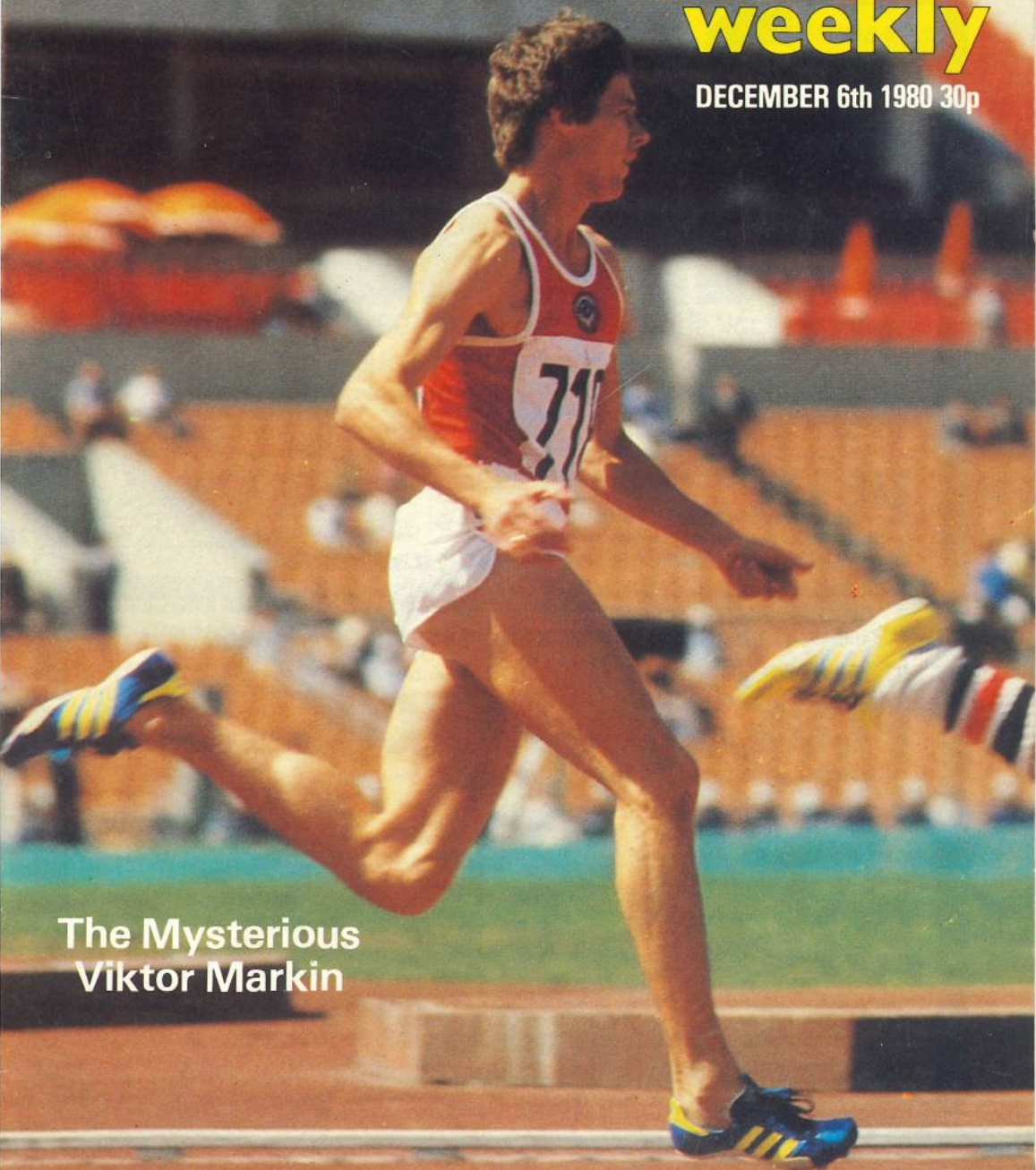


INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

# athletics

## weekly

DECEMBER 6th 1980 30p



The Mysterious  
Viktor Markin

09LE

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# athletics

## weekly

Vol. 34 No. 49

DECEMBER 6th 1980

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**COVER PHOTO (By Mark Shearman)**  
 Olympic 400m champion, Viktor Markin.

## THE WEEK AHEAD

**Saturday, December 6th:** Midland Counties WAAA CC Finals; Sussex CC Champs (Inter Men, Boys, Colts & Women), Lancing Manor; North East CC Champs, Morpeth; Essex League, Harlow; Surrey League (Div. 1); Kent League, Maidstone; W. Yorks League, Pudsey; Vets AC CC, Wimbledon Park; Gwent League; Surrey Women's League, Milford; Insurance CC Champs, Richmond; Fraternity Cup CC, Cockfosters; West Down Cup, Belvoir Park, Belfast; Women's National Road Walks Champs, Battersea Park; N. London Inter-Club 10km Walk, Chigwell; Selsdon Cup 6M Walk, South Croydon; Northern Winter Walking League, York.

**Sunday, December 7th:** Wolverhampton & B Winter Warm-up Meeting, Wolverhampton Stadium; Devon CC Champs, Bideford; Sunday YA League; Downs League, Epsom Downs; Northern Women's League, Cleckheaton; Woking CC Meeting, Chobham; Shirebrook CC Races, Mansfield; Nene Valley '10', Peterborough; Lancaster Road Races, Lancaster Univ.; Round the Bridges Road Relay, Albert

Embankment; Grantchester '5', Lammas Land.

**Wednesday, December 10th:** Southern Counties Open Meeting, Crystal Palace; Orange Hill Classic CC Relay, Mill Hill; London Services CC League, Henlow.

**Saturday, December 13th:** IAC International CC, Crystal Palace; Open Junior & Inter Pentathlon, Crystal Palace; Southern Counties Hurdles Competition/Training Day, Crystal Palace; Kent WAAA CC Champs, Canterbury; Surrey WAAA CC Champs, Camberley; Bradford & Dist. CC Champs, Bradford; Scottish Inter-District Match, Stirling; Kent League, Maidstone; Surrey League (Div. 2), Richmond Park; Westward League, Torquay; Gloucester League, Blackbridge; Mid-Lancs League, Kendal; Red Rose League, Rossendale; Chingford League, Enfield; Vets AC CC, Maydon Hall; Thames H&H 'Old Boys' Race, Wimbledon; Forres Christmas Handicap, Forres; Norman Woodcock Trophy Road Race, Westerhope; Whitbread '5', Portsmouth; Cambridge H Open Walk, Bexley.

Continued on page 46

Schweppes International CC

Barry Trowbridge reporting

## Depth Of Ethiopian Talent On Display

AFTER LAST YEAR'S Montreal Marathon — won by Kebede Balcha in 2:11:35 — Australia's Dave Chettle remarked "I've never heard of him, but I've heard of Ethiopia". There were strong indications in the Moscow 5000 and 10,000 contests that the Ethiopians had finally arrived *en masse* and their performances in the Schweppes International Cross-Country Team Race at Gateshead on November 22nd surely removed any doubts about that nation's pedigree.

The race organisers must have been disappointed that none of the Olympic finalists were making the journey to Gateshead, but this surely was transformed to joy as, with less than half a mile to go, the green vests filled the first three places in a highly competitive race. Abraham Tadesse slipped to fourth and Dajene Beyene to sixth, but Berhanu Girma romped home unchallenged and the Geordie appetite must be really whetted now for the track international involving these classy Africans at Gateshead next June — the meeting that will include the IAAF Golden 5000.

Emiel Puttemans re-emerged yet again as a world class force by taking second place in a last furlong charge, his speed being just enough to hold off Nat Muir — and that takes some doing. Muir, holder and twice winner of the event, was like last year involved in a race-long battle with Steve Jones, the Welshman eventually taking fifth place. These two seem to revel in the Gateshead mud. With the Ethiopian trio well supported by Paris runner-up Hans-Jurgen Orthmann, the Rest of the World (19 pts) finished easy team winners, but all is not lost from an English viewpoint as the 'A' (43), 'B' (78) and Tipton (89) teams filled the next three places, and the season is still young. But if Ethiopia take part in the 1981 IAAF World Championships in Madrid next March it could be a tremendous battle for top honours.

The 5M race, over one short circuit and six laps each containing two very testing climbs, was the last of the day. When the Colts went off at noon the ground was heavy, and by the time 2,000-plus pairs of feet had had their say over the next three hours, glue was the order of the day, and on certain parts of the track Welly boots (nay, thigh



**Berhanu Girma shows how much he enjoyed the hills at Gateshead as he pulls away from Nat Muir and Emiel Puttemans.**

John Burles

waders) would have been more appropriate than spikes.

Grenville Tuck led the field down and up the first hill, but by the end of the first full circuit Steve Binns was making the running with Girma, Puttemans, Euan Robertson (NZ), Muir and Jones already well to the fore. Down into the dip for the second time and it was still Binns, now some 5m clear, but by the time the runners came back into view Girma was leading. His surge on the next hill took him further ahead and although the downhill stretches towards the lap end gave the lesser mortals a chance to close, it was

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obvious that with eight demanding climbs to come the rest were running for second place.

The third lap saw Girma stamp his authority on the proceedings and with the race now into its second half he had moved some 40m clear. Tadesse had now joined, and took charge of, the chasing group which now comprised six other athletes — Binns, Muir, Robertson, Puttemans, Jones and Orthmann. Beyene was up to ninth, Mike McLeod held tenth and Julian Goater was beginning to move up, in 11th. The bunch closed on the flat ground and halved the lead by the time they dipped for the fourth time, but the tiny Ethiopian was not to be denied and went to work again on the hills. With two to go, he was comfortable again, Puttemans now challenging Tadesse for second place. Jones was fourth and Goater had joined the bunch in fifth place.

It was Tadesse who made eyebrows rise on the fifth circuit as he started to look a good bet for second knowing how Ethiopians can finish. His mere five metre advantage over Muir, Jones and Puttemans at the 'bell' must have looked to them, a sizeable challenge, but those three don't accept defeat easily. Binns and Goater led the England challenge in sixth and seventh with Orthmann, Robertson, Beyene, a fast-finishing Steve Kenyon and Max Little making up the first dozen.

As they disappeared for the last time, the real race was for second place. Girma was unchallenged, Tadesse still held second and it was about now that Beyene decided he would like to be third. His effort during the last two climbs was truly commendable, for with about 600m left — mostly downhill remember — he was heading Muir, Jones and Puttemans. This was probably Tadesse's downfall as there was no way that those three were going to give best to **three** Ethiopians. Beyene got faster and faster but took them with him. He cracked, they didn't, and their momentum and fight was enough to reduce Tadesse from a 'certain' second to fourth. Puttemans took second, Muir third and Jones fifth — three seconds covering four people. Beyene held sixth, followed by Binns, leading the England challenge, with Orthmann, Goater and Kenyon completing the first ten.

Apparently the Ethiopian team manager promised three different men for the IAC/Provincial Insurance races at Crystal Palace next week (December 13th). A fascinating prospect.

Four-times Olympic champion Lasse Viren unfortunately had 'one of those days' and dropped out around halfway; and Bernie Ford also had a bad one as he struggled home in 36th place. But the winter is young and many, many miles will be covered before the 'National' unfolds at Parliament Hill in March.

The International Middle Distance race has a habit of attracting some big names yet throwing up surprise winners. This year was no exception as Welshman Tony Blackwell, back from



**Glen Forster leads from Graham Ellis and winner David Lewis (527) in the open race.**

Mike Street

Memphis State University, eventually ran out a worthy winner over such notables as Steve Emson and Graham Williamson. Paul Harker did much of the early pace-setting but Blackwell was never far behind and his surge on the last of the four climbs was enough to break the Darlington man's challenge. Steve Rimmer attached himself to Blackwell's slipstream and came strongly at the finish to clinch second.

The Senior Open Race attracted over 500 entries, and gave the host club a good chance to pick up some honours. The individual race was a superb spectacle. The one short plus four

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**Taff Davies and Jim Alder — super vets.**

Mike Street

extended long lap race attracted a really class field, as the results indicate, yet as early as the second lap the contest was reduced to three. And the race from then on had everything as Glen Forster, David Lewis and Graham Ellis surged and re-surged in efforts to break each other — but couldn't. It wasn't until the home straight, the last 100m, that Lewis (19) eventually got clear, but there was no let up as Forster and Ellis gave chase. Gateshead duly picked up the team award to indicate that they most definitely are **not** a spent force. In a field of this calibre they still finished Turnbull, Coleby, Dunn, Baggaley and Irvine in the first 20. A last thought on this race:

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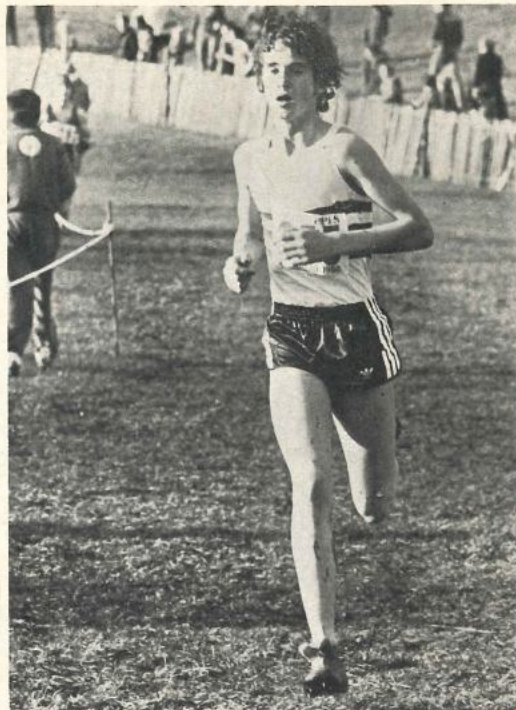
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**Runaway Boys winner Darren Martin.**

John Burles

Clive Hensby of Woking beat Ray Smedley for fourth place. He's still a Junior, and a good one at that.

Last year's women's race saw Ellen Wessinghage triumph over Fiona McQueen. This year Fiona was second again, this time to Sandra Artherton. The 18-year-old Leeds runner took up the running early on, but didn't eventually lose rugged Fiona until the end of the second set of hills. Sale took the team honours, mainly due to some solid running from Barbara Abbott (third) and Jill Davidson (fourth) and the first six was completed by Alison Wright and the Stevenage Intermediate Laura Wight.

Taff Davies and Jim Alder soon took charge of the Vets race and gave the crowd plenty to cheer as they battled over the four-plus laps. Fred Pendlebury and Mel Batty were also early challengers but Davies and Alder are **that** good that these stalwarts were soon dropped. It seems unfair that somebody as good as Taff should be running in what amounts to an 'age-group' race, but he's surely only reaping the rewards of sheer hard work.

The meeting was the fifth and last in the series to be sponsored by Schweppes Ltd, and it is greatly to be hoped that local interest will stay high until at least 1983, when Gateshead aspire to stage the IAAF World Championships.

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## GATESHEAD RESULTS

### International Team Race

1, B. Girma (Rest of World/Ethiopia) . . . . 25:18  
 2, E. Puttemans (Belgium) . . . . . 25:29  
 3, N. Muir (Scotland) . . . . . 25:30  
 4, A. Tadesse (RoW/Eth) 25:30; 5, S. Jones (Wal) 25:32; 6, D. Beyene (RoW/Eth) 25:35; 7, S. Binns (Eng) 25:38; 8, H-J. Orthmann (RoW/Ger) 25:39; 9, J. Goater (Eng) 25:39; 10, S. Kenyon (Eng) 25:43; 11, E. Robertson (NZ) 25:48; 12, M. Little (RoW/Aus) 25:49; 13, J. Wild (Tip) 25:53; 14, D. James (Wal) 25:56; 15, D. Black (Eng 'B') 26:02; 16, B. Smith (Eng 'B') 26:03; 17, M. McLeod (Eng) 26:04; 18, R. Agden (Bel) 26:07; 19, K. Kvalheim (Nor) 26:12; 20, C. Woodhouse (ECCU) 26:15; 21, A. Holden (Tip) 26:21; 22, T. Hutchings (Eng 'B') 26:25; 23, M. Prince (ECCU) 26:30; 24, D. Coates (ECCU) 26:32; 25, N. Brawn (Eng 'B') 26:34; 26, Gren Tuck (ECCU) 26:38; 27, A. Rushmer (Tip) 26:39; 28, A. Milovsorov (Tip) 26:40; 29, D. McDaid (RoI) 26:42; 30, M. Kearns (Tip) 26:47; 31, C. Buckley (Wal) 26:48; 32, Gerry Hannon (NI) 26:49; 33, J. Davies (Tip) 26:53; 34, A. Douglas (Sco) 26:58; 35, J. Doherty (NI) 27:00; 36, B. Ford (Eng) 27:03; 37, R. Costello (RoI) 27:05; 38, I. Simonsen (Nor) 27:10; 39, P. Haga (Nor) 27:11; 40, J. Griffin (Wal) 27:12; 41, B. Thompson (NZ) 27:14; 42, M. Lane (Wal) 27:16; 43, D. Hopkins (Wal) 27:17; 44, M. Cauldwell

(NZ) 27:20; 45, J. Graham (Sco) 27:21; 46, L. Spence (Sco) 27:22; 47, B. Downie (RoI) 27:30; 48, A. Parmentier (Bel) 27:34; 49, Greg Hannon (NI) 27:37; 50, E. Toogood (Nor) 27:41; 51, S. Gibson (NI) 27:44; 52, G. Braidwood (Sco) 27:49; 53, J. Vilhomen (Nor) 27:50; 54, R. Schoofs (Bel) 28:02; 55, A. Callan (Sco) 29:00.  
**Teams:** 1, Rest of World 19; 2, England 43; 3, England 'B' 78; 4, Tipton 89; 5, Wales 92; 6, ECCU 93; 7, Belgium 123; 8, Scotland 127; 9, Norway 146; 10, Rep of Ireland 153.

### Middle Distance Race

1, A. Blackwell (Unattached) . . . . . 9:32  
 2, S. Rimmer (RAF/Cambuslang) . . . . . 9:34  
 3, P. Harker (Darlington) . . . . . 9:37  
 4, S. Emson (Tip) 9:38; 5, K. Rothwell (Stret) 9:41; 6, P. Dixon (Ross) 9:47; 7, G. Williamson (Spring) 9:53; 8, R. Woods (Dur) 9:56; 9, S. Anders (St. Helens) 9:57; 10, G. Potts (M&C) 9:58; 11, S. Laing (EAC) 10:02; 12, D. Swain (Coll) 10:08; 13, D. Messum (unatt) 10:13; 14, C. Miller (ASV) 10:16; 15, D. Hughes (Liv) 10:30.

### Senior Open Race

1, D. Lewis (Rossendale) . . . . . 25:30  
 2, G. Forster (Sunderland) . . . . . 25:31  
 3, G. Ellis (Holmfirth) . . . . . 25:33  
 4, C. Hensby (Woking) 25:45; 5, R. Smedley (Birch) 25:53; 6, M. Deegan (Old & R) 25:54; 7, G. Smith (Sund) 26:00; 8, P. Livesey (B'burn) 26:03; 9, G. Turnbull (Gates) 26:07; 10, D.

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Driver (Charn) 26:10; 11, G. Helme (St. Helens) 26:13; 12, M. Coleby (Gates) 26:15; 13, A. Taylor (Kend) 26:16; 14, P. Dunn (Gates) 26:18; 15, B. Baggalay (Gates) 26:24; 16, P. Griffiths (Tip) 26:26; 17, A. Gilmore (Cambus) 26:31; 18, A. Robinson (Blay) 26:37; 19, R. Harrison (ASV) 26:38; 20, S. Irvine (Gates) 26:41; 21, D. Ellis (Dur. U) 26:41; 22, M. Baxter (Leeds) 26:42; 23, M. Flint (RAF Cosford) 26:43; 24, P. Taylor (Sund) 26:44; 25, W. Glad (USA) 26:46; 26, S. Shallcross (C Hull) 26:49; 27, J. King (Soli) 26:52; 28, S. Paton (Belgrave) 26:56; 29, C. Moore (Bing) 26:59; 30, A. Cooper (New U) 27:00; 31, J. McGarver (Falk V) 27:01; 32, S. Crossman (Wok) 27:02; 33, P. McCullagh (Leeds U) 27:02; 34, D. Dixon (Sund) 27:02; 35, P. Coyle (N. Belf) 27:02; 36, P. Tootell (Stret) 27:05; 37, T. Crossman (Wok) 27:07; 38, J. Webster (E. Kent) 27:10; 39, R. Waite (Bing) 27:12; 40, A. Robertson (ESH) 27:15; 41, P. Cuskin (J&H) 27:16; 42, J. Myatt (Gates) 27:17; 43, D. Widdison (ASV) 27:20; 44, K. Johnson (Els) 27:20; 45, S. Walker (Sale) 27:20; 46, J. Gladwin (SCCU Jnr) 27:20; 47, B. Mullarkey (Roth) 27:20; 48, G. Hetherington (Dur) 27:22; 49, W. Johnson (Gates) 27:24; 50, G. Mitchell (SCCU Jnr) 27:24. **Teams:** 1, Gateshead 50; 2, Sunderland 67; 3, Airedale & SV 191; 4, Scottish CCU Juniors 227; 5, Bingley 243; 6, Rotherham 266; 7, Newcastle Univ 301; 8, Elswick 313; 9, Durham 322; 10, Kendal 337.

### Veterans

1, T. Davies (Aldershot Farnham & D) . . . 18:53  
2, J. Alder (Morpeth) . . . 18:59  
3, F. Pendlebury (Manchester H) . . . 19:22  
4, G. Blackburn (Westbury) 19:43; 5, D. Anderson (Bing) 19:49; 6, R. Caruthers (Gosf) 19:56; 7, C. Hawkes (M&C) 20:02; 8, M. Batty (Thur) 20:16; 9, W. Ryder (Morp) 20:25; 10, R. Balding (Heat) 20:32; 11, E. Hudspith (Morp) 20:49; 12, C. Pickett (M&C) 20:54; 13, J. Collins (Swansea) 20:59; 14, T. Rooke (M&C) 21:10; 15, P. Carmichael (Morp) 21:15; 16, E. Kirkup (Roth) 21:21; 17, J. Hanes (Heat) 21:24; 18, J. Murray (Falk) 21:37; 19, R. Peart (Els) 21:45; 20, N. Green (Bing) 21:48.

### Youths

1, A. Hope (Westbury) . . . 19:09  
2, A. Steventon (Rotherham) . . . 19:18  
3, D. Stones (Barton & Dist.) . . . 19:19  
4, A. Puckrin (Kilb) 19:34; 5, K. McCluskey (Cock) 19:35; 6, R. Crorken (Burn) 19:36; 7, J. Hartigan (Bir) 19:37; 8, N. Horn (Holm) 19:39; 9, C. Malan (Long) 19:41; 10, P. Bradley (Gate) 19:46; 11, A. Pearce (J&H) 19:47; 12, K. Miles (West) 19:49; 13, G. Woods (Mor) 19:52; 14, G. Laing (Lon. I) 19:53; 15, S. Degnan (Long) 19:53; 16, S. Bishton (Bir) 19:54; 17, D. Crookes (E. Ches) 19:56; 18, J. Whitfield (Mor) 19:58; 19, A. Leyland (Sy. B) 19:59; 20, P. Ryder (Mor)

20:00; 21, D. Burhill (Stret) 20:00; 22, M. Teasdale (Blay) 20:00; 23, S. Fielding (Bing) 20:00; 24, M. Taggart (Shett) 20:03; 25, D. Glendening (Gate) 20:05; 26, K. Stewart (Ton) 20:06; 27, I. Matheson (A'deen) 20:07; 28, S. Robson (Mor) 20:08; 29, A. Patterson (Walls) 20:11; 30, P. Richley (Bel) 20:12; 31, A. Rogers (Leeds) 20:13; 32, R. O'Hara (Long) 20:13; 33, D. Clarke (Hull S) 20:15; 34, A. Colebourne (Bir) 20:17; 35, P. Barr (Barr) 20:19; 36, G. Parker (Clyde) 20:23; 37, S. Dalton (Roth) 20:29; 38, S. Bird (Sun) 20:31; 39, W. Minto (S'burn) 20:33; 40, K. Blades (Roth) 20:36. **Teams:** 1, Morpeth 79; 2, Rotherham 124; 3, Birchfield 146; 4, Longwood 183; 5, Gateshead 208; 6, Middlesbrough & C. 260; 7, Springburn 260; 8, Stretford 278; 9, Blaydon 283; 10, Stevenage & NH 334.

### Boys

1, D. Martin (Tonbridge) . . . 15:12  
2, M. Taylor (Longwood) . . . 15:38  
3, T. Leach (Rotherham) . . . 15:41  
4, D. Neale (Ton) 15:42; 5, M. King (Stret) 15:44; 6, I. Widdrington (C. le S) 15:46; 7, D. Allen (M&C) 15:48; 8, S. Newport (Ton) 15:49; 9, P. Hudson (Sun) 15:52; 10, B. Bewick (Sun) 15:54; 11, I. Howey (Long) 15:56; 12, G. Devine (Bing) 15:57; 13, M. Byrne (Stret) 16:01; 14, A. Hollens (Ton) 16:02; 15, G. Watts (Lon. I) 16:03; 16, S. Howey (Long) 16:06; 17, J. Holloway (Bir) 16:08; 18, M. Hutchinson (Tyne) 16:10; 19, P. Downes (Bir) 16:12; 20, P. Evans (Tip) 16:13; 21, N. Smith (Bir) 16:14; 22, G. Wright (Gate) 16:16; 23, A. Flockton (CoH) 16:16; 24, R. Winstanley (Roth) 16:16; 25, M. Nyrenda (Lon. I) 16:16; 26, D. Henry (S&NH) 16:17; 27, B. Pfeiffer (Lon. I) 16:18; 28, P. Booth (Hull S) 16:21; 29, S. Cardwell (Holm) 16:23; 30, R. Powell (Grim) 16:23; 31, R. Earle (Leeds) 16:23; 32, A. Kilner (Long) 16:23; 33, R. Taylor (Long) 16:23; 34, G. Conway (St. Mal. Coll) 16:27; 35, R. Bergstrand (Roch) 16:27; 36, S. Sheen (Stret) 16:30; 37, R. Dean (Tip) 16:33; 38, A. Laing (Lon. I) 16:34; 39, S. Cundy (Tyne) 16:36; 40, J. Warner (Ton) 16:37. **Teams:** 1, Tonbridge 27; 2, Longwood 61; 3, London Irish 105; 4, Stretford 111; 5, Birchfield 139; 6, Sunderland 144; 7, Middlesbrough & C 173; 8, Tipton 195; 9, Bingley 206; 10, City of Hull 261.

### Colts

1, N. McRobb (Rotherham) . . . 11:04  
2, D. Nelson (Darlington) . . . 11:27  
3, S. Tinsley (Stretford) . . . 11:32  
4, G. Bird (Sun) 11:39; 5, C. Payne (Camb) 11:41; 6, M. Hudson (Mand) 11:47; 7, D. Whitaker (A&SV) 11:57; 8, K. McKinney (St. Mal. Coll) 11:57; 9, J. Sislay (E. Grin) 11:57; 10, J. Dean (Gos) 11:57; 11, D. Barbour (S'burn) 11:59; 12, M. Smith (Houg) 12:05; 13, S. Dickenson (M&C) 12:06; 14, J. Falkner (St. Mal.

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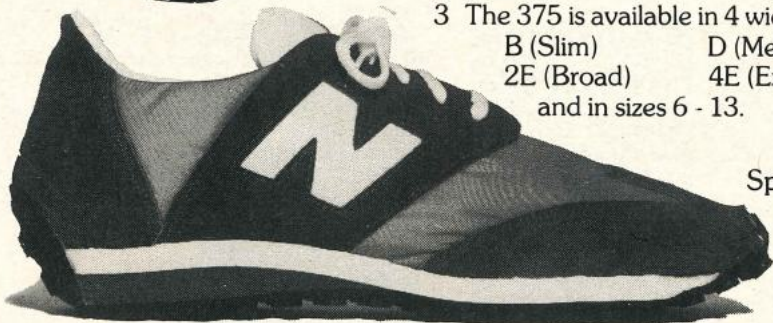
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POST FREE SERVICE

## Irish News

THE 15th HOLLYMOUNT International Road Race, over 5.7M, was held in fine sunshine on November 9th. The line-up included Eamonn Coghlan, beginning his winter campaign, Barry Knight, fresh from his victory in the Mike Sully, and Gerry Deegan, Hugh Jones and Gerry Hannon, all making their first outings after lay-offs with injury. From the gun, local athlete Richard Mulligan led a group of 20 through a brisk first mile.

Gerry Deegan made a break from the back of this group, and in the ensuing scramble Mulligan and Coghlan went down. John Woods was the only athlete prepared to take up the challenge, and at the three mile mark this pair had established a 60m lead over a group of four — Eddie Whyte, Gerry Hannon, Chris Buckley and Hugh Jones. Coghlan was making valiant but unavailing efforts to make up lost ground in tenth place at this stage.

On a tight left turn there was further drama as Deegan toppled over after slight contact with Woods. The chasing group closed to within 20m of Deegan, with Woods fighting to hold a 30m lead. However, Deegan was not to be denied. Putting his head down, he caught a tiring Woods and fought off challenges from Jones and Buckley in the last two miles. The time was 20 seconds outside the course record held by Malcolm Prince.

Liverpool Harriers were clear victors in the team race, and George Blackburn regained his veterans title.

### Michael Dermott

1, G. Deegan (Waterford) ..... 26:03  
2, C. Buckley (Westbury) ..... 26:10  
3, H. Jones (Ranelagh) ..... 26:12  
4, J. Woods (Liv) 26:19; 5, E. Whyte (Liv) 26:25;  
6, Gerry Hannon (Dunc) 26:44; 7, E. Coghlan (Metro) 26:49; 8, M. Cowman (West) 26:51; 9, B. Knight (Torb) 26:51; 10, Greg. Hannon (Dunc) 26:54; 11, S. Holloway (Liv) 27:04; 12, C. Bagnall (Liv) 27:10; 13, R. Wilde (Man) 27:26; 14, J. Scanlon (GC) 27:38; 15, M. Plant (Man) 27:55; 16, D. Allen (Man) 28:04; 17, S. Doherty (Dunc) 28:13; 18, R. Harrison (Liv) 28:24; 19, L. Hill (Dunc) 28:30; 20, W. Gallagher (Rosc) 28:53. **Teams:** 1, Liverpool 32; 2, Westbury 41; 3, Duncairn 52; 4, Manchester 68. (Vets): G. Blackburn (West) 29:05.

### FRANK DUFFY MEMORIAL '10'

At Phoenix Park, Dublin, October 12th

1, J. McGlynn (Don) 48:20; 2, R. Downey (Dundrum) 49:28; 3, D. McGann (Civil S) 49:53; 4, J. McNamara (Raheny) 50:03; 5, N. Harvey (Clon) 50:53; 6, R. Curran (Anna) 50:57; 7, W. Walsh (Don) 51:23; 8, S. Lee (Civil S) 51:39; 9, P. Kerrigan (Dundrum) 51:42; 10, M. Connolly (Don) 51:50. (1st Woman) E. Dowling (DCH) 58:20.

# The Day The Marathoners Took Over Dublin

MARATHON FEVER hit Dublin on the Bank Holiday Monday of October 27th as 2000 people set out on the classic distance. The Dublin City Marathon, sponsored by RTE Radio 2 (The National Broadcasting Company), broke all records for participation and more than 1400 made it to the finish after a virtual tour of the capital city. The organisers were highly pleased with the response from both competitors and spectators alike. As one runner said, "You could not drop out; you felt you were letting all those people down who shouted encouragement from the roadside".

They were lined all along the route and certainly Dick Hooper, one of Ireland's Moscow representatives, is unlikely to receive for a long time such a welcome as he got from the thousands who gathered in St. Stephens Green for the finish. Dick covered the distance in a highly creditable 2:16:14.

After the initial charge the leading bunch settled down to four: Hooper, Neil Cusack, Jim McGlynn and Mick Byrne. At 8 miles they were 25 sec ahead of the next man, Sean O'Flynn. Coming towards the halfway mark Byrne was in difficulties and left the race. As the leaders headed towards Raheny, Dick Hooper's home, it was down to Hooper and Cusack as McGlynn

began to fade. Hooper, anxious to eradicate bad memories of Moscow, was not going to be beaten in this race and as they headed back towards the city centre he began to open a gap, which was to extend over the last six miles over a tiring Neil Cusack. Dick ran out a very comfortable winner ahead of Neil and Sean O'Flynn holding down third spot in front of Dick Hodgins.

Carey May shattered her Irish women's Best when she recorded an excellent 2:42:11, with runner-up Mary Walsh clocking the third fastest time by an Irish woman — 3:02:27. Only Carey has run faster.

Everyone was cheered home by the huge crowd, who were still there some four hours after Dick Hooper had finished. October 27th will be remembered as the day runners took over Dublin.

1, R. Hooper (Central Bank) 2:16:14; 2, N. Cusack (Lim) 2:20:40; 3, S. O'Flynn (Lee) 2:26:33; 4, R. Hodgins (AIB) 2:28:01; 5, B. O'Shea (Coll of Tech) 2:28:09; 6, C. McGrath (ESB) 2:28:40; 7, J. O'Connor (Loughrea) 2:29:13; 8, A. Ryan (Dung) 2:29:29; 9, J. Cardiff (Newbridge) 2:31:15; 10, S. Woods (De La Salle) 2:31:17. (Women): 1, C. May (Dublin City) 2:42:11; 3, M. Walsh (Clon) 3:02:27; 3, B. Hoy (USA) 3:03:16.

Nick Davis

## US MARATHON WIN FOR HURD

Despite a bout of sickness 2½ miles from the finish Mike Hurd of the RAF went on to win Washington's Marine Corps Marathon on November 2nd by 51 sec in 2:16:55. Following his failure in last year's race, when he dropped to 27th after leading past halfway, he was very determined to win this time.

The steady early pace meant that he was part of a fairly large leading bunch which was reduced to four shortly after halfway as the tempo increased. The half marathon was reached in 1:08:48 by Hurd and three Americans — Will Albers, Phil Camp and Mike Greehan. The lead alternated until Albers took control from Greehan at 21M with Hurd 60y back and Camp trailing. Albers 'met his Waterloo' crossing the last bridge in this Marathon of the Monuments (the route is really a tourist's dream), leaving Greehan leading in his first marathon. At 24M he looked back to see Hurd being sick at the roadside but by 24½M the airman was back in contention and smiling! "It was that smile that broke me". Greehan remarked at the post-race press conference.

Hurd ran very strongly over the closing stages and was a popular winner with the large crowd surrounding the finish at the Iwo Jima Memorial.

1, M. Hurd (RAF) 2:16:55; 2, M. Greehan 2:17:46; 3, P. Camp 2:18:02 ... 7, B. Heath (RN) 2:20:54; 17, D. McCay (RAF Ger) 2:25:03;

23, T. McBrien (RAF Ger) 2:26:25; 26, K. Cawley (RN) 2:26:55; 30, D. Todd (RAF) 2:27:19; 42, K. Barber (RAF) 2:30:35; 45, E. French (RN) 2:31:16; 47, R. King (RAF) 2:31:23; 52, E. Thomas (RAF Ger) 2:31:54; 69, J. Bigham (RAF) 2:34:16; 71, J. Fretwell (RAF) 2:34:23; 102, A. Rich (RN) 2:36:45; 141, F. Robertson (RN) 2:39:09; 150, J. Stephens (RN) 2:39:34; 362, D. Needham (RN) 2:47:21 ... 1102, Jacqueline Hulbert (RAF; 17th woman finisher) 3:02:59. 9037 finished. Teams: 1, RAF 73; 2, Royal Navy 78; 3, US Navy 441.

## FLEET & CROOKHAM A.C. NEW YEARS DAY OPEN CROSS COUNTRY MEETING

(Under A.A.A. & W.A.A.A. Laws)

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RACES: (commencing at 12.30 pm): Girls, Junior Ladies, Inter & Senior Ladies, Colts, Boys, Youths, Junior & Senior Men.

AWARDS: 1st 3 Individuals in each age group. 1st 3 Teams in each race. Also 1st 3 Vets in Men's race.

ENTRIES: By 15th December to: Mrs D. Bouch, 27 Swallowfield Road, Arborfield, Reading, Berks.

FEE: 40p per Individual, no Team fee. Late entries/entries on day: 60p. SAE for acknow. and further details. D.O.B. must accompany all entries.

**GATESHEAD CC Continued from page 9**

Coll) 12:06; 15, I. Barnes (Ross) 12:06; 16, T. Herries (Bing) 12:08; 17, D. Byrne (Stret) 12:08; 18, A. Swann (Shett) 12:09; 19, W. Stead (Ross) 12:10; 20, B. Devine (Bing) 12:10; 21, M. Taylor (Cock) 12:12; 22, R. Close (CoH) 12:15; 23, B. Gibson (Spen) 12:16; 24, K. Gibbard (Tyne) 12:16; 25, P. Sanderson (Ken) 12:17. **Teams:** 1, St. Malachy's Coll. 96; 2, Bingley 97; 3, Mandale 101; 4, Stretford 112; 5, Rossendale 197; 6, Morpeth 230; 7, City of Hull 243; 8, Middlesbrough & C. 262; 9, Tynedale 264; 10, Spenborough 267.

**Senior Women & Inters**

1, S. Arthurton (Leeds City) ..... 16:21  
2, F. McQueen (Glasgow) ..... 16:26  
3, B. Abbott (Sale) ..... 16:29  
4, J. Davidson (Sale) 16:36; 5, A. Wright (Unatt) 16:50; 6, L. Wight (S&NH) 16:53; 7, D. Robson (Mor) 17:13; 8, S. Cocallis (York U) 17:17; 9, K. Williams (P. Tal) 17:20; 10, N. Brown (Ton) 17:20; 11, L. Parker (Lake) 17:27; 12, S. Glass (Gate) 17:30; 13, J. Croasdale (B'burn) 17:34; 14, S. Simpson (Sale) 17:37; 15, A. Turland (B&R) 17:38; 16, D. Burton (Leeds) 17:48; 17, S. McHaren (A'deen) 17:50; 18, A. Creamer (Roth) 17:51; 19, S. Raine (Darl) 17:52; 20, L. Brennan (B'burn) 17:52; 21, J. Dransfield (Unatt) 17:55; 22, A. Linton (Glas) 17:58; 23, N. Porter (Leeds) 18:10; 24, C. Tucker (NSP) 18:13; 25, K. Brighton (Hunt) 18:29; 26, C. Wood (Leeds) 18:31; 27, H. Gibbard (Blay) 18:34; 28, M. McDonald (Darl) 18:42; 29, S. Longthorne (IMCE) 18:42; 30, D. Nunn (Holm) 18:43. **Teams:** 1, Sale 21; 2, Leeds City 40; 3, Glasgow 57; 4, Darlington 79; 5, Stevenage & NH 90; 6,

Blaydon 108; 7, Rotherham 116; 8, Morpeth 133; 9, Univ. of York 154; 10, Airedale & SV 163.

**Juniors & Girls**

1, S. Tierney (Borough of Hounslow) ..... 11:42  
2, A. Johnston (Dundee Hawkhill) ..... 11:57  
3, A. Gibson (Longwood) ..... 12:03  
4, L. Smith (Mor) 12:04; 5, D. Wilkinson (Darl) 12:12; 6, A. Borrowdale (Blay) 12:24; 7, J. Hunter (Blay) 12:25; 8, M. Kell (Darl) 12:27; 9, M. Reilly (Mor-G) 12:30; 10, E. Emmerson (Mor) 12:36; 11, T. McCullough (Carl) 12:37; 12, D. Campbell (S&NH) 12:37; 13, S. York (S&NH-G) 12:38; 14, M. Wylle (Glas) 12:39; 15, L. Sisley (E. Grin) 12:41; 16, L. Howard (C. le S-G) 12:43; 17, J. Stewart (VP) 12:44; 18, J. Taylor (Mor-G) 12:44; 19, S. Renwick (Heat-G) 12:47; 20, L. Cassidy (Work) 12:49; 21, S. Mahoney (S&NH) 12:50; 22, J. Kemp (—) 12:50; 23, L. Hamer (Long) 12:50; 24, C. Bartley (VP-G) 12:51; 25, L. Thomas (Darl) 12:52; 26, R. Murray (Rock) 12:56; 27, H. McHenry (VP-G) 12:57; 28, V. Vaughan (Dund) 12:58; 29, L. Smith (F&C-G) 13:01; 30, M. Collins (Blay) 13:03; 31, A. Potts (Gate) 13:04; 32, E. Hamilton (Blay) 13:08; 33, E. Nicholson (Gate-G) 13:08; 34, L. Rankin (VP-G) 13:10; 35, L. Souter (Darl) 13:19; 36, A. Bateman (Cock) 13:20; 37, C. Fenwick (NSP-G) 13:28; 38, T. Dowds (Mor-G) 13:33; 39, L. Docherty (VP-G) 13:39; 40, C. Faragher (Harr) 13:46. **Teams:** 1, Morpeth 23; 2, Blaydon 43; 3, Stevenage & NH 46; 4, Darlington 65; 5, Victoria Park 68; 6, Longwood 83; 7, Workington 95; 8, Gateshead 130; 9, Rotherham 159; 10, Elswick 169.

**NO STRETFORD TRACK LEAGUE IN 1981**

After 15 years of continuous promotion of the Stretford Track League, Roger Colson has decided to take a well earned rest. Like the promoter, many athletes will be sad at the loss of these meetings from the 1981 fixture list but the sheer volume of work coupled with the high promotional costs involved with this type of league makes it no longer a one-man task. A simpler and cheaper form of promotion may well take its place in 1982, but without doubt this league has been of tremendous benefit to athletes of all standards within a 50 mile radius of Stretford.

Its unique composition, with the onus on the athlete to apply for membership, to enter in advance and to compete against their own standard in graded events, was well supported and much sought after by athletes and its absence will leave a big gap in the local calendar.

The residual monies from the league have been donated partly to local clubs to help towards their promotions and partly to cancer research. The promoter wishes to thank the BMC, the officials, the helpers and the athletes for their support over the years.

**WESTBURY HARRIERS**

Seventh Annual

**BOXING DAY  
ROAD RACES**

(Under A.A.A. &amp; W.A.A.A. Laws)

**FRIDAY, DECEMBER 26th, 1980**

**First Race:** 10.30 a.m. Start and Finish at White Lion Hotel, Westbury-on-Trym, Bristol.

**Races for:** Senior/Junior Men, Young Athletes (U/17), Boys (U/15), Colts (U/13). Senior/Intermediate Ladies, Junior Ladies (U/15), Minor Ladies (U/13).

**Prizes:** First three individuals in each race plus special awards.

**Entry Fees:** Seniors 50p, all others 30p.

**Entries/enquiries:** with SAE to Mr M. Nuttall, 75 Bush Avenue, Little Stoke, Bristol. (Tel. 697137).

**ENTRIES BY SATURDAY, 20th DECEMBER****Sponsored by COURAGE (WESTERN) LTD.**

## Book Review

**ATHLETICS — A Handbook for Teachers**, by David Couling and published by Robert Hale Ltd Obtainable from 'AW' Book Dept. for £5.90.

There have been many excellent American books for teachers without the knowledge and experience themselves to introduce a track and field or cross country programme into the school curriculum, but these have not been suitable for our scholastic set-up, whatever the type of school. This book fills a gap in this respect and does so adequately and expertly. It is, in fact, a "must" for the master or mistress who is going to be in charge of, or concerned with the organisation of athletics at their school. It is a mine of information and covers practically everything an athletics master or mistress wants to know from laying a track, equipment, officiating and coaching, to safety and lists of organisations, books and magazines. It is not a training manual and therefore does not cover injuries, but that is a more advanced field where professional advice would be sought. David Couling has always been known for his concern for the young athlete and the policy of bringing them along slowly but surely, in contrast to those of "the harder they train, the better they'll be" brigade who often ruin or put off as many as they help to higher things. He is also a great believer in the co-operation between school and club which at times has been sadly lacking, though it is now far better than it was some years ago. A fine book which cannot be too highly praised.

P.W.G.

(*'AW' Book Department list — see page 42*)

### USA ROAD RACE RESULTS

**1.9. New Haven.** 20km: Roche 1:01:59, Rodgers 1:03:18; women — Strauss 1:14:54.  
**29.9. Lake Oswego.** Half marathon (hilly course): Meyer 1:06:21; women — Binder 1:15:55, Benoit 1:17:05.  
**29.9. Chicago.** Mar: Richardson 2:14:04, Smead 2:16:46 . . . 5, Minty (ex-UK) 2:21:25; 9, Shorter 2:23:38; women — Petersen 2:45:04.  
**5.10. Toronto (Can).** Mar: Rodgers 2:14:47, Tabb 2:16:57, Sax (Can) 2:17:13.  
**12.10. Chicago.** Women's 20km: Moller (NZ) 1:13:01.  
**13.10. Boston.** Women's 10,000: Catalano 32:24 (US rec), GILLIAN ADAMS 34:41.  
**19.10. Detroit.** Mar: Meyer 2:13:07, Kurtis 2:16:58.

The new secretary of the British Marathon Runners Club is Terry Lewins, 13 Albany Road, Old Windsor, Berks SL4 2QD (Tel: Windsor 62527). The qualifying time for membership has been lowered to 2hr 30 min; applications to Mr Lewins.

# A SIMPLE EXERCISE TO PREVENT UNNECESSARY INJURY.

Whether you're a track or field specialist it's important to tone up muscles before events.

And that's where Deep Heat can make a difference.

Rub it on during your warm up and you'll help prevent pulled muscles during the event, or stiffness afterwards.

Which is why Deep Heat was supplied to the English Athletics team at the last Commonwealth Games and to British Athletes at the 1980 Olympics.

If you would like to know more about exercises to warm up send us 50p and, by return, we'll send you "Warming up for Sport," a wallchart that tells you all you need to know about pre-event preparation and the part Deep Heat can play.



**WHEN YOU NEED TO FLEX YOUR MUSCLES**

THE MENTHOLATUM CO. LTD., DEPT. AW, LONGFIELD ROAD, TWYFORD, BERKS.

# Clubs' Views Sought For Fixture Strategy

Dear Sir,

At the UK fixtures conference held on November 7th, the British Athletic League stated that they felt that the balance between international and domestic competition over summer weekends had now swung too far in favour of the international meetings. It is our (BAL's) view that it is causing disruption to the domestic fixture pattern to an unacceptable extent, such that a balanced league programme is now impossible.

At the meeting, BAAB Chairman Bill Evans agreed that the fixture arrangements needed reviewing but added that if the clubs felt this way "they should make their position known through their Associations".

Through 'AW' we seek "grass roots" club support from as many clubs as possible throughout the country, whatever size, to achieve a better fixture balance by writing to us giving us their views and sending a copy of their letter to their Area Association. This will, we hope, help to bring back a proper structure in 1982.

In 1981 the position is such that 21 weekends from May 2nd to September 20th are taken up as follows:

**Internationals:** Great Britain — 3, AAA — 4,

European & World Cup — 4. Total: 11 weekends.

**Domestic Championships:** UK, AAA Senior, AAA Under-20, Area Senior, Area Under-20, County, CAU — 7 weekends. Since two dates overlap, this leaves five weekends. In addition, however, the Scottish AAA have selected different dates for their District and National Championships rather than using the equivalent

## Readers' Letters

English/Welsh dates. Also there are three Junior Internationals, several Combined Events meetings and at Schools level — County Championships, All-England and two International events — all to be avoided if at all possible.

Not only has this caused chaos for the British League in attempting to provide four league and four cup dates, but as you will have seen in 'AW' the Southern Counties have had to put both their Senior Championships and their league competition on the same date. If any club requires greater detail on 1981 dates we will be pleased to supply this.

## SET FOR WINTER

Make sure you've got the gear which will help you with your training and racing through the long winter.

### SPECIAL OFFERS

**ADIDAS GAZELLE** — Last few sizes 8, 8½, 9½ (£19.50) **£12.99**.  
**ADIDAS HOODED TOP** — 100% cotton fleecy lined warmth in safety yellow. Sizes 5'6", 5'11" (£8.99) **£5.99**.

**SEREENA TRACKSUIT JACKET** — Navy/white. Sizes 34", S, M, L were £8.99 now **£4.99**.

**ADIDAS SWEATSHIRTS** — Cotton/nylon. Grey/blue, grey/black. Sizes XS, S, M, L, XL. **£9.95**.

**ADIDAS VESTS** — Royal/white, red/white, black/white, white/royal. XS, S, M & L. (£4.75) **£4.00**.

### NEW LINES

**ADIDAS CROSS COUNTRY** — It had to happen. A cross between a spike at front with studs on the heel. A shoe to tame the wildest of courses. Sizes 6-12 (£21.50) **£19.95**.

**ADIDAS DISTANCE SHORTS** — Incredibly light comfortable short with inner brief and small velcro fastened pocket for key etc. Royal/yellow, navy/red, red/navy, sky/navy. Sizes 28", 30", 32", 34" **£6.25 or 2 for £11.50**.

For shoes state size and enclose foot outline, for clothing state size and second colour choice.



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### NEW LINES (cont'd)

**NIKE LDVII** — A Nike delight in distinctive navy and gold with tremendous padding. Sizes 6-11 (£27.99) **£25.99**.

### ALSO ....

**NIKE ELITE** — The distance racer's delight. Sizes 7-12 (£27.99) **£23.99**.

**TRX COMPETITION** — No. 2 racing shoe in recent survey. Sizes 5-5½ (£18.90) **£17.99**, 6-12 (£21.75) **£19.50**.

**ATLAS TRACKSUIT TROUSERS** — Nylon/cotton, zippered/stirruped. Just right for training. Black/navy. Sizes XS, S, M, L. **£4.95 or 2 pairs for £9.00**.

**TRX TRAINING** — Royal/silver nylon upper. Flexible sole & light. 5-5½ (£16.95) **£14.99**, 6-12 (£19.50) **£16.99**.

**ADIDAS RAINSUIT** — Royal or Navy, as separates (trousers & jacket) **£11.50**, complete **£21.00**.

**NIKE ORIENTEER** — The best Cross Country stud we've seen for ages. Light waterproof upper with excellent studded sole and soft midsole. Sizes 6-12 **£16.99**.

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# RUNNERCARE

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**after 6pm (0482) 75517**

We believe that it is the encroachment of seven weekend internationals on top of the European and World Cup dates that is the prime cause of the problems and that the BAAB, AAA and SAAA should move at least three or four of these onto mid-week days such that enough clear league weekend dates can be left on the calendar. By moving rather than cancelling these international meetings the national associations would still be providing competition, bringing in finance to support the sport and fulfilling their TV contracts but without causing the same disruption as will occur in 1981.

The British League are arranging to meet the Area League Secretaries before Christmas to discuss the clubs' views and the position in general to co-ordinate a strategy for action to bring back order into the future fixture arrangements.

Please, therefore, can we have your views and comments as early as possible.

**Roger Simons,**  
Promotions Officer, BAL,  
6 Manor Way,  
Chesham, Bucks.

### INDEPENDENT MIDLAND LEAGUE

Dear Sir,

To back up Mr. Bush's point about automatic right of entry to the National League, this should be the obvious logical method for a British athletics structure. However, it is necessary for the area league to be a good complement to the National League structure. In the Midland Counties this is not the case.

There are four meetings, some held on National League dates, some not. Each event is contested only three times, and there is a limited number of Youths' events.

Many Midland clubs are very proud of this arrangement, and have no desire to change to a format which would stop them having their Youths and Seniors on the same day. Also, it would prevent athletes who find themselves without their own specialist event from diversifying and helping their club out.

So I hope Mr. Bush will appreciate the problems of those Midland clubs who want to gain access to the National League. The only way they can do so is by a 'paper' competition.

I realise that the Midland League could change to be complementary to the National League structure, as all the other areas do, but the Midland League, at its AGM, has felt its League superior to the other area leagues, and proposals to adopt a National League programme have been defeated almost unanimously in the last six years when I have attended the AGM.

So please Mr. Bush, spare a thought for the independence of our Midland League structure.

**Terry Haines,**  
Gloucester.

### 'POACHING'

Dear Sir,

While the governing bodies of our sport gird themselves to make momentous decisions regarding professionalism, while our sport at the top level is dominated by drugs, there is one further aspect of athletics in the eighties that is of great concern to the vast majority of small athletic clubs — 'poaching'.

A few years ago it was unthinkable that anyone would ever go into print and admit that our chaps took under-the-counter expenses, and drugs, to assist their performance. After all, we live in a cheating society and as long as you can get away with it, you do it. But these things are now spoken about and written about openly, and its about time that the same airing was given to 'poaching'.

It is common knowledge that some clubs are in a position to offer cash and other incentives to attract star athletes to their ranks. We are rapidly approaching the situation of the Football League where there are the 'haves' and the 'have nots'. The 'haves' being basically the British League clubs, and the 'have nots' being everybody else. Those outside the British League are purely acting as a nursery like the third and fourth divisions of the Football League. As soon as an 'outside' club finds or develops any talent they have to immediately guard against approaches. Of course there is little they can do to guard against the threat, so the small clubs remain small and the big clubs get bigger and better.

One positive move would be a return to the 14 month rule except in cases of extreme hardship. The 9 month rule in operation at the moment is no deterrent to anyone, especially a track and field athlete, who wants to change clubs. All he has to do is resign at the end of August and by the following June he can compete in his new colours.

Of course the British League clubs would oppose this move; it is not in their interests. But surely there are enough, if not too many, 'have nots' to get this vital rule changed?

**Kevin P. Kelly,**  
Herne Hill H.

---

**Lost:** Pair of Adidas spikes (blue with green stripes), size 8, were taken by mistake from school changing rooms at Southern Women's League at Stevenage on November 15th. A similar pair, but size 3 or 4, were left in their place. For swap, please contact Sally Gilbert, 14 Briarlea Road, Mortimer, Reading RG7 3SA (Tel: 0734 332529).

---

The new address of Cambridgeshire County AAA secretary E. Mortlock is 50 Maids Causeway, Cambridge (Tel: Cambridge 315709).

# UK BEST PERFORMERS (Intermediate Women) 1980

Compiled on behalf of the NUTS by Tony Miller

Any amendments, additions and details of unreported performances to NUTS' standards (in brackets) should be sent to the compiler at 6 Beachy Road, Broadfield, Crawley, West Sussex, RH11 9HW.

## 200 METRES HURDLES (30.9)

|       |                                      |
|-------|--------------------------------------|
| 28.3  | Mandy Lewis (Basildon)               |
| 28.5  | Michelle Allott (Sheffield)          |
| 28.57 | Sarah Dean (Winchester)              |
| 28.6  | Jacqui Flavius (London Olympiades)   |
| 28.61 | Julie Lindsey (Stevenage & NH)       |
| 28.64 | Lorraine Brown (Radley)              |
| 28.7  | Angela Riggs (Leeds City)            |
| 28.8  | Lynne Roper (Hallamshire)            |
| 29.0  | Christine Abraham (Exeter)           |
| 29.2  | Karen Murdoch (Shettleston)          |
| 29.4w | Diane Griffiths (E. Cheshire) (30.2) |
| 29.5w | Barbara Clarke (Grimsby)             |
| 29.58 | Julie Frampton (Notts)               |
| 29.7  | Tessa North (Borough of Hounslow)    |
| 29.7w | Catherine Cotterill (Sale)           |
| 29.8  | Susan Harris (Stretford)             |
| 29.8  | Lynda Playel (Verlea)                |
| 29.8  | Lynn Parry (Coventry)                |
| 29.8w | Deborah Scott (Birmingham) (29.9)    |
| 29.9  | Elaine Castle (Rowntrees)            |
| 29.9w | Sandra White (Bristol) (30.4)        |
| 30.0  | Karen Nethercoat (Shrewsbury)        |
| 30.1  | Jenny Langston (Cannock Chase)       |
| 30.1  | Karin Darnell (Southend-on-Sea)      |
| 30.2  | Donna Cookson (Hallamshire)          |
| 30.2  | Catherine Roe (Radley)               |
| 30.2  | Diana Warnett (London Olympiades)    |
| 30.3  | Gay Piper (Yeovil Olym.)             |
| 30.3  | Joanne Edwards (Bristol)             |
| 30.4  | Sheila Peak (Stretford)              |
| 30.4  | Deborah Emery (Southend-on-Sea)      |

## 400 METRES HURDLES (69.0)

|      |                                |
|------|--------------------------------|
| 61.5 | Julie Lindsey (Stevenage & NH) |
| 62.3 | Kay Simpson (Medway)           |
| 63.3 | Linda Keough (Basingstoke)     |
| 63.6 | Jane Buttress (Newport)        |
| 63.7 | Shona Urquhart (Fife Southern) |
| 64.1 | Andrea Beaton (Scunthorpe)     |
| 64.1 | Victoria Lee (Woking)          |
| 64.2 | Christine Abraham (Exeter)     |
| 64.2 | Simone Gandy (Winchester)      |
| 64.2 | Deborah Scott (Birmingham)     |
| 64.4 | Catherine Roe (Radley)         |
| 64.6 | Sheila Peak (Stretford)        |
| 64.9 | Jackie Wellesley (Barnet)      |
| 64.9 | Susan Bishop (Medway)          |
| 65.0 | Elaine Castle (Rowntrees)      |
| 65.2 | Julie Courtenay (Coventry)     |

|      |                                 |
|------|---------------------------------|
| 65.7 | Sharon Glover (Croydon)         |
| 65.7 | Alex Telling (Herne Hill)       |
| 65.7 | Catherine Gordon (Reading)      |
| 66.5 | Susan Covey (Guildford & G)     |
| 66.6 | Nichola Swann (Ashford)         |
| 66.7 | Moir Owers (Chelmsford)         |
| 66.9 | Carol Gair (Mitcham)            |
| 66.9 | Sandra Withers (Bromsgrove & R) |
| 67.2 | Judith Rodgers (Taille)         |
| 67.2 | Suzanne Sherratt (Portsmouth)   |
| 67.2 | Estelle Pearson (Luton)         |
| 67.3 | Jane Boggett (Radley)           |
| 67.5 | Janice Wilkinson (Lakeland)     |
| 67.5 | Wendy-Ann Williams (Herne Hill) |

## HIGH JUMP (1.60)

|       |                                        |
|-------|----------------------------------------|
| 1.82  | Elaine Hickey (Radley)                 |
| 1.78  | Denise Wilkinson (Borough of Enfield)  |
| 1.76  | Sarah Nicholls (Bridgend YMCA)         |
| 1.75  | Teresa Murray (Gateshead)              |
| 1.73  | Claire Summerfield (Wolverhampton & B) |
| 1.73  | Carol Liquorish (Sutton & C)           |
| 1.73  | Jennifer Little (Border)               |
| 1.73  | Alex Telling (Herne Hill)              |
| 1.73i | Gillian Blount (Shrewsbury) (1.68)     |
| 1.71  | Karen Gomes (Croydon)                  |
| 1.70  | Helen Cushen (Thurrock)                |
| 1.70  | Amanda Tingay (Surrey Beagles)         |
| 1.70  | Jackie Robinson (Ballymena)            |
| 1.70  | Philippa Broadbridge (Wycombe Ph.)     |
| 1.70  | Valerie Walsh (Tonbridge)              |
| 1.70  | Julie Richards (Blackpool & F)         |
| 1.70  | Susan Taylor (Cambridge H)             |
| 1.70  | Sarah Burrows (Stretford)              |
| 1.70  | Clare Sugden (Spenborough)             |
| 1.69  | Christina White (Havant)               |
| 1.68  | Madeleine Cropper (Ashton)             |
| 1.67  | Karen Graham (Livingston)              |
| 1.67  | Joanne Taylor (Essex Ladies)           |
| 1.66  | Heather Myers (Portsmouth)             |
| 1.66  | Maureen Conroy (Victoria Park)         |
| 1.66  | Sandra Watson (Oldham & R)             |
| 1.65  | Susan Duerden (Wigan)                  |
| 1.65  | Jackie Matthews (Barnet)               |
| 1.65  | Kay Simpson (Medway)                   |
| 1.65  | Carolyn Matthews (Ipswich)             |
| 1.65  | Joanne Potter (Hallamshire)            |
| 1.65  | Alison Rutherford (Chelmsford)         |
| 1.65  | Elizabeth Roper (Norfolk Olym.)        |
| 1.65  | Kathryn Bachtiger (Worthing)           |

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**ADIDAS A20 TRACKSUIT.** The Adidas A20 tracksuit is the lowest priced Adidas shiny tracksuit available. The jacket has a roll neck collar, a zip pocket on the jacket and one push pocket on the flareline trousers. In Royal and Black sizes 5'6" and 5'9" (RRP £26.95) **only £19.95.**

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**LONG JUMP (5.40)**

|       |                                           |
|-------|-------------------------------------------|
| 6.28w | Beverley Kinch (Ipswich) (6.14)           |
| 6.15w | Karen Glen (Aldershot F&D) (6.12)         |
| 6.13w | Sandy French (Borough of Hounslow) (5.78) |
| 6.05w | Joanne Edwards (Bristol) (5.94)           |
| 5.86  | Joyce Oladapo (Wigmore)                   |
| 5.84  | Jacqui Flavius (London Olympiades)        |
| 5.79? | Clare O'Rourke (Birchfield) (5.76)        |
| 5.79w | Yvonne Anderson (Glasgow) (5.72)          |
| 5.78  | Susan Mallinder (Sale)                    |
| 5.74  | Valerie Walsh (Tonbridge)                 |
| 5.72  | Toyin Campbell (Aldershot F&D)            |
| 5.71  | Helen Cushen (Thurrock)                   |
| 5.67  | Paula Blake (Haringey)                    |
| 5.64  | Janet Brown (Cardiff)                     |
| 5.60  | Trudie Donaldson (Shrewsbury)             |
| 5.60  | Alex Telling (Herne Hill)                 |
| 5.60w | Marcia Gooden (Haringey) (5.56)           |
| 5.59  | Gina Morris (Weymouth)                    |
| 5.58  | Lorraine Brobbin (Blackpool & F)          |
| 5.57  | Gillian Blount (Shrewsbury)               |
| 5.56w | Gillian Provan (Glasgow)                  |
| 5.55  | Helen Carter (Nene Valley)                |
| 5.54  | Denise Wilkinson (Borough of Enfield)     |
| 5.54  | Sally Howe (Borough of Hounslow)          |
| 5.54w | Karen Murdoch (Shettleston)               |
| 5.53  | Joanne Taylor (Essex Ladies)              |
| 5.52  | Linda Keough (Basingstoke)                |
| 5.49  | Angela Francis (Notts)                    |
| 5.49i | Leisha Ghent (Cannock Chase)              |
| 5.49w | Deborah McDowell (Belfast)                |

**SHOT (10.00)**

|        |                                    |
|--------|------------------------------------|
| 13.64  | Cynthia Gregory (Birchfield)       |
| 13.24  | Susan King (Ipswich)               |
| 12.77  | Sandra McDonald (Pitreavie)        |
| 12.41i | Rosemarie Doyle (Selsonia) (12.25) |
| 11.88  | Deborah Bushnell (Chelmsford)      |
| 11.75  | Lynne Marshall (Glasgow)           |
| 11.52  | Gillian Burns (Pilkington)         |
| 11.44  | Yvonne Hanson-Nortey (Hallamshire) |
| 11.43  | Elaine Reid (Coventry)             |
| 11.42  | Deborah Woolgar (Worthing)         |
| 11.37  | June Brewster (Watford)            |
| 11.31  | Paula Webber (Birchfield)          |
| 11.27  | Sonia Thompson (Gloucester)        |
| 11.20  | Jaqui Leonard (Swansea)            |
| 11.10  | Noelle Bradshaw (Fareham)          |
| 11.09  | Deborah Winstanley (Stretford)     |
| 11.07  | Claudia Bernard (Havering)         |
| 10.95  | Patricia Caton (Haringey)          |
| 10.66  | Catherine Koppel (Dartford)        |
| 10.64  | Jackie Taylor (Cambridge H)        |
| 10.62  | M. Augee (Cambridge H)             |
| 10.60  | Jacqueline Daley (Wakefield)       |
| 10.56  | Louise King (Daventry)             |
| 10.56  | Patricia Brett (Tipton)            |
| 10.52  | Trina Chittock (W. Cornwall)       |
| 10.49  | Julie Richards (Blackpool & F)     |
| 10.49  | Jackie Richardson (Cardiff)        |
| 10.49  | Sandra Lee (Bangor Schools)        |
| 10.43  | Jacqueline McKernan (Ballymena)    |
| 10.40  | Alison Davies (Bournemouth)        |

**LUTON UNITED A.C.****OPEN MEETING**

(Under A.A.A. &amp; W.A.A.A. Laws)

**SUNDAY,  
21st DECEMBER, 1980  
AT STOCKWOOD PARK,  
LUTON**

**Start 11.00 a.m.****EVENTS**

|             |                |
|-------------|----------------|
| <b>60m</b>  | All age groups |
| <b>150m</b> | All age groups |
| <b>300m</b> | All age groups |
| <b>600m</b> | All age groups |

**ENTRY FEE:** 25p per event.**ENTRIES CLOSE 14th DECEMBER**

**ENTRIES TO:** J. Howard,  
19 Staveley Road,  
Luton, Beds.

**BIRCHFIELD HARRIERS****Annual**

**MEN'S 10 MILE  
ROAD RACE  
& LADIES 5 MILE RACE**

(Under A.A.A. &amp; W.A.A.A. Laws)

**SUNDAY, 21st DECEMBER****Men's race starts 12.15, Ladies 11.30 a.m.**

Individual prizes, veterans prizes, team prizes and many spot prizes.

**Entry Fee:** 60p Individual, Team £1.00 (all to enter as inds).

**Entries to:** R. Tilling,  
53 Burnham Court,  
Erdington,  
Birmingham B23 7YW.

Tel. 021 350 3585, or work 021 359 3611 ext. 723.

**Entries by 15th December please,** more details  
send S.A.E.



**Karen Glen winning WAAA long jump title.**

Bob Sly



**Cynthia Gregory in action at English Schools.**

Eileen Langsley

### DISCUS (31.00)

|       |                                   |
|-------|-----------------------------------|
| 44.44 | Sandra Lee (Bangor Schools)       |
| 43.04 | Sandra McDonald (Pitreavie)       |
| 42.46 | Deborah Bushnell (Chelmsford)     |
| 39.46 | Linda Higman (Fareham)            |
| 39.46 | Bernadette D'Arcy (Essex Beagles) |
| 38.84 | Janet Stanton (Bracknell)         |
| 37.96 | Sandra Browne (Ipswich)           |
| 37.64 | Jaqueline D'Arcy (Essex Beagles)  |
| 37.14 | Claudia Bernard (Havering)        |
| 35.54 | Tracey Pownall (Oxford City)      |
| 35.32 | Karen Honey (Verlea)              |
| 34.88 | Alison Davies (Bournemouth)       |
| 34.78 | Susan Freebairn (Colzium)         |
| 34.74 | Diane Seaman (Bracknell)          |
| 34.54 | Gay Wilson (Hull Spartan)         |
| 34.32 | Deborah Bayley (Bracknell)        |
| 34.16 | Anna Lockton (Edinburgh AC)       |
| 33.96 | Allyson Local (Peterlee)          |
| 33.94 | Penny Winter (Bracknell)          |
| 33.82 | Sarah Wright (Bedford)            |
| 33.56 | Sarah Worthy (Torfaen)            |
| 33.40 | Susan King (Ipswich)              |
| 32.98 | Maxine Stevens (Reading)          |
| 32.76 | Nicola Farley (Exeter)            |
| 32.32 | Ann Cowburn (Blackpool & P)       |
| 32.14 | Lesley Adams (Perth Strathtay)    |
| 32.12 | Cynthia Gregory (Birchfield)      |

|       |                             |
|-------|-----------------------------|
| 31.96 | Diane Chorley (Kendal)      |
| 31.76 | Hazel Clough (Sale)         |
| 31.68 | Deborah Soanes (W. Suffolk) |

### JAVELIN (33.00)

|       |                                  |
|-------|----------------------------------|
| 43.20 | Jayne Dawkins (Kent Schools)     |
| 43.14 | Anna Lockton (Edinburgh AC)      |
| 43.14 | Clare Martin (Brighton & H)      |
| 42.88 | Tracey Averies (Radley)          |
| 42.42 | Joanne Harding (E. Cheshire)     |
| 42.40 | Noelle Bradshaw (Fareham)        |
| 40.34 | Karen Miller (Crawley)           |
| 40.16 | Amanda Horrex (Brecon)           |
| 38.86 | Shona Urquhart (Fife Southern)   |
| 38.82 | Alison Hempstead (Epsom & E)     |
| 38.64 | Carol Bennett (Dorothy Hyman TC) |
| 38.20 | Tracy Beavers (Aldershot F&D)    |
| 37.94 | Deborah Bayley (Bracknell)       |
| 37.82 | Sheila McElligott (Harlow)       |
| 37.70 | Joanne Patek (Windsor S&E)       |
| 37.70 | Janet Rowe (Berry Hill & M)      |
| 37.50 | Maria Hornsby (Coventry)         |
| 37.34 | Joanna Caldwell (Leicester)      |
| 37.02 | Eileen Lathan (Harlow)           |
| 36.90 | Harriott Johnstone (Bristol)     |
| 36.84 | Kim Parsons (Oxford City)        |
| 36.56 | Julie Tayler (Port Talbot)       |
| 36.54 | Sandra Cohen (Herne Hill)        |

- 36.08 Linda Grantham (Bedford)  
 35.80 Nichola Wyeth (Guildford & G)  
 35.68 Jaqui Leonard (Swansea)  
 35.58 Alison Trainor (Notts)  
 35.56 Deborah Bushnell (Chelmsford)  
 35.40 Deborah Woolgar (Worthing)  
 35.32 Lorraine Addicott (Exeter)

### PENTATHLON (2800)

- 3780 Alex Telling (Herne Hill)  
 3771 Shona Urquhart (Fife Southern)  
 3673 Joanne Taylor (Essex Ladies)  
 3622 Valerie Walsh (Tonbridge)  
 3509 Paula Blake (Haringey)  
 3494 Angela Wallace (Gosforth)  
 3417 Sandra White (Bristol)  
 3411 Sandy French (Borough of Hounslow)  
 3407 Madeleine Cropper (Ashton)  
 3406 Sarah Nicholls (Bridgend YMCA)  
 3390 Catherine Roe (Radley)  
 3383 Jackie Robinson (Ballymena)  
 3378 Donalda Fortune (Vale of Leven)  
 3372 Joanne Edwards (Bristol)  
 3329 Suzanne Sherratt (Portsmouth)

- 3302 Julie Petford (Gosforth)  
 3301 Trudie Donaldson (Shrewsbury)  
 3266 Jacqueline McCubbin (Fife)  
 3262 Kay Simpson (Medway)  
 3256 Tracie Such (Birchfield)  
 3224 Gillian Crowder (Rowntrees)  
 3224 Carolyn Gordon (Burn Road)  
 3193 Christine Abraham (Exeter)  
 3187 Maureen Conroy (Victoria Park)  
 3185 Julie Richards (Blackpool & F)  
 3179 Karen Murdoch (Shettleston)  
 3173 Helen Cushen (Thurrock)  
 3166 Joanne Harding (E. Cheshire)  
 3161 Deborah Woolgar (Worthing)  
 3133 Lynda Playel (Verlea)

### SENIOR PENTATHLON (2800)

- 3583w Joanne Taylor (Essex Ladies)  
 3487 Valerie Walsh (Tonbridge)  
 3308 Suzanne Sherratt (Portsmouth)  
 3126 Julie Frampton (Notts)  
 3115 Toyin Campbell (Aldershot F&D)

(Junior women's lists next week)

### ICKNIELD LEAGUE

#### At Stevenage, November 9th

- 1, M. Shotbolt (Bedford) ..... 29:18  
 2, M. Hunter (Stevenage & NH) ..... 29:31  
 3, R. Church (Nene Valley) ..... 29:36  
 4, J. Bowley (Nene V) 29:46; 5, H. Boyle (Cor)  
 29:49; 6, A. Watt (Hunt) 29:51; 7, M. Hager  
 (Kett) 29:55; 8, M. Goodwin (Bed) 30:03; 9, H.  
 Quince (Bed) 30:13; 10, R. Denehey (Bed) 30:26;  
 11, M. Rutkowski (Nene V) 30:26; 12, A.  
 Toseland (Kett) 30:40; 13, P. Odell (Bed) 30:47;  
 14, M. Field (Mel) 30:53; 15, D. Christopher  
 (Lut) 30:56; 16, C. Harboard (Bigg) 31:04; 17, S.  
 Speller (S&NH) 31:06; 18, N. Rust (Nene V)  
 31:12; 19, R. Eagles (Bed) 31:15; 20, D. Wray  
 (Mel) 31:16; 21, M. Beevor (Lut) 31:17; 22, R.  
 Grubb (C&C-V) 31:18; 23, M. Slater (Nene V)  
 31:27; 24, P. Kettle (Kett) 31:30; 25, G. Nelson  
 (Nene V) 31:37. **Teams:** 1, Bedford 882; 2, Nene  
 Valley 858; 3, Kettering Town 768; 4, Stevenage  
 & NH 758; 5, Biggleswade 669; 6, Huntingdon  
 642; 7, Corby 574; 8, Cambridge & C 568. **(Vets):**  
 1, Grubb; 2, P. Gribbens (Cor) 32:02; 3, D.  
 Powell (S&NH) 32:07; 4, E. Saberton (C&C)  
 32:10; 5, J. Malpas (Kett) 33:19; 6, W. King  
 (Peter) 34:17. **Teams:** 1, Cambridge & C 102; 2,  
 Kettering Town 91; 3, Stevenage & NH 82.  
**(Youths):** 1, P. Chester (S&NH) 20:31; 2, C. Will  
 (North) 20:59; 3, T. Jarman (Peter) 21:06; 4, S.  
 Goodwin (Bed) 21:12; 5, C. Burton (Hunt) 21:17;  
 6, S. Wright (Cor) 21:19; 7, M. Jackley (Peter)  
 21:28; 8, M. Turner (Kett) 21:41; 9, M. Raymond  
 (S&NH) 21:49; 10, M. Lake (Thet) 21:57. **Teams:**  
 1, Stevenage & NH 155; 2, Huntingdon 147; 3,  
 Peterborough 144; 4, Corby 120. **(Boys):** 1, P.  
 Halsey (Lut) 17:40; 2, P. Beddington (Bed) 18:06;

- 3, R. Covington (Lut) 18:16; 4, R. Oram (Cor)  
 18:19; 5, B. Henry (S&NH) 18:22; 6, C. Rayment  
 (Thet) 18:24. **Teams:** 1, Luton 244; 2, Corby 231;  
 3, Stevenage & NH 211. **(Colts):** 1, R. Youngs  
 (Hunt) 13:11; 2, O. Russell (Bed) 13:15; 3, I.  
 Hodbell (Lut) 13:16. **Teams:** 1, Luton 303; 2,  
 Bedford 286.

### GLOUCESTERSHIRE LEAGUE

#### At Brockworth, November 15th

- 1, T. Redman (Leam) 35:14; 2, I. Atkins  
 (Worc) 36:13; 3, D. O'Daly (Swin) 36:24; 4, N.  
 Thomas (Glouc) 36:40; 5, S. McHale (Glouc)  
 36:55; 6, P. Berry (Swin) 37:05; 7, M. Daykin  
 (Glouc) 37:09; 8, M. Hill (Glouc) 37:10; 9, E.  
 Twohig (Leam) 37:14; 10, S. Hodgson (Swin)  
 37:24; 11, P. Hoddy (Glouc) 37:29; 12, K. Willis  
 (Chelt) 37:32; 13, D. McNamee (Chelt) 37:34; 14,  
 N. England (Swin) 37:35; 15, A. Daley (Glouc)  
 37:38; 16, A. Nolder (Durs) 37:56. **Teams:** 1,  
 Gloucester 50; 2, Swindon 88; 3, Leamington  
 112; 4, Cheltenham 150. **(Youths):** 1, I. Manners  
 (Cle) 21:50; 2, S. McMorran (Leam) 22:29; 3, M.  
 Hardee (Newp) 22:47; 4, A. Frapwell (Glouc)  
 23:00; 5, S. Bradstock (Chelt) 23:04; 6, C.  
 Fitzgerald (Swin) 23:11; 7, I. Williams (Abert)  
 23:19; 8, N. Clarke (Worc) 23:21. **Teams:** 1,  
 Gloucester 24; 2, Cheltenham 42; 3, Clevedon 52.  
**(Boys):** 1, P. Field (Glouc) 14:45; 2, R. Perry  
 (Abert) 14:55; 3, P. Folland (Chelt) 14:56; 4, M.  
 Keeling (Glouc) 15:12; 5, McGulloch (Worc)  
 15:34; 6, A. Hussey (Glouc) 15:36. **Teams:** 1,  
 Gloucester 11; 2, Worcester 38; 3, Bromsgrove &  
 R. 40. **(Colts):** 1, B. Gilbert (Durs) 11:15; 2, R.  
 Smith (Worc) 11:27; 3, N. Tomkinson (Worc)  
 11:38. **Teams:** 1, Worcester 11; 2, Dursley 14.

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|           |      |        |  |
|-----------|------|--------|--|
| V. RIPPLE | 6-12 | £22.25 |  |
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|            |      |        |                      |
|------------|------|--------|----------------------|
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|                   |       |        |                      |
|-------------------|-------|--------|----------------------|
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|------------|-------|--------|----------------------|
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|          |      |        |                      |
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|      |    |        |              |
|------|----|--------|--------------|
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|             |      |        |                      |
|-------------|------|--------|----------------------|
| NAVY STAR   |      | 6-11   | £20.85 (£21.95)      |
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|  |     |       |            |
|--|-----|-------|------------|
|  | 3-5 | £8.95 | 6-11 £9.95 |
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### NIKE

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### NEW BALANCE

|           |    |        |              |
|-----------|----|--------|--------------|
| COMP. 100 | 5½ | £25.20 | 6-12½ £28.95 |
|-----------|----|--------|--------------|

### KARHU

|        |      |        |          |
|--------|------|--------|----------|
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|--------|------|--------|----------|

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|            |      |        |                      |
|------------|------|--------|----------------------|
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|------------|------|--------|----------------------|

### REEBOK

|     |      |        |                      |
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# THE MYSTERIOUS VIKTOR MARKIN

*By Ivan Berenyi*

THE JUBILANT Wladyslaw Kozakiewicz, having won the Olympic pole vault and with a whopping world record to boot, was immediately engulfed by his delirious Polish compatriots as the competition ended and he came off the field. Many a boisterous word was spoken in the ensuing minutes, until the popular Kozak, in one of his first calmer observations, suddenly said: "They knew it."

What? They knew what? Who knew what? — some of the Poles started asking, with voices drowned by the still continuing din of the celebrants. "The Russians knew that Markin would win the 400 flat," Kozak said, and suddenly people fell quiet and started to listen.

How do you know that? — came the question from several directions all at once. Who told you? "Konstantin Volkov told me," said Kozak. "He kept telling me that I had no chance against them, because they have really got their act together — the whole Russian track and field squad. Then, in the course of trying to sap my self-confidence, he suddenly said: 'And now watch how Viktor Markin wins the 400m. He will just walk away from them.' It jolted me a bit that he really did."

The story, which was the plum piece of gossip in the Olympic Village subsequently that evening, spreading among the East Europeans like wildfire, soon found its way back to the Russians. The next day, apparently after some consultations at team management level, Volkov conspicuously buttonholed several Comecon media men to repeat that "Viktor Markin is a Siberian like me and I was sure he would win the 400, because I knew he had a big heart and a lot of potential".

The explanation did not wash too well in East European eyes, and the East Germans were quick to point out that Markin's pre-1980 personal record was a lowly 47.20 and that his particulars were not included in the carefully printed brochure on the USSR track and field squad, so recent was the decision to let him participate.

So — who is Viktor Markin? And can you improve normally from 47.20 to 44.60 in a single year? These and similar questions were flying around in Moscow like so many straws in the wind, and one East European wit offered an explanation which soon made the rounds. Somewhat unkindly it depicted Markin as a clone of Ardalion Ignatyev, and suggested that he had just been taken out of the incubator before the Games.

Ignatyev won a joint bronze with Finland's Voitto Hellsten in the 1956 Melbourne Games, and was in fact the USSR's sole medallist ever in the one-lap event, which always remained a gaping hole in the Russians' programme. It took 13 long years for Aleksandr Bratchikov to improve Ignatyev's national record from 46.0 to 45.9, and there was no Soviet runner among the top 20 one-lappers on the 1975, 1976, 1977 and 1978 world lists, until Nikolay Chernetsky emerged as a new star in 1979 and placed joint 4th in the world that year with 45.12.

Chernetsky won a bronze in the 1978 European Indoor Championships (46.72) in Milan, but was



The victorious Soviet Olympic 4x400m relay squad. In running order, left to right — Remigius Valiulis (45.7), Mikhail Linge (45.4), Nikolay Chernetsky (44.8) and Viktor Markin (45.2). The team ran 3:01.1.

George Herringshaw

then laid low by injury. Last year, however, he was back with a vengeance. In May, he broke the USSR record with 45.59 in a heat in Sofia and won the final in 46.03. Later he finished second in the European Cup in Turin (45.70) and the World Cup in Montreal (46.06), behind Germany's Harald Schmid and the Sudan's Hassan El Kashief respectively, and won a gold in the Universiade (45.12) at high altitude in Mexico City.

In addition, Viktor Burakov achieved 46.02, following a hand-timed 45.6 in 1978, and Remigius Valiulis 45.73 at high altitude while capturing the bronze in the Universiade. The three were considered near-certainties for the Olympic 4x400m relay, and Chernetsky was expected to reach the individual final. In the end, however, the individual trio selected was Chernetsky, Burakov and Markin, while Chernetsky, Valiulis, Burakov and Mikhail Linge were picked for the relay. So what happened in between?

There was a stronger than usual indoor season, and Chernetsky represented the USSR in the European Indoor in Sindelfingen, winning comfortably with 46.29. Then, as the main season kicked off, suddenly a new name surfaced. It was Viktor Markin, who made his debut at the Moscow-Leningrad-Ukraine-Russian SSR tussle in Sochi on the Black Sea on May 23rd and won with an impressive 45.66 in front of Linge (46.16). Next, on June 4th in Leningrad, Valiulis (45.4) beat Linge (45.4) and Chernetsky (45.5) . . . and then came the big one. On June 12th in Moscow, in a so-called international which only had a couple of foreign participants, Markin ran 45.33, beating Chernetsky (45.60), Linge (45.60), Sergey Lovachov (45.75), Valiulis (45.89), Pavel Roshtchin (46.07) and Burakov (46.10). Out of the blue, the Russians had a whole spate of viable one-lappers, miraculously in time for the Moscow Games.

Subsequently Markin won an Olympic team trial in Moscow with 45.60, after powering to 45.58 in the heats, and still in Moscow on July 6th, at the Znamenskiy Memorial Meeting, he eclipsed the field again to win in 45.34. Behind him came Burakov (45.57), Lovachov (45.89), Chernetsky (45.94), Linge (46.40) and Valiulis (46.43). So, clearly, mystery-man Markin had emerged as tops, while the others were playing musical chairs. It was at this point that the selection was made, but Markin's new-found prowess was played down for foreign consumption, and the Russians were touting 'European champion' Chernetsky as their prime threat to the world's 400m men.

The pre-Games speculation of the track world alternated between some betting on a Juantorena comeback and the majority expecting a dog-race in an event deprived by the boycott of all the top competitors (including the Americans, Kenyans, Germany's Harald Schmid and the Sudan's

Hassan El Kashief), with a 45-plus time for the winner. Australia's Rick Mitchell and Chernetsky were tipped for medals.

## Switched into overdrive

But then in the Games, Markin easily won his first (46.88) and second (45.58) round heats, and coasted through to the final in a semi won by the GDR's Frank Schaffer (45.47) with 45.60 in front of Alberto Juantorena, while the other Russians were eliminated. In the final, Markin let the others do the early running but switched into overdrive for the last 100m, which he reportedly covered in 10.7, and won with a European record of 44.60 — the fastest time in the world at sea level for the past two years. Mitchell (44.84) ran a Commonwealth record for the silver, and Frank Schaffer took the bronze in 44.87, a GDR best.

For the 4x400m relay, the USSR team was composed of Chernetsky (45.7), Linge (45.3), Valiulis (45.4) and Burakov (45.4) in its heat, which it won with great ease in 3:01.8. For the final Burakov was declared ill, Markin substituted on the anchor leg, and the Russians (3:01.1) pipped the East Germans (3:01.3) to the post. Markin and the GDR's Volker Beck were level when they took off, but Markin managed a good-enough 45.2 against the 400m hurdles champion's 45.4. So Viktor Markin, the 23-year-old unknown from Siberia of whom not even the East Germans had heard before 1980 (though they keep the most exacting record files), became a dual Olympic gold-medallist.

In the interview immediately after his individual victory Markin said that his 1979 best was only 47.20 because he had been injured, and that he had been aiming at a 21.7 split at 200 in the final, although his best was only 21.5. It was the pace of the others which had pushed him to a

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## "Believe in oneself and one's own strength"

21.2 split. "I don't know my own limits," he asserted with blue-eyed innocence.

But the scanty statistics handed out by Soviet officials clashed with these assertions. The handout credited Markin with 10.4 and 21.1 for 100/200m in 1977; he was inactive due to injury in 1978, and converted to 400m in 1979. His brief personal data stated that he was born on February 23rd 1957 in "a small Siberian village near Novosibirsk", his height and weight were 1.83/6'0" and 73kg/160lb, and he was a medical student. East German insistence on precise facts unearthed that the small village was Oktobrsk Ust-Tarskovo, and that Markin was in his final year as a medical student at Novosibirsk University's sports medicine department, but apparently not even the most detailed search could discover any reference to Markin's 1977 results of 10.4 and 21.1 in Soviet sporting annals or reports.

So why was Viktor Markin not included in the USSR team's brochure, when he had clearly established his domestic superiority by mid-June, and the brochure was only printed at the beginning of July? To avoid having to give details with exact dates and locations? Why was the name of his birthplace so steadfastly withheld? Why the discrepancies between his interview and the official handout? And why should a final-year medical student, who had never made it into even regional contention, let alone the big time, go into all-out training in the wake of two seasons plagued by injury? Will we hear of Markin the athlete again, or will he conveniently disappear now, with the official excuse being perhaps that he qualified as a doctor and decided to serve his country in that capacity?

The questions that come to mind are legion, but there is not likely to be any answer to them in a hurry. The Soviet domestic clamour for at least a modicum of information about Markin the Mysterious produced an interview in a September issue of *Komsomolskaya Pravda*, the paper of the Communist Party's youth organisation. It runs, verbatim, thus:

### How did you get involved in sport, and when?

In the Siberian village where I grew up, kids are mostly interested in skiing. But I could not go with them. The school doctor diagnosed rheumatism and forbade me to take part in PE altogether. At the end of the first school year though, feeling left out and bored, I went to the head of the athletics department at the school. He had me medically examined again, when I was found to be OK, and gave me a try. Soon I got to like running, and was among the best locally with a time of 23.2 for the 200 which I ran in gym shoes. This first success compelled me to become even more diligent in training, and I converted to the 400 two years ago.

### What did you expect to achieve in the Olympics?

I was dreaming of being able to get a medal perhaps. Originally I was to compete only in the relay event, but my coach, Alexandr Bunacheyev, convinced everyone that I should be given a chance in the individual event, too. Of course, my Olympic rivals knew nothing about me. They did not think of keeping an eye on my strong finish, which favoured me.

### What is the most difficult thing in one-lap running?

Good competitors say that the one-lap race only begins in earnest at 300m. That's the point where legs turn leaden and you feel as if fires were lit in your breast. The moment of truth, where you have to drive yourself beyond the point of inertia. Hence I do a lot of cross-country running in preparation. Increasing the continuity of acceleration, which I call 'speed stamina', is very important.

### Who is your idol?

Alberto Juantorena.

### Will you become a coach when you finish your sporting career?

One thing is sure: I will never be a coach. But one day I would like to work in sports medicine.

### Do you study?

I am doing my final year of medical studies at Novosibirsk University.

### What human qualities do you appreciate most?

Sincerity and honesty.

### What advice would you give to a beginner?

Never to lose courage, just because his contemporaries achieved better results. Everybody can't get into the medals straight away. But if someone has true dedication and seriously commits his heart and mind to a sport, he will soon enjoy it. And that joy is already a step towards victory. The main thing, in the final analysis, is to believe in oneself and one's own strength.

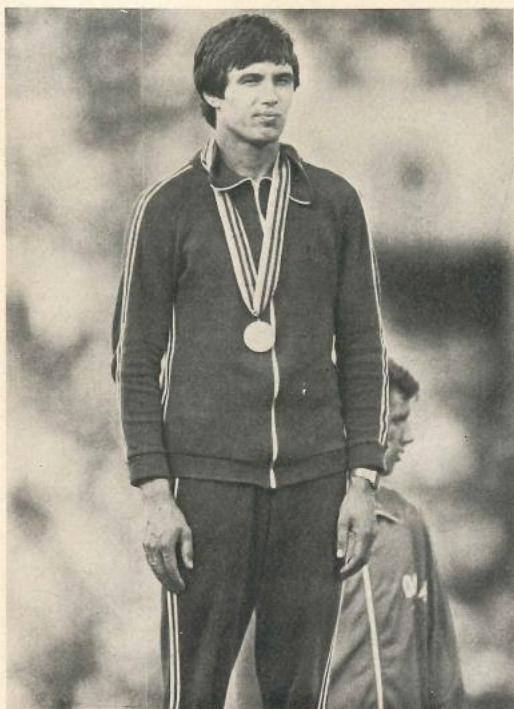
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**VIKTOR MARKIN** George Herringshaw

## SUSSEX VETERANS CC CHAMPS

At Crawley, November 15th

1, P. Lawrence (Hast) 32:50; 2, R. Parker (Worth) 33:54; 3, R. King (Hast) 34:03; 4, B. Bartholomew (B&H) 35:17; 5, H. Foord (B&H) 35:31; 6, M. Baker (Hor) 36:08; 7, J. Franklin (Craw) 36:15; 8, J. Simmonds (Craw) 36:42; 9, M. Labram (Craw) 36:44; 10, R. Sleeth (Worth) 37:01; 11, L. Worrall (Craw) 37:19; 12, C. Howard (Worth) 37:42; 13, R. Purle (Craw) 38:05; 14, A. Angeli (B&H) 38:32; 15, R. Taylor (B&H) 38:49. **Teams:** 1, Brighton & H 23; 2, Crawley 24; 3, Worthing 24; 4, Hastings 24.

## SOUTH EAST POLICE LEAGUE

At Horsham, October 22nd

1, Daughters (Sy) 27:06; 2, Turner (Ex) 27:42; 3, Wayland (Sy) 28:24; 4, Newman (TV) 28:35; 5, Down (Ex) 28:40; 6, Laithwaite (Sy) 28:50. **Teams:** 1, Surrey 567; 2, Thames Valley 522; 3, Sussex 489. **(Women):** 1, Owers (Ex) 19:29; 2, Parsons (City) 21:00; 3, Moon (Sx) 21:05. **Teams:** 1, City of London 373; 2, Sussex 370.

At Welwyn Garden City, November 5th

1, Daughters 30:18; 2, Turner 30:47; 3, Newman 31:47; 4, Baker (Sx) 31:52; 5, Down 31:58; 6, Bidmead (Sx) 32:16. **Teams:** 1, Surrey 558; 2, Essex 513; 3, Hertfordshire 449. **(Women):** 1 eq, W. & J. Lamb (Ex) 19:39; 3, Catterall (Kt) 20:20. **Teams:** 1, Essex 391; 2, Kent 355.

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## The Joyce Smith Story (Part 2)

By Mel Watman

## Olympic Plans Dashed—For Best Of Reasons!

WITH THE Munich Olympic 1500m successfully behind her, Joyce Smith switched her attention back to the 3000m. The unofficial world record of 9:23.4 that she had set in 1971 had, in the meantime, been improved drastically. First, Italy's Paola Pigni-Cacchi had reduced the mark to 9:09.2 in May 1972, and then in August — prior to her momentous Olympic 1500 victory — Lyudmila Bragina (USSR) had registered 8:53.0. Joyce was no longer even British record holder for, on the very same day that Bragina broke through the 9 minute barrier in Moscow, Rita Ridley set Commonwealth figures of 9:22.6 at Crawley.

Rita's UK record reign at the distance was short-lived, for at Cophall Stadium, Hendon, in September Joyce produced the world's second fastest time of 9:05.8. Leading throughout (she won by nearly two minutes), Joyce covered the kilometres in 2:58.0, 3:05.0 and 3:02.8. The halfway time was 4:29.8.

There was little doubt that with some competition Joyce was capable of beating 9 minutes but she was unable to prove it in 1973 as she was in pain with a leg injury (it turned out to be a stress fracture) all season. The year had

started auspiciously when, after a break of 13 years, Joyce became English cross-country champion again and finished second (despite an attack of stitch) in the International Championship behind Paola Pigni-Cacchi, leading England to team victory in the process. She had completed a fine winter's training, a typical week totalling over 60 miles from nine sessions, but the track season proved frustrating as a result of the persistent injury. Nevertheless, she managed to produce a number of good performances, including a 9:08.0 3000 (Pigni-Cacchi winning in 8:56.6), a 1500m win in the match against the Netherlands and Czechoslovakia, a season's best of 4:15.1 for third place against the GDR and Bulgaria, and second place in the WAAA 3000 (9:11.6) behind a world junior best of 9:08.0 by Sweden's Inger Knutsson.

Injury kept her out of the Commonwealth Games Trials in October, and prevented Joyce from showing her very best form during the 1974 cross-country season. Rita Ridley, winner from 1969 to 1972, regained the English title after one of the closest championship races in years — just 4 sec covering Rita, Carol Gould (Joyce's Barnet

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| 7.40 p.m. | 4 1/4 Mile Road Race |

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**Race Secretary:** R. Leek Esq., 24 Ipswich Road, Elmsett, Ipswich, Suffolk. (Send SAE with entry).

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Joyce (left) finished second in the 1973 International CC Championship, won by Paola Pigni-Cacchi (70) of Italy. Anne Garrett (NZ), centre, placed ninth.

Fionnbar Callanan

clubmate) and Joyce herself in third place; while in the International, won by Pigni-Cacchi, Joyce finished seventh. Some consolation was that England retained team honours, the scorers being Rita (3rd), Ann Yeoman (4th) Joyce (7th) and Carol (14th). Italy's team filled second position and — significantly — third place was taken by Finland, led in by Nina Holmen, the individual runner-up.

Clearly, the big target for the summer of 1974 would be the inaugural European 3000m championship, for which Joyce was considered a possible medallist. Joyce trimmed her UK record to 9:04.4 (kilometres of 2:58.4, 3:01.4, 3:04.6) in June, but that paled by comparison with Bragina's new world mark — the first to be officially recognised by the IAAF — of 8:52.7 in the USA v USSR match on July 6th.

Undaunted, Joyce took aim at the formidable new figures — in the heats ("you can relax more") of the WAAA Championships at Crystal Palace on July 19th — and came close with a magnificent 8:55.6. It was, perhaps, only her own impetuosity that cost Joyce the world record. Set a 71 sec per lap schedule by husband/coach Bryan (for a total time of 8:52.5), Joyce felt so

good that she covered the first two laps too fast with 66.7 and 69.0 and her time at 1500 was an extraordinary 4:22.0 — faster than any British runner was to achieve in the 1500 final next day! A world record was still on the cards right up to the bell (7:44.0) but it slipped from her grasp during the 71.6 last lap. It was purely a time trial, the second finisher in the heat coming in half a lap behind, and yet Joyce had run the third fastest time ever, behind Bragina's 8:52.7 and 8:53.0. In the final next afternoon she was content to sit in and test her finishing speed — flashing through the last lap in 63.6 for a winning time of 9:07.2. "She can break the world record as it stands at the moment", said Bryan at the time, adding "but you've got to run 8:40 to win in Rome". Joyce named as her biggest dangers Bragina, Pigni-Cacchi, Inger Knutsson (injured) and the Finnish pair of Nina Holmen (8:59.0 the previous week) and Pirho Vihonen.

## European medallist

The 3000 in Rome proved to be a much slower race than anticipated due to the very lethargic pace early on in the warm, very humid conditions. Joyce was not prepared to lead and it was left to Bragina to head the field past the first kilometre in 2:57.4 and halfway in 4:29.9. Paola Pigni-Cacchi, Italy's great hope, took over and the pace dropped further as she led through 2000m in 6:03.2, followed by Holmen (6:03.4), Joyce (6:03.6) and Bragina. It was Holmen who made the first, and decisive break, just before the bell. Joyce led the chase after the Finn but there was no stopping her. Covering the last lap in 62.2 and the final kilometre in 2:51.8, 22-year-old Nina Holmen took the title in 8:55.2. Joyce held the silver medal position until Bragina (8:56.2) swept past early in the finishing straight but made sure of the bronze in 8:57.4, ahead of Romania's Natalia Andrei (later Marasescu), 8:59.0, and Pigni-Cacchi, 9:01.4.

Only a month short of her 37th birthday, Joyce had won her first major track medal — but, looking back, she rates her running in the 1972 Olympics as a better performance. "I was pleased at getting a medal of some sort, but at the same time I was a little disappointed at finishing third. With 300 to go I still thought that, possibly, I was going to win. But then Nina started to go away and then I went weak as I hit the straight and Bragina got past me for second place. I don't think I ran my best race there. I was very nervous and it was so humid that you felt you were running faster than you actually were. If I had heard the lap times I would have gone ahead and done something about the pace."

Four days after the 3000, Joyce excelled herself by reaching the 1500 final, finishing second in her heat in 4:12.0 (her best for two years) — with Bragina eliminated in sixth place. Holmen was eighth and last in another heat. In the final, Joyce



Paola Pigni-Cacchi leading in the first-ever European 3000m championship from the winner Nina Holmen (163), Joyce Smith — who finished third, and (on Holmen's shoulder) world record holder and silver medallist Lyudmila Bragina.

Tony Duffy

as usual gave of her all. The pace was very fast but Joyce stayed with it, passing 800 in sixth place only a metre or two behind the leader in 2:10.4! She was seventh in 3:18.0 at 1200 (that's 4:07.5 pace for the full distance) and wound up eighth in 4:12.3 as Gunhild Hoffmeister (GDR) scored a popular victory in 4:02.3 in front of Bulgaria's Lilyana Tomova (4:05.0) and two athletes of whom much more was to be heard: Grete Andersen (later Waitz), 4:05.2, and Tatyana Kazankina, 4:05.9. Joyce was voted UK woman athlete of the year by the British Athletic Writers Association.

A low-key year followed in 1975. She had to miss the National CC because of a twisted ankle and wasn't able to race on the track until the WAAA 3000 in mid-July, placing fourth in 9:24.4 as Ireland's Mary Purcell won in 9:08.0. However, despite being very short of training, the spirit was still there.

"Be warned, those who have written off Joyce Smith as an international force!" I wrote,

following a 3000m race at Crystal Palace in late August. "Her competitive urge is as strong as ever — as Joan Allison can testify — and, providing she encounters no further injury problems, she will be chasing after two targets next season. She hopes to make the Olympic 1500 team again, and feels the world 3000 record (now at 8:46.6 by Grete Waitz) is not out of range. As Bryan points out, it's only a case of seventies all the way! In this 3000, Joan Allison went with 200 to go but Joyce trailed her and counter-attacked in the straight to win in 9:12.2, easily the fastest British time of the year. Joyce covered the last kilometre in a nippy 2:58. Joyce twisted an ankle last January, had it in plaster from mid-March to mid-April, and did not start jogging until May. After a slow build-up she is training every day now, but her sessions number only 6-8 a week compared with 12 weekly last year".

## Training geared to 4:04

But, for the best of reasons, none of those plans for 1976 came to fruition. Joyce takes up the story: "My winter programme was well up on the winter before the 1972 Olympics, and our training was geared to running 4:04 for 1500, but then I became pregnant and that was knocked on the head!"

Lia was born on August 11th 1976 and, as after the birth of Lisa eight years earlier, Joyce lost little time in resuming racing. She turned out for the Barnet 'B' team in the National Road Relay on November 13th — and picked up six places on her leg! As it happened, Joyce didn't race much in 1977 but her programme did include two highly significant outings on the road. Running in the Tonbridge '10' in March, won by Barry Watson in 49:18, Joyce set a UK women's best of

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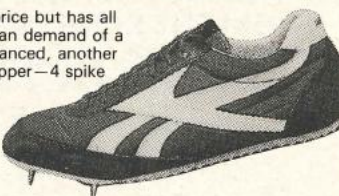
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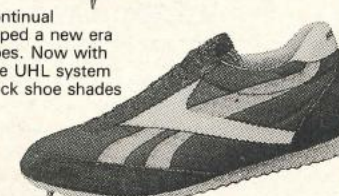
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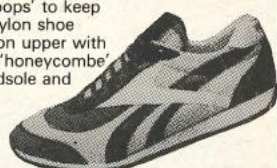


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Half a mile from the finish of the 1978 English cross-country championship and Joyce is battling for the lead with Wendy Smith (107), no relation, and eventual winner Mary Stewart. Joyce was a leading cross-country runner before either of them was born!

Peter Tempest

57:28; and in the Shaftesbury '10' in August — a race won by Graham Ellis in 48:42 — she improved that mark to 56:27. This was good running, although she wasn't as fit at that time as she had been some years earlier. She reflects: "Back in 1973/74, when I was training with the Shaftesbury boys over 10 miles, they used to say that if I had raced '10' then I would have run 55-something. But women in Britain weren't allowed

to race 10 miles then. The fact that it wasn't until some five years later that I did do that sort of time makes me wonder what I might have done in those earlier years".

It was back to the track for one final fling in 1978, though. First, she enjoyed another good cross-country season. Nineteen years after winning her first English title she placed a close third to Mary Stewart and Wendy Smith in the



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## Joyce's Cross-Country Record & Track Progression

| English National |         |                    |      | 1956 | 2:21.0y | 5:20.0M | —       |
|------------------|---------|--------------------|------|------|---------|---------|---------|
| 1956             | 7th     | 1971               | 2nd  | 1958 | 2:20.4y | —       | —       |
| 1959             | 1st     | 1972               | 5th  | 1959 | 2:14.5y | 4:36.6  | —       |
| 1960             | 1st     | 1973               | 1st  | 1960 | 2:10.2  | 5:04.1M | —       |
| 1961             | 27th    | 1974               | 3rd  | 1961 | 2:16.5y | 5:26.3M | —       |
| 1965             | 3rd     | 1977               | 16th | 1963 | 2:22.8y | —       | —       |
| 1966             | 2nd     | 1978               | 3rd  | 1965 | 2:11.9y | 4:51.5M | —       |
| 1967             | 2nd     | 1979               | 15th | 1966 | 2:13.0y | 4:55.2M | —       |
| 1969             | 5th     | 1980               | 13th | 1967 | —       | 5:04.8M | —       |
| 1970             | 2nd     |                    |      | 1968 | —       | —       | 10:30.0 |
| International    |         |                    |      | 1969 | 2:15.4  | 4:27.0  | —       |
| 1967             | 4th     | (England 1st team) |      | 1970 | —       | 4:29.2  | 9:52.2  |
| 1970             | 16th    | (non-scorer)       |      | 1971 | —       | 4:25.2  | 9:23.4  |
| 1971             | 3rd     | (England 1st team) |      | 1972 | 2:08.8  | 4:09.4  | 9:05.8  |
| 1972             | 1st     | (England 1st team) |      | 1973 | —       | 4:15.1  | 9:08.0  |
| 1973             | 2nd     | (England 1st team) |      | 1974 | 2:10.4  | 4:12.0  | 8:55.6  |
| 1974             | 7th     | (England 1st team) |      | 1975 | —       | 4:28.5  | 9:12.2  |
| 1978             | 9th     | (England 3rd team) |      | 1977 | —       | —       | 9:27.8  |
| Year             | 800/880 | 1500/Mile          | 3000 | 1978 | —       | 4:20.8  | 9:11.2  |
| 1955             | 2:21.6y | —                  | —    | 1979 | —       | 4:37.8  | 10:04.8 |
|                  |         |                    |      | 1980 | —       | —       | 9:40.2  |

National, after leading into the closing stages, and a month later she was first scorer for bronze medallists England in the International at Glasgow, finishing ninth just over a minute behind Grete Waitz. Joyce announced that she would be aiming to make the 3000m team for the European Championships in Prague and then might make her eagerly awaited marathon debut in the late season if she was able to fit in the required mileage following the European. It was an exciting prospect.

Joyce made a sound start to the 1978 track season, winning the Middlesex title in late April with a European qualifying time of 9:11.2, followed by Paula Fudge in 9:14.6. But, whereas Paula was to go on and become Commonwealth champion in Edmonton and set a Commonwealth record of 8:48.7 in eighth place in Prague, that was to remain Joyce's best time of the year. She placed fourth behind Ann Ford, Paula Fudge and

Ruth Smeeth at the England Commonwealth Games team trials in mid-June in 9:19.7, and just eight days later her season came to a premature end after running 9:12.1 for third in a match against France in Strasbourg. She was injured in that, her last track international.

Happily, there was a silver lining to this particular cloud. Joyce: "The marathon was something I always wanted to do — just to say I had done one. Then when I got a stress fracture again in my foot in Strasbourg and, though I was trying to make the European, I really wasn't enjoying track racing any more, we thought we would come back and train just for the marathon in 1979"

Next week, in the third and final part of the Joyce Smith Story, I'll recount the triumphs of Joyce's marathon career, give details of her current training and reveal her plans for the future.

### ESSEX VETERANS CC CHAMPS At Colchester, November 15th

1, M. Batty (Thurrock) ..... 30:42  
2, L. Parrott (Havering) ..... 31:12  
3, J. Bowles (Eton Manor) ..... 31:18  
4, R. Chalk (Bas) 31:32; 5, M. Robinson (Hav) 31:55; 6, K. Burgess (Chelm) 32:06; 7, P. Dobbs (Thur) 32:11; 8, G. Valentine (Bas) 32:13; 9, D. Horsup (Thur) 32:21; 10, T. Everitt (E. Man) 32:26; 11, D. Minns (Bas) 32:28; 12, G. Hewitt (S'end) 32:29; 13, W. Roe (Hav) 32:30; 14, M. Burgess (Bas) 32:33; 15, G. Smith (E. Man-O/50)

32:36; 16, A. Lovett (Ilf) 32:41; 17, A. Tewkesbury (Hav) 32:46; 18, C. Gordon (Ex. B) 32:56; 19, B. Hicks (Walt) 33:02; 20, A. Thomas (Col) 33:07; 21, F. Cash (Loughton) 33:15; 22, R. Harrington (Ex. B) 33:27; 23, M. Pyle (W. Gn) 33:27; 24, D. Archer (Walt) 33:33; 25, K. Forster (Walt) 33:48. **Teams:** 1, Thurrock 17; 2, Havering 20; 3, Basildon 23; 4, Eton Manor 28; 5, Walthamstow 68. **(O/50):** 1, Smith; 2, H. Tempan (W. Gn) 34:41; 3, N. Booth (E. Man) 35:17. **(O/60):** 1, L. Burnett (W. Gn) 43:18. **(O/70):** E. Sears (Ex. B) 49:24.

# Tough Going In Edinburgh — Glasgow Relay

WITH ONLY two teams beating the 4 hour barrier, the 40th annual road relay from Edinburgh to Glasgow on November 16th, sponsored by Barrs Soft Drinks, was won in the slowest time for over a quarter of a century. There was a cold, opposing wind all the way on the 44¼ mile course and the only records came on stages 3 and 4 where the third changeover point had to be relocated at police insistence due to traffic safety, with new distances being run for each stage.

Clyde Valley, with four senior and one junior Scottish international in their team, repeated last year's victory with that much improved team, Cambuslang, finishing surprise runners-up.

## Colin Shields reports

Edinburgh Southern, without Allister Hutton and John Robson, finished out of the medals for the first time in many years. This was mainly due to a breakdown of team organisation at the third changeover when Colin Youngson, after recording the fastest stage time, arrived in the lead to find that Colin Taylor was out warming up over the course, and 70 sec were lost before Taylor took over the baton in third place.

The race had an international flavour this year, when the Norwegian club, Skjalg AC from Bergen, competed for the third time in five years. Arriving with only seven men, due to a last minute drop-out through illness, they ran marathoner Frederic Aase on the first and last laps. Well though Aase performed, leading the field on the first stage and recording the sixth fastest time on the eighth stage, his team was disqualified from their tenth finishing position, due to infringing the race rules.

The race was, as always, well followed by club supporters and spectators with competitors outnumbered ten times over by the number of casual joggers on the road. The main danger to the future continuance of the race was the flagrant breaking of the rules — by indiscriminate parking, at the roadside in dangerous positions and at changeover points, by supporters' cars. If the race is to be allowed to continue, it must be with the approval of the Lothian and Strathclyde police forces, and the SCCU must seriously consider banning any supporters' cars stopping at the roadside over the first stage, which passes through the busy Edinburgh streets. It would be a disastrous occurrence if this race, which has lasted over 40 years, was to be lost through the unconsidered actions of car-borne spectators.

**Leg 1 (5½ miles):** Frank Clement, in resurgent form in recent weeks after recovery from injury,

forced the pace from the start and broke up the field of 20 runners. However it was the Norwegian, Frederic Aase, who proved the stronger on the 1½ mile steep incline to the finish, pulling almost half a minute clear of Clement who won 2nd place from junior, John Gladwin. None of the eventual medal winners were in the first six clubs home — Clyde Valley were best placed in 7th in 28:44. **Fastest:** F. Aase (Skjalg) 27:49; F. Clement (Bella) 28:17; J. Gladwin (ESH) 28:22.

**Leg 2 (6 miles):** Ian Elliott swiftly moved into the lead for Edinburgh Southern as the Norwegians dropped to 6th place. Rising marathon star Graham Laing clocked 30:59 to finish 2nd, just 5 sec behind the leaders, while Nat Muir shared Laing's time when bringing Shettleston from 14th to 7th. Cambuslang, after placing 11th on the opening stage, dropped to 13th after a disastrous run by Colin Donnelly who ran 2 min slower than expected. Graham Williamson never showed true form, having a disappointing run with only four athletes slower than his 33:31 performance. **Fastest:** N. Muir (Shett) & G. Laing (A'deen) 30:59; I. Elliott (ESH) & R. MacDonald (CV) 31:13.

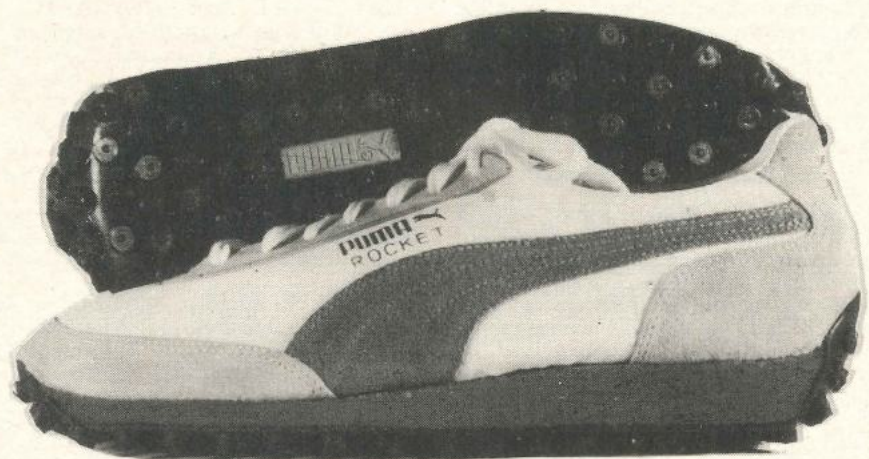
**Leg 3 (4.7 miles):** Colin Youngson showed great speed with no ill effects from his ultra-long distance racing in the recent London-Brighton race, building up a lead of 59 sec from Victoria Park. Youngson still had enough breath left over at the end of his record-breaking run to display an outstanding range of vocabulary at the non-appearance of his clubmate at the take-over! Lachie Stewart, former Commonwealth 10,000m champion, turned in a creditable run for Shettleston with Rod Stone lifting Cambuslang four places to 9th. **Fastest:** C. Youngson (ESH) 26:01 (rec); R. Stone (Cam) 26:27; A. Johnston (VP) 26:32.

**Leg 4 (5.3 miles):** A fine run by Anglo steeplechaser Ian Gilmour made up almost a minute's deficit on the leaders and only a finishing sprint by Albie Smith brought Victoria Park into a 2 sec lead from Clyde Valley. Way down the field, Douglas Frame brought Law & District into 13th position with an inaugural stage record. **Fastest:** D. Frame (Law) 28:18; I. Gilmour (CV) 28:21; A. Gilmour (Cam) 28:25.

**Leg 5 (5½ miles):** Jim Brown quickly went into a lead, which Clyde Valley were to hold to the finish, leaving Victoria Park 53 sec behind at the change-over. Aberdeen continued their consistent running in 4th place as Cambuslang (Ed Stewart) gained another important place to finish 6th. **Fastest:** J. Brown (CV) 29:59; G. Getty (Bella) 30:42; E. Stewart (Cam) 30:46.

**Leg 6 (7 miles):** This was Gordon Rimmer's lap! Defying the elements which blasted him on the open, exposed road, he recorded a time

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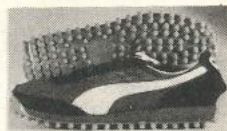
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almost 40 sec faster than last year's performance when his rivals were running, on average, up to a minute or more slower than the previous year. He pulled in four positions to finish runner-up to John Graham, who recorded 35:01 in his isolated leader's position, at a distance which must almost seem a sprint to him after his New York marathon performance. **Fastest:** G. Rimmer (Cam) 33:30; J. Dingwall (FVH) 34:01; J. Graham (CV) 35:01.

**Leg 7 (5½ miles):** A fastest lap time by Eddie Devlin wrapped it up for Clyde Valley leaving them 2½ min clear with just one stage left. Veteran Martin Craven edged ESH into 3rd just behind Victoria Park while Cambuslang, though nudged back to 4th, were still handily placed for a comeback on the final stage. **Fastest:** E. Devlin (CV) 26:54; M. Craven (ESH) 27:27; D. Ross (EAC) 27:35.

**Leg 8 (5 miles):** Steve Rimmer emulated twin brother Gordon's feat of recording the fastest lap by gaining two places through the busy streets of Glasgow, finishing over 2 min clear of Victoria Park. Adrian Callan shared third fastest time with marathoner Bill Day (FVH) when he gained a place for Springburn Harriers, who gained the award for the most meritorious performance when improving from 18th last year to 12th. **Fastest:** S. Rimmer (Cam) 28:08; D. Hunter (EAC) 29:07; A. Callan (S'burn) & W. Day (FVH) 29:12.

1, Clyde Valley (J. Small 28:44; R. MacDonald

31:13, M. Agnew 27:28, I. Gilmour 28:21; J. Brown 29:59, J. Graham 35:01, E. Devlin 26:54, P. Fox 29:39) 3:57:19

2, Cambuslang (G. Cooper 29:24, C. Donnelly 33:27, R. Stone 26:27, A. Gilmour 28:25, E. Stewart 30:46, G. Rimmer 33:30, C. Feecham 28:36, S. Rimmer 28:08) 3:58:43

3, Victoria Park (D. McMeekin 28:49, A. Douglas 31:14, A. Johnston 26:32, A. Smith 29:09, G. Meredith 30:54, D. Austin 35:49, G. Diverty 27:49, R. Blair 30:29) 4:00:45

4, Edinburgh Southern (J. Gladwin 28:22, I. Elliott 31:13, C. Youngson 26:01, C. Taylor 30:30, A. Robertson 31:01, E. Cameron 35:55, M. Craven 27:27, I. Steel 30:48) 4:01:17

5, Edinburgh AC (S. Laing 28:43, S. Keith 32:47, N. Jones 27:32, C. Keir 29:45, A. Gourlay 30:48, L. Robertson 36:00, D. Ross 27:35, D. Hunter 29:07) 4:02:17

6, Shettleston (J. Burns 29:51, N. Muir 30:59, L. Stewart 27:50, L. Spence 28:30, I. Shaw 31:28, D. Smith 36:16, J. Evans 27:54, W. Scally 30:25) 4:03:13.

7, Falkirk Victoria 4:03:24; 8, Aberdeen 4:03:27; 9, Bellahouston 4:04:59; 10, Skjalg (Norway) 4:08:18; 11, E. Kilbride 4:08:49; 12, Springburn 4:09:00; 13, Fife 4:11:50; 14, Clydesdale 4:11:54; 15, Westerlands 4:13:25; 16, Edinburgh Univ. 4:14:34; 17, Law 4:17:27; 18, Greenock Wellpark 4:20:21; 19, Ayrshire 4:27:30; 20, Lochaber 4:28:25; 21, Spango Valley 4:31:55.

## "ROUND THE ISLAND ROAD RACE"

Organised by Barry & Vale Harriers A.C.

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to be held at Barry Island

ON SUN., 28th DECEMBER, 1980

Race declaration: Barry Athletic Club, Barry Island, at least one hour before the event.

Refreshments: Will be on sale at the Barry A.C.

Timetable: All races under starter's orders five minutes before the time stated.

### PROGRAMME

|                     |                |          |
|---------------------|----------------|----------|
| Minor Girls (11-13) | 3 laps of .53M | 11.30 am |
| Jnr. Ladies (13-15) | 3 laps of .53M | 11.50 am |
| Colts (11-13)       | 4 laps of .53M | 12.10 pm |
| Boys (13-15)        | 5 laps of .53M | 12.30 pm |

**FUN RACE** for the General Public, single fee enter on the day.

|                       |                 |         |
|-----------------------|-----------------|---------|
| Youths (15-17)        | 6 laps of .53M  | 1.15 pm |
| Int/Snr. Ladies (15+) | 3 laps of 1.13M | 1.45 pm |
| Snr. Men (17+)        | 4 laps of 1.13M | 2.15 pm |

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Prizes: Individual for 1st 10 each event. Team awards 1st 3 teams each event. 1st 4 home make up team.

Entry Fees: U/15 30p, O/15 50p. Late entries double.

ENTRIES CLOSE WED., 24th DEC., 1980

Entries to: Mr A. D. Hopgood, 'Rockleigh', 271 Gladstone Road, Barry, South Glamorgan. Tel. Barry 736388.

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# Scottish District CC Relay Championships

## Western District

An outstanding run by Jim Thomson on the final lap gave Law & District a surprise victory and their first ever win in the Senior 4x2½ mile event at the SCCU Western District CC Relay Championships at East Kilbride on Saturday 18th October.

Hugh Forgie gave Law a 2sec lead from Shettleston on the opening lap, but Nat Muir was in a class of his own on the next lap, recording the fastest time of 11:14 to give Shettleston a 68 sec lead from Law at half-distance. Veteran, Henry Summerhill, maintained Shettleston's lead and Frank Clement, making a welcome comeback to cross-country running after a long absence, brought Bellahouston into 2nd place, 9 sec ahead of Law.

Jim Thomson, a fast improving but under-rated athlete, soon passed Bellahouston and set his sights on the leader. He pulled in the 32 sec gap and went on to win by over 200m.

Cambuslang, who were only 30th on the opening lap, showed great team spirit for a fine recovery, to take 3rd position and gain their first ever awards at this championship.

Springburn won the young athletes title for the 5th successive year, well clear of Shettleston while Victoria Park took 3rd place in a desperate finish with Kilbarchan as both clubs shared the same time.

1, Law & District (H. Forgie 12:15, A. Miller 12:24, W. Dickson 12:36, J. Thomson 11:52) 49:07;

2, Shettleston (J. Burns 12:17, N. Muir 11:14, H. Summerhill 13:12, W. Scally 1d:06) 49:49;

3, Cambuslang (C. Feechan 13:34, R. Stone 12:13, E. Stewart 12:10, A. Gilmour 11:56) 49:53;

4, Springburn 49:58; 5, Clydesdale 49:59; 6, Bellahouston 50:08; 7, Victoria Park 50:32; 8, Spango Valley 50:49; 9, East Kilbride 51:06; 10, Stirling Univ. 51:31; 11, Greenock Wellpark 51:41; 12, Clydesdale 'B' 51:43; 13, Glasgow Univ. 51:54; 14, Ayrshire 52:00; 15, East Kilbride 'B' 52:12; 16, Bellahouston 'B' 52:29; 17, Springburn 'B' 53:07; 18, Dumbarton 5:15; 19, Cambuslang 53:21; 20, Westerlands 53:29; 21, Garscube 53:31; 22, Kilbarchan 53:33; 23, Greenock Glenpark 53:45; 24, Springburn 'C' 54:03; 25, Clydesdale 'C' 54:11. **Fastest Laps:** Muir 11:14; Thomson 11:52; Gilmour 11:56; I. Archibald (Glas. U) 12:01; G. Williamson (S'burn) 12:02; A. Douglas (VP) 12:02; C. Spence (SV) 12:05; Stewart 12:10. **(Young Athletes):** 1, Springburn (M. Kerr 10:11; I. Davidson 9:18, W. Minto 9:09) 28:38; 2, Shettleston (D. Green 10:22, M. Connors 9:20, M. Taggart 9:11) 28:53; 3, Victoria Park (A. Forrester 10:19, S. Campbell 9:30, J. Cowan

9:07) 28:56; 4, Kilbarchan 28:56; 5, St. Columba's HS 29:31; 6, Clyde Valley 29:48; 7, Ayr Seaforth 29:51; 8, Law & District 29:55; 9, Shettleston 'B' 30:02; 10, Springburn 'B' 30:03; 11, Cambuslang 30:31; 12, Clyde Valley 'C' 30:52. **Fastest Laps:** (Youths): A. Puckrin (Kilb) 9:05; Cowan 9:07; G. McMillan (Ayr) 9:08. **(Sen. Boys):** D. Russell (Law) 9:01; D. McShane (Cam) 9:16; Davidson 9:18. **(Jun. Boys):** D. Boyd (St. Cols) 9:55; Kerr 10:11; A. Boyd (Ayr. S) 10:15.

## Eastern District

Although Aberdeen AAC made a brave attempt to retain the McKenzie Trophy, there could, at the finish, be no doubting the superiority of Edinburgh AC who came home winners at Edinburgh on October 18th by the comfortable margin of 56 sec.

Colin Donnelly was the early leader for Aberdeen U. closely followed by Steve Laing and Paul Forbes, both Edinburgh AC. Mitchell of Aberdeen U. ran a fast leg (11:37) to bring his club from 10th to 5th. The position was further enhanced by Fraser Clyne who ran the fastest lap of the day (11:17) to take the northern club into the lead, now 1 sec ahead of Edinburgh AC. However, no-one could hold Adrian Weatherhead (11:27) on the final lap. After him, at some considerable distance, Aberdeen held on for 2nd place from Edinburgh SH, with Jim Dingwall's 11:35 taking Falkirk into 5th place to pip a gallant effort by Aberdeen U.

Aberdeen AAC nevertheless, gained some compensation by the victory of their young athletes which included a return to form of their youth, Ian Matheson (10:34). Falkirk Victoria, by way of fast legs by Scott Holden (senior boy, 10:41) and George Mitchell (10:21) were a close 2nd.

1, Edinburgh AC (S. Laing 12:43, N. Jones 11:44, A. Gourlay 11:44, A. Weatherhead 11:27) 46:38;

2, Aberdeen AAC (P. Wilson 12:16, G. Milne 11:37, F. Clyne 12:17, M. Edwards 12:24) 47:34;

3, Edinburgh Southern (A. Robertson 11:44, C. Youngson 12:24, K. Harkness 11:43, E. Cameron 11:56) 47:47;

4, Edinburgh AC 'B' 47:53; 5, Falkirk Victoria 48:01; 6, Aberdeen U. 48:06; 7, Falkirk Victoria 'B' 48:09; 8, Edinburgh Southern 'B' 48:35; 9, Edinburgh Southern 'C' 49:13; 10, Dundee 50:07; 11, St. Andrews U. 50:35; 12, Edinburgh U. 50:41; 13, Falkirk Victoria 'C' 50:43; 14, Hunters Bogtrotters 51:04; 15, Edinburgh AC 'C' 51:40; 16, Linlithgow 51:45; 17, Pitreavie 51:54; 18, Edinburgh AC 'D' 52:05; 19, Edinburgh U. 'B' 52:25; 20, Aberdeen AAC 'B' 53:16. **Fastest Laps:** Clyne 11:17; Weatherhead 11:27; J.

Dingwall (FVH) 11:35; Milne 11:37; C. Donnelly (A'deen. U) 11:37; R. Mitchell (A'deen. U) 11:42. **(Young Athletes):** 1, Aberdeen AAC (K. Byrne 11:46, F. Boyne 11:00, I. Mathieson 10:34) 33:20; 2, Falkirk Victoria (J. Kemp 12:27, S. Holden 10:41, G. Mitchell 10:21) 33:29; 3, Edinburgh Southern (J. Hanlon 11:25, N. Sweeney 10:57, D. Slessor 11:3-) 33:55; 4, Livingston 34:03; 5, Fife 34:07; 6, Edinburgh AC 34:36; 7, Edinburgh Southern 'B' 34:37; 8, Pitreavie 35:00; 9, Bo'ness 35:12; 10, Edinburgh AC 'B' 35:14; 11, Edinburgh AC 'C' 35:44; 12, Edinburgh Southern 'C' 35:46. **Fastest Laps: (Youths):** Mitchell 10:21; Mathieson 10:34; N. Ferguson (EAC) 10:41. **(Sen. Boys):** 1, Holden 10:41; Sweeney 10:57; Boyne 11:00. **(Jun. Boys):** S. Campbell (Liv) 11:22; Hanlon 11:25; G. Black 11:36.

### Northern District

#### At Thurso, October 18th

1, Forres (D. Maclean 14:15, D. Ritchie 14:27, M. McCulloch 14:40, I. McKenzie 13:50) 57:12; 2, Lochaber (A. Stubbs 14:36, R. Campbell 14:16, R. Boswell 14:20; B. Kirkwood 14:04) 57:16; 3, Inverness 61:17; 4, RAF Moray 61:25; 5, Lochaber 'B' 62:32; 6, Caithness 63:28. **Fastest Laps:** D. Taylor (Caith) 13:25; B. Turnbull (I'nness) 13:30; McKenzie 13:50. **(Young Athletes):** 1, Inverness (E. Scott 12:52, C. Martin 11:24, A. Watson 11:48) 36:04; 2, Inverness Royal Academy 37:07; 3, Caithness 37:18; 4, Forres 37:25. **Fastest Laps: (Youth):** N. Martin (Forr) 10:55. **(Sen. Boy):** C. Martin 11:24, **(Jun. Boy):** Scott 12:52.

### EASTERN DISTRICT LEAGUE

#### At Cupar, October 11th

1, F. Clyne (Aberdeen) ..... 26:07  
2, D. Hunter (Edinburgh AC) ..... 26:19  
3, J. Dingwall (Falkirk Victoria) ..... 26:41  
4, A. Gourlay (EAC) 26:46; N. Jones (EAC) 26:55; 6, C. Henderson (Tay-J) 26:56; 7, D. Macgregor (Fife-V) 27:03; 8, A. McIntosh (Fife) 27:07; 9, S. Laing (EAC) 27:11; 10, M. McNaught (Fife) 27:25; 11, A. Robertson (ESH) 27:29; 12, L. Robertson (EAC) 27:34; 13, R. Adams (FVH) 27:41; 14, I. Graves (Fife) 27:46; 15, W. Day (FVH) 27:47. **Teams:** 1, Edinburgh AC 50; 2, Falkirk Victoria 91; 3, Edinburgh Southern 125; 4, Fife 132; 5, EAC 'B' 209; 6, Dundee 238. **(Youths):** 1, G. Mitchell (FVH) 17:52; 2, D. Stephen (A'deen) 18:12; 3, J. Cunningham (Fife) 18:16; 4, I. Matheson (A'deen) 18:30; 5, M. Ferguson (EAC) 18:34; 6, K. Maxwell (FVH) 18:53; 7, D. Cross (EAC) 18:55; 8, J. Lewis (Fife) 19:03. **Teams:** 1, Aberdeen 15; 2, Falkirk V 19; 3, Fife Southern 24; 4, EAC 32. **(Senior Boys):** 1, N. Sweeney (ESH) 14:40; 2, T. Ritchie (Fife) 14:49; 3, S.

Holden (FVH) 14:56; 4, G. Faulds (ESH) 15:01; 5, M. Wallace (Liv) 15:02; 6, B. Aitken (EAC) 15:25. **Teams:** 1, ESH 15; 2, Fife 25; 3, EAC 33; 4, Livingston 35. **(Junior Boys):** 1, S. Campbell (Liv) 9:25; 2, T. Hanlon (ESH) 9:27; 3, M. Bingham (Liv) 9:30; 4, G. Black (Bo'ness) 9:38. **Teams:** 1, Livingston 14; 2, ESH 24; 3, Pitreavie 27. **(Colts):** C. Murphy (Tev) 7:47. **Team:** ESH.

### SCOTTISH SERVICES LEAGUE

#### At Caledonia, November 12th

1, Duffy (CS) 29:48; 2, Johnston (RAF Loss) 30:00; 3, Edwards (A'deen) 30:27; 4, Curtis (RAF Kin) 30:50; 5, Bell (RAF Kin) 31:05; 6, Shave (HMS Cal) 31:18. **Teams:** 1, RAF Kinloss 366; 2, RAF Lossiemouth 361; 3, HMS Caledonia 348.

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#### November 15th

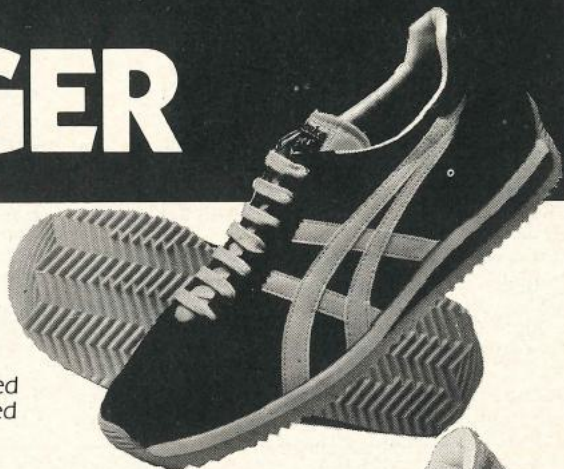
**Clive Cookson Cup.** 1, S. Markley (M&C) 24:49; 2, A. Gibson (Gos) 24:54; 3, R. Woods (Dur. C) 25:02; 4, P. Whittle (Els) 25:11; 5, G. Potts (M&C) 25:22; 6, A. Robinson 25:28; 7, M. Roberts (Dur. C) 25:40; 8, M. Harris (Mor) 25:42; 9, D. Speight (Mor) 25:47; 10, M. Moore (Gos) 25:52; 11, S. Shaw (M&C) 25:56; 12, G. Bellord (M&C) 26:00; 13, G. Bracken (Gate) 26:01; 14, J. Alder (Mor-V) 26:02; 15, A. Lamb (NSP) 26:04. **Teams:** 1, Middlesbrough & C 76; 2, Durham City 128; 3, Gosforth 135; 4, Morpeth 148; 5, Elswick 186; 6, Gateshead 268. **(Vets):** 1, Alder; 2, R. Carruthers (Gos); 3, W. Ryder (Mor). **(O/50):** R. Peart (Els). **(Youths):** 1, M. Trees (Darl) 14:26; 2, J. Whitfield (Mor) 14:37; 3, M. Teasdale (Blay) 14:56; 4, M. Parnaby (Dur. C) 15:02; 5, G. Woods (Mor) 15:07; 6, T. Din (Burn R) 15:09; 7, A. Richardson (Dur. C) 15:13; 8, K. Braithwaite (Burn R) 15:21. **Teams:** 1, Morpeth 18; 2, Blaydon 22; 3, Durham City 24. **(Boys):** 1, A. Pearce (J&H) 12:41; 2, G. Crozier (Mor) 12:49; 3, J. Surtees (Gos) 12:54; 4, M. Derrick (Hough) 12:56; 5, K. Lowery (Hough) 12:57; 6, T. Field (Hough) 12:58. **Teams:** 1, Houghton 15; 2, Jarrow & H 21; 3, Morpeth 39. **(Colts):** 1, S. Cundy (Blay) 8:55; 2, A. James (Mor) 9:02; 3, D. Nelson (Darl) 9:12. **Teams:** 1, Wallsend 21; 2, Tynedale 35. **(Women):** 1, S. Glass (Darl) 14:03; 2, H. Boyes (Mor) 14:31; 3, D. Robinson (Darl) 14:33; 4, M. McDonald (Darl) 14:59; 5, J. Scott (Darl) 15:04; 6, M. Levy (Mand) 15:07; 7, J. Lennon (J&H) 15:17; 8, L. Walker (Darl) 15:29; 9, L. Kell (Darl) 15:33; 10, P. Davison (C. le S) 15:45. **Teams:** 1, Darlington 15; 2, Mandale 39; 3, Morpeth 39. **(Juniors):** 1, M. Kell (Darl) 9:32; 2, J. Hunter (Blay) 9:35; 3, A. Borrowdale (Blay) 9:42; 4, D. Wilkinson (Darl) 9:54; 5, L. Thomas (Darl) 10:01; 6, M. Emmerson (Mor) 10:04. **Teams:** 1, Blaydon 12; 2, Darlington 18; 3, Gateshead 51. **(Girls):** 1, S. Renwick (Heat) 9:48; 2, L. Howard (C. le S) 10:01; 3, L. Reilly (Mor) 10:03. **Teams:** 1, Morpeth 16; 2, Chester le Street 32.



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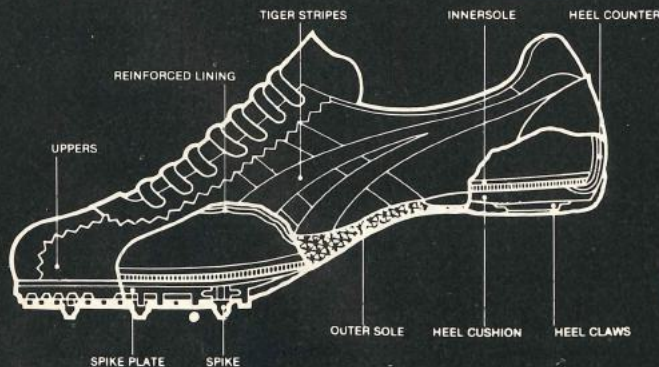
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Continued on page 46

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# Deansie Phillips Runs Paula Fudge Close

THE HIGHLIGHT of the Southern Women's Cross-Country League races held at Stevenage in deplorable weather on November 15th was the tussle between Paula Fudge and Deansie Phillips. The Seniors, last to race, had the best of the weather but the worst of the mud, and by halfway it looked as though Paula was going to have another runaway victory, but then the Croydon girl started closing the gap and with some 400m to go she took the lead. But the experience of the Hounslow international came into it; she allowed only a gap of a few metres to build up, closed on her opponent and took off 60m out. Deansie fought for about 15m but then had to give Paula best after a fine race appreciated by the large crowd who braved the heavy rain and strong winds which persisted for most of the afternoon.

P.W.G.

## Seniors

1, P. Fudge (Borough of Hounslow) ..... 17:11  
2, D. Phillips (Croydon) ..... 17:13  
3, J. Shepherd (Glasgow-Gst) ..... 17:39  
4, S. Samy (Brack) 17:44; 5, S. Harvey (LOAC) 17:45; 6, F. McQueen (Glas-Gst) 17:57; 7, S. Alt (Ox. C) 18:06; 8, C. Gould (Barn) 18:09; 9, S. Coulson (Brack) 18:11; 10, L. Stannard (Craw) 18:12; 11, L. King (Bas) 18:14; 12, B. Harvie (Glas-Gst) 18:17; 13, J. White (Mit) 18:19; 14, H. Hollick (Sale-Gst) 18:23; 15, T. Purton (Camb. H) 18:24; 16, K. Pilling (Sale-Gst) 18:25; 17, W. Hamlyn (Hasl) 18:30; 18, L. Watson (LOAC) 18:31; 19, J. Barleycorn (Craw) 18:40; 20, K. Trunley (Ilf) 18:42; 21, L. Harvey (LOAC) 18:44; 22, K. Whapshott (Brack) 18:47; 23, S. McDiamid (S&E) 19:00; 24, D. Peel (Craw) 19:06; 25, J. Maskell (Brain) 19:14; 26, J. Bennett (WS&E) 19:15; 27, J. Cole (High) 19:16; 28, C. Hughes (Read) 19:17; 29, S. Morley (B&H) 19:18; 30, J. Godliman (Mil. K) 19:34.

## Teams:

1, **Bracknell** 79 (S. Samy, Coulson, Whapshott; 44, J. Compton); 2, **London Olympiades** 106 (S. Harvey, Watson, L. Harvey; 62, K. Fitzgibbon); 3, **Barnet** 139 (Gould; 36, M. Beacham, 40, B. Nelson; 55, J. Adams); 4, **Crawley** 140 (Stannard, Barleycorn, Peel; 87, S. Parker); 5, **Cambridge H** 170 (Purton; 38, J.

Allison, 45, A. Chattaway, 72, C. Walkingshaw); 6, **Ilford** 197 (K. Trunley; 53, T. Trunley, 59, S. Honey, 65, D. Cater); 7, **Brighton & H** 201 (Morley; 31, T. Budd, 66, J. Dicker, 75, J. Patching); 8, **Highgate** 219 (Cole; 37, J. Bennett, 71, S. Bradley, 84, K. Mosen); 9, **Oxford City** 242 (Alt; 33, S. Walters, 68, L. Porter, 134, A. Hawkins); 10, **Verlea** 285 (41, C. Brace, 42, M. Thompson, 99, L. Pasby, 103, C. Kindley); 11, Bedford 322 (32, J. Thornton); 12, Wychcombe Ph. 343 (50, J. Heywood); 13, Croydon 366 (Phillips; 35, G. Drake); 14, Epsom & E 380 (39, Shields); 15, Southampton & E 381 (McDiamid); 16, Stevenage & NH 425; 17, Hillingdon 432; 18, Wigmore 434; 19, Portsmouth 440 (48, J. Jones); 20, Reading 449 (Hughes); 21, Dartford 486 (47, L. Jemmett); 22, Newbury 492; 23, Essex L. 528; 24, Trowbridge 570; 25, Watford 585. Also: 34, C. Wilkins (Hav); 43, A. Webster (AF&D); 49, C. Easter (Norf).

## Intermediates

1, K. Fairbrass (Reading) ..... 12:02  
2, M. Witts (Essex L) ..... 12:18  
3, J. Rose (Ashford) ..... 12:18  
4, K. Hughes (Thurr) 12:20; 5, S. Vinall (B&H) 12:24; 6, D. Dudley (Thurr) 12:32; 7, L. Wight (S&NH) 12:37; 8, R. Newman (Thurr) 12:38; 9, T. Long (F&C) 12:44; 10, A. Neal (F&C) 12:46; 11, A. Tindall (AF&D) 12:54; 12, A. Howard (AF&D) 12:57; 13, A. Wittekind (Dart) 12:58; 14, J. Arman (Folk) 12:59; 15, M. Reilly (Bas) 13:01; 16, L. Silva (Mel) 13:02; 17, C. Mole (Med) 13:04; 18, J. Wingrove (Mit) 13:05; 19, L. Smith (Houn) 13:08; 20, Z. Todd (Park) 13:10; 21, D. Jones (B'stoke) 13:11; 22, S. Goodwin (B'mouth) 13:12; 23, Y. Bennett (Med) 13:13; 24, A. Alford (S&NH) 13:13; 25, S. Covington (Med) 13:14; 26, C. Gair (Mit) 13:15; 27, J. Cooper (Newb) 13:19; 28, D. Wilson (Mit) 13:20; 29, L. Gilzene (Barn) 13:21; 30, D. White (S&E) 13:22.

## Teams:

1, **Thurrock** 96 (Hughes, Dudley, Newman; 78, T. Jex); 2, **Medway** 114 (Mole, Bennett, Covington; 49, S. Bishop); 3, **Mitcham** 122 (Wingrove, Gair, Wilson; 50, L. Tyler); 4, **Aldershot F&D** 141 (Tindall, Howard; 48, H. Churn, 70, J. Burton); 5, **Fleet & C** 142 (Long, Neal; 38, C. Upsher, 85, F. Smith); 6, **Dartford** 163 (Wittekind; 33, K. Dyett, 40, C. Warren, 77, A. Wightman); 7, **Basingstoke** 174 (Riley, Jones; 39, D. Wildash, 99, L. Keough); 8, **Brighton & H** 189 (Vinall; 44, N. Wool, 59, K. Banner, 81, S. Kerridge); 9, **Stevenage & NH** 190 (White, Alford; 64, L. Dale, 95, J. Lindsey); 10, **Barnet** 209 (Gilzene; 34, K. Bonney, 46, A. Trainor, 100, M. Surrey); 11, Reading 220 (Fairbrass); 12, Hounslow 224 (Smith); 13, Verlea 276 (45, D. Hobbs); 14, Essex Ladies 310 (Witts); 15,

## ADVANCE NOTICE

HERTFORD & WARE ATHLETIC CLUB

## YOUNG ATHLETES

## CROSS COUNTRY RACES

SUNDAY, 29th MARCH, 1981

at FANSHAW SCHOOL, WARE

Watch 'AW' for details

Trowbridge 320; 16, Bracknell 329; 17, Exeter 352; 18, Cambridge H 388 (42, S. Quenby); 19, Southampton & E 408 (White); 20, Wycombe Ph. 421; 21, Bedford 423; 22, Ilford 429 (41, A. Hayes); 23, Oxford City 464 (43, S. Berrill); 24, Norfolk Olym. 481; 25, Chelmsford 504; 26, Woking 566. Also: 31, M. Thompson (Havant); 35, D. Howarth (B'mouth); 36, D. Hillyer (Havant); 37, V. Strickland (Havant); 47, H. Stringer (Fare).

### Juniors

1, E. Lyon (Wycombe Phoenix) ..... 9:30  
2, S. Tierney (Borough of Hounslow-n/s) ... 9:31  
3, M. McKie (Exeter) ..... 9:45  
4, T. Gleed (Wyc) 9:47; 5, M. Lavercombe (Exe) 9:48; 6, S. Davis (Mil. K) 9:53; 7, M. Walker (Park) 9:54; 8, K. Petford (And) 9:56; 9, M. O'Shea (B'stoke) 10:01; 10, H. Appleby (And) 10:05; 11, L. Sisley (E. Grin) 10:10; 12, E. Monks (F&C) 10:11; 13, D. Beer (S'end) 10:12; 14, R. Gamble (E. Grin) 10:12; 15, J. Hickson (Bed) 10:13; 16, C. Lillie (AF&D) 10:14; 17, S. Hague (Wyc) 10:18; 18, L. Pigrome (And) 10:19; 19, C. Mahoney (S&NH) 10:20; 20, H. Conti (Med) 10:21; 21, A. Connochie (Thet) 10:22; 22, L. O'Connor (Thet) 10:23; 23, J. Dennis (Med) 10:24; 24, A. Cushen (Thurr) 10:25; 25, H. Wallace (And) 10:26; 26, C. Bourke (Ox. C) 10:27; 27, K. Hendrikse (Mit) 10:28; 28, J. Holder (AF&D) 10:29; 29, S. Maguire (Barn) 10:30; 30, S. Anderson (S&C) 10:31.

### Teams:

1, Wycombe Ph. 54 (Lyon, Gleed, S. Hague; 32, Y. Hague); 2, Andover 61 (Petford, Appleby, Pigrome, Wallace); 3, Basingstoke 122 (O'Shea; 34, D. Jeffs, 37, J. Rich, 42, S. Rogers); 4, Exeter 139 (M. McKie, Lavercombe; 58, J. McKie, 73, S. Turner); 5, Aldershot F&D 140 (Lillie, Holder; 41, J. Church, 55, J. Fitzmaurice); 6, Medway 152 (Conti, Dennis; 49, H. Dawson, 60, S. Hotchkiss); 7, Barnet 166 (Maguire; 40, J. Daly, 47, S. Wright, 50, J. Silvester); 8, Mitcham 205 (Hendrikse; 31, N. Brett, 33, H. Baker, 114, P. Francis); 9, Norfolk Olym. 220 (36, A. Blaxell, 44, L. Bignall, 64, D. Blaxell, 76, M. Durrant); 10, Thetford 221 (Connochie, O'Connor; 52, T. Sampson, 126, M. Harrison); 11, Bedford 312 (Hickson); 12, E. Grinstead 320 (Sisley, Gamble); 13, Cambridge H 328; 14, Thurrock 329 (Cushen); 15, Oxford City 352 (Bourke); 16, Stevenage & NH 398 (Mahoney); 17, Reading 399 (43, L. James); 18, Milton K. 399 (Davis); 19, Ipswich 426 (45, S. Brooke); 20, Southampton & E 430; 21, Brighton & H 439 (38, H. Bravery); 22, Bracknell 463; 23, Portsmouth 470; 24, Radley 515; 25, Essex L 527 (35, J. Oliver); 26, Dartford 541; 27, Crawley 545; 28, Ilford 558; 29, Trowbridge 595; 30, Fleet & Crookham 598 (Monk); 31, Fareham 599; 32, Verleam 633; 33, Hillingdon 652; 34, Havant 661; 35, Surrey AC 667; 36, Newbury 690; 37, Watford 794; 38, Borough of Enfield 809; 39, Middlesex L 841; 40, Windsor S&E 916; 41, Highgate 931; 42,

## SAVE FATHER XMAS A RUN WE'LL SEND IT

Some clues for a Happy Xmas — even for the wife

### SPIKES

|                    |                |                          |
|--------------------|----------------|--------------------------|
| NIKE VAINQUEUR     | 6-12           | £32.25 (£36.99)          |
| NIKE UNIVERSE      | 5-5 1/2 £26.25 | 6-11 1/2 £30.25 (£33.99) |
| NIKE TRIUMPH       | 4-5 1/2 £19.35 | 6-12 £22.20 (£24.99)     |
| NIKE FLY           | 4-5 1/2 £15.45 | 6-11 £17.75 (£19.99)     |
| ADIDAS INTERVAL II | 4-5 1/2 £12.35 | 6-13 £14.20 (£15.99)     |
| PUMA HURRICANE     | 4-5 1/2 £10.80 | 6-11 £12.95 (£13.99)     |
| TIGER ATLANTIS     | 3-5 1/2 £14.50 | 6-11 £16.99 (£19.10)     |
| KARHU LASER        | 6-11           | £19.45 (£23.95)          |

### TRAINERS AND RACERS

|                          |         |                 |      |                 |
|--------------------------|---------|-----------------|------|-----------------|
| NIKE OCEANIA             | 3-5 1/2 | £9.90           | 6-12 | £11.50 (£12.99) |
| NIKE WAFFLE TRAINER      | 4-5 1/2 | £14.25          | 6-12 | £16.50 (£21.99) |
| NIKE ELITE               |         |                 | 6-12 | £23.50 (£27.99) |
| NIKE TAILWIND            |         |                 | 6-12 | £32.50 (£37.99) |
| ADIDAS MARATHON TRAINING |         |                 | 6-12 | £22.20 (£24.99) |
| ADIDAS TRX               |         |                 | 6-12 | £20.45 (£22.75) |
| ADIDAS TRX COMPETITION   |         |                 | 6-12 | £19.35 (£21.75) |
| LE COQ VARIOSPEED        | 5-5 1/2 | £20.85          | 6-12 | £23.10 (£25.99) |
| LE COQ APOLLO            | 6-12    | £19.99 (£22.99) |      |                 |
| KARHU SUPER GREEN        | 3-5 1/2 | £18.85          | 6-12 | £21.65 (£22.95) |
| KARHU KEVLAR             | 6-11    | £25.50 (£26.95) |      |                 |

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Sizes 5'6" - 6'1". Colours may vary on certain size.

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Jacket with two zippered pockets. Straight leg trouser.

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### Girls

1, A. Penfold (Thurrock) ..... 9:50  
2, R. Hughes (Fleet & C) ..... 10:02  
3, M. Rooney (Brighton & H) ..... 10:12  
4, S. Jordan (Lut) 10:16; 5, N. Way (Ton) 10:17;  
6, S. York (S&NH) 10:20; 7, M. Shaw (Barn)  
10:25; 8, J. Rudolph (Med) 10:32; 9, E. Smith  
(Havant) 10:33; 10, T. Points (Thet) 10:33; 11, N.  
Dilley (Bed) 10:34; 12, L. Smith (F&C) 10:35; 13,  
H. Creamer (Ports) 10:42; 14, M. Ainsworth  
(Thet) 10:45; 15, A. Smith (S&NH) 10:50; 16, D.  
Drewitt (Mit) 10:51; 17, C. Wetherall (Chelm)  
10:52; 18, C. Sunderland (Park) 10:53; 19, J.  
Smith (F&C) 10:54; 20, B. Richmond (Bed)  
10:55; 21, J. Baldwin (Read) 10:56; 22, A.  
Hughes (Thurr) 10:57; 23, N. Day (Med) 10:58;  
24, H. Chilver (Ton) 10:59; 25, J. Petford (And)  
11:00; 26, D. Brill (B'stoke) 11:01; 27, K.  
Newman (S&NH) 11:02; 28, C. Johnson (Bed)  
11:03; 29, A. Rees (F&C) 11:04; 30, L. Carter  
(Mit) 11:05.

### Teams:

1, **Fleet & C 62** (R. Hughes, L. Smith, J. Smith, Rees); 2, **Stevenage & NH 89** (York, A. Smith, Newman); 41, P. Higgs); 3, **Bedford 90** (Dilley,

### RAF v CAMBRIDGE U. v E. COUNTIES

#### At Cambridge, November 8th

1 eq, G. Rimmer (RAF), R. Hackney (RAF) & S. Rimmer (RAF) 33:50; 4, N. Allison (EC) 34:09; 5, K. Brackstone (RAF) 34:21; 6, J. Wigley (Guest) 34:35; 7, J. Wild (RAF) 35:04; 8, J. Goater (RAF) 35:14; 9, D. Cohen (Camb. U) 35:17; 10, T. Eglen (Camb. U) 35:20; 11, A. Jones (RAF) 35:24; 12, S. Clarke (EC) 35:33; 13, M. Russell (EC) 35:41; 14, P. Watson (RAF) 35:46; 15, K. Heather (RAF) 35:50; 16, H. Starkey (EC) 35:52; 17, P. Lushington (EC) 35:59; 18, J. Rose (Camb. U) 36:01; 19, H. Boast (EC) 36:12; 20, J. Barker (EC) 36:17; 21, G. Flanagan (RAF) 36:18; 22, T. Lloyd (Camb. U) 36:32; 23, M. Ede (EC) 36:38; 24, A. Deighton (Camb. U) 35:43; 25, N. Miller (Camb. U) 36:47.  
**Teams:** 1, RAF 26; 2, Eastern Counties 81; 3, Cambridge U. 108; 4, RAF 'B' 114; 5, Eastern Counties 'B' 200; 6, RAF 'C' 198.

### THE WEEK AHEAD Contd from page 3

**Sunday, December 14th:** St. Athan Open Meeting; Wessex League, Yeovil; South Yorkshire League, Barnsley; West Midland YA League, Worcester; Aberdeen Open CC Race, Univ. Playing Fields, Aberdeen; Rowntree-Mackintosh CC Races, Norwich; Worksop CC Meeting, Worksop; Birchfield '10'; Vale of Neath '10'; Newport to Tredegar '22'; Haringey Turkey Trot, Wood Green; Fire Service Road Relay, London.

Richmond, Johnson; 31, J. Eady); 4, **Thetford 141** (Points, Ainsworth; 53, N. Smith, 64, A. Gregory); 5, **Mitcham 143** (Drewitt, Carter; 38, D. Gair, 59, K. Woodley); 6, **Portsmouth 153** (Creamer; 39, J. Anderson, 44, C. Sharpe, 57, K. Helliwell); 7, **Thurrock 186** (Penfold, A. Hughes; 69, J. May, 94, N. McGrath); 8, **Brighton & H 189** (Rooney; 49, N. Redman, 56, M. Kerridge, 81, B. Smyth); 9, **Aldershot F&D 196** (35, K. Oates, 45, V. Wallington, 50, A. Kent, 66, K. Harrison); 10, **Parkside 207** (Sunderland; 46, A. Miller, 51, K. Purnell, 92, L. Ward; 11, Medway 220 (Rudolph, Day); 12, Barnet 268 (Shaw; 42, B. Pfeiffer); 13, Chelmsford 283 (Wetherall); 14, Reading 295 (Baldwin; 36, L. Westlake); 15, Dartford 334 37, (L. Hatherly); 16, Havant 347 (E. Smith); 17, Baskingstoke 360 (Brill); 18, Essex L 417; 19, Bracknell 418; 20, Luton 423 (Jordan); 21, Tonbridge 426 (Way, Chilver); 22, Radley 446 (48, C. Jilbert); 23, Southampton & E 486; 24, Hillingdon 487; 25, Trowbridge 500 (43, L. French); 26, Bournemouth 523 (34, G. Goodwin); 27, Verlea 572 (47, C. Birch); 28, Fareham 597; 29, Cambridge H 598; 30, Wycombe Ph. 621, 31, Epsom & E 654; 32, Windsor S&E 682; 33, Woking 689; 34, E. Grinstead 721; 35, Borough of Enfield 726; 36, Ilford 748; 37, Surrey AC 849; 38, Maidenhead 914; Also: 32, S. Fowlie (Craw); 33, N. Milton (Hor); 40, L. Leighton (Ox. C).

### BOOK LIST Continued from page 43

Harper) £2.70; **Training Theory** (Frank Dick) £2.70.

### Biographical

In addition to the books listed last week, the following are now available:

**"Brendan Foster"**, by Brendan Foster & Cliff Temple. The highly readable life story of one of Britain's most popular and successful athletes. Hardback. Price: £6.30.

**"Viktor Saneyev"**. Profusely illustrated biography of the three-time Olympic triple jump champion. Price: £1.10.

**"Vladimir Golubnichiy"**. Another in the Soviet 'Olympic heroes' series, this features the great walker. Price: £1.10.

### Olympics

**"The 1980 Olympics: Track & Field"**, by Matti Hannus with photos by Mark Shearman. Monumental, beautifully illustrated report of the Moscow Games. Hardback. Price: £8.30.

The telephone number for Farnham Park Rehabilitation Centre, Slough, reprinted last week from Medisport, is 028-14-2271, not as published.

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SATURDAY, JANUARY 17th  
1st Race 1.30 p.m.

**Fees:** Boys, Colts 25p, 1½ miles.  
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Senior teams of 4 £2 per team, Juniors 75p  
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**Medals:** Youths, Boys, Colts 1st 3. Relay medals 1st 3  
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**Entries to:** G. Peddie, Tanners Hatch, Polesden Lacey,  
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## SWINDON ATHLETIC CLUB

announce the following

### DATES FOR YOUR 1981 DIARY

Saturday, 14th March

#### 6 x 3 MILE ROAD RELAY RACE

3 Mile Young Athletes and 3 Mile Ladies Race

Saturday, 26th September

#### THE NEW RIDGEWAY RELAY

Out and back, 8 stages, no separate Youth stage,  
Ladies race.

Saturday, 3rd October

#### YOUNG ATHLETES ROAD RELAY RACES

Details: G. Danswan, 13 Croft Rd., Swindon, Wilts.

## CORNWALL A.A.A. & W.A.A.A.

# CROSS-COUNTRY CHAMPIONSHIPS

at Wheal Eliza, St. Austell

ON SATURDAY, 3rd JANUARY, 1981

Sponsored by

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Details & Entries: Paul Manning, 25 Lyons Road, St.  
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## WOLVERHAMPTON & BILSTON ATHLETIC CLUB

# SECOND WINTER WARM UP

at Wolverhampton Stadium, Aldersley Road, Wolverhampton

SUNDAY, JANUARY 18th, 1981

First Event 10.00 a.m. (300m-60m-600m-150m)

Minor Girls, Junior Ladies and Colts: 60m, 150m, 600m, Long Jump.

Inter & Senior Ladies, Boys, Youths, Junior & Senior Men: 150m, 300m, 600m, Long Jump.

Entrance Fee: 25p per event.

Please give Name, Address, Club, Age Group, Date of Birth and Best Performance, to: C. B. Mitchell, 39 Lime Tree  
Gardens, Bilbrook, Codsall, Wolverhampton. Telephone Codsall 3857.

CLOSING DATE JANUARY 6th, 1981 — No acknowledgements, Numbers on day

OTHER DATES: March 22nd, April 26th, 1981

## CLASSIFIED ADVERTISEMENTS

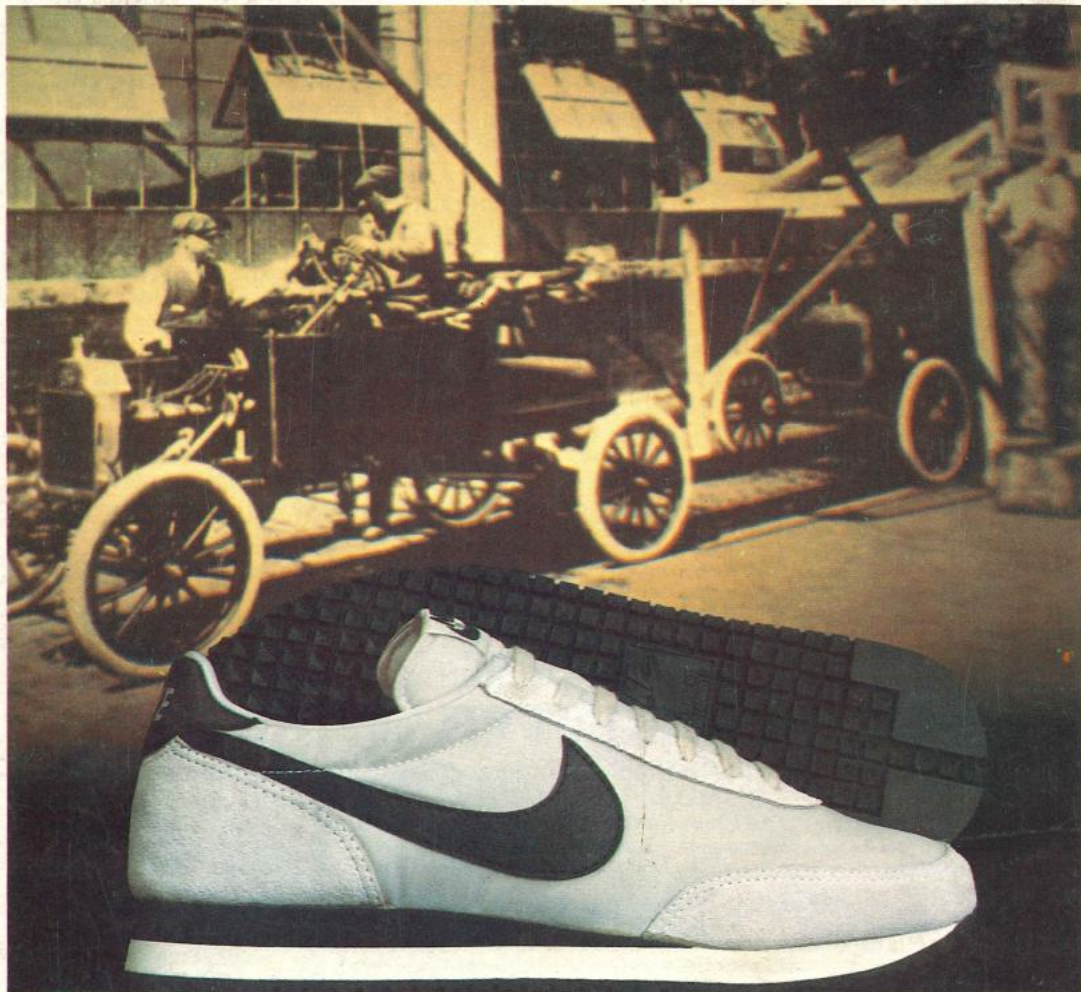
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Marathon, 5th October, 1980.

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