre-Olympic 1979 saw the emergence to the top of Sergey Litvinov, 21 by this time and rock-steady, who finished No 1 on the world list and proved the undisputed world leader for the year. He threw 79.82m in the GDR v USSR match in Leipzig, with which he advanced to 3rd place on the world all-time list; won the gold in the Moscow Spartakiad with 77.08m; and was victorious in the Montreal World Cup (78.70m), beating Riehm (75.88m) and Steuk (74.82m). His only big-time defeat was in the European Cup Final in Turin, where Riehm (78.86m) beat him (76.90m).

A sub-lieutenant in the Red Army by this time, and married, Sergey did not only achieve impressive results, but also earned some ecstatic praise from top experts in the hammer trade with his smooth style and lightning-fast turns. Dr Anatoliy Bondarchuk (1972 Olympic champion), Sedykh's mentor, coach and surrogate father, tabbed him the most complete thrower of all times; Pat Connolly of the US simply referred to him as 'awesome'; and, perhaps more importantly in terms of his personal career, he also won the fullest confidence of USSR chief coach Nikolay Politiko, who let it be known tacitly that Sedykh and Litvinov were already assured of their Olympic spots, and only the third place remained in contention.

Sergey, who is a modest, quietly confident young man with something of an intellectual bent

BEN NEVIS RACE 1980

(Under S.A.A.A. Rules)

Up and Down 1,344 metres (4,418 ft) of Britain's Highest Mountain

**This year's Ben Nevis Race will be run on
SATURDAY, 6th SEPTEMBER, at 2.00 p.m.
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Entries are invited from individuals and teams. Entry forms and additional information may be obtained from the Secretary. **The CLOSING DATE will be Saturday, 26th July and late entries will NOT be accepted.**

The entry fees are £3.50 for individuals which includes a souvenir running bib, B.N.R.A. Certificate and insurance) and £2.50 for a team entry (separate form obtainable from the Secretary). All competitors who complete the race within 2½ hours will receive a Certificate.

All competitors will be notified of their running number during the week beginning 11th August. Please enclose a stamp for a reply.

N.B. It is only admissible to run ONCE as UNATTACHED.

**Entries to: Krysz Chmielewski, Secretary,
The Ben Nevis Association,
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**YURIY SEDYKH**

Aims to be the first hammer thrower to retain the Olympic title since Ireland's Pat O'Callaghan, winner in 1928 and 1932.

George Herringshaw

and a liking for the Russian literary classics 75.20m, just ahead of another great prospect, (Tolstoy, Dostoyevsky and Pushkin in particular, apparently), told the press in the autumn of 1979 that he expected 82m to be reached in Olympic year, but it might take another 15 years to reach 90m. "I hope to set up one or two world marks in the lower 80's myself", he added.

The Russians, determined to repeat the medal triple in Moscow, decided on a stricter-than-ever preparation for the 1980 Olympics. Thus last November, seven select throwers withdrew into the seclusion of a Black Sea training camp, led by national hammer coach Stanislav Voznyak, to spend much of the remaining months there. The seven, who have since been subjected to some uncompromising training spells interspersed with control tests and occasional trips to Leselidse, the Soviet's hammermen's prime competition site, are: Yuri Sedykh, 25; Sergey Litvinov, 22; Igor Nikulin, 20 (the reigning European junior champion); Boris Zaichuk, 32; Aleksey Malyukov, 30; and 1979 discoveries Juri Tamm, 20, and Pavel Repin, 26.

The likeliest 'Third Man' is young Igor Nikulin, son of Yuriy (4th in the 1964 Olympics),

who placed 15th on the 1979 world list with Tamm (75.18m). Father Yuriy started Igor on the sporting path at the age of 9, and though he has been in hammer training since 13 insisted on all-round ability all along. Igor improved first to 77.42m and then to 78.14m this February, and at the end of April he became the third man to surpass the 'dream barrier' with 80.02m in Leselidse in cold, rainy weather.

In the wake of Nikulin's breakthrough, Olympic title holder Sedykh broke Riehm's world record with a thumping 80.64m in Leselidse on May 16th after a spirited competition with Tamm, who also bettered the old record with 80.46m. Just eight days later, at Sochi, Litvinov captured the record with a prodigious throw of 81.66m. Clearly, the Russians are on the march, with five men over 80m this year!

© Ivan Berenyi, 1980

WORLD ALL-TIME LIST

81.66	Sergey Litvinov (USSR)	1980
80.64	Yuriy Sedykh (USSR)	1980
80.48	Boris Zaichuk (USSR)	1980
80.46	Juri Tamm (USSR)	1980
80.34	Igor Nikulin (USSR)	1980
80.32	Karl-Hans Riehm (Germany)	1978
79.30	Walter Schmidt (Germany)	1975
79.16	Manfred Huning (Germany)	1979
78.94	Detlef Gerstenberg (GDR)	1980
78.62	Aleksey Spiridonov (USSR)	1976

Marian AC of Ennis, Co. Clare, Republic of Ireland are anxious to make contact with any athlete whose parents or grandparents were born in County Clare. Also, they would welcome communication with any club who would be interested in an exchange visit. In both cases contact James Conlon, Marian AC, Gort Road, Ennis.

Southend-on-Sea AC officers: general secretary — Mrs. J. Dods, 93 Victoria Avenue, Southend-on-Sea, Essex (Tel: 49693); track & fixture sec. — A. Faulkner, 5 Eastern Road, Rayleigh, Essex; CC sec. — M. Seaman, 110 Yarnacott, Shoeburyness, Essex; walking sec. — R. Pearce, 59 Eastbury Avenue, Holt Farm Estate, Rochford, Essex; women's sec. — R. Fuller, 9 Clarence Road North, Benfleet, Essex.

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OSLO MEETING continued from page 7

line in 3:48.8 for an improvement of 0.2. Staggering to reflect that Roger Bannister's 3:59.4 would have left him 70m in arrears! As the electrical timing wasn't working, Ovett's time was manual, but that will not affect its ratification. The three digital watches recorded 3:48.63 (3:48.7), 3:48.79 (3:48.8), 3:48.81 (3:48.9). Some 35m behind, Cram (19) was timed in a personal best of 3:53.8, while Williamson — not at his best after illness and wearing borrowed kit — finished a gritty 3rd in 3:56.4. Graham may have lost his Olympic chance but we won't have heard the last of him this year.

That wasn't all the record breaking on an evening that will occupy an honoured place in British athletics history. Allan Wells showed Don Quarrie a clean pair of heels in the 200, setting a UK record of 20.35 in the process; and Joslyn Hoyte-Smith not only broke her own four-day UK 400 record but with a time of 50.88 she succeeded Marilyn Neufville as the Commonwealth fastest ever. Both were remarkable performances in view of the tight bends. Other highlights included an impressive Irish 3000m record of 7:37.6 by Eamonn Coghlan, who has yet to decide whether to go for the 1500 or 5000 in Moscow but will probably opt for the latter, and the world's fastest of the year of 8:40.3 in the women's event by Grete Waitz.

M.W.**Oslo Results**

100: (+2.1m) 1, Obeng (Ga) 10.47; 2, C. SHARP 10.54; 3, A. McMASTER 10.55; 4, Crawford (Tri) 10.57; 5, M. McFARLANE 10.61; 6, Brathwaite (Tri) 10.74; (B) T. HOYTE 10.68. **200:** (+0.2m) 1, A. WELLS 20.35 (**UK rec**); 2, Quarrie (Jam) 20.48; 3, Butler (US) 20.74; 4, Bradford (Jam) 20.77; 5, Melvin (US) 20.89. **400:** 1, Hassan (Sud) 45.90; 2, Hogan (US) 46.25; 3, Coombs (Tri) 46.39. **1000:** 1, S. COE 2:13.40 (**world rec**); 2, Wulbeck (Ger) 2:14.53 (rec); 3, Walker (NZ) 2:16.57 (rec); 4, Paez (Spa) 2:16.64 (rec); 5, Hamilton (Jam) 2:18.6; 6, Martin (US) 2:18.6; 7, G. COOK 2:19.7; 8, Rosendahl (Nor) 2:19.9; 9, S. CALDWELL 2:20.0. **1 mile:** 1, S. OVETT 3:48.8 (**world rec**; 3:32.7 at 1500); 2, S. CRAM 3:53.8 (3:37.2); 3, G. WILLIAMSON 3:56.4 (3:40.2); 4, Khalifa (Sud) 4:01.5 (3:43.3); 5, Hailu Ebba (Eth) 4:03.4; 6, Huseby (Nor) 4:06.4. **3000:** 1, Coghlan (RoI)

UK Records Broken By Allan Wells & Joslyn Hoyte-Smith

7:37.6 (rec); 2, Wessinghage (Ger) 7:38.9; 3, Bayi (Tan) 7:39.3; 4, Fitzsimmons (Aus) 7:57.3. **5000:** 1, Treacy (RoI) 13:28.2; 2, Seko (Jap) 13:30.9; 3, Ito (Jap) 13:34.6; 4, Tebroke (Hol) 13:34.9. **110H:** (+0.1m) 1, Nehemiah (US) 13.34; 2, Milburn (US) 13.62; 3, W. GREAVES 13.87; 4, Bryggare (Fin) 13.91; 5, M. HOLM 13.92. **400H:** 1, Moses (US) 49.10; 2, Phillips (US) 49.80; 3, King (US) 49.99; 4, G. OAKES 50.25. **PV:** 1, Porter (US) 5.45; 2, Hintnaus (US) 5.40; 3, Hall (US) 5.40; 4, B. HOOPER 5.30. **TJ:** 1, K. CONNOR 16.39; 2, Jordan (US) 16.03. **SP:** Pauletto (Can) 20.24. **DT:** 1, Wilkins (US) 67.06; 2, Hjeltne (Nor) 66.80; 3, Stadel (US) 61.96. **HT:** 1, Riehm (Ger) 77.12; 2, Olsen (Nor) 72.02; 3, C. BLACK 70.94. **JT:** 1, Paragi (Hun) 90.22; 2, D. OTTLEY 82.72; 3, Erling (Nor) 82.72; 4, Nemeth (Hun) 80.98; 5, O'Rourke (NZ) 80.14; 6, Grimnes (Nor) 78.18. **4x100:** Jamaica 39.36; UK disq. (**Women**) **100:** (+0.3m) 1, H. HUNTE 11.26; 2, B. GODDARD 11.36; 3, S. LANNAMAN 11.40; 4, A. LYNCH-SAUNDERS 11.74; 5, Hodges (Jam) 11.94. **200:** 1, K. SMALLWOOD 22.75; 2, Pusey (Jam) 23.00; 3, Boyd (Aus) 23.44. **400:** 1, J. HOYTE-SMITH 50.88 (**Commonwealth rec**); 2, Ottey (Jam) 52.49; 3, Robertson (NZ) 53.50. **800:** 1, Manning (US) 2:03.0; 2, Pujol (Spa) 2:03.1; 3, Van Nuffel (Bel) 2:03.3; 4, J. WHITE 2:03.9. **3000:** 1, Waitz (Nor) 8:40.3; 2, W. SMITH 8:59.8; 3, Nemetz (Swe) 9:01.0. **100H:** (nil) 1, L. BOOTHE 13.20; 2, Fredriksen (Nor) 13.59 (rec); 3, S. COLYEAR 13.62. **4x100:** 1, UK 43.3; 2, Jamaica 43.9.

ATHLETICS 1980

Edited by Ron Pickering
and Mel Watman

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SATURDAY, 8th NOVEMBER, 1980

Details in this magazine later.

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SOUTHERN CHAMPIONSHIPS

At Crystal Palace, July 5th

100: (—0.4m) 1, D. Thompson (Ex. B) 10.76; 2, M. McFarlane (Har) 10.83; 3, T. Hoyte (TVH) 10.85. **200:** (Nil): 1, Hoyte 21.00; 2, McFarlane 21.08; 3, M. Morris (Har) 21.13. **400:** 1, D. Laing (SLH) 47.7; 2, N. Kitchen (High) 47.7; 3, K. Blackburn (Wyc) 48.1. **800:** 1, R. Ashton (Poly) 1:49.6; 2, P. Browne (TVH) 1:49.9; 3, P. Lewis (S&E) 1:50.3. **1500:** 1, J. Espir (Shaft) 3:41.4; 2, C. Sly (Houn) 3:41.8; 3, G. Fell (Ex. B) 3:42.9. **5000:** 1, M. Scrutton (Ton) 13:56.7; 2, K. Penny (Camb. H) 13:58.3; 3, G. Grant (Camb. H) 14:06.6. **3000SC:** 1, R. Harris (Ox. C) 8:46.3; 2, J. Wilson (E&E) 8:47.5; 3, J. Bicourt (Bel) 8:53.7. **110H:** (+1.5m) 1, W. Greaves (Ilf) 13.99; 2, G. Oakes (Har) 14.35; 3, N. Gerrard (Met. P) 14.41. **400H:** 1, M. Whittingham (HHH) 51.89; 2, D. West (TVH) 52.22; 3, P. Atherton (Shaft) 52.79. **HJ:** 1, M. Naylor (Hill) 2.21; 2, R. Charles (QPH) 2.05; 3, C. Harris (TVH) 2.05. **PV:** 1, K. Stock (Croy) 5.10; 2, J. Gutteridge (WS&E) 4.80; 3, T. Anstiss (Houn) 4.60. **LJ:** 1, R. Mitchell (Enf) 7.75; 2, Thompson 7.37; 3, A. Udo (Shaft) 7.36. **TJ:** 1, F. Attah (Shaft) 15.53; 2, G. Gallagher (Ell) 14.75; 3, R. Cameron (QPH) 14.51. **SP:** 1, G. Capes (Enf) 20.97; 2, M. Winch (B'ht) 18.20; 3, R. Slaney (Ex. B) 17.29. **DT:** 1, Slaney 55.66; 2, Winch 53.82; 3, N. Thompson (Shaft) 48.96. **HT:** 1, P. Dickenson (Enf) 70.14;

2, M. Mileham (Har) 64.60; 3, R. James (WLHS) 61.46. **JT:** 1, P. Yates (Exe) 80.86; 2, J. Trower (B&H) 74.88; 3, B. Roberts (Har) 74.22.

UK 300m Best For Joslyn

Invitation Events

(Women): 300: 1, J. Hoyte-Smith 36.45; 2, M. Probert 36.60; 3, D. Hartley 37.60; 4, J. MacGregor 38.40; 5, H. Blake (Jam) 38.80. **3000:** 1, R. Smeeth (AF&D) 9:01.7; 2, K. Binns (Sale) 9:05.1; 3, B. Madigan (Brack) 9:09.4; 4, R. Joyce (Craw) 9:10.8; 5, P. Forse 9:11.7; 6, H. Hollick (Sale) 9:18.0; 7, S. Hutton (Brack) 9:21.8; 8, T. Bateman (Bir) 9:22.3; 9, D. Phillips (Croy) 9:24.8; 10, A. Roberts (Houn) 9:27.9; 11, A. Mason (Bir) 9:40.1; 12, J. Clarke (Sheff) 9:50.0. **400H:** 1, S. Dalgoutte (Mit) 58.81; 2, W. Griffiths (Ilf) 59.01; 3, C. Walkinshaw (Camb. H) 59.23; 4, M. Prendergast (Mx) 59.92; 5, S. Morley (Hick) 60.73.

(Detailed coverage next week)

BOYCOTTING NATIONS GET-TOGETHER

An international meeting featuring athletes from countries boycotting the Moscow Olympics (notably the USA, Germany, Kenya, China, Canada, Norway, and New Zealand), will be staged after all in Philadelphia on July 16th/17th.



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RON HILL SPORTS require a career minded runner to assist Mike Deegan with the continued expansion of the company.

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M. Deegan,
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P.O. Box 11,
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CHESHIRE.

KAZANKINA BREAKS WORLD RECORD

Double Olympic champion Tatyana Kazankina (USSR) smashed her own world 1500m record by a second with a time of 3:55.0 in Moscow last weekend, ahead of Lyubov Smolka (3:56.7) and Nadyezhda Olizaryenko (3:56.8). The 800m intermediate time was 2:07.0, and 1200m was reached by Kazankina after a scorching 61.2 third lap in 3:08.2. Other highlights of the Znamenskiy Memorial meeting included a 17.07m triple jump by Yevgeniy Anikin (with the immortal Viktor Saneyev 4th with 16.76m), a hammer victory for Juri Tamm (80.40m) over Sergey Litvinov (79.86) and Yuriy Sedykh (78.96), a world junior 200 record of 22.45 by Natalia Bochina, a 1:55.1 800 by Olga Mineyeva, and a 7.00m long jump for Tatyana Skatchko.

... ED MOSES TOO!

Ed Moses (USA) broke his 1977 world 400 hurdles record of 47.45 with a 47.13 mark in Milan on July 3rd, leaving Harald Schmid (Ger) far behind in 49.02.

EUROPEAN LONG JUMP MARK

Competing for the first time this season, following injury, Lutz Dombrowski (GDR) — subject of a feature article in next week's 'AW' — equalled the European long jump record of 8.45m in Dresden last weekend to establish himself as Olympic favourite.

OVETT EASES UP

Steve Ovett followed up his glorious mile record with a 1:48.2 800 win in windy conditions in Gothenburg on July 3rd and a gentle 8:24.6 3000 (dead-heating with Jim Espir) at Welwyn Garden City on July 6th. Other British placings in Gothenburg — 200: 3, M. Holtom 21.43; TJ: K. Connor 16.82; women's 1500: J. White 4:10.5, W. Smith 4:11.1; 100H: L. Boothe 13.17, S. Colyear 13.26.

19.6. Merksem (Bel). Women's 200: D. Hartley 23.94 (& 2nd in 100 — 11.5). 21.6. Graz (Aut). Women's 400: M. Probert 51.83; SP/DT: V. Head 16.63/51.22. 29.6. Copenhagen. HJ: Burgess 2.16. 4.7. The Hague. 5000: 4, D. James 13:34.0; 400H: 5, W. Hartley 50.87; women's 400: V. Elder 53.13; HJ: 2, L. Miller 1.85.

OLYMPIC TEAM ADDITIONS

Roger Mills has been selected for the 20km walk and Glen Cohen has been chosen to fill the vacancy in the individual 400m. Steve Cram completes the 1500m line-up; and having now achieved the qualifying standard Cameron Sharp and Drew McMaster run in the 100m. Heather Hunte has been chosen to stand down from the 200m, and Bev Goddard takes her place, while there is a possibility that Kathy Smallwood will withdraw from the 100m in order to concentrate on the 200m and relay.

YIFTER FOR 5000/10,000

Miruts Yifter, who recently improved his best 400 time to 48.0 (!), has confirmed that he will race the 5000 and 10,000 in Moscow. "It's a pity the 5000 and marathon are on the same day", he said. "I was ready for the marathon too" . . . Still to decide on his choice of events is Lasse Viren. He will definitely defend his 10,000 title, but he too might choose between the 5000 and marathon. In his first race since a leg injury three weeks earlier interrupted his training, Viren placed 3rd in the Finnish 5000 championship (13:45.1), behind Martti Vainio (13:40.2) and Kaarlo Maaninka (13:43.0) . . . Dogged by injury for the past year, another double Olympic champion Alberto Juantorena has to be considered a doubtful starter, although his coach still hopes that his man will be able to defend his 400m title at least . . . Fellow Cuban Silvio Leonard anticipates winning medals in all three of his events. "In the 100 I expect to be able to run between 10.05 and 10.10, and win".

BRITISH JUNIORS' VICTORY

UK winners in the Junior International at Grangemouth last Saturday, where the boys beat Germany 127-96 and the girls won 81-65: — 200: P. Brown 21.28w; 400: S. Heard 47.68, 800: P. Elliott 1:54.1; 1500: G. Taylor 3:59.4; 3000: P. Dixon 8:47.2; 5000: P. Tootell 15:08.0; 2000SC: P. Davies-Hale 5:51.1; 400H: R. Beattie 53.5; HJ: O. Cham 2.09; PV: W. Davey 4.50; TJ: J. Herbert 15.45w; JT: C. Mackenzie 70.68; Relays: 41.3/3:16.8; women's 100/200: L. Macdonald 11.4w/23.11w; 400: L. Keough 56.13; 800: K. Hughes 2:08.8; 1500: L. Macdougall 4:41.4; LJ: K. Glen 6.15w; DT: J. Avis 44.24; Relays: 45.9/3:46.1.

We have just been informed that at the Oxford City Open Meeting on March 29th ('AW' Apr. 26th), Karen Pugh actually threw the discus 33.78m, not 38.78m, as stated.

SOUTHAMPTON & EASTLEIGH A.C.

OPEN GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

TUESDAY, 22nd JULY, 1980

at the Sports Centre,
Bassett, Southampton

Approx. (pm)	7.00	7.30	8.00	8.30
Men:	S/J 100m, 1500m, 400m, 3,000m.			
	Y/B 100m, 1500m, 400m.			
Ladies:	S/I 100m, 1500m, 400m.			

Entry Fee: 30p per event.

To: M. E. F. Gray, 23 Broadwater Road, Southampton SO2 2DU, with 1980 best performance.

By Saturday, 19th July.

No Late, No Telephone, No On Day Entries.

Next Meetings: 3rd August, 14th September.



Mark Shearman photo

Appalling Blunders By Olympic Selectors

Dear Sir,

I have been waiting with bated breath for some informed commentary on the Olympic team selection. Perhaps everyone is happy just to have a team after all the propaganda for a boycott.

Letters

However I should like to bring to your attention the plight of a number of field event athletes who in my view have had a very bad deal. Several months ago I wrote to 'AW' expressing my doubts about the statement issued by the BAAB relating to Olympic selection. I felt then that it left the way open for a repetition of the 1976 fiasco. This in fact has happened. Out of a team of 67 athletes only 14 are in field events. It might be said that this merely reflects the standard of these events. However, close scrutiny shows this is not the case.

Judith Oakes, who has not been selected for the Olympics. "Why only one lady shot putter?" asks Mike Winch.

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**SATURDAY, 9th AUGUST, 1980, at 3 p.m.,
from COTHALL STADIUM, HENDON**

AWARDS: Southern — Trophy to winning team (3 to score). Medals to first 3 teams and first 3 Individuals. Shaftesbury — Prizes to first 15 Individuals and first 3 teams (3 to score). Trophy to winning team. First Veteran. First Under 21 on day to race.

ENTRY FEES: 40p Shaftesbury 10 only, 50p Shaftesbury and Southern.

ENTRIES CLOSE 30th JULY, 1980

ENTRIES TO: A. J. C. Kendall, 10 Squires Lane, London N3 2AT, (entry forms obtainable from above).

COURSE: 3 Laps — accepted for R.R.C. Standards.

L.B.H. competitors must enter the Shaftesbury 10.

S.A.E. please if acknowledgement of entry required and S.A.E. if full result sheet required.

There appears to be active discrimination against the field athletes. For example why should there be three steeplechasers, none of whom has achieved the BAAB standard, and only one pole vaulter? Why should we have two lady 100m hurdlers neither of whom has achieved the BAAB standard, and only one lady shot putter? Why should we take three marathon runners automatically and no one in the long jump and discus? These are only some of the glaring anomalies reflecting the apparent bias of the selecting committee.

As an athlete and coach it is very depressing to see years of training and effort cast aside in such an unthinking manner. It is about time that our new supposedly enlightened administration realised that athletics is not just track and track. I hope these comments will do more than jog the monolithic consciences of those responsible for what are in my opinion appalling selection blunders.

Mike Winch

THE RIGHT CANDIDATE

Dear Sir,

I was excited to hear that the AAA, who represent 60% of all athletes in this country, have nominated Bill Evans as candidate for Chairman of the British Board.

As proposer of the Resolution on the Amateur Rules, I have given evidence to the special Committee of which he is Chairman. I am sure that they will present to the next AGM a detailed and far-sighted plan for the future of athletics. Bill Evans is clearly the right candidate for Chairman and has the full confidence of his own Association, the Welsh AAA.

I hope as many clubs as possible will exercise their right to attend the AGM on August 24th. Although they cannot vote, their delegates can speak and I am asking David Shaw if he can provide an opportunity for a discussion on the future participation of athletics in the Olympic Games, as the Board will have to consider the advice it will tender to the IAAF on this matter.

Derek J. Cole,
St Leonards-on-Sea.

SCOTTISH ATHLETICS HISTORY

Dear Sir,

I am at present trying to gather together information in connection with an official centenary history of Scottish athletics and the S.A.A.A. (1883-1983) and should be grateful if you would permit me to use your columns to make a request for relevant information. I should be pleased to hear from any readers who may have in their possession any material which may be at all useful to my purpose, especially covering the years up to 1939. I am particularly keen to track down photographs of prominent Scottish

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athletes and Scottish championship meetings of those earlier days. Needless to say any material sent on will be carefully handled and any expenses incurred will be reimbursed in full.

John Keddie,
5 Frogmore Close
North Cheam
Surrey, SM3 9SB

MARATHON TRIAL DEVALUED

Dear Sir,

I believe the Olympic marathon selection procedure has totally undermined the concept of 'selection by trial' for a major championship. Two of the three entrants were selected by trial but the third was not, and this selection creates potential problems in the future regardless of what materialises at Moscow. If Bernie Ford beats Ian Thompson and Dave Black at Moscow my opinion would not be altered, even though as a Briton I would be delighted if Ford was successful.

To qualify this apparent contradiction, my criticism is not aimed at Ford but at the selection procedure. Thus, such criticism is not 'sour grapes' as a consequence of fellow Tipton Harrier Andy Holden's exclusion: though I believe Holden should have been included. In any previous Olympic year Holden would have done sufficient to book his trip, and though 'only' finishing third the quality of his run on that day was unquestionable.

Ford has been selected without trial. To the

best of my knowledge he had never been explicitly named as a member of the Olympic elite squad. Ford has not won a marathon. I fail to see the justification for the preferential treatment granted to Ford and my opinion is he should have been forced to run the trial if he wished to be considered for Olympic selection. Ford cannot be blamed for being absent from the trial; it was the fault of the selectors. Obviously any rational person who knows he will be selected without trial would be foolish to run in such a trial — and risk defeat.

I believe this precedent will have unfortunate future consequences. The implications are: (1) A single world-class performance will suffice to justify selection for a championship marathon; (2) Selection can be based on performance in a non-pressure event where most of your major competitors are absent; (3) The single world-class performance can be produced 8-9 months prior to a championship and pre-selection will be granted provided confrontation with other main contenders is avoided in the intervening period; (4) You need never win a marathon to gain the right to compete, without trial, in a major championship.

For future championships, the trial concept seems to have been devalued. It now seems rational for top marathoners to seek fast flat marathon courses where they can be assured on past performances of a quick time.

Tony Milovsorov,
Tipton Harriers.

SCOTTISH UNDER 20 CHAMPS

At Meadowbank, June 29th

(Juniors): 100: M. Learmonth (EAC) 10.75. 200: 1, Learmonth 21.60; 2, G. McCallum (Cen. R) 21.82; 3, P. Hutton (Furn) 22.16; 4, A. McDonald (Ayr) 22.40. 400: I. Cuthbertson (Pit) 49.28. 800: 1, C. McGeorge (Cock) 1:49.3; 2, S. McKenzie (VP) 1:54.9. 1500: McGeorge 3:55.3. 110H: 1, McCallum 14.88; 2, A. Erskine (Cen. R) 14.92; 3, J. Wallace (Fife S) 15.09. 400H: Wallace 56.0. HJ: T. Smith (Caith) 2.00. PV: 1, D. Hamilton (ESH) 4.25; 2, C. Faulder (Bord) 3.60. DT: P. Mardle (EAC) 53.02. (Youths): 100: A. McAvoy (Carl) 11.2. 200: 1, S. Gold (Ayr) 22.52; 2, N. Burns (EAC) 22.59; 3, McAvoy 22.66. 400: T. McKean (CV) 50.64. 800: 1, S. Paton (Bella) 1:55.4; 2, McKean 1:56.2; 3, J. Lowis (Fife S) 1:58.2; 4, A. Henderson (Tay) 1:58.5. 1500: S. McPherson (S'burn) 4:02.6. 100H: N. Fraser (I'ness) 14.2. (Snr. Boys): 100: 1, P. Durham (I'ness) 11.37; 2, J. Burt (Cen. R) 11.53. 200: 1, Durham 23.15; 2, Burt 23.45. 400: 1, G. Gray (Vol) 51.93; 2, S. Rowan (Law) 52.59; 3, J. Ferguson (Fife S) 53.81; 4, S. Malcolm (ESH) 53.93. 800: 1, A. Currie (Dumb) 1:59.1; 2, Rowan 2:01.6; 3, S. Bradley (S'burn) 2:02.6. 1500: 1, D. Russell (Law) 4:07.4; 2, A. Currie (Dumb) 4:08.3; 3, M. Connor (Shett)

4:11.1; 4, T. Ritchie (Fife S) 4:14.1; 5, M. Wallace (Liv) 4:15.8; 6, P. McManus (CV) 4:19.9. HJ: G. Moffat (Fife S) 1.75. LJ: 1, P. Durham (I'ness) 6.06; 2, G. Irvine (E. Kil) 5.93. SP: 1, G. Irvine (E. Kil) 15.23; 2, N. Skinner (Elg) 14.69; 3, D. Fenwick (Fife S) 14.37. DT: Fenwick 44.52.

EDITORIAL ASSISTANT

A vacancy occurs for a trainee sports journalist to work under the supervision of Mel Watman and Barry Trowbridge, in the new 'Athletics Weekly' offices at Rochester. Preferably aged 17-21, with minimum of 'O' level English and Maths. Real interest in athletics essential and with aptitude for figures.

Excellent progressive salary offered to the right person. Required to start Sept/Oct 1980. Essential that successful applicant lives in Medway Towns or within easy reach.

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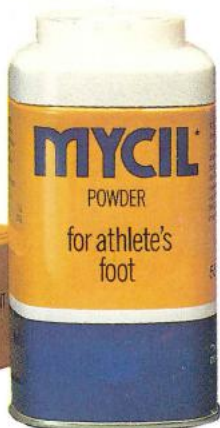


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