

athletics

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

AUGUST 6th 1977

Vol. 31 No. 32

18p

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ENTRIES CLOSE 29th AUGUST

ATHLETICS WEEKLY

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS AND WORLD ATHLETICS

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THE WEEK AHEAD

Saturday, August 6th: UK v France v Spain Junior International Match, Dole (1st day); Home (Women) International U/21 Match, Middlesbrough; Wales v Eire v Luxemburg (men), Luxemburg; GLC Inter-Boroughs Final, Crystal Palace; Bracknell Relays; Barnsley Silver Jubilee T&F Meeting, Cudworth; Northumberland & Durham Decathlon Champs (1st day) & Pentathlon Champs; Croydon H Field & Hurdles Meeting, Crystal Palace; Barnet & Dist Open Meeting, New River Track; Swanage '12'; Holbeach '10'; Sale '15'; Redcar '10'; Bridge of Allan Highland Games; Newtonmore Highland Games; Brodick Highland Games; Creag Dubh Fell Race (A/4M/1220'), Newtownmore; Borrowdale Fell Race (A/17M/6500'), Rosthwaite; Preston to Morecambe Milk Marathon.

Sunday, August 7th: Junior International Match (2nd day); Northumberland & Durham Decathlon Champs (2nd day); British League/Guardian Royal Exchange Cups Semi-Finals; Lowestoft 4M Carnival Road Race; Barnsley '6'.

Monday, August 8th: World Masters T&F Champs, Gothenburg (to 13th); Cranham Boundary Chase.

Wednesday, August 10th: SCAAA Open Meeting, Crystal Palace; North Berwick Road Race.

Thursday, August 11th: British Police Champs, Hendon.

BRITAIN'S STUDENT TEAM

The British team for the World Student Games in Sofia from August 19th to 23rd is R. Jenkins, A. Bell, S. Scutt, D. Warren, M. Kearns, P. Lawther, N. Rose, R. Smedley, J. Brown, A. Staynings, J. Davies, C. Beattie, D. West, P. Buxton, D. Ottley; (women) A. Lynch, R. Kennedy, P. Lloyd, C. McMeekin, C. Tranter, J. Thompson. Sebastian Coe did not wish to be considered.

* * *

A detailed preview of the European Cup Final in Helsinki will appear in next week's issue, along with an exclusive in-depth interview with Dick Quax.

Cover photo by Reima Mustonen

Philips Gateshead Games

Mel Watman reporting

18 FEET NOT FAR AWAY FOR HOOPER

A MAJOR athletics meeting in Gateshead without Brendan Foster is like a performance of Hamlet without the Prince, yet even though an achilles tendon injury (an after-effect of the AAA 10,000) relegated Bren to the role of spectator last Saturday, the Philips Gateshead Games contained sufficient drama and excitement to satisfy the big crowd. But it was the faithful few who stayed on long after the rest of the meeting had finished to watch the final stages of the pole vault who were treated to the most thrilling sights of all.

Brian Hooper, enjoying the finest moments of his career, cleared 5.35m (17'6½") at the first attempt to add 3cm to his UK record—and then went on to succeed, at his final attempt, at 5.40 (17'8½") before failing three times at the barrier-breaking height of 5.50 (18'0½"). His last try was close enough to indicate that the day of the British 18-footer is close at hand. Hooper feels that with a stiffer pole he will be over that mark. This double breakthrough in height was notable enough, but even more significant was that Hooper was heading for the greatest win in British pole vaulting history. Kjell Isaksson, the former world record holder, was out; so were American champion Mike Tully and Bob Pular. Only one man stood between Hooper and victory: AAA champion Larry Jessee, and he hadn't come too close in his first two attempts at 5.50. However, on the final try, although he bounced the crossbar it stayed aloft and Jessee was the new holder of the UK all-comers record. It had been quite a competition, noteworthy also for a personal best of 5.20 by Keith Stock to become Britain's fifth 17-footer.

Gateshead may be a running stronghold but the local fans are getting used to seeing world class displays in the field events. Rory Kotinek (USA), who had the bar up to a world record 2.34m (7'8") the previous weekend not only obliged with the first 7ft (2.13) jump seen in these parts but finished up leaping 2.23 and

JESSEE AND HOOPER LOSE 3CM

Much to their disappointment, both Larry Jessee and Brian Hooper have lost 3cm from the heights they thought they had vaulted at Gateshead. Meeting organiser John Caine told 'AW' on Monday that, following remeasurement of the bar, application would be made for a UK all-comers record of 5.47m (17'11¼") by Jessee and for a UK national record of 5.37m (17'7¼") by Hooper. The results of the other competitors have not been changed. Earlier in the competition there was controversy when Jessee, after several aborted approach runs with the bar at 5.35m, was charged with a failure. He protested angrily to the officials who, after further consultation, changed their decision and allowed the American to take the full quota of attempts at the next height he chose: 5.40. He cleared on the third attempt.

attempting an all-comers record of 2.29; while Geoff Capes, though not approaching his UK record of 21.55m set at Gateshead last year, unloaded a decisive final put of 20.57 after he and Pete Shmuck had been dead level.

With Foster unable to run in the 5000 and Dennis Coates, suffering from a heavy cold, having to drop out midway through the steeplechase, the local fans had their disappointments but, as increasingly experienced connoisseurs of middle distance running they still had a field day. There was a highly competitive 800, a 3:56.6 mile by John Walker, a very fast 3000 by Nick Rose, remarkable 5000 running by Miruts Yifter and Steve Ovett, an eventful steeplechase and the fastest women's mile seen in Britain.

Sebastian Coe, who thankfully has suffered no ill effects since his run in the AAA, made a bold bid to win the 800, taking the lead shortly after

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**BRIAN HOOPER**

Mike Street

the bell (53.1) and forcing the pace against the wind in an attempt to run the kick out of his opponents. "Tactically it wasn't a good run," he said later, "I should have waited another 150 metres." True, he was passed 40m from the line by Mark Enyeart, the American 1:44.9 performer, but there wasn't much in it at the finish and Coe could well be in peak form just when it matters—in Helsinki.

The windy conditions ruined the prospect of a world record attempt in the mile. Sammy Kipkurgat had intended to lay on a 1:55 first half but he quickly changed his mind and the opening quarters took 59.6 and 2:02.8. Ken Hall was the leader at three-quarters in 3:02.5. John Walker may be woefully short of training because of the cramp which affects his right calf after 30 minutes of running, but that lack was not exactly obvious as he pounced with half a lap to go. Covering his last quarter in under 54 sec, Walker was untroubled by a field which included Europe's two fastest ever milers in Thomas Wessinghage and Eamonn Coghlan. Only one of the first eight finishers in this race was a British athlete! Walker said he was pleased with his form, all things considered ("I'm lucky to be racing at all this year"), but had felt tired even on the first lap ("though only 60, it felt like a 56"). That wasn't so surprising as it was his fifth race in a week, having run 800's in 1:48.2

Rose 7:44.8 Ovett 13:25.0

and 1:46.9 in the AAA, a 3:34.1 1500 in Stockholm on Tuesday and a 3:40+ elsewhere in Sweden on Thursday. Ten hours of travel on Friday didn't help. After Gateshead he was due to take a ten-day break in France and would then be racing at 3000, which could pose a threat to Foster's world record of 7:35.2.

It was at this distance in Gateshead that Nick Rose climbed to second place on the UK all-time list with the sterling time of 7:44.8, fourth fastest in the world this year. Although the result shows Rose winning by almost nine seconds from Tony Simmons (pb of 7:53.6), the event provided him with the "good, competitive race" he was seeking. A 59.1 lap between 1200 and 1600m succeeded in dropping everyone except the new UK 1500 record holder Mike Kearns and it took a prodigious sustained effort by Rose over the next 800 to shake him off. That 59.1 was followed by laps of 61.9 and 60.1, Kearns was forced to submit and Rose ran out the winner by 60m after kilometre splits of 2:37.2, 2:33.5 and 2:34.1. Last lap: 62.6. Kearns, nearly 50m up on Mike McLeod and Tony Simmons at the bell (6:48), was passed by Simmons 30m from the finish—but what a gallant run.

The 5000 brought together a fascinating field, headed by Miruts Yifter (making his long awaited British debut), Dave Black, Bernie Ford, Ian Stewart, Jos Hermens, Josh Kimeto . . . and Steve Ovett, whose one previous attempt at this distance had been a 13:53.4 victory in Ireland a few weeks earlier.

It was Kimeto who led practically throughout the first nine laps, reaching the kilometre in 2:39.2, 2000 in 5:19.8 and 3000 in 8:01.7, at which point Yifter, Ford and Ovett were in close contact, with Mohammed Kadir, Black and Hermens 10m back. Ford took over before 4000 (10:45.0), just in front of Yifter, Black, Kimeto and Ovett. The last named was coping marvelously well at this unfamiliar distance, running without apparent strain. At the bell (12:25.8) four men were left in contention: Ford, Ovett, Yifter and Black. At this stage of the proceedings the chances of Ovett's finish prevailing would have been good . . . had he not been opposed to Yifter whose kick is just about the deadliest of any of the world's distance runners. He has been timed at 23-odd for the last 200 of some of his races! Sure enough, when the 30-year-old Ethiopian struck with 250m to go it was all over. He was 10m up in a flash and at the finish, after a 54.6 last lap, he was 30m clear in the national record time of 13:20.6. Here perhaps was the one man capable of defeating Viren in Montreal, but alas the African boycott deprived him of the chance and we shall never know.

Ovett (21) was absolutely sensational, running a 59.0 last lap for a time of 13:25.0 for eighth place on the UK all-time list. I know I have made the point several times before about Ovett's

incredible range, but the updated list is well worth quoting: 400 in 47.5, 800 in 1:45.4, 1500 in 3:37.5, mile in 3:54.7, 3000 in 7:53.4 and 5000 in 13:25.0! Black just got the better again of Ford for third place, with Bernie setting a personal best of 13:26.0. Ian Stewart, apparently not fully recovered yet following his virus, was dropped on the seventh lap and finished 8th in 13:43.8. Spectating John Walker passed the opinion that Stewart has lost too much weight since switching to a vegetarian diet.

The steeplechase also resulted in an Ethiopian triumph. Much has been written about the misfortune of Filbert Bayi and Mike Boit in having to miss the Olympics, but Ethiopia suffered badly too. Yifter's chances of a couple of medals were bright, and so too was the possibility of an Ethiopian shining in the steeplechase. Remember, in a warm-up meet in Montreal both Eshetu Tura and Yohannes Mohammed smashed the world's best for the 2000 steeplechase with 5:21.2 and 5:22.2, respectively. Here at Gateshead, Tura shaped up as a potential world record breaker at the standard distance as he zipped to a personal best of 8:21.0, pulling well clear over the last two laps to win by 50m from Dan Glans (8:16.3 this year), who had the misfortune to hurt his knee when hitting a barrier with three laps to go and was in great pain for the remainder of the race. To finish, as he did, in 8:29.1 was a gritty effort. Pete Griffiths, who led at five laps in 5:36.0, followed up his fast victory against France with another good time, while Ian Gilmore knocked 4.2 sec off his best with 8:35.8. Dennis Coates dropped out after four laps.

The women's contribution to this feast of middle/long distance racing came in the mile where Grete Waitz, former holder of the world 3000 record, front-ran 4:29.1, which would have been a world record prior to this season. She clocked 67.2 for the first quarter, 68.1 for the second, 67.8 for the third and 66.0 for the fourth. A keen race for second was won by Hilary Hollick, despite being spiked on the first lap, in 4:38.1—2 sec outside the UK record of Mary Stewart, a non-runner.

There were good times all round in the women's 400, where Donna Hartley overhauled Verona Elder in the straight for her season's fastest time of 51.5. Verona ran 52.4 and Ruth Kennedy was overjoyed to break 53 sec for the first time—good news for the relay team's prospects in Helsinki. Progress too for Alan Pascoe in the 400 hurdles; although he was at 51.4 about half a second slower than in the AAA he had the satisfaction this time of beating Richard Graybehl—albeit for third place. "I ran a more controlled race, with fifteens between the ninth and tenth."

100: 1, C. Edwards (USA) 10.4; 2, C. Wells (USA) 10.7; 3, A. Davies (Jam) 10.8; 4, B. Besanko (Aus) 10.8; 5, R. Mitchell (Aus) 11.0. **200:** (+0.6m) 1, Edwards 20.9; 2, A. Bennett 21.3; 3, D. Jenkins 21.5; 4, Davies 21.6; 5, Besanko 21.8; 6, Mitchell 21.9; 7, A. Robinson (USA) 22.2. **800:** 1, M. Enyeart (USA) 1:47.3; 2,

S. Coe 1:47.4; 3, M. Tadesse (Eth) 1:47.7; 4, L. Johnson (USA) 1:47.8; 5, M. Solomon (Tri) 1:48.3; 6, J. Goodacre 1:49.2; 7, P. Lewis 1:49.6; 8, R. Woods 1:49.9. **Mile:** 1, J. Walker (NZ) 3:56.6; 2, T. Wessinghage (WG) 3:57.2; 3, E. Hoving (Neth) 3:57.8; 4, S. Scott (USA) 3:58.1; 5, E. Coghlan (RoI) 3:59.7; 6, F. Clement 4:00.7; 7, K. Hall (Aus) 4:01.5; 8, T. Worku (Eth) 4:02.2; 9, S. Markley 4:03.0; 10, R. Spiers 4:05.5; 11, A. Amos 4:07.4; 12, S. Kipkurgat (Ken) 4:13.8. **3000:** 1, N. Rose 7:44.8; 2, A. Simmons 7:53.6; 3, M. Kearns 7:54.6; 4, T. Katu (Eth) 7:56.6; 5, M. McLeod 7:58.2; 6, R. Smedley 7:59.4; 7, L. Spence 8:01.0; 8, J. McGuinness 8:05.8; 9, M. Prince 8:11.4; 10, A. Armitage 8:12.0; 11, M. Tagg 8:21.2; 12, Gerry Hannon 8:40.4. **5000:** 1, M. Yifter (Eth) 13:20.6; 2, S. Ovett 13:25.0; 3, D. Black 13:25.8; 4, B. Ford 13:26.0; 5, S. Regassa (Eth) 13:33.6; 6, J. Kimeto (Ken) 13:36.6; 7, J. Hermens (Neth) 13:40.0; 8, I. Stewart 13:43.8; 9, M. Kedir (Eth) 13:48.2; 10, M. Little (Aus) 14:09.6; 11, A. Hutton 14:11.2; 12, R. Rojas (USA) 14:14.2.

3000SC: 1, E. Tura (Eth) 8:21.0; 2, D. Glans (Swe) 8:29.1; 3, Y. Mohammed (Eth) 8:30.2; 4, P. Griffiths 8:32.6; 5, A. Staynings 8:33.4; 6, I. Gilmour 8:35.8; 7, J. Wild 8:40.2; 8, A. Holden 8:42.2; 9, J. Bicourt 8:44.4; 10, S. Mitchell 8:56.4; 11, M. Morris 9:01.0; D. Coates & M. East dnf. **400H:** 1, T. Andrews (USA) 49.7; 2, J. King (USA) 49.8; 3, A. Pascoe 51.4; 4, R. Graybehl (USA) 51.4; 5, G. Brown (Aus) 52.8; 6, M. Whittingham 52.9; 7, S. Hinchliffe 54.2; 8, A. Tarquini 55.1. **HJ:** 1, R. Kotinek (USA) 2.23; 2, J. Torring (Den) 2.10. **PV:** 1, L. Jessee (USA) 5.47 (**UK all-comers rec**); 2, B. Hooper 5.37 (**UK national rec**); 3, M. Tully (USA) 5.35; 4, K. Isaksson (Swe) 5.30; 5 eq, K. Stock & R. Pullard (USA) 5.20; 7, A. Williams 5.00. No height: J. Gutteridge & T. Gardner. **SP:** 1, G. Capes 20.57; 2, P. Shmook (USA) 20.04; 3, A. Feuerbach (USA) 18.52; 4, R. Dale 17.87. **Boys 1500:** 1, K. Newton (Sund) 4:09.2; 2, D. Topham (Long) 4:17.1; 3, T. Duffield (Jarrow) 4:19.6; 4, T. Winder (Kendal) 4:20.0; 5, A. Warhurst (E Ches) 4:21.3; 6, T. Franks (Mandale) 4:22.1.

Women

200: 1, R. Boyle (USA) 23.6; 2, R. Boak (Aus) 24.5; 3, J. McGregor 24.8; 4, L. Boothe 24.9; 5, P. Lloyd 25.5; 6, W. Barstead 25.6. **400:** 1, D. Hartley 51.5; 2, V. Elder 52.4; 3, R. Kennedy 52.9; 4, B. Nail (Aus) 53.7; 5, E. Sutherland 54.2; 6, Boak 54.2. **Mile:** 1, G. Waitz (Nor) 4:29.1 (**UK all-comers rec**); 2, H. Hollick 4:38.1; 3, C. Hanson 4:38.8; 4, C. Boxer 4:39.4; 5, P. Yule 4:42.0; 6, A. Cook 4:47.4; 7, A. Garrett (NZ) 4:50.8; 8, A. Creamer 4:56.3; 9, M. Chambers 5:02.7; 10, P. Crawford 5:18.9.

ROTHERHAM BOROUGH SPORTS

In their advertisement on July 23rd two 400m events for men were shown. The second one with prizes valued at £10, £5, £3 should have been 800m. Will intending competitors please note. Entries close on Monday.

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LITTLE GOES A LONG WAY

THE star of the Schools Home International held at the Yeovil Recreation Centre on July 16th was 16-year-old Peter Little of Edinburgh AC, who came away with five 'golds', including a 100/200m long jump treble of 10.8/21.7/7.12m, the latter being a Scottish junior record.

The weather was fine, with a few spots of rain to start with until a sharp downpour just as Vincent Clemmens (16) was attempting 2.05m. He just failed at that height but had previously cleared a personal best of 2.03. Another fine performance was by Ireland's D. Hegarty whose 65.86m in the hammer confirmed his recent 67m training throws.

The girls of England showed tremendous supremacy with first and second places in virtually all races. The most excitement was caused by the 1500 with local girl Sarah Andrews leading after 200 in front of Sandra Arthunton, seemingly only half Sarah's height. She gradually came up to and overtook the taller girl at the last bend and they ran in neck and neck for a dead heat in personal bests by a long way.

Peter V. Martin

100 (-0.2): 1, P. Little (S) 10.8; 2, D. Trick (E) 10.9; 3, C. O'Flaherty (I) 11.3. **(B)** (-1.5): 1, D. Clarke (S) 11.3; 2, D. Bills (E) 11.3; 3, A. Devine (I) 11.5. **200** (-1.7): 1, Little 21.7; 2, Devine 22.4; 3, C. Adams (E) 22.8. **(B)** (nil): 1, O'Flaherty 22.6; 2, A. Drinkwater (E) 22.6; 3, G. McKinley (S) 23.2; 4, M. James (W) 23.2. **400**: 1, R. Nelson (S) 50.4; 2, A. Mbanu (E) 50.7; 3, D. Guyett (I) 50.9; 4, M. Owen (W) 51.5. **(B)**: 1, J. Spooner (E) 50.3; 2, A. Morgan (W) 50.3; 3, D. Mulheron (S) 50.9; 4, B. O'Keefe (I) 52.1. **800**: 1, J. Spooner (E) 1:56.7; 2, B. McDonald (I) 1:57.3; 3, I. Stewart (E) 1:57.3; 4, R. Humphries (I) 1:57.9; 5, B. Lumsden (S) 2:00.4; 6, M. Britten (W) 2:01.5; 7, J. Boyce (S) 2:01.5. **1500**: 1, S. Cram (E) 3:57.8; 2, G. McCall (E) 4:03.4; 3, I. Doole (S) 4:05.8; 4, D. Lynch (I) 4:07.2; 5, M. Bounds (W) 4:09.8; 6, T. Wilcock (W) 4:09.8. **3000**: 1, G. Smith (E) 8:41.4; 2, T. Breen (I) 8:42.0; 3, S. Catchpole (E) 8:42.4; 4, C. Clarkson (W) 8:43.4; 5, A. Douglas (S) 8:46.0;

— In Schools International

6, B. O'Keefe (I) 8:51.2. **1500SC**: 1, D. Parish (E) 4:22.1; 2, D. Lewis (E) 4:26.0; 3, M. Martin (S) 4:29.8; 4, D. O'Donnell (I) 4:30.9; 5, T. Melville (I) 4:30.9; 6, A. Jones (W) 4:33.0; 7, J. Jessum (W) 4:38.8. **100H** (-3.1): 1, D. Kelly (I) 13.6; 2, R. Willard (E) 13.9; 3, S. Chisholm (S) 14.1. **(B)** (-0.6): 1, P. Adams (E) 13.7; 2, T. Lewis (W) 14.3; 3, C. Dunlop (S) 14.5; 4, P. Horner (I) 14.5. **400H**: 1, J. Kearns (E) 55.9; 2, C. Hammer (W) 57.3; 3, M. McClure (I) 58.2; 4, I. Gray (S) 60.3. **(B)**: 1, P. Goacher (E) 55.9; 2, J. Conway (I) 60.1; 3, D. Farrington (S) 60.8.

HJ: 1, V. Clemmens (E—age 16) 2.03; 2, T. Llewellyn (E) 1.93; 3, C. Allan (S) 1.90; 4, R. McLoughlin (I) 1.80; 5, S. McAslan (S) 1.80. **PV**: 1, J. Ball (E) 3.70; 2, G. Brown (S) 3.60; 3, J. Hartnett (I) 3.50; 4, J. Durkin (I) 3.20; 5, R. Hughes (W) 3.20; 6, M. Howells (W) 3.20. **LJ**: 1, P. Little (S) 7.12 (Scottish Jnr rec); 2, T. Sinclair (E) 6.88; 3, J. Barrington (W) 6.60; 4, P. Hanson (E) 6.54; 5, N. McCarthy (I) 6.40; 6, D. Emslie (S) 6.34. **TJ**: 1, McCarthy 14.03; 2, N. Leech (E) 14.02; 3, P. Ward (W) 13.86; 4, C. Thomas (W) 13.56; 5, G. Moloney (I) 13.49; 6, C. Brown (E) 13.33. **SP**: 1, A. Zaidman (E) 16.26; 2, J. Reynolds (I) 15.17; 3, G. Savory (E) 15.13; 4, P. Rees (W) 14.92; 5, R. Shortall (I) 13.80; 6, A. Nicolson (S) 13.41. **DT**: 1, P. Bowkett (E) 49.18; 2, P. Smith (E) 43.78; 3, J. Buttriss (W) 43.42; 4, D. McSweeney (I) 42.82; 5, R. Shortall (I) 41.04; 6, P. Mardle (S) 41.02. **HT**: 1, D. Hegarty (I) 65.86; 2, M. Mitchell (E) 57.94; 3, R. Earle (E) 55.90; 4, K. Cardiff (I) 54.70; 5, E. Thom (S) 44.10; 6, L. Nisbet (S) 43.34. **JT**: 1, G. Martland (E) 60.48; 2, G. Callum (E) 56.54; 3, N. Thomas (W) 53.04. **JT**: 1, G. Martland (E) 60.48; 2, G. Callum (E) 56.54; 3, N. Thomas (W) 53.04; 4, P. Ruffi (I) 51.16; 5, S. Cahill (W) 49.12. **4 x 100**: 1, Scotland 42.7; 2, Ireland 43.5; 3, England 44.1; 4, Wales 44.7. **4 x 400**: 1, Scotland 3:24.3; 2, England 3:26.1; 3, Wales 3:32.0; 4, Ireland 3:32.6. **Teams**: 1, England 227; 2, Ireland 168; 3, Scotland 134; 4, Wales.

MISTLEY SPORTS FESTIVAL

5 MILE ROAD RACE

(Under A.A.A. Laws)

Organised by Colchester Athletic Club

SUNDAY, 4th SEPTEMBER

Start 3.00 p.m.

Furze Hills Recreation Ground, Mistley, Essex

Prizes for Individuals, Vets and Teams.

Fee: 30p Individual, no Team fee.

Entries to P. J. Chillingworth, 3 Edison Close, Braintree, Essex.

ENTRIES CLOSE TUESDAY, 30th AUGUST

WOODFORD GREEN A. C.

OPEN GRADED MEETING

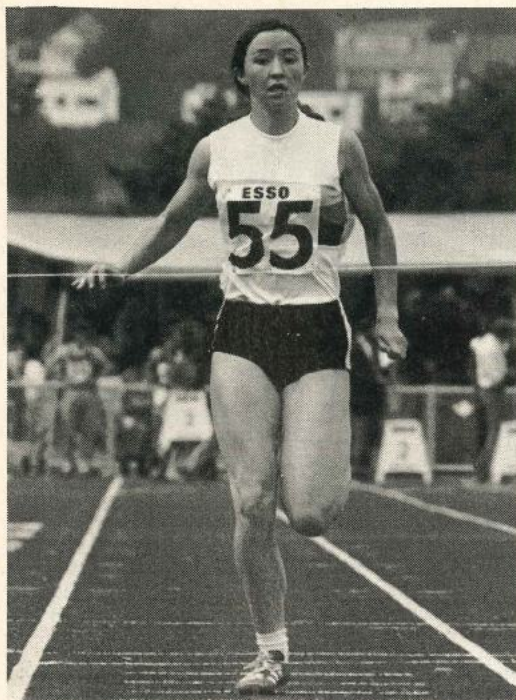
(Under A.A.A. Laws)

AT ASHTON TRACK, WOODFORD BRIDGE
WEDNESDAY, 24th AUGUST

6.40 p.m. 3000 metres Walk
7.00 p.m. 200 metres; Hammer; Long Jump
7.30 p.m. 2000 metres Steeplechase
7.50 p.m. 1500 metres

Entries: Vets, Seniors 20p, others 15p per event, to John L. Hayward, 128 Princes Road, Buckhurst Hill, Essex, stating name, age, address, club, event and FORM EXPECTED.

Entries NOT accepted on the night
CLOSING DATE 22nd AUGUST



Pippa Baker, winner of the English Schools intermediate 100m in a record 11.6.

Bob Sly

Girls

100 (-2.9): 1, P. Baker (E) 12.5; 2, D. Thorne (W) 12.6; 3, P. Almond (I) 12.9. **(B)** (-1.3): 1, L. Stewart (E) 12.6; 2, G. Shine (I) 12.7; 3, K. Taylor (W) 12.9. **200** (-0.1): 1, Almond 25.1; 2, R. Richards (E) 25.2; 3, Thorne 25.9. **(B)** (-0.1): 1, L. Scott (E) 25.6; 2, Taylor 25.6; 3, Shine 25.7; 4, B. Davidson (S) 26.2. **400**: 1, T. Burgess (E) 56.8; 2, B. Kavanagh (I) 56.9; 3, S. Waters (W) 57.7; 4, S. Gammack (S) 59.8. **(B)**: 1, B. Sherringham (E) 57.5; 2, M. Chambers (I) 59.2; 3, C. Crosbie (S) 59.6. **800**: 1, A. Clifford (E) 2:08.8; 2, S. Ludlam (E) 2:09.8; 3, M. McKenna (I) 2:11.3; 4, M. Hennessy (I) 2:12.5; 5, K. McDermott (W) 2:13.3; 6, G. Williams (W) 2:13.4; 7, V. Hutton (S) 2:16.2; 8, S. Walker (S) 2:21.4. **1500**: 1, S. Andrews (E) 4:31.0; 2, S. Arthurton (E) 4:31.0; 3, V. O'Mahoney (I) 4:38.7; 4, A. Fox (W) 4:41.5; 5, M. McQueen (S) 4:42.8; 6, G. Irvine (W) 4:48.4; 7, A. Keenan (I) 4:57.4. **80H** (-0.2): 1, W. McDonnell (E) 11.4; 2, E. O'Brien (I) 12.0; 3, S. Wright (W) 12.8. **(B)** (+0.1): 1, J. Livermore (E) 11.8; 2, P. Maher (I) 12.4; 3, N. Evans (W) 12.6. **HJ**: 1, D. Elliott (E) 1.71; 2, F. Kennedy (I) 1.69; 3, B. Simmonds (E) 1.66; 4, M. Somerville (S) 1.66; 5, S. Brown (S) 1.63; 6, R. Davis (W) 1.55; 7, C. Whelan (I) 1.55. **IJ**: 1, S. Hearnshaw (E) 6.06; 2, N. McGee (E) 5.72; 3, E. O'Brien (I) 5.51; 4, A. Lowe (S) 5.36;

5, S. McMenamin (I) 5.27; 6, M. Somerville (S) 5.20. **SP**: 1, H. Clarke (E) 11.45; 2, M. Tree (E) 11.40; 3, J. Dooley (I) 11.01; 4, C. McCormack (I) 10.58; 5, A. Hourihan (W) 9.75; 6, C. Lightbody (S) 9.30. **DT**: 1, F. Condon (E) 41.14; 2, A. Franks (E) 39.02; 3, Hourihan 37.92; 4, Dooley 36.70; 5, C. Williams (W) 36.52; 6, R. Hanvey (I) 36.16; 7, I. Reynolds (S) 33.18; 8, Lightbody 31.50. **JT**: 1, F. Whitbread (E) 43.20; 2, J. Seldon (E) 42.64; 3, V. Price (S) 36.88; 4, J. Tubb (W) 36.64; 5, M. Corbett (I) 31.28; 6, S. Bowen (W) 30.14. **4 x 100**: 1, England 47.3; 2, Wales 48.3; 3, Ireland 49.7; 4, Scotland 50.5. **Teams**: 1, England 157; 2, Ireland 106; 3, Wales 80; 4, Scotland 70.

Clover Throws 80.98m

INTER-SERVICES CHAMPIONSHIPS

At RAF Cosford, July 13th

100: 1, S. Hall (A) 10.7; 2, D. Halliday (RAF) 10.7; 3, E. Cutting (RAF) 10.9. **200**: 1, Hall 21.4; 2, Cutting 22.0; 3, Halliday 22.1. **400**: 1, M. Delaney (RAF) 49.0; 2, J. Akabusi (A) 49.1; 3, A. Woodin (RN) 49.5; 4, M. Ducas (RAF) 50.0. **800**: 1, A. Williams (RAF) 1:51.3; 2, M. Edwards (A) 1:51.4; 3, G. Grant (A) 1:51.4; 4, S. Larder (RAF) 1:53.4. **1500**: 1, Grant 3:47.7; 2, J. Goater (RAF) 3:48.2; 3, S. Jones (RAF) 3:48.5. **5000**: 1, Goater 14:00.5; 2, J. Wild (RAF) 14:43.4. **3000SC**: 1, Wild 8:52.4; 2, Jones 9:01.4; 3, S. Turner (A) 9:09.2; 4, T. Davies (A) 9:33.4. **110H**: 1, M. Butterfield (RAF) 15.3; 2, J. Taylor (A) 15.4; 3, M. Morgan (A) 15.8; 4, J. Clatworthy (RAF) 15.9. **400H**: 1, T. Lewis (RN) 55.6; 2, J. Symonds (RAF) 55.8; 3, D. Pownall-Grey (A) 56.8; 4, M. Shaw (A) 57.1. **HJ**: 1, Butterfield 2.06; 2, G. Robertson (RAF) 2.00; 3, J. Hutchinson (A) 1.90. **PV**: 1, P. Cribb (A) 4.10; 2, A. Mooney (A) 3.90; 3, N. McPhee (RN) 3.60; 4, J. Ellis (RN) 3.60. **IJ**: 1, G. Hughes (RAF) 7.03; 2, A. Rose (A) 6.89. **TJ**: 1, Hughes 14.02; 2, E. Thompson (RAF) 13.93; 3, R. Herd (A) 13.78; 4, P. Taylor (A) 13.77. **SP**: 1, E. Ricketts (A) 15.31; 2, T. Walhen (RN) 14.80; 3, E. Kelland (RN) 14.60; 4, C. Jeffrey (A) 13.93; 5, G. Wilson (RAF) 13.53. **DT**: 1, T. Ratcliffe (A) 47.72; 2, M. Maloney (A) 47.04; 3, Walhen 43.70; 4, Kelland 42.14; 5, Jeffrey 41.76. **HT**: 1, P. Stark (RAF) 50.86; 2, K. Bodger (A) 50.20; 3, B. Hughes (A) 47.94; 4, M. Slaney (RAF) 46.64; 5, B. Grub (RN) 44.32. **JT**: 1, C. Clover (A) 80.98; 2, J. Brooks (RAF) 66.26; 3, M. Green (RAF) 59.22; 4, M. Annis (A) 59.18; 5, B. Hawcock (RN) 55.88. **4 x 100**: RAF 43.4. **4 x 400**: 1, RAF 3:17.2; 2, Army 3:17.2. **Teams**: 1, RAF 161; 2, Army 151; 3, Royal Navy 79.

Women

400: 1, T. Colebrook (RAF) 57.2; 2, E. Fisher (RAF) 58.8. **800**: 1, J. Walsh (RN) 2:17.2; 2, J. Hulbert (RAF) 2:17.8. **HJ**: 1, B. Jones (A) 1.63; 2, Colebrook 1.60. **SP**: 1, V. Head (A) 15.40; 2, E. Elliott (A) 12.80; 3, F. Pincock (RAF) 10.61. **DT**: 1, Head 43.36; 2, J. Pickering (RN) 37.24; 3, J. Royle (RAF) 34.34; 4, J. Homer (RAF) 33.34. **JT**: 1, J. Elliott (RAF) 39.72; 2, B. Clewlow (A) 36.50. **4 x 100**: Army 49.6. **Teams**: 1, Army 93; 2, RAF 85; 3, Navy 50.

Sweden v UK v Poland**At Stockholm, July 25/26th****MIKE KEARNS CRACKS UK RECORD**

BRITAIN'S women athletes, enjoying one of their most successful seasons, scored a crushing double victory over Sweden and European Cup finalists Poland in Stockholm on July 25th/26th, and although a less than full strength men's team lost to Poland, they defeated Sweden comfortably. The outstanding British performance, however, came from outside the match events when 23-year-old Mike Kearns, the Inter-Counties mile champion, ran an inspired race behind John Walker in the New Zealander's unsuccessful attempt on the world 1500m record, and was rewarded with a UK record of 3:36.8—a personal improvement for Kearns of three seconds, and slicing 0.6 off Frank Clement's record set three years ago on the same track.

Cliff Temple reports

Walker's attempt on Filbert Bayi's mark of 3:32.2 was a brave one, but the Olympic champion had been troubled with leg problems for some weeks and when, just before the meeting, it began to rain he must have known his task was virtually impossible. The American pacemaker Lloyd Johnson went straight into the lead at the gun and towed the 10-man field round the first lap in 56.6, with Walker, Poland's Jan Debski, and Kearns following him, and by the 800m mark (1:55.6) a long gap had already opened behind these four. With the 800m time about two seconds slower than Walker had wanted, Johnson dropped out, leaving the Kiwi to strike for home earlier than intended. With the crowd clapping rhythmically, Walker began his chase for the record, and the inspired Kearns went with him as Debski dropped back.

At 1200m (2:52.4) Walker was still only 2m up on Kearns, and although he stretched the gap to nearer 20m at the line, the gutty run by the Tipton Harrier had produced a superb breakthrough. Walker's final time of 3:34.1 was the world's fastest this year, but the conditions, plus the fact that he was spiked early in the race, had weighed against him. Fortunately there was no wind, or the time would probably have suffered more.

Mike Kearns, who is studying metallurgy at Birmingham University and must now be one of the favourites for the World Student Games 1500m in Sofia, had a previous best of 3:39.8, set in finishing fourth behind Steve Ovett at Cwmbran in June. He has also run 3:57.9 for the mile, finishing fifth at the Debenhams Games, and his record here was his second good 1500m in 24 hours—the previous day he had won the match event with a sustained kick in 3:44.3.

"Winning races in slow times is all very well, but it's not very satisfying," he said after his record run. "I was ill after my race last night, and I didn't make a decision to run in the second race until this morning. I thought I could get a fast time by running against Walker, but I was more worried about the rest of the field. I knew they were going to try to go through the 800m in 1:53, and as my best until this year was only 1:54, that worried me a bit!" Kearns, who stands 1.80/5'11" tall and weighs 65kg/144lb, has enjoyed a good season already, winning internationally in Turin and Nice. He decided to miss the AAA championships because of the Stockholm match, where he was the A. N. Other finally selected to join Paul Lawther, who declined the chance to run in the second race.

In the match itself, the women's 4 x 100m relay was perhaps the most dramatic event. Not only did the Swedes fail to transfer the baton at the second takeover, and the Poles find themselves disqualified for a faulty first takeover, but a brilliant anchor leg by Andrea Lynch took Britain past Poland for 'victory'. However, the race was a disaster for Sonia Lannaman, who injured a groin muscle during the second stage, but pluckily managed to get the baton to Sharon Colyear before limping to the side of the track, to be eventually carried off. At first it seemed that her hamstring, which caused so much frustration last year, had gone again, but after medical attention it appeared that the injury was not as bad as it had looked, and Sonia should be back in action for the European Cup final. Earlier she had caused other anxious moments, when she knocked both her knees heavily against the barrier padding at the end of the sprint straight, after winning the 100m. It was not one of her best races this year ("I was asleep in the blocks"), but she got moving over the second 50m to win by 0.08 from Andrea Lynch, now getting back towards her top form.

Sonia's place in the 200m was taken by Donna Hartley, and with Irena Szewinska not present (she was reportedly preparing in France for the European Cup final), she and Andrea excelled. Andrea won the race in 23.18 from Donna's 23.35, aided by a legal 1.6m/sec wind. In the 400m Donna had clocked her fastest time of the year (51.76), and British dominance on the track was widespread. Jane Colebrook and Lesley Kiernan took maximum points in the 800m, as did Hilary Hollick and Mary Stewart in the 1500m. Hilary inflicted a rare defeat by another British athlete on Mary in a personal best (and Welsh record) of 4:12.9. A personal best, too, for Ann Ford who ran right away with the 3000m in 9:03.9 in a race which saw the re-appearance of Sweden's former teenage prodigy

Inger Knutsson. With Sharon Colyear taking the 100m hurdles and both relay teams successful, the only women's track race Britain did not win was the 400m hurdles. Here Liz Sutherland started characteristically fast to be disconcerted by the second hurdle being set three inches too high. Poland's Elzbieta Katolik led into the long straight, with Christine Warden also coming through into second place, but at the last hurdle Chris hit the flight hard and fell. With admirable presence of mind she got up to finish (in 62.02) only to learn that she had already been disqualified for apparently trailing a leg at an earlier hurdle.

In the high jump, Brenda Gibbs set an outdoor personal best of 1.81m to share the winning height, and was very close in one attempt at 1.84 (6'0 $\frac{1}{4}$ "). Sue Reeve confirmed her new level with an ultra-consistent long jump series with three leaps in the 6.59/6.60m range, and two others of 6.52. One of her two 6.60 jumps was marginally windy (+2.2m/sec), but the other was legal (+1.5m/sec). Judith Oakes had her best outdoor shot mark of the season, 15.83m as she and Brenda Bedford split the Poles; Meg Ritchie did the same thing in the discus, with Janet Thompson not far off joining her. Tessa Sanderson was Britain's second field event winner, while in the 5000m track walk Marion Fawkes became the first British girl to dip under 24 minutes when she clipped over 10 seconds off her own UK record with 23:59.6. Carol Tyson (19) was quite close to the old record too, as she knocked half

a minute off her best with 24:17.7. The race was a triumph for the Swedish girls, though, who walked an immaculate team race, with Britt Holmqvist and Siw Gustavsson coming into the final straight side by side before Holmqvist broke away to set a new world record of 23:33.7. Gustavsson was second in 23:37.1, also under the old mark, which was held at 23:48.2 by Margareta Simu, who was third here in 23:54.0.

The Swedes did not have a great deal to cheer in the men's match, with Christer Garpenborg (100m) and Dan Glans (steeplechase) their only track winners. David Jenkins successfully stepped down to the 200m, while Ryszard Podlas of Poland just nipped Glen Cohen in the 400m with both Cohen (46.39) and Danny Laing (46.91) running their fastest times of the year. David Warren made up for his poor AAA championship showing three days earlier by winning the 800m in a personal best of 1:47.4. Warren was hopelessly boxed at 600m, but the long home straight in the stadium (which was the site of the 1912 Olympics) allowed him time to rectify the situation and hold off 1:45.4 performer Marian Gesicki. Early pacemaker Frank Clement, racing only sparingly so far, could be well pleased with his 1:48.0 too.

Neil Coupland, with a faster second half (14:20.6 at 5000m) ran away with the 10,000m like clockwork, after he and Grenville Tuck (who ran the last ten laps with an injured achilles tendon) had systematically burned off the oppo-

continued on page 22

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National Veterans Championships**At Cophall, July 16th/17th****ANOTHER RECORD FOR DR MAKSIMCZYK**

ATLETES from Australia, New Zealand and the USA—as well as leading Britons—warmed up for the World Masters Championships in Gothenburg by competing in the National Veteran Championships at Cophall on July 16th/17th. I don't expect there has ever been a national championship where the organisers (Jack Fitzgerald and Jack Heywood) competed and the track and field referees were both women (Jeanne Coker and Joan Whitehead).

The best performance award went to Konstantin 'Ken' Maksimczyk (63), a Bristol chest physician who set an age 60-64 world best with the one kilo discus two years ago. Here he broke his own world record with an official 52.64km. In practice beforehand he did an incredible 54m, and after the competition he reached 53.80. Maksimczyk obtained his first international vest in 1936 for Poland v East Prussia, was 1950 Inter-Counties champion and has competed for Scotland.

In the triple jump first-year veteran David Smith beat his own British age record, which he accomplished in the Sussex Championships at 13.49m, with 13.67 in these Championships.

Probably the most exciting races of the meeting were the 1A 400, 800, 1500 and women's 1500.

Fred Smith nearly caught Ronnie Anderson in the 400 and will be aiming for a relay 'gold' in Gothenburg. Anderson, as a first-year vet, looked impressive with his 1:58.6 win in the 800 and in better conditions the world age record he set earlier this year of 1:56.3 would have been threatened. Anderson has been allowed to run in Britain but due to receiving money as a pro he has not been reinstated for Gothenburg. Nat Fisher, runner-up to Roy Fowler in the National Vets cross-country, had been doing 40 miles a week of quality work till the Southern, then suffered sciatic nerve trouble and was unable to train for the three weeks up to the event, which made the final of the 1500 a closer affair. Don Taylor went through 400 in 63 and Fisher was next in 65, then Fisher made a couple of efforts to get away from a group containing Brian Parkes, Brian Bullen, Evan Williams and John Oliver, and Fisher really had to grit his teeth for a last 100m sprint to get away from the group.

John Gilmour (58), from Australia, was probably the revelation on the track in class 2B; he won the 800 smoothly, moving away in the third 200, and also won his class in the 5000 and 10,000—but that was not surprising as he holds the

NINTH ROSSENDALE**FELL RACE****(Sponsored by Rossendale Free Press)****(Under AAA Laws)****SUNDAY, SEPTEMBER 11th, 1977****AT MARL-PITS, RAWTENSTALL****Start 2.00 p.m.**

Prizes to first 10 individuals, first Vet. Trophies for individual winner and winning team (3 count by position). Certificate to all finishers.

Record: Ricky Wilde 58.40 (1972)

Entries: Individual 40p (no team fee) by Sept. 1st to Graham Wright, 344 Blackburn Road, Haslingden, Rossendale, Lancs. Tel: Rossendale 7430. Late entries on day 50p.

Also at 2.10 p.m.**Fourth Rossendale Junior Fell Race**

Medals for first 3 in Under-17 and Under-15 age groups. Trophy for individual winners and winning teams. No late entries for Junior Races (closing date Sept. 1st). Please state age group on entry. Entries to Graham Wright, 344 Blackburn Road, Haslingden, Rossendale, Lancs.

**GREENWICH 11 MILES
OPEN ROAD RACE****SATURDAY, 10th SEPTEMBER,
1977****3.30 p.m. from Harrow Meadow,
Sutcliffe Park, Eltham Road, London
SE9****Individual: Handicap and Scratch.****Prizes value £10, £7 and £4.****Veteran: Prize, 1st home.****Team: 4 to run, 3 to score.****Trophies to 1st, 2nd and 3rd Teams.****Medals to 1st non-placed 'B' Team.****CLOSING DATE WEDS., 10th
AUGUST**

Entries: 30p per runner, on A.A.A. forms, together with a stamped addressed envelope with remittances to be made payable to the London Borough of Greenwich to: **The Sports Officer, Plumstead Baths, Plumstead High St., London SE18 1JL. 01-854**

9217

world age records for those distances and he ran a 2:44 marathon eight weeks ago.

In the 5000 and 10,000 45-year-old Laurie O'Hara in the (45-49) 1B races clocked 15:40 and 31:58.4, which were faster times than Ken Harland (5000) and Robin Campbell (10,000) did in 1A.

There were several notable ex-internationals present, with John Howell winning his first vets' national title in the 110 hurdles and Christine McKenzie (who as Chris Slemmon ran in a world record 3 x 880y team for Britain) winning the 200. There was an enthralling women's 1500 with international walker Judy Farr running away in the last lap but the race up the home straight for second spot was tight, with Rainbow Jackson throwing herself over the line when outsprinting Hazel Rider and Barbara Brookes.

Duncan Maclean, 'The Tartan Flash' soon to be 93, ran 25.5 for his 100 and gave some of his philosophy to us in the athletics world: "I feel so proud that I can run when millions cannot. I want to inspire the younger men to keep running. Always have a goal or aim in life, don't sit at home lonely when you are old—go out and meet friends like I do at the Veteran meetings."

Alastair Aitken

Group 1A

100: 1, R. Taylor (Mid Vets) 11.5; 2, B. Persighetti (S'end) 12.0; 3, K. Scott (Newbury) 12.5. 200: 1, Taylor 22.7; 2, F. Smith (W Gn) 23.7; 3, Persighetti 24.2. 400: 1, R. Anderson (Morp) 52.3; 2, Smith 52.4; 3, G. Richards (Leeds C) 54.0. 800: 1, Anderson 1:58.6; 2, B. Bartholomew 1:59.6; 3, E. Hamer (B'pool) 2:01.3. 1500: 1, N. Fisher (Harl) 4:03.8; 2, B. Parkes (High) 4:04.4; 3, E. Williams (Shrew) 4:04.8. 5000: 1, K. Harland (Camb H) 15:05.0; 2, R. Gomez (V of Ayl) 15:16.0; 3, M. Barratt (E&S) 15:32.0. 10,000: 1, R. Campbell (Ex B) 32:15.8; 2, A. Jones (Camb H) 32:36.2; 3, L. Parrott (Haver) 32:41.2. 3000SC: 1, A. Shrimpton (S'ton) 9:36.0; 2, M. Morrell (Wirr) 9:42.2; 3, D. Worling (Australia) 9:55.8; 4, P. Knott (B'pool) 10:03.8. 110H: 1, J. Howell (HHH) 16.7; 2, C. Shafto (Rown) 16.9; 3, D. Clarke (Enf) 17.2. 400H: 1, W. Lane (Ver) 58.5; 2, K. Whitaker (ASV) 61.3. 5000W: 1, D. Stevens (Steyn) 23:00.6; 2, R. Middleton (Bel) 23:42.4; 3, P. Markham (Leic WC) 25:01.2. HJ: 1, G. Hickey (B'ht) 1.70; 2, D. Gale (B'ht) 1.70; 3, A. Cracker (Stour) 1.60. PV: 1, R. Ball (R&R) 4.00; 2, J. Day (B'ht) 3.25; 3, Crocker 2.25. LJ: 1, Gale 6.38; 2, J. Sturzaker (Aus) 5.87; 3, D. Burton (Hallam) 5.75. TJ: 1, D. Smith (TVH) 13.67; 2, J. Phillips (Trow) 12.26; 3, Sturzaker 11.99. SP: 1, S. Clark (W Gn) 15.59; 2, I. Swindale (Enf) 12.30; 3, Ball 11.88. DT: 1, D. Clarke 45.30; 2, Ball 44.20; 3, Swindale 38.90. HT: 1, W. Treharne (Sy AC) 42.40; 2, D. Birch (Croy) 38.42; 3, B. Sumner (Cann) 37.44. JT: 1, Clarke 50.46; 2, Phillips 48.02; 3, C. Brand (B'ht) 45.48. Pent: (using new vests scoring tables) 1, Clarke 3481 (25.2, 5.72m, 17.2m, 4.47.6); 2, Phillips 2849; 3, A. Kimber (Dart) 2475.

Group 1B

100: 1, C. Williams (Poly) 11.9; 2, K. Whitaker (ASV) 12.5; 3, D. Howarth (Leigh) 12.5. 200: 1, Williams 23.9; 2, Whitaker 24.3; 3, Howarth 25.2.

400: 1, Whitaker 54.2; 2, E. Blackler (High) 55.7; 3, T. Clowry (Notts) 56.3. 800: 1, Clowry 2:09.0; 2, A. Hughes (Roch) 2:09.4; 3, G. Smith (E Manor) 2:09.5. 1500: 1, Hughes 4:22.2; 2, H. Harrington (Ex B) 4:25.4; 3, Smith 4:27.9. 5000: 1, L. O'Hara (Bel) 15:40.0; 2, J. Heywood (HHH) 16:03.8; 3, Hughes 16:26.8. 10,000: 1, O'Hara 31:58.4; 2, P. Morris (Loz) 33:19.6; 3, D. Dellar (Camb H) 34:21.6. 110H: 1, C. Knowles (V of Ayl) 19.7; 2, J. Daniels (W Gn) 21.0; 3, B. Thomas (unat) 22.0. 5000W: 1, J. Bromley (Bel) 24:47.2; 2, A. Goodwin (SLH) 28:20.8. HJ: 1, Knowles 1.48; 2, A. Kalirai 1.40. PV: R. Brown (Notts) 4.00. LJ: 1, Howarth 5.46; 2, Kalirai 5.26. TJ: 1, Knowles 10.78; 2, Kalirai 10.38. SP: 1, I. Briggs (Sy B) 10.44; 2, W. Mann (Vets) 10.12. DT: 1, Briggs 36.12; 2, L. Bell (RN) 35.84. HT: 1, Bell 40.92; 2, P. McEvoy (L Irish) 35.18. JT: 1, Mann 38.80; 2, McEvoy 30.30. Pent: 1, Daniels 2492 (26.2, 4.80, 8.46, 21.0, 5:08.8); 2, Knowles 2098.

Group 2A

100: 1, P. Whittaker (Ilf) 12.1; 2, M. Gray (S&E) 12.3. 200: 1, Whittaker 24.4; 2, S. Brooks (E&S) 25.9. 400: 1, E. Gallagher (Liv) 57.3; 2, Brooks 58.0. 800: 1, R. Mattock (B'mth) 2:14.7; 2, H. Tempam (VPH) 2:15.3. 1500: 1, D. Turnbull (NZ) 4:24.7; 2, Mattock 4:27.2; 3, Tempam 4:37.0. 5000: 1, Turnbull 16:22.6; 2, D. Lee (Shaft) 16:43.6; 3, S. Charlton (TVH) 16:56.0. 10,000: 1, Turnbull 34:29.2; 2, T. Wood (Welsh Vets) 35:08.4; 3, Lee 35:14.6. 110H: 1, P. Munn (Mit) 21.4; 2, H. Trafford (Newe) 22.1. HJ: D. Green 1.48. LJ: 1, Green 5.48; 2, Whittaker 5.45. TJ: Trafford 8.09. SP: 1, O. Feldmanis (Mit) 12.91; 2, Trafford 11.73. DT: 1, Feldmanis 42.42; 2, F. Landobelis (Mid Vets) 34.70. JT: D. Green (Bex) 30.30. Pent: 1, Trafford 2878 (27.9, 4.47, 11.73, 22.1, 5:34.7); 2, Munn 2555.

Group 2B

100: 1, S. Stein (High) 13.1; 2, N. Goff (Aus) 13.8; 3, A. Huggins (N&N) 14.1. 200: 1, Stein 26.7; 2, Huggins 27.1. 400: 1, Huggins 60.9; 2, Stein 63.2. 800: 1, J. Gilmour (Aus) 2:20.7; 2, E. O'Bree (Camb H) 2:21.9. 1500: 1, O'Bree 4:48.0; 2, L. Brown (W Gn) 4:49.7. 5000: 1, Gilmour 16:47.4; 2, Brown 18:43.4; 3, J. Downes (QPH) 18:48.0. 10,000: 1, Gilmour 34:36.8; 2, G. Scutts (Port) 40:11.4. 110H: 1, Goff 20.5; 2, W. Hartfree (Vets) 21.3. HJ: J. Willacy 1.20. LJ: 1, Goff 5.09;

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2, Hartfree 4.53. TJ: Goff 9.93. SP: J. Gercs (Rug) 10.53. DT: Gercs 32.34. Pent: Goff 2549 (28.6, 5.09, 9.73, 20.5, 6:56.4).

Group 3A

100: C. Fahey (Kett) 13.1. 200: Fahey 27.2. 400: L. Batt (High) 65.8. 800: Batt 2:39.0. 1500: B. Spiller (Poly) 5:35.3. 5000: 1, R. Johnson (TVH) 17:41.6; 2, R. McMinnis (Sutt) 18:23.4. 10,000: McMinnis 37:56.8. LJ: A. Cooke (Cly) 3.76. TJ: Cooke 7.17. SP: 1, K. Maksimczyk (West) 13.98; 2, J. Fraser (Aus) 12.66. DT: 1, Maksimczyk 52.64 (world best); 2, Fraser 39.56. HT: Fraser 45.92.

Group 3B

100: 1, C. Hills (USA) 14.4; 2, A. Beckett (Vets) 14.9. 200: 1, Hills 29.7; 2, Beckett 31.1. 400: S. Busby (Wolverton) 73.7. 800: L. Rolls (Vets) 2:42.3. 5000: E. Harrison (Linc W) 21:07.0. 10,000: J. Harris (Watf) 49:34.6. 110H: Hills 21.4. HJ: 1, Hills 1.30; 2, J. Searle (Vets) 1.25. LJ: 1, Hills 4.36; 2, Searle 3.84. TJ: Hills 8.77. SP: Hills 7.91. DT: Hills 31.28. JT: Hills 29.32. Pent: Hills 2913 (29.7, 4.36, 7.91, 21.4, 6:21.6).

Group 4A

100: T. Hines (N Lon) 16.5. 200: Hines 34.6. 400: Hines 89.3. 1500: R. White (Rane) 6:57.8. 10,000: F. Jackson (N&N) 48:15.8.

Group 4B

100: 1, N. Martin (Vets) 16.0; 2, A. Sutherland

(Sy AC) 16.1. 200: Sutherland 35.2. 400: Sutherland 103.7. LJ: Sutherland 3.62.

Group 5B

100: 1, D. McLean (Vets) 25.5; 2, C. Speechley (Bel) 26.0.

Women

(Group W0) 100: 1, V. Surety (Ilf) 13.7; 2, M. Donachie (EAC) 14.0; 3, N. Gore (Trow) 14.4. 200: 1, Surety 28.4; 2, Donachie 29.6; 3, E. Rolls (Kent) 31.6. (Group W1) 100: 1, M. Whitaker (ASV) 15.2; 2, M. Hamer (B'pool) 15.3. 200: 1, Whitaker 32.4; 2, Hamer 32.5. (Group W2) 100: J. Noble 19.5. 200: C. McKenzie (USA) 31.8. (Group W3) 100: M. Williams (Women's Vets) 18.1. 200: Williams 41.4.

(All Groups) 1500: 1, J. Farr (Trow) 5:02.7; 2, R. Jackson (Port) 5:07.7; 3, H. Rider (Camb H) 5:08.0; 4, B. Brookes (Stoke) 5:08.4; 5, P. Maffia (High) 5:15.3; 6, P. Day (Ver) 5:20.0; 7, P. Jones (Ilf) 5:27.8. DT: 1, G. Charman (Craw) 34.12; 2, M. Tipping (Sutt) 30.40.

Anyone losing items of clothing at the National Veterans Track & Field Championships at Hendon on July 16th/17th should contact Jack Heywood at 14 Darling Road, London SE4.

SOUTHERN VETERANS CHAMPIONSHIPS

At Hendon, June 19th

(Group 1A) 100/200: B. Persighetti (S'end) 11.7/24.3. 400: G. Leroy (Ton) 51.9. 800/1500: N. Fisher (Harlow) 1:59.9/4:12.9. 5000: K. Harland (Camb H) 14:56.4. 10,000: (June 17th) L. O'Hara (Bel) 32:02.0. 3000SC: R. Curtis (Ton) w/o. 110H: J. Howell (HHH) 16.6. 400H: W. Lane (Ver) 62.3. HJ: G. Hickey (unat) 1.61. PV: R. Ball (Red) 3.60. LJ: D. Gale (B'ht) 6.44. TJ: J. Phillips (Trow) 11.51. SP/DT/JT: Ball 11.22/37.10/57.44. HT: 1, B. Treharne (Sy AC) 44.26; 2, B. Lewis (Hill) 40.36. 3000W: R. Purkiss (Met) 15:10.4. (Group 1B) 100: C. Williams (Poly) 11.7. 200: F. Persighetti (S'end) 25.9. 400: E. Blackler (High) 56.8. 800/1500: H. Harrington (Ex B) 2:12.4/4:26.0. 5000: L. O'Hara (Bel) 15:21.4. 10,000: J. Heywood (HHH) 33:48. 110H: C. Knowles (Ayl) 19.5. 400H: P. Field (Dart) 63.9. HJ/PV/LJ/TJ: C. Knowles (Ayl) 1.50/2.55/5.03/10.26. SP: B. Tyndall (SLH) 9.76. DT: I. Briggs (Sy B) 32.98. HT: D. Bell (RN) 39.58.

(Group 2A) 100/200: P. Whittaker (Ilf) 12.0/23.9. 400: R. Archbold (Norf O) 58.5. 800: R. Mattock (B'mth) 2:15.6. 1500: N. Noble (Poly) 5:46.4. 5000/10,000: S. Charlton (TVH) 16:59/35:11. 110H: HJ/LJ: P. Munn (Mit) 22.0/1.20/4.58. 3000W: G. Eastwood (W Gn) 16:36.8. (Group 2B) 100/200/400: S. Stein (High) 12.6/26.4/64.0. 800/1500: E. O'Bree (Camb H) 2:21.7/4:46.8. 5000: J. Downes (QPH) 18:30 (approx). 10,000: L. Brown (W Gn) 37:22. 110H/LJ: W. Hartfree (Vets) 21.3/4.46. 3000W: D. McMullen (Bel) 15:08.0.

(Group 3A) 100/200/400: L. Batt (High) 13.9/28.9/66.2. 1500: J. Heath (V of Ayl) 5:52.4. 5000:

R. Cross (High) 18:38. LJ: B. Metcalfe (Vets) 3.98. SP/DT/HT: K. Maksimczyk (West) 13.00/43.62/30.30. 3000W: F. Nickolls (Sy WC) 16:58. (Group 3B) 100/200: S. Busby (Wolverton) 14.6/30.9. 800/1500: L. Rolls (Vets) 2:44.0/5:42.5. 5000/10,000: J. Harris (Watf) 24:12/47:35. HJ/LJ: J. Searle (Vets) 1.10/3.56. (Group 4A) 100/LJ: A. Sutherland (Vets) 15.9/3.93. 200: J. Hines (Vets) 34.9. 400/800/1500: R. Wiseman (Camb H) 1:37.7/3:40.7/7:25.4. JT: W. Baker (High) 23.64.

(Women) 100: 1, E. Wheeler 13.5; 2, V. Gore 13.9. 1500: 1, P. Jones 5:15.5; 2, P. Maffia 5:20.8; 3, H. Rider 5:21.6. LJ: M. Cox 3.53. DT: G. Charman 29.82.

MIDLAND VETERANS CHAMPIONSHIPS

At Tipton, July 3rd

(Group 1A) 100/200/400: W. Morgan (Loz) 12.0/24.0/52.8. 800/1500: E. Williams (Shrew) 2:09.8/4:12.4. 5000: E. Austin (Tip) 15:48. 5000W: P. Markham (Leic WC) 25:31.5. HJ/PV: A. Crocker (Stour) 1.55/2.40. LJ/TJ: T. Gardner (Cov) 5.29/11.51. SP/DT/HT: E. Horwill (DASH) 7.12/22.68/15.26. JT: J. Coggin (Mid Vets) 28.10. (Group 1B) 100/200: M. Cardew (Hales) 13.0/27.2. 400/800: T. Clowry (Notts) 57.4/2:09.9. 5000: P. Morris (Loz) 16:05. 5000W: G. Chaplin (Cov) 23:41. SP/DT/HT: J. Moore (Rug) 7.30/25.58/19.36.

(Group 2A) 800/1500/5000: G. Phipps (Leam) 2:19.4/4:47.0/18:16. SP/DT/HT/JT: F. Laudobellis (Mid Vets) 10.86/31.42/22.20/29.82. (Group 2B) 100/200/400: K. Hallam (N Vets) 14.4/28.8/67.8. LJ/SP/DT/JT: J. Gercs (Rug) 4.17/10.44/32.14/23.30. (Group 3A) 5000W: A. Poole (Worc) 27:44. 5000: J. Selby (Cov) 23:33.

Blackheath Club Relays

At least 4132 Silver Jubilee miles were run on June 19th in the 25 x 1 mile Club Relays. A total of 197 teams at 38 venues up and down the country celebrated the Queen's Silver Jubilee in this unique way with a mammoth family day of athletics.

The day belonged to Aldershot, Farnham & District AC in averaging 4:28.8 for each mile (fastest 4:19, slowest 4:37), in recording a time almost three minutes faster than second placed Liverpool H. The event was promoted to assist clubs to raise funds for themselves and to raise money for the BOA Moscow 1980 Appeal. Aldershot benefit in winning the Stone Manganese Marine and Trustee Savings Bank Trophies to the extent of £150 to club funds. Third placed Sale H, with six teams participating, took the TSB Ladies Trophy and £100, finishing in 59th place with 2:17:11.9 and also the first U/17 team in 41st place with 2:07:44.

The individual fastest times were not remarkable, except perhaps for young Elaine Harding's 5:03 for Epsom & Ewell at Crystal Palace.

1, Aldershot, F&D 1:52:00.2; 2, Liverpool H 1:54:55; 3, Sale H 1:55:35; 4, Birmingham Univ 1:56:43.6; 5, Tipton H 1:57:16.8; 6, Stretford 1:57:21; 7, Manchester 1:57:34.7; 8, Blackheath 1:57:34.8; 9, Sheffield AC 1:57:37; 10, Croydon 1:57:47.4; 11, Haringey & Southgate 1:58:22; 12, South London H 1:58:42; 13, Airedale & Spenn

Valley 1:59:16; 14, Walton 1:59:37; 15, Portsmouth 1:59:40; 16, Highgate 2:00:13.2; 17, Belgrave 2:01:18; 18, Highgate 2:01:21; 19, Luton United 2:01:26; 20, Notts 2:01:37; 21, Clyde Valley 2:01:45; 22, Verlea 2:01:54.6; 23, Ranelagh 2:02:07.6; 24, Wirral 2:02:33.2; 25, Cambridge H 2:02:36; 26, Holmfirth 2:03:40; 27, Sunderland 2:04:12; 28, North London 2:04:35; 29, Middlesbrough & Cleveland 2:04:39.9; 30, Southampton & Eastleigh 2:04:56; 31, RNAC (South) 2:05:32; 32, Crawley & Herne Hill H 2:05:37; 34, Shettleston 2:05:43; 35, Woodford Green 2:05:58; 36, Havering 2:06:27; 37, Medway 2:06:55.8; 38, Wycombe Phoenix 2:07:05.7; 39, Victoria Park 2:07:20; 40, West Cornwell 2:07:21; 41, Sale H 2:07:44; 42, Basingstoke 2:09:24; 43, Elliott Reed 2:09:43.2; 44, Belgrave H 2:12:18; 45, Blackheath H 2:12:19.2; 46, Highgate H 2:12:21; 47, Ealing & Southall 2:12:58.9; 48, Thurrock H 2:13:17; 49, Harlow 2:13:33; 50, Sale 2:13:37;

51, Notts 2:13:38; 52, Bellahouston 2:13:40; 53, Cheltenham & Co 2:14:39; 54, Bury 2:15:15; 55, Rotherham 2:15:55; 56, Sheffield 2:15:58; 57, Leighton Park Sch 2:16:07; 58, Mandale 2:16:42.0; 59, Sale 2:17:11.9; 60, Dumbarton 2:17:33; 61, Leamington 2:18:21.9; 62, Stockport 2:19:05.6; 63, Sutton & Chalm 2:19:17; 64, Bristol 2:19:23; 65, Exeter 2:19:30; 66, Blackheath 2:19:50.6; 67, Longwood 2:19:55.

Fastest: K. Newton (Sheff) 4:10, (U/17): J. Spooner (B'heath) 4:20, (Vet): W. Bullen (Stret) 4:33.7. (Senior Women): S. Simpkin (Sale) 4:53.5, (U/17): E. Harding (E&E) 5:03.

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Overseas Results

BELGIUM: Brydenbach 45.75

9/10.7. Brussels. 100/200: Micha 10.39/20.93; 400: Brydenbach 45.75; HJ: Moreau 2.21; LJ: Desruelles 8.07w.

BULGARIA: Hammer record

28/29.5. Sofia. DT: Wybraniec (Cze) 63.34, Velev 62.12; HT: Dyulgerov 74.00 (rec); women's 800: Petrova 2:02.0, Koleva 2:02.2; DT: Boshkova 64.36, Vergova 62.42, Engel (GDR) 61.96.

CUBA: Leonard sprints 9.9/19.9

15.5. Havana. 1500: Medina 3:39.0 (rec). 21/22.5. Havana. 100: Leonard 9.9 (eq rec), Lara 10.0; 200: Leonard 19.9 (rec), Lara 20.7; 800: Juantorena 1:45.8, Newman (Jam) 1:46.0; 110H: Casanas 13.0w, Pusty (Pol) 13.4; LJ: Giralt 7.94 (rec), Miedzialek (Pol) 7.92; TJ: Velazques 16.68; DT: Morrison 64.18 (rec), Tegla (Hun) 62.86; HT: Cabrera 69.74 (rec); women's 100: Chivas 11.1 (eq rec), Hodges (Jam) 11.3; 400: Blake (Jam) 52.9.

CZECHOSLOVAKIA: Nemeth over 90m again

25.6. Pardubice. SP: Jiri Skobla (47; ex-European record holder) 16.39. 25/26.6. Banska Bystrica. 400H: Kodejs 49.63; DT: Danek 63.76; JT: Nemeth (Hun) 90.10, Paragi (Hun) 87.80, Boros (Hun) 87.16; women's HJ: Karbanova 1.90, Rudolf (Hun) 1.87; LJ: Nygrynova 6.62, Erdelyi (Hun)

6.51; SP: Fibingerova 21.14. 3.7. Prague. Women's HJ: Karbanova 1.90.

DENMARK: Cup double by Coghlan

25/26.6. Copenhagen. European Cup prelim round: Portugal 74, Rep of Ireland 65, Denmark 64, Iceland 54, Luxembourg 43. 100: Bombardella (Lux) 10.3w, Vilhjalmsen (Ice/Lough) 10.3 . . . 4, Ryan (RoI) 10.6; 200: Bombardella 21.11w, Vilhjalmsen 21.33, Ryan 21.58; 400: Carvalho (Por) 47.1 (rec), Vilhjalmsen 47.1 . . . 4, Duffy (RoI) 48.0; 800: Coghlan (RoI) 1:47.8; 1500: Coghlan 3:48.1, Hansen 3:48.3; 5000: Deegan (RoI) 13:51.9; 10,000: Treacy (RoI) 29:27.6; TJ: Azevedo (Por) 16.30 (rec), Cronin (RoI) 15.89 (rec); SP: Halldorsson (Ice) 20.54 . . . 3, McEvoy (RoI) 15.73; HT: Hartigan (RoI) 59.94 . . . other Irish placings—3000SC: 3, O'Riordan 9:03.9; 110H: 3, Power 15.79; 400H: 4, Hunter 54.5; 4 x 100: 4th 41.6; 4 x 400: 2nd 3:13.4; HJ: 3, Fallon 2.04; PV: 5, Hennessy 3.80; LJ: 3, Shine 7.36w; DT: 3, Braham 48.66; JT: 4, Moore 61.34. (Women: Norway 49, Portugal 35, Iceland 34, Greece 31) 400: Einarsdottir (Ice) 55.3 (rec); 800: Gudmundsdottir (Ice) 2:06.2 (rec). 7.7. Aarhus. 1500: Plachy (Cze) 3:42.7, Waigwa (Ken) 3:43.1; 5000: Liquori (US) 13:37.2; 400H: Andrews (US) 49.84; DT: Danek (Cze) 63.74; women's 1500: Lutz (US) 4:11.1, Olafsson 4:13.7 (rec).

FINLAND: Fava 13:22.0 for 5000

24.6. Keuruu. 3000: Kimeto (Ken) 7:58.5 . . . 5, Kimombwa (Ken) 8:05.7; SP: Stahlberg 20.76; JT:

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This successful event, now one of the largest and most popular in the athletic calendar, attracted an entry of 600 athletes last year. Both course records in the Senior Men and Senior Ladies events were broken by the winners Tony Simmons and Deirdre Nagle. The value of prizes and trophies have again been increased to £850. Senior Men 1st Radio Master Stereo Radio Audio Unit. Senior Ladies 1st Portable Television Set. 8 Challenge Trophies with 4 replicas for each winning team and 4 medals for each second team.

Senior Men - 6¼ Miles (5 laps) Ind. & Team race for John Bryson Challenge Shield. Teams of 4, 1st Ind. (value) £40, 2nd £35, 3rd £25, 4th £12, 5th £8, 6th £5. Vet Men (over 40) Drybrough Trophy to be held for one year. 1st Ind. £12, 2nd £8, 3rd £5. Medal for winner. 1st over 50, 1st over 60.

Youths - 4 Miles (3 laps) Ind. & Team race for Vaux Challenge Trophy. Teams of 4, 1st Ind. (value) £15, 2nd £10, 3rd £6th, 4th £3.

Boys - 2½ Miles (2 laps) Ind. & Team race for H. G. McCreath Challenge Trophy. Teams of 4, 1st Ind. (value) £10, 2nd £6, 3rd £4, 4th £2.

Senior Ladies - 4 Miles (3 laps) Ind. & Team race for John Marshall Challenge Trophy. Teams of 4, 1st Ind. (value) £40, 2nd £25, 3rd £15, 4th £8, 5th £5, 6th £2. Vet Ladies (over 35) Whitbread Trophy to be held winner for 1 year. 1st Ind. £12, 2nd £8, 3rd £5. Medal for winner. 1st over 40, 1st over 50.

Intermediate Ladies - 2½ Miles (2 laps) Ind. & Team race for Scottish & Newcastle Brewers Challenge Shield. Teams of 4, 1st Ind. (value) £15, 2nd £10, 3rd £5, 4th £3.

Junior Ladies - 1¼ Miles (1 lap) Ind. & Team race for Tennent's Challenge Trophy. Teams of 4, 1st Ind. (value) £10, 2nd £6, 3rd £4, 4th £2.

Entry fees, 60p per team, 20p per individual.

Coverage by Border & Tyne Tees Television.

Entries close Saturday, 3rd September, 1977 to: — Mr. D. Campbell, 19 Ladywell Road, Tweedmouth, Berwick-upon-Tweed, Northumberland. No late entries can be accepted.

(Under A.A.A. & W.A.A.A. Laws).



SAMSON KIMOMBWA

Followed up world record 10,000 (27:30.5) with 5000 in 13:21.9 and 10,000 in 27:37.3—all in the space of four days!

Mike Street

Siitonen 85.88, Hovinen 85.08. **26.6. Lapinlahti.** 3000: Okkola 8:12.5 . . . 3, Viren 8:17.0. **29.6. Lohja.** SP: Stahlberg 20.90. **1.7. Teuva.** JT: Paragi (Hun) 88.94, Nemeth (Hun) 84.58, Siitonen 83.56, Boros (Hun) 80.16. **3.7. Raahe.** 5000: Kimeto (Ken) 13:42.2, Kimombwa (Ken) 13:53.1; PV: Haapakoski 5.40; JT: Boros (Hun) 87.02, George (US) 82.10, Paragi (Hun) 81.80, Muona (19) 81.80. **3.7. Joensuu.** 100: Wells (US) 10.0w. **3.7. Imatra.** Mile: Paunonen 3:57.3 (3:42.4 1500), Loikkanen 3:57.6, Zemen (Hun) 3:59.8; JT: Utriainen 83.54. **5.7. Turku.** 800: Boit (Ken) 1:45.1, McLean (US) 1:46.0, Zivotic (Yug) 1:47.1, Paunonen 1:49.2; 5000: Fava (Ita) 13:22.0 (rec), Ngeno (Ken) 13:28.7, Kimombwa (Ken) 13:32.5, Orimus 13:36.9, Kimeto (Ken) 13:43.5; PV: Bell (US) 5.50, Tully (US) 5.40, Baird (Aus) 5.40 . . . 5, Kalliomaki 5.10; SP: Stahlberg 21.13, Feuerbach (US) 19.64; JT: Nemeth (Hun) 89.34.

FRANCE: Francis Gonzalez 3:37.1

15.6. Villeneuve. French 10,000 champ: Boxberger 28:30.6, Gomez 28:38.4. **8.7. Lille.** Women's 1000: Dubois 2:37.2 (rec). **23/24.7. Nevers.** (French Champs) 100: Sainte-Rose 10.53 (10.43 ht); 200:

Arame 21.06; 400: Kablan (Iv C) 46.30, Demarthon 46.38; 800: Enyeart (US) 1:46.5, Marajo 1:46.7, Milhau 1:46.9; 1500: F. Gonzalez 3:37.1, A. Gonzales 3:39.1; 5000: Boxberger 13:46.5; 3000SC: Gauthier 8:41.5; 110H: Corval 14.02; 400H: Baggio 50.49; HJ: Kotinek (US) 2.28, Poaniewa 2.21, Bruni (Ita) 2.21; PV: Tully (US) 5.40, Bell (US) 5.40, Ripley (US) 5.30, Bellot 5.20; LJ: Rousseau 7.97, Deroche 7.94; TJ: Lamitie 16.44; SP: Albritton (US) 20.02; HT: Farmer (Aus) 70.78; women's 800: Dubois 2:00.7, Schacht (WG) 2:01.2 (56.7, 87.2); 400H: Richard 59.27 (rec); HJ: De-bourse 1.85, Huntley (US) 1.85.

GDR: Remarkable championships

Wind reading for Marlies Oelsner's sensational world 100m record of 10.88 on July 1st was 2.0m/sec, the maximum allowable. That compares with the 0.57m wind behind Annegret Richter when she set the previous record of 11.01 in the Olympic semis in Montreal. The electrically timed record has progressed thus: 11.07 Wyomia Tyus (US) 1968, 11.07 Renate Stecher (GDR) 1972, 11.07 Stecher 1973, 11.04 Inge Helten (WG) 1976, 11.01 Richter (WG) 1976, 10.88 Oelsner (GDR) 1977. Rosi Ackermann, who equalled her own world high jump record of 1.96m (6'5") on July 3rd, was competing in her first meeting of the outdoor season following a foot injury which ruined her chances in the European Indoor Championships.

30.6-3.7. Dresden. (Champs) 100: (+1.4m) Ray 10.14, Thieme 10.22, Kokot 10.32; 200: Hoff 20.93; 400: Utikal 46.47; 800: Beyer 1:46.6; 1500: Straub 3:38.0, Forster 3:39.0, Justus 3:39.8, Weippert 3:39.8; 5000: Peter 13:28.3, Kuschmann 13:29.1; 10,000: Peter 28:27.1, Cierpinski 28:36.0; 3000SC: Ponitzsch 8:36.7; 110H: (+2.0m) Munkelt 13.48, Becker 13.83; 400H: Schonberger 50.43 . . . Siebeck 50.98 ht (debut); HJ: Beilschmidt 2.25, Lauterbach 2.25, E. Kirst 2.22; PV: Weber 5.30; LJ: Ploger 8.10, Meuche 8.06; TJ: Hufnagel 16.69, Haberland 16.57, Gora 16.47w; SP: Beyer 21.15; HT: Beilig 72.92; JT: Hanisch 84.74; 20kmW: Stadtmuller 1:26:52, Heyer 1:27:19, Wiesner 1:27:20; women's 100: (+2.0m) Oelsner 10.88 (world rec), Hamann 11.03, Brestrich 11.29, Schneider 11.33, Eckert 11.39; 200: (+2.1m) Eckert 22.66, Hamann 22.78, Schneider 22.95; 400: Koch 51.47, Krug 51.70, Popp 52.10, Marquardt 52.65; 800: Liebetrau 1:59.0, Stoll 1:59.5, Liebich 2:00.0, Schiller 2:00.4, Rook 2:00.8, Wolfram 2:01.0; 1500: Liebetrau 4:05.3, Bruns 4:05.7, Strotzer 4:09.0, Meinel 4:09.1; 3000: Meinel 8:57.9; 100H: (+1.9m) Klier 12.91, Fiedler 13.04; 400H: Rossley 56.84, Klepp 56.98; HJ: Ackermann 1.96 (eq world rec), J. Kirst 1.93; LJ: Kunzel 6.87w (legal 6.76), Wycisk 6.76; SP: Slupianek 21.54, Droese 20.95, Knorrnscheidt 20.24; DT: Jahl 64.64, Engel 64.42; JT: Fuchs 65.76; 4 x 100: Motor Jena 42.83; Pent: Rampf 4550, Pollak 4522. **9/10.7. Erfurt.** (Jnr Champs) HT: Roland Steuk (18) 75.20 (jnr world rec); women's 800: Kampfert 2:01.7, Ulrich 2:01.9; 100H: Regina Beyer (17) 13.25 (jnr world rec); HJ: Nitzsche 1.90.

JAPAN: Good long jumping

17.4. Ohtsu. Mar: Lismont (Bel) 2:14:08. **3.5.**

Continued on page 20

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AAA CHAMPIONSHIPS

—FURTHER QUOTES

Sebastian Coe—"It's less than 50% training."

"What I did to the tendon I'm not quite sure. It happened out on a road run. It caused me great problems for about nine or ten weeks. I started up 3½ weeks ago. It seemed to go as quickly as it came but I'm still quite keen to find out what it was to avoid getting it again. When it boiled down to it, nobody told me when to start up again so it was my own decision. To be honest I'm not sure whether it's fully all right at the moment. I feel it after training sessions though there's no problem when I'm running. I haven't done any speed work at all. It's been 3½ weeks of jogging, a little striding and a lot of weight training. It's less than 50% training."

"I don't know how long the foot will keep going. I don't want to commit myself, I'll run on a week to week basis. I think it's one of these things that's liable to go at any time. Future? I haven't a clue really. I'm just going to go out and screw as much speed from the 800m as I can and then start worrying. I've moved down: I started at 3000m. I'll just go through the season with 800's. That was the original plan anyway."

Dennis Coates—"there was a grudge match to be settled."

"A lot of people believe that Staynings should have been picked last week [European Cup Semi-Final] because they say he still would have beaten me though I fell [UK National Champs]. I obviously say he wouldn't. Thankfully the selectors proved right last week, but there was still a grudge match to be settled. It was obvious that if I made it slow he [Staynings] would kick and use his speed, so the only way was to get out and screw him. I didn't feel well. I was going to scratch earlier on because the humidity last night played hell with my throat and when I woke up this morning I had a lousy throat. But having paid my own expenses down here, it's going to be a hell of an expensive journey for nothing! So we thought, well we've got to prove it sometime, let's get out there and do it. Eight twenty-eight and my hurdling was garbage! The British record must be on the cards. My coach just said 8:14 is there. He's never been wrong yet. It's got to be there, I ran 8:26 in a gale last week."

Alan Pascoe—"I was prepared to run until I was sick."

"I promised last night I would get in and have a go, and I did. The crowd enjoyed it. I proved my point and at least it takes all the weight off for Helsinki. My leg is better now than it was last night and considering the way I ran I wasn't as tired as I expected. I was prepared to run until I was sick. That shows that my legs just will not carry me as fast as I want them to. You go through this stage of getting back; that's why I desperately needed to run this weekend. If I had left it another week, I would have just had the one run at Gateshead, and last night proved I needed another one, psychologically if not physically, and I got that out of my system."

"I went home and watched the video of the race over and over again, looking at the others and Graybehl in particular, and I knew he was suspect down the home straight, so I thought I'll get with him and see what happens. It didn't quite work! As I came off 8 I thought 'If you control this you'll get him—don't panic'. I just got out of the stride pattern, I tried to get out of that and open up again, and I felt it fade away. This is why they call it the 'man killer' because no matter how strong you are there's a physical point where if your legs don't carry you it just fades away from you. My problems will not show on a flat race. The flat 400 and the 400 hurdles are different races. I've always said this. It's a totally different race in approach, fatigue, power/stamina, control and concentration. I haven't started planning because, as I have said, my leg is suspect. I didn't expect to die like that and still beat the other British boys!"

GUARDIAN ROYAL EXCHANGE CUPS SEMI-FINALS

The Semi-Finals of the Guardian Royal Exchange Cups takes place on August 7th at Kirkby, Warley, West London and Haringey. Clubs competing at each venue as follows:—
Kirby: Liverpool H, Stretford, ESH, EAC, Fife, Shettleston and Morpeth (women) Swansea, Leeds City, Liverpool Pemb, Liverpool H, A&SV, Stretford, ESH.
Warley: Birchfield, Wolverhampton & B, Stoke, Gloucester, Sale, Middlesbrough & C, Blackburn, Wakefield (women) Stoke, Cannock, Glasgow, Notts, Leicester, Birchfield, W&B.
West London: TVH, Cardiff, Brighton & H, Southampton & E, Sparkhill, Oxford, Sheffield, Windsor, S&E (women) Southampton & E, Bournemouth, Mitcham, Cardiff, Feltham, Cambridge H, LOAC.
Haringey: Enfield, Haringey & S, Shaftesbury, Essex B, Bristol, Polytechnic, Luton, Coventry (women) Havering, Enfield, Epsom & E, Lincoln C&C, Essex LAC, Bristol, Sale. The first two teams from each semi-final in both men's and women's competitions go forward to the Final at Cwmbran on September 17th.

OVERSEAS continued from page 17

Hiroshima. TJ: Inoue 16.56w. **7.5. Tokyo.** 1500: Liquori (US) 3:40.7, Ishii 3:41.2; LJ: Usui 8.08w, Robinson (US) 8.05w; women's 400: Szewinska (Pol) 51.61, Bryant (US) 53.72; LJ: Awara 6.46w (6.40). **21.5. Tokyo.** LJ: Usui 7.92. **22.5. Tokyo.** Women's HJ: Yagi 1.84. **29.5. Tokyo.** 5000: Kamata 13:40.2; PV: Takanezawa 5.30.

NETHERLANDS: Roelants still 'chasing

15.6. Papendal. 5000: Puttemans (Bel) 13:22.6, Hermens 13:33.4, Tebroke 13:34.0, van Mullem (Bel) 13:38.2; 3000SC: Thys (Bel) 8:32.4, Roelants (Bel) 40:8.43.6 (world vets rec).

25.6. The Hague. 200: Muster (Swi) 20.84, Doty (Can) 20.86 (20.85 ht); 5000: 4, Juma (Tan) 13:35.1; DT: Chambul (Can) 60.16; women's 800: JANE COLEBROOK 2:04.7 (not 2:04.6). **26.6. The Hague.** 1500: 3, Hermens 3:43.8 (pb); women's 1500: 2, van Gerven 4:18.0; HJ: Brill (Can) 1.85, Popa (Rum) 1.85; DT: Menis (Rum) 62.84.

NORWAY: Grimnes throws 84.66m

1.6. Stovner. Women's 1500: Waitz 4:07.3. **11.6. Kongsberg.** JT: Grimnes 83.28 (later mark of 84.66).

POLAND: John Walker clocks 3:34.6

5.6. Bydgoszcz. PV: Slusarski 5.55, Bucarski 5.35, Klimczyk 5.35 (not 5.52). **5.6. Lubin.** TJ: Joachimowski 16.50. **11.6. Bydgoszcz.** PV: Klimczyk 5.52. **14.6. Warsaw.** SP: Komar 20.22. **20.6. Sopot.** DT: Wolodko 62.60. **13.7. Warsaw.** 100: Edwards (US) 10.38; 400: Andrews (US) 46.26; 800: Enyeart (US) 1:46.5, Gesicki 1:46.8, Kipkurgat (Ken) 1:46.8; 1500: Walker (NZ) 3:34.6, Wasilewski 3:37.3 (rec); 5000: Quax (NZ) 13:50.7; 110H: Pusty 13.75; HJ: Woods (US) 2.24, Kotinek (US) 2.21; PV: Kozakiewicz 5.50, Slusarski 5.50, Ripley & Tully (US) 5.40, Klimczyk 5.40, Lohre (WG) 5.40, Tracanelli (Fra) 5.40, Abada (Fra) 5.30; SP: Albritton (US) 20.90,

Komar 20.09; 4 x 100: Poland 38.78 (rec), USA 39.31; women's 800: Januchta 2:00.6, Lutz (US) 2:01.2; 100H: Rabsztyń 13.20.

SWEDEN: Distance running spree

15.6. Stockholm. HJ: Stig Pettersson (Vet) 1.90. **19.6. Malmö.** 3000: Olafsson (Den) 9:09.2 (rec) **21.6. Söderhamn.** 100: Edwards (US) 10.39, Garpenborg 10.40; 200: Edwards 20.3; 1500: Bayi (Tan) 3:39.8, Garderud 3:48.2; PV: Kalliomaki (Fin) 5.30. **22.6. Vasteras.** 100: Edwards (US) 10.2, Garpenborg 10.2; 3000: Bayi (Tan) 7:47.9, Kvalheim (Nor) 7:48.7, Glans 7:49.6, Karevik 7:49.9, Wallin 7:50.2, Macdonald (US) 7:52.4, Garderud 7:54.9... 10, Ericsson 7:55.9 (jnr rec); 13, Viren (Fin) 8:11.6; 400H: Andrews (US) 49.8; PV: Isaksson 5.30. **27.6. Uddevalla.** HJ: Joy (Can) 2.20; PV: Tully (US) 5.40; DT: Stadel (US) 65.26, Wilkins (US) 63.68, Bruch 63.00. **28.6. Karlskrona.** DT: Bruch 63.44.

4.7. Stockholm. 400: Enyeart (US) 46.36; 800: Juantorena (Cub) 1:45.3, Lemashon (Ken) 1:46.1, Beyer (GDR) 1:46.3, L. Johnson (US) 1:46.5, Gesicki (Pol) 1:46.7, Wulbeck (WG) 1:47.4; Mile: Plachy (Cze) 3:54.7 (rec), Waigwa (Ken) 3:55.2, Wessinghage (WG) 3:55.5, Walker (NZ) 3:55.5, Scott (US) 3:55.9, Crouch (Aus) 3:56.8, Dixon (NZ) 3:57.5, Karevik 3:58.0, Malinowski (Pol) 3:59.4; 10,000: Kimombwa (Ken) 27:37.3 (13:44.1 at 5000), Hermens (Neth) 27:41.3 (rec), Uhlemann (WG) 27:42.1 (rec), Musyoki (Ken) 27:59.6, Takeshi (Jap) 28:01.0, Cheruyot (Ken) 28:24.0, Tebroke (Neth) 28:26.2; PV: Bell (US) 5.60, Ripley (US) 5.40, Kozakiewicz (Pol) 5.40, Tully (US) 5.35, Slusarski (Pol) 5.20; SP: Halldorsson (Ice) 21.09 (rec), Komar (Pol) 20.62, Albritton (US) 20.19, Shmook (US) 19.94, Feuerbach (US) 19.83; JT: Nemeth (Hun) 94.10, Pihl 82.70, Paragi (Hun) 82.70. **5.7. Stockholm.** 400: Juantorena 45.40, Andrews (US) 46.06; 1500: Ishii (Jap) 3:40.4; 5000: Quax (NZ) 13:12.9 (world rec), Fleschen (WG) 13:13.9, Weigt (WG) 13:14.5, Kuschmann (GDR) 13:19.5 (rec), Kamata (Jap) 13:25.4, Kita



Alejandro Casanas of Cuba leads from Arto Bryggare of Finland and Charles Foster of the USA in Debenhams Games 110m hurdles.

Mike Street

(Jap) 13:27.4, Macdonald (US) 13:29.3, Kowol (Pol) 13:30.7, Kipngetich (Ken) 13:37.9; 3000SC: Karst (WG) 8:14.1 (rec) (2:42.8, 2:49.0, 2:42.3), Malinowski (Pol) 8:16.9, Marsh (US) 8:21.6, Munyala (Ken) 8:30.9, Garderud 8:31.8; 110H: (-1.4m) Casanas (Cub) 13.66, Bryggare (Fin) 14.06; HJ: Stones (US) 2.28, Kotinek (US) 2.24, Joy (Can) 2.21, Woods (US) 2.18, Wszola (Pol) 2.15; DT: Wilkins (US) 65.98, Powell (US) 65.08, Bruch 61.54, Stadel (US) 61.52, Danek (Cze) 59.90; women's 400: Szewinska (Pol) 51.29, Nail (Aus) 53.80; 1500: Lutz (US) 4:10.4; DT: Engel (GDR) 63.66. **6.7. Nykoping.** 5000: Kimombwa (Ken) 13:49.9.

SWITZERLAND: Kiwis to the fore

8.7. Lausanne. 1500: Walker (NZ) 3:37.1, Dixon (NZ) 3:41.2, Vifian 3:41.7, Deleze (jnr) 3:41.8; 5000: Quax (NZ) 13:33.3, Uhlemann (WG) 13:33.6, Boxberger (Fra) 13:34.5, Zarcone (Ita) 13:34.7, Ryffel 13:35.7, Gomez (Fra) 13:39.9; 400H: Wheeler (US) 50.17, Carvalho (Por) 50.52; HJ: Stones (US) 2.22.

USA: World high jump record

The world high jump record has been recaptured by a straddle exponent: 18-year-old Vladimir Yashchenko unexpectedly added a centimetre to Dwight Stones' mark when he cleared 2.33m 7'7½" in the USA v USSR junior match at Richmond, Virginia, on July 3rd. Yashchenko, a student at the Kiev Institute of Sport, was born in the Ukraine on January 12th, 1959. He began his historic competition at 2.03 and continued with first time clearances at 2.12 and 2.16. He made 2.21 at the second attempt, followed by first time successes at 2.27 (world junior record), 2.31 (European record) and 2.33 (world record). He then made three attempts at 2.35. "It was an exhilarating experience," said Yashchenko, whose idol is Valeriy Brumel.

14.6. Eugene. Mile: Scott 3:57.9, Liquori 3:58.0, Spir (Can) 3:58.7, Arriola 3:59.3, RON SPEIRS 4:02.5; 110H: Owens 13.58. **14.6. Westwood.** Women's 400: Gorham (15) 52.73. **17/18.6. Knoxville.** (AAU Jnr Champs) 400: Tufariello 46.09; 800: Summerville 1:47.6; 110H: Nehemiah 13.89; 400H: Lankford 50.87; LJ: Doubly 7.87.

W. GERMANY: Beilschmidt jumps high too

25.6. Saarbrücken. 100: Werner Zaske (16) 10.4.

28.6. Mainz. 100: 4, Jones (US) 10.2; 5, Glance (US) 10.3. **1.7. Dusseldorf.** 800: 6, GLEN GRANT 1:48.3. **5.7. Troisdorf.** 100: (+2.51m) Hofmeister 10.1, Bieler 10.2, Vilhjalmsen (Ice) 10.2 (legal 10.3 ht & 21.2 200); 110H: Kratschmer 13.7, Moarak (Malay) 13.8; HJ: Killing 2.23, Lichtenberg 2.20; SP: Reichenbach 20.15; JT: Wessing 84.14, Tafelmeier 82.08. **6.7. Koblenz.** 100: McTear (US) 10.29, Jones (US) 10.29; 200: Quarrie (Jam) 20.85, Jones 21.00; 800: Boit (Ken) 1:45.1, Enyeart 1:48.1; 1500: Zemen (Hun) 3:45.1, Fleschen 3:45.2; HJ: Beilschmidt (GDR) 2.30 (rec; attempted world rec 2.34), Major (Hun) 2.18, Wszola (Pol) 2.15; PV: Lohre 5.40, Kozakiewicz (Pol) 5.40, Jessee (US) 5.30, Slusarski (Pol) 5.30; DT: Wilkins (US) 63.12, Neu 63.08; JT: Nemeth (Hun) 91.94; women's 400: Szewinska (Pol) 52.56; 1500: Brown (US) 4:13.1, Kraus 4:13.9, Strotzer (GDR) 4:14.7; SP: Fibingerova (Cze) 21.23, Wilms 20.57; JT: Fuchs (GDR) 66.86, Schmidt (US) 63.04.

YUGOSLAVIA: Stekic in form

7.6. Celje. PV: Kozakiewicz (Pol) 5.40; LJ: Stekic 8.11, Rousseau (Fra) 8.02; women's 100/400: Kafer (Aut) 11.50/52.36 (ran 50.62 at Klagenfurt on June 19th, ahead of Wildscheck of Austria, 52.15). **9.7. Nova Gorica.** LJ: Stekic 8.27 (8.14 in final next day).

FORRES HIGHLAND GAMES

July 2nd

200: S. Frazer (Inver) 22.3, 400: A. McKenzie (Forres) 50.1, 1500: T. McBrien (RAF) 3:51.1. 16lb Shot/28lb Weight/Scots Hammer/Wt over bar/Caber: H. Davidson (ESH) 15.09/22.90/35.18/4.11. (Women) 100/200: M. McLeod (Inver) 12.2/24.9. LJ: M. Crockett (Elgin) 5.53.

Bournemouth AC officers: Joint Presidents, Mr & Mrs C. Paulding; chairman, L. Ryall; general secretary, Mrs T. E. Elston, 30 Garfield Avenue, Bournemouth BH1 4QT (Tel: 34903); treasurer, D. Pearce; ladies section sec, Mrs S. Redding, Barn Cottage, Upper Street, Child Okeford, Dorset (Tel: Hinton 8356); men's sec, Mrs T. Elston; track sec (men), B. Joyce, 41 Southern Avenue, West Moors, Dorset (Tel: Ferndown 5524); coaching sec, Mrs S. Dowden; CC sec (men), B. James, 43a Hillcrest Road, Moordown, Bournemouth (Tel: B'mth 59118).

FRODSHAM HILL RACES

2.30 p.m. SUNDAY, 4th SEPTEMBER 1977 (Under A.A.A. Laws)

2½ Miles Colts
Age 12 & 13
Mothers Trophy
Warrington A.C.
£8, £6, £4, £2

2½ Miles Boys
Age 14 & 15
Birtles Trophy
Rossendale A.C.
£8, £6, £4, £2

3½ Miles Youths
Age 16 & 17
Sam Williams Trophy
Stretford A.C.
£20, £10, £5, £2

4½ Seniors
Over 18
Fred Ford Trophy
A.S.V.A.C.
£40, £20, £10, £5

Also prizes for first three teams, first O/40, O/50, first Junior, first Locals. All ages as 1/9/77.

ENTRIES CLOSE 22nd AUGUST 1977 (No Late Entries)

Entries & enquiries to Mrs. Sheila Bunner (Hill Race Sec), 3 Borrowdale Close, Frodsham via Warrington WA6 7LN.

STOCKHOLM MATCH from page 11

sition. In the sprint relay Steve Green and Ainsley Bennett, who had earlier run his fastest 100m of the year, got it right and Green held off individual event winner Garpenborg, but could make no impression on the Poles.

In the 4 x 400m Steve Scutt sent David Jenkins away on the last leg with a 2m lead which Jenkins quickly stretched to 5m, but to be 2m down is sometimes better than to be 2m up in that situation, and Poland's Jerzy Pietrzyk came past Jenkins in the home straight. Berwyn Price got a narrow second place in the 110m hurdles after a sluggish start, but Colin O'Neill and Pete Kelly, after leading into the straight in the 400mH, found the Poles too strong. Dan Glans made most of his own running in the steeplechase, with Tony Staynings moving from fourth to second on the last lap.

Several guest runners were allowed in the 5000m, including the Kenyans Samson Kimombwa and John Ngeno, and it was Kimombwa who made a break with 1600m left who took the race in 13:23.0. Julian Goater, apparently thriving on hard racing, came through strongly at the finish to win the match event in a personal best of 13:27.1, while Ian Stewart ("I just felt weak in the closing laps"), perhaps not fully recovered from the virus which has affected him and Mary recently, faded.

A rematch between the Montreal gold and silver medallists in the high jump saw another victory for Poland's Jacek Wszola over guest Greg Joy. Earl Bell, another guest, cleared 5.35m to 'win' the pole vault, but Brian Hooper had one of those days, and no-heighted at 5.00. Raimo Pihl defeated guesting Olympic champion Miklos Nemeth in the javelin, where David Otley took a good third place in difficult conditions. But, generally speaking, the men's throws and jumps were not a happy British hunting ground, with the notable exception of Chris Black. His fifth round hammer throw of 72.00m was his best of the year.

Britain beat Sweden 105-49 in the women's match, and 114-96 in the men's match. Poland beat Britain's men by 118-93, but Britain's women won against the Poles 94-58.

(Cliff Temple is athletics correspondent of 'The Times' and 'The Sunday Times'.)

RESULTS

(a) July 25th (b) July 26th
100 (a) (nil): 1, C. Garpenborg (S) 10.39; 2, AINSLEY BENNETT 10.51; 3, T. Tyska (P) 10.62; 4, Z. Licznarski (P) 10.62; 5, ALLAN WELLS 10.63; 6, K. Ronn (S) 10.80.

200 (b) (+1.0): 1, DAVID JENKINS 21.17; 2, K. Grubecki (P) 21.26; 3, Z. Nowosz (P) 21.38; 4, WELLS 21.41; 5, T. Johansson (S) 21.55; 6, L.-A. Ericsson (S) 21.59.

400 (a): 1, R. Podlas (P) 46.33; 2, GLEN COHEN 46.39; 3, J. Pietrzyk (P) 46.49; 4, DANNY LAING 46.91; 5, M. Fredriksson (S) 47.20; 6, P.-O. Sjöberg (S) 47.55.

800 (b): 1, DAVID WARREN 1:47.4; 2, M. Gesicki (P) 1:47.5; 3, FRANK CLEMENT 1:48.0; 4, P. Mankowski (P) 1:48.1; 5, B. Nilsson (S) 1:48.9; 6, A. Svenson (S) 1:49.2.

1500 (a): (61.3, 2:04.6, 3:03.8) 1, MIKE KEARNS 3:44.3; 2, H. Wasilewski (P) 3:44.3; 3, PAUL LAWTHOR 3:45.3; 4, B. Nilsson (S) 3:45.8; 5, Svenson 3:47.2; 6, Mankowski 3:47.4.

5000 (b): (2:39.0, 5:21.9, 8:07.0) 1, S. Kimombwa (Kenya-guest) 13:23.0; 2, JULIAN GOATER 13:27.4; 3, IAN STEWART 13:33.8; 4, J. Ngeno (Ken-gst) 13:33.9; 5, J. Ziubrak (P) 13:41.2; 6, O. Wallin (S) 13:53.9; 7, L. Hapel (P) 13:56.7; 8, S. Ahxner (S) 14:19.6.

10,000 (a): (14:20.7 at 5000) 1, NEIL COUPLAND 28:33.8; 2, GRENVILLE TUCK 29:17.3; 3, A. Jarosiewicz (P) 29:40.5; 4, Z. Poniatowski (P) 29:47.1; 5, A.-A. Forsberg (S) 30:01.1; 6, T. Bjorkqvist (S) 30:03.9.

3000SC (b): (2:44.2, 4:07.7, 5:33.7) 1, D. Glans (S) 8:24.1; 2, TONY STAYNINGS 8:30.1; 3, J. Rolbiezki (P) 8:32.7; 4, K. Wesolowski (P) 8:34.5; 5, PETER GRIFFITHS 8:37.1; 6, M. Carlsson (S) 8:59.8.

10,000W (a): 1, J. Ornoch (P) 43:46.1; 2, S. Junnsson (S) 44:03.0; 3, D. Boguslav (P) 44:33.4; 4, B. Simonsen (S) 44:49.2; 5, L. Lundgren (S) 44:55.1; 6, M. Katila (Fin) 45:51.7; 7, MIKE DUNION 47:22.6; 8, GRAHAM MORRIS 47:24.6; 9, I. Rintala (Fin) 48:01.5. P. Pohjolainen (Fin) & S. Korneluk (P) disq.

20,000W (b): 1, B. Bulakowski (P) 1:29:29.8; 2, R. Salonen (Fin) 1:29:49.0; 3, O. Hemmingsson

LEICESTER CORITANIAN A.C. BOOT TROPHY MEETING

SUNDAY, SEPTEMBER 4th

To be held at the Saffron Lane Sports Centre, Leicester. First Event 11.30 a.m.

Senior/Junior Men: HJ, LJ, SP, DT, JT, 100m, 200m, 400m, 800m, 300m. Youths: DT, SP, 100m, 200m, 800m, 3000m, 100mH. Boys: HJ, LJ, 100m, 200m, 1500m, 80mH. Ladies: HJ, LJ, 100m, 200m, 400m, 1500, 100mH. Inter. Ladies: DT, SP, JT, 100m, 200m, 800m, 1500m. Junior/Minor Girls: HJ, LJ, 100m, 200m, 800m, 1500m. Special Events—Veterans (Men): 100m, 1500m. Trophies and Prizes will be awarded to the best individual performance, male and female, under 15 and over 15 years of age.

Entry Fee: 25p for unlimited, events. Cheques/POs made payable to Leicester Coritanian A.C. Please send details of name, date of birth, Club and best performances to Mrs J. Clarke, 88 Scotswood Crescent, Leicester (Tel: Leicester 785469). Athletes wishing to compete in a higher age group will be accepted.

CLOSING DATE: MONDAY 22nd AUGUST—NO LATE ENTRIES

Acknowledgement, times etc sent as soon after 22nd August as possible.

Please note: 5mm spikes must be worn.

(Under AAA & WAAA Laws)

(S) 1:20:26.2; 4, B. Gustavsson (S) 1:30:51.7; 5, F. Sliwinski (P) 1:31:56.0; 6, M. Gorski (P) 1:32:20.0; 7, S. Immonen (Fin) 1:32:58.0; 8, G. Anaheim (S) 1:33:29.0; 9, CARL LAWTON 1:34:29.0; 10, AMOS SEDDON 1:35:23.2; 11, L. Ala-Pietila (Fin) 1:38:30.4.

110H (b): 1, J. Pusty (P) 13.63; 2, BERWYN PRICE 14.02; 3, A. Zielowski (P) 14.05; 4, A. Whitfield (USA-gst) 14.23; 5, DAVID WILSON 14.31; 6, L. Hedmark (S) 14.51. R. Soderberg (S) dnf.

400H (a): 1, K. Weglarski (P) 51.19; 2, J. Hewelt (P) 51.22; 3, PETER KELLY 51.89; 4, C. Gullstrand (S) 52.03; 5, COLIN O'NEILL 52.32; 6, T. Jagenstedt (S) 54.04.

HJ (a): 1, J. Wszola (P) 2.20; 2, G. Joy (Canada-gst) 2.20; 3, J. Rybczynski (P) 2.13; 4, T. Larsson (S) 2.10; 5, MIKE BUTTERFIELD 2.10; 6, I. Nyman (S) 2.05; 7, ALAN DAINTON 2.05.

PV (b): 1, E. Bell (USA-gst) 5.35; 2, K. Isaksen (S) 5.25; 3, L. Holownia (P) 5.20; 4, M. Klimczyk (P) 5.20; 5, ALLAN WILLIAMS 5.00; 6, I. Jernberg (S) 5.00. BRIAN HOOPER no height (5.00).

LJ (a): 1, A. Korniak (P) 7.68; 2, U. Jarfelt (S) 7.60; 3, A. Fransson (S) 7.55; 4, TONY HENRY 7.51; 5, L. Dunecki (P) 7.42; 6, WILLIE KIRKPATRICK 7.25.

TJ (b): 1, Z. Sobora (P) 16.24; 2, M. Joachimowski (P) 15.99; 3, J. Brink (S) 15.43; 4, T. Brostrom (S) 15.24; 5, JOHN PHILLIPS 15.18; 6, FRANK ATTOH 15.10.

SP (a): 1, W. Komar (P) 20.20; 2, H. Hoglund (S) 19.93; 3, A. Feuerbach (USA-gst) 19.76; 4, A. Arrhenius (S) 19.38; 5, E. Antczak (P) 19.04; 6, MIKE WINCH 18.30; 7, PAUL BUXTON 16.74.

DT (b): 1, R. Bruch (S) 60.66; 2, S. Wolodko (P) 59.84; 3, A. Berjrowski (P) 59.48; 4, PETER TANCRED 57.78; 5, K. Akesson (S) 56.64; 6, D. Juzyszyn (P-gst) 55.36; 7, JOHN HILLIER 55.16; 8, K. Gardenkrans (S-gst) 54.96.

HT (a): 1, CHRIS BLACK 72.00; 2, I. Golda (P) 67.56; 3, S. Lubiejewski (P) 66.72; 4, BUXTON 63.08; 5, B. Holmstrom (S) 58.66; 6, T. Sjolholm (S) 55.98.

JT (b): 1, R. Pihl (S) 82.18; 2, K. Eldebrink (S) 81.68; 3, M. Nemeth (Hungary-gst) 81.46; 4, DAVID OTTLEY 76.50; 5, B. Werner (P) 74.38; 6, M. Wacławik (P) 72.28; 7, DAVID TRAVIS 71.84.

4 x 100 (a): 1, Poland (Swierczynski, Licznarski, Nowosz, Tyska) 39.63; 2, UK (WELLS, TIM BONSOR, BENNETT, STEVE GREEN) 40.01; 3, Sweden (Eriksson, Ronn, Nilsson, Garpenborg) 40.31.

4 x 400 (b): 1, Poland (Lapinski, Galant, Podlas, Pietrzyk) 3:04.9; 2, UK (BENNETT 46.8, JOE CHIVERS 46.6, STEVE SCUTT 45.9, JENKINS 46.2) 3:05.9; 3, Sweden (Moller, Fredriksson, Johansson, Aberg) 3:13.4.

Invitation 1500: (56.6, 1:55.6, 2:52.4) 1, J. Walker (NZ) 3:34.1; 2, MIKE KEARNS 3:36.8 (UK rec); 3, J. Debski (Pol) 3:44.2; 4, I. Skjyldeberg (Swe) 3:44.3; 5, R. Karevik (Swe) 3:45.1; 6, S. Strom (Swe) 3:45.2; 7, R. Pitt (Aus) 3:45.6;

8, O. Berg (Swe) 3:46.3; 9, J. Eriksson (Swe) 3:50.3.

Match Result: UK beat Sweden 114-96, Poland beat UK 118-93.

Women

100 (a) (+2.0m): 1, SONIA LANNAMAN 11.27; 2, ANDREA LYNCH 11.35; 3, L. Haglund (S) 11.41; 4, M. Bogucka (P) 11.59; 5, B. Kaniecka (P) 11.69; 6, H. Pihl (S) 11.99.

200 (b) (+1.6m): 1, LYNCH 23.18; 2, DONNA HARTLEY 23.35; 3, Haglund 23.50; 4, Bogucka 23.82; 5, Kaniecka 24.18; 6, L. Wallin (S) 25.15.

400 (a): 1, HARTLEY 51.76; 2, E. Katolik (P) 53.48; 3, GLADYS McCORMACK 54.08; 4, K. Kacperczyk (P) 54.17; 5, Wallin 55.69; 6, E. Pettersson (S) 56.47.

800 (a): (59.0) 1, JANE COLEBROOK 2:01.2; 2, LESLEY KIERNAN 2:02.1; 3, J. Januchta (P) 2:02.3; 4, A. Bukis (P) 2:04.9; 5, M. Simonsson (S) 2:07.3; 6, A. Larsson (S) 2:07.7.

1500 (b): (69.1, 2:18.5, 3:26.1) 1, HILARY HOLLOCK 4:12.9; 2, MARY STEWART 4:14.0; 3, C. Sokolowska (P) 4:15.9; 4, B. Ludwichowska (P) 4:16.0; 5, L. Hjalmarsson (S) 4:18.5; 6, K. Nemetz (S) 4:30.2.

3000 (a): (3:00.7, 4:33.0, 6:05.7) 1, ANN FORD 9:03.9; 2, R. Pentlinowska (P) 9:10.5; 3, I. Knutson (S) 9:14.6; 4, E. Gustafsson (S) 9:19.2; 5, PAULA FUDGE 9:23.7; 6, E. Kutty (P) 9:40.0.

5000W (b): 1, B. Holmqvist (S) 23:33.7 (world best); 2, S. Gustavsson (S) 23:37.1; 3, M. Simu (S) 23:54.0; 4, MARION FAWKES 23:59.6 (UK rec); 5, CAROL TYSON 24:17.7; 6, S. Haataja (Fin) 26:27.2.

100H (b) (nil): 1, SHARON COLYEAR 13.31; 2, L. Langer (P) 13.45; 3, SHIRLEY STRONG 13.78; 3, H. Pihl (S) 14.13; 5, G. Niestoj (P) 14.32; 6, S. Lorentzon (S) 14.95.

400H (b): 1, E. Katolik (P) 57.66; 2, LIZ SUTHERLAND 58.77; 3, A. Aren (S) 60.65; 4, C. Jonsson (S) 63.95. CHRISTINE WARDEN disq. K. Kacperczyk (P) scr.

HJ (a): 1, A. Tannander (S) 1.81; 2, BRENDA GIBBS 1.81; 3, A-E. Carlsson (S-gst) 1.75; 4 eq. A. Niemiszewska (P) & G. Niestoj (P) 1.75; 6, ANNE GILSON (S) 1.70; 7, S. Lorentzon (S) 1.70.

LJ (a): 1, SUE REEVE 6.60 (6.38, 6.59, 6.60, 6.52, 6.60, 6.52); 2, A. Włodarczyk (P) 6.33; 3, SHARON COLYEAR 6.16; 4, B. Sochaczewska (P) 6.06; 5, A. Matthews (S) 5.84; 6, I-L. Alm (S) 5.77.

SP (b): 1, B. Habrzyk (P) 17.35; 2, JUDITH OAKES 15.83; 3, BRENDA BEDFORD 15.08; 4, I. Wehmonen (S) 14.74; 5, H. Tresko (P) 14.69; 6, G. Johansson (S) 14.45.

DT (a): 1, K. Nadolna (P) 54.20; 2, MARGARET RITCHIE 52.96; 3, H. Treska (P) 52.16; 4, JANET THOMPSON 51.80; 5, I. Wehmonen (S) 46.70; 6, G. Johansson (S) 46.56.

JT (b): 1, TESSA SANDERSON 62.54; 2, B. Blechacz (P) 58.90; 3, A. Westman (S) 55.90

continued on page 26

Road Races

SKIDDAW FELL RACE

July 3rd

1. A. McGee (Keswick)	1:04:44
2. W. Padgett (Bingley)	1:04:48
3. M. Weeks (Bingley)	1:05:59
4. A. Spence (Bing) 1:06:20; 5. H. Walker (B'burn) 1:06:26; 6. M. Lambert (Bing) 1:06:36; 7. S. Breckell (B'burn) 1:08:20; 8. H. Forrest (Gos) 1:08:29; 9. D. Gaskell (A&SV) 1:08:46; 10. M. Armitage (Salt) 1:09:07; 11. B. Robinson (Kend) 1:09:21; 12. R. Hill (Clay) 1:09:32; 13. H. Jarrett (B&F) 1:09:48; 14. C. Pooley (L&M) 1:10:01; 15. P. Irwin (Ross) 1:10:02; 16. R. Whitfield (Kend) 1:10:19; 17. G. Berry (Dark Pk) 1:11:00; 18. V. Duff (B'burn) 1:11:09; 19. P. Walkington (B'burn) 1:11:31; 20. A. Jost (West Germany) 1:11:42; 21. J. Wagstaff (Tip) 1:11:43; 22. A. Ratcliffe (Ross) 1:12:05; 23. P. Wilkinson (Clay) 1:12:20; 24. J. Adlet (Read) 1:12:26; 25. A. Davis (B'heath) 1:12:32; 26. G. Brooks (Bing) & R. Boswell (Loch) 1:12:35; 28. K. Taylor (Ross) 1:12:38; 29. P. Jones (Unatt) 1:12:45; 30. A. Lamb (NSP) 1:12:47.	
Teams: 1. Bingley; 2. Blackburn; 3. Keswick; 4. Kendal; 5. Rossendale; 6. Clayton-le-M; 7. Dark Peak; 8. Lancaster & M; 9. Clayton 'B'; 10. Keswick 'B'. (Latrigg Youth Race): 1. D. Tosh (Loch) 19:24; 2. T. Franks (Bill) 19:51; 3. C. Seaman (Loch) 21:00; 4. G. McLean (—) 21:14; 5. P. Muxworthy (Holm) 21:21; 6. M. Hillen (Derw) 21:27.	

HORSHAM BLUE STAR '10'

July 16th

1. L. Presland (Aldershot, Farnham & Dist) 51:06	
2. S. Speller (Portsmouth)	51:32
3. M. Patterson (Brighton & Hove)	51:36
4. I. Beauchamp (HBS) 51:39; 5. W. Upcott (SLH) 52:00; 6. R. Milner (H&S) 52:20; 7. P. Francis (Walt) 52:21; 8. W. Weller (Bel) 52:30; 9. J. Clow (Port) 52:37; 10. T. Kazik (Port) 52:57; 11. A. Orr (Ran) 52:59; 12. M. Hyman (Port) 53:05; 13. I. Cotton (SLH) 53:12; 14. J. Arnold (Leigh B) 53:14; 15. B. Nash (Dart) 53:24; 16. R. Roath (Walt) 53:29; 17. R. Coles (B'heath) 53:34; 18. C. Beauvais (Walt) 53:40; 19. G. Nicholson (Ran) 53:51; 20. G. Gough (Port) 54:02. Teams: 1. Portsmouth 21; 2. Walton 41; 3. Portsmouth 'B' 57; 4. Horsham Blue Star 57; 5. Brighton & Hove 76; 6. Queens Park H 94.	

JOHN OULTRAM MEMORIAL ROAD RACE

At Tittensor, July 16th

1. T. Wright (Wolverhampton & Bilston)	49:37
2. G. Hughes (Ontario)	50:41
3. B. Bowler (Stoke)	50:56
4. J. Wright (Tip) 51:31; 5. S. McHale (Glos) 51:59; 6. K. Breeze (Sale) 52:08; 7. G. Davies (Sale) 52:17; 8. R. Morris (Alt) 52:20; 9. N. Deakin (Stoke) 52:25; 10. E. Austin (Tip-V) 52:35; 11. A. Richards (Tip) 52:44; 12. M. Orton (Tip) 52:53; 13. P. Miller (Cov) 52:54; 14. S. Walton (Tip) 53:02; 15. J. Hipwood (W&B) 53:19; 16. G. Nixon (Wrex) 53:35; 17. M. Watts (Notts) 53:50;	

18. S. Murrin (Sale) 53:54; 19. K. Atkins (Tip) 54:12; 20. A. Mills (New) 54:19; 21. M. Dunn (Sale) 54:21; 22. B. Adams (C&N) 54:54; 23. K. Picksley (Notts-V) 55:28; 24. R. Griffin (Brid) 55:33; 25. W. Morris (Wirr) 55:49. 113 finished. **Teams:** 1. Tipton 25; 2. Sale 34; 3. Stoke 39; 4. W&B 46; 5. Gloucester 83; 6. Wrexham 129; 7. Notts 132; 8. Newcastle 133; 9. Michelin 199; 10. Bridgnorth 272.

BUXTON '5'

July 16th

1. M. Tagg (Staffs Moorland)	24:25
2. R. Fowler (Staffs Moorland-V)	24:35
3. G. Harvey (Staffs Moorland)	25:00
4. A. Birks (Staffs M) 25:06; 5. K. Best (Stret) 25:21; 6. C. Taylor (A&SV) 25:23; 7. M. Green (Old G) 25:25; 8. B. Hilton (Leeds) 25:26; 9. D. Edge (B&F) 25:33; 10. S. Curran (Salf) 25:34; 11. D. Brown (Salf) 25:45; 12. S. Clegg (Salf) 26:01; 13. J. Fisher (Dby) 26:04; 14. M. White (Sheff Un) 26:05; 15. B. Whittaker (Roth-V) 26:08; 16. S. Fowler (Staffs M) 26:08; 17. G. Entwistle (Man) 26:11; 18. R. Gresty (Alt) 26:17; 19. A. Bigg (Hallam) 26:20; 20. F. McGuire (B&F) 26:25; 21. G. Lee (Salf) 26:36; 22. I. Wainwright (Dark Pk) 26:38; 23. J. Lunn (Leeds) 26:40; 24. K. Binks (Stret) 26:43; 25. R. Waters (Stret) 26:45; 26. G. Astill (Notts) 26:50; 27. S. Ash (Staffs M) 26:51; 28. P. Spare (S Heath) 27:00; 29. M. Sinkinson (Salf) 27:05; 30. T. Bardsley (Salf) 27:06. Teams: 1. Staffs Moorland; 2. Salford; 3. Staffs Moorland 'B'.	

SNOWDON RACE

July 16th

1. R. Wilde (Manchester)	1:06:07
2. J. Norman (Altrincham)	1:07:34
3. M. Short (Horwich RMI)	1:08:42
4. D. Francis (West) 1:08:56; 5. H. Walker (B'burn) 1:11:48; 6. M. Nolan (Man) 1:13:43; 7. M. Pickering (Unatt) 1:14:56; 8. M. Ligema (Unatt) 1:15:08; 9. M. Fosci (Unatt) 1:15:15; 10. D. Overton (Kend) 1:15:28; 11. C. White (Bris) 1:16:09; 12. P. Jones (Unatt) 1:16:19; 13. J. Wagstaff (Tip) 1:16:23; 14. D. Rosen (TH&H) 1:16:57; 15. D. Attwell (Alt) 1:17:22; 16. A. Harmer (Port) 1:17:46; 17. D. Wade (TH&H) 1:17:53; 18. P. Haines (TH&H) 1:18:25; 19. D. Davies (N Powys) 1:18:56; 20. R. Harding (Inv) 1:19:59. Teams: 1. Manchester 33; 2. Thames Hare & Hounds 49; 3. Altrincham 76.	

TORBAY AAC 20 KILOMETRES

ROAD RACE

At Paignton, July 17th

1. B. Knight (Torbay)	68:07
2. A. Rowling (Plymouth)	69:05
3. E. Phillips (Plymouth)	69:45
4. T. Collins (Torb) 69:59; 5. D. McFadzean (RN-V) 70:36; 6. P. Hampton (Camb H) 70:57; 7. R. Brownsey (West) 71:10; 8. D. Taylor (Exmouth) 72:02; 9. R. Essery (Ply) 72:55; 10. T. Honeychurch (Torb) 73:16; 11. C. Abrahams (Torb) 73:56; 12. A. Coleman (Wey) 74:03; 13. C. Newberry (Tiv) 76:10; 14. R. Williams (Tiv) 76:29; 15. C. Mills (Torb) 76:40. Teams: 1. Plymouth 10; 2. Torbay 11; 3. Weymouth 28; 4. Tiverton 29.	

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		rec retail price	sale price
140 pairs of ADIDAS GAZELLE (blue suede)	sizes 5-5½ 6-11	£14.30 £15.45	£11.30 £11.95
85 pairs of ADIDAS JEAN (blue suede)	sizes 5-5½ 6-11	£14.30 £15.45	£11.30 £11.95
16 pairs of REEBOK COUGAR (old style) (blue nylon)	sizes 4, 5½ 6-12	£8.95 £9.50	£7.95 £8.50

oddments—Walsh Trainer, orange nylon, size 7-10 (£12.95) £8.95; Gola Lynx, yellow nylon, size 4 (£9.49) £6.95, sizes 6, 7, 8 (£10.49) £7.95; Gola Firefly, blue nylon, size 4 (£5.40) £3.40, sizes 10, 11 (£5.95) £3.95; Gola Marathon, rust suede, size 10½ (£14.95) £8.95; Adidas Rom, white leather, size 9½ (£10.60) £7.95.

RACING SHOES

110 pairs of REEBOK SIROCCO (old style) (blue nylon)	sizes 4-5½ 6-12	£7.40 £7.95	£6.00 £6.50
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oddments—Tiger Cub, white canvas, sizes 2, 4, 5, 5½ (£8.15) £5.95, sizes 9, 10½, 11, 12½ (£8.80) £6.95; Tiger Jayhawk, gold nylon, size 9½ only (£18.15) £13.95.

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150 pairs of KOMPASSROSEN STD from Sweden, PVC treated blue nylon upper	sizes 34-39 40-48	£7.95 £8.45	£5.95 £6.45
150 pairs of ADIDAS CROSS (PVC treated blue upper)	sizes 3½-5½ 6-12	£7.85 £8.50	£6.85 £7.50
20 pairs of RELUM BANTAMS (not waterproof)	size 7 only	£1.50	95p

SPIKED SHOES

35 pairs of ADIDAS INTERVALL (white leather)	sizes 6-10	£16.70	£13.70
20 pairs of ADIDAS QUEBEC (white leather)	sizes 6-12	£9.25	£7.95

oddments—Adidas Spider, green suede, sizes 10, 10½ (£26.99) £19.95; Adidas Tokyo, blue suede, size 4½ (£21.30) £17.95, size 6½ (£22.99) £18.95; Adidas Racer, black suede, sizes 8½, 9, 10, 10½, 11 (£28.25) £19.95; Gola Wasp, yellow nylon, sizes 3, 4 (£6.99) £4.95, sizes 6½, 7½, 10½, 11½, 12 (£7.99) £5.95; Gola Hawk, white leather, size 12 only (£6.99) £4.95; Gola Flyer, rust nylon, size 10½ only (13.95) £9.95; Gola Firebrand, rust suede, size 7 only (£12.95) £9.95.

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15 LITESOME MULTISTRIPE TRACKSUITS: Top and trousers in contrasting colours. Colours: Red/Royal; Orange/Black; Sky/Navy; Canary/Royal. Size small (£19.40) £16.40, medium (£20.30) £17.30; large (£21.15) £18.15; extra large (£22.35) £19.35 **save £3.00**

20 FRED PERRY TRACKSUITS: Top and trousers in contrasting colours. Colours: Lemon/Navy or White/Brown. Sizes S M L (£13.95) £10.95 **save £3.00**

150 ADIDAS TEE SHIRTS: in size small only. Colours: Orange, Yellow, Sky, White or Red (£3.65) £2.95 **save 70p**

70 UMBRO TEE SHIRTS: Sizes small, medium and large. Colours: Orange, Yellow, Sky, White or Red (£3.10) £2.40 **save 70p**

8 LITESOME HOODED TOPS: in Yellow, made from cotton backed nylon. Sizes S M L XL (£11.75) £8.75 **save £3.00**

20 ADIDAS COTTON WARM-UP TROUSERS in emerald or sky. Sizes 5ft. 6in.-6ft. 1in. (£4.00) £2.95 **save £1.05**

20 UMBRO TRACK BRIEFS: ladies, size 22/24in. Colours Red or Navy (£1.35) 90p

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Prices listed in brackets are the recommended retail price.

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LEAGUE RESULTS

MIDLAND WOMEN'S LEAGUE (Division Two)

At Redditch, June 26th

Leicester Coritanian 349; Coventry Godiva 328; Wolverhampton & Bilston 293½; Shrewsbury 260½; Gloucester 234; Bromsgrove & Redditch 234.

100: M. Ascroft (Cov) 12.3. 400: 1, A. Halliday (W&B) 56.8; 2, K. Baker (Cov) 58.8. 3000: B. Smith (B&R) 10:34.6. 100H: 1, C. Taylor (Cov) 14.9; 2, S. Frisby (Leic) 15.0; 3, Elliott (Glos) 15.4. (B): C. Castle (Cov) 15.4. 400H: 1, Taylor 65.1; 2, Frisby 68.0. HJ: B. Gibbs (Leic) 1.60. LJ: 1, S. Little (Cov) 5.38; 2, J. Ascott (B&R) 5.37. SP/DT: S. Cook (W&B) 10.66/34.80. JT: 1, H. Hayes (Glos) 35.56; 2, S. Hallam (Leic) 33.68; 3, K.

STOCKHOLM MATCH from page 23

(Swedish rec): 4, B. Latko (P) 54.14; 5, SHARA SPRAGG 47.90; 6, R. Willer (S) 47.80.

4 x 100 (a): UK (COLYEAR, LANNAMAN, LYNCH, JANINE MacGREGOR) 44.39. Poland disq, Sweden dnf.

4 x 400 (b): 1, UK (LIZ EDDY 54.7, RUTH KENNEDY 53.0, COLEBROOK 53.2, HARTLEY 52.2) 3:33.4; 2, Poland 3:41.6; 3, Sweden 3:43.7.

Match Result: UK beat Sweden 105-49 & Poland 94-58.

HIGHGATE HARRIERS OPEN SPONSOR MEETING

SUNDAY, 28th AUGUST, 1977
PARLIAMENT HILL FIELDS

PRIZES

Senior Ladies 3000m, 800m, 400m, 100m, 100mH, LJ, Javelin, Discus.
Inter. Ladies 1500m, 400m, 100m, 80mH, Discus, Javelin, LJ.
Junior Ladies 1500m, 200m, 100m, 75mH, HJ, Discus.
U/13 Girls 800m.
MEN 800m—Standard 1m. 55s.

Hundreds of pounds worth of prizes. Souvenir pen worth more than 50p to each competitor.

ENTRY: Senior/Inter. 30p first event, 25p subsequent. Juniors 25p each event.

TO: M. TANNETTA, 33 Kilpeck House, Woodberry Down, London N4 2TT.

STATE Best Performance — Please enclose S.A.E.

CLOSING DATE 13th AUGUST, 1977

Jones (W&B) 27.88. (B): C. Phillips (Glos) 27.88. (Inters) 80H: C. Castle (Cov) 12.3. (B): E. Little (Cov) 12.3. (Juniors) 800: 1, L. Baker (Cov) 2:21.3; 2, W. Adams (B&R) 2:21.8. 75H: S. Brown (Leic) 12.1. HJ: 1, Adams 1.52; 2, G. Blount (Shrew) 1.52. LJ: T. Davidson (Shrew) 5.01.

At Leicester, July 17th

Wolverhampton & Bilston 341; Leicester 327; Shrewsbury 290; Gloucester 258; Coventry 236; Bromsgrove & Redditch 236.

200: M. Tranter (W&B) 25.4. 400: 1, P. Lloyd (W&B) 57.3; 2, L. Greenwood (Leic) 59.0. (B): 1, A. Halliday (W&B) 57.4; 2, K. Boyce (Leic) 58.41. 800: P. Byrne (W&B) 2:14.5. 3000: B. Smith (B&R) 10:28.6. 100H: 1, Y. Wray (Shrew) 14.4; 2, C. Taylor (Cov) 14.8; 3, D. Elliott (Leic) 15.4; 4, L. Elliott (Glos) 15.4. (B): C. Castle (Cov) 15.3. 400H: 1, Taylor 65.4; 2, Greenwood 67.8; 3, J. Adams (W&B) 67.9. HJ: 1, Elliott 1.65; 2, Wray 1.62. (B): A. Scott (Leic) 1.62. LJ: 1, Wray 5.68; 2, Tranter 5.37. SP: 1, Wray 12.01; 2, S. Cook (W&B) 10.91. DT: S. Elsyby (Leic) 33.54. 4 x 100: W&B 48.9. (Inters) 80H: C. Castle (Cov) 12.2. (Juniors) 800: 1, D. Curtis (Leic) 2:18.0; 2, W. Adams (B&R) 2:23.1; 3, S. Rowe (Glos) 2:24.1. 1500: J. Perry (Shrew) 4:54.2. 75H: 1, H. Jarvis (Leic) 12.2; 2, J. Ward (B&R) 12.2; 3, J. Brittleton (Shrew) 12.2. HJ: 1, D. Harding (Leic) 1.54; 2, S. Rowe (Glos) 1.51; 3, W. Adams (B&R) 1.51. SP: 1, B. Bennett (Leic) 10.14; 2, E. Pearson (Glos) 9.92. DT: K. Beasley (W&B) 28.66. JT: J. Shaw (Shrew) 28.08.

SOUTHERN WOMEN'S LEAGUE (Division One)

At Woodford, July 16th

Essex LAC 178; Cambridge H 161; Luton 141; Crawley 136; Windsor, S&E 110.

200: 1, S. King (Ex) 24.8; 2, L. Griffiths (Lut) 25.1. 800: S. Longden (Ex) 2:16.2. 1500: D. Buckley (Lut) 4:42.2. 3000: 1, R. Joyce (Craw) 9:57.2; 2, D. Buckley (Lut) 10:25.2. 100H: K. Hagger (Ex) 15.2. 400H: 1, C. Walkingshaw (Camb H) 62.7; 2, W. Humphreys (Ex) 66.7. (B): M. Cleaver (Camb H) 68.2. HJ: C. Drewry (Ex) 1.65. (B): S. Taylor (Ex) 1.60. LJ: Hagger 5.43. SP: 1, V. Redford (Camb H) 13.54; 2, P. Woodhouse (Ex) 10.84. (B): 1, G. Hughes (Camb H) 13.14; 2, Longden 10.76. DT: Redford 39.34. (B): I. Duffin (Camb H) 35.20. JT: 1, J. Brown (Craw) 41.94; 2, P. Woodhouse (Ex) 40.56; 3, D. Bingham (Camb H) 36.54. (B): S. Tell (Craw) 34.12. 4 x 100: Essex 49.8. 4 x 400: Essex 4:02.0. (Juniors) 100: 1, Y. Lorrimer (Ex) 12.5; 2, R. Jordon (Camb H) 12.9. 200: 1, Lorrimer 26.0; 2, S. Howell (Camb H) 26.6. 1500: E. Timms (Craw) 5:04.0. 75H: 1, J. Taylor (Ex) 12.2; 2, C. Hunter (Lut) 12.2. HJ: 1, K. Nobes (WS&E) 1.61; 2, J. Taylor (Ex) 1.55. LJ: Howell 5.14.

(Division Two)

At Watford, July 16th

Bournemouth 171; Radley 157; Selsonia 143; Feltham 142; Watford 99.

100: L. Worrell (Sel) 12.2. 400: L. Marsh (Sel) 59.0. 1500: F. Green (Felt) 4:43.7. 400H: A. Trevitt

(B'mouth) 68.0. DT: D. Isitt (Felt) 33.26. JT: 1, J. Rose (Sel) 39.74; 2, G. Hodges (Wat) 35.36. 4 x 100: Selsonia 49.4. (Juniors) 100: D. Warner (Rad) 12.6. 200: J. Wallington (Rad) 26.3. 200: Warner 26.3. 800: 1, K. Dormer (Felt) 2:23.3; 2, R. Boggett (Rad) 2:24.8. 75H: 1, T. Menzies (Wat) 11.7; 2, K. May (Rad) 11.9. SP: J. Mullings (Sel) 10.48. DT: 1, Mullings 29.86; 2, J. Wallington (Rad) 27.14. 4 x 100: Radley 51.1.

At Norbiton, July 16th

Thurrock 170; Surrey AC 159½; Essex Beagles 149; Highgate 136; Peterborough 78½.

SP: 1, M. Lynch (Thurr) 11.06; 2, D. Doyley (High) 10.76. (Juniors) 800: 1, G. Sawyer (Sy) 2:16.0; 2, G. Jarman (Thurr) 2:25.1. 1500: 1, K. Timson (Thurr) 4:49.2; 2, W. Bonfield (Sy) 4:58.0; 3, R. Munber (High) 5:00.5; 4, E. Oxley (Sy) 5:01.8; 5, N. Bassett (Thurr) 5:01.8. HJ: K. Gentry (Thurr) 1.50. SP/DT: K. Styles (Ex) 9.97/29.50. JT: J. D'Arcy (Ex) 27.40.

At Carshalton, July 16th

Mitcham 200; Southend 180; Cambridge & Coleridge 130; Tonbridge 120; Basildon 90.

100: 1, J. Walsh (Mit) 12.1; 2, J. Prosser (S'end) 12.1; 3, S. Griffith (Bas) 12.2. 100H: 1, A. Simmonds (S'end) 14.8; 2, S. Dalgoutte (Mit) 14.9; 3,

SOUTHERN LEAGUE

At Feltham, June 25th

Haringey & Southgate 159; Feltham 107; Portsmouth 94½; Cambridge H 90½; Harlow 83.

200: 1, A. Pitts (Har) 22.0; 2, Bond (Camb H) 22.3. 400: P. Pusey (H&S) 49.2. 5000: P. Norell (H&S) 14:25.2. 3000SC: C. Moxsom (H&S) 9:23.2. (B): D. Milner (H&S) 9:31.5. PV: J. Cryle (Felt) 3.85. LJ: 1, C. Mitchinson (Har) 6.92; 2, C. Mitchell (H&S) 6.76. HT: 1, M. Mitchell (Felt) 44.96; 2, W. Dixon (Camb H) 43.54. 4 x 100: 1, Haringey & S 43.5; 2, Cambridge H 43.7; 3, Harlow 43.8. S. Griffith (Bas) 16.0. 400H: C. Thixton (Mit) 68.4. LJ: 1, Simmonds 5.76; 2, J. Frank-Lynch (Mit) 5.68. SP: 1, Y. Fountain (S'end) 11.41; 2, J. Jackson (Mit) 11.33. DT: Fountain 37.06. JT: 1, S. O'Toole (Mit) 47.76; 2, Fountain 40.40. (Juniors) 100/200: P. Mullins (S'end) 12.8/26.4. LJ: K. Terrett (Mit) 5.17. 4 x 100: Mitcham 51.4.

(Division Three)

At Aylesbury, July 16th

Trowbridge 163½; Aylesbury & East Kent 151; Yeovil 127½; Fleet 111.

1500: D. Miles (Trow) 4:35.5. (Juniors) JT: N. Copley (Ayl) 31.84.

At Hayes, July 16th

Hillingdon 184; Haringey & Southgate 164; Swindon 146; Eastbourne 110; Hayes 30.

HJ: C. Barber (Hill) 1.60. SP: S. Tudor (Hill) 11.18. DT: 1, Tudor 36.84; 2, M. Jervis (H&S) 36.58. JT: Jervis 39.72. (B): S. Flack (H&S) 39.02. (Juniors) 800: P. Blake (H&S) 2:25.8. 75H: C. Sewell-Alger (H&S) 11.7.

(Division Four)

At Wimbledon, July 16th

Portsmouth 'B' 195½; Dorchester 152; Aldershot, Farnham & Dist 'B' 148; Winchester 128½; Hercules Wimbledon 126½; Belgrave 94½.

MIDLAND TRACK LEAGUE

At Stoke-on-Trent, July 16th

Birchfield 158; Stoke 122½; Wolverhampton & B 117½; Rugby 105; Coventry 67; Shrewsbury 55.

400: Tuck (B'field) 49.9. 1500: S. Carter (Cov) 3:55.9. 3000SC: 1, J. Mostyn (Shrew) 9:26.4; 2, Kirby (B'field) 9:30.6. 400H: 1, D. Cowley (Rug) 56.0; 2, R. Barrington (Stoke) 56.9. PV: 1, J. Howell (Stoke) 4.00; 2, C. McCarthy (W&B) 4.00. DT: Howell 48.68. HT: 1, A. Woods (B'field) 52.54; 2, D. Benning (Stoke) 42.52. (B): 1, M. Emens (B'field) 51.20; 2, C. Howell (Stoke) 42.52. (Youths) 1500SC: Traversari (B'field) 4:39.0. HT: P. Green (W&B) 54.12.

YORKSHIRE LEAGUE

(Division One)

At Hull, July 17th

Hull Spartan 85; Malet Lambert 63; Leeds City 46; Wakefield & Longwood 27; Hallamshire 13.

HT: Adamson (Hull S) 47.96. (Youths) HT: 1, C. Houghton (Malet L) 52.00; 2, D. Smith (Malet L) 48.92. (Boys) HT: Burley (Leeds) 46.80. (Junior Girls) 1500: 1, W. Hirst (Leeds) 5:03.9; 2, K. Jenkinson (Leeds) 5:04.8; 3, F. Walton (Leeds) 5:04.9. 75H: 1, K. Andrews (Hull S) 11.6; 2, T. Grayston (Malet L) 11.9.

EUROPEAN CUP 'B' FINALS

Contestants in the European Cup Men's 'B' Final at Gothenburg this weekend are France, Switzerland, Yugoslavia, Rumania, Bulgaria, Sweden, Czechoslovakia and Hungary. The women's final at Trinec (Cze) brings together Czechoslovakia, France, Italy, Bulgaria, Netherlands, Hungary, Austria and Belgium. The winner of each final qualifies for the European Cup Final proper in Helsinki the following weekend.

EUROPEAN CUP SEMI-FINALS

Missing results from the European Cup Semi (Women) at Dublin (see July 23rd issue)—4 x 400: 4, Bulgaria 3:37.6; 5, Netherlands 3:43.0; 6, Ireland 3:45.8; 7, Denmark 3:49.3; 8, Iceland 4:03.7. HJ: 5, Y. Blagoeva (B) 1.79; 6, T. Gisladottir (Ice) 1.73; 7, A. Long (RoI) 1.67; 8, F. Lechner (A) 1.67. LJ: 2, L. Goucheva (not Nedeva) (B) 6.33; 3, S. Reeve (UK) 6.23 (not 6.33); 4, S. Barlag (N) 6.10w; 5, D. Rasmussen (D) 5.89w; 6, K. Glavin (RoI) 5.68; 7, I. Wockinger-Holz (A) 5.66; 8, L. Sveinsdottir (Ice) 5.21. The following wind in the 100H (Fiedler 13.01, Colyear 13.19) was 2.5m/sec. Rosi Ackermann only narrowly failed at the world record height of 1.97m (6'5¼").

Walking

BRIAN ADAMS WINS GRUELLING 50KM

THE exceptionally high humidity and warm sunshine proved decisive factors in the National 50km Championship at Milton Keynes on July 23rd. The field was decimated with only 48 out of 105 surviving the race. Brian Adams and John Warhurst dominated, breaking away early on and never in danger of being caught. Brian put in a decisive burst midway and opened a three minute gap which John narrowed slightly in the last 5km. Stuart Elms was third for a long time with Peter Hodgkinson, surprising Tony Malone, Bob Dobson, Ray Middleton and Roy Thorpe following at 20km. Already names such as Shaun Lightman, Dennis Holly, George Chaplin and Charlie Fogg had retired or were on the point of doing so, while George Nibre, Adrian James and Peter Ryan had long given up all hopes of making the Lugano Cup team—but all three valiantly stuck it out to the finish. Elms weakened and finally gave way to Hodgkinson who was having an inspired race, while Peter Selby was surging through from outside the first ten. Both men secured their Lugano Cup places and together with Adams and Warhurst make up a solid, experienced foursome. Elms and Dobson retired in the closing stages while the Manx duo of Graham Young and Derek Harrison powered through impressively to make certain of their Commonwealth Games places and had the unexpected bonus of second team medals for their club, Boundary Harriers. Ray Middleton made a great effort to make his seventh Lugano team but could not hold Selby's comethrough and, later, the Manxmen's powerful finish. Ted Ardley had a consistent race but the real surprise was Nolan Simmons, the Trinidadian of Surrey WC, who relatively revelled in the hot-house conditions and recorded a time he would be happy with in cool, ideal weather. Sheffield won the team race, making a clean sweep of the Nationals this year, and were well supported in all departments.

In view of the competitors' gruelling experience, criticism of the circuit was probably more widespread than it would have been in kinder conditions. It is essential, however, that all the very tight turns are eliminated and that, as is promised, the road surface is improved on some sections. As it would appear there will be a record number of competitors participating in the Lugano Final, there must be some worry regarding the width of the path in places, particularly for the 20km when a fast moving bunch would be particularly restricted.

1, B. Adams (Leic) 4:25:28; 2, J. Warhurst (Sheff) 4:27:33; 3, P. Hodgkinson (Camb H) 4:36:27; 4, P. Selby (Sy) 4:38:07; 5, G. Young (Bound) 4:42:46; 6, D. Harrison (Bound) 4:46:50; 7, R. Middleton (Bel) 4:47:21; 8, A. Ardley (Ton) 4:49:20; 9, N. Simmons (Sy) 4:49:43; 10, J. Lees (B&H) 4:50:18; 11, M. Holmes (S'end) 4:53:26; 12, A. Malone (Lancs) 4:53:27; 13, R. Thorpe (Sheff) 4:55:02; 14, C. Tranter (New) 5:00:53; 15, C. Berwick (Leic) 5:02:04; 16, G. Nibre (High) 5:03:31; 17, A. James (BoE) 5:04:32; 18, T. Sliwinski (Sy) 5:09:20;

19, J. Hall (Bel) 5:10:08; 20, J. Eddershaw (Sheff) 5:10:15; 21, D. Boxall (B&H) 5:11:51; 22, C. Young (Ex B) 5:12:14; 23, J. Heywood (Leic) 5:12:50; 24, M. Barret (Sheff) 5:13:17; 25, K. French (Sheff) 5:13:19; 26, J. Cannell (Bound) 5:13:50; 27, W. Sutherland (Ilf) 5:14:37; 28, R. Parkin (Med) 5:18:08; 29, D. Gunn (B&H) 5:19:38; 30, M. Lambden (Bound) 5:24:30; 31, L. Ruddock (Ilf) 5:24:54; 32, D. King (Bel) 5:25:06; 33, J. Dowling (Sheff) 5:28:00; 34, L. Holton (Leic) 5:28:25; 35, P. Picton (Bel) 5:32:28; 36, P. Ryan (Sheff) 5:33:48; 37, P. Briggs (Yks) 5:34:44; 38, D. Bolton (Sheff) 5:35:16; 39, K. Roost (Unatt) 5:39:41; 40, K. Read (Sy) 5:40:37; 41, D. Vale (Sy) 5:40:37; 42, S. Wynn (New) 5:46:17; 43, F. Baker (High) 5:47:56; 44, A. Norman (Sheff) 5:53:58; 45, P. Emery (BoE) 5:57:20; 46, W. Daysh (High) 5:58:00; 47, K. Booth (BoE) 6:01:43; 48, D. Ainsworth (Ilf) 6:07:46. 105 started, 48 finished. Teams: 1, Sheffield 47; 2, Boundary 56; 3, Leicester 58; 4, Belgrave 77; 5, Ilford 98.

By Colin Young

Essex Police 3km Championships at Chelmsford (June 9th). 1, A. Seddon (BoE-gst) 13:04.2; 2, M. Dunion (Ex P) 13:14.6; 3, P. Ryan (Ex P) 13:20.0; 4, D. Sheppard (Ex P) 13:36.0; 5, M. Scamell (New-gst) 14:07.0; 6, J. Robinson (Tend-gst) 14:12.2. (Senior Women 2km): 1, S. McAulay (Ex P) 10:34.4; 2, J. Robery (Hav-gst) 10:51.4; 3, L. Brewster (Ex P) 11:27.6.

Ilford AC 5km Track Race at Ilford (June 12th). 1, R. Mills (Ilf) 22:25; 2, S. Gower (Ilf) 23:16; 3, M. Vallton (Swi) 24:25; 4, R. Wallwork (Ex P) 24:37; 5, B. Armstrong (Ilf) 24:56; 6, J. Hedge-thorne (Ex P) 25:11.

Dave Stevens pips Adrian James to win Stock Exchange 2 Miles Championship at Duke of Yorks (June 29th). 1, D. Stevens (Stey) 14:06; 2, A. James (BoE) 14:11; 3, R. Pearce (S'end) 15:29.

Amos Seddon wins Met Police 3km Championship at Hendon (July 7th). 1, A. Seddon (BoE) 13:12; 2, G. Nibre (Ilf) 13:17; 3, G. Scott (BoE) 13:23; 4, W. Sutherland (Ilf) 14:24; 5, C. Fogg (BoE) 14:39; 6, L. Mockett (Ilf) 15:04.

Carl Lawton puts in a fast 5 Miles in London Vidarians Open at Carshalton (July 13th). 1, C. Lawton (Bel) 35:32; 2, W. Sutherland (Ilf) 38:30; 3, M. Scamell (New) 39:21.

Gerard Lelievre wins France v UK 'A' 10km at Nice (July 16th). Despite an 8.20pm start it was warm with high humidity when the walkers started (in the fifth lane!). Lelievre led from early on and won comfortably with Carl Lawton, after a real battle with Garnung, finishing strongly for second. Dave Cotton, in his first international, and Peter Selby had satisfactory races in the conditions. 1, G. Lelievre (F) 44:41; 2, C. Lawton (UK) 45:33; 3, J-P. Garnung (F) 45:44; 4, D. Cotton (UK) 47:01; 5, P. Selby (UK) 47:26; J. St Martin (F) disq.

THE BATTLE IS WON!

The 20 and 50 Kilometre
Walking Races have
been reinstated in
the Olympic Games.

The Race Walking Association
would like to thank all those
who have assisted in our
Campaign to get Walking back
in the Olympics.

Roger Mills wins sixth AAA 3km title at Crystal Palace (July 22nd). Dominating the race from the start, Roger Mills put in laps of 1:30.9, 1:33.8, 1:35.2, 1:36.8 and 1:39.8 to clock 7:56.5 at 2km. In the last kilometre the opening burst plus the very high humidity prevented Mills from breaking 12 minutes but obviously he is in his sharpest form yet. Graham Scatter had a wonderful race, taking no less than 26.5 sec off his previous best. He passed Brian Adams before halfway and pulled 4 sec back on Mills in the last kilometre. Adams, with the National 50km coming up the following day, was a clear third with Carl Lawton an isolated fourth. A good standard field with closely contested racing in the battle for minor positions. 1. R. Mills (Ilf) 12:08.4; 2. G. Scatter (Bel) 12:14.9; 3. B. Adams (Leic) 12:39.8; 4. C. Lawton (Bel) 12:56.7; 5. A. Seddon (BoE) 13:12.6; 6. G. Morris (Stey) 13:14.0; 7. A. Buchanan (B&H) 13:16.0; 8. D. Stevens (Stey) 13:17.0; 9. D. Hall (Bel) 13:28.4; 10. D. Johnson (B&H) 13:39.1; 11. C. Maddocks (Daw) ntt.

George Nibre and Peter Ryan 2nd and 3rd in Swiss 7.2km Hill Climb at Agno-Iseo (June 26th). 1. W. Ponzio (Swi) 38:21; 2. G. Nibre (Ilf) 38:55; 3. P. Ryan (Ex P) 39:28.

Brazilian Results. 20km, Sao Paulo, June 19th: F. Elias 1:51:37. (Junior 10km): J. De Melo 52:53.4. **20km, Bela Horizonte, June 26th:** Elias 1:49:48. Junior 10km: F. Vanderter 52:16.6.

Willi Sawall leads Australia's Edmonton challenge. Confirming his sensational times of last year, Willi Sawall certainly must be considered a favourite for the Commonwealth 30km next year. Tim Erickson, who with Sawall walked such a fine race at Malmo last September in the World 50km, is also in good form while youngsters Graham Dent (born 10.8.56) and Dave Smith (1955) obviously look to have bright futures. **Victoria 10km Track Champs, April 16th:** 1. W. Sawall 44:30.6; 2. G. Dent 46:40.2. **Victoria 20km Road Champs, April 24th:** 1. Sawall 91:35; 2. T. Erickson 95:16; 3. Smith D. 95:56. **20km Road, February 6th:** 1. Sawall 88:40; 2. Dent 97:35. **(Women 2M):** 1. K. Neville 15:01; 2. S. Orr 15:10.2. **5km Track, February 20th:** D. Smith 22:28. **15km Road, June 4th:** 1. Sawall 66:23; 2. Erickson 68:54. **20 Miles Road at Canberra:** 1. Sawall 2:33:14; 2. Erickson 2:35:01. **20km Track, June 19th:** 1. Sawall 92:04; 2. Erickson 94:42. **Women's Track 10km, June 19th:** 1. S. Orr 50:32; 2. K. Neville 52:43. **Victorian 50km Road Champs, July 10th:** 1. Sawall 4:05:34; 2. Erickson 4:19:20; 3. C. Jack 4:30:07. The Australian team to meet NZ in Sydney on August 20th, chosen after a 20km trial held in very hot conditions, is Willi Sawall, Tim Erickson, Clarrie Jack and Peter Fullager (ex-UK) with former Olympian Frank Clark as reserve.

Allan Callow 2nd in New Zealand 15km at Hawera (NZ), July 2nd. The first four men home have been selected for the match against Australia. Heavy rain and strong winds made conditions very difficult but the standard was very good considering the two top men, Mike Parker and Graham Scatter, are currently in England. Paul Herbest (15) did remarkably well to finish 8th in 79:43. 1.

HELSINKI

European Cup Final, August 13th/14th

Another 'AW' party organised by Victor Travel Ltd of 63 Church Street, Enfield, Middx (01-363 3316) will leave Heathrow (flight AY832) on Friday, August 12th at 13.35, arriving Helsinki 17.25 local time. Accommodation will be on a twin-bedded B & B basis in the excellent Vaarkuna hotel for three nights (12th, 13th, 14th), returning by flight AY831 at 09.10 on Monday 15th, arriving London 11.10. Cost £175 (single room supplement £15). Insurance £2. Places can be booked up till 5pm next Wednesday.

K. Taylor 72:43; 2. A. Callow 72:57; 3. R. Pilkington 73:04; 4. M. Hinton 73:36; 5. J. Rayner 74:54; 6. K. Henwood 76:54.

BELGRAVE/SURREY '20'

At Wimbledon, July 16th

1. D. Faircloth (Croydon) 1:42:53
2. D. Patterson (TVH) 1:44:34
3. G. Taylor (Cambridge H) 1:47:05
4. M. Woods (AF&D) 1:48:00; 5. G. Dugdale (TVH) 1:48:50; 6. R. Sercombe (New) 1:49:25; 7. J. Patton (B'field) 1:49:51; 8. M. Russell (Croy) 1:51:32; 9. T. Roden (SLH) 1:51:57; 10. G. McIlroy (Card) 1:52:11; 11. D. Davies (TVH) 1:53:06; 12. L. Mann (Bel) 1:53:20; 13. W. Smith (Croy) 1:53:27; 14. C. Hunn (SLH) 1:54:02; 15. R. Charney (TVH) 1:54:08; 16. M. Baggs (Wey SP) 1:54:25; 17. D. Curwell (AF&D) 1:54:37; 18. A. Reavley (S&E) 1:54:52; 19. R. Crosbie (TVH) 1:55:03; 20. M. Herring (Ilf) 1:55:10. **Teams:** 1. TVH 15; 2. Croydon 17; 3. AF&D 36; 4. SLH 39; 5. Belgrave 46; 6. Cambridge H 65. **(Surrey Champs):** 1. Faircloth; 2. Russell; 3. Roden. **Teams:** 1. Croydon; 2. Epsom & Ewell; 3. SLH. (Times: 5M—Patton 24:55, Faircloth, Patterson, Dugdale 24:56, Taylor 25:10. 10M—Faircloth & Patterson 50:29, Taylor 51:12. 15M—Faircloth 1:16:13, Patterson 1:16:50.)

LINCOLNSHIRE LEAGUE

(Final Positions): Holbeach 47; Lincoln C&C 46; Grimsby 40; Lincoln Wellington 33; Grantham 31; Scunthorpe 25; Barton 23; Stamford 12.

(Best Performances) HJ: S. Metcalfe (Scun) 1.95. SP: B. McEwan (Holb) 13.66. (Juniors) 3000: Royle (Grim) 8:43.2. SP: S. O'Connor (Bart) 13.52. HT: M. Bones (Linc W) 38.88. (Youths) SP: O'Connor 13.96. HT: S. Ward (Holb) 47.00. JT: M. Wells (Grant) 56.16. (Boys) HJ: P. Dodwell (Grant) 1.69. SP: M. Towning (Grant) 13.56. (Senior Women): Lincoln C&C 50; Holbeach 44; Lincoln Wellington 40; Grimsby 33; Scunthorpe 33; Grantham 23; Barton 22. 400/800: J. Prictoe (Linc C&C) 58.9/2:10.7. 100H: T. Chipp (Linc C) 14.8. 400H: V. Weston (Linc W) 66.6. SP: B. Clay (Holb) 10.67. JT: S. Fry (Linc C-I) 36.10. (Inters) 800/1500: A. Walker (Linc C) 2:19.5/4:56.3. JT: M. Cheetham (Linc C) 33.66. (Juniors) SP: S. Simmonds (Grant) 9.81.

WELSH SCHOOLS CHAMPIONSHIPS**At Cwmbran, July 2nd**

100: C. Jeffers 11.5. 200: D. Morgan 22.6. 400: R. Rodger 51.7. 800: D. Herbert 1:58.2. 1500: K. Gallivan 4:05.3. 3000: B. Chinnick 9:08.0. 2000SC: A. Fox 6:19.6. 110H: N. Hammersley 16.1. 400H: R. Davies 56.4. HJ: G. Llewellyn 1.70. PV: E. Thomas 2.90. LJ: S. Barlow 6.49. TJ: 1, M. Jones 14.01; 2, A. Williams 13.75; 3, P. Sullivan 13.67. SP: L. Williams 12.47. DT: 1. Rees 35.08. HT: N. Stevens 39.94. JT: G. Scales 54.22. 4 x 100: 1, South Glam 44.2; 2, Powys 44.4. (Inters) 100: A. Jenkins 11.6. 200: M. Owen 23.4. 400: 1, Owen 51.5; 2, A. Morgan 51.6. 800: M. Britten 2:02.2. 1500/3000: C. Clarkson 4:03.6/9:08.6. 1500SC: 1, A. Jones 4:34.8; 2, J. Messum 4:39.4. 100H: V. Walker 14.9. 400H: 1, C. Hammer 57.2; 2, D. Jones 57.4; 3, P. Lewis 59.4; 4, A. Davies 59.5; 5, M. Batten 59.8. HJ: K. McBurney 1.84. PV: M. Howells 3.60. LJ: 1, J. Barrington 6.50; 2, R. Goodwin 6.44. TJ: 1, P. Ward 13.57; 2, C. Thomas 13.45. SP: P. Rees 15.40. DT: J. Buttress 41.56. HT: E. Hulse 37.70. JT: S. Cahill 49.15. 4 x 100: Gwent 45.0. (Juniors) 100: M. James 11.7. 200: 1, James 23.1; 2, I. Strange 23.3. 400: 1, D. Rowlands 53.8; 2, C. Jones 54.0; 3, S. Kinchin 54.8. 800: W. Dewar 2:03.7. 1500: 1, P. Keeble 4:20.2; 2, D. Lewis 4:22.6. 80H: 1, A. James 12.2; 2, N. Walker 12.2; 3, K. Davies 12.2; 4, T. Edwards 12.2. HJ: 1, C. Sander 1.71; 2, G. Thomas 1.69. PV: R. Hughes 3.20. LJ: 1, Strange 6.19; 2, J. Furnham 6.00. TJ: 1, Furnham 12.74; 2, G. Rees 12.15. SP: M. Hewer 13.20. DT: H. King 34.82. HT: K. Davies 33.08. JT: R. Hughes 47.50. 4 x 100: 1, South Glam 45.8; 2, Gwent 45.9. (Senior Girls) 100: R. Tillson 13.0. 200: C. Smart 25.9. 400: H. Potter 59.2. 800: K. Taylor 2:21.7. 1500: C. Morgan 5:02.6. 3000: P. Waters 11:55.4. 100H: B. Jones 17.9. HJ: V. Rothero 1.54. LJ: Tillson 5.32. SP: M. Smith 9.68. DT: E. Owen 30.38. JT: W. Banks 34.98. 4 x 100: Carmarthen 51.0. (Inters) 100/200: D. Thorne 12.9/26.1. 400: 1, S. Waters 57.0; 2, J. Pring 60.1. 800: 1, K. McDermott 2:14.0; 2, G. Williams 2:18.1. 1500: 1, A-M. Fox 4:44.1; 2, L. Jones 4:55.8; 3, D. Lewis 4:58.6. 3000: C. Francis 10:55.0. 80H: S. Wight 12.6. HJ: A. Morris 1.56. LJ: D. Perry 5.28. SP/DT: A. Hourihan 9.84/35.10. JT: 1, J. Tubb 38.28; 2, G. Bowe 31.14. 4 x 100: 1, Bryn Hafn 49.8; 2, Maesderwen 50.7. (Juniors) 100/200: K. Taylor 13.0/26.6. 800: 1, Taylor 2:21.7; 2, Egan 2:24.0. 1500: 1, G. Irvin 4:45.8; 2, J. Wyatt 5:02.8; 3, D.

Bevan 5:03.3; 4, C. Sutton 5:04.7. 75H: A. Symmons 12.4. HJ: P. Walker 1.49. LJ: P. Thomas 4.90. SP: T. Antoniazzi 9.33. DT: T. Edwards 24.26. JT: J. Flanagan 30.90. 4 x 100: Ynysawdre 51.0.

WELSH LEAGUE**(Division One)****At Swansea, July 7th**

Swansea 324; Carmarthen 311; Aberdare 217; Newport 202; Bridgend 186; Cleddau 170; Cwmbran 78.

200/400: D. Morgan (Cled) 22.5/50.9. 400H: R. Davies (Carm) 56.6. SP: B. Penny (Swan) 13.21.

(Division Two)**At Haverfordwest, June 18th**

Rhondda 257; Cleddau 233; Barry 219; Gilwern 185; Cardiff 181.

100/200: C. Hillman (Gilw) 11.0/21.8. DT: K. Latten (Rhon) 40.62.

(Division Three)

Aberystwyth 298; Pontypool 214; Port Talbot 90; Abertillery 74.

WALES v MIDLANDS v NORTHERN**IRELAND U/20 JUNIOR MATCH****At Cwmbran, July 19th**

100 (-1.8): M. Robertson (M) 11.0. 400: 1, C. Szwed (M) 48.7; 2, A. Tinsley (W) 49.7; 3, S. Lane (M) 49.9. 800: 1, K. Glastonbury (W) 1:50.3; 2, S. Gibson (N) 1:50.8; 3, G. Nurse (M) 1:51.5; 4, N. Annett (N) 1:54.1; 5, R. Barrett (W) 1:55.4; 6, S. Bennett (M) 1:55.9. 1500: 1, S. Kendall (M) 3:57.0; 2, A. Milosorov (M) 3:57.4; 3, J. Earleton (Gst) 3:57.6. 2000SC: 1, S. McArthur (N) 5:53.4; 2, T. Howard (M) 5:58.0; 3, P. Ward (W) 6:02.2; 4, G. Weir (N) 6:05.2; 5, S. Willmott (M) 6:06.8. 110H: 1, C. Porteous (N) 15.7; 2, H. Jones (W) 16.0. 400H: 1, Porteous 55.4; 2, R. Davies (W) 55.9; 3, C. Amos (M) 56.0; 4, M. Garmston (M) 56.4; 5, P. Haveron (N) 56.8; 6, C. Ewart (W) 57.8. HJ: P. Meaklim (N) 1.86. PV: T. Green (M) 3.50. LJ: 1, A. Earle (M) 7.20; 2, D. Perkins (M) 6.95; 3, R. Palmer (N) 6.79. TJ: 1, D. Perkins (M-gst) 15.11; 2, A. Williams (W) 13.91. SP: 1, M. Atkinson (N) 13.90; 2, L. Browne (N) 13.11. HT: 1, M. Girvan (N) 48.62; 2, R. Bacon (W) 40.10. JT: 1, M. Annis (M) 62.68; 2, N. Price (W) 54.80; 3, S. Morton (M) 54.24; 4, A. Elias (M-gst) 54.04. 4 x 100: 1, NI 43.2; 2, Wales 43.3; 3, Midlands 43.7. 4 x 400: 1, Midlands 3:20.8; 2, NI 3:23.2; 3, Wales 3:23.3. Teams: 1, Northern Ireland 142; 2, Midlands 137; 3, Wales 104.

BASILDON ATHLETIC CLUB

presents the

BASILDON "10"

For the Tanswell Trophy and an
INAUGURAL "LADIES' 5"

(Under A.A.A. & W.A.A.A. Laws)

ON SUNDAY, 11th SEPTEMBER

Generous Team (6 run, 3 score) and Individual prizes including Vets. S.A.E. for acknowledgment and details.

Entry 30p (no team fee) to: Eric Hawthorne,
52 Brownlow Bend, Basildon, Essex.

ENTRIES CLOSE 1st SEPTEMBER**SOUTH LONDON HARRIERS****30 MILES OPEN ROAD RACE**

(Under A.A.A. Laws)

AT OLD COULSDON, SURREY**SAT., 3rd SEPTEMBER, at 2.30 p.m.**

Medals, prizes, Vets O/40 and O/50 prizes.

Entries: 35p each and 35p teams (3 score) to:
Tom Roden, 26 Thurland House, Camilla
Road, London SE16.

ENTRIES CLOSE 28th AUGUST, 1977

PRESENTED UNDER A.A.A. LAWS

THE SUNARAMA-CON-SOL OCTOBERFEST

HELD ON 29th OCTOBER

£35.50 FROM
BOURNEMOUTH
FRIDAY to SUNDAY All-in. Other
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A veritable Aladdin's Cave of Prizes

★ Tee shirts for all finishers ★

**CROSS COUNTRY RACES SPONSORED BY SUNARAMA-CON-SOL LTD.,
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Competing athletes already include:

TONY SIMMONS of Luton A.C.
BERNIE FORD of Aldershot, Farnham & District.
NEIL COUPLAND of Southampton & Eastleigh.
STEVE KENYON of Bolton United Harriers.

AND MANY OTHERS

SENIOR MEN	9 Miles	(6 to run, 4 to score). Prizes first 15 and first 3 teams.				
JUNIOR MEN	6 Miles	Prizes first 3 and Winner's Shield				
YOUTHS	5 Miles	..	..	..	..	..
BOYS	3 Miles	..	..	..	..	..
COLTS	2½ Miles	..	..	..	..	..
VETERANS	9 Miles	..	..	..	..	..

Team Prizes in all age groups will be awarded subject to sufficient entries

ENTRIES TO: The Secretary, Mrs S. K. Eyre,
74B St. Saviour's Road, St. Helier, Jersey.
Telephone: 30329.

CLOSING DATE: 30th SEPTEMBER, 1977 (NO LATE ENTRIES PLEASE)

ENTRY FEES: 30p Seniors, 20p all others. All to enter as individuals
PLEASE BOOK EARLY AND AVOID TRAVEL DIFFICULTIES

Kim Hagger & Wendy Laing Set Pentathlon Records

ALTHOUGH the Northern Counties' women won the annual inter-area pentathlon held at Wolverhampton on July 23rd, the Midlands provided the individual winner in Yvette Wray. Yvette was the fastest hurdler at 14.9, and second best in the shot with 11.96m. Although only clearing 1.58m in the high jump she remained 21 points ahead of Sue Mapstone, and with following winds ranging between 5 and 10 mps Yvette and Sue both cleared 5.88m. Yvette, however, won the 800 in 2:21.6, and no doubt would have gone over 4000 points for the first time if the hurdles had not been run into the wind, which was between 4 and 5 mps against. She recently clocked 14.0 with the wind.

Kim Hagger won the WAAA Intermediate title, beating Moira Spence's UK best of 3403, with a good total of 3781 points. Wendy Laing (whose sister Mandy had finished fourth in the inter-area match) won the WAAA Junior title, adding 211 points to her own UK best score with 3399 points.

There was some excellent relay running with some fast times. The winning Junior 4 x 100m relay team from Stretford AC of Julie Whittaker, Lynn Jackson, Linda Sellers and sprint wonder Jane Parry (12), clipped 0.4 sec off Solihull's nine-year-old UK club record with 48.6. After some good heat times in the 4 x 800m, Havering's team of Buckle, Raymant, Baxter and Owens knocked an outstanding 6.2 sec off the UK club best with 9:22.0. Bracknell's Inter 4 x 800m team also came close to the UK club best, winning their championship easily in 9:14.8.

Alan Lindop

Seniors

1, Y. Wray (M) 3939 (14.9, 11.96, 1.58, 5.88, 2:21.6); 2, K. Warren (N) 3849 (15.6, 10.48, 1.67, 5.84, 2:21.9); 3, S. Mapstone (S) 3831 (15.3, 10.86, 1.67, 5.88, 2:29.0); 4, M. Laing (N) 3752 (15.0, 10.33, 1.58, 5.89, 2:27.8); 5, V. Langley (N) 3715 (15.9, 8.75, 1.70, 5.89, 2:23.9); 6, A. Manley (S) 3670 (15.6, 10.47, 1.67, 5.81, 2:37.4); 7, J. Livermore (M) 3603 (15.0, 9.64, 1.61, 5.36, 2:28.9); 8, V. Kelly (M) 3383 (1.64); 9, E. Wren (S) 3367 (15.8, 1.64); 10, H. Alderton (S) 3153 (1.61); 11, B. Jones (W) 3078; 12, J. Manson (NI) 3011; 13, S. Bull (W) 3010; 14, L. Ilderton (M) 2992 (15.2); 15, J. Beese (W) 2936 (13.37); 16, J. Lloyd-Francis (W) 2932 (1.61, 2:15.8); 17, P. Middle (W) 2394.
Team Scores: North 11,316; Midlands 10,925; 3, South 10,868; Wales 8878.

5000W: 1, M. Fawkes (NSP) 24:50.6; 2, J. Farr (Trow) 25:04.6; 3, P. Branson (Harb) 26:13.0; 4, S. Saunders (B'field) 26:29.8; 5, — 26:30.2; 6, E. Cox (Sol) 26:45.8; 7, C. Coleman (—) 26:50.4; 8, P. Reynolds (Clon) 27:54.4; 9, C. Gee (Lake) 29:14.4; 10, A. Kempson (B&R) 29:17; 11, M. Brown (B'field) 29:17.

4 x 100: 1, Selsonia 47.5; 2, Sale 47.7. Bristol disq. **4 x 200:** 1, Wolverhampton & Bilston 1:39.6; 2, LOAC 1:40.0; 3, Sale 1:40.7; 4, Croydon 1:44.3. **4 x 400:** 1, Birchfield 3:50.1; 2, Stretford 3:56.2;

3, Brighton & Hove 3:59.2; 4, Bracknell 4:01.0. **4 x 800:** 1, Birchfield 9:03.6; 2, Leeds 9:15.8; 3, Bristol 9:20.7. **Medley:** 1, Stretford 4:02.4; 2, W&B 4:07.2; 3, Bracknell 4:08.2; 4, Birchfield 4:09.1.

Intermediates

1, K. Hagger (Ex L) 3781 (12.1, 10.28, 1.66, 5.92, 2:36.5); 2, D. Cole (Har) 3645 (12.7, 10.55, 1.63, 5.30, 2:32.0); 3, R. Somerville (ESH) 3521 (12.6, 8.98, 1.70, 5.45, 2:40.5); 4, A. Rothwell (Chelm) 3374 (13.6, 9.48, 1.60, 5.30, 2:33.9); 5, H. Smiddy (A&SV) 3227 (13.4, 8.00, 1.60, 5.36, 2:41.5); 6, G. Waller (Wok) 3209 (12.4, 8.73, 1.63, 4.91, 2:54.3); 7, M. Chambers (Tailte) 3206 (13.0, 7.74, 1.60, 4.71, 2:30.6); 8, C. McGowan (Liv H) 3198 (13.1, 8.08, 1.48, 5.10, 2:29.5); 9, E. Little (Cov) 2959; 10, A. Rhodes (Dby) 2891; 11, K. Bentley (Dby) 2888; 12, M. Davey (Sy AC) 2685; 13, P. Rigden (Leam) 2623.

3000W: 1, J. Wickham (Harb) 15:30.0; 2, C. Brooke (Sol) 16:04.6; 3, S. Till (Craw) 16:42.4; 4, D. Moar (E&E) 17:11.6; 5, M. Paige (Shrew) 17:16.4; 6, M. Lay (E&E) 17:23.2; 7, S. Newry (Sol) 17:37.4; 8, L. Nicholls (New) 18:09.4; 9, A. Grant (Lake) 18:15.4.

4 x 100: 1, Sale 48.5; 2, Middlesex 49.0; 3, Croydon 49.1; 4, Birchfield 49.2; 5, W&B 49.7; 6, Bristol 49.8. In hts: Bromsgrove & R & Leicester 50.7. **4 x 800:** 1, Bracknell 9:14.8; 2, Sale 9:26.8; 3, Havering 9:30.5; 4, Notts 9:33.5; 5, A&SV 9:38.5; 6, Exeter 9:44.7.

Juniors

1, W. Laing (Liv H) 3399 (12.4, 10.73, 1.62, 5.16, 2:40.7); 2, K. Glen (AFC) 3134 (12.5, 9.63, 1.43, 5.29, 2:41.1); 3, L. Stephen (Shett) 3050 (12.3, 7.05, 1.50, 5.31, 2:40.7); 4, S. Roe (Glos) 2998 (12.9, 6.23, 1.62, 4.60, 2:28.8); 5, J. Cave (DHTC) 2974 (12.6, 7.27, 1.47, 4.86, 2:33.0); 6, J. Cole (Har) 2845 (13.5, 8.51, 1.40, 4.51, 2:30.0); 7, L. Playell (Ver) 2759 (11.9, 6.82, 1.34, 4.57, 2:35.8); 8, T. Collier (Rown) 2699 (12.7, 7.47, 1.47, 4.84, 3:04.5); 9, K. Morris (Hav) 2617; 10, J. Stephens (Bris) 2575 (1.53); 11, L. MacFarlane (Leic) 2564; 12, J. Hay (Warr) 2551 (1.53); 13, H. Jarvis (Leic) 2535; 14, A. Traversari (B'field) 2479; 15, S. White (Bris) 2211; 16, S. Watton (B'field) 2204.

2500W: 1, K. Eden (Sol) 13:17.0; 2, C. Irving (Leic) 13:51.0; 3, H. Roe (Sol) 14:00.6; 4, A. Warren (Shaft) 14:09.2; 5, Y. Eden (Sol) 14:15.0; 6, D. Miley (Harb) 14:21.2; 7, S. O'Neil (Worc) 14:35.0; 8, N. Griffiths (Harb) 14:36.6; 9, J. Marshall (Camb H) 14:48.4.

4 x 100: 1, Stretford 48.6; 2, Twickenham 49.6; 3, Middlesex 49.8; 4, Radley 49.9; 5, Sparkhill 51.4 (51.0); 6, LOAC 51.6 (50.9). In hts: W&B 51.2, Burton 51.5, Bracknell & Notts 51.8, Bristol & Croydon 52.0. **4 x 800:** 1, Havering 9:22.0 (CBP); 2, Thurrock 9:31.2; 3, Surrey 9:35.4; 4, Stoke 9:37.4; 5, Stevenage 9:38.0; 6, Shettleston 9:46.2; 7, Sale 9:47.8; 8, Aldershot, F&D 9:50.0; 9, Bristol 9:59.7 (9:51.4); 10, Havering 'B' 10:01.0. In hts: Bracknell 10:00.0, Bury 10:03.0, Radley 10:03.2, Glasgow 10:04.0, Bromsgrove & R 10:04.6, Surrey 'B' 10:07.2, Leeds 10:11.0, Dartford & Bromsgrove & R 'B' 10:12.0, Hertford 10:13.0, Thurrock 'B' 10:15.2, Coventry Godiva 10:18.6.

UK Results Round-Up

AAA U/20 Champs. Aldershot. 30/31.7. (Juniors) 100/200: P. Little 10.5/21.0. 400: A. Kerr 48.1. 800: C. Szwed 1:48.7 (CBP). 1500: S. Cahill 3:48.0. 5000: N. Lees 14:01.0. 2000SC: P. Campbell 5:40.2. 110H: M. Holtom 14.1 (CBP). 400H: G. Oakes 51.7. 10,000W: G. Maurice 46:51.0. HJ: M. Palmer 2.10. PV: A. Jackson 4.40. LJ: C. Mitchell 7.40 (CBP). TJ: G. Effiong 15.65 (CBP). SP: A. Vince 15.62. DT: C. Considine 46.74. HT: D. Hegarty 54.88. JT: C. Hodder 67.38. (Youths) 100: E. Dennis 11.0. 200: D. Butler 22.1. 400: A. Mbamu 50.0. 800: J. Spooner 1:53.0. 1500: S. Cram 3:54.6. 1500SC: D. Lewis 4:13.6 (CBP). 100H: P. Adams 13.1. 3000W: I. McCombie 13:28.8. HJ: R. Hepburn 2.00. PV: J. Ball 4.11. LJ: T. Sinclair 6.89. SP: A. Zaidman 16.66. DT: G. Savory 46.28. HT: D. Hegarty 66.16 (CBP).

British League. 30.7. (Div 1). Wolverhampton & Bilston 288; TVH 233; Cardiff 231; Stretford 227; ESH 136; Enfield 129. Final Positions: W&B 22; Stretford 19; Cardiff 16; TVH 15; ESH 8; Enfield 4. 800: J. Robson 1:47.1. **(Div 2)** Sale 246; Woodford Green 235; EAC 214; Birchfield 203; Essex Beagles 199; Polytechnic 173. Final Positions: Woodford Green 17; Sale 17; Essex Beagles 16; Birchfield 16; EAC 12; Polytechnic 6. HJ: A. Ord 2.05. LJ: A. Moore 7.64. **(Div 3):** Southampton & Eastleigh 232½; Bristol 229; Liverpool H 222; Met Police 195½; Swansea 144; Hillingdon 86. Final Positions: S&E 21; Bristol 18; Liverpool 17; Met Police 16; Swansea 8; Hillingdon 4. **(Div 4):** Shaftesbury 247; Luton 239; Oxford 218; Sheffield 210; Brighton & Hove 175; Stoke 170. Final Positions: Sheffield 18; Shaftesbury 16; Brighton & H 16; Luton 14; Oxford 11; Stoke 9.

British Women's League. 30.7. (Div 2) 1500: J. White 4:16.8 (UK jun rec). **(Div 3)** 400H: C. Warden 59.4. SP: A. Littlewood 15.59. **(Junior)** 800: S. Jones 2:15.2. **(Div 4)** SP: J. Oakes 15.11.

CORRECTIONS

Sixth in the pole vault in the UK v France 'A' match in Nice was Dick Williamson and not Allan Williams as printed; 5th in the women's 200 was Janet Martin (not Janine McGregor) in personal best 24.11; 4th in the 800 was Susan (not Wendy Smith; the 4 x 100 team included Margot Wells (not Moira Walls).

Among the record entry for the 'National' Hastings to Brighton Walk on August 6th, sponsored by National Travel (SE) Ltd and Southdown Motor Services Ltd, are Bob Dobson, Shaun Lightman, Carl Lawton, Alain Moulinet (France), Ray Middleton, Stuart Maidment and Stuart Elms. The race starts from Hastings Sea-Front at 11.00am.

DALEY THOMPSON IMPROVES WORLD JUNIOR RECORD

European Decathlon/Pentathlon Cup Semi-Final at Siitard (Neth). 30/31.7. 1, Daley Thompson 8124 (elec) (World Junior rec) . . . 7, Pan Zeniou 7256 (pb) . . . 9, Nick Phipps 7054; 10, John Howell 6843. Teams: 1, UK 22,434; 2, Holland 21,260; 3, Belgium 18,784. **(Women):** 1, Sue Longden 4385 (UK rec) . . . 5, Moira Walls 4121 (Scottish rec) . . . 7, Sue Wright 4067 (pb) . . . 10, Yvette Wray 3869. Teams: 1, UK 12,573; 2, Belgium 12,316; 3, Sweden 11,664.

BMC NOTES

On Wed Sept 7th (8pm) the BMC, in co-operation with TVH, are staging an inter BMC County 4 x 800 relay for women. Any club able to field a team of four (wearing the same coloured vests) should apply to the BMC Races Chairman, 201 Sumatra Road, London NW6. Standard: sub 2:18 per runner.

Forthcoming Races: Derby Mile, Thurs, 8th Sept (8pm) Men, sub 4:08. Harlow Mile, Fri, 16th Sept (9pm) Men, sub 4:08. Woodford 800, Sun, 11th Sept (3.55) Men, sub 1:53. CP 1500, Wed, 10th Aug Jnrs/Yths/Boys. CP 3000, Wed, 14th Sept Jnrs/Yths/Boys. Apply M. Dunphy, 28 Beverley Hyrst, Addiscombe Road, Croydon, Surrey CR0 6SL. All races 25p, non-members 50p.

* * *

At a recent meeting of the Southern Counties WAAA/Southern Counties Women's CC & RWA First Claims Committee, the following cases were dealt with: S. Rand, Mitcham to Crawley; S. Cartwright, Verlea to Southampton & Eastleigh; F. Baldwick, Reading to Bedford & County; S. Croker, Hertford & Ware to Bedford & CAC; M. Hewitt, Holbeach to Peterborough. All eligible immediately.

PARENTS TROPHY

Hammer events for Youths and Boys have been added to the programme for the Parents Trophy at Crawley on August 28th. Closing date for all events (see ad in July 23rd issue) has been extended to August 10th.

LONDON BOROUGH OF HILLINGDON

proudly present

HARLINGTON "6" ROAD RACE

over a flat and fast course

12 NOON, SUNDAY, 14th AUGUST

Prizes: First 3 Ind, first 3 Teams, first 3 Vets. Spot prizes for the average club runner, and out of work "Bearers". Late entries accepted on the day.

Entry Fee: 30p (no team fee—3 to score). Bar & Refreshment Facilities Available. **Entries to** Jeff Henry, Harlington Sports Centre, Pinkwell Lane, Hayes, Middlesex (01-848 0839).

SOME PUMA SPECIALS STILL AVAILABLE

At Less Than Half Price

These superb shoes are all produced specially for their specific events. Most have red kangaroo suede uppers with white Puma flash, but some are available in off-white suede leather with black flash. Every effort will be made to satisfy customers' preferences whilst stocks are available.

High Jump—Right Foot. Sizes: 4½, 5, 6 **£10.50** (£21.25).

High Jump—Left Foot. Sizes 4½, 5, 8½ **£10.50** (£21.50).

Triple Jump. Sizes: 5, 5½, 6, 6½, 7, 7½ **£14.25** (£28.75).

Hammer. Size: 7 **£11.45** (£22.95).

Discus. Size: 8½ **£12.95** (£25.95).

Intervall. Size: 5½ **£14.45** (£28.99).

Marathon. Sizes: 4, 5, 5½, 12 **£12.00** (£24.25).

Long Jump. Sizes: 4, 4½, 5 **£12.95** (£25.99).

Shot Putt. Sizes: 5, 5½, 8½, 9 **£12.95** (£25.99).

Pole Vault. Sizes: 5½, 6, 6½, 8, 9 **£12.95** (£25.99).

AND SOME OTHER SPECIAL LOW PRICE OFFERS

Reebok Sirocco, 6-11½ in half sizes. Fine racing road shoe, blue nylon upper. White stocks last at **£6.25**.

TIGER ODDMENTS AT GIVE-AWAY PRICES

Tiger Ohbori. One of their best road racing shoes built on track shoe last. Sizes 5 and 10 only to clear at **£7.95**.

Tiger Cortez. White leather, blue/red trim. Cortez price now £21.85. Size 13 only **£5**.

Tiger Jogger. White leather uppers, Size 10 only to clear at fraction of normal cost, **£5**.

Tiger Vikka. White with black trim. Another size 10 only bargain at **£5**.

Tiger Marathon, now £12.30. Blue 6, 10, 11; Maroon 11 only; White 11½, 12½. All at **£5**.

Tiger Cubs. An old favourite. Sizes 3 and 4 only at fraction of normal cost **£2.95**.

NOTE: Will customers please write name and address in block letters when ordering and remember to state size required.

Any goods exchanged or money refunded if returned in new condition within seven days. Full postage must be enclosed when exchanging goods.

Please enclose part postage, 45p one pair, 75p two.

THE SPORTS CENTRE

8 Medway Street, Chatham, Kent ME4 4HD
Telephone: Medway (0634) 47055

SALISBURY ATHLETIC CLUB'S

23rd Annual

'ROUND THE HOUSES'

ROAD RACES

(Under AAA Laws)

SUNDAY, SEPTEMBER 18th 1977, 2.30 p.m.

SENIOR 5 MILES

Team and Individual. Start 3.30 p.m.

Awards: First 3 Teams (6 run, 4 score), First Vet. Team (2 score). First 3 finishers, 1st Vet (State on form).

YOUNG ATHLETES 3½ MILES

Team and Individual. Start 3.00 p.m.

(Over 15 and Under 18 on 1.9.77)

Awards: First 3 Teams (4 run, 3 score). First 3 finishers.

BOYS 2½ MILES

Team and Individual. Start 2.30 p.m.

(Under 15 on 1.9.77)

Awards: First 3 Teams (4 run, 3 score). First three finishers.

Changing rooms and start: New Cattle Market, Ashley Road, Salisbury

Entries to R. Thornton, 29 Canadian Avenue, Salisbury, Wilts. (Tel: Salisbury 5533).

Fees: Seniors and Y. Athletes 20p Ind., Teams 20p extra. Boys 10p Ind., Teams 20p extra.

CLOSING DATE WEDNESDAY, SEPT. 7th.

CLASSIFIED ADVERTISEMENTS

6p per word. Box No 20p extra. Trade 12p per word, 6 insertions of same copy 11p per word, 13 insertions 10p per word, 26 insertions 9p per word—prepaid.

WRITE OR PHONE for lists of **DISCOUNT/POST FREE ADIDAS SPIKES, TRAINING SHOES, TRACKSUITS, ATHLETIC CLOTHING, RAINSUITS, HOLDALLS**, etc from the **ADIDAS SPECIALISTS — CAPITAL SPORTS**, 41 Catherine Street, St. Albans, Herts. Tel: St. Albans 63741, (Barclaycard or Access accepted.)

B.A.A.B. APPROVED Training Diary 80p, Metric Tables 60p, Athletics Injuries 52p, Hurdling 70p, Sprinting and Relay Racing 70p, Commonwealth Statistics 1886-1970 50p. C. Elliott, 325 Streatham High Road, London SW16 3NS.

YOUR CLUB TEE SHIRTS, SINGLETs with name or emblem printed. Tee shirts £1.50, Singlets £1.00. S.A.E. Mr Print-it, 64 Portland Drive, Forsbrook, Stoke-on-Trent.

SOUTH PACIFIC ATHLETICS 1976. 40-page Information Sheet including South Pacific Championships and Top-Twenty lists. 75p from A. P. Isaacs, 68 Kennedy Avenue, Macclesfield.

HOTFOOT all your **ATHLETIC** needs with the **DOBLE HOTLINE**—0482 27483 or 0482 813323 (After 6 pm). **RUNNERCARE**, 334 Holderness Road, Hull.

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. £1.20 per centimetre, per insertion, **prepaid** (minimum 3cms). Quarter page £10, Half page £18, Page £32, per insertion, **25 per cent discount to clubs on four or more insertions of same copy.** Cheques or Postal Orders to be crossed and made payable to "Athletics Weekly" Copy date—Tuesday of the week previous.

BRACKNELL ATHLETIC CLUB

18th Annual

5 MILES OPEN ROAD RACE

(Under A.A.A. Laws)

SUNDAY, 28th AUGUST, 1977, at 3 p.m.

From Sports Centre, Bagshot Road, Bracknell
Prizes: First 3 Inds., first 3 Teams, first 'B' Team (3 score), first 2 Vets.

Entries: 25p per Ind. to D. Rikly, 34 Saffron Road, Bracknell, by 23rd August. S.A.E. for acknowledgement, S.A.E. for results. Entry on the day 35p.

BANBURY HARRIERS A.C.

third annual

BANBURY '5' ROAD RACE

SATURDAY, SEPT. 17th, at 3.15 p.m.

one lap approx. 4.5 miles

Prizes: First three Individuals, first Vet., and first three Teams (6 to run, 4 to score).

Entries: 30p Individual, no Team fee.

U/18 RACE

Prizes: First three Individuals, no Team prizes.

Entries: 25p. Start: 2.15 p.m.

Entries to: A. K. Hutton, 10 Danvers Road, Broughton, Banbury, Oxfordshire.

ENTRIES CLOSE SEPTEMBER 12th

WYCOMBE PHOENIX HARRIERS & A.C.

present the annual

FURNITURE '5' RACES

(Under A.A.A. & W.A.A.A. Laws)

ON SUNDAY, 4th SEPTEMBER, 1977

From The Rye Recreation Ground,
Keep Hill Road, High Wycombe

1.15 p.m. Youths and Boys 1½ Miles Race

1.45 p.m. Junior Girls 1½ Miles Race

2.15 p.m. Senior Ladies '5'

3.15 p.m. Senior Men's '5'

Entry Fees: Snr Ladies and Snr Men 35p per Individual, 40p per Team (4 run, 3 score). Youths, Boys and Jnr Girls 20p per Individual, no Team fee.

Entries to: L. G. B. Thomas, 20 Stephenson Close, High Wycombe, Bucks HP13 5SY. Tel: H.W. 31239.

ENTRIES CLOSE 27th AUGUST

WYCOMBE PHOENIX H & AC

apologise to timeless runners in the 3000m on July 20th and invite free entry September 17th meeting.

NORFOLK '15'

At Diss, start 3 p.m.

20th ANNUAL ROAD RACE

Saturday, 25th September, 1977

Open, Eastern Counties, Norfolk & Cambridgeshire A.A.A. Championships

From The Grammar School

Entries: 25p each covering all competitions.
To: C. H. Comber, Bungay Road, Scole, Norfolk IP21 4DT, by Monday, September 12th, 1977.

HORSHAM BLUE STAR HARRIERS

OPEN PARKLAND RACES

(Under AAA Laws)

SATURDAY, 10th SEPTEMBER

IN HORSHAM PARK

Colts (1½ Miles) 1.30 p.m.

Boys (1½ Miles) 2.00 p.m.

Youths (2 Miles) 2.30 p.m.

Seniors (3 Miles) 3.00 p.m.

Veterans (3 Miles) 3.00 p.m.

Awards to first 3 each event.

Entry fee: 20p per individual. To F. Jordan, The Nook, 56 Swindon Road, Horsham, Sussex. SAE for acknowledgement.

ENTRIES CLOSE SEPTEMBER 1st

THE RIDGEWAY RELAY

(Under A.A.A. Laws)

SWINDON TO READING

SATURDAY, SEPTEMBER 10th, at 1 p.m.

Dorcan School, St. Pauls Drive, Swindon

6 Seniors, 2 Youths

5 Cross-Country, 3 Road Stages

Prizes: first 3 Teams, also plaques for record times. **Entry Fees:** £2 first Team, £1 others.

ENTRIES CLOSE SAT., AUGUST 27th

Also YOUNG ATHLETES ROAD RELAY

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, 1st OCTOBER, at 2 p.m.

Traffic free at The OASIS, Swindon

Minor, Junior and Intermediate Girls,

Colts, Boys and Youths

3 x 1.2 Km 50p per Team

ENTRIES CLOSE SAT., SEPTEMBER 24th

All entries to G. W. Danswan, 12 Burden Close, Stratton, St. Margaret, Swindon, Wiltshire.