

Athletics WEEKLY

Dec. 28th, 1957

9^D

Vol. 11. No. 52



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THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN

Walking

By A. D. McSweeney

BEST PERFORMANCES, 1957 (In Championship Class Events, County Upwards).

Track

YOUTHS' ONE MILE

7:12.6	F. Crossley (Toledo)	22/6
7:22.0	K. Bradford (Sheffield)	22/6
7:25.3	D. C. Read (Steyning)	29/6
7:27.5	C. J. Manning (Watford G.S.)	29/6
7:34.1	R. Sheppard (Steyning)	29/6
7:37.8	P. Marlow (Southend)	1/6
7:39.0	E. Clewes (Sheffield)	22/6
7:49.0	R. Cooper (Worcester)	22/6
7:50.5	E. Hewinson (St. Julians)	29/6
7:59.0	K. Burling (Sheffield)	22/6

JUNIOR ONE MILE

6:55.3	M. Shannon (Newport)	27/7
7:10.0	S. F. O'Connor (Cambridge H.)	1/6
7:13.0	B. J. Knifton (Belgrave)	27/7
7:15.4	R. Bygrave (Highgate)	1/6
7:18.5	S. Cameron (Q.P.H.)	1/6
7:24.0	K. Bradford (Sheffield)	27/7
7:24.0	B. Elkins (Gosport)	15/6
7:25.4	J. Brennan (Gosport)	27/7
7:30.2	A. Barber (Latymer U.S.)	22/6
7:37.8	G. Squire (Leicester)	22/6
7:38.7	M. Desmond (Essex B.)	22/6
7:40.2	F. Crossley (Toledo)	27/7
7:47.7	M. Fry (Worcester)	27/7

(Seniors)

TWO MILES

13:29.4	G. Howell (Highgate)	18/5
13:57.6	S. F. Vickers (Belgrave)	22/6
14:12.0	R. F. Goodall (Woodford)	13/7
14:14.0	K. J. Matthews (R. Sutton)	1/6
14:15.4	C. Williams (Ilford)	8/6
14:17.6	J. Barraclough (Lancs.)	1/6
14:33.8	A. H. Poole (Worcester)	1/6
14:34.0	G. Chaplin (Godiva)	1/6
14:36.2	E. Smith (Belgrave)	13/7
14:37.4	G. Williams (Worcester)	1/6
14:40.4	E. W. Hall (Belgrave)	13/7
14:46.0	G. Meadows (Highgate)	1/6
14:50.0	B. Hawkins (Metropolitan)	1/6
14:53.0	M. Shannon (Newport)	22/6
14:58.2	F. C. Brooks (Cozells)	22/6

SEVEN MILES

51:13.4	K. J. Matthews (R. Sutton)	27/6
51:34.4	S. F. Vickers (Belgrave)	10/8
51:49.0	E. W. Hall (Belgrave)	10/8
52:55.0	G. W. Coleman (Highgate)	8/6
53:06.0	R. F. Goodall (Woodford)	8/6
53:17.0	G. Chaplin (Godiva)	27/6

53:50.0	C. Williams (Ilford)	30/3
53:59.0	L. Allen (Sheffield)	6/7
54:05.8	B. Hawkins (Metropolitan)	8/6
54:12.0	G. Williams (Worcester)	4/5
54:16.4	G. Meadows (Highgate)	30/3
54:17.0	T. W. Misson (Metropolitan)	30/3
54:24.0	A. H. Poole (Worcester)	22/6
54:27.8	G. Howell (Highgate)	8/6
54:57.6	R. E. Davies (Woodford)	30/3

TEN MILES

74:31.4	S. F. Vickers (Belgrave)	31/8
76:09.0	E. W. Hall (Belgrave)	31/8
76:37.0	K. J. Matthews (R. Sutton)	31/8
77:57.0	T. W. Misson (Metropolitan)	31/8
79:00.4	R. F. Goodall (Woodford)	31/8
79:21.6	G. L. Meadows (Highgate)	31/8
79:55.0	B. Hawkins (Metropolitan)	31/8

Road

TEN MILES

75:16.0	K. J. Matthews (R. Sutton)	23/2
75:58.0	E. W. Hall (Belgrave)	22/2
76:57.0	S. F. Vickers (Belgrave)	9/3
77:25.0	L. Allen (Sheffield)	23/3
77:49.0	G. Chaplin (Godiva)	9/3
78:13.0	G. Williams (Worcester)	23/2
78:23.0	J. Edginton (Godiva)	9/3
79:02.0	A. H. Poole (Worcester)	9/3
79:16.0	T. W. Misson (Metropolitan)	23/2
79:40.0	C. Williams (Ilford)	2/2
79:48.0	D. Shaw (Sheffield)	23/2
79:57.0	R. F. Goodall (Woodford)	23/2

Continued next week

ILFORD LADIES' RELAY

The 14th annual Ilford Ladies' Road Relay is being held on Saturday, March 22nd, 1958. All enquiries regarding this event to Hon. Secretary, Mrs. B. D. Soar, 129 Gresham Drive, Chadwell Heath, Romford Essex.

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CONTENTS

	Page
FIXTURE LIST, 1958	4
OUTSTANDING ATHLETES OF 1957 5,000m./10,000m. ...	6
FAST TIMES IN AUSTRALIA ...	8
MILDRED McDANIEL (U.S.A.) answers the Questionnaire ...	10
BEST BRITISH PERFORMERS, 1957 ...	12
CHINESE ATHLETES APPROACH WORLD CLASS ...	14
MARATHON RUNNING IN JAPAN ...	16

EVERY SATURDAY — NINEPENCE

NEXT Saturday is County Championship day and, particularly in Lancashire, Surrey and Middlesex, there should be some interesting races.

In these three counties, and perhaps a few others as well, there are several top class youngsters who will be endeavouring to earn their places in their county team for the inter-county race at Stoke a fortnight later at the expense of some of the older and more experienced athletes.

The likelihood of Gordon Pirie returning to the fold will add spice to the cross-country season and it will be interesting to see how he fares against his old rivals and the many fine youngsters who are coming to the fore. With Pirie, Ibbotson, Firth and Reed as their backbone, and many other fine young runners to back them up, South London look in an impregnable position so far as team racing is concerned, though Thames Valley and Sheffield will be keen to knock them off their perch.

Thinking of track for the moment, it was good to see the A.A.A. relenting a little on their previous attitude and giving Brian Shenton a personal hearing. The original decision to make no statement was a stuffy and undemocratic one and it was only right that a full and frank statement should be made, irrespective of whether or not Shenton's record is eventually passed.

This number is being produced before the Christmas holiday and it is possible that one or two items may have to be held over until next week. We have many features of outstanding interest for you in 1958, a year full of "plums" in the world of athletics. May we finish the old year and start the new by wishing you all "A Very Happy New Year."

THE EDITOR

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Cover photo by Sportsvie

FIXTURE LIST 1958

January

- 1 Morpeth to Newcastle 13½M.
- 4 County C.C. Championships
- 5 Maryhill 4½M. Road Race
- 11 Bingley H. Open C.C. H'cps.
- 11 N. Yorks and S. Durham Lge., Darlington
- 11 S.E. Lancs. Lge., Rochdale
- 11 North'd and Dur. Lge., N. Shields
- 11 Birmingham Lge., Div. 1, Lozells; 2, Spark-hill; 3, Halesowen
- 11 N. Midlands Lge., Cranwell
- 11 Inter-League Match, Swinton
- 11 Mitcham 15½M. Road Race
- 18 Inter-County C.C. Chp., Trentham Gdns.
- 18 Southern W.A.A.A. Inter-County Champs.
- 25 Hull H. 10M. Road Race
- 25 North'd and Dur. Lge., S. Shields
- 25 Q.P.H. Jun. Open 5M. C.C. Race
- 25 W.A.A.A. Junior Champ., St. Albans
- 25 Halifax C.C. Champs.

February

- 1 North Eastern C.C., Champs., Darlington
- 1 N. of Thames, Chigwell
- 1 S. of Thames Sen., Wimbledon
- 5 R.A.F. v. C.S. v. Middx., Chessington
- 8 Midland C.C. Championship, Coalville
- 8 Yorkshire Champs., Beverley
- 8 Shaftesbury Boys' Race, Parl. Hill.
- 8 T.V.H. Field Events Meet., Alperton
- 15 St. Asaph to Rhyl 6M. Road Race
- 15 Southern W.A.A.A. Champs., Salisbury
- 22 Southern C.C. Championships, Parl. Hill
- 22 Northern C.C. Championships, Bingley
- 22 Birmingham Lge., Div. 1, Worcester; 2, Birmingham Un.; 3, Bromsgrove
- 22 Gloucestershire League, Cheltenham
- 28 R.A.F. Championships

March

- 1 Leeds Boys Champs.
- 1 East Hull 20M. Road Race
- 1 Belgrave H. Open Field Events Meet., Batt. Pk.
- 1 Imperial Coll. Hyde Park Road Relay
- 1 W.A.A.A. Championships
- 8 National C.C. Championships, Birkenhead
- 14 Inter-Services Championships
- 15 Bradford C.C. Champs.
- 15 Worcestershire Beacon Race
- 15 Ilford Road Relay
- 15 Windermere-Kendal 8½M. Race
- 15 Hampshire & Bournemouth "10"
- 15 R.W.A. 10M. Championship
- 22 Chingford (5 x 3½) Road Relay
- 22 Taunton 10M. Road Race
- 22 Oxford v. Cambridge, White City

- 22 Orion H. 15M. C.C. Race
- 22 International C.C. Champs., Cardiff
- 22 Worthing 10M. Road Race
- 22 Ilford Ladies' Road Relay
- 22 Cambridge H. Road Relay, Bexley
- 29 Ilford Youths' Road Relay
- 29 Plessey's Road Relay, Ilford
- 29 Wigmore H. 15M. Road Race
- 29 T.V.H. Road Relay
- 29 Midland 10M. Track Race.
- 29 Brighton Front Relays.

April

- 5 Leyton-Southend Relay
- 5 Wolverhampton H'cp. Road Relay
- 7 Maidenhead 10M. Road Race
- 12 Harborne Outer-Circle Road Relay
- 12 London-Brighton National Relay
- 12 Finsbury Park Road Relay
- 12 Eastleigh 5M. Road Race
- 12 Sutton and Cheam (Sen. Jun. and Yths.) Road Relay
- 12 B.T.H. Road Relay, Rugby
- 18/19 L.A.C. Schools Meeting, W.City
- 19 A.A.A. "10" and 7M. Walk, Hurlingham
- 19 Warwicks, County Road Relay. Lem. Spa.
- 26 Finchley and Southern "20"
- 26 Tipton H. Road Relay
- 26 Smethwick Tel. Junior R. Relay
- 30 A.A.A. v. Surrey, Motspur Park (prov.)

May

- 3 Hull Marathon
- 6 A.A.A. v. Oxford Univ, Iffley Road
- 7 Notts League "A," Notts A.C.
- 7 Leyton Floodlit Meeting
- 10 Surrey 20M. Road Champ., Epsom
- 10 East Surrey League
- 10 Gloucestershire Champions'ps, Brockworth
- 10 Chichester-Portsmouth 16M. Road Race
- 10 Sugden Trophy Junior Meeting, Barking
- 10 Redhill and Reigate Meeting
- 10 Sward Trophy Meeting, Chiswick
- 10 Manchester-Blackpool Relay
- 10 Area University Team Championships
- 10 R.W.A. 20M. Championship
- 10 Hayes & H. "Debenham Trophy," Pk. Farm
- 13 A.A.A. v. Cambridge Univ., Fenner's
- 14 Finchley H. Meet., Alperton
- 16/17 U.A.U. Championships, Wolverhampton
- 17 Notts League "A," Berry Hill
- 17 Pembroke 20M. (Inc. Ches. & Lancs "20")
- 17 Pollitt Trophy Meet., Brighton
- 17 Vancouver Trophy Meet, Ashton Pl. Fields
- 17 E. Surrey League
- 17 Chelmsford Coronation Trophy Meeting
- 17 Surrey Youths' Championships

- 17 Middlesex Jun. & Yths. Champs., Ashton Pl. Fields
- 20 West Surrey League, Farnham
- 21 U.A.U. v. Southern Un. v. Un. of Wales
- 22 E. Surrey League
- 24 C.A.U. 20M. Road Race
- 24 Surrey Women's Champs., Croydon
- 24/26 British Games & I-C Ch., White City
- 28 Northern British Games, White City, Manchester
- 28 A.A.A. v. London Univ., Motspur Park

- 31 County Championships (general date)
- 31 Liverpool "Melbourne Trophy" Meeting
- 31 Coventry Godiva "10" (Prov.)

June

- 3 Q.P.H. ½M. Invitation Race
- 4 Notts League "B," Sutton H.
- 4 E. Surrey League
- 6/7 W.A.A.A. Championships, W. City

Continued on back page

Letters to the Editor

INTERNATIONAL SELECTION

Dear Sir,

Like many other people I am puzzled by the various selections which have been made for the continental races this season by the English Cross Country Union.

There are many athletes, such as M. J. Palmer, L. Cooper, W. P. Bird, A. Llewellyn and C. Haslam who have been overlooked and who deserve consideration, but the most obvious omission has been that of Stan Eldon. Apart from A. J. Weeks-Pearson, no other athlete has had such an impressive record this season.

He has had seven races and won them all, setting up six new course records. At Cranford he beat the course record made by Ken Norris in 1955, by over two minutes. When he completed the course no other runner was in sight and the race included such fine runners as A. Ingles, C. Haslam, A. Towl, K. Norris, M. Maynard and R. Clark.

Yours sincerely,

L. J. Runyard

Hon. Secretary and Windsor and Eton A.C.
and A.A.A. Coach,

A CHALLENGE

Dear Sir,

This letter is by way of being a challenge to any pair of middle distance runners who feel capable of accepting it.

Recently two Californian runners set a new American record for a very unusual event: the "Two Man, Ten Mile Relay." In this relay two men have to carry a baton for ten miles in any way that they choose. The most efficient way is by running alternate quarters.

The American record is 45mins. 18.9secs. However, two runners from the University

of British Columbia ran the distance in 44 mins. 39.8secs. The two runners, Jack Burnett and Jim Moore running alternate quarters covered the first mile in 4:27.9, the three miles in 13:23.1, the six miles in 26:49 and the ten miles in 44:39.8. This is 39.1 seconds faster than the American Record and has been forwarded for ratification.

Are there any comers?

Yours sincerely,

Michael May.

(U.B.C. Track Team and ex-S.L.H.)

3090 Point Grey Road, Vancouver 8, B.C.

P.S.—My own choice would be Brian Barrett and George Knight.

This is, of course, a version of the "Paarlauf" though not the correct way of running it. The times quoted by reader May should be a not too difficult target for a pair of our distance runners. Perhaps some enterprising promoter would include it in his programme next season, though it would not necessarily bring out two of our best men.—Ed.

YOUNG ATHLETES' (GIRLS) COURSE

Surrey Women's A.A.A., in conjunction with the C.C.P.R., have arranged for a Day Course for Young Girl Athletes at Onslow County Secondary School, Queen Eleanor's Road, Guildford, Surrey, on Saturday, January 25th, 1958, from 10 a.m. to 4.15 p.m.

The Course will cover sprints, hurdles, high jump and long jump, and is intended for girls who have received little or no coaching in athletics. The fee is 3/6.

Further details can be obtained from the C.C.P.R., 6 Bedford Square, London, W.C.1, or The Hon. Coaching Sec., Surrey W.A.A.A., 59 Rydens Way, Old Woking, Surrey.

THE OUTSTANDING ATHLETES OF 1957

5. 5,000 m. / 10,000 m.

By MELVYN WATMAN

Note: These athletes are not listed in order of merit

Vladimir Kuts, U.S.S.R. (aged 30). Stomach trouble kept the double Olympic champion out of racing until late August. His first race was the 10,000 metres against Britain and, despite being far from fit (for him!), he was never troubled in winning in 29:13.2. He had not fully recovered for the Soviet Championships five days later and was edged by Bolotnikov: 29:09.8 to 29:10.0. Came back to take the 5000 metres title easily in 13:48.6. His next race was an 8:06.6 3000 metres. Then, within a fortnight, he reeled off 5000 in 13:38.0 (USSR record) in Prague, cut Pirie's world mark to an incredible 13:35.0 in Rome, and cruised to a 29:10.4 10,000 in bad conditions at Genoa! Kuts has not yet said his last word



DEREK IBBOTSON and **DIANA WILKINSON**, the 13-year-old swimming champion and record holder, with the trophies presented to them as "Sportsman of the Year" and "Sportswoman of the Year," the annual contest organised by the *Daily Express*.

and is very much the man to beat at Stockholm. Best marks: 3000m.—8:06.6, 5000m.—13:35.0, 6 miles—28:12.2, 10,000m.—29:10.0.

Pyotr Bolotnikov, U.S.S.R. (aged 27). At the moment, the tactics of this strong front runner are similar to those employed by Kuts in 1953—but his times are very much faster. Displayed considerable improvement by recording a 13:58.2/29:48.4 double as early as May, but disappointed by clocking only 14:10.0 behind Graf (14:06.2) in Prague. Made up for this lapse by slamming Allen Lawrence in Moscow: 14:00.0 to 14:11.8, and followed up with an excellent 29:14.6 victory in the World Youth Games 10,000 over a strong field that included Lawrence. Finished fourth (13:54.4) in the 5,000 five days later. Beaten by Pirie and Ibbotson into third place in London (14:01.4) but regained top form to win the Soviet 10,000 by a yard from Kuts in 29:09.8. A good, but distant second (13:58.0) to Kuts in the 5000 title race a few days later. Finished half a lap behind Kuts at Genoa (29:43.8) but ended season with a good run (29:40.2) in adverse conditions at Bucharest. Best marks: 5000m.—13:54.4, 10,000 29:09.8.

Derek Ibbotson, Gt. Britain (aged 25). Not particularly active over the longer distances. Took the Northern three miles title in 13:37.0 and the A.A.A. championship (in pouring rain) in a fine 13:20.8—a British record. Despite a cut foot he won against France in 13:50.2y and two days later he defeated Zimny in an 8:44.0 two miles. Beaten by Pirie in match against U.S.S.R. and eased to 14:00.4 ahead of Bolotnikov and Chernyavskiy. Clocks 8:41.2 two miles behind Vuorisalo and Pirie when past his peak for the season. Best marks: 1500m.—3:41.9, 1 mile—3:57.2, 3000m.—8:09.4, 2 miles—8:41.2, 3 miles—13:20.8, 5000m.—14:00.4.

Gordon Pirie, Gt. Britain (aged 26). Lack of training during his brief sojourn in New Zealand caused Pirie to reach peak form later than usual. Ran a surprisingly good two miles in 8:47.8 behind Ibbotson in June yet lost to Knight by 8:50.0 to 8:50.8 a month later. On the very next day he chalked up a good 5000 victory over Graf in 14:05.6. Enjoyed a great

5000 win over Ibbotson, Bolotnikov and Chernyavskiy in London in 13:58.6 but his best performance of the season was set in Malmo in early September when he sped to a 4:00.9 mile (his best ever) behind Waern, Moens and Ericsson and, barely 45 minutes later finished like a bomb to edge Lawrence in a 14:13.0 5000 (13:50.3 at three miles)! Two days later he accounted for the redoubtable Krzyszkowiak and Zimny in 14:00.8. Made only one essay at 10,000—running steadily for 29:54.0 behind Knight against West Germany. Switched to two miles a couple of days later and posted his best ever time of 8:39.0 a yard behind Vuorisalo. Jogged in against Poland in London in 15:09.2—the victim of too many races in too short a period. Best marks: 800m.—1:54.2, 1500m.—3:44.8, 1 mile—4:00.9, 3000m.—8:09.2, 2 miles—8:39.0, 3 miles—13:34.8, 5000m.—13:58.6, 10,000m.—29:54.0.

George Knight, Gt. Britain (aged 24). Britain's track revelation of the year. Ran only 14:20.8 for three miles in first race but quickly worked his way into form. Clocked 13:55.2 three miles behind Reed at Leyton, won a 5000 in 14:21.2, the Essex three in 13:51.6, and the inter-counties title in 13:46.2. Ran a magnificent race to win the A.A.A. six miles title by two yards in 28:50.4. Outsprinted Pirie in an 8:50.0 two miles the following week. Well beaten by Mimoun over six (29:22.2 to 29:40.2) but learned from his mistakes to clock 29:25.8 over 10,000 behind Kuts in London. Never looked back after that. Reduced his 5000 best to 14:06.6 (13:40.0 at three miles), returned season's fastest time of 29:06.4 for 10,000 against Poland, won against West Germany in 29:16.2, notched a great 5000 win against Poland in 13:57.6 to clinch the match for England, and defeated another good field at Glasgow in 13:38.7 (three miles). A little tired by then, he narrowly lost a 14:10.2 5000 to Laufer in October. Best marks: 1 mile—4:11.4, 2 miles 8:50.0, 3 miles—13:38.7, 5000m.—13:57.6, 6 miles—28:29.8, 10,000m.—29:06.4.

Miklos Szabo, Hungary (aged 29). A patchy season for this usually consistent athlete. Lost a 3000 metres race to Mugosa, 8:12.0 to 8:12.6, in May but evened matters by winning 14:08.4 to 14:08.8 a week later. Scored a brilliant success at the Moscow Youth Games, taking the 5000 in 13:51.8—to beat Janke, Bolotnikov, Stephens, Dessyatchikov and Graf among others. Only a fortnight later, however, he could clock only 14:13.2 for third in the

Hungarian championship behind Iharos (14:05.0) and Kovacs (14:05.6). Won a 14:06.8 race in Prague and clocked a fast 3000 later in the season, yet was well beaten in several other races. Best marks: 3000m.—8:03.6, 5000m.—13:51.8, 10,000m.—29:46.4.

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FAST TIMES IN AUSTRALIA

By J. H. GALLI

ALBERT THOMAS set a new Australian 3-miles record of 13:25.9 on the second day (December 8) of the Victoria versus N.S.W. interstate challenge at Olympic Park, Melbourne.

Thomas led from start to finish to clip 1.8 sec. from John Landy's record set on the same track in February 1956, and easily beat Pat Clohessy (13:59.2) and Dave Power.

It was a brilliant effort for little (5'5½") and light Albert Thomas, who showed how records are to be set. His lap times were 65, 65, 65, 67 (4:22), 68, 66, 67, 70 (8:53), 68, 69, 70 and 65.9.

I had felt after Thomas' 4:01.5 a week before that he was ready to move onto a new level for 3 miles, as his previous best was 13:36 in February 1956. Now, the official all-time world's fourth fastest, he could get on top of Allan Lawrence and perhaps prove the threat to Derek Ibbotson at Cardiff.

Running a cautious, uninspired race, Merv Lincoln won the mile in 4:03.7 on the first day.

He beat John Murray 4:05.1, Pat Clohessy 4:07.1, Dave Power 4:08.0, Albert Thomas 4:09.8 and Terry Sullivan 4:13.7.



ANN THOMPSON and MALCOLM FISHER with the trophies presented to them at the Halifax H. Prizes Presentation.

H. Beaufort-Jones

Lincoln's time was 4.8 outside his best of last March. Murray and Power ran personal records.

With nobody anxious to take the lead, little Thomas gamely assumed the role (although it was obvious he was waiting for the 3-mile next afternoon—he had promised his fiancée he would bring home the record), and passed the 440 in 63.0, leading Power, with Lincoln plodding along fifth.

Thomas breezed through the 880 in 2:04.0, still leading Power, and with Lincoln still fifth. Then Power took over the front position, and led Clohessy and Thomas through ½ in 3:07.0, with Murray and Lincoln tailing.

Power steamed up a bit in the last lap, but on the final turn Lincoln accelerated, cut sharply right in front of Murray (thus balking his move to the front), and from there it was all over.

As a race it was a flop, yet so much had been expected by the public, especially in view of it being the first major meet of the season. Although widely acclaimed, Lincoln's performance was unimpressive.

Certainly it was good tactics to sit back and sprint home in what really is a second class field (by world standards), and after a 3:07 ¼ mile, but so many Australians fail to understand that this could not be done (especially by the lack-lustre Lincoln) in 3:55.56 pace, when the half-mile is passed in 1:56 or thereabouts—as Elliott certainly will be out to do when he is ready to go. (He has been laid up from training several weeks with a foot injury, but he'll still be the top man, and won't be satisfied with anything less than a world record.)

The only other world class performance on the track was in the 3000 metres steeplechase, won by Graham Thomas in 8:54.3, from Olympic finalist Neil Robbins, whose time of 8:55.4 was 5.4 outside the Australian record he set at the Games.

Jim McCann, the young (18) Sidney boy who was a sensation as a sprinter-broad jumper in school meets, looked impressive and promising as he won the broad jump with 25ft. 2in., despite the fact it was aided by a 4.88 metres per second tail wind.

McCann, coachless now that he has left school, will probably link up with Percy Cerutti, and that should give Percy a chance

at last to prove his theories on sprinting and jumping. Jim will be the first sprinter he has handled.

Best performances in the challenge meet were:

Dec. 7—100yds.—Hec Hogan 9.9 (into wind); 440yds.—Kevan Gosper 48.1, Blake Jewell 48.8; 220yd. hurdles—John Cann 24.4, Jim McCann 24.9; HSJ—Allan Stevens 48'5" (wind); Pole Vault—Max Gee 13'2"; Shot Put—Peter Hanlin 50'7½"; Discus—Ves Balodis 152'5".

Dec. 8 — 220yds.—Gary Bromhead 22.0; 880yds.—John Murray 1:51.8, Barrie Almond 1:52.2, Dennis Wilson 1:52.7, John Atterton 1:53.4, Tony Alsson 1:53.5; 440yd. hurdles—Geoff Goodacre 53.8; Broad Jump—Jim McCann 25'2" (wind), Hugh Jack 23'10" (wind); Javelin throw—Joe Hart 203'7", Hammer throw—Bill O'Connor 167'7½", N. Gadsden 166'1".

Betty Cuthbert set a N.S.W. W.A.A.A. inter-club 100yds. record of 10.6sec. in Sydney on December 7th, with a following wind just 2 metres per second, and thus allowable.

In the same meeting Marlene Matthews won in 10.6sec., but with a 2.6 metres per second wind, and Fleur Mellor won in 10.8sec.

In the Melbourne women's meeting, Mrs. Nancy Boyle set a competition 220yds. record of 24.4sec.

Merv Lincoln won the 1,000 metres at the Melbourne twilight meeting on December 3 in a fair 2:28.1, beating John Murray 2:28.3.

Lincoln made another sprint finish, but again it did not impress because of the class of runners he was opposed to.



TONY WEEKS-PEARSON leading Van Laere during the international cross-country race at Courcelles.

Stanislav Jungwirth, who had been ill, was unable to compete in that meeting, or December 7-8.

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RAINHAM, KENT

★

MILDRED McDANIEL

(U.S.A.)

*answers the
Questionnaire*

★



Name (Surname first):	McDaniel, Mildred Louise
Birthplace and date:	November 4th, 1933, Atlanta
Height:	5ft. 9½ins.
Weight:	120lbs.
Occupation:	Student
Club:	_____
When did you first commence athletics?	In high school 1950.
What were your first events?	High jump, broad jump, hurdles and relay.
What are your favourite events now?	High jump.
What are your best marks at these events?	5ft. 9½ins.
Give brief details of your athletic career, championships won, dates and performances:	<p>Hold the following records in the high jump.</p> <p>1950-52: City Champ. in hurdles and broad jump.</p> <p>1952-53: National record.</p> <p>1953: American record.</p> <p>1955: Pan-American record.</p> <p>1956: Olympic record and World record.</p>

Which performance gave you most personal satisfaction and why?

High Jump because it takes a lot of nerve and you have to be cool and calm and not easy to get excited. The high jump calls for grace, balance co-ordination and judgment. (This question was obviously mis-understood, Ed.).

How many days a week do you train in (a) Summer and (b) Winter?

(a) 6 days a week.

At what time of the day do you normally do your training?

3 p.m. to 6 p.m.

How long do you spend on each training session?

3hrs. each day.

Give a brief outline of your training in the Summer season, with a typical week's work?

Monday: 5 laps warming-up, exercises, high jumping, 220 yards dash and 440 yards.
Tuesday: 5 laps warming-up, exercises, high jumping, 220 yards dash 440 yards.
Wednesday: 5 laps warming-up, exercises, high jumping 220 yards dash 440 yards.
Thursday: 5 laps warming-up, exercises, run 220 yards.
Friday: 5 laps warming-up, exercises, high jumping, 220 yards dash, 440 yards.
Saturday: 5 laps warming-up, exercises, 220 yards dash 440 yards relay.
Sunday: Rest.

Give a brief outline of your training in the Winter season, with a typical week's work:

No Winter training.

How often do you compete in the competitive season(s)?

4 meets a season.

Describe briefly the warming-up you do before competition and time taken:

2 laps warming-up, exercises, mark my take-off point for high jumping, test it, then rest until the jumping start. One half hour.

How many days rest do you prefer before competition?

2-3 days rest to build my leg strength up.

Name the coaches who have coached you?

Marion Perkins, Cleve Abbott, Nell Jackson and Boo Morcom.

Have you any suggestions for improvements in competition or athletics generally?

No.

What advice would you offer to the young athlete or novice?

1, Take training seriously. 2, Tell yourself you are the best in your event. 3, You can only get out of a sport what you are willing to put in it. 4, Have confidence in yourself.

BEST BRITISH PERFORMERS, 1957 (ctd.)

Compiled by Norris McWhirter, Stanley Greenberg and Melvyn Watman

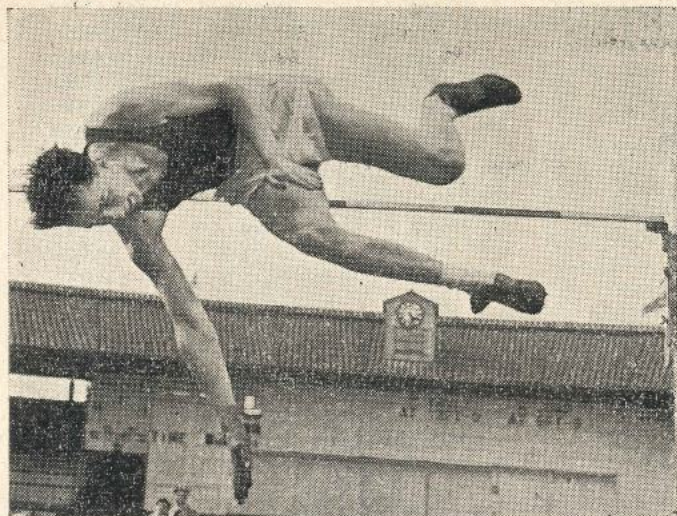
The compilers wish to thank all who have sent them details of performances. Without their co-operation such deep lists could never have been published. Any amendments would be gratefully received by Melvyn Watman, 39 Bethune Road, London, N.16.

High Jump

6'6"	Oladipo Okuwobi (Camb. H./Nig.)	19/7	12'0"	Michael Nugent (SLH)	6/4
6'4 1/2"	Crawford Fairbrother (VPAA)	3/10	12'0"	Malcolm Ash (Belgrave)	20/4
6'4"	Bernard Rolfs (Cambridge H.)	4/5	12'0"	P. C. Delight (Southgate)	29/6
6'4"	David Chadderton (Leeds Un.)	29/6	12'0"	Colin Fletcher (Bridgend)	6/7
6'4"	E. A. Adeyemi (LAC/Nigeria)	6/7	12'0"	Geoffrey Lomas (Winnington Pk.)	3/8
6'3"	Peter Wells (ex-LAC)	2/2	12'0"	Charles East (Essex B.)	17/8
6'3"	Peter Hogben (Hythe)	8/5	11'10"	John Ball (Bridgend)	1/6
6'3"	Charles Van Dyck (LAC/Ghana)	20/5	11'9 1/2"	Rex Hayden (London Un.)	5/5
6'3"	Michael Ludlow (Hythe)	1/6	11'9"	C. J. Weeks (SLH)	6/4
6'3"	Paul Stableforth (Walton)	10/6	11'9"	Peter Lyons (J. Fisher S.)	27/4
6'3"	David Wilson (Hercules)	10/8	11'9"	D. F. Mumford (Edinburgh Un.)	1/6
6'3"	William Piper (Glasgow Pol.)	30/8	11'9"	John Neill (Chiswick GS)	20/7
6'2"	Gordon Hickey (Blackheath)	4/5	11'7"	Sidney Cuff (Preston)	1/7
6'2"	Desmond Luke (Ox. Un./S.Leone)	14/5	11'6"	R. Hallam (RAF)	9/2
6'2"	Anthony Bateman (Southall)	5/6	11'6"	W. J. Stent (Fulham)	2/3
6'2"	A. R. Houston (VPAA)	7/6	11'6"	W. T. Hamilton (Southgate)	2/3
6'2"	Brian Watts (Bath)	1/8	11'6"	G. Chesters (London Un.)	15/6
6'1"	John Kitching (Camb. Un.)	4/5	11'6"	Morton Evans (Llanelli)	22/6
6'1"	E. O. Oladeji (London Un./Nig.)	11/5	11'6"	T. L. Lunde (unatt.)	22/6
6'1"	D. W. G. Hanns (Portsmouth)	11/5	11'6"	James Johnson (Wrexham)	29/6
6'1"	C. M. G. R. Jenkins (Oxford Un.)	22/6	11'6"	G. M. G. Knight (Army)	29/6
6'1"	A. M. Law (Bellahouston)	5/7	11'6"	Hywell Williams (Roath)	3/7
6'1"	J. Fadaka (London Un./Nig.)	14/8	11'6"	P. D. Hall (RAF)	3/7
6'0 1/2"	Aneurin Evans (Roath)	18/5	11'6"	A. B. Good (Army)	4/7
6'0 1/2"	I. Eli (Liverpool H./Nigeria)	22/6	11'6"	David Pentecost (Hercules)	31/8
6'0 1/2"	A. J. B. Smith (Dundee Hawkhill)	20/7	11'6"	F. Jackson (Bognor)	21/9
6'0"	Brian Wardley (LAC)	5/2	11'4"	J. F. Guest (Preston)	1/6
6'0"	Malcolm Ash (Belgrave)	11/5	11'3"	J. Freebairn (Glasgow Un.)	29/6
6'0"	Philip Pybus (Achilles/S.A.)	18/5	11'3"	J. Maddern (Durham Un.)	29/6
6'0"	Alexander Davies (Hampstead)	1/6	11'3"	R. Toon (Army)	29/6
6'0"	William Dixon (Colchester Garr.)	1/6	11'3"	A. Hobden (R. Navy)	6/7
6'0"	E. T. Yeend (Eton Manor)	1/6	11'3"	C. F. Harrison (Southend)	23/7
6'0"	John Howell (H.H.H.)	20/6	11'3"	R. Adis (Felsted S.)	17/8
6'0"	Andrew Wigram (Marlborough S.)	-/6	11'3"	W. Worth (Poly)	31/8
6'0"	J. Gilbert (Woodford Gn.)	31/8	11'3"	W. Smith (Loughboro' C.)	
6'0"	Gordon Miller (Hermes)	31/8			
6'0"	A. Gibbs (Oxford Un./S.A.)	-/11			
6'0"	D. Cairns				

Pole Vault

14'1 1/2"	Geoffrey Elliott (Woodford Gn.)	3/7	24'9"	Roy Cruttenden (Poly)	1/6
13'6"	Ian Ward (Bury)	20/7	23'8"	Desmond Luke (Ox. Un./S.Leone)	11/3
12'9"	George Broad (Hermes)	31/8	23'8"	Kenneth Wilmshurst (Walton)	3/8
12'9"	Norman Gregor (ex-HHH)		23'7"	Eric Darlow (RAF)	3/7
12'8"	Kenneth North (Ox. Un./N.Z.)	14/5	23'7"	Gordon Hamilton (Instonians)	27/7
12'8"	Stanley Porter (Brewood GS)	27/7	23'6"	K. Mann (RAF)	3/7
12'8"	Raymond Petitjean (LAC)	20/7	23'4 1/2"	John Whall (LAC)	1/6
12'6"	Ronald Hearfield (Doncaster PW)	3/8	23'2"	Ronald Coleman (Essex B.)	12/7
12'4 1/2"	David Barnard (J. Fisher S.)	18/5	23'1 1/2"	P. Price (Met. Police)	25/5
12'3"	P. M. Milligan (VPAAC)	6/6	23'1 1/2"	Peter Whaley (LAC)	20/7
12'3"	N. J. Brown (Jordanhill TC)	8/6	23'1"	Keith Parker (Lunesdale)	1/6
12'3"	Anthony Hopkins (Walton)	29/6	23'0 1/2"	David Churchill (Bedford Cty)	20/7
12'2"	J. R. McManus (Camb. Un.)	20/7	23'0"	James Grant (Camb. Un.)	16/3
			23'0"	J. H. Cork (Dover)	1/6
			23'0"	I. C. Cuthbertson (LAC/Nig.)	27/7
			22'11 1/2"	Michael England (Exeter Un.)	6/6
			22'11"	Elkins-Green ()	22/6



ALEXANDER DAVIES
(Hampstead H.), one of
Britain's best prospects
and already a "6-footer"
at 15 years of age.

H. W. Neale

22'10 $\frac{1}{2}$ "	B. Kuti (London Un./Nigeria)	6/9
22'10 $\frac{1}{2}$ "	Derek Hadler (Cambridge H.)	1/6
22'10"	William Dixon (Colchester Garr.)	10/8
22'9"	J. Reilly (Green Cockade)	29/6
22'9"	G. Turner (VPAAC)	30/8
22'8 $\frac{1}{2}$ "	Gerald Goodrich (SLH)	30/3
22'8 $\frac{1}{2}$ "	Ronald Gray (Edin. SH/Aust.)	2/7
22'7"	David Brown (TVH)	
22'6"	Percy Luxon (Belgrave)	29/5
22'5 $\frac{1}{2}$ "	Frank Yeomans (Wirral)	25/5
22'5 $\frac{1}{2}$ "	Raymond Gazard (Birchgrove)	28/6
22'5"	K. Holloway (Oxford Un.)	11/3
22'5"	P. Whittaker (Met. Police)	4/5
22'4"	Paul Engo (LAC/Nigeria)	22/6
22'3 $\frac{1}{2}$ "	Brian Newman (Wymondham C.)	1/6
22'3"	A. E. Chow (Wirral)	23/3
23'3"	B. J. Bale (Southgate)	28/6
22'2 $\frac{1}{2}$ "	E. Wood	
22'2 $\frac{1}{2}$ "	Philip Pybus (Achilles S.A.)	1/6
22'2 $\frac{1}{2}$ "	Ronald Jones (Llanelly)	6/7
22'2 $\frac{1}{2}$ "	Norman Barkley (9th Old Boys)	27/7
22'2 $\frac{1}{2}$ "	M. V. Upson (Camb. Un.)	28/10
22'2"	Frederick Gilmore (Hercules)	-2
22'2"	T. Dediare (Loughboro' C.)	16/3
22'2"	Frederick Alsop (Hornchurch)	1/6
22'2"	John Howell (HHH)	20/6
22'1 $\frac{1}{2}$ "	D. J. Fournel (Aljeynes)	6/7
22'1"	F. Moreton (Wirral)	23/3
22'1"	W. R. Cameron (Edinburgh Un.)	25/5
22'1"	T. Hannon (Blairgowrie HHS)	8/6
22'1"	F. M. Stirrup (Birchfield)	27/7
22'0 $\frac{1}{2}$ "	John Young (Oxford Un.)	11/2
22'0 $\frac{1}{2}$ "	George Britten (Essex B.)	1/6
22'0 $\frac{1}{2}$ "	Malcolm Lazarus (Q.P.H.)	7/9
<i>Wind assisted</i>		
23'4"	B. Kuti (London Un./Nig.)	15/6
22'3 $\frac{1}{2}$ "	Arthur Whittaker (Oxford Un.)	14/5

Hop, Step and Jump

49'9 $\frac{1}{2}$ "	Kenneth Wilmshurst (Walton)	5/8
48'8 $\frac{1}{2}$ "	Colin Rutherford (LAC/Aust.)	16/6
48'7"	Paul Engo (LAC/Nigeria)	10/6
48'4 $\frac{1}{2}$ "	George Britten (Essex B.)	7/9
48'2 $\frac{1}{2}$ "	David Field (Saltley C.)	1/6
48'1"	John Whall (LAC)	1/6
47'11 $\frac{1}{2}$ "	Eng Yoon Tan (Lough. C./Mal')	18/5
47'11 $\frac{1}{2}$ "	Aneurin Evans (Roath)	10/6
47'6"	H. M. Murray (Edinburgh Un.)	29/6
47'1"	W. H. Robinson (RAF)	3/7
47'0"	Ian McClune (Glasgow Un.)	25/5
46'8"	J. Reilly (Green Cockade)	29/6
46'8"	Ronald Gray (Edin. SH/Aust.)	13/7
46'6 $\frac{1}{2}$ "	David Smith (Brighton)	5/5
46'6"	J. Waite (Hull Un.)	29/6
46'5"	F. Wyers (Darlington)	10/6
46'5"	Frederick Alsop (Hornchurch)	27/7
46'4 $\frac{1}{2}$ "	George Roden (TVH)	1/6
46'2"	Lloyd Parry (Wolverton)	1/5
46'2"	Brian Phillips (Woodford Gn.)	1/5
46'2"	J. R. Watters (Dollar Acad.)	6/7
46'2"	Richard Dodd (Wrexham)	10/8
46'0"	I. Mitchell (Peterborough)	1/6
45'11 $\frac{1}{2}$ "	Eric Robinson (Hornchurch)	25/5
45'11 $\frac{1}{2}$ "	Michael England (Exeter Un.)	6/6
45'11"	K. J. Reynolds (RAF)	3/7
45'7 $\frac{1}{2}$ "	N. O. Caves (Belgrave)	1/6
45'7 $\frac{1}{2}$ "	J. Ellis (R. Navy)	10/8
45'6"	D. E. Williams (London Un.)	15/6
45'5 $\frac{1}{2}$ "	I. C. Cuthbertson (LAC/Nig.)	27/7
45'5"	Raymond Joslin (Woodford Gn.)	7/9
45'3 $\frac{1}{2}$ "	Thomas Cairns (Short & H.)	29/6
45'3"	I. A. Davidson (Edinburgh Un.)	29/6
45'2 $\frac{1}{2}$ "	M. Ralph (Tadcaster GS)	18/5
45'2 $\frac{1}{2}$ "	T. J. Darlington (Birchfield)	22/6

Continued on page 19

CHINESE ATHLETES

APPROACH

WORLD CLASS

By

MELVYN WATMAN

WHILE attention has been drawn in the last couple of years to the swift improvement in the athletics standing of Poland, the continuing supremacy of the United States and the steady progress of the Soviet Union, Germany and Britain, one tremendously significant trend has been almost completely overlooked—the remarkable upsurge in Chinese standards.

Until very recently China had never achieved much success in athletics, or in any other sport, because of the poor standard of health and depressing living standard. Now, due to improvements in both these fields, Chinese youth has more opportunity and aptitude to excel in sport.

As more and more take up athletics so standards will improve and records fall. It is probably unnecessary to point out that China (I refer to the Chinese People's Republic) has rather a large population from which to draw its athletes: 600 million in fact!

Only one pre-war record still stands and that is for the 100 metres, an event that yields slow progress. The present records for the remaining men's events were all established from 1955 onward.

Considerable improvement took place during 1955 and 1956. National records progressed thus:

	At Dec., 1954	At Dec., 1956
100m	10.7	10.7
200m	22.0	21.7
400m	49.8	49.1
800m	1:57.7	1:51.6
1500m	4:00.8	4:00.8
3000m	9:00.4	8:41.2

5000m	15:21.0	15:13.8
10,000m	31:57.9	31:53.6
3000mST	—	9:49.6
110mH	15.7	14.9
200mH	25.8	25.4
400mH	56.8	55.5
HJ	6.2	6.4½
PV	13.2	13.9½
LJ	22.8½	23.8½
HSJ	48.1	48.6½
SP	43.6	46.6½
DT	138.3½	144.2½
HT	155.1	159.11
JT	187.11	233.7
Dec.	—	5135

A small team of Chinese athletes made an extensive tour of Eastern Europe this summer and the invaluable experience gained is already paying dividends. Since the team's return a number of first rate performances have been recorded. In addition, notable victories against strong Soviet competition have been achieved.

Eight national records fell during the course of three meetings held in China during June and July of this year. Pick of the bunch were a 6'5" high jump clearance by Ma Hsiang-lung, a 13'10" pole vault by Tsai I-shu, a 48'11½" triple jump by Hao Tsan-hun and a 49'0½" effort in the same event by Tien Chao-chung ten days later.

Other new marks were: a 3:58.8 1500 metres by Tschen I-tsai, a 31:33.8 10,000 metres by Wan Lueh-san, a 144'9½" discus toss by Sun Chiu-yuan and a 166'3¼" hammer throw by Pi Hung-fu.

Tsai I-shu pole vaulted 13'9½" at the Moscow Youth Games to tie for sixth place with Thorlaksson (Iceland), a 14'5½" man, and Malcher (E. Germany), a 14'1½" performer, and beat among others another 14'5½" jumper in Petrov (USSR).

Although finishing only ninth Tien Chao-chung triple jumped a record 49'2½" and his victims included such regular 50-footers as Rehak (CSR) and Gurgushinov (Bulgaria). Other Chinese placings at the Games: Ma Hsiang-lung 10th (6'2½"); Chang Chi-chan 7th (23'4½"); Li Chung-lin ran 1:53.4 in 800 metres heat; and Chou Lienli clocked 15.2 in a high hurdles heat.

During a tour of East Germany Tien Chao-chung raised the triple jump record yet again—this time to 49'4". Chou Lienli clocked 14.9 for the high hurdles and cut his time to a

record 14.8 at Bucharest shortly afterwards. Another good record was posted by long jumper Chang Chi-chan at 24'2½".

Back in Nanking in October 70,000 (!) spectators watched the national championships. The outstanding event was the hop, step and jump which was won by a 20-year-old Tien Chao-Chung at 49'6" (he had earlier raised the national record to 49'9½"). Li Tschien-teh was close behind with 49'5½", while 49'5¼" by Li Yung-ko was good only for third. Chang Chi-chan (23'8½") met defeat in the long jump at the hands of Kao Shu-kuei (23'10½").

Other results included: 100, 11.2 (strong headwind) by Liange Tschien-sun; 800, 1:56.1 by Li Chung-lin; 5000, 15:21.4 by Wan Lu-pai; 10,000, 31:38.4 by Fu Sheng-hai; 110H, 15.1 by Chou Lien-li; HJ, 6'4" by Li Ta-pei; V, 13'5¼" by Tsai I-shu. Soviet athletes competed in special events, but the only world class mark was a 6'9¾" high jump by Sitkin. Tsai I-shu cleared 13'10" behind Bulatov's 14'2".

Several startling performances were registered at Nanking on October 11th. Bulatov, one of Europe's top vaulters at 14'9", was defeated by Tsai I-shu, 13'11¼" to 13'9¼". Another of Europe's elite, Ter-Ovanessian (25'5¼" long jumper), went down to Kao Shu-kuei by 23'8½" to 23'5". To cap it all, Li Chung-lin overtook Sokolov (a 3:41.7 1500 man) 20 metres from the tape to win the 800 metres by two yards in 1:51.6 (equals record). An excellent high jump record of 6'6¼" was set by Ma Hsiang-lung in placing second to Sitkin (6'7¼"). On a lesser plane, but equally significant, Li Peng-chen upped his discus mark to 148'3½" behind Matveyev (168'0¼) and Liang Tschien-sun clocked sprint times of 11.0 and 22.4 behind Plaskeyev's 10.9 and 22.1.

Further, at Shanghai on October 15th, Li Yung-ko delivered the coup de grace to the triple jump record with 50'4¼". Ter-Ovanessian jumped a more normal 24'10¼" but Kao Shu-kuei set a new mark of 24'3". Bulatov, too, regained some of his prestige with a 14'6" vault but the consistent Tsai I-shu posted another 13'9¼".

LOOKING AHEAD

At this rate of progress China should be a force to reckon with at the 1964 Olympic Games. Indeed, some of her present stars may well gain medals at Rome. Vast strides have

been made in the last couple of years—and there is no sign of any slackening.

China's women athletes rate comparatively higher than the men and they, too, are only just beginning.

Already China has a world record holder in 20-year-old student Tsen Fen-yung, who high jumped 5'9¼" last month to equal Mildred McDaniel's Olympic mark. Tsen Fen-yung, who is 5'6¼" tall and utilises a modified Eastern Cut-off, has been jumping consistently around 5'6" this year. She took up the sport five years ago and cleared a modest 4'2" in her first season.

Another world class star is Shi Bao-chu, who ranked seventh in the world last year with a 167'1" discus throw. She has thrown 151'6½" so far this season.

Leading marks in other events include: 100m, 12.1 by Kiang Yu-ming; 200m, 24.8 by Kiang Yu-ming; 800m, 2:17.2 by Tsen Tsen-hsiu; 80mH, 11.2 by Liu-cheng and Liu Yu-in; JT, 146'4¾" by Wang-yi.

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MARATHON RUNNING IN JAPAN

ON November 28th, I left Hong Kong Airways flight No. 9 and we were soon above the clouds and flying at 16,000 ft.

After breakfast and lunch had been served we eventually landed at Tokyo, where I was met by Mr. Okamoto of Asahi Newspapers and taken to the Prince Hotel, once the home of a prince but now converted to a hotel. I trained for 1½ hours in the spacious gardens, dodging among the cherry trees, goldfish ponds, lawns and flower beds.

The next day I left Tokyo on Japanese Airways flight 301. We could soon see the snow capped peak of Mount Fuji away to starboard, then we passed over the smoking volcanic crater on the island of Oshima.

Breakfast was served as we passed over Lake Hamana, we spent 30 minutes at Oosaka, and then touched down at Fukuoka City airport at 12.30, where I was met by Mr. Oda and taken to the Hakata Imperial Hotel. In the

By **BOB PAPE**

evening I was taken over the marathon course in a car and, later, went for a 7 mile run before dinner. In the hotel I met some of the other competitors, including the Korean team, two of whom I had met in a race in Hong Kong earlier this year.

At 1 o'clock on November 30th we attended the opening ceremony of the Asahi International Marathon. Officials of the Athletic Federation of Japan, and the athletes, were seated on the stage which was draped with the flags of Japan, Korea, Finland, Czechoslovakia and the Union Jack. Speeches were made and the competitors introduced to the audience. Each competitor from outside of Japan was presented with a Hakata doll and souvenir medal.

THE RACE

The next day, December 1st, the race started and finished in a stadium. It was an out-and-home course, perfectly flat and with a good road surface. We started at noon in cloudy weather and a temperature of 55 degrees. Crowds lined the course but were well controlled by an army of police.

I was with the leading group to the 20,000 metres mark, but then developed stomach cramp and my legs stiffened, and I had to drop back to finish 26th, a great disappointment. I feel my loss of form was probably due to the travelling just before the race.

The winner was H. Hiroshima, a 22 year old Japanese, thick set and tough, who finished 5th in the last Olympic marathon. He trains five days a week, covering 25,000 metres at a time, mainly fast and slow 1,000 metres units. His time was 2hr.21min.40sec.

Second was P. Kotila (Finland), who smokes and drinks, and trains about 30,000 metres a day, 100 and 200 metre units fast and slow. He speaks no English. His time was 2hr.22 min.29sec.

Third home was another Japanese, Y. Kawashima, in 2:23.09, and fourth was Pavel Kantarek, of Czechoslovakia, in 2:24.19. This likeable Czech is a 28 year old doctor in the Sports Medicine Centre in Prague, married, and speaks German and a little English. He



IONA MACKINNON (Leeds), Northern Women's Discus Champion. S. Cook

trains Zatopek style, fast and slow, in 200 and 400 metre units, covering about 25 x 400 metre units in a session, six days a week.

None of the Korean team finished the course. The first ten runners stood on a dais and were presented with their prizes by ten pretty girls while a band played light music. Afterwards a cocktail party was held at the Imperial Hotel in a room panelled with beautifully grained, unpainted wood and with tables decorated with carnations, lilies and dahlias, wonderfully arranged. Drinks were served by waiters who bowed low in Japanese fashion.

After the cocktail party we were entertained in three geisha houses during the course of the evening. The "form" was pretty much the same at all three. We were met at the door by our host, removed our shoes, and entered a room, the floor and walls of which were of grained wood. In the centre of the room was a table about 9 inches high, surrounded by cushions covered with purple satin. We sat or squatted on the cushions, which, with marathon stiff legs, was none too comfortable at first.

GEISHA GIRLS

Geisha girls and serving girls entered, dressed in traditional costumes, and squatted between the men, serving food and drink and making light conversation. Then one played a shamisen, a string instrument, and sang Japanese folk songs, while others danced.

The food included raw fish, Japanese rice and vegetables, soup and rice cake. Chop sticks were provided and here I had an advantage over the other Europeans, having used them before.

The following day, after Dr. Asane, President of the Japanese A.A.F. had told me of the preparations for next year's Asian Games in Tokyo and their methods of encouraging athletics in Japan, I left Fukuoka on J.A.L. flight 304 in company with some of the other athletes and officials. The pilot circled low over the flat, extensive city of Tokyo before landing.

A reception was held in the Prince Hotel, at which the European athletes were presented to Prince Chichibu, Patron of the J.A.A.F. After dinner we were taken to see "down town" Tokyo.

The next day, December 3rd, I went to see the stadium which is being constructed for



KEN WOOD, who may be helping Sheffield United Harriers to put in a determined challenge to South London Harriers, the holders, and Thames Valley Harriers in this season's National Cross-Country Championship.

H. W. Neale

the Asian Games. It will have every modern installation and will include a 70 metre warming up track under the grandstand. I was also shown the new swimming pool and gymnasium.

Then followed a drive round Tokyo which included a visit to a vast eight-floor department store. In the evening we were guests of a night-club owner. The dimly lit club was decorated with drapes and flowers, the service and music first class, and the floor show, which lasted an hour, was the best I have ever seen.

The next morning I took off from Tokyo at 08.00 hrs. and eight hours later arrived back in Hong Kong, the end of a most interesting and enjoyable, if somewhat disappointing trip.

RESULTS

December 11th

R.A.F. Kuala Lumpur 62pts. beat **Army** 80, **R.A.F. Seletar** 85 and **R.A.F. Changi** 90 over 5½M. 1, Lovewell (KL) 28.48; 2, Caudwell (S) 29.00; 3, Wathen (A) 29.14; 4, Goodwin (KL) 29.21; 5, Caulder (A) 29.25; 6, Budden (KL) 29.48.

R.A.F. Stafford 34pts. beat **R.A.F. Shawbury** 66, **R.A.F. Wilmslow** 97; and **North Staffs Regt.** 182 over 5½M. 1, F/O De'Ath (S) 29.50; 2, SAC Wiseman (Sh) 30.25; 3, AC Jenkins (S) 31.10; 4, AC Ashley (W) 31.11; 5, LAC Crook (Sh.) 33.10; 6, AC Banham (S) 33.40.

December 12th

R.A.F. Geilenkirchen beat **R.A.F. Goch** 32 pts. to 46. 1, LAC Bennett (Geil.) 32.57; 2, Sig. Adkins (Geil.) 34.44; 3, SAC Nash (Geil.) 35.06; 4, SAC Hurcum (Go.) 35.22; 5, J/T Stirk (Geil.) 35.28; 6, LAC Aires (Go) 35.31.

December 14th

NORTH MIDLANDS LEAGUE

At Melton Mowbray

Derby and County A.C., depleted by representative and other calls of the services of M. Bullivant, A. Taylor, P. Wilkinson and A. Keily, were easily beaten by Notts A.C. in this third fixture.

Derby, who have been placing their "A" and "B" teams at the top of the table, were, despite their weaknesses, expected to do much better. But Notts, scenting their first victory since they came into the league at the inception in 1946, had got three up in ten well before half-way. They held on to place five in 22 while Grimsby were second with five in 28.

Derby split their strength between two teams and had they chosen their best five would have won with the pack inside 14. Nineteen year-old Ron Grove (Melton A.C.) was an easy winner on his own course—his first individual success. Former A.A.A. steeplechase champion, Ken Johnson (Art. and Tech.) was runner-up, but had little hope of catching Grove who had nearly 150 yards to spare at the finish.

The youths three-mile race was a repeat of the two previous fixtures, Maurice Lynn (Notts A.C.) just getting home by 2sec. from A. Munton (Lincoln), with J. Mather (Lincoln) third.

1, R. Grove (Melton) 27.10; 2, K. Johnson (LCAT) 27.42; 3, D. Taylor (Grimsby) 27.49; 4, L. Jones (Grimsby) 27.55; 5, K. Wright (Derby) 27.56; 6, E. Morley (Notts); 7, D. Sissons (Lin.) 27.59; 8, B. Lee (Notts) 28.04; 9, A. Hill (Derby) 28.11; 10, P. Leake (Bel-

grave) 28.12; 11, M. Dennis (Notts) 28.20; 12, M. Doyle (Derby) 28.25.

Teams:

	Pts.
1. Notts	(1. 2. 3. 4. 5) 65
2. Grimsby	(6. 8.11.18.22) 80
3. Derby "B"	(3. 4.21.24.28) 97
4. Derby "A"	113; 5, Lincoln Well. 137; 6, Melton 161; 7, Leicester 203; 8, R.A.F. Cranwell 221; 9, Notts "B" 250; 10, Peterboro' 266; 11, Belgrave Un. 294; 12, L.C.A.T. 332; 13, Boots 365; 14, Sutton-in-Ashfield 384; 15, Notts Univ. 433.

Youths

1, M. Lynn (Notts) 16.31; 2, A. Munton (Lincoln) 16.33; 3, J. Mather (Lin.) 16.51; 4, F. Hewitt (P'boro') 17.01; 5, G. Whetton (Sutton) 17.13; 6, C. Newstead (Lin.) 17.15; 7, R. Matthews (Grimsby) 17.19; 8, A. Joyce (P'boro') 17.28; 9, P. Spencer (Melton) 17.33; 10, I. Titterton (Derby) 17.37; 11, C. Fallon (Derby) 17.41; 12, M. Crolla (Grimsby) 17.42.

Teams:

	Pts.
1. Lincoln Well.	(2. 3. 6) 11
2. Peterboro'	(4. 8.18) 30
3. Derby	(10.11.14) 35
4. Grimsby 43; 5, Belgrave Un. 51; 6, Notts 62; 7, Sutton-in-Ash. 69; 8, Rolls Royce 79; 9, Melton G.S. 137; 10, Melton 142.	

CARDIFF 15pts. beat NEWPORT 24

AND BARRY 57

1, N. Horrell (C) 20.19; 2, R. Franklin (N) 20.33; 3, W. Hancock (C) 20.46; 4, T. C. Wood (N) 21.05; 5, T. Wood (C) 21.14; 6, D. Menos (C) 21.16. **Youths:** 1, Pellett (C) 14.18; 2, Griffiths (C) & Evans (C) 14.28; 4, Skinner (C) 14.30; 5, Goode (C) 14.31; 6, Mulcahey (N) 14.32. **Teams:** 1, Cardiff 23pts.; 2, Newport 55; 3, Barry 105. **Boys:** 1, Davies (N) 8.34; 2, Lane (C) 8.35; 3, Job (C) 8.38; 4, Chillcot (C) 8.44; 5, Crowley (N) 8.44; 6, Brookbank (N) 8.47. **Teams:** 1, Newport 49pts. 2, Cardiff 49½; 3, Barry 76½.

Manchester and District Lads' Club beat **North Staffordshire H.** 34pts. to 44 over 6M. 1, L. Cooper (M'r) 32.59; 2, D. G. Shelley (NSH) 33.12; 3, P. Montague (M'r) 33.50; 4, P. Veals (M'r) 33.50; 5, W. Rowbottom (M'r) 34.08; 6, A. E. Colclough (NSH) 34.24; 7, P. S. Goodfellow (NSH) 34.32; 8, B. E. Webster (NSH) 34.39; 9, D. Yale (M'r) 34.57; 10, H. Harvey (NSH) 35.06; 11, R. J. Bradbury (NSH) 35.18; 12, B. Fields (M'r) 35.20. In a Junior match, N. Staffs 30 pts. beat **King Edward VI. Sch., Lichfield** 37 and **Wolstanton C.G.S.** 62 over 2½M. 1, A. Walker (NSH) 15.45; 2, L. Hitchens (L) 16.28; 3, J. Cottrill (W) 17.00; 4, N. Mason (L) 17.07; 5, M. Dale (NSH) 17.15; 6, W. Meigh (NSH) 17.29.

Lancaster R.G.S. beat **Lunesdale A.C.** 32pts. to 48. 1eq., L. Henderson (RGS), D. J. Bryden (L) and J. Sutcliffe (RGS) 28.05; 4, D. J. Mashiter (L) 28.13; 5, J. Stansfield (RGS) 28.44; 6, E. Foster (RGS) 28.44; 7, P. Thompson (L) 28.55; 8, F. Taylor (RGS) 29.03; 9, J. Morton (RGS) 29.16; 10, A. Sim (L) 29.19.

York Open Race: 1, P. Wodsworth (Leeds St. M.) 32.56; 2, D. Briggs (Hull) 31.43; 3, G. Fussle (Hull) 31.54. **Teams:** 1, Leeds St. Mark's 10pts.; 2, East Hull 19; 3, Bramley 29.

South London H. 32pts. beat **Kent A.C.** 38 and **Dartford H.** 59 over 7½M. 1, Lyne (K); 2, Pegley (SLH); 3, Child (D). In a Junior match Kent A.C. 9pts. beat Dartford and S.L.H. 21pts. each. 1, Prior (K).

Essex Beagles 7½M. Championship. 1, E. Baverstock 38.23; 2, J. Rooke 38.27; 3, E. Ibbetson 39.05; 4, S. Robins 39.20; 5, J. Hurst 41.04; 6, L. Way 41.07. **H'cp:** S. Kettle (11.45) 36.16. **Junior 5M:** 1, P. Skinner 26.22; 2, R. Mortimer 26.29; 3, E. Saxby 26.35; 4, J. Simmonds 26.41; 5, A. Green 27.15; 6, R. Ellis 28.30. **H'cp:** E. Saxby (2.40) 23.55. **Youths 2½M:** 1, D. Townsend 13.42; 2, G. King 13.51; 3, I. Rogers 15.11. **H'cp:** G. King (0.30).

Walton A.C. beat **Shaftesbury H.** 76pts. to 95. 1, A. Llewellyn (W) 42.06; 2, R. Collins (S) 42.52; 3, P. Whiteman (W) 43.02; 4, A. Sidler (S) 43.06; 5, G. Winchester (W) 43.12; 6, R. Roath (W) 43.33.

Birchfield H. Xmas H'cp: 1, G. Warr (8.50) 44.21; 2, G. Nicklin (4.30) 40.53; 3, D. Mann (5.40) 42.25; 4, B. Roberts (1.15) 38.27. **Fastest time:** B. Browning 37.55. **"Preident's Cup" Race.** 1, B. Browning 37.55; 2, A. Wigley 38.13; 3, B. Roberts 38.27; 4, J. Orton 39.18. **Youths' H'cp:** T. R. Layton (4.25) 21.42; 2, K. Dobb (scr.) 18.43; 3, T. Eales (1.35) 20.23; 4, R. Snare (0.20) 19.13. **Fastest time:** K. Dobb 18.43. **"Mabbet Cup" Race.** 1, K. Dobb 18.43; 2, R. Share 19.13; 3, T. Eales 20.23; 4, T. Wigley 21.01. **Members' League Result:** 1, A. D. Mann's Team 156pts.

London Shipping A.A. 5M. C.C. Championship. 1, A. Towl (Maori) 28.05; 2, M. Maynard (M); 3, R. S. Clark (M). **Teams:** 1, Maori 15pts; 2, Meadow S. & S.C. 35; 3, Escombe McGrath 42.

Polytechnic H. beat **Barnet A.C.** 35pts. to 43. 1, Evans (P) 38.17; 2, Wood (B) 38.36; 3, Dunkley (P); 4, Woodward (B). **Barnet Champ.** 1, J. D. Wood 38.36; 2, D. Woodward 40.42; 3, J. Price 41.15. **H'cp.** (6.00) 37.10. **Barnet Youths Champ.** 1, E. Spirito 17.01; 2, R.

Oliver 17.11; 3, Wood 17.15. **H'cp.** D. Neish (2.05) 16.00.

CHIGWELL INDOOR MEETING

December 11th

Woodford Green A.C. 42½pts. beat **Thames Valley H.** 36½, **Essex Beagles** 28, **Poly H.** 8, **Eton Manor** 8 & **Ilford A.C.** 4 at an indoor meeting at Chigwell. **50:** 1, Coleman (EB) 5.6; 2, Morgan (TVH) 5.6; 3, Page (WG) 5.7, **50H:** 1, Reed (Poly); 2, Richardson (TVH). **2 laps H:** 1, R. van Rossum (WG) 47.3; 2, Palmer (TVH) 53.0. **15 lap Paarlauf:** 1, Essex Beagles. **40 lap Paarlauf:** 1, Woodford Green (Chapman & Garrett); **PV:** 1, Elliott (WG) 11'6"; 2, East (EB) 11'0". **SP:** L. Chinnery (WG) 47'2". 2, Wieland (EB) 46'3".

ESSEX WOMEN'S 2½M. CHAMPIONSHIP

At Uppminster, Dec. 14th

A heavy course enabled Ruby Pettit to reverse the placings of the Southern Junior held at Aldershot two weeks ago, Pam Fry, this time being second, beating her team mate Muriel Critchley after a very spirited run in by inches, their times being equal. Strength on the run in also enabled Margaret Middleton, of Brentwood, to hold M. Parks for 5th place.

The winning team were presented with the new Championship Cup, given by Ron Merrie, who has done much to further Women's Cross Country in England.

1. R. Pettit (Ilford)	17.54
2. P. Fry (Ilford)	18.01
3. M. Critchley (Ilford)	18.01
4. D. Bines (Essex L.)	18.19; 5, M. Middleton (Brentwood) 18.32; 6, M. Parks (Brentwood) 18.37; 7, M. Francis (Essex L.) 18.56; 8, P. Everson (Essex L.) 19.06; 9, D. Sibbett (Ex L.) 19.23; 10, M. Sims (Ex. L.) 19.31; 11, J. Norman (Ex. L.) 19.57; 12, J. Sorrell (Brentwood) 20.13.

Teams:

	Pts.
1. Ilford	(1. 2. 3) 6
2. Essex L.	(4. 8.10) 22
3. Brentwood	(5. 6.12) 23

BEST BRITISH PERFORMERS (Contd.)

45'1"	Robert Stephen (Shettleston)	4/6
45'1"	C. G. Stalker (Glasgow Un.)	6/7
44'11½"	A. A. Madiebo (Army/Nig.)	29/6
44'11½"	E. W. Fraser (Aberdeen)	6/7
44'10"	Stephen Prest (Wakefield GS)	25/5
44'9½"	G. R. N. Smith (Ipswich)	8/6
44'9"	K. Holloway (Oxford Un.)	22/6
44'9"	D. W. Ashing (Q.P.H.)	2/7
44'9"	Richard McColgan (Albert Fdry)	10/8
44'9"	T. Morgan (RAF)	
44'7½"	Norman Barkley (9th Old Boys)	27/7
44'7"	A. Thompson (Arny)	12/7
44'7"	Raymond Gazard (Birchgrove)	11/9
44'6"	N. M. Woolhouse (TVH)	3/7

FIXTURE LIST (contd.)

- 7 Hants. Constabulary Sports, Eastleigh
- 7 Western Inter-County, Bath
- 7 Brockman Trophy Meeting
- 7 Isle of Wight Marathon
- 7 Hants Championships (part)
- 7 Berks Championships
- 7 Herts. Champs., (part)
- 12 Met. Police Champs., Imber Court
- 14 Heathfield Shield and Walton "15"
- 14 Ox. and Cam. v. Penn and Corn. W. City
- 14 Baddesley Colliery Sports
- 14 Chelmsford Festival Trophy Meeting
- 14 North v. South v. Midlands, Aldersley
- 14 Redhill and R. Meeting
- 14 Ruislip-N. "Coronation Trophy" Meeting
- 14 Territorial Army Championships
- 19 Hayes and H. Trophy Meeting
- 20/21 Scottish Championships
- 21 Midland Championships
- 21 Area Championships
- 21 R.W.A. 50km. Championship
- 21 Royal Ulster Constab. Sports, Belfast
- 21 Wiltshire Constabulary Sports, Devizes
- 21 Highgate "Lotinga" Trophy, Parl. Hill
- 23 Feethams Sports, Darlington
- 25 Finchley H. Meeting, Alperton
- 25 Univ. Team Champs. (final)
- 25 London Business Houses Champs.
- 26 Notts League "C," Meden Valley
- 26/27 Army Championships, Aldershot
- 28 Dorset Constabulary Sports, Dorchester
- 28 English Steel Co., Sports, Sheffield
- 28 Poly Marathon (inc. A.A.A. and Southern)
- 28 Michelin Sports, Stoke
- 28 U.A.U. v. Scottish Univ.
- 28 Staffs Youths Sports
- 28 Kinnaird Trophy Meeting, Chiswick
- 28 Lond. Fed. of Boys Clubs' Ch., Batt. Pk.
- 28 Southern Jun. & Yths. Champs (1st part)
- 30/1/2 R.A.F. Champs., Uxbridge

July

- 1 Queens Pk. H. 1½M. Invit., Paddington
- 2 U.A.U. v. Army v. Hants, Southampton (prov.)
- 4/5 Army Boys Chmps., Aldershot
- 5 Totton 10M. Road Race
- 5 Police Championships, W. City
- 5 Area Junior Championships
- 5 Scottish Junior Championships
- 5 Ryder Trophy Meeting (Men) Southampton
- 5 Civil Service Champs., Hurlingham
- 9 R.N. Championships, Plymouth
- 9 Ruislip-N. "Rotary" Shield Meeting
- 11/12 A.A.A. Championships, White City
- 12 Brough 15M. Road Race
- 12 Bristol Constabulary Sports
- 16 Beverley Baxter Meeting, Broomfield Park
- 16 RMA v. Army, Sandhurst
- 17 Notts League "B" Newmark A.C.

- 19 T.V.H. Track Meeting, Alperton
- 19 Festival of Britain (Jun.) Trophy, Bexley
- 23 Army Inter-Unit Championships
- 18/26 British Empire & Com. Games, Cardiff
- 25/26 All-England Schools' Ch., Co. Durham
- 25/26 A.A.A. Junior Championships, Enfield
- 26 Southend Constab. Open Sports
- 26 City of Cambridge Sports
- 26 T.V.H. Field Events Meeting
- 26 Brockenhurst—Bournemouth "15"
- 26/27 Surrey Decathlon Champ., Batt. Pk.
- 29/30 City Charity Meet., Motspur Pk. (prov.)
- 29 Queens Pk. H. Invit. 1500metres
- 30 Inter-Services Champs., Aldershot

August

- 2 Glasgow Rangers Sports, Ibrox
- 2/4 British Games, inc. Gt. Britain v. Commonwealth, White City
- 4 Reading Trophies Meeting, Palmer Pk.
- 4 Roundhay 10M. (inc. Yorkshire 10M.)
- 8/9 A.A.A. Decathlon, Loughborough
- 9 Edinburgh Highland Games, Murrayfield
- 9 Hogsflesh Smith Meeting, Worthing (prov.)
- 9 Shaftesbury 10M. Road Race
- 9/23 Loughborough Summer School
- 13 Notts League, "C," Worksop A.C.
- 13 Queens Pk. H. Inter-Club Contest
- 16 A.A.A. v. Comb. Services v. U.A.U.
- 16 Belgrave H. 20M. Road Race
- 16 Hackney Borough Trophy Meeting (prov.)
- 19/24 European Championships, Stockholm
- 30 London Fire Brigade Meeting, W. City
- 30 Bernie Hames' Mem. Half-Marathon
- 30 Inter-Services Champs.

September

- 3 London v. Warsaw, W. City
- 5/6 Southern Decathlon, Batt. Park
- 6 L.C.C. Championships, Hurlingham
- 6 J. Louis Trophy Meeting, Barking
- 6 Northern Counties v. Warsaw (prov.)
- 6 Wilton 10M. Road Race
- 6 Salisbury Road Race
- 13 L.A.C. Relays, Hurlingham
- 13/14 Gt. Britain v. France, Paris
- 17 Leyton Junior Floodlit Meeting (E. Manor)
- 20 Surrey A.C. Relay
- 20 St. Albans C.C. Relay
- 20 N. of Thames v. S. of Thames, Epsom
- 26 27 England v. Finland, White City
- 27 Surrey Beagles Relay
- 27 London to Brighton 53½M. Road Race
- 30 International Meeting, Glasgow

October

- 11 London Brighton Relay (Southern clubs)

November

- 15 Edinburgh-Glasgow Relay