

# ATHLETICS WEEKLY

THE OFFICIAL ORGAN OF ATHLETICS IN GREAT BRITAIN  
CONTAINING THE OFFICIAL NOTICES OF THE A.A.A., W.A.A.A., B.A.A.B. AND E.C.C.U.



W. J. FERGUSON (A.A.A.) No. 104, winning the A.A.A. v. C. Services 220 *H. W. Neale*

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# A FIELD DAY FOR SHEILA

## At the Paignton Regatta Meeting

August 20th

**T**HE popular Paignton Regatta meeting was again visited by a small but quite successful A.A.A. team. Arthur Wint was missed after several years, during which he had made himself a great favourite with the West Country crowds, and Mac Bailey's withdrawal was a blow for the organisers, who deplored even more the dropping-out at the last moment of three of the four Spartan Ladies, including Sylvia Cheeseman and June Foulds.

This left 15-year-old Sheila Hoskin as the sole W.A.A.A. representative, and it will be a long time before Sheila forgets her first visit to Paignton, for she literally swept the board!

After taking the 100 open and 100 short limit in her stride, she found herself liberally treated in the 220 handicap and had a very easy win in that event too. Not content with this, Sheila also won an electric iron at the traditional Regatta fair which we visited in company with Mr. Jim Tremeer, nephew of the "grand old man," who, with his charming wife, so kindly looked after the young Spartan girl during her visit.

Bill Nankeville had a run in the 600 scratch and though having his first pain-free run for a couple of weeks or more, was unable to stop Les Lewis repeating his last year's win with a finely judged burst in the finishing straight. Day, of Poly and Cambridge University, ran well in this event, doing the early pacemaking and closing up on Bill Nankeville at the finish.

Wells (Woodford Green) ran a good "half" from a back mark, but found the repeat effort in the final a little too much. Wells and Day were none too well treated in the 440 handicap with 15 and 10 yards respectively, and found the handicap too much, though Day did qualify for the final.

Ken Jones ran in something like his old form to take the 100 short limit from Down (Leiston) and Merrett (Belgrave), who also took third place in the 220 final.

The open 440 was won by H. Connor (Waterloo H.), a strong and more than useful sprinter who, I understand, had a good day at Babbacombe the previous Saturday. Peter Perry (Exeter H.) won the 3 miles comfortably off the virtual

scratch mark of 100, and in the 15 miles road race, the West Country star, G. S. Roberts, carried too many guns for Goodsell (Walton) and Bott (Mitcham). What a pity Roberts is so far away from the popular distance events, for he would be a force to be reckoned with, and the former three miler, W. F. Courtney (Exeter), who was third, would do well if competing regularly in the distances.

D. K. Hancock (Paignton) and H. J. Hiscock (Plymouth Spartans) did well to break the record in the 75 and 150 yards Devon and Cornwall Women's Junior Championships, despite the track which, though nice to run on, was not conducive to fast times after the rain of the past few weeks.

R. Petitjean, the Manchester pole vaulter, was an easy winner of the open 100 with a liberal handicap of 10 yards. The local Torquay girl, M. Shakespeare, was handicapped out of all her races bar the short limit event in which she took third place. She was even set to give the absent Sylvia Cheeseman 1½ yards!

As usual, the organisation was first class and the hospitality everything that could be desired. Once again, a grand meeting!  
P.W.G.

### Invitation Events:

**100 Short Limit:** 1, K. Jones (Newport A.C.) 1½; 2, N. Down (Leiston Works) 2; 3, D. J. Merrett (Belgrave H.) 2; 10.0.

**100 Women's Short Limit:** 1, S. Hoskin (Spartan L) 7½; 2, M. Fenton (Plymouth S.) 4½; 3, M. Shakespeare (Torquay) 0½; 11.1.

**Devon and Cornwall 75 Yds. Junior Women's Championship.** 1, D. K. Hancock (Paignton); 2, H. J. Hiscock (Plymouth S.); 3, E. V. Hamlyn (Plymouth G.S.); 9.3 (record).

**Devon and Cornwall 150 Yds. Junior Women's Championship.** 1, H. J. Hiscock (Plymouth S.); 2, D. K. Hancock (Paignton); 3, V. A. Williams (Plymouth S.); 18.0 (record).

### Open Events, Men:

**100:** 1, R. Petitjean (Manchester A.C.) 10; 2, T. N. Cole (Plymouth S) 7; 3, R. Blondell (Plymouth S) 10½; 10.0; **220:**

*Continued on page 15*

# ATHLETICS

## WEEKLY

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**EVERY SATURDAY**

**AUGUST 30th, 1952**

**O**UR fine victory over France in both men's and women's matches last week-end, proves that despite the criticisms which have been levelled at our athletes and officials since the Games, Britain has advanced considerably in the last year or two.

Not that this is any reason for complacency, for other countries are advancing just as fast, some perhaps even faster, and if we are to retain, or improve, our position in world athletics, we must make sure and steady progress in the future.

Facilities will be our greatest need, for this is where we can make improvement. Not that this is the greatest factor in advancement in all events, but it is one of the greatest and one without which we cannot make very great progress. In middle and distance running the greatest factor is time for training. Many of the world's best are able to indulge in almost full time training, and that alone enables an athlete to reach a much higher standard than would normally be the case. Such ideal conditions are not likely to come the way of our athletes, so every other means of enabling them to reach their best possible form must be used.

Coaching is improving all along the line and the areas where no proper coaching is available are getting fewer year by year. My recent visit to Paignton brought home to me once more the great disadvantage suffered by not only the West Country athletes but many others who live far away from the chief centres of athletics. It is a tremendous handicap to be unable to compete regularly with athletes of the same class. This applies just as much to the fine prospects we have in out-of-the-way areas, as it does to our internationals. Running from virtual scratch in handicaps is a poor substitute for regular competition in good scratch races.

The same applies to other events. In the backward areas less first-class coaching is available and the local athletes

have the added disadvantage of being unable to compete with and watch others who have reached a high standard.

Much planning and foresight will be needed to overcome these, and other problems which must be tackled if we are to keep pace with world improvement in athletics.

### **Correction.**

Many thanks to the readers who wrote to point out the errors in connection with last week's photographs. I will admit quite frankly that at the height of the track season we do, with our limited "staff," have the greatest difficulty in keeping pace with things.

At this time of the year we get very tired and somewhat jaded, and it is then that the human element comes in and mistakes crop up, or others, not of our making, are not put right.

This is really one of the main reasons for my annual pilgrimage to the Paignton meeting, as it is usually the nearest to an annual holiday I can manage, and the day and a half with our West Country friends is as good a tonic as one could have.

I think readers realise that we do endeavour to ensure the greatest possible accuracy above all else, and should we make any errors, we do not hesitate to correct them in future issues. More than this we cannot do.

### **Veteran**

I hear Thames Valley are very proud of one of their members who left the club a quarter of a century ago, raised a family, and last year decided to rejoin. Despite his lengthy period of inactivity, 56 year-old Ernie Simmonds this season ran in most of the long distance road races and, though these events attract very large fields these days, he was in the 40's or 50's in all except the A.A.A.-Poly marathon, in which he finished 72nd. No wonder T.V.H. are proud of him!

THE EDITOR

# Readers' Letters . . .

## A FINAL WORD ON THE OLYMPICS

The Editor,  
"Athletics Weekly,"

Dear Sir,

We seem to have reached the stage of general recriminations and abuse now that the track results of the Helsinki Games are known. All are being pilloried—the Press, the B.B.C., Local Authorities, the British Amateur Athletic Board and Amateur Athletic Association Officials, our Coaches and Athletes. Even the Editor has entered the lists with an unforgivable smear as a footnote to the letter from R. A. Olver in the last issue.

We must surely get a sense of proportion. Our Athletic Team left for Helsinki filled with the desire to give of their best and if possible to bring back some Olympic titles. They did indeed fail to get even one gold medal, but all interested in athletics know and appreciate what a fine show they put up, and consequently how high Great Britain rates in World athletics.

As for the Press, some reporting was good and some lamentable. But wasn't that just what we should have expected? We knew certain sections of the Press, interested more in stories than in athletics, were sending Pressmen with little athletic knowledge. It is regrettable that certain articles were published, but surely we have now made our case, and it is to be hoped that attention has been paid to it. We need the support of the Press, and abuse will not produce it.

We must now learn from our experiences in Helsinki, and it is no good crying for the moon. We, in this country, it has been said, taught the World to play and the rest of the World are quick learners, and in many cases have left their old master behind. We must be realists and understand what systems of sport in other countries we are up against. And don't be misled that these other systems are rotten with shamateurism, because they are not.

Firstly, we have the Inter-Collegiate system of the U.S.A. Think how our own standards would improve if we trebled our population and if there were countless secondary schools and 200 Oxford and Cambridges in this country,

all with magnificent facilities and coaches—as well as the best of our Clubs. The U.S.A. with this system, and their white-hot standard of competition, cannot fail to produce the results.

Then there are those countries where the State controls sport, and supplies the facilities and finances. Sport is considered a matter of National prestige and is made a "business," but within the rules of amateurism.

Finally, there are those other countries where sport is still a recreation, and among these countries is our own—and long may it be so. Several countries from this group put up an excellent showing, particularly those from the Commonwealth and Empire; but inevitably we are at some disadvantage compared with the first two groups. We haven't the same facilities; we haven't the money to build them; nor, as a general rule, have our Governing Bodies the funds to develop their sport or to provide full facilities for the training of the Olympic Teams. We cannot expect the glut of gold medals that the Inter-Collegiate system must produce. We still have, however, much slack to take up in our own system. Somehow or other sport must not be hamstrung by lack of funds and lack of facilities. Even if we can't have cinder tracks, we have the best grass in the World and can surely have enough grass tracks. New Zealand and Australia between them probably have only half a dozen cinder tracks. We need more coaches in schools and clubs, and more Senior Coaches which we are getting. Particularly must we encourage the schools to turn out the enthusiastic talent we require, and make certain that the clubs know how to handle this talent.

There is no cause for despondency. Great Britain's athletic team distinguished itself in Helsinki. We should now take stock of our position, and lay careful plans for the future.

K. S. Duncan.

I admit quite frankly that I did not appreciate the implications which might be placed on what was intended as a quip, but I can assure Sandy Duncan, certainly not a "smear."  
—Ed.

The Editor,  
"Athletics Weekly,"

Sir,

The shortage of first class running tracks and all facilities for training is too well known to warrant stressing here. There is one matter, however, that I regret to say is seldom voiced.

In my view it would be of the greatest value to all participants, and followers of Athletic Meetings, Cross Country Races, etc., if these took place on a Sunday.

The reasons are many and varied, but chiefly this would enable runners and walkers to have a good night's sleep prior to racing, and to travel more leisurely to the venue, and also enable followers and supporters to be accompanied by their families, and have a less hurried and more enjoyable time. Just visualise the great improvement this would be in the winter.

In support of this I would remind you of the many who still have to work on Saturday mornings, and as a consequence sometimes are unable to participate for their team because they cannot arrive in time. It would also avoid having to lose wages for work time lost.

I feel that by comparison with Continentals we suffer always in this respect, and that no opposition should be forthcoming from religious organisations, as their followers would not be increased or diminished because of Athletic Meetings.

The suggestion I have just made would appear somewhat revolutionary, but I trust when fully examined it will be agreed that it would be a great step forward in the best interests of all concerned.

Yours truly,

A. E. Blatchford

In last week's issue, the photograph of Charlie Moore showed him winning the B.E. v. U.S.A. match in 51.9 and not the British Games event. This error was due to a last minute change of photographs without a corresponding change of captions. In the photograph of the world-beating U.S.A. 4 x 440 yards team, the caption supplied with the photograph gave the athletes incorrectly. It should have read — Pearman, Cole, Whitfield and Mashburn.

**Olympic Games Photographs 10d. each**

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# OVERSEAS NEWS

By H. E. D. O'Neill

## 29th July, Stockholm—

**200M:** 1, Stanfield (USA) 20.9; 2, Geister (Germany) 21.6; 3, Laine (Jamaica) 21.6. **400M:** 1, McKenley (Jam.) 46.9; 2, Rhoden (Jam.) 47.4; 3, Cole (USA) 47.7. **1500M:** 1, Barthel (Lux) 3:49.6; 2, Aberg (Swed.) 3:49.8; 3, I. Eriksson (Swed.) 3:50.0. **5000M:** 1, Albertsson (Swed.) 14:18.6; 2, Mihalic (Jugoslav) 14:20.8. **110H:** 1, Dillard (USA) 14.0; 2, Loriger (Jugoslav) 15.3. **LJ:** 1, Biffle (USA) 23'9"; 2, Dasa (Brazil) 23'2". **HT:** 1, Storch (Germany) 191'3"; 2, Gubijan (Jugoslav) 180'0". **J.T.:** 1, Young (USA) 229'0½"; 2, Bengtsson (Sweden) 228'6½". **4 x 100m. Relay:** 1, U.S.A. 41.2.

## 29th July, Lahti:—

**200:** 1, Haraldsson (Iceland) 22.1; **800:** Muroya (Japan) 1:52.7 (Jap rec.). **1500:** H. Ashenfelter (USA) 3:59.8. **5000:** H. Ashenfelter (USA) 15:9.6. **400H:** Hilli (Finland) 53.9. **3000S.C.:** Takahashi (Japan) 9:17.8. **PV:** Bryngeirsson (Iceland) 13'1½". **HSJ:** 1, Lehto (Finland) 48'2¼"; 2, Jimuro (Japan) 48'2". **D.T.:** Lowe (Iceland) 148'3½". **J.T.:** Nikkinen (Finland) 225'2". **110M:** Barnard (USA) 14.6.

## 29th-30th July, Turkey—

1st Day—**100M:** Baker (USA) 10.7. **400M:** 1, Matson (USA) 47.7; 2, Back (Finland) 48.1. **1000M:** 1, Vaharanta (F.n) 2:24.0; 2, Pystynen (Finland) 2:24.4. **5000M:** 1, Schade (Germany) 14:19.2; 2, S. Lundgren (Sweden) 14:48.2. **110H:** 1, Davis (USA) 14.3; 2, Ashbaugh (USA) 14.6. **HJ:** 1, Soter (Roumania) 6'6¾"; 2, Betton (USA) 6'2¾". **S.P.:** 1, Fuchs (USA) 51'4½"; 2, Koivisto (Finland) 48'2¼". **D.T.:** 1, Consolini (Italy) 175'0"; 2, Tosi (Italy) 164'2"; 3, Fuchs (USA). **HT:** 1, Nemeth (Hungary) 190'10"; 2, Kuivamaki (Finland) 177'1". **4 x 100M:** 1, USA 42.3.

(2nd Day) — **200M:** 1, Baker (USA) 21.5; 2, Matson (USA) 21.7. **800M:** 1, Cleve (Germany) 1:52.7; 2, Vuorisalo (Finland) 1:53.5. **1 Mile:** 1, Johansson (Finland) 4:10.4; 2, Julin (Finland) 4:10.6. **400H:** Yoder (USA) 53.1. **PV:** Landstrom (Finland) 13'7¼"; **HSJ:** Lehtinen (Finland) 45'9¾"; **D.T.:** Gallin (Israel) 145'10". **HT:** 1, Nemeth (Hungary) 191'7"; 2, Dumitru (Roumania) 176'1½". **J.T.:** 1, Hyttiainen (Finland) 249'1"; 2, Vesterinen (Finland) 230'10½".

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# Ewan Douglas

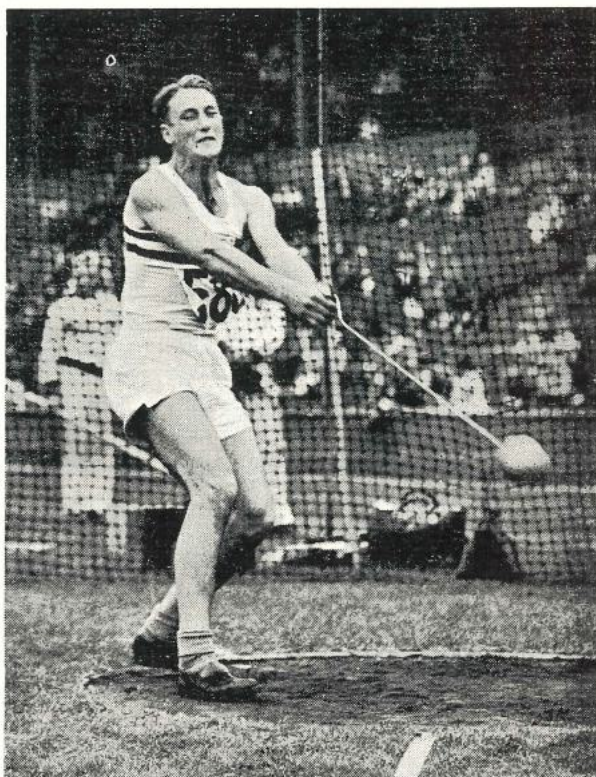
*answers the*

*A.W.*

*Questionnaire*

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**Name (Surname first):**  
**Club:**  
**Occupation:**  
**Educated at:**  
**Age:**  
**Height:**  
**Weight:**  
**Pulse rate (Sitting):**  
**First started athletics (year and events):**  
**Favourite events now:**  
**Brief details of athletic successes:**  
**Best Performances:**

**Performance which gave most personal satisfaction and why?**  
**Have you any particular objective or ambition in athletics?**  
**What part do you consider coaching has played in your success?**  
**How long did it take you to reach championship standard?**  
**How many days a week do you train?**

Douglas, Ewan C. K.  
Atalanta.  
Medical Practitioner.  
Fettes College and Edinburgh University.  
29 years.  
6'4".  
15 st.  
72.

In 1940 at the four throwing events.

Throwing the hammer.  
Scottish Team 1946—52; Olympic Team 1948 and 1952; British Team 1948—52; British Hammer Record 1951.  
179'10" June, 1951 (British Record).  
178'3" v. France, 1950 (Paris).  
179'2" London, 1952.

Skilled coaching is essential in all throwing events.

Six years.

On average about 4 days.

**When do you train?**  
**How long do you spend on each training session?**  
**What does your training consist of?**

Whenever possible.  
 2—3 hours.

**Are there any particular features or reforms you would like to see in athletics?**  
**What advice would you offer to the novice?**

As much throwing from a circle as possible, with emphasis on speed, balance, and rotation. Plenty of power throwing, with proper technique, because only from this does improvement come. Plenty of slow turning in the winter.

Get hold of a good coach; he will show you what is best for your own physical make-up. Don't try to copy the experts without his advice. Then it is up to you, Practice, practice, practice . . .

**SEGDDLEY "15"**  
**August 5th**

R. McMinnis led all the way in the Sedgley 15 Miles Road Race, with A. W. Short (Smethwick) in second place up to 10 miles. L. Scott (Mitcham A.C.) moved steadily through the field, finishing a comfortable second. There was a fierce struggle over the last 3 miles for third place, with J. Fitzgerald moving through from eighth to third. D. H. Onion (Wolverhampton) retired at 14 miles when lying 4th.

- |                                 |         |
|---------------------------------|---------|
| 1. R. McMinnis (Sutton H.)      | 1.27.43 |
| 2. L. Scott (Mitcham A.C.)      | 1.30.47 |
| 3. J. Fitzgerald (Mitcham A.C.) | 1.32.29 |
| 4. A. Short (Smethwick H.)      | 1.32.53 |
| 5. J. Bentley (Tipton H.)       | 1.33.07 |
| 6. R. Bott (Mitcham A.C.)       | 1.33.15 |
| 7. H. Swindells (Smethwick H.)  | 1.33.25 |
| 8. H. Clayton (Stockport H.)    | 1.34.11 |
| 9. F. Gratten (Macclesfield H.) | 1.35.17 |
| 10. A. Lawton (Leeds Hare. H.)  | 1.37.33 |

**Team race:**

- |                                  |    |
|----------------------------------|----|
| 1. Mitcham A.C. (2.3.6.)         | 11 |
| 2. Stourbridge & W.H. (11.15.20) | 46 |
| 3. Northampton & C. (12.17.19)   | 48 |

Surrey County A.A.A. are holding a Coaches' Training Course for Jumping and Throwing Events at Glyn House, Ewell, on Saturday, October 4th, and Sunday, October 5th. A limited amount of residential accommodation is available. The course is open to men and women coaches, teachers, youth organisation leaders and others interested in coaching. The staff includes J. Le Masurier, Franz Stampfl, G. J. Pallett and H. Downing. Further details can be obtained from C. P. Dale, 113, London Road, Mitcham, Surrey.

**BRITISH WORKERS' CHAMPIONSHIP**

**At Walton-on-Thames, August 16th**

**100:** 1, D. Bosley; 2, P. McCarthy; 3, T. Theobald; 10.5. **220:** 1, H. Harrison; 2, T. Allden; 3, T. Theobald; 23.0. **440:** 1, P. Munn; 2, L. Bosley; 3, C. Coxen; 53.2. **880:** 1, R. Paine; 2, A. Fox; 3, J. Wallis; 2:02.0. **1 Mile:** 1, J. Wallis; 2, D. Wickett; 3, C. Poole; 4:59.2. **3 Miles:** 1, L. Belmore; 2, J. Hobbell; 3, P. Mobley; 15:11.2. **2M. Walk:** 1, B. Shepherd; 2, E. Barnes; 3, E. Smith; 15:06.8. **HJ:** 1, H. Brenoitis 5'5"; 2, L. White 5'4"; 3, J. McQueen 5'3". **LJ:** 1, L. White 19'10"; 2, M. Jobbings 19'3½"; 3, J. McQueen 18'1½". **Wt:** 1, H. Brenoitis 33'1½"; 2, A. Mossman 29'4"; 3, A. Willows 29'3". **1 Mile Relay:** 1, L.T. Dist. Railway; 2, Ordnance Survey; 3:56.2. **10M. Road Race:** 1, D. Fotheringham 50:32.0; 2, M. H. Hillier 51:13.0; 3, E. Manley 51:30. **T. of War (100 st):** Holloway's beat Briggs S.C. 2-0.

**WALTON A.C. 10M. OPEN ROAD RACE**

1, D. Fotheringham (TVH) 50:32.0; 2, E. Manley (TVH) 51:30.0; 3, P. Goodsell (Walton AC) 51:46.0; 4, P. Vivian (T.V.H.) 51:59.0; 5, E. Williams (Epsom and E) 52:37.0; 6, E. Harper (TVH) 52:31.0. **Team Placings:** 1, T.V.H. "A" 7 pts.; 2, Walton A.C. 19; 3, Epsom and E. 34.

**"A. V. Alexander" Trophy. 100:** J. Groves (Walton) 10.6; **220:** J. Groves (W) 22.7; **440:** J. Goddard (Mitcham) 53.8; **880:** B. Robertson (Poly) 1:59.8; **1 Mile:** O. Dunkley (P) 4:33.1; **3 Miles:** A. Ingles (TVH) 14:47.0; **1 Mile Relay:** Poly H. **Result:** 1, Poly H. 29 pts.; 2, Walton A.C. 26; 3, Thames V.H. 22; 4, Mitcham A.C. 15.

# GREAT BRITAIN'S FINE VICTORY OVER FRANCE

Paris, August 23rd and 24th

**G**REAT BRITAIN gained a great victory over France last week-end in Paris, many of our athletes excelling themselves despite the fact that they have had a lengthy and indeed hectic season.

Mac Bailey gave us a fine double, despite being strongly pressed by Bonino in the 100m. Bannister ran an excellent 1500m., with Seaman putting up what was probably his best run to date with a 3:51.9 in second place. France missed El Mabrouk badly here.

Our 5,000m. men, Pirie and Parker, had matters all their own way, while Jack Parker pulled one out of the bag with a grand fighting effort in the 110 hurdles, Hildreth being a close second to give us maximum points.

Coleman, in his first international, did remarkably well in the hop, step and jump, and Elliott cleared the best ever height by a British pole vaulter, only just failing to get over 13ft. 11in.

John Savidge was at his brilliant best and was well supported by Giles, who managed over 50ft. after a very late and rushed journey. The 4 x 110 relay team won a good race by .4 sec., with Bailey again running a very fine leg.

The girls did equally well, with Pam Seaborne excelling herself over the hurdles and Thelma Hopkins rising to the occasion when Sheila Lerwill was unable to produce her usual form. Diane Coates was another who found just that little extra, winning the javelin with over 124ft.

On the second day, El Mabrouk gave France first place in the 800m., but Evans put up a personal best and the evergreen Tom White was a very close third in 1:52.5. Mimoun was at his brilliant best in the 10,000 metres, and after Sando had pushed the pace along for a time when he thought the dusky Algerian was not going fast enough, Mimoun again took over and, though held by Norris for quite a time, he eventually won by nearly half a lap.

Disley had a comfortable win in the steeplechase but Chris Brasher was right off form and finished a tired fourth. Angus Scott confirmed his recent form by

taking the 400m. hurdles, with Bart just beating Gracie for second place.

Ron Pavitt was not able to reproduce his real form and though Wells cleared over 6'3", this was not good enough to beat Bernard, who got over 6'4" to win. Williams had a great jump of 24'8½" which gave him first place in the long jump, with Cruttenden at his best with 23'9½".

John Savidge was only beaten by a late throw for the discus and Miller topped the 200ft. mark in winning the javelin. Britain took the first two places in the hammer, Peter Allday coming out on top with very nearly 170ft.

The 4 x 400 relay was a fine race, with Britain pressing the Frenchmen all the way. But for the apparent reluctance of Alan Dick to give the baton to Terry Higgins at the last changeover, the result might have been even closer, though France would still have won.

Our women sprinters confirmed their superiority and in the 800m. Enid Harding finished strongly to take first place, with Taylor just getting home in second place by a narrow margin.

Our two girls in the weight had nothing between them at the end, but they were no match for Veste, who won with some 4ft. to spare. The women's relay team had a clear win and led from start to finish. Results:—

## First Day, Saturday, August 23rd

### Men

**200M:** 1, E. McD. Bailey (GB) 21.0; 2, E. Bally (Fr) 21.5; 3, W. Jack (Fr) 21.8; 4, Camus (Fr) 22.0.

**400 M:** 1, J. Egats (Fr) 47.7; 2, T. L. Higgins (GB) 47.9; 3, M. Du Gard (Fr) 48.0; 4, L. C. Lewis (GB) 48.3.

**1,500M:** 1, R. G. Bannister (GB) 3:49.0; 2, D. C. Seaman (GB) 3:51.9; 3, Badet (Fr) 3:52.0; 4, J. Vernier (Fr) 3:53.0.

**5,000M:** 1, D. A. G. Pirie (GB) 14:51.0; 2, A. B. Parker (GB) 14:57.2; 3, Abdelkrim (Fr) 15:05.4; 4, Schlegel (Fr) 15:09.8.

**110 M.Hdls:** 1, F. J. Parker (GB) 14.6; 2, P. B. Hildreth (GB) 14.7; 3, J.

Dohen (Fr) 51.1; Roudnozka (Fr) fell at 4th hurdle.

**H.S.J.:** 1, M'Baye Malik (Fr) 49"3 $\frac{1}{4}$ "; 2, N. J. Coleman (GB) 47"6 $\frac{3}{4}$ "; 3, P. Goldsmith (GB) 45"3 $\frac{1}{4}$ "; 4, E. Battista (Fr) 44"11".

**P.V.:** 1, G. M. Elliott (GB) 13'7 $\frac{3}{8}$ "; 2, P. Breitman (Fr) 12'5 $\frac{1}{2}$ "; 3, Crestois (Fr) 12'5 $\frac{1}{2}$ "; 4, T. D. Anderson (GB) 12'1 $\frac{3}{8}$ ".

**Wt:** 1, J. A. Savidge (GB) 54'9 $\frac{3}{8}$ "; 2, J. A. Giles (GB) 50'4 $\frac{3}{4}$ "; 3, Guillier (Fr) 47'7 $\frac{1}{4}$ "; 4, Thomas (Fr) 47'7 $\frac{1}{4}$ ".

**4 x 100M. Relay:** 1, Gt. Britain (Bailey, Jack, Gregory, Shenton) 41.1; 2, France (Porthault, Bally, Camus, Bonino) 41.5.

### Women

**200M:** 1, S. Cheeseman (GB) 24.7; 2, P. Devine (GB) 25.6; 3, Loustau (Fr) 25.7; 4, Faugouin (Fr) 26.4.

**80m. Hdls:** 1, J. Desforges (GB) 11.5; 2, P. Seaborne (GB) 11.7; 3, Laborie (Fr) 11.8; 4, Monginou (Fr) 11.9.

**HJ.:** 1, T. Hopkins (GB) 5'1"; 2, S. Lerwill (GB) 4'11"; 3, Flament (Fr) 4'11"; 4, Garon (Fr) 4'9".

**L.J.:** 1, E. Oudal (Fr) 7'11"; 2, J. Curter-Chabot (Fr) 17'6 $\frac{3}{8}$ "; 3, S. Cawley (GB) 17'5 $\frac{3}{8}$ "; 4, D. Willoughby (GB) 17'5".

**Jav:** 1, D. Coates (GB) 124' 2 $\frac{1}{4}$ "; 2, E. Pinard (Fr) 124'0"; 3, Faudiere (Fr) 111' 2 $\frac{3}{8}$ "; 4, Legg (GB) 110'0 $\frac{3}{8}$ ".

**Dis:** 1, Veste (Fr) 132'1 $\frac{1}{2}$ "; 2, Thomas (Fr) 127'8"; 3, S. Farmer (GB) 126'5"; 4, M. Giri (GB) 115'2".

### Second Day, Sunday, August 24th

#### Men

**100M:** 1, E. McD. Bailey (GB) 10.4; 2, Bonino (Fr) 10.5; 3, W. Jack (GB) 10.7; 4, Porthault (Fr) 10.9.

**800M:** 1, El Mabrouk (Fr) 1:51.9; 2, F. Evans (GB) 1:52.4; 3, C. White (GB) 1:52.5; 4, Lacroix (Fr) 1:55.2.

**10,000M:** 1, Mimoun (Fr) 30:10.4; 2, F. Norris (GB) 30:37.4; 3, F. Sando (GB) 31:20.8; 4, Labidi (Fr) 32:41.6.

**3,000 M.S'Chase:** 1, J. I. Disley (GB) 9:11.0; 2, Lebrun (Fr) 9:14.6; 3, Paris (Fr) 9:19.2; 4, C. Brasher (GB) 9:27.4.

**400M.Hdls:** 1, A. Scott (GB) 52.4; 2, Bart (Fr) 52.9; 3, D. Gracie (GB) 52.9; 4, Cury (Fr) 54.8.

**HJ:** 1, Bernard (Fr) 6'4"; 2, P. Wells (GB) 6'3 $\frac{1}{4}$ "; 3, Damitio (Fr) 6'0 $\frac{3}{8}$ "; 4, R. Pavitt (GB) 6'7 $\frac{3}{8}$ ".

**LJ:** 1, S. O. Williams (GB) 24'8 $\frac{3}{8}$ "; 2, A. Cruttenden (GB) 23'9 $\frac{3}{8}$ "; 3, Faucher (Fr) 23' 2 $\frac{1}{4}$ "; 4, Tisson (Fr) 22'8 $\frac{3}{4}$ ".

**D's:** 1, Maissant (Fr) 147'5 $\frac{3}{8}$ "; 2, J.

A. Savidge (GB) 144'7 $\frac{3}{8}$ "; 3, Mongeillon (Fr) 141'10 $\frac{3}{8}$ "; 4, M. Pharoah (GB) 138' 1 $\frac{1}{2}$ ".

**Jav:** 1, R. Miller (GB) 202'11 $\frac{3}{8}$ "; 2, M. Denley (GB) 196'11 $\frac{3}{8}$ "; 3, Sprecher (Fr) 187'4"; 4, Bresciani (Fr) 158'6".

**Ham:** 1, P. C. Allday (GB) 169'8 $\frac{1}{4}$ "; 2, D. McD. Clark (GB) 166'2 $\frac{3}{8}$ "; 3, Le-grain (Fr) 162'10 $\frac{3}{4}$ "; 4, Osterberger (Fr) 156'2 $\frac{3}{8}$ ".

**4 x 400M. Relay:** 1, France (Goudeau, Bart, Du Gard, Degats) 3:12.4; 2, Gt. Britain (Gracie, Scott, Dick, Higgins) 3:13.6.

**Result:** 1, Gt. Britain 120 pts.; 2, France 85.

### Women

**100M:** 1, J. Foulds (GB) 11.9; 2, H. Armitage (GB) 12.1; 3, Monginou (Fr) 12.5; 4, Lazar (Fr) 12.7.

**800M:** 1, E. Harding (GB) 2:16.9; 2, M. Taylor (GB) 2:17.8; 3, Coullieux, (Fr) 2:17.8; 4, Cvelot (Fr) 2:25.4.

**Wt:** 1, Veste (Fr) 43'6 $\frac{3}{4}$ "; 2, S. Farmer (GB) 39'1 $\frac{3}{8}$ "; 3, J. Linsell (GB) 39' 0 $\frac{3}{8}$ "; 4, Thomas (Fr) 38'7".

**4 x 100M. Relay:** 1, Gt. Britain (Cheeseman, Desforges, Foulds, Armitage) 47.5; 2, France (Loustau, Laborie, Lazare, Monginou) 48.3.

**Result:** 1, Gt. Britain 60 pts.; 2, France 43.

Ken Norris (T.V.H.) writes to correct what he thinks may have been a misleading impression conveyed in his Questionnaire last week. He says that the 10 per cent, which he estimated as being the part coaching has played in his success, was the important 10 per cent—the difference between a 14.30 and 14.10 three miles, for which he is most grateful to his coach, Alec White.

\* \* \*

The Association of Athletic Coaches is an organisation inaugurated on March 9th, 1952, with D. Durie, M.B., Ch.B., as President and H. A. L. Chapman, Chief Coach S.A.A.A., as Hon. President. Mr. W. Dickinson, 19 Banavie Road, Glasgow, W.1, is Hon. Secretary and Treasurer, from whom further particulars may be obtained. The Association is anxious to exchange athletic information with similar groups or individuals.

\* \* \*

S. Smith and Sons (England) Ltd., will be holding their National Works and Business Houses Relay Championship on Feb. 14th, 1953.

# Thoughts on Training Method

## HIGH JUMPING—1

THE success and enjoyment of training periods will, to no small extent, be determined by the conditions under which they are performed and, in this connection, several details are worthy of consideration:—

- (a) Successive landings on a hard surface are not only uncomfortable, but are liable to detract from efficiency of performance and thus a well-dug and thoroughly-raked pit must be regarded as an essential and not a luxury—persistent persuasion often results in improvement and may lead to achievement of the ideal!
- (b) Take-off from firm ground is an advantage—good grass is to be preferred to a poor cinder surface.
- (c) Even with limited experience in competition, it will be recognised that backgrounds to high jumping areas will vary in their assistance to performance and thus there should be opportunity for jumping when sighting is difficult with the aid of a handkerchief placed on the bar as a mark towards which the upward kick of the free leg may be directed.
- (d) Track shoes, preferably with heel-spikes, should always be worn and, in addition, sponge-rubber heel-socks will be found to be an advantage. Shorts should be brief and well cut away at the sides—the use of woollen socks is not advised.

Every high jumper must constantly recognise that the fundamental aim of the training must be encouragement of ability to perform three equally important basic movements:

- (a) To vertically raise the centre of gravity of the body as high as possible realising that upward arm and free-leg swing will be responsible for approximately one-third of the lift developed which, ideally, is in a direction perpendicular with the ground.
- (b) While ensuring that the high-point of the jump is directly above the bar, development of such method of clearance as will result in increasing the height of hips and seat at the

apex of the flight through the air.  
(c) To roll or twist clear of the bar.

Now, one or two thoughts for the quieter moments:

- (a) There is value in seeking familiarity with the "greater heights" beyond

By

L. H. WARD

Hon. Chief Coach, W.A.A.A.

the athlete's best mark by use of a variety of methods, e.g., setting the bar for successively "looking over," raising first chest, then hips to that level, placing of "objective marks" on walls so that, by frequent association, the height becomes real and quite a usual part of normal surroundings.

- (b) As performance of a 5ft. jump from take-off to landing is completed in approximately  $\frac{2}{3}$ sec., there is obviously need for speed training.
- (c) The last jump of a training session should always be a well-co-ordinated clearance even if it is necessary to lower the bar.

### QUIZ

1. How many hurdles may be knocked down without the athlete being disqualified?
2. Who was the athlete who, using a Western Roll-type technique, established a World and Olympic Record in 1932, but her style was rejected by the officials?
3. Is it a fact that distance will be lost if the discus is thrown into a wind?
4. What is the difference (in yds. ft. ins.) between 100 yds. and 100 metres and the time-differential?
5. When was Long Jump introduced into the Olympic programme and what was the winning performance?
6. Is it essential for a javelin to remain stuck in the ground for the throw to be a good one?

Answers on page 14

# RESULTS

## August 9th

**"Garry Owen" Trophy** at Bournemouth. 1, Poole and C.A.C. 167 pts.; 2, Ryde H. 145½; 3, Bournemouth A.C. 132½; 4, Southampton A.A.C. 120; 5, Salisbury A.C. 91; 6, Eastleigh A.C. 58.

## August 12th

**Veterans' A.C. 5M, Road H'cp**, at Tooting Bec. 1, H. E. Footer (2:15) 25:15; 2, E. C. Coppard (3:20) 25:45; 3, A. E. Welling (6:45) 26:20; 4, F. R. Webb (4:00) 26:34; 5, A. Sharp (4:00) 26:36; 6, E. A. Sears (0:45) 26:41.

## August 14th

**Swanage Marathon** (12 Miles) at Swanage, Dorset. 1, R. Chinchin (Unatt.) 1h:19m.54s.; 2, K. H. H. Baily (Bournemouth AC); 3, D. Long (Bournemouth AC).

## August 16th

**Portsmouth Atalanta A.C. Trophy Meeting**, at Portsmouth. **100**: (1st str): O. Young (Portsmouth) 10.5; (2nd str): R. Hopkins (P). **220**: (1st str): M. Salisbury (Eastleigh) 23.6; (2nd str): E. Sait (Gosport) 25.4; **440**: (1st str): R. E. Hopkins (P) 52.0; (2nd str): E. Sait (G); **880**: (1st str): D. Rees (P) 2:02.7; (2nd str): E. Tabor (E); **Mile**: (1st str): D. Rees (P); (2nd str): E. Trantor (P); **HJ**: (1st str): W. Cordell (G) 5'6"; (2nd str): E. Elliott (G); **IJ**: R. W. Henning (P); (2nd str): B. Scott (G); **Wt**: (1st str): E. Abbott 33'7"; (2nd str): M. Gambler (G) 28'9"; **Dis**: (1st str): E. Abbott (G) 97'7"; (2nd str): J. Pullinger (G); **Mile Medley Relay**: 1, Portsmouth; 2, Gosport; 3, Ryde H. **Result**: 1, Portsmouth A.C. and Gosport B.A.C. 99 pts.; 3, Eastleigh A.C. 45; 4, Aldershot A.C. 44; 5, Ryde H. 34.

## August 20th

**Camb. H. Cub Meeting** Charlton Park. **L.J. Champ**: H. Pointer 20'4¾"; **Jun. L.J. Champ**: A. Lennox 19'0"; **2M. Walk**: F. W. Barrett 14:25.0 (club rec.). **H'cps**: **100**: H. Merralls (6) 10.4; **100 Jun**: J. Barrett (5) 10.6; **880**: T. Clowry (15) 1:58.8; **880 Jun**: W. Roberts (60) 2:04.6; **Wt**: H. Pointer (5'6") 34'9½"; **Wt. Jun**: A. Lennox (2'6") 39'1".

## August 23rd

**London A.C. 73 pts.**, beat **Met. Police A.C.** 59 and **Royal Navy A.C.** 16, at Imber Court. **100**: Williams (L) 10.2;

220: Bromley (MP) 23.4; **440**: Bowker (L) 52.0; **880**: Stonehouse (L) 1:59.9; **Mile**: Beavan (L) 4:29.2; **3 Miles**: Thurlow (LAC) 15:34.5; **120H**: Hyam (L) 15.8; **HJ**: Button (MP) 6'4"; **IJ**: Williams (L) 21'1"; **Wt**: Cox (PN) 44'7"; **Jav**: Brookman (L) 174'4½"; **Dis**: Silbery (MP) 135'5"; **Ham**: Silbery (MP) 153'4"; **440 Relay**: L.A.C. 44.8.

## S.W. LONDON CHAMPIONSHIPS

### Tooting

**100**: 1, R. D. Ho'tum (Belgrave H.); 2, N. E. Lindsey (Poly H); 3, B. A. Cox (SLH); 10.4.

**220**: 1, R. M. Packham (Camb. H); 2, B. A. Cox (S.L.H.); 3, N. E. Lindsey (Poly); 22.9.

**440**: 1, P. R. Layzell (H.H.H.); 2, H. G. Pinsent (ICAC); 3, J. H. Proyer (POSB); 52.2.

**880**: 1, J. D. Prince (SLH); 2, P. D. O'Connor (Qn. Pk. H.); 3, W. S. Hill (Shaftesbury H); 1:57.8.

**Mile**: 1, P. B. Driver (SLH); 2, M. W. Firth (SLH); 3, D. G. Maclean (Belgrave H.); 4:20.4.

**3 Miles**: 1, A. H. Bruce (Belgrave H); 2, J. Butler (Surrey AC); 3, V. J. Fowle (H.H.H.) 15:32.0.

**120H**: 1, S. S. Gray (H.H.H.); 2, E. J. Newman; 17.1.

**2M Walk**: 1, W. P. Woods (Surrey AC); 2, T. Tebbutt (Belgrave H); 3, E. A. Smith (Belgrave H); 15:5.8.

**IJ**: 1, K. C. Key (RSC) 20'1"; 2, W. G. Courtange (Hercules AC).

**HJ**: 1, A. Halsey (HHH) 5'8"; 2, S. S. Gray (HHH) 5'7"; 3, W. G. Courtange (Hercules AC) 5'6".

**Wt**: 1, M. Sloan (CWTC) 36'11"; 2, J. L. Wright (LBAC) 35'3".

**T. of W.**: 1, Met. Police "B" Division; 2, Imperial Club; 3, Lloyds Bank A.C.

### Juniors:

**100**: 1, F. W. Kemp (Belgrave H); 2, T. A. Connors (Wim. CAC); 10.9.

**440**: 1, F. W. Kemp (Belgrave H); 2, J. L. Warner (RAC); 52.3.

**880**: 1, G. Goode (Belgrave H); 2, E. N. Al'en (Belgrave H); 2:05.0.

**Mile**: 1, J. S. Evans; 2, R. J. D'Archambaud (SLH); 4:32.6.

**120H**: 1, L. J. Austin—unopposed.

**IJ**: 1, A. Fisher (St. Augustine's) 18'1"; 2, R. N. Brown (HHH) 17'11½".

**HJ**: 1, L. J. Austin (Hercules AC) 5'9"; 2, M. Amos.

*Continued on page 14*

# Women's Results

July 26th

## 2nd T.A.F. CHAMPIONSHIPS

At Wunstorf, B.A.O.R.

**100M:** Sgt. Wilkinson 13.4 (record).  
**200M:** Sgt. Wilkinson 28.5 (record). **80m.**  
**Hdls:** Cpl. Stevens 16.3. **HJ:** Cpl. Radcliffe 4'5" (record). **LJ:** Cpl. Andersen.  
**Jav:** Sgt. Wilkinson 101'4½" (record). 4 x  
**100M:** R.A.F. Sylt 59.9.

August 9th

**Viaduct A.C. Sports,** at Earlstown,  
**100:** E. Disley (Leigh H) 13, 10.8. **440**  
**Relay:** Sutton H, 52.0.

**Tibshelf Sports:** **100:** C. Allsop (Sutton-in-Ashfield) 8, 11.0; **220:** M. Elcock (Chesterfield CAC) 10, 25.9.

**Portsmouth Atalanta A.C. Championships.** **60:** B. Oakley 7.6; **100:** L. Chalmers 11.8; **220:** L. Chalmers 26.6; **440:** L. Chalmers 67.5; **HJ:** R. Graf 4'5"; **LJ:** C. Loader 15'3"; **Wt:** L. Chalmers 28'7"; **Dis:** L. Chalmers 75'1½"; **Jav:** L. Chalmers 65'7". **Burtoft Challenge Cup:** J. Vaughan 37 pts. **Juniors:** **100:** C. Clement 12.3; **150:** C. Clement 19.0; **HJ:** J. Day 4'5"; **LJ:** J. Bowden 14'11"; **Loader Challenge Shield:** C. Clement 27 pts.

August 16th

## BRITISH WORKERS' CHAMPIONSHIPS

At Walton-on-Thames

**100:** 1, B. Haiselden; 2, M. Yeoman; 3, K. Newman; 12.2. **220:** 1, J. Timbs; 2, M. Yeoman; 3, H. Hennessey; 27.0. **Mile Walk:** 1, L. Deas; 2, P. Williams; 3, J. Whitlock; 8:29.8.

**Portsmouth Atalanta A.C. Trophy Meeting,** at Portsmouth. (First strings first). **100:** M. Parker (Ryde) 11.5; S. Bird (Mit.ham) 12.4; **220:** M. Parker (R) 27.5; A. Lowther (P) 28.6; **440:** A. Hodgetts (Southampton); J. Edwards (M); **880:** M. Maslin (M); J. Edwards (M); **HJ:** J. Hayward (M); J. Wombwell (M); **LJ:** V. Webster (M) 15'6"; R. Graf (P) 14'7"; **Wt:** J. Evans (M) 31'11"; K. Dyer (M); **Dis:** J. Evans (M); K. Dyer (M); **440 Relay:** Mitcham A.C. **Result:** 1, Mitcham A.C. 121 pts.; 2, Portsmouth Atalanta A.C. 83; 3, Southampton A.A.C. 75; 4, Ryde A.C. 65; 5, Gosport B.A.C. 50; 6, Aldershot 2.

**Juniors:** **60:** J. Chidgey (G) 8.1; J. Bowen (P) 8.6; **100:** A. Sparrow (M) 11.8; B. Simons (M) 12.2; **150:** C. Clement (P) 18.1; E. Crocker (Aldershot) 18.5; **75 Hdls:** G. Wickenden (G); **HJ:** A. Botting (P) 4'9"; J. Day (P) 4'2"; **LJ:** P. Chidgey (G) 15'4¼"; G. Wickenden (G) 14'1½"; **440 Relay:** Mitcham A.C. **Result:** 1, Portsmouth Atalanta A.C. 69 pts.; 2, Mitcham A.C. 64; 3, Gosport B.A.C. 59; 4, Aldershot A.C. 40; 5, Southampton A.A.C. 34. **Jav:** J. Evans (M) 85'2"; K. Dyer (M) 58' 7½"; **80m. Hd s:** A. King (M) 13.2; M. Collins (G) 14.0.

August 20th

**Cambridge H. One Mile Championship,** at Charlton Pk. 1, H. Needham; 2, E. Hayday; 5:19.8 (Champs. best).

Bedford Ladies A.C. is a new club with Miss M. Finding, Horton Turn Farm Wilstead, Bedford, as Hon. Secretary.

## MIDDLESEX COUNTY A.A.A.

### Pentathlon Championship, Uxbridge

1, D. H. Bareford (VPH) 403; 2, P. H. Whittaker (Finchley H.) 1995; 3, R. Winchester (Ponders End) 1986; 4, J. E. Magona (Ponders End) 1818; 5, R. J. Harknett (Hornsey St. M.) 1804; 6, M. J. Brazier (Southgate) 1797; 7, K. H. Jones (Ponders End) 1762.

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## EDINBURGH

### HIGHLAND GAMES

August 23rd

#### Invitation Events, Men:

**100:** 1, G. Rhoden (Jamaica); 2, B. LaBeach (Jam); 3, T. Saat (Holland): 5y., 9.7 (equals Scot. All-Comers' record).

**220:** 1, M. Whitfield (USA); 2, L. Laing (Jam); 3, W. J. Ferguson (AAA); ins., 22.2.

**440:** 1, H. H. McKenley (Jam); 2, G. Rhoden (Jam); 3, P. G. Fryer (AAA); ins., 47.6.

**880:** 1, M. Whitfield (USA); 2, H. Ulzheimer (Germany); 3, G. Sorbic (Ham'n H.); 8ft., 1:56.7.

**Mile:** 1, D. R. Burfitt (AAA); 2, R. McMillen (USA); 3, J. W. Brown (AAA); 6ft., 4:17.8.

**2 Miles:** 1, F. Green (AAA); 2, W. Slijkhuis (Holland); 3, W. Dreutzer (USA); 2ft. 9:18.8.  
**Teams:** 1, Vic. Pk. A.A.A. (Glasgow); 2, Bedlington H.; 3, Morpeth H.

**HJ:** 1, W. Davis (USA) 6'2"; 2, N. G. A. Gregor (AAA) 6'0"; 3, W. Piper (Glas. Police) 5'10".

**LJ:** 1, J. Biffle (USA) 23'0½"; 2, W. H. Clephan (Watsonian AC) 22'1½"; 3, R. Mathias (USA) 21' 4".

**PV:** 1, N. G. A. Gregor (AAA) 12' 9"; 2, W. Piper (Glas. Police); 3, J. Urquhart (Jordanhill TCAC).

**Wt:** 1, P. O'Brien (USA) 55'2" (Scot. All-Comers' Record); 2, R. Mathias (USA) 50'1"; 3, J. Drummond (Heriot AC) 44'9½".

**Ham:** 1, J. Drummond (Heriot AC) 97'3¼"; 2, W. Woods (Lanark Const); 3, E. N. Gilruth (Edin.S.).

**Inter-Association Medley Relay:** 1, England (P. G. Fryer, A. W. Lillington, A. R. Pinnington, I. Gurney); 2, Scotland; 3, Eire; 3v., 2:46.0.

**Inter-Cities Medley Relay (1.408 yds.):** 1, Glasgow; 2, Edinburgh; 3, Manchester 2y., 2:43.8.

#### Invitation Events, Women:

**100:** 1, B. Brouwer (Holland); 2, P.



The Poly H. team which won the A.A.A. 4 x 110 Yards Re'ay Championship. L. to R.—P. L. Lillington, E. McD. Bailey, P. B. Hildreth; in front—N. E. Lindsey.  
*H. W. Neale*

Scrivens (WAAA); 3, S. Strickland (Australia); ins., 11.1 (Scot. All-Comers' Record).

**220:** 1, B. Brouwer (Holland); 2, V. Johnston (Australia); 3, E. Hay ("Q" AC); ft., 25.2.

**80m. Hdls:** 1, S. Strickland (Australia); 2, C. O'Gorman (WAAA); 3, Y. Williams (N. Zealand); easily, 11.2 sec. (Scot. All-Comers' record).

**Long Jump:** 1, Y. Williams (N. Zealand); 2, V. Johnston (Australia); 3, P. Scrivens (WAAA); 18'7½".

#### Open Events, Men:

**100:** R. Johnston (E.E.H.) 5, 9.8; **880:** J. Farran (York H)—, 1:55.2; **Mile Jun:** I. M. Tierney (Cambuslang H) 70, 4:27.8.

## RESULTS (contd.)

**Ashbourne Carnival Sports, Derbys.**  
**100:** T. Walsh (N. Staffs H.) 5½, 10.1;  
**440:** F. J. Hickford (Manc. A.C.) 36,  
49.9; **Mile:** J. Reay (Sale H) 175, 4:15.2;  
**2M. Walk:** R. Hardy (Sheff. U.H.) scr.,  
14:9.4.

**Kent A.C. Championships. 880:** E. Homewood 2:02.5; **Wt:** A. Losinski 32' 7"; **IJ:** P. Yates; **880 Jun:** J. Turner 2:02.7; **Dis. Jun:** J. Sampson 143'3½"; **100 Hcp:** F. Field (9) 10.7.

**Norwich and Norfolk A.C. beat Cambridge City A.C. by 114 pts. to 99, at Norwich. Seniors: 100:** R. Collins (Camb) 10.3; **220:** R. Collins (Camb) 23.7; **440:** F. Allison (NNAC) 56.6; **880:** E. Fare (NNAC) 2m.10.8; **Mile:** P. Corran (NNAC) 4m.47.8; **Shot:** M. Dalrymple (Camb) 37'5"; **Jav:** M. Dalrymple (Camb) 177'5". **Dis:** G. Smith (Camb) 118'; **H. Jump:** W. Cooper (NNAC) 5'6"; **L. Jump:** R. Collins (Camb) 19'3½"; **Mile Medley Relay:** (NNAC) 3m.57.6; **Juniors: 100:** C. Atherton (NNAC) 10.4; **220:** C. Steward (Camb) 25.0; **Dis:** R. Algar (Camb) 115' 10"; **4 x 110 Relay:** 1st NNAC., 47.4.

### Women

**100:** P. Wright (NNAC) 11.9; **220:** D. Wright (NNAC) 27.1; **80 yds. H:** B. Murfitt 11.9; **Shot:** D. B. Comber (NNAC) 26'7"; **Dis:** D. B. Comber (NNAC) 92'7"; **Jav:** B. Murfitt (Camb) 94'4½"; **H. Jump:** P. Staff (NNAC) 4'9"; **L. Jump:** A. Wilkins (Camb) 15'0½"; **4 x 110 Relay:** Cambridge City A.C. 54.5.

## THE CROSS-COUNTRY INTERNATIONAL RACE NEEDS ZATOPEK

### Americans, Scandinavians and Russians Too

The Cross-Country International Championship is not truly international. It is in fact only a West European championship, as at present constituted.

Hitherto the event has been supported only by the extreme western countries of this continent—Britain, France, Belgium, Holland and Spain.

Without Germany and Italy the race is not even fully European; and the erstwhile exclusion of the Scandinavians, with their tradition for distance, is hard to understand.

Imagine the glamour of a Czech team, with Zatopek in it! And an entry from Russia would be something to look forward to.

To attract the various nationalities from the American and Australian continents and the Far East is perhaps looking ahead, but a start could be made

## ANSWERS TO THE QUIZ

1. If International-type hurdles (with weights) are used "knocking down any number of hurdles shall not disqualify," but, if other hurdles are used, a maximum of two is allowed.
2. Babe Didrickson (Mrs. Zaharias). She was disqualified but awarded second place.
3. No. Calculations made in America suggest that the discus may be thrown further against head windspeeds up to 14 m.p.h. if the angle of release is suitably adjusted.
4. 9 yds., 1ft., 1in., 9 secs.
5. 1948. Gyarmati (Hungary) — 18ft. 8½in.
6. No, provided that the javelin-point first contacts and breaks the ground, the throw should be measured and recorded as a good throw.

A small booklet "Glucose and Energy" is available, free on request, from The Crookes Laboratories Ltd., Park Royal, London N.W.10.

Middlesex County A.A.A. are holding an Autumn Coaching Course in Field Events at the L.C.C. College of Physical Education, Paddington St., Baker St., on 15 Monday evenings, commencing on September 8th and ending on Dec. 15th. Sessions will be from 7.30 to 9.30 p.m. Application forms containing further details can be obtained from Mr. J. Edmundson, M.C., The Polytechnic, Regent Street, London, W.1.

with the U.S.A. That the Yanks are less famous at the longer distances is well-known, but one feels that among the cross-country men in the U.S.A. there are some of the calibre of steeple-chaser Ashenfelter and the New York accountant Vic Dyrvall, who was runner-up in the famous Boston Marathon.

Yes, the time is ripe for the Cross-country International to launch out from its comparative parochial obscurity to world status!

What a fillip to the sport this would give.

H.H.B.

Final positions in the Notts Athletic League are as follows—1. Notts A.C. 712 pts; 2. Sutton-in-Ashfield A.C. 552; 3. Newark A.C. 476; 4. Meden Valley A.C. 461; 5. Mansfield H. and A.C. 449; 6. Worksop A.C. 384.

# Race Walking

By F. W. Blackmore

THE world's most famous distance walking race, Surrey Walking Club's promotion of the London to Brighton, has this year received a record entry in both Individuals and Teams.

There are no less than 150 actual entrants for this annual classic event to be started, as always, by the first stroke of Big Ben at 7 a.m. a fortnight to-day. And no less than 17 teams. It would appear there is not much wrong with the management of walking in this country, no lessening of interest therein.

Champions at various distances, and Olympic walkers, are freely represented in the entry, with our three for the Helsinki Olympic 50 kms., brothers Harold and Rex Whitlock, Metropolitan W.C. and D. A. Tunbridge, Highgate Harriers, all turning out.

Also starting are C. E. Megnin, Highgate, recent winner in record time of the Hastings-Brighton event, and a European Championship competitor in 1946, J. F. L. Henderson, Steyning A.C., S. E. Horton, Surrey W.C., and J. Stirling-Wakeley, Belgrave Harriers, respective winners of the London-Brighton-and-Back races 1937, 1947, and 1951, with M. McGreechan, Belgrave, 1952, Police long-distance champion, P. J. Reading, Polytechnic Harriers, winner Manchester-Blackpool this year and British 20 hrs. record holder, and F. G. Bailey, Polytechnic, fancied as one of the "dark horses" for the event. By and large, with V. W. G. Stone, ex-A.A.A. and road walking champion, staging a most impressive come-back, it look as if Poly have the strength to resist most challenges for the team race.

The race will again be "wireless controlled," a most helpful innovation. Altogether, "The Brighton" has developed tremendously since it was instituted as an Open event by the Surrey W.C. in 1919, with a challenge trophy, rightly styled the "Victory" Cup following the first World War, presented by the late E. J. M. Owens, "The Owner," who contributed so much, and with such old-world dignity, to the affairs of both the Surrey W.C. and even more, perhaps, to the Surrey County A.A.A.

Next week, the Road Walking Association National Junior (17-21) Championship over 5 miles in Regent's Park is the principal fixture. This event, the newest R.W.A. championship, has already introduced some fine youngsters

into the sport, and there is little doubt that next week's race will produce some senior champions of the future.

## PAIGNTON REGATTA (contd.)

1. H. Connor (Waterloo H) 7; 2. R. Buzzard (Wycombe Ph) 13; 3. D. J. Merrett (Belgrave H) 5; 22.4; **440:** 1. H. Connor (Waterloo H) 22; 2. E. J. Emey (Eastbourne R) 33; 3. K. G. Evans (Birchfold H) 34; 49.4; **600 (Scr):** 1. L. C. Lewis (Walton AC); 2. W. G. Nankeville (Walton AC); 3. R. G. Day (Poly H); 1:14.4; **880:** 1. L. A. Cheeseman (Newton Abbot AC) 55; 2. L. C. Locke (Newton Abbot) 76; 3. H. C. Reed (Bideford AAC) 72; 1:52.8; **1 Mile:** 1. W. J. Court (Westbury H) 118; 2. D. Crook (Paignton) 98; 3. B. E. Aplin (Exeter H) 184; 4:09.5; **3 Miles:** 1. P. C. Perry (Exeter H) 100; 2. K. R. Shinner (Devonport YMCA) 265; 3. K. S. Thomas (Devonport YMCA) 345; 14:22.2; **15 Miles Road Race (Scr):** 1. G. S. Roberts (Plymouth C.S.) 1hr.29m.40s.; 2. P. Goodsell (Walton AC) 1.32:19.0; 3. W. F. Courtney (Exeter H) 1.32:41.0; 4. R. Bott (Mitcham AC) 1.33:25.0; 5. H. Holding (Exeter H) 1.33:47.0; 6. F. C. Chiverton (Wycombe Px.) 1.33:58.0. **100 Vet:** 1. T. Jenkins (Torquay) 8½; 2. J. T. McMahon (Plymouth S) 16½; 3. J. W. Barrs (V.A.C.) 9½; 11.4; **100 Yths:** 1. J. E. Beaglehole (Devonport YMCA) 3; 2. G. R. King (Hampton GS); 3. M. Iddon (Southgate H) 1; 10.8; **220 Boys:** 1. M. Muxworthy (Paignton) 12; 2. G. Preston (Paignton) 8; 3. J. Mosedale (Brixham AC) 5; 26.2; **220 Yths:** 1. J. B. Baker (Exeter H.) Scr; 2. G. R. King (Hampton GS) 4½; 3. M. Iddon (Southgate H) 3; 4.8; **440 Jun:** 1. J. Thirwall (Newton Abbot) Scr.; 2. T. Rogers (Plymouth S) 12; 3. E. Hawkins (Exeter H) 3; 53.5; **HJ:** 1. W. A. Coldridge (Exeter H) 5'8"; 2. F. Manka (Devonport YMCA) 5'7"; 3. R. Petitjean (Manchester AC) 5'6"; **100 Boys:** 1. R. Bond (Brixham AAC) 20; 2. F. Grant (Paignton) 5; 3. L. Border (Torquay) 10; 12.3. **1 Mile Medley Relay:** 1. Newton Abbot A.C.; 2. Paignton A.A.C.; 3. Plymouth Spartans; 3:52.5.

## Open Events, Women:

**100:** 1. S. Hoskin (Spartan L) 7½; 2. M. Searle (Devonport YMCA) 9½; 3. E. Carey (Newton H) 9½; 11.2; **220:** 1. S. Hoskin (Spartan L) 18; 2. J. Barnett (Orpington AC) 14½; 3. P. Stoyle (Devonport YMCA) 15; 25.2; **75 Girls:** P. Stewart (Paignton) 9, 9.6; **150 Girls:** 1. P. Dave (Torquay) 2; 2. J. Border (Torquay) 3; 3. C. Richardson (Brixham) 8; 19.2; **6'0 Relay:** 1. Devonport YMCA; 2. Exeter H.; 3. Paignton A.A.C.; 1:22.0.

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