

Athletics

WEEKLY

Feb. 9th, 1957

9^D

Vol. 11. No. 6



LEADERS IN THE SHEFFIELD & DISTRICT CHAMPIONSHIP

NORTH-EASTERN
CHAMPIONSHIPS

SOUTH and NORTH
OF THAMES
CHAMPIONSHIPS

AMERICAN INDOOR
NEWS and RESULTS

★
WOMEN'S
NATIONAL JUNIOR
CHAMPIONSHIPS

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

Walking

By A. D. McSweeney

ILFORD A.C. GET TITLE WINNER

COLIN WILLIAMS of Ilford A.C. (Individual), and Metropolitan W.C. (Team), took the honours in the Southern "Garnet" 10 miles Championship at Wimbledon. Williams, whose walking has greatly improved in the past three months, brought Ilford into the picture for the first time in a Championship event and he did not forget his team mates for he, and the other Ilford men, waited at the finish until their fourth man was safely home.

Metropolitan won the team title for the first time in this event, and by the big margin of 41 points, but their victory, after a very strong rally by Trowbridge, only became a certainty in the last mile.

111 started and Williams immediately went into the lead, a position he held throughout. At the first mile R. Bygrave (Highgate) was second, followed by A. G. Thomson (Met.), M. Tadd (Brighton), P. J. Miller (London Vidarians) and B. L. Low (Woodford Green). Bygrave soon lost ground and Thomson got clear of the following group to get firmly into second place. Williams continued to move away over the first tough lap of 3½ miles, and the Met. consolidated a good lead in the team race. It was noticeable at this stage that the Trowbridge boys—chief danger, were packing just inside the twenties after a rather steady start. Woodford Green were right out of the picture with only Bernard Low in the first thirty, and Brighton, with two well up, had to go back to the sixties for a fourth man.

After a flat mile-and-a-half the check at five miles showed: 1, Williams 38.30; 2, Thomson 39.15; 3, Tadd 40.09; 4, Miller 40.12; 5, Turner (Brighton) 40.31; 6, Gough (Met.) 40.35; 7, Bygrave 40.48; 8, Low 41.10. And the teams were: 1, Met. (2,6,11,22) 41; 2, Trowbridge (12,13,14,15) 54; 3, Brighton (3,5,20,58) 86; 4, Surrey W.C. 91; 5, Woodford 112; 6, Belgrave 118.

In the next two miles Trowbridge began applying the pressure and at 7½ miles they had cut Met's lead to five points and a great finish seemed in prospect. Turning off the fast bypass and with just over a mile to go there could only have been one point in it, then came a dramatic change. Terry Gough, for Met., who had been losing a little ground, showed that he had a lot left, while Wally Parr, Trowbridge's fourth, faced with the long climb to the finish, wilted badly. Turner and Shafee

tried to make up for this and they really cracked it on, but with only 600 yards to go Turner—who was second in the RAF 7 miles two days before—was ruled out and Trowbridge were down-sixth, after a most gallant effort, particularly by Ken Snaree who gained five places over the last two miles.

In this final stretch Williams seemed to be content to win without going all out and both Arthur Thomson—who walked a very consistent pace throughout, and in better style than I have seen before, and Malcolm Tadd, gained without causing the Ilford man any real worry. With Trowbridge eliminated as a danger, Woodford Green stepped in to take second place and they too made up many places from halfway. Brighton just held off Belgrave to take third position and so ended a most satisfying event marked by very good walking by the up-and-coming young men who dominated the race.

Midland Duel Renewed

The Midlands Senior 10 miles will be resolved at Leicester today. It is unlikely that Coleman will be competing and the issue will be fought out by this season's close rivals for Midland honours, Alf Poole and Ken Matthews. It will be interesting to see how the new Midland prospect, Freddie Brooks of Lozells H. figures in his first big race in Senior company.

R.W.A. Southern "Garnet" 10 Miles Championship, Wimbledon

1, C. Williams (Ilford A.C.) 79.40; 2, A. G. Thomson (Met. W.C.) 80.06; 3, M. Tadd (Brighton A.C.) 81.11; 4, T. R. Gough (Met. W.C.) 82.14; 5, B. L. Low (Woodford Grn.) 82.33; 6, C. G. Ball (Southampton A.C.) 82.49; 7, K. H. Shafee (Trowbridge A.C.) 83.15; 8, K. C. Easlea (Enfield A.C.) 83.29; 9, J. Turner (Brighton A.C.) 83.39; 10, M. J. Evins (Met. W.C.) 84.01; 11, E. Hitchens (Trowbridge A.C.) 84.01; 12, R. Bygrave (Highgate H.) 84.20.

Teams: 1, Metropolitan W.C. (2,4,9,21) 36; 2, Woodford Green A.C. (5,18,26,28) 77; 3, Brighton A.C. (3,8,23,54) 88; 4, Belgrave H. 90; 5, Polytechnic H. 91; 6, Trowbridge A.C. 95; 7, Surrey W.C. 106; 8, Ilford A.C. 119.

R.A.F. 7 Miles Championship, Lincs.

1, S.A.C. Clarke, R.A. (Swanton Morley and Poly. H.) 53.50; 2, S.A.C. Turner J. E. (Yatesbury and Trowbridge A.C.) 53.59; 3, A. C. Milsum, N. (Wittering and Belgrave H.) 54.05.

Teams: 1, Henlow 34; 2, Compton Bassett 50; 3, Yatesbury 52.

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EVERY SATURDAY — NINEPENCE	

THE spot of bother which boiled up—or over—at Melbourne seems likely to come to a head this week-end and everyone will be waiting to hear the outcome.

While it is true that the Melbourne trip was not a particularly happy one, and my latest information from Australia is that the athletics authorities out there were most unhappy over several discourtesies, particularly the fact that the only information they received about some of our advance parties for the Games came from the Press, there is strong feeling on both sides about the question of the British Team Manager, whether he should go, whether the position of Team Manager should be dissociated with that of B.A.A.B. Secretary, and so on.

Coming back in the train from the South of Thames race last Saturday this was one of several talking points and Les Cohen, one of our hardest and most capable workers for both athletics and cross-country, feels very strongly about it. Jack Crump's help has been invaluable, he said, and he repeated what many of us know to be the truth, that few people, even if able to do so, would put in the amount of time and work that he has done and is still doing. Les Cohen has no time for the suggestion of a paid organiser, as advocated by Chris Brasher on TV recently.

He said that officials were in the sport and worked for it because they liked it. If they didn't like it they could get out. But the many officials who worked so hard, and put in so many hours, would hardly feel like doing so once we started having paid organisers. Could any paid organiser do more than Jack Crump had done, he asked? There was general agreement in the negative.

I don't know that I *entirely* agree with Les Cohen for though we have paid Coaches, the unpaid still work as hard as ever.

Whatever the outcome, I shall always recognise and respect the great work done by the present B.A.A.B. Hon. Secretary and Team Manager.

Incidentally, in referring to Chris Brasher, I should mention that in connection with the Questionnaire he answered on the eve of his Melbourne trip, we endeavoured to keep the details up to date. We were, however, unable to get in touch with him for some time after the Games and in anticipating his answer to the question, "Which performance gave you the most satisfaction and why," we gave an answer which was worded in such a way that it appeared to be diametrically opposed to his views regarding the Games. We should like to apologise to Brasher for any inconvenience he may have been caused. The only other amendments to this Questionnaire were the inclusion of his performances in Australia.

THE EDITOR.

* * *

Shaftesbury Harriers' Boys' Inter-Team race, being held to-day at Parliament Hill, has attracted a record entry of 34 teams from 27 clubs.

Cover photo by S. Cook

Letters to the Editor

RESULT SHEETS

Dear Sir,

I read with interest the letter of Mr. Pennington on the supplying of Result Sheets and would like to appeal through your columns to all promoters of fixtures of 10 miles and over to send me a complete result sheet in order that the performances of R.R.C. members can be assessed for Standard Certificates. I have been trying for over five weeks to obtain the result of the Boxing Day Bedford to St. Neots' 12½ miles race, but have been unsuccessful.

May I also appeal to any promoters, who have not informed me of their 1957 dates to please do so as soon as possible. Some of the ones for which I have no information are:— Isle of Man T.T., Three Peaks Fell, Welsh, Midland, Peterborough and Liverpool Marathons, Essex "20," Bournemouth "15," Mitcheldean "14," Hereford to Ross "14," Linsdale "12," Bridgewater to Taunton "10," and Ilkeston, Winnington Park, Roundhay, British Workers, Horsham and Wilton "10s." Also news of Irish and Scottish Road Races.

Finally, may I apologise to Sussex readers about the statement in your previous issue that there would be no Sussex "20" this year, but when I wrote to the County Secretary for details, I received a reply that it would not be run owing to lack of support and I have not been informed to the contrary.

Yours sincerely,

W. T. Dooris,

Fixtures-Hon. Secretary, R.R.C.
29 Masonic Hall Road,
Chertsey, Surrey.

THE WAY AHEAD

Dear Sir,

Congratulations to the Halesowen A. and C.C. club on its junior section. But I notice that Mr. B. J. Pound, in his letter to you, mentions only distance running. What is his club doing for juniors in the Field events, Hurdles and Sprints?

Yours sincerely,

G. H. G. Dyson,
Chief National Coach.

THE MIDDLESEX C.C. INCIDENT

Dear Sir,

I don't usually waste my time replying to stupid letters, but if you would kindly grant me a little space for this, my last letter on the Middlesex C.C., I would be very grateful, as I feel that the true facts should be brought to the notice of everyone.

In their letters last week, Messrs Golding and Pickup placed great emphasis on the trivial point that it was a Southgate runner who was unconscious at the end of the race, and not a T.V. Harrier, (Whether because it was the only point on which they could try to prove me wrong, or whether it was to distract attention from the main issue, only they know).

However, the fact remains that the unfortunate athlete was wearing a T.V.H. track suit (I have witnesses to verify this) and apart from going around with a specially illustrated "Who's Who in Running", I fail to see how anyone can do otherwise but link a competitor in a T.V.H. track suit with T.V.H. One would not assume that a person wearing the uniform of the Coldstream Guards was really a member of the Foreign Legion.

Mr. Golding tells us that the young runner was in the "very experienced and capable hands of the Thames Valley trainer and his assistant." To anyone who was present, this statement is laughable. So "capable" were they, that they were unable to revive a man who, to use Mr. Golding's own words, had collapsed from "nothing more than exhaustion." A desperate and unfruitful appeal for "anyone who knows first aid" shows just how "capable" the T.V.H. trainers were.

Mr. Golding also tells us that there has been Ambulance men in the past. Perhaps so, but **did that help the chap who lay unconscious for half an hour with not an able medical man in sight?** Whether or not the meeting's organisers have been securing Ambulance men from the year dot, it does not change the disgusting fact that there was not one there this time.

I am certainly not attaching any blame to the St. John Ambulance, but when their appearance is not certain, then the meeting's organisers should take steps to ensure that able first aid men are on the spot.

The fact remains that the runner in question was a competitor in the Middlesex Championships, and that he was unconscious for half an hour before proper medical treatment was given him. Whether he ran for Southgate or Timbuktu, it makes this affair no less disgraceful.

Lastly, Mr. Golding accuses me of taking what I know to be valuable space in "A.W.," with inaccuracies. That must surely rank as a classic example of "the pot calling the kettle black."

Yours faithfully,
G. W. J. McMillan,
Victoria Park Harriers.

Dear Sir,

The letter of G. W. McMillan, of V.P.H. in the "Athletics Weekly," of January 26th, regarding lack of St. John's Ambulance men at the Middlesex County Championships at Cockfosters, and that a competitor was finally sent by ambulance after a too long delay through lack of experienced first-aid men, brought a peculiar (to my mind) reply from Les Golding in the following issue of your paper.

1. Mr. Golding agrees that no uniformed first-aid men were present, but had they been invited to attend?

2. Mr. Golding and another judge are qualified at first aid, but they were at the meeting as officials and could not possibly use their knowledge until after the end of the race.

3. The athlete was under the capable hands of the T.V.H. trainer and his assistant, but the fact remains that after 20 minutes or more the unfortunate athlete was still unconscious.

4. I am surprised that Mr. Golding introduces V.P.H. into the discussion as Mr. McMillan was writing purely as an onlooker and his views may or may not coincide with the official view of V.P.H.

I doubt whether Mr. McMillan has ever heard of Mr. Golding and most certainly would have never thought of approaching him regarding his complaint of lack of competent first-aid men at important cross-country fixtures.

With regard to the following letter from the T.V.H. secretary demanding an apology from Mr. McMillan for daring to mix up the T.V.H. with Southgate Harriers, this, I feel, is cheap publicity.

Yours sincerely,
R. C. Everson,
London, E.8.

THE RUSSIAN MATCH

Dear Sir,

Unlike Mr. Chase, I welcome every opportunity offered for friendly competition on the field of sport, for by closing the door a chance is lost of breaking down prejudice and misunderstanding. It may well be that we deplore the actions of governments and nationals of other countries but we shall never improve matters by refusing to even try to be friends. It seems rather strange that in the first year of a new Olympiad we should have departed from the spirit which prevailed at Melbourne.

I want to see Kuts running on the track and Krivonosov throwing from the circle at the White City, and I want to see our athletes having an opportunity of competing against and I hope, beating such worthy opponents. I also hope that we shall not be so misguided as to lay at the door of athletes who make up the Russian team full responsibility for the follies of their government and officials.

Yours sincerely,
Stanley F. Jones,
Hon. Sen. A.A.A. Coach.

Dear Sir,

Mr. Chase in A.W. of 2.2.57 seems to have written a rather contorted "chip on the shoulder" type of letter.

He opens up by hoping that the daily Press are printing rumours, then follows this by wanting Russia to make a public apology to US for what a Russian official levied at the West End store, and finally winds up by being willing to put his head in the proverbial oven, just because the Denmark Sports Union has done so!

This proposed meeting, Mr. Chase, is for an ATHLETICS match for sportsmen trying to be arranged to help IMPROVE the relations of the two countries. NOT to push your national pride to the depths, but to try to foster friendship and PEACE with another nation.

Yours sincerely,
F. G. J. Salvat,
Finchley Harriers.

Dear Sir,

I wouldn't say Roy Fox is peculiar (Letters 26/1/57), but since when has an international athletics match had anything to do with "International understanding?" Three years after

Continued on page 19

DISTRICT CROSS-COUNTRY CHAMPIONSHIPS

Midland District at Renton

The Midland District Championships were run over a new course at Strathleven in Dunbartonshire. The course was a 2½m. circuit, with the youths doing one circuit and the seniors two circuits. Owing to the heavy rain which had fallen all week, the course was very heavy and provided a good test of stamina.

John McLaren, Victoria Park, won the Senior race for the third successive year, beating Gordon Nelson, Bellahouston H., by 40y. in 29m.54s. At half-distance, McLaren and Graeme Everett, Shettleston H., were leading, with Nelson at their heels and Eddie Bannon, Shettleston H., about 10 yards behind Nelson. Pat Moy, Vale of Leven, was lying 5th at this stage, with Harry Fenion, Bellahouston H., 6th, some 15 yards away, and Bob Calderwood, Victoria Park, 7th, a further 15 yards behind Fenion.

With about a mile to go, McLaren forged ahead to open up a gap of 30 yards from Nelson, with Everett dropping back. Running confidently, McLaren maintained this lead to finish a good winner. John McCormack, of Springburn H., who has been on the injured list for the past two months, did well to finish 8th as he is not fully fit yet. Shettleston H. retained the team event for the third year running, beating Victoria Park by 79pts. to 98pts.

In the Youths' Race, Eric Smith, Victoria Park, ran splendidly to win by about 30 yards from his club-mate, J. Taylor, in 15m.32s. T. Malone, Shettleston H., was 3rd, 40y. behind Taylor. The team race was won by Victoria Park from Shettleston by the narrow margin of 4 points.

Senior Race 5½m.: 1, J. McLaren, Victoria Pk., 29.54; 2, F. G. Nelson, Bellahouston 30.01; 3, G. Everett, Shettleston 30.28; 4, E. Bannon, Shettleston 30.30; 5, P. Moy, Vale of Leven 30.37; 6, J. Wright, Clydesdale 30.53; 7, G. Govan, Shettleston 30.55; 8, J. McCormack, Springburn 31.01.

Teams—

1, Shettleston H. (G. Everett 3, E. Bannon 4, G. Govan 7, C. Wallace 14, I. Cloudsley 24, W. Gorman 27) 79pts.

2, Victoria Pk. A.C. (J. McLaren 1, R. Calderwood 11, J. Russell 13, S. Ellis 16, R. Lees 28, W. Kerr 29) 98pts.

3, Bellahouston H. (F. G. Nelson 2, J. Connolly 9, H. Fenion 10, R. Penman 21, S. McLean 37, D. Dickson 39) 118pts.

Youths 2½m—

1, E. Smith, Victoria Pk. 15:23; 2, J. Taylor, Victoria Pk. 15:49, 4, H. Meeson, Vale of Leven 16:02; 5, R. Bell, Clydesdale 16:03; 6, H. Summerhill, Shettleston. 16:12.

Teams—

1, Victoria Pk. (E. Smith 1, J. Taylor 2, F. McPherson 9) 12pts.

2, Shettleston H. (T. Malone 3, H. Summerhill 6, J. Kay 7) 16pts.

3, Vale of Leven (H. Meeson 4, A. McKay 10, D. Kennedy 18) 32pts.

South-Western District at Irvine.

A. Small, Plebeian H., won the Senior title after a keen race over a 6m. course, with S. Cuthbert, Irvine, and A. Napier, Beith, 2nd and 3rd respectively. Wellpark H. kept their grip on the team championship for the third year in succession, beating Irvine Y.M.C.A. by 89 points to 96.

As expected, W. Thomas, Irvine, retained his Youths' title and his club won the team race.

Senior Race 6m.

1, A. Small, Plebeian 36.29; 2, S. Cuthbert, Irvine 36:35; 3, A. Napier, Beith 36.41.

Teams—

1, Wellpark H. (C. Aitken 9, H. McHenry 12, P. McConnachie 14, I. Ross 16, G. King 17, T. Stevenson 21) 89pts.; 2, Irvine Y.M.C.A. 96pts.; 3, Kilmarnock H. 105pts.

Youths' Race 3m.—

1, W. Thomas, Irvine 17.53; 2, W. Withers, Kilmarnock H. 19.00; 3, D. Small, Doone H. 19.21.

Team Race—

1, Irvine Y.M.C.A. (W. Thomas 1, A. Taylor 10, I. McKenna 14) 25pts.; 2, Glenpark H. 27 pts.; 3, Glenpark H. 27pts.; 3, Auchmountain H. 40pts.

Eastern District at Fernieside, Edinburgh.

Adrian Jackson, Edinburgh University, continued his winning way by beating J. Devlin, Edinburgh Eastern H., by about 50 yards in 37m.24s. The 6m. course was very heavy as a result of torrential rain during the week. Cross-country Internationalist W. F. Lindsay, Edinburgh Southern H., was 3rd. The Team Race was won comfortably by Edinburgh Southern H. with 55 points.

The Youths' 3m. provided J. Messer, Edin-

Continued on back page

With the Ladies

NATIONAL JUNIOR C.C. CHAMPIONSHIP

Hunnington, near Birmingham

THE Women's National Junior Cross Country Championship was held at Hunnington, near Birmingham, on February 2nd, over a 2½ miles course, which had been made heavy with rain and was a test of stamina rather than speed.

There were 78 starters and Southern Junior champion, L. Hayter (Southampton) took the lead and held it until halfway, when she was passed by D. Bates, of Mitcham, who went away to win comfortably by 50 yards. Susan Jarville, the Northern Junior champion, was a good third another 20 yards back.

The team race was very close, London Olympiades getting the better of Highgate by only three points, and Essex Ladies taking third place to give London teams a clean sweep. Southampton might well have won but had only three girls start.

The Senior Open Handicap was run as a yacht handicap and resulted in a win for M. Nusser, of Birchfield.

1. D. Bates (Mitcham A.C.) 14.29
2. L. Hayter (Southampton A.A.C.) ... 14.40
3. S. Jarville (Hallamshire H.) 14.14
4. S. Clare (Southampton) 15.04; 5. A. Ward (Orpington) 15.17; 6. S. Gaiger (Orpington) 15.28; 7. P. Burridge (Lond. Olymp.) 15.35; 8. M. Sims (Essex L.) 15.41; 9. P. Healey (Belgrave U.) 15.49; 10. N. Taylor (Dudley) 15.55; 11. P. Biles (Highgate) 16.02; 12. D. Bines (Essex) 16.04; 13. E. Butcher (Lond. O.) 16.07; 14. M. Dick (Lond. Olymp.) 16.09; 15. B. Dunsford (Highgate) 16.10; 16. A. Chamberlain (Southampton) 16.11; 17. S. Nutt (Lond. Olymp.) 16.14; 18. P. Smith (Ilford) 16.15; 19. V. Oakes (Stourbridge) 16.17; 20. M. McKenna (Saltwell) 16.19; 21. P. Everett (Birchfield) 16.22; 22. M. Porter (Birch.) 16.27; 23. J. Campbell (High.) 16.31; 24. J. Mather (High.) 16.32; 25. J. Bruty (Ilford) 16.33.

Teams—

1, London Olymp. 51pts.; 2, Highgate H. 54; 3, Essex L. 87; 4, Birchfield "A" 108; 5, Saltwell 116; 6, Ilford 145; 7, Harborne 181; 8, Stourbridge 208; 9, Godiva 221; 10, Birch. "B" 231; 11, S. Heath 248.

2½M. Senior Handicap: 1. M. Nusser (Birchfield) 18.21; 2. J. Bridgland (Soton) 18.38; 3. S. Amey (Salisbury) 18.43; 4. P. Turney (Godiva) 18.56; 5. J. Heath (S. Heath) 19.04; 6. B. Edge (Bilston) 19.08.

NOTTINGHAMSHIRE WOMEN'S CHAMPIONSHIPS

At Lady Bay

- 1, N. M. Willis (Notts A.C.) 17.42; 2, M. Pitchfork (Birchfield) 19.22; 3, K. Beardsley (Boots A.C.) 20.23; 4, M. Uttley (Players A.C.); 5, I. Pugsley (Boots A.C.).

London Olympiades C.C. Championship. The L.O.A.C. annual cross-country Championship and Club Handicap was held at Lyons Club Sports Ground over a course just over 2½ miles on January 27th. Wind, rain and underfoot conditions made it a severe test of strength and stamina. A field of 17 turned out, all but one finishing, and though ineligible for the Championship, Diane Leather and Roma Ashby turned out for the handicap event to add distinction to an interesting race. 1, D. Leather 18.20; 2, R. Ashby 18.20; 3, Ricketts 19.00; 4, Gibson 20.03; 5, Vivian 20.26; 6, Vincent 20.44; 7, Bradley 21.30; 8, Burridge 21.37; 9, Butcher 21.40; 10, Thomsett 21.40. **Championship:** 1, Ricketts; 2, Gibson; 3, Vivian. **Handicap:** 1, Thomsett (5.00) 16.40; 2, Ricketts (1.30) 17.30; 3, Gibson (2.30) 17.33.

Women's All-Time List. Discus—137ft., M. Burtenshaw (Brighton) Aylesbury, 22/9/56.

SOUTHERN COUNTIES W.A.A.A.

The following officials were elected at the A.G.M. of the Southern Counties W.A.A.A.—Secretary, Mrs. C. Leslie, 283 Kingston Road, Ewell, Surrey (Ewell 3036); Treasurer, Mrs. Swallow, 26 Borrowdale Avenue, Harrow Weald, Middx. (Harrow 5583); Permit Sec. and Handicapper, Mrs. Cotton, 70 Melbury Avenue, Southall, Middx. (Southall 3840); Coaching Sec., 113 London Road, Mitcham, Surrey (Mitcham 29.16); Officials Committee Sec., Mrs. Hayward, 60 Mount Nod Road, London, S.W. 16 (Streatham 1425).

The Southern Championships will be held at Chiswick on June 1st, except for the 440 yards relay which will be held at the Norrköping Trophy Meeting at Chiswick on May

Continued on back page

RESULTS

January 19th

Reading A.C. beat **Guildford and Godalming A.C.** 26pts. to 29 over 5M. 1, Bacon (R) 28.03; 2, Belmore (G) 28.50; 3, Brewster (G) 29.29; 4, Allen (R) 29.33; 5, Cullingham (R) 30.10; 6, Peach (G) 30.17. In a Youths' match **Reading** beat **Guildford and G.** 24pts. to 32. 1, W. J. Melville (G) 13.32; 2, Dix (R) 14.01; 3, Prater (R) 14.10; 4, Minchin (R) 14.11; 5, M. Thompson (G) 14.12; 6, Ball (R) 14.20.

R.A.F. Nicosia 37pts. beat **R.A.F. Akrotiri** 79 and **R.A.F. Episkopi**. 1, Sgt. Sargent 29.38; 2, AC Kersey (E) and Sgt. James (A) 30.13; 3, J/T Bott (N) 30.32; 5, LAC Grey-Hunter (AN) 30.33; 6, SAC Pilkington (N) 30.36.

Surrey A.C. Youths' Championship. 1, L. Presland 13.30; 2, B. Tompkins 14.07; 3, A. Britton 14.31; 4, J. Hodson 14.34; 5, P. Raymond 14.51. **H'cp:** B. C. Collins (1.13) 12.11.

Watford H. beat **Barnet A.C.** 46pts. to 120 in a "Mob" match over 5M. 1, G. Howard 27.36; 2, K. Dearing (W) 29.29; 3, P. Cutler (W) 29.52; 4, D. Piggott (W) 30.14.

January 20th

Hong Kong A.A.A. 10M. Road Race. 1, R. H. Pape (Royal Navy) 49.16.4 (course rec.); 2, R. Wheate (Army) 55.22.2; 3, Chan Hangman (S. China AA) 55.32.

January 23rd

R.A.F. Wahn beat **R.A.F. Laarbruch** 22pts. to 63 over 6½M. at Laarbruch. 1, LAC Fulton (W) and SAC Clark (W) 36.20; 2, SAC Graves (W) and SAC Kenny (W); 5, F/O Jennings (W); 6, SAC Mather (L); 7, LAC Box (W).

R.A.F. Wildenrath 22pts. beat **R.A.F. Eindhoven** 45 and **R.A.F. Bruggen** 71 over 5½M. at Eindhoven, Holland. 1, SAC Taylor (E) 27.48; 2, Sgt. Cannon (W) 28.25; 3eq., P/O Webley (W) and J/T Butterfield (W); 5, SAC Prout (B) 29.45.

January 26th

SUSSEX INTERMEDIATE CHAMPIONSHIP

At Horsham

1. W. Harthill (Bexhill)	30.25
2. A. Wakefield (Ranelagh)	30.39
3. N. Cole (Bexhill)	30.54
4. R. Johnson (Brighton) 31.13; 5, R. Beadall (Horsham) 31.17; 6, P. A. Robinson (Bognor) 31.19; 7, A. S. Bray (Brighton) 31.36; 8, C. P. Newman (Brighton) 31.38; 9, A. L. Over (Brighton) 31.40; 10, B. Fowler (Chichester) 31.46; 11, G. Mercer (Bexhill) 31.52; 12, G. Downs (Horsham) 32.01; 13, J. Scutt (Steyning) 32.14; 14, C. G. Howard (Worthing) 32.21; 15, B. W. Sparks (Worthing) 32.38.	

Teams: **Pts.**
1. Brighton A.C. (4. 7. 8. 9) 28

2. Horsham B.S.H. (5.12.17.18)	52
3. Worthing H. (14.15.19.26)	74
4. Brighton "B" 92; 5, Steyning 103; 6, Haywards Heath 141.	

Youths

1. R. Denby (Horsham)	19.04
2. R. E. Morris (Chichester)	19.15
3. R. A. Roseman (Brighton)	19.18
4. R. Wil-de-gos (Bognor) 19.32; 5, M. P. Francis (Chichester) 19.39; 6, M. Watts (Haywards H.) 20.08; 7, P. Hoad (Brighton) 20.13; 8, A. Oswald (Bexhill) 20.24; 9, G. Wright (Brighton) 20.26; 10, B. E. Chandler (Steyning) 20.31.	

Teams: **Pts.**
1. Brighton A.C. (3. 7. 9.23) 42
2. Chichester A.C. (2. 5.18.20) 45
3. Bognor Regis A.C. (4.11.17.36) 68
4. Varndean G.S. 74; 5, Bexhill A.A.C. 83.

CAMBRIDGESHIRE JUNIOR CHAMPIONSHIP

At Soham.

1. R. C. Blows (Perse Sch.)	21.50
2. R. Laffling (Cambs. HS)	22.35
3. C. Barrett (Cambs. HS)	22.43
4, D. Blake (Soham GS) 22.57; 5, A. Fabb (Coleridge) 23.04; 6, R. Ford (Perse Sch.) 23.05; 7, J. Laycock (Soham GS) 23.16; 8, A. Collins (Cambs. HS) 23.28; 9, R. Clark (King's Sch.) 23.44; 10, J. Boecock (Perse Sch.) 23.46; 11, J. Ellis (Wisbech GS) 23.58; 12, G. Burton (Soham GS) 24.06; 13, C. Copley (Soham GS) 24.15; 14, P. Raffley (Cambs. HS) 24.17; 15, R. Stephens (Coleridge) 24.18.	

Teams: **Pts.**
1. Cambs. HS (2. 3. 8) 13
2. Perse Sch. (1. 6.10) 17
3. Soham GS (4. 7.12) 23

Boys

1. B. Winters (Queens Sch.)	12.05
2. K. Payne (Chesterton Sch.)	12.07
3. P. Boot (Cambs. HS)	12.08
4, M. Whymer (Soham GS) 12.29; 5, M. Fogg (Cambs. HS) 12.34; 6, M. Smith (March GS) 12.36; 7, D. Horley (Soham GS) 12.40; 8, G. Story (Cambs. HS) 12.43; 9, W. Smith (Coleridge Sch.) 12.44; 10, H. Wilson (King's Sch.) 12.46.	

Teams: **Pts.**
1. Cambs. H.S. (3. 5. 8) 16
2. Soham G.S. (4. 7.21) 32
3. Chesterton Sch. (2.14.17) 33

Shaftesbury H. 9M. Championship. 1, R. Collins 53.00; 2, D. Martin 53.55; 3, J. Chaplin 54.14; 4, E. Ford 54.24; 5, S. Beale 55.28; 6, W. Sreven 56.14. **H'cp:** E. Ford (2.30) 51.54. **Junior 5M.:** 1, G. Pether 29.23; 2, M. Howe 30.23; 3, K. Tollady 32.52. **H'cp:**



Soon after the start of the Sussex Intermediate Cross Country Championship at Horsham.

Sportsview Photo

P. Connell (6.00) 29.11. **Youths 3M:** 1, J. Jales 17.05; 2, C. Dowling 17.14; 3, D. Huxley 17.27; 4, A. Sunderland 17.43; 5, A. Patten 17.45; 6, B. Cakebread 18.05. **H'cp:** D. Huxley (1.00) 16.27.

Cambridge H. 10M. Championship. 1, J. Morrison 66.03; 2, D. Dellar 66.59; 3, D. Drake 69.17; 4, J. Roberts 73.18; 5, A. Fromings 75.57; 6, A. Ducker 76.11. **H'cp:** D. Dellar (4.00) 62.59. **Junior 5M:** 1, P. Turner 36.37; 2, M. Bergman 37.24; 3, S. O'Connor 37.25; 4, D. Winter 39.13; 5, J. Smith 39.49; 6, H. Thornton 40.17. **H'cp:** S. O'Connor (2.45) 34.40.

Essex Beagles 10M. Championship. 1, E. Ibbetson 57.48; 2, S. Robins 59.51; 3, J. Young 62.14; 4, J. Carruthers 62.30; 5, S. Webb 63.52; 6, R. Havers 64.44; 7, L. Robins 65.33; 8, V. Duffy 67.18; 9, R. Selmes 67.25; 10, J. Hayes 68.48; 11, R. Foster 70.52; 12, F. Aldred 71.21. **H'cp:** R. Selmes (11.00) 56.25; E. Ibbetson (0.45) and L. Robins (8.30) 57.03.

Woodford Green A.C. 10M. Championship. 1, C. Jackson 60.22; 2, C. Lowson 60.54; 3, F. Webb 61.13; 4, Barker 61.26; 5, C. Stockings 61.30; 6, W. Hazle 67.57. **H'cp:** C. Stockings 58.30. **Junior 5M:** 1, B. Downes 18.43; 2, B. Mundy 19.08; 3, B. Ambler 19.49; 4, P. Marchant 20.14; 5, R. Paton 21.18. **H'cp:** B. Ambler 18.04.

Wigmore H. 10M. Championship. 1, R. Lambert 59.03; 2, R. Wilson 62.25; 3, D. Matthewson 63.55. **H'cp:** R. Wilson (5.15) 57.10; 2, D. Matthewson (5.15) 58.40; 3, R. Lambert (scr.) 59.03.

Southgate H. 10M. Championship. 1, G. W. Ash 71.28; 2, D. Gardiner 74.02; 3, W. Davey 75.54. **H'cp:** 1, G. W. Ash (3.45) 67.43; 2,

D. Gardiner (5.30) 68.32; 3, W. Davey (7.00) 68.54.

Ranelagh H. 10M. Race for "Clutton" Cup. 1, G. Abrams (16.00) 53.35; 2, C. Nargang (22.00) 53.49; 3, P. Shannon (22.00) 53.57; 4, K. H. Ansell (5.30) 54.15; 5, H. G. Sheer (29.00) 54.17; 6, W. P. Bird (scr.) 54.31. **Fastest times:** 1, W. P. Bird 54.31; 2, J. R. Kirk 56.00; 3, K. H. Ansell 59.45.

Herne Hill H. 10M. Championship. 1, A. H. Towl 51.50; 2, A. R. Hine 54.32; 3, B. Shave 57.27. **Junior 6M:** 1, M. Hoare 38.32; 2, R. F. Gobey 39.21; 3, J. Perry 40.13. **Youths 3M:** 1, A. Jones 19.37; 2, J. Seymour 19.38; 3, M. Dickerson 20.21.

Epsom and Ewell H. 7½M. Championship. 1, R. Laws 40.57; 2, D. Budd 41.41; D. Howe 42.14; 4, K. Kirby 43.06; 5, J. White 43.55; 6, P. Bird 43.56; 7, A. Blatchford 45.10; 8, B. Johns 45.35; 9, J. Smith 45.40; 10, E. Brown 46.32; 11, D. Reynolds 47.00; 12, J. Meeton 48.48; 13, L. Knight 48.48; 14, A. Mann 49.02; 15, M. Whitehorn 49.35. **H'cp:** K. Kirby (3.30) 39.36.

Ealing H. 7½M. Championship. 1, D. Case 46.28; 2, D. Arnold 51.27; 3, D. Jessop 57.33; 4, R. Harnden 59.02; 5, P. Cleave 64.25. **H'cp:** D. Case 45.43. **Junior 5M:** 1, R. Perry 31.48; 2, D. Painter 33.52; 3, D. Marcus 34.36; 4, B. Stuart 37.13. **H'cp:** D. Marcus 31.36.

Belgrave H. 10M. Championship. 1, J. W. Brown 50.27; 2, C. W. Walker 52.32; 3, D. Baulch 53.04.

Blackheath H. 10M. Championship. 1, L. F. Fletcher 56.31; 2, G. R. Last 57.08; 3, A. J. Brent 57.26.

Thames Valley H. 10M. Championship. 1, K. L. Norris 56.22; 2, J. Haslam 56.54; 3, P. Vivian 58.27.

Club results continued next week

CARE OF THE FEET IN SPORT

The feet are all-important to any athlete, particularly so to the runner or walker. In this article, DAVID RYDE, M.B., B.S., discusses some of the foot troubles which may beset the athlete and advises on their treatment.

FOOT troubles will always be with us as long as people wear badly fitted shoes and don't wash their feet and socks.

Blisters are common soon after training commences. If they occur frequently, harden the skin with surgical spirit, and apply foot powder after drying. If blisters cause no trouble leave them alone, especially blood blisters. If painful, clean them with an antiseptic, puncture with a hot needle and cover with a small plaster.

Corns and Callosities are from badly fitted shoes. Pare them with a razor blade and remove the white centre. If unsuccessful use corn plasters or see a chiropodist.

"Athlete's Foot" is a fungus infection. The skin between the toes whitens and peels, to leave a weeping surface. Irritation is worse on wearing shoes, or in bed. Do not rub it.

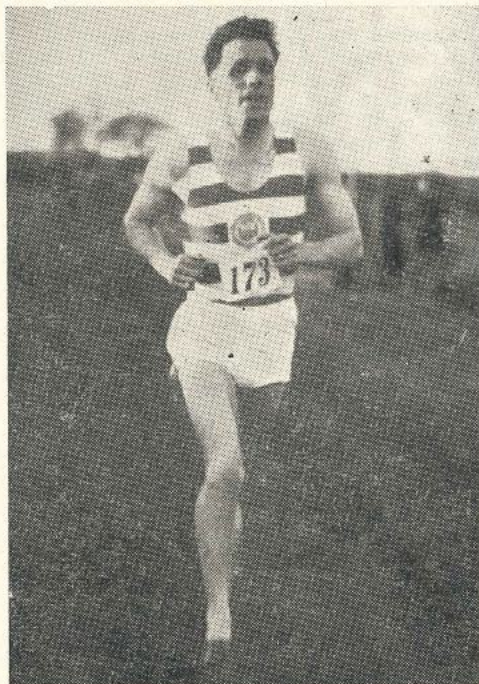
Infection is picked up from the floors of wash rooms. Reinfection after cure may occur from shoes and socks. Socks must be washed regularly and pressed with a hot iron, and both shoes and socks powdered. Preparations for treating this condition are obtainable from chemists.

This fungus can also affect the soles of the feet and the groins. Treat likewise. Wash room floors should be mopped with 1 per cent. Milton or 5 per cent. Formalin.

Toe nails should be cut short and straight across and the margins kept clean. A tender nail, with a dark blue patch beneath it, is bruised. If more than half the nail is involved it will probably come off. The pain soon goes and the nail is best left alone. Rarely the bruise gets infected, this requires nail removal. A new nail grows in a few months.

If the skin around the nail becomes inflamed and tender, and pus collects beneath it, you have a **"hang nail"** or **whitflow**. Show it to your doctor. If infection has not spread, persuade the doctor to let you continue training during treatment.

Ingrowing toenails can be painful, and if so, cut a V-shaped wedge from the middle of the



ALAN BARGH (Sheffield Utd. H.) winning the Sheffield and District C.C. Championship at Swinton.

S. Cook

nail or file it down the middle; otherwise the nail may have to be removed, which means a week in hospital.

A **sprained ankle** is painful, tender, swollen and discoloured, especially on the outside. Recently there has been a tendency to soak the foot in very cold water for 20 minutes and to apply a tight compress as soon as the injury occurs to reduce the size of the possible bruise. After a day's rest resume gentle training, this is painful but diminishes with **warming up**. Thus fitness is kept, healing speeded and recurrence less likely. If in doubt consult a doctor to exclude more serious injury.

Arch strains, i.e. pains along the sole of the foot when running, are rarely serious enough to prevent training. The treatment is controversial. Try two days' rest, hot foot baths and foot exercises and then easy running in slippers. Stiffness can result from too much rest.

Tenderness beneath the heel is common early in the season, especially from hard ground. Pain is out of proportion to the damage, and may last for many weeks. Sorbo pads, rest, etc., offer some relief and recently doctors have given an injection with promising results. Continue training if possible as the heel will eventually get better.

A strained **Achilles tendon** is swollen and tender. Conventional treatment is prolonged. Gentle daily running in plimsolls frequently gives speedier relief and only partial loss of fitness. It can last for months. If severe, medical attention is required.

Bunions, broken bones and hammer toes require surgical treatment. With suitable footwear and a knowledge of the causes of inflammation and injury, foot troubles are largely preventable. An athlete who does not care for his feet lets down the team.

NORTHERN COUNTIES A.A.

No. 1 District

At the A.G.M. of the Northern Counties A.A., the following were elected:—Chairman, A. R. Dingwall (Gateshead H.); Vice-Chairman, T. Wilson (Jarrow A.C.); Hon. Secretary, P. J. Laker, 1 Litchfield Crescent, Winlaton, Blaydon-on-Tyne; Hon. Championships Secretary, F. Hall, Longmeadow, Longhorsley, Morpeth; Hon. Coaching Secretary, W. Y. Dewing, 19 Swaledale Gardens, Newcastle, 7; Hon. Track League Secretary, P. J. Laker.

* * *

British Best Performers' List. Add the following—100y. 9.9 A. Breaker (Mitcham) 29/6; 120H. 15.2 J. D. Price (Queen's Univ.) 10/7; Javelin, 209ft. R. A. C. Davies (Hornchurch H.) 25/9, 202ft. 3in. C. G. Smith (T.V.H.) 28/10, 201ft. 6in. K. Flanagan (Roan A.C., Kenya) 7/7. B. S. Green's discus throw of 145ft. 1in. was made on 30/6.

* * *

World Best Performers' List. 100m. 10.2 D. W. Sime (U.S.A.) at New Orleans 31/12.

* * *

Watford H. stage their Road Relay on 30th March from the Corporation Baths, Hempstead

Road, Watford. Hon. Sec., G. Norman, 47 Shepherds Way, Rickmansworth, Herts.

* * *

The following officials were elected at the A.G.M. of Crewe A.C.—President, Ald. R. Dutton; Chairman, H. Blomley, Esq.; Secretary, A. Amson, 22 Capenhurst Avenue, Crewe; Asst. Sec., R. Booth, 21 Capenhurst Avenue, Crewe; Treasurer, R. Jolly; Press Sec., N. Ashley; Track Capt., E. Rogers; C.C. Capt., R. Booth; Junior Track and C.C. Capt., B. Smith.

* * *

At the A.G.M. of Lunesdale A.C., the following officials were elected:—Pres., R. M. Middleton, O.B.E.; Hon. Treas., Miss E. D. M. Kershaw; Hon. Sec., Mrs. B. Smith, 5 Skiddaw Road, Newton, Lancaster; Hon. Coach, C. P. Taylor; Chairman, H. M. Monagle.

* * *

COURSE

An advanced Course on Sprinting has been arranged at the R.N. School of P.T. Pitt Street, Portsmouth, from 11.30 a.m. to 5.0 p.m. on Sunday, 24th February. Further details from J. Walkington, 32 Monmouth Road, North End, Portsmouth, or C.C.P.R., Watlington House, Watlington Street, Reading, Berks.

THE AMERICAN INDOOR SEASON

By Melvyn Watman

THE American indoor season has got off to a good, though not sensational start, with the mile and two mile events, as ever, the highlights. Main interest in this winter's campaign is the running of the great Hungarian Laszlo Tabori (25), who is having his first season "on the boards."

December 31, Medford (Mass.). Olympic hammer champion Harold Connolly threw the 35lb. weight 66'8½"—the longest distance ever recorded. Bob Backus, with 65'10½", also broke the former record of 64'3½"—set by Backus the previous month.

January 5, New York. Shock of the Metropolitan A.A.U. Championships was the defeat over 600 yards of Tom Courtney, the Olympic 800 metres champion. His conqueror was little-known Dennis Gatto, a 21-year-old New York University student, whose time on the flat board track was a creditable 1:12.5. Gatto

outsprinted Courtney in the last 100 yards and breasted the tape two yards ahead. Fred Dwyer, despite a bruised knee, easily won the mile in 4:13.6 from George King and Ike Matza. Other winners included Harry Bright (1,000 yards in 2:16.2), Lou Knight (60 yards hurdles in 7.7), George Shaw (23'6½" long jump), Ken Bantum (53'9¼" shot) and Bob Backus (64'2¼" with 35lb. weight). Henry Laskau (40), who has won more U.S. titles than any other athlete in history, won the mile walk for the ninth successive year, winning from John Humcke and Elliott Denman in 6:39.9.

January 12, West Point, N.Y. Outstanding performances in the Army v Manhattan contest were a 55'0¼" shot put by Ken Bantum, 7.3 for 60 yards hurdles and 6.5 for 60 yards



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"M" (5'6"—5'9")	44/11
"L" (5'10"—6'1")	47/11
"OS" (6'2"—6'5")	50/11

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THE SPORTS CENTRE

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flat by Jamaican Lou Knight, and a 1:12.2 600 yards by Thomas Murphy.

January 19, Boston. A crowd of 10,000 at the Knights of Columbus Games saw Laszlo Tabori make his indoor debut by running two miles in a fine 8:54.3—yet the Hungarian was beaten by a dozen yards. Ahead of him was 4:1.4 miler Fred Dwyer (25), who clocked 8:52.4, a meet record and only 1.9 seconds outside Horace Ashenfelter's world's best. Ashenfelter and Tabori set the pace, but a sizzling 58.8 last quarter by Dwyer put paid to their hopes.

Phil Coleman took the mile event in 4:10.8, with Olympic steeplechase finalist Charles Jones and Burr Grim finishing within a yard. Tom Courtney was beaten again, this time over 1000 yards by arch-rival Arnie Sowell in 2:12.8 Olympic 400 metres champion Charlie Jenkins, won the 600 yards for the fourth successive year, but his time of 1:12.4 was his slowest ever! Lee Calhoun nosed out fellow Olympic champion Milton Campbell in a 5.5 45 yards hurdles. Don Bragg cleared 15 feet for the 14th time in his career to win the pole vault.

January 25, Philadelphia. Tabori finished third in the Philadelphia Inquirer mile in 4:10.8. In a close race, he was beaten by fast finishing George King (22), 4:10.1, and Phil Coleman, 4:10.7. Just behind was Johnny Kopil (4:10.9). Another fine race was the 1000 yards, in which Sowell beat Courtney for the second time within a week. Courtney set the pace, but his coloured rival swept past for a five yard victory in the meet record time of 2:9.5. Ike Matza finished third and Harry Bright fourth.

Charlie Jenkins, leading all the way, won the 600 yards from Joe Gaffney and Josh Culbreath, and equalled Mal Whitfield's meet record of 1:11.9. The two miles was comparatively uneventful, and Horace Ashenfelter won in 9:1.8 for John Macy, formerly the Polish international Jan Miecznikowski, Ira Murchison (5.4) and Milton Campbell (6.1) won the 50 yards flat and hurdle events, but only by inches from Dave Sime and Lee Calhoun respectively. Don Bragg scaled 15'0 $\frac{1}{4}$ " to win the pole vault from Jerry Welbourn, with Melbourne silver medalist Bob Gutowski tying for third with Mel Schwarz.

January 26, Washington. Highlight of the "Evening Star" Games was the unexpected victory of John Macy over Horace Ashenfelter in the two miles. The self-exiled Pole, who is a student at Houston University, Texas, dashed into the lead at 1 $\frac{1}{2}$ miles and won by 25 yards in 9:12.6, a meet record. The other, more famous, refugee in the race, Tabori, did not fare so well and dropped out with stomach trouble when 40 yards behind Macy at the 1 $\frac{1}{2}$ miles mark. Lee Calhoun clipped a tenth off the world's best mark for 70 yards high hurdles by clocking 8.2, beating Elias Gilbert, Joel Shankle and Milt Campbell in the process. Little Ira Murchison won the sprint series and covered 70 yards in 7.1 and 80 yards in 8.0. Other winners included: high jump, Floyd Smith and Bob Barksdale 6'6 $\frac{1}{4}$ "; 600 yards, Joe Gaffney 1:14.2; 1000 yards, Tom Courtney 2:13.6; mile, Bob Seaman 4:16.5. Bob Richards beat Bob Gutowski in the pole vault with a 15 foot clearance.

AMERICAN BEST INDOOR PERFORMANCES

60 yards	6.0	Jim Golliday	Madison (Wisconsin)	25/2/56
600 yards	1:09.5	Mal Whitfield	New York	28/2/53
880 yards	1:50.5	John Borican	New York	25/3/42
1000 yards	2:08.2	Don Gehrman	New York	16/2/52
	2:08.2	Arnie Sowell	New York	19/2/55
Mile	4:03.6	Gunnar Nielsen (Den.)	New York	2/2/55
2 Miles	8:50.5	Horace Ashenfelter	New York	13/2/54
3 Miles	13:45.7	Greg. Rice	New York	28/2/42
60y. Hurdles	7.1	Harrison Dillard	Chicago	20/3/48
	7.1	Lee Calhoun	New York	11/2/56
H.J.	6'10 $\frac{3}{4}$ "	Ken Wiesner	Chicago	28/3/53
P.V.	15'8 $\frac{1}{2}$ "	Corny Warmerdam	Chicago	20/3/43
L.J.	25'9"	Jesse Owens	New York	23/2/35
Shot	61'5 $\frac{1}{4}$ "	Parry O'Brien	New York	18/2/56

OLYMPIC GAMES

REPRODUCTION OF A LETTER RECEIVED



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4th December, 1956.

R. H. Brown, Esq.,
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Dear Mr. Brown,

I write to inform you that the Olympic Games track laid down by your firm here in Melbourne for the 1956 Games, proved extremely satisfactory in every regard, and this also included the field games areas.

The fact that five World and nineteen new Olympic Records were created speaks for itself more than mere words of mine.

I would also like to mention the tremendous help and assistance which was given by your Mr. Paul Jones. His untiring efforts and meticulous care in laying and maintaining the track contributed, in no small measure, to its great success.

Wishing you and your firm every success in its future ventures.

Yours sincerely,

L. B. Curnow
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FOORD REPEATS 1955 WIN IN S. OF THAMES

THERE were 244 starters, comprising 25 teams, for the South of Thames Championship at Maidenhead, last Saturday, over a two lap course, which was flat, but very heavy.

Hugh Foord (Brighton) and Tony Towl (Herne Hill) were soon out in front, with Phil Sherry (Aylesford)—having spent the last two days in bed with a severe cold—trying to hang on to them.

At the end of the first lap Towl was making the pace with Foord on his heels, while Sherry was third but losing ground to Bird (Ranelagh) and Baker (Horsham), with Forster (Aylesford), Barrett (Surrey A.C.), Plumpton and Hyman (Portsmouth) in a bunch close behind.

On the second lap Foord got away to win without difficulty by 35 yards from Tony Towl, who thus fulfilled the promise he has shown so often but had not previously confirmed. The consistent Baker moved up well to take a well merited third, while Hyman, of Portsmouth, is another who is making steady progress and should soon be reaching the top class.

Sherry did well to stay the course and it was fortunate for Aylesford that he did so, for they were without Pettitt, and with Turrell retiring halfway with a heavy cold and Pemble not running quite up to normal form, they had to wait until 52nd position for their sixth man and won by only 19 points from the Portsmouth team which ran a grand race to take second place. Blackheath, with comparative "vets" like Brent, Nunns and Morley, tied with S.L.H., minus several of their best men, but gained third place on the position of their last scorer. Ranelagh caused a surprise by their sixth position, which earned them many congratulations after occupying one of the tail end positions so often in the past, and also brought them the special set of medals for the first unplaced club not to have been placed in the last ten races or have won these medals in the last five. The Coleman Cup went to Portsmouth with 1022pts. for their 12 men.

1. H. V. Foord (Brighton A.C.)	42.24
2. A. H. Towl (Herne Hill H.)	42.31
3. M. A. Baker (Horsham B.S.H.) ...	42.40
4. M. Hyman (Portsmouth A.C.)	42.51
5. B. T. Barrett (Surrey A.C.)	42.55
6. W. P. Bird (Ranelagh H.)	42.56
7. R. Forster (Aylesford P.M.)	43.20
8. P. Sherry (Aylesford P.M.)	43.30
9. C. W. Plumpton (Portsmouth)	43.34
10. R. J. Darchambaud (S.L.H.)	43.50
11. N. Chanin (S.L.H.)	43.50
12. H. V. Martin (Horsham)	43.57
13. A. J. Brent (Blackheath)	44.01
14. G. R. Last (Blackheath)	44.05
15. J. Mayatt (Aylesford)	44.09

16. S. A. Bollen (Portsmouth)	44.10
17. J. M. Luxford (Horsham)	44.12
18. J. R. Kirk (Ranelagh)	44.22
19. J. F. Davis (Herne Hill)	44.24
20. R. C. Adams (C. of Rochester)	44.25
21. B. W. Theurer (Brighton)	44.25
22. G. Winchester (Walton)	44.27
23. D. Pemble (Aylesford)	44.30
24. M. R. Pryne (S.L.H.)	44.34
25. D. A. Bentley (Blackheath)	44.38
26. D. Ward (Aylesford)	44.42
27. A. J. Hedger (Ranelagh)	44.50
28. D. Cameron (Walton)	44.54
29. J. H. Lindsell (Portsmouth)	45.02
30. B. E. Bacon (Reading)	45.07
31. W. Pawsey (Mitcham)	45.09
32. R. Parry (Surrey A.C.)	45.09
33. R. A. Beadell (Horsham)	45.12
34. H. Paice (Mitcham)	45.18
35. K. Batchelor (Dartford)	45.22
36. B. J. Mottram (S.L.H.)	45.23
37. G. E. Scutts (Portsmouth)	45.25
38. J. G. Lusty (S.L.H.)	45.27
39. W. G. Barnard (Brighton)	45.30
40. H. N. Nunns (Blackheath)	45.31
41. A. Ferguson (Maidenhead)	45.32
42. R. Armstrong (Swindon)	45.33
43. R. A. Morley (Blackheath)	45.38
44. P. J. Brown (Swindon)	45.40
45. J. T. Cleverley (Surrey A.C.)	45.41
46. D. G. Smith (Horsham)	45.42
47. D. Foxley (Rochester)	45.46
48. D. J. Chun (Swindon)	45.48
49. B. Judd (Walton)	45.51
50. P. Wiggins (Maidenhead)	45.55
51. P. E. Baldwin (Blackheath)	45.58
52. J. Smith (Aylesford)	45.59
53. D. K. Caulder (Surrey A.C.)	46.01
54. B. H. Davies (Mitcham)	46.02
55. T. W. Hayden (Portsmouth)	46.02
56. A. Paxton (R.N. South)	46.02
57. W. Burroughs (Mitcham)	46.05
58. R. M. Currie (Swindon)	46.07
59. I. Brown (Swindon)	46.09
60. R. Ellis (Maidenhead)	46.11
61. R. Dodwell (Reading)	46.15
62. R. A. Thomas (Herne Hill)	46.16
63. A. J. Woodrow (Blackheath)	46.17
64. G. Gausden (Redhill)	46.22
65. J. Meech (Redhill)	46.23
66. T. Joyce (R.N. South)	46.26
67. P. S. Jarvis (S.L.H.)	46.27
68. J. Winch (Aylesford)	46.31
69. R. C. Smith (Surrey A.C.)	46.32
70. R. Hale (Kent A.C.)	46.34
71. D. Stubbings (Redhill)	46.35
72. A. G. Wakeford (Ranelagh)	46.37
73. C. F. Newman (Brighton)	46.38
74. B. Proctor (Brighton)	46.44
75. C. Shippen (Belgrave)	46.48
76. W. T. Wheeler (Portsmouth)	46.51
77. R. J. Webb (Blackheath)	46.54
78. R. Jackson (R.N. South)	46.58
79. J. Porter (Mitcham)	47.00
80. B. Apps (Redhill)	47.01
81. D. G. Smith (S.L.H.)	47.02
82. W. A. Straker (Thames H. and H.)	47.02
83. C. Ragg (R.N. South)	47.05
84. D. Budd (Epsom)	47.05
85. J. Dooley (Belgrave)	47.06
86. T. Sullivan (Blackheath)	47.08
87. D. Hooper (Belgrave)	47.10
88. C. Harris (Maidenhead)	47.11
89. J. Wilkes (Walton)	47.13
90. L. Bishop (Belgrave)	47.14
91. B.	

Hammond (Sutton) 47.16; 92, E. Clayton (Swindon) 47.17; 93, H. C. Sharp (R.N. South) 47.17; 94, D. Howe (Epsom) 47.19; 95, G. J. Fraser (Thames H. and H.) 47.20; 96, W. Clout (Aylesford) 47.24; 97, B. Hawkes (Rochester) 47.28; 98, D. C. Bridges (Ranelagh) 47.30; 99, J. Charman (Mitcham) 47.30; 100, K. H. Ansell (Ranelagh) 47.36. 244 started.

Teams:	Pts.
1. Aylesford P.M. (7. 8.15.23.26.52)	131
2. Portsmouth A.C. (4. 9.16.29.37.55)	150
3. Blackheath H. (13.14.25.40.43.51)	186
4. S. London H. (10.11.24.36.38.67)	186
5. Horsham B.S.H. (3.12.17.33.46.146)	257

6. Ranelagh H. (6.18.27.72.98.100) 321
7. Brighton 342; 8. Mitcham 354; 9. Surrey A.C. 355; 10. Swindon 415; 11. Walton 418; 12. R.N. South 486; 13. Reading 518; 14. Herne Hill 573; 15. Belgrave 581; 16. Thames H. and H. 595; 17. Maidenhead 632; 18. Redhill and R. 724; 19. Epsom and E. 733; 20. Croydon 748; 21. Dartford 762; 22. Sutton and C. 883.

Cambridge H., Kent A.C., and City of Rochester failed to close in.

Coleman Cup—Portsmouth A.C. 1022pts.
Special Medals for Most Improved Team—Ranelagh H.

PERKINS FIRST HOME IN N. OF THAMES

A FINE field of 275 runners and 30 teams started in the North of Thames Senior race at Grange Farm, Chigwell, on Saturday, Feb. 2nd.

The heavy rain of the week had not seriously affected the course, which was fast and flat. After the first small lap of a mile, Perkins (Ilford), Evans (Poly), O'Gorman (St. Albans), Brown (Highgate) and Porter (Finchley) were leading in a bunch and going very fast.

Perkins and Evans soon opened up a gap and gradually drew away, with Perkins the stronger over the last mile. The Ilford man went away to win by 80 yards, with Denis O'Gorman third, having shaken off Brown and Porter in the later stages. John Reeve, apparently free from his stitch trouble this time, finished sixth.

The team race was a real battle between St. Albans and Ilford, with the former scoring by a mere two points, despite having to wait until 74th position for their last scorer. Queen's Park H. placed all their men between 20th and 40th to take third place, a fine piece of packing. Ilford, with 811pts., for their 12 men, took the Essex Cup.

The Junior race was a two-man race, with Crump, of Woodford, and Seal, of Ponders End drawing right away from the rest and battling it out to the finish line, the Woodford runner getting home by the Margin of two yards. The team race was a close affair, Woodford packing their four in thirteen to win with 31 points, and Southgate's four in nineteen being just a little too good for Thames Valley with two in the first seven and two in the twenties.

1. A. Perkins (Ilford A.C.)	36.58
2. J. Evans (Polytechnic H.)	37.13
3. D. O'Gorman (St. Albans A.C.) ...	37.39
4. G. E. Brown (Highgate H.)	37.52
5. A. C. Porter (Finchley H.)	37.57

6. M. J. Reeve (Southend A.C.) 37.59
7. P. Palmer (St. Albans) 38.02; 8. R. Garrett (Woodford Green) 38.08; 9. M. Barratt (Ealing) 38.23; 10. J. Thorpe (St. Albans) 38.27; 11. R. Ll. Morgan (Southend) 38.29; 12. J. Shilling (Highgate) 38.31; 13. M. J. Blyth (St. Albans) 38.39; 14. T. J. Collins (Ilford) 38.47; 15. A. Lewis (Wood. Gn.) 38.53; 16. R. Lambert (Wigmore) 38.57; 17. R. J. Collins (Shaftesbury) 39.02; 18. R. Shuttleworth (Ilford) 39.04; 19. D. Dare (Ipswich) 39.19; 20. J. Finlayson (Queens Pk.) 39.22; 21. T. Harwood (Q.P.H.) 39.24; 22. I. D. Brooks (Q.P.H.) 39.27; 23. E. M. North (Finchley) 39.32; 24. J. Langwith (N.L.H.) 39.39; 25. T. Smith (Ipswich) 39.40; 26. G. Harrison (Highgate) 39.40; 27. L. A. Jones (Southend) 39.43; 28. J. Skinner (T.V.H.) 39.49; 29. M. Schofield (Poly) 39.54; 30. G. S. Ward (Poly) 39.55; 31. W. Gilham (Ilford) 40.01; 32. P. O'Connor (Q.P.H.) 40.02; 33. M. Harrod (St. Albans) 40.03; 34. M. Marlow (Highgate) 40.05; 35. D. R. Jones (Ilford) 40.07; 36. F. Salvat (Finchley) 40.12; 37. E. Ford (Shaftesbury) 40.13; 38. R. Dunkley (Poly) 40.15; 39. G. Thompson (Q.P.H.) 40.16; 40. E. Salnajs (Q.P.H.) 40.17; 41. G. Smith (Eton Manor) 40.18; 42. J. Draper (Hampstead) 40.19; 43. A. Tiffin (Ilford) 40.22; 44. J. A. Chaplin (Shaftes.) 40.29; 45. B. Hill-Cottingham (Chelmsford) 40.30; 46. H. Wilson (Welwyn) 40.39; 47. W. Morgan (Hampstead) 40.40; 48. P. Hore (Poly) 40.41; 49. R. Lovegrove (Wycombe) 40.44; 50. H. Trudgett (Finchley) 40.45; 51. D. Martin (Shaftes.) 40.47; 52. N. Hayter (Poly.) 40.50; 53. R. McCalla (Southend) 40.52; 54. J. Pennington (N.L.H.) 40.57; 55. C. G. Pierce (Ilford) 40.58; 56. R. C. Wing (Hornsey) 40.59; 57. A. J. Perrin (Highgate) 41.00; 58. R. Wilson (Wigmore) 41.00; 59. A. Shrimpton (Hampstead) 41.04; 60. R. Shilling (Highgate) 41.07; 61. R. M. Porter (Finchley) 41.10; 62. S. Day

(V.P.H.) 41.12; 63, J. Francis (Ipswich) 41.14; 64, S. F. Beale (Shaftes.) 41.17; 65, D. Wade (N.L.H.) 41.18; 66, J. Evans (Q.P.H.) 41.20; 67, E. Barker (Wood. Gn.) 41.25; 68, E. Lindsell (Q.P.H.) 41.27; 69, D. Selwood (Wycombe Ph.) 41.28; 70, R. Knights (Southall) 41.29; 71, R. Butler (Finchley) 41.30; 72, N. Kent (Ipswich) 41.31; 75, J. Wood (Barnet) 41.34; 74, G. Allen (St. Albans) 41.36; 75, F. E. Webb (Wood. Gn.) 41.37; 76, P. Cahill (Southall) 41.39; 77, C. Stocking (Wood. Gn.) 41.41; 78, J. H. Davies (T.V.H.) 41.45; 79, D. Davidson (T.V.H.) 41.46; 80, F. Redfern (Poly.) 41.47; 81, H. Dennis (T.V.H.) 41.48; 82, G. Jackson (Wood. Gn.) 41.50; 83, R. Curtis (V.P.H.) 41.51; 84, — (Ilford) 41.52; 85, D. Arnold (Ealing) 41.54; 86, L. Pulman (T.V.H.) 41.55; 87, S. G. Day (Poly) 41.59; 88, C. Weston (Poly) 42.01; 89, T. Green (V.P.H.) 42.02; 90, A. Howlett (V.P.H.) 42.03; 91, D. Enever (Uxbridge) 42.04; 92, D. Batsford (N.L.H.) 42.07; 93, L. Weston (Wycombe) 42.09; 94, A. Parratt (N.L.H.) 42.10; 95, D. Shott (Southgate) 42.10; 96, J. Simpson (T.V.H.) 42.11; 97, D. Owers (Ilford) 42.15; 98, B. Kiernan (Essex B.) 42.16; 99, R. Minchington (T.V.H.) 42.17; 100, H. McEliney (Welwyn) 42.18.

Teams:

	Pts.
1. St. Albans A.C. (3. 7.10.13.33.74)	140
2. Ilford A.C. (1.14.18.31.35.43)	142
3. Queens Park H. (2.21.22.32.39.40)	174
4. Highgate H. (4.12.26.34.57.60)	193
5. Polytechnic H. (2.29.30.38.48.52)	199
6. Finchley H. (5.23.36.50.61.71)	246
7, Woodford Gn. 324; 8, Shaftesbury 326; 9, Southend 382; 10, T.V.H. 448; 11, Hampstead 461; 12, N.L.H. 462; 13, Ipswich 468; 14, V.P.H. 630; 15, Wigmore 645; 16, Wycombe Ph. 700; 17, Ealing 739; 18, Welwyn 763; 19, Hornsey (St. M.) 788; 20, Essex Beagles 803; 21, Southgate 852; 22, Barnet 881; 23, Southall 885; 24, Enfield 1039; 25, Uxbridge 1116; 26, Eton Manor 1126; 27, Watford 1186.	

Juniors

1. C. Crump (Woodford Green A.C.)	26.52
2. F. Seal (Ponders End A.C.)	26.53

3. D. Togwell (Essex Beagles) 27.23
 4, A. E. Wren (Southgate) 27.50; 5, J. R. Loader (T.V.H.) 27.59; 6, P. McIlwain (Southgate) 28.00; 7, P. Linford (T.V.H.) 28.04; 8, D. Stearns (Wood. Gn.) 28.18; 9, E. Major (Wood. Gn.) 28.25; 10, B. Day (Barnet) 28.37; 11, K. Lawrence (St. Albans) 28.48; 12, D. Woodward (Barnet) 28.49; 13, B. Davis (Wood. Gn.) 28.50; 14, E. Konopka (Eton Manor) 28.51; 15, A. Wiseman (Wood. Gn.) 29.01; 16, J. Weddings (Wood. Gn.) 29.02; 17, K. W. Baker (Southgate) 29.04; 18, G. Peffer (Shaftesbury) 29.15; 19, T. J. Brooks (Southgate) 29.18; 20, M. Ricketts (Ilford) 29.19; 21, M. J. Moody (T.V.H.) 29.21; 22, P. Mellor (Enfield) 29.24; 23, D. R. Powell (Ilford) 29.26; 24, T. Rogerson (Uxbridge) 29.29; 25, P. Cutler (Watford) 29.36; 26, D. A. Painter (Ealing) 29.37; 27, H. Windsor (Wood. Gn.) 29.38; 28, K. Noakes (T.V.H.) 29.42; 29, R. Waller (Wigmore) 29.45; 30, P. Cox (Wigmore) 29.50; 31, R. Middleditch (Southgate) 29.54; 32, D. J. Coward (Southgate) 29.55; 33, D. Searle (Ilford) 29.56; 34, K. Dearing (Watford) 29.57; 35, R. Laidlaw (Watford) 30.00; 36, C. Wroth (Southall) 30.00; 37, J. F. Annis (T.V.H.) 30.04; 38, A. F. Varney (Southgate) 30.04; 39, D. White-man (Ilford) 30.08; 40, M. Keough (Eton Manor) 30.16; 41, A. Linge (Essex B.) 30.21; 42, A. Muchamore (Q.P.H.) 30.22; 43, A. H. Tasker (Highgate) 30.23; 44, D. Bridge (Shaftes.) 30.31; 45, A. Perry (Southall) 30.34; 46, R. Garmer (Southall) 30.35; 47, P. B. Balls (T.V.H.) 30.36; 48, C. E. Harper (Finchley) 30.37; 49, D. Webster (Hornsey) 30.38; 50, D. A. Green (Ilford) 30.44.

Teams:

	Pts.
1. Woodford Green A.C. (1.8. 9.13)	31
2. Southgate H. (4.6.17.19)	46
3. Thames Valley H. (5.7.21.28)	61
4, Ilford 115; 5, Barnet 143; 6, Watford 166; 7, Shaftesbury 187; 8, Essex Beagles 199; 9, Wigmore 202; 10, Enfield 205; 11, Southall 209; 12, Ponders End 217; 13, Eton Manor 227; 14, Highgate 235; 15, Ealing 235; 16, Queens Pk. H. 273.	

BILL BOAK MAKES IT SEVEN IN A ROW

At Newcastle-on-Tyne

Bill Boak (Elswick) led throughout at Gosforth Park last Saturday, to win the North Eastern Championship for the seventh consecutive time.

For a large part of the race P. Hollywood (Saltwell) was in second position, but in the later stages had to give way to N. Smith, of Darlington, and J. E. Bell, of Gosforth.

As expected, J. P. Anderson (Saltwell) had

an easy win in the Junior race, while N. Whar-ton (Heaton) and M. Butler (Middlesbrough), both runners-up last season, took the Youths and Boys events without being unduly pressed.

1. W. Boak (Elswick)	49.25
2. N. Smith (Darlington)	50.10
3. J. E. Bell (Gosforth)	50.34
4. P. Hollywood (Saltwell)	51.04
5. G. Freeman (Sunderland)	51.25

6. R. Longstaffe (Darlington) 51.42
 7. M. A. Robson (Gateshead) 51.47; 8. P. Carmichael (Morpeth) 51.52; 9. G. Turner (R. Signals) 52.02; 10. C. Holmes (Gateshead) 52.08; 11. P. Murray (Saltwell) 52.33; 12. J. Robertson (Saltwell) 52.34; 13. T. Leighton (Gateshead C.) 52.38; 14. E. Jones (Darlington) 52.43; 15. J. Jones (Bedlington) 52.48; 16. D. Hush (Gosforth) 53.01; 17. R. Gowdy (Gateshead C.) 53.17; 18. G. Howett (Elswick) 53.20; 19. N. T. Fineran (Gosforth) 53.37; 20. P. Pattison (Gosforth) 53.47.

Teams: **Pts.**
 1. Gateshead H. (7.10.22.27.28.29) 123
 2. Saltwell H. (4.11.12.30.35.36) 128
 3. Gosforth H. (3.16.19.20.34.38) 130
 4. Elswick 168; 5. Darlington 184.

Juniors

1. J. Anderson (Saltwell) 32.30
 2. Natrass (Darlington) 33.46
 3. Sig. R. D. Williams (R. Sigs.) 33.56
 4. G. Ogle (Bedlington) 34.25; 5. J. R. Gibson (Gosforth) 34.32; 6. J. Maskell (Durham Univ.) 34.35; 7. P. Plimmer (Durham Univ.) 34.37; 8. J. Jordan (Bedlington) 34.49; 9. J. W. Jackson (Burn Rd.) 34.53; 10. A. Dennis (Burn Rd.) 34.54; 11. Sig. D. Turnbull (R. Sigs.) 35.17; 12. 2/Lt. R. Harries (R.Sigs.) 35.29; 13. B. G. Cordes (Gosforth) 35.43; 14. J. Hughes (Saltwell) 35.48; 15. K. Nielsen (Gosforth) 35.59.

Teams: **Pts.**
 1. Durham Univ. (2. 6. 7.16) 31
 2. Royal Signals (3.11.12.21) 47
 3. Gosforth H. (5.13.15.20) 53

4. W. H. Burn Rd. H. 82; 5. Saltwell H. 107; 6. Darlington H. 110; 7. Benwell H. 122; 8. Gateshead H. 166.

Youths

1. N. Wharton (Heaton) 15.53
 2. J. Hillen (Saltwell) 16.05
 3. B. Cotton (Darlington) 16.13
 4. H. Collett (Bill Syn.) 16.26; 5. J. S. Carcas (Gosforth) 16.41; 6. J. M. Collins (Gosforth) 16.43; 7. K. Middlemiss (Gosforth) 16.46; 8. G. McCarthy (Darl.) 16.54; 9. J. Pickett (Mid'bro and C.) 16.57; 10. B. Norgrove (Darl.) 16.58.

Teams: **Pts.**
 1. Gosforth H. (5. 7.11.12) 35
 2. Darlington H. (3. 8.10.18) 39
 3. Saltwell H. (2.15.16.34) 67
 4. Middlesbrough and Cleveland 97; 5. Gateshead 103; 6. Elswick 108.

Boys

1. M. Butler (Mid'bro' and C.) 11.05
 2. A. Wappett (Jarrow) 11.10
 3. T. Heads (Billingham Syn.) 11.20
 4. R. Robertson (Jarrow) 11.24; 5. P. Lowrie (Darl.) 11.27; 6. D. Donnison (Jarrow) 11.38; 7. W. Churchill (Saltwell) 11.39; 8. B. Carrick (Gateshead C.) 11.39; 9. R. Rutherford (Gateshead) 11.50; 10. C. Stockwell (Mid'bro' and C.) 11.54.

Teams: **Pts.**
 1. Jarrow A.C. (2. 4. 6) 12
 2. Saltwell H. (7.11.14) 32
 3. Middlesbrough and C. (1.10.23) 34
 4. Sunderland H. 58; 5. Darlington 58; 6. Gateshead Congers 77.

JOHNNY ELLAM EASY WINNER OF EPSOM YOUTHS' RACE

Epsom and Ewell Harriers' Open Youths' race over Epsom Downs, on Feb. 2nd, produced some fine running in adverse conditions. Over the course to be used for the Southern Championships, the runners found more mud than has been seen for many months; normally the chalky Downs drain very quickly.

After a fast start, small, stocky Johnny Ellam, of City of Rochester A.C., took the lead from A. Milner, of Walton A.C., and J. Presland, of Surrey A.C. Coming to a long hill after about two miles, Ellam shortened his stride, rounded his shoulders and rapidly drew away to win easily in 16.48, a first class time for the heavy course of 3 miles and 50 yards. After a stern struggle, Milner just got the better of Presland to take second place.

Scoring four a side, Redhill and Reigate won the open team race with a total of 27 points from Surrey A.C., 34pts. and Croydon; 57pts. First twenty:—

1. J. H. Ellam (C. of Rochester) 16.48

2. A. Milner (Walton) 17.01
 3. J. Presland (Surrey A.C.) 17.04
 4. A. Rogers (S. P. Game B.C.) 17.17; 5. J. Cock (Epsom and E.) 17.32; 6. A. Parson (Redhill and R.) 17.44; 7. Farrant (Surrey A.C.) 17.50; 8. Bouchier (Redhill) 17.55; 9. Bernard (Redhill) 17.56; 10. Harvey (Croydon) 18.00; 11. Sayer (Ind.) 18.03; 12. Baker (New Haw and W.) 18.04; 13. Fitzpatrick (Redhill) 18.24; 14. Humphreys (Croydon) 18.25; 15. Britton (Surrey A.C.) 18.29; 16. Ralphs (Walton) 18.29; 17. M. Hindle (Epsom) 18.38; 18. Tomkins (Surrey A.C.) 18.49; 19. McGill (Croydon) 18.50; 20. Nihill (Sir P. Game B.C.) 18.54.

Open Teams: 1. Redhill and Reigate A.C. 27pts.; 2. Surrey A.C. 34; 3. Croydon H. 57; 4. Walton A.C. 58; 5. Epsom and Ewell H. 69; 6. New Haw and Woodham A.C. 79.

Boys' and Youth Clubs Race (in conjunction): Sir P. Game B.C. 71pts. Ind: A. Rogers (Sir P. Game) 17.17.

BRADFORD AND DISTRICT C.C.A. CHAMPIONSHIPS

Senior 8M.: 1, D. Humphreys (Bingley) 44.34; 2, S. Sykes (Longwood) 45.33; 3, J. Whittam (Airedale) 46.06; 4, W. Tidswell (Halifax) 46.56; 5, D. Mitchell (Bingley) 46.59; 6, T. Stewart (Airedale) 47.08. **Teams:** 1, Airedale H. (3.6.8.9.11) 37pts.; 2, Bingley 66; 3, Halifax 89.

Juniors 6M: 1, A. Cocking (Bramley) 31.25; 2, J. B. Wilkinson (Bramley) 33.02; 3, P. Watson (Bramley) 33.16; 4, G. Freggett (Wakefield) 33.21; 5, B. W. Priestley (Longwood) 33.35; 6, I. Evans (Wakefield) 33.37. **Teams:** 1, Bramley (1.2.3.7) 13pts.; 2, Halifax 47; 3, Longwood 47.

Youths 3½M: 1, M. Harrop (Halifax) 20.15; 2, D. Cleminson (Airedale) 20.20; 3, K. Forrest (Wakefield) 20.34; 4, G. Geldard (Bramley) 20.35; 5, T. Garnett (Halifax) 20.53; 6, D. L. Anderson (Bradford GS) 21.00. **Teams:** 1, Halifax (1.5.7.9) 22pts.; 2, Airedale 58; 3, Bradford GS 60.

Boys 2½M.: 1, P. Warden (Heckmondwyke GS) 14.07; 2, S. Preston (Bramley) 14.09; 3, A. Fairbank (Halifax) 14.15; 4, M. Priestley (Halifax) 14.20; 5, M. Sams (Bingley) 14.27; 6, B. O'Brien (Halifax) 14.32. **Teams:** 1, Halifax 20pts.; 2, Heckmondwyke G.S. 43; 3, Bradford G.S. 51.

ENGLISH RUNNERS ABROAD

San Sebastian, Jan. 27th. Held over the International 1955 course in hot weather, which adversely affected our runners, particularly Chorlton. Perkins led most of the way with Amoros on his heels. Unfortunately owing to a misunderstanding over the number of laps, Perkins made his effort too soon and in the extra distance to be covered, Amoros proved the stronger and went on to win by 120 yards. England lost the team race on the position of the last scorer after a tie on points.

1. A. Amoros (Spain) 39.19
 2. A. Perkins (Eng.) 39.46
 3. B. A. Bakir (France) 39.52
 4. L. Newens (Belg.) 39.59; 5. A. Chorlton (Eng.) 40.43; 6. W. Jouret (Belg.) 40.53; 7. J. Van Hoof (Belg.) 40.59; 8. Lachaud (Belg.) 41.11; 9. J. Coll (Spain) 41.19; 10. P. B. Driver (Eng.) 41.22; 11. L. Larraza (Spain) 41.28; 12. Carron (France) 41.36.

Teams:

1. Belgium	(4. 6. 7)	17
2. England	(2. 5.10)	17
3. Spain	(1. 9.11)	21
4. France	(3. 8.12)	23

Full details of the Hannut and Bilbao races, won by Ken Norris and Basil Heatley, respectively, are not yet available, but will be published next week.

SOUTHERN CHAMPIONSHIPS

Record entries have been received for the Southern Cross Country Championships at Epsom on February 16th. They are as follows—

Senior: 57 teams, 17 individuals.

Junior: 54 teams, 23 individuals.

Youths: 61 teams, 20 individuals.

YNYSBWL TO PONTYPRIDD 5M. RACE

The imagination of the people of Ynysybwl has been stirred with news of this event and competitors will receive a wonderful welcome, in this, the home of the legendary wonder runner, Guto Nythbran.

Entries (teams of 6, 3 to count) should be sent on A.A.A. forms to The Organiser, Picton Villa, Mountain Ash, by the closing date, 16th February. (Fees: teams 5/-, Individuals 2/6).

LETTERS (contd.)

the 1936 Olympics in Berlin there was a world war! (And only a few weeks after a Britain v. Germany match.—Ed.)

When two countries compete in sport, the governments concerned use it as a prestige builder—a means of boosting national pride. International understanding my foot!

Yours sincerely,

J. A. Latter.

London N.12

NORTHERN RESULTS

Dear Sir,

As a past secretary of a club in Cumberland and Westmorland (Kendal A.A.C.) I am afraid that I must agree that the Northern clubs are not given a "fair crack of the whip" in your magazine.

In the past I have sent results of races to your offices that have not been published. Also I know of other results that have not been published, for instance, what happened to the R.A.F. Binbrook v. R.A.F. Manby result which was posted to your office last week? May I suggest that less space be given to the un-sporting criticism of a proposed U.S.S.R. v. Great Britain athletics match and more space given to results.

Yours truly,

John M. Warner,

Kendal A.A.C.

This makes strange reading after the thanks we received for giving publicity to this particular "backward area" some time ago. I know of no Kendal results sent within a reasonable time which went unpublished, and we know nothing of the R.A.F. result mentioned, it was not received here.—Ed.

SCOTTISH DISTRICT CHAMPS. (contd.)

burgh Northern H., with a good win in 20m. 30s. Falkirk Victoria had a sound victory in the team race with 10 points.

Senior 6m:

1, A. S. Jackson, Edinburgh Univ. 37.24; 2, J. Devlin, Edinburgh Eastern H.; 3, W. F. Lindsay, Edinburgh Southern H.

Team Race:

1, Edinburgh Southern H. (W. F. Lindsay 3, W. A. Robertson 4, J. Foster 8, W. A. Lyall 9, R. McAllister 14, J. Smart 17) 55pts.; 2, Edinburgh Eastern H. 110pts.; 3, Edinburgh University 126pts.

Youths' 3m.—

1, J. Messer, Edinburgh Northern H. 20.30; 2, J. Simpson, Falkirk Victoria H.; 3, D. Lamont, Falkirk Victoria H.

Team Race—

1, Falkirk H. (I Simpson 2, D. Lamont 3, D. McPherson 5) 10pts.; 2, Edinburgh Northern H. 34pts.; 3, Kirkcaldy Y.M.C.A. 36pts.

Other Results

North Eastern C.C. League Third Race, 6m. at Dundee, 19/1/57

This race should have been run at Perth but was transferred at short notice to Dundee. Strathtay H., St. Andrew's Un. and Hawkhill H., were all under strength, Strathtay being the most seriously affected. For a change St. Andrew's did not monopolise the leading positions, although they provided the winner in J. Docherty, whose time was 35.15. I. Maycock, St. Andrew's, did not run to form and a fall near the finish did not help matters. Youth Champion, Willie Kennedy, of Hawkhill ran his best race to date and finished runner-up to Docherty in 35.58. J. Dick, Strathtay, also excelled himself to finish third in 36.05. St. Andrew's, usually weak in the tail, rallied very well this time to gain a narrow victory over Hawkhill by 65pts. to 71pts. In the League table, Strathtay and Hawkhill are equal with 217pts., and St. Andrew's have 220pts. with Dundee T. 280pts. The stage is therefore set for a grand finish in the final race at St. Andrew's on the 16th February.

Team Race—

1, St. Andrew's Un. (J. Docherty 1, D. Carter 4, I. D. Maycock 11, K. McAdam 12, D. Graham 18, S. Allan 19) 65pts.

2, Hawkhill H. (W. Kennedy 2, L. Simpson 7, I. McDougall 10, J. McLean 14, A. Smart 17, E. McLean 21) 71pts.

3, Thistle H. (D. Miller 5, C. D. Robertson 6, J. Fotheringham 9, J. McInally 13, J. Peerie 16, E. King 24) 73pts.

4, Strathtay H. 94pts.

Indiv. Race—

1, J. Docherty (St. A.) 25.15; 2, W. Kennedy (H.H.) 35.58; 3, J. Dick (S.H.) 36.05.

Inter-University 6½m. C.C. race at Garscadden, 19/1/57

1, Edinburgh Univ. (A. Mowat 2, J. M. Hartley 3, P. Pentland 4, D. Dingwall 6, A. M. Orr 7, G. Donaldson 8). 30pts.

2, Glasgow Univ. (J. Pearson 1, B. Galbraith 5, J. McLeod 9, M. Scott 11, P. Martin 12, R. Meikle 13) 51pts.

Indiv. Race

1, J. Pearson (G) 39.55; 2, A. Mowat (E) 40.5; 3, J. Hartley (E) 41.20; 4, P. Pentland (E) 41.20; 5, B. Galbraith (G) 41.50; 6, D. Dingwall (E) 42.18.

Motherwell Y.M.C.A. Championships, 19/1/57.

Andy Brown, the S.A.A.A. 6M. Champion, did not defend his title owing to injury. Tom Scott was a worthy winner of Brown's title, beating J. Poulton by about 500 yards in 38.10, to Poulton's 39.55. M. Mitchell was third in 42.03. The youths' 3M. race was won by F. Rodgers in 21.05, with J. Hoey 2nd 21.40, and D. Gilfillan third 22.10.

Women's 1¼M. race at Pollokshaws, 19/1/57.

This ballot team race promoted by Maryhill H., resulted in a win for D. Gregg, Bellahouston H. in 10.21, with M. O'Hare, Maryhill H. 2nd, in 10.25, and D. Fulton, Springburn H., 3rd in 10.29. The winning team was—D. Gregg (Bellahouston) 1, M. O'Hare (Maryhill H.) 2, J. Norris (Ayr) 9, 12pts.

Dundee Thistle C.C. Championship over 6½m.: 1, C. D. Robertson 43:19; 2, J. Fotheringham 43:51; 3, J. Petrie 44:41.

Dundee Hawkhill H. C.C. Championships. Senior 6m: 1, J. McDougall 36:25; 2, L. Simpson 36:47; 3, J. Laird 37:03. **Youths' 3m:** 1, W. Kennedy 16:55; 2, J. Kennedy 17:33; 3, E. McLean 18:04.

WITH THE LADIES (contd.)

11th, and the 660 yards relay and 880 yards senior championship which will be held at the London Fire Brigade Meeting at White City on either 24th or 31st August. The Pentathlon will be staged on July 27th at Battersea Park.

The Ilford Ladies' A.C. Road Relay will be held from the Bungalow Tearooms, Chigwell Row, Essex, on 30th March, and any inquiries should be made to Mrs. B. Soar, 129 Gresham Drive, Chadwell Heath, Romford, Essex.