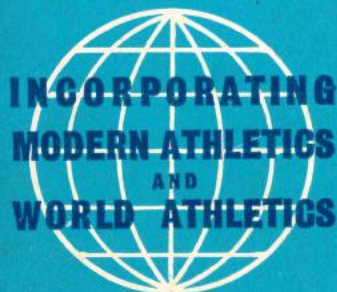


December 30th, 1967
Vol. 21 No. 52

ATHLETICS WEEKLY

THE ATHLETE'S MAGAZINE



INSIDE

U.K. Women's
"Top 20" Lists



Colin Campbell
answers the
Questionnaire

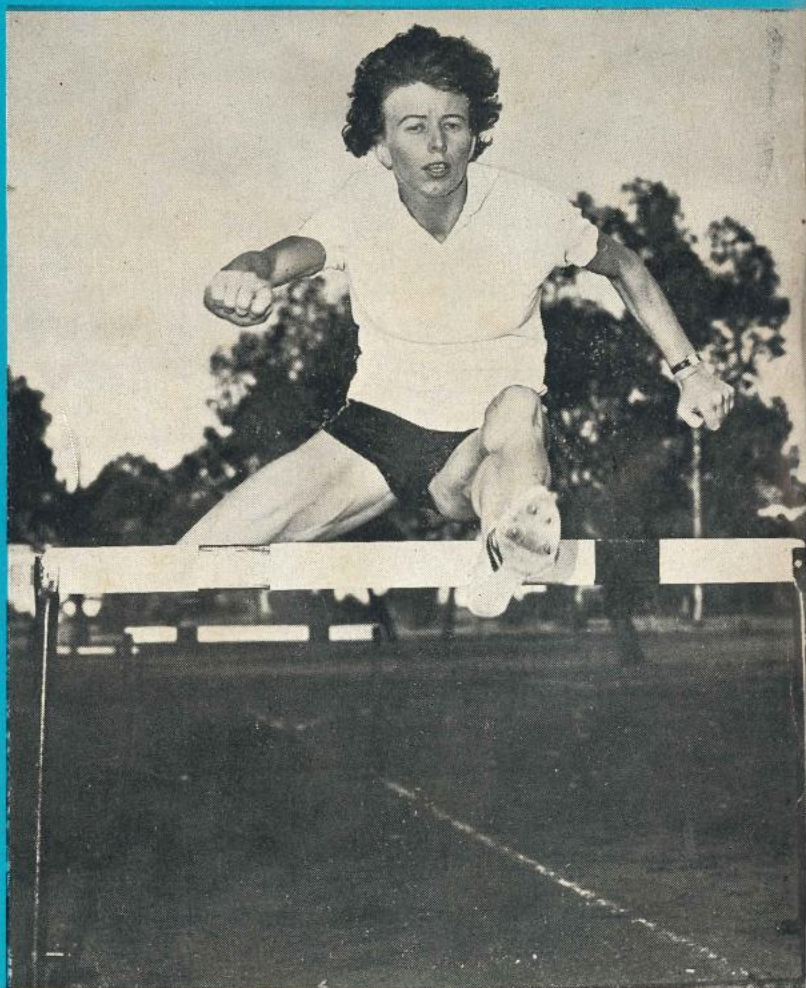


The Career of
Gaston Roelants
—by Peter Matthews



"The Mostest"
of 1967

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PAM KILBORN, the great Australian
hurdler.



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BAAB Announce Their Olympic Year Plans

SLECTION of Britain's Olympic team will be made in early or mid-August, states Arthur Gold in a letter to all members of the International Athletes Club. Team officials and coaches for Mexico City will be announced in mid-January, as will selection dates for the season's international matches.

Mr. Gold, secretary of the BAAB, writes: "The current economic climate has prevented us finalising all the details of our Olympic planning and preparations, but you may like to know that our international match programme is—at the moment—as follows:

June 14th/15th—International Decathlon/Pentathlon at Middlesbrough.

June 29th/30th—GB v. Switzerland (men) at Berne or Zurich.

August 2nd/3rd—GB v. Germany (women) & International Invitation Meeting (men) at White City.

August 31st/September 2nd—GB v. Poland (men & women) at White City.

September 14th—GB v. The Rest (men & women) at Portsmouth.

In addition, of course, the usual small parties will be sent to specially selected top-class meetings overseas".

Mr. Gold states that the Board have arranged to use the IAC's booking at Loughborough from April 5th to 7th as an "Olympic Get-together" and negotiations for similar assemblies at other venues are in hand.

Provisional bookings have been made for the continuous endurance event athletes to spend 14 days at high altitude in May and arrangements for individual medical examinations are in hand.

A detailed brochure giving full information about the Board's Olympic preparations will be distributed to international athletes by mid-January.

SOUTH AFRICAN RESULTS

December 1st, Bloemfontein. 200m: ($\frac{1}{4}$ turn) Poggenpoel 21.1; 400m: Buys 47.3; 800m: Lamprecht 1:52.5; 400mH: Rich 51.4, Serfontein 52.6; women's 100m/200m: Van Rensburg 11.9/24.5; 400m: Botha 55.4.

December 2nd, Johannesburg. 100m/200m: Nash 10.4/21.2; PV: Burger 14'6"/4.42; women's 100m: Lotzoff 12.0; 200m: Craven 24.4; HJ: Groenewald 5'6 $\frac{1}{2}$ "/1.69.

Bob Moore (Longwood) and Ian Wainwright (Sheffield Utd. H.), both members of Toronto Olympic Club, finished first and second in a 6 miles race held in 31°F temperature on Toronto's all-weather track on December 9th. Moore clocked 29:24, Wainwright 29:44 and Irishman Bob Fahy 29:49—all personal bests. On the same track on November 18th, Wainwright was timed at 14:06 for 3M, Fahy 14:12 and Moore 14:26.

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January 1st—December 31st, 1966

ATHLETICS WEEKLY

INCORPORATING MODERN ATHLETICS AND WORLD ATHLETICS

Vol. 21 No. 52

OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

December 30th, 1967

PILOT LEAGUE

SINCE we went to press with our last (December 23rd) issue, further details have come in about the pilot scheme for the National League next season. The "A" League clubs (Birchgrove, Bristol, Poly, Southampton, Surrey A.C., Wolverhampton & Bilston) will meet at Chiswick on May 11th, Southampton on June 29th, and Wolverhampton on August 3rd. The "B" League clubs (Belgrave, Birchfield, Leicester Colleges, Notts, Sale, T.V.H.) meet at Birmingham on July 21st, Nottingham on August 3rd, and London on August 24th.

As with any new scheme, it will have its critics for one reason or another. Whatever dates were selected, some club or organiser is almost certain to be upset. One of the annual events affected here is the Vancouver Trophy on May 12th, which unquestionably concerns Poly, who are hosts to the other "A" clubs on May 11th, and Surrey A.C., another Vancouver Trophy club. No doubt there will be other similar instances too.

Then there are those who wonder how the League clubs were selected and feel that their club is much stronger, so why were they not selected? This is, of course, a pilot scheme and must be given every chance to get off the ground. A properly organised scheme of league competition throughout the country would be ideal and undoubtedly of great benefit to athletics generally. I am sure it would create much greater interest than the somewhat haphazard inter-club set-up in vogue at present. I am not referring to the large number of trophy meetings, many of long standing, which mean a great deal to the clubs concerned but which may have to be transferred to other than their traditional dates when the league scheme gets fully under way.

I AM writing this column with some degree of sadness, for it is the last of a long series, extending over 22 years. For some time now, as the magazine has developed its coverage of events, its circulation and readership, with consequent increase of correspondence and work generally, it has become more and more difficult for me to write on topical matters, coaching, and manage reports of current events, never mind advertising and taking photographs! It has been obvious to us for some time that a reorganisation was becoming more and more necessary, and with the advent of our new women's monthly not many months away, January 1968 was the obvious time for it to take place.

Next week, therefore, will see a new cover, new format, a slight increase in type area which will have the effect of giving us an extra page, and some new ideas which will, we hope, prove popular with readers and enable us to keep pace with present demands. While continuing to hold the reins as managing editor, I am handing over as editor of "A.W." to Melvyn Watman, who has served you so well in recent years and will, I know, continue to do so in the years ahead. Cliff Temple, who has already been doing some work for us, will soon be joining our staff, with a special interest in the women's side of the sport. I hope you will like the "new look" next week; either way we shall be pleased to have your comments. On a personal note, may I say how very much I have valued the many friendships I have made and the wonderful goodwill from readers which has sustained me over many difficult periods since I first started the magazine way back in 1945. I will sign off by wishing you all a "Happy New Year".

"Jimmy" Green

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Readers Write . . .

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

INDOOR TRAINING

Dear Sir,

May I, through your columns, thank all the Clubs and athletes who have written to me supporting our proposed indoor training scheme. The present position is that approval has been given in principle, but the final decision on whether to spend the money in 1968-69 rests with the Borough Finance Committee early next year. We are still hopeful that the facility could be made available for next winter.

I would also like to say that the most careful investigation has shown no reason to doubt the official timings for Jim Alder (24.10) and Alan Joslyn (24.09) on the second stage of the Johnston Relay. Alan remains credited with the record.

Yours sincerely,

Mike Barber,

Chairman, Hornchurch H.

NORTH-WEST LONDON LEAGUE

Dear Sir,

It is difficult to decide whether Malcolm Smith is against the distance or the time of year of the proposed A.A.A. 10-mile road championship. If the former, he is mistaken. 10 miles is by far the most popular road running distance. As for the latter, I am less certain. Yet, surely it is not the prerogative of

the marathon runner to be fit during the summer.

The large fields for road races during the autumn are due to track men supplementing the number of road runners in order to get or keep fit. But these are not the athletes for whom the championship was intended. They have their own championships. There are many road runners whose abilities or inclinations do not extend to the marathon, and even some top-class runners find the marathon beyond them. It is for these athletes that the A.A.A. propose its championship, and it is these runners who make up a large proportion of the 10-mile fields in the summer. So there is no reason why this race should not be held in the summer, and stand less chance of being affected by weather similar to that of the second week-end of this month.

Regarding Mr. Smith's last sentence, why should a national championship be regarded as a trial race for selection to Sao Paulo?

Yours sincerely,

John M. Offley,

T.V.H.

NORTH-WEST LONDON LEAGUE

At St. Albans, December 16th

Youths

1. S. Bond (Shaftesbury)	15.44
2. M. Robeson (Verlea)	15.46
3. T. Phipps (Verlea)	16.07
4. T. Durrant (Shaft) 16.12; 5. P. Watson (Shaft) 16.28; 6. G. Coulson (Shaft) 16.38; 7. B. Carlisle (Ver) 16.54; 8. G. Gliddon (Shaft) 16.59; 9. B. Holland (High) 17.18; 10. A. Solomans (High) 17.24.	

Teams: 1, Shaftesbury 10; 2, Verlea 12; 3, Highgate 31.

Boys

1. A. Thacker (Barnet)	11.56
2. J. Goater (Shaftesbury)	12.06
3. A. Nash (Shaftesbury)	12.41
4. D. Standley (Ver) 12.43; 5. P. Green (Ver) 13.01; 6. D. King (Shaft) 13.06; 7. R. McMullin (Shaft) 13.17; 8. D. Cant (Shaft) 13.24; 9. E. Bottoms (Shaft) 13.26; 10. R. Graham (Shaft) 13.40.	

Teams: 1, Shaftesbury 11; 2, Verlea 24; 3, Barnet 25.

C.C.P.R. CHANGES

Justin Evans, M.B.E., Acting Gen. Secretary of the C.C.P.R., retires at the end of this month after 24 years' service. Walter Winterbottom, O.B.E., resumed his former position as General Secretary from December 15th; Jack Barry has been appointed Deputy Secretary, and Eric Edwards, M.C., Chief Executive Officer.

SUBSCRIPTION FORM

The best way to obtain your regular copy of *Athletics Weekly* is by subscription. Home subscribers should receive their copy at the latest by first post Saturday. Particularly to encourage club members to obtain their copy in this way, there is a special low subscription rate for direct home subscribers (or H.M. Forces abroad) of 75s. for 12 months, 40s. for 6 months or 20s. for 3 months. All other subscriptions are 91s. (home), 95s. 4d. (overseas).

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A CLINIC OF THE FUTURE

"MAGNIFICENT!" "The finest thing that happened in South Wales." "The spirit is fantastic." These were but a few of the comments received about the revolutionary National Conditioning Clinic being organised in Wales at present.

Deviating from the traditional two or three day athletic courses with their constant enemies of progressive fatigue, inconsequential team spirit and insufficient duration for positive skill acquisition, I decided to modulate winter conditioning along sounder educational lines. The idea is far from new, and I claim no originality for it. Presentation is the secret. A unique intriguing anomalistic presentation that creates and fosters a new enthusiasm for tutors and participants alike. In addition is this impetuous desire not the secret of all success?

The Clinic commands a full, fee-recipient professional staff divided into administrative and technical branches. Meetings are held fortnightly at Port Talbot's Afano Lido, lasting between two and three hours. Co-ordinator Barrie Owen leads the administrative branch performing, with a humour tinged efficiency, the unenviable tasks of liaison between coaches, the organisation of major trips, as well as acting as father figure to the two equipment assistants, and dealing with correspondence.

Various ability levels

From a technical viewpoint, athletes are ramified into various ability levels where they remain unless worthy of promotion or relegation. The Olympic Squad hold supremacy and are coached by the author; they are selected by special invitation only. The National Squad are coached by Senior AAA coaches Hywel Williams, Alan Dimsdale and John Thomas. The County Level, still catering for an extremely high calibre and certainly superb potential athlete, is coached by AAA Coaches Ken Harris, John Collins and Owen Edwards. Sub-divisions were formed catering for the requirements of applicants; the usual Throws, Middle Distances, Sprinting, Hurdling and Jumping groups emerged.

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GORDON PIRIE

Coach House, Nutfield, Surrey

—By Peter A. Lay
(A.A.A. National Coach)

A versatile interest packed curriculum produced a number of outstanding performances in the peripheral conditioning events.

Youngsters John Elias and Philip Ware recorded noteworthy results in the initial tests and measurements programme; both leaped in excess of 9'1" in the standing long jump on an extremely slippery floor. The girls were not to be left out either. Thirteen-year-old Michele Smith from Barry made an impact by running 8.8 in a 2x25 yard shuttle run and standing long jumped almost 7 feet (the same slippery floor).

Amazing "Kangaroo" Williams

During the enjoyable battle royal for Champion Jumping Pentathlete all were amazed by "Kangaroo" Williams in the 5-Spring Jumps. It was a sight to behold as the tall powerful Welsh No. 2 long jumper bounded, as if on springs, to an astounding 52'6". If this were an Olympic event I'm certain Gwyn would win a medal! Gwyn scored 411 points on the five events with his next rival, fellow long jumper John Elias, scoring 376 points (Wilf Paish's Leaping Decathlon Tables were used).

The ladies performed with distinction. Elizabeth Kay, the 16-year-old Abergavenny high jumper, and Dianne Chipps, the Swansea Harriers sprinter, won with 278 points each (men's scoring tables) and that precociously talented Michele Smith gaining runner-up place just two points behind.

This was the theme continually; dedicated spartan type work with enjoyable refreshing interludes of clowning and challenging to impromptu physical feats. The chronicler, drawing on his latent reserves (cunning not skill), beat Howard Davies on a standing back-board jump for distance (if only I could run!).

Sessions on filming for BBC T.V. sessions with the clinic's exclusive photographer Gordon Roberts, sessions with the resistance belts on the beach, or sessions just relaxing, taking in a feature film were a delight because for the first time ever in the history of Welsh Athletics members so far afield got together for regular training in such numbers.

After the termination of this first term's clinic it is time to look to the future and modify the system even more. Howard Davies' repetition 50 yards runs of 5.3 at St. Athan, and similar maximum activity high quality work, has swung opinion to favour the RAF Station as a more complete venue. Negotiations have been successfully completed for a 52 party coach trip to the AAA Indoor Championships at Cosford in February and the

already established NCC Sales Department will undertake to sell athletic equipment as well as badges, pamphlets, photographs and magazines.

Already expansion is imminent. Three supplementary courses are under negotiation. A BMC Welsh Area day course juxtaposed with the NCC should prove a highlight for the middle-distance boys. A one day throwing coaching course is being organised by the joint efforts of the CCPR representative Bert Russell and Clinic Administrator Barrie Owen. The course director is Alan Dimsdale, the clinic's chief throws coach. His intentions are to use the clinic as a basis for practical coaching and for observation purposes. Thirdly, but in the embryonic stages, is a scheme to call a Welsh Coaches' Conference in conjunction with the clinic, utilising existing facilities and presenting a focal point for learning and observation.

To summarise, I have hardly discovered a consummate plan. Nor have I a panacea for all athletes. Yet, as a team we have travelled a considerable distance along the rocky road to success. Athletes who literally hibernated from September to April are training with a fire and enthusiasm that is enormously encouraging. Coaches whom in the past met with extreme infrequency now have a healthy and regular interchange of ideas. Lastly and to my way of thinking most important in this unsettled era of athletics, we have created a wave of unprecedented enthusiasm for a principle we all believe in. This is an era of extemporisation and speculation yet we have become antithetical. Instead of useless discourse we have rolled up our sleeves and attacked the problem like youthful pioneers as did our older officials two decades ago. This has become an age for ACTION and DEEDS rather than stagnating waiting for some mystic charm to return us to times of prosperity. Society has changed and we must meet the changes, or better still anticipate them and act precipitously to overcome our suffocation by more attractive recreative sports.

The next move? A chain of Clinics. Care to join?

SOUTHERN "200" COMPETITION

The competition has been going quite well but more members are required to step up still further the excellent prizes every month and every six months. With a new influx of members the £15 monthly first prize could be increased considerably. Write to the promoter, Frank Read, at 15 Fairford Gardens, Worcester Park, Surrey for further details, enclosing s.a.e. Every member helps the Association funds, as well as standing an excellent chance of winning worthwhile cash prizes every month and a "bumper" prize every six months.

Shaftesbury Ladies' A.C. elected the following:—President, Mr. R. Parker; Secretary, Miss B. Richer, 40 Imperial Drive, N. Harrow, Mx. (HAR 3854); Treasurer, Mrs. A. Swallow; Fixtures Sec., Mrs. R. Parker, 9 Broadlawns Court, College Hill Road, Harrow Weald, Mx.; Social Sec., Miss S. Boylan; Snr. Capt. (Track & Field), Miss M. Hoptrough; Jnr. Capt., Miss F. Parker.

Stretford Track & Field League elected the following at their A.G.M.:—President, W. Cannon; Chairman, H. S. Brown; Secretary, T. R. Colson, c/o Borough Engineer's Dept., Town Hall, Stretford, Lancs.; Treasurer, Ald. H. S. Armitage, O.B.E.; Committee: F. Ireland, J. S. Parker, C. I. Bolton, G. Moody, W. Murphy, T. K. Owen, G. Newton, C. Landamore; Auditor, D. Herman.

Hants. County W.A.A.A. hold their Road Relay Championships at Aldershot, on March 2nd, and their Track & Field Championships at Southampton on May 19th.

The Southern Women's Inter-County Championships will be held at Alexandra Park, Portsmouth, on Saturday, August 3rd.

Peter Matthews thanks those clubs who have sent him 1967 rankings for the NUTS "Club of the Year" lists and would like clubs who have not yet done so to send him details of their best performers in each event (men and women) at 53 Elers Road, London, W.13.

APPLICATION FOR CONSIDERATION OF "TWO-MAN, TEN MILE RELAY" PERFORMANCE

I certify that the following performance was witnessed by me, that the full distance was covered, the timing performed by qualified timekeepers, and that the rules as published were adhered to in every particular.

(Runners) and

of (club, etc.) Time.....mins.....secs.

Name of track Cinders or grass.....

Date of performance.....

(Signed)..... Date.....

Official capacity or qualification.....

His Future Is Not So Black!

AS a contemporary of Andy Todd and Alan Pascoe, possibly the greatest British Junior hurdlers of all time, it is hardly surprising that Stephen Black has been overshadowed for much of his short career. Both were there to dog him through Youth and Junior ranks but, at the start of the 1967 season, he was at last free of them. Well, almost. Admittedly he was liable to meet them in the English Schools' Championships and various Junior Internationals, thanks to the various anomalies in the British system of age groups, but he was free of them in AAA County, Area and National Championships. Free to chase after their records and possibly close the gap that the differences in their ages had opened up—Pascoe is now 20, Todd 19 and Black 18.

Just before the start of the season Steve Black was still regularly going on road runs to build up the strength which he hoped would keep him moving smoothly while his rivals were tying up. On one typical evening, with

the streets badly lit and the pavement uneven, he stumbled and hurt his foot. He carried on but by the time he got home the injury was causing extreme pain. Medical examination revealed a badly fractured main metatarsal bone in his foot. The end result of that road run was a month with his foot in a plaster cast. By the time it was removed the 1967 season was well under way, but Steve was under medical orders not to run for at least a month. No one could have blamed him if he had decided to "jack" it in at this point. A metatarsal fracture is bad enough for any runner . . . but a hurdler! Finally, he could stand it no longer. Seven weeks after the injury, and against doctor's orders, he competed in the Southern Junior Championships although it was a job even to don his spikes. This was Steve's only mistake all season. He came second but sustained bad internal bruising which was not to clear up completely until mid-August.

"Despite regular physiotherapy from Ted Chappell, training was confined to slow running in flats and no hurdling. I was still seriously troubled by the bruising at the time of the ESAAA Championships, together with severe lack of training, and was unable to run for a week afterwards." Stephen did remarkably well to finish fifth but a place on the ESAAA Canadian Tour was lost. In retrospect, missing the Canada trip may not have been so bad. Now he was able to concentrate on getting fit and achieving his prime objective—the AAA Junior. "I still could not wear spikes for training the week before", but on the day everything was right and he won decisively. Now, at last, things began picking up. Stephen had some serious runs over the 330 Hurdles, and in his final effort set a UK Under 19's record of 38.7 and smashed AAA Junior 440 Hurdles Champion George Hilsdon. He also went on to help Britain to maximum points in the Junior International against Sweden. Was he satisfied with the final outcome of his season? "I did not achieve my aims timewise, though they were a bit optimistic, but I'm fairly pleased with the 220 and Junior hurdles times. The injury put me out of the running for County, Area and ESAA Championships but the AAA Junior made up for them."

Stephen is one of our hardest-working young hurdlers, usually training six times a week. Next summer he is hoping for a full International vest and also wants to duck under Alan Pascoe's under 19's record of 14.2 for the 3'3" obstacles. On a longer term basis he wants to become a regular member of the British team—the climax he visualises for an athletic



Stephen Black (2) with Andy Todd (6) and Alan Pascoe (4) at the GB v. Sweden junior international.
Peter Tempest

career inspired by a visit to the White City and nurtured by parents who provided him with hurdle-like obstacles to practise over at home from an early age.

Facts and Figures

Full name: Stephen Richard Black
Birthplace: Woodford, Essex.
Birthdate: August 10th, 1949.
Club: Essex Beagles
School: Barking Abbey GS
Height and weight: 5'11", 154lb
Coach: Dave Green (advice from George Tymms)

Best Marks:

1963: 100-12.7, 110H (3'0")-16.8
 1964: 100-11.3, 220-26.5, 440-59.8,
 110H-14.6
 1965: 100-10.6, 220-24.2, 110H-14.0,
 120H (3'3")-16.1, (3'6")-16.7
 1966: 100-10.4, 220-23.2, 440-51.7,
 120H (3'3")-14.6, (3'6")-15.8
 1967: 100-10.2w, 220-22.6, 440-51.0,
 120H (3'3")-14.5, (3'6")-15.3, 330H-38.7

Boggis on record trail again

John Boggis (Leicester CAT) returned to age record-breaking form, at Leicester on December 17th, with a fine 14:13.0 three miles.

Young Athletes' Results

Derby S. 23, Mundella 65, at Derby, October 11th. 1, P. Lettan (D) 16.42; 2, J. Walters (D) 16.43.

Derby S. 16, City Boys 21, at Leicester, October 14th. 1, P. Russell (CB); 2, J. Walters (D). (U/15) City Boys 37, Dby S. 42. 1, B. Kelly (D); 2, I. Olivier (CB). (U/13) Dby S. 34, City Boys 44. 1, R. Hatfield (D); 2, J. Smith (CB).

Derby S. 39, Notts HS 41, at Nottingham, October 21st. 1, J. Walters (D) 20.56; 2, Roffey (N) 21.04.

Derby Borough League, at Southgate Schools, October 21st. (U/17) 1, Fairhurst (AW) 25.45; 2, Wyatt (AW); 3, Gill (AW). Team: Allestree Wood. 60. (U/15) 1, Atkin (Dby S) 18.33; 2, C. Peake (AW); 3, Kelly (D). Team: All. Wood. 92. (U/13) 1, Hatfield (D) 9.37; 2, Coppen (AW); 3, Hawley (AW). Team: All. Wood. 61.

Derby S. 45, Repton 62, Bemrose 69, at Bemrose, November 11th. 1, J. Walters (D) 25.16; 2, Lettan (D) 25.39.

Derby S. 29, Henry Mellish 51, at Nottingham, November 15th. 1, J. Walters (D); 2, D. Yeomans (D).

Derby S. 31, Herbert Strutt 49, at Derby, November 22nd. 1, eq. J. Walters & P. Lettan (D) 16.23.

Sheffield Univ. 29, Abbeyvale S. 49, December 2nd. 1, R. McGlynn (S) 19.17; 2, O. Maurer

Three LCAT athletes started out with him but the event was, it should be emphasised, a race and not a time trial. Conditions were rather cold and long-sleeved vests were essential, but all other factors proved perfect and the All-Weather track, as ever, was in excellent shape. All four starters wore "flats". Boggis' lap times were: 69, 69, 69.5, 69.5 (4:46.0), 71, 73, 72, 73 (9:25.0), 75, 72, 73, 67. The final time of 14:13.0 was just 5.4 seconds outside Bruce Kidd's world best by a 16-year-old and cut 15.6 seconds from Boggis' own British record. The other competitors were Wally Bent (14:08.0-pb), Peter Leake (14:10.0) and John Offord (14:11.0-pb) with the last-mentioned kindly supplying all above information.

The same afternoon John Boggis' perennial rival in breaking age records, David Bedford, was supposed to be attempting his own World "6" best in Birmingham. However he was a non-starter and is off all training for at least four weeks following a bone-fracture in his foot.

Help!

Would Peter Browne (QPH), Ian Forster (Burn Road), Chris Moreton (North Staffs) and Yurek Markowski (Notts AC) please return the questionnaire forms I sent them some 2-3 months ago.

(SU) 19.29; 3, S. Hall (AS) 19.31.

Holme VGS 43, Bilborough 53, Doncaster 91, at Doncaster, December 2nd. 1, Barnard (B); 2, Helby (B). (U/15) HVGS 19, Doncaster 46, Bil. 82. 1, Firth (HV); 2, Smeeton (D). (U/13) HVGS 26, Bil. 43, Doncaster 53. 1, Donkersley (HV); 2, Smith (HV). (U/12) HVGS 15, Don. 25. 1, Bellamy (D); 2, Smith (HV).

Ranelagh "B" 28, Emanuel S. 31, at Richmond Park, December 2nd. 1, D. Dunn (R) 22.45; 2, M. Perry (E) 23.10. Ranelagh Champ: Dunn.

Bristol Schoolgirls' Championships, at Bristol, December 2nd. (Inter) 1, S. Barnes (Henbury); 2, D. Haynes (Withywood). (Juniors) 1, D. Keegan (Withy); 2, A. Mitchell (Speedwell); 3, H. York (Hen).

Emanuel S. 10, Colfe's GS 33, at Petersham, December 6th. (O/16) 1, Perry (E) 25.17; 2, R. Hill (E) 25.52. (U/16) Eman. 14, CGS 23. 1, Morris (C) 21.38; 2, S. Hill (E) 21.42.

Diocesan C.C. Championships, at Newcastle, December 9th. (U/16) 1, K. Radford (St. Bedes) 21.05; 2, E. Quinn (St. Cuth) 21.16; 5, D. O'Brien (St. Jos) 21.25; 4, L. Jeffs (St. C) 21.42; 5, P. Devlin (St. C) 21.43; 6, A. Young (St. B). Teams: 1, St. Cuthberts 18; 2, St. Jos, Hebburn 39; 3, St. Bedes, Lancaster 53; 4, St. Aidans, Sund. 71; 5, St. Francis 93; 6, St. T. More 109. (U/14) 1, Feeney (St. C) 14.57; 2, J. McLoughlin (St. C) 14.59; 3, N. Hill (St. B) 15.06; 4, N. Murray (St. C) 15.07; 5, M. Measor

continued on page 26

USSR RESULTS

October 22nd, Tallinn. HT: Polyakov 214' 0" / 65.24 (OQ).

October 24th, Uzhgorod. Mar: Pzokonin 2:17:35, Zatselin 2:19:18.

November 18th/19th, Sochi. (Army Championships of European "Socialist" Nations) 100m: Romanowski (Pol) 10.4, Shipoklyev (Bul) 10.5, Kynos (Cz) 10.6, Burde (EG) 10.6; 200m: Burde 22.2 (21.9 ht), Romanowski 22.2, Badenski (Pol) 22.5; 400m: Badenski 47.1, Koricki (Pol) 47.6 . . . 4, Weiland (EG) 48.3; 800m: Szordykowski (Pol) 1:51.3, Jungwirth (Cz) 1:52.0 . . . 4, Raiko 1:52.3; 1500m: Szordykowski 3:47.1, Baran (Pol) 3:47.8, Raiko 3:48.2; 5000m: Diessner (EG) 14:16.6, Shamsurin 14:18.4, Makarov 14:19.2; 10,000m: Baidyuk 29:20.6, Krebs (EG) 29:58.8, I. Kiss (Hun) 30:01.4; 3000mSC: Naroditskiy 8:40.0 (OQ), Smitkowski (Pol) 8:42.6 (OQ), Rybachenko 8:42.8 (OQ), Szklarczyk (Pol) 8:54.2; 110mH: Balikhin 15.0; 400mH: Hopper (EG) 52.8, Kasakov 53.3; HJ: Bolshov 6'10 $\frac{1}{4}$ " / 2.10 (OQ), Ambaryan 6'8 $\frac{1}{4}$ " / 2.05, Yordanov (Bul) 6'7 $\frac{1}{2}$ " / 2.02, Burda (Cz) 6'7 $\frac{1}{2}$ " / 2.02; PV: Keidan 15'9" / 4.80 (OQ), Wecek (Pol) 15'1 $\frac{1}{4}$ " / 4.60; LJ: Lepik 26'3 $\frac{1}{2}$ " / 8.02 (OQ), Borkovskiy 25'5 $\frac{1}{2}$ " / 7.76 (OQ), Ponomaryenko 24'11 $\frac{1}{4}$ " / 7.61 (OQ), Sazevich 24'11 $\frac{1}{4}$ " / 7.60 (OQ), Kalocsai (Hun) 24'9 $\frac{1}{4}$ " / 7.56; TJ: Cziffra (Hun) 53'8" / 16.36 (OQ), Jaskolski (Pol) 53'7 $\frac{1}{4}$ " / 16.34 (OQ), Nemovsky (Cz) 52'8 $\frac{1}{4}$ " / 16.07 (OQ), Kalocsai 52'5 $\frac{1}{4}$ " / 15.98; SP: Karasyov 59'6 $\frac{1}{2}$ " / 18.15, Holub (Hun) 58'10 $\frac{1}{4}$ " / 17.95, Skobla (Cz) 58'0 $\frac{1}{4}$ " / 17.69, Fejer (Hun) 57'5 $\frac{1}{2}$ " / 17.51; DT: Losch (EG) 190'9" / 58.16 (OQ), Piatkowski (Pol) 188'0" / 57.32 (OQ), Begier (Pol) 184'4" / 56.20; HT: Klim 230'11" / 70.38 (OQ), Nikulin 206'5" / 62.92; JT: Lusis 271'11" / 82.88 (OQ), Stolle (EG) 242'5" / 73.90; Dec: Wessel (EG) 7416 (OQ), Lanka 7310 (OQ), Shchebatikh 7138, Shchelnokov

7092; 4x100m: E. Germany 40.7; 4x400m: Poland 3:13.8; 30km run: Busch (EG) 1:35:47, Toth (Hun) 1:37:44.8, Baikov 1:38:00; 20km walk: Agapov 1:30:48, Patus (EG) 1:30:48, Dalmati (Hun) 1:38:41.

November 24th, Rovno. HT: Anatoliy Bondarchuk 228'1" / 69.52 (OQ) (6 throws of 218'7" / 66.62 or better).

INDOOR ATHLETICS LEAGUE

The first indoor athletics league to be organised in Britain starts on February 11th, with further meetings on February 25th and March 10th—all to be staged at the Recreation Hangar, Derby Road, Loughborough. The competing clubs are Birchfield, Dunlop, Leicester Univ., Loughborough Colleges, Loughborough Univ., Nottingham Univ., Notts AC and Wolverhampton & Bilston. Events are 45y, hurdles, HJ, PV, LJ, TJ and SP.

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The leaders soon after the start of the Hog's Back Road Race, won by Allan Rushmer (between No. 415 Alan Jones and No. 21 Geoff North).



Ron Linstead

Welsh Notes

By Bernard Baldwin

ANOTHER mass turn-out expected for Nos Galan: As usual entries have been coming in slowly but another mammoth turn-out is expected this year. With a week to go to the closing date some 300 entries had been received for the 4 events but last year's total of 838 can still be reached and surpassed. The expected rumours have been voiced about possible cancellation through the foot and mouth epidemic but the Ministry of Health for Glamorgan and a senior official of the Ministry of Agriculture have both assessed the risk as being so slight as to be negligible, and have authorised the "go ahead". The local police were more dubious but have bowed to these views. Runners are urged to discount rumours and to set out early so as to give the organisation, which is always stretched to the limit, a chance. Anyone who has not requested overnight accommodation is going to find there is none to spare.

Last year's four miles provided the most exciting team race since the event's inception in 1958. Derby & County took the Ken Norris Trophy but a single point separated each of the first four teams. Team managers must declare their teams early in the evening to

avoid the last-minute rush for numbers, etc., which will be issued throughout the day.

John Whetton, record-holder (4:06.2) in the hilly mile, hopes to make it his sixth consecutive win this year. Women's mile title-holder Rita Lincoln has been quiet all winter but should again start favourite. Ron Jones looks set for a hat-trick in the 100. Sadly Lynn Davies will not be competing as he sprained an ankle trampolining at Cardiff College last week, so he can only fill the role of spectator on this occasion. He is extremely disappointed, particularly since the hamstring injury incurred in Cuba has only now completely healed up.

Clive Williams has produced a most comprehensive list of records and best performances for inclusion in the Welsh AAA Annual Report, due out at the end of January. He has a small number of spare copies available and will supply one, free of charge, on receipt of a stamped addressed envelope. Write to him at 28 Westbourne Road, Penarth, Glamorgan. Clive is still working on the supplement to the Association's Records and History booklet.

South Wales League, at Brynmill, December 9th. 1, R. Hazlewood (UC Swansea) 26.55; 2, J. Evans (Neath) 27.10; 3, J. O'Brien (Pt. Talb) 27.15; 4, R. Fewtrell (UCS) 27.25; 5, J. Griffiths (Swan. H) 27.30; 6, R. Pullen (Neath) 27.40. Teams: 1, Univ. College, Swansea 92; 2, Swansea H. 69; 3, Neath 61; 4, Port Talbot 59; 5, UCS 50; 6, Bridgend YMCA 37.

Looking ahead to Mexico

All the record-holders in athletics, swimming and weight-lifting... Lynn Davies in colour... Colin Young and Roger Gynn on road-walking and marathon statistics. Also rugby union, cricket, pictures of the year, sports centres by Tony Ward.

WORLD SPORTS

JANUARY ISSUE

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2/6

Irish Notes

By BRENDAN DEARY

MIKE BULL almost gives up pole vaulting: "If I hadn't been able to get an indoor training area I was thinking of giving up vaulting altogether and concentrating on the decathlon" said Mike Bull recently. But happily his problem has been resolved. Through the help of Tom McAuley, whom he met whilst returning from a training session at RAF Stanmore, he now has the use of a timber warehouse at Harland & Wolff, Belfast. Tom, Mike and Mike's father, John Bull, have built a run-up and pit in the warehouse. For the construction of the run-up alone McAuley had to secure £100-worth of wood. Tom McAuley is a former Irish pole vault champion (11'6" in the early 1950's) and is currently best-known as President of the Bangor Lions, a group of young business and professional men pledged to raise money for charity who have raised nearly £2,000 during the four years of its existence.

Lost to Irish athletics are Bobby Buckley and Bill Robinson. Buckley (21), one of Ireland's most promising athletes from Mallow, Co. Cork, has given up his job to study for the priesthood at the African Mission Novitiate, Galway. He first came into prominence at the 1965 Tailteann Games and since then has developed as a cross country and road race performer. Every good wish is extended to this young man in his new calling.

Similarly, good luck to Bill Robinson who emigrated to Australia on December 3rd. A mainstay of his club, he will be sorely missed.

Foot and Mouth Precautions: As part of the foot and mouth precautions the BLE has ruled that no Dublin athletes are to compete outside their county for at least a month. During that period no permission will be granted to compete in England. This has resulted in Ann O'Brien's trip to the Nos Galan Races, sponsored by the Welsh/Irish Hibernian Club, being cancelled. Her immediate aim is the Mexico 800 metres and to this end she is training hard with distance man Noel Henry.

McConnell Shield "Junior" 5M. C.C., at Ballyclare, November 18th. Matt Wilson certainly proved the old saying "if at first you don't succeed . . ." when he recently won this event at the seventh attempt. He has thrice been the runner-up and placed fourth last year. Early on Matt was closely shadowed by Eddie Smyth and Cyril Pennington but going into the final lap the result was a foregone conclusion. Wilson finally won comfortably from his team mate, Smyth, but Tom Price came up to snatch third. Paul O'Hare, who was fifth, had a busy week-end with a win in a school event the following day. With six finish-

ing in 15 the team event was a cake-walk for Ballydrain. Much has been written about the club's revival this season but a lot of the credit must go to brothers John and Frank Bathgate who have been tireless in their efforts to reproduce the Canavan-Marshall-Nelson era. The four miles race was dominated in similar fashion by North Belfast with Mike Teer taking the individual honours. Nomad Roy Kernaghan finished second but was disqualified for failing to wear a number.

1, M. Wilson (B'drain) 27.01; 2, E. Smyth (B'drain) 27.15; 3, T. Price (B'drain) 27.35; 4, C. Pennington (Willow) 27.39; 5, P. O'Hare (Dun. H) 28.10; 6, J. Allen (Will) 28.16; 7, J. Magill (Queen's Un) 28.19; 8, D. Price (B'drain) 28.30; 9, J. McClenaghan (ind) 28.35; 10, S. Elliott (Co. Ant) 28.37; 11, L. Murdock (Dun. H) 28.38; 12, J. Hayes (B'drain) 28.40; 13, R. Newton (Co. Ant) 28.51; 14, J. Campbell (Will) 29.09; 15, J. McNeilly (B'drain) 29.18; 16, H. McAvoy (N. Bel) 29.21; 17, M. Hamilton (Nom) 29.25; 18, A. Breen (Dun. H) 29.42; 19, A. Atkinson (Albert) 29.43; 20, J. Irwin (Dun. H) 29.47. Teams: 1, Ballydrain 39; 2, Duncairn H. 107; 3, Willowfield TH 129; 4, County Antrim 148; 5, Duncairn Nomads 197; 6, Queen's Univ. 200; 7, East Antrim 292; 8, North Belfast 292.

("Senior" 4M) 1, M. Teer (NB) 21.16; 2, K. McCormick (NB) 22.01; 3, I. Morrison (B'drain) 22.19; 4, D. Seaton (NB "B") 22.36. Team: North Belfast 9.

Donore Harriers "Half-Marathon" (13½M) C.C. at Phoenix Park, Dublin, November 25th. Confusion reigned in the closing stages. Less than two miles from the finish the leading trio of Eddie Spillane, John Sheridan and Des McCann took a wrong turning which took them completely off course and allowed Jim McNamara to come through and snap up the individual honours. It was certainly tough luck on the three leaders, one of whom would undoubtedly have won the race otherwise. The short-route struggle was eventually won by Sheridan from McCann and then Spillane. A fourth competitor, Avondale's Hugh Duffy, also went off course and had to be disqualified.

Spillane had done all the early work with Sheridan always lying dangerous about 75 yards back. At the halfway stage Spillane had to check while taking a turn and lost some ground. With four miles remaining Sheridan closed the gap right up and took over the pace-making a mile later. However, he failed to take a left turn and led Spillane and McCann off course. With the leading trio out of the race, Danny McDaid took over the lead as Tom Byrne was called back after he, too, almost went astray. McDaid held the initiative until half a mile from home when he was overhauled by McNamara who won by some ten yards.

1, J. McNamara (Don) 69.48; 2, D. McDaid

(Cranford) 69.50; 3, T. Byrne (DCH) 70.14; 4, W. Dunne (Don) 70.19; 5, G. Kavanagh (Inchinore) 70.56; 6, J. Mooney (St. Augustines) 71.25; 7, T. Redican (Don) 71.59; 8, T. Bosheil (St. Aug) 72.40; 9, T. Bryans (Don) 72.59; 10, M. Ahern (Don) 73.03; 11, P. Byrne (CS) 73.14; 12, S. Callan (St. Aug) 73.25. Teams: 1, Donore 26; 2, St. Augustine's 26.

Advance notice: The 8-stage Donore Harriers 40 miles Road Relay will start in Dublin. Further details on the race, which is to be held on April 13th, 1968, from D. Lynskey, 2 Ardagh Road, Crumlin, Dublin 12, Eire. This year's event attracted three English entrants.

Shorts: Best wishes for a speedy recovery go to Clonliffe Ladies' captain, Ursula Smith, who is at present in hospital following an operation . . . Frank Cahill, the 67-year-old "Grand Old Man" of Irish athletics, recently made his umpteenth appearance in the Donore Invitation race . . . George Dennis, Irish Junior cross country champion in 1961, has now made a return to the sport and is showing good form in Clonliffe club races.

East Antrim H. "Kirkpatrick Cup" 6M. C.C. Handicap, December 2nd. 1, B. McAdam 36.34; 2, H. Henry 36.39; 3, A. Stewart 37.03. Fastest time: J. Sempey 36.03.

Donore H. Road Race, December 9th. Eddie Spillane (27) made up for his recent disappointment in his club's Half Marathon, when he went off course, by scoring a good win. After a slippery initial 250 yards he went ahead as the pace settled down. Tom O'Riordan, who was having his first run (training or racing) for almost six months owing to injury, soon challenged. However Eddie held on to finish first though some way outside Mick Connolly's course record (6.39). 1, E. Spillane (Don) 6.53; 2, T. O'Riordan (Don) 6.57; 3, M. Flood (South Dublin) 6.59; 4, T. Byrne (Dublin City) 7.01; 5, D. Byrne (Don) 7.03; 6, W. Dunne (Don) 7.05.

Crusaders 4½M. Road Race, at Ballsbridge, Dublin, December 10th. Showing no signs of tiredness after the previous day's exertions Eddie Spillane once again moved into an early lead and at two miles was some 300 yards ahead of the chasing bunch. At this point his team mate John Sheridan started to give chase and, producing some power-packed running, had cut the gap to 30 yards with a mile remaining. But then Eddie's recent training (he has not missed a daily stint for four months) started to pay dividends. He started to apply pressure and opened the gap to safer proportions. 1, E. Spillane (Don) 25.03; 2, J. Sheridan (Don) 25.22; 3, W. Dunne (Don) 25.29; 4, eq. J. Douglas & T. Byrne (Dublin City) 25.32; 6, C. Holohan (Don) 26.03; 7, M. Connolly (Don) 26.08; 8, T. Redican (Don) 26.13. 92 started.

Australian News

November 18th, Sydney. 800m: Ralph Doubell 1:50.6; women's 400m: Sandra Brown 56.2, Cheryl Peasley 57.2, Jackie Byrnes & Jennifer Lamy 57.5; JT: Margaret Parker 150' 3"/45.80.

November 18th, Melbourne. 120yH: Mal Baird 14.1w (OQ); women's JT: Petra Rivers 138'0"/42.06.

November 25th, Newcastle (NSW). Brother and sister high jumpers Peter Wright and Carolyn Wright soared over 6'7½"/2.025 (personal best) and 5'6"/1.675 respectively.

November 25th, Sydney. 100m: Richard Gurr 10.5, Chris Topp & Rod Bashford 10.6.

November 25th, Melbourne. Women's 80mH: Pam Kilborn 10.7 (OQ), Dianne Pease 10.9.

November 28th, Perth. 10,000m (66y over): Tim Walsh 30:17.6 (29:03 at 6M), Keith Wheeler 30:46.0 (29:15); women's 400m: Joyce Bennett 56.7, Kath Holland 57.0.

December 2nd, Newcastle. Women's 80mH/HJ: Wright 11.4 & 5'7½"/1.715 (OQ; her best since 1962).

December 2nd, Narrabi (NSW). Women's 200m: Denise Dunham 24.6.

December 2nd, Melbourne. 880y: Noel Clough 1:52.9; HJ: Ian Moss 6'6"/1.98; LJ(A): Mike McGrath 24'0"/7.31; LJ(B): Allan Crawley 23'10½"/7.27.

December 2nd, Brisbane. Women's DT: Joan Pringle (17) 142'5"/43.41.

December 9th, Perth. Women's 200m: Bennett 24.7; 80mH: Jennifer Jones 11.1.

December 9th, Adelaide. 100m: Ivone Kirkpatrick 10.5w; TJ: Graham Boase 52'4"/15.95; JT: Reggie Spiers 231'10"/70.66; women's 100m: Roslyn Owens (17) 11.9; 400m: Judy Tapfield 57.1; 200mH: Jan Riley 28.0, Pam Taplin 28.6.

December 9th, Sydney. 100m: Bob Lay 10.6; 1500m: Bruce Adams (17) 3:54.0; HT: Tom Mullins 180'0"/54.86; JT: Sigismund Koscik 229'2"/69.85; women's 200m: Jennifer Lamy 24.0 (OQ), Dunham 24.6, Alison Ross-Edwards 24.9; 800m: Peasley 2:12.2; 80mH: Maureen Caird 10.9, Pease 11.1; LJ: Caird 18'11"/5.76; DT: Jane Adams 162'5"/49.51.

December 9th, Melbourne. (Mentone) 100y: Greg Lewis 9.5, Gary Holdsworth 9.6, Phil May 9.8; Mile: Ron Clarke 4:07.4, John Coyle 4:12.0, Tony Cook 4:15.0; PV: Trevor Bickle 15'1"/4.60, Mike Sullivan 14'6"/4.42; TJ: May 51'3½"/15.63. (University Oval) 440y: Gary Eddy 48.0, Clough 48.9; PV: Ross Filshie & Ed Johnson 14'6"/4.42; TJ: McGrath 50'8½"/15.45. (Olympic Park) Mile Walk: Noel Freeman 6:43.6, Ross Haywood 6:47.0. (Royal Park) 100m/800m: Judy Pollock 11.9/2:06.3; 800m(B): Brenda Carr 2:14.5; DT: Jean Roberts 162'7"/49.56.

Bernie Cecins

COLIN CAMPBELL

answers the A.W. Questionnaire



Colin Campbell on international relay duty.
Fionnbar Callanan

Full name :

Colin William Ashburner Campbell.

Birthplace and date :

London, 20.6.46.

Height and weight :

6'1", 166lb.

Clubs :

Polytechnic Harriers and Jersey AC.

Occupation :

Bank clerk.

Personal best marks :

100m—10.7, 200m—22.0, 400m—46.6 (45.8 relay leg), 880y—1:52.4.

Which performance has given you most pleasure ?

Against Hungary in 1967; not completely because of the time (46.6) but because of first win against Tim Graham.

How many days a week do you train ?

7 during winter, 6 during summer.

At what time of day do you train ?

Evening.

How long are your training sessions ?

Approx. 1-1½ hours, including warmup and warmdown.

Please describe your warmup :

880y to ¼ mile jogging, followed by approx. 10 minutes stretching/flexibility work, and finish with 4-6 strides (gradually increasing speed, last two at maximum—length 60 to 80 yards).

Please give details of a typical week's training in winter :

Monday : 4 miles road run.

Tuesday : Weights.

Wednesday : Badminton (rest from training by changing type of work).

Thursday : 2½ or 5 miles road run.

Friday : Weights.

Saturday : 1 hour fartlek or training camp.

Sunday : Hill sessions or training camp.

Revert to track sessions on Saturday/Sunday in February-April period.

Please give details of a typical week's training in summer :

Monday : 4 x 220.

Tuesday : Badminton (recreational work).

Wednesday : Club meeting (100, 220 and relay) or 3 x 350 training session.

Thursday : 3 x 4 x 100 or 6 x 120.

Friday : Rest.

Saturday : Race.

Sunday : 6 x 150 or 3 x 300.

Sessions vary greatly from week to week, so above is a very general example.

Please give details of weight training :

No set session. Last winter I did a lot of leg strength to help a knee injury from 1966. Sessions form a circuit and include : (1) Clean; (2) Bench Press; (3) Abdominals; (4) Leg Press; (5) Heel raising with special apparatus.

Coach :

John Le Masurier.

How much of your success is due to coaching ?

Difficult to say, because relationship has always been of equals, with training etc. decided upon after joint discussion. As most of my training is on my own it is up to me what and how much work I do in any particular session.

How many days rest do you like before competition ?

One.

How often do you like to compete ?

Once per week, with occasional mid-week club meetings (running in 100 and 220).

What are your targets ?

Olympic medal next year and/or in 1972, and to continue improving.

What advice would you offer the young athlete or novice ?

Never admit defeat before a race because your opponents have run faster. They have more to lose and probably are just as nervous. Train hard, race hard, and you will find all the satisfaction and enjoyment that you want, and meet many new friends.

Annual progress at 400m/440y:

1963	50.6y	1966	47.3y
1964	48.4y	1967	46.6m
1965	46.9m		

Who's Who in British Athletics

Shara Spragg

Full name: Shara Anne Helen Spragg. Born at Cheltenham (Glos), 21.5.51; 5'4", 121lb; 33-26-38; 70 pulse at rest; student; Cheltenham & County Ladies AC; single; coached by Bill Spragg (father); lives at Cheltenham.

"Out of interest, in 1964, I had a throw with the javelin to see if I was any good. I threw about 60ft., so I persevered to get into the Cheltenham & District Championships, which were held the following week. At the championships I won with a throw of 105'5". This was when I was 12 years old and I realised I had some kind of ability that could not be wasted". Began at sprinting; favourite events now are javelin, discus and shot. Best marks: 100y—12.3 (1966), HJ—4'5"/1.345 (1965), SP—30'9 1/2"/9.38 (1965), JT—147'0"/44.81 (1967). Annual javelin progress: 1964—105'5"/32.13, 1965—113'0"/34.44 & 116'4"/35.46 downhill, 1966—139'4"/42.47 & 141'4"/43.08 downhill, 1967—147'0"/44.81. WAAA & English Schools junior champion 1965; English Schools intermediate champion 1966 & 1967.

Most pleasing performance came at the 1966 English Schools Championships — "My first throw was 137ft. and this brought a man running to me with a form to fill in for an international team, but to top it all off my winning throw was 141'4"—this beat the senior winner by 7ft." Greatest disappointment: the Schools International in Belfast in 1966—"I was hoping to beat 141ft. but my ambition was too high and I threw 139ft.; this was an anticlimax". Next year's target is 155ft.; all-time goal is the Olympics. Intends competing "until it brings no more satisfaction or until my body can't stand the strain".

Most likes "the great satisfaction received after success, and the social life". Dislikes "the

hard but necessary work done in the winter months when an athlete is made". View of administration: "Still at an undeveloped stage with nothing offered to the mediocre athlete. Changes are being made slowly besides the lack of financial support and popularity (unlike football) from the public. I think that athletics is being administered fairly well considering the weakness of athletic facilities. Money is a big problem!" Sister Jane (18) has thrown javelin 106ft.

John Robertson

Full name: John Wesley Buckland Robertson. Born at Tunbridge Wells (Kent), 22.2.42; 6'0 1/2", 147lb; 36" chest; 48 pulse at rest; entertainments and publicity manager; Barry Harriers & South London Harriers (2nd claim); married, two daughters (5 & 1 1/2); coached by Graham Fraser; lives at Barry (Glamorgan).

Became interested in athletics at school in 1956: "Began with cross-country and in 1957 found that I preferred 440 yards. Interest rekindled in 1967 after a couple of years of virtual retirement". Favourite events are 440y, 220y and 880y in that order. Best marks: 100y—10.0 (1967), 220y—21.9 (1967), 440y—47.7 (1967), 880y—1:54.4 (1967), 440yH—57.0 (1963). Annual progress at 440y & 880y: 1957—57.1; 1958—53.0; 1959—52.1; 1960—49.2, 1:56.1; 1961—48.6; 1962—48.7, 1:54.5; 1963—49.1; 1964—48.1; 1966—49.4; 1967—47.7, 1:54.4. GB international 1967.

Most pleasing performance was "1967 AAA Championships when I finished fourth in a personal best 47.7". No particular disappointment. Next year's goal is "to make the Olympic team"; all-time ambition is "to break the British record at 440 or 880 yards". Intends competing "as long as my work permits". Most likes "the sense of achievement in winning or



John Robertson (second from right) practising starts at a Welsh Conditioning Camp. On his immediate right is international long jumper Gwyn Williams.

Gordon Roberts

Mel Edwards, who eventually finished third, leading in the 1964 Scottish 3 miles championship from Lachie Stewart (2nd) and Fergus Murray (1st).



Stuart Burgess

putting up a personal best performance". "Used to dislike training but am now enjoying the challenge of my present schedule". View of administration: "No complaints".

Mel Edwards

Full name: Meldrum Barclay Edwards. Born in Aberdeen, 2.12.42; 5'11½", 142lb; 38" chest; 36 pulse at rest; civil engineer; Aberdeen AC & Thames Valley Harriers; single; no coach—"but correspond with Scottish National Coach John Anderson, whose suggested workouts I have found to be extremely beneficial"; lives in Southampton.

Became interested in athletics at school—"It has been my favourite sport since the age of six, but decided to do athletics only from 1960 (when inspired by watching Rome Olympics on television)". Began at 440y (68.4 at age 11). Favourite events now are "all road races and road relays". Best marks: 440y—51.7 (1960), 880y—1:56.6 (1963), Mile—4:11.8 (1964), 2M—8:56.2 (1967), 3M—13:48.6 (1964), 6M—28:27.0 (1967), Mar—2:18:25 (1967). Annual progress at 3M upwards: 1962—15:15.0; 1963—14:40.0; 1964—13:48.6; 1966—13:52.0; 1967—13:51.6, 28:27.0, 2:18:25. Scottish junior cross-country champion 1964.

"No single good performance has been the most pleasing because I find it harder and harder to be satisfied with any of my performances as world standards rise. However, at the time, winning the Scottish junior cross-country

title and knocking 23 sec. off my 3 miles in one race in 1964 were encouraging performances. Running 2:18:25 in my first marathon was also a thrill". Greatest disappointment was "being injured all 1965". Next year's target is "to make the Olympic team in marathon"; all-time goal is "gold medal at Olympic, European or Empire Games". Intends competing "until at least 1976".

Most likes "the opportunity to participate in a strenuous sport in an over-civilised society; the fact that success is (in my case anyway) proportional to the effort in training; the chance to make acquaintances from abroad and all parts of the country". Dislikes "enforced lay offs from training". View of administration: "No strong views. However, there seems to be a lack of priority in Government support for athletics as compared with other European nations".

BOOKS RECEIVED

Application of Measurement to Health & Physical Education by H. Harrison Clarke (Prentice Hall International, 70/-).

Basketball by Ray Meyer (Prentice Hall Int., 48/-).

Cycling Manual by R. John Way (Temple Press, 12/6d.).

Fencing with the Foil by Roger Crosner (Faber & Faber, 35/-).

Fencing with the Sabre by Roger Crosner (Faber & Faber, 30/-).

Illustrated Physical Education through Gymnastics by Laszlo Szabo (Angus & Robertson, 30/-).

Methods & Materials in Recreation Leadership by Maryhelen Vannier (Prentice Hall Int., 60/-).

Team Basketball by Frank McGuire (Prentice Hall Int., 52/-).

The Hairy Man's Book of First Aid by Dr. L. Pheasant (Michael Wolfe, 5/-).

The Manual of Weight Training by George Kirkley & John Goodbody (Stanley Paul, 25/-).

The Science of Movement by R. & B. Tricker (Mills & Boon, 45/-).

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U.K. WOMEN'S "TOP TWENTY" 1967

Compiled for the NUTS by Cliff Temple

Wind-assisted or otherwise unacceptable marks have been omitted. Amendments or additions will be gratefully received by Cliff Temple, "Heathwood", 11 Cherry Garden Avenue, Folkestone, Kent.

100 YARDS

10.7	Wendy Kavanagh (Liverpool)	3.6
10.7	Anita Neil (LOAC)	24.6
10.7	Denise Ramsden (Hickleton M)	4.9
10.8	Jannette Champion (Lady M. CPE)	15.7
10.8	Patricia Pennycook (Maryhill)	27.8
10.9	Valerie Wild (Hickleton M)	30.6
10.9	Della James (LOAC)	30.6
10.9	Jennifer Pawsey (Mitcham)	30.6
10.9	Maureen Tranter (Wolv & B)	22.7
10.9	Janet Simpson (LOAC)	19.8
11.0	Mary Rand (LOAC)	25.3
11.0	Patricia Jones (Birchfield)	10.5
11.0	Sheila Cooper (Hickleton M)	3.6
11.0	Susan Midgley (Spenborough)	3.6
11.0	Vivien Flett (Bury)	8.6
11.0	Patricia McElroy (Bristol)	17.6
11.0	Barbara Jones (LOAC)	30.6
11.0	Kathryn Nelson (Rolls Royce)	26.8
11.0	Elizabeth Johns (Roath)	28.8
11.1	Gloria Dourass (Small Heath)	29.4
11.1	Angela Birch (Brighton)	13.5
11.1	Ida Nobbs (Horden)	3.6
11.1	Anne M. Wilson (Western)	3.6
11.1	Maureen McLeish (Perth Strathday)	3.6
11.1	Adrienne Lynch (Ballymena)	10.6
11.1	Mary Peters (Spartan)	10.6
11.1	Susan Scott (Birchfield)	24.6
11.1	Shena Willshire (Hayes)	30.6
11.1	Valerie Surety (Ilford)	30.6
11.1	Ann S. Wilson (Southend)	2.7
11.1	Jean O'Neill (LCAT)	15.7

11.1	Lynn Ryan (Birchfield)	26.8
11.1	Elizabeth Board (S'ton)	4.9

100 METRES

11.4	Della James (LOAC)	2.8
11.6	Anita Neil (LOAC)	3.6
11.7	Margaret Critchley (Bristol)	24.6
11.8	Maureen Tranter (Wolv & B)	3.6
11.8	Jill Hall (ex-Mitcham)	4.11
11.9	Mary Rand (LOAC)	17.3
11.9	Patricia Jones (Birchfield)	15.10
12.0	Patricia McElroy (Bristol)	3.6

220 YARDS

(* 200m time plus 0.1)

23.9	Della James (LOAC)	11.6
23.9*	Maureen Tranter (Wolv & B)	15.9
24.0*	Mary Rand (LOAC)	17.10
24.1	Shena Willshire (Hayes)	1.7
24.3	Patricia Jones (Birchfield)	10.5
24.3	Jennifer Pawsey (Mitcham)	1.7
24.4	Valerie Wild (Hickleton M)	1.7
24.4	Jannette Champion (Lady M. CPE)	15.7
24.5	Janet Simpson (LOAC)	19.8
24.6*	Margaret Critchley (B'ham Un)	25.6
24.6	Lillian Board (LOAC)	22.7
24.7	Ruth Rintoul (Maryhill)	17.6
24.7	Kathryn Nelson (Rolls Royce)	15.7
24.8	Wendy Kavanagh (Liverpool)	3.6
24.8*	Barbara Jones (LOAC)	25.6
24.8	Patricia Pennycook (Maryhill)	27.8
24.9	Angela Birch (Brighton)	11.6
24.9	Alison Robb (ESH)	17.6
24.9	Margaret Cheskin (ex-Mx LAC)	23.6
24.9	Ida Nobbs (Horden)	15.7
25.0*	Irene Gould (Chelmsford)	2.7
25.0	Vivien Flett (Bury)	15.7
25.0	Maureen McLeish (Perth Strathday)	19.8



A highly talented foursome: left to right—Mary Rand, Lillian Board, Maureen Tranter and Shena Willshire. Occasion for the smiles was breaking the UK 4x200 metres relay record at the White City in September.

Ed Lacey

440 YARDS

(* 400m time plus 0.3)

53.1*	Lillian Board (LOAC)	9.7
54.4*	Rosemary Stirling (Wolv & B)	22.9
54.8*	Mary Green (Norfolk O)	29.7
55.7	Barbara Lyall (Tayside)	1.7
55.8	Gloria Dourass (Small Heath)	1.7
56.0	Anne Smith (Mitcham)	11.6
56.3	Rosemary Godsalue (Thanet)	30.6
56.3*	Patricia Lowe (Birchfield)	22.7
56.4*	Margaret Cheskin (ex-Mx LAC)	23.6
56.5	Mary Rand (LOAC)	27.3
56.5	Maureen Tranter (Wolv & B)	12.8
56.8	Lynda Hodgetts (Pilkington)	12.8
56.9*	Thelwyn Bateman (Cov. Godiva)	3.6
56.9	Brenda Mason (Ilford)	22.7
56.9	Jane Caffall (Mx LAC)	5.8
56.9	Christine Jefferson (Sale)	26.8
57.1	Joan Page (Cambridge H)	22.7
57.2	Elizabeth Parncutt (Thanet)	13.5
57.2	Pamela Piercy (Hull Achilles)	24.6
57.3	Margaret Fribben (LOAC)	30.6
57.3	Vivien Flett (Bury)	12.7

880 YARDS

(* 800m time plus 0.8)

2:04.4	Anne Smith (Mitcham)	27.5
2:06.4*	Patricia Lowe (Birchfield)	22.9
2:06.6*	Pamela Piercy (Hull Ach)	29.7
2:07.1*	Iris Lincoln (Essex L)	28.6
2:07.7	Sheila Taylor (Cov. Godiva)	4.7
2:08.7	Lillian Board (LOAC)	14.6
2:09.2	Joan Page (Cambridge H)	1.7
2:09.5	Jane Perry (Sheff. Univ)	30.6
2:10.5*	Patricia Brown (ULAC)	4.9
2:10.6	Rosemary Stirling (Wolv & B)	23.7
2:10.9	Pauline Moulton (Verlea)	1.7
2:11.0	Margaret Moir (Barnet)	1.7
2:11.2	Mary Green (Norfolk O)	26.8
2:12.4	Christine Jefferson (Sale)	15.7
2:12.5	Rita Lincoln (Essex)	5.8
2:12.9	Phyllis Perkins (Ilford)	18.6
2:12.9	Brenda Mason (Ilford)	18.6
2:13.0	Thelwyn Bateman (Cov. Godiva)	4.7
2:13.1	Marie Herron (Scunthorpe)	15.7
2:13.3	Norine Braithwaite (Lancaster)	22.7

1 MILE

4:37.0	Anne Smith (Mitcham)	3.6
4:46.0	Rita Lincoln (Essex)	18.7
4:53.4	Sheila Taylor (Cov. Godiva)	24.6
4:55.0	Gabrielle Carpenter (Cov. Godiva)	24.6
4:55.4	Joy Jordan (Guildford)	1.7
4:58.2	Iris Lincoln (Essex)	6.5
4:59.2	Jane Perry (Sheff. Univ)	6.5
4:59.3	Patricia Brown (ULAC)	6.5
4:59.3	Margaret Moir (Barnet)	28.8
5:01.0	Christine Jefferson (Sale)	28.8
5:04.8	Joyce Smith (Barnet)	14.6
5:05.3	Phyllis Lewis (Bury)	28.8
5:05.9	Margaret MacSherry (Camb. H)	28.8
5:06.7	Dian Elliott (Barnet)	5.8
5:07.2	Christine Ward (LOAC)	12.8
5:07.8	Brenda Mason (Ilford)	1.7
5:11.6	Brenda Robinson (Bury)	3.6
5:11.8	Patricia Thacker (Brighton CE)	20.5
5:12.0	Maureen Conlan (Dartford)	30.6

5:12.6	Gillian Tivey (Derby)	24.6
5:12.6	Bridget Cushen (Hercules)	30.6
Indoors :		
5:02.1	Dian Elliott (Barnet)	11.2
5:09.3	Angela Toms (Barnet)	11.2

80 METRES HURDLES

10.6	Patricia Jones (Birchfield)	17.7
10.8	Ann S. Wilson (Southend)	2.8
10.8	Mary Rand (LOAC)	19.10
11.2	Irene Powder (Highgate)	4.9
11.3	Maxine Botley (Rainham)	20.5
11.3	Patricia Pryce (Hillingdon)	3.6
11.3	Linda Griffith (Mitcham)	1.7
11.3	Sheila Garnett (Chelsea CPE)	1.7
11.3	Susan Scott (Birchfield)	19.8
11.4	Jean White (ex-Sutton)	14.1
11.4	Patricia Whitehead (Stoke)	2.4
11.4	Linda Carruthers (Maryhill)	3.6
11.4	Lynda Smith (Pembroke)	10.6
11.4	Christine Perera (Stretford)	1.7
11.4	Eileen Dawson (Dartford CPE)	1.7
11.4	Lindsay Cooke (Millfield)	8.7
11.5	Maevie Kyle (Ballymena/RoI)	6.6
11.5	Mary Peters (Spartan)	10.6
11.5	Linda Cheney (Surrey)	17.6
11.5	Christine Taylor (Cov. Godiva)	1.7
11.5	Sandra Dyson (Bury)	1.7
11.5	Susan Hayward (Middx L)	2.9

100 METRES HURDLES (2'9")

13.7	Christine Perera (Stretford)	3.6
13.8	Patricia Jones (Birchfield)	30.6
14.1	Mary Rand (LOAC)	28.8
14.1	Irene Powder (Highgate)	9.9
14.3	Eileen Dawson (Dartford CPE)	30.6
14.3	Sheila Garnett (Chelsea CPE)	30.6
14.5	Patricia Pryce (Hillingdon)	3.6
14.5	Christine Taylor (Cov. Godiva)	30.6
14.5	Maxine Botley (Rainham)	30.6
14.6	Patricia Whitehead (Stoke)	30.6

200 METRES HURDLES

27.3	Patricia Jones (Birchfield)	22.7
27.6	Sandra Dyson (Bury)	22.7
28.0	Christine Perera (Stretford)	22.7
28.7	Christine Taylor (Cov. Godiva)	22.7
29.0	Susan Hayward (Middx L)	22.7
29.3	Patricia Whitehead (Stoke)	22.7

HIGH JUMP

5'8 $\frac{1}{2}$ "	Linda Knowles (Chelsea CPE)	8.7
5'8"	Dorothy Shirley (Spartan)	3.6
5'6 $\frac{1}{2}$ "	Barbara Inkpen (Aldershot)	16.9
5'6 $\frac{1}{2}$ "	Frances Slaap (ex-Hillingdon)	12.2
5'6"	Gwenda Hurst (Hillingdon)	20.5
5'6"	Yvonne Saunders (Stretford)	15.7
5'5"	Patricia Veals (Bury)	3.6
5'5"	Susan Dennler (Maryhill)	9.8
5'4 $\frac{1}{2}$ "	Mary Peters (Spartan)	10.6
5'4 $\frac{1}{2}$ "	Ruth Watt (Edinburgh SH)	8.8
5'4 $\frac{1}{2}$ "	Mary Rand (LOAC)	25.3
5'4 $\frac{1}{2}$ "	Sandra Todd (Leeds Univ)	20.6
5'4"	Jennifer Wall (Bournemouth)	6.5
5'4"	Moir Walls (Western)	3.6
5'4"	Leonie Esdaile (Windsor)	14.10
5'4"	Jean White (ex-Sutton)	4.12

5'3"	Ann S. Wilson (Southend)	14.3	134'1"	Susan Campbell (Derby)	14.6
5'3"	Eleanor Rowe (Mitcham)	29.4	133'6"	Elizabeth Thompson (B'ham Un)	21.6
5'3"	Mary Seyfang (Pembroke)	3.6	133'2"	Gay Porter (Queen's Un)	9.9
5'3"	Christine Shepherd (Brighton)	24.6	132'11"	Linda Enever (Mitcham)	29.6
Indoors :					
5'8"	Barbara Inkpen (Aldershot)	18.11	132'4"	Maureen Burtenshaw (Brighton)	15.7
5'5"	Leonie Esdaile (Windsor)	14.10	132'0"	Sylvia Mason (Aldershot)	5.8

LONG JUMP

21'2"	Mary Rand (LOAC)	9.7	129'9"	Patricia Carder (Birchfield)	29.5
21'0 $\frac{1}{2}$ "	Sheila Parkin (Lady Mabel CPE)	1.7	129'3"	Janis Quick (Mitcham)	29.7
20'6 $\frac{1}{2}$ "	Ann S. Wilson (Southend)	27.3	JAVELIN		
20'1"	Anita Neil (LOAC)	3.8	167'7"	Susan Platt (LOAC)	17.7
19'10"	Susan Scott (Birchfield)	23.9	165'5"	Rosemary Morgan (Ilford)	30.7
19'9 $\frac{1}{4}$ "	Hilary Hodges (Highgate)	3.6	159'3"	Anne Farquhar (Selsonia)	3.8
19'7 $\frac{1}{2}$ "	Maureen Barton (Surrey)	1.7	151'7"	Janet Baker (Cov. Godiva)	13.5
19'3 $\frac{1}{4}$ "	Valerie Fox (Verlea)	8.7	147'0"	Shara Spragg (Cheltenham)	19.8
19'3"	Jean White (ex-Sutton)	11.2	144'2"	Christine Slater (Pilkington)	3.9
19'2 $\frac{1}{2}$ "	Jacqueline Caswell (Maidenhead)	3.6	143'4"	Averil Williams (Birchfield)	29.4
19'2"	Gwenda Hurst (Hillingdon)	6.5	142'9"	Margaret Whitbread (Ilford)	20.5
19'2"	Shirley Clelland (Loughb'h CSS)	24.6	141'11"	Marlene Garner (Cambridge H)	27.5
19'2"	Elizabeth Toulalon (Dunf'l'e CPE)	8.8	139'3"	Kay Newton (Surrey)	11.6
19'1 $\frac{1}{2}$ "	Anne M. Wilson (Western)	29.4	138'5"	Prudence French (Hornchurch)	2.9
19'1"	Christine Thompson (Surrey)	24.6	137'9"	Sylvia Clark (EAC)	9.9
19'0 $\frac{1}{2}$ "	Ruth Martin-Jones (Birming. Un)	6.7	136'8"	Eve Doenhoff (S'ton/W Ger)	18.3
19'0 $\frac{1}{2}$ "	Loraine Winfield (Derby)	14.6	134'10"	Patricia Parkin (Mitcham)	3.5
18'10 $\frac{1}{2}$ "	Patricia Wilson (Dartford CPE)	30.6	132'7"	Brenda Gill (Swindon)	3.6
18'10"	Jean Jamieson (Western)	15.7	129'5"	Marion Pearson (Hickleton)	23.9
18'9"	Barbara Inkpen (Aldershot)	2.9	124'7"	Pamela Bennett (Hercules)	15.7
Indoors :					
19'4 $\frac{1}{2}$ "	Barbara Inkpen (Aldershot)	18.11	124'6"	Helen Beuzeval (Notts)	24.6
			124'5"	Delia Given (Spartan)	11.6
			124'2"	Susan Warn (Mitcham)	3.5

SHOT

51'1 $\frac{1}{2}$ "	Brenda Bedford (Hercules)	3.8	4605	Ann S. Wilson (Southend)	17.6
50'5"	Mary Peters (Spartan)	14.3	4441	Patricia Jones (Birchfield)	12/13.6
45'9"	Jennifer Bloss (Thurrock)	13.5	4419	Susan Scott (Birchfield)	2/3.9
44'2 $\frac{1}{2}$ "	Moir Kerr (Maryhill)	8.7	4206	Frances Slaap (ex-Hillingdon)	12.2
43'10 $\frac{1}{2}$ "	Brenda Gill (Swindon)	3.6	4197	Susan Hayward (Middx L)	13.8
43'3 $\frac{1}{4}$ "	Josephine Frampton (Notts)	21.6	4180	Ruth Martin-Jones (B'ham Univ)	5/6.7
43'2 $\frac{1}{2}$ "	Kathryn Duckett (Selsonia)	29.4	4145	Dorothy Shirley (Spartan)	17.6
42'8"	Barbara Railton (Mitcham/Aus)	9.9	4120	Jean White (ex-Sutton)	18/19.3
42'6"	Margaret Pulman (LOAC)	1.10	4056	Gwenda Hurst (Hillingdon)	29.4
42'0"	Jill Lucas (Cambridge H)	9.9	4037	Vivien Knowles (Millfield)	17.6
41'11"	Janis Quick (Mitcham)	19.7	4024	Margaret Ward (Camb & Col)	17.6
41'11"	Angela Littlewood (Notts)	23.9	4022	Susan Beldham (LOAC)	5/6.7
41'7 $\frac{1}{2}$ "	Rosemary Payne (Lozells)	3.6	3991	Patricia Pryce (Hillingdon)	13.5
41'6 $\frac{1}{2}$ "	Gay Porter (Queen's Un.)	9.9	3965	Janet Oldall (Woking)	10.6
40'10"	Susan Barrett (Croydon)	13.5	3948	Linda Carruthers (Maryhill)	10.6
40'7 $\frac{1}{2}$ "	Heather Stuart (Maryhill)	8.7	3946	Jacqueline Philp (Chelmsford)	13.8
40'2 $\frac{1}{2}$ "	Mary Rand (LOAC)	11.3	3915	Sally Glanville (Bedford CPE)	5/6.7
39'9 $\frac{1}{4}$ "	Rosemary Gowing (Portad'n C)	15.7	3904	Brenda Gill (Swindon)	16.9
39'6"	Alison Davies (Spartan)	3.6	3894	Pamela Dalton (Roath)	30.6/1.7
38'10 $\frac{1}{2}$ "	Maureen Arnold (Birchfield)	21.6	3865	Elizabeth Toulalon (Dunf'line CPE)	26.8
Grass circle :					
40'6"	Rosemary Gowing (Portad'n C)	17.6	ONE MILE WALK		

DISCUS

166'5"	Rosemary Payne (Lozells)	2.5	8:12.8	Judith Farr (Trowbridge)	3.6
156'4"	Brenda Bedford (Hercules)	19.8	8:17.7	Diane Cotterill (S. Shields)	27.5
149'3"	Josephine Frampton (Notts)	23.7	8:18.8	Maureen Armstrong (N. Shields)	27.5
147'8"	Barbara Railton (Mitcham/Aus)	23.9	8:31.0	Barbara Fisk (Redhill)	16.9
143'1"	Maureen Arnold (Birchfield)	21.6	8:42.0	Maureen Anderson (N. Shields)	27.5
140'7"	Gail Smith (Essex)	28.8	9:05.3	Jennifer Peck (Selsonia)	20.5
139'8"	Josephine Williams (Mitcham)	16.9	9:15.4	Jennifer Fitzgerald (Croydon)	3.6
139'6"	Jean Fielding (Liverpool)	22.7	9:51.0	Carol Dipple (Hercules)	3.6
137'5"	Kathryn Duckett (Selsonia)	30.6	10:16.0	Brenda Cushion (Hercules)	28.6
135'6"	Hilda Atkins (ex-Perth)	28.10	10:29.2	M. Asbourne (Woking)	13.5

continued on page 22

FRESH FIELDS TO CONQUER YET FOR GASTON ROELANTS

GASTON ROELANTS has already proved himself to be the world's greatest steeplechaser, but at 30 he looks to have many fresh fields to conquer . . . particularly at the longer distances, as evidenced by his magnificent marathon victory at the "Little Olympics" in Mexico City. Roelants is the current world record holder for the 3000m steeplechase (8:26.4), 20,000m (58:06.2) and one hour (12m 1474y), and the European record holder at 10,000m (28:10.6). More long distance records should fall his way when he tackles them.

Roelants took up serious racing in 1954 over cross-country at the age of 17. In 1955 he came 5th in the Belgian Junior championships, improving to 2nd in 1956 and first in 1957. That year he made his steeplechasing debut, finishing 5th in the Belgian championships in 9:57.0. From then onwards it was a case of rapid and continuous improvement. In 1958 he came 2nd in the Belgian championships in 9:27.0 and later brought his time down to 9:16.4. The 1959 season saw his first major victory: in the famous *Martini* cross-country race. On the track he improved to 9:10.0 while winning for Belgium against France, and to 8:56.6 against Denmark—which constituted the first of his many national records.

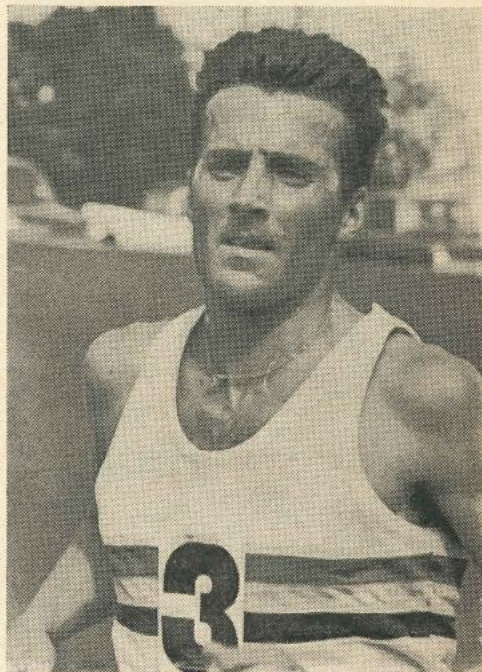


Photo by Fionnbar Callanan

By Peter Matthews

He was now set to make the breakthrough to world class, which he did in no uncertain manner in 1960. He came 2nd to Rhadi in the International Cross-Country after the pair of them had broken right away from the rest of the field. Rhadi, later to win a silver medal in the Olympic marathon, proved to have too strong a finish on this occasion. Throughout the summer Roelants progressed by leaps and bounds, bringing his best steeplechase time down to 8:45.8, while also running some useful flat times. Thus far he had not met any of the leading steeplechasers, but when the moment came he proved his merit with an excellent 4th place in the Rome Olympics behind Krzyszkowiak, Sokolov and Rzhishchin. After the Olympics he further proved that he was a real comer by slashing nearly a minute off his best 10,000m time with 29:19.4.

In 1961 he started the season running only on the flat, bringing his 5000m best down to 14:00.2 when he finished 2nd to Robert Bogey but beat one Michel Jazy, who was running his first major 5000m race. Turning to the steeplechase in July he set a new best of 8:44.8, and then 8:43.2—the latter race being noteworthy in that he came 2nd to the American

Deacon Jones, which was to remain his last defeat in a steeplechase final until the 1966 European championships. On September 1st in Stockholm he was ready to show the world what he could do; setting off at a very fast pace he passed the 2000m mark in 5:37.0 (well within world record schedule) but this speed was suicidal and he faded to a last kilometre of only 3:01.2 to record 8:38.2, nonetheless a 5-second improvement on his previous best. A clear indication had been given of his future aspirations and prospects.

A perfect cross-country record, including the International Championship, started off his 1962 season. During the summer he built up slowly towards the European Championships, concentrating mainly on flat racing, where he recorded 13:53.8 for 5000m and 29:18.6 for 10,000m. He went into the Championships with a year's best steeplechase of only 8:46.8, though he had done 8:40.4 on an irregular course. However, in Belgrade after winning his heat in 8:42.0 he put up what Roberto Quercetani called at the time "the greatest one man show in the history of the event" when he ran away from the field to win by 5 seconds in 8:32.6.

Next year he was ready to try for Krzyszkowiak's world record of 8:30.4. After a

successful cross-country season with 2nd place in the International behind Roy Fowler, Roelants won the Helsinki World Games race in 8:39.2 before going to Sweden in August where he hoped to find the perfect conditions suitable for record attempts. The conditions were against him, though, in his first serious attempt at Stockholm, where the rain-soaked track took its toll after Roelants had made his usual fast start (4:08.0 at 1500m and 5:36.0 at 2000m) so that he fell short by 0.6 with 8:31.2. Later, on a heavy track in Helsinki, he ran 8:33.6 but the record finally came to him on his home track in Louvain. Here he left such classy runners as Sokolov and Aleksejunas way behind with a great run of 8:29.6. Now turning to the flat he ran 5000m in 13:45.6 ahead of Michel Bernard and 10,000m in 29:07.2.

Dropped out of cross-country

He made his debut on the American indoor circuit in January 1964 with a 2 miles win in 8:41.4. Here he beat the fast emerging high school sensation Gerry Lindgren, who in that race brought his best time down from 9:00.0 to 8:46.0. But Roelants was not perfect—he caused a major sensation in March when he dropped out of the cross-country International after leading early on. The summer, however, saw a continuation of his progress. Starting on the flat as usual he ran personal bests of 13:43.4 and 28:57.2. Moving on to the steeplechase he displayed great consistency by running 8:31.8 twice, 8:32.4 and 8:37.4. Significantly he beat his 3000m best with 8:01.6. Then on August 29th he ran a great 10,000m against France, winning easily in 28:41.8, which put him firmly in the Olympic picture for that event as well as for the steeplechase if he so chose. Wisely he tried only for the steeplechase, but for two months up to the Olympics he had no racing due to leg injuries.

He went into the Tokyo Games a near-certainty and win he duly did. In the third heat he led the field through a very fast pace, eventually finishing second to Aleksejunas (8:31.8) with 8:33.8. Two days later in the final he led at the end of the first lap and proceeded to open up a lead of 12 yards at 5 laps, 40 yards at 6 laps, to 60 yards on the backstretch on the last lap. Behind him Maurice Herriott spurred past the fading George Young (USA) and closed the gap rapidly, but there was still 10 yards between them at the finish, with Roelants supreme in 8:30.8.

In 1965 he once again failed to finish in the International cross-country. He didn't run any steeplechases until late July after an accident in April, but he confirmed his class at 5000m with 13:34.8 for third place in Stockholm on July 5th behind Clarke and Keino. August 1965 turned out to be Roelants' great month. On the 7th, in the Belgian championships, he improved his own world record to 8:26.4 in a virtually solo run (splits of 2:47.4, 5:38.8). The very next day he ran a great 28:24.0 for

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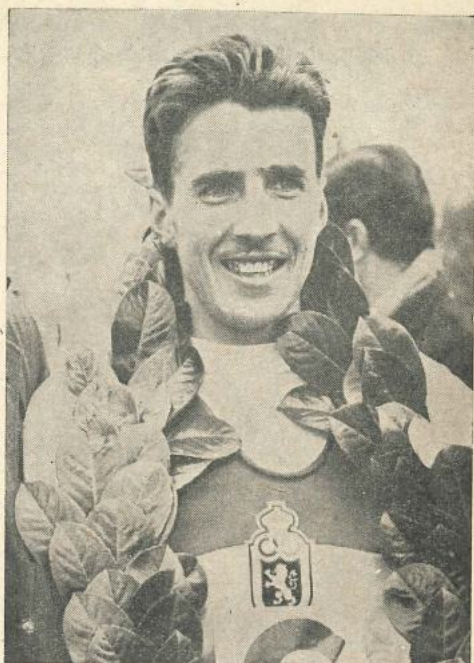
10,000m, indicating further scope for improvement with his two halves of 14:20.0 and 14:04.0. On the 15th at Louvain he smashed his best 3000m flat time with 7:48.6, then the second fastest ever run. On the 21st he ran a European 10,000 record of 28:10.6, once again running the second 5000 far faster than the first (14:12.0-13:58.6)—an interesting reversal of his usual steeplechase tactics. Then on the 25th he finished second to Keino over 5000m in 13:45.8.

Disappointment in Budapest

Roelants reached top form early in 1966 with the second fastest steeplechase ever run on July 5th in Stockholm—8:27.2 (2:45.0, 5:36.0). He followed this with a 7:59.0 3000m and 10,000m in 28:20.8 when well beaten by Clarke but ahead of Jurgen Haase. Concentrating thereafter on steeplechases in preparation for the European Championships in Budapest, he four times ran around 8:35. Strongly fancied in Budapest for a double in the 10,000 and steeplechase, he first tried the long distance. Employing his usual tactics of attempting to shake off the field he succeeded in building up a lead of 10 to 12 yards, but he was caught at 7200m and dropped further back to finish a very disappointing 8th. Two days later he won a very high quality heat of the steeplechase in 8:33.8. Despite his 10,000m failure Roelants remained a firm favourite. He looked secure when he passed the bell with a 15 yards lead, but this was not enough to stave off the speed of Viktor Kudinsky. Kudinsky overtook the flagging Belgian at the water-jump to go home an easy winner with Anatoliy Kuryan making it a 1-2 for the USSR by pipping Roelants at the post. Thus a 5-year unbeaten record was destroyed—but was Roelants at his best? Roger Moens announced on television before the race that Roelants had had personal worries which had affected him. Roelants met Kudinsky again at Mexico City, but the latter fell on the first lap.

Returning to sea level he annihilated Clarke's world records at 20,000m and 1 Hour, and would have done the same to the 10 miles mark if there had been timers at that point. His records, with Clarke's times in brackets: 20,000m — 58:06.2 (59:22.8), 1 Hour — 12M 1474y (12M 1006y). The Portuguese scoring tables rate this as his greatest ever performance, the 1 Hour performance being worth 1025 points—the equivalent of an 8:10.9 steeplechase or a 13:22.0 5000m or a 3:51.0 mile.

In 1967 he scored a comfortable victory in the International cross-country at Barry, on a course which might have been made especially for him. He built up slowly this year, being beaten by Benjamin Kogo in early July, but August saw him return to top form with 10,000m in 28:26.6 and 8:28.6 for the steeplechase. His greatest triumph of the season came in the thin atmosphere of Mexico City, where after coming 3rd in the 10,000m he won the



Triumphant after International Cross-Country win at Sheffield in 1962. Ed Lacey

steeplechase and later the Marathon in his first ever attempt at the distance. Altitude seems to have no fears for Gaston Roelants and he must be the firm winter favourite for the steeplechase and possibly the Marathon . . . with 10,000m chances also.

GASTON ROELANTS IN STATISTICS

Born Opvelp, Belgium, 5.2.1937. Height: 5'8½"; Weight: 128lb.

Annual Progress

	3000m	5000m	10,000m	3000mSC
1957	—	15:42.6	—	9:37.8
1958	—	15:02.6	—	9:16.4
1959	8:24.6	15:08.2	30:16.0	8:56.6
1960	8:13.6	14:11.6	29:19.4	8:45.8
1961	8:10.0	14:00.2	—	8:38.2
1962	8:04.8	13:53.8	29:18.6	8:32.6
1963	8:01.8	13:45.6	29:07.2	8:29.6
1964	8:01.6	13:43.4	28:41.8	8:30.8
1965	7:48.6	13:34.8	28:10.6	8:26.4
1966	7:59.0	13:46.2	28:20.8	8:27.2
1967	—	13:59.8	28:26.6	8:27.6

Other bests: 1500m: 3:47.8 (1963) (3:45.0 Relay leg 1965); Mile: 4:04.8 (1963); 2000m: 5:11.0 (1965); 2M: 8:37.8 (1965); 3M: 13:08.6 (1965); 6M: 27:26.4 (1966); 15,000m: 43:37.8 (1966); 20,000m: 58:06.2 (1966); 1 Hour: 20,664m (12M 1474y) (1966); Mar: 2:19:37 (1967).

Gaston Roelants' Steeplechase Career, 1960-67

1960

Jul 2	8:55.4	(1)	Birmingham
Jul 17	8:50.2	(1)	Liege
Jul 20	8:45.8	(1)	Oslo
Jul 31	8:49.8	(1)	Brussels
Aug 14	8:55.8	(1)	Thonon-les-Bains
Sep 1	8:49.4	(3h)	Rome
Sep 3	8:47.6	(4)	Rome

1961

Jul 9	9:05.6	(2)	Paris
Jul 23	9:03.0	(1)	Rotterdam
Jul 25	8:44.8	(1)	Stockholm
Jul 30	8:58.2	(1)	Brussels
Aug 5	8:43.2	(2)	Berlin
Aug 14	8:46.4	(1)	Athens
Sep 1	8:38.2	(1)	Stockholm
Sep 9	8:57.0	(1)	Louvain
Sep 14	8:51.3	(1)	Karlstad

1962

Jun 17	8:51.0	(1)	Antwerp
Jun 20	9:00.6	(1)	Amsterdam
Jun 28	8:40.4	(1)	Brussels
Jul 22	8:45.6	(1)	Brussels
Jul 29	8:54.6	(1)	Brussels
Aug 18	8:49.4	(1)	Louvain
Aug 26	8:46.8	(1)	Kristineham
Sep 14	8:42.0	(1h)	Belgrade
Sep 16	8:32.6	(1)	Belgrade

1963

Jun 16	8:54.6	(1)	Leiden
Jul 5	8:39.2	(1)	Helsinki
Jul 9	8:40.8	(1)	Stockholm
Jul 14	8:53.4	(1)	Enschede
Jul 21	8:42.8	(1)	Forbach
Jul 27	8:56.6	(1)	Louvain
Aug 6	8:31.2	(1)	Stockholm
Aug 23	8:33.6	(1)	Helsinki
Sep 7	8:29.6	(1)	Louvain
Sep 15	8:35.2	(1)	Leoben
Oct 14	8:41.6	(1)	Tokyo
Oct 19	8:44.0	(1)	Sendai

1964

Jun 21	8:48.8	(1)	Dornbirn
Jul 1	8:31.8	(1)	Oslo
Jul 4	8:32.2	(1)	Berlin
Jul 12	8:37.3	(1)	Zurich
Aug 2	9:25.8	(1)	Brussels
Aug 4	8:31.8	(1)	Stockholm
Oct 15	8:33.8	(2h)	Tokyo
Oct 17	8:30.8	(1)	Tokyo

1965

Jul 22	8:35.4	(1)	Oslo
Jul 28	8:30.0	(1)	Stockholm
Aug 7	8:26.4	(1)	Brussels
Sep 21	8:33.0	(1)	Plzen
Oct 3	8:48.8	(1)	Kosice

1966

Jan 3	8:55.7	(1)	Sao Paulo
Apr 16	8:53.6	(1)	Potchefstroom
Jun 4	8:29.4	(1)	Los Angeles
Jul 5	8:27.2	(1)	Stockholm
Jul 10	8:59.2	(1)	Brussels
Jul 13	8:40.8	(1)	Oslo
Aug 7	8:35.2	(1)	Brussels
Aug 13	8:35.6	(1)	Louvain
Aug 21	8:36.2	(1)	Brussels
Sep 1	8:33.8	(1h)	Budapest
Sep 3	8:28.8	(3)	Budapest
Sep 14	8:43.4	(1)	Viktorica
Sep 20	8:33.8	(1)	Plzen
Oct 2	8:38.0	(1)	Kosice
Oct 19	8:58.6	(1)	Mexico City

1967

Jun 2	8:39.8	(1)	Los Angeles
Jun 10	8:45.4	(1)	Sacramento
Jul 3	8:40.6	(2)	Turku
Jul 4	8:35.0	(1)	Stockholm
Jul 9	8:44.4	(1)	Amsterdam
Aug 6	8:38.2	(1)	Brussels
Aug 25	8:32.8	(1)	Karlstad
Aug 30	8:28.6	(1)	Stockholm
Sep 4	8:31.0	(1)	Gothenburg
Oct 16	8:57.8	(1)	Mexico City

U.K. WOMEN'S "TOP 20" continued from page 18

1½ MILES WALK

12:09.2	Judith Farr (Trowbridge)	2.7
12:40.2	Betty Jenkins (Birchfield)	2.7
12:51.8	Diane Cotterill (S. Shields)	3.6
12:56.8	Sheila Jennings (LOAC)	2.7
13:09.6	Barbara Fisk (Redhill)	23.9
13:12.0	Margaret Lewis (Harborne)	2.7
13:19.2	Maureen Graham (Birchfield)	23.9
13:42.0	Joan Wallis (Harborne)	3.6
14:04.0	Susan Tulloh (LOAC)	2.7
14:12.0	Margaret Hindley (Birchfield)	3.6
14:26.8	Gwen Powell (Harborne)	2.7
14:38.6	Renee Scott (Winton)	3.6

(Walking lists by George Keen)

AMERICAN RESULTS

Not yet fully recovered from the injury which kept him out of the "Little Olympics", Ralph Boston was beaten by Tom Chilton 24' 2½"/7.38 to 23'11"/7.29, at Knoxville on November 4th. Leon Coleman won the high hurdles in 14.0 from Boston (14.2). At Washington the following day, Bill Skinner threw the javelin 257'10"/78.59; while at Long Branch on November 18th, Augie Zilincar threw the hammer 205'8"/62.69.

* * *

Look out in next week's issue for a tantalising photo-quiz . . . with prizes to be won.

THEY WERE THE 'MOSTEST' IN 1967

Track runner of the year (world): World records were broken by Tommie Smith and Ron Clarke and equalled by Jim Hines, Charlie Greene, Willie Turner, Enrique Figuerola and Earl McCullough. Overshadowing all, though, was JIM RYUN who with times of 3:33.1 and 3:51.1 now stands 2.5 and 2.0 seconds faster than the next best 1500m and mile runners of all time. As a competitor he is as supreme as was Herb Elliott in his heyday, and his range is staggering . . . exploits of his this year included a 47.0 440y relay leg and a 5000m debut in 13:47.8. (Female): Unlike Barbara Ferrell, Judy Pollock, Mia Gommers and Anne Smith, she did not set any world records but MADELINE MANNING enjoyed a perfect season of half-miling, her victims including Mrs. Pollock and Vera Nikolic.

A Personal Selection by Melvyn Watman

Track runner of the year (UK): Fiendishly difficult to overlook the claims of such as Ming Campbell, John Boulter, Dick Taylor, Ian McCafferty, Allan Rushmer, Maurice Herriott and Alan Paseoe but JOHN SHERWOOD takes the palm for his superb competitive record (his only conqueror over the intermediate hurdles was Ron Whitney) and times of 50.2 for 400mH and 45.6 for a 400m relay leg. (Female): Three closely matched candidates—Lillian Board, whose 400m victory in 52.8 over Judy Pollock and Charlette Cooke in Los Angeles will not quickly be forgotten; Anne Smith, world record breaker at 1500m and mile; and Pat Jones, who became the fleetest British-born hurdler of all time. Verdict (after recount): LILLIAN BOARD.

Road runner of the year (world): No doubt at all in this department . . . obviously that Anglo-Irish Australian DEREK CLAYTON, a 4:08.5 miler who recently became the first man to maintain 12 m.p.h. for a full marathon.

Road runner of the year (UK): That bonny fighter, JIM ALDER. During the Japanese marathon earlier this month, in which he set a personal best of 2:14:44.8, he passed the 30km mark a minute up on his former world track record.

Jumper of the year (world): PAUL WILSON, the only vaulter ever to match years with feet (16ft at the age of 16 in 1964), who cleared a world record 17'8"/5.38 in the AAU Championships. He may need to stay up at that level to hold down a place in his college team next season, for also at the University of Southern California are Bob Seagren (17'7"/5.36) and Paul Hegler (16'6"/5.03)! (Female): the

immaculate ANTONINA OKOROKOVA, unlikely to threaten Iolanda Balas's world record but surely destined to become the third woman to top six feet.

Jumper of the year (UK): Who else but LYNN DAVIES? True, he lost all four of his most important international contests (Los Angeles, Montreal, GB v. USA and Mexico City) but was over 26ft each time. That training mark of 27'7½"/8.42 proved he is a potential world record breaker. (Female): A toss-up between the two leading long jumpers but the title goes to SHEILA PARKIN as she broke new ground last season while Mary Rand was a foot below her best.

Thrower of the year (world): Romuald Klim and Janis Lusis were nothing short of magnificent, yet how can anyone be rated above RANDY MATSON? The Texan behemoth pushed the shot record out to a staggering 71' 5½"/21.78 and fell only inches short of the world discus mark for good measure. (Female): LIESEL WESTERMANN, who at one swoop became the first discus thrower to break through the 60-metre and 200ft. barriers—and resolved a somewhat embarrassing world record situation. Her throw of 61.26m, according to statistical expert Bob Sparks, more accurately converts to 201'0" than 200'11".

Thrower of the year (UK): Unhappily, not one performer of true world class from which to choose. DAVE TRAVIS, the World Student Games javelin winner, was probably the most distinguished. (Female): BRENDA BEDFORD, whose just reward for much hard work was the distinction of becoming Britain's second 50ft. shot-putter.

All-rounder of the year (world): Russ Hodge and Bill Toomey (who was timed at 45.3 for a 400m relay leg in Mexico City) were thwarted by injuries, but in any case they would have had to go some to beat the world record score of 8319 by KURT BENDLIN. In fact this will be officially ratified as 8318 because his discus throw of 46.31m (worth 806 points) is reduced to 46.30m (worth 805) under IAAF rules. (Female): No clear-cut contender but with a pentathlon score of 4953, plus such individual marks as 11.6 100m, 23.7 200m, 11.2 80mH, 5'3"/1.60 HJ, 21'9"/6.63 LJ and 41'3"/12.57 SP, INGRID BECKER has strong claims.

All-rounder of the year (UK): Obviously CLIVE LONGE. Always at his best in hot competition, he amassed 7392 points in Los Angeles and made the UK "Top 50" lists in the high hurdles, pole vault, long jump, shot, discus and javelin. (Female): MARY RAND did not contest a pentathlon but her 1967 collection of marks were as sparkling as ever . . . 11.9 100m, 23.9 200m, 56.5 440y, 10.8 80mH, 5'4½"/1.63 HJ, 21'2"/6.45 LJ and 40'

24"/12.25 SP. Now living in California and able to take advantage of its unrivalled climate and facilities, Mary could emerge greater than ever in 1968.

Walker of the year (world): CHRISTOPH HOHNE, who followed up his Lugano Cup 50km win with a fantastic time of 9:15:57.4 for 100km in Switzerland.

Walker of the year (UK): Swiss-based PETER FULLAGER, breaker of British track records at 30km and 20 miles. (Female): JUDY FARR, winner of the WAAA 1½ miles title for the sixth year walking.

THE athletes of the year (world): JIM RYUN and LIESEL WESTERMANN.

THE athletes of the year (UK): LYNN DAVIES and LILLIAN BOARD.

Team of the year (world): The University of Southern California's 4x110y squad of Earl McCullouch, Fred Kuller, O. J. Simpson and Lennox Miller (Jamaica), whose 38.6 was a whole second faster than the pre-1967 world record. (Female): The Soviet team, who recovered from a disastrous start to the season to retain the European Cup in fine style.

Team of the year (UK): The 4x100m squad of Mike Hauck, Ron Jones, Ming Campbell and Barrie Kelly. Unchanged throughout the whole international season, the foursome won against Hungary (39.8), Poland (40.0) and West Germany (39.8). (Female): Rosemary Stirling, Pat Lowe and Pam Piercy—responsible for world record breaking performances for 3x880y (6:25.2) and 3x800m (6:20.0).

Teenager of the year (world): PAUL WILSON (b. 30.7.47), whose world record vault came a month before his 20th birthday. (Female): MADELINE MANNING (b.

11.1.48); but one must also mention Kathy Hammond (b. 2.11.51), a 52.6 400m performer, and 13-year-old Maureen Wilton of marathon fame.

Teenager of the year (UK): ALAN PASCOE (b. 11.10.47), magnificently consistent all season and co-holder of the UK 110m hurdles record of 13.9. (Female): LILLIAN BOARD (b. 13.12.48).

Veteran of the year (world): Counting professionals, 43-year-old Australian George Perdon . . . said to have run a 2:19:56 marathon. Among the amateurs: 42-year-old GOU MOUNDER HERMANSSON (Iceland), with a shotput of 58'5½"/17.81. (Female): ANNE McKENZIE (b. 28.7.25), whose crop of personal bests this year included 2:06.5 for 800m, 2:07.4 for 880y, 4:36.0 for 1500m and 4:57.2 for the mile.

Veteran of the year (UK): KEN EASLEA (b. 16.10.25), who enjoyed his most successful season of walking yet with 6:34 for the mile and 14:10.6 for 2 miles. (Female): She was supposed to have retired but MAEVE KYLE (b. 6.10.28) came up with her best ever 80m hurdles time of 11.5 as well as a series of good marks in her better known events.

Quotes of the year: Coach Bud Winter, after Tommie Smith had made up a 15-yard deficit to win the AAU indoor mile relay for San Jose State: "We have come to expect beyondness from Tommie, but his performance was wayoutness". Eddy Ottoz, asked why he competes unshaven: "Italian men and Russian women never shave before a meet". Charlie Greene, asked why he always wears sunglasses when racing no matter what the light: "For re-entry".



Alan Pascoe (centre) was presented with the 1967 "Ovaltine" Trophy at the Hotel Cavendish, London, recently. The trophy is awarded to the athlete who, in the opinion of IAC members, has had the most successful international season. Left to right: Martin Hyman, Bruce Tulloh, John Herring, Dr. Albert Wander (Managing Director of A. Wander Ltd., makers of "Ovaltine"), Stan Tomlin, Alan Pascoe, John Disley, Col. W. Trevor Jones (a director of A. Wander Ltd.), Lillian Board (runner-up for trophy) and Chris Brasher.

1968 FIXTURES

January

- 1 Morpeth-Newcastle "13½".
- 1 Beith H. 4M. C.C.
- 6 County C.C. Championships.
- 6 Nigel Barge Road Race, Maryhill.
- 6 Women's Greater London Lge., Epsom.
- 6 Staffs. Women's Championships.
- 6 Sherman Cup Races, N. Shields.
- 6 "Miskimmin Cup", Ballyclare.
- 10 Wilts. and Border Lge., Hullavington.
- 13 Mitcham "15".
- 13 Bingley Handicaps.
- 13 Surrey J. & Y. Champs., Epsom.
- 13 Herts. J., Y. & B. Champs., St. Albans.
- 13 Welsh 6 Miles Champs., Swansea.
- 13 Hampshire League, Aldershot.
- 13 N'd & Durham Lge., Burradon.
- 13 Birmingham League, Div. 1, Halesowen.
- 13 Div. 2 Northampton. Div. 3 Leamington.
- 13 Chingford League, Enfield.
- 13 E.C.C.U. Team at Anderlecht.
- 13 S. Women's Inter-County, Swindon.
- 13 N. Women's C.C. League.
- 13 Springburn Open Team, Bishopbriggs.
- 13 N. Eastern League, Aberdeen.
- 13 Ayrshire Championships.
- 13 Maryhill Women's Races.
- 14 E.C.C.U. Team at Antwerp.
- 14 Perth Railway Relays.
- 17 Wilts. & Border Lge. I-C, Bicester.
- 20 Scottish Dist. Championships.
- 20 Southend Borough Championships.
- 20 Bridgend C.C. Races.
- 20 Glos. C.C. League, Stapleton.
- 20 Women's Nat. 2½M. Championships.
- 20 Kent A.C. Trophy Races, W. Wickham.
- 20 Epsom & Ewell Open Races (B. & Y.), Epsom Downs.
- 20 Greenock Rankin Park Women's Races.
- 20 Spen Valley & Dist. Champs., Cleckheaton.
- 20 "Crawford Cup", Belfast.
- 21 Warrington Track Meet.
- 24 Wilts. & Border Lge., Locking.
- 24 R.A.F. v. Loughborough C., Leeds Univ., Sheffield Univ., Cranwell.
- 27 Cosford Indoor Championships.
- 27 S. of Thames Champs., Epsom.
- 27 N. of Thames Championship.
- 27 Gosney Trophy, Southampton.
- 27 Ken Baily Schools Races, Bournemouth.
- 27 W. Lancs. C.C.A. Champs., St. Helens.
- 27 E. Lancs. C.C.A. Champs., Blackburn.
- 27 N. Eastern C.C.A. Champs., Darlington.
- 27 Yorks. Champs., Bingley.
- 27 Devon Youth Champs., Newton Abbot.
- 27 Cambs. Champs., Cambridge.
- 27 Gwent League, Beachley.
- 27 N. Midlands League, Peterborough.
- 27 Women's Nat. Novice Champ., Derby.
- 27 Women's Greater London Lge., Enfield.
- 27 Scottish Univ. Champs., Westerlands.
- 27 Paisley H. Schools Races.
- 27 Dunfermline CPE Women's Races.

- 27 Aldershot & Farnham C.C. Relays.
- 28 Hayes & H. Open R. Races.
- 31 R.A.F. v. Middx. v. C. Service, Stanmore.
- 31 Wilts. & Border Lge., Benson.

February

- 2/3 A.A.A. Indoor Champs., Cosford.
- 3 Welsh Novice Champs.
- 3 Kilmarnock Women's Races.
- 3 Welsh C.C.A. v. Army, Newport.
- 3 Scottish Inter-County Champs.
- 3 British Univ. Champs., Keele Univ.
- 3 Junior U.A.U. Champs.
- 3 Leics. & Rut. Y. & B. Champs., Coalville.
- 3 E. Kilbride Open Races.
- 3 Sussex J. & Y. Champs., Bexhill.
- 3 Southend Schools C.C. Relays.
- 3 South Western Champs., Taunton.
- 3 Glos. C.C. Lge., Cheltenham.
- 3 Southern Women's S. & I. Champs., Godalming.
- 3 Northern Women's C.C. Champs.
- 3 Midland Women's Champs.
- 3 Yorkshire Schools Champs., Cleckheaton.
- 3 Cardiff Youth Champs.
- 3 S. Wales Lge., B.P. Llandarcy.
- 3 N. Ireland J. & B. Champs. & Open Senior "7", Belfast.
- 3 Chingford Lge. R. Race, Vic. Pk.
- 3 Shaftesbury H. Boys' Races, Parl. Hill.
- 3 Ranelagh Inter-Schools, Petersham.
- 3 Metropolitan Lge., Richmond Park.
- 4 International Veterans Race, Baarn (Neth).
- 4 E.C.C.U. team at Mezidon.
- 9 Glasgow Schools Champs.
- 10 Southern Champs., Parliament Hill.
- 10 Midland Champs., Derby.
- 10 Northern Champs., Hartlepool.
- 10 Eastern Champs., Grimsby.
- 10 International Univ. Champs., Ghent.
- 10 Devon C.C. League.
- 10 Redhill Track Meeting.
- 10 S. Wales Lge., Swansea.
- 10 Eastern Lge., Kirkcaldy.
- 10 N. Eastern Lge., St. Andrews.
- 10 Dundee Hawkhill Women's Races.
- 10 Essex Ladies C.C. Relays, Woodford Gn.
- 10 Surrey A.C. Girls' Inter-Schools.
- 10 Welsh J., Y. & B. Champs., Brecon.
- 11 Loughborough Indoor League.
- 14 Army v. U.A.U. v. Civil Service, Aldershot.
- 17 Beds. & Hunts. Y. & B. Champs., P'boro.
- 17 Somerset Y. & B. Champs., Yeovil.
- 17 Surrey Boys' Champs., Morden.
- 17 N. Eastern C.C.A. Relays, Gateshead.
- 17 Bradford & Dist. Champs., Bingley.
- 17 Birmingham Lge., Div. 1, N. Staffs, Div. 2, Stoke, Div. 3, Solihull.
- 17 S.E. Essex League, Basildon.
- 17 N. Ireland S. & Y. Champs., Belfast.
- 17 Southampton C.C. Relays.
- 17 Gwent Lge. (& Mon. J., Y. Trials), Newport.
- 17 Cheshire Schools Champs., Tatton Pk.
- 17 Durham Schools Champs., W. H'pool.

- 17 Lancs. Schools Champs., Blackburn.
- 17 Staffs. Schools Champs.
- 17 W.A.A.A. AGM.
- 17 E. Scot. v. W. Scot. (women).
- 17 Mitcham Young Athletes C.C. Relay, Morden.
- 20 Chingford Lge. R. Race, W'stow.
- 21 R.A.F. Champs., Cranwell.
- 23 Army C.C. Champs., Blackdown.
- 23 Navy C.C. Champs., HMS Dryad.
- 24 Herefordshire Champs., Ledbury.
- 24 Scottish C.C. Championships.
- 24 Suffolk J., Y., B. Champs.
- 24 Leeds & Dist. Champs.
- 24 G.B. v. Germany (Indoors), Cosford.
- 24 Welsh S. Champs., Newport.
- 24 Women's National Champs., Coventry.
- 24 Terr. & AVR Champs., Leamington.
- 24 Icknield Lge., Cambridge.
- 24 Kent Lge., Canterbury.
- 24 N. Surrey Lge., Petersham.
- 24 Courages C.C. Lge., Reading Univ.
- 24 N.W. London Y. & B. Lge., Parl. Hill.
- 24 Weymouth Road Races.
- 25 Warrington Track Meet.
- 25 Loughborough Indoor League.
- 28 Univ. of Wales v. R.A.F., Aberystwyth.

March

- 2 English National Champs., Sutton Coldf'd.
- 2 Scottish Schools Champs.
- 2 Western A.A.C. Women's Races.
- 2 "Wilkinson Cup", Belfast.
- 2 Durham v. N'd. v. Cumb. Schools, Sunderland.
- 2 Southern 7M. Track Walk, Battersea Pk.
- 2 Southend Women's Relays.
- 2 Hants. Women's Road Relay Ch., Aldershot.
- 3 Perth Railway Races (Y., B.).
- 6 N.I. Grammar Schools Ch.
- 8 Inter-Services C.C., Cranwell.
- 9 Junior Inter-County Champs., Leicester.
- 9 Orion H. Invit. Schools Race, Chingford.
- 9 Hull & Dist. Championships.
- 9 Tonbridge "10".
- 9 Scottish Women's Ch.
- 9 Andover & Dist. Y., B. & Colts C.C. Relays.
- 9 Gloucester Road Races.
- 9 Scottish YMCA Champs.
- 9 Women's Inter-League Match.
- 9/10 European Indoor Games, Madrid.
- 10 Southampton-Bournemouth Relay.
- 10 Blackheath Track Meeting, Ladywell Pk.
- 10 Loughborough Indoor League.
- 10 Glasgow Boys' Clubs Ch.
- 13 Northolt Road Race.
- 13 Courages Lge., Southampton Univ.
- 13 H.H.H. Floodlit, Tooting.
- 16 International C.C. Champs., Tunis.
- 16 Cambridge H. Road Relay, Bexley.
- 16 Redhill Track Meeting.
- 16 E. Surrey Lge. R. Relay, Dorking.
- 26 R.W.A. National 10M. Road Walk.

- 16 Northern Schools (Boys), Disley.
- 16 English Schools Girls' Champs., Rochdale.
- 16 Open Indoor Meeting, Cosford.
- 16 Cambridge & Coleridge "10".
- 16 Orion H. Invit. 15M. C.C. Race, Chingford.
- 16 N.W. London Y. & B. Lge., New Barnet.
- 16 Swindon Road Relays.
- 16 Scottish Boys' Clubs Ch.
- 16 "North Inch" Relays, Perth.
- 16 Bargoed Road Race.
- 16 S. Wales League, Neath.
- 19 SCAAA Open Meet., Crystal Palace.
- 21 Police A.A. Champs., Esher.
- 23 Women's International C.C., Blackburn.
- 23 Inter-County Champs., Windsor.
- 23 Belgrave H. Open Field Event Meeting, Tooting.
- 23 T.V.H. Road Relay, Cranford.
- 23 English Schools (Boys) Champs., Trentham.
- 23 Hants. J., B., L. Champs.
- 23 Wilts. J. & B. Champs., Calne.
- 23 Southend Road Relay.
- 23 Ayrshire Champs.
- 23 Scottish Civil S. Champs., Perth.
- 23 Gloucester Road Races.
- 23 Scottish Boys' Brigade Ch.
- 23 E. Antrim Road Race, Ballyclare.
- 23 Watney 10M. Walk.
- 24 Warrington Track Meet.
- 27 Pelican R. Relay, L. Rissington.
- 30 Wigmore "15".
- 30 Northern R. Relay Champ., Derby.
- 30 Welsh Nat. Road Relay, Bridgend.
- 30 A.T.C. National Champs., Epsom.
- 30 Brighton A.C. Road Relays.
- 30 Ipswich "10".
- 30 Ilford Y. Road Relay & Boys' Race.
- 30 Open Indoor Meeting, Cosford.
- 30 Ilford Women's R. Relays.
- 31 Reading A.C. Road Relays.

SPOTLIGHT ON YOUTH continued from page 8

(St. F) 15.10; 6, D. Kelly (St. C) 15.15. Teams: 1, St. Cuthberts 13; 2, St. Bedes 43; 3, St. Francis 54; 4, S. T. More 61; 5, St. Jos., Hebburn; 6, St. Bedes, Jarrow 94.

Leeds Schoolgirls' Championships, at Leeds, December 9th. (Inter) 1, S. Silkstone (Coldcotes); 2, E. Boothman (Abbey G); 3, P. Boothman (AG). Teams: 1, Abbey Grange (3 of 4 scorers are triplets!) 30; 2, M. Munay 47. (**Juniors**) 1, L. Scholey (Prim. Hill); 2, L. Kelly (AG); 3, K. Thirkill (AG). Teams: 1, Primrose Hill 25; 2, Abbey Grange 26.

Chislehurst & SGS 14, St. Olaves 62, Rochester MS 65, Roan 67, Skinners 70, Dartford THS 97, Beckenham & PGS 112, Faversham GS 124, Alleynes 144, at Sidcup, December 12th. 1, R. Webb (CS) 26.26; 2, eq. J. Roberts & C. Ashton (CS) 26.47; 4, K. Penny (Cray Valley-ind) 27.11; 5, A. Falconer (St. O) 27.38; 6, M. Anderson (Camb. H-ind) 27.50; 7, Lomax (St. O) 27.53; 8, M. Fielding (Dart) 28.03.

Race Walking

By COLIN YOUNG

REFLECTIONS on 1967: Impressions that clearly remain in this writer's mind from this year's walking happenings:—

(Internationally) The speed and outstanding stamina shown by Christoph Hohne (East Ger) both in the Lugano Cup 50 Kms and the International 100 Kms . . . The domination of the Lugano Cup Final by the East Germans despite the absence of both Lindner and Reimann . . . The breakthrough of Ron Laird to the top flight of International walking after a decade of being on the fringe . . . The strength and ability of Jose Pedraza (Mexico) which surprised many people on both sides of the Atlantic . . . The determination of the Mexican Olympic Committee, seemingly with no thought to cost, to give their top walkers experience . . . The disintegration of Russia's Gennadiy Solodov in the last 5 kms at Bad Saarow, taking 39 minutes for this stretch . . . The benefits of altitude training as clearly illustrated by Abdou Pamich, setting a new 20 kms track record on his return from Mexico . . . The bad planning by the Bad Saarow organisers in having both Lugano events on one day . . . The dedication, and almost frightening training regime undertaken by Peter Fullager in the delightful setting of Lugano . . . The abundant potential and class of young East German Peter Selzer, so clearly highlighted at Bad Saarow.

(On the home front) The good news that the National 20 Kms is to be kept in the Championships programme . . . The consistency of

Ron Wallwork—winner of the National 10 Miles and 20 Kms, second in the 20 Miles plus solid performances in the USA v. Commonwealth and Lugano Cup matches . . . The delight of watching John Webb and Mal Tolley in full flight—style *par excellence* . . . The progress, to the top ranks, of Arthur Jones and Bob Hughes . . . The satisfaction of seeing the coaching system, with Alf Cotton and Lloyd Johnston at the forefront, progress and benefit walkers of all standards . . . Shaun Lightman's surprising but convincing win in the National 50 Kms . . . The speed and potential of Juniors Geoff Toone and Phil Embleton . . . And finally, on a personal note, the crushing victory of the London squad, over three National teams, in record time, in the Airollo-Chiasso Relay.

New standards for Championships: It was agreed at the recent RWA Meeting that first and second class standard badges would be given for future championships. The badges will be issued, on application only, by the Honorary Championships Sec., at a charge of 4/- per badge, using the forms provided. The standards are as follows:

Distance	1st Class	2nd Class
50 Kms	5hrs	5hrs 15m
20 Miles	3hrs	3hrs 10m
20 Kms	1hr 40m	1hr 44m 30s
10 Miles	1hr 20m	1hr 23m
Junior 5M.	40m	43m
Youths 3M.	25m	26m 30s

International Selection: In view of an important happening near the end of 1968 walkers will be interested to know that the International Selection Committee for 1968 are: W. Bell & T. Lloyd Johnson (Midlands); F. Clay & J. Lambert (North); F. Jarvis & W. Harris (South); C. Bingham & H. Lewis



Just after the start of the inter-club 7 miles walk at Stanmer Park, Brighton (Sportsview photo).

(Wales); H. Whitlock, MBE, plus the RWA Officers. A. Cotton is co-opted without voting powers. Delegates presently representing the RWA are as follows: British Olympic Association—A. Harley; IAAF/BAAB—H. Whitlock; AAA—L. Woodcock.

Olympic "Build-up" Programme for Walkers? Looking at the proposed International Fixture List for next season it would appear there is little, probably nothing, for the aspiring Olympic walker. However, competition will be readily available provided walkers are included in the proposed idea to send small teams to the various high quality meets held annually in Europe. The Kusocinski (10 Kms) and Znamenskiy (20 & 50 Kms) competitions come readily to mind, together with the famous Prague-Podebrady 50 Kms and perhaps participation in the proposed Mexico versus Scandinavia match (probably over 15 and 30 Kms). These races would give our lads the much-needed International-type competition they all want and require.

There will be a gap of some three months between our National 50 Kms, 20 Kms trial and Mexico City—and then, nothing further on the home calendar suitable for either distance. With our excellent record in post-war Olympic and European Championships it is to be hoped that the walkers are kept in mind by "the powers that be" so that they may again be in a position to bring home the bacon—or should I say medals!

Bearing the above in mind, I was interested to learn that the Swiss and Luxembourg Federations have gone to the trouble of asking the Czech authorities for permission to take part in the Prague-Podebrady Race in order to give their men International competition.

Winter Leagues: League successes in the Midlands, North and, in this season, the West certainly emphasises the need of winter competition for walkers in these areas. Less fortunate than their Southern counterparts, who have the well established Open "7s", walkers out of reach of London used to be faced with the prospect of very little (or no) racing from October to late February. With the advent of Leagues, however, all competitors can now plan their programmes accordingly, aiming to be race fit for the New Year championships. It is particularly gratifying to see the hard work of Charlie Shelly (Bristol WC) paying off with the excellent support being given the newly established Western League.

"Contact": This excellent magazine, produced by Lanes Walking Club, is beginning to find its way into the homes of walkers throughout the country. Naturally the club's events are fully covered but British and Overseas News is also given full prominence. Recently I was particularly impressed by an article by Julian Hopkins, obviously painstakingly researched, on the History of the Lugano Cup Competition. The editor is Ron Wallwork and

subscriptions (10/6d. per annum) should be sent to Chris Bolton, 10 Fairview Road, Denton, Manchester.

New Event: The GPO are to promote an Open "10" on Sunday, March 24th. Further details will be given at a later date but the event may well have an International flavour.

Eighteen years young! The Essex Beagles Open Junior and Youth Walks, inaugurated in 1948 and managed ever since by Phil Everard, are the oldest annual young athletes' walks in the country reaching their 18th birthday next Saturday, January 6th. A look at the past winners of this popular event reveals many of the "greats" of British walking over the past two decades. Phil Everard, himself a competitor of 40 years standing and still walking, has shown through this excellent promotion his appreciation of the enjoyment and comradeship he has obtained from Race Walking. Despite the financial loss incurred annually (which has to be covered from his own pocket) Phil tells me he hopes to be at the helm to

LUTTERWORTH ATHLETIC CLUB

Annual 4 x 2½ Miles

YOUTHS' AND BOYS' OPEN ROAD RELAYS

(Under A.A.A. Laws)

SATURDAY, 13th JANUARY, at 2 p.m.
From the Secondary Modern School
For the Lutterworth A.C. Challenge Shields.

Medals first three teams. Plaques for fastest individual laps.

Age groups: Boys 14-16 years, Youths 16-18 years, on 1st September, 1967.

Entry fee: 5/- first team, 2/6 each subsequent team.

Entries to W. Stott, 11 De-Verdon Road, Lutterworth, nr. Rugby, by **January 6th, 1968.**

ALDERSHOT & FARNHAM A.C.

Fourth Annual

CROSS COUNTRY RELAYS

(Under AAA Laws and ECCU Rules)

SATURDAY, JANUARY 27th, 1968

BOYS 4 x 1½ MILES

(Over 14, Under 16 on 1.9.67)

YOUTHS 4 x 1½ MILES

(Over 16, Under 18 on 1.9.67)

JUNIOR MEN 4 x 1½ MILES

(Over 18, Under 20 on 1.9.67)

Awards for first three teams and fastest individual in each event, and for best Aldershot School/Unit in each event. Trophy for winning team in each race.

Entry fees: 10/- per team Junior Men, 7/6 Youths and Boys.

Entries to John Lofts, 46 Perring Avenue, Farnborough, Hants. (Camberley 22918) by **Saturday, 13th January, 1968.**



Paul Nihill—can he go one better than his silver medal in the Tokyo Olympic 50 kilometres?
Ed Lacey

celebrate the 36th anniversary. The usual 1½ miles (one lap) event for Boys, started in 1953, will be held prior to the two lap Junior/Youth event.

RWA Championship Venues: The 10 Miles, with the Inter-County Championship in conjunction as usual, will be held at Leicester on March 16th. The 20 Kms (May 11th) is at Coventry, the 20 Miles (June 8th), with the Northern title at stake in conjunction, at Sheffield. The venue for the 50 Kms (July 20th), virtually the Olympic trial, will be announced shortly.

The RWA Committee wish it to be widely known to all competitors and clubs that the closing date for the RWA Championships will be three weeks before the day of competition. It is stressed that late entries will *not* be accepted by the Honorary Championships Secretary. You have been warned!

Polytechnic H. Championship, at Regents Park, December 2nd. Ray Pearce, last year's winner, dropped out after two miles with stomach trouble. Rodney Parkins (27) only overhauled Bob Clark in the last ten yards. 1, R. Parkins 57.51; 2, R. Clark 57.52; 3, J. Vinian 63.03.

Ilford AC 5M. Inter-Club, at Chigwell Row, December 16th. On a fast course John Webb led from start to finish while Ken Easlea made full use of the downhill sections to finish

second after moving into that position early on. Lower down the field two excellent performances came from Ken Tuson, who is improving with every race, and Olly Caviglioli, who is not yet old enough to contest Youths' events but recorded a magnificent 41.35 in twelfth place.

1, J. Webb (Basil) 36.14; 2, K. Easlea (En) 37.41; 3, A. Banyard (S'end) 38.03; 4, C. Williams (Sy WC) 38.21; 5, K. Livermore (WG) 38.40; 6, B. Armstrong (Ilf) 39.13; 7, D. Scrimshaw (WG) 39.47; 8, R. Seaton (High) 40.34; 9, K. Tuson (S'end) 41.08; 10, S. Webb—John's elder brother (Ex Bgls) 41.13. Teams: 1, Ilford 28; 2, Basildon 33; 3, Essex Beagles 48.

Belgrave 78, Metropolitan Police 93, 7M., at Wimbledon, December 16th. 1, W. Sutherland (MP) 53.44; 2, R. Barnes (B) 54.35; 3, J. Moullin (B) 56.16; 4, R. Garrard (MP) 58.03; 5, G. Cameron (B) 58.13; 6, P. Duncan (B) 58.31. "Horwood Cup": C. Lawton 58.40.

Metropolitan WC 18, Steyning 28, Brighton & Hove 32, at Brighton, December 16th. Arthur Jones forced the pace from the start, and after the first hill only Arthur Thomson and Phil Embleton were in contact. Young Phil found the extremely tough course too much for him and soon dropped right back. After the halfway mark Thomson put on the pressure and opened up a big lead only to have Jones close up and almost catch him in the finishing stages. Both finished 2½ minutes inside the previous record.

1, A. Thomson (M) 53.32; 2, A. Jones (BH) 53.33; 3, P. Maidment (S) 56.14; 4, K. Halstead (M) 56.35; 5, P. Embleton (M) 56.35; 6, R. Penfold (S) 58.22; 7, A. Buchanan (BH) 58.24; 8, R. Hutchison (M) 59.00; 9, D. Stevans (S) 59.17; 10, K. Emsley (S-Yth) 60.15.

Surrey WC 6½M. Road Walk, at Croydon, December 16th. Paul Nihill set the pace throughout and, though pressed by Peter Marlow for much of the distance, he spurted away strongly in the last mile. 1, P. Nihill (Sy WC) 46.06; 2, P. Marlow (S'end) 46.20; 3, D. Delaney (London Vids) 48.05.

Southern League 6M. Road Walk, at Southampton, December 16th. 1, J. Kirk (Trow) 43.40; 2, G. Saxty (Trow) 45.26; 3, B. Blades (Bas) 45.30; 4, R. Switzer (So) 47.48; 5, N. Munro (So) 48.04; 6, A. Emmott (So) 48.16. Teams: 1, Trowbridge 32; 2, Southampton 27; 3, Basingstoke 17; 4, Yeovil 10; 5, Stokes Bay 5.

1M. Track Walks, at Leicester, December 16th. 1, G. Toone (Leics WC) 6:32.0; 2, P. Markham (L) 6:49.8; 3, J. Norman (L) 7:02.7; 4, B. Adams (L) 7:02.9. (Youths) 1, J. Boyce (L) 8:01.0; 2, A. Hackney (L) 8:05.5.

I would like to take this opportunity to wish all walkers, officials and fans, the Editor and his staff, a very happy New Year. In particular, the very best of luck to the half a dozen lads who make the trip to Mexico City next year, whoever they may be.

Other Results

November 8th

Tidworth Services League, at Barton Stacey. 1, P. Wood 23.39; 2, W. Venus 23.40; 3, P. Cleary 23.53; 4, T. Bunyard; 5, R. Jeans; 6, Cowell.

November 25th

Salisbury 60, Eastleigh 124, at Salisbury. 1, D. Amey (S) 31.33; 2, R. Churcher (E) 31.37; 3, K. Fraser (S) 32.27. **Salisbury Champ: Amey.** **Handicap: R. H. Jeffery 30.51.** **(Young Athletes) Salisbury 26, Eastleigh 31.** 1, P. Haugh (S) 18.40; 2, P. Griffey (S) 18.42; 3, Bull (E) 19.10. **Salisbury Youth Champ. & Handicap: Haugh. Salisbury Boys Champ. & Handicap: P. Griffey 18.42.**

December 2nd

Leeds City AC Handicap. 1, B. Gomersall (3.30) 31.24; 2, M. Baxter (scr) 32.25; 3, D. Wood (5.15) 32.33. **Fastest times: Baxter 32.25, R. Pannell 34.01, S. Dobson 34.47.** **(Youths/Boys) 1, T. Tuohy (1.05) 10.46; 2, R. Spirrett (1.45) 10.55; 3, M. Willingham (scr) 10.58.** **Fastest time: Willingham 10.58.**

Sussex "Intermediate" Championships, at Crawley. 1, S. Larkin (Camb. & Col.) 30.35; 2, P. Moore (Horsham) 30.55; 3, J. Stephenson (B'ton) 31.11. **Teams: 1, Brighton & Hove 22; 2, Worthing 54; 3, Bexhill 61 (only results available).**

Oxford Tortoises 30, Cambridge Spartans 51, at Oxford. 1, R. Cross (OT) 37.52; 2, T. Russell (OT) 38.21; 3, eq. P. Hirst & P. McLeod (CS) 38.30.

Insurance C.C. Championships at Ruislip. 1, D. Faircloth 21.07; 2, R. Gevers 21.25; 3, A. Codd 22.47. **Teams: 1, Temple Bar 11; 2, Eagle Star 43; 3, Victory 45.**

Hampshire League, at Southampton. 1, M. Edwards (So'ton Un) 33.17; 2, W. Drake (SU) 33.50; 3, R. Stonehouse (AFD) 34.33. **Teams: 1, So'ton Univ. 51; 2, Aldershot, F. & D. 55; 3, Bournemouth 67.**

London Business Houses Championships, at Parliament Hill Fields. 1, R. Richardson 27.19; 2, G. Williams 27.24; 3, A. Jones 27.52. **Teams: 1, North Thames Gas 23; 2, Fords 30; 3, London Transport (CRS) 69.**

Liverpool Un. 39, Notts Un. 42. 1, C. Marshall (L) 33.44; 2, R. Osborn (N-ns) 34.37; 3, R. Towler (N) 34.50; 4, R. Strutt (L) 35.04; 5, D. Lindesay (L) 35.06; 6, M. Stam (L) 35.20.

December 9th

Cambridge Un. 39, Oxford Un. 41, at Southampton. 1, H. Altmann (O) 39.02; 2, G. Hutchinson (C) 39.07; 3, J. Beckett (O) 39.10; 4, J. Hazelden (C) 39.14; 5, P. Braithwaite (O) 39.19; 6, J. Rix (C) 39.21.

London Shipping Championships, at Streatham. 1, R. Young 26.26; 2, A. King 28.26; 3, R. Clark 32.12.

North Surrey League, at Esher. (Youths) 1, R. Martin (Walton) 16.48; 2, J. Capanda (Mit) 16.54; 3, C. Calderwood (Bel) 16.56. Teams: 1, Belgrave 45; 2, Mitcham 50; 3, Hercules Wimbledon 126. (Senior event cancelled because of dangerous surface conditions.)

Chingford & District League, at Chingford. 1, R. Simnett (En) 30.19; 2, J. Arger (En) 30.20; 3, P. Vaughan (Hornsey) 30.25. **Teams: 1, Eton Manor 85; 2, Barnet 93; 3, Enfield 128.**

Banks Cross Country Championships, at Wimbledon Common. 1, P. Morris 34.47; 2, D. Eccles 34.49; 3, J. Halliday 35.47. **Teams: 1, Westminster 53; 2, National Provincial 85; 3, Lloyds 118.**

London University Championships, at Parliament Hill. 1, K. Ollerton (Univ. C) 29.47; 2, B. Jones (Imp) 30.08; 3, W. Stock (Bedford) 30.12. **Teams: 1, Imperial C. 46; 2, University C. 66; 3, London Sch. of Economics 73.**

Luton United 20, Windsor & Eton 26, Maidenhead 37, at Windsor. 1, G. King (WE-Jnr) 30.25; 2, J. McLatchie (LU) 30.36; 3, A. Simmons (LU-Jnr) 31.39; 4, R. Graham (WE) 31.50; 5, J. Jones (WE) 32.00; 6, T. O'Keefe (M) 32.40.

Halesowen 36, Birmingham Un. 64, Hales. "B" 107, Birm. CE 110, St. Peter's C. 118, Coventry CE 128, Aston Un. 143, Dudley CE 157, at Halesowen. 1, D. Hope (H) 39.01; 2, A. Breakwell (St. P) 39.07; 3, K. Roberts (H) 39.23; 4, M. Peck (H) 40.04; 5, P. Allen (D) 40.11; 6, I. Jones (BU) 40.15.

December 10th

Ilford AC One Hour Track Race, at Ilford. (Track frozen and snow-covered) 1, F. Gamwell 11m 718y; 2, R. Gill 11m 399y; 3, M. Gilson 10m 1356y; 4, E. Barrett 10m 1169y.

December 16th

Camden 16, Grafton 40, Southgate 44, Veterans AC 87, at Parliament Hill. 1, L. Ryan (C) 27.37; 2, G. Pringuer (S) 28.41; 3, J. O'Keefe (G) 28.51; 4, R. Cullinane (C) 29.30; 5, M. O'Connor (C) 29.34; 6, P. Shine (C) 29.36.

Winter Track Meeting, at Leicester. 60: 1, R. Turner (LCAT) 6.5; 2, G. Thurman (LCAT) 6.7; 3, P. Matthews (Lough. AC) 6.8. 330: Thurman 37.5. Mile: P. Blakesley (LCAT) 4:22.0. 3M: 1, W. Bent (LCAT) 14.08; 2, P.

KENT ATHLETIC CLUB

"JUBILEE TROPHY"

Eleventh Annual Youths Cross-Country Open Team & Individual Race

"VICE PRESIDENTS TROPHY"

Fourth Annual Boys' Cross-Country Open Team & Individual Race

SATURDAY, 20th JANUARY, 1968

AT SPARROWS DEN,

WEST WICKHAM, KENT.

Entry Fees: 5/- Youths Teams; 3/6 Boys Teams; 1/- Individual. Entries close Wednesday, 10th January. Full details from D. Baldwin, 52 The Avenue, Beckenham, Kent.

Leake (LCAT) 14.10; 3, J. Offord (LCAT) 14.11; 4, J. Boggis (LCAT-Yth) 14.13 (best ever by British 16-y-o). (Youths) HJ: S. Ginns (LCAT) 5'5".

Thames Valley H. 36, Wycombe Phoenix 100. 1, D. Davies (TVH) 38.07; 2, F. Whitley (TVH) 38.12; 3, P. Milsom (TVH) 38.37; 4, M. Davies (TVH) 38.51; 5, G. Minty (TVH) 38.57; 6, D. Musgrove (TVH) 39.05. TVH Championship: 1, D. Davies; 2, Whitley; 3, Milsom. Handicap: 1, R. Billington (4.00) 39.23; 2, D. Stocking (3.50) 39.22; 3, J. Pettitt (3.30) 39.10.

South London H. 375, Ranelagh 582 (scoring 21), at Coulsdon. 1, I. McIntosh (R) 42.49; 2, R. Gevers (SLH) 43.40; 3, A. Avila (SLH) 44.19; 4, C. Dabbs (R) 45.15; 5, F. Gilson (SLH) 45.16; 6, J. Bull (R) 45.41. SLH Championship: 1, Gevers; 2, Avila; 3, Gilson. Handicap: 1, J. Randall 37.01; 2, J. Lyne 37.04; 3, J. Stubbs 37.09. Vets H'cap: Stubbs.

Leeds City AC Handicap, at Birstwith. 1, D. Hodgson (0.50) 10.13; 2, M. Willingham (0.20) 9.49; 3, G. Towers (0.50) 10.26. Fastest time: Willingham.

CHAMPION IN FOUR EVENTS

Top honours in the South-East Asian Peninsular Games, held from December 10th to 12th, were shared by the Malaysians Rajalingam (winner of the 100m and 200m) and Subramaniam (first in the 800m, 1500m, 5000m and 10,000m). Leading results:—

100m: Rajalingam (M) 10.5, Kunalan (Sing) 10.6, Soe Win (Bur) 10.7; 200m: Rajalingam 21.3 (Games rec), Kunalan 21.8; 400m: Victor (M) 48.1, Tongsur (Thai) 48.2; 800m: Subramaniam (M) 1:51.1 (Games rec), Phensuabhare (T) 1:51.8; 1500m/5000m/10,000m: Subramaniam 3:59.6, 15:33.4 (Games rec) & 32:48.6; 3000mSC: Singh Kler (M) 9:27.2 (Games rec); 110mH: Merican (S) 14.9; 400mH: Nathan (M) 53.0 (Games rec), Rahman (M) 53.2, Mahasinanond (T) 53.6; 4x100m: Thailand 41.0 (Games rec); 4x400m: Malaysia 3:13.7; HJ: Salleh (M) 6'3½"/1.91; PV: Mansoor (S) 13'1½"/4.00; LJ: Kamarudin (M) 23'3½"/7.10; TJ: Pleart (T) 47'4½"/14.43; SP: Sidhu (M) 47'0½"/14.34 (Games rec); DT: Naidu (M); HT: Mane (S) 147'10"/45.08; Dec: Katesepswadi (T) 6048 (Games rec).

Women's 100m: Dorall (M) 12.5; 200m: Yimploy (T) 25.5 (Games rec); 400m/800m: Rajamani (M) 58.2/2:27.4; 80mH: Siddons (S) 11.8 (Games rec); 4x100m: Malaysia 48.2 (Games rec); SP: Tinlay (B) 39'8½"/12.11 (Games rec); DT: Pranee (T) 122'7"/37.38 (Games rec); JT: Htwe (B) 123'9"/37.72; Pen: Hing (S) 3583 (Games rec). **David Attwell**

WELSH CONDITIONING CLINIC

The second term of the Welsh National Conditioning Clinic (see article on page 5) begins on January 14th. Details can be obtained from Peter Lay, 47 Cathedral Road, Cardiff.

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