

Athletics WEEKLY

Jan. 7th, 1961

9^D

Vol. 15. No. 1



JOY JORDAN (Spartan) and ANN SMITH (Mitcham)
lead Surrey C.C. field

BRITISH JUNIOR "TOP 30"

(continued)

**A Great Partnership—
IOLANDA BALAS
AND ION SOETER**
by Melvyn Watman

Morpeth-Newcastle Race • Shrewsbury Road Race

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

WALKING

By A. D. McSweeney

THIS year will see the first I.A.A.F. International Walking Competition with Walks at 20km. and 50km. European entries will be divided first into zones and zone winners will qualify for the Final to be held at Lugano, Switzerland, on October 15th, 1961. Entrants from outside Europe will pass direct into the Final. Three walkers for each event per country will compete and the winning countries — not the individual walkers — will qualify for the Final. This means that, after Zone contests, the composition of the teams for the Final can be changed if deemed necessary. Result to be decided upon a Team basis.

Lugano is a very popular holiday resort with some wonderful scenery and there may be enthusiasm for making up a party to support our walkers (this is assuming we reach the Final, and a not unreasonable assumption). If a party of a minimum number of twenty is made up the cost will be approximately £25 per head with three days in Lugano.

The party would leave London on Friday, Oct. 13th, arrive Lugano 14th mid-day, competition on 15th, leave Lugano on the evening of the 16th, arrive in London on 17th. Cost would include second-class boat and train travel, seat and couchette reservations in both directions and Dinner and Breakfast coupons for both journeys. Accommodation would be at a medium-class Hotel in the town with full board. Would anyone interested contact Mr. L. W. WOODCOCK (the R.W.A. Gen. Hon. Sec.), 191 Amesbury Avenue, Streatham, S.W.2.

A further suggestion — and one which would appeal to active men in the party not chosen for the International competition — is that a Match be arranged between the local Club and an R.W.A. team, probably at 20km.

This Saturday. Essex Beagles Open Youth-Junior & Boys' events, Chigwell Row, 3 p.m. Vauxhall Motors v. Stock Exchange 7m. Luton.

The Centurions have a Match v. the Met. Police in the 7 Miles Open race at Imber Court on Jan. 14th.

December 25th

Walton A.C. 5½M. 1, D. H. Hill 48.47; 2, C. Kefford 50.07; 3, D. W. Young 50.11.

Worcester H. 7M. 1, A. Poole 56.33; 2, R. Cooper 59.40; 2, M. Pugh 60.08.

December 26th

Brighton A.C. Open 6M. 1, J. Godbeer (Cambridge H.) 46.13; 2, D. C. Read (Steyning) 46.16; 3, B. Russell (Gosport) 47.45. Team: Cambridge H. **Junior 3M.** 1, L. Illingworth (Cambridge) 26.33.

Leicester W.C. 5½M. 1, J. Rawlings 45.25;

2, P. Markham 45.46; 3, B. Kibble 46.19.

Sheffield U.H. 7M. Handicap. 1, J. Wilson (16m.) 51.30; 2, J. Englert (8.15) 52.31; 3, J. Eddershaw (8m.) 52.40. 1st Jun.: B. Slinn.

Surrey W.C. 6M. Handicap. 1, M. Y. Horton (10.15) 45.50; 2, C. C. Harding (6.20) 46.25; 3, M. Fullager (scr.) 46.31.

Yorkshire W.C. 5½M. 1, F. Wheeler 49.41; 2, H. Holmes 49.57; 3, J. Barraclough 50.22. Handicap: F. Wheeler.

December 31st

Polytechnic H. Inter-Club 7M. 1, R. Clark (Poly) 51.10; 2, J. Godbeer (Cambridge) 53.05; 3, D. J. Thompson (Met.) 53.29. Teams: 1, Met. 55; 2, Poly. 80; 3, Cambridge 85.

Woodford Grn. Inter-Club 7M. 1, R. Gilham 55.35; 2, R. Davies 58.12; 3, J. Thomas 58.47 (all Woodford). Teams: 1, Woodford 6; 2, Essex B. 15.

NOS GALAN RACES

The Nos Galan Races on New Year's Eve attracted large crowds and the events, particularly the 4 miles, a large entry. Peter Radford won the 100 yards in 9.8 from David Jones 9.9, with Ron Jones 3rd in 10.2 and Huw Jones 4th. Derek Ibbotson, who was also the mystery runner, won the mile over the newly measured course in 4:16.8 from Norman Horrell 4:18.0 and Frank Salvat 4:20.0.

The main event, the 4 miles, went to Martin Hyman in the new record time of 18min. 33sec. Tim Briault led the large field until Bruce Tulloh took over and led until he took a wrong turning which cost him some 50 yards and almost certainly a place in the first three. Hyman then went in front and eventually won by some 20 yards from Stan Eldon with Eddie Strong third. Result: 1, M. Hyman (Ports) 18.33 (rec.); 2, S. E. Eldon (Windsor) 18.37; 3, E. Strong (Bristol) 18.41; 4, N. Horrell (Roath) 18.47; 5, M. B. S. Tulloh (Ports) 18.52; 6, J. Merriman (Watford) 18.54; 7, C. Plumptre (Ports); 8, D. Cooke (Ports); 9, D. J. P. Richards; 10, T. Briault (Ports); 11, Barlow (Wallasey); 12, J. Cooke (Ports); 13, D. Turner (Camb. U.); 14, J. Cooke (Ports); 15, Dowall (Godiva); 16, E. Caiger (Herc.); 17, E. Ellis (TVH); 18, McGinn (Liv'l); 19, F. Salvat (Finchley); 20, Whittle (Tipton). Teams: 1, Portsmouth 13 pts.; 2, Godiva 59; 3, Bristol 67. Welsh Teams: 1, Roath 94 pts.; 2, Gilwern 184; 3, Roath "B" 218.

County Championship Secretaries are requested to forward their results to arrive first post Monday for inclusion next week — first 20 seniors, 15 juniors, youths and boys, with 6 teams in each case.

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Cover photo by E. D. Lacey

EVERY SATURDAY—NINEPENCE

COUNTY DAY

COUNTY Championship Day is with us again and we should see some intriguing tussles this year between some of the old hands and the up and coming. Most of the champions will be defending their titles, but a number will almost certainly be deposed.

WE have been advised officially that there will be no normal hotel accommodation whatever for visitors to the European Championships in Belgrade in 1962. All such accommodation has been taken over for officials and the press.

Having "got in" early, we shall be able to get the best of the available accommodation and have already been offered 2 and 3 bed accommodation in the "student town." We shall decide whether to accept this or whether to take hotel accommodation outside Belgrade, with coaches bringing us in to the capital whenever desired—an alternative suggestion from official quarters—when we have inspected the first named. In Stockholm we found such accommodation excellent, well up to really good hotel standard, but it is doubtful whether a similar standard prevails in Yugoslavia. Our agents will make their decision soon, so members booking through the A.W. Party can rest assured that we shall have the best possible accommodation available to visitors for the Championships. Should the cost be less than that allowed for, a refund would be made, but further details will be given when known. Those likely to be going are advised to register early, thereby giving us some idea of numbers. Latecomers might not be able to obtain such good accommodation, though we shall book a little extra to allow for this.

Our programme for 1961 includes more Questionnaire features, with many overseas athletes and their training included, articles on medical and physiological aspects of training and racing, deep best performer lists for all age groups and both sexes, full coverage of all major track and field meetings, road races and relays, and the cross-country championships—with, as usual, the National C.C. Championship results in full, every man and every team—Overseas News, official notes of the various associations, details of courses and other events as well as a comprehensive fixture list. Remember, you cannot keep really up to date and be in touch with all that is going on in athletics without *Athletics Weekly*. For the time being at least we are continuing our special offer of a reduced subscription of 37s. 6d., instead of 47s. 8d., for home subscribers only—and H.M. Forces abroad.

THE EDITOR

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers.

SAO PAULO SELECTION

Dear Sir,

I feel D. Broadbent is wrong in suggesting that Gordon Pirie was wrongly selected by the B.A.A.B. to compete in Sao Paulo, and that a younger international be selected in his place. Surely by sending Gordon the Board have given him one of the few honours left for him to obtain. Pirie has probably done more to inspire young athletes than any other athlete since the war and it seems only fitting that, in this late stage of his great track career, he be permitted to compete in a race that, so far, he has not attempted.

Yours sincerely,

John Bale

RUUDI TOOMSALU

Dear Sir,

I found the article on the training and technique of Soviet triple jumpers in this week's "A.W." particularly interesting.

It may be of interest to mention some facts about the author, Ruudi (not Ruddi) Toomsalu. He topped the Estonian national lists in 100, 200 and 400m. and the long jump several times in the period 1933-39. His best mark—24'4"—was made at none other than London's White City on 2nd August, 1937. He finished 5th in the 1938 European Championships with 23'9½".

It is interesting to compare the breakdown of Schmidt's world record (55'10½") with previous efforts: 18'8", 16'5½", 20'8½", Einarsson, who tied Fyedosyev at second on the all-time list, achieved his 54'9½" with 19'10½", 16'5½", 18'5½".

Yours sincerely,

A. Huxtable

WIND ASSISTANCE

Dear Sir,

With reference to M. Elliott's letter on Wind assistance being increased (A.W. Dec. 24th), I disagree.

Surely if the wind is increased to the speed of the runner i.e. 9 metres/sec., then we will have to bring in another variable to our result sheets, namely wind speed, positive or negative.

For the speed of Runner X over 100 yds. being 10 secs., then on average he will run 10.1 secs. whilst running into a 2.4 M/S head wind and 9.9 secs. whilst running with

it, i.e. .2 secs. difference for a variation in wind speed of 4.8 M/S, therefore for a 9 M/S following wind X will run 100 yds. in 9.6 secs.

Now X running 100 yds. between 10.1—9.9 we can expect, but running between 10.1—9.6 we will want to know the speed and direction of the wind for a fair comparison with other athletes and standard times.

This case, you will agree, is very liberal as it gives a 4½% increase in performance, whereas Alix Jameson has an increase of 5½% in the Long Jump from 18ft. 0ins. to 18ft. 11½ins. W/Assisted (see same issue A.W.).

Yours sincerely,

J. Rowe

PIRIE 38th

Suarez (Argentine) won the Sao Paulo "Round the Houses" race which starts in the old and finishes in the new year. Gordon Pirie, who said afterwards that he lost a good deal of ground at the start because of a false start, was well up for half the distance, but then gradually dropped back to finish 38th, last of the overseas entrants. 1, O. Suarez (Arg.) 22:02.1; 2, H. Grodotzki (Germ.) 22:21.9; 3, E. Allonsius (Belg) 22:27.9.

CUP FOR BERYL RANDLE

After a vote, the Midland Women's A.A.A. decided to award their Best Performer Cup for the past year to Mrs. Beryl Randle, who lost her amateur status when she took part in the Billy Butlin Walk. Mrs. Randle will not hold the cup, but her name will be engraved on it and she will receive the medal which goes with the award.

MIDLAND WOMEN'S SENIOR ROAD WALK

Joan Wallis (Harborne) soon took the lead and went steadily away to win easily. Harborne were hard pressed by Birchfield but won the team race by one point.

1. J. Wallis (Harborne)	36.16
2. M. Eyre (Birchfield)	37.07
3. N. Ashby (Birchfield)	37.21
4. A. Hackett (Harborne)	38.09;
5. M. Billingsley (Harborne)	38.10;
6. N. Blain (Birch.)	38.29;
7. N. Loins (S. Heath)	38.38;
8. B. Harding (S. Heath)	39.28;
9.	

(Continued on page 9)

BRITISH JUNIOR "TOP 30"—cont.

(Athletes born in 1941 or later)

Compiled for the N.U.T.S. by Bob Sparks

The compilers would greatly appreciate notification of errors and omissions; in addition, athletes who are not included but who have achieved the standards noted after each event heading are asked to send full details (i.e. result, position, meeting, place and date, full Christian names, date of birth and club/school) for inclusion in the final lists.

Correspondence should be addressed to:—

BOB SPARKS, 6 GARDEN WALK, STEVENAGE, HERTS.

Note: Y—Youth (born 1943 or 1944).

*—Full Christian names and date of birth required.

†—Senior by A.A.A. and Schools' A.A. rules.

1500 METRES STEEPLECHASE (4m. 50s.)			15.6	Winston Craggs (A.A.S., Harrogate)	8/7
4m 12.6	Colin Grant (Hayes & H.)	21/9	15.6 Y	Paul Booth (Woodford G.)	/7
4m 14.5	Guy King (Essex B.)	21/9	15.7	*Barry Finemore (Devonport)	12/7
4m 17.0	Clifford Redman (Watford)	21/9	15.7	*Alan Evans-Jones (Ysgol S.F.)	16/7
4m 18.1	Anthony Williams (Millfield)	13/8	15.7	John Loney (M/c G.S./C.U.A.C.)	15/11
4m 18.4	Gerald Stevens (Reading)	21/9	15.8	*K. Illsley (Derby & Co.)	2/7
4m 19.1	James Catto (Thurrock)	2/7	15.8	Colin Davey (Devonport)	12/7
4m 20.1	Anthony Maxwell (W'ford G.)	23/7	15.8	*M. Snow (Hurstpierpoint)	12/7
4m 22.2	Alastair Gray (Southgate)	23/7	15.8	Barry Williamson (Wymondham)	30/7
4m 24.7	Ronald Howe (Wadham)	13/8	15.8	John Clarke (Coleridge A.C.)	30/7
4m 27.2	Brian Brind (Hercules)	13/8	3'6" HURDLES (16.5)		
4m 28.6	Roger Simons (Shaftesbury)	4/5	15.7	John Loney (M/c G.S./C.U.A.C.)	15/11
4m 30.5	John Jackson (Newcastle/L.)	13/8	15.9	†Geoffrey Holt (Woodford G.)	30/4
4m 30.5 Y	John Reynolds (Hercules)	13/8	15.9	Michael Hobday (Ratcliffe C.)	25/6
4m 31.0	Trevor Charles (Shaftesbury)	25/6	15.9	Leslie Metcalfe (Washington)	6/7
4m 31.5 Y	Michael Dunphy (Hercules)	22/6	16.1	Alan Evans-Jones (Ysgol S.F.)	25/10
4m 31.9	George Tunnell (Millfield)	2/7	16.2	George Tymms (Surrey A.C.)	22/5
4m 32.0	*A. Knights (Southall)	25/6	200 YARDS HURDLES (25.0)		
4m 33.2 Y	*John Halliday (Hercules)	30/6	22.8	Francis Dick (R.H.S., Edinburgh)	23/7
4m 33.5	*L. Turnbull (Benwell)	25/6	22.8	Norman Patterson (Boro'muir)	23/7
4m 33.6 Y	Graham Robinson (S'hampton)	14/5	23.2	Barry Williamson (Wymondham)	23/7
4m 33.6	*W. Gibson (A.A.S., Chepstow)	2/7	23.3	David Pavitt (Surrey A.C.)	2/7
4m 35.1	Peter Baker (Walton)	22/6	23.4	Roger Fitzgerald (T.V.H.)	23/7
4m 35.5	Anthony Davies (N'castle/L.)	25/6	23.5	Malcolm Wenborn (Castlemount)	28/5
4m 35.8	Roger Carter (Rochdale)	23/7	23.5	*J. Lively (Northumberland)	23/7
4m 36.0	David Bignell (Windsor)	24/5	23.6	Gordon Alston (Cambs. H.)	28/5
3000 METRES STEEPLECHASE (10m. 20s.)			23.6	*D. Waite (Leeds)	25/6
9m 41.0	Gerald Stevens (Reading)	6/7	23.6	Terence Edwards (Eton Manor)	2/7
10m 14.0	John Lunn (Leeds)	7/6	23.6	*Alan Evans-Jones (Ysgol S.F.)	9/7
120 YARDS HURDLES (16.2)			23.8	*T. Davies (Doncaster)	25/6
14.7	Leslie Metcalfe (Washington)	23/7	23.8 Y	Richard Letford (Farnboro')	23/7
14.8	*Stephen Storey (Spalding G.S.)	23/7	23.9	*M. Smith (Dorking)	18/6
15.1	Robert Stevens (Slough G.S.)	23/7	23.9	*G. James (Birchfield)	2/7
15.2	John Elliott (Newcastle/L.)	14/5	23.9	*D. Prout (Cornwall)	23/7
15.2	Dermot Morris (Methodist C.)	4/6	24.0	Howard Addington (O. Eliz.)	18/5
15.2 Y	John Hogan (Winchester)	2/7	24.0	*R. Steele (Shawlands Acad.)	15/6
15.2	*T. Leigh (Lancs)	23/7	24.1	Hedley Hall (Blackheath)	28/5
15.3	John Lloyd (Holywell G.S.)	28/5	24.1	*H. Begg (Glasgow H.S.)	15/6
15.3	*C. Soames (Wellington C.)	16/7	24.1	John Elliott (Newcastle/L.)	2/7
15.4	Jeffrey Khanna (The King's S.)	19/3	24.1	David Byrne (Ruislip-N.)	21/9
15.4	Hedley Hall (Blackheath)	23/5	24.2	Malcolm Eagles	25/6
15.4	†Michael Read (R. Masonic S.)	4/6	24.2	*B. Salaman (Bucks.)	23/7
15.4	George Tymms (Surrey A.C.)	2/7	24.4	*A. Roberts (Bristol Cath'l S.)	19/5
15.5	Malcolm Wenborn (Castlemount)	11/5	24.4	*R. Harvey (Neath G.S.)	11/6
15.5	John Axworthy (Devonport)	28/5	24.4 Y	Andrew Leach (Aberdeen)	18/6
15.6	Michael Hobday (Ratcliffe C.)	2/7	24.4 Y	John King (Croydon)	2/7
15.6	*R. Truscott (Ardingly C.)	2/7			

220 YARDS HURDLES (28.0)		
25.0	Peter Warden (Airedale)	7/5
26.4	†Geoffrey Holt (Woodford G.)	28/5
27.3	Terence Edwards (Eton Manor)	18/6
27.5	E. Evans-Jones (Ysgol SF/CUAC)	26/10

440 YARDS HURDLES (60.0)		
56.6	Peter Warden (Airedale)	28/5
57.1	†Geoffrey Holt (Woodford G.)	2/8
57.3	Roger Fitzgerald (T.V.H.)	28/5
57.3	Y John Harmes (Hove)	23/8
59.1	*John Barry (Brighton)	23/8

HIGH JUMP (5'8")		
6'5"	Alexander Davies (Hampstead)	30/4
6'4"	Robert Russell (T.V.H.)	11/6
6'1" (i)	Richard Morris (Walton)	17/12
6'0"	Robert Kirtley (Kingswood S.)	22/4
6'0"	Ronald Glazsher (Devonport)	30/6
6'0"	*Peter Wilson (Brighton)	2/7
6'0"	John Lister (Birchgrove)	17/9
5'11½"	Terence Curran (Ipswich)	30/4
5'11½"	*John Whetton (Dover G.S.)	25/6
5'11"	†Michael Holliday (Windsor)	21/5
5'11"	William Brown (Q.E.G.S., Bar.)	4/6
5'11"	Y David Newman (Epsom & E.)	18/6
5'11"	*I. Meadows (A.A.S., Chepstow)	2/7
5'10½"	Y*P. Forster (Gateshead)	24/5
5'10"	*R. Barson (Windsor & E.)	21/5
5'10"	Geoffrey Herbert (Surrey A.C.)	14/5
5'10"	John Cheeseman (Blackheath)	28/5
5'10"	Robert Harker (Blackheath)	28/5
5'10"	Y Stuart Cornie (Devonport)	3/6
5'10"	Dermot Morris (Methodist C.)	2/7
5'10"	*Leon Henry (R.A.F.)	20/7
5'10"	Roger Fitzwater (T.V.G.S.)	22/7
5'10"	*D. Gratton (Derby)	22/7
5'10"	B*Dennis Lade (Bexhill G.S.)	30/7
5'9½"	*C. Edwards (Brighton C.)	20/3
5'9½"	Y*P. Wishlade (Durham)	18/6
5'9½"	Y Michael Vickers (Blackpool)	18/6
5'9"	16 athletes	

B—Boy (b. 1945 or 1946).

(i)—indoors; Morris jumped 6'0" outdoors (28/5).

Exhibition jump

6'1½"	Y David Newman (Epsom & E.)	30/7
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POLE VAULT (10'3")		
13'3"	Jonathan Hutton (Poole G.S.)	23/7
13'0"	David Stevenson (Edin. Univ.)	13/8
12'0"	†Frederick Parsons (Hercules)	25/5
12'0"	Y Martin Higdon (Hercules)	19/6
11'9"	John Evans (Maes-y-dderwen)	2/7
11'9"	*D. W. Hughes (AAS Chepstow)	23/7
11'6½"	*G. Gibbs (Bridgend)	6/6
11'6"	Dallas Dodge (Unattached)	10/9
11'3"	*Brian Dixon (Sir T. Rich's S.)	22/4
11'3"	Y Richard Butt (Sir T. Rich's S.)	18/6
11'3"	D. M. Hughes (A.A.S. Chepstow)	9/7
11'3"	Y Ronald Warner (Hayes & H.)	22/7
11'1½"	Peter Shorland (Brighton)	28/5
11'0"	Y Trevor Burton (C. of Stoke)	14/5
11'0"	Roy Theacker (A.A.S. Har'gate)	7/6
11'0"	*John Uzill (Bargoed G.S.)	11/6
11'0"	*John Howe (Roath H.)	18/6

11'0"	*C. Keegan (St. Bede's C.)	18/6
11'0"	Alan Mackie (Ilford)	18/6
11'0"	Doug. McCracken (RHS, Edin.)	18/6
11'0"	F. Hewit (Army)	30/6
10'10½"	*K. Freeman (Durham)	18/6
10'10"	*Andrew Fisher (Brighton)	28/5
10'9"	William Bloomfield (Dover)	22/4
10'9"	*M. Sutton (Gorleston F.C.S.)	9/7
10'9"	*J. Verity (Leeds)	16/7
10'9"	Y*A. Davenport (St. Edward's C.)	16/7
10'9"	Y*Ian Morphey (Robertsbridge)	22/7
10'9"	Y Malcolm Elcock (Hounslow C.)	7
10'7"	Y Victor Turner (Castlemount)	11/5
10'7"	B D. Rutty (Essex)	22/7

LONG JUMP (21'0")		
23'8½"	Lewis Birchall (Horwich RMI)	22/7
23'4½"	Alexander Davies (Hampstead)	29/5
23'1"	Roger Slaughter (Bedford)	21/6
22'10½"	*Bleddyn Williams (Llanrwst)	16/7
22'8"	Ronald Neale (Westcliffe)	22/7
22'8"	*Michael Early (Rotherham)	
22'7½"	Anthony Endean (Falmouth)	25/6
22'7"	Y Eric Wood (C. of Rochester)	11/6
22'6"	*P. Read (Wandsworth)	22/7
22'5½"	Terry Davies (Carmarthen)	28/5
22'3½"	Sir Ivone Kirkpatrick (Well.)	16/7
22'3½"	David Stephens (S. John's C.)	9/7
22'1½"	†Graham Plows (U.L.A.C.)	30/4
22'1½"	Y Anthony Tymms (Surrey A.C.)	2/7
22'1½"	*R. Cooper (Lutterworth)	22/7
22'1"	Richard Seeley (Brighton)	30/7
22'0½"	Norman Patterson (Boro'muir)	26/5
22'0"	*J. Harrison (Sir J. Deane)	5
22'0"	*P. Leggett (Windsor S., Hamm)	6
21'11½"	Michael Smith (Brighton)	28/5
21'11"	Y John Blaydon (Hercules)	25/6
21'9½"	David Percival (Coleridge)	28/5
21'8½"	*Barry Finemore (Devonport)	28/5
21'8½"	Robert Ashley (Dorking)	18/6
21'7½"	*R. Lewis (Hurstpierpoint)	12/7
21'7½"	Y*Geoffrey Beales (Border)	6/8
21'7½"	Y John Harmes (Hove)	27/8
21'7"	Paul Waterson (Shene)	18/6
21'6"	Dermot Morris (Methodist C.)	4/6
21'5½"	*J. Balderstone (Well. G.S.)	22/7

Wind assisted

22'10½"	Brent Rogers (Eastbourne R.)	4/6
22'7"	Arthur Gibbons (Cams. H.)	25/6
22'5½"	Michael Whiteside (T.V.H.)	13/7
22'3½"	Robert Fitzwater (T.V.G.S.)	13/7
21'11½"	Y Peter Kenwright (Orange Hill)	13/7

TRIPLE JUMP (42'0")		
48'6½"	David Stephens (St. John's C.)	11/6
47'9½"	Roger Slaughter (Bedford)	23/7
47'5½"	*Bleddyn Williams (Llanrwst)	16/7
46'0½"	Alexander Davies (Hampstead)	21/5
45'10½"	†Michael Holliday (Windsor)	28/5
45'5½"	Ronald Glazsher (Devonport)	1/6
45'3½"	Y Anthony Tymms (Surrey)	11/12
45'2½"	John Simpson (Woodford Gr.)	22/7
44'9½"	Peter Williams (Maesteg)	16/7
44'8"	*G. Evans (Connah's Quay)	2/7
44'6"	Timothy Oke (Ld. Wandsworth)	2/5

A. McIlroy (Thurrock)
wins the 60 yards at the
Southern A.A.A. Indoor
Meeting at R.A.F. Stan-
more from O. Young
(Portsmouth).



Gerry Cranham

44'5½"	Michael Whiteside (T.V.H.)	21/5	49'5½"	Y Vladimir Bohata (Q.P.H.)	4/5
44'4½"	*W. Aderle (Leighton Pk.)	16/7	49'4½"	William Tancred (Ipswich)	27/8
44'3"	*John Mantle (Bedwellty)	25/5	49'2½"	*R. Williams (Purley)	18/6
44'2½"	*David Turley (Bexhill)	18/6	49'0½"	Anthony Clarkson (St. Georges)	28/5
44'2½"	*Peter Fleming (Larbert)	6/8	48'9½"	Alan Forbes (Shaftesbury)	27/8
44'2½"	Y Nigel Green (St. Julian's)	16/9	48'8"	Michael Powell (Sale)	19/7
44'2½"	Y*Richard Hill (Belfast)	6/8	48'4½"	Leslie Mungeam (AAS A'field)	28/5
44'1½"	*P. Hingley (Wolverhampton)	14/5	48'3"	Michael Efford (QEGS B'sley)	23/7
44'0½"	Lewis Birchall (Horwich R.M.I.)	14/5	48'1½"	Robert Bryce (Dundee)	25/6
44'0½"	Peter Capelin (Poly.)	2/7	48'1"	William Foster (Kent)	28/5
44'0"	Y*Ian Alexander (Hitchin)	/6	47'11½"	David Messham (Billingham)	23/7
43'11½"	Richard Andrews (L.A.C.)	14/7	47'11½"	*C. Crabbe (Ampleforth)	22/4
43'11"	*Peter Heathfield (Letchworth)	/6	47'8½"	Norman Taylor (Cambs. H.)	28/5
43'9½"	Michael Turvey (H.H.H.)	22/4	47'1"	John Gerry (Reading)	1/6
43'7½"	*Appr. Ainsley (Brit. R.N.C.)	20/7	47'0"	Y Roger Preston (Cornwall T.C.)	18/6
43'7"	Anthony Rice (Epsom & E.)	18/6			
43'6"	*P. Heaton (Sir J. Deane's S.)	23/7			
43'5½"	*A. Smith (Wymondham)	4/6	49'3½"	SHOT (16lb.) (42'0")	
43'5½"	Y Christopher Cook (Westbury)	2/7	48'11½"	Michael Burgin (Pocklington)	27/7
43'4"	Y*Tony Bigham (Merthyr)	11/6	47'8½"	Michael Bellingham (Camb H.)	10/8
43'3½"	Anthony Hoffman (Coventry G)	28/5	46'10½"	Jim Todd (Lincoln)	9/7
43'2½"	*A. Jones (Pwlheli)	11/6	46'8"	†Ian Rioch (Coleridge)	25/6
				John Cresswell (Southampton)	4/6
Wind assisted					
44'3"	Michael Fooks (Wimbledon)	28/5			
	SHOT (12lb.) (45'0")				
58'2½"	Jim Todd (Lincoln)	25/6	177'1"	Michael Bellingham (Camb H)	28/5
57'4"	Michael Bellingham (Cambs H.)	27/7	175'7"	Reginald Reid (Gravesend)	28/5
56'1½"	Michael Burgin (Pocklington)	16/7	165'10"	John Gerry (Reading)	11/6
53'8"	Walter Chandler (Reading)	/7	165'9½"	Y Peter Nimmo (T.V.G.S.)	9/6
52'4½"	Y Alex. Sutherland (Golspie)	26/8	164'6"	Arthur Griffin (L.A.C.)	26/7
51'10"	Y David Bunce (Brighton)	3/9	162'7"	Geoffrey Pearse (Wirral)	16/7
51'4½"	John Cresswell (Southampton)	16/6	158'11½"	Brian Cain (Grappenhall)	23/7
51'2½"	Michael Vaughan (I.O.M.)	16/7	158'2½"	Robert Davies (Lozells)	23/7
51'2½"	Y Alan Lowe (Sheffield)	20/7	158'2½"	John Cresswell (Southampton)	20/8
50'6½"	John McSorley (T.V.H.)	21/5	155'6½"	William Foster (Kent)	28/5
49'10½"	John Talbot (Kingswood S.)	16/6	153'6"	Kenneth Day (B. Stortford)	28/5
49'7"	Roger Harvey (Wimbledon)	18/6	151'10½"	*B. Ayre (Houghton)	6/7
			149'0"	Y Alex Sutherland (Golspie)	21/5
			148'8"	Anthony Clarkson (St Georges)	26/3

(Continued on back page)

Overseas News

By MELVYN WATMAN

VARTAN OVSEPYAN (USSR), a massive 28-year-old Armenian, moved to second on the European all-time shot list with 61'11½" at Erivan on November 28th. The only men to have achieved longer distances are the Americans Bill Nieder, Dallas Long, Parry O'Brien and Dave Davis, and Britain's Arthur Rowe.

Ovsepyan, 6'2" and 238 lb., had a previous best of 59'1". His annual progress reads: 1951 (aged 19)—45'8½", 1952—50'11", 1953—53' 6½", 1954—54'6½", 1955—56'4", 1956—57'11½", 1957—55'7", 1958—58'10", 1959—59'1", 1960—61'11½".

Lamara Tugushi (USSR), aged 24, threw the women's discus 178'2½" in Tbilisi on November 27th for sixth place in the 1960 rankings.

The first outstanding indoor performance of the winter came from Stig Pettersson (Sweden), the 5th placer at Rome, who high jumped 7'0½" in Stockholm on November 29th—highest ever indoors by a European. Pettersson (25), 6'2½" and 163 lb., has a personal best outdoors of 6'11½" (1960).

European record holder Valeriy Brumel (USSR), returned from a successful Chinese tour, jumped 6'11½" indoors in Moscow—and also long jumped 23'9½".

John Thomas (USA) cleared 7'0" in his indoor season debut at Medford, Mass., on December 3rd. He improved to 7'1½", an inch below his indoor world best, in Boston on December 17th.

Early season results from South Africa include:—100y: 9.5 & 9.4w—Jefferys; 220y: 21.0—Jefferys; SP: 55'11½"—Botha, 55'5½"—Malan; DT: 174'4"—Malan; JT: 225'2½"—Adelaine (rec.).

ATHLETIC SHORTS IN SATEEN :

Well-cut Scandinavian type shorts in sateen.

Inside pocket. White only

28, 30, 32, 34, 36, 38in.

8/11

Postage 6d.

Also in black, royal, scarlet, green, gold and maroon. 28, 30, 32, 34, 36in.

9/11

Postage 6d.

Athletic Slips (supporters), improved style —3/6. Postage 4d.

THE SPORTS CENTRE

8 Medway Street :: Chatham, Kent

Several all-time greats will be gracing athletic arenas no longer. Professional football (US style) has lured double Olympic 400m hurdles champ Glenn Davis (26) and sprint world record holder Ray Norton (23). Bill Nieder (27), after attaining the pinnacle of shot-putting success at last, has retired on medical advice. Doctors told him his famed knee would not stand the strain of further putting activity and he would risk total immobility by continuing. Lee Calhoun (27), twice Olympic high hurdles champ, is calling it a day to become park sports director in Gary, Indiana. Italy's immortal Adolfo Corsolini (44 on January 5th) will in future confine his discus throwing to local meets.

WORLD INDOOR RECORDS

Note: Performances followed by the letter "b" were made on board tracks or from board runways and circles. Other marks were accomplished on dirt tracks, etc.

60 yds:	6.0	Jim Golliday (USA)	1956
	6.0	Charles Tidwell (USA)	1958
	6.0b	Herb Carper (USA)	1959
	6.0b	Roscoe Cook (USA)	1960
60m:	6.5b	Heinz Futterer (Ger)	1955
100 yds:	9.5b	Dave Sime (USA)	1956
100m:	10.4	Anatoliy Mikhailov (USSR)	1960
300 yds:	30.0	Mel Barnwell (USA)	1959
440 yds:	47.9	Herb McKenley (Jam)	1947
	47.9	George Kerr (WI)	1960
500 yds:	56.4	Charles Jenkins (USA)	1956
600 y:	1:09.5b	Mal Whitfield (USA)	1953
	1:09.5b	Tom Courtney (USA)	1957
600m:	1:17.9b	Derek Johnson (GB)	1957
800m:	1:49.7b	Arnie Sowell (USA)	1957
880 y:	1:50.3b	Arnie Sowell (USA)	1957
1000 y:	2:08.2b	Don Gehrmann (USA)	1952
	2:08.2b	Arnie Sowell (USA)	1955
1000m:	2:23.0b	Edmund Brenner (Ger)	1956
1500m:	3:44.6b	Siegfried Hermann (Ger)	1959
Mile:	4:01.4b	Ron Delany (R of I)	1959
3000m:	7:58.7b	Siegfried Herrmann (Ger)	1959
2 mile:	8:46.0b	Al Lawrence (Aus)	1960
3 mile:	13:26.4b	Al Lawrence (Aus)	1960
60yH:	7.0b	Milt Campbell (USA)	1957
	7.0b	Hayes Jones (USA)	1958
110mH:	13.6	Anatoliy Mikhailov (USSR)	1960
HJ:	7'2½"b	John Thomas (USA)	1960
PV:	15'9½"b	Don Bragg (USA)	1959
LJ:	25'9½"b	Irv Roberson (USA)	1960
HSJ:	52'5½"	Oleg Fyedosoyev (USSR)	1959
SP:	62'5"b	Parry O'Brien (USA)	1960
35lb. wt.	71'2½"b	Hal Connolly (USA)	1960

M.W.



For all-round fitness and endurance

For everybody—but particularly for people who engage in any sport, and who therefore use up more energy than ordinary people—there are three essentials in the daily diet. Proteins, vitamins and minerals. That's why so many people who are interested in sport make sure that every day they take some BEMAX.

For BEMAX is stabilized wheat germ—which means it is the richest natural vitamin-protein-mineral supplement known to man. Easy to take (just sprinkle it on cereals or fruit), it is particularly rich in vitamin B, essential for all-round fitness, and vitamin E to build up muscular efficiency and endurance. Take BEMAX daily and keep your whole constitution fine and strong. 1/9, 3/- and 5/6 from all chemists.

'THAT LAST OUNCE OF ENERGY' is the title of a new book which explains the latest scientific findings about nutrition in training. For your FREE copy, write to: Dept. D.5, Vitamins Limited, Upper Mall, London, W.6.

BEMAX STABILIZED WHEAT GERM

THAMES HARE & HOUNDS 5 MILES OLD BOYS' INVITATION RACE Roehampton, December 10th

Both Roger Bell, the Oxford Blue, and Rutlish repeated their last year's success when Thames Hare & Hounds held their annual Old Boys' Race at Roehampton.

1. R. E. Bell (St. Dunstan's) 27.18
2. R. D. Robinson (King's C.S.) ... 27.31
3. A. D. Irwin (Bradfield) 27.59
4. W. A. Cummings (KCS) 28.07; 5. R. Lovegrove (Rutlish) 28.24; 6. A. Shrimpton (Haberdashers) 28.41; 7. S. Whittome (Harrow) 28.46; 8. G. Wood (Rutlish) 28.47; 9. M. Angold (Bradfield) 29.02; 10. G. Williams (Harrow) 29.19; 11. R. Simons (Haberdashers) 29.21; 12. C. Lumb (FCS) 29.24; 13. C. Childs (Shrewsbury) 29.27; 14. N. Giles (Charterhouse) 29.34; 15. G. Strong (Rutlish) 29.36; 16. R. Frewin (Rutlish) 29.44; 17. J. R. Irwin (Haber) 29.48; 18. I. G. Campbell (Malvern) 29.49; 19. B. Sennitt (Charterhouse) 29.50; 20. J. P. Morfey (Brad) 29.51; 21. C. R. Fitt (Lancing) 29.54; 22. E. A. Escott (Oundle) 29.55; 23. D. McNeill (Harrow) 30.04; 24. E. J. Hicks (Brad) 30.18; 25. C. Stevinson (Lancing) 30.24.

Teams:

	Pts.
1. Rutlish	(5.8.15.16) 44
2. K.C.S. Wimb.	(2.4.12.28) 46
3. Bradfield	(3.9.20.24) 56
4. Haberdashers 84; 5. Harrow 88; 6. St. Dunstan's 106; 7. Lancing 112; 8. Shrewsbury 117; 9. Charterhouse 129; 10. Oundle 153; 11. Malvern 156.	

MIDLAND WOMEN'S ROAD WALK—ctd.
J. Forbes (S. Heath) 39.28; 10. G. Winters (Harborne) 39.45.

Teams:

	Pts.
1. Harborne	(1.4.5) 10
2. Birchfield	(2.3.6) 11
3. Small Heath	(7.8.9) 24

Best quality sleeveless ATHLETIC VESTS

White in 32, 34, 36, 38, 40in. ... 6/9
Black, royal, scarlet, green, gold (amber),
maroon, sky, in 32, 34, 36, 38, 40in. ... 7/9
Also quarter-sleeved vests, white only, 30, 32,
34, 36, 38in. ... 7/6

Post 6d.

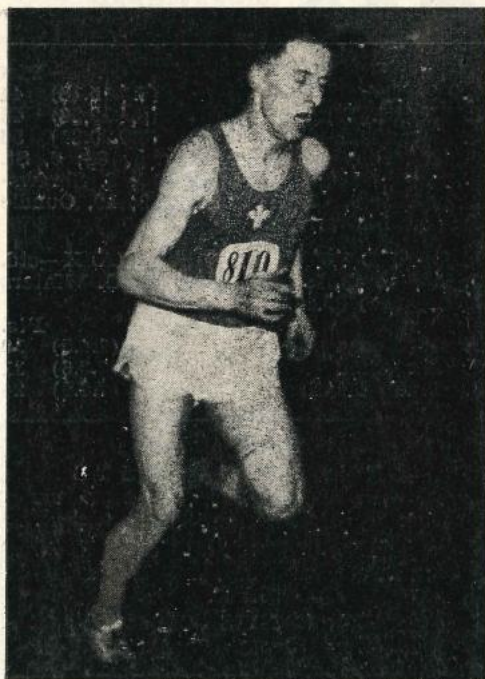
THE SPORTS CENTRE
8 Medway Street, Chatham, Kent

SOME OF THE DEFENDING CHAMPIONS IN TODAY'S COUNTY CROSS-COUNTRY CHAMPIONSHIPS



Left:
HUGH FOORD (Sussex)
leads **TIM BRIAULT**.

G. E. H. Cranham



Above:
J. W. WRIGHT (Cheshire) on the heels
of **JOHNNY WILD**. S. Cook

Left:
JOHN MERRIMAN (Herts). E. D. Lacey



BASIL HEATLEY (Warks.). E. D. Lacey



L. to R.—S. E. ELDON (Berks), E. A. EARL (Sy.) and F. D. SANDO (Kent). E. D. Lacey



Above:
BRIAN CRAIG (Lancs.) and GERRY NORTH
I. A. M. McLaren
Right:
A. E. WALKER (Staffs.). E. D. Lacey



ADVERTISE YOUR EVENT INCREASE YOUR ENTRIES

RYHL & DISTRICT A.A.C. OPEN 6½ MILES ROAD RACE From St. Asaph to Rhyl

(Under A.A.A. Laws)

February 11th at 3 p.m.

AWARDS—Individual prizes valued £6/10/0, £5/10/0, £3/10/0 to first three, and to first Veteran. (£3/10/0). The winning team will hold the "Rhyl Rotary Club Trophy" for 12 months and medals will be awarded to the five members of the first 3 teams.

Entry fees—2/- individual; 7/- per team (5 to run, 3 to count).

Entries close Friday, February 3rd on A.A.A. forms to T. R. Billington, 5 Diane Drive, Towers Estate, Rhyl, N. Wales.

KENT ATHLETIC CLUB OPEN YOUTHS' CROSS-COUNTRY TEAM RACE For Jubilee Cup

(Holders—Shaftesbury Harriers)

Bromley, Kent, January 21st, 3 p.m.

Distance approx. 3 Miles

Awards to first three teams and individuals
Entry fee 5/- per team (6 run, 4 score).

Information and entries—D. W. Baldwin, 75 Elfrida Crescent, London, S.E.6. Closing date: Tuesday, 10th January.

SOUTH WESTERN COUNTIES Team & Individual CROSS-COUNTRY CHAMPIONSHIPS

To be held at

Norton Manor Camp

Nr. Bishop's Lydeard, Taunton, Somerset

By kind permission of Lt.-Col. D. A. Collis, Officer Commanding No. 8 (Basic Trade) Training Battalion R.E.M.E.

Senior Championship 7 Miles—3 p.m.

Junior Championship 5 miles—2 p.m.

Youths' Championship 3 miles—1.30 p.m.

(Under A.A.A. Laws and E.C.C.U. Rules)

Saturday, February 4th, 1961

The Cross-Country Championships are open to all Senior, Junior and Youths qualifying under the County Qualification Rules within the area of Cornwall, Devon, Somerset, Wiltshire and Dorset. Team and Individual medals will be awarded.

Bus Service available from Taunton Station

Entry forms and full details from Hon. Secretary: Walter Tuddenham, "Brookfield," Doddiscombsleigh, Devonshire.

Entries close First Post, January 21st 1961

Scottish News

By W. DIVERTY

SCOTTISH CHAMPS. NOW OPEN

The A.G.M. of the Scottish Amateur Athletic Association was held in Edinburgh on Saturday, 17th December, with Dr. N. Campbell, President, in the Chair.

The General Committee's proposal that the Championships should be open to all-comers was passed unanimously, much to the Committee's surprise. The Anglo-Scottish Club's representatives, Mr. R. J. Murray and Mr. T. Robertson, were highly delighted at the decision. It is to be hoped that top class athletes will now take part in the Scottish Championships and thus help to raise Scottish standards.

Two recommendations were accepted for consideration by the General Committee, namely, that third place awards be given for Championship events and that some part be taken by the S.A.A.A. in the Duke of Edinburgh's Awards Scheme.

Lord Milligan, the Hon. President of the S.A.A.A., presented the trophies won during the past season. Mr. T. Fraser (Olympic H.) was elected President and Mr. J. N. Bannatyne, M.B.E. (E.S.H.) Vice-President. Messrs. E. R. Walker and D. McSwein were re-elected Secretary and Treasurer respectively.

East. Dist. Committee: Secretary: G. Johnstone, Boro'muir F.P. G. H. Cain (E.N.H.), Dr. N. Campbell (E.U.A.C.), W. Carmichael (E.E.H.), A. N. Crosbie (E.S.H.), H. T. I. Wilson (Trinity A.C.); Additional members to be co-opted later.

West. Dist. Committee: Secretary: F. Graham, Maryhill H. J. Cowie (Spring. H.), D. Corbett (B'houston H.), D. Ferguson (Shett. H.), J. McLurg (M'well Y.M.), A. D. McDonald (Gars. H.), R. M. Murdoch (Hillhead H.S. F.P.), D. L. Richardson (Kilmarnock H.), J. F. Walker (St. Modans), D. M. Wright (S.M.C.).

Middleton Trophy Race at Pollokshaws December 17th

Shettleston H. repeated last year's victory in the Middleton Trophy Race sponsored by Bellahouston H., beating Edinburgh Southern by about 150 yards in 55m. 54s. This race, run over a 10½M. course is for teams made up of two seniors, one junior and one youth.

1, Shettleston H. (T. Malone, 18.59; R. Ewing, 9.38; H. Summerhill, 9.16; G. E. Everett, 17.51) 55.54.

2, Edin. South. H. (C. Fraser, 18.59; G. Brownlee, 9.16; D. Gray, 9.31; A. Ross, 18.37) 56.23.

3, Vic. Pk. A.C. (N. Ellis, 19.35; H. Barrow, 8.56; W. Gault, 9.29; W. Kerr, 18.42) 56.42.

4, Vale of Leven A.C. 57.06; 5, M'well Y.M. 57.43; 6, Edin. South. "B" 57.46.

Fastest Times: Senr. 3½M.—G. E. Everett (Shett) 17.51; A. H. Brown (M'well Y.M.) 18.22; J. Connolly (B'houston) 18.28. **Jun. 1½M.**—M. Ryan (St. Modans) 9.02; H. Summerhill (Shett) 9.16; R. Johnstone (Monk) 9.19. **Yth. 1½M.**—H. Barrow (Vic. Pk.) 8.56; J. T. Finn (Monk) 9.15; G. Brownlee (E.S.H.) 9.16.

Alves to Forres 6½M. Road Race, Dec. 17th

Calum Laing (G.U.A.C. & Inverness H.) won this race in 31.8 which broke the record of 32.5 set up last year by the English athlete, M. J. Reeve (R.A.F.). R. Duncan (Aberdeen A.C.) was 2nd in 32.12 and his colleague, R. Donald, 3rd in 32.43. The "Braid Cup" was won by Aberdeen A.C. with 14 points.

CLEVEDON OPEN ROAD RACES

THE 13th annual Clevedon Boxing Day Road Races around the town produced a record entry and some exciting racing. The senior event was a terrific duel between Eddy Strong and Ivor Edmonds, who was out for a hat-trick in this race. They were together from the start, gradually opening up a gap from the next group led by John Edwards who, like Edmonds, found that 4 miles was not far enough. Over the last 100 yards Strong had the necessary speed to beat his colleague, and they were followed by three more Bristol runners.

The Youths' race was a close affair, too, with Beacham of Westbury just holding off Tomlinson (Cotham) with Benn (Bristol) a good third.

In the Boys' race Lavis (Bristol) proved too strong in a fine finish with Lewis (Bath) and Briggs (Birchfield).

Seniors—4 Miles

1. E. Strong (Bristol) 18.50
2. I. Edmonds (Bristol) 18.53
3. J. Edwards (Bristol) 19.22
4. A. Taylor (Bris) 19.37; 5. D. Smith (Bris) 19.43; 6. B. Engell (Westbury) 19.50; 7. E. Nash (Bris) 20.10; 8. R. Chinchin (B'mouth) 20.25; 9. J. Gingell (Bris) 20.35; 10. P. Lonnen (Bris) 20.50; 11. A. Glanville (Bris) 20.55; 12. R. Turner (W'bury) 21.05; 13. P. Bowden (Chelt'm) 21.20; 14. R. Bates (Bris) 22.40; 15. D. Summers (Bris) 22.45.

Youths—3 Miles

1. P. Beacham (Bristol)
2. G. Tomlinson (Cotham G.S.)

3. A. Benn (Bristol)
4. L. Lintern (Cotham GS); 5. B. Cook (Weston-S.-M.); 6. B. Buckland (Cotham GS). No times taken.

Boys—2 Miles

1. R. Lavis (Bristol) 10.58
2. R. Lewis (Bath & Cty) 11.05
3. C. Briggs (Birchfield) 11.23
4. M. Jewell (Cotham G.S.) 11.24; 5. T. Parnham (Bris) 11.36; 6. J. Harding (Bris) 11.38; 7. R. Smith (Bris) 11.45; 8. R. Stirrett (Bris) 11.50; 9. A. Price (W'bury) 11.58; 10. A. Mills (Portishead); 12.05.

G.L.S.

NATIONAL CHAMPIONSHIPS

The National Cross-Country Championships will be held at Parliament Hill on March 11th. Entries close February 8th. Forms and details from G. L. N. Dunn, "Woodlin," Stapleford, Cambs.

P. C. Tomkins, 15 Ashridge Way, Morden (CHerrywood 4124) has been appointed Surrey County Coaching Secretary.

G.E.C. (London) A.A.A.

4th Annual

ROAD RELAY RACE

(5 x 3 Miles)

Saturday, 4th March, 1961

at 3.30 p.m.

Open to London Banks, Business Houses, Civil Service, Hospitals, Insurance, Police, Shipping, Stock Exchange.

From G.E.C. SPORTS GROUND,

PRESTON ROAD, NORTH WEMBLEY

Prizes to first three Teams, first "B" Team, fastest leg, second fastest leg provided no other prize.

Entry Fees: 10/- for one team, 5/- for each additional team.

Entries close 11th February, 1961

Further information from and entries to: Mr. B. C. Nielsen, Coldair Ltd., East Lane, Wembley, Middlesex.

ROAD RUNNERS' CLUB (Devon Branch)

Annual

PLYMOUTH 10 MILE ROAD RACE

Team & Individual

(Under A.A.A. Laws)

INCORPORATING PLYMOUTH SPARTAN A.C. 10-MILES ROAD RACE

For the Road Runners' Club Perpetual Challenge Trophy—Holders: Bristol A.C.

Saturday, March 4th, 1961, at 3 p.m.

Changing at Astor Institute, Beaumont Road, Plymouth

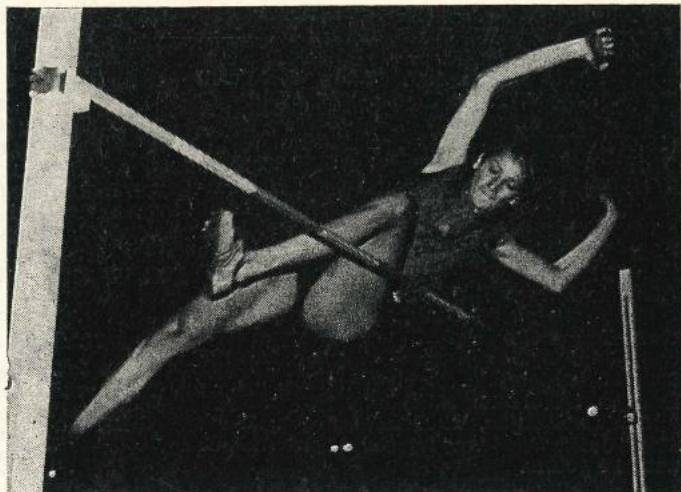
Individual prizes 1st, 2nd, 3rd. Medals first and 2nd teams.

Entries on A.A.A. forms. Individuals 2/6d., Teams (6 may run, 4 to score) 7/6 per team, to F. A. W. Briggs, 40 Edgcombe Park Road, Peverell, Plymouth. Closing date Feb. 25th.

A GREAT PARTNERSHIP

—IOLANDA BALAS AND ION SOETER

by
Melvyn Watman



G. E. H. Cranham

FEW athletes dwarf their rivals in performance and consistency so completely as does Rumania's high jumping queen, Iolanda Balas. Her first world record came in July 1956 (5'8 $\frac{3}{4}$ ") and since then she has earned a further nine coveted I.A.A.F. plaques in progressing to the present remarkable height of 6'1 $\frac{1}{2}$ ". She won the European title in 1958 and the Olympic crown in 1960 by ludicrously wide margins and her most recent defeat was at the Melbourne Olympics four years ago! In over 30 different meetings she has cleared 1.80m. (5'10 $\frac{3}{4}$ ") or better—a height yet to be attained by any other woman.

Yet Iolanda and her coach and husband-to-be Ion Soeter (1956 A.A.A. champion; best mark of 6'8 $\frac{3}{4}$ ") are still not satisfied. Their target is a round figure of 1.90m. (6'2 $\frac{3}{4}$ "), and even 1.95m (6'4 $\frac{3}{4}$ ") is not considered an impossibility. Just as, for example, Paavo Nurmi and Parry O'Brien widened the horizons in their events, so this devoted pair are working towards a complete revolution in women's athletic standards.

Born in Temesvar (Transylvania) on December 12th, 1936, Iolanda developed into a tall skinny girl and, with her long legs, took naturally to the high jump. She was no infant prodigy, though. At 11 years of age (1948) she scissored over 4'2 $\frac{3}{4}$ " and improved but slowly up to 4'5 $\frac{1}{2}$ " in 1949 and 4'7 $\frac{3}{4}$ " in 1950. Her first Rumanian title (of ten so far) came in 1951, in which year her best was 4'11 $\frac{1}{2}$ ". The following year she upped this to 5'0 $\frac{1}{4}$ ".

A significant year in Iolanda's career was 1953 for it was then, at the age of 16, that she came under the supervision of Soeter and improved to 5'3" — the threshold of international class jumping—to rank equal tenth in the world.

Inexperienced as she was, Iolanda came close to winning the European title in Berne the following season. She had no failures up to and including 5'5"—equalling her personal best—but was unable to match the 5'5 $\frac{3}{4}$ " straddle by Britain's Thelma Hopkins. Iolanda's second place, well ahead of the then world record holder Aleksandra Chudina (USSR) and her predecessor Sheila Lerwill (GB), provided a fair indication of what was to come. Late in the season she cleared 5'5 $\frac{3}{4}$ " in an exhibition, a height beaten by only three jumpers that year.

WORLD RECORD

Only Thelma Hopkins topped Iolanda's 5'6 $\frac{3}{4}$ " clearance in 1955. The stage was set for what promised to be a great Olympic season, and her Melbourne prospects seemed dazzlingly bright when in Bucharest in July 1956 she broke the world record held briefly by Thelma Hopkins with a jump of 5'8 $\frac{3}{4}$ ". Olympic success was not to be hers that season, though, for her form dwindled and in the Games not only was she shunted into fifth place at 5'5 $\frac{3}{4}$ " but she lost her world record in the bargain to Mildred McDaniel (USA), who cleared 5'9 $\frac{1}{4}$ ".

In 1957, for the third year running,

Iolanda ranked second in the world lists. Thirty-five days after tying the American's world mark in Bucharest, the Chinese girl Cheng Feng-yung snatched the record away with 5'9½" in Pekin.

The somewhat frustrated Balas-Soeter team came into their own at last in 1958. Iolanda, whose legs account for more than 39" of her slim 6'0½", 154 lb. frame, began training for the season on January 4th with special stress on general conditioning. It was not until March 24th that she had her first high jump workout, a 5'6½" leap indoors.

In fact, throughout the whole of 1958 she worked out at the pit on only 20 occasions. Her training heights varied between 5'6½" and 5'9½" and on one occasion at least, she jumped 5'8½" ten times. This last height she cleared in July using a four-stride run up. Her other sessions—over 100 in number—aimed at steady improvement of general bodily fitness.

TRAINING

Soeter's view is that it is a good thing to continue conditioning exercises until well into the competitive season; at the same time perfecting technique while preserving the freshness so necessary to a high jumper. Thus, over the May-August period two-thirds of Iolanda's training was dedicated to weight training, general calisthenics and special exercises to improve springing power.

This type of training paid handsome dividends, for during 1958 the blonde physical education student raised the world record in five instalments to a height of 1.83m—the classic six feet—in Bucharest on October 19th. Earlier in the season, she had captured the European title in Stockholm with 5'9½". It is interesting to note that from September 24th onwards she included no jumping at all in her training. Her workouts consisted mainly of fast running in the woods.

Iolanda was rarely under 1.80m (5'10½") during 1959 and in Bucharest on September 21st she improved the world record to 6'0½". Nine days later she competed under floodlights in London, clearing 5'10½" before over 30,000 spellbound spectators.

And so to 1960 and another year of astonishing successes. Her jumping style, a cross between the scissors and the Eastern cut-off, remained the same although she adopted a more becoming hair style for the Rome Olympics. As early as June 6th, in Bucharest, she improved on the world record with a leap of 6'0½" and, again in

the Rumanian capital, on July 10th she soared over 6'1¼". Unlike her male counterpart John Thomas, no mishaps occurred in Rome and she won the Olympic title with 5½" to spare — the widest victory margin in Olympic high jump history. She cleared 6'0½" at her third attempt.

Some people attribute the Rumanian girl's success almost entirely to her own physical height. This writer prefers to pay tribute to the sheer hard work and perseverance put in over a period of seven years by Iolanda Balas under the expert supervision of Ion Soeter. Truly, theirs is one of the great athletic partnerships of all time.

SPECIALIST CLUB NOTES

BARRIER CLUB

Once again the Committee of the Steeplechase Specialist Club wishes to thank most heartily the many enthusiastic Club Secretaries, Coaches and Athletes who were instrumental in arranging for 1500m and 3000m steeplechase races to be included in their inter-club meetings in many parts of the country.

A tremendous improvement in performances may be observed when comparing 1959 and 1960 Ranking Lists. Although not quite so apparent at the top of the lists, the improvement has occurred at the point we have been aiming at—the 30s and 40s.

This has only been possible by beginners at the event having the opportunity to try the shorter distance before attempting the full 3000 metres.

We do hope that more clubs will endeavour to help us by staging races of both distances. We should be pleased to hear from and advise anyone interested, and details of races arranged should be sent to: Charles Elliott, Competition Secretary, 273 High Road, Leyton, London, E.10, for inclusion in our 1961 Fixture List.

SOUTHERN CHAMPIONSHIPS

The Southern Cross-Country Championships will be held from Priest Hill Playing Fields, East Ewell, Surrey, on February 18th. The closing date for entries will be January 25th. Entry forms and details from L. J. Cohen, 34 Lower Kenwood Avenue, Enfield, Middlesex.

Belgrave H. have awarded the "Tommy Green" Trophy to Stan Vickers as their best athlete of the year.

UXBRIDGE A.C. 3 MILES ROAD RACE

December 25th

1. J. Card (T.V.H.) 15.53
2. P. Sale (Reading A.C.) 16.18
3. D. Stevens (Reading A.C.) 16.25
4. B. Bacon (Reading) 16.40; 5. D. Brennon (Ruislip & N.) 16.50; 6. D. Littlefield (TVH) 16.51; 7. P. J. Watson (Ruislip) 17.17; 8. G. Archer (Ruislip) 17.17; 9. R. Cressey (Ruislip) 17.23; 10. B. L. Middleton (TVH) 17.33; 11. W. H. Coleman (Uxbridge) 17.38; 12. D. Weston (Highgate) 17.45; 13. C. Wroth (Southall) 17.50; 14. H. Dennis (TVH) 18.09; 15. C. Beckwith (Hayes & H.) 18.30; 16. K. O'Marney (Wigmore) 18.30; 17. G. Webb (Hayes) 18.30; 18. R. Claridge (TVH) 18.32; 19. R. Hewitt (Shaftesbury) 18.36; 20. J. Lindridge (Ruislip) 18.43; 21. J. Leith (Finchley) 18.44; 22. D. Cook (Uxbridge) 18.44; 23. D. Honeygold (Ruislip) 18.48; 24. B. R. Smith (Hayes) 19.03; 25. T. Baxter (Hayes) 19.15; 26. T. Rogerson (Uxbridge) 19.15; 27. R. Minchinton (TVH) 19.15; 28. J. Dale (Hayes) 19.59; 29. I. Craig (Reading) 20.17; 30. G. Oliver (Uxbridge) 20.33; 31. G. Hines (Ruislip) 20.43; 32. T. Clark (Hayes) 21.20; 33. J. Jerome (Uxbridge) 21.20; 34. A. Parsons (Uxbridge) 22.02. 34 started.

Junior

1. T. Magee (Southall A.C.) 16.36
2. T. J. Paton (Maidenhead) 16.45
3. A. Bush (Ruislip & N.) 16.53
4. P. Brennon (Ruislip) 17.20; 5. P. J. Rhodes (Windsor) 17.21; 6. D. Lamour (Ruislip) 17.28; 7. R. Saines (Ruislip) 17.40; 8. D. Clark (Hayes) 17.47; 9. I. Robson (Southall) 17.57; 10. C. Grant (Hayes) 18.04; 11. M. D. Cowlin (Maidenhead) 18.19; 12. D. Sparks (Hayes) 18.24; 13. D. Gathergood (Southall) 19.02; 14. K. Hines (Ruislip) 19.32; 15. D. Whitehead (Hayes) 19.37; 16. S. Hodgson (Ruislip) 19.40; 17. T. Wright (Hayes) 20.03; 18. J. McNamee (Hayes) 20.20; 19. T. Snazel (Uxbridge) 20.25. 19 started.

OXFORDSHIRE CHAMPIONSHIPS

At Oxford, December 17th

Senior

1. J. D. Pinkerton (Oxford City) 38.26
2. M. M. Dunnhill (Oxford City) ... 38.42
3. P. G. Porter (Oxford City) ... 40.25
4. M. J. Walsh (Ox C) 41.06; 5. J. A. T. Pritchard (Oxford Univ) 41.06; 6. B. R. Darlow (Ox C) 41.09.

Teams: 1. St. Edward's School 13pts.; 2. Oxford City 32.

Junior

1. A. M. Davis (Oxford Univ) ... 20.59
2. R. Ker (Cambridge Univ) 21.06

3. E. A. Escritt (Oxford City) ... 21.07
4. J. Buck (Kirtlington Y.C.) 24.31; 5. P. Fitzjohn (Bristol) 24.32; 6. R. Buck (Kirt. YC) 24.51.

Youth

1. D. A. Mclean (St. Edward's Sch) 19.07
2. S. A. Handscombe (St. Edward's) 19.25
3. A. Grant (Oxford City) 19.30
4. J. M. Cotton (St. Edward's) 19.35; 5. N. R. Barton (Magdalen Coll) 19.40; 6. C. J. P. Creed-Miles (St. Edward's) 19.54.

BELGRAVE H. 30 Min. PAARLAUF

December 25th

1. D. A. G. Pirie (SLH) and H. Paice (Mitcham) 6 miles 985 yards (rec.); 2. P. Duggan and J. Halliday (Hercules) 6m. 581y.; 3. C. W. Walker and D. Crookes (Belgrave) 6m.424y.; 4. A. G. Wakeford and B. Nott (Ranelagh) 6m.411y.; 5. D. Langham (Fulham) and Lee (Mitcham) 6m. 297y.; 6. H. Reynolds and L. Woodcock (Hercules) 6m.209y.

"NUNEATON OBSERVER" 2½ MILES ROAD RELAY

December 26th

1. A.E.I., Rugby (Brown 11.41, Bateman 11.38, Fagge 12.01, Thomas 12.16, Harris 12.00, Bridges 11.58) 71.34.
 2. Leamington 72.33; 3. Nuneaton 73.45.
- Fastest Laps: R. Bateman (Rugby) 11.38; D. Brown (Rugby) 11.41; T. Preston (Nuneaton) 11.48; M. Turner (Leam.) 11.52.

CHERTSEY TO WALTON

5½ MILES ROAD RACE

December 26th

1. A. Milner and P. Milner (Walton) 27.06; 3. G. Winchester (Walton) 27.29.
- H'cp: 1. A. Mooryaart (Walton) (10.0) 24.53; 2. T. Dooris (Walton) (10.0) 26.30; 3. J. Doggart (Walton) (1.30) 26.48. 5½M. Walk: 1. D. Hill (Walton) 48.47; 2. C. Kefford (Walton) 50.07; 3. D. Young (Walton) 50.11.

BRIGHTON A.C. OPEN ROAD RACES

December 26th

- Senior (6 Miles). 1. M. Baker (Horsham) 31.26; 2. S. Rogers (Croydon) 31.45; 3. P. Robinson (Bognor) 31.51. Teams: 1. Croydon 34 pts.; 2. Brighton 35; 3. Hove 71.
- Junior (3 Miles). F. Stebbings (Croydon) 16.05.

Wigmore H. Boxing Day Relay. Nine teams of four runners took part. 1. R. Gomez (Southgate) 10.23; J. Sullivan (Hornsey) 11.13; Westwood (Finchley) 11.34; R. Lambert (Wigmore) 10.50. Fastest time: F. Salvat (Finchley) 10.02.

LAURIE SYKES WINS MORPETH-NEWCASTLE RACE

December 31st

AS was expected, despite the absence of some of the notable entrants, the Morpeth to Newcastle Road Race developed into a ding-dong battle for the whole length of the course. Fine sunny weather favoured the runners but it was not expected that the record would be in danger because of the slight head-wind which slowed the pace.

After the runners had got under way, it was not long before we found Gerry North (Blackpool) just inches in front of a bunch of runners and at the first check point, Stannington, the leaders consisted of North, B. Kilby (Coventry), A. P. Keily (Derby), L. Sykes (Longwood), T. W. Aisbett, (Morpeth), S. Taylor (Aberdeen) in a time of 21.49, closely followed by J. Haslam (Bolton), C. J. Fraser (Edinburgh Southern) and B. O. Whittaker (Derby).

On reaching Blagdon Gates, time 32.41, North and Keily had gained a few yards lead but at Seaton Burn, 41.36, Kilby and Sykes had joined the leaders. At the last check point, Gosforth Park Gates (10 miles) 50.30, Sykes had to give way to the leaders. North seemed to be still running strongly but it was not long before he had to relinquish the lead, with Sykes again going up to the leaders, and they were soon joined by Taylor (Aberdeen).

These four would not give way to each other and it was not until 300 yards from the finishing line that a final effort was made and it was Sykes and Keily who

gained a slight lead, these two sprinting neck and neck to the finish, where Sykes was declared the winner, defeating the holder by 18 inches, the timekeepers crediting both runners with the same time.

Apart from the many prizes awarded, 28 athletes gained time standard medals. Mr. W. J. Watt, Chairman of the No. 2 District Committee of the N.C.A.A. and a winner of this event 40 years ago, presented the prizes.

1. L. Sykes (Longwood H.) 1:08.25
2. A. P. Keily (Derby & Cty.) ... 1:08.25
3. B. L. Kilby (Cov. Godiva) 1:08.30
4. S. Taylor (Aberdeen) 1:08.34; 5. G. A. North (Blackpool) 1:08.43; 6. T. W. Aisbett (Morpeth) 1:09.40; 7. B. O. Whittaker (Derby) 1:09.55; 8. J. Haslam (Bolton) 1:10.06; 9. F. Howe (Blackpool) 1:11.08; 10. C. J. Fraser (Edinburgh S) 1:11.08; 11. S. Sykes (Longwood) 1:11.26; 12. H. Clayton (Wakefield) 1:11.52; 13. B. Cooke (Haltem-price) 1:12.04; 14. A. Dennis (Burn Road) 1:12.10; 15. T. Malone (Shettleston) 1:12.18; 16. G. Bradshaw (Blackpool) 1:12.20; 17. J. E. Taylor (Godiva) 1:12.21; 18. R. L. Woods (Blackpool) 1:12.22; 19. R. H. Pape (R.N. South) 1:12.24; 20. T. Rooke (Middlesbrough) 1:12.27; 21. B. Jackson (Bolton) 1:12.28; 22. B. Wragg (Derby) 1:12.28; 23. K. Pawson (Leeds Harehills) 1:12.30; 24. N. Ross (Edinburgh S) 1:12.33; 25. R. Bell (Morpeth) 1:12.37;

(Continued on page 19)



First three home in the Under-15 age group in the "Bob Watts" Memorial Races organised by Sale Harriers. L. to R.—S. Gould (Mosley Hall) 3rd, S. Grace (Didsbury) 2nd, and J. Downie (St. Columbus) 1st.

OTHER RESULTS

December 3rd

Belgrave H. 7½ Miles Champ. 1, A. Black 42.15; 2, M. E. Robinson 42.34; 3, C. Dabbs 42.55; 4, J. Brown 43.28; 5, E. Gebbett 45.15; 6, B. Hallowell 45.23.

December 14th

R.A.F. Weeton 12 pts. beat Cheshire Regiment 21, Lancastrian Brigade 54. 1eq., B. B. Craig & W. P. Bennett (W) 28.17; 3, R. Thorpe (CR); 4, J. Rowe (CR); 5, D. Cleminson (W); 6, M. Jones (CR).

South London H. beat Ranelagh H. 429-916. 1, W. P. Bird (R) 42.44; 2, F. Clarke (SLH) 42.51; 3, R. J. Darchambaud (SLH) 43.05; 4, J. H. Roberts (SLH) 43.17; 5, C. Wilson (SLH) 43.19; 6, N. Chanin (SLH) 43.27. **Ranelagh H. 7½ Miles Champ. for "Frank Wynne" Cup:** 1, W. P. Bird 42.44; 2, A. J. Hedger; 3, J. R. Kirk. **Handicap:** A. J. Hedger.

Tiffin Sch. beat Reigate G.S. 26-55. 1, Hill (T) 20.30; 2, T. Hardingham 20.37; 3, Her-ring (T) 20.42; 4, Field (T) 20.53; 5, Pearson (R) 21.00; 6, Barber (R) 21.20.

December 17th

Tiffin Sch. beat Old Tiffinians 24-32. 1, D. Lach (O.T.) 17.56 (rec.); 2, M. Hill (T) 18.13; 3, P. Field (T) 18.43; 4, A. Belton (OT) 19.10; 5, T. Hardingham (T) 19.11; 6, A. Bucham (T) 19.31.

St. Albans A.C. & St. George's Sch., Harpenden (Combined) beat Haberdashers' Aske's Sch. 33-45. 1, R. Haslehurst (HA) 21.55; 2, Foulds (St. A), Bevan (St. A), Broadly (St. G) 22.33. **In a junior race, St. Albans A.C. beat Haberdasher's 16-20.**

Luton H. & H. beat Aylesbury 26-64. 1, J. Lawrence (L) 39.56 (Club rec.); 2, D. Worthing (L) 40.16; 3, A. Layton (L) 40.45; 4, James (A) 41.02; 5, D. Rustidge (L) 41.55; 6, O'Callaghan (L) 42.12. **Luton Club Champ.: J. Lawrence.** **In a junior match Luton H. & H. beat Barnet 6-18.** 1, A. Wilson (L) 32.40; 2, M. Boylen (L) 33.41; 3, J. Everitt (L) 34.22. **Luton Junior Club Champ.: A. Wilson.** **In a Youth & Boys' match Luton beat Aylesbury 3-7.** 1, G. White (L) 23.09 (Y. rec.); 2, D. Hyde (L) 23.12 (B. rec.); 3, Tompkins (A) 23.13; **Luton Youth Champ.: G. White.**

Command Pay Office & 40 Comp'y RASC tied with 30 pts. each. 1, 2/Lt Woodward (CPO) 15.15; 2, Spr. Clark (CPO) 15.28; 3, Cfn. Thomas (40 Coy) 15.43; 4, Pte. Morris (CPO); 5, Cpl. Scott (40 Coy); 6, Dvr Desmond (40 Coy).

Walton A.C. 58pts. beat Met. Police 115, Wimbledon A.C. & Border A.C. (Combined)

127. 1, P. Palmer (Wim) 31.21; 2, P. Milner (Wal) 31.54 & A. Milner (Wal) 31.54; 4, F. Richardson (Wal) 32.04; 5, W. Anderson (Met. Pol.) 32.07; 6, A. Prior (Met. Pol.) 32.11.

Hercules A.C. 10 pts. beat Sutton & Cheam H. 19, Wallington Grammar Sch. 24, & Wimbledon A.C. 56 in a Youth match. 1, T. Naish (S & C) 15.19; 2, A. Turner (Herc) 15.26; 3, P. Murray (Herc) 15.32. **In a Boys' match Hercules 7 pts. beat Sutton & Cheam 20, Wallington Grammar Sch. 32 & Wimbledon 44.** 1, P. Sandford & T. McNie (Herc) 7.36; 3, M. Sharp (Wim) 7.38.

King's College Sch. (Wimbledon) beat K.C.S. Old Boys 71-104. 1, W. Cunnings (OB) 15.37; 2, K. Shaughnessey (KCS); 3, R. Ashworth (KCS) 16.14; 4, P. Johnson (KCS) 16.33; 5, R. Offer (KCS) 16.48; 6, B. Taylor (OB) 16.52.

Sale 16 pts. beat Winnington Park 30 pts. & Macclesfield & Stockport 38. 1, M. Berisford (S) 33.25; 2, D. Bratt (W) 33.27; 3, R. Phipps (W) 33.28; 4, J. Frost (S) 33.39; 5, A. Timperley (S) 35.02; 6, M. Sudlow (S) 35.16.

December 18th

Essex Beagles 17 pts. beat 10th Paratroop Regt. 49, Basildon A.C. 54. 1, J. Simmonds (EB) 25.42; 2, K. Butler (EB) 26.30; 3, S. Webb (EB) 26.48; 4, E. Smith (EB) 26.51; 5, R. Harty (PR) 26.54; 6, E. Young (B) 27.30.

December 24th

In a Mob Match Ranelagh beat Wimbledon 78-93. 1, W. Bird, A. Hedger, J. Kirk, D. Lack (Ranelagh) 13.04; 5, W. Cummings (W) 13.15; 6, M. Hill (W) 13.33.

Sheffield Utd. H. Xmas Sealed H'cps. Belbin Cup—1, G. Kirby (5.40) 31.19; 2, R. Lawson (2.50) 31.21; 3, R. Shirley (0.15) 31.23; 4, L. Outwin (4.00) 31.27. **Kelly Cup—**1, G. Walker (3.20) 14.26; 2, E. Chambers (3.30) 14.29; 3, D. Foster (3.25) 14.32; 4, M. Wells (2.45) 15.14. **Novice:** N. Exley.

Southall beat Finchley 29-49. 1, T. Magee (S) 31.55; 2, I. Young (S) 32.00; 3, C. Wroth (S) 32.40; 4, Baldwin (F) 32.56.

Longwood Champs. Senior 7 Miles H'cp.: 1, B. Quinlan (2.50) 39.38; 2, L. Liles (0.55) 40.01; 3, L. Sykes (5.30) 40.10; 4, G. Beckett (1.50) 40.11; 5, D. Cowgill (1.5) 40.42; 6, R. Mathieson (1.00) 40.59. **Fastest time:** L. Sykes 34.40. **Boys & Youths' 2 Miles H'cp:** 1, S. M. France (1.30) 11.43; 2, A. Sykes (0.55) 11.44; 3, D. Shelton (0.55) 11.49; 4, T. Booth (2.00) 12.03; 5, T. Hardy (0.03) 12.04; 6, G. Charlesborth (1.05) 12.05.

(Continued next week)

MORPETH-NEWCASTLE RACE—contd.

26, E. Bowen (Gateshead Congers) 1:12.43; 27, M. I. Kirkwood (Haltemprice) 1:12.45; 28, W. Ramage (G. Congers) 1:12.47; 29, M. G. Crossfield (Godiva) 1:12.56; 30, G. Eadie (Cambuslang) 1:12.57; 31, E. W. Holmes (Burn Road) 1:13.24; 32, H. D. Brown (RN) 1:13.32; 33, N. P. Carmichael (Morpeth) 1:13.33; 34, K. Maughan (Burn Road) 1:13.41; 35, W. A. Lyall (Edin. S.) 1:14.04; 36, B. Calvert (Essex Beagles) 1:14.15; 37, R. Thompson (Gosforth) 1:14.26; 38, T. Kilmartin (Rowntrees) 1:14.38; 39, J. Iddon (Bolton U) 1:15.04; 40, F. Holland (Rotherham) 1:15.09; 41, W. J. Kelly (Cambuslang) 1:15.22; 42, R. C. Wallace (Shettleston) 1:15.24; 43, P. Bell (Billingham Syn) 1:15.28; 44, L. Liles (Longwood) 1:15.35; 45, M. Jackson (Rotherham) 1:15.48; 46, S. Vennard (Dun-Cairn N) 1:15.51; 47, D. Newman (Rotherham) 1:16.06; 48, W. J. McBrinn (Monkland) 1:16.10; 49, H. Thompson (Rotherm) 1:16.22; 50, J. Foster (Edin. S) 1:16.29; 51, J. Thompson (Middlesbrough) 1:16.33; 52, T. I. Scott (Motherwell YM) 1:16.41; 53, W. Jackson (RN) 1:16.44; 54, D. Hush (Gosforth) 1:16.58; 55, P. Burns (Godiva) 1:17.03; 56, M. A. Robson (Gateshead) 1:17.08; 57, T. Parr (Bolton) 1:17.09; 58,

J. Arkle (Bedling'n) 1:17.15; 59, R. Thompson (Bedling'n) 1:17.30; 60, A. Watson (Congers) 1:17.45; 61, J. C. Fleming-Smith (Rotherm) 1:17.56; 62, J. M. Conway (Heaton) 1:18.00; 63, D. Hoare (Wakefield) 1:18.06; 64, A. D. Taylor (TVH) 1:18.08; 65, G. B. Chard (Burn Rd) 1:18.13; 66, S. Wilkie (Gateshead) 1:18.14; 67, I. C. Donald (Shettleston) 1:18.17; 68, C. Donald (Aberdeen) 1:19.06; 69, S. Greenwood (Burn Rd) 1:19.06; 70, J. S. Carcas (Gosforth) 1:19.20; 71, G. G. Goodair (Wakefield) 1:19.22; 72, J. Barber (Sunderland) 1:19.23; 73, M. Nunn (Longwood) 1:19.29; 74, I. H. Cook (Jarrow) 1:19.36; 75, J. R. Sanderson (Morpeth) 1:19.37; 76, M. Watson (RAF) 1:19.40; 77, E. H. Hollinshead (Middlesbrough) 1:19.41; 78, J. E. Relph (South Shields) 1:19.43; 79, R. H. Nelson (Sunderland) 1:20.06; 80, D. G. Barker (Harehills) 1:20.10.

Sealed Handicap:

1. J. Thompson (Middlesbro')	11.00, 1:5.33
2. J. Arkle (Bedlington H.)	11.40, 1:5.35
3. D. Hoare (Wakefield H.)	12.30, 1:5.36
Teams:	
1. Blackpool & F.	(4. 8.15) 27
2. Derby & County	(2. 6.21) 29
3. Coventry Godiva	(3.16.28) 47
	A.P.

SHREWSBURY "ROUND THE HOUSES" RACE

JACK HEYWOOD, Reading University and Herne Hill H., was a fairly comfortable winner of the Shrewsbury "Round the Houses" race over a 4 miles 223 yards course on New Year's Eve.

Davies (Shrewsbury) led the 78 starters for the first half-mile, then Evans, Herriott, Banner, Heywood and Bentley moved ahead. At a mile the leading group consisted of Heywood, Bentley, Banner, White and Sgt. Burt, with Montague coming up fast. These leaders remained in a group until half-way round the second lap when Jack Heywood went away from Bentley and Banner and fast finishing Paddy Montague ran into second place.

A very close team race saw the Parachute Regt. packing brilliantly, with their four in eighteen, to win by one point from Halifax, and Sparkhill only another point behind in third place.

1. J. Heywood (Reading Univ.) ...	20.15
2. P. M. Montague (Manch'r DLC)	20.21
3. T. Bentley (Halifax H.)	20.26
4. P. T. J. Banner (Oswestry)	20.46; 5, Sgt. G. Burt (1st Parachute Regt.) 20.50; 6, M. Herriott (Sparkhill) 20.54; 7, N. Tidswell (Halifax) 20.57; 8, T. Dougan (Spark) 21.01; 9, J. Mills (Spark) 21.02; 10, Cpl. B. Kitchener (1st Para) 21.03; 11, J. Bratt (Tipton) 21.18; 12. D. Evans (Shrewsbury)

21.24; 13, R. E. Bell (St. Cath's, Ox) 21.27; 14, A. Thirlwall (Hal) 21.28; 15, Pte. Poyning (1st Para) 21.32; 16, P. Blair (St. Edmund H., Ox) 21.38; 17, B. E. Waters (Wrexham) 21.39; 18, Pte. Brown (1st Para) 21.44; 19, Pte. Kinnode (1st Para) 21.44; 20, D. Lamour (Ruislip) 21.51; 21, R. Harvey (St. Ed., Ox.) 21.55; 22, D. Williams (Wrex) 21.56; 23, E. C. Nicholls (Bromsgrove) 21.58; 24, D. Wiggins (Ruislip) 22.01; 25, H. Smith (Hal) 22.05; 26, Pte. Gilbert (1st Para) 22.10; 27, P. Silverman (Spark) 22.13; 28, P. Farebrother (Shrews) 22.14; 29, M. Cooper (Birchfield) 22.26; 30, D. Allinson (Spark) 22.27; 31, Cpl. Springate (1st Para) 22.28; 32, B. Roberts (Birch) 22.31; 33, R. Cressy (Ruis) 22.32; 34, F. White (Birch) 22.37; 35, J. Brown (St. Cath, Ox) 22.39; 36, V. Williams (Spark) 22.40; 37, W. M. Cooke (Bristol Un) 22.50; 38, W. Turp (Oxford Un) 22.52; 39, D. Brennan (Ruis) 22.53; 40, Cpl. Scott (1st Para) 22.56.	
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Teams:	
1. 1st Para. Regt.	(5.10.15.18) 48
2. Halifax H.	(3. 7.14.25) 49
3. Sparkhill H.	(6. 8. 9.27) 50
4. Ruislip-N'wood 116; 5. Shrewsbury 136; 6, 1st Para. Regt. "B" 138; 7, Wrexham 142; 8, St. Edmund Hall (Ox.) 148; 9, Bristol Un. 167; 10, Bromsgrove 172; 11, St. Catherine's Ox. 173; 12, Harborne 239; 13, Shrewsbury "B" 280.	

JUNIOR "TOP 30"—contd.

148'5"	*A. Crook (Hants)	25/6
148'3½"	*R. King (Glous.)	23/7
147'11"	*John Sullivan (Lozells)	25/6
147'8"	John Holt (Leeds Un.)	21/5
147'4"	B Istvan Komaromi (Bryanston)	16/7
146'0"	John McSorley (T.V.H.)	18/7
145'9½"	*Lyn Letby (York)	25/6
145'2"	John Wallace (Q.P.H.)	23/7
145'1"	*Michael Preece (Bournemouth)	22/6
145'0"	Norman Beckinsall (E C'shire)	18/5
145'0"	John Talbot (Kingswood S.)	21/5
144'4½"	William Tancred (Ipswich)	14/5
144'1½"	Frank Smith (Southend)	24/9
143'10½"	Y John Harston (Sheffield)	20/7
143'9"	*D. Williams (Cheshire)	23/7
143'8"	*C. Campbell (Edinburgh Acad)	18/6

DISCUS (2 kilo.) (120'0")

148'6"	Michael Bellingham (Camb H)	13/8
141'6"	Reginald Reid (Gravesend)	28/5
136'7½"	Arthur Griffin (L.A.C.)	20/8
133'2"	Leonard Eggleston (M/c Univ)	22/6
132'7½"	William Foster (Kent)	28/5
131'5"	Y Peter Nimmo (T.V.H.)	15/6

HAMMER (12lb.) (120'0")

188'10½"	Peter Gibbs (T.V.H.)	21/5
172'5½"	Leonard Martin (AAS C'stow)	2/7
156'10½"	Stephen Cartwright (AAS H'gte)	9/7
156'6"	*P. McCarthy (St. Joseph's)	14/5
152'8"	Keith Harnden (Brit. R.N.C.)	22/4
152'2½"	John Greasley (Watford)	28/5
149'7"	Y Lawrence Bryce (Dundee)	16/7
149'2"	Neil Magee (John Fisher S.)	22/4
144'2"	Leslie Mungeam (AAS Carlisle)	9/7
143'10"	Edward Hufford (Ponders End)	21/5
142'10"	David Birrell (Glenalmond)	2/7
140'5"	Y*N. Crighton (Fettes C.)	16/7
137'4½"	*I. Forbes (A.A.S. Carlisle)	9/7
135'5"	Anthony Smith (Loughboro')	28/5
135'3½"	*A. Freeman (Waterloo H.)	28/5

HAMMER (16lb.) (110'0")

145'10"	†David Mitchell (Eton Manor)	17/5
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JAVELIN (700 gr.) (170'0")

234'4"	John McSorley (T.V.H.)	21/5
216'1"	John Greasley (Watford)	16/7
212'11"	William Tancred (Ipswich)	30/7
208'8"	Jim Todd (Lincoln)	23/7
202'4"	S William Hudson (U.L.A.C.)	14/5
195'2"	Kenneth Day (B. Stortford)	21/5
192'11½"	Raymond Radley (Ilford)	18/6
192'9½"	*D. Wilson (R.B.A.I.)	4/6
191'9½"	Derek Fraser (Coatbridge)	18/6
188'8"	Y Ian Bromilow (Pilkington)	2/7
186'9"	Alan Jones (Hanley H.S.)	14/5
186'9"	Peter Drew (Bedford)	17/5
185'7"	*F. Shane (R.B.A.I.)	21/5
185'6"	*C. Hayman (Britannia R.N.C.)	23/4
185'0"	Michael Reddick (T.V.H.)	6/7
182'11"	S†Peter Bishop (Poly.)	1/8
182'2"	S*Alan Swindley (Mold G.S.)	21/5
182'1½"	Brian Ulyatt (St. Albans)	28/5

182'0½"	S†Robin Howes (Loughboro')	14/5
182'0"	Y*James Sanderson (Blackburn)	13/7
181'11"	Maurice Cracknell (Bucks.)	23/7
181'2½"	John Cox (Tiffin S.)	23/4
181'1"	James Romer (Mitcham)	18/9
180'9"	Robert Davies (Lozells)	9/7
180'9"	*W. Mullinger (Portsmouth)	25/6
180'5"	Y Geoffrey Stanley-Jones (B'ston)	16/7
179'4"	*M. Turner (Gravesend)	28/5
178'11"	Barry Searle (Gosport)	23/7
178'0½"	*M. Stone (Bexhill)	2/7
178'0½"	James Wickwar (Coventry G.)	2/7

Downhill

223'5"	John Greasley (Watford)	23/7
202'5½"	Michael Leatherhead (D'caster)	23/7

S—with Senior (800 gr.) Javelin; Hudson was a Senior by A.A.A. rules, but a Junior by Schools' A.A. rules.

JAVELIN (800 gr.)

221'6"	John McSorley (T.V.H.)	9/6
212'7"	John Greasley (Watford)	24/9
205'8½"	Jim Todd (Lincoln)	9/7
202'4"	William Hudson (U.L.A.C.)	14/5
184'8½"	*C. Haymen (Britannia R.N.C.)	6/7
182'11"	†Peter Bishop (Poly.)	1/8
182'2"	*Alan Swindley (Mold G.S.)	21/5
182'0½"	†Robin Howes (Loughboro')	14/5
177'4"	*Appr. Williams (R.N.)	20/7
177'0"	William Tancred (Ipswich)	14/5
176'1"	*M. Goldsborough (C.U.A.C.)	15/11
174'9"	Kenneth Day (B. Stortford)	30/4

N.U.T.S. WINTER MEETING

The N.U.T.S. Winter Meeting on Saturday, Feb. 25 will start at 1 p.m. and events will be: Senior—100, 220, 440, 880, mile, 3M., 1500m. S'chase, 120 and 220 Hdl., High, Long and Triple Jumps, Shot, Discus, Javelin; Junior—100, 220, 440, 880, 1500m. S'chase, 120 Hdl., HJ, LJ, HSJ, PV, SP, DT, JT; Women (Senior)—100, 660, HJ, 80m. Hdl. Other events if sufficient demand. All races graded finals. Entries (1/- per athlete irrespective of number of events) with S.A.E. to C. Elliott, 273 High Road, Leyton, London, E.10, before Feb. 15th. Athletes are asked to give date of birth, full Christian names, best 1960 and best ever performances.

Wakefield Harriers elected the following at their A.G.M. — President, Cllr. E. E. Borkwood; Captain; H. Clayton; Vice-Captain, G. H. Douglas; Secretary, G. G. Goodair, 37 Jacobs Well Lane, Wakefield, Yorks.; Treasurer, P. Howard, 6 Farrands Yard, Horbury, Nr. Wakefield, Yorks.

The "Cecil Fry" Trophy Meeting organised by Ilford A.C. will be held on July 8th, not July 1st as shown in the recent fixture list.