

August 24th 1974 Vol. 28 No. 34

a

weekly

INCORPORATING
WOMEN'S ATHLETICS
MODERN ATHLETICS
& WORLD ATHLETICS

athletics

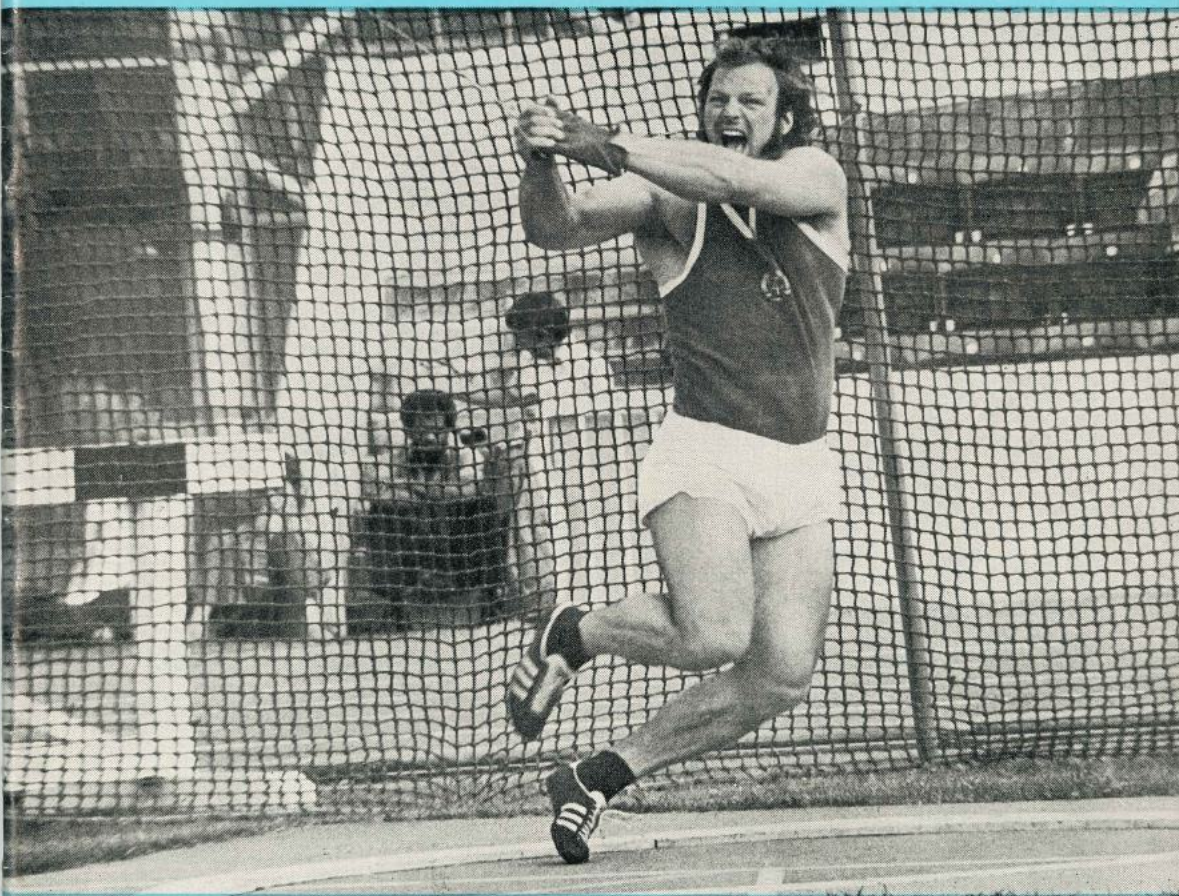
INSIDE

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12p

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Steroid Tests In Rome

TESTS to detect whether an athlete has been taking anabolic steroids will be used at the European Championships in Rome. The method of testing will be that pioneered by a British research team and as used in Christchurch, the difference being that athletes found to have been taking steroids will be disqualified. The IAAF's anti-doping rule to be enforced states: "Where testing for doping is to be carried out, the method of selection of the athletes to be controlled shall be decided before the event by the Doping Committee. Additional controls or tests may be ordered after the event at the discretion of the Doping Committee . . . An athlete who takes part in a competition must, if so requested by the responsible official, submit to an anti-doping control. Refusal to do so will result in disqualification . . . A competitor found to have used or to be in possession of doping substances at an athletic meeting shall be disqualified from the competition and reported to his national governing body." He or she would then become ineligible to compete in any further international competitions.

★ Seppo Tuominen, winner of the 5000m and third in the 10,000 at the recent Finnish Championships, was found to have taken a drug and has been disqualified.

Rediculous Situation

WRETCHED luck for Olly Flynn and Roy Thorpe as they missed selection for Rome. As stated by the Editor in last week's issue it is indeed an undeserved blow for these two men who have shown such fine and CONSISTENT form this year. Flynn held the much vaunted Zschiegner to 42 seconds on the track in the East German match, he won the National championship, and then had a great 89:26 in the Trial contesting the issue with Seddon and Mills right up to the last 2km. Britain's answer to Gerhard Weidner, Roy Thorpe, was a magnificent second at Christchurch, won the National 20 miles convincingly in hot weather and was pressing Dobson and Warhurst until the closing stages in the National 50km. Obviously there are those who have been selected on just one effort over the required standard while others who have much better credentials with regard to placing well in Rome are left in the cold due to the high standard and that there are three others with superior performances. What leaves me irate is the fact that there are at least three athletes who are going to Rome in the relays **WHO WILL NOT EVEN COMPETE!** How ridiculous can you get?

Colin Young

Rosemary Wright, not selected for Rome, bettered the European qualifying standard for the second time with a 2:04.9 800m at Aldersley last Saturday.

UK Record By Jenkins

DAVID JENKINS warmed up for the defence of his European title by equalling his UK 400m record of 45.2 in Zurich on August 16th. In an exciting race, he lost by just 2/100sec to Karl Honz (WG), 45.16 against 45.14, with Bernd Herrmann (WG) third in 45.73. Alfons Brijdenbach of Belgium tops the 1974 European list with 45.0. Olympic champion Wladyslaw Komar (Poland) moved into third place on the European shot rankings, headed by Geoff Capes at 21.37/70'1½", by putting 21.19/69'6½" in Warsaw last weekend. Capes himself reached 20.70/67'11" at last Saturday's Edinburgh Highland Games. Other results there included: 100: L. Piggot 10.3 (eq UK all-comers record and European qualifying); 200: D. Quarrie (Jam) 20.4; 400: R. Jenkins 47.5; 800: M. Winzenried (USA) 1:48.6 . . . 5, B. Foster 1:51.4; 110H: B. Price 14.0; LJ: A. Lerwill 7.74/25'4½"; PV: C. Carrigan (USA) 5.30/17'4½"; HT: I. Chipchase 71.00/232'11" (pb) . . . B. Williams 6 fouls; women's 100/200: R. Boyle 11.3/23.2; 400: J. Roscoe 53.4; 800: J. Allison 2:07.1; 100H: J. Vernon 13.3; HJ: R. Watt 1.75/5'8½".

EAST CHESHIRE HARRIERS

7 MILES RACE

(Under A.A.A. Laws)

3 p.m. Saturday, September 7th

Richmond Street, Ashton-u-Lyne

Prizes first 3 Teams (3 per team), first three home, first Veteran.

TOTAL PRIZE VALUE £50

Entries to J. Marsden, 29 Hollins Lane, Marple Bridge, Cheshire, to be received by first post September 5th. Fees: 25p Individual, 50p Team.

MEDWAY ATHLETIC CLUB

OPEN SENIOR 6 MILES

CROSS-COUNTRY RACE

AND YOUTH 3 MILES C.C. RACE

(Under A.A.A. Laws)

Mote Park, Maidstone

Saturday, September 28th, 3 p.m.

Prizes 1st Team, first 3 Individuals (other prizes according to entries).

Fees: 20p per individual, no team fees (6 to run, 4 to score).

Entries close Sept. 20th, to L. A. Smith, 5 The Shades, Knights Place, Strood, Kent. Tel.: Medway 70224 (home) or 01-686 8710 (business).

Cover photo by Peter Tempest

ATHLETICS WEEKLY

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THE WEEK AHEAD

Saturday, August 24th: British League (Div 1 at Cwmbran/Div 2 at Chiswick/Div 3 at Brighton); Scottish AAA Decathlon and Scottish WAAA Pentathlon Champs and SAAA 10,000 Walk at Meadowbank; Intermediate, Juniors and Girls Representative match—Scotland v N Ireland at Grangemouth; Thurrock H Open Meeting at Crystal Palace; Parks Trophy Meeting; Chiltern League Trophy Meeting; Civil Service Champs at Kirkby; Lily B League (Div 1 at Norbiton/Div 2 at Carshalton); Harlow '10'; Two Bridges '36' at Rosyth; Preston to Morecambe 'Milk marathon'; Burnall Classic Fell Race (Cat: A) and Dales Junior Fell Race; Glenurquhart Hill Race (Cat: B); Enfield 20km Walk.

Sunday, August 25th: Scottish AAA Decathlon Champs (2nd Day), SAAA and SWAAA Relay Champs and SAAA 10 Miles Champs at Meadowbank; Parents Open Meeting at Crawley; Cannock YA's Meeting.

Monday, August 26th: SCAAA v AAA (Junior) at Crystal Palace; Welsh 10,000 Champs at Cwmbran; Spalding Relays; BMC National 5000m at Erith; Waldron Trophy Meeting at Reading; Ashby-de-a-Zouch and District Meeting; Paignton '15'; Farnham Town Show CC '6'.

Tuesday, August 27th: Stretford Track League.

CLUBS AND RATES

Dear Sir,

Clubs owning property will be aware that they are able to seek discretionary relief of 50 per cent of their rates from their Local Authority. Attempts are being made through the CCPR to ease the rates burden on sports clubs.

To this end, all clubs paying rates are asked to write to the AAA at 70 Brompton Road, SW3 1EE, giving brief details of the property, the rateable value, the rates payable in 1973/74 and 1974/75 and whether any relief has been applied for and, if so, granted or rejected.

F. J. Martell,
AAA National Administrator

* * *

Conrad Milton is organising a course for middle and long distance coaches on October 27th at Crystal Palace. The course will be staffed by National and Southern staff coaches and during the day, in addition to the lectures and practical demonstrations by leading athletes, every effort will be made to answer the questions of those attending. Further details will appear in 'AW' September 14th.

Double Victory for UK Junior Men in Madrid, August 10th

ROGER JENKINS AND LESLEY KIERNAN QUALIFY FOR ROME — Alan Lindop reports

IN very hot conditions the UK Junior team had a double success in Madrid, defeating Spain by 4 points, with everything resting on the last event for victory, whilst they decimated the Portuguese by claiming 142 out of a maximum of 146 points.

The meeting, held at night to alleviate some of the heat, started with successes in the two throwing events. Ian Lindley took the shot with a fourth round personal best effort of 14.77m (previous best 14.72m), ahead of team-mate Simon Rodhouse. They both had to contend with a loose stopboard, while Phil Scott had no problems in winning the hammer by nearly 6 metres.

The first match event held on the Tartan track also produced a personal best in the person of Wilbert Greaves. The Spaniard, Tejada, started off well with Steve Johnson in second place most of the way, but Wilbert had a storming run down the final straight to lower his best from 55.2 to 54.4 in second place. Miguel Arnau (10.4 100m and 21.1 200m this year) had no trouble in taking both sprints, where the Britons finished 3rd and 4th in each event. All four ran well, Leslie Hoyte equalling his best of 21.6 for third in the 200.

The most outstanding run of the match was Roger Jenkins' 400m. Running in lane 1, the AAA Junior champion had caught the stagger up in about 30 or 40m on most athletes, and had a comfortable lead at the 300m mark, with Chris Van Rees second. Roger then had a good home run, finishing in a personal best of 46.8 (previously 47.1) and in the process equalled the European qualifying standard. Chris finished a good second in 47.9, defeating Leopold Puertas, who has clocked 47.7 this year. Roger, as well as some of the other athletes, complained of minor breathing difficulties in the humid air.

Paul Williams ran a superbly judged 1500m. After the Spanish athlete took an early lead, Paul was content to stay either second or third, and was second at the bell when Antonio Atabao, who was 8sec faster than Paul at 3:45.1, made his move. Paul had the stronger finish and sprinted home to chop 3.6sec off his best time. Another lifetime best was recorded by David Warren when finishing 3rd in the 2000m steeplechase, reducing his time from 5:56.8 to 5:55.4.

Richard Slaney (discus) and David Ottley (javelin) maintained the winning streak in the throwing events, ably supported by Paul Buxton and Peter Yates, all four athletes coming close to their best performances. Britain kept a narrow lead over Spain throughout the events with good performances in the high hurdles by Tony James and Mike Jackson, both of whom tied their

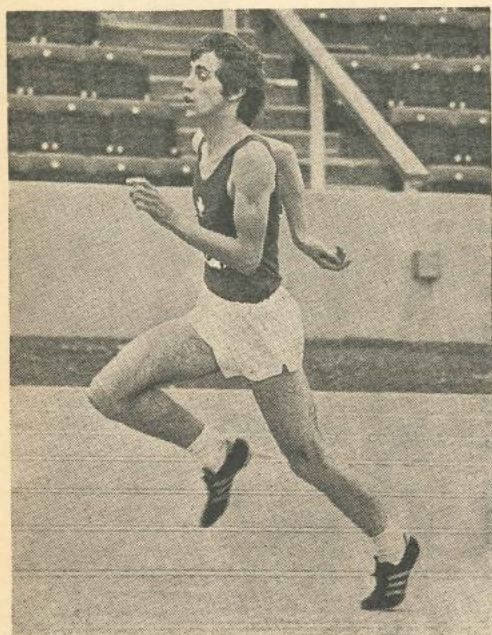
bests, despite the former clipping at least five hurdles. They were no match, though, for Juan Lloveras (14.0 this year) at 14.4. Team captain Tony Dyke led at the bell (54.2) in the 800, but was overtaken by Jaime Lopez Egea. Alan Mottershead took a further 1.2sec off his best in third position.

Roy Mitchell took control of the long jump with a good leap of 7.25m, despite 'well used' boards, and Trevor Paice cleared 7.08m, although some of his no jumps were in excess of 7.20m. In the high jump, Martyn Shorten set an outdoor personal best of 2.00m (he has cleared this indoors) at his third attempt, a jump which would have got him over 2.03m if the bar had been set at that height. In the AAA Junior Championships, Frank Attoh made a last minute bid to get in the team with a UK 17-year-old best of 15.21m with his last jump of the competition. In Madrid he did his trick again, this time in the fifth round, with a fantastic jump of 15.44m, aided by a wind of 1.8m, therefore beating his own age record.



Tears as Lesley Kiernan wins WAAA 800 title; but it was all smiles in Madrid when she clocked 2:04.5.

Ed Lacey



TONY DYKE
Captained UK Junior team.

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The Spanish quartet in the sprint relay proved to be very useful together and their baton changing helped them to a 40.6 Junior record, with the British in their wake at 41.2. There was no opposition to the British 4 x 400 contingent, with Roger Jenkins anchoring the team at 47.1. Other splits were Brian Jones 48.8, Peter Hoffmann and Chris Van Rees 47.3.

In the women's invitation events the British girls had everything their own way. Lesley Kieran celebrated her 17th birthday the previous day with a European qualifying standard. Having clocked 2:05.1 and 2:05.2 she needed a fraction of a second to get 2:05.0 before the team was picked for Rome the following day. Her run was virtually a solo effort, as her competitors proved to be no match for her. She reached the 200 mark in 28.5, the bell in 60.2, and the 600 mark in 91.5, and with desperation and the support of the rest of the British team finished very strongly in 2:04.5—her target achieved. Sue Mapstone won both her events in fine style, taking two personal bests in the process, although she has better windy marks to her credit, while Jane Colebrook clipped 0.2 off her best 400m time, and 14-year-old Janis Walsh took care of the opposition in the short sprint equalling her best of 11.8. Andy McMaster won both sprint events in good times in the invitation men's events.

The presentation of the meeting lacked the lustre one usually expects of internationals. No programme was available, just a duplicated order of events, and I don't know whether the organisers were short of field officials, but on most of the events a minimum number were used. For example in the shot, one judge was in charge of the circle, judging the front and back of the circle, as well as the actual put (albeit from the wrong side!) and measuring.

100: 1, M. Arnau (S) 10.5; 2, J. Carbonell (S) 10.6; 3, GARETH EDWARDS 10.7; 4, RICHARD MEREDITH 10.8; 5, J. Silva (P) 10.8; 6, A. Santos (P) 10.9.

200 (+ 0.1): 1, Arnau 21.0; 2, J. Reverter (S) 21.4; 3, LESLIE HOYTE 21.6; 4, ANDREW HARLEY 21.8; 5, Santos 22.2; 6, Silva 22.4.

400: 1, ROGER JENKINS 46.8; 2, CHRISTOPHER VAN REES 47.9; 3, L. Puerta (S) 48.6; 4, A. Paez (S) 49.0; 5, A. Borges (P) 50.5; 6, A. Ribeiro (P) 50.7.

800: 1, J. L. Egea (S) 1:49.9; 2, ANTHONY DYKE 1:50.2; 3, ALAN MOTTERSHEAD 1:50.8; 4, M. Gomes (P) 1:53.5; 5, L. Marimon (S) 1:54.1; 6, F. Marinho (P) 1:56.4.

1500: 1, PAUL WILLIAMS 3:50.0; 2, A. Atabia (P) 3:50.3; 3, J. L. Gonzalez (S) 3:51.3; 4, M. A. Fernandez (S) 3:57.3; 5, RICHARD BOLAM 3:58.4; 6, J. Campos (P) 4:10.5.

5000: 1, WILLIAM SHERIDAN 14:41.8; 2, C. Alario (S) 14:44.4; 3, JEREMY ODLIN 14:47.2; 4, J. Sena (P) 14:50.6; 5, I. Feijoo (S) 15:45.0; 6, Campos 16:22.6.

2000SC: 1, M. Nunez (S) 5:47.8; 2, E. Guzman (S) 5:47.8; 3, DAVID WARREN 5:55.4; 4,

JOHN TIERNEY 5:56.8; 5, M. Paiva (P) 5:57.0; 6, A. Ribeiro (P) 6:01.6.

110H (+ 0.3): 1, J. Lloveras (S) 14.4; 2, ANTHONY JAMES 15.0; 3, MICHAEL JACKSON 15.0; 4, J. Moracho (S) 15.1; 5, A. Maruta (P) 16.6; 6, N. Andrade (P) 17.2.

400H: 1, G. Tejada (S) 54.2; 2, WILBERT GREAVES 54.4; 3, STEPHEN JOHNSON 55.0; 4, Maruta 57.2; 5, A. Horcajada (S) 60.0; 6, J. C. Tarre (P) 60.2.

HJ: 1, M. Perarnau (S) 2.06/6'9"; 2, F. M. Morillas (S) 2.06; 3, MARTYN SHORTEN 2.00/6'2"; 4, MILTON PALMER 1.95/6'4"; 5, R. Vergamota (P) 1.85/6'0"; 6, L. Leite (P) 1.80/5'10".

PV: 1, J. L. Astola (S) 4.40/14'5"; 2, R. Oriol (S) 4.20/13'9"; 3, KEITH STOCK 4.10/13'5"; 4, Vergamota 4.00/13'1"; 5, M. Neves (P) 3.80/12'5". CHRISTOPHER BOREHAM foh—4.00.

LJ: 1, ROY MITCHELL 7.25/23'9"; 2, S. R. Risco (S) 7.22/23'8"; 3, TREVOR PAICE 7.08/23'2"; 4, J. R. Infanta (S) 7.03/23'0"; 5, A. Rodriguez (P) 6.73/22'1"; 6, M. Macedo (P) 6.19/20'3".

TJ: 1, FRANK ATTOH 15.44/50'8"; 2, ASTON MOORE 15.24/50'0"; 3, Infanta 15.19/49'10"; 4, A. Solanas 15.00/49'2"; 5, C. Cacirol (P) 13.87/45'6"; 6, Neves 13.62/44'8".

SP: 1, IAN LINDLEY 14.77/48'5"; 2, SIMON RODHOUSE 14.54/47'8"; 3, F. M. Correa (S) 14.51/47'7"; 4, E. Santo (P) 12.97/42'6"; 5, F. Pujadas (S) 12.73/41'9"; 6, J. Alves (P) 11.85/38'10".

DT: 1, RICHARD SLANEY 48.56/159'4"; 2, PAUL BUXTON 45.26/148'6"; 3, C. Buron (S) 42.46/139'4"; 4, J. Hermida (S) 41.14/135'0"; 5, J. Esteves (P) 40.96/134'4"; 6, Santo 35.90/117'9".

HT: 1, PHILIP SCOTT 55.00/180'5"; 2, J. B. Gayoso (S) 49.20/161'5"; 3, R. Nuche (S) 48.80/160'1"; 4, MATTHEW MILEHAM 47.28/155'1"; 5, J. Ontorelo (P) 45.28/148'7"; 6, A. Alemida (P) 42.06/138'0".

JT: 1, DAVID OTTLEY 71.84/235'8"; 2, PETER YATES 67.10/220'2"; 3, M. Canavos (S) 62.78/206'0"; 4, M. Ferrer (S) 52.34/171'9"; 5, J. Alves (P) 51.44/168'9"; 6, M. Pereira (P) 48.34/158'7".

4 x 100: 1, Spain (A. Cruz, J. Carbonell, J. Reverter, M. Arnau) 40.6 (rec); 2, UK (GARETH EDWARDS, RICHARD MEREDITH, ANDREW HARLEY, LESLIE HOYTE) 41.2; 3, Portugal (A. Santos, N. Serina, J. Silva, A. Maruta) 42.5.

4 x 400: 1, UK (BRIAN JONES, PETER HOFFMANN, CHRISTOPHER VAN REES, ROGER JENKINS) 3:11.4; 2, Spain (G. Tejada, J. Mir, J. Mirones, A. Paez) 3:18.8; 3, Portugal (A. Borges, M. Gomez, A. Ribeiro, F. Bras) 3:23.4.

Points: UK 102, Spain 98; UK 142, Portugal 58; Spain 139, Portugal 62.

Invitation events

100: 1, ANDREW McMASTER 10.9; 2, G. P. Adamze (S) 11.1; 3, M. L. Rodriguez (S) 11.1.
200: McMASTER 21.8.

Women

100 (+ 0.3): 1, JANIS WALSH 11.8; 2, E. C. Muniz (S) 12.1; 3, D. V. Jorba (S) 12.4. 400: 1, JANE COLEBROOK 55.3; 2, R. Colorado (S) 55.7; 3, J. S. Perez (S) 56.1. 800: 1, LESLEY KIERNAN 2:04.5; 2, R. Orchardiano (S) 2:09.7; 3, M. Garay (S) 2:12.5. 1500: 1, RUTH MORRIS 4:31.0; 2, CHERRY HANSON 4:34.5; 3, E. Escudero (S) 4:35.3. 100H: 1, SUSAN MAPSTONE 14.2; 2, M. J. Martinez (S) 15.0. LJ: 1, MAPSTONE 6.04/19'9"; 2, Perez (S) 5.76/18'10".

NORTHERN LEAGUE

(Division 2)

At York, July 27th

Rowntrees 264; Warrington 231; Hull Spartan 227; Blackpool 190; Manchester AC 185; Wallasey 143.

100: 1, G. Armstrong (MAC) 11.1; 2, D. Artley (Hull) 11.1. 200: Artley 22.5. 800: W. Wilkinson (Rown) 1:54.9. 3000SC: 1, P. Moon (Hull) 9:31.4; 2, H. Jarratt (B'pool) 9:36.6. 110H: M. Kindon (Warr) 15.8. 400H: H. Robinson (Warr) 55.8. DT: B. Hesford (Warr) 40.20/131'11". HT: C. Preston (Wall) 44.68/146'7". JT: S. Osbourne (Rown) 57.38/188'3". 4 x 100: Warrington 44.5. 4 x 400: Rowntrees 3:26.3.

FRODSHAM LADIES RACES

(Under N.C.W.C.C. and R.W.A. Rules)

SUNDAY, OCTOBER 6th, 1974

3000m Ladies Race £10, £5, £3, £1. Ind. Entry fee 20p. Age 16 and over 1/9/74. Trophy for First Team of Three.

3000m Intermediates Race £5, £3, £2, £1. Ind. Entry fee 20p. Age 15 and 16 on 1.9.74. Foundation Trophy for First Team of Three—holders: Warrington A.C.

3 x 1200m Junior Girls Relay 3 x £3, 3 x £2, 3 x £1. Team Entry fee 50p. Age 13 and 14 on 1/9/74. Beswick Trophy—holders: Warrington A.C.

3 x 1200m Minor Girls Relay 3 x £3, 3 x £2, 3 x £1. Team Entry fee 50p. Age 11 and 12 on 1/9/74. Frodsam Plaque—holders: Bromsgrove and Reddich A.C.

3 x 600m 'Mini-Minor' Relay Awards for first 3 teams. Team Entry fee 40p. Age 9 and 10 on 1/9/74. Arena Sports Trophy.

(On grass—spike course.)

Enquiries and Entries to K. A. Riddoch, 32 Grasmere Road, Frodsam, via Warrington WA6 7LG.

ENTRIES CLOSE SEPTEMBER 23rd, 1974

Donna Murray Sparkles in 300 metres

THE once highly reputable London Fire Brigade meeting took a giant step out of the doldrums on the occasion of its 63rd meeting held at Crystal Palace on August 7th and now looks well set on the road to becoming a highly attractive meeting in the future. The meeting gained pace and excitement throughout, with every event matching the ever-consistent quality of the 3000m team race. The Southern Counties officials, Andy Norman and Arthur Kendall provided the London Fire Brigade with their first class organising talents; the conditions were perfect with a still, cool evening and the invited guests responded accordingly.

Donna Murray sharpened her form for Rome with a superb 300m clocking, fractionally outside the world best, ahead of Raelene Boyle. In the field, Geoff Capes showed that he is in top shape and if he is, as he maintains, throwing in these competitions only under self-imposed training conditions, then we can expect great things from Geoff at the European championships. Mike Bull is rapidly putting everything together and improving seemingly with every vault, he will hopefully be back to his very best in Rome. A huge 3000m field got away to its usual cracking pace (60.0 first lap) and four men passed the bell together, with Chris Stewart using his finishing power to advantage over Keith Penny, Frank

Briscoe and Dave Lem (10sec pb improvement).

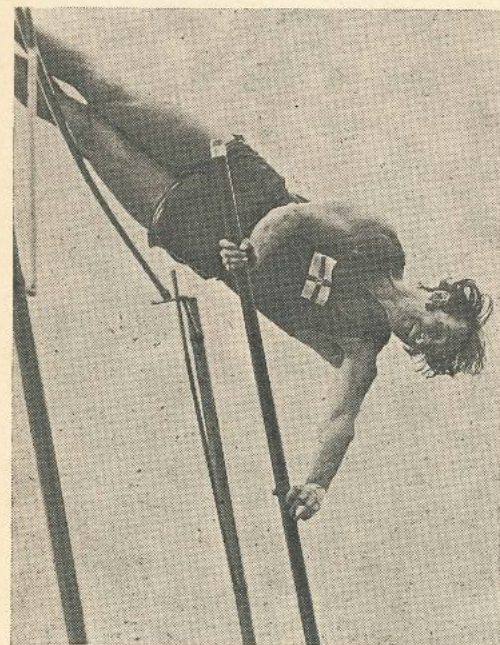
Invitation events: 300: 1, R. Casselman (US) 33.4; 2, J. Wilson (QPH) 33.6; 3, S. Marlow (Chelm) 33.9. 1000: 1, J. Greatrex (SLH) 2:24.5; 2, M. Fromant (Mit) 2:25.5; 3, C. Van Rees (Ox) 2:25.8; 4, P. Chimes 2:26.5; 5, W. Tarquini (HHH) 2:27.0; 6, A. Falconer (Camb H) 2:27.2. 3000 Team Race: 1, C. Stewart (B'mouth) 7:57.8; 2, K. Penny (Camb H) 7:59.0; 3, F. Briscoe (HW) 7:59.4; 4, D. Lem (Pol) 7:59.6; 5, R. Newble (Inv) 8:01.0; 6, B. Smith (Thurr) 8:03.0. Teams: 1, Hercules Wimbledon 13; 2, Invicta 26; 3, National Police 28. PV: 1, M. Bull (W&B) 5.20/17'04"; 2, C. Boreham (Pole) 4.45/14'74"; 3, J. Fenge (HW) 4.30/14'11". SP: 1, G. Capes (Enf) 20.87/68'54"; 2, M. Winch (B&H) 19.12/62'84"; 3, P. Tancred (BRC) 17.70/58'11". (Senior Women) 100: 1, R. Boyle (Aus) 11.7; 2, D. Murray (S&E) 11.8; 3, J. Roscoe (Stret) 12.2. 300: 1, Murray 36.2; 2, Boyle 36.8; 3, Roscoe 37.7. HJ: 1, B. Lawton (AF&D) 1.80/5'104"; 2, F. Stacey (Wig) 1.70/5'77"; 3, R. Few (Mit) 1.70.

Open events: 800: 1, E. Coffey (Ex B) 1:50.5; 2, J. Batt (Notts) 1:51.6; 3, B. Gibson (Hill) 1:52.3; 4, I. Pearce (Hay) 1:52.6; 5, M. Macauland (Pilk) 1:53.0; 6, J. Aldridge (Enf) 1:53.1. 3000W: 1, R. Mills (Ilf) 12:22.6; 2, P. Marlow (S'end) 12:23.0; 3, C. Lawton (Bel) 13:10.4; 4, A. Buchanan (B&H) 13:12.0; 5, C. Young (Ex B) 13:34.4; 6, A. Banyard (S'end) 13:35.0.

SCWAAA Senior Champs: 800: 1, M. Coomber (Camb H) 2:07.5; 2, M. Sonner (LOAC) 2:08.2; 3, J. Allison (Camb H) 2:09.0; 4, P. Yeoman (Felt) 2:10.1; 5, C. Gould (Barn) 2:11.0; 6, R. Ennis 2:13.0. 4 x 100: 1, Essex Ladies 47.5; 2, Mitcham 48.4; 3, Cambridge H 48.4; 4, Mitcham 49.2; 5, LOAC 49.4; 6, Epsom & Ewell 50.5. 600 Medley: 1, Essex Ladies 1:11.6; 2, Mitcham 1:14.3; 3, Mitcham 'B' 1:15.0; 4, Cambridge H 1:15.8; 5, Epsom & Ewell 1:18.2; 6, Selsonia 1:18.4.

London Business Houses ASA Champs: 1600 Medley: 1, Hermes 3:30.5; 2, Elliotts 3:33.2; 3, Lloyds Bank 3:40.2; 4, GLC 3:40.4; 5, Elliotts 'B' 3:43.3; 6, Lensbury 3:46.6. 3200 Medley: 1, Elliotts 7:58.0; 2, Hermes 7:59.0; 3, Lloyds Bank 8:15.6; 4, London Transport 8:23.6; 5, Lensbury 8:25.8; 6, Lloyds Bank 'B' 8:26.4.

Fire Brigade 1600 Medley: 1, London 3:50.9; 2, Staffordshire 4:02.3; 3, Great Manchester 4:05.1.



Mike Bull topped 17 feet for the first time this season at the Fire Brigade Meeting.

Tim Pike

ROME PREVIEW ISSUE

Next week's edition includes a Who's Who in the British Team, Euro Form Guide and Timetable.

Shaftesbury/Southern '10'**At Hendon, August 10th****BERNIE PLAIN PIPS TIM JOHNSTON**

AFTER a morning of heavy showers the clouds partially cleared to give an afternoon of sunny periods spoilt only by a strong wind, a factor which had a considerable influence on the race. A total of 245 runners faced the starter, some 30 more than ever before.

The wind immediately reflected itself in several large groups being established to protect themselves against its gusts such that at 2M Bob Sercombe led a group of ten through in 9:21 (9:10 on the day when Steve Walker's record of 47:29 was set), followed by one runner at 9:25 and then a gap of 100y to the next group. By 5M the leaders had dropped four of the initial pack, so that Bernard Plain led a group of six through in 24:08. They were Tim Johnston, Dave Lem, Bob Lunnon, Graeme Pringuer and Sercombe. The Shaftesbury pair of Jeff Henry and Hugh Starkey were close behind in 24:24 followed by Mike Turner 24:29 and John Wilkins 24:56.

At 6M, Plain, Johnston and Lem began to open up a little gap between Lunnon, Pringuer and Sercombe, and by 8M the leaders passed in 39:01, 7sec up on Lunnon, who was a further 9sec up on Pringuer. Sercombe was feeling the effect of the wind and began to drop slightly behind. The leading three continued to battle the race out with all three taking the point of the triangle up the last hill between 9½ to 9¾M, with if anything Lem looking most likely to succeed. At the turn down to the stadium Johnston forged forward and with 250y to go had a 15y lead which Plain managed to pull back. The Welshman won by 2y from Johnston with Lem only 5sec behind.

The order that followed was the same as at 8M with just slightly larger gaps between. Johnston, who had travelled over from Belgium, was perhaps the most disappointed not to have held his lead but nevertheless took the Southern title complete with the new Southern Individual trophy. Haringey and Southgate won the Dave Bedford Southern team trophy as well as the A. J. C. Kendall Shaftesbury team award. Neil Saunders won the U/21 award with a remarkably fast time in the conditions. Dave Case in his first year as a 'vet' won their award. Shaftesbury were indebted to Green Shield Stamps for their continued sponsorship of the event.

Roger Simons

1, B. Plain (Cardiff)	48:53
2, T. Johnston (Portsmouth)	48:54
3, D. Lem (Birmingham)	48:59
4, R. Lunnon (Gos) 49:14; 5, G. Pringuer (H&S) 49:37; 6, R. Sercombe (New) 49:43; 7, J. Henry (Shaft) 49:59; 8, H. Starkey (Shaft) 50:09; 9, M. Turner (Liv H) 50:43; 10, N. Saunders (H&S-U/21) 51:03; 11, D. Patterson (TVH) 51:09; 12,	

I. MacMillan (Inv) 51:19; 13, M. Weeks (Bing) 51:30; 14, F. Langford (Australia) 51:45; 15, J. Wilkins (Camb H) 52:20; 16, P. Williams (SLH) 52:44; 17, D. Townsend (Inv) 52:50; 18, F. Upcott (SLH) 52:53; 19, M. Heath (H&S/LT) 53:01; 20, B. O'Gorman (B'heath/GLC) 53:03; 21, R. Jackson (Canada) 53:08; 22, D. Davies (TVH) 53:13; 23, A. Brackstone (Walt) 53:17; 24, R. Castle (Inv) 53:20; 25, L. Mann (Bel) 53:24;

26, D. Milner (H&S-U/21) 53:35; 27, A. Bird (NT) 53:36; 28, P. Gregory (H&S/Lloyds) 53:37; 29, D. Case (E&S-V) 53:40; 30, J. Roberts (C&C) 53:44; 31, R. Charney (TVH) 53:46; 32, D. Batchelor (Ilf) 53:48; 33, T. Roden (SLH) 53:51; 34, D. Clark (Ver) 53:55; 35, D. Horsup (Thurr/Lloyds) 53:57; 36, R. Franklin (TVH-V) 54:03; 37, J. Taunton (Canada) 54:13; 38, H. Artiss (Ver) 54:15; 39, S. Hampson (TVH/Whit) 54:20; 40, P. Carr (Hill) 54:24; 41, T. Ryan (N Lon) 54:28; 42, H. Robinson (Ver) 54:33; 43, R. Macey (Ver) 54:34; 44, G. McEntire (E&E-V) 54:35; 45, J. Cock (E&E/Mead) 54:40; 46, L. Parrott (Hav) 54:42; 47, J. Broad (Army) 54:43; 48, M. Hampton (B'heath/Lloyds) 54:44; 49, D. Fairbrass (Kt) 54:49; 50, M. Grey (Shaft) 54:55;

51, J. McCurdie (AF&D/Lens) 55:01; 52, J. Arnold (E&S) 55:03; 53, A. Lightfoot (Ply) 55:04; 54, A. Mitchell (Ver) 55:31; 55, J. Forrest (Ran) 55:35; 56, M. Brennan (Prest) 55:46; 57, W. Anderson (Met Pol-V) 55:48; 58, R. Taylor (Leam) 55:55; 59, M. O'Bear (Thurr) 55:59; 60, M. Herring (Ilf) 56:01; 61, W. Pearson (N Lon) 56:10; 62, A. Pankhurst (Croy) 56:13; 63, P. Shephard (B'heath/Lloyds) 56:14; 64, A. Horne (Ran-V) 56:16; 65, B. Hercocock (Enf) 56:18; 66, I. Jolliffe (Inv) 56:19; 67, G. Hunt (E&S) 56:21; 68, R. Dickson (Croy) 56:23; 69, P. Purcell (N Lon) 56:23; 70, E. Nolan (Shaft) 56:24; 71, R. Giles (Orion) 56:25; 72, L. Williams (Card) 56:28; 73, G. Cobden (Ver) 56:30; 74, R. Branden (TVH) 56:31; 75, I. McKenzie (Met P) 56:33. 220 finished.

Southern Championship: 1, Johnston; 2, Pringuer; 3, Henry; 4, Starkey; 5, Saunders; 6, Patterson; 7, McMillan; 8, Wilkins; 9, Williams; 10, Townsend. **Southern Teams:** 1, Haringey and Southgate 19; 2, Invicta 31; 3, Shaftesbury 34; 4, SLH 39; 5, TVH 46; 6, Verlea 67; 7, Ilford 104; 8, Croydon 114; 9, Met Police 115; 10, Hillingdon 131.

Overall Teams: 1, Haringey and Southgate 34; 2, Invicta 53; 3, TVH 63; 4, Shaftesbury 64; 5, SLH 66; 6, Verlea 111; 7, Blackheath 129; 8, Ealing and Southall 145; 9, Cardiff 148; 10, North London 168. 33 teams closed in. **LBH Champs:** 1, Lloyds 18; 2, North Thames Gas 24; 3, Hermes 41. **Under 21:** 1, Saunders; 2, Milner 53:35; 3, D. Warner (Orion) 65:50.

"Accolade has helped my athletes improve recovery rate and maintain performance"

Ron Murray—Professional Athletics & Olympic High Jump Coach



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Accolade's balanced formulation scientifically replaces the lost fluids and electrolytes in the right proportions within minutes. It also helps to stop cramps, to quench thirst and — because Accolade contains glucose — to add energy.

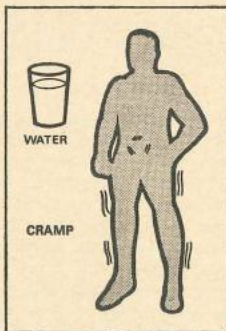
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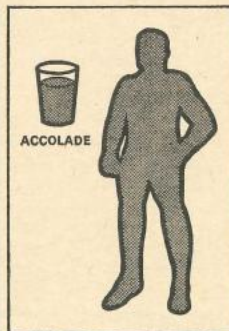
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AMATEUR STATUS RULES TO BE CHANGED BY IAAF

ALTHOUGH competition at the European Championships will be the focus of attention, Rome will also be the scene of important moves over the issue of amateur status. The IAAF Congress is meeting next week to discuss changes to the rules, bringing them in line with the International Olympic Committee's new code of eligibility.

There is a breakthrough in one area: for the first time, an athlete may officially be compensated for any loss of earnings resulting from his preparing for or competing in an international competition. Other proposals will ease some of the restrictions on athletes, if only to a limited degree. The changes are a welcome step in the right direction... but only a step.

The Background

The IAAF's seven-man Amateur Status Committee, chaired by Adrian Paulen and including IAAF honorary secretary Frederick Holder, was appointed following the 1972 Congress "to review the rules concerning eligibility and related questions and to make a report and recommendations to Council and Congress". The International Olympic Committee, meanwhile, was in the process of reviewing IOC Rule 26 which concerns eligibility to take part in the Olympic Games and a draft of the new rule was supplied to the IAAF's Committee in April 1974. The Committee undertook a comprehensive review of the relevant IAAF rules in conjunction with the new IOC proposals and their report was presented at a meeting of the Council in Rome in May. This was approved, without comment at that stage, for submission to IOC Members. At the same time some IAAF comments on the new IOC rule were sent to the IOC. "It should be said", stated Mr Holder, "that in general the IOC proposals were welcomed but there were some points which needed clarification, particularly in order to avoid any conflict between IAAF and IOC rules." The Committee's recommendations will, if accepted as is likely by Congress, come into force immediately. The new IOC rule will be ratified in October.

POINTS FROM THE IAAF'S PROPOSED NEW RULES Travelling Expenses

The range of meetings for which expenses are allowed will be extended. The daily allowance for out-of-pocket expenses will be raised from \$3 to \$5 to allow for the effects of inflation and is payable for the minimum time the athlete is required to be absent from home. The actual outlay for transport, travel insurance and lodging will be refunded where applicable. As before, national governing bodies must strictly control all financial transactions, but the previous insistence on payments being made through the national governing bodies of the countries concerned will be dispensed with as it considered this condition has become impracticable and is not enforced. Payment of travelling expenses will be limited to a total of 45 days in each calendar year, as against 28 days previously. However, no extensions will be granted whereas in the past extensions up to 14 days (making a maximum total of 42 days) have been granted.

Provision of Equipment and Services

Athletes may accept assistance in the form of equipment and services required for training and competition, subject to the control of the national governing body. Assistance is limited to: (a) sports equipment and clothing; (b) insurance cover for accidents, illness, disability and personal property; (c) cost of medical treatment and physiotherapy; (d) coaches and trainers authorised by the national governing body.

Compensation for Loss of Earnings

For the first time, compensation will be permitted for loss of earnings resulting from the athlete's absence from his normal occupation on account of preparation for or participation in international competition. Such compensation may be payable for a maximum of 60 days for preparation and 45 days for competition in each calendar year, and must be authorised by the national governing body.

EPSOM AND EWELL HARRIERS RONSON OPEN 6 x 2 MILE CROSS-COUNTRY RELAY

For Seniors, plus Open Youths, Boys and
Colts Cross-Country Races

SATURDAY, SEPTEMBER 21st, 1974

Youths 4M—Boys 2½M—Colts 2M

Medals: 1st, 2nd and 3rd Ind., 1st, 2nd and 3rd Youths, Boys and Colts Teams. Prizes 1st, 2nd and 3rd Senior Teams.

Entry Fee: Youths, Boys and Colts 15p. Individual, Senior Team 50p. Entries by September 9th (on A.A.A. forms) to D. French, 147 Francis Close, Ewell, Surrey.

VAUXHALL MOTORS R.C. LUTON TO BEDFORD 20 MILE ROAD RELAY

(Five Stages)

Incorporating Veterans Relay

SUNDAY, OCTOBER 6th, at 2 p.m.

Prizes: first three Teams, first 'B' Team, first two Veterans Teams.

Entry Fees: £1 first Team, 50p additional Teams. Entries and Details: Roger Churm, 158 Grampian Way, Luton.

CLOSING DATE SEPTEMBER 30th

RESULTS IN BRIEF

June 22nd

Richmond Schools 166 v Hounslow Schools 163 at Twickenham. (Youths) SP: M. Strzadala (H) 14.83/48'8". HT: A. Rago (H) 45.14/148'1". JT: Strzadala 48.78/160'0". (Boys) 100: G. Cohen (R) 11.8. 200: P. Fitzsimmons (R) 24.3. (Open races for Junior girls) 100/200: S. Hedges (Twick) 12.4/27.1.

July 25th

Stoke-on-Trent Festival Meeting at Cobridge Stadium. 3000: M. Mountford (Staff-J) 8:44.4. (Youths) 100H: I. Ratcliffe (Stoke) 14.2. (Senior Women) 1500: C. Readdy (Stoke) 4:44.0.

July 27th

Salford H 10,000m Championships at Cleaves Playing Fields: 1, S. Curran 30:56; 2, S. Clegg 31:26; 3, M. Murphy 31:34.

Open meeting at Black Bridge. HJ: J. Schouter (Gouda/Holland) 1.90/6'2 3/4".

July 29th

Lloyds Bank Open Meeting at New Beckenham. SP: P. Tancred (A) 17.64/57'10 1/4". DT: Tancred 58.30/191'3".

July 30th

BMC 800m races at Woodford. (Men): 1, J. Craig (Canada) 1:50.8; 2, P. Browne (TVH) 1:51.2; 3, J. Greatrex (SLH) 1:51.3; 4, C. Barber (MAC) 1:52.0; 5, C. Van Rees (Chelm) 1:52.4; 6, J. Cadman (Cov) 1:53.9; 7, B. Smith (Thurr) 1:54.1; 8, D. Ainslie (Peter) 1:55.0. (B): R. Green (Harl)

Definition of Amateur

No change: the definition remains: "An amateur is one who competes for the love of sport and as a means of recreation, without any motive of securing any material gain from such competition."

Ineligibility for International Competition

The only significant changes from the existing conditions are that athletes of any age, not just those of 16 and older, are bound by the rules; and a professional in another sport can be declared eligible by the IAAF Council if satisfied that the practice of that sport is not of direct help for any athletic event (permitting, in the example quoted, a professional jockey to compete in cross-country running). To permit instances of non-commercial advertising and commercial advertising where this benefits the sport and not the individual, an athlete will be allowed to use his name or picture for advertising when this is connected with a contract for sponsorship or equipment entered into by his national governing body, and any resulting payment or benefit goes to that body and not the individual. For practical reasons, the ban on an athlete displaying advertising material on his clothing or travelling bag will apply only when competing, and no longer when training.

Mel Watman

1:56.4. (Women): 1, C. Hanson (Dby) 2:12.8; 2, B. Price (Ux) 2:14.6; 3, K. Fielon (Port) 2:14.9; 4, S. Hines (Thurr) 2:16.0; 5, N. Eisenberg (Wig) 2:16.7; 6, J. Low (Ux) 2:18.0.

City of London Poly Monthly Handicap at Tower Hill. 1, C. Moxsom (W Gn) 13:06; 2, J. Halliday (HW) 13:29; 3, M. Robinson (Hav) 13:35. Handicap: I. Squires (Lon P) 17:30.

Tonbridge "Three Thousands". (Senior Men) 3000: J. Wigley (Inv) 8:32.0. 3000SC: A. Sharp (Ton) 9:42.5.

Open Graded Meeting at Ashton Playing Fields, Woodford. (Senior Men) 200: 1, M. Blackman (W Gn) 22.3; 2, S. Gibbons (Vic P) 22.8. 400: Blackman 50.1. 800: 1, M. Benn (Camb H) 1:54.6; 2, C. Ridley (Walt) 1:56.3. 3000: 1, K. Hutchin (Met P) 8:34.6; 2, P. Bryan (Hav) 8:35.4. 3000W: 1, M. Dunion (Ex P) 13:34.8; 2, L. Mockett (Hf) 13:52.2; 3, D. Sheppard (Ex P) 14:18.6.

Gloucester 143 v Gouda (Holland) 104. 110H: 1, J. Schouter (Gouda) 16.0; 2, L. Griffiths (Glos-J) 16.0. (Women) HJ: J. Parry (Glos-J) 1.55/5'1". Teams: AFD Gouda 214; AUT Yuekumst Hasselt (Belgium) 211; Gloucester 194.

July 31st

Vets AC 1500m handicap: 1, W. Motley (55s) 3:51.0; 2, A. Else (75s) 4:10.0; 3, P. Maffia (30s) 4:13.0. Fastest: Maffia 4:43.0.

August 3rd

Southern Women's League (Div 1) at Norwich. DT: G. Bird (Norf O) 46.24/151'8".

Sale H Open Throwing competition at Crossford Bridge. DT: 1, G. Dirkin (Stret) 51.52/169'0"; 2, G. Tyler (Sale) 50.20/164'8"; 3, A. Drzewiecki (Stoke) 47.58/156'1"; 4, D. Sorrell (B'burn) 44.78/146'11"; 5, R. Dale (Stoke) 40.74/133'8". SP: 1, Dale 16.04/52'7 3/4"; 2, Sorrell 15.21/49'11"; 3, Drzewiecki 15.15/49'8 1/4"; 4, N. Parry (Liv H) 15.00/49'2 1/4"; 5, Tyler 14.54/47'8 1/4".

Belgrave Club championships at Battersea Park. 3000SC: A. Black 9:39.4. HJ: R. Hopkins 1.85/6'1".

August 4th

North East Field Events Club competition at Newcastle-upon-Tyne. HT: 1, I. Chipchase (NSP) 68.00/223'1"; 2, P. Dickenson (Hill) 65.72/215'7"; 3, P. Gordon (Met P) 59.22/194'3"; 4, A. McKenzie (ESH) 52.76/173'1".

Stretford Open Throwing competition at Longford Park. DT: 1, G. Tyler (Sale) 51.88/170'2"; 2, G. Dirkin (Stret) 51.20/168'0".

Holbeach AC Trophy Meeting at Spalding. (Senior Men): Norfolk Oly 278; Lincoln C&C 234; Holbeach 188; Derby 163; Lincoln Well 118; Peterborough 117. (Senior Women): Derby 223; eq, Lincoln C&C & Holbeach 133; Norfolk Oly 127; Lincoln Well 76; Diss 57.

Due to the incapacitation of Bernard Baldwin through a broken ankle, all RRC Wales events have been postponed until further notice.

HARTNETT RUNS 3:56.3 MILE ON GRASS

A CROWD of about 1000 were privileged to see a superb mile run by 23-year-old John Hartnett when he clocked a scintillating 3:56.3 at the Cork City Sports on July 5th. When one considers that the former Villanova star recorded this run on a grass track the performance really slots into perspective. The opening lap of 56.5 by Tony O'Leary set the scene with Eamonn Coghlan taking over for a short spell after that, but Hartnett seized the initiative and went through 800 in 1:57.5. The other Villanova-based Irishman, Gregan, was now chasing Hartnett very hard but Hartnett had shaken off all opposition as he hit 1200 in 2:56.2. On the last circuit the smooth moving Hartnett, Irish record holder at 3:54.7 maintained his rhythm and came home a fine winner. Gregan, running with great courage throughout, returned 4:01.6. Hartnett must now be looking to Rome and his recent 1500 record of 3:38.1 is further proof of his well being.

BLE SENIOR CHAMPIONSHIPS

At Santry, July 20th/21st

These championships must rank as one of the most successful in recent times. The opening event saw Bernie Hartigan and Phil Conway erase their unhappy AAA experiences in an exciting contest. Hartigan, the early leader, was overhauled by Conway with a career best on his fourth throw with 57.76/189'6" but the 32-year-old Limerick man came back with 58.20/190'11" in the fifth round to take the title and fourth place on the all-time Irish lists. Conway, however, came back in the final round of the discus to wrest the title from record and title holder Len Braham with 49.40/162'11". On the track Dermot Browne (18) had a good 100m run against a strong headwind in 10.8. The 400 was probably the best race of

IRISH NEWS by Nick Davis

the championships with Tim Crowe and Fana-han McSweeney having a titanic battle down the home straight with Crowe getting the verdict in a career best of 47.6, good running for an athlete who started the season with a 49.8 best. The 800 saw Eamonn Coghlan run a fine tactical race after a 56 opening lap to overhaul pace maker Niall O'Shaughnessy with Noel Carroll's usual dash for the line not being effective on this occasion. Mary Purcell recovered sufficiently from her WAAA mishap to take the 1500 title in gusty conditions in 4:27.0. Bristol's Brigid Rutledge, who is utilising her Irish qualifications, had a 100m hurdles/long jump double, setting an Irish record in the hurdles of 14.5. Gay Hogan had a shot/discus double and Sandra O'Toole (Lozells) a fine win in the javelin.

100: 1, D. Brown (Marc) 10.8; 2, V. Becker (Crus) 10.9; 3, T. Phelan (Crus) 10.9. **200:** 1, F. McSweeney (Grang) 22.5; 2, Phelan 22.5; 3, T. Crowe (Lim) 22.9. **400:** 1, Crowe 47.6; 2, McSweeney 47.6; 3, B. Crowley (Band) 49.4. **800:** 1, E. Coghlan (Don) 1:50.2; 2, N. O'Shaughnessy (Lim) 1:50.4; 3, N. Carroll (CS) 1:50.5; 4, J. McCarthy (Gosforth) 1:51.2; 5, B. Murphy (CS) 1:52.2; 6, J. Hartnett (Grang) 1:52.2. **1500:** 1, D. Noonan (Grang) 3:53.3; 2, K. Humpheries (DCH) 3:57.8; 3, T. Aspel (Water) 3:58.8. **5000:** 1, T. Gregan (Clon) 14:25.8; 2, P. Murphy (Kild) 14:40.0; 3, R. Tracey (Lee) 14:40.4. **110H:** 1, B. Curtin (UCD) 15.5; 2, S. Power (Lee) 15.6; 3, S. Fitzpatrick (W'ford) 16.3. **400H:** 1, Crowe 55.2; 2, J. McCarthy (Marc) 56.5; 3, Fitzpatrick 57.1.



Mary Appleby (Avondale), aged 16, clocked a windy 14.6 for 100m hurdles in the final of the BLE Inter-Club league. The Irish record stands at 15.1. Mary won both the Intermediate 80mH and 800 (2:13.8) at the All-Ireland Schools Championships.

Fionnbar Callanan

The WYCOMBE 24 HOUR MIXED ENDURANCE RELAY

(Under A.A.A. and W.A.A.A. Laws)

6 p.m. Friday, September 27th/

6 p.m. Saturday, September 28th

Run on grass, 15 runners
(10 male, 5 female)

Prizes given and awards to be made
throughout the 24 hours.

Entry: £3 per team (catering and sleep-
ing area provided).

Details from S. T. Baskerville

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Bucks.

Tel: 0494-37022

HJ: 1, J. Fanning (Don) 1.93/6'4"; 2, J. Cooney (St Ant) 1.93; 3, I. Travers (DUH) 1.93. **PV:** 1, L. Gleeson (Nen) 4.10/13'5½"; 2, L. Hennessy (St Ant) 3.90/12'9½"; 3, S. Tremers (Sham) 3.90. **LJ:** 1, H. Duggan (Cran) 6.77/22'2½"; 2, P. Jordan (Mayo) 6.63/21'9"; 3, S. Reidy (Lim) 6.60/21'8". **TJ:** 1, Power 15.04/49'4½"; 2, M. O'Flynn (Lee) 14.77/48'5½"; 3, M. Sweeney (UCD) 14.44/47'4½". **SP:** 1, B. Coghlan (Lee) 15.63/51'3½"; 2, P. Hartigan (Lim) 14.48/47'6½"; 3, S. Hogan (Crus) 13.92/45'8". **DT:** 1, P. Conway (Crus) 49.40/162'1"; 2, L. Braham (Fin) 48.40/158'9"; 3, B. Kelly (Lough) 45.74/150'1". **HT:** 1, Hartigan 58.20/190'11"; 2, P. Conway (Crus) 57.76/189'6"; 3, Braham 52.54/172'4". **JT:** 1, P. Moore (Lee) 61.64/202'3"; 2, B. Curtin (UCD) 52.92/173'7"; 3, D. Casey (Lim) 52.60/172'7". **3000W:** 1, J. Mackey (Kilk) 13:32.8; 2, J. O'Leary (Clon) 13:59.8; 3, F. Walsh (W'ford) 14:24.6.

Women

100: 1, R. Algar (Crus) 12.1; 2, A. Jeffords (Lee) 12.3; 3, M. Doyle (St Fin) 12.4. **200:** 1, A. Morrison (Crus) 25.8; 2, Doyle 26.1; 3, P. Flatley (Mayo) 26.2. **400:** 1, Morrison 56.7; 2, Flatley 58.6; 3, P. Quinn (Ballin) 59.9. **800:** 1, P. O'Dwyer (Clon) 2:12.8; 2, J. Appleby (Clon) 2:13.3; 3, M. Donnellan (Moore) 2:13.6. **1500:** 1, M. Purcell (Guin) 4:27.0; 2, D. Nagle (Guin) 4:31.8; 3, V. Sherry (Glass) 4:37.1. **100H:** 1, B. Rutledge (Bris) 14.5; 2, M. Appleby (Avon) 14.7; 3, S. Flatman (Crus) 16.3. **HJ:** 1, Flatman 1.62/5'3½"; 2, M. Adams (Crus) 1.58/5'2½"; 3, B. Murray (Grange) 1.56/5'1½". **LJ:** 1, Rutledge 5.40/17'8½"; 2, J. Good (Band) 5.09/16'8½"; 3, F. Cooney (St Ant) 5.09. **SP:** 1, G. Hogan (Crus) 12.95/42'6"; 2, Cooney 12.80/42'0"; 3, R. Murphy (Crus) 10.60/34'9½". **DT:** 1, Hogan 42.04/137'11"; 2, M. Dunne (Crus) 40.00/131'3"; 3, M. Pasquetti (B'field) 39.20/128'7". **JT:** 1, S. O'Toole (Lov) 40.48/132'10"; 2, Hogan 38.14/125'1"; 3, Pasquetti 35.64/116'11".

IRELAND v PORTUGAL

At Belfield, July 23rd/24th

THE University College complex has recently acquired a new track titled 'Supertrack' and it was perhaps appropriate that its first international match should be such an enthralling contest that it could be aptly described as a super match. If at the end of two days athletics the host came out at the worst end of the points total the competitiveness and the quality of the match made up for any disappointments the home side may have had.

The opening track event saw Ireland's Brendan Curtin fall at the seventh flight and fail to finish in the 110 hurdles. However this was soon forgotten when in the 1500 John Hartnett and Eamonn Coghlan gave Ireland a 1-2 in a smooth 3:41.8, with Coghlan recording a career best in second spot of 3:41.9. Irish field events performers have in recent times come in for some criticism but on this occasion they raised their level of performance and were prodigious points scorers. Brendan

Coghlan heaved the shot a career best of 15.81/51'10½" with his team-mate Hartigan also achieving a new best in second spot. Jim Fanning came right back to form with a 2.02/6'7½" high jump win. The 10,000 saw Carlos Lopes have an untroubled win after a break halfway through the race in the fastest time ever run in Ireland for the distance with Niell Cusack missing the European qualifying by only four-tenths. The first day ended with the hosts leading 54-51.

On the second day, the field events took over the spotlight once again as Pat Moore, on his third javelin throw, broke the ten-year-old Irish record with a 67.40/221'1" effort to win the competition. Brendan Curtin came fighting back after his hurdles mishap with a personal best of 61.14/200'7". On the track Fernando Mamede (3:39.8 1500 this year) had too many guns for 18-year-old Niell O'Shaughnessy and sped past him in the straight. Eddie Leddy raised Irish hopes with a fine steeplechase run in 8:48.6. The Irish field events performers continued to respond to the challenge with Len Braham (38) improving on his Irish record with a 52.64/172'8" throw in the third round of the discus. Irish captain Phil Conway took second spot with a seasonal best of 50.18/164'7". Noel Carroll made up for his 800 disappointment with a fine anchor leg in the 4 x 400 to give the home side victory but Portugal were to come out on top in the triple jump and the match. But what a contest!

100: 1, A. Cachola (P) 10.7; 2, T. Phelan (I) 10.7; 3, D. Brown (I) 10.8. 200: 1, Cachola 21.8; 2, F. McSweeney (I) 21.9; 3, A. Maruta (P) 22.0; 4, Phelan 22.1. 400: 1, T. Crowe (I) 47.8; 2, McSweeney 48.2. 800: 1, F. Mamede (P) 1:49.5; 2, N. O'Shaughnessy (I) 1:49.9; 3, C. Cabral (P) 1:50.8; 4, N. Carroll (I) 1:52.2. 1500: 1, J. Hartnett (I) 3:41.8; 2, E. Coughlan (I) 3:41.9; 3, Cabral 3:47.4; 4, Mamede 3:54.9. 5000: 1, A. Simoes (P) 14:07.0; 2, Coughlan 14:14.6; 3, T. Gregan (I) 14:28.0. 10,000: 1, C. Lopez (P) 28:43.8; 2, N. Cusack (I) 28:50.4; 3, A. Pinto (P) 30:03.6; 4, D. Walsh (I) 30:14.4. 3000SC: 1, E. Leddy (I) 8:48.6; 2, M. Julio (P) 9:15.4; 3, F. Long (I) 9:27.0. 110H: 1, A. Matos (P) 14.5; 2, A. Ismael (P) 14.9; 3, S. Power (I) 15.5. 400H: 1, J. Carvahlo (P) 52.8; 2, Crowe 53.7; 3, J. Peralta (P) 55.4; 4, J. McCarthy (I) 55.9. HJ: 1, J. Fanning (I) 2.02/6'7½"; 2, I. Travers (I) 1.93/6'4". PV: 1, J. Serra (P) 4.61/15'1½"; 2, R. Borges (P) 4.61; 3, L. Gleeson (I) 4.10/13'5½"; 4, L. Hennessy (I) 3.60/11'9½". LJ: 1, A. Melao (P) 6.84/22'5½"; 2, P. Jordan (I) 6.71/22'0½"; 3, H. Duggan (I) 6.50/21'4"; 4, D. Branquinho (P) 6.49/21'3½". JT: 1, Melao 14.84/48'7"; 2, S. Power (I) 14.76/48'5"; 3, L. Azevedo (P) 14.68/48'2"; 4, M. O'Flynn (I) 14.30/46'11". SP: 1, B. Coughlan (I) 15.81/51'10½"; 2, P. Hartigan (I) 14.55/47'8½". DT: 1, L. Braham (I) 52.64/172'8"; 2, P. Conway (I) 50.18/164'7". HT: 1, J. Pedrosa (P) 55.62/182'6"; 2, Hartigan 54.94/180'3"; 3, C. Cardoso (P) 50.62/166'1"; 4, Conway 49.68/163'0". JT: 1, P. Moore (I) 67.40/221'1"; 2, M. Silva (P) 61.24/200'11"; 3, B. Curtin (I) 61.14/200'7". 4 x 100:

1, Portugal 42.0; 2, Ireland 42.1. 4 x 400: 1, Ireland 3:16.6; 2, Portugal 3:16.9. Match result: Ireland 105, Portugal 106.

OCTAVIAN RELAYS

At Meadowbank, July 28th

Senior Men

4 x 100: 1, ESH 42.3; 2, EAC 42.7; 3, Perth SH 44.1; 4, Hamburg SV 44.1. 4 x 200: 1, EAC 1:27.6; 2, ESH 1:28.2. 4 x 400: 1, EAC 3:22.1; 2, EAC 'B' 3:28.2. 4 x 1500: ESH 16:46.6. (Youths) 4 x 100: 1, EAC 44.6; 2, Derwent 46.3; 3, Shettleston 46.3. 4 x 400: EAC 3:35.8. 4 x 800: 1, Annadale Striders 8:13.4; 2, Shettleston 8:14.0. Team Trophy: 1, EAC 80; 2, ESH 30; 3, Derwent 29; 4, Border 26; 5, Lakeland 18; 6, St Columba's 18. (Senior Women) 4 x 100: 1, ESH 49.2; 2, Hamburg SV 50.0. 4 x 400: 1, EAC 3:22.1; 2, EAC 'B' 3:28.2. 4 x 800: 1, EAC 9:40.8; 2, ESH 10:15.2. (Juniors) 4 x 200: 1, Cupar 1:50.9; 2, St Andrews 1:53.3; 3, ESH 1:55.1; 4, EAC 1:55.7. 4 x 800: 1, Pitreavie 9:54.0; 2, ESH 10:12.2; 3, Darlington 10:15.6. Team Trophy: 1, ESH 69; 2, EAC 58; 3, Border 22; 4, St Andrews 19; 5, Hamburg SV 18; 6, ESH 'B' 18; 7, Pitreavie 15; 8, Lakeland 13.

Scottish 10,000 Championships: 1, J. Dingwall (EAC/EU) 29:43.4; 2, A. Hutton (ESH) 29:44.6; 3, D. Gunstone (EAC) 29:49.0; 4, C. Martin (Dumb) 30:21.4; 5, J. Wight (EAC) 30:21.6; 6, A. Blamire (ESH) 30:37.0; 7, M. Craven (ESH) 30:39.0; 8, W. Day (Falk) 31:07.0.

THE UNIGATE MARATHON

The Tenth Marathon at Harlow

(Incorporating Essex County Championship)
26 Miles 385 Yards (Under A.A.A. Laws)

Sponsored by Unigate

FROM HARLOW SPORTCENTRE

SATURDAY, OCTOBER 26th

1.30 p.m.

Prizes: First 20 Individuals, first local man, first Vet. over 40, over 50. First 3 Teams (3 scorers). Time Certificates to all finishers.
Entries: Individuals 25p (all runners must enter as Individuals), Teams 30p (6 run, 3 score). No additional fee for Essex Championship.

Full details from Tom Dradey, 78 The Maples, Harlow, Essex CM19 4RA. (Tel.: Harlow 33554.) S.A.E. please.

CLOSING DATE OCT. 14th—CERTAIN!

SCOTLAND

PIGGOT JUST MISSES STANDARD

A last minute attempt by Les Piggot to beat the stiff European 100 metres qualifying standard of 10.3 failed narrowly when he clocked a legal 10.4 to equal Don Halliday's four year old Scottish native record at the final Scottish Athletics League meeting at Meadowbank on August 11th. In a momentary lull (it was almost the only non windy sprint race of the afternoon) Piggot got a fine start and streaked through the tape over 5 metres clear of his nearest rival, with three Grade I timekeepers recording 10.38, 10.44 and 10.44. He later attempted the qualifying standard of 9.5 for 100 yards but slipped to 9.7 in spite of a 3.5m/s assisting wind.

Piggot has been in fine form recently, clocking 9.47 for 100 yards in reliably timed time trials at Meadowbank on August 4th and 9.46 at Garscadden on August 8th.

Frank Clement and David McMeekin, fresh from their outstanding victories at Crystal Palace the day before, substantially assisted their clubs in their successful fight to avoid relegation to Division 2. Clement had a busy afternoon with an effortless 800/5000 metres double together with a 51.0 leg in the 4 x 400 relay. McMeekin added a 49.8 relay split to his earlier victory in the 400 'B' race. Edinburgh AC narrowly won the final league match from their great city rivals, Edinburgh Southern, who with victories in the first three matches, easily won the overall league title for the third successive year. The EAC victory was mainly due to fine performances from Norman Gregor (not invited to the British Games 400 trial at Crystal Palace), who clocked a personal best 21.6 for 200 and contributed a blazing 47.2 (unofficial) relay split, Dick Williamson with a personal best of 4.27 in the pole vault, Ken Morrison's jumps double of 7.04/14.53 and Brian Burgess with his season's best of 1.97 for a popular victory in the high jump.

The promotion and relegation battle provided an intriguing struggle throughout the afternoon with Forth Valley joining Aberdeen AAC in Division II next year and Pitreavie winning the Division II title plus Cupar and District gaining promotion to Division I.

Colin Shields

100: 1, S. Brodie (EAC) 10.8w; 2, D. Hislop (ESH) 11.0. (B): A. McKenzie (ESH) 11.0. Invitation 100y (+ 3.5m): 1, L. Piggot (Gar) 9.7w; 2, Hislop 10.0; 3, Brodie 10.0. 200 (+ 4.3m): 1, N. Gregor (EAC) 21.6w (League rec); 2, G. Malcolm (Perth S) 21.7; 3, D. Combe (ESH) 22.0; 4, G. Muir (Vic P) 22.3. (B): 1, S. Bell (EAC) 22.1w; 2, H. Stewart (FV) 22.5. 400: 1, I. Walker (ESH) 49.0; 2, Stewart 49.9; 3, T. Tait (EAC) 50.4. (B): D. McMeekin (Vic P) 50.5. 800: 1, F. Clement (Bell) 1:54.5; 2, S. Easton (Shett) 1:55.4. 1500: R. Knowles (EAC) 3:59.3. 5000: 1, Clement 14:36.6; 2, D. Gunstone (EAC)

14:40.8. 3000SC: 1, R. Morris (EAC) 9:23.8; 2, N. Bailey (ESH) 9:24.2; 3, J. Walker (Bell) 9:34.8. (B): 1, J. Kerr (EAC) 9:37.4; 2, D. Morgan (ESH) 9:39.6. 110H: 1, S. McCallum (ESH) 14.8w; 2, R. Robertson (Bell) 15.4; 3, K. Maguire (EAC) 15.6. 400H: 1, McCallum 55.3; 2, K. McEwen (Perth S) 57.9. (B): 1, R. Caldwell (EAC) 57.3; 2, C. Sutherland (ESH) 57.4. HJ: 1, B. Burgess (EAC) 1.97/6'5 1/2"; 2, R. Fullelove (Vic P) 1.93/6'4"; 3, D. Smith (Bell) 1.85/6'0 3/4". PV: D. Williamson (EAC) 4.27/14'0". LJ/TJ: K. Morrison (EAC) 7.04/23'1 1/2" and 14.53/47'8". SP: 1, C. Black (ESH) 14.03/46'0 1/4"; 2, W. Weir (FV) 13.49/44'3 1/2". DT: 1, Black 47.24/155'0"; 2, C. Watson (Vic P) 44.98/147'7"; 3, B. McKay (Aber) 37.58/123'3". (B): A. Black (ESH) 43.52/142'9". HT: T. Campbell (Bell) 57.48/188'7". (Chris Black had 3 fouls.) JT: 1, D. Birkmyre (Vic P) 62.98/206'7"; 2, A. Black (ESH) 58.40/191'7"; (B): J. Burnett (ESH) 51.58/169'3". 4 x 100: 1, EAC 44.0; 2, ESH 44.1; 3, Perth S 44.6. 4 x 400: 1, EAC 3:24.5; 2, Victoria Park 3:24.7; 3, Perth S 3:25.8; 4, Bellahouston 3:26.9.

Teams: EAC 391 1/2; ESH 380 1/2; Victoria Park 288; Bellahouston 270; Perth Strathgait 224; Forth Valley 220; Shettleston 204; Aberdeen 202. Final positions: 1, ESH 31; 2, EAC 27; 3, Shettleston 18; 4, Victoria Park 17; 5, Perth Strathgait 16; 6, Bellahouston 15; 7, Forth Valley 15; 8, Aberdeen 6. Forth Valley and Aberdeen relegated.

(Division 2)

100 (+ 1.9m): 1, L. Piggot (Gars) 10.4 (League 2 rec); 2, H. Robertson (Cup) 10.9. 200: Robertson 22.5w. 400H: I. Hunter (Cup) 58.5 (Div 2 rec). PV: J. Johnston (Cup) 3.40/11'1 1/2". 4 x 100: 1, Pitreavie 44.1 (League 2 rec); 2, Garscube 44.4.

Teams: Garscube 169; Pitreavie 160; Cupar and Dist 158; East Kilbride 123; Dumbarton 113. Final positions: 1, Pitreavie 19; 2, Cupar 18; 3, Garscube 18; 4, Dumbarton 14; 5, East Kilbride 10; 6, Paisley 3. Pitreavie and Cupar promoted.

Alastair's Back Again!

After five weeks on the sidelines through injury sustained in a motoring accident, Elgin-born Alastair Wood made a successful comeback on July 20th, appropriately in his home town during the Elgin Highland Games which incorporated the North of Scotland championships, when he was the runaway winner of the 14 mile road race, finishing several minutes ahead of the second man home. While admitting that he still felt 'a bit sore', the world veteran marathon champion made light of his injuries by dismissing them as merely 'a pain in the neck' (and in the back, head and arms).

SOUTH WEST REGION BRITISH MILERS CLUB

RESIDENTIAL TRAINING WEEKEND

By kind permission of the Governors, The 59 Centre,

**AT THE 59 CENTRE, SOUTH MOLTON NORTH DEVON
& BRAUNTON BURROWS SAND CIRCUIT**

***SATURDAY & SUNDAY 28/29th SEPTEMBER
1974***

Course commences 10 a.m. Saturday

Closes 5 p.m. Sunday

The Course will consist of lectures on the latest developments in middle distance running, etc, plus practical work of an extremely varied nature.

Staffed by:

Harry Wilson (National Long Distance Coach),

Ron Holman (Staff Coach),

Frank Horwill,

Ian Sneddon,

Terry Trevorrow,

Eric Gale,

Paul Rozier,

John Gilbert,

Brian Davis,

etc.

Friday night accommodation provided for athletes travelling long distances.

SATURDAY NIGHT DISCO.

Depending on numbers, men are advised to bring sleeping bags.

INCLUSIVE COST £3 BMC MEMBERS/NON-MEMBERS £3.50.

Everybody welcome, BMC Members and Non-Members.

Applications with fee (payable to B. Davis) and P.B. Times to:

Brian Davis, Nic Nac Noo, Headland Road, Carbis Bay,
St. Ives, Cornwall (Tel.: St. Ives 6469).

MARION FAWKES SETS UK 5000m WALK BEST

AFTER her superlative 3000m times (4 under 15min) Marion Fawkes was aiming to go below 25min in her first track 5000m this year, at Warley on August 4th. Conditions, however, were poor with continuous rain and winds up to about 5m/s, but Mrs Fawkes put on another powerful display, breaking away from Sally Wish with 8 laps to go and took 7.2sec off the previous UK best set by Betty Jenkins in 1972. It moved her to 11th on the world all-time list.

Amongst the most frustrated of UK athletes must be Sue Wright, who—with only a week to go before selection for the European Championships—still needed to achieve the qualifying standard (4200). Making full use of a strong following wind (7.8m/s), she splashed through the rain soaked Tartan surface to 14.2, but from then on the utterly miserable weather conspired to hold her down to 4062. Both Gillian Smith (14.3w) and Sue Mapstone (5.98w) hit new peaks for the year in individual events.

Andrew Huxtable



MARION FAWKES

Mike Street

Midlands 135½, Wales 82½ (Junior Women)

100: 1, S. Howells (M) 12.2w; 2, C. Smart (W) 12.8; 3, A. Burgess (M) 13.0. 200: 1, Howells 25.6w; 2, Smart 26.3; 3, A. Palmer (M) 26.8. 800: 1, E. Jones (W) 2:21.2; 2, K. Boyce (M) 2:24.0; 3, J. Braznell (M) 2:25.2. 1500: 1, J. Harris (M) 5:02.5; 2, K. Taylor (M) 5:08.1; 3, D. Lewis (W) 5:11.1. 75H: 1, M. Ross (M) 12.1w; 2, H. Brown (M) 12.1; 3, J. Turner (M) 12.1. 4 x 100: 1, Midlands (Ross, K. Gallagher, Burgess, Howells) 51.5; 2, Wales (Smart, H. Evans, C. White, R. Davies) 53.5. HJ: V. Kelly (M) 1.61/5'3½". LJ: (windy) 1, H. Brown (M) 5.30/17'4½"; 2, A. Burgess (M) 5.19/17'0½"; 3, D. Pike (W) 5.11/16'9½"; 4, D. Fenn (M) 5.03/16'6". SP: 1, J. Phillips (W) 10.19/33'5½"; 2, E. Evans (M) 10.14/33'3½"; 3, C. Pearson (M) 9.44/30'11½". DT: 1, M. Hindley (M) 28.62/93'11"; 2, L. Hunt (M) 27.92/91'7"; 3, C. Higgs (W) 25.84/84'9". JT: 1, J. Skinner (M) 28.96/95'0"; 2, Y. Norton (W) 26.28/86'3"; 3000mW (open): 1, E. Cox (Sol) 16:04.0; 2, M. DeGiovanni (Croy) 16:09.4; 3, Jackie Wickham (Har) 16:30.0; 4, S. Stevens (Har) 16:56.0; 5, D. Newby (Sol) 17:04.6; 6, R. Harper (Bir) 17:13.0; 7, F. Swannell (Ux) 17:20.6; 8, D. Smith (Har) 17:26.6; 9, S. Newby (Sol) 17:29.4; 10, S. Baker (Sol) 17:31.8; 11, A. McGeary (Bir) 17:48.4; 12, K. Eden (Sol) 17:57.0.

Seniors

400 (open): D. Davies (Card) 58.1. 5000mW (open): 1, M. Fawkes (NSP) 25:02.0; 2, P. Branson (Har) 25:38.4; 3, S. Saunders (Norm) 25:46.8; 4, S. Wish (Sol) 26:01.4; 5, B. Jenkins (Bir) 26:57.8; 6, K. Hill (Sol) 27:23.4; 7, S. DeGiovanni (Croy) 27:45.8; 8, K. Frost (Sol) 28:08.0; 9, B. Francis (BH) 28:14.6; 10, M. Brown (Bir) 28:54.4; 11, M. Lewis (Bir) 29:40.2. Pen: 1, S. Wright (Essex) 4062 (14.2w, 10.36, 1.69, 5.72w, 25.1w); 2, S. Mapstone (Harlow) 3909 (14.4w, 10.91, 1.51, 5.98w, 25.5w); 3, G. Smith (Rown) 3885 (14.3w, 10.41, 1.57, 5.71w, 25.6w); 4, P. Chapman (Middx) 3821 (14.2w, 10.31, 1.54, 5.73, 26.1w); 5, A. Pedro (Birch) 3280 (14.4w); 6, J. Richardson (Leic) 3235 (15.9); 7, J. Honick (Birch) 3074 (25.4w); 8, J. Walden (Glos) 3044 (15.9).

CREAG DHUBH FELL RACE

At Newtonmore, August 3rd

(Cat: A/3M/1223')

1, M. Weeks (Bingley) (rec) 26:20
2, B. Finlayson (Lochaber) 26:59
3, R. Rawlinson (Rossendale) 27:23
4, G. Ellis (Holm) 28:19; 5, A. Scott (Loch) 28:48; 6, J. Norman (Alt) 29:00; 7, R. Bradley (Holm) 29:00; 8, M. Edwards (Aber) 29:12; 9, R. Shields (Clyd) 29:46; 10, R. Paton (Dumb) 29:53; 11, J. Jardine (Pen) 29:58; 12, C. Jarvie (Loch) 30:13; 13, S. Bearsall (Holm) 30:24; 14, M. Davis (Bad) 30:35; 15, M. Scott (Forr) 31:23.

WALES

50.7 BY COLIN O'NEILL AT WELSH GAMES

WALES 167 v PORTUGAL 132 v

N IRELAND 100

At Cwmbran, July 27th

100 (+ 1.7): 1, D. Roberts (W) 10.5; 2, R. Turkington (NI) 10.6; 3, M. Kelly (NI) 10.7; 4, R. Griffiths (W) 10.8.

200: 1, Griffiths 22.0; 2, A. Cachola (P) 22.2; 3, J. Silva (P) 22.5; 4, P. Evans (W) 22.6; 5, Kelly 22.6; 6, M. Sloane (NI) 22.8.

400: 1, M. Delaney (W) 47.5; 2, J. Carvalho (P) 48.1; 3, W. Leyshon (W) 48.2; 4, D. Capindinca (P) 48.5; 5, G. Carson (NI) 49.9; 6, S. Gamble (NI) 50.2.

800: 1, P. Lewis (W) 1:49.6; 2, C. Cabral (P) 1:49.8; 3, J. Clover (NI) 1:50.4; 4, A. Dyke (W) 1:50.6; 5, H. Jesus (P) 1:52.6; 6, M. McCausland (NI) 1:53.9.

1500: 1, P. Ratcliffe (W) 3:43.7; 2, J. Greatrex (W) 3:44.5; 3, F. Mamede (P) 3:45.0; 4, P. Lawther (NI) 3:45.3; 5, A. Ataboa (P) 3:53.9; 6, G. Hannon (NI) 3:55.5.

5000: 1, C. Lopes (P) 14:04.8; 2, A. Pinto (P) 14:10.8; 3, D. Hopkins (W) 14:28.0; 4, D. Fowles (W) 14:36.4; 5, J. McLoughlin (NI) 14:36.4; 6, E. Cunningham (NI) ntt.

3000SC: 1, C. Thomas (W) 8:42.2; 2, A. Simoes (P) 8:47.2; 3, D. Evans (W) 8:57.0; 4, M. Julio (P) 9:09.6; 5, M. Best (NI) 9:59.8.

110H: 1, C. J. Kirkpatrick (NI) 14.2; 2, A. Matos (P) 14.9; 3, A. Ismael (P) 14.9; 4, R. Rees (W) 15.3; 5, N. Lloyd (W) 16.0; 6, R. Reynolds (NI) 16.6.

400H: 1, C. O'Neill (W) 50.7; 2, J. Carvalho (P) 50.8; 3, S. James (W) 52.7; 4, J. Peralta (P) 53.4; 5, P. Beattie (NI) 54.1; 6, C. Beattie (NI) 55.3.

HJ: 1, D. Coyce (NI) 1.94/6'4½"; 2, G. Griffiths (W) 1.92/6'3½"; 3, M. Cummings (W) 1.90/6'2½"; 4, I. Grant (NI) 1.85/6'0½".

PV: 1, M. Bull (NI) 5.10/16'8½"; 2, R. Borges (P) 4.70/15'5"; 3, J. Serra (P) 4.70; 4, D. Lease (W) 4.70; 5, I. Rees (W) 4.49/14'8½" (jnr rec); 6, R. Knox (NI) 3.60/11'9½".

LJ: 1, P. Templeton (W) 7.45/24'5½"; 2, R. Turkington (NI) 1.13/23'4½"; 3, A. Melao (P) 7.02/23'0½"; 4, P. Davies (W) 6.67/21'10½"; 5, O. Branquinho (P) 6.62/21'8½"; 6, T. Lammey (NI) 6.53/21'5½".

TJ: 1, J. Phillips (W) 15.18/49'9½"; 2, Melao 14.88/48'10"; 3, J. McLister (NI) 14.83/48'8" (rec); 4, L. Azevedo (P) 14.76/48'5½"; 5, P. Davies (W) 14.75/48'4½"; 6, T. Lammey (NI) 13.21/43'4½".

SP: 1, P. Rees (W) 15.17/49'9½"; 2, J. Galvao (P) 14.84/48'8½"; 3, J. Walters (W) 14.29/46'10½"; 4, H. Black (NI) 13.76/45'1½"; 5, L. Cunha (P) 13.63/44'8½"; 6, Bull 13.51/44'4".

DT: 1, Rees 45.86/150'5"; 2, Walters 44.88/147'3"; 3, M. Fulton (NI) 42.38/139'0"; 4, Cunha 41.18/135'1"; 5, Calvao 40.48/132'10"; 6, R. Knox (NI) 37.16/121'11".

HT: 1, J. Pedrosa (P) 54.12/177'7"; 2, N. Lia (W) 50.24/164'10"; 3, C. Cardoso (P) 49.86/163'7"; 4, B. Connor (NI) 46.56/152'9"; 5, A. Davie (W) 44.56/146'2"; 6, K. Hutton (NI) 41.54/136'3".

JT: 1, D. Coulter (NI) 62.26/204'3"; 2, D. Lowry (NI) 61.36/201'4"; 3, M. Silva (P) 60.06/197'0"; 4, C. Eufasio (P) 59.32/194'7"; 5, G. Brooks (W) 58.12/190'8"; 6, W. Carey (W) 53.40/175'2".

4 x 100: 1, Wales 41.9; 2, N Ireland 42.4.

4 x 400: 1, Wales 3:12.5; 2, Portugal 3:15.8; 3, N Ireland 3:22.7.

Women's Invitation Events

100: 1, L. Dando (W) 12.4; 2, C. Jenkins (W) 12.4; 3, J. Wall (W) 12.5.

800: 1, P. Reece (W) 2:11.3; 2, D. Davies (W) 2:12.1; 3, A. Roblin (W) 2:15.5; 4, M. Munro (W) 2:16.7; 5, A. Morris (W) 2:17.8; 6, A. Disley (W) 2:19.4.

3000: 1, B. Cardy (B&R) 10:28.8; 2, S. Tolan (Card) 11:00.0.

SP: 1, V. Head (Card) 12.70/41'8"; 2, J. Beese (New) 11.68/38'4"; 3, V. J. Head (Card) 10.98/36'0½"; 4, J. Gray (Card) 10.91/35'9½"; 5, J. Stalbow (Cled) 10.37/34'0½".

DT: 1, J. Fielding (Liv H) 44.88/147'3"; 2, D. Prothro (Card) 42.18/138'5"; 3, Beese 40.02/131'3"; 4, V. Head 37.34/122'6"; 5, Gray 36.10/118'5"; 6, Fairley 32.58/106'11".

JT: 1, S. James (W) 39.72/130'4"; 2, S. Brodie (Scot) 39.44/129'5"; 3, Beese 38.54/126'5"; 4, Gray 34.92/114'7".

WELSH AAA 202 v

SOUTH WESTERN COUNTIES 197

At Cwmbran, August 10th

BOTH sides experienced difficulty in raising full sides for this match which resulted in many events not having a full complement of six athletes. Nevertheless the Welsh AAA did well to win the match narrowly 202-197, especially after not providing any opposition at all in the pole vault and 3000m walk. The Welsh women had a more comfortable win, 168-138.

Fortunately for the Welsh AAA several athletes were more than willing to double up, often in events in which they do not normally compete. Two such athletes were Paul Evans and Wyn Leyshon.

Ivor Adams

100: 1, P. Evans (W) 11.0; 2, C. Hillman (W) 11.1; 3, N. Thorpe (SW) 11.1. 200: 1, Evans 22.1; 2, A. Williams (SW) 22.3; 3, W. Leyshon (W) 22.4. 400: 1, Williams 49.6; 2, R. Ashton (SW) 49.9; 3, P. Bray (SW) 50.5. 800: 1, M. Wilson (SW) 1:54.0; 2, M. Buckland (W) 1:54.2; 3, R. Yarrow (W) 1:54.3. 1500: 1, P. Ratcliffe (W) 3:52.9; 2, J. Aldridge (SW) 3:59.0. 5000: 1, D. Hopkins (W) 14:30.2; 2, B. Hayward (W) 14:41.0.

IT DOESN'T ALWAYS HAVE TO BE SERIOUS!



You've got to be joking: this was the big surprise for the Croydon Harriers team in the 4 x 100m junior Cliffhangers rock relay at Folkestone—an eight-foot rock! Once the crowd had enjoyed the joke, Croydon were given a 'proper' baton of normal sized seaside rock, and had the last laugh—they won the race.

'Folkestone Herald' photo



A welcome sight for Geoff Capes as he completes a 400m challenge race in the Wales v Canada match at Cwmbran.

Tim Pike

3000SC: 1, R. Retter (SW) 9:35.6; 2, B. Griffiths (W) 9:44.2. 110H: 1, R. Rees (W) 15.2; 2, I. Wiloughby (SW) 15.3; 3, O. Fenn (W) 15.4; 4, W. Leyshon (W) 15.5; 5, L. Bovell (SW) 15.7. 400H: 1, Leyshon 53.8; 2, Fenn 54.9; 3, K. Lancey (W) 56.5; 4, J. Dixon (SW) 56.6; 5, N. Chislett (SW) 56.8; 6, R. Morton (SW) 57.4. 3000W: 1, S. Maidment (SW) 13:47.8; 2, C. Fogg (SW) 13:59.2. HJ: 1, G. Griffiths (W) 1.91/6'3½"; 2, C. Richards (W) 1.88/6'2"; 3, B. Gorman (SW) 1.85/6'0½". PV: D. Jolly (SW) 3.50/11'5¼". TJ: 1, J. Phillips (W) 14.83/48'8"; 2, P. Hallett (SW) 14.08/46'2¼"; 3, M. Lucas (W) 13.99/45'10¼"; 4, D. Harris (W) 13.67/44'10¼". SP: J. Walters (W) 13.99/45'10¼". DT: 1, Walters 47.46/155'8"; 2, D. Goodman (SW) 41.34/135'7"; 3, P. Ribbens (SW) 41.10/134'10". HT: 1, E. Berry (SW) 55.86/183'3"; 2, N. Lia (W) 51.16/167'10"; 3, B. Stebbings (SW) 46.74/153'4". JT: 1, N. Applin (SW) 62.74/205'10"; 2, B. Carey (W) 61.58/202'0"; 3, G. Daws (SW) 60.84/199'7"; 4, P. Ramsey (W) 59.60/195'6"; 5, G. Brooks (W) 58.80/192'11". 4 x 100: Wales ntt. 4 x 400: South West ntt.

Women

Wales 168; South Western Counties 138.

100: 1, L. Taylor (SW) 12.2; 2, L. Dando (W)

12.3; 3, C. Jenkins (W) 12.5; 4, J. Evans (SW) 12.5. 200: 1, S. Pengilly (W) 25.2; 2, Taylor 25.6. 400: 1, G. Dourass (W) 57.9; 2, V. Trevitt (SW) 59.4. 800: D. Davies (W) 2:17.9. 1500: 1, J. Lochhead (W) 4:47.7; 2, A. Morris (W) 4:48.8; 3, J. Rice (SW) 4:49.1. 3000: B. Cardy (W) 10:46.6. 100H: 1, S. Eastman (SW) 15.3; 2, W. Atkinson (W) 15.5; 3, P. Pearson (W) 16.0; 4, P. Brice (SW) 16.1. 400H: 1, B. Crutchly (SW) 68.5; 2, Trevitt 68.6. HJ: 1, C. Mullins (SW) 1.68/5'6"; 2, A. Gibson (SW) 1.68; 3, D. Cooper (SW) 1.55/5'1"; 4, V. Rothera (W) 1.55. LJ: 1, E. Mullins (SW) 5.92/19'5¼"; 2, G. Regan (W) 5.73/18'9¼"; 3, K. Jenkins (W) 5.58/18'3¼"; 4, C. Bridges (SW) 5.53/18'1¼"; 5, P. Ronan (W) 5.40/17'8¼". SP: 1, V. Head (W) 12.94/42'5¼"; 2, J. Reese (W) 12.31/40'4¼"; 3, L. Collins (SW) 11.59/38'0¼"; 4, Viv Head (W) 10.61/34'9¼"; 5, L. Mallin (SW) 10.42/34'2¼". DT: 1, Mallin 48.82/160'2"; 2, D. Prothero (W) 40.92/134'3"; 3, J. Beese (W) 40.76/133'9"; 4, V. Head 39.06/128'2"; 5, L. Smith (SW) 35.62/116'10"; 6, Collins 34.80/114'2". JT: 1, A. Williams (W) 39.96/131'1"; 2, Collins 35.80/117'5"; 3, M. Rainbow (W) 34.82/114'3"; 4, Beese 33.44/109'8". 4 x 100: Wales 49.6. 4 x 400: Wales 4:01.3.

OVERSEAS NEWS — *Compiled by Bob Sparks*

BELGIUM

6/7.7. Brussels. Dec: Ghesquiere 7669. 9.7. Brussels. 3000: Polleunis 7:58.8, Roelants 8:01.2. 14.7. Kortemark. Mar: Lismont 2:11.43, Revijn 2:15.13, Van Renterghem 2:19.54. 21.7. Boom. HJ: Brokken 2:14/7'04" (equal rec) Depreter 2.14 (equal rec). 2-4.8. Brussels (Champs) 100: Micha 10.2 (equal rec), Brijdenbach 10.4; 200: Brijdenbach 20.7 (rec); 5000: Schots 13:45.2, Polleunis 13:46.2; 10,000: Puttemans 28:47.6 (last lap 59.0), Polleunis 28:47.8, Smet 28:48.6, Lismont 28:49.0, Rombaux 28:49.0, Van Renterghem 28:50.8; 3000SC: Thijs 8:31.8, Roelants 8:35.4; HJ: Moreau 2:15/7'03" (rec); Women's 200/400: Wallez 23.9 (rec)/53.7 (equal rec); 800: Van Nuffel 2:05.7; 1500/3000: Castelein 4:19.7/9:27.4.

BULGARIA

Balkan Games (Sofia, 2-4.8.) 400: Alebic (Yug) 46.0; 800: Susanj (Yug) 1:45.8, Ghipu (Rum) 1:46.3; 5000/10,000: Floroiu (Rum) 13:48.2/28:58.4; 3000SC: Cefan (Rum) 8:39.0; 110H: Sebestyen (Rum) 13.9; 400H: Tziortzis (Gr) 50.1, Bratanov 50.7; HJ: Temin (Yug) 2:20/7'24", Ioan (Rum) 2:17/7'14"; LJ: Stekic (Yug) 7.96/26'14"; TJ: Kathiniotis (Gr) 16.49/54'14"; SP: Stoev 20.32/66'8" (rec), Khristov 19.63/64'5"; DT: Velev 62.98/206'7"; HT: Manolov 69.70/228'8"; Dec: Bogdan (Rum) 7656; 4 x 100: Greece 40.06 (rec), Rum 40.13 (rec); 4 x 400: Yugoslavia 3:05.3; Women's 100/200: Pavlicic (Yug) 11.51/23.1; 400: Pavlicic (Yug) 51.0 (rec), Suman (Rum) 51.2 (rec); 800: Suman (Rum) 1:58.6 (rec), Tomova 1:59.1, Shtereva 2:00.5, Fita (Rum) 2:03.3, Kasap-Nikolic (Yug) 2:04.8; 1500: Tomova 4:14.8, Andrei (Rum) 4:15.0; 100H: Stefanescu 13.2 (Rum), Enescu (Rum) 13.3; HJ: Teodorescu (Rum) 1.83/6'0", Ioan (Rum) 1.80/5'10 1/2"; Valkanova 1.80; LJ: Lambrou (Gr) 6.61/21'8 1/2"; SP: Stoyanova 19.68/64'6 1/2"; Khristova 19.65/64'5 1/2"; DT: Vergova 68.42/224'6" (rec), Menis (Rum) 65.84/216'0"; JT: Mollova 62.60/205'4", Bezjak (Yug) 57.40/188'4", Zhelyaskova 57.32/188'1"; Pent: Yurukova 4561 (rec). 4 x 100: Yugoslavia 45.4; 4 x 400: Rumania 3:33.3, Bulgaria 3:37.3.

CZECHOSLOVAKIA

6/7.7. Mlada Boleslav. HJ: Alexa 2.15/7'04"; LJ: Broz 7.87/25'10" w; SP: Vlk 20.48/67'24", Brabec 20.02/65'8 1/2", Janousek 19.74/64'9 1/2". 10.7. Prague. DT: Daneš's series 63.68, 63.36, 64.90, 63.80, 67.18/220'5", 64.52; HT: Hajek 70.54/231'5". 13.7. Jablonec. 110H: Cech 13.8; SP: Vlk 20.26/66'5 1/2", Janousek 19.69/64'7 1/2"; HT: Sachse (EG) 71.44/234'4", Hajek 71.16/233'5", Charvat 69.92/229'5"; Women's 100H/LJ: Ehrhardt (EG) 13.1 & 6.02/19'9"; SP: Fibingerova 20.45/67'1 1/2". 14.7. Prague—Podebrady. 50kmW: Bartos 4:14.20, Carpentieri (It) 4:14.59, Andrushenko (USSR)

4:17.09. 20/21.7. Prague. 200: Matousek 20.6w; 800: Plachy 1:47.9; 10,000: Hoffmann 28:34.4, Jansky 28:34.6; 3000SC: Molnar 8:39.8, Moravcik 8:40.2; 110H: Cech 13.7, Nadenicek 13.7; 400H: Kodejs 49.7; HJ: Maly 2.20/7'24", Moravec 2.20, Alexa 2.17/7'1 1/2"; TJ: Vycichlo 16.37/53'8 1/2"; SP: Vlk 20.22/66'4 1/2", Brabec 19.84/65'1 1/2", Janousek 19.81/65'0"; DT: Daneš 61.58/202'0"; HT: Charvat 71.22/233'8", Hajek 70.18/230'3"; Women's 400: Cerchlanova 52.1 (rec); HJ: Hubnerova & Mracnova 1.87/6'1 1/2"; LJ: Suranova 6.56/21'6 1/2", Nygrynova 6.55/21'6"; SP: Fibingerova 20.16/66'1 1/2"; DT: Vyhnalova 58.08/190'7".

DENMARK

22.7. Arhus. 1500: Hansen 3:41.3, Hogberg (Swe) 3:42.3, Liquori (USA) 3:42.9; 5000: Buerkle (USA) 13:39.4, DAVE BEDFORD 13:54.4; HJ: Tarring 2.21/7'3", Almen (Swe) 2.21, Kotinek (USA) 2.21, Matzdorf (USA) 2.15/7'0 1/2", Beers (Can) 2.05/6'8 1/2", Heikkila (USA) 2.05, Hawkins (Can) 2.05.

EAST GERMANY

26.6. Dresden. 200: Droese 20.6; Women's 100/200: Stecher 11.4/22.9; JT: Kargel 58.20/190'11". 11.7. Rostock. SP: Briesenick 20.10/65'11 1/2", Gies 19.80/64'11 1/2", Hlawatschke 19.76/64'10"; Women's SP: Griessing 17.68/58'0 1/2"; DT: Braun 57.66/189'2", Engel 57.22/187'9". 14.7. Weinbohl. Mar: Arnhold 2:16.13, Umbach 2:17.39, Truppel 2:17.51; 50kmW: Skotnicki 4:03.04, Kroel 4:15.57, Muller 4:18.02. 20/21.7. Berlin. Women's 800: Stoll 2:03.8; SP/DT: Schoknecht 18.03/59'2" & 55.00/180'5".

FINLAND

21.6. Kauhava. 3000: Prefontaine (USA) 8:00.4; PV: Kalliomaki 5.30/17'4 1/2"; JT: Jaakola 85.88/281'9", Aho 81.28/266'8". 26/27.6. Helsinki. (photo-electric timings) 400: Honz (WG) 46.07, Sang (Ken) 46.33, Karttunen 46.62, Faager (Swe) 46.75; 800: Boit (Ken) 1:45.28, Schmid (WG) 1:46.40; 1500: Walker (NZ) 3:33.89 (manual 3:33.41), Bayi (Tan) 3:37.20, Dixon (NZ) 3:38.85, Wessinghage (WG) 3:39.30, Malinowski (Pol) 3:39.57, Maier (Swi) 3:39.91, Crouch (Aus) 3:40.49, Kourtis (Gre) 3:40.89; 5000: K. Kvalheim (Nor) 13:20.54, Prefontaine (USA) 13:21.87, Geis (USA) 13:23.38, Boro (Nor) 13:25.78, A. Kvalheim (Nor) 13:27.47; 3000SC: Karst (WG) 8:18.50, Garderud (Swe) 8:19.71, Kantanen 8:19.73, Malinowski (Pol) 8:20.63; 110H: M. Wodzynski (Pol) 13.91; 400H: Mann (USA) 49.85, Akii-Bua (Uga) 50.04, Hewelt (Pol) 50.81, Steele (USA) 50.98; Women's 200: Szwinska (Pol) 22.77, Boyle (Aus) 23.24, Haglund (Swe) 23.72. 29/30.6. Haapajarvi. DT: Kahma 64.46/211'6"; HT: Kangas

68.92/226'11"; JT: Aho 82.26/269'10". 30.6. Tampere. Lappalainen 81.94/268'10". 3.7. Joensuu. DT: Kahma 65.92/216'3", Bruch (Swe) 64.56/211'10". 3.7. Oulu. 200: Karttunen 20.8, Kukkoaho 20.8; HJ: Kotinek (USA) 2.14/7'04", Matzdorf (USA) 2.14; JT: Siitonen 84.00/275'7", Jaakola 83.36/273'6", Lappalainen 82.74/271'5". 3.7. Nokia. JT: Hovinen 85.70/281'2". 7.7. Pihtipudas. JT: Hovinen 83.76/274'10", Aho 82.40/270'4". 9.7. Varkaus. 800: Wohlhuter (USA) 1:51.4; 3000: Prefontaine 7:57.4; JT: Aho 85.88/281'9", Lappalainen 82.62/271'1". 9.7. Karhula. HJ: Pesonen 2.16/7'1"; SP: Stahlberg 20.61/67'73". 10.7. Ylivieska. DT: Kahma 62.38/204'8". 11.7. Teuva. HT: Kangas 71.12/233'4" (rec); Women's LJ: Helenius 6.43/21'14". 13/14.7. Hyvinkaa. Dec: Kyosola 7736. 14.7. Somero. PV: Kalliomaki 5.20/17'04"; SP: Stahlberg 20.72/67'114"; Women's LJ: Helenius 6.43/21'14". 14.7. Ylivieska. DT: Kahma 66.52/218'3" (rec), Tuokko 60.84/199'7"; HT: Kangas 71.74/235'4" (rec). 14/15.7. Helsinki. USSR 337, Finland 211 (Men); USSR 79, Finland 56 (women)—Track events only. 100 (a; — 2.0): Kornelyuk (USSR) 10.4, Borzov (USSR) 10.5; 200 (b; + 0.6): Rajamaki 20.5, Karttunen 20.9, Zhidkikh (U) 20.9; 400 (a): Kukkoaho 46.2; 800 (b): Ponomaryov (U) 1:47.2, Chernyshov (U) 1:47.5, Vasala 1:48.1; 1500 (a): Panteley (U) 3:43.8; 5000 (b): Sellik (U) 13:38.4, Zotov (U) 13:40.4, Storozhev (U) 13:40.6, Ala-Korpi 13:42.0; 10,000 (a): Merkushev (U) 28:48.0, Sviridov (U) 28:48.6, Dzhumanazarov (U) 28:49.8; 3000SC (b): Kantanen 8:26.0; Skripka (U) 8:28.8, Beymarovich

(U) 8:32.6, Filonov (U) 8:32.8, Mayorov (U) 8:33.0; 110H (b): Moshiasvili (U) 13.8; 400H (a): Gavrilenko (U) 50.9; 4 x 100 (a): USSR 39.6, Finland 40.3; (non-scoring) HJ (b): Sapka (U) 2.16/7'1"; JT (a): Jaakola 86.24/282'11", Lusia (U) 83.76/274'10", Aho 82.38/270'3"; Women's 100 (a; — 1.9): Pursiainen 11.5; 200 (b; — 0.6): Salin 23.1, Sidorova (U) 23.4, Chernikova (U) 23.7, Pursiainen 23.7; 400 (a): Ilyina (U) 52.9, Barkane (U) 53.6; 800 (b): Vakhrushcheva (U) 2:02.9, Styrkina (U) 2:05.2; 1500 (a): Kazachkova (U) 4:12.4, Kazankina (U) 4:16.2; 3000 (b): Holmen 8:59.0 (rec, 4th girl to beat 9min, after Bragina, Cacchi & Knutsson), Pangelova (U) 9:04.4; 100H (b; — 0.1): Lebedyeva (U) 13.5; 4 x 100 (a): USSR 43.7, Finland 44.3 (rec); 4 x 400 (b): Finland 3:30.8 (Pursiainen 52.7, Salin 50.2), USSR 3:35.2. 15.7. Hyvinkaa. Mar: Leiviska 2:15.10, Paukkonen 2:15.56, Tiitonen 2:16.27, Paajanen 2:16.35, Toivola 2:18.25. 1.8. Helsinki. 100 (— 0.2): Williams (USA) 10.1, Lutz (USA) 10.3, Vilen 10.3, Garpenborg (Swe) 10.3; 1M: Wohlhuter (USA) 3:54.4 (1500: 3:40.5), Dixon (NZ) 3:54.9 (3:40.3), Walker (NZ) 3:54.9 (3:40.3), Boit (Ken) 3:55.4 (3:40.5), Hogberg (Swe) 3:56.7; 3000SC: Garderud (Swe) 8:14.2 (Eur rec), Kantanen 8:21.8, Ala-Leppilampi 8:29.0, Palkinen 8:34.4, Kuha 8:36.8 (Splits: 1000—2:50.7; 1500—4:05.0; 2000—5:29.5); PV: Carrigan (USA) 5.20/17'04", Kalliomaki 5.10/16'83"; HT: Kangas 69.00/226'4"; JT: Jaakola 84.28/276'6", Siitonen 83.50/273'11", Lappalainen 83.36/273'6", Aho 81.78/268'4", Avellan 80.88/265'4"; Women's 200 (+ 0.6): Pursiainen 23.0; LJ: Helenius 6.38/

SOLIHULL ATHLETIC CLUB

invite entries for their

1974 CROSS COUNTRY

RELAYS MEETINGS

AT TUDOR GRANGE PARK, SOLIHULL

WOMEN'S MEETING — OCTOBER 19th

(Under W.A.A.A. and W.C.C. and R.W.A. Rules)

Races for Seniors, Intermediates, Juniors and Girls.

MEN'S MEETING — OCTOBER 26th

(Under E.C.C.U. Rules)

Races for Seniors, Youths, Boys and Colts.

Send S.A.E. for details and entry forms to: The Secretary, Solihull A.C., Solihull Athletics and Youth Centre, Tudor Grange Park, Blossomfield Road, Solihull.

MORPETH HARRIERS AND A.C.

present their annual

ROAD RACE FESTIVAL

(Under A.A.A. and W.A.A.A. Laws)

ON SATURDAY, SEPT. 21st, at 2 p.m.

Senior 6.75 Miles Open Team, Individual & Sealed H'Cap Road Race (6 run, 4 score).
Youths 2.75 Miles Open Team & Individual Road Race (4 run, 3 score). U/18 on 31.8.74.
Boys 2 Miles Open Team & Individual Road Race (4 run, 3 score). U/16 on 31.8.74.
Colts 2 Miles Open Team & Individual Road Race (4 run, 3 score). U/14 on 31.8.74.
Girls & Junior Ladies 2 Miles Open Team & Individual Road Race (4 run, 3 score). 11 or over on day, and U/15 on 31.8.74.
Inter. & Senior Ladies 2.75 Miles Open Individual Road Race. 15 or over on 31.8.74.
Entry Fees: Senior Team 50p, Ind. 20p (all Seniors must enter as Indiv. for Sealed H'Cap).
Youths, Boys, Colts, Girls and Junior Ladies Team 25p, Individual 15p. Inter. and Senior Ladies 15p Individual.
Entries to Mr A. Matheson, 12 Moor Side, Albany Village, Washington, Cty. Tyne and Wear (Tel.: 0632-462916).

ENTRIES CLOSE MONDAY, SEPT. 2nd

20'11½". 1.8. Turku. 400H: Bolding (USA) 49.9; SP: Feuerbach (USA) 21.23/69'8", Woods (USA) 21.20/69'6½", Stahlberg 20.17/66'2½" Yrjola 19.27/63'2½"; DT: Powell (USA) 65.54/215'0", Kahma 65.22/214'0", Tuokko 63.74/209'1", Tuomola 60.40/198'2".

FRANCE

17.7. Faisanderie. SP: Dolegiewicz 19.30/63'4"; DT: Roost 59.80/196'2"; Women's DT: Haist 55.22/181'2", Martin (all Can) 54.82/179'10". 20.7. Paris. HT: Prikhodko 70.26/230'6". 26-28.7. Nice. (Champs; 'open' for the first time) 100 (b; — 0.6): Williams (USA) 10.2, Arame 10.4; 200 (c; — 1.05): Arame 20.7, Lutz (USA) 20.9, Cherrier 20.9; 400 (c): Demarthon 46.3; 800 (c): Walker (NZ) 1:46.7, Philippe 1:46.8; 1500 (c): Dixon (NZ) 3:42.8, Boxberger 3:43.4; 5000 (c): Van Mullen (Bel) 13:45.0, Liardet 13:48.0; 10,000 (a): Puttemans (Bel) 28:36.0, Liardet 28:41.4; 3000SC (c): Buchheit 8:24.6, Villain 8:29.0, Martin 8:34.8; 110H (b; 0.0): Foster (USA) 13.5, Drut 13.6; 400H (c): Bolding (USA) 48.4, Nallet 49.1; HJ (c): Stones (USA) 2.25/7'4½" (needed 3 attempts at 2.08 in qualifying!), Poaniewa 2.14/7'0½", Bonnet 2.14, Sainte-Rose 2.14; PV (c): Roberts (USA) 5.30/17'4½", Carrigan (USA) 5.30, Tracanelli 5.20/17'0½"; LJ (c): Bonheme 8.00/26'3", Rousseau 7.89/25'10½", Moore (USA) 7.85/25'9½"; TJ (b): Lamitie 16.38/53'9" (16.40/53'9½" qual); SP (b): Woods (USA) 20.73/68'0½", Feuerbach (USA) 20.60/67'7"; DT (a): Powell 62.04/203'6"; JT (c): S. Leroy 80.00/262'5"; Women's 400 (b): Leclerc 52.9, Besson 54.0, Forest (jun) 54.1; 1500 (b): Larrieu (USA) 4:11.9, Dubois 4:12.2, Wright (Can) 4:12.2; 3000 (b): Castelein (Bel) 9:25.6 (rec), Rouze 9:39.2 (rec); 100H (a; — 0.5): Rega 13.3; HJ (b): Debourse 1.83/6'0".

ITALY

31.7.-1.8. Rome. (Champs) Hot weather; fully automatic timing. 100 (c): Mennea 10.18 (sf: 10.25), Guerrini 10.31; 200 (b; — 0.46): Mennea 20.35, Oliosi 20.77, Benedetti 21.06; 3000SC (b): Fava 8:35.6; 110H (b): Buttari 13.81; 400H (c): Ballati 50.07; HJ (b): Del Forno 2.17/7'1½", Ferrari 2.17; PV (c): Fraquelli 5.20/17'0½"; HT (b): Deboni 68.64/225'2"; Women's 100 (c): Molinari 11.52; 200 (b): Nappi 23.62 (rec); 400 (c): Govoni 54.52; 1500 (a): Cacchi 4:13.7, Crocchiata 4:18.2, Dorio (jun) 4:19.4; 3000 (c): Cacchi 9:09.0, Crocchiati 9:09.4; 100H (b): Ongar 13.71; HJ: Simeoni 1.80/5'10½"; JT: Amici 53.18/174'6" (rec).

NORWAY

Apart from Rick Wohlhuter's world record for 1000m on the opening day of the Martin Luther King Games (his splits were 51.5 at 400, 1:47.0 at 800 behind Mike Boit's 1:46.8), Dwight Stones added 2cm to his 1974 world best with 2.28/7'5½", subsequently failing at 2.31/7'7".

30/31.7. Oslo. (First day) 100: (— 0.7) Williams (USA) 10.1, R. Jones (USA) 10.2, Rid-

GOLA 'SPECIAL'

Super new shoe with fantastic lightweight, soft suede pigskin uppers. Soft sure-grip sole with soft rubber heel wedge. Extra long double-thickness toe cap and full rubber foxing for extra protection. Blue with white form strip. Sizes: 5½ £7.05, 6-10 (no 9½) £7.95 (List price £8.50).

Adidas 'Country'. Excellent road or training shoe, white leather uppers with green trim, thick wedge heel and hard wearing gum rubber sole with rounded toe and heel. Size: 5½ £7.99 (£8.35), 6 to 10½ £8.50 (£9.20).

Adidas 'Gazelle'. The most popular of all Adidas shoes, in blue suede with white trim. Spongy sole for extreme comfort. Sizes: 5½ £8.20 (£8.35), 6-10½ £8.95 (£9.20).

Puma 'Impala'. Low cut lightweight nylon uppers, extremely hard wearing polyurethane sole with rounded heel, thick heel wedge, arch support, padded ankle and heel, towelling inner sole. Great road running shoe, weighs only 7½ to 8½ ozs. per shoe, and very comfortable. Size: 5 £7.35 (£7.63), 6 to 11 in half sizes (regret no 7 and 8) £7.99 (£8.35).

Current prices in brackets

Order full size larger on Adidas Spikes

Tokyo. Blue kangaroo velour uppers with white trim. One of the lightest and most popular Adidas spiked shoes. Thick rubberised padding for extra stability. Sizes: 5 £11.73 (£13.05), 6, 6½, 7, 7½, 8, 9, 10, 11 £12.99 (£14.35).

Apollo. Yellow super lightweight nylon uppers, with black trim. Thick rubberised padding for extra protection. Four interchangeable spikes. Sizes: 4 £6.30 (£6.55), 6, 8, 8½, 9, 9½, 10½, 11 £6.95 (£7.20).

Gola 'Montreal'. Black suede track shoe with pink form strip. Very smart reasonably priced shoe. Padded tongue, insole and heel. Four interchangeable spikes. Sizes: 6-10½ (regret no 7 and 10) £6.20.

Gola 'Firebrand'. A superb soft lightweight suede shoe in orange with white trim. One of last year's best sellers, but now with extra protective padding. Sizes: 5 £7.95, 6½, 7, 7½, 9, 10, 11 £8.55.

NOTE: Will customers please write name and address in block letters when ordering and remember to state size required.

Any goods exchanged or money refunded if returned in new condition within seven days. Full postage must be enclosed when exchanging goods.

Please enclose part postage, i.e. 12p for track-suits, 10p shoes, 5p shorts, vests, etc.

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JIM BOLDING

The American star, due to compete again in London at the Coca-Cola Meeting on September 13th, recently set a world record of 48.7 for 440y hurdles.



Ray Hearn

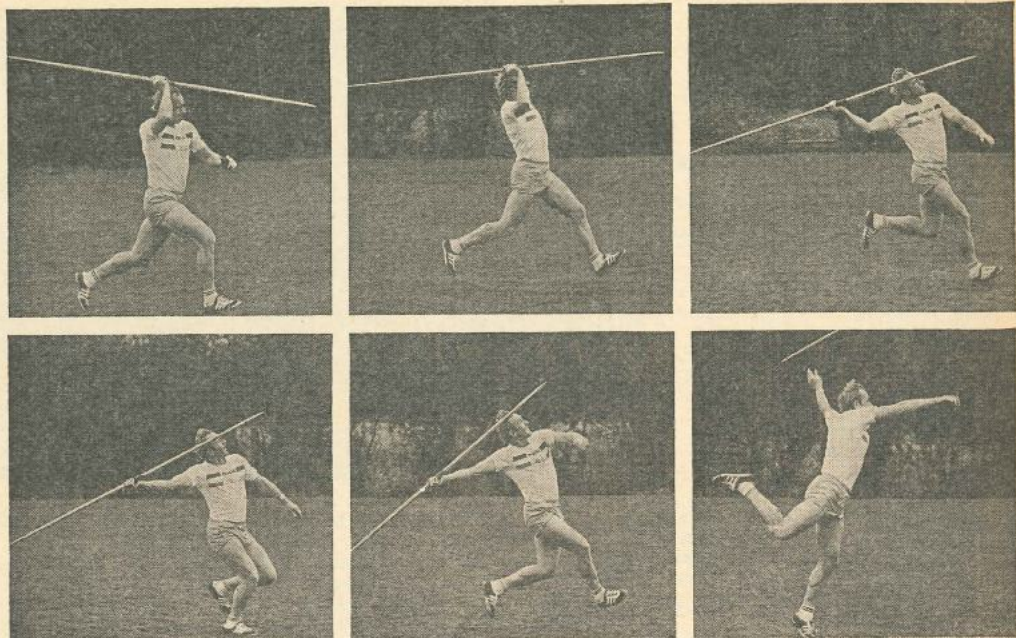
dick (USA) 10.2; 400: Bond (USA) 46.2; 1000: Wohlhuter (USA) 2:13.9 (world rec), Boit (Ken) 2:16.7, Walker (NZ) 2:17.1, Dixon (NZ) 2:17.2, Dyce (Jam) 2:17.6, Nielsen (Den) 2:18.3 (rec), Abramov (USSR) 2:19.5; 5000: Buerkle (USA) 13:23.4, K. Kvalheim 13:24.2, A. Kvalheim 13:26.4, Halle 13:27.6, Boro 13:29.4, Fitzsimmons (Aus) 13:35.8; 3000SC: Wehrle (Swi) 8:26.2 (rec), Sornes 8:27.4, Voje 8:30.0, Risa 8:32.2, JOHN BICOURT 8:33.0 (4:13.2 at 1500); HJ: Stones (USA) 2.28/7'5 1/2", Kotinek (USA) 2.20/7'2 1/2", Beers (Can) 2.20, Brown (USA) 2.17/7'1 1/2", Falkum 2.17, Hawkins (Can) 2.14/7'0 1/2", . . . Torring (Den) failed 2.10; Women's 200: Boyle (Aus) 23.4; 800: Campbell (USA; age 15) 2:02.5, Cerchlanova (Cz) 2:03.4 (rec), Andersen 2:04.0 (rec); LJ: Watson (USA) 6.58/21'7 1/2" (eq rec), (second day) 200 (- 1.2): Riddick (USA) 20.7, Jones (USA) 20.8; 800: Nielsen (Den) 1:47.1 (rec), Gysin (Swi) 1:47.5, Svenssen 1:47.6 (rec); 1M: K. Kvalheim 3:56.2 (rec), Liquori (USA) 3:56.6, Buerkle (USA) 3:57.8, Crouch (Aus) 3:59.4, Kaupang 3:59.9, A. Kvalheim 4:00.7; 10,000: Jansky (Cz) 28:37.6, Ngeno (Ken) 28:47.0; 400H: Mann (USA) 49.0, Bolding (USA) 49.3, Kodejs (Cz) 49.7; DT: Drescher (USA) 61.68/202'4", Women's 100 (- 0.65): Boyle (Aus) 11.5; 400: Sapenter (USA) 53.4; 1500: Wright (Can) 4:14.0, Sorum 4:14.6; HJ: Huntley (USA) 1.81/5'11 1/2", Eistrup (Den) 1.81.

WEST GERMANY

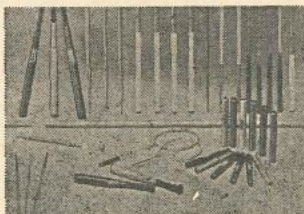
20/21.7. Gelsenkirchen. (Under-19 Champs) HJ: Hormann 2.12/6'11 1/2"; LJ: Verschl 7.70/25'3 1/2"; HT (6.25kg): Ploghaus 71.16/233'5"; Girls' HJ: Hetzel 1.82/5'11 1/2". 26-28.7. Hanover. (Champs) 100 (b; + 3.27): Ommer 10.20 (sf: 10.28), Hofmeister 10.28, Bieler 10.31, Klotz 10.35; 200 (c; + 0.8): Ommer 20.57, Hofmeister 20.70; 400 (b): Herrmann 45.10, Honz 45.60, Schloske 46.35; 800 (c): Wulbeck 1:46.5, Schmid 1:47.0, Langenbach 1:47.0, Soyka 1:47.3, Strauss 1:47.4, Siddique (Pak) 1:48.1 (rec); 1500 (b): Wellmann 3:39.8,

Wessinghage 3:39.9, Engel 3:41.2; 5000 (c): Orthmann 14:01.0; 10,000 (b): Uhlemann 28:48.6; 3000SC (c): Karst 8:27.0, Maier 8:31.4, Wagner 8:34.6; 110H (c; + 2.1): Schumann 14.12; 400H (b): Ziegler 49.80, Reibert 50.52, Kohler 50.84, Friedrich 50.87; HJ (b): Boller 2.17/7'1 1/2"; PV (a): Baird (Aus) 5.25/17'2 1/2", Busche 5.20/17'0 3/4", Araya (Jap) 5.10/16'8 1/2"; LJ (c): Baumgartner 8.00/26'3" (+ 1.8); TJ (b): Kugler 15.91/52'2 1/2"; SP: (c): Reichenbach 20.15/66'1 1/2"; DT (b): Neu 62.36/204'7", Hennig 60.94/199'11" . . . 5, SEATORY 56.14/184'2"; HT (b): Klein 71.24/233'9", Beyer 71.02/233'0", Huning 70.68/231'11"; JT (c): Wolfermann 84.58/277'6", Wessing 80.80/265'1", Timmer 80.30/263'5"; 20kmW (a): Kannenberg 1:29:48, Weidner 1:29:53; 4 x 100: Watterscheid 39.79, Leverkusen 39.86; 4 x 400: Stuttgart 3:05.3, Siemensstadt 3:06.5; Women's 100 (b; + 1.17): Richter 11.24, Schittenhelm 11.40, Helten 11.51, Kroniger 11.51 (sf: Kroniger 11:40, Possek 11.48; Schittenhelm 11.41, Helten 11.49; Richter 11.22 (+ 2.08), Krause 11.50); 200 (c; + 1.0): Richter 23.46 (ht: 23.36), Kroniger 23.70 (ht: 23.56); 400 (b): Wilden 52.06, Barth (jun) 52.53, Jost 53.15, Claus 53.59, Koczelnik 53.93 (Falck dnf; 53.59 ht); 800 (b): Klein 2:02.1, Traugott 2:06.3; 1500 (c): Wellmann 4:21.6; 3000 (c): Hodey 9:22.2; 100H (c; + 2.7): Koschinski 13:58; HJ: (c): Wagner 1.85/6'0 1/2", Meyfarth 1.85, Pietschmann 1.82/5'11 1/2", Gartner 1.82; LJ (b): Trocha 6.36/20'10 1/2" w, Wilkes 6.34/20'9 1/2"; SP (a): Wilms 16.38/53'9"; DT: Westermann 57.34/188'1"; JT (b): Koloska 56.10/184'1", Becker 56.02/183'9"; 4 x 100 (c): Dortmund 44.51, Berlin 44.97. Later news: HT: Huning 73.36/240'8". Women's 400H: Claus 56.7 (rec).

Cambridge University Hare & Hounds are holding a pre-season training camp in Cambridge from October 4th-9th. Any interested Freshmen should contact G. Sellens, 12 Rowlands Avenue, Dalton, Huddersfield HD5 9YA.



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With three ranges to choose from, there's an Apollo javelin to suit every athlete. The new Aerotrainer is ideal for beginners who want to get the feel of a real javelin. For more experienced throwers, the next step up is the AeroFlo. And for top flight internationals, only the distance rated Aerodyne D.R. is good enough.

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MIDDLESEX LEAGUE FINALS

At Haringey, July 20th

Ernest Clynes Memorial Trophy: Polytechnic 314; Hingate 307; North London 271; Ealing & Southall 225; Shaftesbury 134; Twickenham 78; Hillingdon 62.

100: R. McStocker (Poly) 11.1. 200: 1, McStocker 22.6; 2, A. Lewis (High) 22.7. 1500: D. Galloway (NL) 3:59.3. 110H: K. Purves (Hill) 15.5. 400H: 1, S. Hinchcliffe (Poly) 56.0; 2, P. Zeniou (NL) 56.1; 3, C. Jousiffe (High) 57.2. (B): D. Barrington (Poly) 56.4. 3000SC: 1, G. Ogden (High) 9:39.4; 2, A. Stedman (Poly) 9:43.0. HJ: Jousiffe 1.85/6'0". PV: 1, H. Davis (NL) 3.50/11'5". 2, J. Peterson (E&S) 3.50. DT: J. Willcoxson (Poly) 41.98/137'9". HT: 1, D. Bayes (Poly) 53.64/176'0"; 2, B. Lewis (Hill) 43.68/143'4". (B): D. Forsythe (Poly) 41.38/135'9". JT: 1, E. Devido (NL) 62.00/203'5"; 2, F. Brown (Poly) 61.40/201'5". (B): N. Albany (Poly) 59.92/196'7". 4 x 100: 1, Hingate 44.4; 2, Poly 44.4. 4 x 400: Hingate 3:26.4. (Juniors): Victoria Park 288; Haringey & Southgate 246; TVH 184; Twickenham 180; Poly 125; Enfield 82. 400: D. King (VPH) 51.4. HJ: 1, C. Harris (TVH) 1.90/6'2". 2, N. Penning (H&S) 1.85/6'0". 3, D. Hunter (Poly) 1.85. (B): T. Hoyte (TVH) 1.85. PV: W. Best (Enf) 4.20/13'9". LJ: 1, W. Hinds (H&S) 6.88/22'7". 2, L. Hoyte (TVH) 6.75/22'1". (B): M. Morris (H&S) 6.72/22'0". TJ: V. Bramble (VPH) 13.43/40'9". SP/DT: G. Platt (Poly) 13.01/42'8" & 40.76/133'9". JT: C. Taylor (H&S) 62.54/205'2". 4 x 100: 1, TVH 44.4; 2, Victoria Park 44.8; 3, Haringey & Southgate 45.2. 4 x 400: Victoria Park 3:34.5. (Youths): Enfield 274; Haringey & Southgate 267; Hillingdon 228; Twickenham 225; Shaftesbury 222; Poly 161. 100H: 1, S. Adams (Enf) 14.3; 2, G. Oakes (H&S) 14.8. 1000SC: R. Button (Enf) 2:58.3. HJ: 1, P. Redmond (Enf) 1.83/6'0"; 2, C. Mitchell (H&S) 1.83; 3, J. Pavell (Shaft) 1.74/5'8". TJ: 1, K. Raymond (Poly) 13.12/43'0". 2, C. Grayson (Shaft) 13.08/42'11". SP: 1, M. Strzadala (Twick) 14.88/48'10"; 2, G. Loizou (H&S) 14.25/46'9". (B): T. Pitharas (H&S) 13.61/44'8". DT: 1, O. Davis (Hill) 43.56/142'11"; 2, Pitharas 43.14/141'6". (B): I. Barker (Hill) 41.78/137'1". JT: 1, T. Phillips (H&S) 50.06/164'3"; 2, R. Templar (Shaft) 47.08/154'5". (B): Loizou 46.70/153'2". 4 x 100: Hillingdon 46.3. 4 x 400: 1, Haringey & Southgate 3:43.7; 2, Enfield 3:48.6. (Boys): Haringey & Southgate 308; Enfield 248; Shaftesbury 210; Hillingdon 169; London Irish 161; TVH 143; Twickenham 90. 100: R. Webbley (H&S) 12.1. 400: J. Forde (LI) 54.8. 80H: N. Augustine (H&S) 12.3. HJ: 1, A. Udo (Shaft) 1.65/5'5"; 2, R. Webbley (H&S) 1.63/5'4". 3, S. Parry (Hill) 1.60/5'3". 4, Polszajski (Twick) 1.60. LJ: Udo 5.81/19'0". TJ: R. Rogers (H&S) 12.17/39'11". (B): M. Edwards (H&S) 12.14/39'10". SP: M. Burns (LI) 11.98/39'3". JT: F. Udezor (H&S) 43.90/144'0". 4 x 100: 1, Haringey & Southgate 47.7; 2, Shaftesbury 48.6. 4 x 400: 1, Hillingdon 3:57.0; 2, Enfield 3:59.7.

MOTORWAY LEAGUE

(Division 2)

At Leicester, August 3rd

Bury 555; Stoke 531; Leicester 517; Warrington 441; Grangemouth 420; Airedale & Spen Valley 334.

100: W. Hill (B) 12.2. (B): C. Young (W) 12.4. 200: 1, Hill 24.7; 2, L. Biddles (L) 25.0; 3, J. Wall (G) 25.5. 400: 1, L. Greenwood (L) 58.8; 2, S. Dyson (B) 60.0. 800: 1, G. Ettles (B) 2:17.6; 2, C. Readdy (S) 2:18.4. 1500: 1, A. Tuncliffe (S) 4:29.2; 2, S. Holmes (W) 4:31.1; 3, Readdy 4:31.6. 3000: J. Rhodes (S) 10:46.2. 100H: S. Clelland (L) 15.8. 400H: 1, Dyson 64.9; 2, L. Smith (S) 69.2. (B): Hill 68.4. HJ: B. Gibbs (L) 1.63/5'4". SP: D. Howarth (B) 11.81/38'9". DT: 1, J. Fielding (B) 45.98/150'10"; 2, K. Mallard (L) 36.78/120'8"; 3, H. Thompson (G) 33.58/110'2". (B): S. Elsyby (L) 35.48/116'5". JT: 1, S. Hallam (L) 36.20/118'9"; 2, Howarth 34.06/111'9". 4 x 100: 1, Bury 50.0; 2, Leicester 50.2. 4 x 400: Bury 4:04.9. (Inters) 200: K. Farmer (B) 26.3. 80H: 1, L. Ilderton (S) 12.0; 2, A. Bonser (L) 12.3; 3, F. Meachin (W) 12.8. (B): T. Towers (L) 12.8. HJ: 1, V. Kelly (S) 1.73/5'8"; 2, J. Harrison (L) 1.60/5'3". LJ: Meachin 5.13/16'10". SP: H. Thompson (G) 9.57/31'4". 4 x 100: Bury 52.0. (Juniors) 100: K. Wood (B) 13.0. (B): K. Sykes (W) 12.7. 200: 1, Sykes 26.4; 2, Wood 27.0. (B): M. Probert (W) 27.2. 800: G. Perry (S) 2:26.5. 1500: J. Bates (S) 5:10.5. 75H: J. Turner (S) 12.1. HJ: 1, C. Warburton (B) 1.50/4'11"; 2, D. Ilderton (S) 1.47/4'9". SP: I. Samuels (A&SV) 10.92/35'10". JT: S. Walsh (B) 32.16/105'6". 4 x 100: 1, Warrington 52.5; 2, Bury 52.7.

YOUNG ATHLETES LEAGUE

At BP Llandarcy, July 28th

Cardiff 427; Pontypool 251; Swansea 147; Barry 94; Bridgend 86; BP Llandarcy. 78.

HECKINGTON '10'

July 27th

1, P. Romaine (Holbeach) 49:56
2, K. Angus (Sheffield United) 50:17
3, H. Leeming (Derby & Co) 50:29
4, M. Phillips (B'field) 51:57; 5, C. O'Carroll (Notts) 52:18; 6, P. Sanderson (Leic C) 52:44;
7, R. Tilling (B'field) 53:15; 8, M. Pickering (B'field) 53:25; 9, F. Drozda (Py B) 53:28; 10, C. Jackson (B'field) 54:03; 11, R. Heathcote (SUH) 54:06; 12, H. Scott (Perth S) 54:09; 13, B. Simms (Leigh) 54:22; 14, M. Whatmough (LWAC) 54:53; 15, C. Seal (Notts) 55:10; 16, J. Beckett (Holb) 55:16; 17, D. Ritchie (B'field) 55:24; 18, G. Astill (Notts) 55:44; 19, K. Cole (Hunt) 55:51; 20, J. Burney (Notts) 56:04; 21, R. Oliver (Leic C) 56:38; 22, J. Flatters (Yeo) 56:38; 23, P. Leach (Leic C) 57:25; 24, P. Wright (Py B) 57:47; 25, C. Baguley (Leic C) 57:52. Teams: 1, Birchfield 19; 2, Notts 38; 3, Holbeach 43; 4, Leicester Coritanian 50; 5, Sheffield Utd 51; 6, Plessey Beeston 62; 7, Lincoln Well 105; 8, Newark 107; 9, Plessey Beeston 'B' 114.

WALKING**PERSONAL BEST BY PETER MARLOW**

DESPITE being pipped for victory in the Fire Brigade 3000m Walk at Crystal Palace on August 7th, Peter Marlow set a personal best behind Roger Mills. On an evening well suited for fast times, Mills and Marlow had an excellent race passing the kilometre mark in 4:03.0 and the latter leading into the straight before the AAA champion edged by. Also rewarded with a pb was Alan Buchanan who chased Carl Lawton, who earlier in the evening had won his club championship. Both Colin Young and Alec Banyard set their best for the season. 1, R. Mills (Ilf) 12:22.6; 2, P. Marlow (S'end) 12:23.0; 3, C. Lawton (Bel) 13:10.4; 4, A. Buchanan (B&H) 13:12.0; 5, C. Young (Ex B) 13:34.4; 6, A. Banyard (S'end) 13:35.0; 7, J. Hall (Bel) 13:59.4.

Helpers and supporters required for 'Accolade' 8 Hours Track Walk. September 29th is the date and the new all-weather track at Wood Green is the venue for the big distance event of the year. The home contingent of a dozen will be selected in a few days time and three top Frenchmen are expected to compete. Bill Sutherland, who has borne the brunt of the organising, fervently hopes the hordes of club walkers and their families will be present to help and support the event and attend the buffet and disco after the race. Judging by the 50km times of our leading men, all Harold Whitlock's records will be in danger providing conditions are reasonable. The 6 1/2 mph average needed for the full distance will obviously be kept in mind by the leaders who should provide a close and exciting race.

Amos Seddon wins National Police 3km in excellent time at Leicester, July 20th. 1, A. Seddon (Enf) 12:50; 2, L. Mockett (Ilf) 13:43; 3, D. Sheppard (Ex P) 14:17.

Mike Dunion clocks excellent 13:34.8 in Wood-

ford Green Inter-Club 3km at Woodford Green, July 30th. 1, M. Dunion (Ex Pol-Y) 13:34.8; 2, L. Mockett (Ilf) 13:52.2; 3, D. Sheppard (Ex P) 14:18.6.

London Vidarians 2M Track Championships at Battersea Park. 1, B. Keegan 15:13; 2, G. Ives 17:00; 3, F. Butler (V) 17:32.

Veterans AC 5M Road Walk at Battersea Park, August 6th. 1, K. Livermore (Enf) 40:04; 2, K. Easlea (Enf) 41:21; 3, P. Worth (Ver) 42:17; 4, M. Marshall (Camb H) 45:30; 5, F. Butler (Lon V) 47:15; 6, A. Roberts (High-73) 47:24.

Jacky Lord and Mike Dunion worthy AAA Champions. Setting British bests, both winners confirmed their outstanding talent. However, it was very bad luck on the Sheffield juniors, Barry Lines amongst them, that they arrived too late to compete. Both second-placers, Dave Morris and Glyn Morris, recorded excellent performances to show our representation in next year's European Junior should be a strong one.

Dave Boxall wins Leicester to Skegness '100', August 2nd/3rd. With literally hundreds of racing miles behind them gained in their numerous exploits in France, Dave Boxall and Paddy Dowling dominated the event. Dowling led for much of the first half but was gradually worn down by the small, tough and determined Brighton man who eventually triumphed in 17:50:01. Peter Markham, in his debut, was a good third while Dave Neagle excelled himself with his fifth placing. Detailed results will follow as soon as available.

Essex lead the way. With Peter Marlow winning the National 10 miles and AAA 10km, Olly Flynn the National 20km, Bob Dobson the 50km and Roger Mills the AAA 3km, the county has had a great year. Inter-county Champions yet again and the county also supplied the winning teams in the

DARTFORD HARRIERS

15th Annual

ROAD RELAY 4 x 3 Miles

(Under A.A.A. Rules)

SATURDAY, SEPTEMBER 14th, at 3 p.m.**CENTRAL PARK, DARTFORD**

Entries 25p per team to R. H. Drew, 28 Spital Street, Dartford, Kent.

ENTRIES CLOSE SEPTEMBER 9th**'HAROLD DOGGETT'****HANDICAP 6 MILE CHASE**

Saturday, September 14th, at 3 p.m.

Boggart Hole, Clough, Manchester

Ind. £6, £5, £4, £3, £2, £1. Teams 3x£3, 3x£1. Fastest Loser £5. Entries (AAA forms) 30p ind., 50p teams, by Aug. 31st, to G. Claff, 71 Simister Lane, Prestwich, M/r, M25 5RY. Salford Harriers and A.C.

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14th Annual

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(Under A.A.A. Laws)

SATURDAY, SEPTEMBER 28th, at 3 p.m.**PRIZES VALUE OVER £50**

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Entries to Mr A. Whittaker, 52 Denbury Avenue, Grappenhall, Warrington WA4 2BW (Tel.: Warrington 62889).

ENTRIES CLOSE MONDAY, SEPT. 16th**UXBRIDGE AND DIST. LADIES A.C.**

are holding

OPEN GRADED MEETINGS

(Under W.A.A.A. Rules)

FOR LADIES OF ALL AGE GROUPS**AUGUST 31st and SEPTEMBER 28th, 1974****2.30 p.m. at Uxbridge Track,****Park Road, Uxbridge**

All events if required incl. walks and relays. Entries accepted on the day—fees 10p per athlete. Further information from John Skilton, 11 Hinton Road, Uxbridge, Middx. (Uxbridge 34830).

10 miles and 20km—Southend AC. To supply the first four men home (Flynn, Marlow, Mills and Seddon) in the National 20km was a magnificent effort but this was surpassed in the European Games Trial at Victoria Park when the first five home (Seddon, Mills, Flynn, Marlow and Dobson) were men of Essex. With other top men such as Holly, Mockett, Banyard, Gower, Webb and young Daultrey and Dunion available, the future looks shining bright.

Roger Mills paces Charley Fogg around in the Ilford One Hour Walk, August 31st. 1, R. Mills (Ilf) 12,282m; 2, C. Fogg (Enf) 12,282; 3, L. Mockett (Ilf) 12,162; 4, P. Hodkinson (Camb H) 12,148; 5, G. Hunwicks (Ilf) 11,902; 6, L. Ruddock (Ilf) 11,850; 7, K. Livermore (Enf) 11,737; 8, S. Daultrey (W Gn) 11,683; 9, J. May (Met) 11,528; 10, W. Sutherland (High) 11,343; 11, R. Pearce (S'end) 11,272; 12, P. Worth (Ver) 11,237; 13, P. Husband (Ilf) 11,025.

Youths 2000m Walk at Enfield, July 28th: 1, M. Dunnion (Ex P) 9:01.1; 2, J. Dunsford (Bel) 9:42.0; 3, R. Sheppard (Ex P) 10:17.8; 4, H. Steyer (W Germany) 10:37.0.

Mike Holmes comfortable winner of the tough Gomersal 20km, July 13th: 1, M. Holmes (Yks) 99:38; 2, S. Ashton (SUH) 102:25; 3, D. Jackson (Yks P) 102:25; 4, J. Eddershaw (SUH) 103:07; 5, C. Shafto (Yks) 104:13; 6, R. Siddall (SUH) 105:55; 7, T. Stevenson (SUH) 107:09; 8, K. French (SUH) 108:01; 9, R. Marsden (Lancs) 108:31; 10, C. Harphan (SUH) 108:53; 11, B. Nutt (Yks P) 109:31; 12, K. Jameson (Yks P) 109:45; 13, B. Johnson (SUH) 110:44; 14, W. Carr (Yks P) 111:21; 15, T. Blogg (Yks P) 112:13.

Young athletes Walks (held in conjunction with European Champs 20km Trial) at Victoria Park, August 3rd. (Youths 2km): 1, A. Worth (Leic) 9:46; 2, J. Dunsford (Bel) 9:47; 3, A. Heather (High) 10:11. (Boys 1600m): 1, C. Pope (Stey) 7:45; 2, A. Harmer (Stey) 8:08; 3, K. Morris (Stey) 8:21; 4, D. Buchanan (B&H) 8:30; 5, N. Perry (B&H) 8:54; 6, A. Sayers (Stey) 9:19.

Outstanding performances in Sweden match. It was more than tough on Marion Fawkes and Betty Jenkins that they should meet two girls, Margareta Simu and Britt Holmquist, who proved themselves the best yet seen at the distance. Simu took 5.7s off the previous world's best while Holmquist was less than a second outside. Both our girls were only just below the form they displayed at the WAAA. In the Junior 10km Barry Lines confirmed all the good things that have been said about him by decisively beating Jacky Lord in an excellent time. The Swedish winner, Simonsen surprised with his fast time and obviously must be one of the fastest juniors in Western Europe. The senior 10km had all four competitors recording world class times with Hans Tennngren excelling in beating 44 minutes. Shaun Lightman was only just outside his seasons pb while Carl Lawton clocked his second best ever for the distance. Both had obviously fully recovered from their efforts in the National 50km.

Colin Young

Hastings to Brighton 38 Miles Walk, August 10th. Despite a gale force wind against the walkers all the way and violent thunderstorms, hailstones and heavy mid-race rain, this year's race was one of the best for many a year. The overall standard was high and only six of the 42 starters succumbed to the elements. Metropolitan Police sergeant Peter Hodkinson opened a gap from the start and, it would seem, ploughed a lonely course 100y ahead of Carl Lawton, Ray Middleton and John Nye before being pulled back as the rains came after 20km when on the road just north of Eastbourne. As the weather worsened the leading quartet plus last year's winner, Peter Selby, closed up but as the day improved it was Lawton who pulled away, holding a 30sec lead on clubmate Middleton through Lewes to reach the 50km point in 4:31:44. Other times at this distance were Middleton 4:32:15; Nye 4:38:15; Hodkinson 4:41:47; Selby 4:44:08; Michel 4:48:37; Crook 4:52:27 and Boxall 4:56:42. The long drag up Falmer Hill once again proved Lawton's undoing in this race and at this point Middleton, who had always looked in command, pulled away to victory with an excellent time in the conditions, 5 minutes faster than his last win on a hot steamy day four years ago. This was Carl's finest race since he made his initial breakthrough and behind him Nye confirmed his growing status in beating Hodkinson and Selby. Roger Michel put in a very powerful second half, giving one the impression that he left himself too much to do, while John Crook looks to be the distance find of the season after only four months in the sport. Behind him Dave Boxall backed up his previous week's 100 miles victory with another solid performance. Teamwise, Belgrave regained their superiority over Surrey. 1, R. Middleton (Bel) 5:36:42; 2, C. Lawton (Bel) 5:39:11; 3, J. Nye (Sy) 5:46:13; 4, P. Hodkinson (Camb H) 5:48:13; 5, P. Selby (Sy) 5:49:53; 6, R. Michel (Sy) 5:56:41; 7, J. Crook (B&H) 6:04:58; 8, D. Boxall (B&H) 6:05:20; 9, J. May (Met) 6:20:21; 10, P. Worth (Ver) 6:21:08; 11, R. Farley (Bel) 6:24:26; 12, P. Dicks (High) 6:24:54; 13, W. Sutherland (High) 6:26:09; 14, D. King (Bel) 6:29:17; 15, L. Holton (Leic) 6:29:28; 16, J. Hall (Bel) 6:32:59; 17, K. Read (Sy) 6:38:13; 18, J. Dunsford (Bel) 6:38:13; 19, L. Atterbury (Sy) 6:43:16; 20, B. Saunders (B&H) 6:45:48. **Teams:** 1, Belgrave 13; 2, Surrey 14; 3, Brighton & Hove 31. **Handicap:** Dicks.

Jeff Slater 10,000 at Brighton, July 14th. Although Dave Stevens won comfortably, Grenville Biddulph was well pleased with his form on his return after the injury sustained in the National 20km, two months ago. Fine walks by 16-year-old Graham Morris and 15-year-old Steve Tidey. (**Senior Men 10,000**): 1, D. Stevens (Stey) 48:23; 2, G. Biddulph (B&H) 49:06; 3, D. Boxall (B&H) 49:47; 4, J. Moullin (Bel) 50:20; 5, G. Morris (Stey-Y) 50:25; 6, F. Turner (B&H) 51:02; 7, S. Tidey (B&H-Y) 51:45; 8, R. Penfold (Stey) 52:59. 16 finished. (**Boys 2000m**): 1, C. Pope (Stey) 9:46; 2, A. Harman (Stey) 10:14.6; 3, D. Buchanan (B&H) 10:55.6. 8 finished.

Alan Buchanan

LETTERS

NO ACTION BY NORTHERN COUNTIES AA

Dear Sir,

May I through your columns appeal to all Yorkshire athletes and officials to let me know what form they wish the Yorkshire County Championships and administration to take in the future.

The majority of athletes and officials throughout England are still unaware of the fact that the Northern Counties AA is administered differently from the Southern and Midland Counties AAA. In 1879 when the NCAA was established it was split up into 14 Districts and it is still administered through these Districts. Clubs affiliate direct to the NCAA and clubs in each District appoint a limited number of delegates to the NCAA Executive Committee, via their District Committee. The County Associations are separate bodies who affiliate to the NCAA and they are only responsible for County Championships and Inter County competitions. They have no responsibility for administration and are not represented on the NCAA Committees. (We also, of course, have a separate Northern Cross-Country Association with different divisions, but that is another story.) Our present Yorkshire County Committee is comprised of representatives from the four NCAA Districts which incorporate parts of Yorkshire, but there have been suggestions that representatives should be elected direct from the meeting of all clubs in the County.

Despite requests to the NCAA to call a meeting of all County Associations to discuss the new county boundaries no such meeting has been called but a proposal has been put forward by the Finance and General Purposes Committee of the NCAA and circulated to clubs, suggesting five new 'County Groups' for the North and this splits Yorkshire into three, viz: (1) West and North Yorkshire; (2) Cleveland joining Durham, Tyne and Wear, etc; (3) South Yorkshire and Humberside joining Lincolnshire and Derbyshire.

(North Yorkshire, although it is the largest new county in area, has only one active area, Yorks, and no athletic track outside that city.) All the athletes who I have spoken to are wholly against these suggestions and two clubs (Middlesbrough in Cleveland and Rowntrees in North Yorkshire) have requested that we retain our old County boundaries.

I understand from my CAU colleagues that the Midland and Southern Counties have already decided to ignore the new county boundaries (with the exception of Avon) and to retain all the old counties, including the evergreen Middlesex, but no overall decision of any kind has been made in the North. Lancashire and Lincolnshire have had individual meetings and Yorkshire and Lincolnshire a joint meeting, but there appears to be great reluctance on the part of the

NCAA to assist the counties to formulate an overall acceptable plan.

With the permission of our Chairman I hope to call a meeting of all clubs in Yorkshire to formulate a new constitution and our own proposals for the future of the Yorkshire County AAA, but I am sure that all County Secretaries in the North would be pleased to hear from all clubs, athletes and officials who are interested in keeping the Counties alive. If this interest is not forthcoming then the Counties could become as dead as the NCAA, which is slowly becoming the richest 'corpse' in British athletics.

Geoff Clarke,
Hon Secretary,
Yorkshire County AAA

SPARE A THOUGHT FOR FIJI

Dear Sir,

In these days of increasing concern about the lack of athletics facilities in the UK, spare a thought for the smaller, poorer nations who are struggling to get into international athletics. The following comments by Derek Robinson of the Fiji AAA in considering his association's preparations for the 1975 South Pacific Games in Guam have just reached me and underline Fiji's problems:

"There are only two athletics tracks in Fiji and both are grass. It is difficult to see how we can maintain progress without an all-weather track, the cost of which is far beyond the means of the Association. Lack of equipment is another problem. The Fiji AAA has only two full sets of hurdles, no high jump landing beds, no junior field event implements, and no pole vault stands. The list seems endless. The cost of providing all this equipment for Buckhurst Park (the Suva track) alone would probably exceed F\$2000 (about £1000)."

It is against that background that Saimoni Tamani's 400m bronze medal at the 1970 Commonwealth Games seems all the more fantastic. Also, almost unnoticed, Fiji managed to produce a 7.65/25'14" long jump (by Tony Moore in the qualifying round) and a 45.84/150'5" women's javelin throw (by Mereoni Vibose for seventh place) at the 1974 Christchurch Games. The potential is there, the facilities are not. Can anyone help in kind—particularly any sports equipment firms who may read this letter? If so, then please contact me at 68 Kennedy Avenue, Macclesfield SK10 3HQ.

Tony Isaacs

TROPHY MEETINGS

Dear Sir,

I fully understand Mr Illott's frustration of arranging trophy meeting fixtures and finding he does not get support from the athletes. This seems to be the trend throughout club athletics with not only trophy meetings but also inter-club matches.

As fixture secretary and track captain of my club, I find it most embarrassing having to de-

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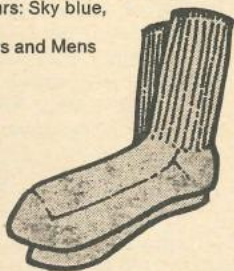
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clare just a few names instead of a team at these fixtures.

There are many views expounded for this trend, but from my experience there are two main reasons. Firstly, there seem to be more and more club athletes who model themselves on internationals and feel that training is more important and they must build up to 'the big one', which in the case of club athletics is the league fixture.

What athletes seem to lose sight of is that by competing in club fixtures they are getting the chance to experiment in their own event, and others, which will benefit them when they compete in league fixtures.

The second reason stems from the first, in that by only competing in certain fixtures athletes seem to have developed an underlying fear of being beaten in less important fixtures.

Unfortunately, if this trend continues, the result will be that more and more officials will become disenchanted with the sport and turn their attention elsewhere, and club athletics as we know it will no longer exist.

Roger Lewis,
Walton AC

THOSE DAYS HAVE GONE

Dear Sir,

Mr Ilott of Havering is a hard-working official who obviously has done much for athletics in the Essex area. I am a little surprised at his letter in the August 3rd issue however (Where have all the athletes gone?) as he seems to be out of touch with a nationwide trend taking place before his very eyes. Senior men do compete, but not in trophy meetings very often. The golden age of trophy meetings is past in these days of league athletics and graded open meetings. Forget those old days, they are gone forever. We may regret their passing, but nevertheless they are gone.

David Cocksedge

VETS BEGIN AT 40

Dear Sir,

In recent years Veterans have comprised up to 25 per cent of competitors in many open road and cross-country races. More race organisers are making Vets prizes available and are now putting on Vets team prizes where practicable. However there are still too many races where either the Vets are ignored altogether or the first Vet to finish is awarded the cheapest possible prize. In one annual, famous race it is the first over 35 who gets the Vets prize.

As I understand, Vets have come to the point when they no longer can keep the pace of former years. I do not think that at 35 this deterioration in performance is noticeable in distance races, and a British team of world class 35-year-olds comes to mind without too much thinking. Even at 40 some Vets are still capable of fantastic performances, but I believe that until somebody proves a different age is the right one to qualify to be called a 'Vet', then nobody under 40 should qualify for 'Vets' prizes. I would like to see the AAA form a committee to look at the whole involvement of Vets in athletics and publish a few

recommendations. This at least could be used as a guide to the future.

J. W. Caddy,
Redcar

THAT GOLDEN GIRL LABEL

Dear Sir,

It has been quite a while since I penned my first letter to 'AW' and greatly irritated Dick Bank in doing so, but I feel I must write again to comment on a subject which is causing me much concern.

The morning after the WAAA Championships a leading Sunday newspaper, commenting on Donna Murray's 400m defeat, headed its article with the words 'Golden bid fails'. Already several

SOUTH LONDON HARRIERS

30 MILES OPEN ROAD RACE

Under A.A.A. Laws at Old Coulsdon, Surrey,
2.30 p.m., Saturday, September 7th, 1974.

Medals, Prizes and Time Certificates.

Entries: 35p each plus 35p team (3 score) to
M. P. Laker, 11 Woodmansterne Road, Couls-
don, Surrey, close August 27th.

REDHILL AND REIGATE A.C.

18th Annual (Under A.A.A. Laws)

PRIORY RELAY, 1974

Senior 6 x 2½ Miles, 2.15 p.m.

YOUTHS 2½ MILES

One lap of Senior Course, 1.45 p.m.
(6 to run, 4 score)

SATURDAY, NOVEMBER 2nd

IN THE REIGATE PRIORY GROUNDS

Fees: Seniors 70p per team; Youths 50p per
team, 10p per ind. Entries to Mrs L. D. Christ-
mas, 48 Atherfield Rd., Woodhatch, Reigate,
Surrey RH2 7PS, by Wednesday, October 16th.

SALISBURY ATHLETIC CLUB'S

20th Annual

'ROUND THE HOUSES'

ROAD RACES

(Under A.A.A. Laws)

SUNDAY, SEPTEMBER 15th, 1974, 2.30 p.m.

SENIOR 5 MILES

Team and Individual. Start 3.30 p.m.

Awards: First 3 Teams (6 run, 4 score); First
3 finishers, 1st Vet. (State on form).

YOUNG ATHLETES 3½ MILES

Team and Individual. Start 3.00 p.m.

(Over 15 and Under 18 on 15.9.74)

Awards: First 3 Teams (4 run, 3 score). First
three finishers.

BOYS 2½ MILES

Team and Individual. Start 2.30 p.m.

(Over 12 and Under 15 on 15.9.74)

Awards: First 3 Teams (4 run, 3 score). First
three finishers

Changing rooms and start: New Cattle Market,
Ashley Road, Salisbury.

Entries on A.A.A. forms to R. Thornton, 29
Canadian Avenue, Salisbury, Wilts.

Fees: Senior Team 75p, Ind. 15p; Y. Athletes
Team 60p, Ind. 15p; Boys Team 50p, Ind. 10p.

CLOSING DATE WEDNESDAY, SEPT 4th

newspapers have begun to label Miss Murray as a new 'golden girl' and it is precisely this which is causing me some concern. Whenever a promising British athlete emerges, a sizeable segment of the UK Press immediately labels the poor unfortunate as a golden prospect. I realise of course that there are many journalists who serve the sport of athletics very well, but all I would say to the rest is—please give Donna Murray a chance and don't label her as the new Lillian Board.

Donna Murray is indeed a fine 400m prospect but this is only her first season at the distance and we must not expect too much of her. To win any medal in the Rome 400m would be a fine achievement but I fear there are those in the Press who would label Donna as a failure if she did not win the gold medal. I sincerely hope that this very beautiful and sensitive young lady does not have to compete in Rome facing the same kind of pressures that were put on Lillian Board in 1968 at Mexico.

Let her do her best, and if she is beaten she must not be rejected as a failure by any section of the Press.

Douglas R. Featonby,
Co Durham

Hear, hear—M.W.

BARRED UNDER SCOTTISH RULES

Dear Sir,

On July 20th I travelled to Edinburgh in order to compete in the Pye Gold Cup Semi-Final on the 21st. However, 45 minutes before my event I was informed that I would not be allowed to compete, as the meeting was being held under Scottish AAA rules which prevents Youths from competing with Seniors. Two questions surely arise from this incident.

(1) How can one competition be run fairly under two different sets of rules? At any other of the three semi-finals I would have been allowed to compete. What would have happened if a club lost a place in the Final due to this rule (another club at the same meeting was affected much more than mine).

(2) Why does the Scottish AAA keep a rule which no longer applies in England where Youths of a reasonable standard are, happily, allowed to compete against seniors?

Mark Bateman,
Blackburn H

NOT BY WEIGHT ALONE

Dear Sir,

In reply to John Cutcliffe's letter ('AW' August 3rd)—'Grade shot putters by weight'—I totally disagree. I also disagree that you have to be 6ft and 20 stone. They may have a slight advantage in the beginning, but I am only 5'8½" tall and 11 stone in weight and after a year of training I can put the shot 12.90m. It may not be a world class standard, but with experience and more training I certainly expect in my lifetime to do a best of 20m-plus.

If now I was graded I would never get to compete with the big stars like Capes, Winch, etc, as is my ambition. When I go to a competition and somebody throws better than I, my immediate sense tells me to try to better it. Size and weight may be an advantage at first but there is one better qualification than that: DEDICATION.

Justin Stupart,
Dunstable

DOCTRINE OF TOTAL RESPONSIBILITY

Dear Sir,

Will you please allow me one brief comment on the letter from Ian Champion ('AW' August 10th, 1974)? He evidently believes in the doctrine of total responsibility of organisers. From this I conclude that if he ever organises a team trip abroad for his club and finds at the last moment that a sudden withdrawal of aircrew labour has grounded their plane, he will expect to be and will accept being soundly berated by his colleagues as responsible for such a fiasco. I suspect, however, that in such circumstances they would prove to be more charitably minded to their organiser than he has shown himself to be towards ours.

A. Glen Haig,
Chairman, Poly Harriers

WHERE HAVE ALL THE YOUNG MEN GONE...

Dear Sir,

Many spectators of the British International Games (at Crystal Palace, August 10th) may well be wondering why they were asked to complete questionnaires about their views on athletics meetings in this country. Clearly a considerable amount of administrative effort and expense had gone into the devising and distribution of the questionnaires, enclosed in every programme, and spectators seemed to be responding readily to the meeting announcer's request that they should complete the questionnaires and hand them to the 'young men' who would be at the exits at the end of the meeting. Yet, several minutes after the conclusion of the last event, there was no one to collect questionnaires at the exceptionally busy exit to the Southern Region station. A few spectators attempted to push their completed questionnaires under the boarded-up turnstile windows, but most simply shrugged and put them back in their pockets or crumpled them in readiness for the next litter basket.

On a contingent issue, if the object of the questionnaire exercise is to attract more spectators to meetings, the BAAB might ask themselves whether using the advanced ticket office before the meeting and for most of its duration in order to sell vests, pennants, etc, and having tickets for future meetings on sale only during the last 20 minutes of the meeting when spectators are hurrying away to catch trains etc, might not itself tend to affect attendances.

Peter Ferguson,
St Albans, Herts

Road Races

RECORD IN REDCAR '10'

A record field of 95 contested the Redcar '10' on August 3rd. Weather conditions were excellent for road running and it was soon evident that a fast time was in prospect as a group of seven runners broke from the main pack just after the start. This group included Kirkham, Newsome, Cannon, Davies, Waterhouse, Dunn and Godolphin. At five miles, however, the leading bunch had been whittled down to three; Kirkham, Cannon and Davies, and the race developed into a dour struggle between these three. Cannon attempted several times to get away from the others at around seven miles but was himself dropped by Kirkham and Davies. Davies made a break at eight and a half miles and Kirkham could not hold him. Davies broke the nine year old record by nine seconds.

S. Cornish

1, F. Davies (Liverpool H) (rec) 48:25
2, C. Kirkham (Coventry Godiva) 48:37
3, D. Cannon (Kendal) 48:54
4, T. Godolphin (Harro) 49:26; 5, J. Newsome (Wake) 49:57; 6, R. Dunn (Morp) 50:05; 7, J. Patton (B'field) 50:41; 8, J. Waterhouse (Bing) 50:58; 9, N. Rackham (Gos) 51:06; 10, J. Davies (Rown) 51:17; 11, B. Hilton (Leeds) 51:27; 12, S. Walker (M&C) 51:34; 13, P. Birks (Stoke) 51:36; 14, R. Donkin (Sund) 51:40; 15, M. Child (Wake) 51:45; 16, D. Anderson (Bing) 52:09; 17, B. Cordes (Morp) 52:11; 18, D. Coker (Heat) 52:17; 19, K. Carr (Sund) 52:24; 20, T. Hunter (E Hull) 52:24; 21, D. Dixon (Sund) 52:25; 22, D. Quinlan (Long) 52:26; 23, C. Haynes (W Yks Pol) 52:52; 24, R. Harbisher (Long) 52:55; 25, A. Mathieson (Morp) 53:31;

26, M. Hurd (RAF) 53:36; 27, N. Lodge (Wake) 53:37; 28, P. Trainor (Kes) 53:39; 29, J. Boothroyd (Long) 53:47; 30, P. Bentley (Morp) 53:56; 31, J. Clow (P'lee) 54:09; 32, B. Kilner (Leeds) 54:13; 33, B. Pickersgill (Wake) 54:17; 34, M. O'Connell (Long) 54:44; 35, A. Padgett (Bing) 54:54; 36, C. Haggie (Gos) 54:59; 37, R. Puckrin (M&C) 55:06; 38, D. Chaplain (Darl) 55:15; 39, C. Jackson (M&C) 55:16; 40, D. Jennings (Bing) 55:21; 41, G. Black (Durh) 55:24; 42, G. Phipps (Leam) 55:25; 43, R. Spirett (Leeds) 55:28; 44, C. Bricher (M&C) 55:29; 45, J. McKenna (Leeds) 55:38; 46, W. Lambert (Long) 55:43; 47, G. Dearlove (Harro) 55:44; 48, M. Hall (M&C) 55:53; 49, R. Carruthers (Gos) 55:57; 50, D. Lawther (NSP) 56:06. Teams: 1, Wakefield 80; 2, Bingley 99; 3, Longwood 109; 4, Sunderland 109; 5, Morpeth 115; 6, Leeds 131; 7, M&C 136; 8, M&C 'B' 268; 9, Gateshead 302; 10, East Hull 315.

SALE '15'

August 3rd

1, S. Edmunds (Sale) 76:05
2, R. Brown (Liverpool Pembroke) 76:13

3, A. Blinston (Altrincham) 77:17
4, K. Garrett (B'burn) 77:55; 5, D. Watson (Wirr) 78:03; 6, L. Austin (Stoke) 78:47; 7, J. Balmer (Liv P) 78:49; 8, R. Morris (Wins) 78:51; 9, J. Edwards (Tip) 78:55; 10, P. Malcolmson (Liv P) 78:59; 11, J. Jones (M&D) 79:00; 12, M. Phillips (B'field) 79:17; 13, K. Hodgkinson (Salf-V) 79:34; 14, M. Mountford (Staff) 79:51; 15, T. Loneragan (Sale) 80:13; 16, V. Regan (Bolt) 80:33; 17, K. Mayor (Bolt) 80:53; 18, A. Winterbottom (E Ches) 80:58; 19, P. Cave (Seft) 81:03; 20, M. Evans (Tip) 82:32; 21, R. Franklin (TVH-V) 82:48; 22, J. Prescott (Leigh) 83:06; 23, D. Farwell (M&D) 83:07; 24, J. Berry (E Ches) 84:20; 25, P. Mainwaring (Wrex) 84:34; 26, P. Martin (Salf) 84:49; 27, R. Kerrigan (Liv P) 84:52; 28, B. Clifton (Tip) 85:19; 29, R. Griffin (Tip) 85:23; 30, J. Jones (Wrex) 85:27.

GROVE HORTICULTURAL SOCIETY '7'

August 10th

1, J. Norman (Notts) (rec) 33:28
2, Mich Rollason (Small Heath) 33:32
3, P. Flavel (Oxford City) 33:42
4, T. Peterson (M'head) 34:29; 5, P. Varney (Leam) 34:44; 6, C. Woodward (Leam) 34:44; 7, R. Piotrowski (Read) 34:56; 8, R. Alden (Read) 35:01; 9, W. Yate (And) 35:04; 10, G. Stevens (Read) 35:14. Teams: 1, Reading 25; 2, Leamington 26; 3, Oxford City 30; 4, Maidenhead 31; 5, Small Heath 32; 6, Andover 65; 7 eq, Wantage and Swindon 88; 9, RAF Abingdon 110. Vets: 1, H. Downer (And); 2, T. Buckingham (V of Ayl).

SWANAGE '12'

August 10th

1, J. Jones (Windsor, Slough & Eton) ... 61:46
2, P. Carey (Liverpool H) 62:36
3, D. Long (Bournemouth) 62:44
4, B. Popel (West) 63:31; 5, R. Tilling (B'field) 63:42; 6, C. Jackson (B'field) 64:58; 7, M. Baggs (Wey) 65:15; 8, M. Hyman (Port) 65:22; 9, R. Kearns (Torh) 65:42; 10, G. Clark (S&E) 65:53; 11, A. Herrett (S&E) 66:01; 12, D. Ritchie (B'field) 66:12; 13, T. Lane (Read) 66:19; 14, M. Casse (Camb H) 67:11; 15, H. Chadwick (TH&H) 67:16; 16, J. Flatters (Yeo) 67:19; 17, T. Townsend (Ports) 67:44; 18, D. Shermon (Bris) 68:42; 19, M. Pickering (B'field) 68:53; 20, G. Carpenter (Port) 69:23. Teams: 1, Birchfield 42; 2, Portsmouth 92; 3, Bournemouth 94; 4, Weymouth St Pauls 111; 5, Salisbury 112; 6, Bristol 140.

WELSH LEAGUE

(Division 1)

At Swansea, August 10th

Carmarthen 257; Swansea 242; Newport 206; Cwmbran 186; Cardiff 'B' 120.

100: T. Davies (Carm) 11.0. (B): P. Keeling (New) 11.1. 3000SC: W. Ashford (Cwm) 9:45.6, 110H: N. Lloyd (Carm) 15.7. 400H: R. Richardson (Swan) 58.9. LJ/TJ: J. Lewis (Carm) 6.74/22'14" and 13.75/45'14". HT: L. Daniel (Swan) 40.16/131'9".

ATHLETIC EVENTS

An advertisement can increase **YOUR** entries. £2 per s.c. inch, per insertion prepaid. Quarter-page £7: Half-page £12; Page £20, per insertion. **25 per cent discount to clubs on four or more insertions of same copy.** Cheques or Postal Orders should be crossed and made payable to "Athletics Weekly". Copy date—10 days before publication.

WESTBURY HARRIERS GOLDEN JUBILEE

at

BLAISE CASTLE ESTATE, BRISTOL
SATURDAY, SEPTEMBER 28th, 3.30 p.m.

6 MILES CROSS-COUNTRY

to be run in conjunction with
WESTBURY H. v. MIDLANDS v. WALES
Awards to first 6 finishing.

Entries (Individuals only 25p) to Peter J. Griffin, 36 Charlton Road, Keynsham, Bristol BS18 2JB.

WEAR CLUB COLOURS, PLEASE
ENTRIES CLOSE MONDAY, SEPT. 16th

HOLMFIRTH HARRIERS A.C. COLTS', BOYS' AND YOUTHS' ROAD RACES

(Sponsored by James Watkinson & Son, Ltd)
COLTS 2½M, BOYS 2½M, YOUTHS 3M
(Under A.A.A. Laws)

SUNDAY, OCTOBER 6th, at 2.30 p.m.
FROM CIVIC HALL, HOLMFIRTH

Prizes: Ind. 1st £4, 2nd £3, 3rd £2, 4th £1 in all races. Team: 3 at £2, 3 at £1.50, 3 at £1.

ENTRIES CLOSE SEPTEMBER 23rd

Entry Fees: 10p Ind., 20p Team. All to enter as individuals. Entries to Mrs E. Bailey, 4 Oakes Lane, Brockholes, Huddersfield HD7 7AR (Tel.: 62398).

LEICESTER CORINTHIAN A.C. ROAD RELAYS (Under A.A.A. Laws)

At Asfordby Hill, near Melton Mowbray
on Saturday, September 14th, 1974

Sponsored by

PACE CONSULTANTS LTD., LEICESTER
BOYS' RELAY 3 x 2 MILES

For 'The Payne Trophy'

YOUTHS' TEAM ROAD RACE 3½ MILES

For 'The Pace Trophy'

SENIOR RELAY 5 x 3½ MILES

For 'The Petfoods Trophy'

Prizes to first 3 teams in all events—3 to count in Youths race. Entries (50p per 'A' team, 30p 'B', 'C' or 'D' teams) to Mr C. Baguley, 55 Craven St., Melton Mowbray (Tel. 4383) by Monday, September 2nd.

WOODFORD A.C. VETERANS PAARLAUF CHALLENGE OVER 5000m

at the new 'All-Weather' track

Ashton Playing Fields, Woodford Bridge,

Sunday, September 8th. Start Midday.

Open to VETERANS who can average at least 100 years between them on the day.

Entries to J. L. Hayward, 35 Danbury Way, Woodford Green, Essex.

ESSEX BEAGLES A.C.

BERNIE HAMES HALF-MARATHON

(Under A.A.A. Laws)

From Essex Beagles H.Q.

Near 'The Retreat'

CHIGWELL ROW, ESSEX

SATURDAY, SEPTEMBER 28th, at 3 p.m.

Entries with fee 20p to S. C. Robins, 97 Queenswood Gardens, Wanstead E11 3SF (01-530 4793).

CLOSING DATE SEPTEMBER 18th

BOLTON HARRIERS AND A.C.

present under A.A.A. Laws

'THE DORMA TEXTILES ROAD RELAYS'

for Colts, Boys and Youths

Sunday, September 22nd, 1.30 p.m. prompt

at Leverhulme Park, Bolton

Race 1 U/12 4 x 1¼ M. Race 2 U/14 4 x 1¼ M.
Race 3 U/16 4 x 2¼ M. Race 4 U/18 4 x 2¼ M.
Prizes: First 3 teams and fastest lap in each race. Entrants must be under age stated on Sept. 1st, 1974. Entries 25p per team to Mr A. R. Elsby, 51 Tong Road, Little Lever, near Bolton, Lancs. close September 14th.

ROTHERHAM HARRIERS 5th ANNUAL MARATHON

(Under A.A.A. Laws)

SUNDAY, SEPTEMBER 22nd, 12.15 p.m.

ALL SAINTS SQUARE, ROTHERHAM

Prizes for Ind., Vets. and Team.

Inc. Northern Counties Championship

Entries: 15p Ind., 15p Team to B. Mullarkey, 2 Hellaby Hall Road, Hellaby, Rotherham, South Yorkshire, by September 7th.

NOTTS '10'

(Under A.A.A. Laws)

SUNDAY, SEPTEMBER 8th, at 12 Noon

From Harvey Hadden Stadium,

Billborough, Nottingham

Prizes: Ind. £10, £6, £4, £3, £2, £1 and Vet. O/40. Teams 4 at £3, 4 at £2, 4 at £1.

Entries: 20p plus 20p per team to Geoff Towler, 6 Grange Close, Lambley, Notts.

ENTRIES CLOSE MONDAY, SEPT. 2nd

Fine Discus Throwing

SCAAA 122 v ESSEX 91
v WOODFORD GREEN 52

At Woodford, August 10th

100: 1, D. Cole (SC) 10.8; 2, S. White (SC) 11.0; 3, A. Platts (Ex) 11.0; 4, J. Smith (W Gn) 11.1; 5, L. Wiltshire (SC-n/s) 11.1. 200: 1, T. Collins (Ex) 21.3; 2, White 21.6; 3, T. Emmanuel (Ex) 22.1; 4, P. Lavender (SC) 22.2; 5, Smith 22.5. 400: K. Crew (SC) 49.7. 800: 1, E. Coffey (Ex) 1:53.4; 2, W. Tarquini (SC) 1:54.4; 3, I. Pearce (Ex) 1:54.4; 4, A. Falconer (SC) 1:55.1; 5, P. Chimes (SC) 1:55.3. 1500: 1, E. Noving (Holland) 3:50.6; 2, B. Smith (Ex) 3:51.8; 3, M. Benn (W Gn) 3:53.2; 4, R. Young (Ex) 3:59.1. 2000SC: 1, R. Bean (SC) 5:54.4; 2, H. Richards (SC) 6:02.0; 3, D. Brown (Ex) 6:03.0; 4, C. Moxsom (W Gn) 6:03.0. HJ: 1, D. Kidner (SC) 1.98/6'6"; 2, G. Vose (SC) 1.93/6'4"; 3, A. Dainton (Ex) 1.90/6'2"; 4, J. Broughton (W Gn) 1.90. PV: 1, T. Gutteridge (SC) 4.20/13'9"; 2, Kidner 4.10/13'5"; 3, D. Turner (W Gn) 3.80/12'5"; 4, T. Brooking (Ex) 3.40/11'1". LJ: Cole 7.21/23'8". TJ: 1, R. Edwards (SC) 15.05/49'4"; 2, C. Kidd (SC) 14.93/49'0"; 3, J. Davis (Ex) 13.92/45'8". Invitation Discus Competition: 1, W. Tancred (W&B) 64.32/211'0"; 2, J. Watts (W&B) 58.78/192'10"; 3, P. Tancred (BRC) 58.76/192'9"; 4, D. Maloney (Twick) 52.06/170'9"; 5, P. Bullock (W Gn) 45.90/150'9". ('B' Competition): 1, P. Tancred 60.16/197'4"; 2, Maloney 51.32/168'4"; 3, Bullock 45.06/147'10". HT: 1, C. Melliush (SC) 56.70/186'0"; 2, M. Petra (SC) 48.38/158'9"; 3, Lawlor (W Gn) 46.44/152'4"; 4, A. Woods (Ex) 42.50/139'5". JT: 1, P. Hollywood (Ex) 72.20/233'7"; 2, D. Heath (W Gn) 71.02/233'0"; 3, C. Harrison (SC) 68.92/226'1"; 4, W. Bushnell (Ex) 63.60/208'8"; 5, C. Taylor (SC) 63.02/206'9". 4 x 100: 1, Essex 43.6; 2, SCAA 43.8. 4 x 400: 1, Essex 3:23.1; 2, SCAA 3:23.7. BMC Junior 3000: 1, K. Steere (Norf O) 8:28.2; 2, K. Dumbleton (Ver) 8:41.8; 3, G. Jackson (HBS) 8:43.8; 4, J. Davy (Ips) 8:47.8; 5, T. Butt (Crut) 8:50.6.

Women

SCWAAA 105; Essex 66; Essex Ladies 38.

100: W. Clark (SC) 12.2. 200: 1, Clark 24.1; 2, B. Goddard (SC) 24.5; 3, D. Shouler (Ex) 24.9; 4, S. King (Ex) 25.0; 5, H. Alderton (Ex) 25.3; 6, S. Thornton (Ex) 25.5. 400: 1, S. Pettett (SC) 57.1; 2, H. Page (SC) 57.5; 3, R. Chettleborough (Ex) 59.8. 800: 1, R. Ennis (Ex) 2:18.4; 2, P. Turner (SC) 2:19.3. 1500: 1, C. McLoughlin (SC) 4:35.2; 2, S. Hines (Ex) 4:38.3; 3, B. Price (SC) 4:45.3. 100H: 1, P. Chapman (SC) 14.7; 2, J. Philps (Ex) 15.4; 3, H. Alderton (Ex L) 15.7. LJ: 1, Chapman 5.81/19'0"; 2, H. Alderton (Ex L) 5.63/18'5"; 3, B. Clarke (SC) 5.53/18'1". SP: 1, J. Kerr (SC) 14.70/48'2"; 2, B. Bedford (SC) 14.66/48'1"; 3, Y. Fountain (Ex) 11.40/37'5". 4 x 100: 1, SCAA 48.6; 2, Essex 49.8; 3, Essex Ladies 50.3.

Tenth in The Horsham '10' on July 13th was B. Collins (HW) in 52:41 and not as printed.

CROYDON FIELD & HURDLES MEETING

At Crystal Palace, August 11th

3000SC: 1, R. Pitt (Aus) 9:03.4; 2, P. Rockwood (B&H) 9:23.8; 3, P. Muddeman (Leam) 9:40.6. 110H: 1, G. Gower (Hill) 14.7 (MBP); 2, C. Breen (S. Afr) 14.8; 3, A. Davies (Wks) 15.3. 400H: 1, P. Young (Felt) 54.2; 2, S. May (Sheff C) 55.7; 3, C. Brookes (Bel) 56.4. HJ: 1, R. Gyles (Card) 1.93/6'4"; 2, D. Walters (B&H) 1.90/6'2"; 3, W. Johnson (Med) 1.90. PV: 1, J. Fenge (HW) 4.40/14'5"; 2, C. Kidd (Hill) 4.21/13'9"; 3, R. Griffiths (S&E) 4.00/13'1". LJ: I. Campbell (AF&D) 6.86/22'6". TJ: 1, J. Vernon (S&C) 15.14/49'8"; 2, Kidd 14.69/48'2"; 3, D. Langley (Cov G) 13.85/45'5". SP: 1, W. Tancred (W&B) 17.60/57'9"; 2, P. Tancred (W&B) 17.36/56'11"; 3, A. Drzewiecki (Stoke) 15.63/51'3". DT: 1, W. Tancred 60.62/198'11"; 2, J. Watts (W&B) 54.14/177'7"; 3, D. Maloney (Twick) 50.90/167'0". HT: 1, P. Dickenson (Hill) 64.90/212'11"; 2, C. Melliush (Camb H) 56.42/185'1"; 3, G. Tancred (Army) 50.56/165'10". JT: 1, C. Harrison (Lut) 69.62/228'5"; 2, J. Mottram (Camb H) 66.16/217'1"; 3, K. Turnbull (Kt) 64.16/210'6". (Juniors) 400H: S. Thomas (Twick) 59.0. HJ: 1, D. Hunter (Poly) 1.85/6'0"; 2, R. Clark (East) 1.85; 3, C. Brambley (Mit) 1.85. PV: J. Gutteridge (WS&E) 3.80/12'5". TJ: 1, J. Berry (Mit) 13.87/45'6"; 2, T. Claydon (Norf) 13.58/44'6". (Youths) HJ: 1, Murray (C&C) 2.00/6'6". SP: 1, M. Charge (Hert) 14.40/47'3"; 2, M. King (Mit) 13.56/44'6". HT: A. Vermes (Croy) 42.10/138'1".

Women

100H: L. Boothe (Mit) 15.4. HJ: 1, R. Few (Mit) 1.76/5'9" (MBP); 2, C. Mathers (Enf) 1.65/5'5"; 3, A. Manley (Croy) 1.60/5'3". LJ: 1, Boothe 5.80/19'0"; 2, Manley 5.53/18'1"; 3, Few 5.39/17'8". SP: 1, B. Bedford (Mit) 15.40/50'6" (MBP); 2, J. Kerr (Mit) 13.98/45'10"; 3, G. Bird (Norf) 11.98/39'3". DT: 1, Bedford 47.24/155'0"; 2, Kerr 47.18/154'9"; 3, Bird 45.30/148'7". JT: 1, A. Farquhar (Sel) 48.44/158'11" (MBP); 2, Y. Fountain (S'end) 46.34/152'0"; 3, J. King (Croy) 40.88/134'1". (Inters) 80H: 1, S. Hester (S&E) 11.7 (MBP); 2, J. Yates (Mit) 12.3. HJ: 1, F. Stacey (Wig) 1.66/5'5"; 2, J. Harrison (Leic) 1.66; 3, J. Elliott (Hert) 1.60/5'3". LJ: D. Gray (Norf) 5.27/17'3". SP: 1, B. Sapsed (Hert) 10.82/35'6"; 2, L. Newell (Croy) 9.86/32'4"; 3, J. Jackson (Mit) 9.78/32'1". (Juniors) 75H: 1, P. Harris (Hill) 11.7 (MBP); 2, B. Chillestone (Norf) 11.7; 3, E. Wren (Hert) 12.0. HJ: 1, Wren 1.62/5'3" (MBP); 2, J. Browning (WS&E) 1.59/5'2"; 3, A. Watton (Croy) 1.53/5'0". LJ: 1, R. Westrup (Norf) 5.08/16'8"; 2, J. Bordon (Camb H) 4.90/16'1"; 3, C. Heritage (Cov) 4.84/15'10".

WALKER EMIGRATES

Alan Callow, who represented the Isle of Man in the 20 miles walk at the Commonwealth Games in New Zealand in which he finished fifth emigrated at the end of July. While at the Games he took such a liking to the country that as soon as he came back to England he immediately married his girl-friend and they have both now set up home there.

ROME TRIP O.K.

Those who have booked with the 'AW' Party going to Rome next week and who have received their flight tickets should follow the instructions and itinerary sent to them. The flights to and from Rome, hotel accommodation and stadium tickets have all been paid for and everything should go according to plan.

'Jimmy' Green

Exciting League Finale

ELEVEN of the 43 men athletes chosen for the European Championships in Rome will be competing today (August 24th) at Cwmbran in the British Athletics League final for the Pye trophy. Twenty-two of the Rome squad are in clubs belonging to the League, and a number of them will also be competing in the Division 2, 3 and 4 finals—all for Pye cups—at Chiswick, Brighton and Nottingham respectively.

The Division 1 final at Cwmbran promises an afternoon packed with excitement. Only two points separate the top three teams. Cardiff, defending champions, are one point ahead of Wolverhampton and Bilston, who in turn are just one point ahead of Thames Valley Harriers.

The league tables after three matches:

DIVISION 1

1. Cardiff AAC	16
2. Wolverhampton and Bilston	15
3. Thames Valley	14
4. Edinburgh Southern	8
5. Birchfield H	6
6. Sale Harriers	4

DIVISION 2

1. Hillingdon AC	15
2. Borough of Enfield	14
3. City of Stoke	13
4. Polytechnic H	12
5. Southampton and E	6
6. Reading AC	3

DIVISION 3

1. Edinburgh AC	16
2. Woodford Green	11
3. Bristol AC	10½
4. Luton United	10
5. Liverpool H and AC	10
6. Brighton and Hove	5½

DIVISION 4

1. Stretford AC	16
2. Swansea H	14
3. Coventry Godiva	11
4. Croydon H	11
5. Notts AC	8
6. Achilles Club	3

An Open and Welsh Championship Marathon will be held at Cwmbran on Sunday, September 15th. Details next week.

211 FEET BY BILL TANCRED

Bill Tancred's winning throw at Woodford on August 10th (see page 34 for results) was 64.32/211'0" and not 61.24/200'11" as printed in error last week. Guy Dirkin threw 54.36/178'4" at Sale on August 14th.

SOCIAL NOTES

Two British internationals have recently given birth: to Liz and Sandy Sutherland a 7lb 12oz daughter (Joanna Elizabeth) on July 4th; and to Sue and Derek Hayward a 7lb 14oz son (Richard) on July 31st. Maureen Chitty is expecting a baby in November. Hilary Tanner became Mrs Hollick on August 3rd and Teresa Hollingworth becomes Mrs Minting on August 24th.

The NCAL at Birmingham University will be closed on August 26th and will re-open on August 29th.

Left at Veterans National Championships at Cophall stadium on August 11th: One pair of new Adidas 'Sprint' shoes—seven spikes. Postage refunded—J. Williams, 85 Dean Gardens, Portslade, Sussex BN4 2FX.

CLASSIFIED ADVERTISEMENTS

4p per word. Box No 10p extra. Trade 8p per word, 6 insertions of same copy 7p per word, 13 insertions 6p per word, 26 insertions 5p per word—prepaid.

OLYMPIC GAMES post-cards wanted. Collector seeks Olympic cards old and modern, all wanted. Good prices. **Cook, 31 Thorn Lane, Rainham, Essex.**

WANTED—BY ENTHUSIASTS, second-hand small diameter hammers. Please write in first instance with details: **Bruce Andrews, 18 The Gillies, Grange Farm Est., Mansfield, Notts.**

WANTED—"Athletics" Vol II Nos 1 and 2 (Dec '45 & Jan '46) to complete set. Offers to **W. A. Boulton, 33 Tresco Gardens, Ilford, Essex IG3 9NH (01-590 9975).**

KEEP ON RUNNING . . . Adidas SL72 £8.74; Gazelle £8.74; Freedom Shorts £1.25; Union Jack £1.60; Rainsuits: (gold, red, royal) jacket £4.87, trousers £3.62, complete £7.91. SAE Athletic List. **Martin Evans Sports, Faringdon, Berkshire (0367-20245).**

NIKE, 'KENYA RED'. Thick soft trainer, 4-5½ £7.90, 6-12 £8.60. 'BOSTON '73'. Suction sole, sponge wedge heel, road race shoe, 6-12 £10.60. **RON HILL SPORTS.**

RON HILL SPORTS. TOP GEAR. Reebok 'Tendotector' training shoe, still £5.99. Adidas: Achill £12.10, SL 72 £9.90 (and we have stock!), Gazelle £8.99, Saturn Blau suede spike £7.95, Jonah Barrington £5.99. Freedom shorts £1.30, Union Jack (not nylon) £1.70. Wet weather suits £8.00. All post free. Club vests, action cut. Send 3½p for full lists. **24 Highcroft, Hyde, Cheshire.**

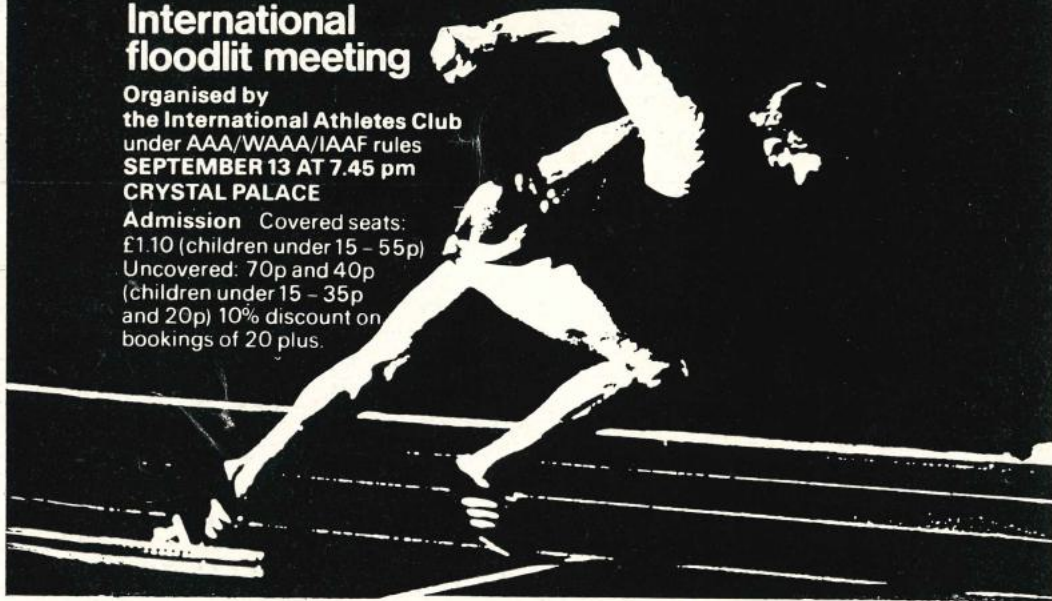


BOTTLERS OF Coca-Cola Athletics

International floodlit meeting

Organised by
the International Athletes Club
under AAA/WAAA/IAAF rules
SEPTEMBER 13 AT 7.45 pm
CRYSTAL PALACE

Admission Covered seats:
£1.10 (children under 15 - 55p)
Uncovered: 70p and 40p
(children under 15 - 35p
and 20p) 10% discount on
bookings of 20 plus.



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Please send me the following tickets for the ATHLETICS MEETING on September 13

Covered Seats

.....seats (adults) @ £1.10
.....seats (children under 15) @ 55p

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.....seats (adults) @ 70p
.....seats (adults) @ 40p
.....seats (children under 15) @ 35p
.....seats (children under 15) @ 20p

10% discount on bookings of 20 plus

I enclose cheque/P.O. to the amount of £..... and a STAMPED ADDRESSED
ENVELOPE. Cheques/P.O.'s to be made payable to The Sports Council.

Name.....

Address.....