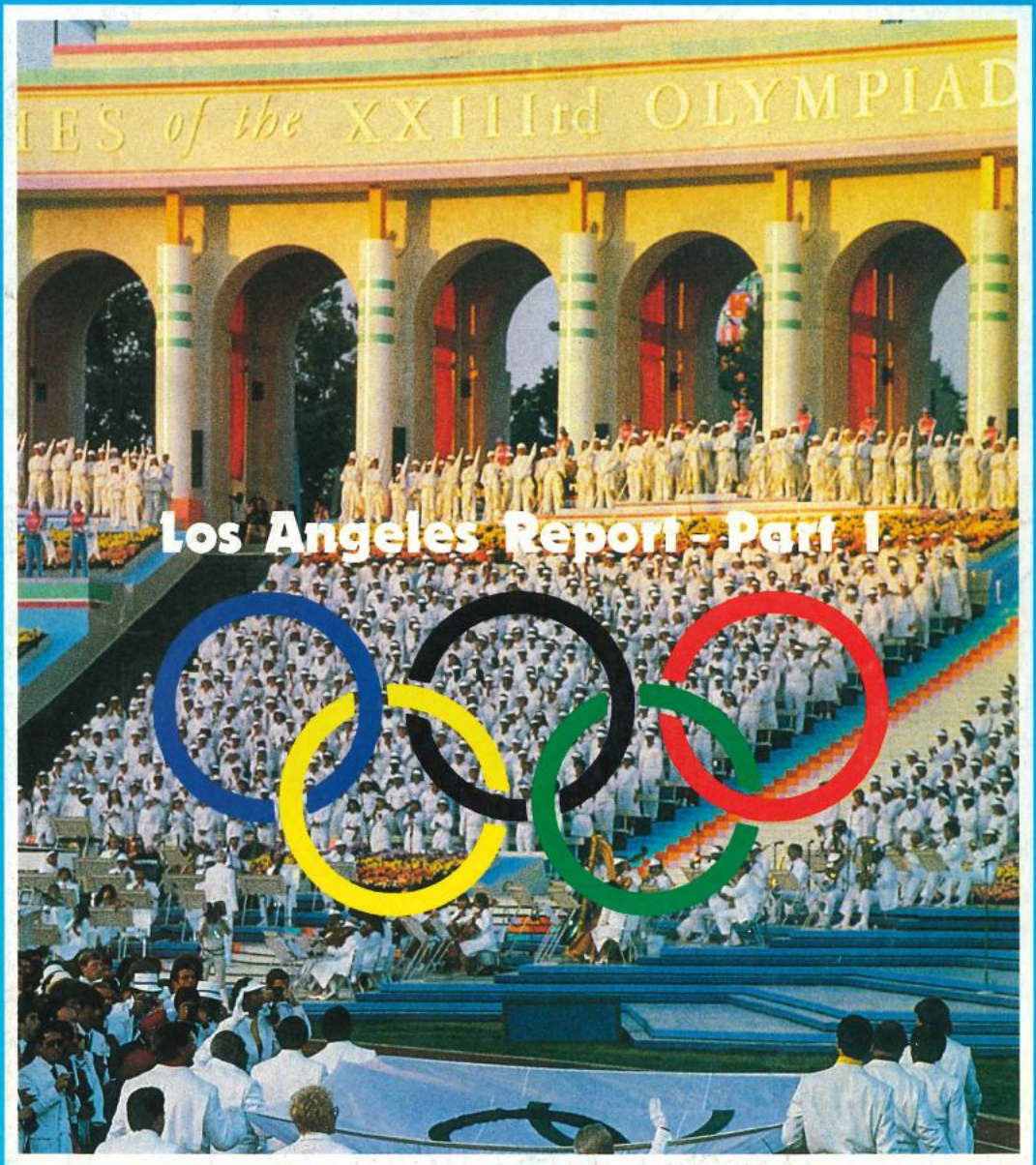
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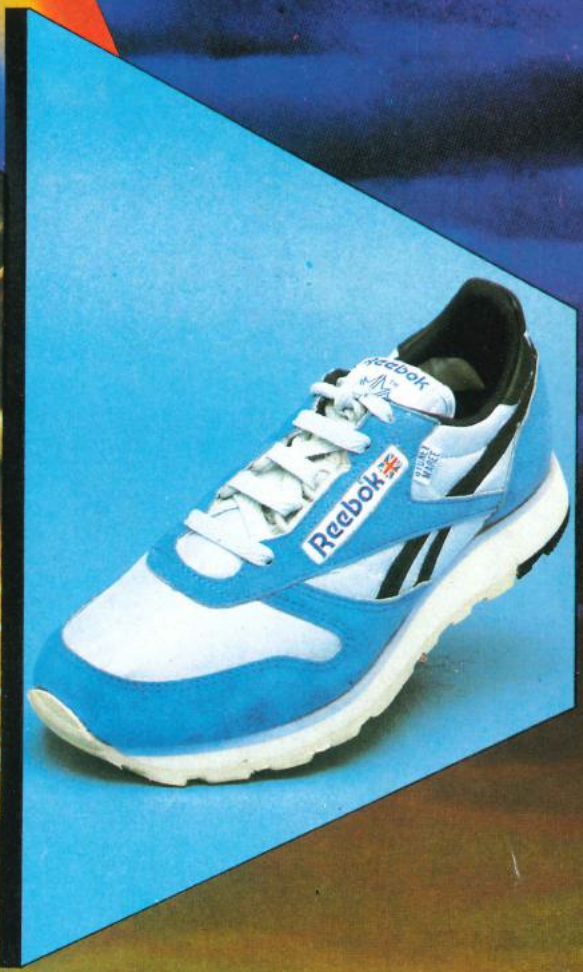
athletics weekly

AUGUST 18th 1984 45p



Los Angeles Report - Part 1





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THE LIGHT FANTASTIC

Los Angeles Report - Part 1

DAY 1

100m
1st Round..... 5
2nd Round..... 6
800m
1st Round..... 6
10,000m
1st Round..... 8
400m Hurdles
1st Round..... 9
Triple Jump
Qualifying..... 9
20km Walk
FINAL.....10
Women's 800m
1st Round.....13
Women's Shot
FINAL.....13
Women's Hept.....14
Results
100m Hurdles.....15
High Jump.....15
Shot.....15
200m.....16
First Day Scores.....16

DAY 2

100m
Semi-Final.....17
FINAL.....17
400m
1st Round.....18
800m
2nd Round.....18
400m Hurdles
Semi-Final.....23
Triple Jump
FINAL.....24
Javelin
Qualifying.....25
Women's 100m
1st Round.....26
2nd Round.....26
Women's 400m
1st Round.....27
Women's 800m
Semi-Final.....28
Women's Hept.....28
Results
Long Jump.....29
Javelin.....29
800m.....29
FINAL SCORES.....29

DAY 3

400m
2nd Round.....30
800m
Semi-Final.....30
100m Hurdles
1st Round.....33
400m Hurdles
FINAL.....33
Long Jump
Qualifying.....34
Hammer
Qualifying.....34
Javelin
FINAL.....35
Women's 100m
Semi-Final.....37
FINAL.....37
Women's 400m
Semi-Final.....38
Women's Marathon
FINAL.....38
Women's 400m Hurdles
1st Round.....50
Women's Javelin
Qualifying.....51

DAY 4

200m
1st Round.....53
2nd Round.....53
400m
Semi-Final.....54
800m
FINAL.....55
10,000m
FINAL.....58
3000m Steeplechase
1st Round.....64
110m Hurdles
Semi-Final.....64
FINAL.....65
Pole Vault
Qualifying.....65
Long Jump
FINAL.....65
Hammer
FINAL.....69
Women's 400m
FINAL.....69
Women's 800m
FINAL.....70
Women's 400m Hurdles
Semi-Final.....70
Women's Javelin
FINAL.....73

'The Week Ahead' appears this week on page 77

INCORPORATING WOMEN'S ATHLETICS, MODERN ATHLETICS & WORLD ATHLETICS

athletics weekly

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FRONT COVER
Former Olympians and relatives of former Olympians carry the Olympic flag around the Coliseum track during the opening ceremony. Photo by Anacleto Rapping (Los Angeles Times).



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Games Of The XXIIIrd Olympiad

Mel Watman reports from Los Angeles

National Abbreviations

The following official national abbreviations appear in the results:—

AHO	Netherlands Antilles	GBR	Great Britain	NOR	Norway
ALG	Algeria	GEQ	Equatorial Guinea	NZL	New Zealand
AND	Andorra	GHA	Ghana	OMA	Oman
ANG	Angola	GRE	Greece	PAK	Pakistan
ANT	Antigua	GRN	Grenada	PAN	Panama
ARG	Argentina	GUA	Guatemala	PAR	Paraguay
AUS	Australia	GUI	Guinea	PER	Peru
AUT	Austria	GUY	Guyana	PHI	Phillippines
BAH	Bahamas	HAI	Haiti	POR	Portugal
BAN	Bangladesh	HKG	Hong Kong	PUR	Puerto Rico
BAR	Barbados	HOL	Netherlands	QAT	Qatar
BEL	Belgium	HON	Honduras	ROM	Romania
BEN	Benin	INA	Indonesia	RWA	Rwanda
BER	Bermuda	IND	India	SAM	Western Samoa
BHU	Bhutan	IRL	Ireland	SAU	Saudi Arabia
BIR	Burma	IRN	Iran	SEN	Senegal
BIZ	Belize	IRQ	Iraq	SEY	Seychelles
BOL	Bolivia	ISL	Iceland	SIN	Singapore
BOT	Botswana	ISR	Israel	SLE	Sierra Leone
BRA	Brazil	ISV	Virgin Islands	SMR	San Marino
BRN	Bahrain	ITA	Italy	SOL	Solomon Islands
BRU	Brunei	IVB	British Virgin Islands	SOM	Somalia
CAF	Central Africa	JAM	Jamaica	SRI	Sri Lanka
CAN	Canada	JOR	Jordan	SUD	Sudan
CAY	Cayman Islands	JPN	Japan	SUI	Switzerland
CGO	Congo	KEN	Kenya	SUR	Surinam
CHA	Chad	KOR	Korea	SWE	Sweden
CHI	Chile	KUW	Kuwait	SWZ	Swaziland
CHN	People's Rep. of China	LBR	Liberia	SYR	Syria
		LES	Lesotho	TAN	Tanzania
CIV	Ivory Coast	LIB	Lebanon	THA	Thailand
CMR	Cameroon	LIE	Liechtenstein	TOG	Togo
COL	Colombia	LUX	Luxembourg	TON	Tonga
CRC	Costa Rica	MAD	Madagascar	TPE	Chinese Taipei
CYP	Cyprus	MAL	Malaysia	TRI	Trinidad & Tobago
DEN	Denmark	MAR	Morocco	TUN	Tunisia
DJI	Djibouti	MAW	Malawi	TUR	Turkey
DOM	Dominican Republic	MEX	Mexico	UAE	United Arab Emirates
ECU	Ecuador	MLI	Mali		
EGY	Egypt	MLT	Malta	UGA	Uganda
ESA	El Savador	MON	Monaco	URU	Uruguay
ESP	Spain	MOZ	Mozambique	USA	United States
FIJ	Fiji	MRI	Mauritius	VEN	Venezuela
FIN	Finland	MTN	Mauritania	YAR	Yemen Arab Republic
FRA	France	NCA	Nicaragua		
FRG	Federal Republic of Germany	NEP	Nepal	YUG	Yugoslavia
		NGR	Nigeria	ZAI	Zaire
GAB	Gabon	NGU	Papua New Guinea	ZAM	Zambia
GAM	Gambia	NIG	Niger	ZIM	Zimbabwe

Friday, August 3rd (Day 1)

Mexican Hat Dance By The Walkers
Judy Simpson Leads Overnight
Closest Ever Women's Shot Contest

100 METRES: 1st Round

(1st 3 & 7 fastest losers to 2nd round)

Carl Lewis's much publicised attempt to duplicate Jesse Owen's quadruple triumph of 48 years ago began somewhat casually. Exerting himself only in the last 30m ("I practically walked through the whole race", he declared immodestly), after lying third at halfway, Lewis eased to victory in 10.32 ahead of Tony Sharpe. In third place Mike McFarlane had his work cut out holding off 1976 champion Hasely Crawford. A few minutes later, Crawford's successor as gold medallist, Allan Wells, equalled Lewis's time of 10.32 — although he had the advantage of a 1.8m/s assisting breeze, whereas there was a 0.4m headwind in the American's heat. Wells, off to a grand start, was never pressed. The fastest times of the round came in later heats: Sam Graddy clocked 10.29, followed in by a coasting Donovan Reid (whose 10.41 was actually a legal pb since his 10.30 in Belgium proved to be windy), while Ray Stewart of Jamaica breezed to a 10.24 timing.

Heat 1: (—0.4m) 1, C. Lewis (USA) 10.32; 2, T. Sharpe (CAN) 10.38; **3, M. McFarlane (GBR) 10.47**; 4, H. Crawford (TRI) 10.48; 5, P. Van Miltenberg (AUS) 10.55; 6, V. Daniel (MOZ) 10.81; 7, H. Ngoawe (ZAM) 10.94; 8, P. Reneau (BIZ) 10.96.

Heat 2: (+1.8m) **1, A. Wells (GBR) 10.32;** 2, Purnomo (INA) 10.40; 3, J. Arques (ESP) 10.42; 4, M. Gasparoni (FRA) 10.47; 5, E. Samayoa (GUA) 10.84; 6, B. Messomo (CMR) 10.98; 7, C. Mbazira (UGA) 11.03; 8, M. Adbulla (UAE) 11.11.

Heat 3: (+1.8m) 1, D. Williams (CAN) 10.35; 2, C. Imo (NGR) 10.39; 3, C-L. Seck (SEN) 10.45; 4, C. Nenepath (INA) 10.66; 5, H. Nding (CGO) 10.66; 6, S. Alakbary (OMA) 10.86; 7, I-D. Bainimoli (FIJ) 11.15; 8, D. Andre (MRI) 11.19.

Heat 4: (—0.8m) 1, S. Promna (THA) 10.52; 2, P. Narracott (AUS) 10.55; 3, N. Hodge (ISV) 10.58; 4, A. Lightbourne (BAH) 10.64; 5, G. Young (JAM) 10.64; 6, W. Trott (BER) 10.76; 7, K. Khumoyarona (BOT) 11.49.

Heat 5: (+1.4m) 1, S. Graddy (USA) 10.29; **2, D. Reid (GBR) 10.41;** 3, J. Evers (FRG) 10.54; 4, H. Fuwa (JPN) 10.56; 5, P. Attipoe (GHA) 10.60; 6, J-Y. Mallat (LIB) 10.83; 7, M. Buchel (LIE) 10.98; 8, C. Mamba (SWZ) 11.24.

Heat 6: (+1.9m) 1, R. Stewart (JAM) 10.24; 2, A. Richard (FRA) 10.35; 3, A. Ullo (ITA) 10.36; 4, P. Correia (BRA) 10.45; 5, A. Jones (BAR) 10.69; 6, O. Daniels (LBR) 10.76; 7, M. Mohammad (PAK) 10.87.

Heat 7: (+0.8m) 1, B. Johnson (CAN) 10.35; 2, Yu Zhuanghui (CHN) 10.53; 3, B. Marie-Rose (FRA) 10.59; 4, E. Haley (GUY) 10.74; 5, J. Thode (AHO) 10.92; 6, R. Russell (ISV) 11.02; 7, D. Rose (SEY) 11.04.

Heat 8: (—0.8m) 1, R. Desruelles (BEL) 10.46; 2, S. Tilli (ITA) 10.48; 3, F. Martin (AUS) 10.64; 4, L. Barroso (POR) 10.76; 5, G. Mbela (GEQ) 10.79; 6, O. Fye (GAM) 10.87; 7, A. Henry (ANT) 10.99; 8, S. Dawn (BAN) 11.25.

Heat 9: (—1.7m) 1, R. Brown (USA) 10.58; 2, L. Morales (PUR) 10.60; 3, N-R. Santos (BRA) 10.70; 4, R. Lubke (FRG) 10.70; 5, C. Mensah (GHA) 10.92; 6, I. Benjamin (SLE) 11.13; 7, J. Kere (SOL) 11.57.

Heat 10: (—1.4m) 1, N. Edwards (JAM) 10.57; 2, D. Parker (BAH) 10.65; 3, O. Kouadio (CIV) 10.72; 4, P. Pavoni (ITA) 10.72; 5, F. Abdulla (QAT) 10.78; 6, O. Silweya (MAW) 11.22; 7, G. Abrahams (CRC) 11.31.

Heat 11: (+1.4m) 1, C. Haas (FRG) 10.41; 2, A. Pitters (PAN) 10.50; 3, K. Nakaia (BRA) 10.55; 4, B. Jarju (GAM) 10.68; 5, Sim Duk-Sup (KOR) 10.72; 6, G. Hill (IVB) 11.11; 7, A. Salandra Bove (ESA) 11.31.



100 METRES: 2nd Round

(1st 3 & fastest loser to semis)

Would Ron Brown prove to be the weak link in the American's prospective medal-sweeping trio? Hampered by inflamed tendons behind the left knee, Brown had to work surprisingly hard for a 10.58 first round win and then was beaten by Stefano Tilli in a second round heat. Stewart confirmed his earlier fine run by finishing ahead of Wells, but the really fast stuff came from shaven-headed Graddy (10.15) and the darling of the 58,505 crowd assembled for the morning session, Lewis, who produced a sizzling 10.04. Reid made it to the semis without trouble, placing second to Ben Johnson after a slow start, but McFarlane got through only as fastest loser — although his 10.36 was actually the 8th quickest of the 16 who reached the next round. Ronald Desruelles, a first round winner over Tilli, injured himself in the process and scratched from the quarter-finals.

Heat 1: (— 0.7m) 1, Johnson 10.41, **2, Reid 10.47;** 3, Haas 10.51; 4, Crawford 10.56; 5, Ullo 10.57; 6, Marie-Rose 10.60; 7, Narracott 10.60; 8, Pitters 10.63.

Heat 2: (+0.1m) 1, Graddy 10.15; 2, Sharpe 10.33; 3, Edwards 10.44; 4, Santos 10.53; 5, Seck 10.54; 6, Yu Zhuanghui 10.59; 7, Hodge 10.69; Desruelles scr.

Heat 3: (—1.4m) 1, Tilli 10.39; 2, Brown 10.40; 3, Gasparoni 10.56; 4, Promna 10.61; 5, Nakaia 10.69; 6, Fuwa 10.75; 7, Attipoe 10.78; 8, Kouadio 10.80.

Heat 4: (+0.8m) 1, Stewart 10.30; 2, **Wells 10.33;** 3, Purnomo 10.43; 4, Arques 10.52; 5, Van Miltenberg 10.52; 6, Richard 10.53; 7, Correia 10.54; 8, Lightbourne 10.59.

Heat 5: (+0.8m) 1, Lewis 10.04; 2, Williams 10.27; 3, Morales 10.35; **4, McFarlane 10.36;** 5, Imo 10.42; 6, Parker 10.58; 7, Martin 10.61; 8, Evers 10.69.

800 METRES: 1st Round

(1st 3 & 5 fastest losers to 2nd round)

The class of this event was apparent from the times registered in the first of **four** rounds. In Moscow, where there were only three rounds, no one broke 1:47 in the heats and only six did so in the semis; here in LA no fewer than 14 runners bettered 1:47, with Joaquim Cruz, Seb Coe and Omar Khalifa (a former Loughborough colleague of Coe's) all ducking under 1:46. Indeed Coe's time of 1:45.71 was faster than his silver medal performance in Moscow, and he was surprised it was so quick. Riccardo Materazzi led at 400 in 52.30 and Coe left it till the finishing straight to kick past, easing perceptibly before the line. Mightily impressive too was Cruz, who trotted in for a 1:45.66 after leading throughout (51.88 400) at a fast clip. Steve Ovett, the defending champion, finished a comfortable second, as did Britain's third representative, Peter Elliott, in his heat in which he led at 400 in 51.86 before being passed by Billy Konchellah. The fastest first lap was, however, achieved by Greece's Sotirios Moutsanas. He tore round in 50.89, 15m clear, and was in terrible difficulties by the time his protesting legs had carried him into the finishing straight. Three men whizzed past in the last 20m but he did make it through as one of the fastest losers.

Heat 1: (400m time: 50.89) 1, B. Niang (SEN) 1:46.90; 2, A. Bile (SOM) 1:46.92; 3, D. Sabia (ITA) 1:47.04; 4, S. Moutsanas (GRE) 1:47.32; 5, J. Ramotshabi (BOT) 1:48.17; 6, A. Titos (MOZ) 1:51.73; 7, S. Sawny (GRN) 1:53.08; 8, J. Gurung (NEP) 1:56.72.

Heat 2: (52.30) **1, S. Coe (GBR) 1:45.71;** 2, O. Khalifa (SUD) 1:45.81; 3, C. Trabado (ESP) 1:46.00; 4, R. Materazzi (ITA) 1:46.03; 5, M. O'Sullivan (IRL) 1:46.85; 6, A. Musango (ZAM) 1:48.84; 7, L. Acosta (ECU) 1:54.06; 8, M. Molinari (SMR) 1:57.09.

Heat 3: (53.11) 1, O. Hamilton (JAM) 1:46.95; 2, M. Fall li (SEN) 1:47.91; 3, J. Marshall (USA) 1:47.99; 4, J. Aden (SOM) 1:48.64; 5, P. Pearless (NZL) 1:49.95; 6, A. Lopez-Davila (GUA) 1:54.19; V. Olamini (SWZ) disq.

Heat 4: (52.96) 1, E. Jones (USA) 1:47.75; 2, F. Lahbi (MAR) 1:47.81; 3, P. Dupont (FRA) 1:48.09; 4, A. Harries (FRG) 1:48.92; 5, M. Fawair (JOR) 1:53.89; 6, I. Aziz (UAE) 1:54.86; Kim Bok-Joo (KOR) disq.

Heat 5: (51.88) 1, J. Cruz (BRA) 1:45.66; **2, S. Ovett (GBR) 1:46.66;** 3, O. Barr (GUY) 1:47.65; 4, B. Gonzalez (ESP) 1:48.01; 5, B. Rajakumar (MAL) 1:48.19; 6, I. Ganunga (MAW) 1:51.25; 7, F. Figueredo (PAR) 1:52.22; 8, S. Cruden (SUR) 1:53.31.

Heat 6: (52.43) 1, J. Gray (USA) 1:47.19; 2, P. Scammell (AUS) 1:47.24; 3, M. Mayr (SUI) 1:47.36; 4, A. Belkessam (ALG) 1:47.51; 5, M. Rizvi (PAK) 1:51.29; 6, W. Amakye (GHA) 1:54.80; 7, P. Sinon (SEY) 2:04.89.

Heat 7: (54.05) 1, E. Koech (Ken) 1:47.11; 2, H-P. Ferner (FRG) 1:47.55; 3, A. Guimaraes (BRA) 1:47.72; 4, M. Handelsman (ISR) 1:47.90; 5, J. Molyneaux (IVB) 1:53.23; 6, J. Rudasingwa (RWA) 1:53.23; 8, B. Esono Asumu (GEQ) 2:17.29; D. Moussa (NIG) disq.

Heat 8: (51.62) 1, J. Ndiwa (KEN) 1:46.73; 2, W. Wuycke (VEN) 1:46.88; 3, M. Alouini (TUN) 1:47.20; 4, S. Hoogewerf (CAN) 1:47.74; 5, T. Jonga (ZIM) 1:49.59; 6, C. Oliver (SOL) 1:53.22; 7, B. Alsharji (OMA) 2:00.38; 8, A.Algadi (YAR) 2:05.90.

Heat 9: (51.86) 1, B. Konchellah (KEN) 1:46.27; **2, P. Elliott (GBR) 1:46.98;** 3, J-L. Barbosa (BRA) 1:47.12; 4, B. Roberts (CAN) 1:47.56; 5, C. Borromeo (IND) 1:51.52; 6, D. Jones (ANT) 1:51.52; 7, P. Ceesay (GAM) 1:55.35; 8, O. Miangoto (CHA) 1:56.02.

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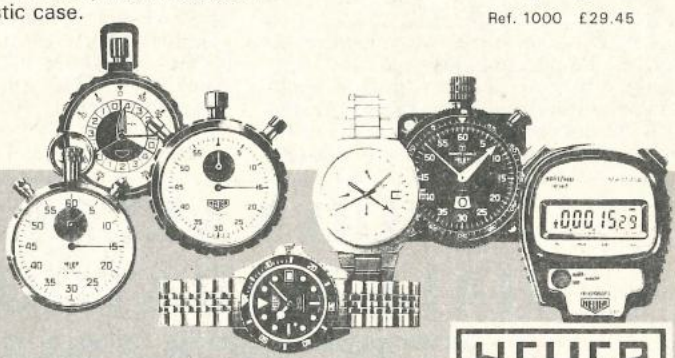
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10,000 METRES: 1st Round

(1st 5 & 3 fastest losers to final)

Runners in the last of the three heats held an advantage. Not only did they know what sort of time might qualify for fastest loser places, but as night fell the temperature dropped from 25°C for heat 1 to 23° for heat 2 and 22° for heat 3. Not surprisingly the third heat was the speediest, yielding all three fastest losers. Indeed, Musa Gouda's Sudanese record of 28:20.26 in 8th place was faster than anything achieved in the earlier heats.

All three Britons qualified safely. Mike McLeod placed 5th in the first heat won by world record breaker Fernando Mamede (but his 27:13.81 is under investigation by the IAAF for unacceptable pacemaking); Nick Rose was 5th in the second in which world champion Alberto Cova provided just a glimpse of his dazzling kick; and Steve Jones finished 4th in the last heat won somewhat extravagantly (57.3 last lap) by Sosthenes Bitok. In each of the races the second half was considerably faster than the first: 14:21.12/14:00.75 . . . 14:29.03/13:57.07 . . . 14:12.48/13:59.69. The most prominent non-qualifiers were Paul Cummings (27:43.7 this year), Craig Virgin and Commonwealth champion Gidamis Shahanga. Carlos Lopes, who was hit by a car during a training run in Lisbon the previous week but was not seriously injured, chose to concentrate on the marathon.

The crowd, notably generous in its applause for athletes finishing last, gave Basil Kilani of Jordan an ovation he will remember as he completed heat one nearly 2½ minutes behind the winner. What few realised was that Kilani was running out of his skin, inspired by the occasion. He went to the Games with a pb of 33:34.0; he emerged as a 30:43.54 performer! The Olympics is not all about winners.

Heat 1: 1, F. Mamede (POR) 28:21.87; 2, S. Antibo (ITA) 28:22.57; 3, M. Musyoki (KEN) 28:24.24; 4, M. Shintaku (JPN) 28:24.30; **5, M. McLeod (GBR) 28:24.92;** 6, J. Gomez (MEX) 28:28.50; 7, O. Aguilar (CHI) 28:29.06; 8, P. Williams (CAN) 28:36.15; 9, C. Virgin (USA) 28:37.58; 10, J-J. Silva (BRA) 29:10.52; 11, L. Tipan (ECU) 30:07.49; 12, I. Kivina (TAN) 30:29.50; 13, B. Kilani (JOR) 30:43.54; R. Lopez (PAR) & R. Cornielle (DOM) dnf.

Heat 2: 1, A. Cova (ITA) 28:26.10; 2, Z Ncube (ZIM) 28:28.53; 3, J. Nzau (KEN) 28:28.71; 4, C. Herle (FRG) 28:30.28; **5, N. Rose (GBR) 28:31.13;** 6, G. Shahanga (TAN) 28:42.92; 7, A. Prieto (ESP) 28:57.78; 8, M. Pitayo (MEX) 28:59.19; 9, P. Cummings (USA) 29:09.82; 10, A. Gamliel (ISR) 29:31.32; 11, M-M. Kulmiye (SOM) 29:37.93; 12, M. Kambale (MAW) 30:47.73; 13, O. Mora (CRC) 30:49.43; 14, T. Tokwepota (NGU) 31:29.14; A-S. Algadi (YAR) dnf.

Heat 3: 1, S. Bitok (KEN) 28:12.17; 2, Y. Kanai

NIDD VALLEY HALF MARATHON

Sponsored by: CENTAGRAPH

GRAPHIC ART SUPPLIES

SUNDAY, OCTOBER 7th, 1984 at 11.00 a.m.

(Under AAA Rules)

● All funds raised for local & children's charities ● Hilly but scenic route in Dales countryside
● Accurately measured 13 miles 192½ yards course ● Medical surveillance
● Feeding and sponging stations ● Distance markers ● Finishers Plaques
● Prizes in many categories

Limited changing facilities at Start — Darley Memorial Hall

Entry Fee £3.00 (Affiliated Athletic Club Members £2.50)

All runners must be over 17 on 7th October, 1984

Race Limit 550 runners

Entry forms available from:
I. Gair, Esq., Entry Secretary, Glenshee Follifoot, Harrogate, North Yorkshire, HG3 1EG.

Closing date for entries Monday, 17th September, 1984

All entries will receive course details, race number, changing details and full instructions **by 24th September, 1984**

(JPN) 28:14.67; 3, Z. Barie (TAN) 28:15.18; **4, S. Jones (GBR) 28:15.22;** 5, J. Treacy (IRL) 28:18.13; 6, M. Vainio (Fin) 28:19.25; 7, P. Porter (USA) 28:19.94; 8, M. Gouda (SUD) 28:20.26; 9, F. Panetta (ITA) 29:00.78; 10, M. Kassianidis (CYP) 29:06.08; 11, D. Tibaduiza (COL) 29:07.19; 12, J-C. Gomez (ARG) 29:58.06; 13, F. Ntaole (LES) 30:18.71; 14, A. Marie (SEY) 32:04.11; N. Ayaz (TUR) dnf.

400m HURDLES: 1st Round

(1st 2 & 4 fastest losers to semis)

For years Ed Moses complained that his talents were never appreciated by the American public. Well, he's a national hero now and he received the most tremendous reception as he warmed up. Indeed the warm-up seemed to extend to the race itself, as he strode round majestically in 49.33 for his 103rd consecutive victory in the event since 1977. Next fastest of the round, 1/100th slower, was Harald Schmid — the only man to blot Ed's career record and still hoping to prove lightning **can** strike twice. None of the British representatives survived the day. Neither Phil Beattie nor Martin Gillingham came remotely close to qualifying, but Martin Briggs fared a little better in placing 4th in his heat. However, their long trip was not in vain; hopefully the experience gained will prove beneficial to all three youngsters.

Heat 1: 1, E. Moses (USA) 49.33; 2, A. Ferreira (BRA) 49.85; 3, M. Zimmerman (BEL) 49.90; 4, T. Futterknecht (AUT) 50.25; 5, T. Nyberg (SWE) 50.47; 6, G. Brunel (FRA) 50.99; 7, A. Ghanem (EGY) 51.08; **8, P. Beattie (GBR) 51.27.**

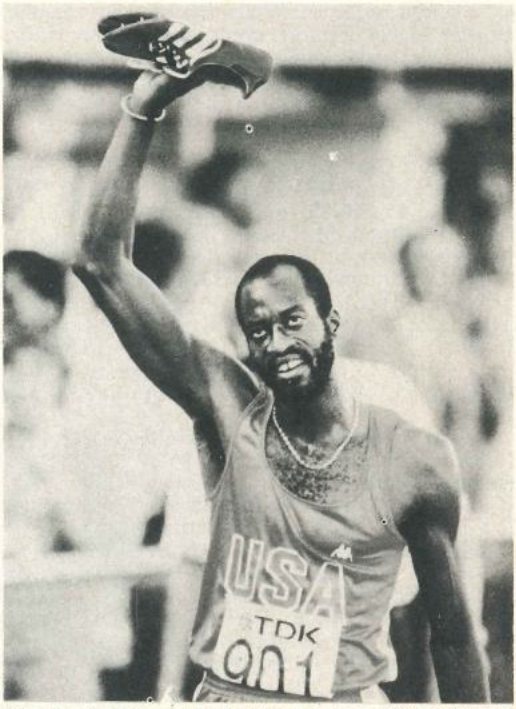
Heat 2: 1, H. Schmid (FRG) 49.34; 2, K. Smith (JAM) 49.66; 3, F. Meier (SUI) 49.81; 4, R. Tommelein (BEL) 50.05; 5, S. Omori (JPN) 50.14; 6, G. Vamvakas (GRE) 50.39; 7, O. Zea (VEN) 51.44.

Heat 3: 1, S. Nylander (SWE) 49.88; 2, R. Yoshida (JPN) 50.24; 3, R. Meledje Djedjemel (CIV) 50.27; 4, P. Rwamuhanda (UGA) 50.55; 5, F. Jonot (FRA) 51.39; **6, M. Gillingham (GBR) 52.15;** 7, V. Confait (SEY) 53.62; 8, N. Chaparro (PAR) 56.98.

Heat 4: 1, T. Hawkins (USA) 49.51; 2, S. Kitur (KEN) 49.70; 3, U. Schmitt (FRG) 49.77; 4, A. Hamada (BRN) 50.62; 5, I. Newhouse (CAN) 51.14; 6, G. Gullstrand (SWE) 51.27; 7, J-P. Abossolo Ze (CMR) 52.85; 8, D. Mendes (MOZ) 54.52.

Heat 5: 1, A. Dia Ba (SEN) 49.94; 2, H. Amike (NGR) 50.11; 3, K. Gray (JAM) 50.46; **4, M. Briggs (GBR) 50.80;** 5, P. Leveille (CAN) 51.47; 5, M. Munyoro (KEN) 51.99; 7, F. Butera (RWA) 54.36; 8, K. Ebrahim (UAE) 55.50.

Heat 6: 1, D. Harris (USA) 49.81; 2, G. Rolle (BAH) 50.41; 3, L. Guss (CAN) 51.02; 4, A. Kalogiannis (GRE) 51.27; 5, J. Al-Duaillah (KUW) 51.45; J. Alonso (ESP) dnf.



The heat win was Ed's 103rd consecutive victory.
Mark Shearman

TRIPLE JUMP: Qualifying

(16.60m or top 12 to final)

Competing in his first major Games, Eric McCalla had every right to feel nervous as he prepared for his opening jump. Mike Conley, the favourite, had already set the stadium abuzz with his 17.36m clearance (an Olympic 'low altitude' best). Now, following a foul by European Cup winner Peter Bouschen, it was McCalla's turn. For him it was one of those moments that athletes dream of, when everything slots into place and a great performance results. The warmth, the ambience, the flow of adrenalin and a friendly 2.0m/s following wind all played a part as McCalla executed the three phases as never before and broke the sand at 17.01 — a distance which was to stand as the second best of the day. Eric thus became Britain's third 17m performer under legal conditions, after Keith Connor and John Herbert, and in the process helped statisticians enormously as his previous best was variously 16.86 (indoors), 16.74 (outdoors) or 16.79 (windy) according to preference. McCalla was joined in the final by Herbert (16.64 into 1.4m wind) and Connor (16.60 into 0.2m) from the second group, and only five other competitors reached the automatic qualifying mark of 16.60. The other four who were advanced to make up the final field

of a dozen included Willie Banks who, despite massive crowd support, could not do better than 16.59. Major casualties were Ken Lorraway and Ralf Jaros, while the most unexpected qualifier was Egypt's Hassan Badra (pb of 16.12) who went 16.48 with a 2.2m tailwind.

Group 1: Qualifiers: 1, M. Conley (USA) **17.36; 2, E. McCalla (GBR) 17.01;** 3, A. Joyner (USA) 16.30, 16.45, **16.85;** 4, P. Bouschen (FRG) f, 15.64, **16.40w;** 5, M. Diallo (SEN) f, 15.91, **16.18. Non-qualifiers:** S. Hanna (BAH) 16.02, **16.14,** 15.00; D. Badinelli (ITA) **16.13,** 16.11w, 15.98; T. Eriksson (SWE) **15.97,** f, 14.99; K. Lorraway (AUS) 15.26, **15.92,** f; M. Kiyai (KEN) 15.83, **15.90,** f; P. Emordi (NGR) 15.57, f, **15.88;** Y. Ueta (JPN) 15.64, f, **15.66;** A. Traore (MLI) **15.32,** 14.95, 14.98; O. Diesel (PAR) 13.88, 14.12, **14.19.**

Group 2: Qualifiers: 1, A. Agbebaku (NGR) **16.93;** 2, Zou Zhenxian (CHN) 16.27, **16.68; 3, J. Herbert (GBR) 16.64;** 4, J. Taiwo (NGR) 16.38, **16.61; 5, K. Connor (GBR) 16.60;** 6, W. Banks (USA) 16.12, **16.59;** 7, H. Badra (EGY) 15.72, **16.48w,** f. **Non-qualifiers:** D. Mihas (GRE) 16.01, **16.15,** f; A. Rodrigues (BRA) **16.12,** 15.86, 15.14; R. Jaros (FRG) f, f, **16.02;** F. Dodoo (GHA) **15.55w,** 15.29, 14.99; Park Young-Jun (KOR) **15.54,** f, f; K. Denou (TOG) **14.44,** f, f; E. Tche Noubossie (CMR) 14.36, **14.39,** f.

Gold and silver go to Mexicans after late-charge hauls in champion Damilano

20 KILOMETRES ROAD WALK

Amid wild scenes of enthusiasm, Mexicans Ernesto Canto and Raul Gonzales finished one-two . . . the first time one nation has supplied both the gold and silver medallists in this event since the inaugural Olympic 20km in 1956. The celebrations, loud and emotional with much donning and throwing of sombreros, included perhaps the most prolonged lap of honour in Olympic history as Los Angeles — which has the largest Mexican community outside of Mexico — paid tribute to the joyful pair.

As world champion, and with a world track record to his credit this year, Canto was favourite for the title — and he duly obliged — but he had to fight hard for victory against both his countryman, better known for his 50km exploits, and defending champion Maurizio Damilano. The Eastern European walkers were missed, but who's to say the medals would have been distributed differently had the others been present.

Guillaume Leblanc, the French-Canadian who placed 8th in Helsinki (sandwiched between Damilano and Gonzales), blazed away into a significant lead after the athletes had negotiated five laps of the Coliseum track and begun six circuits of a 2.5km loop nearby. The weather was hot (26°C at the 5.30 pm start), and so was the pace set by Leblanc as he passed the 5km point in 20:48 with an 11 seconds lead over Marcelino Colin, with Canto, Damilano, Carlo Mattioli, Marco Evoniuk, Gonzales, Jose Marin, Erling Andersen and David Smith in close attendance. At this stage Steve Barry was 19th (21:30), Ian McCombie equal 20th (21:40) and Phil Vesty equal 23rd (21:42) of the 38 starters.

It was just prior to halfway that Leblanc was caught by the pack. Canto and Damilano, each covering the second 5km in 20:35 for the fastest split of the race, headed the field at 10km (41:33), 2 seconds ahead of Leblanc and Gonzales, with Mattioli (41:36), Commonwealth record holder Smith (41:47), Andersen (41:48) and Evoniuk (41:52) next. Marin, the European champion, had fallen away to 9th (42:05). Vesty (43:26) led the British contingent in 17th place, followed by McCombie (19th, 43:44) and Barry (21st, 43:46).

Damilano made his bid during the next 5km stretch, building up an 8 seconds lead over Canto (1:02:14 to 1:02:22) by 15km. Leblanc was hanging on in 3rd place (1:02:23) with Gonzales (1:02:31) the only other medal contender as 5th placed Mattioli was almost half a minute adrift. Vesty, walking a magnificent race, was up to 14th (1:05:22); McCombie was 17th (1:06:00) and Barry 22nd (1:06:47).

The closing stages turned into a Mexican fiesta as first Canto and then Gonzales overhauled Milano. Canto established and maintained a slim lead to the finish, but never did he take victory for granted. "I didn't realise I was going to be a winner — Raul Gonzales was right behind me. But it was an opportunity I could not let pass. It was now or never". Canto, the second Mexican athlete ever to win an Olympic gold (Daniel Bautista in the 1976 20km walk being the first) won by 7 seconds from Gonzales, with Damilano a close 3rd — all three breaking the Italian's Olympic record of 1:23:36. Vesty, only 21, continued his advance to finish a highly creditable 13th in 1:27:28; McCombie and Barry slipped back two places apiece to 19th and 24th. Each man had given his all.

1, ERNESTO CANTO (MEX)..1:23:13 **(Oly. rec)**
(5km — 20:58, 10km — 41:33, 15km — 1:02:22)
2, RAUL GONZALES (MEX).....1:23:20
(5km — 20:59, 10km — 41:35, 15km — 1:02:31)
3, MAURIZIO DAMILANO (ITA).....1:23:26
(5km — 20:58, 10km — 41:33, 15km — 1:02:14)
4, GUILLAUME LEBLANC (CAN).....1:24:29
(5km — 20:48, 10km — 41:35, 15km — 1:02:23)

·NEWS·NEWS·NEWS·NEWS·NEWS·

JERSEY



Jersey Spartan Athletic Club

(Under AAA & WAAA rules)

WINTER ROAD RACES 1984/85

DATE	FIXTURE	CLOSING DATE
Sunday, 16th September	NEW BALANCE 5 MILE	3 September
Sunday, 14 October	NEW BALANCE 10 MILE	1 October
Sunday, 25 November	COCA COLA HALF MARATHON	5 November
Sunday, 10 February 1985	NEW BALANCE 15 MILE	28 January
Sunday, 24 March 1985	NEW BALANCE 20 MILE	11 March
Sunday, 5 May 1985	JERSEY COCA COLA MARATHON	15 April

FURTHER DETAILS AND ENTRY FORMS AVAILABLE FROM THE CLUB SECRETARY, DAPHNE WAGSTAFFE, BALLINTURLEY, MONT A LA BRUNE, ST BRELADE, JERSEY CHANNEL ISLES 0534-42418

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OLDHAM ROTARACT CLUB & SADDLEWORTH RUNNERS CLUB

"AUTUMN LEAVES HALF MARATHON"

(Under A.A.A. & W.C.C.A. Rules)

Sponsored by:

HOUSING UNITS OF HOLLINWOOD

SUNDAY, 7th OCTOBER, 1984

Start 12 noon

Hilly Saddleworth Course

LENGTHY PRIZE LIST

(Including Club, Pub, Works Teams)

Entry Fee: £2.50 (Unattached £3.00)

Closing date: 29th September

All proceeds to CYSTIC FIBROSIS

To: Autumn Leaves Half Marathon, P.O. Box 4, Diggle, Oldham, OL3 NE.

Please enter me for this event. I am an amateur as defined by the AAA/WCCA Rules and accepted that the organisers shall not be liable for any accident, injury, loss or damage as a consequence of my taking part in this event.

Signed.....

Date.....

First Name.....

Surname.....

Address.....

.....

Male/Female.....

Age on Day.....

Date of Birth.....

Club.....
(If any)

Entry Fee: £2.50/£3.00 enclosed. Cheques payable to 'Oldham Marathon Rotaract Account'.

Please enclose large s.a.e.

SHREWSBURY & DISTRICT AMATEUR ATHLETIC CLUB

SUNDAY 7th OCTOBER 1984

YOUNG ATHLETES ROAD RACES

Under AAA/WCCA Rules
(except U11 races)

On West Midland Show Ground Shrewsbury

An ideal traffic free course with covered spectator grandstand and large free parking on showground.

Distance

Minor Girls	**1 mile**
Under 11 on 31.8.84	
Mini Colts	**1 mile**
Under 11 on 31.8.84	
Girls	**1.7 miles**
Under 13 on 31.8.84	
Colts	**2.3 miles**
Born bet 1.9.70 and 31.8.72	
Junior Girls	**1.7 miles**
Under 15 on 31.8.84	
Boys	**2.3 miles**
Born bet 1.9.68 and 31.8.70	
Inter Girls	**1.7 miles**
Under 17 on 31.8.84	
Youths	**2.3 miles**
Born bet 1.9.66 and 31.8.68	

Awards:

- 1st, 2nd, 3rd Each race and 1st team (4 to count) each race.
- Tee shirts to first 6 in each race.

Individual entry fee 50p —

First Race 1 pm (Minor Girls)

CLOSING DATE 29th SEPT 1984

Sponsored by TSB BANK

Entries to: Graham Torr, 84 Tilstock Crescent, Sutton Farm, Shrewsbury SY2 6HQ. Tel: 59397

Organised by SHREWSBURY A.C.

5, CARLO MATTIOLI (ITA).....1:25:07 (5km — 20:58, 10km — 41:36, 15km — 1:03:00) 6, JOSE MARIN (ESP).....1:25:32 (5km — 20:59, 10km — 42:05, 15km — 1:03:44) 7, MARCO EVONIUK (USA).....1:25:42 (5km — 20:58, 10km — 41:52, 15km — 1:03:28) 8, ERLING ANDERSEN (NOR).....1:25:54 (5km — 20:59, 10km — 41:48, 15km — 1:03:19) 9, J. Moreno-Moreno (COL) 1:26:04 (21:22, 43:10, 1:04:39); 10, D. Smith (AUS) 1:26:48 (21:00, 41:47, 1:04:23); 11, F. Lapointe (CAN) 1:27:06 (21:06, 43:02, 1:05:09); 12, H. Moreno-Moreno (COL) 1:27:12 (21:22, 43:13, 1:05:28); **13, Phil Vesty (GBR) 1:27:28 (21:42, 43:26, 1:05:22)**; 14, S. Baker (AUS) 1:27:43 (21:06, 42:57, 1:05:30); 15, G. Lelievre (FRA) 1:27:50 (21:13, 43:02, 1:05:18); 16, W. Sawall (AUS) 1:28:24 (21:40, 44:15, 1:06:49); 17, M. Colin (MEX) 1:28:26 (20:57, 42:05, 1:04:01); 18, F. Vargas (COL) 1:28:46 (21:40; 44:14, 1:06:41); **19, Ian McCombie (GBR) 1:28:53 (21:40, 43:44, 1:06:00)**; 20, M. Fesselier (FRA) 1:29:46 (21:47, 43:59, 1:06:30); 21, M. Jobin (CAN) 1:29:49 (21:13, 43:18, 1:06:08); 22, C. Ram (IND) 1:30:06 (21:43, 44:15, 1:07:26); 23, J. Heiring (USA) 1:30:20 (21:04, 43:29, 1:06:43); **24, Steve Barry (GBR) 1:30:46 (21:30, 43:46, 1:06:47)**; 25, J. Pinto (POR) 1:30:54 (21:42, 45:00, 1:08:35); 26, A. Ferguene (ALG) 1:31:24; 27, Zhang Fuxin (CHN) 1:32:10; 28, A. Pezzatini (ITA) 1:32:27; 29, M. Toporek (AUT) 1:33:58; 30, B. Kechkouche (ALG) 1:34:12; 31, S. Folseca (HON) 1:34:47; 32, P. Munyasia (KEN) 1:34:53; 33, D. O'Connor (USA) 1:35:12; 34, J-V. Alonzo-Alonzo (GUA) 1:35:32; 35, S. Casali (SMR) 1:35:48; 36, O. Morejon (BOL) 1:44:42; 37, L. Campos (ESA) 1:48:45; 38, A. Tawalbeh (JOR) 1:49:35.

WOMEN'S 800 METRES: 1st Round

(1st 3 & 4 fastest losers to semis)

Lorraine Baker produced a fighting performance in her heat. She led at 400 in 59.54, slipped to 3rd behind Fita Lovin and Robin Campbell and despite being spiked on the last bend held her place to advance to the semis. In stark contrast to the men's 800, the entry was a thin one with only seven sub-2:00 performers in the field. Fastest heat winner was Kim Gallagher, who couldn't resist the temptation of playing to the enthusiastic and partisan crowd, her second lap being much faster than strictly necessary.

Heat 1: (400m time: 60.57) 1, M. Klinger (FRG) 2:03.66; 2, R. Wysocki (USA) 2:04.05; 3, J. McCabe (SWE) 2:04.16; 4, R. Clark (CAN) 2:04.67; 5, C. N'Drin (CIV) 2:06.06; 6, B. Ungu (ZAI) 2:18.79.

Heat 2: (59.54) 1, F. Lovin (ROM) 2:01.51; 2, R. Campbell (USA) 2:01.72; **3, L. Baker (GBR) 2:01.73**; 4, A. Lind (PUR) 2:01.84; 5, S. Chirchir (KEN) 2:07.17; 6, G. Bakari (GHA) 2:14.50.

Heat 3: (59.24) 1, D. Melinte (ROM) 2:02.77; 2, C. O'Shea (IRL) 2:03.60; 3, C. Slythe (CAN) 2:04.17; 4, S. Abraham (IND) 2:04.69; 5, A. Ramos (CHI) 2:05.77; 6, E. Adiru (UGA) 2:07.39; 7, Z. Meigham-Juarez (GUA) 2:14.17.

Heat 4: (60.71) 1, K. Gallagher (USA) 2:00.37; 2, G. Dorio (ITA) 2:01.41; 3, E. Van Hulst (HOL) 2:03.38; 4, G. Verbeek (CAN) 2:04.16; 5, M. Machado (POR) 2:05.74; 6, L. Bryan (ANT) 2:11.44.

Losch snatches title in final round and wonders if she'd have won whoever her opponents

WOMEN'S SHOT

The event suffered of course from the absence of the mighty East German, Czech and Soviet throwers, but it turned out to be a thriller of a competition and the performances of the first two were not to be underestimated in world terms. Remember, a put of 20.56m sufficed for the bronze medal in last year's World Championships. The contest was expected to be a close duel between Mihaela Loghin and Claudia Losch . . . but no one knew just how close it would turn out. One centimetre decided the outcome!

Losch got the match off to a solid start with a put of 19.97, Loghin's reply being 19.67, and in the second round she improved to 20.31 with her Romanian rival on 19.73. Loghin, taking a while to get into her stride, reached 19.95 with her next effort and in round 4 took the lead with 20.47. Just as Loghin was about to take her fifth throw the competition was suspended while the victory ceremony for the walkers took place, and by the time she was allowed into the ring her timing had gone and she reached 'only' 20.25. Then, to her consternation, Loghin watched the German put 20.48 at the start of the final round. The iron ball was back in her court and the pressure was too much: Loghin's last effort fell short at 20.09 and the closest women's shot confrontation in Olympic history had been won by Claudia Losch, a 24-year-old optician who had never reached even 16m until two years ago! Her progress has been swift indeed: in 1982 she improved from 15.85 to 18.51; last year she put 20.08 (and placed 7th in Helsinki one position behind Loghin); this year — after taking the silver medal behind Helena Fibingerova in the European Indoor Championships — she has advanced to 20.55 and

has both the physique (1.81/5'11", 84kg/185lb) and technique to go beyond 21m in the near future.

Losch countered claims that her gold medal was devalued by the absence of the best Eastern Europeans: "20.48 is a good throw. I don't know if anyone else would have thrown further today".

Hopes of a British medal virtually disappeared in the second round. Had Gael Martin, Commonwealth record holder with 19.74, fallen far short of her best form — as in the Commonwealth Games — the chance was there for Venissa Head (best of 19.06) or Judy Oakes (18.35), the next best on paper. Judy headed Gael in the first round, 18.14 to 18.10, but the Australian popped one out to 19.19 next time round, which was bad news for the British pair. Venissa's best was 17.90 and Judy, although she never gave up trying and twice more exceeded 18m, could not improve on her opener. Judy's fourth place is the highest ever Olympic position by a British shot putter, male or female, if one discounts the silver medal gained in British colours by Irishman Denis Horgan in 1908. At 1.62/5'4" Judy was easily the shortest girl in the field. The tallest was the monumental Yang Yanqin of China, all 1.88/6'2" and 110kg/242lb of her. Only 17 (and still growing?) she placed 10th with 16.97. Her best is 17.85 and we may hear more of her if she can more effectively harness her physical attributes.



1, CLAUDIA LOSCH (FRG).....20.48
(19.97, 20.31, 19.33, 20.06, 19.96, 20.48)
2, MIHAELA LOGHIN (ROM).....20.47
(19.67, 19.73, 19.95, 20.47, 20.25, 20.09)
3, GAEL MARTIN (AUS).....19.19
(18.10, 19.19, 18.75, 18.53, foul, 18.34)
4, JUDY OAKES (GBR).....18.14
(18.14, 17.76, 18.01, 18.08, foul, 17.81)
5, LI MEISU (CHN).....17.96
(17.37, foul, 17.44, 17.96, 17.61, 17.19)
6, VENISSA HEAD (GBR) 17.90
(foul, 17.90, foul, 17.37, 15.59, 16.40)
7, CAROL CADY (USA).....17.23
(17.22, 17.23, 17.10, 16.83, 16.32, 17.19)
8, FLORENTA CRACIUNESCU (ROM)...17.23
(16.62, 17.23, 17.10, 16.45, foul, 17.05)
9, L. Griffin (USA) 17.00 (15.87, 16.08, 17.00); 10, Yang Yanqin (CHN) 16.97 (16.76, 16.97, 16.48); 11, R. Pagel (USA) 16.06 (16.06, 15.69, 15.90); 12, C. Ionesco (CAN) 15.25 (14.92, 15.25, 14.96); 13, O. Mistoul (GAB) 14.59 (14.39, f, 14.59).

WOMEN'S HEPTATHLON: Day 1

Most athletes would be happy to be leading overnight in an Olympic heptathlon, but in Judy Simpson's case the feeling was more one of insecurity . . . and a sense of missed opportunities. She had performed solidly throughout the four events for a 20 point advantage over the favourite, Jackie Joyner, but she knew she needed at least a 100 point cushion over the American and such other strong contenders as Sabine Everts and Glynis Nunn for a good chance of staying in a medal position. Her score of 3759 was good, just five points short of her first day score when she set a Commonwealth record of 6353 last year, but it could have been better.

The day started off brilliantly for Judy, for in the 100m hurdles — despite a 1.5m/s headwind — she ran the race of her life to clock 13.07 to obliterate her personal best of 13.22. She wasn't away too well, but stormed through to take second place to her old rival, Commonwealth champion Glynis Nunn, who herself improved substantially from 13.17 to 13.02. Running in an earlier heat, Kim Hagger excelled too as she won in 13.39 (— 0.4m) to take 6/100ths off her previous best. Joyner, her left thigh bandaged following a hamstring strain sustained a fortnight earlier, was very close to her best with 13.63 but Everts, who has run 13.17, was well below her top form. After the first event the placings were: 1, Nunn 999; 2, Simpson 992; 3, Hagger 946; 4, Everts 926; Sabine Braun 916; 6, Joyner 914.

The high jump, usually Judy's parade event, proved to be disappointing. She cleared 1.86m (1086 pts) at the second attempt but found 1.89 (worth 1113 pts) beyond her. Her lifetime best of

1.92 had earned her 1140 beautiful points in the World Championships last year, so she had dropped between 27 and 54 points against expectations. She actually lost ground only vis-à-vis Everts, who equalled her pb of 1.89, but Nunn did better than expected with 1.80. Joyner, who has jumped 1.87, had to settle for 1.80 but Kim Hagger maintained her excellent form by clearing 1.86 — only 2cm below her best ever. After two events: 1, Simpson 2078; 2, Everts 2039; 3, Hagger 2032; 4, Nunn 2030; 5, Greiner 1962; 6, Braun 1947; 7, Dressel 1946; 8, Joyner 1945.

On to the shot and Judy, who had pushed out her best from 14.35 to 14.59m in San Diego a few days earlier, was hopeful of a similar distance (worth 872). Again, she didn't do **badly** — second overall with 13.86 (830) — but another chance of stacking up bonus points had gone. Joyner came out on top with 14.39, moving her from 8th to 2nd overall, and Judy was now 102 pts clear as both Nunn and Everts are modest shot putters. Kim (12.47 for a pb in San Diego) achieved 12.29 to drop down to 5th overall. Placings after three events: 1, Simpson 2908; 2, Joyner 2806; 3, Nunn 2799; 4, Everts 2788; 5, Hagger 2769; 6, Greiner 2763.

Judy is not a good 200m runner (best of 24.75), and a sore knee has severely restricted her training for the event this year. Thus she lost a good proportion of that precious lead in the final event of the first day. Her three main rivals finished practically abreast — some eight metres (80+ points) ahead, with Judy clocking 24.95 into the 1.3m/s wind. Kim finished off in better style, setting her second pb (24.72 into 1.0m wind) to register her highest ever first day score of 3640 in 6th place. An injured Jodi Anderson did not start in the 200. Top positions: 1, Simpson 3759; 2, Joyner 3739; 3, Nunn 3731; 4, Everts 3721; 4, Cindy Greiner 3663; 6, Hagger 3640.

100m Hurdles

Heat 1: (—1.4m) 1, K. Tannander (SWE) 14.01; 2, A. Tannander (SWE) 14.06; 3, D. Smellie (CAN) 14.09; 4, C. Polman-Tuin (CAN) 14.18; 5, Tsai Li-Jiau (TPE) 14.78; 6, M. Marxer (LIE) 15.18; 7, I. Launa (NGU) 15.43.

Heat 2: (—0.4m) **1, K. Hagger (GBR) 13.39**; 2, T. Hidding (HOL) 13.70; 3, J. Ross-Giffen (CAN) 13.72; 4, C. Beaugeant (FRA) 13.81; 5, F. Picaut (FRA) 13.83; 6, M. Wijnsma (HOL) 13.93; 7, G. Geremias (BRA) 13.98; 8, C. Schneider (SUI) 14.12.

Heat 3: (—1.5m) 1, G. Nunn (AUS) 13.02; **2, J. Simpson (GBR) 13.07**; 3, S. Everts (FRG) 13.54; 4, S. Braun (FRG) 13.61; 5, J. Joyner (USA) 13.63; 6, C. Greiner (USA) 13.71; 7, B. Dressel (FRG) 14.05; 8, J. Anderson (USA) 14.40.

High Jump

Group 1: 1, Nunn 1.80 (1.62 — 1, 1.65 — 1, 1.68 — 1, 1.71 — 1, 1.74 — 1, 1.77 — 1, 1.80 — 1, 1.83 — fail); 2, Picaut 1.80; 3, Braun 1.80 (1.62 —

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1, 1.65 — 1, 1.68 — 1, 1.71 — 2, 1.74 — 1, 1.77 — 2, 1.80 — 2, 1.83 — fail); 4, Tsai Li-Jiau 1.74; 5, Hidding 1.74 (1.62 — 1, 1.65 — 1, 1.68 — 1, 1.71 — 2, 1.74 — 3, 1.77 — fail); 6 eq, Ross-Giffen & Beaugeant 1.68; 8, Smellie 1.68; 9, Marxer 1.62; 10, Polman-Tuin 1.56; 11, Launa 1.53.

Group 2: 1, Everts 1.89 (1.71 — 1, 1.74 — 1, 1.77 — 1, 1.80 — 1, 1.83 — 1, 1.86 — 1, 1.89 — 3, 1.92 — fail); 2, Schneider 1.86 (1.68 — 1, 1.71 — 1, 1.74 — 2, 1.77 — 1, 1.80 — 1, 1.83 — 1, 1.86 — 1, 1.89 — fail); **3, Simpson 1.86 (1.71 — 1, 1.74 — 1, 1.77 — 2, 1.80 — 1, 1.83 — 1, 1.86 — 2, 1.89 — fail);** 4, Dressel 1.86 (1.74 — 1, 1.77 — 1, 1.80 — 1, 1.83 — 2, 1.86 — 3, 1.89 — fail); **5, Hagger 1.86 (1.65 — 1, 1.71 — 1, 1.74 — 2, 1.77 — 1, 1.80 — 1, 1.83 — 2, 1.86 — 3, 1.89 — fail);** 6, A. Tannander 1.83; 7, Greiner 1.83 (1.62 - 1, 1.65 — 1, 1.71 — 1, 1.74 — 1, 1.77 — 1, 1.80 — 3, 1.83 — 2, 1.86 — fail); 8, Wijnsma 1.83; 9, K. Tannander 1.80; 10, Joyner 1.80 (1.68 — 1, 1.71 — 2, 1.74 — 1, 1.77 — 2, 1.80 — 3, 1.83 — fail); 11, Geremias 1.74; 12, Anderson 1.65.

Shot

Group 1: 1, Polman-Tuin 13.16; 2, Geremias 13.15; 3, Picaut 13.08; 4, K. Tannander 12.74; 5, Wijnsma 12.57; 6, A. Tannander 12.37; 7, Smellie 12.25; 8, Launa 11.85; 9, Tsai Li-Jiau 11.73; 10, Ross-Giffen 11.71; 11, Marxer 10.63.

Group 2: 1, Joyner 14.39 (14.39, 13.44, 12.77); **2, Simpson 13.86 (13.86, 12.27, 13.25);** 3, Hidding 13.48 (13.17, 13.48, 12.45); 4, Greiner 13.36 (13.26, 13.36, 12.44); 5, Nunn 12.82 (f, 12.44, 12.82); 6, Dressel 12.72; 7, Everts 12.49 (11.48, 12.29, 12.49); **8, Hagger 12.29 (11.19, 11.19, 12.29);** 9, Schneider 12.26; 10, Braun 12.09 (12.09, f, 11.56); 11, Beaugeant 11.36; 12, Anderson 11.02.

200m

Heat 1: (+0.9m) 1, Polman-Tuin 24.68; 2, K. Tannander 25.03; 3, Smellie 25.29; 4, Tsai Li-Jiau 25.41; 5, Launa 26.26; 6, A. Tannander 26.40; 7, Marxer 26.80.

Heat 2: (—1.0m) 1, Hidding 24.12; **2, Hagger 24.72;** 3, Wijnsma 24.91; 4, Geremias 25.00; 5, Picaut 25.09; 6, Ross-Giffen 25.22; 7, Schneider 25.33; 8, Beaugeant 25.84.

Heat 3: (—1.3m) 1, Joyner 24.05; 2, Everts 24.05; 3, Nunn 24.06; 4, Braun 24.22; 5, Greiner 24.40; **6, Simpson 24.95;** 7, Dressel 25.59; Anderson scr.

Positions after first day

1, Simpson 3759; 2, Joyner 3739; 3, Nunn 3731; 4, Everts 3721; 5, Greiner 3663; **6, Hagger 3640;** 7, Hidding 3613; 8, Braun 3589; 9, Picaut 3543; 10, Wijnsma 3542; 11, Dressel 3505; 12, K. Tannander 3504; 13, Schneider 3490; 14, Geremias 3477; 15, A. Tannander 3389; 16, Ross-Giffen 3345; 17, Smellie 3325; 18, Polman-Tuin 3298; 19, Tsai Li-Jiau 3260; 20, Marxer 2913; 21, Launa 2912; Beaugeant 3259 & Anderson 2359 scr.

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(Under AAA & WAAA Laws)

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At the new all weather track at The Charlton Sports & Leisure Centre, Andover. Start 11.00 a.m.

Entries can still be accepted in the following events:—

New Event: Junior Ladies — Discus.

Inters: 80mH, 800m, 1500m & Field.

Boys: 100m, 200m.

Youths: 100m, 200m, 1500m & Field.

Must telephone Weyhill 2933 before Midnight, Sat. 25th, NO ENTRIES ON THE DAY

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(Under AAA & WAAA Laws)

SUN., 30th SEPTEMBER

Sponsored by SKJ MOTORS

Awards for 1st 3 ind. and 1st 3 teams (4 to count)

Minor Girls (2M) 1.30 p.m.	Colts (2M) 1.50 p.m.
Jnr Women (2M) 2.15 p.m.	Boys (2½M) 2.40 p.m.
Int. Women (2½M) 3.05 p.m.	Youths (4M) 3.30 p.m.

All ages as at 1st Sept. 1984

Also races for U/11's with awards for 1st 3 ind: U/11 G (1.1m) 1.00 p.m. U/11 B (1.1M) 1.15 p.m.

Entry Fee: 40p (No team fee). Cheques P.O.'s payable to Holmfirth H.A.C.

Entries to: Mr. B. Boothroyd, 88 Birkhouse Lane, Moldgreen, Hudds. Tel: 37673. No entries on day.

Closing date: 23rd Sept, 1984

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NOTE: 10.30 a.m. 30th SEPT., ½ MARATHON held from Dunford Bridge only 5 miles from Thongsbridge.

Saturday, August 4th (Day 2)

One Down, Three To Go, For Carl Lewis
Bronze For Keith Connor
Glynis Nunn Wins Heptathlon Thriller

100 METRES: Semi-Final

(1st 4 to final)

"I can't understand it. I had a dream start but at 40m the power just wasn't there". For 32-year-old Allan Wells the dream of becoming the first sprinter ever to retain an Olympic title had come to an all too premature end as he trailed in a dispirited last in his semi. It was the first time since his emergence as a world class sprinter in 1978 that he had not reached a major international final.

"I'm looking to the future" – Wells

Wells was suffering from a swollen right foot but, as he said, "I wasn't aware at the time that I had a foot injury as such, although I knew something was wrong. My body just seemed to drop at one stage. The whole thing confused me when Lewis passed me". This is not the end of the road for Wells, though. "I hope no one writes me off too soon. I'm looking to the future".

While Wells' demise was a shock for British fans, there were two delightful surprises to compensate. First, Donovan Reid qualified for the final with a lifetime best of 10.32 and then, in Wells' heat, Mike McFarlane joined his North London training partner with a 10.45 timing — the wind having switched direction between races. So, for the first time since 1948, Britain would be fielding two finalists in the Olympic 100.

Against them would be three Americans, headed of course by Carl Lewis whose 3m victory in 10.14 was against a 1.5m/s wind, two Canadians and a Jamaican. A protest was filed by Canada over the awarding of 4th place in the first semi to Ron Brown over Desai Williams (both timed at 10.34, inches behind Donovan Reid) but after reviewing the photo-finish picture the Jury of Appeal upheld the original result.

Heat 1: (+0.7m) 1, Stewart 10.26; 2, Graddy 10.27; **3, Reid 10.32;** 4, Brown 10.34; 5, Williams 10.34; 6, Haas 10.41; 7, Gasparoni 10.49; 8, Purnomo 10.51.

Heat 2: (—1.5m) 1, Lewis 10.14; 2, Johnson 10.42; **3, McFarlane 10.45;** 4, Sharpe 10.52; 5, Morales 10.54; 6, Tilli 10.55; 7, Edwards 10.63; **8, Wells 10.71.**

Largest ever Olympic 100m win — Lewis zips to superb 9.99

100 METRES: Final

Carl Lewis always maintained that the 100m would be the most difficult of his four Olympic events. "As far as I'm concerned, 60 per cent of it is over. This is by far the toughest event for me because so much can happen". What happened, though, is that Lewis won the race by the widest margin in Olympic 100m history — a full two tenths of a second or nearly 2½ metres of track.

Awesome is a word over-used in American sportswriting, but on this occasion it was justified as Lewis turned on the burners in the second half of the race. Following a false start by Ben Johnson, it was Sam Graddy and Johnson who were away fastest, and they held a clear lead at 50m. At that point Lewis opened up and began to close on them and by 70m he was moving away with every stride, his time of 9.99 at sea level with a negligible assisting win of 0.2m/s constituting one of the great sprint performances of all time. Graddy took the silver medal but American hopes of a clean sweep were foiled by Johnson, the Jamaican-born Canadian.

Johnson, second to Allan Wells in the 1982 Commonwealth Games, was simply delighted. "I got a slight cramp in my right thigh at about 65m — then I had to watch out and be careful. I came here just to make the final. I didn't expect to get a medal". Ron Brown, one of the few men ever to have beaten Lewis, had to settle for 4th place but refused to blame it on the injury that has impaired his knee lift. "I felt OK at the start of the race. I'm not one to make excuses . . . I was just beaten today by better sprinters". He will turn professional footballer after the Games.

The two British finalists — both coached by John Isaacs — performed splendidly. Mike McFarlane finished 5th, a mere hundredth behind Brown and little more than half a metre away from a medal, to take 5/100ths off the personal

best he first achieved back in 1978 as an 18-year-old. Donovan Reid came in 7th in 10.33, 1/100th outside the pb he set in the semis a couple of hours earlier. Neither man had ranked among the top dozen contenders prior to the Games and theirs was an achievement of the highest merit.

Commenting on the race, Lewis said: "I got a good start tonight, but some of the others got out faster. Once I started to come on at about 50m I relaxed and felt very confident. If I am behind in the 100 I don't get worried until the 80m mark". Graddy, who really believed he stood a good chance of winning, conceded: "Maybe Carl couldn't be beaten today. I thought that if anyone could beat Carl it was me". Final word from the new champion: "One down, three to go".

1, CARL LEWIS (USA)..... 9.99
2, SAM GRADDY (USA).....10.19
3, BEN JOHNSON (CAN).....10.22
4, RON BROWN (USA).....10.26
5, MIKE McFARLANE (GBR).....10.27
6, RAY STEWART (JAM).....10.29
7, DONOVAN REID (GBR).....10.33
8, TONY SHARPE (CAN).....10.35
Following wind: 0.2m/s.

400 METRES: 1st Round

(1st 3 & 2 fastest losers to 2nd round)

The heats yielded a total of ten sub-46 clockings, with Kriss Akabusi posting the fourth fastest time of the round with a pb of 45.64. Engaged in a four-way battle for only three automatic places in the next round, Akabusi pulled out all the stops in the finishing straight to win his heat ahead of Darren Clark and Sunday Uti. "There was no way I could ease up because so many runners were all around me", he explained. "I'm very pleased. I knew I would have to run very well just to advance to the next round and I'm shooting for a personal record of 45.50 and at least get to the semi-finals". His team-mates Todd Bennett (46.09) and Phil Brown (46.26) qualified with less effort required.

The only major casualty was Sudan's 44.76 performer El Kashief Hassan, whose hamstring went after 40m. However, there was a near disaster for Innocent Egbunike, the Nigerian who rates as one of the favourites for the title. Drawn on the inside he suddenly found Secundino Borabota of Equatorial Guinea, supposedly running in lane 2, cutting in ahead of him! For 100m Egbunike ran behind the trespasser, yelling to him to move out, and when he finally did manage to squeeze past on the inside he had a lot of ground to make up. Egbunike went on to win, though, and Borabota — who possibly had never run in lanes before — was disqualified.

Heat 1: 1, D. Lishebo (ZAM) 46.20; 2, D. Peltier (BAR) 46.57; 3, A. Ingraham (BAH) 46.72; 4, B. Diallo (SEN) 46.73; 5, D. Greenaway (IVB) 47.33; 6, E-R. Silva (BRA) 47.55; 7, I-O. Omar (SOM) 47.91; 8, I. Hassane (CHA) 49.64.

Heat 2: 1, G. Tiacoh (CIV) 45.96; 2, D. Kitar (KEN) 46.25; 3, M. Arnold (SUI) 46.46; 4, G. Minihan (AUS) 46.93; 5, N. Jadi (MAL) 47.12; 6, T. Johansson (SWE) 47.77; 7, D. Andre (MRI) 49.09; 8, F. Butera (RWA) 51.41.

Heat 3: 1, I. Egbunike (NGR) 46.63; 2, M. Senior (JAM) 46.73; 3, G. Souza (BRA) 47.02; 4, M. Ramirez-Caicedo (COL) 47.17; 5, B. Saunders (CAN) 47.40; 6, M. Almaliki (OMA) 47.61; 7, M. Rizvi (PAK) 49.58; S. Borabota (GEQ) disq.

Heat 4: 1, B. Cameron (JAM) 46.14; 2, O. Sigurdsson (ISL) 46.30; 3, D. Hinds (CAN) 46.42; 4, R. Louis (BAR) 46.70; 5, J-D. Bemou (CGO) 47.26; 6, H. Llatser (FRA) 47.30; 7, P. Pipersburg (BIZ) 48.04; 8, A. Lopez-Davila (GUA) 52.21.

Heat 5: 1, A. Babers (USA) 45.81; 2, M. Paul (TRI) 46.18; **3, P. Brown (GBR) 46.26;** 4, M. Kyeswa (UGA) 46.78; 5, T. Bethune (CAN) 46.98; 6, J. Ramotshabi (BOT) 48.11; 7, D. Jallow (GAM) 48.36; 8, R. Lopez Escobar (ESA) 48.71.

Heat 6: 1, B. Frayne (AUS) 46.08; 2, A. Canti (FRA) 46.14; 3, S. Takano (JPN) 46.26; 4, N. Mersal (EGY) 46.46; 5, A. Browne (ANT) 47.29; 6, R. Jerbeh (UAE) 48.71; 7, S. Cruden (SUR) 50.07; El Kashief Hassan (SUD) dnf.

Heat 7: 1, S. Nix (USA) 45.42; 2, E. Forde (BAR) 45.47; 3, A. Sanchez (ESP) 46.03; 4, A. Skerritt (TRI) 46.30; 5, J. Atuti (KEN) 47.04; 6, A-A. Vignon (TOG) 47.43; 7, L. Tamean (NGU) 47.60; 8, P-R. Ojha (NEP) 52.12.

Heat 8: 1, A. McKay (USA) 45.55; 2, J. Anzarah (KEN) 46.12; 3, I. Del Prado (PHI) 46.82; 4, L. Loforte (MOZ) 47.07; 5, J. Rodan (FIJ) 49.00; 6, A. Mwausegha (MAW) 49.12; 7, C. Moses (GHA) 50.39; A. St. Louis (TRI) dnf.

Heat 9: 1, E. Skamrahl (FRG) 45.94; 2, A. Heras (ESP) 46.06; **3, T. Bennett (GBR) 46.09;** 4, Y. Quentrec (FRA) 46.94; 5, W-D. Santos (BRA) 47.55; 6, M. Hendelsman (ISR) 48.17; 7, C. Madzokere (ZIM) 48.49; 8, A. Randriamahazoman (MAD) 48.86.

Heat 10: 1, K. Akabusi (GBR) 45.64; 2, D. Clark (AUS) 45.68; 3, S. Uti (NGR) 45.74; 4, D. Morris (JAM) 45.80; 5, M. Okot (UGA) 46.68; 6, S. Sarkpa (LBR) 47.65; 7, M. Moluh (CMR) 48.90; V. Confait (SEY) disq.

800 METRES: 2nd Round

(1st 4 to semis)

The times were astonishing considering this was only the quarter-final stage. Fourteen men broke 1:46, of whom three — Fawzi Lahbi of Morocco, Babacar Niang of Senegal and Mohamed Alouini of Tunisia — didn't even make it to the next round!

The first heat was the fastest. Edwin Koech and Peter Elliott reached the bell in 51.29, and Elliott

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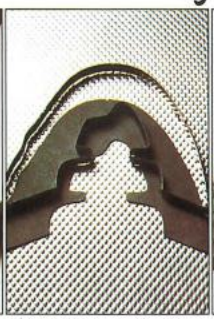
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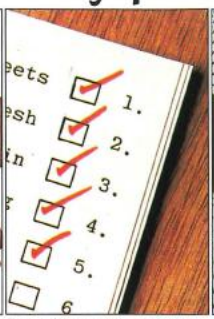
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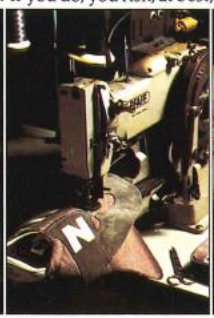






You cannot afford to compromise on your footwear. If you do, you risk, at best, a strain. At worst, a stress fracture. Just as you cannot afford to

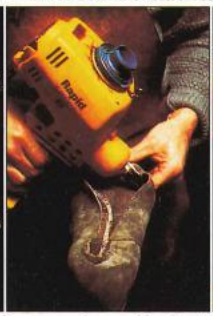





We begin by working out what happens as you run. What the strains and stresses are on bone, muscle and sinew. For instance, we've worked



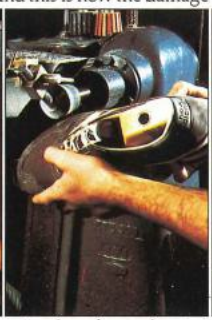






that. This causes a shockwave to travel straight back up your leg and body. And this is how the damage is done. So as you can see, making

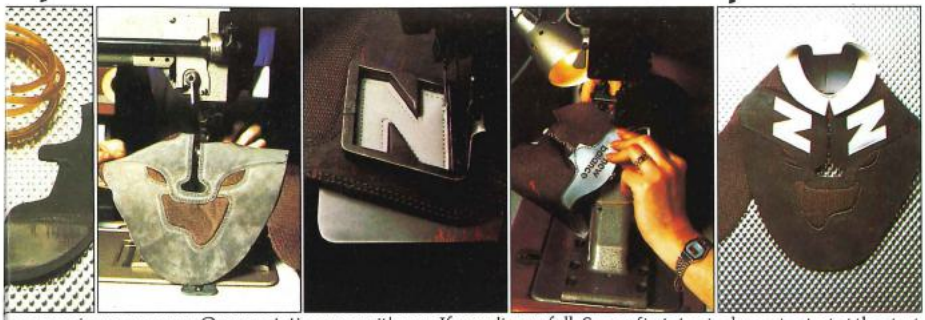


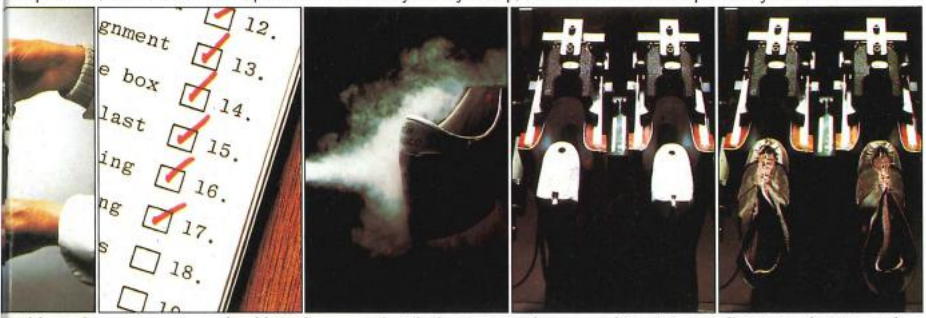


shoe is scrutinized for the slightest imperfection. It's a slow process. It takes ten days for each pair to be made from start to finish. Bu

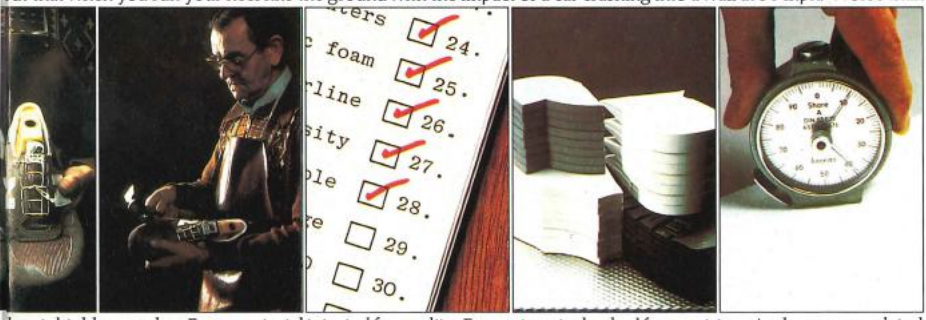
sports shoes are the most important.



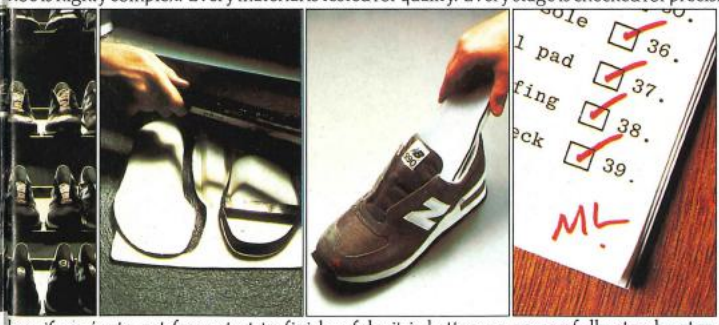
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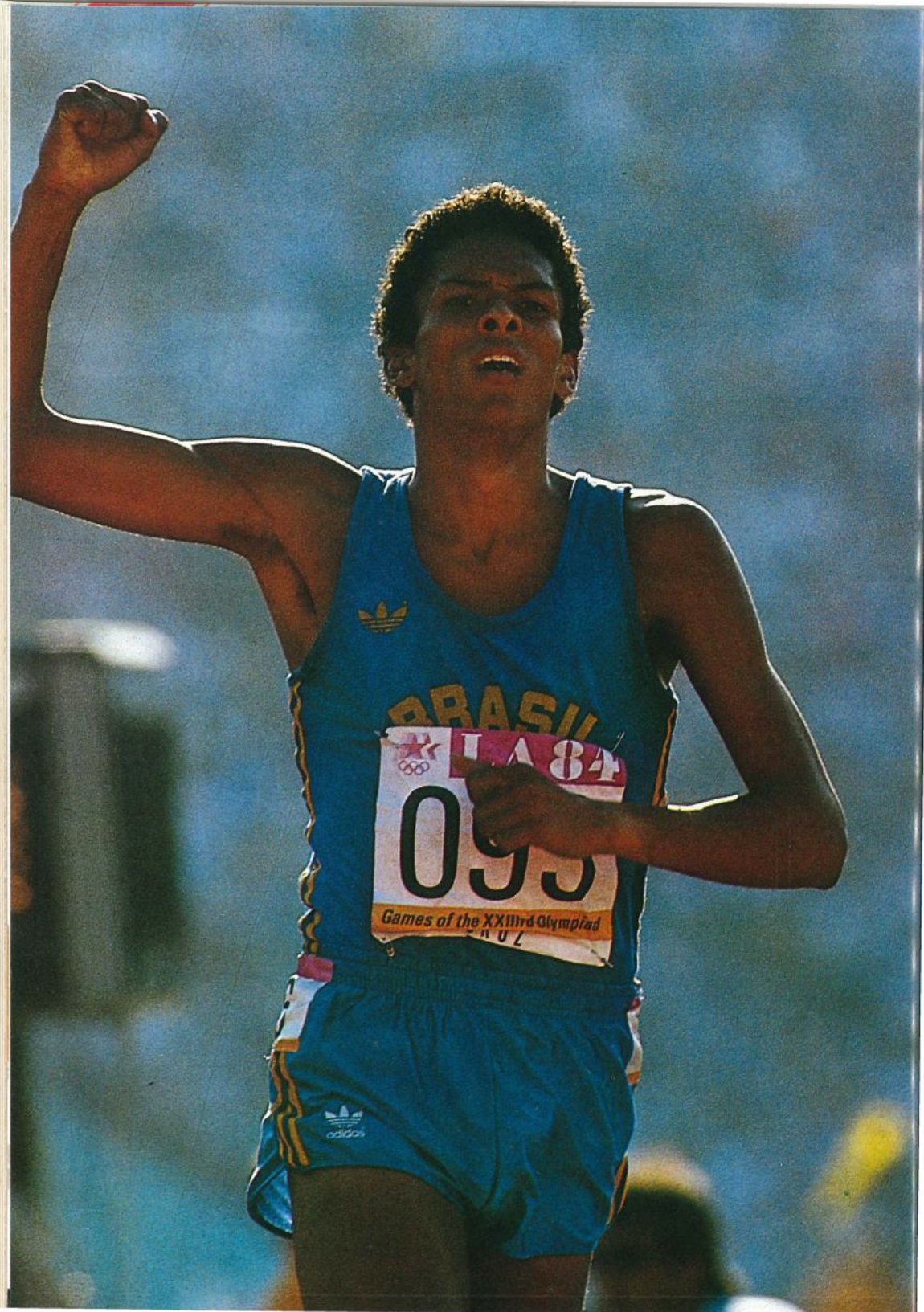

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Photo of Joachim Cruz by Mark Shearman.

was second to the Kenyan entering the final straight before fading to 4th in clocking his fastest time of the season (1:45.49). Unhappily, it transpired that Elliott was suffering from a foot injury and would take no further part in the Games. Koech won the heat in a pb of 1:44.74. Fellow Kenyan Billy Konchellah, once a teenage 400m sensation, took the second heat in a more sedate 1:46.15 after passing the bell (Ahmed Belkessam leading in 51.41) in 7th place and taking over at the start of the home straight. Seb Coe, 6th at the bell in 51.93, was nearly knocked over approaching the 600 mark when Riccardo Materazzi, spiked from behind, lurched into him, but Coe recovered quickly to qualify safely. John Marshall, 3rd in the US Trials in 1:43.92, was eliminated.

The third heat saw Joaquim Cruz in his accustomed position — out in front. He zipped through 400 in 51.25, with Steve Ovett 3rd in 51.78, to win by an extravagant margin in 1:44.84. Behind him, Ovett ran a season's best of 1:45.72. In the final heat Juma Ndiwa registered 50.89 at the bell, with Earl Jones taking over at 600 for a 1:45.44 victory over European champion Hans-Peter Ferner.

Heat 1: 1, Koech 1:44.74; 2, Sabia 1:44.90; 3, Guimaraes 1:45.18; **4, Elliott 1:45.49;** 5, Lahbi 1:45.67; 6, Niang 1:45.71; 7, Moutsanas 1:46.34; Trabado scr.

Heat 2: 1, Konchellah 1:46.15; 2, Khalifa 1:46.33; **3, Coe 1:46.75;** 4, Barbosa 1:46.87; 5, Marshall 1:47.18; 6, Materazzi 1:47.90; 7, Belkessam 1:48.11; 8, Mayr 1:48.30.

Heat 3: 1, Cruz 1:44.84; **2, Ovett 1:45.72;** 3, Gray 1:45.82; 4, Wuycke 1:46.17; 5, Bile 1:46.49; 6, Hamilton 1:46.74; 7, Scammell 1:47.40; 8, Roberts 1:49.72.

Heat 4: 1, Jones 1:45.44; 2, Ferner 1:45.52; 3, Ndiwa 1:45.59; 4, Fall li 1:45.71; 5, Alouini 1:45.78; 6, O'Sullivan 1:46.21; 7, Barr 1:46.97; 8, Dupont 1:48.95.

400m HURDLES: Semi-Final

(1st 4 to final)

All three Americans broke 49 seconds, Ed Moses producing the fastest time of 48.51. The unluckiest athletes were Simon Kitur, who lost a qualifying place by 1/100th of a second to Michel Zimmermann in the first race, and Karl Smith who — after leading into the final straight in the second heat — faded to 4th by the last hurdle and then was overtaken on the run-in by Henry Amike.

Heat 1: 1, Moses 48.51; 2, Hawkins 48.94; 3, Dia Ba 49.44; 4, Zimmerman 49.79; 5, Kitur 49.80; 6, Schmitt 50.08; 7, Rolle 50.16; 8, Ferreira 50.70.

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Heat 2: 1, Harris 48.92; 2, Nylander 49.03; 3, Schmid 49.04; 4, Amike 49.36; 5, Smith 49.58; 6, Meier 49.89; 7, Yoshida 49.92; 8, Tommelein 50.06.

Lifetime best earns Al Joyner the title as 'retiring' Keith Connor is rewarded with bronze

TRIPLE JUMP: Final

The American TV network, ABC, unwittingly helped Al Joyner to an unexpected gold medal. Prior to leaving for the stadium Joyner watched a television preview of the day's events. He saw pictures of Mike Conley and Willie Banks flash on the screen and expected to see his a moment later. "But they didn't even show it, so I decided to go out and show them I'm on the team too". That he did, before a massive crowd of 88,562, with a first round effort measured at 17.26m — a lifetime best. He was in luck, for the wind swung round into his favour (it was just over the limit at 2.1m/s), and he took full advantage of it. It was to stand up as the winning jump.

The favourite, Mike Conley, who had jumped 17.36 in the qualifying competition, immediately ran into trouble, for on his first jump (16.91) he injured his left ankle, and he aggravated it in the third round when a leap of 17.18 (—0.4m wind) consolidated his second place. He wasn't going down without a fight. Despite being in pain ("this is the Olympics") he gave it everything he had on his final attempt . . . it was a tremendous jump, possibly in excess of 17.50, but up went the red flag and down went Conley's hope of victory. "It really wasn't a very exciting competition", said Conley. "It was a sort of strange night. First Ajayi (Agbebaku) got hurt and they took him out, then I sprained my ankle on my first jump".

It was exciting enough for Joyner who, right to the end, was convinced that Conley would seize the gold medal. His only disappointment was that younger sister Jackie Joyner was narrowly beaten in the heptathlon, which was going on at the same time. She was tipped for gold, he wasn't and they came so very close to becoming the first brother and sister to win a gold medal apiece in Olympic athletics.

Britain won her first medal of the Games when Keith Connor, going one better than in Moscow, took third place. He opened with 16.72, to rank fourth after one round, and reached 16.87 (+0.4m wind) in the second round to occupy the bronze medal position. It was his best distance this year, during which he had been keeping a low

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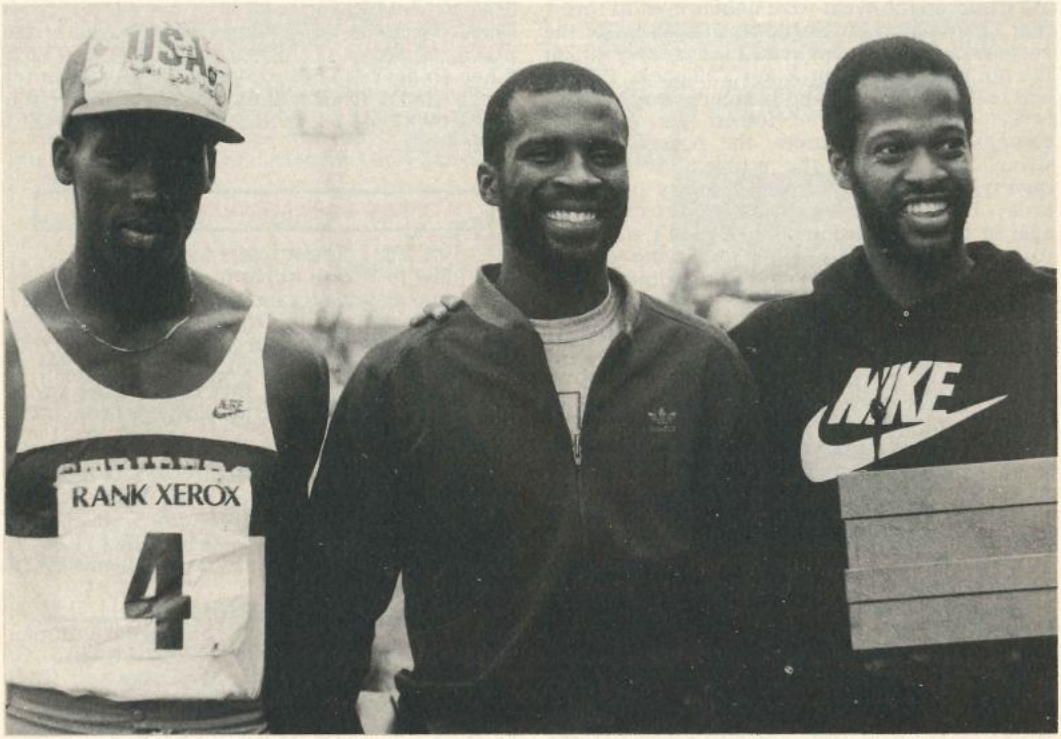
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AL JOYNER . . . KEITH CONNOR . . . WILLIE BANKS Danny Brannigan

profile, but Keith was far from happy with his performance. "They're all good jumpers", he said, "but I came here to win. I'm disappointed because I thought I could win. It was a very dull competition; there wasn't any excitement out there. I was unhappy with it for two reasons: (1) the Russians weren't there, and (2) the officials decided to have us jump into the wind for no good reason other than having it for the television cameras. I probably won't compete any more after this season. I've had enough". Keith, who is returning to live in Britain, is the first Briton — other than Irishman Tim Ahearne in 1908 — to win an Olympic triple jump medal. Eric McCalla, unable to recapture the magic of his 17.01 qualifying leap, placed 8th with 16.66 (—0.2m) and John Herbert 10th with 16.40 (—0.9m). McCalla was given three extra jumps after Agbebaku withdrew injured.

1, AL JOYNER (USA).....17.26w
(17.26w, 17.04, 16.83, pass, 16.94, 17.04)
2, MIKE CONLEY (USA).....17.18
(16.91, foul, 17.18, foul, foul, foul)
3, KEITH CONNOR (GBR).....16.87
(16.72, 16.87, foul, 16.63, 16.67, 16.81)
4, ZOU ZHENXIAN (CHN).....16.83
(16.83, 16.71, 16.16, foul, 16.33, 16.40)
5, PETER BOUSCHEN (FRG).....16.77
(16.04, 16.77, 16.38, 16.58, 16.28, 16.75)
6, WILLIE BANKS (USA).....16.75
(16.23, 16.75, foul, foul, 16.33, 16.51)
7, AJAYI AGBEBAKU (NGR).....16.67
(14.84, 16.67, injured)
8, ERIC McCALLA (GBR).....16.66
(16.64, foul, 15.89, pass, foul, 16.66)
9, J. Taiwo (NGR) 16.64 (16.36, 16.64, 16.61, 16.12, 16.57, 16.31); **10, John Herbert (GBR) 16.40 (16.35, 16.05, 16.40);** 11, H. Badra (EGY) 16.07 (15.52, 15.74, 16.07); 12, M. Diallo (SEN) 15.99 (15.99, 15.69, injured).

JAVELIN: Qualifying

(83.00m or top 12 to final)

Only four men reached 83m, and two of hose were Britons! Roald Bradstock led the first pool with 83.06m and Dave Ottley threw 85.68, only 18cm below his best ever, in the second group behind Tom Petranoff's 85.96, with Arto Harkonen equalling Bradstock's earlier mark. Duncan Atwood, who defeated Petranoff in the US Trials with a mighty throw of 93.44, was impaired by a groin injury and only scraped through as 12th qualifier with 79.34 — yet other

big names in the event were unable even to throw that far. Raimo Manninen, second ranked of the entrants with 93.42 this year, reached only 79.26; the normally consistent Klaus Tafelmeier (90.10) was reduced to 73.52; and Commonwealth record holder Mike O'Rourke fouled out. Another casualty was Steve Roller, the American third string, who typified the problem of Olympic qualifying contests. "I was nervous out there today. I was competing against a mark instead of against the competition. It just didn't work out for me psychologically. I was just trying to relax and settle into a routine, but I just couldn't stop my heart from jumping out of my chest".

Group 1: Qualifiers: 1, R. Bradstock (GBR) 79.52, 81.08, 83.06; 2, W. Gambke (FRG) 75.10, **82.98,** f; 3, P-E. Olsen (NOR) **82.46,** f, f; 4, L. Babits (CAN) f, 76.68, **82.18;** 5, M. Yoshida (JPN) 78.14, **81.42,** 78.06; 6, E. Vilhjalmsson (ISL) 79.78, f, **80.94;** 7, J-P. Lakafia (FRA) **80.52,** 66.26, 78.02; 8, D. Attwood (USA) 77.08, **79.34,** f. **Non-qualifiers:** R. Manninen (FIN) **79.26,** f, f; J. De La Garza (Mex) 78.80, f, **79.16;** S. Krdzalic (YUG) **76.52,** f, f; Z. Malekwa (TAN) 71.80, f, **75.18;** A. Ghesini (ITA) 72.16; 63.92, **72.96;** J. Arop (UGA) **69.76,** 66.30, f.

Group 2: Qualifiers: 1, T. Petranoff (USA) **85.96; 2, D. Ottley (GBR) 85.68;** 3, A. Harkonen (FIN) 82.82, **83.06;** 4, K. Eldebrink (SWE) 79.36, **81.06,** 79.42. **Non-qualifiers:** R. Lorentzen (NOR) f, 68.00, **76.62;** T. Saviniemi (FIN) f, **76.46,** f; S. Roller (USA) **75.50;** 75.48, f; K. Mizoguchi (JPN) **74.82,** 72.58, 69.18; R. Mohammad (PAK) 72.48; 70.76, **74.58;** K. Tafelmeier (FRG) f, f, **73.52;** Chen Hung-Ye (TPE) 62.46, **71.48,** 68.54; Gurtej Singh (IND) 63.62, **70.08;** 69.32; S. Einarsson (ISL) **69.82,** 66.68, 67.02; M. O'Rourke (NZL) three fouls.

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WOMEN'S 100 METRES: 1st Round

(1st 5 & 2 fastest losers to 2nd round)

A blow to British hopes in this event (and the long jump and relay) came with the news that Bev Kinch was out of the Games with a serious leg injury. Heather Oakes ran strongly to clock 11.32 in a heat won impressively by Evelyn Ashford in the fastest time of 11.06 (her best for the year), while Shirley Thomas strode through to the next round in 11.91.

Heat 1: (+0.5m) 1, J. Bolden (USA) 11.25; 2, R-A. Bacoul (FRA) 11.36; 3, E. Vader (HOL) 11.43; 4, G. Forde (TRI) 11.76; 5, R. Enang Mesode (CMR) 11.81; 6, S. Aksu (TUR) 11.86; 7, B. Ingiro (NGU) 12.19; 8, E. Osh-Williams (SLE) 12.83.

Heat 2: (—0.2m) 1, P. Davis (BAH) 11.51; 2, J. Cuthbert (JAM) 11.83; 3, C. Schumann-Lottman (GUA) 12.04; 4, F. Mpika (CGO) 12.54; 5, B. Jambane (MOZ) 12.55; 6, M. Tuisorisori (FIJ) 13.04.

Heat 3: (+1.4m) 1, E. Ashford (USA) 11.06; 2, G. Jackson (JAM) 11.24; **3, H. Oakes (GBR) 11.32;** 4, T. Rione (ESP) 11.55; 5, F. Gareau (CAN) 11.66; 6, D. Wiredu (GHA) 11.85; 7, J. Jawo (GAM) 12.10; 8, W. Tangjitnusorn (THA) 12.18.

Heat 4: (+1.0m) 1, A. Brown (USA) 11.15; 2, L. Gaschet (FRA) 11.42; 3, A. Bailey (CAN) 11.56; 4, E. Garcia (BRA) 11.63; 5, C. Ngambi (CMR) 11.67; 6, E. Farrell (AHO) 11.94; 7, Lee Young-Sook (KOR) 12.06; 8, D. Estrella (DOM) 12.25.

Heat 5: (+0.2m) 1, A. Taylor (CAN) 11.23; 2, H. Marjamaa (FIN) 11.43; **3, S. Thomas (GBR) 11.91:** 4, F. Candelario (DOM) 12.12; 5, N. Kyomo (TAN) 12.26; 6, M. Bentzur (ISR) 12.30; 7, G-A. Dinkins (LBR) 12.35; 8, G. Ongollo (GAB) 12.40.

Heat 6: (+2.4m) 1, M. Ottey-Page (JAM) 11.26; 2, H. Gaugel (FRG) 11.38; 3, M-F. Loval (FRA) 11.51; 4, E. Clarke (BAH) 11.61; 5, A. Williams (TRI) 11.74: 6, L. De Vega (PHI) 11.85; 7, R. Charles (ANT) 12.04; 8, M-A. Wirtz (SEY) 12.61.

WOMEN'S 100 METRES: 2nd Round

(1st 4 to semi-finals)

Shirley Thomas, who does not appear to have fully recovered from early season injury, again strode through — only this time it represented her

Injury slows Shirley Thomas

maximum effort and she was eliminated. Heather Oakes made it comfortably in a heat run into a 2.3m/s wind. Headwinds held down the times, with Evelyn Ashford and Merlene Ottey fastest at 11.21.

Heat 1: (—1.4m) 1, Ashford 11.21; 2, Bailey 11.47; 3, Gaugel 11.50; 4, Gaschet 11.51; 5, Vader 11.56; 6, Williams 11.89; 7, Wiredu 12.00; 8, Jambane 12.57.

Heat 2: (—0.3m) 1, Ottey-Page 11.21; 2, Bacoul 11.37; 3, Taylor 11.42; 4, Ngambi 11.82; 5, Forde 11.86; 6, De Vega 11.97; **7, Thomas 12.13;** 8, Mpika 12.60.

Heat 3: (—2.3m) 1, Brown 11.35; 2, Marjamaa 11.51; **3, Oakes 11.54;** 4, Cuthbert 11.71; 5, Clarke 11.85; 6, Gareau 11.88; 7, Schumann-Lottman 12.23; Candelario scr.

Heat 4: (—0.5m) 1, Jackson 11.38; 2, Bolden 11.42; 3, Loval 11.56; 4, Davis 11.61; 5, Rione 11.76; 6, Garcia 11.82; 7, Enang Mesode 12.02; 8, Kyomo 12.53.

WOMEN'S 400 METRES: 1st Round

(1st 4 to semis)

With huge crowds cheering their every move, many American athletes were tempted to put on a good show for the fans in preliminary rounds, running faster than strictly necessary. That was the case here, as Chandra Cheeseborough (fastest at 50.94), Valerie Brisco-Hooks (51.42) and Lillie Leatherwood (52.05) all won by big margins. Kathy Cook, embarking on her first championship 400, was content to finish second to Gaby Bussman in 52.64, and there were no problems either for Helen Barnett or Michelle Scutt.

Heat 1: 1, C. Cheeseborough (USA) 50.94; 2, C. Crooks (CAN) 52.04; 3, I. Oliver (JAM) 52.19; 4, J. Griffith (GUY) 52.27; 5, H. Schulte-Mattler (FRG) 52.77; 6, E. Rossi (ITA) 53.04; 7, J. Joseph (ANT) 53.63; 8, Z. Meigham-Juarez (GUA) 55.64.

Heat 2: 1, G. Bussman (FRG) 52.42; **2, K. Cook (GBR) 52.64;** 3, M. Killingbeck (CAN) 52.77; 4, C. Rattray (JAM) 52.78; 5, G. Emmanuel (TRI) 54.07; 6, E. Buala (NGU) 56.82; 7, M. Addy (GHA) 58.91.

Heat 3: 1, L. Leatherwood (USA) 52.05; 2, M. Payne (CAN) 52.89; **3, H. Barnett (GBR) 52.94;** 4, M-L. Mathieu (PUR) 53.27; 5, E. Tahapari (INA) 55.82; 6, R. Srithoa (THA) 58.11.

Heat 4: 1, V. Brisco-Hooks (USA) 51.42; 2, R. Waithera (KEN) 52.53; 3, U. Thimm (FRG) 52.53; **4, M. Scutt (GBR) 52.89;** 5, C. Green (JAM) 53.61; 6, C. Blackman (BAR) 54.26; 7, Z. Mina (LIB) 59.56.

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WOMEN'S 800 METRES: Semi-Final

(1st 4 to final)

Lorraine Baker, a tough little fighter on the track, excelled herself to reach the final. Sticking close to Gabriella Dorio (58.21), Lorraine passed the 400 mark second in a swift 58.37. Third to Dorio and Fita Lovin entering the final straight, Lorraine was overtaken in the closing stages by Margrit Klinger, but resolutely held off Robin Campbell (5th in World Championships) to qualify in a personal best time of 2:00.66. British-born Jill McCabe of Sweden placed 6th in this race, won by Lovin in 1:59.29, while Shiny Abraham — who had set an Indian record of 2:04.69 in the heats — confirmed her promise with a 2:05.42 timing off a 59.43 first lap. Ireland's Caroline O'Shea, who has run 2:00.70 this year, made the final in 4th place in the other semi won by Kim Gallagher in 2:00.48. While Doina Melinte cruised in, Gallagher zipped through the last 200 in 28.44. Leader at the bell was Ruth Wysocki in 61.17.

Heat 1: 1, Gallagher 2:00.48; 2, Melinte 2:01.42; 3, Wysocki 2:02.31; 4, O'Shea 2:02.70; 5, Van Hulst 2:03.25; 6, Lind 2:03.27; 7, Slythe 2:04.95; 8, Clark 2:05.42.

Heat 2: 1, Lovin 1:59.29; 2, Dorio 1:59.53; 3, Klinger 2:00.00; **4, Baker 2:00.66**; 5, Campbell 2:01.21; 6, McCabe 2:02.20; 7, Verbeek 2:03.23; 8, Abraham 2:05.42.

Long jump thwarts Jackie Joyner — Glynis Nunn improves Commonwealth record to 6390

WOMEN'S HEPTATHLON: Day 2

Although with her final jump she set a personal best of 6.33m into a 1.1m/s wind, Judy Simpson slipped from first to third overall. Her five event score of 4737 (2 points less than when she established her Commonwealth record of 6353) was topped by Sabine Everts, whose 6.71 jump brought her score to 4779, and Glynis Nunn, whose lifetime best of 6.66 took her running total to 4778. It was anticipated that Jackie Joyner, a world class long jumper at 6.81, would leap into the lead at this stage, but she suffered a traumatic experience in her speciality event. Twice she fouled jumps of close to 7 metres, and the tension was unbearable as she ran up for her third and final attempt. Another foul would wipe out years of intense preparation for these Games . . . and so she went for a safety jump. It was safe all right — but too much so as she took off a good couple of feet (60cm-plus) short. She had registered a valid jump and was still in the competition, but at 6.11 (930 pts) she was way down on the sort of score (1076 for 6.80m) she had expected. Jackie was 4th overall at 4669, followed by Kim Hagger (4626), whose leap of 6.37 was just a centimetre below her best ever.

Simpson's javelin disappoints

Jackie Joyner, a good javelin thrower by heptathlon standards, swung back into gold medal contention as, improving with each throw, she finished with 44.52m to outclass her immediate rivals. Glynis Nunn reached only 35.58, Judy Simpson 33.64 (far below her best of 39.18) and Sabine Everts 32.62, and so the position with one event to go was: 1, Joyner 5504; 2, Nunn 5473; 3, Everts 5424; 4, Simpson 5399. Next came Cindy Greiner (5381) and Sabine Braun (5346), whose 40m-plus throwing enabled them to overtake Kim Hagger (5318).

Out came the scoring tables to work out the possibilities in the 800. If they duplicated the times they had recorded in their best heptathlon score, Everts (2:07.73) would score 959, Nunn (2:12.17) 894, Simpson (2:12.50) 890 and Joyner (2:13.41) 876. That would bring the final scores to Everts 6383, Joyner 6380, Nunn 6367, Simpson 6289.

The reality was somewhat different. Sabine Everts did come in first in the 800 as expected, clocking 63.27 at 400 for a time of 2:09.05, but her margin of victory was not wide enough for ultimate success. Glynis Nunn, aware that she had not only to stay close to the German but also shake off Jackie Joyner by more than 2 seconds, ran heroically to hold second place throughout for a personal best of 2:10.57. Judy Simpson (64.9 at the bell) battled gamely all the way for 2:13.01 and Jackie Joyner, struggling in the final 100, came home in 2:13.03. The outcome was that Glynis had won by just 5 points from Jackie, with Sabine third and Cindy Greiner (2:11.75 800) edging Judy out of fourth place by a single point. Kim Hagger, splendid throughout, finished with a flourish in 8th position, knocking nearly 6 seconds off her best 800 time with 2:18.44 for a pb score of 6127.

Glynis Nunn, whose score of 6390 broke Judy's Commonwealth record as well as her own national record of 6282, thus became the inaugural Olympic heptathlon champion — bringing Australia her first gold medal since Ralph Doubell and Maureen Caird produced the goods in 1968. At first Glynis thought she had lost by three points to Jackie — until American record holder Jane Frederick (who did not make the US

team) came up and told her she had in fact won by five points. "In the final race", related the 23-year-old PE teacher, "I knew I had to stay with Sabine because she's a good 800 runner and I had to beat Jackie by 2½, 3 seconds. At no stage did I think it a possibility or a certainty. I'm crying with joy. I have no plans for a celebration because this wasn't planned". Her target score had been 6422, which she thought might suffice to take the bronze. Now, having achieved the ultimate goal of every athlete, she is planning to switch to the 400m hurdles, for which she clocked 57.23 last year.

"Three weeks later she would have set a world record" — silver medallist's coach

Poor Jackie Joyner, aware that an extra 3cm in the long jump or a fraction of a second faster in the 800 would have won her the gold medal, put a brave face on it. "For me it's a great feeling even though I got the silver medal, because I know what I can do. At the beginning of the 800 I was just trying to go out with Nunn and Everts. I felt pretty comfortable, but on the second lap I was just trying to hang in there and evidently it wasn't enough". Her coach, Bobby Kersee, paid this tribute: "This is her greatest heptathlon ever. During the last three weeks she hasn't been able to work out in the high jump, long jump, hurdles and 800m. She didn't get back on the track until last week. If this meet were three weeks later she would have set a world record".

Long Jump

Group 1: 1, A. Tannander 6.27; 2, Wijnsma 6.06; 3, Smellie 6.04; 4, Ross-Giffen 6.00w; 5, Picaut 5.92; 6, Polman-Tuin 5.89; 7, Geremias 5.65; 8, Tsai Li-Jiau 5.57; 9, K. Tannander 5.57; 10, Marxer 5.08; 11, Launa 5.04w.

Group 2: 1, Everts 6.71 (6.58, 6.71, f); 2, Nunn 6.66 (6.52, 6.66, 6.58); **3, Hagger 6.37 (6.25, 6.37, f);** 4, Hidding 6.35 (6.12, 6.17, 6.35); **5, Simpson 6.33 (6.14, 6.07, 6.33);** 6, Greiner 6.15 (6.15, 6.14, 6.03); 7, Dressel 6.15; 8, Joyner 6.11 (f, f, 6.11); 9, Braun 6.10 (6.05, 6.10, 6.07); 10, Schneider 5.72.

Javelin

Group 1: 1, Launa 46.50 (44.16, 46.50, 45.36); 2, K. Tannander 42.34; 3, A. Tannander 41.46; 4, Ross-Giffen 39.38; 5, Polman-Tuin 36.36; 6, Picaut 34.86; 7, Wijnsma 34.12; 8, Smellie 34.08; 9, Marxer 33.84, 10, Tsai Li-Jiau 32.84; Geremias scr.

Group 2: 1, Schneider 46.60 (45.24, 46.60, 45.44); 2, Joyner 44.52 (39.78, 40.70, 44.52); 3, Braun 44.14 (44.14, 42.96, 40.04); 4, Dressel 42.62; 5, Greiner 40.86 (39.36, 36.78, 40.86); 6, Nunn 35.58 (35.46, 35.58, 35.36); **7, Hagger 35.42 (33.86, 34.70, 35.42);** 8, Hidding 33.94 (31.82, 33.94, f); **9, Simpson 33.64 (30.62, 31.78, 33.64);** 10, Everts 32.62 (f, 30.96, 32.62).

800m

Heat 1: 1, Ross-Giffen 2:11.97; 2, Polman-Tuin 2:22.34; 3, Tsai Li-Jiau 2:25.03; 4, Smellie 2:25.10; 5, Lauria 2:28.85; 6, Marxer 2:33.17.

Heat 2: 1, Hidding 2:12.84; 2, Wijnsma 2:12.91; 3, K. Tannander 2:13.93; 4, Schneider 2:15.89; 5, Dressel 2:16.68; 6, Picaut 2:19.17; 7, A. Tannander 2:22.00.

Heat 3: 1, Everts 2:09.05; 2, Nunn 2:10.57; 3, Greiner 2:11.75; 4, Braun 2:12.48; **5, Simpson 2:13.01;** 6, Joyner 2:13.03; **7, Hagger 2:18.44.**

Final positions

1, GLYNIS NUNN (AUS).....6390
(Commonwealth & inaugural Oly. rec)
(13.02, 1.80, 12.82, 24.06; 6.66, 35.58, 2:10.57)
2, JACKIE JOYNER (USA).....6385
(13.63, 1.80, 14.39, 24.05; 6.11, 44.52, 2:13.03)
3, SABINE EVERTS (FRG).....6363
(13.54, 1.89, 12.49, 24.05; 6.71, 32.62, 2:09.05)
4, CINDY GREINER (USA).....6281
(13.71, 1.83, 13.36, 24.40; 6.15, 40.86, 2:11.75)
5, JUDY SIMPSON (GBR).....6280
(13.07, 1.86, 13.86, 24.95; 6.33, 33.64, 2:13.01)
6, SABINE BRAUN (FRG).....6236
(13.61, 1.80, 12.09, 24.22; 6.10, 44.14, 2:12.48)
7, TINEKE HIDDING (HOL).....6147
(13.70, 1.74, 13.48, 24.12; 6.35, 33.94, 2:12.84)
8, KIM HAGGER (GBR).....6127
(13.39, 1.86, 12.29, 24.72; 6.37, 35.42, 2:18.44)
9, B. Dressel (FRG) 6082 (14.05, 1.86, 12.72, 25.59; 6.15, 42.62, 2:16.68); 10, C. Schneider (SUI) 6042 (14.12, 1.86, 12.26, 25.33; 5.72, 46.60, 2:15.89); 11, M. Wijnsma (HOL) 6015 (13.93, 1.83, 12.57, 24.91; 6.06, 34.12, 2:12.91); 12, K. Tannander (SWE) 5985 (14.01, 1.80, 12.74, 25.03; 5.57, 42.34, 2:13.93); 13, F. Picaut (FRA) 5914 (13.83, 1.80, 13.08, 25.09; 5.92, 34.86, 2:19.17); 14, A. Tannander (SWE) 5908 (14.06, 1.83, 12.37, 26.40; 6.27, 41.46, 2:22.00); 15, J. Ross-Giffen (CAN) 5904 (13.72, 1.68, 11.71, 25.22; 6.00w, 39.38, 2:11.97); 16, C. Polman-Tuin (CAN) 5648 (14.18, 1.56, 13.16, 24.68; 5.89, 36.36, 2:22.34); 17, D. Smellie (CAN) 5638 (14.09, 1.68, 12.25, 25.29; 6.04, 34.08, 2:25.10); 18, Tsai Li-Jiau (TPE) 5447 (14.78, 1.74, 11.73, 25.41; 5.57, 32.84, 2:25.03); 19, I. Launa 5146 (15.43, 1.53, 11.85, 26.26; 5.04w, 46.50, 2:28.85); 20, M. Marxer 4913 (15.18, 1.62, 10.63, 26.80; 5.08, 33.84, 2:33.17); C. Geremias (BRA; 13.98, 1.74, 13.15, 25.00; 5.65), C. Beaugeant (FRA; 13.81, 1.68, 11.36, 25.84) & J. Anderson (USA; 14.40, 1.65, 11.02) dnf.

Sunday, August 5th (Day 3)

Joan Benoit Runs Away With Marathon
UK Best For Priscilla Welch
Dave Ottley Takes Silver
Ed Moses Reclaims Title

400 METRES: 2nd Round

(1st 4 to semis)

Kriss Akabusi made it two personal bests in as many Olympic races when he clocked the superb time of 45.43 in the first quarter-final to rank second on the UK all-time list behind David Jenkins. Not bad for someone who, prior to last summer, had never cracked 48 seconds! Finishing strongly, he passed two men in the straight to take third place and a spot in the semi-finals. Ahead of him there was an exceedingly fast scrap between Antonio McKay (44.72) and Darren Clark (44.77), the 18-year-old Australian thus breaking Rick Mitchell's national record set when taking the silver medal in Moscow and closing in on Darrell Robinson's world Junior record of 44.69. "That felt so easy", said McKay. "I believe I could have gone under 44 today".

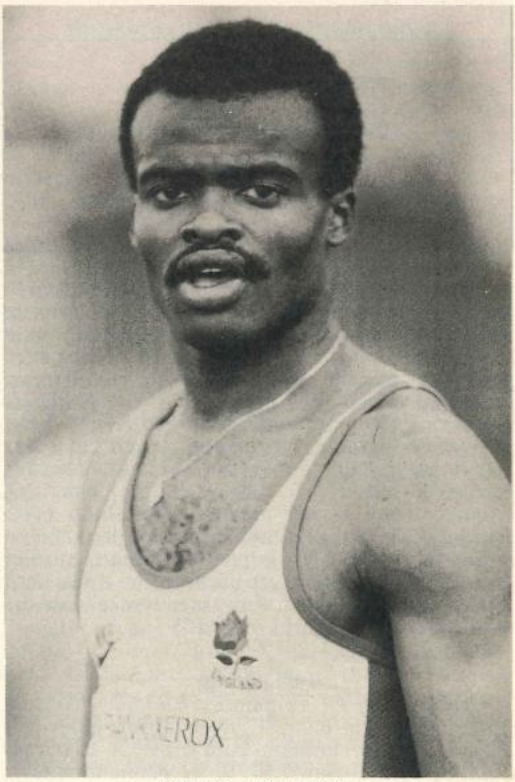
The next two heats brought disappointment from the British point of view. Phil Brown (7th in 46.63) looked lethargic and was never in the hunt, but Todd Bennett could count himself unfortunate. Drawn in the toughest of the heats, he lowered his pb to 45.51 — yet found himself no higher than 5th and out of the competition. Entering the final straight in 5th place he might have hoped that his normally strong finish would enable him to pick off Bruce Frayne, but it was his bad luck that the Australian was putting together the race of his life to stay ahead in 45.35. Overall, Bennett's time was the 11th quickest of the round, but with no fastest loser proviso he was not among the 16 who advanced. Even more of a shock, though, was the demise of European record holder Erwin Skamrahl, who left himself far too much to make up in the straight.

Heat 1: 1, McKay 44.72; 2, Clark 44.77; **3, Akabusi 45.43;** 4, Lishebo 45.57; 5, Anzarah 45.67; 6, Morris 46.14; 7, Ingraham 46.14; 8, Peltier 46.48.

Heat 2: 1, Egbunike 45.26; 2, Nix 45.31; 3, Forde 45.60; 4, Canti 45.64; 5, Heras 45.88; 6, Arnold 46.10; **7, Brown 46.63;** 8, Skerritt 46.93.

Heat 3: 1, Babers 44.75; 2, Uti 45.01; 3, Cameron 45.16; 4, Frayne 45.35; **5, Bennett 45.51;** 6, Sanchez 45.79; 7, Sigurdsson 46.07; 8, Hinds 46.19.

Heat 4: 1, Tiacoh 45.15; 2, Kitur 45.78; 3, Paul 45.84; 4, Takano 45.91; 5, Skamrahl 46.39; 6, Senior 46.50; 7, Souza 46.65; 8, Del Prado 46.71.

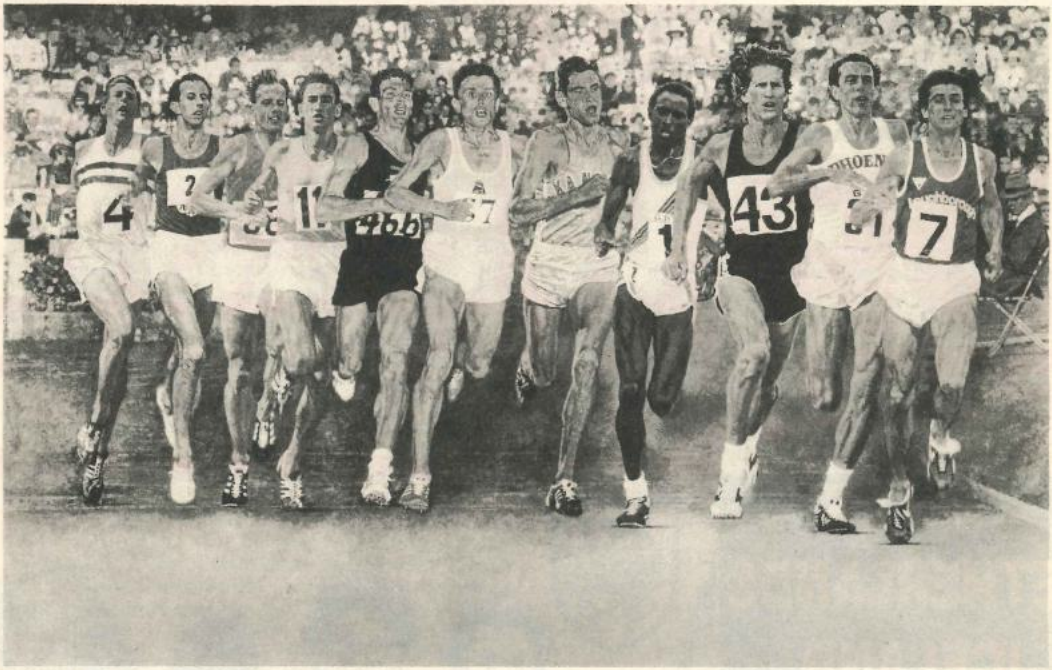


KRISS AKABUSI John Burles

800 METRES: Semi-Final

(1st 4 to final)

Pity Omar Khalifa, the former Loughborough student from Sudan. He lowered his national record to a sparkling 1:44.87, yet didn't make the final. That first semi was a cracker. According to the Swiss Timing splits, Joachim Cruz covered the first 100 in 12.17 — but even that wasn't fast enough for Earl Jones, who proceeded to run the backstraight in 11.52 for an astounding 200 split



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of 23.69! Steve Ovett, in 5th place, went through in around 24.3 and must have wondered if he had strayed into a 400m race by mistake. Jones (36.32 at 300) was in turn succeeded by Edwin Koech, who led past 400 in an exciting 49.56 with Jones on 49.61, Cruz 49.79, Khalifa 49.95 and Ovett 50.50. Not since the 1978 European 800 had Ovett been called upon to run so swift a first lap.

Koech stayed ahead through 500 (1:03.09) and 600 (1:16.88), but at 700 (1:29.98) it was Cruz who led. The strong Brazilian went on to win in the South American record of 1:43.82, with Koech improving to 1:44.12 and Jones taking third spot. The drama centred on the fourth and last qualifying place. That was held by Khalifa for the length of the straight, until the last few metres when Ovett managed to edge past with an almighty lunge which ended with him sprawled on the track. The defending Olympic champion was not ceding his title without a struggle, and his time of 1:44.81 was his fastest for six years. Peter Elliott, sadly, was a non-starter in this humdinger of a race.

The second heat featured a masterly display by Seb Coe. Fourth at the bell in 52.51 (Johnny Gray leading in 52.26), Coe moved ahead with 150 to go, built up a substantial lead and then throttled back to conserve energy while retaining the advantage in 1:45.51 ahead of Billy Konchellah, Gray and Donato Sabia, the latter outrunning European champion Hans-Peter Ferner for the last qualifying place.

Heat 1: 1, Cruz 1:43.82; 2, Koech 1:44.12; 3, Jones 1:44.51; **4, Ovett 1:44.81;** 5, Khalifa 1:44.87; 6, Fall li 1:45.03; 7, Wuycke 1:47.32; **Elliott scr.**

Heat 2: 1, Coe 1:45.51; 2, Konchellah 1:45.67; 3, Gray 1:45.82; 4, Sabia 1:45.96; 5, Ferner 1:46.16; 6, Guimaraes 1:46.60; 7, Ndiwa 1:48.06; 8, Barbosa 1:48.70.

110m HURDLES: 1st Round

(1st 4 to semis)

What wretched luck for Mark Holtom. Having overcome injury problems to make the team at the last moment, and with every chance of becoming the first British finalist in this event since Don Finlay in 1936, he felt hamstring twinges while warming up and in the race the leg crumpled as he landed from the 7th hurdle. He was 4th at the time after a poor start and set to qualify for the semis. Up front, Arto Bryggare ran superbly for a Finnish record of 13.35, second only to Guy Drut (13.28) on the European all-time list. That wasn't the fastest time of the round, though, for Greg Foster took his heat in 13.24, equalling Rod Milburn's 1972 Olympic record, with the young Frenchman Stephane Caristan a fine second in 13.45. Wilbert Greaves (14.04) and Nigel Walker (14.07), both running into a slight wind, moved to the semi-final stage.

Although the official result sheets indicate a following wind of 1.7m/s, Foster was convinced he was running into the breeze. "That was one of the worst headwinds I've ever had to face", he declared. "I'm a little surprised that I tied the record; I wouldn't have expected it with that headwind". The other heats were won by Tonie Campbell and Roger Kingdom, both in 13.53. Kingdom remarked: "I felt kind of sluggish. I'm just off a muscle spasm and I'm happy to make the semi-final".

Heat 1: (+2.0m) 1, A. Bryggare (FIN) 13.35; 2, M. McKoy (CAN) 13.58; 3, D. Fontecchio (ITA) 13.75; 4,.Yu Zhicheng (CHN) 14.20; 5, M-R. Benhaddad (ALG) 14.44; 6, N. Chaparro (PAR) 15.51; **M. Holtom (GBR) disq.**

Heat 2: (—0.5m) 1, A. Campbell (USA) 13.53; 2, C. Sala (ESP) 14.02; **3, W. Greaves (GBR) 14.04;** 4, J. Glass (CAN) 14.07; 5, F. Chevalier (FRA) 14.32; 6, H. Mekin (EGY) 14.67.

Heat 3: (—0.5m) 1, R. Kingdom (USA) 13.53; 2, J. Moracho (ESP) 14.05; **3, N. Walker (GBR) 14.07;** 4, Li Jieqiang (CHN) 14.29; 5, N. Mubarak (KUW) 14.56; 6, E. Spence (CAN) 14.93.

Heat 4: (+1.7m) 1, G. Foster (USA) 13.24 **(eq. Oly. rec);** 2, S. Caristan (FRA) 13.45; 3, Wu Chin-Jing (TPE) 13.91; 4, D. Wright (AUS) 14.00; 5, M. Castillo (Dom) 14.05; 6, H. Ali (UAE) 15.75; W. Fong (SAM) dnf.

105 not out! Ed Moses stakes his claim as the greatest athlete ever

400m HURDLES: Final

Ed Moses might just be the greatest athlete in history. There are many claimants to that distinction, and there are no definitive means of weighing up the relative merits of athletes from different eras and in other events, but the career record of Moses must surely stand comparison with anybody's. Other athletes, like Jesse Owens, Paavo Nurmi and Emil Zatopek, have performed wondrous deeds in a number of events, whereas Moses has concentrated on just one . . . Al Oerter and Viktor Sanyeyev have won more Olympic titles . . . Seb Coe and Ron Clarke among others have more world record plaques . . . Iolanda Balas and Parry O'Brien have won even more consecutive competitions. But has anyone been quite as dominant for such a period?

Since 1976, when he won his first Olympic title, he has lost just one race — to Harald Schmid in Berlin on August 26th, 1977. Since that defeat he has run up a string of 105 consecutive victories, or

90 if one discounts heats and semi-finals. During that time he has won the World Cup events of 1977, 1979 and 1981, the inaugural world title in 1983 and now a second Olympic gold medal. Only the US boycott of Moscow in 1980 has prevented him making Olympic history by becoming the first runner to win three successive titles in the same individual event. He has lowered the world record four times: to 47.63 in 1976, 47.45 in 1977, 47.13 in 1980 and 47.02 in 1983. He has broken 48 seconds a total of 28 times; the rest of the world's hurdlers combined have done so on just 5 occasions — three by Schmid and one apiece by Andre Phillips and John Akii-Bua. What the bold statistics don't convey is the power, grace and dignity of the man. Watching Ed Moses run the 400 hurdles is to see an artist at work — an aesthetic just as much as an athletic experience.

In winning his second Olympic crown Moses produced another typically assured performance. He pulled away from Schmid towards the end of the backstraight (21.1 touch-down time at the 5th hurdle) and from then on he was on his own, although Schmid and Danny Harris, locked in battle for the silver, were closing at the end. Moses, in lane 6, won by a 3½m margin in 47.75 (merely the 19th best time of his career!). "It wasn't my most demanding race", he said, "but with the other guys inside I knew I had to get out and establish myself. My father passed away at the end of last year . . . this victory was for him".

Schmid and Harris took the last hurdle together, the young American moving clear on the run-in to take the silver, 48.13 to 48.19. Schmid filed a protest that he was hindered by Harris: "He hit me and I could have lost balance for a few moments. I wanted to make sure that this was not done on purpose, and that is why it was denied. It was made by normal movement crossing the hurdle". Harris explained: "The controversy was that Harald Schmid said we bumped arms off the last hurdle. That happens quite often. I wasn't worried because I knew I hadn't fouled him. I knew they wouldn't take away my second place status". They — the Jury of Appeal — didn't.

Harris's performance brought this tribute from Moses. "He is phenomenal. It is really something for a young 18-year-old to come on so strong in just a year and win a silver medal". Danny Harris, who has lowerd the world Junior record five times this year, currently to 48.02, did not run his first 400 hurdles race until March 17th, 1984! Will he be the man to end King Edwin's reign one day?

1, EDWIN MOSES (USA).....47.75
2, DANNY HARRIS (USA).....48.13
3, HARALD SCHMID (FRG).....48.19
4, SVEN NYLANDER (SWE).....48.97
5, AMADOU DIA BA (SEN).....49.28
6, TRANEL HAWKINS (USA).....49.42
7, MICHEL ZIMMERMAN (BEL).....50.69
8, HENRY AMIKE (NGR).....53.78

LONG JUMP: Qualifying

(7.90m or top 12 to final)

Carl Lewis prepared the ground for gold medal number two as he qualified with a casual wind-assisted leap of 8.30m. Only three others topped 8 metres: Antonio Corgos, Larry Myricks and Junichi Usui, all at 8.02. There were no British competitors.

Group 1: Qualifiers: 1, C. Lewis (USA) **8.30w**; 2, A. Corgos (ESP) **8.02**; 3, G. Honey (AUS) **7.93**; 4, J. Wells (BAH) f, **7.92**; 5, M. McRae (USA) 7.70, 7.50, **7.89**; 6, Kim Jong-Il (KOR) f, 7.67, **7.86**; 7, Liu Yuhuang (CHN) **7.83**, f, 7.73. **Non-qualifiers:** N. Stekic (YUG) **7.60**, 7.41, 7.45; M. Kiyai (KEN) f, **7.51**, f; Wang Shijie (CHN) f, 7.22, **7.36**; Lee Fu-An (TPE) **7.23**, 6.96, 6.82; K. Hardarson (ISL) f, **7.09**, 6.93; F. Solorzano (ECU) **6.93**, 6.84, 6.90; A. Tarore (MLI) **6.92**, 6.36, 6.60; B. Bodjona (TOG) **6.82**, 6.70, 6.75; G. Issakhouri (LIB) 6.25, f, **6.80**.

Group 2: Qualifiers: 1, L. Myricks (USA) 7.80, **8.02**; 2, J. Usui (JPN) 7.62, **8.02**; 3, G. Evangelisti (ITA) **7.94**; 4, Y. Alli (NGR) 7.65, 7.43, **7.82**; 5, J. Kio (NGR) f, **7.76**, f. **Non-qualifiers:** R. Gloor (SUI) 7.57, **7.71**, 7.58w; L. Benjamin (ANT) f, 7.44, **7.57**; D. Kemobe (CHA) 7.01, 7.11, **7.37**; L. Sands (BAH) **7.32**, 5.95, 7.22; S. Hanna (BAH) 6.97, 2.36, **7.10**; S. Mubarak (UAE) **6.98**, f, p; O. Diesel (PAR) 6.45, **6.78w**, 6.73; E. Tche Noubossie (CMR) **6.76**, 6.57w, 6.52; D. Araouzos (CYP) f, f, **5.67w**; S. Walsh (NZL) three fouls.

HAMMER: Qualifying

(72m or top 12 to final)

Britain's trio of Matt Mileham, Martin Girvan and Bob Weir (making it through only at his final attempt) proceeded to the final, but two Olympic veterans fell by the wayside. Shigenobu Murofushi, 8th in Munich, and 44-year-old Ed Burke (7th back in 1964 in Tokyo) failed to make the top dozen.

Group 1: Qualifiers: 1, K. Ploghaus (FRG) **74.68**; 2, C. Sahner (FRG) **73.88**; 3, J. Tiainen (FIN) 70.86, **72.68**; 4, G. Urlando (ITA) **72.42**; **5, M. Mileham (GBR) 71.80, f, f**; 6, B. Green (USA) **71.38**, 70.96, 70.80. **Non-qualifiers:** J. Lindner (AUT) 70.44, **71.28**, f; J. Logan (USA) 71.14, f, **71.18**; D. Hegarty (IRL) f, **70.56**, f; R. Jimeno (ESP) **66.38**, 65.92, 65.86; C. McCullough (IRL) 62.12, **65.56**, 65.12.

Group 2: Qualifiers: 1, K-H. Riehm (FRG) **75.50**; 2, O. Bianchini (ITA) **74.02**; 3, H. Huhtala (FIN) **73.78**; 4, W. Ciofani (FRA) 68.80, **73.10**; **5, R. Weir (GBR) 71.34, 71.30, 73.04**; **6, M. Girvan (GBR) 72.66. Non-qualifiers:** S. Murofushi (JPN) **70.92**, 70.24, 70.74; L. Serrani (ITA) 69.72, **70.64**, 69.64; H. Toumi (ALG) **67.68**, f, 65.84; E. Burke (USA) f, **67.52**, f; T. Johnsen (NOR)

65.16, 63.24, **65.72**; D. Bechard (MRI) three fouls.

Birthday silver for Dave Ottley, but Finland in command through Harkonen's 86.76m

JAVELIN: Final

It was a little reminiscent of the World Championships in Helsinki when Fatima Whitbread unleashed a great first throw only to have the gold medal snatched away by Tiina Lillak's last gasp attempt. This time it was Fatima's former clubmate Dave Ottley who experienced the ecstasy and the agony.

With his very first throw, Ottley treated himself to a 29th birthday present . . . it flew out to 85.74m, the second longest distance of his career, and set the standard for the rest of the field. The next best throws in the first two rounds came from Wolfram Gambke wih 82.00 and 82.46, although Laslo Babits was unlucky to foul a toss of around 84m. The nearest approach to Ottley's opening salvo in the third round was 84.34 by Arto Harkonen. Was it possible that Ottley, ranked only 11th among those entered for these Games and not even Britain's number one on paper, could pull off the most sensational victory in Olympic javelin history?

But no, it wasn't to be. The unpredictable Harkonen (whose father, Kalevi, also coaches Tiina Lillak) produced what turned out to be the winner — 86.76 — in the fourth round. Ottley, throwing after the Finn, responded with a foul of just short of 80m, but finished strongly with 83.92 and 84.46 to conserve a solid second place. Admittedly it wasn't a momentous competition, but for Ottley to take the silver medal in a field that included six 90m men was a tremendous achievement for a thrower whose lifetime best stands at 85.86. Imagine, in the entire history of Olympic javelin throwing, no Briton had ever previously placed higher than 14th in the men's event . . . and, for good measure, UK record holder, Roald Bradstock, throwing from a very short run-up, filled 7th position.

Twenty years after Pauli Nevala, Finland — the home of javelin throwing — has the Olympic champion. "I had difficulties with my first two throws", said the left-handed Harkonen, who opened with a throw ruled flat followed by a modest 78.74 effort. "But when I did 84m I relaxed". Harkonen, whose only previous medals have been silver in the 1977 European Junior and 1979 World Student Games (he was a bitter disappointment to the Finns last year when he failed to qualify for the World Championships

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Javelin silver medallist — David Ottley

Photo by John Burles

"My heroes were Finnish throwers" – David Ottley

final), has a best of 92.40. As for Ottley, if he had to lose, he minded least losing to a Finn. "I've always admired the Finns", he said. "My heroes were Finnish throwers".

Joy in Finland, surprise and pleasure in Britain . . . consternation in the USA. Former world record holder, Tom Petranoff, who was strongly fancied to win or at least gain a medal, had only one valid throw and that a poor one of 78.40 in 10th place. "I don't have any excuses", he said, adding "I'm in the best shape I've ever been in. I thought I would do well today, but life goes on". Duncan Atwood, the US Trials winner, was hampered by groin muscle trouble and finished one from last.

1, ARTO HARKONEN (FIN).....86.76
(foul, 78.74, 84.34, 86.76, foul, foul)
2, DAVID OTTLEY (GBR).....85.74
(85.74, 81.52, foul, foul, 83.92, 84.46)
3, KENTH ELDEBRINK (SWE).....83.72
(foul, 80.28, foul, foul, 83.72, 83.30)
4, WOLFRAM GAMBKE (FRG).....82.46
(82.00, 82.46, foul, 78.88, foul, 72.08)
5, MASAMI YOSHIDA (JPN).....81.98
(foul, 81.98, foul, 81.98, 77.92, 81.66)
6, EINAR VILHJALMSSON (ISL).....81.58
(80.44, 77.66, 79.22, 81.58, foul, 79.26)
7, ROALD BRADSTOCK (GBR).....81.22
(70.20, 81.22, 78.22, 76.68, foul, 78.82)
8, LASLO BABITS (CAN).....80.68
(foul, foul, 80.68, foul, foul, foul)
9, P-E. Olsen (NOR) 78.98 (73.64, f, 78.98); 10, T. Petranoff (USA) 78.40 (f, f, 78.40); 11, D. Atwood (USA) 78.10 (72.54, 78.10, f); 12, J-P. Lakafia (FRA) 70.86 (f, f, 70.86).

WOMEN'S 100 METRES: Semi-Final

(1st 4 to final)

Evelyn Ashford reduced her season's best to 11.03, leading all the way from Merlene Ottey-Page and fellow Jamaican, Grace Jackson. Merlene is now married to American 2.28m high jumper, Nat Page. The second semi, into a stiffer wind, was considerably slower. Heather Oakes squeezed into the final, as in Moscow.

Heat 1: (—0.3m) 1, Ashford 11.03; 2, Ottey-Page 11.17; 3, Jackson 11.27; 4, Taylor 11.36; 5, Marjamaa 11.37; 6, Loval 11.64; 7, Gaschet 11.68; 8, Ngambi 11.91.

Heat 2: (—1.8m) 1, Brown 11.31; 2, Bolden 11.48; 3, Bailey 11.54; **4, Oakes 11.57**; 5, Bacoul 11.58; 6, Gaugel 11.62; 7, Davis 11.70; 8, Cuthbert 11.80.

Olympic record falls to Evelyn Ashford . . . now for a crack at Marlies Gohr

WOMEN'S 100 METRES: Final

The question was not so much whether Evelyn Ashford would win, as whether her delicate legs would stand the strain. They did, carrying the world record holder to a clearcut victory in the Olympic record time of 10.97 — superb running into a 1.2m/s wind. Her team-mates, Jeanette Bolden and Alice Brown, were out quickest, but Ashford wasn't far behind and she took over at halfway. Brown finished 1½m down in 11.13 and, as Bolden faded, so Merlene Ottey-Page moved through for the bronze and only narrowly failed to catch Brown. Heather Oakes went one place better than in Moscow by taking 7th, ahead of Commonwealth champion, Angella Taylor, whose right leg was extensively strapped.

What did the new champion (who was 5th in the Montreal final) think of her race? "I wanted to come out of the blocks hard and I get the impression that I did. I didn't feel that in control.

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EVELYN ASHFORD Mark Shearman

I felt like I ran a good strong race but nothing exciting. At first it didn't hit me, until the loudspeaker said 'new Olympic record', that I had won, that I had gone faster than anyone in the Olympic Games. On the victory stand I couldn't stop crying. I've always dreamed about being the Olympic champion. When I was growing up Wilma Rudolph was a big role model [influence]. I'm proud to bring the gold medal back to the US". She now looks forward to meeting her old rival, Marlies Gohr, who heads this year's world rankings with 10.86. "I like competition, and the East Germans are good competition. But I don't feel I have anything to prove. I have the world record, and I'm the Olympic champion".

1, EVELYN ASHFORD (USA)...10.97 **(Oly. rec)**
2, ALICE BROWN (USA).....11.13
3, MERLENE OTTEY-PAGE (JAM).....11.16
4, JEANETTE BOLDEN (USA).....11.25
5, GRACE JACKSON (JAM).....11.39
6, ANGELA BAILEY (CAN).....11.40
7, HEATHER OAKES (GBR).....11.43
8, ANGELLA TAYLOR (CAN).....11.62
Headwind: 1.2m/s.

WOMEN'S 400 METRES: Semi-Final

(1st 4 to final)

Kathy Cook's task of reaching the final without too much stress and strain was made easier with the withdrawal of Gaby Bussmann (4th in World Championships), and she looked comfortable in recording 51.49 behind Valerie Brisco-Hooks. The second heat was much faster as Chandra Cheeseborough raced to a 50.32 win. Helen Barnett gave it everything; she ran a very swift first 200, probably close to her personal best for the distance, before fading to last place in 52.26. One day she'll pace it just right and run 51 seconds. Michelle Scutt, running in steady but uninspired fashion, placed 6th.

Heat 1: 1, Brisco-Hooks 51.14; **2, Cook 51.49;** 3, Crooks 51.53; 4, Waithera 52.21; 5, Griffith 52.39; 6, Rattray 53.23; 7, Mathieu 53.69; Bussman scr.

Heat 2: 1, Cheeseborough 50.32; 2, Leatherwood 50.83; 3, Payne 50.94; 4, Thimm 51.03; 5, Killingbeck 51.72; **6, Scutt 52.07;** 7, Oliver 52.14; **8, Barnett 52.26.**

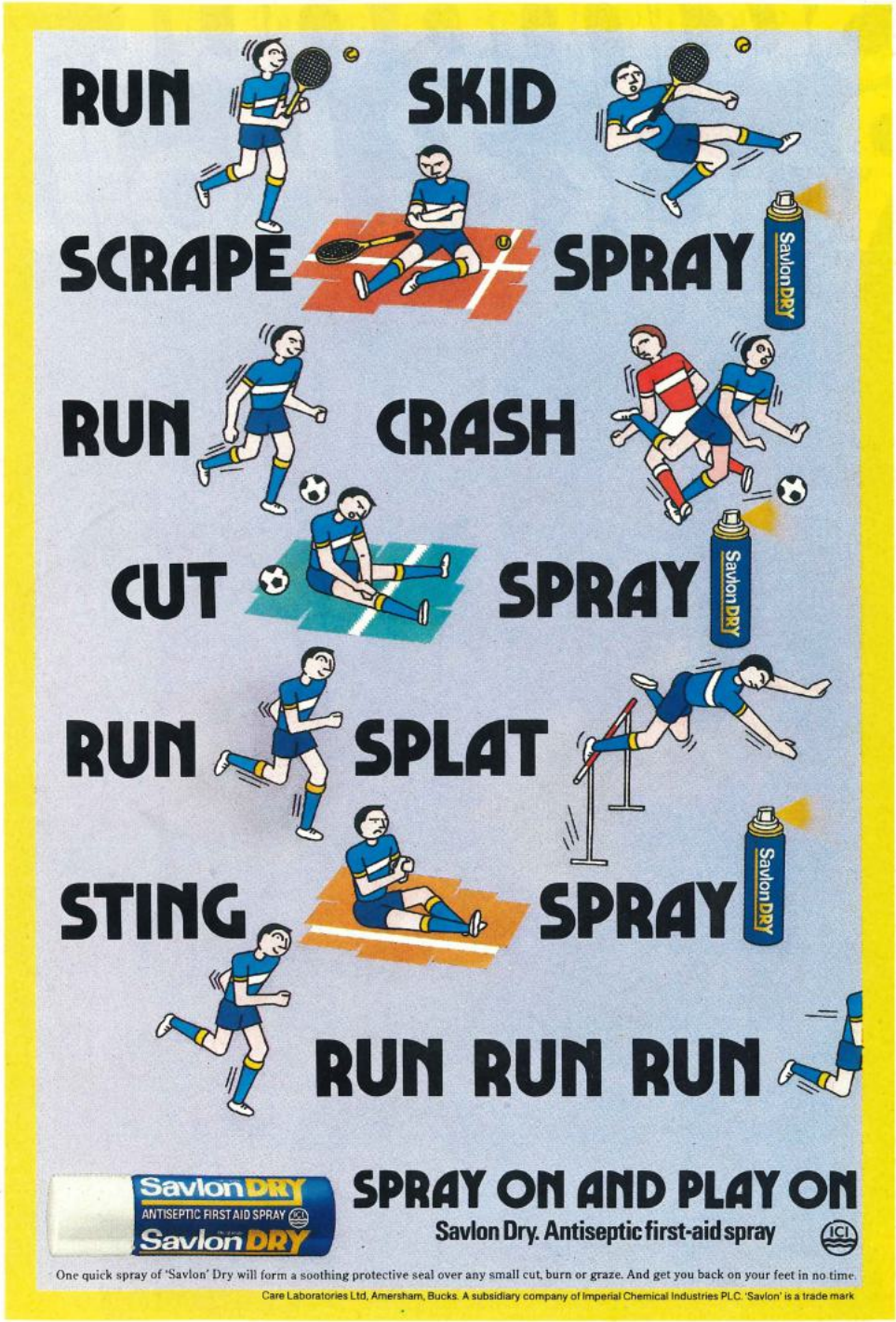
Norwegian challenge fades as Joan Benoit clears out early and runs away to a memorable win

WOMEN'S MARATHON

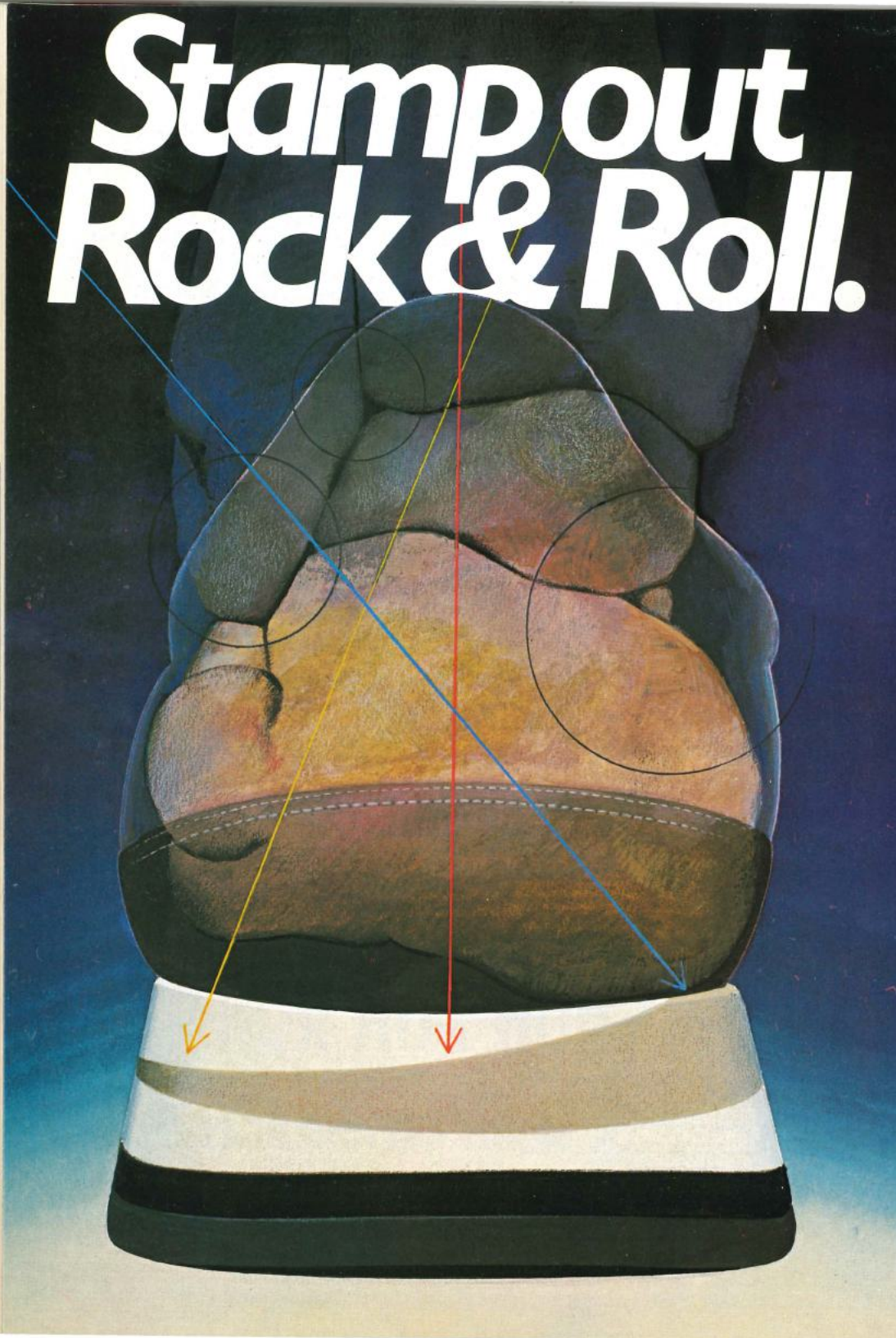
The meek may inherit the earth, but they won't win Olympic marathon titles. While Grete Waitz and Ingrid Kristiansen, fearful of the hot weather conditions, proceeded with the utmost caution, Joan Benoit cut loose, built up a big lead and was never caught. The little American didn't simply win this inaugural Olympic event (indeed it was the first women's race in Olympic history beyond 1500m) . . . she pulverised the greatest field ever assembled and, despite temperatures which rose from 25°C at the 8am start in Santa Monica to 27° at the finish in the Coliseum, she recorded the third fastest time ever — 2:24:52.

"I decided to use the tactic of going out fast about two months ago", said Joan. "I knew I had to run my own race and not worry about the rest of the field. We ran as a pack for a mile, but the pace was slow (6:27), so I picked it up and nobody came".

Settling into 5:40 miling pace after that hesitant start, Joan quickly built up a 40m lead to pass the 5km checkpoint in 18:15. Grete Waitz, Rosa Mota, Ingrid Kristiansen, Lorraine Moller,


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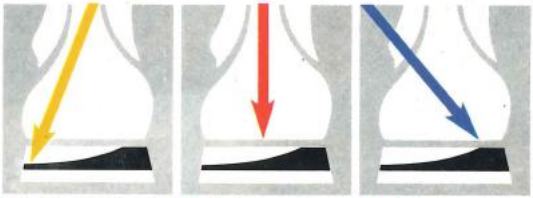
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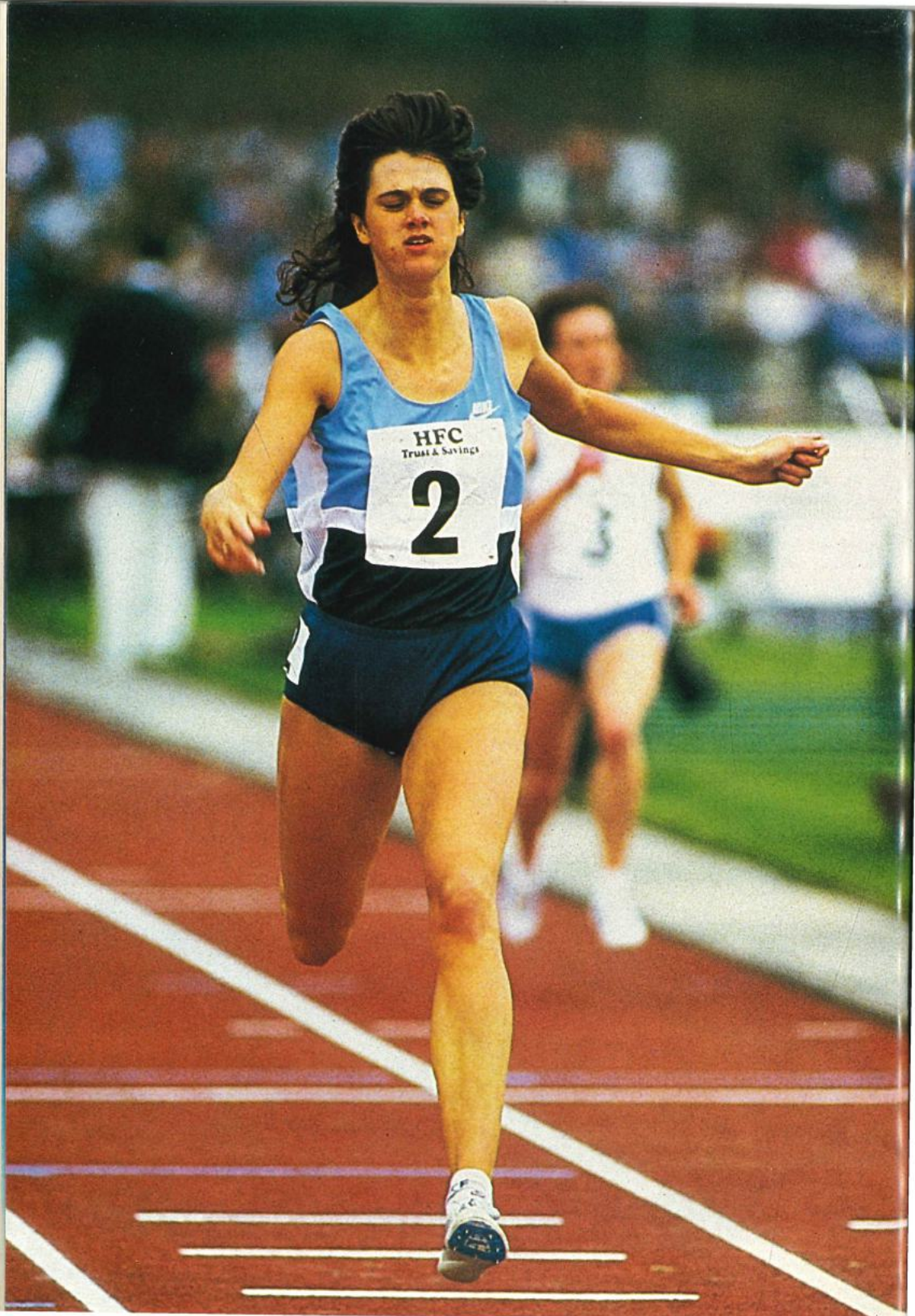

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Photo of Kathy Cook by Tony Duffy

Priscilla Welch, Julie Brown and Anne Audain passed together in 18:21, with Joyce Smith and Sarah Rowell only a few steps behind in 18:23. "I was really surprised how quickly I pulled away", remarked Joan. "I kept waiting for the pack". But the pack were duped into thinking that Benoit would eventually pay for her folly and come back to them, and so they made a collective decision to run at their own pace and let her go. By 10km Benoit (35:24) was well over 100m clear and at 15km (51:46) she was 51 seconds up. That margin continued to widen. After passing the 10 miles mark in 55:26, Benoit reached 20km in 1:08:32 (a tremendous 33:08 for that second 10km stretch) some 400m ahead. Her halfway time was 1:11:54.

Meanwhile, Grete Waitz — heading the pack along with Ingrid Kristiansen and Rosa Mota, with Priscilla Welch (around 1:13:30 at halfway) right up with them and Joyce Smith close behind — was beginning to realize that Benoit had stolen a march on all of them. "The first time I realized that Joan was so far ahead of us was at about 10 miles. At that point we heard the times and realized that she might be too far away from us to challenge for the win. We did pick up the pace some at that time. She did go out fast early and it was a good tactic. I had thought about doing it myself, but I didn't know if I wanted to take such a big chance".

Never looking in the least distressed, the tiny figure of Joan Benoit — dressed all in grey except for her white cap — moved resolutely onwards. By 25km (1:25:24) her lead had grown to almost two minutes. Mota (1:27:14), Waitz, Sylvie Ruegger and Laura Fogli (1:27:15), Kristiansen and Tuija Toivonen (1:27:16), Lisa Martin (1:27:20), Moller (1:27:21), Marie-Louise Hamrin and Audain (1:27:22), and Priscilla Welch (1:27:29) followed, with Joyce Smith (1:27:56) in 14th place along with a fast dropping Julie Brown, and Sarah Rowell a steady 18th in 1:28:29.

Benoit maintained her huge lead through to 30km (1:42:23), by which point Mota, Waitz and Kristiansen (1:44:13) had succeeded in dropping Fogli (1:44:23) and Ruegger (1:44:34), with Moller and Welch next on 1:44:42. Audain had fallen far back and later dropped out.

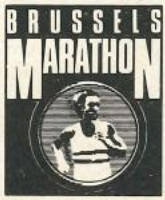
It was just after 30km that Grete Waitz set out in earnest to cut into Joan Benoit's lead. Accompanied for a while by Ingrid Kristiansen, but on her own after 32km, the world champion covered the 5km stretch to 35km in 16:59 (2:01:12) as against Benoit's 17:18 (1:59:41; after a 20M time of 1:49:58). Kristiansen followed in 2:01:32, Mota in 2:01:41. Priscilla Welch, running the race of her life at the age of 39, was now 5th (2:02:41) just ahead of Moller and Fogli (2:02:43).

While Waitz continued to gain slightly (17:29

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for the next 5km as against Benoit's 17:33), the battle for the bronze medal was being played out. Mota moved ahead of a labouring Kristiansen at 38km and by the 40km mark was 7 seconds clear. Some 400m further back a great scrap was going on between Moller and Welch for 5th place.

To a tremendous roar from the 77,000 fans assembled for the morning track & field session, Joan Benoit entered the stadium and doffed her cap in salute. Covering the final 400m in a nippy 80 seconds, she then proceeded to run a lap of honour which appeared to be only marginally slower! "I was very comfortable the whole way", she reflected. "I still can't believe that it all worked so well. I was very well hydrated at the beginning of the race and didn't need to stop at all the rest stations. But I also had to be careful not to overdo it, so I made a point of getting liquids later in the race".

Winning by a margin of a little over 400m, Joan's time of 2:24:52 was the third fastest ever behind her own astonishing 2:22:43 in last year's Boston and Ingrid Kristiansen's 2:24:26 in this year's London, but ranks as the fastest in an all-women's race. It would have won every men's Olympic marathon up to and including 1956, except for Emil Zatopek's 2:23:04 in Helsinki. And yet it was extraordinary that she was running at all, for only 17 days before the Olympic Trial race she underwent arthroscopic surgery on her right knee and it was little short of miraculous that Joan was able to win that race in 2:31:04. "I still don't know how I qualified for the US team. Even four weeks after the Trials I wasn't certain how I would do here. My legs were weary and I was just hoping that they wouldn't wear out".

JOAN BENOIT'S MARATHONS

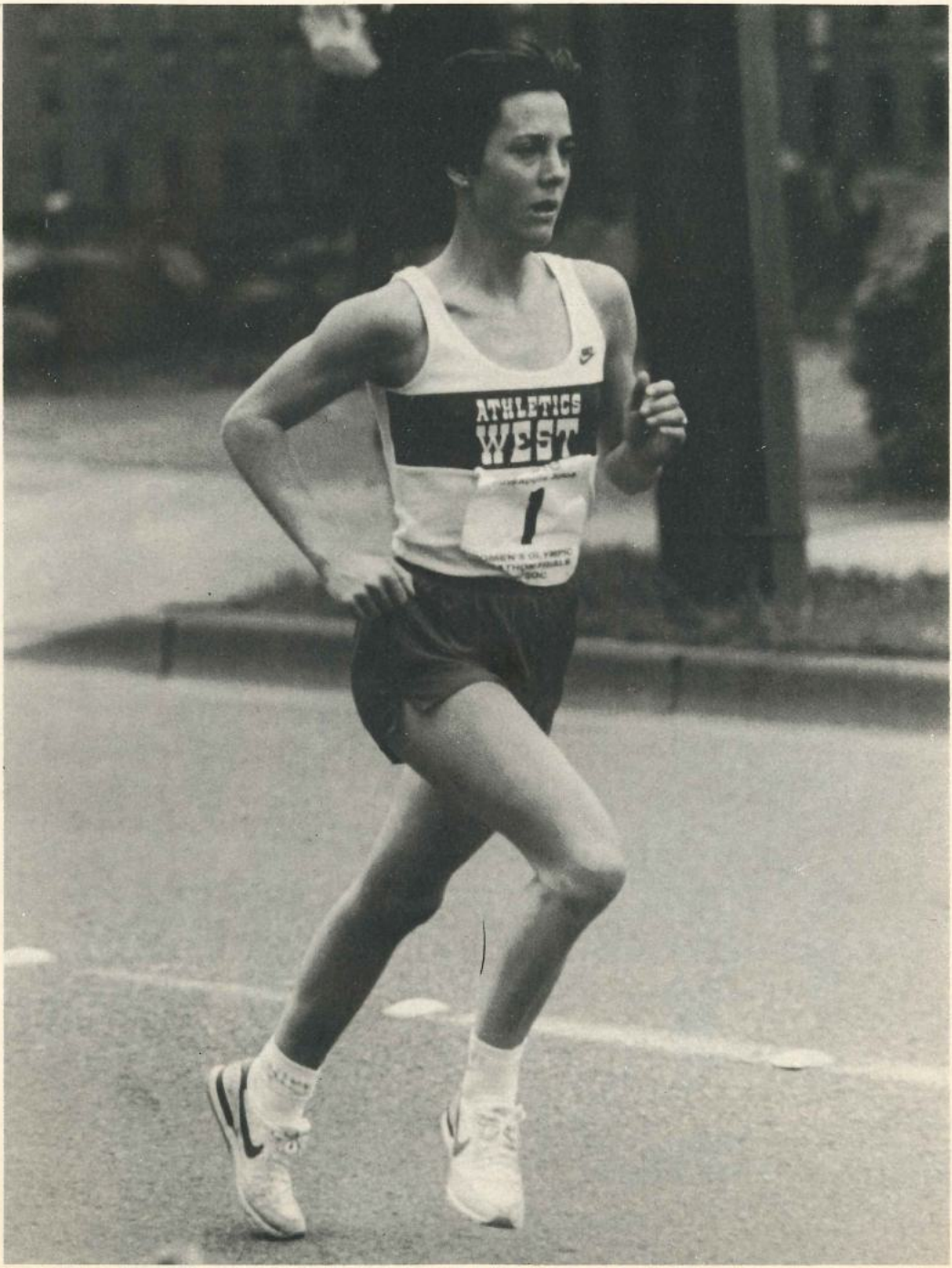
28.1.79	Bermuda	2nd (2:50:54)
16.4.79	Boston	1st (2:35:15)
9.9.79	Eugene	1st (2:35:41)
3.2.80	Auckland	1st (2:31:23)
3.8.80	London (Avon)	4th (2:38:42)
20.4.81	Boston	3rd (2:30:16)
23.8.81	Ottawa	2nd (2:37:24)
11.10.81	Columbus	2nd (2:39:07)
12.9.82	Eugene	1st (2:26:11)
18.4.83	Boston	1st (2:22:43)
12.5.84	Olympia	1st (2:31:04)
5.8.84	Los Angeles	1st (2:24:52)

It wasn't until after the race that Grete Waitz, defeated for the first time in her brilliant marathon career (unless one counts two non-finishes), revealed the handicap under which she was running.

"At about 9 or 10 o'clock yesterday morning my back started hurting me and I couldn't walk straight. It got worse during the day and I did a lot of crying. I didn't think I would be able to run well today, and I got a lot of treatment and I did all the right things, so everything worked out okay. At about the 25km mark I had some pain in the back. When you have lower back problems it

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(minimum age 14 years)
& Club/Assistant/Potential Coaches
- **DATE:**— **Friday 19th October 1984, 6.15 pm to Sunday 21st October 1984, 5 p.m.**
- **VENUE:** —Crystal Palace National Sports Centre, Norwood, London, SE19. (Residential Accommodation in Hostel).
- **COACHING DIRECTOR** —Ron I. Murray, B.A.A.B Event Coach, for development of Junior High Jumpers.
- **COURSE FEE:** —£30.00 (fully paid up members) £40.00 (non-members) (fee includes accommodation, meals, coaching, track & hall facilities).
- **HOW TO APPLY:** —On application form — from Gordon G. Faucon (Course Administrator) 43 Thornhill Park Rd., Thornhill, Southampton, Hants, SO2 6AP, (enclosing S.A.E. please) Tel. No. Southampton 462719.
- **CLOSING DATE:**— Application forms and course fee returned not later than 24th Sept. '84. (female & male coaches in attendance).



Queen of the road — LA champion, Joan Benoit

Photo by Victor G. Sailer



Priscilla Welch and Sarah Rowell

Photo by Peter Tempest

congratulations

CILLA (AND DAVE)



Dave Welch
Priscilla's husband and coach.
Manager of Cobra's Running Centre
— Kingston.

Priscilla Welch
U.K.'s first finisher (6th)
in the inaugural
Olympic Women's Marathon.

Peter Pearce
Director,
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38 LONG ACRE (next to Covent Garden Tube). TEL: 01-836 0805
35 THE QUADRANT, RICHMOND. TEL: 01-940 5349
30 MARKET PLACE, KINGSTON, SURREY. TEL: 01-541 0873

THAMES VALLEY HARRIERS

OPEN GRADED MEETINGS

at West London Stadium

(Under AAA & WAAA Laws)

WED., 5th SEPTEMBER, 1984

6.45 p.m. **400m** (Women & Men) All ages except Junior Ladies and Girls.
7.20 p.m. **B.M.C.** Invitation Race (Women) **1500.**
7.25 p.m. **One Mile** (Women and Men) All ages except JL & Girls.
8.20 p.m. **5000m** Men only. All ages except Youths, Boys & Colts.
7.00 p.m. **Long Jump** (Men) All ages.
7.00 p.m. **High Jump** (Men) All ages.
8.00 p.m. **Triple Jump** (Men) All ages.

Closing date: Tues. 28th August

WED., 3rd OCTOBER, 1984

6.45 p.m. **300m** (Women & Men) All ages except JL & Girls.
7.15 p.m. **1000m** (Women & Men) All ages.
7.25 p.m. **1500m** (Women & Men) All ages.
7.45 p.m. **600m** (Women & Men) All ages.
8.05 p.m. **3000m** (Men only) All ages.

Closing date: Fri. 28th Sept.

Entries to: H. W. Dennis, 19 Star Road, Hillingdon, Middlesex. **DEFINITELY NO LATE ENTRIES**

Entry Fee: Senior Men & Women 50p per event. All other age groups 40p per event. All cheques or P.O.'s payable to 'Thames Valley Harriers'. Please include name, address, club, age and best recent performance.

Kirk Hallam School & Comm. Centre

NINTH ANNUAL

FESTIVAL OF ROAD RACES

(With Derbys A.A.A. & Derbys W.A.A.A.)

SUNDAY, 9th SEPTEMBER 1984

Event

1. **1.00pm** **Girls Road Relay** (3 × 2000m lap).
2. **1.30pm** **Colts Road Relay** (3 × 2000m lap).
3. **2.00pm** **Jun Ladies Road Relay** (3 × 2000m lap).
4. **2.30pm** **Boys Road Relay** (3 × 2000m lap).
5. **3.00pm** **Youths Road Relay** (3 × 3000m lap).
6. **3.30pm** **Intermediate and Senior Ladies Road Race** (approx. 3 miles).
7. **3.35pm** **Senior Mens 10K Road Race.**

Ages as A.A.A.'s & W.A.A.A.'s Cross Country & Road Racing Laws

Entry fees to be returned to M. Lawson, Kirk Hallam School & Comm. Centre Godfrey Drive, Kirk Hallam, Ilkeston, Derbys. Tel. Ilkeston 301522 **by 4th Sept 1984.** Cheques payable to Kirk Hallam Community School JMC.

— Relay Races £1.00 per team. Events 6 & 7 50p per ind. Please send a list of runners for inclusion in the programme and, for further details, send S.A.E. or ring.

Trophies in the relay races for the first 3 teams and in the road races for the first 10 individuals will be presented after the last race has finished. Usually more prizes are awarded, including several for veteran athletes.

CHILTERN JOGGERS & CHILTERN STRIDERS

'AMERSHAM 5'

(Under AAA & WCCA Laws)

7th Annual Men's & 6th Annual Ladies Open Road Races

SUNDAY, 16th SEPTEMBER, 1984 at 11.15 a.m.

From: Hervines Park, Amersham, over a measured 8000m course

PRIZES: Value to £400. Men — First 10 individuals. Winner to hold Insport Shield for 1 year. First Team of 4. (6 to run). 1st Vets O/40, O/45, and O/50, outside the first 3. Ladies — First 3 individuals. First Team of 3 (4 to run). First Vets O/35 and O/40, outside the first 3. First local resident outside first three. Corporate — First Team of 3 (4 to run).

LIMIT: 500 entries.

ENTRY FEE: £1.00 per individual (no team fee). £1.50 for unattached runners.

ENTRIES BY: 8th September to: Jim Havard, Heathlands, 7 Weedon Lane, Amersham, Bucks. Please enclose a 10 × 7" s.a.e.

COURSE RECORDS: Men: 1981, Martin Couldwell 23 mins 44 secs.
Ladies: 1980, Joyce Smith 26 mins 40 secs.

PLUS FUN RUNS open to all ages — entry on the day. 10.30 a.m. — 2 Miles — 25p per person. Spot Prizes donated by Insport of Amersham. Approx. 12 noon — 1 Mile Family Jog — No fee. Certificates to all finishers.

SPONSORED BY THE BUCKS EXAMINER

moves right down into your legs. The last six or seven miles I had a lot of problems. That's why I'm so happy just to have finished second. I don't blame my back for the race I ran today. Joanie ran a great race. It was her day. I don't think I could have beaten her today anyway".

There speaks a great and gracious athlete.

Rosa Mota, who hadn't previously run faster than 2:31:12, pulled well clear of Ingrid Kristiansen to take Portugal's first ever women's medal — in a time of 2:26:57. Before the race she hadn't thought a medal possible — "because Joan Benoit and the others are so good". She was glad she hadn't tried to go with Joan because at that speed she doubted whether she would have been able to finish. Next came Kristiansen, Lorraine Moller (whose pb of 2:28:34 still ranks her 'only' third on the NZ all-time list behind Allison Roe and Mary O'Connor) and the magnificent Priscilla Welch.

What an inspiring performance that was from Priscilla. She has proved that you can be a late,



After finishing 11th, Joyce Smith announced that she would not be running in any more championship marathons. John Marshall

MARATHON RUNNER'S ORDEAL

Amid scenes reminiscent of Jim Peters in Vancouver, Gabriela Andersen-Schiess (a dual citizen of Switzerland and the USA) staggered around the final lap in the stadium suffering from heat exhaustion. As she reached the finish line in 2:48:42, the 39-year-old athlete (whose best time is 2:33:25) was immediately surrounded by officials, placed on a stretcher and given medical care which involved replacing fluids and electrolytes. According to Dr. Bernard Segesser, head of the Swiss Olympic medical team, Gabi suffered heat stroke with her temperature rising to 40°C. He said that she was well managed by first aid in the Colisuem with infusions and cooling aids such as ice and cold packs. Her pulse rate returned to normal after half an hour.

The incident provoked much discussion over whether Gabi should have been stopped short of the finish in view of her condition. Dr. Richard Greenspun, the Organising Committee's Chief Medical Officer for athletics, stated: "Our policy is not to stop runners unless we feel their health is in danger. She was exhausted, but there was no question of her health being in danger at any time".

Next day, Gabi — fully recovered — said she felt fine and would continue her running career.

late starter in athletics and still make it to the very top. It wasn't until 1978, aged 33 and working as a NATO communications clerk in Norway with the WRNS, that she began to run due to the influence of her future husband David, who was stationed there with the Army. Starting off as a recreational jogger, she got hooked by the marathon and ran her first in 1979, placing 9th in Stockholm in 3:26. In the next outing, the 1981 London, she just slipped under 3 hours. Two years later she was among Britain's best, winning at Enschede and placing 3rd in New York in 2:32:31. Earlier this year she finished second to Kristiansen in London, reducing her time to 2:30:06. In Los Angeles she smashed Joyce Smith's UK record and world Veterans best with 2:28:54 in 6th place.

"It wasn't as hot as I feared", said Priscilla, "and I didn't feel any effects of smog. My breathing wasn't impaired and there was no distress at the end. I can run faster, but I know now that I need more speed. The old girl isn't dead yet!"

Priscilla also praised her colleagues, Joyce Smith and Sarah Rowell. "We came out as a team, and we go out as a team. We've done well". Indeed they had. Joyce, returning to the Olympic arena after 12 years at the age of 46, placed 11th

COAL 84 CLAY

10K Road Race & Fun Run

(Under AAA & WCCA Rules)

30th SEPTEMBER, 1984

ROYAL DOULTON A.C.

Starts 11.00 a.m. in Whitfield Road at Chatterley Whitfield Mining Museum

Road Race open to all men and women over 15 years of age on the day of the race.

Entry £2.00 to affiliated club members. £2.50 to unattached persons. (In acc. with A.A.A. Laws).

Sponsors: Royal Doulton Tableware Ltd
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ENTRY FORM

I declare that (1) I am an amateur by I.A.A.F. rules and (2) I will abide by the laws and rules of the I.A.A.F. A.A.A., W.C.C.A. (3) I enter and intend running entirely at my own risk (4) I will be 15 years of age on or before 30th September, 1984 (does not apply to Fun Run).

(Tick as Required)

10K Road Race ☐ 10K Fun Run ☐

Surname

First Name

Male/Female (M of F) Age on Race Day

Date of Birth

Club or Unattached

A.A.A. Registration Number

N.S.R.R. Number

Your Address

Signature Date

The Entry Fee is £2.00 (affiliated) £2.50 (unattached) Payable to Royal Doulton A.C. Please send a S.A.E. 9" × 4" for numbers, and ack. to:— Mrs. D. Thomas, Doulton Fine China, Nile Street, Burslem, Stoke-on-Trent, Staffs. ST6 2AJ. Tel: (0782) 85747.

Outside Area Information (Tick if Required) ☐

Closing Date: 19th August 1984

in 2:32:48, her fastest time for two years. "I'm satisfied", she declared, adding that she would definitely not be running in any more championships although she would continue to run the odd marathon (starting with the Avon event in Paris in September), but on less training. As for losing her record to Priscilla, Joyce commented: "She deserves the record, the way she trains". Sarah Rowell, only 21, performed with great credit also to place 15th in 2:34:08, her second best time, with many bigger names finishing well behind her. Among other good runs were an Australian record of 2:29:03 by Lisa Martin, who took up an athletic scholarship in the USA four years ago as a 400m hurdler, and a 2:29:09 timing by Sylvie Ruegger, who had become the world's fastest debutante with 2:30:37 when winning the Canadian Olympic Trial.

1, JOAN BENOIT (USA).....2:24:52
(inaugural Oly. rec)
2, GRETE WAITZ (NOR).....2:26:18
3, ROSA MOTA (POR).....2:26:57
4, INGRID KRISTIANSEN (NOR).....2:27:34
5, LORRAINE MOLLER (NZL).....2:28:34
6, PRISCILLA WELCH (GBR).....2:28:54
7, LISA MARTIN (AUS).....2:29:03
8, SYLVIE RUEGGER (CAN).....2:29:09
9, L. Fogli (ITA) 2:29:28; 10, T. Toivonen (FIN) 2:32:07; **11, Joyce Smith (GBR) 2:32:48;** 12, A. Milana (ITA) 2:33:01; 13, D. Rasmussen (DEN) 2:33:40; **14, Sarah Rowell (GBR) 2:34:08;** 15, S. Keskitalo (FIN) 2:35:15; 16, C. Teske (FRG) 2:35:56; 17, A. Malone (CAN) 2:36:33; 18, M-L. Hamrin (SWE) 2:36:41; 19, N. Sasaki (JPN) 2:37:04; 20, P. Moro (ITA) 2:37:06; 21, R. Van Landeghem (BEL) 2:37:11; 22, C. Beurskens (HOL) 2:37:51; 23, R. Joyce (IRL) 2:37:57; 24, M-C. Durbrock (BEL) 2:38:01; 25, M. Trujillo (MEX) 2:38:50; 26, B. Moe (NOR) 2:40:52; 27, M. O'Connor (NZL) 2:41:22; 28, C. May (IRL) 2:41:27; 29, F. Peeters (BEL) 2:42:22; 30, Z. Shmueli (ISR) 2:42:27; 31, Ng Lai-Chu (HKG) 2:42:38; 32, M. Regonesi (CHI) 2:44:44; 33, N. Nazario (PUR) 2:45:49; 34, Y. Gordon (HKG) 2:46:12; 35, E. Guevara (PER) 2:46:50; 36, J. Brown (USA) 2:47:33; 37, G. Andersen-Schiess (SUI) 2:48:42; 38, R. Borralho (POR) 2:50:58; 39, M. Ferreira (POR) 2:50:58; 40, M. Cardenas (MEX) 2:51:03; 41, M. Ronquillo (MEX) 2:51:04; 42, N. Wright (BOL) 2:51:35; 43, M. Wagaki (KEN) 2:52:00; 44, E. Mendonca (BRA) 2:52:19; I. Mbanugo (NGR), A. Masuda (JPN), J. Gareau (CAN), J. Isphording (USA), A. Audain (NZL) & L. Diaz De Cano (HON) dnf.

WOMEN'S 400m HURDLES: 1st Round

(1st 4 to semis)

As a new Olympic event the winner of the first heat was assured an inaugural Olympic record, and that distinction went to Judi Brown with

55.97. That mark lasted a quarter of an hour, until Ann-Louise Skoglund clocked 55.75, indicating she was over her injury problems. Gladys Taylor and Sue Morley advanced to the semis.

Heat 1: 1, J. Brown (USA) 55.97 **(inaugural Oly. rec);** 2, P. Usha (IND) 56.81; 3, D. Flintoff (AUS) 57.20; 4, T. Helander (FIN) 57.22; 5, Lai Lih-Jiau (TPE) 58.54; 6, A. Vazquez (Mex) 60.86.

Heat 2: 1, N. El Moutawakel (MAR) 56.49; 2, S. Barksdale (USA) 56.89; 3, S. Farmer (JAM) 57.06; **4, G. Taylor (GBR) 57.64;** 5, L. Grime (NZL) 58.02; 6, D. Wright (CAN) 58.17.

Heat 3: 1, O. Commandeur (HOL) 56.67; 2, C. Cojocaru (ROM) 56.94; 3, R. Kyalisima (UGA) 57.38; 4, G. Cirulli (ITA) 57.49; 5, O. Dwyer-Brown (JAM) 58.42; 6, A. Wright-Scott (USA) 59.77; 7, A. De La Cruz (PHI) 62.70.

Heat 4: 1, A-L. Skoglund (SWE) 55.75 **(Oly. rec);** 2, M. Usifo (NGR) 57.78; **3, S. Morley (GBR) 58.71;** 4, A. Page (CAN) 59.09; 5, M. Valsamma (IND) 60.03; 6, C. Blackman (BAR) 61.19; 7, M. Parr (IRL) 61.66.

Anna Verouli misses out

WOMEN'S JAVELIN: Qualifying

(60m or top 12 to final)

Shock . . . sensation. Anna Verouli, the European champion who has been credited with a throw of 72.70m this year and was considered a gold medal contender along with Tiina Lillak and the British pair of Tessa Sanderson and Fatima Whitbread, threw 57.72, foul and 58.62. She was out. Unlike Moscow four years ago, the other three all qualified with ease, Fatima leading the way with 65.30. British javelin throwing received a further boost when Sharon Gibson, fully justifying her belated selection, produced a pb of 60.88 and played her part in keeping Verouli out of the final.

Group 1: Qualifiers: 1, F. Whitbread (GBR) 65.30; 2, T. Lillak (FIN) **63.30;** 3, K. Smith (USA) **61.38;** 4, I. Thyssen (FRG) **60.86;** 5, T. Laaksalo (FIN) 59.64, **60.42;** 6, P. Rivers (AUS) 54.28, **59.12,** f. **Non-qualifiers:** E. Matsui (JPN) 55.92, **57.72,** 55.94; F. Quintavalla (ITA) 56.48, **57.66,** 55.66; A. Tchuinte (CMR) **55.94,** f, 51.86, L. Sutfin (USA) 55.70, 51.36, **55.92;** Lee Hui-Chen (TPE) 51.18, **52.46,** 49.54; I. Gronfeldt (ISL) 47.34, **48.70,** 48.16, J. Pace (MLT) **47.92,** f, 47.68.

Group 2: Qualifiers: 1, T. Solberg (NOR) **62.68;** 2, H. Laine (FIN) f, **61.80; 3, T. Sanderson (GBR) 61.58;** 4, B. Peters (FRG) **61.56; 5, S. Gibson (GBR) 60.88;** 6, C. Sulinski (USA) 54.32, f, **59.00. Non-qualifiers:** A. Verouli (GRE) 57.72, f, **58.62;** R. Egger (SUI) 56.32, 57.80, **57.88;** M. Mori (JPN) 46.88, **56.60,** p; Zhu Hongyang (CHN) **53.18,** 50.98, p; S. Smith (BER) 51.48, f, **52.74.**

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BERWICK HARRIERS Present
THE TWELFTH ANNUAL
"Running of the Walls"

ROAD RACES

(Under A.A.A. & W.C.C.A. Laws)
At Berwick Upon Tweed
SUN., 16th SEPTEMBER, 1984

Event			
1	**Fun Run**	**12.30pm**	1¼ mls 1 lap
2	**Girls** (11 & U/13)	**1.15pm**	1¼ mls 1 lap
3	**Colts** (12 & U/14)	**1.30pm**	1¼ mls 1 lap
4	**Jun Ladies** (13 & U/15)	**1.45pm**	1¼ mls 1 lap
5	**Boys** (14 & U/16)	**2.00pm**	2½ mls 2 laps
6	**Int Ladies** (15 & U/17)	**2.20pm**	2½ mls 2 laps
7	**Sen Men** (17 on day)	**2.45pm**	6¼ mls 5 laps
8	**Sen & Vet Women** (O/17 & U/35)	**3.30pm**	3¾ mls 3 laps
9	**Youths** (16 & U/18)	**4.05pm**	3¾ mls 3 laps
10	**Vet Men** (O/40 on day)	**4.40pm**	3¾ mls 3 laps

(Ages as at 1.9.84)

General Conditions *1. All races are ind. and team. 2. Challenge trophies are perpetual and must be returned next year. 3. Teams of six, three to count. Clubs may enter as many teams as they wish. 4. Holders of trophies must make their own arrangements for engraving. 5. Entries must be accompanied by correct entry fee plus D.O.B. and club colours. 6. Entries close on Sat., 1st Sept. 1984. 7. Changing facilities at Youth Centre for Ladies — Swimming Pool for Men. 8. Starting and finishing points at Palace Green near Youth Centre. 9. Team Declarations taken at Youth Centre 30 min. before respective race.*

Entry Fees: 50p per ind. (all team members must be entered as ind.) £1.00 per non-affil athlete.

Entries to: Mrs. J. Ferguson, 6 Newfields, Berwick upon Tweed.

IVYBRIDGE ROUND TABLE

1984 BEACON RACE

(Under ECCU & WCCA Laws)
Beacon Fair Ground, Ivybridge, Devon
SAT., 8th SEPTEMBER, 2.00 pm

10,000m course over road, tracks and Dartmoor. Total Climb 1100 ft.

Categories: Open Men, Open Ladies, Over 40's and Youths. **For Juniors:** 2 mile course over field, rough track and pasture. Boys, Junior and Intermediate Ladies.

Entry Fee: £1.00. **For information sheet and entry forms,** send S.A.E. to: Adrian King, East Barn, Stibb, Blachford Road, Ivybridge, Devon. (Entries accepted for all classes up until 15 minutes before start).

BEACON FAIR
SATURDAY, 8th SEPT., 2.00 p.m.

SHEPHERD NEAME HALF-MARATHON

(Under AAA & WAAA Rules)
SUNDAY, OCTOBER 7th, 10.00 am, FAVERSHAM, KENT
MEDALS, TROPHIES, PRIZES, 1st 20 MEN, 1st 6 WOMEN, 1st 6 VETS, TEAMS.
TEAM ENTRIES IN ONE ENVELOPE 4 TO RUN 3 TO SCORE
● 1st PRIZE COLOUR TV BY REDIFFUSION ●
Entries close 14th September

Entry to M. Renny, 67 Ospringe Rd., Faversham, Kent. Enclose SAE 9" × 4"

Name.....

Address.....

.....

Date of Birth..... *Sex*.....

AAA Club (State if unattached).....

I enclose cheque/p.o. for..... *£3.00*
NON MEMBER OF THE AAA

I enclose cheque/p.o. for..... *£3.50*.....

Signed.....

Date.....

Finish Time *Hrs* *Mins*

ORGANISED BY FAVERSHAM ROUND TABLE

Monday, August 6th (Day 4)

What A Day For Britain's Athletes — Gold For Tessa Sanderson . . . Silver For Seb Coe . . . Bronze For Kathy Cook, Fatima Whitbread & Mike McLeod!

200 METRES: 1st Round

(1st 3 & 2 fastest losers to 2nd round)

A busy day for Carl Lewis found him sauntering through his heat in the second slowest winning time of 21.02. Jamaica's Leroy Reid was the fastest of the round with 20.62. Both Buster Watson and Ade Mafe went through without any problems; they were Britain's only representatives as Allan Wells had withdrawn — unless one counts Reading's John Mayers, here representing Barbados.

Heat 1: (+0.3m) 1, P. Mennea (ITA) 20.70; 2, P. Van Miltenberg (AUS) 21.06; 3, R. Silva (BRA) 21.08; 4, D. Kablan (CIV) 21.39; 5, K. Haley (GUY) 21.52; 6, I-D. Bainimoli (FIJ) 22.16; 7, S. Dawn (BAN) 22.59; E. Bitanga (CMR) dnf.

Heat 2: (+0.6m) 1, L. Reid (JAM) 20.62; 2, R. Lubke (FRG) 20.88; **3, B. Watson (GBR) 21.26;** 4, Yu Zhuanghui (CHN) 21.48; 5, N. Jadi (MAL) 21.88; 6, G. Simons (BER) 21.88; 7, J. Idun (GHA) 22.55; 8, G. Abrahams (CRC) 22.75.

Heat 3: (—0.2m) 1, C. Simionato (ITA) 21.06; 2, D. Parker (BAH) 21.12; 3, J. Evers (FRG) 21.12; 4, F. Aguilar (PAN) 21.50; 5, O. Fye (GAM) 21.56; 6, M. Mohammad (PAK) 22.04; 7, C. Nenepath (INA) 22.20; 8, C. Mamba (SWZ) 22.76.

Heat 4: (+1.4m) 1, T. Jefferson (USA) 20.63; 2, D. Williams (CAN) 20.70; 3, J-B. Silva (BRA) 20.70; 4, J. Al-Abdulla (QAT) 21.10; 5, P. Narracott (AUS) 21.20; 6, L. Miller (ANT) 21.93; 7, M. Buechel (LIE) 22.14; 8, A. Moulton (LBR) 22.94.

Heat 5: (+0.9m) 1, P. Barre (FRA) 20.88; 2, F. Martin (AUS) 20.98; 3, G. Young (JAM) 21.14; 4, A. Nyambane (KEN) 21.35; 5, H. Fuwa (JPN) 21.37; 6, H. Ngoawe (ZAM) 21.58; 7, A. Kiakouama (CGO) 21.64; 8, O. Silweya (MAW) 22.46.

Heat 6: (+0.8m) 1, D. Quarrie (JAM) 20.84; **2, A. Mafe (GBR) 21.24;** 3, T. Sharpe (Can) 21.31; 4, S. Promna (THA) 21.53; 5, L. Hodge (IVB) 22.28; 6, A. Alheshimi (OMA) 22.83; 7, A. Salandra Bove (ESA) 22.90; 8, J-Y. Mallat (LIB) 22.91.

Heat 7: (+0.6m) 1, C. Lewis (USA) 21.02; 8, A. Mahorn (CAN) 21.42; 3, J. Thode (AHO) 21.62; 4, M. Ramirez-Caicedo (COL) 21.71; 5, H. Pereira (MOZ) 21.87; 6, L. Barroso (POR) 22.03; 7, C. Madzokere (ZIM) 22.75.

Heat 8: (+0.4m) 1, K. Baptiste (USA) 20.63; 2, L. Morales (PUR) 21.05; 3, N. Hodge (ISV) 21.12; 4, A. Bakhta (ALG) 21.15; 5, A. Silva (BRA) 21.24; 6, L. Tamean (NGU) 21.97; 7, G. Mbela (GEQ) 22.14; 8, E. Samayoa-Oliva (GUA) 22.19.

Heat 9: (+1.5m) 1, S. Tilli (ITA) 20.72; 2, J-J. Boussemart (FRA) 20.82; 3, Purnomo (INA) 21.01; 4, D-P. Sawyerr (SLE) 21.29; 5, I. Benjamin (SLE) 21.54; 6, M. Savadogo (MLI) 21.72; 7, D. Rose (SEY) 21.87.

Heat 10: (+0.4m) 1, Jang Jae-Keun (KOR) 21.32; 2, J. Govile (UGA) 21.59; 3, J. Mayers (BAR) 21.70; 4, N. Erazo (PUR) 21.72; 5, D. Flowers (BIZ) 21.72; 6, D. Andre (MRI) 22.16.

Cracking run from Mafe, but wind denies him record

200 METRES: 2nd Round

(1st 4 to semis)

Carl Lewis moved his million dollar legs somewhat more quickly in this round, covering the first 100 in 10.47 and the second in 10.01 into the wind. "I did not push it at all", he commented. The wind switched round for the second heat, to 2.2m/s, which ruled out Ade Mafe's magnificent time of 20.55 in 3rd place as a UK Junior record. Desai Williams won it in 20.40 ahead of Pietro Mennea in a race which saw John Mayers eliminated and Leroy Reid pull up at 50m. Buster Watson, 6th in his heat, came to the end of his particular road. The swiftest first 100m, round the turn, was recorded by Don Quarrie at 10.31.

Heat 1: (—0.5m) 1, Lewis 20.48; **2, Tilli 20.64;** 3, Mahorn 20.69; 4, Morales 20.82; 5, Purnomo 20.93; 6, Barre 20.95; 7, Parker 21.10; 8, Bakhta 21.35.

Heat 2: (+2.2m) 1, Williams 20.40; 2, Mennea 20.50; **3, Mafe 20.55;** 4, J-B. Silva 20.61; 5, Evers 20.95; 6, Jang Jae-Keun 21.14; 7, Mayers 21.46; Reid dnf.

Heat 3: (—0.7m) 1, Jefferson 20.47; 2, Boussemart 20.54; 3, Quarrie 20.57; 4, R. Silva 20.88; 5, Thode 21.45; 6, Sharpe 21.46; 7, Govile 21.55; Martin scr.

Heat 4: 1, Baptiste 20.48; 2, Lubke 20.57; 3, Young 20.75; 4, Simionato 20.86; 5, Van Miltenberg 21.09; **6, Watson 21.14;** 7, Al-Abdulla 21.44; Hodge scr.

400 METRES: Semi-Final

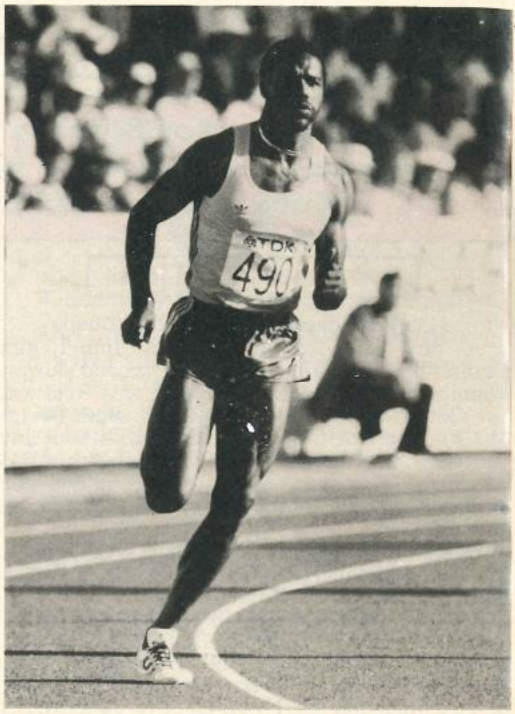
(1st 4 to final)

Remember that dramatic sequence in *Chariots Of Fire* when Eric Liddell falls to the track in an international 400m race, picks himself up, chases after the field, wins and collapses. Well, something like that happened in the second of these semis. Bert Cameron, drawn in lane 2 with Antonio McKay in 3, was making up the stagger on his arch-rival when suddenly — early in the backstraight — he leapt into the air and slowed drastically, giving every impression of either cramping or pulling. One expected to see him limp to a stop when just as suddenly, he accelerated again, racing after the fast-receding field. At a rough guess he had lost the best part of 10 metres vis-à-vis McKay.

Given the class of runners he was up against, the prospects of his giving away perhaps a second in time and still qualifying in the first four looked pretty forlorn, but Bert Cameron is not world champion for nothing. After a truly prodigious effort he pulled through to 4th place, just a metre or so down on McKay! His time of 45.10 was sensational — and might just have been the greatest 400 the world has ever seen. Remember, the fastest ever time at sea level stands at 44.26 by Alberto Juantorena. The altitude-aided world record is Lee Evans' 43.86.

Cameron explained later: "After the leg cramped up on me, I didn't even think about stopping. I don't think that way. I just can't give up that easy". Herb McKenley, the greatest 400m runner of his day and now the Jamaican national coach, told Cameron: "You have a world record in those legs, man". Alonzo Babers, who had qualified in the first semi, enthused: "I think it was the greatest quarter-mile I've ever seen run. He's going to win the event".

Cameron's was not the only spectacular run in that second semi. Gabriel Tiacoh of the Ivory Coast finished strongly for victory in 44.64, an African record and best time in the world this year. It was also, we were informed by an over-enthusiastic tracknut, a world "Monday record", breaking McKay's 44.95 set in June. The race, even though incontestably run on a Monday, also



Of Bert Cameron's run in the semi-final, Alonso Babers said "I think it was the greatest quarter-mile I've ever seen run".

Mark Shearman

COPTHALL
GRADED MEETING
(Under A.A.A. & W.A.A.A. Laws)
At Barnet Copthall Stadium, Hendon, N.W.4.
WEDNESDAY, 29th AUGUST, 1984

EVENTS/TIMETABLE

6.45 **800m** (All ages M. & W.)
7.00 **Long Jump** (All ages M. & W.)
7.00 **Javelin** (All ages M. & W.)
7.45 **200m** (All ages M. & W.)
8.45 **3000m** (SM, JM, Y, B, SL, IL.)

Entries close 24th August

To: Dave Allen, 3 Vanguard, Longfield, Grahame Park, London NW9 stating name, address, club, d.o.b. and event or events to be entered with best performance for grading purposes. Enclose 50p per event (£1 on night). Cheques/P.O.'s payable to Shaftesbury Harriers. S.A.E. for ack. **PLEASE NOTE:** Timings are approx.

SPENBOROUGH & DISTRICT A.C.

MILETA '10'

(Under AAA & WCCA Laws)

Spenborough Sports Stadium, Cleckheaton

SUNDAY, 16th SEPTEMBER

Start 2.00 p.m.

Prizes: First 10 Men, first 2 Vets. Ladies according to entries.

Fee: £1.00. Unattached £1.50.

Entries to: G. T. Fensom, 7 The Orchards, Church Lane, Gomersal, Cleckheaton BD19 4QJ.

Closing date: 7th Sept. 1984

threw up a "Sunday record" . . . as the Nigerian rejoicing in the name of Sunday Uti lowered his best time to 44.83 in second place.

The first semi went to another Nigerian, Innocent Egbunike, with Kriss Akabusi, far back entering the final straight, making up a lot of ground to place 7th in 45.69 — his third successive run inside his pre-Olympic best of 45.85.

Heat 1: Egbunike 45.16; 2, Babers 45.17; 3, Clark 45.26; 4, Nix 45.41; 5, Canti 45.59; 6, Paul 45.60; **7, Akabusi 45.69;** 8, Takano 45.88.

Heat 2: 1, Tiacoh 44.64; 2, Uti 44.83; 3, McKay 44.92; 4, Cameron 45.10; 5, Frayne 45.21; 6, Forde 45.32; 7, Kitur 45.62; 8, Lishebo 45.97.

Cruz goes even faster to leave Coe with silver again in his "last chance" at 800m

800 METRES: Final

"If I get a medal it will be an accomplishment, because this is the best 800m field ever assembled. There's just nobody missing. I genuinely feel there are four or five who can take medals". That was the assessment of Seb Coe, still seeking his first global 800m title but "extremely pleased to make the final" after the trials and tribulations of the past couple of years.

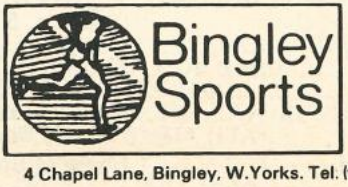
Seb was right about the quality of the field. There was never a line-up to match it. In lane order: Earl Jones, USA Trials winner with best of 1:43.74; Donato Sabia (Ita), European indoor champion, 1:43.88; Seb Coe (UK), world record holder at 1:41.73; Billy Konchellah (Ken), 1:45.2; Johnny Gray (USA), 1:43.74; Joaquim Cruz (Bra), World Champs bronze medallist, 1:43.82; Steve Ovett (UK), defending champion, 1:44.09; and Edwin Koech (Ken) 1:44.12.

The race was indeed a classic, three men breaking 1:44 and a further three inside 1:45, and those fast times were due to Koech who took an early lead and set a stinging pace. At the break from lanes Ovett was 4th, but Coe was disappointingly slow to get into his stride and veered in at 7th place although he did move up swiftly along the back straight. The positions at 200 were: Koech 24.02, Cruz 24.15, Jones 24.24, Ovett 24.38, Coe 24.52, Sabia 24.72, Gray 24.79, Konchellah 24.90.

The field bunched up during the second half of the opening lap, less then five metres covering the eight runners as they passed the halfway mark. Koech continued to hold the pole position in 51.07, followed closely by Cruz 51.16, Coe 51.29, Jones 51.30, Gray 51.32, Ovett 51.45, Sabia 51.58 and Konchellah 51.64.

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OREGON	6-12	£32.99	**£29.70**
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INTREPID	6-7, 8, 12	£22.95	**£16.99**
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SATURDAY, 15th SEPTEMBER, 1984

Start 3.00 p.m.

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S.A.E. for full details and entry forms to:— A. B. Alden, 29 Rectory Lane, Byfleet, Surrey KT14 7LW (Tel: Byfleet 42799).

In aid of St. Mary's Byfleet Church Appeal Fund

STEVENAGE & NORTH HERTS A.C.

FAIRLAND TROPHY CROSS-COUNTRY MEETING

SATURDAY, 6th OCTOBER, 1984

Start 1.30 p.m.

(Under WAAA & AAA Rules)

Events for U/13, U/15, U/17 Girls Sen & Vet Ladies, U/11-13, 15-17 Boys, JM, SM & Vets

Prizes: 1st 6 all U/17 age groups. Medals 1st 3 teams (3 to score), U/17 age groups. Medals 1st School Team not in first 3, all U/17 age groups. Prizes 1st 6 Ladies, 1st 3 Vets Ladies. 1st 10 Men, 1st 3 Junior Men, 1st 3 Vet Men. New Trophy 1st Men's Team. Trophy all U/17 age groups, overall Boys/Girls and combined Boys & Girls (Fairlands Trophy)

To: Mr. B. Hill, 37 Walden End, Stevenage, Herts. Tel: Stevenage 314975.

B.A.A.B.

SENIOR COACH AWARD WRITTEN EXAMINATIONS

13th/14th OCTOBER, 1984

Contact your AREA COACH EDUCATION ADMINISTRATOR for details enclose a S.A.E.

Final closing date for applications Saturday, 8th September, 1984

Sample examination papers are available from BAAB Coaching Office, Westgate House, Chalk Lane, Epsom, Surrey. Enclose S.A.E.

Area Coach Education Administrators are:

South (South of Thames)	c/o 6 Rillside, Furnace Green, Crawley, Sussex.
South (North of Thames)	C. Mustoo, 10 Dee Close, Upminster, Essex.
Wales	I. Adams, 5 Camelot Court, Caerleon, Gwent.
Midlands	L. Wall, 19 Longacres, Woodthorpe, Notts.
North	G. Thompson, 23 Pannatt Hill, Millom, Cumbria.
Scotland	Mrs. J. Leyland, "Garry" by Ne Galloway, Castle Douglas, Kirkcudbrightshire.
N. Ireland	House of Sport, Upper Malone Road, Belfast.

N.B. The next Senior Written Examination will not be held until October, 1985

Aware that Cruz was the danger man, Coe continued to shadow the Brazilian along the back straight of the second lap and was in good position as 600 was reached by Koech in 1:17.80. Behind him came Cruz in 1:17.83, Coe 1:17.93, Konchellah 1:17.98, Jones 1:17.99, Gray 1:18.23, Sabia 1:18.33 and Ovett 1:18.53.

Koech continued to lead until the start of the finishing straight, when Cruz — using all his vast strength — struck hard. The timing was impeccable. Before Coe could respond (he was having his work cut out getting past Koech while battling stride for stride with Jones), Cruz was away into a five metre lead. Coe pulled out all the stops but Cruz lost nothing and hit the finish line well clear in the brilliant time of 1:43.00 — the third fastest ever recorded, behind Coe's world records of 1:41.73 in 1981 and 1:42.33 in 1979. He had covered the last 200 in 25.17.

Cruz, the first Brazilian runner ever to win an Olympic title, said the race went exactly to plan. "I knew the pace was going to be hard. I wanted to see if anybody would take the lead, and the Kenyan did. That was great. I stayed behind him and tried to save a little for the last 150". Only 21, and at 1.88/6'2" and 77kg/170lb built on Juantorena lines, Cruz's performance was all the more remarkable when one considers how much energy he expended on the way to the final. He won his heat in 1:45.66, quarter-final in 1:44.84 and semi-final in 1:43.82 on consecutive days prior to that 1:43.00! Could he now threaten Coe's world record? Cruz thinks so. "If I had just one race to run I think the world record would be broken". His coach, Luiz de Oliveria, agrees. Cruz, incidentally, wears special shoes as his right leg is 2cm shorter than the left.

For Coe, second place in 1:43.64 was a bitter-sweet achievement. "This was obviously my last chance for a major 800 title, but I'm happy to get the silver medal in what was a great field. I was beaten by a guy who was younger and stronger. I am not leaving dissatisfied. The silver medals should match nicely!"

Coe continued: "I had a clear, uncluttered run and I have no real complaints. The first lap seemed comfortable, though I would have been a little bit better off with a slightly better opening lap. I came into the final straight in contact with the pack but Cruz was a little faster over the crucial 20, 30 metres. I had a minor collision and I moved out a little, but I wouldn't have caught the guy in the straight. He is a supreme champion worthy of an Olympic crown. He doesn't think too much or worry about about the speed he runs at, which is a sign of a great runner".

Jones ("I was shooting for the gold but I'm happy with what I have now") held on for the bronze in 1:43.83 ahead of Konchellah, who improved his pb by over a second with 1:44.03. Saddest sight of the race was Steve Ovett walking in. Britain's greatest ever track competitor is not a man to give up, so there had to be a good reason

THE END OF AN ERA



Seb Coe and Steve Ovett console each other after the 800 final. On reflection, it was a sad day for British half miling, Seb calling it a day at two lap racing and Steve trailing home last and ill. With Seb later stating he intends to stay in the sport only until 1986, let's hope that in the next two summers we can see these two great champions meet on British tracks and be fully acknowledged for their worth.

Sports & General

— and there was. He was taken away on a stretcher and admitted to hospital where he was given intravenous feeding to increase his fluid supply. It was diagnosed that he was suffering from broncho-spasms with hyperventilation.

1, JOAQUIM CRUZ (BRA).....1:43.00 **(Oly. rec)**
2, SEBASTIAN COE (GBR).....1:43.64
3, EARL JONES (USA).....1:43.83
4, BILLY KONCHELLAH (KEN).....1:44.03
5, DONATO SABIA (ITA).....1:44.53
6, EDWIN KOECH (KEN).....1:44.86
7, JOHNNY GRAY (USA).....1:47.89
8, STEVE OVETT (GBR).....1:52.28

Cova does it his way and now holds World, European and Olympic crowns

10,000 METRES: Final

In the red corner, Fernando Mamede. World record breaker with 27:13.81 and owner of three other marks inside 27½ minutes. Great in the stopwatch department but miserable as a big-time competitor. At the 1971 and 1974 European Championships and at the 1972 and 1976 Olympics he ran in both the 800 and 1500 without ever reaching a final and usually exiting before the semis. Moving up to 5000 he was 15th in the 1979 Europeans (and a drop-out in the Golden 5000 at Gateshead), and at 10,000 he placed 14th in last year's World Championships. "Everyone knows I'm nervous, and this nervousness has sometimes affected me badly during races", he has said, with classic understatement. Affected by severe jitters before and during important races, as distinct from runs against the clock, Mamede has been seeking the help of a psychiatrist to lick the problem.

In the blue corner, Alberto Cova. No particularly fast times to his name — he ranks only 22nd on the all-time list with 27:37.59. But a competitor par excellence, with the deadliest finishing kick in the business since Miruts Yifter's heyday. Winner of the 1982 European and 1983 World titles, he's a man for the big occasion and a master of peaking at the right time.

The two men came out fighting in what was scheduled to be a 25-round contest, but it didn't go the distance . . . Mamede threw in the towel halfway through, and one seriously doubts whether we shall ever see the 32-year-old contender take another title shot. He prefers exhibition bouts.

The race was a dramatic one, not so much for Mamede dropping out shortly after 5000 (at which point he was 18th and last in 14:22.66, although less than 20m behind the leader) as for the titanic clash between Cova and his predecessor as European champion, Martti Vainio, during the second half of the race.

The first half was disappointingly slow, John Treacy leading past 5000 in 14:19.84, from Pat Porter (14:20.10), Steve Jones (14:20.32), Zakariah Barie (14:20.35) and Cova (14:20.56), with Nick Rose (14:21.58), Vainio (14:21.66) and Mike McLeod (14:21.81) filling places 13-15. Rose made a break for it a lap later and established a 10m lead, but it was a short-lived effort and by 6000m Vainio (17:00.30) and Cova (17:00.54) were starting to pull away from Rose (17:01.83), who drifted back steadily throughout the rest of the race to finish 13th.

Vainio, a big kicker himself but aware that Cova's sprint is even more deadly, knew he had to try and draw the sting from his Italian rival. By 7000m (19:41.05) he had opened up a 40m lead over the pack, which he increased to 70m by 8000m (22:24.95) and 90m by 9000m (25:11.04) — but Cova could not be shaken off. The outcome

13:26.98 second half

was inevitable; Cova ripped past his lanky opponent 150m from the finish, completing the final lap in 58.75 for victory by a margin of 20m over the gallant Finn, who thus won his first Olympic medal at the age of 33. The really impressive statistic was the time for the second 5000 — 13:26.98 by Cova, 13:29.44 by Vainio!

Far behind that pair there was a great dust-up for the bronze medal. At the bell, less than three metres covered five runners: Mike McLeod, Salvatore Antibo, Sosthenes Bitok, Christoph Herle and Mike Musyoki. It was a situation made for McLeod's talents, and his sustained sprint (58.78 last lap) enabled him to win the coveted prize. He thus equalled the highest ever British placing in an Olympic 10,000, by James Wilson in 1920 and by a certain fellow-Geordie in 1976. Steve Jones was the second Briton home, in 9th place.

"The tactic I used was all I had", said Vainio. "But at 9000m there was nothing more I could do. I had problems with my leg during the last 1000m. By the time I reached the finish line I hurt so bad I was lucky to get the silver". Cova commented: "The run went as I had expected. I was counting on Vainio being in front of me". McLeod, admitting to being caught napping when the two leaders broke away, decided to settle for the bronze rather than try to catch up and run the risk of blowing up later in the race.

1, ALBERTO COVA (ITA).....27:47.54
2, MARTTI VAINIO (FIN).....27:51.10
3, MIKE McLEOD (GBR).....28:06.22
4, MIKE MUSYOKI (KEN).....28:06.46
5, SALVATORE ANTIBO (ITA).....28:06.50
6, CHRISTOPH HERLE (FRG).....28:08.21
7, SOSTHENES BITOK (KEN).....28:09.01
8, YUTAKA KANAI (JPN).....28:27.06
9, Steve Jones (GBR) 28:28.08; 10, J. Treacy (IRL) 28:28.68; 11, M. Gouda (SUD) 28:29.43; 12, Z. Ncube (ZIM) 28:31.61; **13, Nick Rose (GBR) 28:31.73**; 14, Z. Barie (TAN) 28:32.28; 15, J. Nzau (KEN) 28:32.57; 16, P. Porter (USA) 28:34.59; 17, M. Shintaku (JPN) 28:55.54; F. Mamede (POR) dnf.

McLeod gets silver — see page 63

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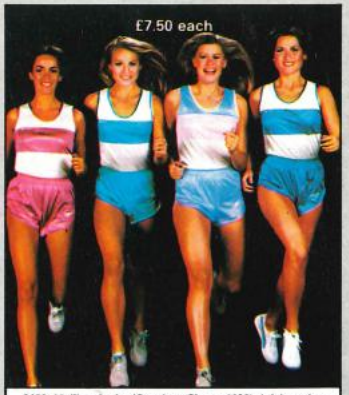
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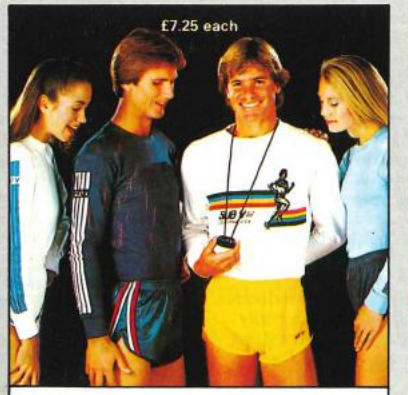
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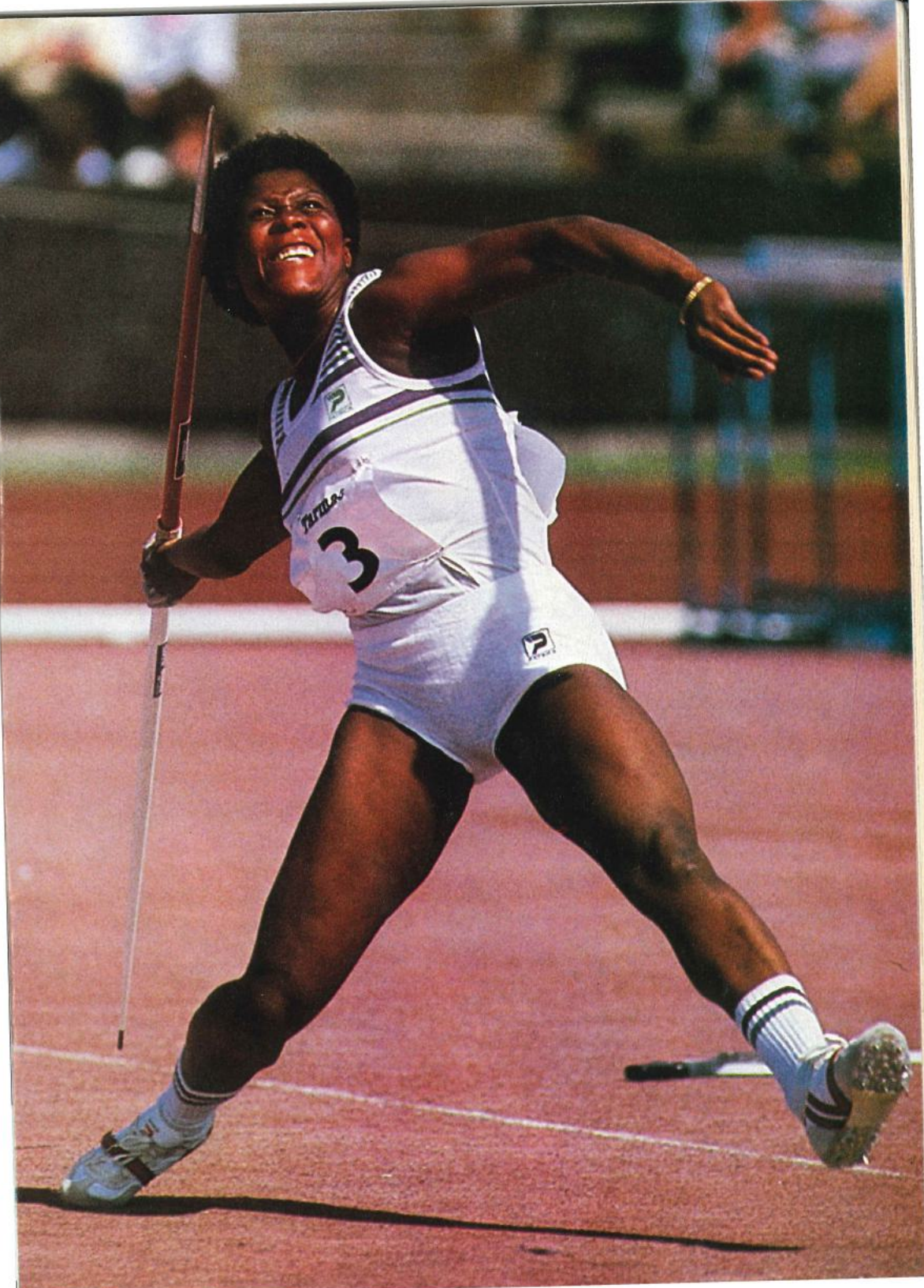
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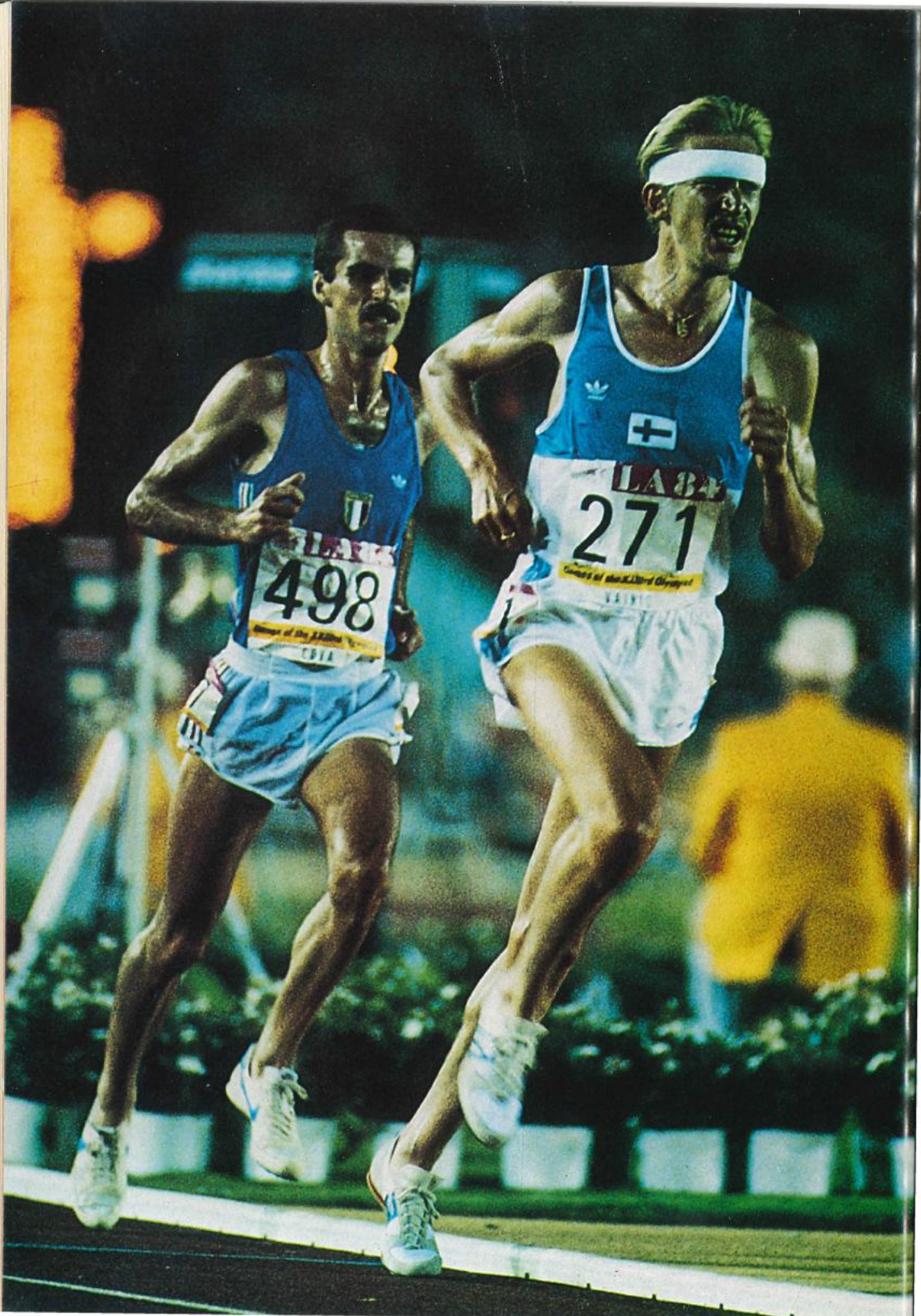


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6199 Steve Scott Long Sleeve Training Shirt. 50/50 poly/cotton. Colours: White only with 4-colour logo. Sizes: S-XL.

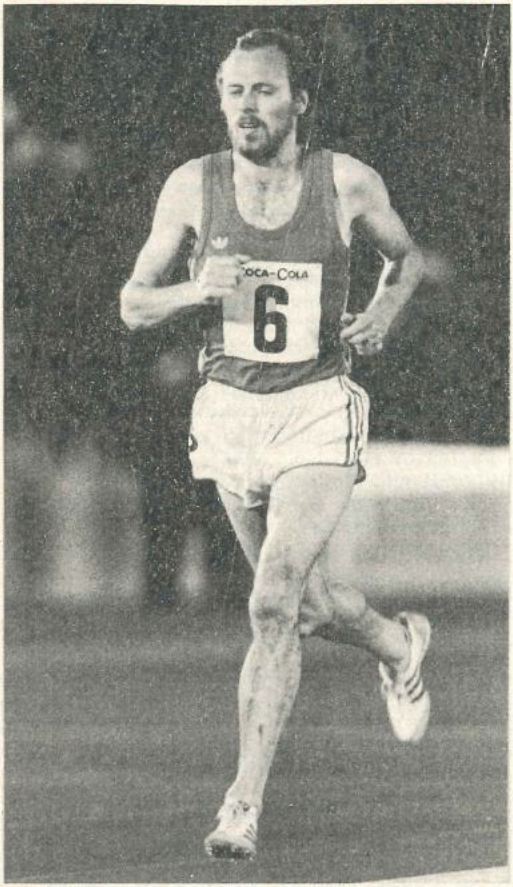


5500 LA '84 Singlet. 100% nylon panels with 50/50 poly/cotton mesh. Colours: Royal/red, Navy/red, Black/red, Red/royal/white. Sizes: XS-XL.
5600 LA '84 Shorts. 100% nylon tricot. Colours: Royal, Navy, Black, all with red and white stripes; Red with royal and white stripes. Sizes: XS-XL.


3


498
271

McLeod's silver lining



Mike McLeod, who returned home early from Los Angeles because of the death of his father-in-law, has been asked to return his bronze medal and instead becomes the proud winner of the silver. News came through earlier this week that second-placer, Martti Vainio, has been stripped of his gong after being disqualified for taking drugs. A urine sample from Vainio, the former European champion, showed traces of bulk-building anabolic steroids. Mike's 'promotion' now means that his is the best ever performance by a British athlete in Olympic 10,000m history.

Associated Sports Photography

COLOUR PHOTOS

The photograph of Tessa Sanderson on page 61 was taken by Trevor Jones of Allsport, and that opposite, of Alberto Cova and Martti Vainio, by Mark Shearman.

BASILDON RACES '84

BROOKS

BASILDON "10"

(AAA and WCAAA Laws)

Jointly promoted by
BASILDON DISTRICT COUNCIL
BASILDON ATHLETIC CLUB and
BASILDON SPORTS COUNCIL
Sponsored by BROOKS U.K.

SUNDAY, 9 SEPTEMBER, 1984
Start 2.00 p.m.

Gloucester Park — Basildon

Third in the GRAND PRIX series of BASILDON RACES 1984, to be run on a fast, accurately measured (RRC), well-marked, course around the New Town.

A HOLIDAY AND A RACE IN THE U.S.A. FOR WINNER

Open to Men and Women 17 years of age and over. Funds to be raised to help disabled athletes.

Entry Fee — £1.00 Club/Affiliated, £1.50 Unaffiliated.
Prizes for at least first 10 places plus first woman and veteran and SPOT PRIZES.
Certificates for all finishers.

ENTRY FORM — Please complete in block capitals

Surname.....(Mr/Mrs/Ms)

First Names.....

Address.....

.....

Tel. No..... M/F.....

Age on 9.9.84..... Category.....

Best time to date.....

Club/AAA Registration No.....

Please enter me for the BROOKS BASILDON "10". I am medically fit to run and understand that I enter at my own risk and that the organisers will in no way be held responsible for any injury or illness incurred by me during or as a result of the event or for any property lost on the course or in the changing rooms.

I enclose entry fee of £1.00/£1.50 payable to Basildon District Council and a 9" × 6" s.a.e.

(Cheques/P.O. No.)

Signed..... Date.....

Entry No.....(Official Use Only)

Closing Date — 2 September 1984

Send entries to: ROB HARDY — Race Secretary, Basildon District Council, Council Offices, Fodderwick, Basildon, Essex.

3000m STEEPLECHASE: 1st Round

(1st 6 & 6 fastest losers to semis)

The disappointments were the non-appearance of Filbert Bayi, the man who tried so bravely to run away with the event in Moscow, and the elimination of Kip Rono. However, Africa was still well represented as Julius Korir and Julius Kariuki (the latter under 8:20 for the first time) won two of the heats. Among other qualifiers was Chile's Emilio Ulloa, who became the first South American to break 8:30. Paul Davies-Hale didn't look too comfortable, qualifying as a fastest loser, but there were no problems for Roger Hackney and Colin Reitz.

Heat 1: 1, B. Diemar (USA) 8:25.92; 2, D. Ramon (ESP) 8:26.04; 3, F. Baccouche (TUN) 8:27.49; 4, W. Van Dijck (BEL) 8:29.68; 5, E. Ulloa (CHI) 8:29.71; 6, P. Debacker (FRA) 8:30.35; **7, P. Davies-Hale (GBR) 8:31.97;** 8, F. Panetta (ITA) 8:37.05; 9, K. Rono (KEN) 8:41.75; 10, P. Caceres (ARG) 8:50.02; 11, E. Mpio (CGO) 9:05.58; 12, A. Alakbary (OMA) 10:22.96.

Heat 2: 1, J. Korir (KEN) 8:29.08; **2, R. Hackney (GBR) 8:30.31;** 3, J. Mahmoud (FRA) 8:30.85; 4, H. Koeleman (HOL) 8:31.34; 5, G. Duhaime (CAN) 8:31.54; 6, C. Rios (PUR) 8:31.88; 7, F. Boffi (ITA) 8:32.26; 8, J. Gregorek (USA) 8:38.43; 9, J. Torres (ESP) 8:40.76; 10, H. Begeo (PHI) 8:53.70; 11, H-A. Garcia-Molina (GUA) 9:02.41; 12, R. Lopez (PAR) 9:36.36.

Heat 3: 1, J. Kariuki (KEN) 8:19.45; 2, P. Renner (NZL) 8:22.95; 3, P. Daenens (BEL) 8:28.26; 4, H. Marsh (USA) 8:29.23; **5, C. Reitz (GBR) 8:29.33;** 6, T. Ekblom (FIN) 8:29.45; 7, F. Philippou (CYP) 8:30.09; 8, L. O'Brien (IRL) 8:31.89; 9, Y. Zadok (ISR) 8:42.28; 10, Kim Joo-Yong (KOR) 8:43.50; 11, A. Marie (SEY) 9:32.30.

110m HURDLES: Semi-Final

(1st 4 to final)

Following on Mark Holtom's disaster in the heats, Britain's high hurdlers continued to be out of luck. In the first semi, Nigel Walker fell at the ninth hurdle, although admittedly he wasn't in a qualifying position; while in the second Wilbert Greaves came from the back to miss a place in the final by 1/100th of a second as his desperate dip failed by inches to displace Carlos Sala. It was easily his best run of the season — 13.86 into a 1.1m/s breeze. The Olympic record of 13.24 was equalled by both heat winners, Roger Kingdom (+0.7m) and Greg Foster (—1.1m), with Mark McKoy lowering the Commonwealth record to 13.30 behind Foster.

Heat 1: (+0.7m) 1, Kingdom 13.24 **(eq. Oly. rec);** 2, Campbell 13.56; 3, Caristan 13.62; 4, Glass 13.88; 5, Moracho 13.89; 6, Wu Chin-Jing 14.21; 7, Yu Zhicheng 14.26; **Walker dnf.**

Heat 2: (—1.1m) 1, Foster 13.24 **(eq. Oly. rec);**

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RON HILL HIGHWAY	£26.95

Foot outline. Please state normal shoe size. For clothing, state second choice colour.

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RON HILL Freedom Shorts	£4.75
New York Vests	£6.15
Boston Vests (Gold)	£6.15
Tracksters	£8.25
Union Jack Shorts	£5.25
De Luxe Weathersuit	£32.99
1983 London Marathon Shorts	£5.00
NIKE Wind-Runner Jacket	£17.99

CHANNEL RUNNER

323 DOVER ROAD, WALMER, DEAL, KENT CT14 7NX

Tel: Deal (0304) 365553.

ESSEX COUNTY A.A.A.

ESSEX AND OPEN SENIOR/JUNIOR DECATHLONS & YOUTHS OCTATHLON

SATURDAY/SUNDAY, 29th/30th SEPTEMBER

First event at 10.30 a.m.

Ashton Playing Fields, Chigwell Road (A113), Woodford Bridge (adj. to M.11)

Fee: £3.00 for the Decathlon.
£2.00 for the Octathlon.

Entries: Please state date of birth and whether entering the County Championships or Open Event. In addition all entrants should state their best marks for 100m and High Jump. Decathletes for 110mH and Pole Vault. Please also enclose s.a.e. for acknowledgement.

To: Mr. R. Gill, 'Roundwood', Lee Chapel Lane, Westley Heights, Langdon Hills, Basildon, Essex.

Entries close 22nd September

2, McKoy 13.30 **(Comm. rec)**; 3, Bryggare 13.52; 4, Sala 13.85; **5, Greaves 13.86;** 6, Fontecchio 13.86; 7, Wright 13.93; 8, Li Jieqiang 14.15.

Roger Kingdom surprise winner over Foster to make it 16 out of 20 event wins for the USA

110m HURDLES: Final

Two hours later the Olympic record was reduced to 13.20 — not by world champion Greg Foster, considered the odds-on favourite, but by the relatively unknown Roger Kingdom. Although Foster was unusually mellow in defeat ("as long as it's another American it's fine with me"), and he joined in Kingdom's victory celebrations, he considered himself hard done by. "I thought it was a false start by Arto Bryggare and I just stopped dead in my tracks, and he [the starter] didn't call the race back. I put it out of my mind, but it's hard to come back when you're that far back. If I got a fair start I'd have got the gold".

Kingdom begged to differ. "The start wasn't good but it was a fair start. Greg was in lane 1, I was in lane 8, so he was all the way on the other side of the track. I didn't see Greg until about the sixth hurdle. I thought that I had come in second. I really couldn't tell if I'd won. Then Tonie Campbell came up and said 'you didn't get second, you won'. Greg congratulated me. He said 'it was a once in a lifetime dream, I'm happy for you'".

Mark McKoy, the fastest away, was overhauled at halfway by Foster and Kingdom, with Bryggare third. Over the last two hurdles Kingdom drew level with Foster and edged ahead on the run-in to take the gold in 13.20 — a personal best although he had recently run a wind-assisted 13.00. Kingdom, who had placed third in the US Trials, reckons that "right now it means I'm number two or three in the world". Doesn't he think that winning the Olympic title makes him the best? "No", he replied candidly. "The Olympics is a meet in its own. Look at Greg and his standards, how he's been dominating. You can't judge anything by one race. The important thing is that I went down in history as another American who won the hurdles". Of the 20 Olympic high hurdle finals, Americans have won 16 times . . . and surely it would have been 17 had not Renaldo Nehemiah lost his chance in 1980 because of the boycott.

The bronze went to Bryggare, runner-up to Foster in Helsinki last year. "I thought I could win the gold medal", he stated, "but in the final my time was not as good as I expected. I felt a lot of pressure. I hit some hurdles hard".

1, ROGER KINGDOM (USA).....13.20 **(Oly. rec)**
2, GREG FOSTER (USA).....13.23
3, ARTO BRYGGARE (FIN).....13.40
4, MARK McKOY (CAN).....13.45
5, TONIE CAMPBELL (USA).....13.55
6, STEPHANE CARISTAN (FRA).....13.71
7, CARLOS SALA (ESP).....13.80
8, JEFF GLASS (CAN).....14.15
Headwind: 0.4m/s.

POLE VAULT: Qualifying

(5.45m or top 12 to final)

Forget the listed qualifying standard of 5.45m; anyone vaulting 5.30 won through to the final. Jeff Gutteridge made it with a first time clearance; Keith Stock didn't, finishing up with 5.20.

Group 1: Qualifiers: 1eq, T. Vigneron (FRA), E. Bell (USA) & M. Tully (USA) 5.45; 4, A. Ruiz (ESP) 5.45; 5, P. Quinon (FRA) 5.40; 6, F. Boehni (SUI) 5.40; 7, T. Hintnaus (BRA) 5.35; 8, S. Ferreira (FRA) 5.30; 9, D. Lytle (USA) 5.30. **Non-qualifier:** M. Zalar (SWE) no height (5.30).

Group 2: Qualifiers: 1, K. Pallonen (FIN) 5.40; 2, M. Barella (ITA) 5.35; 3eq, Yang Weimin (CHN) & **J. Gutteridge (GBR; 5.10 — 1, 5.30 — 1, 5.35 — fail) 5.30;** 5, T. Takahashi (JPN) 5.30. **Non-qualifiers:** J. Morrisette (ISV) & **K. Stock (GBR; 5.10 — 1, 5.20 — 1, 5.30 — fail) 5.20;** Ji Zebiao (CHN) & E. Rivera (PUR) 5.10.

Lewis wins few friends as he takes just two jumps for his second title. Commonwealth record to Aussie Honey

LONG JUMP: Final

Following the qualifying round, Carl Lewis announced: "In the final my strategy will be the same as always — to pop a very big jump early — to make everyone chase after me. If I feel 'on' after my first jump, I might take a second, third or even a fourth jump. I doubt very seriously that I will take more than three jumps; at the absolute most, four".

On the day he settled for two jumps . . . and although he won the gold medal he lost a lot of popularity, even being booed at the end of the competition by many of the 85,870 spectators who felt they had been short-changed. They had paid a lot of money to see Lewis go not just for gold but for Bob Beamon's record.

However, Carl's exertions were limited to an 8.54m opener (into a 1.6m/s wind) and a second



Quadruple champion, Carl Lewis

Photo by Sports & General

round foul of around 8.30. He passed up his remaining four attempts, explaining: "This was probably the most difficult competition I've ever been in. We got a late start because of the hammer throw and it got cold very quickly [*sic; it was still at least 80°F!*]. I was a little sore after the second jump and I didn't want to risk any chances. Many people don't understand what it takes to run a couple of 200's in the morning and come back at night to jump".

The competition, repeatedly interrupted by victory ceremonies, was difficult to follow with so many distractions, but although no one came anywhere near to challenging Lewis there was a lively scrap for the other medals. Giovanni Evangelisti (8.09) and Larry Myricks (8.06) got off to a solid start, with Commonwealth champion, Gary Honey, moving past them into second place with an 8.18 leap in the third round. Myricks improved to 8.16 (+1.8m) with his fifth jump to fill third place, but he was shunted out of a medal position in the final round when Evangelisti came through with a timely Italian record of 8.24 (—0.7m). That took Evangelisti into second place but silver turned to bronze within a couple of minutes when Honey responded with 8.24 (—0.8m) also — his second best of 8.18 proving decisive against Evangelisti's 8.09. That leap by Honey also broke Lynn Davies' long-standing Commonwealth record, set in 1968, by a centimetre.

Myricks had one jump left, but he made a mess of his run-up and ran through. "I knew it was do or die and my last chance for a medal. Maybe I overdid it a little trying to drop one so big". Myricks, the best long jumper in the world before the rise of Lewis, completed an unhappy Olympic career. In 1976 he broke an ankle warming up for the final, and in 1980 (when he would have started favourite) he was a victim of the US boycott. "I don't think I'll stick around for 1988; there are other things to do", he said. Myricks, incidentally, was the last man to defeat Lewis in the long jump — and that was indoors, back in February 1981. Since then, Lewis has won 37 straight contests, and you have to go back to the 1981 World Cup in Rome to find the last time he jumped less than 8.20 — and even then he won with 8.15. His gold medal leap of 8.54 ranks merely as the 21st longest jump of his career!

1, CARL LEWIS (USA).....8.54
(8.54, foul, pass, pass, pass, pass)
2, GARY HONEY (AUS).....8.24 **(Comm. rec)**
(7.97, 7.92, 8.18, 7.92, foul, 8.24)
3, GIOVANNI EVANGELISTI (ITA).....8.24
(8.09, 7.94, 7.90, foul, foul, 8.24)
4, LARRY MYRICKS (USA).....8.16
(8.06, 7.99, foul, 8.00, 8.16, 6.28)
5, LIU YUHUANG (CHN).....7.99
(foul, 7.66, 7.89, 7.65, 7.60, 7.99)
6, JOEY WELLS (BAH).....7.97
(7.97, foul, foul, pass, pass, pass)

AVON AAA IN CONJUNCTION WITH THE SPORTS COUNCIL (SOUTH WEST) AND THE MIDLAND ATHLETICS COACHING COMMITTEE PRESENT

THE 3RD ANNUAL SUN LIFE ATHLETICS CONFERENCE

'COACHING THE DEVELOPING ATHLETE'

AT

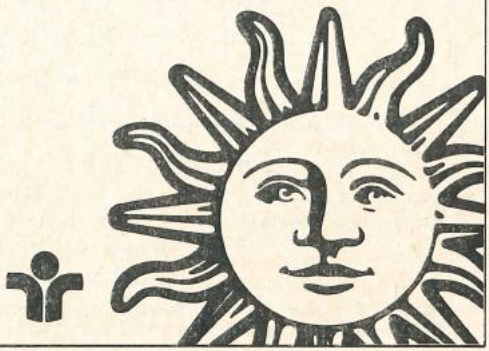
THE UNIVERSITY OF BATH, SUNDAY SEPTEMBER 23RD 1984

PROGRAMME AND SPEAKERS

9.30	Club and School Co-operation:- **Cy Knibb:** Chairman — Bristol Athletic Club
10.15	Endurance Training Methods:- **Ron Holman:** BAAB National Event Coach — Long Distance
11.00	Coffee
11.30	Strength Training for Adolescents:- **Max Jones:** BAAB National Coach — Midlands
12.15	Psychological Needs and Considerations:- **Sean Power:** Ex-international Athlete and Lecturer in Psychology
1.00 pm	Lunch
2.00	Gaining Speed and Skill **Malcolm Arnold:** BAAB National Coach — Wales
2.45	Injuries: Prevention and Cure **Paul Stableforth:** Ex-international Athlete and Consultant Orthopaedic Surgeon
3.30	Tea
4.00	Panel Discussion

FEES: £4.00
CLOSING DATE: 11th September 1984

APPLY TO: THE SPORTS COUNCIL (ATHLETICS CONFERENCE)
Ashlands House
Crewkerne, Somerset



TELFORD ATHLETIC CLUB
Present
KETLEY FUN DAY FIVE (Km)
(Under WAAA Rules)
Our First Ladies Only Road Race Promotion
MONDAY, 27th AUGUST, 3.00 p.m.

Held in conjunction with the famous Ketley Fun Day for ladies of any ability, any age (over 15). Special prizes for novices (first race) and age groups.
Entries: £1 or 50p (Telford A.C. members)
To: Jenny Ball, 17 The Incline, Ketley, Telford 612961 (Payable to Telford A.C.), with date of birth. S.a.e. for details.

GREAT YORKSHIRE MARATHON
SUN., 23rd SEPT., 1984
Now recognised and approved by R.R.C. of G.B.
SCARBOROUGH CARNIVAL FUN RUN IS A SEPARATE EVENT OVER 5 MILES
Enquiries to: Central Chambers, 77 Westborough, Scarborough.

NATIONAL HURDLES CONFERENCE
(Sprint & 400m)
FRI. 26th to SUN. 28th OCTOBER
at Wolverhampton
Co-organisers: Graham Knight
(Event Coach 110/100mH)
John Bailey
(Event Coach 400mH)
Full details from: Graham Knight, 43 Hillwood Road, Madeley Heath, Nr. Crewe CW3 9JY (Phone 0782 750823).

SUN., 2nd SEPTEMBER, 1984
BRITISH SUGAR WISSEY VALLEY RACES
Featuring the 3rd Wissey Valley Half Marathon
(Under AAA & WCCA Laws)
Course Record: D. Chettle 65.26 1983
S. Quenby 80.02 1983
DON'T MISS WEST NORFOLK'S FAVOURITE EVENT FOR ALL THE FAMILY
Junior Races & FUN RUN 50p each
(Ages 0-5, U/11, U/13, 14-16 yrs)
Half Marathon £2.00 (£2.50 unattached). Please make all cheques payable to The Wissey Valley Races, enclosing 9 × 4 s.a.e. and send to Peter Duhig Sports, Chequers Road, Wretton, King's Lynn, Norfolk. Tel: Stoke Ferry (0366) 500333.

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in association with
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invite you to run

The Ainsworth Village 10K
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Or A 3½ Mile Fun Run
SATURDAY, 8th SEPTEMBER 1984
From The Village School (off Bury Old Road)
START: FUN RUN 1pm 10K 2pm
COMMEMORATIVE MEDAL TO ALL FINISHERS IN BOTH EVENTS
PRIZES TO MEN — LADIES — VETERANS

ENTRY FEE: 10K — £2. 3½ Mile — £1.50. Plus S.A.E. for number, map of course, etc.
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Test yourself on a scenic route around Cockey Moor
ENTRIES CLOSE 30th AUGUST 1984

Entries to: Jack Haslam, 'Marathon Meadows', Garstang Road, Barton, Preston PR3 5AA.
Telephone: 0995 40604.

7, JUNICHI USUI (JPN).....7.87
(7.63, 7.82, 7.87, 7.72, 7.09, pass)
8, KIM JONG-IL (KOR).....7.81
(7.76, 7.81, 7.77, foul, 7.59, foul)
9, Y. Alli (NGR) 7.78 (7.67, 7.78, 7.72); 10, A. Corgos (ESP) 7.69 (7.44, 7.50, 7.69); 11, M. McRae (USA) 7.63 (foul, 7.63, 7.45); 12, J. Kio (NGR) 7.57 (foul, 7.57, foul).

Tiainen holds off German threat as Riehm gets his medal at last

HAMMER: Final

It's possible that the Soviet throwers would have swept the medals as they did in the last two Olympics, and that Yuriy Sedykh might well have won a third consecutive title. But, as bronze medallist Klaus Ploghaus put it, "I regret the Russians not being there, but you have to look forward, not dwell on the fact".

The winner, Juha Tiainen put it this way. "Of course it's not the same, but three weeks ago I competed with the Eastern bloc athletes in East Berlin and I beat them all, even Sergey Litvinov, last year's world champion. Of course I'm glad I won, except that it is not quite the same without the Eastern bloc countries. I would have got a medal, but maybe not a gold medal".

Tiainen, a consistent 80m thrower this year, was always confident of winning even though his first throw was a poor 70.56 and his second wasn't much better at 72.64. At the end of two rounds he was only 6th with Ploghaus the leader on 75.96. All came good on the Finn's third attempt; it thudded down at 78.08. That proved to be the winner, although it was a close call as Karl-Hans Riehm's immediate response went 77.98. That stood up for second place, causing the former world record holder to declare: "I'm happy to win the silver medal — I've been waiting 18 years for this".

The competition turned out to be acutely disappointing for the British thowers. None of them made the 'cut' for three further trials, Bob Weir coming closest with his third round 72.62, which placed him 9th. Martin Girvan finished 10th with 72.32, and Matt Mileham didn't register a distance at all as he fouled his first throw of around 71m and netted the next two.

1, JUHA TIAINEN (FIN).....78.08
(70.56, 72.64, 78.08, 74.54, 75.26, 75.82)
2, KARL-HANS RIEHM (FRG).....77.98
(73.68, 74.70, 77.98, foul, 76.46, foul)
3, KLAUS PLOGHAUS (FRG).....76.68
(75.48, 75.96, 72.16, 75.18, foul, 76.68)
4, GIAMPAOLO URLANDO (ITA).....75.96
(70.26, 74.82, foul, 73.14, 75.96, 75.64)
5, ORLANDO BIANCHINI (ITA).....75.94
(72.18, 72.12, 74.70, 73.42, 75.94, 73.78)
6, BILL GREEN (USA).....75.60
(foul, 72.68, 74.76, 67.70, 75.60, 72.12)
7, HARRI HUHTALA (FIN).....75.28
(74.34, 74.44, 73.86, 74.72, 73.10, 75.28)
8, WALTER CIOFANI (FRA).....73.46
(foul, 71.86, 73.46, foul, 71.20, 68.86)
9, Bob Weir (GBR) 72.62 (71.16, f, 72.62); 10, Martin Girvan (GBR) 72.32 (f, 72.32, 68.00); C. Sahner (FRG) & **Matt Mileham (GBR) three fouls.**

Medallists all blast their ways into world all-time top ten. Brisco-Hooks lays foundation for golden treble

WOMEN'S 400 METRES: Final

When the Eastern European boycott was first announced it looked as though the 400 might become a relatively soft event with a time of just inside 50 seconds sufficing to win. That estimate had to be revised when, in the US Trials, Chandra Cheeseborough (49.28) and Valerie Brisco-Hooks (49.79) both broke the American record. In the event, Brisco-Hooks took the Olympic title in a scintillating 48.83 — second only to Marita Koch's 48.26 this year and good for 4th on the world all-time list. Cheeseborough, runner-up in 49.05, became the sixth fastest woman ever, Kathy Cook — bronze medallist with a superb Commonwealth record of 49.42 — rose to 10th on that all-time list.

Kathy, drawn in lane 6 and sandwiched between Brisco-Hooks (5) and Cheeseborough (7), ran like the wind along the back straight to establish a clear lead, but the Americans' superior strength told in the later stages. Around the final turn first Brisco-Hooks and then Cheeseborough moved past, Brisco-Hooks entering the finishing straight with a 3m lead over her compatriot with Kathy a close and determined third. Those positions remained the same to the end. Canada's Marita Payne, previous holder of the Commonwealth record at 50.06, finished well to beat Lillie Leatherwood for 4th in 49.91. The American third string was, in fact, the only finalist not to set a lifetime best. In last place Ruth Waithera set an excellent Kenyan record of 51.56.

Valerie Brisco-Hooks attributes a part of her success to motherhood. She gave birth to a son in 1982 and says, "I know for a fact it gave me extra strength and my recovery rate is better. It is easier

for me to do a workout well''. A high class sprinter, her best 400 time prior to this year was a 52.08 dating back to 1979. Hard work paid off. In the American Championships she improved to 51.16 in the semis, followed by a massive breakthrough to 49.83 in the final. Now she is down another full second and beginning to look like a credible rival even for Martia Koch and Jarmila Kratochvilova. ''I ran my normal race', she said. ''I tried to go out hard and bring it in as close to 'Chesse' as I could. I finished using my knees hard. Going across the line was the ultimate''. Chandra Cheeseborough remarked: ''I ran a very controlled race. I'm not very fast in the first 200 because I'm not used to running the 400 yet. I tried to come home hard but I just couldn't catch her''.

For Kathy, already by far Britain's most bemedalled athlete, the race was a triumphal confirmation that all the great things predicted for her at this distance can come true. This was the first time she had competed for any 400m championship, complete with heats and semis, and she handled the challenge brilliantly. In the final she lowered her British record by more than a second.

1, VALERIE BRISCO-HOOKS (USA).....48.83 (Oly. rec)
2, CHAN. CHEESEBOROUGH (USA).....49.05
3, KATHY COOK (GBR).....49.42 (Comm. rec)
4, MARITA PAYNE (CAN).....49.91
5, LILLIE LEATHERWOOD (USA).....50.25
6, UTE THIMM (FRG).....50.37
7, CHARMAINE CROOKS (CAN).....50.45
8, RUTH WAITHERA (KEN).....51.56

Doina Melinte lives up to her role as favourite. Lorraine Baker places 5th, but still outside two minutes

WOMEN'S 800 METRES: Final

With World Championship fourth placer Margrit Klinger running below form, the race was dominated by Romania's Doina Melinte, easily the fastest performer in the field at 1:55.05. Gabriella Dorio, 4th in the Moscow Olympic 1500, was the leader at 200 in 27.68, with Melinte 4th (27.98) and Lorraine Baker 6th (28.15) in the tightly packed field. The Italian opened up a 4m lead on the next bend but the advantage was soon pulled back and at the bell (57.28 by Dorio) Melinte was breathing down her neck in 57.42. Five metres covered the entire field, with Lorraine holding 5th position in an exciting 57.65.

It was just before the 600 mark (reached in 1:27.85) that the powerful Romanian launched her drive for the finish and nobody was able to live with her. Covering the final 200 in 29.75, she opened up a seven-metre advantage over Kim Gallagher (who was making her international debut) to win in a highly respectable 1:57.60, with Fita Lovin (runner-up in the 1982 World Cross Country Championship) taking the bronze ahead of Dorio, who might have baulked Klinger as she went past in the straight. Lorraine Baker had a marvellous run to hold 5th place, reducing her pb in the process to a somewhat galling 2:00.03.

1, DOINA MELINTE (ROM).....1:57.60
2, KIM GALLAGHER (USA).....1:58.63
3, FITA LOVIN (ROM).....1:58.83
4, GABRIELLA DORIO (ITA).....1:59.05
5, LORRAINE BAKER (GBR).....2:00.03
6, RUTH WYSOCKI (USA).....2:00.34
7, MARGRIT KLINGER (FRG).....2:00.65
8, CAROLINE O'SHEA (IRL).....2:00.77

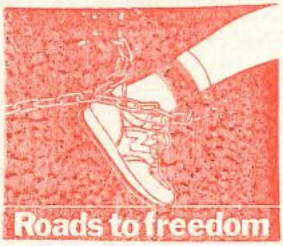
WOMEN'S 400m HURDLES: Semi-Final

(1st 4 to final)

Magnificent Gladys Taylor went out . . . but she went out in style. She gave it everything, leading into the final straight by a big margin and looking like a potential world beater. But, inevitably, she began to struggle as the lactic acid did its worst. She was in deep trouble from the ninth hurdle onwards and, as she tied up, her hopes of qualifying receded. She tried to summon a final despairing lunge for the line, but her legs wouldn't obey her commands and she had to settle for 5th place and a personal best of 56.72. The race was won by India's P.T. Usha — who was 'miles' behind Gladys along the back straight — in a well judged 55.54 for another Commonwealth record. In the first semi Ann-Louise Skoglund reduced the newly established

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8th SEPTEMBER, At Battersea Park
Colts, Boys & Youths — all at 4×1¾ Miles
Seniors 6×2¾ Miles
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NOTE FOR YOUR DIARY
24th WEYMOUTH 10 MILE ROAD RACE
(Under AAA & WCCA Laws)
SAT., 20th OCTOBER at 3 p.m.
Inc. Dorset County Mens Champs & Vets
For full details see AW 8th September.



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(LADIES ONLY)

SUNDAY, SEPTEMBER 2nd, 1984

START 11.30 a.m.

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Prizes for first 3 and first 3 in each age group.

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I agree to abide by the laws of W.C.C.A. Signed.....

Enclose Entry Fee £3.00. Cheques payable to Roads to Freedom

ATHLETIC EVENTS

With over 25,000 copies going out weekly and an estimated total readership in excess of 60,000, an advertisement in "Athletics Weekly" will increase YOUR entries. Specially reduced rates for clubs **(prepaid):** £4.00 per cm (depth) for each insertion. Minimum size 3 cms. Display: ¼ page £30, ½ page £55, page £100. A remittance to cover all insertions must accompany order. Cheques and Postal Orders to be crossed and made payable to "Athletics Weekly". Copy deadline 12 days (Monday) before publication date. Booking of space is advised four weeks in advance.

LLOYDS BANK ATHLETIC CLUB
BUSINESS HOUSES ROAD RELAY

Incorporating the Inter Banks Road Relay Championships

at Copers Cope Road, New Beckenham, Kent

Wed., 12th September, 1984 at 6.30 p.m.

4 × 3000 metres

Fees (cheques payable to LBAC) £2 per team.
£1.50 extra for Banks

Prizes: At least 1st 3 teams, 1st 'B' team, Fastest legs.

Entries to: Peter German, Lloyds Bank Plc, 75 Southwark Bridge Road, London. SE1 0PG. **by 8th September.**

REDHILL & REIGATE ATHLETIC CLUB
OPEN PENTATHLONS
SAT., 25th AUGUST, 1984

11.45 Colts/Boys; **12.00 Int/Sen Ladies**
12.30 Girls/Jnr Ladies **12.45 Youths.**
1.45 Jnr/Snr Men/Vets.
3.00 Open 10,000 metres.

Entry Fee: 30p to Miss R. Buckmaster, 1 Rose Cottages, Plaistow St. Lingfield, Surrey (Tel: Lingfield 834648). **by 23rd August.**

RADLEY LADIES A.C.
U/12 MEETING BOYS & GIRLS
SUN., 30th SEPT., 1984

At Radley College, Oxon. First Race 12.00 a.m.

UNDER 8-9-10 (Ages on day)
60m, 600m, Long Jump (Medals 1st 3)
UNDER 11-12 (Ages on day)
100m, 800m, Javelin, Long Jump (Medals 1st 3)

Entry Fee: 75p for TWO EVENTS by 10.9.84
Entries to: Mrs. J. Warwick, 17 Freeman Road, Didcot, Oxon OX11 7DD. Tel: 817258.

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Address.....

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Event.....

Club/School.....

Date of Birth.....

RHYMNEY VALLEY 1984 HALF MARATHON

SUNDAY, 30TH SEPTEMBER, 1984.

Entry Forms available from: Race Director, Leisure Services Department, RVDC Offices, Ystrad Fawr, Ystrad Mynach, Mid. Glam. (0443) 815588 Ext. 234.

Closing date: 31st August, 1984

INDIVIDUAL & TEAM PRIZES
MEDALLIONS TO ALL FINISHERS

Course Records: Ladies (1983) Debbie Chick (Neath) 78.43
Men (1983) Steve Jones (St. Athans) 61.25

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Olympic record to 55.17. Sue Morley, running her best time of the year (marginally faster than Gladys), also paid dearly for going out too fast. She held Skoglund for half the distance but, as with Gladys, all credit to her for aiming high.

Heat 1: 1, Skoglund 55.17 **(Oly. rec);** 2, Cojocaru 55.24; 3, El Moutawakel 55.65; 4, Farmer 56.05; 5, Barksdale 56.19; 6, Cirulli 56.45; **7, Morley 56.67;** 8, Page 57.89.

Heat 2: 1, Usha 55.54 **(Comm. rec);** 2, Brown 55.97; 3, Flintoff 56.24; 4, Helander 56.59; **5, Taylor 56.72;** 6, Commandeur 57.01; 7, Kyalisima 57.02; 8, Usifo 58.55.

Tessa's title with her 69.56 opener. Courageous bronze from Fatima, but Lillak holds the upper hand again

WOMEN'S JAVELIN: Final

Was there ever such a contrast in one athlete's fortunes at successive Olympic Games? In Moscow four years ago Tessa Sanderson was considered a good bet for either gold or silver medal. She had a rare victory over Ruth Fuchs to her credit and a month before the Games had fallen only 26cm short of the East German's world record with a throw of 69.70m. She was riding high . . . but then came the fall. Apparently paralysed by some form of stage fright, unable to withstand the pressure, she was unable to do anything else than go through the motions during the qualifying rounds. Reduced to a best throw of 49.74, she was tearfully eliminated — along with Fatima Whitbread and Tiina Lillak amongst others.

After that traumatic experience she did well to come back in 1981 as the second ranking thrower in the world, in addition to breaking the UK heptathlon record, but in 1982 her world was shattered again when she badly injured both an arm and Achilles tendon. She missed all the major events that summer. But, as I wrote in June 1983 when Tessa rose from the ashes again to become Britain's first 70m thrower, "it speaks volumes for Tessa's character — her determination and perseverance as well as her undoubted athletic ability — that she has emerged from this frustrating period better than ever, a candidate once more for the very highest honours". Since then she has suffered further setbacks. She was displaced by Fatima Whitbread as Britain's queen of javelin throwing and following the World Championships, in which she placed 4th, she had to undergo surgery on both Achilles tendons.

But you can't keep Tessa down for long. "Her legs are still in a pretty terrible state and running is a problem for her", says her coach, Wilf Paish, "but the tenacity and toughness of the girl has to be believed". And so, after a hard winter's work, Tessa's Olympic dreams were rekindled. She took her place in the final as third ranked this year with 68.88, behind Tiina (74.24) and Fatima (71.86). Next best on paper was Tuula Laaksalo at 67.38.

The plan was the same as Fatima's in Helsinki . . . get a great throw in the first round and let the others sweat it out. Not that Tessa's rivals were hoping for anything less, but the best throw of the round as Tessa came up for hers was 64.52 first by Trine Solberg and then by Fatima. With one thought in mind as she ran up — getting her feet in the right position — Tessa unleashed a beauty. It landed at the Olympic record distance of 69.56, a brilliant throw. But would Tiina or Fatima beat it?

The rest of the competition could not have been more tense, particularly as Tiina — coming back after an ankle injury — went uncomfortably close in the second round with a toss of 69.00. While Tessa herself kept up a high standard throughout, all eyes were on the only two athletes with a realistic chance of catching her. But, as round succeeded round, it became evident that the Finnish world champion had had to retire injured after that second throw and so it was down just to Fatima. With each of her valid throws Fatima improved: 65.42 in the second round, 65.82 in the fourth, 67.14 in the fifth (which restored third place after Laaksalo had thrown 66.40), but that sought after 70m effort eluded her no matter how much she tried. It was a splendid try by Fatima, though, especially when one recalls that on July 19th, just prior to flying out to LA, she had to undergo another operation to remove a growth on her womb.

CHIPPENHAM HARRIERS
Present 2nd Annual
CHIPPENHAM '10'
(Under AAA & WCCA Laws)
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Bronze medal this time for Fatima Whitbread

Photo by Associated Sports Photography

British throwers first and third . . . what an achievement. For Tessa it was the most magical moment of her life. If anyone had triumphed over adversity it was she, and she was savouring every minute of it! Britain's first Olympic women's champion since Mary Peters (her team manager) in 1972, Tessa had become the first Briton — male or female — ever to win an Olympic throwing title. What with Dave Ottley's silver medal, javelin throwing could now become as popular in Britain as in Finland.

Talking to the press, and still hardly able to grasp what she had done, Tessa said: "Yesterday in the qualifying my warm-up throws were going really well and I felt I was in business. I was warming up even better today before entering the arena, and once in the arena I told myself this was really my last chance. I would hit it like hell — and that's what I did".

Was she worried about being caught, like Fatima in Helsinki? "I'm an athlete who never feels the competition is over until the final round is completed. So I was worried, yes, but I had the confidence to feel I would fight back if necessary. I knew it was a good solid throw. It was very still, so we had to throw low to get the javelin to flight properly".

Tessa was delighted also with Fatima's medal and, together, they ran round the track draped in a Union Jack. "It was fantastic", Tessa enthused. "We made history. We had three British girls in the final (Sharon Gibson placing a worthy 9th with 59.66). It gave us a lot of strength — we worked like a team". Even when Laaksalo came through with 66m I was praying for Fats to come through — not ahead of me, of course, but for a medal".

And the future? "Next year I would like to take up the heptathlon again, for two years, and then call it a day. I think I could do 6600 points if I trained properly. I did over 6100 on two months training".

1, TESSA SANDERSON (GBR)..69.56 (Oly. rec) (69.56, 66.56, 63.68, 64.84, 66.86, 64.10)
2, TIINA LILLAK (FIN).....69.00 (61.14, 69.00, pass, pass, pass, pass)
3, FATIMA WHITBREAD (GBR).....67.14 (64.52, 65.42, foul, 65.82, 67.14, foul)
4, TUULA LAAKSALO (FIN).....66.40 (58.42, 61.38, foul, 66.40, 59.64, 65.72)
5, TRINE SOLBERG (NOR).....64.52 (64.52, 60.90, foul, foul, foul, foul)
6, INGRID THYSSEN (FRG).....63.26 (61.12, 63.26, 55.84, 55.98, 60.42, 58.26)
7, BEATE PETERS (FRG).....62.34 (61.84, 59.90, foul, 61.24, 57.98, 62.34)
8, KARIN SMITH (USA).....62.06 (60.54, foul, 55.92, 59.14, foul, 62.06)
9, Sharon Gibson (GBR) 59.66 (54.96, f, 59.66); 10, C. Sulinski (USA) 58.38 (54.26, 58.38, f); 11, H. Laine (FIN) 58.18 (f, f, 58.18); 12, P. Rivers (Aus) 56.20 (55.88, 56.20, f).

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ROUND UP OF DAYS 5-9

200: 1, C. Lewis (US) 19.80; 2, K. Baptiste (US) 19.96; 3, T. Jefferson (US) 20.26 . . . 8, ADE MAFE 20.85. **400:** 1, A. Babers (US) 44.27; 2, G. Tiacoh (Iv. C) 44.54; 3, A. McKay (US) 44.71. **1500:** 1, SEB COE 3:32.53; 2, STEVE CRAM 3:33.40; 3, J. Abascal (Spa) 3:34.30 . . . STEVE OVETT dnf. **5000:** 1, S. Aouita (Mor) 13:05.29; 2, M. Ryffel (Swi) 13:07.54; 3, A. Leitao (Por) 13:09.20; 4, TIM HUTCHINGS 13:11.50 . . . 10, EAMONN MARTIN 13:53.34; 11, DAVE MOORCROFT 14:16.61. **Mar:** 1, C. Lopes (Por) 2:09:21; 2, J. Treacy (Irl) 2:09:56; 3, CHARLIE SPEDDING 2:09:58 . . . 12, HUGH JONES 2:13:57; GEOFF SMITH dnf. **3000SC:** 1, J. Korir (Ken) 8:11.80; 2, J. Mahmoud (Fra) 8:13.31; 3, B. Diemer (US) 8:14.06; 4, COLIN REITZ 8:15.48 . . . 8, ROGER HACKNEY 8:27.10. **HJ:** 1, D. Mogenburg (FRG) 2.35; 2, P. Sjoberg (Swe) 2.33; 3, Zhu Jianhua (Chi) 2.31. **PV:** 1, P. Quinon (Fra) 5.75; 2, M. Tully (US) 5.65; 3eq, E. Bell (US) & T. Vigneron (Fra) 5.60 . . . 10, JEFF GUTTERIDGE 5.10. **SP:** 1, A. Andrei (Ita) 21.26; 2, M. Carter (US) 21.09; 3, D. Laut (US) 20.97. **DT:** 1, R. Danneberg (FRG) 66.60; 2, M. Wilkins (US) 66.30; 3, J. Powell (US) 65.46 . . . 8, BOB WEIR 61.36. **Dec:** 1, DALEY THOMPSON 8797 **(Comm. rec);** 2, J. Hingsen (FRG) 8673; 3, S. Wentz (FRG) 8412 . . . 11, BRAD McSTRAVICK 7890; 20, COLIN BOREHAM 7485. **4×100:** 1, US 37.83 **(world rec);** 2, Jamaica 38.62; 3, Canada 38.70. **4×400:** 1, US 2:57.91; 2, UNITED KINGDOM (KRISS AKABUSI, GARRY COOK, TODD BENNETT, PHIL BROWN) 2:59.13 **(Eur. & Comm. rec);** 3, Nigeria 2:59.32. **50kmW:** 1, R. Gonzales (Mex) 3:47:26; 2, B. Gustafsson (Swe) 3:53:19; 3, S. Bellucci (Ita) 3:53:45 . . . 15, CHRIS MADDOCKS 4:26.32.

Women

200: 1, V. Brisco-Hooks (US) 21.81; 2, F. Griffiths (US) 22.04; 3, M. Ottey-Page (Jam) 22.09; 4, KATHY COOK 22.10 **(UK rec). 1500:** 1, G. Dorio (Ita) 4:03.25; 2, D. Melinte (Rom) 4:03.76; 3, M. Puica (Rom) 4:04.15 . . . 5, CHRIS BENNING 4:04.70; 6, CHRIS BOXER 4:05.53; 9, LYNNE MacDOUGALL 4:10.58. **3000:** 1, M. Puica (Rom) 8:35.96; 2, WENDY SLY 8:38.47; 3, L. Williams (Can) 8:42.14 . . . 7, ZOLA BUDD 8:48.80. **100H:** 1, B. Fitzgerald-Brown (US) 12.84; 2, SHIRLEY STRONG 12.88; 3, K. Turner (US) 13.06. **400H:** 1, N. El Moutawakel (Mor) 54.61; 2, J. Brown (US) 55.20; 3, C. Cojocaru (Rom) 55.41. **HJ:** 1, U. Meyfarth (FRG) 2.02; 2, S. Simeoni (Ita) 2.00; 3, J. Huntley (US) 1.97 . . . 9eq, DIANA ELLIOTT 1.88. **LJ:** 1, A. Cusmir-Stanciu (Rom) 6.96; 2, V. Ionescu (Rom) 6.81; 3, SUE HEARNSHAW 6.80. **DT:** 1, R. Stalman (Neth) 65.36; 2, L. Deniz (US) 64.86; 3, F. Craciunescu (Rom) 63.64 . . . 5, MEG RITCHIE 62.58; 7, VENISSA HEAD 58.18. **4×100:** 1, US 41.65; 2, Canada 42.77; 3,

SOMERTON & DISTRICT ROUND TABLE

(In Aid of Local Charities)

FIRST SOMERTON ROAD RELAYS

(AAA & WAAA Laws apply)

SUNDAY, 23rd SEPT., 1984

First Race 1.30 p.m.

Boys 3×1 Mile £2 per team

Junior Ladies 3×1 Mile £2 per team

Senior Ladies 3×1 Mile £5 per team

Men 4×1 Mile £6 per team

Also for non-athletic club teams

Men 3×1 Mile £5 per team

Good spectator course. Each leg finishing in Town Centre.

Awards to first 3 teams in each event.

Entries from: Roger Meaden, Charlton Garage, Charlton Mackrell, Somerton, Somerset. Tel: Charlton Mackrell 3531. Please enclose s.a.e. or send entry on official AAA form stating club and d.o.b. of each runner.

Closing date for entries: 16th September

CAMBERLEY & DISTRICT A.C.

Annual

ROAD RELAY RACES & THE CAMBERLEY '10'

(Under AAA, WAAA, SCCCA & SCWCCA Rules)

SUNDAY, 7th OCTOBER

From 12.00 noon

Minor Girls & Colts	**3×1¼ miles**
Junior Ladies & Boys	**3×1½ miles**
Inter Ladies & Youths	**3×2 miles**

Team Trophies & Medals for placings.

CAMBERLEY '10' ROAD RACE

(RRC Standards)

2.30 p.m.

For Men & Women

PRIZES First 5 & First 3 Teams
First Vet O/40, O/50
First 3 Ladies.

ENTRIES: £1 Road Race, £1 Relay Team. SAE to D. Newman, 18 Heenan Close, Frimley Green, Camberley, Surrey.

CLOSING DATE 1st OCTOBER

THE WEEK AHEAD

Saturday, August 18th: Nike Classic Invitation Meeting (inc. AAA U/20 Relays & Youths 3000 Champs), Crystal Palace; Women's U/21 Home International; GRE British League (Div. 2 — Portsmouth, Div. 3 — Luton, Div. 4 — Battersea, Div. 5 — Birmingham); Crawley Open Meeting; Dartford Open Meeting, Thurrock; Sale Open Meeting, Longford Park; Nescafe Antrim Coast Marathon; Bridgnorth Regatta '7'; Newport '15', Gwent; Kymin Dash Fell Race, Monmouth.

Sunday, August 19th: GRE British League Div. 1, Haringey; Lancashire Women's Pentathlon & Long Relay Champs, Nelson; Birchfield YA Open Meeting, Birmingham; Avon Women's Circuit '10K', Birmingham; Boddingtons Salford '7'; Whitehaven '10'; Darley Brewery '20', Thorne; Ron Hill Sports Wirral '10K'; GEC '10' Whetstone; Two Counties '10', Bude; Warburton '20', Bolton; Cromwellian Half Marathon, Chorley.

Monday, August 20th: European Vets Champs (until Aug. 25th), Brighton.

Tuesday, August 21st: Runnercare Summer League '3', Hull.

Wednesday, August 22nd: Enfield Open Meeting.

Saturday, August 25th: European Vets Champs (final day), Brighton; Welsh Games (inc. Wales v Iceland v Holland v N. Ireland), Swansea; Access UK Women's League Div. 1, Hounslow; Luton Relays Meeting; Gateshead YA Open Meeting; Middlesex Open Decathlon & Open Meeting (1st day), Parliament Hill; Windsor S&E Open Graded Meeting; Burnsall Feast Races; Chorley 24 Hour Road Race; Beca Fell Race, Crosswell.

Sunday, August 26th: Access UK Women's League (Div. 2 — Leicester, Div. 3 — Pitreavie, Div. 4 — Meadowbank); Middlesex Open Decathlon & Open Meeting (2nd day), Parliament Hill; Tamworth Open Meeting; Pendle Open Meeting, Seedhill Track; Crawley YA Trophy Meeting; Andover YA Meeting, Chorley Sports Centre; Birchwood '10K', Warrington; Haddington Half Marathon, Neilson Park; Cornwall '10', Penryn; Mic Morris Memorial Half Marathon, Blaenavon; Tendring '7½', Clacton; Inverclyde Marathon, Greenock; Bradford to Leeds '10'; Hinckley Charity Fun Run; Courage Half Marathon, Reading; Wrekin Fell Race; Eston Nab Fell Race; Arundel 7M Mini Marathon; Corby '10'; Chorley 24 Hour Road Race.

OLYMPIC RESULTS cont.

UNITED KINGDOM (SIMONE JACOBS, KATHY COOK, BEV CALLENDER, HEATHER OAKES) 43.11. **4×400:** 1, US 3:18.29; 2, Canada 3:21.21; 3, Germany 3:22.98.

TELFORD ATHLETIC CLUB

3rd Annual

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(Under AAA & WAAA Rules)

WED., 5th SEPT., 7.00 p.m.

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Entry Fees: 50p Telford A.C. members £1.00 Club members & AAA reg. £1.50 unattached. Cheques payable to Telford A.C.

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BINGLEY HARRIERS 8th Annual

YOUNG ATHLETES ROAD RACES

(Under AAA & WAAA Laws)

SUN., 16th SEPT., 1.00 p.m.

Male: U/11, 13, 15, 17, 20 (4 to score).

Female: U/11, 13, 15, 17 (3 to score).

(Ages at 1.9.84)

Ind. and Team awards (B teams in U/13 & U/15)

Entry to: Mr. T. Leigh, 10 Cavendish Drive, Eldwick, Bingley (Bradford 567394). 40p ind. plus s.a.e. for details.

Closing date: Friday, 7th September

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INTERNATIONAL MARATHON PROGRAMME

BERLIN — September 30th, 1984 — Price £185

Last year this famous marathon attracted over 6,000 runners — of which over 1,100 were British! The race is extremely well organised, as are the pre- and post race festivities, and follows an extremely flat, well marked course, over good quality roads and paths, through the boroughs of Berlin.

Every finisher inside 5 hours receives a medal and certificate.

Tour details: Departs London Gatwick on Friday 28th September at 17.00 arriving at 19.55. Returns from Berlin on Monday 1st October at 20.35 arriving 21.30.

Price includes: Guaranteed race entry; Return flight; 3 nights accommodation in twin bedded room with private bath or shower and WC, on B&B basis (single supplement £24); Services of an experienced courier; Transfers and local taxes.

ATHENS — October 14th, 1984 — Price £235

You can run marathons the world over but how many can boast having run the 'classic' marathon in Athens — where it all began.

Tour details: Departs London Heathrow on Monday 8th October at 12.30 arriving 17.00. Returns from Athens on Monday 15th October at 07.00 arriving 09.45.

Price includes: Guaranteed race entry; Return flight; 7 nights accommodation in triple bedded room in the Hotel Stanley (Grade 'B') on Half Board basis (single supplement £38, twin supplement £10); Services of an experienced courier; Transfers and local taxes.

NEW YORK — October 28th, 1984 — Price £489

Once again Vince Regan will personally lead our eighth trip to the world's greatest running spectacle. We are again pleased to announce that we have been officially appointed by the New York Road Runners Club to handle tours to this famous race and have been allocated a large number of guaranteed race entries. Naturally, we are proud of this appointment since it confirms not only the expertise we have gained in our last seven trips but also the high level of co-operation achieved between ourselves and the N.Y.R.R.C. We therefore invite you to travel with us on this trip of a lifetime to experience the thrill of being cheered round the course by the two million spectators and to soak up the indescribable atmosphere of the Big Apple during race week.

Tour details: Depart from London Heathrow, Manchester, Birmingham, Glasgow, Liverpool, Leeds/Bradford or Dublin (at no extra cost) on Tuesday 23rd October. Returns from J.F.K. on Wednesday 31st October (overnight).

Price includes: Guaranteed race entry; Return flight; 7 nights accommodation at the Hotel Taft in triple bedded room with private bath and colour TV on a room only basis (twin supplement £10, single supplement £22); Services of an experienced courier; Transfers and local taxes; FREE sightseeing tour of the course.

DUBLIN — October 29th, 1984 — Price £72 (Sea) or from £127 (Air)

This marathon has been highly acclaimed over the last two years, a fact endorsed by our groups.

The race is routed around the streets of 'The City of Dreams', a city with a historic past and a colourful present. This tour is always popular, so don't miss out on the chance to taste some of that genuine Irish hospitality.

Tour details: (Sea) — Departs Liverpool Dock on Saturday 27th October at 22.15 arriving at 07.00 on Sunday 28th. Returns on Tuesday 30th October at 23.00 arriving 07.00 on Wednesday 31st. (Air) Departs Liverpool, Manchester or Glasgow (£8 suppl.), or London Heathrow (£18 suppl.) on Saturday 27th October. Returns from Dublin on Tuesday 30th October.

Price includes: Return flight/ferry; 2/3 nights accommodation at the Hotel Consul in a twin bedded room with private bath, WC, television and telephone. (Single supplement £10/£15); Services of an experienced courier; Transfers and local taxes.

HONOLULU — December 9th, 1984 — Price £659

Hawaii — the most beautiful scenic marathon course in the world — where you can combine a holiday in the exotic islands and be the envy of all your marathon colleagues and friends.

Tour details: Departs London Gatwick on Tuesday December 4th at 12.45. Returns on Wednesday December 12th at 12.05.

Price includes: Guaranteed race entry; Return flights (via Los Angeles); 7 nights accommodation at Reef Hotel on Waikiki beach (overlooking the Pacific) in triple bedded room on a room only basis; (twin supplement £10, superior (with view) triple supplement £28, superior twin £52); Services of an experienced courier; Transfers and local taxes.

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ADIDAS BRITISH MARATHON, BOLTON — September 2nd, 1984 — Price £34

Price includes: Return fare London — Bolton (via Birmingham) on our luxury coach with onboard video, coffee/tea facilities and WC; 1 nights accommodation at the Pack Horse Hotel (Race Headquarters Hotel) sharing twin bedded room with private bath, WC and colour television; Transfers to Start of Race.

INTERNATIONAL VETERANS ATHLETIC PROGRAMME

EUROPEAN 10km and 25km ROAD RACES

BERNE, SWITZERLAND — October 13th/14th — Price £149

An exceptionally reasonable long weekend in the heart of Switzerland, with direct flights and a superb hotel.

Tour details: Departs London Gatwick on Friday October 12th at 11.45 arriving Berne at 13.20. Returns from Berne on Monday 15th October at 13.50 arriving 15.30.

Price includes: Return flight; 3 nights accommodation in twin bedded room at the Hotel Schweizerhof on B&B basis (single supplement £15); Services of experienced courier; Transfers and local taxes.

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SAN DIEGO, CALIFORNIA — December 1st/2nd — Price £497

A week in California, with the option to extend your trip anywhere else in the USA.

Tour details: Departs London Gatwick on Tuesday November 27th at 12.00 arriving San Diego at 19.45. Returns Tuesday December 4th at 07.35 arriving 06.05 on Wednesday 5th.

Price includes: Return flight on scheduled 747 (via Minneapolis/St. Paul); 7 nights accommodation in triple bedded room at the Harbour View Holiday Inn (twin supplement £42, single on application); Services of an experienced courier; Transfers and local taxes. Car hire available at only £38 per week.

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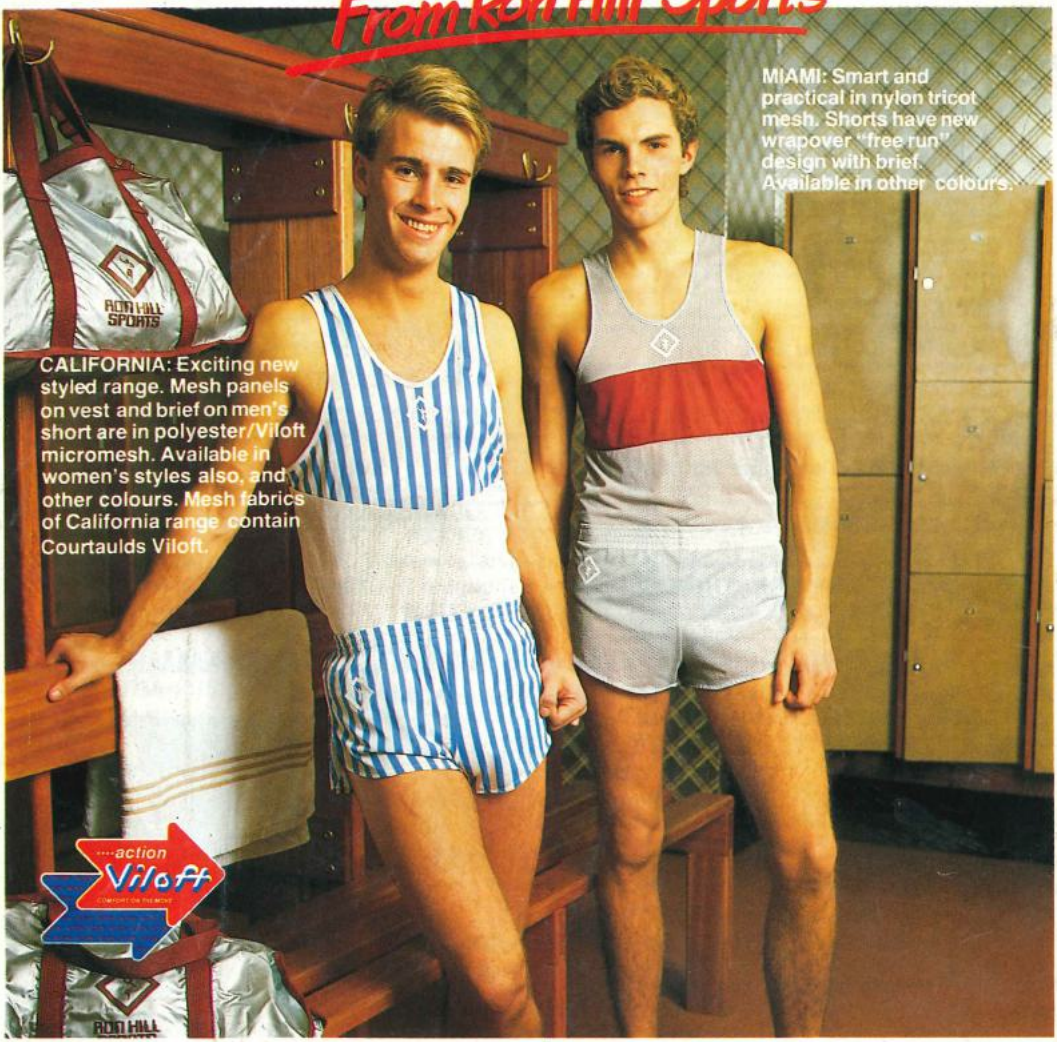
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If you would like further information on these or any other tours you may be interested in, contact Vince Regan on (0204) 655566 (Marathons), or Graham Botley on 01-464 6211 (Track & Field and Veterans).

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