

Athletics

WEEKLY

Vol. 19

No. 8

February 20th, 1965

THE ATHLETE'S MAGAZINE



**INCORPORATING
MODERN ATHLETICS
& WORLD ATHLETICS**

INSIDE

Area Cross-Country
Championships



National Coaches
Conference



U.K. Youths
"Top Ten"



USA And European
Indoor News



Cover photo by Eric North:
Maureen Corker (Sheffield) 2nd., leading
Alison Leggett (Halifax) 1st., during the
Yorkshire Women's C.C. Championship.

Ron Hill Wins Northern Senior

WHAT must rank as one of the finest individual races for the senior championship saw Ron Hill defy a gale and a host of class distance runners whose life ambition is to beat him, in taking his third Northern cross-country title in four years at the Royal Showground, Blackpool last Saturday.

With half the distance covered there was a tight group of eight hemmed around Hill but it was just after this that the Bolton man drew on his international experience. He knew he was in for a tough one. There was his old rival Mike Turner, Bolton team-mate Mike Freary, a rejuvenated Colin Robinson, Ron Barlow, Tony Booth, John McGrow, Alan Simpson and Keith Stewart all treading on his bootlaces.

So he gritted his teeth and just at the critical moment in the race put in a burst to open a decisive gap. Prospects wavered uncertainly for a while, but the gap was never closed. Mike Turner reeled back to eighth position with stomach trouble on the third lap and as hard as Freary and Barlow tried they lacked the "know how" and experience to get the most out of themselves. Barlow, the Cheshire, West Lancs. and Liverpool district champion admitted afterwards that he felt too fresh to be satisfied with his performance even though he pulled up to within 13 seconds of Hill. But he vowed afterwards: "I'll beat Ron in the national". That may be, but one man who is sure to improve by that time is British mile champion Alan Simpson who took an easy step back to distance fitness following his American indoor tour and finished a casual, fluent seventh. He looks a cert for the International team for Ostend.

Gallant Mike Nunn tried all he knew to help Yorkshire champions Longwood spoil the Manchester and District Lads Club hat-trick bid. But the stocky marathon man is an ultra long distance expert and is totally unsuited by cross-country. In the circumstances he did well to finish 65th and Longwood failed by 36pts. to master the Lancashire acres.

Sensation of the championships however was the defeat of hot favourites Sale Harriers in the six mile junior event. Led by former International Schools mile champion Phil Richards in fifth place, Yorkshire champions Hallamshire collared the supposedly invincible Cheshire team by three points. Stung by this there should be some powerful revenge bids by the Sale youngsters in the National.

Peter Keeling

Seniors

1. R. Hill (Bolton United H.) 45.41
2. R. Barlow (Wallasey AC) 45.54
3. M. Freary (Bolton United H.) 45.57
4. D. Turner (Liverpool) 46.07; 5. J. McGrow (Longwood) 46.12; 6. C. Robinson (Rochdale)

47.08; 7. A. Simpson (Roth'm) 47.10; 8. K. Stewart (A'dale) 47.11; 9. G. Entwistle (M/r DLC) 47.17; 10. A. Both (Long) 47.42; 11. P. Watson (Bing) 47.44; 12. P. Montague (M/r DLC) 47.47; 13. D. Spencer (Barrow) 47.49; 14. A. Byrne (B'pool) 47.53; 15. A. Barden (Sheff) 47.56; 16. R. Moore (Long) 47.56; 17. D. Hopkinson (Clay) 47.58; 18. A. Ward (M/r DLC) 48.15; 19. B. Hall (M/r DLC) 48.17; 20. W. Cooper (M/r DLC) 48.19; 21. J. Bentley (H'fax) 49.31; 22. D. Barden (SUH) 48.37; 23. S. Dobson (H'hills) 48.37; 24. G. Ibbotson (Long) 48.48; 25. P. Hall (Barr) 48.54; 26. T. Rooke (Midd) 49.00; 27. R. Williams (Roch) 49.05; 28. D. Quinlan (Long) 49.06; 29. D. Wilkinson (Roch) 49.07; 30. S. Taylor (MAC) 49.07; 31. G. Fisher (Roch) 49.09; 32. R. Pannell (H'hills) 49.10; 33. J. Britland (Hallam) 49.10; 34. G. Lawson (M/r DLC) 49.15; 35. G. Brown (Sale) 49.16; 36. A. Leitch (Gates) 49.21; 37. D. Evans (Hallam) 49.29; 38. L. Doyle (Wir) 49.30; 39. C. Vaux (Midd) 49.32; 40. I. Wainwright (SUH) 49.35; 41. K. Angus (SUH) 49.35; 42. D. Lawson (Bing) 49.36; 43. D. Newman (Roth) 49.50; 44. C. Camden (Wir) 49.51; 45. R. Kingman (Hallam) 49.59; 46. A. Platt (Bol) 49.59; 47. R. Balding (Heat) 50.00; 48. D. Anderson (Bing) 50.02; 49. G. Smith (Roch) 50.03; 50. M. Vickers (Bar) 50.08; 51. W. Bennett (Wir) 50.09; 52. M. Cranny (Wir) 50.25; 53. G. Bowden (Bolt) 50.28; 54. G. Warriner (Pem) 50.29; 55. S. Rogers (Sef) 50.32; 56. R. Tristram (Bram) 50.33; 57. P. Parker (Gates) 50.34; 58. L. Carroll (Wir) 50.35; 59. M. McDonald (Midd) 50.36; 60. R. Billington (Bar) 50.38; 61. L. Jones (Bing) 50.40; 62. B. Renshall (Sut) 50.41; 63. J. Frost (Sale) 50.52; 64. M. Nunn (Long) 50.55; 65. D. Tippet (Bury) 51.00; 66. S. Hardicker (MAC) 51.00; 67. T. Beesley (Pem) 51.02; 68. C. Pickett (Midd) 51.02; 69. D. Large (Bar) 51.05; 70. J. Haslam (Bol) 51.06; 71. R. Woods (B'pool) 51.10; 72. M. Cawthorne (Wir) 51.13; 73. J. Lyons (B'pol) 51.16; 74. B. Gill (Bar) 51.17; 75. J. Watson (Sal) 51.19; 76. R. Cheetham (Roth) 51.19; 77. A. Corker (SUH) 51.21; 78. J. Newsome (Wake) 51.29; 79. D. Hoare (Wake) 51.31; 80. H. Harvey (Manx) 51.34; 81. M. Morrell (Wir) 51.35; 82. R. Fathers (Bing) 51.37; 83. W. Mitchell (Aire) 51.37; 84. P. Booth (Bury) 51.38; 85. T. Taylor (Roch) 51.39; 86. J. Swarbrick (B'pool) 51.40; 87. G. Brockbank (Win) 51.41; 88. T. Sheenan (Pres) 51.42; 89. A. Blinston (Alt) 51.57; 90. J. Iddon (Bol) 52.00; 91. D. Eastwood (Roch) 52.03; 92. M. Rothwell (Sale) 52.09; 93. K. Griffiths (Wir) 52.10; 94. R. Standing (Sal) 52.11; 95. I. Millns (SUH) 52.12; 96. J. Wilcock (Wake) 52.15; 97. D. Jeffs (Wir) 51.16; 98. G. Doggett (Sal) 52.17; 99. P. Kelly (Sale) 52.18. 274 finished.

Teams:

Pts.

1. Manchester & DLCH (9,12,18,19,20,34) 112
2. Longwood H. (5,10,16,24,28,65) 148
3. Rochdale H. (6,27,29,31,50,86) 229
4. Bolton 267; 5. Sheffield 292; 6. Barrow

Continued on page 31

Editor: P. W. GREEN

Printed and Published by—

WORLD ATHLETIC & SPORTING
PUBLICATIONS, LTD.

At their Editorial Offices—

NEW ROAD—344 HIGH STREET,
ROCHESTER, KENT.
(Chatham 44644-5).

Advertisement Department—

All communications to The
Advertisement Director, World
Athletic & Sporting Publications
Ltd., New Road—344 High Street,
Rochester, Kent.

SUBSCRIPTION RATES

Direct subscribers in U.K. and H.M.
Forces abroad:—

12 MONTHS (52 issues) 60s.
6 MONTHS (26 issues) 30s.
3 MONTHS (13 issues) 15s.

All other subscriptions:

12 MONTHS (52 issues) 75s. 10d.

CERTIFIED CIRCULATION

10,019

(June-December, 1964)

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EVERY SATURDAY—Price 1s. 3d.

SUBSTITUTE SOUTHERN L-B RELAY

IT has been rather amusing in the past few days to find so many Road Relay promoters falling over themselves to switch their date to October 9th, the date on which the now abandoned Southern London to Brighton race would have been held.

I have received details of several such events and had many other ideas suggested at the Southern C.C. Championships at Brighton last Saturday. As we go to press, however, I have just heard of the most likely race to become a substitute for the Southern event. This is a Belgrave Harriers' promotion, comprising six legs of approx. 6 miles, and six of approx. 3 miles, to be run alternately, in the Wimbledon Common area. Laps of this size will allow for considerable variation of terrain and avoid the objection to using a race where everyone runs the same small lap. I understand that the Bels have every hope of a trophy being donated for the first event and the race will definitely take place on October 9th. The Wimbledon venue is very central, easy to get to, and well known to the clubs. Of all the many suggestions I have heard, this seems the most feasible to take the place of the Southern London to Brighton race.

The National

There has been a total record entry of 4,034 for the National Cross-Country Championships, to be held at Parliament Hill Fields on March 6th. They are:—

	Entries	Possible Starters
Seniors	1932	1307
Juniors	972	721
Youths	1130	762
	4034	2790

Number of Teams: Seniors 137, Juniors 110, Youths 123.

Added interest will come from the New Zealanders who will run as guests, the inclusion of a number of Irish runners for their clubs, and that very popular runner from the U.S.A., Buddy Edelen.

Today's events include the Indoor Meeting at Feltwell, N. Eastern "Signals Trophy" Relay at Gateshead, Hove Road Relays, Imperial College Relay in Hyde Park, Weymouth "10," Bradford & Dist. Championships at Holmfirth, Surrey Boys' Championships at Morden, League races at Brentwood (S.E. Essex) and Bourne-mouth (Hants. C.C. Lge), and the L.O.A.C. Women's Relay at Alpertown. Tomorrow, Blackheath H. stage their Winter Track and Field Meeting at Ladywell Park (2 p.m.).

To accommodate the four Area C.C. Championships in this issue, a number of items and results have had to be omitted and will appear next week. As I write this we have not yet received the Northern and Midland results, but expect these to arrive in time to be included before the final pages go to press.

THE EDITOR

Peter Sulston takes Eastern Senior

At Norwich, February 13th

1. P. Sulston (Camb. Un. H & H)	48.21
2. T. Smith (Iswich)	49.00
3. R. Hadwen (Ipswich)	49.52
4. G. Porter (Lincoln W) 49.55; 5. A. Butcher (Ips) 49.59; 6. J. Taylor (Grimsby) 50.24; 7. D. Watkins (Ips) 50.55; 8. P. Coleman (Luton) 51.08; 9. A. Phillips (Norfolk G) 51.22; 10. R. Bain (Grim) 51.36; 11. R. Smith (Camb & Col) 51.57; 12. J. Pinner (Bedford) 52.14; 13. P. Fuller (C & C) 52.26; 14. D. Bucke (C & C) 52.46; 15. H. Soper (Lut) 52.58; 16. F. Howlitt (P'boro) 53.04; 17. M. Mardle (Lut) 53.11; 18. A. Henderson (P'boro) 53.14; 19. A. Coleman (Bed) 53.18; 20. G. Phipps (C & C) 53.30; 21. P. Consterdine (C & C) 53.37; 22. G. Scott (Trent) 53.38; 23. G. Melvin (Linc W) 53.48; 24. K. Barnsdale (Linc) 53.57; 25. D. Brown (Lut) 54.06; 26. G. Coleman (Lut) 54.07; 27. P. Harraghy (Linc) 54.12; 28. J. Daniels (Nor) 54.23; 29. A. Hine (C & C "B") 54.33; 30. J. Lawrence (Lut) 54.38; 31. P. Chaplin (C & C) 54.53; 32. B. Jeffs (C & C) 55.01; 33. R. Double (Ips) 55.26; 34. T. Cole (C & C) 55.35; 35. R. Mathewes (Grims) 56.06; 36. C. Tanswell (Bed) 56.18; 37. R. Day (Grim) 56.21; 38. D. Hammond (Trent) 56.39; 39. A. Layton (Lut) 56.51; 40. A. Pemberthy (Nor) 57.10.	

Teams:	Pts.
1. Ipswich H. (2, 3, 5, 7,33,46)	96
2. Cambridge & Col. (11,13,14,20,21,31)	110
3. Luton United ... (8,15,17,25,26,30)	121
4. Grimsby 204; 5. Norfolk Gazelles 228.	

Juniors

1. H. Chadwick (Camb. Un. H. & H.)	32.04
2. P. Romaine (Spalding)	32.05
3. B. Byrne (Norfolk Gaz.)	33.08
4. G. White (Luton) 33.19; 5. M. Pakey (Lut)	33.31; 6. B. Crummey (Lut) 33.42; 7. D. Hare
(Linc W) 34.06; 8. C. Roberts (CU) 34.32; 9.	H. Cooper (Linc) 34.37; 10. D. Hyde (Lut)
34.41; 11. R. Morris (CU) 35.25; 12. R. Perry	(Spald) 35.35; 13. R. Leek (Ips) 35.46; 14. B.
Potter (Bed MS) 36.03; 15. I. Hawthorne (CU)	36.05; 16. L. Cunningham (CU) 36.06; 17. M.
Whatmough (Linc) 36.13; 18. A. Haynes (RAF	Henlow) 36.30; 19. J. Manning (Holbeach)
36.31; 20. B. Dunnett (Ips) 36.33; 21. R.	Mitchell (RAF) 36.56; 22. R. Covell (Nor) 36.
57; 23. B. Langran (C & C) 37.04; 24. G. Hall	(Nor) 37.15; 25. A. Cox (Lut) 37.25; 26. C.
Smith (C & C) 37.28; 27. D. Powell (C & C)	37.45; 28. P. Myers (P'boro) 38.33; 29. B.
Owen (Linc) 39.20; 30. R. Butt (Bed MS) 39.46.	

Teams:	Pts.
1. Luton United	(4,5,6) 15
2. Camb. Un. H. & H.	(1,8,11) 20
3. Lincoln Well.	(7,9,17) 33
4. Spalding 48; 5. Norfolk Gazelles 49; 6. RAF Henlow 71; 7. Bedford Mod. Sch. 75; 8. Camb & Col 76.	

Youths

1. M. Tagg (Norfolk Gaz)	15.33
--------------------------------	-------

2. A. Bland (Grimsby)	16.27
3. M. Exton (Spalding)	16.34
4. L. Aldridge (Norwich Sch) 16.46; 5. R. Bar-	
ram (Bedford) 16.46; 6. T. Gould (Ips) 17.03;	
7. J. Parry (Linc) 17.08; 8. G. Turner (Nor)	
17.13; 9. T. Burdett (Paston Sch) 17.17; 10. C.	
Smith (Stamford Sch) 17.18; 11. P. Bradley	
(Lincoln TC) 17.20; 12. H. Hall (Paston) 17.27;	
13. D. Casey (Spald) 17.28; 14. H. Spann (C &	
C) 17.29; 15. P. Hollingsworth (Lut) 17.29; 16.	
N. Underwood (Norwich S) 17.30; 17. E. Dun-	
kin (Lough) 17.31; 18. R. Cook (Trent) 17.38;	
19. B. Lee (Stamford) 17.41; 20. J. Dickerson	
(Norwich S) 17.44; 21. W. Garnett (Norwich	
S) 17.47; 22. R. Hinds (City of Nor S) 17.50;	
23. A. Trolley (Bed) 17.53; 24. B. Parker (Wis-	
bech GS) 17.54; 25. C. MacDonald (Stam)	
17.55; 26. J. Linnell (Stam) 17.57; 27. J. Cockin	
(Stam) 18.01; 28. R. Scrivener (Ips) 18.02; 29.	
R. Orpwood (Luton GS) 18.02; 30. K. Ban-	
vard (C & C) 18.03.	

Teams:	Pts.
1. Norwich Sch. (4,16,20,21)	61
2. Stamford Sch. (10,19,25,26)	80
3. Norfolk Gaz. (1, 8,35,52)	95
4. Lincoln TC 131; 5. Luton GA 146; 6. Paston Sch. 168; 7. City of Norwich Sch. 180; 8. Kimbolton 182; 9. Lincoln Well 185; 10. Bedford MS 190; 11. King Edward VII 290; 12. Kimbolton "B" 338; 13. Wisbech GS 339; 14. King Edward "B" 352.	

Boys

1. A. Simmons (Luton United)	13.16
2. R. Kennedy (Lincoln TC)	13.47
3. E. Burkitt (Grimsby)	13.53
4. A. Lay (Luton) 14.07; 5. A. Montgomery (Luton GS) 14.20; 6. D. Murr (Grim) 14.38; 7. C. Ling (C of Norwich S) 14.39; 8. L. Bland (Grim) 14.40; 9. K. Banks (Lut) 14.43; 10. P. Mansford (N. Walsham) 14.44; 11. S. Riley (Stam) 14.47; 12. J. Calver (Ips) 14.52; 13. A. Creamer (Luton GS) 14.56; 14. P. Cook (R Hospitals S) 15.01; 15. D. Clark (Nor) 15.02; 16. B. Vingo (Nor) 15.03; 17. A. Patten (Ald Peel S) 15.04; 18. R. Rowe (Ips) 15.05; 19. Ranson (Paston) 15.06; 20. R. Pickup (Nor) 15.07; 21. B. Cressey (R Hosp S) 15.08; 22. R. Cade (Bed MS) 15.09; 23. F. Foot (Nor) 15.09; 24. I. Kemp (Bed MS) 15.10; 25. A. Brooks (Hamonds GS) 15.11.	

Teams:	Pts.
1. Luton United	(1, 4, 9) 14
2. Grimsby H.	(3, 6, 8) 17
3. Norfolk Gaz.	(15,16,20) 51
4. Ipswich 57; 5. R. Hospitals Sch. 67; 6. Luton GS 78; 7. Bedford MS 85; 8. City of Norwich S 91; 9. Stamford Sch. 109; 10. Lincoln TC 115; 11. Paston Sch. 117; 12. Winttingham GS 130; 13. King Edward VII 132; 14. Hamonds GS 132; 15. Kings, Ely 137; 16. N. Walsham 148; 17. Ald. Peel Sch. 151; 18. Linton VC 206; 19. Fletton Sch. 207; 20. Kimbolton 209.	

League Races

S.E. ESSEX LEAGUE

At Colchester, January 23rd

1. A. Green (Hadleigh)	23.49
2. G. Knight (Essex Beagles)	24.08
3. E. Ibbetson (Essex Beagles)	24.08
4. G. King (Ex Bgls) 24.21; 5. D. Horsup (Thurrock) 24.22; 6. S. Webb (Basildon) 24.33; 7. P. Chillingworth (Colchester) 24.40; 8. M. Reeve (Col) 24.48; 9. G. Hodgson (Basil) 24.54; 10. D. Woodward (Basil) 25.00; 11. E. Butcher (Col) 25.10; 12. B. Judd (Had) 25.11; 13. T. Birch (Basil) 25.13; 14. K. Burgess (Chelmsford) 25.14; 15. E. Barrett (Romford) 25.22; 16. H. Rogers (Ex Bgls) 25.25; 17. A. Butcher (Col) 25.29; 18. C. Joslin (Chelm) 25.32; 19. S. Webb (Ex Bgls) 25.32; 20. P. Fulcher (Chelm) 25.35.	

Teams:	Pts.
1. Essex Beagles	(54,53,52,40,37) 236
2. Colchester	(49,48,45,39,32) 213
3. Basildon	(50,47,46,43,22) 208
4. Chelmsford 176; 5. Hadleigh 165; 6. Thurrock 144; 7. Romford 126; 8. Hornchurch 117; 9. Harlow 87; 10. Southend 37.	

Youths

1. D. Smith (Hadleigh)	11.58
2. S. Harrison (Hornchurch)	11.59
3. C. Powell (Hadleigh)	12.10
4. R. Day (Horn) 12.11; 5. B. Humphreys (Horn) 12.25; 6. L. Stock (Horn) 11.28; 7. P. Reed (Had) 12.29; 8. S. Rogers (Horn) 12.33; 9. M. Smith (Thur) 12.37; 10. S. Walker (Thur) 12.44; 11. K. Haynes (Had) 12.46; 12. T. Castle (Horn) 12.47; 13. C. Frayne (Romford) 12.53; 14. P. Bennett (Horn) 12.55; 15. Allen (Basil) 13.03.	

Teams:	Pts.
1. Hornchurch	(43,41,40,39) 163
2. Hadleigh	(44,42,38,35) 159
3. Thurrock	(37,36,27,26) 126
4. Essex Beagles 98; 5. Basildon 90; 6. Harlow 79; 7. Southend 77; 8. Romford 76; 9. Chelmsford 67.	

MID-LANCS LEAGUE

At Preston, January 23rd

1. A. Byrne (Blackpool & Fylde)	30.33
2. J. Fewery (Blackpool & Fylde)	32.08
3. D. Swarbrick (Blackpool & Fylde)	32.08
4. P. Morris (Black) 32.33; 5. A. Nelson (Leyland) 32.40; 6. T. Sheenhan (Preston AC) 32.46; 7. J. Bell (Preston H) 33.11; 8. A. Roberts (PH) 33.15; 9. M. Swinbank (PH) 33.18; 10. D. Linney (Barrow) 33.21; 11. B. Sidaway (B'pool) 33.24; 12. M. Smith (Lunes) 33.34; 13. D. Jones (B'pool) 33.36; 14. B. Roebuck (Lanc. & M) 34.02; 15. E. Gemson (Lunes) 34.03; 16. G. Jebb (PH) 34.19; 17. G. Barrow (PH) 34.23; 18. J. Lyons (B'pool) 34.33; 19. R. Swinbank (PH) 34.40; 20. F. Howson (Bar) 34.45.	

Teams:

1. Blackpool & Fylde	(1, 2, 3, 4,11,13) 34
2. Preston H.	(7, 8, 9,16,17,19) 76
3. Lunesdale & Prim.	(12,15,28,29,31,38) 153
4. Preston AC 168; 5. Leyland 200.	

GWENT LEAGUE

At Beachley, January 30th

1. Aylett (Gilwern)	35.27
2. Flowers (Gilwern)	35.39
3. Collins (Pontypool)	36.25
4. Griffiths (Roath) 36.37; 5. Mathuidis (Newport) 37.05; 6. Collier (Gil) 37.06; 7. Ingram (Birchgrove) 37.27; 8. Darney (Bir) 37.51; 9. Rowbothan (Hereford & Cty) 38.07; 10. Williams (Bir) 38.41; 11. Francis (Bir) 39.16; 12. Adams (New) 39.28; 13. Walsh (Roath) 39.38; 14. R. Jones (Gil) 40.04; 15. Pugh (Ponty) 40.32; 16. Holloway (New) 40.42; 17. Flook (New) 40.51; 18. Webb (Here) 41.11; 19. Tarrant (Here) 41.25; 20. Wood (New) 41.28.	

Teams:	Pts.
1. Gilwern	(29,28,24,16, 7) 104
2. Birchgrove	(23,22,20,19, 3) 87
3. Newport	(25,18,14,13,10) 80
4. Roath 58; 5. Hereford & Cty 46; 6. Pontypool 43.	

Juniors

1. G. Williams (Hereford & Cty)	31.14
2. D. Young (Army App. Sch)	31.15
3. Cook (Army App. Sch)	31.24
4. Kirby (Roath) 31.57; 5. J. Price (Pontypool) 32.12; 6. Markham (AAS) 32.55; 7. Allett (Gilwern) 32.58; 8. Fleming (Cardiff Univ) 32.59; 9. Bannister (Cardiff TC) 33.16; 10. Hare (AAS) 33.22; 11. Pritchard (CU) 33.40; 12. Telling (CU) 34.02; 13. Walsh (Bir) 34.09; 14. Freestone (HMBI Prescoed) 34.18; 15. Sach (AAS) 34.56.	

Teams:	Pts.
1. Army App. Sch.	(41,40,37,33,28) 179
2. Cardiff Univ.	(35,32,31,20,17) 135
3. HMBI Prescoed	(29,27,19,18,16) 109
4. Cardiff TC 80; 5. Hereford & Cty 80; 6. Roath 63.	

Youths

1. I. Jones (West Monmouth)	18.21
2. Plain (Birchgrove)	18.34
3. Bowes (Army App. Sch)	18.39
4. Sweeting (WM) 18.52; 5. Pearson (AAS) 18.59; 6. Snelgrove (RAF) 19.01; 7. Tanner (AAS) 19.02; 8. Jeffries (AAS) 19.04; 9. Martin (Newport) 19.19; 10. Whittall (AAS "B") 19.23; 11. Easton (RAF) 19.28; 12. A. Davies (Bir) 19.37; 13. J. Cook (AAS) 19.41; 14. Mullins (AAS "B") 19.44; 15. Dumbard (Roath) 19.49.	

PRESTON HARRIERS & A.C.

Annual 6 x 2 Miles

CROSS COUNTRY RELAY

MARCH 27th, at 3 p.m.

From Strickland Lane H.Q., Preston

Competitors to be 18 or over on day

Entries (5/- per team) to R. W. Roberts, 31 Glenlue Dr., Preston by March 22nd.

Teams :	Pts.
1, Army App. Sch. ... (47,45,43,42,37)	214
2, Army App. "B" ... (40,36,33,29,26)	164
3, West Monmouth GS (49,46,28,27,—)	150
4, Birchgrove 148; 5, RAF Hereford 147; 6, RAF Hereford "B" 69.	

Boys

1, Lang (Army App. Sch.)	13.12
2, Davis (Hereford AC)	13.20
3, Hayward (Birchgrove)	13.35
4, Riley (AAS) 13.47; 5, A. Davies (Roath) 13.50; 6, Lloyd (Bir) 13.58; 7, Law (AAS) 14.02; 8, J. Thomas (Gilwern "B") 14.08; 9, Gwynn (AAS) 14.11; 10, George (AAS) 14.20.	

Teams :	Pts.
1, Army App. Sch. ... (67,64,61,59,58)	309
2, Birchgrove ... (65,62,55,40,30)	252
3, Hereford & Cty ... (66,54,49,43,39)	251
4, AAS B 233; 5, Troedyrhiw BC 183; 6, Sedbury Park Sch. 181.	

S.E. LANCS LEAGUE

At Blackburn, February 6th

1, D. Hopkinson (Clayton-le-Moors) ...	37.48
2, C. Faye (Clayton-le-Moors) ...	37.49
3, T. Taylor (Rochdale) ...	39.34
4, J. Salt (Roch) 39.34; 5, G. Fisher (Roch) 39.34; 6, R. Williams (Roch) 39.34.	

Teams :	Pts.
1, Rochdale ... (3, 4, 5, 6, 7,14)	39
2, Clayton-le-M ... (1, 2,15,16,19,20)	73
3, Bury & Rad. ... (9,11,12,22,24,26)	104
4, Blackburn 176; 5, Oldham & Royton 258.	
Final Position : (Ind.) 1, T. Taylor (Rochdale) 8 pts.; 2, C. Faye (Clayton) 14; 3, J. Salt (Roch) 16. (Team) 1, Rochdale 171 pts; 2, Clayton-le-Moors 271; 3, Bury & Rad. 489; 4, Oldham & Roy. 802; 5, Blackburn 874.	

Youths

1, A. Reade (Oldham & Roy) ...	16.47
2, M. Knowles (Bury & Rad) ...	17.08
3, G. Monks (Rochdale) ...	17.33

Teams :	Pts.
1, Bury & Radcliffe ... (2, 7, 8)	17
2, Rochdale ... (3,10,11)	24
3, Oldham & Royton ... (1,12,18)	31
4, Horwich 45.	

Final Positions : (Ind.) 1, A. Reade (Oldham) 5 pts.; 2, M. Knowles (Bury) 12; 3, G. Monks (Rochdale) 26. (Team) 1, Bury & Rad. 72 pts.; 2, Oldham & Roy. 121; 3, Rochdale 129.

GLOUCESTERSHIRE LEAGUE

At Bristol, February 6th

1, E. Strong (Bristol) ...	33.04
2, D. Jennings (Bristol) ...	34.20
3, P. Lonnin (Bristol) ...	34.41
4, R. Norton (Bris) 35.00; 5, H. Clayton (Bris) 35.07; 6, A. Benn (Bris) 35.14; 7, C. Franks (Chelt) 35.24; 8, D. Willis (Bris) 35.35; 9, I. Edmunds (Bris) 35.41; 10, R. Bates (Bris) 35.43; 11, R. Turner (Westbury) 36.28; 12, J. Edwards (Bris) 36.51; 13, P. Deane (West) 36.59; 14, P. Owers (Glos) 37.24; 15, G. Blackburn (West) 37.46; 16, D. Hobby (Chelt) 37.46; 17, J. Dean (Bris) 37.56; 18, T. Boone (Chelt) 38.08; 19, E. Nash (Bris) 38.18; 20, P. Bowden (Chelt) 38.32.	

Teams :	Pts.
1, Bristol ... (1, 2, 3, 4, 5, 6)	21
2, Cheltenham & Cty (7,16,18,20,23,40)	124
3, Westbury ...	128

Final Positions : 1, Bristol 20 pts.; 2, Cheltenham 12; 3, Westbury 11.

N.W. COUNTIES LEAGUE

At Lancaster & More. Coll., February 6th

1 eq. M. Vickers (Barrow) ...	34.00
D. Large (Barrow) ...	34.00
3, M. Smith (Lunesdale & P) ...	34.18
4, D. Winward (Barr) 34.58; 5, J. Hannon (Barr) 35.26; 6, D. Stainton (Kendal) 35.36; 7, T. Sawford (Lanc. & M) 35.39; 8, G. Gemson (Lunes) 36.02; 9, R. Lewney (Barr) 36.04; 10, B. Roebuck (Lunes) 36.50; 11, D. Linney (Barr) 36.55; 12, Hodgson (Ken) 37.11; 13, J. Atkinson (Lunes) 37.34; 14, A. Armer (Lunes) 37.52; 15, McGregor (Ken) 38.04; 16, G. Brown (Ken) 38.06; 17, P. Wodeman (Lunes) 39.02; 18, Mott (Lunes) 39.33; 19, P. Cundill (Lunes) 39.47; 20, F. Carradus (Ken) 40.30.	

Teams :	Pts.
1, Barrow ... (1, 2, 4, 5, 9,11)	32
2, Lunesdale & Prim. (3, 8,13,14,17,18)	73
3, Kendal ... (6,12,15,16,20,23)	92
League Winners : (Ind.) D. Large (Barrow); (Snr) M. Vickers (Barr); (Jnr) D. Linney (Barr); (Yth) A. Armer (Lunes).	

Boys

1, R. Winward (Barrow) ...	11.09
2, P. Leviston (Barrow) ...	11.38
3, M. Dacre (Kendal) ...	11.53
4, Reid (Ken) 12.05; 5, P. Procter (Ken) 12.13; 6, W. Kitchen (Ken) 12.18; 7, D. Richards (Lunes) 12.28; 8, D. Yare (Ken) 12.32; 9, G. Morris (Ken) 12.34; 10, S. Dennison (Lunes) 12.55.	

Teams : Kendal 12pts.

League Winners : R. Winward (Barrow).

EPSOM & EWELL C.C. RACES

(Continued from last week)

Boys

1. A. Simmonds (Luton United) ...	13.25
2. D. Fairclough (Selhurst GS) ...	13.49
3. P. Tucker (Woodfield CS) ...	13.54
4. S. Leonard (Wood) 14.12; 5, J. Wainwright (C & M) 14.27; 6, G. Bell (Windsor) 14.30; 7, A. Montgomery (Luton) 14.36; 8, A. Pretty (TVH) 14.40; 9, J. Reith (TVH) 14.45; 10, Lee (Mit) 14.50; 11, R. Smith (C & M) 14.55; 12, *Hallett (Finchley) 14.58; 13, Moore (Wind) 15.00; 14, Stephens (Rochester) 15.02; 15, Melder (Mit) 15.02; 16, Nunn (Wind) 15.03; 17, G. Linge (S'end) 15.05; 18, N. Wilson (S'end) 15.07; 19, J. Dobson (S'end) 15.07; 20, Roots (Roch) 15.11. *individual.	

Teams:	Pts.
1. Luton United ... (1, 7,24,26)	58
2. Woodfield CS ... (3, 4,23,29)	59
3. Windsor & Eton ... (6,12,15,30)	63
4. T.V.H. 65; 5, Crown & Manor 72; 6, Southend 94; 7, Rochester 95; 8, Mitcham 122; 9, Selhurst GS 129; 10, Weydon CS 186.	

Soon after the start of the Sir Sefton Brancker race at Halton. L. to R.—Mick Price (Civil Service), Geoff North (C.S.), and No. 4 Tim Briault (Middlesex) lead the field.



Ed Lacey

Race Walking

By L. W. WOODCOCK

A Correction: When reporting the result of the RWA Southern Area "Garnet" Championship last week I referred to the venue as being at Erith. I have been asked by Mr. H. C. Rogers, Secretary of Cambridge Harriers, to mention that the school is in fact in Bexley. Cambridge H. intend to move their annual Open 7 Miles in December from Eltham Baths to Bexley, owing to worsening traffic conditions on their Eltham course and will use the Bexley-Erith Tech. School at Bexley for their dressing accommodation. Both competitors and officials think the new course a good one and the Open will be over three laps. My apologies to Cambridge for this slip.

AAA 7 Miles: The AAA 7 Miles Track Walking Championship will be held at the Hurlingham Track on Saturday, 27th March, at 2.30 p.m. Entry forms are now available from Jack Goswell, and the AAA Offices and the entries close on Friday, 12th March (fee 5/-).

Birmingham WC Decision: When it became known that the annual Birmingham WC "Outer Circle" Walk would be held on the same Saturday as the AAA Track Championships at the White City, the Club's attention was drawn to this clash of dates and their Committee was invited to reconsider this date in view of the efforts being made to increase the number of entries for the AAA Track 2 Miles Championship and to ensure its retention in the main Championship programme. Having given this request sincere consideration the Club has reaffirmed its decision to promote on July 10th. The Midland industrial holiday starts on the

following Saturday (17th) and this date would cut the Midland entry by an estimated 50/60%. On July 3rd there are the Midland AAA Junior Championships, the Newcastle-under-Lyme Open 6 Miles, and a Schoolboys' event, and to add a further Midland event on this date would present difficulties owing to the number of Midland Judges required to cover all these events properly. The Club say that they are deeply conscious of the need to support the AAA Championships and will recommend that any walker capable of doing well in the AAA 2 Miles should support that event rather than enter their promotion. This would mean some disappointment to the Club, but they are prepared to accept this for the general good of the sport. They add that their normal date next year will clash with the World Football Competition so that a change will inevitably be made, but they will bear in mind the AAA Championships date when the choice is made.

London County "10". Eighty-two walkers faced the starter at Battersea Park last Saturday for the LCC 10 Miles Championship. Competitors appreciated the traffic-free conditions in the Park, and in cold windy conditions Maurice Fullager (Surrey WC) dominated the event throughout. At the end of the first of the five laps he had already opened up a lead of 50 yards from John Knifton (Belgrave) with Don Thompson (Met) a further 5 yards back and Peter Selby (Surrey) not far behind. These walkers had drawn well away from the next group. At the end of the second lap Fullager was maintaining his lead but Selby had moved up to challenge Knifton for second place and Thompson was fourth. These positions were unchanged until the last lap when Selby faded and fell back to sixth. Fullager was never challenged and finished full of walking in the good time of 77m. 31s which

continued on page 29

REPORT ON THE 4th SENIOR COACHES CONFERENCE at Crystal Palace, February 4th—5th by RON JEWKES

DOUG MANNION briefly opened the conference and introduced Les Davies the deputy director of the National Recreation Centre who welcomed us to our latest venue, previous conferences having been held at Bisham, Lilleshall and the Central Y.M.C.A. London. The first session was then started by Roy James who had been brought in at very short notice and described the work being done by the interested bodies in compiling the permanent records of competitors to be known as the "Olympic Medical Archives." He outlined some of the difficulties in securing accurate and comprehensive details and emphasised that it was too early to draw many definite conclusions. It does appear, however, that the ultimate in any performance is largely a psychological problem with training, skill, strength and other physical attributes all contributing.

Ron Pickering then analysed the throwing events at Tokyo. He said that before starting his analysis he had eliminated the "frivolous" entries because it seemed valueless to include say a single shot putter weighing nine stones who had been entered by an Asian country and who had been eliminated in the preliminaries with 34 feet! He had thus considered only the finalists and had analysed these on the basis of age, height, style and any unusual features worthy of comment. He believed that the inconsistencies in the Javelin were due mainly to lack of standardisation of the implements. Only USSR and Germany had got all three of their entrants, both men and women, through to the final of all the throwing events.

After an excellent lunch at the Forté Cafeteria in the grounds, Les Davies conducted us on a brief tour of the facilities of the Centre. The most remarkable feature is surely the twenty-five foot deep diving pool upstairs in the sports hall.

Bill Marlow followed with some observations on the track events in Tokyo. He felt that one clear lesson was that British athletes were good enough to be sent for every event since many of the foreign entrants were barely of good club standard whilst some of the entrants from even the biggest countries were poorly drilled and displayed deplorable techniques. Tom McNab analysed the jumping events and concluded that we obviously had much to be satisfied with. He added however, that it is imperative that we secure better landing areas so that pole vaulters can land on their heads from great heights and still be able and willing to repeat the experiment immediately!

After a short tea-break a quiz panel was enrolled consisting of Denis Watts, John Le Masurier, Sandy Duncan, Robbie Brightwell, and Mike Lindsay, with Doug Mannion in the

chair. The intention had been to consider Tokyo and Mexico City, but the discussion actually ranged over a very wide area of the international scene, coaching selection, management, acclimatisation, transition from school to club and the Cinderella events all entering in. Two main items of interest emerged however. The first was that an Olympic Medical Advisory Committee has been formed under the chairmanship of Sir Arthur Porritt to consider acclimatisation and altitude and to make recommendations including any special exercises to be done on arrival. The second was that the benefits accruing from the optimum period of acclimatisation might have to be balanced against the restlessness and psychological tension resulting from a prolonged absence from home and Village life.

The first session on Sunday morning was opened by Ian Ward, who spoke on Research and Athletic Progress. He pointed out the increasing social responsibilities facing coaches when athletes had to train harder and probably longer than ever before and thought that we often had to ask ourselves whether our first duty was to produce a good athlete who, on retirement, might soon become unemployed, or whether to consider first the athlete's welfare as a citizen. He felt that further advance might be more in the psychological realms but considered that the Loughborough School could still do much to assist with research. Bernard Hopper then described the segmentation method of mechanical analysis as applied to the athlete. This is a very technical and complicated system, involving slow motion loop films taken in a special way and the calculation and plotting of the centre of gravity of every part of the body. The system was recently described in the A.A.A. Coaching Newsletter.

Group study

For the next three one-hour sessions the coaches split into groups each of which studied the findings of an expert who had carried out research into a particular problem. The main findings of these sessions were summarised at a further session of the entire Conference by Wilf Paish, Tom McNab and John Le Masurier. Briefly, these were as follows:—

1. Bert Lockwood showed with film that in the last two strides of the javelin run-up, the checking of the rigid body does not produce quite the hinged motion that had been believed.

2. John Bailey spoke of the chaotic state of sprint coaching information and showed films and described experiments from which he concluded that the emphasis should be on backwards rather than forward movements, and

that we should try to give the athlete the sensation of eating up the ground backwards.

3. Trevor Southall produced films of his experiments with Lynn Davies and came to the astonishing conclusion that when Lynn "attacked" the board, he in fact dipped further and attained a greater acceleration than when he deliberately "sank" on the board. Yet whichever technique he adopted there was a loss of three feet per second on take-off.

4. Tony Elder showed that in the high jump take-off, the free leg came through bent and did not accelerate once it was past the horizontal position and that the arms were not very effective. He therefore suggested that the coach should try to get the athlete to take off at the point where the arm was level with a right angle to the body and thus obtain maximum lift.

5. Bernard Hopper described his hurdling experiments and calculation of the optimum take-off and landing points, which indicate that the centre of gravity has to rise fifteen inches. He had also considered the questions of velocity and acceleration in the sprint and showed how he had measured these as applicable to John Cooper and Robbie Brightwell at Loughborough with the use of improvised instruments. He had concluded that the greatest magnitude of force is vertical and not horizontal and that time in the air is wasted only in the acceleration strides.

6. Nick Whitehead had wondered whether, bearing in mind the latest rules for the box, there was not a more scientific method for selecting relay teams and then deciding on the best order of running, the position of the check marks and the optimum take-over point. The system he has perfected cheaply, deals with all these points and will probably form the subject of an article in the A.A.A. Coaching Newsletter.

7. Ian Ward showed the best methods to change a vaulter from metal to fibreglass pole and of the main ingredients for success in the latter. He concluded that the vaulter should make a fast, hard approach, thrust hard with the lower hand and with arm ahead and get a good lean-back on the pole. There must then be a fast swing up but warned that without a good pole-bend the effort is wasted.

For the final session, Doug Mannion took the chair for an open forum consisting of Ernest Clynes, Arthur Gold, Les Golding and Barry Willis. The session ranged over every subject and became a series of quick question and answer all round the hall. During this, Les Golding said that Courages had paid for a "library" of poles to be kept at Motpur Park for general use. Arthur Gold expressed the hope that some British manufacturer would soon obtain the exact specifications for their construction and then mass-produce them.

This very successful Conference closed with votes of thanks to Doug Mannion, who had arranged it, John Le Masurier who had advised on the programme, and David Fruin, who arranged the accommodation. Some eighty coaches attended, including Commandant J. P. O'Keefe all the way from Dublin, to maintain his unparalleled record for attending technical courses. Seldom have so many pet theories been doubted or so many spanners (real or red herring?) thrown into the works. However we have all been shown more avenues of thought and research which will no doubt be further explored at Loughborough and elsewhere.

NEW MARATHON

Harlow A.C. are thinking of staging a marathon this year, probably in October. Would anyone interested please advise Tom Dradey, 19 The Hornbeams, Harlow, Essex, of their preference of a date around this time.



The start of the Sussex Youths' Championship at Horsham. Geoff Brown (Crawley), No. 17, was the winner.

Sportsview Photo

With The Ladies

MIDLAND SENIOR CHAMPIONSHIP

At Hammerwich, February 13th

Carol Keene, of Westbury, took an early lead but was promptly challenged by Brenda Cook (Bilston Town). The pair raced together for three-quarters of a mile then the Bilston runner drew gradually away. Sheila Taylor (Coventry Godiva) only made sure of gaining third place in the last half mile when she dropped her club mate Elaine Weston. Westbury and Birchfield fought a close battle in the team race with Birchfield just coming out on top.

The two Girls' League Races were well supported and resulted in most satisfactory times and performances.

1. B. Cook (Bilston Town)	25.13
2. C. Keene (Westbury)	25.49
3. S. Taylor (Cov. Godiva)	26.11
4. E. Weston (Cov) 26.20; 5. M. Challenor (N. Staffs) 26.58; 6. S. Arnold (B'field) 27.07; 7. P. Sullivan (West) 27.10; 8. E. Cowan (B'field) 27.19; 9. A. Smith (Bristol) 27.21; 10. B. Jenkins (B'field) 27.23; 11. M. Ashton (B'field) 27.27; 12. J. Warrant (West) 27.38; 13. B. Smith (B'field) 27.46; 14. G. Carpenter (Cov) 27.51; 15. R. Gorton (Broms) 28.02; 16. D. Burnett (West) 28.25; 17. P. Everett (B'field) 28.27; 18. S. Wright (B'field) 28.54; 19. J. Pare (B'field) 29.05; 20. S. O'Dell (B'field) 29.08; 21. J. Restall (Harborne) 29.09; 22. A. Hackett (Har) 29.31; 23. P. Ramm (Broms) 29.44; 24. M. Lewis (Har) 29.45; 25. M. Deeley (Har) 29.53; 26. P. Westley (Cov) 29.55; 27. C. Duckett (Cov) 30.00; 28. S. Marks (Solihull) 30.34; 29. J. Hancocks (Har) 30.34; 30. G. Warner (Sol) 30.46.	

Teams:	Pts.
1. Birchfield	(6,8,10,11) 35
2. Westbury	(2,7,12,16) 37
3. Cov. Godiva	(3,4,14,26) 47
4. Harborne 92.	

GIRLS' LEAGUE RACES

(14/16)

1. J. Coates (Birchfield)	8.42
2. G. Perrins (Small Heath)	8.56
3. M. Weaver (Birchfield)	9.09
4. G. Nelson (West) 9.25; 5. C. Montgomery (Newcastle) 9.27; 6. J. Page (West) 9.32; 7. L. Howell (S. Hth) 9.41; 8. M. Sharples (Cov) 9.51; 9. C. Jones (West) 9.53; 10. S. Charles (New) 9.59; 11. T. Ward (B'field) 10.00; 12. G. Bolton (New) 10.06.	

(U/14)

1. J. Collins (Birchfield)	6.49
2. R. Savigar (Westbury)	6.57
3. B. Harrison (Newcastle)	6.58
4. L. Morrell (New) 7.00; 5. H. O'Connell (Cov) 7.09; 6. S. Lloyd (West) 7.11; 7. J. Blundell (New) 7.13; 8. K. Challinor (Rising	

Brook) 7.19; 9. S. Coates (B'field) 7.23; 10. S. Hobday (B'field) 7.34; 11. M. Pace (B'field) 7.35; 12. J. Udall (B'field) 7.36.

NORTHUMBERLAND & DURHAM

C.C. CHAMPIONSHIPS

At Houghton, February 6th

1. L. Petrie (Houghton)	18.03
2. A. Corcoran (Darlington)	18.27
3. A. Chapman (Gosforth)	18.35
4. M. Punchion (S. Shields) 16.09; 5. M. Dainson (Gos) 16.28; 6. M. McCully (NS Poly) 11.35; 7. B. Coyne (Hough) 16.42; 8. V. King (NSP) 16.54; 9. R. English (NSP) 17.05.	

Intermediate

1. A. Kirtley (Darlington)	8.09
2. A. Brennan (Blaydon)	8.13
3. B. Brewis (Jarrow)	8.16
4. G. Woodhorn (Blay) 8.21; 5. E. Fisher (NSP) 8.24; 6. J. Wailes (Blay) 8.28; 7. M. Strike (Jarr) 8.29; 8. J. Arthur (Sund) 8.52; 9. R. Lamb (Gos) 8.53; 10. M. Pattison (Gos) 8.56.	

Teams :

1. Blaydon	(2, 4, 6) 12
2. Jarrow	(3, 7, 22) 32
3. Gosforth	(9,10,16) 35
4. N. S. Poly 36; 5. Tyne Tech. 57; 6. N.S. Poly "B" 81.	

Junior

1. L. Byers (Blaydon)	4.56
2. G. Lamb (Gosforth)	4.59
3. L. Briggs (Jarrow)	5.01
4. M. Nimmo (NS Poly) 5.09; 5. H. Pearson (NSP) 5.10; 6. S. Armstrong (Jarr) 5.12; 7. A. Sheldon (Houghton); 8. S. Bell (NSP); 9. V. Kerr (NSP); 10. N. Coates (Blay).	

Teams :

1. N. S. Poly	(5, 9, 11) 25
2. Jarrow	(3, 6, 19) 28
3. Blaydon	(1,10, 25) 36
4. N.S. Poly "B" 38; 5. Tyne Tech. 46; 6. Houghton 47.	

January 30th

Crawley 14, Brighton 15, Chichester 24, Chichester "B" 40, at Hove. 1. M. Raybould (Br) 18.18; 2. M. Fuller (Bexhill) 18.35; 3. S. Dyer (Craw) 19.25; 4. B. Benney (Craw) 19.28; 5. S. Lodge (Chic) 20.17; 6. V. Houlahan (Br) 20.20. Crawley 6, Eastbourne 20, Brighton 30, Chichester 38 (Jnrs). 1. J. Newnes (Craw) 11.55; 2. J. Prester (Craw) 12.11; 3. L. Bagley (Craw) 12.11.

ALDERSHOT DISCUS COMPETITION

Aldershot A.C. are repeating last year's very successful National Discus Competition at their Whit Monday Trophy Meeting and increasing the number of invitations to a score of our leading women, including some of our most promising youngsters.

The contest carries three winning awards and a consolation prize for every competitor. Since juniors will obviously have small chance

Continued on page 31

Scottish News

by WILLIE DIVERTY

S.A.A.A. NOTES

It has been agreed to adopt the new age groupings for boys, youths and juniors which have already been adopted in England.

A course for timekeepers is to be held in Edinburgh on April 11th.

The 10 Mile track championship which was dropped when the 6 mile event was introduced is to be revived and will be held in Glasgow on May 1st.

A match with the Army A.A.A. has been arranged for Saturday 31st July at Pitreavie and one with the N.C.A.A.A. at Blackpool on Saturday, September 4th. The S.A.A.A. are to be commended in arranging these fixtures which will give our athletes some first class competition.

S.W.A.A.A. Fixtures, 1965

- May 1 Eastern District Champs., Edinburgh.
1 Western District Champs., Glasgow.
8 Pentathlon Champs., Glasgow.
15 West v. East, Glasgow.
June 12 National Championships, Pitreavie.

Usher-Vaux Awards, 1964

Miss Alix Jamieson (Western AC) was chosen as the Sportswoman of the Year at the Usher-Vaux dinner. Alix is the SWAAA Pentathlon and Long Jump champion and record holder and was a member of Great Britain's team at the Olympic Games in Tokyo. In addition she represented Scotland in several Hockey Internationals last season.

Usher-Vaux Stars were awarded to L. M. Bryce (Edin. Univ.), W. M. Campbell (Glasgow Un.), C. W. Fairbrother (Vic. Pk.), J. A. Jones (Octavians), M. R. Lindsay (QPH), A. F. Murray (Edin. Un.), D. D. Stevenson (Edin. Un.) and Mrs. R. Payne (Anglo-Scots AC).

Inter-Varsity Event, at Edinburgh, February 6th.

Three English and three Scottish teams took part in this event over a six mile course. C. Elson of Edinburgh triumphed by 100 yards in the individual race, a colleague, A. Blamire, running second. Edinburgh also won the team race but by only one point after a very close tussle with Leeds.

1, C. Elson (Edin) 27.08; 2, A. Blamire (Edin) 27.35; 3, J. Shepherd (Leeds) 27.43; 4, J. Hancock (Leeds) 27.47; 5, M. Ramsden (Leeds) 27.50; 6, W. Allen (Edin) 27.53; 7, C. Lord (Edin) 27.58; 8, R. Sims (Leeds) 28.11; 9, M. Holliday (Leeds) 28.14; 10, M. Sinclair (Edin) 28.22; 11, D. Cropper (Leeds) 28.45; 12, J. Bogan (Glasgow) 28.56; 13, B. Covell (Edin) 29.07; 14, A. Yates (Edin) 29.19; 15, M. Little (Edin) 29.25; 16, M. Newton (Newcastle) 29.29; 17, C. Laing (Glas) 29.35; 18, G. Smith (Edin) 29.43; 19, O. Brice (Durham) 29.48; 20, N. Allison (New) 29.57.

Teams: 1, Edinburgh (1,2,6,7,10,13) 39 pts;

2, Leeds (3,4,5,8,9,11) 40; 3, Durham (19,21,22,23,25,28) 138; 4, Newcastle (16,20,26,27,32,34) 155; 5, Glasgow (12,17,29,38,40,43) 179; 6, St. Andrews (30,33,35,39,41,42) 220.

Inter-Counties, at Cleland, February 6th. Lanarkshire pulled off a treble by winning the team event in each of the three categories and they also provided two of the individual winners. In the Senior race J. L. Stewart (Dumbarton) beat A. Carse (Midlothian) by about 120 yards in 32.24, while Eddie Knox (Lanarkshire) romped home in the Youths with 250 yards to spare. T. Paterson of Lanarkshire gained a comfortable victory in the Boys' event, finishing nearly 60 yards in front of J. Cooke (Dumbarton).

1, J. L. Stewart (Dumbarton) 32.24; 2, A. Carse (Midlothian) 32.59; 3, R. Wedlock (Lanark) 33.04; 4, J. R. Johnstone (Lanark) 33.15; 5, A. P. Brown (Lanark) 33.25; 6, J. Brennan (City of Glasgow) 33.45; 7, I. Donald (Dumb) 33.49; 8, D. Simpson (Lanark) 34.02; 9, W. H. Barrow (Glas) 34.05; 10, I. Macpherson (Glas). Teams: 1, Lanarkshire (3,4,5,8,14,15) 49 pts; 2, City of Glasgow (6,9,10,11,12,17) 65; 3, Dumbartonshire (1,7,20,27,30,33) 118; 4, Renfrewshire 143; 5, Midlothian 171. (Youths 3M) 1, E. Knox (Lanark) 16.09; 2, C. Martin (Dumb) 16.52; 3, F. Farrell (Lanark) 16.55; 4, F. Steel (Mid); 5, T. Dobbin (Ren); 6, J. McKay (Mid); 7, J. Fairgrieve (Mid); 8, W. Kerr (Mid); 9, R. Anderson (Lanark); 10, M. McMahon (Lanark). Teams: 1, Lanarkshire (1,3,9,10) 23 pts; 2, Midlothian (4,6,7,8) 25; 3, Renfrewshire (5,13,19,23) 60. (Boys 1½M) 1, T. Paterson (Lanark) 8.19; 2, J. Cooke (Dumb) 8.30; 3, M. McLennan (Mid) 8.31. Teams: 1, Lanarkshire (1,6,10,11) 28 pts; 2, Midlothian (3,14,17,20) 54; 3, Renfrewshire (7,9,19,25) 60.

Kilmarnock H. Womens' 3½ Miles, February 6th. 1, G. Buchanan (Western AC) 24.16; 2, C. Kelly (Maryhill) 24.25; 3, M. Crawford (Mary) 25.52; 4, L. Watson (Mary) 25.48; 5, P. Spence (Rankin Pk) 25.59; 6, R. Docherty (R. Park) 26.34; 7, A. Lusk (Springburn) 28.45; 8, J. Bell (R. Park) 31.02; 9, E. Carson (R. Park) 34.30. H'cap: M. Crawford (Maryhill) 0.55, 26.47.

ISLE OF MAN

EASTER ATHLETIC FESTIVAL

(Under A.A.A. Laws)

TROPHIES & PRIZES VALUED £100

17th April—Open 4½ Mile Road Race

(Awards to all Competitors)

18th April—Manx Relay Trophy

4 x 5 Mile Relay for above award

(All Competitors receive awards)

For Details of Festival and travel arrangements: M.A.A.C., "Lyndale," Homefield Villas, Ballasalla, I. of Man.

Entries Close 18th March

Simmons Leads All The Way In Shaftesbury Boys' Race

At Parliament Hill, February 6th

TONY SIMMONS of Luton United was an outstanding winner in the 11th annual Shaftesbury Harriers 2 Miles Team race. Following his recent successes he started as favourite and from the gun went to the head of the large field. There he stayed, coming home in a time of 10.52, 150 yards ahead of David Williams (Woodford Green) 11.23 and Andrew Lay (Luton Utd.) 11.29, both of whom had been up at the front for most of the way. A. Montgomery closed in the Luton team in 9th position, giving them a clear win with 12 points.

In the newly inaugurated Under 14 race, Bill King of Feltham was another clear winner. He completed the 1½ mile course in 9.34, 75 yards ahead of Peter McDonald of Wigan with Brian Banks (Luton Utd.) third.

1. A. Simmons (Luton United) 10.52
2. D. Williams (Woodford Green) ... 11.23
3. A. Lay (Luton United) 11.29
4. D. Bedford (Shaftesbury) 11.32; 5. T. Durrant (Shaft) 11.36; 6. S. Leonard (TVH) 11.38; 7. R. Smith (Crown & M) 11.39; 8. F. Milton (Brighton-ind) 11.41; 9. A. Montgomery (Luton) 11.42; 10. D. Colton (Eton Manor) 11.43; 11. J. Wainwright (C & M) 11.44; 12. R. Townsend (Ponders End) 11.47; 13. S. Boden (Welwyn) 11.50; 14. P. Pountney (Wolv'n) 11.54; 15. J. Collins (Hornsey St M) 11.55; 16. K. Addis (Wolv) 11.56; 17. G. Hallett (Finchley) 11.57; 18. J. Reith (TVH) 12.01; 19. M. Melder (Mitcham) 12.03; 20. A. Jones (Rochester) 12.04; 21. A. Pretty (TVH) 12.05; 22. J. Lee (Mit) 12.06; 23. R. Sluce (EM) 12.07; 24. R. Kyriacou (QPH) 12.08; 25. P.

Davies (Wolv) 12.11; 26. P. Tucker (TVH) 12.11; 27. K. Preece (Wolv) 12.13; 28. D. Wilkinson (S'gate) 12.14; 29. P. Russell (Roch) 12.15; 30. D. Roots (Roch) 12.16; 31. P. Cummins (C & M) 12.20; 32. P. Bennett (Mit) 12.21; 33. A. Cater (Wel) 12.22; 34. M. Buckland (TVH "B") 12.23; 35. J. Law (EM) 12.28; 36. S. Lewin (P. End) 12.31; 37. I. Thompson (Luton) 12.31; 38. F. Roberts (Shaft) 12.31; 39. A. Creamer (Luton) 12.34; 40. A. Harper (P. End) 12.35.

Teams:		Pts.
1. Luton United	(1, 3, 8)	12
2. Thames Valley	(6,17,20)	43
3. Shaftesbury	(4, 5,37)	46
4. Crown & Manor 47; 5. Wolverhampton 52;		
6. Eton Manor 65; 7. Mitcham 70; 8. Roch-		
ester 76; 9. Ponders End 85; 10. Welwyn 91;		
11. Woodford Green 119; 12. Norfolk Gazelles		
126; 13. Finchley 147; 14. Queens Park 155;		
15. Southgate 164; 16. Ponders End "B" 208;		
17. Hampstead 220; 18. Shaftesbury "B" 231;		
19. Queens Park "B" 245.		

(U/14)

1. W. King (Feltham) 9.34
2. P. McDonald (Wigan & Dist) 9.48
3. B. Banks (Luton United) 9.51
4. M. O'Hara (C & M) 9.55; 5. R. Leigh (Warrington) 9.58; 6. I. Clench (TVH) 10.03; 7. S. Ponting (WG) 10.10; 8. T. Gregory (Warr) 10.14; 9. K. Starkey (Warr) 10.16; 10. M. Driscoll (Warr) 10.20; 11. D. Matthews (Finchley) 10.21; 12. P. Priest (Belgrave) 10.28; 13. J. Caparda (Mitcham) 10.32; 14. R. Moules (Enfield) 10.35; 15. M. MacLannan (En) 10.36; 16. M. Axford (WG) 10.37; 17. J. Elliott (P. End) 10.40; 18. R. Bradbury (TVH) 10.41; 19. M. Parish (P. End) 10.42; 20. T. Walters (P. End) 10.42; 21. P. Rusted (Feltham) 10.43; 22. B. Fishpool (P. End) 10.43; 23. K. Humphrey (C & M) 10.44; 24. J. Parnell (WG) 10.46; 25. J. Tooley (Welwyn) 10.52.



Pam Jones (Ilford) followed by Sue Tulloh (London Olympiades), with Maureen Conlan (Dartford) immediately behind, and Margaret Bram (Aldershot) on the left, on the first lap of the Southern Women's Senior C.C. Championship at Romford.

Ron Linstead

Other Results

January 20th

King Henry VIII. Sch. 28, St. Peter's TC
58. 1, H. Smith (KH) 33.43; 2, B. Smith (KH) 34.21; 3, D. Gadsby (SP) 34.40; 4, P. Gibson (KH) 34.57.

January 23rd

King Henry VIII. 29, King Edward VI 49.
1, H. Smith (KH) 21.42; 2, G. Simmons (KE) 21.47; 3, B. Smith (KH) 21.56; 4, J. Kockelbergh (KH) 22.23. **King Henry "B" 33, King Edward "B" 45.** 1, Dale (KH) 23.42; 2, Walker (KH) 24.48; 3, Harker (KE) 24.51; 4, Chell (KE) 24.54.

Bilborough GS 35, Oxford Univ. III. 43, at Oxford. 1, Stacey (OU-guest) 24.24; 2, Peel (OU) 24.41; 3, Mettrick (OU-guest) 24.45; 4, Blatherwick (B) 24.47; 5, Lewinski (B) 24.48; 6, Ball (OU) 25.25.

St. Dunstan's 28, Mill Hill 54, at Hayes. 1, Starkey (MH) 23.27; 2, Mahoney (St. D) 23.36; 3, Hatchett (St. D) 23.43; 4, Ells (St. D) 23.47; 5, Brightwell (St. D) 23.59; 6, Caie (St. D) 24.31. **St. Dunstan's 32, Mill Hill 46 (U/16).** 1, Belden (MH) 22.00; 2, Larder (St. D) 22.10; 3, Shirley (MH) 22.40; 4, eq. Gibson and MacDermot (St. D) 23.05; 6, Hill (St. D) 23.10.

Leeds St. Mark's Club Champs. 1, M. Baxter (Scr) 34.07; 2, M. Wells (1.20) 35.32; 3, B. Bloom (4.00) 38.20; 4, D. Wood (3.00) 37.43; 5, D. Hodgson (0.25) 35.43; 6, K. Rayson (4.00) 40.07. (Yth/Boys) 1 eq., S. Foxcroft (0.30) 18.36 and P. Stringer (0.40) 18.46; 3, A. Sedgwick (scr) 18.12; 4, H. Gill (3.00) 21.46; 5, D. Crisp (0.55) 20.29; 6, G. Connor (0.15) 19.35.

January 27th

Wycliffe Coll. 39, Sir Thomas Richs 39. 1, A. Daykin (STR) 29.00; 2, A. King (STR) 30.05; 3, B. Pensom (STR) 30.10; 4, J. Warner (WC) 30.30; 5, J. Pridham (WC) 31.15; 6, Gauntlett (WC) 31.30.

URGENT!

Club Secretaries Please Note BLACKHEATH HARRIERS OPEN ROAD RELAY

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SATURDAY, 18th SEPTEMBER, 1965
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Retford GS 26, Ordsall Hall 91, Retford "B" 101, Sir Frederick Milner 127 (U/16). 1, Minnitt (R) 18.32; 2, Beall (R) 18.35; 3, Bateman (R) 18.38; 4, Cook (OH) 18.41; 5, Mable (R) 19.36; 6, Chapman (Ret "B") 19.37. **Retford 40, Sir F. Milner 42, Ordsall 105, Ordsall "B" 196, Milner "B" 209 (U/14).** 1, Hall (R) 14.22; 2, Williams (SFM) 15.08; 3, Minnitt (R) 15.11; 4, Wright (SFM) 15.22; 5, Mowbray (SFM) 15.38; 6, Jervis (R) 15.40.

Abingdon Sch. 49, St. Barts GS 65, Reading Sch. 66 (O/16). 1, Avery (A) 22.37; 2, Berry (St B) 22.51; 3, Pearman (R) 23.03; 4, Diffey (A) 23.09; 5, Poynter (N) 23.16; 6, Sales (R) 23.44. **Reading 37, St. Barts 41 (U/16).** 1, Stevens (St B) 20.51; 2, Knott (R) 21.00; 3, Cripps (St B) 21.39; 4, Lawton (R) 21.46; 5, Watt (R) 22.00; 6, Klein (R) 22.02.

Kings School 67, Caterham Sch. 67, S.L.H. 87, Whitgift 100, Ardingly 206 (O/16), at Coulsdon. 1, A. Avila (SLH) 18.54; 2, J. Rix (C) 19.25; 3, D. Swanson (SLH) 20.30; 4, Westoby (C) 20.46; 5, Bishop (K) 20.52; 6, P. Roberts (SLH) 20.59. **Caterham 12, Whitgift 34, S.L.H. 42, Ardingly 48 (U/16).** 1, London (C) 16.44; 2, N. Lord (SLH) 16.49; 3, Fulcher (W) 17.01; 4, Porter 17.10; 5, Weeks 17.18; 6, Kleinbert 17.28 (all C). **S.L.H. Boys Champs.** 1, Lord; 2, N. Borham 17.41; 3, A. Campbell 17.59.

Basildon A.C. Champs. 1, J. Webb 41.10; 2, G. Hodgson 42.33; 3, T. Birch 44.12. H'cap: Webb scr, 41.10. (Jnrs) 1, B. Lester 30.23; 2, T. Kidgell 33.07; 3, D. Hurley 36.59. H'cap: Kidgell (3.00) 30.07. (Boys) 1, P. Bishop 14.36; 2, P. Mills 17.43; 3, N. Chapman 18.34. H'cap: Chapman (4.30) 14.04.

Birchfield H. Final Members League. 1, D. H. Davies 27.25; 2, I. Brotherton 27.35; 3, P. Morris 28.05; 4, T. Bee 28.10; 5, R. Gibbs 28.25; 6, A. Norris 28.35. (Yths) 1, I. Stewart 15.35; 2, A. Freer 15.55; 3, R. Davies 16.10. **Worthing 29, Brighton 33, Crawley 69, Eastbourne Rovers 80, at Hove.** 1, C. Carter (Hove) 32.16; 2, P. Robinson (W) 32.18; 3, R. Edwards (B) 33.02; 4, C. Howard (W) 33.19; 5, G. Scott (TVH) 33.33; 6, D. Budde (Hove) 34.11.

Brighton 13, Crawley 32 (Yths). 1, W. Mullett (B) 18.10; 2, T. Stephenson (B) 18.25; 3, G. Brown (C) 18.35; 4, L. Barden (B) 18.39; 5, B. Concannon (C) 19.17; 6, D. Welch (B) 19.22. **Brighton 13, Bexhill 25, Eastbourne 53, Bexhill "B" 57 (Boys).** 1, F. Milton (Br) 19.31; 2, M. Locke (Bex) 19.34; 3, E. Cairns (Br) 19.56; 4, D. Pellett (Br) 20.01; 5, P. Turner (Br) 20.45; 6, S. Matthews (Bex) 20.53.

North Staffs 12, West Midlands TC 36, Staffs TC 44, at Madaley. 1, Rhodes (NS) 26.50; 2, Hope (NS) 27.07; 3, Merfin (NS) 27.44; 4, Wade (WM) 27.52; 5, Boyle (WM) 27.56; 6, Bowers (NS) 28.02.

Wrexham A.C. Youths Champs. 1, A. Breakwell 14.57 (course rec); 2, D. M. Jones 15.03; 3, P. Bateman 15.35; 4, A. Edwards 15.37; 5, C. Eames 15.49; 6, G. Pemberton 15.50.

trackwise

OLYMPIC CHAMPION RANKED ONLY 4th!

THE big surprise of the 18th annual world rankings compiled for *Track & Field News* by Don Potts and Roberto Quercetani is that Hungary's Gergely Kulcsar is nominated the year's top javelin thrower. Kulcsar, who placed second in Tokyo with a personal best of 270'1"/82.32 (a mark beaten by eight other spearman in 1964), is rated ahead of Janusz Sidlo, world record holder Terje Pedersen and Olympic champion Pauli Nevala, in that order.

The compilers explain: "This was one of the most difficult events to rank. Our choice for first may surprise quite a few statisticians. However, Kulcsar had a perfect record prior to the Olympic Games, in which he achieved the longest throw of his career and missed the gold medal by a foot or so. Significant of his class as a competitor is the fact that he achieved his second and third best marks of the year in beating such men as Sidlo, Nevala and Kinnunen. On the win-loss record, Kulcsar thus stopped all his rivals. Sidlo again missed his target for the year and also lost the Polish title as well as in encounters with Kulcsar (0 to 2) and Lusis (1 to 3), but he outdid world record holder Pedersen (3 to 1) and was, on the whole, the most consistent of all. That amply suffices to earn him second. Pedersen beat the Finns in early season meets, that being his only title of glory in hot competition. His record marks, however, were considered good enough to earn him a bronze medal in our Ranking. Next comes Nevala, who surprised even himself in winning the Olympic title after a good but not exceptional season."

More predictably, perhaps, one other Olympic champion failed to earn number one ranking: Lynn Davies. "Boston," write the judges, "even with his Olympic defeat, turned in the greatest season ever in this event. Davies with the gold medal rates no worse than second, although he split with Ter-Ovanesyan in two encounters."



GERGELY KULCSAR Ed Lacey

Everyone is entitled to their own opinion in assessing the merits of various athletes. My own view is that in Olympic year the gold medallist is automatically the top man in his event—provided all other claimants were present at the Games. What does it matter if an athlete showed poor form and lost competitions in June, July and August, if all the time he was aiming to be at his peak (or high level plateau) in October? It's hardly much compensation to know that in mid-summer you beat the subsequent Olympic champion when at the Games themselves (which are recognised by the IAAF as the official world championships) you fail to make the final.

Here are the ranking which are based on (1) honours won; (2) win-loss record; (3) sequence of marks:—

100m: 1, Hayes; 2, Figuerola; 3, Jerome; 4, Jackson; 5, Roberts; 6, Carr; 7, Esteves; 8, Ashworth; 9, Maniak; 10, Schumann.

200m: 1, Carr; 2, Drayton; 3, Roberts; 4, Hayes; 5, Jerome; 6, Ottolina; 7, Berruti; 8, Stebbins; 9, Foik; 10, Badenski.

400m: 1, Larrabee; 2, Mottley; 3, Badenski; 4, BRIGHTWELL; 5, Williams; 6, Cassell; 7, Trousil; 8, Tobler; 9, GRAHAM; 10, Bernard.

800m: 1, Snell; 2, Crothers; 3, Kiprugut; 4, Kerr; 5, Siebert; 6, Groth; 7, Farrell; 8, Bogatzki; 9, BOULTER; 10, Pennewaert.

1500m: 1, Snell; 2, Odlozil; 3, Davies; 4, SIMPSON; 5, Burleson; 6, Baran; 7, O'Hara; 8, Grelle; 9, Jazy; 10, Bernard.

WORLD
Athletics

edited by Melvyn Watman

5000m: 1, Schul; 2, Clarke; 3, Norpoth; 4, Jazy; 5, Baillie; 6, Dellinger; 7, Keino; 8, WIGGS; 9, Bolotnikov; 10, Roelants.

10,000m: 1, Mills; 2, Gammoudi; 3, Clarke; 4, Wolde; 5, Ivanov; 6, Halberg; 7, Dutov; 8, HILL; 9, Roelants; 10, Tsuburaya.

3000mSC: 1, Roelants; 2, HERRIOTT; 3, Belyayev; 4, Aleksiejunas; 5, de Oliveira; 6, Young; 7, Texereau; 8, Gustafsson; 9, Naroditskiy; 10, Span.

110mH: 1, Jones; 2, Lindgren; 3, Mikhailov; 4, Ottoz; 5, Davenport; 6, Rogers; 7, B. May; 8, Duriez; 9, Gurbachan Singh; 10, Cornacchia.

400mH: 1, Cawley; 2, COOPER; 3, Hardin; 4, Frinolli; 5, Morale; 6, Luck; 7, Knoke; 8, Atterberry; 9, Anisimov; 10, Roche.

HJ: 1, Brumel; 2, Thomas; 3, Rambo; 4, Shavlakadze; 5, Czernik; 6, Ni Chih-chin; 7, Pettersson; 8, Caruthers; 9, Nilsson; 10, Idriss.

PV: 1, Hansen; 2, Reinhardt; 3, Preussger; 4, Pennel; 5, Tomasek; 6, Lehnertz; 7, Tork; 8, Morris; 9, Bliznyetsov; 10, Meyers.

LJ: 1, Boston; 2, DAVIES; 3, Ter-Ovanesyan; 4, Hopkins; 5, Barkovskiy; 6, Mays; 7, Vaupsas; 8, Shinnick; 9, Horn; 10, Miller.

TJ: 1, Schmidt; 2, Kravchenko; 3, Fyedosseyev; 4, ALSOP; 5, Chien Chao-chung; 6, Davis; 7, Ciochina; 8, Hinze; 9, Stoykovskiy; 10, Kreyer.

SP: 1, Long; 2, Matson; 3, Varju; 4, O'Brien; 5, Komar; 6, Lipsnis; 7, Davis; 8, Karasyov; 9, Nagy; 10, Gubner.

DT: 1, Oerter; 2, Danek; 3, Weill; 4, Silvester; 5, Babka; 6, Piatkowski; 7, Begier; 8, Zemba; 9, Szechenyi; 10, Passey.

HT: 1, Klim; 2, Zsivotzky; 3, Bakarinov; 4, Connolly; 5, Thun; 6, Nikulin; 7, Beyer; 8, Eckschmidt; 9, Kondrashov; 10, Rudenkov.

JT: 1, Kulcsar; 2, Sidlo; 3, Pedersen; 4, Nevala; 5, Lasis; 6, Kinnunen; 7, Nikiciuk; 8, Kuznyetsov; 9, Rasmussen; 10, von Wartburg.

Gentle art of high jumping

Promising high jumper Michael Campbell, who is featured in this week's "Who's Who", can boast of an unenviable record in his chosen event. He writes: "You may be interested to know that while high jumping I have broken my leg in two places, broken my right wrist

twice, dislocated my neck, spiked my leg several times, strained my back, sprained my ankle, landed on nails in the pit and been hit over the head by falling bars—resulting in costs of over £30 in fees to specialists for treatment. No, I don't know why I go on jumping . . . perhaps I should take up some safe sport like lion taming."

Michael's present trouble is an injured knee: "It is preventing me doing any serious training at the moment, and is usually too painful to walk on the day after a competition."

Once Frost-bitten twice shy . . .

A name I omitted from the recent "Mostest of the Year" feature—and which I rectify now—is Brian Frost. As the bore of the year he is in a class of his own.

The Brian Frost saga began some seven years ago. I believe it was the *Daily Mail* that first projected him to fame. They published an article stating that Frost (apparently aged 19) claimed to have run 10,000m in 29:04 and covered 11 miles 990 yards in the hour—the British records at that time (February, 1958) standing at 29:06.4 by George Knight and 12 miles 69 yards by Fred Norris. He "expects to beat Zatopek's record of 12 miles 810 yards within a month or so" and "hopes to be breaking 29 minutes before long."

In a letter to *Athletics Weekly* the following month, Terence Brann wrote: "I read in one newspaper that he does for his training 40 x 440 on certain days, and have in fact seen him doing them, but unfortunately I cannot verify that he completed his schedule for he appeared to have an extraordinarily long rest between each quarter—about two hours. He has had a 3 miles race, so I have been told, and was said to have finished in about 18½ minutes 'on his knees', but perhaps he did have an excuse here for as someone aptly commented: 'it's harder that way'."

Now our hero is back in the news again: he has beaten the record for the John o'Groat's to Land's End run—and, still more remarkably, has yet to celebrate his 20th birthday.

The *Western Morning News* of January 25th 1965 reports: "Brian Frost, the 19-year old Southampton youth, arrived at Land's End on Saturday evening, 11 days, seven hours and 10 minutes after leaving John o'Groat's, setting a new record for the run. The previous record is believed to have been 14 days, and to have been set up 200 years ago."

"Arriving in darkness, drizzling rain, and half a gale, and with a torn leg muscle, Brian was in the last stages of exhaustion. 'It has been murder for the last two miles,' he said. 'I could not bend my leg at all.'"

"The last lap has been sheer will power on his part," said Peter Jefferies, one of his team mates who accompanied him in a car. (Strictly no comment—M.W.)

Continued on page 24



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U.K. YOUTHS 'TOP TEN' 1964

Compiled by Ian R. Smith on behalf of the NUTS

†=born between 1.1.47 and 1.4.47 inclusive

100 YARDS

9.9	†Hugh Baillie (Bellahouston)	2.5
10.0	†Michael Etheridge (Southampton)	28.5
10.0	David Harcombe (Blyth GS)	13.7
10.1	Simon Davies (Bingley)	19.5
10.1	Michael Burke (The Becket S)	26.5
10.1	†John Mitchell (Lancing C)	30.5
10.1	James Vivian (Belgrave)	30.5
10.1	Nicholas Mote (Croydon)	30.5
10.1	†Richard Porter (Chichester)	30.5
10.1	Michael Gray (Chippenham GS)	27.6
10.1	Roger Herbert (Windsor/Eton)	4.7

wind-assisted

9.9	Richard Lloyd (Aberystwyth)	6.6
9.9	Paul Williams (Sale)	5.8
10.0	Michael Gray (Chippenham GS)	25.7

220 YARDS

22.0	†Hugh Baillie (Bellahouston)	20.6
22.5	Nicholas Mote (Croydon)	14.5
22.5	Simon Davies (Bingley)	23.5
22.6	Roger Herbert (Windsor/Eton)	5.7
22.6	David Harcombe (Blyth GS)	17.7
22.7	James Vivian (Belgrave)	30.5
22.7	Hamish Robertson (Hutchesons)	5.9
22.8	David Lawrence (North Shields)	13.7
22.8	Michael Burke (The Becket S)	12.9
22.8	Grenville Wollerton (Lincoln)	12.9

wind-assisted

21.3	†Hugh Baillie (Bellahouston)	30.5
22.3	†Richard Porter (Chichester)	23.5
22.3	†John Mitchell (Lancing C)	23.5

440 YARDS

50.0	Roger Herbert (Windsor/Eton)	17.7
50.3	†Andrew Wallace (Darlington)	5.9
50.6	Lindsay Galloway (Geo Heriots)	25.7
50.8	†Hugh Baillie (Bellahouston)	26.5
51.0	Joseph Wall (Liverpool)	20.6
51.0	David Smale (St. George GS)	18.7
51.0	†Stuart Lomax (Bury/Radcliffe)	12.8
51.1	J. Thomas (Howardian HS)	10.6
51.3	John Greatrex (South London)	30.5
51.3	Bryan Williams (Birkenhead S)	30.5
51.3	David Weeks (Mitcham)	8.6

880 YARDS

1:54.2	David Wilcox (Notts)	5.9
1:56.2	Peter Stewart (Birchfield)	23.6
1:56.3	Geoffrey Brown (Crawley)	7.8
1:56.5	Thomas Dobbin (Greenock G)	7.8
1:56.6	Robert Littlefield (Kings S)	18.7
1:57.0	Robert Steele (Birchfield)	18.7
1:57.0	Anthony Barrett (Bedford S)	18.7
1:57.2	†Paul Bateman (Mold Alun GS)	4.7
1:57.4	Colin Church (Walton)	5.9
1:57.7	Trevor Dean (Sale)	18.7

1 MILE

4:17.8	Colin Church (Walton)	9.9
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4:17.9	Peter Stewart (Birchfield)	13.6
4:18.8	Stephen Badgery (Mitcham)	9.9
4:19.2	David Brennan (Warrington)	25.7
4:19.7	Edward Knox (Springburn)	27.6
4:19.8	Andrew Reade (Oldham/Royton)	29.7
4:20.8	Gerald King (Windsor/Eton)	4.7
4:20.8	Timothy Overington (Wirral)	12.9
4:21.0	†David Hindley (Waterloo)	15.8
4:21.2	John Offord (Leicester CAT)	16.5

2 MILES

8:58.6	Edward Knox (Springburn)	5.9
9:09.8	Stephen Badgery (Mitcham)	10.6
9:12.6	†David Atkin (Airedale)	11.7
9:16.2	Peter Stewart (Birchfield)	11.8
9:19.8	John Fewery (Blackpool/Fylde)	18.7
9:20.2	†David Worden (Blackburn)	12.8
9:25.0	David Stewart (Thames Valley)	4.8
9:26.0	Timothy Overington (Wirral)	5.9
9:32.0	David Wilcox (Notts)	23.7
9:32.4	Gerald King (Windsor/Eton)	30.6

3 MILES

14:16.4	†David Atkin (Airedale)	25.4
14:27.2	Stephen Badgery (Mitcham)	18.7
14:30.6	Edward Knox (Springburn)	4.5
14:48.6	John Offord (Leicester CAT)	10.6
15:13.2	†Charles Roberts (Westbury)	26.8

1,000 METRES STEEPLECHASE

2:37.7	†David Hindley (Waterloo)	15.8
2:49.2	Roger Pontefract (Abbeydale S)	18.7
2:50.6	Robert Groom (Warners End SS)	18.7
2:51.5	James Roberts (Orange Hill GS)	18.7
2:53.2	Henry Bartrope (St. Josephs TS)	18.7
2:54.4	Roy Snow (Ilford CHS)	18.7
2:55.3	John Berton (Watford)	4.7
2:56.0	David Francis (Romford)	19.5
2:56.4	Michael Aylett (Walthamstow)	30.5
2:56.8	Peter Stewart (Birchfield)	9.7

1,500 METRES STEEPLECHASE

4:23.3	†David Hindley (Waterloo)	25.7
4:26.9	†Roy Fox (Southampton)	8.8
4:30.4	Haydon Coyle (Gateshead)	22.7
4:30.5	Ronald McAndrew (Wigan & D)	22.3
4:32.0	Michael Candlish (Jarrow)	22.7
4:33.0	John Dryden (South Shields)	22.7
4:35.8	John Trainor (Gateshead)	22.7
4:37.2	Alan Bone (South Shields)	22.7
4:39.4	Joseph Bulman (North Shields)	22.7
4:39.8	David Francis (Romford)	9.5

110 YARDS HURDLES (36")

13.9	David Reid (Milford Haven GS)	11.7
14.1	Gareth Edwards (Pontardawe S)	24.7
14.2	Francis White (King Edward VI)	14.5
14.2	Andrew Todd (Brighton)	13.6
14.2	Stephen Fulford (Southampton)	20.6
14.2	Lyn Williams (Birkenhead PHS)	20.6
14.3	Angelus Wideson (Quinton S)	26.5

14.3	George Hilsdon (Ilford)	20.6	44'7½"	James Bucknall (Weston S-M GS)	18.7
14.4	Ronald Hamilton (Dalziel HS)	20.6	44'7"	†Alan Pitt (Boreham Wood)	9.9
14.1	Graham Gower (Gravesend GS)	9.9			

wind-assisted

13.8	William Christie (Essex B)	30.6	56'7½"	Rodney Speed (Dr Morgan's GS)	17.7
14.1	Stephen Fulford (Southampton)	9.9	55'7"	Andrzej Drzewiecki (St Jos C)	23.5
14.4	Graham Gower (Gravesend GS)	8.8	55'5½"	Anthony Landon (Kenilworth GS)	4.7
			55'1½"	Laurence Tansley (The Becket S)	4.7
			54'8"	Alexander Vyperis (Airedale)	29.8
			54'0"	†Maxwell Jones (Billingham)	24.6
			53'11½"	Michael Winch (Brighton)	25.11
			53'6"	Robert Clarke (Okehampton GS)	17.7
			52'7½"	Robert Boyd (Kimbolton S)	30.5
			51'8½"	Chris Wilding (Blackpool/F)	15.7

SHOT (10 lb.)

22.9	Hamish Robertson (Hutchesons)	25.7	195'7½"	Robert Boyd (Kimbolton S)	4.7
23.8	David Reid (Milford Haven GS)	11.7	189'7"	Andrzej Drzewiecki (St Jos C)	25.7
23.8	Graham Gower (Gravesend GS)	17.7	189'1"	Nigel Wilson (The Becket S)	11.7
23.9	Gareth Edwards (Pontardawe S)	9.6	186'1½"	Stephen Hall (Doncaster PWAC)	18.7
23.9	†John Kinahan (Stowe S)	4.7	182'5"	James Todd (Bryanston S)	6.6
24.0	Martin McDonagh (Bristol)	—	180'0½"	Alexander Vyperis (Airedale)	30.8
24.0	Graham Gordon (Bucklers MS)	17.7	177'9"	Nigel Goodman (Wellesbourne S)	16.5
24.1	Peter Cooper (Ellesmere C)	17.7	177'7"	John Mounsey (Flintshire TC)	14.6
24.2	John Beighton (Denstone C)	16.7	174'6"	Liam Bradley (St Josephs C)	4.7
24.7	Roy Bailey (Ald. Newton's GS)	28.5	173'8"	John Boakes (Dartford)	29.8

DISCUS (1 Kilo)

6'3"	Richard McWhirter (Birchfield)	22.8			
6'0½"	†Edwin Clarke (Birchgrove)	22.8			
6'0"	Phillip Dyson (Egerton Park S)	27.6			
5'11"	†Andrew Kenyon (Dover C)	11.6			
5'11"	Robert Scott (Nunthorpe GS)	27.6			
5'11"	Ian Cooper (Cheadle/Gatley)	27.6			
5'10½"	Michael Shone (Flintshire TC)	20.6			
5'10"	Leonard Penman (Beath HS)	6.6			
5'10"	Derek Allen (Rich. C. Thomas S)	13.6			
5'10"	Chris Dann (Kings Norton GS)	27.6			
5'10"	Robin Souter (Springburn)	27.6			

HIGH JUMP

178'7"	Chris Davison (North Shields)	22.8			
176'4½"	†Barry Williams (Wirral GS)	20.6			
176'3"	Anthony Swain (Ipswich)	13.6			
169'7"	John Sivak (Ipswich)	13.6			
167'1"	†Barrie Crowther (Rochdale)	4.7			
161'11"	Reinfried Bardelang (Croydon)	27.6			
161'1½"	Donald Harrigan (Woodford G)	17.7			
160'8"	†Clive Foster (Woodford Green)	29.8			
160'0"	Robert Gallagher (Wirral GS)	17.7			
156'6"	†John Coffin (Birchfield)	20.6			

HAMMER (10 lb.)

	(* = with Junior Hammer)				
214'1"	Nigel Sherlock (Westbury)	27.6			
196'7½"	David Mole (Surrey AC)	28.7			
193'9"	Dennis Carley (B'ley-Erith HS)	27.6			
193'2½"	Richard Perkins (Bramcote TS)	11.7			
193'2"	Malcolm McNeil (Wim'e QES)	17.7			
190'5"	Graham Robinson (A'von BC)	18.7			
190'4"	David Evans (Waterloo)	29.8			
189'11½"	†David Sorrell (Brentwood)	8.8			
186'9"	Michael Mills (Dungannon RS)	24.6			
186'4½"	Andrew Bosworth (Notts)	4.7			

JAVELIN (700 Grammes)

	(* = with 800 Gr.)				
6:59.4	Robert Care (Smethwick)	4.7			
7:04.2	Robert Hughes (Smethwick)	4.7			
7:31.5	Wilf Holloway (Metropolitan WC)	25.4			
7:32.2	Allan Smith (Sheffield United)	8.8			
7:33.4	Barry Norton (Leicester WC)	4.7			
7:42.1	John Smith (Essex B)	20.6			
7:43.8	Derek Moore (Twickenham)	27.6			
7:48.0	Stephen Fish (Steyning)	16.7			
7:49.8	R. Regan (Coventry)	13.6			
7:52.6	Michael Munro (Ald. Blaxill S)	20.6			

1 MILE WALK

47'11"	Hamish Robertson (Hutchesons)	25.7			
45'10"	Albert Darby (St. Michaels S)	18.7			
45'8½"	David Lawrence (Small Heath)	4.7			
45'4½"	A. Shoebridge (Berks. Schools)	18.7			
45'2"	†Philip Levy (Wanstead CHS)	15.11			
45'0½"	Alan Macorison (Lincoln TC)	20.6			
45'0½"	†Robin Seeley (Southgate)	27.6			
44'10"	Gwynn Davis (Aberystwyth)	25.7			

TRIPLE JUMP

22'10"	Alan Lowndes (Thorne GS)	17.7			
22'0"	John Bailey (Trifield CSS)	27.6			

wind-assisted

22'10"	Alan Lowndes (Thorne GS)	17.7			
22'0"	John Bailey (Trifield CSS)	27.6			

TRIPLE JUMP

47'11"	Hamish Robertson (Hutchesons)	25.7			
45'10"	Albert Darby (St. Michaels S)	18.7			
45'8½"	David Lawrence (Small Heath)	4.7			
45'4½"	A. Shoebridge (Berks. Schools)	18.7			
45'2"	†Philip Levy (Wanstead CHS)	15.11			
45'0½"	Alan Macorison (Lincoln TC)	20.6			
45'0½"	†Robin Seeley (Southgate)	27.6			
44'10"	Gwynn Davis (Aberystwyth)	25.7			

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A GUIDE TO THROWING

by Don Anthony

PART THREE : TECHNIQUES (cont.)

IN evolving a style of his own the thrower must accept the basic principles of technique, as described in last week's article. There are a great number of possible combinations and permutations, however, and throwers have made progress by intelligent experiments in effort distribution, skill development, power training and application, and other elements in technique construction. It is interesting to sketch briefly some of the highlights in the four throwing events during the evolution of technique in this modern era of athletics.

In the hammer the early Irish 'whales', many of whom took their art to the United States as emigrants, achieved very long throws by using a jump-turn movement in the circle. Although arms were bent and there were other negative factors this technique did ensure that the thrower arrived in his delivery position in a powerful 'torque', i.e. his hips well in advance of his shoulders. In unwinding he could impart tremendous force to the hammer. The Germans analysed this movement and found it wanting; the plane of the hammer arc was disturbed, the movement was jerky and difficult for all but big, heavy men to control.

By experiment, the Germans found that the heel-ball turn was more efficient; the thrower could turn at greater speed and there was constant acceleration throughout the movement, culminating in a maximum-speed movement from a balanced position. The development of this technique enabled even quite small men to throw well. At 160lb. and 5'9" Peter Allday set new English native records in the 1950's. Even today there are men under six feet in the top ten of the world's best hammer throwers; Thun of Austria is a good example, and there are several Russians.

Some throwers turned on the side of the foot to achieve speed since this reduced still more the friction between plimsol and circle. The German technique gained widespread favour and was carried further by the Hungarians during the 1940's. Imre Nemeth took the 1948 Olympic crown with a refined German style. In 1952 his young compatriot, Jozsef Csermak, won at Helsinki with a style which was orthodox but included a powerful leg drive and a striking position of torque. Moreover Csermak was a real 'athlete' in the general sense of the word, achieving his success through skill and speed. He was only 21 years old at the time of his victory, weighed just over 200lb. and



PARRY O'BRIEN
In action at the 1956 Olympics

stood 5'10" high. He also had confidence; stripping off his glove after the throw he showed the distance 60m sewn into the leather.

At the same time a lone Norwegian, Sverre Strandli, was working away in the North. Strandli brought back to the smooth, rhythmic throwing of the German-Hungarians some of the animal vigour of the early Irish. Strandli started his body turning movements early and managed to twist himself into a strong torque position at delivery. Shortly after Csermak became the first man over 60 metres—the magic mark for continentals — Strandli became the first over 200'. A tall, blond, athletic Byelo-Russian named Mikhail Krivonosov, was also making great progress. Basing his style on Strandli—leading throughout with the head and shoulders and really getting ahead of the spinning hammer with the feet and hips, Krivonosov set a new world record, and for a short while led the world's throwers.

Across the Atlantic a remarkable athlete, Harold Connolly, was continuing the United States tradition in the hammer. The American athletes had carried on the tradition of the Irish-

Americans early in the century, and were usually well placed at the Olympics. Connolly, with a handicapped throwing arm, built up his strength through scientific weight training and concentrated on a powerful, well timed, upward drive with the legs. The amount of weight lifted in training approached competitive weight lifting standards.

Sensational rise in standard

In 1956 Connolly, who had taken over the world record, and Krivonosov met at Melbourne. Both were extremely nervous and Connolly won by just six inches! This interesting competition excited interest in the event and standards soared. No other event enjoyed such a sensational jump in standards. Whilst in the early 1900's the best men had reached 190' it was claimed, and as a professional, one Irish athlete had achieved a distance in excess of 200', there was no real rise in performance until Csermak and Strandli succeeded in 1952. Krivonosov added a few more feet. Connolly took the world record to an incredible 231'10" in 1962 and the leading men now talk of 240'.

The Olympic victor at Rome, Vasilij Rudenkov, combined the best of all worlds. There is little bad one could say about his technique. He was immensely strong and fast, fluent and rhythmic, and an excellent competitor; his technique was nigh perfect. The leading throwers now appear everywhere—in Austria, Sweden, the Soviet Union, Poland, Hungary, Germany, the United States and, had he continued his phenomenal progress, our Michael Ellis would still be counted in the world's best ten.

A number of the leading men are now experimenting with the four turn throw which is useful only if *acceleration* can be maintained; these four turns must, of course, be completed within the confines of a seven foot circle. In order to add a fourth turn usually two turns must be completed on the ball of the foot—on the same spot. The Russians are also experimenting with heel and ball turns which do not move in straight line, but use more of the circle by traversing a curved path. Moreover instead of trying to increase the torque between hips and shoulders *during* the course of the turns, i.e. increasing it from turn to turn; they try to get *maximum* torque on the *first* turn, when it is easier since the hammer is moving more slowly, and then try to keep it. This is an interesting and challenging innovation in technique.

In the shot there has been a comparable evolution in technique. Kenneth Doherty (*Modern Track and Field*) divides this evolution into five stages: 1896-1910 typified by Ralph Rose; 1910-20 a comparative slump; 1920-30 more progress typified by Hirschfeld of Germany; 1930-40 another jump by Torrance; and then the modern developments by Fonville, Fuchs, and O'Brien. These names, though,

mean nothing to the lay reader. An explanation of technical developments is, however, interesting to all. In 1902 the leading throwers put no more than 45' but in 1909 Ralph Rose of the University of Michigan put 51' and this stood as the world record for nearly 19 years. A coach of those times has described Rose's technique.

Rose started with shoulders and hips parallel to the line of throw. He swung the free leg forwards and combined this with "a twisting hop" to land in the centre of the circle. Doherty comments that this would produce a definite hesitation in the middle of the movement and make momentum across the circle almost negligible. In 1928 Rose's record was broken by Emil Hirschfeld of Germany with 51'9½", and this performance initiated a series of comparable and better performances in the United States and Europe.

Early shot putters had kept the front foot high after the hop and attempted to "rock" on to it. The 'new' throwers landed with both feet touching almost simultaneously and thus ensured greater continuity of movement across the circle. The primitive hop meant that there was a complete stop when the thrower completed that hop; this meant that he might just as well have started from the 'stop' position!

In six years several different athletes broke the world record culminating in a 57'1" by American Jack Torrance in 1934. Torrance stood 6'2½", and weighed over 300 lb. and possessed remarkable speed and co-ordination. No one expected that his record would be beaten by a relatively small (6'2", 195 lb.) 20-year-old named Chuck Fonville.

Fonville's serious approach

Fonville, one of the few American Negro shot putters, beat Torrance's "perfect" record by almost a foot. What special element in his technique, asked the coaches, did this boy have? Unfortunately, after reaching 58'0¼" Fonville aggravated an old football injury and could not continue to fulfil his great promise—everyone expected him to be the first to reach 60'. However Doherty lists his special assets as amazing explosiveness and quickness in muscle action, and an unparalleled desire to excel which enabled him to *work harder* than any other thrower. In addition Fonville had an extremely serious approach to competition and, in the light of technique developments at the time (1948), a fine style which combined everything the coaches thought desirable.

Within 16 months, however, Jim Fuchs had added nearly a foot to the record. In brief Fuchs' main contribution was two-fold. He bent his body at the hips at the start so that the spine was almost horizontal and allowed the shot to touch only lightly on the neck, thus extending the actual distance against which he could apply force to the shot—from outside the back of the circle as he bent down—almost a

foot more distance than throwers who started from a vertical position. Secondly, he turned his back foot to point parallel with and opposite to the line of direction. This meant that his hips could rotate forwards during the delivery movement more effectively.

Parry O'Brien, another American, refined these innovations and became the world's leading putter for a decade. O'Brien and the current great shot putters all base their styles on these innovations of Fuchs but without getting very technical it is impossible to explain in words the refinements each of them make. To day all great shot putters are weight lifters *par excellence*. In this event particularly, strength and speed become almost synonymous; only very strong people can project a 16lb. shot at great speed in the required trajectory; and other things being equal, the stronger they are the faster they can project the shot.

The story of discus throwing technique is also that of the search for momentum-within an 8'2½" circle. Throwers began from the stand position. There were then a series of experiments with turns. In some schools the discus followed an up and down wave like motion, in others it moved along a rather horizontal path and was dipped and lifted prior to the throw. The movement of the feet included "pivot rotation" with a small jump from the ball of one foot to the ball of the other, and a "spin-step" action.

New style by Gordien

Later a style called "falling with balance" was developed by the American, Fortune Gordien. This meant allowing the weight of the body to "fall" around the circle with the feet desperately trying to catch up! There is still much room for individual experimentation in discus technique. The ultimate aim is to achieve maximum momentum, and again, as in the hammer, there are optimistic hopes for the future evolution of technique. There is talk of adding a further complete turn to the one and a half or one and three quarters which are used today.

The javelin, too, shows interesting stages in development. The event is a "natural" one based on the spear and the regulations also simple. There is no limitation provided artificially by a circle or stopboard. The thrower can take an unlimited run up to throw. All he must do is stop behind a line. In England we had previously thrown the cricket ball; in the United States the base ball. Our early javelin throwers thus based their styles on ball throwing, the movement of the arm and hand being predominant. The Scandinavians, however, studying the javelin itself rather than applying the ball throw principles to it, stressed body momentum as a factor in throwing force.

The Swede, Eric Lemming (the Olympic victor in 1912) threw 204' 5½" in that year; and it should be remembered that few Englishmen

could beat this distance 40 years later! The essential requirement in javelin technique is to transfer the horizontal momentum of the run up into the throw itself. For this reason some form of cross step developed. At one time the cross step took place with the following leg being swept behind the leading leg. It was soon clear, however, that the hips could only be brought fully into play if the cross of the following leg took place in front of the planted leg. As with the shot put an accentuated hop disappeared in favour of a quick crossing of the feet close to the ground which brought the body into the most advantageous throwing position, and utilised the momentum of the run-up. There appears to be some room for development in javelin technique; in recent years the American Al Cantello and others have achieved success by accentuating the follow through—almost taking off after the throw in fact.

From these brief remarks on the evolution of technique it will be seen that, in the throwing events, the co-operative intelligence of thousands of throwers and coaches has been applied to the various problems. In building a style the thrower should remember what has gone before but *start* with what is considered correct at the moment. The good thrower possesses that "physical wisdom" which will enable him to be flexible in his skill. He will be able to adapt his own abilities to the technical requirements of the event.

My last words on technique concern skill. A successful thrower is one who is not aware of the movements in the throw itself. He has trained so thoroughly that the throwing movement is automatic. He knows that, once he has established the right frame of mind and is ready to begin (establishing the "mind set"), his body will reproduce the technique automatically. He is free to think of nothing else but effort in the final stages of the throw. A thrower should only become aware of the different elements in the technique if he is throwing badly; then he must analyse the movement, alone in competition, but with his coach during training, to establish what is going wrong and what he should do to remedy the situation.

Remember again that excellent home truth—when all is said and done :— at the end of the movement give the implement a damned great belt!

All those who want to throw well should find a coach. They should also imitate a good thrower. Learning by imitation and then making personal adjustments is to be recommended. I doubt very much if throwers can learn physical movements from words alone. The best teacher is another thrower; a film is next best.

KEILY NOT KILBY

It was Dom Keily, not Brian Kilby, who finished 6th in the recent San Sebastian cross-country race.

Perry Is New Sprint Ace

SPRINT sensation of the current indoor campaign is 19-year-old Sam Perry, from New Jersey. A leg injury caused him to miss most of the 1964 outdoor season, but he is now fully recovered—as is evident from his two 60y clockings of 5.9, equalling Bob Hayes' best on record time. The first occurred on a dirt track in a minor match between his college, Fordham, and the Navy; the second came on the Madison Square Garden boards before a capacity crowd of 15,962. After breezing through his heat in 6.4 and semi in 6.2 he let rip in the final to leave Ed Roberts of Trinidad a yard behind, with Mel Pender and Paul Drayton trailing well back.

Perry, it may be recalled, won the American indoor 60y title in 1963 at the tender age of 17. The previous summer he had clocked 9.6 for 100y, and at the 1963 AAU Championships he clocked a genuine 9.4 in his semi-final ... yet failed to make the eight man final!

Canada's master of the indoor tracks, Bill Crothers, scored three victories in three different cities on three successive nights at the end of last month: a 1:51.2 half on the 28th in New York, a 1:11.3 600 on the 29th in Toronto and a brilliant 1:09.3 on the 30th in Boston.

Gerry Lindgren, not 19 until March 9th, recorded his fastest ever 2 miles time at Portland on January 30th—a cool 8:37.9! He led all the way at a bold pace, his quarter-mile splits being 60.3, 64.7 (2:05.0), 66, 65 (4:16), 67, 66 (6:29), 67 and 61.9.

January 16th, Boston. Mile: Leps (Can) 3rd in 4:10.1; Dotson led through quarters of 59.0, 2:01.4 and 3:05.1; 2M: Ellis covered 2nd mile in 4:17.2, final 880y in 2:03.0.

January 22nd, Annapolis, Md. 60y: Perry 5.9 (eq. world best), Alexander 6.3. Perry ran 1st leg for Fordham University winning 4 x 440y team (3:18.9).

January 23rd, Albuquerque. 600y: D. Perry 1:10.4; 880y: Von Ruden 1:51.8; LJ: C. Robinson 25'6¼"/7.78.

January 23rd, Los Angeles. 500y: McCarten (3rd) is Canadian, Larrabee 4th in 60.0; 600y: Atterberry 3rd in 1:13.2; 1000y: Underwood 2nd in 2:13.3; Mile: L. Rawson 4th in 4:14.2, Dotson 5th in 4:18.6; 2M: Young ran last quarter in 58.3 (his prizes: a TV set and portable typewriter!); 60yH: Boston 4th (7.3 heat); PV: Hein beat Manning on countback; women's 60y: Tyus 6.7 (eq. world best), M. White 6.8, Kilborn (Aus) 6.9; 440: Amooore (Aus) 55.8, Winslow 58.4, M. White 59.4.

January 28th, New York. 60y: Perry 5.9 (eq. world best), Roberts (Trin) (6.2 semi), Pender, Drayton; 600y: Farrell 1:10.5, Cassell 1:10.8, Lewis 1:11.2, Larrabee 1:12.3; 880y: Crothers (Can) 1:51.2, Duchini 1:52.5, Tomeo 1:52.6; Mile: WHETTON 4:05.4, Davies (NZ) 4:06.9

(led through quarters of 62.4, 2:04.8, 3:06.8), Leps 4:07.5, Dotson 4:09.5; 2M: Young 8:48.4 (58.2 last 440y), Baillie (NZ) 8:50.6, Mills 8:52.0, Zwolak 8:53.8, Pflaging 8:54.6, HERRIOTT 8:58.6, McDonnell (RoI) 8:59.4; 60yH: Morgan 7.1, Boston (7.2 semi); 4 x 440y(A): N. Carolina College 3:17.9 (Roberts 47.7 anchor); 4 x 440y(B): Southern Univ. 3:16.8 (Lewis 47.3 anchor); 4 x 880y: Villanova 7:32.2 (Sullivan 1:50.7 3rd leg, Noel Carroll 1:51.4 anchor), Seton Hall 7:33.2 (H. Germann 1:50.1 3rd leg); HJ: Ross 6'10"/2.08, Costello 6'10"/2.08, Hill 6'8"/2.03, Nilsson (Swe) 6'8"/2.03, Wadsworth 6'6"/1.98; PV: Hein 16'0"/4.87, Tomasek (Cz) 15'6"/4.72, Wadsworth 15'6"/4.72, Morris 15'0"/4.57, Mitchell 14'6"/4.42, Uelses 14'6"/4.42; SP: Gubner 61'0¼"/18.61, Varju (Hun) 58'5"/17.80; women's 60y: Tyus 6.9, Thompson, Kilborn, McGuire; 440y: Amooore 55.6 (eq. world best), Carter 58.6, Szabo (Hun) 59.8.

January 29th, Toronto. 50y: Robinson (Bah) 5.3, Pender 5.3, Jerome (Can) 5.4; 600y: Crothers 1:11.3, Whitney 1:12.1, Kerr (Jam) 1:12.2, Larrabee dropped out with muscle pull; 880y: Irons (Can) 1:54.4; 1000y: Dunkelberg 2:15.5, Leps 2:15.7; Mile: Grelle 4:13.2, WHETTON 4:13.6, Bailey (Can) 4:16.3; 3M: Baillie 13:42.6, Ellis (GB/Can) 13:45.4, Williamson (Can) 13:49.2, WIGGS 13:51.6, O'Riordan (RoI) 14:05.2; 50yH: Boston 6.2, Morgan 6.2; HJ: Nilsson 6'8"/2.03, Burrell 6'8"/2.03, Caruthers 6'8"/2.03; PV: Anko (Fin) 15'8¼"/4.79, Tomasek 15'8¼"/4.79, Chase 15'2¼"/4.63, White 15'2¼"/4.63; women's 50y: Kilborn 5.8, Thompson, W. White; 440y: Amooore 56.1, Hoffman (Can), Carter, Szabo; 50yH: Kilborn 6.3 (world best), Thompson, Chi Cheng (For), Wingerson (Can); SP: McCredie (Can) 49'6¼"/15.10.

January 30th, Boston. 50y: Perry 5.4, Pender (5.4 heat), Roberts; 440y: Mays 48.3, Rogers 48.5; 600y: Crothers 1:09.3 (49.7 at 440y), Farrell 1:09.8, Cassell 1:10.6; 1000y: San Romani 2:10.3, Tomeo 2:10.7, Buchta 2:11.0; Mile: Davies 4:03.0 (60.5, 62.3, 61.4, 58.8), Grelle 4:04.0, Mills 4:05.2, Zwolak 4:08.5, WIGGS 4:09.6 (led at 440y in 59.9); 2M: Baillie 8:50.2 (4:16.0 2nd mile, 58.8 last quarter), Young 8:50.4, Pyne (NZ) 8:57.8, O'Riordan (RoI) 8:59.4, MAL ROBINSON 9:02.0, HERRIOTT 9:09.2; 45yH: Courtland Gray 5.5, Gilbert, Boston; 4 x 440y: Southern 3:17.6 (Lewis 47.4 anchor); 4 x 880y: Villanova 7:33.3 (Carroll 1:51.7 anchor); HJ: Ross 7'0"/2.13, Costello 6'10¼"/2.09, Nilsson 6'10¼"/2.09, Pardee 6'8"/2.03; PV: Hein 16'0"/4.87, Morris 15'6"/4.72, Chase 15'6"/4.72, Wadsworth 15'0"/4.57 ... Uelses 14'6"/4.42; SP: Wallin 56'6¼"/17.24; 35lb.WT: Backus 62'8¼"/19.11, Hall 62'4"/19.00.

Who's Who in British Athletics

Michael Campbell

Full name: Michael Colin Campbell. Born Pinner (Middx), 15.5.43; 6'2 $\frac{3}{4}$ ", 159 lb; 40" chest; 49 pulse at rest; geology student; Leicester University. Ruislip-Northwood and Anglo Scottish Athletic Clubs; coached by Fred Housden; single; lives at Pinner.

Took up athletics "at Merchant Taylors School in order to avoid playing rugby. Then I joined a club and learnt how to do the straddle". Began at HJ, LJ, DT, 100y, 220y and 110yH. Favourite event now is high jump. Best mark: 6'7"/2.005 indoors (1964), 6'4 $\frac{1}{2}$ " / 1.94 outdoors (1964).

Annual progress: 1957—4'6"/1.37; 1958—5'1"/1.55; 1959—5'4"/1.625; 1960—5'7"/1.70 (and 21'0"/6.40 LJ); 1961—5'9"/1.75 (5'11"/1.80 indoors); 1962—6'4"/1.93 (changed from scissors to straddle); 1963—6'2"/1.88 (6'4"/1.93 indoors); 1964—6'4 $\frac{1}{2}$ " / 1.94 (6'7"/2.005 indoors). National Schools champion in 1962.

Most pleasing performance was "winning the Schools International at 6'4" in 1962". Greatest disappointment: "Too numerous to mention". Intends competing "as long as I can hope to improve". This year's target is 6'9"/2.055; all-time goal is 7'0"/2.13-plus.

Most likes "the independence of one's success and failure—quite a different enjoyment from a team game". Dislikes "soft take-offs and hard landings!". View of administration: "I am often appalled by the ignorance of judges and officials of the events they are judging—even at international level". Played cricket for Middlesex Young Amateurs at Lords, plays squash and table tennis for university. "My mother was a very good tennis player, she is now a good golfer; my father is cricket mad—he gave me the initials MCC".

January 30th, Lubbock, Tex. LJ: Robinson 25'3"/7.69; SP: Orrell 57'3 $\frac{3}{4}$ " / 17.47 (Matson 64' 11" / 19.78 exhibition).

January 30th, Portland, Ore. 60y: Newman 6.1, Middleton 6.2, Hermen 6.2, Workman 6.2, Blunt 6.2; 500y: Van Dyk 58.3; 1000y: Don Scott 2:09.8 Carr 2:10.5, Kruger (W. Ger) 2:10.6, Gibeau 2:10.8; Mile: Johnson 4:06.6, Bob Delaney 4:08.0; 2M: Lindgren 8:37.9, Ken Moore 8:43.2, Tracy Smith 8:45.7; 60yH: Viltz and T. Wyatt 7.3 (Wyatt 7.2 ht); HJ: Keppel 6'9"/2.055, Lewis 6'9"/2.055; PV: Fosdick 15'4"/4.67, Yard (Can) 15'4"/4.67; LJ: Hopkins 25'3 $\frac{3}{4}$ " / 7.71, Clayton (Jam) 25'0 $\frac{1}{4}$ " / 7.63, Shinnick 24'7 $\frac{3}{4}$ " / 7.51, West (Nig) 24'0 $\frac{1}{4}$ " / 7.32; TJ: Hopkins 50'0 $\frac{1}{4}$ " / 15.24, Craig 48'6 $\frac{1}{4}$ " / 14.80; SP: Neil Steinhauer (Canada; 6'5", 245lb., previous best of 57'9 $\frac{3}{4}$ " / 17.62) 61'5" / 18.72 (5 puts over 60 feet!); L. Johnson 58'6" / 17.83, Bianco 57'11 $\frac{1}{4}$ " / 17.66.

John FitzSimons

Born Abingdon (Berks), 12.2.43; 5'11 $\frac{1}{2}$ ", 175-180lb.; 42" chest; 60 pulse at rest; teacher; Polytechnic Harriers & Oxford City AC; coached by P. Leary and J. Kane, of St. Mary's College, and Ken Brookman; single; lives at Abingdon.

Was interested in athletics "to a certain extent at school, but really when I went to St. Mary's College. First season I trained for was 1962". Began "as every schoolboy should—at everything". Favourite event is javelin: best mark of 247'10 $\frac{1}{2}$ " / 75.55 (1964).

Annual progress: 1960 — 171'10" / 52.38 (700gr); 1961 — 180'5" / 54.99; 1962 — 203'7" / 62.05; 1963 — 225'0" / 68.58; 1964 — 247'10 $\frac{1}{2}$ " / 75.55. AAA champion in 1964, one international appearance.

Most pleasing performance was "243'1" at AAA Championships". Greatest disappointment: "247'10 $\frac{1}{2}$ " in Finland, because it wasn't far enough" (he placed 3rd). Has "no idea" how long he will compete. Target is "to keep top of the British rankings and to keep improving". What he likes most about athletics is "enjoyment of course; gives fitness and meaning". Dislikes "hopeless javelin run-ups". Played cricket for Berks and Gloucs 2nd XI last year.

Barrie Kelly

Full name: Barrie Harrison Kelly. Born, Bury (Lancs), 2.8.40; 5'11", 163lb. 39" chest; assistant storekeeper; Bury & Radcliffe AC; coached by Ken Oakley; married; lives at Bury.

"Being an amateur footballer I wanted to occupy myself during the summer season, so I took to the track in June 1962, found I was better at athletics, so carried on and left the ball game alone. Ran a 10.1 100y within 14 days of taking up athletics". Favourite events are 100y and 4x110y relay.

Best marks: 60y (indoors)—6.4 (1965), 100y—9.7 (1964), 100m — 10.5 (1964), 220y — 21.9 (1964). Annual progress at 100y and 220y: 1962—10.0, 22.9; 1963—9.9 (9.7w), 22.0; 1964—9.7, 21.9.

Most pleasing performance was "my first 9.7". Greatest disappointment was "being injured for nearly 12 months, from June 1963 to May 1964". Intends to continue "till I stop enjoying competing". This year's target is "to gain a Great Britain vest". All-time goal is "to compete in Empire, European and Olympic Games".

Most likes "winning, meeting people". Dislikes "being a bag of nerves before a race". View of administration: "OK, but would like to see more winter training facilities".

JAZY RECAPTURES OLD ENTHUSIASM

FOLLOWING his two spectacular indoor performances (1500m in 3:42.6 and 2000m in 5:04.4 the next night) Michel Jazy has reconsidered his plans for the future. He has recovered all his old enthusiasm (he is averaging about 18 miles a day in training now compared with 12 last year) and is looking forward to achieving some notable times—particularly at the mile and 5,000m—next summer. He intends racing frequently during May and June, will take July off with his family, and return for the late season internationals if he is able to maintain his form. It is possible he will run in the French and International cross-country championships after all.

Jazy's 1500m time in Paris on February 5th beat Siegfried Herrmann's European best by two seconds and was only a second outside Tom O'Hara's world's best. His 500m (two laps of the track) splits were 1:14.5, 1:15.1 and 1:13.0. The 2000m performance, less than 3 seconds outside his own outdoor world record, was an even more brilliant performance considering the size of the track (166.66m) at Lyon. Assisted in the middle portion of the race by Nicolas, Jazy covered the 500m segments in 1:14.2, 1:18.2, 1:17.2 (3:49.6 at 1500m) and 1:14.8. He had not expected to beat 5:08!

February 5th, Paris. 800m Vervoort 1:52.2; 1500m: Jazy 3:42.6, Nicolas 3:49.6; 60mH: Duriez 8.0; PV: D'Encausse 14'11 1/4"/4.55; Ouharoff 14'11 1/4"/4.55; women's 600m: Lebert 1:37.3; LJ: Bouix 19'2"/5.84 (rec).

February 6th, Lyon. 60y: Davenport (USA) 6.3 (6.2 heat), Metz (W. Ger) 6.4 (6.3 ht); 2000m: Jazy 5:04.4, Vervoort 5:18.6, Nicolas 5:20.8 (3:49.6 at 1500m); 60yH: Davenport 7.5.

TRACKWISE continued

"Brian's longest day's run was 160 miles, when he kept going from 9.30 a.m. until 4.20 a.m. the next day". (The longest authenticated distance run in the space of 24 hours is 159 miles 562 yards by the great Wally Hayward at Mottspur Park in November, 1953—M.W.)

Frost's next project is to run from New York to San Francisco. Perhaps, when he reaches his destination, some promoter will match him against Gerry Lindgren in a 10,000m race. Both runners will be 19, but although the American lad has slightly the faster time to his credit (29:02) my money's on Frost. After all he must have been only 12 when he clocked his 29:04 back in 1958 and surely he has improved since then.

M.W.

CLARKE'S WORLD RECORD

AUSTRALIAN Ron Clarke became the first overseas athlete to break a world record in New Zealand when he slashed his pending 5000m time with 13:33.6 at Western Springs Stadium, Auckland, on February 1st. His time at 3 miles of 13:08.0 was two-fifths of a second outside his own world mark.

Clarke set off at terrific speed, clocking 63.5 for the first lap, with Neville Scott and Ireland's Jim Hogan following. Hogan began to drop back in the next lap, finding Clarke's relentless pace too much, but Scott moved up to Clarke's shoulder. They ran like this past the first mile in 4:18. Clarke tried unsuccessfully to shake off Scott and, following two slower laps, the New Zealander somewhat hesitantly took over. But Clarke was only bluffing, not tiring—for he burst into the lead again on the third to last lap from home and ran right away for the record, breaking the tape as Scott turned into the straight. Scott, nevertheless, ran his fastest ever 5000m—13:44.9. J. Atkinson was 3rd in 14:16.5, and Hogan was 4th.

The lap (440y) times were: 63.5, 64.5, 65.0, 65.0 (4:18.0), 65.0, 66.0 (6:29.0), 68.0, 69.0 (8:46.0), 68.0, 65.0, 65.0, 64.0 (13:08.0).

Graham Sheath

4 MILES OR ONE HOUR?

The NUTS are planning to stage either a 4 miles or an hour race at their track and field meeting at Hurlingham on March 20th. Would prospective competitors please advise Peter Hopkins (22 Valerie Close, St. Albans, Herts) of their preference.

FLOOD OF INDOOR "RECORDS"

Numerous indoor world's bests were broken in the USA last week. Briefly, the new marks are—880y: Farrell (USA) 1:49.8; SP: Matson (USA) 66'2 1/2"/20.18; women's 880: Szabo (Hun) 2:10.5; HJ (off boards): Balas (Rum) 5'11 1/2"/1.815; LJ: Rand (UK) 20'10"/6.35; SP (off boards): T. Press (USSR) 57'5 1/2"/17.50.

BIRTHDAYS OF THE WEEK

February 21st—Godfrey Brown (50), Ron Clarke (28), Peter Aston (20); Feb. 22nd—Phyllis Perkins (31); Feb. 23rd—Fanie du Plessis (35), Lee Calhoun (32), Siegfried Valentin (29), Clive Longe (26); Feb. 24th—Gaston Reiff (44), Maria Golubnichaya (41), Ian Ward (36), Maria Piatkowska (34), Norah Smalley (33), Keith Forman (24), Anita Worner (23); Feb. 25th—Barney Ewell (47), John Metcalf (31), Neville Scott and Doris Muller-Lorenz (30), Peter Keeling (29), Gyula Zsivotzky (28), Herb Elliott (27); Feb. 26th—Ali Brakchi (31), Brian Kilby (27); Feb. 27th—Ian Tomlinson (29), Draga Stamejic (28), Francois Chatelet (26).

MEL BATTY SLAMS SOUTHERN FIELD

At Brighton, February 13th

THE Southern C.C. Championships were well staged by Vic Bratley and his band of local helpers at Stanmer Park, Brighton, last Saturday over the rolling Sussex Downs in dry but cold, windy weather.

In the Senior race Mel Batty slammed the opposition in great style and, if his programme before the National is not as exacting as it has been in recent weeks, should start a hot favourite for that race. He took the lead after about a mile and was 100 yards up on Tim Johnston at the end of the first lap. Gerry North was in third place and then came a group of four, Gibson, Briault, Roberts and Baldwin. At the end of the second lap Batty had increased his lead to more than 300 yards, and then, at varying intervals came Johnston, Gerry North, Gibson, Baldwin, Roberts, Dave Cooke, Briault, Yates, Barratt, Geoff North, Snowden and Tulloh. On the last lap Johnston gained about 3 sec. on the winner, but that was all, and Mel more than made up for his defeat in the Inter-County race last month.

Portsmouth, despite not having John Cooke running—resting for his run abroad the next day—were easy winners of the team race, though it would have been closer if John Thresher had not been forced to drop out of the Belgrave team during the race.

The Junior event was a two-man affair, with Young (Hornchurch) and Taylor (Cambridge H.) fighting it out all the way and drawing away from the rest of the field. On the second lap last year's Youth winner got away to win by 50 yards. The fine young Hercules team carried on their winning way, but they might have had a shock if Blackheath could have placed a fourth man in a reasonable position to back up their 3 in the first 9 home. The other teams just weren't in it.

It was most unfortunate for that great worker Vic Bratley, who had done so much to make the Championships a success, that after his Brighton team had been declared the winners of a very close Youth race, it was found later that owing to a human error in disc distribution, the amended results showed a tie on points with Mitcham, with the latter team taking first place on the position of their last scorer. J. P. Chilvers (Essex Beagles) was also missed off the recording board but the following results are, we understand, as correct as Secretary Les Cohen can give us at the time of going to press. Any amendments, wrong numbers being worn, etc., will be published if secretaries will advise us without delay.

"Jimmy" Green

Seniors

1. M. Batty (Thurrock H.) 42.27
2. T. F. K. Johnston (Portsmouth A.C.) 43.09
3. Gerry North (Belgrave H.) 43.22
4. W. D. Gibson (Surrey A.C.) 43.38; 5. J.

Baldwin (Blackheath) 43.44; 6. J. H. Roberts (S. London) 43.52; 7. D. Cook (Ports) 44.04; 8. T. Briault (Ponders End) 44.11; 9. P. Yates (Windsor & E) 44.17; 10. J. Snowden (Surrey AC) 44.26; 11. M. Barratt (Ealing) 44.30; 12. M. B. Tulloh (Ports) 44.31; 13. B. Heaver (B'heath) 44.34; 14. C. Fry (Bournemouth) 44.35; 15. Geoff North (Bel) 44.36; 16. R. Graham (Wind) 44.39; 17. M. Hyman (Ports) 45.01; 18. P. McMahan (Poly) 45.03; 19. R. Robinson (Guild) 45.06; 20. B. Ellis (TVH) 45.09; 21. P. Mellor (Pond E) 45.12; 22. G. Barrell (SLH) 45.14; 23. T. Hart (Bel) 45.16; 24. A. Fairclough (Bel) 45.25; 25. C. Fitt (Mit) 45.26; 26. G. Stevens (Read) 45.27; 27. L. Presland (Sy) 45.30; 28. D. Taylor (HHH) 45.32; 29. C. Dabbs (Bel) 45.38; 30. R. Roseman (SLH) 45.40; 31. K. Hazeltine (Sy) 45.42; 32. C. Plumpton (Ports) 45.47; 33. J. Reynolds (Ports) 45.49; 34. B. O'Gorman (Poly) 45.50; 35. R. Cressy (Ruis) 45.59; 36. R. Collins (Wind) 46.00; 37. D. Plater (Ilford) 46.02; 38. J. Lusty (Eal) 46.05; 39. D. Baldwin (Kent) 46.06; 40. R. Macey (St. Alb) 46.07; 41. A. Avila (SLH) 46.09; 42. P. Milsom (TVH) 46.09; 43. R. Howe (W'stow) 46.09; 44. M. Davies (Read) 46.14; 45. A. Sawyer (Surrey) 46.14; 46. F. Maillardet (Camb H) 46.16; 47. J. Batchelor (Ilf) 46.17; 48. C. Hunn (SLH) 46.17; 49. E. Caiger (Herc) 46.18; 50. G. Harrison 46.19; 51. L. O'Hara (Bel) 46.20; 52. M. Beard (Herc) 46.21; 53. K. Harland (Camb H) 46.22; 54. D. Webster (TVH) 46.22; 55. P. Banner (Thames H & H) 46.24; 56. G. Knight (EB) 46.26; 57. T. Bivens (Eal) 46.28; 58. R. Meadows (Ports) 46.36; 59. R. Lovegrove (Wimb) 46.37; 60. A. Reavley (Barnet) 46.38; 61. R. Townsend (Swin) 46.39; 62. D. Evans (Thames) 46.39; 63. J. Derham (HHH) 46.40; 64. B. Bacon (Read) 46.43; 65. D. Lowe (TVH) 46.45; 66. W. P. Bull (Ran) 46.47; 67. I. Binks (Ruis) 46.50; 68. P. Carr-Locke (Sy) 46.50; 69. A. Weeks-Pearson (B'heath) 46.54; 70. P. Maile (Sy) 46.55; 71. J. Currell (Wyc) 46.57; 72. M. Baker (Horsham) 46.58; 73. M. Hamlin (Felt-ham) 46.58; 74. J. Pettitt (TVH) 46.59; 75. J. Page (Croy) 46.59; 76. G. King (Ex B) 47.01; 77. F. Gilson (SLH) 47.01; 78. F. Seal (Pond

MANCHESTER & DIST. LADS CLUB H.

First Open

4 x 3½ MILES ROAD RELAY

**Round the Old Manchester Race Course
KERSAL, SALFORD**

Saturday, March 20th, at 2.30 p.m.

AWARDS: 4 at 3 gns., 4 at 2 gns., 4 at 1 gn. First unplaced "B" team 4 at 15s. Fastest Lap Prizes of £2, £1, 15s.

Entries (5/- per team) to K. Blackman, 257 Wellington Rd., Heaton Chapel, Stockport, by **Sat., March 6th.** Under AAA Laws.

E) 47.02; 79, A. Baker (Walt) 47.05; 80, R. Clayton (Shaft) 47.06; 81, D. Stevens (Read) 47.07; 82, R. Symons (Herc) 47.11; 83, G. Elmore (Shaft) 47.13; 84, S. Allen (HHH) 47.13; 85, D. Hunt (S'gate) 47.14; 86, K. McBrearty (Herc) 47.14; 87, R. O'Donoghue (HHH) 47.19; 88, A. Randall (Eal) 47.20; 89, D. Wraight (Eal) 47.21; 90, F. Salvat (Ports) 47.24; 91, A. Taylor (Wel) 47.25; 92, M. Edwards (Swin) 47.26; 93, J. Cleator (Poly) 47.26; 94, J. Meddings (Wood G) 47.28; 95, I. Mac-Millan (Canterbury) 47.28; 96, L. Durrant (Orion) 47.29; 97, D. Lineham (Ilf) 47.29; 98, B. Boulton (Camb H) 47.30; 99, J. Webb (Basildon) 47.31; 100, J. Offley (TVH) 47.36.

Teams:

1. Portsmouth A.C. (2, 7, 12, 17, 32, 33) 103
2. Belgrave H. (3, 15, 23, 24, 29, 51) 145
3. Surrey A.C. (4, 10, 27, 31, 45, 68) 185
4. S. London H. 224; 5. T.V.H. 353; 6. Ealing 387; 7. Hercules 455; 8. Ponders End 468; 9. Blackheath 522; 10. Cambridge H. 595; 11. Poly 621; 12. Herne Hill 718; 13. Windsor & E. 746; 14. Reading 790; 15. Ilford 825; 16. Walton 857; 17. Ranelagh 936; 18. Mitcham 1000; 19. Shaftesbury 1068; 20. Thurrock 1069; 21. Essex Bgls. 1090; 22. Brighton 1104; 23. Croydon 1156; 24. Horsham 1173; 25. Welwyn 1196; 26. Woodford Gn. 1260; 27. Thames H. & H. 1284; 28. Hornchurch 1324; 29. Q.P.H. 1338; 30. Highgate 1395; 31. St. Albans 1442; 32. Guildford & G. 1450; 33. Basildon 1503; 34. Southgate 1640; 35. Wycombe 1672; 36. Watford 1759; 37. Barnet 1765; 38. C. of Rochester 1770; 39. Orion 1778; 40. Hampstead 1817; 41. Bracknell 2019; 42. RN (South) 2174; 43. Dartford 2418; 44. Romford 2486.

Juniors

1. R. Young (Hornchurch H.) 29.29
2. G. A. H. Taylor (Cambridge H.) ... 29.38
3. R. E. Holt (Hercules A.C.) 30.05
4. R. Richardson (Blackheath) 30.16; 5. I. S. MacIntosh (Ranelagh) 30.21; 6. A. Ashton (Reading) 30.25; 7. I. Wilson (B'heath) 30.29; 8. D. Holt (Herc) 30.36; 9. D. Ross (B'heath) 30.49; 10. R. Hayman (Maidstone) 30.45; 11. G. Biscoe (Mitcham) 30.50; 12. M. Absolom (Eton Manor) 30.54; 13. V. Stevens (Barnstable) 30.56; 14. D. Dipper (Read) 30.58; 15. P. Murray (Herc) 30.59; 16. M. Murray (Herc) 30.59; 17. V. Smith (C. of Rochester) 31.05; 18. N. Barton (Oxford C) 31.06; 19. J. Butterworth (Ruislip) 31.07; 20. K. Mackay (Shaftesbury) 31.08; 21. C. Ridley (Dartford) 31.08; 22. D. Sparks (Hayes) 31.12; 23. J. Bicourt (Belgrave) 31.16; 24. K. Hutchin (Eton M) 31.22; 25. M. Gregory (Walton) 31.23; 26. R. Bowsher (Hornsey) 31.24; 27. D. Peggs (Enfield 31.25; 28. C. Robinson (Herc) 31.26; 29. D. Morgan (TVH) 31.33; 30. J. Archer (Chelmsford) 31.36; 31. C. Blackmore (Herne H) 31.38; 32. M. Fuller (Wimb) 31.39; 33. J. Fletcher (Farn) 31.45; 34. B. Allen (Windsor) 31.48; 35. G. Goodman (Ox C) 31.49; 36. J. Sampson (Weymouth) 31.50; 37. R. Fitzwater (TVH) 31.51; 38. R. Gevers (SLH) 31.56; 39. D. Heazlewood

(Hayes) 31.57; 40. R. Simnett (Pond E) 31.59; 41. P. Richardson (Croy) 32.03; 42. J. Brown (Watford) 32.04; 43. R. Barker (B'heath) 32.05; 44. Jeff Stocking (TVH) 32.07; 45. M. Broyd (Enfield) 32.12; 46. J. Arger (Enfield) 32.18; 47. C. Chater (Read) 32.21; 48. C. Whitty (Farn) 32.25; 49. P. Brenchley (Kent) 32.26; 50. C. Stewart (Millfield) 32.26; 51. D. Cocks (Bel) 32.27; 52. M. Woodford (So'ton) 32.28; 53. J. Hampshire (Bel) 32.28; 54. W. Chidwick (Cast OB) 32.30; 55. K. Jackson (Sy AC) 32.35; 56. C. White (B'mouth) 32.37; 57. K. Barns (Pond E) 32.38; 58. M. Sharp (Wimb) 32.39; 59. M. Field (Kent) 32.40; 60. H. Rogers (Ex B) 32.41; 61. R. Davies (Read) 32.48; 62. R. Dipper (Read) 32.49; 63. M. Richardson (Read) 32.50; 64. A. Judd (Hadleigh) 32.54; 65. B. Dunn (Ilf) 32.55; 66. L. Rawlins (Brighton) 32.56; 67. E. Bull (Eal) 32.59; 68. R. Wright (Brighton) 33.00; 69. B. Tims (Brighton) 33.02; 70. G. Wilson (Ruis) 33.02; 71. E. Vollberry (SLH) 33.02; 72. F. Roskilly (Pond E) 33.03; 73. M. Frisby (Pond E) 33.04; 74. S. Smith (Guild) 33.10; 75. P. Morgan (Sy AC) 33.12.

Teams:

1. Hercules A.C. (3, 8, 15, 16) 42
2. Blackheath H. (4, 7, 9, 43) 63
3. Reading A.C. (6, 14, 47, 62) 129
4. T.V.H. 202; 5. Enfield 226; 6. Ponders End 242; 7. Belgrave 246; 8. Eton Manor 275; 9. Ruislip-Northwood 291; 10. S.L.H. 299; 11. Hornchurch 350; 12. Ilford 361; 13. Wimbledon 372; 14. Maidstone 415; 15. Surrey A.C. 416; 16. Welwyn 455; 17. Mitcham 458; 18. Herne Hill 460; 19. Southgate 512; 20. Essex Beagles 537; 21. RAF Halton 565; 22. Ealing 612.

Youths

1. G. King (Windsor and Eton) 14.07
2. A. McReath (Eastleigh A.C.) 14.12
3. S. Badgery (Mitcham A.C.) 14.13
4. G. Kicks (V.P.H.) 14.24; 5. C. Moxsom (Woodford Gn) 14.29; 6. C. Church (Walton) 14.37; 7. W. Mullett (Brighton) 14.38; 8. A. Fox (So'ton) 14.40; 9. D. Cox (TVH) 14.42; 10. D. Smith (Hadleigh) 14.43; 11. G. Brown (Crawley) 14.44; 12. A. Major (Belgrave) 14.45; 13. J. Careswell (Wood. Gn) 14.50; 14. M. Johns (Ranelagh) 14.51; 15. P. Richardson (Romford) 14.51; 16. J. Valentine (Epsom) 14.52; 17. R. Day (H'church) 14.53; 18. D. Bowles (So'ton) 14.54; 19. L. Barden (B'ton) 14.55; 20. M. Brooke (St. Alb) 14.56; 21. M. Wands (Ruis) 14.57; 22. P. Stamp (Farnham) 15.00; 23. R. Selby (Orp) 15.00; 24. G. Chilvers (Ex. B) 15.00; 25. B. Standen (TVH) 15.01; 26. P. Fulcher (Chelms) 15.01; 27. S. Walker (Thurrock) 15.01; 28. B. Byrne (Mit) 15.01; 29. J. Richardson (H'church) 15.02; 30. J. Rix (SLH) 15.02; 31. D. Bowden (RAF, Halton) 15.04; 32. J. Stephenson (B'ton) 15.06; 33. R. Fisher (Rom) 15.06; 34. C. Felix (Mit) 15.07; 35. K. Dillon (Mit) 15.10; 36. R. Cloude (Farn) 15.11; 37. G. Minty (TVH) 15.13; 38. D.

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BEST EVER BY N. STAFFS WINS MIDLAND RACE

NORTH Staffordshire and Stone produced their best senior cross-country performance to win the Midland 9 Miles Championship against considerable odds at Rugby.

They were without Roy Fowler, who was injured, and they faced the Coventry Godiva winning team of last year and a confident Derby and County side.

But after a tense struggle between three strong clubs, North Staffs had 13 points in hand over Godiva. All their six runners rose to the occasion, but the efforts of half-milers Alan Dean, ninth, and student Michael Billington, 18th, were particularly outstanding. Godiva had 5 in 16 and Derby 3 in 13, but it was not good enough against an inspired North Staffordshire side.

A strong wind made it hard going at times for lightly built Dom Keily, but the 26-year-old Derby runner stayed in front almost throughout to win his first Midland title.

Ron Grove (LCAT) put up his best performance to finish second and John Jackson (North Staffs) outsprinted Eddie Strong (Bristol) in a great finish for third place.

Black note: The junior race produced only ten completed teams, and less than 100 runners passed the line.

Seniors

1. D. Keily (Derby) 49.05
2. R. Grove (LCAT) 49.13
3. J. Jackson (N. Staffs & Stone) 49.25
4. E. Strong (Bristol) 49.25; 5. M. Bullivant (Derby) 49.36; 6. W. Adcocks (Cov. Godiva) 49.43; 7. B. Kilby (Cov) 49.48; 8. D. Shelley (N. Staffs) 49.53; 9. A. Dean (N. Staffs) 49.55; 10. R. Cooper (Worcs) 49.57; 11. J. Taylor (Cov) 50.00; 12. K. Boydon (N. Staffs) 50.09; 13. P. Wilkinson (Dby) 50.26; 14. H. Davies

- (Birch) 50.34; 15. M. Neville (Cov) 50.45; 16. B. Heatley (Cov) 50.54; 17. P. Lynch (AEI) 50.56; 18. M. Billingham (N. Staffs) 50.58; 19. G. Blackburn (Westbury) 51.00; 20. A. Walker (N. Staffs) 51.02; 21. D. Fownes (Tip) 51.07; 22. B. Lee (Notts) 51.10; 23. P. Calladine (Dby) 51.17; 24. E. Guilford (Dby) 51.18; 25. C. Perry (Birch) 51.20; 26. J. Wright (Tip) 51.22; 27. J. Mays (Dby) 51.28; 28. G. Horne (Cov) 51.33; 29. M. Hiron (Birch) 51.37; 30. J. Cliff (S. Heath) 51.41; 31. K. Lee (Notts) 51.43; 32. K. Wright (Dby) 51.46; 33. A. Williams (Bris) 51.48; 34. P. Morris (Birch) 51.51; 35. P. Lancaster (LCAT) 51.57; 36. B. Fozard (Dby) 52.03; 37. D. Jennings (Bris) 52.11; 38. R. Gibbs (Birch) 52.12; 39. W. Feast (Birch) 52.22; 40. G. Wood (Tip) 52.23; 41. C. Franks (Chelt) 52.24; 42. R. Norton (Bris) 52.28; 43. J. Caswell (Kett) 52.29; 44. G. Rhodes (N. Staffs) 52.30; 45. W. McKim (Kett) 52.31; 46. J. Mills (Spark) 52.31; 47. A. Dowall (Cov) 52.37; 48. D. Rhodes (Notts) 52.40; 49. P. Lummen (Bris) 52.46; 50. M. Wakefield (Notts) 52.58; 51. J. Lees (Wolv) 53.01; 52. M. Deakin (Dby) 53.02; 53. C. Fallon (Dby) 53.09; 54. V. Duggan (Smeth) 53.10; 55. A. Toseland (Kett) 53.11; 56. J. Kinsella (Loz) 53.15; 57. P. Groves (Notts) 53.17; 58. P. Crowe (Worcs) 53.18; 59. R. Bates (Bris) 53.20; 60. F. Bates (Leam) 53.27; 61. D. Eccles (Dby) 53.29; 62. R. Rutin (Notts) 53.33; 63. W. Gray (S. Heath) 53.34; 64. T. Bee (Birch) 53.42; 65. M. Evans (Tip) 53.46; 66. J. Algar (Smeth) 53.47; 67. D. Willis (Bris) 53.49; 68. A. Benn (Bris) 53.51; 69. I. Edmonds (Bris) 53.54; 70. M. Childs (AEI) 53.57; 71. A. Burkitt (Tip) 53.59; 72. P. Leake (LCAT) 54.00; 73. K. Dobb (Birch) 54.10; 74. B. Stacey (Notts) 54.11; 75. R. Wall (Leam) 54.13; 76. C. Simpson (S. Heath) 54.20; 77. F.

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Mike Turner (Cambridge), who eventually won by inches, trying to get away from Fergus Murray (Edinburgh) with half a mile to go in the British Universities C.C. Championship at Nottingham.

H. W. Neale



Welsh Notes

By Bernard Baldwin

TODAY, Saturday 20th, the Glamorgan Secondary Schools hold their annual trials at Mill Street Secondary School, Pontypridd, at 10.30 a.m. Teams for the Welsh Secondary Schools' Championships at Newtown on 6th March will be selected from these trials. Also on today, at 2.30, the Glamorgan County Youth A.A.A. promote cross-country championships at Llangatwg School, Neath, and from these championships teams will be selected to represent Glamorgan in the Welsh County Youth Championships at Aberystwyth on March 13th.

Competitors and officials at the Gwent League Cross Country Meeting at the Army Apprentice School, Beachley on January 30th were shocked to learn of the severe spinal injuries sustained by Capt. George Crump while out on a training run with the boys at the school a few days before. This news staggered everyone and genuine concern was expressed all round. Let us hope that George's injuries will not prove as dreadful as was at first feared.

Although George's guiding hand was missed at Saturday's events, arrangements at the school were excellent as usual, and 200 runners took part in the four races.

A buglar sounded the "fall-in" for the first three races, and the Referee, an experienced trumpeter, surprised everyone when he blew the fanfare for the Senior race. He ignored the comments of the runners!

A.A.S. won the Boys', Youths', and Junior races by considerable margins, and in the Junior event Gerry Williams of Hereford was given a close race by John Young of A.A.S. Adrian Aylett of Gilwern showed that his recent form is no flash-in-the-pan when he stormed home in the Senior race. He should get into the Welsh team this year. T.W.W. cameras filmed the event, and it was shown on Welsh Sports Preview a few nights later.

The Welsh Junior 5 miles championship at Gilwern on 6th February was an undistinguished affair. A mere 42 runners started, and 40 finished, over a course which Gilwern

Harriers had prepared most meticulously. Birchgrove runners occupied the leading positions right from the gun, and Clive Williams eventually stole away from his Birchgrove clubmate John Ingram to score a convincing win, in 22.05. Ian Jones of West Mon., who deliberately sets out very slowly, must surely be reconsidering these tactics now, for after overhauling the whole field but two after 2 miles, he then fell back again, eventually finishing twelfth.

Bernard Plain of Birchgrove also moved gradually forward after a slow start, and was a most impressive third, being one of the youngest runners there. Birchgrove, with their four scoring men in the first six, easily won the team race.

1. C. Williams (Birchgrove) 22.05; 2. J. Ingram (Birch) 22.23; 3. B. Plain (Birch) 22.30; 4. J. Baylis (Newtown) 22.38; 5. D. Gregory (Newport) 22.42; 6. W. Francis (Birch) 22.49. Teams: 1. Birchgrove 11pts.; 2. Pontypool 44; 3. Newport 45; 4. Prescoed Sch. 68.

The Welsh Cross Country Association's financial plight has scarcely improved since urgent appeals to the clubs went out a few weeks ago, and it still seems doubtful whether Wales will be represented in the Junior International at Ostend.

The Welsh Senior Championship, promoted by Newport Harriers, will be run at Caerleon Racecourse this year, on February 27th. The racecourse, scene of many previous Welsh championships and many Internationals, is now a schools' sports centre, with excellent facilities.

Mr. Arthur Williams, of Port Talbot, was re-elected President of the Welsh A.A.A. at the A.G.M. This will be Arthur's seventh term in office and he is as busy as ever writing letters and making visits on behalf of the A.A.A., the latest of which is the Merthyr Mawr Appeal and the Empire Games Appeal.

INTERESTING OLYMPIC FILM

Guy Butler's latest film—"Olympic Athletics in Tokyo"—is, predictably, full of interesting detail. Running for just over an hour, this 16mm production combines double-slow-motion photography from the inside of the track (taken from Toni Nett's official IAAF instructional film) with the product of several cameras operating from various positions in the stands.

The film makes absorbing viewing for anyone interested in athletics, covering as it does practically every event of the men's and women's programmes. Among the most memorable sequences are Mary Rand's world record (in double-slow-motion), Bob Hayes' sprinting, the finishing drives of Ann Packer and Peter Snell—and an incredibly laboured (and quite hilarious) exchange in the sprint relay between Paul Drayton and Gerry Ashworth.

Guy Butler will be pleased to supply details of this and other Tokyo films (and loops). His address: "Harbledown," Little Hadham, Herts.

HERNE HILL HARRIERS 8th Annual Open Men's FLOODLIT MEETING (Under A.A.A. Laws)

At Tooting Bec Track, Tooting Common
(Tooting Bec Und. Stn., then 10 mins. walk)

WEDNESDAY, 24th MARCH, 1965

EVENTS—Senior 300, 660, 1500m, 3000m,
60y Hds., Long Jump, Triple Jump, High
Jump, Shot, Junior 1500m.

Entries (1/-) to Peter Rawe, 29 Marsden
Lane, Peckham, London, S.E.15 by 12th
March.

RACE WALKING continued

was over two minutes faster than his winning time last year over the same course. It was encouraging to see the forward walking of several younger walkers which gives promise for the future. The Team race was one of the closest seen for a long time. Polytechnic H. lost their leading walker, Bob Clark, very early in the first lap and so were out of it, but Surrey and Belgrave had a grand scrap only to be beaten at the finish by one point by Highgate H. with Belgrave one point ahead of Surrey. Highgate impressed by making up several places on the last lap and this result, following their win last week in the "Garnet" Championship, puts the North London Club back into the position they had a few years ago. This is Highgate's first win in this Championship.

Today's Events: RWA General Committee at the Polytechnic, London at 1 p.m.; Olympic Celebration Dinner at "Ye Olde Cock", Fleet Street, London (6.45 for 7.15 p.m.); Queens Park Inter-Club 10 Miles at Eastcote; Southend-on-Sea AC Open Junior, Youth and Boys Walks at Southend; Surrey WC Inter-Club 14 Miles at South Croydon; Stock Exchange AC 7 Miles Champ. at Regents Park at 10.30 a.m.

January 30th

Lanes WC 10 Miles, Hindley Green. 1, M. Hatton 78.40; 2, R. Wallwork 78.50; 3, J. Barraclough 81.14; 4, J. Hopkins 83.53; 5, T. Taylor 86.45; 6, C. Bolton 87.30. **H'cp:** M. Hatton.

January 31st

West Middlesex Schools' League 3 Miles. (Organised by Met. WC) 1, W. Holloway (Kingsbury S.) 29.02; 2, D. Moore (Hounslow C.) 29.51; 3, R. Nile (Bishopshalt S.) 30.02; 4, M. Taylor (Heston S.) 30.13; 5, T. Lingwood (Kings S.) 30.28; 6, P. Bailey (Hounslow C.) 30.33. **Teams:** 1, Hounslow Coll. 73pts.; 2, Kingsbury County 71; 3, Bishopshalt Sch. 79.

February 6th

Wakefield H. 7 Miles Championship, Wakefield. 1, J. Paterson 56.15; 2, G. Goodair 57.00; 3, G. Barras 57.19; 4, J. Hampshire 59.22; 5, K. Bingley 59.29; 6, J. Bentham 62.16. **H'cp:** G. Barras.

Lanes WC 6 Miles, Swinton. 1, M. Hatton 45.40; 2, R. Wallwork 45.41; 3, J. Barraclough 46.47; 4, C. Bolton 50.57; 5, I. Percival 51.11; 6, J. Hopkins 51.39. **H'cp:** R. Wallwork.

February 13th

London County 10 Miles Championship, Battersea Park. 1, M. Fullager (Surrey WC) 77.31; 2, J. Knifton (Belg) 78.18; 3, D. Thompson (Met) 78.26; 4, C. Trimming (H'gate) 78.28; 5, D. Watts (H'gate) 79.03; 6, P. Selby (Sy WC) 79.40; 7, W. Sutherland (H'gate) 80.07; 8, S. Jones (Bel) 80.20; 9, R. Middleton (Bel) 80.35; 10, R. Hall (Bel) 80.35; 11, D. Vale (Sy WC) 80.49; 12, R. Davies (LTR) 81.32; 13, I. Brooks (Sy WC) 81.55; 14, F. Pelham (H'gate) 82.52; 15, A. Banyard (Southend) 82.52; 16,

R. Barnes (Bel) 83.15; 17, E. Holmquist (H'gate) 83.26; 18, R. Fullager (Sy WC) 83.59; 19, P. Marlow (Southend) 84.25; 20, B. Hyland (L. Vids) 84.43; 21, H. Fleming (L. Vids) 86.03; 22, M. Hamlin (Bel) 86.04; 23, S. Pearson (Sy WC) 86.11; 24, R. Church (LTR) 86.11; 25, J. Vivian (Poly) 86.23. **Teams:** 1, Highgate 25pts.; 2, Belgrave 26; 3, Surrey WC 27; 4, London Vids 95; 5, Poly 98; 6, Cambridge H. 117; 7, Belgrave "B" 131; 8, Surrey WC "B" 157; 9, L.T. (C.R.S.) 204.

SOUTH WESTERN C.C. CHAMPS.

(Continued from last week)

Juniors

1. R. Tuppen (St. Lukes)	34.01
2. J. Stevens (Barnstaple)	34.07
3. G. Retter (Exeter)	34.16
4. M. Paine (Torquay)	34.17; 5, R. Bryant (Yeovil) 35.04; 6, R. Summerfield (Barn) 35.23; 7, C. Abrahams (Ex) 35.27; 8, R. Goodenough (Devonport) 36.06; 9, D. Belshaw (Devon) 36.08; 10, E. Graham (Devon) 36.11; 11, T. Harding (St. L) 36.19; 12, T. Eagles (Barn) 36.23; 13, P. Buck (St L) 37.01; 14, P. Thomas (Ex) 37.27; 15, I. Coster (Ex) 37.41; 16, P. Morgan (St L) 37.47; 17, P. Lewis (Devon) 38.00; 18, W. Pattinson (St L) 38.16; 19, P. Naile (Ex) 38.24; 20, R. Wallis (Barn) 38.29.
Teams:	Pts.
1. Exeter	(3,5,12,13) 33
2. Barnstaple	(2,4,10,18) 34
3. St. Lukes	(1,9,11,14) 35
4. Devonport	36.

Youths

1. L. Chapman (Barnstaple)	16.29
2. D. Francis (Bath & Co.)	16.59
3. C. Twigge-Molecey (Blundells)	17.20
4. R. Sly (Swindon)	17.30; 5, A. Stone (Swin) 17.33; 6, R. Sharland (Swin) 17.34; 7, C. Francome (Swin) 17.38; 8, C. Lowe (Blun) 17.39; 9, R. Whiting (RASC) 17.59; 10, I. Clark (Wey) 18.04; 11, Franklin (RAC) 18.05; 12, J. Harmon (HMS Figgard) 18.07; 13, W. Grist (Trow) 18.09; 14, M. Ridgeway (Ex) 18.15; 15, A. Misson (Tor) 18.17; 16, M. Freeman (RASC) 18.19; 17, T. Ireson (Figgard) 18.20; 18, B. Lambert (Figgard) 18.21; 19, A. Powling (Tor) 18.22; 20, R. Robinson (Figgard) 18.23.
Teams:	Pts.
1. Swindon	(1, 2, 3) 6
2. HMS Figgard	(7,10,11) 28
3. Jnr. Ldrs. RASC	(5, 9,14) 28
4. Trowbridge	37; 5, Jnr. Ldrs. RAC 39; 6, Queen's Coll. 79.

WIGMORE HARRIERS

15 MILES

Team & Individual Open Road Race

27th MARCH, 1965, at 2.30 p.m.

Parliament Hill Track, Hampstead

Under AAA Laws—Amended 3 Lap Course
Entry fee 3/- each individual, plus 5/- per team (must enter ind. race to enter in team). **Entries close 15th March** to Mr. R. Clarke, 123 Beech Avenue, The Vale, Acton Vale, London, W.3.

MIDLAND CHAMPS. continued

Shipley (Staff) 54.24; 78, L. Austin (N. Staffs) 54.26; 79, D. Smyth (Bris) 54.30; 80, W. Baker (LCAT) 54.32; 81, T. Sharpe (Dby) 54.34; 82, J. Newcombe (Staff) 54.39; 83, L. Pratt (LCAT) 54.44; 84, J. Rowe (S. Heath) 54.46; 85, J. Doyle (N. Staffs) 54.50; 86, D. Murfin (N. Staffs) 54.52; 87, G. Govan (LCAT) 54.53; 88, K. Richards (Cov) 54.55; 89, T. Joyce (Chelt) 54.59; 90, J. Flatters (West) 55.02; 91, P. Jones (Shrew) 55.04; 92, S. Preston (Wolv) 55.08; 93, P. Bourne (LCAT) 55.16; 94, J. Peet (Spark) 55.23; 95, Matt. Whittaker (Staff) 55.28; 96, J. Kinsella (Notts) 55.30; 97, C. Kemball (Wolv) 55.34; 98, R. Turner (West) 55.37; 99, S. Harris (AEI) 55.37; 100, K. Roberts (Hales).

Teams: **Pts.**
 1. Staffs & Stone (3.8, 9.12, 18.20) 70
 2. Coventry Godiva ... (6.7, 11.15, 16.28) 83
 3. Derby & Cty. (1.5, 13.23, 24.27) 93
 4. Birch. 179; 5, Bristol 224; 6, Notts 270; 7, Tipton 328; 8, LCAT 359; 9, S. Heath 518; 10, Kettering 531 11, AEI 627; 12, Westbury 629; 13, Sparkhill 634; 14, Wolverhampton 668; 15, Stafford 679; 16, Smethwick 758; 17, Halesowen 865; 18, Northampton 1,008.

Juniors
 1. R. Taylor (Cov. Godiva) 31.50
 2. J. Hammond (Cov. Godiva) 32.39
 3. M. Hewer (Cheltenham) 32.49
 4. D. Walker (Worcs) 33.05; 5, D. Lem (LCAT) 33.15; 6, P. Blakesley (LCAT) 33.58; 7, T. O'Reilly (S. Heath) 34.11; 8, J. Simmons (Derby) 34.15; 9, A. Rushmer (Oldbury) 34.17; 10, B. Smith (Hales) 34.18; 11, D. Brearley (Broms. & R) 34.22; 12, A. Richards (Tip) 34.25; 13, H. Leeming (D'by) 34.33; 14, M. Bardsley (Birch) 34.36; 15, H. Pymm (LCAT) 34.43; 16, H. Arnold (Bris) 34.45; 17, A. Norris (Birch) 34.46; 18, A. Grant (Cov) 34.53; 19, J. Willetts (Dudley & S) 35.04; 20, D. Sturman (Cov) 35.06; 21, R. Hardwick (Broms) 35.07; 22, A. Jenkins (Worcs) 35.10; 23, E. Lees (S. Heath) 35.14; 24, D. Keitley (Worcs) 35.15; 25, A. Bradley (Hales) 35.23; 26, R. Munday (AEI) 35.28; 27, D. Blount (Kett) 35.36; 28, R. Panter (Nun) 35.39; 29, R. Bartleet (Birch) 35.40; 30, M. Jewell (Bris) 35.41; 31, B. Vine (Birch) 35.49; 32, B. Wood (Burton) 35.52; 33, C. Bills (LCAT) 35.56; 34, K. Lane (Birch) 36.06; 35, R. Ball (Kett.) 36.07; 36, G. Astill (Notts) 36.15; 37, S. McQuade (Nun) 36.16; 38, M. Edwards (Wolv) 36.18; 39, S. Coomer (Wolv) 36.21; 40, F. Powers (Leam) 36.24; 41, R. Hawes (Spark) 36.26; 42, D. Dickenson (Derby) 36.32; 43, P. Carey (Cov.) 36.33; 44, C. Yelling (Bris) 36.36; 45, R. Williams (Tip) 36.43; 46, R. Lavis (Bris) 36.47; 47, D. Corbett (Bilston) 36.50; 48, R. Harris (Burton) 36.53; 49, K. Marshall (Nun) 37.01; 50, P. Hanneman (Wolv) 37.03; 51, J. Baxter (N. Staffs) 37.04; 52, A. Lyne (Chelt) 37.06; 53, J. Corbett (Bils) 37.10; 54, A. Kearns (Kett) 37.14; 55, P. Worrall (Harborne) 37.26; 56, M. Davies (Wolv) 37.33; 57, S. Boswell (Wolv) 37.40; 58,

C. Staple (Birch) 37.42; 59, J. Potts (Birch) 37.47; 60, R. Truelove (Old) 37.52; 61, D. Perry (Notts) 37.54; 62, R. Bonfield (Cov) 37.56; 63, J. Foster (Tip) 37.58; 64, R. Annis (Cov) 38.02; 65, N. Gregson (Worcs 38.17; 66, R. Harwood (Notts) 38.28; 67, M. Jones (Bris) 38.35; 68, J. Mundh (Spark) 38.46; 69, G. Taylor (N. Staffs) 39.12; 70, R. Statham (Cov) 39.57; 71, D. O'Brien (Harb) 39.58; 72, A. Gribbon (Hales) 40.03; 73, J. Birkin (LCAT) 40.17; 74, C. Leese (Dud & S) 40.34; 75, J. Underwood (AEI) 40.57.

Teams: **Pts.**
 1. Coventry Godiva (1, 2, 18.20) 41
 2. LCAT (5, 6, 15.33) 59
 3. Birchfield (14, 17, 29, 31) 91
 4. Worcester 115; 5, Bristol 136; 6, Derby 139; 7, Wolverhampton 133; 8, Hales. 184; 9, Kettering 199; 10, Nuneaton 202.

Youths
 1. J. Offord (LCAT) 16.46
 2. A. Reed (Westbury) 17.11
 3. D. Parry (N. Staffs) 17.17
 4. J. Norman (Sutton-in-Ash) 17.20; 5, A. Herritty (S. Heath) 17.23; 6, R. Godfrey (Staff) 17.23; 7, M. Peake (Derby) 17.25; 8, J. Eley (Dby) 17.25; 9, P. Stewart (Birch) 17.27; 10, D. Dilnot (Notts) 17.30; 11, C. Bolter (AEI) 17.31; 12, B. Boldaro (Smeth) 17.33; 13, D. Jones (Tip) 17.35; 14, A. Sturman (Cov) 17.36; 15, C. Roberts (West) 17.37; 16, R. Hitchmough (S. Heath) 17.38; 17, B. Sheen (Cov) 17.38; 18, D. Lynch (Cov) 17.39; 19, M. Howe (Cov) 17.39; 20, J. Mulligan (LCAT) 17.40; 21, J. Flindall (Dby) 17.44; 22, J. Addis (Birch) 17.45; 23, K. McCahill (Kett) 17.46; 24, G. Kirk (LCAT) 17.48; 25, R. Masters (Tip) 17.48; 26, G. Lock (Wolv) 17.50; 27, C. Lisseman (Bils) 17.51; 28, J. Richards (Bils) 17.51; 29, R. Shipway (Bris) 17.52; 30, C. Townsend (AEI) 17.52; 31, N. Deakin (N. Staffs) 17.53; 32, R. Davies (Birch) 17.53; 33, W. McQuilkin (Jr. Leaders) 17.58; 34, M. Orton (Tip) 17.59; 35, P. Rose (Worcs) 18.00; 36, J. Kockelbaroh (Cov) 18.01; 37, D. Hudson (Sutt-in-A) 18.03; 38, B. Desmond (Jr. Ldrs) 18.05; 39, D. Hanwell (Welling) 18.07; 40, M. Blann (West) 18.07; 41, M. Chandler (West) 18.09; 42, R. Fletcher (Nun) 18.10; 43, S. Somerset (Birch) 18.11; 44, L. Green (Spark) 18.12; 45, S. Raven (Cov) 18.15; 46, P. Miller (AEI) 18.18; 47, K. Congreave (Notts) 18.20; 48, T. Fitzpatrick (S. Heath) 18.21; 49, C. Moreton (N. Staffs) 18.22; 50, C. McGlinchley (LCAT) 18.23.

Teams: **Pts.**
 1. Cov. Godiva (14, 17, 18, 19) 68
 2. Derby (7, 8, 21, 52) 88
 3. LCAT (1, 20, 24, 50) 95
 4. Westbury 98; 5, Birchfield 106; 6, S. Heath 127; 7, N. Staffs & Stone 151; 8, AEI 174; 9, Tipton 181; 10, Jr. Leaders Regt. 182; 11, Notts 182; 12, Sutton-in-Ash 194; 13, Wellingborough 241; 14, Smethwick 279; 15, Sparkhill 310; 16, Worcester 327; 17, Solihull 352; 18, Notts C. 401; 19, Gloucester 432.

NORTHERN CHAMPIONSHIPS continued

295; 7, Wirral 320; 8, Middlesbro & C. 456; 9, Sale 521; 10, Bingley 524; 11, Blackpool and F. 530; 12, Rotherham 549; 13, Hallamshire 583; 14, Manchester AC 634; 15, Airedale 644; 16, Gateshead 668; 17, Salford 670; 18, Harehills 702; 19, Bury and Rad. 826; 20, Clayton-le-M. 884; 21, Sefton 927; 22, Liverpool 1029; 23, Manx 1057; 24, Preston 1084; 25, Halifax 1091; 26, M/r YMCA 1361.

Juniors

1. W. Wilkinson (Rowntrees A.C.) ... 30.48
2. R. Wood (Wigan and Dist) 30.58
3. J. Caine (Gateshead H.) 31.20
4. A. Moore (Midd) 31.28; 5, P. Richards (Hallam) 31.39; 6, I. Baxter (Leeds St. M) 31.44; 7, A. Greenwood (Hallam) 31.48; 8, S. Grace (Sale) 31.51; 9, E. Harker (Salt) 31.53; 10, P. Puckrin (Midd) 31.57; 11, D. Farmer (Sale) 32.05; 12, J. Waterhouse (Bing) 32.08; 13, M. Fearon (Liv) 32.08; 14, D. Barker (Hallam) 32.08; 15, P. Abel (Sale) 32.18; 16, C. Robertshaw (Sale) 32.23; 17, D. Little (Salt) 32.31; 18, J. Freeman (Roch) 32.35; 19, B. Forster (Gates) 32.35; 20, D. Moore (Win. Pk) 32.42; 21, T. Wright (Hallam) 32.47; 22, C. Kirkham (Bing) 32.48; 23, M. Starford (Midd) 32.53; 24, P. Morris (B'pool) 32.54; 25, M. Exley (SUH) 32.54; 26, W. Humphreys (Bing) 32.58; 27, R. Hindle (Clay) 33.02; 28, P. Dixon (Bol) 33.05; 29, D. Hogg (Sale) 33.06; 30, P. Chambers (MAC) 33.07.

(More Juniors, Youths and Boys next week)

PORTSMOUTH PIPPED

Portsmouth AC were very narrowly beaten in the cross-country team event at Pontivy (France) last Sunday. Both the English club and Barcelona scored 23 points, but the Spanish team "got the verdict" by virtue of their last scorer, Mayoral (12th) finishing ahead of Portsmouth's third man, Martin Hyman (13th). International champion, Arizmendi, led Barcelona to their victory. The race, watched by 2,000, was over an 8km course.

Result: 1, Arizmendi 24.23; 2, John Cooke 24.35; 3, Fayolle (Fa) 24.42; 4, Tijou (Fra) 24.59; 5, Ameur (Alg) 24.59; 6, Rault (Fra) 25.06; 7, Vaillant (Fra) 25.09; 8, Tulloh 25.15; 13, Hyman . . . 16, Shergold . . . 22, Kilford . . . 47, Paine. Teams: 1, Barcelona 23 pts. (1,10,12); 2, Portsmouth 23 (2,8,13); 3, Pontivy 35.

JUMPERS TRAINING CAMP

Members and non-members of the Kangaroo Club are invited to write for details of the fourth Winter Training Camp for long and triple jumpers at Timsbury Manor, Hants. from 5th to 7th March, to D. Hayward, 36 Primrose Road, London, E.18. Applications close February 25th.

Croydon H. hold an Open Senior Hammer Competition at Croydon Arena, Albert Road, S. Norwood, at 11 a.m., this Sunday, Feb. 21st. No fee, no prizes.

THE LATE A. P. "PERCY" BIGGS

We learn with regret of the death after a long illness of Mr. A. P. "Percy" Biggs at the age of 57. A leading figure in Isle of Wight athletics, Percy Biggs was one of four sons of a former Chairman of Ryde H. and joined the club in 1935, having many successes in handicap racing. He later became secretary of the I. of Wight C.C. Association and of the I. of Wight Marathon Committee. When taken ill 12 months ago he still managed to do some of the secretarial work, assisted by his brother, Arnold George Biggs, who will be acting as Hon. Secretary of the 1965 Marathon (7 Harding Road, Ryde). Mr. Biggs, who leaves a widow and one son, will be sadly missed and long remembered by his friends and colleagues throughout the British Isles.

J.S.D.

The address for entries to the Herne Hill Floodlit Meeting on March 25th, is Marsden Road, S.E.15, not Marsden Lane.

WITH THE LADIES continued

of gaining a winning award against such stars as Payne, Arnold, Smith, Everitt, Bedford and others, Aldershot have come up with the stimulating idea of encouraging these young tyros by the award of three special prizes to the competitors who register the greatest improvement on their previous personal best performances. In this way Hooks, Carder, Andow and company will have something to compete for on an equal footing with their seniors.

SOUTHERN CHAMPIONSHIPS continued

Bryant (Wel) 15.14; 39, P. Watts (Ruis) 15.16; 40, A. Long (Herc) 15.20; 41, J. Galvin (Bel) 15.20; 42, D. Welch (B'ton) 15.21; 43, J. Stagg (Dr. Chal) 15.22; 44, D. Patterson (TVH) 15.23; 45, K. Aldridge (Wind) 15.24; 46, N. Magson (E'bourne) 15.25; 47, E. Bradbrook (Guild) 15.26; 48, J. Rogers (Dr. Chal) 15.27; 49, C. Powell (Had) 15.27; 50, W. Hughes (Walt) 15.28.

Teams:

	Pts.
1. Mitcham A.C.	3,28,34,35) 100
2. Brighton A.C.	(7,19,32,42) 100
3. Thames Valley H.	(9,25,37,44) 115
4. Southampton 168; 5. Honchurch 192; 6. Ruislip-N. 225; 7. Dr. Challoners S. 236; 8. Woodford Gn. 249; 9. Swindon 323; 10. Guildford and G. 338; 11. Hadleigh 344; 12. Epsom 354; 13. RAF Halton 398; 14. Thurrock 405; 15. Ilford 410; 16. QPH 427; 17. Crawley 430; 18. Aldershot 434; 19. St. Albans 434; 20. Feltham 446; 21. Shaftesbury 448; 22. Hercules 454; 23. Belgrave 495; 24. Ranelagh 532; 25. Blackheath 549; 26. S.L.H. 549; 27. Southgate 552; 28. Millfield 609; 29. Croydon 670; 30. Reading 688; 31. Wycombe 691; 32. Oxford C. 725; 33. Orpington 727; 34. AAS Arborfield 729; 35. Herne Hill 741; 36. Cambridge H. 743; 37. Barnet 795; 38. Eton Manor 818; 39. Maidenhead 854.	

Advertise **YOUR** event and increase your entries

EPSOM & EWELL HARRIERS

First Open

10 MILES ROAD RACE

Team & Individual Under A.A.A. Laws

Saturday, 13th March, 1965, at 3 p.m.

From The Paddock, Racecourse, Epsom

AWARDS—Individual, first 6 places; Team, first 3 teams.

Entry Fees: 2/6 individual, plus 10/- each team. All team members must be entered as individuals. Team Race: 6 may run, 4 must score.

Entries on A.A.A. forms close March 3rd
Entries and enquiries to J. Dixon, "Springfield," 9 Lyncroft Gardens, Ewell, Surrey.

BELGRAVE HARRIERS

9th Annual

FIELD EVENTS MEETING

MEN'S SENIOR EVENTS

Shot : Discus : Javelin : High Jump
Long Jump : Triple Jump : Pole Vault

on

SATURDAY, 27th MARCH, 1965

Start 1.45 p.m.

at the famous

TOOTING BEC STADIUM

ENTRY FEE 1/-

EACH ADDITIONAL EVENT 6d.

Closing Date: March 20th, 1965

Entries on A.A.A. Forms to:—M. F. JONES, 1 CRABTREE LANE, FULHAM, S.W.6.

CHICHESTER A.A. CLUB

in association with

R.A.F. THORNEY ISLAND

and

SUSSEX A.A.A.

present an

INDOOR OPEN TRACK MEETING

which will include

Sussex A.A.A. 100, 440 and 880 yards

Indoor Championships

(Under A.A.A. Laws)

On SATURDAY 6th MARCH

in a Heated Hangar, R.A.F. Station,

Thorney Island, Nr. Emsworth

Commence 2 p.m.

Open Events: Seniors—100, 440, 880 and Mile. Juniors—100, 440 and 880. Youths—100, 440 and 880. Club Relay—4 x 100, Seniors, Juniors and Youths.

Details from and entries for all events to D. C. Keating, Colnor House, Bosham (Tel. 2350).

Closing Date: 22nd February, 1965

"The Premier Road Race of the Midlands"

THE

HALESOWEN "16"

MAY 15th, 1965

Further details from F. Brettell,
1 Mayfield Road, Halesowen, Birmingham

HARLOW ATHLETIC CLUB WINTER FIELD EVENTS MEETING

Sunday, 21st March, at 11 a.m.

THE SPORT CENTRE, HARLOW, ESSEX

Men's (Snr., Jr., & Yth.) Shot, Discus, Javelin, High Jump, Long Jump, Triple Jump. Ladies (Snr. & Jr.) Shot, Discus, Javelin, High Jump, Long Jump.

NO ENTRY FEE—NO PRIZES

Entries to T. J. Dradey, 19 The Hornbeams, Harlow, Essex, by March 13th. S.A.E. Please.

CAMBERLEY & DIST. ATHLETIC CLUB

"YOUNG ATHLETES OPEN MEETING"

(Under A.A.A. & W.A.A.A. Laws)

Whit Monday, 7th June, 1965 at 2 p.m.

London Road Recreation Ground (A.30)
Camberley

Medals will be awarded

Youths, Boys, Intermediate Ladies, Jr.

Ladies. Entry Fee 1/- each event

Entries, on A.A.A. forms, close 24th May, 1965

Entries and Enquiries to G. A. Fyfe, 39 Highland Road, Camberley

INSURANCE ATHLETIC ASSOCIATION

1965 CHAMPIONSHIPS

(Under A.A.A. and W.A.A.A. Laws)

Junior & Ladies

TUESDAY, JUNE 15th

Senior Events

TUESDAY, JUNE 22nd

Starting 5.45 p.m.

The event is open to Amateurs who are employed by Insurance Companies, Insurance Institutes, Provincial Insurance Athletic Associations, firms carrying on business solely as Insurance Brokers and/or Insurance Assessors, firms subscribing to Lloyds, the Corporation of Lloyds and Lloyds' Syndicates.

UNIVERSITY OF LONDON TRACK MOTSPUR PARK, SURREY

at 5.45 p.m.

Entry Forms with full details from: D. J. Parsons, Hon. Secretary, 47 Grimsdells Lane, Amersham, Bucks.

ENTRIES CLOSE 19th MAY, 1965