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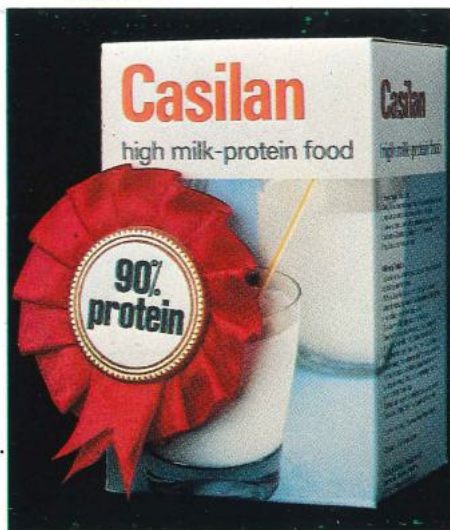
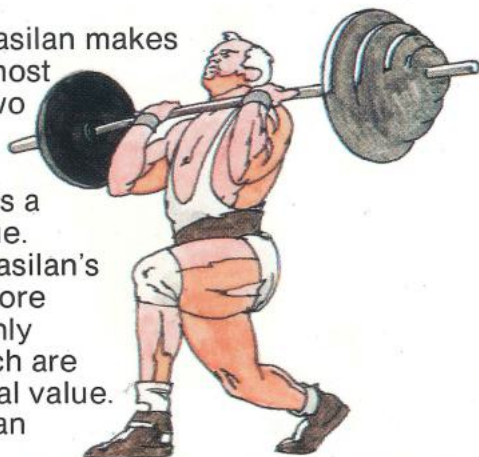
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AUGUST 9th 1980

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FURTHER OLYMPIC COVERAGE

NEXT WEEK ... INCLUDING THE COMPLETE RESULTS

THE WEEK AHEAD

Saturday, August 9th: Southern Women's League; Scottish WAAA Girls and Relay Champs, Coatbridge; Sale Open Meeting, Stretford; Middlesex League Final, Enfield; Grove HS Summer Show '7' and Youths '3½', Wantage; Coventry YA (U/20) Meeting, Leamington Spa; Recro '4', Stoneleigh; Harold Wood Memorial '7¼', Ashton-in-Makerfield; Shaftesbury '10', Copthall; Ian Roberts Memorial Fell/Road Relay, Marsden; Abernethy Highland Games, Nethy Bridge; Brodick Highland Games, Ormedale Park.

Sunday, August 10th: GRE Cups, Semi-finals, Birmingham, Cwmbran, Enfield & Kirkby; Scottish Women's Cup Final, Coatbridge; Blackpool YA Meeting; Stainforth Track Meeting; Notts AC 'Salute to Sport' Meeting, Harvey Hadden Track; Cambridge H Open Track Meeting, Crystal Palace; Bournemouth Pier Race; Lowestoft Carnival '4'; Holbeach '10'; Barnsley '6'; Newcastle Open Marathon; Wenlock Olympian Games; Gloucester Festival Open 7M Walk; Bob Baxter Round, Isle of Man;

Scottish YA League, Scotstoun; Scottish Marathon Club 20km Track Race, Coatbridge; Grampian League, Aberdeen;

Monday, August 11th: Cranham Boundary Chase.

Tuesday, August 12th: Oxford City Graded Meeting, Iffley Road; Stoodley Pike Fell Race, Todmorden.

Wednesday, August 13th: Civil Service Champs, Cwmbran; Southern Open Meeting, Crystal Palace; Highgate Inter-Club 5M Walk, Finsbury Park; Enfield Inter-Club 10km Walk, Enfield.

Thursday, August 14th: IAAF World Champs for Women's 3000m & 400mH (1st day), Sittard.

Friday, August 15th: Women's AAA Champs (1st day), Crystal Palace; IAAF World Champs for Women's 3000m & 400mH (2nd day), Sittard.

COVER PHOTO (By Mike Street)

Steve Ovett, gold medallist in the Olympic 800m and bronze medallist in the 1500m.

Olympic Commentary (Part 2)

By Mel Watman

GOLDEN DAY FOR STEVE AND DALEY

SATURDAY, JULY 26th

SOME PEOPLE are never satisfied! British runners fill first and second places in the Olympic 800m, which for all our glorious tradition in the event has never happened before, and yet I'm left with a feeling of anti-climax. Steve Ovett ran so physical a race that he can consider himself lucky not to have been disqualified; while Seb Coe chose an Olympic final of all occasions to run the most abysmal tactical race of his career. Instead of the full-blooded battle we had been anticipating so excitedly, the race turned out to be an untidy, ill mannered affair won in the modest time of 1:45.4. We didn't see the best of either Ovett or Coe.

Having got that off my chest, and putting aside my reservations about the manner in which Ovett set about clearing a path for himself, I must congratulate Steve on his victory. After much frenzied pushing and shoving earlier in the race, Steve — the supreme **racer** — got himself in the right place at the right time and when he struck for home early in the finishing straight there was never any doubt as to the outcome. Whereas Coe was left floundering in the cut and thrust of an Olympic final, Ovett was absolutely in his element. He has taken time out to break world records recently, but it's man against man that really motivates Steve. Now that he has won an Olympic title, the highest honour of all, one can state with some authority that Steve is the greatest big-time competitor ever to wear the British vest. Just consider his record in major events over the past eight seasons: 1st in 1973 European Junior 800, 2nd in 1974 European 800 (as an 18-year-old), 1st in 1975 European Cup 800, 5th in 1976 Olympic 800 (in 1:45.4 — same time as in Moscow!), 1st in 1977 European Cup and World Cup 1500, 1st in the 1500 and 2nd in the 800 at the 1978 European, 1st in 1980 Olympic 800. What a catalogue of achievement for a man of 24.

Even bearing in mind the lesson of Prague when Seb and Steve's private party was gaterashed by an unwelcome guest, the Moscow final again shaped up as primarily a battle for domestic as well as global supremacy between the

two. How did they see it? Ovett thought he stood a 50-50 chance of winning (he rated his 1500 prospects at 90%). Coe said: "No forecast, but I am as confident as any world record holder should be. I have reached my peak at the right time". Coe told David Miller of the *Daily Express* on the eve of the final: "Fundamentally, the 800 is impossible to plan, to decide in advance how you're going to race. Obviously there's the temptation to go from the gun, and I could probably get away with it, because I'll be as well prepared as I've ever been. Going from the front would keep me clear of barging, pushing, tripping and the risk of being spiked and getting boxed in. But I don't believe those are the tactics tomorrow".

Line-up for the race, watched by over 100,000 spectators was from the inside: Nikolay Kirov (best of 1:45.6), Steve Ovett (1:44.1), Agberto Guimaraes (1:46.0), Detlef Wagenknecht (1:45.9), Dave Warren (1:46.2), Jose Marajo (1:43.9), Andreas Busse (1:44.8) and Seb Coe (1:42.4).

At the break from lanes after 130m it was Guimaraes in front, followed by Kirov. Ovett quickly found himself in trouble as the mass of runners converged ahead of him along the back straight and he unceremoniously pushed Wagenknecht out of his way. The 6'4" tall East German staggered to his right, causing the little Frenchman Marajo to be impeded. Still Ovett couldn't find a gap and a few seconds later he swerved right in front of the luckless Marajo who again had to check. Entering the turn Coe, who had started slowly but kept out of trouble on the outside, was in 6th place and Ovett 7th. The pace was slow as the Brazilian continued to lead, the runners bunched much too tightly for their own comfort. About 40m before the bell Ovett tried to extricate himself from a box by prising himself between Wagenknecht and Kirov. That cheeky manoeuvre failed, for there simply wasn't any space, and at the bell — reached by Guimaraes in a pedestrian 54.55 ahead of Warren and Wagenknecht — Ovett was 6th. Running wide, Coe was dead last in a time of around 55.3.

If Coe had kept in touch with the leaders at this point he might still have been able to steal a



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Steve Ovett

Born in Brighton, 9.10.1955. Height: 1.83/6'0"; Weight: 70kg/154lb. Personal bests: 400 — 47.5, 800 — 1:44.1, 1500 — 3:32.1 (eq world rec), mile — 3:48.8 (world rec), 3000 — 7:41.3, 2M — 8:13.5 (world outdoor best), 5000 — 13:25.0, half marathon — 65.38. Major Champs: 1973 Eur Jnr — 1st 800, 1974 Eur — 2nd 800, 1976 Oly — 5th 800 & semi-finalist 1500, 1978 Eur — 1st 1500, 2nd 800. Annual progression: 1970 — 2:00.0, 1971 — 1:55.3, 1972 — 1:52.5, 1973 — 1:47.3, 1974 — 1:45.8, 1975 — 1:46.1, 1976 — 1:45.4, 1977 — 1:48.3, 1978 — 1:44.1, 1979 — 1:45.0, 1980 — 1:45.4.

march on the opposition, but he remained in last place until it was too late. Up front, Warren made a spirited dash into the lead soon after the bell, taking Kirov with him. Ovett sensed the danger and hared off in pursuit, but inexplicably Coe let the leaders get further ahead. Kirov overtook Warren near the end of the back straight and at 600 he held a 3m lead over Ovett, with Guimaraes and Wagenknecht another 3m back and Coe and Marajo level 5th some 10m behind Kirov.

The Soviet runner, running a fine race, led into the finishing straight but Ovett was poised menacingly at his shoulder — and from that moment the result was inevitable. Ovett, the most fearsome middle-distance competitor since the days of Herb Elliott and Peter Snell, was perfectly poised and he applied full throttle to leave Kirov standing 70m from the finish. He went on to complete the second lap in about 50.5, the last 200 in under 25 sec. So too did Coe but he had left himself far too much to do. Although he moved up from 4th entering the straight to 3rd when he passed the inspired Guimaraes 40m from the end and 2nd as he took Kirov 20m out it was significant that he was making up no ground at all on Ovett in the straight. Splits were: 100 — 12.7, 200 — 26.0 (13.3), 300 — 40.4 (14.4), 400 — 54.6 (14.2), 500 — 1:07.6 (13.0), 600 — 1:20.1 (12.5), 700 — 1:32.6 (12.5), 800 — 1:45.4 (12.8).

Ovett admitted in an ITV interview with Adrian Metcalfe: "If anyone was guilty of doing more than their fair share of pushing, it was probably me. I can be called the worst of the bunch, but I honestly believe that everyone ran a fair race." He explained: "People were wearing half-inch spikes and, if anyone gets close to you, you fend them off because they are dangerous. It looks as if you're pushing everyone everywhere, but it's really a matter of safety precautions".

"I know I threw it away on the second lap", said Coe. "I went into the race feeling I was capable of coping with anything that might be



Steve Ovett setting his mile world record of 3:48.8 at Bislett Stadium.

Bela Domokos

thrown at me, but when they broke I didn't have the speed of thought or movement necessary. Don't ask me why. Some days you perform well, others you don't. I didn't respond when Kirov made the break at the front on the second back straight, and that fatal error cost me the race".

Later in a memorable evening another British athlete struck gold when Daley Thompson fulfilled his destiny: to be Bruce Jenner's successor as Olympic decathlon champion. It was a shame that world record holder Guido Kratschmer was unable to compete but Daley was

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Daley Thompson

Born in London, 30.7.1958. Height: 1.86/6'1"; Weight: 86kg/190lb. Personal bests: 100 — 10.45/10.36w, 200 — 20.88, 400 — 47.30, 1500 — 4:20.3, 110H — 14.37, 400H — 52.6, HJ — 2.11m, PV — 5.00m, LJ — 8.00m & 8.11w, SP — 15.45m, DT — 45.22m, JT — 65.38m, Dec — 8622 (ex-world rec). Major Champs: 1976 Oly — 18th, 1977 Eur Jnr — 1st, 1978 Comm — 1st, 1978 Eur — 2nd. Annual progression: 1975 — 7648, 1976 — 7905, 1977 — 8190, 1978 — 8467, 1979 — no complete decathlon, 1980 — 8622.

in such cracking form that there is little to suggest that the German would have been any more successful against Thompson than was the case when they clashed at Gotzis earlier in the summer.

Daley's overnight lead of 264 points was so substantial an advantage that it was practically impossible for anyone to beat him. Only Thompson himself could do that, but he enjoyed a solid, disaster-free day which gave no hope at all to his opponents. His final winning margin of 164 pts would have been appreciably larger had he wished to push himself to the limit in the 1500m. Instead he took it relatively easy, savouring the delight of an ambition achieved.

Hopes of a world record fizzled out due to the weather. It was pouring in the morning and, after slipping over on the warm-up track, Daley ran the hurdles somewhat cautiously. Instead of the 14.1 he had been hoping for, he had to settle for 14.47 — a tenth slower than in Gotzis but a good, sound performance. He was still ahead of Kratschmer's world record pace — 5449 to 5432 — but fell behind for the first time after the discus. The throwers were doubly handicapped, by a slippery circle as well as greasy implements, and in the circumstances his best of 42.24m was very reasonable. After 7 events Thompson's score was 6178 as against Kratschmer's corresponding 6223 and Daley's own 6148 at Gotzis. More to the point, though, was that his closest challenger Valeriy Katschanov, with a 14.40 hurdles and 46.02m discus, had narrowed the gap to 198 points. Imagine the Russian's frustration as well as pain when he pulled a calf muscle on the runway attempting his opening height (3.60m) in the pole vault. Weeping with disappointment, he was forced to withdraw — a reminder that disaster can strike at any time in two days of decathlon competition.

All went well for Daley, happily. Coming in lower than usual for safety's sake, he vaulted well and was easily over 4.70m before failing at 4.80. His score was now 7159 (Kratschmer 7180) and his lead over second-placer Yuriy Kutsenko a resounding 326 pts. Kutsenko followed up his 4.90 vault with a good javelin throw of 68.08m to

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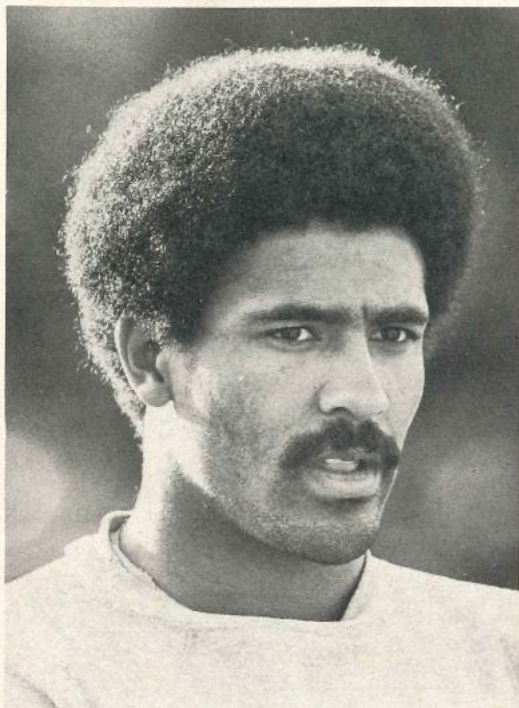
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OLYMPIC CHAMPION AT 21



DALEY THOMPSON

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George Herringshaw

narrow the gap to 280 pts, Daley throwing a solid 64.16 for a 9-event score of 7970 — 49 short of Kratschmer at that stage. A world record was still a possibility, but it would need a formidable personal best of 4:17.2. But victory was certain as long as Daley broke 5 minutes. Understandably, instead of risking blowing up in pursuit of the world record he settled for a steady run at the back, taking 4:39.9 far behind Kutsenko's 4:22.6. Four days before his 22nd birthday, Daley Thompson was Olympic champion with a score of 8495 — the fifth highest total in history. Kutsenko finished a worthy runner-up with a lifetime best of 8333, and consistent Brad McStravick gained invaluable experience while placing 15th with 7616.

Daley confirmed afterwards that, despite the prospect of attractive offers to cash in on his fame, he would continue in athletics. "I love this game. I really do love every minute of it. I intend to compete in the next two Olympics. No decathlete has ever won three golds so I couldn't wish for a better incentive. I won't even be 30 at the 1988 Games. Why stop doing something that's fun?"

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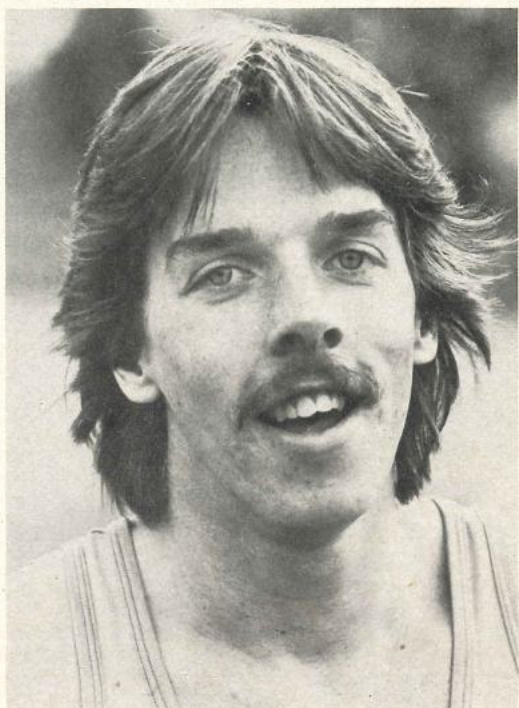
Volker Beck

Born on 30.6.1956. Height: 1.91/6'3"; Weight: 84kg/184lb. Personal bests: 400 — 45.50, 400H — 48.58. Major Champs: 1975 Eur Jnr — 2nd. Annual progression: 1971 — 42.2 (300H), 1972 — 40.4 (300H), 1973 — 55.3, 1974 — 52.5, 1975 — 51.44, 1976 — 49.74, 1977 — 48.83, 1978 — injured, 1979 — 48.58, 1980 — 48.70.

It was a remarkable day for British athletics, the most notable in our entire Olympic history. Two golds and a silver . . . and that's not all, for Gary Oakes reached undreamt of heights in the 400 hurdles final. He had done well enough even to reach that stage and, as he said, "I was hoping to come fifth or sixth". As it turned out, he gained the bronze medal after removing no less than half a second from his previous best ever time! "To come third is out of this world", he remarked with a blissful smile. It's what the Olympics are all about in terms of competition: some athletes fold under the pressure, others respond to the stimulus.

To put things in perspective, had the Americans, Germans and Kenyans been running Oakes might not have made the final at all and certainly wouldn't have come away with a medal. But, by any standards, his was an inspiring breakthrough. It's true that Geoff Capes dreamed that Gary would win the bronze, but who could have predicted that the 21-year-old Haringey runner, ranked 8th (49.60) among those competing in the Games, would have finished barely three metres down on the winner and a stride behind the silver medallist. Oakes gave it everything from start to finish. Drawn in the inside lane, with the favourites Vasilii Arkhipenko in lane 2 and Volker Beck in lane 8, Oakes got to the first hurdle in front and at halfway he was narrowly ahead of Beck with Arkhipenko 3rd. It wasn't until they turned into the straight that Oakes was passed and even then he kept hammering away in amazing fashion. Arkhipenko led over the final hurdle but Beck's superior flat speed carried him to victory in

Gary reaches the heights

**Gary Oakes — an inspiration to the team**

Mike Street

48.70, which was just outside his personal best. Arkhipenko lunged despairingly as he caught sight of Beck forging ahead and sprawled over the line for the silver and Oakes finished in 49.11.

Earlier, Gary had watched his fiancée, Heather Hunte, finish last in the 100m final. Lacking the drive which marked her sprinting early in the season, Heather faded markedly in the second half of the race, leaving Kathy Smallwood (slowest away of the eight runners) to achieve the distinction of filling 6th place, the highest by a British girl in this event since Dorothy Hyman's silver medal 20 years ago. Much to her distress, Commonwealth champion Sonia Lannaman narrowly failed to reach the final, losing out by 2/100ths of a second.

Lyudmila Kondratyeva added to the favourable impression she had created in the previous day's heats when in the semi-final she stormed through to pass the customarily fast-starting Marlies Gohr in 11.11. The final followed a different pattern. For once, Gohr — world record holder at 10.88 and credited just recently with a windy 10.79 — was away poorly. Perhaps her blocks slipped, for her reaction time from the flash of the gun to the moment she

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pressed back on the blocks was quite quick at 139/1000ths of a second. Fastest were Ingrid Auerswald at 126/1000ths and Romy Muller 127, with Heather Hunte at 139, Linda Haglund 148, Lyudmila Kondratyeva 155, Chantal Rega 157 and Kathy Smallwood 163. Those figures tell only part of the story, though, for Haglund and Kondratyeva were much faster into their running than Gohr and Muller. At halfway Gohr was only 4th as Haglund led from Kondratyeva. The Swede (an indoor 60m specialist) faded as expected from 80m onwards, leaving Kondratyeva out in front, with Gohr making a mighty effort to catch up. She very nearly made it, losing by 1/100th as the stylish Soviet runner tied her authentic best of 11.06 though there is talk of her suspicious 10.87 being forwarded for ratification after all.

So Marlies Gohr, who apart from her World Cup defeat by Evelyn Ashford has dominated the 100m scene for the past three years, found the biggest prize of all eluding her. She has had cause to take note of Kondratyeva before, for it was Lyudmila who unexpectedly pipped her for the European 200m title in Prague and defeated her again over 200 in last year's European Cup. Marlies attributed her defeat to the fact that her rival's nerves were stronger on the day.

Whether or not she has truly run 10.87, Kondratyeva has blossomed forth this year as a very fine 100m runner indeed. Previously she was a 200m specialist; over 100m she had placed only

Lyudmila Kondratyeva

Born on 11.4.1958. Height: 1.68/5'6"; Weight: 56kg/123lb. Personal bests: 100 — 11.06, 200 — 22.33, 400 — 52.9, LJ — 6.31m. Major Champs: 1975 Eur Jnr — 4th 200, 1978 Eur — 1st 200 & 6th 100, 1980 Eur Ind — 3rd 60. Annual progression: 1970 — 13.6, 1971 — 12.4, 1972 — 12.1, 1973 — 11.5n 1974 — 11.81, 1975 — 11.6, 1976 — 11.72, 1977 — 11.3, 1978 — 11.35, 1979 — 11.15, 1980 — 11.06.

6th in Prague and 4th in the World Cup. Her official best time prior to the Games was 11.15 (11.21 in 1980). This past winter she worked hard to correct a fault in her technique and she has certainly reaped the benefit. A couple of weeks before the Games there was some doubt as to whether she would recover in time from an injury. The leg held out — just — for she was in trouble at the finish of the 100 final and had to scratch from the 200.

Lyudmila has an interesting background. Her first recorded athletic achievement was winning a 500m cross-country race, then she turned to the high jump with some success as a 14-year-old, and the following season gained her Master of Sport award in the long jump (her best is 6.31m) and 100m. That same year (1973) she scored 4051 for the pentathlon with marks of 14.2, 11.90m.

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Lyudmila Kondratyeva wins European 200 title

Mark Shearman

1.60m, 5.72m and 24.8. "I was good enough in many events", she reflects, "but did not excel in any of them". She took up sprinting seriously in 1975 and her coach at the time, Valeriy Sokovnin, said of her: "Her talent was abundantly clear. She seemed to be a compressed spring prepared for instantaneous action. Any coach dreams of such athletes". Sokovnin increased her training load considerably, with the accent on speed endurance, and as Lyudmila's back was not up to weight training her resistance work consisted of running in water, on sandy beaches and up hills.

The East Germans suffered another reverse in the high jump where 1976 champion Rosi Ackermann, who hasn't recaptured her best form this season, was relegated to 4th place. The title went to Sara Simeoni, a victory which gratified all — like myself — who have over the years admired her ability, grace and personality, and were hoping she would crown her career in this manner. For so long Sara had to play second fiddle to Rosi, even though the first time their paths crossed in major championship competition — at the 1972 Olympics — Sara (then 19) placed 6th and Rosi (20) 7th, both at 1.85m. At the 1974 European, 1976 Olympics and 1977 World Cup the East German straddler reigned supreme, but Sara persevered and in her great 1978 season the Italian flopper at last came

Sara Simeoni

Born on 19.4.1953. Height: 1.77/5'9¾"; Weight: 60kg/132lb. Best mark: HJ: — 2.01m (world rec). Major Champs: 1970 Eur Jnr — 5th, 1971 Eur — 9th, 1972 Oly — 6th, 1974 Eur — 3rd, 1976 Oly — 2nd, 1977 Eur Ind — 1st, 1978 Eur Ind — 1st, 1978 Eur — 1st. Annual progression: 1965 — 1.25, 1966 — 1.45, 1967 — 1.48, 1968 — 1.55, 1969 — 1.65, 1970 — 1.75, 1971 — 1.80, 1972 — 1.85, 1973 — 1.86, 1974 — 1.90, 1975 — 1.89, 1976 — 1.91, 1977 — 1.93, 1978 — 2.01, 1979 — 1.98, 1980 — 1.98.

into her own by raising the world record to a fabulous 2.01m and winning the European title. Rosi wasn't ready to concede, despite operations on both achilles tendons, and last year beat Sara in the European Cup, though both were beaten in the World Cup by Debbie Brill whose enforced absence from Moscow cast a shadow over the proceedings.

In this their final major championship clash Ackermann found herself out of the medals for the first time since Munich. She was unable to clear 1.94m, whereas Simeoni, Urszula Kielan and Jutta Kirst succeeded. It was a contest of very high standard, for seven girls were still in the competition with the bar at 1.94. The other three, all of whom failed, were Marina Sysoyeva, who holds the world 'differential' record for women (1.67/5'5¾" tall, she has cleared 1.93/6'4"), the tall Australian Chris Stanton (née Annison) and Andrea Reichstein. Earlier, Louise Miller was furious with herself for failing to clear 1.88, but she had done well to make the final and it was all good experience for a girl still serving her international apprenticeship. However, Louise wasn't as heartbroken as Andrea Matay whose whole world seemed to disintegrate when at her final try at 1.88 the bar followed her down. At times like that it is difficult for an athlete to accept that it's all just a sport . . . and of course in all too many cases these days it isn't. Particularly in Eastern Europe, athletic success

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World record holder Ferenc Paragi led the javelin qualifiers with a throw of 88.76m, but an Olympic jinx was to strike again in the final next day.

Mike Street

earns special privileges — which can be withdrawn in the event of conspicuous failure.

Sara Simeoni clinched the title when she alone of the surviving trio managed to jumped 1.97 (2nd attempt) and she brought the contest, and in effect her career, to an end with three unavailing tries at a world record of 2.02. After 15 years in the sport, starting off with a best of 1.25m as a 12-year-old, Sara intends to retire and get married, although there is bound to be pressure put on her to continue for one more year in order to compete in the World Cup in Rome. The silver medal went to Kielan, at 19 the youngest finalist, and the bronze to Kirst whose coach Klaus Beer was the runner-up to Bob Beamon in Mexico City.

There was another disappointment for British javelin throwing, which until these Games had been enjoying a momentous season, when Dave Ottley failed to qualify for the final. A modest throw of 78.74m would have been sufficient but Ottley fell short at 77.20. A more notable casualty though was Detlef Michel, 3rd ranked with 90.98 this season but reduced to 78.34.

Ferenc Paragi led the qualifiers, who included among their number one revelation: Justice Arop (23) of Uganda, whose pre-1980 best was 76.94. He popped one out to 82.68!

Fellow East African, Filbert Bayi, clocked the fastest time of 8:21.4 in the first round of the steeplechase. The other two heats were won in much slower time, and it was surprising to see Bayi running so hard from the front when he, of all people, needed to conserve energy with the 1500m to come as well. For the first time a semi-final round was being staged for the steeplechase, but one questions the necessity. Of the 31 runners, 24 were allowed through to the semis with Tony Staynings (who wasn't quite with it after a panic when he found he had left his competitor's vest at the Village) surviving in as slow a time as 8:47.5. It would have been better for the first three in each of the three heats and three fastest losers to have qualified directly to the final.

800 METRES

1, STEVE OVETT 1:45.4; 2, SEB COE 1:45.9; 3, N. Kirov (USSR) 1:46.0; 4, A. Guimaraes (Bra) 1:46.2; 5, A. Busse (GDR) 1:46.9; 6, D. Wagenknecht (GDR) 1:47.0; 7, J. Marajo (Fra) 1:47.3; 8, DAVE WARREN 1:49.3.

3000 METRES STEEPLECHASE

(Heats; 1st 6 & 6 fastest losers to semis) Ht 1: 1, F. Bayi (Tan) 8:21.4; 2, E. Tura (Eth) 8:23.8; 3, B. Maminski (Pol) 8:24.0; 4, W. Konrad (Aut) 8:25.0; 5, F. Sanchez (Spa) 8:27.5; 6, T. Ekblom (Fin) 8:27.8; 7, A. Vorobey (USSR) 8:42.6; 8, TONY STAYNINGS 8:47.5. Ht 2: 1, B. Malinowski (Pol) 8:29.8; 2, D. Moravcik (Cze) 8:33.4; 3, S. Olizaryenko (USSR) 8:34.2; 4, COLIN REITZ 8:35.3; 5, R. Volpi (Ita) 8:35.6; 6, V. Laukkanen (Fin) 8:38.4; 7, P. Copu (Rom)

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8:45.6. **Ht 3:** 1, D. Ramon (Spa) 8:31.9; 2, A. Dimov (USSR) 8:33.2; 3, V. Bichea (Rom) 8:35.4; 4, K. Wesolowski (Pol) 8:35.6; 5, ROGER HACKNEY 8:36.4; 6, G. Gerbi (Ita) 8:37.1; 7, L. Babaci (Alg) 8:38.7; 8, H. Woldetsadik (Eth) 8:41.0; 9, S. Nenov (Bul) 8:43.8.

400 METRES HURDLES

1, V. Beck (GDR) 48.70; 2, V. Arkhipenko (USSR) 48.86; 3, GARY OAKES 49.11; 4, N. Vassiliev (USSR) 49.34; 5, R. Kopitar (Yug) 49.67; 6, H. Toboc (Rom) 49.84; 7, F. Meier (Swi) 50.00; 8, Y. Bratanov (Bul) 56.35.

JAVELIN

Qualifiers: F. Paragi (Hun) 88.76, W. Hanisch (GDR) 85.82, D. Kula (USSR) 85.76, M. Nemeth (Hun) 84.84, A. Puranen (Fin) 84.02, A. Makarov (USSR) 83.32, K. Puuste (USSR) 82.96, J. Arop (Uga) 82.68, A. Aho (Fin) 82.12, P. Sinersaari (Fin) 80.30, D. Fuhrmann (GDR) 78.80, S. Stoikov (Bul) 78.74. **Non-qualifiers:** included DAVE OTTLEY 77.20.

DECATHLON

1, DALEY THOMPSON 8495 (10.62, 8.00, 15.18, 2.08, 48.01, 14.47, 42.24, 4.70, 64.16, 4:39.9); 2, Y. Kutsenko (USSR) 8333 (11.19, 7.74, 14.50, 2.08, 48.67, 15.04, 39.86, 4.90, 68.08, 4:22.6); 3, S. Zhelanov (USSR) 8135 (11.40, 7.60, 14.17, 2.18, 49.27, 14.83, 42.80, 4.60, 57.30, 4:27.5); 4, G. Werthner (Aut) 8050;

5, J. Zeilbauer (Aut) 8007; 6, D. Ludwig (Pol) 7978; 7, A. Andonov (Bul) 7927; 8, S. Grummt (GDR) 7892... 15, BRAD McSTRAVICK 7616 (10.97, 6.74, 13.53, 1.91, 48.80, 15.23, 39.46, 4.30, 57.98, 4:31.0).

WOMEN

100 METRES

(Semis; 1st 4 to final) Ht 1: 1, R. Muller (GDR) 11.22; 2, I. Auerswald (GDR) 11.27; 3, KATHY SMALLWOOD 11.30; 4, HEATHER HUNTE 11.36; 5, V. Anisimova (USSR) 11.51; 6, E. Sulter (Fra) 11.63; 7, M. Chichkova (Bul) 11.65; 8, L. Beckles (Fra) 11.70. **Ht 2:** 1, L. Kondratyeva (USSR) 11.11; 2, M. Gohr (GDR) 11.18; 3, L. Haglund (Swe) 11.36; 4, C. Rega (Fra) 11.36; 5, SONIA LANNAMAN 11.38; 6, N. Botchina (USSR) 11.38; 7, S. Popova (Bul) 11.40; 8, D. Boyd (Aus) 11.44.

Final: 1, Kondratyeva 11.06; 2, Gohr 11.07; 3, Auerswald 11.14; 4, Haglund 11.16; 5, Muller 11.16; 6, SMALLWOOD 11.28; 7, Rega 11.32; 8, HUNTE 11.34.

HIGH JUMP

1, S. Simeoni (Ita) 1.97 (**Olympic rec**); 2, U. Kielan (Pol) 1.94; 3, J. Kirst (GDR) 1.94; 4, R. Ackermann (GDR) 1.91; 5, M. Sysoyeva (USSR) 1.91; 6 eq, A. Reichstein (GDR) & C. Stanton (Aus) 1.91; 8, C. Popa (Rom) 1.88... 11, LOUISE MILLER 1.85.

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OLIZARYENKO FRONT-RUNS 1:53.5 800

SUNDAY, JULY 27th

NO BRITISH MEDALS this time, but another pulsating day's athletics highlighted by a fantastic world record of 1:53.5 in the women's 800m by Nadyezhda Olizaryenko (née Mushta) and an absorbing 10,000 deservedly won by Miruts Yifter. The other golds went to Thomas Munkelt in the high hurdles and, less expected, to Dainis Kula in the javelin. With neither Brendan Foster nor Mike McLeod able to produce their best form, and with no involvement in the other three finals, the best moment for British supporters came when Linsey Macdonald qualified from her 400m semi... at 16 the youngest UK athlete ever to reach an Olympic track final.

Nadyezhda Olizaryenko (26), whose husband ran in the steeplechase at these Games, has been around a good few years. She first made the USSR team as a 400m runner as long ago as 1970 and emerged on the fringe of world class at 800m in 1977 when she ran 1:59.8. She made spectacular progress the following season, coming very close to winning the European title — sharing the winning time (1:55.9) of Tatyana Providokhina. She won another silver medal in

the 4x400, covering her lap in 50.39. Last year her top achievements were finishing 2nd in the World Cup and victory in the World Student Games, but it has only been in the last couple of months that she has developed into the most wondrous female two-lapper in history. Having already trimmed Tatyana Kazankina's world record with a 1:54.9 run in June, Nadyezhda entered the competition a clear favourite. She had everything going for her: better basic speed (50.96 400) than any of her rivals and greater endurance (3:56.8 1500).

Seb Coe must have wished he had run his 800 final in like manner. There was no hesitation in Nadyezhda's mind: she knew she could cover the distance faster than anyone else had ever done and felt her surest chance of victory was to run flat out all the way. If anyone could hang on and pass her before the finish, fair enough, but whatever the outcome she would have given 100% on the day. Happily for those of us who still cherish the belief that self-confident front runners can still win big titles as well as set world records, Nadyezhda stuck to her plan. In front at the break from lanes, she was never headed. Running at a fast, even tempo she reached 400 in 56.41, with Gabriella Dorio (the only Westerner in the final) second and the entire field passing

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Nadyezhda Olizaryenko

Born on 28.11.1953. Height: 1.65/5'5";
Weight: 54kg/119lb. Personal bests: 400 —
50.96, 800 — 1:53.5 (world rec), 1500 —
3:56.8. Major Champs: 1978 Eur — 2nd.
Annual progression: 1970 — 2:11.4, 1972
— 2:08.6, 1974 — 2:05.0, 1975 — 2:03.3,
1976 — 2:05.8, 1977 — 1:59.8, 1978 —
1:55.9, 1979 — 1:57.5, 1980 — 1:53.5.

through in under 58 sec. The tall, painfully thin Olga Mineyeva mounted a challenge along the back straight but Olizaryenko held off her compatriot and these two had pulled well clear of the rest of the field by 600. Olizaryenko maintained her searing pace around the final turns, enabling her to hit the straight 5-6m ahead. She never weakened, although the strain could be seen. Adding a 57.01 second lap to the 56.41 opener she crossed the line 10m to the good in a staggering 1:53.42 to take about a second and a half off the previous record. It was a breakthrough comparable to Seb Coe's 1:42.4 last year and the women's 800 record is now (at 11.1 sec slower) closer to the men's than ever before, as the table shows.

First under 2:20	
2:16.8 Radke (Ger)	1928 (1:50.6)
First under 2:15	
2:12.8 Koubkova (Cze)	1934 (1:49.7)
First under 2:10	
2:08.5 Otkalenko (USSR)	1952 (1:46.6)
First under 2:05	
2:04.3 Lysenko (USSR)	1960 (1:45.7)
First under 2:00	
1:59.1 Sin Kim Dan (NK)	1963 (1:44.3)
Subsequent records	
1:58.0 Sin Kim Dan (NK)	1964 (1:44.3)
1:57.5 Zlateva (Bul)	1973 (1:43.7)
1:56.0 Gerassimova (USSR)	1976 (1:43.7)
1:55.0 Kazankina (USSR)	1976 (1:43.5)
1:54.9 Olizaryenko (USSR)	1980 (1:42.4)
1:53.5 Olizaryenko (USSR)	1980 (1:42.4)

For the first time ever in an Olympic women's track event one nation swept the medals: Mineyeva took the silver in 1:54.9, equalling the old world record, and European champion Providokhina the bronze in a personal best of 1:55.5. Interesting to reflect that Mineyeva competed at Crystal Palace last September in that remarkable UK v Russia match, finishing 3rd (2:05.0) in a race won convincingly by Liz Barnes in 2:03.6!

Miruts Yifter has had to wait eight long years for a second crack at the Olympic 10,000 title. The bronze medallist in Munich (in what remains

Spell-Binding 10,000

his fastest time of 27:41.0) behind Lasse Viren and Emiel Puttemans, he lost his chance in Montreal due to the African boycott. He has in succeeding seasons proved himself the most formidable competitor, including crushing 5000/10,000 doubles in both World Cups, but it was the Olympic title he needed to make up for his disappointment of four years ago. Of indeterminate age but believed to be at least 36, Moscow would probably represent his last opportunity for an Olympic track gold. In the meantime, while Yifter's reputation continued to rise, that of double double-Olympic champion Viren waned. He hasn't won a single race of international significance during the past four years, but Viren put that down to injuries and lack of motivation. He would be ready for the Olympics. Could he work his magic yet again? And what of Brendan Foster and Mike McLeod? On their day they could be a match for anyone. The race was full of intriguing possibilities — and it turned out to be a spell-binder.

From 600m onwards, apart from one brief foray by Foster, the Ethiopian trio of Yifter, Mohammed Kedir and Tolosa Kotu dominated the proceedings until the latter stages of the race. They worked as a team, reminiscent of a cycling pursuit formation as each in turn held the lead for a while and then dropped back while another took his place up front. The constant interchange and brusque variation of pace (lap times varied between 70 and 65) must have been most disconcerting for the others in the race. This perpetual surging and slowing, surging and slowing, was eventually to prove too much for all but two of the Africans' opponents.

The halfway point was reached in 14:03.5, Kedir leading from Yifter, Kotu, Viren and McLeod (a few metres behind the leader), with Foster 10th in around 14:06. Within two laps

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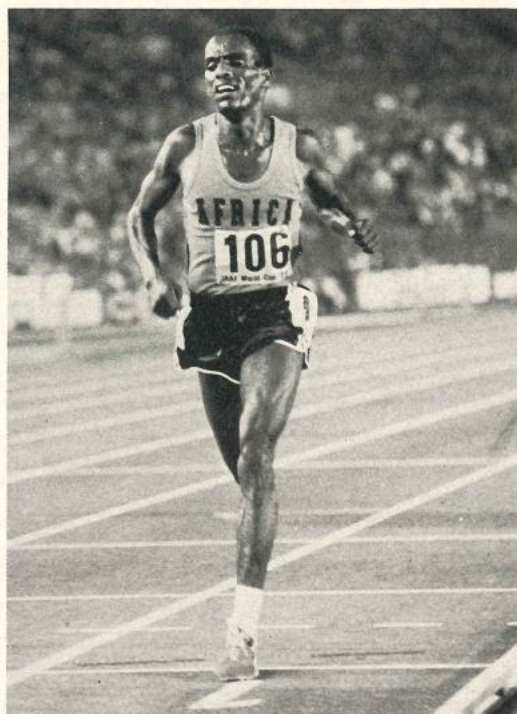
John Hewson (Principal Librarian), Dunfermline College of Physical Education, Cramond Road North, Edinburgh. (Tel 031 336 6001).

Allan Jones (Scottish National Athletics Coach), 8 Frederick St., Edinburgh. (Tel. 031 225 7822).

Foster had dropped out of contention, unable to hang on to the pack of nine runners ahead. For the second Olympics running, stomach trouble had weakened him for the big test — in this case the last major championship of his career.

Having mesmerised their opponents during the relatively slow first half of the race, the Ethiopians now proceeded to hot up the pace. On the 19th lap McLeod, who had been covering every move until then, had to let go, and with five laps remaining only five men were left in the running for medals: the three Ethiopians and two of the Finns — Viren and little known Kaarlo Maaninka, a late addition to the team. Their third man, European champion Martti Vainio, was struggling far back.

The excitement was great as, following a brief spell in front by Maaninka, the great man himself — Viren — took over three laps out. It was uncanny; here he was, looking as majestic and heroic a figure as ever, leading in the Olympic final as it reached towards its climax after having almost been eliminated in the heats. Like Oerter, like Sanyeyev, Viren is a very special Olympian. He continued to lead the procession but without stepping up the pace until just short of the bell, when Kedir slipped past. After Viren came Yifter, Kotu and Maaninka — all of them packed into a space of half a dozen metres or so. Technically it was still anyone's race; realistically it was made to measure for Yifter. He didn't disappoint us. From 300m out he ripped ahead, twinkling along the back straight as he built up an unchallengeable 15m lead. Viren dropped from



MIRUTS YIFTER

Tony Duffy

2nd to 5th in the space of a few strides as the other three chased after Yifter. With 200 to go Kedir held 2nd place and Kotu 3rd, but the inspired Maaninka overtook Kotu on the last bend and Kedir in the straight for a totally unanticipated silver medal.

That final lap of Yifter's took a mere 54.6, the second 5000 covered in a throbbing 13:39.2. The kilometre splits were 2:53.2, 2:49.5, 2:44.7, 2:47.4, 2:48.7, 2:46.2, 2:45.7, 2:48.2, 2:45.9 and 2:33.2, for a winning time of 27:42.7. That was just outside Yifter's personal best but then he has never gone out for fast times in the 10,000; winning is his only concern. The next three finishers ran way inside their previous best:

Miruts Yifter

Born on 15.5.1944 (?). Height: 1.62/5' 4"; Weight: 53kg/117lb. Personal bests: 400 — 48.0, 800 — 1:48.8, 1500 — 3:48.3, 5000 — 13:13.9, 10,000 — 27:41.0. Major Champs: 1972 Oly — 3rd 10,000, 1973 Afr — 1st 10,000 & 2nd 5000, 1979 Afr — 1st 5000 & 10,000. Annual progression: 1971 — 28:53.2, 1972 — 27:41.0, 1973 — 29:04.8, 1974 — 29:57.4, 1975 — 28:09.2, 1976 — 28:26.4, 1977 — 27:50.4, 1979 — 27:44.2, 1980 — 27:42.7.

CROSSWELL, CRYMYCH, DYFED

4th

BECA'S RACE

(Fell Race)

SAT., AUGUST 30th, 1980

6 p.m.

11 CLASSES

TROPHIES VALUED OVER £500

Entries: 50p, before August 25th. Late entries £1.

Further details from: B. Llewellyn, Penfro, Eglwyswrrw, Ctrymych. Tel. 023 979 618/376.

RESERVE THIS DATE

Chiltern Joggers & Chiltern Striders

Third Annual

'AMERSHAM 5'

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, SEPTEMBER 21st

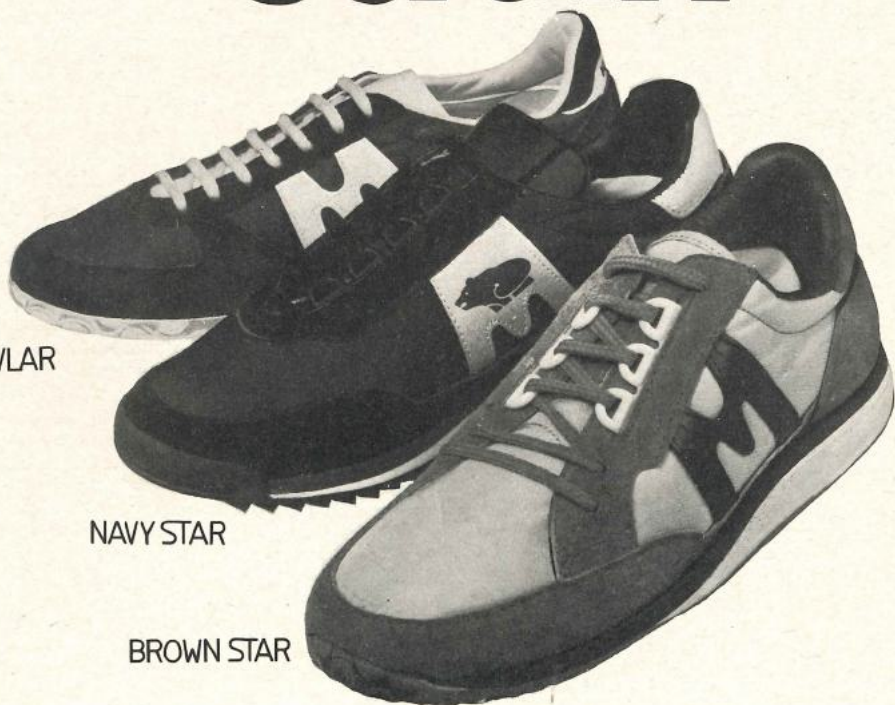
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Fuller details in AW later this month.



KARHU

Take the pain out of strain



KEVLAR

NAVY STAR

BROWN STAR

Maaninka (26) improved from 28:13.6 to 27:44.3, Kadir (26) from 28:04.8 to 27:44.7, and Kotu (30) from 27:55.0 to 27:46.5. As for Viren, just turned 31, he clocked his fastest time since Montreal. He may have lost 50m to Yifter on the last lap but his had been a gallant defence. He remarked later: "I thought I could beat Yifter on the last lap, but I did not run with my head. I should have gone sooner". Yifter's Olympic career is not yet at an end: "I hope now, if the Los Angeles Games take place, to prepare specially for the marathon". It was a pity that Soviet officiousness prevented Yifter from taking a well deserved lap of honour. Instead he was hustled away. Are the Russian authorities still afraid of the 'cult of the individual'?

Foster reversed last year's Golden 10,000 placing with McLeod, but that was scant consolation for finishing 11th. He deserved a more fitting finale than that. As for McLeod, beset by such problems as tight hamstrings and a mild case of shingles prior to the race, he too gave of his best and one cannot ask for more. "It wasn't my day", said Bren. "I should have been among them today, but something went wrong. I felt as good as I have ever done; even the mixed pace suited me. All I can think is that the heat took more out of me than I thought".

The other track final of the day, the 110m hurdles, was almost as close as the 100m — and again it was a Cuban who lost out in a photo finish. The form book suggested the high hurdles would be between European champion Thomas Munkelt and ex-world record holder Alejandro

Thomas Munkelt

Born on 3.8.1952. Height: 1.85/6'0¾"; Weight: 80kg/176lb. Personal bests: 100 — 10.37, 110H — 13.37. Major Champs: 1974 Eur — 4th, 1976 — Oly 5th, 1978 Eur — 1st, 1977/78/79 Eur Ind — 1st. Annual progression: 1971 — 14.5, 1972 — 14.0, 1973 — 13.77, 1974 — 13.72, 1975 — 13.45, 1976 — 13.44, 1977 — 13.37, 1978 — 13.50, 1979 — 13.42, 1980 — 13.39.

Casanas, and so it was. Munkelt, 5th in the 1976 Olympics, held a narrow lead at halfway over surprising Aleksandr Puchkov and Casanas, and that was how it remained until Puchkov lost balance coming off the last hurdle. The Cuban's dynamic run-in took him into 2nd place and to within 1/100th of dental student Munkelt who had, it may be recalled, jokingly predicted "I will drill through the opposition". The East German's time of 13.39 was 2/100ths outside his best. Casanas was deeply unhappy about gaining his second Olympic silver medal. In Montreal a poor start had cost him the race (he clocked 13.33 behind Guy Drut's 13.30) and this time too his closing surge fell just short. Puchkov, European junior champion in 1975, ran the race of his life for the bronze, reducing his personal best 13.50 — set in the semis behind Casanas — to 13.44. The last time Britain had a finalist in this event was 1936 and although both broke 14 sec neither Mark Holtom nor Wilbert Greaves (who clipped or smashed into nine of the hurdles) was able to qualify.

Javelin jinx

The Olympic jinx — let he who leads the javelin qualifiers beware — struck again as it has every time bar once in the past 20-odd years. In 1956 Cy Young (USA) threw farthest in the qualifying round but slumped to 11th in the final. In 1960 top qualifier Janusz Sidlo (Pol) placed 8th; in 1964 Urs von Wartburg (Swi) — now the world veterans record holder — ended up 5th; in 1968 Ake Nilsson (Swe) finished 6th and in 1976 Seppo Hovinen (Fin) was 7th. Only Klaus Wolfermann (Ger), throwing before his home crowd in Munich, kept his nerve and his No. 1 placing in the final. In Moscow the luckless qualifying round leader was none other than world record holder Ferenc Paragi. He would at least have collected a bronze medal if he had been able to reproduce his throw of the previous day, but he couldn't reach even 80m in three tries and missed the 'cut'. It hardly dispelled his reputation as a 'choker' in big competitions; he failed to reach the final in 1976, was 9th in the 1978 European. His colleague Miklos Nemeth, the defending champion, didn't fare much better, placing 8th.

THE GLENLIVET Edinburgh Highland Games



International Athletics

Meadowbank Stadium, Saturday, 23 August 1980

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Stand: Adults £1.25, Children & OAPs 50p

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Doors open 12.30 pm

1st Event 1.15 pm

Tickets on sale at Meadowbank Sports Centre, London Road

Sponsored by The Glenlivet Distillers Ltd

In association with Promoted by City of Edinburgh District Council

It was a rather disappointing competition, with only one throw in the entire contest landing at over 90m. Wolfgang Hanisch, last year's European and World Cup winner, held the lead until the 3rd round with his opening throw of 86.72m . . . at which stage Dainis Kula (USSR), following two fouls, let rip with a big throw. Some observers allege it landed flat and should have been ruled a no-throw (in which case Kula would have taken no further part in the competition) but the judges found the landing acceptable and it was measured at 88.88 for the lead. Confidence restored, Kula made sure of victory with a 4th-round 91.20. His only serious challenger was team-mate Aleksandr Makarov who replaced Hanisch in the silver medal position with 88.04 in the 5th round, improving to a personal best of 89.64 in the 6th. Kula, who finished with two fouls, is a Latvian — like his great hero, Janis Lusis.

In what was otherwise a fairly thin day for the British team after the heady triumphs of the previous 48 hours, spirits were uplifted by the sight of wee Linsey Macdonald (16) winning her way through to the 400m final. She was last or thereabouts as she entered the finishing straight out in lane 7 but she plugged away gamely to be rewarded with 4th place in 51.60. Michelle Probert, who had beaten Linsey last time out over 300, finished 5th in the same semi; while in the other semi Joslyn Hoyte-Smith faded from 4th to 6th in the straight but in the fastest time of the three Britons: 51.47. "I was very happy to come here just to run in the Olympics", said Linsey. "I never expected to get this far. Reaching the final was my gold". A marvellous moment for Linsey, but made poignant by the fact that Irena Szezwinska hobbled in last with an achilles tendon injury after reaching the home straight in what looked like a safe qualifying position. It was a sad ending to the Olympic career of a woman who, in the year Linsey was born (1964), collected a gold and two silvers, and followed up with a gold and bronze in 1968, a bronze in 1972 and that celebrated 400 gold in a world record 49.29 in 1976.

In other track events preliminaries, Allan Wells (with fastest time of 20.59) and Cameron Sharp proceeded to the 200 semis but a lacklustre Mike McFarlane fell by the wayside; all three Britons advanced to the next round of the men's 400 (Alan Bell cutting it fine); Shirley Strong made the 100 hurdles semis but Lorna Boothe didn't.

Dainis Kula

Born on 28.4.1959. Height: 1.91/6'3"; Weight: 93kg/204lb. Personal best: JT — 92.06m. Annual progression: 1976 — 73.38, 1977 — 75.42, 1978 — 80.48, 1979 — 86.04, 1980 — 92.06.

Linsey wins her 'gold'

200 METRES

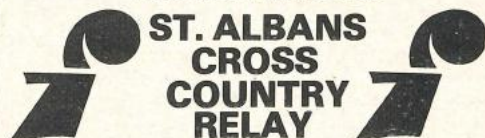
(1st Round; 1st 3 & 5 fastest losers to 2nd Round) Ht 1: 1, CAMERON SHARP 21.51; 2, T. Gonzalez (Cub) 21.64; 3, P. Pavlov (Bul) 21.78. Ht 2: 1, P. Mennea (Ita) 21.26; 2, F. Kiss (Hun) 21.34; 3, O. Prenzler (GDR) 21.35; 4, MIKE McFARLANE 21.43. Ht 3: 1, D. Quarrie (Jam) 20.87; 2, J. Arame (Fra) 21.24; 3, P. Okodogbe (Nig) 21.42; 4, A. Araujo Filho (Bra) 21.49. Ht 4: 1, M. Woronin (Pol) 21.63; 2, I. Nagy (Hun) 21.80; 3, G. Correa (Dom) 22.16. Ht 5: 1, C. Bradford (Jam) 21.17; 2, L. Dunecki (Pol) 21.30; 3, P. Petrov (Bul) 21.59. Ht 6: 1, A. Bruce (Tri) 21.36; 2, ALLAN WELLS 21.57; 3, A. Popovic (Yug) 21.65. Ht 7: 1, J. Gilkes (Guy) 21.07; 2, F. Brecka (Cze) 21.49; 3, B. Hoff (GDR) 21.53; 4, B. Diallo (Sen) 21.56. Ht 8: 1, O. Lara (Cub) 21.06; 2, C. Brathwaite (Tri) 21.13; 3, N. Sidorov (USSR) 21.15; 4, V. Ivanov (Bul) 21.28. Ht 9: 1, S. Leonard (Cub) 20.95; 2, B. Petitbois (Fra) 21.16; 3, P. Correia (Bra) 21.27; 4, Z. Licznarski (Pol) 21.36.

(2nd Round; 1st 4 to semis) Ht 1: 1, Quarrie 20.89; 2, Woronin 20.97; 3, Lara 21.01; 4, Kiss 21.24. Elim: 1, McFARLANE 21.33. Ht 2: 1, Leonard 20.93; 2, Arame 20.95; 3, Hoff 20.96; 4, SHARP 21.16. Ht 3: 1, WELLS 20.59; 2, Gilkes 20.83; 3, Okodogbe 20.89; 4, Prenzler 20.89. Ht 4: 1, Mennea 20.60; 2, Sidorov 20.83; 3, Dunecki 20.87; 4, Bruce 20.94.

400 METRES

(1st Round; 1st 4 to 2nd Round) Ht 1: 1, DAVID JENKINS 46.67; 2, K. Kolar (Cze) 47.26; 3, F. Demarthon (Fra) 47.43; 4, E. De Leeuw (Bel) 47.59. Ht 2: 1, B. Cameron (Jam) 47.54; 2, D. Dubois (Fra) 47.57; 3, S. Ayoo (Uga) 47.78; 4, C. Lupiya (Zam) 48.49. Ht 3: 1, D. Udo (Nig) 46.48; 2, J. Coombs (Tri) 46.55; 3, R. Mitchell (Aus) 46.63; 4, J. Hansen (Den) 47.01. Ht 4: 1, D. Peynado (Jam) 47.37; 2, A.

VERLEA ATHLETIC CLUB



Sponsored by Flintbarn Ltd
SATURDAY, 20th SEPTEMBER, 1980
Westminster Lodge, Verulamium

6 x 2½ Miles Under A.A.A. Laws

Prizes: First 3 Teams, first 'B' Team, fastest lap.

Entry fee: £1 first Team, 75p others.

Entries to John Kidd, 11 Caernarvon Close, Hemel Hempstead, Herts.

CLOSING DATE 8th SEPTEMBER, 1980

Brijdenbach (Bel) 47.72; 3, A. Stepien (Pol) 47.99; 4, GLEN COHEN 48.35. **Ht 5:** 1, V. Markin (USSR) 46.88; 2, M. Solomon (Tri) 47.24; 3, H. Ezeigbo (Nig) 47.46; 4, J. Borlee (Bel) 47.77. **Ht 6:** 1, J. Alebic (Yug) 47.61; 2, S. Malinverni (Ita) 47.63; 3, I. Stapleton (Jam) 47.97; 4, H. Nsayyif (Iraq) 48.03. **Ht 7:** 1, F. Schaffer (GDR) 46.13; 2, V. Burakov (USSR) 46.41; 3, A. Juantorena (Cub) 46.69; 4, R. Tozzi (Ita) 47.01. **Ht 8:** 1, N. Chernetskiy (USSR) 47.04; 2, M. Zuliani (Ita) 47.16; 3, M. Klarenbeek (Hol) 47.37; 4, ALAN BELL 47.38.

10,000 METRES

1, M. Yifter (Eth) 27:42.7; 2, K. Maaninka (Fin) 27:44.3; 3, M. Kedir (Eth) 27:44.7; 4, T. Kotu (Eth) 27:46.5; 5, L. Viren (Fin) 27:50.5; 6, J. Peter (GDR) 28:05.6; 7, W. Schildhauer (GDR) 28:11.0; 8, E. Sellik (USSR) 28:13.8; 9, W. Scott (Aus) 28:15.1; 10, I. Floroiu (Rom) 28:16.3; 11, BRENDAN FOSTER 28:22.6; 12, MIKE McLEOD 28:40.8; 13, M. Vainio (Fin) 28:46.3; 14, G. Tebroke (Hol) 28:50.1.

110 METRES HURDLES

(Semis; 1st 4 to final) **Ht 1:** 1, A. Casanas (Cub) 13.44; 2, A. Puchkov (USSR) 13.50; 3, Y. Chervanyov (USSR) 13.78; 4, J. Moracho (Spa) 13.80; 5, T. Dittrich (GDR) 13.90; 6, WILBERT GREAVES 13.98; 7, B. Pisek (Yug) 14.16; 8, A. Schliske (GDR) 14.60. **Ht 2:** 1, T. Munkelt (GDR) 13.49; 2, A. Prokofiev (USSR) 13.59; 3, A. Bryggare (Fin) 13.78; 4, J. Pusty (Pol) 13.81; 5, MARK HOLTOM 13.94; 6, P. Krastev (Bul) 13.99; 7, C. Sala (Spa) 14.00; 8, P. Vukicevic (Yug) 14.12.

Final: (+0.86m) 1, Munkelt 13.39; 2, Casanas 13.40; 3, Puchkov 13.44; 4, Prokofiev 13.49; 5, Pusty 13.68; 6, Bryggare 13.76; 7, Moracho 13.78; 8, Chervanyov 15.80.

LONG JUMP

Qualifiers: F. Paschek (GDR) 8.17; L.

Dombrowski (GDR) 8.17, S. Jaskulka (Pol) 8.07, V. Podluzhnyi (USSR) 8.02, V. Belskiy (USSR) 8.01, R. Bernhard (Swi) 7.98, A. Corgos (Spa) 7.96, L. Szalma (Hun) 7.91, P. Deroche (Fra) 7.90, Yanav (Bul) 7.84, Elegbede (Nig) 7.82, J. C. de Oliveira (Bra) 7.78.

DISCUS

Qualifiers: 1, Bugar (Cze) 65.08, V. Rashchupkin (USSR) 64.78, L. Delis (Cub) 64.20, I. Duginets (USSR) 63.10, Y. Dumshev (USSR) 62.82; K. Gardenkrans (Swe) 62.58, E. Vladimirov (Bul) 62.50, W. Schmidt (GDR) 62.46, M. Tuokko (Fin) 62.14, V. Velev (Bul) 61.30, Santa Cruz (Cub) 60.14, H. Hossfeld (GDR) 59.92.

JAVELIN

1, D. Kula (USSR) 91.20; 2, A. Makarov (USSR) 89.64; 3, W. Hanisch (GDR) 86.72; 4, K. Puuste (USSR) 86.10; 5, A. Puranen (Fin) 85.12; 6, P. Sinersaari (Fin) 84.34; 7, D. Fuhrmann (GDR) 83.50; 8, M. Nemeth (Hun) 82.40; 9, A. Aho (Fin) 80.58; 10, F. Paragi (Hun) 79.52.

WOMEN

400 METRES

(Semis; 1st 4 to final) **Ht 1:** 1, M. Koch (GDR) 50.57; 2, G. Lowe (GDR) 50.85; 3, P. Haggman (Fin) 51.02; 4, N. Zyuskova (USSR) 51.12; 5, L. Chernova (USSR) 51.30; 6, JOSLYN HOYTE-SMITH 51.47; 7, M. Dunecka (Pol) 51.93; 8, R. Stamenova (Bul) 52.96. **Ht 2:** 1, C. Lathan (GDR) 50.16; 2, I. Nazarova (USSR) 50.18; 3, J. Kratochvilova (Cze) 50.79; 4, LINSEY MACDONALD 51.60; 5, MICHELLE PROBERT 51.89; 6, I. Pal (Hun) 51.99; 7, G. Oliszewska (Pol) 52.36; 8, I. Szewinska (Pol) 53.13.

800 METRES

1, N. Olizaryenko (USSR) 1:53.5 (world & Olympic rec); 2, O. Mineyeva (USSR) 1:54.9; 3, T. Providokhina (USSR) 1:55.5; 4, M. Kampfert (GDR) 1:56.3; 5, H. Ullrich (GDR) 1:57.2; 6, J. Januchta (Pol) 1:58.3; 7, N. Shtereva (Bul) 1:58.8; 8, G. Dorio (Ita) 1:59.2.

100 METRES HURDLES

(Heats; 1st 4 & 4 fastest losers to semis) **Ht 1:** 1, V. Komisova (USSR) 12.67; 2, L. Langer (Pol) 12.75; 3, K. Claus (GDR) 12.77; 4, L. Lebeau (Fra) 13.18; 5, X. Siska (Hun) 13.23; 6, Y. Donkova (Bul) 13.24. **Ht 2:** 1, I. Litovchenko (USSR) 12.97; 2, B. Gartz (GDR) 13.06; 3, Z. Bielczyk (Pol) 13.21; 4, SHIRLEY STRONG 13.39; 5, D. Valkova (Bul) 13.66. **Ht 3:** 1, G. Rabsztyn (Pol) 12.72; 2, J. Klier (GDR) 13.03; 3, T. Anisimova (USSR) 13.31; 4, Hm Pihl (Swe) 13.46; 5, L. Elloy (Fra) 13.60. **Elim:** 6, LORNA BOOTHE 13.86.

HORSHAM BLUE STAR HARRIERS

Open Parkland Races

(Under A.A.A. & W.A.A.A. Laws)

**SATURDAY, 13th SEPTEMBER
IN HORSHAM PARK**

Girls (1M)	1.00 pm	Inter Ladies (2M)	2.20 pm
Colts (1½M)	1.15 pm	Snr Ladies (2M)	2.20 pm
Jnr Ladies (1½M)	1.35 pm	Youths (2M)	2.45 pm
Boys (1½M)	2.00 pm	Snr Men (3M)	3.05 pm

Veterans (3 Miles) 3.30 pm

Prizes valued at £25 per race

Please state date of birth with entry — fee 30p per Individual.

Entries to: F. Jordan, The Nook, 56 Swindon Road, Horsham, Sussex. SAE for acknow. Tel. 57246.

ENTRIES CLOSE AUGUST 31st

WELLS SO CLOSE TO SPRINT DOUBLE

MONDAY, JULY 28th

ARCHIE HAHN did it in 1904, Ralph Craig in 1912, Percy Williams in 1928, Eddie Tolan in 1932, Jesse Owens in 1936, Bobby Morrow in 1956 and Valeriy Borzov in 1972. Allan Wells, hoping to become the eighth man to complete an Olympic 100/200 double, didn't quite make it but he joined select company in gaining a gold and a silver in the sprints: Walter Tewksbury (1900), Charley Paddock (1920), Jackson Scholz (1924) and Don Quarrie (1976). The man who snatched the 200m gold medal from him was Pietro Mennea, making up in some style for his demise in the 100. It was a fitting reward for the world record holder who has lost precious few races at the distance since 1977 (one of them was to Wells in last year's European Cup Final) and who has bettered 20.30 more than 40 times! The winning time of 20.19 was merely the ninth fastest of his career whereas Wells smashed the UK record in 2nd place.

The draw was favourable to a big long-striding man like Wells; he was in the gently curving lane 7 with Mennea in his sights in lane 8. Silvio Leonard was drawn in lane 1 and defending champion Don Quarrie in lane 4.

Wells blasted the turn like there was no

tomorrow — and no finishing straight. He ran flat out from the gun, to such effect that he had made up the stagger on Mennea within 50m. Wells turned into the straight with a clear lead over Leonard and Quarrie with Mennea a good three metres behind the Scot. But no man can run a complete 200 at full speed, and it was obvious that Wells would have to weaken at some point short of the finish. Mennea knew that and kept his cool although Wells' broad back must have seemed an awfully long way ahead of him at the start of the straight. The 200 requires a subtle distribution of effort, and the Italian is the *maestro* in this department. As Mennea began to whittle down the gap it was interesting to compare the styles of the two men: Wells the pounder, fighting to keep his form together... Mennea the floater, his light supple stride eating remorselessly into Wells' lead. It was with a about 10m to go that Mennea drew level. Wells made a despairing lunge at the finish line but the greater momentum of Mennea, who did not dip, carried him to victory by 2/100ths of a second. Wells, deserving full credit for his tremendous effort, clocked 20.21 for his second UK record of the Games. That remarkable competitor Don Quarrie, whose career nearly came to an end when he was injured in a car crash last year, edged out Leonard for the bronze with his best

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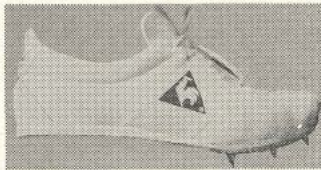
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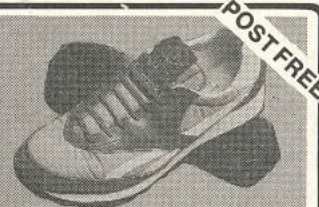
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THEME:
**THE DEVELOPMENT OF
THE YOUNG ATHLETE**

from
10.00 a.m. to 5.00 p.m.
on

**SATURDAY,
OCTOBER 11th, 1980**

to be held at the
**CITY UNIVERSITY,
NORTHAMPTON SQUARE,
ST. JOHN'S ST., LONDON EC1**

PROGRAMME

MALCOLM COOMBER — STAFF COACH
THE TRAINING & PHYSICAL DEVELOPMENT
OF THE YOUNG ATHLETE.

GORDON ADAMS — NAT. COACH
DEMONSTRATION & CONDITIONING EVENT
SKILLS & DRILLS.

HARRY WILSON — NAT. EVENT COACH
STAGE BY STAGE RUNNERS BUILD UP HOW
MUCH FOR HOW OLD GUIDE.

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Tickets: £6.50 including morning coffee, lunch
and tea.

Application:

NAME
ADDRESS

NO. OF TICKETS **AT £6.50**
Cheques made payable to Essex Federation of
Athletic Coaches together with a SAE.



PIETRO MENNEA

Third in 1972 Olympics, 4th in 1976, 1st in 1980.

George Herringshaw

time for three years. Note the ages of the medallists: Mennea and Wells are 28, Quarrie 29.

"I did everything I could do", said Allan, "but the legs let me down. I'm happy to get the gold and silver, and I don't want to take anything away from Mennea but the 100m has always been considered the blue riband by sprinters. To go home with that and a silver as well is just a dream come true. Pietro ran extremely well, but I thought I ran quite well myself".

Pietro Mennea

Born on 28.6.1952. Height: 1.79/5'10½"; Weight: 68kg/150lb.
Personal bests: 100 — 10.01 (Eur rec), 200 — 19.72 (world rec), 400 — 45.87 (& 44.2 in relay). Major Champs: 1971 Eur — 6th 200, 1972 Oly — 3rd 200, 1974 Eur — 1st 200 & 2nd 100, 1976 Oly — 4th 200, 1978 Eur Ind — 1st 400, 1978 Eur — 1st 100 & 200. Annual progression: 1970 — 21.5, 1971 — 20.88, 1972 — 20.30, 1973 — 20.56, 1974 — 20.53, 1975 — 20.23, 1976 — 20.23, 1977 — 20.11, 1978 — 20.16, 1979 — 19.72, 1980 — 20.19.

It had been a difficult season for Mennea. He had to revise his preparation plans when he got injured in March and because of uncertainty until the end of May as to whether Italy would be represented at the Games he found himself short of racing. Full of self doubts he talked about missing the Games altogether. It wasn't until the 200 semis in Moscow that his usual confidence returned. Of the final he said: "It was my hardest race . . . a psychological battle of nerves. I didn't get a good start and when Wells passed me I decided to relax, to save myself for the finish. In the last 50m I found all my speed".

'World record' long jump

There was a world record of sorts in the long jump. No, Bob Beamon's 8.90m (29'2½") remains inviolate, but there are those who feel that in the sprints, hurdles and horizontal jumps there should be separate record lists to differentiate marks made at high altitude with its attendant benefits in those events. On that basis, the world's longest jump at or near sea level was Larry Myricks' 8.52m (27'11½") in the World Cup last year, and it was that performance which was bettered in Moscow. The man responsible was 21-year-old Lutz Dombrowski, whom we featured in 'AW' three issues ago. The East German powerhouse, possessor of the most bulging thigh muscles I've ever seen on a long jumper, kicked his way out to a distance of 8.54, which at 28'0¼" is a distance of some significance to fans who still think in terms of feet and inches. It was, of course, a European record and the number two jump of all time. Dombrowski, whose favourite event is the triple jump, became only the third non-American to win this Olympic title, his predecessors being William Petterson (Swe) in 1920 and Lynn Davies in 1964.

Dombrowski opened with a leap of 8.15 to take the lead and had the gold medal as good as sewn up when he cleared 8.32 in the 2nd round. He fouled his 3rd try, jumped 8.21 in the 4th and produced that 8.54 in the 5th — the wind reading being a legal 0.85m/sec. He finished off with 8.34 for a prodigious series. Team-mate Frank Paschek gained the silver, while the bronze went to veteran campaigner Valeriy Podluzhniy, the 1974 European champion contesting his third Olympics.

Lutz Dombrowski

Born on 25.6.1959. Height: 1.87/6'1½"; Weight: 87kg/191lb. Personal bests: 100 — 10.4, LJ — 8.54m (Eur rec), TJ — 16.61m. Major Champs: 1977 Eur Jnr — 4th TJ. Annual progression: 1971 — 5.46, 1973 — 6.41, 1974 — 6.35, 1975 — 7.13, 1976 — 7.55, 1977 — 7.60, 1978 — injured, 1979 — 8.31, 1980 — 8.54.



MARITA KOCH

Ran the second fastest 400 ever: 48.88.

Mark Shearman

Another East German success came, predictably enough, in the women's 400. The 23-year-old world record holder Marita Koch, who still races in the same spikes she wore at the 1976 Olympics, went out hard, entered the finishing straight with a clear lead and won in 48.88 — the second fastest time ever, topped only by her record 48.60 of last year. Four years after her Montreal disappointment, where an injury forced her to scratch from the semi-finals and kept her

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Marita Koch

Born on 18.2.1957. Height: 1.71/5'7¼"; Weight: 60kg/132lb. Personal bests: 100 — 10.99, 200 — 21.71 (world rec), 400 — 48.60 (world rec). Major Champs: 1975 Eur Jnr — 2nd 400, 1976 Oly — semi finalist 400, 1977 Eur Ind — 1st 400, 1978 Eur — 1st 400, 1979 Eur Ind — 2nd 60. Annual progression: 1972 — 60.3, 1974 — 55.5, 1975 — 51.60, 1976 — 50.19, 1977 — 49.53, 1978 — 48.94, 1979 — 48.60, 1980 — 48.88.

out of the relay team, she had achieved her goal of an Olympic gold medal. Her relief was immense, for having been injured this season she had run 'only' 49.15 prior to the Games and was wary of the opposition. In fact, the standard was the highest ever in this event's history, with Nina Zyuskova clocking a personal best of 50.17 in fifth place. Runner-up, and surprisingly within five metres of Koch, was the very heavily built Jarmila Kratochvilova, whose time of 49.46, which ranks her 3rd on the world all-time list, was quite an improvement over her previous Czech record of 50.51. The bronze went to Christina Lathan (née Brehmer), second to Irena Szewinska in Montreal, clocking her best ever time of 49.66. Clearly, Linsey Macdonald was out of her depth in such company but running in front of nearly 100,000 people in an Olympic final was marvellous experience for a young girl who by 1984 should have developed into one of the world's great 800m runners. It was quite a day for her all round; she learned she had passed eight 'O' level exams ('A' grade) and been named Dunfermline's Citizen of the Year!

The men's discus was another event that looked a good bet for the GDR. World record holder and European champion Wolfgang Schmidt had not been enjoying a vintage season but with his competitive flair he seemed to have a great chance of going one better than his silver medal in Montreal, particularly as the 1976 champion Mac Wilkins wouldn't be competing. But, hampered by a foot injury, Schmidt finished outside the medals. He put up a fight, though, and at one point in an astonishingly fluctuating 4th round he took the lead with 65.64m. Moments later, Imrich Buga, who had given Schmidt a fright at the 1978 European, went ahead with 66.38 — only for little known Viktor Rashchupkin (28) to respond with a timely

Viktor Rashchupkin

Born on 16.10.1951. Height: 1.88/6'2"; Weight: 107kg/235lb. Personal best: DT — 66.64m. Annual progression: 1977 — 61.20, 1978 — 63.32, 1979 — 64.28, 1980 — 66.64.

personal best of 66.64. That proved to be the winning throw, although Mariano Luis Delis of Cuba came close with his final effort of 66.32 which dislodged Schmidt from the bronze medal position. Rashchupkin's previous best of 65.98 in June had ranked him only 8th this year among those competing in Moscow. Those who might have noticed him place 2nd at Crystal Palace last September in the UK v Russia match with a throw of 60.66 could hardly have imagined they were watching the future successor to Al Oerter, Ludvik Danek and Mac Wilkins.

The Russians delivered another surprise package in the women's hurdles. This was expected to be a Polish-East German affair in terms of medals, but Vera Komisova (27) astonished everyone — not least herself — by taking the title in 12.56. Her previous best was 12.67 in the previous day's heats, and before that it was 12.84. Thus she improved by some 2½ metres during the Games! Significantly, she has cut her 100m flat time by a similar margin this season, from 11.53 to 11.26.

Poor Grazyna Rabsztyn, for all her amazing world record runs, looks fated never to win a major championship. Yes, she's collected titles in the European Junior (back in 1970), the European Indoor and the World Student Games,

**GRAZYNA RABSZTYN**

Lost out yet again in a major championship.

Mark Shearman



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Vera Komisova

Born on 11.6.1953. Height: 1.69/5'6½";
Weight: 60kg/132lb. Personal bests: 100 —
11.26, 200 — 23.17, 100H — 12.56.
Annual progression: 1973 — 14.3, 1974 —
13.9, 1976 — 13.45, 1977 — 13.0, 1978 —
13.41, 1979 — 12.87, 1980 — 12.56.

and the winner of both World Cups, but on the occasions which really matter — the Olympics and European Championships — she has come unstuck every time. She was last in both the 1972 Olympic and 1974 European finals, 5th in 1976 and disqualified in 1978. She fared little better this time. She may have lowered the world record this season to 12.36 but that counted for nothing once the gun went. She didn't get a bad start and was running 2nd behind defending champion Johanna Klier up to the 4th flight before fading out of contention to finish 5th in 12.74. Klier (née Schaller) was on course to emulate Shirley Delahunty's feat of retaining a women's hurdles title as she rose first to the penultimate hurdle but Komisova (née Nikitina) was not to be denied. She crossed the final barrier inches ahead and sped to an unheralded victory in a time which ranks her 3rd fastest of all time. The girl immediately above her on that list at 12.44, Lucyna Langer, was clearly delighted to take the bronze. Komisova's only previous international

medal as a hurdler was her bronze in the 1977 World Student Games. She placed only 5th in this year's European Indoor 60m hurdles, won in world record time by Zofia Bielczyk — who finished last in the Moscow final.

It was an astonishing comethrough by Komisova, but no less remarkable was the comeback by Klier who equalled Annelie Ehrhardt's GDR record of 12.59 in 2nd place. She gave birth to a daughter in June 1979 and only resumed training after more than a year's gap last September. She has a handy arrangement with her old rival Annerose Fiedler, who herself had a baby just one week after Johanna. The Turbine sports club in Erfurt bought a double pram for 'the twins' and every morning, for four hours while Johanna gets on with her training, Annerose (who ran 12.89 in 1974) looks after the two babies in a nearby park.

Earlier, in the semi-final won impressively by Rabsztyń in 12.64, Shirley Strong ran right up to form in clocking 13.12 (6/100ths outside her recent UK record) for 5th place. She would have had to crack 13 sec for a qualifying position. Good times were turned in also by the British 200m girls, all of whom went through to the semis with marks inside 23 sec. Kathy Smallwood won her 2nd round heat in very relaxed fashion in 22.95; Bev Goddard (22.97) clocked her fastest legal time away from Mexico City; and Sonia Lannaman ran 22.84 a good five metres down on Natalia Botchina (18), who took the opportunity to register 22.26 for an Olympic and world junior record.

David Jenkins produced two good runs in the 400 to reach the final, winning his quarter-final in 45.99 and placing 3rd in his semi in 45.59 for the fourth fastest time of the round. "Twelve months ago no one would have dreamed of me being in an Olympic final, and neither would I", he commented with some satisfaction. Alan Bell ran a good heat (46.17) but was over two seconds slower in the semis. "I'm just not strong enough for this class of running", he confessed. Glen Cohen never looked like reaching the semi-final stage, which must have been frustrating for Rod Milne and Terry Whitehead over whom Cohen was preferred for the third individual slot. Running in his first meeting for a year and struggling to approach his old form after injuries and operations, Alberto Juantorena had to make up a lot of ground in the straight to qualify — just — for the final and the chance to defend his title.

The British trio in the 5000 made the semis intact, but only Nick Rose got through without problems. Dave Moorcroft, weakened by the tummy trouble that affected many of the British team, was struggling towards the end. "I felt like death out there and I'm very worried about the semi-finals", he said. Barry Smith proceeded as one of the fastest losers. The steeplechase semis were a sad story from the British point of view as

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ROGER HACKNEY

Bob Sly

no one made the final even though Colin Reitz equalled his personal best of 8:29.8 and Roger Hackney was slightly faster at 8:29.2. Tony Staynings — a finalist in Montreal — was a disappointment, trailing far behind after surprisingly leading for the first lap and a half. Filbert Bayi, later to decide to pass up the 1500m in order to concentrate on the steeplechase final, again blazed away to a fast time. Passing the kilometre in 2:42.4 and 2000 in 5:26.8, he hung on for a personal best of 8:16.2, a time shared by Eshetu Tura for an Ethiopian record.

Brian Hooper did himself proud by qualifying for his second Olympic pole vault final. Heights that would normally be routine can prove very difficult in a morning competition, and several notable performers fell by the wayside. Patrick Desrues (5.55 this year) bombed out at his opening height of 5.15, and the even more distinguished Antti Kalliomaki (5.66) and Yuriy Prokhorenko (5.60) came in and went out at 5.35. That was the height which eventually sufficed for entry to the final. It was originally planned to be 5.45 but as only 12 men made 5.35 or 5.40 there was no need to go higher. Hooper cleared 5.15 and 5.25 first time and 5.35 at the second attempt before failing three times at 5.40. The world record holder Philippe Houvion caused some heart-fluttering among the French when he

needed his full quota of tries to get over 5.25 but he subsequently cleared 5.35 at the 2nd attempt and after one failure at 5.40 the qualifying competition was declared at an end.

200 METRES

(Semis; 1st 4 to final) **Ht 1:** 1, S. Leonard (Cub) 20.61; 2, B. Hoff (GDR) 20.69; 3, M. Woronin (Pol) 20.75; 4, ALLAN WELLS 20.75; 5, J. Gilkes (Guy) 20.87; 6, P. Okodogbe (Nig) 21.03; 7, A. Bruce (Tri) 21.16; 8, F. Kiss (Hun) 21.17. **Ht 2:** 1, P. Mennea (Ita) 20.70; 2, D. Quarrie (Jam) 20.76; 3, L. Dunecki (Pol) 20.82; 4, O. Lara (Cub) 20.93; 5, O. Prenzler (GDR) 21.00; 6, J. Arame (Fra) 21.05; 7, N. Sidorov (USSR) 21.17; 8, CAMERON SHARP 21.24.

Final: 1, Mennea 20.19; 2, WELLS 20.21 (UK rec); 3, Quarrie 20.29; 4, Leonard 20.30; 5, Hoff 20.50; 6, Dunecki 20.68; 7, Woronin 20.81; 8, Lara 21.19.

400 METRES

(2nd Round; 1st 4 to semis) **Ht 1:** 1, R. Mitchell (Aus) 45.73; 2, A. Brijdenbach (Bel) 45.88; 3, J. Hansen (Den) 45.89; 4, D. Udo (Nig) 46.18. **Ht 2:** 1, V. Markin (USSR) 45.58; 2, J. Coombs (Tri) 45.81; 3, M. Zuliani (Ita) 45.93; 4, ALAN BELL 46.17. **Ht 3:** 1, F. Schaffer (GDR) 46.15; 2, A. Juantorena (Cub) 46.23; 3, V. Burakov (USSR) 46.23; 4, D. Dubois (Fra) 46.60. **Elim:** 7, GLEN COHEN 47.35. **Ht 4:** 1, DAVID JENKINS

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45.99; 2, M. Solomon (Tri) 46.12; 3, K. Kolar (Cze) 46.27; 4, N. Chernetskiy (USSR) 46.30.

(Semis; 1st 4 to final) **Ht 1:** 1, Brijdenbach 45.46; 2, Mitchell 45.48; 3, JENKINS 45.59; 4, Solomon 45.61; 5, Udo 45.88; 6, Chernetskiy 45.94; 7, Zuliani 46.01; 8, Kolar 46.11. **Ht 2:** 1, Schaffer 45.47; 2, Markin 45.60; 3, Juantorena 45.95; 4, Coombs 45.96; 5, Burakov 45.97; 6, Dubois 46.72; 7, Hansen 47.00; 8, BELL 48.50.

5000 METRES

(Heats; 1st 6 & 6 fastest losers to semis) **Ht 1:** 1, M. Yifter (Eth) 13:44.4; 2, H. Kunze (GDR) 13:44.4; 3, NICK ROSE 13:44.7; 4, J. Treacy (Ire) 13:44.8; 5, A. Hagelsteens (Bel) 13:44.9; 6, A. Fydotkin (USSR) 13:45.6; 7, D. Fitzsimons (Aus) 13:46.4; 8, E. Aquino (Mex) 13:48.9. **Ht 2:** 1, E. Abdenouz (Alg) 13:42.1; 2, M. Kadir (Eth) 13:42.7; 3, V. Abramov (USSR) 13:42.9; 4, E. Puttemans (Bel) 13:43.0; 5, DAVE MOORCROFT 13:43.0; 6, J. Sykora (Cze) 13:43.1; 7, S. Austin (Aus) 13:43.2; 8, M. Vainio (Fin) 13:45.2; 9, Z. Barie (Tan) 13:49.9. **Elim:** 10, M. O'Shea (Ire) 14:03.0. **Ht 3:** 1, M. Ryffel (Swi) 13:45.0; 2, S. Nyambui (Tan) 13:45.4; 3, E. Coghlan (Ire) 13:45.4; 4, D. Millonig (Aut) 13:45.7; 5, Y. Mohammed (Eth) 13:45.8; 6, K. Maaninka (Fin) 13:45.8; 7, BARRY SMITH 13:46.3.

3000 METRES STEEPLECHASE

(Semis; 1st 4 & 4 fastest losers to final) **Ht 1:** 1, F. Bayi (Tan) 8:16.2; 2, E. Tura (Eth) 8:16.2; 3, B. Maminski (Pol) 8:18.8; 4, F. Sanchez (Spa) 8:19.0; 5, A. Dimov (USSR) 8:24.9; 6, L. Babaci (Alg) 8:25.5. **Elim:** 8, COLIN REITZ 8:29.8. **Ht 2:** 1, B. Malinowski (Pol) 8:21.2; 2, D. Ramon (Spa) 8:22.0; 3, V. Bichea (Rom) 8:24.3; 4, T. Ekblom (Fin) 8:24.3; 5, G. Gerbi (Ita) 8:27.2; 6, D. Moravcik (Cze) 8:28.0. **Elim:** 7, ROGER HACKNEY 8:29.2; 11, TONY STAYNINGS 8:52.3.

POLE VAULT

Qualifiers: (at 5.40m) T. Slusarski (Pol), J-M. Bellot (Fra), T. Vigneron (Fra), W. Kozakiewicz (Pol), M. Klimczyk (Pol), M. Zalar (Swe), T. Haapakoski (Fin); (at 5.35) K. Volkov (USSR), S. Kulibaba (USSR), P. Houvion (Fra), R. Pudas (Fin), BRIAN HOOPER.

LONG JUMP

1, L. Dombrowski (GDR) 8.54 (European rec); 2, F. Paschek (GDR) 8.21; 3, V. Podluzhniy (USSR) 8.18; 4, L. Szalma (Hun) 8.13; 5, S. Jaskulka (Pol) 8.13; 6, V. Belskiy (USSR) 8.10; 7, A. Corgos (Spa) 8.09; 8, Y. Yanev (Bul) 8.02.

SHOT

Qualifiers: V. Kisilyev (USSR) 20.72, A. Baryshnikov (USSR) 20.58, V. Milic (Yug) 20.56, R. Stahlberg (Fin) 20.53, A. Yarosh (USSR) 20.19, U. Beyer (GDR) 19.94, H. Jacobi (GDR)

19.92, GEOFF CAPES 19.75, H. Halldorsson (Ice) 19.74, J. Vlk (Cze) 19.69, O. Jakobsson (Ice) 19.66, J. Egger (Swi) 19.61.

DISCUS

1, V. Rashchupkin (USSR) 66.64; 2, I. Bugar (Cze) 66.38; 3, L. Delis (Cub) 66.32; 4, W. Schmidt (GDR) 65.64; 5, Y. Dumshev (USSR) 65.58; 6, I. Duginets (USSR) 64.04; 7, E. Vladimirov (Bul) 63.18; 8, V. Velez (Bul) 63.04.

WOMEN

200 METRES

(1st Round; 1st 3 & 6 fastest losers to 2nd Round) **Ht 1:** 1, R. Muller (GDR) 23.11; 2, L. Panayotova (Bul) 23.17; 3, R. Uba (Nig) 23.36; 4, B. Senglaub (Swi) 23.62. **Ht 2:** 1, J. Pusey (Jam) 23.39; 2, C. Rega (Fra) 23.49; 3, K. Verguts (Bel) 23.89. **Ht 3:** 1, N. Botchina (USSR) 23.28; 2, SONIA LANNAMAN 23.55; 3, I. Orosz (Hun) 23.69; 4, M. Masullo (Ita) 24.00. **Ht 4:** 1, BEV GODDARD (UK) 23.35; 2, D. Boyd (Aus) 23.36; 3, R. Naigre (Fra) 23.50; 4, E. Stachurska (Pol) 23.58. **Ht 5:** 1, L. Maslakova (USSR) 23.49; 2, B. Wockel (GDR) 23.55; 3, L. Haglund (Swe) 23.85; 4, N. Kyomo (Tan) 24.22. **Ht 6:** 1, M. Ottey (Jam) 22.70; 2, KATHY SMALLWOOD 23.15; 3, G. Entcheva (Bul) 23.35; 4, E. Vader (Hol) 23.50; 5, F. Damado (Sen) 24.45.

(2nd Round; 1st 5 & fastest loser to semis) **Ht 1:** 1, SMALLWOOD 22.95; 2, Maslakova 23.24; 3, Panayotova 23.29; 4, Pusey 23.35; 5, Vader 23.67. **Ht 2:** 1, Ottey 22.82; 2, Wockel 22.86; 3, GODDARD 22.97; 4, Rega 23.29; 5, Entcheva 23.37. **Ht 3:** 1, Botchina 22.26 (Olympic & world junior rec); 2, Muller 22.55; 3, LANNAMAN 22.84; 4, Haglund 22.90; 5, Boyd 22.91; 6, Naigre 23.10.

400 METRES

1, M. Koch (GDR) 48.88 (Olympic rec); 2, J. Kratochvilova (Cze) 49.46; 3, C. Lathan (GDR) 49.66; 4, I. Nazarova (USSR) 50.07; 5, N. Zyuskova (USSR) 50.17; 6, C. Lowe (GDR) 51.33; 7, P. Haggman (Fin) 51.35; 8, LINSEY MACDONALD 52.40.

100 METRES HURDLES

(Semis; 1st 4 to final) **Ht 1:** 1, V. Komisova (USSR) 12.78; 2, L. Langer (Pol) 12.91; 3, B. Gartz (GDR) 13.04; 4, Z. Bielczyk (Pol) 13.09; 5, L. Elloy (Fra) 13.33; 6, Y. Donkova (Bul) 13.39; 7, L. Lebeau (Fra) 13.54; 8, H. Pihl (Swe) 13.68. **Ht 2:** 1, G. Rabsztyl (Pol) 12.64; 2, J. Klier (GDR) 12.77; 3, I. Litovchenko (USSR) 12.84; 4, K. Claus (GDR) 12.99; 5, SHIRLEY STRONG 13.12; 6, D. Valkova (Bul) 13.79.

Final: (+0.91m) 1, Komisova 12.56 (Olympic rec); 2, Klier 12.59; 3, Langer 12.65; 4, Claus 12.66; 5, Rabsztyl 12.74; 6, Litovchenko 12.84; 7, Gartz 12.93; 8, Bielczyk 13.08.

KOZAK MAKES HISTORY WITH 5.78m VAULT

WEDNESDAY, JULY 30th

WHAT A YEAR it's been for the pole vault. Dave Roberts' 5.70m clearance in 1976 survived as world record until May 11th when Wladyslaw Kozakiewicz levered himself over 5.72. That was only the start. On June 1st Thierry Vigneron cleared 5.75, a height he duplicated on June 29th, only for the record to pass to another Frenchman, Philippe Houvion, with 5.77 on July 17th. Assuming the IAAF hasn't run out of them yet, Poland's Kozakiewicz will be receiving another world record plaque for his latest exploit in Moscow: 5.78m, which translates tantalisingly enough to 18'11 1/2".

Breaking the world record was just icing on the cake for Kozak; winning the Olympic title was what mattered. The world's most consistently brilliant vaulter over the past few seasons, he badly needed to win a major title to make sure of a prominent place in the event's history. He lost his big chance in 1976 when, as one of the favourites, he was hampered by injury and had the galling experience of watching the title go to a compatriot, Tadeusz Slusarski, who had long been his second string.

It was a grand competition, marred only by the loutish behaviour of some spectators who

whistled (in the sense of jeering) at any vaulter who posed a threat to the Soviet gold medal hope Konstantin Volkov. It was the worst instance of bad sportsmanship at an athletics meeting since Italian fans tried to ruin the concentration of Rosi Ackermann when jumping against Sara Simeoni in the Rome European Championships of 1974. Such attitudes may be the norm at soccer matches, but they have no place in the normally sporting and appreciative ambience of track and field. Eventually, Adriaan Paulen (president of the IAAF) insisted on having an appeal for silence broadcast to the crowd. Another unfair aspect of the contest was the blatant assistance given by Sergey Kulibaba, after his elimination, to team-mate Volkov. There he was, exposed to the world in close-up thanks to a TV director who did not realise the significance of Kulibaba's signs, indicating whether or not the wind was favourable for Volkov to start his approach run. Again the IAAF had to intervene, and Kulibaba was ordered off the field.

An interested spectator on the competitors' bench was Brian Hooper, who acquitted himself with honour by placing 11th in a field which included 11 men who have cleared 5.50 or higher. He made 5.35 on the 3rd attempt and failed at the next height (5.45), which would have been a new

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THE VAN DAMME MEMORIAL

Friday, 22nd August

where the world's best will meet

PRICE £47.50

Coaches depart from Sheffield, Loughborough, Birmingham and London on Thursday afternoon, 21st August. Price includes 5 Star accommodation.

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Brendan Calls It A Day

Brendan Foster has run his last major championship race. He told Norman Fox of 'The Times' in Moscow: 'I had promised myself and my wife that this would be the last big race. I will probably run for the rest of the season but that is it. No more Commonwealth, European, or Olympics for me. Eleven years is long enough,

even though I would have liked to have bowed out with a medal. It's time I had a little private life. In future I shall just run for fun. The eleven years of pressure has been quite enough'. Bren, who is 32, won gold medals in the 1974 European 5000 and 1978 Commonwealth 10,000, silver in the 1974 Commonwealth 5000, and bronze in the 1970 Commonwealth 1500, 1971 European 1500, 1976 Olympic 10,000 and 1978 Commonwealth 5000.

UK record. His placing was the highest by a Briton since Dick Webster tied for 6th in Berlin 44 years ago.

That height of 5.45 witnessed some drama as

Wladyslaw Kozakiewicz

Born on 8.12.1953. Height: 1.87/6'1 3/4"; Weight: 84kg/185lb. Personal bests: PV — 5.78m (world rec), Dec — 7683. Major Champs: 1974 Eur — 2nd, 1975 Eur Ind — 3rd, 1976 Oly — 11th, 1977 Eur Ind — 1st, 1978 Eur — 4th, 1979 Eur Ind — 1st. Annual progression: 1964 — 1.80, 1965 — 2.00, 1966 — 2.40, 1967 — 2.60, 1968 — 2.95, 1969 — 3.85, 1970 — 4.26, 1971 — 4.65, 1972 — 5.02, 1973 — 5.35, 1974 — 5.38, 1975 — 5.60, 1976 — 5.62, 1977 — 5.66, 1978 — 5.62, 1979 — 5.61, 1980 — 5.78.

Kulibaba's pole snapped in mid-vault (he showed no ill-effects as he cleared at the next try) and world record holder Houvion went *under* the bar at his first shot. The competition really hotted up when the bar reached 5.55, already a new Olympic record. Ex-world record holder Vigneron, considered the most suspect of the French trio in view of his scant international experience (and he still hasn't gone higher than 5.45 outside of France), was eliminated but six others either cleared or passed to the next height of 5.60. Four went on to clear 5.65 — Kozakiewicz at the first try; Volkov, Slusarski (equalling his lifetime best) and Houvion at the third. Bellot went out, 5th with 5.60, and Mariusz Klimczyk placed 6th with 5.55.

Kozak was in a strong position, having taken just four jumps (5.35, 5.50, 5.60, 5.65) with no

Continued on page 37

SPRINGFIELDS A.C.

(in association with the K.D.Y.S.A.)

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this year over 6 miles

incorporating the first

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SATURDAY, 6th SEPTEMBER

at 3 p.m.

(Under A.A.A. & W.A.A.A. Laws)

Sponsored by British Nuclear Fuels Ltd.

Prizes: to the value of at least £200 — 1st 10 Individuals, 1st 3 Teams (3 score), 1st 3 Ladies, 1st 3 Vets O/40, 1st Vet O/50.

Modified course starting and finishing at Kirkham Grammar School, where changing facilities are available. (2 miles off M55 between Preston & Blackpool).

Entries to: Dr. K. R. Peters, 17 West Park Lane, Ashton, Preston. Tel: Preston (w) 728262 ext. 8142, (h) Preston 727697. Travel directions and acknow. to all entrants. Cheques/P.O.'s to 'Springfields AC'.

Entry Fee: 50p per Individual (no team fee), by 29th August.

(1979 Winner — B. Smith, Gateshead)

ALSO YOUTHS U/17 RACE

at 2.00 p.m.

Over 3 miles

Entry Fee: 25p.

SALISBURY ATHLETIC CLUB'S

26th Annual

"ROUND THE HOUSES" ROAD RACES

(Under A.A.A. Laws)

SUNDAY, SEPTEMBER 21st, 1980

2.30 p.m.

Senior Men 5 Miles

Start 3.30 p.m.

Young Athletes 3 1/2 Miles

Start 3.00 p.m.

(O/15 and U/18 on 1.9.80)

Boys 2 1/2 Miles

Start 2.30 p.m.

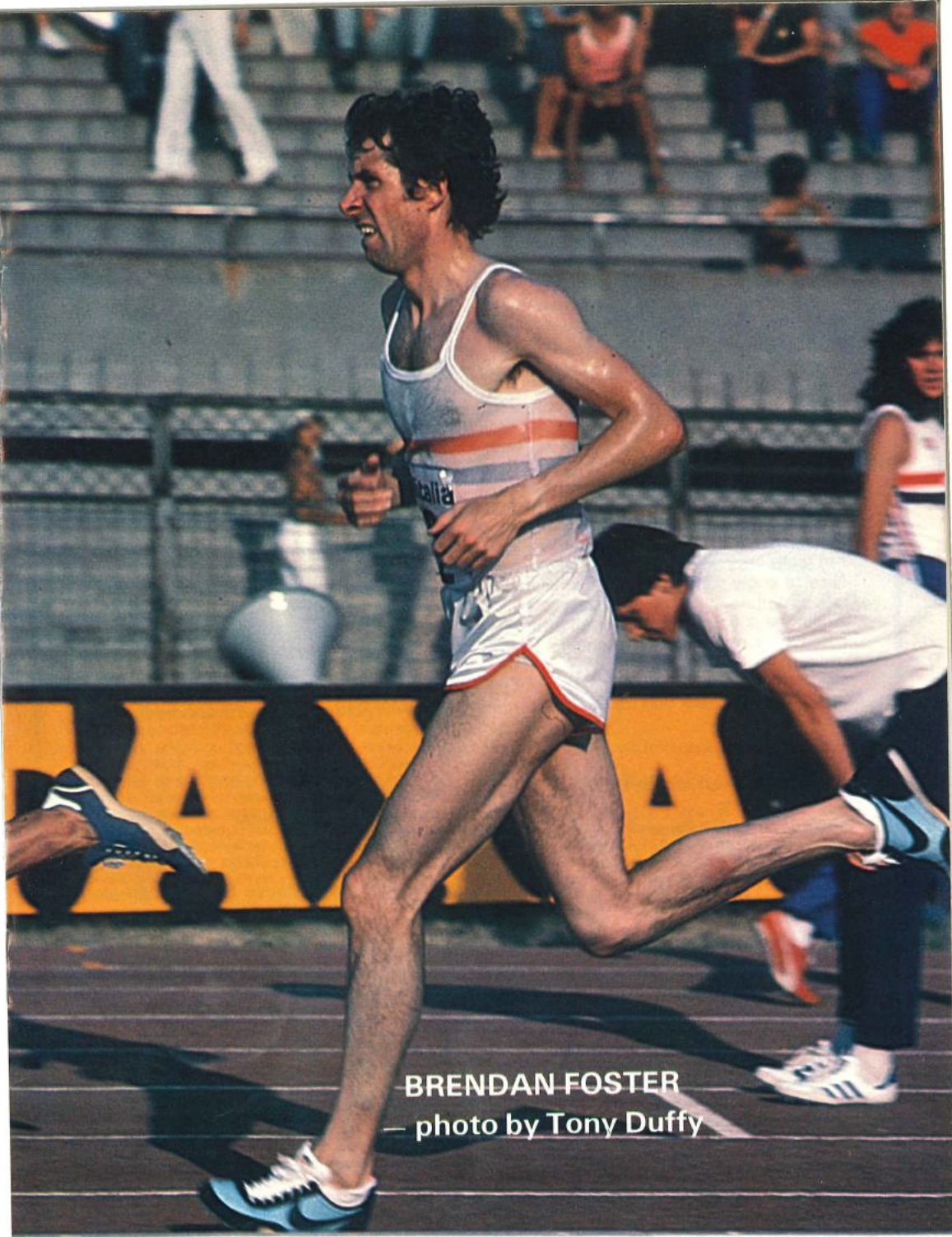
(U/15 on 1.9.80)

AWARDS: Y.A. & Boys — 1st 3 Inds., 1st 3 Teams (3 score). Seniors — 1st 3 Inds., 1st 3 Teams (4 score), 1st 2 Vets, 1st 2 Vets Teams (3 score).

Entries to: H. Fulford, 24 Western Way, Bemerton Heath, Salisbury, Wilts. (Tel. Sal. 21680). By Wednesday, 10th September.

Fees: Seniors 40p Ind., Teams 30p extra. Y.A. & Boys 30p Ind., Teams 30 extra.

Changing and start: New Cattle Market, Ashley Road, Salisbury.



BRENDAN FOSTER
— photo by Tony Duffy

THANKS

FROM

Running Wild®

We are taking out more space this week to say **THANKS**.

Our takings in 1980 up to July 14th are up by 106% compared with the same period in 1979. Yes, more than double! The figures refer to individuals' orders only, not clubs, agents or exports (exports are up by around 200%).

We assume this is a response to our **SQUARE DEAL** policy. Keen prices, monthly special offers, but most of all service. Normal orders are sent by **FIRST CLASS LETTER POST** so that you get your goods fast, and we have 3 runners, Stan Curran (Salford Harriers), Gerry Helme (St. Helen's A.C.) and Julian Leah (Oldham & Royton A.C.) working flat out to make sure your orders catch the post.

"I would like to thank you for your care and attention". I. P., Devon.

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"Nice to know someone who still has a sense of value and who provides excellent service". D. S., Cumbria.

"Again thank you for your prompt attention and first class service". W. O'B., Co. Antrim.

"I find your prices very reasonable and the speed of your delivery first class". J. G. H., Birmingham.

"I would like to congratulate you on your excellent mail order service". C. B., Gibraltar.

"Just a note to thank you for the efficient manner in which you filled my recent order". A. P. K., Dublin.

We also have a van service and we'll see you at the following races:

Harold Wood '7'	Aug. 9th	Stoodley Pike Fell Race	Aug. 12th
Barnoldswick Fell Race	Aug. 17th	Stockport '2-4-6'	Aug. 24th
Saddleworth '6'	Aug. 27th	Salford '7'	Aug. 30th

And don't forget the 'Running Wild' Hollingworth Lake Road Races & Relay, Sunday, 28th September.

We reckon ours is almost a definitive list of running shoes available in the U.K. Take your pick from:

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NIKE

		OUR PRICE		RRP
TAILWIND			6-12	£33.80 (£37.99)
LDVII	5-5½	£21.70	6-12	£24.90
WAFFLE TRAINER II	5-5½	£17.75	6-12	£20.45
WALLY WAFFLE	8-13		kids	£7.55
	1-5½	£8.45	6-7	£9.75 (£10.99)
NYLON ROAD RUNNER	3-5½	£11.60	6-13	£13.30 (£14.99)
LTHR. ROAD RUNNER	4-5½	£13.10	6-12	£15.10 (£16.99)
OCEANIA	3-5½	£9.95	6-12	£11.55 (£12.99)

WALSH

V. RIPPLE	3½-5½	£15.85	6-12	£18.20
STUD			6-12	£17.40

TRAINERS (contd.)

PUMA

		OUR PRICE		RRP
FAST RIDER	4-5½	£20.85	6-12	23.95 (£26.99)
ROCKET	4-5½	£12.35	6-12	£14.20 (£15.99)
JOGGER	4-5½	£10.70	6-10	£12.30 (£12.99)

ADIDAS

SPACE	3½-5½	£19.95	6-12	£22.95 (£24.25)
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MARATHON TRAINING	3½-5½	£19.35	6-12	£22.20 (£24.99)
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SL80	5-5½	£16.95	6-13	£19.55 (£21.99)
ELAN	3-5½	£9.00	6-12	£10.45 (£11.75)

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GAZELLE	3-5½	£15.75	6-12	£18.20	(£20.50)
FAB XC STUD	3-5½	£12.25	6-12	£14.15	(£15.90)

INTER

PREMIER	4-5½	£10.15	6-11	£11.85	(£12.49)
GPR	3-5½	£8.90	6-12	£10.40	(£10.99)
MARATHON	3-5½	£8.90	6-11	£10.40	(£10.99)
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NEW BALANCE

375	5½	£21.70	6-12½	£24.95
XC15	5½	£22.60	6-12½	£25.95
620	5½	£26.04	6-12½	£29.95

TIGER

ARROW	5-5½	£18.80	6-11	£21.60	(£22.75)
MONTREAL III	5-5½	£16.90	6-11	£19.45	(£20.50)
ENDURO	5-5½	£18.55	6-11	£21.35	(£22.50)
PACSETTER	3-5½	£11.05	6-11	£12.70	(£13.40)

KARHU

NAVY STAR			6-11	£20.85	(£21.95)
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GROUNDHOG

3-5	£8.95	6-11	£9.95
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SPIKES**NIKE**

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ELITE			6-13	£24.90	(£27.99)
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TRX. COMP	5-5½	£16.80	6-12	£19.35	(£21.75)

REEBOK

10K	3-5½	£14.95	6-12	£17.15	(£19.30)
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NEW BALANCE

COMP. 100	5½	£25.20	6-12½	£28.95
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KEVLAR			6-11	£25.60	(£26.95)
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CLOTHING

RON HILL SPORTS WET SUIT. Pullover jacket with single front pocket, big enough for ordnance survey map. Colours: Brown/beige, red/navy, navy/beige, royal/red, fluorescent-orange/gold, gold/sky, bottle green/navy. Sizes S, M & L. Price: Jacket £9.50, Trousers £7.25.

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RON HILL SPORTS TUBE SOCKS (21 INCH). White with three stripes. Royal/Red/Royal, Green/Gold/Green, Navy/Sky/Navy, Red/Black/Red, Royal/Gold/Royal, Black/Orange/Black. £1.30.

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RON HILL SPORTS FREEDOM SHORTS. Lightweight polyester/cotton. Gold, red, orange, sky, royal, navy, emerald, bottle, purple, black, white, maroon, 24/26", 28/30", 32/34", 36/38". Plain colour £3.45, 2 contrast stripes £3.95. New Zealand, Moscow 1980, Scotland £4.25. Union Jack, U.S. Flag, Maple Leaf £4.75.

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Britain's Coaching Arrangements In Moscow

AMONGST the many factors which had to be carefully studied before drawing up final plans for providing a coaching service for our Olympic team, the following were of major significance.

1. The Report prepared by John Le Masurier following the Prague European Championships included two key recommendations: that the coach/athlete ratio should be approximately 1:6-8 at major championships; and that the transporting of athletes to major championships be phased in such a way that a balance could be struck between allowing time to acclimatise and not time to become bored!

2. The report prepared by Carl Johnson and myself with the assistance of athletes, medical and management personnel, following the 1979 Spartakiade, advanced several recommendations to meet the specific challenge of the 1980 Games in Moscow.

3. Observations by National Coaches at previous major championships underlined the value of athlete's own coaches being given accreditation, so that they could work with their athletes in the final days before competing. In anticipation of several athletes' coaches making arrangements to be in Moscow, this had to be considered against the backdrop of our expectations of a very restricted accreditation facility.

4. There has been a major turnover of National Coaching manpower since 1976.

5. After the Games, the lessons learned must be made available to all coaches in the UK through an Olympic Technical Report, for the benefit of tomorrow's athletes. The content of this report is prepared by the Olympic Coaching Staff.

PRE-GAMES

Coaches were finally briefed at Crystal Palace on July 13th at a joint Management/Coaching Meeting. I left with the team management for Moscow on July 15th. The full coaching team left for Moscow on July 18th. Preparations were made to provide a coaching service from arrival of the first athletes July 20th.

BEFORE COMPETITION

Technical Director — Frank Dick (also responsible for relays); **Sprints & Hurdles** — Chief Coach: Malcolm Arnold; Asst Coach: Charles Taylor; **Endurance (including Walks)** — Chief Coach: Harry Wilson; Asst Coaches: Ron Holman, Kelvin Giles; **Hammer/Discus** — Carl Johnson; **Shot/Javelin** — Wilf Paish; **Jumps & Multi Events** — Chief Coach: Bruce Longden; Asst Coaches: Gordon Adams, Allan Jones.

BY FRANK DICK

BAAB Director of Coaching

It is the responsibility of the Chief and Assistant Coaches to each group to ensure that the needs of all athletes in their group are met. This responsibility, in effect, will range from arranging for an athlete and his coach to work out at a given venue; to checking that athletes' personal food and accommodation requirements are, wherever possible, catered for; to taking individual athletes' training sessions. Where technique problems arise, the Polaroid Polavision equipment which proved so valuable at the IAC/BAAB Nice Camp will again be available to athletes.

DURING COMPETITION

The coach allocated to an event will be with the UK athletes through warm up and will observe their performance in the stadium. Where we have no athletes, or where UK athletes have been eliminated, the relevant coach will still follow the event through from qualifying round/heat to final. In this way a thorough service will be available to athletes and a complete technical appraisal of the Games will be possible as a basis of the Olympic Technical Report.

POST-GAMES

The Preliminary Report from each coach will be prepared at conclusion of the Games. The event reports, coupled with comprehensive statistics and General Games Report from Allan Jones, will then be typed up and used as a basis for the final report which will be completed when the National Coaches view video tapes of all events on September 8th/9th. The BAAB Official Olympic Report, sponsored by Resisport, will be presented at the International Coaches' Convention in Edinburgh, November 8th/9th, and will be on sale thereafter.

By way of summary, the coaching plans for 1980 were intended to meet the needs of Olympic athletes in Moscow, and of coaches and athletes at all levels after Moscow.

In conclusion, and on behalf of UK Coaching, I would like to say how delighted I am that the BAAB have afforded considerable financial support for these Moscow Plans, indicating a continuing commitment to coaching provision and development, despite the difficult economic times that the sport is passing through.

Results In Brief

June 14th

Scottish & Newcastle Women's League, at Gateshead. 100: 1, D. Taylor (Blay) 12.1; 2, W. Barnes (NSP) 12.2; 3, H. Hogarth (ESH) 12.3. 200: 1, Barnes 24.8; 2, Taylor 25.3. 3000: J. Shepherd (Glas) 10:02.3. 100H: 1, L. Scott (ESH) 15.0; 2, R. Hudson (NSP) 15.2; 3, J. Lindsay (Glas) 15.3. 400H: A. Mills (NSP) 67.0. HJ: (A): 1, R. Pinkerton (Glas) 1.73; 2, Hudson 1.70. (B): L. Wren (Glas) 1.73. LJ: L. Pears (NSP) 5.65. DT: 1, F. Ashworth (NSP) 39.08; 2, K. Lynch (EAC) 37.88; 3, M. Ingram (Glas) 34.08. (Inters): 800: 1, Y. Murray (EAC) 2:17.8; 2, C. Reed (ESH) 2:20.6.

Bearsden '10', at Glasgow. 1, P. McGrath (Bel. O) 53:29; 2, D. Hunter (EAC) 53:46; 3, M. Deane (Bel. O) 54:34; 4, J. Ash (Garn. V-V) 54:39; 5, A. Daly (Bella) 54:40; 6, H. Gorman (S'burn) 55:26; 7, D. Conney (Cam) 56:26; 8, T. Anderson (G. W'park) 56:28; 9, D. Markie (FVH) 56:37; 10, A. Pender (FVH-V) 56:53.

June 22nd

Women's High Jump Competition, at Leicester. 1, B. Gibbs (Leic) 1.83; 2, D. Elliott (Leic) 1.80.

June 29th

Northern Women's League, at Rawtenstall. 400: J. Croasdale (B'burn) 58.2. 1500: S. Lonsdale (Sale) 4:41.7. 3000: (A): 1, S. Walker (Sale) 10:01.0; 2, J. Furniss (Sheff) 10:03.9; 3, L. King (B'burn) 10:18.5. (B): S. Brown (Sheff) 10:19.4. 400H: 1, V. Langley (Sheff) 66.8; 2, J. Hindley (DHTC) 66.9. SP: A. Storrs (Sheff) 12.08. DT: L. Dykes (B'burn) 36.58. JT: 1, S. Fry (Lin. C&C) 40.40; 2, A. Fish (B'burn) 36.74. (Inters): 200H: M. Allott (Sheff) 30.4. (Juniors): 1500: V. Sowerby (Sheff) 4:53.6.

July 5th

Carlisle '10'. 1, J. Brown (CV) 49:52; 2, J.

Thomson (Law) 52:21; 3, D. Frame (Law) 53:04; 4, J. Sands (Ayr S) 54:13; 5, G. Gaffney (G. W'park) 54:25; 6, H. Wilson (E. Kil) 54:36; 7, R. Gardiner (Kilb) 54:55; 8, W. Dickson (Law) 55:06; 9, D. Cooney (Cam) 55:12; 10, R. Ronald (E. Kil) 55:32.

July 6th

Midland Women's League, at Sutton in Ashfield. (Juniors): 100: H. Carr 12.7. DT/JT: J. Murray 31.02/32.32.

Welwyn Half Marathon. 1, S. Livingstone (Ver) 67:08; 2, E. Blackman (Ver) 67:42; 3, D. Felsenstein (Shaft) 68:03; 4, A. Ross (Ver) 68:37; 5, S. Poulter (Enf) 69:18; 6, N. Morrison (Ver) 69:22; 7, S. Speller (S&NH) 69:29; 8, A. Watt (TVH) 70:01; 9, D. Holtby (High) 70:14; 10, D. Desborough (Ver) 70:18; 11, V. Holman (North) 71:03; 12, W. McKim (North) 71:50; 13, K. Barker (Ver) 72:08; 14, T. Harran (HHH) 72:18; 15, J. Steed (Ver-O/45) 72:26. Teams: 1, Verlea 7; 2, Verlea 'B' 28; 3, Northampton Ph. 37. (Vets): 1, Steed; 2, J. Mills (Spark-O/45) 73:49; 3, R. Blastland (VoA-O/45) 77:42. (Women): 1, L. Watson (LOAC) 85:18; 2, P. Fidoe (Ver) 86:52; 3, A. Wilshire (Ver) 97:52; 4, B. Hogan (LOAC-V) 98:24; 5, M. Thomas (Harl) 100:26.

July 8th

Leamington C & AC 1-hour Track Race. 1, F. Gillies (Banb) 17,914m; 2, C. Morris (Leam) 17,892m; 3, C. Donovan (Leam) 17,822m. . . 10, G. Phipps (Leam-O/50) 16,306m. Gst: E. Twohig (Leam-17) 17,736.

July 12th

Rex Foukes Memorial 20km Road Race, at Aylesbury. 1, N. Brawn (Inv) 61:58; 2, R. Samuel (Shaft) 64:08; 3, R. Ellerton (VoA) 64:43; 4, S. Keene (Shaft) 64:55; 5, S. Speller (S&NH) 66:05; 6, E. Miskowicz (SLH) 67:06; 7, T. Laybourn (Mil. K-V) 67:17; 8, M. Moody (Maid-V) 67:39; 9, M. Kortenray (HW) 68:11; 10, J. Lamont (Shaft) 68:38. Teams: 1, Shaftesbury; 2, Milton Keynes; 3, Vale of Aylesbury. (Vets): 1, Laybourn; 2, Moody; 3, J. Collins (Swan) 69:11.

BERWICK-UPON-TWEED WALLS RACE COMMITTEE

present the 8th annual

"RUNNING OF THE WALLS" ROAD RACES

Sponsored by GKN Distributors Ltd., and Haggerston Castle

(Under A.A.A. & W.A.A.A. Laws)

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21st SEPTEMBER, 1980, Commencing 1.30 p.m.

Girls, Colts, Junior Ladies, Boys, Inter Ladies,

Senior Men (inc. Vets. 10 yr. age groups), Senior Ladies (inc. Vets.), Youths

Entries close 31st August, 1980. 70p per team, 25p per Individual. Entries to and information from: Mrs. N. Campbell, 19 Ladywell Road, Berwick-upon-Tweed. (Tel: Berwick-upon-Tweed 2185).

GRE JUBILEE CUP

Intermediate Round, July 13th

At Aldershot

Cardiff 67; Aldershot F&D 66; Crawley 58; Exeter 56; Croydon 43; Cambridge H 40.

100: C. Smart (Car) 12.2. 200: 1, Smart 24.7; 2, T. Simmonds (Craw) 25.0; 3, A. Carter (AF&D) 25.2. 800: 1, P. Whitter (Exe) 2:07.9; 2, D. Phillips (Croy) 2:10.6; 3, A. Hartley (Car) 2:12.8. 1500: 1, K. Lock (Car) 4:19.4; 2, R. Joyce (Craw) 4:21.5. 3000: 1, L. Stannard (Craw) 10:02.1; 2, D. Chettle (Croy) 10:12.9; 3, J. Honeysett (Exe) 10:29.9. 100H: H. Selway (Exe) 15.3. 400H: 1, Selway 62.0; 2, S. Lancaster (Camb. H) 66.8. HJ: R. Stratton (Craw) 1.70. LJ: 1, T. Campbell (AF&D) 5.60; 2, J. Brown (Car) 5.54; 3, A. Jones (Croy) 5.47. SP: 1, C. Dyer (AF&D) 13.25; 2, I. Duffin (Camb.H) 11.51. DT: 1, Dyer 40.64; 2, Duffin 36.50; 3, A. Hourihan (Car) 35.80. JT: 1, L. Stratford (AF&D) 44.14; 2, J. King (Croy) 42.86; 3, M. Greenslade (Exe) 35.56. 4x100: Aldershot F&D 49.4. 4x400: Cardiff 3:55.8.

At Radley

Southampton & E 77; Radley 63; Wigmore 57½; Wolverhampton & B 51; Portsmouth 49; Rugby 32½.

100: 1, R. Wilson (Wig) 11.7; 2, D. Warner (Rad) 11.9. 200: 1, K. Rist (Rad) 24.6; 2, S. Joseph (Wig) 24.8; 3, L. Forsyth (W&B) 24.8. 400: 1, Wilson 56.7; 2, C. Williams (Ports) 56.8; 3, C. Dawkins (S&E) 57.6. 100H: 1, V. Douglas (Wig) 14.2; 2, V. Lemoignan (S&E) 14.2; 3, L. Brown (Rad) 15.1. 400H: 1, Lemoignan 60.6; 2, Douglas 65.6; 3, J. Boggett (Rad) 67.3. HJ: 1, E. Hickey (Rad) 1.70; 2, D. Brown (W&B) 1.65. SP: 1, V. Redford (W&B) 13.88; 2, B. Carter (Ports) 12.31; 3, A. Franks (Rad) 11.07; 4, J. Garner (S&E) 11.03. DT: 1, Redford 45.96; 2, J. Curtis (S&E) 42.04; 3, Franks 40.70. 4x100: 1, Radley 49.0; 2, Wigmore 49.1.

SOUTHERN WOMEN'S LEAGUE

(Division 1)

At Exeter, July 5th

Exeter 182; Radley 149; Reading 145; Mitcham 144; Croydon 98.

100H: 1, H. Selway (Exe) 14.8; 2, L. Brown (Rad) 15.1; 3, C. Plummer (Mit) 15.1. 400H: C. Abraham (Exe) 65.6. HJ: (A): 1, Selway 1.73; 2, K. Gomes (Croy) 1.71. (B): J. Albon (Exe) 1.68. LJ: M. Smallwood (Read) 5.62. DT: A. Franks (Rad) 38.48. JT: 1, B. Richardson (Rad) 41.80; 2, J. King (Croy) 39.56. (Juniors): 100/200: S. Jacobs (Read) 12.5/26.0. 75H: J. Evans (Croy) 11.6. SP: K. Towers (Mit) 10.94.

(Division 2)

At Hornchurch, July 5th

Harlow 162; Dartford 156; Ashford 155½; Epsom & E 149; Selsonia 94½.

400: A. Dunn (E&E) 56.8. 800: 1, J. Rose

(Ash) 2:13.5; 2, J. Robinson (Mit) 2:14.7. 3000: A. Tamplin (Harl) 10:16.2. 100H: (A): 1, C. St. John (E&E) 13.7; 2, J. Rose (Sel) 14.7; 3, J. Seamon (Ash) 15.5. (B): B. Corbett (E&E) 14.7. 400H: (A): 1, Corbett 64.0; 2, T. Askins (Harl) 66.1. (B): S. Trickett (E&E) 67.1. HJ: 1, J. Minott (Sel) 1.65; 2, Seamon 1.65. LJ: 1, D. Cole (Harl) 5.62; 2, Corbett 5.50. SP: R. Doyley (Sel) 11.52. DT: J. Essex (Harl) 34.38. JT: A. Farquhar (Sel) 43.44. (Juniors): 1500: 1, P. Weaver-Smith (Ash) 4:47.2; 2, K. Blount (Dart) 4:52.5. 75H: D. Pert (Dart) 11.9. HJ: S. Heffernam (Dart) 1.64. DT: K. Savage (Dart) 27.54.

RESULTS IN BRIEF continued

(O/50): B. Smith (Hill) 75:14. (Women): 1, G. Adams (AF&D) 75:09; 2, L. Watson (LOAC) 79:19; 3, D. Taylor (Barn-V) 81:24.

'King of the Hill' Races at Tonbridge. (Boys):

1, S. Newport (Wild) 6:37; 2, D. Neale (Ton) 6:43; 3, R. Iles (S&C) 6:56; 4, A. Hollens (Ton) 6:58. Team: Tonbridge. (Colts): 1, S. Maynard (Coll) 7:11; 2, J. Sisley (E. Grin) 7:17. Team: Collingwood. (U/11): J. Glew (SRS) 7:43. Team: Sussex Road S.

Portland Carnival '10'. 1, P. Russell (Wey. St. P) 52:13; 2, T. Coleman (Wey. St. P) 52:42; 3, C. Carthy (RNS) 53:46; 4, F. Robertson (RNS) 54:26; 5, W. Beaven (RNS) 56:16; 6, E. French (RNS) 56:31; 7, J. Bolton (Wey. St. P) 57:44; 8, D. Brown (RM Poole-V) 58:37. Teams: 1, Weymouth St. Pauls 10; 2, Royal Navy South 12; 3, Southampton & E 50. (Vets): 1, Brown; 2, B. Dunn (Wey. St. P) 61:00; 3, D. Bucke (Wey. St. P) 61:26.

Belgrave H Champs, at Motspur Park. 110H: P. Whitby 15.8. 3000W: R. Dorman 13:04.5. (Juniors): 800: J. Gladwin 1:50.8. (Women): LJ: D. McNeill 5.48. SP: W. Dunsford 10.92.

July 13th

North Tyneside Marathon, at Whitley Bay. 1,

A. Catley (Mor) 2:28:29; 2, C. Haynes (WYP) 2:29:16; 3, R. Marshall (Mor) 2:33:56; 4, D. Thomas (Bord) 2:37:12; 5, W. Green (Walls) 2:42:00; 6, D. Gray (Mor) 2:42:34; 7, B. Cordes (Mor-V) 2:43:36; 8, A. Bone (S. Sh) 2:43:44. (Vets): 1, Cordes; 2, R. Tribick (Scar) 2:49:59; 3, R. Peart (Els-O/50) 2:52:51.

Allsop Trophy Meeting, at Walton-on-Thames. (Inters): 80H: Covey (G&G) 12.3. HJ: 1, Langdon (Walton) 1.60; 2, Hallam (S&C) 1.60. (Juniors): HJ: 1, Manning (S&C) 1.56; 2, Childs (G&G) 1.56. SP: Turner (Houn) 10.01. (Girls): HJ: Cockram (C'ley) 1.56.

OLYMPIC COMMENTARY from page 30

failures, and he clinched the title when he alone went over 5.70 — again at the first time of asking. Volkov, who reserved his final attempt for 5.75, and Slusarski tied for the silver and the luckless Houvion missed out on a medal despite his 5.65 clearance. The Frenchman's day was completely ruined when Kozak, after clearing a personal best of 5.75 first time, seized the world record from him by making 5.78 at the second attempt. His memorable competition came to an end with the bar at 5.82 (19'1"), and he wasn't far off clearing even that extraordinary height at his second go.

Until very recently Soviet 400m standards were a bit of a joke. Ardalion Ignatyev had dead-heated for the Olympic bronze in 1956 but for over 20 years the event remained one of the USSR's weakest. Suddenly this season the USSR has developed a legion of 45-point 400m men, but it wasn't until the Olympic semis that it became clear that their number one was Viktor Markin, a 23-year-old medical student from Siberia, who won through to the final in 45.60 after having clocked 45.58 earlier in the day. He was a mystery man; all one could unearth about his career was that he had run 10.4 for 100 and 21.1 for 200 in 1977, slipped back to 21.2 in 1978, and graduated

Right: Wladyslaw Kozakiewicz, who in Moscow achieved the athlete's ultimate: an Olympic gold medal and world record.



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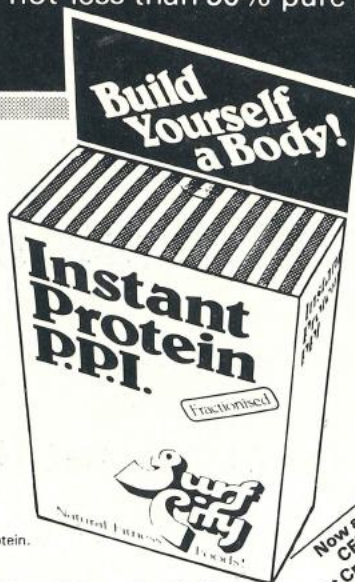
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Viktor Markin

Born 23.2.1957. Height: 1.83/6'0";
 Weight: 73kg/160lb. Personal bests: 100 —
 10.4, 200 — 21.1, 400 — 44.60 (European
 rec). Annual progression: 1977 — 10.4,
 21.1; 1978 — 21.2; 1979 — 47.20; 1980 —
 44.60.

to 400 in 1979 — ranking 14th in the USSR that season at 47.20. Clearly he had found his event, for in May this year he improved by a stunning margin to 45.66, a time he trimmed to 45.33 in June and consolidated with 45.34 early in July.

What a revelation Markin proved to be in the final. The favourites were Commonwealth champion Rick Mitchell (lane 4) and 1976 4th-placer Fons Brijdenbach (inside), with David Jenkins (lane 8) and Frank Schaffer (6) as other possible winners and Alberto Juantorena (lane 3), having scraped into the final, a danger to everyone even though he was clearly nowhere near his best. But the race was won, and won brilliantly, by Markin in lane 2. He judged it perfectly, as though he had been running world class 400's for years rather than weeks. Jenkins, drawn in the lane from which he won the European nearly a decade ago as a teenager, blasted the first 200m but by the time the runners moved into the home straight he was in 4th place and fading. Brijdenbach, who led through the 200 mark in 21.1, was out in front, closely

attended by Schaffer and Markin, with Juantorena 5th and Mitchell 6th. As the Belgian started to tread water, so Markin went into overdrive and burst into the lead some 50m from the finish. Schaffer held on to 2nd place until the last couple of strides when Mitchell — coming from too far behind to threaten Markin — pipped him for the silver in a Commonwealth record time of 44.84.

Up front, Markin's magnificent time of 44.60 was a European record, and would have given the Americans something to think about had they been competing. From 47.20 to 44.60 in a year ... has there ever been such a rapid comethrough in this event? Schaffer, aged 21, was another to excel as he improved from 45.47 to 44.87. Juantorena proved again what a competitive animal he is by nipping Brijdenbach for 4th place in 45.09, which is really an astonishing achievement by a man competing in his first meeting for a year following an achilles tendon operation. The Belgian, who had intended retiring last year after a series of disappointing runs, tied up after setting too fast an early pace (he had caught up the stagger on Markin in the adjacent lane within 100m) but nevertheless was only just outside his personal best of 45.04 set in the previous Olympic final. Another survivor from Montreal, Rick Mitchell, possibly misjudged his race but one cannot really be too critical of a man who runs 44.84. He is one of the few Australians who has demonstrated the ability

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SUNDAY, 24th AUGUST, 1980

Commencing 10.30 a.m.

to peak at the right time during their 'off season'. As for Jenkins, he filled 7th position — same as in Montreal — in slightly faster time: 45.56 as against 45.57! "I gave it everything I had, which wasn't enough on the day", he remarked.

The same could be said for Geoff Capes, who improved disappointingly little on his 1976 Olympic showing (6th at 20.36m) with 5th place at 20.50m, though that did equal the best British position in this event for 72 years. As in Montreal he suffered the frustrating experience of seeing the gold go at a distance he himself has exceeded comfortably that same season. Capes said before the competition, "Kisilyev impresses me as the best of the Russians", and he was right. Vladimir Kisilyev opened up with 21.10m, which was not bettered except by his own final effort of 21.35 for an Olympic record. Capes started promisingly with 20.50, which held 2nd place at that stage, but his form plummeted after that. Despite all his vast experience of the big time, his technique became very ragged under pressure. Before the final he had observed: "My two Olympics have shown me that on the day it's all down to temperament. It's mind over matter". Unhappily for him, his mind let him down on the day, although in fairness it should be noted that he probably wasn't fully recovered from the back injury that had hindered his preparations in the weeks leading up to the Games. Geoff, by the way, was making his 65th appearance for Britain, equalling Mike Bull's record tally. Aleksandr Baryshnikov, the unpredictable former world record holder, reached 21.08 with his spiral technique in the 2nd round for 2nd place — one position and 8cm better than in Montreal. The shock was that Udo Beyer, defending champion and world record holder, could finish no higher than 3rd even though his put of 21.06 in the 4th round was actually a centimetre more than his gold medal effort in Montreal. It was his first defeat in a major international championship since he placed 8th in the 1974 European as an up and coming teenager.

Consolation for East Germany came in two other finals: Barbel Wockel (née Eckert) became the first woman to retain an Olympic 200 title, and Hartwig Gauder captured the 50km walk. Prior to her comeback to top class sprinting this year Barbel had not run a really fast 200 since 1977, but she timed her peak brilliantly in Moscow. Wockel, in lane 1, entered the straight

CHAMPION FOR SECOND TIME



Barbel Wockel, seen here winning in Montreal, became the first woman to retain the 200m title.

George Herringshaw

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Entries: Team (4 run) 75p per team. Individual 35p.
Closing date Saturday, 23rd August.

Vladimir Kisilyev

Born on 1.1.1957; Height: 1.88/6'2";
Weight: 121kg/266lb. Personal best: SP —
21.35m. Major Champs: 1975 Eur Jnr —
1st, 1979 Eur Ind — 3rd. Annual
progression: 1976 — 19.71, 1977 — 19.39,
1978 — 20.07, 1979 — 20.71, 1980 —
21.35.

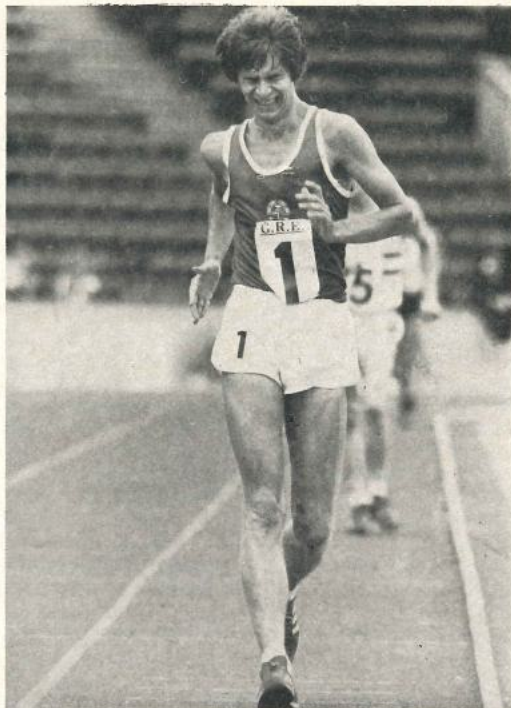
Barbel Wockel

Born on 21.3.1955. Height: 1.74/5'8½"; Weight: 62kg/136lb. Personal bests: 100 — 11.26/10.92w, 200 — 22.03. Major Champs: 1973 Eur Jnr — 1st 200, 1974 Eur — 7th 100, 1976 Oly — 1st 200. Annual progression: 1970 — 25.3, 1971 — 24.9, 1972 — 25.6, 1973 — 22.85, 1976 — 22.37, 1977 — 22.66, 1978 — 23.30, 1980 — 22.03.

very slightly behind Natalia Botchina and Merlene Ottey but she was too strong for them and won in an outstanding 22.03, a time bettered only by Marita Koch and Evelyn Ashford. Botchina and Ottey practically dead-heated for second. The 18-year-old Russian got the verdict in 22.19, which improved on her world junior record, while the Jamaican's 22.20 broke the Commonwealth record of 22.32 she had set in the semis. For the first time ever in an Olympic women's track final Britain had three representatives, but the standard of the race was such that even though Kathy Smallwood clipped her personal best to 22.61 she was unable to finish higher than 5th. She gave too much away at the start; last into the straight she passed her two team-mates and Denise Boyd but she came from too far behind to challenge the others. Good as Kathy is at 100 and 200, and she can still improve considerably at those events, her future surely lies in the 400. Bev Goddard also set a personal best, of 22.72, and to finish 6th in an Olympic final must have been beyond her wildest dreams before setting out for Moscow. Her attractive new hair style certainly hasn't slowed her down! Much less happy with her running was Sonia Lannaman, who after failing to reach the 100m final came home last in the 200. These performances do not reflect the impact she has had on world sprinting in the years since injury forced her out of the last Olympics.

Mexican dominance ends

The 50km walk, like the 20km, saw the end of Mexico's dominance; again the judges were strict and the hot weather took its toll also. Boris Yakovlyev, co-holder of that very doubtful world best of 3:37:36, was disqualified, as was Dietmar Meisch, the 21-year-old East German credited with 3:47:38 this year. The Mexican trio of Raul Gonzales, Daniel Bautista (seeking to atone for his 20km demise) and Martin Bermudez were among the non-finishers, along with Reima Salonen. Hartwig Gauder (25), a former European junior 10km champion who is coached by a famous name from the past — Siegfried Herrmann, the great middle distance runner — was always prominently positioned. At 10km (44:41) he and 42-year-old Yevgeniy Ivchenko

**HARTWIG GAUDER**

Champion in only his second season at 50km.

Mike Street

(the other 3:37:36 man) were 60m ahead of the pack led by Bautista. By 15km the pace was being set by a group of eight, including Gauder, Ivchenko, Bautista, Jorge Llopert and Gonzales. Llopert was ahead at 20km (1:29:35) but by the halfway mark, reached in 1:52:02, Gonzales, Gauder and Yakovlyev were 30 sec up on Llopert, Bautista and Meisch. Gonzales, the favourite, was in the lead at 30km (2:14:52) but by 40km (3:01:47) Gauder was out in front and he came in to win by two minutes in a time close to his best of 3:48:15. This is only his second year at 50km but although only 25 he can look back on

Hartwig Gauder

Born on 10.11.1954. Height: 1.84/6'0½"; Weight: 70kg/154lb. Personal bests: 20kmW — 1:21:39, 50kmW — 3:48:15. Major Champs: 1973 Eur Jnr — 1st 10km, 1978 Eur — 7th 20km, 1979 Lugano — 7th 20km. Annual progression: 1972 — 1:34:19, 1973 — 1:32:55, 1974 — 1:28:47, 1975 — 1:26:29, 1976 — 1:26:25, 1977 — 1:27:07, 1978 — 1:24:23, 1979 — 1:21:39, 4:01:20; 1980 — 3:48:15.

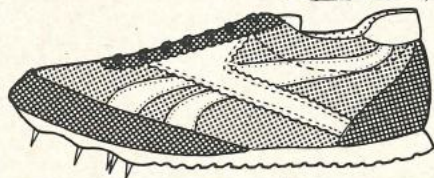


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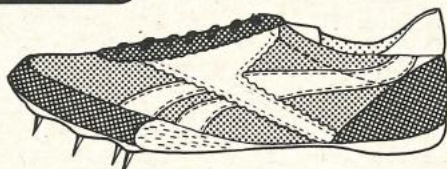
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quite a long and successful career. He was European junior champion in 1973 and placed 7th at 20km in both the 1978 European and 1979 Lugano. An equally delighted second-placer was European champion Llopart, who thus gained Spain's first ever Olympic medal in athletics. Like Roger Mills in the 20km, there was a fine showing by Ian Richards to finish 11th.

Britain experienced mixed fortunes in the preliminaries held during the day. On the positive side, Steve Ovett (running a very fast 3:36.8 just ahead of Jurgen Straub), Seb Coe (front running most of the way) and Steve Cram (who had a close call in a sprint finish) all moved closer to the 1500m final — a race that would lack the distinctive presence of Filbert Bayi, who scratched from his heat in order to concentrate on the steeplechase final next day. Sue Hearnshaw produced an excellent leap of 6.66m, just 2cm below her longest ever, to qualify for the long jump final, and she was joined by Sue Reeve who got through despite suffering from a cold, a groin strain and a cut foot.

However, neither of Britain's hammer throwers got anywhere near the required 70m (Paul Dickenson, considerably underweight due to illness, could only go through the motions); Janet Marlow went out in her 1500m heat; and, saddest of all, none of our three 5000m runners survived. Nick Rose was run out of a qualifying place in the last 30m of his heat as he slipped

Dave Moorcroft: "It was a nightmare from the start"

from 3rd to 5th, and far behind came Dave Moorcroft — considered a potential medallist — who gave of his all as ever but was but a pale shadow of his normal self owing to the prevalent tummy trouble which affected him probably more badly than anyone else in the team. "I had no sleep last night", said Dave "and I was sick twice before the start. I know I ran really badly but I was totally drained. It was a nightmare from the start". Barry Smith clocked the fastest time of the three (13:36.7), which would have won the first heat, but he finished 9th in his race after leading at 3000 in 8:12.5.

400 METRES

1, V. Markin (USSR) 44.60 (European rec); 2, R. Mitchell (Aus) 44.84 (Commonwealth rec); 3, F. Schaffer (GDR) 44.87; 4, A. Juantorena (Cub) 45.09; 5, A. Brijdenbach (Bel) 45.10; 6, M. Solomon (Tri) 45.55; 7, DAVID JENKINS 45.56; 8, J. Coombs (Tri) 46.33.

1500 METRES

(Heats: 1st 4 & 2 fastest losers to semis) Ht 1: 1,

COME AND JOIN US IN THE

GATHERING GALLOP

(Under A.A.A. & W.A.A.A. Laws)

FRIDAY, SEPTEMBER 5th

Start 7.10 p.m. Prompt

PROMOTED BY KENDAL A.A.C.

Sponsored by

Waterside Adventure Sports, Kendal

This race is run prior to the torchlight procession before an estimated crowd of 30,000 and is approx. 6 miles (3 times around the town), which is closed to traffic from 7 p.m.

There is a free supper for runners after the race.

Entry limited to 200. Entry Fee: 50p.

Entries to and details from: P. A. Bainbridge, 2 Howgill Close, Burneside, Kendal, Cumbria. Please include S.A.E.

ENTRIES CLOSE 22nd AUGUST

Bring your family to a great night out, and the pubs are open until midnight.

LEICESTER CORITANIAN A.C.

'PACE' 9th ANNUAL ROAD RELAYS

(Under A.A.A. Laws)

At Asfordby Hill, Nr Melton Mowbray
ON SATURDAY, 20th SEPTEMBER

Sponsored once again by
PACE CONSULTANTS LTD., LEICESTER

BOYS RELAY 3x2 MILES, 1.45 pm

For 'The Payne Trophy'

THEN at 2.30 p.m.

OPEN & MIDLAND A.A.A.

**SENIOR 6 STAGE RELAY
CHAMPIONSHIP (6x3¼ Miles)**

Open Relay for 'The Petfoods' Trophy'. Best Youth performance receives 'The Pace Trophy'. Excellent prizes again to first 3 Teams in Open Relays, and Championship medals to first 3 Teams in Midland event.

Entries: Championships £3.00 'A' Team, £1.00 'B' Team. Open Relays £1.50 'A' Team, 75p 'B', 'C' and 'D' Teams.

To: Pace Consultants Ltd., 91 London Road, Leicester.
(Tel: 555756).

**BY MONDAY, 8th SEPTEMBER — LATEST
NO LATE ENTRIES ACCEPTED**

J. Marajo (Fra) 3:43.9; 2, M. Aidet (Alg) 3:43.9; 3, D. Zdravkovic (Yug) 3:44.0; 4, STEVE CRAM 3:44.1. **Ht 2:** 1, A. Busse (GDR) 3:44.3; 2, V. Tischenko (USSR) 3:44.4; 3, J. Plachy (Cze) 3:44.4; 4, A. Gonzalez (Fra) 3:44.6. **Ht 3:** 1, V. Fontanella (Ita) 3:40.1; 2, SEB COE 3:40.1; 3, A. Loikkanen (Fin) 3:40.5; 4, J-L. Gonzalez (Spa) 3:40.9; 5, J. Campos (Por) 3:41.3. **Elim:** 6, R. Flynn (Rol) 3:42.0. **Ht 4:** 1, STEVE OVETT 3:36.8; 2, J. Straub (GDR) 3:37.0; 3, R. Nemeth (Aut) 3:38.3; 4, V. Malozemlin (USSR) 3:38.7; 5, M. Zerkowski (Pol) 3:39.2.

5000 METRES

(Semis; 1st 4 & 4 fastest losers to final) **Ht 1:** 1, Y. Mohammed (Eth) 13:39.4; 2, M. Yifter (Eth) 13:40.0; 3, K. Maaninka (Fin) 13:40.2; 4, J. Treacy (Rol) 13:40.3. **Elim:** 5, NICK ROSE 13:40.6; 6, V. Abramov (USSR) 13:40.7; 7, Z. Barie (Tan) 13:44.9; 8, E. Puttemans (Bel) 13:50.2; 9, DAVE MOORCROFT 13:58.2. **Ht 2:** 1, M. Kedir (Eth) 13:28.6; 2, E. Coghlan (Rol) 13:28.8; 3, M. Ryffel (Swi) 13:29.3; 4, D. Millonig (Aut) 13:29.4; 5, S. Nyambui (Tan) 13:30.2; 6, M. Vainio (Fin) 13:30.4; 7, J. Sykora (Cze) 13:31.0; 8, A. Fyedorin (USSR) 13:31.9. **Elim:** 9, BARRY SMITH 13:36.7.

POLE VAULT

1, W. Kozakiewicz (Pol) 5.78 (World & Olympic rec); 2, eq, K. Volkov (USSR) & T. Slusarski (Pol) 5.65; 4, P. Houvion (Fra) 5.65; 5, J-M. Bellot (Fra) 5.60; 6, M. Klimczyk (Pol) 5.55; 7, T. Vigneron (Fra) 5.34; 8, S. Kulibaba (USSR) 5.45; 9, T. Haapakoski (Fin) 5.45; 10, M. Zalar (Swe) 5.35; 11, BRIAN HOOPER 5.35.

SHOT

1, V. Kisilyev (USSR) 21.35 (Olympic rec); 2, A. Baryshnikov (USSR) 21.08; 3, U. Beyer (GDR) 21.06; 4, R. Stahlberg (Fin) 20.82; 5, GEOFF CAPES 20.50; 6, H-J. Jacobi (GDR) 20.32; 7, J. Vlk (Cze) 20.24; 8, V. Milic (Yug) 20.07.

HAMMER

Qualifiers: Y. Sedykh (USSR) 78.22 (Olympic rec), J. Tamm (USSR) 76.24, S. Litvinov (USSR) 75.24, D. Gerstenberg (GDR) 75.04, R. Steuk (GDR) 73.52, H. Huhtala (Fin) 72.46, G. Orozco (Cub) 72.28, G. Urlando (Ita) 72.20. 1. Golda (Pol) 70.88, J. Tiainen (Fin) 70.82, E. Dyulgerov (Bul) 70.60, J. Chamrad (Cze) 69.38. **Non-qualifiers** included CHRIS BLACK 66.74, PAUL DICKENSON 64.22, S. Egan (Rol) 63.94.

50 KILOMETRES WALK

1, H. Gauder (GDR) 3:49:24 (Olympic rec); 2, J. Llopert (Spa) 3:51:25; 3, Y. Ivchenko (USSR) 3:56:32; 4, B. Simonsen (Swe) 3:57:08; 5, V. Fursov (USSR) 3:58:32; 6, J. Marin (Spa) 4:03:08; 7, S. Rola (Pol) 4:07:07; 8, W. Sawall (Aus) 4:08:25... 11, IAN RICHARDS 4:22:57.

WOMEN

200 METRES

(Semis; 1st 4 to final) **Ht 1:** 1, M. Ottey (Jam) 22.32 (Commonwealth rec); 2, B. Wockel (GDR) 22.54; 3, KATHY SMALLWOOD 22.65; 4, BEV GODDARD 22.73; 5, C. Rega (Fra) 22.87; 6, L. Haglund (Swe) 23.11; 7, L. Maslakova (USSR) 23.27; 8, G. Entcheva (Bul) 23.27. **Ht 2:** 1, R. Muller (GDR) 22.72; 2, N. Botchina (USSR) 22.75; 3, D. Boyd (Aus) 22.80; 4, SONIA LANNAMAN 22.82; 5, J. Pusey (Jam) 22.90; 6, L. Panayotova (Bul) 23.07; 7, T. Naigre (Fra) 23.18; 8, E. Vader (Hol) 23.44.

Final: (+1.46m) 1, Wockel 22.03 (Olympic rec); 2, Botchina 22.19 (world junior rec); 3, Ottey 22.20 (Commonwealth rec); 4, Muller 22.47; 5, SMALLWOOD 22.61; 6, GODDARD 22.72; 7, Boyd 22.76; 8, LANNAMAN 22.80.

1500 METRES

(Heats; 1st 4 & fastest loser to final) **Ht 1:** 1, T. Kazankina (USSR) 3:59.2 (Olympic rec); 2, N. Olizaryenko (USSR) 3:59.5; 3, C. Wartenberg (GDR) 4:00.4; 4, U. Bruns (GDR) 4:01.6; 5, M. Puica (Rom) 4:01.7. **Elim:** 9, JANET MARLOW 4:15.9. **Ht 2:** 1, L. Smolka (USSR) 4:04.4; 2, I. Silai (Rom) 4:04.7; 3, G. Dorio (Ita) 4:05.0; 4, N. Marasescu (Rom) 4:04.9.

LONG JUMP

Qualifiers: L. Alfeyeva (USSR) 6.78, S. Heimann (GDR) 6.71, T. Kolpakova (USSR) 6.70, SUE HEARNshaw 6.66, B. Wujak (GDR) 6.65, J. Nygrynova (Cze) 6.58, A. Wlodarczyk (Pol) 6.58, T. Skatchko (USSR) 6.56, L. Gushcheva (Bul) 6.56, S. Siegl (GDR) 6.53, SUE REEVE 6.48, J. Innis (Guy) 6.44, B. Wojnar-Baran (Pol) 6.44.

SALFORD '7'

(Under A.A.A. Laws)

SATURDAY, 30th AUGUST, 1980

at 2.30 p.m.

at Littleton Road Sports Centre,
Littleton Road, Kersal, Salford 7

FULL PRIZE LIST FOR

INDIVIDUALS & TEAMS (3 to count)
including Vets. O/40, O/50, O/60
(Vets. please state age group)

NEW PRIZE — First team not to have finished in the first thirty teams in 1979 and 1980 Nationals.

Entries to: A. Walsham, 21 Thornfield Road, Heaton Moor, Stockport SK4 3LD, by first post, Friday, 22nd August.

Fees: Individuals 50p, teams 50p, Late entries £1.
For travel details and confirmation send S.A.E.

A SALFORD HARRIERS PROMOTION

SEDYKH REGAINS WORLD HAMMER MARK

THURSDAY, JULY 31st

THREE FINALS only — but what finals! A world record in the hammer by Yuriy Sedykh; a dramatic steeplechase in which Filbert Bayi foolishly or gallantly — depending on your viewpoint — tried to run away with the race but proved a sitting target for Bronislaw Malinowski on the last lap; and quite simply the greatest women's long jump competition in history climaxing with the most astonishing turn of events in the final round.

As happens so often in the throws at major championships the first round of the hammer proved crucial. Yuriy Sedykh, the defending champion, opened — and as good as closed — the competition with a mighty throw which clanked into the turf an astounding 81.80m (268'4") away from the circle. The world record, which he held briefly earlier in the season, was his again. So too, it transpired, was the Olympic title — thus becoming the first to defend this event successfully since Ireland's Pat O'Callaghan in 1932 and going one better than his celebrated coach and surrogate father Anatoliy Bondarchuk, who was champion in 1972 and bronze medallist in 1976. Knowing the importance of taking advantage of being drawn first to throw, Sedykh warmed up for a long time and channelled all his determination into that opening effort. Still only 25, which is no age for a hammer thrower, he can aspire to equalling John Flanagan's record of three Olympic titles (1900-08).

It was revealing, in view of the uproar over whether or not Soviet officials were guilty of favouring their own athletes, that a television

Yuriy Sedykh

Born on 11.6.1955. Height: 1.85/6'1"; Weight: 110kg/243lb. Personal best: HT — 81.80m (world rec). Major Champs: 1973 Eur Jnr — 1st, 1976 Oly — 1st, 1978 Eur — 1st. Annual progression: 1971 — 57.02, 1972 — 62.96, 1973 — 69.04, 1974 — 70.86, 1975 — 75.00, 1976 — 78.86, 1977 — 76.60, 1978 — 79.76, 1979 — 77.58, 1980 — 81.80.

replay showed perfectly clearly that a subsequent 81.46m throw given the white flag was in fact a foul. Sedykh's left foot touched the top of the rim of the circle. Whether the judge in question was not paying sufficient attention or whether he chose to ignore what he saw is a matter of conjecture; either way it reflects badly upon the standard of officiating. Sedykh's series: 81.80, 81.46, 79.68, foul, 80.98, 80.70! Sergey Litvinov, much the smallest of the Soviet trio at 1.80/5'10¾" and 95kg/209lb also released his best throw (80.64) in the first round; indeed it was his only valid throw. The bronze went to the Estonian, Juri Tamm (another pupil of the great Bondarchuk), and so the USSR scored a clean sweep for the second Olympics running.

Intriguing steeplechase

The steeplechase brought together two of the most popular runners in the sport, each of whom would have been a deserving Olympic champion on account of their contribution to athletics over a period of several years. Filbert Bayi, who as a novice ran the 1500 and steeplechase in Munich in 1972 (clocking a highly respectable 8:41.4 at the age of 19), lost his big chance of Olympic glory in 1976 due to the African boycott. Would he have beaten John Walker for the 1500m title as he had in the Commonwealth Games two years earlier? We'll never know, but having opted this time for the steeplechase — despite only a handful of attempts, like Kip Keino in 1972 — there were many who hoped he would win. But there was much sentimental support also for Bronislaw Malinowski, one of the event's all-time greats and a pace-setter in the last two Olympic finals in which he finished 4th (1972) and 2nd (1976). At the age of 29 this would be his last Olympic opportunity. There were other good men in the field, notably Eshetu Tura of Ethiopia who was another African victim of the Montreal boycott, but it looked like being essentially a two-man race.

True to his instincts — the natural front runner — Bayi set off at a devilish pace. He had committed himself; either he would blow up, leaving himself desperately vulnerable in the

MERSEA ISLAND LIONS

COLCHESTER TO MERSEA 8 MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

Organised with the help of Colchester A.C.

August Bank Holiday Monday, 25th Aug.
at 1.00 p.m.

Changing this year at Monkwick Sports Centre

Remember last year when you finished the race surrounded by 7,000 people? They should be better controlled this year and there will be free salad teas for all competitors.

Prizes: Over £200 worth for 1st 10 Individuals and 1st 3 teams (3 to score). Ladies and Vets races run concurrently with prizes depending on entries.

Entry Fee: 50p per Individual. No team fees. Late entries £1. Full details sent on receipt of entry. To: P. J. Chillingworth, 3 Edison Close, Braintree, Essex. Tel. 26685. By 19th August.

Yuriy Sedykh joined the all-time greats of hammer throwing by not only retaining the Olympic title — the first to do so for nearly half a century — but breaking the world record into the bargain.



Mike Street

closing stages, or he would run clean away with the race and perhaps in world record time. He was gambling, but so too was Malinowski who decided to let the Tanzanian go and trust to his own pace judgment. It was an intriguing situation.

Only two men were tempted to try and match strides with Bayi: Eshetu Tura and Francisco Sanchez, one of two very fine Spanish runners in

the final. Malinowski wasn't drawn; he was in 4th place some 15m behind Bayi after 600m and a similar distance adrift at 1000m which Bayi reached in an extravagant 2:38.8 (that's 7:56.4 pace!), followed by Tura (2:39.2) and Sanchez (2:39.9) with Malinowski through in 2:41.0, which at 8:03.0 pace was fast enough to be going on with. Bayi slowed only very slightly during a phenomenal second kilometre of 2:41.5 which

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1. Our label is your guarantee of quality.
2. Featherweight **Celcon** tricot in 5 rich colours: gold, red, blue, green and black.
3. Open white mesh in soft **Viloft**/polyester designed to our specification.
4. Total weight of medium vest, 55 grams, less than 2 oz.



1. Matching silky **Celcon** tricot.
2. Wrapover side vent for freedom of movement.
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4. Fob pocket inside shorts.
5. Total weight of medium shorts only 60 grams, just over 2 oz.

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LADY BOSTON VEST

1. V-neck for cool ventilation.
2. Double thickness silky **Celcon** tricot fabric for modesty (single layer at back for lightness). Smart 2 colour combinations: blue/red, green/blue, gold/green, black/white, lilac/gold.
3. **Viloft**/polyester open white mesh for coolness.
4. Total weight 58 grams, 2 oz in medium size.



Vests from around £5.95
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1. Fob pocket inside shorts.
2. Double thickness silky **Celcon** tricot for drape and modesty. Colours coordinate with vest.
3. Non-knicker type design for running in public.
4. Total weight of medium shorts only 60 grams, just over 2 oz.



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carried him up to the 2000m mark in 5:20.3 — a world's best for the distance, surpassing Tura's 1976 pre-Olympic mark of 5:21.2. His lead over the Ethiopian (5:24.4) was now over 25m, while the pride of Poland (5:25.6) was some 35m back. Could Filbert get away with it?

He was way inside world record schedule still with two laps remaining. At this point his lead over Tura was still a good 25m, with Malinowski now a close 3rd. With 600 to go Malinowski steamed past Tura and the gap began to reduce in dramatic fashion. The bell sounded for an increasingly desperate looking Bayi in just inside 7 min, his advantage down to 20m. That incredible early pace had sapped his strength so much that each barrier must have seemed higher than the previous one. A look at his grimacing features and another at the calm, confident Pole left no room for doubt . . . Bayi had gambled and lost, but in what glorious fashion. Malinowski picked off his opponent just before the last water jump and, treating the last hurdle with respect (he had fallen at that stage against Bayi a few weeks earlier and lost the race), he strode exultantly to victory in the fine time of 8:09.7. He had covered the last kilometre in 2:44.1, while Bayi took a painful 2:52.2 to finish second in his best ever time of 8:12.5. Tura, along with several others behind him, also ran faster than ever before to claim the bronze in 8:13.6.

Malinowski said afterwards: "It went 100 per cent to plan. Bayi ran the first two kilometres too

Bronislaw Malinowski

Born on 4.6.1951. Height: 1.81/5'11 1/4"; Weight: 70kg/154lb. Personal bests: 800 — 1:49.8, 1500 — 3:37.4, mile — 3:55.4, 3000 — 7:42.4, 5000 — 13:17.7, 10,000 — 28:25.2, 3000SC — 8:90.2. Major Champs: 1970 Eur Jnr — 1st 2000SC, 1971 Eur — 8th 5000, 1972 Oly — 4th 3000SC, 1974 Eur — 1st 3000SC & 4th 10,000, 1976 Oly — 2nd 3000SC, 1978 Eur — 1st 3000SC. Annual progression: 1969 — 9:08.8, 1970 — 8:45.2, 1971 — 8:28.2, 1972 — 8:22.2, 1973 — 8:21.6, 1974 — 8:15.1, 1975 — 8:12.7, 1976 — 8:09.2, 1977 — 8:17.0, 1978 — 8:11.7, 1979 — 8:22.0, 1980 — 8:09.7.

fast, and it was my plan to run 20-30m behind him. I was always confident". Far from being disappointed by the result, Bayi said he was very happy to have won Tanzania's first ever Olympic medal.

What a Games for Scotland: two gold medals! Two gold medals? Yes, one by Allan Wells, and half each by Daley Thompson (Scottish mother/Nigerian father) and Bronislaw Malinowski (Scottish mother/Polish father)! Indeed Malinowski is so attached to Scotland, where his grandmother and other relatives live, that he is seeking permission from the Polish authorities to emigrate there. "I have this great sentiment for Scotland", he said. "I would love

IRELAND ALLOYS PROUDLY PRESENTS

THE ROTHERHAM MARATHON

(Under A.A.A. Laws)

Including Police A.A. Marathon, Yorkshire and Northern Counties Championships
Also including Northern Vets. Championships (additional fee 25p)

SUNDAY, 21st SEPTEMBER, 1980, AT 12.15 p.m.

Start Wickersley, Changing and Finish Herringthorpe Stadium

PRIZES

1st £40 Plus the de Roeck Trophy

2nd £25 — 3rd £18 — 4th £12 — 5th £8 — 6th £7 — 7th £5 — 8th £5 — 9th £5 D 10th £5 — 11th £5 — 12th £5 — 13th £5 — 14th £5 — 15th £5 — 16th £4 — 17th £4 — 18th £4 — 19th £4 — 20th £4

TEAMS 1st 3 at £10 — 2nd 3 at £6 — 3rd 3 at £4

VETERANS O/40 — 1st £12 — 2nd £8 — 3rd £5. O/50 — 1st £10. O/60 — 1st £10.

LADIES 1st £25 — 2nd £15 — 3rd £10.

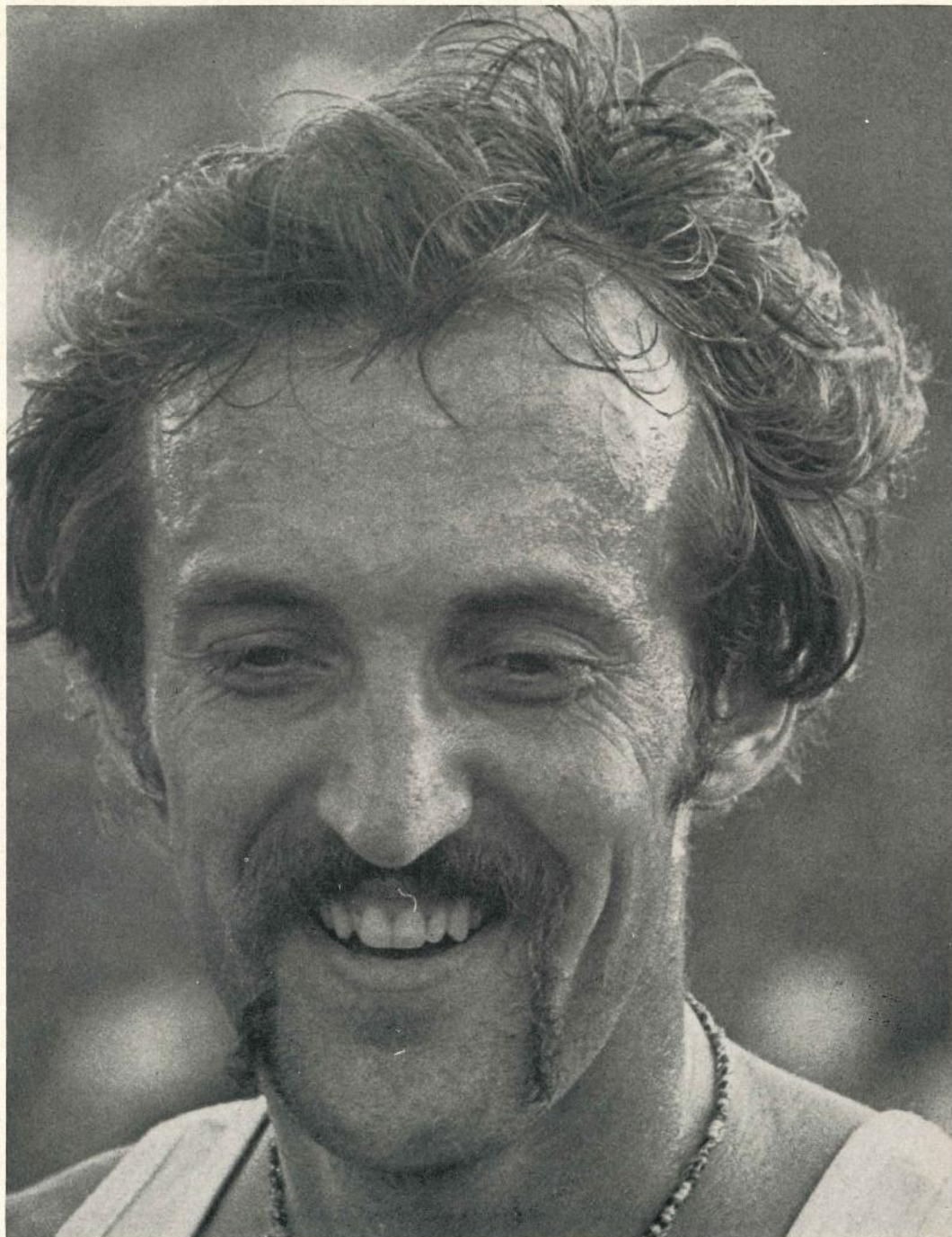
VETERAN TEAMS 1st 3 at — £5 — 2nd 3 at £4 — 3rd 3 at £3.

A STANDARD IS NOT REQUIRED FOR RACE ENTRY

Entries: 75p (no extra for Yorkshire and Northern) to: D. J. Haywood, 14 Whitehill Road, Brinsworth, Rotherham, South Yorkshire. Tel. Rotherham 76219.

CLOSING DATE 6th SEPTEMBER

Police entries separate to: Richard Wittering, Kettering Police Station, Kettering, Northants, Tel. Kettering 83434, Ext. 56.



BRONISLAW MALINOWSKI — OLYMPIC STEEPLECHASE CHAMPION

Peter Tempest

to represent them at something before it is too late. My plan is to leave Poland and settle in Scotland for good by next November or December". Malinowski is 29, and is hoping that the dispensation for Polish footballers to be allowed to leave the country when they have turned 30 will be granted to him too. He dreams of wearing Scotland's blue vest in the next Commonwealth Games.

The Russians were full of surprises at these Games. Viktor Markin, Jaak Uudmae, Vladimir Kisilyev, Viktor Rashchupkin, Dainis Kula and Vera Komisova were hardly world-famous names before the Olympics, yet all finished up as gold medallists. And so too did another little known Soviet athlete, Tatyana Kolpakova by name. Any long jumper who has achieved 6.83m commands respect but as the USSR third string on distance this year there was little indication that she would be the girl to win. The favourite was another Soviet competitor, Tatyana Skatchko, whose recent 7.00m leap ranked her equal 2nd with Jodi Anderson (USA) on the world all-time list, headed of course by Vilma Bardauskiene (7.09) who was not good enough to make the team this year.

It was a fabulous competition, and a pity that Sue Hearnshaw and Sue Reeve were unable to qualify for three more jumps as they might have got caught up in the excitement and been drawn to their best ever performances. A jump of 6.68m was required to survive the 'cut'. The wildly fluctuating nature of the contest can best be summarised round by round:—

Round 1: The fourth competitor in action, Skatchko, leapt the Olympic record distance of 6.96 (wind: +1.60m), while Brigitte Wujak moved into 2nd place with 6.88 and Kolpakova, her right knee strapped, took 3rd with a personal best of 6.84. Jarmila Nygrynova, the former European indoor champion, also set a pb with 6.79 but that placed her only 4th. That was quite an opening salvo but the heavy artillery had yet to be fired!

Round 2: European indoor champion Anna Wlodarczyk, who was dropped from the Polish team last year because her results were not good enough, jumped 6.83 to take over 4th place. Skatchko confirmed her leadership with 6.89 and Kolpakova also showed fine consistency with 6.81.

Round 3: Skatchko continued to look set for the gold medal as she touched down at 7.01, into an 0.41m breeze, for another Olympic record and outright 2nd place on the all-time list.

Tatyana Kolpakova

Born 15.10.1959. Height: 1.69/5'6½", Weight: 60kg/132lb. Personal best: LJ — 7.06m. Annual progression: 1979 — 6.63, 1980 — 7.06.

AAA CENTENARY MEMENTOES

It is unfortunate that Blundell Willis Associates Ltd., one of the suppliers of souvenir items, have gone into voluntary liquidation. The liquidator is confident that all problems of supply have been cleared up and that Blundell Willis will be in a position to continue supplying goods.

The same range of goods can be obtained at the Crystal Palace from Lonsdale Centresport, who have a display at all major meetings, or from their shop at the Centre.

The Amateur Athletic Association expresses its regret at this turn of events and for any inconvenience to enthusiasts; it is, itself, not financially at risk.

Round 4: Nygrynova improved her Czech record to 6.83 to edge Wlodarczyk out of 4th place on the basis of a superior second best, while Kolpakova progressed to 6.87 in consolidating 3rd position.

Round 5: Wlodarczyk's response was a 6.88 leap which took her into the bronze medal position. The situation going into the final flight of jumps was: 1, Skatchko 7.01; 2, Wujak 6.88 (& 6.87); 3, Wlodarczyk 6.88 (& 6.83); 4, Kolpakova 6.87; 5, Nygrynova 6.83; 6, Siegrid Heimann 6.71 (& 6.71); 7, Lidia Alfeyeva — her left thigh so heavily strapped it was a wonder she could run and jump at all — 6.71 (& 6.07); 8, Sigrun Siegl 6.68. Had the competition ended there and then it would have been a remarkable contest, but just look at what happened in the final round . . . and imagine yourself in Tatyana Skatchko's shoes.

Round 6: Skatchko takes her last jump — a modest 6.64 — and thus 7.01 remains the target. Wlodarczyk takes aim and only narrowly misses with a Polish record of 6.95 (+0.35m) to slip into 2nd place at Wujak's expense. Nygrynova can't improve, and then it's the turn of Kolpakova, a 20-year-old blonde from the Kirghiz Soviet Socialist Republic who took up the event seven years ago and first emerged nationally last season when she jumped 6.63. Fast run up, good lift, fine leg extension as she cuts the sand . . . the judge studies the take-off board carefully before raising the white flag. The measurement? 7.06 (+0.41m)! She's in the lead with just two more jumps to complete the competition. The first to go is Brigitte Wujak (née Kunzel), an experienced campaigner who was European Cup winner in 1977 and 1979. It's now all or nothing for her as she has suddenly dived from 2nd place to 4th, and she brings off another monster of a jump. At 7.04 (+0.48m), a new GDR record, it's so nearly the winner. Poor Skatchko, riding high throughout five rounds, has now been relegated to the bronze award, and not just the silver but any medal at all has slipped through Wlodarczyk's fingers. The

ESSEX AMATEUR ATHLETIC ASSOCIATION
ESSEX & OPEN
JUNIOR & SENIOR
DECATHLON &
YOUTHS OCTATHLON

(Under A.A.A. Laws)

SATURDAY/SUNDAY
27th/28th SEPTEMBER

10.30 a.m.

Ashton Playing Fields,
Woodford Bridge, Essex, (All weather track)

Entry Fee: £1.00

INCORPORATING
OPEN 1 HOUR RACE

SUNDAY, 28th SEPTEMBER

2.30 p.m.

Entry Fee: 50p

ENTRIES FOR ALL EVENTS CLOSE 20th SEPTEMBER
Entries To: Roy Gill, 3 Thouroughgood, Rainham, Essex.

ATTENTION ALL ROAD RUNNERS
BASILDON'S FESTIVAL
OF ROAD RUNNING
including the Taswell 10 miles
ON SUNDAY, 14th SEPTEMBER

Watch out for ad. in AW August 16th issue

final jump is taken by Sigrun Siegl, a former world record holder and the 1976 Olympic pentathlon champion. She hasn't been jumping well, but must still be rated a danger. She responds to the stimulus with her season's best mark of 6.87 but good only for 5th place. The world all-time list has taken a battering and now reads: 7.09 Bardauskiene, 7.06 Kolpakova, 7.04 Wujak, 7.01 Skatchko, 7.00 Anderson, 6.99 Siegl, 6.96 Wlodarczyk.

Inexorably, the eagerly anticipated Coe v Ovett duel in the 1500m drew closer. Both won their semis without giving too much away. Steve was into his waving routine **before** he took the lead in the finishing straight (52.9 last lap), while Seb physically fended off Jurgen Straub at one point before sprinting to the second fastest 1500m time (other than in mile races) of his career... 3:39.4 with a 53.6 last lap. As a bonus for British fans, Steve Cram made the final too — obligingly pipping the Soviet 'secret weapon' Vladimir Malozemlin for the all-important 4th place. It was a good day all round for British qualifiers, as Mark Naylor and Meg Ritchie met their respective norms, and the relay squads proceeded to the finals in quest for medals. As there were only eight teams entered for the women's sprint relay no heats were required for that event. There was a blow to British hopes in the men's 4×400, though, as David Jenkins was unwell and his place on the anchor was taken by Glen Cohen. A much bigger blow befell Cuba in the 4×100.

Their potentially winning team of Osvaldo Lara, Alejandro Casanas, Silvio Leonard and Tomas Gonzalez did not complete the race when the last two runners failed to effect a baton exchange. Leonard could be forgiven for feeling the fates were against him: beaten by the narrowest of margins for the 100m gold, just losing out on a 200m medal, and now this. Bad luck too for Jamaica and Belgium (Fons Brijdenbach pulling a muscle) in the men's 4×400, both failing to finish. Fastest split was 44.8 by Pietro Mennea.

1500 METRES

(Semis; 1st 4 & fastest loser to final) Ht 1: 1, STEVE OVETT 3:43.1; 2, D. Zdravkovic (Yug) 3:43.4; 3, A. Busse (GDR) 3:43.5; 4, STEVE CRAM 3:43.6. Elim: 5, V. Malozemlin (USSR) 3:43.6; 6, A. Loikkanen (Fin) 3:44.0; 7, J. Campos (Por) 3:44.4; 8, A. Gonzalez (Fra) 3:44.7; 9, M. Aidet (Alg) 3:44.9. Ht 2: 1, SEB COE 3:39.4; 2, J. Straub (GDR) 3:39.4; 3, J. Marajo (Fra) 3:39.6; 4, V. Fontanella (Ita) 3:40.1; 5, J. Plachy (Cze) 3:40.4. Elim: 6, R. Nemeth (Aut) 3:40.8; 7, V. Tischenko (USSR) 3:41.5; 8, J-L. Gonzalez (Spa) 3:42.6; 9, M. Zerkowski (Pol) 3:48.2.

3000 METRES STEEPLECHASE

1, B. Malinowski (Pol) 8:09.7; 2, F. Bayi (Tan) 8:12.5; 3, E. Tura (Eth) 8:13.6; 4, D. Ramon (Spa) 8:15.8; 5, F. Sanchez (Spa) 8:18.0; 6, G. Gerbi (Ira) 8:18.5; 7, B. Maminski (Pol) 8:19.5; 8, A. Dimov (USSR) 8:19.8.

ALTRINCHAM & DISTRICT A.C.

LINOTYPE MIDLAND BANK '5'

(Under A.A.A. & W.A.A.A. Laws)

5 Mile Road Races for Senior Men & Senior Ladies

WED., 3rd SEPTEMBER, 1980

at 7.30 p.m.

Prizes: 1st 3 Individual Men & Women, 1st 3 Men's teams. 1st 3 Vets O/40, 1st O/50.

Entry Fee: 50p Individual, £1 per team. (3 score, all must enter as Individuals).

Entries: on A.A.A./W.A.A.A. forms to J. B. Saunders, The Grange, Grange Road, Bowdon, Altrincham, Cheshire WA14 3EY.

CLOSING DATE 26th AUGUST, 1980

Thames Valley Police Sports Club

READING POLICE '10'

Men's 10 Miles Road Race

(Under A.A.A. Laws)

SAT., 20th SEPT., 1980

from Reading University,
Whiteknights Park, Reading
(2 miles South of Town on A327)

Starting at 3 p.m.

Many Trophies & Prizes: Individuals, Vets., Teams, Police Officers & Police Teams.

Entry: 50p. No Team fee. All enter as Individuals.

Teams: First 4 home score, any number to run. Full results will be sent to each entrant.

Fee (and S.A.E. if directions required) **to:** Tony Collins, 37 Sterling Road, Kidlington, Oxford OX5 2DT, **by 13th September, 1980.**

Cheques/P.O.'s to: Thames Valley Police Central Sports & Social Club.

**FAST, FLAT COURSE
EXCELLENT CHANGING FACILITIES
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**STEVE CRAM****Olympic 1500m finalist at the age of 19.**

George Herringshaw

HIGH JUMP

Qualifiers: (at 2.21m) J. Freimuth (GDR), H. Lauterbach (GDR), G. Wessig (GDR), R. Dalhauser (Swi), A. Demanyuk (USSR), G. Byelkov (USSR), M. Tamberi (Ita), J. Wszola (Pol), A. Proteasa (Rom), A. Grigoryev (USSR), J. Trzepizur (Pol), MARK NAYLOR, V. Komnenic (Yug), S. Matei (Rom), G. Moreau (Bel), R. Cabrejas (Spa).

HAMMER

1, Y. Sedykh (USSR) 81.80 (**World & Olympic rec**); 2, S. Litvinov (USSR) 80.64; 3, J. Tamm (USSR) 78.96; 4, R. Steuk (GDR) 77.54; 5, D. Gerstenberg (GDR) 74.60; 6, E. Dyulgerov (Bul) 74.04; 7, G. Urlando (Ita) 73.90; 8, I. Golda (Pol) 73.74.

4 × 100 METRES

(Heats; 1st 3 & 2 fastest losers to final) Ht 1: 1, USSR 38.68; 2, France 39.01; 3, Bulgaria 39.25. Ht 2: 1, GDR 38.65; 2, Poland 38.83; 3, UK (MIKE McFARLANE, ALLAN WELLS, CAMERON SHARP, DREW McMASTER) 39.20; 4 eq, Brazil & Nigeria 39.48.

4 × 400 METRES

(Heats; 1st 2 & 2 fastest losers to final) Ht 1: 1, USSR 3:01.8; 2, Brazil 3:04.9. Ht 2: 1, GDR

3:03.4; 2, Czechoslovakia 3:03.5; 3, Italy 3:03.5; 4, Trinidad 3:04.3. Ht 3: 1, France 3:05.4; 2, UK (ALAN BELL, TERRY WHITEHEAD, ROD MILNE, GLEN COHEN) 3:05.9.

WOMEN**LONG JUMP**

1, T. Kolpakova (USSR) 7.06 (**Olympic rec**); 2, B. Wujak (GDR) 7.04; 3, T. Skatchko (USSR) 7.01; 4, A. Wlodarczyk (Pol) 6.95; 5, S. Siegl (GDR) 6.87; 6, J. Nygrynova (Cze) 6.83; 7, S. Heimann (GDR) 6.71; 8, L. Alfeyeva (USSR) 6.71; 9, SUE HEARNshaw 6.50; 10, SUE REEVE 6.46.

DISCUS

Qualifiers: M. Pufe (GDR) 65.52, M. Petkova-Vergova (Bul) 65.02, G. Beyer (GDR) 62.86, T. Lesovaya (USSR) 62.20, S. Bozhkova (Bul) 60.84, F. Tacu (Rom) 60.40, G. Murashova (USSR) 60.32, E. Jahl (GDR) 60.22, Z. Bartonova (Cze) 59.48, MEG RITCHIE 58.66, C. Romero (Cub) 58.60, A. Herczeg (Hun) 57.80.

4 × 400 METRES

(Heats; 1st 3 & 2 fastest losers to final) Ht 1: 1, USSR 3:25.3; 2, Bulgaria 3:28.7; 3, UK (LINSEY MACDONALD, MICHELLE PROBERT, JOSLYN HOYTE-SMITH, DONNA HARTLEY) 3:29.0. Ht 2: 1, GDR 3:28.7; 2, Poland 3:29.7; 3, Hungary 3:29.7; 4, Romania 3:29.8; 5, Belgium 3:30.7.

G.E.C. (Whetstone) Sports & Social Club

4th Annual

GALA DAY OPEN 10 MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

Start at 3.00 p.m.

ON SUNDAY, 24th AUGUST, 1980

Sponsored by G.E.C. Gas Turbines Ltd.,
G.E.C. Reactor Equipment Ltd. &
Nuclear Power Co. Ltd.

Prizes: 1st, 2nd and 3rd Individuals, 1st and 2nd Teams (3 per team). 1st G.E.C. (Whetstone Club Runner). 1st Lady.

TOTAL VALUE OF PRIZES £180

Entry Fees: All Individuals 50p. No Team fee. S.A.E. for acknowledgement. Entries on day £1.00.

CLOSING DATE 18th AUGUST

Cheques & P.O.'s payable to: G.E.C. (Whetstone) Sports & Social Club.

Entries to: '10 Mile Road Race', The General Secretary, G.E.C. (Whetstone) Sports & Social Club, Cambridge Road, Whetstone, Leics. LE8 3LH. Start/Finish & Changing Rooms are at the G.E.C. Social Club.

Whetstone is about 5 miles South of Leicester, near Blaby on the A426.

THE RACE SEB COE JUST HAD TO WIN

FRIDAY, AUGUST 1st

"I'VE GOT to come back and climb the mountain again. The 1500 was going to be a hard event, anyway, but now it's going to be the big race of my life. I **must** win it". That was Seb Coe talking prior to the climax of the Games, the 1500 final.

When I previewed the Coe v Ovett 1500 duel a couple of issues ago I wrote: "With both men so evenly matched physically it will, in the last analysis, come down to mental resolve. On that basis, assuming that Coe has already achieved his main goal of winning the 800m title, I would pick Ovett. For him, failing to win would be unthinkable, whereas for Coe victory would be a bonus and a delight — which is not as strong a motivation to dig down into those ultimate reserves". Well, of course, the unexpected result of the 800 turned this piece of conjecture on its head. Instead of Coe regarding the 1500 almost as an optional extra, it became a dire necessity for his own self-esteem as a runner — never mind the public's expectations — that he make speedy amends for that disastrous showing (by his standards) in the 800. Thus, it was now Coe rather than Ovett for whom "failing to win would be unthinkable". Not that Ovett wasn't anxious to complete the prestigious double, last accomplished by Peter Snell, but with a gold medal already tucked away the race was not so much a matter of athletic life and death for him as it was to Coe. Aware that he was fortunate to get a second bite at the cherry, Seb knew that only victory would suffice. But how to beat Steve, undefeated now in 45 consecutive 1500m or mile races? Obviously he wasn't going to broadcast his

plans to the world, but he stressed in all his interviews that the cardinal sin he had committed in the 800 final was failing at a crucial moment to stay in touch with the leaders. That was an error which would not be repeated.

Indeed, at no point in the race, from the shuffling beginning to the flat-out sprint finish, was Coe ever outside the first two places and he was at all times well poised either to launch his own strike or cover anyone else's. Instead of the hesitant near-novice of the 800 final here was a man in complete control — the answer to critics who already pigeon-holed him as merely a record breaker and not a racer.

The early pace was disappointingly slow, immediately ending any hopes of the record breaking race that might have ensued had Filbert Bayi been in the field. Jurgen Straub and Coe emerged at the head of the reluctant pack, looking for all the world as though they were still warming up. The picture at 400 was: Straub 61.6, Coe 61.7, Steve Cram (at 19 the youngest finalist) 61.7, Jose Marajo 61.8, Ovett 61.8, Andreas Busse and Vittorio Fontanella 61.9. Straub, GDR record holder at 3:33.7 and a man held in respect by both Coe and Ovett, continued into the second lap as leader with Coe running virtually alongside him, out of harm's way, and Ovett and Cram immediately behind. That second lap was even slower at 63.3, the position at 800 being Straub, Coe and Ovett 2:04.9, Cram and Fontanella 2:05.0, Busse and Marajo 2:05.2.

The warm up phase ended abruptly at this point and the Olympic 700m championship began as Straub, in effect, began his run for home! He realised that despite his own destructive kick he would lose out in sheer speed to Coe and Ovett if the race continued at a dawdle up to the last lap, but a sustained drive might just take the sting out of his opponents. As a former world-class steeplechaser he's as tough as old boots and he didn't doubt his ability to maintain the pace once he had committed himself. Fearfully slow as the

EAST CHESHIRE HARRIERS

Annual

7 MILES ROAD RACE

(Under A.A.A. Laws)

Sponsored by

RFA Peniston Ltd. & Hartshhead Labels Ltd.

SUNDAY, 14th SEPTEMBER

at 2.30 p.m.

From Richmond Street Playing Fields,
Ashton-Under-Lyne

Fast Course — Attractive Prizes — Licensed Bar.
Race Souvenir to all competitors.

Awards: 1st 3 Inds., Vets. in 5 age groups & 12 Teams
(4 score, 6 run). **Help make it a team effort.**

Entries to: John Pajak, 77 York House, Stalybridge,
Cheshire SK15 2DJ. Office Tel. 061 205 2321, ext. 556.

Fees: 50p. All to enter as Individuals. No team fee.
Note fees with entries please.

CLOSING DATE MONDAY, 1st SEPTEMBER

Definitely No entries on the day

Seb Coe

Born in London, 29.9.1956. Height: 1.76/5'9"; Weight: 57kg/126lb. Personal bests: 400 — 46.87, 800 — 1:42.4 (world rec), 1000 — 2:13.4 (world rec), 1500 — 3:32.1 (eq world rec), mile — 3:49.0, 3000 — 7:57.4, 5000 — 14:06.2. Major Champs: 1975 Eur Jnr — 3rd 1500, 1977 Eur Ind — 1st 800, 1978 Eur — 3rd 800. Annual progression: 1970 — 4:31.8, 1971 — 4:18.0, 1972 — 4:05.9, 1973 — 3:55.0, 1975 — 3:45.2, 1976 — 3:42.7, 1977 — 3:57.7 (mile), 1978 — 4:02.2 (mile), 1979 — 3:32.1, 1980 — 3:38.4.

race had been up to the 800m point, it now became fearsomely fast. Just subtract the 800m time of 2:04.9 from the winning 1500m time of 3:38.4 and you will find that the last 700m took just 1:33.5... that's 1:46.9 800 speed!

Straub's initiative was a godsend to Coe in particular. Seb was happy to tuck in three metres behind Straub secure in the knowledge that as the closely clustered pack behind him fell back the chances of his being bumped or boxed were being minimised. He was having a clear run. Ovett lurked ominously just a stride's length behind Coe in third place as the runners passed the bell and at 1200m it was Straub 2:59.1 from Coe 2:59.5, Ovett 2M59.7, Busse and Marajo 3:00.0, Fontanella 3:00.2 and Cram 3:00.6. What a lap that was: Straub had covered it in 54.2!

52.2 last lap by Coe

Faster and yet faster went Straub along the back straight; he was running the race of his life and both Coe and Ovett were having to work hard to stay in contact. With 200 to go the East German held a 4m lead over Coe, 6m over Ovett, with the rest now resigned to fighting over fourth place. Rounding the final turn Coe, with Ovett just behind him, closed up on Straub for the kill. Both Britons gathered themselves for one last lung-searing effort but it was Coe, glancing back to take stock of the situation, who got in first. Turning into the straight Coe drew level with Straub and then with another burst of acceleration 80m out, the 'double kick' we had heard whispers of, he was away and winging to everlasting glory. Just for once Ovett's explosive acceleration was missing; he set out in pursuit of Coe but he had no more success in closing the gap than Coe had in chasing him at the finish of the 800. Indeed, the determined Straub refused to give an inch and Steve was unable to pass him. The overall times were very ordinary (Coe 3:38.4, Straub 3:38.8, Ovett 3:39.0) but the quality of the trio's running once Straub threw down the challenge was tremendous. Coe, who covered the last 400 in 52.2, may one day run 1500 some ten seconds faster than he did in Moscow but he will never win a more important race. It took a lot of character, as well as physical talent, for him to climb and conquer that particular mountain. As for Ovett, he seemed jaded — which is not too surprising — but he too ran a fine race and it took a couple of inspired performances to bring that long unbeaten record to an end. His sporting demeanour in defeat will have won him many friends, and how very lucky Britain is to have two such great athletes in the same event at the same time.

Said Coe: "It was a very smooth race. That was the key to it. I was able to do what I'm best at — running freely and uncluttered, thanks to Straub. I couldn't have wished for an easier run

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in terms of bumping and boring, and there was no way I was going to be off the pace this time. I decided to strike at about 180 metres from home. I didn't see Steve Ovett but I realised he was probably latched on to my shoulder, but I didn't get a glimpse of him. As I came towards the finish I was telling myself to remain relaxed. I felt after I kicked that I had made some daylight straight away. I wasn't sure how much distance I had to spare over Steve at the end, but now I've seen the video I'm surprised how far away he was". Seb added: "Steve's a magnificent athlete and we're planning to have a few drinks. I have sympathy for him. In fact we both wished each other well before the race". Seb's father and coach Peter commented: "You've seen an athlete come back from the grave. He's got all the guts in the world. You can do all the training, all the routines and all the schedules but it is those famous words in the last analysis — it's all about character. I really gave him stick about the 800m but he just came straight back and that makes the man".

In an exclusive interview in the *Sunday People* by David Barnes, Steve stated: "I've never buckled under pressure before. But when you're standing on the Olympic line and the gun goes, you are completely alone. The pressure of that is immense. And it looks as though Seb buckled in the 800 and I did the same in the 1500. I felt fine before the race and pretty comfortable into the last 150m. Just as we came off the curve I tried to

sprint with Coe and Straub. But there was no power. I was a man with tired legs. I just didn't realise how tired I was". He added: "I'm proud of my bronze as I am of my gold because I did my best".

There was some remarkable running too in the women's 1500 final, relatively speaking a much faster race than the men's event in that Tatyana Kazankina's winning time of 3:56.6 was only 1.6 sec outside her own world record. Again, the last couple of laps were run at fantastic speed after 800m champion Nadyezhda Olizaryenko had cut out a modest early pace of 65.5 at 400 and 2:13.7 at 800. Kazankina took the lead with 600 remaining, and passed the bell 2m up on Lyubov Smolka, with Natalia Marasescu 3rd another 5m back, then Christine Wartenberg. Olizaryenko

Tatyana Kazankina

Born on 17.12.1951. Height: 1.62/5'3 3/4". Weight: 48kg/106lb.
Personal bests: 800 — 1:55.0, 1500 — 3:55.0 (world rec), 3000 — 8:57.8. Major Champs: 1974 Eur — 4th 1500, 1975 Eur Ind — 2nd 1500, 1976 Oly — 1st 800 & 1500. Annual progression: 1971 — 4:19.0, 1972 — 4:13.6, 1973 — 4:14.2, 1974 — 4:06.0, 1975 — 4:07.9, 1976 — 3:56.0, 1977 — 4:04.2, 1979 — 4:07.8, 1980 — 3:55.0.

CROYDON HARRIERS

Fourteenth Open

FIELD & HURDLES MEETING

(Under A.A.A. & W.A.A.A. Laws)

AT CRYSTAL PALACE
NATIONAL SPORTS CENTRE
ON SAT., 20th SEPT., 1980

Senior Men: H.J., L.J., T.J., P.V., S.P., D.T., H.T., J.T., 110mH, 400mH, 3000m, S/C.

Junior Men: H.J., P.V., 110mH, 400mH, 2000m S/C.

Youths: L.J., P.V., S.P., H.T., 100mH, 1500m S/C.

Senior Women: H.J., L.J., J.T., D.T., S.P., 100mH, 400mH.

Inter Women: H.J., S.P., 80mH, 400mH.

Junior Women: H.J., L.J., S.P., J.T., 75mH.

ENTRIES CLOSE TUES., SEPT. 9th

Entry Fees: 50p first & 40p additional events, Junior Men & Inter Women 40p & 30p additional events. Youths & Junior Women 35p & 25p additional events.

Awards for club aggregate & individual winners.

Entries to: Mr M. A. Fleet, 101 Blenheim Gardens, Wallington, Surrey SM6 9PU. Give age, P.B.s & Club. Please enclose S.A.E.

EAST HULL HARRIERS & A.C.

Annual

HALF MARATHON

and

LADIES HALF MARATHON

(Under A.A.A. & W.A.A.A. Laws)

at Hull on

SUNDAY, 24th AUGUST, 1980

Start 2.30 p.m.

MEN'S FIRST PRIZE PORTABLE TV

2nd — £25, 3rd — £15, 4th — £10, 5th — £7, 6th — £5. Plus prize for first Veteran O/40, O/45, O/50, also first team, (3 to score).

LADIES RACE: First prize to value of £15. Additional prizes if sufficient entries.

Changing at East Hull Harriers Clubhouse, Salthouse Road, Hull.

ENTRY FEE: 75p per Individual — No Team fee.

ENTRIES TO: Mr. P. Dearing, 1 Collynsen Close, Willerby, Hull HU10 6AS. Home Tel. 0482 655299, Office 0482 25796.

CLOSING DATE THURS., 14th AUG.

Programme sent to all entrants



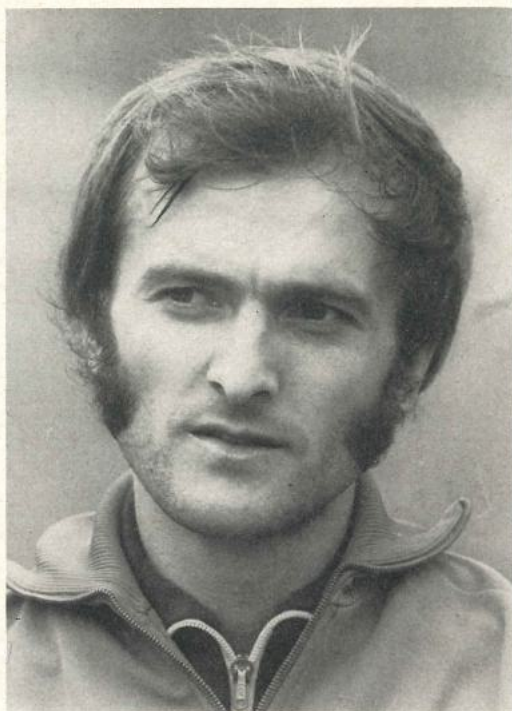
SEB COE — BRITAIN'S FIRST OLYMPIC 1500 CHAMPION FOR 60 YEARS

George Herringshaw

had dropped right behind. It was at this point that the defending champion launched her kick, and such was its devastating effect that in the space of 100m she was 15m clear and going away. She flashed past 1200m in 3:12.3 (58.7 for that third 400!), with Wartenberg — wife of the 1976 Olympic long jump bronze medallist Frank Wartenberg — now in second place and Olizaryenko beginning to come back to life. Kazankina, a better runner than ever since she gave birth a couple of years ago, never faltered throughout a superb last lap which she covered in 57.7. She must have covered the final 800 well inside two minutes! By winning the title Kazankina became only the fourth woman in Olympic history to win a third individual gold medal, joining Fanny Blankers-Koen, Betty Cuthbert and Tamara Press. Wartenberg (née Stoll) broke the GDR record with 3:57.8 in 2nd place and Olizaryenko held on to the bronze. The only Western runner, Gabriella Dorio, just missed breaking the 4 min barrier with a fine run in 4th place. To the relief of many, the reinstated Romanian pair of Silai and Marasescu occupied last two places.

The other middle-distance titbit of this final day was the 5000m, in which Miruts Yifter sought and gained the distinction of becoming the fifth man in history to achieve the 5000/10,000 double, after Hannes Kolehmainen (1912), Emil Zatopek (1952), Vladimir Kuts (1956) and Lasse Viren (1972 & 1976). Not Paavo Nurmi? No, he won the 5000 in 1924, the 10,000 in 1920 and 1928. The race played into the hands of the by now legendary Ethiopian, for no one was prepared to set a fast enough pace to blunt his kick and therefore it was almost inevitable that he would sprint away from everyone during the last lap. Eamonn Coghlan, hoping to become Ireland's first gold medallist since Ronnie Delany in 1956, is no mean kicker himself and was well placed along the final back straight but he fell apart in the home straight to finish out of the medals. Neither he nor anyone else had an answer to Yifter's 54.8 last 400.

The early leader was European silver medallist Aleksandr Fyodotkin, who passed 1000 in 2:38.4. That was fast — 13.12 pace — but cannily the Ethiopian trio went in front after three laps and slowed the pace down. The second kilometre took 2:44.5 and the third 2:45.2, with Mohamed Kedir reaching 3000 in 8:08.1. Sensing the danger of letting the pace get too slow in view of Yifter's renowned sprinting powers, the Finnish revelation of the 10,000, Kaarlo Maaninka, took over for a spell but he wasn't running fast enough to inflict any damage. He passed 4000 in 10:51.1 (2:43.0 for the kilometre) with the entire 12-strong field within the space of a dozen metres. It was still anyone's race, in theory, at the bell — Kedir leading from Coghlan and Yifter. Coghlan moved ahead along the back straight but only for a few strides; thanks to the flagging Kedir letting



WALDEMAR CIERPINSKI
Emulated Abebe Bikila's marathon feat.

Mike Street

him past on the inside Yifter suddenly popped up from seemingly nowhere and was haring away. Suleiman Nyambui, second to Henry Rono on the world all-time list with his 13:12.3 timing of last year, whipped past Coghlan in pursuit to finish second (oddly enough he only qualified for the final as a fastest loser), while Maaninka added to his fast growing reputation by picking off the rolling Irishman in the straight for his second medal of the Games. One of the most remarkable runs came from the other Irish representative, John Treacy, who in 7th place was less than 2 sec away from his national record... an amazing comeback by a man who had collapsed during the 10,000 heats a week earlier. Yifter's winning time was 13:21.0 (2:29.6 final kilometre), so Brendan Foster's 13:20.3 heat time in Montreal survives as the Olympic record!

It was a great Games overall for the British team but in one department at least the results were a disappointment. The 5000, 10,000 and marathon are among Britain's parade events but that wasn't apparent in Moscow. No Briton reached the 5000 final, 11th was our highest placing in the 10,000, and none of our three marathon runners completed the course. Ian Thompson dropped out at halfway with a high

BRITISH MILERS CLUB

COACHES EDUCATION & TRAINING DAY PROGRAMME

(Non-Residential)

TECHNICAL DIRECTOR — Harry Wilson
ORGANISER — Malcolm Coomber

Following last winter's successful pilot weekend the Club will be holding its programme at four centres.

EAST — University of East Anglia	27th-28th September, 1980.	Director: Bob Sexton.
WALES — Cwmbran	4th-5th October, 1980.	Director: Ann Hill.
SOUTH — Cophall Stadium	18th-19th October, 1980.	Director: Malcolm Coomber.
NORTH — venue to be finalised	1st-2nd November, 1980.	Director: Gordon Surtees.

SATURDAY — Coaches Education, SUNDAY — Training Day

It is hoped that the Coaches attending Saturday's, lectures will be able to return to observe Sunday's practical sessions.

Saturday's Programme includes: THE EFFECTS OF TRAINING/SPEED AND STRENGTH TRAINING FOR MIDDLE DISTANCE/TACTICS/ROLE OF THE MIDDLE DISTANCE COACH/DIET.

Sunday's Programme will look at recent developments in Middle Distance training and conditioning. There will be three training sessions during the day

Staff for the weekends will include:

Harry Wilson — National Event Coach
Ron Holman — National Event Coach
Gordon Surtees — Staff Coach
Neville Taylor — Staff Coach
Malcolm Coomber — Staff Coach
Frank Horwill — Senior Coach & Founder Member B.M.C.

Applications to: B.M.C. East c/o 1 Pintail Drive, Mill Park, Bradwell, Norfolk, **by 1st September.**
B.M.C. Wales c/o 8 Turberville Rd., Cwmbran, Gwent NP44 1QG. **by 8th September.**
B.M.C. South c/o 20 Heathwood Gardens, London SE7 8EP, **by 22nd September.**
B.M.C. North c/o 8 Greenwood Rd., Cowper Est., Billingham, Cleveland, **by 6th October.**

COST: Coaches (Saturday) £6.00 including lunch (£7.00 for non-members). Athletes (Sunday) £3.50 (£4.50 for non-members) athletes should bring a packed lunch.

Cheques/P.O.'s payable to the British Milers Club.

THE ANNUAL GENERAL MEETING OF THE BRITISH MILERS CLUB WILL BE HELD ON SUNDAY, 19th OCTOBER, at 1.30 p.m, COPTHALL STADIUM.

Waldemar Cierpinski

Born on 3.8.1950. Height: 1.70/5'7"; Weight: 59kg/130lb. Personal bests; 5000 — 13:36.6, 10,000 — 28:28.2, Mar — 2:09:55, 3000SC — 8:32.4. Major Champs: 1976 Oly — 1st, 1978 Eur — 4th. Annual progression: 1974 — 2:20:29, 1975 — 2:17:31, 1976 — 2:09:55, 1977 — 2:16:00, 1978 — 2:12:20, 1979 — 2:15:50, 1980 — 2:11:03.

temperature (he had not fully recovered from a virus infection), Bernie Ford collapsed from heat exhaustion at around 15 miles, Dave Black retired with a toe injury. Other distinguished non-finishers included Lasse Viren, Gerard Barrett and Kameda Balcha.

The race was a triumph, as it was also in 1976, for Waldemar Cierpinski who now joins Abebe Bikila in the history books as the only man to win a second Olympic marathon title. Vladimir Kotov, the Soviet champion, led out of the stadium and was first at 10km (31:16) and 20km (1:03:42). Mexico's Rodolfo Gomez, the Pan American 10,000m champion, made a determined break at 23km and by 30km (1:33:27) — having run that 10km stretch in 29:45 (!) — he was 23 sec up on a group comprising Satymkul Dzhumanazarov, European record holder Gerard Nijboer, Massimo Magnani, Cierpinski, 1972 and 1976 medallist Karel Lismon and Nedi of

Ethiopia. By 35km (1:49:47) the Mexican's lead had been whittled down to just 3 sec by Nijboer with Cierpinski 3rd in 1:49:52 and Nedi a close 4th in 1:49:53. From this point on Cierpinski said he was confident of winning. He was over 100m clear at 40km as Nijboer battled with Dzhumanazarov and Kotov, and he finished a frisky winner. It was a good way to celebrate his 30th birthday two days later.

Even though they suffered a rare defeat in the women's 4x400, the East Germans finished the Games in style. In addition to Cierpinski's victory and the excellent silver medal runs by Straub and Wartenberg the GDR won three other events, two with world record performances. One, by the women's 4x100 team, was quite predictable; the other, by high jumper Gerd Wessig, came completely out of the blue.

World high jump record

Jacek Wszola, attempting to become the first man ever to defend the high jump title successfully, was looking in good position when he cleared 2.29m at the first attempt. Also over first time were East Germans Jorg Freimuth and Henry Lauterbach (the latter a straddle jumper), while a third GDR representative, Wessig, made it at the second try. Lauterbach bowed out at the next height (2.31) but the other three succeeded: Wessig first time, Wszola and Freimuth at the

MACHEN WELFARE ASSOC.**MOUNTAIN RACE****25th AUGUST, 1980**

Run over a 5½ miles course which rises and falls 1,000 feet across mountain land.

(Run under AAA and Welsh CC laws)

Cups and prizes for both individual and team winners.

A grade 'B' race in the Fell Runners of Great Britain Calendar.

Entries before 1.30 p.m. on the day.

Entries and details: J. W. Gough, Brookfield, Caebach, Machen, Nr Newport, Gwent. Tel. 440237.

WARRINGTON ATHLETIC CLUB

14th Annual

BURTONWOOD ROAD RELAY

4x3.6 Miles Under AAA Laws

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On Saturday, 27th September, 3 p.m.

**From Burtonwood County School,
Green Lane, Burtonwood**

Prizes: First 5 teams, 2 unplaced second teams, first Vets team 0/40. Individual prizes 3 fastest laps, fastest laps U/19 and U/18 on the day. All competitors must be at least 17 years of age on day of race.

Fees: £1.00 'A' team, 75p others on AAA entry forms to Mr. T. A. Leigh, 2 Paignton Close, Penketh, Warrington, Cheshire (Tel. Penketh 6262).

CLOSING DATE 16th SEPTEMBER, 1980

Last year attracted a record entry of 152 teams. Winners: Bolton United Harriers 71.47. Fastest lap Steve Kenyon 17.16.

Gerd Wessig

Born on 16.7.1959. Height: 1.96/6'5";
Weight: 84kg/184lb. Personal best: HJ —
2.36m (world rec). Annual progression:
1976 — 2.06, 1977 — 2.13, 1978 — 2.19,
1979 — 2.21, 1980 — 2.36.

second attempt. Rolf Beilschmidt's GDR record had been equalled by two men. Wszola knew he had to clear 2.33, 2cm under the world record he shared with Dietmar Mogenburg, for a chance of seizing the lead but he couldn't make it — and in any case the inspired Wessig settled the issue by clearing that height at his second go. Wessig, just turned 21 and whose best before this year was a mere 2.21, had already added 3cm to his personal record, but he was 'high' in every sense and calmly flopped over a world record 2.36 (7'8¾") at his second try! Only at 2.38 did he make his exit from a competition which must have exceeded his wildest dreams. Watch out for him also as a budding decathlete: he has run 11.4 for 100m, 50.0 for 400, long jumped 7.40m, put the shot 14m, thrown the discus 42m and the javelin 60m. A privileged spectator of the climax of this astonishing competition was Mark Naylor, who collected several notable scalps himself by placing 9th with a highly respectable 2.21 before failing at the UK record height of 2.24.

Meg Ritchie came out of the women's discus final with credit also. She was a few metres short of her best distance but 9th place (61.16m) was the highest ever achieved by a Briton in this event and had she gained the right to three more throws she might have finished as high as 6th or 7th. Evelin Jahl, who as Evelin Schlaak was champion in Montreal, cried tears of joy when the last throw had landed and she knew she was still champion. She had lost the world record to Maria Petkova (née Vergova) a few weeks earlier but this was ample consolation. She dominated the competition, throwing 69.76 in the 2nd round and the winning 69.96 in the 3rd, followed by two other 68m-plus efforts, whereas the Bulgarian — though consistently over 67m — could not do better than 67.90. Gisela Beyer (20), who is the world shot put record holder's 'little' sister (at a mere 1.85/6'0¾" and 88kg/194lb), made a

Evelin Jahl

Born on 28.3.1956. Height:
1.79/5'10½"; Weight: 84kg/184lb.
Personal best: DT — 71.50m. Major
Champs: 1973 Eur Jnr — 1st, 1976 Oly —
1st, 1978 Eur — 1st. Annual progression:
1969 — 23.70, 1970 — 43.14, 1971 —
49.38, 1972 — 50.00, 1973 — 60.00, 1974
— 63.26, 1975 — 63.44, 1976 — 69.00,
1977 — 65.14, 1978 — 70.22, 1979 —
69.82, 1980 — 71.50.

marvellous start by throwing a personal best of 67.08 in the first round, and that held a medal position until Tatyana Lesovaya pipped her with a 67.40 throw in the 5th round.

GDR girls run 41.60

If there was one event the GDR had as good as sewn up in advance it was the women's 4×100, and sure enough the squad of Romy Muller, Barbel Wockel, Ingrid Auerswald and Marlies Gohr raced to a five-metre victory in a dazzling world record of 41.60. For Barbel it was her fourth Olympic gold medal, equalling the highest ever tally by a woman held by Fanny Blankers-Koen and Betty Cuthbert. The USSR were a clear second in 42.10 and had Lyudmila Kondratyeva been fit to run the team would surely have dipped under 42 sec. The British girls were always in with a good chance of bronze medals and, despite a couple of baton changes which were less than slick, they produced the goods. Heather Hunte, Kathy Smallwood, Bev Goddard and Sonia Lannaman fought off the attentions of a surprisingly good Bulgarian squad to take third in a Commonwealth record of 42.43 — some three metres faster than any other British squad has achieved. In her third Olympics and after so many disappointments it was particularly pleasing that Sonia came away with a medal.

The men's 4×100 saw the first two teams, the USSR and Poland, wage a spirited duel and both smashed the European record of 38.42 as high hurdler Andrey Prokofiev crossed the finish line ahead of Marian Woronin. France picked up her only medal of the Games in third place, a metre ahead of Britain. Try as he did, anchor man Drew McMaster (following on Mike McFarlane, Allan Wells and Cameron Sharp) could not catch the French 100m finalist Herman Panzo and the British lads had to settle for a UK record of 38.62, well inside the old figures of 38.95.

The jinx which has affected British men's 4×400 teams in recent seasons struck again when Glen Cohen fell on the last bend of the last leg.

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THE ACKRILL ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

From Rossett Sports Centre, Harrogate

SUNDAY, 7th SEPTEMBER

1.00 p.m.	Colts	2.5 miles
1.30 p.m.	Boys	2.5 miles
2.00 p.m.	Ladies	2.5 miles
2.30 p.m.	Senior Men	5 miles

Prizes: Colts & Boys 1st 6. Ladies prizes for Seniors, Inters & Vets. Men's for 1st 10 & 3 Vets 0/40, 0/45, 0/50.

Entries to: D. Welch, 14 Brewerton Street, Knaresborough, N. Yorks. HG5 8A2. **Fees:** Colts/Boys 30p, Seniors/Ladies 50p, **before 27th August, 1980.**

He was running 5th at the time. "I was going brilliantly", said Glen, "sure I was going to get the bronze medal. Someone tripped me, I'm sure of that". It was bad luck for all concerned, as Alan Bell, Terry Whitehead and Rod Milne had all run themselves out. There was a great race up front between the USSR (for whom Viktor Markin, who did not run in the previous day's heats, was anchorman) and the GDR. The East Germans led narrowly for the first two stages but a 44.7 leg by Nikolay Chernetskiy took the Russians into a metre lead by the last change. Markin (45.4) stayed in front but he was pressed all the way by fellow gold medallist Volker Beck. A dazzling last leg by Pietro Mennea (44.9) brought Italy through to third.

The women's 4x400 was an equally tense race between the Games' two most successful nations. Again the USSR came out on top, but again one must question why or how the Soviet officials managed to leave out two of their best runners from the heats and yet run them, rested, on the last two stages in the final. Tatyana Prorochenko gave the USSR a good start and on the second lap Tatyana Goitichik held a 2m advantage. Christina Lathan, the 400 bronze medallist, misjudged her run on the third leg and blew up after going too fast too early, leaving Nina Zyuskova (49.8) to hand over nearly 10m up. Marita Koch ran a fabulous anchor, timed at 48.27, but Irina

Ten Medals For Britain

Nazarova (née Bagryantseva) was resolute. She would not be caught, and clocking 48.95 she held on stoutly to win by a metre and a half in 3:20.2.

After a tremendous scrap, Britain won the bronze medals in 3:27.5. Linsey Macdonald (what a Games it had been for her!), Michelle Probert and Joslyn Hoyte-Smith gave it everything, and there was Donna Hartley to run perhaps her greatest race on the anchor. Said Donna, whose individual form this year has been well below her normal: "Everyone put their faith in me, putting me on the last leg, and I knew I had to pull something out. It was a bit of 'the old me' there". Indeed it was, and thus Britain's final medal tally read four gold, two silver and four bronze — a marvellously successful Games.

1500 METRES

1, SEB COE 3:38.4; 2, J. Straub (GDR) 3:38.8; 3, STEVE OVETT 3:39.0; 4, A. Busse (GDR) 3:40.2; 5, V. Fontanella (Ita) 3:40.4; 6, J. Plachy (Cze) 3:40.7; 7, J. Marajo (Fra) 3:41.5; 8, STEVE CRAM 3:42.0; 9, D. Zdravkovic (Yug) 3:43.1.

5000 METRES

1, M. Yifter (Eth) 13:21.0; 2, S. Nyambui (Tan) 13:21.6; 3, K. Maaninka (Fin) 13:22.0; 4, E. Coghlan (RoI) 13:22.8; 5, M. Ryffel (Swi) 13:23.1; 6, D. Millonig (Aut) 13:23.3; 7, J. Treacy (RoI) 13:23.7; 8, A. Fydotkin (USSR) 13:24.1.

MARATHON

1, W. Cierpinski (GDR) 2:11:03; 2, G. Nijboer (Hol) 2:11:20; 3, S. Dzhumanazarov (USSR) 2:11:35; 4, V. Kotov (USSR) 2:12:05; 5, L. Moseyev (USSR) 2:12:14; 6, R. Gomez (Mex) 2:12:39; 7, D. Nedi (Eth) 2:12:44; 8, M. Magnani (Ita) 2:13:12. DAVE BLACK, BERNIE FORD & IAN THOMPSON dnf.

HIGH JUMP

1, G. Wessig (GDR) 2.36 (world & Olympic rec); 2, J. Wszola (Pol) 2.31; 3, J. Freimuth (GDR) 2.31; 4, H. Lauterbach (GDR) 2.29; 5, R. Dalhauser (Swi) 2.24; 6, V. Komnenic (Yug) 2.24; 7, A. Proteasa (Rom) 2.21; 8, A. Grigoryev (USSR) 2.21; 9, MARK NAYLOR 2.21.

4x100 METRES

1, USSR (V. Muravyov, N. Sidorov, A. Aksinin, A. Prokofiev) 38.26 (European rec); 2, Poland (K. Zwolinski, Z. Licznarski, L. Dunecki, M. Woronin) 38.33; 3, France (A. Richard, Pascal Barre, Patrick Barre, H. Panzo) 38.53; 4, UK (MIKE McFARLANE, ALLAN WELLS, CAMERON SHARP, DREW McMASTER)

THIRD ANNUAL GOODRICH VILLAGE FELL RACE

SAT., SEPTEMBER 6th, 1980
Start 2.45 p.m.

4 MILES-750 feet of climbing

Prizes: 1st 6, 1st 2 Vets (O/40), 1st Vet (O/50), 1st 2 Juniors, 1st 2 Ladies.

Entry Fees: (40p) to: Terry Haines, 48 The Triangle, Gloucester GL2 0NG. SAE for directions. Late entries double. Closing date Wed., September 3rd.

Changing: Goodrich Village School. Goodrich is situated between Ross-on-Wye & Monmouth.

DORSET COUNTY W.A.A.A.

LADIES OPEN MEETING

(Under W.A.A.A. Laws)

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SAT/SUN., 13th/14th SEPTEMBER

SATURDAY'S EVENTS:

Senior Heptathlon, Inter. Pentathlon, Junior Pentathlon, 3000m Ladies, 2500m Junior Walk.

SUNDAY'S EVENTS:

Senior Heptathlon, 800m Ladies (Ron Merrie Trophy).

VETERANS WELCOMED — PRIZES ALL EVENTS

Details and entry forms from: Miss B. M. Turner, 20 Ashley Road, Marnhull, Sturminster Newton, Dorset. Tel. 0258 820601.

ENTRIES CLOSE 30th AUGUST

38.62 (UK rec); 5, GDR 38.73; 6, Bulgaria 38.99; 7, Nigeria 39.12; 8, Brazil 39.54.

4 × 400 METRES

1, USSR (R. Valiulis, M. Linge, N. Chernetskiy, V. Markin) 3:01.1; 2, GDR (K. Thiele, A. Knebel, F. Schaffer, V. Beck) 3:01.3; 3, Italy (S. Malinverni, M. Zuliani, R. Tozzi, P. Mennea) 3:04.3; 4, France 3:04.8; 5, Brazil 3:05.9; 6, Trinidad 3:06.6; 7, Czechoslovakia 3:07.0; UK (ALAN BELL, TERRY WHITEHEAD, ROD MILNE, GLEN COHEN) dnf.

WOMEN

1500 METRES

1, T. Kazankina (USSR) 3:56.6 (Olympic rec); 2, C. Wartenberg (GDR) 3:57.8; 3, N. Olizaryenko (USSR) 3:59.6; 4, G. Dorio (Ita) 4:00.3; 5, U. Bruns (GDR) 4:00.7; 6, L. Smolka (USSR) 4:01.3; 7, M. Puica (Rom) 4:01.3; 8, I. Silai (Rom) 4:03.0; 9, N. Marasescu (Rom) 4:04.8.

DISCUS

1, E. Jahl (GDR) 69.96 (Olympic rec); 2, M. Petkova (Bul) 67.90; 3, T. Lesovaya (USSR) 67.40; 4, G. Beyer (GDR) 67.08; 5, M. Pufe (GDR) 66.12; 6, F. Tacu (Rom) 64.38; 7, G.

Murashova (USSR) 63.84; 8, S. Bozhkova (Bul) 63.14; 9, MEG RITCHIE 61.16.

4 × 100 METRES

1, GDR (R. Muller, B. Wockel, I. Auerswald, M. Gohr) 41.60 (world & Olympic rec); 2, USSR (V. Komisova, L. Maslakova, V. Anisimova, N. Botchina) 42.10; 3, UK (HEATHER HUNTE, KATHY SMALLWOOD, BEV GODDARD, SONIA LANNAMAN) 42.43 (Commonwealth & UK rec); 4, Bulgaria 42.67; 5, France 42.84; 6, Jamaica 43.19; 7, Poland 43.59; Sweden dnf.

4 × 400 METRES

1, USSR (T. Prorochenko, T. Goitchik, N. Zyuskova, I. Nazarova) 3:20.2; 2, GDR (G. Lowe, B. Krug, C. Lathan, M. Koch) 3:20.4; 3, UK (LINSEY MACDONALD, MICHELLE PROBERT, JOSLYN HOYTE-SMITH, DONNA HARTLEY) 3:27.5; 4, Romania 3:27.7; 5, Hungary 3:27.9; 6, Poland 3:27.9; 7, Belgium 3:31.6; Bulgaria dnf.

The Recro "Four" at Stoneleigh, nr. Coventry, this Saturday (August 9th) has attracted a first class entry which includes Moorcroft, Ford, Hackney, Smedley, Espir, Goater, Muir, Holden, the Tucks, and some French and New Zealand runners. The race starts at 2.30.

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at 1 p.m.

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3 × 550m Relay — Minor Girls U/11

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3 × 1100m Relay — Junior Ladies U/15

3 × 1100m Relay — Intermediates U/17

Entry Fees for Relays: 80p per team.

2500m Race — Senior Ladies

Prizes: £30, £15, £10, £5, plus 1st 3 teams of 3, and 1st 3 Vets O/35.

Entry Fees: 40p per competitor.

ENTRIES CLOSE 9th SEPTEMBER, 1980

To: Mrs Janet Briggs,

10 Hillfield,

Frodsham,

via Warrington.

Tel. Frodsham (0928) 32142.

All age groups as at midnight August 31st/1st September, 1980.

OLYMPIC STARS AT CRYSTAL PALACE

Five Olympic gold medallists head the cast for the star-studded IAC/Coca-Cola International meeting at Crystal Palace on Friday (August 8th).

Steve Ovett (mile or 5000m), Allan Wells (100m & 200m) and Daley Thompson (100m) wave the home flag, whilst Polish perfectionists, Wladyslaw Kozakiewicz and Bronislaw Malinowski, are both performing at their specialities.

Graham Williamson and Steve Cram are in the mile, whilst Ernest Obeng and bronze medallist, Don Quarrie, will be up against Wells. Malinowski renews his Moscow rivalry with Filbert Bayi, and has promised a crack at the world steeplechase record, and Kozak's opposition will include his gold medal predecessor Tadeusz Slusarski. The vault is always an unpredictable event, but a new UK all-comers record should be the least of Kozak's achievements.

Many of the Olympic team will be on view, from Linsey Macdonald to Geoff Capes, and the Coca-Cola meeting has a reputation for producing something special.

SCHOOLS RESULTS

Scottish Schoolgirls Pentathlon Champs, at Aberdeen (June 7th). (Snrs): M. Rennie 3093. (Inters): 1, S. Urquhart 3513 (2:18.9); 2, D. Fortune 3265; 3, M. Conroy 3187 (1.59, 5.35); 4, J. Law 2890; 5, T. Reid 2816. (Jnrs): 1, S. Booth 3186; 2, C. Spiers 3116 (12.0, 5.17).

Unigate Milk U/13 Champs, at Southampton (July 5th) (Girls): 1500: H Jenner 5:03.5.

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AN ATHLETICS WEEKLY PUBLICATION
In association with Esso

West Midlands Multi-Events Champs, at Perry Park (July 5th/6th). (Snr. Boys): Dec: 1, M. Cartwright 5097; 2, P. Stone 4578. (Inters): Dec: M. Taylor 4806. (Jnrs): Dec: N. Henderson 4478. (Snr. Girls): Pent: P. Rigden 3188 (15.6). (Inters): Pent: 1, E. Whittaker 2956; 2, J. Stafford 2839. (Jnrs): Pent: L. Turner 2999 (12.1).

RUNNING FOR WORLD TITLES

Britain will be represented by Wendy Smith (3000) and Chris Warden and Sue Dalgoutte (400 hurdles) in the IAAF World Championships for those events at Sittard in Holland next week. Kath Binns will compete in a 10,000 race being held in conjunction.

RUNNER'S WORLD — Annual Subscription £14.50. Latest issue by return post. **Sports Market, Box 247, Croydon, Surrey.**

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Yours in Sport,

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