

# **a** **thletics** **weekly**

INCORPORATING  
MODERN ATHLETICS  
& WORLD ATHLETICS

# *thletics*

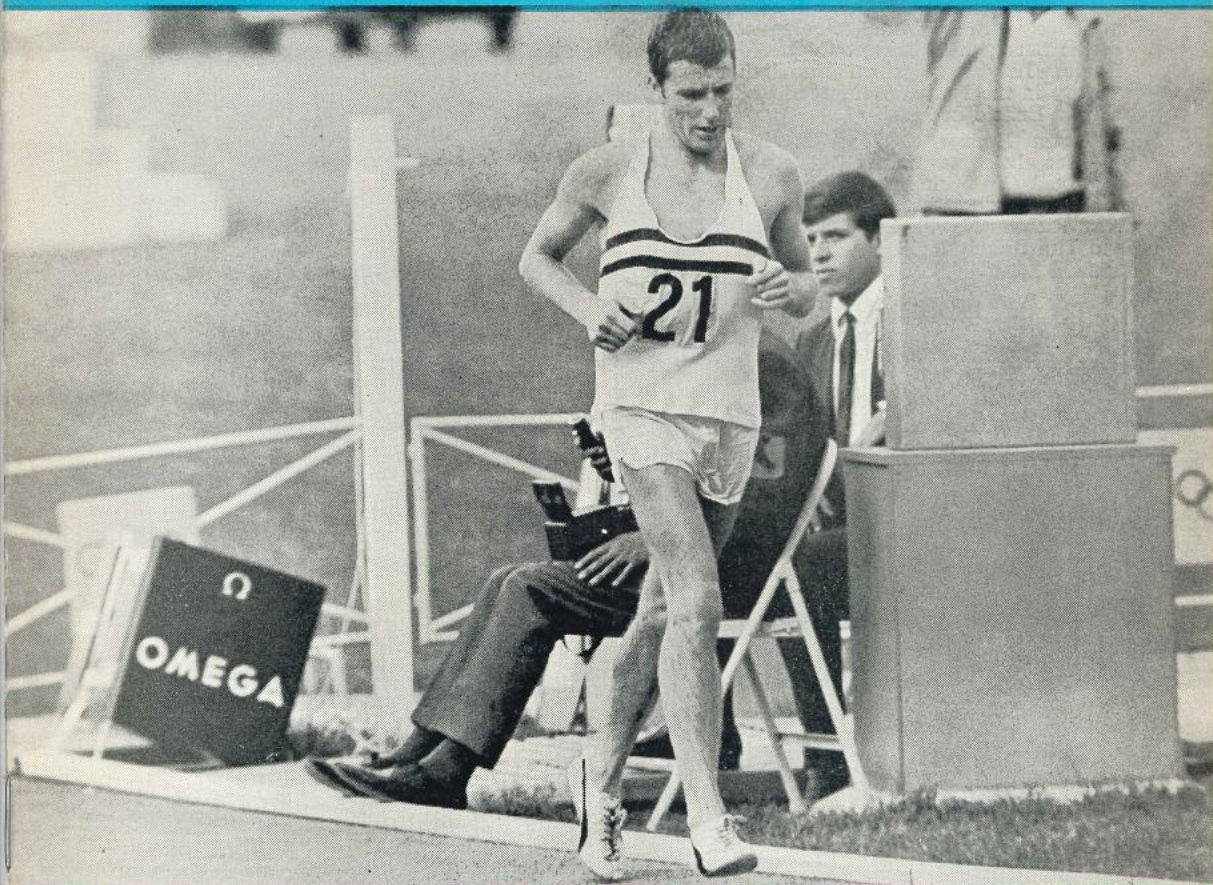
## INSIDE

★ Paul Nihill answers  
the Questionnaire

★ Athletics in the 70's  
(Part Two)

★ U.K. Junior "Top Twenty"  
Lists

★ Details of the  
National League



**1/6**

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**Week-end Review****TAGG WINS IN FRANCE**

Mike Tagg won the Jean Bouin Memorial 7km cross-country at Marseilles in 20:36.4 with Mike Freary 2nd (20:47.2), Gerard Vervoort 3rd (21:05.4) and Gerry North 4th (21:11.2). David Walker was 7th in 21:27.6. Gaston Roelants scored an equally comfortable win over 7km at Eremodegem (Belgium), with compatriot Willie Polleunis 2nd, Mohamed Gammoudi 3rd and Ron Hill 4th, some 120m behind the winner.

Rita Lincoln, the day after capturing the Essex cross-country title ahead of Iris Lincoln and Phyl Perkins, set a UK best performance for 3000m of 9:59.6 at Crystal Palace after passing the mile mark in 5:15. Carol Gould clocked 10:14.8 and Margaret Beacham 10:16.2. Mrs. Beacham had previously won the Middlesex cross-country, while in the Surrey race Bridget Cushen defeated Pam Davies. Judy Farr gained her sixth consecutive victory in the National 4M road walk championship at Enfield in 34:05.

Martin Hyman (24:17) won the Portsmouth "5" for the tenth time in 11 years, Dave Bedford and Clive Plumpton also breaking the old record of 24:44. First three in the Canterbury "6" were Richard Newble 26:08 (rec), Mel Batty 26:10 and Tim Briault 26:32.

**STAFF VACANCY**

**I**N May 1969, John Lusardi will be leaving us for an extended stay in the United States. This will leave a vacancy on our staff which we would wish to fill by April 1st, 1969.

Applicants should be dedicated to our sport, with a conscientious approach to their work, preferably with some background in club athletics, inclined towards statistics, and in the age group 16-21. Some typing ability is desirable and the selected applicant will be required to attend a journalistic course unless already qualified. NUJ rates will be paid and there will be travel abroad to athletic events from time to time. Dedication to the production of our national periodical is essential and someone intending to stay with the Company on a permanent basis would be preferred. The selected applicant would be required to live within a reasonable distance of our offices in Rochester.

Applications should be made to **The Managing Editor, Athletics Weekly, 344 High Street, Rochester, Kent**, and the envelope marked "Staff Vacancy".

*Applications already received will be acknowledged in due course.*

**BEDFORD IN GREAT FORM**

At Stanmer Park December 11th

Running in the Brighton College of Education 4½ miles Dave Bedford maintained his current fine form with a very decisive win. The 18-year-old Shaftesbury Harrier, running in his own college's first promotion, went ahead from John Bicorn, Graham Taylor, Chris France, P. Baker & Godfrey Burt at 1½ miles. After this point he was never headed and went on to win by over 200 yards.

1. D. Bedford (Brighton CE) ..... 23.01  
2. J. Bicorn (St. Mary's C.) ..... 23.44  
3. C. France (Brighton CE) ..... 23.57  
4. G. Taylor (Camb. H) 24.05; 5. P. Baker (Ports) 24.16; 6. R. Webb (CH) 24.20; 7. G. Burt (16th Para) 24.21; 8. T. Davies (16th) 24.30; 9. K. Penny (16th) 24.30; 10. D. Pellett (B'ton) 24.43; 11. P. Ritchens (16th) 24.51; 12. N. Ward (16th) 24.56; 13. M. Bryant (16th) 25.09; 14. C. Ashton (CH) 25.13; 15. A. Weston (CH) 25.14.

16. M. Sharp (BCE) 25.15; 17. M. Buckham (16th) 25.21; 18. B. Traenon (SMC) 25.30; 19. W. Barrows (CH) 25.34; 20. J. Bleasdale (So'ton Un) 25.37; 21. R. Scott (Sx Un) 25.45; 22. D. Pilford (Lewes GS) 25.54; 23. M. Dooling (SMC) 25.59; 24. G. Smythe (SMC) 26.10; 25. D. Horswood (Sx Un) 26.20; 26. Smith (16th) 26.23; 27. P. Green (So'ton Un) 26.30; 28. M. Davies (Read) 26.31; 29. J. Ledbury (Sx Un) 26.41; 30. J. Harper (So'ton Un) 26.49. 109 started.

**Teams:** 1, Cambridge H. 67; 2, 16th Para Regt 68; 3, St. Mary's Coll. 172; 4, Sussex Univ. 187; 5, Brighton CE 188; 6, Southampton Un. 236; 7, Lewes GS 335; 8, Portsmouth GS 343; 9, SU "B" 373; 10, Surrey Un. 399.

**BERKS., BUCKS. & OXON. CHAMPS.**

At Newbury, December 7th

1. G. Stevens (Reading) ..... 33.51  
2. R. Graham (Windsor & Eton) ..... 34.12  
3. M. Duff (Reading) ..... 34.16  
4. A. Phillips (Read) 34.22; 5. D. Sparks (WE) 34.28; 6. P. Lightfoot (Read) 34.33; 7. D. Stevens (Read) 34.34; 8. B. Allen (WE) 34.49; 9. J. Jones (WE) 35.02; 10. A. Watters (Wy. Ph) 35.18; 11. P. Yates (WE) 35.23; 12. F. Martin (Ox. City) 35.25; 13. R. Collins (WE) 35.29; 14. P. Lindell (Read. "B") 35.37; 15. P. O'Neil (OC) 35.47; 16. D. Dipper (Read) 36.05; 17. M. Bryant (Read) 36.10; 18. P. Meredith (Read) 36.20; 19. D. Nunn (M'head) 36.37; 20. D. Tipper (Read) 36.45. 79 finished.

[continued next week]

**WHERE ARE THEY NOW?**

AAA Senior Coach T. E. Carroll is conducting an investigation into the wastage amongst young athletes of high potential. In connection with this he would like to trace any athletes aged between 16 and 21 who represented their county in the English Schools Championships but who have since dropped out of athletics. Please write to Mr. Carroll, at 19 The Broadway, Fulford, York, YO1 4 JP.

Cover photo by Ed Lacey

# ATHLETICS WEEKLY

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## THE WEEK AHEAD

Every year, with the coming of Christmas, the athletics world takes temporary respite and so today's (Saturday, December 21st) fixture list is probably the briefest of the year. On the road we have the Newport-Tredegar "22" and the Hog's Back "9½". Over the country we have notice of only three fixtures: the Metropolitan League race (at Woodford), Greater London Women's League (at Harrow) and the Kent League (at Bexley).

Monday next Tredegar promote their annual Christmas Week Road Races (100y & 5M; 8.00 p.m. start).

Wednesday, December 25th: Hillingdon Xmas Day Road Races.

Thursday, December 26th: Poole "Round the Houses" Races; Camden AC Relay; Bedford-St. Neots Road Relay.

The entire staff of "Athletics Weekly" wish readers a Very Merry Christmas and a Happy New Year, and special thanks go to all who have contributed to the magazine in one form or another during the past year.

# Brilliant Relay Leg by Mike Tagg

THE ninth annual Osterley Park Relay was run with conditions underfoot far from ideal for, apart from the initial half-mile on the road, the course consisted of very soft mud for the remaining distance. During the early stages of the first of the four legs about twenty runners remained in close contact and it was not until the softer going was reached that Nick Barton showed his opponents a clean (!) pair of heels, gradually opening up a gap of 200 yards from Ian Forster of Borough Road and Southampton's Bill Drake.

Dick Fisher, for the host college, set out in hot pursuit of the Imperial College runner Ashley Deans and finally hit the front with a mile to go. By the end of the leg he had edged into a fifty yard lead and from this point Borough Road never lost their advantage. John Kirkbride for Loughborough University was second with John Eley bringing Birmingham up to third.

Lap three saw no alteration in the leading positions with Borough Road captain Rick Grice consolidating his team's lead to around 150 yards, Mick Down keeping Loughborough second and although Leicester, in the shape of Roger Emberson, crossed the line third ahead of Birmingham they were subsequently disqualified for not wearing numbers.

The final circuit included some excellent performances and, although Mal Absalom ensured that the host team won for the second year in succession, pride of place must go to Olympic 10,000 metres runner Mike Tagg. The 22-year-old Reading University student moved his team from seventh to third completing his leg in an almost unbelievable 14.05, two seconds inside the lap record standing to Norman Morrison. Considering the unhelpful conditions (as opposed to the firm surfaces experienced by Morrison) the performance was nothing short of brilliant with Mike giving a masterful display of uninhibited running, catching Martin Knowles of Leicester with forty yards to go. Afterwards Reading had an interesting point to ponder over—the fact that on the first lap the Reading University "B" runner beat his first team counterpart by 41 seconds, the time that separated Mike Tagg from Mal Absalom at the end. Andy Holden also gave an indication of his outstanding ability, returning 14.42 and enabling Birmingham University to finish second. Another Lancashire runner, Ricky Wilde, ran a creditable 14.53 to move Aston University from tenth to fifth.

**David Turner**

1, Borough Road C. (I. Forster 15.07, R. Fisher 15.27, R. Grice 15.16, M. Absalom 15.07) 60.57.

2, Birmingham Univ. (G. Russell 15.15, J. Eley 15.44, P. Griffiths 15.51, A. Holden 14.42) 61.32.

3, Reading Univ. (A. Goodwin 16.21, G. Davis 15.33, G. Sowler 15.39, M. Tagg 14.05) 61.38.

4, Loughborough Univ. (G. Price 15.31, J.

**At Borough Road, December 4th**

Kirkbride 15.13, M. Down 15.36, F. Thomas 15.43) 62.03.

5, Aston Univ. (M. Rollason 15.47, F. Burden 16.31, C. Simpson 15.53, R. Wilde 14.53) 63.04.

6, Imperial C. (N. Barton 14.32, A. Deans 16.37, B. Dabrowski 16.35, N. Morrison 15.21) 63.05.

7, Southampton Un. 63.21; 8, Cardiff Un. 63.38; 9, BU "B" 64.05; 10, BRC "B" 64.28; 11, Sussex Univ. 64.29; 12, Loughborough C. 64.48; 13, St. Lukes C. 65.15; 14, RMA Sandhurst 65.30; 15, Lough. Un. "B" 65.39; 16, Bristol Un. 66.02; 17, St. Paul's C. 66.37; 18, Royal Dental S. 66.39; 19, Queen Mary Coll. 66.40; 20, Notts Un. 67.12; 21, CU "B" 67.20; 22, So'ton Un. "B" 67.32; 23, IC "B" 67.32; 24, Kent Un. 67.48; 25, Sx. Un. "B" 67.50; 26, Swansea Un. 68.28; 27, So'ton Un. "C" 68.29; 28, Essex Un. 68.41; 29, Exeter Un. 68.43; 30, London Sch. of Economic 68.59. 53 teams finished.

**Fastest times:** Tagg 14.05 (rec), Barton 14.32, M. Turner (Queens, Camb. Un.) 14.39, Holden 14.42, M. Knowles (Leic. Un.) 14.51, Wilde 14.53, Forster 15.07, Absalom 15.07, W. Drake (So'ton Un.) 15.08, Kirkbride 15.13, I. Gardiner (Car. Un.) 15.15, Russell 15.15, R. Emberson (Leic. Un.) 15.15.

## Harlow Winter Track Meeting

**At Harlow, December 8th**

(Overcast, very cold, slight cross-wind, track firm) 100m: R. Smith (Chelms) 11.3. 300m: 1, Smith 36.9; 2, D. Warburton 37.2; 3, J. Newton (Newham) 38.6. 600m: (A) D. Reed (Barnet) 1:24.8. (B) 1, J. Marsh (TVH) 1:23.0; 2, J. White-side (Worth) 1:24.9. 1000m: Newton 2:43.2. 3000m: 1, J. Bierton (Ver) 8:53.2; 2, A. Hutton (Ton) 8:54.2. 2000mSC: K. Barnes (En) 6:27.6. (Juniors) 600m: G. Murray (Hill) 1:28.5. 1000m: P. Bennett (Hornsey SM) 2:44.0. (Youths) 100m/300m: M. Blackman (Wd. Gn.) 11.7/37.5. 600m: 1, P. Lloyd (Ver) 1:24.5; 2, Blackman 1:28.5; 3, S. Draper (Had. Oly) 1:29.2. 1000m: P. Yarlett (Croy) 2:53.0. (Boys) 100m: P. Davis (En) 12.0. 300m: T. Butt (Stev) 39.8. 1000m: 1, J. Hillier (Worth) 2:54.5; 2, J. Lee (Croy) 2:56.6. (Women) 100m: J. Philp (Chelms) 12.8. 300m: 1, Philp 42.4; 2, J. Eynon (Croy) 44.3; 3, P. O'Dwyer (Oxford) 44.7. 600m: 1, L. Motton (Bas-I) 1:43.4; 2, P. Winter (Ver) 1:46.6. (Intermediates) 100m: (A) F. Young (Hemel Hemp) 13.2. (B) C. Aldridge (En) 12.9. (C) J. Wilkie (Ox) 13.2. 300m: (A) 1, R. Tann (Hill) 45.5; 2, M. Wilkie (Ox) 45.6; 3, I. Grant (Croy) 46.2. (B) J. Wilkie 45.3. (Juniors) 100m: (D) 1, C. Belcher (Ox) 13.3; 2, H. Sawyer (Hill) 13.5. 150m: (A) Belcher 20.4. (B) Sawyer 20.9. 800m: (A) 1, J. Britton (Bas) 2:38.0; 2, E. Bradley (Hill) 2:39.2. (B) G. Reece (Farnworth) 2:37.8.

## WALES

## Malcolm Thomas Wins 6 Miles Title

**Welsh 6M. C.C. Championship, at Porthkerry Park, Barry, December 7th.** After the Welsh CC Association President Derek Lakin had started the 75-strong field, Malcolm Thomas wasted no time in moving to the front and at the completion of the first lap held a decisive lead. This he continued to improve upon and he ran in a very easy winner.

1, M. Thomas (TVH) 32.33; 2, B. Hutton (Luton) 34.14; 3, M. Rowlands (Newport) 34.25; 4, D. Robbins (Swansea) 34.33; 5, S. Gibbons (Carm) 34.37; 6, C. Williams (Cardiff) 34.48; 7, R. Sercombe (Newp) 34.52; 8, B. Griffiths (Car) 35.20; 9, C. Rogers (Notts AC) 35.23; 10, J. Mescall (Pt Talb) 35.24; 11, I. Gardner (Car. Un) 35.32; 12, R. Evans (Car. CE) 35.43; 13, T. Jones (Swan) 35.47; 14, C. Thomas (Carm) 35.54; 15, W. Pryce (Car) 35.54; 16, D. Hopkins (Newp) 35.55; 17, J. Evans (Neath) 35.55; 18, R. Locke (Troed. BC) 36.07; 19, J. Williams (Car) 36.10; 20, R. Lally (Here) 36.11. Teams: 1, Cardiff AAC 70; 2, Newport 91; 3, Carmarthen 133; 4, University College, Cardiff 144; 5, Swansea 152; 6, Port Talbot 164.

**Gloucester 38, Swansea 50, at Bridgend, November 23rd.** 1, K. Burlton (G) 41.23; 2, K. Brown (Pt. Talb) 41.47; 3, J. Collins (S) 42.00; 4, J. Griffiths (S) 43.23; 5, A. Gale (G) 43.46; 6, T. Haines (G) 43.58. (Yths) **Glos 15, Swansea 42.** 1, S. McHale (G) 20.20; 2, J. Smith (G) 20.40; 3, Pope (G) 21.44. (Boys) **Bridgend YMCA 13, Cardiff 16, Gloucester 20.** 1, P. Griffiths (B) 12.13; 2, K. Finlayson (C) 12.20; 3, R. Llewellyn (C) 12.33. (Colts) **Glos 12, Bridgend 12.** 1, D. Hilton (B) 10.07; 2, A. Jones (G) 10.15; 3, T. Hunt (B) 10.43. (Girls) 1, J. Elvins (PT) 11.47; 2, K. Blackwell (PT) 12.43; 3, A. Thomas (PT) 12.47.

**Glamorgan Schools Championships, at Cardiff, November 30th.** Entries this year totalled over 600 for the three races and, despite having to curtail the junior entry, about 500 actually ran. Bishop Gore Grammar School, Swansea are a real power in the county nowadays and on this occasion they won two of the team titles, the senior for the third successive year thereby retaining the trophy. The annual match between Glamorgan and Monmouthshire Schools was not held last Saturday as anticipated and the Monmouth Schools results are still not yet to hand.

(Snr) 1, E. Price (B. Gore); 2, D. Otremba (Atlantic C.); 3, M. Fury (BG). Teams: 1, Bishop Gore 32; 2, Atlantic C. 33; 3, Cathays 65. (Yths) 1, P. Harris (Cyntwell); 2, G. Morgan (Pengam); 3, K. Page (Cynt). Teams: 1, Pengam 56; 2, Canton 57; 3, Lady Mary 75. (Boys) 1, P. Tucker (Cyntwell); 2, A. Ash (Howardian); 3, N. Evans (Ty Celyn). Teams: 1, Bishop Gore 45; 2, Townhill 66; 3, Penlan 82.

**Gower "11", at Swansea, November 30th.** (Cold, wet and windy) 1, R. Hazelwood (Univ. Coll., Swansea) 56.26 (rec); 2, J. Kirby (Cardiff) 57.44; 3, D. Robbins (unat) 58.00; 4, J. Tarrant (Here)

59.28; 5, R. Lally (Here) 59.33; 6, K. Brown (Pt Talb) 59.52; 7, Price (Car) 60.00; 8, Mann (Here) 60.20; 9, J. O'Brien (PT) 60.33; 10, Tanner (Bristol Un) 60.37; 11, J. Evans (Neath) 60.39; 12, Mescall (PT) 60.41; 13, R. Futrell (UCS) 61.39; 14, D. Jones (UCS) 61.40; 15, R. Gear (Swan) 61.53; 16, M. Draffin (UCS) 61.55; 17, M. Beames (Car) 61.58; 18, J. Walsh (Car) 62.06; 19, J. Collins (Swan) 62.08; 20, N. Kemp (UCS) 62.15. 60 finished. Teams: 1, University Coll., Swansea 44; 2, Cardiff 44; 3, Port Talbot 48; 4, Hereford & Cty 54; 5, Swansea 82; 6, Bristol Un. 96.

**South Wales Area ATC Championships, at Barry, December 7th.** (Snr) 1, Williams (Cwmbran) 17.03; 2, Gould (Llandaff) 17.10; 3, Poulton (Ystrad Myn) 17.11. (Juns) 1, Cashell (Risca) 18.03; 2, Rogers (Penarth) 18.09; 3, Williams (Ystad Mynach) 19.00.

**BP Llandarcy "5", December 8th.** A small pack of runners, including Bill Robbins, John Evans, Keith Brown, Ken Flowers, Adrian Aylett and Rod Futrell, broke away from the field at the end of the first mile. The bunch continued their progress together until, with barely half a mile remaining, Dill Robbins made a decisive break which carried him home first.

1, D. Robbins (ind) 25.25; 2, R. Futrell (Swan. Un) 25.58; 3, K. Brown (PT) 26.07; 4, J. Evans (Neath) 26.15; 5, A. Aylett (Gil) 26.23; 6, A. Harmer (Swan. Un) 26.30; 7, D. Jones (Swan. Un) 26.31; 8, R. Gear (Swan. H) 26.34; 9, K. Flowers (Gil) 26.43; 10, M. Hoffman (Gil) 26.49; 11, D. Vaughan (SH) 27.13; 12, C. Walbyoff (Gil) 27.29; 13, R. Mulgrave (Swan. Un) 27.36; 14, R. Pullen (Neath) 27.44; 15, G. Waters (SH) 28.06. Teams: 1, Swansea Un. 15; 2, Gilwern 24; 3, Swansea H. 34; 4, Neath 42; 5, Gilwern "B" 67; 6, Bridgend YMCA 68; 7, Bridgend "B" 92; 8, BP Llandarcy 97. First Veteran: 28, G. Davies (BP). BP Champs: 1, Davies; 2, G. Richards; 3, R. Hawkins (result from Brian Jones, BP).

Welsh National Coach Peter Lay presented his Olympic Film Festival series at different venues on five successive evenings in South Wales during the first week of December. Details of future shows can be obtained from CCPR, 47 Cathedral Road, Cardiff.

Peter is Course Lecturer at the Coaches' Course in Jumps, organised by the West Glamorgan AAA in January and February. Dates: 13th, 20th, 27th Jan., and 3rd, 11th and 24th Feb. at Sandfields Comp. School gymnasium, Port Talbot. Full particulars from Barrie Owen, 1 St. Peter's Ave., Fforestfach, Swansea.

**Today, December 21st,** the annual Newport-Tredeggar 22 miles road race starts from Newport Civic Centre at 1 p.m. Last year Pat Lonnen of Bristol set new figures of 2:04.25 for this very hilly course. The Tredeggar Christmas Week Road Races (100 yards and five miles) are held on Monday, 23rd, at 8 p.m.

**Bernard Baldwin**

## WALKING

## FREEZING WEATHER SLOWS PAUL NIHILL

WITH the temperature dipping below zero, competitors in the Cambridge Harriers "7" at Bexley last Saturday found it very difficult to get into their usual rhythm and it was a hard struggle to keep warm. Paul Nihill, despite a 10 miles warm-up (3 miles preceding the race and 7 miles at 6 a.m.), lost much time earlier on and was disappointed at being 40 sec. outside the course record set last year by Jose Pedraza. John Webb was always an isolated second though never troubling Nihill. Mal Tolley, walking as superbly as ever, decisively dropped Colin Young in the final mile and made inroads on Webb with a tremendous late downhill burst.

The highlight of the race, though, was the excellent display by those fine young stylists Brian Adams and Tony Taylor, both of whom showed good judgment and powerful finishing on this testing course with Adams very nearly snatching 4th in the final yards. Further back, Les Dick showed improved form while Alec Ross gained several positions in the last mile. It was good to see both the Lancashire and Leicester contingents getting amongst the prizes after such long journeys. Even without Geoff Toone, Leicester had plenty to spare over the revitalised Highgate squad with a Fullager-less Basildon 3rd. Lancashire's new find, Dave Vickers, faded after a fast start, while Ken Easlea and Mal Blyth were disqualified.

1, P. Nihill (Surrey WC) 50.53; 2, J. Webb (Basil) 52.32; 3, M. Tolley (Leic. WC) 52.59; 4, C. Young (Ex. B) 53.33; 5, B. Adams (Leic) 53.34; 6, A. Taylor (Lancs) 53.47; 7, L. Dick (H'gate) 54.40; 8, W. Sutherland (H'gate) 54.43; 9, P. Stapleford (Leic) 55.01; 10, P. Embleton (Met) 55.02; 11, A. Banyard (S'end) 55.03; 12, A. Ross (H'gate) 55.20; 13, P. Maidment (L. Vids) 55.21; 14, P. Markham (Leic) 55.22; 15, R. Clark (Camb. H.) 55.22; 16, D. Rosser (S'end) 55.24; 17, D. Vale (Sy WC) 55.32; 18, B. Armstrong (Ilf) 55.43; 19, C. Fogg (Enf) 56.22; 20, W. Wesch (Bel) 56.42; 21, O. Flynn (Basil) 56.33; 22, J. Hopkins (Lancs) 56.55; 23, A. Seddon (Enf) 57.04; 24, N. Johnson (Leic) 57.16; 25, J. McCormack (Basil) 57.25. Scr. Teams: 1, Leic. WC 30; 2, Highgate 56; 3, Basildon 67. H'cap Teams: 1, Lancs WC 196.48; 2, Basildon 196.48 (decided on toss of coin); 3, Highgate "B" 198.07. Individ. H'cap: 1, E. Leach (H'gate) 47.30; 2, A. Taylor 47.37; 3, B. Adams 47.44.

**Peel to Douglas (Isle of Man) 10½M, November 24th.** 1, P. Bannon 79.59; 2, A. Callow 84.47; 3, I. Hodgkinson 87.39; 4, D. Allan 88.40. First woman: I. Cottier 112.35. Youths 5½M: J. Reynolds 54.30. First girl: L. Clague 67.57 (prev. rec: 76.16).

**Enfield H. "Floodlit" Novice 3M, November 29th.** All but one of the 58 starters in this unique event finished, the winner being a powerfully built Irishman, Jim Bennett. The two young sons of Bill Fogg finished 18th and 27th. 1, J. Bennett

(Enf) 25.36; 2, A. Mooney (H'gate) 26.00; 3, R. Harboard (Q. Eliz. S.) 26.35.

**Inter-Club 7M at Steyning, December 4th.** On an out-and-back wheel measured course, Paul Nihill clocked one of the fastest 7's since the Matthews era. Passing halfway in 24.38, Paul kept up the pressure despite the unfortunate absence of Arthur Jones, whose wife was suddenly taken ill at home. Nihill, now back to 80M per week in training, is now aiming to approach 49 min. (given good conditions) in the Met. Police open event in January. Confirming the validity of the course, both Len Duquemin and Alan Buchanan had similar times to those recorded in the recent Belgrave "7". The 16-year-old Emsley twins both had excellent races. 1, P. Nihill (Steyn) 49.23; 2, L. Duquemin (Bel) 54.19; 3, A. Buchanan (B'ton) 55.28; 4, R. Emsley (Steyn) 56.05; 5, R. Penfold (Steyn) 56.16; 6, K. Emsley (Steyn) 56.34. Team: Steyning.

**Wakefield H. beat Yorkshire WC 10-26 at York, December 7th.** 6½M: 1, R. Thorpe (W) 48.19; 2, J. Hampshire (W) 53.12; 3, R. Lockwood (W) 53.20; 4, G. Barrass (W) 53.32; 5, D. Ellis (W) 53.38; 6, G. Goddard (Y) 55.12.

**Have shoes, will walk:** With the majority of this country's competitors currently using and eagerly seeking the colourful, lightweight shoes manufactured by German and Japanese firms it was a surprise to learn that several top class Italians (among them Abdon Pamich) have sent orders for shoes from a long established English firm. Apparently our Italian friends consider the leather here much superior to that used in Europe!

**A family affair!** This year's US National 30 Kms, held at Columbia, Montana on September 1st, was contested not far from Larry Young's home. Larry, not altogether surprisingly, won the event easily in 2:31:30.1, but what was unexpected was that his father Bob Young should come fourth in 3:03:57. An uncle, Fred, some years older than his brother, celebrated his first-ever walking race by finishing eighth in 3:12:29!

**International Scene:** It was very pleasing to learn that there will be a return match (20 & 35 kms) with West Germany in Britain during May. Now it is hoped that both Czechoslovakia and Italy will ask for walks to be included in their home matches with us later in the season. We know only too well that the walkers of both countries eagerly want one, preferably two, events incorporated in a full match, but it now depends on their governing bodies. With a good prospect of a walk being included in the International matches with the United States and France the walker may, at long last, have a full International programme to look forward to next season.

**Hard training pays off for Americans:** It is interesting to note the training mileages and methods of the two least known of the American Olympic squad, German-born Goetz Klopfer (26) and Dave Romansky (30). Both formerly distance

*continued on page 35*

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## WOMEN'S COUNTY C.C.

### YORKSHIRE

At Guiseley, near Leeds, November 30th

Madeline Ibbotson made a highly successful return to cross-country racing when, after a "retirement" lasting almost three years, she regained the Yorkshire Women's title. An ever-green 32, she ran with all the authority and poise one might expect from a runner who won the English Women's National title in 1963 and 1964, leading throughout. Hard pressed from start to finish by Welsh international Jean Lockhead, former WAAA mile champion Alison Noble added interest to the closing stages with a determined late bid for victory but Madeline held on by ten yards.

1. M. Ibbotson (Longwood/Bury) ..... 18.02
2. J. Lockhead (Airedale & Spenn Valley) ... 18.05
3. A. Noble (Halifax) ..... 18.09
4. M. Hudson (Airedale & Spenn Valley) 19.19; 5. C. Howell (Hull Ach) 19.26; 6. M. Powell (ASV) 19.57; 7. P. Stanley (HA) 20.19; 8. E. Puckrin (Cov. CPE) 20.47; 9. J. Hiles (HA) 21.03; 10. P. Hook (ASV) 21.57.

Teams: 1, Airedale & Spenn Valley 12; 2, Hull Achilles 21.

### Intermediates

1. H. Gleeson (Spennborough) ..... 13.38
2. D. Webster (Hull Spartan) ..... 13.51
3. S. Howell (Hull Achilles) ..... 14.04
4. D. Page (Dinnington) 14.27; 5. C. Willford (HS) 14.29; 6. S. Sugden (ASV) 14.44; 7. E. Hoyle (H'fax) 15.01; 8. S. Clarkson (H'fax) 15.07; 9. L. Dixon (Roth) 15.10; 10. B. Coates (Spennborough) 15.10; 11. S. Clapham (Skirac) 15.11; 12. S. Barraclough (ASV) 15.14; 13. P. Calver (H'fax) 15.15; 14. D. McGrath (ASV) 15.19; 15. L. Turner

(Long) 15.35; 16. K. Desort (Bing) 15.44; 17. K. Benn (HA) 15.51; 18. L. Wilkinson (HA) 15.52; 19. E. Edwards (Wake) 15.59; 20. C. Commons (H'fax) 16.02.

Teams: 1, Halifax 28; 2, Airedale & Spenn Valley 32; 3, Hull Achilles 38; 4, Longwood 63; 5, Spennborough 73.

### Juniors

1. E. Turner (Stocksbridge S.) ..... 10.42
2. A. Williams (Spennborough) ..... 10.44
3. W. Martindale (Rowntrees) ..... 10.46
4. S. Barratt (Stock) 10.49; 5. J. Gaines (Spennborough) 10.53; 6. A. Maguire (H'fax) 10.56; 7. D. Hutchinsonson (HS) 10.57; 8. C. Riedy (H'fax) 10.58; 9. C. Horton (Stock) 10.58; 10. E. Walton (Stock) 11.03; 11. A. Barratt (Stock) 11.14; 12. C. Nowell (HA) 11.15; 13. E. Kenny (ASV) 11.16; 14. S. Walker (H'fax) 11.19; 15. B. Atkinson (Bing) 11.24; 16. R. Hinchcliffe (Spennborough) 11.25; 17. S. Wilks (Spennborough) 11.27; 18. A. Gregory (HS) 11.29; 19. J. Murdock (Dinnington) 11.33; 20. E. Riley (Spennborough) 11.35. 102 finished.

Teams: 1, Stocksbridge S. 14; 2, Spennborough 23; 3, Halifax 28; 4, Stocksbridge "B" 43; 5, Rowntrees 53; 6, Hull Spartan 55; 7, Hull Achilles 74; 8, Airedale & Spenn Valley 81; 9, Longwood 87; 10, Halifax "B" 103.

### CHESHIRE

At Woodbank Park, Stockport, December 7th

1. J. Perry Wirral) ..... 25.42
2. J. Simmons (Wirral) ..... 28.56
3. J. Harrison (Altrincham & D.) ..... 28.59
4. J. Beswick (Warr) 29.26; 5. J. Belcher (Stret) 30.14; 6. J. Wood (Cheadle GS) 30.16; 7. J. Reader (Chester CS) 30.20; 8. L. Lacey (Wirral) 33.28; 9. J. Jones (Wirral) 33.42; 10. M. Nickeas (CGS) 34.38.

Teams: Wirral 11.



Liz Parncutt (Thanet) the winner by over a minute, taking an early lead in the Kent Senior Cross-Country Championship at Tonbridge.

Peter Williams



**Merlin Larkin (Brighton & Hove), who had travelled all the way from Newcastle, wins the Sussex Senior title at Bexhill.**

Sportsvie

#### Intermediates

1. C. Reece (Farnworth) ..... 17.56
2. J. Good (Cheadle GS) ..... 20.06
3. C. Bowyer (Wirral) ..... 20.27
4. A. Jones (Kirklands SS) 21.42; 5. B. Charnley (CGS) 21.57; 6. E. Towson (Kirklands SS) 22.24; 7. J. Everard (CGS) 22.58; 8. J. Nethercot (Kirk) 22.59; 9. C. Bardsley (CGS) 23.00; 10. M. Hughes (Kirk) 25.02; 11. E. Hogan (Kirk) 25.17; 12. H. Vickers (Chester City) 26.01.

**Teams:** 1, Cheadle GS 14; 2, Kirklands SS 18.

#### Juniors

1. S. Brimage (Wallasey) ..... 15.01
2. J. McAra (Warrington) ..... 15.38
3. C. Formstone (Kirklands S.) ..... 15.47
4. J. Nelson (CGS) 15.59; 5. S. Walker (Kirk) 16.16; 6. J. Halfpenny (Wall) 16.17; 7. J. Brown (Kirk) 16.20; 8. S. Prestage (Wirr) 16.21; 9. R. Schofield (CGS) 16.24; 10. A. Roberts (Kirk) 16.25; 11. A. Ford (Warr) 16.33; 12. C. Hanley (CGS) 16.34; 13. M. McShane (Kirk. "B") 16.36; 14. S. Lloyd (Wall) 16.37; 15. S. Fox (Kirk) 17.07.

**Teams:** 1, Kirklands SS 15; 2, Wallasey 21; 3, Wirral 61; 4, Chester City S. 72.

**Read Cliff Temple's in-depth interview with Lillian Board in January's "Women's Athletics."**

## Leeds 'November' Handicaps

At Harrogate, November 30th

**TONY WHITE**, a 21-year-old painter and decorator from Huddersfield, became the fifth Longwood Harrier in six years to win the Leeds City "November" cross country handicap. Going off the first mark J. Lawton (Leeds) decided to make the most of his advantage and was still well clear at the end of the two-mile lap. By the half-distance, however, Granville Beckett had joined him and the pair shared the lead until White took over shortly before five miles and grimly held on to the finish. Barry Fletcher of Wakefield came in just one second later but he had the consolation of seeing his team retain the Lofthouse Park Shield. With Dave Atkin and John Waterhouse non-starters, Mike Baxter found himself the sole scratch man and he cut through the field to finish third overall and put up the fastest time.

1. A. White (Longwood) ..... 2.40, 37.22
2. B. Fletcher (Wakefield) ..... 3.10, 37.33
3. M. Baxter (Leeds City) ..... 5.10, 37.42
4. R. Holliday (Wake) 2.30, 37.52; 5. B. Ellis (TVH) 4.50, 37.53; 6. K. Fozard (Harrogate) 2.10, 38.02; 7. D. Anderson (Bing) 4.00, 38.04; 8. G. Beckett (Long) 0.20, 38.07; 9. D. Rotherforth (Wake) 1.40, 38.10; 10. M. Nunn (Long) 2.50, 38.11; 11. M. Child (Wake) 3.40, 38.14; 12. D. Hodgson (Leeds City) 2.20, 38.19; 13. B. Quinlan (Long) 2.50, 38.21; 14. W. Mitchell (ASV) 2.40, 38.23; 15. R. Tristram (ASV) 3.10, 38.25; 16. J. Lawton (LC) scr, 38.30; 17. A. Spence (Bing) 3.50, 38.32; 18. J. Newsome (Wake) 4.20, 38.32; 19. R. Asquith (Holmfirth) 0.30, 38.35; 20. M. McKenna (LC) 1.50, 38.37; 21. T. Ramsden (Holmfirth) 0.40, 38.39; 22. T. Kilmartin (Rown) 3.30, 38.41; 23. E. Chambers (E. Hull) 0.40, 38.43; 24. J. Hubbard (Long) 2.40, 38.47; 25. D. Hoare (Wake) 2.20, 38.52.

**Teams:** 1, Wakefield 15; 2, Longwood 19; 3, Leeds City 31; 4, Bingley 52; 5, Holmfirth 73; 6, Airedale & Spen Valley 83; 7, Harrogate 109; 8, Hull Achilles 115.

**Fastest times:** 1, Baxter 32.32; 2, Ellis 33.03; 3, Anderson 34.04.

**(Youths/Boys)** 1, B. Monaghan (Bing) 2.00, 11.33; 2, B. Jones (East Hull) 1.50, 11.28; 3, N. Jackson (Wake) 1.25, 11.20; 4, A. Biggs (C'field) 1.40, 11.36; 5, L. I'Anson (Leeds City) 1.15, 11.17; 6, A. Dewhurst (A'dale & SV) 0.55, 10.57. **Teams:** 1, Wakefield 24; 2, Holmfirth 30; 3, Airedale & Spen Valley 39. **J.G.B.**

## BRACKNELL INDOOR FIELD EVENTS MEETING

At Bracknell Sports Centre, December 7th

**HJ:** 1, M. Campbell (Hill) 6'5"; 2, R. Morris (Walton) 6'0" (using Fosbury flop). **PV:** 1, J. Reed (Bristol Un.) 11'6"; 2, J. Jebb (Brack) 11'6". **Standing LJ:** 1, Campbell 9'7½"; 2, Morris 9'0½"; 3, J. Saunders (British Timken) 8'8½". **(Women)** **SP:** J. Elsmore (Brack-J) 30'2½".

The next Bracknell Indoor Meeting will be held on January 18th. Watch for an advert. in "AW" shortly.

## PHIL MAY IN FORM

**T**HE hottest name in Australian athletics right now is 6'5", 183lb. Phil May (23). With an over-the-limit wind behind him, this Perth TV employee four times soared over 8 metres in the long jump on November 30th. Running over a 12" wide,  $\frac{1}{4}$ " thick and 45' long rubber strip laid on a loose cinders surface, May produced this series: 24'9"/7.54, 26'5 $\frac{1}{2}$ "/8.07, 26'3 $\frac{1}{2}$ "/8.01, 26'3 $\frac{1}{2}$ "/8.01, 25'9"/7.85 and 26'2 $\frac{1}{2}$ "/7.99. A week before, again with an illegal wind, he had triple jumped 53'2 $\frac{1}{2}$ "/16.21. Meanwhile, back on the comeback trail is John Baguley, whom I still believe capable of 55ft. News of Di Burge's retirement proved premature for she is competing again.

**November 9th, Adelaide.** Women's 200m: Burge 24.2; HJ: Jean Arnold (nee White) 5'4"/1.625. **November 16th, Melbourne.** 120yH: 2, Plant 14.1w. **November 16th, Sydney.** 100m (windy): Stcherbina 10.5, Turnbull 10.5. **November 16th, Adelaide.** TJ: Boase 51'4 $\frac{1}{2}$ "/15.66; women's 100m: Burge 11.8. **November 23rd, Perth.** DT: Vlahov 179'7"/54.74. **November 23rd, Adelaide.** DT: Selvey 172'0"/52.43. **November 23rd, Sydney.** LJ: Tolbert 24'9 $\frac{1}{2}$ "/7.55; women's 200m: Lamy 24.9; LJ: Frith 18'9 $\frac{1}{2}$ "/5.73, Caird 17'0 $\frac{1}{2}$ "/5.19 (recovering from ankle injury). **November 23rd, Melbourne.** 120yH: Baird 14.0; HJ: Ian Moss 6'8"/2.03. **November 30th, Adelaide.** Women's 100m: Burge 11.7; 1500m: Raie Thompson 4:40.9; 80mH/SP: Janet Riley 11.3 & 42'5 $\frac{1}{2}$ "/12.93 (leaves shortly to teach in Canada). **November 30th, Sydney.** 1500m: Farrington 3:56.0; JT: Sigismund Kosciak 249'10"/76.15; women's 100m/400m/80mH/SP: Lamy 11.8/57.3/11.3 & 36'2 $\frac{1}{2}$ "/11.03; 400m: Brown 56.5; 1500m: Peasley 4:41.7; 80mH: Pease 10.9, Caird 11.4 (separate races). **November 30th, Melbourne.** 220y: Norman 21.4; 880y: Doubell 1:51.6; 120yH: Baird 14.0; PV: Ray Boyd (17) 14'11 $\frac{1}{2}$ "/4.56; LJ: McGrath 24'2 $\frac{1}{2}$ "/7.38; HT: Leffler 194'3"/59.21; women's SP: Anna Karner (17) 47'0"/14.32.

Bernie Cecins

### SOUTH AFRICAN RESULTS

**October 26th, Benoni.** 100m: van Zyl 10.4; SP: H. Booysen (18) 56'1"/17.09. **November 9th, Krugersdorp.** 100m: van Heerden 10.4; women's 100m: Ewe 11.6; HJ: du Plessis 5'6"/1.675. **November 9th, Pretoria.** LJ: Kriel 24'5"/7.44; women's 100m/200m: Botha 11.6/24.4. **November 23rd, Port Elizabeth.** Women's JT: Melville (nee van Lingen) 151'7"/46.20. **November 23rd, Pretoria.** Women's 200m: Viljoen 24.3. **November 27th, Port Elizabeth.** 400m: Beckett 47.4; 800m: Broberg 1:50.7; 400mH: Breen 51.6, Coetzee 51.9. **November 30th, Krugersdorp.** 1500m: van Zijl 3:49.9; 110mH: Coetzee 14.4; women's 100m/200m: Botha 11.8/23.7.

Doug Coghlan

This month's prize winners in the SCAA "200 Competition" are J. H. Guilment of Southampton (£25), F. J. Martell of Merton Park (£15) and E. Chappell of Worcester Park (£5).

### UK TOP 50 AMENDMENTS

220y: add 21.9 Alan Flynn (ASV) 14.9, 22.0 John Bagley (Wakefield) 14.8 & Paul Machin (Hallam) 14.9; delete 21.9 Matthews (windy). 440y: note 48.9 Peter Mattholte (Sherbourne GS). 880y: note Frank Martin (Oxford City/RAF); note 1:51.7 Robert Johnston 22.9; add 1:52.5 Stuart Wilson (RUC) 6.7. 1500m: note 3:46.6 Newble 21.8. 3000m: note 8:14.8 Dereck Fernee. 2M: note 8:52.8 Dereck Fernee 21.8; add 8:48.2 Malcolm Absolom (E. Manor) 21.8, 8:51.0 Tony Simmons (Luton) 21.5, 8:53.0 Andy Green (Hadleigh O) 21.8, 8:54.0 Kevin Carr (Sunderland) 4.6; note Baker ran 8:48.4 indoors on cinders. 3M: add 13:40.4 Roger Clark (Bristol/RAF) 31.7, 13:43.4 Ron Barlow (Sutton) 27.7, 13:44.0 Brian Renshall (Sutton) 27.7. 6M: note Walter Bent. 2000mSC: note 5:46.6 Blakeley 4.9; add 5:51.4 David Camp (Burn Rd) 4.9. 440yH: note Alexander Robertson. TJ: note 48'4 $\frac{1}{2}$ " Vincent 21.9. SP: note 51'11" (unconfirmed) Downes 2.9. Dec: add 5699 Barry McEwan (Holbeach) 15 & 16.9.

### AAA REPRESENTATIVE MATCHES

The AAA has the following matches scheduled for next season: v. Cambridge Univ. on April 24th, v. Birmingham Univ. on May 7th, v. University of London v. Borough Road College on May 14th, v. Loughborough Colleges on June 4th, v. Combined Services v. BUSF on August 6th. The SCAA face Oxford Univ. and Borough Road College on April 30th.

### "AW" FILM SHOW

The annual *Athletics Weekly* film show, at Bowater House, was as usual full of good things. The film on this occasion came from three main sources—John Le Masurier, Wilf Paish and Guy Butler—and, of course, was mainly of the Mexico City Olympics. John took some very revealing colour shots of athletes training and also warming up prior to being summoned to the stadium for their events, Wilf's film (with delightful opening and closing credit sequences featuring his own children dressed up in Mexican costumes) provided a wealth of detail of nearly all the Olympic events, while Guy Butler's miscellany contained a montage of several of Dave Hemery's best races. An entertaining and instructive evening.

M.W.

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# League Races

## LEEDS & DISTRICT LEAGUE

### At Harrogate, October 19th

|                             |                           |                            |                         |                          |                              |                                |        |
|-----------------------------|---------------------------|----------------------------|-------------------------|--------------------------|------------------------------|--------------------------------|--------|
| 1. F. Briscoe (Leeds Univ.) | 40.45                     |                            |                         |                          |                              |                                |        |
| 2. M. Baxter (Leeds City)   | 40.52                     |                            |                         |                          |                              |                                |        |
| 3. J. Lunn (Leeds City)     | 42.00                     |                            |                         |                          |                              |                                |        |
| 4. B. Fletcher (Wake)       | 42.39; 5. M. Child (Wake) | 42.41; 6. P. Watson (Bram) | 43.04; 7. J. Stage (LU) | 43.11; 8. S. Dobson (LC) | 43.28; 9. B. Holliday (Wake) | 43.38; 10. T. Kilmartin (Rown) | 44.18. |

**Teams:** 1, Leeds City 24; 2, Wakefield 32; 3, Leeds University 33; 4, Bramley 91; 5, Rowntrees 107; 6, Arm. Apprentices C. 112.

### Youths/Boys

1, D. Slater (Skyrac) 11.30; 2, L. I'Anson (LC) 11.50; 3, P. Loker (Bram) 11.55. **Teams:** 1, Skyrac 17; 2, Wakefield 18; 3, Leeds City 19; 4, AAC Harrogate 32; 5, Harrogate 47; 6, Ripon 97.

### At Templenewsam, Leeds, November 16th

|                                               |                                                                                                                                               |        |
|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|--------|
| 1. M. Baxter (Leeds City)                     | 30.43                                                                                                                                         |        |
| 2. J. Lunn (Leeds City)                       | 31.33                                                                                                                                         |        |
| 3. B. Fletcher (Wakefield)                    | 31.57                                                                                                                                         |        |
| 4. P. Watson (Bram) 32.09; 5. M. Child (Wake) | 32.16; 6. A. Cocking (Bram) 32.26; 7. G. Thewlis (Wake) 32.53; 8. S. Dobson (LC) 32.58; 9. K. Fozzard (H'gate) 33.40; 10. J. Stage (Leeds Un) | 33.43. |

**Teams:** 1, Leeds City 23; 2, Wakefield 26; 3, Leeds Univ. 60; 4, Bramley 91; 5, Harrogate 121; 6, Rowntrees 132.

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## Youths/Boys

1, R. Bettridge (Wake) 15.36; 2, D. Slater (Sky) 15.37; 3, L. I'Anson (LC) 16.05. **Teams:** 1, Wakefield 12; 2, Leeds City 20; 3, Skyrac 29; 4, AAC Harrogate 42; 5, Ripon 78.

### At Weetwood, Leeds, December 7th

|                                                                                                                                                                                            |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. M. Baxter (Leeds City)                                                                                                                                                                  | 32.15 |
| 2. F. Tittley (Leeds Univ.)                                                                                                                                                                | 33.27 |
| 3. P. Watson (Bramley)                                                                                                                                                                     | 33.47 |
| 4. J. Newsome (Wake) 33.51; 5. J. Lunn (LC) 34.05; 6. B. Fletcher (Wake) 34.15; 7. G. Thewlis (Wake) 34.30; 8. G. Smith (LU) 34.46; 9. G. Stone (LC) 35.01; 10. T. Kilmartin (Rown) 35.05. |       |

**Teams:** 1, Leeds City 26; 2, Wakefield 30; 3, Leeds Univ. 44; 4, Bramley 108; 5, Rowntrees 108; 6, Harrogate 134.

**Final League Positions:** (Ind) Snr—M. Baxter (LC), Jnr—B. Kilner (LC). (Teams) 1, Leeds; 2, Wakefield; 3, Leeds Un. 18.

## Youths/Boys

1, D. Slater (Skyrac) 17.20; 2, C. Taylor (Wake) 17.30; 3, R. Bettridge (Wake) 17.39. **Teams:** 1, Wakefield 9; 2, Leeds City 21; 3, Skyrac 23.

**Final League Positions:** (Ind) Yths—D. Slater (Sky), Boys—A. Black (LC). (Teams) 1, Wakefield; 2, Leeds City; 3, Skyrac.

## SHEFFIELD & DISTRICT LEAGUE

### At Rotherham, November 23rd

|                                                                                                                                                                                           |       |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. T. Wright (Hallamshire)                                                                                                                                                                | 33.57 |
| 2. B. Barden (Sheffield Utd.)                                                                                                                                                             | 35.00 |
| 3. A. Greenwood (Hallamshire)                                                                                                                                                             | 36.33 |
| 4. P. Mullarkey (Roth) 36.42; 5. A. Baggott (SU) 37.17; 6. J. Frost (Roth) 37.25; 7. Jackson (Roth) 37.51; 8. Tranter (SU) 38.04; 9. H. Crossley (SU) 38.20; 10. E. Chaffer (Hall) 38.25. |       |

**Teams:** 1, Sheffield United 309; 2, Rotherham 294; 3, Sheffield Univ. 251; 4, Hallamshire 225; 5, Doncaster PWAC 60.

## HANTS LEAGUE

### At Aldershot, November 30th

|                                               |                                                                                                                                                                                                                                                                                                                                                                                                                                                           |
|-----------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. R. Ingleton (Portsmouth)                   | 34.00                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 2. D. Bowles (Southampton)                    | 34.07                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 3. G. Lewis (Southampton)                     | 34.12                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
| 4, M. Salvage (Ports) 34.37; 5, D. Amey (Sal) | 34.50; 6, D. Inns (Ports) 35.14; 7, R. Matthews (B'mth) 35.16; 8, R. Churcher (E'leigh) 35.18; 9, R. Stonehouse (AFD) 35.19; 10, J. Bardell (E'leigh) 35.21; 11, M. Woods (AFD) 35.28; 12, P. Fitzgerald (AFD) 35.30; 13, M. Barton (AFD) 35.30; 14, I. Burgess (So'ton) 35.31; 15, M. Hedges (So) 35.47; 16, D. Russell (So'ton Un) 35.51; 17, S. Bulpitt (So'ton) 35.59; 18, P. Green (SU) 36.30; 19, D. Curwell (AFD) 36.39; 20, C. Fry (B'mth) 36.47. |

**Teams:** 1, Southampton 51; 2, Aldershot, Farnham & D. 64; 3, Portsmouth 89; 4, Bournemouth 116; 5, Eastleigh 119; 6, Salisbury 171; 7, Southampton Un. 182.

## Young Athletes

|                                  |       |
|----------------------------------|-------|
| 1. P. Banning (Andover)          | 19.04 |
| 2. B. Ford (Aldershot, F. & D.)  | 19.34 |
| 3. P. Adams (Aldershot, F. & D.) | 19.45 |

continued on page 34

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# HISTORY OF BRITISH ATHLETICS

By Melvyn Watman

26s. post free from the Book Dept.

# Simmons Smashes Johnston's Record

At Cambridge, December 7th

**TONY SIMMONS**, just turned 20 and still a Junior over the country, scored a runaway win in the Eastern Counties seven miles cross-country championship, clipping more than a minute off the course record Tim Johnston had set two years earlier. Going into the lead from the start, he battled across thick mud to win from Luton team-mate Tony Cox and Phil Romaine, the National Youths champion in 1963.

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. A. Simmons (Beds) .....                                                                                                                                                                                                                                                                                                                                                                                                                                                  | 35.10 |
| 2. A. Cox (Beds) .....                                                                                                                                                                                                                                                                                                                                                                                                                                                      | 36.46 |
| 3. P. Romaine (Lincs) .....                                                                                                                                                                                                                                                                                                                                                                                                                                                 | 37.12 |
| 4. G. White (Beds) 37.51; 5. D. Palmer (Norfolk) 38.46; 6. C. Burt (Suffolk) 38.51; 7. A. Keith (Beds) 39.06; 8. L. Woolner (Sk) 39.14; 9. T. Smith (Sk) 39.16; 10. G. Phipps (Cambs) 39.25; 11. R. Clarke (Beds) 39.44; 12. D. Eke (Beds) 40.01; 13. C. Lee (Cambs) 40.03; 14. D. Muir (Lincs) 40.06; 15. J. Daniels (Sk) 40.20; 16. G. Groenendaal (Nor) 40.29; 17. B. Jeffs (Cambs) 40.38; 18. M. Holt (Beds) 40.47; 19. M. Romeril (Sk) 40.55; 20. T. Gould (Sk) 41.00. |       |

**Teams:** 1, Bedfordshire 37; 2, Suffolk 77; 3, Cambridgeshire 117; 4, Lincolnshire 141; 5, Norfolk 169.

## Juniors

|                            |       |
|----------------------------|-------|
| 1. P. Francis (Beds) ..... | 28.44 |
| 2. L. Bland (Lincs) .....  | 29.16 |
| 3. H. Quince (Beds) .....  | 29.24 |

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**Teams:** 1, Beds 8; 2, Lincs 13; 3, Cambs 27.

## Youths

|                                                                                                                                                                                             |       |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. G. Tuck (Cambs) .....                                                                                                                                                                    | 14.53 |
| 2. P. Dennis (Norfolk) .....                                                                                                                                                                | 15.20 |
| 3. D. Butts (Lincs) .....                                                                                                                                                                   | 15.55 |
| 4. D. Michael (Lincs) 15.55; 5. S. Sharratt (Beds) 16.00; 6. R. Staden (Cambs) 16.18; 7. R. Fox (Lincs) 16.19; 8. T. Jones (Lincs) 16.22; 9. G. Bee (Lincs) 16.24; 10. Atkin (Lincs) 16.25. |       |

**Teams:** 1, Lincs 41; 2, Cambs 69; 3, Beds 99; 4, Norfolk 136; 5, Suffolk 149.

## Boys

|                                                                                                                                                                                   |       |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. A. Goldsmith (Norfolk) .....                                                                                                                                                   | 15.47 |
| 2. P. Hanner (Norfolk) .....                                                                                                                                                      | 15.57 |
| 3. G. Steere (Norfolk) .....                                                                                                                                                      | 16.03 |
| 4. K. Steere (Nor) 16.07; 5. D. Baker (Nor) 16.26; 6. G. Smith (Lincs) 16.45; 7. A. Farr (Beds) 16.52; 8. G. Kent (Sk) 16.56; 9. L. Shaw (Beds) 16.58; 10. R. Hall (Lincs) 16.59. |       |

**Teams:** 1, Norfolk 32; 2, Lincs 74; 3, Beds 108; 4, Suffolk 111; 5, Cambs 149.

## SUSSEX INTERMEDIATE CHAMPIONSHIPS

At Bexhill, December 7th

|                                                                                                                                                                                                                                                                                                                                                    |       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. P. Standing (Brighton & Hove) .....                                                                                                                                                                                                                                                                                                             | 30.35 |
| 2. M. Slater (Bexhill) .....                                                                                                                                                                                                                                                                                                                       | 31.27 |
| 3. D. Pellett (Brighton & Hove) .....                                                                                                                                                                                                                                                                                                              | 32.26 |
| 4. J. O'Meara (BH "B") 32.44; 5. E. Magson (East) 33.04; 6. G. Ashdown (BH) 33.08; 7. R. Scott (Falmer) 33.23; 8. E. Aukett (East) 33.25; 9. E. Ranicar (BH "B") 33.31; 10. M. Batstone (HBS) 33.36; 11. P. Rockwood (BH) 33.39; 12. R. White (Worth) 33.44; 13. B. Whitcomb (BHs) 34.10; 14. G. Gaskell (HBS) 34.14; 15. S. Matthews (Bex) 34.18. |       |

**Teams:** 1, Brighton & Hove 21; 2, BH "B" 55; 3, Worthing & District 66; 4, Horsham Blue Star 67; 5, Eastbourne Rovers 72; 6, Falmer Striders 87.

## DEVON COUNTY ROSS SHIELD ROAD RACE

At Plymouth, November 30th

|                                                                                                                                                                                                                                                                                                                                                                                |       |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|
| 1. T. Honeychurch (Paignton) .....                                                                                                                                                                                                                                                                                                                                             | 34.40 |
| 2. D. Collins (Plymouth) .....                                                                                                                                                                                                                                                                                                                                                 | 35.00 |
| 3. D. McFadzean (Plymouth) .....                                                                                                                                                                                                                                                                                                                                               | 35.06 |
| 4. M. Watts (Paignton) 35.22; 5. F. Allen (Ply) 35.35; 6. D. Walton (Paignton) 35.44; 7. P. Hampton (Ply) 36.00; 8. G. Chase (Paignton) 36.16; 9. R. Essery (Ply) 36.22; 10. W. Valentine (Paignton) 36.27; 11. M. Chivers (St. Lukes) 36.35; 12. D. Bouault (St. L.) 36.37; 13. G. Mears (Ex. H.) 36.46; 14. R. Retter (Ex. H.) 36.51; 15. M. Doyle (Ply) 36.51. 55 finished. |       |

**Teams:** 1, Paignton 45; 2, Plymouth 49; 3, Exeter H. 133; 4, Ply. "B" 148; 5, RNEC Manadon 216; 6, Exeter Univ. 239.

# PAUL NIHILL

## answers the Questionnaire

**Full name:**

Vincent Paul Nihill.

**Birthplace and date:**

Colchester (Essex), 5.9.39.

**Height and weight:**

5'11½", 146lb.

**Clubs:**

Surrey Walking Club & Steyning AC.

**Occupation:**

Bank Clerk.

**Personal best marks:**

Mile walk (track)—6:31.4, 2M (track)—13:19.6, 10km (road)—43:59, 7M (track)—49:45, 1 hour (track)—8M 670y, 10M (road)—71:29, 20km (road)—1:31:19, 20M (road)—2:35:07, 25M (road)—3:18:25, 50km (road)—4:11:31.2.

**Which performances have given you most pleasure?**

Winning silver medal at Tokyo Olympics and every national title.

**Greatest disappointment?**

Failing to win gold medal in Mexico.

**How many days a week do you train?**

Seven usually.

**At what time of day do you train?**

Early morning or evening.

**How long are your training sessions?**

Anything between one and five hours.

**Please describe your warmup:**

Before each race I walk 7 miles steady approximately 3 hours before the event or when possible.

**Please give details of a typical week's training in winter:**

Monday: 8-10 miles.

Tuesday: 20 kilometres.

Wednesday: 8-10 miles.

Thursday: 20 kilometres.

Friday: 8 miles.

Saturday: Competition or fast session.

Sunday: 15 miles (or long stroll of 25 miles-plus if training for distance events the following year).

My training, particularly the mileage, depends on whether I'm concentrating on 20km or 50km walking.

**Please give details of a typical week's training in summer:**

Monday: 8-10 miles.

Tuesday: 20km (including track work).

Wednesday: 8-10 miles.

Thursday: 20km (including track work).

Friday: 8 miles.

Saturday: Competition or fast session.

Sunday: 50km if training for long distance; otherwise 15-20 miles.

At peak for 20km walking I average 80 miles per week; for 50km I average 95-105 miles.



J. R. Coomber photo

**Please give details of any weight training:**

I do not require weight training of any nature.

**Advisers:**

Alec Potton (Surrey WC) and National Coach Alf Cotton.

**How much of your success is due to coaching?**

In my early days I was coached by Belgrave H. international George Williams, which was my turning point. Nowadays I work in hand with my advisers.

**How many days rest do you like before competition?**

None, unless it's a major event.

**How often do you like to compete?**

At least twice per month.

**What are your targets in athletics?**

To win a gold medal and be recognised by the man in the street as an ATHLETE.

**What advice would you offer the young athlete or novice?**

Be patient and gain all the experience you can. Don't listen to everybody, but pick someone who everyone respects as an authority and seek HIS advice.

**Any further comments?**

With luck, when this is printed I will have gone

one year without defeat in the UK. Only my damn Mexico performance ruined a 100% record after 36 consecutive wins.

#### Annual progress:

| Year | 7M    | 20km    | 50km    |
|------|-------|---------|---------|
| 1956 | 67:28 | —       | —       |
| 1957 | 65:52 | —       | —       |
| 1958 | 65:55 | —       | —       |
| 1959 | —     | —       | —       |
| 1960 | 57:25 | —       | —       |
| 1961 | 53:51 | 1:42:07 | —       |
| 1962 | 52:07 | 1:36:58 | 4:51:32 |
| 1963 | 51:08 | 1:32:09 | 4:26:06 |
| 1964 | 49:50 | 1:31:39 | 4:11:31 |
| 1965 | 49:45 | 1:33:33 | 4:26:32 |
| 1966 | 50:52 | 1:33:03 | —       |
| 1967 | 50:48 | —       | —       |
| 1968 | 49:55 | 1:31:19 | 4:18:59 |

## Strong Finish by Malcolm Absolom

At New Barnet, December 7th

On a dull day, with drizzling rain dampening all that ventured forth, running inside collars and generally lowering spirits, the annual Fraternity Cup Invitation Cross Country was run over a tough new course of just under six miles that took the field through close woodland, heavy mud and over heath and plough. The ever-consistent Mike Barratt took the lead initially followed by Trevor Bivens and Malcolm Absolom. This remained the order until three-quarters of a mile from home when, on hitting the plough after breaking out of the woods for the last time, Absolom moved ahead and gradually opened up a gap which stood at ten seconds by the time the finish was reached.

1. M. Absolom (Eton Manor) ..... 31.10  
 2. M. Barratt (Ealing & Southall) ..... 31.20  
 3. T. Bivens (Ealing & Southall) ..... 31.31  
 4. P. Vaughan (Hornsey SM) 31.48; 5. R. Davies (Ver) 31.55; 6. M. Brooks (Ver) 32.12; 7. J. Street (Barnet) 32.20; 8. J. Collins (HSM) 32.26; 9. P. Bennett (HSM) 32.27; 10. D. Cannon (Stevenage & NH) 32.57; 11. M. O'Connor (Camden) 33.01; 12. D. Bailey (QPH) 33.10; 13. G. Harrold (En) 33.16; 14. J. Arger (En) 33.36; 15. P. McIlwain (S'gate) 33.41; 16. J. Donovan (Shaft) 33.43; 17. C. Canton (Eal) 33.46; 18. J. Mercer (En) 33.54; 19. D. Colton (EM) 33.57; 20. I. Wiggett (HSM) 33.59; 21. A. Murphy (Eal) 34.00; 22. T. Slack (Ver) 34.02; 23. D. Case (Eal) 34.05; 24. J. Pugh (Barnet) 34.11; 25. G. Pringuer (S'gate) 34.19.  
 88 finished.

**Teams:** 1, Ealing & Southall 98; 2, Hornsey St. Mary's 107; 3, Verlea 152; 4, Borough of Enfield 178; 5, Eton Manor 203; 6, Camden 219; 7, Barnet & District 222; 8, Shaftesbury 286; 9, Southgate 316; 10, Highgate 361.

Ryde Harriers Officers for 1969 are as follows: Chairman, J. Symonds; Sec., J. Daym, 46 Quarry Road, Ryde; Treas., D. Mills; Captain, A. James; Women's Capt., Miss C. Hewison.

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# EVERYONE WAS CHEATED...

A personal view of the Mexico City Games by John Lusardi

**I**F we could somehow jump one hundred years into the future and look back to athletics today the performances at Mexico City would stand out. Not gloriously but as would a sore thumb. The question that must have occurred to everyone watching the Games, either live or on television, is "What exactly are all these performances really worth". Well, to my mind (and this is an entirely personal view), the whole Games are completely worthless from a statistical viewpoint. And this includes not just a winning 10,000 time of 29:27.4 but also 29-foot long jumps and 57-foot triples. Freak performances which leave one completely uncertain as to the worth of what lies under the surface. The only thing that might have salvaged the whole affair was the superb, intense competition but, with athletics being the statistically-based sport it is, this was not enough.

For three days the fact of being there, in Mexico City, was almost beyond comprehension and one drunk in every sight and sound, almost managing to keep up with the well-nigh impossible task of watching every jump and throw as well as each race. These days were everything one could possibly have hoped for: 22'4½" by Viscopoleanu, 9.9 by Hines on electrical timing, 48.1 by Hemery. Surely it was all a dream, out of which one would suddenly awaken. And awaken one did, but slowly and painfully, to the realisation that one could not look at these performances in the same light as any since the beginning of athletics as we know it.

It was on the fourth day that the first nagging doubt began to gnaw at one's vitals. Were these performances worth what they seemed on the face of it? The rot really started with the triple jump—five men over 56 feet and one past 57. It just made a mockery of Szmidt's incredible pre-Mexico record, a record that had stood for eight years. And then, in one competition, five men! And there was old Joe, noticeably wincing on each phase of the jump and wracked all year by injuries, himself getting to 55'5". Fantastic? No, ridiculous rather. And those wind speeds! Three of the first six aided by wind speeds of exactly two metres per second, a reading that was to recur with quite notable frequency in the next few days. The gauge registered the same reading for Beamon's long jump, Szewinska's 200, etc.—quite a coincidence really. A neighbouring journalist remarked, with all the cynicism newspapermen are usually noted for, "They want to make sure everyone goes away happy. But why haven't they got the sense to make it + 1.9 or 1.8 occasionally?"

The sixth day was the one that really did it though. I wished then that we could either go straight home without bothering with the rest of the Games or stop and start over at low altitude. Within a brief period Szewinska ran 22.5, Evans 43.8, Caird 10.3 (all on electrical timing which is supposed to lose the athletes up to one-tenth) and finally the deathblow, Beamon's 29'2½". Two hours earlier I had specially made the point of moving



## ELATION FOR SOME

Tommie Smith throws his arms up in elation as he comes in to win the 200 metres in world record time.

Ed Lacey

## Suffering For Others

One competitor,  
among the many,  
who left the  
Olympic Stadium  
on a stretcher.

Ed Lacey



round from the press box to within 10 feet of the long jump and, when Beamon made his jump and the crowd went quite hysterical, my mouth was filled with gall instead of cheers and I felt like crying. No-one quite realised what that jump was worth—absolutely nothing. Lynn Davies went and watched the jump measured and turned ashen when he saw it was over 29 feet. If my world was tumbling what must it have been like for poor Lynn? To my mind anyone who criticises Lynn does not know what he is talking about. If Lynn Davies had been on a battlefield on October 18th his condition would have been described as shell-shock. And, in a manner of speaking, he was on a battlefield.

So what exactly was that 29-footer worth, and the 57-foot triple jump and all the rest? This is what, after four years of impatient waiting, wrecked the Mexico Olympics for me personally. There is absolutely no way of knowing, no conversion factor to say 1000 feet altitude equals a wind of one metre per second nor any way of calculating the true worth of various performances. So, in the end, the IOC were not just selling short Ron Clarke and the distance runners. They were cheating the athletes in the explosive events as well.

So there we have them, the freak Olympics. Right from the start (and Niskanen's famous statement "there will be those who will die") to the bloody riots directly before the Games things never went well for the organisers. Mexicans generally have an intense desire to please and do not appear to mind bending the truth just a little to this end. So they dismissed all the altitude problems which have been the bane of these Olympic Games. But the real villains of the piece must be the IOC. To get even better results they would no doubt be willing to hold the Games on the moon! Then there will be a fifty-foot long

jump and the oxygen problems of the distance runners can really be dismissed. After all it only affects one or two events.

### EUROPEAN RECORDS RATIFIED

The following European records were ratified in Brussels on November 24th:—200m: 20.4 Jochen Eigenherr (W. Ger) 16.10.68; 400m: 44.9 Martin Jellinghaus (W. Ger) 17.10.68; 880y: 1:47.2 Chris Carter (UK) 3.6.68; 6M: 27:22.2 Tim Johnston (UK) 12.7.68; 10M: 47:02.2 Ron Hill (UK) 6.4.68; 3000mSC: 8:42.2 Jouko Kuha (Fin) 17.7.68; 400mH: 49.1 Rainer Schubert (W. Ger) 13.10.68; 49.1 Gerhard Hennige (W. Ger) 14.10.68; 48.1 David Hemery (UK) 15.10.68; 4x100m: 38.9 E. Germany 19.10.68; 38.7 E. Germany 19.10.68; 38.4 France 20.10.68; 4x200m: 1:23.6 SV Bayer 04 Leverkusen (W. Ger) 24.7.68; 4x400m: 3:00.5 W. Germany & Poland 20.10.68; 4x880y: 7:14.6 W. Germany 13.6.68; PV: 5.37 Herve D'Encausse (Fra) 5.6.68; 5.40 Claus Schiprowski (W. Ger) & Wolfgang Nordwig (E. Ger) 16.10.68; TJ: 17.10 Giuseppe Gentile (Ita) 16.10.68; 17.22 Gentile 17.10.68; 17.23 & 17.30 Viktor Saneyev (USSR) 17.10.68; SP: 20.10 Dieter Hoffmann (E. Ger) 20.7.68; 20.18 Heinfried Birlenbach (W. Ger) 20.7.68; HT: 73.76 Gyula Zsivotzky (Hun) 14.9.68.

Women's 200m: 22.5 Irena Szewinska (Pol) 15.10.68; 400m: 52.0 Colette Besson (Fra) 16.10.68; 4x100m: 43.4 Netherlands 19.10.68; 43.4 USSR 20.10.68; 4x200m: 1:34.4 USSR 2.10.67; LJ: 6.82 Viorica Viscoaleanu (Rum) 14.10.68; SP: 18.67 Nadyezhda Chizhova (USSR) 28.4.68; 19.07 & 19.61 Margitta Gummel (E. Ger) 20.10.68; DT: 61.64 Christine Spielberg (E. Ger) 26.5.68; 62.54 Liesel Westermann (W. Ger) 24.7.68.

John Thresher's time in the Cosford 3000m reported last week was, in fact, 8:16.4.

# U.K. JUNIOR "TOP TWENTY" 1968

Compiled by David Cocksedge

Amendments will be gratefully received by David Cocksedge, 82 Florida Road, Thornton Heath, Surrey. The finalised NUTS lists will appear in booklet form next spring.

*Athletes born in 1949 or later; not necessarily Juniors according to AAA age group rules. Wind-assisted or otherwise doubtful marks have been omitted.*

## 100 YARDS

|      |                                    |      |
|------|------------------------------------|------|
| 9.7  | Chris Cheetham (Portsmouth)        | 22.6 |
| 9.8  | Martin Reynolds (Shaftesbury)      | 7.5  |
| 9.8  | John Harrison (Warrington)         | 11.5 |
| 9.8  | Ralph Banthorpe (Wolv. & Bilston)  | 20.7 |
| 9.8  | Peter Wiltshire (Birchfield)       | 3.8  |
| 9.9  | Michael Walters (Carmarthen)       | 18.5 |
| 9.9  | Trevor Rodwell (Gloucester)        | 23.7 |
| 9.9  | Paul Pinnington (B. of Enfield)    | 31.8 |
| 10.0 | Peter Cornes (Warrington)          | 11.5 |
| 10.0 | Ian Saunders (Mid-Cheshire)        | 15.5 |
| 10.0 | Damien Atherton (Pilkington Rec.)  | 25.5 |
| 10.0 | Paul Machin (Hallamshire)          | 15.6 |
| 10.0 | John Bagley (Wakefield)            | 15.6 |
| 10.0 | Mark Saunders (Pilkington Rec.)    | 15.6 |
| 10.0 | Philip Barrett (Bournemouth)       | 16.6 |
| 10.0 | Ford Dennis (Millfield S.)         | 6.7  |
| 10.0 | Michael Chaplin (Westbury)         | 24.8 |
| 10.0 | Ian Anderson (Spenborough & Dist.) | 6.10 |

## 100 METRES

|      |                                   |      |
|------|-----------------------------------|------|
| 10.3 | Martin Reynolds (Shaftesbury)     | 29.6 |
| 10.5 | Ralph Banthorpe (Wolv. & Bilston) | 27.7 |
| 10.8 | Chris Cheetham (Portsmouth)       | 24.8 |

## 220 YARDS

(\* 200m time plus 0.1)

|       |                                   |       |
|-------|-----------------------------------|-------|
| 20.8* | Ralph Banthorpe (Wolv. & Bilston) | 16.10 |
| 21.4* | Martin Reynolds (Shaftesbury)     | 3.8   |
| 21.7  | John Harrison (Warrington)        | 15.5  |
| 21.7  | Peter Cornes (Warrington)         | 25.5  |
| 21.8  | Keith Croyden (Wolv. & Bilston)   | 30.7  |
| 21.8  | Trevor Rodwell (Gloucester)       | 10.8  |
| 21.9  | Chris Cheetham (Portsmouth)       | 16.6  |
| 22.0  | Ian Saunders (Mid-Cheshire)       | 23.7  |
| 22.0  | John Bagley (Wakefield)           | 14.8  |
| 22.0  | Damien Atherton (Pilkington Rec.) | 24.8  |
| 22.0  | Paul Machin (Hallamshire)         | 14.9  |
| 22.1  | Stephen White (Belgrave)          | 29.6  |
| 22.1  | Michael Chaplin (Westbury)        | 6.8   |
| 22.1  | Joseph Kirwan (City of Stoke)     | 24.8  |
| 22.3* | David Thomas (Ilford)             | 23.5  |
| 22.3  | Mark Saunders (Pilkington Rec.)   | 25.5  |
| 22.3  | Derek Cole (Queens Park)          | 9.6   |
| 22.3  | Peter Wiltshire (Birchfield)      | 30.7  |
| 22.4  | Michael Walters (Carmarthen)      | 14.5  |
| 22.4  | Colin Holmes (Wolv. & Bilston)    | 9.6   |
| 22.4* | A. Davidson (London Sch.)         | 15.6  |
| 22.4  | Philip Banks (B. of Enfield)      | 21.6  |
| 22.4  | Paul Pinnington (B. of Enfield)   | 31.8  |

## 440 YARDS

(\* 400m time plus 0.3)

|       |                                   |      |
|-------|-----------------------------------|------|
| 47.3* | Ralph Banthorpe (Wolv. & Bilston) | 13.6 |
| 48.3* | Peter Browne (Queens Park)        | 7.9  |
| 48.4* | Jonathan English (Buxton Coll.)   | 7.9  |
| 48.7* | David Thomas (Ilford)             | 20.8 |
| 48.7* | Jack Sam (Herne Hill)             | 20.8 |
| 48.9  | John Edwards (Reading)            | 22.6 |
| 48.9  | Peter Mattholite (Sherborne GS)   | 6.7  |
| 48.9  | Trevor Rodwell (Gloucester)       | 22.9 |
| 49.0  | John Davies (Sale)                | 1.5  |
| 49.0  | Ronald Wallace (Bellahouston)     | 2.6  |
| 49.0  | David Jenkins (Edinburgh SH)      | 10.8 |
| 49.1  | Philip Lewis (Wolv. & Bilston)    | 18.6 |



Three leading junior milers: left to right—David Wright, Paul Dennis and Patrick Gilsonan.

G. L. Pike

|      |                               |      |
|------|-------------------------------|------|
| 49.2 | Derek Price (Blackpool & F.)  | 10.8 |
| 49.5 | Graham Phillips (Cambridge)   | 10.8 |
| 49.6 | Alan Sutton (B. of Enfield)   | 11.5 |
| 49.8 | Ricard Taylor (Ayr Seaforth)  | 25.5 |
| 49.8 | Ian MacLaren (Oakham School)  | 6.7  |
| 49.8 | Philip Banks (B. of Enfield)  | 31.8 |
| 49.8 | Christopher Laws (Portsmouth) |      |
| 49.9 | Andrew Carter (Exeter)        | 1.9  |

**880 YARDS**

(\* 800m time plus 0.7)

|         |                                 |      |
|---------|---------------------------------|------|
| 1:47.4  | John Davies (Sale)              | 3.6  |
| 1:51.0* | Andrew Carter (Exeter)          | 7.9  |
| 1:51.4* | Robert Steele (Birchfield)      | 7.9  |
| 1:52.4* | Peter Browne (Queens Park)      | 20.8 |
| 1:52.5  | David Wright (Jarrow)           |      |
| 1:52.6  | Alan Sutton (B. of Enfield)     | 6.7  |
| 1:52.8  | John James (Carmarthen)         | 24.8 |
| 1:53.1* | Norman Morrison (Croydon/Shett) | 22.5 |
| 1:53.4  | Philip Lewis (Wolv. & Bilston)  | 6.7  |
| 1:53.6  | Colin Howlett (Liverpool)       | 17.8 |
| 1:53.7  | Graham Mountcastle (Mitcham)    | 20.7 |
| 1:53.9  | William Barrows (Cambridge)     | 6.7  |
| 1:54.0* | Paul Dennis (Norfolk Oly)       | 31.8 |
| 1:54.2  | John Cherry (Bishopbrigg GS)    | 22.6 |
| 1:54.4  | John Eley (Notts)               | 6.6  |
| 1:54.5* | Nigel Bailey (Blackheath)       | 15.6 |
| 1:54.5  | David Burden (Millfield S.)     | 15.6 |
| 1:54.5  | Ian Barnard (Notts)             | 6.6  |
| 1:54.7  | Malcolm Pegler (Manchester)     | 6.7  |
| 1:54.8  | Peter Shaw (Manchester)         | 6.7  |

**1500 METRES**

|        |                                  |      |
|--------|----------------------------------|------|
| 3:46.3 | David Wright (Jarrow)            | 3.8  |
| 3:49.1 | Norman Morrison (Croydon/Shett)  | 4.5  |
| 3:52.0 | John Davies (Sale)               | 6.4  |
| 3:52.9 | David Williams (Woodford Green)  | 30.6 |
| 3:55.4 | Philip Banning (Andover & Dist.) | 20.8 |

**MILE**

|        |                                  |      |
|--------|----------------------------------|------|
| 4:02.4 | David Wright (Jarrow)            | 27.7 |
| 4:04.4 | Norman Morrison (Croydon/Shett)  | 8.6  |
| 4:05.0 | John Davies (Sale)               | 15.6 |
| 4:06.3 | Ian Stewart (Birchfield)         | 29.6 |
| 4:06.5 | Robert Steele (Birchfield)       | 8.6  |
| 4:06.5 | John Bednarski (Swindon)         | 24.7 |
| 4:07.4 | Paul Dennis (Norfolk Oly)        | 11.9 |
| 4:10.8 | Mark Willingham (Leeds H.)       | 23.7 |
| 4:11.9 | Patrick Gilsonan (Corby Town)    | 10.8 |
| 4:12.0 | Martin Mills (Small Heath)       | 24.8 |
| 4:12.3 | Richard Hollings (Wakefield)     | 30.8 |
| 4:12.4 | John O'Meara (Brighton & Hove)   | 13.7 |
| 4:12.5 | David Williams (Woodford Green)  | 24.7 |
| 4:12.5 | Franklyn Thomas (Aberystwyth)    | 27.7 |
| 4:13.3 | Philip Banning (Andover & Dist.) | 7.9  |
| 4:13.4 | Peter Francis (Bedford & Cty)    | 10.8 |
| 4:13.8 | Ian Thompson (Luton Utd.)        | 10.8 |
| 4:13.9 | John Boggis (Birchfield)         | 18.7 |
| 4:13.9 | John King (Small Heath)          | 24.8 |
| 4:14.3 | Christopher Reed (Hadleigh Oly)  | 7.9  |

**3000 METRES**

|        |                             |      |
|--------|-----------------------------|------|
| 8:01.2 | Ian Stewart (Birchfield)    | 7.9  |
| 8:07.4 | John Bednarski (Swindon)    | 7.9  |
| 8:18.8 | David Bedford (Shaftesbury) | 17.8 |
| 8:26.8 | John Boggis (Birchfield)    | 17.8 |

|        |                                 |      |
|--------|---------------------------------|------|
| 8:31.4 | Jeremy Collins (Hornsey St. M.) | 29.6 |
| 8:32.6 | Norman Morrison (Croydon/Shett) | 8.5  |

**2 MILES**

|        |                                     |      |
|--------|-------------------------------------|------|
| 8:35.4 | Ian Stewart (Birchfield)            | 3.6  |
| 8:50.0 | David Bedford (Shaftesbury)         | 27.5 |
| 8:51.0 | John Bednarski (Westbury)           | 21.5 |
| 8:53.2 | Norman Morrison (Croydon/Shett)     | 3.6  |
| 9:03.2 | John King (Small Heath)             | 13.7 |
| 9:04.0 | John Boggis (Birchfield)            | 9.6  |
| 9:04.8 | Kevin Bond (Worcs. YMCA)            | 21.7 |
| 9:09.4 | Paul Dennis (Norfolk Oly)           | 13.7 |
| 9:09.4 | Richard Hollings (Wakefield)        | 13.7 |
| 9:09.6 | Leslie Morrish (Mitcham)            | 15.6 |
| 9:09.6 | Peter Francis (Bedford & Cty)       | 18.6 |
| 9:09.6 | James Harvey (Warley)               | 2.7  |
| 9:10.0 | David Burborough (Westbury)         | 9.6  |
| 9:10.0 | Geoffrey Ballfour (Jarrow)          | 27.7 |
| 9:10.4 | Mark Willingham (Leeds H.)          | 13.7 |
| 9:10.6 | Patrick Gilsonan (Corby Town)       | 1.6  |
| 9:11.2 | Michael Bateman (Man'r Lads)        | 7.7  |
| 9:12.0 | Peter Standing (Brighton & Hove)    | 11.9 |
| 9:12.8 | Colin Taylor (Airedale & Spen V.)   | 13.7 |
| 9:13.4 | Ian Forster (Burn Rd./Boro' Rd. C.) | 5.6  |

**3 MILES**

|         |                                  |      |
|---------|----------------------------------|------|
| 13:27.0 | Ian Stewart (Birchfield)         | 3.8  |
| 13:34.4 | John Bednarski (Swindon)         | 3.6  |
| 13:54.6 | David Bedford (Shaftesbury)      | 6.8  |
| 13:57.4 | John Harrison (Preston)          | 15.5 |
| 13:59.6 | Leslie Morrish (Mitcham)         | 5.6  |
| 13:59.8 | Peter Standing (Brighton & Hove) | 11.9 |
| 14:04.6 | Franklyn Thomas (Aberystwyth)    | 17.9 |
| 14:05.6 | John King (Small Heath)          | 15.6 |
| 14:06.2 | John Boggis (Birchfield)         | 6.5  |
| 14:06.6 | Kevin Bond (Worcester)           | 6.7  |
| 14:09.4 | Colin Taylor (Airedale & SV)     | 24.7 |
| 14:12.0 | Richard Hollings (Wakefield)     | 24.7 |
| 14:21.0 | Paul Dennis (Norfolk Oly)        | 1.9  |
| 14:21.2 | Grenville Tuck (Cambridge & C.)  | 27.7 |
| 14:22.0 | John Eley (Notts)                | 3.6  |
| 14:24.0 | Patrick Gilsonan (Corby Town)    | 8.9  |
| 14:25.2 | Bernard Hayward (Bircgrove)      | 17.9 |
| 14:26.6 | David Burborough (Westbury)      | 16.6 |
| 14:27.6 | Mark Willingham (Leeds H.)       | 15.6 |
| 14:39.0 | Peter Francis (Bedford & Cty)    | 11.6 |

**5000 METRES**

|         |                                  |       |
|---------|----------------------------------|-------|
| 13:53.4 | Ian Stewart (Birchfield)         | 3.8   |
| 14:15.2 | John Bednarski (Swindon)         | 13.7  |
| 14:24.0 | David Bedford (Shaftesbury)      | 6.8   |
| 14:39.4 | Robert Webb (Cambridge)          | 12.11 |
| 14:49.0 | Norman Morrison (Croydon/Shett.) | 27.4  |
| 14:49.2 | John Boggis (Birchfield)         | 10.9  |
| 14:52.0 | Derek McIver (Blackheath)        | 22.10 |
| 14:56.2 | Christopher Reed (Hadleigh Oly)  | 12.11 |

**6 MILES**

|         |                                    |      |
|---------|------------------------------------|------|
| 29:08.4 | David Williams (Woodford Green)    | 25.5 |
| 29:50.6 | Peter Standing (Brighton & Hove)   | 7.9  |
| 30:44.0 | Richard Belk (Airedale & SV)       | 13.7 |
| 30:52.6 | Stephen McHale (Gloucester)        | 8.9  |
| 31:02.8 | Philip Walker (Newcastle HS)       | 19.7 |
| 31:05.8 | Alan Hudson (Blackpool & F.)       | 10.8 |
| 31:20.6 | Michael Woods (Aldershot, F. & D.) | 28.8 |
| 31:38.4 | John Pope (Gloucester)             | 27.7 |

**10,000 METRES**

|         |                             |      |
|---------|-----------------------------|------|
| 32:16.0 | David Bedford (Shaftesbury) | 29.8 |
|---------|-----------------------------|------|

**2000 METRES STEEPLECHASE**

|        |                                       |      |
|--------|---------------------------------------|------|
| 5:43.2 | Colin Taylor (Airedale & SV)          | 10.8 |
| 5:46.8 | John Wheway (Coventry G.)             | 10.8 |
| 5:50.8 | Ian Barnard (Notts)                   | 6.7  |
| 5:53.8 | Ian Forster (Burn Rd./Boro' Rd. C.)   | 27.5 |
| 5:55.2 | Bernard Hayward (Birchgrove)          | 6.8  |
| 5:55.6 | Christopher Barber (Manchester)       | 5.7  |
| 5:55.6 | Graham Tuck (Cambridge & C.)          | 10.8 |
| 5:56.4 | Anthony Pretty (Thames Valley)        | 27.5 |
| 5:56.6 | David Lockley (Wallasey)              | 10.8 |
| 5:57.6 | Patrick Gilsenan (Corby Town)         | 17.8 |
| 5:58.4 | Timothy Hennessy (Aldershot, F. & D.) | 5.7  |
| 5:59.6 | John Dobson (Hadleigh Oly)            | 5.7  |
| 6:00.4 | Stephen Mitchell (Epsom & Ewell)      | 5.7  |
| 6:01.6 | Christopher Woodhouse (Westbury)      | 5.7  |
| 6:03.0 | David Burborough (Westbury)           | 10.8 |
| 6:03.4 | John Spooner (Dorking SP)             | 15.6 |
| 6:03.6 | Jeffrey Adshead (Rochdale)            | 8.6  |
| 6:04.0 | Richard Elliott (Newcastle HS)        | 10.8 |
| 6:04.4 | Michael Coleman (Harlow)              | 10.8 |
| 6:05.6 | Philip Walker (Newcastle HS)          | 10.8 |

**3000 METRES STEEPLECHASE**

|        |                                     |      |
|--------|-------------------------------------|------|
| 9:08.8 | Ian Forster (Burn Rd./Boro' Rd. C.) | 10.6 |
| 9:19.4 | Anthony Pretty (Thames Valley)      | 27.7 |
| 9:25.6 | Bernard Hayward (Birchgrove)        | 2.9  |
| 9:35.6 | Richard Jones (Oxford Univ.)        | 1.5  |
| 9:36.2 | Terence Lonergan (Sale)             | 25.5 |
| 9:36.6 | Graham Tuck (Cambridge & C.)        | 4.5  |
| 9:41.0 | John Dobson (Hadleigh Oly)          | 25.5 |
| 9:42.8 | Stephen Mitchell (Epsom & Ewell)    | 13.7 |

**120 YARDS HURDLES (3'3")**

|      |                                    |      |
|------|------------------------------------|------|
| 14.5 | Stephen Black (Essex Beagles)      | 20.7 |
| 14.5 | Philip Aylward (Waterloo)          | 20.7 |
| 14.6 | Charles Kirkpatrick (Ballymena)    | 20.7 |
| 14.8 | Roderick Robertson (Hutcheson's)   | 20.7 |
| 14.9 | Colin Allabush (Essex Beagles)     | 10.8 |
| 15.1 | Nicholas Winter (Wirral)           | 6.7  |
| 15.1 | Peter Watts (Dunsmore Sch.)        | 10.8 |
| 15.2 | George Allingham (Ballymena)       | 1.6  |
| 15.2 | Nicholas Ward (Wolverhampton GS)   | 15.6 |
| 15.3 | Peter Croome (Ealing TC)           | 10.8 |
| 15.3 | John Margree (Southgate)           | 10.8 |
| 15.4 | Roger Burton (East Riding)         | 15.6 |
| 15.4 | D. Shiers (Blackpool Sch.)         | 15.6 |
| 15.4 | B. Williams (Welsh Sch.)           | 20.7 |
| 15.5 | Raymond Gibbins (B. of Enfield)    | 9.7  |
| 15.6 | Lewis Dick (Morrison's Academy)    | 25.5 |
| 15.6 | Michael Chaplin (Westbury)         | 9.6  |
| 15.6 | S. Haddocks (Wakefield Sch.)       | 15.6 |
| 15.6 | Christopher Lawrence (Oakham Sch.) | 20.6 |
| 15.6 | Roger Taylor (Notts)               | 10.8 |

**120 YARDS HURDLES (3'6")**

|      |                                  |      |
|------|----------------------------------|------|
| 14.9 | Stephen Black (Essex Beagles)    | 19.5 |
| 15.3 | Philip Aylward (Waterloo)        | 22.9 |
| 15.4 | George Allingham (Ballymena)     |      |
| 15.7 | Nicholas Ward (Wolverhampton GS) | 11.5 |
| 15.9 | Nicholas Winter (Wirral)         | 27.7 |

**440 YARDS HURDLES**

(\* 400m time plus 0.3)

|       |                              |      |
|-------|------------------------------|------|
| 53.2* | Tony Collins (Hercules-Wimb) | 27.7 |
|-------|------------------------------|------|

|       |                                    |      |
|-------|------------------------------------|------|
| 53.3  | Stephen Black (Essex Beagles)      | 2.6  |
| 53.4* | David Clementi (OUAC/Poly)         | 25.6 |
| 54.6  | William Hartley (Waterloo)         | 22.9 |
| 55.2  | Wynford Leysdon (Neath H.)         | 15.6 |
| 55.6  | Graham Hunt (King Edward VI S.)    | 6.7  |
| 55.8  | Ricard Taylor (Ayr Seaforth)       | 22.6 |
| 56.5  | Kenneth Preece (Wolv. & Bilston)   | 6.7  |
| 56.8  | Anthony Preece (Birchfield)        | 10.8 |
| 57.0  | Joseph Kirwan (Stretford)          | 6.7  |
| 57.0  | Patrick Robinson (Brighton & H.)   | 10.8 |
| 57.1  | Robert Sulley (Carlton-le-Willows) | 6.7  |
| 57.4  | Ian Barnard (Notts)                | 22.6 |
| 57.5  | Aylan King (Croydon)               | 15.6 |
| 57.7  | John Farrelly (London Sch.)        | 15.6 |
| 57.7  | Ian Garson (Middlesbrough & C.)    | 10.8 |
| 58.0  | Dennis Quayle (Liverpool)          | 5.7  |
| 58.2  | I. Gibson (Kent Sch.)              | 15.6 |
| 58.3  | D. Newberry (Swene GS)             | 15.6 |
| 58.5  | Richard Elliott (Newcastle HS)     | 24.7 |

**HIGH JUMP**

|       |                                  |      |
|-------|----------------------------------|------|
| 6'3½" | David Wilson (Forrest SS)        | 7.9  |
| 6'3"  | Arnold Bentt (Belgrave)          | 15.6 |
| 6'2"  | Robert Bruynooghe (Edinburgh Un) | 6.4  |
| 6'2"  | Chris Alexander (St. Clement D.) | 15.6 |

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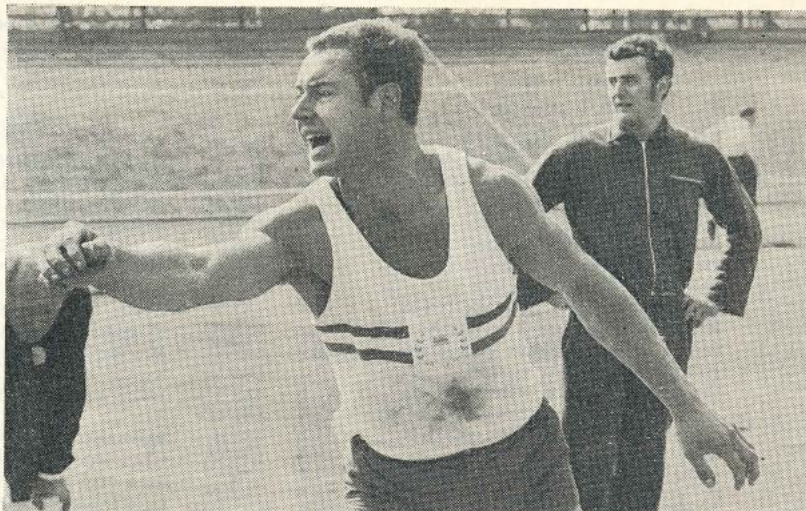
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Peter Tancred, who topped the lists in the shot and discus, and ranked third also in the hammer.



Ron Linstead

|       |                                  |      |                       |                                      |      |
|-------|----------------------------------|------|-----------------------|--------------------------------------|------|
| 6'1"  | John Broughton (Woodford Gn.)    | 4.5  | 23'4 $\frac{3}{4}$ "  | David Kidner (TVH)                   | 7.9  |
| 6'0"  | G. Smith (Lauceston Coll.)       | 9.6  | 23'4"                 | Herbert Sewell (Birchfield)          | 21.4 |
| 6'0"  | Alan Jenkins (Troedyrhiw BC)     | 29.6 | 23'4"                 | Paul Edwards (Cardiff CE)            | 2.6  |
| 6'0"  | David James (Twickenham)         | 20.7 | 23'3"                 | Stephen Manson (Grimsby)             | 3.8  |
| 6'0"  | Roger Stennett (Welsh Schools)   | 20.7 | 22'11 $\frac{1}{4}$ " | John Broughton (Woodford Gn.)        | 6.6  |
| 6'0"  | Martin Collins (Ealing & S.)     | 27.7 | 22'9 $\frac{1}{4}$ "  | Keith Fielding (Birchfield/Lough C.) | 29.5 |
| 6'0"  | Philip Taylor (Liverpool Un)     | 9.10 | 22'8 $\frac{1}{2}$ "  | Derek Wyatt (Southend)               | 5.7  |
| 5'11" | John Fenge (Hercules-Wimb)       | 3.4  | 22'8 $\frac{1}{2}$ "  | Bryan Scutt (Scunthorpe Poly)        | 2.9  |
| 5'11" | David Williams (Cardigan SS)     | 29.5 | 22'8 $\frac{1}{2}$ "  | B. Johnson (Dundee Hawkhill)         | 21.9 |
| 5'11" | D. Guild (Harris Academy)        | 15.6 | 22'8"                 | Keith Lowe (Roath/Lough C.)          | 29.5 |
| 5'11" | Patrick Bevan (Bristol)          | 2.7  | 22'7 $\frac{3}{4}$ "  | Cameron McNeish (Bellahouston)       | 22.6 |
| 5'11" | M. Goughland (Harrow S.)         | 9.7  | 22'7"                 | Neil Greenberry (St. Walfriars S.)   | 25.5 |
| 5'11" | William Paterson (Brighton & H.) | 5.7  | 22'6 $\frac{1}{2}$ "  | Kenneth Cocks (St. Austell)          | 1.9  |
| 5'11" | David Warburton (Leeds S.)       | 5.7  | 22'6 $\frac{1}{2}$ "  | Stephen Matthews (Hornsey SM)        | 7.9  |
| 5'11" | David Livesey (S.W. Ham TS)      | 15.6 | 22'4 $\frac{1}{2}$ "  | Peter Knowles (Scunthorpe)           | 3.8  |
| 5'10" | 11 athletes                      |      | 22'4 $\frac{1}{2}$ "  | Ian Anderson (Spenborough)           | 6.10 |
|       |                                  |      | 22'4"                 | Stephen White (Belgrave)             | 6.6  |
|       |                                  |      | 22'4"                 | R. Brewer (London Sch.)              | 15.6 |
|       |                                  |      | 22'3 $\frac{3}{4}$ "  | Stuart Wood (Darlington)             | 5.7  |

## Postal Competition:

22'7" Michael Smith (Morley GS)

## POLE VAULT

|                      |                                    |      |
|----------------------|------------------------------------|------|
| 15'1 $\frac{1}{4}$ " | Gordon Rule (Geo. Heriots)         | 3.8  |
| 14'6"                | Michael Bryant (Thurrock)          | 20.8 |
| 14'0"                | John Faircloth (Blackheath)        | 20.7 |
| 14'0"                | Stuart Tufton (Newham)             | 25.9 |
| 13'6"                | Stephen Gough (Thurrock)           |      |
| 13'0"                | John Fenge (Hercules-Wimb)         | 25.9 |
| 12'4 $\frac{1}{2}$ " | Royston Berry (Westbury)           | 16.6 |
| 12'0"                | Richard Reeves (Newham)            | 24.8 |
| 11'9"                | Geoffrey Miller (Westbury)         | 5.7  |
| 11'9"                | I. Sillers-Jones (St. Asaph GS)    | 20.7 |
| 11'8"                | Eamonn Byrne (Gloucester S.)       | 5.7  |
| 11'6"                | Neil Tilsed (Vyners GS)            | 8.6  |
| 11'6"                | Alan Ryrie (Crawley)               | 15.6 |
| 11'6"                | Peter Thompson (Reading)           | 5.5  |
| 11'6"                | David Kidner (Thames Valley)       | 27.5 |
| 11'6"                | Ian Chacun (Sale)                  | 25.8 |
| 11'3"                | Alan Reeve (Cavendish S.)          | 25.5 |
| 11'3"                | Alan Adlington (Raines F.)         | 5.7  |
| 11'3"                | Ian Howard (Isleworth GS)          | 5.7  |
| 11'3"                | Philip Goulding (St. Nicholas GS)  | 10.8 |
| 11'3"                | Stephen Chappell (Dr. Challengers) | 17.8 |

## LONG JUMP

|                      |                             |      |
|----------------------|-----------------------------|------|
| 24'0 $\frac{1}{4}$ " | Geoffrey Hignett (Pembroke) | 10.8 |
|----------------------|-----------------------------|------|

## TRIPLE JUMP

|                       |                                  |      |
|-----------------------|----------------------------------|------|
| 48'10"                | Peter Knowles (Doncaster PW)     | 26.6 |
| 48'8 $\frac{1}{4}$ "  | John Thompson (Lincoln C.)       | 24.8 |
| 48'0"                 | Kenneth Nichols (Methodist C.)   | 1.6  |
| 47'9"                 | Philip Barrett (Bournemouth)     | 27.7 |
| 47'7 $\frac{1}{2}$ "  | Peter Dale (Airedale/Wharfedale) | 8.6  |
| 47'6 $\frac{1}{2}$ "  | Stephen Manson (Grimsby)         | 11.8 |
| 47'3"                 | Andrew Vincent (Coventry G.)     | 10.8 |
| 47'0 $\frac{3}{4}$ "  | Eri Njoku (Leys S./Nigeria)      | 5.7  |
| 46'11"                | Peter Davies (Birchgrove)        | 12.6 |
| 46'10 $\frac{1}{4}$ " | David Kidner (TVH)               | 2.9  |
| 46'7 $\frac{3}{4}$ "  | Brian Hull (Brighton & H.)       | 21.5 |
| 46'6 $\frac{1}{2}$ "  | Bryan Scutt (Scunthorpe)         | 27.7 |
| 46'6 $\frac{1}{2}$ "  | Anthony Simons (Ullathorne)      | 4.9  |
| 46'6"                 | Richard Gyles (Welsh Sch.)       | 1.6  |
| 46'4 $\frac{3}{4}$ "  | John Power (Manchester Lads)     | 22.6 |
| 46'4"                 | Lindsay Griffin (Surrey/OUAC)    | 11.5 |
| 46'3 $\frac{3}{4}$ "  | — Sofoluwe (Shropshire Sch.)     | 29.6 |
| 46'0"                 | Clive Schofield (Hereford & C.)  | 1.6  |

|           |                             |      |         |                              |      |
|-----------|-----------------------------|------|---------|------------------------------|------|
| 45'10"    | Michael Smith (Morley GS)   | 5.7  | 154'7"  | Anthony Newton (Southampton) | 8.6  |
| 45'8 1/4" | Stuart Wood (Epsom & Ewell) | 15.6 | 153'11" | James Whitehead (Alleyne's)  | 19.4 |
|           |                             |      | 152'3"* | Robert Marsh (Sir J. Deanes) | 27.5 |
|           |                             |      | 147'3"  | A. Paton (AAC, Carlisle)     | 5.7  |

**SHOT (12lb)**

(\* with 16lb)

|           |                                 |      |
|-----------|---------------------------------|------|
| 57'6 1/2" | Peter Tancred (Ipswich)         | 8.6  |
| 55'5"     | Malcolm Lockley (Reading)       | 20.7 |
| 55'1 1/2" | Geoffrey Capes (Holbeach)       | 30.7 |
| 53'9"     | Ian Boorman (Croydon)           | 27.4 |
| 53'7 1/2" | Mark Churchward (Walton)        | 5.7  |
| 53'1 1/2" | Roger Kennedy (Southampton)     | 10.8 |
| 52'4 1/2" | Harry Bosworth (Birchfield)     | 15.6 |
| 52'1 1/2" | Douglas Wood (Exeter)           | 10.8 |
| 51'8"     | Nigel Rogers (Q. Elizabeth GS)  | 12.7 |
| 51'2 1/2" | Richard Quarshie (Bryanston S.) | 5.7  |
| 51'1 1/2" | James Hogg (Lenzie Academy)     | 10.8 |
| 51'1"     | John Corbett (Stretford)        | 5.7  |
| 50'9 1/2" | George Davidson (Edinburgh)     | 17.8 |
| 50'1 1/2" | Anthony Gummerson (Wakefield)   | 22.6 |
| 50'1 1/2" | Michael Gange (Swansea)         | 31.8 |
| 50'0 1/2" | Byron Mugford (Swansea)         | 29.6 |
| 49'8 1/2" | Robert Bruynoghe (Edinburgh)    | 22.6 |
| 49'2 1/2" | D. Clarke (Ellesmere Coll.)     | 26.7 |
| 49'1"     | Frederick Pysk (Taunton)        | 15.6 |
| 48'8 1/4" | David Rough (Mitcham)           | 17.8 |

**DISCUS (1.5kg)**

|         |                                  |       |
|---------|----------------------------------|-------|
| 183'10" | Peter Tancred (Ipswich)          | 21.7  |
| 167'8"  | Paul Dickenson (N. Shields Poly) | 9.6   |
| 166'0"  | Bernard Lemenager (Bryanston S.) | 11.7  |
| 161'1"  | Robert Bruynoghe (Edinburgh)     | 17.8  |
| 159'3"  | Malcolm Lockley (Reading)        | 25.5  |
| 159'0"  | Ian MacFarlane (Norfolk)         | 8.6   |
| 157'8"  | Michael Gange (Swansea)          | 31.8  |
| 157'7"  | Richard Baker (Oakham S.)        | 15.6  |
| 157'7"  | Ashley Rowlands (Epsom & E.)     | 27.7  |
| 156'9"  | Anthony Newton (Southampton)     | 5.7   |
| 156'9"  | Anthony Gummerson (Wakefield)    | 13.7  |
| 156'8"  | Guy Dirkin (Man/Marple Hall GS)  | 24.11 |
| 154'7"  | Christopher Black (Edinburgh)    | 22.6  |
| 152'10" | John Blackwell (Cambridge & C.)  | 22.6  |
| 150'3"  | Robert Webster (Woodford Gn.)    | 14.7  |
| 149'9"  | John Bradburn (Dunstone C.)      | 13.3  |
| 148'2"  | J. Davies (Cowbridge GS)         | 26.7  |
| 146'11" | S. Willis (Welsh AA)             | 13.7  |
| 146'2"  | Christopher Scott (Cedars S.)    | 5.7   |
| 145'10" | M. Smith (Hillingdon)            | 3.8   |

**HAMMER (12lb)**

(\* with 16lb)

|         |                                  |      |
|---------|----------------------------------|------|
| 205'4"  | Paul Dickenson (N. Shields Poly) | 29.6 |
| 202'8"  | Christopher Black (Edinburgh)    | 22.6 |
| 194'6"  | Peter Tancred (Ipswich)          | 7.7  |
| 192'1"  | Janusz Skrybant (Birchfield)     | 22.6 |
| 189'9"  | Brian Stebbings (Woodford Gn.)   | 28.7 |
| 186'3"  | Ian Wolstenholme (Rochdale)      | 9.8  |
| 184'6"  | David Rogers (N. Shields Poly)   | 25.8 |
| 174'6"  | Alan Woods (Woodford Gn.)        | 28.7 |
| 173'5"  | Ian Chipchase (Newcastle HS)     | 21.5 |
| 167'7"  | Keith Watkinson (TVH/Vyners GS)  | 1.7  |
| 164'11" | Terence Harry (Heles S.)         | 29.5 |
| 164'6"  | James Robb (Sefton H.)           | 29.6 |
| 162'8"  | A. Morgan (AAC, Aborfield)       | 5.7  |
| 162'5"  | Thomas Campbell (Bellahouston)   | 20.7 |
| 161'1"  | Stein Christiansen (Sale)        | 9.3  |
| 159'9"  | M. Everett (AAC, Carlisle)       | 5.7  |

**JAVELIN**

|         |                                   |      |
|---------|-----------------------------------|------|
| 227'3"  | George Markowski (Notts)          | 7.9  |
| 219'11" | Neil Hancock (Croydon)            | 11.9 |
| 218'5"  | Adrian Diffey (Brighton & H.)     | 20.7 |
| 217'1"  | Anthony Harper (Hercules/Wimb.)   | 24.8 |
| 198'8"  | Ronald Silvester (Southgate)      | 14.9 |
| 197'4"  | Mladen Gavrilovic (Queens Park)   | 8.6  |
| 187'4"  | Richard Bradford (Alder, F. & D.) | 3.6  |
| 185'9"  | Colin Evans (Harlow)              | 20.7 |
| 185'8"  | Roger Hare (Chelmsford)           | 9.6  |
| 185'4"  | Michael Gange (Swansea)           | 26.7 |
| 184'11" | Keith Bridges (Crawley)           | 15.6 |
| 183'5"  | John Ferrary (VPH)                | 15.6 |
| 183'4"  | Adrian Tew (Crawley)              | 20.4 |
| 181'4"  | John Dawson (Woking)              | 26.5 |
| 179'9"  | Christopher Webber (Tiverton)     | 5.7  |
| 179'7"  | K. Cooper (Welsh AA)              | 24.8 |
| 178'8"  | G. Hawkes (EMI Wells)             | 18.5 |
| 178'8"  | William Elliott (Blackheath)      | 6.7  |
| 177'1"  | C. Alston (Chelmsford)            | 25.8 |
| 175'9"  | Philip Bramford (Watford)         | 15.6 |
| 175'9"  | M. Gransoult (Oxford Sch.)        | 5.7  |

**MILE WALK**

|        |                                   |      |
|--------|-----------------------------------|------|
| 6:54.2 | Oliver Flynn (Basildon)           | 24.8 |
| 7:00.6 | Donald Saunders (Brighton & H.)   | 10.8 |
| 7:04.0 | Oliver Caviglioli (Basildon)      | 10.8 |
| 7:05.4 | Stephen Fish (Steyning)           | 10.8 |
| 7:07.6 | Kevin Madigan (Boundary)          | 27.7 |
| 7:10.4 | Paul Belcher (Leicester WC)       | 29.6 |
| 7:11.2 | Richard Evans (Brighton & H.)     | 10.8 |
| 7:13.8 | David Ward (Bolton)               | 10.8 |
| 7:16.2 | Joseph Coleman (Greyfriars)       | 29.6 |
| 7:17.6 | Denis Holly (Thurrock)            | 27.7 |
| 7:18.3 | Geoffrey Hunswicke (Ilford)       | 27.7 |
| 7:19.6 | Stephen Crow (Bolton)             | 10.8 |
| 7:20.4 | Michael Entwistle (Lancs WC)      | 10.8 |
| 7:20.5 | Richard Emsley (Steyning)         | 24.8 |
| 7:22.2 | Robert Fortune (Essex B.)         | 23.7 |
| 7:27.2 | Kevin Emsley (Steyning)           | 24.8 |
| 7:28.8 | Reginald Gardner (Broms/Redditch) | 29.6 |
| 7:31.2 | Stephen Crow (Q. Elizabeth GS)    | 27.7 |
| 7:31.4 | A. Hackney (Linwood)              | 18.5 |
| 7:33.0 | Andrew Grant (Basildon)           | 16.5 |

**DECATHLON**

|                                  |                                |         |
|----------------------------------|--------------------------------|---------|
| 6098                             | David Kidner (TVH)             | 9/10.8  |
| With Junior implements & hurdles |                                |         |
| 5708                             | William McCallum               |         |
|                                  | (Hamilton Acad.)               | 21/22.9 |
| 5639                             | J. Lyle (Dalziel)              | 21/22.9 |
| 5233                             | Duncan Crane (Greenhall HS)    | 7/8.6   |
| 5141                             | A. Brown (Buckraven)           | 7/8.6   |
| 5119                             | F. DeMenthon (Rannuch S.)      | 7/8.6   |
| 5106                             | Nicholas Souter (Lenzie Acad.) | 7/8.6   |

Special features in next week's issue include the Questionnaire answered by Sheila Carey, UK Indoor All-Time List, and 1969 British Fixtures (January-March).

# Major International Fixtures 1969 [contd.]

## August

- 1/2 AAA Champs., White City; Europe v. Western Hemisphere (M & W), Stuttgart.  
 1-3 E. German Champs., Rostock.  
 2/3 Austrian Champs., Linz; Belgian Champs., Brussels; Dutch Champs., W. German Decathlon/Pentathlon Champs.; Switzerland v. Yugoslavia (M); International Meet, Siena.  
 3 Prague-Podebrady 50km Walk.  
 4 Gothenburg Games.  
 5 International Meets, Grosseto & Bergen.  
 7 W. Germany v. USA (W); August Games, Stockholm.  
 8/9 W. Germany v. USA (M), Augsburg.  
 8-10 Greek Champs., Athens.  
 9 Austria v. Italy v. Switzerland (W), Vienna.  
 9/10 Ireland v. Spain (M), Dublin; Portugal v. Spain (M & W), Lisbon; Byelorussia v. Bulgaria (M & W), Minsk.  
 9-11 Yugoslav Champs.  
 11 International Meet, Malmo.  
 12/13 GB v. USA (M & W), White City (provisional).  
 14-17 Polish Champs., Cracow.

- 14-19 USSR Champs., Kiev.  
 15 International Meet, Klagenfurt.  
 15/16 International Meet, Font Romeu.  
 15-17 Norwegian Champs., Bergen; W. German Champs., Dusseldorf; Rumanian Champs., Bucharest; International Meet, Ankara.  
 16 GB v. France (W), Middlesbrough; Enschede Marathon.  
 16/17 Italy v. GB v. Czechoslovakia (M), Italy; Danish Champs.; Swedish Champs.  
 16-18 Finnish Champs., Helsinki.  
 19 International Meet, Trondheim.  
 19/20 International Meet, Budapest.  
 22/23 Czechoslovakia v. Sweden (M & W), Prague.  
 23 Edinburgh Highland Games & Scotland v. Norway (M & W).  
 23/24 Swiss Champs., St. Gallen.  
 24 Poland v. Bulgaria (W).  
 26 International Meet, Gothenburg.  
 27/28 Finland v. Norway (M & W).  
 28-31 Hungarian Champs., Budapest; Balkan Games, Sofia.  
 30/Sept. 1 GB v. France (M) & International Women's Events, London.  
 31 International Meet, Groningen.

## September

- 4 International Meet, Stuttgart.  
 5 International Meet, Wiesbaden.  
 6 International Meet, Friedrichshafen.  
 6/7 Norway v. Benelux (M); Sweden v. Finland (M & W), Stockholm.  
 7 International Meet, Linz.  
 13 Switzerland v. Italy (M).  
 13/14 W. Germany v. GB (juniors); Rumania v. Poland v. E. Germany (M & W), Oradea.  
 16-21 European Champs., Athens.  
 24/25 Ukraine v. Rumania (M & W), Kiev.  
 25 International Meet, Ostrava.  
 27 International Meet, Bratislava.  
 27/28 W. Germany v. GB (M & W).  
 28 International Meets, Prague & P. Bystrica.  
 30 International Meet, Pilsen.

## October

- 4 International Meets, Cottbus & Trier.  
 4/5 Poland v. Bulgaria (M).  
 5 Kosice Marathon; International Meet, Frankfurt/Oder.  
 6 International Meet, Groningen.  
 7/8 GB v. Finland (M) & GB v. Rumania (W), London.  
 17-19 International Meet, Antalya.  
 19 Airola-Chiasso Walk Relay.  
 23 International 10km Walk, Lugano.  
 26 International 100km Walk, Lugano.

## WORLD STUDENT GAMES OFF

The World Student Games, or Universiade, which were to have been staged in Lisbon from August 27th to 31st have been cancelled by the Portuguese Government. No reason was given.



Derek Blakeley on the way to his 2000m steeplechase victory in 5:40.8 at Cosford recently.

Alan Johnson



## ATHLETICS IN THE 70's

By Tony Ward

### 2. Bloody Kidology That Cost £120,000

**A**MIDST a surfeit of conscience-pricking post-Olympic conferences has come the realisation that, compared with the rest of the world, Britain lags in track and field. This is shown quite clearly by those who were lauding our medal successes at Tokyo carefully saying now that medals are not a good indication of a nation's strength.

As usual the alibis are rife: lack of indoor facilities, state sponsorship, "professional" athletes from other countries, the fact that Cheshire is only fifty feet above sea level. Ignored is the fact that a number of countries in Europe do not have much in the way of indoor facilities and envy Cosford; that our Victorian-orientated sports bodies would reject state sponsorship on a large scale for mostly selfish reasons and that to believe that all British athletes are lilywhite amateurs is naive indeed.

The Byers Report will undoubtedly, and wrongly, be trotted out as the panacea for all the ills. Dennis Howell and his Sports Council will do this because having set the Committee up, they have no alternative; the IAC will do it because they inspired, backed and sat on the Committee. The AAA and the BAAB, already sitting in their habitual conclaves will readjust the present set-up to give it an illusionary new look. Sponsors will gladly come forward to back meaningless courses, held on a wind-swept Morecambe sea-front, aimed at "plugging the gaps" in our international team. Apathy being the main ingredient of track and field in Britain means that we can then settle back into a contented and conservative euphoria—until October 1971.

What is needed is an overall plan for British athletics, incorporating everything and everyone and not just aimed at one specific moment or meeting in time but in improving the whole standard. Such an overall plan must consider and integrate four basic ingredients:

- (1) Coaching.
- (2) Administration—from national to club.
- (3) Facilities.
- (4) Competition.

The image of British athletics coaching presented to the millions of television viewers of the recent Games consisted of husband John, wife

Sheila and father George. Only septuagenarian Senior coach Fred Housden, looking slightly bemused by the whole thing, upheld the prestige of a 20-year-old coaching scheme that has cost upward of £120,000 and is priced today in excess of £20,000 a year. This image can be attributed partly to the Press and TV in their hunt for a rare combination of sensation and human interest but it is not new.

When a prominent official of the AAA once referred to coaching as "bloody kidology" he was probably uttering a sincere opinion and one that is still shared by many in British sport. Compared with the nine Soviet coaches in Mexico and the careful preparation of the East Germans we appear not to have moved much from the pre-war years.

Our coaching scheme, once the envy of many, is now in need of the most urgent appraisal. Its original theme of "teaching the teachers and coaching the coaches" has remained with it, born in the belief that there were thousands of people waiting to stand around soggy cinder tracks week in week out in the British climate, coaching our "young people" for nothing. This may have been well and good just after the war when servicemen returned full of good intentions to "make a better world" for the next generation; it just does not apply now and hasn't done for a decade. This theme, almost coaching's commercial jingle,

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and Friends

a Very Happy Christmas  
and Successful 1969

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has meant that we have produced coaches solely for the sake of producing coaches, a fact which makes the statement in the latest AAA annual report regretting that fewer coaches became qualified in 1967 than in the previous years an astounding piece of credulity.

At the apex are the National Coaches—leaderless for nearly seven years, much maligned, underpaid, ultra-dedicated. It has now become obvious that the term National Coach is a misnomer. "You look after Chipping Sodbury" one was told early in his career "and leave the international side to us" (or words to that effect). Their work covers too wide a field. Nobody, least of all Coaching Committee, has any clear idea exactly what that work should be. At committee meetings a favourite phrase to savour was "not interfere with the coach's work"—the interference usually being such trifling items as an international coaching conference, team get-togethers, relay practices, technical meetings. The work usually meant two hours with 33 eleven-year-old javelin throwers on a muddy field in Wigan. There was in fact an AAA mandate for the coaches, though they didn't recognise it themselves: make money.

It is, of course, the Government and, more pointedly, the Department of Education and Science who should carry the blame for this rather than the AAA. Its urbane representatives have sat on Coaching Committee for nearly twenty years and have only very recently, and suddenly, said that they do not necessarily believe that the aforementioned jingle should be the main concern. This was only said when there were rumblings that the AAA might dump its coaching scheme on the Government anyway. Meanwhile, left with a diminishing return from coaching, it was obvious that, if no more Government money was forthcoming, the coaches would have to earn as much as possible. Only education and schools could afford them in any quantity. Thus the impact of the National Coaches upon British athletics as we know it has been infinitesimal.

The much heralded two-tier system has a lot to credit it. There should be four National Coaches working at national and international level. One should be a Director of Coaching and he would be assisted by three coaches covering track, jumps and throws. The responsibilities of these coaches would be:—

- (1) Improvement of performance at international level.
- (2) Responsibility for the nurturing of promising junior talent.
- (3) Correlation and distribution of material on their events.
- (4) Regular attendance at national and international conferences.

One of the more specific aims of this team of coaches would be to place Britain in the top three of the Europa Cup competition within five years or so. All four should be coaches in attendance at every international match, home and abroad.

The other five National Coaches in Britain should be termed Regional Technical Officers

covering specific areas of the country. Their work should cover much on the coaching/teaching side as is done now. In addition they should also tackle developmental work in their area.

Working in conjunction with these professional coaches should be Staff Coaches covering each event, including Decathlon/Pentathlon. These Staff Coaches should be hand-picked for their known coaching/organisational ability.

One of the things that our coaching scheme has done over twenty years is to produce a large number of coaches who could trace the path of the femur in the discus-turn or the little finger in the sprint start but couldn't explain how to throw or sprint to their charges if, indeed, they had any. Many present coaches have taken the respective award and never heard anything further from the governing body. Most of those coaches anyway have taken the award solely as a paper qualification. The ultimate in self-delusion is coaching records at the AAA offices: here, box upon box of index cards carefully record the thousands that have taken the award. About one-fifth are active and well over three-quarters of these are coaching track only. This has led to the anomalous position of having large numbers of well-qualified senior coaches in distance-running having no athletes of calibre to coach whilst the one or two active senior long jump coaches could be over-burdened.

The problem is not an easy one and it has not been made any easier by the fact that it has been allowed to continue for such a long time. The bringing together of the athletes and the coaches must be a high priority of any new or rejuvenated athletics administration. The coaching structure should also be changed to a more logical sequence:

- (1) National Coaches—Specialist.
- (2) Regional Technical Officers—Non-specialist.
- (3) Staff Coaches—Specialist by event.
- (4) Senior Coaches—Specialist by event.
- (5) AAA Coaches—Specialist by groups.
- (6) Club Coaches—Non-specialist.

One should say something about the WAAA Coaching Scheme but as it is the biggest non-event in British track and field (outside the Byers Report) it is difficult to do so. Anonymously it is composed and largely administered by men who believe they have some gynaecological and psychological insight into the make-up of women. Many of these men coach mixed groups of athletes and do a fine job; some others coach only women and young girls for motives which are sometimes too clearly apparent and undesirable. Mostly coaching of women is done and run by the AAA anyway. This scheme must be integrated into an overall plan for British coaching.

There must be a new emphasis in British coaching, that of coaching athletes. Its aim should be to increase the overall standard of British track and field at every level. In this it must frequently integrate with the other three main aspects.

NEXT WEEK:

ALL CHIEFS AND NO INDIANS

## LETTERS

### IN SUPPORT OF LEAGUE SYSTEM

Dear Sir,

I am writing to comment on some of the points raised by Peter Bird about the new league structure. Surely, there are two main reasons behind the formation of the League System: (i) To establish a competitive machinery to provide athletes with a high standard of competition within a club framework and (ii) to raise the standard of athletic performance in the UK.

The fact that the supporting Southern Leagues have been designed to complement the National League System will ensure that many small clubs will also exist in a competitive framework at their own level. It is a fact that top-flight athletes will leave small clubs to enjoy the competition, superior social facilities and more ambitious attitudes of the top clubs. In the Polytechnic Harriers we are always flattered that our attraction over the years has been so great. But surely, the proof of the pudding is there for all to see, in that the raising of standards at the top will always ensure that the athletes performing at 100th best in the country will always be performing better in relation to that improved top level.

Surely, too, we cannot prevent the talented athlete with only a few years at the top from gaining top competition in a great club. This self-interest is natural and only part and parcel of man's wish to improve himself. Does Mr. Bird condemn all professional footballers who seek out a top club with the chance of International honours? Association Football surely serves as a pointed example in this matter. In 1966 England were World Champions—the National Team is supported and has its talent provided from the most efficient and talented first division in the world. This league has supporting leagues, supported at the base of the pyramid by small-time, small-talent village teams. The "threat" of League Division I has not killed off small-time football. I think the reverse is true—the wish to emulate the "great ones" is always one of man's greatest motivating factors.

Neither I, nor, I am certain, those responsible for formulating the new leagues would deny the absolute dependence of International Sport on the small clubs, but it will be interesting to see in 2 or 3 years' time what impact the leagues will have on track and field performance in the UK. But I, and certainly everyone in Polytechnic Harriers, applaud the fact that this new venture will be supplementing the track and field diet of the track spectator this summer.

**Andy Ronay**  
Polytechnic Harriers

### PRO ATHLETICS? GREAT NEWS

Dear Sir,

Threat to amateur athletics? Great news—I back it 100% in the hope the eventual outcome will be the same as in the cricket, tennis and golfing world; an end to the Victorian categories of professional and amateur, and free competition

of all track and field athletes regardless of artificial divisions.

You know, and admit, the present system of the IAAF is hypocritical and is made to work only by administrators failing to enforce the rules. My surprise is that you should prefer to go along on this course rather than welcome a development which is highly likely within a decade to lead to free athletics with performers being paid whatever promoters can afford and feel the athletes are worth in 'draw' appeal. Payments would probably be based on some level of performance basis—the better the performance the higher the recompense.

Sustained public interest in professional cycling, tennis, golf, table tennis, speedway, ice hockey and baseball has increased throughout the world enormously in the last 20 years . . . and without gambling scandals. Why should athletes be singled out as being more prone to bribery and corruption than sportsmen in other fields?

The fact some British horseracing and American boxing is fixed, leads, when the facts are discovered, to action against the individual culprits (usually a lifelong barring). I find this more honest and desirable than the present athletic 'amateur' setup where infringements are hidden up, because were every big-time infringer banned (as the rules demand) there would be just about no big-time amateur athletics anyway!

**Peter Pozzoli**  
Enfield Lock

### MOST GROTESQUE QUOTE

Dear Sir,

I wish to comment on a quotation by the former Kenya National Coach, John Velzian, which was published recently in "A.W.". Surely his statement, that at sea level the Kenyan success would have been greater, must have been the most grotesque quote of the Olympics. The results proved, without any reservations, that the Kenyans and other "high altitude" living athletes enjoyed an intrinsic advantage over their "sea level" living rivals.

**Michael V. O'Connell**  
Passage West, Co. Cork

### REVISE AGE GROUPS

Dear Sir,

With regard to the loss to athletics of those with talent; it is generally considered in clubs that this happens around the age of 16 or 17. From my experience in schools, I consider this loss happens at the age of 14.

In the 1st school year at age 12, boys run or jump for the sheer joy of it, and this rarely has wider implications. In the 2nd year at 13, the 'not so good' are starting to drop out, because new influences are coming in, such as football, and some sort of social life. In the 3rd year at 14, the 'athletes' and the 'non-athletes' are now completely separated.

The boys who now get changed in a PE period, are the ones who have shown promise, plus a few hangers-on with mixed motives. Some of

these will be waiting for a break in the form of coaching and training. They are open-minded, and are able to distinguish between types of training, seeing the merits and demerits of what is offered. This is the critical stage, and many good athletes reject athletics, now, because what has been offered is not good enough. Who will be running at 15 and 16 is settled at 14. (The football world understands this).

To cope with this problem, and to help the 14-year-olds to find their place in athletics, I suggest a revision of age-groups for AAA competition, as follows:

Boys: ages 12 & 13

Youths: ages 14 & 15

Juniors: ages 16 & 17

If the schools would adopt these titles for the age-groups, this would avoid differing names such as 'inters'. For those 18 and over, these should be given their place as seniors, for most of them are adults.

**G. Hubert-White**  
AAA Coach,  
Torch Athletic Club  
(West London Stadium)

### MORE ON REGISTRATION

Dear Sir,

As a Scot living and competing in the South East perhaps I can help to explain to Mrs. Page why there is such strong opposition in this area to the proposed registration scheme.

In Scotland, inter-club meets are relatively few, with the result that as only the best track and field athletes of clubs get competition in these the majority of athletes look to open handicap meetings (Highland Games, etc.), for their competition. This means that the SWAAA registration scheme will tax those who will also benefit from that body's promotions and coaching courses.

In the South-East there are so many inter-club meets and so few open meets that the majority of track and field athletes can get all the competition they want without entering open meets and so escape the need to register. The other important fact is that the cross-country and road runners in this area do have to enter open races to obtain competition. If one considers that it would probably be track and field athletics which would benefit from the scheme, then the wrong branch of the sport would be taxed (as stated by Mr. K. C. Kirby).

I am certainly aware that the scheme works well for the SWAAA but I hope that Mrs. Page now realises that a similar method of application in this area could have a detrimental effect on the sport as a whole.

**G. McDonald**  
Pitreavie AAC and Epsom & Ewell H.

Dear Sir,

Would the Honorary Secretary of the AAA kindly explain how he expects to get a true reflection of opinion on registration with the questionnaire published in your issue of December 7th?

The three basic questions on raising revenue can only be answered in the affirmative. Whatever would Doctor Gallup say? Surely these should be a question of "I do not accept either registration or an increase in affiliation fees"—or isn't the AAA interested in finding out? As there are, no doubt, many who would prefer to vote for the missing question 4, I suggest that the percentage vote is published and the abstainers regarded as objectors to all three questions.

I mention this because, in lobbying many athletes to find out whether they preferred registration or increased affiliation fees as a means of raising additional revenue for the AAA, the response has often been "Neither. What do I get out of the AAA?" A difficult question to answer; as Mr. Kirby also finds. I can only suggest that these athletes write their opinion across the form.

Personally, I believe that some extra revenue should be raised, but also believe that cross-country runners, road-runners and walkers should be made aware of the repercussions of registration; or rather failing to register or re-registering.

I can foresee scrutiny meetings taking twice as long. I can foresee entries being rejected (both individual and team). I can foresee race results studded with deletions and I can foresee many a happy winning team discovering it has been disqualified through one of its members failing to register or renew. Whatever measures may be taken to avoid this happening the human element will prevail somewhere along the line, and it is the backlash which receives most publicity.

We cannot rely on race secretaries or promoters to check their entries for registration, nor as all club officials know can we rely on members to make their own renewals—so it will all come back to the overworked club official who, to make it safe, will need to make up a separate register of "open competition" members. If he is going to get the job anyway, why not make it easy for him by simply adjusting his AAA affiliation fee to suit his size of membership? He will, of course, still be left with the difficulty of justifying the increase to his membership and of explaining what is meant by "improving competition in all branches of the sport".

**Clive Shippen,**  
Coulsdon

### THE BASIC PROBLEMS

Dear Sir,

I read Mr. Bird's article with a great deal of interest and yet felt it did not really get down to basic problems.

One must accept that athletes will give up as they grow older and the big divide comes as they leave school (give or take a year or so). Therefore any club that wishes to maintain its senior team, taking cross-country as an example, must reckon on needing so much new blood per year. Two seems a reasonable number; to get this it will need four juniors, six to eight youths, 12-plus boys per year. Is the club providing competition for this number; i.e. a boys team of 24, etc.

This is I think the crux of the matter—regular competition of graded standard is needed particularly for youngsters at the age when their sport is chosen, i.e. about 11-12 years (in Harlow there are 40 football teams for 12-year-olds). If one turns to the ladies side much the same problem must be faced, except that losses are probably higher. The junior age group 11-15 is too large. Few 11-year-olds are the equal of the 14-plus's and many get disillusioned, so why not split the age group to 11-13 and 13-15?

Having arranged much more competition for youngsters there are a number of problems. (1) Who is to train them? Well, most athletes could spare an hour per week (oh yes you could, and it might even do you good to think about your event from scratch again); secondly parents—which means courses to educate the parents. (2) Who arranges the competition? A bit more difficult but it probably means two separate matches. (3) Money? Well, more kids—more parents. Also, of course, a club with a lot of youngsters may well do better for grants from local authorities, etc.

It is a great weakness of the present developments that the new league being set up ignores women (most clubs are mixed), and youngsters. I know that there will be races for them, but the results won't count in the team competition, which is what matters to kids.

John C. Moore,  
Harlow

### A HARD LOOK NEEDED

Dear Sir,

Now that all clubs interested in League Athletics have been notified about the league they will be competing in in 1969, the time has come to take a good hard look at the set up from National League downwards in respect to what it all adds up to for the majority of clubs. I understand that clubs have been assessed on the information given on their league membership application forms, the assessment figures were then put through a computer. To the average club athlete this does not convey anything.

Would it be asking too much for the people concerned to supply you with a list of the clubs' assessment figures before they were put through the computer and publish them in *Athletics Weekly*?

To get the scheme off the ground I feel sure that the majority of the clubs will be prepared to accept the assessors' findings irrespective of any anomalies that may have crept in.

In the covering letter that I sent with my own club's application form I made a few points on what I considered to be some of the pitfalls in the scheme which would be detrimental to the sport, the main one being that League Athletics would be as big a rat race as professional league football insofar as that the affluent clubs would corner the best athletes with the smaller clubs going out of existence or functioning only as a

continued on page 33

## NYLON TRACKSUIT BY RICHARD NORTH

Superb suit in five colours: Royal, with white/red trim; Black, with white/red trim; Maroon, with white/black trim; Navy, with white/red trim; and Green, with black/orange trim; and in sizes 5-9 (5 Youths/Girls, 6 Small, 7 Medium, 8 Large, 9 Outside). All at 89/6.

We also have in stock:—

**Saxonclad Nylon Tracksuits:** STS 101. Full zip jacket, royal or scarlet with white trim at neck, cuffs and waist. Small, medium or large, £5.14.6. Also STS 80, plain white, S, M, L, £6.18.6.

**Bukta Track Suit.** Polo neck, full length zip, sewn-in creases. Black, Navy, Royal, Green. Boys/Girls 39/9. "S", "M", "L" 51/9.

**Relum "Toni" Track Suits.** Excellent value. Royal/white shoulders or maroon/light blue. Boys 37/11, Youths 39/11, "S", "M", "L" Men's or Women's 49/11.

**Training Jackets**—similar to track suit tops, Black or White, "S", "M", "L", 34/11.

### MEN'S SLEEVELESS VESTS

White, in best quality interlock. Boys 7/6, Youths 8/6, "S" 9/6, "M" 10/6, "L" 11/6. Colours (Amber, Black, Emerald, Maroon, Navy, Royal, Scarlet, Sky). Boys 10/3, Youths 11/3, "S" 12/9, "M" 14/3, "L" 15/6.

### NYLON ATHLETIC VESTS

Sleeveless in red, royal or turquoise Small, medium or large, all at 22/11.

### MEN'S ATHLETIC SHORTS

**Litesome Scandinavian**, brief cut. White or Black, 26in. 10/11, 28/30in. 12/-, 32/34in. 12/11, 36in. 14/6. Colours (Amber, Emerald, Navy, Royal, Scarlet) 26in. 11/6, 28/30in. 12/6, 32/34in. 13/6, 36in. 14/11.

### MEN'S NYLON SHORTS

In brilliant colours. Extremely light, very brief cut, fly front, one button, elastic at side. Will not shrink or fade. Rain just runs off. Wash and dry in an hour. Amber, black, white, emerald, royal, scarlet or sky. In three sizes: small (28-30in.), medium (30-32in.) and large (32-34in.), 19/11.

### WOMEN'S ATHLETIC VESTS

Sleeveless, in best quality interlock, square neck. white only. 32in. 8/6, 34/36in. 9/6, 38/40in. 10/6.

### WOMEN'S NYLON STRETCH SHORTS

The latest style Bri-nylon stretch shorts for women and girls, as worn by most of the top athletes, and now in black, white, royal, green and scarlet. 22, 24, 26in. 15/6, 28, 30in. 17/-.

### BE SAFE IN THE DARK

Pakamac fluorescent waistcoats, adjustable, one size only. 9/11.

Please enclose part postage, i.e. 2/6 for tracksuits or shoes, 6d. for shorts, vest, etc.

## THE SPORTS CENTRE

8 MEDWAY ST., CHATHAM, KENT  
Telephone: Medway 47055

# NATIONAL LEAGUE PLANS FINALISED

THE format of the National Athletics League for 1969 has now been decided after recourse to the NUTS and a computer. All the leading clubs in England and Wales, plus Edinburgh Southern Harriers (a total of 45), entered and in order to allocate the 18 places available "matches" between clubs were calculated on a normal dual-meet basis. Each club, therefore, had 44 simulated matches with 2 points awarded for a win and one for a draw. The full range of events was taken into consideration, except for no 6 miles and a 2 miles substituting for 3 miles. There were two entries per club per event, with certain restrictions on doubling up. As will be seen below, Polytechnic Harriers emerged with the maximum possible score of 88 points. The tie for fifth place was resolved by calculating results of a three-

All the clubs in each division will meet in three matches on May 10th, August 24th, September 13th. First division venues are Twickenham, Crystal Palace and Cardiff; second division are Manchester or Stretford, Nottingham and Twickenham; third division are Crystal Palace or Hendon, Southampton and Woodford.

The bottom two clubs in the first and second divisions will be relegated, while the bottom two clubs in the third will cease to be members of the National League. They will be replaced by the two leading clubs in the qualifying competition at Crystal Palace on September 20th. Each area may nominate a maximum of two clubs to take part in this qualifying competition.

The schedule of events is: 100m, 200m, 400m, 800m, 1500m, 5000m, 3000mSC, 110mH, 400mH, 4x100m, 4x400m, HJ, PV, LJ, TJ, SP, DT, HT and JT. At the conclusion of each league match, the following points will be allocated: 6 points for first team, 5 for 2nd, 4 for 3rd, 3 for 4th, 2 for 5th and 1 for 6th.

Some other points of interest: Athletes must be first claim members of their club and must wear club vests for the competition; competitors will have six trials in the throwing events, long jump and triple jump; each division will have, to aid its presentation, the following officials for each match appointed at the start of the season—meeting controller, two announcers, statistician, chief recorder, starter, track referee and field referee.

And the latest news is that a brewery has offered £5000 to cover the cost of running the National League next season. Cheers!

## TRACKWISE

cornered match between Blackheath, Brighton & Hove and Surrey AC.

Here is the composition of the three divisions, with point scores in brackets:—

**Division I:** Polytechnic (88), Birchfield (86), Thames Valley (84), Cardiff (82), Blackheath (78), Brighton & Hove (78).

**Division II:** Surrey (78), Achilles (74), Notts (70), Sale (69), Hillingdon (68), Edinburgh SH (67).

**Division III:** Bristol (64), Belgrave (62), Southampton (60), Woodford Green (58), London AC (55), Croydon (54).

Ron Clarke presents the BBC's Sportsview Personality of the Year trophy to Dave Hemery. Ron is hoping to race again in Britain next summer.



Ed Lacey

## ATHLETES OF THE YEAR POLL

FOR the eighth year, "Athletics Weekly" is running a poll to determine the leading athletes of the previous season. You, the athletics public, make the choice.

Please drop us a postcard with your nominations for the outstanding athletes of 1968 in these four categories:

(1) top British male; (2) top British female; (3) top world male; (4) top world female. The address is "Athletics Weekly," 344 High Street, Rochester, Kent. Deadline for arrival is Friday, January 3rd.

Previous poll-toppers have been:—

**British male:** 1961—Adrian Metcalfe, 1962—Brian Kilby, 1963—Maurice Herriott, 1964—Lynn Davies, 1965—Alan Simpson, 1966—Lynn Davies, 1967—Lynn Davies.

**British female:** 1961—Joy Jordan, 1962—Dorothy Hyman, 1963—Dorothy Hyman, 1964—Mary Rand, 1965—Anne Smith, 1966—Anne Smith, 1967—Lillian Board.

**World male:** 1961—Valeriy Brumel, 1962—Peter Snell, 1963—John Pennell, 1964—Peter Snell, 1965—Ron Clarke, 1966—Jim Ryun, 1967—Jim Ryun.

**World female:** 1961—Tamara Press, 1962—Tamara Press, 1963—Sin Kim Dan, 1964—Mary Rand, 1965—Irena Kirszenstein, 1966—Irena Kirszenstein, 1967—Liesel Westermann.

REGISTRATION—A LETTER  
FROM SOUTHERN COUNTIES AAA

Dear Sir,

The Southern Counties A.A.A. are considering calling a meeting of Club representatives to discuss the implications of the recently announced A.A.A. unconstitutional Referendum Scheme, and suggest, meantime, that all athletes and clubs should defer voting for the present.

The Southern Counties A.A.A. may decide to hold its own postal Vote to give their clubs an opportunity of voting on the desirability or otherwise of Athletes Registration, in the light of the widespread and incontrovertible criticisms of the scheme forthcoming at the A.G.M. of the A.A.A., and on other occasions, which still await satisfactory answer.

The voting in the Southern Counties A.A.A. Ballot would be governed by the current A.A.A. Laws relating to representation and voting powers of members.

A. A. Harley,  
President  
A. J. C. Kendall,  
Hon. Secretary  
Southern Counties A.A.A.

Canterbury AC and Thanet AC are to amalgamate as from January 1st under the name of Invicta AC.

Colin Robinson Wins  
Civil Service Title

At Coulsdon, December 7th

Welsh International Alan Joslyn led Colin Robinson going into the last half-mile of the Civil Service 5 Miles C.C. Championships but a strong finishing surge gained a late victory for Robinson in the final 440 yards.

1. C. Robinson (GPO NW Region) ..... 25.40  
2. A. Joslyn (Min. of Public BW) ..... 25.41  
3. D. Holt (Min. of Housing & KG) ... 25.55  
4. J. Snowden (New Scotland Yard) 26.37; 5. Geoff North (Army Dept) 26.44; 6. B. Craig (Pos. B) 26.55; 7. R. Simnett (Min. of Power) 27.02; 8. G. Knight (NSY) 27.08; 9. J. Stirling (Army Dept) 27.12; 10. A. Walsham (GPO NW) 27.13; 11. D. Amey (Min. of Tech) 27.20; 12. A. Mandeville (NERC) 27.25; 13. D. Morgan (MPBW) 27.28; 14. J. Offley (Army Dept) 27.51; 15. A. Butcher (Inland Rev.) 28.01; 16. K. McBrearty (Min. of Social Sec) 28.04; 17. P. Kilbey (GPO NW) 28.08; 18. D. Plater (IR) 28.17; 19. P. Driver (MT) 28.32; 20. K. Ryan (MSS) 28.39.

**Teams:** 1, Army Dept. 54; 2, Min. of Social Sec. 81; 3, Inland Revenue 91; 4, Min. of Technology 94; 5, GPO NW Region 108; 6, New Scotland Yard 109.



Winner of the open 1500m at the recent Cosford meeting in 3:52.6—A. R. Barrett of London University.  
Alan Johnson

# STEADY RUNNING THE KEY TO BILL ADCOCKS' TRIUMPH

**I**N ideal conditions over a fast and accurately measured course at Fukuoka, Bill Adcocks (27) scored a scintillating victory in the 3rd Japanese International Marathon Championships on December 8th, recording the second fastest ever time of 2:10:47.8—just outside the world best time of 2:09:36.4 set by Australian Derek Clayton in the same race last year.

Yoshiaki Unetani (24) cut out the early pace, clocking 15:49 at 5km, 31:11 at 10km, and 46:37 at 15km, with Adcocks following closely behind with the chasing group. At the turn, reached in 1:05:27, Adcocks, Unetani, Usami, Akcay (4th at Mexico, 14 seconds ahead of Adcocks), Ueoka, Burfoot (1968 Boston Marathon winner), and Yamashita were together, but four kilometres later Usami and Burfoot were dropped whilst Adcocks appeared full of running. By the 30 km mark, Adcocks, Unetani and Usami were locked in a torrid battle, but Adcocks' steady speed (the difference between his fastest and slowest 5km splits after the first five being a mere 14 seconds until the final 5) eventually cracked his two rivals.

From the 31st kilometre Bill was in a clear lead which he increased gradually until at the finish he was almost two minutes ahead of Unetani, who became only the seventh runner to beat 2:13 in the history of the marathon run. Ismail

Akcay finished fourth, improving on his previous best by over seven minutes, as did American Ambrose Burfoot in 6th place. Demissie Wolde of Ethiopia who was a reserve at Mexico (as was Unetani) was 13th (2:20:18), whilst 36-year-old Czech, Vaclav Chudomel, was 24th. Of the 62 starters, 44 finished the race, with six of the first seven recording personal best times. In winning, Bill Adcocks maintained a unique record—for British born runners had won the previous two editions of these Championships—Mike Ryan of New Zealand in 1966, and Clayton in 1967.

**Result:** 1, Bill Adcocks 2:10:47.8; 2, Yoshiaki Unetani 2:12:40.6; 3, Tadaaki Ueoka 2:13:37.6; 4, Ismail Akcay 2:13:43.6; 5, Akio Usami 2:13:51.8; 6, Amby Burfoot 2:14:28.8; 7, Kazuo Yamashita 2:14:44; 8, Masatsugu Futsushara 2:16:23; 9, Hayami Tanimura 2:16:42; 10, Toru Terasawa 2:17:23; 11, Masanao Haranishi 2:19:03; 12, Isamu Sugihara 2:19:48.

**Adcocks' splits:** (5km)—15:49; 31:12; 46:43; 1:02:03; 1:17:19; 1:32:38; 1:47:59; 2:03:47.

**Roger Gynn**

(With acknowledgments to Asahi Shimbun, London).

## "Thrilled With Result"

**O**N his return to England, laden with trophies from the Japanese Royal Family, Prime Minister, and "Asahi Shimbun," plus a gold medal, Bill Adcocks briefly described his race and trip to Roger Gynn:

"I thought the race would have been an anticlimax after the Mexico trip so I was really thrilled with the result and the time achieved. The course was fairly flat but tended to be a bit monotonous rather than hard. There was a gradual rise from about 10-15 kilometres and again on the return. Conditions were excellent with the temperature in the low 50's. There was traffic in the opposite direction whilst there was only a Police motor cyclist and two lorries—one for the TV crews (four) and one for the reporters immediately in front of the runners. From the start I followed the leading group as the pace was pretty fast. I had twinges of cramp and stitch but was not particularly worried and managed to maintain a steady speed which eventually broke Unetani and Ueoka after about 30 kilometres. I kept going from then on but often looked round to check on their positions.

"I wasn't so surprised about the quality of the Japanese as much as the improvement of the Turk, Akcay, and Burfoot, both of whom ran much faster than ever before. After sampling the efficiency of Japan and its people in general I

have no doubt that the course was most carefully measured. The way I was treated in Tokyo was simply indescribable—almost an embarrassment in fact. I was in the best hotel and everything I had was the best—nothing was too much trouble. I have no intentions of packing up and look forward to the European Championships next year. Although I have had no after effects from the Fukuoka race I am having a fortnight's rest and then back to training. As to Munich, well, I never plan that far ahead!"

## INTER-AREA MATCH

At Maiden Castle, Durham, December 7th

|                                                              |       |
|--------------------------------------------------------------|-------|
| 1. W. Robinson (North Durham) .....                          | 44.52 |
| 2. E. Pomfret (North Durham) .....                           | 45.11 |
| 3. J. Milton (North Durham) .....                            | 45.31 |
| 4. D. Cox (ND) 45.52; 5. D. Grey (N'land) 45.57;             |       |
| 6. S. Larkin (NU) 46.03; 7. N. Rackham (N'land) 46.08;       |       |
| 8. R. Balding (N'land) 46.15; 9. J. Temperon (DU) 46.32;     |       |
| 10. M. Bateman (DU) 46.33; 11. R. Carruthers (N'land) 46.34; |       |
| 12. G. Lee (DU) 46.40; 13. M. Hall (NYSD) 46.56;             |       |
| 14. A. Matheson (N'land) 47.02; 15. F. Innes (N'land) 47.07; |       |
| 16. D. Hepple (N'land) 47.19; 17. I. Forster (NYSD) 47.20;   |       |
| 18. D. Cresswell (NU) 47.31; 19. P. Puckrin (NYSD) 47.40;    |       |
| 20. A. Bone (ND) 47.46.                                      |       |

**Teams:** 1, North Durham 53; 2, Northumberland 60; 3, North Yorkshire & South Durham 117; 4, Durham Univ. 139; 5, Newcastle Univ. 150.

## RESULTS IN BRIEF

## November 16th

**Bolton United 55, Longwood 70, Sutton 73, Wallasey 160, at St. Helens.** 1, eq. M. Freary & E. Haslam (BU) 34.43; 3, R. Barlow (S) 35.11; 4, D. Quinlan (L) 35.17; 5, B. Ellis (TVH-ns) 35.19; 6, B. Renshall (S) 35.43; 7, B. Stacey (L) 36.02; 8, B. Woolford (S) 36.26.

## November 20th

**Sheffield Utd. 36, Abbeyvale GS 52, King Edward VII GS 109, at Sheffield.** 1, eq. B. Swallow & B. Cole (SU) 24.50; 3, E. Chaffer (guest) 25.30; 4, C. Williams (SU) 25.42; 5, R. France (A) 25.44; 6, E. Knapp (SU) 25.48.

## November 26th

**Oxford Univ. League Races, at Oxford. (Div. I)** 1, J. Valentine (St. J); 2, R. Steele (New C); 3, H. Richards (SEH); 4, M. Johns (SEH); 5, G. Davis (St. Peters); 6, H. Starkey (St. J). Teams: 1, St. Edmunds Hall 45; 2, New College 49; 3, St. Peters 70. **(Div. II)** 1, J. Shemilt (Pemb); 2, J. Baker (St. C); 3, P. Braithwaite (Univ. C). Teams: 1, Pembroke Coll. 45; 2, Univ. C. 50; 3, St. Catherines 55.

**Walthamstow AC 4½M. Road Championship, at Walthamstow.** 1, R. Howe 24.23; 2, A. Rich 25.13; 3, R. Berry 25.39. Handicap: G. Snoad 27.03.

## November 27th

**Yorkshire Services C.C. League.** 1, Eagles (Leeming); 2, Harrison (Harrogate); 3, Campbell (H'gate). Teams: 1, AAC Harrogate; 2, 3rd Royal Irish Fusiliers; 3, 8th Signals Regt.

**Sheffield Univ. 41, Loughborough Colls 93, Sheffield CE 166, Clinton CE 187, at Sheffield.** 1, J. McGrow (SCE) 29.52 (rec); 2, D. Gillanders (SU) 30.58; 3, J. Whetton (CCE) 31.16; 4, O. Maurer (SU) 31.39; 5, B. Swallow (SU) 31.41; 6, A. Sykes (West Yks Police) 31.41.

## November 30th

**Meadhurst 21, Bank of England 36, St. Catherines C., Oxford 63, at Roehampton.** 1, eq. J. Forrest & J. Hyatt (M) 27.16.

**Hercules-Wimbledon 7½M. Championships, at Wimbledon Common.** 1, M. Fuller 39.42; 2, A. Earl 40.17; 3, B. Collins 40.49.

**London University 5M. C.C. Championships, at Parliament Hill Fields.** 1, N. Barton (Imp. C.) 28.33; 2, N. Morrison (Imp. C.) 29.23; 3, J. Dobson (Bedford C.) 29.56. Teams: 1, Imperial C. 43; 2, University C. 72; 3, Queen Mary's C. 99.

**North Kent League, at Bexley.** 1, R. Webb (Camb. H) 24.28; 2, K. Penny (CH) 24.59; 3, E. Wilkins (Elliott & Reed) 25.09. Teams: 1, Cambridge H. 15; 2, Dartford 60; 3, CH "B" 62.

**St. Paul's C. 16, St. Paul's "B" 51, Culham C. 53, at Culham.** 1, eq. J. Dagnam, J. Kent, C. Cloke, W. Marlow (all St. P.) & C. Franks (Cheltns) 31.43; 6, D. Tranter (CC) 32.00.

**HHH C.C. Championships at Streatham Common. (Snr 9M)** 1, C. Woodcock 52.11; 2, D. Card 53.11; 3, S. Allen 55.36; 4, D. Evans 56.24; 5, Jim Gowan 56.36; 6, C. Blackmore 56.47. **(Jnr 6M)** 1, P. German 37.29; 2, A. Nicoll 38.31; 3, L. Sykes (Y) 40.20. **(Yths 3M)** 1, J. Boggis 17.52 (3rd succ. win); 2, V. Weathers 21.23. **(Boys 2M)** 1, P. Fitton 11.44; 2, M. Chaplin 11.48; 3, G. Cronk 12.13.

**Luton United 29, Windsor & Eton 41, Barnet & Dist. 65, at Luton.** 1, eq. J. Jones & D. Sparks (WE) 30.44; 3, G. White (LU) 31.17; 4, B. Hutton (LU) 32.12; 5, R. Randall (WE) 32.36; 6, S. Sharratt (LU) 33.03. **(Colts) Barnet 9, Luton Utd. 16.** 1, M. Jones (LU) 14.45; 2, G. McCallum (B) 14.52; 3, A. Whitehead (B) 15.04.

**London Shipping AA 5M. C.C. Championship at Hayes.** 1, H. Morton (John Good) 26.15; 2, M. Maynard (Maori C.) 28.25; 3, J. Okey (Glen) 29.36. Team: Glen. 32.

## December 1st

**Mitcham AC One Hour Track Running Championships, at Carshalton.** 1, S. Badgery 11m 15.40y; 2, K. Ryan 11m 11.6y; 3, A. Pawsey 10m 15.34y; 4, A. Jukes 10m 13.57y; 5, R. Mitchell 10m 13.44y; 6, J. FitzGerald 10m 7.60y; 7, M. Coventry 10m 7.72y. **(Youths)** Half-hour race: 1, M. Fromant 5m 68.8y; 2, C. Taylor 5m 63.1y (13 yrs!); 3, P. Upton 5m 37.2y; 4, L. Higgins 5m 26.0y; 5, D. Jukes 5m 15.1y.

## December 7th

**Ware Cup 5M. C.C. at Loughton.** 1, R. Howe (W'stow) 29.16; 2, C. Ridley (W'stow) 29.41; 3, T. Crabb (EM) 29.58. Teams: 1, Walthamstow 12; 2, Eton Manor 40; 3, Loughton 52.

**Birmingham Univ. 43, Aston Un. 64, Birm. CE 65, Coventry CE 68, St. Peters, Saltley 88, Wolverhampton CE 89, at Birmingham.** 1, M. Evans (Dudley TC) 29.55; 2, C. Simpson (Aston) 30.11; 3, P. Allen (Dud) 30.17.

**Veterans AC 5M. C.C. Handicap.** 1, F. Nickolls (8.10) 26.19; 2, A. Newson (5.00) 27.17; 3, A. Welling (17.00) 27.17. Handicap: S. Charlton 29.26.

**Bolton United Track 10M. Championship.** 1, R. Hill 48.31; 2, E. Haslam 48.35; 3, M. Chapman 51.15; 4, R. Swann 51.38; 5, V. Regan 51.58; 6, N. Ward 52.40. **(Juniors)** 1, L. Whittle 39.15; 2, S. Mansfield 40.31; 3, F. Lynn 40.50. **(Youths)** 1, S. Kenyon 14.50; 2, J. Davies 15.41; 3, D. Topping (Boy) 15.47.

**Sussex C.C. League, at Bexhill.** 1, Brighton & Hove 101; 2, Horsham BS 127; 3, Falmer striders 172; 4, Eastbourne 277½; 5, Worthing 282; 6, Crawley 329½; 7, Bexhill 371½; 8, Haywards Heath 419½. **(Boys)** 1, Brighton & H. 23; 2, Horsham BS 25; 3, Haywards Hth. 39; 4, Crawley 59; 5, Worthing 64 (only results received).

**Salford 15, Altrincham 29, at Boggart Hole, Clough.** 1, G. Norman (A) 35.48; 2, S. Curran (S) 35.59; 3, K. Darby (S) 36.14; 4, A. Sladen (S) 37.16; 5, T. Breeze (A) 38.40; 6, J. Cosburn (S) 38.42. Handicap: Darby (3.30) 32.44. **(Boys)** 1, S. Walsh (4.35) 17.42; 2, P. Blakeney (0.15) 17.44; 3, F. Beirne (1.15) 17.52.

**LETTERS continued from page 28**

source of supply for the upper strata or National League clubs.

Mr. Ward, the National League secretary, assured me that I had got it all wrong. With my limited experience of athletes and athletic administration I have to accept this, but I still have my doubts.

In Mr. Ward's article in "AW" (August 10th, 1968) he urges clubs to support league athletics and that his aim is to ensure that the smallest and newest club anywhere can clearly see a path for it through to the very top. Perhaps Mr. Ward would care to enlighten "AW" readers on how this miracle will come about.

Recommended dates for matches: May 24th is inter-counties week-end. I understand that no National League matches will be held on this date, presumably because these clubs may not have the services of their best athletes if there are inter-counties qualifying heats on the Sunday or a major athletic meeting on the 24th with invitation events. Numerically weak clubs could quite easily have four or five of their best athletes in the inter-counties meeting. What is good enough for the National League should be good enough for the Area Leagues.

Match Scoring System: the only logical scoring system is on standard of performance using IAAF tables; this is the only way that the all-round strength of a club can be assessed. In fact I would go as far as to say that all clubs taking part in league athletics in 1969, including National League clubs, should be re-assessed on league performances only. There would then be no doubt in anyone's mind about the authenticity of the performances. The system would also get rid of the slow run, tactical middle distance races.

Knock-out competitions in mid-September between weak and depleted teams would be a farce.

**A. Gibb,**  
Portsmouth

**COSFORD DETAILS**

**National Indoor Championships:** Events on the first day, Friday, January 10th are 60m heats, semis and final, 200m heats, 400m heats, 800m heats, 1500m heats, 3000m heats (if required), triple jump final, women's 800m heats, women's high jump final.

**International Invitation Meeting:** (February 1st) Events: 60m, 200m, 400m, 800m, mile, 2 miles, 60mH, PV, LJ, TJ, SP, women's 200m, 400m, 60mH, LJ. Also AAA Junior 3x2x2x1 Relay and selected open 300m and 600m races (by invitation of MCAA). Invitations have been sent to East and West Germany, France and Czechoslovakia and there may also be a 4x100m relay if the countries concerned send sufficient athletes.

**Cosford Championships:** (February 22nd) Events: 60m, 200m, 400m, 800m, 1500m, 3000m, 2000mSC, 60mH, HJ, PV, LJ, TJ, SP; junior 60m, 200m, 800m, SP; youths 200m, 800m, SP; women's 60m, 200m, 400m, 800m, 60mH, HJ, LJ, SP; intermediates 60m.

**England v. Wales v. Scotland v. N. Ireland Cup Match:** (March 22nd) Match events: 60m, 200m, 400m, 800m, 1500m, invitation 3000m, 60mH, HJ, PV, LJ, TJ, SP, Medley Relay; women's 60m, 200m, 400m, 60mH, LJ, SP. Also the following National Championships—Senior Relays (4x100m and 4x3x2x1); Junior 60m, 200m, 400m, 800m, 1500m, 3000m, HJ, LJ, SP; Youths 60m, 200m, 400m, 1500m; Intermediate Ladies 60mH, LJ, SP.

Recent marks in Australia by Tony Turnbull (ex-TVH) include 10.8 and 10.5w for 100m, 22.1 for 200m, 49.4 for 400m and 57.6 for 400mH.

The leaders after 2 miles of the inter-varsity cross-country at Roehampton on December 7th: J. Valentine, P. Braithwaite and H. Starkey—all of Oxford. Final result: 1, Valentine 37.43; 2, Braithwaite 38.21; 3, J. Hazelden (C) 38.53; 4, G. Davis (O) 38.56; 5, D. Bryant (C) 39.00; 6, Starkey 39.05. Oxford beat Cambridge 28-58.

Ron Linstead



**LEAGUE RACES continued from page 11**

4, I. Gilmour (Sal) 19.47; 5, R. Doncom (KEVI) 20.37; 6, P. Griffey (Sal) 20.40; 7, C. Barnett (And) 20.46; 8, P. Gough (And) 20.55; 9, A. Wisniewski (Sal) 21.00; 10, P. Angel (KEVI) 21.12; 11, N. Jeffrey (So) 21.14; 12, D. Timms (AFD) 21.15; 13, P. Brown (AFD) 21.36; 14, I. Cheffy (KEVI) 21.39; 15, C. Jones (KEVI) 21.53.

**Teams:** 1, Andover 16; 2, Aldershot, Farnham & D. 17; 3, Salisbury 19; 4, King Edward VI S. 29; 5, Southampton 57; 6, Eastleigh 70.

**BIRMINGHAM & DISTRICT LEAGUE**  
**Div. III at Shrewsbury, November 30th**

1, P. Butcher (Dudley & Stour) ..... 34.53  
2, Cooper (Solihull) ..... 35.04  
3, J. Newcombe (Stafford) ..... 35.14  
4, W. Keeve (Loz) 35.26; 5, E. Williams (Shrews) 35.27; 6, J. Love (No'ton) 36.19; 7, C. Arden (Shrews) 36.38; 8, K. Chant (No'ton) 36.49; 9, J. Hardiman (Loz) 37.07; 10, M. McDonnell (Loz) 37.19; 11, M. Whittaker (Staff) 37.26; 12, J. Willetts (Dudley) 37.45; 13, R. Finney (No'ton) 37.51; 14, R. Lambert (Shrews) 37.57; 15, F. Shipley (Staff) 38.09; 16, C. Toolan (Shrews) 38.28; 17, G. Scott (Dudley) 38.37; 18, R. Whiting (No'ton) 38.40; 19, B. Walker (No'ton) 38.42; 20, A. Page (No'ton) 38.54. 82 finished.

**Teams:** 1, Northampton 84; 2, Shrewsbury 86; 3, Lozells 100; 4, Stafford 141; 5, Dudley & Stourbridge 178; 6, Solihull 193.

**Youths**

1, T. Barnes (Lozells) ..... 15.10  
2, M. Campbell (Stafford) ..... 15.36  
3, R. Anwyle (Shrewsbury) ..... 15.51  
4, A. Burton (Harb) 17.12; 5, V. Cooper (West Brom) 17.13; 6, G. Barker (WB) 17.20; 7, Wood (Dudley) 17.52; 8, B. Milliches (Harb) 17.52; 9, Shackley (Dudley) 18.00; 10, A. Murray (Staff) 18.22.

**Teams:** 1, Stafford 25; 2, Dudley & Stourbridge 27; 3, Harborne 28; 4, West Bromwich 33.

**KENT LEAGUE****At Maidstone, December 7th**

1, F. Maillardet (Cambridge H.) ..... 30.28  
2, I. Macmillan (Canterbury) ..... 30.28  
3, I. Baldwin (Blackheath) ..... 30.42  
4, G. Taylor (CH) 30.57; 5, J. Mankelov (Med) 31.13; 6, R. Hayman (Med) 31.25; 7, V. Smith (Med) 31.29; 8, C. Haines (B'th) 31.32; 9, J. Pettitt (Med) 31.37; 10, G. Mardell (Cant) 31.44; 11, M. Geraghty (KAC) 31.47; 12, K. Penny (CH) 31.48; 13, J. Oliver (KAC) 31.55; 14, C. Woodcock (B'th) 32.08; 15, J. Mayatt (Med. "B") 32.13; 16, R. Selby (KAC) 32.59; 17, M. Glover (Cant) 33.00; 18, D. Galloway (Cant) 33.10; 19, J. Fowler (Med. "B") 33.16; 20, D. Townsend (Cant) 33.20. 84 finished.

**Teams:** 1, Medway 27; 2, Cambridge 38; 3, Canterbury 47; 4, Blackheath 51; 5, KAC 69; 6, Medway "B" 93.

See page 35 for result of the North Surrey League.

**Young Athletes' Results****DR. MORGAN'S SCHOOL C.C. RELAY****At Bridgwater, Somerset**

(U/19) 1, Millfield S. 42.31; 2, Queens C. 42.42; 3, Junior Leaders Regt. 44.08; 4, Dr. Morgan's S. 50.39. Fastest times: Didham (Mill) 10.05, Talbot (JL) 10.19, Palmer (Q) 10.29.

(U/17) 1, Westbury (Blake) 9.29, Ford 9.59, Bullen 10.52, Sparks 9.55) 40.15; 2, JL Norton Manor 41.26; 3, Dr. Morgans 41.38; 4, JL "B" 42.32; 5, JL "C" 46.11; 6, Brymore S. 46.22. Fastest times: Blake 9.29, Duddridge (Dr. M) 9.42, Sparks 9.55.

(U/15) 1, Preston S. (Anthony 5.02, Foster 5.03, James 4.35, Chainey 5.02) 19.42; 2, Plymouth 20.30; 3, Ansford 21.45; 4, Minehead S. 22.12; 5, PS "B" 22.15; 6, Yeovil S. 22.56. 20 teams finished. Fastest times: James 4.35, Brenton (Ply) 5.00, Elford (Ply) 5.00.

**ST. NICHOLAS GS "KERTON"**  
**TROPHY C.C. RELAY**

**At Northwood, November 30th**

1, Haberdasher Askes (Nash) 11.07, Pinder 11.26, Tanswell 11.16, Clark-Lowes 11.25, Goater 10.13, Brown 10.37) 66.04; 2, St. Nicholas GS (Johnson 10.55, Lovett 11.05, Arkey 11.12, Ilott 11.30, Kirke 10.41, Narracott 10.47) 66.10; 3, Alleynes GS 67.45; 4, Richard Hale 67.57; 5, Queen Eliz. 68.35; 6, RGS High Wycombe 68.37; 7, Orange Hill GS 68.37; 8, William Ellis GS 69.44; 9, Maidenhead GS 71.11; 10, Watford GS 72.23; 11, Dr. Challoners GS 72.34; 12, Bishop-halt GS 72.46.

**Fastest times:** Goater 10.13, N. Angus (Alleynes) 10.18, M. Robeson (QE) 10.28, J. Colson (OH) 10.32, Brown 10.37, Kirke 10.41.

**WORKS SCHOOLS INTER-AREA RACES****At Great Barr, Birmingham, December 7th**

(U/20) 1, J. Wheway 22.54; 2, D. Black 23.10; 3, P. Eales 24.02; 4, D. Flint 24.22; 5, D. Moorcroft 24.26; 6, N. Bissell 24.32; 7, P. Jackson 24.35; 8, B. Hoo 24.36. Team: Coventry. (U/17) 1, J. Andrew 19.37; 2, G. Cosgrave 19.51; 3, T. Kearns 19.54; 4, D. Daly 20.13; 5, Hutchison 20.26; 6, R. Maule 20.28; 7, J. Singh 20.35; 8, Hughes 20.37. 122 finished. Team: Coventry. (U/15) 1, Gair 16.23; 2, Kelly 16.30; 3, Lennon 16.37; 4, Tierney 16.43; 5, Knight 16.54; 6, Taylor 17.05; 7, Gallagher 17.09; 8, Rooke 17.13. 119 finished. Team: Coventry.

**Moseley Hall GS 38, KHVIII 43, at Coventry, November 7th.** 1, D. Allen (MH) 21.33; 2, D. Glassborow (KH) 21.43.

**Inter-Schools C.C. at Bexley, November 16th.** 1, Jenkins (Dartford GS) 17.10; 2, Bain (Roan) 17.29; 3, Brasher (Chis. & Sidcup) 17.35. Team: Roan S.

**Preston S. 39, RN Portland 58, RNAS Yeovil-ton 88, at Yeovilton, November 20th.** 1, R. Parker (RNAS) 17.45; 2, A. James (Pres) 18.05; 3, J. Flatters (Pres) 18.25.

**WALKING continued from page 31**

runners clocking around 54 minutes for ten miles, the pair are physically poles apart (Klopfer is 5'6"/130lbs, Romansky 6'2"/168lbs). The pair train on a mixture of pace spins, time trials and track intervals, Klopfer averaging between 60 and 80 miles in six sessions. Three or four are on the road while the remainder are repetitions of 800 or 1000 metres. The vegetarian Goetz, a student at Stanford University, incorporates three weight sessions per week but has no running in his schedules whatever.

Romansky, a married truck driver with two children, has been in the sport for two years and covers between 70-100 miles each summer week and between 50-80 in the winter. Often putting in two sessions a day, his training includes running and weights. Generally he only has one interval session a week, usually over 440.

**Metric Standards:** The Southern Area have submitted the following times to the RWA to be used as "Standards" for metric tracks distances. Senior: (3kms) Gold 12.40, Silver 13.00, 1st 13.25, 2nd 13.55, 3rd 14.30; (10kms) Gold 44.30, Silver 46.15, 1st 47.00, 2nd 49.15, 3rd 51.30. Junior: (3kms) 1st 14.30, 2nd 15.00, 3rd 16.00.

Youths: (2kms) 1st 9.40, 2nd 10.00, 3rd 11.00. Boys (1500m) 1st 7.35, 2nd 8.00, 3rd 8.45.

Schools: Senior: (Track 3kms) 14.45, Road 5kms 25.00. Intermediate: (Track 1500m) 7.15, (Road 3kms) 15.00. Junior: (Track 1500m) 7.35, (Road 3kms) 15.30.

**Today's Events:** Busy day down South with the Essex League Senior "5" and Youth "3" at Chigwell Row, an Inter Club 7 Miles between Belgrave H. and Met. Police at Wimbledon and Surrey W.C. holding their "Selsdon Cup" 6 Miles at South Croydon. It will be no surprise if John Webb, Len Duquemin and Paul Nihill lead home the respective fields. For those hardy souls who race on Boxing Day, there is the usual Belgrave H. 3M Track Handicap at Battersea Park, the Surrey W.C. "Christmas Cup" 6 Miles at South Croydon and the Brighton Labour Club Walks.

May I take this opportunity of wishing the Editor, his staff, the Race Walking fraternity, and all readers of "AW" a Happy Christmas and a Healthy New Year.

Colin Young

**GREETINGS TO ALL  
ROAD RUNNERS  
KENT "20"  
10th MAY 1969**

Details from  
**L. E. Hammill, 107 Langton Way,  
Blackheath, S.E.3.**

**NORTH SURREY LEAGUE****Div. 1 at Wimbledon Common, October 26th**

1. Gerry North (Belgrave) ..... 28.18
2. M. Gowan (Herne Hill H) ..... 28.40
3. D. Smallbone (Mitcham) ..... 28.41
4. B. Collins (Herc-W) 28.42; 5. A. Fairclough (Bel) 28.43; 6. D. Holt (HW) 28.44; 7. K. Diprose (Bel) 29.04; 8. M. Goerke (Rane) 29.06; 9. D. Manning (Mit) 29.07; 10. J. Thresher (Bel) 29.10; 11. S. Badgery (Mit) 29.11; 12. L. Mann (Bel) 29.18; 13. R. Piotrowski (Bel) 29.19; 14. F. Stebbings (Croy) 29.21; 15. L. Duke (Rane) 29.23; 16. P. O'Connor (Bel) 29.24; 17. J. Forrest (Rane) 29.31; 18. Geoff North (Bel) 29.32; 19. A. Major (Bel) 29.39; 20. N. Hennings (Walt) 29.39. 150 started. **Teams:** 1, Belgrave; 2, Hercules-Wimbledon; 3, Mitcham (Thanks to Barry Collins for results).

**JUMPING DECATHLON**

The Essex Beagles "jumping decathlon" at Barking on December 1st was won by Tony Wadhams with 835 points (per Loughborough College scoring tables), with Peter Drew 2nd with 831, Tony Rush 3rd with 747 and Richard Vincent (15) 4th with 682. Essex Beagles are holding a second jumping decathlon at Mayesbrook Park on January 12th (10 a.m.); entries to M. D. Green, 66 Rushdon Close, Hogg Lane, Grays, Essex. Tony Wadhams and Peter Drew are challenging any two internationals to better their combined score of 1666 points and expect to add at least another 20 points to their total on January 12th.

**SHIN SORENESS**

An investigation is being held into the cause of shin soreness, the results of which when analysed might give an indication as to how future prevention can be effected. Would all athletes who have suffered from this injury and wish to help cure it please send for a questionnaire, enclosing an SAE, to "Shins," 1 Sunningdale Ave., Hanworth, Middx.

Feltham AC officers: chairman, C. L. Milton; secretary, C. H. J. Bennett, 162 Clare Road, Stanwell, Staines, Middx.; treasurer, Mrs. R. Hamlin; fixtures sec. (track), A. Hare, 14 Crossways, Egham, Surrey; fixtures sec. (CC), J. Lane, 58 Kenilworth Road, Ashford, Middx.

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**GO METRIC 1969!** Track Running programmes 800m, 1500m, 3000m arranged for ages: 13 & 14; 15 & 16; 17 +. Details from: **White, 35 Burrard Road, London, N.W.6.** Give age and grade.

# ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. 20s. per s.c. inch, per insertion. 25% series discount to clubs on four or more insertions.

## BRIGHTON & HOVE ATHLETIC CLUB

6th Annual

BOYS 4 x 2 MILES

### CROSS COUNTRY RELAY

At Stanmer Park, Brighton on

**SATURDAY, JANUARY 11th, at 3 p.m.**

Notman Trophy to winning team, medals first 3 teams & individuals, plus fastest first year boy. Entries (7/6 first team, 2/6 others) to Roy Taylor, 103 Thornhill Rise, Portslade, Brighton, BN4, 2YJ, by 30th December.

## MITCHAM ATHLETIC CLUB

18th Annual

### 15 MILE ROAD RACE

(Under A.A.A. Laws)

**SATURDAY, JANUARY 11th, 1969**  
at 2.30 p.m.

From "The Canons," Madeira Road, Mitcham  
Trophies—First Team (3 to score); First Team (6 to score); First Individual; First Newcomer to 15 Miling.

Prizes—First four Individuals; First Veteran; First three Teams. Additional prizes according to entry.

Entries—3/- per individual, 7/6 per team (6 to run, 3 to score) to J. Fitzgerald, 6 Tyers House, Aldington Road, London, S.W.16, by December 28th.



The President

Past Presidents, Vice-Presidents

The Chairman, Council and Officers of  
**THE ROAD RUNNERS CLUB**

*Wish all members and friends the  
Compliments of the Yuletide Season  
and every success and happiness in the  
New Year*

Peter Goodsell,  
Hon. General Secretary,  
10 Honeywood Road,  
Colchester, Essex.

## KENT ATHLETIC CLUB "JUBILEE TROPHY"

Twelfth Annual Youths Cross-Country

Open Team & Individual Race

### "VICE PRESIDENTS TROPHY"

Fifth Annual Boys' Cross-Country

Open Team & Individual Race

**SATURDAY, 18th JANUARY, 1969**

AT SPARROWS DEN,

WEST WICKHAM, KENT.

Entry Fees: 5/- Youths Teams; 3/6 Boys Teams; 1/- Individual. Entries close 4th January, 1969. Full details from C. A. Goddard, 12 Voce Road, Plumstead, S.E.18.

## DEVON COUNTY A.A.A. 1969

### CROSS COUNTRY CHAMPIONSHIPS

**SENIORS** (18 or over on 1.9.68) 14.45 hrs. on Saturday, 4th January. 7½ Miles, Team & Ind.

**YOUTHS** (over 16, under 18 on 1.9.68) 14.00 hrs. on Saturday, 4th January. 3½ Miles, Team & Ind.

**JUNIORS** (over 18, under 20 on 1.9.68) 14.45 hrs. on Saturday, 18th January. 5½ Miles, Ind. only.

**BOYS** (over 14, under 16 on 1.9.68) 14.00 hrs. on Saturday, 18th January. 3 Miles, Team & Ind.

All start and finish at Shipway Manor Playing Fields, Torquay, by kind permission of The Headmaster, Torquay Boys' Grammar School. Entries (on AAA forms) with fees to Norman Drew, "Woodside," Redgate Close, Babbacombe, Torquay, by Mon., 30th Dec. and Mon., 13th Jan. respectively. Only one team per club or organisation. Fees: Seniors, 10/- team, 2/- ind.; Juniors, 1/- ind.; Youths, 4/- team, 1/- ind.; Boys, 3/- team, 1/- ind. Teams: Seniors, 9 run, 6 count; Youths & Boys, 4 run, 3 count.

## SUTTON HARRIERS & A.C. (St. Helens) ANNUAL SUTTON ROAD RACES

(Under A.A.A. Laws)

**SATURDAY, 15th MARCH, 1969**

From Green Dragon Hotel,  
Gartons Lane, St. Helens, Lancs.

5th Annual

**BOYS' 2 MILES ROAD RACE, 2.30 p.m.**

For the "West Sutton Ward" Team Trophy  
AWARDS—Plaques first 3 ind. and first 3 teams (4 to score). Entry fees: Teams 5/-, Ind. 1/-.  
Age Limits over 14, under 16 on 1.9.68.

11th Annual

**7 MILES OPEN ROAD RACE, 3.0 p.m.**

For "Geoff Harwood" and

"Roughdale" Trophies

AWARDS—Ind. 1st valued £5, 2nd £3, 3rd £1.  
Team (4 to score) 1st 4 at £2, 2nd 4 at 30/-,  
3rd 4 at £1.

Entries (fees: Team 5/-, Ind. 2/6) on AAA forms to N. Ashcroft, 16 Davids Avenue, Lane Ends, Warrington, by Saturday, 1st March, 1969.

Competitors in team race MUST enter as individuals. Changing at Sutton Manor Colliery.