

Athletics

WEEKLY

Vol. 19

No. 7

February 13th, 1965

THE ATHLETE'S MAGAZINE



**INCORPORATING
MODERN ATHLETICS
& WORLD ATHLETICS**

INSIDE

U.K. Junior "Top Ten"



A Guide To Throwing
Part Two



Southern Women's
C.C. Championship



British Universities
C.C. Championships



Australian News

1/3



Cover Photo by Ron Linstead:
Peter Yates (Windsor & Eton) 1st. and
No. 19, John Baldwin (Blackheath) 3rd.,
running together at halfway in the South
of Thames C.C. Championship.

COLIN FRY WINS S.W. SENIOR CHAMPIONSHIP

At Taunton, February 6th

IN the absence of Eddie Strong, Colin Fry, of Poole, started favourite for the senior title. At the end of the first lap he was a second ahead of P. Carr-Locke, of Swindon, in 15.31, with Ron Shergold (Salisbury) third in 15.34 and R. Townsend about 25 yards back in fourth place. Towards the end of the second lap Fry had opened a lead which stood at some 60 yards by the end of the lap. Townsend having moved into second place ahead of Carr-Locke. These positions were maintained to the end, by which time Fry, through forceful front-running, had extended his lead to over 200 yards.

In the Junior race, Tuppen, Stevens and Retter passed through the halfway mark at one second intervals, and went on to finish in the same order.

L. Chapman, of Barnstaple, raced into an early lead in the youths' race which he had built up to a convincing 150 yards at the finish.

1. C. Fry (Poole) 47.31
2. R. Townsend (Swindon) 48.12
3. P. Carr-Locke (Swindon) 48.45
4. R. Proffitt (Devonport) 49.12; 5. R. Shergold (Salisbury) 49.12; 6. A. Williams (Bristol) 49.28; 7. D. Crook (Paignton) 49.52; 8. J. Townsend (Swin) 50.02; 9. V. French (Devon) 50.03; 10. J. Sampson (Weymouth St. P) 50.05; 11. B. Dunn (Wey) 50.35; 12. M. Curtland (Barnstaple) 50.50; 13. G. Mears (Barn) 50.56; 14. T. Vincent (Poole) 51.23; 15. D. Smith (Exeter) 51.36; 16. W. Pluck (Poole) 51.37; 17. S. McBride (Swin) 51.43; 18. B. Jewell (Barn) 51.47; 19. P. Street (Barn) 52.27; 20. B. Penberthy (Ex) 52.49; 21. L. Horlock (Wey) 53.03; 22. R. Jeans (Salis) 53.39; 23. B. Watson (Poole) 53.45; 24. J. Honeychurch (Paignton) 53.47; 25. D. Amery (Salis) 53.48; 26. P. Hoare (Barn) 53.58; 27. A. McDougald (Yeovil) 54.52; 28. P. Davis (Salis) 54.55; 29. M. Grist (Trowbridge) 55.14; 30. A. Randall (Trow) 55.37.

Teams: Pts.
1. Swindon (2, 3, 6, 14) 25
2. Poole (1, 11, 13, 20) 45
3. Barnstaple (9, 10, 15, 16) 50
4. Weymouth St. Pauls 59; 5. Salisbury 70; 6. Exeter 90; 7. Paignton 102; 8. Yeovil 136; 9. Bath & City 168.

Juniors and Youths next week

CHURCH WINS EPSOM & E. YOUTHS' C.C. RACE

STEVE BADGERY (Mitcham) strode away from the start of the Youths' event, followed by Colin Church (Walton) and Geoff King (Windsor). In an exciting finish Church found the power to surge home first, with King

just edging Badgerly out of second place. Mitcham reversed last year's placing in the team race with T.V.H.

Woodfield School, Cranford, created the surprise in the Boys' race when running the strong Luton team, led magnificently by Simmonds, to a single point.

Youths

1. *C. Church (Walton) 20.21
2. G. King (Windsor & Eton) 20.23
3. S. Badgerly (Mitcham) 20.24
4. D. Cox (TVH) 21.04; 5. Bowles (So'ton) 21.15; 6. Fox (So'ton) 21.18; 7. Melvern (Dr. Challoners) 21.28; 8. *W. Hughes (Walt) 21.38; 9. A. James (Crown & M) 21.40; 10. B. Standen (TVH) 21.42; 11. R. Selby (Orp) 21.43; 12. K. Dillon (Mit) 21.45; 13. Gibbins (Selhurst GS) 21.45; 14. S. Patterson (TVH) 21.46; 15. W. Stock (Rochester) 21.54*; 16. J. Rogers (Dr. C) 21.55; 17. R. Taylor (C & M) 21.57; 18. Hewitt (QPH) 22.03; 19. B. Byrne (Mit) 22.04; 20. C. Felix (Mit) 22.05. *individual.

Teams:

1. Mitcham A.C. (2, 9, 14, 15) 40
2. Thames Valley H. (3, 7, 11, 22) 43
3. Dr. Challoners GS (6, 12, 16, 31) 65
4. Selhurst GS 74; 5. Southampton 80; 6. Guildford & G. 143; 7. Skinners S. 164; 8. Queens Park 166; 9. Wimbledon Coll. 173; 10. Thurrock 188; 11. Kingston GS 204; 12. Epsom Coll. 206.

S.O.S. FROM ALAN SIMPSON

At the Blackpool Illuminations Meeting in 1963, Alan Simpson won the mile and was presented with the Cartmell Trophy to retain for 12 months. Alan seems to remember passing this over to another athlete when he was unable to run there last year, but does not remember who, or where the cup is. He is being held responsible for this trophy and would welcome news of its whereabouts. Please write to Alan Simpson, "Valley View," Doncaster Road, Thrybergh, nr. Rotherham, Yorks.

* * *

The next indoor meeting at Cosford has been altered from March 20th to Wednesday, March 17th at 7 p.m. Events are now: 60, 220, 330, 660y, 1M, 2M, 60yH, MCAA Champs., at 4 x 110 and 4 x 3 x 2 x 1 laps. Women's 60, 220, 330, 660y. More details later in "A.W."

* * *

Capt. George Crump, the inspiration behind the AAS Beachley team, sustained serious spinal injuries when he fell down a 50ft. cliff while out training with the boys last week, and is now in the Prince of Wales Orthopaedic Hospital, Cardiff.

* * *

The New Zealand cross-country team will be staying with members of Essex Beagles while in this country; they will probably use Mayesbrook Park track and the Beagles' facilities at Chigwell Row.

INCORPORATING MODERN ATHLETICS AND WORLD ATHLETICS

Editor: P. W. GREEN

Printed and Published by—
WORLD ATHLETIC & SPORTING
PUBLICATIONS, LTD.

At their Editorial Offices—
NEW ROAD—344 HIGH STREET,
ROCHESTER, KENT.
(Chatham 44644-5).

Advertisement Department—
All communications to The
Advertisement Director, World
Athletic & Sporting Publications
Ltd., New Road—344 High Street,
Rochester, Kent.

SUBSCRIPTION RATES

Direct subscribers in U.K. and H.M.
Forces abroad:—

- 12 MONTHS (52 issues) 60s.
- 6 MONTHS (26 issues) 30s.
- 3 MONTHS (13 issues) 15s.

All other subscriptions:

- 12 MONTHS (52 issues) 75s. 10d.

CERTIFIED CIRCULATION

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(June-December, 1964)

CONTENTS

LETTERS TO THE EDITOR ...	4
E. & W. LANCES.	
CHAMPIONSHIPS	6
YORKSHIRE CHAMPS. (Contd.)	7
SCHOOLS RACES ...	8
BRITISH UNIVERSITIES	
CHAMPIONSHIPS	9
ALDERSHOT RELAYS ...	10
OTHER RESULTS ...	11
SCOTTISH NEWS ...	14
U.K. JUNIOR "TOP TEN" ...	16
A GUIDE TO THROWING	
By Don Anthony (Contd.)	19
AUSTRALIAN NEWS ...	21
WHO'S WHO IN	
BRITISH ATHLETICS	22
BRITISH RUNNERS ABROAD	25
STANMORE INDOOR MEET.	26
RACE WALKING ...	27
"A.W." TRIPS TO CUP FINAL	29
WITH THE LADIES ...	30

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NATIONAL L-B RELAY SAVED

AS will be seen on page 4, the *News of the World* have had second thoughts about the London to Brighton Relay and will, with some modifications, continue with the promotion of the National race. The Southern event will have to go, but ten Southern teams will take part in the National event, and there are so many other popular road relays in the South that there is no reason why the mantle of what has been virtually a Southern Championship should not fall on one of these, unless the Southern Counties A.A.A. might feel like instituting such an event in its own right.

A.W. Trips to Cup Final

Details of "A.W." trips to Germany in September have now been finalised and are included on another page. It cannot be stressed too strongly how essential it is for any reader even considering the possibility of going, to fill in the form asking for the detailed itinerary and booking form from Page & Moy of Leicester. Numbers are likely to be restricted to 40 on each tour, and when this number have booked, others may only be included when cancellations are made.

Geoff Last, the Blackheath Harrier who was running in their cross-country teams a few years ago, is the Tours Manager of Page & Moy and will probably be their representative with one of the parties. The services of one of their Couriers will be available throughout on each tour. As will be seen, rates quoted are very competitive. Geoff is making certain that everything will be done to ensure the comfort of members and these holiday trips should be just about our best ever. So if you are thinking of going, write this week-end for the detailed itineraries—if you leave it you may be too late. Use the form or write a letter to Geoff Last and he will do the rest.

It has not been possible, I regret to say, to include the women's Cup Final at Kassel as an optional excursion in these itineraries, but anyone on the 10 day trip wishing to go and come home afterwards, or to make a special trip on the 18 day tour, can be sure that Geoff Last will make any arrangements necessary.

Today's Events

The main events today are the area Championships, the Southern at Brighton, Northern at Blackpool, Midland at Rugby and Eastern Counties at R.A.F. Watton. Tomorrow, Sunday, Feltham A.C. hold their Field Events Meeting, commencing with the HJ and SP (W), LJ (S, Y), and JT (S, J, Y, B) at 10 a.m., and followed at 10.30 with DT (W), SP (S, J, Y, B) and HJ (S, Y), and at 11.0 with LJ and JT (W), and DT (S, J, Y, B).

THE EDITOR

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

THE NATIONAL LONDON TO BRIGHTON IS SAVED

Dear Sir,

After the bombshell that I dropped when I wrote to the clubs informing them that we could no longer continue the National road relay race, it has been most interesting reading letters published in your magazine, and also those sent to me at my office. I must admit that I did not anticipate such a furore, particularly as there is no intention to stop the regional races. Many of your, and also my correspondents, have quoted the fact that the original London-Brighton relay race was a National race. However, I find on looking back through these programmes that the national flavour as quoted by the correspondents, was confined in most cases to one or two Midland clubs, a Northern Club on several occasions and, for two or three years, a Welsh club. This does not to me, constitute a National race.

In my innocence, I thought that for the general good of athletic clubs, it would be far better to keep the three regional races where we can accommodate a total of 60 clubs, rather than drop these and continue with the National where we can only accommodate 20 clubs. However, the "News of the World" is always prepared to listen to reason from the clubs, so we have once again gone into the question of continuing to stage the National relay. I am happy to say that we are now prepared to continue this relay in a modified form, but at the same time we shall dispense with the Southern London-Brighton race.

There will be at least 10 Southern teams invited to compete in the National race, and in normal years, 4 Midland, 4 Northern and 1 Scottish club. These clubs will, of course, be selected on their performances in the Manchester-Blackpool and the Edinburgh-Glasgow relay races. The Southern teams will be selected by a small committee taking into consideration the club's performances in other road running events.

We cannot continue to bear the full cost of travel and hotel, but we are prepared to make donations to the clubs towards their costs. All other details of the race will remain exactly as before.

All clubs concerned in the National race for 1965 have been informed of this decision and have been invited to compete under these new conditions. I cannot go further, but I certainly trust that the clubs concerned will accept the invitation to run in the race, and that we can continue to have a happy and successful

National relay race in the true meaning of the word, as in the years since 1951.

Yours faithfully,

R. N. Bacchus,

Publicity Manager

"News of the World"

This was received in the same post as a petition sent by reader D. A. Hebbes with 91 signatures from members of twenty different clubs from as far afield as Southend, Ipswich, Thurrock, Chelmsford, and Watford, as well as many London clubs. Ed.

INDOOR TRACKS

Dear Sir,

You have indeed most admirably summed up the reason for not building indoor halls for 440 yard tracks—high cost. Indeed, I cannot think of any building in Britain which was built specifically for competitive indoor track and field. Most of our indoor tracks are in R.A.F. hangars and gymnasiums, and it is to the Nuffield Trust that thanks should be given for the money made available for their conversion and equipment. The track at Feltwell and Leeming (both 200 yards) both fall in this category.

Perhaps reader G. Raffitty ("A.W." February 6th) has the track at R.A.F. Leeming in mind when he writes of "a new 220 yards track being built in the north". This 200 yards track was first used in December, 1963, and meetings are, I am informed, run by the North Yorks and South Durham League. Could their Secretary please write and let "Athletics Weekly" or myself have some news? It has not, in the past, been forthcoming.

I fail to see the connection between the existence of a Minister for Sport and the British Amateur Athletic Board having limitless money to spend on domestic indoor facilities!

Quite apart from the utterly impracticable enlarging of the floor areas of massive buildings by knocking down walls, offices, etc., to make room for a 440 yards track in an existing building, roofs would have to be raised considerably for throwing the discus, hammer and javelin.

Could readers please note that, with immediate effect, my address until February, 1966, is Officers Mess, R.A.F. Gan, BFPO 180. Letters need 6d. stamp and Blue Air Mail Label.

Yours faithfully,

P. S. Mackenzie

North-Eastern Counties Championships (continued)

Youths

1. H. Matthews (Elswick)	16.00
2. M. Candlish (Jarrow)	16.07
3. M. Benn (Heaton)	16.11
4. I. Mouat (S. Sh) 16.16; 5. D. Camp (Burn Rd) 16.18; 6. J. Myatt (Midd) 16.34; 7. B. Simpson (Gates) 16.36; 8. J. Dixon-Dawson (Hough) 16.38; 9. P. Geary (Heaton) 16.45; 10. M. Coleby (Darl) 16.48; 11. A. Clough (Els) 16.54; 12. J. Trainor (Gates) 16.57; 13. B. Mileson (Sund) 16.59; 14. J. Oliver (Gos) 17.10; 15. B. Richardson (Gates) 17.15; 16. J. Maine (Heaton) 17.19; 17. B. Pearson (Els) 17.21; 18. J. Crofts (Els) 17.25; 19. J. Tinkler (Els) 17.25; 20. D. Mead (N.S. Poly) 17.29.	

Teams:

Pts.

1. Elswick H.	(1,11,17,18)	47
2. Heaton H.	(3, 9,16,28)	56
3. Gateshead H.	(7,12,15,23)	57
4. Jarrow 97; 5. South Shields 108; 6. Burn Road 123; 6. N. Shields Poly 125; 8. Gosforth 137.		

Boys

1. B. Lowdon (Elswick)	11.20
2. I. Forster (Burn Road)	11.40
3. D. Dick (Gateshead)	11.54
4. R. Elliott (Gates) 11.57; 5. M. Brown (Gos) 12.02; 6. B. Young (Els) 12.19; 7. T. Butler (Sund) 12.23; 8. I. Simpson (Els) 12.28; 9. P. Ward (Midd) 12.31; 10. R. Hepburn (Jar) 12.32; 11. D. Thompson (Midd) 12.32; 12. R. Marshall (Gos) 12.33; 13. A. Lloyd (Midd) 12.34; 14. M. Wetherall (B. Synth) 12.35; 15. N. Craggs (Midd) 12.40.	

Teams:

Pts.

1. Elswick H.	(1, 6, 8)	15
2. Gateshead H.	(3, 4,25)	32
3. Middlesbrough & C.	(9,11,13)	33
4. Gosforth 36; 5. Jarrow 51; 6. Sunderland 83; 7. Bedlington 103; 8. Heaton 108; 9. Saltwell 111; 10. Houghton 119.		

The Hercules A.C. team which won the South of Thames C.C. Championship at Bracknell. L. to R.—Mike Beard, Dave Holt, Mike Beevor, John Halliday, Alan Turner and Bob Holt.

Ron Linstead

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Money gladly refunded if not delighted with this wonderful shoe.

The "Solihull News" are sponsoring an inter-club trophy meeting at Solihull on September 4th. Clubs wishing to take part or requiring further details should write to Mr. C. Villiers, Solihull Dist. Youth H.Q., Tudor Grange Park, Blossomfield Road, Solihull, Warks., before February 24th.

A 10 mile road race will be held at Gringley-on-the-Hill, nr. Doncaster, in conjunction with a Steam Traction Engine Rally on July 10th.



EAST LANCs. C.C.A. CHAMPIONSHIPS

(Continued)

Juniors

1. C. Fay (Clayton-le-Moors)	26.55
2. S. Grace (Sale)	27.08
3. D. Farmer (Sale)	27.22
4. C. Robertshaw (Sale) 27.27; 5. P. Dixon (Bolton) 27.45; 6. J. Freeman (Rochdale) 27.48; 7. A. Pugh (Bolton) 27.56; 8. D. Moore (Winn Pk) 27.59; 9. G. Peel (Blackburn) 28.21; 10. D. Hogg (Sale) 28.23; 11. G. Entwistle (Bol) 28.26; 12. P. Nelson (M/r DLC) 28.27; 13. R. Hindle (Clayton) 28.29; 14. P. Kilbey (MAC) 28.41; 15. P. Howard (M/r DLC) 28.43; 16. A. Blinston (Alt) 28.45; 17. R. Carrington (Sale) 28.55; 18. M. Rothwell (Sale) 28.58; 19. K. Baum (Bol) 28.59; 20. R. Gregory (M/r DLC) 29.27.	

Teams:

	Pts.
1. Sale H.	(2, 3, 4, 10) 19
2. Bolton United	(5, 7, 11, 19) 42
3. Clayton-le-Moors	(1, 13, 21, 22) 57
4. Manchester & DLC 70.	

Youths

1. D. Williams (Sale)	15.59
2. D. Norden (Blackburn)	16.10
3. S. Edmunds (Sale)	16.16
4. A. Reade (Oldham) 16.19; 5. P. Glazier (Sale) 16.21; 6. C. Leggatt (Sale) 16.23; 7. M. Knowles (Bury) 16.29; 8. F. Brisco (Leigh) 16.35; 9. J. Calvert (Clay) 16.36; 10. S. Clegg (Salford) 16.40; 11. D. Ferguson (Bol) 16.43; 12. T. Dean (Sale) 16.45; 13. M. Vernon (MAC) 16.48; 14. A. Ryder (Sale) 16.55; 15. M. Critchley (Winton) 16.59; 16. G. Hutchinson (MAC) 17.04; 17. B. Davies (E. Ches) 17.05; 18. D. Young (E. Ches) 17.05; 19. M. Yates (Bury) 17.11; 20. P. Morris (M/r DLC) 17.14.	

Teams:

	Pts.
1. Sale H.	(1, 3, 5, 6) 15
2. Manchester A.C.	(13, 16, 22, 23) 74
3. Salford H.	(10, 24, 25, 39) 98
4. Manchester & DLC 103; 5. Bolton Utd 112; 6. Manchester GS 161.	

Boys

1. I. Mansell (Sale)	11.12
2. S. Ferrer (Salford)	11.20
3. J. Richardson (Sale)	11.38
4. P. Duffy (Sale) 11.38; 5. T. Lonnergan (Sale) 11.39; 6. J. Davies (MAC) 11.47; 7. M. Roe (Winton) 11.51; 8. J. Heaton (Sale) 11.54; 9. K. Render (Leigh) 11.57; 10. M. Dunne (Sale) 11.59; 11. M. Delaney (Sale) 12.00; 12. D. Owen (Win) 12.04; 13. H. Walker (Clay) 12.05; 14. P. Shaw (MAC) 12.06; 15. S. Johnson (Winn Pk) 12.07.	

Teams:

	Pts.
1. Sale H.	(1, 3, 4, 5) 13
2. Manchester A.C.	(6, 14, 18, 27) 65
3. Salford H.	(2, 16, 26, 33) 77
4. Winton 97.	

WEST LANCs. C.C.A. CHAMPIONSHIPS

(Continued)

Juniors

1. R. Wood (Wigan)	30.49
2. F. Reeves (Barrow)	31.00
3. J. McLoughlin (Sutton)	31.08
4. M. Fearon (Liverpool) 32.16; 5. M. Griffiths (Sut) 32.23; 6. P. Morris (B'pool) 32.36; 7. D. Winward (Bar) 33.19; 8. B. Jones (L'pool) 33.24; 9. B. Sideway (B'pool) 33.29; 10. D. Linney (Bar) 33.32; 11. C. Abrams (B'pool) 33.45; 12. M. Smith (Lunes) 34.00; 13. W. Moore (L'pool) 34.19; 14. D. Costello (Sut) 34.34; 15. W. Drake (Wirr) 35.04; 16. G. Gemson (Lunes) 35.50; 17. G. Walsh (Sut) 35.45; 18. P. Wallace (Wirr) 36.00; 19. F. Costello (Sut) 36.04; 20. W. Tone (L'pool) 36.12.	

Teams:

	Pts.
1. Sutton H.	(3, 5, 14, 17) 39
2. Liverpool H.	(4, 8, 13, 20) 47
3. Blackpool & Fylde	(6, 9, 11, 24) 50

Youths

1. D. Brennan (Warrington)	15.08
2. T. Overington (Wirral)	15.15
3. J. Fewery (Blackpool & F.)	15.28
4. R. McAndrews (Wigan) 15.40; 5. J. Shore (Wir) 15.43; 6. K. Thomason (B'pool) 15.44; 7. K. Swinbank (Preston) 15.45; 8. K. Ollerton (Wig) 15.46; 9. B. Irvine (Wirr) 15.47; 10. K. Oliver (L'pool) 15.48; 11. R. Cahill (W'loo) 15.49; 12. G. Dalton (Warr) 15.55; 13. G. Gleave (War) 16.05; 14. D. Brown (Warr) 16.10; 15. D. Dodd (Wirr) 16.12; 16. A. Gerrard (L'pool) 16.14; 17. E. Evans (L'pool) 16.16; 18. K. Burrell (L'pool) 16.17; 19. B. Wills (Warr) 16.34; 20. B. Smith (Wall) 16.36.	

Teams:

	Pts.
1. Wirral A.C.	(2, 5, 9, 15) 31
2. Warrington A.C.	(1, 12, 13, 14) 40
3. Liverpool H.	(10, 16, 17, 18) 61
4. Wigan 69; 5. Blackpool & Fylde 71; 6. Preston 88.	

Boys

1. D. Buckley (Warrington)	10.21
2. J. Holden (Preston)	10.32
3. D. Lockley (Wallasey)	10.38
4. D. Green (Wigan) 10.41; 5. P. Corey (Waterloo) 10.46; 6. J. Gambles (Wig) 10.48; 7. D. Spencer (Wall) 10.51; 8. P. Green (Wig) 10.53; 9. J. Harrison (Pres) 11.00; 10. B. Hadfield (Port Sunlight) 11.03; 11. J. Bradshaw (Wig) 11.05; 12. B. Leviston (Bar) 11.06; 13. D. Lucas (L'pool) 11.07; 14. J. Thomas (L'pool) 11.09; 15. K. Johnson (Warr) 11.10.	

Teams:

	Pts.
1. Wigan & Dist.	(4, 6, 8, 11) 29
2. Warrington A.C.	(1, 15, 16, 18) 50
3. Wallasey A.C.	(3, 7, 25, 27) 62
4. Liverpool 68; 5. Preston 69; 6. Waterloo 69.	

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YORKSHIRE CHAMPIONSHIPS

(continued)

Youths

1. D. Atkin (Airedale)	15.11
2. S. Hollings (Wakefield)	15.48
3. D. Pratt (Sheffield U.H.)	16.00
4. M. Cox (Leeds AC) 16.07; 5. K. Lear (Sheff)	16.08; 6. R. Grice (H'gate) 16.09; 7. R. Pontefract (Hallam) 16.19; 8. R. Heathcote (Hallam) 16.27; 9. R. Steele (Hallam) 16.33; 10. T. White (Long) 16.37; 11. K. Duckworth (A'dale) 16.40; 12. P. Bygate (Bradford GS) 16.41.

Teams:	Pts.
1. Hallamshire H.	(7, 8, 9, 15) 39
2. Sheffield United	(3, 5, 18, 20) 46
3. Longwood H.	(10, 13, 16, 21) 60
4. Halifax 97; 5. Harehills 102; 6. Bradford GS 128.	

Boys

1. C. Mason (Hallamshire)	10.30
2. J. Johnson (Longwood)	10.45
3. B. Preece (Longwood)	10.54
4. R. Hollings (Wakefield) 11.01; 5. D. Robinson (H'fax) 11.03; 6. R. Sykes (Long) 11.03; 7. D. Beswick (H'fax) 11.04; 8. E. Bentley (Hallam) 11.20; 9. B. Mullarkey (Roth) 11.20; 10. A. Greaves (Hallam) 11.25; 11. P. Stringer (Leeds St. M) 11.28; 12. S. Dillon-White (Army App) 11.30.	

Teams:	Pts.
1. Longwood H.	(2, 3, 6, 23) 34

2. Hallamshire H.	(1, 8, 10, 26) 45
3. Halifax H.	(5, 7, 27, 30) 69
4. Sheffield United 82; 5. Bradford GS 91; 6. Leeds St. Marks 120.	

LOUGHBOROUGH INDOOR MATCH

January 31st

Loughborough Training Coll. 51, Loughborough Coll. of Tech. 30, Notts County AAA 22, L'boro TC (1st year students) 17.

45: 1, Arrowsmith (LTC) 5.1; 2, Knowle (LTC) 5.2; 3, Hubbard (Tech) 5.2. 660: 1, Mathews (Tech) 1:31.8; 2, Cowley (LTC) 1:33.4; 3, Graham (LTC) 1:37.3. 1000: 1, Matthews 2:27.0; 2, Dick (LTC) 2:27.9; 3, Archer (LTC) 2:34.4. 2M: 1, Black (LTC) 9:41.6; 2, Lee (Notts) 9:44.8; 3, Down (Tech) 9:51.4. 50yH (2'6"): 1, Webb (LTC) 6.2; 2, Iwanowski (Notts) 6.3; 3, Topper (Tech) 6.4. HJ: 1, Kirtley (LTC) 5'10"; 2, Moon (LTC—1st) 5'6"; 3, White (Notts) 5'4". PV: 1, Higdon (LTC) 13'2" (L'boro Coll. Indoor rec); 2, Jones (LTC) 12'0"; 3, Rance (LTC—1st) 10'6". LJ: 1, Beales (LTC) 20'11"; 2, Joyce (Tech) 20'10½"; 3, Williams (Notts) 20'8"; 4, Smith (Notts) 20'5". TJ: 1, Joyce (Tech) 42'4½"; 2, Moon (LTC—1st) 41'8"; 3, Connell (LTC) 41'7¼". SP: 1, Studholme (Notts) 42'4"; 2, Banies (LTC) 41'5¼"; 3, Robulson (LTC) 39'9¼"; 4, Grover (LTC—1st) 38'2". 4 x 220: 1, C. of T. 1:53.5; 2, LTC 1:54.7; 3, Notts AAA 1:55.9; 4, TC (1st year) 1:56.1.



The leaders after a quarter of a mile in the South of Thames Championship. No. 459 Peter Carr-Locke (Surrey A.C.), No. 293 Dave Smallbone (Mitcham), No. 464 Dave Gibson (Surrey A.C.), No. 19 John Baldwin (Blackheath) and No. 214 Mike Beevor (Hercules).

Ron Linstead

Schools' Races

YEOVIL & DIST. SCHOOLS CHAMPS.

At Preston School, January 27th

(17/19)

1. D. Owen (Yeovil GS)	28.08
2. D. Lewis (Clare)	28.40
3. S. Wilson (Yeovil GS)	29.58
4, eq. M. Roberts & P. Dobson (Kings Bruton)	30.52; 6. M. Batten (Yeovil Tech) 30.59; 7. T. Hedger (YGS) 31.06; 8. J. Rogers (Clare) 31.08; 9. M. Clapp (KB) 31.17; 10. M. Davis (KB) 31.27.

Teams:

1. Kings Bruton	(4, 5, 9,10,12,18)	58
2. Yeovil GS	(1, 3, 7,14,20,24)	69
3. Yeovil Tech.	(6,13,16,28,30,33)	126
4. Chiltern C. 188.		

(15/17)

1. I. Carslake (Chilton Cantelo)	21.11
2. D. Wilson (Chilton Cantelo)	21.30
3. P. Hendrich (Yeovil GS)	22.16
4. P. Marks (Stanchester) 22.34; 5. C. Martin (Clare) 22.37; 6. A. House (Preston) 22.48; 7. T. Gurney (KB) 22.57; 8. C. Shaw (YGS) 23.02; 9. J. Redward (Stan) 23.03; 10. S. Nussery (Crewkesne GS) 23.15; 11. R. Oldridge-Pearse (Stan) 23.16; 12. N. Chainey (Cl) 23.17; 13. P. Malpass (YGS) 23.21; 14. E. Flory (Stan) 23.26; 15. P. Lewer (YTC) 23.57.	

Teams:

1. Stanchester	(4,9,11,14,19,26)	83
2. Yeovil GS	(3,8,13,23,34,54)	135
3. Chilton Cantelo	(1,2,30,32,33,41)	139
4. Preston "A" 201; 5. Kings Bruton 230; 6. Summerlease 234; 7. Crewkesne GS 240; 8. Yeovil Tech. 280; 9. Preston "B" 344.		

(U/15)

1. D. Parkin (Clare)	16.43
2. B. French (Preston)	16.49
3. B. Oldridge Pearse (Stanchester)	16.53
4. T. White (Grass Royal) 17.02; 5. D. Han-	

ning (Pres) 17.15; 6. D. Knight (Chard) 17.39; 7. A. Wensley (Stan) 17.39; 8. B. Prest (Stan) 17.53; 9. K. Rendell (Pres) 17.54; 10. A. Judge (Stan) 17.55; 11. P. Hart (Pres) 17.56; 12. N. Batterick (GR) 17.58; 13. T. Osment (Pres) 18.01; 14. B. Rose (Pres) 18.02; 15. A. Long (Crew) 18.03.

Teams:

1. Preston School	(2, 5, 9,11,13,14)	54
2. Stanchester	(3, 7, 8,10,30,40)	98
3. Grass Royal	(4,12,16,21,35,37)	125
4. Kings Bruton 200; 5. Preston "B" 205; 6. Chard 216; 7. Yeovil GS 251; 8. Crewkesne GS 303.		

NORTH NOTTS SCHOOLS CHAMPS.

At Retford, January 30th

U/17

1. Sivel (Retford)	21.36
2. Minnitt (Retford)	22.03
3. Beevers (Retford)	22.04
4. Jarvis (Ret) 22.17; 5. Beall (R) 22.31; 6. Marshall (Winifred Portland) 22.42; 7. Bateman (R) 23.03; 8. Spencer (R) 23.14; 9. Henderson (R) 23.44; 10. Dyer (Sir F. Milner) 23.46.	

Teams: 1. Retford GS 22pts.; 2. Sir Frederick Milner 122; 3. Winifred Portland TGS 131; 4. Bentinck 136; 5. Ordsall Hall 179; 6. Priory 227.

U/15

1. Hall (Retford)	(rec.)	15.23
2. Ansell (Priory)		15.38
3. Cook (Ordsall Hall)		15.39
4. Mable (Ret) 16.11; 5. Wilkinson (Ret) 16.20; 6. Williams (Sir F. Milner) 16.20; 7. Webb (SFM) 16.24; 8. Minnitt (Ret) 16.32; 9. Poplar (Ret) 16.32; 10. Dewsbury (Ret) 16.32.		

Teams: 1. Retford GS 37pts.; 2. Sir Frederick Milner 101; 3. Priory 171; 4. Langold 181; 5. Bircotes 195; 6. Ordsall Hall 206; 7. Henry Portland GS 232; 8. Winifred Portland TGS 297; 9. Central 376; 10. Redlands 416.

TURNER BEATS MURRAY IN GRANDSTAND FINISH

For British Universities Championship at Nottingham, February 6th

D. LEA of Liverpool was the early leader but after a mile Fergus Murray had established a good lead from Mike Turner and John Jackson. Turner gradually dropped Jackson and then set out after Murray, who had a lead of 14 secs. at the four mile mark. With a mile to go the gap had been closed to one of ten yards and soon after, Turner went ahead.

On the last stretch before the final run-in Murray made a break and opened up a five yard gap which looked as if it would prove decisive in view of the final cruelly steep hill. Turner, however, gallantly made one last effort and he just got past to win by the narrowest of margins in the final stride. Behind Turner, the Cambridge team swamped the team race despite the efforts of London who finished a comfortable second. Leeds University ran in third, thereby winning the U.A.U. Championship, with John Jackson taking the individual title.

1. D. M. Turner (Cambridge)	27.42
2. A. F. Murray (Edinburgh)	27.42
3. J. Jackson (Liverpool)	28.42
4. P. Yates (London) 28.59; 5. A. Heron (Camb) 29.10; 6. R. Moore (Leeds) 29.19; 7. R. Robinson (Camb) 29.19; 8. A. Ashton (Camb) 29.30; 9. N. Barton (London) 29.31; 10. M. Down (L'boro Coll) 29.35; 11. R. Young (Edin) 29.36; 12. G. Billington (London) 29.38; 13. D. Davies (Oxford) 29.41; 14. D. Lea (L'pool) 29.43; 15. R. Newble (Sheffield) 29.48; 16. R. Sulston (Camb) 29.49; 17. D. Quinlan (Leeds) 29.52; 18. K. Angus (Sheff) 29.56; 19. J. Donnison (Notts) 29.58; 20. M. Craven (Ox) 30.00; 21. G. Bowden (Manchester) 30.03; 22. W. Ewing (Aberdeen) 30.08; 23. D. Wilkinson (Notts) 30.15; 24. R. Domleo (London) 30.19; 25. D. Ross (Camb) 30.22; 26. M. Statham (Ox) 30.26; 27. C. Loosley (Aberystwyth) 30.28; 28. G. Kirkham (Durham) 30.30; 29. J. Lunn (M/r) 30.33; 30. H. Chadwick (Camb) 30.37; 31. M. Walsh (Swansea) 30.40; 32. R. McKean (St. Andrews) 30.41; 33. P. Dixon (Leeds) 30.45; 34. W. Eadie (Strathclyde) 30.48; 35. W. Davies (London) 30.48; 36. P. Lightfoot (Reading) 30.48; 37. D. Mettrick (Ox) 30.50; 38. J. Butterworth (Leeds) 30.53; 39. J. Helliwell (Leeds) 30.55; 40. I. Young (Edin) 30.56; 41. M. Fearon (L'pool) 30.58; 42. G. Bryan-Jones (Leeds) 30.59; 43. C. Robertshaw (Birmingham) 31.02; 44. R. Bartleet (Notts) 31.05; 45. G. Thewlis (Leeds) 31.06; 46. J. Light (Edin) 31.10; 47. L. Pratt (Newcastle) 31.13; 48. G. Evans (Edin) 31.15; 49. R. Ashworth (Ox) 31.17; 50. G. Tunnell (Cardiff) 31.19.	

Teams:

1. Cambridge	(1, 5, 7, 8, 16, 25)	62
2. London	(4, 9, 12, 24, 35, 54)	138

Pts.

3. Leeds (6, 17, 33, 38, 39, 42) 175
4. Oxford 196; 5. Edinburgh 208; 6. Liverpool 311; 7. Manchester 320; 8. Nottingham 376; 9. Aberdeen 479; 10. Newcastle 490; 11. Sheffield 497; 12. Birmingham 531; 13. Glasgow 566; 14. Durham 570; 15. Strathclyde 644; 16. Southampton 699; 17. Queens, Belfast 706; 18. Exeter 706; 19. St. Andrews 761; 20. Loughborough CAT 778; 21. Reading 796; 22. Swansea 799; 23. Bristol 817; 24. Cardiff 848; 25. Battersea CAT 954; 26. Hull 1070.

U.A.U. Championship: 1. Leeds 83pts.; 2. Loughborough Coll. 148; 3. Manchester 181; 4. Liverpool 181; 5. Nottingham 214; 6. Newcastle 291; 7. Sheffield 299; 8. Birmingham 322; 9. Durham 346; 10. Southampton 439; 11. Exeter 440; 12. Reading 508; 13. Swansea 508; 14. Bristol 517; 15. Cardiff 541; 16. Battersea CAT 677; 17. Hull 705.

MIDDLESEX COURSES

Middlesex AAA will be holding a Course for starters at Eton Manor on Sunday, March 28th, and a Course for Timekeepers at Eton Manor on Sunday, April 4th. Details from D. W. Brown, 34 Malvern Road, Kenton, Harrow, Middx.

* * *

Southgate H. advise that their Road Running Secretary is now P. J. McIlwain, 34 Hamilton Road, London, N.W.11.

CAMBRIDGE & COLERIDGE A.C.

OPEN 10 MILE ROAD RACE

(Including Cambs. County Championship)

SATURDAY, MARCH 20th, at 3 p.m.

Medals first three individuals

Entries (3/-) close March 13th

ANNUAL 4 x 5 MILES

SPRING ROAD RELAY

SATURDAY, MARCH 27th, at 3 p.m.

Trophy, and medals first 3 teams

Entries (7/6 per team) close March 20th

All entries for both events to R. O. Hunneybell, 25 Burleigh Street, Cambridge.

Double Success for Farnham in Aldershot C.C. Relays

At Malta Barracks, January 30th

THESE inaugural relays proved very popular and attracted large entries. In the Boys' race Michael Woods ran the fastest leg of the day on the first circuit to give Aldershot the lead from St. Michaels School and Eton Manor. The second leg saw R. Sluce take Eton Manor to the front, Hartley Wintney School moved into second place and Watford into third. Aldershot had slipped back to fourth but in a tremendous battle on the last lap Malcolm Barton made up a lot of the lost ground and ran the second fastest lap to regain two places. But Eton Manor were unperturbed by the pack-shuffling behind and D. Colton brought them home to a well deserved victory in 30.00.

The Youths event saw Aldershot once again take the early lead only to be passed on the second circuit, this time by Farnham's Phillip Stamp. Despite a barnstorming effort on the final lap by David Curwell, Aldershot fell further behind Farnham as R. Cloude put up the fastest time of the day on the last lap. D. Willshaw took Watford up to third with a glorious finishing effort.

After leading in the Junior race for two of the three laps Luton United "A" were surprisingly beaten as J. Fletcher (Farnham) put up the fastest time of the day to go past Luton star M. Pakey in the final stages and gain Farnham's second success.

Juniors

- 1, Farnham (L. Wheeler 9.20, C. Whitty 9.03, J. Fletcher 8.28) 26.51.
- 2, Luton Utd. "A" (A. Cox 8.54, G. White 9.10, M. Pakey 8.53) 26.57.

3, Luton Utd. "B" (B. Crummey 9.08, D. Collier 9.35, D. Hyde 9.36) 28.19.

4, Dorking St. Pauls 30.08; 5, Twickenham 32.08.

Fastest Laps: J. Fletcher (Farnham) 8.28, M. Pakey (Luton) 8.53, A. Cox (Luton) 8.54.

Youths

1, Farnham (J. Foster 9.43, P. Stamp 9.15, R. Cloude 9.09) 28.07.

2, Aldershot (K. Wooderson 9.35, B. Heywood 9.54, D. Curwell 9.38) 29.07.

3, Watford (R. Parkins 9.56, M. Gillett 9.59, D. Willshaw 9.29) 29.24.

4, Ilford 29.25; 5, Swindon 29.51; 6, Eggars GS 30.09; 7, Belgrave 30.11; 8, Reading 30.19; 9, Twickenham 30.25; 10, AAS Arborfield 30.28; 11, Farnborough GS 30.32; 12, Wycombe Phoenix 30.35; 13, Ilford "B" 31.03; 14, AAS "B" 31.06; 15, RAPC Apprentice Sch. 31.27; 16, Dorking St. Pauls 32.03; 17, Jnr Ldrs Batt RAOC "B" 32.15; 18, RAOC "A" 32.18; 19, RAOC "C" 32.28; 20, Jnr. Para Regt. 32.33.

Fastest Laps: R. Cloude (Farnham) 9.09, P. Stamp (Farnham) 9.15, J. Bisson (Salesian Coll) 9.15.

Boys

1, Eton Manor (J. Law 10.06, R. Sluce 10.03, D. Colton 9.51) 30.00.

2, Aldershot (M. Woods 9.45, J. Davey 11.05, M. Barton 9.48) 30.38.

3, Hartley Wintney Sch. (R. Windiate 10.03, A. Windiate 10.24, M. White 10.13) 30.40.

4, Watford 30.40; 5, All Hallows 31.50; 6, St. Michaels 32.00; 7, Fernhill 32.00; 8, Hart. Wint "B" 32.19; 9, Bracknell 32.27; 10, Jnr. Tradesmen 32.43; 11, Chichester 33.11; 12, St. Michaels "B" 33.38; 13, Fernhill "C" 33.38; 14, Fleet & Crookham 33.39; 15, Twickenham 33.43; 16, Eton Manor "B" 33.48; 17, Fernhill

Continued on page 31



J. Waterhouse (Bingley) 2nd, leading with W. Wilkinson (Rowntrees) 1st in the Yorkshire Junior Championship. Behind Wilkinson are No. 52 M. Baxter (Leeds St. Marks) and No. 34, C. Gillett (Hallamshire).

Eric North

Other Results

December 12th

Bilborough GS 27, Millfield 54, at Millfield. 1, G. Lewinski (B) 30.57; 2, P. Jackson (B) 31.26; 3, G. Blatherwick (B) 31.47; 4, R. Allwood (B) 32.03; 5, J. Fisher (M) 32.15; 6, J. Fradgley (M) 32.34.

December 19th

Bilborough GS 43, Notts Univ. "A" 46½, Mansfield. 1, R. Allwood (B) 19.16; 2, P. Jackson 19.20; 3, J. Fletcher (B) 19.25; 4, Foster (SH) 19.30; 5, S. Cox (B) 19.35; 6, D. Bell (B) 21.21.

January 13th

Bilborough GS 43, Notts. Univ. "A" 46½, Nott. Un. "B" 92½, at Wollaton Park. 1, J. Donnison (N) 20.35; 2, G. Blatherwick (B) 20.58; 3, G. Lewinski (B) 21.00; 4, G. Towler (N) 21.16; 5, P. Kerr (N) 21.47; 6, S. Cox (B) 21.53.

January 16th

Bilborough GS 21, Loughborough GS 75, Kings GS 92, at Loughborough. 1, G. Blatherwick 27.38; 2, G. Lewinski 27.38; 3 eq, S. Cox, J. Fletcher & R. Allwood 28.16; 6, P. Jackson 28.57 (all BGS).

Tipton 38, Halesowen 83, Leamington 109, Sparkhill 114, at Halesowen. 1, D. Jones (T) 31.57; 2, M. Evans (T) 31.57; 3, A. Richards (T) 31.57; 4, L. Willets (Stourbridge-guest) 32.19; 5, J. Humphries (H) 32.24; 6, A. Bradley (H) 32.28. **Worcester 6, Leamington 23, Halesowen 24 (Youths).** 1, P. Rose 16.25; 2, D. Hope 17.06; 3, P. Hill 17.06 (all W).

Birchgrove 10, AAS Beachley 28, Beachley "B" 43 (Yths/Boys), at Cardiff. 1, B. Plain (B) 14.31; 2, I. Rennie (B) 15.15; 3, R. Vincent (B) 15.51; 4, J. Lloyd (B) 15.59; 5, Barratt (AAS) 16.10; 6, Hogg (AAS) 16.14.

January 17th

Croydon Harries Winter Meeting, at Croydon Arena. 100: 1, T. James 10.6; 2, J. King 10.8. 1M: 1, M. Fleet 4:34.4; 2, J. Scovell 4:35.0; 3, J. S. Page 4:35.5. (Jnr) ½M: 1, M. Ballard 3:35.2; 2, N. Morrison 3:37.0; 3, G. Haynes 3:41.4. (Women) 100: 1, J. Davey 12.5; 2, J. Eynon 12.6 DT: 1, A. Locke 87"8"; 2, S. Barrett 80"3¼". (Jnr) 100: S. Longhurst 13.1 DT: L. Heywood 62"8".

January 20th

Loughborough TC 35, Notts. Univ. 60, L'boro TC "B" 84, L'boro Tech 92, Notts Univ. "B" 108, at Loughborough. 1, E. Haslam (LTC) 32.05; 2, M. Down (Tech) 32.23; 3, A. Black (LTC) 32.53; 4, R. Donnison (NU) 33.10; 5, D. Dickinson (LTC) 33.13; 6, R. Bartleet (NU) 33.24.

Retford GS Champs. (O/15): 1, Fridlington 22.42; 2, Sivel 23.37; 3, Salway 24.00; 4, A. Bear 24.02; 5, Ridley 24.12; 6, R. Minnitt 24.28. (U/15): 1, Hall 15.35; 2, Minnitt 16.30; 3,

Dewsbury 16.33; 4, Poplar 16.45; 5, Chapman 16.49; 6, Mable 16.54.

St. Dunstons 34, Eevenoaks Sch. 45, at Hayes. 1, Mahoney (St D) 24.13; 2, Wigglesworth (S) 24.14; 3, Hatchett (St D) 24.19; 4, Ellis (St D) 24.28; 5, Brightwell (St D) 24.38; 6, Axe (S) 24.46. **Sevenoaks 27, St. Dunstons 48 (2nd Teams).** Pearn-Rowe 30.30. **Sevenoaks 30, St. Dunstons 51 (U/16).** Honnour 22.30.

January 23rd

Belgrave Champs, at Wimbledon. 1, Gerry North 54.28; 2, Geoff North 56.21; 3, A. Fairclough 57.09.

Salford H. Champs, at Heaton Park. 1, P. Kerigan (4.00) 32.03; 2, S. Curran (2.30) 32.08; 3, S. Clegg (1.30) 32.28; 4, R. Jackson (5.20) 33.25; 5, J. Tierney (3.50) 33.28; 6, G. Mullane (2.20) 33.55. Fastest Time: 1, Clegg 33.58; 2, R. Standing 34.31; 3, S. Curran 34.38.

Ranelagh 26, Ranelagh "B" 39, Westminster Bank 62, at Petersham. 1, W. P. Bird (Ran "B") 42.04; 2, I. McIntosh (R) 43.07; 3, J. Kirk (R) 43.32; 4, J. Bull (R) 44.50; 5, A. Horne (WB) 45.01; 6, A. Tomlin (WB) 45.40.

Wimbledon 108, Redhill & Reig. 175, Met. Police 182, at Wimbledon. 1, R. Ludgrove (W) 25.45; 2, D. Prior (MP) 26.14; 3, D. Bagshaw (W) 26.18.

Surrey AC 10M, H'cap, at Kingston. 1, D. Barham 58.54; 2, P. Maile 60.36; 3, R. Hunt 63.27; 4, D. Caulder 67.40; 5, M. Joyce 69.15; 6, E. Floyd 70.49. H'cap: 1, Joyce (11.30) 57.45; 2, Hunt (5.20) 58.07; 3, Barham (scr) 58.54.

Kingston - on - Thames Youth Champs. 1, Kingston Congregational 45; 2, 14th Boys Brigade 49; 3, St. John Ambulance 57. 1, D. Ashton (KC) 20.09; 2, R. Drake (KC) 21.00; 3, G. Elliott (BB) 21.08.

Ealing H. Champs. 1, J. Lusty 40.44; 2, D. Wraight 40.46; 3, T. Bivers 42.07; 4, B. Cowle 43.18; 5, C. Canton 43.19. (Jnr) 1, E. Bull 26.55; 2, A. Storey 27.34; 3, J. Roche 28.11. (Yth) 1, P. McHugh 14.02; 2, R. Gibson 14.35; 3, C. Coxhill 14.47. (Boys) 1, Palmer 15.26; 2, Talbot 15.34.

Polytechnic H. Champs. 1, J. Hogan 43.22 (rec); 2, B. O'Gorman 45.04; 3, P. McMahon 45.04. (Jnr) D. Surman 28.08.

Highgate H. Champ. 1, Harrison 31.05; 2, Slowe 33.10; 3, Sowdon 34.03; 4, Blacker 34.34; 5, Maffia 34.44; 6, Yeffer 36.16. H'cap: Telves.

Finchley H. Champs. 1, M. Edwards 57.45; 2, T. Schofield 58.16; 3, M. McLoughlin 59.43. H'cap: Edwards 2.30, 55.15. (Jnr) 1, A. Harding 30.34; 2, J. Humphries 34.45; 3, C. Walford. (Yth) 1, R. Kraushaar 19.03; 2, S. Wilder 19.37; 3, W. Doyle. (Boys) 1, G. Hallett 19.46; 2, L. Parker 21.15; 3, A. Wiggott 22.10.

S.L.H. Champs., at Coulsdon. 1, J. W. Roberts 54.07; 2, C. Hunn 57.18; 3, N. Chanin 58.14; 4, C. Lee 58.46; 5, R. Baker 59.45; 6, P. Barber 60.32. H'cap: K. George 50.18. (Jnr) 1, R. Gevers 28.15; 2, D. Swanson 30.59; 3, P.



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Pawley 31.29; 4, D. Hill 31.38; 5, M. Cherry 31.38; 6, R. Hetherington 32.26. H'cap: Hill 25.10.

Wigmore H. 10M Champ., at Hampstead. 1, M. Carter 62.56; 2, B. Calvert 64.39; 3, D. Breen 64.56; 4, L. Beaven 71.49.

Veterans A.C. 5M. J. Downes 32.34. H'cap: 1, A. Shepherd (5.20) 29.33; 2, P. Munn (3.45) 31.00; 3, Downes (1.20) 31.14.

Retford GS 10, Sir Frederick Milner 42, Langold 47 (U/17). 1, Sivel 22.00; 2, Beevers 22.01; 3, Minnitt 22.41; 4, Bateman 23.40; 5, Henderson 24.28; 6, Wilkinson 24.29 (all RGS). **Retford "A" 26, Sir F. Milner "A" 65, Retford "B" 115, Langold 117, Milner "B" 145 (U/15).** 1, Hall (R) 16.28; 2, Williams (SFM) 16.39; 3, Mable (R) 16.42; 4, Poplar (R) 16.52; 5, C. Minnitt (R) 16.55; 6, Chapman (R) 17.01.

Worcester 35, Newport 45, at Newport. 1, D. Walker (W) 30.10; 2, G. Matthuidis (N) 30.13; 3, J. Collins (N) 30.23; 4, D. Keitley (W) 30.27; 5, P. Crowe (W) 30.46; 6, C. Brooks (W) 31.11.

Wimbledon 108, Redhill & R. 175, Met. Police 182, at Wimbledon Common. 1, R. Lovegrove (W) 25.45; 2, D. Prior (MP) 26.14; 3, D. Bagshaw (W) 26.18; 4, M. Fuller (W) 26.26; 5, J. Mellowdew (R) 26.35; 6, P. Field (W) 26.42.

Luton Utd. 16, Ponders End 29, Shaftesbury 47, at Eastcote. 1, K. McKay (S) 27.17; 2, A. Cox (LU) 27.27; 3, M. Pakey (LU) 27.50; 4, G. White (LU) 29.04; 5, R. Simnett (PE) 29.31; 6, M. Frisby (PE) 29.31.

Sefton H. Champs., at Derby, Liverpool. 1, S. Rogers 41.08; 2, J. Evans 43.33; 3, K. Davies 43.47; 4, T. McKay 44.43; 5, J. Balmer 48.36; 6, J. Reid 49.01. H'cap: Davies (2.45) 41.02. (Yths) G. Hunter 17.01. (Boys) J. Goodman 12.08.

Cambridge H. Champs. 1, G. Taylor 49.12; 2, F. Maillardet 49.25; 3, D. Dellar 51.54; 4, A. Medhurst 52.24; 5, R. Holman 52.28; 6, B. Boulton 52.29. H'cap: D. Coffey (16.30) 45.46. (Jnr) 1, G. Taylor 24.35; 2, C. Winer 30.57.

Thames Valley H. Champs. 1, M. Edwards 51.57; 2, R. Ellis 52.58; 3, P. Milsom 53.17; 4, D. Lowe 54.16; 5, R. Freeman 54.22; 6, A. Baker 54.45. H'cap: Lowe 49.56. (Jnr) 1, G. Stocking 26.48; 2, R. Fittwater 27.06; 3, D. Morgan 27.12; 4, B. Evans 27.51; 5, J. Stocking 29.53; 6, I. Sidebotham 31.38. H'cap: G. Stocking scr, 26.28.

Herne Hill H. Champs., at Addington. 1, Gowan 48.21; 2, Nias 50.50; 3, Derham 51.18; 4, Allen 51.38; 5, O'Donoghue 52.18; 6, White 53.33. H'cap: O'Donoghue 4.00, 48.18. (Jnr) 1, Blackmore 33.50; 2, O'Neill 41.21. H'cap: Blackmore (0.25) 33.25. (Yth) 1, James 17.23; 2, Greenfield 17.39; 3, Rich 17.40; 4, Latuske 18.22; 5, P. Rowe 19.41; 6, Cocksedge 20.19. H'cap: Cocksedge (3.30) 16.49. (Vets) 1, Newson 39.19; 2, Watts 41.32; 3, Speaight 45.46. H'cap: Speaight (8.00) 37.46.

Blackheath H. Champs., at Hayes. 1, B. Heaver 56.16; 2, A. Weekes-Pearson 59.12; 3,

UNIVERSITY COLLEGE "5"

At Parliament Hill Fields, January 30th

M. EDWARDS of Cambridge University had it mostly his own way, although M. Billington of London showed his best form yet this season, getting within 14 seconds of the winner. A. Domleo, also of London, ran a well judged race to finish a further 14 seconds behind. Oxford University's superior packing enabled them to relieve Cambridge of the trophy.

1. M. Edwards (Cambridge Univ.) ... 27.17
2. M. Billington (School of Pharm.) ... 27.31
3. A. Domleo (Goldsmiths Inst.) ... 27.45
4. H. Chadwick (CUAC) 27.54; 5, D. Wilkinson (Notts Un) 27.58; 6, M. Craven (Oxford Un) 28.13; 7, M. Statham (OU) 28.19; 8, J. Donnison (Notts) 28.19; 9, M. Murray (Borough Rd) 28.30; 10, M. Dunphy (Bor Rd) 28.32; 11, R. Bartleet (Notts) 28.44; 12, R. Wilde (Kings Coll.) 28.44; 13, K. Johnston (OU) 28.45; 14, L. Austin (Univ Coll "B") 28.53; 15, P. Murrey (Bor Rd) 28.55; 16, R. Clayton (UC "A") 28.56; 17, J. Roberts (CU) 28.57; 18, H. Arnold (Bristol) 28.59; 19, R. Ashworth (OU) 29.00; 20, P. Field (Birkbeck) 29.01.

Teams:

	Pts.
1. Oxford Univ. "A" ...	(6, 7, 13, 19, 22) 67
2. Cambridge Un. "A" ...	(1, 4, 17, 23, 34) 79
3. Borough Rd. Coll. ...	(9, 10, 15, 21, 27) 82
4. Notts Univ. 92; 5, University Coll. 167; 6, Oxford Univ. "B" 178.	

"KEN BAILY" SCHOOLS RACE

At Bournemouth, January 30th

1. Stewart (Millfield) (rec.) 21.46
2. Treadwell (Peter Symonds) 23.09
3. Pugsley (Bryanston) 23.10
4. Collins (Bryan) 23.15; 5, Fisher (Mill) 23.40; 6, Robinson (Taunton) 24.09; 7, Downs (B'mth GS) 24.11; 8, Bletchford (P. Sym) 24.15; 9, Ogden (Bryan) 24.19; 10, Burden (Mill) 24.21.

Teams: 1, Millfield 76; 2, Peter Symonds 109; 3, Tauntons 120; 4, Bryanston 135; 5, Canford 196; 6, Milton Abbey 232; 7, Poole GS 248; 8, Bournemouth GS 270; 9, Brockenhurst 280.

I. Blakey (Hercules-guest) 59.37; 4, R. Morley 59.56; 5, D. Gregory 60.13; 6, A. Davis 61.40. H'cap: C. Higgins. (Jnr) I. Wilson 28.05. H'cap: R. Barker.

Blackheath & Hercules (combined juniors) 16, Bank of England 20, Bank of England "B" 50, at Hayes. 1, I. Wilson (B) 28.05; 2, Page (BoE) 28.54; 3, Cooper (BoE) 28.19; 4, R. Barker (B) 29.32; 5, eq, R. Green (H) & I. Mackley (B) 31.25.

The match between the USA, Britain, Poland and West Germany at Los Angeles is ON. The date: July 17th/18th.

Scottish News

by WILLIE DIVERTY

Scottish Officials, 1965

S.A.A.A.—Hon. Pres.: J. F. Walker (St. Modans A.C.), 58 Crompton Avenue, Glasgow, S.4. **Vice-Pres.:** I. Ross (Assoc. of Boys' Clubs), 37 Dundas St., Edinburgh, 3. **Hon. Sec.:** R. B. Forman (Scottish Schools), 14 Comiston Drive, Edinburgh, 10. **Hon. Treas.:** D. McSwein (Wellpark H.), 3 Welbeck St., Greenock. **Hon. Sec. East District:** G. Johnston, 76 Ashley Terrace, Edinburgh, 11. **Hon. Sec. West District:** F. Graham, 143 Elderslie St., Glasgow, C.3.

Scottish Schools A.A.A.—Hon. Sec.: A. C. Reid (new address to follow).

Scottish C.C. Union—Hon. Pres.: W. S. Lawn, 47 Cadogan St., Glasgow, C.1. **Hon. Sec.:** E. S. Murray, 25 Bearsden Road, Glasgow, W.2.

Scottish W.A.A.A.—Hon. Sec.: Mrs. C. J. Brown, 28 Comiston Drive, Edinburgh, 10.

N.E. League and Inter-Varsity Races, at Aberdeen, January 30th. The third N.E. League race and an Inter-Varsity race were run in conjunction over a 6½ mile course. The League race was won by Aberdeen A.C. after a keen tussle with Aberdeen University who won both of the Inter-Varsity races. The individual event produced a hard fight which resulted in Bill Ewing (Aber. Un) beating Ron Coleman of Hawkhill by about 75 yards in 33.27, a new course record. Steve Taylor (Aber. AC) was third some 25 yards further back with S.A.A.A. Marathon Champion Alistair Wood another 50 yards behind. **N.E. League Race:** 1, W. Ewing (Aber Un) 33.27; 2, R. Coleman (Hawk) 33.43; 3, S. Taylor (Aber AC) 33.49; 4, A. J. Wood (Aber AC) 33.57; 5, R. McKean (St. Andrews Un) 34.13; 6, P. Duffy (Aber AC) 35.14; 7, I. Mackenzie (Aber AC) 35.17; 8, D. McLean (Hawk) 35.19; 9, J. Maycock (Aber Un) 36.21; 10, R. Jenner (Aber Un) 35.27; 11, R. Donald (Aber AC) 36.17; 12, R. Hay (Aber Un) 36.20; 13, D. Clarke (Aber Un) 36.23; 14, D. McFarquhar (Aber Un) 36.35; 15, M. Davies (St A) 36.45; 16, D. Sagar (St A) 36.51; 17, G. Reid (Aber AC) 36.58; 18, P. Mitchell (Aber AC) 37.00; 19, A. Barrie (Hawk) 37.01; 20, H. Morrison (Hawk) 37.03. **Teams:** 1, Aberdeen A.C. (3,4,6,7,11,17) 48; 2, Aberdeen Univ. (1,9,10,12,13,14) 59; 3, Hawkhill (2,8,19,20,24,30) 102; 4, St. Andrews Un. (5,15,16,21,27,28) 112. **Inter-Varsity 1st Teams:** 1, Ewing; 2, McKean; 3, Maycock; 4, R. Baillie (Glasgow Un) 35.28; 5, Jenner; 6, R. Shepherd (GU) 36.01. **Teams:** 1, Aberdeen (1,3,5,7,8,9) 33; 2, St. Andrews (2,10,11,12,16,18) 69; 3, Glasgow (4,6,14,17,20,21) 82. **Inter-Varsity 2nd Teams:** 1, G. Keddie (Aberdeen) 38.00; 2, I. Noble (A)

39.06; 3, J. Strachan (A) 39.15; 4, W. Gray (A) 40.24; 5, A. McAllister (Glasgow) 40.30; 6, L. Bruce (A) 40.32. **Teams:** 1, Aberdeen (1,2,3,4,6,10) 26; 2, Glasgow (5,7,8,9,13,14) 56.

Edinburgh South H. Relays, January 30th. The senior 10 mile relay was won by Motherwell Y.M. in a new record time of 48.52, with Edinburgh South runners-up in 49.24. Hugh Barrow, running the first leg for Victoria Park, led in a new lap record time of 11.42, 1 second faster than the record set four years ago by Graham Everett of Shettleston.

In the Boys/Youths 8 mile event the boys ran 1½ miles in the first two stages while the youths ran 2½ miles over the last two legs. This race was won by Springburn in 47.38, Eddie Knox having run a brilliant 12.10 last leg.

1, Motherwell YM (R. Wedlock 12.22, R. McKay 12.26, A. P. Brown 12.02, A. H. Brown 12.02) 48.52; 2, Edinburgh South (K. Ballantyne 12.20, G. Brownlee 12.14, N. Ross 12.42, D. Macgregor 12.08) 49.24; 3, Victoria Park (W. H. Barrow 11.42, I. Macpherson 12.45, J. Reilly 12.34, A. Smith 12.50) 49.51. **Fastest Laps:** W. H. Barrow (Vic Pk) 11.42, A. P. Brown (M'well) 12.02, A. H. Brown (M'well) 12.02, A. A. Carse (Edin AC) 12.06, D. Macgregor (ESH) 12.08, J. Johnston (Monk) 12.14. **(Boys/Yths)** 1, Springburn (R. Beanie 11.08, K. Lunn 10.49, R. Colvin 13.31, E. Knox 12.10) 47.38; 2, Edinburgh AC 48.28; 3, Edin SH 49.12. **Fastest Laps:** (Yths) E. Knox (Springburn) 12.10. (Boys) T. McLennan (ESH) 10.35.

Scots for Crystal Palace. The following athletes are to be sent to the Coaching Course at the Crystal Palace on April 17th:—H. Robertson (B'ouston), E. Knox (Spring), T. Dobbin (Greenock Glenpark) and G. Watt (Kilmarnock).

Scots for A.A.A. Indoor Championships. Menzies Campbell (Glasgow Univ), Crawford Fairbrother (Vic Pk), David Stevenson (Edin South) and Lester Piggot (Garscube) are to be sent down to the A.A.A. Indoor Championships at Cosford, Wolverhampton on March 26th and 27th.

International Blazer Badges. The Blazer Badge for athletes who have represented Scotland in a full International are now available and any athlete who considers he has the right to one should send details of his International performances together with 7/6d. to the S.A.A.A. Secretary, Mr. R. B. Forman, 14 Comiston Drive, Edinburgh 10.

The Thurrock "8" will be increased this year to 10 Miles. To commemorate Mel Batty's World Record, citizens of Thurrock have donated a trophy, a sculptured figure resembling Mel in silver, to Essex AAA for a 10 Mile Road Race Championship which will be organised by Thurrock H. in conjunction with an open event.

NORTHERN TRAINING COLLEGES CHAMPIONSHIPS

At York, January 30th

PHILIP PUCKRIN went ahead at the start and held a lead of 40 yards from Howard Darbon and David Elderkin after 1½ miles. At the half-way stage, Puckrin had increased his lead to 150 yards, with Darbon beginning to move away from Elderkin. Puckrin started the final lap with a lead of 400 yards and he finally finished over 1½ minutes in front of Darbon, with Elderkin a further 250 yards back. The team race was a close affair, with St. John's just getting home from the holders, Leeds.

The only disappointing aspect of this very successful afternoon was the non-participation of many of the big Training Colleges. Of the 24 colleges invited to take part, only seven turned up for the race.

1. P. Puckrin (St. Johns)	32.44
2. H. Darbon (Leeds)	34.22
3. D. Elderkin (Bede)	34.39
4. J. Wilkinson (St. J)	35.00; 5. B. Irvine (Leeds) 35.51; 6. R. Bracewell (Leeds) 35.58; 7. B. Hughes (St J) 36.15; 8. P. Preston (Nott) 36.25; 9. J. Holmes (Derby) 36.32; 10. D. McKenna (De La Salle) 36.37; 11. E. Chambers (Sheff) 36.45; 12. J. Brice (Bede) 36.57;

13. R. Rich (St J) 36.59; 14. D. Herriman (Dby) 37.04; 15. A. Baggett (Sheff) 37.14; 16. L. Edwards (Leeds) 37.18; 17. P. Byrne (DLS) 37.24; 18. M. Purdy (Sheff) 37.31; 19. R. Cicquel (Notts) 37.41; 20. F. Warrington (Notts) 37.42.

Teams:

	Pts.
1. St. Johns Coll.	(1, 4, 7,13) 25
2. Leeds T.C.	(2, 5, 6,16) 29
3. Sheffield T.C.	(11,15,18,21) 65
4. Bede Coll. 66; 5. Nottingham TC 69; 6. De La Salle TC 82; 7. Derby TC 94; 8. St. Johns "B" 142.	

CAMBRIDGESHIRE 31 CAMBRIDGE UNIV. "B" 47

January 30th

1. M. Henderson (CUAC)	36.37
2. J. Smith (Cambs)	37.25
3. D. Griggs (Cambs)	37.50
4. B. Jeffs (Cambs) 38.39; 5. D. Bucke (Cambs) 38.52; 6. P. Consterdine (Cambs) 39.10; 7. C. Brookfield (CUAC) 39.30; 8. D. Thurburn (CUAC) 39.55; 9. H. Southworth (CUAC) 40.35; 10. M. Templeman (CUAC) 40.41; 11. H. Spaan (Cambs) 40.57; 12. R. Wilkinson (CUAC) 41.24; 13. A. Hine (Cambs) 41.29; 14. I. Wallis (CUAC) 42.20; 15. M. Berridge (CUAC) 43.00; 16. B. Wallman (Cambs) 46.01; 17. P. Chaplin (Cambs) 49.32; 18. G. Mould (Cambs) 49.32.	

SOUTH SHIELDS SPORTS WEEK

After their big success of last year

THE SOUTH SHIELDS SPORTS WEEK COMMITTEE

invite entries for their

2nd OPEN SPORTS MEETING

(Under A.A.A., W.A.A.A. Laws, B.C.F. Rules)

On SATURDAY, 26th JUNE, GYPSIES GREEN STADIUM, S. SHIELDS

SPECIAL INVITATION EVENTS

MEN—880 Yards, One Mile, Two Miles, Police 4 x 110 Yards Relay

LADIES—220 Yards and 440 Yards

OTHER EVENTS

MEN—100 Yards H'cap, 300 Yards H'cap, Mile H'cap. YOUTHS/JUNIOR—880 Yards H'cap. BOYS—100 Yards H'cap. LADIES—4 x 110 Yards Relay, 100 Yards H'cap. JUNIOR GIRLS—100 Yards H'cap.

First Class accommodation and entertainment near Stadium, Promenade and Beach.

SPORTS WEEK DANCE SAME NIGHT AS SPORTS MEETING

Entries and All Information from:

David Martin, 15 Cross Way, Harton, South Shields, Co. Durham

Entries close Wednesday, June 9th, 1965

U.K. JUNIOR "TOP TEN" 1964

Compiled by Ian R. Smith on behalf of the NUTS

° = born between 1.1.45 & 1.4.45 inclusive.

100 YARDS

9.8	Pat Morrison (Ilford)	30.5
9.9	Hugh Baillie (Bellahouston)	2.5
9.9	Eric Pape (Slough)	9.5
9.9	Richard Simonsen (Portsmouth)	9.5
9.9	Anthony Oke (Ashford C.S.)	28.5
9.9	Paul Bolton (Lozells)	30.5
9.9	David Dear (Southampton)	30.5
9.9	Nigel Rice (Stowe S.)	6.6
9.9	John Southall (Tipton)	20.6
9.9	Brian Coles (Birchgrove)	27.6
9.9	John Kilpatrick (Ballymena)	19.8

wind-assisted

9.7	David Dear (Southampton)	20.6
9.7	Pat Morrison (Ilford)	29.8
9.8	Brian Coles (Birchgrove)	20.6
9.8	John Southall (Tipton)	15.7
9.8	James Gribben (Shettleston)	25.7

220 YARDS

(* 200m time plus 0.1)

21.5*	Richard Simonsen (Portsmouth)	6.6
21.8	Pat Morrison (Ilford)	19.6
21.9	Chris Mossop (Whitehaven G.S.)	13.5
22.0	Hugh Baillie (Bellahouston)	20.6
22.0	Brian Coles (Birchgrove)	27.6
22.1	Nigel Rice (Stowe S.)	16.5
22.1	°Roy Sleigh (Lozells)	13.6
22.1	John Childs (Woodford Green)	20.6
22.1	David Dear (Southampton)	3.8
22.1	John Smith (C.U.A.C.)	20.10

wind-assisted

21.3	Hugh Baillie (Bellahouston)	30.5
21.5	Pat Morrison (Ilford)	9.9
21.8	David Dear (Southampton)	9.9
22.0	John Southall (Tipton)	11.6
22.0	Peter Carvell (Newport)	1.8
22.0	Martin Winbolt Lewis (L.A.C./ Marlborough C.)	12.8

440 YARDS

47.7	John Sherwood (Loughborough)	8.8
48.4	Colin Campbell (Jersey)	8.8
48.5	Richard Simonsen (Portsmouth)	25.4
48.5	Pat Alexander (Eton C.)	25.4
48.6	Peter Fuller (Watford)	8.8
48.8	Neil Palmer (Wellingboro S.)	18.7
48.8	Charles Mogg (Rochdale)	8.8
48.9	Michael Fitzgerald (Norwich)	8.8
49.2	Ross Billson (Ayr-Seaforth)	30.5

49.2 Martin Winbolt Lewis (L.A.C./
Marlborough C.)

4.7

880 YARDS

(* 800m time plus 0.7)

1:50.9	Peter Abell (Sale)	2.9
1:52.4	David Wright (Seaford C.)	13.8
1:52.5	Peter Butlin (Waterloo)	26.8
1:53.0*	David Cropper (Berry Hill)	15.8
1:53.3	John Archer (Chelmsford)	6.5
1:53.5	°James Johnson (Met. Police)	22.7
1:54.2	David Wilcox (Notts)	5.9
1:54.2	Derek Perry (Notts)	5.9
1:54.4	Billett Potter (Bedford M.S.)	25.4
1:54.4	Michael Beevor (Hercules)	4.7

1 MILE

4:10.4	Peter Abell (Sale)	4.7
4:12.5	Chris Stewart (Bournemouth)	5.9
4:12.5	Graeme Grant (Dumbarton)	5.9
4:12.7	Michael Tagg (Thorpe G.S.)	18.7
4:13.0	°Kevin Carr (Sunderland)	29.7
4:13.0	John Caine (Gateshead)	3.8
4:13.0	Robert Cross (Pocklington S.)	5.9
4:13.1	Thomas Brown (St. Modans)	5.9
4:13.3	Anthony Ashton (Reading)	19.6
4:14.4	David Little (Saltwell)	29.7

2 MILES

(u = unofficial but reliable time)

8:55.2	Michael Tagg (Thorpe G.S.)	5.9
8:58.6	Edward Knox (Springburn)	5.9
8:59.4	Philip Romaine (Spalding)	5.9
9:05.4	Donald Collins (Windsor/Eton)	19.6
9:07.4	Chris Stewart (Bournemouth)	27.7
9:09.4	John Caine (Gateshead)	11.7
9:09.8	Stephen Badgery (Mitcham)	10.6
9:10.0u	Joseph Reilly (Victoria Park)	30.6
9:10.6	Peter Abell (Sale)	13.9
9:11.2	Malcolm Absolom (Eton Manor)	28.6

3 MILES

14:07.2	Steven Mikell (Notts. Univ.)	16.5
14:08.6	°Frank Reeves (Barrow)	25.7
14:09.0	°Richard Taylor (Coventry)	1.7
14:10.4	John Waterhouse (Bingley)	25.4
14:12.4	Donald Collins (Windsor/Eton)	2.5
14:15.4	Howard Pym (Leicester CAT)	13.5
14:16.4	David Atkin (Airedale)	25.4
14:20.6	Richard Hayman (Maidstone)	15.8
14:21.0	Philip Romaine (Spalding)	13.6
14:22.8	John Caine (Gateshead)	22.8

6 MILES

(e = realistic estimate)

30:01.0	Thomas O'Reilly (Snall Heath)	6.5
30:06.0e	Alastair Jenkins (Worcester)	10.6
30:23.0	Michael Tagg (Thorpe G.S.)	14.11
30:56.0	Joseph Reilly (Victoria Park)	21.4

1,500 METRES STEEPLECHASE

4:17.6	Michael Williams (Waterloo)	25.4
4:19.7	Anthony Ashton (Reading)	8.8
4:19.8	Roderick Campbell (Edinburgh)	8.8
4:20.0	Roy Sandford (Hercules)	8.8
4:20.4	Thomas O'Reilly (Small Heath)	8.8
4:20.5	John Bicourt (Belgrave)	9.9
4:21.9	John Caine (Gateshead)	25.7
4:23.2	Alistair Blamire (Shettleston)	8.8
4:23.3	David Hindley (Waterloo)	25.7
4:23.6	David Walker (Worcester)	8.8

2,000 METRES STEEPLECHASE

5:54.0	John Caine (Gateshead)	18.7
6:03.6	Roy Sandford (Hercules)	18.7
6:09.0	Colin Moxsom (Woodford Green)	3.9
6:09.4	Paul Lightfoot (Devonport)	18.7
6:10.4	David Hindley (Waterloo)	22.8
6:15.2	David Dilnot (Slough G.S.)	18.7
6:16.6	Stephen Hollings (Wakefield)	27.6
6:16.6	David Sturman (Coventry)	17.7
6:16.6	Barry Davies (Stretford T.C.)	18.7
6:17.4	Robert Dipper (Reading S.)	17.7

120 YARDS HURDLES (39")

14.7	Alan Murray (Edinburgh S.H.)	29.8
14.9	John Hemery (Thayer Acad. USA)	7.5
14.9	John Kinahan (Stowe S.)	25.7
15.0	Mark Strachan (Orange Hill S.)	5.6
15.0	James Gathercole (Wymondham C.)	27.6
15.0	Geoffrey Newton (Lancing C.)	27.6
15.0	William Day (King George S.)	25.7
15.0	Gilroy Borthwick (Octavians)	5.9
15.1	John Lewis (Birchgrove)	27.6
15.2	Francis Iwanowski (Becket S.)	15.6

200 YARDS HURDLES

22.8	John Day (Retford)	20.6
22.8	John Lewis (Birchgrove)	25.7
22.9	Hamish Robertson (Hutchesons)	25.7
23.1	Geoffrey Newton (Lancing C.)	14.7
23.1	James Smith (The Cedars S.)	18.7
23.3	Francis Iwanowski (Becket S.)	6.6
23.3	Philip Gregory (Marple Hall G.S.)	20.6
23.3	Mervyn Boast (Wymondham C.)	17.7
23.3	John Davis (Wimbledon)	18.7
23.3	Alan Lansbury (Herne Hill)	18.7
23.3	John Hickman (Polytechnic)	8.8

1 MILE WALK

6:49.0	Barrie Thomas (Birmingham)	27.5
6:59.4	Robert Care (Smethwick)	4.7
7:04.2	Robert Hughes (Smethwick)	4.7
7:04.8	Chris Trimming (Highgate)	9.9
7:07.0	Ian Brooks (Surrey W.C.)	9.9
7:16.6	James Christian (Highgate)	9.9
7:22.4	William Sutherland (Highgate)	9.9
7:26.0	Ronald Davison (London Vids.)	9.9
7:27.5	Richard Fullager (Surrey W.C.)	8.8
7:30.0	John Davidson (Unattached)	—

HIGH JUMP

6'3"	Richard McWhirter (Birchfield)	22.8
6'2"	Alan Murrell (Hornchurch)	20.6
6'1½"	John Gayford (Bryanston S.)	27.6
6'1"	Leon Hall (U.L.A.C.)	13.6
6'1"	Ronald Snipp (Isle of Thanet)	22.8
6'0½"	Trevor Newey (Denstone C.)	22.6
6'0½"	Keith Clubb (Gordonstoun)	18.6
6'0½"	Alan Porter (Stanley G.S.)	11.7
6'0½"	Edwin Clarke (Birchgrove)	22.8
6'0"	James Wallace (Pitreavie)	16.5
6'0"	Charles Swynnerton (Lancing C.)	16.6
6'0"	Ralph Buckton (Pocklington S.)	27.6
6'0"	Phillip Dyson (Egerton Park S.)	27.6

POLE VAULT

13'4"	Michael Bull (Albert Foundry)	22.8
13'0"	Jeffrey Fenge (South London)	8.8
12'6"	Peter Riley (Bristol Univ.)	6.5
12'6"	Jeremy Marlow (Birchfield)	17.7
12'6"	John Dickinson (Scarborough)	25.7
12'0½"	David Williams (Birchgrove)	10.6
12'0"	Peter Garner (City of Stoke)	11.7
11'9"	Nicholas Newton (C.U.A.C.)	27.4
11'9"	David Gill (Chelmsford)	20.6
11'9"	Anthony Poole (Met. Police)	22.7
11'9"	Mervyn Gribble (City of Stoke)	14.10

LONG JUMP

23'10½"	Kendrick Jackson (Stoke)	11.7
23'1"	Gwynfryn Williams (Birchgrove)	13.6



PAT MORRISON
A.A.A. Junior 100 and 220 yards champion
Fionnbar Callanan

22'11 $\frac{3}{4}$ "	Terence Harry (Carmarthen)	25.7
22'10"	John Mitchell (Lancing C.)	16.6
22'7 $\frac{3}{4}$ "	°Keith Wood (Airedale)	13.6
22'7 $\frac{1}{2}$ "	Chris Dewey (Bournemouth)	8.8
22'7 $\frac{1}{4}$ "	John Smith (C.U.A.C.)	20.11
22'6"	Hamish Robertson (Hutchesons)	13.6
22'5 $\frac{3}{4}$ "	Gregory Maddocks (Bedales S.)	18.7
22'5"	Anthony Richards (Fleetwood G.S.)	20.6

wind-assisted

22'10"	Alan Lowndes (Thorne G.S.)	17.7
22'6 $\frac{3}{4}$ "	Gareth T. Edwards (Burton H.S.)	17.7

faulty pit

23'6"	John Vernon (The Becket S.)	11.5
22'7"	Hamish Robertson (Hutchesons)	26.8

TRIPLE JUMP

48'4"	John Myers (Loughborough C.)	18.4
48'2 $\frac{1}{2}$ "	Peter Drew (Coventry Godiva)	25.7
48'1 $\frac{1}{2}$ "	John Vernon (The Becket S.)	25.7
47'11"	Hamish Robertson (Hutchesons)	25.7
47'6"	Raymond Power (Essex Beagles)	9.9
47'5 $\frac{1}{2}$ "	Graham Webb (Newport H.S.)	20.6
46'5 $\frac{1}{2}$ "	°Malcolm McDonald (Loughborough)	6.6

46'2 $\frac{1}{2}$ "	Roger Horwood (Hornchurch)	30.5
46'1"	David Wakefield (Birchfield)	13.6
45'10"	G. Hamlyn (Kent Schools)	27.6
45'10"	Albert Darby (St. Michaels S.)	18.7

wind-assisted

48'10 $\frac{1}{4}$ "	John Myers (Loughborough C.)	18.4
47'0 $\frac{1}{4}$ "	°Malcolm McDonald (Loughborough)	29.4

SHOT (12 lb.)

57'10 $\frac{1}{2}$ "	John Holmes (Grappenhall)	8.8
53'7 $\frac{1}{2}$ "	Chris Cogswell (Surrey A.C.)	2.6
53'7 $\frac{1}{4}$ "	Andrew Kerr (Finchley)	9.9
53'6"	Brian Gillo (Reading)	6.6
53'5 $\frac{3}{4}$ "	George Willett (Cambridge/Col.)	4.7
53'0 $\frac{1}{2}$ "	Dennis Roscoe (O.U.A.C.)	20.6
52'8 $\frac{3}{4}$ "	David Tearle (Bexley G.S.)	27.6
52'7"	Alexander Vmeris (Airedale)	29.8
52'3 $\frac{1}{2}$ "	Stuart George (Reading)	9.9
52'2"	David Baines (City of Norwich S.)	15.7

DISCUS (1 $\frac{1}{2}$ kilos)

190'5"	Brian Gillo (Reading)	28.5
171'1"	John Brunner (Bryanston S.)	4.6
168'8 $\frac{1}{2}$ "	Andrew Kerr (Finchley)	20.9
168'4"	Dennis Roscoe (O.U.A.C.)	4.7
162'10"	Robert Boyd (Kimbolton S.)	9.5
161'3"	David Baines (City of Norwich S.)	16.5
158'1"	Michael Elrick (Welwyn)	30.5
157'4"	Rodney Norley (Blackheath)	8.8
157'1 $\frac{1}{2}$ "	Robert Studholme (Notts.)	11.7
156'2"	Dominic Henry (Marlborough C.)	30.5

HAMMER (12 lb.)

(* with Senior Hammer)

200'9"	Bruce Fraser (North Shields)	21.6
183'6 $\frac{1}{2}$ "	Hugh Cameron (St. Modans)	8.8
176'4 $\frac{1}{2}$ "	Barry Williams (Wirral G.S.)	20.6
176'1 $\frac{3}{4}$ "	°Peter Aston (Woodford Green)	9.8
174'10 $\frac{1}{2}$ "	Geoffrey Tancred (Ipswich)	30.8
167'1"	Barrie Crowther (Rochdale)	4.7
162'5 $\frac{1}{2}$ "	Anthony Swain (Northgate G.S.)	25.7

162'4"	Arthur Bromby (Kingston H.S.)	4.7
160'8"	Clive Foster (Woodford Green)	29.8
156'6"	John Coffin (Birchfield)	20.6

JAVELIN (800 Grammes)

231'11"	David Travis (Surrey A.C.)	5.9
214'1"	Nigel Sherlock (Westbury)	27.6
209'4"	Kenneth Holmes (Hereford & C.)	13.6
204'8 $\frac{1}{2}$ "	Michael Nobbs (Thames Valley)	13.6
199'6"	Anthony Edwards (Rochester)	12.9
199'5"	Graham Booth (Bradfield C.)	—
198'3"	John Murphy (Windsor & Eton)	25.7
197'6"	°Jeffrey Harvey (Westbury)	20.6
196'3"	°David Lewis (Cowbridge G.S.)	20.6
196'2"	Robert Voss (Roath)	29.4

Amendments to Ian R. Smith, 70 Railway Road, Adlington, near Chorley, Lancs.

INDIAN 800 METRES RECORD

An Indian 800m record of 1:49.5 was set by Dayal Singh during the Punjab Championships at Hoshiarpur on January 13th. Kenneth Powell equalled the national 100m record of 10.5 in the Mysore Championships at Bangalore on January 17th.

Top results at the Delhi State Championships on January 15th-17th:—200m/110mH/LJ: Gurbachan Singh 21.7/14.5 (14.1 heat) 21'11 $\frac{3}{4}$ " (6.70); 3000mSC: Gordial Singh 9:18.2; HJ: Bhanwar Singh 6'3 $\frac{3}{8}$ "/1.92; PV: Ajaib Singh 13'1 $\frac{1}{2}$ "/4.00; TJ: Raj Kumar 48'3 $\frac{1}{2}$ "/14.72; 20km walk: Ram Narain 1:41:36; women's 100m/200m: Sandesh Sodhi 12.3/25.8.

The Indian press has shown a great deal of interest in the recent changes in the BAAB set-up. Coaches and athletes here have had little say in the running of athletics, and if the Amateur Athletic Federation of India were to follow the British example things would certainly look up.

Ranjit Bhatia

BIRTHDAYS OF THE WEEK

February 14th—Dick Miller (36), Jozsef Csermak (33), Marlene Willard (31), Mike Wheeler (30), Marta Antal-Rudasne (28), Mike Fleet (27), Earl Young (24); Feb. 15th—Voitto Hellsten (33), Semyon Rzhishchin (32), Erika Pollmann (21); Feb. 17th—Bengt Nilsson (31), Willi Holdorf (25); Feb. 18th—Bert Ives (QPH) (75), Matti Jarvinen (56), Roy Crutten-den (40), Renate Lace (22); Feb. 19th—Les Laing (40), Colin Ridgway (26), Jenny Smart (22); Feb. 20th—Bob Richards (39), Evelyn Lebet (26).

EUROPEAN INDOOR RESULTS

January 23rd, Kiel. 50m/60y: Holdorf 5.7/6.2; PV: Reinhardt 16'5"/5.00 (rec), Pinder 15'1 $\frac{1}{2}$ "/4.60.

January 29th, Paris. 60m: J. Bernard (19) 6.8, Fenouil 6.9, Piquemal 6.9 (6.8 ht), Delecour 6.9 (6.8 ht), Laidebour 7.0; 300mH: Pellier 38.4; HJ: Sainte-Rose 6'10 $\frac{1}{2}$ "/2.10 (eq. rec); SP: Colnard (36) 56'4 $\frac{1}{2}$ "/17.19; women's 60m: Bouix 7.5 (rec); 300m: Lebet 41.0.

A GUIDE TO THROWING

by Don Anthony

PART TWO: TECHNIQUES

PEOPLE throw things to see how far they go. This is the ultimate satisfaction in the throwing events. Never forget it. 'Technique' can become an obsession in itself; the means become an end. This is fatal. All techniques in the throwing events are concerned with the question—How can I utilise my physical resources, within the limitations of the rules, to overcome the resistance of the implement and *throw it as far as possible*?

Rhythm, grace and strength usually go hand in hand. These qualities can be seen in the top class athlete in any sport. But it is not enough to be a rhythmic thrower, or a graceful thrower, or even a vigorous thrower, if the implement falls weakly a few feet from the hands. In the words of a leading English discus thrower: "In the end the secret of a good technique is to give the implement a damned great belt with the arm!"

This, however, is not as easy as it seems, and over the years much thought has been given to the problem of how to build physical power, and how to apply that power to the shot, discus, hammer, or javelin.

Our brief glimpses into history show how techniques evolved on the principle 'what works is good'. This is still of course the most important principle of all. For many years 'what worked' was arrived at by trial and error. Less than twenty years ago several hundred American athletes were asked why they used their chosen techniques; the overwhelming majority said they did what they did because champions before them had done so. Until the 1930's most techniques were trial and error—traditional.

About this time the study of sport and physical education was acquiring the mantle of scientific investigation, however, and the throwing events were analysed by experts from the fields of kinesiology, mechanics, physical education, and other disciplines. The development of the cine-camera made it possible for serious investigation of movement to take place and students of the film will know that one of the first ever 'moving picture' sequences was that of a horse trotting.

In the United States, track and field, as an important part of physical education, was accepted into the Universities as an academic discipline very early on. This, I submit, was an important factor in the phenomenal development of the sport in the United States, and still a very significant one.

All athletic events received serious attention;

the coaches enjoyed excellent status; the competitive nature of the society and the need for an 'emergent' new country to assert itself on the world scene, were all important reasons for American dominance in athletics this century. In common with other events the four throws prospered.

In Scandinavia and Germany there was also much useful analytical work done; the Scandinavians achieved success especially in the javelin; the Germans in the hammer and shot. In recent years the Soviet Union, Poland, Hungary, and other countries have made advances in the field events by employing this 'scientific' approach to the technical events.

Most recently the 'individual' has come into his own again. There are certain elements in technique which must be obeyed by all athletes, but this does not disqualify personal idiosyncracies. No sensible coach today would try to mould his charge to a rigid technique; one hopes he would blend the abilities of the athlete to the basic technical essentials—would create a personal style. A technique is common; style is personal.

Our brief glimpses into the history of the throwing events showed that technique depended much on the vagaries of the implements used and the regulations of competition. Throwing weights varied in size, shape and weight. Rules required widely different movements: standing throws, from a platform, from behind a line, from a circle, with a run, with a run and a follow-through, and so on. The implements could land anywhere, in a 90 degree sector, in a 60 degree sector.

All techniques therefore depend on the following factors:

1. The implement in question;
2. The rules of the event;
3. The physical and mental ability of the athlete;
4. Mechanical principles.

The first two factors are now internationally standardised and accepted. Only minor refinements can be made. I will discuss physical ability at length later but for the moment I must stress that modern throwers are 'athletic'. The day of the 'whale' is finished. The leading throwers in all events are fit, fast, strong and agile.

What then of the mechanical principles? There are certain principles common to all the throws. I intend to discuss these in simple terms at the risk of offending the mathematicians who read this but I think it is a risk worth taking. In athletics I feel we are in danger of carrying the 'scientific' approach too far. Experiments might show us that the ideal angle for projecting the shot is, for example, 44 degrees 21 minutes. This is of academic importance but for the coach and the athlete it is

rather meaningless. For the throwers the only helpful remarks are "A little higher", "A little lower". What are the common principles in all throwing events? They are:

Preliminary movements

In all the throws movements are made preliminary to the main movement. In the shot the movements are slight; a slight wiggle of the fingers, a shake of the arm, perhaps a brief screwing of the shot into the neck, a few stabilising movements on the balancing foot, some slow movement in the free leg, and so on. These movements are personal; but they are essential. No good movement can be made from a poor position. In the hammer, javelin and discus, similar preliminary movements are made. After stabilising the starting position, these movements also enable the throwing movement to be got underway smoothly, and during them the appropriate "mind set" can be developed.

Horizontal movements

In all the throws the athlete moves the implement horizontally. The horizontal force is a major component in the resultant forward-upward force which sends the implement on its way. In the shot this horizontal force is applied by the athlete

'gliding' across the circle on one foot. In the javelin it is applied through the run-up, and in the discus by the jump-turning movement across the circle. In the hammer the horizontal movement is more complicated; the athlete moves backwards across the circle using three or four heel and ball turns.

The checks

These horizontal movements in the line of throw are then checked. In the shot, discus and javelin this check is applied by friction of the front foot on the ground; in the hammer by the soles of both feet after the final heel and ball turn. When the horizontal movement is checked the horizontal force is transferred into an upward-forward turning force; i.e. the feet are stopped but the top part of the body continues to move. The check also enables the rotational force to be transferred into the delivery movement.

Transfer of weight

The thrower uses this natural turning effect and transfers his body weight along the line of the throw to continue the horizontal force. In the shot, discus and javelin this means transferring weight from back foot to front foot. In the hammer it means a slight sitting back.

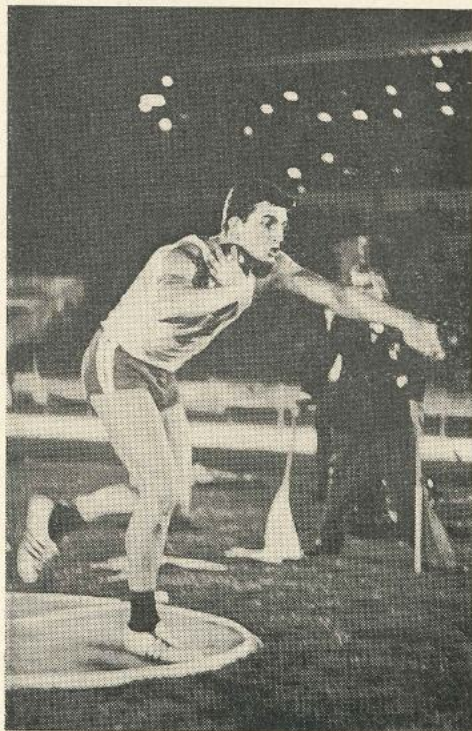
Upward movements

The second important component is the upward drive. In the shot upward force is applied by a vigorous drive from the legs, back and arm, with a final thrust from one hand. The rules demand that the shot does not pass back beyond the line of the shoulders, and that the shot is put with one hand. In the hammer the upward force is obtained by a strong straightening of the legs and back from the sitting position and a concurrent upward pull of both arms and hands. In the discus the implement is driven upwards by an extension of the legs and trunk and a swinging-pull by the arm. In the javelin the upward force is obtained from an extension of the legs, the chest, arm and abdomen, and a final vigorous pull by the arm and hand.

Rotational movements

Blended into the forward and upward movements and into the check and transfer of weight is an additional force—the rotational. In the hammer this consists of swings round the head to begin the movement; three or four turns with the hammer in which the hammer sweeps round the turning athlete. In the discus both implement and athlete turn round the same axis. In the shot the latest techniques employ a rotation of the whole body from the backward facing direction to the forward facing direction—roughly 180 degrees, and similarly in the javelin, where the thrower, in the course of his final delivery action, turns from sideways or backwards facing, to forwards facing.

In rotation the principle of centrifugal force is used. Furthermore it is essential to utilise the maximum possible radius since the longer the radius the greater the potential force. Hence arms must be extended in discus, and hammer



WLADYSLAW KOMAR (Poland)
He put the shot 63'11 $\frac{3}{4}$ "/19.50 in 1964
Fionnbar Callanan

during the turns. It is also imperative that the athlete gets ahead of the implement with his powerful muscles prior to the delivery movement. A position of torque must be reached so that an explosive unwinding force may be unleashed against the implement in the final effort. The implement must never be allowed to get ahead of the thrower; if it does, no power can be applied to it by the muscular system. In all the events the rotation takes place round the braced left side of the body (for right handed throwers).

The delivery

This is the crucial stage in technique. Horizontal, upward and rotational forces are here blended into one tremendous effort and the implement is projected into the air. In the javelin this is a pull along the line of throw, at great speed. In the shot it is a vigorous push from the extended palm and fingers, again along the line of throw. In the discus it is a whipping pull and swing with the discus spinning off the first finger at a 90 degree tangent to the line of throw. In the hammer the thrower, taking care not to distort the plane of the hammer, allows it to swoop downwards at a point just to the side of the right toe, and then pulls it in a tremendous surging swing, through the final stages of the arc it is following, releasing it again at a 90 degree tangent to the line of throw.

The follow through

Runners are always taught to run right through the tape. Similarly with throwers—always keep the effort going after the implement has left the hands. Shot putters end with a wrist flick at full body extension; hammer throwers allow both hands and shoulders to revolve viciously; discus throwers whip the arm across the chest. The javelin thrower continues to pull along the line of the throw after he has projected the implement. The follow through ensures that *maximum force* is applied in the delivery. If there is no follow through the athlete unconsciously begins to stop the whole movement *before* the delivery and thus inhibits what should be a violent, completely uninhibited, physical effort.

The recovery

The rules of the event demand that the thrower end his effort in a controlled fashion. In the javelin he must walk back from the throwing line. In the discus, shot and hammer he must leave the circle by the rear half—hence the line which bisects the circles. In order to do this he must take up all the violence of the delivery by suitable physical movements. Very often these are spontaneous—when the thrower is in danger of treading on the stopboard in the shot, the lip of the circle in the discus and hammer, or on the line in the javelin, he must react quickly in any way he can to retain his balance. There are no golden rules about this; it really is every man for himself. However, in the shot and discus, and to some extent in the javelin and hammer, this violent momentum is taken up easily by changing the body weight from the leading foot on to the

other foot which is moved forwards into a suitable position.

It is important in *training* to throw from the correct throwing areas and to make the recovery movement part of the technique. This avoids making tragic mistakes in competition. One of the saddest occasions I remember was during the Rome Olympics when Susan Platt threw a wonderful distance, enough to guarantee her at least the silver medal, only to step forwards carelessly after the javelin had 'stuck', and thus foul the throwing line.

AUSTRALIAN NEWS

January 9th, Brisbane. 220y: Bigby 21.3; women's HJ: De Rooy 5'4½"/1.635.

January 10th, Brisbane. 100y: Bigby 9.7, Pevitt 9.8; HT: Lefler 188'4"/57.40.

January 16th, Hobart. Competing in a special 5000m event at North Hobart Oval (venue of this year's Australian men's championships from February 27th to March 1st) Ron Clarke opened with a first half in 2:08.0 and passed the mile in 4:19.5, 2 miles in 8:47.3 and 3 miles in 13:10.5 prior to snapping the tape in 13:34.8—to clip Vladimir Kuts' world record by a fifth of a second. The three watches read 13:34.6, 13:34.7 and 13:34.8; in error the official time was at first given out as 13:34.6. Clarke won by a good 400y from Tony Cook, who was trailing by some 200y at 2 miles.

January 13th, Sydney. JT: Mitchell 235'2½"/71.69; women's DT: McCann 138'4"/42.16.

January 16th, Perth. Bidding for a four-minute mile, Keith Wheeler fought a losing battle against gusts of over 10m/sec. He passed 440y in 58.0, 880y in 1:59.0 and the bell in 3:01.0 but he took 64.0 to cover the final lap for a time of 4:05.0 (3:45.3 at 1500m). LJ: May 24'2½"/7.38; women's 440y: Bennett 56.0, Hine 56.2.

January 16th, Sydney. Jennifer Lamy, who will not turn 16 until February 28th, defeated Rhonda Bainbridge by a foot in a 10.5 100y—with the wind gauge registering a legal 1.6m/sec. Robyn Hill, who as Miss Scott ran a 10.6 100y back in 1958, won her race in 10.8 and also returned a regular 11.0 for the hurdles. 220y: Lay 21.3; 880y: P. Manning 1:53.5; 3M: Thomas 14:05.6; 120yH/440yH: Knoke 14.8/52.2; SP: Chinnery 50'1½"/15.28; women's 440y: Sandra Brown 57.6; 80mH: Staples 10.9w; HJ: Frith 5'5"/1.65; JT: Thomas 150'8½"/45.94, Chris Thompson 135'8"/41.35.

January 16th, Melbourne. 100y: Eddy 9.6; 880y: Doubell 1:52.5; 120yH/220yH: Devlin 14.9/24.5; HJ: Sneazwell 6'6"/1.98; SP: Selvey 51'0½"/15.56; women's 100y: Michele Foster (junior) 10.5w; 220y: Beverley Holman 23.6w, (Elaine Frawley 24.0 heat); 80mH: Somerville 11.0w.

continued on page 24

Who's Who in British Athletics

Alan Simpson

Born Coventry, 22.5.40; 5'10½", 144 lb; 38" chest; clerk; Rotherham AC; coached by Ian Ward; married; lives at Thrybergh, near Rotherham.

Became interested in athletics through village sports. Began at 100y. Favourite events now are mile, 3 miles and cross-country. Best marks: 880y—1:50.0 (1964), 1000m—2:22.7 (1963), 1500m—3:39.1 (1964), mile—4:01.1 (1964), 2000m—5:08.0 (1962), 3000m—8:09.8 (1963), 2M—8:43.0 (1964), 3M—13:31.2 (1964), 6M—29:27.0 (1963).

Annual progress at 880y, 1500m and mile: 1958—1:57.6, 4:22.5 (& 9:28 2M); 1959—1:58.8, 4:20.5; 1960—1:54.0, 3:50.0m, 4:05.4; 1961—1:51.6, 3:44.1m, 4:03.7; 1962—1:54.3, 3:44.0m, 4:01.7; 1963—3:43.3m, 4:04.9 (& 8:49.4 2M, 14:04.2 3M); 1964—1:50.0, 3:39.1m, 4:01.1 (& 8:43.0, 13:31.2). International since 1961—of 7 match races for GB won 5, 2nd in one, failed to finish one (28 out of possible 35 points); cross-country international in 1963; holder of UK 1500m and 2000m records; AAA mile champion 1963/4; eliminated mile heats at 1962 Commonwealth Games; 4th 1964 Olympic 1500m.

Most pleasing performance was setting UK 1500m record of 3:39.1 in beating Baran last year. Greatest disappointment: "Not been able to train to the full through work". Intends competing for another three years. Target is "to lead from the gun in a mile race and break four minutes". Dislikes "training hard". View of administration: "Could be improved. Too many people in who know nothing about athletics".

Rodney Morrod

Full name: Rodney Stuart Morrod. Born York, 30.1.44; 6'2½", 164 lb; 38" chest; 58 pulse at rest; chemistry student; Birmingham University AC; coached by Ian Ward; single; lives in York.

Became interested in athletics "at the age of 10—was a reserve who ran in a junior school relay". Began at 880y and mile. Favourite events now are 120yH, 220yH and 4x110y relay. Best marks: 100y—10.1 (1964), mile—4:39.2 (1963), 60yH—7.5 (1963), 120yH—14.2 (1964), 220yH—24.1 (1964), HJ—5'10"/1.775 (1963).

Annual progress at high hurdles: 1959—16.1 (110y); 1960—14.2 (110y) and 17.5 (120y, 3'6"); 1961—15.1 and 14.9w (120y, 3'3"); 1962—15.0 and 14.8w (3'3"), 15.5 (3'6"); 1963—14.6 (3'3"), 15.0 and 14.8w (3'6"); 1964—14.2. National Schools champion 1962/3; GB "A" international 1964.

Most pleasing performance was reaching the Olympic qualifying standard. Greatest disappointment: "Not making the Olympic team". Intends competing "longer than Peter Hildreth". This year's target is a "British vest, to run faster than last year". All-time goal is "to put British high hurdling consistently into world class".

Most likes "the large number of friends made all over the country"; dislikes "starting to get back to fitness after a break". View of administration: "Lack of being in touch with athletes, other than the top internationals—this should improve now". Soccer player for York City "A" team; inter-town basketball player. His uncle, H. D. Clark (York Harriers), was English cross-country champion in 1937.



First lap of the Britain v. Poland 1500m at the White City last summer. Boleslaw Kowalczyk leads from Witold Baran, Alan Simpson (who went on to win in the UK record time of 3:39.1) and John Whetton.

Fionnbar Callanan

Pat Lowe

Full name: Patricia Barbara Lowe. Born Leicester, 15.9.43; 5'5", 116 lb; 34-24½-36; 55 pulse at rest; student; Birchfield Harriers; coached by Bill Marlow; single; lives in Leicester (studies at Eastbourne).

"I became interested in athletics when I found that I could run faster than my school friends in 1956/7, but didn't do any serious training until after the 1960 season". Began at 100y and 220y; favourite event now is 880y.

Best marks: 100y—11.3 (1961), 220y—25.6 (1961), 440y—57.8 (1964), 800m—2:08.7 (1964), LJ—17'2"/5.23 (1961). Annual progress: 1960—11.7, 26.6; 1961—11.3, 25.6; 1962—no serious racing; 1963—58.8; 1964—57.8, 2:08.7 (800m).

Most pleasing performance was "running third to Anne Smith and Pam Piercy on August Monday 1964 in 2:09.8 800m". Greatest disappointment: "Not making the team to go to Tokyo after unexpectedly getting so close". Intends competing "until I can progress no further". This year's target is "to gain my international vest". All-time goal: "World record and Olympic gold medal".

Most likes "competition, travelling and meeting people"; dislikes "cross-country running!". View of administration: "One central controlling body required. Have personally been extremely satisfied". Hockey player—county 1st XI and Midland reserves.

John Paddick

Full name: John Chester Paddick. Born Newcastle (Staffs), 31.8.43; 5'11", 161 lb; 36" chest; school teacher; Royal Sutton Coldfield WC, Lancashire WC and ONAC; no coach; single; teaches in Suffolk.

Began as a cross-country runner at school in 1956. Favourite events now are 20km, 20 miles and 50km walks. Best marks: mile run—4:38 (1964); (walking) mile—6:46 (1962), 5M—36:10 (1963), 7M—51:20 (1964), 10M—75:45 (1964), 20km—1:33:28 (1964), 20M—2:42:21 (1964), 50km—4:29:07 (1964).

Annual progress: 1960—7:22 (1M); 1961—7:00.1 (1M), 85:00 (10M); 1962—6:46 (1M), 76:46 (10M); 1963—52:19 (7M), 76:06 (10M), 1:36:46 (20km), 2:44:35 (20M); 1964—51:20 (7M), 75:45 (10M), 1:33:28 (20km), 2:42:21 (20M), 4:29:07 (50km).

Most pleasing performance was "my performance in the Olympics" (10th in personal best of 1:33:28.4). Greatest disappointment: "My getting disqualified on attempting to win the National Junior 5 miles for the third time". Length of career "depends on my mood and state of health". This year's target is to finish in the first three in the National 20M and 50km; all-time goal is to win an Olympic medal. Most likes "the friendliness of the competitors"; dislikes "people who think they are fabulous and show it". Plays water polo.



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AUSTRALIAN NEWS continued

January 16th, Adelaide. 220y: Halliday 21.8; LJ: Boase 24'3 $\frac{1}{2}$ "/7.40 (24'8"/7.52w); TJ: Boase 50'10 $\frac{1}{2}$ "/15.50 (4.6m/sec headwind); women's 100m/220y: Bowering 11.5w/24.8.

January 19th, Melbourne. 220y: Norman 21.6, Eddy 21.7; 5000m: Walker 14:20.8, Noble 14:29.0; HJ: Callender 6'6"/1.98.

January 23rd, Adelaide. This meet marked the opening of a £A50,000 rubber bitumen track. Laid down only a week previously, the track was still soft, the long and triple jump run-ups were shocking but the high jump take-off was first class. Tony Sneazwell marked the occasion by recapturing his best form and went over first time at 6'3"/1.905, 6'5"/1.955, 6'7"/2.005, 6'10"/2.08, 6'11"/2.105, 7'0"/2.13 and finally 7'1"/2.16. Ron Clarke, who had run 2 miles in his best time of 8:33.0 a couple of days earlier in New Zealand, was reduced to 8:47.6 by the shade temperature of 90°F. 100m: Halliday 10.6, Haskell 10.7, Bradshaw 10.7; 200m: Halliday 21.5, Eddy 21.6; 800m: Woods 1:52.1; 2M: Clarke 8:47.6, O'Brien 9:08.0, Cook 9:28.0; 3000mSC: Vincent 9:01.7, Coyle 9:13.5, Blackwood 9:30.6; 400mH: Roche 53.7; HJ: Sneazwell 7'1"/2.16, Skinner 6'3"/1.905; PV: Filshie 13'0"/39.6; LJ/TJ: Boase 24'2"/7.36 & 49'10"/15.19; SP: Selvey 53'8 $\frac{1}{2}$ "/16.37, Kemp 53'4"/16.25; DT: Selvey 172'7 $\frac{1}{2}$ "/52.62; JT: Birks 238'0"/72.54 (& 44'2 $\frac{3}{4}$ "/13.48 SP); women's 100m: Bowering 11.7, Burvill 11.8; 200m: Bowering 24.2, Burvill 24.8, Vilmanis 24.9; HJ/LJ: Frith 5'4"/1.625 & 19'3 $\frac{3}{4}$ "/5.88.

January 23rd, Perth. Aided by a legitimate 1.2m/sec wind, Phil May became Australia's fourth 16-metre triple jumper with a neat leap of 52'8 $\frac{3}{4}$ "/16.07. John Baguley was 2nd at 51'7"/15.72. 880y: Gilbert 1:52.6; 3M: K. Wheeler 13:55.3; DT: Vlahov 168'1"/51.23; women's 220y: Bennett 24.3, Carroll 24.5.

January 23rd, Melbourne. Mile: Tregenza 4:10.6, Doubell 4:11.9; 3000mSC: Walker 9:13.8; HJ: Morrish 6'10 $\frac{1}{4}$ "/2.09, Callender 6'7"/2.005, Boyce 6'6"/1.98; women's 220y: Frawley 24.9.

January 23rd, Sydney. 100y: Lay 9.7; 440y: Knoke 48.0, Bowman 48.5; Mile: Thomas 4:05.8, Peter Manning 4:07.4, Vagg 4:14.0; 3000mSC: Tony Manning 8:59.8; 120yH: Knoke 14.2,

220yH: Prince 23.8, McCann 23.8; SP/DT: Chinnery 50'7"/15.42 & 159'11"/48.74; junior LJ: Tolbert 23'11"/7.29; women's 220y: Bainbridge 24.2, Lamy 25.0; DT: Breen 140'9"/42.90

January 24th, Sydney. 220y: (windy) Lay 20.8, Cardy 21.3, Bowman 21.6; 3M: Thomas 13:44.8, Peter Manning & Tony Manning (brothers) 13:57.4; 440yH: Knoke 52.0; TJ: B. Thomas 49'3 $\frac{3}{4}$ "/15.03; HT: Mullins 184'1 $\frac{1}{2}$ "/56.12; JT: Mitchell 225'3 $\frac{3}{4}$ "/68.67; junior TJ: Tolbert 48'7"/14.81; under 17 SP (8 lb 13 oz): Clarrie Fuller 64'4 $\frac{1}{2}$ "/19.62.

January 26th, Melbourne. Ron Clarke won his first Victorian state senior title (!), covering 6 miles in gusty conditions in 27:40.0. His mile times were 4:30, 4:35, 4:40, 4:42, 4:40 and 4:33. He finished a lap ahead of Geoff Walker and Tony Cook. He was out to improve his own world record of 27:17.8 but after covering the first lap in 66 he gave up the battle against the wind and concentrated on even pace rather than ast time.

Bernie Cecins

TEN-FOUR AT LAST!

AUSTRALIA'S Pam Kilborn finally broke the world record stalemate in the 80m hurdles by returning a time of 10.4 last weekend. She shared the previous mark of 10.5 with Betty Moore, Gisela Birkemeyer, Irina Press, Karin Balzer and Draga Stamejcic.

Michel Jazy enjoyed a varied and successful weekend. On the Friday he set a European indoor 1500m record of 3:42.6 (only a second outside Tom O'Hara's world best); on Saturday he smashed John Whetton's indoor 2000m best of 5:12.2 with a clocking of 5:04.4; and on Sunday he won an 8km cross-country race by over 20 seconds from Michel Bernard!

Both John Whetton and Maurice Herriott won their indoor races in Philadelphia on February 5th. Whetton took the mile in 4:06.8 from Tom Sullivan and Ergan Leps (Canada), while Herriott triumphed in the 2 miles in 8:54.2 ahead of English-born Canadian Dave Ellis (8:54.2) and English student Malcolm Robinson (8:56.8). Anita Webb placed third in the 440y won by Canada's Abby Hoffman in 59.3.

HERNE HILL HARRIERS

8th Annual Open Men's FLOODLIT MEETING

(Under A.A.A. Laws)

At Tooting Bec Track, Tooting Common
(Tooting Bec Und. Stn., then 10 mins. walk)

WEDNESDAY, 24th MARCH, 1965

EVENTS—Senior 300, 660, 1500m, 3000m,
60y Hds., Long Jump, Triple Jump, High
Jump, Shot. Junior 1500m.

Entries (1/-) to Peter Rave, 29 Marsden
Lane, Peckham, London, S.E.15 by 12th
March.

THAMES VALLEY HARRIERS

21st Annual ● 5 x 4 Miles

20 MILE ROAD RELAY

(Under A.A.A. Laws)

From Memorial Hall, Cranford, Middx.
Saturday, March 27th, at 3 p.m.

Holders: Ealing Harriers

AWARDS—First 3 teams; 1st team not in
1965 London-Brighton Relay; 1st Veterans
team of 3 (first 3 legs only). Plaques for 3
fastest laps (record: 20.18 by S. E. Eldon).

Entries (fee: 7/6 first team, 5/- others) to
H. W. Dennis, 19 Star Road, Hillingdon,
Middx. by Monday, March 15th.

Roelants Triumphs at Hannut

GASTON ROELANTS confirmed his status as Europe's number one cross-country runner this winter by racing away with the important 10km event at Hannut (Belgium) last Sunday. He led throughout, was never seriously challenged, and ran home the winner by some 80 yards. Buddy Edelen, who had been left over three minutes down on Roelants the previous week, was a magnificent second ahead of the British contingent led by Ron Hill. Tim Johnston, the inter-county champion, finished in 5th place, and Mike Freary (6th) completed England's winning team. Scotland, headed by Jim Alder's fine performance in 4th position, took second place.

Result: 1, Roelants (Bel) 31.49; 2, Edelen (USA) 32:01.8; 3, Ron Hill (Eng) 32:07; 4, Jim Alder (Scot) 32:22; 5, Tim Johnston (Eng) 32:27.6; 6, Mike Freary (Eng) 32:28.1 . . . 8, Andy Brown (Scot) . . . 11, Ian McCafferty (Scot); 12, John Baldwin (Eng) . . . 16, Mike Bullivant (Eng).

Teams: 1, England 14pts.; 2, Scotland 23; 3, Belgium 29; 4, West Germany 37; 5, Belgium "B" 63; 6, Netherlands 67.

Bruce Tulloh and John Cooke took command of the international race in Madrid. An inspection of the course revealed that the 7,000m. consisted of track and road, and Cooke had to search for suitable footwear, having come without road shoes. Eventually some fencing shoes were found and served him well. The two Portsmouth runners took the lead from 1,000m. and ran together until reaching the Stadium, when Tulloh drew away to win by 1sec. Result: 1, Bruce Tulloh (Eng) 20.49; 2, John Cooke (Eng) 20.50; 3, Oukada (Morocco) 20.57.8; 4, Fernandez (Spain) 21:01.6; 5, Dahbi (Morocco) 21:08.6.

South London Harriers were 3rd in a race at Les Mureaux (France) with 128 points. Union Saint Gilloise (Belgium) won with 81 points ahead of Paris Police (122). Individual placings: 1, Jazy 25:13.6; 2, Bernard 25:34.2; 3, Martinage (all France) 25:39.2 . . . 6, J. Roberts 26:08.6 . . . 22, R. Roseman . . . 28, J. Barrell . . . 35, F. Gilson . . . 37, A. Avila . . . 52, R. O'Mahoney.

LUTTERWORTH C.C. RELAYS

January 30th

IN the boys event Bromsgrove and Redditch had a lead of three seconds from Corby and Leicester Colleges at the final take-over but this proved insufficient when R. Child ran the fastest lap to give Leicester a 34sec. victory. In the youths event Allestree Woodlands were never headed and came in comfortable winners with O. Maurer putting up second fastest time of the day. J. Norman (Sutton-in-Ashfield), with a grand run of 12.20 won the fastest lap award.

Youths

1, Allestree Woodlands (R. Carman 12.48, R. Morton 13.30, P. Sarson 13.12, O. Maurer 12.49) 52.19.

2, Sutton-in-Ashfield (D. Hudson 13.08, R. Hudson 14.05, J. Harrison 13.40, J. Norman 12.20) 53.13.

3, Wellingborough (G. Walden 13.32, J. Sanders 14.24, B. Allen 13.46, D. Hanwell 13.18) 55.00.

4, Bromsgrove & Redd. 63.20.

Fastest Laps: J. Norman (Sutton) 12.20, R. Carman (All. Wood.) 12.48, O. Maurer (All. Wood.) 12.49, D. Hudson (Sutton) 13.08.

Boys

1, Leicester Coll. (P. Beale 14.02, D. Hollingsworth 13.43, J. Boggis 13.24, R. Child 12.57) 54.06.

2, Corby Town (T. Gaffney 14.03, P. Gilson 13.04, A. Clark 14.01, C. Hatton 13.32) 54.40.

3, Oldbury (P. Wyld 13.37, M. Mielzarek 14.15, J. Harvey 13.22, A. Rogers 13.34) 54.47.

4, Broms. & Redd. 55.09; 5, Sutton-in-A. 55.57; 6, Lutterworth 62.02; 7, Alles. Woodlands 62.25; 8, All. Wood "B" 62.41; 9, Corby "B" 62.49; 10, Harris C. of E. 62.57; 11, All. 63.21; 13, Lutterworth "B" 66.28; 14, All. Wood. "B" 67.37.

Fastest Laps: R. Child (LCAT) 12.57, P. Gilson (Corby) 13.04, A. Norman (Sutton) 13.19, J. Harvey (Oldbury) 13.22.

LAST CHANCE TO JOIN OUR PARTY FOR OSTEND

● International Cross-Country Championship

● Casino

● Night Clubs

● Cabaret, etc.

Leave London 8 a.m. Saturday, March 20th

Arrive back in London 5 p.m. Sunday, March 21st

Only 11½ Gns.

If you wish to see this great race and enjoy two days on the Continent, fill in the form below at once and send to Page & Moy Ltd., 88-92 New Walk, Leicester.

Please reserve place(s) on the "A.W." Party trip to Ostend, March 20/21 and send me brochure and booking form.

Name

Address

.....

.....

Age if under 21

**ESSEX & SURREY 57, MIDDLESEX 42
HERTS 31, LOUGHBOROUGH C. 17
ULAC 7**

Indoor Meeting at Stanmore, Feb. 6th

FRED ALSOP, making his first appearance since his magnificent 4th place in the Olympic Games, added 8½" to his own arena "record" on his first trial, and thus joined Mike Ralph at 2nd on the UK all time indoor list. His only other valid effort from the short (90ft.) runway was 49'7½" in the fourth round.

The high jump provided competition high in both quality and interest. Pat Mackenzie, in his last competition in this country before a tour of one year in Gan, one of the 2,000 or so islands in the Maldiv Islands group about 400 miles to the south west of Ceylon, was the only one of the last four to fail at 6'6", but only Gordon Miller made 6'7".

60(A): 1, N. J. Overhead (Poly) 6.4; 2, R. M. Frith (Poly) 6.4; 3, M. P. Cheskin (Poly) 6.4. (B): 1, Frith 6.5; 2, Cheskin 6.5; 3, L. Piggott (Garscube) 6.5.

60H(A): 1, J. M. Parker (Achilles) 7.7; 2, D. Williams (ULAC) 8.1. (B): 1, C. B. Webb (Lough C) 8.0; 2, J. T. Lister (Birchgrove) 8.0. (C): 1, G. J. Manning (Dorking) 8.1; 2, A. Fear (Watford) 8.2.

HJ: 1, G. A. Miller (SLH) 6'7"; 2, eq. M. C. Campbell (Leicester U) & C. W. Fairbrother (VPAAC) 6'6"; 4, P. S. Mackenzie (Brighton/RAF) 6'5"; 5, R. Morris (Walton) 6'2"; 6, M. J. P. Selby (ULAC) 6'2"; 7, eq. R. G. Kirtley (Lough C) & J. T. Lister 6'0".

PV: 1, D. D. Stevenson (Edin SH) 14'6"; 2, T. P. Burton (City of Stoke/ULAC) 14'0"; 3, M. R. Higdon (Herc) 13'0"; 4, eq. P. Lyons (Herc) & J. Hutton (Herc) 12'6"; 6, J. C. Fenge (SLH) 12'6"; 7, J. Dickinson (Lough C) 12'0"; 8, P. E. Devine (Watford) 12'0"; 9, L. Jones (Lough C) 11'6".

LJ: 1, F. J. Alsop (Hornchurch) 22'5"; 2, J. D. Howell (HHH) 22'14"; 3, E. H. Wood (City of Rochester) 22'0½"; 4, G. E. Beales (Lough C) 21'9"; 5, A. W. Gibbons (Camb H) 21'2½"; 6, T. P. Burton 21'2".

TJ: 1, F. J. Alsop 50'2"; 2, R. Ascroft

O. L. OWEN

O. L. ("Ginger") Owen, who died last week aged 78, was athletics correspondent of *The Times* until his retirement from that post in December, 1955. He joined *The Times* from the *Daily Mail* in 1913 and soon became renowned as an expert also on boxing and rugby football. He reported the Olympic Games from the 1920's and after the war covered the celebrations of 1948 and 1952.

He had a sparkling personality, was a great raconteur and was always ready to use his great experience to help other journalists. On the Saturday before his death he was still reporting rugby for the *Sunday Telegraph*. He was an outstanding journalist till the last.

J.N.A.

(Southall) 45'6½"; 3, R. Power (Essex B) 45'1"; 4, J. Balson (Southall) 44'6½".

A. Huxtable

**CIVIL SERVICE BEAT MIDDX. AND
RAF IN SEFTON BRANCKER**

At RAF Halton, February 3rd

AFTER one lap, the Civil Service were comfortably in the lead from Middlesex with the RAF runners generally well back. Geoff North was attempting to hang on to Tim Briault with Mick Price some 50 yards back in third place. On the second circuit, however, Briault moved comfortably away from North to record his second successive win in this event. The Civil Service consolidated their team victory with some very solid packing in the middle positions. The RAF felt the absence of team captain Bill Bennett (injured) and MacLennan (honeymooning) and only Pugh, who ran extremely well, showed up among the leaders.

1. T. Briault (Middlesex) 30.54
2. G. North (Civil Service) 31.06
3. M. Price (Civil Service) 31.23
4. T. Pugh (RAF) 31.31; 5, L. Presland (CS)

continued on page 29

SOUTHERN COUNTIES A.A.A.

**YOUNG ATHLETES'
SPECIALIST COURSES**

AT WELWYN GARDEN CITY

March 6th-7th—Junior Decathlon

March 14th—Junior Pole Vault

(with fibre glass poles)

Further details from Hon Secretary,
SCAAA, 26 Park Crescent, London, W.1.

SOUTHERN COUNTIES A.A.A.

OPEN TRACK MEETING

AT CRYSTAL PALACE

On SUNDAY, February 28th at 10.30 a.m.

EVENTS—High Jump, Triple Jump, Pole Vault, Pentathlon, 6 Mile Paarlauf (2 per team), 3 Mile Walk.

Entries on AAA forms to Hon. Secretary, SCAAA, 26 Park Crescent, London, W.1, not later than February 22nd.

Race Walking

By L. W. WOODCOCK

THE Southern "Garnet": The RWA Southern Area 10 Miles "Garnet" Championship at Erith resulted in a fine double for Highgate Harriers. Led home by that promising young walker, Chris Trimming and ably supported by Messrs. Sutherland, Holmquist and Pelham, Highgate won with the low total of 24 points. Second was Trowbridge Athletic Club and third London Vidarians Walking Club. At the half-distance the lead was shared by Trimming, David Jones (Metropolitan) and Arthur Jones (Brighton). Trimming and Watts then drew away and Trimming, walking strongly and in excellent style, went on to win comfortably.

A.A.A. 2 Miles: It can be confirmed that the 2 Miles Championship WILL be included in this year's main AAA Championship programme at White City, but this is the last time unless better support is forthcoming from our walkers. You have been warned. Only a good entry will ensure the continuance of this Championship, one of the oldest in the AAA programme.

R.A.F. Championship: The RAF 7 Miles Championship, held at Halton, saw 91 walkers facing the starter. Cpl. R. A. Hart (St Athan) was a comfortable winner and was followed home by the Trowbridge AC walker Cpl. D. Levy (Colerne) and Sgt. Deeks (Chessington). The Station Championship went to Stafford, 35 points, with Lindholme second and Colerne third and Bomber Command taking the Inter-Command Championship. It is learnt that F/Lt. "Dicky" Bird, who was the RAF Walking Secretary and who was posted to the Persian Gulf during his year of office as RWA Northern Area President will complete his tour of duty this year and will be returning home shortly.

Today's Events: The London County 10 Miles Championship which will be held today at Battersea Park has again received a good entry. Last year's winners Maurice Fullager (Surrey WC) and Polytechnic Harriers will be defending their titles and some excellent racing should be seen on this fast flat course at Battersea. With the coming of the Greater London Council the conditions of entry will have to be amended and should result in even larger entries during the years ahead. Other events include the RWA Northern Area Junior 10 Miles Championship at Doncaster, the RWA Midland Area Senior 10 Miles Championship at Sutton Coldfield and the South Western Counties 6 Miles Championship at Bath. The Metropolitan Police 10 Miles Championship will be held on Wednesday (18th).

January 23rd

Trowbridge A.C. Inter-Club 10M., Swindon.

1, P. Thorn (Trow) 79.47; 2, A. Poole (Worcs) 83.28; 3, R. Court (Broms) 84.20; 4, P. McCullagh (Met WC—Ind) 84.22; 5, J. Secker (Trow) 84.50; 6, J. Turner (Trow) 85.18. Teams: 1, Trowbridge 23; 2, Worcester H. & Bromsgrove A.C. combined 35.

January 27th

RAF 7 Miles Championship, RAF Halton. 1, Cpl. R. A. Hart (St. Athan) 53.09; 2, Cpl. D. Levy (Colerne) 55.05; 3, F/Sgt. N. B. Deeks (Chessington) 56.01. Station Teams: 1, Stafford 38; 2, Lindholme 42; 3, Colerne 53. Inter-Command Teams: 1, Bomber 63; 2, Maintenance 82; 3, Tech. Training 137.

January 30th

Chipping Sodbury Invit. 7 Miles. 1, D. Levy (Trowbridge) 55.11; 2, A. Poole (Worcs) 57.20; 3, J. Turner (Trow) 58.52; 4, C. Shelley (Trow) 61.33; 5, T. Chorley (Bristol) 61.35; 6, J. Marshall (Worcs) 62.00. 1st Local: Shelley.

Leicester W.C. 10M. Championship, Leicester. 1, C. Stapleford 79.58; 2, P. Markham 81.25; 3, J. Rawlings 82.14; 4, D. Trigg 83.34; 5, M. Blyth 84.08; 6, J. Nutt 86.28. Junior Champ.: N. S. Johnson 94.11. H'cp: 1, D. Trigg (7.0); 2, J. Rawlings (5.0); 3, E. Hall (Scr).

February 6th

RAF v. Sheffield U.H., 10 Miles, Lindholme. 1, Cpl. R. Hart (RAF) 76.42; 2, M. Tolley (SUH) 78.32; 3, J. Stancer (SUH) 79.31. Match: 1, Sheffield "A" 36; 2, RAF 75; 3, Sheffield "B" 75.

Inter-Club 10 Miles, Enfield. 1, C. Fogg (E) 77.00; 2, G. Brown (WG) 77.07; 3, D. Scrimshaw (WG) 84.20; 4, R. Davies (WG) 84.25. Match: Woodford Green 14, Enfield 22.

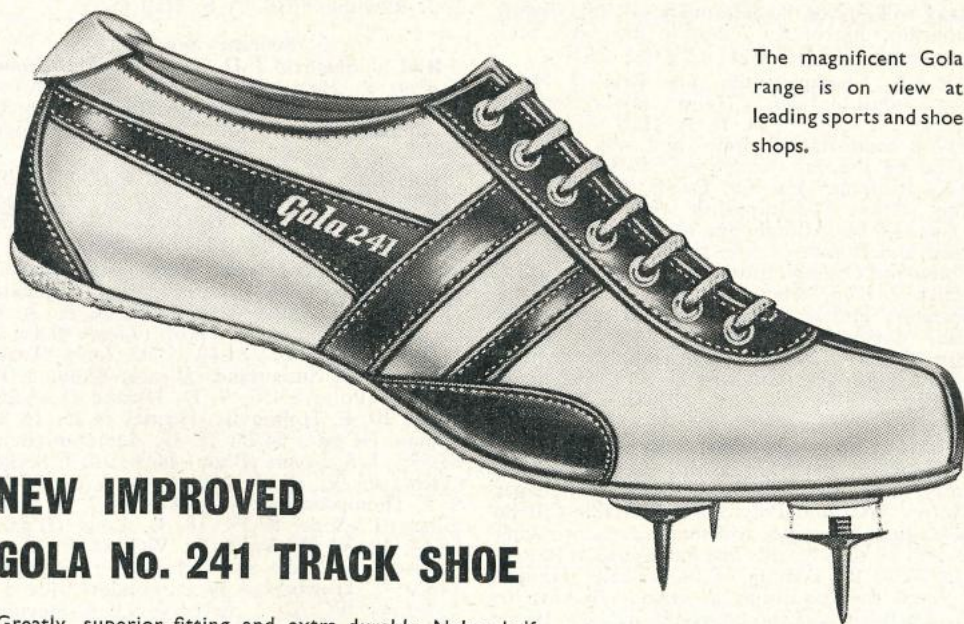
RWA Southern Area "Garnet" Championship 10 Miles, Erith. 1, C. Trimming (Highgate) 78.53; 2, D. Watts (Met) 79.20; 3, A. Jones (Brighton) 80.50; 4, P. Thorn (Trow) 81.14; 5, I. Brooks (Sy. WC) 81.49; 6, D. Levy (Trow) 82.04; 7, W. Sutherland (H'gate) 83.49; 8, D. Parkins (Poly) 83.56; 9, D. Hyland (L. Vids) 84.18; 10, E. Holmqvist (H'gate) 84.25; 11, F. Pelham (H'gate) 84.25; 12, G. Aameron (Belg) 85.59; 13, S. Sayers (B'ton) 86.38; 14, J. Secker (Trow) 86.39; 15, J. Moran (L. Vids) 87.38; 16, J. Thompson (Steyning) 87.47; 17, A. Hemmings (L. Vids) 87.59; 18, R. Long (H'gate) 88.14; 19, W. Wisheart (Sy. WC) 88.28; 20, R. Davison (L. Vids) 88.43. Teams: 1, Highgate 24pts.; 2, Trowbridge 39; 3, London Vids. 53; 4, Surrey WC 62; 5, Belgrave 93; 6, Steyning 107; 7, Southend 134; 8, Surrey WC "B" 173.

YOUTH PERFORMANCES REQUIRED

Ian R. Smith, compiler of the NUTS youth lists, would appreciate details of 100y marks down to 10.3, 220y down to 23.1, 440y down to 51.9, and 110y hurdles down to 14.6 which have not already been submitted to the NUTS. Address: 70 Railway Road, Adlington, near Chorley, Lancs.



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A.W. TRIPS TO EUROPEAN CUP FINAL

Stuttgart September 11th - 12th

ATHLETICS WEEKLY will be organising three separate tours to the Men's European Cup Final in Stuttgart on September 11-12 this year. Brief details are given below but a detailed itinerary with booking form may be obtained from Page & Moy Ltd., 88-92 New Walk, Leicester (Tel. 27941/2) by filling in the form below.

It is essential, for booking aircraft places and accommodation, for anyone considering joining one of these tours to send this form off without delay. At a later stage it may not be possible to include latecomers, and in any case, numbers for these parties are likely to be limited to 40, and bookings will be accepted in strict rotation. So if there is any likelihood of your wanting to join one of the following tours, fill in the form and send off today! It is a provisional booking only, without any obligation, and no deposit is necessary at this stage.

Readers may remember the Tours Manager of Page & Moy Ltd., Geoff Last, who was running in Blackheath H. teams only a few years ago. These trips will have his special interest and nothing is being left undone to ensure the complete enjoyment of all members. All prices include the services of a Courier throughout.

Tour No. 1. Low-priced long week-end trip for those who do not mind overnight travel. Dep. Victoria Coach Station, London, 11 p.m., Thursday, September 9th. Arr. back Victoria Coach Station 2 p.m. Monday, September 13th. Coach London-Manston, Manston to Ostend by air, luxury coach from Ostend to Stuttgart, and return, also two nights bed and breakfast in Stuttgart at a good hotel with full facilities, included in the price of **16 Gns.**

Tour No. 2. Combined 10 day trip to the European Cup Final in Stuttgart, with five days at the delightful resort of Lindau on Lake Constance, near the Swiss border. Dep. Victoria Coach Station 9 a.m., Friday, September 10th; by air Manston to Ostend (30 mins.); luxury coach Ostend to Cologne (night in hotel), and

on to Stuttgart; two days and nights in Stuttgart for Men's Cup Final; then on to Lindau for five days and nights; return via Cologne (overnight stop), arriving back Victoria 8 p.m. Sunday, September 19th. Price, including B. & B. in all hotels, **29 Gns.**, or with dinner (demi-pension) in hotels and in transit, **38 Gns.**

Tour No. 3. The first part of this combined 18 day trip will be the same as Tour No. 2, taking in the European Cup Final in Stuttgart and five days at Lindau. But instead of leaving for home on Saturday, September 18th, by luxury coach to the lovely holiday resort of Mittenwald. From 18th to 23rd in Mittenwald, then by coach to Karlsruhe for the men's match against West Germany. There will be an optional excursion on September 24th (7/6 to 15/- according to numbers) to Ludwigshafen for the women's match against West Germany. Leave Karlsruhe Sunday, September 26th, overnight in Koblenz, arriving back at Victoria 11 p.m. Monday. (Overnight accommodation in London arranged if desired.) Price **40½ Gns.**, including B. & B. in hotels, or **52 Gns.** with dinner (demi-pension) in hotels and in transit.

To Mr. G. R. Last, Tours Manager,
Page & Moy Ltd., 88-92 New Walk,
Leicester.

I am interested in joining the "A.W."
Tour No. and would like a provisional booking for person(s) made for this tour. It is understood that there is no obligation whatever on my part. Please send me detailed itinerary and booking form.

Name

Address

.....

.....

Tel. No. Age (if under 21)

SEFTON BRANCKER (Contd.)

31.36; 6, M. Barrett (M) 31.38; 7, W. Cooper (CS) 31.41; 8, B. Ellis (M) 31.43; 9, R. Holt (CS) 31.51; 10, G. Entwistle (CS) 31.56; 11, D. Holt (CS) 32.01; 12, P. Mellor (CS) 32.03; 13, J. Lindsell (CS) 32.05; 14, M. Hobbs (M) 32.09; 15, R. Mackay (M) 32.11; 16, F. Martin (RAF) 32.22; 17, M. Hurd (RAF) 32.46; 18, D. Jeffreys (M) 32.51; 19, A. Sunderland (M) 32.59; 20, P. Goffart (RAF) 33.16.

Teams:

1. Civil Service (2, 3, 5, 7, 9, 10) 36

2. Middlesex (1, 6, 8, 14, 15, 18) 62
3. R.A.F. (4, 16, 17, 20, 21, 23) 101

VACANCIES

Bognor Regis A.C. have vacancies for clubs at their relays meeting to be held on May 8th (Seniors, Juniors, Youths, Sen. & Jun. Ladies). Secretaries interested please write to R. D. Wardale, 28 Dorset Road, Bognor Regis, Sussex.

The Cheltenham Festival Road Race over 7.4 miles will be held on July 10th.



Ilford A.C. were easy winners of the Junior Girls Section of the Women's Greater London C.C. League. L. to R.—Christine Bennett, Helen Tolbart, Karen Lacome, Linda Wicken, Joan Blerkom and Hazel Elliott.

Ron Linstead

With The Ladies

SOUTHERN SENIOR C.C. CHAMPIONSHIP

THE Southern Senior Championship was held over a varied and hilly course of just under 3½ miles at Chase Cross, Romford, on February 6th. After the first small lap over the same part of the course run by the girls, June Hale led with Rita Lincoln on her heels, then after a gap came Pam Davies, followed by Iris Lincoln, Joy Jordan, Margaret Moir, Sue Tulloh and Val Tomlinson.

On the second larger lap the rather impetuous Rita Lincoln had to drop back, but Pam Davies held on and was never far behind June Hale. These two drew away from the rest of the field led by Iris Lincoln, who held on well to take third place, some 70 yards ahead of Joy Jordan.

Aldershot's packing was far too good for the other teams and they won very easily with 55pts. There was a great tussle for the next six places before Guildford & Godalming took runners-up awards with Hampstead just beating Cambridge H. by one point for third.

In the Girls (14-16) race held before the Championship, Margaret MacSherry received one of her rare defeats, this time at the hands of one of the steadily improving Caffall girls. This was a great finish from the time the two leaders came in sight and the result was in doubt right to the end. The rest were well behind.

1. J. Hale (Portsmouth At.)	20.47
2. P. Davies (Selsonia)	20.53
3. I. Lincoln (Essex L.)	21.32
4. J. Jordan (Guildford & G.)	21.46
5. P. Jones (Ilford)	21.48

6. M. Moir (Wigmore)	21.56
7. V. Tomlinson (Aldershot)	22.05; 8. S. Tulloh (LOAC) 22.06; 9. R. Lincoln (Ex) 22.07; 10. P. Maffia (Highgate) 22.08; 11. P. Perkins (Ilf) 22.15; 12. M. Bray (Ald) 22.16; 13. M. Conlan (Dartford) 22.27; 14. H. Rider (Cambridge) 22.30; 15. V. Spindler (Sel) 22.32; 16. L. Anderson (Herc) 22.34; 17. S. Loftis (Ald) 22.57; 18. D. Elliot (Hampstead) 23.07; 19. P. Card (Ald) 23.08; 20. T. Darby (Kent AC) 23.13; 21. D. Sparrow (Ilf) 23.27; 22. M. Sargent (Guildford & G) 23.32; 23. B. Cushen (Mitcham) 23.35; 24. P. Brown (Mit) 23.37; 25. D. Fox (Guild) 23.38; 26. S. Pettitt (LOAC) 23.41; 27. D. James (Hamp) 23.46; 28. P. Kippax (Camb) 23.49; 29. M. Brown (H'gate) 23.51; 30. S. Dayer (LOAC) 23.53; 31. M. Barnes (Hamp) 24.02; 32. J. Green (Rochester) 24.04; 33. J. Page (Camb) 24.22; 34. C. Davies (Surrey) 24.31; 35. J. Jones (Ald) 24.33; 36. A. Tofield (Hamp) 24.44; 37. B. Davies (Sel) 24.53; 38. M. Hadler (Camb) 24.59; 39. E. Donaldson (Ald) 25.05; 40. F. Turner (Roch) 25.09; 41. M. Tannetta (H'gate) 25.17; 42. J. Wilby (H'gate) 25.17; 43. L. Marsden (Mit) 25.25; 44. B. Davies (Camb) 25.30; 45. B. Benney (Craw) 25.35; 46. L. Deadman (Camb) 25.35; 47. S. Bradbrook (Guild) 25.52; 48. G. Long (Hornchurch) 25.52; 49. A. Preston (Craw) 26.20; 50. E. Nash (Southend) 26.28; 51. S. Marshall (Mit) 26.31; 52. D. Moss (Mit) 26.32; 53. P. Jarman (Hamp) 26.32; 54. J. Symes (Romford) 26.35; 55. P. Moxon (H'gate) 26.37; 56. D. Cunningham (Sy) 26.42; 57. A. Murray (LOAC) 26.48; 58. M. Wilkinson (H'gate) 26.57; 59. J. Porter (Horn) 27.02; 60. D. Bines (Ex) 27.07. 72 finished.

Teams:	Pts.
1. Aldershot	(7,12,17,19) 55
2. Guildford & G.	(4,22,25,47) 98
3. Hampstead	(18,27,31,36) 112
4. Cambridge H.	(14,28,33,38) 113

5. London Olymp. (8,26,30,57) 121
6. Highgate (10,29,41,42) 122
7. Essex L. 136; 8. Mitcham 170; 9. Crawley 217; 10. Surrey A.C. 227.

Girls

1. J. Caffall (Middlesex L) 10.45
2. M. McSherry (Cambridge & C.) ... 10.46
3. A. Darch (Swindon) 11.31
4. M. Caffall (Middx) 11.41; 5. B. Horton (Chelmsford) 11.44; 6. L. Wright (Camb) 12.01; 7. E. Duke (Hercules) 12.02; 8. B. Sweaks (Aldershot) 12.03; 9. G. Freeman (Hamp) 12.05; 10. P. Legg (Sel) 12.12; 11. C. Backrah (S'end) 12.14; 12. H. Pearson (LOAC) 12.22; 13. C. Smith (Sel) 12.28; 14. M. Herbert (Chelm) 12.32; 15. S. Fennessy (Ald) 12.40; 16. J. Overton (Sel) 12.44; 17. S. Newman (Horn) 12.57; 18. J. Holmes (Ald) 13.05; 19. J. Guy (Camb) 13.11; 20. L. Bagley (Craw) 13.21; 21. P. Bound (Sy) 13.24; 22. J. Peck (Sel) 13.33; 23. D. Cranham (Ald) 13.38; 24. A. Stuff (Newport Pagnell) 13.41; 25. M. Beecher (Mitcham) 13.51.

SOUTHERN WOMEN'S INDOOR MEET

Stanmore Park, February 5th

SEVERAL girls showed they were rounding in form nicely for the WAAA Indoor Championships, particularly Margaret Farneden who joined eight others at 4th on the UK all-time list with her first 7.1, Maxine Botley, who looks reasonably certain of defending her title successfully, and Brenda Bedford, who registered the following good series (though from an illegal raised circle): 43'7 $\frac{1}{4}$ ", 41'10", 42'9 $\frac{3}{4}$ ", 44'1 $\frac{1}{4}$ ", F. 41'0 $\frac{1}{4}$ ".

60: 1, M. M. F. Farneden (Mx L) 7.1; 2, E. W. R. Poulton (Wat) 7.3; 3, C. Moore (Felt) 7.3; 4, T. Appleby (Cov G) 7.5 (7.4 sf).

60H(A): 1, M. Y. Botley (Rainham) 8.1; 2, H. Hodges (H'gate) 8.5; 3, C. P. Jenner (Wimb) 8.5; 4, S. Webb (Cov G) 9.4 (8.4 ht). (B): 1, C. Love (Mit) 8.5; 2, P. E. Gaze (Shaft) 8.5; 3, G. M. Matthews (Ruislip-N) 8.6; 4, B. Higgs (Mx L) 8.9 (8.8 ht).

HJ: 1, R. Curtis (Spartan) 5'4"; 2, eq. M. Larkin (Mit) & K. I. Killian (Spar) 5'0"; 4, eq. D. M. Clarke (Herc) & A. E. Savory (Mx L) 4'10"; 6, C. Drewry (Herc) 4'10".

LJ: 1, A. E. Savory 18'0 $\frac{1}{4}$ "; 2, G. M. Matthews 17'6 $\frac{1}{4}$ "; 3, S. K. Bevan (Ruis) 17'2"; 4, P. Y. A. Wilson (Mx L) 17'1 $\frac{1}{4}$ ".

SP: 1, B. R. Bedford (Herc) 44'1 $\frac{1}{4}$ "; 2, K. Duckett (Sel) 37'10 $\frac{1}{4}$ "; 3, J. Quick (Sy AC) 36'8 $\frac{1}{4}$ "; 4, B. E. Everitt (Mit) 32'11 $\frac{1}{4}$ "; 5, S. Barrett (Croy) 30'11 $\frac{1}{4}$ ".

A. Huxtable

S.E. ESSEX LEAGUE

At Colchester, January 23rd

1. C. Oxtan (Hornchurch) 16.06
2. P. Ingle (Hornchurch) 16.50
3. J. Porter (Hornchurch) 16.52
4. C. Long (Horn) 17.25; 5. P. Lacey (Had) 17.43; 6. J. Mara (Had) 17.48; 7. L. Lapwood (Chelmsford) 17.58; 8. V. Thorogood (South-

end) 18.15; 9. L. Butcher (Had) 19.21; 10. E. Nash (S'end); 11. D. Brown (S'end); 12. D. Churchill (S'end).

Teams:

- | | Pts. |
|---------------------|---------------|
| 1. Hornchurch | (30,29,28) 89 |
| 2. Hadleigh | (27,26,23) 76 |
| 3. Southend | (24,22,21) 67 |
| 4. Chelmsford 25. | |

Juniors

- | | |
|--|-------|
| 1. B. Coulter (Romford) | 10.00 |
| 2. M. Herbert (Chelmsford) | 10.14 |
| 3. D. Lamb (Romford) | 10.28 |
| 4. S. Newman (Horn) 10.31; 5. B. Grinney (Thur) 10.48; 6. S. Reid (Chelms) 11.03; 7. J. Doran (Chelms) 11.05; 8. M. Brunger (S'end) 11.06; 9. J. Germani (S'end) 11.08; 10. H. Gumbidge (S'end) 11.14; 11. A. Lomas (Chelms) 11.40; 12. E. Sternen (Thur) 11.57; 13. C. Barnes (Thur) 12.01; 14. R. Maurel (Horn) 12.13; 15. S. Holpin (Rom) 12.18; 16. A. Wilson (S'end) 12.20; 17. M. Woodward (Chelms) 13.07; 18. C. Brunger (S'end) 16.58. | |

Teams:

- | | Pts. |
|-----------------------------------|---------------|
| 1. Chelmsford | (29,25,24) 78 |
| 2. Romford | (30,28,18) 76 |
| 3. Southend | (23,22,21) 66 |
| 4. Thurrock 65; 5. Hornchurch 27. | |

SOUTH-WESTERN CHAMPIONSHIPS

The South-Western Counties are to stage Cross-Country Championships (all three age groups) for women from Ashton Park Sec. School, Bristol, on March 6th. First event 2.30 p.m. Details from D. M. Shorrocks, 222 Stapleford Road, Taunton. Entries close February 25th.

AWARD FOR ALISON LEGGETT

The "Harold Brooksby Memorial Fund" award for 1964 (this award commemorates a very respected and popular Halifax youth leader and sportsman who was killed in 1962) will be awarded to Alison Leggett (Halifax H.), P.E. Mistress at Crosley & Porter Girls School, Halifax, for her achievements in athletics in 1964.

A women's cross-country team from Clonliffe H. (Dublin) will be competing at Bury on February 20th and at Warrington in their Sunday track meeting on February 21st.

The Southern Counties Women's Road Walk Championship will be held on Saturday, March 27th at Trowbridge, Wilts. Entries (fee 2/6) close March 20th to Mr. G. Keen, 68 Dundee Road, South Norwood, London, S.E.25.

ALDERSHOT RELAYS continued

"B" 33.49; 18. Heron Wood Sch. 34.05; 19. Salesian Coll. 34.19; 20. RAPC Apprentices Sch. 34.38.

Fastest Laps: M. Woods (Aldershot) 9.45, M. Barton (Alder) 9.48, D. Colton (Eton Manor) 9.51.

Advertise **YOUR** event and increase your entries

ROMFORD ATHLETIC CLUB Sixth **HALF-MARATHON ROAD RACE**

(Under A.A.A. Laws)
Saturday, 10th April, at 3 p.m.
Prizes—First 3 Individuals and 1st Veteran.
Medals—First 3 Teams (6 run, 3 score).
C. H. Allen Individual Trophy—Holder: D. Plater (Ilford A.C.). Lockwood Team Trophy—Holders: Woodford Green A.C.
Entry Fee: 3/- per person. Entries to C. N. Burton, 24 Longfield Avenue, Hornchurch, Essex. Closing date 27th March.

REDHILL & REIGATE A.C. Hold their Fifth **10 MILE CHARITY ROAD RACE** On Easter Monday, 19th April Start 3 p.m.—Changing at Battlebridge Track, Redhill

Entry Fees: 2/6 Individual, 10/- Team
Medals to first three individuals and first three team (3 to score). Certificates to all finishers.

In conjunction, starting 2.30 p.m.
BOYS 3 MILE ROAD RACE
Entry fees and awards as for 10 Miles
Closing date 12th April. Race Sec.: B. Apps, 15 Cottenhams, Blindley Heath, Lingfield, Surrey.

LONDON ATHLETIC CLUB **SCHOOLS' CHALLENGE CUP MEETING**

will be held at the
UNIVERSITY OF LONDON SPORTS
GROUND, MOTSPUR PARK, SURREY
(Under A.A.A. Laws)

On FRIDAY, April 23rd, at 2.15 p.m.
and

SATURDAY, April 24th, at 11.15 a.m.
and 3 p.m.

**16 SENIOR EVENTS
6 JUNIOR EVENTS**

(For Boys still at School only)

Full details and entry forms from—

Mr. G. D. BASAN,

34 Browning Avenue, Sutton, Surrey
Telephone: Vigilant 5304 & 1852

Entries close 8th April, 1965

WARRINGTON ATHLETIC CLUB

3rd Annual

BOYS' AND YOUTHS' CROSS-COUNTRY RELAYS

4 x 1 Mile each race

(Under A.A.A. & E.C.C.U. Laws)

At Victoria Park, Knutsford Road,

Warrington (Nr. M6 Motorway)

Saturday, 3rd April, at 2.45 p.m.

AWARDS IN EACH RACE—Trophy & Plaques first 3 teams, also 1st unplaced "B" team. Plaque for fastest lap.

Holders—Youths: Sale Harriers. Boys: Warrington A.C.

Entries (5/- first team, 3/6 others) on A.A.A. forms close Saturday, 20th March, to M. S. Warburton, 117 Kingsway North, Warrington, Lancs.

Races Sponsored by Burtonwood Brewery Co. (Forshaws) Ltd.

SUTTON H. & A.C. (St. HELENS)

The Annual Sutton Road Races

(Under A.A.A. Laws)

Saturday, 20th March, 1965

From Sutton Manor Colliery,

Jubilee Lane, St. Helens

BOYS 2 MILES ROAD RACE (2.30 p.m.)

Awards: Plaques 1st 3 Ind. and 1st 3 teams (4 to score). Entry Fees: Team 5/-, Ind. 2/-.

Age limits O/14 & U/16 on 1.10.64.

7 MILES OPEN ROAD RACE (3.0 p.m.)

Awards: Winning team will hold "The Geoff Harwood" Trophy for 12 months.

Prizes valued £5, £3, £1 Ind. & Teams 4 at £2, 4 at £1.10.0, 4 at £1. Entry fees: Team 5/-, Ind. 2/6. All competitors must be at least 18 on day of race.

All entries on A.A.A. forms to N. Ashcroft, 16 Davids Avenue, Lane Ends, Warrington, by first post, Monday, 8th March. All competitors in team races must be entered as individuals.

CHICHESTER A.A. CLUB

in association with

R.A.F. THORNEY ISLAND

and

SUSSEX A.A.A.

present an

INDOOR OPEN TRACK MEETING

which will include

Sussex A.A.A. 100, 440 and 880 yards
Indoor Championships

(Under A.A.A. Laws)

On SATURDAY 6th MARCH

in a Heated Hangar, R.A.F. Station,

Thorney Island, Nr. Emsworth

Commence 2 p.m.

Open Events: Seniors—100, 440, 880 and Mile. Juniors—100, 440 and 880. Youths—100, 440 and 880. Club Relay—4 x 100, Seniors, Juniors and Youths.

Details from and entries for all events to D. C. Keating, Colnor House, Bosham (Tel. 2350).

Closing Date: 22nd February, 1965