

# **a**

# thletics weekly

INCORPORATING  
WOMEN'S ATHLETICS  
MODERN ATHLETICS  
& WORLD ATHLETICS

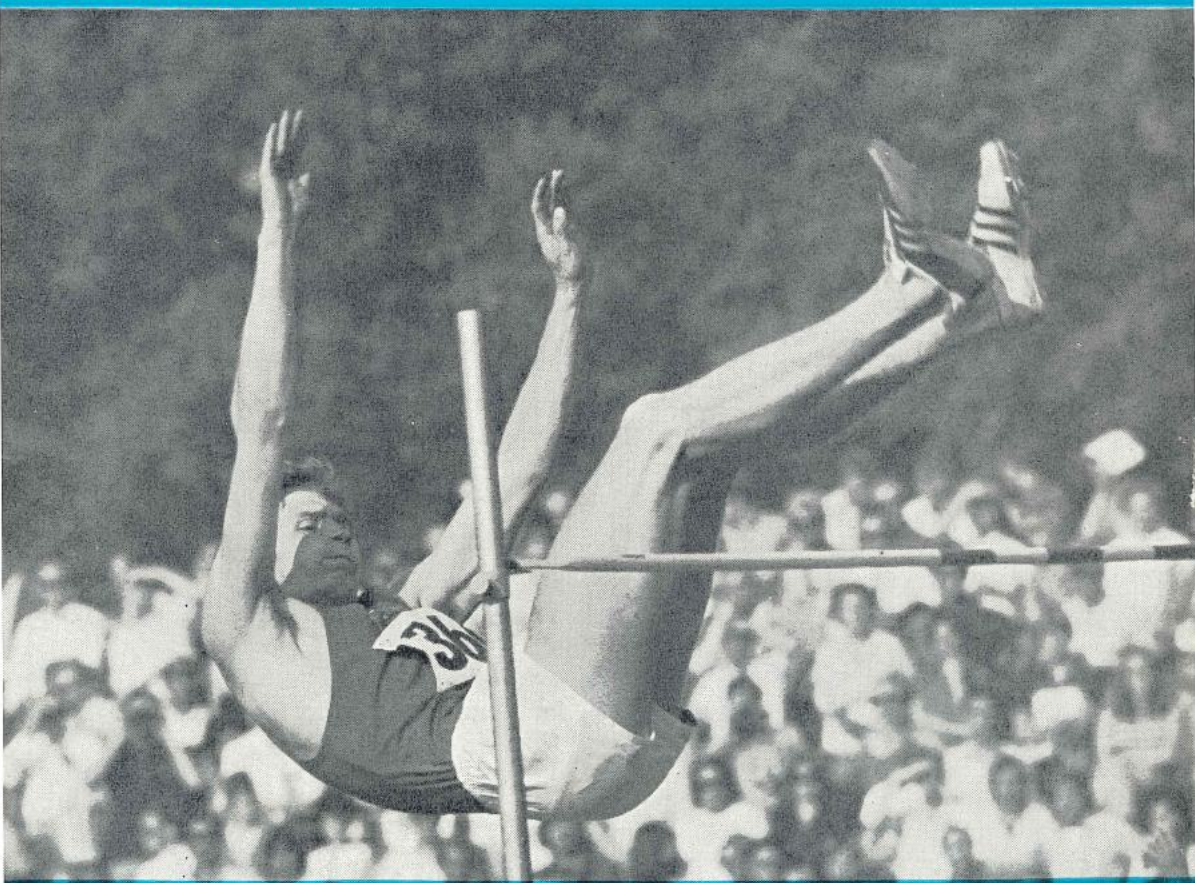
## INSIDE

★ Great Britain v. Spain  
Indoor Match

★ Paul Nihill's  
Competitive Spirit

★ Women's Indoor  
Championships

★ Spotlight on  
Rodney Heward-Mills



**10p**

European high  
jump champion,  
KESTUTIS SAPKA,  
of the USSR.

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local outfitter or from Bukta, Brinksway, Stock-  
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## Fifteen For Grenoble

ALTHOUGH neither of Britain's European indoor titles—Peter Stewart's 3000m and Margaret Beacham's 1500m—will be defended, the British team for Grenoble on March 11th/12th is larger than was anticipated. Seven men and eight women have been picked:—800m: Pete Browne; 50mH: Alan Pascoe, Graham Gower, Berwyn Price; PV: Mike Bull; LJ: Lynn Davies; SP: Geoff Capes; women's 50m: Madeleine Cobb, Sonia Lannaman; 400m: Verona Bernard; 50mH: Mary Peters, Ann Wilson; HJ: Barbara Inkpen; LJ: Maureen Chitty, Ruth Martin-Jones; SP: Mary Peters. Frank Clement (1500) was selected but is unavailable because of exams. Geoff Capes and Barbara Inkpen are also competing indoors in Bucharest this weekend.

### World's Leading Indoor Performers 1971/1972 Season

**50y:** 5.0 Washington (US); 5.1 Tinker (US), Pender (US). **50m:** 5.5 Sapeya (USSR). **60y:** 5.8 Washington; 5.9 Pender, Branch (US), Daniels (Gha). **60m:** 6.4 Kornelyuk (USSR); 6.5 Vilen (Fin). **70y:** 6.9 Pender, Meriwether (US), Ware (US). **100y:** 9.3 Quarrie (Jam), Branch. **300y:** 29.5 Dill (US). **440y:** 45.7† Garrison (US); 46.2† Roberts (Trin); 46.5† Mills (US), Adkins (US). **500y:** 55.2 Elbel (US). **500m:** 1:02.6† Muller (EG). **600y:** 1:09.2 McGrady (US); 1:09.7 T. Turner (US); 1:09.8 Evans (US). **600m:** 1:18.9 Chernishev (USSR). **800m:** (\*880y less 0.7) 1:48.7\* Winzenried (US); 1:49.1\* Plachy (Cz); 1:49.2 Wellmann (WG), Fromm (EG). **1000y:** 2:05.1 Winzenried; 2:06.7 Von Ruden (US), Plachy. **1500m:** 3:43.4 Justus (EG). **1 Mile:** 3:57.9 Von Ruden; 3:58.9 Hilton (US); 3:59.4 Keino (Ken); 3:59.5 MAPLESTONE (UK). **3000m:** 7:50.0 I. STEWART (UK); 7:53.4 BEDFORD (UK); 7:56.2 Scholz (EG). **2M:** 8:26.6 Prefontaine (US); 8:27.4 McLaren (Can); 8:28.2† Young (US). **3M:** 13:21.0 Hilton; 13:23.0 Shorter (US); 13:23.8 O'Brien (Aus).

**50yH:** 5.9 Coleman (US), Davenport (US), Hill (US), Gibson (US), Druckery (US). **50mH:** 6.4 Drut (Fra); 6.5 Noe (Fra). **60yH:** 6.9 Milburn (US); 7.0 Davenport, Hill, Bolding (US), White (US). **60mH:** 7.4 White; 7.7 PASCOE (UK), Schumann (WG), Moshiaishvili (USSR), Maslakov (USSR). **70yH:** 8.1 Murray (Jam); 8.2 High (US). **120yH:** 13.4 Milburn; 13.5 White, Davenport. **HJ:** 2.23/7'4" Brown (US); 2.22/7'3½" Tarmak (USSR); 2.21/7'3" Sapka (USSR), Dahlgren (Swe). **PV:** 5.30/17'4½" Kalliomaki (Fin), Nordwig (EG), Ziegler (WG); 5.29/17'4½" Isaksson (Swe), Lagerqvist (Swe). **LJ:** 8.10/26'7" Hines (US); 8.04/26'4½" Klaus (EG); 8.00/26'3" Robinson (US); 7.92/26'0" Beer (EG), Corbu (Rum). **TJ:** 16.94/55'7" Corbu; 16.65/54'7½" Saneyev (USSR); 16.62/54'6½" Smith (US); 16.55/54'3½" Craft (US). **SP:** 21.15/69'4½" Feuerbach (US); 20.67/67'10" DeBernardi (US); 20.65/67'9" Woods (US); 20.64/67'8½" Matson (US); 20.50/67'3½" Briesenick (EG).

### Women

**50y:** 5.8 Davis (US). **50m:** 6.1 Richter (WG); 6.2 Rosendahl (WG), Kaufer (EG), Stecher (EG),

Beugnet (Fra), Schittenhelm (WG). **60y:** 6.5 Render (US). **60m:** 7.3 Telliez (Fra), Kaufer, Richter, v. Gool (Neth), Kroniger (WG). **400m:** 53.4 Zehrt (EG); 53.6 Kasling (EG); 53.8 Besson (Fra); 53.9 Kuhne (EG). **500y:** 1:04.5 Hammond (US). **600y:** 1:21.6 Toussaint (US). **600m:** 1:30.4 Shtula (USSR); 1:30.6 Ellenberger (WG); 1:30.7 Dietsch (EG); 1:30.8 Silai (Rum). **800m:** (\*880y less 0.8) 2:06.9\* Toussaint; 2:07.6 Ellenberger; 2:08.4 Politz (EG); 2:08.5 Pohland (EG), Brown (US). **1000y:** 2:32.2 Gibbons (US). **1000m:** 2:45.9 Werthner (Can). **1500m:** 4:23.7 Brown; 4:24.9 Ruus (USSR); 4:25.5 Tittel (WG); 4:26.0 Muck (EG). **1 Mile:** 4:50.0 Schenk (WG).

**50yH:** 6.4 Johnson (US). **50mH:** 6.6 Ehrhardt (EG); 6.7 Balzer (EG); 6.8 Krumpholz (EG), Hys (EG). **60yH:** 7.5 Rallins (US). **60mH:** 8.1 Bach (WG); 8.4 Kononova (USSR), Mikhno (USSR). **80mH:** 10.8 Bach. **HJ:** 1.88/6'2" Schmidt (EG); 1.87/6'1½" Gildemeister (EG); 1.83/6'0" Gusenbauer (Austria); 1.82/5'11½" Komka (Hun). **LJ:** 6.46/21'2½" Albertus (EG); 6.45/21'2" Rosendahl (WG); 6.40/21'0" Liebsch (EG), Viscopoleanu (Rum). **SP:** 18.55/60'10½" Chizhova (USSR); 18.40/60'4½" Nyekrasova (USSR); 18.25/59'10½" Gummel (EG); 18.24/59'10½" Adam (EG).

† made on track bigger than 220y

**Found**—at foot of pole vault at Cosford last weekend: roll of Kodak Tri-X Pan film. Apply Editor, "Athletics Weekly," 344 High Street, Rochester, Kent.

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# ATHLETICS WEEKLY

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## THE WEEK AHEAD

**Saturday, February 26th:** Women's National CC Championships at High Wycombe, (first race 1.45); Northern Ireland Championships; Welsh Junior, Youths, Boys and Colts Championships at Cwmbran; Army Championships at Blackdown; Camden Relay at Parliament Hill; Scottish YMCA Championships at Bellshill; Hadleigh Road Relay; Carnethy Hill Race (see page 20); Woking '10'; Beds. & Hunts Youths, Boys and Colts Championships at Peterborough; South Western Schools Championships; Kent Schools Championships (Boys) at Rochester; Warwickshire Schools Championships at Coventry; Michelin Inter-Schools Races; Southampton & Eastleigh CC Relay; Cornwall League at Camborne TC; Exeter H. Young Athletes Meeting; HJ Club Competition at Crystal Palace.

**Sunday, February 27th:** Irish National (BLE) Championships at Clonmel, Co. Tipperary.

**Saturday, March 4th:** English National CC Championships at Sutton Coldfield, Warwickshire; English National Schoolgirls Championships at Sandown, Isle of Wight; Welsh Schools Championships at Newton; Edinburgh Univ. '10'; Scottish National Veterans' Championships at Clydebank; Scottish Boys Brigade Championships.

## "NATIONAL" TRAIN

The special train from London to the National Cross-Country Championships at Sutton Coldfield will leave Euston at 9.50 a.m. on Saturday, March 4th, arriving at Wylde Green 11.55. The return journey will commence at 17.55 from Wylde Green and the train will arrive at Euston at approx. 20.00.

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### TONBRIDGE ATHLETIC CLUB OPEN 10 MILE ROAD RACE

**SATURDAY, MARCH 11th, at 3 p.m.**

Awards first 6 ind., first 3 teams (4 run, 3 score), first unplaced "B" team after "A" team, 1st Vet. (O/40).

**Entry Fee:** 15p per ind. A.A.A. forms only. Teams must enter as inds. Entries to Mrs. I. E. Redhead, "Flores", 65 Sandown Park, Tunbridge Wells, Kent, by 1st March. (Tel: Pembury 2912).

### CRAWLEY ATHLETIC CLUB 36 MILE ROAD RELAY

(Under A.A.A. Laws)

**SUNDAY, 12th MARCH, 1972, 12.30 p.m.**

8 Stages. Course: Crawley A23 to Pyecombe, nr. Brighton, back through Burgess Hill to Crawley on B2063.

**Prizes:** First 3 teams, first "B" team according to entry. Entries on AAA forms. Fees: 80p per team. **Entries to C. Bravington, 32 Fairway, Copthorne, Sussex, by Wed., 1st March, 1972.**

### CAMBERLEY & DISTRICT A.C.

Annual

### MEN'S CROSS-COUNTRY MEETING

At Old Dean Recreation Park, Camberley

**ON SATURDAY, MARCH 11th**

First Race 1.30 p.m.

#### EVENTS

Colts — — — — 1½ Miles

Boys — — — — 1½ Miles

Youths — — — — 2½ Miles

Seniors (2 laps) 5 Miles

Entries close 6th March to Mr. K. Baxter, 9 Kingston Road, Camberley, Surrey.

**Fees:** 30p per team (4 to run, 3 to score). Individuals 10p.

Medals for first 3 teams and fastest individual lap in all age groups.

### JOHN OULTRAM MEMORIAL

3rd Annual

### OPEN 10 MILE ROAD RACE

(Under A.A.A. Laws)

**SATURDAY, 11th MARCH, 1972**

From Tittensor Village Hall

(On A34 and close to M6)

Perpetual Trophies—1st Team, 1st Ind.

**Prizes:** 1st Team (3x£4), 2nd Team (3x£3), 3rd Team (3x£2); 1st Unp. 'B' Team (3x£2); 1st Ind. £7, 2nd £5, 3rd £3; 1st Vet. O/40 £3; 1st Newcomer (gaining no other award) £2.

**Entries** 15p ind., Team 25p first, 15p each add. Team (4 run, 3 score) to Mr. D. Shelley, 22 Mount Avenue, Stone, Staffs. ST15 8HU, by February 28th.

### VICTORIA PARK HARRIERS 5x1½ MILE BOYS ROAD RELAY

(Under 16 years on day of race)

For the L. R. Williams Trophy and

### 5 MILES SENIOR TEAM AND INDIVIDUAL ROAD RACE

For the A. Abrahams Trophy

**ON SATURDAY, 1st APRIL, 1972**

**AT VICTORIA PARK, EAST LONDON**

**Entry Fees:** Boys 50p first team, 25p subsequent teams. Awards first 3 teams and fastest lap. Senior 20p per ind. (no team fee). Prizes first team (3 to score), first 10 individuals, 1st Vet.

**Entries to Mr. K. Lowe, 47 Regents Court, Pownall Road, London, E.5.**

**CLOSING DATE 24th MARCH, 1972**

### THURROCK HARRIERS

2nd Annual

### ROAD RELAYS

**ON CRYSTAL PALACE MOTOR CIRCUIT**

**SATURDAY, 11th MARCH, 1972**

**Young Athletes** (U/18 on 1.1.72) 6x2.8 Miles —75p first team, 40p others. **Colts** (U/14 on 1.9.71) 4x1.4 Miles (inc. Schools for Mel Batty Trophy)—50p per team. **Composite Ladies** (ages on 1.9.71) 6x1.4 Miles—2 Jnr./2 Inter./2 Senr. 75p first team, 40p others. Medals & Trophies all events. Special races for reserve runners.

Details from and entries to R. A. Sales, 78 Orchard Road, South Ockenden, Essex, RM15 6HH.

### MANX ATHLETIC CLUB

### 8th EASTER ATHLETIC FESTIVAL

**GOOD FRIDAY, 31st MARCH**

Road Race, 4 Miles

**EASTER SATURDAY, 1st APRIL**

"Manx Relay Trophy", 4x4 Miles Relay

**EASTER SUNDAY, 2nd APRIL**

Hill Race, 4 Miles

**Prizes:** First six, first two teams (Friday and Sunday). First three teams and fastest lap (Saturday).

**Student and Club Team Championship.** First team with lowest points for three races.

### GRAND PRESENTATION NITE,

Sunday 8 p.m.

Travel and accommodation at reduced rates for competitors and friends. Details of Festival from B. Whitehead, 2 Marine View Close, Onchan, Isle of Man.

# League Results

## GLOUCESTERSHIRE LEAGUE

### At Black Bridge, Gloucester, January 22nd

1, D. Burroughs (Westbury) 31.30; 2, S. McHale (Glos) 31.45; 3, R. Cooper (Worcs) 31.57; 4, A. Reed (West) 32.04; 5, C. Ridley (West) 32.11; 6, R. Cytla (Glos) 32.14; 7, B. Popel (West) 32.27; 8, D. Hope (Worcs) 32.43; 9, R. Samuel (Glos) 32.49; 10, M. Hill (Glos) 32.57; 11, R. Brandon (Chelt) 33.03; 12, S. O'Connor (Chelt) 33.14; 13, J. Dilligan (Swindon) 33.36; 14, K. Taylor (Glos) 33.43; 15, D. Palmer (West) 34.03; 16, J. Tull (Chelt) 34.07; 17, G. Goodman (West) 34.09; 18, J. Maskell (Swin) 34.13; 19, H. Clayton (Bris) 34.15; 20, P. Nerval (Swin) 34.17. 59 finished. **Teams:** 1, Westbury 49; 2, Gloucester 63; 3, Worcester 127; 4, Cheltenham 134; 5, Bristol 165; 6, Swindon 171. Final scores: 1, Westbury 39; 2, Gloucester 37; 3, Swindon 27; 4, Cheltenham 26; 5, Bristol 20; 6, Newport 18. Individual: Cytla.

### Youths

1, R. Crabb (Swindon) 15.40; 2, P. Irvine (Glos) 15.50; 3, M. Foy (Worcs) 16.15; 4, A. Ettle-Iles (West) 16.25; 5, T. Clegg (Glos) 16.28; 6, D. Burnes (Glos) 16.35. **Teams:** 1, Gloucester 20; 2, Westbury 46. Final scores: 1, Gloucester 39; 2, Westbury 33; 3, Swindon 28; 3, AAC Chepstow 7. Individual: Crabb.

### Boys

1, N. Wilson (Cheltenham) 15.03; 2, G. Parsons (Bris) 15.09; 3, V. Legrande (Bris) 15.19; 4, E. Ryan (Chelt) 15.22; 5, K. Etheridge (Swin) 15.26; 6, P. Hoddy (Glos) 15.28. **Teams:** 1, Cheltenham 23; 2, Bristol 38; 3, Gloucester 51; 4, Westbury 66. Final scores: 1, Bristol 37; 2, Westbury 30; 3, Swindon 20; 4, Cheltenham 19. Individual: Wilson.

### Colts

1, P. Nichol (Bris) 11.40; 2, T. Simpson (West) 11.45; 3, R. Goldring (Chelt) 11.51; 4, J. Stanton (Hartcliffe S) 12.01; 5, K. Jennings (Bris) 12.06; 6, J. Pickford (West) 12.09. **Teams:** 1, Hartcliffe Sch. 30; 2, Cheltenham 35; 3, Bristol 35; 4, Westbury 39. Final Scores: 1, Bristol 39; 2, Abertillery 34; 3, Hartcliffe S. 31; 4, Westbury 27. Individual: Nichol.

## VALLEY LEAGUE

### At Cwmbran, January 29th

1, M. Lane (Gilwern) 36.15; 2, D. Watkins (Card) 38.14; 3, T. Beese (Newport) 38.14. **Teams:** 1, Gilwern 49; 2, Newport 37; 3, Abertillery 14 & Bridgend 14. Final scores: 1, Gilwern 208; 2, Newport 105; 3, Bridgend 77; 4, Gilwern 'B' 58. Individual: R. Lally (Gilwern).

### Juniors

1, W. Ashford (Cwmbran) 28.11; 2, R. Sanson (Newport) 30.04. Individual League: Ashford.

### Youths

1, K. Davies (Gilwern) 17.03; 2, I. Richards (Brid) 17.36; 3, R. Rees (Gil) 17.48. **Teams:** 1, Gilwern 28; 2, Bridgend 18; 3, Newport 17. **Teams:** 1, Gilwern 114; 2, Newport 63; 3, Cwmbran 58. Individual: Davies.

### Boys

1, D. Chipp (Gilwern) 11.45; 2, T. Evans (A'tillery) 11.47; 3, K. Lannigan (Cwmbran) 12.13. **Teams:** 1, Cwmbran 44; 2, Hereford 42; 3, Abertillery 30. **Teams:** 1, Cwmbran 156; 2, Hereford 142; 3, Abertillery 139. Individual: Chipp.

### Colts

1, S. Evans (A'tillery) 9.23; 2, I. Greenow (A'tillery) 9.47; 3, A. Collier (A'till) 9.56. **Teams:** Abertillery 57; 2, Newport 46; 3, Abertillery 'B' 33. Final scores: 1, Abertillery 250; 2, Gilwern 179; 3, Newport 172. Individual: Collier.

### Minors

1, P. Ward (A'tillery) 9.20; 2, M. Baker (A'tillery) 9.26. **Teams:** 1, Abertillery 48; 2, Bridgend 40; 3, Cwmbran 17. Final scores: 1, Abertillery 240; 2, Bridgend 162; 3, Gilwern 104. Individual: Ward.

### Women

1, A. Disley (Newport) 16.42; 2, C. Brown (New) 20.10; 3, S. Brown (New) 25.15. **Team:** Newport 9. Final scores: 1, Newport 54; 2, Cardiff 45; 3, Cwmbran 31. Individual: Disley.

### Intermediates

1, S. Tolan (Cwm) 13.00; 2, A. Morris (Brid) 13.15; 3, K. Sheldrick (Hereford) 16.40. **Teams:** 1, eq. Cwmbran, Bridgend & Hereford 5. Final scores: 1, Hereford 54; 2, Bridgend 44; 3, Cwmbran 40. Individual: Morris.

### Juniors

1, P. Waters (Glos) 12.30; 2, S. Lode (Brecon) 12.36; 3, R. Wyatt (Brecon) 12.42. **Teams:** 1, Brecon 164; 2, Cwmbran 160; 3, Cardiff 158. Final scores: 1, Cardiff 629; 2, Cwmbran 624; 3, Brecon 620. Individual: Lode.

## BIRMINGHAM & DIST. LEAGUE (Div. 2)

### At Halesowen, January 29th

1, R. Cytla (Gloucester) ..... 41.45  
2, H. Elder (Wolv. & Bilston) ..... 41.54  
3, J. Hammond (Coventry Godiva) ..... 42.08  
4, S. McHale (Glos) 42.12; 5, M. Peck (Hales) 42.29; 6, M. Hill (Glos) 42.50; 7, P. Miller (Cov. G) 43.02; 8, P. Lancaster (Cov. G) 43.13; 9, J. Peet (Spark) 43.16; 10, S. Coomer (W&B) 43.33; 11, I. Jones (D&S) 43.58; 12, M. Thorpe (Cov. G) 44.02; 13, C. Falconer (Cov. G) 44.17; 14, D. Cook (W&B) 44.22; 15, T. Haines (Glos) 44.27; 16, K. Taylor (Glos) 44.34; 17, P. Hier (Hales) 44.41; 18, A. Portman (W&B) 44.46; 19, M. Hedges (Broms & R) 44.53; 20, J. Hughes (Spark) 44.59. **Teams:** 1, Coventry Godiva 69; 2, Gloucester 70; 3, Wolv. & Bilston 107; 4, Sparkhill 135; 5, Halesowen 159; 6, Shrewsbury 240; 7, Broms. & Redditch 346; 8, Dudley & Stourbridge 356; Cheltenham dnf.

### Youths

1, P. Baker (Sparkhill) 13.50; 2, K. Johnson (W&B) 13.52; 3, K. Perry (Hales) 13.58; 4, P. Gowans (D&S) 14.00; 5, J. Brewer (D&S) 14.15; 6, J. Clegg (Glos) 14.34; 7, M. Kemball (W&B) 14.47; 8, D. Dowdle (Glos) 14.59; 9, C. Brown (Cov. G) 14.50; 10, A. Harding (Spark) 14.56. **Teams:** 1, Sparkhill 22; 2, Wolv. & Bilston 23; 3, Dudley & Stourbridge 25; 4, Halesowen 37; 5, Gloucester 39; 6, Coventry Godiva 50.

**BIRMINGHAM & DIST. LEAGUE (Div. 3)****At Nuneaton, January 29th**

1. M. Pickering (West Midland Coll) ... 36.03
2. E. Hansen (Nuneaton) ..... 36.15
3. R. Brown (Nuneaton) ..... 36.28
4. W. Head (Burton) 36.30; 5. J. Algar (Warley) 36.52; 6. S. Mullins (Loz) 36.57; 7. C. Lees (Sol) 37.16; 8. W. Holloway (Sol) 37.29; 9. J. Kinsella (B'ham Pol) 37.50; 10. T. Whitbread (Warley) 38.02; 11. L. Kilkenny (Stafford) 38.10; 12. Mike Whittaker (Staff) 38.17; 13. B. Walford (Sol) 38.38; 14. P. Edwards (St. Peter's C) 38.43; 15. C. Fellows (Sol) 38.56; 16. J. Willoughby (Sol) 38.57; 17. J. Finn (Loz) 38.58; 18. T. Preston (Nuneaton) 38.58; 19. C. Reynolds (Cannock) 39.16; 20. J. Smith (Sol) 39.30. **Teams:** 1, Solihull 79; 2, Nuneaton 103; 3, Stafford 123; 4, Warley 145; 5, Lozells 177; 6, Birmingham Cty. Police 293; 7, W. Midlands Coll. 313; 8, West Bromwich 350; 9, St. Peter's Coll. 367.

**Youths**

1. M. Downes (Stafford) 15.05; 2. D. Carey (Stafford) 15.17; 3. G. Faulds (Sol) 15.43; 4. Jones (Staff) 15.43; 5. S. Clews (Burton) 15.53; 6. T. Kirby (Sol) 15.59; 7. M. Mountford (Staff) 16.01; 8. M. Elliott (Nun) 16.14; 9. P. Orton (Burton) 16.19; 10. P. Day (Burton) 16.19. **Teams:** 1, Stafford 7; 2, Solihull 22; 3, Burton 24; 4, Jnr. Leaders 52; 5, Cannock 55; 6, Warley 55.



Malcolm Thomas (TVH) striding out in the Southern Championship which he won by over a minute.

Peter Tempest

**HAMPSHIRE LEAGUE****At Andover, February 5th**

1. P. Brenchley (Aldershot, F&D) ..... 38.59
2. P. Burton (Southampton & Eastleigh) 39.04
3. I. Burgess (Southampton & E) ..... 39.24
4. F. Martin (S'ton) 39.46; 5. M. Barton (AFD) 39.59; 6. J. McCurdie (AFD) 40.00; 7. M. Hyman (Portsmouth) 40.07; 8. J. Fletcher (AFD) 40.13; 9. C. Jones (AFD) 40.24; 10. P. Hamilton (S'ton) 40.26; 11. A. Smith (AFD) 40.38; 12. C. Barnett (Andover) 40.42; 13. H. Chadwick (B'mth) 40.48; 14. S. Bulpitt (S'ton) 40.59; 15. M. Beavis (S'ton) 41.03; 16. I. Oldacre (And) 41.07; 17. C. Fry (B'mth) 41.17; 18. D. Ives (AFD) 41.18; 19. P. Leitch (AFD) 41.24; 20. S. Crawte (AFD) 41.25; 21. J. Groendahl (AFD) 41.39; 22. D. Bradshaw (Salisbury) 41.44; 23. A. Rattue (Salis) 41.46; 24. M. Woods (AFD) 41.53; 25. C. Fitcher (Ports) 41.55; 26. C. Whitty (AFD) 42.00; 27. D. Arney (Salis) 42.11; 28. M. Romerill (S'ton) 42.38; 29. J. Doggett (S'ton) 42.44; 30. R. Matthews (Trow) 42.45. 66 finished.

**Teams:** 1, Aldershot, F&D 29; 2, Southampton & E. 33; 3, Salisbury 147; 4, Bournemouth 154; 5, Portsmouth 158; 6, Andover 205; 7, Basingstoke 240; 8, Newbury 303; 9, Fleet & Crookham 331.

**Youths**

1. N. Coupland (Southampton & E) 16.45; 2. A. Barnett (Andover) 17.19; 3. S. Pidgeon (S'ton) 17.40; 4. I. Haslock (S'ton) 17.46; 5. D. Long (B'mth) 17.49; 6. R. Fudge (AFD) 17.53; 7. M. Harrop (Andover) 17.57; 8. J. Mack (B'mth) 18.07; 9. M. Sykes (Andover) 18.12; 10. P. Marshall (Ryde) 18.27; 11. P. Johnston (AFD) 18.28; 12. R. O'Donnell (S'ton) 18.31. **Teams:** 1, Southampton & E. 20; 2, Bournemouth 48; 3, Aldershot, F&D 51; 4, Andover 54; 5, Portsmouth 66; 6, Ryde 94.

**Boys**

1. G. Bulpitt (Andover) 15.59; 2. S. Dunn (S'ton) 16.19; 3. D. Smith (Newbury) 17.09; 4. N. O'Boyle (Basingstoke) 17.15; 5. K. Shepherd (Ryde) 17.19; 6. K. Davner (S'ton) 17.20. **Teams:** 1, Southampton & E. 27; 2, Ryde 36; 3, Andover 42; 4, Newbury 63; 5, Basingstoke 76; 6, Fleet & Crookham 78.

**CHINGFORD & DISTRICT LEAGUE (Road)****At Victoria Park, February 5th**

1. G. Pringuer (Southgate) ..... 23.22
2. K. Madders (Walthamstow) ..... 24.13
3. G. Harrold (Enfield) ..... 24.25
4. D. Galloway (Hornsey) 24.28; 5. R. Simnett (Enfield) 24.33; 6. P. McCracken (Camden) 24.39; 7. R. Howe (W'stow) 25.06; 8. J. Street (Barnet) 25.13; 9. A. Rich (W'stow) 25.27; 10. D. Roberts (Enfield) 25.30; 11. B. Hercock (Enf) 25.33; 12. G. Bennison (Barnet) 25.36; 13. C. Cloke (Enf) 25.53; 14. J. Mercer (Enf) 26.00; 15. M. McDonagh (Camden) 26.05; 16. J. Arger (Enf) 26.08; 17. A. Proberts (Camden) 26.11; 18. G. Sayer (Eton M) 26.13; 19. L. Peter (Enf) 26.25; 20. I. Wiggett (Horn) 26.31. **Teams:** 1, Borough of Enfield 56; 2, Walthamstow 103; 3, Camden 159; 4, Barnet 175; 5, Southgate 176; 6, Hornsey 181; 7, Loughton 280; 8, Victoria Park 285; 9, Eton Manor 306.

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## Northern CC Championships

At Gateshead, February 12th

## Trevor Wright — For Fourth Year

JIM ALDER, from Morpeth in the Northumberland coal belt, declared his own state of emergency at the Northern cross-country championships at Gateshead. He set off in Roelants fashion. It was a ploy rarely used in the title race where the usual practice is for the best runners to group together and use their self survival kits. The competitors took a quarter of a mile before they realised what had happened, and another half a mile before Trevor Wright, the defending champion, could draw level.

Alder, not in the mood for sharing the leadership, put in another burst, but it was not as powerful as one produced by Dave Slater. He ran along a farm track as though it was made of tartan, and went ahead of Alder and Wright. Soon the Skyrac runner who has made the biggest impression in Northern running this season was overtaken. Winding up a switchback hill, the Morpeth runner plugged away and had a TV crew jumping about for the best shots—they were on our side, from Yorkshire TV not "Panorama".

Coming down the hill, Wright was the first to get into the picture. He remained there for the rest of the race, and won in 46.19. His victory, the fourth in succession, set a new Northern record which must have been what the "telly boys" had ordered. The producer fell flat in the mud when rushing to offer congratulations.

Mike Freary took third place after a long and hard battle with Mike Turner—not fully recovered from an injury. Freary moved away over the last mile but his team-mates were locked in battle with Airedale and Spen, finishing narrowly ahead and gaining a fourth successive team victory.

Joe Lancaster

1. T. Wright (Hallamshire) ..... 46.19  
2. J. Alder (Morpeth) ..... 46.46  
3. M. Freary (Bolton Utd) ..... 47.00  
4. M. Turner (Liv. H) 47.18; 5. K. Angus (Sheff. U) 47.31; 6. D. Slater (Skyrac) 47.42; 7. S. Kenyon (Bolton) 47.52; 8. J. Temperton (ASV) 48.04; 9. E. Haslam (Bolton) 48.14; 10. P. Rawnsley (Sheff. U) 48.21; 11. J. McGrow (L'wood) 48.26; 12. P. Braithwaite (Bing) 48.29; 13. R. Patterson (Blaydon) 48.30; 14. A. Spence (Bing) 48.32; 15. R. Wild (MAC) 48.34; 16. W. Robinson (Gates) 48.38; 17. N. Poole (M&D) 48.39; 18. D. Pratt (Sheff. U) 48.40; 19. D. Farmer (Sale) 48.45; 20. P. Paddington (Liv. H) 48.49; 21. R. Harrison (Liv. H) 48.54; 22. D. Quinlan (L'wood) 48.55; 23. P. Berry (E. Cheshire) 49.09; 24. B. Goulden (Sale) 49.10; 25. C. Taylor (ASV) 49.13; 26. N. Carrington (Sale) 49.17; 27. A. Greenwood (Hallam) 49.19; 28. R. Harrison (ASV) 49.22; 29. J. Calvert (B'urn) 49.36; 30. A. Dewhurst (ASV) 49.42; 31. I. Wainwright (Sheff. Utd) 49.45; 32. J. Pearson (Morpeth) 49.47; 33. W. Yale (Bolton) 49.48; 34. A. White (L'wood) 49.51; 35. R. Belk (ASV) 49.58; 36. A. Bird (ASV) 50.02; 37. R.

Brown (Pembroke) 50.06; 38. J. Fox (E. Ches) 50.07; 39. K. Breeze (Sale) 50.10; 40. N. Ward (Bolton U) 50.11; 41. D. Hopkinson (Bolt) 50.20; 42. P. Veitch 50.24; 43. R. Swann (Bolton) 50.32; 44. D. Davies (Sale) 50.33; 45. J. Hillen (S'well) 50.35; 46. A. Farrell (Liv. H) 50.36; 47. D. Nichol (Leeds C) 50.39; 48. C. Vaux (M&C) 50.50; 49. W. Wilkinson (L'wood) 50.51; 50. S. Edmunds (Sale) 51.00;

51. A. Walker (B'urn) 51.06; 52. R. Bell (Mor) 51.09; 53. D. Barden (Sheff. Un) 51.14; 54. K. Mayor (Bolt) 51.16; 55. F. Davis (Liv. H) 51.21; 56. J. Penrose (Bing) 51.23; 57. R. Davis (B'urn) 51.24; 58. A. Leitch (Gates) 51.30; 59. B. Murray (Salf) 51.33; 60. E. Himsforth (Durham Un) 51.38; 61. P. Wood (ASV) 51.39; 62. M. Hague (Rotherham) 51.41; 63. D. Cockburn (Morpeth) 51.49; 64. D. Anderson (Bingley) 51.52; 65. W. Wardle (Jarrow & H) 51.54; 66. R. Balding (Heaton) 51.56; 67. G. Entwistle (M&D) 51.57; 68. M. Lambert (Bing) 51.58; 69. W. Dance (L'wood) 51.59; 70. G. Lawson (M&D) 52.02; 71. J. Newsome (Wake) 52.04; 72. B. Boxen (M&D) 52.07; 73. K. Baum (Bolton) 52.08; 74. M. Cox (Leeds AC) 52.09; 75. D. Burca (B'urn) 52.13; 76. P. Barker (M&C) 52.15; 77. J. Flory (M&C) 52.16; 78. B. Cordes (Morpeth) 52.17; 79. C. Murley (Gosforth) 52.20; 80. G. Smith (ASV) 52.21; 81. J. Irwin (Bing) 52.28; 82. A. Ascot (Liv. H) 52.31; 83. K. Burlton (Durham Un) 52.33; 84. M. Hall (M&C) 52.34; 85. J. Alcock (Wirral) 52.36; 86. H. Rhys (Leeds C) 52.40; 87. A. Mathieson (Morpeth) 52.41; 88. C. Johnson (Sutt) 89. A. Childs (Wake) 52.45; 90. R. Brooke (Holm) 52.46; 91. B. Mullarkey (Roth) 52.52; 92. M. Starford (M&C) 52.55; 93. B. Pickersgill (Wake) 52.56; 94. K. Kelly (S'well) 53.00; 95. P. Bailey (E. Ches) 53.08; 96. A. Bone (S. Shields) 53.13; 97. D. Fossatti (Sale) 53.15; 98. D. Coker (Heaton) 53.20; 99. J. Ellis (Durham Un) 53.23; 100. G. Freeman (Sunderland) 53.25.

**Teams:** 1. Bolton UH (3,7,9,33,40,41) 133; 2. Airedale & Spen Valley (8,25,28,30,35,36) 162; 3. Sale (19,24,26,39,44,50) 202; 4. Sheffield Univ. 221; 5. Liverpool H. 228; 6. Bingley 295; 7. Longwood 303; 8. Morpeth 314; 9. Manchester & Dist. 363; 10. Middlesbrough & Cleveland 419; 11. East Cheshire 547; 12. Blackburn 561; 13. Leeds Cty. 634; 14. Durham Univ. 644; 15. Salford 755; 16. Clayton 784; 17. Holmfirth 833.

## Juniors

1. D. Coates (Middlesbrough & C) ..... 31.44  
2. M. McLeod (Elswick) ..... 32.19  
3. P. Pape (Airedale & SV) ..... 32.38  
4. C. Spedding (Gateshead) 32.41; 5. A. Black (Leeds Cty) 32.43; 6. M. Symonds (Alt) 33.20; 7. B. Baggage (Gates) 33.30; 8. D. Nixon (Sund) 33.33; 9. K. Carroll (Liv. Pem) 33.34; 10. G. Clarke (Sale) 33.55; 11. D. Gibbon (Elswick)

33.56; 12, J. Carroll (Liv. Pem) 34.03; 13, S. Deegan (Liv. Pem) 34.09; 14, M. Jenkins (Bing) 34.10; 15, D. Evans (Liv. H) 34.21; 16, B. Monaghan (Bing) 34.24; 17, S. Markley (M&C) 34.32; 18, R. Brimage (Wallasey) 34.45; 19, D. Lisgow (Gates) 34.51; 20, S. Leslie (Leeds Un) 34.57; 21, M. Oldham (Man. AC) 34.58; 22, A. Brearley (Leeds Un) 35.17; 23, S. Bullen (Salf) 35.22; 24, R. Findon (Oldham & R) 35.32; 25, P. Webster (Clayton IM) 35.39; 26, S. Winter (Gates) 35.43; 27, D. Gaynor (Liv. Pem) 35.52; 28, D. Pearson (Bing) 36.08; 29, K. Garrett (New. Un) 36.10; 30, B. Brennan (Bing) 36.11.

**Teams:** 1, Gateshead (4,7,19,26) 56; 2, Liverpool Pembroke (9,12,13,27) 61; 3, Bingley H&AC (14,16,28,30) 88; 4, Clayton 142.

### Youths

1, L. Reilly (Liverpool Pembroke) ..... 21.39  
2, P. Taylor (Sunderland) ..... 21.42  
3, R. Cocks (Cty. of Hull) ..... 22.13  
4, A. Royle (Sale) 22.24; 5, C. Nightingale (Cty. Hull) 22.36; 6, R. Harbisher (L'wood) 22.38; 7, W. Fox (Sale) 22.39; 8, M. Kearns (S. Shields) 22.46; 9, D. Kelly (S'well) 22.55; 10, L. Valentine (Sale) 22.59; 11, R. Williams (Liv. Pem) 23.01; 12, V. Rutland (Alt) 23.04; 13, G. Buckley (Sale) 23.07; 14, W. Greenhaugh (Leigh) 23.09; 15, D. Dobson (Wake) 23.12; 16, M. Goddard (NSP) 23.17; 17, N. Tillotson (Bing) 23.18; 18, G. Crowe (Sund) 23.20; 19, J. Crafer (Brad. GS) 23.21; 20, A. Key (Alt) 23.24; 21, B. Gemson (Lanc. & M) 23.26; 22, C. Cope (Sheff) 23.27; 23, S. Lancaster (Horwich) 23.28; 24, A. Nicholl (Halifax) 23.30; 25, S. Rennie (Ct. Hull) 23.31; 26, R. Cartwright (Burn Rd) 23.35; 27, P. Townley (M&D) 23.37; 28, D. Maher (Liv. Pem) 23.40; 29, M. Fenwick (S'well) 23.41; 30, J. Todd (ASV) 23.41; 31, W. Bowes (Gates) 23.46; 32, G. Baldwin (Brad. GS) 23.50; 33, N. Murray (S'well) 23.56; 34, R. Chaisty (Bury) 24.00; 35, K. Willis (Burn Rd) 24.02; 36, G. Snell (Gates) 24.03; 37, J. Cooke (Pilk) 24.08; 38, W. Ward (Leeds C) 24.14; 39, A. Moss (Gates) 24.16; 40, H. Knowles (Liv. Pem) 24.17; 41, C. Wappett (Kendal) 24.17; 42, S. Wrigley (Sheff) 24.17; 43, D. Pearson (Gates) 24.23; 44, K. Hodsman (Hull) 24.26; 45, A. Buckley (L'wood) 24.28; 46, J. Stage (Gosforth) 24.33; 47, G. Sellens (L'wood) 24.35; 48, E. Hardisty (Sund) 24.37; 49, W. Watson (S'well) 24.40. 91 finished.

**Teams:** 1, Sale (4,7,10,13) 34; 2, Cty. of Hull (3,5,25,44) 77; 3, Liverpool Pem. (1,11,28,40) 80; 4, Saltwell 130; 5, Sunderland 132; 6, Gateshead 149; 7, Longwood 149; 8, Bradford GS 193; 9, Sheffield Utd. 199; 10, Middlesbrough & CI 227; 11, Clayton 288.

### Boys

1, A. Hitchen (Wakefield) ..... 11.39  
2, S. Grinyer (Sale) ..... 11.34  
3, J. Parkinson (Blackpool) ..... 11.46  
4, M. Garrity (Leeds C) 11.47; 5, M. Prince (Hull) 11.51; 6, J. Devaney (Hull) 11.52; 7, S. Long (Wake) 11.54; 8, C. Hollingsworth (Holm) 11.55; 9, G. Forster (Sund) 11.55; 10, R. Kelly (Burn Rd) 11.55; 11, B. Moxon (Wake) 11.57; 12, J. Longthorn (Brad. GS) 12.00; 13, M. Maher

(Liv. H) 12.04; 14, A. Ulrick (Holm) 12.04; 15, C. Bewick (M&C) 12.05; 16, T. Souter (Brad. C) 12.06; 17, M. Brealey (Hallam) 12.08; 18, W. Painter (Sale) 12.08; 19, D. Gratton (Wake) 12.09; 20, P. Kennedy (Liv. H) 12.10; 21, S. Wrathmall (Sund) 12.11; 22, S. Murray (S'well) 12.12; 23, G. Howes (M&C) 12.14; 24, P. McLean (Darl) 12.15; 25, J. Greenwood (B'pool) 12.15; 26, N. Jennings (Leeds C) 12.15; 27, P. Stead (Sheff. Utd) 12.16; 28, D. Littlewood (Sheff) 12.16; 29, P. Spurrs (S'well) 12.18; 30, S. Howcroft (Leigh) 12.19.

**Teams:** 1, Wakefield (1,7,11,19) 38; 2, Sale (2,13,33,45) 93; 3, Cty. of Hull (5,6,34,57) 102; 4, Bradford GS 126; 5, Saltwell 137; 6, Middlesbrough & C. 143; 7, Leeds Cty. 160; 8, Sheffield Utd. 183; 9, Blackpool 191; 10, Liverpool H. 209; 11, Holmfirth 217; 12, Bingley 229; 13, Pembroke 240; 14, Gateshead 264; 15, North Shields 317; 16, Blaydon 318; 17, Jarrow 337; 18, Aire-dale 357; 19, Bury 363; 20, Hallamshire 376; 21, Bolton 417; 22, Gosforth 515.

### WEYMOUTH '10'

#### February 12th

1, D. Collins (Plymouth) 50.21; 2, P. Brazil (Exeter) 50.41; 3, M. Rowling (Leamington) 51.07; 4, E. Oxlade (Hill) 51.19; 5, P. Harvey (Exeter) 51.34; 6, J. Peel (Horsham) 52.17; 7, R. Branden (Cheltenham) 52.32; 8, E. Phillips (Plymouth) 53.23; 9, J. Osbourne (RNAC) 53.38; 10, B. Dunn (Weymouth) 53.47; 11, W. McClenaghan (RNAC) 53.53; 12, K. Retter (Exeter) 54.39; 13, D. Bradshaw (Salisbury) 55.16; 14, M. Paine (Torbay) 55.22; 15, P. Clarke (Weymouth) 55.31; 16, R. Pape (RNAC) 55.55; 17, P. Cooper (S'ton. Un) 56.13; 18, R. Matthews (Trow) 56.20; 19, P. Lonnin (Bristol) 56.46; 20, R. Jeffrey (Salisbury) 56.49. **Teams:** 1, Exeter 60; 2, Weymouth SP 69; 3, Royal Navy 70; 4, Trowbridge 113; 5, Torbay 114; 6, Salisbury 116; 7, Bournemouth 139; 8, Cambridge 140. Veteran: Pape.

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3 at £2, 3 at £1. First Vet. £1.50, 2nd Vet. £1.

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**BOYS 2½ MILES.** Prizes £3, £2, £1. Teams

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**¾ Mile Young Boys (8 & 9 on 1.4.72)**

**2½ Miles Young Boys (10 & 11 on 1.4.72)**

**2½ Miles Young Boys (12 & 13 on 1.4.72)**

Shields, Plaques, Medals for these events. 10 and 11 years and 12 and 13 years: Teams 3 at £1, 3 at 75p.

**Fees: 10p each**

**Entries to Des Ball, 16 Saffron Road, Biggles-wade, Beds., close Thursday, 23rd March.**

# LETTERS

## DON FAIRCLOTH EXPLAINS

Dear Sir,

It has been interesting to read the comments that have appeared in recent weeks following my "AW" article. It was with some trepidation that I read it myself, for the completely "off the cuff" tape recorded interview had not been played back to me, so I was unsure as to its full content.

Four points arise:—

1. There was never any intention to offend any of the persons mentioned in the article, nor for that matter those not mentioned! Anyone who can complete a marathon, whether in hot or cold conditions, however fast or slow, should merit admiration from those who have never dared!

2. Thus there was no smugness intended over the problem of marathons run in heat.

3. I will agree that my homework was somewhat awry with regard to Lismont's job, but was interested to read the rest of his 'defence lawyer's' letter!

4. As far as supposed criticism of Steve Badgery goes, this has been misconstrued. Steve could have 'made it' years ago (in fact only flu kept him out of the 1967 English Cross-Country Junior team) but he didn't, mainly because of his usually mad race starts and disregard of pace. Anyone who knows him well will, I am sure, agree with this. His 1971 Maxol, however, was judged to perfection as the result proved.

**Don Faircloth,**  
Purley, Surrey

## PRAISE FOR NORTHERN CC

Dear Sir,

As it seems fashionable at the moment to criticise most governing organisations it becomes pleasant indeed to pay tribute when one experiences a first class meeting. The one I have in mind is the recent 'Northern' cross-country championships at Gateshead.

As we approached the town we were greeted with an abundance of direction signs. The good changing accommodation, a course akin to cross-country running and at the same time conveniently routed so the spectators could see a great deal of the race. A well positioned finish and quickly published result sheets gave one an enjoyable afternoon. One final point, so small yet so important: a refectory which had more than one serving area which eliminated those infuriating queues which one hates to endure following a hard race.

**D. J. Haywood,**  
Rotherham.

## MORE COMPETITION FOR LADY WALKERS

Dear Sir,

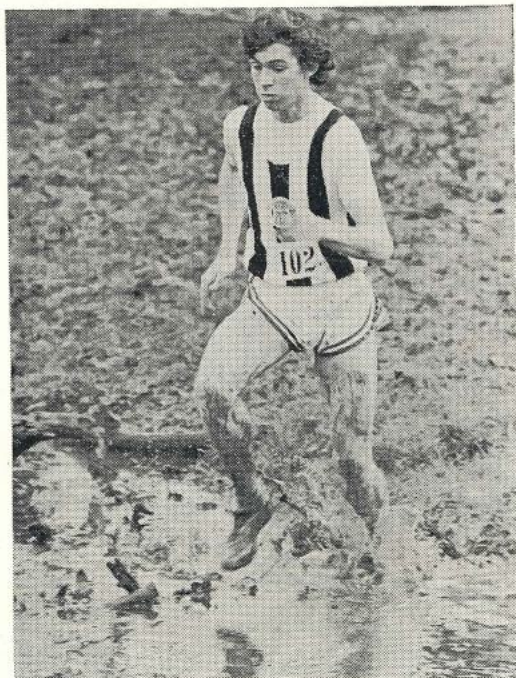
Thank you so much for your mention of the problem of walks for ladies. You will be pleased to

hear that, by return of post, Bath AC have added both a Senior and Junior walk to their already comprehensive cross-country programme on March 12th and Reg Wells wrote to say that there will be a 1600m track walk at Chelmsford on February 27th. Consequently, Uxbridge LAC will NOT be putting on a race of their own at the beginning of March as I originally suggested.

We shall, though, be including a 2000m open Junior trophy walk in the track meeting at Uxbridge on April 15th and I also understand that Middlesex are including two open walks in their track and field championships on May 20th: a Junior 2000m and Senior 3000m.

**Michael Long,**  
Iver, Bucks.

Medway AC, in conjunction with Kent Constabulary AAA and the High Jump Club of GB, hold two one-day Coaching Courses at the Kent Police HQ, Sutton Road, Maidstone, on March 19th and April 30th, both commencing at 10.30 a.m. Events covered: MD, Sprints, HJ, Shot, Discus, Road Walking. Fee: 10p each day. Applications with fee, giving name, age, club/school and best performance, to J. Yarrow, 246 Brompton Farm Road, Rochester, Kent.



**Julian Goater of Shaftesbury Harriers splashes his way to victory in the Southern junior cross-country championship.**

**Peter Tempest**

**Spotlight on Youth****By Dave Cocksedge****Aiming To Make Ghana's Team**

AS Tom McNab, National Event Coach for the Triple Jump, wrote in his UK Jumps Review: "Rodney Heward-Mills made an impressive but fleeting appearance at the English Schools Championships and then vanished from sight . . ." It was quite some fleeting appearance. During the course of it he triple jumped 15.47/50'9" on his very first effort, effectively killing off the opposition rather like Bob Beamon did in the Mexico Olympic long jump final. His other two valid jumps took him out to 14.76/48'5" and 14.83/48'8", whilst David Johnson, who was destined to shine at the AAA Senior Championships two weeks later, took second place with his 14.88/48'9½" leap.

"I'd done less training for the schools' than I should have and I was wondering whether I'd be able to retain my title", Rodney says. "I was hoping for something over 48ft, but I wasn't sure if I could manage that far. At the back of my mind I had an ambition for 50ft plus in 1971, and you can imagine how I felt when I broke the British Junior record with my first jump. I think my second jump was longer still, but they ruled it a no jump. I was too pleased about that first one to worry about it, though".

The reason for the "fleeting appearance" was that Rodney went straight home to his native Ghana following the Schools International a week after the Crystal Palace meeting. "My season ended there at Edinburgh (where he won with 14.77/48'5½") and I felt that were it not for that, I would have jumped another foot more at least."

Rodney Heward-Mills was born in Newcastle, Co. Durham, on August 28th, 1952, stands 1.88/6'2" and weighs 73kg/161lb. He has just joined Belgrave Harriers ("but I haven't competed for them yet"), attends Queen's College, Taunton where he is studying for "A" levels this summer and says he has no regular coach—though "I have had a few sessions with Dave Kay, and have had some useful advice from Dave Ansell and my school sportsmaster."

His speed is fair for a triple jumper (11.2 for 100m) without being exceptionally fast, and he boasts a long jump best of 6.70/21'11½". His TJ progression: (1967) 12.50/41'0¼"; (1968) —; (1969) 14.10/46'3"; (1970) 14.83/48'8"; (1971) 15.47/50'9". His 1970 mark of 14.83 still stands as a UK best by a 17-year-old, and his 15.47 in the ESAA Championships smashed Chris Colman's UK Junior record of 15.30. Somewhat surprisingly, Rodney turned down a chance to compete for GB Juniors against West Germany last September. "I hope to get in the Ghanaian team for Munich, you see", he explained, "and I need to break the Ghana National Record of 52ft (15.85) at least to get picked, I think. I enjoy studying in England, but I don't really want to compete for the GB



**Rodney Heward-Mills bounds to a new UK Junior triple jump record of 15.47/50'9" at the English Schools Championships.** George Herringshaw

team. All time, like every athlete I'm sure, I want to win an Olympic gold medal, and if I do it'll be for Ghana."

"When I was 10 years old I saw some boys practising triple jumping. Well, I joined in and found that I could beat a few of them and since then I have been interested in the event. I was always keen on running ever since my Prep. school days, and I started taking it fairly seriously when I came to school at Taunton in 1968. As I've had very little coaching, I do most of my training without aid. I can't really say that I have ever benefited a great deal from coaching but if I had a regular coach I respected I am sure I certainly would. To be honest I do very little if any winter training at all. In fact, I'm just about to get seriously started with my winter programme, though I haven't worked it out fully yet. In the summer, I train five days every week, including competitions (I use the minor ones as training). I run two laps to warm up, do some limbering-up exercises, then do 3, 5 and 9 pace and full length jumps (both long and triple). Then I do some 50 metre sprints—say six—and then

some hopping sequences on both legs. Every session lasts from an hour to an hour and a half.

"My younger brother is a good all-rounder (football, hockey, swimming and athletics). He's a better than average high jumper and triple jumper and I'd say he's as good as I was at triple when I was his age. I hope he gets an England Schools vest in a couple of years." I hope, too, that Rodney Heward-Mills, one of the best natural talents around in the triple jump at the moment, gets somewhere with his Olympic hopes this year. Attending the greatest sports festival on Earth should provide the incentive and inspiration he needs to get really serious about his event.

## Young Athletes' Results

**Watford H. YA Meeting, January 8th.** (Yths) 1, G. Dunnington (Lut) 19.06; 2, S. Barr (Thurr) 19.13; 3, P. Rider (Wat) 19.30; 4, J. Voller (Shaft) 19.39; 5, S. Keen (Shaft) 19.43; 6, S. Edwards (TVH) 19.44. Teams: 1, Shaftesbury 19; 2, Watford 28; 3, Windsor, S&E 32. (Boys) 1, I. Davidson (Thurr) 12.13; 2, B. Walters (TVH) 12.16; 3, R. Pepper (Shaft) 12.32. Teams: 1, Thurrock 14; 2, Shaftesbury 20; 3, Aldershot 22. (Colts) 1, P. Fitzsimmons (Wat) 7.36; 2, S. Baldry (Thurr) 7.39; 3, J. Booth (Wat) 7.42. Teams: 1, Thurrock 11; 2, Watford 19; 3, TVH 37. (U/12) 1, G. Lay (TVH) 7.02; 2, N. Cook (AFD) 7.04; 3, D. Eglen (AFD) 7.09. Team: Biggleswade 22.

**Sutton Coldfield Schools Championships, January 15th.** Melton 20.31. Team: Bishop Vesey's. (Inters) Ludlow 18.04. Team: Boldmere HS. (Jnrs) Paxton 15.28. Team J. Wilmott GS. (Minors) Sambrook. Team: Town Primary. (Sen. Girls) G. Blythe 16.51. Team: Arthur Terry. (Juns) J. Keen 9.38. Team: Riland Bedford HS. (Minors) P. Bailey 10.52. Team: Arthur Terry S.

**Surrey AC Inter-Schools CC Races, at Richmond Park, January 15th.** (Girls) 1, A. Roberts (Coombe) 13.13; 2, T. Rowley (Gilliat) 13.52; 3, A. Sigall (Kneller) 16.29. (Inters) 1, G. Alnutt (St. A) 9.14; 2, M. Stroud (Tolworth) 9.45; 3, D. Pullen (Hollyfield) 10.06. Teams 1, Hollyfield 7; 2, Cheam HS 20; 3, Donner Hill S. 26. (Juns) 1, L. Drew (H. Wood) 8.33; 2, C. Barr (Cheam HS) 8.35; 3, J. Williams (H. Wood) 8.38. Team Hinchley Wood S. 4.

**YA Sunday League, at Welwyn GC, January 16th.** (U/16) 1, K. Dumbleton (Ver) 11.10; 2, R. Bolam (Hav) 11.18; 3, T. Hill (Stev) 11.29; 4, K. Barker (Ver) 11.30; 5, A. Cook (Ver) 11.31; 6, N. Carter (Felt) 11.34. Teams 1, Havering 35; 2, Verleale 37; 3, Northwood Sch. 67. (U/14) 1, P. Fitzsimmons (Wat) 9.03; 2, C. Tilley (Hav) 9.14; 3, J. Bowen (Rugby) 9.29. Teams: 1, Rugby 31; 2, Verleale 50; 3, Havering 65. (U/12) 1, I. Berrett (Hav) 9.15; 2, G. Greasey (Ver) 9.15; 3, P. Wesemael (Rug) 9.24. Teams: 1, Verleale 27; 2, Havering 28; 3, Walford 60. (Girls, U/16) 1, C. Pannell (Luton) 10.15; 2, D. Price (Uxb) 10.23; 3, C. Brinkhurst (Hunt) 10.28; 4, S. Rayner (Enf) 10.44. Teams: 1, Uxbridge 38; 2, Victoria Sch. 49; 3, Huntingdon 77. (U/14) 1, J. Crook (Uxb) 8.58; 2, J. Brinkhurst (Hunt) 9.06; 3, J. Rout (Felt) 9.26.



**Terry Keegan (North Riding), winner of the senior girls race in the Yorkshire Schools Cross-Country Championships at Bradford.**  
Eric North

Teams: 1, Uxbridge 34; 2, Feltham 72; 3, Verleale 72. (U/12) 1, D. Moore (VS) 6.18; 2, A. Good (Ver) 6.20; 3, J. Dickens (Wind) 6.24. Teams: 1, Verleale 44; 2, Victoria Sch. 58; 3, Feltham 74.

**Aldershot YA CC Relays, January 16th.** (Youths) 1, Thurrock (T. Darby 15.34, S. Green 16.32, K. Nice 16.03, S. Barr 14.35) 62.44; 2, Southampton & E. 63.47; 3, Roan Sch., B'ht 66.08; 4, Bracknell 67.04; 5, Army App. Coll. 67.08; 6, Aldershot 67.50. Fastest: Barr 14.35, Downes (AAC) 15.31, Darby 15.34. (Boys) 1, Aldershot (I. Logan 10.16, T. Bowyer 10.36, S. Elkerton 10.07, S. Barnshaw 9.57) 40.56; 2, Southampton & E. 41.06; 3, Epsom & Ewell 41.19; 4, Bracknell 42.02; 5, Thurrock 42.10; 6, TVH 42.15. Fastest: R. Newton (S'ton) 9.41, B. Walters (TVH) 9.43, P. Barr (Epsom) 9.54, I. Davidson (Thurr) 9.54. (Colts) 1, Thurrock (A. Jousiffe 10.40, P. Benton 10.40, N. Abbott 11.19, S. Baldry 10.18) 42.57; 2, Preston Sch., Yeovil 44.12; 3, Bracknell 44.13; 4, TVH 44.32; 5, Roan Sch. 44.50; 6, Woking GS 46.01. Fastest: T. Murphy (Brack) 10.16, Baldry 10.18, S. Williams (Collyers S) 10.31.

**Gloucester & Dist. Schools CC Trials, at Black Bridge, January 15th.** R. Busecloth. (Inters) P. Hoddy. (Jun) McManns. (Girls) (Inters) G. Wallace & J. Waldron 16.11. (Juns) T. Fishley 9.39. (Minors) P. Campbell 6.43.

**Divham Sch v. Sir Wm. Ellis v. Dame Allen's S v. Newcastle Poly, January 19th.** 1, D. Dilnot (NU) 28.13; 2, B. Nicholson (NU) 28.24; 3, E. Berkeley (NU) 28.42.

**Hertfordshire Schoolgirls Championships, at Welwyn, GC, January 20th.** 1, S. Marquis 14.07; 2, H. Martin 16.14; 3, C. Goetz 16.34; 4, J. Newstead 16.52. (Inters) 1, W. Izzard 12.46; 2, S. Kirby 13.18; 3, J. Attree 13.22; 4, J. Adams 13.31; 5, A. Ellis 13.47; 6, A. Parkin 14.08. Team: Watford. (Juns) A. Sonner 8.51; 2, M. Barrett 8.55; 3, K. Higgins 9.01; 4, C. Daniell 9.12; 5, A. Good 9.14; 6, E. Artez 9.18. Team: Mid-Herts.

**Yeovil Schools Championships, at Langport, January 22nd.** P. Blake 25.30. Team: Yeovil TC. (Inters) M. Gallop 19.00. Team: Preston SS. (Juns) S. Call 15.11. Team: Preston SS. (Sen. Girls) M. Morris 17.37. Team: Chilton C. (Inters) W. Humpage 12.00. Team: Holyard Chad. (Jun. Girls) S. Chorley 8.55.

**Kent AC Open CC Team Races, at West Wickham, January 22nd.** (Youths) 1, R. Coles (B'ht) 15.38; 2, P. Mullervy (E-R) 15.51; 3, D. Good (E-R) 16.06; 4, C. Brown (Roan) 16.24; 5, P. Smith (Harlow) 16.30; 6, V. Voller (Shaft) 16.35; 7, S. Knowles (B'ht) 16.38; 8, K. Elliott (Harlow) 16.44; 9, C. Leonard (Sy. AC) 16.51; 10, P. Rafferty (Harlow) 16.52. Teams: 1, Harlow 36; 2, Elliott-Reed 52; 3, Surrey AC 58; 4, Blackheath 67; 5, Roan Sch. 69; 6, Shaftesbury 69. (Boys) 1, P. Williams (C&S GS) 16.00; 2, D. Fowler (C&S GS) 16.09; 3, K. Fletcher (Shaft) 16.18; 4, D. Randall (Med) 16.30; 5, J. Halford (Shaft) 16.54; 6, I. Wood (B&H) 16.58. Teams: 1, Chislehurst & Sidcup GS 10; 2, Shaftesbury 19; 3, Medway 31; 4, Kent AC 32; 5, Brighton & Hove 44; 6, Blackheath 61.

**YA League, at Rugby, January 23rd.** (Boys) 1, M. Edgecombe (Spark) 14.43; 2, M. Angrove (Rugby) 16.05; 3, M. Davenport (Spark) 16.12. Teams: 1, Rugby 262; 2, Sparkhill 179; 3, Leamington 80. (Colts) 1, S. Turney (Leam) 12.15; 2, J. Bowden (Rugby) 12.18. (Young Colts) 1, P.

Woods (Rugby) 8.14; 2, P. Wesemael (Rug) 8.18. (Intermediate Girls) 1, E. Redpath (Rug) 10.21; 2, S. Hoskey (Rug) 10.42. (Jun) 1, M. Gercs (Rug) 9.04; 2, A. Crow (Spark) 9.11; 3, A. Harding (Spark) 9.15. (Minors) 1, L. McGrath (Rug) 9.36; 2, L. Witham (Rug) 9.43.

**Sutton Schools U/15 Championship, at Beddington Park, January 25th.** 1, G. Ribbons 12.26; 2, T. Corning 12.38; 3, A. Bridger 12.57. Team: John Fisher S.

**Gloucestershire Schools, at Whitefriars, January 29th.** 1, B. Rutter 24.38; 2, P. Irvine 24.58; 3, J. Purseglove 25.05; 4, S. Clarke 25.09; 5, G. Scott 25.18; 6, D. Barnes 25.34. Team: Bristol. (Inters) 1, N. Wilson 21.12; 2, M. Summers 21.44; 3, P. Nichols 21.54. Team: Bristol. (Juns) 1, R. Goldring 14.39; 2, J. Simpson 15.12; 3, J. Stanton 15.33. Team: Cheltenham. (U/13) 1, T. Beckett 12.55; 2, D. Hawkins 13.09; 3, R. Crowley 13.38. Team: Cheltenham. (Sen. Girls) 1, A. Purseglove 10.22; 2, S. Smith 10.38; 3, J. Alcock 11.01. Team: S. Glos. (Inters) 1, S. Turner 10.21; 2, J. Emery 10.37; 3, S. Carter 10.45. Team: Bristol. (U/13) 1, L. Lacey 8.01; 2, J. Parry 8.21; 3, S. Kingston 8.23. Team: Cheltenham 44.

**Ken Bailey Schools Race, at Bournemouth, January 29th.** 1, I. Martyn (King) 22.08; 2, C. Heap (K) 22.21; 3, A. Jennings (Wey) 23.21. Teams: 1, Kingswood Sch., Bath 34; 2, Weymouth GS 72.

**Birmingham Schools Championships, at Colmers Farm, January 29th.** 1, V. Rollason 28.52; 2, M. Rollason 29.30; 3, O. Daly 29.40; 4, A. Harding 29.48; 5, P. Nash 29.58; 6, J. Taylor 29.59. Team: Lordswood Tech. C. (U/15) 1, M. Edgecombe 21.25; 2, J. Owen 21.51. Team: Blessed Humphrey Middlemore. (U/13) 1, C. Stapleton 13.55; 2, S. Hodgkinson 14.03; 3, K. Taylor 14.14. Team: Holte CS.

**Harvey GS (Folkestone) School CC Race, February 2nd.** 1, May (Judd); 2, Winton (Q. Eliz); 3, Stay (Judd). Team: 1, Judd Sch. 45; 2, Jnr. Infantry Batt. 108; 3, Sevenoaks S. 115.

Monica Joyce (Crawley), the winner, take an early lead in the Southern junior cross-country championship at Farnborough. Monica has not lost a race this winter.



Peter Tempest

**CITY OF STOKE-ON-TRENT  
PARKS, RECREATION and CEMETERIES DEPARTMENT**

**OPEN LADIES CROSS-COUNTRY  
TEAM RACES**

**Saturday, 8th April, 1972**

**Seniors**—Over 16 years. Distance 5,000 metres=3 miles, 188 yards.

**Intermediates**—14 years and under 16 years. Distance 3,000 metres=1 mile, 1,520 yards.

**Juniors**—11 years and under 14 years. Distance 3,000 metres=1 mile, 1,520 yards.

**All ages as at 1st/2nd September, 1971**

These events are open to all clubs affiliated to the W.A.A.A.

**Date and Times**—The races will be run on Saturday, 8th April, 1972.

**Starting Times**—Seniors: 2.00 p.m. Intermediates: 2.30 p.m. Juniors: 2.45 p.m.

**Venue**—FENTON PARK, VICTORIA ROAD, FENTON, STOKE-ON-TRENT.

**Terrain**—Varies, uneven field surfaces, ditches, two gates, tracks and a few hundred yards of normal road.

**Entries**—Teams to consist of six runners, three to count.

**Closing date for entries**—Monday, 13th March, 1972.

**Entry fees**—Senior and Intermediate Teams £0.45p per team; Each individual runner other than Team runners £0.25p; Juniors £0.30p per team; Each individual runner other than Team runners £0.20p.

**Team Secretaries** are requested to supply their own team recorder.

**PRIZES**

**Senior Individuals**—The first lady home will receive a Lady's Gold Plated wrist watch valued at £8.00; Second and third runners—18 piece Tea Sets valued at £5.50 each.

**Intermediate Individuals**—The first girl home will receive a Lady's Gold Plated wrist watch valued at £6.00; Second and third runners—18 piece Tea Sets valued at £5.50 each.

**Senior Teams**—The first three runners in the first three teams home will receive 18 piece Tea Sets valued at £5.50 each.

**Intermediate Teams**—The first three runners home in the first two teams will receive 18 piece Tea Sets valued at £5.50; the third team will receive Coffee Sets valued at £5.50 each.

**Juniors—Teams & Individuals**—Statuettes valued at £3.00 each to the three runners in the winning team; Second and third teams, statuettes valued at £2.75 each. The first three runners home will also receive statuettes valued at £3.00 each.

**Entry Forms**—On normal W.A.A.A. Forms, Surnames in **Block Capitals** please. Send your entry fee with your entry form. Please include Clubs running colours. Cheque/Postal Orders must be crossed and made payable to "City of Stoke-on-Trent Corporation".

**Entries to**—Mr. P. Dyer, Director of Parks, Recreation and Cemeteries, (Cross Country) Parks Department, Hanley Park, Cleveland Road, Hanley, Stoke-on-Trent, ST1 4DY.

**Enquiries**—Telephone Stoke-on-Trent 22283 up to 5.00 p.m. Monday to Friday. Please ask for Mr. J. H. Connolly, Recreation Officer. Evenings 6.30 p.m. until 9.30 p.m. Stoke-on-Trent. 46233.

# OLYMPIC 200 IS MY BEST HOPE

— Irena Szewinska

**EXCERPTS** from a recent interview with Irena Szewinska, the reigning Olympic 200m champion, published in "Przegląd Sportowy", translated from Polish by J. Kulczycki.

Asked whether she thought the 1971 season was a successful one for her she replied that she was very satisfied as she improved upon her 1970 results. She thought 22.8 for 200m was good all the more so as she beat Balogh and other strong competitors. She thought if it was not for her illness in the middle of the season she would have done even better.

She also said that she enjoyed long jumping indoors and she was at present solidly working on this. At last she would like to pay more attention to this event and she was trying to improve certain technical elements under the eye of the trainer Tadeusz Starzynski.

**When at last are we going to see you landing over the 7 metres (22'11½") line?**

Irena Szewinska: That I do not know. But I would not rule this out this year . . . the long jump will be the second event besides the 200m in which I have a good chance in the Olympics. Of my foreign rivals only the Europeans count, especially Rosendahl, Mickler and Antenen. It is difficult for me to predict the result now. But I can say one thing; that the standard will be much higher than in Mexico.

**We are longing to see the world record for 200m return to Poland.**

I also dream about this. But my rivals are not asleep. Stecher, Balogh, and Boyle who returned this season—each one of them can take the record away from Chi Cheng. I must admit, however, that I think that my medal chances are best in the 200m. There are no miracles in this event. Favourites seldom fail. There is no gamble here as in the long jump.

**And the relay?**

I know that I am being considered for the relay team but I can say already it's too much for me. I don't mean that I cannot cope with four events in the Olympics. The difficulty is different. I train for the sprints under Gerard Mach, the long jump I have already mentioned—under Tadeusz Starzynski. If I had to join the relay team as well it would be quite a mix up. I cannot take such a risk.

**Therefore we can expect only three medals from you in Munich; 100m, 200m and long jump . . .**

I would remind you that I shall not be the only competitor in the Games!

Would all Southern athletes ranked in the 1971 UK Top 50 lists contact the Southern CAAA offices, 26 Park Crescent, W1N 4BQ, giving full details of their best performances and enclosing their full addresses and telephone numbers.



Irena Szewinska long jumping at Meadowbank last June. Ed Lacey

## BOLTON UNITED HARRIERS & A.C.

9th Annual

"Bolton Evening News"

## EGERTON ROAD RELAY

4 x 3½ Miles • Under AAA Laws

For the "Evening News Rose Bowl"  
From Egerton Congregational School,  
Blackburn Road, Egerton, Nr. Bolton

SATURDAY, 8th APRIL, 1972  
at 3 p.m.

AWARDS—1st Team 4 at £3-15; 2nd Team 4 at £2-10; 3rd Team 4 at £1-05; 1st "B" Team 4 at £1-05; Fastest Laps: £3-15, £2-10, £1-05.

All prizes wholesale value.  
All competitors insured against  
personal accident during race.

Entries with fees (37½p per "A" team, 25p others) to A. R. Elsbey, 51 Tong Road, Little Lever, Nr. Bolton, Lancs.

ENTRIES CLOSE MONDAY, 3rd APRIL

Advance Notice: Rivington Cup Meeting—  
Saturday 22nd July, 1972 Invitation Events—  
Inter-Club Competition.

# THE COMPETITIVE SPIRIT

## 5. Paul Nihill

**E**VEN remembering Stan Vickers, Ken Matthews and Don Thompson, it must be said that Paul Nihill stands just a bit out on his own amongst British walkers. Since he started race walking in 1956, Paul has produced, consistently, performances of the highest standard and been willing to take on the best the world can offer. "If I am fully fit, I fear nobody, and may the best man win" is his attitude to racing. He was a school champion at 11 years old in 1951 and has every intention of being an Olympic champion twenty years after that.

He had started fairly serious and successful cross-country running when a youth and reached a useful county standard, training somewhat spasmodically and not competing with particularly deadly intent, so that the kind of physical and mental stamina needed to walk 50 kilometres in 4:11:31.2 (six minutes inside Don Thompson's 1960 time) has burgeoned in the mature athlete. Nihill does not discriminate between character and physical training when asked to judge the extent to which racing success depends upon these two, neither is he sure that will-power needed to race can necessarily be developed. Perhaps silk purses never do evolve from sows' ears. Whatever the truth, the extraordinary quantity of physical stamina which Paul has acquired over the years, and his equally extraordinary capacity for deploying this in international racing, has lifted him well out of the ranks of the useful cross-country runners, ranks which are always pretty full in Britain.

**by Brian Mitchell**

Eight hours' sleep is his requirement nightly, up to and including the night before a race (though not always available), and he shapes the days prior to racing, by cutting mileage, removing the ultra-fast work and ticking over as relaxedly as possible. He rarely suffers from nerves before the day of the race, though he did in earlier years. Whether facing a big race or a more local one, he builds up mentally as well as physically, with an emphasis upon his ability to stay calm.

Three or four hours prior to racing, Paul eats a very light meal, say poached egg on toast, or biscuits, with coffee. In the morning, he will loosen off by walking about 3 miles, and then at the venue he will do another 2-3 miles. Then, inevitably, he goes to the start intending to win, or if not to win then to accept any defeat with grace, even if not with resignation—"If I am fully fit, I fear nobody".



Ron Linstead

Tactics vary from race to race, depending upon the nature of the opposition—"I let them do the thinking early on. I do it later". So, also, the point at which real discomfort sets in must vary, but in Nihill's case it will come in the last quarter of the distance, because he will definitely be pushing for the line then. Often in his competitions he has been in the lead at this point, so that his mind is absolutely set on winning, and this must mean that his already positive attitude is enhanced by the knowledge that he is lined up to win. In Britain, a lot of his opposition has had to come from the clock as much as from other athletes, and where a record has not been at stake, or within reach, he may have been able to finish comparatively comfortably, since the opposition (whether clock or man) must condition how hard such an athlete has to work for his victory. He usually recovers quickly, though everyone can have an off day and suffer a bit more than expected. Like all other purposeful competitors, Paul knows how to learn from experience and from mistakes.

The amount of racing done by Paul Nihill far exceeds that done by almost all of his international rivals; he reckons to compete about forty times a year, though how regularly in any particular phase of his training must depend upon

the seasons. A observer could deduce that he is always ready to race and that he loves the challenge and the circumstances of racing. One of the end-products of his ability to do so very successfully, and one of the sides of the sport which the young athlete would do well to remember, is that he has seen a lot of the world without having to fork out from his own pocket; and it was in Los Angeles, in July 1969, that he took part in one of the most severe and satisfying events of his career.

Walking for the British Commonwealth team against the USA and the USSR, he was pitted against the redoubtable Vladimir Golubnichiy (gold medallist at Rome and Mexico, and bronze medallist at Tokyo) and against bronze medallist Nikolay Smaga, and another world-class competitor, Ron Laird. Paul had "failed" in Mexico some ten months before, and here was a kind of second chance. He had not lost since Mexico, but the Los Angeles race was to be the toughest possible test and something of a private cup final to decide who was then the world number one. Paul says of it, "It was a tactical race on a warm, humid evening. At 15km, reached in a slow 69:44, we were all together. Then I started my kick. Shortly afterwards Smaga surprisingly dropped away. After a mile, Laird, too, was dropped and I was left with the great Golubnichiy. The last 5km was done at 6:58 mile pace and the Russian fought like a tiger and would not let me go. With  $\frac{1}{4}$  mile left, I surged and at last managed to crack him, eventually winning by about 80 yards. It was very exciting—better than my Athens victory—though I felt shattered afterwards. I have fantastic respect for Vladimir".

Considered in the whole context of modern sport, race walking is a tiny activity with a handful of participants. It has never had much spectator appeal, probably because of its built-in element of restraint (most of us know that if you set to race somebody, you run rather than walk); but, on reflection one would have to conclude that, yet again, how the mass readership judges is no criterion at all of the quality of a thing, and that walking is not the Coronation Street of sport, just as Coronation Street is not exactly the Nihill of imaginative literature. Fifty kilometres of technically immaculate movement and purposefully exact concentration attract about as many fans as real music would on Radio One. However silent it may have been, that little battle between Nihill and Golubnichiy did take place, though, and was worth as much in its way as Beethoven in his.

Next in this series: Mike Tagg

The new-look BMC NEWS, with pictures and colour, edited by Messrs. Booth, Cocksedg and Horwill, has been posted to all Regional Secretaries for distribution by February 21st, 1972. Non members requiring copies of the journal should apply to The Editor, 9 Barrow Road, Cambridge CB2 2AP, enclosing a stamped addressed envelope together with 6p in stamps.

Bromsgrove & Redditch  
A.C. present without fail.

# THE NEW TAURUS RELAYS



on the "all weather"  
surface of the

## LEICESTER SPORTS CENTRE

Saffron Lane, Leicester. Just off M1

on Saturday, 22nd April, 1972

(under AAA and WAAA Laws)

### 1. RELAYS

Seniors Men and Ladies, Youths,  
Boys, Junior Ladies—4 x 100m,  
4 x 200m, 4 x 800m.  
Colts and Minor girls, 4 x 100m,  
4 x 800m. Intermediate Ladies  
4 x 100m, 4 x 200m.

### 2. CONSOLATION RACES will guarantee two runs for teams eliminated in the 4 x 100m relay heats.

### 3. SPECIAL HIGH JUMP Aggregate Competition—2 to score, Senior Men and Ladies, Youths, Junior Ladies.

AWARDS for all winning teams (including  
High Jump) "TAURUS TROPHY" for best  
combined team total.

Entry fees: Relays team 40p. High Jump  
team 20p.

### JOINT ORGANISERS

Vaughan A. Webster (General/Entries),  
8 Treeford Close, Solihull, 021-705 5334.

Brian Grogan (Technical), 36 Whitefields  
Road, Solihull, 021-705 1243.

ENTRIES CLOSE Monday 10th April

# Overseas News and Results

## USA: HERB WASHINGTON BREAKS SPRINT STALEMATE

AMERICAN indoor meets on February 11th and 12th yielded a rich crop of world bests, not the least of which was a 5.8 60y by Herb Washington, thus breaking the stalemate which has existed since Bob Hayes first ran 5.9 in 1964. In fact, Washington's achievement at East Lansing won't make the US indoor record books as it was made on a dirt track, instead of the sanctioned boards or rubberised surfaces, but this ruling seems to be splitting hairs and most statisticians will be happy to accept the new time. At the same meeting, Marshall Dill (19) sped 300y in 29.5 to remove three-tenths from Bill Hurd's best on record.

Cliff Branch, one of the twenty or so men who shared the 5.9 timing, gained some consolation by equalling the 100y record of 9.3 in the Houston Astrodome; and on the same occasion Rod Milburn set new 120y hurdles figures of 13.4. Taking advantage of the huge 352y track which, combined with the absence of any wind, makes this perhaps the most perfect arena in the world—indoors or out—for the longer track events, Edesel Garrison ran 440y in 45.7, George Young 2M in 8:28.2 ahead of steeplechaser Sid Sink (8:29.6) and an obviously recovered Marty Liquori (8:31.6), while in relay action Lee Labadie covered 880y in 1:46.7 and Jerome Howe a mile in 3:56.5. Another fast track (220y) is situated at Louisville and this is where Mark Winzenried finally came into his own with a 2:05.1 1000y which cut 0.4 off luckless Ralph Doubell's record. On the

women's side, Kathy Hammond set 500y figures of 64.5 at Oakland and Kathy Gibbons clocked 2:32.2 for 1000y at Inglewood.

**19.12. Irvine.** (outdoor) Mile: Mary Decker (12) 5:04.8 (!). **14/51.1. Champaign.** Women's 60y: Render 6.7 (6.5 ht, eq. world best); 220y/440y: Toussaint (2:04.3 800m performer) 24.4/55.4; Mile: Madeline Jackson-Manning 5:00.4; 60yH: Rallins 7.6 (7.5 ht). **5.2. Cleveland.** Mile: 5, Arzhanov (USSR) 4:18.2. **11.2. Inglewood.** 60y: Ravelomanantsoa (Malag) 6.1, Greene 6.2; 500y: Newhouse 57.4, Kemp 57.5; 600y: McGrady 1:09.6, Evans 1:09.8, Fiasconaro (Ita) 1:10.3; 880y: Fisher (Aus) 1:54.1; 1000y: Von Ruden 2:07.1, Luzins 2:07.2; Mile: Dyce (Jam) 4:02.9, Arese (Ita) 4:03.0, Del Buono (Ita) 4:03.8, de Hertoghe (Bel) 4:04.6, J. Mason 4:05.8, Ryun 4:13.2 ("I felt good before the race but I just couldn't generate any power after the first quarter"); 2M: Prefontaine 8:26.6, Puttemans (Bel) 8:39.2, O'Brien (Aus) 8:39.8; 60yH: Hill 7.0, White 7.0; HJ: Brown 2.16/7'1", Culp 2.13/7'0"; PV: Smith 5.19/17'0½", Caruthers 5.04/16'6½"; LJ: Baumgartner (WG) 7.91/25'11½", Hines 7.87/25'10"; SP: Feuerbach 21.04/69'0¼", Woods 20.65/67'9", DeBernardi 20.50/67'3", Matson 20.39/66'11"; women's 500y: Scott 65.6 (world best), Hammond 65.8; 1000y: Gibbons 2:32.2 (world best), Heald 2:34.3.

**12.2. East Lansing.** 60y: Washington 5.8 (world best); 300y: Dill 29.5 (world best). **12.2. Oakland.** 60y: Borzov (USSR) 6.1, Edmonson 6.1; 500y: McGrady 56.9; Mile: Dyce (Jam) 4:05.6, Del Buono (Ita) 4:05.9; 2M: Puttemans (Bel) 8:34.2, Kardong 8:34.6, O'Brien (Aus) 8:40.0; 60yH: Hill 7.1; HJ: Brown 2.13/7'0", Akhmyetov (USSR) 2.13; PV: Isaksson (Swe) 5.29/17'4¼", Lagerqvist (Swe) 5.29; LJ: Hines 7.92/26'0"; TJ: Smith 16.62/



New Zealander Dick Quax, here seen during his gallant race against Kip Keino in the Commonwealth Games 1500m, continues to run brilliantly. His latest exploit: breaking Murray Halberg's NZ 5000m record with 13:35.0 at Hamilton on February 12th.

Peter Tempest

54'6½"; SP: Feuerbach 20.46/67'1¼", Woods 20.45/67'1", Matson 20.22/66'4¼"; women's 500y: Hammond 64.5 (world best). **12.2. Houston.** 100y: Branch 9.3 (eq. world best), Tinker 9.4; (B) McGee 9.5; 440y: Garrison 45.7; 2M: Young 8:28.2, Sink 8:29.6, Liquori 8:31.6; 120yH: Milburn 13.4 (world best), Davenport 13.5; HJ: Dunn 2.16/7'1" . . . 4, Matzdorf 2.11/6'11"; PV: Roberts 5.18/17'0"; SP: DeBernardi 20.03/65'8½"; 4x880y: Illinois 7:19.8 (eq. world best). **12.2. Louisville.** 70y: Pender 6.9, Meriwether 6.9; 600y: T. Turner 1:10.4; 1000y: Winzenried 2:05.1 (world best); Mile: McAfee 4:03.2; 70yH: High 8.2; PV: Wallick 5.28/17'4", Smith 5.22/17'1½"; SP: Stuart 19.61/64'4¼".

## CANADA

Margaret Beacham lost her world indoor 1000m best of 2:46.5, set at Cosford in November 1970, when Penny Werthner (4th in the Commonwealth 1500m) ran 2:45.9 in Vancouver on February 12th. Patty Johnson (USA) clocked 6.9 for 50m hurdles.

## FRANCE

Although her results during the past two years have fallen short of expectations, it would be a mistake to write off Colette Besson's chances of successfully retaining her Olympic 400m title. "The 1972 season will certainly be Colette's best," proclaims her coach Durand Saint-Omer. "She has gained a few kilos, and that will allow her to train in the most intensive fashion that will lead to optimum form." Colette is over the various patches of ill health that have dogged her the past couple of seasons and an indication of her current well-being was provided at the French indoor championships when she won the 400m in 53.8—and she has yet to start speed training. Pat Matzdorf (USA) made a brief visit to Paris to collect his award as "L'Equipe's" athlete of the year and cleared 2.15/7'0½" in an informal indoor competition at the INS on February 9th—equal with Bernard Gauthier but behind Henry Elliott (2.18/7'1½").

**12/13.2. Grenoble.** (French Indoor Champs) 50m: Limousin 5.8; 400: Dach 48.7; 800: Gonzales 1:51.0; 1500: Boxberger 3:45.0; 3000: Geraudie 8:07.4; 50H: Noe 6.7 (6.6 in rerun), Malrieu 6.7 (6.7 in rerun) . . . Drut 6.6 ht, left in blocks in final; HJ: Legoff 2.10/6'10½" Elliott 2.10; PV: Bellot 5.05/16'6½", Ollivary 4.90/16'0½", D'Encausse & Lefebvre 4.90; LJ: Bonheme 7.65/25'1¼"; TJ: Rota 15.78/51'9½"; SP: Brouzet 19.48/63'11"; women's 50: Telliez 6.3; 400: Besson 53.8 (54.8 ht), Duclos 55.5, Martin 55.5; 800: Verriest 2:11.5; 1500: Baulu 4:37.3; 50H: Andre 7.3; HJ: Horrent 1.74/5'8½"; LJ: Guillet 5.91/19'4¼"; SP: Creantor 13.80/45'3¼".

## NETHERLANDS

**5.2. Groningen.** (W. Germany beat Netherlands 148-74) 60m: Monsels 6.7, Schumann (WG) 6.7; 400: Bernreuther (WG) 48.8; 800: Wellman (WG) 1:49.2, Kemper (WG) 1:49.5; 1500: Norpoth (WG) 3:45.2, Wassenaar 3:45.7; 3000: Brugger (WG) 8:00.8 (3:52.8 2nd 1500); 60H: Schumann (WG)

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7.8, Richter (WG) 7.8; HJ: Sieghart (WG) 2.11/6'11"; PV: Ziegler (WG) 5:20/17'0½"; LJ: Latzel (WG) 7.59/24'11"; TJ: Sauer (WG) 16.20/53'1¼"; SP: Schladen (WG) 18.78/61'7½"; women's 60: Richter-Irrgang (WG) 7.3, Wilma v. Gool-v.d. Berg 7.3; 400: Frese (WG) 54.7, Bodding (WG) 55.5; 800: Ellenberger (WG) 2:07.6; 1500: v.d. Stelt 4:32.1; 60H: Bach (WG) 8.1, Wengler (WG) 8.5; HJ: BARBARA INKPEN (guest) 1.80/5'10½" (UK indoor best), Munding (WG) 1.70/5'7", Willer (WG) 1.70, Bauma 1.70, van Doorn 1.70; LJ: Roesen (WG) 6.17/20'3"; SP: Westermann (WG) 16.35/53'7½".

## ITALY

**3.2. Catania (Sicily).** Road Race: Ardizzone 33:12.1, JOHN WATERHOUSE 33:21, Martini 34:06, BILL ADCOCKS 34:42.

## SWEDEN

Jan Dahlgren moved into the Olympic high jump reckoning after clearing 2.21/7'3" and narrowly failing at 2.26/7'5" indoors in Gothenburg. **5/6.2. Gothenburg.** (Sweden beat Finland 82-75, Sweden beat Norway 86-71, Finland beat Norway 85-72) 3000: Halle (N) 7:57.4, Suomalainen (F) 7:58.0; HJ: Dahlgren 2.21/7'3", Pesonen (F) 2.19/7'2½", Viskari (F) 2.14/7'0½"; PV: Kalliomaki (F) 5.30/17'4½", Lagerqvist 5.20/17'0½", Isaksson 4.90/16'0½"; LJ: Toivonen (F) 7.72/25'4"; TJ: Kuukasjarvi (F) 16.03/52'7½"; SP: Grahn (F) 19.16/62'10½", Simola (F) 18.88/61'11½".

# LORE OF THE SCOTTISH HILL RACES

By Jim Logan

THE first hill race in Scotland took place in 1040, when Malcolm Canmore required a runner to carry his commands throughout the kingdom: first up the 1764 feet Creag Choinnich above Braemar was to win the post of royal runner, and there were also valuable "place" prizes. Near the top, three MacGregor brothers were well in the lead and the youngest suggested that they should split the prize-money—they were at it even in 1040—but the other two disagreed and the young fellow made a break, only to be held by the kilt. Unabashed, he sloughed-off his covering—the kilt was an all-embracing garment in those days—and won the race. Any protest that he was not wearing a vestment was, presumably, dismissed.

The race began at about 1000 feet and young MacGregor's time of 3 minutes dead for the  $\frac{1}{2}$  miles rising 764 feet has remained unbeaten to date: hardly surprising, as the national track record standing to Hugh Barrow is still a trifle outside this time. Of course the timekeeping—calibrated candles, to the nearest minute—may leave some slight room for doubt.

Most of the Scottish hill races are associated with legendary happenings. Indeed, the **Eildon Hill Race** from Melrose offers a choice of three, the best-known of which concerns Arthur and his Knights of the Round Table. The wizard Merlin put a spell on the heroes to sleep in a vast cavern in the Eildons until the land had need of them. The Eildon Hill Race, held in conjunction with Melrose Sports in June, starts and finishes at the famous rugby ground, The Greenyards, and is  $3\frac{1}{2}$  miles there and back to the indicator on the 1400 feet summit of the middle hill. George Meikle, of Teviotdale Harriers, has put himself in the record books with ten wins in a row.

The **Creag Dhubh** race, run in conjunction with Newtonmore Highland Games in August, was featured last year in a TV programme and marshalls are mounted on hill-ponies. As seen in the TV feature, a burn has to be negotiated and in 1969, following a thunderstorm, this became a raging torrent, forcing runners to make a long detour. If Sandy Cameron (Edinburgh Southern) and Ronnie MacIntosh (Lochaber AC) are ever in contention look out for action as Creag Dhubh was the site of a bloody clash between the Camerons and the MacIntoshes in 1386. "Creag Dhubh Choinnich Chattan" is the MacPherson war-cry and after Culloden the clan chief, Ewen MacPherson of Cluny, hid in a cave dug at night by clansmen, who carried away the earth to avoid detection. Stirring stuff to motivate the runners on these slopes!

The **Chevy Chase**, although run from Wooler, Northumberland, in May, has strong Scottish associations, and a reckless runner on Cheviot (2,676ft) or Hedgehope (2,348ft) could fall into Scotland! The name of the race commemorates the Battle of Otterburn in 1388, when Douglas, leader of the Scots, was struck down. His second-in-command, to conceal the loss from the men, rushed into the fray with the smitten leader's war-cry, "A Douglas! A Douglas!" The Chevy Chase, organised by the Youth Hostels Association, is 17 miles long, with a total ascent of 4000 feet, and the record holder is Jeff Norman with 2:13.56.



Man against nature as well as fellow man: David Cannon, of Kendal, opening up a winning lead over H. Walker during last year's Pendle Fell Race.

Paul Livesey

**The Ben Lomond Race**, in June, is promoted by the Scottish YHA, and the absence of any roads in the 8 miles to the 3192 feet summit and back from Rowardennan Hostel brings it nearest to the English fell race. There is no particular legend associated with this race—a strange oversight, surely, as this is Rob Roy MacGregor country, with a tumultuous history right back to the days when the Vikings ravaged the islands of the Loch. Even in modern times, we have the famous Scott brothers, of Inchmurrin, an island on the Loch. Jay, the younger, a product of a famous boarding school, outstripped the fictional "Geordie", cleaning up at his local Highland Games as a youngster. Alas, unlike "Geordie", real-life rules shackled Jay and as Luss Highland Games were professional, this great all-rounder, a Highland decathlete who did all his events from sprints to tossing the caber on one afternoon, was lost to amateur athletics. In true romantic tradition, handsome, kilted Jay whisked off a glamorous stage star and married her in a Loch Lomond-side parish church. Surely, surely when he was a boy, Jay gazed up at the mighty Ben and challenged his big brother, "Race ye to the top and back," and thus discovered himself as an athlete!

**The Berwick Law Race**, in August, does not commemorate any legendary cops-and-robbers chase: a "law" is a roundish or conical hill and although Berwick Law is a mere 613 feet high, it is one of the landmarks on the Firth of Forth coastline. This is a mini-hill race of 2 miles there and back from North Berwick town park, and average winning times are inside 15 minutes. Another mini-climb is the **Duns Law Race**, in July, but the distance including a round of the Duns Castle grounds, is 6 miles and the event boasts a long pedigree, as it is said that the start of the race was altered in 1545 after the town had been sacked by the English. The legend of Berwick Law is that in the eighth century when the Picts

and Scots were fighting the Saxons, the cross of St. Andrew appeared above Berwick Law and inspired the home team.

**The Carnethy Hill Race**, which is the latest of the line but the first hill race of the season in February, also claims the legend of the appearance of St. Andrew's Cross at a critical moment, but this time it was no miracle but a cunning piece of motivation by the commander of a Scots army in 1302. The Scots, after two hard fights with the English, were again called on without recovery interval and looked beaten before they began. Gude Sir Simon Fraser bade them look toward Carnethy Hill, and a giant St. Andrew's Cross appeared on the summit, inspiring them to chalk up yet another win over the enemy. Cunning Sir Simon had sent a posse round the back of the hill, and they came over it bearing two crossed tree trunks.

The Carnethy Hill Race was launched last year in a sea of troubles because of the postal strike, but was a notable success. The route from Penicuik to the Pentlands is steadily uphill for 4½ miles with 1300 feet of ascent, but in the inaugural race it was the speedsters Ian McCafferty and Jim Alder who triumphed jointly in 47.40 against hill specialists like Brian Finlayson and Dave Cannon. The team prize—a 5'6" claymore—went to an Edinburgh Southern quartet which included Martin Craven. This year's race (today) will be ten miles, and will be taking in a neighbouring hill, with the possibility of tipping the balance towards the "climbers". The organisers of this race make great efforts to give competitors a memorable day, and have an Accommodation Officer to assist those who wish to stay for the Folk Night function in the evening.

The **Ben Nevis** and **Cairngorm** events are in the Mountain Race category, as these bens are over 4000 feet. The Ben Nevis race has the prestige value of being run on the highest mountain in the British Isles and is established as a classic, attracting entries from all over the UK. In last season's race 38 of the first 50 finishers were from English clubs. Dave Cannon (Kendal) established a record of 1:33.05 in this race which started from a new park nearer to the climb, slightly shorter than the course on which Peter Hall, of Barrow, clocked 1:38.50 in 1964. Ben Nevis makes its legends out of eccentric ascents as bizarre as anything in a Monty Python script. The latest wheeze (sorry!) involved the manhandling of an organ to the summit by strongman Kenny Campbell who, to top the excruciating exercise, played "Scotland the Brave" on the summit. There is also a race to the site of the halfway observatory on Ben Nevis, formerly served by a pony track, much of which has been washed away, and local knowledge is invaluable in finding the fastest way up and down. Dave Cannon and Brian Finlayson fought out the last race, and both were inside the old record of 57 minutes.

There is no question of competitors picking their own way on 4084 feet Cairngorm, where the route is strictly controlled. The start and

## LOOP FILMS and 'SHORTS'

### 1971

GUY BUTLER will, in the near future, have available lists of films taken during the last season. Among those featured will be Bedford in 10,000m record, also the Steeplechase; Jenkins in 400m v. France, and start of 200m v. Germany; Pascoe in AAA 110m final; PV—Papanicolau at 17ft. plus; SP—Capes 63'9" v. Germany. **Women:** Experimental hurdles race over 3'0" fences; HJ—"Flop" style by Brill and Inkpen. Also, from Wilf Paish's European Helsinki film: 110m Hurdles final (whole race, general view); Steeplechase final—Villain; PV—Nordwig and Dionisi; SP—Briesnick at 68ft. plus; Women's Discus—Myelnik and Westermann (long throws).

**Lists from Guy Butler, Little Hadham, Herts. (s.a.e. please).**

finish of this 10 miles race is at Loch Morlich, on the 1000ft. contour: marathon runner Donald Ritchie, of Aberdeen University, won the last race in 1:15.31, and competitors encountered another fleet-footed group in the famous herd of deer that roams these slopes. The Ben Nevis race is at the beginning of September and the Ben Nevis "Halfway" at the end of July. The Cairngorm race, a week after the full Ben Nevis race, may be put back to the end of September next season.

**The Mamore Hill Race**, in conjunction with Kinlochleven Highland Games at the beginning of July, follows and old military road for a part of the way, but runners will hardly subscribe to the verses which "bless'd General Wade". However, road runners do well and last season's winner was former marathon champion Gordon Eadie, of Cambuslang Harriers. Course record

holder for the 16 miles with 1500 feet ascent is D. Lawson (Bingley) in 1:40.16, made in 1965.

**The Glenurquhart Hill Race**, in conjunction with Drumnadrochit Highland Games, takes place a week before the Ben Nevis classic, and is popular as a warm-up. Brian Finlayson won last season's race. **The Byne Hill Race**, in July, starts and finishes in the Victory Park at Girvan, popular holiday town in south Ayrshire, and is a Saturday evening event, 5 miles long, ascent 702 feet. **The Knockfarrel Road and Hill Race**, in September, starts and finishes at Strathpeffer, a health resort in the north, and takes in the Knockfarrel ridge at 720 feet.

*Mr. Jimmy Jardine, of Penicuik, a great hill-race enthusiast and one of the organisers of the Carnethy Hill race, provided the ancient and modern data for this feature.*

## A Real Old-Style Cross Country Race

**L**IVERPOOL BOUNDARY HARRIERS received a record number of 109 entries for the Parbold Hill Race on February 5th, but only 61 runners actually set off on the 6-mile course. The event is a real old-style cross-country race routed over fields, plough, farm tracks and woodlands, with stiles to climb and plenty of mud to wallow in. Competitors make two ascents of the 515-foot hill, first by tilted upland meadows and later by the steep road which rises from Parbold village towards Standish. Rain and snow during the preceding week, and more rain two hours before the start, helped to create ideal conditions for such a challenging course, and there was also a bleak wind to be fought on the tops.

Last year's winner, Roy Wood, was among the leaders all the way around, but he and Ray Haswell eventually broke away from the main bunch just before the final descent of the hill and became engaged in a thrilling duel over the last mile-and-a-half. Wood at last managed to forge ahead over the final hundred yards of country lane and he beat the valiant Haswell to the finish by one second, his time being 35.16. Terry Dwyer, who came third last year, again had a good run and was placed fourth, arriving 11 seconds behind Wood's clubmate, D. Brennan.

About one-quarter of the field was made up of fell-runners, no doubt drawn by the prospect of a tough, hilly course outside the usual fell-racing season. Notable among them was Jeff Norman, who only decided to run at the last minute and finished fifth. No doubt many of the runners who entered later had second thoughts and decided to save themselves for the Northern C-C Championships the following week. In view of this, the Parbold Hill Race will probably be held at a later date next year to ensure a larger field.

### W. R. Smith

1. R. Wood (Warrington) ..... 35.16
2. R. Haswell (Salford) ..... 35.17
3. D. Brennan (Warrington) ..... 35.45
4. T. Dwyer (Pembroke) 35.56; 5. J. Norman

(Altrincham) 36.43; 6. C. Leigh (Salf) 36.52; 7. P. Brown (Oldham & R) 37.09; 8. H. Mayor (Bolton) 37.33; 9. P. Wilkinson (Bolton) 37.45; 10. B. Lloyd (Sutt) 37.45; 11. M. Whiteside (unatt) 37.55; 12. B. Baistow (Clayton) 38.02; 13. D. Jenkins (Liv) 38.27; 14. S. James (Sutt) 38.38; 15. P. Jones (Pem) 38.41; 16. S. Cottier (W'loo) 38.52; 17. M. Darcy (Bolton) 38.53; 18. L. Horlock (O&R) 38.57; 19. T. Senior (Sutton) 39.03; 20. J. Candlin (Boundary) 39.22; 21. B. Thompson (Warr) 39.23; 22. T. Crotty (Pembroke) 39.24; 23. R. Grimshaw (Salf) 39.28; 24. N. Jones (Warr) 39.32; 25. R. Curwen (Preston) 39.38. **Teams:** 1, Warrington 25; 2, Salford 31; 3, Bolton 34; 4, Pembroke 41; 5, Sutton 43; 6, Waterloo 96; 7, Boundary 133.

### HEREFORDSHIRE CHAMPIONSHIPS

#### At Hereford, February 12th

1, T. Edwards (Hereford) 36.55; 2, T. Goodwin (Hereford); 3, J. Tarrant (Salford). (No team race).

#### Youths

1, R. Rogers (Hereford) 18.35; 2, R. Tarrant (Hereford) 18.35; 3, J. Stanley (Lucton S) 18.50. **Team:** Lucton School 18.

#### Boys

1, C. Passey (Hereford) 14.25; 2, N. Nenadich (Lucton) 14.33; 3, A. Plenderleith (Hereford) 14.38. **Teams:** 1, Lucton S 26; 2, Hereford & Cty. 41; 3, Whitecross Sch. 48.

#### Women

1, S. Dawes (Hereford) 17.10; 2, H. Lewis (Ledbury GS). (No team race).

#### Intermediates

1, K. Sheldrick (Here) 15.57; 2, D. Barnett (Canon Froms S) 16.08; 3, S. Rhee (C. Frome) 17.37. **Teams:** 1, Canon Froms S. 20; 2, Ledbury GS 24.

#### Juniors

1, Y. Chapman (Ross SS) 11.20; 2, G. Gundy (Kingstone S) 11.20; 3, T. Daehne (C. Frome) 11.35. **Teams:** 1, Bishop S. 47; 2, Ledbury GS 51; 3, Canon Froms SS 55.

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## NORTHUMBERLAND & DURHAM LEAGUE (Handicap)

### At Blyth, February 5th

1, M. McLeod (Elswick) 36.37 (31.57); 2, A. Anderson (Sunderland) 36.59 (34.29); 3, P. Parker (Gates) 37.24 (32.44); 4, K. Carr (Sund) 37.30 (32.50); 5, B. Cordes (Morpeth) 37.51 (33.11); 6, B. Forster (Gates) 38.05 (33.25); 7, J. Pearson (Morpeth) 38.10 (33.30); 8, R. Dunn (Mor) 38.14 (33.34); 9, R. Balding (Heat) 38.21 (33.41); 10, P. Fawkes (NSP) 38.29 (35.59); 11, A. Bone (S. Shields) 38.32 (33.52); 12, D. Hewitson (Elswick) 38.59. Fastest: McLeod 31.57, Parker 32.44, Carr 32.50. Teams: 1, Gateshead 96; 2, Morpeth 97; 3, Gosforth 139; 4, South Shields 193. Final scores: 1, Gateshead 9; 2, Morpeth 23; 3, S. Shields 29; 4, Gosforth 40; 5, Sunderland 56; 6, Heaton 57.

### Youths

1, D. Pearson (Gates) 25.52 (23.02); 2, A. Amos (Gates) 25.53 (23.03); 3, H. Montgomery (Heat) 26.00 (23.10); 4, G. Williams (Blyth) 26.06 (23.16); 5, G. Sivell (Gates) 26.14 (23.24); 6, D. Waters (Gates) 26.24 (23.34). Fastest: Pearson 23.02, Amos 23.03, Montgomery 23.10. Teams: 1, Gateshead 8; 2, Gosforth 28. Final scores: 1, Gateshead 8; 2, Gosforth 36; 3, NSP 49; 4, Sunderland 54; 5, Saltwell 63; 6, Blyth 63.

### Boys

1, D. Roberts (NSP) 12.01; 2, K. McDonald (Gates) 12.24; 3, T. Lazenby (Blyth) 12.40; 4, J. Dinsley (Blyth) 12.46; 5, A. Boden (Heat) 13.01; 6, D. Kane (Blyth) 13.01. Fastest: D. Conroy (Gos) 11.56, B. Leddicot (Gates) 12.02, F. Lowther (Gates) 12.08. Teams: 1, Blyth 13; 2, Gateshead 19; 3, Gosforth 45; 4, North Shields Poly. 53. Final scores: 1, Gateshead 16; 2, Blyth 18; 3, Morpeth 36.

### Colts

1, S. Nicholson (Blyth) 12.59 (11.39); 2, P. Smith (Morpeth) 13.12; 3, D. Marwana (NSP) 13.15 (11.55); 4, K. Legge (NSP) 13.17 (11.57); 5, C. Hamil (NSP) 13.19 (11.59); 6, P. Goodfellow (Gates) 13.24. Fastest: Nicholson 11.39, Marwana 11.55, Legge 11.57. Teams: 1, NSP 12; 2, Gateshead 27; 3, Blyth 29. Final scores: 1, Gateshead 12; 2, Jarrow & Hebburn 25; 3, Blaydon 37; 4, Morpeth 37.

### Women

1, M. Lund (Houghton) 13.59; 2, M. Brown (Houghton) 14.17 (12.57); 3, C. Cook (Blyth) 14.26; 4, S. Phillips (Blyth) 14.31; 5, C. Robson (Blyth) 14.42 (13.22); 6, A. Johnstone (Houghton) 14.45. Fastest: Brown 12.57, Robson 13.22, M. Adamson (NSP) 13.37. Teams: 1, Houghton 9; 2, Blyth 12; 3, Morpeth 29.

### OFFICIALS' EXAMINATIONS

Written examinations are being held by Essex AAA for Track & Field Judges, Starters and Timekeepers at the Chelmsford AC Club House, Melbourne Park, Chelmsford, on April 7th at 7.15 p.m. Application forms are obtainable from the Hon. Officials' Secretary, Mr. H. G. S. Anderson, 34 Warley Mount, Brentwood, Essex (Phone: Brentwood 3759).

## Midland CC Championships

At Kettering, February 12th

## Clear-cut Victory for Allan Rushmer

THE early afternoon rain made way for bright sunny conditions on the occasion of the Midland Championships held at Wicksteed Park, Kettering over a true cross-country course comprising parkland, mud, plough and farm tracks. Each race provided clear winners in David Glassborow (youths), David Black (juniors) and Allan Rushmer (seniors). In their respective races, they broke away from their pursuers after a very short time and were never troubled.

The disappointing feature of the afternoon was the small numbers in both the youths and junior races and the lack of team opposition in the senior event where Tipton, with 6 in 9 and 12 in 41, would have had two teams in the first 3 had their second six men been eligible to score. All of the senior teams seemed dreadfully depleted and race casualties included Kevin Hinton of Derby and Dave Lem of Birchfield.

1. A. Rushmer (Tipton) ..... 45.13  
2. R. Grove (Leicester Cor) ..... 45.56  
3. R. Fowler (Stoke) ..... 46.06  
4. J. Wright (Tip) 46.13; 5. C. Kirkham (Cov. G) 46.22; 6. D. Fownes (Tip) 46.28; 7. M. Orton (Tip) 46.45; 8. K. Rollason (Tip) 46.53; 9. K. Boydon (Tip) 46.53; 10. M. Peake (Birch) 47.09; 11. H. Leeming (Derby) 47.29; 12. K. Barlett (Cov. G) 47.36; 13. J. Norman (Notts) 47.38; 14. J. Eley (Dby) 47.41; 15. B. Cole (Tip) 47.42; 16. C. Perry (Birch) 47.46; 17. P. Lem (Birch) 47.49; 18. D. Burborough (West) 47.57; 19. C. Ridley (West) 48.03; 20. A. Read (West) 48.04; 21. J. Hammond (Cov. G) 48.08; 22. S. McHale (Glos) 48.10; 23. D. Walker (Worcs) 48.15; 24. M. Billington (Stoke) 48.17; 25. J. Boggis (Birch) 48.22; 26. P. Alan (Tip) 48.26; 27. T. O'Reilly (Sm. Hth) 48.29; 28. A. Bradley (Tip) 48.39; 29. P. Goodfellow (Stoke) 48.47; 30. A. Reaveley (Tip) 49.06; 31. P. Bourne (Notts) 49.11; 32. A. Toseland (Kett) 49.14; 33. M. Knowles (Leics. C) 49.20; 34. J. Harvey (Tip) 49.26; 35. B. Lee (Notts) 49.27; 36. I. Barnard (Notts) 49.39; 37. G. Sowler (Kett) 49.41; 38. M. Bardsley (Birch) 49.43; 39. D. Biddell (Sm. Hth) 49.48; 40. R. Panter (Birch) 49.54; 41. A. Richards (Tip) 49.57; 42. R. Milne (Notts) 50.00; 43. B. Popel (West) 50.01; 44. G. Thompson (Notts) 50.02; 45. A. Walsh (Dby) 50.07; 46. D. Jennings (Bris) 50.09; 47. C. Neville (Rugby) 50.15; 48. J. Peet (Spark) 50.19; 49. M. Rollason (Sm. Hth) 50.22; 50. M. Peck (Halesowen) 50.30;

51. M. Thorpe (Cov. G) 50.30; 52. R. Bartlett (Birch) 50.32; 53. C. Simpson (Sm. Hth) 50.37; 54. R. Elliott (Stoke) 50.40; 55. M. Bromilow (Leics. C) 50.41; 56. J. Montgomery (Kett) 50.44; 57. J. Eley (Notts) 50.51; 58. R. Calvert (Sm. Hth) 51.06; 59. K. Scott (Sm. Hth) 51.07; 60. J. Mills (Spark) 51.11; 61. D. Hope (Worcs) 51.19; 62. E. Tully (Cov. G) 51.21; 63. W. Head (Burton) 51.23; 64. K. Northard (Derby) 51.31;

65. G. Towler (Sutt) 51.33; 66. J. Prince (W&B) 51.35; 67. A. Kearnes (Kett) 51.36; 68. P. Crowe (Worcs) 51.39; 69. A. Page (Kett) 51.40; 70. D. Jennings (Dud & S) 51.45; 71. D. Blount (Kett) 51.46; 72. A. Portman (W&B) 51.49; 73. G. Wymant (Kett) 51.50; 74. C. O'Carroll (Notts) 51.53; 75. J. Mulligan (Leics) 52.05; 76. C. Woodward (Leam) 52.15; 77. P. Wilkinson (Dby) 52.17; 78. D. Hensman (Leics) 52.21; 79. C. Jackson (Birch) 52.23; 80. B. Whittman (Stoke) 52.24; 81. J. Cropton (Leics. C) 52.27; 82. B. Forey (Rug) 52.38; 83. D. Forrester (Kett) 52.45; 84. J. Davies (Spark) 52.51; 85. P. Morris (Birch) 52.52; 86. J. Tull (Chelt) 52.54; 87. D. Prince (W&B) 52.57; 88. W. Hollaway (Sol) 52.58; 89. M. Hoare (Glos) 53.00; 90. T. Joyce (Chelt) 53.03; 91. F. Perry (Derby) 53.10; 92. R. Stowell (Leics) 53.19; 93. C. Hunt (W&B) 53.25; 94. D. Hickling (Plessey) 53.27; 95. M. Bullivant (Dby) 53.29; 96. G. Lock (W&B) 53.31; 97. D. Pinkard (Glos) 53.33; 98. G. Astill (Notts) 53.39; 99. J. Flood (Cov. G) 53.41; 100. T. Haines (Glos) 53.44. 165 finished.

**Teams:** 1, Tipton 35; 2, Birchfield 146; 3, Notts AC 201; 4, Coventry Godiva 250; 5, Small Heath 285; 6, Derby 302; 7, Leicester Coritanian 324; 8, Kettering 332; 9, Westbury 407; 10, Worcester 493; 11, Wolverhampton & Bilston 493; 12, Halesowen 652; 13, Cheltenham & Cty. 744; 14, Solihull 749; 15, Plessey Beeston 793.

## Juniors

1. D. Black (Small Heath) ..... 30.13  
2. A. Staynings (Westbury) ..... 31.22  
3. P. Eales (Coventry Godiva) ..... 31.34  
4. D. Moorcroft (Cov. G) 32.20; 5. R. Cytlau (Glos) 32.41; 6. S. Baker (Notts) 32.52; 7. G. Jackson (Birch) 32.57; 8. R. Tilling (Birch) 33.01; 9. M. Hill (Glos) 33.06; 10. M. Pickering (Birch) 33.15; 11. G. Wallace (Leics) 33.24; 12. J. Kendrick (Sm. Hth) 33.43; 13. D. Sherman (Bris) 33.54; 14. T. Rollason (Sm. Hth) 33.58; 15. G. Shaw (Kett) 34.11; 16. T. Whitbread (Warley) 34.25; 17. A. Grice (Tip) 34.31; 18. M. Jones (Cov. G) 34.33; 19. R. Barker (Birch) 34.37; 20. V. Rollason (Sm. Hth) 34.57; 21. P. Parker (W&B) 35.02; 22. S. Walton (Tip) 35.07; 23. N. Thomas (Glos) 35.24; 24. J. Armstrong (Dby) 35.33; 25. J. Carswell (West) 35.41. 31 finished.

**Teams:** 1, Birchfield 44; 2, Small Heath 47; 3, Gloucester 70.

## Youths

1. D. Glassborow (Coventry Godiva) ..... 20.58  
2. A. James (Westbury) ..... 21.17  
3. P. Andrew (Workshop) ..... 21.37  
3. J. Lockley (Stoke) 21.40; 5. R. Maule (Cov. G) 21.43; 6. J. Davidson (Kett) 21.46; 7. A. Mountford (Stoke) 21.57; 8. N. Jinks (Worc. YMCA) 22.00; 9. B. Rutter (West) 22.02; 10. D.

## WALKING

## NIHILL CRUISES TO GLC '10' RECORD

IN surprisingly mild conditions during the GLC '10' on February 12th we were treated to an earlier clash than expected between Paul Nihill and Phil Embleton. This unfortunately ended in disappointment as Embleton was disqualified after two of the five laps. During the early stages Embleton appeared to be struggling to hold the former European Champion while Shaun Lightman was dropped after a lap. Once on his own Nihill cruised along happily to set an event record by 4 sec., and Carl Lawton caught Lightman soon after halfway and dropped him in the final mile. Ray Middleton, moving exceptionally fast and well, was always a dangerous chaser. Alan Buchanan survived an ambitious start to hang on and finally outspurt a consistent Brian Armstrong. Further back, Ken Livermore and the Surrey pair of Lancefield and Michell showed good endurance and speed. Surrey took the team race despite the absence of Ian Brooks and Ken Carter, and losing Howard Timms after a promising start—he made his exit with back trouble. Met. WC did well to gain third without Embleton just in front of a surprising Enfield minus Fogg, Seddon and Robinson. Ninety started, 79 finished; 5 disqualified including Paul Maidment and John Godbeer.

1, P. Nihill (Sy. WC) 71.25; 2, C. Lawton (Bel) 75.09; 3, S. Lightman (Met. WC) 75.44; 4, R. Middleton (Bel) 76.17; 5, A. Buchanan (B&H) 78.08; 6, B. Armstrong (Ilf) 78.15; 7, P. Selby (Sy. WC) 79.04; 8, M. Fullager (Sy. WC) 79.31; 9, R. Lancefield (Sy. WC) 79.33; 10, K. Livermore (Enf) 79.39; 11, R. Coates (Bel) 80.36; 12, B. Ingarfield (Bel) 80.49; 13, K. Easlea (Enf) 82.00; 14, R. Michell (Sy. WC) 82.02; 15, P. Hodgkinson (W. Grn) 82.22; 16, K. Tuson (St. Ex) 82.42; 17, R. McMullen (Bel) 83.31; 18, D. Stevens (St. Ex) 83.53; 19, N. Simmons (Sy. 'B') 83.55; 20, I. Richards (Met. WC) 84.18; 21, P. Crane (Met. WC) 84.43; 22, C. Lester (Met WC) 85.15; 23, H. Hazlehurst (Camb) 85.50; 24, G. Hunwicks (Ilf) 86.00; 25, L. Gray (Sy. WC) 86.07. Teams: 1, Surrey WC 22; 2, Belgrave 27; 3, Metropolitan WC 79; 4, Enfield 83; 5, Surrey WC 'B' 87; 6, Ilford 100.

**Bob Kitchen's track 35km.** Splits on the sur-

Ashe (Stoke) 22.06; 11, A. Marley (Sm. Hth) 22.09; 12, K. Iliffe (Birch) 22.13; 13, P. Nash (Sm. Hth) 22.15; 14, H. Elliott (W&B) 22.18; 15, A. Harding (Spark) 22.19; 16, K. Johnson (W&B) 22.20; 17, G. Harvey (Stoke) 22.21; 18, P. Irvine (Glos) 22.26; 19, P. Sanderson (Leics. C) 22.36; 20, R. White (Kett) 22.44; 21, P. Kenney (Leics) 22.46; 22, J. Thornbury (Spark) 22.48; 23, F. Davin (Birch) 22.49; 24, S. Fisher (W'sop) 22.50; 25, C. Brown (Cov. G) 22.52. 66 finished.

**Teams:** 1, Cty. of Stoke 38; 2, Small Heath 81; 3, Coventry Godiva 84; 4, Westbury 92; 5, Leicester Cor. 102; 6, Wolverhampton & Bilston 109; 7, Worksop 117; 8, Gloucester 119; 9, Kettering 124; 10, Birchfield 139.

prising World Best set at San Francisco on September 21st are now available. Kitchen's mile times—7.36, 15.17, 23.01, 30.44, 38.26, 46.08, 53.48, 61.29, 69.07, 76.45, 84.25, 92.01, 99.43, 107.26, 115.10, 122.55, 130.38, 138.22, 146.18, 153.50 (7.32 for his last mile!) Great even paced walking.

**Battersea Park is venue for AAA 10km on March 25th.** The decision to hold this major championship in Olympic year of all years at Battersea Park (Hurlingham—the original choice is not available) will bring dismay, disillusion and, I am quite sure, apathy from our top sprint performers. The Battersea track could never be called by any stretch of the imagination a fast one, with often a strong off-river breeze and polluted air adding to the walker's discomfort. It must be realised that all-weather surfaces such as Crystal Palace or Leicester are preferred, particularly in March. If there was no alternative to a cinder surface then one such as Newham, where Embleton set his UK Record last April, surely would have been a better choice.

**Sutherland wins Met. Police 10M, at Chigwell, February 9th.** 1, W. Sutherland (H'gate) 76.27; 2, A. Seddon (Enf) 76.56; 3, C. Fogg (Enf) 79.38; 4, L. Mockett (W. Grn) 83.10; 5, H. Hazlehurst (MP) 83.33; 6, P. Hodgkinson (W. Grn) 84.23. Team: 'N' Division.

**Shaul Ladany in fine form.** With a fine 50km and two fast 20km races during January, Shaul Ladany looks ready for another fine long distance year. Hoping to tour Europe prior to the Munich Games, the London-Brighton winner for the past two years appears to have a good second string in Reuven Peleg. **January 8th (20km)** 1, S. Ladany 96.03; 2, R. Peleg 9:10.7. **January 22nd (50km)** 1, Ladany 4:18.20; 2, Peleg 4:27.40.6. **January 29th (20km)** 1, Ladany 95:31.4; 2, Peleg 96:21.9.

**Colin Young Winter League, at St. Johns (Isle of Man), February 13th.** 1, D. Harrison 51.13; 2, J. Cannell 51.18; 3, S. Sille 54.16; 4, R. Lambie 54.29; 5, I. Turnbull 55.07; 6, M. Joughin 57.46. (Women) I. Corlett 62.05. **10km, at Douglas, February 6th.** 1, Harrison 51.45; 2, Cannell 52.19; 3, Sille 53.57; 4, Turnbull 55.15; 5, Lambie 57.47. (Women) Corlett 63.36.

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**National Indoor Championships (Women) At Cosford, Feb. 18/19th**

# Time Stands Still for Cobb and Peters

REMEMBER some of the big names at the 1958 Commonwealth Games in Cardiff? Herb Elliott, Murray Halberg, Milkha Singh, Marlene Willard, Anna Pazera . . . athletes who seem now to belong firmly to the past. Yet among the competitors at those delightful Games were two girls who have weathered so well that, last weekend, they shared top honours in the national indoor championships—and gave every indication of scaling new heights this summer. Madeleine Cobb, or Weston as she was then, was 18 when she gained a gold (4x110y relay) and bronze medal (100y) at Cardiff Arms Park; Mary Peters, 19, made less of an impact as she placed 8th in the shot and 12th in the high jump—her personal bests at the time were, after all, merely 11.89/39'0" and 1.52/5'0".

Running 'style' is not granted the same importance now as in bygone days, but one does not need to be a traditionalist to appreciate and approve of Madeleine's neat, fluent and efficient action. She looked the winner of the 60m all the way though defending champion Sonia Lannaman, a month short of her 16th birthday, chased after her with great panache. Both were awarded 7.4, which equals the UK best established by Daphne Arden (Slater) in 1963 and subsequently tied by Mary Rand (Toomey) in 1966, Madeleine in 1969 and Janet Stroud in 1970. Della Pascoe matched her personal best of 7.5 in third place; this time was also awarded Diane Toon in her heat but it must have been a mistake since she appeared to be a good two metres down on Madeleine's 7.5 and in the next round she went out in 7.8.

Because of an Achilles tendon injury, Mary Peters withdrew from the high jump and confined her efforts to the shot and hurdles. Benefitting perhaps, like Geoff Capes, from being in the public eye now that the shot is conducted in the centre of the arena, Mary reached a magnificent 16.26/53'4½" with her third put to surpass both the 51ft. her coach expected and the 52ft. she herself was hoping for. She passed up her last two puts in order to prepare for the hurdles final in which her strong finish just failed to catch Ann Wilson as both were clocked at 8.6, a tenth outside Mary's UK record and a personal best for Ann. Who else in the world could have strung together two such performances?

The hurdles final also produced best-ever runs of 8.7 by Janet Honour (third in this as well as both jumps) and 16-year-old Sharon Colyear (who also equalled her longest jump), but another talented all-rounder Judy Vernon was disqualified for false starts. Upsetting, too, was the experience which befell Ruth Martin-Jones. Unaware, due to a lost timetable, that there was a long jump qualifying round scheduled for noon, she arrived too late and was ruled out of the final. Field

referee Frank Read was perfectly correct in his action but personally I was glad that, after an approach by Marea Hartman, he permitted Ruth to take three jumps in the final as a guest. The human element in athletics is all important and having courageously battled her way back after last year's misfortune at Leicester she of all people deserved a break. Having dissipated a lot of nervous energy during the distressing period when she thought all chance of jumping had been lost she responded splendidly with leaps of 6.15/20'2¼", 6.33/20'9¼" and 6.25/20'6¼". Even that was not sufficient, though, to defeat Maureen Chitty (née Barton), another who has suffered more than her fair share of bad luck with injuries in the past. Maureen followed up her midweek 6.28/20'7¼" at Crystal Palace with this series: 6.17/20'3", —, 6.36/20'10¼" (her best ever, indoors or out), 6.07/19'11", 6.07 and 6.21/20'4¼". With Sheila Sherwood, Ann Wilson, Barbara-Anne Barrett, Moira Walls, Maureen and Ruth all likely to be jumping beyond 6.40 (21ft.) this year, Britain's depth in this event will compare well with that of any country.



**Jean Lochhead has won the Northern cross-country (pictured here) and the national indoor 1500m titles this month.**

Paul Livesey

The high jump competition, without Barbara Inkpen, Ann Wilson and Mary Peters, was rather depleted but all credit to Fosbury-flopper Rosaline Few (just 17) for her victory with a personal best of 1.71/5'7 $\frac{1}{2}$ ". Rosaline's progress has been spectacular of late, having shot up several inches since switching from the straddle late last year. Having cleared 1.71 at the first attempt, as against Sue Wright's third time success, the 1.72/5'8", 53kg/117lb Andover girl came close on her final try at 1.74/5'8 $\frac{1}{2}$ ".

The least pressed track winners were Verona Bernard (400) and Margaret Beacham (800). Verona, last in the 1971 final in 58.9, was three seconds quicker this time after her usual storming first lap (26.0) during which she built up a lead of nearly 15 metres; whilst Margaret, content that she is not in the limelight as she was last winter, coasted to a comfortable looking 2:09.4 (31.9, 63.7, 96.4). The 1500m was a more competitive race with Norine Braithwaite, taking time off from her duties as interpreter to the Spanish men's team, failing to shake off the tenacious Northern cross-country champion Jean Lochhead as she covered 400m in 72.0, 800m in 2:27.4 and 1200m in 3:38.4. With half a lap left Jean burst past to win in 4:26.9, which though outside her target of 4:23, was substantially inside her outdoor best of 4:35.0—and her final 200m took only 31.1.

Among others who caught the eye in this meeting, sponsored by Ford of Great Britain, were Rosemary Payne with a fine personal best of 14.04/46'0 $\frac{3}{4}$ " in the shot which must augur well for the discus throwing to come, and Teresa Sanderson's victory in the non-championship intermediate 200m—she topped last year's intermediate javelin rankings with 42.02/137'10".

Mel Watman

#### 60 METRES

**Heats (1st 3 to semis)—Ht 1:** 1, S. Lannaman (Soli) 7.6; 2, J. Stroud (Felt) 7.9; 3, L. Taylor (Exeter) 8.0; 4, E. Butters (Warley) 8.3; 5, K. Herbert (Millf) 8.4; 6, A. Halliday (LOAC) 8.6. **Ht 2:** 1, M. Cobb (Sel) 7.5; 2, D. Toon (Taun & WS) —; 3, C. Sprigg (M'hill) 7.9; 4, C. Hooper (Kent) 8.1; 5, V. Webster (Soli) 8.2; 6, J. Scrivens (Luton) 8.3. **Ht 3:** 1, D. Pascoe (LOAC) 7.8; 2, D.

Slater (Bir) 7.9; 3, R. Leech (Mit) 7.9; 4, C. Thicknesse (Millf) 8.3; 5, L. Drysdale (Soli) 8.4; 6, S. Mason (Exeter) 8.6. **Ht 4:** 1, J. Vernon (Mit) 7.7; 2, R. Morris (Stret) 7.7; 3, J. O'Neill (Leic) 8.0; 4, L. Hampson (Warr) 8.2; 5, P. Steadman (Stoke) 8.5.

**Semis (1st 3 to final)—Ht 1:** 1, Cobb 7.5; 2, Morris 7.6; 3, Vernon 7.7; 4, Slater 7.9; 5, Sprigg 7.9; 6, Taylor 8.0. **Ht 2:** 1, Lannaman 7.5; 2, Pascoe 7.7; 3, Stroud 7.7; 4, Toon 7.8; 5, Leech 7.9; 6, O'Neill 7.9.

**Final:** 1, COBB 7.4 (eq. Commonwealth & UK best); 2, LANNAMAN 7.4 (eq. Comm. & UK best); 3, PASCOE 7.5; 4, Morris 7.7; 5, Vernon 7.7; 6, Stroud 7.7.

#### 400 METRES

**Heats (Friday: winners and 4 fastest losers to semis)—Ht 1:** 1, V. Bernard (W&B) 57.4; 2, A. Holmes (C of Hull) 58.7; 3, M. Kyle (B'mena) 61.2. **Ht 2:** 1, E. Saunders (Dby) 58.2; 2, J. O'Neill (RoI) 58.8; 3, E. Stevens (Mit) 60.2; 4, J. Hall (Soli) 66.4. **Ht 3:** 1, P. Lloyd (Wirr) 60.2; 2, A. Halliday (LOAC) 60.6; 3, C. Perfitt (Warley) 64.9; 4, A. Lawson (C of Hull) 66.2. **Ht 4:** 1, L. Taylor (Exeter) 60.8; 2, P. Stanley (C of Hull) 61.1; 3, B. Kemp (Bir) 61.4.

**Semis (Friday: 1st 2 to final)—Ht 1:** 1, Bernard 58.4; 2, Lloyd 59.0; 3, Stanley 61.0; 4, Halliday 61.4. **Ht 2:** 1, Saunders 58.7; 2, Holmes 58.8; 3, O'Neill 59.0; 4, Taylor 60.3.

**Final:** 1, BERNARD 55.9; 2, LLOYD 57.4; 3, SAUNDERS 57.4; 4, Holmes 58.7.

#### 800 METRES

**Heats (1st 3 to final)—Ht 1:** 1, M. Beacham (Barnet) 2:14.9; 2, J. O'Neill (RoI) 2:18.4; 3, P. Stanley (C of Hull) 2:18.9; 4, S. Howell (C of Hull) 2:21.2; 5, S. Cartwright (Verlea) 2:26.9. **Ht 2:** 1, M. Coomber (Camb) 2:18.0; 2, G. O'Leary (Bar) 2:20.0; 3, S. Brown (Sheff) 2:27.2; 4, C. Howell (C of Hull) 2:27.6; 5, P. Tarry (Leic) 2:27.7; 6, B. Johnson (C of Hull) 2:29.4.

**Final:** 1, BEACHAM 2:09.4; 2, COOMBER 2:11.4; 3, O'LEARY 2:12.8; 4, Stanley 2:21.9; 5, O'Neill 2:22.0; 6, Brown 2:29.8.

#### 1500 METRES

1, J. LOCHHEAD (Airedale & SV) 4:26.9; 2, N. BRAITHWAITE (Lanc & M) 4:28.3; 3, S. MARQUIS (Watf) 4:38.1; 4, S. Van Zyl (Barnet/S. Afr) 4:40.8; 5, C. Smith (Bir) 4:43.6; 6, L. Taylor (Camb) 4:45.8; 7, J. Knox (Wirral) 4:52.3; 8, P. Reece (B'mena) 5:00.8.

#### 60 METRES HURDLES

**Heats (1st 2 to final)—Ht 1:** 1, M. Peters (Albert Fdry) 8.7; 2, J. Honour (Wok) 8.7; 3, N. Njoku (Stret) 9.1; P. Steadman (Stoke) disq; J. Stokoe (P'borough) fell. **Ht 2:** 1, A. Wilson (S'end) 8.7; 2, S. Colyear (Stret) 8.9; 3, C. Taylor (Cov) 9.2; 4, L. Boothe (Mit) 9.6; 5, S. Mason (Exeter) 9.8. **Ht 3:** 1, J. Vernon (Mit) 8.8; 2, B. Thompson (Bir) 8.9; 3, D. Toon (Taun & WS) 9.1; 4, C. Thicknesse (Millf) 9.4; 5, L. Drysdale (Soli) 9.6.

**Final:** 1, WILSON 8.6; 2, PETERS 8.6; 3, HONOUR 8.7; 4, Colyear 8.7; 5, Thompson 8.9; Vernon disq. for 2 false starts.

Continued on page 35

#### HAVERING ATHLETIC CLUB

#### OPEN LADIES' ROAD RELAYS

(Under W.A.A.A. Laws)

At Suttons Sec. School, Hornchurch, Essex.

**SATURDAY, 25th MARCH (First Race 2.15)**

**Minors—2000m Road Race (Individual)**

**Juniors—3 x 2000m Relay**

**Inters.—3 x 2000m Relay**

**Seniors—4000m Road Race (Ind. & Team)**

Perpetual Trophies for Junior, Inter. & Senior. Awards fastest lap and teams. 1st, 2nd, 3rd Minors.

**Entry Fees:** 10p Minor and Senior races; 30p for teams in Relays. **Entries close Monday, 13th March,** to Mr. J. W. Naylor, 34 Newmarket Way, Hornchurch, Essex, RM12 6DS. Phone: Hornchurch 40216.

**N. IRELAND****JOHN McLAUGHLIN THE MAN IN FORM**

THE presence of the sun belied a bitterly cold afternoon when 130 competitors lined up for the start of the NIAAA Junior 6 miles cross-country championship at Dunmurry on January 29th. Kevin Morgan and Alan Breen were mainly responsible for the suicidal early pace which caught one of the fancied athletes, Denis Price, unawares. However by the end of the first of five extremely undulating and muddy laps, pre-race favourite John McLaughlin had threaded his way to the front followed by Price, Quinn, Cotten, Harrison and Morgan. At half distance the race was a two-man affair with McLaughlin and Price 200y ahead of Martin, Appleton and Quinn who were involved in the struggle for 3rd place. Over the final laps the 5'4" tall McLaughlin (18th last year) strode away to win easily from Price with Martin winning the dust-up for 3rd place from Quinn and Appleton. Achilles, showing much determination, eventually were very comfortable winners of the team race thus completing the double in successive years. Those two outstanding Achilles boys, Paul Lawther and Peter McGouren, had a grand duel for the Boys Championship before Lawther added the title to the Youths secured two weeks earlier. Achilles took their 3rd successive team title.

**Juniors**

1, J. McLaughlin (Achilles) 34.46; 2, D. Price (Ballydrain) 35.07; 3, D. Martin (N. Belfast) 35.56; 4, T. Quinn (B'drain) 35.59; 5, S. Appleton (E. Antrim) 36.06; 6, T. Hesketh (Ach) 36.29; 7, A. Harrison (NUU) 36.58; 8, I. Cotton (NUU) 36.50; 9, B. McAdam (E. Ant) 36.57; 10, B. Gregory (Ach) 36.59; 11, E. Harron (Ach) 37.01; 12, J. Allen (NUU) 37.24; 13, M. Donaldson (N. Bel) 37.31; 14, E. Campbell (W'field) 37.37; 15, T. Gillanders (CAI) 37.38; 16, P. Newell (B'drain) 37.41; 17, J. Newberry (N. Bel) 37.43; 18, H. McFall (CAI) 37.45; 19, D. McGonigal (N. Bel) 37.49; 20, C. McCullough (W'Field) 37.54. **Teams:** 1, Achilles 77; 2, N. Belfast 126; 3, E. Antrim 157; 4, Ballydrain 173; 5, Willowfield 183; 6, New Univ. Ulster 193; 7, CAI 237; 8, Queen's Univ. 297.

**Boys**

1, P. Lawther (Achilles) 11.10 2, P. McGouren (Ach) 11.21; 3, C. Elliott (Belfast RA) 11.36; 4, A. McKee (B'drain) 11.40; 5, D. O'Kane (Ach) 11.43; 6, E. Rooney (Ach) 11.50; 7, N. Best (Ach) 11.54; 8, I. Faircloth (BRA) 12.00; 9, K. Ruddy (Lisgarvey) 12.09; 10, K. Higgins (E. Antrim) 12.10. **Teams:** 1, Achilles 39; 2, Belfast Royal Academy 37; 3, East Antrim 39; 4, Lisnagarvey 39; 5, Campbell College 74; 6, CAI 78.

**Tony McKnight****CRAWFORD CUP****At Lady Dixon Park, February 5th**

For the first time since 1966 the 9th Old Boys' sponsored race, the Crawford Cup, was held over a cross-country course. It was unfortunate that the meeting was not well-attended, but this in

no way detracted from the quality of performance produced by those who did lend their support.

As expected the Senior race for the Crawford Cup proper was a battle between Achilles and Ballydrain, with the former winning out, and that without the services of their number one, Gerry Hannon. So it was up to John McLaughlin to work that bit extra in lieu of his team-mate; and what a job he did. As usual he led the field round the first lap. By the second mile only Ian Morrison elected to stay with him while the expected challenge from Tom Price just didn't materialise. In the end McLaughlin coasted in with 25 seconds in hand.

In the preceding Youths' race Paul Lawther and Peter McGouren renewed their personal duel. From the gun McGouren took the lead and sped up the hill like a thing possessed. With Paul Younger and Lawther in tow he built a considerable lead for himself, his aggressive tactics catching the opposition off guard. At the finish he was still in the commanding position while Lawther, who had caught and passed Younger, finished second 18 seconds down. Only the previous week in the NIAAA Boys' Championships Lawther had won from McGouren by some 21 seconds, and over the same distance!

1, J. McLaughlin (Achilles) 37.40; 2, I. Morrison (B'drain) 38.05; 3, D. Price (B'drain) 38.40; 4, T. Price (B'drain) 38.47; 5, K. Morgan (Ach) 39.10; 6, J. McGuinness (Ach) 39.14; 7, S. Appleton (E. Antrim) 39.28; 8, B. Gregory (Ach) 39.51; 9, J. White (B'drain) 39.54; 10, D. McAdam (E. Ant) 40.01. **Teams:** 1, Achilles 44; 2, Ballydrain 49; 3, County Antrim 207. (**Youths**) 1, P. McGouren (Ach) 12.07; 2, P. Lawther (Ach) 12.25; 3, P. Younger (9th OB); 4, H. McFall (CAI); 5, T. Gillanders (CAI); 6, G. Price (Ach). **Teams:** 1, Achilles 9; 2, CAI 24; 3, E. Antrim 32. (**Boys**) 1, E. Rooney (St. Malachy's/Ach); 2, I. Stewart (Annadale/Ach); 3, K. Ruddy (L'garvey).

The Ulster Secondary Schools' AA held its District Championships on February 12th. From each of the six districts three teams and six individuals are nominated to compete in the Central Championships to be held this year at Lurgan on February 26th. These are the only cross-country championships which have remained unaffected by the various shades of opinion throughout the province, and as such they offer the unique opportunity to witness the finest young athletes competing in a completely open competition.

**South Antrim District:** (Snr) 1, T. Hesketh (St. Peter's); 2, M. Donaldson (St. Malachy's); 3, E. Haren (St. Mal). Team: St. Malachy's. (Int) 1, P. McGouren (St. Mal); 2, E. Rooney (St. Mal); 3, C. Elliot (BRA). Team: St. Malachy's. (Jnr) 1, G. Corbett (Lisnagarvey); 2, P. McGrath (Glen Road CBS); 3, J. Hamilton (St. Mary's). Team: Glen Road CBS.

**North Down District:** (Snr) 1, P. Younger (Knockbreda); 2, A. McCroary (St. Patrick's, Down); 3, D. Bennett (Regent). Team: Regent

House. (Int) 1, P. Lawther (Annadae); 2, A. McKee (Down Tech); 3, M. Best (Anna). Team: Annadale GS. (Jnr) 1, I. Stewart (Anna); 2, J. Erwin (Anna); 3, A. McMullen (Down Sec). Team: Annadale GS.

On the same day, at the Maze race-course, Lisburn, the NIAAA Senior Championship will take place. The main interest here is whether Achilles can repeat their recent Crawford Cup win over Ballydrain Harriers. On this occasion Gerry Hannon will be present to strengthen the Achilles team, but with tail-enders Tom Hesketh and Eugene Haren representing their respective schools at Lurgan the full benefit of Hannon's presence may not be felt. Ballydrain, on the other hand, will be strengthened by the return of Jim Hayes to their senior squad. Yet they cannot afford to relax, especially as their number one, Tom Price, is at present suffering from a septic wound on his heel and is not certain about running in the Senior

As for individual placings: Mike Teer (North Belfast) will be anxious to retain his title against the challenge of Hannon. If either of these two make a mistake John McLaughlin (Achilles) will take every advantage. Indeed he is such an improved athlete of late that he might produce the surprise of the season. He did last year! The added attraction of an International vest might further motivate Kevin Morgan and Bernie Gregory (both Achilles) to produce their early season form. With the exiles returning home to attempt to make the International team—and I'm thinking here of Cyril Pennington (Willowfield)

and Davy Seaton (North)—the race promises to be the most closely contested of recent years. By any definition it should prove worthy of a National Championship.

**Neill Morton**  
**Ulster Sports Council Junior 10,000m CC, at Strabane, Co. Tyrone, January 16th.** 1, J. Boyce (Cranford) 34.48; 2, M. McCausland (Lifford) 35.17; 3, H. McGovern (Laragh) 35.31. Teams: 1, Laragh 74; 2, Armagh City. 110; 3, Cranford 141. (Boys) 1, P. Falls (Dungannon); 2, B. McNally (Armagh); 3, N. Peoples (Cran). Team: W. Belfast. (Women's 2000m Junior) 1, J. McDaid (Killybegs); 2, A. McNamee (Lifford); 3, P. Parkes (Dungannon). Teams: 1, Killybegs 19; 2, Dungannon 37; 3, Lifford 58.

### NEW IRISH CORRESPONDENTS

We are pleased to announce the appointment of a regular correspondent to cover activities in the Republic of Ireland . . . Nick Davis, of Dublin. Neill Morton, of Belfast, has taken over as our Northern Ireland correspondent from Tony McKnight, who can no longer find the time to combine those duties with his appointment as Press and Publicity Officer of the NIAAA. Many thanks to Tony for his past services. —Ed.

The new Southern CAAA staff coach for javelin is Margaret Whitbread, who can be contacted by javelin throwers at either Crystal Palace or the Thurrock Harriers ground at King George Track, Grays.

### COUNTY BOROUGH OF SOLIHULL ATHLETIC CLUB

Invite Entries from affiliated Clubs for their

### SPRING RELAYS MEETING

(Under A.A.A. & W.A.A.A. Laws)

AT SOLIHULL ATHLETICS CENTRE,  
BLOSSOMFIELD ROAD, SOLIHULL,

ON SATURDAY, APRIL 22nd, 1972

#### Track Events:

4 x 100m Junior, Inter., Senior Women, Boys, Youths & Senior Men. 4 x 200m Senior Women. 4 x 400m Boys, Youths & Senior Men. 3 x 800m Junior & Senior Women. Medley Relay. Inter. Women (200m x 200m x 400m x 800m). 1500m Team Race. Youths (4 run, 3 score). 3000m Team Race. Senior Men (4 run, 3 score). 2000m Team Walk. Junior Women (4 walk, 3 score). 2800m Team Walk. Inter. Women (4 walk, 3 score).

#### Field Events:

Triple Jump Youths & Senior Men. Discus Senior Women, Youths & Senior Men. Hammer Junior Men. Javelin Senior Women & Senior Men. High Jump Junior, Inter. & Senior Women.

Entry Fees: Track Events 50p. per team, Field Events 20p. per event.

**CLOSING DATE FOR ENTRIES: 4th APRIL.** Details and entry forms from: The Secretary, Solihull Spring Relays, Solihull Athletics Centre, Blossomfield Road, SOLIHULL.

### FELTHAM ATHLETIC CLUB

Present their 16th Annual

### EASTER MONDAY ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

|                         |      |
|-------------------------|------|
| SENIOR MEN 5 MILES      | 3.55 |
| YOUNG ATHLETES 2½ MILES | 2.45 |
| SENIOR LADIES 2½ MILES  | 3.15 |
| INTER. LADIES 2½ MILES  | 2.10 |
| JUNIOR LADIES 1½ MILES  | 1.45 |

Starting from Arena, Shakespeare Ave.

This year **PRIZES** for 1st **FOUR** in  
**SENIOR EVENTS**

Entries: 15p per person to Fred Brothers,  
138 Uxbridge Road, Feltham, Middlesex.  
(Tel. 01-894-9006).

**CLOSE WEDNESDAY, 22nd MARCH**  
**S.A.E. FOR RESULTS PLEASE**

## Scottish Championships

At Edinburgh, February 19th

## First Senior Title for McCafferty

**I**AN McCafferty ran a well judged race to record his first senior title win in the Scottish Cross-Country Championships at Currie High School grounds on the western outskirts of Edinburgh. This performance on the fairly flat though softish and testing circuit, churned up by the earlier four races, was most encouraging and he looked to be in good shape for bigger things ahead. At the finish he was some 30 yards ahead of the holder and three-times winner (1962, 1970 and 1971) Jim Alder, who was thus deprived of a hat-trick in the event.

From the start it was obvious that the race for first place lay between these two fine runners as they separated themselves from the rest of the pack early on. For a little over two laps McCafferty led the way but in the third Alder surged ahead amid excitement and kept in front till near the end when the faster finishing McCafferty outpaced his rival to the tape and victory after a tense but exciting duel. There was just a suggestion that Alder had made his effort too soon against a speedier opponent whose judgment on this occasion was admirably sound.

Jim Brown ran most impressively to win the junior title by the wide margin of 150 yards. In fact Brown, a great competitor at all times, went into the lead from the start and running with increasing power and confidence outstripped his rivals for a runaway victory. Ronnie MacDonald, the holder, finished well away in third place behind Paul Bannon. On this form Jim Brown must be in with a great chance in the Junior International at Cambridge next month.

Another young runner who looks to have a good future is Mark Watt who easily retained the senior boys' title; while Jim Lawson ran intelligently to success in the youths' event.

Even without Dick Wedlock, off with flu, and with Lachie Stewart out of form, Shettleston easily retained the senior team championship. Over the other grades, team honours were evenly distributed.

David Keddie

|                               |                              |                          |                                   |                                         |                                |                             |                             |                                 |                                |                               |                           |                            |                               |                                |                             |                              |                              |                             |               |
|-------------------------------|------------------------------|--------------------------|-----------------------------------|-----------------------------------------|--------------------------------|-----------------------------|-----------------------------|---------------------------------|--------------------------------|-------------------------------|---------------------------|----------------------------|-------------------------------|--------------------------------|-----------------------------|------------------------------|------------------------------|-----------------------------|---------------|
| 1. I. McCafferty (Law & Dist) | 38.56                        |                          |                                   |                                         |                                |                             |                             |                                 |                                |                               |                           |                            |                               |                                |                             |                              |                              |                             |               |
| 2. J. Alder (Edinburgh AC)    | 39.02                        |                          |                                   |                                         |                                |                             |                             |                                 |                                |                               |                           |                            |                               |                                |                             |                              |                              |                             |               |
| 3. A. Blamire (Shettleston)   | 39.47                        |                          |                                   |                                         |                                |                             |                             |                                 |                                |                               |                           |                            |                               |                                |                             |                              |                              |                             |               |
| 4. A. McKean (Edin. Univ)     | 39.59; 5. L. Stewart (Shett) | 40.17; 6. J. Wight (EAC) | 40.18; 7. J. Myatt (Strath. Univ) | 40.44; 8. D. Gunstone (Dundee Hawkhill) | 40.52; 9. G. Bryan-Jones (ESH) | 41.01; 10. E. Knox (S'burn) | 41.14; 11. C. Martin (Dumb) | 41.47; 12. T. Patterson (Shett) | 41.52; 13. D. Ritchie (A'deen) | 41.59; 14. S. Downie (F'kirk) | 42.03; 15. A. Wight (EAC) | 42.07; 16. P. McLagan (VP) | 42.16; 17. A. Faulds (Clydes) | 42.20; 18. N. Morrison (Shett) | 42.21; 19. C. Youngson (VP) | 42.24; 20. W. Day (F'kirk V) | 42.30; 21. M. Paterson (B&H) | 42.36; 22. J. Dingwall (EU) | 42.42; 23. J. |

Ferguson (Ayr S) 42.44; 24. H. Summerhill (Shett) 42.47; 25. D. Simpson (Law) 42.48; 26. B. Goodwin (Bella) 43.00; 27. A. Wood (A'deen) 43.07; 28. C. Lennox (Glas. Un) 43.09; 29. W. Cairns (Dumb) 43.10; 30. G. Brown (ESH) 43.14; 31. R. Hodelet (Greenock Glen) 43.18; 32. M. Craven (ESH) 43.22; 33. I. Elliott (ESH) 43.24; 34. S. Taylor (A'deen) 43.25; 35. A. Partridge (E. Kilbride) 43.34; 36. A. Brown (Law) 43.37; 37. T. Grubb (Shett) 43.43; 38. P. Hay (St. Andrew's Un) 43.45; 39. C. Spence (G'nock Well) 43.48; 40. G. Milne (A'deen) 43.53; 41. W. Drysdale (Monkland) 43.54; 42. P. Duffy (A'deen) 43.57; 43. A. Brown (Law) 44.01; 44. R. Anderson (Cambuslang) 44.05; 45. A. McDowall (Ayr) 44.08; 46. J. Sands (Ayr) 44.08; 47. A. Reid (Glas. Un) 44.10; 48. A. Keith (A'deen) 44.16; 49. J. Convery (EAC) 44.20; 50. A. Matheson (EAC) 44.21.

51. K. Ballantyne (ESH) 44.22; 52. H. Johnstone (H. Watt) 44.52; 53. T. Coyle (ESH) 44.25; 54. D. Lang (Glas. Pol) 44.38; 55. G. Eadie (Cambuslang) 44.39; 56. D. Wilson (F'kirk V) 44.53; 57. R. Paton (Clydes) 44.54; 58. W. McDonald (VP) 45.05; 59. B. Morrison (Irvine YMCA) 45.07; 60. B. Gardner (E. Kilbride) 45.08; 61. S. Irvine (Glas. Police) 45.17; 62. G. Skinner (Camb'lang) 45.20; 63. S. Polwarth (Garscube) 45.25; 64. I. Malcolm (Edin. Un) 45.25; 65. I. Mitchell (VP) 45.27; 66. D. Wood (ESH) 45.39; 67. H. Morrison (Dundee Hawk) 45.41; 68. D. Taylor (EAC) 45.49; 69. L. Meenley (Shett) 45.53; 70. R. Masson (A'deen) 45.57; 71. R. Inglis (Camb'lang) 45.58; 72. J. Sloss (Beith) 45.59; 73. J. Strain (Glas. Un) 46.06; 74. J. Irvine (Bella) 46.07; 75. W. Walsh (A'deen) 46.08; 76. D. Wyper (W. of Scot) 46.10; 77. W. Ramage (Spring) 46.11; 78. J. Milne (EAC) 46.13; 79. C. Jarvie (Loch) 46.16; 80. J. Brennan (Maryhill) 46.25; 81. R. Blair (VP) 46.34; 82. M. Hall (EAV) 46.38; 83. J. Gilbert (E. Kil) 46.41; 84. R. Shields (Clydes) 46.42; 85. J. Chester (ESH) 46.46; 86. S. McAusland (Clydes) 46.47; 87. A. Law (G'nock Glen) 46.49; 88. K. Kyriabou (M'hill) 46.50; 89. J. Johnstone (Law) 46.51; 90. R. Heron (Dundee Hawk) 46.53; 91. J. McLaren (VP) 46.55; 92. A. Neil (E. Kil) 46.56; 93. W. Parker (Beith) 46.58; 94. I. Kerr (Bella) 47.04; 95. D. McBain (Glas. Police) 47.07; 96. M. Hill (Glas. Pol) 47.07; 97. M. McNaught (Strath. U) 47.08; 98. J. Will (Caithness) 47.10; 99. R. Morrison (Strath. U) 47.11; 100. H. Cameron (VP) 47.12.

**Teams:** 1, Shettleston 99; 2, Edinburgh AC 190; 3, Aberdeen 204; 4, Edinburgh SH 241.

## Juniors

|                                                                                                                                                     |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. J. Brown (Monkland)                                                                                                                              | 25.30 |
| 2. P. Bannon (Shettleston)                                                                                                                          | 25.59 |
| 3. R. MacDonald (Monkland)                                                                                                                          | 26.40 |
| 4. D. McMeekin (VP) 27.14; 5. L. Spence (G'ock Glen) 27.41; 6. S. Easton (St. Andrews Un) 27.51; 7. D. Lorimer (St. Andrews) 27.53; 8. S. Gillespie |       |

(Spring) 28.02; 9, J. Kilpatrick (VP) 28.05; 10, P. Dolan (Clydes) 28.10; 11, J. McLuckie (L'hall YMCA) 28.13; 12, J. McGill (Lewisvale Sp) 28.21; 13, J. Kerr (ESH) 28.30; 14, H. Martin (Dumb) 28.33; 15, I. Scales (Airedie) 28.42; 16, T. McGann (Law) 28.50; 17, K. Syme (Shett) 29.00; 18, C. Aithie (A'deen Un) 29.05; 19, P. Preston (Monk) 29.08; 20, J. Gunstone (Glas. Un) 29.12; 21, J. Evans (Stirling) 29.24; 22, A. Millard (A'deen Un) 29.26; 23, T. Craney (Shett) 29.28; 24, I. Moncur (Bellshill YM) 29.35; 25, D. Walker (Pitheadie) 29.40; 26, J. Walker (Edin. Un) 20.44; 27, R. Wheate (St. Andrews' Un) 29.45; 28, C. Joss (Glas. Un) 29.46; 29, R. Campbell (Lochaber) 29.52; 30, A. Hill (Glas. Un) 29.55; 31, J. Wilson (Camb) 30.01; 32, A. Hunter (Glas) 30.13; 33, T. McCulloch (Ayr) 30.30; 34, W. Millar (Glas) 30.32; 35, A. Coutts (Greenock Well) 30.33; 36, J. Rough (A'deen) 30.33; 37, D. Gough (Dundee Un) 30.39; 38, J. Little (E. Kil) 30.40; 39, D. Nee (Monk) 30.47; 40, J. Tonner (Clydes) 30.50; 41, N. Blackley (Edin. Un) 30.52; 42, D. Harvey (Paisley) 30.57; 43, J. Smith (Kilm) 31.05; 44, D. McLean (Lewisvale) 31.07; 45, W. Angus (Dundee) 31.15; 46, A. Graham (Shett) 31.20; 47, P. Lemmon (E. Kil) 31.22; 48, F. Cooney (Camb) 31.24; 49, K. Walker (A'deen Un) 31.25; 50, J. King (Law) 31.28.

**Teams:** 1, Monkland 62; 2, Shettleston 88; 3, St. Andrew's Univ. 92; 4, Glasgow Univ. 110; 5, Aberdeen Univ. 125; 6, Lewisvale Sp. 189.

#### Youths

1, J. Lawson (Springburn) 22.09; 2, J. Thompson (Law) 22.13; 3, I. Porteous (E'wood HS) 22.33; 4, A. Gilmour (Larkhall YMCA) 22.36; 5, A. Marshall (Clydesdale) 22.41; 6, J. Martin (Springburn) 22.51. **Teams:** 1, Springburn 38; 2, Bathgate 76; 3, Clydesdale 92; 4, Eastwood HS 131; 5, East Kilbride 134; 6, Law & Dist. 138.

#### Senior Boys

1, M. Watt (Shettleston) 16.28; 2, M. Hendry (Bellshill YMCA) 16.31; 3, W. Watson (Bellshill) 16.32; 4, S. Leitch (Shettleston) 16.35; 5, G. Robertson (M'well YM) 16.45; 6, J. Fleming (S'burn) 16.46. **Teams:** 1, Shettleston 25; 2, Monkland 94; 4, Eastwood 139; 5, Edinburgh AC 153; 6, Edinburgh SH 165.

#### Junior Boys

1, W. McColl (Bellahouston) 11.09; 2, A. Renfrew (Spring) 11.13; 3, P. McCarney (Greenock) 11.13; 4, T. Cole (EAC) 11.22; 5, P. Jack (Clydesdale) 11.25; 6, J. Cardon (Bellahouston) 11.32. **Teams:** 1, Bellahouston 36; 2, Clydesdale 58; 3, Springburn 67; 4, Edinburgh AC 115; 5, Cambuslang 116; 6, East Kilbride 134.

#### COACHING CONCLAVE

The Essex Federation of Coaches hold their Annual Coaching Conclave at Felsted School, nr. Dunmow, Essex, week-ending March 25th/26th. All inclusive cost £3.75. Inquiries to D. McJannet, 68 Peterswood, Harlow, Essex. See advertisement next week.

## Malcolm Thomas Scores in Welsh Championships

At Swansea, February 19th

IN perfect weather and ground conditions Malcolm Thomas treated the sizeable crowd to an exhibition of power house front running to score his third—and most decisive—Senior win. Thomas forged ahead at the start and each of the five laps of 1½ miles were reeled off without any slackening of effort, bringing him home a staggering 80 seconds ahead of the next man.

On this form the English National or indeed the International itself are not outside Malcolm's grasp. There was a race-long battle for second place between Cardiff's Bernard Plain and Bernard Hayward which was finally resolved in Plain's favour. Plain's record in this event over the past three seasons reads 4th (1970), 3rd (1971), 2nd (1972). Perhaps next year Bernard? Cardiff once again took the team title, and the selectors later announced the following team to compete at Cambridge.

M. Thomas (capt.), B. Plain, B. Hayward, A. Cass, J. Jones, D. Fowles, N. Evans, Dic Evans and A. Ashton.

G.A.F.

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. M. Thomas (Thames Valley H) .....                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 38.10 |
| 2. B. Plain (Cardiff) .....                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | 39.30 |
| 3. B. Hayward (Cardiff) .....                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | 39.38 |
| 4. A. Cass (Ports) 39.47; 5, J. Jones (Windsor) 39.51; 6, D. Fowles (Card) 39.55; 7, N. Evans (Westbury) 40.04; 8, B. Brookes (Sm. Hth) 40.14; 9, M. Critchley (Card) 40.17; 10, A. Joslyn (Poly) 40.23; 11, D. Hopkins (Newport) 40.32; 12, T. Davies (AFD) 40.37; 13, D. Walker (Worcs YMCA) 41.18; 14, H. Richards (Shaft) 41.26; 15, M. Rowlands (TVH) 41.28; 16, J. Kirby (Card) 41.43; 17, G. Davis (Swan) 41.51; 18, M. Lane (Gilwern) 42.03; 19, P. Allen (Tipton) 42.12; 20, D. Davies (TVH) 42.15; 21, R. Sercombe (Newport) 42.48; 22, S. Seaman (Swansea) 42.52; 23, J. Bisgrove (Card) 42.56; 24, R. Pullen (Swan) 43.05; 25, J. Walsh (Card) 43.23; 26, B. Davies (Carm) 43.33; 27, B. Griffiths (Card) 43.36; 28, J. Evans (Neath) 44.00; 29, C. Williams (Card) 44.07; 30, J. Collins (Swan) 44.12. |       |

**Teams:** 1, Cardiff 26; 2, Swansea 77; 3, Newport 105.

#### CHURCHILL FELLOWSHIP GRANTS

Mary Peters, Anita Neil, Barbara Inkpen and Peter Gabbett have all received Winston Churchill Fellowship Grants to further their training in Olympic year. Inkpen plans to train intensively in Spain and Gabbett will spend 10 weeks in the USA working with 1968 Olympic Decathlon Champion Bill Toomey, and aims to take in the AAU Championship event. Training at Crystal Palace has been excellent recently and in the Indoor Area he has been clearing 4.34/14'3" in the pole vault consistently.

## 6.28/20'7 $\frac{1}{4}$ " LONG JUMP BY MAUREEN CHITTY

At Crystal Palace, February 16th

**D**UE to the power restrictions, only the indoor events of the SCAA Open Meeting were held, with the outdoor programme postponed until March 15th. Maureen Chitty began to draw on the benefits of long months of hard training in the invitation women's long jump. Exhibiting impressive speed on the runway, she had the following series: NJ, 6.28/20'7 $\frac{1}{4}$ ", 6.12/20'1", NJ, 6.27/20'7", NJ. Judy Vernon cut the sand at 6.14/20'1 $\frac{1}{2}$ " but coach Tom McNab seemed most pleased with Janet Honour's 6.09/19'11 $\frac{1}{4}$ " leap. Another pentathlete on view, Sue Mapstone, gave a glimpse of her great potential with a 5.68/18'7 $\frac{1}{4}$ " and 1.62/5'4" long jump/high jump double—Britain's future in this event seems assured of maintaining a high standard. The gifted Tony Ababio executed a 1.88/6'2" Fosbury without even bothering to perform a proper layout over the bar.

Dave Cocksedge

HJ: A. Ababio (Highgate) 1.88/6'2". TJ: Ababio 13.83/45'4 $\frac{1}{2}$ ". Youths & Boys LJ: 1, G. Figuiera (S'gate) 6.37/20'10 $\frac{1}{4}$ "; 2, N. Burrows (B'ath) 5.70/18'8 $\frac{1}{2}$ ". Youths TJ: 1, G. Doerr (Wallington HS) 13.43/44'0 $\frac{1}{2}$ "; 2, Burrows 13.18/43'3"; 3, G. Burgess (Wallington HS) 12.69/41'7 $\frac{1}{4}$ ". Women's HJ: 1, S. Mapstone (Harlow-I) 1.62/5'4"; 2, D. Brown (Kent AC) 1.57/5'2" (measured in Imperial only). Invitation Women's LJ: 1, M. Chitty (Surrey AC) 6.28/20'7 $\frac{1}{4}$ "; 2, J. Vernon (Mitcham) 6.14/20'1 $\frac{1}{2}$ "; 3, J. Honour (Woking) 6.09/19'11 $\frac{1}{4}$ "; 4, Mapstone 5.68/18'7 $\frac{1}{4}$ "; 5, J. Scriven (—) 5.55/18'2 $\frac{1}{2}$ "; 6, J. Murray (Stretford) 5.47/17'11 $\frac{1}{2}$ "; 7, J. Roberts (Medway) 5.30/17'4 $\frac{1}{4}$ ".



Mary Peters clearing a personal best of 1.71/5'7 $\frac{1}{4}$ " at last month's Cosford meeting. All Sport Foto



Ann Wilson in action earlier in the year at Cosford. Tony Duffy

### CAMBRIDGE HARRIERS

Established 1890

Twenty-sixth Annual

#### 20 MILES OPEN ROAD RELAY

For the "Alex Spalding" Perpetual Trophy  
**SATURDAY, 25th MARCH, 1972, at 3 p.m.**

**Venue:** Cambridge Harriers H.Q., Glenhurst Avenue, Bexley, Kent.

**Changing** at Parkwood County Primary School, Hurst Road, Bexley, where there are ample facilities for showers, etc., also use of playground as car park.

**Course:** Six laps each approx. 3 $\frac{1}{2}$  miles.

**Entries** on AAA forms (fee: 50p per team) close first post 11th March. No late entries accepted. All competitors must have reached 18 years of age. Entries to Michael C. Pointer, 2 Hardy Road, Blackheath, London, S.E.3. Phone 01-248-5775, ext. 236 (Day), 858-2573 (Home).

**Prizes:** Competitor running fastest lap, fastest Camb. H., and first three teams.

# Results In Brief

## January 15th

Hillingdon 21, Met. Police 66, Borough of Enfield 141, at Ruislip. 1, G. Power (H); 2, J. Bleasdale (H); 3, K. Wainer (H).

## February 2nd

East Anglian League, at Watton. 1, Lewins (E. Radar) 21.20; 2, Best (Marham) 21.25; 3, Sherwin (Wyton) 22.10; 4, Cameron (Wyton) 22.13; 5, Ryan (Hon) 22.25; 6, Wyatt (Coltishall/N) 22.35; 7, Pearson (Watt) 22.40; 8, Wray (Mar) 22.55; 9, Moran (Mar) 23.30; 10, Fawcett (S. Mor) 23.57. Teams: 1, Marham 227; 2, Wyton 209; 3, Coltishall/Neatishead 199; 4, Honington 163; 5, Marham 'B' 138; 6, Ganges 116.

Lincolnshire Services League, at Chilwell. 1, Daykin (Cran) 27.47; 2, McSherry (Lind) 28.35; 3, Wallace (Wadd) 28.36; 4, Donkin (Lind) 28.48; 5, Kevan (Witt) 29.15; 6, Rigby (Swin) 29.25; 7, Delaney (Cottes) 29.27; 8, Rudman (Scamp) 29.40; 9, Smith (Swin) 29.52; 10, James (N. Hall) 30.00. Teams: Waddington 358; 2, Wittering 342; 3, Cottesmore 334; 4, Swinderby 331; 5, Digby 308; 6, Lindholme 281.

London Fire Brigade "Round the Houses" Relay at Lambeth. 1, Belgrave 57.35; 2, Eton Manor 57.52; 3, Surrey AC 58.22; 4, London Irish 59.08. Fastest: M. Absalom (E. Man) 14.04. Business Houses Team: North Thames Gas 59.09.

## February 5th

Worthing 16, Horsham BS 32, Guildford & G. 63, Elliott Reed 83, at Horsham. 1, A. Clarke (W) 41.35; 2, B. Collier (W) 42.10; 3, M. Baker (H) 43.13; 4, J. Luxford (H) 44.09; 5, J. Painter (W) 44.22; 6, A. Sharp (Ton) 44.34. (Youths) 1, T. Allen (Med) 14.43; 2, P. Mullervey (Elliott R) 14.47; 3, P. Jerrum (Erith) 15.04. Team: Medway. (Colts) 1, K. Swain (Med) 12.15; 2, M. Banfield (ER) 12.42. Team: Haywards Hth.

Cambridge AAA 38, Camb. Univ. 43, at Cambridge. 1eq, J. Roberts (A) & A. Butcher 37.32; 3eq, B. Jeffs (A) & A. Jukes (A) 38.59; 5, M. McNair (CU) 39.54; 6, J. Lawrence (CU) 40.05.

## February 6th

Huntingdon AC Races, at Gaynes Mal. 1, P. Romaine (S. Holland) 35.56; 2, M. Exton (S. Holl) 36.07; 3, I. Gartside (Hunts) 36.29; 4, S. Sharratt (Lut) 36.52; 5, A. Toseland (Kett) 37.21; 6, R. Perry (S. Holl) 37.32; 7, D. Blount (Kett) 38.03; 8, D. Hanwell (Kett) 38.24; 9, D. Gartside (Hunts) 38.43; 10, J. Jenkins (Hunts) 38.54. Teams: 1, S. Holland 99; 2, Kettering 88; 3, Huntingdon 86. (Youths) 1, D. Maxwell (Lut) 19.50; 2, I. Orton (Kett) 21.53; 3, M. Matthews (Lut) 22.36; 4, P. Ball (Hun) 22.41; 5, M. Young (Kett) 23.12; 6, C. Speechley (Ph) 24.43. Teams: 1, Phoenix 51; 2, Luton 44; 3, Kettering 41. (Boys) 1, D. Hall (Stev) 19.30; 2, T. Hill (Stev) 19.32; 3, D. Saunders (Stev) 19.37; 4, N. Field (S. Holl) 20.09. Teams: 1, Stevenage 60; 2, S. Holland 39; 3, Hunts. 34. (Colts) 1, A. O'Callaghan (Lut) 13.20; 2, P.

Dumont (Luton) 13.23; 3, M. Darratt (Lut) 13.29. Team: Luton. (Minors) 1, M. Hicks (Kett) 15.11; 2, I. Thompson (S. Holl) 15.40; 3, N. Wood (Stev) 16.08. Team: S. Holland. (Veterans) 1, D. Smith (Kett) 42.26; 2, G. Smith (Kett) 43.13; 3, B. Jenkins (Hunts) 45.31. Team: S. Holland.

## February 9th

Salford Univ. Road Relay. 1, Birmingham Univ. (G. Thewlis 16.38, I. Gilmour 16.01, N. Bailey 15.34, R. Brown 16.11, J. O'Meara 16.26, R. Smedley 16.07) 1:37.57 (Rec); 2, Sheffield Univ. (S. Richardson 16.27, W. Domoney 16.14, I. Partington 16.49, M. Knapp 16.55, G. Whittleston 16.17, J. Prater 16.28) 1:39.10; 3, Alsager Coll. (D. Dutton 16.41, K. Hazeltine 16.51, F. McGuire 16.10, R. Brown 16.57, J. King 15.54, A. Robertson 16.46) 1:39.19; 4, Leeds Univ. 1:40.01; 5, Madeley Coll. 1:44.51; 6, Manchester Un. 1:45.13; 7, Birm. Univ. 'B' 1:46.00; 8, Leeds Un. 1:46.51; 9, Leeds Un. 'B' 1:47.10; 10, Alsager Coll. 'B' 1:50.35. 22 teams. Fastest: King 15.54, Gilmour 16.01, Smedley 16.07, J. Fox (Leeds U) 16.08, McGuire 16.10, Brown 16.11.

## SOUTH WEST COUNTIES CHAMPIONSHIPS

### At Shaftesbury, January 29th

1, J. Lewis (Salisbury) 32.51; 2, P. Harvey (Tiverton) 32.54; 3, D. Burborough (Westbury) 33.03; 4, M. Dagg (Torbay) 33.34; 5, C. Abrahams (Torbay) 33.46; 6, E. Phillips (Ply) 33.49. Team: 1, Torbay 16; 2, Exeter 47; 3, Salisbury 65.

### Youths

1, R. Crabb (Swindon) 16.54; 2, M. Malone (Salisbury) 17.01; 3, C. Found (Exeter) 18.06; 4, R. Privett (Exeter) 18.07; 5, J. Hayward (Salis) 18.08; 6, N. McKinnell (Exeter) 18.08. Teams: 1, Exeter 13; 2, Salisbury 21; 3, Swindon 23.

### Boys

1, I. Ray (Salis) 10.48; 2, M. Wilson (Torbay) 10.49; 3, A. Lunnon (Bath) 10.50; 4, D. Morris (Bath) 10.56; 5, G. Barchelder (Yeo. O) 11.03; 6, D. Hughes (Ply) 11.08. Teams: 1, Bath 22; 2, Yeovil Oly. 24; 3, N. Dorset 33.

### Women

1, C. Lovelock (N. Dorset) 10.00; 2, P. Chun (Swindon) 10.18; 3, J. Down (Ply) 10.41; 4, A. Blake (Ply) 10.45; 5, R. Savage (Bris) 10.50; 6, J. Haydon (Taunton) 10.59. Team: Trowbridge & Dist. 6.

### Intermediates

1, L. Vaughan (Wells) 12.00; 2, W. Humpage (Yeo. O) 12.16; 3, M. Sladden (Wey. SP) 12.24; 4, P. Giddings (Plymstock S) 12.30; 5, S. King (Yeo. O) 12.35; 6, C. Goode (Yeo) 12.36. Teams: 1, Yeovil Oly. 8; 2, Plymstock S. 14.

### Juniors

1, K. Rice (59 Centre) 8.58; 2, R. Pearce (Swin) 9.23; 3, L. McKay (Yeo. Oly) 9.32; 4, M. Gray (N. Dorset) 9.42; 5, K. Bramley (Durrington) 9.44; 6, A. Van-der-Plant (59 Cen) 9.51. Teams: 1, 59 Centre 13; 2, Bath 26; 3, Plymstock Sch. 28.

187th in the Senior Inter-Counties was K. Tayler of Gloucestershire, and not as printed.

**UK 76, Spain 52 (Men)****At Cosford, February 19th**

## Geoff Capes is Ending an Era

THE Arthur Rowe era of shot-putting records is, after more than a decade, drawing to a close. Rowe, whose reputation has if anything grown over the years since his withdrawal from amateur competition in 1962, has seen the world record zoom out to 21.78/71'5½" while his own UK records of 19.56/64'2" outdoors and 19.19/62'11½" indoors have remained intact all that time—at least until Geoff Capes entered the ring for the third time at Cosford last Saturday and sent the rubber-covered shot 19.26/63'2¼". Capes estimates the rubber implement costs him around two feet in distance compared to the outdoor model ("you don't get the same leverage with your fingers"), and as he is still in the early stages of winter preparation following an operation for hernia—sustained while dead-lifting—who can doubt that he will smash Rowe's outdoor record this year?

Capes' previous best indoors was 18.65/61'2¼" at the national championships three weeks earlier, and it is worth remembering that last year he improved over four feet between the indoor and outdoor seasons. Of his series (18.68/61'3½", 18.99/62'3¾", 19.26/63'2¼", 18.73/61'5½", 19.13/62'9¼", foul) Capes was satisfied only with the record effort, and that somewhat grudgingly. "I'm still not quick enough in the circle", he admitted. At the moment all his training puts are from a standing position and shin splints are preventing him from sprinting. His bodyweight has now stabilised at about 315lb (143kg).

Capes was one of four (out of five) Field event winners for the UK in the match against Spain, sponsored by Ford of Great Britain. Lynn Davies, John Crotty and Mike Bull were the others. Davies, who suffered the upsetting experience of having a tyre burst at speed on the drive to Cosford, understandably settled for a modest distance in the long jump, but Crotty could feel pleased with his unexpected triple jump success in beating Juan Bartolome, who had reached 15.50/50'10¼" this winter.

A rare maximum was gained in the pole vault with Bull clearing 5.00/16'4¼" and Dave Lease twice raising his personal best, first to 4.70/15'5" and then to 4.80/15'9" . . . both ahead of Ignacio Sola, admittedly a declining force since his ninth place at Mexico City with 5.20/17'0¼". The Welshman must be glad he made the long and difficult way back after the serious injury he sustained a couple of seasons ago for he now stands second on the UK indoor all-time list and 16 feet is invitingly near now. Some more details of Bull's UK indoor best of 5.05/16'6¼" in Madrid the previous Saturday: he came in at 4.80/15'9" (clearing at the final attempt!), and then made 5.00/16'4¼" at the first try and 5.05 at the second before failing at 5.20. Runner-up Hans-Jürgen

Ziegler (W. Germany), a 5.30 performer this winter, cleared only 4.80.

On the track, Dave Bedford's 3000m spin in 8:00.8 (kilometres of 2:38.4, 2:39.8 and 2:42.6) aroused the most enthusiasm among the record Cosford crowd of some 2,000, but Bedford dismissed the run as "a waste of time". The whole point of the race for him was to test himself against Ian Stewart, so when Stewart withdrew because of flu it merely became a demonstration run. Bedford said he would not run indoors again this winter but would welcome one hard cross-country race, the "National" possibly, to gauge his current form.

With neither Bedford nor Ian Stewart wanting to run in Grenoble, the UK's best hope for a gold medal in the European Indoor Championships must be Alan Pascoe, looking as snappy as I have ever seen him in flashing to a 7.8 timing in the 60m hurdles. Only once has he run faster: in Madrid seven days earlier. There he won with a UK best of 7.7 from West Germany's Manfred Schumann (7.7) after winning his heat in 7.8. Good as Pascoe is, though, there is still a wide gap between him and the top Americans—as witness the 7.4 by Tommy Lee White in Moscow last Saturday. Pascoe, incidentally, also recorded 6.8 on the flat in Madrid, which is as fast as Don Halliday and Barrie Kelly recorded in placing one-two in the match. Halliday was given the verdict although the TV video apparently suggested that Kelly crossed the line first. One hopes that photo finish equipment can be installed for next winter's meetings to prevent such controversies.

Scotsman Frank Clement (19), far from being overwhelmed by his first international appearance, ran with cool authority to win the 1500m and in spite of the ridiculous crawl along the first 100m (18.9!) he was close to his personal best with 3:46.8. He was ahead for much of the race before Juan Borraz (3:43.6 indoor performer) bolted away at 1200m. The Spaniard was 10m up at the bell but an unruffled Clement took his man 80m from the finish to win by a clear two seconds. That opening half-lap apart, Clement was operating at around 3:43 pace.

The 800m looked a good thing for Pete Browne after he took over from Colin Cusick at 600m and opened up a 5m margin but Antonio Fernandez-Ortiz, a former holder of the European indoor 500m best, nipped past just before the tape for the best performance of the match by a Spaniard. The visitors' only other successes came through Ramon Magarinos in the 400m (a 20.8/46.5 man outdoors) and high jumper Luis Garriga.

60m: 1, D. Halliday 6.8; 2, B. Kelly 6.8; 3, J. Garcia (S) 6.9; 4, F. Escriva (S) 6.9. 400: 1, R. Magarinos (S) 49.2; 2, J. Aukett 49.5; 3, A.

Gabernet (S) 49.5; 4, M. Delaney 49.8. **800:** 1, A. Fernandez-Ortiz (S) 1:50.4 (rec); 2, P. Browne 1:50.6; 3, M. Gayoso (S) 1:50.9; 4, C. Cusick 1:52.4. **1500:** 1, F. Clement 3:46.8; 2, J. Borraz (S) 3:48.8; 3, A. Weatherhead 3:50.2; 4, J. Alonso (S) 3:59.0. **3000:** 1, D. Bedford 8:00.8; 2, P. Morris 8:11.0; 3, J. Morera (S) 8:16.8; 4, A. Esteban (S) 8:25.0. **60H:** 1, A. Pascoe 7.8; 2, B. Price 8.0; 3, G. Trianes (S) 8.4; 4, R. Cano (S) 9.6. **4x200:** 1, GB 1:30.2 (D. Halliday 22.6, R. Walters 22.8, I. Saunders 22.3, J. Aukett 22.5); 2, Spain 1:33.5. **HJ:** 1, L. Garriga (S) 2.10/6'10 $\frac{1}{2}$ "; 2, M. Perarnau (S) (aged 16) 2.00/6'6 $\frac{1}{2}$ "; 3, A. Lerwill 1.95/6'4 $\frac{1}{2}$ "; 4, M. Campbell 1.90/6'2 $\frac{1}{2}$ ". **PV:** 1, M. Bull 5.00/16'4 $\frac{1}{2}$ "; 2, D. Lease 4.80/15'9"; 3, I. Sola (S) 4.70/15'5"; 4, M. Consegal (S) 4.60/15'1". **LJ:** 1, L. Davies 7.45/24'5 $\frac{1}{2}$ "; 2, J. Azpeitia (S) 7.34/24'1"; 3, G. Hignett 7.22/23'8 $\frac{1}{2}$ "; 4, P. Fernandez (S) 7.02/23'0 $\frac{1}{2}$ ". **TJ:** 1, J. Crotty 15.36/50'4 $\frac{1}{2}$ "; 2, J. Bartolome (S) 15.24/50'0"; 3, F. Castrillo (S) 15.02/49'3 $\frac{1}{2}$ "; 4, D. Boosey 14.58/47'10". **SP:** 1, G. Capes 19.26/63'2 $\frac{1}{2}$ " (UK best); 2, J. Teale 17.12/56'2"; 3, A. Herreria (S) 16.63/54'6 $\frac{1}{2}$ "; 4, M. Parajon (S) 15.56/51'10 $\frac{1}{2}$ ". **Result:** UK 76, Spain 52.

### BOB MAPLESTONE BREAKS "FOUR"

Bob Maplestone (Eastern Washington State University & Cardiff AAC) became the first Briton to break four minutes for the mile indoors when winning in San Diego last Saturday in 3:59.5. Jim Crawford (US) was 2nd in 4:00.3 with Belgium's Andre de Hertoghe 6th in 4:04.1. The previous UK indoor best was Neill Duggan's 4:01.8, while 25-year-old Maplestone had not before run faster than 4:02.0 (outdoors). The previous weekend, in Vancouver, he had won a race in 4:04.8.

News of other British runners in the States: Chris Mason 4:04.8 mile (Louisville, Feb. 12th), Dick Selby 4:04.0 mile (Houston, Feb. 12th), Dick Sliney 8:35.0 2M (Houston, Feb. 12th), Nick Rose 8:47.4 2M (Louisville, Feb. 12th), Dave Hindley 8:59.4 2M (Pocatello, Feb. 5th), Dave Wright 13:47.0 3M (Swarthmore, Feb. 6th).

43rd in the Southern Youth Championships was L. Sheppard (Wycombe Phoenix) and not as printed.

### PENCOED (GLAM.) ROAD RACES

**EASTER MONDAY, 3rd APRIL, 2 p.m. start.**

**Men's** 100 yds. & 4 mls.; **Women's** mile; **Boys'** 100 yds., & 1 mile; **Girls'** 100 yds.

**Fees:** Men & Women 25p. Boys & Girls 10p.

**Entries by 27th March** to Bernard Baldwin, 9, Campbell Terrace, Mountain Ash, Glam. Extensive prize lists.

### SOUTHERN WOMEN'S A.A.A.

#### ONE-DAY TIMEKEEPERS' COURSE

Lecturer: Mr. Harry Hathaway

at Crystal Palace

**Sunday, March 5th (10.30-4.00)**

Fee inc. lunch: £1.50. Write to Mrs. J. L. Thomas, 53 Blackbush Ave., Romford, Ex.

### WOMEN'S INDOOR continued from page 27

#### HIGH JUMP

(Friday) 1, R. FEW (Andover) 1.71/5'7 $\frac{1}{2}$ "; 2, S. WRIGHT (Essex) 1.71; 3, J. HONOUR (Wok) 1.65/5'5"; 4, eq. D. Brown (Kent) & B. Lewis (Read) 1.62/5'3 $\frac{1}{2}$ "; 6, P. Dimmock (Brack) 1.59/5'2 $\frac{1}{2}$ ".

#### LONG JUMP

1, M. CHITTY (Surrey) 6.36/20'10 $\frac{1}{2}$ "; 2, A. WILSON (Suff) 6.18/20'3 $\frac{1}{2}$ "; 3, J. HONOUR (Wok) 5.94/19'6"; 4, B. Inkpen (AFD) 5.77/18'11 $\frac{1}{2}$ " (5.88/19'3 $\frac{1}{2}$ " qual); 5, S. Colyear (Stret) 5.72/18'9 $\frac{1}{2}$ "; 6, N. Njoku (Stret) 5.32/17'5 $\frac{1}{2}$ " (retired hurt after 1 jump; 5.86/19'2 $\frac{1}{2}$ " qual). Guest: R. Martin-Jones (Bir) 6.33/20'9 $\frac{1}{2}$ ". Non-qualifiers: S. Biggs (Croy) 5.51/18'1"; J. Scrivens (Lut) 5.36/17'7"; E. Butters (Warley) 5.23/17'2"; J. Roberts (Med) 5.16/16'11 $\frac{1}{2}$ "; S. Haynes (Harlow) 5.12/16'9 $\frac{1}{2}$ "; S. Rosbotham (Eps) 5.09/16'8 $\frac{1}{2}$ "; B. Lewis (Read) 4.59/15'0 $\frac{1}{2}$ ".

#### SHOT

1, M. PETERS (Albert Fdry) 16.26/53'4 $\frac{1}{2}$ "; 2, J. ROBERTS (Bir) 15.16/49'9"; 3, R. PAYNE (Loz) 14.04/46'0 $\frac{1}{2}$ "; 4, J. Kerr (Mit) 13.00/42'8"; 5, L. Haldane (Enf) 12.62/41'5"; 6, J. Frampton (Notts) 12.59/41'3 $\frac{1}{2}$ "; 7, S. Reeve (Bir) 11.90/39'0 $\frac{1}{2}$ "; 8, N. Njoku (Stret) 11.85/38'10 $\frac{1}{2}$ "; 9, L. Tunney (Loz) 11.82/38'9 $\frac{1}{2}$ "; 10, S. Elliott (Enf) 11.53/37'10"; 11, E. Elliott (Pres) 11.34/37'2 $\frac{1}{2}$ "; 12, B. Carter (Ports) 9.69/31'9 $\frac{1}{2}$ "; 13, M. Willey (Mit) 9.39/30'9 $\frac{1}{2}$ ".

**Intermediate 200m (Open):** 1, T. Sanderson (W&B) 26.6; 2, S. Dyer (Bir) 27.2 (27.1 ht); 3, G. Riley (Soli) 28.3; G. Spurgin (W&B) scr. (26.8 ht).

**Junior Men's 300m:** 1, G. Cohen (W&B) 36.9; 2, S. James (N'ton GS) 37.2; 3, D. Price (W&B) 37.5; 4, G. Peters (W&B) 37.6.

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## FRODSHAM HILL RACES

(Around the houses and over the hill)

Under A.A.A. Laws

will be held on

**SUNDAY, 3rd SEPTEMBER, 1972**

**Seniors • Youths • Boys • Colts**

## HASTINGS ATHLETIC CLUB

Annual P. Boxley Trophy Under AAA Laws

### HASTINGS "5"

**SATURDAY, MARCH 25th, at 3.15 p.m.**

Also Boys/Youths Race (Trophy for winning team), Colts Race (Trophy for winning ind.) Full details from Brian Griffin, 22 Githa Road, Hastings, Sussex. Entries close 15th March.

## WARRINGTON A.C. 1972 RELAYS

Easter Monday, 3rd April **SENIOR ROAD RELAY** (4x3½ MILES). Over £70 Prize Value. Sunday, 9th April, Colts, Boys and Youths **PARKLAND RELAYS**.

For full details see "A.W." March 4th, or write to N. Jones, 75 West Avenue, Orford, Warrington, WA2 8BE.

## HILLINGDON ATHLETIC CLUB

### OPEN FLOODLIT MEETING

(Under A.A.A. & W.A.A.A. Laws)

**WEDNESDAY, APRIL 5th, 1972**

**AT JUDGE HEATH LANE STADIUM**

**HAYES, MIDDLESEX**

First Event 7 p.m.

**Men's Events:** 100, 200, 400, 800, 3000m, HJ.

**Ladies' Events:** 100, 200, 400, 800m, LJ.

**Fees:** 10p per event to D. Bullock, 38 Blacklands Drive, Hayes, Middx. **Closing date:** 29th March. No entries accepted on the day.

## RYDE HARRIERS

### LADIES' CANOE LAKE RELAYS

**SUNDAY, MARCH 26th, 1972, 2 p.m.**

**MINOR GIRLS: 1760m OPEN RACE**

**JUNIOR, INTER., SENIOR LADIES RELAYS.**

**Entries** (Fee 40p per team, 15p per individual) close 14th March, 1972.

Details from and entries to Mr. C. J. Dorow, The Flat, Ryde Harriers H.Q., High Street, Oakfield, Isle of Wight.

## POLYTECHNIC HARRIERS

### SCHOOLS MEET 1972

**SATURDAY, APRIL 22nd under AAA Laws**  
Youths & Boys: 100, 400, 1500, LJ, Shot.  
Trophies & Awards. 15p per event. Entry forms with s.a.e. to Bob Frith, 104 Heath Road, Twickenham, Mx. by 15.4.72.

## SCOTTISH A.A.A. PRESENTS

### 1st SCOTTISH INDOOR CHAMPS.

**AT BELL'S SPORTS CENTRE, PERTH**

**ON SATURDAY, MARCH 25th**

**Events** (Senior Men only): 50, 300, 600 and 1500 metres; High and Long Jumps, Pole Vault and Shot Putt. Medals for first two.

**Entries** (which are open) to W. Walker, 54 East Claremont Street, Edinburgh, 7.

**BY MARCH 7th**

## Tiverton Harriers Proudly Present

### THE 25th ANNIVERSARY

### BAMPTON TO TIVERTON

### ROAD RACE (8mls)

**Easter Monday, April 3rd, Start 11.30 a.m.**

Cups and Trophies to first three runners, Souvenir awards to first 25 runners, award to first Veteran. Tiverton Cup to winning team, medals first three teams (6 to run, 4 to count).

**Entry fee:** 20p ind., £1 teams, 75p "B" teams. **Entries and full details:**— P. F. Main, 66 Temple Crescent, Tiverton, Devon.

## 13th ROMFORD HALF-MARATHON

(Havering Athletic Club)

Under A.A.A. Laws

**SATURDAY, APRIL 1st, 1972, at 3 p.m.**

### FROM CHASE CROSS

**Prizes:** first 3 Ind. and first Vet. Medals first 3 teams. First Ind. Chas. Allen Trophy, first Team Lockwood Trophy.

**Entries:** 20p per person to C. N. J. Burton, 24 Longfield Avenue, Hornchurch, Essex, by 20th March, 1972.

## SOUTHGATE HARRIERS

### HILLY FIELDS, ENFIELD

**SATURDAY, 18th MARCH, 1972**

### BOYS' 4 x 2m. C.C. RELAY

Trophy, Medals First Three Teams, Three Fastest Laps

### COLTS 2m. CROSS-COUNTRY RACE

Trophy, Medals First 3 Ind., First 3 Teams  
**Entries:** Boys 14/U16 1.9.71, 50p "A" team, 25p others. Colts U14 1.9.71 10p per ind. Any number to run, 3 to score. **Entries close March 8th**, to A. Jelf, 6 Louisa Court, Palace Road, N.11 2PT. 01-888 0281.