

Feb. 5th, 1955

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Vol. 9. No. 6

# Athletics WEEKLY



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**SATURDAY, 21st MAY, 1955** : : **at 2.15 p.m.**

: on :

**The Sports Ground, Handley Wood, Barrow Hill, near Chesterfield**

*The running and cycling track is of cinder and incorporates a 220 yards straight*

### OPEN EVENTS

#### MEN—

SCRATCH—100 metres. 1 Mile.  
2 Mile Harriers' Team Race (four in  
a Team).

HANDICAP—220 yards. 880 yards.

JUNIORS—Scratch 880 yards.

TUG-OF-WAR—6-a-side and coach.

#### WOMEN—

SCRATCH—100 metres.

HANDICAP—220 yards.

RELAY (220 x 100 x 220 x 100 yards).

### SPECIAL INVITATION

#### MEN—

SCRATCH—220 yards.

### CYCLING

#### MEN—

SCRATCH—640 yards (one lap).

HANDICAP—440 yards. 880 yards.

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Team Race £7/7/0 first man home. 3 at £5/5/0; 3 at £3/3/0.

**Entry Forms and further information from—**

**R. J. HAWLEY,**

Staveley Iron and Chemical Co., Ltd., Hollingwood, near Chesterfield.

**CLOSING DATE FOR ENTRIES** : : : : **9th MAY, 1955**



# Athletics Weekly

Official Organ of Athletics in Great Britain

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EDITOR: P. W. GREEN

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## CONTENTS

	PAGE
WALKING, by A. D. McSweeney	5
IN THE NEWS — Vladimir Kuts	6
SCOTTISH NEWS	8
AUSTRALIA	9
DEREK WALKER	
answers the Questionnaire 10	
WOMEN'S BEST BRITISH	
PERFORMERS, 1954	13
NEWS COMMENTARY	16

EVERY SATURDAY — NINEPENCE

**T**O-DAY we have some interesting area events over the country, as well as the Women's National Junior race at Stourbridge, and the Vale of Aylesbury Youths' Relay.

One of the best races should be the South of the Thames Senior Championship at Horsham, which the likely winner, Ken Caulder, misses because of his race at Hannut to-morrow. This may also deprive his club, Surrey A.C. of a winning chance, though they may still provide the individual winner in Brian Barrett, who should have a great tussle with Hugh Foord, of Brighton. Chris Brasher is one of several interesting entrants in this event, in which the team race here should be close and interesting.

Other events include the North of Thames race at Hadleigh—where a post-war record entry of 29 teams should see Essex Beagles, St. Albans and T.V.H. fighting out the team race and the individual race resting between G. T. Olding (Hornsey), E. Baverstock (Essex Beagles), and A. Perkins (Ilford)—the North Eastern Championships at Gosforth, the Yorkshire Championships at Huddersfield and the East Lancs. Championships at Winton.

### Bias.

This past week I have been taken to task by Mr. J. J. Govier, who says that the obvious bias in my remarks on the Inter-Counties Championship disgust him. He asks: "Isn't it about time that Norris and Middlesex athletes received a square deal? This latest issue spotlights your persistent playing down of Ken Norris's efforts and will, I feel sure, cost you readers." Mr. Govier also complains of too many Surrey photographs, including the Mitcham "15."

Well, I very much doubt if my old friend, Ken Norris feels that his efforts are always "played down." He has, obviously, a great "fan" in Mr. Govier, but the latter should endeavour to control *his* bias. I have no axe to grind and always try to be completely impartial. My comments on the conditions at Liverpool—which, incidentally, I missed only because of the birth of a son at home—were not meant to be excuses for Pirie or any other athlete, but merely what a lengthy experience as a cross-country runner and coach has taught me. For instance, too much emphasis should not be placed on the fact that Frank Sando was only 81st that day—and having said that, I shall live in hopes that my old critic won't write in again telling me how "pro-Sando" I am! It is grand to have these "fans" and their comments, but I do wish sometimes that they could keep their partisan feelings on a more even keel.

As for photographs, well, he has a point there, perhaps, but as I have mentioned before, the only really interested photographers happen to be from Surrey and, being free-lance photographers, I cannot send them chasing off all over the country, not even to please readers of "A.W." Our cover photograph last Saturday was of Ken Norris—and that had nothing to do with Mr. Govier's criticisms! As for the Mitcham "15," I consider this a national not merely a Surrey event.

THE EDITOR.



## Letters to the Editor

### ARMOUR MILNE REPLIES TO NEIL ALLEN

*Though my views, stated last week, are that political discussions can have no place in "Athletics Weekly," I feel that I must permit Armour Milne to reply to comments made in "News Commentary," a few weeks ago. Parts of Armour Milne's letter of a controversial, political and personal nature, have been omitted. No further correspondence on this subject can be entertained—Ed.*

Sir,

I was disagreeably surprised to find that in issue No. 3 (Jan. 15th) your contributor, Neil Allen, had been permitted to make blatant use of his "News Commentary" for the purpose of putting across anti-Soviet propaganda. His . . . references to the New Year greeting sent by Vladimir Kuts to Chris Chataway and to Zatopek's absence from the Sao Paulo New Year's eve road race cannot surely be expected to help foster friendship among athletes and among nations.

However, as Allen has chosen to make these quite unwarranted and nonsensical criticisms, I would welcome space to be able to defend the athletes criticised and the countries concerned.

Allen may remember the 1945 visit of the Moscow Dynamo F.C. to Britain and the warm appreciation of the British sporting public which they earned on that memorable occasion. He may have heard of their great successes in international Chess, weight-lifting, wrestling, basketball, speed-skating, ice hockey, etc. He may even have seen them compete in the European athletics championships in Brussels and Berne, or at Henley.

Giving Allen this wide field to choose from, I challenge him to give even one authentic instance of where a Soviet athlete showed other than exemplary behaviour both on and off the field. If he will admit this extremely high level of good sportsmanship among Soviet athletes, then he must also concede that it would not be unnatural for a charming person such as Kuts is, irrespective of what his nationality or political views may be, to send a friendly greeting to the man who has beaten him fairly and squarely in international competition.

The alternative to that is that Allen subscribes to the view that there is no such thing as true sportsmanship, that the handshaking

and sending of greetings is just so much ballyhoo. If so, such cynicism is out of place in the pages of a magazine which, with such rare exceptions, breathes a healthy spirit of real good comradeship.

Whatever Allen's private views may be about such foreign customs as the exchanging of bouquets by sports teams—and as a Britisher I am the first to admit the embarrassment which it causes me personally — I think it savours of pettiness to drag it into his embittered criticisms.

On the subject of Zatopek, whether Allen likes it or not, the fact is that Zatopek, although invited to run in the race in Sao Paulo, was not given a Brazilian visa and therefore could not take part in the race. The tenth-hand remarks attributed to Zatopek as to why he could not run in the U.S.A. are somewhat frayed at the edges by now.

**Armour Milne**  
Prague, 25/1/55

### BRAINS TRUSTS

Dear Sir,

I read in this morning's paper that certain members of the entertainment and sporting world, including Chris Chataway, are to join a panel in a "Brains Trust," which is sponsored by a political party. I would like to know what the A.A.A. and the ordinary athlete think on this matter.

I, personally, would rather politics and professionalism were kept out of our sport—and I see this as the first step in that direction. Our sport is the best and cleanest in the world because it harbours neither professionalism nor politics. Let's keep it so.

Yours faithfully,

**J. Drew,**  
(Woodford Green A.C.)



## STARTING

Dear Sir,

I read with considerable interest Mr. P. W. Green's opinions on "Sprinters and the Starter." I do agree that frequent "breaks" in the short sprints are irritating to spectators and the gun firer, who must always keep cool and collected. The one who suffers most is the well trained athlete who remains steady and relaxed on his blocks until the "start" is accomplished.

It seems certain to me that good starting is dependent upon excellent "start" coaching of the athlete. The continued fixing and re-fixing of the blocks is essential as a starting drill and included in all training schedules. The very necessary exercises for strength in fingers,

arms and shoulders are also of vital importance, any weakness here giving rise to movement when weight is disposed well forward in the "set" position, and only after a very great deal of practice is a steady position achieved.

The athlete with a slight "show off" temperament may be coached to greatly improved performance with patience and perseverance on the coach's part. I, for one, am hopeful of better starting, and I blame the athlete and not the gun firer. If our young athletes are adequately instructed in the rather difficult art of starting quickly and efficiently, I am sure it can be done eventually.

D. L. Woolcott,

Hon. Coaching Organiser, Notts A.A.A.  
and Hon. Senior Coach, A.A.A.

## *Walking*

### The "Garnet" Championship

THE 10 miles Southern "Garnet" Championship being held at Mitcham this Saturday has roots going back to 1909 when the first race for this trophy was won by evergreen Harry Evans, of Belgrave H., a man who will be judging this year's event. The first winning club, Middlesex Walking Club, have long since been extinct, although the Metropolitan W.C. did, in the days of its birth pangs, wish to take up and carry on under the old Club's title. It may have been that the A.A.A. thought the name too pretentious for such an infant as the "Met.," or it may have been that the dead body of the Middlesex W.C. had not reclined long enough in its grave for a newcomer to wear its mantle. That be as it may.

However the race has been continued through the years and after several vicissitudes reverted three years back to its original status as a Southern Championship, but retaining the barring clauses which really put it on the level of a second-class Championship. Each of the three chief areas under the wing of the R.W.A. carries on its own version of the race. In the North it is the "Junior" Championship, in the Midlands the "Standard" Championship. In the South it is the "Garnet" because that has always been the name of the trophy.

Surrey W.C. massed well last year to walk off with the bauble and they still have a very

useful team with A. Elmslie, D. Perkins and S. Jeacock as the spearhead. But the potential of Belgrave, Highgate and Metropolitan is, I fear, rather too strong to give Surrey a real chance this time. I expect the first three named to fight out the issue which, on paper, looks extremely close. Brighton A.C., Essex B., Polytechnic H. and Surrey W.C. will be close enough to take advantage of any bad slip by the favoured three.

For the individual title, A. Macfarlane (Poly. H.) and G. L. Meadows (Highgate) who have been in fine form in recent weeks, should be the chief contenders. Meadows won the Police Open 7 miles after a hard race with Macfarlane, in which the latter was ruled out when in front nearing the finish, and both won Inter-Club ten miles races in good time on Saturday last. Others prominent will be E. Hall, the Civil Service and Belgrave H. "Horwood" Cup 7 miles Champion, J. Hubball, St. Albans City A.C., the "Godstone" winner, N. Thompson, Met. W.C., one of the fairest walkers of the day, W. D. Leveridge and C. A. Young, of Essex Beagles and, if he is fit, M. Tadd, of Brighton A.C.

The course, which starts and finishes at the "Three Kings," consists of four laps of Mitcham Common, and this will be a test of speed rather than of endurance, only a couple of

*Continued on page 7*



## VLADIMIR KUTS (U.S.S.R.)

THE fabulous Czech athlete Emil Zatopek has announced that he has given up running distances shorter than 10,000 metres. He gave no reason, but I prefer to think that Emil's decision was influenced by his recent defeat at the hands of that astounding Russian runner Vladimir Kuts.

Before the European Championships last August Kuts was just a name outside the U.S.S.R. We in Britain knew of his existence only because reports of the fast times he had put up came filtering through from behind the Iron Curtain.

To-day the whole world has been shaken by the prowess of this record-breaker from Russia. He won the 5000 metres at Berne in the then new World's record of 13min. 56.6sec. In October he was pipped on the post by Chris Chataway at London's White City, Kuts' own time being 13min. 51.8sec.

Ten days later Vladimir represented his country against Czecho-Slovakia at Prague, and won his event in 13min. 51.2sec. to regain the World's record from Chataway by two-fifths of a second. Second was Zatopek, *twenty-eight seconds behind.*

Although twenty-seven years old, Kuts only started running three years ago. He was born in the Ukraine, but moved to Leningrad and more recently to Moscow.

He is a sailor, and like most sons of the seas, is possessed of a jovial disposition. He likes to talk about athletics, but not about himself.

In August 1952 at Leningrad's famous Kirov Stadium, Vladimir had his first shot at the U.S.S.R. championships. He finished sixth in the 5,000 metres. Time 14min. 56sec. In the 10,000 metres he was a bad seventh in 31min. 2.4sec.

Last year Vladimir won both titles, clocking 14min. 2.2sec. in the 5000 metres and 29min 49.4sec. in the 10,000 metres. In just twelve months his improvement was phenomenal.

But Kuts was by no means unbeatable. Competing in the International World Youth Championships at Bucharest in August, 1953, he was beaten into second place in both events by the great Zatopek, and the Hungarian ace Kovacs defeated him over 5000 metres a month later in the U.S.S.R.-Hungary international.

So we come to this year's European Championships, and the fantastic race that was to establish Kuts' reputation. He had decided to give the 10,000 metres a miss, and concentrate on the 5000 metres.

And how he concentrated! The spectators were wondering what it was all about as the Russian took an early lead, and increased it lap after lap. Quite a way behind ran Chataway and Zatopek. There were murmurs of "He's going too fast. He's bound to come back." but *he* never did.

Chris Chataway admitted afterwards that it was a tactical error to concentrate on what Zatopek was doing, and allow Kuts to build up that unas-

KUTS, during his epic race at the White City in the London v. Moscow match, when he led practically the whole way, only to be beaten in a terrific struggle down the final straight.





sailable lead. But the Russian had set up a World's record, and had won the battle of tactics.

It was inevitable that the White City was packed to suffocation for the Chataway-Kuts return meeting. And no race has ever stirred my emotions more. I, like everyone around me, found it impossible to remain seated as Kuts and Chataway reeled off lap after lap at record-breaking pace.

Never before had a White City crowd witnessed such a fantastic race. Kuts' intermittent bursts, nay-sprints, in his efforts to shake Chris off, but in vain. I think those in the Stadium and even those who watched on TV willed Chris home that night. And he didn't let us down.

But I for one never thought for a moment that Kuts could improve on this performance within ten days. The fact that he did stamps him as one of the all-time "greats."

Vladimir was not boasting when he said he could probably knock another five seconds off the 5000 metres record. Like the great Paavo Nurmi, he knows his capabilities.

It remains to be seen what next season will bring forth. Zatopek is no longer in record-breaking mood at this distance, Chris Chataway says he will be running miles, and on the face of it, there seems little opposition to Kuts' record. The Russian is also turning his attention to the 10,000 metres.

But Vladimir has a great respect for Gordon Pirie, whom he saw in action at Manchester and has since shown his worth by soundly beating Mihalic and Kovacs over the country. Now fit again, Gordon is determined to make his presence felt during 1955, and the following year is Olympic year. Which brings in John Landy on his own ground.

The blonde Kuts impressed me most of all by his superb condition. He does not give that "all-in" impression at the end of a race, which is remarkable when one considers his sprinting tactics. Perhaps the fact that he also enjoys boxing, skiing and rowing is partly responsible for his all-round fitness. His training, along Zatopek lines, has made him into the 9th greatest distance runner of all-time.

Every regular White City fan likes a sportsman. I remember Willem Slykhuis, the Flying Dutchman, who had so many duels with our own Sydney Wooderson, the little Yugo-Slavian steeple-chaser Petar Segedin, modest Frenchman Alain Mimoun.

As we always said to them, so say we to Kuts. "Come again. We like you."

## WALKING (contd.)

railway bridges each time round disturbing the even tenure of the plateau. Race starts 2.30 sharp, dressing at Western Road Schools.

### Green holds S.E. Title

"Dicky" Green held his Stock Exchange 7 miles Championship at Regents Park on Saturday last and had a much easier task than last year when Green, E. Hipkins and R. Andrews were all sprinting for the tape together. Many of the contestants seemed not very fit and the anguished cry from the Stock Exchange athletes these days is that the strain of carrying home their monthly salaries is so great that they need three weeks rest to get over it. My impression of last week's race was of the very nice walking by young Dave Stevens, of Walton, who beat Andrews for second place.

**Stock Exchange A.C. 7 Miles Championship, Regents Park.** 1, R. E. Green (holder), Wedd Jefferson and Co., 58.29; 2, D. J. Stevens, R. Wigram and Co., 60.24; 3, R. Andrews, Foster Braithwaite, 60.25. Team: Wedd Jefferson.

**Belgrave H. 10 Miles Inter-Club race, Wimbledon.** 1, A. Macfarlane, Police, 80.00; 2, S. C. James, Belgrave H., 80.34; 3, B. E. Shepherd, Belgrave H., 82.23; 4, G. Checkley, Police, 83.44; 5, R. Newson, Belgrave H. 84.30; 6, H. McGreechan, Police, 85.01. Teams: Belgrave 104, Police 149. Belgrave Club Championship: 1, S. James; 2, G. Checkley; 3, R. Newson. Handicap: E. Smith.

*Walking Results continued on back page*

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# Scotland

By W. Diverty

## SCOTTISH FIXTURE LIST—1955

The 1955 list shows several changes from 1954. The Glasgow Police Meeting is brought forward a week to June 4th to suit the B.A.A.B. Three meetings have dropped out owing to lack of public support, namely, The Glasgow Highland Gathering, The Edinburgh Lighting and Cleansing Dept., and The Vale of Leven A.A.C. The passing of these meetings is regrettable.

A new Club Meeting is fixed for June 18th, at Westerlands, when the Atalanta Club will oppose the Christie Club, Manchester.

The match between the S.A.A.A. and the Atalanta Club will be held on June 30th, or July 6th, whichever date is most suitable.

The West Calder A.S.A. are opening a new track on May 21st, when they hope to stage an East v. West contest. A match of this nature would provide a highly interesting tussle, so what about it S.A.A.A.!

The general programme for 1955 is very interesting and should provide a good season's sport.

To give Athletics in Scotland a boost, what about the British Amateur Athletic Board staging an International Contest in Glasgow. The presence of British Athletes like Chataway, Pirie, etc., plus the foreigners would, I feel sure, bring out the crowd. The last contest of this nature, held in Scotland, was in 1935 at Hampden, when Great Britain met Finland. Another International is well overdue.

## Scottish Fixtures for 1955

### May—

- 7 N.C.B. Sports, Tillicoultry.
- 7 Edinburgh Trades Council.
- 14 Tullibody and Cambus Games.
- 18 Larkhall Sports Association.
- 21 Bonnybridge Highland Games.
- 21 Scottish Y.M.C.A. Championships.
- 25 Campsie A.A.C.
- 28 Dunbartonshire A.A.A.

### June—

- 4 Glasgow Police A.C.
- 4 Scottish Universities Championships.
- 4 Singer A.C.
- 4 Dundee Corporation.
- 7 Lanark A.A.C.
- 11 Motherwell and Wishaw Police A.C.
- 11 Scottish Women's A.A.A. Championships.

- 11 Bathgate St. Mary's.
- 18 Babcock and Wilcox A.C.
- 18 Atalanta Club v. Christie Club.
- 18 Lanarkshire Constabulary.
- 18 Scottish Deaf Sports Association.
- 18 Scottish Schools' Championships.
- 20 Renfrewshire A.A.A.
- 24/25 S.A.A.A. Championships.
- 25 Stewarton Bennett Guild.
- 28 Glasgow Transport A.C.

### July—

- 2 S.A.A.A. Junior Championships.
- 2 Ardeer Rec. Club.
- 6 Larkhall Sports Association.
- 9 Dundee North End.
- 9 Linlithgow Town.
- 9 Motherwell Y.M.C.A.
- 16 Edinburgh Police A.C.
- 16 Broughty Ferry.
- 21 Edinburgh Press Charities Gala.
- 23 Aberdeen Corporation.
- 30 Falkirk Victoria H.

### August—

- 6 Rangers F.C.
- 13 Carlisle Charities.
- 13 West Calder A.S.A.
- 20 Edinburgh Highland Games.
- 20 Bute Highland Games.
- 20 Milngavie Highland Games.
- 20 Sanguhar Games.
- 26/27 Cowal Highland Games.

### September—

- 3 Shotts Highland Games.
- 10 Dunblane Highland Games.

### June 30th or July 6th—

S.A.A.A. v. Atalanta Club.

## SCOTTISH RESULTS

### January 15th

#### Ayrshire Championship

1, D. Lapsley (W. Kilbride) 42.00; 2, J. W. Armstrong (Beith); 3, J. C. Harris (Beith).  
**Teams:** 1, Beith 46pts.; 2, Irvine 75; 3, Kilmarnock 94. **Youths 3M:** 1, R. Kennedy (Irvine); 2, T. Shields (Beith); 3, J. Nelson (Irvine). **Teams:** 1, Irvine 11pts.; 2, Beith 15; 3, Doon 19.

### January 22nd

**Garscube H. 7M. H'cp.:** 1, D. Canson (6.55) 36.04; 2, W. J. Ross (6.55) 36.45; 3, J. Linn (5.05) 37.03. **Fastest times:** 1, G. A. Dunn (scr.) 38.25; 2, A. Kidd (scr.) 38.55.



## SERIOUS THREAT TO BRITISH DISTANCE MEN

David Stephens, 24 shattered the Australian 6 miles record by 48sec. in Melbourne, on January 13th, when he clocked 28:38.0. Geoff Warren was second in 29:02.0, and Neil Robbins third with 29:42.4. The record had been set a week earlier in Sydney by Keith Ollerenshaw, with 29:26.0. It was the most significant performance in Australia since John Landy's 4:2.1 mile in December, 1952.

Stephens, who had raced only three times previously this season (he has had muscular trouble), set himself a schedule of 29min.—quite a target for a man who had little idea how he would perform. But away he went, reeling off the miles in 4:50, 9:40.2, 14:27.6, 19:16 and 24:01.8; the last being covered in 4:36.2, and the final lap in 66sec.

It was most heartening that Stephens ran the second "3" in 14:10.4 (or 2sec. faster than he had ever done in a race over that distance). This success will inspire Dave, and he could be a major "threat" to British and European stars in the Olympic 10,000 metres here next year.

Stephens hasn't the pretty form of John Landy, but he has a magnificently economic, ground-hugging style. He knows there is a lot to pick up in the next 18 months, but the chances are he'll be right up with the first three on the world 10,000 metres list before the Games.

On the same programme (an evening meet) Don Macmillan won the mile in 4:13.2, from Bob Morgan-Morris, 4:14.0. "Mac" has been flying home in some of his finishes recently, and given good conditions he should set a new Australian 880yd. record (now 1:52.1). He says he no longer likes the mile.

The second day of the N.S.W. state championships (on Jan. 15th) saw Allan Lawrence reduce his 3 miles record—to 14:05.0—but he didn't even look like going near the sub-14 min. we had expected.

Geoff Goodacre, who a week earlier had set a national 220yd. hurdles record of 23.1sec., made it a "double" by taking the 440yd. hurdles easily in 54sec.; while Bill Job added to his 100 and 440yd. crowns with the 220yd. in 21.8sec.

Other winners were Peter Melhuish, 880yd.

1:54.5; Brian Oliver hop-step-jump 46ft. 10½in.; Alexis Hakelis, javelin throw 193ft. 6in., and Keith Pardon, age 42, the hammer throw with 155ft. 3½in.

Melbourne interclub resumed the same day, on a bone-dry, concrete-hard arena that looked like a miniature Sahara Desert—with a burning sun to complete the illusion. It was almost all turn for the 880 men, while 220yd. dashmen had to negotiate skinny lanes which demanded contortionist ability to get around.

Nevertheless, there were good times as these men won 880yd. divisions: Len McRae 1:54.0, Don Macmillan 1:54.6, John Douglas 1:55.8 and Terry Sullivan 1:56.4.

It really hurts to think of these class runners belting it out week after week on sub-standard tracks, and getting a poor "time" return for their efforts.

Very good, too, was the 220yd. in 22.4sec. by Alan Broadbent, the 17-year-old 48.6sec. 400 metre-boy. This equalled the track best (a record, of course, because the arena hasn't ever been used for athletics), and the day's best by Queenslander Hec Hogan, competing by invitation.

Hogan described the track as "about the worst I've tried," and added that his legs "went" near the finish. No wonder!

In Perth, Max Evans narrowly beat Bill de Gruchy over 100yd. in 9.8sec.; while Shirley Strickland equalled her own Australian 80 metres hurdles record of 11.2sec. Rae James, young Sydney girl, ran 220yd. in 24.8sec., on January 15th.

## BOOKS RECEIVED

**Women's Athletics**, by George Pallett. Published by The Normal Press Ltd., London, at 15/-. This, the first book of its kind, has a foreword by Fanny Blankers-Koen and tells the story of women's athletics in the modern era. The wealth of detail must have meant a colossal amount of research by the author. All events are covered from sprinting to cross-country running and walking, and there are results of International Games from 1922 to the present day. There are also chapters on training, equipment, officiating and organisation. Altogether a most comprehensive study of women's athletics.





# DEREK WALKER

(SHEFFIELD UTD. H.)

*answers the  
Questionnaire*

- Name (Surname first):** Walker, Derek
- Birthplace and date:** Sheffield, 29.9.28
- Height:** 5'9"
- Weight:** 10st. 2lbs.
- Occupation:** Clerk
- Club:** Sheffield United H. & A.C.
- When did you first commence athletics?** Winter of 1944
- What were your first events?** Cross-country and 2 miles
- What are your favourite events now?** Cross-country, and 6 and 3 miles track events
- What are your best marks at these events?** 7th "National" 1954, and 5th International 1954, 6M. 29min. 25.8sec. 3M. 14min. 11sec.
- Give brief details of your athletic career, championships won, dates and performances:**
- 1944: Sheffield & Dist. and Yorkshire Boys' Champion.  
 1946: Northern Youths Champion. 3rd National Youths.  
 1947-8: Yorkshire Junior Champion.  
 1953: 4th Inter-Counties. 10th National senior. 2nd Reserve England team.  
 1954: Yorkshire Senior Champion. 2nd Northern. 7th National. 5th International. 4th Inter-Counties. Yorkshire 1 mile champion. 4th Inter-Counties 6M.



**Which performance gave you most personal satisfaction and why?**

Winning the Yorkshire Senior C.C. Championship 1954. It was 10 years since I first started running and the Youths championship is the only one I have not won.

**How many days a week do you train in (a) Summer and (b) Winter?**

(a) 6 days. (b) Up to start of Championships—7 days. Rest day before race.

**At what time of the day do you normally do your training?**

After working hours, usually commencing 6.15 p.m.

**How long do you spend on each training session?**

From 1hr. to 1½hrs.

**Give a brief outline of your training in the Summer season, with a typical week's work:**

Allow about a month for change-over from cross-country to track. This is done by easy runs on a track, through woods or parkland. Then concentrate on the speed work which should be the only thing required by athletes.

Monday: Warm-up 30/40mins. Time trial over 6 laps. Warm-down.

Tuesday: Warm-up 30/40mins. Time trial over 3 laps. Warm-down.

Wednesday: Warm-up 30/40mins. Time trial over 660yds. Warm-down.

Thursday: Repeat Monday.

Friday: Rest.

Saturday: Competition.

Sunday: ½hr. fartlek.

**Give a brief outline of your training in the Winter season, with a typical week's work:**

From October to middle of November, easy runs gradually increasing the amount of work done. Mid-November to December increase the work further still and then after December concentrate on fast running to get the system used to the racing feeling.

Monday: After a week-end of hard work, run about six miles.

Tuesday: 12/13 miles, easy run to begin with increasing to a sharp even pace over 6 miles.

Wednesday: 12/13 miles easy running with bursts of speed.

Thursday: Repeat Tuesday.

Friday: 10 miles easy running.

Saturday: Club run, approx. 12 miles.

Sunday: Fartlek—½hr. over country.

**How often do you compete in the competitive season(s)?**

During Winter, beginning with the Inter-Counties, every 2 weeks. Commencing about Whitsun, every week with Inter-club runs during week.

**Describe briefly the warming-up you do before competition and time taken:**

Warm-up for 20mins. in rubbers incorporating bursts for the wind. Change to spikes and warm-up for 10mins. making sure that the spikes feel comfortable.

**How many days rest do you prefer before competition?**

Easy training run on Thursday with no run at all on Friday.

**Name the coaches who have coached you:**

Johnny Johnston.



**Have you any suggestions for improvements in competition or athletics generally?**

More 1st class athletic meetings in the North of England. The length of athletic meetings, especially in the North, is too long; cut down on programme of events or make sure the programme is run to time.

**What advice would you offer to the young athlete or novice?**

Find the training method which suits you. One man's meat is another man's poison. Keep warm before and after your race. Look after your running gear. See that everything is clean and thoroughly dry before use.

## Welsh Notes

I must apologise to those readers who acted on the information I gave in my notes of 15th January, regarding the obtaining of the Official Report of the Vancouver Games from the C.C.P.R. Offices, Cardiff. This was owing to a misunderstanding; I intend however to make inquiries so that those who wrote making application for the Report shall not be disappointed, and perhaps I shall have news for them next week. Officials of clubs wishing to hire the Games film are requested to await a further announcement before making application.

At the Annual General Meeting of the Welsh A.A.A. held at Swansea on Saturday last, 29th January, the following officers were elected for 1955:—President: W. E. Fisher, Newport; Elective Vice-Presidents: North—Lt.-Col. The Rev. C. P. Hines, C.B.E., Anglesey. West: W. Johnson, Aberkenfig; South—D. J. P. Richards, Barry. Hon Treasurer: W. E. Fisher, Newport. Hon. Secretary: J. D. B. Williams, Mountain Ash. Nominations for the A.A.A. General

Committee — Elective Vice-Presidents: W. E. Fisher, Newport; F. Duggan, Clydach, Swansea. Delegates: E. Hopkins, Cardiff; R. Thomas, Caerleon; J. D. B. Williams, Mountain Ash; L. R. Jones, Newport.

The Association Meritorious Plaques for outstanding service to Wales were awarded to: H. Lewis, Cardiff; W. Johnson, Aberkenfig; J. Meyrick, Sebastopol, Mon.; T. Richards, South London Harriers (Marathon); J. I. Disley, London A.C. (Mile and Steeplechase); R. D. Shaw, Achilles (Hurdles).

At Cadoxton, Barry, the first Welsh Boys' Cross-Country Championship was held on 29th January, promoted by Barry Harriers, and an excellent affair it proved to be. It was well organised, well supported, and with fine weather, made an enjoyable afternoon's sport for everyone present. The two mile course at Pencoedtre was "all country" and consisted of three laps of a "figure eight" course, the greater part of which could be seen from the

*Continued on back page*



LAURIE SCOTT (Mitcham A.C.) leading the field when the Veterans A.C. held their Five Miles Cross-Country Championship at Putney Vale. Scott, No. 2, was first home just over a minute in front of LEN ROLLS (Belgrave H.) No. 5, who is just behind Scott, with the winner of the handicap, M. Hearn, also close up.

*E. D. Lacey*



# WOMEN'S BEST BRITISH PERFORMERS 1954

By L. H. WARD

## 100 YARDS

10.9secs.	H. Armitage, Longwood L.A.C.	Bradford (3.7)
10.9secs.	A. Pashley, Great Yarmouth A.C.	Vancouver (31.7) & White City (14.8)
11.0secs.	E. Wheeler, United Banks A.C.	White City (14.8)
11.1secs.	S. Burgess, Woolwich Poly. A.C.	Aylesford (29.5), White City (15.5) and Vancouver (31.7)
11.1secs.	P. Devine, "Q" A.C.	White City (15.5), Vancouver (31.7) and at Scottish W.A.A.A. Champs.
11.1secs.	E. Hay, "Q" A.C.	Inverness (4.9)
11.1secs.	J. Scrivens, Selsonia L.A.C.	Motspur Park (31.7) and Surrey Championships (15.5)
11.2secs.	A. Beats, Reading A.C.	Croydon (11.9)
11.2secs.	P. Campbell, Maryhill A.C.	Bute Highland Games
11.2secs.	C. Carter, Liverpool Pembroke	Stockport (15.5)
11.2secs.	J. Crump, Southend A.C.	Ilford (26.6)
11.2secs.	J. Desforges, Essex L.A.C.	White City (8.9)
11.2secs.	S. Hampton, Phoenix A.C.	Vancouver (31.7) & White City (14.8)
11.2secs.	S. Hoskin, Spartan L.A.C.	Chiswick (5.6)
11.2secs.	A. Johnson, Cambridge Harriers	Chiswick (5.6) and White City (14.8)
11.2secs.	D. O'Donnell, Liverpool Harriers	Stockport (15.5)
11.2secs.	C. Quinton, Birchfield Harriers	Perry Barr (24.7)

## 100 METRES

11.9secs.	A. Pashley, Great Yarmouth A.C.	Berne (26.8, 27.8)
12.0secs.	H. Armitage, Longwood L.A.C.	Berne (27.8)
12.0secs.	E. Wheeler, United Banks A.C.	White City (2.8)
12.1secs.	S. Cheeseman, Spartan L.A.C.	Eton Manor (5.5)
12.1secs.	J. Scrivens, Selsonia L.A.C.	White City (13.10)
12.2secs.	S. Hoskin, Spartan L.A.C.	Eton Manor (5.5)
12.3secs.	J. Desforges, Essex L.A.C.	Eton Manor (5.5)
12.3secs.	S. Hampton, Phoenix A.C.	White City (17.7)
12.3secs.	S. Masters, Selsonia L.A.C.	Eton Manor (5.5)
12.4secs.	C. Quinton, Birchfield Harriers	Perry Barr (29.5)

## 220 YARDS and 200 METRES

24.2 (m) secs.	J. Scrivens, Selsonia L.A.C.	Budapest (7.10) and
25.0 (y) secs.	J. Scrivens, Selsonia L.A.C.	Croydon (11.9)
24.4 (m) secs.	S. Hampton, Phoenix A.C.	Berne (29.8) and
24.7 (y) secs.	S. Hampton, Phoenix A.C.	White City (29.9)
24.9 (m) secs.	P. Devine, "Q" A.C.	Berne (28.8) and at Scottish W.A.A.A.
25.1 (y) secs.	P. Devine, "Q" A.C.	Championships
25.1 (y) secs.	A. Johnson, Cambridge Harriers	White City (17.7, 19.6)
25.3 (y) secs.	H. Armitage, Longwood L.A.C.	Vancouver (5.8)
25.3 (y) secs.	M. Brian, Essex L.A.C.	White City (19.6)
25.4 (y) secs.	S. Burgess, Woolwich Poly. A.C.	White City (15.5, 17.7), Vancouver (31.7, 5.8)
25.5 (y) secs.	M. Fenton, Plymouth Spartan	Paignton (11.8)
25.5 (y) secs.	J. Loftus, Coventry Godiva Harriers	White City (29.9)
25.5 (y) secs.	D. Phillips, Essex L.A.C.	Chiswick (5.6)
25.5 (m) secs.	A. Pashley, Great Yarmouth A.C.	Amsterdam (13.6)

## 440 YARDS

56.6secs.	D. Leather, Birchfield Harriers	White City (21.8)
57.1secs.	G. Goldsborough, David Brown A.C.	White City (19.6)
57.1secs.	J. Ruff, Basingstoke A.C.	White City (21.8)



57.7secs.	B. Loakes, Kettering Town Harriers	White City (21.8)
57.9secs.	C. Slemon, Selsonia L.A.C.	Chiswick (5.6)
58.2secs.	N. Smalley, Portsmouth Atalanta	White City (21.8)
58.3secs.	V. Winn, Spartan L.A.C.	White City (21.8)
59.2secs.	M. Wooller, Spartan L.A.C.	White City (19.6)
59.6secs.	H. Vincent, London Olympiades	White City (21.8)
60.2secs.	J. Knight, London Olympiades	White City (19.6)

#### 880 YARDS and 800 METRES

2m.09.0s. (y)	D. Leather, Birchfield Harriers	White City (19.6)
2m.08.9s. (m)	D. Leather, Birchfield Harriers	Berne (25.8)
2m.11.4s. (y)	A. Oliver, Gosforth H. and A.C.	White City (19.6)
2m.11.8s. (m)	A. Oliver, Gosforth H. and A.C.	Berne (25.8)
2m.11.7s. (y)	V. Winn, Spartan L.A.C.	White City (19.6)
2m.12.4s. (m)	V. Winn, Spartan L.A.C.	Berne (25.8)
2m.12.3s. (y)	B. Loakes, Kettering Town Harriers	White City (29.9)
2m.12.4s. (y)	N. Smalley, Portsmouth Atalanta	White City (19.6, 29.9),
2m.12.1s. (m)	N. Smalley, Portsmouth Atalanta	Ostrava (6.10)
2m.15.8s. (y)	H. Vincent, London Olympiades	Tooting (6.7)
2m.16.0s. (y)	C. Slemon, Selsonia L.A.C.	White City (19.6)
2m.18.2s. (y)	P. Perkins, Ilford A.C.	N. of Thames v. S. of Thames (7.7)
2m.22.2s. (y)	A. Dawson, Harrogate A.C.	Stockport (15.5)
2m.22.8s. (y)	M. Davies, Stockport Harriers	Stockport (4.9)

#### 1 MILE

4m.59.6s.	D. Leather, Birchfield Harriers	Perry Barr (29.5)
5m.09.6s.	P. Perkins, Ilford A.C.	White City (19.6)
5m.11.4s.	H. Vincent, London Olympiades	White City (19.6)
5m.12.9s.	D. Drummond, Maryhill A.C.	White City (19.6)
5m.13.2s.	R. Ashby, Coventry Godiva Harriers	White City (19.6)
5m.15.8s.	A. Oliver, Gosforth H. and A.C.	Leeds (5.6)
5m.16.7s.	M. Flinn, Selsonia L.A.C.	Ilford (18.9)
5m.16.8s.	L. Buckland, Cambridge Harriers	Chiswick (5.6)
5m.19.8s.	M. Westney, Ilford A.C.	White City (19.6)
5m.20.6s.	D. Williams, Birchfield Harriers	White City (19.6)

#### 80 METRES HURDLES

11.0secs.	P. Seaborne, Essex L.A.C.	Budapest (4.10)
11.1secs.	J. Desforges, Essex L.A.C.	Budapest (4.10)
11.4secs.	T. Hopkins, Short Bros., Belfast	Vancouver (5.8)
11.5secs.	C. O'Gorman, Mitcham A.C.	White City (17.7), Motspur Park (31.7)
11.5secs.	I. Pond, London Olympiades	White City (17.7), Motspur Park (31.7), Croydon (11.9)
11.6secs.	M. Bridgford, Spartan L.A.C.	Motspur Park (31.7)
11.6secs.	S. Mackay, Darlington Harriers	Stockport (15.5)
11.6secs.	P. Wainwright, Airedale Harriers	Stockport (15.5) and White City (2.8)
11.8secs.	L. Wilson, Birchfield Harriers	White City (2.8)
11.9secs.	P. French, Spartan L.A.C.	Chiswick (5.6)

#### HIGH JUMP

5'6"	T. Hopkins, Short Bros., Belfast	Vancouver (3.8)
5'4 1/2"	D. Tyler, Mitcham A.C.	Ostrava (6.10)
5'4"	S. Lerwill, Spartan L.A.C.	White City (19.6)
5'3"	M. Hudson, Spartan L.A.C.	Ilford (18.9)
5'2"	J. Frazer, Leicester Harriers	Leicester (26.6)
5'2"	L. Line, University of London A.C.	Motspur Park (31.7)
5'2"	P. Robson, Salford Harriers	Stockport (4.9)
5'1"	P. Bellamy, Aberdeen A.C.	Nairn Games
5'1"	M. Hobbs, Essex L.A.C.	Chiswick (5.6) and White City (19.6)
5'1"	J. Pearce, Croydon Harriers	Chiswick (5.6) and Ashington (16.7)
5'1"	D. Shirley, Salford Harriers	Stockport (4.9)



## LONG JUMP

19'9 $\frac{3}{4}$ "	J. Desforbes, Essex L.A.C.	Berne (26.8)
19'4 $\frac{1}{2}$ "	S. Hoskin, Spartan L.A.C.	White City (2.8)
19'2"	T. Hopkins, Short Bros., Belfast	Vancouver (7.8)
19'1"	S. Cawley, Spartan L.A.C.	White City (2.8)
18'10 $\frac{1}{2}$ "	J. Whitehead, Liverpool Harriers	Port Sunlight (31.7)
18'3 $\frac{1}{2}$ "	J. Morrison, W.R.N.S.	Motspur Park (31.7)
17'9 $\frac{1}{2}$ "	A. Johnson, Cambridge Harriers	Vancouver (7.8)
17'9"	P. Devine, "Q" A.C.	White City (19.6)
17'7 $\frac{1}{2}$ "	M. Baxter, Bristol University	Motspur Park (31.7)
17'6 $\frac{1}{2}$ "	D. Tyler, Mitcham A.C.	Chiswick (5.6) and St. Albans (12.6)

## DISCUS

141'5 $\frac{1}{2}$ "	S. Allday, Brighton L.A.C.	Chiswick (5.6)
135'7 $\frac{3}{8}$ "	M. Giri, Phoenix A.C.	Budapest (4.10)
130'8"	G. Buddle, Mitcham A.C.	Sweden ( .8)
127'6"	S. Needham, Spartan L.A.C.	N. of Thames v. S. of Thames (7.7)
123'11"	J. Brocklehurst, Selsonia L.A.C.	Chiswick (5.6)
120'9"	K. Warren, Epsom and Ewell Harriers	Chiswick (5.6)
117'2"	P. Jones, London Olympiades	Croydon (11.9)
114'5"	C. Spencer, Hants. County Schools	Ashington (17.7)
110'3"	J. Thomson, Edinburgh South H.	Scottish W.A.A.A. Championships.
109'11"	D. Coates, Oxford L.A.C.	White City (19.6)

## JAVELIN

140'7"	A. Collins, London Olympiades	White City (13.10)
131'5"	D. Coates, Oxford L.A.C.	Oxfordshire Championships
129'9"	A. Dukes, Cambridge Harriers	White City (19.6)
125'0"	J. Evans, Mitcham A.C.	Brighton (10.7)
124'3"	P. Hancock, Stoke St. Peter's A.C.	Stoke-on-Trent (21.7)
123'9"	M. Hayden, Walton A.C.	Walton (17.7)
123'8"	A. Williams, Hereford A.C.	White City (2.8)
121'10"	J. Ogden, Essex L.A.C.	White City (2.8)
117'6"	F. Robinson, Bedford P.E. College	White City (19.6)
116'0"	J. Elliott, Edinburgh University	Scottish University Championships.

## SHOT

41'1"	S. Allday, Brighton L.A.C.	White City (19.6)
37'5"	J. Cook, London Olympiades	White City (19.6)
36'5"	J. Balkwill, Mitcham A.C.	Mitcham (4.9)
36'1 $\frac{1}{2}$ "	G. Buddle, Mitcham A.C.	N. of Thames v. S. of Thames (7.7)
35'3"	S. Needham, Spartan L.A.C.	Manchester (16.10)
35'0"	M. Giri, Phoenix A.C.	Motspur Park (31.7)
34'9"	D. Coates, Oxford L.A.C.	Croydon (11.9)
34'4 $\frac{1}{4}$ "	M. Nusser, Birchfield Harriers	Birmingham (18.9)
33'7 $\frac{1}{4}$ "	A. Spencer, Airedale Harriers	Leeds (5.6)
33'5 $\frac{1}{2}$ "	U. Connor, Waterloo Harriers	Leeds (5.6)

*In Track Events, wind-assisted performances are not included.*

## YORKSHIRE WOMEN'S C.C. CHAMPIONSHIP

January 22nd

1, A. Dawson (Harrogate) 17.39; 2, M. Richards (Hallamshire) 18.42; 3, J. Wells (Hallam.) 19.30; 4, J. Gillyean (Airedale) 19.46; 5, F. Clarke (Harrogate) 20.26; 6, M. McDonald

(Halifax) 20.55; 7, D. Bateman (Hallam.) 21.11; 8, M. Mitchell (Halifax) 21.23; 9, C. Nelson (Harrogate) 21.59; 10, M. Pickup (Airedale) 22.23; 11, A. Dickinson (Hallam.) 22.58; 12, D. Farrar (Halifax) 23.50; 13, J. Sykes (Airedale) 24.10; 14, E. Etherington (Airedale). **Teams:** 1, Hallamshire (2.3.7) 12pts.; 2, Harrogate 15; 3, Halifax 26; 4, Airedale 27.



# News Commentary

By NEIL ALLEN

NOW that the American indoor season is well under way I expect to hear of some superlative performances from **Nielsen** (believed to be having a go at 5,000 metres some time in 1955), **Jack Davis**, **Bob Richards**, **Parry O'Brien** and possibly over two and

three miles from **Wes Santee**, who first represented his country over 5,000 metres at Helsinki. So that readers have a method of comparison, I give below what are the best known indoor performances for the more standard events:—

Event	Record	Athlete	Venue	Date
60 yards	6.1sec.	Equalled by 10 men from 1938 to 1954.		
600 yards	1min.9.5sec.	<b>Mal Whitfield</b>	New York, February 28, 1953	
880 yards	1min.50.5sec.	<b>John Borican</b>	New York, March 25, 1942	
1,000 yards	2min.08.2sec.	<b>Don Gehrmann</b>	New York, February 16, 1952	
Mile	4min.05.3sec.	<b>Gil Dodds</b>	New York, January 31, 1948	
	(best on standard banked board track)			
	4min.04.4sec.	<b>Glen Cunningham</b>	Dartmouth, March 3, 1938	
	(best on flat cinders track with 6½ laps to the mile)			
	4min.04.9sec.	<b>Wes Santee</b>	East Lansing, February 15, 1954	
	(best on flat cinder track with 220 yard laps)			
	4min.09.1sec.	<b>Don Gehrmann</b>	Michigan, December, 1951	
	(best on flat board track)			
2 miles	8min.50.5sec.	<b>Horace Ashenfelter</b>	New York, February 13, 1954	
3 miles	13min.45.7sec.	<b>Greg Rice</b>	New York, February 28, 1942	
60 yds. hdl.	7.1sec.	<b>Harrison Dillard</b>	Chicago, March 20, 1948	
High Jump	6ft.10½in.	<b>Ken Wiesner</b>	Chicago, March 28, 1953	
Pole vault	15ft.8½in.	<b>Corny Warmerdam</b>	Chicago, March 20, 1943	
Long jump	25ft.9in.	<b>Jesse Owens</b>	New York, February 23, 1935	
Shot putt	59ft.4in.	<b>Parry O'Brien</b>	New York, February 20, 1954	

The great running of **Gordon Pirie**, **Peter Driver** and **Ken Norris** in Mezidon last week was given the biggest splash by the *Daily Express*. One of the best results of this saturation coverage of athletics personalities (Pirie in this case) is that the enthusiast gets some athletics to read on a Monday morning instead of solid football! Pirie's easy defeat of Norris brought to my mind the elderly gentleman (at Liverpool), who should have known better, who confided "Pirie's finished—all that training has made him stale."

Chataway announced on his return from South Africa that he would not be competing again until May. I believe that his first serious race will be his third attack (following 8min. 49.6sec. in 1953 and 8min. 41.0sec. in 1954) on **Gaston Reiff's** two miles world record of 8min. 40.4sec. and that it will be at the British Games. Time? 8min. 38.8sec.!

The best U.S. High School performances, which were recently published in *Track and Field News*, make fascinating reading and really

give the American answer to European veterans like **Consolini**, **Zatopek**, **Bulanchik**, **Kovacs** and **Sandor Garay**. In the States, the athlete concentrates on his sport from the age of 14 to about 24 and then leaves college and retires. As a result of this system there is a considerable turnover of track stars in America (apart from the **Dillards** and the **Richards** who keep in shape through the indoor season and have jobs where it helps to be a public sporting figure).

Names among the high school athletes (all aged about 17 or 18) who I think will be brushing world records soon, include sprinters **Jim Jackson** (9.4sec. for 100 yards) and **Leamon King** (9.6 for the last three years, since he was 15), **Don Bowden**, 1min.52.3sec. half miler, and **Monte Upshaw**, 25ft. 4½in. long jumper. There is also **Dailey**, 6ft. 7in. high jumper, **McKay** and **Rose** who have both pole-vaulted 13ft. 7½in., **Oerter** who has thrown the junior discus 184ft. 2½in. (**Gerald Carr's** best ever British

*Continued on back page*





Soon after the start of the "Bert Ives Trophy" race for juniors at Eastcote. The winner, A. J. REDRUP (Wycombe Phoenix H.) No. 108 is seen moving up to the front. The leaders are A. E. WREN (Southgate H.) No. 80, and A. F. VARNEY (Southgate H.) No. 78.

H. W. Neale

## RESULTS

### January 15th

**Dartford H.** 22pts., **Kent A.C.** 28 and **Orpington A.C.** 29. 1, W. Giddings (K) 28.56; 2, J. Lawson (O) 29.00; 3, K. Batchelor (D) 29.33; 4, A. Childs (D) 30.04; 5, R. Foreman (D) 30.04; 6, P. Turner (K) 30.24. In a Youths' race **Dartford** beat **Kent** who failed to close in. 1, P. Turner (K) 17.26; 2, King (D) 17.55; 3, Faxton (D) 19.55; 4, J. Brown (K) 20.15.

### January 19th

**R.A.F. Horsham St. Faith** 44pts. beat **R.A.F. Bircham Newton** 67 and **R.A.F., West Raynham** 69. 1, LAC Tilley (HSF) 28.17; 2, Nicholls (BN) 28.18; 3, LAC Steel (WR) 28.22; 4, LAC Carson (WR) 28.43; 5, Whalen (HSF) 28.49; 6, J/T Hutchings (WR) 29.25.

### January 22nd

#### NORTH MIDLAND LEAGUE

1, K. Johnson (LCAT) 27.44; 2, T. Edwards (Leics.) 28.00; 3, A. Brown (Notts Univ.) 28.06; 4, J. Chamberlain (Leics.) 28.16; 5, W. Keily (Derby) 28.18; 6, D. Bates (Derby) 28.20; 7, A. Hill (Derby) 28.34; 8, N. Clarke (Lincoln) 28.35; 9, K. Barnsdale (Lincoln) 28.37; 10, E. Morley (Notts) 28.43; 11, M. Iles (Derby) 28.48; 12, D. Rustidge (Notts Un.) 28.57. **Teams:** 1, Derby 43pts.; 2, Lincoln 59; 3, Leicester 80; 4, Notts 97; 5, Notts Univ. 111; 6, Lincoln "B" 153; 7, LCAT 175; 8, Sutton-in-Ashfield 234; 9, Derby "B" 245; 10, Notts "B" 253; 11, Meden Valley 272; 12, Hinckley Tech. 352. **Youths:** 1, J. Hurt (Leics.) 19.22;

2, A. Taylor (Derby) 19.26; 3, L. Pratt (Leics.) 19.52; 4, A. Howe (Meden V.) 19.55; 5, D. Parker (Belgrave Utd.) 20.04; 6, D. Wells (Leics.) 20.06; 7, Bell (Lincoln) 20.08; 8, D. Thomas (Lincoln) 20.14; 9, P. Davey (LCAT) 20.26; 10, P. Leake (Bel. Utd.) 20.31; 11, R. Parker (Melton) 20.34; 12, K. Wright (Derby) 20.38. **Teams:** 1, Leicester 10pts.; 2, Derby 28; 3, Belgrave Utd. 34; 4, Lincoln Well. 44; 5, Melton GS 59; 6, Meden Valley 96; 7, Notts 97; 8, Hinckley Tech. 99; 9, LCAT 101; 10, Sutton-in-Ashfield 110.

#### MID-LANCASHIRE LEAGUE

1, E. E. Hoggarth (L) 27.05; 2, G. A. North (B) 27.06; 3, F. Holland (B) 27.54; 4, M. Topham (L) 28.40; 5, F. B. Yates (P) 28.59; 6, J. L. Barraclough (L) 29.09. **Teams:** 1, Lancaster 42pts.; 2, Blackpool and Fylde 54; 3, Preston 96.

#### GLOUCESTER LEAGUE

1, I. Hawkins (Westbury) 33.34; 2, T. R. Colson (RAF Yatesbury) 34.01; 3, H. Benson (RAF Yates.) 34.04; 4, R. Longstaff (RAF Yates.) 34.09; 5, R. J. Darchambaud (RAF Yates.) 34.26; 6, J. Morgan (St. Gregory's) 34.34; 7, D. Amor (Swindon) 34.41; 8, R. E. Adams (Bristol) 34.50; 9, D. Chunn (Swindon) 34.53; 10, R. Rowles (Bristol) 35.01; 11, I. D. Gurney (RAF Yates.) 35.03; 12, P. Joyner (Cheltenham) 35.05. **Teams:** 1, RAF Yatesbury (2.3.4.5.11.19) 44pts.; 2, Westbury 109; 3, Bristol 128; 4, Swindon 129; 5, Cheltenham 159; 6, St. Gregory's 214.



## EAST SURREY LEAGUE

**5M. Road:** 1, D. Loveless (Sutton and C.) 21.15; 2, G. Gausden (Redhill and R.) 21.30; 3, A. Kitchen (Epsom and E.) 21.35; 4, J. Stone (Dorking St. P.). **Teams:** 1, Epsom and E. 23pts.; 2, Sutton and C. 28; 3, Croydon 58; 4, Redhill and R. 61; 5, Surrey Beagles 97; 6, Dorking St. P. 98; 7, St. Lawrence's Hospital 133.

**Belgrave H. 10M. Championship:** 1, J. Brown 57.44; 2, J. Masters 59.46; 3, C. Roffey 59.56; 4, A. Bedford; 5, J. Burr; 6, P. Bagnall. **H'cp.:** 1, D. Jones. **Youths 3½M.** 1, G. Flanagan 20.13; 2, D. Chavallier 21.23; 3, H. Borenam 21.32. **H'cp.** D. Carr.

**Blackheath H. 10M. Championship.** 1, A. A. Everard 57.52; 2, A. J. Brent 58.03; 3, D. A. Bentley 60.07; 4, R. J. Webb 60.45; 5, P. Baldwin 61.02; 6, H. N. Nunns 61.54. **Junior 5M.:** 1, G. R. Last 30.04; 2, A. B. Wood 30.45; 3, T. D. Sullivan 30.57; 4, J. W. Wheals 31.17; 5, G. A. Wernham 33.35; 6, M. C. Drew 33.37.

**Coventry Godiva H. 9½M. Championship:** 1, R. Turney 54.35; 2, D. Rees 55.55; 3, H. Lloyd 58.30; 4, J. Church 59.58; 5, J. Brennan 60.20; 6, K. Bull 61.14. **H'cp:** J. Brennan (6.05) 54.15. **Youths 3M.:** 1, J. Gilberthorpe (1.20) 17.56; 2, R. Wilkinson (0.20) 18.31; 3, B. Kilby (scr.) 18.36.

**Darlington H. 9½M. Championship:** 1, N. R. Smith 48.36; 2, I. R. Shirley 48.50. **Junior 6M:** 1, D. Elliott 37.54; 2, A. Lee 38.06; 3, F. Pate-man. **Youths 2½M.:** 1, J. Wilson 15.03; 2, M. Williams 15.18; 3, G. Jinks 16.32. **Boys 1½M.:** 1, D. Lowrie 10.29; 2, B. Norgrove 10.39; 3, P. Lowrie 12.02.

**Enfield A.C. 7½M. Championship** 1, G. A. Holmes 45.29; 2, C. Wilkinson 46.54; 3, D. Rodbard 48.58. **Youths 3M.** 1, P. Mellor 16.34; 2, B. Streather 17.03; 3, R. Deacon 18.59.

**Essex Beagles 10M. Championship:** 1, E. Baverstock 59.08; 2, P. West 59.49; 3, E. Douglas 64.52; 4, J. Hurst 65.09; 5, D. Anderson 65.24; 6, B. Kiernan 65.32. **H'cp:** 1, P. West (1.20) 58.29; 2, E. Baverstock (Scr.) 59.08; 3, J. Hurst (5.30) 59.39.

**Highgate H. 10M. Championship:** 1, P. Stokes 64.43; 2, G. Harrison 64.53; 3, M. Kenney 68.48; 4eq., E. Emerson and P. Maffia 70.57; 6, J. Bodkin 74.28. **H'cp:** P. Maffia (8.10) 62.47. **Youths 2½M.:** 1, D. Orchard 17.02; 2, A. Gallacher 17.14; 3, J. Corbett 17.20.

**Leigh H. 10M. Championship:** 1, D. Pyke 55.25; 2, W. Ratcliffe 58.38; 3, M. Mannion 59.08; **Junior 7M:** 1, A. Haslam 41.27; 2, G.

Howe. **Youths 3M:** 1, J. Billington 15.47; 2, J. Hutchinson; 3, B. Jackson.

**Portsmouth A.C. 7½M. Championship:** 1, A. H. Isaac 47.56; 2, A. F. Price 48.39; 3, R. G. Saunders 49.55; 4, C. P. Beswick 50.00. **Junior 3M:** 1, C. W. Plumpton 18.04; 2, T. W. Hayden; 3, E. G. Lindsell; 4, R. L. Tapp. **Youths 3M.:** 1, J. H. Lindsell 18.25; 2, R. Bailey; 3, P. Kilford; 4, P. Maycock.

**Shaftesbury H. 9M. Championship:** 1, C. French 54.39; 2, D. J. Wheatley 54.51; 3, E. Ford 55.24; 4, J. Chaplin 55.50; 5, E. V. Pearce 55.55; 6, J. Cunningham 56.05. **H'cp:** 1eq., J. Chaplin (3.45) 52.05, J. Cunningham (4.00) 52.05. **Youths 3M:** 1, R. Beaumont 17.09; 2, A. Sunderland 17.36; 3, M. J. Howe 18.17; 4, G. Pether 18.40. **H'cp:** M. J. Howe (1.25) 16.52.

**Veterans' A.C. 5M. Championship:** 1, L. Scott 27.25; 2, L. Rolls 28.30; 3, T. Carter 28.37. **H'cp:** 1, M. Hearn (4.15) 25.07; 2, A. Welling (7.00) 25.26; 3, A. Sutherland (9.00) 25.49.

**Wigmore H. 10M. Championship:** 1, R. Lambert 60.42; 2, R. Wilson 67.02; 3, F. McKinless 72.57; 4, W. Tyler 73.36; 5, L. Suckling 74.08; 6, D. Hallums 78.25. **H'cp:** 1, R. Lambert (scr.) 60.42; 2, R. Wilson (5.05) 61.57; 3, W. Tyler (7.30) 66.06.

**Woodford Green A.C. 10M. Championship:** 1, J. Burge (5.00) 60.34; 2, C. Lowson (scr.) 60.44; 3, R. Low (0.30) 60.53. **Junior 5M:** 1, R. Garrett (Scr.) 30.16; 2, M. Cannell (0.30) 31.20; 3, D. Clark (2.00) 31.43. **Youths 3M:** 1, H. Davidson (1.15) 18.09; 2, W. Heiberg (scr.) 18.26; 3, P. Marchant (2.00) 18.32.

**Crewe A.C. beat Stone and Dist. A.C.** 25 pts. to 32 over 5½M. at Walton. 1, W. Gerrard (S) 31.30; 2, G. Wilford (C) 31.45; 3, D. G. Shelley (S) 32.06; 4, N. Ashley (C) 32.56; 5, R. Booth (C) 33.46; 6, D. Lowe (C) 33.55.

**Ealing H. 10pts. beat Finchley H. 15 and Polytechnic H. 27 over 10M.** at Ruislip: 1, M. Barratt (E) 57.28; 2, E. Whitehead (F) and D. Hayter (P) 59.36; 4, D. Arnold (E) 60.03; 5, D. Lane (E) 60.55; 6, J. Mundy (F) 61.20.

**Reading A.C. beat Guildford & Godalming A.C.** 39pts. to 40 over 5M. at Milford 1, D. R. Booker (R) 28.04; 2, A. Playfoot (G) 28.41; 3, P. Nash (G) 29.03; 4, Bacon (R) 29.18; 5, J. Jones (G) 29.37; 6, Rowden (R) 29.56.

**Uxbridge A.C. "B" 14pts. beat Uxbridge A.C. "A" 27 and Windsor & Eton A.C. 37 over 5½M.** at Uxbridge. 1, J. Trotter (U"B") 32.39; 2, A. Rogerson (U"B") 32.38; 3, R. Sparks (U"A") 32.47; 4, W. Coleman (U"A")



32.59; 5, G. Enever (U" B") 33.25; 6, J. Skilton (U" B") 33.40.

**Eastbourne Rovers 3½M. Yacht H'cp.:** 1, B. L. Vinall 16.20; 2, P. R. Chantler 17.01; 3, M. Davis 19.56.

**Orpington A.C. beat Tonbridge A.C.** 12pts. to 28. 1, R. Houghton (O) 38.53; 2, T. Newson (O) 38.53; 3, P. Reeves (O) 38.53; 4, Spankie (T) 39.13; 5, P. Delcoffe (T) 40.06; 6, T. Lewin (O) 42.12.

**R.A.F. Bruggen 41pts. beat R.A.F. Ahlhorn 64, R.A.F. Oldenburg 66 and R.A.F. Celle, 134 over 5½M.** 1, LAC Boothman (B) 31.02; 2, LAC Johnson (A) 32.14; 3, LAC Wright (A) 32.30; 4, Cpl. Jones (O) 32.45; 5, LAC Garnett (B) 33.49; 6, SAC Snelling (B) 32.59.

**Thames Hare & Hounds beat Orion H.** 27pts. to 57 over 10M. at Roehampton. 1, P. N. Miller (T) 60.41; 2, R. E. Hardy (T) and J. D. Porter (T) 61.12; 4, J. M. Tindall (T) 62.02; 5, P. J. Canham (O) and I. M. Porter (O) 64.53.

**Herne Hill H. 81pts. beat Met. Police 109 and Mitcham A.C. 119.** 1, W. Pawsey (M) and A. H. Towl (H) 42.57; 3, P. Durrant (MP) 44.53.

**Cambridge City A.C. beat Bedford A.C.** 26 pts. to 57 over 7½M. at Cambridge: 1, G. A. Phipps (C) 43.59; 2, W. Harris (B) 44.02; 3, J. Hobart (C) 45.00; 4, R. B. Martlew (C) 46.00; 5, T. Fox (C) 46.44; 6, E. W. Trow (C) 46.49.

**Loughborough College beat Manchester University** 32 pts. to 46 over 5½M. at Manchester. 1 eq. Lyne (L) and Jones (L) 32.34; 3, Sidebotham (M) 32.56; 4 eq., Wright (L) and Brearley (L) 33.10; 6 eq., Smith (M) and Walmsley (M) 33.36.

**Manchester and Dist. Lads' Club 25 pts. beat East Cheshire H. and A.C. 62 and Old Mancunians 111 over 6½M. at Kersal.** 1, W. Rowbottom (M.LC) 35.22; 2, L. Cooper (M.LC) 35.37; 3, A. Day (M.LC) 36.24; 4, N. Frost (E. Cheshire) 36.37; 5, S. Coffey (M.LC) 36.38; 6, D. Yale (M.LC) 37.20. **Junior Manchester G.S. 42 pts. beat East Cheshire 66 and M/c Dist. L.C. 68 over 3½M.** 1, D. Montague (MS) 17.55; 2, C. Broom (EC) 17.56; 3, B. Field (M.LC) 18.10.

**Ilford A.C. beat Brentwood A.C.** 25½pts. to 29½ over 3½M. at Herongate. 1 eq. G. Knight (B) and A. Perkins (I) 19.27; 3, F. Harvey (B) 19.30; 4, H. Wilson (I) 19.44; 5, D. Jones (I) 19.51; 6, H. Hubbard (B) 19.58.

**Ryde H. beat Walton A.C.** 26 pts. to 35 over 5½M. at Ryde. 1, P. Sherry (R) 33.46; 2, K. Honey (W) 34.23; 3, E. Leal (R) 34.32; 4, J. Addington (W) 35.02; 5, M. Spiers (R) 35.45; 6, G. Biggs (R) 35.45.

**Brighton A.C. 6M. Yacht H'cp.** 1, H. V. Foord 42.59; 2, L. Peters 43.11; 3, R. W. Newington 43.20; 4, E. F. Napier 43.22. **Fastest times:** 1, H. V. Foord 31.59; 2, R. W. Newington 34.35; 3, E. F. Napier 36.22.

**Bristol South H. beat Bath Civil Service A.C.** 13 pts. to 25 over 6M. at Bower Ashton. 1, P. J. Bowden (BSH) 32.04; 2, T. M. Chorley (BSH) 32.05; 3, B. G. Davis (BCS) 33.42; 4, J. Edwards (BSM) 33.49; 5, L. Truscott (BCS) 35.28; 6, A. E. Farley (BSH) 35.35. In a Youths match **Bristol A.C. beat Bristol S.H.** 12pts. to 25 over 3M. at Ashton Gate. 1, D. Smith (BAC) 18.35; 2, A. Upsher (BAC) 18.54; 3, P. Holloway (BSH) 18.56; 4, T. Allen (BAC) 19.26.

**Devonport A.C. beat H.M.S. Triumph 21pts. to 57 in a 5M. Road Race.** 1, G. S. Roberts (D) 25.45; 2, T. Aplin (D) 25.54; 3, J. Batten (D) 26.05; 4, J. Gilbert (D) 27.12; 5, A. Reed (D) 27.22; 6, R. Brown (D) 27.55.

**Small Heath H. 6M. H'cp.** 1, C. J. Simpson (0.15) 32.33; 2, J. Blore (3.30) 32.38; 3, T. A. Iliffe (1.00) 32.39; 4, K. Dare (1.30) 32.40; 5, A. Ray (1.40) 32.44; 6, J. P. Lake (scr.) 32.48. **Youths 3M. H'cp.:** 1, B. Fisher (2.30) 17.09; 2, M. Fox 17.45 (2.00); 3, J. Nix (scr.) 17.46.

**Aylesford P.M. 9pts. beat Cambridge H. 15 and City of Rochester A.C. 21 in a Junior match over 5M. at Bexley.** 1, M. Bergman (C) 31.17; 2, R. Forster (APM) 31.18; 3, J. Mayatt (APM) 31.52; 4, A. Perriman (APM) 31.53; 5, P. Turner (CH) 34.51. **Camb. H. 5M. Junior Champ.,** held in conjunction. 1, Bergman; 2, Godbeer 37.11; 3, Fenwick 38.50. **H'cp.:** Bergman (scr.) 31.17. **Camb. H. 10M. Senior Champ.:** 1, D. Dellar 52.05; 2, K. Harland 53.15; 3, L. Cass 53.18.

**Bristol Univ. 68pts. beat King's Coll., London 78, Imperial Coll. 100, Birmingham Univ. 103; London Sch. of Economics 163; Queen Mary Coll. 213; Birmingham Univ. II. 256.** 1, T. Bailey (IC) 34.36; 2, J. Pike (Bristol) 34.36; 3, J. Heyward (QM) 34.46; 4, J. Macdonald (Bristol) 34.57; 5, J. Herring (LSE) 35.10; 6, K. E. Yorke (KC) 35.19; 7, B. Johnson (KC) 35.28; 8, P. L. O'Neill (KC) 35.42; 9, P. Sheard (Bristol) 35.56; 10, P. Ellis (Birm. U.) 36.02.



WALKING—contd.

**Enfield A.C. 10 miles Inter-Club race, Enfield.** 1, G. Meadows, Highgate H. 81.39; 2, D. Thompson, Metropolitan W.C. 81.40; 3, L. K. Evans, Highgate H. 81.58; 4, B. Hawkins, Metropolitan W.C. 83.51; 5, R. Carpenter, Highgate H. 84.23; 6, N. Thompson, Met. W.C. 85.13. **Team:** Highgate 87; Met. 145; Enfield 286. **Enfield A.C. Handicap:** J. Allen.

**Brighton 10 Miles Inter-Club race, Brighton.** 1, M. Tadd, Brighton A.C., 89.28; 2, J. Friend, Brighton A.C., 91.49; 3, K. Elmslie, Crawley H. 93.14. **Team:** Brighton A.C.

#### ENGLISH RUNNERS ABROAD

The English C.C.U. will be represented in the Grand Prix d'Hannut, Belgium, to-morrow, by the following:—P. B. Driver (S.L.H.), D. A. G. Pirie (S.L.H.), K. L. Norris (T.V.H.), F. D. Sando (Aylesford P.M.), K. F. Caulder (Surrey A.C.) and K. Gates (Liverpool Pembroke).

At Dunkerque, on the same day, the E.C.C.U. will be represented by—R. Hatton (Birchfield H.), M. R. Maynard (Herne Hill H.) and W. P. Ranger (Eastbourne R.).

#### Inter-County Championship amendments:—

46, T. Anderson (N. & D.); 47, P. Hedley (Yorks); 49, D. Chun (Wilts); 50, R. Rowles (Glos.); 101, R. Houghton (Kent); 102, R. Thompson (C. & W.); 113, R. Adams (Glos.); 131, A. E. Morton (Ches.); 132, J. Hobart (Cambs.); 197, D. Norris (Som.); 198, G. Wilford (Ches.). **Teams:** Glam. 604; Lincs. 739; Ches. 753; Som. 892; Cambs. 938; Worcs. 957; Leics. 963; Beds. and H. 1031; Northants 1078; Bucks 1115; Oxford 1175; Norfolk 1260.

Selsonia L.A.C. elected the following at their A.G.M.:—President, Mr. R. J. Savage; Hon. Sec., Mr. C. Germain, 71 Flowersmead Rd., Tooting S.W.17; Track Sec., Mrs. C. Brett, 36 Sandbourne Avenue, Merton Pk., S.W.19; Hon. Treasurer, Miss E. Lawson; Club Coach, Mr. R. O. Bale; Track Capt., Miss A. Clark; Junr. Track Capt., Miss M. Weston.

Selsonia are holding a Social at Belgrave Hall, Denmark Road, Wimbledon, on Saturday, 12th Feb., at 7.30 p.m. Admission 2/-. All athletes and friends are welcome to come along for a jolly evening.

#### NEWS COMMENTARY—contd.

junior throw is 170ft. 3½in.) and a sprinter named **Epps**, who has not only run the 100 in 9.5sec. (which he queried on the grounds of

doubtful timing) but has covered the straight 220 yards — about which there can be little argument—in 20.7sec.

The two things in Britain's favour against this galaxy of talent are (1) our athletes do not get the help of the Californian weather in the sprints and have the ability to bring out their best in any kind of weather or conditions; (2) Athletes like **Dunkley, Carr, Laurie Reed, Michael Ellis, Dave Westerhout** and "**Jan**" **Railton** will compete for many more years and will have time to mature, and slowly but surely acquire the technique which is grafted so swiftly on to these American prodigies.

**Wes Santee** finally got into top gear on the boards on January 29th, at Boston, when he beat Gil Dodd's world indoor best of 4min. 5.3sec. with a fine 4min. 3.8sec., and finished over 30 yards ahead of Nielsen. On an 11 laps to a mile track, Santee's "quarters" were given as 57.6, 62.7, 61.8 and 61.7, and it was reported as his 28th mile under 4min. 10sec. Harrison Dillard won the 45 yards hurdles for the ninth year in succession (5.6sec.) Santee has beaten his new indoor record six times outdoors.

#### WELSH NOTES—contd.

start. 17 teams completed the course, and with 6 individuals, over 70 runners took part. So close were the leaders at the finish that only 17 seconds separated the first and eighth men, and these conditions were present throughout the whole, very exciting race. It was soon obvious that Cadoxton, Newport, and Barry were to the fore in the team race, but the supporters of the other teams urged their men to greater efforts, and some spasmodic bursts were seen to gain 5 or 6 places, so close were they running.

1, C. Vowles, Romilly S.M., Barry; 2, C. Heath, Canton H.S., Cardiff; 3, C. Palfrey, Birchgrove Harriers; 4, B. Watkins, Abergavenny A.C.; 5, C. Williams, Barry G.S.; 6, B. Whitlock, Cadoxton S.M., Barry. **Teams:** 1, Cadoxton S.M. "A" (57.18) 30pts.; 2, Newport H.S. (8.10.13) 31; 3, Barry G.S. (4.9.23) 36; 4, Canton H.S. (1.14.29) 44; 5, Llanelly G.S. "B" (11.19.28) 58; 6, Abergavenny A.C. (3.26.32) 61.

**B. W. L. B.**

*Cover photo by H. W. Neale*

The team from the 4th Training Battalion, R.A.O.C., from Blackdown, Hampshire, which won the 5 Miles Junior Race for the "Bert Ives Trophy." L. to R.: E. Kanopka 9th, B. Sexton, L. Mackenzie 10th, A. Parry 8th, R. Campbell 5th and P. Tait.