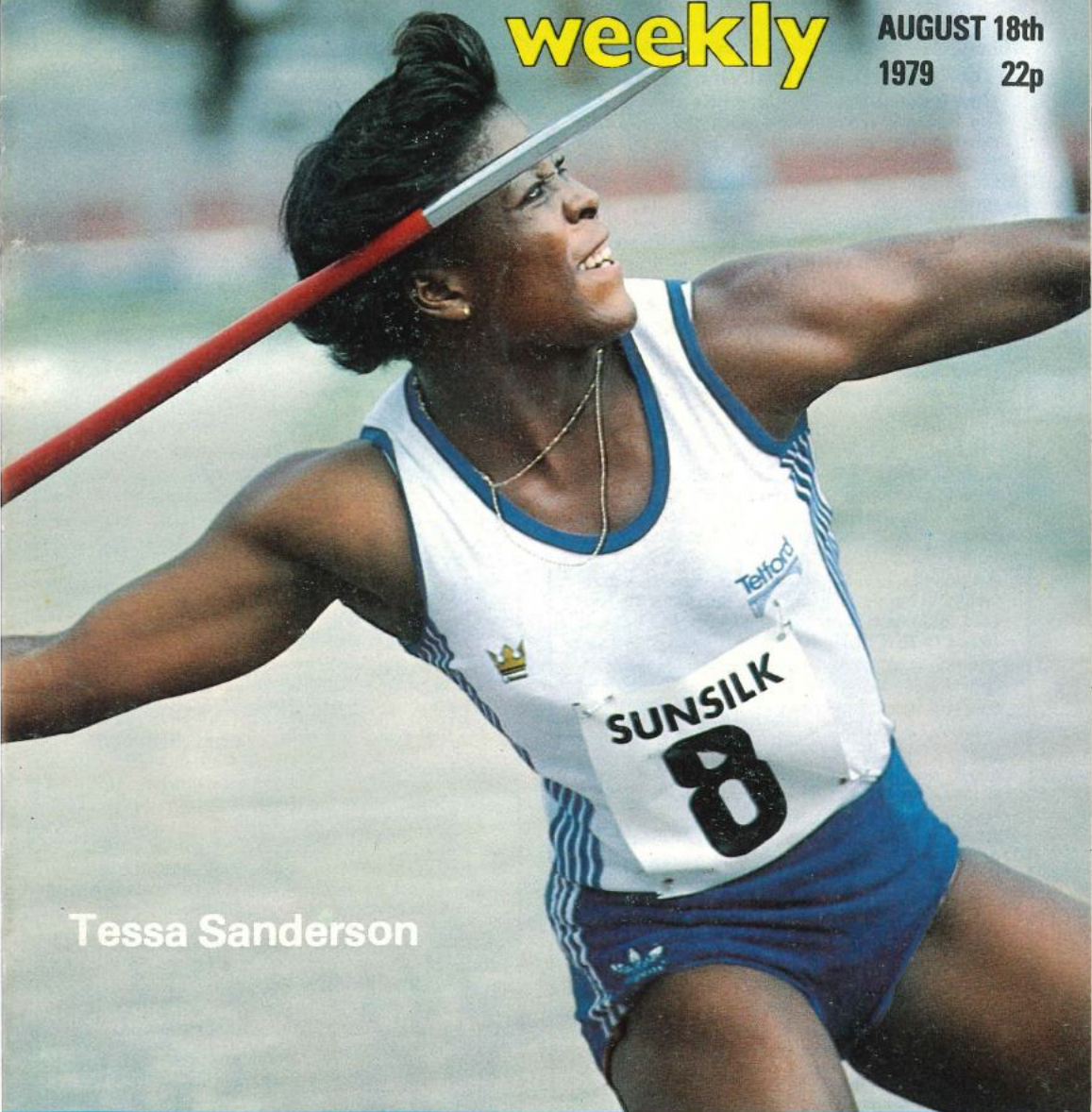


INCORPORATING: WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

athletics weekly

AUGUST 18th
1979 22p



Tessa Sanderson



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11.50 a.m.	Junior	2,043m
12.10 p.m.	Boys	4,658m
12.40 p.m.	Youths	4,658m
1.10 p.m.	Inter Girls	4,000m

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INCORPORATING WOMEN'S ATHLETICS • MODERN ATHLETICS & WORLD ATHLETICS

athletics weekly

Vol. 33 No. 33

AUGUST 18th 1979

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THE WEEK AHEAD

Saturday, August 18th: SCAAA Champs (2nd day), Crystal Palace; SCWAAA Inter-Counties Champs, Newham; Glenlivet Highland Games, Edinburgh; Midland League; Scottish & North-West League; Welsh National & Open Marathon, Newport; Dartford Open Meeting; NCWAAA Pentathlon, Walk & Relay Champs, Hull; Bute Highland Games, Rothesay; 'TT' Walks, Isle of Man.

Sunday, August 19th: Ireland v Wales v Holland Men's International, Dublin; Scottish Women's Cup Final, Coatbridge; Midland League (Div. 3), Solihull; Telford Games; Luton Open Meeting; Cambridge H Open Meeting, Crystal Palace; Pilkington Open Meeting, St. Helens; Carl Wright Trophy Meeting, Redditch; YA Meeting, Worthing; Standards Meeting, Gateshead; GEC Gala Day '10', Leicester; Barnoldswick Weets Fell Race; Sedbergh Hills Race.

Tuesday, August 21st: Bob-a-Nob Meeting, Leamington; Derby Open 3000m, Municipal Stadium.

Wednesday, August 22nd: W. Yorkshire

League, Huddersfield; Essex Veterans' Championships, Hornchurch; SCAAA Junior Decathlon & Youth Octathlon Champs (1st day), Hendon; London Vidarians 5M Walk, Carshalton.

Thursday, August 23rd: SCAAA Junior Decathlon & Youth Octathlon Champs (2nd day), Hendon.

Friday, August 24th: Ipstones '5'.

Friday, August 24th to Sunday, August 26th: World Cup, Montreal.

The AGM of the British Milers Club will be held on Sunday, September 30th at Cophthall Stadium, and not as stated in their advertisement in our issue of August 4th.

Ryde Harriers will be holding a 5 Mile Road Race on Saturday, August 25th (4.30 pm) at Haven Street, Nr Ryde, I.O.W. Entries 40p on the day. Details — Tel: Ryde 67910.

COVER PHOTO BY MARK SHEARMAN

JIM COOTE: A GOOD & HONEST REPORTER

THE tragic death in an air crash of Jim Coote (42), athletics correspondent of the *Daily Telegraph* since 1961, has robbed our sport of one of its most experienced and enthusiastic commentators... and on a personal note I have lost a good friend of nearly 20 years standing.

Jim would have been the first to admit he was not the greatest of writers in terms of literary style but his despatches from all over the world reflected a lively and enquiring mind, a love of the sport and an understanding of athletes' needs. He was a good and honest reporter, and in our trade I can pay no higher tribute than that.

Jim had an engaging personality and was immensely popular with his colleagues, not only in Britain but all over Europe. The high regard in which he was held could be gauged from the shocked response of the international press corps in Turin when the news of his death broke.

I shall greatly miss his breezy personality, and remember with affection our times together — whether sunning ourselves by a pool in Jamaica or munching NAAFI sausage rolls at Cosford. He would always go out of his way to help a colleague, and I have cause to be grateful for the many occasions he would bring back a set of results for 'AW' from a match abroad.

To his wife Val, and children Colin and

Louise, goes my deepest sympathy at this sad time.

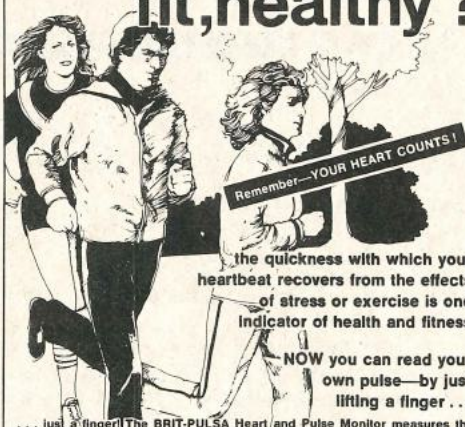
Mel Watman

Neil Allen (*London Evening Standard*) writes: Jim succeeded me as President of the International Athletics Writers Commission in Prague last year and my colleagues on that Commission, of which I am still a member, have asked me through *Athletics Weekly*, to express their deep sense of loss at the news of Jim's death.

In the first day of the European Cup Final in Turin more than 100 journalists from France, both Germanys, Sweden, Italy, Austria, the Soviet Union etc., came to me to tell me how much they would miss Jim in the future. Very many of them had experienced acts of kindness from him (help with a transfer charge phone call, details about British athletes, accommodation in his home) but then Jim, who spoke both French and German, was arguably the most European conscious of all British sports-writers.

He could be an abrasive character, which is perhaps necessary to our trade, but he had a keen sense of humour, an appetite for knowledge of all kinds and, sadly to write this now, an enormous zest for life.

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Back in the early sixties there were three of us, myself then working for *The Times*, John Rodda for the *Guardian* and Jim for the *Daily Telegraph*, who covered more athletics than any other Fleet Street writers. We saw, for example, Adrian Metcalfe, now a TV commentator, compete in the Oxford University freshmen's sports, and we were together in Volgograd in 1963 when Britain beat the Russian Republic and laid the foundations for the remarkable successes of the Tokyo Olympics the following year.

All three of us, without pre-consultation, often found ourselves criticising the establishment of our sport. Sometimes I am sure we were wrong. But we did it because we believed that the athletes are far more important than either journalists or officials.

Jim was a fearless reporter but then that was what one would expect of such a live-wire, irrepressible character. He could be the best of travelling companions, shouting "Give me your passports and tickets at once" when we suddenly had to switch airlines, swapping paper-back thrillers with me from Moscow to Montreal, leaping into action on the phone with an ad-libbed story.

The greatest tribute should not come, however, from a colleague like myself, who is bound to be biased, but from the European press and British athletes who chose me, in Turin, to express their sympathy to Jim's family and especially his children Colin and Louise. "Jim was truly," said an old Italian friend, "un tipo dinamico". No press box in Britain, or anywhere in the world, will ever be quite the same without him.

Cliff Temple (The Times & The Sunday Times) writes: Athletics journalists, even those working for different national newspapers, are not the bitter rivals they are commonly supposed to be, and indeed with the borrowed reference book, hastily corrected fact, or "quick quote" in times of deadline stress, actually support each other with friendships hardened by countless meetings and press conferences, as well as shared journeys and meals in hotels around the globe.

Jim's permanent seat in the Crystal Palace press box was probably occupied at more meetings than any other, whether the events in progress on the track were international or local in nature, and his enthusiasm for the sport never waned, even after more than 20 years of reporting athletics for the *Daily Telegraph*. He was held in high esteem by sports journalists all over the world, who elected him as Chairman of the Association Internationale Presse Sportive athletics commission. The last time I saw him, at the BAAB press conference to announce the Turin team, just three days before his tragic death, he was already planning the athletics press seating arrangements for the Moscow Olympics. It would have been his fifth Olympic Games, and even in a sporting festival as huge as the Games

has become, he will be sadly missed in Moscow, and at all meetings before and afterwards.

* Two other internationally renowned athletics writers have died recently: **Jesse Abramson**, the doyen of American trackwriters who attended every Olympics since 1928 and who was for many years correspondent of the *New York Herald Tribune*; and **Doug Gilbert** (40), who will have been known to many of the British athletes who competed in Montreal or Edmonton. Doug, sports columnist of the *Edmonton Sun*, was run over outside the press centre at the Pan-American Games in Puerto Rico.

BARBARA WOOD

Barbara Wood (39), wife of 1956 Olympic 1500m Finalist Ken Wood, died in hospital in Sheffield on July 24th as a result of injuries sustained after a collision with a car over two weeks previously. She never regained consciousness. The fatal accident occurred near her home as Barbara was crossing the road to go into Graves Park for a jog with some friends. Barbara was the daughter of Wally Boyes, an international footballer in the thirties, and she had been married to Ken for 22 years. They have four children.

FASTEST '10' BY BRITISH WOMAN

Tina Wild, who used to run for Sale Harriers and has been in New Zealand for the past 3½ years, informs us that she ran 55:54 in a 10 miles road race at Taupo (NZ) back in January. The race winner was Jack Foster in 48:09 with Roger Robinson (ex-UK) 2nd in 49:32.

AAA/WAAA DRAW

Clubs are reminded that tickets are still available and that the draw will not be until October 24th. Top prizes are £500, £250 and £100. Clubs may obtain tickets by sending a remittance with their order of 4p per 10p ticket; 6p remains with the club as risk-free profit.

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Heather Hunte Runs For Europe In Montreal

ONLY one of the four British athletes picked for the Europe Select team to contest the World Cup in Montreal (August 24th-26th) is expected to compete: Heather Hunte (4x100), who followed up her 11.31 100m in Turin with a UK Championship double in personal bests of 11.30 and 23.15. Allan Wells (200) and Seb Coe (800) have declined, and Donna Hartley (4x400) is injured.

Surprisingly, writes Mel Watman, Brendan Foster was not invited to fill the 10,000m berth, which goes to Ireland's John Treacy. It's difficult to understand the reasoning of Europe team manager Jozsef Sir, quoted by *L'Equipe* as saying "Foster did not totally convince us by his victory in Turin". What more did Bren need to do? As it was he outclassed a field which included the 3rd and 5th fastest performers in the world this year, and it was altogether much more impressive run than Treacy's victory over less notable opposition in the AAA Championships. Bren's absence from Montreal will enable him to concentrate on the IAAF Golden 10,000m in Brussels on September 4th, a race which he is capable of winning in world record time if the conditions are favourable, but it's still rather insulting to him that he wasn't even asked.

Europe Select team: 100: Woronin (Pol); 200: Woronin to replace Wells?; 400/400H: Schmid (Ger); 800: Wulbeck (Ger) to replace Coe?; 1500: Wessinghage (Ger); 5000: Ryffel (Swi); 10,000: Treacy (Irl); 3000SC: Scartezzini (Ita); 110H: Pusty (Pol); HJ: Wszola (Pol); PV: Abada (Fra); LJ: Cybulski (Pol); TJ: Lamitie (Fra); SP: Stahlberg (Fin); DT: Hjeltnes (Nor); HT: Riehm (Ger); JT: Wessing (Ger); 4x100: Zwolinski, Dunecki, Licznarski, Woronin (Pol); 4x400: from Schmid, Hofmeister (Ger), Podlas (Pol), Schulting (Hol), Kolar (Cze). Women's 100/200: Richter (Ger); 400: Szewinska (Pol); 800: Shtereva (Bul); 1500: Petrova (Bul); 3000: Waitz (Nor); 100H: G. Rabsztyl (Pol); 400H: Hollmann (Ger); HJ: Simeoni (Ita); LJ: Anton

(Rom); SP: Fibingerova (Cze); DT: Bozhkova (Bul); JT: Raduly (Rom); 4x100: Haglund (Swe), Ivanova (Bul), Hunte (UK), Rega (Fra); 4x400: Kratochvilova (Cze), Haggman (Fin), Decker (Ger), Szewinska (Pol).

One British-based athlete who will be competing in an individual event in Montreal is Ernest Obeng (Ghana & Belgrave H), winner of the 100m at the African Championships in Dakar in 10.54 (pb of 10.20 in semi-final). Only athletes who competed in the Championships were considered; thus no Rono, Bayi or Nyambui. The team — 100: Obeng (Gha); 200: Ofili (Nig); 400: Hassan (Sud); 800: Maina (Ken); 1500: Boit (Ken); 5000/10,000: Yifter (Eth); 3000SC: K. Rono (Ken); 110H: Obasogie (Nig); 400H: D. Kimaiyo (Ken); HJ: Belfaa (Alg); PV: Bensaad (Alg); LJ/TJ: Agbebaku (Nig); SP: Asaad (Egy); DT: Belhassin (Tun); HT: Boubekeur (Alg); JT: Aye (Iv C); 4x100: from Meite, Kablan, Oure & Nogboum (Iv C), Nkounkou (Congo), Okodogbe (Nig); 4x400: from Hassan (Sud), Atuti & Konchella (Ken), Nogboum (Iv C), Udo (Nig).

Several Chinese athletes are included for the first time in Asia's team. 100: Chairsuvaparb (Thai); 200: Harada (Jap); 400: Handa (Jap); 800: Naji (Iraq); 1500: Rattan Singh (Ind); 5000: Kita (Jap); 10,000: Seko (Jap); 3000SC: Shintaku (Jap); 110H: Fujimori (Jap); 400H: Kadhum (Iraq); HJ: Koshikawa (Jap); PV: Takanezawa (Jap); LJ: Usui (Jap); TJ: Chou Chen-hsien (Chi); SP: Al-Zinkawi (Kuwait); DT: Kawasaki (Jap); HT: Murofushi (Jap); JT: Shen Mao-mao (Chi). Women's 100: Konishi (Jap); 200: Kaibara (Jap); 400/800: Chung Bong-soon (S. Kor); 1500/3000: Kim Ok-sun (N. Kor); 100H: Akimoto (Jap); 400H: Aoi (Jap); HJ: Cheng Tachen (Chi); LJ: Awara (Jap); SP: Shen Li-chuan (Chi); DT: Li Hsiao-hui (Chi); JT: Hsia (Chi).

The USA squad is: 100: Sanford; 200: Evans; 400: Smith; 800: Robinson; 1500: Scott; 5000: Centrowitz; 10,000: Virgin; 3000SC: Marsh; 110H: Nehemiah; 400H: Moses; HJ: Jacobs; PV: Tully; LJ: Myricks; TJ: Livers; SP: Laut; DT: Wilkins; HT: Djerassi; JT: Atwood. Women's 100/200: Ashford; 400: Kelly; 800: Jackson; 1500/3000: Larrieu; 100H: LaPlante; 400H: Brown; HJ: Ritter; LJ: McMillan; SP: Seidler; DT: Winbiger; JT: Schmidt.

BRITISH GIRLS LOSE RECORD

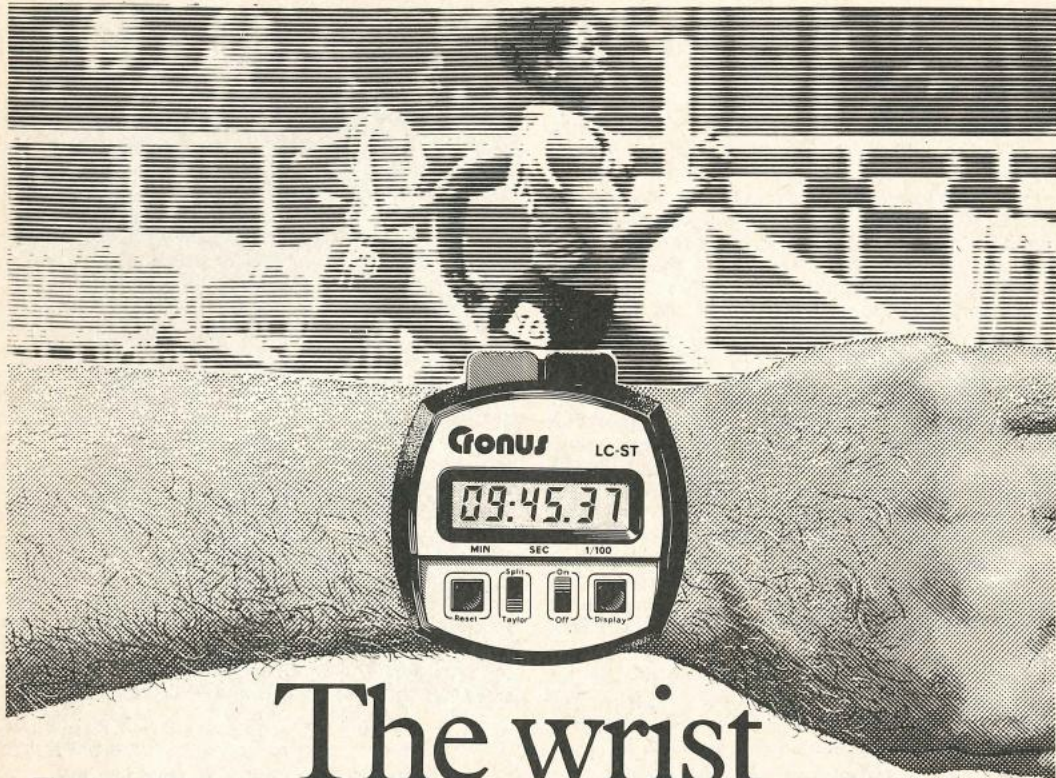
A team representing the Ukraine, composed of Raisa Makhova, Nina Zyuskina, Tatyana Prorochenko and Maria Kulchunova, clocked 1:30.8 for the women's 4x200 relay (average of 22.7 per leg) during the Moscow Spartakiade on July 29th. Britain held the previous world record at 1:31.6.

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Olympic Decathlon Standard For Brad McStravick

BRAD McSTRAVICK (23) became the first UK decathlete to gain the Olympic qualifying standard (7550 elec) when winning the AAA title at Alexander Stadium, Birmingham, on August 4th/5th.

The following winds were helpful to all athletes in the 100m, although allowable for decathlon record purposes (4.00 mps). Eugene Gilkes (17) had the fastest time at 10.62w, with Brad next best at 10.78w. Kevin Atkinson went into the lead after the long jump with a windy 7.23m jump, Greg Richards being the only other athlete to go over 7m with a legal 7.06. With a put of 12.10m, young Gilkes went into the lead (2249 to Brad's 2241). Colin Boreham moved into 2nd place overall with a good clearance at 2.08m. and with McStravick adding a further centimetre to his recent best of 1.92 he went into the lead (3037). There was some fine 400m running, with many personal bests being broken. In the final heat Gilkes won with 48.62, while in his wake Atkinson reduced his best to 48.91, Boreham to 49.13 and McStravick to 49.14. At the end of five events McStravick led with a first day best of 3881, from Boreham 3842, with Gilkes 3rd at 3706.

Boreham contended with the wind in the hurdles with a fast 15.18, ahead of McStravick at 15.47. John Howell once again topped the discus

BRAD TO TRAIN IN USA

The new AAA decathlon champion Brad McStravick, who is from Plymouth, is being sponsored to the tune of £1200-1500 by an elderly widow in Cornwall who watched an interview on Westward Television's 'Time Out' programme in which Brad said he would need that sort of sum to cover his expenses in order to train in the USA.

with 42.40m, Mike Corden creeping through the field with 40.44. The pole vault produced a crop of personal bests. Nick Phipps won one pool at 4.30m, with McStravick adding 20cm to his best also at 4.30, ahead of Geoff Ward at 4.20. Five others cleared 3.90m, which is good vaulting for a decathlon. By this time McStravick had stretched his lead: 6214 to Howell's 5872 and Corden's 5814. The javelin also produced a number of lifetime bests, McStravick beating his on all 3 trials (all over 58m).

With one event to go McStravick led with 6963; Corden was 2nd with 6553 and Boreham 3rd with 6480. Paul Edwards and Boreham shared the lead in the 1500m, with Paul overtaking Colin towards the end and lunging at the tape with 4:23.1. Boreham clocked a fast 4:23.6.

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Free refreshments will be provided after the event.

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Details from, and entries to, D. K. Johnson, Secretary Norwich Union Road Relay, DP Department, Norwich Union Insurance Group, Norwich, Norfolk NR1 3NG.

N.B. The first claim rule will be strictly applied.

CLOSING DATE — OCTOBER 5th, 1979



Brad McStravick running in the final event of the AAA Decathlon Championship.

Tim Pike

McStravick had required about 4.30 to attain the Olympic standard, and he was easily inside with his run of 4:27.5. His final points score of 7569 not only added 142 to his best, but moved him to 5th place on the UK all-time list. Boreham, in his first season of decathlons, produced his 4th mark over 7000. Stalwart Mike Corden came through once again for 7063; in 4th place Peter Brugnani added 12 points to his best, and other personal bests were set by Paul Edwards, Kevin Atkinson and Greg Richards. Eugene Gilkes won the AAA Junior title at his first attempt, ahead of Leon Shakes and Robert Betts who added 67 points to his best.

Alan Lindop

1, B. McStravick (Sheff) 7569 (10.78w, 6.61, 12.68, 1.93, 49.14, 15.47, 38.18, 4.30, 59.00, 4:27.5); 2, C. Boreham (B'mth) 7114 (11.28w, 6.94, 10.92, 2.08, 49.13, 15.18, 31.38, 3.20, 56.36, 4:23.6); 3, M. Corden (Sheff) 7063 (11.36w, 6.48, 13.86, 1.81, 50.82, 16.16, 40.44, 3.90, 58.18, 4:42.4); 4, P. Brugnani (H'gey) 6835 (10.89w, 6.93, 11.03, 1.87, 50.54, 16.07, 34.44, 3.90, 49.30, 4:57.3); 5, J. Howell (Stoke) 6820 (11.06w, 6.49, 13.03, 1.78, 50.57, 16.00w, 42.40, 3.90, 48.38, 5:13.7); 6, P. Edwards (Walton) 6693 (12.06w, 6.44w, 12.77, 1.93, 52.57, 17.43,

38.90, 3.60, 51.64, 4:23.1); 7, K. Atkinson (Stoke) 6610 (10.96w, 7.23w, 9.70, 1.75, 48.91, 16.05w, 29.60, 3.40, 49.84, 4:41.1); 8, J. Crotty (Stoke) 6485 (11.56w, 6.81w, 11.71, 1.70, 52.06, 15.83, 34.00, 3.90, 45.02, 4:47.9); 9, G. Richards (Ver) 6484 (11.60w, 7.06, 11.96, 1.93, 54.96, 15.69, 37.00, 3.20, 45.92, 4:56.9); 10, R. Knox (B'mena) 6418 (11.74w, 6.05, 10.71, 1.81, 51.83, 16.09w, 36.06, 3.80, 51.08, 4:45.1); 11, E. Gilkes (Ex. B-J) 6409 (10.62w, 6.61, 12.10, 1.70, 48.62, 17.03, 30.46, 2.50, 45.90, 4:26.4); 12, C. Brooks (Bel) 6310 (13.49 SP); 13, L. Shakes (Ex B-J) 6304 (11.45w, 6.22, 11.42, 1.90, 51.75, 16.20, 31.68, 3.00, 51.14, 4:47.9); 14, J. Bilderbeck (USA) 6234; 15, R. Betts (Sheff-J) 6102 (11.62w, 6.12w, 10.72, 1.78, 53.40, 17.08, 34.04, 3.40, 47.20, 4:41.3); 16, G. Ward (Stoke) 6038 (6.88w, 4.20); 17, O. Sussex (S'end-J) 5611; 18, T. Brookings (Ex. B) 5549; 19, J. Harnett (Rol-J) 5254; 20, M. Standen (Newc-J) 5171; 21, W. McCarron (Anna) 4310. N. Phipps (Sheff) dnf (11.42w, 6.03, 13.63, 1.78, dnf 400, 17.08, 38.88, 4.30); F. Obikwu (H'gey-J) dnf (11.70w, 6.49w, 12.21, 1.90, 52.76). **Juniors:** 1, Gilkes; 2, Shakes; 3, Betts.

BOOKS FOR THE ALL-ROUND ATHLETE

"Decathlon & Pentathlon", by Tom McNab. Authoritative BAAB Instructional Booklet (published 1978) covering training, technique, history etc. Price: £2.20.

IAAF Scoring Table For Men's T&F Events. Incorporates decathlon scoring tables. Price: £1.15.

IAAF Scoring Table For Women's T&F Events. Incorporates pentathlon & heptathlon scoring tables. Price: 90p.

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Pole Vault Cost Daley Possible World Record

Competing in his first decathlon since last year's European Championships, Daley Thompson was on course to break Bruce Jenner's world record of 8617 pts before disaster struck in the eighth event. His own poles having been lost en route to the event at Flein (Ger) on July 28th/29th, he had to borrow one . . . and proceeded to fail three times at his opening height of 4.30m.

Until that point, Daley had performed magnificently. He began with the fastest 100m of his life (10.45); then long jumped 7.60m, put the shot a personal best of 14.82m, high jumped 2.06m and ran 400m in 47.30 for a formidable first day score of 4507. The second day started off equally auspiciously with 14.39 for the hurdles (a

vast improvement over his previous best of 14.85) and a discus throw of 43.14m. After seven events his score stood at 6169 pts, compared with 6125 at the same stage during his 8467 total in Edmonton and Jenner's 6036 in Montreal. The zero point score in the pole vault destroyed all that went before, but Daley was still sufficiently motivated to come back with a personal best javelin throw of 61.92m before withdrawing from the 1500m. His eight-event score: 6954. Had he managed to reproduce his Edmonton marks in the vault (4.80m) and 1500 (4:25.8), Daley's final score would have been 8577, a European record, while a combination of 4.80/4:20.1 or 4.90/4:23.3. would have seen the world record broken.

Promising Display By Young All-Rounders

WHILE their Senior counterparts were trying to qualify for the finals of the European Cup, the Junior decathlon/pentathlon teams were competing in the International Junior Cup Match a short distance away at Wilhelmshaven on July 14th/15th with 7 of the 8 athletes scoring career bests, while the 8th achieved a season's best.

Germany's Siegfried Wentz was the individual decathlon winner, increasing his personal best from 7551 (elec) to 7793 (manual) and stands as favourite to succeed Daley Thompson as European Junior champion. Fidelis Obikwu was the highest placed British Junior, with a tremendous score of 7223 for 2nd place on the UK Junior all-time list, and good enough for 15th on the Senior list. Fidelis had personal bests in the 100, shot, 400, hurdles, discus and pole vault! He added 240 points to his best. In 7th place Leon Shakes (who is still eligible for Junior competition next year), added 78 pts to his best mark for 5th on the UK Junior lists, setting best

marks in the 400, hurdles and 1500m, and included a good high jump of 2.01m. In 11th place was Eugene Gilkes, competing in only his third decathlon. He started the year with 5870 (Junior implements), then scored 6140 at the Inter-Area match, and has now improved to 6447. Eugene (who is from Scotland) attends school in England, represents Essex Beagles and was born on 5.3.62 — so he can compete in the 1981 European Juniors. A 47.3 400 performer, he started the ball rolling with a sparkling 100m win in a legal 10.4 for a UK age-17 best (and best ever by a UK decathlete) and also set pb's in the hurdles, pole vault and 1500. Completing the British quartet of personal bests was John Ball, who claimed pb's in the 100, 400m and 1500m, as well as an individual victory in his speciality, the pole vault, at 4.20m. Although the British scores were good the West Germans had two teams in excess of the UK points total.

In the pentathlon, Sabine Everts (born 1961) outshone her opposition, setting a World Junior best of 4627 (previous record was 4409 with electric timing), and her score would have been good enough to beat the Seniors in the European Semi-Finals! She won the hurdles in 13.3 and the high jump at 1.84m, before a startling long jump of 6.69m (+2.6m wind). She did in fact have a legal 6.54m for a Junior record, and finished with a fast 2.12.7 800. She must be favourite to capture the European Junior title. Kim Hagger placed a good 4th behind the German trio, with a season's best of 3815 — 92 points short of her best. Carmen Pryce beat her personal best in the hurdles, 800 and shot (at 12.64m the best in the UK by a Junior this year). Her total score was 89

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points better than before. Claire Henley, like Carmen and Denise Cole competing in her first international, added 111 points to her best, while Denise Cole gained 110 points.

Alan Lindop

Decathlon: 1, Wentz (G) 7793; 2, Mainz (G) 7234; 3, OBIKWU 7223 (11.1w, 6.10w, 13.76, 1.92, 51.2, 16.0w, 40.52, 4.00, 59.72, 4:35.3); 4, Kolsch (G) 7076; 5, Heilbrunner (G) 7012; 6, Sonnenburg (G) 6951; 7, SHAKES 6714 (11.3, 6.93w, 12.07, 2.01, 50.9, 16.0, 34.38, 3.00, 47.60, 4:45.0); 8, Schulze (G) 6667 . . . 11, GILKES 6447 (10.4, 6.34w, 12.53, 1.65, 48.3, 16.1w, 33.52, 2.60, 41.00, 4:36.0); 12, BALL 6425 (11.5, 5.91w, 10.90, 1.86, 53.3, 17.0, 35.54, 4.20, 49.94, 4:47.0). **Teams:** 1, Germany 22,039; 2, Germany 'B' 20,694; 3, UK 20,384; 4, Netherlands 18,930.

Pentathlon: 1, Everts (G) 4627 (world junior best; 13.3, 11.06, 1.84, 6.69w, 2:12.7); 2, Koniger (G) 4124; 3, Filsinger (G) 4069; 4, HAGGER 3815 (15.0w, 10.34, 1.69, 5.73, 2:28.9); 5, Goedeheart (N) 3808; 6, Muller (G) 3787 . . . 9, PRYCE 3729 (15.0w, 12.64, 1.55, 5.41, 2:30.3); 11, HENLEY 3644 (15.4, 10.38, 1.69, 5.63w, 2:39.4); 13, COLE 3559 (16.4, 10.25, 1.63, 5.63w, 2:31.5). **Teams:** 1, Germany 12,820; 2, UK 11,188; 3, Germany 'B' 11,171; 4, Netherlands 11,147.

OFFA'S DYKE '15' (Cat. C)

June 17th

1, D. Francis (West) 1:29:52; 2, S. Evans (Car) 1:31:52; 3, P. Haywood (Worc) 1:32:16; 4, A. Darby (Sale) 1:33:35; 5, R. Aucott (Dark P) 1:33:46; 6, R. Cooper (Worc-V) 1:34:01; 7, J. Smith (West) 1:34:11; 8, J. Barker (Grim) 1:34:17; 9, R. Edwards (Leic) 1:34:26; 10, R. Coles (B'heath) 1:36:03; 11, J. Hurt (B'mouth-V) 1:36:20; 12, R. Hill (Lut) 1:36:25; 13, B. Smith (B'mouth) 1:36:35; 14, R. Morgan (B'mouth) 1:36:44; 15, M. White (Sheff U) 1:36:52; 16, P. Hands (Leic) 1:37:52; 17, T. Bland (Grim) 1:37:57; 18, S. McGuinness (Salis) 1:38:33; 19, J. Alcock (Leic) 1:38:39; 20, D. McNamee (Chelt) 1:39:07. **Teams:** 1, Westbury 35; 2, Bournemouth 38; 3, Leicester 44; 4, Grimsby 51; 5, Blackheath 57; 6, Sale 90.

Medway AC's Rochester '5' Road Race will take place on November 18th and will again include a Ladies' Race.

AW's for 1967-78 (with a few missing) are available for postage only from Mr. H. Vinall, 142 Sandown Road, Shanklin, Isle of Wight.

We have been informed that Nicola McGee's long jump of 6.18m at the WAAA Championships was not 'windy'.

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2 MILES COLTS 2.00 p.m.
(12 and 13 yrs on August 31st, 1979)

2 MILES BOYS 2.30 p.m.
(14 and 15 yrs on August 31st, 1979)

4 MILES YOUTHS 3.00 p.m.
(16 and 17 yrs on August 31st, 1979)

**6 MILES SENIORS &
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ENTRIES CLOSE 6th SEPTEMBER, 1979
Your Club is invited to take part

Welsh Schools Championships

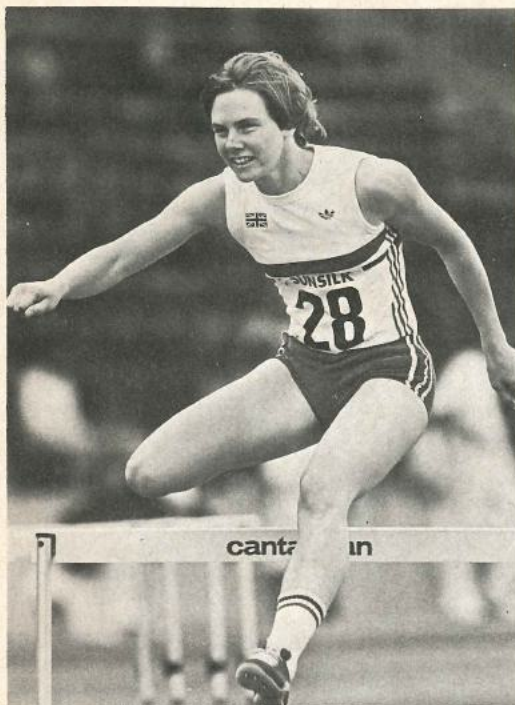
THE star performer at the Welsh Schools Championships at Cwmbran on July 7th was David Wood who took 3 senior events: the 200 in 23.0, the long jump (6.75m) and the triple jump with a new Welsh Schools' record of 14.90m. This leap was 11cm short of the Welsh under-20 record he set on July 4th. Phil Harvey took the 200 in the middle section in 22.4 before clocking a new record of 49.1 in winning the 400, this time being short of his new Welsh Youths record of 48.46 in France recently.

Jane Buttress was outstanding in the girls' section. She took both hurdles events, equalling Amanda Stacey's 11.8 80m mark and setting a new 400m time of 64.1. Sandra Lee followed up her recent Welsh Inter discus record of 45.04m with a Welsh Schools record of 43.48, setting a new record in the shot too. Julia Charlton (13) repeated her Welsh Champs winning height of 1.70m.

Clive Williams

(Senior Boys): 400: D. Harrison 50.1. 2000SC: 1, J. Messum 6:07.1; 2, S. Axon 6:10.0. 110H: T. Lewis 15.0. 400H: 1, P. Lewis 56.3; 2, M. Batten 56.9. LJ: D. Wood 6.75. TJ: 1, Wood 14.90; 2, P. Ward 14.29. SP: J. Daniels 13.92. DT: J. Collins 41.80. (Inters): 100: 1, I. Strange 11.1; 2, M. James 11.1. 200: P. Harvey 22.4. 400: 1, Harvey 49.1; 2, James 49.5. 800: A. Whealan 1:58.7. 1500SC: 1, M. Thomas 4:21.8; 2, P. McHugh 4:37.7. 100H: N. Walker 14.1. 400H: 1, G. Rees 56.8; 2, A. Jones 57.2; 3, G. Lintern 58.2; 4, S. Kinchin 59.0. HJ: A. Norris 1.93. PV: R. Hughes 3.75. TJ: P. Hawkins 13.68. SP: 1, M. Hewer 16.63; 2, T. McClean 14.45. 4x100: Gwent 44.9. (Juniors): 100/200: R. Evans 11.9/23.5. 400: A. Mathews 54.9. 800: 1, G. Howells 2:06.5; 2, A. Richards 2:06.8. 80H: A. Richards 12.0. HJ: 1, D. McIver 1.80; 2, N. Hancock 1.74. LJ: R. Clappe 5.84. DT: P. Jenkins 40.82.

(Senior Girls): 400: 1, A. Griffiths 58.2; 2, C. Nicholas 58.2. 100H: N. Evans 15.3. 400H: A. Carson 67.9. SP/DT: A. Hourihan 10.75/35.74. JT: J. Jackson 36.22. (Inters): 200: 1, K. Taylor 25.7; 2, J. Peates 25.9. 400: 1, P. Thomas 56.9; 2, Taylor 57.2; 3, B. Preece 59.9. 1500: 1, C. Williams 4:47.9; 2, T. Kenwood 4:53.3. 3000: 1, B. Powell 10:56.0; 2, B. Thomas 10:57.0. 80H: 1, J. Buttress 11.8; 2, A. Simmons 12.0; 3, K. Shone 12.2; 4, N. Margrave-Jones 12.4. 400H: 1, Buttress 64.1; 2, J. Wyatt 67.9; 3, E. Pritchard 69.1. HJ: P. Walker 1.59. SP: 1, S. Lee 10.86; 2, J. Leonard 10.08; 3, J. Richardson 9.59. DT: 1, Lee 43.48; 2, S. Worthy 30.36. JT: 1, S. Pesticcio 36.22; 2, A. Horrex 34.40; 3, S. Jones 31.32. (Juniors): 100/200: J. Oliver 12.7/26.2. 1500: 1, K. Roderick 4:56.8; 2, J. Thomas 4:58.4. 75H: 1, J. Charlton 12.0; 2, S. Oakley 12.0. HJ: Charlton 1.70. DT: S. Phillips 27.60. JT: J. Tayler 36.10. 4x100: Clwyd 51.7.



Chris Warden winning the WAAA 400m hurdles title in the UK record time of 56.06.

George Herringshaw

At an Extraordinary General Meeting held on June 27th it was decided that the Bognor Regis Athletic Club would in future incorporate the name of Chichester in its title and would therefore be known as The Bognor Regis & Chichester Athletics Club.

Chris Dinsdale set a UK age-17 best of 54.62m with the 1.75kg discus at the Suffolk Schools Championships at Bury St. Edmunds on June 9th.

Inter-Services Championships

At Aldershot, July 18th

100: E. Cutting (RAF) 10.9. 200: 1, Cutting 21.9; 2, W. Taylor (A) 22.3. 400: 1, Taylor 47.8; 2, M. Ducasse (RAF) 48.1; 3, S. Murphy (RAF) 48.4; 4, K. Akabusi (A) 49.3; 5, T. Bozie (RN) 50.0. 800: S. Larder (RAF) 1:52.6. 1500: 1, M. Edwards (A) 3:54.2; 2, S. Rimmer (RAF) 3:54.7. 5000: 1, J. Goater (RAF) 13:55.0; 2, R. Crabb (RAF) 14:08.0; 3, G. Grant (A) 14:14.4; 4, C. Shields (A) 14:33.0. 3000SC: 1, R. Hackney (RAF) 8:41.4; 2, D. Rimmer (RAF) 8:53.0; 3, E. Turner (A) 8:58.2; 4, T. Davies (A) 9:06.2; 5, K. Cawley (RN) 9:12.4. 110H: 1, A. Cronin (RN) 15.0; 2, M. Morgan (A) 15.3; 3, D. East (A) 15.5; 4, D. Leonce (RAF) 15.7. 400H: 1, N. Killen (A) 54.7; 2, H. Smith (RAF) 55.3; 3, P. Searchwell (A) 55.3; 4, T. Lewis (RN) 55.4; 5, C. Shiel (RAF) 55.8; 6, E. Over (RN) 56.1. HJ: 1, M. Butterfield (RAF) 1.95; 2, C. Harris (RAF) 1.95. PV: 1, P. Cribb (A) 4.10; 2, N. Heal (RAF) 4.10; 3, M. Mooney (A) 4.10; 4, S. N'Jie (RAF) 4.00; 5, N. McPhee (RN) 4.00. LJ: 1, G. Hughes (RAF) 7.13; 2, R. Straker (A) 6.89. SP: 1, E. Ricketts (A) 14.75; 2, S. Peacock (A) 13.92; 3, T. Walhen (RN) 13.54; 4, P. Edwards (RAF) 13.11. DT: 1, M. Johnson (A) 47.10; 2, Edwards 41.86; 3, P. Field (A) 40.70. HT: 1, P. Stark (RAF) 54.74; 2, H. Davidson (RAF) 51.60; 3, K. Bodger (A) 51.02; 4, R. Gray (RN) 46.28; 5, A. Moogan (A) 45.34. JT: 1, M. Annis (A) 63.16; 2, J. Crosse (RAF) 59.96; 3, M. Green (RAF) 59.24; 4, N. Worth (A) 56.18. 4x100: 1, RAF 42.3; 2, Army 42.6; 3, Royal Navy 43.4. 4x400: 1, Army 3:13.3; 2, RAF 3:13.7. Teams: 1, RAF 164; 2, Army 160; 3, Royal Navy 67.

Women

400/800: T. Colebrook (WRAF) 54.8/2:18.0. 100H: C. Castle (WRAC) 15.1. LJ: Hendrickson (WRAC) 5.55. SP: 1, J. Severn (WRAC) 11.51; 2, E. Maynard (WRAC) 10.95. JT: J. Elliott (WRAF) 41.18. 4x100: WRAC 49.2; 2, WRAF 49.6. Teams: 1, WRAC 98; 2, WRAF 88; 3, WRNS 41.

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3x1100m Relay Girls U/13 for the **FRODSHAM PLAQUE** (holders Rossendale A.C.)

3x1100m Relay Girls U/15 for the **DEREK COUPE TROPHY** (holders Stoke A.C.)

3x1100m Relay Inters U/17 for the **FOUNDATION TROPHY** (holders Sale H.)

(Ages as at 1st September, 1979)

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Plaques for first three 'A' teams. Medals for 'B' teams depending on entry. Separate A & B races to be held if necessary.

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Irene Broughton Trophy for 1st Team of 3 plus prizes. Individual entry fee 40p.

Entries close **Tuesday, 11th September, 1979**, to Mrs Janet Briggs, 10 Hillfield, Frodsham, via Warrington, Cheshire WA6 6DA. (Tel. Frodsham 32142).

CLOSE FINISH TO NATIONAL 50km WALK

IN a race of surprises and fluctuating fortunes on a testing 7-lap course at Coventry on July 21st, the final outcome of the RWA National 50km championship was decided only in the last 200m when New Zealander Mike Parker proved just too strong for an ever fighting Adrian James who confirmed his No. 1 British placing at the distance for this year.

It was the Enfield man who led for the major part of the first half, only to drift back to 5th. Brian Adams took over the lead, to be passed by the eventual winner at 31km. Parker, the first from his country to win an RWA title since Norman Read in the 20 miles in 1966, was then joined by James at 37km and they battled together for the next 10km until Parker drew away again. However, the gallant James was not finished and he rejoined Parker with a kilometre remaining, only to be edged out in the final sprint.

Whereas the established men such as Bob Dobson, John Warhurst, Ian Richards and Brian Adams had sub-par performances, up and coming youngsters George Nibre, Chris Maddocks, Peter Ryan, Peter Jarman and Paul Blagg excelled themselves, as did Peter Hodgkinson and ever improving veteran John Eddershaw. The standard was good overall, with 18 beating 4¼ hours, considering there were only 56 finishers. In the team race Sheffield again came out on top but only after a tough battle with Leicester. Chris Maddocks, a brilliant 3rd plus his 4:22 effort in the Plymouth to Dawlish, and George Nibre and Peter Hodgkinson (on the basis of their efforts here and in the Barking to Southend) were chosen, along with Adrian James of course, for the Lugano Cup Semi-Final at Hove on September 2nd. Reserve is Ian Richards. The 20km team is Olly Flynn, Roger Mills, Amos Seddon and Chris Harvey; reserve: Gordon Morris.

1, M. Parker (Brighton/NZ) 4:14:26; 2, A.

James (Enf) 4:14:30; 3, C. Maddocks (Daw) 4:22:08; 4, G. Nibre (Ilf) 4:23:08; 5, P. Hodgkinson (Met P) 4:23:12; 6, I. Richards (Cov) 4:25:46; 7, B. Adams (Leic) 4:26:38; 8, J. Eddershaw (Sheff) 4:26:50; 9, P. Ryan (Sheff) 4:32:47; 10, D. Holly (B'ton) 4:33:00; 11, R. Lancefield (SWC) 4:33:38; 12, J. Paddock (Leic) 4:34:44; 13, J. Warhurst (Sheff) 4:35:19; 14, P. Jarman (SWC) 4:37:21; 15, C. Lawton (Bel) 4:37:54; 16, A. Geal (Steyn) 4:38:09; 17, P. Blagg (Bel) 4:41:33; 18, K. Halstead (Cov) 4:41:51; 19, C. Berwick (Leic) 4:45:04; 20, G. Chaplin (Cov) 4:47:11; 21, J. Newnham (Bel) 4:47:13; 22, A. Malone (Stock) 4:48:27; 23, R. Hankin (Sheff) 4:51:45; 24, P. Markham (Leic) 4:53:34; 25, P. Worth (Enf) 4:54:24; 26, G. Tranter (RS & Birm) 4:55:04; 27, M. Lambden (Bound) 4:55:52; 28, E. Holmquist (High) 4:57:17; 29, S. Wynn (SWC) 4:58:20; 30, R. Day (Bel) 4:59:01; 31, T. Morris (Greyl) 5:01:54; 32, R. Middleton (Bel) 5:03:00; 33, W. Johnson (York P) 5:04:43; 34, E. Shillabeer (Daw) 5:06:05; 35, N. Morris (Bel) 5:06:45; 36, J. Dowling (Sheff) 5:06:45; 37, M. Angrove (Greyl) 5:18:17; 38, A. Brooks (Yorks) 5:19:06; 39, D. Jones (Leic) 5:20:30; 40, K. Till (B'ton) 5:21:46. 80 started, 56 finished. **Teams:** 1, Sheffield Utd 39; 2, Leicester WC 47; 3, Belgrave 64; 4, Coventry Godiva 70; 5, Surrey WC 76; 6, Enfield 100. **Midland Champ:** 1, Richards; 2, Adams; 3, Paddock. **Teams:** 1, Leicester 17; 2, Coventry 25.

Bob Dobson convincing winner of Royal Sutton & Birmingham Open 35km (July 7th). 1, R. Dobson (Ilf) 2:54:44; 2, I. Richards (Cov) 2:57:55; 3, J. Eddershaw (Sheff) 2:59:43; 4, R. Hankin (Sheff) 3:05:49; 5, K. Halstead (Cov) 3:07:16; 6, G. Chaplin (Cov) 3:08:50; 7, J. Paddock (Leic) 3:09:07; 8, G. Tranter (RS&B) 3:12:32; 9, A. Collins (H'way Poly) 3:12:59; 10, R. Posner (RS&B) 3:15:18; 11, P. Markham (Leic) 3:17:07; 12, T. Morris (Greyl) 3:19:23; 13, R. Colver (Leic) 3:25:58; 14, W. Wright (Cov) 3:28:43; 15, B. Thomas (H'way P) 3:29:49. 34 finished. **Teams:** 1, Coventry 21; 2, Sheffield 32; 3, Leicester 43.

Amos Seddon wins Lugano Cup Trial 20km (July 22nd). Using the fast, flat City of London 2km circuit to full advantage, Amos Seddon clipped off laps of 9:04, 9:02, 9:04, 9:03, 8:56, 8:57, 9:02, 9:07, 9:13 and 9:21 to take a bare second off the previous British best this year set by Roger Mills. The five men following Seddon all set personal bests. 1, A. Seddon (Enf) 90:49; 2, C. Harvey (Lancs) 91:08; 3, G. Morris (Stey) 91:32; 4, K. Carter (Ang) 93:07; 5, D. Cox (Ilf) 93:56; 6, D. Jarman (Sy) 94:57; 7, A. King (Leic) 98:44; 8, G. Scott (Enf) 100:20.

Colin Young

EAST CHESHIRE HARRIERS

7 MILES ROAD RACE

(Under A.A.A. Laws)

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The Guardian Royal Exchange **GOLD CUP FINAL** and Jubilee Cup Final



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Competition**
Crystal Palace

**Saturday
September 1st**
First Event: Field 11.00a.m.
Track 1.00p.m.

Tickets 50p (Children 30p)

Sponsored by



**Guardian
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Beagles Maul Wolves In League Finale

WOLVERHAMPTON & Bilston are Britain's top club for the 5th successive year. At Cwmbran on July 28th, they clinched the GRE British League division 1 title yet again, but suffered their first league defeat of the season at the hands of the vastly improved Essex Beagles who are in their first season in division 1.

Despite the absence of Daley Thompson, the East London club chalked up 247 pts with Wolves 2nd with 231, and Cardiff (the champions in 72/73/74) — despite their best performance of the season in 3rd with 221 pts — not doing enough to avoid the drop to division 2 for the first time in the league's 11 year history. TVH are now the only club left in division 1 who were in the premier division at the outset. Another significant point is that for the first time the two promoted clubs from the previous year — Essex and Birchfield — stay up.

The meeting's top performers were David Baptiste who scored a 10.7/21.6 sprint double; and his Essex Beagles team-mate Richard Slaney who took both shot and discus with 16.30m & 55.06m, beating Peter Tancred in both. Baptiste won the 100m narrowly from Trevor Hoyte, but he had time to wave to the crowd in easily beating Steve Green in the 200.

Cardiff's Andrew McIver (a junior) continued

his remarkable high jump progress this year, adding 5cm to his previous best & 12cm to his pre-season best with a height of 2.08m, whilst former UK hammer record holder Barry Williams took his speciality for a disappointing Stretford, who go down to division 2 next season with Cardiff.

Clive Williams

Essex Beagles 247; Wolverhampton & B 232; Cardiff 221; Thames Valley 210; Birchfield 209; Stretford 134.

100: (A): 1, D. Baptiste (Ex. B) 10.7; 2, T. Hoyte (TVH) 10.7; 3, C. Moven (W&B) 10.8. (B): 1, S. Green (TVH) 10.7; 2, E. Gilkes (Ex. B) 10.8; 3, A. Moore (Bir) 10.9. **200:** (A): 1, Baptiste 21.6; 2, Green 21.9; 3, G. Cohen (W&B) 21.9; 4, P. Brown (Bir) 22.2. (B): 1, Moven 22.0; 2, J. Davis (Ex. B) 22.2; 3, A. St. Louis (TVH) 22.4. **400:** (A): 1, Gilkes 48.3; 2, S. Small (Bir) 48.9; 3, M. Clark (TVH) 49.2; 4, M. Ducasse (W&B) 49.4; 5, A. Williams (Car) 49.5; 6, A. Mottershead (Stret) 50.2. (B): 1, B. Bailey (TVH) 48.8; 2, B. Batten (Ex. B) 49.0; 3, S. Larder (W&B) 49.3. **800:** (A): 1, P. Browne (TVH) 1:51.6; 2, Larder 1:51.6; 3, G. Cooper (Stret) 1:52.5; 4, M. Wilson (Ex. B) 1:53.9. (B): 1, K. Rothwell (Stret) 1:52.7; 2, J. Day (TVH) 1:53.0.

BOLTON UNITED HARRIERS A.C.

DORMA RELAYS

(Under A.A.A. Laws)

LEVERHULME PARK, BOLTON

**SUNDAY,
23rd SEPTEMBER, 1979
1.30 p.m. Start**

**COLTS U/12 BOYS U/14
YOUTHS U/16 JUNIORS U/18**

Ages as at September 1st, 1979

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CLOSING DATE 18th SEPTEMBER, 1979

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(Under ECCU and WCC & RWA Rules)

Fry's Sports Ground, Keynsham, Bristol

SUNDAY, 4th NOVEMBER, 1979

A 'National' Class meeting, 2000 entries last year.

Spectator course, car and coach parking, refreshments.

12.10 p.m.	1½ Miles Girls
12.30 p.m.	1½ Miles Colts
12.50 p.m.	1½ Miles Junior Ladies
1.05 p.m.	5 Miles Junior Men
1.25 p.m.	2½ Miles Boys
1.55 p.m.	2½ Miles Inter Ladies
2.20 p.m.	3 Miles Youths
2.40 p.m.	2½ Miles Senior Ladies
3.00 p.m.	5 Miles Senior Men

PRIZES: Senior Men first 10 and first 3 teams; 1st and 2nd Vets and Vets team; 1st and 2nd Vets Ladies; first 3 and first 3 teams all other events. All male events 4 to score (Vets 3). All female events 3 to score. No team nomination or team fees.

ENTRIES: Senior Men 60p, Senior Ladies & Junior Men 50p, all others 40p. For all except Seniors, date of birth and race must be quoted. **Closing date 26th October.** No late entries. Minimum age 11 years.

Entries to A. Dance, 11 Lyme Avenue, Bath, Avon. Tel. Bath 315115. Enquiries must enclose SAE.

1500: (A): 1, M. Edwards (W&B) 3:51.0; 2, G. Fell (Ex. B) 3:52.5; 3, R. Smedley (Bir) 3:53.1; 4, K. Jones (Car) 3:53.8. (B): 1, T. Blackwell (W&B) 3:53.5; 2, J. Graham (Bir) 3:54.2; 3, A. Leek (Car) 3:54.9. **5000:** (A): 1, B. McSloy (Bir) 14:15.6; 2, S. Slocombe (Car) 14:29.2; 3, C. Mattocks (W&B) 14:38.0. (B): Smedley 14:19.0. **3000SC:** (A): 1, Fell 8:57.6; 2, J. Whewy (W&B) 9:04.0; 3, M. Morris (Car) 9:15.6; 4, P. Baker (TVH) 9:18.6; 5, B. Tilley (Bir) 9:23.8. (B): L. Roberts (Car) 9:27.6. **110H:** (A): 1, R. Danville (W&B) 14.9; 2, K. Pascoe (TVH) 15.2; 3, R. Howey (Ex. B) 15.3. (B): 1, A. James (W&B) 14.9; 2, A. Shiret (Ex. B) 15.7; 3, M. Gill (Bir) 15.8. **400H:** (A): 1, D. West (TVH) 52.2; 2, D. Fishwick (Car) 52.7; 3, H. Robinson (Stret) 53.6; 4, Shiret 54.1; 5, Gill 55.1. (B): 1, Pascoe 54.4; 2, D. Jones (Car) 55.1.

HJ: 1, A. McIver (Car) 2.08; 2, D. Morais (W&B) 2.05; 3, T. Brewster (Bir) 2.05; 4, Hoyte 1.95. **PV:** (A): 1, M. Bull (W&B) 4.80; 2, D. Lease (Car) 4.40; 3, P. Goulding (TVH) 4.30. (B): N. Heal (Car) 4.00. **LJ:** (A): 1, Moore 7.39; 2, T. Wade (TVH) 7.14; 3, G. Hughes (Car) 6.99; 4, R. Martin (Ex. B) 6.98; 5, H. Whyte (W&B)

GRE BRITISH LEAGUE Division 3

At Kirkby, July 28th

Haringey 255; Sheffield 254; Liverpool 213; Polytechnic 192; Bristol 176; Borough of Enfield 161.

100: (A): 1, K. Bennington 10.5; 2, M. Morris (Har) 10.5; 3, S. Norton (Liv) 10.7; 4, P. Key (Poly) 10.7; 5, B. Garner (Bris) 10.9. (B): T. Corbett (Har) 11.0. **200:** (A): 1, Morris 21.9; 2, Bennington 21.9; 3, Key 22.2. (B): R. Ashton (Poly) 22.3. **400:** (A): 1, Ashton 48.0; 2, S. Sole (Sheff) 48.6; 3, D. Spencer (Liv) 48.6; 4, M. Penn (Har) 49.6; 5, S. Bennett (Bris) 50.0. (B): 1, T. Corbett (Har) 49.6; 2, D. Rippon (Sheff) 50.1; 3, A. Ripley (Poly) 50.1; 4, M. Kinsey (Liv) 50.3. **800:** 1, R. Harrison (Liv) 1:49.8; 2, Bennett 1:51.1; 3, M. Farrell (Sheff) 1:53.5. **1500:** (A): 1, K. Newton (Sheff) 3:53.0; 2, S. Butler (Liv) 3:54.6; 3, C. Ridler (Bris) 3:54.9. (B): G. Reynolds (Sheff) 3:53.9. **5000:** 1, J. Woods (Liv) 14:17.4; 2, H. Jones (Poly) 14:23.8. **3000SC:** (A): 1, T. Fieldsend (Sheff) 9:18.6; 2, N. Saunders (Har) 9:22.6; 3, J. Sharp (Bris) 9:23.4; 4, J. Barnard (Poly) 9:31.4. (B): 1, D. Frith (Sheff) 9:21.0; 2, D. Milner (Har) 9:33.6. **110H:** (A): 1, I. Willoughby (Bris) 14.7; 2, N. Towell (Enf) 15.0; 3, B. McStravick (Sheff) 15.0; 4, S. Hinchliffe (Poly) 15.7; 5, P. Brugnani (Har) 15.7. (B): 1, J. Wallace (Poly) 15.2; 2, P. Johnson (Enf) 15.2; 3, N. Phipps (Sheff) 15.3; 4, P. Tobin (Liv) 15.5. **400H:** (A): 1, Sole 53.2; 2, C. Richardson (Har) 53.3; 3, Hinchliffe 54.1; 4, Willoughby 54.4; 5, I. Elliott 56.9. (B): E. Shirley (Poly) 56.5.

HJ: (A): 1, I. Murray (Har) 1.98; 2, V. Hughes

6.85. (B): L. White (Bir) 6.86. **TJ:** (A): 1, A. Wadhams (Ex. B) 15.14; 2, Moore 15.12; 3, S. Power (Car) 14.46; 4, P. Davies (TVH) 14.12; 5, M. Cannavan (W&B) 14.08. (B): 1, J. Phillips (Car) 14.43; 2, A. Flowers (Bir) 14.03; 3, J. Yoyole (Ex. B) 13.82. **SP:** (A): 1, R. Slaney (Ex. B) 16.30; 2, P. Tancred (W&B) 15.54; 3, D. Roscoe (Stret) 15.41; 4, M. Lockley (Bir) 14.32; 5, J. Walters (Car) 13.89; 6, P. Sharman (TVH) 13.33. (B): M. Eyres (Ex. B) 14.57. **DT:** (A): 1, Slaney 55.06; 2, Tancred 54.46; 3, Roscoe 53.18; 4, Walters 44.38; 5, Lockley 43.20. (B): R. Weir (Bir) 42.36. **HT:** (A): 1, B. Williams (Stret) 58.98; 2, Weir 56.90; 3, N. Lia (Car) 50.20; 4, L. Hall (TVH) 49.14; 5, G. Curtis (Ex. B) 48.96; 6, G. Tancred (W&B) 43.68. (B): 1, A. Woods (Bir) 51.34; 2, J. Head (Ex. B) 44.72; 3, M. Eaton (Car) 43.42; 4, P. Tancred 43.06. **JT:** (A): 1, G. Brooks (Car) 68.26; 2, P. Ostapowycz (Stret) 66.14; 3, S. Pearson (W&B) 63.88; 4, M. Annis (Bir) 62.32; 5, S. Ladds (TVH) 60.82. (B): C. Johnson (Stret) 59.52. **4x100:** 1, W&B 42.3; 2, Essex B 42.8; 3, Cardiff 43.5. **4x400:** 1, W&B 3:16.2; 2, TVH 3:17.5; 3, Essex B 3:18.7; 4, Cardiff 3:21.8; 5, Birchfield 3:21.9.

(Liv) 1.98; 3, T. Whittle (Poly) 1.95. (B): C. Moseley (Har) 1.95. **PV:** (A): 1, McStravick 4.01; 2, Brugnani 3.80. (B): Phipps 4.01. **LJ:** (A): 1, Garner 7.30; 2, D. Johnson (Sheff) 7.10; 3, R. Edwards (Har) 7.02; 4, T. Shoebridge (Poly)

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6.85. (B): Bennington 6.83. **TJ:** (A): 1, Edwards 14.69; 2, B. Camp (Liv) 14.13; 3, D. Oluwa (Poly) 14.07; 4, R. Powell (Sheff) 13.94. (B): Brugnani 14.26. **SP:** (A): 1, M. Aldridge (Har) 15.23; 2, B. Holden (Bris) 14.72; 3, M. Holmes (Liv) 14.31; 4, A. Drzewiecki (Enf) 13.98; 5, D. Smedley (Sheff) 13.97. (B): 1, A. Zaidman (Har) 14.02; 2, M. Corden (Sheff) 13.55; 3, P. Dickenson (Enf) 13.26; 4, P. Davies (Liv) 13.22. **DT:** (A): 1, Drzewiecki 46.60; 2, P. Lewis (Har) 43.90; 3, Corden 43.52; 4, Holmes 42.00. (B): 1, Dickenson 45.56; 2, Phipps 41.64; 3, Zaidman 40.54. **HT:** (A): 1, Dickenson 62.64; 2, M. Mileham (Har) 60.88; 3, Holmes 43.36. (B): M. Mason (Enf) 52.68. **JT:** (A): 1, R. Bradstock (Enf) 61.26; 2, F. Obikwu (Har) 59.12; 3, K. Holmes (Bris) 56.76. (B): S. Harvey (Enf) 60.50. **4x100:** 1, Haringey 42.5; 2, Liverpool 42.8; 3, Sheffield 43.7. **4x400:** 1, Polytechnic 3:19.3; 2, Liverpool 3:20.0; 3, Haringey 3:22.0.

GRE BRITISH LEAGUE Division 4

At Hendon, July 28th

Epsom & E 245; Luton 232; Oxford C 224; Brighton & H 203; Met. Police 196; Bedford 148.

100: 1, P. Lavender (E&E) 10.9; 2, V. Carrington (Bed) 11.0. **200:** M. Hatton (Ox. C) 22.2. **400:** (A): 1, S. Murphy (Lut) 48.9; 2, A. Neves (B&H) 49.2. (B): 1, C. Ewart (Ox. C) 49.4; 2, P. Norgate (E&E) 49.7; 3, R. Bishopp (B&H) 50.1; 4, C. Wright (Lut) 50.2. **800:** 1, S. Fox (Ox.

C) 1:53.2; 2, T. Browne (E&E) 1:54.1. **1500:** (A): 1, S. Ovett (B&H) 3:46.2; 2, I. Stewart (Lut) 3:48.3; 3, J. Alcock (E&E) 3:50.6. (B): W. Dee (Lut) 3:49.9. **5000:** (A): 1, B. Atwell (E&E) 14:27.8; 2, I. Thompson (Lut) 14:28.2. (B): G. Ribbons (E&E) 14:28.6. **3000SC:** (A): 1, C. Stebbings (Lut) 9:20.4; 2, A. Bamber (Met. P) 9:23.4; 3, M. Shotbolt (Bed) 9:29.8. (B): A. Bichener (Bed) 9:34.0. **110H:** (A): 1, M. Hatton (Ox. C) 14.6; 2, N. Gerrard (Met. P) 15.3; 3, J. Hobbs (E&E) 15.4; 4, H. Moscrop (B&H) 15.8. (B): H. Jones (Ox. C) 15.6. **400H:** (A): 1, K. Currid (E&E) 53.9; 2, N. Underwood (Bed) 54.7; 3, C. Ewart (Ox. C) 55.3; 4, A. Greaves (Lut) 55.8; 5, Moscrop 56.1; 6, I. Iveson (Met. P) 57.0. (B): R. Thorne (Lut) 56.0.

HJ: 1, L. Wall-Row (Ox. C) 2.00; 2, A. Breden (Met. P) 1.95. **PV:** (A): 1, A. Ross (B&H) 4.65; 2, A. Jackson (Lut) 4.55; 3, J. Cryle (Met. P) 4.20; 4, J. Andrews (E&E) 4.00. (B): C. Boreham (Lut) 4.20. **LJ:** C. West (E&E) 6.81. **TJ:** 1, J. Torpey (E&E) 14.10; 2, B. Hull (B&H) 14.07; 3, S. Ashdown (Lut) 13.96. **SP:** W. Fuller (E&E) 14.70. **DT:** (A): 1, P. Gordon (Met. P) 52.42; 2, Fuller 48.36; 3, C. Scott (Lut) 41.96. (B): B. Lynn (Met. P) 45.28. **HT:** (A): 1, Gordon 58.82; 2, A. Noakes (B&H) 47.26; 3, R. Jenkins (Ox. C) 44.90; 4, Scott 43.58. (B): 1, M. Petra (Met. P) 58.68; 2, R. Willows (B&H) 45.98. **JT:** 1, J. Trower (B&H) 64.86; 2, L. Briden (E&E) 57.12. **4x100:** 1, Oxford City 43.0; 2, Epsom & E 43.1; 3, Bedford 43.1; 4, Met Police 43.2; 5, Brighton & H 43.8; 6, Luton 43.8. **4x400:** 1, Luton 3:19.9; 2, Brighton & H 3:21.8; 3, Oxford City 3:22.1.

Letter

ATHLETES OFF PARADE

Dear Sir,

Having just attended yet another major athletics meeting, this time in Turin, as a supporter of the UK team, I would like to say how appreciative the British contingent of fans were of the grit and determination shown by our athletes in the face of opposition of the highest quality. Not all of them met with success but, under the circumstances, that could not be expected, and it is enough that our own immediate standards were maintained or bettered.

May I conclude with one complaint. It was glaringly obvious that the girls were unable to find six members to take part in the closing ceremony. Of the two who appeared one was an athlete and the other a team official suitably attired in a track suit. I know that many of our young people think that such parades are 'old hat' and a bore but they are a part of the scene and for one team out of the sixteen to be almost absent is a let-down for the nation, the officials, the team managers and the fans. Let's have no more of it, girls.

A team supporter
(name & address supplied)

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British Juniors Defeat Italy And Canada

THE British Junior men's team gained resounding victories against both Italy and Canada in the match at Wolverhampton on August 1st. The team more than doubled Canada's points, and were 19 points ahead of the Italians who should have been closer on paper. It was also the last opportunity to impress the selectors, as the team for the European Junior Championships was being picked straight after the meeting.

The competition opened with a clean sweep in the hammer. Martin Girvan had another useful series, with 4 of his 5 legal throws going over 60m while Robert Weir — whose previous best was 58.34, opened with 58.64, and then went even further with throws of 60.10, 60.70 and 61.64, the latter being a UK age-18 best. The first track event, the 10,000m walk, saw some fine walking, with Grosselli of Italy having an easy victory in 42:16.2. Guillaume Le Blanc (17) reduced the Canadian record to 43:39.2, and Gordon Vale broke the UK record with 43:57.6, but as there were no walking judges no record application forms will be submitted.

Melvin Fowell, unbeaten by a UK Junior over 400 this year, kept his 100% record and reduced his personal best to 47.85, moving into the lead down the home straight after trailing at the 200 mark. In the 5000, Stephen Binns showed that his 13:47.4 clocking (the best in Europe this year)

Alan Lindop reports on the men's match at Wolverhampton

was no fluke by winning easily in 13:52.8. Eddie Starrs jumped well again to equal his best mark of 7.56m, although aided by an illegal wind of 4.2m. In the 200, Phil Brown (outside lane) ran a first class bend and despite the headwind of 3.6m clocked a fast 21.41.

Andy Jackson and Allan Leiper added to the British points tally with 1st and 2nd in the pole vault, with Andy gaining victory by virtue of a first time clearance at 4.40m, to Allan's third. The 800 couldn't have been much closer. The opposition was left behind soon after the start and the race was between Graham Williamson and Chris McGeorge. The bell was passed in 54.6, and in the sprint down the home straight they were running side by side all the way. With both lunging towards the tape, Chris and Graham accidentally caught each other, Chris falling to the ground. It was still close, with Graham just ahead, 1:47.53 to 1:47.54 (rounded up to 1:47.6) to move up to share equal 3rd spot on the UK Junior all-time list. Colin Reitz produced his usual solo run in the steeplechase, the time of 5:41.3 being good in view of the windy

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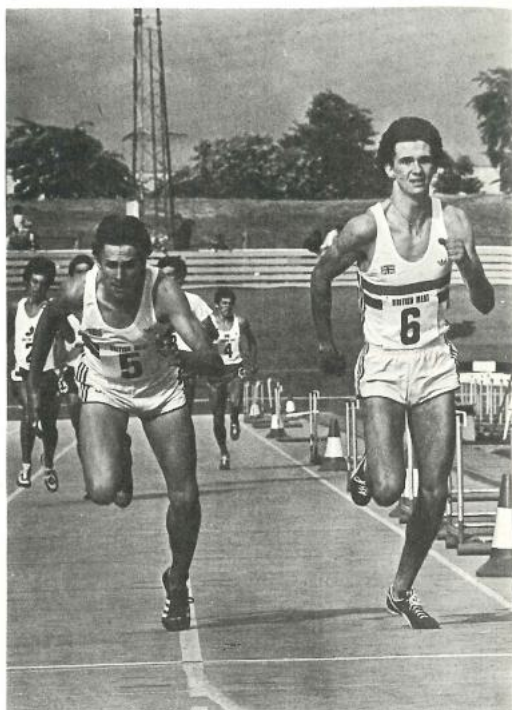
conditions, and Steve Gram won the 1500 in 3:49.0.

With Peter Little withdrawing from the relay, long jumper Trevor Sinclair was brought in to run last leg, after Phil Cooke, Mike Powell, and Phil Brown, and this quartet ran 40.73 behind Canada to take 1/100th of a second off the UK Junior record although it should be noted that the British Junior team in Lubeck clocked 40.51 last year. Although the individual winner of the 400 (Melvin Fowell) didn't run in the long relay, the team of Eugene Gilkes (48.9), Iain Cuthbertson (47.1), Neil Jackson (48.5) and Kerry Blackburn (48.1), had an easy win, showing the depth in talent in this event.

100: (—4.2m) 1, S. Hinds (C) 11.34; 2, M. POWELL 11.35; 3, P. COOKE 11.35; 4, S. Mionato (I-gst) 11.46; 5, A. Angellino (I) 11.48; 6, J. Suggett (C) 11.53; 7, E. Collimbo (I) 11.56. **200:** (—3.6m) 1, P. BROWN 21.5 (21.41 elec); 2, COOKE 21.8 (21.93); 3, F. Tiziani (I) 22.0; 4, Hinds 22.2; 5, D. Tryon (C) 22.3; 6, A. Prumas (I) 22.3. **400:** 1, M. FOWELL 48.0 (47.85); 2, C. Stanowski (C) 48.3; 3, R. Rinaud (I) 48.6; 4, A. Spagnol (I) 48.7; 5, N. JACKSON 49.2; 6, T. Hind (C) 49.2. **800:** 1, G. WILLIAMSON 1:47.6 (1:47.53); 2, C. McGEORGE 1:47.6 (1:47.54); 3, K. Haney (C) 1:50.9; 4, J. Settle (C) 1:51.3; 5, M.

The desperately close finish to the 800 between Chris McGeorge (left) and Graham Williamson.

Tim Pike



LUTON UNITED ATHLETIC CLUB

RELAYS MEETING

(Under A.A.A. & W.A.A.A. Laws)

SATURDAY, 15th SEPTEMBER, 1979

Start 12.30 p.m. at STOCKWOOD PARK, LUTON

TRACK — AVON ALL WEATHER SURFACE

EVENTS

4 × 100m	Boys, Youths, Jnr. Men, Snr. Men; Jnr. Ladies, Inter Ladies, Snr. Ladies.
4 × 200m	Boys, Youths, Jnr. Men, Snr. Men; Jnr. Ladies, Inter Ladies, Snr. Ladies.
4 × 400m	Boys, Youths, Jnr. Men, Snr. Men; Inter Ladies, Snr. Ladies.
3 × 800m	Jnr. Ladies, Inter Ladies, Snr. Ladies.
4 × 800m	Boys, Youths, Jnr. Men, Snr. Men.
1600m MEDLEY	Senior Men.
4 × 1500m	Senior Men.

ENTRY FEE: £1 per team per event.

ENTRIES TO: P. O'Shea, 2 Gresham Close, Luton, Beds., stating age group, club and best performance.

ENTRIES CLOSE 3rd SEPTEMBER, 1979

Giacomini (I) 1:52.0; 6, M. Perna (I) 1:53.2. **1500:** 1, S. CRAM 3:49.0; 2, G. Erba (I) 3:49.5; 3, A. SALTER 3:50.1; 4, D. Mills (C) 3:53.9; 5, L. Carchesio (I) 4:00.6. **5000:** 1, S. BINNS 13:52.8; 2, M. SCRUTTON 14:17.8; 3, A. Prassedi (I) 14:30.5; 4, A. Mordini (I) 14:45.8; 5, S. Snell (C) 15:02.4; 6, D. Brown (C) 16:03.2. **2000SC:** 1, C. REITZ 5:41.3; 2, G. Bettati (I) 5:46.9; 3, L. Introini (I) 5:48.8; 4, D. LEWIS 5:55.8; 5, C. Dickson (C) 5:59.2; 6, R. DeJardins (C) 6:06.5. **110H:** (-3.6m) 1, S. Bizzaglia (I) 15.2; 2, T. CARRINGTON 15.3 (15.29); 3, R. WILLARD 15.5 (15.43); 4, V. Sargeant (C) 15.5; 5 eq, G. Nolasco (I) & G. Fuller (C) 15.7. **400H:** 1, P. Rigodanzo (I) 53.2; 2, S. Cellini (I) 53.7; 3, P. GOACHER 54.8 (54.69); 4, C. PORTEOUS 55.2; 5, B. Osborne (C) 55.5; 6, R. Murphy (C) 56.4. **10,000W:** 1, S. Grosselli (I) 42:16.2; 2, G. LeBlanc (C) 43:39.2; 3, DeJulio (I) 43:44.2; 4, G. VALE 43:57.6; 5, R. DORMAN 46:39.0. **4x100:** 1, Italy 40.5 (40.45); 2, UK (COOKE, POWELL, BROWN, T. SINCLAIR) 40.8 (40.73); 3, Canada 41.4. **4x400:** 1, UK (E. GILKES, I. CUTHBERTSON, JACKSON, K. BLACKBURN) 3:12.6; 2, Italy 3:16.7; 3, Canada 3:16.7. **HJ:** 1, M. Martini (I) 2.16; 2, O. CHAM 2.10;

3, R. CHARLES 2.00; 4, D. Badinelli (I) 2.00; 5, M. Brodeur (C) 1.95; 6, D. George (C) 1.95. **PV:** 1, A. JACKSON 4.40; 2, A. LEIPER 4.40; 3, D. Woolley (C) 4.10; P. Loftus (C), M. Andreini (I) & R. Luongo (I) no ht. **LJ:** (all windy) 1, E. STARRS 7.56; 2, G. Evangelisti (I) 7.30; 3, T. SINCLAIR 7.29; 4, C. Taylor (C) 7.18; 5, A. Rossi (I) 7.05; 6, D. Trotter (C) 6.84. **TJ:** (all windy) 1, D. Badinelli (I) 15.61; 2, M. Bellucci (I) 15.51; 3, C. BROWN 15.22; 4, J. HERBERT 15.02; 5, D. Trotter (C) 14.84; 6, D. George (C) 14.62. **SP:** 1, M. Giacomini (I) 17.18; 2, L. Zerbini (I) 16.87; 3, J. Nielsen (C) 15.49; 4, A. ZAIDMAN 15.43; 5, G. SAVORY 15.04; 6, D. McFee (C) 14.37. **DT:** 1, M. Martino (I) 56.34; 2, M. Baicci (I) 53.70; 3, C. DINSDALE 48.00; 4, R. WEIR 46.56; 5, M. Schinardi (C) 46.54; 6, D. Denis (C) 43.20. **HT:** 1, M. GIRVAN 62.64; 2, R. WEIR 61.64; 3, E. De Bernadis (I) 58.42; 4, L. Serrani (I) 56.76; 5, J. Findlay (C) 46.40; 6, D. McFee (C) 37.76. **JT:** 1, M. Mahavohich (C) 69.72; 2, I. MARSH 68.26; 3, R. BRADSTOCK 63.78; 4, F. Micheilen (I) 63.10; 5, D. Denis (C) 62.10; 6, R. Bulli (I) 61.18. **Match Results:** UK 114, Italy 95; UK 141, Canada 69; Italy 128, Canada 74.

Barbara Simmonds Leaps Record 1.84m

OUTSTANDING in the British junior women's team victory over Canada and Italy was WAAA champion Barbara Simmonds with a new UK junior high jump record of 1.84m and close tries at the senior record of 1.87.

Equalling her personal best in the 100m high hurdles was petite, fleet Claire St. John, who had competed within a week over three different hurdles — 80m, 100m low and 100m high — all with great success. Fatima Whitbread, in what was her first junior international (despite her senior experience), came within a metre of her UK junior javelin record. Closely following her with another great throw (as in the Crystal Palace international in 1978) was Maxine Jervis, beating her 1979 best by 2 metres. Yvonne Gregory's younger sister, Cynthia, again beat Susan Bracey with a life-time shot best of 12.52m but could not overcome her international first-string rivals.

Despite a strong headwind in the home straight, Diane Wade produced a 400 hurdles time close to that in the WAAA. The wind made it necessary for her to 'climb' some hurdles and cut her stride for others as she rounded the bends. Possibly the closest race of the day was the 800m struggle between ever-elegant Louise Parker and Canadian 400/800 champion Ranza Clark, ending in the visitor picking up one of her team's only two wins in the match. Canada's Kim Wilkinson was tickled pink by upping her personal best in the long jump which, although windy, brought her level with Susan Hearnshaw's

Peter V. Martin reporting

legal 5.96m in the first round. It only gave Sue cause to grit her teeth and pounding down the runway she hit back with a windy 6.40. Only a few days earlier, in the WAAA Championships, Sue had slaughtered the UK junior record. Beating it on the first jump, only to find the wind just over the limit, she was undeterred; the next five were legal, one equalling the previous record and all the rest breaking it!

100: (-3.2m) 1, P. BAKER 12.10; 2, C. Desrosiers (C) 12.29; 3, L. MACDONALD 12.39; 4, S. Schafer (I) 12.52; 5, G. Cugnach (I) 12.54; 6, C. Covezzi (I-gst) 12.75; 7, S. Bouvier (C) 12.76. **200:** (-2.5m) 1, MACDONALD 24.3 (24.42); 2, Desrosiers 24.7 (24.71); 3, S. THOMAS 24.8 (24.92); 4, C. Baldessari (I) 25.2; 5, Bouvier 25.3; 6, M. Branchi (I) 25.7. **400:** 1, C. PENDLETON 54.8 (54.77); 2, J. Tabocco (C) 54.9 (54.93); 3, D. Porcelli (I) 55.1; 4, L. CALLOW 55.7 (55.57); 5, R. Lombardo (I) 56.2; 6, R. Clark (C) 56.5. **800:** 1, Clark 2:06.3; 2, L. PARKER 2:06.4; 3, L. Duck (C) 2:08.6; 4, C. WOOD 2:11.6; 5, E. Rossi (I) 2:12.8; 6, E. Montini (I) 2:15.6. **1500:** 1, S. ARTHURTON 4:22.6; 2, F. McQUEEN 4:25.7; 3, L. Spagnoli (I) 4:31.5; 4, B. Otto (C) 4:32.2; 5, S. Ruegger (C-gst) 4:32.4; 6, G. Mattavelli (I) 4:32.6; 7, V. Porycky (C-gst) 4:35.1; 8, K. Bird (C) 4:41.0.



Barbara Simmonds jumped 1.84m in the junior international for a UK junior record — a height she duplicated a few days later in the European Cup Final.

Tim Pike

100H: (—1.8m) 1, C. ST. JOHN 14.0 (14.04); 2, H. ROSS 14.3 (14.31); 3, K. Wilkinson (C) 14.5; 4, B. Faravelli (I) 14.6; 5, C. Mazzaggio (I) 15.1; 6, K. Bowen (C) 15.1. **400H:** 1, D. WADE 61.8

(61.69); 2, G. Wall (C) 63.0; 3, C. Lebu (C) 63.7; 4, W. HUMPHREYS 66.4 (scored only in UK v Canada match). **4x100:** 1, UK 45.6 (45.57); 2, Canada 46.8; 3, Italy 47.6. **4x400:** 1, UK 3:40.5; 2, Canada 3:40.7; 3, Italy 3:51.4.

HJ: 1, B. SIMMONDS 1.84 (UK jnr rec); 2, S. Fossati (I) 1.75; 3, T. Vecchio (I) 1.75; 4, S. BROWN 1.70; 5, K. Majerrison (C) 1.70; 6, J-A. Forrest (C) 1.60. **LJ:** 1, S. HEARNshaw 6.40w; 2, K. Wilkinson (C) 5.96w; 3, S. FRENCH 5.80w; 4, D. Celli (I) 5.80w; 5, R. Pugh (C) 5.73; 6, E. Cafaro (I) 5.60w. **SP:** 1, C. Crapper (C) 13.58; 2, D. Scacciati (I) 13.18; 3, C. GREGORY 12.52; 4, C. Milanese (I) 12.17; 5, S. BRACEY 12.13; 6, N. Guay (C) 12.05. **DT:** 1, A. Baraldi (I) 46.08; 2, M. Marelo (I) 45.66; 3, F. CONDON 44.24; 4, J. PICTON 43.60; 5, Crapper 38.92; 6, B. Luzar (C) 36.94. **JT:** 1, F. WHITBREAD 55.92; 2, M. JERVIS 51.64; 3, M. Laprais (C) 47.84; 4, Crapper 42.76; 5, E. Bassenelli (I) 42.38; 6, A. Sperati (I) 38.90.

Match Results: UK 86, Italy 49; UK 93, Canada 53; Canada 74, Italy 61. **Pentathlon:** (non-scoring) 1, K. HAGGER 3766w (16.0, 10.67, 1.74, 5.82w, 2:32.3); 2, C. Bobbi (I) 3614w (15.8, 8.97, 1.64, 6.19w, 2:35.9); 3, C. PRYCE 3472 (15.6, 11.21, 1.58, 5.07w, 2:35.7).

Croydon H and other South London clubs have a match against the University of Petroleum & Minerals (Saudi Arabia) at Crystal Palace on September 3rd. The following events will be 'open': Pole Vault, 400m, 4x100m, 4x400m; and entry fees (25p individual, 50p relays) should be sent to Mike Fleet, 101 Blenheim Gardens, Wallington, Surrey.

In the AAA Senior Discus event, at Crystal Palace on July 14th, Geoff Tyler (Sale) actually threw 48.60m and should have been placed 11th.

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ACCUSPLIT 760 TESTED

With the co-operation of Peter Grove, who markets PGR Accusplit digital timers, we asked Grade 1 timekeeper Mr. W. H. Alexander to test the Accusplit 760 and the following were his comments:

"A few weeks ago you allowed me to try out an Accusplit 760 Digital Timer and asked me to let you know what I thought of it. I received it just as I was leaving for a meeting and due to late changes in the timekeepers' team I was unable to familiarise myself with its operation before the first event as I had intended. In fact one of the other timekeepers who had the same model gave me about thirty seconds instruction and then we were off. I am pleased to say that in spite of this I had absolutely no problems with the 760; right from the start I found it easy to handle and completely foolproof. Later in the meeting after a little more instruction I was able to fully utilise the device by taking four times in the longer distance events.

Obviously nowadays all good digital timers are of more than adequate accuracy so that the differences between models tends to be in convenience and reliability of operation and in the additional facilities provided. I found the positive action of the start/stop and split switches very comfortable and was able to use the index fingers of both hands on these two controls when timing two runners fairly close together. The only difficulty I found was caused by my own unfamiliarity with the technique of taking four times and even by the end of the meeting I still found myself occasionally pressing the split button instead of the stop when taking the fourth time and this of course loses the first time. I am sure after a bit of practice this could be overcome. Generally I found the Accusplit 760 a very acceptable timer from all points of view".

CUP FINALISTS

Qualifiers for the GRE Gold Cup Final, to be held at Crystal Palace on September 1st, are: Wolverhampton & Bilston, Shaftesbury, Haringey, Cardiff, Edinburgh Southern, Birchfield, Thames Valley and Sale. The women's finalists for the GRE Jubilee Cup are Edinburgh Southern, Stretford, Birchfield, Essex Ladies, Bristol, London Olympiades, Derby and Hounslow.

Leading individual marks in the semi-finals on August 5th included — 1500: J. Robson 3:42.5; 10,000: N. Rose 29:59.4; HJ: B. Burgess 2.18; JT: S. Pearson 76.18; women's 100/200/100H: S. Colyear 11.7w/24.4/13.6w; 400: G. Taylor 54.8; 800: J. Prictoe 2:04.2, S. Arthurton 2:05.9; 1500: C. Hanson 4:15.3, M. Stewart 4:19.2; HJ: M. Maguire 1.81.

The funeral of Jim Coote was taking place at the West Chapel, Golders Green Crematorium, on August 17th (11 am).

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(Under A.A.A. & W.A.A.A. Laws)

Sponsored by

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SUNDAY, 2nd SEPTEMBER

To be held at

THE SPORTS CENTRE,
SAFFRON LANE, LEICESTER

Incorporating

The Glenfresh Trophy Races

Boys 400m Junior Girls 800m

No entry fees required but date of birth must be given.

Other events:

Snr/Jnr Men Combined: 400mH, 100m, 200m, 800m, 3,000m (Graded), D.T., S.P., J.T., H.J.

Youths: 100m, 200m, 1500m, D.T., S.P.

Boys: 100m, H.J., L.J.

Colts: 100m, 800m.

Snr Ladies: 100m, 200m, 800m, 1500m, 400mH, D.T., S.P., J.T., H.J.

Inter Ladies: 100m, 200m, 1500m, D.T. S.P.

Jnr Girls: 100m, H.J., L.J.

Minor Girls: 100m, 800m.

Vets: 100m, 1500m.

Medals for the first three in each final, Trophies for the best athlete M/F in each age group Jnr/Snr Men & Vets combined. Also trophy for the outstanding athlete M/F under and over 15 yrs of age.

Entry forms not required but some information must be given as to times and club. Please enclose SAE as numbers will be sent to you.

Entries to: Mrs J. Clarke, 88 Scotswood Crescent, Leicester. 25p per event. Late entries will not be accepted for this meeting.

5mm spikes must be worn
Closing date 23rd August

Results In Brief

May 19th

Shropshire AAA/WAAA Champs, at Shrewsbury. SP: M. Leath (Shrew) 13.25. (Youths): 100H: M. Hall (Corbett S) 14.4. (Women): SP/DT: K. Zoepfel (W&B) 10.83/36.44.

May 30th

City of London Poly Handicap. Fastest: J. Wigley (Inv) 12:03 (rec), T. Woods (Rane) 12:46, P. Brenchley (Inv) 12:54.

June 9th

Durham Schools Champs. 3000: K. Newton 8:30.0.

June 20th

At Gateshead. 1500: 1, B. Smith (Gate) 3:48.7; 2, K. Newton (Sund-Y) 3:49.9; 3, S. Parr (Gate) 3:50.0.

June 24th

Mid-Summer Cross-Country Races, at Bournemouth. 1, B. Knight (Tor) 26:35; 2, R. Brown (B'mouth) 27:22; 3, P. Russell (Wey) 27:28; 4, A. Rayment (B'mouth) 27:57; 5, L. Presland (AF&D) 28:00; 6, S. McGuinness (Salis) 28:17. (Youths): 1, P. Gaze (B'mouth) 15:04; 2, G. Spring (Bed) 15:13. (Boys): 1, J. Robson (S&E) 8:44; 2, G. Robson (S&E) 8:46; 3, L. Mabbatt (B'mouth) 8:51. (Colts): 1, R. Brown (B'mouth) 9:01; 2, S. Alford (Priest) 9:13. (Women): J. Dawkins (S&E) 13:32. (Inters): 1, N. Parsons (B'mouth) 15:50; 2, B. Cantle (Fare) 16:48. (Juniors): 1, S. Goodwin (B'mouth) 7:16; 2, D. White (S&E) 7:17; 3, K. Petford (And) 7:18. (Girls): 1, L. Programme (And) 7:29; 2, H. Wallace (And) 7:31.

June 27th

NE Counties 10,000m, at Gateshead. 1, K. Foster (Salt) 30:08.7; 2, L. Dunn (Gat) 30:14.9; 3, M. Coleby (Gat) 30:18.0.

Ranelagh H 10M Road Race, at Richmond Park. 1, T. Woods 47:39; 2, K. Harrison 50:26; 3, G. Daniels 50:56; 4, D. Daniels 52:41; 5, G. De Boursac 52:49; 6, D. Wright 53:03.

June 27th

Shaftesbury H Open Meeting, at Copthall. 300: 1, G. Town (Dac) 35.3; 2, N. Seaman (Ver) (son of Don Seaman, former world 4x1M record holder) 36.2. 1000: 1, J. Day (TVH) 2:25.2; 2, M. Foster (Shaft) 2:25.8. 3000: 1, D. O'Connor (L. Irish) 8:17.6; 2, I. Wilkinson (QPH) 8:20.5; 3, D. Sweeney (Shaft) 8:23.7; 4, R. Heath (O. Gayt) 8:26.1; 5, R. Samuel (Shaft) 8:28.7. 3000W: 1, G. Nibre (Ilf) 13:05.8; 2, G. Scott (Enf) 13:40.8; 3, J. Newnham (Bel) 13:43.2. LJ: T. Wade (TVH) 7.12. (Boys) LJ: P. Brice (Shaft) 5.88. HT: A. French (Shaft) 53.58. (Women) 300: 1, H.

Barnett (Croy) 38.7; 2, D. Clarke (LOAC) 39.0; 3, J. Willis (Ver) 40.3. 1000: 1, S. Harvey (LOAC) 2:52.7; 2, M. Witts (Ex L) 2:57.0. HJ: 1, A-M. Devally (Bed) 1.80; 2, D. Cole (Harl) 1.60. LJ: 1, S. Green (Harl) 5.61; 2, Cole 5.36. (Jnrs) 1000: B. Sanderson (unatt) 3:01.3.

July 7th

Half Marathon, at Oudenaarde (Bel). 6, F. Upcott (SLH) 63:45.

July 8th

11km Uphill Race, at Lenzerheide (Swi). 1, P. Standing (Brighton Concorde) 44:19 (rec); 2, L. Adam (Spiridon GB) 46:49; 3, R. Treadwell (B'ton C) 47:00. . . . 5, L. Presland (Spir) 47:54; 9, M. Woods (Spir) 48:28; 10, J. Mouat (Spir) 48:31; 12, M. Short 49:50; 20, R. Hill 50:29.

July 8th

UandU Meeting, at Sheffield. 400: 1, K. Worrall (Works) 49.5; 2, S. Sole (Sheff) 49.62; 3, C. Adams (Hick. M) 49.7. (Women): 800: 1, A. Creamer (Roth) 2:09.2; 2, J. Whiteley (Der) 2:12.5; 3, H. Edwards (Notts) 2:14.8. (Inters): 400: J. Walker (Sheff) 59.1. 800: K. Barringham (Hallam) 2:19.8. (Juniors): 800: J. Robertson (Hallam) 2:20.4.

July 8th

Rossendale Open Meeting, at Rawtenstall. (Women): 3000: 1, W. Proctor (A&SV) 10:15.7; 2, A. James (A&SV) 10:16.7; 3, W. Hirst (Leeds) 10:16.9. SP: 1, Samuels (A&SV) 11.78. DT: L. Dykes (B'burn) 37.52. (Inters): HJ: M. Cropper (Ashton) 1.60.

July 11th

HAC Memorial Trophy Meeting. (Youths): DT: S. Chapman (S&C) 40.64.

July 11th/12th

Naval Air Command Decathlon, at Yeovilton. 1, T. Lewis (Gst) 5602 (11.6, 5.55, 9.15, 1.60, 52.7; 15.9, 28.09, 2.80, 45.98, 4:25.4); 2, T. Walhen (Gst) 5502; 2, N. McPhee 5303 (3.90); 4, P. Farthing 4824; 5, P. Perkins 4824; 6, G. Russell (J) 4824.

July 12th

Leamington One Hour Track Race. 1, F. Gillies (Banb) 11M 301y (53:41 at 10M); 2, M. Ede (B&R) 10M 1538y; 3, P. Barnes (Leam) 10M 1517y; 4, R. Panter (Bir) 10M 1476y; 5, C. Woodward (Leam) 10M 1261y. . . . 11, G. Phipps (Leam-V O/50) 10M 33y.

July 14th

Staffs Schools Champs, at Cannock. (Colts): 75H: A. Robinson (Newc) 12.0.

Hereford Carnival YA Meeting. (Boys): 100/400: S. Heaton (Cov) 11.4/53.8. (Inters): 100/200: V. Gibbins (Hales) 12.1/25.2. (Juniors): 100: 1, L. Parry (Cov) 12.0; 2, K. Price (Worc) 12.1. 200: 1, Parry 26.1; 2, Price 26.2.

July 14th

Pentathlon Meeting, at Nottingham. (Women): HJ: J. O'Sullivan (Notts) 1.70.

July 14th

Fleetwood Gym YA Promenade Road Races. (U/16): 1, A. Holloway (EP) 17:01; 2, A. Kennedy (Bing) 17:35; 3, J. Robinson (Bing) 17:48. Team: Bingley. (U/14): 1, K. Smith (Hal) 12:04; 2, D. Robinson (E. Ches) 12:12; 3, S. Nowin (E. Ches) 12:17. Team: E. Cheshire. (U/12): P. Aitchison (Wig) 5:18. Team: Liverpool. (Girls U/16): 1, E. Hand (Bord) 13:17; 2, B. Noble (Bing) 13:20; 3, D. Middlemore (Bord) 14:00. Team: Border. (U/14): 1, A. Crewe (Bing) 9:22; 2, K. Broderick (Bord) 9:36; 3, S. Driver (Man) 9:55. Team: Bingley. (U/12): J. Chard (Burn R) 5.48. Team: Hallamshire.

July 15th

Midland Women's League, at Telford. (Juniors): DT: K. Norton (Tel) 27.26.

July 17th

Cheshire Track Relays, at Northwich. (Youths): 4x800: Warrington 8:31.5. (Women): 3x800: Warrington 7:14.3.

July 21st

London AC Schools Meeting, at Hurlingham. (U/20): 100: D. Trick 10.7. 400: D. Lewis 49.9. HJ: 1, T. Llewelyn 2.07; 2, P. Lowery 1.90. PV: 1, B. Wolland 3.70; 2, J. Libretton 3.70; 3, P. Aubrey 3.65. TJ: J. Church 13.81. SP: 1, P. Milbourn 15.48; 2, C. Bloomfield 14.68; 3, L. Roveda 13.95. HT: 1, Bloomfield 47.46; 2, N. Skinner 47.22. 4x100: King Henry VIII 44.1. (U/17): 1500SC: M. Bannister 4:30.6. 100H: 1, D. Lawrence 14.2; 2, A. Douglas-Hume 14.3; 3, B. Chandler 14.3. HJ: 1, M. Stanford 1.93; 2, O. Shaw 1.90. PV: J. Lewis 3.70. LJ: 1, W. Walker 7.12; 2, D. Burgess 6.95. TJ: Burgess 13.96. SP: T. Reid 13.97. DT: G. Power 42.38. HT: 1, A. French 46.82; 2, K. Power 45.10. 4x100: William Forster 45.5.

NORTH POWYS ATHLETIC CLUB

First

LAKE VYRNWY ROAD RACE (11½ Miles)

SUNDAY, SEPTEMBER 9th
2.30 p.m. Start

PRIZES: First 6 Individuals

First 3 Teams
First 3 Ladies
Veterans O/40, O/45, O/50

ENTRY FEE: 50p Individuals, no Team fee
ENTRIES ON THE DAY — DOUBLE

FAST, PICTURESQUE COURSE AROUND THE LAKE

ENTRIES TO: T. Bound,
Post Office,
Llanfyllin,
Powys.

BY 3rd SEPTEMBER

EUROPEAN JUNIOR PREVIEW

THE roll of honour reads: Peter Beaven (400 — 1970), Berwyn Price (110H — 1970), Helen Golden (200 — 1970), Steve Ovett (800 — 1973), Sonia Lannaman (100 — 1973), Mick Morris (2000SC — 1975), Aston Moore (TJ — 1975), Nat Muir (5000 — 1977) and Daley Thompson (Dec — 1977). That total of nine British winners of European Junior titles should be augmented this weekend when the 5th European Junior Championships are concluded at Bydgoszcz in Poland. Never, at least on the men's side, has Britain fielded such a powerful team and Mike McFarlane (if fully recovered from injury), Chris McGeorge, Graham Williamson, Steve Cram, Steve Binns, Colin Reitz and the 4x400 squad are all potential winners, McFarlane (20.80 200), McGeorge (1:47.6 800), Williamson (3:36.6 1500), Binns (13:47.4 5000) and Reitz (5:31.6 2000SC) all top the European Junior rankings this year; while McFarlane also rates 2nd in the 100 (10.43), Cram 3rd among the likely starters for the 3000 (8:03.2), and the 4x400 team is capable of well inside the USSR's top ranking time of 3:10.4. Highest placed on the women's side are Linsey MacDonald (2nd in the 400 — 53.08), who will still be eligible for the next Championships, Sue Hearnshaw (3rd in LJ — 6.55m) and Fatima Whitbread (3rd in JT — 56.66m).

European Junior Form Guide

100: 10.42 Emmelmann (GDR), 10.43 MIKE McFARLANE, 10.45 Vachanelov (USSR) 10.72/10.4w MIKE POWELL. **200:** 20.80 McFARLANE, 20.90 Emmelmann, 21.17 Knebel (GDR) 21.2 PHIL COOKE, 21.41 PHIL BROWN. **400:** 45.85 Weber (Ger) 46.8 Nakladal

(Ger), 47.16 Knebel (GDR) 47.66 NEIL JACKSON, 47.8 IAN CUTHBERTSON, 47.85 MEL FOWELL. **800:** 1:47.6 CHRIS McGEORGE, 1:47.9 Nabein (Ger), 1:48.5 Holten (Nor). **1500:** 3:36.6 GRAHAM WILLIAMSON, 3:42.7 Holberg (Cze), 3:43.2 Erba (Ita). **3000:** 8:00.4 Depauw (Bel), 8:02.7 Szabo (Hun), 8:03.2 STEVE CRAM 8:12.6 ALAN SALTER. **5000:** 13:47.4 STEVE BINNS, 13:54.9 Depauw (Bel), 13:57.7 Leitao (Por) 14:04.5 JOHN DOHERTY. **2000SC:** 5:31.6 COLIN REITZ, 5:34.5 Langer (Ger), 5:40.6 Schmidt (Ger) 5:41.6 DAVID LEWIS. **110H:** 14.23 Sala (Spa). **400H:** 51.16 Shemshikov (USSR). **HJ:** 2.32 Mogenburg (Ger). **PV:** 5.52 Vigneron (Fra). **LJ:** 8.09 Corgos (Spa), 8.01 Golanko (Pol), 7.71 Beyer (GDR) 7.56w EDDY STARRS. 7.51w TREVOR SINCLAIR. **TJ:** 16.46 Gherassimenya (USSR). **SP:** 18.19 Machura (Cze). **DT:** 58.06 Martino (Ita). **HT:** 75.20 Nikulin (USSR), 68.38 Pastuchov (USSR), 67.88 Decker (Fra) 66.14 MARTIN GIRVAN. **JT:** 81.10 Shirov (USSR). **Dec:** 7793 Wentz (Ger), 7592 Hummel (GDR), 7585 Jentsch (GDR) 7223 FIDELIS OBIKWU. **10,000W:** 40:55.4 Pribilinec (Cze), 42:18.4 Pasemann (GDR), 42:38.4 Friedel (GDR) 43:57.6 GORDON VALE. **4x100:** 39.84 GDR, 39.91 USSR, 40.40 Germany 40.73 UK. British team: McFARLANE, BROWN, COOKE, POWELL. **4x400:** 3:10.4 USSR, 3:11.7 Germany & GDR 3:12.6 UK. British team from CUTHBERTSON, FOWELL, JACKSON, KERRY BLACKBURN (47.3), EUGENE GILKES (47.3).

Women

100: 11.49 Vollmer (Ger). **200:** 23.30 Verguts (Bel). **400:** 52.58 Rubsam (GDR), 53.08 LINSEY MacDONALD, 53.14 Heilmann (GDR) 54.5 LINDA CALLOW, 54.6 CAROL PENDLETON. **800:** 1:59.7 Hubner (GDR), 2:02.2 Brudel (GDR), 2:03.4 Schimmel (GDR) 2:04.9 LOUISE PARKER, 2:05.1 KIRSTY McDermott. **1500:** 4:15.6 Hilde (Nor), 4:17.3 Voldnes (Nor), 4:17.5 Riemann (GDR), Moedt (Hol) & Nikitina (USSR) 4:19.9 SANDRA ARTHURTON. **100H:** 13.44 Spoof (Fin), 13.46 Oker (Ger), 13.53 Oya (USSR) 13.99 CLAIRE ST JOHN, 14.03 HEATHER ROSS. **HJ:** 1.93 Dedner (GDR), 1.87 Schroder (GDR) & Serkova (USSR) 1.84 BARBARA SIMMONDS. **LJ:** 6.63 Radtke (GDR), 6.57 Everts (Ger), 6.55 SUE HEARNshaw. **SP:** 18.23 Schmuhl (GDR). **DT:** 66.40 Rudrich (GDR), 62.42 Meszynski (GDR), 59.26 Madetzky (GDR) 49.10/51.04? FIONA CONDON. **JT:** 60.32 Sipova (USSR), 59.28 Strobel (USSR), 56.66 FATIMA WHITBREAD. **Pent:** 4627 Everts (Ger). **4x100:** 44.71 GDR. **4x400:** 3:35.6 GDR, 3:35.7 USSR, 3:39.3 Germany 3:40.6 UK. British team from: CALLOW, MacDONALD, PENDLETON, McDermott, LINDA KEOUGH.

WYCOMBE PHOENIX HARRIERS & A.C.

present the annual

FURNITURE '5' ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

ON SUNDAY, 2nd SEPTEMBER, 1979

**From The Rye Recreation Ground
Keep Hill Road, High Wycombe**

- 1.00 p.m.** Boys and Youths 1 1/2 Miles Race
- 1.20 p.m.** Junior Girls 1 1/2 Miles Race
- 1.45 p.m.** Intermediate Girls 1 1/2 Miles Race
- 2.15 p.m.** Senior Ladies '5'
- 3.15 p.m.** Junior and Senior Men's '5'

Entry Fees: Snr. Ladies, Jnr and Snr Men 50p per Individual, 50p per Team (4 run, 3 score). £1 Individual on the day, not eligible for prizes. Boys, Youths, Jnr and Inter Girls 30p per Individual. No team fee.

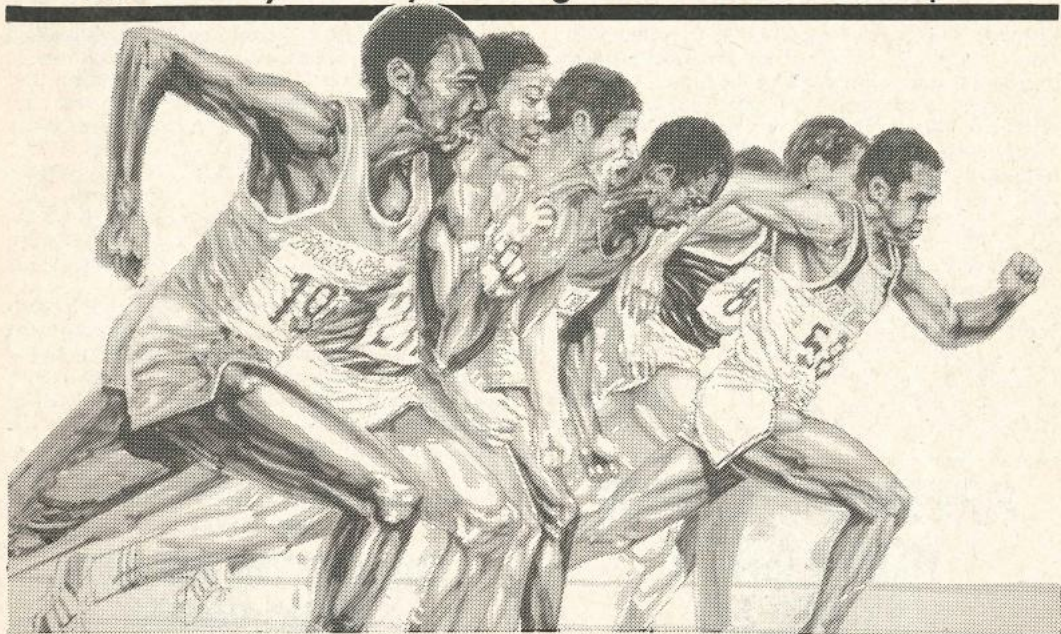
Entries to: L. G. B. Thomas, 20 Stephenson Close, High Wycombe, Bucks. HP13 5SY. Tel. H. W. 31239.

ENTRIES CLOSE 25th AUGUST

THE MK ELECTRIC INTERNATIONAL SERIES

England v Poland v Switzerland

Bank Holiday Monday 27th August 1979: first event 2.30pm



Crystal Palace National Sports Centre

ADVANCE BOOKING FORM

Name _____

Address _____

Tel no _____

I enclose cheque/P.O. to the value of £ _____

Remittances made payable to Sports Council.
Please enclose SAE and post to: Box Office,
Crystal Palace National Sports Centre,
Norwood, London SE19. Tel: 01-778 0131.

Please send the following tickets for the
Bank Holiday Monday 27 August 1979
MK Electric International Series event: -

- ☐ West Stand adult @ £2.50 ea.
- ☐ West Stand child @ £1.25 ea.
- ☐ Jubilee & Open Stand adult @ £1.50 ea.
- ☐ Jubilee & Open Stand child @ 75p ea.
- ☐ Open Stand adult @ £1.00 ea.
- ☐ Open Stand child @ 50p ea.

All prices inclusive of V.A.T. Block booking
of 20 or more seats 15% discount.

UK National Championships**At Birmingham, August 11th/12th****Hooper & Ann-Marie Devally Reach The Heights**

THE jumpers and sprinters captured much of the limelight at the UK National Championships, sponsored by GRE, at Birmingham's Alexander Stadium last weekend. British record heights of 5.50m and 1.88m were attempted by Brian Hooper and Ann-Marie Devally; while amid a flurry of personal best sprint marks the 100m times of 10.40 by Trevor Hoyte and 11.30 by Heather Hunte were particularly noteworthy. These third UK National Championships were disappointingly supported by the athletes (merely 10 starters in the men's 800 and 10,000, 8 in the women's 400, 6 in the hammer and women's shot), even allowing for the late date with no important selections depending on the results, but their value — particularly for the athlete on the fringe of the national team who is seeking worthwhile competition — is beyond doubt.

A case in point is Ann-Marie Devally, whose coach Dennis Johnson appealed in 'AW' only last week for competition for his protégée. A difficult tooth extraction just before the WAAA Championships reduced her to 1.78m in that meeting, but she knew she was capable of raising her personal best of 1.82 in favourable circumstances. The opportunity presented itself

in Birmingham (warm weather, good run-up surface, attentive crowd and announcing) and the 19-year-old Bedford secretary leapt at it. She flopped faultlessly over 1.70, 1.75, 1.78 and 1.81 and then, having already won the competition, she made 1.84 at the second attempt. A couple of minutes later she was installed as Britain's second highest jumper ever as she cleared 1.86 at the first attempt — with an Olympic qualifying standard thrown in for good measure! "No one was more stunned than I was", she smiled, revealing that after straining her back the previous week her participation was in doubt until three days before the competition. Ann-Marie, who is 1.79m ("five-ten and a bit") tall and currently weighs 69kg (152lb) — at one time she scaled 77kg (170lb) — failed at the UK record height of 1.88, which is now her target for the rest of the season. Next year the goal is 1.90, which these days is the gateway to true world class.

Brian Hooper was another to reach the heights in Birmingham. He began shakily, needing the full quota of attempts to clear his opening height of 5.20m, but his confidence returned and in very quick succession he made 5.30 and 5.40, the latter a season's best and only 2cm below his UK

GREENWICH OPEN ROAD RACE 11 MILES

(Under A.A.A. Laws)

SATURDAY, 8th SEPTEMBER, 1979

**3.30 p.m. from Harrow Meadow,
Sutcliffe Pk, Eltham Rd, London SE9**

Individual Prizes (value): £15, £10 and £6.

Veteran Prize: 1st, 2nd and 3rd.

Team: (4 to run, 3 to score). Trophies to 1st, 2nd and 3rd Teams.

Medals to 1st non placed 'B' team.

CLOSING DATE**SATURDAY, 25th AUGUST, 1979**

Entries: 40p per runner, on AAA forms, with S.A.E. with remittance to be made payable to the **London Borough of Greenwich**, and sent to: **The Sports Officer, 234 Plumstead High Street, London SE18 1JL. 01-854 9217.**

SALISBURY ATHLETIC CLUB'S**25th Jubilee**

"ROUND THE HOUSES" ROAD RACES

(Under A.A.A. Laws)

SUNDAY, SEPTEMBER 16th, 1979. 2.30 p.m.**SENIOR MEN 5 MILES**

(Start 3.30 p.m.)

Awards: 1st 3 Teams (4 score), 1st 2 Vets. Teams (3 score). 1st 3 finishers, 1st 2 Vets (State on form).

YOUTH ATHLETES 3½ MILES

(Start 3.00 p.m.)

Over 15 and Under 18 on 1.9.79

BOYS 2¼ MILES

(Start 2.30 p.m.)

Under 15 on 1.9.79

Awards: Y.A. & Boys, 1st 3 Teams (3 score), 1st 3 finishers.

ADDITIONAL SPOT JUBILEE AWARDS ACCORDING TO ENTRIES IN ALL RACES

Changing rooms and start: New Cattle Market, Ashley Road, Salisbury.

Entries to: R. Thornton, 29 Canadian Avenue, Salisbury, Wilts. (Tel: Salisbury 5533).

Fees: Senior & Young Athletes 30p Ind., Teams 30p extra. Boys 15p Ind., Teams 20p extra.

CLOSING DATE WEDNESDAY, SEPT. 5th

record. He then tried for the classic 5.50 (18'0½") but he injured his hand on the first attempt and that effectively put paid to his prospects on this occasion.

In addition to those achieved by Devally and Hooper, Olympic qualifying standards were gained by Trevor Hoyte (10.40 100), Mark Holtom (13.95 110H), Heather Hunte (11.30 100, 23.15 200), Bev Goddard (11.37/23.30), Kathy Smallwood (11.43/23.18), Wendy Clarke (11.51), Joslyn Smith (52.24 400), Chris Boxer (2:01.6 800), Liz Barnes (2:02.1), Shirley Strong (13.28 100H), Yvette Wray (13.61) and Meg Ritchie (56.80m discus). More about these and other leading performances in next week's issue.

Mel Watman

(a) August 11th; (b) August 12th

100 METRES (a)

Heats (1st 4 to final) — Ht 1: (—0.5m) 1, C. Sharp (J'hill) 10.57; 2, T. Hoyte (TVH) 10.57; 3, D. Baptiste (Ex B) 10.63; 4, A. McMaster (EAC) 10.66; 5, M. Powell (Herc W) 10.72; 6, D. Bills (Cov) 10.78; 7, I. Larrard (Glouc) 10.95; 8, J. Evans (Shett) 10.97; 9, A. Fawcett (Anna) 11.29. **Ht 2:** (+1.4m) 1, S. Green (TVH) 10.67; 2, H. King (Brack) 10.70; 3, M. Morris (H'gey) 10.76; 4, E. Cutting (RAF) 10.79; 5, J. Wilson (Dundee U) 10.82; 6, K. Connor (W&B) 10.88; 7, A. Hughes (Bradford GS) 10.99; 8, C. Monk (Leic) 11.03; 9, L. Christie (L. Irish) 11.05. **Final:** (+1.2m) 1, T. HOYTE 10.40; 2, BAPTISTE 10.47; 3, SHARP 10.51; 4, King 10.67; 5, Cutting 10.67; 6, Green 10.68; 7, Morris 10.69; McMaster dnf.

200 METRES (b)

Heats (1st 4 to final) — Ht 1: (—2.5m) 1, T. Hoyte 21.95; 2, M. Holtom (W&B) 22:01; 3, Morris 22.10; 4, D. Laing (SLH) 22.12; 5, Larrard 22.13; 6, Monk 22.34; 7, Fawcett 22.88. **Ht 2:** (+2.1m) 1, E. Tulloch (Sale) 21.34; 2, Sharp 21.35; 3, Baptiste 21.44; 4, G. Cohen (W&B) 21.51; 5, P. Brown (Bir) 21.52; 6, C. Moven (W&B) 21.75; 7, V. Bramble (H'gey) 21.98. **Final:** (—0.5m) 1, TULLOCH 21.06; 2, BAPTISTE 21.21; 3, SHARP 21.24; 4, Hoyte 21.28; 5, Cohen 21.49; 6, Morris 21.58; 7, Holtom 21.71; Laing scr.

400 METRES (b)

Heats (a) (1st 4 to final) — Ht 1: 1, S. Wymark (Hull Sp) 47:04; 2, D. Laing (SLH) 47:10; 3, S. Scutt (W&B) 47:11; 4, T. Whitehead (Chelm) 47:15; 5, C. Hamilton (Sale) 47:46; 6, N Kitchen (High) 48:37; 7, B. Bailey (TVH) 48:58; 8, S. Murphy (Lut) 48:71. **Ht 2:** 1, A. Bell (Wake) 46:71; 2, R. Ashton (Poly) 47:09; 3, G. Cook (BRC/W&B) 47:26; 5, R. Milne (TVH) 47:35; 5, E. Tulloch (Sale) 48:32; 6, J. Davis (Ex B) 48:45; 7, B. Jones (Liv Pem) 48:55; 8, A. Kerr (Cen R) 49:73. **Final:** 1, SCUTT 47:01; 2, WHITEHEAD

47:19; 3, MILNE 47:22; 4, Laing 47:25; 5, Wymark 47:36; 6, Ashton 47:44; 7, Bell 47:45; 8, Cook 47:55.

800 METRES (b)

Heats (a) (1st 4 to final) — Ht 1: 1, R. Harrison (Liv) 1:50.5; 2, C. Szwed (Cov) 1:50.9; 3, P. Chimes (Houn) 1:50.9; 4, R. Benn (Croy) 1:51.3; 5, P. Lewis (S&E) 1:51.3. **Ht 2:** 1, P. Browne (TVH) 1:51.7; 2, S. Larder (RAF/W&B) 1:52.2; 3, D. Joseph (W'stow) 1:52.2; 4, S. Lane (Brom & R) 1:53.0; 5, S. Laing (EAC) 1:53.8. **Final:** 1, JOSEPH 1:49.2; 2, HARRISON 1:49.3; 3, BROWNE 1:49.7; 4, Lane 1:50.0; 5, Szwed 1:50.0; 6, Larder 1:51.3; 7, Benn 1:51.8; 8, Chimes 1:52.7.

1500 METRES (b)

Heats (a) (1st 6 to final) — Ht 1: 1, J. Robson (ESH) 3:45.8; 2, M. Downes (Cann) 3:45.9; 3, S. Markley (M'bro) 3:46.0; 4, M. Plant (Man'r) 3:46.2; 5, T. Leonard (Blay) 3:46.3; 6, D. Warren (E&E) 3:46.7; 7, D. Messum (W&B) 3:47.1; 8, K. Irvine (Wigan) 3:49.1. **Ht 2:** 1, P. Forbes (EAC) 3:47.3; 2, K. Steere (C&C) 3:47.3; 3, A. Mottershead (Stret) 3:47.3; 4, S. Cahill (Leeds) 3:47.5; 5, M. Edwards (W&B) 3:48.1; 6, A. Blackwell (W&B) 3:48.1; 7, G. Cooper (Stret) 3:49.3; 8, M. Prince (City of Hull) 3:49.7; 9, P. Williams (Camb H) 3:50.8. **Final:** 1, MOTTERSHEAD 3:43.4; 2, ROBSON 3:43.6; 3, DOWNES 3:43.7; 4, Edwards 3:43.9; 5, Markley 3:44.5; 6, Cahill 3:44.7; 7, Steere 3:45.2; 8, Plant 3:46.4; 9, Blackwell 3:48.0; 10, Leonard 3:50.4; Forbes & Warren dnf.

5000 METRES (b)

1, S. EMSON (Tip) 13:36.6; 2, J. GOATER (Shaft) 13:39.4; 3, B. FORD (AFD) 13:39.8; 4, D. James (Card) 13:41.6; 5, R. Smedley (Bir) 13:47.7; 6, J. Marsay (Leeds) 13:58.4; 7, K. Penny (Camb H) 13:59.8; 8, A. Armitage (ASV) 14:00.0; 9, I. Gilmour (W&B) 14:02.8; 10, A. Milovsarov (Tip) 14:13.1; 11, J. Odlin (N. Lon) 14:18.1; 12, K. McDonald (Bing) 14:37.9.

10,000 METRES (a)

1, D. BLACK (Tam) 28:46.1; 2, J. BROWN (Clyde V) 28:58.0; 3, P. STANDING (WSE) 28:58.9; 4, N. Lees (Dby) 29:18.0; 5, N. Brawn (Inv/OUAC) 29:21.9; 6, J. Robertshaw (Newp) 29:50.7; 7, R. Jones (Rane/Poly) 29:56.5; 8, J. Wigley (Inv) 30:27.5; 9, R. Coles (B'hth) 30:41.1.

SOUTHERN VETERANS A.A.A.

10,000m TRACK CHAMPIONSHIPS

for classes 1A & 1B

in conjunction with

Woodford Green A.C. Graded Meeting

WED., SEPTEMBER 12th, at 7.05 prompt

Ashton Playing Fields Track, Woodford Bridge.

Entries: 50p, to: J. L. Hayward, 128a Princes Rd., Buckhurst Hill, Essex. Close 10th September.

3000 METRES STEEPLECHASE (b)

1, G. RIMMER (RAF/Cambuslang) 8:39.2; 2, J. WHEWAY (W&B) 8:43.4; 3, G. FELL (Ex B) 8:46.8; 4, J. Graham (Bir) 8:52.6; 5, P. Bettridge (Hav) 8:54.9; 6, E. Wedderburn (Tip) 8:56.2; 7, T. Fieldsend (Sheff) 8:58.3; 8, R. Samuel (Shaft) 9:00.1; 9, I. Logan (AFD) 9:01.7; 10, A. Philpott (Lisna) 9:11.3; 11, J. Dryden (Shaft) 9:17.4.

110 METRES HURDLES (a)

Heats (1st 4 to final) — Ht 1: 1, M. Holtom (W&B) 14.32; 2, D. Wilson (EAC) 14.61; 3, T. Clifton (W. Gn) 14.97; 4, G. McDonald (Bolt) 15.00; 5, S. Pegler (Sale) 15.18; 6, K. Pascoe (BRC/TVH) 15.52. **Ht 2:** 1, W. Greaves (Ilf) 14.63; 2, A. James (W&B) 14.77; 3, N. Gerrard (Met P) 14.79; 4, T. Carrington (Sale) 15.38; 5, H. Bridgeman (L. Irish) 15.49; 6, R. Simpson (Bir) 15.58. **Final:** (+1.9m) 1, HOLTOM 13.95; 2, WILSON 14.29; 3, GREAVES 14.37; 4, James 14.52; 5, McDonald 14.61; 6, Gerrard 14.71; 7, Clifton 14.85; 8, Carrington 15.27.

400 METRES HURDLES (b)

Heats (a) (1st 2 & fastest to final) — Ht 1: 1, G. Oakes (H'gey) 52.7; 2, D. Fishwick (Card) 53.1; 3, S. Sole (Sheff) 53.2; 4, T. Carrington (Sale) 53.7; 5, S. Hinchliffe (Poly) 55.0; 6, S. James (W&B) 55.4; 7, M. Gill (Bir) 56.3. **Ht 2:** 1, R. Bell (Wake) 52.4; 2, D. Price (Sale) 52.8; 3, M. Whittingham (HHH) 53.1; 4, D. Hislop (Bir) 54.1; 5, N. Underwood (Bed) 54.6; 6, K. Pascoe (BRC/TVH) 54.8; 7, C. Porteous (Anna) 55.3. **Ht 3:** 1, P. Atherton (BRC) 52.02; 2, C. Beattie (Shorts) 52.29; 3, D. West (TVH) 52.33; 4, D. Hall (Leic) 53.62; 5, C. Richardson (H'gey) 53.71; 6, A. Shiret (Ex B) 55.72. **Final:** 1, OAKES 50.76; 2, BELL 52.22; 3, BEATTIE 52.24; 4, West 52.25; 5, Atherton 52.47; 6, Fishwick 52.54; 7, Price 53.16; 8, Whittingham 54.32.

HIGH JUMP (a)

1, B. BURGESS (EAC) 2.13; 2, O. CHAM (HHH) 2.10; 3, A. DAINTON (Harlow) 2.05; 4, V. Clemmens (Steve) 2.05; 5, A. McIvor (Card) 2.05; 6, D. Thompson (Ex B) 2.05; 7, R. Charles (QPH) 2.05; 8, C. Moseley (H'gey) 2.00; 9, C. Hesketh (Sale) 2.00.

POLE VAULT (a)

1, B. HOOPER (Wok) 5.40; 2, A. WILLIAMS (Camb H) 4.90; 3 eq, A. LEIPER (AFD) & G.

EGGLETON (Chelm) 4.50; 5, A. Jackson (Lut) 4.30; 6 eq, T. Anstiss (Houn) & T. Gardner (Hill) 4.30. No height: K. Stock (Croy) (5.10) & R. Williamson (EAC) (4.30).

LONG JUMP (b)

1, D. THOMPSON (Ex B) 7.69; 2, R. MITCHELL (Enf) 7.64w; 3, L. TYSON (Shaft) 7.34; 4, A. Moore (Bir) 7.32; 5, T. Wade (TVH) 7.29; 6, H. Walters (N. Lon Poly) 7.26w; 7, B. Garner (Bris) 7.12; 8, K. Connor (W&B) 7.03; 9, P. Brugnani (H'gey) 6.85; 10, T. Henry (Shaft) 6.75; 11, R. Martin (Ex B) 6.71. (event abandoned after 5 rounds).

TRIPLE JUMP (a)

1, A. MOORE (Bir) 15.72; 2, D. JOHNSON (Sheff) 15.70; 3, A. WADHAMS (Ex B) 15.38; 4, F. Attah (Sheff) 15.25; 5, E. McCalla (Bir) 15.19; 6, J. Herbert (H'gey) 15.03; 7, R. Philips (O. Gayt) 14.89; 8, C. Carden (HHH) 14.45.

SHOT (b)

1, G. CAPES (Enf) 19.00; 2, M. WINCH (B'ht) 17.62; 3, I. LINDLEY (Lough) 16.66; 4, S. Rodhouse (S&E) 16.35; 5, R. Slaney (Ex B) 16.20; 6, A. Satchwell (Jersey) 15.86; 7, D. Roscoe (Stret) 15.65; 8, N. Tabor (S&E) 14.66.

DISCUS (a)

1, R. SLANEY (Ex B) 55.32; 2, D. ROSCOE (Stret) 51.40; 3, G. TYLER (Sale) 51.38; 4, Winch (B'ht) 51.10; 5, J. Hillier (Hill) 50.76; 6, P. Gordon (Met P) 50.46; 7, N. Griffin (WSE) 46.70.

HAMMER (b)

1, C. BLACK (ESH) 66.68; 2, P. DICKENSON (Enf) 65.06; 3, M. MILEHAM (H'gey) 63.06; 4, I. Chipchase (NSP) 62.46; 5, R. Weir (Bir) 60.52; 6, M. Fenton (Ips) 59.52.

JAVELIN (b)

1, D. OTTLEY (Thurr) 74.72; 2, B. ROBERTS (H'gey) 72.88; 3, J. TROWER (B&H) 70.14; 4, S. Pearson (W&B) 70.02; 5, K. Taylor (B'burn) 66.00; 6, I. Marsh (Ips) 65.88; 7, G. Brooks (Card) 65.66; 8, P. DeKremer (B'mth) 65.62; 9, R. Hooper (Exeter) 57.44; P. Yates (Exeter) 3 fouls.

WOMEN**100 METRES (a)**

Heats (1st 4 to final) — Ht 1: (+0.1m) 1, H. Hunte (H'gey) 11.43; 2, B. Goddard (Read) 11.55; 3, M. Ascroft (Bir) 11.76; 4, M. Wells (ESH) 11.79; 5, S. Thomas (Sel) 11.93; 6, R. Wilson (Wigmore) 12.10. **Ht 2:** (+1.7m) 1, K. Smallwood (Read) 11.43; 2, W. Clarke (High) 11.49; 3, E. Thomas (Sel) 11.68; 4, P. Baker (Norf) 11.70; 5, H. Barnett (Croy) 11.73; 6, C.

2nd British Veterans'**DECATHLON CHAMPIONSHIPS**

Saturday, 8th September (2 pm start)

and Sunday, 9th September, 1979

on Loughborough University A.C. Track,

Asby Road, Loughborough

Entries: £1. Apply: D. H. Williams, 19 Highfields Drive, Loughborough, (Tel. 213682). Late entries up to the day.

Smart (unat) 12.06. **Final:** (+1.0m) 1, HUNTE 11.30; 2, GODDARD 11.37; 3, SMALLWOOD 11.43; 4, Clarke 11.51; 5, Baker 11.65; 6, Thomas 11.65; 7, Ascroft 11.73; 8, Wells 11.83.

200 METRES (b)

Heats (1st 4 to final) — Ht 1: (—2.2m) 1, Smallwood 24.08; 2, Clarke 24.26; 3, M. Probert (Sale) 24.26; 4, Barnett 24.30; 5, S. Thomas 24.87; 6, J. Saunders (Steve) 25.16. **Ht 2:** (—1.0m) 1, Goddard 23.67; 2, Hunte 23.75; 3, Baker 24.45; 4, Smart 24.88; 5, F. Nixon (ESH) 25.45. **Final:** (—1.5m) 1, HUNTE 23.15; 2, SMALLWOOD 23.18; 3, GODDARD 23.30; 4, Probert 23.78; 5, Barnett 23.92; 6, Clarke 23.95; 7, Baker 24.06; 8, Smart 24.58.

400 METRES (a)

1, J. SMITH (D. Hyman TC) 52.24; 2, M. PROBERT (Sale) 53.54; 3, K. WILLIAMS (Pit) 53.74; 4, E. Douglas (ESH) 54.82; 5, L. Burnett (Shrew) 55.06; 6, J. MacGregor (Burn Rd) 56.26; 7, J. Saunders (Steve) 56.99; 8, C. Fernley (Bis) 57.42.

800 METRES (b)

Heats (a) (1st 4 to final) — Ht 1: 1, C. Boxer (AFD) 2:04.0; 2, E. Barnes (Camb H) 2:04.0; 3, C. Hanson (ESH) 2:04.2; 4, E. McMeekin (Glas) 2:04.2; 5, J. Pricoe (Linc C) 2:05.0; 6, K. Williams (Pit) 2:07.3; 7, T. Colebrook

(Cann/WRAF) 2:08.4; 8, J. Asgill (Stret) 2:09.1. **Ht 2:** 1, A. Clarkson (ESH) 2:04.7; 2, J. Marlow (Pilk) 2:04.9; 3, V. Elder (W&B) 2:05.2; 4, J. White (Mit) 2:05.2; 5, J. Colebrook (Cann) 2:05.4; 6, A. Creamer (Roth) 2:07.7; 7, C. Lightfoot (Shett) 2:10.0. **Final (b):** 1, BOXER 2:01.6; 2, BARNES 2:02.1; 3, MARLOW 2:03.1; 4, Hanson 2:03.6; 5, Clarkson 2:04.6; 6, Elder 2:05.6; 7, E. McMeekin 2:06.8; 8, White 2:07.9.

1500 METRES (b)

Heats (a) (1st 5 to final) — Ht 1: 1, C. McMeekin (Glas) 4:21.5; 2, R. Joyce (Craw) 4:22.9; 3, C. Hanson (ESH) 4:23.0; 4, G. Dainty (Bir) 4:23.7; 5, H. Hollick (Sale) 4:25.0; 6, J. Asgill (Stret) 4:27.5; 7, K. Harvey (B'mth) 4:33.0; 8, K. Lock (Card) 4:41.8. **Ht 2:** 1, B. Madigan (Brack) 4:21.7; 2, F. McQueen (Glas) 4:21.8; 3, A. Mason (Bir) 4:22.4; 4, P. Fudge (Houn) 4:24.8; 5, C. Wood (Leeds) 4:25.7; 6, V. Hope (ESH) 4:32.8; 7, L. Driver (Sale) 4:36.0. **Final:** 1, DAINTY 4:15.7; 2, MADIGAN 4:16.2; 3, C. McMEEKIN 4:16.6; 4, R. Joyce 4:17.3; 5, Hanson 4:17.3; 6, Mason 4:17.7; 7, Wood 4:22.6; 8, McQueen 4:22.9; 9, Hollick 4:30.1; Fudge scr.

3000 METRES (a)

1, G. PENNY (Camb H) 9:08.4; 2, M. STEWART (Bir) 9:09.5; 3, K. BINNS (Sale) 9:11.2; 4, R. Smeeth (AFD) 9:19.2; 5, A. Roberts

Continued on page 34

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Joyce Smith's Great '20'

WITH respect to the men, the performance of the afternoon in the Belgrave '20' on July 21st was Joyce Smith's time of 1:57.00 (with 5M split times of 29:06, 28:38, 29:50, 29:26) — the fastest 20 miles time recorded by a woman, although Grete Waitz might have passed that mark faster on the way to her world record marathon. Only 34 men finished in faster time.

The leader at 5M was Mike Hurd in 25:11, and by 10M Hurd was 17 sec ahead of Dave Patterson in 50:52, with course record holder (in 1966) Graham Taylor 3rd in 52:06. The 15M times were: Hurd 1:17:25, Patterson 1:18:25, Taylor 1:19:33, Mike Woods 1:20:35. Over the last 5M Hurd drew further away to win in 1:44:24 from Patterson, with Woods finishing strongly to finish 3rd.

D.R. Crookes

1, M. Hurd (RAF) 1:44:24
2, D. Patterson (TVH) 1:47:34
3, M. Woods (Aldershot F&D) 1:48:35
4, P. Bennett (AFD) 1:50:17; 5, R. Roath (Walt) 1:50:19; 6, G. Taylor (Camb H) 1:50:44; 7, R. Atkinson (Card) 1:50:57; 8, P. Barnett (AFD) 1:51:04; 9, B. Buonvino (Kent) 1:51:25; 10, L. Wells (Walt) 1:51:29; 11, C. Hunn (SLH) 1:52:27; 12, M. Ackard (E&E) 1:52:37; 13, D. Pegg (Cov) 1:52:48; 14, P. Richardson (Hav) 1:52:58; 15, J. Bryant (TH&H) 1:53:09; 16, C.

On The Road

Woodcock (B'ht) 1:53:48; 17, D. Case (E&S) 1:54:11; 18, J. Painter (Worth) 1:54:19; 19, J. Cock (E&E) 1:54:23; 20, G. De Boursac (Rane) 1:54:36; 21, M. Page (Walt) 1:54:37; 22, N. Griffiths (SLH) 1:55:00; 23, M. Baggs (Wey) 1:55:01; 24, I. McKenzie (Met P) 1:55:19; 25, C. Haines (B'ht) 1:55:37; 26, A. Davis (B'ht) 1:55:54; 27, S. Crawte (AFD) 1:56:08; 28, C. Houghton (E&E) 1:56:19; 29, K. Barker (Ver) 1:56:23; 30, S. Todd (Card) 1:56:31. 140 finished. **Teams:** 1, Aldershot F&D 12; 2, Walton 28; 3, Epsom & E 45; 4, Cardiff 52; 5, Blackheath 56; 6, SLH 62; 7, Cambridge H 73; 8, Thames H&H 94; 9, Ranelagh 95; 10, Belgrave 137. **1st Vet:** D. Case (E&S) 1:54:11; **1st O/50:** D. Martin (Rane) 2:02:21. **Women:** 1, J. Smith (Barnet) 1:57:00 (UK best performance); 2, L. Kirk 2:19:17.

Surrey Championship (in conjunction): 1, Roath; 2, Barnett; 3, Wells; 4, Pickard; 5, Bryant; 6, Cock. **Teams:** 1, Walton 11; 2, Epsom & E 20; 3, Aldershot F&D 22.

ANNAN '12'

July 7th

1, I. Thompson (Lut) 57:55; 2, J. Myatt (Gat) 60:50; 3, D. Kelly (Salt) 60:50; 4, E. Cameron (ESH) 61:15; 5, D. Gunstone (EAC) 61:27; 6, I. Brown (Mor) 61:45; 7, K. Parr (Salt) 62:24; 8, M.

SEPTEMBER ISSUE

JOGGING

magazine

- * What makes Bernie Ford run — an in-depth profile
- * Colour Photo Special on the British Women's Marathon race
- * Close-up on Cross Country
- * How one woman went from jogging to marathons
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NAME ADDRESS

To *Jogging Magazine*, Dept. AW1, 13 Golden Square, London W1R 4AG.

Eldson (Tey) 62:38; 9, C. Stainton (Unatt) 63:10; 10, S. Crimes (Horw) 63:18; 11, D. Thomas (Bord) 63:46; 12, B. Young (J'hill) 64:00; 13, D. Whitson (ESH) 64:04; 14, D. Smith (Tyne) 64:08; 15, A. Jenkins (Mor) 64:16. Teams: 1, Morpeth 40; 2, Saltwell 52; 3, Horwich RMI 61; 4, Border 63; 5, Springfields 67. (Women): C. Degan (ESH) 80:35.

WISBECH TO MARCH '10'

July 7th

1, P. Romaine (Holbeach) 49:57
2, J. Clarke (Grimsby) 50:36
3, H. Starkey (Shaftesbury) 50:45
4, T. Hawes (North) 51:11; 5, M. Hanahoe (HHH) 51:51; 6, J. Masterton (Leic) 52:30; 7, P. Leach (Leic) 52:39; 8, D. Martin (Leic) 52:54; 9, J. Jenkins (C&C) 52:59; 10, G. Bowman (Diss-V) 53:08; 11, D. Brown (Grim) 53:20; 12, W. Coe (S. in A) 53:22; 13, M. Mountford (Staff) 53:44; 14, W. McKim (North) 53:49; 15, M. Anderson (Grim) 53:52; 16, M. Holt (Nene V) 53:56; 17, V. Holman (Thet) 53:59; 18, C. Smith (Leic) 54:10; 19, S. Holsworth (Rug) 54:12; 20, J. Clare (B'heath) 54:13; 21, N. Pickard (E&E) 54:16; 22, R. Bryon (C&C) 54:25; 23, R. Wadley (Bigg) 54:26; 24, J. Allcock (Leic) 54:27; 25, S. Payne (Norf) 54:41. Teams: 1, Leicester 21; 2, Grimsby 28; 3, Northampton Ph. 44; 4, Thetford 88; 5, Highgate 110; 6, Norfolk Olym. 111. (Vets): 1, Bowman; 2, R. Slowe (High) 54:49; 3, J. Daniels (Low) 56:20. (O/50): G. Phipps (Leam) 58:59. (O/60): R. Bott (Mit) 70:50. (Women): 1, S. Bradley (North) 64:41; 2, S. Hales (Wirr) 67:58; 3, B. Brown (Grim) 73:44.

SALTWELL & MARSKE '6'

July 8th

1, G. Foster (Sun) 29:34; 2, D. Dixon (Sun) 29:54; 3, G. Bellod (M&C) 30:17; 4, J. Williams (Mand) 30:20; 5, D. Welch (Harr) 30:23; 6, C. Vaux (M&C) 30:26; 7, G. Potts (M&C) 30:40; 8, M. Hall (M&C) 30:56; 9, S. Raine (Sun) 31:02; 10, M. Frostick (M&C) 31:10.

JOHN ULTRAM MEMORIAL '10'

July 14th

1, T. Wright (Wolverhampton & B) 50:26
2, M. J. Bishop (Staffs Moorlands) 51:49
3, N. Deakin (Newcastle) 52:10
4, M. McBride (Stoke) 52:30; 5, A. Mills (Newc) 52:45; 6, D. Jervis (Burt) 52:57; 7, G. Nickson (Wrex) 53:19; 8, A. Barlow (Wirr) 53:55; 9, K. West (W&B) 54:01; 10, P. Upton (Notts) 54:08; 11, S. Hope (C&N) 54:23; 12, B. Adams (C&N-V) 54:33; 13, J. Davies (Newc) 54:37; 14, P. Larkin (Newc) 54:54; 15, G. Lewis (Poly M) 55:05; 16, M. Whiteside (Sal) 55:08; 17, B. Cook (D&S) 55:09; 18, M. A. Bishop (Staffs M) 55:14; 19, L. Austin (Stoke) 55:23; 20, A. Smith (Burt) 55:25; 21, A. Walker (Mich) 55:31; 22, J. Riley (Wirr) 55:36; 23, G. Astall (Notts) 55:43; 24, M. Smith (Newc) 55:45; 25, R. Edwards (Notts) 55:46. Teams: 1, Newcastle 21; 2, Burton 55; 3,

Notts 58; 4, Wirral 71; 5, Stafford 90; 6, Crewe & N 94; 7, Wrexham 103; 8, Small Heath 148; 9, Lozells 169; 10, Rolls Royce 178. (Vets): 1, Adams; 2, L. Cook (Staff) 56:20; 3, G. Kay (Staff) 56:32. (O/45): M. Whittaker (Staff) 58:08. (O/50): R. Ferneyhough (Mich) 62:55. (Women): 1, C. Readdy (Stoke) 63:47; 2, B. Cook (Staff-V) 68:05.

HORSHAM FESTIVAL '10'

July 14th

1, P. Bennett (Aldershot F&D) 49:58
2, R. Gevers (S. London) 50:15
3, F. Upcott (S. London) 50:35
4, P. Moore (Unatt) 50:56; 5, B. Heath (RN) 51:03; 6, A. Owers (Croy) 51:57; 7, L. Wells (Walton) 52:04; 8, M. Woods (AF&D) 52:14; 9, H. Chadwick (B'mouth) 52:17; 10, W. Cain (Unatt) 52:28; 11, T. Hassall (AF&D) 52:32; 12, S. Graham (HW) 53:03; 13, P. Brook (Hast) 53:10; 14, R. Roath (Walton) 53:25; 15, B. Smith (B'mouth) 53:26; 16, P. Keenan (Ov) 53:27; 17, C. Beauvais (Walton) 53:33; 18, P. Crowhurst (B&H) 53:35; 19, A. Lambourne (B&H) 53:38; 20, J. Coaker (Alt) 53:45; 21, G. Smith (Sx. U) 53:53; 22, P. Hurt (B'mouth-V) 53:57; 23, J. Clow (Ports) 54:10; 24, S. Crawte (AF&D) 54:21; 25, R. Parker (Worth) 54:27. Teams: 1, Aldershot F&D 20; 2, Walton 38; 3, S. London 42; 4, Bournemouth 46; 5, Brighton & H 77; 6, Blackheath 93; 7, Portsmouth 108; 8, Hercules Wimbledon 118; 9, Worthing 129; 10, Cambridge H 144.

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UK CHAMPIONSHIPS Contd from page 31

(Houn) 9:29.7; 6, S. Hassan (Bir) 9:34.5; 7, J. Dawkins (S&E) 9:35.2; 8, J. Shepherd (Glas) 9:46.1; 9, J. Clarke (Sheff) 10:00.9; 10, A. Alford (Steve) 10:29.0.

100 METRES HURDLES (a)

Heats (1st 4 to final) — Ht 1: 1, S. Strong (Stret) 13.51; 2, J. Vernon (Mit) 13.96; 3, H. Ross (Bris) 14.30; 4, S. Longden (Ex L) 14.39; 5, L. Brady (ESH) 14.46; 6, S. Bull (Newp) 14.86. **Ht 2:** 1, Y. Wray (Shrew) 13.99; 2, J. Livermore (Rug) 14.11; 3, C. St. John (E&E) 14.33; 4, M. Laing (Liv) 14.46; H. Selway (Exeter) disq (14.55). **Final:** (+0.8m) 1, STRONG 13.28; 2, WRAY 13.61; 3, VERNON 13.78; 4, Laing 13.88; 5, Livermore 13.88; 6, St John 13.99; 7, Ross 14.03; 8, Longden 14.31.

400 METRES HURDLES (b)

Heats (a) (1st 4 to final) — Ht 1: 1, C. Warden (W&B) 58.2; 2, S. Dalgoutte (Mit) 59.0; 3, S. Smith (C of Hull) 59.3; 4, F. Macaulay (ESH) 59.9; 5, V. Le Moignan (S&E) 61.2; 6, E. Evans (Bris) 61.7; 7, G. Parry (Bury) 66.4. **Ht 2:** 1, D. Heath (Stret) 58.7; 2, L. Brady (ESH) 59.5; 3, S. Morley (Hick M) 59.8; 4, D. Wade (Notts) 60.1; 5, K. Tuffnell (C&C) 60.3; 6, H. Selway (Exeter) 61.6; 7, S. Reed (Wigmore) 71.3. **Final:** 1, WARDEN 56.93; 2, HEATH 58.17 (Welsh rec); 3, DALGOUTTE 58.99; 4, Morley 59.13; 5,

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Macaulay 59.66; 6, Smith 59.77; 7, Brady 59.84; 8, Wade 60.38.

HIGH JUMP (b)

1, A-M. DEVALLY (Bed) 1.86; 2, M. MAGUIRE (ESH) 1.78; 3, J. CROUCHLEY (Stret) 1.78; 4, J. Livermore (Rug) 1.78; 5, T. Phillpots (Leeds Un) 1.75; 6, L. Miller (Chelm) 1.75; 7, L. Matthews (Bed) 1.75; 8, J. Harrison (Bir) 1.75; 9, B. Gibbs (Leic) 1.70.

LONG JUMP (a)

1, S. REEVE (Bir) 6.30; 2, S. HEARNshaw (Hull Sp) 6.28; 3, C. EARLINGTON (Middx) 6.21; 4, G. Regan (Card) 6.06; 5, G. Taylor (Ex L) 6.05; 6, K. Donovan (Houn) 6.01; 7, J. Frank-Lynch (Mit) 5.95; 8, S. Longden (Ex L) 5.88; 9, A. Manley (Croy) 5.78; 10, M. Laing (Liv) 5.76; 11, S. Green (Harlow) 5.66; 12, Y. Wray (Shrew) 5.64; 13, H. Rogers (Ver) 5.60.

SHOT (a)

1, A. LITTLEWOOD (Camb H) 16.43; 2, J. OAKES (Croy) 16.35; 3, VEN HEAD (Bris) 16.34; 4, V. Redford (Camb H) 15.14; 5, J. Thompson (Brack) 14.74; 6, L. Newton (Read) 14.65.

DISCUS (b)

1, M. RITCHIE (ESH) 56.80; 2, J. THOMPSON (Brack) 50.42; 3, L. MALLIN (Exeter) 47.72; 4, Ven Head 46.90; 5, Redford 44.92; 6, D. Sturman (Chelm) 44.36; 7, Littlewood 44.14; 8, F. Condon (Brack) 44.12.

JAVELIN (a)

1, J. ZASLONA (Bir) 53.32 (Welsh rec); 2, L. STRATFORD (AFD) 48.28; 3, M. JERVIS (H'gey) 47.00; 4, D. Royale (Stret) 46.74; 5, O'Toole (Bir) 45.82; 6, S. Flack (H'gey) 45.72; 7, J. Williams (Cann) 45.64; 8, J. Rose (Sel) 43.98.

GRE BRITISH LEAGUE**Division 5****At Windsor, July 28th**

Leeds City 255; Windsor S&E 237; Blackburn 210; Swansea 197; Chelmsford 182; Leicester 178.

100: 1, C. Monk (Leic) 10.8; 2, K. Connor (WS&E) 10.8; 3, R. Small (Leeds) 10.8; 4, T. Whitehead (Chelm) 10.9. **200:** 1, Whitehead 21.5; 2, Small 21.8; 3, Monk 21.9; 4, Connor 21.9. **400:** (A): C. Beaumont (Leeds) 49.5. (B): 1, K. Walton (Leeds) 49.5; 2, J. Blackledge (B'burn) 50.3. **800:** Blackledge 1:53.7. **1500:** (A): J. Doherty (Leeds) 3:51.8. (B): J. Marsay (Leeds) 3:52.6. **5000:** 1, R. Callan (Leic) 14:12.2; 2, P. Standing (WS&E) 14:15.8; 3, M. Baxter (Leeds) 14:27.2. **3000SC:** 1, R. Shorrock (B'burn) 9:19.2; 2, S. Gibbon (Swan) 9:26.6. **110H:** (A): 1, N. Christie (WS&E) 15.0; 2, C. Richards (Swan) 15.1. (B): M. James (WS&E) 15.9. **400H:** (A): 1, D. Hall (Leic) 55.5; 2, K. Lancey (Swan) 55.6. (B): G. Davies (Swan) 56.6.

HJ: I. McAlister (B'burn) 1.93. **PV:** G. Eggleton (Chelm) 4.40. **LJ:** Connor 6.91. **TJ:** (A): 1, Connor 14.22; 2, A. Khan (Leeds) 14.04. (B): M. Makin (Leeds) 13.88. **SP:** (A): 1, I. Lindley (Leeds) 17.00; 2, N. Griffin (WS&E) 15.11; 3, A. Vince (Chelm) 14.93; 4, D. Sorrell (B'burn) 13.15. (B): I. Mowat (Leeds) 16.25. **DT:** (A): 1, Griffin 49.06; 2, Mowat 47.70; 3, Vince 44.76; 4, Sorrell 44.34; 5, G. Jenkins (Swan) 40.10. (B): P. Armstrong (Leeds) 41.88. **HT:** (A): 1, R. James (WS&E) 60.06; 2, R. Earle (Chelm) 52.04. (B): A. Kenneally (WS&E) 48.80. **JT:** 1, K. Taylor (B'burn) 71.66; 2, J. Ferrary (Leic) 58.30; 3, Griffin 56.52. **4x100:** 1, Leeds City 42.8; 2, Leicester 43.2; 3, Chelmsford 43.3; 4, Windsor S&E 43.4; 5, Swansea 43.6. **4x400:** Leeds City 3:23.7.

On September 8th, in conjunction with the Kent AAA Decathlon and Octathlon at Erith, there will be 100m and 200m races for Colts, Boys and Youths, starting 2.00 p.m.

* * *

J. Redmond, Surrey AC cross-country secretary, has moved to 7 Dickerage Road, Coombe Lane West, Kingston, Surrey (Tel. 01-942 7136).



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Nike Oceania			6-13	£10.99
Nike Roadrunner			6-12	£12.50
Nike Waffle Trainer			6-13	£18.50
Nike LDV			6-13	£24.50

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Green nylon uppers, suede trim, wrapover toe and heel.

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Green nylon mesh uppers, waffle sole.

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INTERNATIONAL ATHLETES CLUB

JUNIOR SECTION

In accordance with a resolution passed at the I.A.C. Extraordinary General Meeting in April this year, the I.A.C. invites all current male and female Junior International athletes who have represented Great Britain and Northern Ireland, to join our newly formed **JUNIOR CLUB**.

Annual subscription is £1 payable on joining the club and on the 1st January each following year.

Athletes will receive the I.A.C. Newsletter and be included in club activities where appropriate.

Athletes will remain members of the club for 1 year after leaving the junior age group or until they gain full international representation.

PLEASE APPLY TO:

The Secretary,
I.A.C. (Junior),
84 Kingsway,
London, WC2B 6SD.

SURREY 152; HAMPSHIRE 133; ARMY 87**At Aldershot, June 27th**

100: 1, N. Richens (H) 10.9; 2, E. Roofe (S) 11.0. 200: Richens 22.1. 400: 1, R. Milne (S) 47.9; 2, R. Benn (S) 48.2; 3, T. Bennett (H) 49.4. 800: 1, D. Warren (Gst) 1:50.9; 2, J. Wilson (S) 1:51.8; 3, T. Browne (S) 1:53.3. 1500: 1, F. Pidgeon (H) 3:47.6; 2, G. Ribbons (S) 3:47.7; 3, D. Eglon (Gst) 3:47.7; 4, S. Harrison (A) 3:47.8; 5, C. Shields (A) 3:47.9; 6, I. Logan (Gst) 3:51.2; 7, E. Turner (Gst) 3:52.8; 8, R. Hillier (S) 3:55.0. 5000: 1, P. Eales (S) 14:34.2; 2, R. Treadwell (S) 14:38.0. 3000SC: 1, A. Bamber (S) 9:00.4; 2, C. Bunyan (H) 9:04.2; 3, M. McEvilly (S) 9:05.8; 4, T. Davies (A) 9:06.2. 110H: 1, K. Pascoe (H) 15.0; 2, J. Hobbs (S) 15.0; 3, A. Drayton (H) 15.2; 4, S. Burke (A) 15.5; 5, P. Whitby (S) 15.8. 400H: 1, D. West (H) 52.8; 2, E. Shirley (Gst) 54.5; 3, P. Kersley (H) 55.5; 4, P. Searchwell (A) 56.2. HJ: 1, M. Candy (A) 1.98; 2, J. McKeown (A) 1.94. PV: 1, D. Hooper (S) 4.20; 2, B. Drayton (H) 4.00. LJ: D. Williams (S) 7.05. TJ: P. Kersley (H) 13.84. SP: 1, P. Rees (Gst) 16.24; 2, N. Tabor (H) 16.20; 3, G. Savory (H) 15.01; 4, E. Ricketts (A) 13.69; 5, C. Brooks (S) 13.24. DT: 1, Tabor 50.18; 2, Rees 49.78; 3, Savory 45.12; 4, M. Johnson (A) 44.20. HT: 1, C. Melliush (S) 51.60; 2, K. Prior (S) 50.70; 3, Rees (H) 48.68; 4, A. Moogan (A) 48.12. JT: K. Sheppard (S) 65.88. 4x100: 1, Surrey 43.0; 2, Hampshire 43.7; 3, Army 43.8. 4x400: 1, Surrey 3:18.7; 2, Hampshire 3:19.3.

COSMOS MEETING**At Cleckheaton, July 1st**

100: 1, K. Bennington (Sheff) 10.7; 2, R. Small (Leeds) 10.8; 3, K. Walton (Leeds) 10.9; 4, S. Harrison (Leeds) 10.9; 5, B. Wheatley (Roth) 11.0. 400: 1, S. Sole (Sheff) 48.9; 2, Walton 49.3; 3, C. Beaumont (Leeds) 49.5. (Youths): 800: P. Elliott (Roth) 1:56.5. (Boys): 100: J. Humberstone (Spen) 11.8. 1500: D. Stones (Bart) 4:12.0. (Women): 100: 1, J. MacGregor (Burn R) 11.9; 2, L. Gillespie (Sheff) 12.0; 3, S. Shipley (Leeds) 12.2; 4, S. Morley (Hick. M) 12.3; 5, K. Smallman (Hick. M) 12.3. 200: 1, W. Barnes (N. Sh. P) 25.1; 2, Morley 25.3. 400: 1, C. Pendleton (B&F) 56.8; 2, C. Mountford (CoH) 57.2; 3, Gillespie 57.3. 800: 1, C. Wood (Leeds) 2:14.6; 2, J. Moody (CoH) 2:15.3. 1 Mile: 1, A. Wright (NZ) 4:39.2; 2, S. Arthurton 4:40.3; 3, J. Colebrook 4:45.3; 4, A. Mason 4:45.8; 5, A. Creamer 4:49.3; 6, K. Binns 4:53.2. HJ: 1, B. Gibbs (Leic) 1.73; 2, D. Friar (Lake) 1.70; 3, T. Phillpots (Leeds) 1.70; 4, D. Elliott (Leic) 1.65; 5, H. Smiddy (A&SV) 1.65. LJ: Phillpots 5.45. SP: 1, A. Storrs (Sheff) 12.17; 2, J. Attack (Wake) 12.06; 3, I. Samuels (A&SV) 11.20; 4, W. Stark (Fife) 10.65. DT: V. Maw (Rown) 34.90. (Inters): 100: 1, K. Barraclough (Rown) 12.2; 2, G. Ashcroft (Thirk) 12.3; 3, H. Thorpe (Hallam) 12.5; 4, D. Cookson (Hallam) 12.5. 200: P.

Harkness (Burn R) 25.8. 1500: 1, J. Walker (Sheff) 4:46.7; 2, W. Hirst (Leeds) 4:51.8; 3, T. Davison (Hal) 4:53.1; 4, M. Draith (Ashton) 4:54.7. HJ: 1, J. Hay (Warr) 1.59; 2, G. Crowder (Rown) 1.59. LJ: 1, T. Colner (Rown) 5.56; 2, J. Slater (Ridd) 5.32. SP: Crowder 9.94. DT: S. Johnson (CoH) 32.06. (Juniors): 100: 1, G. Hayes (Roth) 12.4; 2, M. Newton (A&SV) 12.6; 3, J. Guest (Roth) 12.7; 4, S. Francis (Leeds) 12.7. 800: A. Beat (Scun) 2:23.0. 1500: 1, J. Howe (Rown) 4:58.7; 2, L. Robinson (Spen) 4:58.9; 3, S. Barker (Hal) 4:59.0; 4, S. Ramsdale (Leeds) 4:59.6. HJ: 1, M. Cropper (Ashton) 1.63; 2, C. Gordon (Burn R) 1.60; 3, J. Trueman (Ruth S) 1.55. DT: M. McMahon (Hal) 27.54.

NORTHERN WOMEN'S LEAGUE**(Division 1)****At Hull, July 22nd**

City of Hull 548½; Liverpool 521½; Leeds City 504; Sale 448½; N. Shields Poly. 447; Dorothy Hyman Track Club. 367.

100/200: J. Hoyte-Smith (DHTC) 12.0/24.5. 400: 1, Hoyte-Smith 54.7; 2, C. Mountford (CoH) 57.6. 800: 1, S. Arthurton (Leeds) 2:09.5; 2, J. Davidson (Sale) 2:12.5. 1500: J. Moody (CoH) 4:35.7. 3000: J. Holmes (Liv) 10:18.4. 100H: (A): 1, M. Laing (Liv) 14.9; 2, R. Hudson (N.Sh. P) 15.5. (B): G. Howell (CoH) 15.6. 400H: (A): 1, S. Smith (CoH) 61.0; 2, A. Mills (N. Sh. P) 65.7. (B): S. Needham (CoH) 66.2. LJ: G. Peacock (N. Sh. P) 6.01. DT: J. Robertson (Liv) 39.68. JT: D. Rimmington (Leeds) 37.24. 4x400: City of Hull 3:54.6. (Inters): 800: 1, K. Almond (CoH) 2:16.5; 2, W. Hirst (Leeds) 2:18.7. HJ: D. Kerfoot (Liv) 1.61. SP: J. Henry (Sale) 9.93. 4x100: City of Hull 50.8. (Juniors): 800: J. Midgley (Leeds) 2:17.6. 1500: S. Ramsdale (Leeds) 4:52.9. DT: K. Pickersgill (N. Sh. P) 27.46. JT: N. Dawson (Leeds) 29.34.

SHROPSHIRE YOUNG ATHLETES LEAGUE**At Telford, June 13th**

(Inters): 80H: K. Nethercote (Shrew) 12.2.

Newbury AC Relays (May 24th): (U/17): 1600 Medley: Abingdon 3:54.1

ALTRINCHAM & DISTRICT A.C.**MEN'S "LINOTYPE 5M" ROAD RACE**

(Under A.A.A. Laws)

WEDNESDAY, 5th SEPTEMBER, at 7.30 pm

Prizes: Ind. 1-4, 3 Teams, Spots, Vets 2 O/40, 1 O/50. Entries: 30p Ind., 50p Team. Late entries £1.

CLOSING DATE MONDAY 27th AUGUST.

Sec. Mrs J. Blow, 58 Lorraine Road, Timperley, Altrincham, WA15 7NB, or tel. 061 980 4089. Changing at Linotype Works, Broadheath, Altrincham.

UTTOXETER CROSS COUNTRY RACES

(Under A.A.A. & W.A.A.A. Laws)

and

FUN RUN

on

SUNDAY, 23rd SEPTEMBER, 1979

Sponsored by BOURNE SPORTS

**in conjunction with
ADIDAS and UNIROYAL**

Organized by BURTON A.C. and EAST
STAFFORDSHIRE DISTRICT COUNCIL.

1.00 p.m. COLTS (U/13)	1½ miles
1.30 p.m. JUNIOR LADIES (U/15)	1½ miles
2.00 p.m. BOYS (U/15)	3 miles
2.30 p.m. FUN RUN	1½ miles
2.45 p.m. SENIOR LADIES	3 miles
3.15 p.m. SENIOR MEN	5 miles

(Ages as at 1st September, 1979)

AWARDS

SENIOR MEN — 1st 3 individuals, 1st 3 Veterans, 1st 3 teams. **SENIOR LADIES** — 1st 3 individuals, 1st Veteran, 1st 3 teams. Special prize for every 10th finisher in above races.

COLTS, BOYS, JUNIOR LADIES — 1st 3 individuals, 1st 3 teams, 1st School team.

Free Sweat Shirts will be donated by the Sponsors to first 50 finishers in Colts and Junior Ladies races.

★ ★ Special Family Prizes ★ ★

FUN RUN — Certificates to all finishers, Spot prizes.

ENTRY FEES

Senior Men and Ladies 30p per individual
Junior Ladies, Colts, Boys 20p per individual
Fun Run (Enter on the day) 20p per individual
All proceeds from Fun Run donated to charity.

★ MAKE THIS A DAY OUT FOR THE FAMILY ★

Entry forms and Large Poster from: Don Shelley
(Public Relations Manager), Bourne Sports, Church
Street, Stoke-on-Trent.

Telephone Numbers 0782 49088 (Office)
078583 4346 (Home)

UK RESULTS ROUND-UP

15.7. Windsor. PV: Haynie (US) 5.26, J. Gutteridge & Jessee (US) 5.26. **20/21.7. Crystal Palace.** Dec: J. Howell 7183. **21-29.7. Moscow.** Women's 800/1500: J. Marlow 2:02.7/4:09.1; 1500: H. Hollick 4:18.1; HJ: M. Maguire 1.78. **28.7. W. Berlin.** 400: W. Taylor 46.9. **31.7. Stretford.** Mile: S. Emson 3:58.9. **1.8. Crystal Palace.** 1500: I. Stewart (J) 3:44.1; 3000: J. Goater 7:57.6; 400H: R. Jenkins 52.2; PV: A. Williams 5.10; DT: R. Slaney 57.00, P. Tancred 53.78 . . . 7, D. Thompson 45.52 (pb); HT: M. Mileham 66.98; JT: D. Ottley 77.78, B. Roberts 77.36. **2.8. Copenhagen.** Women's 1500: C. Hanson 4:14.9. **4.8. Bedford.** Women's HJ: A-M. Devally 1.81. **4.8. Sale '15'.** D. Slater 74.35. **4.8. Dartford Half Marathon.** D. Chettle (Aus) 63.28, Gra Tuck 64:54 . . . Carol Gould 77.48, Gill Adams 79.44. **5.8. Stockholm.** Mar: 2, B. Watson 2:19.43. **7.8. Gothenburg.** Women's 800: C. Hanson 2:03.8. **8.8. Crystal Palace.** 1000: S. Ovett 2:23.4; 1500: C. Reitz (J) 3:42.5, J. Goater 3:44.2; PV: K. Stock 5.10; women's 400: D. Clarke 53.9; 1500: A. Wright 4:15.9, B. Madigan 4:18.3; SP: A. Littlewood 16.46. **11.8. Shaftesbury '10'.** A. Simmons 48:45, T. Wright 49:09 . . . Joyce Smith 56.22. **12.8. Victoria Park.** 20kmW: R. Mills 91:01.

VICTORIES FOR OVETT & COE

Steve Ovett won over 1500 in 3:36.6 (3:36.51) in Gothenburg on August 7th, ahead of Craig Masback (US), 3:38.1. Next evening in Viareggio, Seb Coe uncorked a 24.5 last 200 to win an 800 in 1:45.4 in front of James Robinson (US), 1:46.5.

WORLD TITLE DOUBLE BY FREARY

Mike Freary won both the 10km and 25km in the World Veterans Road Racing Championships at Bolton on July 21st/22nd, clocking 30:00 and 1:20:07. Detailed results next week.

THE COMPLETE BOOK OF RUNNING

A British edition of the phenomenal American best-seller, "The Complete Book of Running", by James F. Fixx, is now available from the Book Department, Athletics Weekly, 344 High Street, Rochester, Kent ME1 1DT, price £6.25. Also available: the latest edition of "Masters Age Records" (world & USA age bests from age 35 upwards), price £1.50.

Brendan Foster, Nick Rose and Steve Emson represent England in a 2000m team race to be held in conjunction with the Southern Championships at Crystal Palace on Saturday. A 4x800 relay will also be staged.

Result of UK Veterans pentathlon championships at Kirkby on July 14th/15th: (1A) J. Ross 2656 (25.90 200, 45.30 JT, 23.88 DT, 5.29 LJ, 4:52.7 (1500)); (1B) J. Phillips 2616; (2A) T. McNeill 2523; (2B) H. Trafford 2306; (3A) A. Lampard 1972.

PRESTON CAPES VILLAGE RACES

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, 2nd SEPTEMBER, at 2 pm

Senior Men 5M, Senior & Inter Women 2½M,
Youths 2½M, Fun Run 1½M.

Entries: 25p, by August 28th, late 50p.

Further details etc. Ken Maclaren, Little Preston
Daventry, Northants NN11 6TF. Phone: 032 736 6411.

SPRINGFIELDS A.C.

in conjunction with
Kirkham & Dist. Youth & Sports Assoc.
present

1st KIRKHAM '5' OPEN ROAD RACE

(Under A.A.A. Laws)

SAT., 8th SEPTEMBER, 1979, 3 p.m.

at Kirkham Rec. Ground, Church St., Kirkham

10 miles from Blackpool, 8 from Preston (1st turn off
M55) bring family & see illuminations.

Prizes: Inds., 1st 3 Teams, 1st Vet O/40.

Fees: 35p Ind., 50p Team. Late entries 50p.

Entries to: E. Whitehead, 7 Park Road, Kirkham,
Preston, Lancs. PR4 2BJ. (Tel. 0772 682035). SAE for
details.

ENTRIES CLOSE 1st SEPTEMBER

MISTLEY 6 MILE ROAD RACE

(Under A.A.A. & W.A.A.A. Laws)

Organised by Colchester Athletic Club

SUNDAY, 2nd SEPTEMBER

at 3 p.m.

Please note new course and venue which is now

MANNINGTREE SPORTS HALL

Prizes: 1st 3 Individuals, 1st 3 Teams (3 to score). Vets
race and Ladies race, depending on entries.

Entries: 40p per individual, no Team fees.

To: P. J. Chillingworth, 3 Edison Close, Braintree,
Essex CM7 7JQ, by Tuesday, 28th August.

VERLEA ATHLETIC CLUB

ST. ALBANS CROSS COUNTRY RELAY

Sponsored by Flintbarn Ltd
SATURDAY, 15th SEPTEMBER, 1979

Westminster Lodge, Verulamium

6 x 2½ Miles Under A.A.A. Laws

Prizes: First 3 Teams, first 'B' Team, fastest lap.

Entry fee: £1 first Team, 75p others.

Entries to John Kidd, 11 Caernarvon Close, Hemel
Hempstead, Herts.

CLOSING DATE 8th SEPTEMBER, 1979

EASTERN VETERANS A.C.

TRACK & FIELD CHAMPIONSHIPS

Cambridge University Track,
Milton Road, Cambridge

SUNDAY, 2nd SEPTEMBER, at 12.30 pm

Men: 100m, 400m, 800m, 1500m, 5,000m, 400mH,
L.J., H.J., Shot, Discus, Javelin.

Women: 100m, 800m, 3,000m, L.J., Javelin.

Details from & entries (35p per event) to: E. C.
Butcher, 26 Rycroft Avenue, Deeping St. James,
Peterborough PE6 8NT. (Tel. Market Deeping 345062),
by 25th August.

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for practising athlete. Box No. 18879

CAMBRIDGE UNIVERSITY Athletics Club
would like to hear from any athlete starting at the
University in October. Contact: Neil Leach,
B.A.O.R. Sport Board, B.F.P.O. 40.

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ATHLETIC EVENTS

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DARTFORD HARRIERS

Veteran Ladies

4x3 MILE ROAD RELAY

(Under W.C.C. & R.W.A. Laws)

3 p.m., 8th SEPTEMBER, 1979

Entries: 75p per team, to: R. Drew, 23 Claremont Crescent, Crayford, Dartford, Kent, by 4th September.

ROAD RUNNERS CLUB "CORNWALL"

CORNWALL 10

(Under A.A.A. Laws)

SUNDAY, SEPTEMBER 2nd

Start at Penryn, R.F.C. at 2.30 pm

Awards: to first 20 places, plus first 3 teams (4 run, 4 score). First Vet 40-45, first Vet 45-50. 1st Services or College Team (4 run, 4 score).

Entry Fee: 40p

AREA CHAMPIONSHIP included in race.

Awards: to first 6 individuals.

Entry Fee: 30p

CLOSING DATE 28th AUGUST, 1979

Entries and details from: Mr R. Retter, Trewonnal Farm, Probus, Truro, Cornwall.

COPTHALL GRADED MEETING

(Under A.A.A. & W.A.A.A. Laws)

AT COPTHALL STADIUM, HENDON, N.W.4

Max. 6 mm Needle Spikes — 9 mm on Javelin run-ups. All age groups Men & Women unless otherwise stated.

Entries to: Mrs Linda Elmore, 9 Milton Avenue, Barnet, Herts. Stating: Name address, d.o.b., club, event, best recent performance. Enclosing: 25p per event (50p on night) S.A.E. if acknowledgement required. Cheques and P.O.'s made payable to Shaftesbury Harriers.

3000m Walk (Men) all meetings at 6.45 p.m. Other events 7.00 p.m.

WEDNESDAY, 29th AUGUST

Events: 800m, 200m, 3000m
Discus, Long Jump, Shot

ENTRIES CLOSE 28th AUGUST

SURREY COUNTY A.A.A.

ROAD RELAYS

Senior, Youths, Boys & Colts

(Under A.A.A. Laws)

SATURDAY, 8th SEPTEMBER, 1979

Brockwell Park

Full Details from: D. R. Crookes, 209 Lynmouth Ave., Morden, Surrey SM4 4RX. Tel: 01-330 0132.

ENTRIES CLOSE 31st AUGUST

HEREFORD ROAD RELAY 4x2½M and YOUTHS RACE 2½M

(Under A.A.A. Laws)

SAT., 22nd SEPTEMBER, 1979, at 2.45 pm

from ATC HQ., Eign Road, Hereford

Relay Teams £1, Yths 25p per Ind., no Team fee (4 run, 3 score). Ind. and Team awards. Details from & entries to: H. L. Samuels, The Barton, Abbeydore, Hereford, by 12th September. SAE for reply.

IPSWICH HARRIERS

present

THE GLEMSFORD TROPHY

in conjunction with the

IPSWICH FESTIVAL OF SPORT

on Sunday, 9th September, 1979

3.15 p.m. at Chantry Park, Ipswich

CROSS COUNTRY RELAYS — 3x2 Miles — Youth Relay, 4x2 Miles — Junior/Senior Men Relay.

Plaques awarded to members of first 3 Teams to finish and fastest LAP runner.

Entry Fees: Youths first Team 75p, reserve Team 45p, Jnr/Snr first Team £1, reserve Team 60p.

ALSO — 2 MILE OPEN RACES for Girls (2.15 pm), Jnr Ladies (2.30 pm) & Int/Snr Ladies (2.45 pm).

Plaques awarded to first 3 runners in each event.

Entry Fee: 20p per athlete.

Entries to: Mr J. G. R. Mower, 188 Hadleigh Road, Ipswich, Suffolk IP2 0DH.

CLOSING DATE SAT., 25th AUGUST

BINGLEY HARRIERS A.C.

3rd Annual

YOUNG ATHLETES ROAD RACES

(Under A.A.A. & W.A.A.A. Laws)

SUNDAY, SEPTEMBER 16th, 1.00 p.m.

Male/female: U/11, U/13, U/15, U/17 and male U/20, on 1st September 1979.

Awards: Individual and teams; Male 4 to score; Female 3 to score. Also 1st Unplaced in all races and 1st 'B' Team in Male U/13, U/15.

Entries: 25p Indiv. No Team fee.

To: (with S.A.E. and Date of Birth) T. Leigh, 10 Cavendish Drive, Eldwick, Bingley (7394) Yorks: by Wed., Sept. 5th.

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