

Athletics

WEEKLY

Vol. 17 No. 35

August 31st, 1963

THE ATHLETE'S MAGAZINE



**INCORPORATING
WORLD ATHLETICS**

INSIDE

**GREAT BRITAIN
v.
WEST GERMANY**

Detailed results
and report



U.K. "Top Ten"



ZLATKO SUMICH
answers the
Questionnaire



Cover photo by Gerry Cranham :

John Cooper wins the 400m. hurdles for England against Italy in the U.K. record time of 51 sec.

EDINBURGH HIGHLAND GAMES

HEAVERY overnight rain left the grass track rather heavy, but despite this some fine performances were recorded. Laurie Taitt ran a grand race to win the 120y hurdles in 14.1 to equal the Scots all-comers' record, while Mike Lindsay was only 5" below his own native shot record. There was some trouble in this event when Lindsay rightly protested about the shot in use, which was brass. A proper shot was sent for and Lindsay continued in the event—a situation like this should never have happened.

Mike Hildrey pulled up in the 100y with muscle trouble and missed the 220. There was a surprise in the 880, where Noel Carroll (RoI) beat Bill Crothers (Canada) by 3y in 1:52.2—a fine time for the conditions. Bruce Tulloh, running barefoot on the slippery grass, was only a shadow of his usual self in the 2 miles, which was won in fine style by European steeplechase champion Gaston Roelants (Belgium). Belgium beat Scotland 81-75 in a match held in conjunction with the various invitation events.

100: 1, P. Poels (B) 9.9; 2, F. Roos (B) 10.1; 3, M. Hildrey (S) 10.2; 4, J. Togher (S) 10.2.
100 (Inv): 1, D. Jones 9.8 (9.7 heat); 2, A. Meakin 9.8; 3, N. Overhead 9.8; 4, T. B. Jones 10.0.

220: 1, M. Campbell (S) 22.1; 2, P. Poels (B) 22.5; 3, J. Togher (S) 22.8; 4, H. Figeys (B) 22.8.

300 (Inv): 1, R. Steane 30.8; 2, R. Brightwell 31.3; 3, A. Meakin 31.3.

440: 1, J. Pennewaert (B) 49.1; 2, B. Jackson 49.4; 3, W. Dyzers (B) 49.5; 4, R. Setti 49.8; 5, M. Campbell (S) 50.5; 6, A. Robb (S) 51.4.

880: 1, P. Roelikaerts (B) 1:58.6; 2, J. Douglas (S) 1:58.7; 3, W. Mertens (B) 1:58.7; 4, R. McFarquhar (S). **880 (Inv):** 1, N. Carroll (RoI) 1:52.4; 2, W. Crothers (Can) 1:52.6; 3, D. McClean (RoI) 1:52.7.

1 Mile: 1, B. Clifford (RoI) 4:14.4; 2, E. Allonsius (B) 4:14.7; 3, D. Graham 4:14.8; 4, S. Taylor 4:15.8; 5, W. McKim 4:17.6; 6, H. Barrow (S) 4:17.7; 7, J. Lambrechts (B) 4:25.2.

2M: 1, G. Roelants (B) 8:47.2; 2, T. O'Riordan (RoI) 8:49.0; 3, I. Anderson 8:53.0; 4, B. Tulloh 9:02.8; 5, J. Linaker (S) 9:06.0; 6, F. Murray (S) 9:06.6.

120H: 1, L. Taitt 14.1; 2, G. Tymms 14.8; 3, W. Geeroms (B) 15.0; 4, G. Salmon (B) 15.1; 5, G. McLachlan 15.1; 6, W. Provan (S) 15.3; A. Belleh (S) d.n.f.

4x110: 1, Belgium 42.2; 2, Scotland 55.1 (dropped baton).

HJ: 1, C. Fairbrother (S) 6'4"; 2, A. Kilpatrick 6'3"; 3, J. Kadiri 6'2"; 4, F. Herbrandt (B) 6'2"; 5, A. Dengis (B) 5'10".

PV: 1, P. Coppejeans (B) 14'0"; 2, R. Porter 14'0"; 3, T. Burton 14'0".

SP: 1, M. Lindsay 56'10"; 2, I. Macpherson 47'10"; 3, H. Payne 45'2½".

28lb WT: 1, H. Payne 58'2"; **16lb Hammer**

Murrayfield, August 17th

(Scots): 1, A. Valentine 121'4"; **56lb WT (height):** 1, H. Payne 13'0"; **Caber:** J. Robb; **Points:** 1, A. Valentine 12 pts; 2, H. Payne 11. **Open 100:** W. Fyfe (2) 9.9; **Open 880:** R. Checkley (36) 1:53.7.

WOMEN'S EVENTS

100: 1, J. Atkinson 11.1; 2, I. Nobbs 11.2; 3, J. Hall 11.3; 4, A. Packer 11.3; 5, M. McLeish (S) 11.5; 6, J. Lowe (S) 11.7.

220: 1, A. Packer 25.2; 2, L. McGarvey 25.9; 3, J. Hall 26.1; 4, M. Campbell (S) 26.2; 5, A. Wilson (S) 26.5; 6, T. Schuermans (B) 26.9.

880: 1, G. Buchanan 2:15.4; 2, B. Cook 2:15.6; 3, M. Kyle 2:15.8; 4, A. Smith 2:16.5.

80mH: 1, M. Botley 11.5; 2, T. Hopkins 11.6; 3, H. de Cort (B) 12.0; 4, A. Jamieson (S) 12.1; 5, S. McBeth (S) 12.3.

4x110: 1, Scotland 50.0; 2, Belgium 56.3.
HJ: 1, H. Caldwell (S) 5'1"; 2, A. Jamieson (S) 4'10"; 3, G. de Pauw (B) 4'8".

W.D. & M.S.

Women's Results

July 20th

Sutton & Cheam H. Pentathlon. 1, J. Covey (SP: 28'5½"; LJ: 13'7"; DT: 64'6"; HJ: 4'2"; JT: 58'0") 2,504 pts; 2, R. Bowron 2,333; 3, J. Quick 2,308.

August 12th

Sutton & Cheam Champs. 220: J. Covey 29.0. DT: J. Quick 85'8". (Jnr) 150: C. Buchanan 19.4. SP: S. Warn 31'0". DT: S. Warn 67'4".

ROAD RUNNERS' CLUB (GLAMORGAN)

announce their third promotion
in the Rhondda Valley

The Wattstown Open Four Miles Road Race

(Under A.A.A. Laws)

Along the toughest course in Wales

Saturday, 21st September, at 3.30 p.m.

AWARDS

Individuals—Prizes valued £5, £4, £3 with further prizes to next 27 competitors.

Teams—Inscribed Trophies to each counting member (3) of first 3 teams (6 run, 3 count), first 3 Welsh teams, and first junior team.

Entry Fees: 2/- each individual. Teams to be assembled on the day. Entries on A.A.A. forms, with entry fees, to Bernard Baldwin, Picton Villa, Mountain Ash, Glam. (Mountain Ash 2365).

Closing Date: Monday, 16th September

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EVERY SATURDAY — ONE SHILLING

A GREAT WEEK-END

THE match last weekend with West Germany was as close and as interesting as we have seen for some time. The crowd, particularly on the Saturday, was not as large as one could have wished for, but as this was the first Saturday of the football season, a packed stadium could hardly have been expected.

Melvyn Watman covers the meeting in this issue. My own reflections on the meeting—some of those things which remain in one's memory—include: Stan Taylor's "guts" in staying with Norpoth on that third lap of inside 57 secs.—the poor showing of both Harris and Keeling in the invitation races—the excellent aggressive running of Chris Carter and Malcolm Browne—Laurie Taitt unsettling his fellow competitors with his rather unusual movements in "getting set"—John Boulter once again finding his lack of finish costly in the home straight—the excellence of Bill Lucas's announcing which, as always, is unrivalled in its clarity—the unfortunate injury to Ron Jones; let us hope this one will not keep him from the top as long as the "pull" he had a few years ago—the realisation that we are little better off in women's middle distance running than we are in the men's section—how good it was to see Robbie Brightwell running, and running well, again—and of course the great performance by that stronger, more mature Mary Rand, who is half a team by herself.

I waited in vain to include a letter from Vic Sealy about the comments of the U.S.A. athletes reported by Melvyn Watman in our issue of August 17th. This arrived on Tuesday when space for only this column remained and will have to be included next week—I will reserve my own comments on this subject until then.

This week Falmouth Secretary Paul Spencer writes to suggest that John Dean, Stan Greenberg and other critics "get off the backs" of our milers who, he says, do a long day's work and then have to put in their training by the best means possible. They are doing their best, says Mr. Spencer, and such critics who are "trying to pull them down" won't help matters.

D. W. Macbeth tells us that in the Home v. Anglo Scots match his best leap in the TJ was 47'2½", the others being 47'2¼", 46'11¼" and three no-jumps.

Today's events include the Junior Inter-County match at Sutcliffe Park, Eltham, London Fire Brigade Meeting at White City, N.C.B. No. 1 Area Sports at Grassmoor, Hollingworth Lake Relay, S.L.H. "30", Borough of Woolwich "10", Wycombe "5", Turners Hill "4", and Brighton Inter-Club Meeting, and women's match at Hurlingham between Dutch team and Spartan L.A.C. reinforced by prominent guests.

Anyone who has not yet booked their place, but wishes to go with the "A.W." Party to Paris for the France v. Russia match (Sept. 21/22), must do so by Wednesday, September 4th.

THE EDITOR

LETTERS TO THE EDITOR

Views expressed in readers' letters are not necessarily those of the Editor or the publishers

POLE VAULT & HIGH JUMP RULES

Dear Sir,

I would like to comment on two points regarding interpretation of rules which arise out of your issue of August 17th.

Pole Vault. Mr. Turk thinks that a vault is "void if at any time the pole passes between the uprights during the attempt".

IAAF Rule 36 (d) says that it is a failure if the competitor "touches with any part of his body or with the pole the ground, including the landing area, beyond the plane of the stopboard of the wooden box", while Para. (e) tells us that he fails if he clears the bar "but having relinquished his hold on the pole the latter passes underneath the bar."

AAA Rule 79(d) (ii) and (vi) are the same.

I think it was the latter rule which Mr. Turk had in mind so that the question only arises after the vaulter leaves the pole: a photograph of Pennell clearing his record height in the AAA Championships appeared on the cover of the programme for the USA match and here we see the pole upright immediately after the vaulter had let go. So, under the existing rules, such vaults are legal. The IAAF decided to recognise records made with fibre-glass poles and that is the present situation.

Delays in Field Events. In Melvyn Watman's article on statements made by our American visitors he quotes Miss Rosie Bonds, a hurdler, as saying "I know the rules . . . you can take as long as you like to get yourself ready"—this in reference to the High Jump. IAAF Rule 18 Para. 14 states:—"A competitor in a field event who unreasonably delays making a trial renders himself liable to disqualification." AAA Rule 76(a) includes the same phrase.

Having dealt with the two points I would like to refer to another statement in the same article where Miss White complained that her

concentration was ruined by all the noise. I think this point might well be taken by Mr. Martin Grey who, in the same issue of "A.W.", appeals for more announcing at the White City. More "intimate announcing" might lead to more disconcerting noise as well as possible embarrassment of individual competitors if we had to listen to full names and possibly details of their employment—something which we had to listen to several years ago.

Yours sincerely,

C. A. Sinfield

SELECTIONS

Dear Sir,

Although this will probably appear to be a complaint prompted by club allegiances, I feel that I must protest at the shabby treatment which Mike Fleet has received at the hands of the selectors this season.

First, let me say that I am not the only person who considers him to be the most consistent half-miler in the country apart from John Boulter, and yet he has been by-passed time and time again by selectors who have shown themselves to be entirely lacking in both imagination and rational thinking, not only in the case of Fleet.

Fleet's record includes 2nd in the Surrey, 3rd in the Inter-Countries, 1st in the Southern and 1st in the Brockman Trophy. Admittedly, he had a poor run in the A.A.A. Championships but he was not alone in this. However, when he won the 800m v. Italy, I felt sure that he would win a G.B. v. West Germany: but possibly because the wishes of the printers came first, the team had been selected ten days previously and an out-of-form Tony Harris won his place. Subsequent events left this place open again but Graham Dean, the man Fleet defeated v. Italy, has been selected. Please don't let the selectors protest that Mike had an ankle injury as this would only show their lack of grasp of matters for he would definitely have been fit for the W. German match.

Whilst on this subject, would it not help if a small number of I.A.C. members sat on the selection board in an attempt to prevent such blunders. The choice of high jumpers, to quote one example, hasn't exactly been imaginative this season.

Yours faithfully,

J. S. Page,
London, S.W.16

CAMBRIDGE & COLERIDGE A.C.

Third Annual

AUTUMN RELAYS

Saturday, October 12th, 1963

SENIORS: 4x3 $\frac{1}{4}$ MILES 3.00 p.m.

Entry Fee 7/6 per team

YOUTHS: 3x2 $\frac{1}{4}$ MILES 4.15 p.m.

Entry Fee 2/6 per team

OVER A NEW CIRCULAR COURSE
Cup to Winning Team, Team Medals,
and Fastest Lap prize.

Entries by Monday, 30th September, to
D. Griggs, 69 De Freville Avenue, Cam-
bridge.

THAT DAZED LOOK

Dear Sir,

I was interested to read Melvyn Watman's remarks regarding my physical state when I finished the A.A.A. marathon at Coventry.

I had suffered with stomach cramp for the last five miles which meant I was only able to jog, so I finished fresher than in any of my previous four marathons. As for my being helped off the track, that was my team manager who put his arm round me to console me for my bad luck, while John Vear, who finished 7th, lost over a minute to me in the last mile.

The "dazed" look? I have had that since Bob Roath, whom I beat in the Poly, was selected to run in the Enchede marathon, while I was not even asked!!!

Yours truly,
Don Shelley,
Stone

P.S. What happened to Sam Ferris?

As many of his old friends know, Sam is not in the best of health these days and he no longer has his car. He still loves to get around and "do his piece" which is always appreciated by road runners, but this is not always possible. Anyone in the London area going to any of the major road races and able to give Sam a lift and take him round the course, will be doing not only Sam, but "A.W." and the road runners generally a great service. We should be only too happy to refund any extra expense involved. **Ed.**

TIMEKEEPING

Dear Editor,

I would very much like to draw the attention of readers to the time with which I was credited in the 2 miles invitation at White City on 5th August, i.e. 8:54. I know this time to be incorrect. I was timed by two friends in the stands at 8:50.8 and 8:51. The athlete who finished tenth with a time of 8:49.6 passed me in the last 50 yards, and if my time of 8:54 is correct, then I was *walking*, not *running*!

This is not the first time I have noticed such strange timings. In the 3 miles London Championship in 1962 I was given a time of 14:04. When this was questioned I was given 13:59.6, but the second man, who finished within twenty yards of me, was given 14:11, when he obviously should have been given the 14:04 originally given to me. Although my time was amended over the address system, the official records were not, and with the exception of one local newspaper, the press gave the winner's time as 14:04.

It seems to me that once the leading athletes have finished, timekeepers seem to forget or cannot cope with the people who are "down the field". Perhaps it does not seem important that they should be precise and correct, but a time of 8:51 for this two miles would have given me a personal best by five seconds and

a Club record. So you see that a correct time can mean more than just stopping a watch, and time keepers should bear in mind that athletes who train daily deserve more attention when it comes to the end of a race.

Yours sincerely,
Jim Hogan,
London, W.4

From personal experience I know that most Chief timekeepers keep meticulous records of all finishers, even if these are not always announced or given to the recorders. Like most officials, timekeepers take a pride in doing their job well, but, being human, occasional errors do occur. **Ed.**

SCOTLAND'S LOSS

Dear Sir,

It appears as if athletics in Scotland has been dealt a dual death blow. Coinciding with the news that Hugh Barrow is considering going down to England, comes word that another Scots athlete has gained an athletics scholarship to a university in the U.S.A. and has just left his homeland and friends in search of athletic glory. He is John Cameron, St. Andrew's University's brilliant "Blue". Like Jim McLatchie, the only other Scot ever to gain such an award, he is a middle distance runner.

However, Cameron is almost an athletics team in himself and excels in every event from cross-country to the high jump. Indeed, he is a former Scottish hammer champion and still holds the Scottish Native Junior hammer Best Performance. But it is in the field of middle-distance running that Cameron has immense potential. In Scotland, poor facilities, his University studies (he is a University prizeman in maths and physics) and other commitments, mean that he has not been able to train more than 2-3 times per week, yet his 880 and mile times are 1:52.1 and 4:12.9 respectively. Now, with all the year round training and much more free time in Pomona College, California, Cameron at 20 years of age may be the man to push (or even lead) Barrow to world class times.

Yours sincerely,
Bill Douglas,
Coatbridge

MAIDENHEAD CYCLING & ATHLETIC CLUB

6 x 4 1/4 MILE ROAD RELAY

28th September, 1963

FOR THE DUDLEY SIMMS TROPHY

1st, 2nd, 3rd Team Medals. First "B" Team, Fastest Lap Medal.

This is now an Open Event—all Barring Clauses removed.

Entries to D. Deane, 28 Clare Road, Maidenhead, Berks Fees: 10/- per team.

Closing date—Wed., 18th September

R.A.F. BEAT EASTERN COUNTIES 98-95

at Ely, August 17th

THIS match was the first outdoors between the two sides, the first R.A.F. match at Ely and the first time that the 220 yards hurdles had been held on an R.A.F. track. All four competitors in this event were R.A.F., although two competed for Eastern Counties.

Derek Boosey continued his return to form, following his recent 50'4", with the series 49'0½", 48'2¼", F (measured at 50'4"w), 48'11¼", 49'4½", 49'1". The wind was estimated at within the limit for his fifth trial. None of the track events were wind-assisted. With the exception of SP, DT and HT, all events were off grass, and it proved firm after the recent rain.

Eastern Counties records were bettered by John Dutton in the hammer (series 180'9", 179'4", 182'9", F, F, 179'0½") and C. McManus in the high hurdles. A record in this category can only be set when competing in a match for an Eastern Counties' A.A.A. team.

G=Guest Competitor

100: 1, R. W. Summerfield (EC) 10.6; 2, I. Dalton (RAF-G) 10.6; 3, P. Swatton (RAF) 10.7. **220:** 1, Summerfield 22.6; 2, N. S. Fontyn (RAF-G) 22.9; 3, Dalton 23.1. **440:** 1, S. J. Miller (EC) 51.2; 2, M. J. Fitzgerald (EC) 51.5; 3, E. F. Saville (RAF) 52.5. **880:** 1, J. Brackley (G) 1:59.3; 2, A. Norman (EC) 2:00.0; 3, J. S. Dunn (RAF) 2:01.1. **Mile:** 1, W. P. Bennett (RAF) 4:21.6; 2, Clarke (RAF) 4:26.5; 3, R. J. Smith (EC) 4:30.0. **3M:** 1, W. B. Jeffs (RAF) 14:15.4; 2, T. A. Smith (EC) 14:17.7; 3, I. A. Evans (RAF) 14:23.9. **120H:** 1, C. McManus (EC) 15.4 (EC rec); 2, A. Barber (EC) 15.7; 3, G. M. Morris (RAF) 16.1. **220H:** 1, Morris 27.7; 2, J. R. Hill (EC) 28.4; 3, B. Renyard (RAF) 28.5. **440H:** 1, A. R.

Price (RAF) 59.1; 2, J. Carter (EC) 60.8; 3, Barber 63.7. **HJ:** 1, P. S. Mackenzie (RAF) 6'2"; 2, Hill (EC-G) 5'8"; 3, eq.P. R. Shinn (EC) and W. Butcher (RAF-G) 5'6". **PV:** 1, M. J. Sutton (RAF) 11'6"; 2, C. Nanton (RAF) 11'0"; 3, K. Gear (EC) 10'0". **LJ:** 1, C. H. Marshall (RAF) 21'4½"; 2, G. C. Long (EC) 21'2½"; 3, W. H. Robinson (RAF) 21'1¾". **TJ:** 1, D. C. Boosey (RAF) 49'4½"; 2, R. D. Adkins (EC) 44'10¼"; 3, Robinson 43'10¼". **SP:** 1, C. P. Ellerbroek (EC) 47'0¼"; 2, A. Elvin (EC) 47'0"; 3, D. S. Ward (EC-G) 42'10". **DT:** 1, Ward (EC) 152'8"; 2, M. Cushion (EC) 141'3½"; 3, Elvin (G) 137'6"; 4, Ellerbroek (G) 136'5". **HT:** 1, J. D. Dutton (EC) 182'9" (EC rec); 2, J. E. Brands (RAF) 147'7½"; 3, E. Johnston (RAF-G) 146'1". **JT:** 1, J. R. Greasley (G) 227'8½"; 2, J. Andrews (EC) 201'11"; 3, J. M. Clayton (EC) 196'2". **2M Walk:** 1, D. A. Levy (RAF) 15:29.8; 2, D. Salmon (EC) 16:48.9. **4x110:** 1, RAF 45.3; 2, EC 45.7. **4x440:** 1, RAF 3:30.1; 2, EC 3:37.0.

AMALGAMATION

Luton Hare and Hounds, holders of the National Cross-Country Youths' Championship, have merged with Luton United A.C. which has hitherto been solely a track club. They will be known as Luton United A.C., and all cross-country fixtures arranged by Luton Hare and Hounds will be carried out under the new name. Hon. Secretary is J. Walters, 1 Stonegate Road, Luton. Winter Fixtures Secretary is B. Duffy, 63 Austin Road, Luton (Luton 52683) and Summer Fixtures Secretary is R. Newington, 14 Riverside Road, Luton (Luton 53614).



Finish of the women's 100 yards at the Edinburgh Highland Games. L. to R: J. Atkinson (N. Ireland) 1st in 11.1; I. Nobbs (Horden) 2nd 11.2; J. Hall (WAAA) 3rd 11.3; and A. Packer (WAAA) 4th 11.3.

Mark Shearman

NORTHUMBERLAND AND DURHAM CHAMPIONSHIPS

First Day

Seniors

100: 1, S. Buckley (Benwell) 10.1; 2, G. Henderson (Heaton) 10.2; 3, H. Buxton (Houghton) 10.4. **440:** 1, D. Lown (Durham CC) 52.3; 2, E. Watson (Saltwell) 52.6; 3, G. Palmer (Bill'm Syn) 53.1. **Mile:** 1, J. Hillen (Salt) 4:18.6; 2, K. Maughan (Burn Rd) 4:22.4; 3, R. Checkley (Heaton) 4:24.2. **3,000mS/C:** 1, E. Pomfret (Hough) 9:04.0 (Ch. BP); 2, N. Whitfield (Ben) 9:32.4; 3, W. Dance (Ben) 10:09.6. **LJ:** 1, M. Child (Bill) 22'1"; 2, R. Bruce (Gosforth) 21'5"; 3, J. Fryatt (Gates) 21'3". **DT:** 1, A. McKenzie (NSP) 159'10½" (Ch. BP); 2, B. Ayre (Hough) 127'10½"; 3, D. Lambton (Heaton) 107'5½". **HT:** A. McKenzie 115'3".

Juniors

220: 1, J. Cocking (Hough) 23.4; 2, P. Shawcross (Gates) 24.3; 3, R. Snell (Hook. GS) 24.4. **880:** 1, M. McKenna (Gates) 2:04.6; 2, D. Little (Salt) 2:05.7; 3, B. Forster (Gates) 2:06.1. **1,500mS/C:** 1, E. Harker (Salt) 4:43.0. **4x110:** 1, Elswick 47.2; 2, Gateshead 47.6. **HJ:** 1, A. Porter (Gates. C) 5'8"; 2, A. Purves (Ben) 5'8"; 3, J. Huitson (Gates) 5'6¼". **DT:** 1, B. Fraser (NSP) 112'4½"; 2, W. Stabler (Hough) 111'8½"; 3, V. Grey (NSP) 110'2".

Youths

100: 1, N. Kendra (NSP) 10.4; 2, D. Beeston (Hough) 10.5; 3, D. Harcombe (NSP) 10.7. **440:** 1, D. Land (Elswick) 55.6; 2, R. Bell (S. Shields) 56.1; 3, B. Adams (Burn) 57.7. **Mile:** 1, J. Caine (Gates) 4:22.8 (Ch. BP); 2, R. Littlefield (NSP) 4:32.6; 3, M. Newton (Sund) 4:36.1. **HJ:** 1, D. Crawford (Ben) 5'6¼" (Ch. BP); 2, W. Fairley (Els) 5'4"; 3, eq. D. Swainston (SS), B. Battensby (NSP) 5'2". **DT:** 1, J. McLeod (Ashington) 137'11½"; 2, A. Thompson (SS) 132'7"; 3, M. George (NSP) 125'6".

Boys

220: 1, R. Marwood (Hough) 24.5 (eq. Ch. BP); 2, J. Bulman (NSP) 24.7; 3, D. Bell (Hough) 25.2. **880:** 1, H. Bartrope (Consett IC) 2:05.2; 2, J. Hall (Gates) 2:08.8; 3, D. Parnaby (SSGS) 2:09.6. **LJ:** 1, R. Marwood (Hough) 19'4½" (Ch. BB); 2, D. Lyall (Ashington) 18'0"; 3, D. Straker (Ash) 17'9¾".

Second Day

Seniors

220: 1, R. Nicholson (Heaton) 22.3; 2, D. Rispin (Bill) 23.0; 3, G. Henderson (Heaton) 23.0. **880:** 1, J. Backley (Els) 1:54.6; 2, R. Checkley 1:55.0; 3, D. Lown 1:55.0. **3M:** 1, E. Pomfret 13:53.2 (Ch. BP); 2, J. Alder (Mor) 14:15.0; 3, T. Laybourne (Jar) 14:25; 4, I. Barnes (Darl) 14:38.2; 5, N. Whitfield (Ben) 14:40; 6, A. Leitch (Gates) 14:41.6. **HJ:** 1, M. Child 6'1" (Ch. BP); 2, P. Forster (Gates) 6'0½"; 3, A. Porter (Gates. C) 6'0". **PV:** 1, J.

Gateshead, August 10th/12th

McManus (Achilles) 13'0"; 2, A. Chapman (Lough. C) 11'0"; 3, W. Stabler (Hough) 10'6". **TJ:** 1, R. Bruce (Gos) 44'8"; 2, M. Child 43'9"; 3, H. Macdonald (Rutherford GS) 42'9". **SP:** 1, A. McKenzie 45'5" (Ch. BP); 2, J. Hepworth (Newcastle CP) 40'6½"; 3, H. Ryan 40'3½". **JT:** 1, D. Mitchelson (Aln) 178'7"; 2, R. Dudding (NCP) 155'3"; 3, I. Humphries (Hough) 150'1".

Juniors

100: 1, N. Austin (Heaton) 10.5; 2, J. Cocking 10.7; 3, P. Shawcross 10.7. **440:** 1, J. Cocking 51.5; 2, M. McKenna 51.8; 3, D. Anderson (Gosf. GS) 54.1. **Mile:** 1, M. McKenna 4:22.4; 2, W. Sutton (Gos) 4:22.9; 3, D. Little 4:23.2. **LJ:** 1, N. Cairns (Els) 21'3¼" (Ch. BP); 2, R. Snell (HGS) 19'7½"; 3, W. Stabler 17'6". **JT:** 1, J. Field (Aln) 160'8"; 2, J. Cocking 159'3"; 3, J. Weatherley (Ben) 143'9".

Youths

220: 1, N. Kendra (NSP) 24.0; 2, B. Adams (Burn Rd) 24.2; 3, M. Fleck (Gates) 24.3. **880:** 1, M. Candlish (Jar) 2:00.1; 2, R. Littlefield 2:00.4; 3, D. Land 2:00.5. **4x110:** 1, N.S. Poly 46.4 (eq. Ch. BP); 2, S. Shields 47.0; 3, Gateshead 47.4. **LJ:** 1, A. Fenn (Darl) 19'10½"; 2, C. Hewitt (Bishop Auck) 19'5"; 3, D. Scullion (Jar) 18'9". **SP:** 1, W. Archer 47'5¼"; 2, J. Ornsby (NS) 43'11¼"; 3, J. Taylor 43'8". **JT:** 1, D. Tripp (Gos) 168'3"; 2, A. Thompson (SS) 141'0"; 3, A. Milburn (SSGS) 140'1". **HT:** 1, M. McConnachy (NSP) 94'7½"; 2, M. George (NSP) 86'5".

Boys

100: 1, R. Marwood 11.1; 2, P. Hawkes (Aln) 11.3; 3, D. Bell 11.3. **440:** 1, A. Evans (Bill) 55.0; 2, D. Parnaby 55.3; 3, J. Bulman 55.3. **HJ:** 1, R. Marwood 5'1" (Ch. BP); 2, A. Johnson (Els) 5'0"; 3, R. Davidson (RGS) 4'11".

CHANGES AT FELTWELL

There has been a complete change in the indoor facilities at R.A.F. Feltwell. The track has been lengthened and is now 200 yards. Distances will be as in the USA: 60, 300, 600, 1,000 yds., mile and 2 miles. Additional events will be the 2,000m s'chase and one mile walk. To help the field events men "toughen up" there will be Throwing the 56lb. Weight, Putting the 22lb. Shot, etc. Dates of open meetings arranged so far are October 26th and November 23rd.

SHOT CIRCLE WEEKEND

A coaching weekend for the Shot Circle has been arranged for October 11th, 12th and 13th at R.A.F. Feltwell, with National and Senior Coaches attending. Programme and other details from Geo. Smith, 203 Gilbert Road, Cambridge.

Irish News

A.A.U. (SOUTH) 98, N. IRELAND A.A.A. 86 Santry, July 27th

100: 1, Hannigan (S) 10.1; 2, Bennett (N) 10.1; 3, McAleer (S) 10.2. 220: 1, Bennett (N) 22.4; 2, Ryder (S) 22.5; 3, Linnane (S) 22.6. 440: 1, Linnane (S) 48.3; 2, McCleane (S) 48.6; 3, Ryder (S) 49.8. 880: 1, Carroll (S) 1:53.2; 2, Tonge (S) 1:54.8; 3, Sweeney (S) 1:56.5. 1M: 1, Clifford (S) 4:14.5; 2, Graham (N) 4:14.8; 3, McNamara (S) 4:15.8. 3M: 1, Connolly (S) 13:57.2; 2, Messitt (S) 13:59.2; 3, B. Dunne (S) 14:34.2. 120H: 1, Price (N) 15.1; 2, McAleer (S) 15.8; 3, Bamber (N) 15.9. 440H: 1, White (S) 57.6; 2, Hannah (N) 57.8; 3, McNeill (N) 59.0. 4x110: 1, A.A.U. (Kinlan, Ryder, McAleer, Hannigan) 43.3; 2, N.I.A.A.A. (McBride, Carson, Price, Bennett) 44.2. HJ: 1, Goodman (N) 6'0"; 2, Martin (S) 6'0"; 3, Macafee (N) 5'10". PV: 1, Ekue (N) 12'1"; 2, Byrne (S) 11'6"; 3, McGann (S) 11'6". LJ: Bamber (N) 21'7"; 2, Barkley (N) 21'0½"; 3, McAleer (S) 20'11½". TJ: 1, Morrisson (N) 45' 6½"; 2, Barkley (N) 44'5"; 3, Craig (N) 43' 10½". SP: 1, Hatt (S) 44'2"; 2, Deh (N) 39'9"; 3, McKinney (N) 38'8". DT: 1, McDonnell (S) 128'2½"; 2, McKinney (N) 128'2"; 3, Lally (N) 124'10½". HT: 1, Lally (N) 142'3½"; 2, McGann (S) 134'11"; 3, Lucas (N) 130'1½". JT: 1, Kennedy-Skipton (S) 185'10"; 2, Morrissey (N) 180'0"; 3, Horsfall (N) 175'11".

ALL IRELAND (NACA) CHAMPIONSHIPS Killarney, July 27th/28th

60y/12yH/440yH: Lanigan 6.4/15.3/57.5; 100y: Lynch 10.0; 220y/440y: Jordan 22.4/49.9; 880y: Clancy 1:55.6; HJ: O'Shea 6'3"; PV: Gleeson 12'6"; LJ/TJ: O'Dwyer 23'4½"/49.4½"; SP/DT: O'Callaghan 51'1"/148'7½"; HT: Kelly 165'8"; JT: Twomey 197'3".

OPEN EVENTS

In conjunction with an inter-club meeting at Kings Park Athletic Centre today, August 31st (3 p.m.), Bournemouth A.C. are putting on open events for 3,000m s'chase, pole vault, 440 hurdles and junior 2 miles. No fees, no prizes, entries accepted on day.

HADLEIGH OLYMPIADS A.C.

OPEN ROAD RELAY

5x3½ MILES

Saturday, October 19th, 2.45 p.m.

FOR "THE PRESIDENT'S CUP"

Medals first 3 teams, 1st 'B' team, and fastest lap award.

Entries (10/- 'A' teams, 5/- 'B' teams) to E. A. Mount, Flat 4, Ravenswood, Rayleigh Road, Thundersley, Essex.

Closing date Saturday, October 5th

LUTON UNITED A.C.

(formerly Luton Hare & Hounds)
Second Annual

BOYS' CROSS-COUNTRY RELAY

(4x2 Miles) for the "Wild Cup"
(Under A.A.A. & E.C.C.U. Rules)
Saturday, 9th November, at 2.45 p.m.

In Stockwood Park, Luton
AWARDS—Cup and Medals 1st team, medals 2nd and 3rd teams and fastest lap.

Entries (5/- one team, 2/6 subsequent teams) close 29th October, 1963, to B. Duffy, 63 Austin Road, Luton (Luton 52683).

All entrants to be 14-16 on 1st Oct., 1963

BIRMINGHAM & DIST. v. WELSH AAA

At Aston, Birmingham, August 10th

JOHN MORBEY had a narrow failure at 25'4" in a competent long jump series. The Birchfield man touched down on the spot that would have given him a share in the British record, but he just overstepped the board in taking off. He was also "no jumped" at 25'2".

100: 1, T. B. Jones (W) 9.6 (w.a.); 2, J. Morbey (B); 3, L. Davies (W). 220: 1, R. Brightwell (B) 21.8; 2, D. England (B) 22.4; 3, A. Pelopida (W) 22.7. 440: 1, P. Williams (W) 50.3; 2, J. Styles (W) 50.7; 3, R. Skinner (B) 51.4. 880: 1, N. Duggan (B) 1:56.1; 2, A. Dean (B) 1:56.4; 3, G. Williams (W) 1:58.1. Mile: 1, W. McKim (B) 4:15.9; 2, R. Jones (W) 4:17.4; 3, R. Tutin (B) 4:23.0. 3,000mST: 1, B. Jeffs (W) 9:21.2; 2, A. Walker (B) 9:29.2; 3, D. Davies (W) 9:29.8. 4x110: 1, Welsh A.A.A. 42.3; 2, Birmingham 42.8. LJ: 1, J. Morbey (B) 24'5"; 2, D. Cakebread (B) 22'3"; 3, A. Pelopida (W) 21'8½". TJ: 1, P. Walker (W) 45'10"; 2, T. Southall (B) 44'2½"; 3, R. Hickman (B) 44'1". SP: 1, P. Fitzpatrick (B) 47'4½"; 2, A. Evans (W) 43'6½"; 3, J. Lloyd (B). 2M Walk: 1, K. Matthews (B) 13:36.2; 2, J. Edgington (B) 14:01.5; 3, R. Hart (W) 15:05.3. Result: Birmingham 63, Welsh A.A.A. 53. Invt. 440: 1, B. Jackson (Loz) 48.4; 2, R. Tutin (Notts) 50.5; 3, J. Styles (W) 50.5. Inv. 2M: 1, B. Heatley (Godiva) 8:48.4; 2, M. Neville (Godiva) 8:49.0; 3, P. Killeen (Birch) 9:06.9.

Women

100: 1, D. Arden (B) 10.6 (w.a.); 2, E. Parsons (W); 3, E. Gill (W). 220: 1, Arden 24.9; 2, M. Tranter (B) 24.9; 3, E. Gill. 440: 1, B. Cook (B) 59.4; 2, E. Cowan (B) 60.0; 3, P. Dalton (W) 61.6. 4x110: 1, Birmingham 47.7 (Midd. rec); 2, Welsh A.A.A. 49.0. LJ: 1, M. Tranter (B) 18'11" (Mid. rec); 2, B. Jones (W) 18'4½"; 3, A. Fathers (B). SP: 1, M. Arnold (B) 36'4"; 2, S. Murphy (W); 3, J. Wray (B). Result: 1, Birmingham 41; 2, Welsh A.A.A. 21. Junior 4x110 (for Nelson Cup): 1, Birchfield 50.1; 2, Bromsgrove and Redditch; 3, B'ham Atalanta.

J.S.

LEGION TROPHY MEETING

At Hornchurch, August 3rd

S EVEN meeting records were broken despite the rain which fell throughout. Clubs were grouped into two divisions with six clubs in each, Hornchurch retaining the Trophy and Southend winning the Division II Championship.

Mal Browne (EB) pulled many runners through to personal bests when winning the mile in 4:10.9 with a last lap of 60 secs. The steeplechase was won by schoolboy international John Chesher (Hornchurch) who was tackling his first full distance event and led all the way.

Fred Alsop had an opening long jump, from a short, slow run-up, of 23'4" and followed this with 23'6½", but decided not to compete in the triple, won by Britten with his last leap of 45'4½".

Legion Trophy: 1, Hornchurch 151 pts; 2, Ilford 122; 3, Essex Beagles 100; 4, Chelmsford 96; 5, Eton Manor 41; 6, Thurrock 19. **Ingrebourne Cup:** 1, Southend 106 pts; 2, Victoria Park 80; 3, Ipswich 74; 4, Romford 56; 5, Colchester 51; 6, Hadleigh 37.

Best performances—100: Alsop (Ho), Ripley (EB), Torry (Ch), Lawrence (Ilf) all 10.4. **220:** Ripley 22.8, Torry 22.9, Reid (EB) 23.0. **440:** Lawrence 50.0, Godwin (EM) 50.4, Havard (Ho) 51.6. **880:** Bell (Ch), Hill-Cottingham (Ch), King (EB), all 1:56.8. **Mile:** Browne (EB) 4:10.9, Ward (Co) 4:14.8, Smith (Ip) 4:17.8. **3M:** Butcher (Ip) 14:31.0, Floodgate (EB) 14:31.8, Keough (EM) 14:41.6. **220H:** Robinson (Ho) 27.0, Bradley (VP) 27.5, McConnell (Ilf) 28.1. **3,000mS/C:** Chesher (Ho) 10:00.6, Jarrod (Ip) 10:01.6, Dradey (Ho) 10:07.4. **M Relay:** Ex. B. 3:38.2, Hornchurch 3:42.8, Ilford 3:47.4. **HJ:** Murrell (Ho) 6'0", Lee (Ch) 5'8". **PV:** Mackie (Ilf) 11'0", Turner (Ch) 11'0", Donnithorne (Ho) 10'6". **LJ:** Alsop (Ho) 23'6½", Povey (Ch) 21'8½", Collingwood (VP) 21'2". **TJ:** Britten (EB) 45'4½", Menday (S) 43'8½", Robinson 42'1½". **SP:** Weightman (Ilf) 41'11½", Bushnell (Ilf) 40'3½", Woods (S) 39'2½". **DT:** Weightman 157'6½", Bowen (Ho) 134'3½", Bushnell 124'0". **JT:** Bushnell 184'2", Peet (Ho) 176'4".

Dorking Jubilee Trophy

August 3rd

Ken Wilmshurst dominated the meeting, scoring 78 of his team's points. The 'A' string 220 was run over 209 yards due to an error at the start.

1, Walton 264 pts; 2, Blackheath H. 209; 3, Dorking St. P. 177; 4, Epsom & Ewell 148; 5, Met. Police 139; 6, Border A.C. 113.

100 (A) 1, Thomas (BH) 10.5; 2, Burden (D) 10.6. **(B)** Love (BH) 10.6. **220 (A)** 1,



Brian Kilby (Coventry Godiva) during the A.A.A. Marathon which he won in the new Championship best time of 2hr. 16m. 45s.

Ed Lacey

Thomas 21.8; 2, Morris (MP) 22.0; 3, Endean (W) 22.1. **(B)** Whittaker (MP) 23.5. **440 (A)** 1, Ross (BH) 52.0; 2, Lewis (D—Yth) 52.1; 3, Bawden (E) 52.4. **(B)** Taylor (BH) 54.8. **880 (A)** 1, Badsley (MP) 1:55.7; 2, A. Milner (W) 1:56.9. **(B)** Whitten (MP) 1:58.0. **Mile (A)** 1, Hindle (E) 4:24.5; 2, Lewis (W) 4:26.7; 3, Moss (MP) 4:27.5. **(B)** Pether (MP) 4:38.0. **3M (A)** 1, Bird (W) 14:40.0; 2, Cock (E) 15:10.6. **(B)** Goode (E) 15:50.4. **120H (A)** 1, Manning (D) 15.7; 2, Wilmshurst 16.4. **(B)** Fenton (D) 17.7. **HJ (A)** 1, Gates (E) 6'0" (Match rec); 2, Morris (W) 6'0" (MR). **(B)** Wilmshurst 5'2". **LJ (A)** 1, Wilmshurst 21'9½"; 2, Powell (D) 19'1½". **(B)** Morris 20'14". **TJ (A)** 1, Wilmshurst 45'1" (Gd. & M. rec); 2, Rice (E) 42'6". **(B)** Morris 41'7½". **SP (A)** 1, Cox (D) 43'11"; 2, Shapcott (BAC) 43'3". **(B)** Ellis (E) 39'1". **DT (A)** 1, Dealey (W) 121'0"; 2, Purves (BH) 120'11½". **(B)** Shapcott 122'11½". **JT (A)** 1, Palmer (W) 158'9"; 2, Shapcott 156'0". **(B)** Hartfield (BAC) 150'6". **8x176 Relay:** 1, Dorking 2:32.4; 2, M. Pol. 2:33.4; 3, Blackheath 2:33.8.

The date of the Bristol-Weston & Back Relay has been altered to October 26th to avoid clashing with other dates. See advert. on another page.

HADLEIGH "6"

August 10th

- 1, M. Batty (Thurrock AC) ... (rec) 29.58
 2, A. Murray (Ilford AC) 30.10
 3, B. Edelen (Hadleigh) 30.11
 4, P. Mellor (Ponders End) 30.37; 5, E. Wing (Gosport) 31.08; 6, W. Bird (Ranelagh) 31.11;
 7, Plater (Ilf) 31.13; 8, Sawyer (Belgrave) 31.18;
 9, Floodgate (Ex. B) 31.39; 10, Butcher (Ipswich) 31.58; 11, Garrett (Wood. Gn) 32.00; 12, Edwards (Hornchurch) 32.14; 13, F. Lowes (Had) 32.15; 14, McIntosh (Ran) 32.20; 15, Bull (Ran) 32.21; 16, Seal (P. End) 32.23; 17, Lovegrove (Wimbledon) 32.27; 18, Foxley (C. of Roch) 32.29; 19, Nott (Ran) 32.31; 20, Phillips (Norwich G) 32.34; 21, Williams (VPH) 32.35; 22, Baldwin (Waltham) 32.49; 23, Hedger (Ran) 32.54; 24, Rowe (Ilf) 33.06; 25, Watkins (Ex. B) 33.11; 26, Rooke (Ex. B) 33.16; 27, Barker (Horn) 33.25; 28, Mercer (P. End) 33.28; 29, Puce (Horn) 33.34; 30, Poulton (Thur) 33.38; 31, Glover (Belg) 33.38; 32, North (Romf) 33.42; 33, Horsup (Thurr) 33.50; 34, Clarke (Horn) 33.52; 35, Barrett (Ilf) 33.55; 36, Ward (Roch) 34.01; 37, Haber (Ex. B) 34.02; 38, Birks (Brighton) 34.04; 39, Raper (P. End) 34.05; 40, Boardley (VPH) 34.06.

Teams:	Pts.
1, Ilford A.C.	(2. 6.22) 30
2, Ranelagh A.C.	(5.13.14) 32
3, Ponders End	(4.15.26) 45

TURNVEREIN 1862 LANGEN (GERMANY) BEAT BELGRAVE 100-85

At Battersea Park, August 14th

- 100:** 1, Hardsek (T) 10.2; 2, G. Leroy (B) 10.3; 3, Glas (T) 10.5. **220:** 1, Hardsek (T) 22.4; 2, G. Leroy (B) 22.7; 3, Glas (T) 22.9. **440:** 1, G. Leroy 50.3; 2, Schafer (T) 51.6; 3, Boller (T) 51.8. **880:** 1, D. Cocks (B) 1:53.0; 2, Hannika (T) 1:54.4; 3, P. Hilliar (B) 1:59.3. **Mile:** 1, Omert (T) 4:20.5; 2, L. O'Hara (B) 4:22.0; 3, A. Black (B) 4:24.5. **2M:** 1, W. Kerr (B) 9:10.2; 2, C. Dabbs (B) 9:17.2; 3, A. Fairclough (B) 9:20.0. **LJ:** 1, Hardsek 23'1½"; 2, Glas 22'0½"; 3, G. Leroy 19'11½". **SP:** 1, Jarkonski (T) 42'2"; 2, Cybinski (T) 41'5½"; 3, C. Clair (B) 38'9". **JT:** 1, C. Clair (B) 186'4"; 2, Jarkonski 160'1"; 3, Kretschmar (T) 153'3".

Juniors

- 100:** 1, C. Ryan (B) 10.3; 2, Rotharmel (T) 10.6; 3, Jahn (T) 10.8. **220:** 1, C. Ryan 23.5; 2, Rotharmel 23.5; 3, D. Pottinger (B) 23.8. **440:** 1, Kunter (T) 51.4; 2, Jahn (T) 53.3; 3, Jung (T) 54.0. **880:** 1, A. Mead (B) 2:09.9; 2, Horst (T) 2:12.6; 3, J. Leaver (B) 2:13.4. **Mile:** 1, J. Hampshire 4:44.7; 2, Leist (T) 4:45.6; 3, R. Hayes (B) 4:47.4. **LJ:** 1, Tilly (T) 22'1½"; 2, Wessieppe (T) 21'10"; 3, D. Pottinger 20'6". **SP:** 1, Tilly 48'10"; 2, Butow (T) 46'2"; 3, Finn

- (B) 43'2". **JT:** 1, Tilly 172'11"; 2, Wessieppe (T) 167'0½"; 3, D. Rees (B) 126'0½".

Women

- Turnverein 1862 Langen (Germany) beat Selsonia LAC 18-15. 100:** 1, M. Cobb (S) 11.3; 2, E. Muller (T) 11.8; 3, C. Chase (S) 12.2. **220:** 1, E. Muller (T) 26.7; 2, C. Chase (S) 27.5; 3, Farmer (S) 28.8. **HJ:** 1, E. Muller (T) 4'11"; 2, G. Keiser (T) 4'8"; 3, A. Palmer (S) 4'6".

We specialise in Athletics . . .

All first quality goods—no seconds

SHORTS, international style. White, black, 28-34in. 9/6, 36in. 11/-
Colours, 28-34in. 10/-, 36in. 11/6
 Super quality sateen, white, black or colours, 30-34in. 17/6

WOMEN'S SHORTS, Inter. style, con. zip, white or colours, 24-28in. 14/-

VESTS, sleeveless, white 30-40in. 7/9
 colours 30-40in. 8/9

CLUB VESTS, almost any combination of bands, as supplied to leading clubs. Min. one dozen. 12/6
 Diagonals—ask for estimate.

WOMEN'S WHITE SLEEVELESS VESTS, square neck. 32in. 7/-; 34in. 7/6; 36in. 8/-; 38in. 8/6; 40in. 9/-.

TRACK SUITS — Royal/White two-tone, shoulder zip "S" 39/6, "M" 41/6, "L" 43/6. "Criterium," usual style, taper leg, various colours "S" 46/-, "M" 48/6, "L" 51/6. "Cortina," full length zip, contrast colours at neck, cuffs and waist. Main colour black, royal, maroon, "S" or "M" 64/9, "L" 66/9, "OS" 68/9. "Gordon Pirie" lightweight, very slim trousers, red, "S" 72/11, "M" 75/11, "L" 79/11.

TRACK SHOES. Adidas "9.9" £6/4/6, "Melbourne" £5/18/6; No. 154 54/3; Reebok "Orbit" 82/11, "Prefect" 29/11; Kingswell's "Venom" 79/11, "Hi-fl" jumping shoe 69/11; Pocock's No. 3418 in beige/green trim 32/6.

STARTING BLOCKS. Cantabrian "Empire" £5/1/10. "Simplex" in carrying bag £4/10/9, "Junior" £2/18/3. Rucanor, with carrying bag and hammer £3/17/6.

ROAD SHOES, Kangaroo uppers. Light white sole 55/-; very hard wearing red sole 65/-.

ALSO Athletic Slips (supporters) 4/2; Litesome Supporters 6/11, Nylon 12/6, Swimming 4/6. Ankle supports, knee supports 3/6; Litesome "Grand Slam" socks (reinforced foot) 6/3; Nylon socks 6/2.

Postage—shorts, vests, etc., 6d. one item, 9d. two, track suits, shoes, etc., add 2/- towards cost

THE SPORTS CENTRE
 8, MEDWAY ST., CHATHAM, KENT

WORLD Athletics

edited by Melvyn Watman

Name:

Zlatko Sumich.

Birthplace and date:

Boulder, Western Australia, 14.10.38.

Height and weight:

6'0½"/1.84 and 192lb/87kg.

Occupation:

Graduate electrical engineer.

Club:

Sale H. and Blackburn H. & A.C.

When did you first start athletics, and at what events?

In 1958 at the javelin.

What are your favourite events now?

Hurdles and sprints.

Best marks:

100y—9.9, 100m—10.9w, 220y—22.6, 400m—51.7, 120yH—14.6, 220yH—24.7, HJ—5'10½"/1.78, PV—11'5¼"/3.50, LJ—22'8½"/6.92, TJ—46'2"/14.07, SP—45'8"/13.92, DT—134'7"/41.02, JT—200'11½"/61.25, Dec—6,538.

Career summary:

2nd W.A. decathlon 1960 (5,411); 2nd W.A. dec. 1961 (5,521); 4th A.A.A. dec. 1961 (5,470); 2nd Northern dec. 1962 (5,585); 6th A.A.A. 120yH 1962 (15.0); 1st A.A.A. dec. 1962 (6,237); 1st Northern dec. 1963 (5,468); 1st A.A.A. dec. 1963 (6,538).

Which performance has given you most satisfaction?

Decathlons in general for the sense of achievement after finishing ten events.

How many days a week do you train in (a) summer and (b) winter?

(a) 5, (b) 6.

At what time of day do you normally train?

Evening.

How long are your training sessions?

1½ to 2½ hours.

Give details of your typical summer training schedule:

Monday: 10-12 x 60y.

Tuesday: 3x330y (38), 90 sec. recovery.

Wednesday: Informal (winders and striders).

Thursday: 6-8 x 3 hurdles off blocks.

Friday: Rest.

Saturday: Competition (5-7 events).

Sunday: Hurdles—up to 6 flights from blocks.

In addition, throwing or jumping technique work.

Give details of your typical winter training schedule:

ZLATKO SUMICH

answers the QUESTIONNAIRE

Weight training on three evenings (up to Christmas, weights as heavy as possible; after this, half weight and double number of repetitions); circuit training on one evening; Fartlek; technique work over one hurdle indoors, over three outdoors; throwing technique.

Describe your pre-competitive warm up:

¼ to ½ mile slow jogging, 10-15 min. suppling exercises, 2 or 3 x 100y stride outs.

How often do you compete?

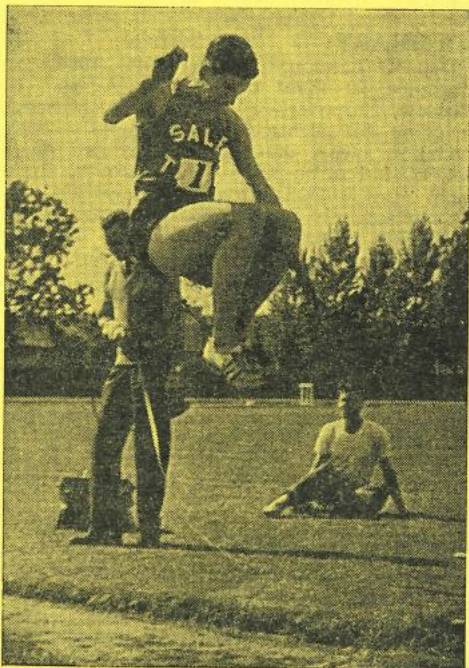
2, sometimes 3, times a week.

Coach:

Leslie Mitchell.

What advice would you offer the young athlete or novice?

Persevere, for success does not come immediately. Train hard and consistently, and rigorously obey regular habits. Eat the right kinds of food.



Sumich long jumping in the A.A.A. decathlon championship. Brian Phillips



BOOK NOW FOR JAPAN

ARRANGEMENTS have been completed for the *Athletics Weekly* tour to the Tokyo Olympic Games in October 1964 and bookings are now being accepted.

The cost of the 3-week trip is £360, which is inclusive of jet air travel from London to Tokyo and back; 15 nights accommodation in Tokyo at a luxury Western-style hotel; stopovers and sightseeing en route in Moscow and Khabarovsk (Siberia); taxes, gratuities and transfers. Stadium tickets are extra.

ITINERARY:

Depart London, October 6th 1964, on scheduled jet flight of BEA or Aeroflot to Moscow. Stopover of 24 hours in Moscow, including full sightseeing programme, accommodation, meals, etc. Fly by scheduled Aeroflot TU-114 turbo-prop to Khabarovsk. Overnight stay in Khabarovsk, with meals and sight-seeing. Fly by chartered Aeroflot TU-24 jet to Tokyo, arriving October 9th. Transfer from Tokyo Airport to hotel.

October 10th: Opening Ceremony. October 14th-21st: Athletics. October 24th: Closing Ceremony.

Depart Tokyo, October 25th. Fly by chartered jet to Khabarovsk, 24 hours stop-over in Khabarovsk, fly to Moscow, arriving evening of October 26th. Tour members may then fly straight back to London the following morning, or at an additional cost of £5 15s. Od. per day they may stay in Moscow for any period up to 11 days.

ACCOMMODATION:

Accommodation will be at three of the most modern and luxurious Western-style hotels in Japan: the Tokyo Hilton, the Ginza Tokyo Hotel and the Daieiso Hotel. All are located in the centre of the city and accommodation will be in twin-bedded rooms with private bath. Meals are not included in the cost of the tour, but are obtainable at reasonable prices—about

5s. for complete breakfast, 15s. for a main meal.

STADIUM TICKETS:

Tickets at all prices and for all events are available. A price list will be sent to tour members.

BOOKINGS:

Booking forms are available on request. It must be stressed that the best accommodation will go to those who book earliest, so if you definitely intend to go it is in your own interest to book immediately you receive your booking form. All correspondence should be addressed to *Athletics Weekly*, 344 High Street, Rochester, Kent.

DEPOSIT:

A deposit of £100 is required at the time of booking. In the event of cancellation, the following amount will be forfeited:—Notification of cancellation prior to May 25th, 1964: forfeit £10; cancellation prior to July 25th, 1964: forfeit £20; cancellation prior to August 25th, 1964: forfeit £30; cancellation prior to September 29th, 1964: forfeit £35. The complete deposit of £100 will be lost if cancellation is made in the week prior to departure.

FINAL PAYMENT:

The balance of £260 must be paid by August 25th, 1964. Credit terms can be arranged.

TRAVEL ARRANGEMENTS:

All arrangements for the Tokyo tour are being made by the Wayfarers Travel Agency Ltd., of 20 Russell Square, London, W.C.1. This company is a member of the Association of British Travel Agents and the American Society of Travel Agents and has wide experience in organising Russian and Far Eastern tours. A member of the company will escort the tour, together with at least one member of the *Athletics Weekly* staff.

OLYMPIC QUALIFYING STANDARDS

These standards are obtainable between October 1st, 1963, and September 10th, 1964:—

100m: 10.4	HT: 206'8 $\frac{1}{2}$ " / 63.00
200m: 21.0	JT: 252'7 $\frac{1}{2}$ " / 77.00
400m: 47.0	Dec: 7,000

800m: 1:48.8	
1,500m: 3:43.5	
5,000m: 14:02.0	Women
10,000m: 29:25.0	100m: 11.7
3,000mST: 8:45.0	200m: 24.2
110mH: 14.2	400m: 55.5
400mH: 51.8	800m: 2:08.0
HJ: 6'9 $\frac{3}{8}$ " / 2.06	80mH: 11.0
PV: 15'1" / 4.60	HJ: 5'6 $\frac{3}{8}$ " / 1.70
LJ: 24'11 $\frac{1}{2}$ " / 7.60	LJ: 19'8 $\frac{1}{4}$ " / 6.00
TJ: 51'10" / 15.80	SP: 49'2 $\frac{1}{2}$ " / 15.00
SP: 58'4 $\frac{3}{8}$ " / 17.80	DT: 164'0 $\frac{1}{2}$ " / 50.00
DT: 180'5 $\frac{1}{2}$ " / 55.00	JT: 167'4" / 51.00
	Pen: 4,500

Czech Girl Leaps To 2nd On All-Time List

Vlasta Prikrylova, a 20-year-old Prague medical student, displayed astonishing improvement to win the Czech women's long jump title with 21'2 $\frac{3}{4}$ "/6.47—a distance that only world record holder Tatyana Shchelkanova has ever exceeded and an inch further than Mary Rand's U.K. record.

June 13th, Stara Boleslav. 1,000m: Odlozil 2:20.7, Salinger 2:20.8.

June 16th, Gottwaldov. Women's 100m: Lehocka 11.6.

June 16th, Prague. 20km Walk: Moc 1:32:34.4.

July 5th, Prague. Women's DT: Nemcova 180'10 $\frac{1}{2}$ "/55.13.

July 7th, Brno. TJ: Veverka 52'2 $\frac{3}{4}$ "/15.92 (rec).

July 13th/14th, Hradec Kralove. Czech championships:—100m/200m: Votrubic 10.6/21.7; 400m: Vana 48.2; 800m: Odlozil 1:52.7; 1,500m: Salinger 3:51.7; 5,000m: Tomas 13:59.0, Hellmich 14:08.0; 10,000m: Tejbis 30:45.0; 3,000mST: Zhanal 8:56.4; 110mH: Cernosek 14.5; 200mH: Cecman 23.7 (rec); 400mH: Hrus 52.8; HJ: Lansky 6'9 $\frac{1}{4}$ "/2.06; PV: Tomasek 15'9 $\frac{3}{4}$ "/4.82 (rec); LJ: Solcany 24'6 $\frac{1}{4}$ "/7.48w; TJ: Kalecky (33) 52'5 $\frac{1}{4}$ "/15.98 (rec), Veverka 51'7 $\frac{3}{4}$ "/15.74; SP: Smid 58'0"/17.68, Skobla 57'1"/17.40; DT: Danek 196'10 $\frac{1}{4}$ "/60.00 (& 196'3 $\frac{1}{4}$ "/59.82), Zemba 179'3 $\frac{1}{4}$ "/54.65; HT: Matousek 218'7 $\frac{1}{4}$ "/66.63; JT: Dusatko 238'9 $\frac{1}{2}$ "/72.78; 20km Walk: Bilek 1:36:32.8; Women's 100m/80mH: Stolzova 12.1/11.3; 200m: Lehocka 24.6; 400m: Kralickova 57.0; 800m: Zakova 2:11.7; HJ: Jetmarova 5'4 $\frac{3}{4}$ "/1.63; LJ: Prikrylova 21'2 $\frac{3}{4}$ "/6.47, Drobna 19'9"/6.02, Fomenkova 19'8 $\frac{1}{4}$ "/6.00; SP: Jamborova 49'8"/15.14; DT: Nemcova 183'4"/55.88 (rec), Mertova 172'0 $\frac{1}{4}$ "/52.44; JT: Hrbkova 167'8 $\frac{1}{4}$ "/51.11.

July 26th/27th, Prague. Further results:—100m: 4, Gilbert (USA) 10.5; 200m: wind assistance was 2.53m/sec; 1,500m: 8, SHILLINGTON (GB) 3:48.8; 110mH: Cornacchia (It) 14.3, Emberger (USA) 14.4, Cernosek 14.4; PV: 6, Tomasek 14'9 $\frac{1}{4}$ "/4.50; LJ: Kalocsai (Hun) 24'10 $\frac{1}{4}$ "/7.58; DT: 4, Zemba 179'7 $\frac{1}{4}$ "/54.74; 20km Walk: Bilek 1:31:35.2, Lindner (EG) 1:32:37.8; Women's 100m: Cobian (Cuba) 11.6, Lace (USSR) & Lehocka 11.7; 200m: Cobian 24.4 (24.1 ht), Lace 24.5; 800m: Mukhanova (USSR) 2:08.7; 80mH: Jesumann (EG) 10.9; LJ: Prikrylova 19'9 $\frac{3}{4}$ "/6.04; SP: Hubner (EG) 53'5 $\frac{3}{4}$ "/16.30.

July 28th, Prague. 100m: STEANE (GB) 10.8; 1,000m: Valentin (EG) 2:20.5, SHILLINGTON (GB) 2:22.5, Odlozil 2:22.6; 3,000m: Barabas (Rum) 8:25.4, STRONG (GB) 8:25.6, SCHOFIELD (GB) 8:48.2.

July 28th, Hradec Kralove. PV: Nikula (Fin) 16'1"/4.90, Tomasek, Preussger (EG), Bliznyetsov (USSR) (that order) all 15'1"/4.60; SP: Skobla 58'4 $\frac{3}{4}$ "/17.79; DT: Danek 187'8"/57.20, Weill (USA) 182'5 $\frac{1}{4}$ "/55.61; HT: Matousek 214'9 $\frac{1}{4}$ "/65.47; JT: Kuznyetsov (USSR) 257'10 $\frac{1}{4}$ "/78.59.

July 30th, Prague. 100m: Mandlik 10.4; 800m: Odlozil 1:49.6; 1,500m: Valentin (EG) 3:43.6, Salinger 3:46.0; 5,000m: Janke (EG) 14:10.8; TJ: Ruckborn (EG) 52'3 $\frac{3}{4}$ "/15.93.

W. GERMANY: YANG EQUALS HIS POLE VAULT BEST

July 18th, Hamburg. 100m (0.7m/sec. f.w.): Foik (Pol) 10.3, Schumann 10.5, Antao (Ken) 10.6; 200m: Roderfeld 21.0, Foik 21.0, Schumann 21.3 . . . 6, Young (USA) 22.1; 400m: Freeman (USA) 47.7; 5,000m: Norpoth 14:03.6, Kubicki 14:04.4; 400mH: Atterberry (USA) 51.0, Haas 52.2; 4x400m: Wuppertaler SV (Kalfelder, Kaiser, Wengoborski, Kinder) 3:06.3; PV: Yang (For) 15'9"/4.80, Rose (USA) 14'5 $\frac{1}{4}$ "/4.40; JT: Sidlo (Pol) 258'6 $\frac{1}{4}$ "/78.81, Salomon 241'6 $\frac{1}{4}$ "/73.62; women's 80mH: Fisch 10.9; DT: Hausmann 170'0 $\frac{3}{4}$ "/51.83.

July 20th, Bremerhaven. 100m (3m/sec. f.w.): Schumann 10.3, Foik (Pol) 10.3; 200m (2.1m/sec. f.w.): Foik 20.9, Antao (Ken) 21.1, Schumann 21.2; 400m: Kalfelder 47.4, Freeman (USA) 48.4; 800m: Kinder 1:51.6; PV: Yang (For) 16'4 $\frac{3}{4}$ "/5.00 (Asian best), Rose (USA), Lehnertz, Reinhardt (that order) all 14'9 $\frac{1}{4}$ "/4.50; LJ: Yang 23'6 $\frac{3}{4}$ "/7.18; JT: Sidlo (Pol) 253'3 $\frac{3}{4}$ "/77.20; women's 100m: Fisch 12.0, Lombaard (SA) 12.1; 80mH: Fisch 10.8w; SP: Fraser (SA) 47'3 $\frac{1}{4}$ "/14.41.

July 20th, Ludwigsburg. 100m (3.3m/sec. f.w.): Gamper 10.3, Ulonska 10.4; 200m (1.8m/sec. f.w.): Zielinski (Pol) 20.9, Hebauf 20.9; 400m: Badenski (Pol) 46.1, Kaufmann 47.0; 400mH: Janz 51.2; women's LJ: Hoffmann 20'0 $\frac{1}{4}$ "/6.11.

July 20th/21st, Wetzlar. 400m: Schmitt 47.1; JT: Salomon 263'9 $\frac{3}{4}$ "/80.41, Herings 252'5 $\frac{1}{4}$ "/76.94; women's 80mH: Heine 10.9; HJ: Hummel 5'6 $\frac{1}{4}$ "/1.69.

July 21st, Schorndorf. 100m (1m/sec. h.w.): Hebauf 10.4; 400m: Kaufmann 47.6; JT: Stumpp 255'1 $\frac{3}{4}$ "/77.77.

July 25th/26th, Hamburg. Women's 100m/LJ: Lenze 11.7 & 20'0 $\frac{1}{4}$ "/6.11w.

July 27th/28th, Stuttgart. 400m: Kaufmann 47.0; women's 80mH: Schell 10.8; LJ: Luxemburger 19'10 $\frac{1}{4}$ "/6.06, Hoffmann 19'9 $\frac{3}{4}$ "/6.04.

July 27th/28th, Hamm. 200m: Roderfeld 21.1; 400mH: Janz 51.1; DT: Reimers 180'7 $\frac{1}{4}$ "/55.05; women's JT: Gerhards 175'8"/53.54.

July 28th, Wiesbaden. 100m: Knickenberg 10.3, Schroder 10.4; 400m: Kinder 47.2.

August 2nd, Augsburg. SP: Urbach 59'3 $\frac{1}{4}$ "/18.07.

August 4th, Saarbrucken. Women's LJ: Hoffmann 20'6"/6.25.

UNITED KINGDOM "TOP TEN"

Compiled on behalf of the N.U.T.S. by
STAN GREENBERG (Men) and MARTIN JAMES (Women)

(as at August 26th)

100 YARDS
 (*100m time less 0.9)
 9.5 Ronald Jones
 9.6 David Segal
 9.6 Peter Radford
 9.6 David Jones
 9.6 Berwyn Jones
 9.6* Derek Young
 9.6* Richard Steane
 9.7 Brian Kelly
 9.7 Lynn Davies
 9.7 Alfred Meakin
 9.7 David Bennett
 9.7* Andrew Ronay

220 YARDS
 (*200m time plus 0.1)
 21.1 David Jones
 21.3 James Barry
 21.3 Peter Radford
 21.4 Richard Steane
 21.4* Ronald Jones
 21.5 Andrew Ronay
 21.5 John Cook
 21.5 Nicholas Overhead
 21.5 Brian Smouha
 21.5 Richard Simonsen
 21.5* Adrian Metcalfe

440 YARDS
 (*400m time plus 0.3)
 47.2* Adrian Metcalfe
 47.4 Barry Jackson
 47.5 Timothy Graham
 47.8 Malcolm Yardley
 47.8 Nicholas Overhead
 48.0 Ronald Taylor (Jam)
 48.0 Graham Thomas
 48.2 Menzies Campbell
 48.3 Robert Setti
 48.3 Patrick Jones

880 YARDS
 (*800m time plus 0.7)
 1: 47.3 John Boulter
 1: 48.1 William Cornell
 1: 48.9 Anthony Harris
 1: 49.3 Peter Killford
 1: 49.7 John Williams
 1: 49.8* Christopher Carter
 1: 50.0 Mark Mullin (USA)
 1: 50.1 Michael Fleet
 1: 50.2 Terrence Keen
 1: 50.7 Robert Setti
 1: 50.7 David Cocks
 1: 50.7 Stanley Taylor

MILE
 (*1,500m time plus 18.0)
 4: 00.8 William Cornell
 4: 01.3 John Boulter
 4: 01.3* Alan Simpson
 4: 01.4* Stanley Taylor
 4: 01.6 Rayfel Roseman
 4: 02.4 Anthony Harris
 4: 02.7 Anthony Milner
 4: 02.8 David Harvey
 4: 03.4 Peter Milner
 4: 03.4 Neill Duggan

3 MILES
 (*5,000m time less 28.0)
 13: 22.4 Bruce Tulloh
 13: 22.8 Basil Heatley

13: 27.0* John Anderson
 13: 27.4 Donald Taylor
 13: 29.4 Michael Neville (RoI)
 13: 29.8 Ronald Hill
 13: 31.6 John Cooke
 13: 32.0 Michael Turner
 13: 32.6 Fergyn Murray
 13: 32.8 Melvyn Batty

6 MILES
 (*10,000m time less 60.0)
 27: 49.8 Ronald Hill
 27: 52.4* Donald Taylor
 27: 54.2 James Hogan (RoI)
 27: 57.0 Basil Heatley
 27: 59.4 Ronald Gomez
 28: 00.8 Leonard Edelen (USA)
 28: 11.4 Gerald North
 28: 14.2 Martin Hyman
 28: 22.6 Melvyn Batty
 28: 26.2 Roy Fowler
 28: 26.4 Brian Kilby

3,000m STEEPLECHASE
 8: 40.4 Maurice Herriott
 8: 47.0 Ernest Pomfret
 8: 53.6 Timothy Johnston
 8: 56.6 Patrick Montague
 8: 57.2 Brian Jeffs
 8: 58.0 George Howard
 8: 59.8 David Chapman
 9: 05.4 John Farrington
 9: 06.6 Brian Lee
 9: 07.0 Peter Duggan

120 YARDS HURDLES
 (m—mark at 110m)
 14.1m Michael Parker
 14.1 Lawrence Taitt
 14.3 Thomas Blodgett (USA)
 14.4 Michael Hogan
 14.6 Desmond Price
 14.6 Zlatko Sumich (Aus)
 14.7 Stuart Storey
 14.7 David Hemery
 14.7 Alfred Belleh (Nig)
 14.7 George Tymms
 14.7 Robert Birrell

440 YARDS HURDLES
 (*400m time plus 0.3)
 51.3* John Cooper
 52.2 Robin Woodland
 52.2* Thomas Bryan
 52.7 Peter Warden
 52.8 Michael Hogan
 53.5 John Cook
 54.2 Christopher Surety
 54.4 Raymond Barnes
 54.6 John Marsh
 54.6 David Barrington

HIGH JUMP
 6'8" Crawford Fairbrother
 6'5 $\frac{1}{2}$ " Joseph Kadiri (Nig)
 6'5 $\frac{1}{2}$ " David Cairns
 6'5 $\frac{1}{2}$ " Alex Kilpatrick
 6'5" Gordon Miller

6'5" Patrick Mackenzie
 6'4 $\frac{1}{2}$ " Alan Robertson
 6'4 $\frac{1}{2}$ " Richard Bird
 6'4" Michael Leary
 6'4" Charles Njoku (Nig)

POLE VAULT
 14'4" Trevor Burton
 14'2" Rex Porter
 14'0 $\frac{1}{2}$ " David Stevenson
 13'8 $\frac{1}{2}$ " Thomas Blodgett (USA)
 13'8 $\frac{1}{2}$ " Martin Higdon
 13'6" James McManus
 13'6" Norman Foster
 13'4" Peter Lyons
 13'3" Charles East
 13'0" Jonathan Hutton
 13'0" Stanley Gorst
 13'0" Richard Malcolm

LONG JUMP
 25'4" John Morbey
 24'9" Lynn Davies
 24'8 $\frac{1}{2}$ " Frederick Alsop
 24'2 $\frac{1}{2}$ " Michael Ralph
 24'2 $\frac{1}{2}$ " Geoffrey Beales
 23'10 $\frac{1}{2}$ " Christopher Simey
 23'9 $\frac{1}{2}$ " Laurie Croxson (NZ)
 23'4" Adekenle Oyenuga (Nig)
 23'3 $\frac{1}{2}$ " Eric Dalton
 23'3 $\frac{1}{2}$ " Gerard Kealey

TRIPLE JUMP
 52'3 $\frac{3}{4}$ " Frederick Alsop
 51'1 $\frac{1}{2}$ " Michael Ralph
 50'4" Derek Boosey
 49'0 $\frac{1}{2}$ " Malcolm Arnold
 48'8" John Whall
 48'5 $\frac{1}{2}$ " John Eziashi (Nig)
 48'2 $\frac{1}{2}$ " Robert Ellis
 48'0 $\frac{3}{4}$ " Peter Walker
 47'11 $\frac{1}{2}$ " George Britten
 47'9" John Vernon

SHOT
 60'8 $\frac{1}{2}$ " Michael Lindsay
 57'7 $\frac{1}{2}$ " Martyn Lucking
 53'11 $\frac{3}{4}$ " Alan Carter
 52'7" David Harrison
 51'10 $\frac{1}{2}$ " Archie Buttriss
 51'9 $\frac{1}{2}$ " Barry King
 51'9 $\frac{1}{2}$ " Edward Byam
 51'7" Alan Lowe
 51'3" David Davidson
 50'11 $\frac{1}{2}$ " Jeffrey Teale

DISCUS
 184'4" Roy Hollingsworth
 176'2" Michael Lindsay
 165'6" Eric Cleaver
 162'10 $\frac{1}{2}$ " Robert Baxter (USA)
 162'5" Peter Nimmo
 161'4" Arthur McKenzie
 160'6 $\frac{1}{2}$ " Otto Feldmanis
 158'11" Derek Ward
 157'6 $\frac{1}{2}$ " Archie Buttriss
 157'6 $\frac{1}{2}$ " John Weightman

HAMMER

207'4"	Howard Payne
183'2"	John Dutton
183'0"	Zigfrids Nikazis
181'9 1/2"	Warwick Dixon
180'2 1/2"	David Bayes
178'5 1/2"	Alex. Valentine
178'3 1/2"	Lawrence Hall
175'9 1/2"	Albert Ley
170'4 1/2"	Alan Hughes
168'6"	Patrick Ritchie
168'6"	Barry Thomas

DECATHLON

6598	Zlatko Sumich (Aus)
5895	John Jones
5875	Derek Clarke
5871	John Montgomery (Aus)
5788	Brian Kettle
5513	Nigel Seale
5427	Robert Walker
5356	John Harnes
5299	Gerald Beaton
5280	David Gaskin

20km WALK

1: 32: 09	Paul Nihill
1: 34: 49	Vaughan Thomas
1: 35: 32	John Edgington
1: 36: 46	John Paddock
1: 38: 10	Raymond Middleton
1: 39: 07	Donald Thompson
1: 39: 43	John Godbeer
1: 40: 10	Kenneth Easlea
1: 40: 47	Colin Young
1: 40: 54	Gordon Brown

JAVELIN

243'9"	Richard Miller
243'3"	John Greasley
237'9"	Colin Smith
232'7"	Roger Lane
229'10 1/2"	Clive Loveland
227'2 1/2"	John McSorley
223'8 1/2"	John Fitzsimmons
213'3"	Peter Cullen
209'10 1/2"	Rodney Fletcher
209'0"	Clive Southgate

MARATHON

2: 14: 28	Leonard Edelen (USA)
2: 14: 43	Brian Kilby
2: 18: 06	Ronald Hill
2: 19: 56	Basil Heatley
2: 22: 08	Juan Taylor
2: 22: 34	Donald Shelley
2: 22: 57	Robert Rooth
2: 23: 41	Brian Woolford
2: 24: 30	Jack Haslam
2: 25: 21	Terence Rooke

50km WALK

4: 16: 43	Raymond Middleton
4: 21: 43	Donald Thompson
4: 22: 52	Charles Fogg
4: 26: 06	Paul Nihill
4: 28: 00	Ronald Wallwork
4: 28: 44	Kenneth Mason
4: 33: 49	Dennis Vale
4: 34: 07	Raymond Hall
4: 35: 20	Colin Young
4: 39: 10	Frank O'Reilly

WOMEN**100 YARDS**

(*100m time less 1.0)

10.7	Dorothy Hyman
10.7*	Mary Rand
10.8	Janet Simpson
10.8	Madeleine Cobb
10.9	Ann Packer
10.9	Sheila Parkin
10.9	Marianne Dew
10.9	Joy Grieveson
10.9	Daphne Arden
10.9	Jill Hall
10.9	Joan Atkinson
10.9*	Patricia Kippax

220 YARDS

23.7	Dorothy Hyman
24.2	Mary Rand
24.2	Daphne Arden
24.2	Maureen Tranter
24.3	Patricia Kippax
24.7	Janet Simpson
24.7	Ann Packer
24.8	Beryl Wear
25.0	Avril Usher
25.0	Marianne Dew

440 YARDS

(*400m time plus 0.3)

54.5	Joy Grieveson
54.7*	Ann Packer
56.4	Maeve Kyle (RoI)
56.5	Mary Tagg
57.0	Marlon Donachie
57.1	Heather Rowe
57.1	Pam Piercy
57.1	Deidre Watkinson
57.3	Phyllis Perkins
57.4	Carole Clarke

880 YARDS

(*800m time plus 0.8)

2: 09.5	Phyllis Perkins
2: 10.5	Joy Catling
2: 11.0*	Anne Smith
2: 13.3	Madeline Ibbotson
2: 13.3	Brenda Cook
2: 13.8	Alison Leggett
2: 13.9	Georgena Buchanan
2: 15.1	Christa Luczak (WG)
2: 15.1	Carole Mitchell
2: 15.2	Pat Brown

MILE

4: 57.0	Phyllis Perkins
5: 00.0	Madeline Ibbotson
5: 02.3	Pam Davies
5: 08.4	Helen Cherry
5: 12.0	Susan Jarville
5: 12.3	Muriel Rees
5: 15.8	Valerie Tomlinson
5: 16.6	Elizabeth Joyce
5: 17.0	Judith Williams
5: 18.0	Anne Geatches

80 METRES HURDLES

11.0	Mary Rand
11.0	Pat Nutting
11.3	Maxine Botley
11.3	Ann Charlesworth
11.4	Ann Packer
11.5	Susan Webb
11.5	Mary Peters
11.5	Thelma Hopkins
11.6	Ruby Campbell
11.7	Joy Grieveson
11.7	Patricia Baileff
11.7	Thelwyn Appleby

HIGH JUMP

5'7"	Linda Knowles
5'6"	Thelma Hopkins
5'6"	Frances Slaap
5'6"	Gwenda Matthews
5'6"	Rosemary Curtis
5'5"	Susan Dennier
5'4 1/2"	Mary Rand
5'4"	Pauline Steadman
5'4"	Patricia Veals
5'4"	Mary Peters

LONG JUMP

21'1 1/2"	Mary Rand
20'2"	Sheila Parkin
19'2 1/2"	Loraine Winfield
19'2 1/2"	Maureen Tranter
19'2"	Ann Wilson
19'1 1/2"	Berenice Jessop
19'0 1/2"	Monica Zeraschi
18'11 1/2"	Margaret Gouldsmith
18'9 1/2"	Angela Savory
18'8 1/2"	Mary Peters

SHOT

48'7"	Suzanne Allday
45'8 1/2"	Mary Peters
43'5 1/2"	Brenda Gill
43'1 1/2"	Brenda Bedford
41'9 1/2"	Rosemary Payne
41'7 1/2"	Valerie Woods
41'2 1/2"	Patricia Young
41'1 1/2"	Maira Kerr
40'11 1/2"	Kathryn Duckett
39'4 1/2"	Wendy Thomas

DISCUS

153'9"	Suzanne Allday
146'5 1/2"	Rosemary Payne
146'1"	Brenda Bedford
142'0 1/2"	Gail Smith
140'9 1/2"	Wendy Thomas
140'2 1/2"	Maureen Arnold
136'8 1/2"	Barbara Everitt
133'11"	Kathryn Duckett
130'8"	Josephine Mehew
130'0"	Heather Horsburgh

JAVELIN

172'6"	Susan Platt
158'2 1/2"	Rosemary Morgan
156'2"	Barbara Nicholls
143'9"	Averil Williams
138'2"	Susan Paul
137'11"	Pamela Bennett
133'8"	Susan Tadd
132'1"	Mary Brown
131'6 1/2"	Cynthia Patrick
130'1"	Margaret Whitbread

PENTATHLON

4726	Mary Rand
4527	Mary Peters
4297	Brenda Gill
4294	Ann Packer
4253	Pat Nutting
3920	Alix Jameson
3817	Jean White
3752	Pavla Holden
3702	Gwenda Matthews
3670	Jean Whitehead

**FRANCE: JAZY SPIKED
BY WADOUX IN SWEDEN**

Michel Jazy was accidentally spiked when Jean Wadoux tripped over during a training run at Gosta Olander's training camp at Volodalen (Sweden) on August 4th. Jazy, who at the time was enjoying the most brilliant form of his career, was hoping to resume racing by the end of August.

August 1st, Cambrai. 2,000m: Bernard 5:03.8 (3:46.8 at 1,500m), Clohessy (Aus) 5:18.0; 110mH: Duriez 14.1, Fournet 14.2, Fraysse 14.3.

August 4th, Avranches. French 10,000m championship: Texereau 30:29.2, Mimoun (42) 30:39.8; PV: Tomasek (CSR) 15'3"/4.65, Houvion 14'11 $\frac{1}{4}$ "/4.55; DT: Danek (CSR) 191'1"/58.24.

August 10th, Aix-les-Bains. HT: Husson 208' 1 $\frac{3}{4}$ "/63.44.

August 10th, La Baule. 1,500m: Bernard 3:43.4, Odlozil (CSR) 3:47.5; PV: Tomasek (CSR) 15'5"/4.70, Gras 15'1"/4.60; SP: Colnard 59'6 $\frac{1}{2}$ "/18.15 (25gm underweight); DT: Danek (CSR) 191'8 $\frac{3}{4}$ "/58.44.

August 11th, Boulogne. Women's 80mH: Canguio 11.0; LJ: Guenard 19'11 $\frac{1}{2}$ "/6.08, Bouix 19'6 $\frac{3}{4}$ "/5.96.

August 14th, Dole. 100m: Delecour 10.5, Piquemal 10.6; 110mH: Duriez 14.0, Chardel 14.1; PV: Houvion 15'3"/4.65; HT: Husson 211'5 $\frac{3}{4}$ "/64.46; 4x100m: National Team 40.4.

RUMANIA: PORUMB JUMPS HIGH

Cornel Porumb (24) has twice raised the national high jump record this season. Like Iolanda Balas, he is coached by Ion Soter, who thinks he can jump 7'0 $\frac{3}{8}$ "/2.15 or higher if he improves his takeoff. Porumb is 6'2"/1.88 tall.

May 12th, Galatz. 100m: Stamatescu 10.4; HJ: Porumb 6'10 $\frac{1}{4}$ "/2.10 (rec); TJ: Ciochina 51'6"/15.70; Women's HJ: Balas 6'0 $\frac{3}{4}$ "/1.84; SP: Salagean 50'6 $\frac{3}{4}$ "/15.41; DT: Manoliu 169' 7 $\frac{1}{2}$ "/51.70.

June 9th, Ploesti. (Rumania beat Greece 121-87) 800m/1,500m: Vamos 1:51.9/3:45.6; 5,000m: Barabas 14:11.0; 400mH: Skourtis (G) 52.5; HJ: Porumb 6'11 $\frac{1}{4}$ "/2.11 (rec), Spiridon 6'9 $\frac{3}{4}$ "/2.08; 4x100m: Rumania 41.2 (eq. rec).

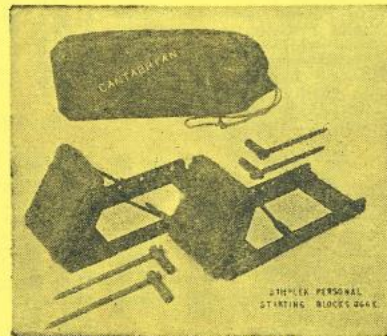
**BELGIAN CHAMPIONSHIPS
Louvain, July 27th/28th**

100m: Poels 10.9; 200m/400m: Pennewaert 21.8/47.8; 800m: Mertens 1:52.2; 1,500m/3,000mST: Roelants 3:49.1/8:56.6; 5,000m: Allonsius 14:33.8; 10,000m: Clerckx 30:17.6; 110mH/400mH: Geeroms 14.8/53.8; 200mH: D'Heye 25.7; HJ: Timmermans 6'2 $\frac{3}{4}$ "/1.90; PV: Coppejans 14'7 $\frac{3}{4}$ "/4.46 (rec; 14'9 $\frac{1}{2}$ "/4.50 at later meet); LJ: Salmon 24'3 $\frac{3}{4}$ "/7.40; TJ: Herbrandt 47'6 $\frac{3}{4}$ "/14.50; SP/DT: Szostak 53'8"/16.36 & 154'2"/46.99; HT: Haest 167'0 $\frac{3}{4}$ "/50.92; JT: De Backere 216'8"/66.04.

**Cantabrian
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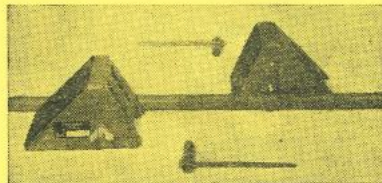


EMPIRE at £5.1.10



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THE SPORTS CENTRE

8 Medway Street, Chatham, Kent

New World Records

FIVE world records were broken in the space of a single week. Those responsible were two Soviet women's relay teams, the New Zealander Bill Baillie and American John Pennel.

● Ziba Aleskerova, Lyudmila Samotesova, Maria Itkina and Galina Popova combined to set new figures of 1:34.7 (average 23.7) for the 4x200m relay in Moscow on August 17th. The previous best was 1:35.1 by a Soviet quartette last month.

● At the same meeting the same day, a trio comprising Vyera Mukhanova, Tamara Babintseva and Zoya Skobtsova averaged 2:08.5 each for a time of 6:25.6 for the 3x800m relay. A Ukraine team held the previous mark at 6:27.4 in 1958.

● Bill Baillie came home with two of Emil Zatopek's famous records. Running on a grass track in Auckland on August 24th he clocked 59:28.6 for 20,000m and covered 12 miles 960 yards (20,188m) in the hour. Zatopek's 1951 standards were 59:51.8 and 12M 810y (20,052m). Baillie's performance is equivalent to running 6 miles in 28:42 twice over plus a further 960y at a similar speed! His time at 10M was 48:10.0—23 sec. slower than Basil Heatley's world record. Kokichi Tsuburaya (Japan) also broke Zatopek's records—59:47.6 for 20,000m and 12M 842y (20,081). The astonishing aspect of this performance is that Tsuburaya's previous best for 10,000m was apparently only 29:59.0, yet he averaged 29:53.8 for twice the distance!

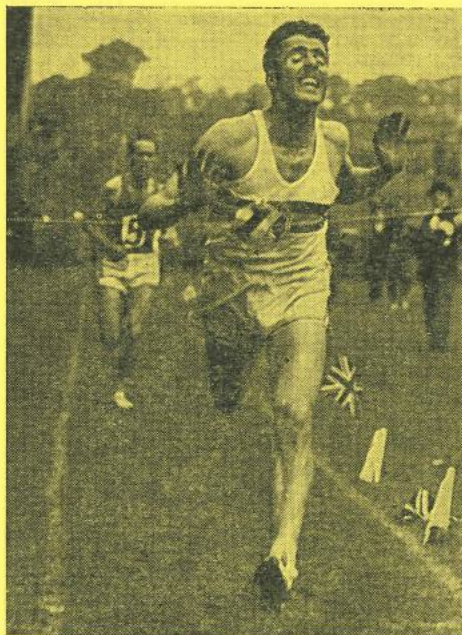
● John Pennel notched up his sixth world record of the year when he vaulted 17'0 $\frac{1}{2}$ "/5.20 first time in Miami, Florida, on August 24th. Earlier in the month, at the White City, he cleared 16'10 $\frac{1}{2}$ "/5.137. An article on Pennel will appear next week.

JAMAICA: WILLYE WHITE AVENGES LONDON DEFEAT

Mary Rand ran her fastest ever 100y and equalled her best time in the hurdles but was beaten by American Willye White in the long jump at Jamaica's International Independence Meet in Kingston on August 8th & 10th. Adrian Metcalfe defeated Empire champion George Kerr in the 440 . . . but was well beaten himself by world record holder Adolph Plummer. The other British competitor, Bruce Tulloh, took 2nd in the mile and ran away with the 3 miles.

Results (supplied by Richard Ashenheim):—100y: Hayes (USA) 9.4, Antao (Ken) 9.6; 100m: Hayes 10.4, Plummer (USA) 10.7; 220y: Hayes 20.7, Antao 21.4, Plummer 21.6, METCALFE (GB) 21.7; 440y: Plummer 46.8, METCALFE 47.3, Kerr (Jam) 47.3; 880y: Kerr

1:49.7, Dupree (USA) 1:49.9; 1M: Grelle (USA) 4:04.6, TULLOCH (GB) 4:07.2, Zwolak (USA) 4:07.6, Belcher (Jam) 4:16.2 (& 3:58.5 at 1,500m—both recs); 3M: TULLOCH 13:44.2, Grelle 13:56.0, Zwolak 14:26.8; 120yH: Boston (USA) 14.5; HJ: Thomas (USA) 6'10"/2.08; PV: Yang (For) 16'0 $\frac{1}{2}$ "/4.89, Pratt (USA) 15'0"/4.57; LJ: Boston 26'0 $\frac{1}{2}$ "/7.94, Clayton (Jam) 24'5 $\frac{1}{4}$ "/7.45; TJ: Samuels (USA) 49'9"/15.16, Boston 49'1 $\frac{1}{2}$ "/14.98; SP: Thomas 46'9 $\frac{1}{4}$ "/14.26, Spencer (Jam) 45'9"/13.94 (rec); DT/JT: Yang 141'7 $\frac{1}{2}$ "/43.17 & 215'8 $\frac{1}{2}$ "/65.75; 4x110: AAU (Yang, Boston, Plummer, Hayes) 40.7; Women's 100y: McGuire (USA) 10.7, W. White (USA) 10.8, RAND (GB) 10.8, Smith (Jam) 11.0 (eq. rec); 220y: McGuire 24.4, Smith 25.3 (rec); 440y: Morris (Jam) 56.0 (rec); 80mH: RAND 11.0, Smith 11.5 (rec), Davis (USA) 11.5, Terry (USA) 11.6; HJ: Montgomery (USA) 5'5"/1.65, RAND 5'2"/1.57 (retired); LJ: White 20'7 $\frac{1}{2}$ "/6.28 (foul), foul, 20'0 $\frac{1}{2}$ "/6.11, foul, foul, 20'7 $\frac{1}{2}$ "/6.28, RAND 20'5"/6.22 (19'8"/5.99, foul, 19'9 $\frac{3}{4}$ "/6.04, 20'4 $\frac{1}{2}$ "/6.20, 20'5"/6.22, foul), Welsh (Jam) 18'0 $\frac{1}{4}$ "/5.49; SP: Terry 31'2 $\frac{3}{4}$ "/9.52; DT: Gordon (Jam) 105'1"/32.03; JT: Sutherland (Jam) 110'7 $\frac{1}{2}$ "/33.72; 4x110: Commonwealth (Mair, Morris, Smith, Rand) 47.2, USA (White, Davis, Terry, McGuire) 47.7.



Gaston Roelants (Belgium) wins the 2 miles at Edinburgh from Tom O'Riordan (RoI).

Mark Shearman

SWEDEN: ANOTHER TRIUMPH FOR HAGG'S SUCCESSOR

New star "Esso" Larsson continues to revive memories of Gunder Hagg's legendary exploits. His latest triumph was over 3,000m in Stockholm on August 6th when he outkicked Friedrich Janke (EG) in 7:58.8, a Swedish record. His second 1,500m occupied only about 3:56. At the same meet, European champion Gaston Roelants (Belgium) went close to the world steeplechase record with his best ever time of 8:31.2. Hermann Buhl (EG) might even have beaten him, but he fell at the last jump to finish 2nd in 8:37.6. Roelants led at the half-distance in 4:16.8.

July 20th, Larvik. HJ: K-A. Nilsson 6'11 $\frac{1}{8}$ " / 2.11.

July 21st, Sundsvall. HT: Asplund 207'7 $\frac{1}{2}$ " / 63.28.

July 25th, Karlstad. HJ: Nilsson 6'9 $\frac{3}{8}$ " / 2.08.

July 31st/August 1st, Gothenburg. Nordic Championships:—100m: Bunaes (N) 10.6; 200m: Fernstrom (S) 21.9 . . . 3, Simonsen (N) 22.1; 400m: Fernstrom 47.5; 800m: Niemela (F) 1:49.7, Salonen (F) 1:50.0; 1,500m: Salonen 3:49.0, Larsson (S) 3:49.7; 5,000m: Larsson 14:15.0; 10,000m: Karlsson 30:10.8; Mar: Oksanen (F) 2:22:01, Pystynen (F) 2:22:07, Valle (F) 2:23:40; 3,000mST: Persson (S) 8:50.2, Siren (F) 8:51.6; 110mH: Weum (N) 14.9; 400mH: Tuominen (F) 52.4; HJ: Pettersson (S) 6'11 $\frac{1}{8}$ " / 2.11, Nilsson (S) 6'9 $\frac{3}{8}$ " / 2.08, Hellen (F) 6'8 $\frac{1}{2}$ " / 2.05, Olafsson (I) 6'8 $\frac{3}{8}$ " / 2.05; PV: Nikula (F) 15'5 $\frac{1}{2}$ " / 4.72, Laitinen (F) 15'5 $\frac{1}{4}$ " / 4.72, Ankiö (F) 15'1" / 4.60; LJ: Eskola (F) 25'1 $\frac{1}{4}$ " / 7.65; TJ: Tamminen (F) 50'9 $\frac{3}{8}$ " / 15.49; SP: Bang-Andersen (N) 56'11" / 17.35; DT: Haugen (N) 173'6" / 52.88; HT: Asplund (S) 200'4" / 61.06; JT: Nevala (F) 258'11 $\frac{1}{2}$ " / 78.92, Pedersen (N) 257'3 $\frac{1}{2}$ " / 78.43; Dec: Kahma (F) 7,034, Thorlaksson (I) 6,931; 4x100m: Finland 41.0 (rec); 4x400m: Sweden 3:16.1; Points: Finland 225 $\frac{1}{2}$, Sweden 131, Norway 87 $\frac{1}{2}$, Denmark 19, Iceland 8.

Women's 100m/200m/80mH: Wieslander (S) 11.9/24.4/11.1 (eq. rec); 400m: Hivisto (F) 57.2; 800m: Strandberg (S) 2:18.2; HJ: Larsson (S) 5'4 $\frac{1}{8}$ " / 1.63; LJ: Cederstrom (S) 19'3" / 5.87; SP: Halkier (D) 44'11 $\frac{1}{2}$ " / 13.70; DT: Freivald (S) 158'1" / 48.18; JT: Thorvaldsen (N) 164'4 $\frac{1}{2}$ " / 50.10; Pen: Hansen (D) 4,513 (LJ—19'11" / 6.07, rec); 4x100m: Denmark 47.4 (rec), Sweden 47.7 (rec), Finland 47.9 (rec). Points: Sweden 104, Finland 84, Denmark 53, Norway 17, Iceland 0.

August 3rd, Halsingborg. 400m: Fernstrom 47.3; HJ: Nilsson 6'10 $\frac{1}{2}$ " / 2.09, Pettersson 6'9 $\frac{3}{8}$ " / 2.06; PV: Laitinen (Fin) 15'7 $\frac{1}{2}$ " / 4.76.

August 6th, Stockholm. 100m: H. Jones (USA) 10.5, Foik (Pol) 10.7; 400m: Pennewaert (Bel) 47.4; 1,500m: Baran (Pol) 3:44.6, Salinger (CSR) 3:45.5; 3,000m: Larsson 7:58.8 (rec), Janke (EG) 7:59.8, Tomas (CSR) 8:02.6, Hellmich (CSR) 8:03.6; 3,000mST: Roelants (Bel) 8:31.2 (rec), Buhl (EG) 8:37.6, Persson

8:42.6, Fishback (USA) 8:55.4; 110mH: Jones 14.1; HJ: Nilsson 6'9 $\frac{3}{8}$ " / 2.08, Pettersson 6'8 $\frac{1}{2}$ " / 2.04, Czernik (Pol) 6'8 $\frac{1}{2}$ " / 2.04; PV: Morris (USA) 16'1" / 4.90, Ankiö (Fin) 15'7" / 4.75; TJ: Schmidt (Pol) 52'9 $\frac{1}{2}$ " / 16.09; HT: Connolly (USA) 219'10 $\frac{1}{2}$ " / 67.02, Thun (Aus) 217'7 $\frac{1}{2}$ " / 66.33.

AUSTRALIA: CLARKE WINS MARATHON

Ron Clarke, who was unofficial world junior mile record holder (4:06.8) early in 1956, stepped up the distance scale to win the Victorian Marathon Club's annual marathon in Melbourne on July 27th in the smart time of 2:24:38. Clarke (26), whose time is the 5th fastest yet run by an Australian, battled strong winds to win easily from John Coyle (2:33:46) and Norman Duff (2:34:56).

In Sydney earlier, Albert Thomas won the N.S.W. State marathon title in 2:29:00.2, from Stan Chorlton (2:33:17) and R. McKinney (2:33:00.4).

Noel Freeman, 1960 Olympic silver medalist, won the Australian 20km road walking title in Melbourne on July 27th, clocking 1:36:37.6 on the wind-buffed course. Rhodes scholar Dr. Peter McCullagh was 2nd in 1:38:35.6 and Bob Gardiner 3rd in 1:39:44.2. Freeman had earlier won the Victorian State 10km track title in 46:17.0 and the 10 miles track title in 1:18:58.4.

Mr. Len Curnow has been appointed general manager of Australia's 1964 Olympic team and Mr. Julian Patching assistant general manager.

Joe Galli

FRENCH GIRLS BEAT DANES

France beat Denmark 64-53 in a women's match in Copenhagen on July 21st. Results included:—100m: Hardrup (D) 11.7, Guenard (F) 11.7; 200m: Hardrup 24.4, Lurot (F) 24.4; 80mH: Guenard 10.9w, Hansen (D) 11.0, Canguio (F) 11.0; LJ: Hansen 19'3 $\frac{1}{2}$ " / 5.88.

There was some spectacular long jumping at The Hague on July 21st when Cor Bakker (18), from the Netherlands, cleared 20'9 $\frac{1}{2}$ " / 6.34 and Claude Bouix 20'6 $\frac{1}{2}$ " / 6.26 for a French record.

DARTFORD HARRIERS

4th Annual

6 x 3 $\frac{1}{2}$ MILE ROAD RELAY

For the J. & E. Hall Cup

SATURDAY, 14th SEPTEMBER, 1963

Prizes for 1st Team. Prize for Fastest Lap. Entry fee 5/- per team.

Entries to R. H. Drew, "Broomfields", Common Lane, Wilmington, Kent.

Race Walking

VIDIARIANS "25": The London Vidarians' Walking Club unexpectedly had four Champions in the field for their annual 25 miles at Mitcham. Pride of place must go to the European and Italian 50km Champion, Abdom Pamich, who was in London last weekend, and opposed to him were our own National Champions Ray Middleton (50km), Paul Nihill (20 Miles) and John Paddick (Junior). Nihill took an early lead but was caught and passed by Pamich around nine miles and the Italian went ahead to set a new course record of 3 hrs. 23 mins. Middleton, who finished third, was never in contact with the leaders, and seemed content to leave it to Nihill to attack Pamich for the honour of first place. John Paddick walked well to get within 15 seconds of Middleton. Scoring three a-side, Belgrave Harriers beat their neighbours Surrey W.C. by 10 points and the promoting Club held off a challenge by Woodford Green for third place.

"Lugano Cup" News: Sweden met Denmark at Friedrikstad (Norway) last weekend but the results were not received in time for inclusion here. This zone match was incorporated with the annual Scandinavian Championships. Sweden are the likely winners although they were recently beaten by East Germany in a 20km and 25km Match at Karlskrona. It is now learnt that the venue for next month's zone match, France v. Gt. Britain, will be Challes les Eaux which is a few kilometres from the town of Chambéry, and it is expected that the B.A.A.B. will have announced our team by the time this appears in print. If Italy qualifies in their zone for the Final at Milan in October they may be without their star, Pamich, as he has received an invitation from the Japanese to compete in their big pre-Olympic Meeting in Tokyo which clashes with the Lugano Cup Finals.

The Winter Programme: Details are now available of many of the major events for the coming season and a provision list up to the New Year is:—

- Sept. 7: Surrey W.C. Open "Brighton" 53 Miles. 7.0 a.m., Westminster.
- 14/15: IAAF "Lugano Cup" Zone Competition. France v. Gt. Britain, Chambéry.
- 14: "Hinckley Times" Open Youth/Junior/Boys' Walks, 3.0 p.m.
R.W.A. Welsh Area 7 Miles Championship & Open, Cardiff.
Woodford Green A.C. Open 5 Miles, Woodford Bridge, 3.0 p.m.
- 21: RWA Annual General Meeting, Polytechnic, London, 3.0 p.m.
Highgate Harriers "One Hour"

by L. W. Woodcock

- Track Walks, Parliament Hill, 1.0 p.m.
- "Dick Hudson's" Open 8½ Miles, Bradford, 3.30 p.m.
- 29: 12 Parishes Walk, 27.4 Miles, Jersey.
- Oct. 5: Leicester W.C. Open 7 Miles, Leicester, 3.0 p.m.
- 12: Trowbridge A.C. "Chippenham to Calne" Open 6 Miles, 3.30 p.m.
- 12/13: IAAF "Lugano Cup" Finals, Milan.
- 19: R.W.A. National 3 Miles Youth and 5 Miles Junior Champs., Bat-tersea Park.
- 26: Highgate Harriers Open 7 Miles, Parliament Hill, 3.0 p.m.
- Nov. 9: Enfield A.C. Open 7 Miles, Enfield, 3.0 p.m.
- 23: Belgrave Harriers Open 7 Miles, Wimbledon, 3.0 p.m.
- Dec. 7: Cambridge Harriers Open 7 Miles, Eltham.
- 14: Surrey W.C. Open Youth and Junior Walks, South Croydon.

continued on page 27



Dennis Read (Steyning) winning the Hastings to Brighton Walk in 5hr. 41m.

Sportsview photo

WEST GERMANY 109

GREAT BRITAIN 75 $\frac{1}{2}$

GREAT BRITAIN 101 (Men)

WEST GERMANY 63 $\frac{1}{2}$ (Women)

Melvyn Watman reports from White City, August 23rd/24th

RARELY has an international match generated as much excitement as this latest of encounters between Britain and West Germany at the White City. On the men's side it was practically level pegging all the way until, in the closing stages, the 5,000m result placed the issue beyond doubt in the visitors' favour. The British girls, led by Mary Rand and Dorothy Hyman, quickly made up the overnight deficit of one point to win by the handsome margin of 12 points. No world records this time, but a pleasing crop of U.K. records and personal bests more than sufficed; and it was a tonic to watch the fighting spirit of 90% of the British team. Several great breakthroughs were achieved: notably by Berwyn Jones and Dave Jones in the sprints, Adrian Metcalfe in the 400m, Stan Taylor in the 1,500m and—perhaps most admirable of all—John Cooper again in the 400m hurdles. The list of heroes must also include the name of Don Taylor, favoured to win the 10,000m—but not in such a marvellous time. Taken as a whole, though, the meeting belonged to Mary Rand, who contributed no fewer than 15 points plus a leg in the winning relay team, and who picked up two U.K. records along the way.

Friday, August 23rd

After an evening filled with high drama, the position was that the British men's team led by a single point (58-57) and the girls were trailing by the same margin (27-28). There was an attendance of 6,000.

WOMEN'S PENTATHLON

A personal tragedy (fortunately it did not affect the outcome of the match) befell Mary Peters in the third event, the high jump. The leader after two events with 1,872 points, Mary suffered the excruciating experience of failing three times at her opening height of 4'10 $\frac{1}{2}$ "/1.48 and thus scoring no points at all instead of the 900-odd that might have been expected of a 5'4"/1.63 performer. It's easy to be wise after the event and blame Mary for not trying a lower height first as a safety precaution, but as she cleared 1.48 without trouble while warming up Mary could hardly have anticipated any difficulty with this modest height in the competition itself. A nerveless Mary Rand, however, went on to clear 5'4 $\frac{1}{2}$ "/1.63—her best for three years.

Positions after 3 events: 1, MARY RAND (GB) 2,725 pts. (80mH—11.1w, SP—33'2 $\frac{1}{2}$ "/10.12, HJ—5'4 $\frac{1}{2}$ "/1.63); 2, HANNELORE

KEYDEL (WG) 2,702 (11.9w, 44'2"/13.46, 4'11 $\frac{1}{2}$ "/1.51); 3, MARIA HAAS (WG) 2,680 (11.7w, 39'11 $\frac{1}{2}$ "/12.18, 5'0 $\frac{3}{8}$ "/1.54); 4, MARY PETERS (GB) 1,872 (11.5w, 42'0 $\frac{1}{4}$ "/12.81, —).

HAMMER

Howard Payne, who can always be relied upon to produce something close to his best on the big occasion, obliged once again. Hans Fahsl never came close to Payne's 205'7 $\frac{1}{2}$ "/62.68 after the second round.

1, HOWARD PAYNE (GB) 205'7 $\frac{1}{2}$ "/62.68 (193'9 $\frac{1}{2}$ "/59.07, 205'7 $\frac{1}{2}$ "/62.68, 198'1"/60.37, 198'4 $\frac{1}{2}$ "/60.46, 200'4"/61.06, 197'1"/60.07); 2, HANS FAHSL (WG) 202'2 $\frac{1}{2}$ "/61.64; 3, SIEGFRIED PERLEBERG (WG) 192'3"/58.60; 4, JOHN DUTTON (GB) 176'11"/53.93 (foul, 176'11"/53.93, 173'2"/52.78, foul, foul, foul).

LONG JUMP

Wolfgang Klein, who was only just behind Ralph Boston and Darrell Horn in Hannover, was given a tremendous fight by British skipper John Morbey, making his final international appearance before leaving for the West Indies. He opened with 25'1 $\frac{1}{2}$ "/7.66w and in reply to Klein's windy 25'5"/7.75 in the 2nd round he jumped to a U.K. record equalling 25'4"/7.72 (nil wind) in the 4th. He also reached 25'10"/7.87 off a 3" foul. Lynn Davies produced his best for the year to take 3rd place comfortably.

1, WOLFGANG KLEIN (WG) 25'5"/7.75 (23'6 $\frac{1}{2}$ "/7.18, 25'5"/7.75, 25'1"/7.65, 25'0 $\frac{1}{2}$ "/7.63, 23'7 $\frac{3}{8}$ "/7.21, 24'9"/7.54); 2, JOHN MORBEY (GB) 25'4"/7.72 (equals U.K. record; new A.A.A. National record) (25'1 $\frac{1}{2}$ "/7.66, 24'10"/7.57, foul, 25'4"/7.72, foul, 24'3 $\frac{3}{8}$ "/7.41); 3, LYNN DAVIES (GB) 24'9"/7.54 (foul, foul, 24'9"/7.54, foul, 24'1 $\frac{1}{2}$ "/7.35, foul); 4, JOSEF FREUND (WG) 24'1 $\frac{3}{8}$ "/7.36.

HIGH JUMP

A dull and disappointing competition, at least from a British point of view.

1, INGOMAR SIEGHART (WG) 6'6 $\frac{3}{8}$ "/2.00; 2, HERBERT HOPF (WG) 6'6 $\frac{1}{2}$ "/2.00; 3, CRAWFORD FAIRBROTHER (GB) 6'4 $\frac{3}{8}$ "/1.95; 4, GORDON MILLER (GB) 6'2 $\frac{1}{2}$ "/1.90.

WOMEN'S 100m HURDLES

The German girls offered little in the way of a challenge—not surprising in view of the speed generated by Mary Rand and Pat Nutting. Mary's winning time of 13.3 equalled the best on record for this experimental event (set earlier in the month by Nilia Kulkova, USSR) but she had a wind of 4m/sec. behind her.

1, MARY RAND (GB) 13.3; 2, PAT NUTTING (GB) 13.5; 3, URSULA OPITZ (WG) 14.0; 4, JUTTA STOCK (WG) 14.1.

100 METRES

Another misfortune struck the British team when Ron Jones pulled a muscle at full speed and hobbled the final few yards. He was just in the process of unleashing his finishing drive, but even so it is unlikely he could have caught Berwyn Jones, who won clearly in a time equal to his personal best: 10.5. The wind was O.K. at 0.4m/sec. Alfred Hebauf, who shared 4th place in Belgrade and has turned in several marks of 10.3 and 10.4 this season, was unimpressive though he was observed to be limping after the race. Berwyn's list of defeated overseas opponents this season is indeed formidable: Antao, Questad, Gilbert and now Hebauf.

1, BERWYN JONES (GB) 10.5; 2, DIETER ENDERLEIN (WG) 10.6; 3, ALFRED HEBAUF (WG) 10.6; 4, RON JONES (GB) 10.8.

10,000 METRES

When Don Taylor set a personal best 6 miles time of 28:54.7 on the way to 3rd place in the A.A.A. 10 miles championship last April one realised that here was a man who had the ability to run 28 minutes or better before the season was over. This view was strengthened subsequently by his 28:26.4 performance (14:03.0 at 3M) at Billingham and his consistently fine marks at 3 miles. Nevertheless, his superb clocking of 28:52.4 for 10,000m came as something of a revelation. He broke away from Horst Flosbach shortly after 5,000m, reached in the blistering time of 14:20.0, and yet completed the second half of the race solo in 14:32.4. His final time shaved a fifth off John Merriman's U.K. record in the Rome Olympics and hoisted him to equal 12th (with Jozsef Kovacs and Zdzislaw Krzyszkowiak) on the world all-time list. It may be of some significance to note that only five men—Vladimir Kuts, Sandor Iharos, Pyotr Bolotnikov, Murray Halberg and Hans Grodotzki (what a glittering array!)—have ever run that fast in "solo" competition. The majority of great marks in this event have been accomplished either in major championships or close duels.

Grimby-born Taylor (27), a member of Herne Hill Harriers, covers only 35-40 miles a week in training and even on this low mileage he suffers pain from Achilles tendon and ankle injuries. On September 11th he will have completed one year of consecutive daily training. He said that before the race he didn't even know what the British record was for 10,000m but with some 600y to go John Morbey shouted that he had the record within his grasp.

Taylor, who led for all but two of the 25 laps, clocked the following for each 400m: 66.4, 68.0, 65.8, 67.4, 69.0, 68.4, 70.4, 69.8,



R. Carroll (R. of Ireland) winning the 880 yards at the Edinburgh Highland Games in 1:52.4 from No. 7, Bill Crothers (Canada) 1:52.6 and D. McLeane (R. of Ireland) 1:52.7.
Mark Shearman

70.0, 70.4, 69.8, 69.4, 68.4, 68.4, 70.8, 70.2, 71.0, 71.8, 72.2, 72.4, 70.0, 70.2, 72.0, 69.2, 61.0. His time at 6M: exactly 28 mins. The two Germans also set personal bests.

1, DON TAYLOR (GB) 28:52.4 (U.K. All-comers & National rec); 2, HORST FLOSBACH (WG) 29:25.8; 3, GERRY NORTH (GB) 29:55.2; 4, GUNTER NORDHAUSEN (WG) 30:23.4.

WOMEN'S SHOT

Suzanne Allday gained sweet revenge over Marlene Klein, the girl who prevented her winning the W.A.A.A. title for the 6th year running, in taking an unexpected 2nd place behind Sigrun Kofink.

1, SIGRÜN KOFINK (WG) 50'3"/15.31 (50'3"/15.31, 49'0¼"/14.91, 46'5½"/14.16, 48'1¼"/14.66, 46'3¼"/14.11, 46'8¼"/14.23); 2, SUZANNE ALLDAY (GB) 47'4¼"/14.43 (foul, 44'11¼"/13.71, 47'4¼"/14.43, 46'7¼"/14.22, foul, foul); 3, MARLENE KLEIN (WG) 47'2¼"/14.39; 4, MARY PETERS (GB) 43'11"/13.38 (39'11½"/12.18, 43'6¼"/13.27, 41'6¼"/12.66, 43'11"/13.38, 40'7"/12.37, 42'3¼"/12.89).

DISCUS

The British pair really excelled themselves. Roy Hollingsworth, fast becoming the Howard Payne of discus throwing, topped 180ft. for

the 5th successive meet and failed by inches only to topple Jens Reimers, a 193-footer. Mike Lindsay turned in a season's best and took care of 3rd place.

1, JENS REIMERS (WG) 180'11 $\frac{1}{2}$ "/55.15 (150'5 $\frac{1}{2}$ "/45.86, 176'9"/53.87, 179'1"/54.58, 173'1"/52.75, 180'11 $\frac{1}{2}$ "/55.15, 180'6 $\frac{1}{2}$ "/55.03); 2, ROY HOLLINGSWORTH (GB) 180'5"/54.99 (166'10 $\frac{1}{2}$ "/50.86, 168'1 $\frac{1}{2}$ "/51.24, 175'0 $\frac{1}{2}$ "/53.35, 180'5"/54.99, foul, 177'11 $\frac{1}{2}$ "/54.24); 3, MIKE LINDSAY (GB) 176'2"/53.69 (161'7"/49.25, 176'2"/53.69, 165'4 $\frac{1}{2}$ "/50.41, foul, 174'9 $\frac{1}{2}$ "/53.28, 173'8 $\frac{1}{2}$ "/52.95); 4, DIETER URBACH (WG) 164'7"/50.17.

WOMEN'S 800 METRES

The German girls were really in a class above their rivals, finishing practically abreast 10y ahead of Anne Smith, who ran stoutly for a personal best of 2:10.2. She was 2nd until Anita Worner overtook her on the last turn. The 400m time was 64.7.

1, ANITA WORNER (WG) 2:08.6; 2, ANTJE GLEICHFELD (WG) 2:08.6; 3, ANNE SMITH (GB) 2:10.2; 4, JOY CATLING (GB) 2:11.3.

110 METRES HURDLES

Mike Parker led for two flights, then Laurie Taitt edged ahead—only for Klaus Willimczik to slam both of them. Parker came again to take 2nd. The wind was 0.33m/sec.

1, KLAUS WILLIMCZIK (WG) 14.2; 2, MIKE PARKER (GB) 14.3; 3, LAURIE TAITT (GB) 14.3; 4, HINRICH JOHN (WG) 14.6.

800 METRES

A tactical error by the British couple resulted in the Germans taking unexpected maximum points. John Boulter realised that a first lap of 51-52 was required to burn off Manfred Kinder's stinging finish (remember, he ran a 44.7 400m leg against the Americans) yet instead of Alan Dean sacrificing himself for the cause we found Boulter leading the field in a fatally slow 56.3 at the bell. Sure enough, Kinder streaked by halfway along the finish straight with 19-year-old Arnd Kruger following in his slipstream. Two valuable points wasted.

1, MANFRED KINDER (WG) 1:48.5; 2, ARND KRUGER (WG) 1:48.7; 3, JOHN BOULTER (GB) 1:48.7; 4, ALAN DEAN (GB) 1:50.6.

WOMEN'S JAVELIN

Any hope that Sue Platt might win this one was immediately dispelled when, with her first throw, Anneliese Gerhards attained a personal best of 181'1 $\frac{1}{2}$ "/55.21—second best in the world this year. Sue took 2nd easily enough, but Rosemary Morgan was right out of touch.

1, ANNELIESE GERHARDS (WG) 181'1 $\frac{1}{2}$ "/55.21 (181'1 $\frac{1}{2}$ "/55.21, 167'10 $\frac{1}{2}$ "/51.17, 178'1"/54.28, 166'2 $\frac{1}{2}$ "/50.66, 168'6"/51.36, 165'6"/50.44); 2, SUSAN PLATT (GB) 169'5"/51.64

(169'5"/51.64, 160'8"/48.97, 156'7 $\frac{1}{2}$ "/47.74, 163'3"/49.76, 154'11 $\frac{1}{2}$ "/47.23, 156'10 $\frac{1}{2}$ "/47.81); 3, ALMUT BROMMEL (WG) 161'1"/49.10; 4, ROSEMARY MORGAN (GB) 138'6"/42.22 (foul, foul, 138'6"/42.22, 132'6"/40.39, 135'2"/41.20, 133'6"/40.69).

4x100 METRES

The Germans were right out of luck this time. A really tight race was in prospect until the Germans ran out of the box at the 2nd changeover. The British team continued in impeccable style and despite the absence of Ron Jones stopped the watches at 39.7 to break every record in the book other than world and European.

1, GB (PETER RADFORD, ALF MEAKIN, DAVE JONES, BERWYN JONES) 39.7 (Commonwealth, U.K. All-comers & National rec); WG (KLAUS ULONSKA, FRITZ OBERSEBRASSE, DIETER ENDERLEIN, ALFRED HEBAUF) disq.

WOMEN'S 200 METRES

Dorothy Hyman, in the 2nd lane, won by an enormous margin and one doubts whether even the regrettably absent Jutta Heine would have got close. There was not a breath of wind.

1, DOROTHY HYMAN (GB) 23.8; 2, DAPHNE ARDEN (GB) 24.7; 3, JOHANNA GAISER (WG) 24.9; 4, HELGA HENNING (WG) 25.1.

1,500 METRES

How glad I am to report, at last, a British success at this event. Stan Taylor and Ray Roseman between them lifted our middle-distance prestige a few notches by very nearly scoring a clean sweep. Harald Norpoth destroyed himself by charging through the third lap in 56.7 (2:02.3 at 800m, 2:59.0 at 1,200m) and all praise must go to Taylor for taking his chances. He closed on Norpoth around the final turn and swept majestically by along the straight. Roseman, fully 15y down on the German with 300m to go, put in a storming finish and only narrowly failed to pass his exhausted rival on the line.

1, STAN TAYLOR (GB) 3:43.4; 2, HARALD NORPOTH (WG) 3:44.4; 3, RAY ROSEMAN (GB) 3:44.4; 4, KARL EYERKAUFER (WG) 3:49.0.

400 METRES

The shock result of the evening was reserved for the final event. The visitors had clocked 46.0 and 46.3 in the recent W. German championships, while Adrian Metcalfe seemed to be static at around 47.3 for 440y. As it turned out, Metcalfe improved his season's best by just a tenth to 46.9 but this proved good enough for victory. The modest time in no way detracts from Metcalfe's excellent win, which after all is the general idea. Some of the credit, though, must surely go to Nick Overhead, who blazed the initial 300y from the outside lane before blowing up. His crack-

ing pace may well have upset the Germans. A big breakthrough can be expected from Nick any time now.

1, ADRIAN METCALFE (GB) 46.9; 2, JOHANNES SCHMITT (WG) 47.0; 3, JURGEN KALFELDER (WG) 47.1; 4, NICK OVERHEAD (GB) 47.9.

Saturday, August 24th

The weather was bright but very blustery, the wind reaching 8m/sec. at times along the finishing straight. A crowd of 10,000 watched an afternoon of intriguing competition.

WOMEN'S PENTATHLON

Mary Rand took only two long jumps in order to conserve energy, leaping 20'7 $\frac{1}{2}$ "/6.28 to bring her total to 3,776 with just the 200m to come. She needed 24.9 to beat her own U.K. record of 4,712 and in fact ran 24.8 for an aggregate of 4,726—a score beaten this year by only two girls: Tatyana Shchelkanova (4,863) and Jutta Heine (4,767). Technically, this mark was wind-assisted (4.4m/sec) yet the wind was so strong against the runners around the turn that the overall time must have been slowed by the conditions.

Mary Peters, though doomed to occupy last place, never gave up trying. She set a fine personal best in the long jump and placed 2nd also in the 200m. But for the high jumping mishap she would almost certainly have totalled over 4,500.

1, MARY RAND (GB) 4,726 (Commonwealth, U.K. All-comers & U.K. National rec) (LJ—20'7 $\frac{1}{2}$ "/6.28, 200m—24.8); 2, MARIA HAAS (WG) 4,282 (17'9 $\frac{1}{2}$ "/5.42, 27.2); 3, HANNELORE KEYDEL (WG) 4,261 (17'0"/5.18, 27.0); 4, MARY PETERS (GB) 3,611 (18'8 $\frac{1}{2}$ "/5.70, 26.3).

JAVELIN

With Colin Smith off form, John Greasley was left to fight the Germans himself; but even his final throw of 240'7 $\frac{1}{2}$ "/73.35 was well over 20ft. behind.

1, HERMANN SALOMON (WG) 265'7 $\frac{1}{2}$ "/80.97 (foul, 251'0"/76.50, 252'0"/76.81, 265'7 $\frac{1}{2}$ "/80.97, foul, 229'5"/69.92); 2, ROLF HERINGS (WG) 262'2"/79.91; 3, JOHN GREASLEY (GB) 240'7 $\frac{1}{2}$ "/73.35 (237'0 $\frac{1}{2}$ "/72.25, 224'8 $\frac{1}{2}$ "/68.49, foul, foul, foul, 240'7 $\frac{1}{2}$ "/73.35); 4, COLIN SMITH (GB) 223'5"/68.09 (209'1"/63.73, 223'5"/68.09, 219'8"/66.95, foul, 208'0 $\frac{1}{2}$ "/63.41, 207'11 $\frac{1}{2}$ "/63.38).

POLE VAULT

Wolfgang Reinhardt (20), who won the W. German title at 16'1 $\frac{3}{4}$ "/4.92, had to settle for a modest 14'9 $\frac{1}{4}$ "/4.50 after failing three times at 15'1"/4.60. Rex Porter once again came very close to his best, but Trevor Burton was below his.

1, WOLFGANG REINHARDT (WG) 14'9 $\frac{1}{4}$ "/4.50; 2, DIETER MOHRING (WG) 14'

5 $\frac{1}{4}$ "/4.40; 3, REX PORTER (GB) 14'1 $\frac{1}{2}$ "/4.30; 4, TREVOR BURTON (GB) 13'9 $\frac{1}{4}$ "/4.20.

400 METRES HURDLES

The scourge of Europe's hurdlers—that's John Hugh Cooper. Not content with thrashing Italy's Roberto Frinolli (best time: 50.5) and Salvatore Morale (49.2), he proceeded to whip the cream of Germany, Ferdinand Haas (50.0) and Helmut Janz (49.9). It just doesn't seem fair that Cooper's own best time should be "only" 51.0 but so long as he continues to defeat all comers he will be the last to worry about that. Cooper displayed a significant increase in flat speed the previous week by clocking 48.6 for 440y.

The windy conditions (which accounted for the times) seemed to upset the strongly built Cooper less than his rivals and he led practically from start to finish in the inside lane. He held a 4y lead over Haas at the 9th hurdle, which was reduced to 3y at the last barrier. The German produced a storming finish over the run-in but Cooper held on well to win by a yard in 51.6.

1, JOHN COOPER (GB) 51.6; 2, FERDINAND HAAS (WG) 51.7; 3, HELMUT JANZ (WG) 51.9; 4, TOM BRYAN (GB) 53.9.

WOMEN'S 100 METRES

Yet another wide victory for Miss Consistency herself, Dorothy Hyman. We are in danger of taking Dorothy's sprint wins for granted but let us not forget all the training, grit and sacrifice that has gone into her preparation. Dorothy is not just a good or very good sprinter—she is a truly great athlete. Her services to British athletics are beyond measure.

Just for the record, her achievements include a collection of four gold, four silver and two bronze medals won at Olympic, European and Empire Games (the best of any British athlete); the W.A.A.A. sprint double four times; 15 victories and 5 seconds in 23 international match races; world 4x110y relay record; European 100y and 200m records; numerous U.K. records. Two more feats are required to complete her catalogue of success: an Olympic gold medal and an individual world record. If determination and ability count for anything, the next 14 months should see the fruition of all her ambitions.

1, DOROTHY HYMAN (GB) 11.5; 2, DAPHNE ARDEN (GB) 11.8; 3, GUDRUN LENZE (WG) 11.9; 4, RENATE BRONNSACK (WG) 12.1. Following wind: 5.75m/sec.

WOMEN'S HIGH JUMP

Linda Knowles, bothered by a leg injury, managed 5'3 $\frac{3}{4}$ "/1.61 only at the last attempt but rose to the occasion once more by clearing 5'4 $\frac{1}{2}$ "/1.64 at the first try. Marlene Schmitz-Portz and Frances Slaap went over second time.

1, LINDA KNOWLES (GB) 5'4 $\frac{1}{2}$ "/1.64; 2, eq. MARLENE SCHMITZ-PORTZ (WG) &

FRANCES SLAAP (GB) 5'4½"/1.64; 4, RITA KORTUM (WG) 5'3¼"/1.61.

TRIPLE JUMP

Hans-Jorg Muller took full advantage of a 2m/sec. wind behind him to leap 52'1½"/15.89 in the first round—a personal best. He had only one other valid jump but neither Mike Ralph (a fine series) nor Fred Alsop was able to pull out the big one necessary.

1, HANS-JORG MULLER (WG) 52'1½"/15.89 (52'1½"/15.89, foul, foul, foul, foul, 50'3¼"/15.32); 2, MIKE RALPH (GB) 50'8½"/15.46 (50'8½"/15.46, 49'9¼"/15.17, 49'5¼"/15.07, 50'7"/15.42, 50'6"/15.39, foul); 3, FRED ALSOP (GB) 50'4"/15.34 (foul, 47'5"/14.45, 50'4"/15.34, 50'3¼"/15.33, 50'1¼"/15.27, foul); 4, MICHAEL SAUER (WG) 49'10½"/15.20.

JUNIOR 400 METRES

Another well judged run by A.A.A. junior champion Edmund Jenkins. 1, E. Jenkins 49.8; 2, I. Duckworth 50.3; 3, N. Palmer 50.6; 4, D. Read 51.0; 5, D. Campbell 52.0; 6, M. Priestley 53.0.

200 METRES

Dave Jones is an awfully tough customer to beat around the White City bends—and doesn't Alfred Hebauf (20.7 this year) know it. Peter Radford entered the straight just ahead but as he faded slightly Jones surged through to win in the excellent time of 21.0. The following wind was all of 8m/sec. but it must have been hard going around the turn.

1, DAVE JONES (GB) 21.0; 2, ALFRED HEBAUF (WG) 21.0; 3, FRITZ RODERFELD (WG) 21.2; 4, PETER RADFORD (GB) 21.2.

WOMEN'S 4x100 METRES

The British girls led all the way for an all-comers record of 45.1. The U.K. national record stands at 44.7, set in the 1956 Melbourne Olympics, though that mark seems destined to fall against Russia if not before.

1, GB (MADELEINE COBB, MARY RAND, DAPHNE ARDEN, DOROTHY HYMAN) 45.1 (U.K. All-comers rec); 2, WG (ERIKA FISCH, JUTTA STOCK, RENATE BRONNSACK, GUDRUN LENZE) 46.2.

BERNIE HAMES' MEMORIAL TROPHY HALF MARATHON RACE (13m. 96y.)

(Under A.A.A. Laws)

Saturday, September 21st, at 3.15 p.m.
From Essex Beagles H.Q. (Near "The Retreat"), Chigwell Row, Essex

AWARDS — Perpetual Trophies: Ind. Winner (Holder—L. G. Edelen, Chelmsford); Team Winners (Holders—T.V.H.). Medals first 3 ind. First 3 teams and first Veteran.

Entry Fee: 2/6 per person (Teams declared before race, 6 run, 3 score). On A.A.A. forms (indicating if Veteran) to: S. Robins, 5 Fallow Close, Chigwell, Essex.

Closing date Tuesday, 10th September

INVITATION 800 METRES

Great running, in the conditions, by Ireland's Noel Carroll and Chris Carter, of Hove. Ray Roseman was the early leader but at the bell (53.9) the massively built Carter led by 3y from Tony Harris, Mike Fleet and Carroll, the European half-mile record holder. Carter opened up against the wind along the back straight to lead by 6y over Carroll at 660y. He continued in front until 50y out when Carroll swept by to win by five yards in a fast 1:48.3. Carter's time was an admirable 1:49.1 (his fastest ever) and he is clearly the man to partner Boulter in the forthcoming matches.

1, Noel Carroll (RoI) 1:48.3; 2, Chris Carter 1:49.1; 3, Mike Fleet 1:50.0; 4, Stan Taylor 1:51.2; 5, Trevor Schofield 1:51.3; 6, Dick Romo (USA) 1:51.6; 7, Ray Roseman; 8, Alan Dean; 9, Tony Harris.

WOMEN'S 400 METRES

Superlative running by the British pair of Joy Grieveson and Ann Packer. Ann, running one lap for only the third time, left no doubt that she has found her true event at last. She went great guns from the 3rd lane and entered the long straight a good 5y up on Joy. For a while it looked as though she might hold on to win, but Joy unleashed a tremendous finishing drive to score in the remarkable time of 54.2. On a calmer day she might have been very close indeed to Maria Itkina's European record of 53.4. Ann was a brilliant 2nd in 54.4, compared with her best 440y of 55.1. The German girls were utterly outclassed, yet Margret Buscher has run 55.4 this season and Maisack 55.6!

1, JOY GRIEVESON (GB) 54.2; 2, ANN PACKER (GB) 54.4; 3, MARGRET BUSCHER (WG) 57.6; 4, E. MAISACK (WG) 58.9.

WOMEN'S DISCUS

Both the German girls were in exceptional form, which made Sue Allday's task hopeless. She did achieve her best distance for the season, though.

1, KRIEMHILD HAUSMANN (WG) 176' 11"/53.93 (169'11½"/51.80, 176'11"/53.93, foul, foul, foul, 161'10"/49.33); 2, LIESEL WESTERMANN (WG) 169'7½"/51.70; 3, SUZANNE ALLDAY (GB) 153'9"/46.86 (153'9"/46.86, foul, foul, foul, 148'1"/45.13, foul); 4, BRENDA BEDFORD (GB) 135'11½"/41.45 (129'3"/39.39, 123'4½"/37.60, 135'11½"/41.45, foul, foul, 122'2"/37.24).

JUNIOR 800 METRES

Hugh Barrow, 3rd at the bell reached in 55.0, eased into the lead at 600y but was passed by David Hogg in the last 40y. Both lads posted fast times. 1, D. Hogg 1:52.6; 2, H. Barrow 1:52.8; 3, M. Rothwell 1:54.5; 4, D. Wright 1:54.5; 5, J. Archer 1:55.9; 6, A. Sell 1:56.5; 7, T. Taylor.

5,000 METRES

It was a shrewd move on the German selectors' part to run Harald Norpoth, but even so one might have expected 1st and 3rd at the worst. Unfortunately, both Bruce Tulloh and Ron Hill suffered loss of form and Norpoth ran home an incredibly easy winner. Tulloh was out in front most of the way from the third lap onwards but, buffeted by the wind, was unable to shake off the persistent German. Norpoth went right away over the last 300m and covered the final lap in 60.2 against Tulloh's 67.8. Hill, dropped by the leading pair before the halfway mark, made up ground on Tulloh during the last lap.

1, HARALD NORPOTH (WG) 14:08.6 (13:41.8 at 3M); 2, BRUCE TULLOH (GB) 14:16.2 (13:45.8); 3, RON HILL (GB) 14:19.0 (13:51.0); 4, GOTTFRIED ARNOLD (WG) 14:34.0 (14:00.6).

4x400 METRES

The home team put up a brave show against an unbeatable (except by Americans) German squad. On the first leg Nick Overhead ran the finest lap of his career (47.3) only to find himself practically 10y down on Johannes Schmitt, who clocked a sizzling 46.3. The second leg was run at a far more leisurely tempo and Tim Graham (48.5) picked up a yard on Hans-Joachim Reske (48.6). Robbie Brightwell making his White City debut this season, ran with all his characteristic courage to clock 46.5 against Jurgen Kalfelder's 46.7. And so the great Manfred Kinder took off some 6y up on Adrian Metcalfe—a task that even Adolph Plummer or Henry Carr would shrink from. All credit to Metcalfe, then, for pulling out all the stops by getting to within 4y of him at the tape. His leg was 46.6, Kinder's 47.1. The German splits were taken as the baton passed the line each lap; the British times were taken by the N.U.T.S. for each man's individual 400m.

1, WG 3:08.7; 2, GB 3:09.1.

WOMEN'S LONG JUMP

Mary Rand, who can do no wrong this season, was much too good for the redoubtable Helga Hoffmann. All five of her jumps were way over 20ft., whereas the German girl had only one 20-footer (2nd round). Sheila Parkin also produced a magnificent series; her five valid jumps all over 6 metres. Her 20'2"/6.15 was a season's best, as a 20'3"/6.17 reported earlier was incorrect. The wind was below the limit for each athlete's best leap.

1, MARY RAND (GB) 20'10½"/6.36 (20'8½"/6.32, 20'10½"/6.36, 20'6¼"/6.25, 20'4¼"/6.20, 20'9½"/6.33, retired); 2, HELGA HOFFMANN (WG) 20'4¼"/6.21; 3, SHEILA PARKIN (GB) 20'2"/6.15 (19'11"/6.07, 19'9½"/6.03, 19'9"/6.02, foul, 20'2"/6.15, 19'11"/6.07); 4, LIESEL LUXENBURGER (WG) 19'9¼"/6.02.

SHOT

What a fighter Mike Lindsay is! Throughout

the competition he strove with all his might to surpass Dieter Urbach's opening put of 57' 10¼"/17.63 and with his very last effort he reached 58'1¼"/17.72 for a meritorious victory. Young Alan Carter, a replacement for honey-mooning Martyn Lucking, was rather out-classed in such company yet he did not become despondent. Instead he raised his personal best to a fraction under 54ft.

1, MIKE LINDSAY (GB) 58'1¼"/17.72 (56' 2½"/17.14, 57'6½"/17.54, 56'9¾"/17.32, 56'4¼"/17.19, 57'5½"/17.51, 58'1¼"/17.72); 2, DIETER URBACH (WG) 57'10¼"/17.63; 3, HEINFRIED BIRLENBACH (WG) 56'6¾"/17.24; 4, ALAN CARTER (GB) 53'11¼"/16.45 (50'7¼"/15.42, 50'3¼"/15.33, 53'11¼"/16.45, 52'3"/15.93, foul, 48'5¼"/14.78).

WOMEN'S 80m HURDLES

Pat Nutting excelled herself in splitting the German girls, both of whom boast considerably faster times than Pat herself. In a blanket finish the first three were all given 11.0—equal to Pat's personal best—with the favourite Erika Fisch only 3rd. Pat's performance, the finest of her career, points to a 10.8-10.9 clocking at the next favourable opportunity. Anne Charlesworth was a lonely 4th in 11.3, equal to her season's best. Anne is still far removed from her old form and I would like to see Mary Rand partnering Pat against the Russians. The wind was 1.3m/sec.

1, INGE SCHELL (WG) 11.0; 2, PAT NUTTING (GB) 11.0; 3, ERIKA FISCH (WG) 11.0; 4, ANNE CHARLESWORTH (GB) 11.3.

3,000m STEEPLECHASE

This race symbolised the aggressive mood of the British team at this stage of the match. Maurice Herriott and Ernie Pomfret—the strongest partnership since the days of John Disley and Chris Brasher—ran a most intelligent team race. They led alternate laps until Herriott broke clean away from the dangerous Ludwig Muller on the penultimate lap. At the bell he led by some 8y from Muller, with

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Pomfret another 5y back and 3y ahead of Manfred Letzerich. Herriott covered the last circuit in under 64 sec. for a comfortable win, while Pomfret, as game as they come, unleashed a tigerish burst that carried him past Letzerich and close to Muller.

1, MAURICE HERRIOTT (GB) 8:45.6; 2, LUDWIG MULLER (WG) 8:49.2; 3, ERNIE POMFRET (GB) 8:50.0; 4, MANFRED LETZERICH (WG) 8:50.8.

JUNIOR 100 METRES

As has happened so often this season, Bob Frith's start and pick-up carried him to a wide mid-race lead, with clubmate Andrew Ronay, closing fast at the end.

1, R. Frith 10.5; 2, A. Ronay 10.6; 3, R. Jolliffe 10.9; 4, R. Sedgwick 10.9; 5, J. Scarr 11.0; 6, M. Bell 11.0. Following wind of 5m/sec.

"EMSLEY CARR" MILE

Often the showpiece of these *News of the World* sponsored British Games, this year's race suffered as a result of the strong wind which must have cost the runners at least a second a lap. Peter Keeling led at 440 (59.5) from Dave Harvey, Brian Hall and Bill Crothers; and at 880 (2:02.0) it was Hall from Keeling, Malcolm Browne (a late addition to the field) and Crothers with Basil Clifford and John Whetton leading the rest nearly 10y behind.

Hall was still ahead at the bell (3:05.1). Browne was at his shoulder, Crothers 3y in arrears, Whetton, Keeling and Basil Clifford next in line some way back. Crothers, lowering his arms à la Kidd along the back straight,

waited patiently for his moment and at the start of the finishing straight he flew by Hall and Browne for a very easy win in 4:06.5, four seconds below his best. Hall was moderately impressive in 2nd place.

1, Bill Crothers (Can) 4:06.5; 2, Brian Hall 4:07.2; 3, Malcolm Browne 4:08.4; 4, John Whetton 4:11.7; 5, Peter Keeling 4:13.6; 6, Basil Clifford (RoI) 4:14.4; 7, Alan Simpson; 8, David Harvey.

SOUTHERN COUNTIES' A.A.A. INVITATION EVENTS

At Paddington, August 10th

880: (A) 1, R. Setti (Herne Hill) 1:54.2; 2, P. Standen (Brighton) 1:54.6; 3, R. Harvey (Croydon) 1:56.2; 4, F. Martin (RAF/Eastleigh) 1:56.6; 5, M. Still (Dartford) 1:56.9; 6, L. Woodley (Hercules) 1:59.1. (B) 1, T. Naish (Sutton) 1:56.8; 2, G. Whitton (Walthamstow) 1:57.0; 3, P. Smith (St. Albans) 1:57.1; 4, M. Heryet (Finchley) 1:58.4; 5, A. Cowan (Grafton) 1:59.9; 6, C. Beckwith (Hayes) 2:00.1.

1 Mile: (A) 1, J. Snowden (Surrey) 4:18.4; 2, R. Adams (Walton) 4:20.5; 3, D. Hoodless (TVH) 4:27.8; 4, J. Reynolds (Army) 4:28.6; 5, A. Sunderland (Shaftesbury) 4:32.0; 6, R. Duggan (Herc) 4:33.0. (B) 1, M. Browne (Ex. Beagles) 4:21.5; 2, T. Vincent (Bournemouth) 4:22.3; 3, D. Gibson (Surrey) 4:22.6; 4, H. Darbon (Shaft) 4:30.0; 5, D. Huffer (TVH) 4:36.6; 6, L. Whitehead (Hayes) 4:39.7.

FIXTURES

Erith A.C. are putting on the following:

Sun., Nov. 17, Open 10M-2M Relay, 10.45 a.m.
Sun., Dec. 15, Open 10M-2M Relay, 10.45 a.m.
Sun., Jan. 19, Open Track Meeting, 10.45 a.m.
Sun., March 8, Open Field Events, 10.45 a.m.

Erith A.C. also have cross-country matches at Erith on the following dates, when any club or individual will be welcomed. Clubs are asked, however, to write to Ron Gobey, 98 Axminster Crescent, Welling, Kent, in advance (2 weeks if possible).

Sat., Oct. 26, S & J 5M, Y & B 2M
Sat., Nov. 30, S & J 6M, Y & B 2½M
Sat., Feb. 8, S & J 7½M, Y & B 3M

Surrey A.A.A. will hold a Timekeepers' Test at Motspur Park on Sunday, September 15th. Candidates should be there by 10.30 a.m. and bring a 1/10th of a second timer which has been checked recently. Applications with fee of 2s. 6d. should be sent to T. H. Mendez, 1 Little Orchard, Woodham, Weybridge, Surrey.

The Kent County Decathlon Championship will be held on September 21st/22nd at Charlton Park, S.E.7, commencing 2.30 p.m. each day. Entries close, with fee 2/6, September 14th to H. C. Rogers, 292 Bexley Lane, Sidcup, Kent.

WARRINGTON ATHLETIC CLUB

3rd Annual

CHRIS VOSE ROAD RACE

7 MILES APPROX

(Under A.A.A. Laws)

Saturday, 28th September, at 3 p.m.

Start, Finish and Changing at Orford Sec. Mod. Boys' School, Long Lane, Warrington.

Last year's race attracted an entry of 184. 1961: R. Hill (Bolton). Team—Wallasey. 1962: R. Hill (Bolton). Team—Blackpool.

AWARDS—1st Ind. Prize valued £7 and Special Plaque; 2nd to 6th. Prizes valued £5, £4, £3, £2, £1. Teams (3 to score). First 3 teams 3 prizes, total value £9, £6, £3. Also special prize first Warrington runner.

ENTRY FEES—All runners must enter as individuals 2/6. Teams 10/-. All competitors in Team Race to be entered as individuals.

ALL ENTRIES on AAA Ind. and Team forms to C. J. Kelly, "Kals," 19 Chatsworth Ave., Culcheth, Lancs. (Tel: Culcheth 8136).

Entries close 14th September

Erith Trophy Meeting

At Erith Stadium, August 5th

1, Herne Hill 174 pts; 2, Cambridge H. 148; 3, Erith & Dist. 83; 4, Kent A.C. 50; 5, Woodford Green 39; 6, Hercules 19.

Seniors

100: 1, K. Agbo-ola (HH) 10.0; 2, M. Bonner (C) 10.2; 3, I. Ross (K) 10.3. **220**: 1, K. Agbo-ola 22.5; 2, M. Bonner 22.8; 3, K. Scott (HH) 23.1. **440**: 1, R. Stern (K) 49.6; 2, J. Marsh (H) 50.1; 3, F. Smith (WG) 50.3; 4, J. Stocking (C) 50.6; 5, D. Burke (E) 50.6. **880**: 1, A. Maxwell (WG) 1:56.8; 2, D. White (HH) 1:57.4; 3, E. Wilkins (E) 1:57.5; 4, D. Evans (C) 1:57.5. **Mile**: 1, A. Maxwell 4:24.0; 2, T. Keen (H) 4:26.5; 3, J. Oliver (K) 4:26.6. **3M**: 1, J. Gowan (HH) 14:33.0; 2, F. Maillardet (C) 14:35.0; 3, C. Mennie (C) 15:04.0. **Teams**: 1, Cambridge 9 pts; 2, H.H.H. 13; 3, Kent 27. **4x110**: 1, H.H.H. 43.9; 2, Camb. 45.0; 3, Erith 45.0. **HJ**: 1, J. Kadiri (HH) 6'6"; 2, L. Foster (C) 6'0"; 3, E. Ogunmekan (C) 5'8". **LJ**: 1, J. Howell (HH) 23'6"; 2, L. Crosson (HH) 23'3½"; 3, D. Burke (E) 22'8½"; 4, D. Hadler (C) 22'6½". **SP**: 1, J. Parson (K) 41'3½"; 2, R. Williams (HH) 39'11"; 3, P. Hillier (C) 36'8½". **DT**: 1, R. Williams (HH) 140'6"; 2, P. Hillier 139'11½"; 3, M. Flacke (HH) 124'0½". **JT**: 1, M. Turner (E) 182'6"; 2, N. Wilcock (C) 160'3"; 3, L. Foster 149'2".

Juniors

100: 1, D. Child (C) 10.5; 2, P. Hiscock (HH) 10.6; 3, G. Reed (WG) 10.6. **220**: 1, D. Bailey (WG) 24.0; 2, D. Childs 24.0; 3, P. Hiscock 24.2. **440**: 1, G. Reed 53.2; 2, C. Martin (K) 54.6; 3, R. Tibbott (HH) 55.1. **880**: 1, C. Blackmore (HH) 2:01.4; 2, R. Tibbott 2:02.8; 3, P. Millard (C) 2:03.0. **Mile**: 1, P. Millard (C) 4:35.1; 2, A. Herring (HH) 4:41.0; 3, R. Tibbott 4:53.1. **4x110**: 1, HHH 47.4; 2, Camb. 47.8; 3, Erith 50.0. **HJ**: 1, P. Lylle (HH) 5'6"; 2, A. Hammond (E) 5'4"; 3, B. Trott (C) 5'0". **LJ**: 1, P. O'Neil (HH) 20'5"; 2, A. Hammond 20'3"; 3, R. Moat (HH) 20'0". **SP**: 1, D. Tearle (C) 43'5½"; 2, P. Hillier 42'6"; 3, G. Barnes (E) 38'8½"; 4, G. Barnes (G) 38'8". **DT**: 1, P. Hillier 160'0½"; 2, D. Tearle 127'10"; 3, R. Trew (E) 124'3". **JT**: 1, D. Carley (E) 144'6½"; 2, A. Hadfield (E) 130'10½"; 3, R. Wilshire (HH) 120'7½".

Youths (Non-scoring)

100: A. Lansbury (HH) 11.0. **440**: A. Lansbury 55.1. **Mile**: T. Parkes (C) 4:50.0.

CHANGE OF ADDRESS

Details of Junior and Youth performances for N.U.T.S. lists being sent to Ian R. Smith, should be forwarded to new address: 70 Railway Road, Adlington, Nr. Chorley, Lancs.

Q.P.H. INTER-CLUB

At Paddington, August 10th

1, Brighton 68 pts; 2, Portsmouth 56; 3, QPH 38; 4, Southend 15. **100**: 1, D. Young (S) 10.2; 2, J. Knowles (B) 10.3. **220**: 1, D. Young 22.8; 2, G. Thomas (P) 23.3. **440**: 1, G. Thomas 50.4; 2, R. Barnes (P) 50.7; 3, C. Lindsay (Q) 51.8. **880**: 1, R. Romo (P) 1:55.6; 2, Cave (B) 1:56.0; 3, J. Morgan (Q) 1:56.5. **Mile**: 1, D. Fudge (P) 4:18.0; 2, P. Standen (B) 4:18.4; 3, D. Cooke (P) 4:30.5. **3M**: 1, J. Cooke (P) 14:26.2; 2, D. Cooke (P) 14:26.2; 3, F. Salvat (P) 14:45.0; 4, Luxford (B) 14:51.4. **Relay**: (440x330x220x110) 1, QPH 2:01.6; 2, Brighton 2:03.9; 3, Portsmouth 2:04.5. **HJ**: 1, Wilson (B) 6'0"; 2, Shorland (B) 5'4". **LJ**: 1, J. Howell (Guest) 21'1¼"; 2, J. Knowles 21'1". **SP**: 1, Shorland 34'8½"; 2, R. Drury (Q) 31'6". **DT**: 1, Wilson 94'10¼"; 2, G. Honour (Q) 81'5½".

GEEST TROPHY MATCH

August 10th

1, Spalding 163; 2, Lincoln T.C. 135; 3, Holbeach 130; 4, Lincoln Well. 80; 5, Peterborough 78; 6, Boston 51.

Norman Clarke won the 6 miles in 30.57. After a fast start (4.42, 9.41) he found the strong wind and lack of opposition too much and slowed considerably in the last 3 miles. In second place was Philip Romaine (31.45) having a rest from several hard mile races recently. Other marks: 100 (S) McAllister (LTC) 10.3; (J) Horner (LTC) 10.5; (Y) Woolerton (S) 10.4. **LJ** (S) Mitchell (P) 20'2". **SP** (J) Hall (S) 42'8½". **HJ** (Y) Andresson (S) 5'5¼". **HJ** (Girls) V. Hughes (H) 4'9½".

RACE WALKING continued

August 24th

London Vidarians 25M, Mitcham. 1, A. Pamich (Italy) 3:23.00 (course rec); 2, P. Nihill (Sy. WC) 3:27.00; 3, R. Middleton (Belg) 3:39.49; 4, J. Paddick (R. Sutton) 3:40.04; 5, K. Bailey (Belg) 3:42.18; 6, R. Clark (Poly) 3:46.18; 7, R. Hall (Belg) 3:46.27; 8, D. Vale (Sy. WC) 3:48.32; 9, D. Bartliff (Belg) 3:59.57; 10, R. Hyland (Vids) 4:00.37. **Teams**: 1, Belgrave 9; 2, Surrey W.C. 19; 3, London Vids. 27; 4, Woodford Green 30. **Vids. Champ**: 1, Hyland; 2, D. Hopkins; 3, D. Hill. **Vids. H'cp**: 1, A. Clark; 2, Hyland; 3, A. Stemp.

Highgate H. Luton-London 31¼M. 1, C. Fogg (Enfield) 4:59.00; 2, M. Holliman (H'gate) 5:06.12; 3, K. Easlea (Enfield) 5:09.58; 4, R. Powell (H'gate) 5:12.43; 5, C. Megnin (H'gate) 5:16.40; 6, F. Nickolls (Sy. WC) 5:17.50; 7, S. McSweeney (H'gate) 5:39.42; 8, R. Youldon (H'gate) 5:57.22; 9, C. Gittins (QPH) 6:06.13. **Highgate Champ**: 1, Holliman; 2, Powell; 3, Megnin. **Highgate H'cp**: S. McSweeney.

Advertise **YOUR** event and increase your entries

LANCASHIRE COUNTY AMATEUR ATHLETIC ASSOCIATION THE RED ROSE OPEN 20 MILES ROAD RACE

including
LANCASHIRE COUNTY CHAMPIONSHIP
(Under A.A.A. Laws)
The Lancashire President, Fred Norris,
sends his greetings from the U.S.A. to
all his fellow road runners, and has
donated a new Perpetual Trophy for
this event.

MORECAMBE
Saturday, 14th Sept., 1963, at 2.30 p.m.
Starting and Finishing on the Promenade.
Dressing Rooms at Morecambe Baths.
Four Laps Course

A W A R D S

OPEN RACE—
1st Prize Value £7.0.0. 2nd Prize Value
£3.0.0. 3rd Prize Value £2.0.0.

OPEN TEAM RACE—
1st Team: 3 Prizes Value £2.0.0 each.
2nd Team: 3 Prizes Value £1.0.0 each.

COUNTY CHAMPIONSHIP—
1st County Championship Badge and
Plaque. 2nd County Silver Medal. 3rd
County Bronze Medal.

Individual Entry Fee 2/6; Teams 5/-
CLOSING DATE—2nd SEPTEMBER, 1963
Entries to J. C. Rice, 42 Mimosa Road,
Liverpool 15.

CITY OF ROCHESTER 40th Annual FIVE MILES OPEN ROAD RACE

**TEAM INDIVIDUAL
AND INDIVIDUAL HANDICAP**
(Under A.A.A. Laws)

FROM FORT CLARENCE
St. Margaret St., Rochester
(nr. Rochester Castle)

SATURDAY, 16th NOVEMBER, 1963
at 3.0 p.m.

TEAM RACE (12 enter, 6 run, 4 score),
1st team, SIMMONDS CUP and four
Cups (Holders: Bristol A.C.). 2nd and
3rd teams—four medals. Also 1st "B"
team.

ENTRANCE FEE—10/- first team, 5/-
each additional team.

INDIVIDUAL RACE—1st man home
holds Willis Cup for one year, 1st, 2nd
and 3rd Scratch prizes. 1st, 2nd and
3rd Handicap prizes: Medal for first
unplaced man from Surrey, Sussex,
Middlesex, Essex, Kent, & 1st Veteran
over 40 years. Entry fee 2/6.

P.A.L. Trophy for athlete beating course
record.

HANDICAP. Entries on A.A.A. Handicap
forms 1/6. Competitors must also be
entered in Individual race. No Com-
petitor to take more than two prizes.

Closing date for entries, 1st post 2nd
November, 1963, to D. C. Ward, 23
Arthur Road, Rainham, Kent.

Every runner's County qualification
should be given.

4th Annual MIKE SULLY TROPHY AT ASHTON COURT Saturday, 21st September, 1963 5 MILE SENIOR— 2½ MILE YOUNG ATHLETES CROSS-COUNTRY

Individual & Team Prizes
Information:—P. Upsher, 18 Dormer
Road, Eastville, Bristol. Individual
entries: 2/6 Senior; 1/6 Young Ath-
letes; No Team Fee.

ST. ALBANS CITY ATHLETIC CLUB 8th Annual CROSS-COUNTRY RELAY Round the old city of Verulamium (Under A.A.A. Laws) (Six laps of approx. 2½ miles) Saturday, September 21st, 1963

In addition to the "Reg Corley" Trophy,
prizes for first 3 teams, first unplaced
'B' team, and fastest lap.
Full details from, end entries (on A.A.A.
forms) to P. J. Hopkins, 22 Valerie
Close, St. Albans, Herts. Entry fees:
10/- first, 5/- each extra team.
Closing date Monday, 9th September

WESTBURY HARRIERS 14th Annual Under A.A.A. Laws BRISTOL-WESTON & BACK ROAD RELAY RACE

EIGHT STAGES — TOTAL 42 MILES
For the W. D. & H. O. Wills Trophy and
Bristol Dairies' Cup. Awards for 1st
four teams, 1st local team, most im-
proved team, etc. Special award for
1st team with H.Q. over 100 miles from
Bristol.

Saturday, October 26th, at 12.30 p.m.
from Bristol Cathedral

Entries on A.A.A. team forms (fee 21/-
per team) to M. J. Parks, 31 Clyde
Road, Frampton Cotterell, Nr. Bristol.
Closing date Monday, October 7th

SURREY ATHLETIC CLUB 11th Annual CROSS-COUNTRY RELAY 6 laps of 2½ Miles And VETERANS' 4x2½ MILES C.C. RELAY (Under A.A.A. Laws) SATURDAY, 28th September, 2.30 p.m. From Latchmere Road School, Kingston-on-Thames

AWARDS—1st, 2nd and 3rd Teams. Win-
ning team to hold "J. W. Hunt" Cup.
Also first unplaced "B" team and three
fastest ind. laps. Veterans according to
entries.

Entry Fees: 7/6 first team, 5/- others.
Teams of 12 may enter.

Entries Close Sat., 16th Sept., to S. C.
Belton, 75 St. Phillips Avenue, Wor-
cester Park, Surrey. (Derwent 8607).